

Good News ^{MANCHESTER}

MAY 2022

Veterans of
Foreign Wars:
the fragrance
of freedom



From a breakfast
conversation to a
charity organization

Selfless

shining a light on Manchester's best

Meet Sandy and Sherri McKelvy, Nancy Simpson, & Dr. Aaron Carmean

Get moving again.

ORTHOPAEDICS *and* SPORTS MEDICINE

For any type of bone and joint sprain, strain or fracture, the team at Vanderbilt Integrated Orthopaedics and Sports Medicine is ready to help you make the move to pain-free living. We diagnose and treat a comprehensive range of orthopaedic conditions using the very latest surgical and non-surgical methods.

Our board-certified providers, Dr. Collin Bills and FNP Stephen Thomas, are accepting new patients. **For an appointment, please call 931-461-4521.**

Vanderbilt Integrated Orthopaedics and Sports Medicine

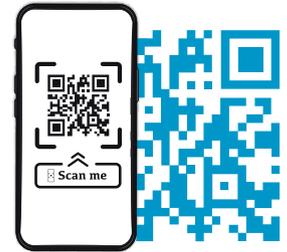
Jackson Medical Plaza
1805 North Jackson Street, Suite 300
Tullahoma, TN 37388

VANDERBILT  HEALTH

VanderbiltTullahomaHartonHospital.com

 / [VanderbiltTullahomaHartonHospital](https://www.facebook.com/VanderbiltTullahomaHartonHospital)

One Click Best Price If Anyone Can, Stan Can



NEW Chevys



NEW Jeeps



Pre-Owned



**Over 300 Pre-Owned Vehicles Available to View at
www.stanmcnabbchevy.com and www.stanmcnabbcdj.com!**

CALL US TODAY!

Chevrolet Buick GMC • 931-325-0025

Chrysler Dodge Jeep Ram • 931-928-1800



Due to ad deadline some vehicles may have sold. All prices plus tax, title & license includes \$499 processing fee

Your Local
Hometown Bank
Helping Your Dreams
Come True



Local Partners, Personal Solutions.

www.firstvisionbank.com



Tullahoma Office
1401 North Jackson St.
Tullahoma, TN 37388
(931) 454-0500

Franklin County Office
2165 Decherd Blvd.
Decherd, TN 37324
(931) 968-0065

Manchester Office
2134 Hillsboro Blvd.
Manchester, TN 37355
(931) 723-3224

Murfreesboro Office
372 West Northfield Blvd.
Murfreesboro, TN 37129
(615) 494-5950



SPRING INTO YOUR NEW HOME!

Butter Cups & Daisies SALES EVENT

NOW THROUGH MAY 18TH!

LOWE'S

Gift Card

SELECT MODELS

OR



SELECT MODELS

**MEADOWS
HOMES**

McMinnville

4651 Manchester Hwy. McMinnville, TN • (931) 668-7300



Sir Pizza of Shelbyville

1731 N. Main Street, Shelbyville, TN 37160
931-735-6379

Sir Pizza of Manchester

177 Relco Dr. Manchester TN 37355
931-954-5395

like us on facebook

Sunday Special - buy 5 wings, get 5 half price

Monday Special - free breadsticks with purchase of any large pizza

Tuesday Special - BOGO free pizza - dine in only | BOGO half off pizza - carry out only

Lunch Special - 1 topping 8" pizza for \$5.99 from 11am-2pm weekdays

APPETIZERS

BREAD STICKS

10 seasoned sticks topped with parmesan cheese and served with marinara sauce

GARLIC CHEESE TOAST

6 pieces of toasted garlic bread loaded with blend cheese. Served with marinara sauce

STUFFED BREAD STICKS (3) OR (5)

mozzarella stuffed bread sticks served with marinara sauce

KNIGHTS BITES

Pretzel bites topped with salt and served with our favorite cheese dip

CHEESE FINGERS (SMALL) OR (LARGE)

crust brushed with Italian seasoning, loaded with blend cheese, cut into finger slices and served with marinara sauce

KNIGHTS KNOTS

Individual twisted garlic bread knots served with our marinara or spaghetti sauce

SPECIALTY PIZZA

ROYAL FEAST

AVAILABLE IN 8" 12" 14"

pepperoni, mushrooms, onions, green peppers, and our original sausage

KING'S FEAST

Baked ham, pepperoni, our original sausage, bacon, and beef

QUEEN'S FEAST

Mushrooms, black olives, green olives, green peppers, and onions

FARMER'S ALMANAC

Baked ham, pepperoni, mushrooms, green peppers, onions, our original sausage, beef, black olives, green olives, (jalapenos and anchovies available upon request)

BBQ BACON

Double cheese, BBQ sauce, beef, bacon, provolone cheese, and cheddar cheese

GARDEN FEAST

Ranch dressing base with mushrooms, tomatoes, and broccoli

PRINCESS FEAST

Ranch dressing base, chicken, pineapple, tomatoes, and banana peppers

TN HOT CHICKEN PIZZA

Boneless wings tossed in our sir sizzle sauce, chopped pickles, and jalapenos topped with a ranch drizzle

THE DUCHESS OF SHELBYVILLE

Chicken sausage, diced tomatoes, mushrooms, sliced pepperoncini with our pesto sauce

CREATE YOUR OWN

Sauces: Signature Tomato Sauce, Sir Que, Ranch Dressing, Pesto Basil, Italian Garlic Butter

Toppings: Baked Ham, Sir Pizza Beef, Sir Pizza Sausage, Bacon, Pepperoni, Garlic Roasted Chicken, Mushrooms, Green Peppers, Onions, Black Olives, Green Olives, Banana Peppers, Pineapple, Tomatoes, Jalapenos, Anchovies, Sliced Pepperoncini, Salami

AVAILABLE IN 8" 12" 14"

**Take advantage of our 2 for 1 draft beer
ALL DAY - EVERYDAY**

SALADS

Signature Bleu Cheese | Ranch | Italian | Honey Mustard | French | Thousand Island

HAM, CHICKEN, OR TURKEY CHEF SALAD

Your choice of ham, chicken or turkey. Lettuce, tomato, ham, eggs, provolone cheese, cheddar cheese, bacon bits, cucumbers, and croutons

DINNER SALAD

Lettuce, tomato, cheddar cheese, bacon bits, cucumbers, and croutons

KINGS WINGS

Sir Meek & Mild | Sir Medieval | Sir Sizzle | Dragon's Breath | Sir Que | Sir Tso | Jala-mango | Moonshine BBQ | Hot BBQ | Italian Garlic Parmesan

TRADITIONAL OR BONELESS - AVAILABLE IN 5, 10, 15, OR 20 CT

OVEN TOASTED SUBS

served hot on toasted hoagies *Sandwich Prices Include* Lay's® Classic Potato Chips, Pickle Spear, and your choice of cheese, lettuce, tomato, mayo, or mustard

BAKED HAM, CHICKEN, ROAST BEEF, OR TURKEY SUB

Choose from Provolone, Cheddar, Swiss, or blended cheese

MEATBALL

Meatballs covered in marinara sauce. Choose from Provolone, Cheddar, Swiss, or blended cheese

POTATO WEDGES

Add potato wedges to any sandwich

SOUP & SALAD OR SOUP & SUB COMBO

Sir Italian Noodle Soup, White Chicken Chili, or Sausage Lentil Soup

THICK HEARTY PASTA

All dinners include salad, pasta, and garlic bread. Choose from one of our signature sauces:

Spaghetti Sauce | Marinara Sauce | Alfredo | Pesto Basil

LARGE, REGULAR, OR CHILD'S SPAGHETTI

LASAGNA

RAVIOLI (CHEESE OR MEAT)

STUFF YOUR OWN CALZONE

Includes 3 toppings of your choice filled with our spiced blend cheese and served with marinara sauce



CONTENTS

Letter from the Editor: 10
Selfless

GOOD NEWS

Harvest Local Foods 14
Building a community one conversation at a time.

Tennessee College of Applied Technology moves locations 18
Expected to have permanent building soon

Coffee County Central High School's Renaissance program 22
Positive relationships between students, teachers, and administrators

Coffee County continues to grow 24
Census data shows continual growth in Manchester and Coffee County.

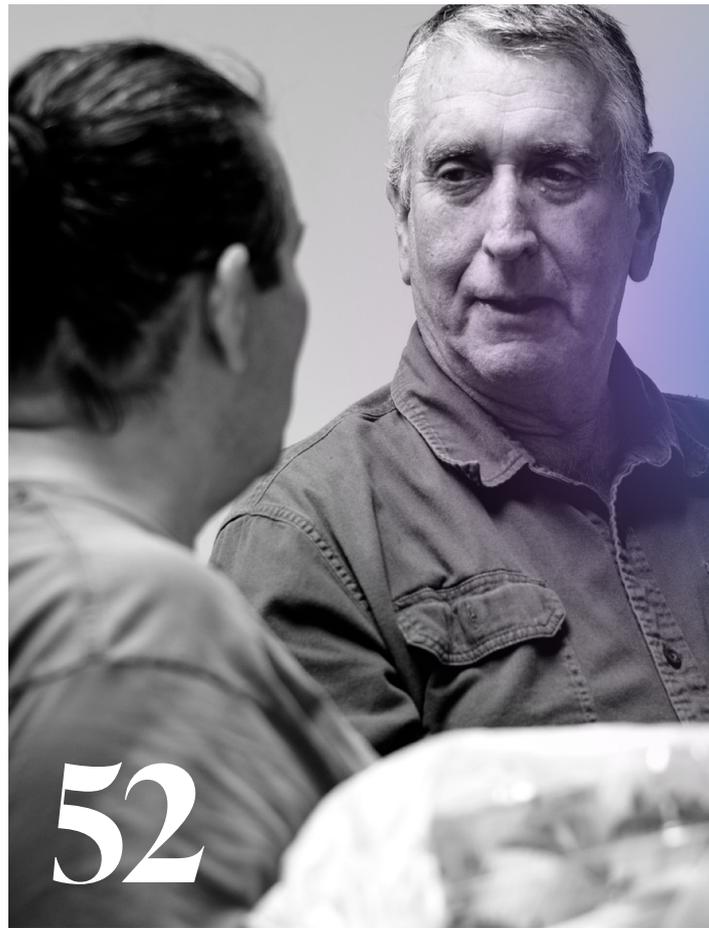
Basketball state tournament for the first time 26
Red Raider athletes excel both on and off the court.

GOOD LIVING

The fragrance of freedom 32
Veterans of Foreign Wars continue service to the community

Small town, big soul 36
Manchester is more than just a festival town.

From a breakfast conversation to a charity organization 40
Sportsmen & Businessmen's Charitable Organization blesses Coffee County.



46 Do bunnies lay eggs?
Easter traditions gather more than eggs.

48 In the spirit of selflessness
Stories of local people who are putting others before themselves.

52 Feeding the body, soul, and mind
Oakley Ministry Center feeds the Manchester community.

56 Helping local women
Nancy Simpson shares love

60 Restoring hope, one smile at a time
Dr. Aaron Carmean, DDS

66 Sunday Best isn't all about clothing.
Prepare a mouth-watering Easter Sunday dinner.

68 Faith: When empty is full
Remembering Mary Magdalene's encounter with Jesus at the tomb.

GOOD TIMES

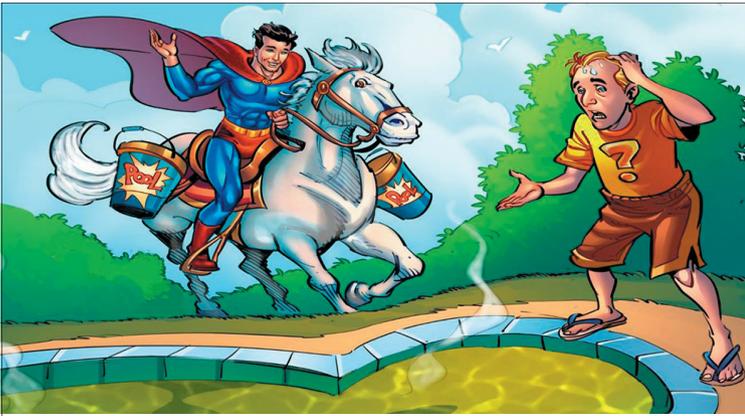
72 The Manchester Chamber Gala
Moving Manchester forward one connection at a time.

76 Community Events

80 Event Calendar

82 Advertiser Index





Don't be like this guy! Let us solve the problem for you!



**In Ground
Pool Installation**

Other Services

- Maintenance Contracts
- Spa Repairs
- Pool Equipment
- Installs & Repairs
- Big Green Egg
- Pool & Spa Accessories

**Spas Starting
at \$1899**



Call or come see us 931-728-6414
857 McArthur St., Manchester, TN
clearwatermanchester.com

We'll help open the door to your future

home



Stop by and see one of our experienced Realtors, and let us show you what makes us **different!**



Weichert Real Estate Affiliates, Inc. Awards Banquet at the Omni Hotel in Nashville. Congratulations to all of our Award Winners!

Weichert
REALTORS®

Joe Orr
& Associates

Independently Owned and Operated

Visit our website to view all of our latest listings!

www.weichertjoeorr.com

309 S. Jackson Street Tullahoma, TN 37388

Office - 931-455-0555



**Adult & Pediatric Dermatology
Skin Solutions**

Dermatology care you can trust!



**Take Care of
Your Skin**

Ashley Messick-Hite
Certified Physician Assistant
*Supervised by a Board-Certified
Dermatologist*

151 Ledford Mill Rd. • Tullahoma, TN 37388

(931) 800-6400

apdskinsolutions.com

SUMMER IS COMING FOR YOU!



OVERNIGHT & DAY CAMPS

AT THE WEBB SCHOOL
BELL BUCKLE, TN

Register today! Spaces fill quickly!
THEWEBBSCHOOL.COM/SUMMER



Bus service available from
Murfreesboro and Tullahoma

POTTERY • STEM • SPORTS • OUTDOOR ADVENTURES • GAMES



Meet Kyndall Reasonover

I'm your local advertising representative. I'll help
you use Good News to grow your business.

Call me at (931) 952-0303.

Good News MANCHESTER

Hungry?

Appetizers

Loaded Fries - \$8⁹⁹

Cheese, Bacon, Sour Cream and In House Jalapeno Sauce

Fried Green Tomatoes - \$8⁹⁹

Fried Green Tomatoes, pimento cheese and Habanero Jam

Sandwiches

Served with french fries or fried waffle potato chips

Chicken Salad Sandwich - \$8⁹⁹

Our house made chicken salad with grapes, apples, pecans and celery, on sourdough

Hamburger - \$7⁹⁹ • Cheeseburger - \$8⁴⁹

Add lettuce, tomato, onions, mayo, pickle, mustard. Bacon or pimento add .50 cents.

Fried Fish Fillet - \$8⁹⁹

Our traditional fried fish with tarter sauce and cole slaw.

Salads

Oriental Chicken Salad - \$9⁹⁹

Mixed greens topped with cabbage mix, mandarin oranges, toasted noodles, almonds, friend chicken tenders and our mercantile dressing.

Garden Salad - \$7⁹⁹

Mixed greens with cucumbers, tomatoes, cheddar cheese, and a boiled egg.

Entrees

Served with your choice of 2 sides

Fried Fish - \$12⁹⁹

Hand battered white fish fillets, hushpuppies and homemade tartar sauce

Fried Pork Cutlets - \$14⁹⁹

with country gravy

Blackened Fish Fillet - \$14⁹⁹

2 fillets served over rice

Chicken Tender Plate - \$12⁹⁹



Café, Bakery & Gift Shop

Wed. & Thurs.: 11:00 AM - 8:00 PM

Fri. & Sat.: 11:00 AM - 8:30 PM

Sunday: 11:00 AM - 2:00 PM

Lunch 11:00 AM - 2:00 PM

Dinner 5:00 PM - 8:00 PM



Menu is subject to change. Hot bar at night changes daily.

210 N. Irwin St., Manchester, TN • (931) 723-2491

LETTER FROM THE EDITOR

Selfless

Instinctual sacrifice for a better world

THE MERRIAM-WEBSTER dictionary defines the word selfless as “someone who has no concern for self, or unselfish.” As the world keeps turning, it may feel like selfless people are few and far between. It can be rewarding to fight with your elbows in a dog-eat-dog world where unapologetic selfishness gets you to the top. Just because a certain type of behavior is more visible and more noticeable doesn’t mean that all hope is lost. In fact, there is so much more to celebrate.

In this issue, I can’t help but think of dolphins going out of their way to help each other. They watch out for other dolphins... and they watch out for other species as well. As reported in the Stanford Encyclopedia of Philosophy, a wide variety of animals have shown something called ‘altruistic behavior.’ Altruistic behavior basically means animals in the wild—even when it could be dangerous—go out of their way to help other animals.

Stanford’s text reads, “Altruistic behavior is common throughout the animal kingdom, particularly in species with complex social structures. For example, vampire bats regularly regurgitate blood and donate it to other members of their group who have failed to feed that night, ensuring they do not starve” (2003).

That selfless behavior is not a learned behavior. It’s something instilled in them from birth, just like an instinct. Why would it be instilled in species of animals across the globe and skip humans? I believe — even in the darkest of times — that we humans also have a natural instinct for altruistic behavior. There are people who are just simply... good. Just because that’s who they are.

For this issue of Good News, I want to highlight people in our community who show selfless behavior. Even when we don’t notice it, we’re surrounded by people who would sacrifice if it meant that we got to live a better life.

To those selfless people, those we write stories about and those we don’t, we thank you. **-GN**



Wesley Bryant
Wesley Bryant,
MANAGING EDITOR

Tell us about your experience!



Share Good News Magazine with someone you know!



Visit goodnewsmags.com and sign up for free! We'll mail it straight to you once a month at absolutely no cost.

Good News MANCHESTER

PUBLISHER Will Thomas

DIRECTOR OF MAGAZINES Katie McNabb

CREATIVE DIRECTOR Chase Perryman

ART DIRECTOR Will Kelly

MANAGING EDITOR Wesley Bryant

LAYOUT ARTISTS Brianna Brubaker, Melissa Davis

PHOTOGRAPHERS Brooke Snyder, Ashleigh Newnes

CONTRIBUTING WRITERS Tina Neeley, Julia Eads, Sara McClaran,
Kali Bates Jeriah Brumfield, Gabriel Huff

PROOFREADER Michelle Harwell

ART PRODUCTION MANAGER Todd Pitts

PRINT AD DESIGNER Ben Adams

BUSINESS DEVELOPMENT Lorri Allen, Tim Ashley, Taylor Bagby,
Faith Cashion, Janet Mullins, Kyndall Reasonover,
Sissy Smith, Sandra Thomas

Subscribe to Good News on www.GoodNewsMags.com
or call (800) 247-7318

BEST WEBSITES TEAM LEADER Misty Zimmerman

DIGITAL ASSISTANTS Ginger Jones, Marisa Thornton

NATIONAL ACCOUNTS EXECUTIVE Bob Barger

HUMAN RESOURCES Tracey Pollock

CUSTOMER SERVICE Shelli Fuller, Barb Hargrove, Tim Weir

DISTRIBUTION Cameron Dangerfield, Steve Seiler

LEAD UX DESIGNER Clinton George

WEBSITE DESIGNER Crystal Melhaff

JR. WEBSITE DESIGNER Beth Anne Ratliff

CONTENT STRATEGIST Shelby Dias

GOOD NEWS IS PUBLISHED BY Exchange Media Group, Inc.

FOUNDER Bill Thomas (1940-2010)

P.O. Box 490, Fayetteville, TN 37334
(800) 247-7318 | exchange-inc.com

Art work or other copy submitted for publication is considered to be the property of the advertiser. Advertising is accepted with the understanding that all liability for copyright violation is the sole responsibility of the advertiser. Exchange Media Group will make every effort to see that advertising copy is correctly printed, but shall not be liable for failure to publish an ad or for typographical errors. The advertiser assumes full liability for his/her advertisements and agrees to hold Exchange Media Group unaccountable for the content of all advertisements authorized for publication and any claims that may be made against the Exchange Media Group. Exchange Media Group will gladly reprint, without charge, that part of an advertisement in which an error occurs, provided a claim is made within three (3) days of the first publication of the ad. Exchange Media Group will not knowingly accept any advertisement that is defamatory, promotes academic dishonesty, violates any federal, state or local laws or encourages discrimination against any individual or group on the basis of race, sex, sexual orientation, color, creed, religion, national origin or disability. Exchange Media Group reserves the right to reject ads considered distasteful or defamatory. All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination. Exchange Media Group will not knowingly accept any advertisement for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

© 2022 Exchange Media Group, Inc. All Rights Reserved.

CITIZENS TRI-COUNTY BANK

2022 COULD BE YOUR YEAR FOR A NEW HOME!

For a limited time only, Citizens
Tri-County Bank has been selected to
be a lender offering the Welcome Home
Program grant funding for 2022.



Thinking about purchasing a home? The Welcome Home Program offers grants up to \$5,000 for closing costs and down payment assistance for low and moderate income homebuyers.

- Homebuyers must contribute at least \$500 of their own funds towards down payment and/or closing costs.
- Homebuyers do not have to be first-time homebuyers; however, all first-time homebuyers are required to complete a homeownership counseling program.
- Funds are distributed on a prequalification basis. Available now until funds are depleted.



Contact me for details
on purchasing your
dream home.

Jennifer Rodgers
NMLS# 463217
jrogers@ctcbonline.com
Decherd Office
931-968-3282



**CITIZENS
TRI-COUNTY
BANK**

DECHERD • 2030 Decherd Blvd. • 931-968-3282



www.citizenstricounty.com



The Welcome Home Program (WHP) funds are for reasonable down payment and closing costs incurred in conjunction with the acquisition or construction of owner-occupied housing located only in Tennessee by low- and moderate-income homebuyers. The funds are limited to \$7,500 for homebuyers who are honorably discharged veterans or active duty military personnel and \$5,000 for all other homebuyers. Homebuyers must contribute at least \$500 of their own funds towards down payment and/or closing costs. WHP funds are subject to a five-year retention in which repayment of all or a portion of the funds may be required if the home is sold or refinanced within five years from loan closing. Monthly payment will also include an escrow account to pay annual real estate taxes and insurance premiums. A pre-qualification is not an approval or commitment to lend but includes a preliminary determination on whether potential applicant(s) would likely qualify for credit based on information provided to us or authorized by the potential applicant(s) for us to review, as well as a review if the potential applicant or application qualifies for the WHP. An approval or commitment to lend can only occur after a comprehensive analysis of creditworthiness is made. This letter analysis could include, but not limited to, a formal residential mortgage application with identification of a suitable property, recent credit report, employment verification, income verification, downpayment verification if applicable, and an acceptable appraisal, marketable title, and proof of satisfactory insurance coverage. Funds are available on a first-come first-serve basis, when a formal loan application is received on or after March 1, 2022, in which a written sales contract has been executed and provided to us. The total income for all occupants must be at or below 80% of the Mortgage Revenue Bond limit for the county and state where the property is located (we can provide this information upon request). The interest rate will not be known at the time of pre-qualification and will be based on factors relating to the loan request during the formal application process. As WHP funds are utilized, the depletion of available WHP funds occurring after March 1, 2022, may occur without further notice.

THE ONLY COMMUNITY BANK YOU'LL EVER NEED!



GOOD NEWS

There is enough bad news out there. Good News is hearing about your neighbor's successes. It's listening to your five-year-old niece tell a story that seems to go on forever; she stumbles over her words, but it's worth listening to. Good News is everywhere. It's in our community; it's in our homes; it's in our future.

GOOD NEWS STAYS ALIVE AS LONG AS WE SHARE IT.





Harvest Local Foods: building a community one conversation at a time

The harvesting of local produce lays the foundation for a community hub.

By Sara McClaran // Photos submitted by Ellen Fletcher

“When you come in here it’s a market, but there’s two long tables in the center of the room, and it’s community-style eating. It’s a community hub.”

-Ellen Briggs,
Harvest Local Foods

FOR NEARLY 10 years, the owner and manager of Harvest Local Foods, lifelong Manchester resident Ellen Briggs, has been creating relationships with farmers, vendors, and customers. Before it became a storefront at the end of 2017, Harvest Local Foods was a market on the courthouse lawn. Now it is a local grocery store, popular for community events, Taco Tuesdays, and fresh, local produce.

“When you come in here it’s a market, but there’s two long tables in the center of the room, and it’s community-style eating,” Briggs said. “It’s a community hub.”

One of the commitments Harvest Local Foods has made is to support small, independent, conscious-minded businesses. “It focuses on seasonal produce,” said Briggs, “none of which comes further than a 60-mile radius of Manchester.”

“Local of course is number one, and then if we can’t get it super local then

we focus on small and independent,” Briggs said. “We pay attention to how the businesses are run themselves.”

Harvest Local Foods doesn’t just provide food to the community, it hosts regular events like the St. Patrick’s Day 5K Fun Run and Dinner or the Chili Cook-off fundraiser, in November, to raise money for community needs. Briggs said the events usually involve some aspect of giving back to the community.

All of this started because there was a need that Briggs felt she could fill. Briggs was raised in her family’s retail paint business and has a degree in agriculture, so a place like Harvest Local Foods was a perfect fit.

“There was something that wasn’t here that was centered around agriculture, music, family, and, you know, just community,” Briggs said. “Something missing that was a little different, and maybe a little unorthodox.”



Briggs said a lot of it came down to timing – there has been a shift around the United States, and people are wanting to get back to their roots.

“I think a lot of the small downtowns in the United States kind of died out, you know, in my childhood” Briggs said. “I think people started taking notice that, that heritage was kind of dead.”

As part of the Historic Zoning Commission, Briggs has been heavily involved in the heritage of Manchester, particularly the square. She isn't the only one involved, however. Briggs said that the changes in the square have been brought about by a group of people who have seen needs and filled them. Harvest Local Foods is no different, Briggs said; it couldn't be what it is today without the support of the Manchester community.

“There's no way I could ever do... anything [that] I do without their support and the support of my family and friends,” Briggs said. “They're at the core of this business.” -GN

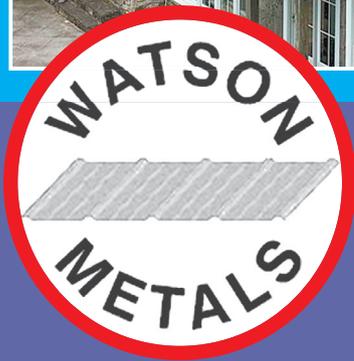
Need a roof? We've got you covered.



- Metal Roofing • Metal Buildings
- Post Frame Buildings • Custom Trim • And More!

WHAT WE CARRY

- Tuff Rib Panel
- PBR Panel
- Watson Wave Panel
- 5V Panel
- Corrugated Panel
- Standing Seam Panels in 1", 1.5" & 2"
- Mechanical Seam panels
- Board & Patton Panels
- Metal Shingles
- Perforated Panels in 20+ Colors
- Custom Bent Trims
- Roll-Form Standard Trims
- Closures
- Screws For Wood & Metal
- Stock Screws 1" - 3"
- Over Size Screws
- Solar Seal All
- Colors & Clear



Over 20 Years Of Quality Service & Experience

Monday thru Friday 7:00 AM - 4:30 PM

238 Interstate Dr., Manchester, TN

931-728-8185

watsonmetals.com

BRIDGEWOOD



MORTGAGE

FIND YOUR DREAM HOME

Contact us today:
(931) 777-1160

bridgewoodmortgage.com



202 Woodbury Hwy., Suite 400 | Manchester, TN 37355
NMLS# 2108227



Life is a Journey.

We are with you every step of the way.

Our team works closely with your current Physicians and to create a care plan that addresses your clinical and emotional needs. We recognize that hospice care does not abide by standard hours of operation. A Care Team representative is available to you and your loved ones, 24/7 including holidays, ensuring the best possible experience and quality of life for all.



ADORATION[®]

HOME HEALTH & HOSPICE

Call Us Today! (931) 616-0337

851 McArthur St., Manchester, TN
adorationhealth.com



Photo by James Jordan

COUNTY NEWS

Tennessee College of Applied Technology building opportunities

Tennessee College of Applied Technology moves locations; expected to have permanent building soon.

By Sara McClaran

IN 2018 a satellite campus of the Tennessee College of Applied Technology (TCAT) opened in the Coffee County Interstate Industrial Park. Recently, the campus was moved to a building on Volunteer Parkway allowing the industrial maintenance training program to expand, as well as potentially adding a nursing program. All of this is good, but the county has bigger plans.

“I want our next generation to be living right here, working with good jobs right here in the county,” Coffee County Mayor Gary Cordell said.

Long term, the county wants to have their own TCAT campus, which would allow them to offer more classes. For that reason, the County Commission has agreed to designate 12 acres in the Coffee County Joint Industrial Park for the

construction of a permanent facility. Cordell said having a permanent campus would bring economic benefits to the county, because interested businesses will know there are well-trained people in the area.

Many students are able to get involved with TCAT with the help of Tennessee Promise, which provides high school graduates the opportunity to attend a community or technical college, tuition free.

“When they come out with their certificate, they’ll come out... with their fees paid, and they’ll come out debt free, unlike in a lot of colleges,” Cordell said.

The TCAT McMinnville campus is also exploring dual credit options in Coffee County. Coffee County Career and Technical Education (CTE) director, Richard Skipper, said that part of that will be a retooling of the welding program to get students certifications earlier.

“We have such a wide opening of opportunities,” Skipper said. “The only thing that we know for a fact is that our kids are going to be something. We don’t know what that is, because they don’t know what that is right now. Some of them do, and we have the tracks in place to do that, but we’re really focused on giving our kids as many opportunities in as many areas as they can.”

“Currently, the state of Tennessee has approved 16 different CTE focus areas. Coffee County Central High School (CCCHS) provides 24 programs of study in 15 of those areas, only skipping government because it has a lot of overlap with their already strong law program,” Skipper said.

“The CCCHS CTE program pushes work-based learning, because there are



many lessons that can be learned – and sometimes the best way to do that is get students involved in the field. Sometimes students find something they love, and some find out they hate something. Both are valuable lessons,” Skipper said.

“I’m more focused on working backwards and giving you enough of a taste to figure out what you really need to do to be the most successful in what you like to do,” Skipper said.

Both the CTE programs and TCAT help prepare students for their future and encourage businesses to come to Coffee County. Cordell said that he wants the students to have jobs waiting for them when they are ready.

“We’re looking forward to the future and what a TCAT partnership will mean to Coffee County and helping pave the way for the next generation of our students,” Cordell said. **-GN**

Find Your...

Featured Listings

204 Jennings Cir. Fantastic home with 3 bedrooms and two bath home with a formal dining, nice wood floors, tall living room ceiling, spacious rooms throughout, fireplace in living room, fenced rear yard with nice patio area, large two car garage with workbench. \$269,900 MLS#2363344

162 Raysville Rd. Almost 3 acres with salt water pool ready for the summer!!!! This custom 4 bedroom 2.5 bath home all on 1 level will come with hardwood floors throughout and all appliances to include washer and dryer. Back deck ready for grilling. \$475,000 MLS#2361779

COMING SOON!

Country living at its finest! Only 2 miles to town. This 4 bedroom 3 bath home has it all! Sitting on a 5 acre tract in one of Manchester's great rural areas. Truly a must see! So many extras. Call for more information.

COFFEE COUNTY REALTY & AUCTION CO., LLC
Visit our website at www.CoffeeRealty.com
for up to the minute Real Estate Information!

532 Hillsboro Blvd,
Manchester, TN 37355
Next to Walgreens
Office: 931-728-2800
Toll Free: 1-800-276-3820

2104 N Jackson St.
Tullahoma, TN 37388
Across from Wal-Mart
Office: 931-455-3000
Toll Free: 1-800-876-4564

A Home Inspection You Can Trust!

- Residential Home Inspections
Pre-Sale Home Inspections
- 11th Month Warranty Inspections
Get the items fixed before your warranty runs out!
- Annual Maintenance Inspections
Always know the condition of your home!

Same Day Reports!

"I'll inspect your home like my mother was buying it!"

Schedule Your Inspection Today!
Call: (931) 588-0584

We Keep You in Good Spirits!

Celebrate our 50th anniversary with us!

INTERSTATE LIQUORS
SPIRITS • WINE • BEER & MORE

931.728.7366 20 Expressway Dr., Manchester, TN
www.interstateliquors.com
Please drink responsibly

COMMUNITY STRONG

YOU'RE MORE THAN A CUSTOMER.
GET MORE THAN AN ACCOUNT.

FirstBank

1500 Hillsboro Boulevard
Manchester, TN 37355
(931) 728-9907

Watson Buildings & Carports

**We have carports available for
install in as little as 4 - 6 weeks!**

931-635-2244 watsonbarnrentals.com
watsoncarports.com

45 MIN RESPONSE TIME

✓ WATER ✓ MOLD ✓ FIRE

FREE INSPECTIONS

GET HELP NOW!
931-588-9498

911RestorationofMiddleTennessee.com

Flowers for any Occasion

The Mossy Pot

115 S. Spring St.,
Manchester, TN
(931) 954-0787



Be a good sport.

Let us know about upcoming sporting events you'd like to feature in the next issue of *Good News Magazine*

Submit your next event to GoodNewsMags.com

Good News MAGAZINE

Richardson Waste Removal & Richardson Waste Solution

Weekly Service
Residential • Commercial • Industrial

Roll-Off Containers
Construction • Demo Debris • Commercial
Industrial • General Clean-Up



CALL TODAY



Quality service since 1963
Our Business is Picking Up!
931-433-6634
Ask about easy bill pay!

Need Cash Now?



- \$300 - \$800 Loans
- Low Monthly Payments

PIGGY BACK FINANCIAL

301 Hillsboro Blvd., Powers Plaza, Manchester, TN
(931) 723-1212

Tired of the long lines and impersonal service at the big chain pharmacies?



Pharmacy is our Practice.
People are our Passion!

Proudly Serving The Manchester Community!

Call Us For More Info: **(931) 563-0008**
482 Interstate Dr. Suite K, Manchester TN 37355

www.southlandpharmacy.com



The friendliest pharmacy team you will find

Good News

MANCHESTER



SCHOOL NEWS

Coffee County Central High School's Renaissance Program

Fostering positive relationships between students, teachers, and administrators.

By Sara McClaran // Photos contributed by Megan Hardy

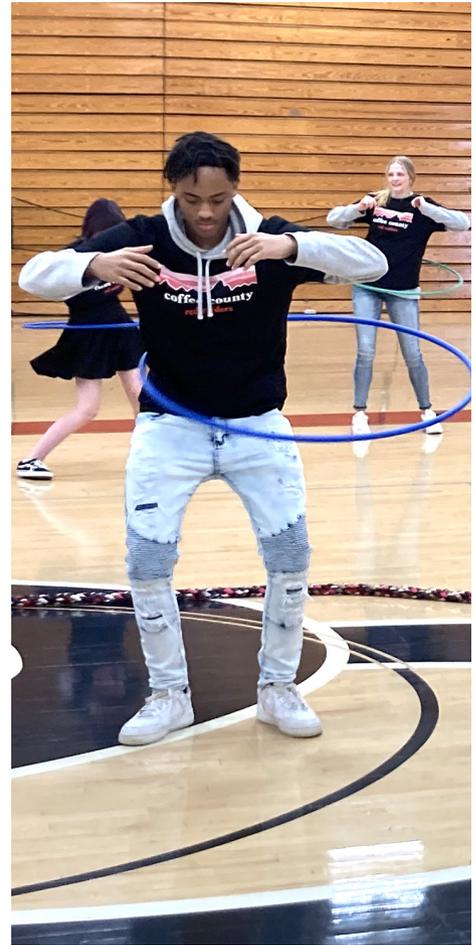
AT COFFEE County Central High School (CCCHS), students are encouraged to achieve. One of the ways this is done is through the high school's Renaissance program. Through the program students get to be a part of a number of incentives, both in the classroom and out.

"It's just to try to improve the culture and climate of the school," Assistant Principal Megan Hardy said. "When students come in the building they feel happy here, you know. It feels like a good, positive environment."

The rallies are primarily planned by the head of the program, Nicole Carney.

She is assisted by Assistant Principals Tim Knox and Katrina Wright, Principal Paul Parsley, and teachers Abby Lynch and Andrea Freeze. Students may get discounts on parking passes, area businesses, or school games, as well as independent study days.

"We are very excited to host our first rally in several years and recognize the accomplishments of our students," Carney said. "Education is not only about the curriculum, it is about building relationships and celebrating the big and small goals along the way. Renaissance gives CCCHS an avenue to do both; directly impacting our students while having some fun."



Renaissance, an idea originally created and sponsored by Jostens Corp. in the late 1980s, is designed to give every student a chance to participate. Even if a student doesn't have all A's or B's, they can still be a part of the program by raising their GPA or having perfect attendance.

"The acceptance criteria allows for every student in the building to participate because even if a student cannot make excellent grades, [the student] is always capable of being at school and making wise decisions," Hardy said.

While the CCCHS Renaissance program has been around for years, it has not stagnated. The twice-a-year rally is

one such change, involving food, games, and even cash drawings, at the most recent rally sponsored by Coca-Cola.

"It has evolved quite a bit in the last four years – the rallies that we do were not in existence until three years ago," Hardy said. "[the students] have really enjoyed the rallies."

The program doesn't just focus on students, it also impacts the faculty and staff. Hardy said one of the most enjoyable things she got to do was go around to classrooms and surprise students with treats or breakfast. "The teachers," Hardy said, "often get competitive about being eligible for the snacks."

"That's just fun as an administrator, to be able to get in the classroom in a non-threatening way," Hardy said. "[The teachers] like that someone can come into their classroom and... it's just all positive."

Not only has Renaissance been helpful in creating a positive learning environment, it helps the administrators and students meet in a way that is not related to discipline, as might be the case otherwise.

"We are meeting students, and interacting with them in a positive way," Hardy said. "It is definitely fostering positive relationships." -GN



Coffee County continues to grow

Census data shows continual growth in Manchester and Coffee County.

By Sara McClaran // Photo by James Jordan

A LOT OF negative things have happened in the past few years: diseases, natural disasters, economic struggles, and political drama seem to be everywhere we look. All of this has a tendency to make us worry for our future, and the future of the county. Despite all of this bad news, Manchester and Coffee County have continued to move forward, according to the five-year 2020 U.S. Census data. This good news is something to be focused on, especially when everything else looks so dreary.

The county has been growing steadily in the past few years. Since 2015, the population has gone from around 53,000 to a little over 56,000, and the economy has shown this as well. The median annual income in the county has increased from around \$41,500 to just over \$51,000, while the poverty rate has been on a steady decline. In 2020, 14.4% of the population was below the poverty line, a massive decrease from the 18.6% in 2015.

With the addition of a satellite campus of the Tennessee College of Applied Technology (TCAT) McMinnville, the business growth through the Coffee County Joint Industrial Park, and the wide range of Career and Technical Education (CTE) programs in the Coffee County school system, there

has been a significant growth of opportunities for career education and advancement. Compared to the data from 2015, there has been a 2.6% growth in the number of students who graduate high-school, as well as a nearly 3% increase in the number of people with a bachelor's degree or higher. Such data bodes well for the continual benefit of the town, especially since educational services and manufacturing are the clear forerunners in the employment sector – although there is a lot of growth coming from retail, construction, and the arts.

Coffee County is not just a good place to live because of its economic growth – it also has several wonderful parks and recreation facilities. The Old Stone Fort State Archaeological Park is a prime example of this, offering beautiful views, good camping, and engaging hikes to everyone in the community. Rutledge Falls is another example of this, along with the many caverns the county boasts. Both Manchester and Coffee County are beautiful places to live in and to explore.

This is a wonderful place to live and to work, and the leaders of Manchester and Coffee County have big plans for the future – so put the bad news behind and look forward to the future with them. **-GN**

SPORTS NEWS

Coffee County High School boys basketball team makes state tournament for the first time.

Fostering positive relationships between students, teachers, and administrators.

By Sara McClaran // Photos contributed by Brad Costello

FOR THE first time since 1965, playing under the name Manchester Central, the Coffee County High School (CCHS) basketball team has made it to the state tournament. That achievement could be surprising for those who don't know the Red Raiders. Coach Andrew Taylor said that on an individual basis the team is neither as tall nor as fast as some of their opponents.

"Our average height is not what other teams are, in our classification," Taylor said, "Our vertical leap... it may not be what other teams we play, you know, have individually, but collectively as a group of five out on the court [our team members] play very well together."

Co-athletic Director Brandon McWhorter said a lot of the team's success could be attributed to Coach Taylor, who he said was one of the most unselfish men he knew. Taylor has worked off and on as the boys' basketball coach for 20 years and has been at CCHS for 25 years.

"He's preached to them team ball," McWhorter said. "Every team that we play you look at and go, 'we should be beat,' but they don't care about that, you know. They just care about being together and on that court and playing, which is what made us special."

Making the TSSAA state tournament is particularly impressive because of how new most of the players are to varsity basketball. Despite this, Taylor said the team has been playing well both defensively and offensively – they have been sharing the ball, catching rebounds, and being efficient on both ends of the court.

"We returned one starter," Taylor said. "We had a good group of young men, they just didn't have a lot of varsity experience – so as the season progressed, especially since the Christmas break, we've been playing really, really well."

"While the Red Raiders are well-rounded on the court, they excel even more off of it. Historically the team has been regularly involved in community





*“These kids are smart;
they work hard in
the classroom.”*

-BRANDON MCWHORTER

service, and several are involved in student government or are in the top ten percent of their class,” McWhorter said.

“We’re not all about basketball,” he said. “These kids are smart; they work hard in the classroom.”

The Manchester community has responded in kind, supporting the team at all of their home games in greater and greater numbers. At the game on March 16, Taylor said that people lined up in the school hallways and the streets, as the players walked to the bus.

“We’ve had tremendous crowds at all of our home basketball games,” said Taylor. “We also have a very good girls team, so we’ve routinely had very good home crowds... our community’s support has been just really tremendous. -GN

Build Your Perfect Room!

Your Local MARVIN Dealer

Marvin offers a variety of window options that help you achieve long-term performance and energy cost savings, in any climate.

Other doors, and replacement options available.

Please contact us to speak with a Marvin specialist.



FREE In Home Estimates
Installation Available

931-967-0020
1765 Decherd Blvd., Decherd, TN
www.HenleyMillworkFactoryOutlet.com



HENLEY
MILLWORK FACTORY OUTLET
"Home of Quality Millwork"

Hours: Mon. - Fri. 8:00 A.M. - 4:30 P.M. • Sat. 8:00 A.M. - 12:00 P.M. • Sun. Closed

PROVIDING A DEDICATED WORKFORCE TO ENSURE YOUR COMPANY'S SUCCESS



- Temp-to-Hire Staffing
- Direct Hire Recruitment
- On-Boarding Services
- On-site Supervisor
- 3PL Services
- Travel employees Nation Wide
- 3PQI Services
- Quality inspection Nation Wide

metro SERVICES

2081 Hillsboro Blvd.
Manchester, TN 37355
(931) 723.7810

741 Dinah Shore Blvd.
Winchester, TN 37398
(931) 967.0017

Toll Free: (855) 715.5627 • metroindustrialservices.com



think small

At Americare,
we believe it's the
little things in life that count.



www.americareusa.net • 931-728-0200
1621 McMinnville Hwy, Manchester

Autumn Oaks
assisted living by Americare

WE CAN DO IT ALL!



Complete Excavation Services:

- Skid Steer Loader
- Mini Excavator
- Bulldozer & Track
- Hoe
- Site Prep
- Demolition
- Roads & Driveways
- Grade Work
- Pads
- Ponds & Lakes
- Underground Utilities

Insured



All major credit cards accepted

BERZETT EXCAVATING



931-625-7013

We Are Ready To Help You!



SCREEN PRINTING • EMBROIDERY • ENGRAVING

- Custom Art Design
- Custom Items
- Screen Printing
- Embroidery
- Signs
- Trophies
- Vinyl Lettering
- Team Uniforms
- Corporate Apparel



111 Murfreesboro Hwy.
Manchester, TN 37355
aWinningAttitudeManchester.com Call us today!
(931) 728-1978

We Have Something For Everyone.



Stop By And See!

(931) 728-9773



807 McArthur Street Manchester, TN

ADVANCE PLANNING

- Put your final wishes in writing
- Spare loved ones the stress of making difficult decisions
- Have peace of mind and no regrets



Scott Coy Family Services Director

786 McMinnville Hwy. | Manchester, TN
931.723.3330 | scott.coy@mytributeplanner.com

A Smile In Every Bottle



426 Ragsdale Rd. Manchester, TN
931.723.2294
beanscreekwinery.com



You've got good taste.

*Now seeking food critics for a regular
column in Good News Shelbyville*

Submit work samples to
GoodNews@Exchange-Inc.com

Good News MAGAZINE





GOOD LIVING

How we live is up to us. Living a good and happy life is hiding in the way leaves sway in the wind. It's hiding in the bright purple sunset every evening. It hides in the heartbeat of a rabbit racing across your front yard. When we appreciate every moment as a gift and everything around us as a once-in-a-lifetime experience, our lives change. It might even change the lives of those around us.

HERE'S TO A HAPPY LIFE.



THE FRAGRANCE OF FREEDOM

Veterans of Foreign Wars Post 10904 Manchester continues service to the community and fellow veterans.

By Tina Neeley // Photos by Ashleigh Newnes

HARSH AND uninviting, the atmosphere is charged with tension and unease as people rush by without eye contact or small talk. Restrictions oppress and stifle hope, hanging overhead, smothering and crushing the spirit. Even the air has lost its will to breathe.

Freedom has a fragrance. Those that have served in combat overseas know the smell and have sacrificed everything so that we may not.

Members of the Veterans of Foreign Wars (VFW) Post 10904 Manchester have seen all we stand to lose, and they returned home from their duty with a desire to continue serving.

“Something about seeing that kind of thing gets to you. You realize what you could lose here and how valuable this country is,” the post’s commander, Kimberly King, said.

The commitment and connection to preserving freedom doesn’t end with military discharge. It just changes location.

“Most of us took the uniform off, but we still wanted to serve the country, so that’s what this and other veteran organizations allow us to do,” King said.

Through their programs and projects, Manchester’s VFW members promote patriotism and educate about past and current events. They honor and support veterans and their families and continue to give back to a country that does not always understand and appreciate what’s kept it free.

The VFW’s involvement in area schools is essential to this understanding.

“We feel that if you’re gonna make children appreciate the country, you gotta catch them when they’re young. You gotta get them to understand early on,” King said.

In addition to attending and participating in school veteran’s programs, VFW offers a Young Patriotic Art Contest, essay scholarships, and sponsors local youth programs. Teachers receive



support through donations from the post and receive other resources through programs like the VFW Teacher of the Year award.

Within the community, other opportunities teach, encourage, and inspire. The VFW held an open discussion regarding events in Ukraine to clarify the public's misconceptions and raise funds for compassion efforts in the area.

The members take their USO-type variety show, "Operation Joy," on the road. They regularly perform at area assisted living facilities, tickling funny bones and stirring patriotism through music and jokes.

Commander King said, "We want to serve in a different capacity, but we still want to serve the country. Members really convey the reasons this country is so important from a personal point of view.

“

Freedom is
never given;
it is won.
*A. Phillip
Randolph*

And we're also able to help each other tremendously. It's a great extended family."

We can support them, too. As members promote and celebrate national patriotic holidays, our community attendance affirms members' purpose in honoring the day. Financially supporting the post's fundraising efforts and attending the monthly public meetings, will foster a united commitment. It instills and maintains pride and patriotism for generations to come.

Take a deep breath of fresh air. The atmosphere is filled with chirping birds as free as the citizens below. Thank a veteran today.

That's the fragrance of freedom. -GN

For more information or to donate or volunteer, contact Commander Kimberly King at flygal46@yahoo.com or visit their website at vfwpost10904.com.





Source: Bean's Creek Winery, facebook.com



Small Town, BIG SOUL

Manchester is more than a festival town.

By Julia Eads // Photography by James Jordan

MOST PEOPLE, especially festival-goers, are familiar with Manchester due to the wildly fun music festival it hosts each summer, Bonnaroo Music & Arts Festival. This festival gives Manchester a bit of celebrity status. However, the problem with stardom is all of the assumptions that pile up. So Manchester, what is it that makes you the enticing small town you are? Who are you outside of a summer festival?

Manchester is the wildest neighbor on the street. Not the call the police kind of wild, but rather the neighbor having all the fun at the monthly cookout he hosts. Warmth fills the air as the smell of barbecue floats over the fence. The sound of laughter follows Manchester. Down at Common John's Brewery, Manchester will make sure every new face feels welcomed and known. Visitors might call it sweet southern hospitality, but it's all he's known.

Although Manchester likes to spread out enjoying the rolling hills, easy rivers, and ample farmland, he is keen on showing up to build a long-lasting community. Manchester is the rowdiest fan at Friday night football games and is the leave-it-all on-the-field player at Raider's softball and baseball games. When he goes into Jiffy Burger, Manchester says, "Just put it on my tab. And put his (behind me) on the tab too." Manchester is a good ol' boy. He is the friend who mows your lawn when you're sick or out of town. He shops locally at places like Owen's Provisions, Harvest Local Foods, and The Mercantile Cafe to support the local economy and his friends. He is full of life and excitement, not just one weekend of the year but every day of the week. Join him for a round of golf at WillowBrook, a sweat session at the Manchester Recreation Center, or for a quaint concert and glass of wine at Bean's Creek Winery. Whatever you do, just be sure to give thanks for the gift that Manchester is to us all. -GN

Write stories that inspire the good.

*Become a
contributing writer for
Good News Magazine.*

Submit work samples to
GoodNews@Exchange-Inc.com

Good News MAGAZINE



PEOPLES BANK & TRUST COMPANY

We know small business.



Because we ARE small business

Starting and sustaining a small business is challenging. With the right small-town bank in your corner, this is a fight you will win. We can help with small business loans, lines of credit, accounts and services at Peoples Bank & Trust in Manchester.

bankwithpeoples.com



1203 Hillsboro Blvd. in Manchester

Member FDIC

The Path To A Healthcare Career!



Our experienced medical professionals put your educational needs first. We are proud to provide a high-quality level of instruction, medical experience, and commitment to the success of all of our students. Our goal is to produce high-quality allied health professionals that will serve our community with care, expertise and kindness.

Manchester Campus

Start Your Training As A Medical Assistant or Phlebotomist!



We love our students, so feel free to visit by requesting an appointment!

(931) 954-0225

134 McMinnville Hwy., Manchester, TN
bonnie.eslick@southeasternmedtecht.com

southeasternmedtecht.com

Look your *Best* Feel your best.

- Chronic Disease Management • Pediatrics • Dermatology
- Well Visits • Woman's Health • Urgent Care • Weight Loss
- Hormone Replacement Therapy

Coming June 2022 Full Scope Family Medical Care



Dr. Vanessa Green & Niki Chester FNP



MAGNOLIA
FAMILY MEDICINE & WELLNESS



Now Open: 1402 Willow Dr.
Manchester, TN 37355



931.450.1000

Medical Assistant, A Frontline Pandemic Responder



Make A Difference With A New Career!
Medical Assistant/ Phlebotomy Training

Missed Spring Registration?
Reserve Your Spot Now While Seats Are Available

Summer Classes - June 6th - August 12th • 5:00 P.M. - 9:00 P.M.
\$2,000 Tuition • \$200 Registration

Eligible For 2 National Certifications:

Nationally Certified Medical Assistant
Nationally Certified Phlebotomist

1155 South College St., Winchester, TN

931-240-0005



**NEED
SOME
ROOM?**

POWERS STORAGE

All sizes • Climate Control Units
U-Lock U-Keep • Well Lighted
Fenced • Office On-Site
607 Woodbury Hwy, Manchester
931-728-7181

Hope is just a
call, click or
chat away.



844-269-4673 | accesshope247.com
info@accesshope247.com

accessHope
HopeLine™ | CareCalls™ | TeenChat™

©2020 All rights reserved. Programs and services are
provided by Family Counseling Center

Ronald Clower
Cyndi Clower
Jay Crouch

~ Since 1979 ~



1406 McArthur Street
New Tullahoma Hwy/Hwy 55
Manchester, TN 37355

(across from the Coffee Co. Admin. Building)

Deep Cleaning By Professionals!



HI-TEMPHYDRO
EXTERIOR CLEANING SPECIALISTS

Licensed & Insured.

CALL TODAY TO GET ON THE SCHEDULE!

931-581-6426



From a breakfast conversation to a charity organization

Sportsmen & Businessmen's Charitable Organization blesses Coffee County.

By Tina Neeley // Photographs contributed by the Sport Business Charity Organization

IN 1984, a group of friends' conversation over breakfast turned into a desire to make a difference in their Manchester community. They passed the hat and got busy. Their earliest efforts were holiday food baskets. Sensing they could do more, they organized a fundraiser which was met with great success. They started small, and it grew with others wanting to contribute. From there, the Sportsmen & Businessmen's Charitable Organization (SBCO) was born.

Today its president, Carter Sain, is quick to point out that the organization's name no longer properly reflects its volunteer and donor makeup.

"It's taken a lot of folks who may not have been sportsmen or businessmen. They have also been sportswomen and businesswomen and other contributors. This second generation of SBCO leaders often look back and remember the many people who founded and maintained this organization since 1984," Sain said.

The organization became a formal 501(c)(3) in 1986 and expanded to serve all of Coffee County.

Carter's father, Pete Sain, was a cornerstone of

the charity and provided much of its framework. He was a master fundraiser and event host and served as chairman of SBCO until he passed away in 2019.

"Our organization is able to help a broad range of needs in our community and provide assistance in a timely manner. We like to focus on folks that have found themselves in tough times after having supported themselves successfully. They might have just hit a bump in the road," said Carter.

Schools present many opportunities for assistance from the organization.

"We support students through the county and city school systems' Family Resource programs," Carter said. "Students in need of dental, vision, or medical attention have been connected to area professionals for treatment at no cost to the families. Also, teachers and educators may apply for mini educational grants to fund equipment purchases, field trip experiences, or assistance for special student needs."

Individuals and families in need are also eligible for relief. SBCO provides assistance for emergency situations, medical needs, and direct assistance in various ways.





Today the charity is funded almost entirely by donations and its fundraising efforts. Some donations come as previous members and supporters pass away, and the family requests the charity be remembered in lieu of flowers. For many years The Community Foundation of Middle Tennessee has awarded grants to help fund the organization's work.

SBCO's longevity is strongly connected to the members' desire to give back to their community. The impact the work has on improving the lives of those in the community is clearly seen.

Carter said, "Our volunteers rise to the occasion. Some have gone from being a supporter to being asked to serve on our Giving Committee or our board of directors. Everyone involved in this organization feels very passionate about it. We're all a little amazed that we continue to be trusted with such a high level of support but then we see what SBCO does for the community. We have firsthand knowledge of what the funding accomplishes, and we know it's doing great things." -GN

For information on donating or to apply for assistance please see the SBCO Facebook page or call (931) 728-5048.



Your One Stop Shop For All Your Landscape Supplies!



We strive hard to provide for our clients' demands, whether you are a homeowner or a contractor, by providing a large variety of landscape materials, landscape and gardening decorations and landscape and gardening accessories

1873 Hillsboro Blvd.
Manchester, TN
(931) 954-5556

www.facebook.com/imhofflandscapesupport



WE APPRECIATE YOU!

Customer Appreciation Event

June 3rd • 6:00-9:00 P.M.

- Live Music
- Neill Dover Band
- Food
- Giveaways
- And More



Call With Questions! (931) 728-8185



Over 20 Years Of Quality Service & Experience
Monday thru Friday 7:00 AM - 4:30 PM
238 Interstate Dr., Manchester, TN

931-728-8185 www.watsonmetalsllc.com

HILLSBORO 41 MARKET

7403 Hillsboro Highway
Hillsboro, Tennessee 37342
(931) 596-3164

Meat Cut Daily & Custom Orders Welcomed

WIC and Food Stamps accepted

Breakfast Biscuits Served Monday-Friday Beginning At 6:30AM
Email: 41MarketLLC@gmail.com or Find us on Facebook at Hillsboro41Market and Manchester, TN, Forum

811

Know what's below.
Call before you dig.

Planting a tree or digging shrubs?

Don't Forget To Call Before You Dig! 811

Elk River Public Utility District
217 S. Jackson St., Tullahoma • 931-455-9311
1524 Hillsboro Blvd., Manchester • 931-728-3332
635 Dinah Shore Blvd., Winchester • 931-967-3642
"Your Hometown Natural Gas Provider Since 1955"

WWW.ERPUD.COM

1, 2 & 3 BEDROOM SPACIOUS APARTMENTS

- Washer & Dryer Connections
- Bulk Cable
- Dishwasher
- Computer Room w/Internet Access
- Garbage Disposal
- Laundry Facility
- Central Heat & Air
- Playground or Picnic Area
- Garbage Disposal

Rivendell Apartments
931-723-8022
555 Expressway Dr., Manchester
9 A.M. - 4 P.M.

For All Your Land Management and Forestry Mulching needs!

Kiser's Services
(931) 581-2461

Looking For Dinner?
Options include ground beef, steaks, roasts and more!

We sell only the finest 100% Angus beef processed under USDA Inspection. You can buy individual packages of steaks, roasts, ground beef, etc. or preorder by the Quarter, Half or Whole Calf! Call or shop online. Delivery or pickup options available. Learn more at mcbrideangus.com

McBRIDE
ANGUS FARMS
2225 Gnat Hill Rd., Manchester, TN • (931) 324-1980

2022 LET'S START FRESH

MERLE NORMAN
Merle Norman Cosmetics
1909 McArthur St., Manchester, TN 37355
931-728-0440

How helping others helps you

Ways to make the community a better place... and boost your mental health.

FEW PATHS to positive personal growth are more noble than resolving to help others through increased acts of generosity and kindness. According to Psychology Today, doing good for others—no matter how big or small the deed—feels good but also provides reciprocal benefits. The link between volunteering and lower rates of depression has been well-documented, and there is neural evidence from MRI studies suggesting a link between being generous and signs of happiness in the brain.





The following are several ways to improve oneself by being more mindful of others:



Be aware of social issues. Read your local newspaper to stay up-to-date on the pulse of your community as well as the world. Educate yourself about current issues that are affecting people from all walks of life. Understanding the needs or plights of others may boost your willingness to get involved with nonprofit organizations. It also may make you more empathetic and compassionate toward other people. Of course, we're not asking you to focus on upsetting or depressing news! We're saying the more aware you are about a local issue, the more likely you will be able to help those in need.

Volunteer at a charity on a random Saturday. Find a charitable group with which you can volunteer your time. This is a great way to support a cause you believe in and makes it possible for you to collaborate with others who are like-minded, potentially helping you make new friends. Between making new friends and helping your neighbors, you'll remember that Saturday for the rest of your life. Working at the charity or non-

profit could easily become your new full-time job and change your (and others') lives.

Learn a new language. North America is a melting pot that's home to people from many different parts of the world. Learning a new language may facilitate interactions with fellow community members who might not speak English as a first language. This helps build stronger communication and connection with the people who live around you. It will boost your mental agility, a new friend, or even the ability to help someone who doesn't speak English well.

Help someone you know.

It's commendable to want to assist a charity or a global cause, but what about people close to you who may need a boost? Whether you're lugging boxes to help a friend move or babysitting a niece or nephew so their parents can enjoy a much-needed night out, when you help someone, those good deeds will return to you in time.

When making resolutions, a new life goal, or even a sudden change to the way you live your life, people should consider goals that involve helping others. While this assistance can benefit the people who are on the receiving end of the care and attention, those who are giving of themselves also reap considerable rewards. **-GN**



DO bunnies



Our Easter traditions gather so much more than eggs. Here are just a few of them:

By Tina Neeley
Illustration by Karen Schipper

Easter parades may have passed on by, but its many other traditions are alive and well.

Even though the internet has changed how we watch movies, families still watch “The Ten Commandments” every year, waiting for it like children waiting for the Easter Bunny. Released to theaters in 1956, ABC has broadcast the Cecille B. DeMille classic since 1973 during the Passover and Easter holidays. The movie starring Charlton Heston, Yul Brynner, and Anne Baxter remains one of the most popular films ever made.

The Easter Bunny’s origin in America is believed to have arrived with German immigrants in Pennsylvania

in the 1700s. Their children made nests for the rabbit’s delivery of its colorful eggs. Soon the tradition spread throughout the country, and Americans added chocolates, candy, and gifts to the eggs. Decorated baskets replaced the nests. Lucky for the children – baskets hold larger goodies than the nests!

Whether store-bought or personally assembled, the baskets are one of the first harbingers of spring, much like robins. Children rise early to discover what the Easter Bunny left sitting by the door. Marshmallow goodies, candy-filled plastic eggs, hollow chocolate Easter bunnies, and toys greet them through their cellophane wrapping.



Lay Eggs?

Those hollow bunnies haven't been around as long as the Easter Bunny. By comparison, they're spring chickens! The chocolate bunnies date back to the 1890s, but hollow chocolate bunnies surfaced during World War II when cocoa was rationed. The change was practical and profitable. No wonder they've never gone out of style.

Style is synonymous with Easter. Fashion trends themselves have come, gone, and come again, but the excuse to buy new clothes never gets old. The thrill of the hunt for the perfect outfit rivals the one for the golden egg. Easter Sunday's service often yields color-coordinated families at church and at the holiday buffets.

Honey-glazed ham, cheesy potatoes, roasted asparagus, green bean casserole, deviled eggs, hot cross buns, and a coconut bunny cake sits on the kitchen counter. Table settings are inviting and sometimes

whimsical with displays of ceramic rabbits, miniature grass-lined baskets with tiny eggs. Spring bouquets in vases lined with peeps and jelly beans add personality and fun.

But the celebration is not complete without the egg hunt.

The children, with dye-covered fingers still smelling of last night's vinegar dips, cover their eyes impatiently while adults hide the eggs. They race off in search of dollar store eggs stuffed with candies and the ultimate prize – the golden egg!

We probably have the mother of Princess Victoria to thank for egg hunting. On Sunday, April 7, 1833, the 14-year-old princess wrote in her diary: "Mama did some pretty painted and ornamented eggs, and we looked for them."

As the sun sets on another Easter, the empty plastic egg quietly points back to the empty tomb and the changing season. Life on Earth is renewed as spring comes once again. -GN

Self

stories by tina neeley & julia eads // art direction & design by will kelly // photography by ashleigh newnes

leess

stories of local people who are putting others before themselves.

in the spirit of selflessness

WEBSTER MAY define selflessness as having no concern for self, but givers in our community give the world and our lives deeper meaning. They take to heart the well-being and care of others and place those needs ahead of their very own. From public servants to quiet, behind-the-scenes workers, Shelbyville and Bedford County know firsthand the quality they add to our lives.

On any given day, we meet them out and about. We interact with some. Others we never see, but without them our days would be dim.

SOME TYPES OF GIVERS ARE:

The grocery store clerk that never fails to say hello.

The fast-food manager that buys your breakfast from time to time.

The caregiver that knows your mom loves snack cakes and brings her favorite once a week.

The single mom that slips supplies into area blessing boxes.

The high school senior that leaves home at 6 a.m. to tutor a struggling fellow student.

The recreation league basketball coach that bends low to teach and encourage your first-grader.

The senior citizen who checks on his young neighbors just because he cares.

They touch hearts and change lives; see needs and meet them; sense grief and offer comfort.

They are generous, compassionate, thoughtful, and devoted with helpful hands and hearts.

The opposite of selfishness, selflessness unites us, inspires other acts of kindness, and improves the quality of life in all it touches. And the lives of the selfless are enriched as well. Ask them, they'll tell you.

These givers are happier, have stronger relationships, live more meaningful and healthier lives.

Better than a single financial investment, one selfless act of kindness can spark more. Lives are shaped – even saved – by a single encounter with these generous individuals.

And sometimes, their contributions deal less with physical needs and deeply-felt emotions and more with making someone's day leaving both the giver and the receiver happier and blessed.

Studies have shown that their brain's amygdala is larger. They read the facial expressions and emotions of others better. They sense and deeply feel others pain, fears, and hardships.

While their giving is automatic, we can learn from them and make conscious efforts to be more selfless in our dealings with others. Perhaps it can teach us to be more kind to ourselves as well.

Let's look for opportunities to offer kindness more often. Let's seek out those that have touched our lives with their generosity and compassion and return the gift. Let's get up a little earlier in the morning or stay up a little later in the evening to interact with someone we've overlooked in the busyness of our lives. Let's show up and offer a shoulder to cry on or a listening ear.

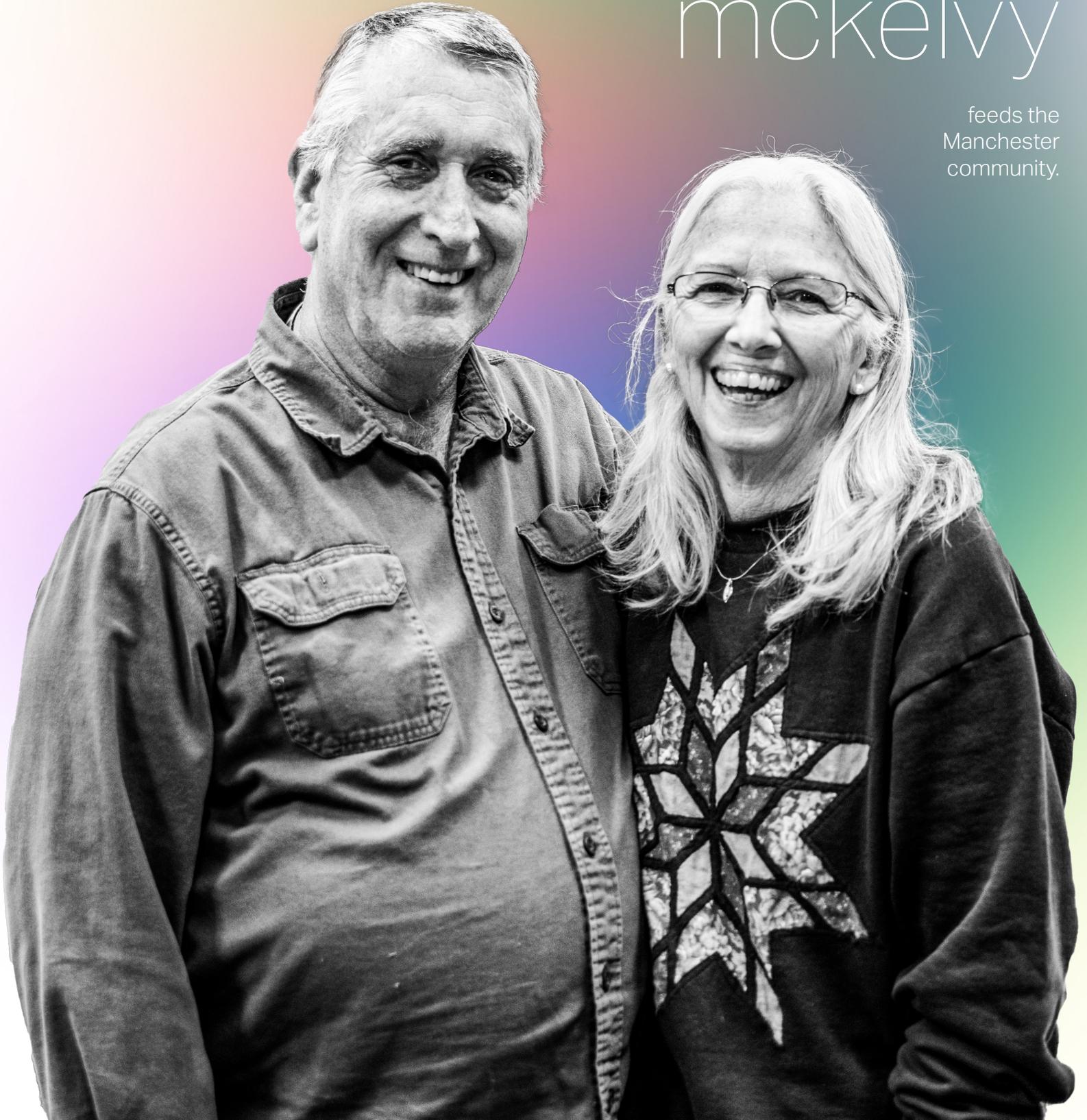
Let's make selflessness the cornerstone of our community. After all, this is the Volunteer State. **-GN**

"the best portion
of a good man's
life is his little,
nameless,
unremembered
acts of kindness
and love."

– william wordsworth

sandy & sherri mckelvy

feeds the
Manchester
community.



feeding the body, soul, and mind.

MONDAYS. THE most dreaded day of the week for many has become the most anticipated for the Oakley community in Hillsboro.

When the doors of Oakley Ministry Center open at 4:30 p.m. on Monday, the neighborhood comes to life, and life comes to the neighborhood. Sounds of children laughing and playing punctuate adults' conversations. Volunteer homework helpers are leaned over textbooks and students while others join in fun and games.

At 5:30 p.m. the atmosphere quietens as Julia Sullivan and Stacy Chandler lead praise and worship services. Pastor Jake Dorak's message feeds souls with a message of good news.

The hot meal provided by Connection Groups at First Baptist Church Manchester offers food and fellowship. The faces at the tables week to week may change, but the center's mission is steadfast: to be the hands and feet of Jesus.

It's the closing act of the evening that ministers most directly – a grocery distribution.

Sandy and Sherri McKelvy supervise the food pantry, a ministry of First Baptist Manchester. Sherri orders the groceries from Second Harvest Food Bank. Then, with the help of Tracy Rutland, Jim Holtzclaw,

Nicole Davis, and Rick Schultz, the orders are unloaded and delivered to the campus. It's a team effort.

Sherri said, "Many say they used to just come and grab the food and go but now want to come and listen and be part of things. We're getting to know them as families, and they're really getting to know the Lord. It's more than feeding them; you're building relationships."

Prepackaged USDA items are distributed on the first Monday of every month. The community can choose items from the pantry's shelves on all other Mondays.

Once a month, the McKelvys pick up a semi-truck full of groceries and deliver them to First Baptist. Twice a month, they purchase perishables. From the church in Manchester, the pantry at Oakley is stocked weekly for distribution.

Sherri said, "I try to get a variety of things, but the last year or so has been very challenging. It's getting even harder due to availability and price."

The center doesn't provide a week's groceries, but every little bit adds up.

"We feel like a lot of what we can help them with allows them to be able to utilize those finances for their other needs," said Sherri.

“It is an eternal obligation toward the human being not to let him suffer from hunger when one has a chance of coming to his assistance.”

- Simone Weil

And when the pandemic hit, Oakley never missed a beat.

Sherrri said, “We adjusted the way we did things. We just made it work because we felt like that was when they needed us the most.”

The McKelvys see their work at Oakley as a labor of love.

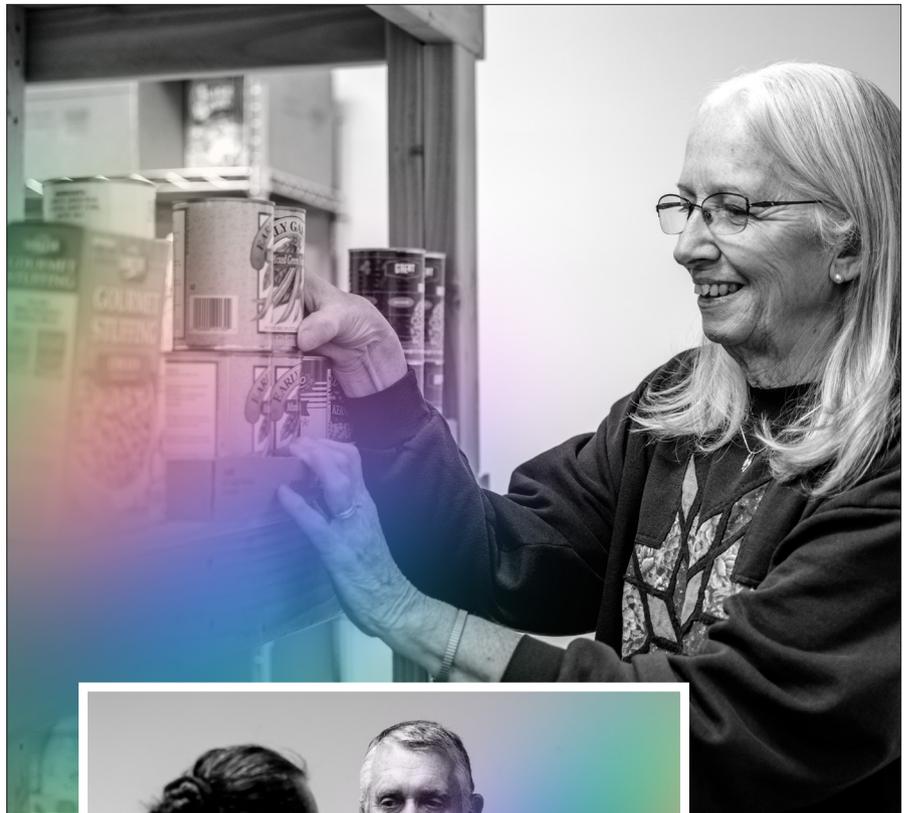
“We’ve never done anything apart. We’re pretty much inseparable. You feel how blessed you are and pray for the opportunity to do that for others,” she said.

It’s a mission, with its roots in the teaching, of one of the McKelvys’ first pastors.

“Remember to be F.A.T. – faithful, available, and teachable,” he taught.

Sherrri said, “That’s how it started with both of us, and fortunately we’ve been able to do that together.”

For more information or to volunteer, visit First Baptist Manchester’s website, manchesterfbc.com, its Facebook page, [@manchesterfirstbaptist](https://www.facebook.com/manchesterfirstbaptist), or call (931) 728-2138. **-GN**





*Sherri works hard to provide
food for the community*

a heart for women

NANCY SIMPSON is a comforting voice, in a fearful time, in the life of a woman facing an unplanned pregnancy. The crisis may be so overwhelming that the support available is unknown. A young woman may have no idea where to turn. Simpson and the Life Choices Pregnancy Support Center Coffee County volunteers can help. They provide a network of support and services, all free of charge. The work of the center is Simpson's passion.

In February 2017, Simpson visited the Manchester open house of Life Choices Pregnancy Support Center Coffee County and began working as a volunteer in March. By June, Executive Director Donna Malone, who had been overseeing Life Choices Coffee and Franklin County locations, needed assistance. She created center director positions at the Coffee County and Franklin County locations and asked Simpson to consider the Coffee County office.

"I was a little uncertain at first because I hadn't been volunteering for long, and it was the first time I had been involved hands-on. But I prayed about it and knew that the Lord laid it on my heart, and He would equip me to do this," Simpson said.

He did, and Simpson does.

nancy simpson

shares love for
women in crisis





*nancy works as a volunteer
to provide resources to
pregnant women*





"grace must find
expression in life,
otherwise it is
not grace."

- karl barth

The Life Choices Manchester location celebrated its fifth anniversary in February. Simpson and the volunteers are happy for every opportunity to provide resources to pregnant women, such as pregnancy tests, ultrasounds, counseling, educational classes, and a baby boutique. Free abortion recovery classes are also available to women and men who have been through abortion as well.

Simpson and the Life Choices team offer grace and kindness in all situations.

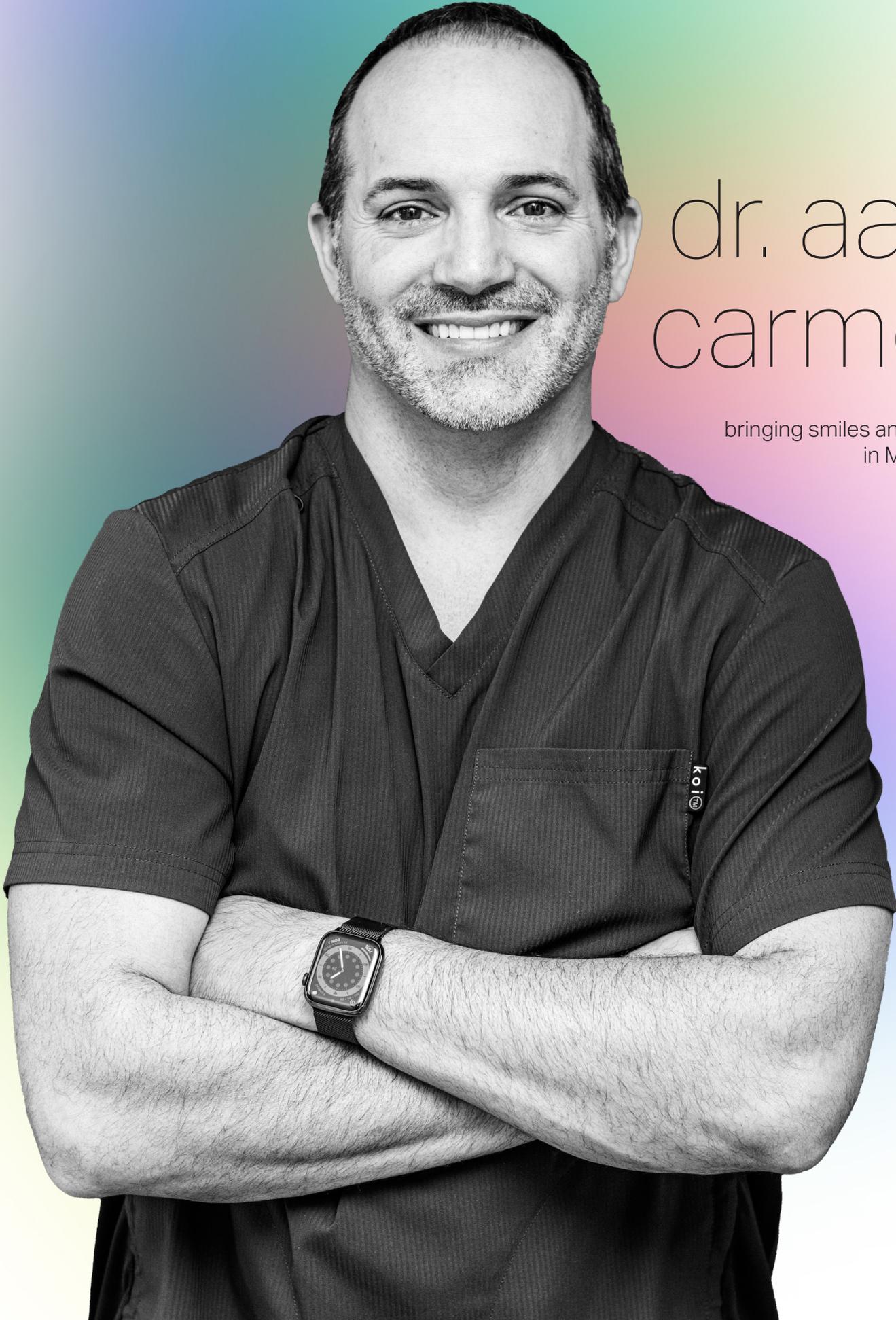
"I've learned to understand and respect the fact that a lot of these women are in very difficult situations. It's a struggle and a challenge, and they're scared. They're not sure, and their future looks so uncertain. We want to just meet them where they are and listen to their story. We want to love them and meet them where they are – no judgment, lots of grace because that's what God shows us," she said.

Simpson continued, "When a young woman leaves here, we may not know what she's going to decide."

As center director, Simpson keeps an eye on everything. She oversees the center's operations, everything from coordinating and supporting the volunteers to directing donations to their boutique. But she still loves opportunities to speak with clients.

"I love when I get the opportunity to speak to clients because that's really where my heart is. I started as a volunteer and wanted to work with clients in the center, and that's still the best part of my day. We know the number one gift we can give is to let clients know God loves them. So many of them have never heard that," she said.

The call of her work and the centers is clear. "It's that we all did our best to represent Christ effectively, to be His hands and feet here," said Simpson. **-GN**



dr. aaron carmean

bringing smiles and hope to people
in Middle Tennessee.

restoring hope, one smile at a time

A SMILE IS a powerful thing. At times, it can communicate better than spoken words. Flashing a smile is a simple way to brighten a room or lift a mood. To the broken and hurting person, it can communicate care and compassion. To the vulnerable and insecure, smiling can show encouragement and approval. In atmospheres charged with tension, a smile can express mutual respect while softening the feel of the room. And when someone is really happy, with a genuine smile plastered on their face, it's been said that it is the most attractive sight.

But what happens when you loathe your smile and are ashamed of even opening your mouth in the slightest? You hide when it's time to take a picture, even at family gatherings. You chew your food very cautiously, avoiding giving anyone a glimpse. When you are free and happy, and a smile naturally fills your face, you quickly stifle the joy in an attempt to hide your teeth once again. Maybe you haven't had access to dental care or the finances

associated with ongoing maintenance. For some, life choices have led to the current state of decay. Regardless, the work it takes to constantly hide and cover up is exhausting. Are you tired yet?

Leslie Simmons was tired. Simmons found herself caught up in a life of addiction. Her lifestyle took a toll on her overall health, specifically her oral health. She shared, "As my teeth crumbled, I became more and more accepting that an addict is just who I was and where I came from." Again, a smile is a powerful thing. The state of Simmons' teeth and lack of a beautiful smile convinced her of her identity. She accepted her "fate" because that is all she could see when looking in the mirror.

Cue Dr. Aaron Carmean, DDS. As Simmons was riding the dizzy, never-ending ferris wheel ride of addiction, Dr. Carmean and his wife, Brooke, felt like God was calling them to Tennessee from Ohio. Starting in 2015, the two started to periodically drive through Tennessee to explore different parts of the state. Dr.

Carmean investigated over 20 different dental practices that were for sale. Finally, he found a little practice owned by Joe Canary, DDS, in Decherd, Tennessee, and something hit him. He said, "this is where we need to be." The decision was made in 2017; the Carmean family officially moved to Tennessee in August of 2018. Carmean Family Dental opened, and Dr. Carmean began making connections throughout the community.

One relationship he formed was with Jon Bell of First Vision Bank. Bell invited the Carmeans to a Blue Monarch banquet. Bell was sure they would enjoy it. Dr. Carmean shared, "we bawled our eyes out, listening to the women share their stories." During the banquet, he skimmed a pamphlet and noticed a couple of lines that mentioned volunteers. It immediately dawned on him what he wanted to do. After the banquet, he reached out to Blue Monarch to share what was on his mind. He said, "This is my plan. This is what I want to do. Tell me if you guys are down

" I know God has blessed me. I am just a vessel. God has gifted me to be able to do and provide great dentistry, and it would be a disservice to him, I believe, if I did not try to help out as many people as I could."

- aaron carmean

with this. We will see anybody and everybody at Blue Monarch, totally pro bono, no strings attached. I want these girls to leave this program and be able to smile and get back out in the world just like everyone else." Blue Monarch's administrative director, Deanna Barnes, shared, "Originally, we thought Dr. Carmean was offering extraction services. We assumed he would pull teeth that were beyond repair. We never imagined that he would go above and beyond to restore beautiful smiles and rebuild confidence in women who have been beaten down and belittled for years." Needless to say, Blue Monarch gladly accepted his offer for a corporate sponsorship.

From that day forward, Dr. Carmean got busy seeing the Blue Monarch residents. Regular cleanings, implants, dentures, fillings, extractions, and

bridgework all filled his appointment book. Barnes shared, "After the first few residents visited his office, it was apparent that Dr. Carmean and his staff believed in each lady as much as we did. They saw past the broken smiles and into the potential of each woman. Dr. Carmean developed a personal plan with each Blue Monarch resident that would ensure that she would walk away brighter and more confident and feel beautiful and worthy of healthy relationships, a promising career, or any other dream she has in her heart. What he has given the ladies at Blue Monarch is way more than dental services... it's a renewed sense of self, and hope for the future."

Leslie Simmons is one of the residents who had the opportunity to sit in a chair at Carmean Family Dental. Dr. Carmean, with advanced digital

dentistry techniques, was able to restore a beautiful smile to her face by using his on-site 3D printer to print her dentures. Simmons shared, "I always found myself with self-esteem issues and bound to the identity the world gave me as a drug and alcohol addict. The gift Carmean Family Dental has given me means so much to me. It means I get to shake off the shame of addiction and judgment of the world as I step into my purpose and identity in Jesus Christ. It means I get to be proud to smile and love myself like I never have before. My smile is more beautiful than ever and has opened doors of opportunity and hope. Every day I get to look into the mirror, and I am reminded of the love Aaron and his staff shared with me. My future is limitless now." Again, a smile is a powerful thing. -GN



*Carmean Family Dental has given
Aaron hope for the future*



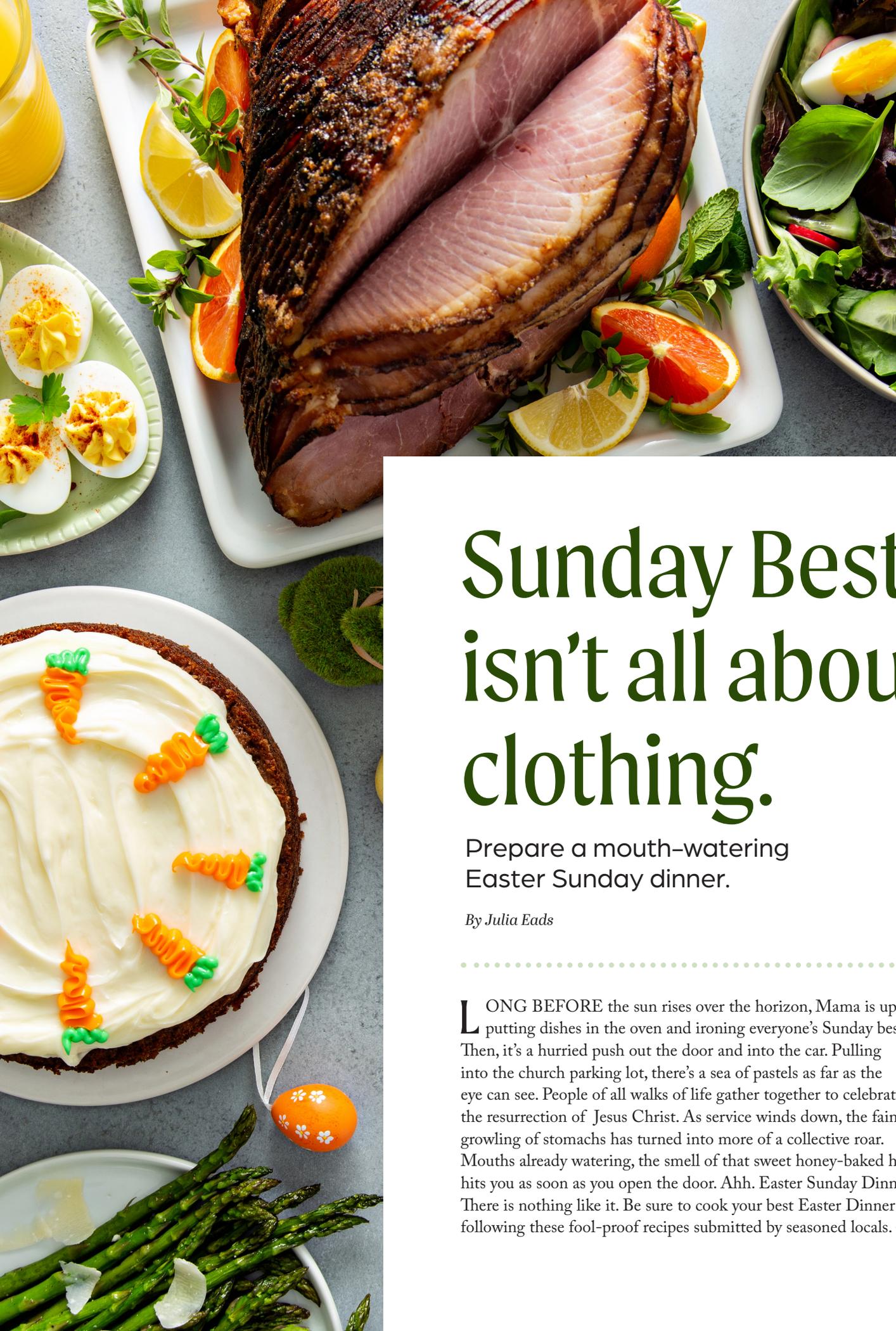
Meet Kyndall Reasonover

I'm your local advertising representative. I'll help you use Good News to grow your business.

Call me at **(931) 952-0303**.

Good News MANCHESTER





Sunday Best isn't all about clothing.

Prepare a mouth-watering
Easter Sunday dinner.

By Julia Eads

LONG BEFORE the sun rises over the horizon, Mama is up putting dishes in the oven and ironing everyone's Sunday best. Then, it's a hurried push out the door and into the car. Pulling into the church parking lot, there's a sea of pastels as far as the eye can see. People of all walks of life gather together to celebrate the resurrection of Jesus Christ. As service winds down, the faint growling of stomachs has turned into more of a collective roar. Mouths already watering, the smell of that sweet honey-baked ham hits you as soon as you open the door. Ahh. Easter Sunday Dinner. There is nothing like it. Be sure to cook your best Easter Dinner by following these fool-proof recipes submitted by seasoned locals. -GN

Scalloped Potatoes

Submitted By Anita Faulkner

Ingredients

1 stick margarine
4-5 large potatoes
1 medium onion, thinly sliced
1 t. salt
1/2 t. pepper
1 1/2 c. milk
1 c. Cheddar cheese, grated



Directions

Preheat oven to 350°. Melt margarine in a 9x13" baking dish. Peel and slice potatoes thin and place in melted margarine. Cover with onion slices. Sprinkle with salt and pepper. Add milk. Bake for 35 minutes. Place cheese over the top and bake an additional 20-25 minutes.

Carrot Cake

Submitted By Faye Bonner

Ingredients

2 c. sugar	3 c. carrots, grated
2 c. AP flour	1 pkg. cream cheese, softened, 8 oz.
2 t. baking soda	1 stick margarine
1 t. salt	1 box confectioners sugar
2 t. cinnamon	2 t. vanilla
1 c. oil	1 c. nuts, chopped
4 eggs	

Directions

In a large mixing bowl, sift together sugar, flour, baking soda, salt, and cinnamon. Add oil. Mix well. Add eggs, one at a time. Add carrots. Pour into cake pans. Bake at 350° for 35 minutes. For frosting, in a medium mixing bowl, combine cream cheese, margarine, confectioners sugar, and vanilla. Add nuts. Spread frosting over cooled cake. Refrigerate until ready to serve.

Holiday Ham with Cider Glaze

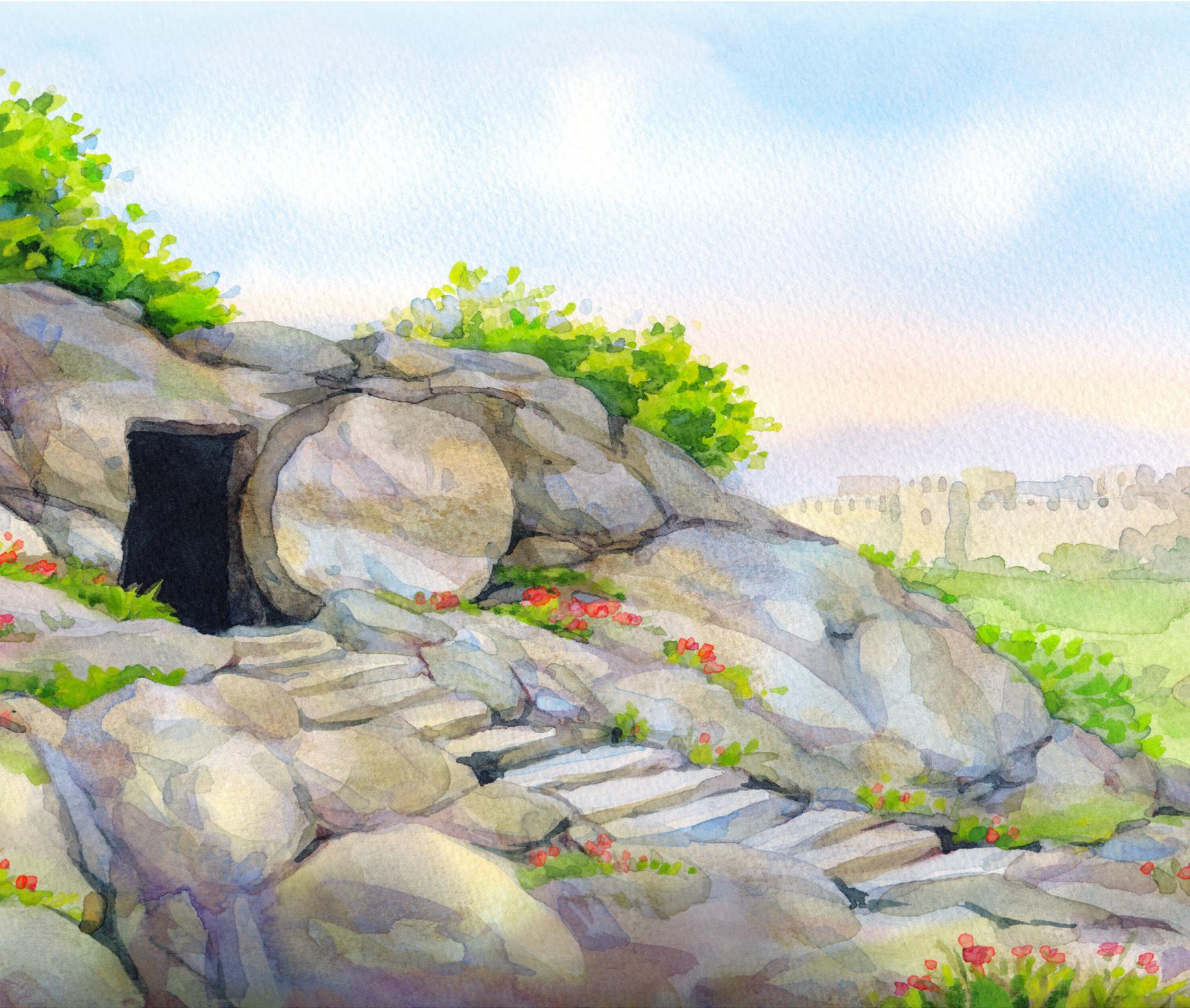
Submitted By Donna Simmons

Ingredients

5-6 lb. ham, cooked, rump, or shank
2 c. apple cider or apple juice
1 c. honey
1/2 c. cider vinegar
1/4 c. Dijon mustard
2 t. chili powder
1 T. butter
1/2 t. apple pie spice

Directions

Preheat oven to 325°. Trim excess fat from ham. Score ham with diagonal cuts in a diamond pattern. Place ham on rack in a shallow roasting pan. Insert a meat thermometer. Bake until it registers 140°. This should take about 1 1/2-2 hours. Meanwhile, in a large saucepan, combine cider, honey, vinegar, mustard, and chili powder. Bring to a boil; reduce heat. Boil gently, uncovered, for 15 minutes, stirring often. You should have about 2 cups of mixture. Remove half of mixture to a small mixing bowl. Stir in butter and 1/4 teaspoon pie spice. Set aside for sauce; use for glaze. Brush ham with glaze the last 20 minutes of cooking. Serve remaining sauce with ham. If glaze should set before serving; reheat in microwave.



When empty is full

Remembering Mary Magdalene's encounter with Jesus at the tomb.

By Tina Neeley

AS MORNING'S first light nudged the last of the darkness, Mary Magdalene walked with heavy heart and feet along the dirt road. The garden's birdsong and fragrant blossoms, usually welcomed, suffocated her and assaulted her senses.

Mary's first encounter with Jesus altered the course of her life forever. Possessed by seven demons, she was trapped in darkness, no companionship except the spirits that sought to cause her harm and evil. Anxiety, depression, and distress defined her. She was full but so empty.

Casting out the demons, Jesus created space for a filling of new, good things. She was empty but quickly filled with devotion to Jesus. Mary and other healed women followed Jesus, taking care of him as he traveled, teaching and preaching. Drawn to his loving countenance, Mary had never experienced such grace and compassion.

And then everything changed. They had taken Jesus, savagely beaten him, and hung him on the cross between two criminals. Although part of her wanted to hide, she had to be there; she had to see.

As they took his dead body from the cross and carried him away, Mary was empty. Her hope was smashed, and her future was uncertain. And yet she had to honor him. His body had not been properly prepared for burial due to the

quickly approaching Sabbath. And so, as soon as the law allowed, she'd set out to finish.

With the stone rolled away, the coolness of the tomb joined that of the early morning. It testified to the emptiness she could no longer hold in. Sobbing, bending low, she looked in.

"Woman, why are you crying? Who are you looking for?" asked the angels, one at the head and one at the feet where Jesus' body had laid.

"Because they've taken my Lord, and I don't know where," Mary answered them.

Turning and standing again, Mary saw a man who asked the same questions.

"Please, just tell me where you took his body," Mary pleaded, seeing but not at all comprehending, the man was Jesus.

"Mary."

It was all Jesus said – all he had to say – to open her eyes to his true identity.

And while she longed to embrace him and linger with him, she obediently went to carry his message to the disciples.

Filled with good news and resurrected hope, surely she ran. The morning light washed her weary body. The birdsong and blossoms carried her along the dirt road, her feet barely touching the ground.

"I've seen the Lord!" she announced.

The first to proclaim it, Mary Magdalene, reminds us when we go empty to Jesus, He never fails to fill us. **-GN**

GO DEEPER:

Explore the gospels and start a list of those changed when they encountered Jesus.

Resource: "Encounters with Jesus" by Timothy Keller explores stories of lives changed by personally meeting Jesus. The book is available on Amazon.com and other booksellers.



GOOD TIMES

"There's nothing to do in a small town." We hear it often, but is it true? There are Good Times every weekend in Manchester. It doesn't matter if it's a s'more at a bonfire, a lazy day with a book by the window, or exploring the town with the people you love most—there is something to do.

ALL WE HAVE TO DO IS SAY YES.





The Manchester Chamber Gala: A Love Story to Manchester

Moving Manchester forward one connection at a time.

BY TINA NEELEY // PHOTOS COURTESY OF MANCHESTER CHAMBER OF COMMERCE

KATY RIDDLE'S enthusiasm for her work at the Manchester Chamber of Commerce is contagious. The community's caught it, too, as proven by the interest and success of the 46th Annual Awards Gala held on January 27, 2022.

"We sold out, and that was with adding two additional tables," Riddle said. "We had sponsors asking to participate instead of us asking them. That's never happened. We sold all of our major sponsorships without even promoting them." Riddle is the director of the Manchester Chamber of Commerce.

What, exactly, does the chamber do?

Riddle is quick with the answer. The chamber does more than hand out maps to visitors and new residents. It connects businesses with resources and programs to help them succeed. It welcomes new residents and visitors, connecting them with the resources needed to enjoy their visit or live successfully in the community.

On the other side of the coin, they offer additional support and benefits to their members. As a member of the chamber, individuals and businesses invest in their

community, are connected with like-minded people, and have their business or organization promoted through the chamber's resources.

"What we sell is connection. We move Manchester forward one connection at a time," Riddle said.

Though the chamber staff consists of only Riddle, Katie Anderson, director of membership, and Cindy Davis, administrative assistant, its influence and outreach is large.

Members have access to the many resources in the chamber's toolbelt. Partner-



KATY RIDDLE



KATIE ANDERSON



CINDY DAVIS

ships with Dale Carnegie Training and the Tennessee Small Business Development Center connect members to training and leadership development. Programs include coaching on conflict resolution, employee motivation, and more. Additionally, the chamber directs Coffee County Leadership which engages current and emerging leaders by providing a behind-the-scenes look at the inner workings of their community.

Chamber members make connections with one another and through referrals. "One of the things I love about Manchester is you can literally do business with your friends and neighbors, and they reciprocate and do business with you. Investing in the chamber is investing in our community, so we can all move forward together," Riddle said.

The chamber further promotes member businesses through its website, Facebook, Instagram, and a weekly newsletter to increase awareness of a brand or service.

"We serve as an extension of your marketing arm," Riddle said.

This year's gala was exciting and celebrated the mutual success of the chamber and its members.

"I think you can always tell about the health of an organization by looking at the engagement of its members, and our gala was an example of that," Riddle said.

She continued, "An event like this becomes a love story to Manchester. It reflects all the wonderful things going on in the community and the people behind it. And it's a look forward to what we hope to accomplish throughout the next year."

At the heart of all the chamber does, is people.

"Without the people, you don't have any businesses or services," Riddle said. "We are an organization designed to bring people together; that's our purpose. We have such great momentum and no plans to stop." -GN

46TH ANNUAL AWARDS GALA WINNERS

Small Business of the Year:

Thunder Radio

Industry of the Year:

KIRCHHOFF Automotive Manchester

Business of the Year:

Rogers Group Inc.

Tourism Achievement Award:

Barbara Arp and Ryan French

Spotlight Award:

Manchester Old Timers Day

The Other Award:

Rebecca French and Ryan French

Ambassador of the Year:

Heather Phillips,
First Vision Mortgage

The Roger Dotson

Board Member of the Year:

Brad Goodwin, First Vision Bank

The Wayne Bramblett Award:

David Cleveland, CFC Recycling, Inc.

CITY NEWS // COUNTY NEWS // SCHOOL NEWS // FAITH // EVENTS // RECIPES

MANCHESTER Good News

MAY 2022

Veterans of
Foreign Wars:
the fragrance
of freedom



From a breakfast
conversation to a
charity organization

Selfless

shining a light on Manchester's best

Meet Sandy and Sherril McKelvy, Nancy Simpson, & Dr. Aaron Carmean

A PUBLICATION OF
EXCHANGE MEDIA GROUP



Share the Good
News with your
friends and family.

*Tell them to request a free subscription
at GoodNewsMags.com*

Good News MAGAZINE

COMMUNITY EVENTS

Operation relief

Photos contributed by Karen Lewis

VFW's fundraiser for Ukraine was a huge success. Photos submitted by VFW Post 10904 Manchester VFW Post 10904 Manchester, held a Ukraine Relief Fundraiser dinner, discussion, and prayer service on March 11 at the Coffee County Veterans building in Manchester. A beautiful Ukraine quilt made by Linda Salerno was raffled. Christy Conlee made three dozen Ukraine flag cupcakes, and Becki Loudon made 50 Ukraine support buttons which were given to those in attendance.

Donations from the event totaled \$4,021. The monies collected will be forwarded to Samaritan's Purse, a relief organization on the ground in Poland, assisting refugees.





Well worth the wait

Photos contributed by Karen Lewis

Westwood Middle School's (WMS) 6-8th grade cast and crew performed "All Shook Up Young @ Part," a jukebox musical that featured songs by Elvis Presley, at the Manchester Arts Center. Thirty-four cast members, plus three 7th grade crew members participated in five performances of the show. The crowds were large, and some even had to be placed on a waiting list. This show was the last by long-time WMS teacher and theater director, Karen Lewis, who said, "I could not have asked for a better experience for my 8th graders and me. Together, we created something we can all be proud of from our time at Westwood."

COMMUNITY EVENTS

CONTINUED



Together again

Photos contributed by Randy Plucinik, Sr.

Original band member David Thornhill and his daughter, Debbie Thornhill Lamberson, pulled together many of the original members of The Loretta Lynn Coal Miner's Band, for a special night of pure country music at the Manchester Arts Center. Although it had been more than 25 years since they'd played together, those in attendance agreed you couldn't tell it for a minute. The band and their special guests performed for four entertaining hours.





EVENTS CALENDAR

APRIL/MAY 2022

April 15

5:00 pm Deviled Egg Competition
Harvest Local Foods
101 N. Irwin Street, Manchester

To enter the deviled egg competition - call (931) 247-6674 by Wednesday, April 13. Prizes for first, second, and third place winners.

6:30 pm "Pray.Paint.Praise"
A night of worship with TheHeARTStudio
Jehovah Java
920 McArthur Street
Manchester

This is open to the public for adults and children. As we enter into spring, we will be painting rocks and stones as we feel inspired by Psalm 18 "The Lord is my Rock". TheHeARTStudio is asking for a \$5 minimum donation, if possible, for this event.

6:30 pm T.Brooks Painting Studio: Painters Choice
239 Cortner Mill Road
Normandy

Buy your ticket to reserve your seat, seating is limited. Part of the ticket price will go towards helping the Boys Ranch; Arrow Head Ranch. (soon to be Riverbend Ranch & Retreat)

Tickets
www.paypal.com/cgi-bin/webscr

7:30 pm Cabaret
Manchester Arts Center
128 East Main Street
Manchester

More info: www.mrccabaret.art/
A limited number of cabaret table seats (including one drink) are available at \$25 each. Contact the Millennium office at (931) 570-4489

April 16

7:00 am Cannon County Farmer's Market
Arts Center of Cannon County
1424 John Bragg Highway
Woodbury

9:00 am Spring Shin Dig
Skydive Tennessee
807 William Northern Blvd.
Tullahoma

1:00 pm Easter Egg Hunt
Fred Deadman Park
168 Wilson Street, Manchester

1 p.m. for 7 and under
8 p.m. for 8 and older at the Babe Ruth Field
All egg hunts are free to the public. Remember to bring your basket and flashlight for the night hunt.
For more information, please call (931) 728-0273

2:00 pm Easter Egg Hunt
Bell Buckle Park
101-299 Peacock Street
Bell Buckle

The Bell Buckle Fire Department holds its annual Easter Egg Hunt at the park for ages 0 to 10 years old. Games, Puzzles, & Play

2:30 pm Mixed Media Workshop
Tullahoma Fine Arts Center
401 South Jackson Street
Tullahoma

Register online at: www.TullahomaArt.org
or call (931) 455-1234

April 17

12:30 pm Fellowship Meal
Asbury United
Methodist Church
178 Buck Jones Road
Hillsboro

Enjoy a fellowship time together with a wonderful potluck lunch

April 19

**5:30 pm “Come To The Table”
for a free hot dinner**
Damron’s Restaurant
714 East Lincoln Street
Tulahoma
Every Tuesday Evening

April 21

**6:00 pm Collins River Song
Writers Night LIVE!**
Collins River BBQ and Cafe
117 E Main Street, McMinnville

April 22

8:00 am 2022 Tennessee Tune-up
Manchester Recreation
Complex
557 North Woodland Street

Travel basketball tournament
for all teams.
\$150.00-\$165.00 entry fee
3 game guarantee
Exposure Certified

Kris Hooper (615) 473-1025
muhoop@hotmail.com

**6:00 pm TFAC History
Club Meeting**
Tulahoma Fine Arts Center
401 South Jackson Street
Tulahoma

[www.tulahomaaartcenter.org/
history-club-sign-up](http://www.tulahomaaartcenter.org/history-club-sign-up)

April 23

**6:00 pm Support the Arts
Fundraising Gala**
Tulahoma Fine Arts Center
401 South Jackson Street
Tulahoma

Tickets are available at the art
center or RSVP by calling
(931) 455-1234

**10:00 am Drawing Classes
& Workshops with
Brandie Liggett**
Marshall Co. Art Guild -
107 West Commerce St.,
Lewisburg

For more information:
(931) 637-4774

April 24

**10:00 am Shady Grove Baptist
Church Homecoming**
4967 Shady Grove Road
Morrison

April 30

10:00 am Song Writers Workshop
South Jackson Civic Center
404 South Jackson Street
Tulahoma

\$20 admission includes
access to both classes.
To signup, call (931) 455-
5321 today and be sure
to bring a pencil, paper,
and your creative ideas to
these exciting workshop
experiences.

May 6

**4:00 pm National Space Day
Celebration and
Space Classroom
Ribbon Cutting**
603 Woodbury Hwy,
Manchester, TN

**6:30 pm Rode West Band @
Coffee County
Senior Center**
Hands on Science Center
101 Mitchell Blvd, Tulahoma

6:30 pm BTB Banquet
Coffee County Fair
99 Lakeview Drive
Manchester

This banquet is FREE;
however, you MUST reserve
your seat through our portal.

May 7

**6:00 am Coffee County
Farmers Market**
210 East Fort Street
Manchester, TN

**9:00 am 6R Farms
Strawberry Festival**
411 Mankin Lane
Woodbury

**12:00 pm One Stroke at a Time
Golf Tournament**
WillowBrook Golf Club
6751 McMinnville Highway
Manchester
\$150 each person/
\$600 per team Lunch at noon
Tee off at 1 pm. Deadline to
register is Friday, April 22.

**1:00 pm Tulahoma
High School Exhibit**
Tulahoma Fine Arts Center
401 South Jackson Street
Tulahoma



GOOD NEWS SUPPORTERS

We can spread Good News because of our generous advertisers. They help make our world a little brighter. We encourage you to do business with them.

911 Restoration.....	20	Hi Temp Hydro.....	39
Adoration Home Health & Hospice.....	17	Imhoffs Landscaping	43
Adult & Pediatric Dermatology.....	7	Interstate Liquors.....	20
Al White Motors	84	Kiser, Matt	43
Autumn Oaks	28	Manchester Associates/Rivendell.....	43
A Winning Attitude.....	28	McBride Angus Farms.....	43
Beans Creek Winery	28	Meadows Homes	4
Bertzett Excavating.....	28	Merle Norman.....	43
Bridgewood Mortgage.....	17	Metro Industrial Manchester	28
C.A.R.S. (Custom Auto & Rod Shop)	28	Peoples Bank	39
Char El Apartments.....	39	Richardson Waste Removal.....	21
Citizens Tri-County Bank Decherd	11	Sir Pizza Manchester	5
Clearwater Pool and Spa.....	7	Southeastern Institute of Medical Technology	39
Clower Automotive.....	39	Southland Pharmacy	21
Coffee County Funeral Chapel.....	28	Stan McNabb Chevrolet Buick GMC.....	3
Coffee County Realty - Manchester	20	The Mercantile On The Square	9
Dr Vanessa Green	39	The Mossy Pot.....	20
EER Institute.....	39	The Piggy Back Financial Group.....	21
Elk River Public Utility District.....	43	The Webb School.....	8
Family Counseling Center.....	39	Vanderbilt Tennova Healthcare.....	2
First Bank Manchester	20	Watson Barn Rentals, LLC.....	20
First Vision Bank Tullahoma	4	Watson Metals LLC.....	17
Henley Millwork Factory	28	Watson Metals LLC.....	43
Hercules Home Inspections	20	Weichert Realtors - Joe Orr Realtor.....	7
Hillsboro 41 Market.....	43		

A group of people are sitting around a campfire at night in a wooded area. The scene is illuminated by the warm glow of the fire, with the silhouettes of the people and trees visible against the dark night sky. The overall mood is peaceful and intimate.

We want to publish your Good News.

*Do you know someone who should
be in Good News Magazine?*

We're looking for good news, people to
cover, contributing writers, artists,
and photos of events.

Submit your good news at:
GoodNewsMags.com

Good News MAGAZINE

MIDDLE TENNESSEE'S FORD SUPERSTORE



Superior Service and Exceptional Value



The Reviews Are In!



Great service from friendly and knowledgeable employees

- Tim



Al White treated me with great respect and did everything that I asked and did a free car wash at the end and was super nice at all times

- Kimberly



Great experience during social distancing. Will give them our business again.

- Jason



Both my husband and I agreed that the buying process at Al White as the best we have ever had. Smooth process that did not take hours. Staff was wonderful and had answers to the questions we asked.

- Martha



This was one of the easiest car buying experiences I have ever had. Al. White Motors is a great family run dealership. I appreciate all the helpful staff.

- Phillip



They take care of you even after the sale. Thomas W and Rob T came thru in the clutch to help a Al White client. Service department is top notch. They get you in and out efficiently.

- Bo



AL

WHITE

FORD-LINCOLN



2002 Hillsboro Blvd., Manchester, TN **931-728-2402**

www.alwhitemotors.net