



The Courier

March 23, 2016 Volume 16 Number 30



Senate candidates to speak at Dem meeting

On Thursday, March 24 the Democratic Club of Worcester County will meet at 6:30 p.m. in the Ocean Pines Community Center Assateague room. After refreshments, the guest speaker will be Carol Bland from Van Hollen for Senate campaign and Augusta Christensen from Dana Edwards for Senate campaign. They will speak about their respective candidates' platforms.

Tea Party to meet

Maryland U.S. Senate candidates will gather at the Worcester County Tea Party meeting on Thursday, March 24 for a candidates' forum. The meeting will take place at the Ocean Pines library and begin at 7 p.m. The meeting is free and open to the public. For more information email WCTPPatriots@gmail.com, go to the web site www.worcestercountyteaparty.com, <https://www.facebook.com/WorcesterCountyTeaParty> or call 443-614-7214.

EWGA to celebrate anniversary

The Executive Women's Golf Association (EWGA) Eastern Shore Chapter (ESC) of the Delmarva area, will hold its 2016 Kick Off Event and celebrate its 20th year of operation on the Eastern Shore. The event will take place at the Glen Riddle Golf Course on Sunday, April 10. The day will include lunch at Ruth's Chris, a ribbon cutting ceremony, a nine-hole golf scramble and a golfer's clinic.

Women throughout the community are invited to join the celebration. "Come and discover what golf can bring to your life and the wealth of opportunities that EWGA membership provides." says Nancy Dofflemyer, president of the Eastern Shore chapter. "We are building more than great connections. Whether you are an experienced golfer or are interested in learning and have never played—this is your opportunity to get involved, meet more women and have more fun." For more information or to sign up for the event visit our website: www.ewgaeasternshore.com.



Easter Sunday is one of the most meaningful days on the Christian calendar. Easter commemorates the resurrection of Jesus Christ, who Christians believe died by crucifixion as a sacrifice to atonement. Many symbols are associated with Easter, and understanding these symbols can help Christians and non-Christians alike gain a stronger grasp of this deeply meaningful Christian day of worship.

-Lamb: According to CatholicCulture.org, the lamb represents Jesus Christ, who Christians believe is the Son of God. The lamb can be connected to Jewish Passover, a Jewish holiday that commemorates the liberation of the Israelites from

please see easter on page 4



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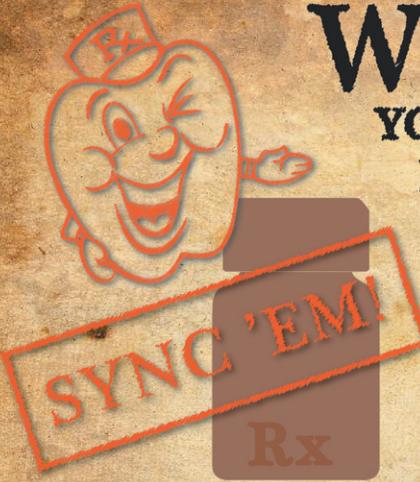
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APPLE DISCOUNT DRUGS

Adult co-ed softball to start

Celebrate the start of ball season by joining the Ocean Pines Recreation and Parks Department's spring co-ed softball league.

This long-running adult league will be held on Wednesdays beginning April 6. Games will start at 6 p.m. at the ball fields at Manklin Meadows Park, located at 11443 Manklin Creek Road in Ocean Pines.

Games on the first six Wednesdays will be followed by playoffs in the seventh week. Playoffs will be single-elimination and the champions will receive t-shirts and trophies.

A league meeting will be held Wednesday, March 30 at 6:30 p.m. at the Ocean Pines Community Center. Team representatives are asked to attend.

Individual players not already on a team are also encouraged to come to the meeting to be placed on a roster. All team rosters must include at least two females, who are required to be on the field at all times.

The cost to participate in the league, which is open to Ocean Pines residents and nonresidents, is \$300 per team.

For more information or to register, please call the Ocean Pines Recreation and Parks Department at 410-641-7052.

Information regarding additional recreational programs, including an online version of the Ocean Pines Activity Guide, is available at OceanPines.org.

Outdoor youth soccer returns

Spring is just around the corner and that means it is time for spring soccer. Worcester County Recreation & Parks (WCRP) will kick off the Spring Outdoor Soccer League on Sunday, April 3.

The league is open to children ages 3 through grade 8. Players will be divided into five, co-ed age divisions (Age 3-4, grades K-1, grades 2-3, grades 4-5, and grades 6-8). The league runs Sunday afternoons at John Walter Smith Park in Snow Hill. Teams from each town will be formed. The registration deadline is Thursday, March 31.

The cost for this league is \$30 per player (\$25 for each additional child) and financial aid is available for those who show a demonstrated need. Proof of eligibility is required. A participant

whose registration is received after the deadline may not have their request met for certain teams or coaches. An additional \$5 will be applied to those who register after the deadline.

Volunteer coaches are also needed to run a successful league. Please contact us if you are interested in volunteering this spring. An orientation meeting will be held for all interested volunteers.

For more information on the Spring Outdoor Soccer League, contact Program Manager Chris Roberts at 410-632-2144 x2506 or croberts@co.worcester.md.us. Visit the website at www.WorcesterRecandParks.org for a complete list of our youth programs or to sign up for email announcements.



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AGH provides up-front health care estimates

As health plan deductibles rise and the portion of the hospital bill patients are responsible for only continues to increase, the value of price transparency to individuals considering their healthcare options is also rising.

Gone are the days when most insured individuals could expect to pay, and therefore plan for, a flat co-pay for a lab test or an ER visit. Preparing financially for an elective procedure, such as a hip replacement or gall bladder surgery, can be even more difficult.

That is a key reason Atlantic General Hospital and Health System has launched a price estimator tool for its patients. The calculation takes into account the average cost for the test or procedure in question, the individual's co-pay and co-insurance responsibilities under his or her health plan and how much of the deductible has already been met.

This service is offered to patients when they schedule a procedure or diagnostic testing or when they check in for their care. Estimate requests can also be made online or via phone by individuals who are considering Atlantic General Hospital and Health System for the care their doctor has recommended.

Patient Financial Services representatives are available 9 a.m. to 4 p.m., Monday through Friday, at 410-641-6448. Requests can be submitted online at www.atlanticgeneral.org/For-Patients-Visitors/Billing-Information/Request-An-Estimate.aspx.

"We're very excited about being able to offer this service to our community," said Pattie Stamm, director of patient financial services at Atlantic General Hospital. "We feel being able to provide these estimates helps build trust with our patients and allows them to better plan financially for the care they need."

Atlantic General has published estimated pricing for the most common blood tests, imaging tests and surger-

ies on its website since 2011. While helpful, these pricing charts don't factor in patients' individual insurance coverage to help them determine what their actual out-of-pocket cost will be.

Healthcare consumers can find themselves bouncing back and forth between their insurance company and the healthcare provider to narrow down the range of what they will owe. Atlantic General's new service can reduce the steps in the journey to that estimate.

Atlantic General has contracted with a third party, Experian Health, for a secure electronic solution that queries patients' current insurance information and compares that information with the hospital's fee structure to arrive at an estimated out-of-pocket cost.



While the estimator tool eliminates a great deal of uncertainty related to cost for patients, Stamm pointed out that it is still an estimate, not a hard figure guaranteed to appear on the bill.

"The base cost for a service is an average, and it can fluctuate somewhat based on the complexity of the patient's condition being treated," Stamm said.

One example is the estimate for a routine colonoscopy. While the gastroenterologist is performing the pro-

cedure, he may discover and remove suspicious tissue for testing in one patient while another patient is free of such growths and requires no further measures. The cost to the patient will be different. But, the total will come as much less of a surprise.

Atlantic General Hospital and Health System is the first on the Eastern Shore to provide this level of price transparency to patients and the community.



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Robert B. Adair 1938-2007

2012 Business of the Year

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This Sunday marks a very special day in our family. Although it is Easter Sunday and like all Christians we will observe the

religious significance of the day, not to mention diving into the baskets of goodies the Easter Bunny left for us, it is

also a day when we will celebrate the day that ushered in a new phase in our lives. Four years ago Sunday a little girl was gifted to us and our lives have been turned upside down since. She is known by various family members as Ding Dong, Meatball, Pickle Butt, Potato, Pud and Sweetie and no one

could possibly be adored more than this wonderful, bright, inquisitive, beautiful little girl. So Happy Birthday G!!

Your whole family loves you!!



State transportation funds should come nearer to home

Editor:

Who thinks it's a good idea to concentrate most of Maryland's transportation dollars in the Washington suburbs? Will you feel safer on our roads and bridges because D.C. will have another subway station elevator or light rail line? Do you think we should wait longer for an upgrade of Route 589 or the completion of 113?

That will be the situation if the Maryland legislature goes along with HB 1013 which strips Governor Hogan

of his transportation authority. The bill supposedly removes politics from the assignment of tax dollars to transportation projects, but will expand public mass transit which is used by a small percentage (less than 10%) of the state's citizens in the D.C. metropolitan area at the expense of road projects used by many in the suburbs and rural parts of the State. This bill chooses to do social engineering, rewarding the commuter who uses mass transit and punishes the citizens of the state who must rely on safe roads and bridges to get to their destinations. The tax dollars used come from the entire state and each jurisdiction should be able to request consideration of the projects it feels are a prior-

ity and be an equitable part of the distribution of funds. Governor Hogan is looking at the State as a whole and wants safe roads and bridges for all. This bill is meant to undermine his power and replace it with patronage from the legislature.

Gloria Moyer
 Ocean Pines



Actors sought for docudrama

A PBS docudrama on Assateague is being cast. Pat Moran Casting seeks males between the ages of 20 and 50 of any ethnicity and background for period film focused on



easter
 from page 1

Egyptian slavery. During the celebration of Passover, each Jewish family killed a lamb as a sacrifice. Christians commonly refer to Jesus as the Lamb of God whom God sacrificed so Christians' sins could be forgiven.

-Easter eggs: While Easter eggs may seem like a secular symbol of Easter, their connection to Easter dates back many centuries. CatholicCulture.org notes that the early Christians saw the egg as symbolic of the tomb out of which Christ emerged when he was resurrected. Early Christians even painted Easter eggs, much like parents do with their children today, and even had them blessed and gave them as gifts. Historians believe King Edward I of England, who ruled from 1272 to 1307, dyed boiled eggs and gave them to members of his royal household on Easter.

-Clothing: New clothing is another

symbol of Easter that traces its origins back further than many Christians may realize. It is customary for present-day Christians to don their Sunday best when attending Easter Sunday Mass, and the tradition of looking sharp on Easter can be traced to the early Christians, who would wear new white robes for baptisms during Easter services. Eventually, all Easter celebrants began to wear new clothes during Easter services.

-Palm fronds: Palm Sunday is the final Sunday of Lent, taking place one week before Easter Sunday. Palm Sunday commemorates Jesus' triumphant entry into Jerusalem. According to the Gospels, Jesus rode a young donkey into Jerusalem, where the townspeople threw palms in front of him in homage. That practice was a customary sign of respect in Jerusalem, and today Christians believe the palm is a sign of peace. Palms continue to be distributed to the faithful during Palm Sunday Mass.



Books, books, books

Stephen Decatur High School senior **Maury Izzett** peruses one of the thousands of books collected during the National English Honor Society (NEHS) book drive. NEHS members will be donating many of the books to local schools, shelters, hospitals, and libraries.

Missing bunny ears

Inevitably each Easter my grandmother would present my brother and me and later my sister, with a chocolate Easter egg that had our names

with us on the front lawn. Many times we'd come back into the house with grass-stained knees. Mom wasn't happy but I really don't remember her yelling; probably because we had been with Gramps and he could get away with anything in my mother's eyes even if it meant she had to scrub the stains out of our slacks.



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

scrolled in icing on the top. It was a tradition. We looked forward to them. Usually too, she would give us each a hollow chocolate bunny. Inevitably one of the bunny's ears would be missing. My grandfather would break them off for a snack. That also became a tradition.

Since the time our children were infants, my wife and I have had our own Easter tradition: she bought all the Easter treats, prepared the baskets and ensured that each one had a small gift, usually a movie video (later a DVD and later still a BluRay). I sat on the recliner. It's a tradition that worked well through the years. Another part of the tradition was that not long after the baskets were ready, I "sampled" a couple pieces of the candy, usually the Reese's cups for which I have an addiction.

Growing up I remember Easter dinner was pretty standard: a canned ham brought by my Aunt Anna, my grandmother's sister-in-law. She would insert many cloves on the top of it for flavor. What flavor she sought I have no clue. But I can report without hesitation that I never liked the resultant taste. The meal was rounded out with mashed potatoes and carrots. Carrots were a regular part of any meal prepared by my grandmother. We had carrots five days a week when we stayed with her. The only exception were the two nights we had spaghetti and meatballs. So identified was she with carrots that one year my mother gave her a framed picture of the vegetable. That picture hung in the kitchen until the day she passed away. I don't know where it is now.

On Easter my mother always dressed my brother and me in our finest "Sunday" attire. We usually had to wear a tie and jacket and our best shoes. This created problems when our grandfather played touch football

One Easter that has had a lasting impression on me was in 1984. My brother, sister, mother and I drove to my grandparents' home to spend the holiday weekend. We had a nice time. There was ham without the cloves fortunately and of course carrots. The weather was comfortable. We walked the beach and talked about plans for the coming summer. We headed home Easter afternoon, saying our goodbyes like we had many times before. Not long after arriving home my grandmother called. My grandfather had had a heart attack. My mother and I raced to the hospital about two hours away; we made it in just under an hour and a half. I remember it was a silent trip; we were both inside our heads turning over thoughts and concerns. We made our way to intensive care. Granny was in the waiting area with a neighbor. We went to Gramps' room. I thought he would be unconscious with tubes in him. When we opened the door we found him propped up on the bed playing solitaire. "What are you doing here," he asked matter of factly. It relieved the tension somewhat.

We spent the week with him in the hospital, taking turns to ensure he was not alone. One afternoon I had to leave to take my final exams. I hugged him and left. When I got into the hallway I thought to myself, "I didn't say I love you. Oh, well, I'll see him tomorrow," and I went on my way. Several hours later while taking my exam the dean of students pulled me from class to tell me that Gramps had passed away.

To this day I regret not going back into his room that last time.

Easter that following year was subdued as was each holiday in between. We still got an egg with our names on them and a hallowed chocolate bunny but the ears were still attached and it just wasn't the same.

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County offers after school spring sports

Worcester County Recreation & Parks (WCRP) offers a great After School Sports lineup this spring, and there's sure to be at least one that peaks your child's interest.

After School Tennis will return for another spring session. Open to participants in grades kindergarten through 8, this program will run on Mondays, April 11 through May 16. Children will have the opportunity to have fun and get plenty of exercise while learning tennis fundamentals. The registration deadline for tennis is Thursday, April 7.



After School Dodgeball returns thanks to popular demand! This program will take place on Tuesdays for participants in grades 4 - 8. Participants will play traditional dodgeball games and other versions of this favorite game throughout the session. This program runs April 5 - May 17, and the registration deadline is Friday, April 1.

After School Field Hockey is back this spring too and is open to participants in grades kindergarten - 8. This program will run on Thursdays, April 7 to May 12, and will introduce the sport of field hockey, teaching the basic skills of the game through drills and modified games. The registration deadline for field hockey is Monday, April 4.

All of the After School programs will run from 3:30 to 5:30 p.m. at the Worcester County Recreation Center (WCRC) in Snow Hill. Transportation will be provided from the Snow Hill Elementary and Middle Schools to the WCRC. Parents and guardians will pick up their children from the WCRC.

The cost for each of these youth programs is \$30 per player per program (\$25 for each additional sibling). Fees will increase by \$5 for those who register after the registration deadline. Financial aid is available for those who demonstrate a need.

For more information on the Spring After School programs, contact WCRP at 410-632-2144 or visit our website at www.WorcesterRecandParks.org. You can also join the online mailing list to receive email notifications about our programs



Job Fair

Nearly 400 Worcester County students had the opportunity to obtain summer employment, seek out possible internships, and/or research possible careers during the annual Stephen Decatur High School (SDHS) Job Fair on March 10.

Above SDHS senior **Michelina Sanders** speaks with Marine recruiters.

Men's soccer league offered

A Men's 4 v 4 Outdoor Soccer League will be offered for the first time this spring with Worcester County Recreation & Parks. Games will be played on Thursdays beginning at 6 p.m. at the John Walter Smith Park in Snow Hill.

The season will run April 7 through June 9 and will consist of eight weeks of league games followed by two weeks of playoffs. The league is open to those ages 18 and up, and the cost is \$215 per team. Both team entry and individual sign-ups will be accepted, and rosters may have up to eight players. Teams will play two games per night. A minimum of four teams is required to form the league.

The registration deadline is Wednesday, March 30, and a team captain's meeting will be held that evening at 6 p.m. at the Worcester County Recreation Center.

Information regarding registration can be attained by contacting Program Manager Chris Roberts at 410-632-2144 x2506 or croberts@co.worcester.md.us. Visit the website at www.WorcesterRecandParks.org for a complete list of our adult programs or to sign up for email announcements.

PiYo returns to the county rec center

PiYo, the newest fitness craze, returns to the Worcester County Recreation Center (WCRC) in Snow Hill this spring.

PiYo combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of yoga without straining your body. Classes begin April 6 and run on Mondays and Wednesdays from 5:30 to 6:30 p.m. This eight-week class is open to those age 18 and older for \$35 per person.

PiYo cranks up the speed to deliver a true fat-burning, low-impact workout that leaves your body looking long, lean, and defined. No matter your age, no matter your body type, PiYo will help give you dramatically visible, incredibly beautiful results.

For more information on PiYo class, contact Lea Cataggio at 410-632-2144 x2509 or lcattaggio@co.worcester.md.us. Visit our website at www.WorcesterRecandParks.org for a complete list of all our programs or to sign up for email announcements.

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Pines offers school flyers electronically

The Ocean Pines Recreation and Parks Department is now making its program flyers available electronically through Peachjar, a digital flyer management system used by Worcester County Schools.

Flyers promoting Ocean Pines camps and activities aimed at school-aged children, which were previously distributed to local schools on paper via backpack mail, are now hosted on the Peachjar website at peachjar.com and delivered via email.

Flyers may be viewed by clicking

the Peachjar link on each school's website. Parents and guardians wishing to receive emails containing the digital flyers may sign up through the link or by visiting peachjar.com. There is no charge to receive the flyers.

Information about recreational activities will continue to be found in the department's seasonal Activity Guides and at OceanPines.org.

For more information about Peachjar or about programs offered by the Ocean Pines Recreation and Parks Department, call 410-641-7052.

GOP dinner - The Worcester County Republican Central Committee hosted its Lincoln Day Dinner on March 12 at the historic Atlantic Hotel in Berlin.

The event was kicked off with patriotic music by the Accruement Band, a Civil War era reenactment band, followed by an address from President Abraham Lincoln (Dr. Arthur North of Salisbury). President Lincoln reminded the attendees that the Republican Party fought to end slavery and pass the Emancipation Proclamation, which was one of his proudest achievements.

The featured speaker was Michael Anthony Peroutka, Esq., of the Institute on the Constitution, who gave an inspiring and educational talk on "The Founders and the American View of Law and Government."

Also in attendance were First District Congressman Andy Harris and his son Daniel, and Delegate Mary Beth Carozza (District 38C). In addition, several candidates for the U.S. Senate including Richard Douglas, Kathy Szeliga and Dave Wallace spoke, as well as First District Congressional candidate Michael Smigiel.

Above are **Grant Helvey**, Chairman of the Worcester County Republican Central Committee with **Michael Anthony Peroutka**, Esq., of the Institute on the Constitution.

County offices to close Friday

Worcester County Government (WCG) offices, including all five library branches, Liquor Control administrative offices and the Recreation Center, will be closed Friday, March 25, for the Good Friday holiday, and will resume standard hours of operation Monday, March 28.

Shore Spirits retail liquor stores and the Liquor Control Warehouse will be open during standard operating hours.

The Central Landfill in Newark will be closed Friday, March 25, but will be open Saturday, March 26. The Central Landfill is closed on Sundays.

The holiday hours for the Homeowner Convenience Centers in Berlin, Pocomoke and Snow Hill are as follows: Friday, March 25 – closed; Saturday, March 26 – open; and Sunday, March 27 – closed.

17th Annual Ocean Pines Community Easter Sunrise Service

6 a.m. at

Ocean Pines Yacht Club

Rain Location: Showell Elementary School

If it rains, join us at the school at 6 a.m.
For more information call 410-641-6000

Just Good Business

Rebuilding strength in a fun setting

By **Jean Marx**

Peninsula Rehabilitation and Sports Medicine (“Peninsula Rehab”), with offices in West Ocean City and Ocean City, serves physical therapy needs for their clients in an inviting, upbeat setting. When you walk into either office located in the Herring Creek Professional Center at 12417 Ocean Gateway in West Ocean City or at 130th Street in the Mon-



tego Bay Shopping Center in Ocean City, owner and physical therapist, Ron Wist, and his expert staff are there to make you feel right at home.

Peninsula Rehab’s primary specialties include Neurological Rehabilitation for balance, such as problems with the inner ear or recovery from strokes, and Orthopedic Rehabilitation following joint replacements, sports or orthopedic injuries, or joint pain. Additional specialties include the treatment of the lower back and spinal dysfunction and the use of ergonomics. Ergonomics refers to identifying safe and efficient ways to set up equipment in the work environment such as the correct type and positioning of employee workstations. Peninsula Rehab incorporates all aspects of their clients’ home or work environment into a customized recovery plan for them.

The camaraderie of all the staff at Peninsula Rehab is a key ingredient to the company’s success as they welcome you into their large extended family. Ron describes how this family atmosphere creates a lot of laughter, which, after all, is the best

medicine. Most clients come to Peninsula Rehab through a referral from their primary care doctor or specialist’s office, although many have come as return customers or through word-of-mouth advertising. A number of visitors to the area return each year to recover and recuperate from their orthopedic surgeries in the beach setting. Within Peninsula Rehab’s client base, the age range starts as early as grade school and encompasses students and athletes all the way up through retirees. If you are interested in therapy services from Peninsula Rehab, you can rest assured that the staff’s mission is to work with you to rebuild your strength and range of motion so that you can fully resume your daily activities. And if you follow an exercise program at a gym, Peninsula Rehab can review it with you. Ron describes, “We review not only your exercises, but we may also advise you to steer clear of certain activities in your normal training routine that may not be beneficial with your type of injury.”

Ron has over 35 years of experience in the physical therapy field. He originally started the company

with a partner who has recently retired. According to Ron, “Before we ever went into business, we utilized the small business community resources to their fullest extent. We first took classes through the Small Business Administration which offers expert advice in all aspects of establishing a small business. This is where we had our business plan scrutinized and critiqued, and it is also where we met our banker. All of these resources were free to us through the Small Business Administration, so I highly recommend it for people interested in going into business for themselves.”

Peninsula Rehab’s proudest accomplishments are their excellent reputation and client base. According to Ron, “We have a lot of very loyal individuals we’ve treated. They not only come back to us, but they send their friends and family to us as well.” The company is also proud to raise funds that support many community organizations and civic groups, such as the Ocean City Lions Club that distributes medical equipment to those in need. In terms of challenges, Ron cites the changing environment of healthcare and the limitations of reimbursement as two of their biggest obstacles each year. In describing reimbursement, Ron explains, “Each year there is a modest adjustment to the fee schedules that we get paid from. As each year

goes on, all of our other expenditures rise, but the healthcare reimbursement does not keep pace. It’s an ongoing challenge.” On the flip side, Ron says that being able to successfully meet the changing face of healthcare and reimbursement structure has been another proud accomplishment.

Reputable, quality rehabilitative services in a positive setting is what’s in store for you as you step through the doors of Peninsula Rehabilitation and Sports Medicine. If you have a need for their services, Ron Wist and his staff would love to welcome you to their family, get you back on the road to recovery and back to the lifestyle that you deserve.

Parking restrictions at OC Senior Center

Beginning Monday, March 21, parking in the western parking area next to the Ocean City Senior Center on 41st Street will be restricted through May 15 while crews work to clean and repaint an adjacent water tower.

Those utilizing the center may continue to utilize the parking areas located to the north and northeast of the facility.

For more information, contact the Ocean City Senior Center at 410-289-0824 or the Commission on Aging at 410-632-1277.



Writing workshop -

Ocean City Elementary School students from Monica Piern’s second grade class and Dr. Melanie Biscoe’s fourth grade class enjoy a Writer’s Workshop Writing Celebration. Pictured are **Aaliyah Oliver** and **Elvis Anaya-Ramirez** who shared his opinion writing titled “Are Dogs Better than Cats?”

Annual Ocean Pines Chamber of Commerce 2016 Ocean Pines Fees & Services Raffle

1st Place: *Choice of Fee Package or Cash Payout of \$1000!*

- Ocean Pines Association Basic Assessment Fee Paid for one year (non-waterfront)
- One Year Free Trash Collection from Republic Services (must be existing customer)
- \$200 Credit towards Electric Bill courtesy of Choptank Electric (must be existing customer)

2nd Place: *Spring Cleaning Package*

- One Free Air Conditioning Tune-Up from 5-Stars Plumbing, Heating & Cooling
- \$50 worth of lawn care from Reynolds Lawn Services, LLC
- One Free House Cleaning from Git R Done Cleaning Services

3rd Place: *Self-Improvement Package*

- 3 Month Gym Membership to Atlantic Health & Fitness Center
- 1 Free Eye Exam with Dr. Katie Miller O.C. at An Optical Galleria



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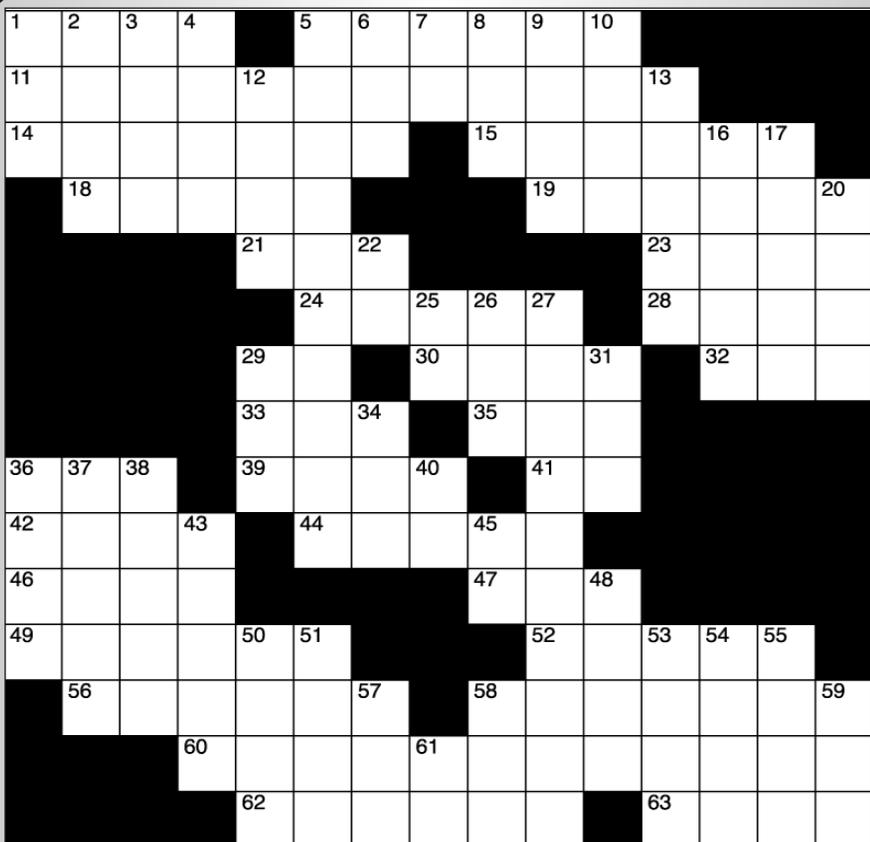
Name _____

Address _____

Phone _____ Email _____

Drawing: April 14, 2016 (During Business After Hours at The Original Greene Turtle)
Tickets Only: \$10.00

For tickets, fill out & send in \$10 to OP Chamber of Commerce, 11031 Cathell Road, Berlin, MD 21811
Tickets also available at the OP Chamber office, or by calling 410-641-5306
or purchase online at: www.oceanpineschamber.org
Tickets sponsored of PNC Bank & Copy Central of Ocean Pines



ACROSS

1. Matter
5. Puzzled
11. Well wish
14. Frightened
15. Home of the Cowboys
18. Between the jejunum and the cecum
19. Founded the Union Colony
21. Read-only memory
23. Sorcerers
24. Female parents
28. Unexpected obstacle
29. Of I
30. Used to have (Scottish)
32. Patti Hearst's captors
33. Rock TV channel
35. Revolutions per minute
36. Exclamation: yuck!
39. Be afraid of
41. Arizona
42. Red liqueur __ gin

44. More discourteous
46. Type of chef
47. Mother (Brit.)
49. Untidy in character
52. Inhibitions
56. Pains
58. Politician
60. Unofficial fighter
62. Type of Mustang
63. Branch of Islam

DOWN

1. Satisfaction
2. Astragals
3. Egg-shaped
4. Nothing more than specified
5. Measures speed of wind
6. In the middle of
7. Actinium
8. The Master of Shadows
9. Dutch cheese
10. Valley between
12. A river
13. Masses of matter
16. They live along Gulf of Guinea
17. George __, actor
20. Latvia's largest city
22. One thousandth of an ampere
25. Millihenry
26. Swiss river
27. Individually
29. Magnetomotive force (abbr.)
31. Without armies (abbr.)
34. Portuguese municipality
36. Old Marxist-Leninist state
37. Malicious satisfaction
38. Actress Julianne
40. Rural delivery
43. Bar or prelude
45. Unit of measurement
48. Peninsula in Greece
50. Bird genus
51. Releases gonadotropin
53. Racquets
54. Southwestern state
55. Town in Benin
57. Car mechanics group
58. Brother or sister
59. Woollen rug
61. Milliliter



Answers for Mar 16

For Art's Sake...

Ed Challenger

By **Stasia Heubeck**

The Bishopville artist, Ed Challenger, well-known for his beautiful oil paintings, only started painting at the age of 62. His background in art comes from printing. After serving in the U.S. Navy, Ed attended the Philadelphia Museum School of Art. He worked in advertising agencies in design and layout. His favorite job was with American Baptist where he supervised one of the art departments. He also was the art director for Judson Press which



Ed Challenger

did the printing of all the books, catalogs and the newspaper, *The Crusade*, for the Church. When he and his wife, Emmy, and their growing family moved to York, PA, he taught at the York Academy of Art as the assistant director.

After moving to Maryland's Eastern Shore, Ed began painting. He liked Impressionism but then became a realist. Eight years ago his first work in realism, and also his first using egg tempera, "Still Life with Dishcloth," won a first prize and sold at Bishop Stock in Snow Hill. He won the Award of Excellence at the National Show at the Art Institute and Gallery in Salis-

bury for a painting of his granddaughter.

He admires abstract artists like Rauschenberg, Basquiat and Diebenkorn. Among the realists, he enjoys Albert Bierstadt, Rosa Bonheur and all the Wyeths, especially Jamie Wyeth's ballet dancers. Re-

cently, he acquired a book of paintings by the 19th century Italian master, Antonio Mancini, and was able to see some of his work at the Philadelphia Museum. "My favorite is the painting, "Old Woman Drinking Tea," says Ed. "I love the impasto – the thickness of the paint which he applies."

Ed's second love is printing. He has captured portraits, abstracts and landscapes using polyester lithography, solarplate printing and intaglio. He designed his own chop, a mark that printers use to sign their work. Ed's work can be seen in galleries and art exhibits around Delmarva.

Tide and Sun Chart

* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide

DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., March 24	8:57 a.m. 9:12 p.m.	2:50 a.m. 3:04 p.m.	6:57 a.m.	7:16 p.m.
Fri., March 25	9:35 a.m. 9:51 p.m.	3:28 a.m. 3:39 p.m.	6:55 a.m.	7:17 p.m.
Sat., March 26	10:13 a.m. 10:30 p.m.	4:06 a.m. 4:15 p.m.	6:54 a.m.	7:18 p.m.
Sun., March 27	10:51 a.m. 11:10 p.m.	4:47 a.m. 4:54 p.m.	6:52 a.m.	7:19 p.m.
Mon., March 28	11:31 a.m. 11:52 p.m.	5:30 a.m. 5:35 p.m.	6:51 a.m.	7:20 p.m.
Tues., March 29	12:13 p.m.	6:17 a.m. 6:21 p.m.	6:49 a.m.	7:21 p.m.
Wed., March 30	12:39 a.m. 1:02 p.m.	7:08 a.m. 7:12 p.m.	6:47 a.m.	7:22 p.m.

The Many Facets of Wallops

Wallops History Part 2, 1945 - 1958

By **Steve Habeger**

The end of World War II did not mean a significant drawdown for Wallops activities. In fact the two tenant activities, Naval Aviation Ordnance Test Station (NAOTS) and the civilian National Advisory Committee on Aeronautics (NACA), experienced significant accelerations in their respective programs.

Naval Air Station Chincoteague (NASC) continued the military missions of training and maritime patrol albeit at a different tempo than during wartime. At the same time, the infusion of technology, including aerospace vehicles, electronics and propulsion were pushing aircraft rapidly into the era of jet propulsion and routinely breaking the sound barrier. The potential of unmanned aircraft and missiles were recognized by all former combatants and a race to develop innovations was understood by all players. NAOTS and NACA were leaders in the American efforts to understand and apply all these technologies.

The co-location of NAOTS and NACA must have been interesting at times. While NAOTS and NACA were both aggressively pushing the envelope in all things aerospace, the difference in missions started to become clear. NAOTS was focused on military applications while NACA became increasingly focused upon peaceful uses of discoveries. NAOTS was based on the NASC airfield and the NACA wind tunnels and launch pads were placed on Wallops Island. In fact, NACA purchased Wallops Island (for \$93,000) and began developing facilities there. While the operational areas were physically separated there were many times and places where the two groups met and mingled, for both work and social purposes.

Jet aircraft became increasingly frequent visitors to the base until, in approximately 1955, jet aircraft were based at NASC for operations as well as training.

Construction of buildings for both technical as well as administrative functions picked up the pace. Wind tunnels, rocket launch pads and expanded runways and hangars drove the need to new and larger barracks (built of concrete instead of wartime wooden structures), a dispensary (for

medical care) and many more houses for military families.

Because no wind tunnels or other means existed at this time to perform research on proposed supersonic aircraft or missiles in a non-destructive manner, rocket motors were used to propel models (up to full scale size) of wings, control surfaces and nosecones to supersonic speeds. The drag and stability characteristics of these models were folded into the design process so that subsequent designs would perform better.

A list of missiles and aircraft operated at Wallops during this time is difficult to obtain due to both classification of systems at that time as well as the rapid pace of change. Barely was a design being tested than an improved version was already in the works. Some of the missiles fired from Wallops for Army, Navy and Air Force missions as well as pure science research would include: Tiamat (air-to-air), Lark (surface-to-air), Rascal (air-to-ground), Sparrow (air-to-air) as well as models of F-100, X-3 and other aircraft. NACA was using boosters developed for use in Nike and Honest John rocket systems to place scientific payloads into high altitude and/or high speed environments with increasing reliability.

Two widely divergent events met in an unexpected manner at Wallops.

On November 3, 1957, the USSR launched the first earth satellite, Sputnik 1. The shock of that event reverberated through the U.S. Government and, with some significant discussion, a path ahead was developed.

One thing all sides could agree upon was that space was the new high ground. President Dwight D. Eisenhower expanded the focus of NACA from aerospace in the atmosphere by adding space application to their mission and changing their name to National Aeronautics and Space Administration (NASA)

On October 1, 1958 NASA became official and started with five facilities inherited from the now-defunct NACA; Wallops Island was one of those facilities.

Following the Korean conflict, the U.S. military was ordered to draw-

down and save money. Additionally naval aircraft had evolved to larger jet aircraft which required longer runways than present at many air stations. Attempting to make a virtue out of a necessity, the Navy embarked upon a strategic basing change. Com-

missions are announced with a keen sensitivity to holiday seasons and similar considerations.

On June 30, 1959 a ceremony was held to transfer ownership of the airfield property to NASA and the Navy departed. With the departure of the



plaints about jet noise (exacerbated by the introduction of afterburners) were making many air bases that were located near developed communities untenable. In order to eliminate the noise complaints while simultaneously reducing base operational costs, a number of Naval Air Stations on both coasts were closed while several bases were expanded in the middle of nowhere. The two new air bases were called Master Jet Bases and they were located in Oceana, Virginia and Lemoore, California.

In late December 1958 the Navy announced plans to close NASC. In fact, the local paper which announced the news was published on Christmas Day 1958. In the modern era, base clo-

NASC, 1,000 military, 1,000 civilians and 2,000 dependents departed the Eastern Shore. The economic shock of losing 2,000 jobs from the lower eastern shore was acutely felt. Several decades had to elapse before the local economies adjusted to the new reality.

With the addition of the airfield and associated acreage, the NASA activity was upgraded from Wallops Flight Facility to Wallops Flight Center (WFC), a designation held until 1981.

The next historical article (which will publish in May) will examine the history of Wallops from 1959 – 1973, an era marked by many operational and scientific successes.

STEVEN W. RAKOW

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Do cats and dogs really fight like cats and dogs?

Cats and dogs have long been depicted as ardent foes, consistently getting into scrapes with one another. But are those claims exaggerated?

Many cats and dogs peacefully coexist in their homes, where their divergent personalities combine to make homes more interesting. Cats and dogs tend to have different body language, but that should not be mistaken for opposition.

Take, for example, a boisterous puppy that excitedly approaches visitors with its tail wagging to show friendliness. According to the animal experts at Slim-Doggy.com, a resource for dog food, fitness and fun, cats interpret wagging tails as signs of anger or dis-

pleasure. Dogs like to sniff their "friends" and get to know them, and cats do not favor this attention. When sniffed, cats may run off, unintentionally triggering dogs' natural predator instincts.

Such an instance is a rough way for cats and dogs to begin a relationship, and it is easy to see how such an introduction can lay a poor foundation for their relationship.

Cats and dogs also have different social styles. While a cat may be content to be alone and approach visitors cautiously, dogs tend to be sociable and rush into situations if they think there is fun to be had.

But cats and dogs can peacefully coexist. One way to foster a good relationship between cats and dogs is to control their initial introduction. If

possible, separate the animals initially giving cats a chance to warm up to their new situation. Upon introducing the two, it may be best to have the dog on a leash so that you can control its desire to lunge. Calmness is key; do not force the cat to come to the dog or vice versa. Reward calm behavior with treats. Repeat these steps until the pets appear to be used to each other.

It is important that pet owners recognize that, while cats and dogs

may peacefully coexist in a home most of the time, their natural instincts may kick in every so often. Just separate the pets if they have a tiff.

Rumors abound that cats and dogs cannot share a home, but that is simply not true. With some early socialization, patience on the part of pet owners and an understanding of cat and dog behaviors, pet parents can ensure both cats and dogs live together in harmony.



Pickleball clinics offered

Ocean Pines will offer indoor pickleball clinics for beginners and advanced beginners. Pickleball combines the elements of badminton, tennis and ping pong.

There are two clinic options: April 15 and 22 between 2:30 p.m. and 3:30 p.m. and May 13 and 20 between 2:30 p.m. and 3:30 p.m. The cost is \$10. No racquet sport experience is required. Registration at Community Center required. White Horse Park, Ocean Pines 21811, 410-641-7052, www.oceanpines.org

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Community Calendar

When submitting items for the calendar please include the event name, date, where held, time and a little about the event. Items being considered for the calendar need to be in by noon on Friday. E-mail to thecourier@delmarvacourier.com

Mondays

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

Open every Monday through October: **Historic St. Martin's Church Museum.** 1-4 pm. 11413 Worcester Highway, Showell, MD. For more information, call 410-251-2849

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Mon. & Tues.

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795

Mon., Wed. & Sat.

Church Thrift Shop

OC Baptist Church's Thrift Shop by Seaside Christian Academy behind White Marlin Mall open 10 a.m.-2 p.m. Mon. & Wed., 9 a.m. to 3 p.m. Sat. Call 410-251-6971.

Tuesdays

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Take off Pounds Sensibly Meeting. Berlin group No. 331, Worcester County Health Center 9730 Healthway Dr., Berlin, 5:30-7:00 p.m. TOPS is a support and educational group promoting weight loss and healthy lifestyle. It meets weekly on Tuesdays. Info: jean-duck47@gmail.com

Tuesdays and Thursdays

Poker players wanted for Gentlemen's Poker in North Gate

area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesdays

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m. October through April.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahanddancing.com

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Wed., Thurs., Fri. & Sat.

Church Thrift Shop

The Shepherd's Nook at Community Church at Ocean Pines is open 9 a.m. to 1 p.m. Call 410-641-5433.

Diakonia Thrift Shop

'Used to be Mine' offers clothing, furniture, household items and more. Proceeds benefit Diakonia shelter and pantry. Located at

Rte. 611 and Sunset Ave. Open 10 - 4. Call 410-213-0243.

Thursdays

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Fridays

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

Garden Club to hold Arbor Day ceremony

The Ocean Pines Garden Club will host their annual Arbor Day memorial tree planting ceremony on Thursday, April 14, at 10:30 a.m. in Pintail Park in Ocean Pines (in the event of inclement weather, the ceremony will be held at the Ocean Pines Yacht Club). A tree will be planted in memory of loved ones who have passed away during 2015. The ceremony is open to all.

A luncheon at the Yacht Club will follow the ceremony. The cost of the luncheon is \$20. Menu choices are: (1) Shrimp Croissant with lettuce & tomato and chips, (2) Fancy Grilled Cheese Sandwich with Tomato Bisque, or (3) Grilled Chicken Caesar Salad. Beverages and dessert will also be provided. For information or reservations for the luncheon, please contact Marian Bickerstaff at mbickerstaff@mchsi.com or 410-208-2508.

Legion Auxiliary to meet

The American Legion Auxiliary Unit 166 will hold its monthly meeting on Tuesday, April 19 at the American Legion Synepuxent Post 166 located at 23rd Street in Ocean City. The meeting will be followed by the Local Students Americanism Essay Contest Luncheon at noon. Current members and those interested in becoming a member are invited to attend.



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Fun in green - Star Charities had a great time marching in the St. Patrick's Day parade on Saturday, March 12. Shown are the Star Charities marchers with **Janet Donaway** and **Gilly Foulz** in front right who were Star Charities chairpersons for the march.

Adult flag football to start

Worcester County Recreation & Parks is offering a cure for all those diehards going through football withdrawal. Sign up for WCRP's competitive Adult Flag Football league this spring, which runs on Wednesdays, from April 6 through June 8.

The league is open to those ages 18 and up, and it is not for the faint of heart. The league will consist of eight weeks of games plus playoffs. League play will be 8 v 8, and teams may have up to 15 players on a roster. Scores and standings will be kept throughout the season.

The cost is \$330 per team, and the registration deadline is Monday, April

4.

For more information on the Adult Flag Football League, contact Program Manager Chris Roberts at 410-632-2144 x2506 or croberts@co.worcester.md.us. Visit the website at www.WorcesterRecandParks.org for a complete list of our adult programs or to sign up for email announcements.

Wor-Wic to hold open house

Wor-Wic Community College is holding an open house for prospective students and their family members on Friday, April 1, at the college campus in Salisbury.

Campus tours, lasting about 30 minutes, will be available at the Hazel Center every half hour starting at noon. A presentation called "Starting and Affording College" will begin at 2 p.m. in Room 101 of Guerrieri Hall. Information will be presented about the college's admissions process, credit programs and non-credit courses, as well as financial aid and scholarships. Participants will have the opportunity to apply for admission and/or go on a campus tour at the end of the program.

For more information, contact Richard C. Webster, director of admissions, at rwebster@worwic.edu or 410-334-2896.



Celebration - Past Commanders of the Ocean City Power Squadron celebrate the election of new Bridge Officers on February 26. The election was held on Founders Day celebrating the anniversary of the United States Power Squadron, founded in 1914; the local unit Ocean City Power Squadron was founded in 1980.

Above are **John W. Tellman, Fredrick F. Stiehl, William E. Killinger, Katherine J. Jones, Stuart C. Glassman and Antonino G. Curro.**

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Worth the trip to Salisbury!!