

# Laughs & Lifts

Funny, Uplifting, and Entertaining...April 2022 Issue 164

**If I can make one person laugh long enough to forget their problems  
then my day was not wasted.**





# Troy Regional Medical Center Substance Recovery



As we approach the 2-year anniversary of the declaration of the Global pandemic known as Covid-19, I wanted to reflect on what the team at Troy Regional has been through. Healthcare workers have been put through the wringer during this Covid-19 pandemic.

Troy Regional Medical Center offers a 10 bed inpatient medical detoxification program which is under the medical direction of Dr. Paul Dulaney, Board Certified Addictive Medicine Specialist.

Our program offers a 12 step program, group counseling, education and case management that is here to ensure a smooth transition back into the community or rehabilitation.

We accept most major insurance carriers and are an approved Substance Recovery Program by the Veteran's Administration.

In the early days of lockdown, we watched as the team cared for the sickest patients every day, putting themselves in harms way for months before vaccines became readily available. Even today, as things seem to be getting better, they are still deep in the trenches taking care of those who trust us with their care. I was speaking to a group recently and after my presentation, I was approached and asked how the team had stayed so resilient during these times.

But first, what is Resiliency?

One definition I found states: Resiliency is the ability of a substance or object to spring back into shape. Another says, it is the capacity to recover quickly from difficulties; toughness. I tend to like the latter and I find it very fitting when describing the team at TRMC. Resilient individuals adopt active approaches to adversity and actually view stress in a positive way. This, of course leads to improved and sustained levels of high performance, something I see every day from the team. Resilient people are also more committed to their work. If one thing has been proven true during this time of extreme craziness, it is that healthcare workers are certainly committed to their work. We often laugh and say "healthcare is not for sissies". This is not for the weak of heart. While most of us in healthcare has seen our share of traumatic events, nothing could have prepared us for the last 24 months. Fortunately, healthcare workers are adept at adapting to stressful, life and death situations, and have been called to draw upon those experiences to help navigate the Covid pandemic. We constantly changed our work flow as we tried different strategies to combat the virus. This ability to adapt to change is the first step in developing resiliency. Another important step is to face and accept reality. Know your enemy and make a plan to fight it, even if you have to change that plan frequently. Being able to improvise and develop workarounds is also necessary.

Am I proud? You bet I am. When I think about my team and what we have endured, I am grateful to live in a community that has been so supportive. The drinks and snacks, cards of encouragement and prayers have kept us going during this most difficult time. I am so very proud to work with this group every day. Our community is blessed to have our small community hospital always ready to serve...right here, close to home.

Rick E Smith, FACHE  
Chief Executive Officer  
Troy Regional Medical Center  
Troy, AL

For More Information Please Call  
334-670-5281 or 334-722-0009

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# **URGENT ACTION NEEDED! LAUGHS AND LIFTS MAGAZINE!**

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**We have had to make some very hard decisions about how to continue publishing Laughs and Lifts.**

**The decision is based on the rising cost of printing and the decline in advertising revenue.**

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***If everyone who enjoys reading Laughs and Lifts will help out by subscribing, Laughs and Lifts will be around a very long time. We love our advertisers and our readers. I pray everyone understands that we have to do this to pay the bills.***

**Laughs and Lifts, is a loved and respected publication that delivers a positive uplifting alternative to ordinary media. It is full of clean, very funny jokes, witty one liners, recipes, puzzles, cartoons, and inspirational uplifting articles.**

**Please friends, help us keep Laughs and Lifts uplifting and entertaining people all over the United States.**

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monthly to uplift and entertain the reader.

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APR 2022  
Page 6



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Me: could you pass me the Washington Shire sauce

Her: the what?

Me: the Westminster Shore sauce

Her: are you having a stroke?

Me: the Warcaster Shiner sauce

## Dream Big!

The school of agriculture's dean of admissions was inter-viewing a prospective student, "Why have you chosen this career?" he asked. "I dream of making a million dollars in farming, like my father," the student replied. "Your father made a million dollars in farming?" echoed the dean much impressed. "No," replied the applicant. "But he always dreamed of it."

## The Bandit

A Mexican bandit made a specialty of crossing the Rio Grande from time to time and robbing banks in Texas. Finally, a reward was offered for his capture, and an enterprising Texas Ranger decided to track him down. After a lengthy search, he traced the bandit to his favorite cantina, snuck up behind him, put his trusty six-shooter to the bandit's head, and said, "You're under arrest. Tell me where you hid the loot or I'll shoot you." But the bandit didn't speak English, and the Ranger didn't speak Spanish. The Ranger asked a local to translated his message. The terrified bandit blurted out, in Spanish, that the loot was buried under the oak tree in back of the cantina. "What did he say?" asked the Ranger anxiously. The local answered, He say, "He no afraid to die."

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**When I  
arrive in  
Heaven,  
I wonder  
If Jesus  
might say,  
“Because  
of you,  
Others are  
here today.  
Wanna  
meet ‘em?”**

“Sometimes when you’re  
in a dark place you think  
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## MY DADDY SLEEPS NAKED

"Late again!" the third-grade teacher sternly said to little Robbie.

"It ain't my fault this time, Miss Russell. You can blame this 'un on my Daddy. The reason I'm three hours late is my Daddy sleeps naked!" Miss Russell had taught grammar school for 30-some-odd years. Despite her mounting fears, she asked little Robbie what he meant by that.

Full of grins and mischief, and in the flower of his youth, little Robbie and trouble were old friends but he always told the truth.

"You see, Miss Russell, out at the farm we got this here low down fox. The last few nights, he done ate six hens. Last night, when Daddy heard a noise out in the chicken pen, he grabbed his double barreled shot gun and said to my Ma, "That fox is back again... I'm a gonna git him!"

"Stay back," Daddy whispered to all us kids!

"My Daddy was naked as a jaybird -- no boots, no pants, no shirt! To the hen house he crawled, just like an Injun on the snoop. Then, he stuck that double-barrelled 12-gauge shotgun through the window of the coop. As he stared into the darkness, with a fox on his mind, our old hound dog, Rip, had done gone and woke up and comes sneaking up behind Daddy. Then, as we all looked on, plumb helpless, old Rip done went and stuck his cold nose in my Daddy's crack!"

"Miss Russell, we all been pluckin' chickens since three o'clock this mornin'!"



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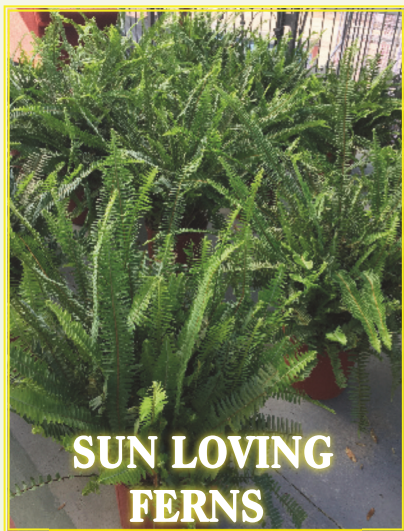
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A disappointed salesman of Coke returned from his assignment to Saudi Arabia. A friend asked "Why weren't you successful with the Saudi's?"

The salesman explained, "When I got posted, I was very confident that I would make a good sales pitch, but I had a problem. I didn't know how to speak Arabic. So I planned to convey the message through three posters.

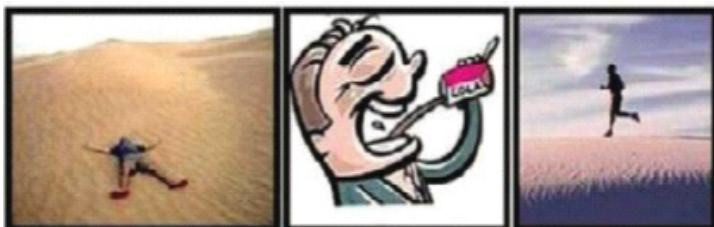
First poster: A man lying in the hot desert sand totally exhausted and fainting.

Second poster: The man is drinking Coke.

Third poster: Our man is now totally refreshed. And then these posters were pasted all over the place.

"Terrific!" That should have worked!" said the friend.

"Well, it should have!" said the salesman. "But no one told me they read from right to left!"



One day God was looking down at Earth and saw all of the rascally behavior that was going on. So he called one of His angels and sent the angel to Earth for a time.

When he returned, he told God, 'Yes, it is bad on Earth; 95% are misbehaving and only 5% are not. God thought for a moment and said, 'Maybe I had better send down a second angel to get another opinion.'

So God called another angel and sent him to Earth for a time.

When the angel returned he went to God and said, 'Yes, it's true..The Earth is in decline; 95% are misbehaving, but 5% are being good.'

God was not pleased. So He decided to e-mail the 5% that were good, because he wanted to encourage them, and give them a little something to help them keep going.

Do you know what the e-mail said?

Okay, I was just wondering, because I didn't get one either.



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going to be super hard  
Since I don't know what  
I am doing.**

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Level: Beginner



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actually turning  
in their guns  
to end  
violence!*



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Yea, J.C.  
And I'm  
gonna drain  
all my blood  
so mosquitos  
will stop  
biting me.



### The Toughest School

My friends from New York talk about how tough their schools were. I'm not impressed. I'm from Texas. My school had its own coroner. We used to write essays like: "What I want to be IF I grow up..."

### Conceited New Rookie

A conceited new rookie was pitching his first game. He walked the first five men he faced and the manager took him out of the game. The rookie slammed his glove on the ground as he yelled, "Darn it, the jerk took me out when I had a no-hitter going!"

**Stevie Wonder** is a well known and respected American singer-songwriter. Some of his top hits include Ebony and Ivory, I Just Called To Say I Love You, and Superstition. His stage name is Stevie Wonder, but his real name is Stevland Hardaway Morris.



# Aunt T's Kitchen

## CHICKEN DIVAN 10 SERVINGS

### Ingredients

- 1/4 cup plus 1 tablespoon butter, divided
- 1/4 cup all-purpose flour
- 1-1/2 cups half-and-half cream
- 1/2 cup cooking sherry or water
- 2 cans (10-3/4 ounces each) condensed cream of chicken soup, undiluted
- 2 packages (10 ounces each) frozen cut or chopped broccoli, thawed
- 1 cup cooked rice
- 3 to 4 cups cubed cooked chicken
- 2 cups shredded cheddar cheese
- 1 cup soft bread crumbs
- Minced fresh parsley, optional



### Directions

1. In a small saucepan, melt 1/4 cup butter. Add flour, stirring until blended. Stir in the cream and cooking sherry or water; cook and stir until thickened and bubbly. Cook and stir 2 more minutes. Blend in soup until smooth; remove from the heat and set aside.
2. Place broccoli in an ungreased 13x9-in. baking dish. Cover with rice and then half of the sauce. Top with chicken. Stir shredded cheese into remaining sauce; pour over the chicken.

13 X 9's

3. Melt the remaining butter and toss with bread crumbs. Sprinkle over the casserole. Bake, uncovered, at 350° for 35-45 minutes or until heated through. If desired, sprinkle with parsley before serving.

## RANCH PASTA 8 SERVINGS

### Ingredients

- 2-1/2 cups uncooked bow tie pasta
- 2 cups (8 ounces) shredded Italian cheese blend
- 1-1/4 cups grated Parmesan cheese, divided
- 1 cup (8 ounces) sour cream
- 1 cup ranch salad dressing
- 1 package (10 ounces) frozen chopped spinach, thawed and squeezed dry or 2 cups chopped fresh spinach
- 2 slices day-old French bread (1/2 inch thick)
- 1 tablespoon olive oil
- 1 teaspoon grated lemon zest
- 1 teaspoon dried parsley flakes
- 1/4 teaspoon garlic salt



### Directions

1. Preheat oven to 350°. Cook pasta according to package directions.
2. In a large bowl, mix Italian cheese blend, 1 cup Parmesan cheese, sour cream and salad dressing. Drain pasta; add to cheese mixture. Fold in spinach. Transfer to a greased 13x9-in. baking dish.
3. Tear French bread into pieces; place in a food processor. Cover and pulse until crumbs form. Toss bread crumbs with oil, lemon zest, parsley, garlic salt and remaining 1/4 cup Parmesan cheese. Sprinkle over pasta mixture.
4. Bake, covered, 25 minutes. Uncover; bake until golden brown and bubbly, 5-10 minutes.

## CHICKEN PARMESAN STUFFED SHELLS

12 SERVINGS

### Ingredients

- 1 package (12 ounces) uncooked jumbo pasta shells
- 2 tablespoons olive oil
- FILLING:
- 1 pound boneless skinless chicken breasts, cut into 1/2-inch cubes

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- 1-1/2 teaspoons Italian seasoning
- 1 teaspoon salt, divided
- 1/2 teaspoon pepper, divided
- 1 tablespoon olive oil
- 2 tablespoons butter
- 1/3 cup seasoned bread crumbs
- 3 cups part-skim ricotta cheese
- 1 cup shredded part-skim mozzarella cheese
- 1/2 cup grated Parmesan cheese
- 1/2 cup 2% milk
- 1/4 cup chopped fresh Italian parsley
- ASSEMBLY:
- 4 cups meatless pasta sauce
- 1/4 cup grated Parmesan cheese
- 8 ounces fresh mozzarella cheese, thinly sliced and halved



#### Directions

1. Preheat oven to 375°. Cook shells according to package directions for al dente; drain. Toss with oil; spread in an even layer on a baking sheet.
2. For filling, toss chicken with Italian seasoning, 1/2 teaspoon salt and 1/4 teaspoon pepper. In a large skillet, heat oil over medium-high heat; saute chicken just until lightly browned, about 2 minutes. Reduce heat to medium; stir in butter until melted. Stir in bread crumbs; cook until crumbs are slightly toasted, 2-3 minutes, stirring occasionally. Cool slightly.
3. In a large bowl, mix cheeses, milk, parsley and the remaining salt and pepper. Fold in chicken.
4. Spread 2 cups pasta sauce into a greased 13x9-in. baking dish. Fill each shell with 2-1/2 tablespoons cheese mixture; place over sauce. Top with remaining sauce and cheeses (dish will be full).
5. Cover with greased foil; bake 30 minutes. Uncover; bake until heated through, 10-15 minutes.

### FOLD-OVER TORTILLA BAKE

6 SERVINGS

#### Ingredients

- 1 pound ground beef
- 1 cup chopped onion
- 2 cans (14-1/2 ounces each) stewed tomatoes
- 1 cup enchilada sauce
- 1 to 2 teaspoons ground cumin
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 12 flour or corn tortillas (6 inches)
- 6 ounces cream cheese, softened
- 1 can (4 ounces) chopped green chiles, drained
- 1 cup shredded Monterey Jack cheese



- Minced fresh cilantro, optional

#### Directions

1. In a large skillet, cook ground beef and onion until beef is no longer pink, breaking it into crumbles; drain. Stir in the tomatoes, enchilada sauce and seasonings. Bring to a boil. Reduce heat and simmer, covered, for 5 minutes. Pour half the meat sauce into a 13x9-in. baking dish. Set aside.
2. Wrap the stack of tortillas in foil; warm at 350° for 8-10 minutes. Spread each warm tortilla with cream cheese and top with chiles. Fold tortillas in half. Arrange folded tortillas over meat sauce; pour remaining sauce over top.
3. Cover and bake at 350° for 15 minutes. Sprinkle with cheese; bake until cheese is melted, about 5 minutes longer. If desired, top with cilantro.

### HAM, BROCCOLI AND ORZO CASSEROLE

8 SERVINGS

#### Ingredients

- 4 cups chicken stock
- 2 cups uncooked orzo pasta
- 3 tablespoons butter
- 1/4 cup all-purpose flour
- 2 cups 2% milk
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 2 cups shredded sharp cheddar cheese, divided
- 1-1/2 cups cubed fully cooked ham
- 2 cups chopped fresh broccoli
- 2 cups chopped fresh kale
- 1 cup french-fried onions



#### Directions

1. Preheat oven to 350°. In a large saucepan, bring stock to a boil; stir in orzo. Cook, uncovered, until orzo is al dente and broth is absorbed, 8-10 minutes.
2. Meanwhile, in a large saucepan, heat butter over medium heat. Stir in flour until blended; cook and stir until lightly browned, 4-5 minutes. Gradually whisk in milk, salt and pepper. Bring to a boil, stirring constantly; cook and stir until thickened, 1-2 minutes. Stir in 1-1/2 cups cheese; cook until cheese is melted.
3. Add orzo, ham, broccoli and kale. Transfer to a greased 13x9-in. baking dish; sprinkle with onions and remaining cheese. Bake, uncovered, until bubbly, 20-25 minutes.



*Our Heavenly Father, kind and good,  
We thank Thee for our daily food.  
We thank Thee for Thy love and care.  
Be with us Lord, and hear our prayer.  
Amen.*





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## RANDOM WORDS FROM THE BIBLE

Two old friends met one day after many years. One attended college, and now was very successful. The other had not attended college and never had much ambition.

The successful one said, "How has everything been going with you?" "Well, one day I opened the Bible at random, and dropped my finger on a word and it was oil. So, I invested in oil, and boy, did the oil wells gush. Then another day I dropped my finger on another word and it was gold. So, I invested in gold and those mines really produced. Now, I'm as rich as Rockefeller."

The successful friend was so impressed that he rushed to his hotel, grabbed a Gideon Bible, flipped it open, and dropped his finger on a page. He opened his eyes and his finger rested on the words, "Chapter Eleven."

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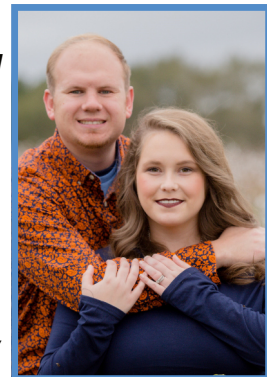
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## What's Your Motivation? Pastor Josh and Kayla Sims



What's your motivation behind what you do? I heard it said recently, that the reason many people lose their way or passion is because they have lost their "why". Their "why" is the driving force behind all that they do. I wonder if that may be the case in our society.

Have we just set our lives on cruise control and we are just hoping that things will kind of work themselves out? As a follower of Christ, setting my life on cruise control would be a disservice to the Gospel. How can I share the Good News if I am just cruising?

Easter weekend is approaching and it serves as a great reminder of Jesus' motivation. Jesus knew that God's plan meant He would still die, and He chose to die so I could find life. Talk about motivation. So today let's reflect on Jesus' motivation as we search for our own. I want to leave you with this passage of scripture from John 17:1-5, "[1] When Jesus had spoken these words, he lifted up his eyes to heaven, and said, "Father, the hour has come; glorify your Son that the Son may glorify you, [2] since you have given him authority over all flesh, to give eternal life to all whom you have given him. [3] And this is eternal life, that they know you, the only true God, and Jesus Christ whom you have sent. [4] I glorified you on earth, having accomplished the work that you gave me to do. [5] And now, Father, glorify me in your own presence with the glory that I had with you before the world existed." (ESV)

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## Claybank Master Gardeners

April 2022

### Greeting Gardeners,

Lower Alabama weather can go from winter frosts to summer heat almost overnight, not to mention raging downpours followed by drought conditions, just when we're setting out new seeds and/or plants. How to cope? Greg Lolley, one of our very knowledgeable Master Gardeners, recommends spraying the leaves of stressed plants with **compost tea**. Plants readily absorb this "liquid gold" and you will see results in just a few days. Matured compost (from kitchen vegetable scraps and disease-free yard trimmings) is full of nutrients which help your plants overcome many stress factors. This is a free and easily applied solution to stressed plants. If your compost piles are not yet matured enough from heat and moisture (when the compost has turned into very clean smelling black soil) try using a small scoopful from a bag of Black Kow compost mixed into a watering can of water or strained into a spray bottle.

**What to plant in April?** The **AL Extension's SOW app** suggests asparagus, cantaloupe, celery, corn, cucumbers, eggplant, kohlrabi, lima beans, okra, peppers, radishes, snap beans, southern peas, summer squash, sweet potatoes, tomatoes, turnips, watermelons, and winter squash.

Also look for **herbs** you can use in cooking. Using even a small amount of dried herbs adds great flavor, and can cut the need for salt, fat and sugar. Herbs also **contain many healthful nutrients** and provide disease fighting phytochemicals. Basil, rosemary, thyme, parsley and cilantro are a few basic ones that grow easily from seed or transplants. Parsley and cilantro prefer cooler months but can last longer if kept in partial shade. Basils (purple, Thai, sweet, Genovese, and other varieties) are heat lovers. Rosemary, sage and thyme are perennial (they don't die out in winter and/or come back year after year) are great with egg dishes, fish, meats, pasta, rice and potatoes. Lemon verbena, bee balm, tulsi (also known as holy basil because of its medicinal qualities) and lemongrass are lovely in hot and iced tea.

The *Claybank Master Gardeners* usually meet on the second Wednesdays of the month at **Hoppergrass Restaurant in Ozark, 129 East Ave.**, across from Milky Moos. **HOWEVER, instead of a meeting in April** we plan to visit Lilies of the Field day lily farm in Midland City. Come join us, we love new faces. We have informative programs and speakers. Call the Dale County Extension Office at (334) 774-2329 for more information.



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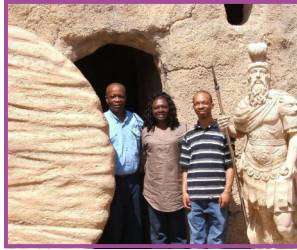
## DEATH BENEFIT

By: Wallace Kennedy, Jr.

“Death Benefit”

What Is a Death Benefit? A death benefit is a payout to the beneficiary of a life insurance policy, annuity, or pension when the insured or annuitant dies.

We all maybe familiar with “Last Will and Testament.” A last will and testament is a legal document that communicates a person’s final wishes pertaining to assets and outlines what to do with their possessions. Jesus Christ death on the cross gives access to whomsoever will believe on Him as their personal Lord and Savior. In doing so we become beneficiary of His finished works. Our names are written in the “Lamb’s Book of Life,” and everything that is listed in the “Last Will and Testament” (The Scriptures) becomes ours if we believe. Think about this: Ephesians 1:11-14 In whom also we have obtained an inheritance, being predestinated according to the purpose of Him who worketh all things after the counsel of His own will:12 That we should be to the praise of His glory, who first trusted in Christ. 13 In whom ye also trusted, after that ye heard the word of truth, the gospel



of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise,14 Which is the earnest of our inheritance until the redemption of the purchased possession, unto the praise of His glory. Salvation is in no other than our Lord Jesus Christ. His benefits are not just for when we die and go to (heaven) but there are benefits while we are alive right now. Jesus came to give us life and life in abundance right now John 10:10).

I love this passage from Psalm 103: Bless the Lord, O my soul: and all that is within me, bless his holy name. 2 Bless the Lord, O my soul, and forget not all his benefits: 3 Who forgiveth all thine iniquities; who healeth all thy diseases; 4 Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies; 5 Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's. Psalm 103:1-5

The Bible is the Lord’s “Last Will and Testament”. There are over seven thousand promises. Be sure to read it and see what promises are your inheritance.

I hope you will have a great celebration this month’s “Resurrection Sunday” Easter!

May the Lord bless you, and keep you: The LORD make His face shine upon you, and be gracious unto you: The LORD lift up His countenance upon you, and give you peace.

# Hoppergrass

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My wife just opened a jar of pickles by herself. Didn't even need my help!

If my wife did that I would wonder if my days around here were numbered.

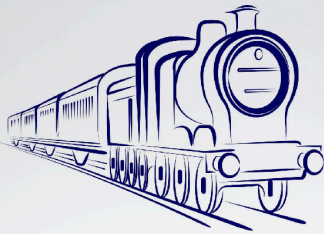


## Wacky Wordies

Each of the puzzles below provides a visual representation of a common word or phrase. Can you decipher the clues in each puzzle?

Solution on page 25

	1	2	3
A	FORK \$\$\$\$\$\$\$\$	FUNNY FUNNY WORDS WORDS WORDS WORDS	ONE ANOTHER ONE ANOTHER ONE ANOTHER ONE ANOTHER ONE ANOTHER
B	ADO ADO ADO ADO O ADO ADO ADO	R O O M U N I N G	D E K O O B
C	OWT 1 <sup>2</sup>	FAVOR A L L	JOHN + M M M M
D	UR KAISER	_____ CADET	THINK USPEAK



When a train goes through a tunnel and it gets dark, you don't throw away the ticket and jump off. You sit still and trust the engineer. **TRUST GOD** today no matter how dark your situation. GOD says, "You are coming out."

## PROPHETIC BASEBALL

In 1963, baseball pitcher Gaylord Perry remarked, "They'll put a man on the moon before I hit a home run." On July 20, 1969, a few hours after Neil Armstrong set foot on the moon, Gaylord Perry hit his first, and only, home run.

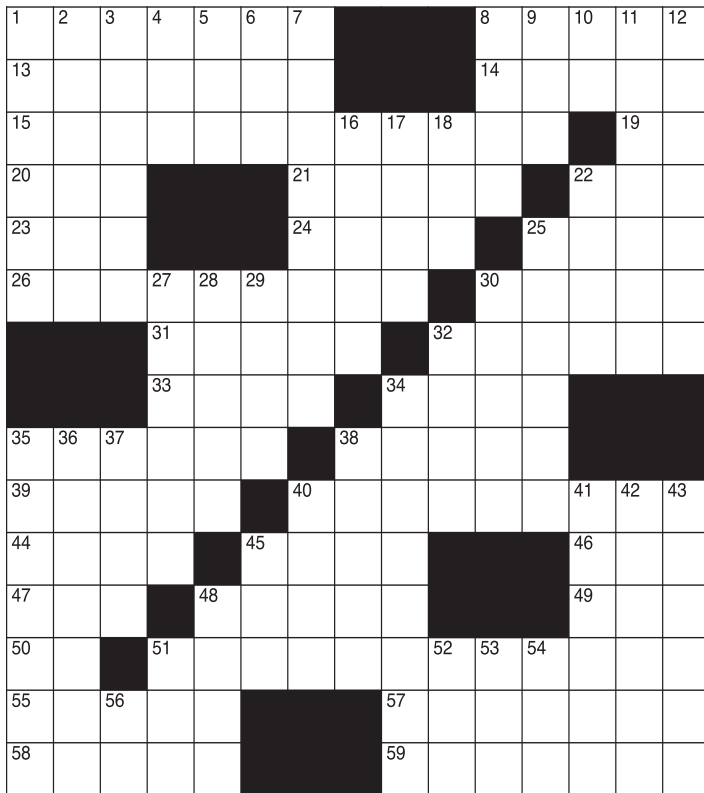
## DAYS OF YORE!

The reason firehouses have circular stairways is from the days of yore when the engines were pulled by horses. The horses were stabled on the ground floor and figured out how to walk up straight staircases.

## RULE OF THUMB

The phrase "rule of thumb" is derived from an old English law which stated that you couldn't beat your wife with anything wider than your thumb.

**Voting for the Democrats** because you didn't like the way the Republicans were running the country. Is like shooting yourself in the head to stop your headache.



**CLUES ACROSS**

1. \_\_\_ de Mornay, actress
8. Surrenders
13. Omission
14. The white poplar
15. They become butterflies
19. Used to chop
20. Select
21. Volcanic craters
22. Consumer price index
23. Utilize
24. "True Blood" actress Paquin
25. Got up
26. Sank in
30. Retail
31. Giants
32. Most bald
33. Changes color
34. Unit of loudness
35. Undresses
38. Fathers
39. Learned skill
40. Remove qualification
44. Covered with frost
45. Speak up
46. Nowhere to be found
47. Part of surgery (abbr.)
48. Type of wrap
49. Church seating
50. Mathematical figure
51. College football conference
55. Turkish officer title
57. Organized body of knowledge
58. Smooth and glossy
59. Left

**CLUES DOWN**

1. Get back
2. Pass or go by
3. Having a sharp taste
4. Midway between east and southeast
5. Cairo Regional Airport
6. Peace officer
7. Brings to life
8. Automotive vehicles
9. One point south of due east
10. Football position
11. Goes by
12. Most attractive
16. Road divisions
17. Not the sea
18. Small, faint constellation
22. Cabbage
25. Least frequent
27. Change slightly
28. A country in NE Africa
29. Metric units of measure
30. More coherent
32. Make uninteresting
34. Nausea
35. Institution of Oceanography
36. Of little value
37. Hindu model of the ideal man
38. Biblical exclamation
40. You throw it at a board
41. Be about to happen
42. Brutal
43. Opened one's mouth widely
45. 19th letter of Greek alphabet
48. Saturate
51. The woman
52. Someone who is highly skilled
53. A way to launch an attack on
54. Where golfers begin
56. Atomic number 58

**SOLUTION ON PAGE 29**

A relationship with no trust is like a car with no gas. You can stay in it, but it won't go anywhere.



**I hate when people say "Act like an adult" Have you seen how adults act lately? That's horrible advice!**

**How do you frighten this generation? Put them in a room with a rotary phone, an analog clock, a TV without a remote. Then leave directions for use in cursive.**







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# SOLUTION

## Wackie Wordies

	1	2	3
<b>A</b>	Fork Over the Money	Too Funny for Words	Six of One, Half Dozen of Another
<b>B</b>	Much Ado About Nothing	Running Out of Room	Booked Up
<b>C</b>	Back To Square One	Fall Out of Favor	John Adams
<b>D</b>	You Are On a Roll	Space Cadet	Think Before You Speak

*When You've finally reached your level of complaining, along with the bad temporary fixes, You decide to give it to The Lord... Then somebody asks you how you doing...*

*Honey, I would tell ya, but I've packed all that stuff up and sent it to Jesus.*



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Faith doesn't always take you out of the problem, Faith takes you through the problem. Faith doesn't always take away the pain, Faith gives you the ability to handle the pain. Faith doesn't always take you out of the storm, Faith calms you in the midst the storm.



# Sudoku

		3			8		1	
8				1		6		
5	1		6				8	
	9		4	3		8		
2					1			4
4			8	6		3		1
7	4	1	3		6		5	9
	8					4	7	
	5				4	1		

0909 MEDIUM 5

	8	5	6				3	4
		4	9	3	8	5		6
	3					8	7	
5	6	8						
4	1	7		6				8
9			5				6	7
			8	5		4		
	4			9		7		
8			1	4				

0909 MEDIUM 6

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## 5 DEADLY TERMS USED BY A WOMAN

- 1. FINE:** This is the word women use to end an argument when she knows she is right and you need to shut up.
- 2. NOTHING:** means something & you need to be worried.
- 3. GO AHEAD:** This is a dare, not permission, do not do it.
- 4. WHATEVER:** A woman's way of saying screw you.
- 5. THAT'S OKAY:** She is thinking long and hard on how and when you will pay for your mistake.

**BONUS WORD: WOW!**  
THIS IS NOT A COMPLIMENT. SHE'S AMAZED THAT ONE PERSON COULD BE SO STUPID.

**Marriage is having separate tubes of toothpaste because your spouse squeezes it wrong**

MAY I NEVER FORGET ON MY BEST DAY, THAT I STILL NEED GOD AS DESPERATELY AS I DID ON MY WORST.

**Exaggeration is a billion times worse than understatement!**



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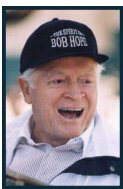
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**Life is short, live it.  
True love is rare,  
grab it.  
Anger is bad, dump  
it. Fear is awful,  
face it. Memories are  
sweet, cherish  
them.**



On his deathbed they asked him where he wanted to be buried. Bob Hope replied: "Surprise me." I had forgotten that he lived to be 100, and it has been almost 17 years since he died. For those of you too young to remember Bob Hope, ask your grandparents and thanks for the memories.

This is a tribute to a man who DID make a difference....  
ON TURNING 70 - "I still chase women, but only downhill."

ON TURNING 80 - "That's the time of your life when even your birthday suit needs pressing."

ON TURNING 90 - "You know you are getting old when the candles cost more than the cake."

ON TURNING 100 - "I don't feel old. In fact, I don't feel anything until noon. Then it's time for my nap."

ON GIVING UP HIS EARLY CAREER (BOXING) - "I ruined my hands in the ring. The referee kept stepping on them."

ON GOLF - "Golf is my profession. Show business is just to pay the green fees."

ON PRESIDENTS - "I have performed for 12 presidents but entertained only six."

ON WHY HE CHOOSE SHOWBIZ FOR HIS CAREER - "When I was born, the doctor said to my mother, congratulations, you have an eight pound ham."

ON RECEIVING THE CONGRESSIONAL GOLD MEDAL - "I feel very humble, but I think I have the strength of character to fight it."

ON HIS FAMILY'S EARLY POVERTY - "Four of us slept in the one bed. When it got cold, mother threw on another brother."

ON HIS SIX BROTHERS - "That's how I learned to dance. Waiting for the bathroom."

ON HIS EARLY FAILURES - "I would not have had anything to eat if it wasn't for the stuff the audience threw at me."

ON GOING TO HEAVEN - "I have done benefits for ALL religions. I would hate to blow the hereafter on a technicality."



# WANTED



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# STUDENTS

who are *loved* at home come to school to learn.

**AND STUDENTS** who aren't come to school to be **LOVED.**

## CALL ME TEX

A policeman saw a man dressed in full cowboy garb -- hat, chaps, duster, six-shooters, boots, and spurs -- standing on a street corner in a busy city. He approached the cowboy and asked him his name.

"Call me Tex!" was the cowboy's reply.

"Well, Tex, where are you from, Texas?" the policeman asked.

"Nah, I'm from Louisiana, but I couldn't very well have you call me Louise!"

## SPILLED COFFEE

Take a moment to imagine that you are holding a cup of coffee. Suddenly, someone comes along and bumps into you, causing you to spill your coffee everywhere.

Now, why is it that you spilled the coffee? If you responded, "well, because someone bumped into me, of course," that's the wrong answer. The truth is, you spilled the coffee because there was coffee in your cup. Had there been tea in the cup, you would have spilled tea.

Here's the way I see it: Whatever is inside your cup is what will spill out when bumped. The same is true in life. When life comes along and bumps or shakes you (which WILL happen), whatever is inside you will come out.

Take a moment to consider: Will you spill joy, gratefulness, peace, and humility? Or will you spill anger, bitterness, harsh words, and overreactions?

*Be decisive.*

*Right or wrong, make a decision.*

*The road of life is paved with*

*flat squirrels who couldn't make a decision..*

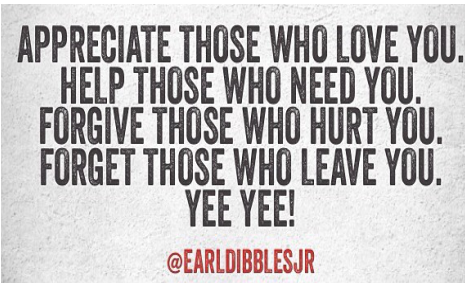
**FIND TEN DIFFERENCES**



**Guilty Guarantee**

The trial went on for 4 weeks with testimony by both sides. Finally, the jury retired to determine the verdict. After 2 days the jury had reached a decision to acquit the prisoner.  
 Judge: "What possible reason could you have for acquitting the prisoner?"  
 Foreman: "Insanity, sir."  
 Judge: "What, all twelve of you?"

**I found a vinyl record** called "Sounds of the Wasps." When I played it, I said to myself, "This doesn't sound like wasps." I was right. I was playing the B-side.



On May 24<sup>th</sup>  
Vote for

**ADAM ENFINGER**  
**Dale County Commissioner**  
**District 3**

**MY PROMISE TO THE CITIZENS OF DALE COUNTY**  
 I will work hard at representing the needs of Dale County residents and to be a good steward of the taxpayers money and never randomly raise the cost of Dale County Services.

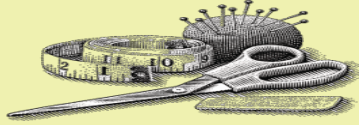


I am a Dale County HS graduate.  
 I am a 2009 graduate of Troy University with a BA in education.  
 I am a small business owner.  
 I am currently serving as Newton City Councilman District 3.  
 My wife, Carla, and I have 2 children, Oakland and Nova.

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## PARK STATUES

If a statue in the park of a person on a horse has both front legs in the air, the person died in battle; if the horse has one front leg in the air, the person died as a result of wounds received in battle; if the horse has all four legs on the ground, the person died of natural causes.

**G**allagher opened the morning newspaper and was dumfounded to read in the obituary column that he had died. He quickly called his best friend, Finney. "Did you see the paper?" asked Gallagher "They said I died." "Yes, I saw it!" replied Finney. "Where are ye callin' from?"

## INTERSTATE HIGHWAYS

The Eisenhower interstate system requires that one mile in every five must be straight. These straight sections are usable as airstrips in times of war or other emergencies

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**5879 Andrews Ave.**  
**Ozark, AL 36360**

"You know somebody actually complimented me on my driving today. They left a note on my windshield, it said, 'parking fine' So that was nice!"

R	E	B	E	C	C	A			C	E	D	E	S		
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## SPOT THE DIFFERENCE SOLUTION

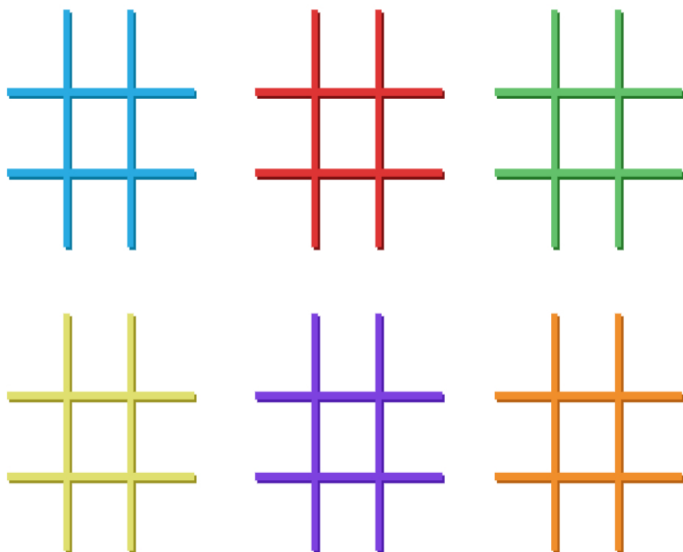


### TIMES HAVE CHANGED

Lou Gehrig earned a total of \$316,000 during his 17 year career with the New York Yankees. In 1992, a fan paid \$363,000 for a Yankee jersey that Gehrig wore during the 1927 season.

Me \_\_\_ You \_\_\_ Ties \_\_\_

## Tic Tac Toe




Did you say my new grand-baby was ugly?

No! I said she looks just like you!





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ball wins

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bulls eye

wins

\$500

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