

## Absentee Ballots Available for School Budget Validation and State Primary Election

GORHAM, ME (March 25, 2022)

-- Absentee ballots are now available for request for the June 14, 2022 Local School Budget Validation and State Primary Election. You may request an absentee ballot by visiting <http://www.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl>, or by calling the Town Clerk's office at 222-1670, and one will be sent to you when available.

**\*IN ORDER TO RECEIVE A BALLOT AND VOTE IN THE STATE PRIMARY ELECTION, YOU WILL NEED TO BE ENROLLED IN EITHER THE REPUBLICAN OR DEMOCRAT PARTY.**

Absentee ballots must be returned no later than 8pm on Election Day. You can return your ballots by mail (two stamps required) or drop them off in the Ballot Box at the Municipal Center.

You may also return your ballots in person to the Town Clerk's Office during regular business hours.

**NOTE: THE LOCAL SCHOOL BUDGET BALLOT CAN NOT BE RETURNED UNTIL AFTER JUNE 7, 2022. IF YOUR LOCAL BALLOT IS RETURNED BEFORE JUNE 8, 2022 IT WILL NOT COUNT.**

**Important Dates:**

March 14 – Absentee ballots may be requested **REQUEST ONLINE | PAPER APPLICATION**

We will mail your ballot to you once absentee ballots arrive (around May 14)

May 14 – Absentee voting begins

If you requested your ballot, we will mail it to you. If you would like to vote absentee in person, you may do so at the Town City Clerk's office, starting Monday, May 16 and any time the Town Clerk's office is open: Monday-Wednesday, 8:00am-4:00pm, Thursday, 8:00-6:30 and Friday, 8:00-1:00.

May 24 – Last day for Registrar's office to receive mail-in voter cards

After this date, voter registration changes and enrollments must be done in person

May 27 – Voters changing party must do so by this date to participate in the June Primary

Voters must be enrolled in a party in order to receive that party's Primary (candidate) ballot. If changing from G, D or R to another party, this change needs to be made by May 27. Unenrolled voters who are not enrolled in a party may enroll in a party and vote in the Primary at any time including on Election Day. Not sure what party you're enrolled in? Please call our office at (207) 222-1670 to confirm your party enrollment prior to this date!

June 9 – Last day an absentee ballot may be requested without special circumstances

June 14 - Election Day! All polling places will be open from 7:00am-8:00pm.

Absentee ballots must be returned to the Town Clerk's Office by 8:00pm. New voters may register to vote and vote at the polling place on Election Day. Unenrolled voters may enroll in a party and vote in the Primary at the polling place on Election Day. Unenrolled voters who remain unenrolled will only receive the Local ballot.

## Home Show at the Norway Savings Bank Arena



Caleb Guigey and Derek Messenger of Premier Pools and Spas

**Photos by Laurie A. Steele, Publisher of Twin City Times and Gorham Weekly**

The Maine Home Show was held at the Norway Savings Bank Arena in Auburn on March 19 and 20. Over sixty different exhib-

itors displayed their wares to homeowners and attendees. Exhibitors included companies offering solar and efficiency related products, stone patios, roofing, home wares, gutters and home improvement companies.

The Maine Home Show is in its eleventh year. It is an annual trade show held in the Lewiston Auburn Area by Travis Dow of Dow Media, LLC since 2011.

## Nomination Papers Available for Portland Water District Trustee

GORHAM, ME (March 25, 2022)

-- TOWN OF GORHAM PORTLAND WATER DISTRICT TRUSTEE NOMINATION PAPERS ARE NOW AVAILABLE FOR A SEAT ON THE PORTLAND WATER DISTRICT.

An election will be held on June 14, 2022 to fill a vacant Trustee seat on the Portland Water District due to a resignation. The seat will expire in November

2022.

Nomination papers will be available from the Town Clerk's Office beginning on Friday, March 4, 2022. Any registered voter of the Town of Gorham who is interested in running for this seat must submit nomination papers with no less than 25 signatures and no more than 100 signatures of persons who are registered voters of the Town of Gorham. Completed

nomination papers must be submitted to the Town Clerk's office no later than 1:00 p.m. on Friday, April 15, 2022.

The Board generally meets twice monthly, a workshop session and a regular business meeting. Trustees receive a stipend of \$100 per meeting, up to \$2400 per year.

Please contact the Town Clerk's Office at 222-1670 if you have any questions.

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# Newsmakers, Names & Faces

## Research Shows Exercises Help With Muscular Dystrophy

**ORONO, ME (March 24, 2022)** -- Muscular dystrophy is a debilitating disease that causes the weakness and breakdown of skeletal muscles that progressively worsens over time. According to a team of University of Maine researchers, certain activities may help strengthen muscles affected by muscular dystrophy — and they figured it out by stimulating zebrafish and watching them work out.

Zebrafish are an effective test model of muscular dystrophy because of the molecular similarities

between zebrafish and human muscles. Zebrafish can also be bred with a mutation that closely models Duchenne muscular dystrophy, a severe type of muscular dystrophy that affects young boys.

Zebrafish can't lift weights, though, so UMaine researchers used a process called neuromuscular electrical stimulation (NMES), which stimulates specific nerves to elicit muscle contraction. The researchers designed four NMES regimens and named them after four common weight lifting routines: power, strength,

hypertrophy and endurance. The zebrafish were then put into an underwater 3D printed "gym" made up of tunnels and electrodes, and the researchers analyzed their skeletal muscles to see how they had changed.

The study found that while each of the NMES weight lifting "routines" affected the zebrafish neuromuscular junction morphology, swimming and survival differently, only one — the endurance neuromuscular stimulation (eNMES) — improved all three, as long as it was accompanied by a certain

antioxidant, heme oxygenase, and a receptor called integrin alpha7.

"eNMES is defined by high-frequency, low-voltage pulses, which is similar to a high-repetition, low-weight workout that we would do in the gym. The longstanding consensus in the muscular dystrophy field is that minimizing resistance training preserves muscle strength and mass because it lowers the risk for muscle damage. However, our data suggest that a certain level of NMES-induced activity is actually beneficial for overall muscle health,"

says Elisabeth Kilroy, first author of the study who conducted the research for her Ph.D. at UMaine. Kilroy is now the director of the neuroMuscular Observational Research (MOVR) at the Muscular Dystrophy Association.

The study was published March 24, 2022, in the journal ELife.

The research suggests that the right type of resistance training might be beneficial to human patients with muscular dystrophy. There is also potential for NMES to improve mobility and strength in patients with muscular

dystrophy, though not much is known about applying the technology this way.

"I think the most exciting aspect is that we established a model for neuromuscular plasticity in healthy versus diseased muscle, and this model will allow us to elucidate mechanisms that could be the basis for potential therapeutics in the future," says Clarissa Henry, professor of biological sciences, director of Graduate School of Biomedical Science and Engineering, and principal director of the Henry Lab.

## Scholarships Available for Students



**Maine Community Foundation**  
Your partner in philanthropy

**ELLSWORTH and PORTLAND, ME (March 25, 2022)** — Applications are currently being accepted for the **Maine Community Foundation's (MaineCF) Patriot Education Scholarship Fund.**

This renewable scholarship supports graduates of a Maine high school who are enrolled part-time (minimum of nine credit hours) or full-time in pursuit of a business degree and entering their freshman, sophomore, junior, or senior year at a Maine college

or university. Preference is given to applicants who have a demonstrated interest in personal and commercial insurance professions. The deadline is June 1. To apply online, go to [www.mainecef.org](http://www.mainecef.org). For more information, contact Scholarship Coordinator Jackie Shannon, [jshannon@mainecf.org](mailto:jshannon@mainecf.org) or 207-412-2004.

MaineCF has worked with donors and educators since 1983 to provide Maine students access to educational opportunities. The community foundation manages more than 650 scholarship

funds.

**The Maine Community Foundation (MaineCF) is accepting scholarship applications from Androscoggin County students for the Annette M. Brown Scholarship Fund.** The scholarship helps support the education of students pursuing a post-secondary degree at a two- or four-year college.

Eligible applicants must demonstrate a level of academic achievement suitable for predicting success in college; strong character and family values; and financial need.

Preference will be given to first-generation college students and those attending accredited colleges in Androscoggin County, with secondary preference to those attending schools elsewhere in Maine. Applications from students attending school outside Maine will be given the lowest priority.

Annette M. Brown taught in the Lewiston-Auburn area in the early 1900s. In her 1916 will, she left \$16,000 to establish a scholarship fund to benefit students. Since then, the fund has given thousands of dollars to Androscoggin County students pursuing higher education. The selection process is handled by a subcommittee of MaineCF's Androscoggin County Committee.

Each year, the **Maine Organic Farmers and Gardeners Association (MOFGA)** awards three scholarships in the amount of \$1,500, one in each of the following categories:

-MOFGA Journey-person program partici-

part (past or present).

-Maine high school senior planning to study sustainable or organic farming (with a preference for colleges in Maine).

-Kennebec Valley Community College student studying sustainable agriculture.

Awards are granted to honor the late Russell Libby, who led the Maine Organic Farmers and Gardeners Association for 17 years and dedicated his life to growing the organic food movement. Recognizing, more than 20 years ago, that Maine's farming population was aging and dwindling, Libby advocated for focusing significant MOFGA program resources on training the next generation of farmers. Through his vision, MOFGA has been instrumental in shifting the demographics of Maine's farming population. Now Maine is one of the leading U.S. states for creating successful new farmers.

These scholarships support the recipients in

their pursuits of agriculture education and projects. Funds have been used for schooling, infrastructure that improves access to programs, new gardens and much more. One of last year's award recipients, Emma Lovering, planned to use the funds to help expand her infrastructure and allow her to have more members in her CSA (Community Supported Agriculture program). As she wrote in her application, "Though it seems far off to me in some ways, there is so much of this dream I have already accomplished. I believe these funds will really help support my plan for expansion and to reach even more people in the years to come!"

Details about the scholarship program and a link to an online application are available on MOFGA's website. Applications are due on April 15, 2022. Winners will be notified in late April, and will be featured on the MOFGA website and in MOFGA's publications.

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# Newsmakers, Names & Faces

## Gorham Superintendent's Update



By Superintendent Heather Perry  
GORHAM, ME

(March 18, 2022) -- I hope everyone had a great St. Patrick's Day and that you have all recovered from the loss of that hour of sleep last weekend! I don't know about you but that always throws me for a loop and takes me at least a few days to recalibrate! All set now though and absolutely READY FOR SPRING! I do apologize for those of you that are snow lovers...but I do think the rest of us have been patient and it is most definitely time for that warmer weather!

As usual, lots to share, but before I get into the meat of the message for this blog post - I wanted to start as I have been starting - by sharing some pictures that give you just a glimpse into what has been happening the past few weeks here in the Gorham Schools! I do hope you notice all those smiles!

Now on to the information pieces!

### REMINDER OF CONTINUING COVID 19 SAFETY PROTOCOLS

As we continue on our journey of moving from a pandemic to an endemic in our schools and in our community, I wanted to take a moment to just remind folks that even though masking has moved to be optional across our schools, that does NOT mean that COVID 19 has gone away and it most

certainly does not mean that we are not still following key Maine CDC guidelines for safety.

While we enjoy our new found visible smiles, I would encourage us to remember key health and safety practices that will still be followed across all our schools. I've added a few more Q&A pieces that I have gathered from our nurses to help make sure folks remain clear on our continued safety protocols. These are questions they have received frequently over the past few weeks, so bear repeating. Please read/review and reach out if you have additional questions and remember...

1. STAY HOME IF SICK
2. Wash/Sanitize those hands frequently
3. Keep that physical distance when possible
4. As the weather warms, get outside as much as possible - best air ventilation systems are "mother nature"!

#### Updated Q&A:

Q: Now that there is no universal masking protocol, what happens if I am a close contact to someone with Covid-19 (including someone in my household)?

A: If you were exposed to Covid-19 and are NOT up-to-date on Covid-19 Vaccinations: Quarantine at home for 5 days and wear a mask at school (and all public settings) on days

6-10. If you were exposed to Covid-19 and are up-to-date on Covid-19 vaccinations OR had confirmed Covid-19 within the past 90 days: Wear a mask at school (and all public settings) for 10 days; Refer to the most recent SOP (3/8/22) for more information.

<https://www.maine.gov/doe/sites/maine.gov/doe/files/2022-03/School%20SOP%203.8.22.pdf#page=14>

Q: If my child has had a positive Covid test and is due to return to school, will they be required to wear a mask when they return to school? Even if they have no residual symptoms?

A: Yes. They will be required to mask on days 6-10

Q: If I chose not to test my child for Covid, and instead elect to keep them out of school for 5 days, will they be required to wear a mask when they return to school?

A: Yes. Your child will be considered "presumed positive" for Covid and will therefore be required to mask on days 6-10

Q: If my child is sick, and I test them for Covid that day and it is negative, can I send them to school as long as they wear a mask?

A: No, If your child is sick, keep them at home

Q: What are the masking guidelines for student transportation (Riding the bus etc)?

A: Effective February 25, 2022, CDC and Gorham Schools do not\*\* require wearing of masks on buses or vans operated by public or private school systems, including early care and education/child care programs. \*\*Unless you are currently required to be masking because you are a close contact or are returning to school after having Covid-19\*\*

Please reach out with any questions you may have. Your school nurses are here to help!

### FEDERAL ESSER FUNDS (CARES ACT) UPDATE

Over the past two years the Gorham Schools have been the recipient of federal

CARES Act dollars to assist us in moving through and navigating the unforeseen and daunting challenges associated with operating public schools during a global pandemic. There have been three major funding streams:

1. CARES ESSER I
2. CRRSA ESSER II
3. ARP ESSER III

It is important that we expend these funds in a transparent manner so that taxpayers and others know and understand how we have best utilized these funds in a manner to assist our students in sustainable ways. Below is an outline of each grant fund total allocation and a summary of expenditures to date thus far for funding.

CARES ESSER I (Total Allocation to Gorham: \$187,306.44)

These funds were utilized to help pay for additional staff that were needed to support our schools as we operated under global pandemic conditions. The vast majority of these funds were utilized to support 2 full time substitute teachers across each of our five schools. As you may recall, our substitute pool dropped from 95 individuals during the height of the pandemic for obvious reasons as many of our substitutes were retired individuals who needed to be cautious with their own health and wellbeing and understandably so. However, as we continued to operate within a pandemic, required quarantines, and absences for staff due to illness reached an all time high. These much positions helped us continue to keep our schools open for students even during these challenging times.

These funds have been fully expended.

CRRSA ESSER II (Total Allocation to Gorham: \$777,000.00)

These funds were used for a variety of pandemic related purposes. Once again, strengthening staffing capacity was a huge focus to ensure the continued operation of our schools. These funds continued to support full

time substitutes across each of our five schools. These funds also supported the continuation of what we called "Clinic aid" positions which were positions added specifically to assist our school nurses in contact tracing and communication with families in managing our COVID 19 safety protocols. Additionally, funds were expended here to help reduce class sizes at our K-2 grade levels across all three schools for the 2021-22 school year. This allowed our classroom teachers to better differentiate and support students who may have been struggling as a result of the pandemic academically or in areas related to social/emotional learning. Funding was also utilized to upgrade our wireless infrastructure at GMS and GHS as we continued to use technology to help bridge gaps in student learning when they were out for quarantine or isolation periods. Funding was also used to purchase additional educational materials for students to aid in at home learning and to provide supplemental materials for our teachers to use in their daily instruction. Finally, funds were also used to help support our transportation system as we worked to ensure an appropriate number of bus runs to help keep safe physical distancing on our buses.

By the conclusion of the 2021-22 school year, these funds will be fully expended.

ARP ESSER III (Total Allocation To Gorham: \$1,751,611.06)

These funds are funds that we have begun to use in the 2021-22 school year but will also likely extend use through the 2022-23 School Year to continue to support our schools.

Funds already spent

have supported the following programs:

- Spring, 2021 Summer Bridge Learning Program - we offered four weeks of instructional programming via zoom to qualifying RTI students across grades K-8.

- Summer, 2021 Enrichment Programming - we contracted services with Gorham Recreation Department to provide fun programming for our summer learners for a six week program.

- Summer, 2021 Learning program - we provided a six week academic and SEL focused learning program for 90 at risk students across the district.

- Reveal Math Curriculum - we purchased a new K-9 Math curriculum to strengthen and bolster our math instruction across these important grades to address areas of identified need.

- Class size reduction - We used funding to add additional teachers at grades 3-5 to reduce class sizes so that teachers could provide more targeted and differentiated instruction for students in need across the board in academic and social emotional learning.

- COVID Support positions - We used funding to continue to support full time substitutes, lunch duty monitors, and the addition of a full time substitute school nurse that works across all five schools.

- Air quality project - we identified a space at GHS that required additional HVAC work to ensure high quality air ventilation and circulation was occurring. Repairs were made over the summer.

We will also utilize funds to operate a summer learning program this summer for students identified as

*See Superintendent, page 16*

# Gorham WEEKLY

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## Seniors Not Acting Their Age

# A Glorious Day on Mount Crawford

By Ron Chase

For several days, the weather had been a roller-coaster ride of rain, snow, sleet and wind accompanied by extreme temperature swings. The varying conditions made it difficult to identify adequate circumstances for a Nordic ski or mountain hike. Much of the snow base on the ski trails had washed away and accumulated snow on the hiking trails had fluctuated between hard and soft. In need of a mountain fix, I identified a short window of opportunity. Frigid temperatures had followed a rainstorm so it was reasonable to surmise that snow covered hiking trails in the White Mountains would harden to perfection for micro spikes. A substantial snowstorm was forecast to arrive the following day.

Announcing a proposed Penobscot Paddle & Chowder Society mountain hike in the Whites did the trick. Three of the usual suspects who like me benefit from the flexibility of retirement signed on. Since dangerously high wind chills were predicted for the high peaks, we limited our choices to lower

summits with exceptional views and minimal exposure to the elements. After exchanging emails and phone calls, we decided on 3,119 foot Mount Crawford. Located on the south side of the Presidential Range near Bartlett, New Hampshire, the five mile hike entailed 2,116 feet of elevation gain. Most of the trek would be sheltered from northwest winds while partially exposed higher elevations would provide exceptional views of surrounding mountains if skies were clear.

Driving north of Bartlett on Route 302 along the Saco River, I was surprised to observe that the water level was exceptionally high. A veteran of several whitewater outings on the Upper Saco, it appeared sufficient to paddle, a winter oddity. When I met my hiking companions at Davis Path Trailhead, they concurred that the river was higher than usual. Since there were a couple of significant stream crossings prior to beginning the steep ascent, we speculated that negotiating over them might be problematic.

No problems were

encountered traversing a lengthy well-built bridge over the Saco River. Once completed, most of us affixed micro spikes to facilitate hiking on the hard packed snow surface. A wide log spanned the first stream allowing for an easy crossing. However, the following partially open fast-moving freshet presented a challenge as there was no obvious safe passage. A slip into the icy water would end the day for the unfortunate victim. After some investigation, we found an attenuated section that could be successfully maneuvered on rocks and patchy ice.

Shortly beyond, we began climbing steadily in a mixed hardwood and conifer forest. Blue skies observed through the trees suggested splendid views awaited us at the top. While there were some sectors of ice that were difficult to surmount, a more significant problem was substantial post holing. Previous hikers had ascended without snowshoes when the snow was soft leaving deep holes spread throughout the trail. The continuous hindrances caused awkward unsteady

footing. Amazingly, the post holing continued to the summit which must have been an exhausting endeavor for the scofflaws.

After about two miles, we emerged onto a sloping bluff that offered exceptional views of the White Mountains in the south and west. Mount Chocorua's distinctive alpine peak provided a prominent landmark. Frosty winds forced four Chowderheads to add layers and warmer mitts. The probability of severe wind chills at the summit seemed likely.

We enjoyed sporadic views while climbing continuously for the remainder of our quest. The trail was temporarily lost in an area of barren rock. Another party of two was encountered when we relocated it. They were the only other hikers met until the trek was almost completed.

The views at the summit were phenomenal. From an overlook just below the highpoint, we could observe the entire majestic Presidential Range. Manageable wind chills were a welcome surprise. After locating a site shielded from moderate winds, four seniors not acting their ages embraced a leisurely lunch while soaking up the glorious panoramic vista.

Our return was largely uneventful except for a perpetual struggle to maintain stable footing due to the ubiquitous post holes which were more troublesome and hazardous while descending. Mount Crawford received several inches of snow the following day likely filling the undesirable cavities. Hopefully, the next team of hikers will adhere to good mountaineering etiquette when confronted with the fresh powder and wear snowshoes.

Ron Chase resides in



A hiker negotiates a partially open stream on Mount Crawford



Hikers enjoyed a phenomenal view of the Presidential Range from the summit of Mount Crawford



Postholes and patchy ice were problems on a recent climb of Mount Crawford

Topsham. His latest book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is now available at <https://www.northcountrypress.com/maine-al-fresco.html>. His previous books are "The Great Mars Hill Bank Robbery" and "Mountains for Mortals - New England." Visit his website at <https://www.ronchaseoutdoors.com> or he can be reached at [ronchaseoutdoors@comcast.net](mailto:ronchaseoutdoors@comcast.net).

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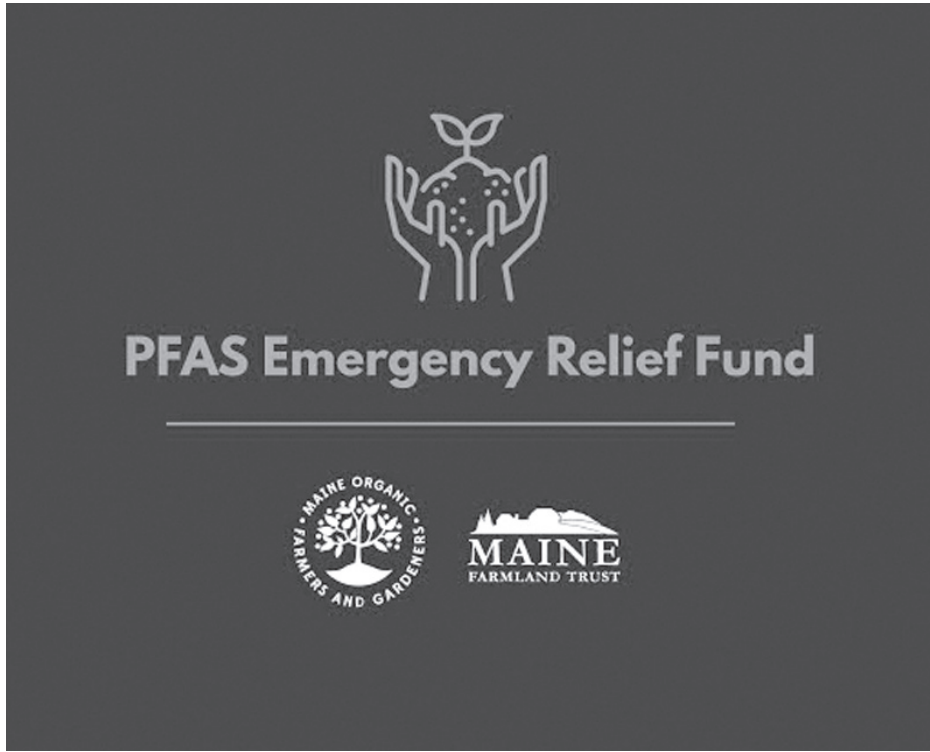
# Waterville Creates Announces “The Farm Tools Project”

**WATERVILLE, ME (March 23, 2022)** – Waterville Creates is excited to announce “The Farm Tools Project” exhibition at Ticonic Gallery and the Railroad Square Cinema Lobby, opening Monday, April 11, and on view through June 17, 2022.

A visual exploration of the use of hand tools on small farms in Maine, this exhibition features cyanotypes, an old form of non-toxic photography that relies upon sunlight and water. To create these images, artist Michel Droge and archaeologist Sarah Loftus traveled around the state with a portable cyanotype kit and photographed tools with farmers in their fields. Droge and Loftus interviewed farmers regarding their practices, the significance of the tools they use, and how they engage with the earth to produce and harvest food.

“Visiting these small farms and making prints of hand tools gave me a deeper understanding of the vastly collaborative and interconnectedness of farmers, the land, and our communities,” said Droge. “I saw the creative process of farming through these hand tools, often passed down through generations, and the love, magic, and perseverance that farmers call up as they tend the land and nourish our communities.”

The tools depicted pose questions around innovation, as well as the resilience and resurgence of small farms in Maine. How can we connect and support our local farms?



What does it mean to practice sustainable farming in the 21st century? How can farms mitigate food insecurity in our community?

“We wanted to play with the way we view everyday tools and how they actively shape the ways we perceive and interact with the world,” said Loftus. “Tools are quiet, but far from silent partners. They reveal something of our collective capacity for invention and ingenuity, as well as our enormous power for devastation and destruction.”

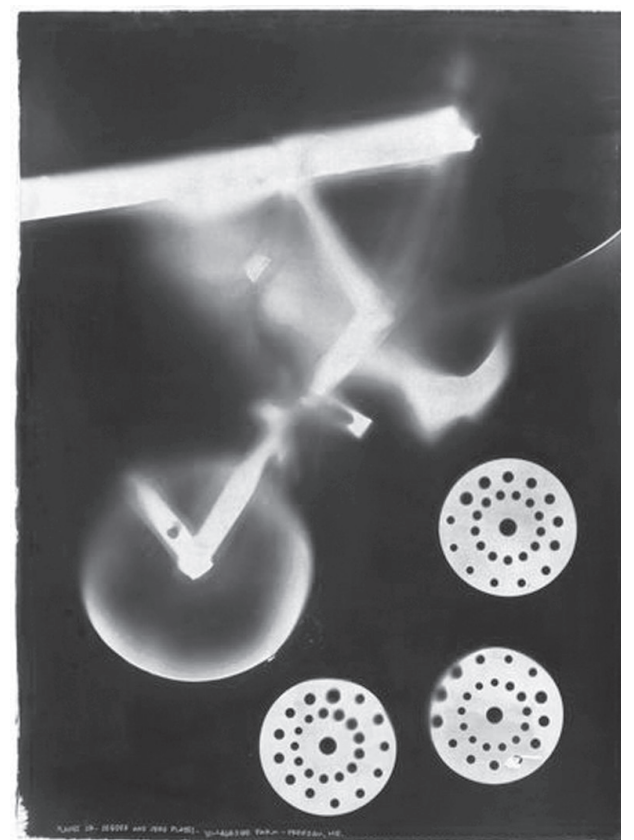
Farmers across the state are currently facing loss of livelihood and significant health impacts due to contamination from PFAS, the so-called “forever chemicals.” In recognition of the growing threat of PFAS to Maine’s farms, 100% of the art sale proceeds will be donated to the Maine Organic Farmers and Gar-

deners Association (MOFGA) and Maine Farmland Trust’s (MFT) PFAS Emergency Relief Fund. Jointly administered by MOFGA and MFT, the PFAS Emergency Relief Fund provides short-term income replacement for farms that the Department of Agriculture, Conservation, and Forestry has identified as having high PFAS contamination test results; helps pay for initial PFAS testing on farms that choose to do their own testing; and supports access to mental health services for impacted farmers.

“Farmers in Maine are facing devastating impacts to their land, their water, their livelihoods, their health, and their kids’ health because of PFAS dumping,” said Loftus. “It’s heartbreaking. Farmers are the backbone, and when they fall, we all fall. The state needs to pass

robust legislation to help farmers deal with PFAS contamination, and we thought this was one way to help raise awareness and contribute to MOFGA and MFT’s emergency fund.”

“The Farm Tools Project” is funded in part by a grant from the Maine Arts Commission and by the Kindling Fund, a grant program administered by SPACE as part of the Andy Warhol Foundation for the Visual Arts Regranting Program. Additional exhibition support was provided by Kennebec Savings Bank and Johnny’s Select-



ed Seeds.

Participating farms included Black Kettle Farm, Lyman; Burke Hill Farm, Cherryfield; College of the Atlantic’s Peggy Rockefeller Farm, Mount Desert Island; Four Season Farm, Harborside; Frith Farm, Scarborough; Girard Farm, Lyman; Hurricane Valley Farm, West Falmouth; Ironwood Farm, Albion; and Village-side Farm, Freedom.

A reception will be held with the artists

on Thursday, April 21, from 5-7 p.m. at Ticonic Gallery at 10 Water Street, Suite #106. This event is free and open to the public.

“The Farm Tools Project” exhibition runs until Friday, June 17, 2022. Admission is free. Ticonic Gallery is open to the public Monday-Friday from 12-5 p.m. and the Railroad Square Cinema lobby is open to the public Monday-Sunday from 2-9 p.m.

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# Arts & Entertainment

## Fun with Gorham Recreation Department

**GORHAM, ME** (March 25, 2022) -- Monday is the new "Funday" at Gorham Parks and Recreation. Fitness classes were full, and there was friendly pickleball competition, and a wonderful bus trip to Dover New Hampshire Red Shoe Barn & lunch at The Farm Bar and Grille.



## Presumpscot Regional Land Trust: Opportunity to Extend the Rail-Trail

**GORHAM, ME** (March 25, 2022) -- Creating the Sebago to the Sea Trail and extending the Mountain Division rail-trail in our region (which includes Westbrook, Windham, Gorham and Standish), has been a priority for our Land Trust for nearly 20 years. The rail-trail is welcoming, safe, and accessible for all ages to enjoy for walking, running, pushing strollers,

and biking. The current 5 mile stretch of rail-trail in Windham and Gorham is the most used trail west of Portland, with an estimated 150,000 outdoor recreation visits each year. Right now MaineDOT is considering extending the rail-trail from where it ends in Gorham/Standish for 30 miles to Fryeburg, which can become a linear public park

accessible to all. MaineDOT has just completed a feasibility study, which shows the most cost-effective and economically beneficial option for the region is to transition this unused and publicly-owned rail corridor to a rail-trail by removing the tracks and putting a rail-trail in the railbed. **ACTION STEPS:** Next Thursday March

31st 6pm-7:30 MaineDOT is hosting a public meeting to share their report and is looking for your feedback. If you would like to see the rail-trail extend beyond Windham and Gorham, through Standish to the NH border - join the virtual public meeting, and share your support for the trail. See the Presumpscot Regional Land Trust's Facebook page for information on how to register.



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# Mitchell Center to Host Talk on PFAS in Maine April 4



**ORONO, ME (March 25, 2022)** — The Senator George J. Mitchell Center for Sustainability Solutions at the University of Maine will host a talk on PFAS, also known as “forever chemicals,” and the PFAS crisis in Maine on Monday, April 4, 3–4 p.m.

PFAS, a group of thousands of chemicals with the ability to repel

both water and oil, have been used in commercial and consumer products for more than 60 years – yet research on their toxicity and persistence in the environment has only been published in the past two decades.

Today in Maine, PFAS contamination has closed multiple farms and contaminated soils, well water, food and wildlife.

The scope of the crisis continues to grow and the state is mounting a multimillion-dollar, ongoing response. In this talk, The Forever Chemicals: PFAS in Maine—What they are, where they come from and what can we do about them, members of the Mitchell Center’s PFAS Research Initiative will give a whirlwind tour of PFAS chemistry, the his-

tory of these chemicals in Maine, what Maine people know about them and the search for solutions.

The PFAS Research Initiative team brings together expertise in environmental engineering, wastewater management, data science, economics, communication and wildlife ecology to address PFAS in Maine. They work closely with diverse stakeholders from state agencies, the agricultural community, public health advocates, the wastewater treatment industry and other sectors. Their research has included an assessment of the environmental, economic and social aspects of management

options for PFAS-contaminated wastewater sludge.

Members of the team will also present a session on PFAS at the Maine Sustainability & Water Conference on March 31 at the Augusta Civic Center.

All talks in the Mitchell Center’s Sustainability Talks series are free and will be offered both remotely via Zoom and in person at 107 Norman Smith Hall on the UMaine campus in Orono. Registration is required to attend remotely via Zoom; to register and receive con-

nection information, see the event webpage.

Please note that face coverings are required for all persons—students, staff, faculty, visitors and others—when indoors at a University of Maine System facility. For the latest health and safety guidance, please see [umaine.edu/re-turn](http://umaine.edu/re-turn).

Updates for this event will be posted to the event webpage. To request a reasonable accommodation, contact Ruth Hallsworth, 207.581.3196 or [halls-worth@maine.edu](mailto:halls-worth@maine.edu).

## HHRC Presents Problem Solving in a Divided America

**PROBLEM SOLVING IN A DIVIDED AMERICA**  
 What Can We Learn From Frances Perkins' Era? What Can We Do Now?  
 Sunday, April 3, 2022 • 5:00 PM (EDT)  
 Virtual Forum • Free Event

Featuring 2022 *Intelligence and Courage* Awardees

**MODERATOR**  
 Dr. Maya Rockey Moore Cummings, President, Global Policy Solutions

**AWARDEE**  
 Robert Putnam, Author of *Bowling Alone* & Co-Author of *The Upswing-How We Came Together a Century Ago and How We Can Do It Again*

**AWARDEE**  
 Shaylyn Romney Garrett, Co-Author of *The Upswing-How We Came Together a Century Ago and How We Can Do It Again*

**AWARDEE**  
 Janet Dewart Bell, Founder, LEAD Intergenerational Solutions, Author of *Lighting the Fires of Freedom - African American Women in the Civil Rights Movement*

**AUGUSTA, ME (March 25, 2022)** -- The Holocaust and Human Rights Center of Maine (HHRC) is co-sponsor-

ing a panel discussion with the Francis Perkins Center on how to problem solve in a divided America. Join the forum panelists on Sun-

day, April 3rd at 5:00 as they provide data-driven insights on America’s history and share their optimism about how diverse,

collaborative, intergenerational problem solvers can once again shape an upswing in America’s trajectory. This is a conversation you won’t want to miss! Panelists are: Dr. Maya Rockey Moore Cummings, Robert Putnam, Shaylyn Romney Garrett, and Janet Dewart Bell. Register at <https://francesperkinscenter.org/events/upswing/>.

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*“I felt such a sense of hope when I finished this book.”* From Amazon reviews.

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**April 10 and 17 at 2:00 p.m.**

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DISASTER! is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI. [www.mtishows.com](http://www.mtishows.com)

# Home Show at the Norway Savings Bank Arena



Danielle Bass of Better Business Bureau



Chrissy and Luke Wogan of Tastefully Simple



Amber Aucoin and Brianna Mannistro-Shuck of Fairway



Phelan Doyle, Riley Gilpatrick and Dani Haines of Collegiate Entrepreneurs



Erica Duval, Nick Bergeron, Shane Billington of Jr's Glass & Windows



John Lomastro and Rick Hazelton of Tuff Shed



Nicholas Snowdon and Nicholas Ferry of Buy The Fire



Karen Tanguay and Lindsey and Wayne Penley of Kora Shriners

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# Home Show at the Norway Savings Bank Arena



Greg Hamlin, Josh Bragg, Josh Tucker, Casey Benn of Valle Home Services



Nick and Dave Roy of A1 Seamless Gutters



Karen Builder-Hoban, Carson Leary, William Curry, Jack Cavallarao, Ricky Southers and Chris Laurion of Southers Construction



Scott Walker of Gagne and Son



John Yoder of County Truss



Nicholas Cook and Mike Pasquini of Humana

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# GMS Unified Basketball Faces Biddeford Middle School

**GORHAM, ME** (March 24, 2022) -- Another amazing night of unified basketball was had at GMS. Fun was had by all in a high scoring affair against Biddeford Middle School. Great job everyone.



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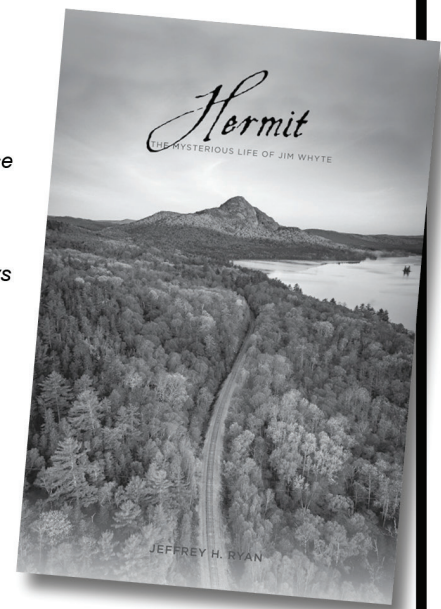
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— Bill Bushnell, *Bushnell on Books*

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— George Smith, *Bangor Daily News*

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# GORHAM LITTLE LEAGUE *Field Funding Campaign*



The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

- Develop 2 fields at White Rock
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MAIL TO: GYBSA, PO Box 176, Gorham, ME 04038**



# Skyline Farm Hosts ‘Yellowstone From the Box Seat’ Presentation



**NORTH YARMOUTH, ME (March 22, 2022)** – On Sunday, April 10, 2-3 pm, Skyline Farm hosts a talk on ‘Yellowstone From the Box Seat’ by Greg Cuffey, past president and collections chair at Skyline Farm and president of New England Re-

gion/Carriage Association of America.

America’s first national park turns 150 years old this year. This presentation covers the park’s first 44 years, when horse-drawn transportation was king. Through old photos, glass plate slides, stereo-views

and vintage postcard images, you will hear rosy tales of tourist vacations as they traveled throughout the park. Not all trips were rosy due to hostiles, bad roads, robberies and run-aways to name a few.

Large hotels and private camping companies vied for the tourist dollar. Thousands of horses were used and an amazing amount of infrastructure created to move tourists and equines safely and happily throughout the park’s dusty, rutted roads. New Hampshire’s Abbott-Downing Company supplied thousands of coaches of various sizes to transport tourists. Bangor native George W. Wakefield owned and merged with several park transportation companies.

Amazingly some of the camping companies owned over one-hundred coaches and around five-hundred horses each!

Lastly, learn that you can still have a saddleback and/or horse-drawn adventure in Yellowstone National Park today.

Free admission; donations welcomed. Skyline Farm, a nonprofit organization, is located at 95 The Lane, North Yarmouth. For more information, please email [info@skylinefarm.org](mailto:info@skylinefarm.org).

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

# Stewart Promoted at Geiger



**LEWISTON, ME (January 27, 2022)** -- Sam Stewart has recently been promoted to the Key Account Manager position in Corporate Programs. She began her career at Geiger in 2013 as a Mail/Sample Room Clerk, was promoted to Customer Relations Specialist in 2016, and again in 2019 to Key Customer Service Spe-

cialist. Most recently, in Dec. 2021, she had been promoted to Program Manager. In her new Key Account Manager role, her primary duty will be to serve as primary contact person for her assigned programs and to be responsible and accountable for their overall performance.

Sam lives in Auburn, Maine with her dog Lucy.

## Registration is Open for Totally Trades!

**MAINE STATE-WIDE (March 21, 2022)** — Registration is now open for Totally Trades! Career sessions offered by New Ventures Maine (NVME) online this spring. Eleven sessions are offered at no cost and are designed to encourage girls\* in grades 8-12 to consider careers in which women are traditionally underrepresented. The 15-minute video sessions focus on high-wage, high-demand nontraditional careers in trade and technical fields.

In our state, where trade and technical careers are considered high-wage and high-demand, it’s a win-win for students to consider these job prospects that are also vital to the Maine economy. These same careers are also well supported by our community colleges and the University of Maine System,” said Suzanne Senechal-Jandreau, NVME workforce development manager and Totally Trades! organizer.

Automotive, Criminal Justice, Carpentry, Firefighting, Forestry, Software Engineering, Solar Installation and other trade careers are highlighted in the series as well as an ‘Earn While You Learn’ session on internships, apprenticeships and on-the-job training. \*Workshops are for self-identifying girls and gender-expansive youth.

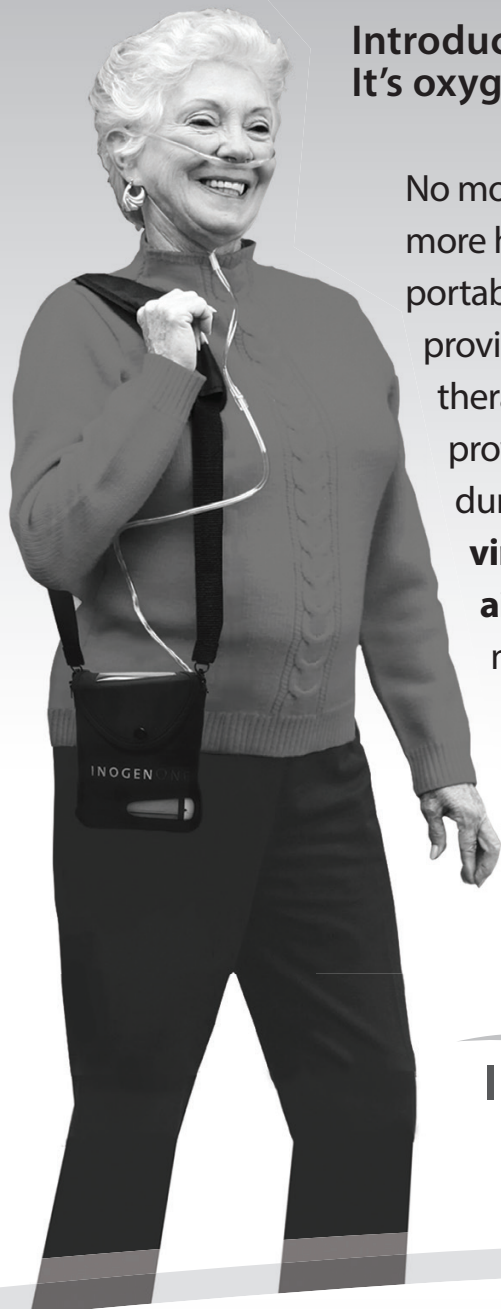
The sessions are free and open to girls in grades 8 through 12 who are exploring or considering employment in the featured career sectors. For more information visit the Totally Trades! website at [totallytradesmaine.org](http://totallytradesmaine.org) or contact Suzanne Senechal-Jandreau at 207-768-9635 or [senechal@maine.edu](mailto:senechal@maine.edu).

“Maine companies are looking for skilled tradeswomen and we want young women to have access to information that can lead them to well-paying and secure jobs in

Funding for Totally Trades! is provided by Maine Career and Technical Education/MaineDOE and the Maine Department of Transportation. Additional support and in-kind contributions are provided by businesses and community partners.

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# Calendar

Send your submissions to the Editor. More online.

**Ap. 2**

GORHAM – 4:30-5:30 Almost the Last Supper, White Rock Community Clubhouse, 34 Wilson Road, Gorham

Get your homemade baked beans before they are gone for the season. Pre-order Required. \$20 for double or \$10 for single orders. Meal includes kidney & pea beans, coleslaw, potato salad, macaroni & cheese, biscuits, hot dogs and a dessert bar. All food is made from scratch! Please call 892-9521 by Thursday, March 31st to reserve your order. Last supper of the season is Saturday, May 7, 2022.

**Ap. 2**

GORHAM – 9am-noon Cressey Road Church has opened a Clothes Closet for those in need. Mission of Hope Clothes Closet, Cressey Road Church, 81 Cressey Road, Gorham.

**Ap. 2**

ZOOM – 10:00 AM – 11:30 AM. Keynote Address: “Developing Youth Leadership through Model United Nations: A Conversation with Yanina Nicless Facilitated by Bret Bergst.” Yanina Nicless, a riveting speaker, is the former Maine Model UN Secretary General and USM graduate from Ukraine. This event is sponsored by the Maine Chapter of The United Nations Association of the United States of America during its annual meeting. FMI go to our website: unmaine.org.

**Ap. 2**

GORHAM --

Bean Supper To Go. Pre-order Required White Rock Community Clubhouse, 34 Wilson Road, Gorham. Saturday, April 2, 4:30-5:30pm. \$20 for double or \$10 for single orders. Meal includes kidney & pea beans, coleslaw, potato salad, macaroni & cheese, biscuits, hot dogs and a dessert bar. Please, pre-order by Wednesday, March 30. Call Fran at 892-9521.

**Ap. 4**

GORHAM -- 8:30am Gorham Village Alliance Meeting Conference Room A

**Ap. 4**

AUBURN -- The Auburn Art Club will meet at 2:00 p.m. on Monday, April 4, 2022 at the Park Avenue Methodist Church in Auburn. The program will be announced. All members are invited to attend.

**Ap. 4**

GORHAM -- 7pm Planning Board Meeting Council Chambers April 5 6:30pm Regular Town Council Meeting Council Chambers

**Ap. 6**

LEWISTON –6pm The Ladies of St Anne Sodality of Holy Family Parish are planning their Annual Card Party to be held on April 6, at 6 PM. at the Church Parish Hall 607 Sabattus St. Doors will be opened at 5:30 PM. Please use the back entrance. Tickets are \$5. and may be

purchased by contacting any board member or calling Anita at 782-4516.

The deadline for tickets is April 1, 2022. There will be Gift Raffles, Door Prizes and 50/50. Refreshments will be served. Masking optional.

**Ap. 6, Ap. 13**

LEWISTON -- 3:30PM, Lewiston Public Library, MAKE ART WITH ARTVAN ArtVan will be providing an in-person hands-on creative art program in the Children’s Department of the Lewiston Public Library for children ages 5-14 (ages 5-8 must be accompanied by an adult) for self-expression, personal growth, and fun. Free. All art supplies will be provided. 513-3133; [www.LPLonline.org](http://www.LPLonline.org)

**Starting Ap. 7 and every 1st and 3rd Thursday through June**

LEWISTON -- 1st & 3rd Thursdays from April-June, 4-6pm at the Lewiston Public Library: TEEN TABLETOP RPGS. Calling all adventurers and explorers! LPL Teen will be hosting a series of one-shot tabletop role-playing games, in person in the teen lounge on the 1st & 3rd Thursdays of the month from 4-6pm, from April-June. Supplies will be provided – just bring yourself and your creative mind! Each drop in session will feature a different one-

shot tabletop RPG, run by game master Hallie. No previous RPG experience is required. This program is intended for teens ages 13-19. For more information, contact the Adult & Teen Services department at 207-513-3135 or [lpreference@lewistonmaine.gov](mailto:lpreference@lewistonmaine.gov), or go to [lponline.org/events/teen-tabletop-rpgs/](http://lponline.org/events/teen-tabletop-rpgs/)

**Apr. 7, 8, 9, 10, 14, 15, 16, 17**

Community Little Theatre (CLT) presents Disaster!, a new musical comedy with hit songs from the 1970s and plot elements reminiscent of disaster cult films. Performances at 7:30 p.m. on April 7, 8, 9, 14, 15, and 16; and at 2:00 p.m. on April 10 and 17. Call 207-783-0958 or visit BOX OFFICE | laclt-1 for tickets and information. Please visit at <https://www.laclt.com/covid-19-protocols> for information on safety protocols.

**Ap. 9**

MINOT –9am – 1pm Craft and Bake Sale for Relief services for the People of Ukraine at Minot United Methodist Church, Corner of Rt 121 and Empire Rd, Minot, Maine. All proceeds go to the United Methodist Committee to provide relief services for the people of Ukraine. Handmade crafts and Homecooked Baked Items.

**Ap. 9**

GORHAM -- Spring Vendor/Craft Fair, White Rock Grange #380, 33 Wilson Road, Gorham. Saturday, April 9, 2022 9am -2pm

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**Ap. 9**

GORHAM -- 9am – 2pm Town Council FY 2022-23 Budget Workshop with Department Managers Council Chambers

**Ap. 12**

GORHAM -- 7pm Conservation Commission Meeting Conference Room A April 13 7pm School Committee Meeting Council Chambers

**Ap. 18**

GORHAM -- 6pm Planning Board Meeting Council Chambers

**Ap. 19**

GORHAM -- 8am Ordinance Committee Meeting Conference Room A

**Ap. 19**

GORHAM -- 6:30pm

Town Council Workshop Council Chambers

**Ap. 20**

GORHAM -- 8am Gorham Economic Development Corporation Meeting Conference Room A

**Ap. 21**

GORHAM -- 4pm Ecomaine Board of Directors Meeting TBD

**Ap. 21**

GORHAM -- 6:30pm Tentative Recurring Board of Appeals Meeting Council Chambers

**Ap. 21**

GORHAM -- 6:30pm Tentative Recurring CIP Meeting TBD May 2 7pm Planning Board Meeting Council Chambers

**May 3**

GORHAM -- 6:30pm Regular Town Council Meeting Council Chambers

**May 10**

GORHAM -- 6:30pm Town Council FY 2022-23 Budget Workshop with School Department Council Chambers

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### WANTED: PEOPLE WANTED WITH NEW IDEAS AND COMMITMENT

The Grange located in Gorham at 33 Wilson Rd. (off rte 237) is inviting you to join us at any meeting the first Friday of the month at 7 PM.

Folks willing to put their generous hearts and open hands to raise all of their neighbors and community is the goal of the Grange since 1876. The Grange is an inclusive nonprofit organization. Local activities include but not be restricted to crafts, music, suppers, display at the Cumberland fair and quilts for veterans. Our agenda and focus is at the local level determined by the members themselves. The historical Grange Hall is the perfect building and location for doing any craft. Handicapped accessible, heat, hot water, and full kitchen.

Dues are \$26 per year.

Facebook /Gorham White Rock Grange #380 Web/ [mainestategrange.org](http://mainestategrange.org) The White Rock is called Subordinate grange. Use right column to locate.

Ph/ 207-839-3946 leave a message.



**Please Join Us!**

## Collins, King Announce Over \$9 Million to Bolster Health Care

WASHINGTON, D.C. (March 25, 2022) – U.S. Senators Susan Collins and Angus King announced that seven organizations in the State of Maine have received a total of \$9,031,836 to strengthen health care services. This funding was awarded through the U.S. Department of Health and Human Services’ (HHS) Health Resources and Services Administration’s (HRSA) Health Center Cluster Program.

“Access to affordable care is key to protecting the health and well-being of Mainers, particularly amid the ongoing pandemic,” said Senators Collins and King in a joint statement. “We welcome this funding to support health centers across the state as they work to serve members of the local community. We will continue to advocate for necessary resources to help Mainers

stay healthy through this public health emergency and beyond.”

The funding will be allocated as follows: York County Community Action Corporation will receive \$1,412,498; Eastport Health Care Inc. will receive \$1,044,250; Maine Mobile Health Program Inc. will receive \$1,173,651; Fish River Rural Health will receive \$1,525,550; St. Croix Regional Family Health Center will receive \$1,022,816; D.F.D. Russell Medical Center Inc. will receive \$1,154,242; and Bucksport Regional Health Center will receive \$1,698,829.

The health centers will use the funding to continue to assure access to comprehensive, culturally competent, high-quality primary health care services. The program targets the economic and medically vulnerable as well as the geographically isolated.

# Classified Ads

## AUTOMOBILE STORAGE

### Seeking Classic Car Storage

Got unused garage bay? I'm looking for year-round storage for a classic car. My preference is a location near the center of Gorham. Please text or leave a message: 207 415-2463.

## BURIAL PLOTS

**Gracelawn Burial Plots**  
Two burial plots at Gracelawn Memorial Cemetery, Auburn. Perpetual care. Room for 2 caskets or 4 urns. Gracelawn's price \$1,700. Our price \$1,400. Plots sold together. Plots can be exchanged for any 2 available plots in cemetery. Call 751-1429, 776-8453

## BUSINESSES FOR SALE

**Working small engine/ outdoor Power equipment business.**  
Parts inventory B&S, Kohler, Tecumseh, MTD, Ariens, Toro and more. Special tools and equipment. Good opportunity to expand or add to your business. Call Glen 207-655-4635 daytime for more information.

## CARPENTRY

Morse Carpentry ESTD 1977 Remodeling and New Builds, Jobs big and small, we do them all!  
(207) 210-2295 Office  
(207) 838-9703 Cell.

## CLEANERS

CC Island Cleaning Company. Seasonal, Air B&B, homes. Cleaning with care. Call for a quote. Denise (207) 420-4952.

## ESTATE SALE

**Estate - Garage**  
Safe environment - one seller with mask and gloves. By appointment only. One to two people. We maintain ten feet apart. Two bedroom sets,

double and queen - wicker 5 pieces - Bench with microfiber cushion. Two living room chairs. All plus more. All priced low for quick sale. (207) 883-0808

## FOR SALE

Wood boiler - Must go! \$2,500.  
Alternate heating carbon steel wood boiler. Purchased in 1996 for \$6,800. New door seal, bricks, blanket, and silicone card bead. Includes cycle timer and plumb fittings. 1,400#. Model E100 wood gun. Can be lifted directly into your trailer. GORHAM. (207) 222-2755.

## HAIR SERVICES

Hair at Home! Can't get out to the hair salon? We'll come to you anywhere in the L/A area! We offer services in the privacy of your own home. Great rates.  
Excellent service. Call cell phone 754-9805 or 782-1271.

## HEALTH & FITNESS

**DO YOU HAVE CHRONIC KNEE OR BACK PAIN?**  
If you have insurance, you may qualify for the perfect brace at little to no cost. Get yours today! Call 1-800-217-0504.

## I WOULD LIKE TO BUY YOUR HOME

I purchase in any condition, AS-IS. I can close in as little as 21 days. Not a realtor. No realtor fees and I pay all typical closing costs. Call for a hassle-free, all cash offer. Ben 207-200-6071.

## MEDICAL EQUIPMENT

207-375-4627  
Aluminum walkers 2 wheels folds \$20 each. 1-3-wheel walker folds \$60.  
2 wheelchairs \$75 each. 1 Transport chair new \$100.

Extra wide walker 4 wheels seat, hand brakes, and basket \$100. Several canes @ \$10 each.

## PAINTING

Stepladder Enterprise Painting Co.  
Interior & Exterior.  
Drywall repair, paint and wallpaper. Pressure washing. Insured. 20+ years in business 207-786-9849.

## SENIORS

**In Home Care**  
Visiting Angels - non-medical assistance living. Serving Lewiston/Auburn and surrounding areas. Providing light housekeeping, meal prep, personal care, errands/outings. Call for FREE in-home consultation. (207) 740-9100.

**LEWISTON SENIOR CITIZENS TRIPS FOR 2022 WASHINGTON, D.C. -**

APRIL 7 - 13, 2022 Trip includes 7 days and 6 nights - 10 meals - Two guided tours of Washington, D.C. memorials. Evening guided tour of Memorials and Monuments. Admission to New Bible Museum. Tram ride through Arlington National Cemetery and so much more. Price is \$749.00 per person double occupancy with a \$75.00 due upon signing.

**NASHVILLE SHOW TRIP - JUNE 11-19, 2022** Trip includes 9 days and 8 nights - 14 meals - Grand Ole Opry Show - Nashville Nightlife Dinner Theater - Guided tours of Nashville and Belle Meade Historic Site & Winery. Admission to the Grand Ole Opry behind the Scenes Tour. Price is \$1,025. per person double occupancy with a \$75.00 deposit due upon signing.  
**MACKINAC IS-**

**LAND - SEPTEMBER 10 - 18, 2022** Trip includes 9 days and 8 nights - 14 meals - Guided tour of Mackinaw City - Visit to Mackinaw City. Visit to Mackinac Island including a guided Carriage Tour. Boat ride through the Soo Locks and free time and sightseeing in Sault Sainte Marie. Admission to Colonial Michillmackinac. Price is \$899.00 per person double occupancy with a \$75.00 deposit due upon signing.

**WHITE MOUNTAIN HOTEL AND RESORT - DECEMBER 4 & 5, 2022** - Trip includes 1 night lodging - 3 meals (Grand Sunday Brunch) - 2 different entertainment shows, Austrian Sleigh Ride through Jackson Village, Chocolate Tour, shopping and much more. \$100.00 deposit due upon signing. Total price not available at this time. For questions and detailed information

on these trips, please call: Claire - 207-784-0302 or Cindy- 207- 345-9569.

## WOOD

### Firewood

16 inch cut and split dry hardwood. Three pallets \$375 - approximately one cord. Six pallets \$600 - approximately two cords. Free kindling. Dun Roamin Tree Farm LLC, 75 Dyer Road, Lewiston. Call Ed (207) 577-5878.

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## Classified Ads

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**HEADLINE:** \_\_\_\_\_

**AD INFO:** \_\_\_\_\_

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**NUMBER OF WEEKS TO RUN:** \_\_\_\_\_

### Superintendent

*Continued from page 3*  
needing this additional summer learning “boost”.  
Through the 2021-22 school year & additional summer programming we will have expended approximately \$1.4 million of the total allocation, leaving us approximately \$350,000.00 to work with for FY 23. We are building plans on how best to utilize this funding to support our students now as we work on our comprehensive FY 23 Budget Development process.

This overview demonstrates that we have indeed utilized these funds and utilized them well to support our children in Gorham. There is some “press” out there saying schools haven’t used these funds, or that they have been “sitting on these funds” and I want you to know that is most definitely NOT the case in Gorham. I hope you can see from the summary above that we have found numerous ways to utilize these funds to best support our schools and the students we serve with the primary focus of providing required capacity and support to keep our schools fully operational throughout the course of this pandemic, providing much needed services to our children and families even during the most difficult of times.

Please do not hesitate to reach out if you have any follow up questions via email ([heather.perry@gorhamschools.org](mailto:heather.perry@gorhamschools.org)).

#### LITTLE RAMS UPDATE

I’ve mentioned this work a few times in past blogs, but I wanted to take a quick moment to provide

an update to the community on where this work is and where we are headed.

First, a reminder - what is this work?

The Little Rams Early Childhood Project is a powerful partnership of schools, child care programs, educators, parents, businesses, and local organizations and leaders. We engage the community in prioritizing our youngest Gorham children with a focus on early learning, nurturing care, and healthy development ages birth - age 5. Our vision is that all children and families in Gorham have access to quality early learning experiences that promote healthy development and school/community readiness. We are working to develop a written early childhood vision report for the community of Gorham. This report will include (but not be limited to):

A Vision for early childhood learning (birth - 5) for Gorham

An Assessment of current community assets to build towards actualizing this vision.

An Assessment of current community gaps in actualizing this vision.

Creation of draft priority action steps and approximate timelines for work needed to make the early childhood learning vision a reality in Gorham.

The group has been meeting since fall of 2021 on a monthly basis. I wanted to provide folks with a cliff notes version of the work that has been done and where we are going:

Work Completed:  
- Established group vision, mission and deliver-

ables  
- Brainstormed potential goals

- Done a deep dive into state and local data to better understand existing conditions

- Conducted an initial parent survey

- Identified existing and potential challenges and barriers as well as opportunities

- Learned about Maine Department of Education Public PreK programs

- Learned about the importance of Play

- Learned about DHHS requirements for early care

- Learned about Kindergarten requirements

- Learned about CDS Part C and Part B services & how these transition into public schools

- Brainstormed focus areas for our written plan

- Researched templates of other community plans

Work Left To Do (and approx. timeline):

- Begin drafting initial plan (now - June, 2022)

- Conduct follow up parent/community Thought Exchange (April/May, 2022)

- Finalize plan (Summer, 2022)

- Prepare to present plan to TC and SC (early fall, 2022)

- Prepare to present plan to public/community (early fall, 2022)

Exciting work no doubt...and IMPORTANT WORK. Please stay tuned!

GATY SPONSORED FREE PARENT WORKSHOP

The Gorham Action Team for Youth (GATY), in collaboration with The Opportunity Alliance will be sponsoring two evenings of

learning for Gorham Parents/Guardians. One night is geared towards MS/HS level and the other is geared more towards K-5 level. The topic is on “Parenting Strategies For Modern Challenge” - a timely topic indeed! This looks to be an incredible learning opportunity! Hope to see you there!

#### GORHAM HIGH SCHOOL INTERACT CLUB: UPCOMING RELAY FOR LIFE EVENT

Please see the message and links below from Neile Nelson, GHS teacher and Interact Club advisor ...

*Hi Friends / Family / Staff*

*The Gorham High School Interact Club is doing a satellite RELAY FOR LIFE event of our own on Sunday, May 1st at the Gorham High School Track, under the umbrella of the Relay for Life of Greater Portland. Our club currently has approximately 155 members involved and we are hoping to have 100% participation throughout the day. We will be walking/running the Gorham High School track from 7:00AM until 7:00PM. Our members and I are actively trying to solicit donations on behalf of our team - GHS Interact Club. The donations help raise money and awareness for the American Cancer Society directly. Please consider a donation to this worthwhile cause*

*on behalf of the American Cancer Society. Our club is hoping for 100% participation in the event and we are shooting to exceed our donations from last year. We have set a club goal of raising over \$6,000. Please help and donate if you can, and also feel free to share this email with anyone!!!*

*If any of you are interested in joining us for a bit walking or running, please do so at any point throughout the day. We will also be having a Luminary Lap and Survivor Lap at roughly 6:00PM, if you would like to come and watch those events. Our club members will be decorating luminary bags in honor of friends, family members, neighbors, who have been affected by cancer in some way. We will place these bags around the GHS track at 6:00 that evening. In addition to that, we are inviting family, friends, neighbors and members of our community to join us in supporting our “Survivor” lap to support and honor those who have been directly affected by this disease. That will be taking place between 6 and 7 PM as well.*

*With one in three people expected to experience cancer in their lifetime, it’s likely we all know someone who’s been affected by the disease — friends, loved ones, maybe even yourself.*

*Our club is partic-*

*ipating in this year’s Relay For Life to help the American Cancer Society change all that. Please donate to our fundraising page, so we can continue to see fewer people diagnosed, and more people surviving cancer. Give what you can. Every gift — large and small — makes a big difference.*

*Sincerely, Neile Nelson -- Math Teacher -- Interact Club Advisor -- Gorham High School*

#### A CLOSING MESSAGE - TWO VIDEOS!

It has been a while since my last video message, so I thought it would be great to share a quick closing message of optimism and renewal via video. Please see the link below to view - I PROMISE IT IS BRIEF!

<https://youtu.be/OEew8sB1sxI>

In my message, I encouraged you to also watch the brief video below. DEFINITELY WORTH THE WATCH and BOY! DOES IT EVER HELP US TO BETTER UNDERSTAND WHY WE DO WHAT WE DO EACH DAY FOR OUR CHILDREN AND COMMUNITY!

Unified Bball Video Link:

<https://vimeo.com/687699046/2086a91197>

So Proud to be a Gorham Ram! Enjoy Spring starting on Monday!

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