



TWIN CITY TIMES

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Great Falls Forum with David Chittim and Steve Collins

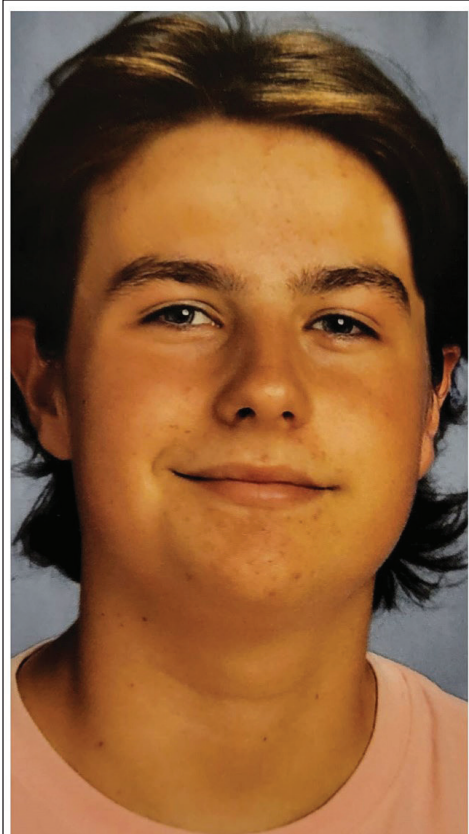
LEWISTON, ME (April 4, 2022) -- The 2021-2022 season of the Great Falls Forum concludes on Thursday, May 19th, featuring moderator Judith Meyer, Executive Editor for the Sun Journal, Kennebec Journal, and Morning Sentinel, alongside David Chittim of the Androscoggin Historical Society, and Steve Collins, State House Reporter for the Sun Journal, with a talk entitled "175 Years of Recorded History—Through Journalism." This free, public program will take place from 12 noon to 1 PM virtually via Zoom and streamed to the Lewiston Public Library Facebook page.

The Sun Journal, which has published under a number of different names since its first edition hit the streets on May 21, 1847, is celebrating its 175th anniversary. While the newspaper is one of the oldest businesses in Lewiston, it is so much more than that. Every single significant event that has ever happened in the lives of Mainers has been reported by generations of local journalists who first brought news of the world to local homes long before radio. They have remained steadfast on the job to shine a light on our shared lives, our struggles, our successes, and our personal stories, helping shape our communities in untold ways.

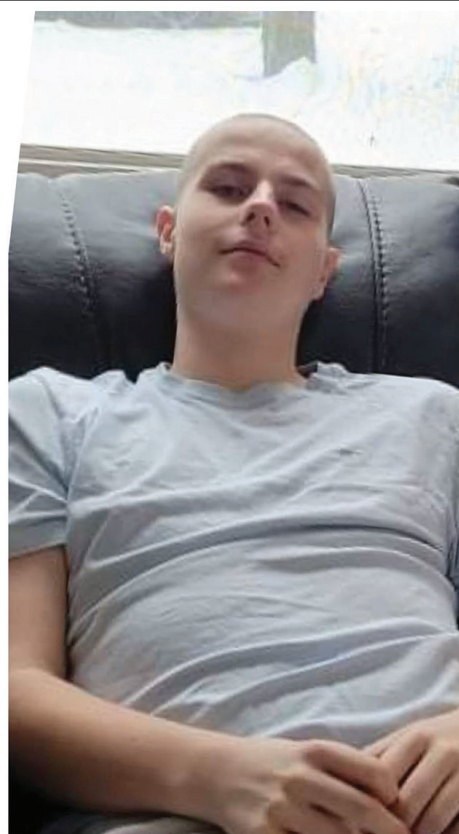
In their Great Falls Forum talk, Sun Journal Staff Writer Steve Collins and Androscoggin Historical Society Treasurer David Chittim will look at some of the more notable events in Androscoggin County and the journalism that brought those events to light. Take a walk back through time — through the pages of the Sun Journal and its predecessors — and reflect on our history, our lives, and our community. Celebrate the past and embrace the future.

A journalist since 1990 and former
See Forum, page 14

Lewiston Teen to Benefit From Fontaine's Virtual Auction



Johnathan Morin



LEWISTON, ME (April 11, 2022) -- Fontaine Family - The Real Estate Leader will be hosting their 8th Annual Bid For Wishes Virtual Auction on their Facebook business page May 16-23, 2022. Along with Make-A-Wish Maine, this year's auction will also benefit Johnathan Morin, a sophomore at Lewiston High School. Johnathan first started experiencing pain in his leg in the summer months of 2021. When he collapsed in pain at school in early November, family members knew something wasn't right and brought him to the emergency room. After multiple appointments with local doctors, includ-

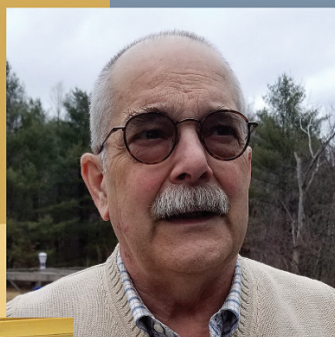
ing a concerning MRI on November 11th, Johnathan was referred to Boston Children's Hospital. At a follow up appointment on December 1st, Johnathan and his family got the news that he was officially diagnosed with Ewing's Sarcoma in both his pelvis and lungs, and is inoperable due to its location. The treatment plan includes 14 cycles of chemotherapy, with radiation beginning halfway through receiving treatment at The Barbara Bush Children's Hospital. Johnathan has a long road ahead of him, but he is prepared to fight cancer with all his might. Anyone who has had the pleasure of knowing him can attest that he has a mental strength far beyond his 15 years. Given the nickname "Rocket" by former hockey teammates and coaches, we are now using #team-rocket and asking the community to rally

around Johnathan and his family as he undergoes the fight for his life. Johnathan's wish is to go to Hawaii for a vacation with his family after his journey is complete and he's feeling better.

Since 2009, starting with Walk for Wishes, each year the entire Fontaine Family Team participates in their largest fundraising event benefiting Make-A-Wish Maine and has been able to raise enough money to grant the wishes of 9 seriously ill Maine children to date. In 2013, Fontaine expanded their efforts by creating Bid for Wishes, which is their online virtual auction event collecting donated items from local business owners to be auctioned off. Their 2021 online auction event was the biggest yet, auctioning off nearly 300 items and raising over \$20,000. Half went to a Lewiston High School student, Emersyn Rowles, for her dream trip and the other half to a Make-A-Wish child in Durham. The team goal is to grant two wishes again this year.

The success of the Bid for Wishes auction is largely dependent on the community and local business owners! Here's how you can help make the 8th Annual Bid For Wishes Virtual Auction a success. DONATE an item to be auctioned on Fontaine Family - The Real Estate Leader's Facebook silent auction event. You'll promote your business while helping a local teen and another seriously ill Maine child's wish be granted! Contact Fontaine today to donate: 784-3800 (Auburn location), 289-3830 (Scarborough location) or info@fontaineteam.com. MAKE A BID by visiting Fontaine's Facebook Business Page (facebook.com/Fontaine-Team) during the week of May 16-23, 2022. All items up for bid will be put in an album for easy access and viewing. Bids will be accepted starting at 12pm May 16th and all bidding will end at 12pm on May 23rd. MAKE A DONATION by mailing or dropping off a check at Fontaine: Fontaine Family - The Real Estate Leader, 336 Center Street, Auburn, ME 04210, attn: Bid For Wishes 2022.

GREAT FALLS FORUM



175 Years of Recorded History—Through Journalism
A Panel Discussion

May 19, 2022 - 12 noon



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Newsmakers, Names & Faces

Community Health Options Continues Commitment to Wellness

LEWISTON, ME (May 2, 2022) – Lewiston-based Community Health Options (Health Options), the only Maine-based, nonprofit, Member-led health insurer and plan administrator, has awarded grants to ten Maine nonprofit agencies focused on encouraging physical activity to improve overall health and wellbeing in the state.

Grant recipients include: the Boys & Girls Club of Bangor, Central Maine Community Health Corporation (Healthy Androscoggin), Fit Girls of Wilton Maine, Healthy Communities of the Capital Area, Houlton Band of Maliseet Indians, Intercultural Community Center, Operation ReBoot Outdoors, Teens to Trails, Tree Street Youth, Inc., and

Women for Healthy Rural Living.

“From fly-fishing programs that will help the wellbeing of our veterans to youth outdoor enrichment programs, it’s inspiring to see the healthy initiatives influencing our communities across the state,” said Kevin Lewis, president and CEO of Health Options. “We are thrilled to support these community-based organizations that will have a positive impact on the lives of Mainers for years to come.”

By supporting these organizations, Health Options hopes to shine a light on nonprofits in Maine building the basis for wellness through physical activities.

At Teens to Trails, the team is busy preparing for their Explorer Clubs for



nature and outdoor skill activities across the state. Teens to Trails Executive Director, Alicia Heyburn comments, “Sharing time outdoors provides essential nourishment, inspiration, and wholeness in the lives of our youth who are the future stewards of our land. We are thrilled to offer Outdoor Explorer programs for middle school students in partnership with recreation departments across Maine.”

Healthy Androscoggin looks forward to creating a Story Book Trail

at the Park Avenue Elementary School in Auburn with the Health Options’ funding. “The trail will encourage physical activity for students and community members while reading their favorite stories through the school garden and orchard,” says Emily Smith, Health Promotion Coordinator.

Tree Street Youth, Inc., also in the Androscoggin area, looks forward to building more programs outdoors for children and teens. Julia Sleeper, Co-Founder and Executive

Director remarks, “These funds will go towards supporting our youth to get outside and create opportunities for them to explore, learn, and foster healthy lifestyles beginning at an early age.”

Similarly, in Westbrook, “Funding will enable the Intercultural Community Center to offer no-cost, structured opportunities for physical activity to immigrant, low-income, and historically marginalized families”, says Christopher Feely, youth program director for the center. “Youth and adult students will be able to engage in a wide array of fun and healthy activities, such as swimming, basketball, gymnastics, hiking and aerobic exercise.”

A Maine non-profit focused on veterans’

wellbeing will also benefit from a Health Options’ grant. At Operations Reboot Outdoors, the organization’s president, Nicole White, states, “We believe in the healing powers of the outdoors as a critical weapon in the battle against the Veteran Suicide Epidemic. The Community Health Options Grant will help fund our Fly-Fishing and Fly-tying seminars, allowing us to bridge the gap between military and civilian life for an additional 80 Veterans, Service Members, and Law Enforcement Officers each year.”

Health Options will hold another grant cycle in the Fall supporting small community-based programs that encourage physical activity as a way to improve overall health and wellbeing.

Expanded Nursing Begins at Maine’s Community Colleges

AUGUSTA, ME (May 3, 2022) – Maine’s community colleges are adding new night and weekend nursing programs, expanding the number of seats available, and ultimately doubling the number of nursing graduates, thanks to \$2.5 million in new state funding that is being matched by the state’s two largest healthcare providers.

The new state allocation was included in the supplemental budget signed by Governor Janet Mills on April 20.

“Some of our nursing programs have hundreds of applicants that are turned away because classes are full. At the same time, demand for nurses is at a crisis level. This expansion is key to increasing the number of skilled nurses in Maine,” said David Daigler, president of the Maine Community College System (MCCS). “We are

so grateful for the state’s investment in nursing, and to our longtime, valued partners, MaineHealth and Northern Light Health.”

The \$2.5 million, matched by the healthcare providers, allows Maines’ community colleges to double the number of nursing program graduates from approximately 240 people per year to 480 per year.

Northern Light Health and MaineHealth are matching the state’s \$2.5 million.

“Northern Light Health welcomes partnering with the Maine community college nursing programs along with MaineHealth to increase the number of nursing graduates,” Northern Light Health President and CEO Tim Dentry said. “While Maine has made progress increasing nursing education capacity, we continue to be challenged by a

shortage of nurses who are needed to meet patient care needs throughout Maine. This immediate action will show results; the most exciting thing is this will open doors to the great profession of nursing to so many people.”

MaineHealth Chief Executive Officer Andy Mueller, M.D., agreed the effort would help.

“These funds to expand the nursing programs in the Maine Community College System are a significant investment in addressing the nursing shortage in our state. Training the next generation of nurses and providing the educational support to help them succeed in this important career path is a win-win for everyone,” Mueller said.

Among the highlights of the planned nursing expansion:

Central Maine Community College: Adding

40 new nursing students annually, by using the existing lab space on nights and weekends. Hiring eight new nursing faculty, simulation tech and simulation coordinator positions.

Eastern Maine Community College: Adding 12 new students at WCCC, up to 12 new students at Pen Bay Medical Center in Rockport, and another 24 new students in expanded summer start and evening programs. Hiring two full-time faculty, two adjunct faculty, and simulation lab staff. Purchasing equipment.

Kennebec Valley Community College: Adding eight new students in fall 2022, and an additional eight students in fall 2023, for a total of 56 seats. Hiring additional faculty and a clinical coordinator.

Northern Maine Community College: Adding eight new students in 2022-2023, and an additional eight students in 2023-2024, for a total of 48 seats. Hiring additional nursing faculty members, a simulation operations

specialist, and purchasing additional equipment for the simulation laboratory. Adding support for students to increase retention.

Southern Maine Community College: Adding 42 new students in a new evening nursing program at the South Portland campus and hiring six new nursing instructors. Doubling nursing capacity at the Midcoast Campus in Brunswick, with a new nursing cohort starting every year instead of every other year.

Washington County Community College: Building a new WCCC nursing program while partnering with EMCC to provide an opportunity for a cohort of 12 students starting next academic year. Hiring at least two new nursing instructors, and immediately adding a new health occupational certificate program to prepare future nursing students to enter the new WCCC program. The new nursing program anticipated launch date is 2023 at the Calais location.

York County Community College: Launching new nursing program with 32 seats in fall 2022. Hiring four full-time faculty.

The nursing programs at Maine’s community colleges are top-ranked, with EMCC recently ranked as #2 in the Northeast for two-year nursing programs by NursingProcess.org. Our colleges consistently post among the highest pass rates on the NCLEX, the national licensing exam. The seven colleges also offer many other healthcare programs, training medical assistants, physical therapy assistants, community mental health workers, child care and gerontology specialists, front-office staff, and more.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

Please help us in welcoming Fran Gagne to the Champoux Insurance Agency family.

Fran comes to us with over 24 years of knowledge & experience in the insurance industry. Her primary focus is commercial lines, but she also has personal lines experience.



Fran’s clients look to her for her thoroughness and detail-oriented work habits. Fran’s belief is her customers always come first.

In her free time, Fran enjoys spending time with her family & friends and her pride & joy is her grandson, Caiden.



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Newsmakers, Names & Faces

Get Ready for TAM's Its Greek (and Roman) To Me Season!

MONMOUTH, ME (March 18, 2022) – This summer, give yourself a break and journey to the lakes region of Central Maine to experience live theater again! Join us for Theater at Monmouth's Its Greek (and Roman) to Me! Season. For 2022 Theater at Monmouth digs into the roots of classic theater with plays by and about the Greeks and Romans. Through modern adaptations and classic takes on the original plays and myths; TAM's 53rd Season will feature gods, demi-gods, heroes, and heroines, and every satyr in-between.

The 2022 Summer Repertory Season includes Shakespeare's Antony and Cleopatra directed by Charlene V. Smith, and Comedy of Errors directed by Hannah Cordes; Aristophanes' Lysistrata directed by Danielle Drakes; Molière's Amphitryon directed by Carol Ann Tan; and Sarah Ruhl's heartwarming Eurydice directed by Dawn McAndrews. The Family Show is a workshop production of Sarah Bierstock's Pandora and Her Top Secret and Exceptionally Important Scientific Mission directed by Lindsey Higgins. For the Fall Show TAM will produce Shakespeare's A Midsummer Night's Dream directed by Adam P. Blais.

SUMMER REPERTORY SEASON

Performances take place in two venues this year. Historic Cumston Hall, a 250-seat Victorian opera house designed by Harry Cochrane, will be the main performance

space. For audience members looking to be outside for performances there will be a tent at Willows Awake in Leeds, a short drive from Cumston Hall, on Wednesday evenings. Since its founding TAM has rehearsed and performed in rotating repertory, inviting audiences to see the actors in different roles in different shows in one weekend.

Lysistrata | June 25 - August 18

By Aristophanes | directed by Danielle Drakes

On a mission to end the Peloponnesian War, Lysistrata bands together the women of Greece to withhold sex until the men declare peace. As the women tantalize and tease their way to a cease-fire, a timeless story emerges of sexual politics, political power struggles, and the battle between the sexes. Funny, poignant, and just a little dirty, Lysistrata is a comic romp of more than adequate proportions.

"Lysistrata is a funny and very bawdy anti-war comedy that proves once again [that] the old saying is true: 'If women ruled the world, there would be no war.'" – Rick Walters, Viterbo University

Antony and Cleopatra | July 7- August 20

by William Shakespeare | directed by Charlene V. Smith

Reason and judgement prove no match for the tsunami of mutual passion engulfing Mark Antony, one of the three joint rulers of the Roman Republic, and Cleopatra, the powerful Queen of Egypt. Surrendering everything



to their desires, they open the floodgates to a civil conflict that will shake the very foundations of their world. Shakespeare's dark and intimate portrait of this storied affair features some of the most transcendent poetry on love and loss in the cannon.

"The tragedy of Antony and Cleopatra is Shakespeare on a grand scale and it is impressive to take in." – Jeffery Walker, National Theatre Live

Amphitryon | July 14 - August 19

Adapted by Molière | directed by Carol Ann Tan

Jupiter, the king of the gods, is in love again, this time with the beautiful and faithful Alcmena, wife of Amphitryon, Theban general. As the victorious general is on his way home from battle, Jupiter disguises himself as Amphitryon in order to win Alcmena's favors. The blend of high comedy and slapstick antics that follow unlocks a Pandora's box of ideas about love, marriage, and power.

"A comical, anachronistic, and witty retelling of the Greek myth, the story of Jupiter's cuckolding of Amphitryon has come in a variety of theatrical styles over the centuries. Plautus had great success with it as a burlesque

for the Romans; Moliere turned it into a farce, of course; Kleist made a romance of it; and Giraudoux fashioned it into a fantasy." – Wilborn Hampton, The New York Times

Comedy of Errors | July 21 - August 21

by William Shakespeare | directed by Hannah Cordes

Two sets of twins, each with the same name—what could go wrong? Everything, apparently. Leave logic behind and delight in the mayhem of Shakespeare's slapstick comedy. Chaos and confusion reign when two sets of identical twins, separated at birth, end up in the same town on the same day. The blunders double, triple, and quadruple until everyone is pretty sure that everyone else is completely insane.

"Comedy of Errors is an amalgamation of the very best farcical tropes; puns, slapstick humor, and mistaken identities abound." – Kristen Waagner, Maryland Theatre Guide

Eurydice | July 28- August 19

by Sarah Ruhl | directed by Dawn McAndrews

On her wedding day, Eurydice falls victim to a tragic accident that sends her hurtling into the Under-

world, erasing her memory and reuniting her with her long-dead father. When Orpheus arrives to save his bride, Eurydice is torn between her desire to return to the real world and the tender relationship she rediscovers with her father in the afterlife. Brimming with lyrical beauty, and Ruhl's trademark wit, Eurydice is a visceral and surreal meditation on love worth grieving for.

"Eloquent, haunting, and heartbreaking, Eurydice meditates on death, memory, loss, love, and nostalgia in one beautiful ninety-minute story." – Jesse Bond, Splash Magazine

FAMILY SHOW

Pandora | July 2 - August 18

By Sarah Bierstock | directed by Lindsey Higgins

A Workshop Production

Pandora is Seriously Curious about all things Global Warming. When the kids at school call her Teacher's Pet one too many times, she decides to try out life at Dad's house, and enrolls in the gifted and talented school, Smarty Pants Elementary. She just has this one, Exceptionally Important Scientific Experiment she must complete before leaving. It involves a large suitcase she lugs around with her. What could be inside there?? And why is she dragging it to the river?

SUBSCRIPTIONS, SINGLE TICKETS, AND GROUP SALES

A TAM subscription offers savings and exclusive benefits like priority

seating and ticket exchanges. Gold, Flex, General, or Senior Passes are available for purchase, so whether you want a ticket for each show or five tickets to one show, there's an option for you. Single tickets for the Summer Repertory and Fall Show are \$37 for adults, \$32 for senior citizens, and \$23 for students (18 and under). Family Show tickets are \$18 for adults, \$13 for children. Capacity will be limited to 75% and masks are required regardless of vaccination status.

Opening Nights are Educator Nights. Educators receive 20% off tickets with a photo ID at the Box Office.

Under 30 Rush Tickets: For patrons under 30, \$10 Rush Tickets are available at each performance for up to twenty patrons. Sign up by contacting the Box Office, either by emailing boxoffice@theateratmonmouth.org or calling 207.933.9999 the morning of the performance. Requests made before the Box Office opens will not be processed. Tickets can be picked up 30 minutes before curtain.

To reserve tickets, subscriptions, or arrange group sales, please visit www.theateratmonmouth.org or call the Box Office at 207.933.9999.

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Poland Spring to Literacy Donates



Pictured are Heather Printup, Poland Spring Community Relations Manager, on the left and Tahlia Chamberlain, Executive Director of Literacy Volunteers Androscoggin.

The Poland Spring to Literacy Volunteers of Androscoggin County provided a donation, used to buy t-shirts for the 50 competitors in this year's 22nd annual Letters for Literacy Scrabble Fest which was held on April 24th in Auburn. Literacy

Volunteers Androscoggin is a non-profit that provides free tutoring services to adults and families in Androscoggin County. This year's Scrabble Fest fundraiser raised \$7,000 for the group and was the first held since 2019 due to the pandemic.

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DHHS Launches New Resources for Child Abuse Prevention

AUGUSTA, ME (April 26, 2022) — The Maine Department of Health and Human Services (DHHS) announced today the launch of an online resource for Maine families and the pilot of a new tool for mandated reporters to submit concerns about child safety during Child Abuse Prevention Month in April.

In proclaiming April as Child Abuse Prevention Month in Maine as part of a national awareness campaign, Governor Janet Mills urged Maine people to dedicate themselves to improving the quality of life for all children and families by working together to increase awareness of abuse and neglect and promote activities that support children's social and emotional wellbeing.

"Maine people share the goal of ensuring that children grow up in a safe and stable environment that provides them with every opportunity to succeed," said Governor Janet Mills. "My Administration is working with partners throughout the state to address the underlying issues that often contribute

to child abuse and neglect and to support child protective caseworkers on the front lines in our communities. Prevention is the best way to protect children and strengthen families and succeeds when Maine people work together."

"There is no higher priority for the Department and for the people of Maine than keeping children safe," said Health and Human Services Commissioner Jeanne Lambrew and Office of Child and Family Services (OCFS) Director Todd Landry. "Together, we can work towards preventing child abuse by strengthening programs and resources that support healthy and thriving families. We look forward to continuing to collaborate with Maine people, the Legislature, and the many partners throughout the state who are devoted to this critical work."

Ensuring that parents and caregivers have the knowledge, skills, and resources they need helps promote the social and emotional well-being of children and prevent child maltreatment within fam-

ilies and communities. "Protective factors" that reduce the risk for neglect and abuse and support positive outcomes for children, youth, and families include knowledge of parenting and child development, parental resilience, social connections, and concrete supports.

To that end, the DHHS Office of Child and Family Services partnered with other Department Offices and state agencies to develop and launch this month Access Maine, an online guide of programs and resources tailored for families to connect them to services and resources. Access Maine includes information about meeting basic needs, such as nutrition and child care, as well as domestic violence support, mental health and substance use resources, and other programs, complementing Maine's 211 directory.

Access Maine is part of OCFS' Federal Family First Prevention Services Act plan, which expands prevention services to help keep children and families healthy and safe and prevent the need for children

to come into the care and custody of the State. In September 2021, Maine became the first New England state to gain approval to implement Family First and will receive approximately \$2.4 million in additional Federal funding annually.

Additionally during this Child Abuse Prevention month, OCFS is piloting a new online portal for selected mandated reporters to submit reports of suspected child abuse and neglect. The portal is available only to those categories of mandated reporters who are permitted under statute to make non-emergency reports electronically: medical professionals, hospitals and hospital staff, school personnel, and law enforcement personnel. OCFS is promoting the new portal with these professionals, with plans to expand the tool to all mandated reporters in the future.

Anyone in Maine, including mandated reporters, may continue to call the 24-hour Child Protective Hotline at 1-800-452-1999 to report suspected abuse or neglect.

The Mills Administration has upgraded the child protective hotline system as part of systematic improvements at OCFS, including replacing the decades-old Maine Automated Child Welfare Information System with a new system, Katahdin, in January 2022 on time and on budget, streamlining work and saving caseworkers' time. The Administration also established a Background Check Unit to improve investigations and has made major changes to the intake process.

The new supplemental budget includes key initiatives and over \$10 million to bridge gaps in the child welfare workforce, fill key staffing gaps, and implement recent child welfare recommendations from a range of experts. These recommendations align with the Maine Department of Health and Human Services' Child & Family Services Strategic Plan to improve policies and practices to ensure child safety.

Recognizing that child safety is impacted significantly by forces outside of the child welfare

system, the Mills Administration has also worked to address systemic challenges facing Maine. Upon taking office, Governor Mills prioritized responding to the opioid epidemic, expanding work to prevent drug use and enhance the availability of treatment and recovery resources — important initiatives as the pandemic has worsened the opioid epidemic both in Maine and across the country. Governor Mills also reestablished the Children's Cabinet, which has made significant strides in supporting early childhood development as well as successful transition of youth to jobs and education.

As part of Child Abuse Prevention month nationally, the U.S. Department of Health and Human Services, Children's Bureau, and several partners have developed the 2021/2022 Prevention Resource Guide which provides more information for stakeholders and families and highlights examples of innovative prevention approaches being implemented by communities across the country.

FAMILY KAYAKS

Kayaks for Men, Women, Children

Recreational - Fishing and Tandem Kayaks



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Senior College Food for Thought

MAINE (May 1, 2022) -- We all aspire to healthy living, but many of us need some help to get there. Katherine Mills, the Program Coordinator for Healthy Living for ME, is the next Senior College Food for Thought speaker. She will explain how this agency provides programs to help adults manage things like chronic health conditions, prevent falls, and foster well-being. If you are coping with high blood pressure, heart disease, COPD, arthritis, diabetes or other chronic conditions, Healthy

Living for ME can support your efforts to live life as fully and independently as possible.

Katherine grew up in an aging rural community with health disparities, so she has always been motivated to help others improve their quality of life and provide underserved areas with access to health services. Her love for community involvement stems from experience opening and managing a local business at the age of 16. She has a Bachelor's Degree in Public Health with a focus

on community health. That training lead to a professional career working with the non-profit Girls Inc. She has also worked in pediatric outpatient care, all of which has helped her uncover a passion for working with vulnerable populations.

Tune in Wednesday May 18 at 10 AM for a free and fascinating Zoom presentation about an agency much needed in this community and a hard-working woman, Katherine Mills, who helps to keep it going.

To get the link contact: laseniorcollege@gmail.com

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Art2022 at the Harlow Gallery, Annual Juried Show



Holden Willard's 'Quinn Sleeping' / Oil,

HALLOWELL, ME (May 2, 2022) -- The Harlow is excited to present Art2022, our 27th annual juried show. This year's juror was photographer and co-founder of Hinge Collaborative, Séan Alonzo Harris. Art2022 features 35 works of art by 31 artists from across Maine. Art2022 opened on

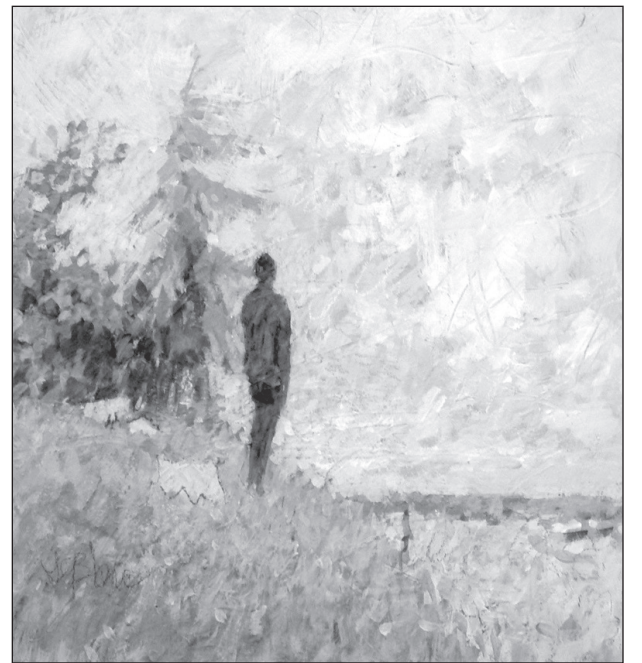
Friday, April 22, and will be on view until Saturday, May 28th. On Friday, May 20th from 4:30 to 6:30 PM the Harlow will hold a closing reception and awards ceremony, with live music by the Harlow Acoustic Jam Club. The Harlow invites the public to join us in celebrating the art + artists of Art2022!

Hélène Farrar, Harlow Board President states, "What an elegant show. It's quiet. And it feels that each piece is just starting to tell a story." This year's exhibit is rich with figures and abstracted landscapes. It seems that it represents the interest of this year's Juror Sean Alonzo Harris, who shares in his Artist Statement, "I'm genuinely curious about peoples' lives and the experiences that shape their world."

The following Artists and their hometowns are listed below:

- Angelique Luro, Kennebunkport
- Brandy Youland, Buxton
- Caroline Ridout, Pittston
- David Estey, Belfast
- Dean Mccrillis, South Portland
- E. Scott Elliot, Dresden
- Ed McCartan, Brunswick
- Ellen Freed, Hallowell

- Eric Darling, Appleton
- Felice Boucher, Brunswick
- Holden Willard, Raymond
- Jane Page-Conway, Bowdoinham
- Jeffrey Orth, Augusta
- JoAnne Houlsen, Bangor
- John LeBlanc, Levant
- Jorge E Pena, Wiscasset
- Joyce Ellen Weinstein, Westbrook
- Judy Gates, South Portland
- Judy Nixon, Bristol
- Kevin Xiques, Portland
- Krista Lord, Lisbon Falls
- Mary Pennington, Durham
- Mike Yoder, Scarborough
- Miranda Dixon, Lewiston
- Nancy Nicol, Dresden
- Nikki Millonzi, Norway



John LeBlanc's 'Waiting at the Beachline' / Acrylic on Panel

Rabee A Kiwan, Portland
 Regan Emily Bell, Westbrook
 Rosalind Fedeli, York
 Sally Stanton, Northport
 The Harlow is a membership based 501(c)3 nonprofit dedicated to connecting and celebrating art, artists and community in downtown historic Hallowell since 1963. The Harlow is open Friday + Saturdays 11am - 4pm. For more information please visit harlowgallery.org or email info@harlowgallery.org

Escape to the Movies

This movie news segment is sponsored by Flagship Premium Cinemas

MAINE (May 6, 2022) -- What draws us to the movies? For some it is the thrill, the soundtrack, and the stunts on the big screen. For others it's their fandoms and their celebrity crushes. For many though going to the movies is about escapism – leaving the world and forgetting about it for a couple hours. In this day and age, we need to escape more than ever. Watching movies at home just isn't the same; that pile of laundry staring you down and your phone or kids, a constant distraction. There is something magical about treating yourself to some popcorn,

silencing your cellphone and sitting in a dark theater to be totally engrossed in a new world. Whether you want to fly in the skies with Tom Cruise or live the lavish life at Downton Abbey, your local cinema is here to provide you a much needed escape.

Now Playing
Dr. Strange in the Multiverse of Madness

Dr. Strange casts a forbidden spell that opens the door to the multiverse and a threat to all humanity.

Firestarter
 A young girl tries to understand how she mysteriously gained the power to set things on fire with her mind. Based on the Stephen King novel.

Coming Soon

Downton Abbey : A New Era

May 20th with early shows May 18th & 19th. The Crawley family returns to the big screen and goes on a grand journey to the South of France to uncover the mystery of the dowager countess's newly inherited villa. Based on the hit TV show. Tickets on sale now!

Top Gun: Maverick

In theaters May 27th, tickets on sale May 3rd. After more than 30 years of service as one of the Navy's top aviators, Pete "Maverick" Mitchell is where he belongs, pushing the envelope as a courageous test pilot and dodging the advancement in rank that would ground him.

What do you think?

We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers.

Agree with us or another columnist? Disagree? Write to us and let us know!

Email all submissions, including name, address and phone number, to the editor.




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Arts & Entertainment

Magic Fundraiser For All Ages Coming To Sacred Heart



AUBURN, ME (April 18, 2022) -- An evening of fun, fascination and illusion for all ages is slated for Sunday, May 15th at the Sacred Heart Parish Hall in Auburn.

Money raised through this fundraising event will help the Friends of Little Portion Hermitage support the ministry of Little Portion Hermitage, a place where God is sought in Christ-centered solitude, sacred silence and prayer. For more information visit the Friends of Little Portion Hermitage website at <https://littleportionhermitage.org>

Presenting an array of magic skills are three highly-regarded and capable masterful performers—Mark Vaillancourt,

Phil Smith and Mike Millett. Mark Vaillancourt (<https://www.facebook.com/Marks-Magic-408325152660398>), of Mark's Magic, is a close-up magician and mentalist. A familiar face to many Sacred Heart parishioners, Mark believes that magic is an art that is fun and entertaining for all ages. He has performed for several restaurants, local college venues, and private receptions as well as fundraising events including Make-A-Wish Foundation. Mark has had the opportunity to learn from several great magicians such as David DaVinci, Joshua Jay, Marc Paul as well as the current King of Cards, Jeff McBride.

Phil Smith (www.abracadabraprod.com), mas-

ter magician, entertains children and adults. He entertains at homes, schools, and many other settings from Maine to Boston and beyond. Smith is a 'kid at heart,' which makes his magic dazzle everyone. After training with world renown magician, Jeff McBride, Bob Fitch, and many other stars of magic, Smith went on to win magic competitions in Maine, several times. He's performed thousands of amazing magic shows.

Mike Millett will also present his artistry in a rare performance.

Showtime is 6 PM (doors open at 5 PM). Admission by cash or check only is payable at the door: \$20/adults, \$10/children, family price of \$50.

L-A Veterans Plan Memorial Day Parade and Flag Posting

LEWISTON – AUBURN, ME (May 6, 2022) -- L-A Veterans Memorial Day Parade

The Lewiston/Auburn Veteran's Council invites you to participate in their Memorial Day Parade on May 28 at 9:30. The parade be-

gins at Simone's Hot Dog Stand. Any and all welcome, vehicles, motorcycles, walkers, program to follow at Veteran's Park. Contact Jerry Dewitt to RSVP. JDewitt@TCMHS.org. 207-576-0376 or 207-926-3240.

L-A Vets need help

posting flags

The Lewiston/Auburn Veteran's Council needs help posting 3,000 flags on Veteran's graves on May 21 at St. Peter's Cemetery. JDewitt@TCMHS.org. 207-576-0376 or 207-926-3240.

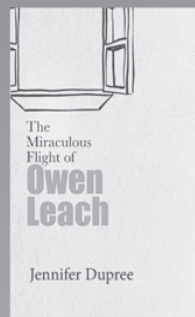
LYAC Promotes Positivity in Lewiston

LEWISTON, ME (May 6, 2022) -- SHARE YOUR POSITIVES ABOUT LEWISTON! In 2018, the Lewiston Youth Advisory Council (LYAC) undertook a "Shine on Lewiston" outreach, and

part of that was the development of an online "Positivity" form through which folks could share their positives about Lewiston. The form has been updated with a new "visual" to match Lewiston's

current branding. Check out the form; it's still available for comment, and you may see your Lewiston positive on Lewiston's social media/web! www.lewistonmaine.gov/positivity

Author Talk With Jennifer Dupree



Tuesday, May 17th
5:30 PM
Jeanne Couture Room
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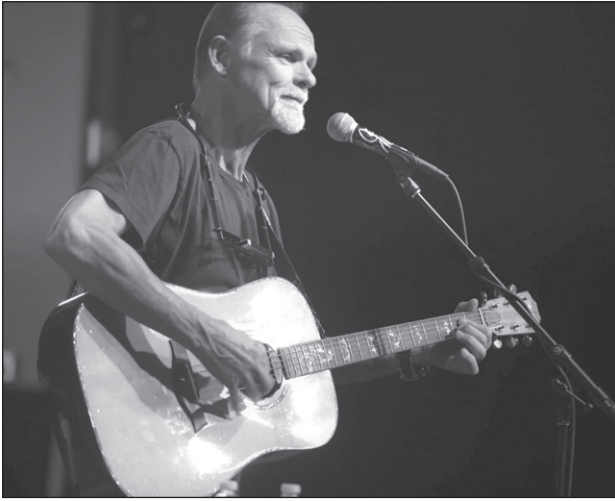
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CCAC Presents Upcoming Concerts



Jonathan Edwards

BATH, ME (May 4, 2022) – Chocolate Church Arts Center Presents Jonathan Edwards

The Chocolate Church Arts Center (CCAC), at 804 Washington Street in Bath, will present an evening with veteran singer-songwriter Jonathan Edwards on Friday, May 13.

Edwards' impressive repertoire of songs includes the anthemic "Sunshine (Go Away Today)," which resonated with thousands of frustrated and angry young people when it was first released in 1971, as well as classics like "Sometimes," "One Day Closer," "Don't Cry Blue," "Everybody Knows Her," and "Shanty."

Since 1971, Jonathan has released 15 albums, including Blue Ridge, his standard-setting collaboration with bluegrass favorites the Seldom Scene, and Little Hands, his collection of children's songs,

which was honored with a National Library Association award. Five decades into a stellar career of uncompromising musical integrity, Jonathan Edwards simply delivers, night after night – songs of passion, insight, and humor, all rendered in a pure and powerful tenor which has only grown sweeter with age.

An artist who measures his success by his ability to attract and take good care of an audience for over forty years, Edwards maintains that it is the feedback he receives after his shows that keeps him going, saying "It is really gratifying to hear someone say 'Your stuff has meant a lot to me over the years.'"

An Evening with Paula Cole. The Chocolate Church Arts Center (CCAC), at 804 Washington Street in Bath, will present an evening with GRAMMY-winning singer-songwriter Paula Cole

on Saturday, May 21.

With a musical catalog defined by honest and deeply personal lyrics carried by her powerful, radiant voice, Cole has a gift for discerning the underlying humanity in stories from her own life as well as those around her, and channeling those emotional elements into captivating music. In 1997, Cole received the GRAMMY award for Best New Artist and her album *This Fire* garnered seven nominations. That album included the timeless hits "Where Have All the Cowboys Gone?" and "I Don't Want to Wait" (later the theme song for hit TV series *Dawson's Creek*).

Along with winning Best New Artist in 1997, Cole was the first sole woman (without collaborators) nominated as Producer of the Year, and she has consistently used her voice "for women," she reflects. "Being a feminist has always informed my music. I do this for my great-grandmother, I do this for my mother, I do this for me, and I do this for my daughter, who I want to be a strong woman in the world."

Cole's latest album, *American Quilt*, interprets a selection of classic blues, jazz, folk, gospel, and pop songs – each of which provide an entry point for rediscovering America's interwoven cultural lineage. *American Quilt* follows 2019's ac-

claimed album of originals, *Revolution*, deemed by PopMatters as "an exceptional piece of work, a timely reminder of how soulful and perceptive a writer and singer Cole is and has always been."

Outdoor Concert with Lady Lamb.

The Chocolate Church Arts Center (CCAC) will present a concert with the indie singer and songwriter Lady Lamb on Sunday May 22. The show will take place outdoors at the Maine Maritime Museum at 243 Washington Street in Bath.

Lady Lamb is the stage name used by Aly Spaltro, who began her songwriting career while living in Brunswick in the mid 2000's. It was there that, while working the closing shift at the local video store, Spaltro used the space as a makeshift, after-hours music studio. In 2010, she moved to Brooklyn, NY and was eventually approached by Ba Da Bing Records to record an album. In 2013, Ripely Pine became Lady Lamb's first nationally distributed release. The album earned enthusiastic reviews and led to extensive touring in the United States, Europe, and the United Kingdom.

She jumped to Mom + Pop Records for her next full-length album, 2015's *AFTER*, which landed on the Billboard rock, independent, and Heatseekers albums charts. She followed it in late



Paula Cole



Lady Lamb

2016 with the self-produced EP *Tender Warriors* Club, recorded at Kristian Matsson's home studio in Sweden. After much anticipation, her 3rd full-length LP, *Even in the Tremor*, was released on Ba Da Bing Records in April 2019 to critical acclaim.

Tickets for all Choc-

olate Church Arts Center events at are available for purchase at www.chocolatechurcharts.org, or by calling the box office at 207-442-8455. This all-ages show takes place outdoors and will not require attendees to provide proof of vaccination or negative COVID test.

Free Dental Care For Military Veterans On Saturday, June 11

MAINE, STATE-WIDE (May 5, 2022) – On Saturday, June 11, Aspen Dental locations nationwide will open their doors to provide free care to military veterans across the country.

Now in its 8th year, the Day of Service pro-

vides much-needed dental care for veterans at no cost to honor their service and break down barriers to health care.

WHAT: Aspen Dental's Day of Service

WHEN: Saturday, June 11, 8 a.m. – 1 p.m.

WHERE: Veterans

can call 1-844-277-3646 (1-844-ASPENHMM) to find a location and schedule an appointment. Advance appointments are required.

There are 5 participating offices in the Auburn – Portland ME market.

791 Turner Street,

Auburn, ME 04210

171 Maine Mall Road, South Portland, ME 04106

333 Main Street, Waterville, ME 04901

125 Shops Way #126, Biddeford, ME 04005

17 Thomaston Commons Way, Thomaston,

ME

WHY: Millions of Americans struggle to access dental care every year, and veterans are no exception. In fact, U.S. veterans are ineligible for dental benefits through the Veterans Administration unless they're 100% dis-

abled, have a service-related mouth injury, or were a prisoner of war.

MORE: Visit www.HealthyMouth-Movement.com to learn more.

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WHA Rotating Art Gallery Displays Two Local Photographers



Basilica-Moon - Richard Plourde

LEWISTON, ME (May 2, 2022) – The Women’s Hospital Association Rotating Art Gallery at Central Maine Medical Center in Lewiston is proud to display the work of two local photographers, Bonita Boothby and Richard Plourde for the month of May.

Boothby is a self-taught Maine photographer who started taking photos of her parents’ beautiful flower gardens when she was in high school with her first 35MM Canon camera. She enjoys all the captivating sights the outdoors has to offer whether it be an incoming storm, a visiting bird, a flower in bloom or raindrops on grass. One of her favorite activities is wandering around gardens, woodland and coastal areas capturing moments of inspiration from a distance or close up. She has shown her work in several venues including Bear Bones Beer.

A resident of Lewiston, Plourde’s lifelong pas-

sion for being artistically creative has taken many forms including an extensive professional graphic design career with the Geiger owned, Lewiston based publication, “Farmers’ Almanac” where he designed each annual edition. More recently, he volunteered his creative skills to create an engaging new web site for the Androscoggin Historical Society, subsequently being awarded “Volunteer of the Year” by the Society. Richard’s latest creative interest is now focused on photography where he has become locally known for his stunning photos of Lewiston-Auburn highlighting popular locations and iconic structures; several of his photos can be seen promoting the city, events, and economic development.

The works on display may be purchased through the WHA Gift Shop located adjacent to the main lobby at Central Maine Medical Center. A percentage of sale proceeds benefits



Yellow Aster - Bonita Boothby

patients of CMMC. As a result of the hospital safety precautions due to the pandemic, the art gallery is

only available for viewing for staff, patients, and their designated visitors at this time.

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Gray-New Gloucester Optimist Club Completes First Community Project



Pictured back row, (L to R) are charter members, Kristin Piccone, Virginia Bennett, Geoff Robbins, Brian Gagnon, George Mathews, Cheryl Jalbert, Stephanie Haskins, Jarod Castanguay, and Anthony Dahms. In the front are Row Alina Burke, Sarah Rodriguez, and Melissa Thompson. Charter members unable to attend included Jenny Shelley La-Croix, Jessica Farwell, Rick Riley-Benoit, Robin Mullins, Brian Gagnon, Matt Lambert, and Stacy Stratard.

GRAY, ME (May 2, 2022) – The new Gray-New Gloucester Optimist Club is off and running, completing its first community project. The Club helped sponsor over 60 volunteers on Earth Day, who cleaned up the streets, parks, and yards of our community by picking up all kinds of trash and junk. Names were drawn from those volunteers and many of them won

restaurant certificates and prizes from local sponsors including the Fisherman’s Net, Birchwood Brewery, the New Gloucester Village Market, Trails n Ales, and the Pineland Market.

The New Gray-New Gloucester Optimist Club is showing its true colors. At their last club meeting, the members of the new Optimist Club displayed their true-blue colored shirts.

Optimist Club meetings will be held on the 2nd Thursday of each month at 4 pm at the Gray Library meeting room. The next meeting is on May 12th, at 4 pm, and is open to anyone interested.



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Auburn Celebrates Opening of Custom Fit Physical Therapy & Wellness

LEWISTON, ME (May 3, 2022) — A ribbon cutting ceremony was held for the opening of Custom Fit Physical Therapy & Wellness in Auburn at 5:00 PM on Tuesday, May 3, 2022. Auburn Mayor Jason Levesque was joined by Auburn Director of Economic Development Jay Brechick, Auburn Director of Business & Community Development Glen Holmes, Auburn Ward 1 City Councilor Richard Whiting, President + CEO of the LA Metro Chamber Shanna Cox, and members of the public.

“My patients can trust that I am listening to them and their story in order to develop a customized plan that results in optimum levels of function and ability,” says owner Dr. Jennifer Frazier, DPT.

Custom Fit Physical Therapy & Wellness was the winner of Startup Auburn, and provides expert hands-on physical therapy care with one on one sessions with Dr. Jennifer Frazier, DPT. These customized sessions are tailored to each patient to reduce pain, improve strength, and restore function after injury/surgery in a local state of the art, comfortable set-



ting. “As the winner of Start Up Auburn, we are lucky to have had extra time getting to know Dr.

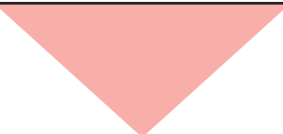
Jennifer Frazier. She continues to amaze me about

how thoughtful she is about approaching her business, and how committed she is to this region,” remarked Shanna Cox.

Through initial evaluations, Custom Fit Physical Therapy & Wellness develops personalized treatment plans that progress each patient’s rehabilitation and healing, followed by a long term plan to prevent future injuries.

“Today’s ribbon cutting is not only about

health and wellness in the traditional sense, but it is also about the health and wellness of our community. As our population is aging and growing, we’re seeing more and more people coming from diverse backgrounds and interests. I see you and your business as a keystone of inspiration to our new residents, youth, up-and-coming entrepreneurs, and to our community at large,” noted Mayor Levesque.



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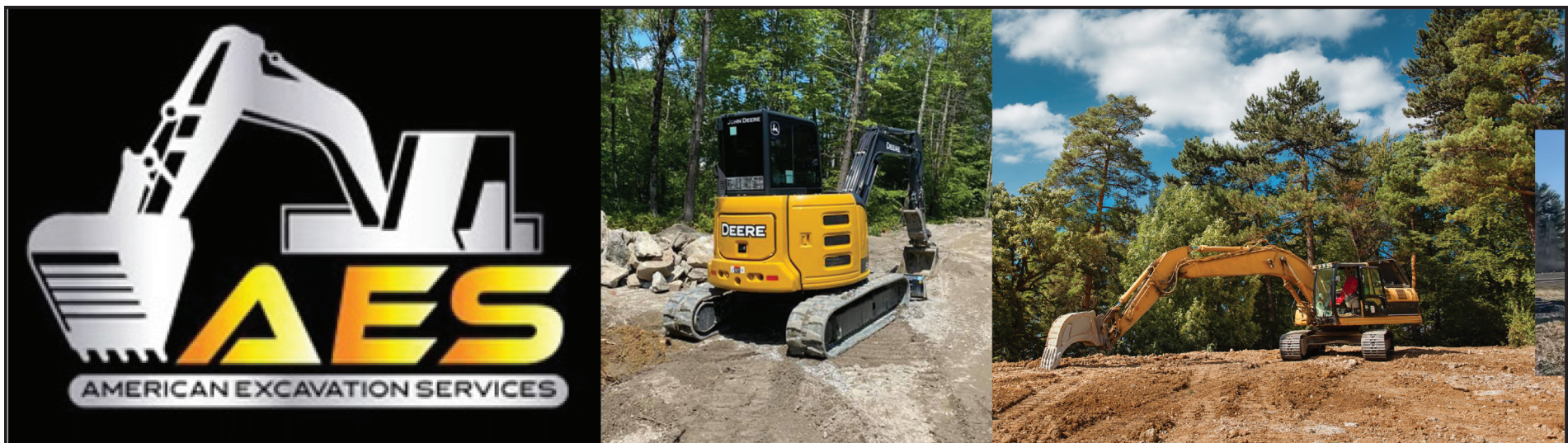
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GO MAINE Expands Push for Commuting Alternatives

MAINE STATE-WIDE (April 28, 2022) -- The GO MAINE state-wide ride-sharing program is expanding its push for environmentally friendly, green travel choices in its biggest, most robust initiative to date.

Previously focused on the work commute, the expanded GO MAINE program now has a broader vision, showcasing a variety of smarter, lower impact transportation choices for every trip Mainers make. Trip reduction strategies such as walking, biking, using public transportation, carpooling, and working from home help reduce vehicle-miles traveled, a key goal of the Maine Climate Council's Maine Won't Wait climate action plan.

To date, nearly 10,000 Mainers have signed up for the program and dozens of organizations have incorporated GO MAINE as part of their cultures.

In addition to continuing its signature, green commuting recruitment tools, GO MAINE is introducing several exciting, innovative programs for 2022. Those programs include:

- GO MAINE'S Access-Anywhere Online "Trip Planner"

GO MAINE members can access an interactive mobile app with a Trip Planner that can generate a list of green travel options for any route in Maine. A free resource for both daily commuters and anyone traveling in the state,

the Trip Planner provides details on carpools, vanpools, local transit, mass transit, Park & Ride options, designated bicycle routes, and more.

- New Employee Rewards and Incentive Programs to Benefit Employers

Dozens of Maine organizations have made GO MAINE an appealing aspect of their cultures, and the green commute program plans to recruit many more. GO MAINE now offers expanded employee outreach and reward programs with more incentives, prizes, monthly drawings, seasonal promotions, and employer outreach opportunities.

- Doubling Down on the Way•2•GO MAINE Challenge

Way•2•GO MAINE will be in May and October this year. GO MAINE's highly successful How Green Can You Go competition is now a twice-yearly event. Way•2•GO MAINE gives green commuters and employers a chance to up their alternative travel games; build their own company teams; and vie for incentives, prizes, and bragging rights. This year's top prizes include Maine State Park vehicle passes, a Lumos bike helmet, a National Parks interagency annual pass, and gift cards! Details on May's Way•2•GO MAINE happenings are coming soon.

With our current high gas prices, GO MAINE provides members a great opportunity to save mon-

ey. Those taking advantage of the program can also reap additional financial benefits through GO MAINE's reward system, earning reward points that add up to money-saving offers from local and national businesses, stores, and restaurants.

GO MAINE carpooling commuters also qualify for GO MAINE's Emergency Ride Home Benefit. In the event of a qualified emergency, GO MAINE covers the cost of a ride home from work, a special plus for businesses with participating employees.

"Whoever you are and wherever you're going in Maine, GO MAINE offers travel options that are a win for individuals, for organizations, and for

the environment," said Dale Doughty, Director of the Maine Department of Transportation's Bureau of Planning. "We'd like everyone to know that GO MAINE offers the greenest possible trip solution for you, no matter where you're headed, every day and every way."

GO MAINE is a program of the Maine Department of Transportation and the Maine Turnpike Authority. All GO MAINE programs and services are free. More information on the GO MAINE program can be found at GoMaine.org. Organizations interested in organizing their own GO MAINE program are welcome to contact Emily Becker, Program Manager at emily@go-maine.org.

UUCB Concerts for a Cause: Paul Sullivan



BRUNSWICK, ME (April 19, 2022) -- Award-winning pianist and composer Paul Sullivan will perform live at the Brunswick UU Church for their Concerts for a Cause series on May 14, 2022 at 7:30 to raise money for this season's charities: Mid Coast Hunger Prevention Program and the Immigrant Legal Advocacy Project. Doors open at 6:30 pm.

MASKING IS REQUIRED. MUST SHOW PROOF OF COVID VACCINES OR NEGATIVE TEST AT THE DOOR.

Paul Sullivan has enjoyed a richly varied and

distinguished career as a composer and a pianist. His music blends jazz, classical, and new age styles. As a soloist, with his trio, and as a member of the Paul Winter Consort, he has played concert tours in most of the United States and Europe, as well as the Middle East, Central America, and Asia. Sullivan has worked in some of New York's most prestigious jazz clubs as well and played with a wide variety of masters. His 18 CDs have sold over 300 thousand copies and have won 3 Indie Awards.

His music has been broadcast internationally,

as well as on all the major American networks, including National Public Radio. He received a Grammy Award for his work on the Paul Winter Consort CD, Silver Solstice. In the theater world, he has worked as a Musical Director, pianist, and conductor for many Off-Broadway and Broadway shows. Sullivan also received commissions to write two musicals, including "The Last Ferryman" for which he wrote both the music and lyrics. He has worked extensively in the Modern Dance world, playing piano for Merce Cunningham's classes, and writing music for the Rockettes at Radio City Music Hall.

He has also enjoyed a long friendship with the Pilobolus Dance Theater, for whom he has written close to 20 scores. Add to that composing and playing music for films, corporate productions including the IBM Golden Circle Awards, and a very happy three-year stint as the Music Teacher at the Brooklin Maine Elementary, and you get the picture: A long, lovely, lucky career, which shows no signs of stopping.

For the May 14th Concert, Paul will be playing a mix of original music from his CD's, some new compositions he has been working on, some favorites from the American Songbook, and some Chopin.

Adults: \$20 in advance, \$25 at door, Students & Children: \$10

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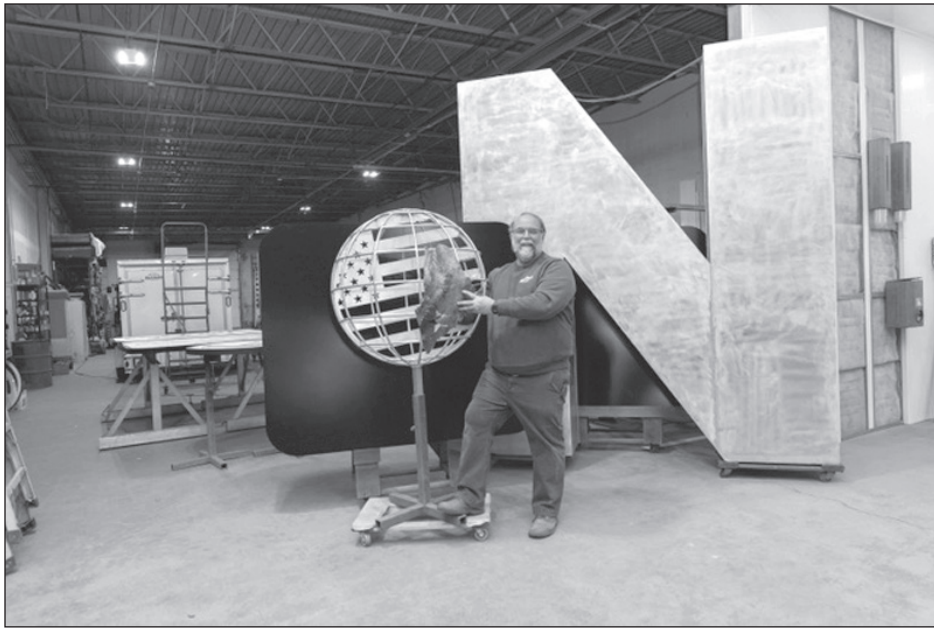
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Leading Sign Manufacturer Neokraft Signs Donates



President and Owner, Phil Bolduc, with the beginnings of the “LEWISTON” letters. Photo credit: LA Metro Magazine

LEWISTON, ME (May 3, 2022) -- In celebration of 75 years in business, Lewiston-based Neokraft Signs shows appreciation to the city it calls home. The team will be donating 10-foot high “LEWISTON” letters that will be

placed in Veterans Memorial/Heritage Parks by the Longley Bridge.

“We wanted to do something to give back,” says Mike Mathieu, Vice President of Sales and Marketing. “We’ve donated a new concrete stage that’s been poured in front of that wall, along with a new wall where the letters will be placed for everyone coming into town to see.”

The sign will be an iconic addition to the city landscape and stand as a legacy piece with a plaque offering a brief history of the company’s past owners, including the founding owner, Alex Lobo, and current President and Owner, Phil Bolduc. He has been with the company for over 30 years. “We’re a community business,” says

Mathieu. “For 75 years, we’ve helped many families, local businesses, and the community, and they’ve all helped us. We wanted to do something special for the city of Lewiston for supporting the business for so long. This is a gift.”

In the spirit of community and collaboration, Lewiston Regional Technical Center students will be performing the welding of the letters (once the Neokraft team has cut and prepared them) as part of their courses. “Those students will also have the opportunity to inscribe their names where they’ve welded,” says Mathieu. “Years from now, they can come back to their hometown and say, ‘I did that. I helped create that.’”

Alex Lobo found-

ed the company in 1947 after returning home from military service. He started creating signs for local companies, specializing in neon and plastics. Since then, Neokraft Signs has been responsible for some of Maine’s most iconic signage, including Portland’s Time and Temperature Building and the production and installation of the Bates Mill #5 “Hopeful” sign by Maine artist Charlie Hewitt.

The goal is to have the letters completed by Lewiston and Auburn’s Liberty Festival on Sunday, July 3. “People can think of it as a pushpin on a map. You are here. In Lewiston. And we make things happen.”

For more information, please get in touch with Olivia Gunn at olivia@an-hour.com.

Lewiston Crosswalks Receive Visibility Improvements



PORTLAND, ME (May 5, 2022) -- Numerous crosswalks in Downtown Lewiston will receive visibility improvements this week, the Bicycle Coalition of Maine (BCM) announced Thursday.

On May 6, beginning at approximately 9 a.m., BCM staff will add flexible plastic delineator posts and red paint to crosswalks at three intersections in Lewiston: Central Avenue & Vale Street, Pine Street & Blake Street, and Pine Street & Bartlett Street.

“The combination of posts, signs, and paint,

known as a ‘gateway treatment,’ aims to visually narrow roadways in order to calm traffic approaching the crosswalks,” said BCM Assistant Director Jim Tassé.

The location on Central Avenue will also involve a project-based learning initiative to engage students from Lewiston Middle School, who will assist with the demonstration project installation.

All locations are associated with the High Visibility Pedestrian Safety Education initiative launched by the BCM,



the MaineDOT, and VHB Engineering in the fall of 2021.

The installation is also part of the Bicycle Coalition of Maine’s Imagine People Here program, which tests whether low-cost, temporary infrastructure can enhance pedestrian safety by lowering traffic speeds to comply with posted limits, and to study whether these changes impact yield rates.

This is the first Imagine People Here project in Maine this year. The BCM is holding discussions with nine other communities

about traffic-calming installations for this spring. See [Crosswalks](#), page 14



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— Bill Bushnell, *Bushnell on Books*

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— George Smith, *Bangor Daily News*

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CORNHOLE TOURNAMENT

WHO: All ages welcome!

WHEN: Saturday June 18, 2022
Check-in at 11:00 a.m.
Bags fly at 12:00 p.m.

WHERE: Outdoor Learning and Education Center at 151 Stetson Rd. Auburn

COST: \$50 per team (2 players)

A round-robin, single elimination Event. Professionally organized by Wicked Cornhole. All teams are guaranteed 4 games.

TO REGISTER YOUR TEAM, VISIT THE YMCA OR CALL 207-795-4095

For more information, please contact Marcie Hird at mhird@alymca.org

CASH PRIZES!

1st Place: **\$400**
2nd Place: **\$200**
3rd Place: **\$100**

Join us for Music, Food Trucks, Raffles and more!

All proceeds will benefit Summer Camp Scholarships for the YMCA Outdoor Learning and Education Center.

To get updates during the tournament, register your team on your smartphone using the Scoreholio app.*
app.scoreholio.com

Search for “YMCA Kids to Camp Cornhole Tournament”
* This app is simply for day-of updates. You must ALSO register with the YMCA to be entered into the tournament.

YMCA of Auburn-Lewiston | 207-795-4095 | www.alymca.org | 62 Turner St. Auburn, ME 04210

Over 25 Maine Churches Hosting Special Rosary Gatherings

PORTLAND, ME (May 3, 2022)—During the month of May, in honor of Mary, the Mother of God, Maine churches are planning special gatherings, processions, and events centered on praying the Rosary.

On May 13, 1917, three shepherd children named Lucia, Jacinta, and Francisco saw a vision of the Blessed Mother in Fatima, Portugal. They looked up to see, in Lucia's words, "A lady, clothed in white, brighter than the sun." The woman was holding a rosary and said to the children, "Do not be afraid, I will not harm you. I come from heaven." Mary appeared to the children monthly, a total of six times, bringing a message of prayer, penance, and reparation. She urged them to pray the rosary every day to bring peace to the world and an end to war.

In alphabetical order, here is a list of the Rosary gatherings planned throughout May. Up-

dates and additions will be made to the list in the Month of Mary web section (www.portlanddiocese.org/content/celebrating-month-mary).

Augusta -- St. Monica Chapel, 5 Kendall Street
The Rosary will be prayed on Mondays at 6 p.m.

Bangor -- St. John Church, 217 York Street

The Rosary will be prayed following the 5:30 p.m. Mass on Friday, May 6, Monday, May 9, and Monday, May 13, which is the Memorial of Our Lady of Fatima.

Bangor -- St. Mary Church, 768 Ohio Street

The Rosary will be prayed on Friday, May 13, on the Memorial of Our Lady of Fatima, after the 8:30 a.m. Mass.

Biddeford-- St. Joseph Church, 178 Elm Street

The Rosary will be prayed in St. Anne's Chapel each night at 6 p.m. (with the exception of Tuesdays when it is prayed in Saco).

Bridgton -- St. Joseph Church, 225 South High Street

The Rosary will be prayed on Saturdays at 9 a.m.

Brunswick -- Brunswick Mall on Maine Street
All Saints Parish will host a Rosary Rally in the gazebo on Saturday, May 14, at noon. All are welcome.

Fort Fairfield -- St. Denis Church, 147 Main Street

The Rosary will be prayed on Sundays at 10:15 a.m.

Fort Kent -- St. Louis Church, 26 East Main Street

A special devotion to Mary on Sunday, May 15, will include a live Rosary dedicated to the oppressed people of the world and for people's special intentions. The Rosary is also prayed at the church prior to Wednesday 7 a.m. and Saturday 4 p.m. Masses.

Gorham -- St. Anne Church, 299 Main Street
A Rosary Rally will

be held outside St. Anne Church on Saturday, May 7. The celebration will begin with Mass at 11 a.m. in the church, followed by the rally at noon, and then fellowship time. The rally is sponsored by Maine Needs Fatima.

Island Falls -- St. Agnes Church, 76 Sewall Street

The Rosary will be prayed at the church on Saturdays at 5 p.m.

Kittery -- St. Raphael Church, 6 Whipple Road

The Rosary will be prayed on Fridays after 9 a.m. Mass

Lewiston -- Basilica of Saints Peter & Paul, 122 Ash Street

The Rosary will be prayed on Mondays through Fridays at 6:25 a.m. and on Saturdays at 7:45 a.m.

Lisbon Falls -- Holy Trinity Church, 67 Frost Hill Avenue

The Rosary will be prayed on Saturdays at 8:30 a.m.

North Caribou -- Sa-

cred Heart Church, 1143 Van Buren Road

The Rosary will be prayed on Wednesdays at 10 a.m.

Norway -- St. Catherine of Sienna Church, 32 Paris Street

The Rosary will be prayed on Tuesdays at 8:30 a.m.

Oquossoc -- Our Lady of the Lakes Church, 43 Rangeley Avenue

The Rosary will be prayed at the Mary Shrine at 9:30 a.m. on Wednesdays.

Peaks Island -- St. Christopher Church, 15 Central Avenue

The Rosary will be prayed outdoors on Saturday, May 7, at 10 a.m.

Portage -- Our Lady of the Lake Church, 2111 Portage Road (Rt. 11)

The Rosary will be prayed on Tuesdays at 6:30 p.m.

Portland -- Cathedral of the Immaculate Conception, 307 Congress Street

A Rosary Rally will be held on the lawn of the cathedral on Saturday, May 14, at noon. In the event of rain, the gathering will be held in the chapel.

Presque Isle -- Nativity of the Blessed Virgin Mary Church, 333 Main Street

The Rosary will be prayed on Tuesdays at 2:30 p.m.

Rumford -- St. Athanasius & St. John Church, 126 Maine Avenue

The Rosary is prayed daily at 7:30 a.m., prior to the 8:15 a.m. Mass

Saco -- Most Holy Trinity Church, 271 Main

Street
The Rosary will be prayed on Tuesdays at 6 p.m.

Saint Francis -- St. Charles Borromeo Church, 912 Main Street

Join in praying the Rosary prior to the Saturday 6 p.m. Mass.

Sanford -- Holy Family Church, 66 North Avenue

A Rosary procession will be held on Sunday, May 15, at 11 a.m., following the 10 a.m. Mass. A reception will follow.

South Berwick -- Our Lady of the Angels Church, 162 Agamenticus Road

The Rosary will be prayed Saturdays at 3:30 p.m.

South Portland -- Holy Cross Church, 124 Cottage Road

The Rosary will be prayed on Tuesdays at 7 p.m., followed by adoration.

Van Buren -- St. Bruno-St. Remi Church, 174 Main Street

The Rosary will be recited daily at noon in the parking lot of St. Bruno - St. Remi Church by the statue of the Blessed Virgin Mary.

Waterville -- Notre Dame du Perpetuel Secours Church, 116 Silver Street

All are invited to join in praying the Rosary on Mondays at 11:30 a.m., prior to the 12:15 p.m. Mass.

Winthrop -- St. Francis Xavier Church, 130 Route 133

The Rosary will be prayed Mondays and Thursdays at 7:30 a.m.



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Saturday, May 14, 2022

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Player's Contact Name: _____ Phone: _____

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Waiver and Release: In consideration of the Gorham Business Exchange and its sponsors accepting this form and being allowed to participate in the Gorham Business Exchange Corn Hole Tournament, I knowingly, freely, and on behalf of myself, my heirs, assigns, personal representatives, and next of kin, hereby waive, release, and hold harmless, and forever discharge the Gorham Business Exchange and all sponsors, representatives, agents, participants, officials, and all others connected with the Gorham Business Exchange Corn Hole Tournament, from any rights and claims that may occur for any injuries or damages incurred by me in connection with and my association with, during, and after the Gorham Business Exchange Corn Hole Tournament to the fullest extent permitted by law. I fully understand that it is my obligation to determine, prior to the Gorham Business Exchange Corn Hole Tournament, that I possess the proper physical and mental capabilities to participate. My signature indicates that I have read and agreed to all terms of this agreement.

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Starting Ap. 7 and every 1st and 3rd Thursday through June

LEWISTON -- 1st & 3rd Thursdays from April-June, 4-6pm at the Lewiston Public Library: **TEEN TABLETOP RPGS.** Calling all adventurers and explorers! LPL Teen will be hosting a series of one-shot tabletop role-playing games, in person in the teen lounge on the 1st & 3rd Thursdays of the month from 4-6pm, from April-June. Supplies will be provided – just bring yourself and your creative mind! Each drop in session will feature a different one-shot tabletop RPG, run by game master Hallie. No previous RPG experience is required. This program is intended for teens ages 13-19. For more information, contact the Adult & Teen Services department at 207-513-3135 or lplreference@lewistonmaine.gov, or go to lplonline.org/events/teen-tabletop-rpgs/

May 4 and every Wednesday

GORHAM – 10:00am Weekly story time has resumed at the North Gorham Public Library! Storytime is open to children & their caregivers. Join us weekly for stories, songs and crafts every Wednesday at 10am. 2 Standish Neck Rd, Gorham ME.

May 13

GORHAM -- Gorham, Windham, Westbrook TRIAD'S next meeting will be May 13 at 9 a.m. at the Gorham Police Dept. All are welcome. The guest speaker will be Lynda Adams. She is a Certified Integrative Nutrition Health Coach who helps people become aware and make changes in all areas of their lives (physically, mentally, emotionally, and spiritually) to improve their overall health. Lynda will guide us to review these areas of our lives and help us come

Calendar

Send your submissions to the Editor. More online.

up with ways to make some simple changes that will have long term, lasting positive results. Take the helping hand when you need it, and give back when you don't.

May 13

GORHAM -- Gorham, Windham, Westbrook TRIAD'S next meeting will be May 13 at 9 a.m. at the Gorham Police Dept. All are welcome. The guest speaker will be Lynda Adams. She is a Certified Integrative Nutrition Health Coach who helps people become aware and make changes in all areas of their lives (physically, mentally, emotionally, and spiritually) to improve their overall health. Lynda will guide us to review these areas of our lives and help us come up with ways to make some simple changes that will have long term, lasting positive results.

May 14

May Dance at Minot Ave VFW. 7-11 pm. No cover. Live music w/ Arron C. Money & raffle prizes. Snacks w/Old Goat & His Lady dips. Come have some fun. Dance the night away!!!

May 15

BUXTON -- AGE FRIENDLY BUXTON SPRING CLEAN UP DAY MAY 15, 2022, 9-11 AM, RAIN OR SHINE. Help our community and be part of our first annual Buxton Clean-up Day! Our project will begin at 9am at the Buxton Transfer Station. If possible, bring your own trash bag; some will be available. We will then disperse to clean our own neighborhoods, leaving the bags at curbside for the regular pickup day. Sponsored by the newly formed

AARP Aging in Buxton Team. Spread the news and bring a friend!! Aging-inbuxton@gmail.com for details.

May 20

GREENE -- Alan Elze presents "Lincoln Highway" on Friday, May 20th at 2 & 7 PM. The Araxine Wilkins Sawyer Memorial, 371 Sawyer Road, Greene. Free admission! FMI call 946-5311, visit sawyer-foundation.com or www.facebook.com/sawyer.foundation1937

May 28

GRAY -- Dine In Supper - First Congregational Church of Gray, Saturday, May 28, 5:00 at the Parish House, 5 Brown Street, Gray. Handicapped accessible. You MUST make reservations in advance. Contact Carol at 650-9093 and let her know your name, phone

number, and how many in your party. We are accepting only 50 Reservations! Cut off for reservations will be Wednesday, May 25 at 2:00 P. M. The Menu includes: Baked Pea Beans, 2 Red Hot Dogs, Biscuit, Limited Casse-roles and Salads, Assortment of Desserts, and Beverages. Meals are single-sized and are \$10.00. Please pay at the door.

June 1

AUBURN -- Grand Opening of a second An Angel's Wing - Second Chance Thrift Shop Boutique, located in the Auburn Mall (across from Bath & Body Works, in the old leather shop) on June 1. An Angel's Wing is a 501(c)3 - We earn money to help those who are ready for detox, rehab, sober living, for their families, and for anyone who is affected

by Substance Use Disorder. An Angel's Wing believe that everyone deserves the chance to Live, Learn and Recover. Deb York began An Angel's Wing in 2017 and has been helping our community since.

June 4

AUBURN -- The Maine Iris Society announces its upcoming Iris & Spring Flower Show being held on Saturday, June 4th from 130pm to 4pm at the Auburn Middle School, 38 Falcon Dr, Auburn. Admission is free and will feature a sale of Potted Perennials and Irises. Bare-Root Iris Rhizomes will also be available for \$1 each.

June 16-19, 23-26

AUBURN -- The L/A Community Little Theatre presents the classic comedy You Can't Take It With You, one of the most popular and successful plays of modern times. Show dates are June 16-18, 23-25 at 7:30 p.m., and June 19 and 26 at 2:00 p.m. Visit the website at (laclt.com) for more information or to purchase tickets.

Forum

Continued from page 1

editorial page editor for the Sun Journal, Judith Meyer was named Maine's Journalist of the Year in 2003 and was inducted into the Maine Press Association Hall of Fame in October 2021. She serves as vice president of the Maine Freedom of Information Coalition and is a member of the Right to Know Advisory Committee to the Legislature. She also serves on the New England Newspaper & Press Association Board of Directors and the board of the New England First Amendment Coalition, and was the 2018 recipient of the Judith Vance Weld Brown Spirit of Journalism Award in New England.

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David Chittim is a professional land surveyor and engineer who was beguiled by local history after he began a retirement project researching the 200-year-old home he and Penny bought on a handshake in 1977. He consulted Doug Hodgkin, Lewiston's de facto historian, who re-introduced him to the Androscoggin Historical Society. David was elected Treasurer of the Society in 2013 and seems fated to remain so until a volunteer arises.

His interest in local history far outweighs his knowledge, so each exploration brings new insight. David eschews "history by rote" and favors immersing himself in the attitudes and events surrounding a particular occasion. An admitted "enlightened Luddite," he draws more comfort from the 19th century than the 21st.

A daily journalist since 1987, Steve Collins has served as the State House Reporter for the Sun Journal since 2016. Among his awards are the Society of Professional Journalists' 2016 Ethics in Journalism Award and the I.F. Stone Whistle-Blower Award in 2015. Collins is co-founder and board president of Youth Journalism International, a charity based in Auburn that teaches students around the globe about news writing, media literacy and issues of the

day. Admission is free to all Forum events. The Zoom link will be posted after he began a retirement project researching the 200-year-old home he and Penny bought on a handshake in 1977. He consulted Doug Hodgkin, Lewiston's de facto historian, who re-introduced him to the Androscoggin Historical Society. David was elected Treasurer of the Society in 2013 and seems fated to remain so until a volunteer arises.

The Great Falls Forum speaker series is co-sponsored by Bates College, Lewiston Public Library, and the Sun Journal.

Crosswalks

Continued from page 11

and summer. The Coalition executed nine projects in 2021, and at least six of those projects are slated for re-installation this year. The Imagine People Here program is sponsored by AARP Maine and L.L.Bean, and supported in part by the MaineDOT.

The Coalition's Imagine People Here program has been working to improve safety and access for pedestrians and people on bikes in communities across Maine since 2015. More information can be found at bikemaine.org/imagine-people-here

Send all items for What's Going On to the Editor. Deadline is Friday by five.

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Performing a "pop" program Sunday May 15 at S. Parish Church, State and Church Streets in Augusta at 3:00 p.m. Program to include "Schindler's List", William Tell Overture and Beatles arrangements. Admission is free. Masking is recommended.

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SENIORS

LEWISTON SENIOR CITIZENS TRIPS FOR 2022

Nashville Show Trip - June 18-26, 2022

-Trip includes 8 nights lodging and 14 meals, guided tours of Nashville and Belle Meade Historic Site & Winery. Admission to the Country Music Hall of Fame and the Grand Ole Opry behind the Scene Tour. Includes a show at the Grand Ole Opry and the Nightlife Dinner Theater. Price is \$1,025.00 pp double occupancy and admission to all venues and bus driver tip.

Hobo Train - Meredith, NH - September 21, 2022 - Enjoyable 2 hour ride on the Winnepesaukee Scenic Railroad. While on board, enjoy a turkey dinner from Hart's

Turkey Farm with all the fixings. Price is \$85.00 and includes bus, train ride, turkey dinner and bus driver tip. Deadline to sign up is August 12, 2022. Purchase tickets at the Lewiston Senior Citizens' office at 65 Central Avenue.

Flag Hill Distillery and Winery in Lee, NH - October 11, 2022 - Lunch at Warren's Lobster House in Kittery and an afternoon tour and tasting at Flag Hill Winery. Time for shopping after the tour. Price is \$83.00 per person which includes the bus and tip for the driver, lunch, and tour and tasting at the winery. Purchase tickets at the Lewiston Senior Citizens Office at 65 Central Avenue, Lewiston.

Ogunquit Playhouse for the play "CLUE" - October 16, 2022 - Clue is a fast paced hilarious whodunit comedy. After the show we will go to Cracker Barrel in South Portland for dinner on your own. The price is \$90.00 and includes bus, show and

driver tip. Purchase tickets at the Lewiston Senior Citizens' office at 65 Central Avenue.

Mackinac Island Trip - September 10-18, 2022

- Trip includes 9 days and 8 nights - 14 meals - Guided tour of Mackinaw City - Guided Carriage Tour in Mackinac Island. Boat ride through the Soo Locks with free time and sightseeing in Sault Saint Marie, visit to Mackinaw Crossing and "Michigan's Little Bavaria" and much more. A \$75. deposit is due upon signing up. Price is \$899. pp double occupancy. Make checks out to Diamond Tours and mail to Claire Bilodeau.

White Mountain Hotel & Resort - December 4 - 5, 2022

- Trip includes 1 night lodging - 3 meals including the Grand Sunday Brunch. Two different entertainment shows, Austrian Sleigh Ride through Jackson Village with a Jingle Bell Chocolate Tour. Stop at the Christmas Tree Shop and Lunch at Pol-

ly's Pancake Parlor. A \$100 deposit is due upon signing. Price is \$369. pp double occupancy which includes tips.

For more information about any of our trips, please contact Claire Bilodeau (207)784-0302 or Cindy Boyd (207-345-9569.

TRAVEL

Diamond Tours bus trip: Memphis Tenn - 11 days 10 nights. August 12-22. \$1,129. Includes motel, tour of Memphis, Memphis Area Casino and much more. Call your tour guide now. Fern (207) 312-8408.

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An Update From Senator Nate Libby



Guest Column by Sen. Nate Libby
LEWISTON, ME
(May 5, 2022) –

Dear Friend,
One of the last things the Legislature did before wrapping up our work for the end of the year is to pass a historic, bipartisan supplemental budget that delivers targeted inflation relief to working families and older Mainers, invests in workforce training, education and child care, and provides funding for nursing homes, hospitals and long-term care. There's a lot of

great measures included in the supplemental budget. You can read on for some of those matters, and I'll be breaking it down over the next few emails.

After passing this budget, as well as a variety of other incredible bills, the Legislature wrapped up the rest of work for the year on Monday evening, April 25. While this year was the "shorter session" for the Legislature, I'm still amazed at all we were able to accomplish, especially considering the challenges we faced.

Maine's legislative

process is made strong by input from people just like you. When you share your thoughts, concerns and expertise, lawmakers get a clear picture of what problems need to be fixed, what red tape needs to be cut, and what programs are working and need more support. I want to thank you for your interest and support, today and everyday. As always, you can reach my office at Nathan.Libby@legislature.maine.gov or at (207) 287-1515.

Sincerely,
Nate Libby

Registration Opens for 10th Anniversary Run for Independence

BRUNSWICK, ME (March 15, 2022) – Registration is open for the 10th Anniversary Androscoggin Bank Run for Independence, which returns as a hybrid event on Sat. May 21 after two years fully virtual.

The 5k, 1 mile, and kids fun run start from Independence Association's building at 3 Industrial Parkway in Brunswick. In-person courses take local runners through the flat and fast streets of Brunswick Industrial Park and local neighborhoods, returning them to the IA property for post-race refreshments by Moderation Brewing and Pat's Pizza. The race – Maine's most ability inclusive – is sponsored by Androscoggin Bank and benefits Independence Association.

Honorary chair for this year's race is Hank Pfeifle of Brunswick, a member of the Maine Running Hall of Fame soon to be inducted into the Maine Sports Hall of Fame. Pfeifle is an IA parent, and recently summed up the value that IA's supportive

services bring to his adult son, Mitch, who soon will move from his parents' home to an IA managed residence.

Thanks to IA, Hank says, Mitch enjoys "friendship, companionship, creativity, being involved in something instead of being stuck at home." Like his parents and siblings, Mitch enjoys sports, and competes regularly in the Run for Independence. He also works out with IA's in-house trainer, Maine's only Certified Inclusive Fitness Trainer.

In celebration of the 10th anniversary, there will be custom commemorative medals for 250 finishers and long-sleeve performance T-shirts, with lots of fun for all.

Register now at runsignup.com/Race/ME/Brunswick/RunforIndependenceMaine

Send all items for What's Going On to the Editor. Deadline is Friday by five.

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