

## Time for Spring Fishing

**MAINE (May 13, 2022)** -- The water is starting to warm up and so is fishing throughout the state! No matter where you live, or where you are visiting, there are fish to catch near you. In this month's Fishing Report, Maine's fisheries biologists are reminding anglers that fish are hungry in May... Make your bait or lure match the natural food available for the best chance for getting a bite. Slow retrieves and slow trolling speeds can be more productive.

Spring stocking is underway. Our hatchery teams are stocking nearly 400,000 fish in over 450 waters this spring! Most waters are stocked in May depending on water levels and temperature. View the Stocking Report online, updated daily.

Remember that the water is extremely cold this time of year, and water levels are often high and fast - ALWAYS wear a life-jacket. Be a good land user by picking up after yourself (and others), asking for permission to access private land, being mindful of road conditions, and parking where you should.

### Early Spring Fishing Tips

"During the early season the 'go to' bait for my kids and I are worms. They can be easily found and work quite well. They can be purchased at most gas stations, convenience stores, as well as local tackle and bait shops. Bobbers or a fishing float while fishing with worms may be beneficial for beginners since it will help keep the bait from getting stuck on the bottom. We also like to use small spinners and lures. We find that a slow retrieval works best this time of year. Just fast enough so that the spinner blade is turning, or a lure/spoon has a slight wobble. Great options are small Panther Martin spinners, Rooster Tails floaters, Mepps Aglia spinners, Rapala floating lures, Phoebe spoons, and let's not forget about the old Super Duper! All of which come in a variety of colors and sizes." - From Fisheries Resource Technician Stephen Seeback

"For fly anglers fishing the rivers and streams for brook trout, my favorite fly is the Woods Special. For pond brook trout fishing my favorite fly is the Micky Finn. For catching a brook trout with lures my favorite lure as a kid was the gold Phoebe." - From Fisheries Resource Supervisor Greg Burr, Grand Lake Region

"In May the fish are hungry, but the water is still cold and there is an abundance of wild forage. Making your bait or lure match the natural food available is the best chance for getting a bite. Slow retrieves on lures or flies, and slow trolling speeds can be more productive." - From Fisheries Resource Biologist Tyler Grant, Rangeley Lakes Region

"While fish can suddenly be on the bite at any time, there is a lot of truth to the old adage, 'The early bird gets the worm.' Some of the best spring trout and salmon fishing often occurs from dawn to 8:00 AM, and dusk is also a good bet." - Fisheries Resource Supervisor James Pellerin, Sebago Lake Region

"Presentation can often be the key to improving your angling success. Try to minimize the 'unnatural' in your gear. Keep hook sizes appropriate for the species you're targeting; don't use a size 2/0 hook for brook trout. Minimize the use of swivels, if possible. Choose the right pound test for your line. Heavy line is more difficult to cast and it can greatly impact bait presentation and hook sets. Keep your line as light as possible and make sure you know how to use the drag settings on your reel." - From Fisheries Resource Supervisor Jason Seiders, Belgrade Lakes Region

## BCM Offers Free Valet Bike Parking at 21 Thompson's Point Concerts



**PORTLAND, ME (May 12, 2022)** -- Bicycle-riding music fans will once again be able to safely park their bikes for free at all 21 concerts in the State Theatre Summer Concert Series at Thompson's Point, the Bicycle Coalition of Maine (BCM) and Sierra Nevada Brewing Co. announced on Thursday.

"We're pleased to again offer valet bike parking as an alternative to driving for folks attending concerts at Thompson's Point this summer," said Bicycle Coalition of Maine Event Director Colleen Donohoe. "More shows means even more opportunities to ride!"

This is the third year that the Coalition is offering this service at the outdoor venue's shows.

Valet bike parking is a concept that is becoming increasingly popular and is similar to a coat-check service. Concert attendees can ride their bikes to Thompson's

Point for any show, drop their bicycle off with BCM staff and volunteers near the entrance at no cost, receive a wristband that matches one put on their bike, and enjoy the concert worry-free.

The bikes will be stored on racks in a secure area, and when the show is over, attendees can return to the valet bike parking tent and have their bike brought to them by a volunteer.

The Coalition says they are actively looking for volunteers to staff this year's concerts.

"We've had outstanding help from volunteers since starting this program, and we couldn't do it without them," said Donohoe, who added that interested parties can email [ride@bikemaine.org](mailto:ride@bikemaine.org). "We have a blast running the valet bike parking, and all volunteers receive a free ticket to that evening's show."

This initiative is part of the BCM's

commitment to encouraging active transportation, the Coalition says, noting that vehicle parking passes tend to sell out for most shows.

Valet bike parking will make its 2022 debut in two weeks at the Sylvan Esso concert on Thursday, May 26, and will continue for every summer show, culminating with Rainbow Kitten Surprise on Saturday, Sept. 17.

In addition to support from Sierra Nevada Brewing Co., Martin's Point Health Care and L.L.Bean are also sponsoring the valet bike parking program.

The full slate of State Theatre Summer Concert Series at Thompson's Point shows can be found at [statetheatreportland.com/thompsons-point-listing/](http://statetheatreportland.com/thompsons-point-listing/)

For more information about the Bicycle Coalition of Maine, their work, and volunteer opportunities, visit [bikemaine.org](http://bikemaine.org).

## "Gorham Cleans Up" A Success

**GORHAM, ME (May 13, 2022)** -- The third "Gorham Cleans Up" up event held on April 3, 2022 in Gorham hosted by the Gorham Conservation Commission was a huge success, thanks to the efforts of more than 100 volunteers.

More than 1,600 pounds of trash and litter were collected, filling two dump trucks. Follow along in the video linked on the Gorham Recreation Department's Facebook page, courtesy of GoCam, as volunteers beautify Gorham.

Much gratitude to the wonderful volunteers and the Gorham Conservation Commission for cleaning up the community. Stay tuned for the next clean up event date and details to be announced in the fall.

You are invited to the Great Falls  
10 year (belated) birthday celebration!  
**Wednesday, May 25th**  
4 - 7 pm on the school campus  
THE ENTIRE COMMUNITY IS WELCOME TO JOIN IN THE FUN!  
and lots of FUN!!  
Come for treats!  
\*Fred's Fried Dough\*  
\*Momma Baldacci's\*  
\*Kelly's Ice Cream Truck\*  
\*Cruzin Slice\*  
\*Cotton Candy\*  
Live Music  
4-5:00 pm GHS Steel Drum Band  
5-6:00 pm "Daddy-O"  
6-7:00 pm "Stay at Home Dads"  
Sparks' Ark 4:30-5:30 pm  
Greater Portland School of Jukado 5:30-7:00 pm  
Magician Phil Smith 5-6:30 pm  
Bounce Obstacle Course 4-7:00 pm  
Face Painting  
HOPE TO SEE YOU THERE!

# Newsmakers, Names & Faces

## Efficiency Maine Holds Free Consults for Energy-Efficiency Projects

**AUGUSTA, ME (May 11, 2022)** – Efficiency Maine has been providing incentives to businesses and institutions around the state to upgrade their building systems and recently began offering free virtual consultations for businesses interested in learning more about how to get started on an energy-efficiency project.

“There’s never been a better time to switch from outdated oil and propane heating systems to heat pumps, as well as upgrade lighting systems to LEDs,” says Rick Meinking, senior program manager for commercial initiatives at Efficiency Maine. “To help businesses get started, we’re excited to offer customers a no cost, no obligation virtual consultation with a member of the Efficiency Maine team. We hope that these discussions will help customers define the solutions that will reduce their business’s energy use and costs.”

Commercial and in-

dustrial businesses interested in assessing their needs before starting a project can sign up for a virtual consultation on the Efficiency Maine website. Businesses ready to get started with a project can call 866-376-2463 or send an email to CIP@efficiencymaine.com.

Efficiency Maine offers a variety of incentives for businesses of all sizes. Many are already experiencing the money-saving benefits of updated systems.

Fryeburg Academy installed two heat-pump based variable refrigerant flow (VRF) systems with heat recovery in their campus student union and is now saving more than \$900 a year.

“It’s been a wonderful addition to campus,” said Dave Powers, facility manager at Fryeburg Academy. “It’s comfortable in the winter. Now in the summer, for the people who work year-round, they have an air-conditioned



space. During this winter’s cold snaps, the heat worked great. Prior to this project, I would’ve had all kinds of issues keeping up with the heat during this last cold spell.

“Every penny that we save on utility expenses, we can put into educating the students,” said Powers. “It’s really great to be able to put the money into programming and not into utilities.”

Mastway Development, the developer of the mixed-use campus Stevens Commons located in Hallowell, also upgraded to energy-efficient technology with the help of Efficiency Maine. Mastway Development installed three VRF systems in the newly constructed Cleve-

land Hall, a student residence for the University of Maine at Augusta located in Stevens Commons.

“The new VRF systems have been a game changer for us,” said Matt Morrill, chief executive officer of Mastway Development, which is currently working on the revitalization of Stevens Commons. “Switching from inefficient oil-fired steam systems to an all-in-one product that provides both heating and cooling makes a world of difference in comfort and savings. That, coupled with the Efficiency Maine rebates, have allowed us to make the numbers work on redevelopment projects that otherwise would not have been feasible. The team at Effi-

ciency Maine was very accommodating and helped us gather early estimates that resulted in the project being completed on time and on budget.”

Some of Maine’s smaller businesses also are benefiting from Efficiency Maine’s incentives. For instance, Wheelers Insurance in South Paris upgraded their heating system from an oil boiler to two high-efficiency heat pumps, saving approximately \$200 a year.

“We have noticed that it is more cost efficient, the rooms are more comfortable, and we’re doing our part to help the environment,” said Leanna Bowie, marketing manager of Wheelers Insurance. “The process of working with Efficiency Maine was super smooth. It was a matter of filling out an application and arranging for the work to be complete.”

“Overall, the experience was convenient and it added value to our business,” added Wheelers

Insurance Chief Executive Officer Michael Newsom.

Humble Comfort Food and Spirits in Brewer worked with Efficiency Maine to upgrade the restaurant’s heating, cooling, and lighting. Humble installed two heat pumps that both heat and cool, and also upgraded from fluorescent lighting to LEDs. With the upgrades, the business has reduced energy costs by about \$200 a year.

“The restaurant is much brighter and warmer since the new lighting was installed,” said restaurant owner, Meghan Black. “I remember the first day I walked past the heat pump and it blew warm air in my face. It was the best feeling in the world.”

“I have definitely seen a decrease in my electricity bill since the new lights went in,” Black continued. “It was a hard year at the restaurant, and the lights and the heat pump made me excited to get back to work.”

## Bike to Work Day Coming to Congress Square Park in Portland

**PORTLAND, ME (May 13, 2022)** – Nearly a dozen organizations and businesses are teaming up to host a Bike to Work Day celebration in Congress Square Park on May 20, the Bicycle Coalition of Maine announced Friday.

The festivities will take place from 8 - 10 a.m., and will include bike mechanic demos, safe-cycling tips, safety gear giveaways, music, and free coffee, bagels, and donuts.

“We want to encourage Mainers to bike to

work in honor of both Bike to Work Day and National Bike Month,” said Bicycle Coalition of Maine Mission Advancement Director Mariah Healy. “And we want to celebrate the ones who do!”

The organizations involved include the Portland Public Library; Friends of Congress Square Park; the Portland Gear Hub; Portland Bike Party; City of Portland Maine Parks, Recreation & Facilities Department; the Portland Bicycle and Pedestrian

Advisory Committee; CyclingSavvy; and the Bicycle Coalition of Maine.

The free coffee, bagels, and donuts are being generously donated by Tandem Coffee Roasters, Rose Foods, and HiFi Donuts, respectively.

Bike to Work Day was launched by the League of American Bicyclists in 1956, and has since become a worldwide event that promotes the bicycle as a healthy, sustainable, and fun way to commute to work.

## Job Corps Launches Recruitment Drive in Maine

**WASHINGTON, D.C. (May 9, 2022)** – The U.S. Department of Labor’s Job Corps program has launched a recruitment drive in Maine, offering immediate openings and free career training for low-income students ages 16–24 in the nation’s leading industries.

“This is a great opportunity for young adults in Maine who are trying to leverage a strong job market,” said National Director of Job Corps Rachel Torres. “We are a gateway to skills, credentials and opportunity. Our students need Job Corps, and the workforce needs our students.”

There are two

Job Corps campuses in Maine: Loring (in Limestone) and Penobscot (in Bangor). They offer career skills training in high-growth industry sectors, including Advanced Manufacturing, Automotive and Machine Repair, Construction, Health Care, Hospitality, Information Technology, and Transportation.

Job Corps is free for ages 16–24 from low-income households who meet the eligibility requirements, and students can apply and enroll at any time. Job Corps provides hands-on career skills training, on-campus housing, meals, health care and job search assistance. Applicants may

qualify if they receive SNAP, TANF, or free or reduced school lunch, or if they are experiencing homelessness or are a foster youth.

The recruitment drive in Maine is part of a national effort to restore Job Corps campuses to full capacity after pandemic safety measures had restricted enrollments, due to the residential aspects of the program. Job Corps has restored pre-pandemic admission standards nationwide and has immediate openings in Maine.

For more information about Job Corps, or to begin the enrollment process, visit [jobcorps.gov](http://jobcorps.gov) or call 800-733-JOBS (5627).

*Please help us in welcoming Fran Gagne to the Champoux Insurance Agency family.*

*Fran comes to us with over 24 years of knowledge & experience in the insurance industry. Her primary focus is commercial lines, but she also has personal lines experience.*



*Fran’s clients look to her for her thoroughness and detail-oriented work habits. Fran’s belief is her customers always come first.*

*In her free time, Fran enjoys spending time with her family & friends and her pride & joy is her grandson, Caiden.*



**CHAMPOUX INSURANCE**

YOUR SECURITY IS OUR MAIN CONCERN

150 East Avenue ~ Lewiston, ME 04240

(207) 783-2246

[www.MaineInsuranceOnline.com](http://www.MaineInsuranceOnline.com)



- Landscaping
- Hardscape
- Drainage Installs
- Retaining Walls
- Mowing
- Snow Plowing
- and more!

207-344-5212

# Newsmakers, Names & Faces

## Narragansett Elementary Raises over \$7900 for AHA



**GORHAM, ME (May 12, 2022)** -- Thank you to Narragansett Elementary School's very own Mr. Fortier along with his fellow K-5 P.E. Teachers, Mr. DeFrancesco and Mr. Speed! Their combined efforts raised \$7904 for the American Heart Association through the Jump Rope for Heart initiative!

## UMaine Research Shows Impacts of Childhood Trauma

**MAINE (May 13, 2022)** -- Childhood trauma can impact a person's life into adulthood. According to University of Maine research, adverse childhood experiences may even have a negative impact on cognitive function as people age.

UMaine researchers assessed the intellectual abilities, verbal memory, visual memory and executive attention of participants ages 55 to 90 years old recruited as part of the Maine-Aging Behavior Learning Enrichment (M-ABLE) Study at UMaine. Self-report measures were also used to examine levels of depressive symptoms, self-efficacy and cognitive concerns. Finally, a questionnaire measured childhood experiences of abuse, neglect and household dysfunction. Over 56% of participants reported experiencing early life abuse or neglect.

The results show that adverse childhood experiences were negatively associated with annual income level and years of education, but positively associated with depressive symptoms and self-reported cognitive concerns. Adverse childhood experiences were also a significant predictor of lower performance on measures of intellectual function and executive attention; however, these relationships were no longer significant after adjusting for years of education.

"In other words, the number of years of education accounted for the significant relationship between early life adversity and worse cognitive function," says Amy Halpin,

first author of the study and a UMaine doctoral student in clinical psychology. "This means that more years of education may help mitigate the harmful impact of adverse childhood experiences. It is still unclear if there is a critical window in which this education should be completed, or if education at any point in life can promote better brain functioning in older adults."

Overall, the researchers suggested that a greater degree of childhood adversity may increase vulnerability for cognitive problems in late life by way of fewer years of early education, lower socioeconomic status and greater risk for mental health concerns.

"Although we cannot change the past, we can identify activities and behaviors that may help lessen the negative downstream effects of childhood adversity. Studying things that increase resiliency may help us to identify targets for interventions and encourage meaningful lifestyle changes for older adults at risk," Halpin says.

In particular, learning more about coping styles and personality traits may shed light on how individuals overcome early life adversity and identify psychosocial treatments that may reduce risk and help prevent cognitive decline in later life.

The study was published in the Journal of the International Neuropsychological Society. To the researchers' knowledge, the study is the first to comprehensively examine the effect of adverse childhood experiences on cognitive functions and risk of cog-

nitive decline in independent community-dwelling older adults.

"Notably, mediation analyses suggested that the relationship between childhood adversity and lower cognitive performance was a result of less education. These findings have important implications for public health and programs that support continued education in those with adverse childhood backgrounds. Further, building self-efficacy may help to increase resilience and support learning in this population," says Rebecca MacAulay, co-author and principal investigator of the study, and assistant professor of psychology at UMaine.

MacAulay says longitudinal research is needed to better understand how these relationships change over time, and to be able to determine cause-and-effect relationships. It also will be important in developing interventions for older adults that support autonomy and learning, such as the Maine Understanding Sensory Integration and Cognition (MUSIC) Project that teaches music to older adults.

**Gorham High School**  
**PRESS RELEASE**

Home of the  
**Rams**

**Gorham High School**  
**PRESS RELEASE**

---

**From:** Brian Jandreau, GHS Principal

**Date:** May 13, 2022

**RE:** Graduation Convoy for the Class of 2022

---

Gorham High School, in collaboration with Gorham Project Graduation, the Gorham Police Department, and the Gorham Fire Department, is excited to announce that a Graduation Convoy to celebrate Gorham's Class of 2022 will commence at 7:30 p.m. on Sunday, June 12th beginning at the JP Noonan on Main Street / Route 25 and conclude at Gorham High School.

Graduates of the Class of 2022 will be joined by their families for the convoy in their cars. The convoy will follow Route 25 and Main Street from JP Noonan through the Gorham Village. The convoy will turn left onto South Street and enter the Gorham High School campus via Morrill Avenue.

We invite members of our Gorham community to line Route 25 and Main Street, South Street, and Morrill Avenue to cheer and wave signs that celebrate our seniors. We ask that participants and spectators refrain from throwing candy or other items, either from vehicles in the convoy to spectators or from spectators toward the convoy.

Please note that, at the conclusion of the convoy, seniors will be dropped off at Gorham High School for a closed event.

RESPECT HONESTY COURAGE COMPASSION RESPONSIBILITY

**Best Source for Arts, Music and Theater!**

**Your Hometown Paper.**

## Follow us on Facebook!

### Don't miss our weekly giveaways!

## Gorham WEEKLY

**(207) 558-8488**

Info@GorhamWeekly.com

28 State Street, Gorham, ME 04038  
Mail: 89 Union Street, Suite 1014, Auburn, ME 04210

©TWIN CITY PUBLISHING, INC 2022® FOUNDED IN 1998  
All materials found in GORHAM WEEKLY, INC. are copyrighted. All rights in those materials are reserved and permission to use them must be specifically granted by Gorham Weekly, Inc.

FREE e-subscriptions at  
[www.GorhamWeekly.com](http://www.GorhamWeekly.com)

**Advertising**

For advertising information email  
ads@GorhamWeekly.com or call 795-5017.

**Deadline**

Deadline for ads and press releases is  
5 p.m. on Friday preceding publication.  
Published every Thursday's publication.

**Press Releases**

All submissions, including photos, must  
be emailed to editor@GorhamWeekly.com.

**Proofs**

Publisher is not responsible for any errors in ad  
copy not inspected by advertiser prior to publication.

THE DUMP GUY

JUNK REMOVAL

Basement, Attic, Garage & Apartment Cleanouts

Boat, Vehicle & Camper

f b

ACCREDITED BUSINESS Angie's list

Reviews you can trust.

(207) 450-5858 • [www.thedumpguy.com](http://www.thedumpguy.com) Fully Insured

## Jason Hodsdon Masonry

Chimneys • Chimney Cleanings • Masonry Demo  
Repointing & Repairs • Culture Stones  
Restorations • Stainless Steel Liners

We install professional chimney caps!

215-3557

North Monmouth

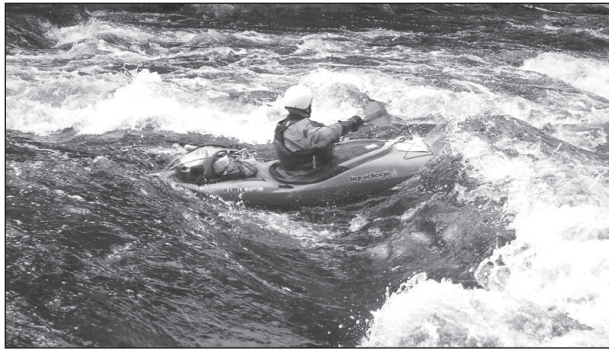
Jasonhodsdonmasonry@gmail.com

## Seniors Not Acting Their Age

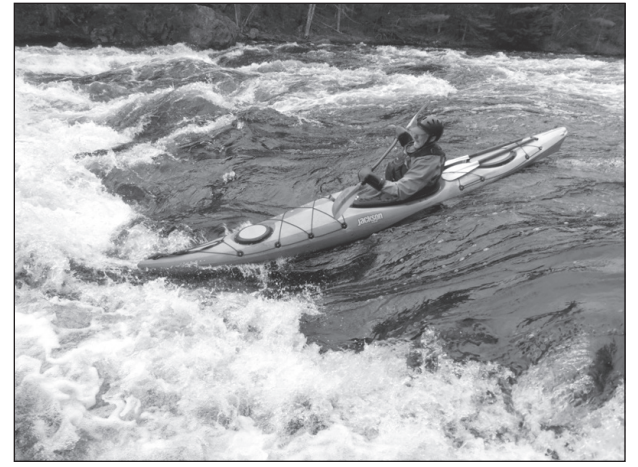
# Navigating the Iconic Machias River



A kayaker maneuvers around an obstruction at Long Falls on the Machias River



Big waves are encountered at Carrick Rips on the Machias River



A kayaker plunges down Little Falls on the Machias River

### Part One: Third Lake to Little Falls By Ron Chase (May 13, 2022) --

Planning a spring paddling trip on the Machias River in Washington County requires evaluating a combination of factors. Weather, ice-out, road access, water levels, and blackflies are all issues that need to be investigated. After about thirty trips, I've become discriminating about my expectations. Experience suggests a trip beginning in late April and ending in early May is usually the ideal timeframe so that's when I scheduled a Penobscot Paddle & Chowder Society club trip this year.

As anticipated, all the necessary components fell into place. The water level was moderately high, most of the roads were open, a quality five day weather forecast predicted, ice was out on the lakes, and the dreaded blackflies had yet to appear. My long-time friend and frequent outdoor accomplice, Ken Gordon, enthusiastically agreed with the planned schedule. Unfortunately, several other interested club members were unable to participate during the narrow window of opportunity. Time flexibility is one of the few benefits of being old and retired.

Selecting the segment

of river to paddle was the next step. The Machias has several access points providing a variety of options. Trips can be from one to seven days in length and begin at various points between Fifth Machias Lake and the village of Machias. Since the road to Fifth Lake was closed, we chose a five day trip from Third Machias Lake to Machias. Our fifty-five mile itinerary entailed traversing two lakes, portaging a major waterfall, and navigating eight challenging whitewater rapids plus many easier ones.

The means of river travel has changed for Ken and me. We no longer use tripping canoes. Instead, we've migrated to expedition kayaks. The primary reason is to avoid physical

discomfort. After a knee replacement, I can no longer kneel in a canoe without pain. Expedition kayaks have other advantages besides comfort. They're quicker, drier, and more maneuverable. The primary disadvantage is less space for gear.

After leaving my vehicle in Machias, we transported kayaks and gear in Ken's car to Third Lake. Fortunately, the dirt roads were in good condition. The weather was cool, windy, and gray when we launched at the outlet.

The scenic sector of river between Third and Second Lakes is a succession of narrow technical rapids interspersed with flatwater. The most significant rapid, Long Falls, consisted of three pitches that warranted careful attention. After thoroughly scouting the twisting descent, we set up safety with a throw bag for the first pitch and then continued to an eddy on the right above the second where a fallen tree blocked part of our preferred route. Following careful inspection, we negotiated around the obstruction, ferried out into large waves that plummeted through the third pitch, and successfully dodged numerous rocks and a strainer during the extended runout. My latest book, *Maine Al Fresco: The Fifty Finest Outdoor*

Adventures in Maine relates tales of two substantial misadventures on Long Falls.

A delightful series of technical Class II rapids followed to Second Lake. A strong tail wind quickly propelled us south to the outlet adjacent to a sandy beach that has been a campsite during trips past. A large eagle provided entertainment and methodically scrutinized us during much of the two mile stretch of calm water to First Lake. The welcome tail wind again assisted our traverse to the southern end of the lake and a convenient campsite.

The weather improved on day two with warmer temperatures and partly sunny skies, but pesky northwest winds persisted. Our first challenge was Class III Carrick Rips. We again set up safety before proceeding tight right, ferrying left around a menacing boulder, and finishing in a substantial wave train.

Shortly after, the West Branch entered on our right. Several exhilarating rapids followed as we paddled through an expansive stand of tall pines to complex Airline Rapid just below Route Nine. We maneuvered through breaking waves and around several potentially hazard-

ous obstacles to a lunch spot at the bottom.

Flatwater continued for a few miles to Little Falls, which is not little. We carried our gear to what I consider the most picturesque campsite on the river at the foot of the falls and navigated the demanding rapid along the left shore in empty kayaks before settling in for a relaxing evening.

Many more adventures awaited us during the remaining three days of our trip. The exciting Wigwam Rapids were on the agenda for day three.

Ron Chase resides in Topsham. His latest book, *"Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine"* is available at <https://www.northcountrypress.com/maine-al-fresco.html>. His previous books are *"The Great Mars Hill Bank Robbery"* and *"Mountains for Mortals - New England."* Visit his website at [www.ronchaseoutdoors.com](http://www.ronchaseoutdoors.com) or he can be reached at [ronchaseoutdoors@comcast.net](mailto:ronchaseoutdoors@comcast.net).

Send all items for What's Going On to the Editor. Deadline is Friday by five.

## FAMILY KAYAKS

### Kayaks for Men, Women, Children

#### Recreational - Fishing and Tandem Kayaks



**SHAKER HILL** Outdoors  
"Well worth the short drive from Lewiston"  
271 Maine Street, Route 26, Poland  
998-5390  
[www.shakerhilloutdoors.com](http://www.shakerhilloutdoors.com)

## Now accepting new clients!

### Urban Edge Hair Studio

(207) 212-9440

1117 Center Street  
Auburn, ME 04210

WED - FRI 10-6 • SAT 9-3  
Evenings by Appt. Only

Like us on Facebook!

MICHAEL G.



# Letters to the Editor

## Biden's Deferral Of Student Loan Repayment Is Sound Fiscal Policy

There is a false belief that Americans who have gone to college are all members of the economic elite. While student loans have been essential for millions of low-income Americans to escape poverty, about 40 percent of student loan borrowers never finish their education. Too many had dreams of graduating from college, but didn't realize that their life circumstances would later make it impossible for them to finish their education. It might be difficult for members of the upper-middle-class to understand how difficult remaining in school can be for young people from poor families with unstable incomes. Others finished college, but selected jobs in forestry, social work, special education, journalism or some other occupation which provided financial rewards much smaller than they expected. Way too many worked very hard in high school to earn college admission, but took out student loans in their late teenage years only to become victims of the false promises of a college education.

The Covid-19 pandemic presented a national emergency. In response to the worldwide outbreak of disease that resulted in mortality not seen since World War II, President Biden appropriately suspended repayment of qualifying federal student loans. In the name of protecting tax payers and in a blatant attempt to appeal to the majority of Americans who do not have a college degree, Republican U.S. Senators have introduced a bill to prevent President Biden and his Secretary of Education from further suspending the accrual of interest or deferring repayment of Federal student loans. The Republican sponsors of this Senate bill are without any empathy

for young people who will be struggling to make timely student loan payments. For opponents of continued student loan deferrals to describe President Biden's suspension of repayments as "a massive handout to doctors and lawyers" is an extreme exaggeration. The continued student debt forbearance relief provided by the Biden administration will not only stave off countless student loan delinquencies and defaults, but also allow thousands of hardworking young Americans to actively participate in our economy and avoid other financial stressors such as prolonged delays in homebuying.

James M. Moore, Esq.\*

Bangor, ME

\*James Moore relied on Federal student loans to pay for part of his college and law school educations. He is a legal aid lawyer in Bangor, Maine.

## The Christian Civic League of Maine Responds to the Leaked Draft of the U.S. Supreme Court Decision in Dobbs

The Christian Civic League of Maine has always been committed to the basic belief that every human life is sacred and worth protecting, from conception to natural death. Because human choices cannot morally infringe upon a human life, the Christian Civic League has consistently fought for providing alternatives to women who are faced with the heartbreaking choice between their future and the life of another.

It is true that in the age of Roe v. Wade these alternatives may not have been so obvious. Today, however, it is becoming increasingly difficult to ignore the growing number of pregnancy centers and couples waiting to adopt. The existence of these resources make the choice to kill a child one that need not even be considered.

This is why the Christian Civic League is tenta-

tively optimistic about the upcoming Supreme Court decision in Dobbs v. Jackson. Even though the overturning of Roe v. Wade (as indicated in the leaked draft) would not immediately affect the rights of the unborn in Maine, it will create a platform to begin a conversation over whether those rights ought to be protected. In the words of Policy Director Mike McClellan, "While this would end the Federal presence in the abortion fight, the battle would simply now fall to the states."

As the debate over the rights of the unborn continues, the Christian Civic League plans to continue to support and promote ways to help women in crisis other than abortion. Our hope is that the willingness of churches and communities to assist women in crisis will make it obvious that every child can be guaranteed a loving family from conception to natural death.

Christian Civic League of Maine

## Reliance on Russian Oil and A Transition to Renewable Energy

The recent war in Ukraine has highlighted a dire issue for the U.S.: reliance on Russian oil. Energy prices have surged after President Biden's ban on Russian oil. This dependence on oil has burdened civilians and exacerbated the climate crisis. A transition to renewable energy would not only lessen this burden, but would also decrease greenhouse gas emissions, contributing to Biden's goal of fifty percent reduction in greenhouse gas emissions from 2005 levels by 2030. In order to support this transition, please ask Representative Pingree, Representative Golden, Senator Collins, and Senator King to support strong climate legislation such as the Energy Innovation (HR 2307).

Violet Apodaca Brunswick, ME

# Skyline Farm Carriage Museum Exhibit Opens in North Yarmouth



This rather large vehicle combines the best of a Brougham and a Victoria. The Landau's double-hooded roof arrangement was great for summer or winter travel. Also on display are a lovely sleigh by J.F. Hall, Rockland, Maine, circa 1890, a Buxton oil delivery vehicle that once delivered to homes and businesses via horse, a double seat Albany, a heating contractor sleigh, and a postal delivery sleigh.

The museum, located at 95 The Lane, North Yarmouth, is open to the public on Sundays, from May 15 through June 26, 1-4 p.m. or by appointment. Free admission; donations are appreciated.

For more information, contact Greg Cuffey at (207) 892-0188 or info@skylinefarm.org. Skyline Farm is a nonprofit, all-volunteer organization.

**NORTH YARMOUTH, ME (May 9, 2022)** – Skyline Farm Carriage Museum's current exhibit "Town & Country: Rocking & Rolling Down The Lane" showcases approximately forty unique business and personal horse-drawn carriages and sleighs that would have been used in New England.

When summer arrived in New England, various cold weather horse-drawn vehicles were put in the barn loft. Down came the wheeled vehicles for country and city. Country vehicles were much simpler in design than city vehicles. Come see examples of both.

Skyline was recently loaned a Brewster & Co. Cee Spring Landau.

Send all items for What's Going On to the Editor. Deadline is Friday by five.



**Sealcoating • Hot Rubber Crack Filling  
New Installations • Concrete  
Reclaimed Asphalt • Loam**

**Our premium grade sealer inexpensively adds years of life!**

**Protect your investment with our wide range of products!**

**Roadmark Industries**

Mike Willett • 143 Pleasant Street • Auburn

**(207) 240-5535**



**allworx**



**Save \$\$  
on your  
business  
phone!  
Call today for  
a demonstration!**

**PROFESSIONAL  
COMPUTER SERVICES INC.**

**207.784.6295  
buck@pro-pc.us**



**Buck Buchanan**  
A+, MCP Certified Technician

# Arts & Entertainment

## SHAPE THE FUTURE OF LITTLE FALLS GORHAM AND SOUTH WINDHAM VILLAGES



### WE WANT YOUR INPUT!

A renewal plan is in the works for the villages area of Windham and Gorham. Community discussion is imperative to this process, so please head to the website below to complete a short survey, have your voice heard, and learn about upcoming community engagement opportunities.



[villagesmasterplan.com](http://villagesmasterplan.com)

## Wormell Farms LLC to Open Retail Store May 21



**GORHAM, ME (May 10, 2022)** -- Wormell Farms LLC will be opening on Saturday, May 21st! Join us at 29 School St. in Gorham for the opening of our retail store! Our family has been hard at work transforming this space into a storefront, where our community will be able to purchase goods from farms and other small businesses throughout the state! Look forward to updates on products as we get closer!

Thank you all for the outpouring of support!

Send all items for What's Going On to the Editor. Deadline is Friday by five.

**MOTHER-SON DANCE**  
MAY 21, 2022

DOOR PRIZE RAFFLE CONCESSIONS DANCING & MORE!

BROUGHT TO YOU BY GORHAM YOUTH CHEERING

Open for curbside pick-up, take out, indoor dining, bowling and arcade!

*American pub-style food and drinks.*

A 7 Railroad Ave, Ste 102 | W [www.jctbowl.com](http://www.jctbowl.com)  
Gorham, ME 04038 | P 207.222.7600

**We Deliver.**

Uber Eats | GRUBHUB | Postmates | DOORDASH

**SUBWAY** Not all delivery services available at every restaurant. All chips-related trademarks are owned by Frito-Lay North America, Inc. ©2020. Subway® is a Registered Trademark of Subway IP LLC. ©2020 Subway IP LLC.

**GRIDIRON Restaurant**  
LEWISTON, MAINE

**HAPPY HOUR 2 TO 5PM DAILY**

**BUD-BUD LIGHT BOTTLES \$2.50**

**SPIKED LEMONADES \$4.00**

**1/4LB. CHEESEBURGER \$4.00**  
*with french fries*

1567 Lisbon Street Lewiston, ME 207-777-6353 -- 207-777-6354  
INDOOR SEATING - TAKE OUT Open Daily 11am - 9pm

# Musicians Bring Fiddle, Dance, & Banjo to Saco River Theatre

**SACO, ME (May 12, 2022)** -- To listen to April Verch and Cody Walters is to be immersed in tradition. To watch them perform is to be transported. Be it regional Canadian roots, American old-time, 50's Country, Scandinavian folk music, or something original that sounds as though it's been around for a century—the one common thread is their love and reverence for the music and traditions that have been passed down to them.

Husband and wife duo April Verch & Cody Walters is a true partnership of kindred musical spirits, each a world-class musician in their own right. Combining their unique backgrounds from Verch's native Ottawa Valley and Walters' heartland roots in Kansas, their music showcases endless creativity and

versatility—transitioning effortlessly from traditional Ottawa Valley step dancing and fiddle tunes, to old-time fiddle-banjo duets with tight-knit vocal harmonies, to innovative sandpaper foot percussion, all contrasted against Verch's sweet soprano voice.

Verch and Walters began playing together in 2007 when Walters joined the April Verch Band as their bassist. Initially formed as a pickup band centered around Verch's own fiddle and dance stylings in 2000, the band grew and blossomed into an established trio of world-class musicians, spanning several musical traditions and backgrounds, yet all united in their mission to share the music they love. Together they have traveled to four continents, performed in fourteen countries, and

played everywhere from tiny pubs and dusty festival workshops all the way to legendary stages such as the Kennedy Center and the Ryman Auditorium. In 2018—fittingly amidst their ever-busy tour schedule—April and Cody were married.

During the heart of COVID lockdowns in 2020, the couple began performing as a duo out of necessity, and learned firsthand that sometimes, art born of necessity can yield unexpectedly beautiful results. They developed new material, arrangements and a concert performance that hum with the ease and playfulness that can only be cultivated through deep understanding and trust—as musicians and as partners.

The duo's diverse repertoire and unbridled passion come to life on stage with a presence

that is versatile, robust, and masterfully executed. Audiences remark at their sincerity in sharing stories between tunes. Verch's delicate voice, energetic footwork, sand paper foot percussion and stunning playing (sometimes combined all at once!) are jaw-dropping. Walters' melodic banjo stylings, solid rhythm guitar accompaniment and tasteful vocal harmonies are at once understated and brilliant, dueting with Verch's skills in glorious harmony. Their ability to preserve the authentic folk traditions of the past and reintroduce them into the musical landscape of the present is a testament to their masterful musicianship and widespread appeal.

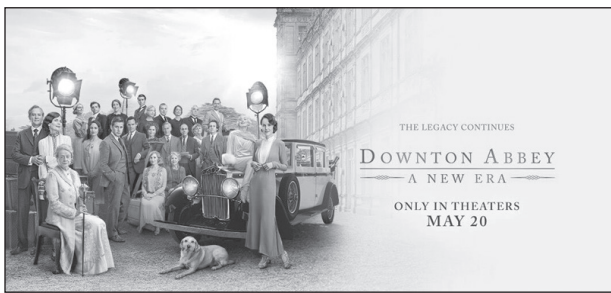
Even now, after more than two decades

leading her own band and with 14 albums in her name (two of which were nominated for JUNO Awards, among other honors), there is nothing that fulfills Verch or gives her more joy than playing and sharing her music with the world. "It's like the reward for everything else," she says. Together, she and Walters are exemplary tradition-bearing performers: never forgetting the roots of the music, that connection to the people out there in the audience or on the dance floor, to the community sparked by a good song. "It's about joining together to celebrate everyday life,

through music. We're all in this together." And so together they press onward: diving deep into musical tradition, bringing people together and forging connections, and sharing their insight and genuine love for the music they play so well.

Verch & Walters are looking forward to returning to New England this spring, a favorite tour destination of theirs since the beginning of their career! They are no stranger to Saco River Theatre, having performed there as "The April Verch Band." This will be their first duo performance for their audience and they can't wait!

## Movie News This Week



**LEWISTON/AUBURN and GORHAM, ME (May 13, 2022)** -- Downton Abbey returns to the big screen! In a world full of superhero movies,

some may yearn for the dramas of yesteryear, reminders of simpler times. Downton Abbey: A New Era is just that— a refreshing offering of drama, a

hint of comedy, gorgeous production design all with the characters you know and love from the original show. In this new film the Crawley Family embarks on a grand journey to the South of France to uncover the mystery of the dowager countess's newly inherited villa.

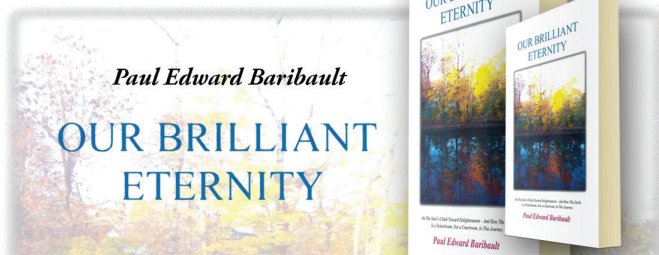
Not your thing— don't worry. Top Gun: Maverick opens May 27th for those of you craving action and nostalgia.



**FIND THE HIDDEN POPCORN!**

Find the popcorn hidden somewhere in this paper to be entered to win FREE movie tickets!

To enter: Email what page you found it on to [social@flagshipcinemas.com](mailto:social@flagshipcinemas.com) with the subject line: HIDDEN POPCORN



*Paul Edward Baribault*  
**OUR BRILLIANT ETERNITY**

Is the worry about what comes after this life weighing you down? Whatever your faith, or if it is absent, you're a child of God – and ultimately

**Heaven is your home.**

A new work by Lewiston playwright and Children's book author, **Paul Baribault**

*"At its center, this book is about the soul's climb toward Enlightenment, and how the Earth is a Schoolroom, not a courtroom, in our journey."*

Available on Amazon and @ [www.Ourbrillianteternity.com](http://www.Ourbrillianteternity.com)

*"The prose is inspired – and inspiring – glowing with inner radiance and kindness."*  
*"I felt such a sense of hope when I finished this book."* From Amazon reviews.

**Best Source for Arts, Music and Theater!**

**Your Hometown Paper.**

## Blanchard's Cash Fuel

**#2 Heating Oil and K-1 Off Road Diesel (Dyed) On Road Diesel (Clear) Propane**

**225-3588**

3 Conant Road, Turner (on the Auburn/Turner Line)

*Don't Shiver...We Deliver!*

**[www.blanchardscashfuel.com](http://www.blanchardscashfuel.com)**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY





**YMCA KIDS TO CAMP**

**CORNHOLE TOURNAMENT**

**WHO:** All ages welcome!

**WHEN:** Saturday June 18, 2022  
Check-in at 11:00 a.m.  
Bags fly at 12:00 p.m.

**WHERE:** Outdoor Learning and Education Center at 151 Stetson Rd. Auburn

**COST:** \$50 per team (2 players)

A round-robin, single elimination Event. Professionally organized by Wicked Cornhole. All teams are guaranteed 4 games.

**TO REGISTER YOUR TEAM, VISIT THE YMCA OR CALL 207-795-4095**

For more information, please contact Marcie Hird at [mhird@alymca.org](mailto:mhird@alymca.org)

**CASH PRIZES!**

1st Place: **\$400**  
2nd Place: **\$200**  
3rd Place: **\$100**

Join us for Music, Food Trucks, Raffles and more!

All proceeds will benefit Summer Camp Scholarships for the YMCA Outdoor Learning and Education Center.

To get updates during the tournament, register your team on your smartphone using the Scoreholio app.  
[app.scoreholio.com](http://app.scoreholio.com)

Search for "YMCA Kids to Camp Cornhole Tournament"

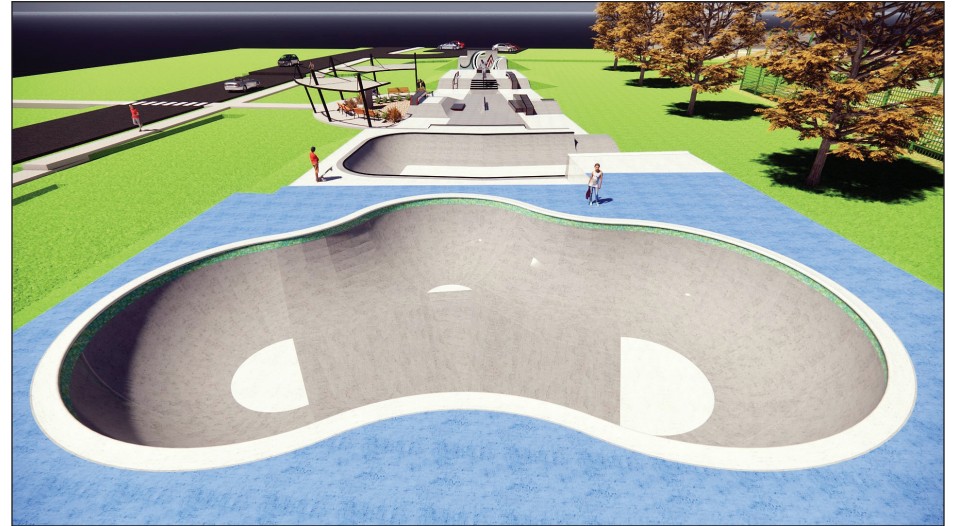
\* This app is simply for day-of updates. You must ALSO register with the YMCA to be entered into the tournament.

YMCA of Auburn-Lewiston | 207-795-4095 | [www.alymca.org](http://www.alymca.org) | 62 Turner St. Auburn, ME 04210

# Gorham Recreation Department to Break Ground for Gorham Skate Park



**GORHAM, ME** breaking ceremony of the Gorham Skate Park! We are excited for this project to begin and appreciate all of the business partners who are helping to bring this project to fruition.  
*See Skate Park, page 16*



## GET TO KNOW DAVEY TREE

Full Service Tree Care | Plant Health Care  
Lawn Programs | Consultations

The Davey Tree Expert Company  
davey.com | 207-810-3131

**Join Our Team Today!**

Text Davey to 91385 or call us at 877-411-7601 to discuss immediate career opportunities.

**DAVEY**  
Proven Solutions for a Growing World



**Evergreen**  
Credit Union

Everywhere You Are

as low as  
**3.74**  
% APR<sup>1</sup>

**RV & Camper Loans**

Serving all Southern Maine  
egcu.org/rec  
or call: (207) 221-5000

<sup>1</sup>Annual Percentage Rate as of 4/15/2022. Rates subject to change without notice. Not all applicants will qualify for the lowest rate. Restrictions apply. 3.74% APR includes relationship pricing discount. Federally insured by NCUA.



**CLEAN BOOKS, LLC**

BOOKKEEPING & PAYROLL

Olivia Ouellette, Owner  
(207) 370-9292

89 Union Street, Suite 1014  
Auburn, Maine 04210

CleanBooksMaine@gmail.com



# New Law Ties Electric Grid Planning To Climate Goals

**AUGUSTA, ME (May 9, 2022)** – Electric utilities in Maine will for the first time be required to create a comprehensive plan for supporting the state’s ambitious climate and clean energy goals under a landmark bill signed into law earlier this month.

Conservation groups that worked closely with lawmakers and the Mills Administration to strengthen the bill are calling it the most significant climate action accomplishment of this legislative session.

LD 1959 will require utilities to undergo a transparent “integrated grid planning” process for developing a reliable electric grid that supports the transition

to clean energy at the lowest possible cost to electricity customers. Utilities will not only have to forecast the increased demand for energy as heating, cooling, and transportation are electrified, they must also encourage innovative strategies to balance demand with clean supply through increased energy efficiency, flexibility, and energy storage.

“You wouldn’t build a house or a road without a plan, and we shouldn’t undertake a once-a-century overhaul of our electric grid without one, either,” said Jack Shapiro, Climate and Clean Energy Director at the Natural Resources Council of Maine (NRCM). “Linking grid



planning to Maine’s bipartisan climate and clean energy goals is a major step forward for every Mainer who cares about avoiding the worst impacts of climate change and creating a healthier, more prosperous state for us all to live in.”

“Instead of making incremental upgrades in the grid to accommodate

each new distributed solar project, for example, integrated distribution planning will help us be strategic about the long-term investments we need to transform our power sector,” said NRCM’s senior climate advocate Rebecca Schultz. “Requiring our utilities to conduct integrated grid planning is about

creating a climate-resilient future that works for all Mainers. A future in which a modern electric grid and cutting-edge technologies power our homes, businesses, and transportation with clean, reliable, and affordable energy produced here in Maine.”

Under the new law, grid planning conducted by utilities must be tied to the Maine Won’t Wait Climate Action Plan and the goals to reduce greenhouse gas emissions 45% by 2030 and 80% by 2050 that were passed by bipartisan majorities in the Legislature. The new inclusive grid planning process will be conducted with extensive opportunity for public input and will

incorporate equity and environmental justice considerations. Utilities currently conduct grid planning behind closed doors with little to no opportunity for public input from experts and others.

The utility accountability provisions included in LD 1959 respond to long-standing reliability and performance issues with Maine’s largest utilities that have been rated as among the nation’s worst performing. Clear metrics will be used to evaluate utility performance, with mandatory financial penalties for poor performance and the possibility of being replaced for consistent failures.

# Superintendent’s Update

**By Gorham Superintendent, Heather Perry GORHAM, ME (May 13, 2022)** -- Friday the 13th. YUP, sure feels like that doesn’t it? Been a busy two weeks and unfortunately a time where COVID 19 has taken “center stage” once again. It seems our new neighbor does like the spotlight every once in a while! Even with the challenges associated with an increase in positive cases impacting our schools, it has still been a very positive two weeks for learning though. Here’s some pictures to show a snapshot of what’s been going on...

We have plenty to talk about...so let’s get to it!

## COVID 19 INFORMATION & REMINDERS

As we continue to see positive cases spike here in the Gorham Schools, I just wanted to send one more STRONG REMINDER that we absolutely are **STRONGLY RECOMMENDING** that **staff and students wear face coverings while indoors**. Due to staffing shortages caused by COVID 19 we are having to move Great Falls Elementary School to fully remote today. I expect we will be able to reopen Great Falls to in person instruction on Monday; however, we are also struggling with staffing at both Narragansett and Village Schools due to COVID 19 impacts. We will see what the future holds at these two schools as we move through the next week.

COVID 19 is still very much present in our schools, and although I do NOT foresee a time when we will reinstate a mask mandate in the schools (unless the Maine CDC adjusts their Standard Op-

erating Procedures for schools again), I do know that it is important for all of us to make choices to help curb the spread of COVID 19 so that we can keep our schools safely open to in person instruction. We each must take responsibility and make choices to help curb the spread. There are no mandates, but the more we can do to curb the spread, the better off our entire community will be. Here is what you can consider doing:

1. Wear a mask while indoors (STRONGLY Recommended).
2. Consider getting vaccinated/booster if you haven’t already done so.
3. Monitor symptoms daily.
4. STAY HOME IF YOU ARE SICK.
5. Get tested if you are having symptoms (home tests are fine).
6. Keep your distance when possible.
7. Open up those windows and get outdoors whenever possible.

We are coming into the home stretch of our school year with just four weeks to go. There are lots of exciting things happening for our students...end of year celebrations, field



experiences, graduations, etc. Let’s make sure we all do what we can to ensure students and families are able to fully participate in these awesome events! We all have choices to make now... no mandates! Yeah! But with choices comes responsibility. Let’s all do what we can to pitch in and curb the spread!

Remember, you can follow the data in two key ways:

1. Keep an eye on our daily active positive case county by school on our website.
2. Follow Maine CDC color coded guidance/ Just so folks are

aware - Cumberland County just turned back to or-

ange...medium risk.

Because of the recent positive cases after a previous lull, I’ve had folks reach out to ask about protocols and guidance about what to do if you test positive or are a close contact. As a reminder...our current school guidelines are outlined below. Please reach out to your school’s nurse with further questions.

## COVID19 Guidance as of 5.10.22

The Gorham School Department follows CDC and MDOE guidance for COVID19 protocols.

## Masking ONLY required if:

- known exposure Or

day 6-10 after testing positive for COVID19 (if qualifications met).

**Close Contact - exposed to COVID19** (including household positives)

### Vaccinated:

- Wear mask at school and all public places for 10 days after exposure.
- If symptoms develop, isolate and test immediately.

### COVID Positive past 90 days:

- Wear a mask at school and all public places for 10 days after exposure.
  - If symptoms develop, isolate and call doctor
- See Superintendent, page 11



## DIRECT SUPPORT PROFESSIONALS NEEDED Full-time in Auburn starting at \$16 per hour!

- Career Advancement Opportunities
  - Student Loan Assistance
- Tuition Reimbursement • Generous Paid Time Off
- Verizon & Sprint Cell Phone Discounts



**SPURWINK**  
going the distance

Please visit [www.suprwink.org/careers](http://www.suprwink.org/careers) to learn more!  
(207) 871-1211 x2209 or e-mail [recruitment@spurwink.org](mailto:recruitment@spurwink.org)

## Insulate. Be comfortable. Save money.

Weatherization rebates from **\$500 to \$9,600\***

Act now while funds are available. Find an insulation professional at [efficiencymaine.com](http://efficiencymaine.com) or call **866-376-2463**.

\* Income-eligible homeowners qualify for rebates of \$600 to \$9,600. All other homeowners eligible for \$500 to \$5,500. See [efficiencymaine.com](http://efficiencymaine.com) for details.



# BCM Hosts Variety of Free Events for Global Road Safety Week



**PORTLAND, ME (May 9, 2022)** -- The Bicycle Coalition of Maine (BCM) has planned a variety of free events to honor and celebrate Global Road Safety Week from May 15-21.

"Keeping cyclists and pedestrians safe is the cornerstone of the BCM's mission," said BCM Executive Director Jean Sideris. "This is a chance for Main-

ers across the state to learn something new, attend a ride, honor fallen cyclists, and celebrate the joy of biking."

The week kicks off on Sunday, May 15, with a free "Fix-A-Bike" workshop at Maine Beer Company that will cover routine maintenance, roadside repairs, and how to perform a basic tuneup.

Sunday's schedule



also includes a free bike rodeo in Augusta that teaches kids how to ride in a closed, mock traffic course. Additional free rodeos are scheduled on Saturday, May 21 in Lincoln and Naples.

The first virtual event—a free spring biking webinar entitled "We're Bringing Safety Back"—will be held on Monday at

noon.

Global Road Safety Week will also mark the return of the BCM's Urban Riding Classes, which help cyclists feel more comfortable riding in traffic in a city setting. This on-bike education opportunity will include how to safely take the lane, make left turns on busy streets, and avoid being "right-hooked" by drivers. These free classes will be held in Portland and Lewiston on Tuesday, May 17, as well as Portland and Orono on Thursday, May 19.

The annual Ride of Silence is held around the world on the third Wednesday of May to honor those who have been injured or killed while cycling on public roadways. The BCM is once again the statewide coordinator for this silent slow ride. The Coalition will be holding their own free event in Portland on May 19, but also encourag-



es folks in Andover, Lewiston, Saco, and Yarmouth to join rides being held locally.

Mainers looking to become local bicycle and pedestrian advocates can sign up for a "Community Spokes" training, which will be a two-part virtual session on Wednesday, May 18 and Thursday, May 19. Through training, education, and ongoing technical support, Spokes across the state can help improve biking and walking conditions in their communities, the BCM says.

The final weekday event will be a Bike to Work Day extravaganza. The Portland Public Library; Friends of Congress Square Park; Portland Gear Hub; Portland Bike Party; City of Portland Maine Parks, Recreation & Facilities Department; Portland Bicycle and Pedestrian Advisory Committee; CyclingSavvy; and the Bicycle Coalition of Maine are all teaming up to throw one

big celebration in Congress Square Park on Friday, May 20 from 8 - 10 a.m. People who bike to work on Friday are encouraged to stop by the park for free coffee, donuts, and bagels donated by Tandem Coffee Roasters, HiFi Donuts, and Rose Foods, as well as bike mechanic demos, safe-cycling tips, safety gear giveaways, music, and more.

More information about the BCM's Global Road Safety Week plans can be found at [bikemaine.org/global-road-safety-week-events/](http://bikemaine.org/global-road-safety-week-events/) or [bikemaine.org/events](http://bikemaine.org/events).

Global Road Safety Week and its campaigns are coordinated by the United Nations Road Safety Collaboration (UNRSC) and chaired by the World Health Organization. All stakeholders—national and local governments, international agencies, civil society organizations, private companies, and the public generally—are invited to plan and host events.



## Joseph W. Mayo ALS Scholarship Applications Open

**MAINE (May 8, 2022)** -- Applications for the 20th year of Joseph W. Mayo ALS Scholarships are open till June 1, 2022. Available to Maine high school and GED graduates who have experienced ALS in their family, this scholarship was created by friends of the late Joe Mayo, Clerk of the Maine House of Representatives, a state house member from Thomaston, husband and parent, UMO graduate, organizer of special programs at the State House for ALS patients and their

families, and a nationally known author of a revision for managing state legislatures, "Mason's Manual of Legislative Procedures."

Each year scholarships totaling \$5000 can be awarded to Maine high school and GED graduates to advance their higher education, either through traditional or non-traditional programs. Scholarship award winners may also compete for yearly renewals including for graduate school.

Applications are available through the Maine

Community Foundation, at [www.mainecef.org](http://www.mainecef.org) and can be submitted online by June 1, 2022, to the scholarship committee via [joepietroski@gmail.com](mailto:joepietroski@gmail.com).

Any questions can be directed to a member of the Mayo ALS Scholarship Committee:

Joseph Pietroski, Chair, [joepietroski@gmail.com](mailto:joepietroski@gmail.com)

Jane Figoli, [jane.figoli@legislature.maine.gov](mailto:jane.figoli@legislature.maine.gov)

Mark Walker, esq. [mwalker.hallowell@gmail.com](mailto:mwalker.hallowell@gmail.com)

PICK UP OUR JUICIEST IPA AT ANY SEBAGO LOCATION

**SEBAGO BREWING CO.**

**PRESSED FOR TIME JUICY IPA**

12 FL. OZ. 5.7% ALC. BY VOL.

**FRESH FROM THE BREWERY**

[WWW.SEBAGOBREWING.COM](http://WWW.SEBAGOBREWING.COM) @SEBAGOBREWING

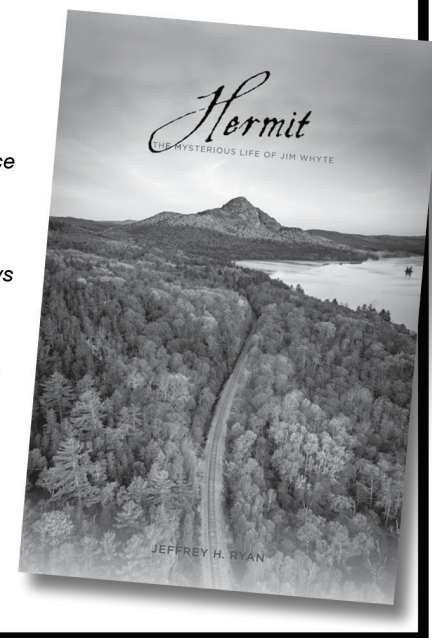
## Cabin fever got you down?

Escape with Maine's most intriguing Hermit.

"Ryan is an excellent storyteller, and this tale is as good as any novel, especially since it's based on real people and real events."  
— Bill Bushnell, *Bushnell on Books*

"I can tell you it will not take you many days to read, because you won't be able to put it down. I wasn't surprised when *Hermit* was named a top pick for 2019 on a December Maine Calling show on Maine Public Radio."  
— George Smith, *Bangor Daily News*

**Shop Local!** Available at The Bookworm and other Maine bookstores or at [JeffRyanAuthor.com](http://JeffRyanAuthor.com).



**Superintendent**  
*Continued from page 9*

for guidance immediately.  
Unvaccinated or Partially Vaccinated  
- Quarantine at home for days zero to 5.  
- If no symptoms develop, mask at school / public places days 6-10 after exposure.  
- If symptoms develop isolate and test immediately.

**Positive for COVID19 - regardless of vaccination status:**

- Day Zero to 5 - isolate at home.
- Day 6 to 10 - improved symptoms/no fever x 24 hrs/negative test on Day 6 (if tested).  
 Wear a mask when at school/all public places (including outdoor recess & bus).
- Sit 6 feet from others when eating.
- Day 6 to 10 - Symptoms persist OR positive test on Day 6.  
 Continue at-home isolation for 10 days.
- Day 11 - Release from isolation/mandatory mask wearing/6 ft distancing when eating.

**Symptoms, but Negative for COVID19 - regardless of vaccination status:** Stay Home until significant improvement in symptoms:

- No fever x 24 hrs without use of fever-reducing medications.
- Nasal drainage is manageable at school.

- Cough is not disruptive to their day.  
- At least 24 hours since last episode of vomiting and/or diarrhea.

**COVID Symptoms - Decline test. Individuals are Presumed Positive and need to:**

- Stay home 5 days from symptom onset.
- Day 6 - 10: return to school - mask at recess & bus/6 ft distance when eating.

**FY 23 PROPOSED GORHAM SCHOOLS BUDGET FACT #2**

Did you know that just under 78% of our School's Total Budget is in staffing costs. We are a "people driven" organization! But did you also know that 70% of our overall budget is expended DIRECTLY in our classrooms to support our students? That is well above previous targets set by the state of Maine. Finally, did you know that just 3.2% of our total budget is spent on system administration. Private industry standards for businesses with budgets the size of our school's budget set standards in this area at a much higher rate, often 10% or more. Bottom line...the funding we get from our community goes where it needs to go - to direct support for our student's learning!

Want to learn more? Check out our Proposed budget informational website and watch our recent

FY 23 budget presentation to the Town Council.

As a reminder, next step in the budget approval process is the Town Council vote on the School's Budget on June 7, 2022. This meeting will begin at 6:30 p.m. in council chambers. Then on June 14 there will be a budget validation referendum vote by the public.

As always, if you have any questions, please reach out ([heather.perry@gorhamschools.org](mailto:heather.perry@gorhamschools.org)).

**TRANSPORTATION SURVEY - PARENTS NEED TO COMPLETE BY MAY 27 PLEASE!**

We are asking any parent of a K-12 student in the Gorham Schools for the 2022-23 School year to please complete the transportation survey below IF YOU WILL NEED ANY TRANSPORTATION TO OR FROM SCHOOL TO A LOCATION OTHER THAN YOUR HOME. **We ask that surveys are completed by Friday, May 27** so that we may have the necessary information to begin building our bus routes this summer and in preparation for the reopening of school in August, 2022.

Please reach out to your school's office if you have questions. Here's the Survey Link:

<https://forms.gle/kZC2VoWNit2HPn2f6>  
ASPIRE GORHAM

**MAY NEWSLETTER READY TO VIEW!**

Such incredible work happening across our schools through the ASPIRE Gorham Program! Check out this month's newsletter for the latest and greatest going on to help make sure our students continue to craft their future stories in a meaningful way!

**TWO DATES FOR DUNK & DISCUSS EVENTS WITH SUPERINTENDENT PERRY!**

Although the first date was a wash because Aroma Joe's experienced an unanticipated worker shortage and had to close their lobby area down...two dates remain if folks are interested in participating.

As the year winds down, as we work to gain approval for our FY 23 Proposed School Budget and as we reflect and think ahead to goals for the coming year, I wanted to offer up an opportunity to just simply sit down with folks who might be interested to chat! In the past, I've held these meetings early in the morning and have had some feedback that isn't the best time, especially for parents who are working to get their children ready for school. So for these I'm going to try an after school time. I realize that time can also be hectic and busy for folks, but perhaps a little more available. We'll see.

There are NO AGEN-

DAS for these meetings. I simply show up. Individuals who participate can come with specific questions you may have, or you may share ideas or information you think is important for me to be aware of and to consider in my role as Superintendent of Schools here in Gorham. These meetings are really more of just a conversation and an opportunity for me to LISTEN and for you to get any questions you may have answered. The only "norm" I will insist upon is that all conversations are respectful and civil. This is not a meeting to air your political beliefs or for me to air mine.

Dates/Time/Location for three of these meetings are listed below. I welcome anyone who cares about the community of Gorham to attend!

Monday, May 16 at 4:00 p.m. at Aroma Joe's - Gorham, ME.

Thursday, May 26 at 7:00 p.m. at Aroma Joe's - Gorham, ME.

Hope to see you there!

**JOBS FOR MAINE'S GRADUATES (JMG) CAREER & CORNHOLE DAY - WHAT?**

Leave it to our creative GHS JMG students to find a way to meaningfully connect the fun of cornhole to exploration of careers and connecting with area Gorham businesses! Our students are nothing if not

creative! Although this event is for STUDENTS ONLY (so not open to the general public), it is an event that has been entirely created and put together by students in the JMG program at GHS.

This event is for ALL grade levels 9-12! A handful of our employers are hiring ages 14+, while others are only hiring 16+ or 18+, so we encourage everyone to attend! **Even seniors doing senior internships**, especially given all the great opportunities that are only available to ages 18+.

The goal of this event is for students to make career connections, whether this is to find a part-time job, summer work, or to connect with a business that you might be considering for your future career and have a little fun while doing it!

Want to learn more or check out our student's creativity?

**GORHAM GIRLS BASKETBALL CAMP INFORMATION AVAILABLE!**

Gorham Girls Basketball Camp and K-2 Co-ed basketball camp will be held at Gorham Middle School from June 27th-June 30th. The camp is for girls entering grades 3rd-8th and boys and girls entering k-2nd.

See Superintendent, page 16

# GORHAM LITTLE LEAGUE

## Field Funding Campaign

The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

- Develop 2 fields at White Rock
- Purchase seasonal fence for Shaw Park
- Repair dugouts and fencing, build storage centers
- Add infield mix and relevel current fields
- Acquire tarps and field maintenance equipment
- Add scoreboards

**VISIT: [GYBSA.COM](http://GYBSA.COM) FOR MORE INFORMATION, INCLUDING DONATION LEVEL REWARDS**

## DONATE TODAY!

**VISIT: [tinyurl.com/GYBSA-DONATE](http://tinyurl.com/GYBSA-DONATE) or**  
**MAIL TO: GYBSA, PO Box 176, Gorham, ME 04038**

GYBSA is a non-profit 501(c)(3) tax deductible contribution

# 'Lucia Di Lammermoor' Live In HD May 21

**FRYEBURG, ME (May 10, 2022)** — The Metropolitan Opera's Live in HD season continues at the Leura Hill Eastman Performing Arts Center on Saturday, May 21st at 1:00 pm.

Soprano Nadine Sierra takes on one of the repertory's most formidable and storied roles, the haunted heroine of Lucia di Lammermoor, in an electrifying new staging by in-demand Australian theater and film director Simon Stone, conducted by Riccardo Frizza. Show-stopping tenor Javier Camarena adds to the bel canto fireworks as Lucia's beloved, Edgardo, with baritone Artur Ruciński as her overbearing brother, Enrico, and bass Matthew Rose as her tutor, Raimondo. This live cinema transmission is part of the Met's award-winning Live in HD series, bringing opera to movie theaters across the globe.

Opera enthusiast Joe De Vito will be hosting his Opera Lecture Series on Thursday, May 19th at 3:00 pm in the LHE/PAC Seminar Room. The lec-



tures, which are free and open to the public, are designed to prepare attendees for the upcoming Live in HD simulcast.

Live in HD tickets are \$28 for adults, \$25 for seniors, and \$10 for students.

Order online at [www.fryeburgacademy.org/pac](http://www.fryeburgacademy.org/pac), or call the box office at 207-544-9066. The LHE/PAC is located on the campus of Fryeburg Academy at 18 Bradley Street in Fryeburg, Maine.



Send all items for Names & Faces to the editor. Deadline is Friday by five pm.

## Water that just works.



### GOODWIN WELL & WATER INC.

**Maine's leader in water well drilling, pump installation, and geothermal installation.**

**207.224.7861** [goodwinwellandwater.com](http://goodwinwellandwater.com)

# Maine's 2022 County Teachers of the Year Announced



**Cumberland:** Matthew Bernstein, Casco Bay High School, Portland



**Androscoggin:** Kelsey Boucher, Robert V. Connors Elementary School, Lewiston

**AUGUSTA, ME (May 12, 2022)**—Sixteen Maine teachers were announced as 2022 County Teachers of the Year today at a ceremony in the Hall of Flags at the Maine State Capitol Building. Governor Janet Mills joined Education Commissioner Pender Makin, Educate Maine Executive Director Jason Judd, State Board of Education Chair Fern Desjardins, 2022 Maine Teacher of the Year Kelsey Stoyanova, and Maine County and State Teachers of the Year Association Co-President Heather Whitaker to announce the new class of County Teachers of the Year.

As part of the Maine Teacher of the Year Program, hundreds of teachers across Maine are nominated by a member of their school community. Through a rigorous application process, one teacher from each county is selected as a County Teacher of the Year by a panel of teachers, principals, and business community members within the county.

"It is a privilege to congratulate Maine's 2022 County Teachers of the Year," said Governor Janet Mills. "As the daughter of a long-time public school teacher, I know how hard

each of these teachers works every day to make sure our kids have the best shot at success. I am so grateful for all they do for our students, our communities, and our state, and I promise that my Administration will do all we can to support them."

"It's such an honor to celebrate these extraordinary teachers and elevate them as true ambassadors for all Maine teachers and the teaching profession," said Education Commissioner Pender Makin. "These teachers were nominated by students, colleagues, and parents for the difference they make every day in the lives of their students, for their innovation and leadership, and for their commitment to their schools and communities. You are all true heroes, and the Maine Department of Education is so grateful for all you do."

"We are so proud of the 2022 County Teacher of the Year cohort. They are truly remarkable teachers and we look forward to working with them throughout their year of recognition," said Educate Maine Executive Director Jason Judd.

Maine County Teachers of the Year serve as ambassadors for teachers,

students, and quality education state-wide throughout the year. The Maine County Teachers of the Year are available to make presentations to local and regional organizations. Throughout the summer, they will continue to participate in an intensive Maine State Teacher of the Year selection process.

The Maine Department of Education's Teacher of the Year Program is administered through a collaborative partnership with Educate Maine. To learn more about the Teacher of the Year Program visit: <https://www.mainetoy.org/>. The event was also broadcast live on the Maine Department of Education's YouTube page.

**Best Source for Arts, Music and Theater! Your Hometown Paper.**

## Follow us on Facebook! Don't miss our weekly giveaways!



### GIVE BACK TO THE COMMUNITY!

We will receive a \$1 donation for every Bloomin' 4 Good Bouquet with the red circle sticker sold at our selected Hannaford in our selected month.

Benefiting Organization:

**YWCA of Central Maine**

Selected Month:

**MAY**

Selected Hannaford:

**692 Sabattus Street Lewiston**



# Business Directory

## ACCOUNTANT



**AUSTIN ASSOCIATES**  
CERTIFIED PUBLIC ACCOUNTANTS

Auburn 207-783-9111 Norway 207-743-7777  
AustinPA.com

Your Financial Team

## FLOWER SHOPPE



**Sweet Pea Designs**  
FLOWER SHOPPE

**777-1520**

www.sweetpeafloraldesignsme.com

FREE DELIVERY L/A

## PHOTOGRAPHY



**PortraitEfx of Maine**  
Bell Studios, Inc.

Executive Portraits • Business photographs • Videos

Gray, ME (207) 657-6372  
maine@portraitefx.com  
www.maine.portraitefx.com

## AUTO CARE

*The Only Full-Service Gas Station in Auburn!*

**Poisson & Sons**  
**Auto Care Center, Inc.**

Computer Diagnostics • Yokohama Tires  
Repairs • Alignments • Inspection Station  
Gas • Clear K1 • Tune-ups • Brakes • Batteries

**Dan & Don Poisson**  
dfpoisson@aol.com

260 S. Main St., Auburn • 782-9144

## MASONRY



**Jason Hodsdon**  
JasonHodsdonMasonry@gmail.com

Masonry • Culture Stones  
Chimneys • Chimney Cleaning  
Repointing & Repairs  
Restoration  
Stainless Steel Liners

Fully Insured  
Free Estimates  
20+ Years of Experience

North Monmouth  
(207) 215-3557

## PRINTING



**evergreen**  
custom printing  
SINCE 1984

Locally Owned

(207) 782-0525 phone  
(207) 782-2327 fax  
63 Broad Street • New Auburn, ME 04210  
e-mail: info@evergreencustomprinting.com

- PRINT
- COPY
- FAX SERVICE
- DESIGN SERVICES
- VARIABLE DATA
- BINDERY
- INVITATIONS
- LETTERHEAD
- ENVELOPES
- BUS. CARDS
- LABELS & TAGS
- UPS

## CD'S

*Discover The Truth About CDs!*

CD Interest Rates Are At An All Time Low.  
There IS A Safe, Guaranteed Alternative To  
Increase Your Income.

Call now for a **FREE Guide:**  
**"10 Secrets Your Banker Doesn't  
Want You To Know"**

Call Our 24 Hour Order Line @782-3800

## MARINE SERVICES

**BOAT REPAIR SHOP**

**PONTES**  
Marine Service

Power by  
**MERCURY** MerCruiser  
**OMC**  
**VOLVO PENTA**  
**Perkins**  
**YANMAR** Velvet Drive

237 Lewiston Road • Topsham, ME 04086 • (207) 725-5997  
www.pontesmarine.com

## SELF STORAGE



**AUBURN SELF STORAGE, LLC**

23 Goldthwaite Rd.  
Auburn, ME 04210

PO Box 715  
Lewiston, ME 04243

**PHONE 376-3325**

## CHIROPRACTOR

**Family Chiropractic Center**

Experience Life

1485 Lisbon Street, Lewiston  
207.783.0078  
www.familychiro.me.com

## PAINTING

Interiors • Exteriors  
Free Estimates

Drywall Repair  
Pressure Washing

**W.J. Libby**  
Painting Co.

**WADE J. LIBBY**  
WJLibbyPainting@gmail.com CELL: 207.210.0605

## SHIPPING



**GOIN' POSTAL**  
Your Friendly Neighborhood Shipping Center

- Shipping
- Packing
- Receiving
- Copies
- Fax Service
- Mailbox Rentals
- Mail Order Fulfillment

Bring in this ad for 10% off UPS or FedEx Shipping!

**UPS** **UNITED STATES POSTAL SERVICE** **FedEx** **DHL**

9 N. River Road in Auburn ~ www.AuburnGoinPostal.com ~ 784-9900

## CONTRACTORS

Fully Insured • 5 Year Workmanship Warranty

**AMERICAN BUILDERS**  
Custom Building & Remodeling

Call 207-500-8100  
For **FREE Estimates**

Call Tyler 500-8100  
Finish Carpenter

Quality Work with References Available

## PHOTOGRAPHY



**Laura Elaines**  
PHOTOGRAPHY

www.facebook.com/LauraElainesPhotography  
LauraElainesPhotography@gmail.com  
(207) 212-5993

## WEB HOSTING



Web Hosting  
Web Design  
Web Promotion  
One Stop  
207-442-9006

**MAINE HOSTING SOLUTIONS**

# CONTACT US TODAY FOR POSSIBLE OPENINGS FOR YOUR AD IN OUR BUSINESS DIRECTORY!

**Starting Ap. 7 and every 1<sup>st</sup> and 3<sup>rd</sup> Thursday through June**

**LEWISTON** -- 1st & 3rd Thursdays from April-June, 4-6pm at the Lewiston Public Library: TEEN TABLETOP RPGS. Calling all adventurers and explorers! LPL Teen will be hosting a series of one-shot tabletop role-playing games, in person in the teen lounge on the 1st & 3rd Thursdays of the month from 4-6pm, from April-June. Supplies will be provided – just bring yourself and your creative mind! Each drop in session will feature a different one-shot tabletop RPG, run by game master Hallie. No previous RPG experience is required. This program is intended for teens ages 13-19. For more information, contact the Adult & Teen Services department at 207-513-3135 or [lpref@lewistonmaine.gov](mailto:lpref@lewistonmaine.gov), or go to [lplonline.org/events/teen-tabletop-rpgs/](http://lplonline.org/events/teen-tabletop-rpgs/)

**May 4 and every Wednesday**  
**GORHAM**— 10:00am Weekly story time has resumed at the North Gorham Public Library! Storytime

# Calendar

Send your submissions to the Editor. More online.

is open to children & their caregivers. Join us weekly for stories, songs and crafts every Wednesday at 10am. 2 Standish Neck Rd, Gorham ME.

**May 20**  
**GREENE** -- Alan Elze presents "Lincoln Highway" on Friday, May 20th at 2 & 7 PM. The Araxine Wilkins Sawyer Memorial, 371 Sawyer Road, Greene. Free admission! FMI call 946-5311, visit [sawyer-foundation.com](http://sawyer-foundation.com) or [www.facebook.com/sawyer.foundation1937](http://www.facebook.com/sawyer.foundation1937)

**May 21**  
**LEWISTON** -- Saturday May 21, 2022, 7PM: The Midcoast Symphony Orchestra presents "Conductors Galore" with conductors Jinwook Park, Rohan Smith, and a special guest. Saturday, May 21 at 7:00 p.m. at The Gendron Franco Center, 46 Cedar St., Lewiston. Tickets \$22 (advance) \$25 (cash or check) at the door, 207-

846-5378, or <http://www.midcoastsymphony.org> for details. Under 18 and college students are free.

**May 25-28**  
**Buck A Bag Book Sale** at the Auburn Public Library Bookstore. Huge clearance sale May 25-28, Wed-Fri 10:00-4:00, Sat 9:30-12:30. Thousands of books, new ones added each day. \$1 a bag - bring your own bag, any size (as long as you can lift it). Androscoggin Room, Auburn Public Library, 49 Spring Street, Auburn.

**May 28**  
**GRAY** -- Dine In Supper - First Congregational Church of Gray, Saturday, May 28, 5:00 at the Parish House, 5 Brown Street, Gray. Handicapped accessible. You MUST make reservations in advance. Contact Carol at 650-9093 and let her know your name, phone number, and how many in your party. We are

accepting only 50 Reservations! Cut off for reservations will be Wednesday, May 25 at 2:00 P. M. The Menu includes: Baked Pea Beans, 2 Red Hot Dogs, Biscuit, Limited Casseroles and Salads, Assortment of Desserts, and Beverages. Meals are single-sized and are \$10.00. Please pay at the door.

**June 1**  
**AUBURN** -- Grand Opening of a second An Angel's Wing - Second Chance Thrift Shop Boutique, located in the Auburn Mall ( across from Bath & Body Works, in the old leather shop) on June 1. An Angel's Wing is a 501(c)3 - We earn money to help those who are ready for detox, rehab, sober living, for their families, and for anyone who is affected by Substance Use Disorder. An Angel's Wing believe that everyone deserves the chance to Live, Learn and Recover. Deb York began An Angel's Wing in 2017 and has been helping our community since.

**June 4**  
**AUBURN** -- The Maine Iris Society announces its upcoming Iris

**FLAGSHIP CINEMAS**  
*Premium*

*Premium entertainment at affordable prices!*

**VISIT ONE OF OUR FIVE MAINE LOCATIONS!**

AUBURN | FALMOUTH | WELLS | WATERVILLE | THOMASTON

[WWW.FLAGSHIPCINEMAS.COM](http://WWW.FLAGSHIPCINEMAS.COM)

& Spring Flower Show being held on Saturday, June 4th from 130pm to 4pm at the Auburn Middle School, 38 Falcon Dr, Auburn. Admission is free and will feature a sale of Potted Perennials and Irises. Bare-Root Iris Rhizomes will also be available for \$1 each.

**June 4-26**  
**FREEPORT** -- CARAVAN OF DREAMS, written and directed by Stephen Legawiec; presented by Ziggurat Theatre Ensemble and the Desert of Maine Center for Arts and Ecology. Opens: June 4 and continues through June 26. Held at Desert of Maine; 95 Desert Road; Freeport, ME 04843. Parking is available

in the Desert of Maine lot. For tickets, see <https://caravanofdreams.eventbrite.com> or call (207) 854-8882. General Admission: \$25.00; Seniors/Students/veterans \$20.00; Kids 17 or under: \$5.00.

**June 16-19, 23-26**  
**AUBURN** -- The L/A Community Little Theatre presents the classic comedy You Can't Take It With You, one of the most popular and successful plays of modern times. Show dates are June 16-18, 23-25 at 7:30 p.m., and June 19 and 26 at 2:00 p.m. Visit the website at [laclt.com](http://laclt.com) for more information or to purchase tickets.

# Universities, Coalitions Assess Status of Wolves in Maine

**MAINE (May 9, 2022)** -- John M. Glowa, Sr., president of The Maine Wolf Coalition, Inc., (MWC) a 501(c)3 nonprofit organization dedicated to wolf recovery in Maine through research, education and protection, is pleased to announce a new collaboration with Princeton University and Michigan Technological University. This collaboration will include the collection, preservation and analysis of wild canid scats, primarily from Maine, and is the latest development in a citizen science project to assess the status of wolves in Maine begun by MWC in 2019.

Wolves were documented to have been killed in Maine in 1993 and 1996. Since then, other than MWC's efforts, little has been done to assess the status of wolves in Maine and the northeast. Given their similarity of appearance to eastern coyotes, it is likely that additional wolves have been killed in Maine, and in fact, since 1993, no less than nine wolves have been documented killed south of the St. Lawrence River from Massachusetts to New Brunswick. Canada's wolf range in Ontario and Quebec is just sixty miles from New York and seventy-five miles from Maine.

In fact, an 85 pound probable wolf was killed this past winter in central New York. Wolves have been documented to travel more than 1,000 miles during dispersal, making the northeast U.S. well within range for natural wolf recolonization. Furthermore, the northeast U.S. and maritime Canada contain tens of thousands of square miles of potential wolf habitat and abundant prey, making the region suitable for the natural return of wolves.

In 2019, MWC volunteers found scat from the first live Eastern wolf ever documented in Maine. The Eastern wolf is a smaller

wolf found in southern Ontario and Quebec, which typically averages approximately 60 pounds. It is similar in appearance and size to the eastern coyote (aka coywolf) with which it can interbreed. Maine may also be home to larger gray wolves dispersing south from central Canada and the Great Lakes region. To date, MWC has collected more than one hundred wild canid scats, primarily in a 3.3 million acre region of Maine called the North Maine Woods. The assistance from Princeton and Michigan Technological Universities will help to assess the status of wolves

in Maine by analyzing the scats and interpreting the results. Eventually, our hope is to have one or more graduate students in the woods of northern Maine monitoring radio-collared wolves.

Any wolves in the northeast are currently protected under the federal Endangered Species Act, although the U.S. Fish and Wildlife Service has claimed that their populations have recovered in most of the U.S. They have not recovered in the northeast, despite abundant habitat and prey, and the region's proximity to wolf range in Ontario and Que-

bec. MWC hopes to gather information to support the continued listing of wolves in the region under the Endangered Species Act and to promote natural wolf recolonization through research, education, and protection.

For more information, contact the following: The Maine Wolf Coalition, Inc. John Glowa [jglowa@roadrunner.com](mailto:jglowa@roadrunner.com); Eastern Coyote/Coywolf Research Jon Way, PhD. [jon@easterncoyoteresearch.com](mailto:jon@easterncoyoteresearch.com); Princeton University Bridgett vonHoldt, PhD. [vonholdt@princeton.edu](mailto:vonholdt@princeton.edu); Michigan Technological University Kristin E. Brzeski, PhD. [kbrzeski@mtu.edu](mailto:kbrzeski@mtu.edu).

## Cabin fever got you down?

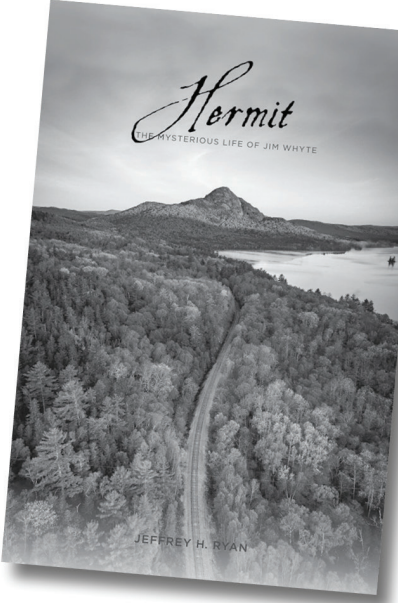
Escape with Maine's most intriguing Hermit.

*"Ryan is an excellent storyteller, and this tale is as good as any novel, especially since it's based on real people and real events."*

— Bill Bushnell, *Bushnell on Books*

*"I can tell you it will not take you many days to read, because you won't be able to put it down. I wasn't surprised when Hermit was named a top pick for 2019 on a December Maine Calling show on Maine Public Radio."*

— George Smith, *Bangor Daily News*



**Shop Local!** Available at The Bookworm and other Maine bookstores or at [JeffRyanAuthor.com](http://JeffRyanAuthor.com).

## ATTENTION:

**THE MEMBERS OF WHITE ROCK GRANGE ARE NOT ONLY FARMERS**

---

**WANTED: PEOPLE WANTED WITH NEW IDEAS AND COMMITMENT**

The Grange located in Gorham at 33 Wilson Rd. (off rte 237) is inviting you to join us at any meeting the first Friday of the month at 7 PM.

Folks willing to put their generous hearts and open hands to raise all of their neighbors and community is the goal of the Grange since 1876. The Grange is an inclusive nonprofit organization. Local activities include but not be restricted to crafts, music, suppers, display at the Cumberland fair and quilts for veterans. Our agenda and focus is at the local level determined by the members themselves. The historical Grange Hall is the perfect building and location for doing any craft. Handicapped accessible, heat, hot water, and full kitchen.

Dues are \$26 per year.

Facebook /Gorham White Rock Grange #380 Web/ [mainestategrange.org](http://mainestategrange.org) The White Rock is called Subordinate grange. Use right column to locate.

Ph/ 207-839-3946 leave a message.



**Please Join Us!**

# Classified Ads

## AUTOMOBILE STORAGE

### Seeking Classic Car Storage

Got unused garage bay? I'm looking for year-round storage for a classic car. My preference is a location near the center of Gorham. Please text or leave a message: 207 415-2463.

## BURIAL PLOTS

**Gracelawn Burial Plots**  
Two burial plots at Gracelawn Memorial Cemetery, Auburn. Perpetual care. Room for 2 caskets or 4 urns. Gracelawn's price \$1,700. Our price \$1,400. Plots sold together. Plots can be exchanged for any 2 available plots in cemetery. Call 751-1429, 776-8453

## CARPENTRY

Morse Carpentry ESTD 1977 Remodeling and New Builds, Jobs big and small, we do them all!  
(207) 210-2295 Office  
(207) 838-9703 Cell.

## CLEANERS

CC Island Cleaning Company. Seasonal, Air B&B, homes. Cleaning with care. Call for a quote. Denise (207) 420-4952.

## ESTATE SALE

**Estate - Garage**  
Safe environment - one seller with mask and gloves. By appointment only. One to two people. We maintain ten feet apart. Two bedroom sets, double and queen - wicker 5 pieces - Bench with microfiber cushion. Two living room chairs. All plus more. All priced low for quick sale. (207) 883-0808

## FOR SALE

Wood boiler - Must go! \$2,500.  
Alternate heating carbon steel wood boiler. Purchased in 1996 for \$6,800. New door seal, bricks, blanket, and silicone card bead. In-

cludes cycle timer and plumb fittings. 1,400#. Model E100 wood gun. Can be lifted directly into your trailer.  
GORHAM. (207) 222-2755.

## HAIR SERVICES

Hair at Home! Can't get out to the hair salon? We'll come to you anywhere in the L/A area! We offer services in the privacy of your own home. Great rates.  
Excellent service. Call cell phone 754-9805 or 782-1271.

## HEALTH & FITNESS

**DO YOU HAVE CHRONIC KNEE OR BACK PAIN?**  
If you have insurance, you may qualify for the perfect brace at little to no cost. Get yours today! Call 1-800-217-0504.

## I WOULD LIKE TO BUY YOUR HOME

I purchase in any condition, AS-IS. I can close in as little as 21 days. Not a realtor. No realtor fees and I pay all typical closing costs. Call for a hassle-free, all cash offer. Ben 207-200-6071.

## MEDICAL EQUIPMENT

207-375-4627  
Aluminum walkers 2 wheels folds \$20 each. 1-3-wheel walker folds \$60.  
  
2 wheelchairs \$75 each. 1 Transport chair new \$100. Extra wide walker 4 wheels seat, hand brakes, and basket \$100. Several canes @ \$10 each.

## PAINTING

Stepladder Enterprise Painting Co.  
Interior & Exterior.  
Drywall repair, paint and wallpaper. Pressure washing. Insured. 20+ years in business 207-786-9849.

## SENIORS

**In Home Care**  
Visiting Angels - non-medical assistance living. Serving Lewiston/Auburn and surrounding areas. Providing light housekeeping, meal prep, personal care, errands/outings. Call for FREE in-home consultation. (207) 740-9100.

### LEWISTON SENIOR CITIZENS TRIPS FOR 2022

WASHINGTON, D.C. - APRIL 7 - 13, 2022 Trip includes 7 days and 6 nights - 10 meals - Two guided tours of Washington, D.C. memorials. Evening guided tour of Memorials and Monuments. Admission to New Bible Museum. Tram ride through Arlington National Cemetery and so much more. Price is \$749.00 per person double occupancy with a \$75.00 due upon signing.

signing.

**NASHVILLE SHOW TRIP - JUNE 11-19, 2022** Trip includes 9 days and 8 nights - 14 meals - Grand Ole Opry Show - Nashville Nightlife Dinner Theater - Guided tours of Nashville and Belle Meade Historic Site & Winery. Admission to the Grand Ole Opry behind the Scenes Tour. Price is \$1,025. per person double occupancy with a \$75.00 deposit due upon signing.

**MACKINAC ISLAND - SEPTEMBER 10 - 18, 2022** Trip includes 9 days and 8 nights - 14 meals - Guided tour of Mackinaw City - Visit to Mackinaw City. Visit to Mackinac Island including a guided Carriage Tour. Boat ride through the Soo Locks and free time and sightseeing in Sault Sainte Marie. Admission to Colonial Michillmackinac. Price is \$899.00 per person double occupancy with

a \$75.00 deposit due upon signing.

**WHITE MOUNTAIN HOTEL AND RESORT - DECEMBER 4 & 5, 2022** - Trip includes 1 night lodging - 3 meals (Grand Sunday Brunch) - 2 different entertainment shows, Austrian Sleigh Ride through Jackson Village, Chocolate Tour, shopping and much more. \$100.00 deposit due upon signing. Total price not available at this time.

For questions and detailed information on these trips, please call: Claire - 207-784-0302 or Cindy - 207-345-9569.

## SPRING DANCE

May 14, 2022 at VFW on Minot Avenue, Auburn. 7 p.m. to 11 p.m. Open to all. Arron C live DJ. Money raffle, snacks.

## TRAVEL

Diamond Tours bus trip: Memphis Tenn - 11 days 10 nights. August 12-22. \$1,129. Includes motel, tour of Memphis, Memphis Area Casino and much more. Call your tour guide now. Fern (207) 312-8408.

## WOOD

### Firewood

16 inch cut and split dry hardwood. Three pallets \$375 - approximately one cord. Six pallets \$600 - approximately two cords. Free kindling. Dun Roamin Tree Farm LLC, 75 Dyer Road, Lewiston. Call Ed (207) 577-5878.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

## Classified Ads

**UP TO 40 WORDS!**

**\$ 10 PER WEEK**  
EACH ADDITIONAL WORD 25¢

Send payment with completed form to our bookkeeping office: 89 Union Street, Suite 1014  
Auburn, ME 04210 or email it to us!

Visa     Master Card

Card #  3 digits #  on back

Exp. date \_\_\_\_/\_\_\_\_/\_\_\_\_ Signature \_\_\_\_\_

Name & Address \_\_\_\_\_

Phone: \_\_\_\_\_

**CATEGORY:** \_\_\_\_\_

**HEADLINE:** \_\_\_\_\_

**AD INFO:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**NUMBER OF WEEKS TO RUN:** \_\_\_\_\_

**Skate Park**  
Continued from page 8



**SAVE THE DATE: MAY 20TH AT 11:00AM**  
**GROUND BREAKING CEREMONY**  
**GORHAM SKATE PARK**  
Chick Drive, Gorham

**Future home of your Gorham Skatepark!!**

Brought to you by:






Thank you to the Town of Gorham and our corporate sponsors:

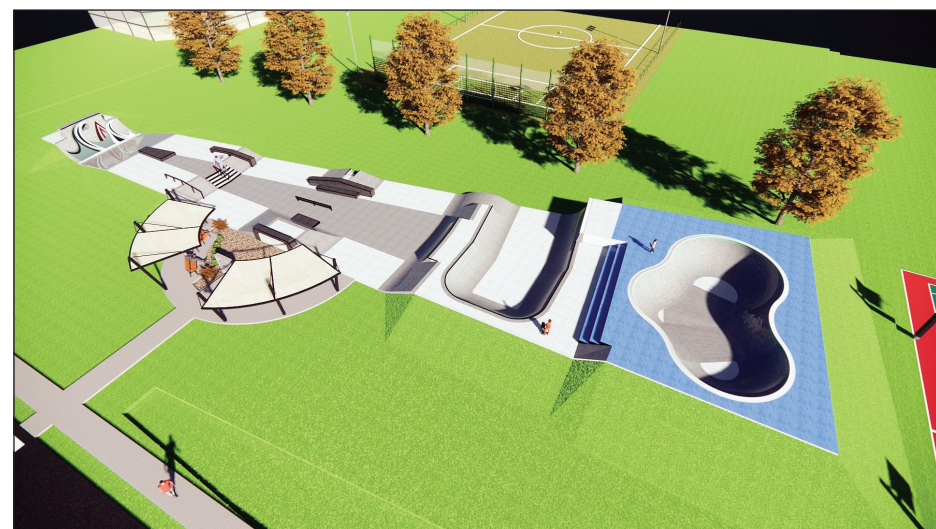













**Follow us on Facebook!**  
Don't miss our weekly giveaways!

**Water that just works.**



**GOODWIN**  
WELL & WATER INC.



Maine's leader in water well drilling, pump installation, and geothermal installation.

**207.224.7861** goodwinwellandwater.com

**Superintendent**  
Continued from page 11

The registration link and camp description can be found at [gorhamgirls-basketball.org](http://gorhamgirls-basketball.org)

THANK YOU TO THOSE WHO PARTICIPATED IN THE TEACHER APPRECIATION WEEK SURVEY!

We had well over 400 parent/guardians participate in our teacher appreciation week survey that asked folks to describe the character traits of our incredible teachers...I shared the results with our teachers on Friday, but wanted you to see them too! I definitely couldn't say it any better!

**SOUTH WINDHAM LITTLE FALLS VILLAGE MASTER PLANING**

Did you know that the Town of Gorham and the Town of Windham are collaboratively working together to create an updated vision plan for this area on both sides of the Presumpscot River? Interested in learning more about how to get involved? Check out the information below from Northstar Planning!

The Towns of Windham and Gorham are working with Aceto Landscape Architects and North Star Planning to create an updated vision plan for this community on both sides of the Presumpscot River.

This project started a couple of months ago, and we hope you can engage with the work over the next several weeks as we aim to ramp up public participation and outreach.

**Community Survey:** Please take a few minutes to respond to the survey on the project page at <https://www.villages-masterplan.com>. This survey will be open through at least the end of May, but please respond early so we can share preliminary results at the first public meeting.

**Public Meeting May 25:** We'll be having an in-person meeting on Wednesday, May 25, from 6:30 - 8:00 PM at the Little Falls Activity Center, located at 40 Acorn Street in Gorham. We'll be sharing some analysis, what we have heard so far, and asking for your thoughts on what we should be focusing on as we move into community design work this summer.

Please visit the project web site [www.villages-masterplan.com](http://www.villages-masterplan.com) for more information and to take the survey. You can also register for future updates, view mapping work in progress and more.

Thanks very much, and we hope you stay engaged with this work as we move forward!

Regards,

The Vision Plan Team  
Ben Smith, AICP  
[bsmith@northstar-planning.com](mailto:bsmith@northstar-planning.com)  
207-400-6097

IN CLOSING...

Please know that each teacher, secretary, bus driver teacher and other educator in our schools are doing their best for our children every day and that we all know each of you as parents/families are doing the same! Keep up the great work...summer is just around the corner!

Well that is enough for this edition! As a reminder...LOTS of activities going on in our schools! Best way to follow is to go to our website ([www.gorhamschools.org](http://www.gorhamschools.org)) and click on each school's website to view their calendar and announcements!

**Best Source for Arts, Music and Theater!**  
**Your Hometown Paper.**

PICK UP OUR JUICIEST IPA AT ANY SEBAGO LOCATION



**FRESH FROM THE BREWERY**

WWW.SEAGOBREWING.COM @SEAGOBREWING