

FREE • Vol. XXIV, No. 8

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Thursday, June 23, 2022 • FREE

#### Androscoggin **Historical Society Hosts Summer Events**

AUBURN, ME (June 8, 2022) -- This summer's Open House dates at the Knight House, sponsored by Androscoggin Historical Society, will feature activities for children focused on the following themes

Wednesday, June 8th "Communications"

Saturday, June 25th "Chores"

Wednesday, July 13th "Textiles and Spinning'

Saturday, July 23rd "Old Games" Wednesday, August 10th "Using

the Herb Garden treasures"

Saturday, August 27th "Preserving the harvest"

Contact person is Penny Jessop 784-0586. The Knight house/Downing Shoe Shop is located at the north side of the Garden Hilton Hotel on the West Pitch of the Falls in Auburn, Maine.

Androscoggin Historical Society will also sponsor several events at the West Auburn Schoolhouse in September:

There will be a "Back to School" open house on Saturday, September 3rd, from 1:00 - 4:00.

Sunday, September 25th will feature "Old Fashioned Board Games".

Come join in the fun!

The West Auburn School house is located at the corner of Boothby Street and West Auburn Rd, Auburn, Maine. Contact person is Penny Jessop 784-0586.

AHS's was founded by the DAR in 1923 and its purpose is to promoting the study of the history of Androscoggin County and its citizens and preserving in its archives, records, relics and mementoes of that history. Located on the third floor of the Androscoggin Court House at 2 Turner St in Auburn.

## **Lewiston Celebrates Kings and Queens** Hairstudio with Ribbon Cutting



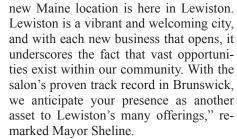
#### LEWISTON, ME (June 17, 2022)

- A ribbon cutting ceremony was held for the opening of Kings and Queens Hairstudio's second location in Lewiston on Wednesday, June 15, 2022. Lewiston Mayor Carl Sheline was joined by Lewiston City Administrator Heather Hunter, Lewiston Assistant Director of Economic & Community Development Misty Parker, President + CEO of the LA Metro Chamber Shanna Cox, friends and family of the Kings & Queens team, and members of the public.

Opening their first location in Brunswick in 2016, Kings and Queens Hairstudio is excited to celebrate the expansion of their business to Lewiston.

"It is a pleasure to be here today, and I am excited that Kings and Queens'

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"I am so thrilled to be here, not only because you have the best welcome music I have ever had, but after opening and running a really successful business in Brunswick, you decided to open your second location here in the heart of Lewiston - and that really means a lot to me," said Shanna Cox.

Their experienced barbers and stylists are ready to give you the perfect look - from the basic men's cut, fades, and designs, to women's cut and color, and everything in between. Their team is focused on all the hottest and latest trends, and guarantees you'll feel like royalty when you leave their shop.

"My dream was to open a barber shop, and once I accomplished that, I realized my guys needed help, so I started to teach them the trade. They inspired me as I watched them grow. And because of them, I am inspired to open an academy. I am inspired to develop my community. And I'm inspired to put people to work,' says owner, Adrian Reyes.

The team at Kings and Queens Hairstudio take great pride in their work and are dedicated to welcoming people of any background and gender.



AUBURN, ME (June 16, 2022) -- age category. Entries will be accepted via Poetry is in everything we do, opening and email -- info@androscogginlandtrust.org; connecting our minds to others and the or mail to Androscoggin Land Trust, PO natural world. This year marks the 50th Anniversary of the Clean Water Act. Androscoggin Land Trust, in partnership with the Auburn Public Library, is pleased to offer an amateur poetry contest to celebrate the conservation of our natural world in this art form. Contestants are asked to be inspired and celebrate conservation and clean water in the poetry form of their choice. Original poems will be judged in the following age categories: 10 and under, 11-13, 14-17, 18-22, 23-55 and 56+. There will be winners in each category! The contest runs from June 17 to July 19 and is open to all residents in the Androscoggin Land Trust service region. Submissions will be accepted in English and/or the poet's primary language; the deadline for submission is 8:00 p.m. on Tuesday, July 19, 2022. When submitting, please include name, contact (email and/or phone), and

Box 3145, Auburn, ME 04212. On July 28 at 3:00 p.m., join Androscoggin Land Trust at the Auburn Public Library for a short presentation on the Clean Water Act in celebration of its 50th Anniversary. There will also be poetry readings, the announcement of the winners of the contest, introduction to Writing the Land -- a special poetry project in which ALT is involved, and a surprise announcement for poetry winners! This contest and program is presented as part of our Adult Summer Reading Program, "Oceans of Possibilities" wherein participants spend time exploring Maine's waterways. For more information about this or other programs which are part of this summer series, visit the Events page of the Auburn Public Library website - www. auburnpubliclibrary.org, or call the Reference Desk at 207-333-6640, ext. 4.

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## **Newsmakers, Names & Faces**

## Maine CASA to Hold Online Training on August 16-19, 2022

MAINE (June 17,

2022) -- Interested in advocating for the best interests of a Maine child? The Maine Court Appointed Special Advocates (CASA) program is holding its fall training for volunteer advocates on August 16-19, 2022. This four-day, online training is free and is designed to prepare attendees for certification as volunteer guardians ad litem (GALs) in Maine child protection cases. The foundation of a CASA's work

is learning about the case and then advising the court what the CASA believes is in the child's best interest.

CASAs come from a wide variety of professional and personal backgrounds and are guided throughout the process by

CASA program staff. CA-SAs bring their own unique perspectives to their work as volunteers.

If you are willing to advocate for a child's best interests, we encourage you to apply to become a CASA volunteer. Those interested in the training must complete an application and, if invited to participate, must also complete criminal and child protection services background checks.

Are you ready to advocate for a child's best interests? If so, we hope you can join us for our August 16-19, 2022 online training. For more information about becoming a volunteer, please contact Maine CASA Legal Services Advisor Darren Defoe at 213-2864 or by e-mail at darren. defoe@courts.maine.gov

## **New Ventures Maine Announces Workshops for June**

MAINE, STATE-WIDE (May 18, 2022) --New Ventures Maine has announced tuition-free online workshops and classes for June, including self-paced and interactive online workshops that are designed to help people in Maine gain the skills, knowledge, and confidence to start a business, build a career, and manage money.

The full class schedule with offerings for June 2022 and beyond is accessible at bit.ly/NVME-Classes.

Self-paced classes include:

Grow Your Business Online: Gain the skills,

knowledge, and confidence to create a compelling web presence and website for your small business. Made possible by Empower by GoDaddy in partnership with New Ventures Maine. Enroll anytime. Work at your own pace. Complete by August 31.

My Next Career Move: Assess your skills, interests, and experiences and relate them to career options. Identify highgrowth job fields, explore education and training options. Strengthen your resume for a targeted job search. Enroll by July 1. Work at your own pace. Complete by August 31. online Additional

classes include single- and multi-session workshops:

Manage Your Money My Money Works: Wednesdays, June 1 - 29, 10:00 - 11:00 a.m. Gain the skills and confidence you need to stretch your money, pay your bills, reduce debt, find money for savings, plan for retirement, and set personal financial goals with a plan to achieve greater financial stability.

Managing Your Money: Thursdays, June 2 - 16, 10:00 - 11:00 a.m. Learn to budget, repair your credit, and create a savings plan. Join us for one, two, or all three workshops. June 2: Budgeting Basics; Credit; June 16: Build Your Savings. Build Your Career

Building Con-

fidence: Thursdays, June 2 - 16, 6:30 - 8:00 p.m. Whether you are navigating recent changes, looking for a job, starting a business, or simply want to be more confident, join this class to assess your confidence and learn concrete tools to help you build your confidence and keep it strong.

Job Search Workshops: Mondays, June 6 - 20, 10:00 - 11:00 a.m. Ready for a new job or a career change? Join us for one, two, or all three

June 9: Let's Talk About of these workshops. June 6: Job Search Strategies; June 13: Resume Strategies; June 20: Interview Strategies.

Making Career Choices: Tuesday, June 7, 10:00 - 11:00 a.m. Ready for a career change but don't know where to start? This workshop will point you in the right direction. We will cover what to consider when making a career choice and resources to help you succeed. (Also offered Thursday, June 23, 6:30 - 7:30 p.m.)

Start a Business Introduction Self-Employto

ment: Wednesday, June 1, 6:00 – 7:00 p.m. Is self-employment the right choice for you? The class covers the pros and cons of owning your own business, steps needed for start-up, major elements of a business plan, and resources to help you succeed.

Grow Your Business Online - Keep My Customers: Wednesday, June 22, 6:00 – 7:30 p.m. Create an exceptional online sales and service experience in this website development workshop. Learn how to protect your website, your customers and your brand.

To sign up for any of the above classes, visit bit. ly/NVMEClasses or call toll-free in Maine: 800-442-2092.

## Kohl's Associates & Dirigo Reads Send Books to Maine Schools

BANGOR, ME (May 17, 2022) - Dirigo Reads, a program that aims to put a book in the hands of every Maine first grader each month during the school year by 2025, received a helping hand this month from associates at Kohl's.

Normally, Dirigo Reads works with vendors to direct ship books to about 1580 first graders throughout Maine at 51 different schools. Books for the month of June were generously donated by Disney Books. The donation meant that books will be shipped to schools from Dirigo Reads, which also involved sorting, packing, and labeling packages to go to each participating school throughout the state.

"We are incredibly thankful to work with vendors to direct ship books to schools," said Karen Cashman. "But when Disney Books stepped forward and offered to donate about 1580 books to this program, we couldn't pass it up. We quickly had to decide the best way to sort and package the books for shipment. Thanks to the very generous help from Kohl's and the Kohl's Volunteer Program, it was a seamless process."

Dirigo Reads' mission is to improve the health and wellbeing of children in Maine through literacy and share a little optimism along the way.

This is accomplished by giving first graders in participating schools a brand new book to keep during every month of the school year. Fifty-one schools spread over 13 counties are currently a part of Dirigo Reads. By the time the school year is finished, first graders in each of these communities will have ten new books to add to - or start - their own home library. Over three school years, Dirigo Reads will have distributed more than 26,000 books to first graders in participating schools.

"At Kohl's we are committed to supporting nonprofits like Dirigo Reads that give back to our community, and through Kohl's Volunteer Program, our associates are able to lend time along with a monetary donation from Kohl's to amplify the impact," said Nicole Brissette, Kohl's store manager at the Bangor Kohl's. "We are proud to support Digrio Reads in their mission to improve the lives of children through literacy and creativity." "Dirigo Reads would

not be possible without a state full of businesses and organizations that want to give back," said Dan Cashman, co-founder of Dirigo Reads. "This program is supported financially by a number of amazing businesses. Kohl's commitment to their community through initiatives like the Kohl's Volunteer Program is immeasurably helpful to organizations like Dirigo Reads. We are very thankful for their help."

Dirigo Reads is operationally supported by United Way of Eastern Maine, and the founding Dirigo Star partner is Machias Savings Bank.

There are about 11,600 first graders enrolled in Maine public schools, more than 300 of which contain first grade classrooms. Currently, Dirigo Reads is providing books to about 14% of this population.

nesses interested in being a part of Dirigo Reads should visit www.DirigoReads.org and click on "Contact," where a form is available to submit all necessary information.

Dirigo Reads will once again be expanding into new schools for the 2022-2023 school year, with plans to next week announce the new communities involved in the program.

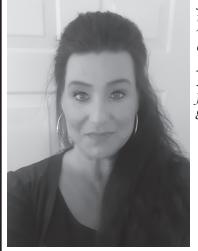
Any organizations interested in partnering with Dirigo Reads, or schools with first grade classes that would like to join the program can find more details at www.DirigoReads.org.

Schools and busi-

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*Fran's clients look to her for her* thoroughness and detail-oriented work habits. Fran's belief is her customers always come first.

In her free time, Fran enjoys spending time with her family & friends and her pride & joy is her grandson, Caiden.



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## **Newsmakers, Names & Faces** Ray, Willette, Kelleher Join Fontaine Family Team

AUBURN, ME (June 10, 2022) -- Molly **Ray Joins Fontaine Fam**ilv Team

Fontaine Family -The Real Estate Leader is pleased to announce the addition of Molly Ray to the team at their Auburn location.

Molly grew up in Gardiner, ME where she attended Gardiner Area High School. Molly has 13 years experience in customer service and sales, primarily working in network marketing while being a stay at home mom. She's done a little of everything; however, her favorite jobs have been when she can meet the specific needs of others.

Over the past decade, Molly and her husband have been renovating houses in western, central. and coastal Maine. They've been on the buying and selling side of "the biggest purchase of your life" many times. She's found it's helpful to have someone on your side who has been where you are



Molly Ray standing, and can walk you through this process.

Molly currently resides in Greene with her husband and is a proud boy-mom of two, plus the very best dog who is her classic middle child. Her hobbies revolve around gardening, baking/cooking, interior design, and driving till the map turns blue any chance she can get - she loves the water, and loves how accessible it is in Maine!

Molly comes to Fontaine with her sales agent license and looks forward to working with both buyers and sellers with the support of the Fontaine



**Calvin Willette** 

Team. Her strong past experience in customer service will allow her to assist her real estate clients with confidence when buying or selling a home. Molly will be working out of the Auburn location and can be reached at (207)557-0324 or molly@fontaineteam. com.

Calvin Willette Joins Fontaine Family Team

Fontaine Family -The Real Estate Leader is pleased to announce the addition of Calvin Willette to the team at their Auburn location

Calvin grew up in Auburn, ME and attend-



ed Edward Little High School. He then continued his education at the University of Southern Maine and graduated with a Bachelor's Degree in Business Administration. Calvin was previously a paralegal at Berman & Simmons, P.A. where he learned how to communicate with many different people from many different backgrounds. Also, like at the Fontaine Family, as a paralegal he was always taught to respond as promptly as possible to all of his clients.

Calvin currently resides in Auburn with his girlfriend and golden retriever Winnie. He grew up

with most of his family living in the Auburn-Lewiston area. In his downtime, Calvin enjoys reading, taking hikes with his girlfriend and dog, and hopes to add traveling as a hobby in the future.

Calvin comes to Fontaine with his sales agent license and looks forward to serving both home buyers and home sellers with the support of the Fontaine Team. Calvin will be working out of the Auburn location and can be reached at (207)576-0133 or calvin@ fontaineteam.com.

Luke Kelleher Joins **Fontaine Family Team** 

Fontaine Family -The Real Estate Leader is pleased to announce the addition of Luke Kelleher to the team at their Auburn location. Luke joined Fontaine Family - The Real Estate Leader to be a buyer agent for Bill Bergeron. Luke holds a Maine sales agent license and is a Junior at Merrimack College in North Andover, MA where he is majoring in Business Management.

He grew up in Connecticut and spent part of his summer vacations in Wells, Maine. His hobby includes plaving division one college football for Merrimack. Luke has customer services experience having worked in restaurants and golf courses during the summer months. He looks forward to helping home buyers find their dream home. Luke can be reached at luke@fontaineteam.com or 860-816-4335.

Page 3

Best Source for Arts, Music and **Theater!** Your Hometown Paper.

#### **Androscoggin Home** Healthcare + Hospice's **Holds Butterfly Release**

LEWISTON, ME (June 16, 2022) - For the first time since 2019, guests again joined together in person for Androscoggin's Annual Butterfly Release Celebration.

Scheduled for Saturday, July 16, 2022 at Lewiston's Geiger Elementary School from 11am-1pm, guests honored and remembered loved ones in a uniquely beautiful way through inspiring music, light refreshments, and the opportunity to share memories with others during this moving celebration.

The ceremony officially commenced with the reading of names of loved ones for whom the butterflies have been dedicated, and culminated with the release of nearly a thousand butterflies, providing a truly meaningful sight and experience.

"The Butterfly Release Celebration transforms a distressing medical experience back to a human experience," says Karen Flynn, RN, Complimentary Services Coordinator at Androscoggin.



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## Seniors Not Acting Their Age Paddling Remote Ross Stream and the Allagash River Part One: Ross Stream



Paddlers maneuver around an obstacle on Ross Stream

Guest Column by Ron Chase

(June 11, 2022) --Remote, infrequently paddled, Ross Stream is a tributary of the Allagash River that enters the iconic waterway from the west at Long Lake. Chemquasabamticook is its Native American name. Given the difficulty I have spelling and pronouncing it, I'm begging the pardon of my Wabanaki ancestors and using Ross in this narrative.

Paddling Ross has been on my bucket list for many years. Since there is no U.S. Geological Survey gauge on the stream, determining when there is adequate water for a trip is problematic. My source of information for the Allagash watershed is venerable outfitter Norm L'Italien, owner of Pelletier Camps in St. Francis. During our winter conversations, he predicted mid-May would likely be a good start time. A trip beginning May 16 was planned. When our group arrived at Pelletier Camps the evening before, Norm reported his inspection of Ross earlier in the day indicated it was at a good level to paddle. The trip was on.

When you're old, getting invited on exciting river trips is a concern. The antidote is to organize them yourself. I assembled a team of seven experienced paddlers that included my son, Adam, and a combination of seniors and youngsters. I easily qualified as the group's ancient mariner. We consisted of two tandem canoes, two solo canoes, and I paddled an expedition kayak, a concession to old age.

Earl, one of Norm's experienced shuttle drivers, transported us by van and trailer through a confusing labyrinth of logging roads to a bridge over Ross Stream on Poulin Road just a short distance downstream from the outlet of Ross Lake. We were thrilled to find sufficient water to meet our needs. The addition of sunshine and light winds provided the perfect beginning for our journey.

From the outset, the narrow twisting stream was a delight to paddle. Initially, we navigated through a series of easy rapids to a section of slack water where the stream was jammed with debris in three locations. Our resolute band was able to forge through or around each impediment without the need to portage. Several miles of exhilarating rapids followed.

Once entering calm water a few miles upstream of Clayton Lake, we started hunting for a reputed campsite near Kelly Brook. our intended destination for the night. Despite a determined effort, it was never located. Our progress was complicated by two confusing channels that didn't appear on our maps. Substantial exploration resulted. A benefit of our wanderings was sighting a cow moose and her calf, the first of several moose encounters during the voyage.

After reaching scenic Clayton Lake, we fought a strong headwind during our traverse to the outlet. Reentering Ross Stream, our search for an adequate campsite continued. A location that could accommodate six tents was finally discovered in a sparsely wooded area on river left. Since the forecast called for heavy rain, an extensive tarp city was erected. The decision was a good one as rain soon began and continued through the night.

The precipitation ended during breakfast the following morning and skies gradually cleared. While launching from our improvised tent site, a large moose crossed the river just above us. Miles of entertaining whitewater followed to a dead water where the stream turned abruptly east. After a brief paddle, we joined Long Lake in the Allagash Waterway. My book, Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine relates the details of an expedition down Musquacook Stream, another significant tributary on the east side of the Allagash.

The rarest of all winds, a tailwind, helped propel us north to a superb campsite next to the remains of washed out Long Lake Dam. A steady gale provided an excellent opportunity to dry gear dampened by rain during the previous night. Two groups passed while we were establishing camp. One lined the whitewater descent where the dam once existed while the other plummeted through the sizeable waves.



A tandem canoe team navigates one of the many rapids on Ross Stream



Canoeists dodge a ledge on Ross Stream

Watching the excitement stimulated several in our group to spend time playing in the rapid created by the pitch. Despite a herculean effort, no one was able to surf the substantial wave at the top.

Forty-five miles remained on the Allagash Waterway. The water level was high and many more adventures were anticipated. Picturesque Round Pond was our goal for day three where we hoped to climb Round Pond Mountain if weather conditions permitted.

Ron Chase resides in Topsham. His latest book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is available at https://www. northcountrypress.com/ maine-al-fresco.html or in bookstores and through online distributors. His previous books are "The Great Mars Hill Bank Robbery" and "Mountains for Mortals - New England." Visit his website at www. ronchaseoutdoors.com or he can be reached at ronchaseoutdooors@comcast. net.

#### Notice of Guardianship Hearing Notice is hereby given that on July 11, 2022 at 11:30 a.m. the County Court of Phelps County, Nebraska will consider a Motion for Appointment of Guardian of Dezirae Hardin. Taylor A. L'Heureux, #25584

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## Wiscasset Art Walk 2022 Opens on June 30, 5-8pm



Sylvan Gallery in Wiscasset Village is a gathering place during Art Walk evenings. The season opens on June 30, 5-8pm. (Wiscasset Art Walk photo)

WISCASSET, ME (June 17, 2022) – Now in its 10th year, Wiscasset Art Walk (WAW) will be presenting a series of summertime evenings that highlight art and art-making, music and performance, and community connections. The 2022 season kicks off on Thursday, June 30, from 5 to 8pm.

Wiscasset Art Walk invites visitors to stroll the sidewalks and meander down the side streets of the Village, stopping into the exceptional galleries and the one-of-a-kind specialty shops along the way. Accomplished musicians will be playing in galleries while guest artists and music-makers will engage passers-by with their talents on the Village sidewalks. Many local community organizations will be taking part in WAW, too, as they offer a glimpse into the network of mission-driven initiatives contributing to this vibrant community. Visitors are invited to stop, have a chat, and consider volunteering.

WAW activities are

free, the parking is plentiful, and tempting nibbles and libations are awaiting guests. And so the festive season begins!

Wiscasset Art Walk 2022 is made possible by the generosity of Lead Sponsors Donna and Frank Barnako and Major Sponsors Ames True Value, Big Barn Coffee, BIRCH Home Furnishings & Gifts, Bradbury Art & Antiques, Carriage House Gardens, First National Bank, Fogg and Dalton Art Restoration. Industrial ME, J. Edward Knight Insurance, Newcastle Realty, Ozias, Peter Eaton at the Lilac Cottage, Red's Eats, Rock Paper Scissors, and Sherri Dunbar/Tim Dunham Realty. Additional sponsor



Wiscasset Art Walk begins the 2022 season on Thursday, June 30, 5-8pm. Guest performers, like Downeast Brass in 2021, entertain visitors - rain or shine. (Wiscasset Art Walk photo)

support comes from Cod Cove Inn.

For more information about Wiscasset Art Walk, www.wiscassetartwalk.org or email to wiscassetartwalk@verizon. net. Wiscasset Art Walk is a program of Wiscasset Creative Alliance.

#### **UMaine Extension 4-H Summer Learning Series Kicks off July 5**

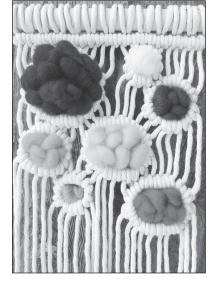
ORONO, ME (June 10, 2022) — University of Maine Cooperative Extension 4-H will offer its hands-on virtual summer learning series July 5-Aug. 5 with over 20 workshops open to all youth ages 5-18.

The UMaine Extension 4-H Summer Learning Series includes hands-on workshops in the fields of arts and crafts, food and nutrition, STEM, marine science and aquaculture, animal science and agriculture, and more. Any required materials will be

mailed to participants at no cost.

Workshops are free with optional sliding scale fee; registration required (opens June 10). Offline projects to be completed at home also are available. Register and find more information on the Extension 4-H Summer Learning Series webpage.

For more information or to request a reasonable accommodation, contact Jessy Brainerd, 207.581.3877; jessica. brainerd@maine.edu.







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## LPL Hosts Magician Phil Smith and Other Summer Events

**LEWISTON, ME** (June 1, 2022) -- The Lewiston Public Library will be hosting Magician Phil Smith for a magic show in Callahan Hall on Saturday, July 2nd at 11AM for all ages. Join us for a comedy magic show with juggling, storytelling, sleight-ofhand, mind reading and the magical production of a rabbit.

Page 6

Phil received a BA in theatre and trained with visual comedian/juggler, Randy Judkins in Mime and juggling. After training with world renowned magician, Jeff McBride, and many other stars, Smith went on to win Best Magician in Maine, several times. Phil has been combining expert sleightof-hand skills with mime, clowning, juggling, and



slapstick humor for many years. It all adds up to fun energetic performances for Phil's audiences.

This magic show is free, open to the public, and no registration is required. http://www.myspace.com/ guthriesplaceThe Lewiston Public Library is located downtown at 200 Lisbon Street at the corner of Pine Street. More information on Phil Smith's magic show is available by contacting the Lewiston Public Library at 513-3133 or LPLKids@ lewistonmaine.gov.

Other events at the LPL: We've got pirates,

we've' got' phates, magicians, sharks, tall tales, tide pools, and more! We'll have different themes each week, plus events and crafts, and you can participate in our book prize pro-

gram! We'll be loading this page with our full schedule soon, so please check back or follow us on Facebook @LPL Kids for updates.

Starting the week of June 27, we'll have fun craft activities in our program room you can do anytime you stop by the library, and an ocean of fun events! Here's a sneak peak of the free, family-friendly events we've got coming up:

June 26-July 2: Pirates & Treasures crafts in the program room all week, plus:

June 27: Summer Reading Kick-off Event at Festival Plaza (Hosted by Auburn Public Library)

July 2: Phil the Magician

July 3-July 9: The Seven Seas crafts all week in the program room all week, plus:

July 9: Matinee movie at Lewiston Public Library

July 10-July 16: Our Blue Planet crafts in the program room all week, plus:

July 14: Climate Clean-up! with Ms. Alexis July 17-July 23: Shark Week crafts in the program room all week, plus:

July 20: Mr. Drew and His Animals, Too!

July 23: Shark Attack! with Ms. Sara

July 24-July 30: Ocean Animals crafts in the program room all week, plus:

July 27: Great Tentacles! Cephalopods STEAM with Ms. Ivy

July 30: Magnificent Monster Circus

**Dancing & Karaoke Coming To Lewiston's Riverfront** 

**LEWISTON, ME** (June 6, 2022) — "Before we start our new Thursday Night Live events in July, learn to line dance with the staff at the Franco Entertainment Center on the Riverfront in Lewiston on Thursday nights, June 16 and 30," said Jake Hodgkin, production manager at the Franco.

Hodgkin will in-

struct in how to "do the moves" for the most popular line dances which may include the Macarena, Stayin' Alive, Y.M.C.A., September, Wobble, Electric Slide, and Cupid Shuffle.

Doors on these two nights of dance lessons open at 5:30 p.m.; cash bar happy hour is from 6 to 7 p.m.; and dancing is from

#### 7 to 9 p.m.

Thursday Night Live events kick off July 14.

"Each Thursday night will bring something different and fun to our community! You will find karaoke, open mic, dance with live bands or DJs, and other types of social activities," said Hodgkin. "Just as we did for the line dance lessons, doors open at 5:30 p.m.; happy hour is from 6 to 7 p.m.; and the Thursday Night Live event is from 7 to 9 p.m."

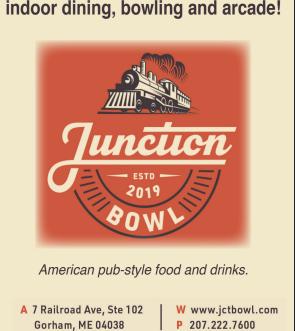
A \$5 admission fee will be charged at the door for the dance lessons and for the Thursday Night Live events. Or buy your tickets online at www.francocenter. org or by phone at 207-689-2000.



Jake Hodgkin, production manager at the Franco Center on Lewiston's Riverfront, 46 Cedar St., checks the microphone and lighting in Heritage Hall in preparation for the upcoming line dance lessons on June 16 and 30.

Open for curbside pick-up, take out,





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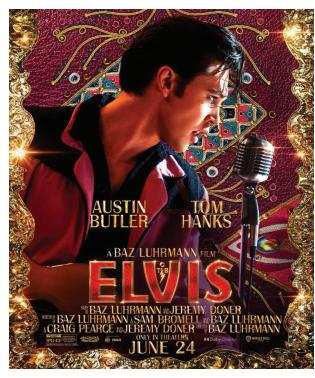
with fries and coleslaw



1567 Lisbon Street Lewiston, ME 207-777-6353 -- 207-777-6354 INDOOR SEATING - TAKE OUT Open Daily 11am - 9pm

LEWISTON/AU-BURN, GORHAM, ME (June 17, 2022) -- Elvis is in the building...and he is on the big screen! The new film, "Elvis", shows the king of rock & roll as he starts his music career and rises to fame in the 1950's, all while navigating the complex relationship with his manager Tom Parker, played by Tom Hanks.

Directed by Baz Lurhman of "Moulin Rouge!" fame, this is sure to be a showstopping, eye catching look at one of the best performers ever to be on this planet. If you enjoyed bio-pic music industry films such as "Bohemian Rhapsody", "Rocketman", and "Respect", you won't want



to miss "Elvis" - in select theaters starting June 24th

with early premiere viewings June 23rd.

#### **Maine Child Nutrition Programs Continue Beyond School Year**

Augusta, ME (June 8, 2022)—As the school vear comes to an end. Maine children can access nutritious meals through the U.S. Department of Agriculture's Summer Food Service Program, administered by the Maine Department of Education (DOE). These meals are available at hundreds of sites across Maine and will be listed on the Maine DOE's Hot Lunch Summer website.

"No child should worry about going hungry when the school year ends," said Education Commissioner Pender Makin. "Hot Lunch Summer ensures that Maine children continue to receive the healthy, nutritious meals they rely on during the school year and we thank the schools and organizations that have stepped up to make the distribution of these meals possible."

The Summer Food Service Program may be offered statewide in areas or at sites where more than

50 percent of the children are eligible for free or reduced meal benefits under the National School Lunch Program or where census track data supports the need. Eligible sponsoring organizations include schools, nonprofit residential summer camps, government agencies, and tax-exempt organizations including faith-based organizations.

The Maine DOE launched a statewide ad campaign to raise awareness that the Summer Food Service Program exists and clearly explain the logistics of where, when, and how Maine children and adolescents can access complementary meals. The multi-media campaign includes a fun, original song entitled 'Hot Lunch Summer' for broadcast radio, an accompanying sing-along video in several lengths including a 30-second broadcast and streaming television ad, a series of colorful shareable

graphics for social media, and a series of printed materials for distribution at schools and meal sites. The campaign, which will run through July, is expected to generate more than 5.25 million impressions.

To find nearby Summer Meal sites, please visit www.hotlunchsummer.com, or text "Summer Meals" to (914)342-7744. Information will be available mid-June.

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## Elvis Debuts on the Big Screen | DaPonte String Quartet **Summer Concerts** Announced

Mozart & Brahms Clarinet Quintets with guests Mark Simons, clarinet & Alex Romanul, violin July 16, 7:30

pm Meetinghouse Arts, Freeport

July 7:30 21, pm Union Church, South Bristol

July 22, 7:30 pm St. Paul's Union Chapel, Waldoboro

July 23, 7:30 pm Ocean View Grange, Tenant's Harbor July 24, 3:00 pm Denmark Arts Center,

Denmark, Maine Goldberg Bach Variations arr. for string trio

August 14, 4 pm Surry Arts at the Barn, Surry

August 18, 7:30 Robinhood Free pm Meetinghouse, Arrowsic August 20, 7:30 pm Ocean View Grange, Tenant's Harbor 7:30 August 25,

pm Union Church, South Bristol August 2, 7:30

pm St. Paul's Union Chapel, Waldoboro August 27, 7:30

pm Meetinghouse Arts, Freeport

Sept 11, 7 pm -Candlelight Concert at the Old Walpole Meetinghouse

## **Blanchard's Cash Fuel**

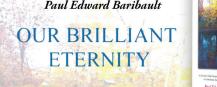
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Thurs - Sun June 17-26 Streaming June 21-26

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## Public Art, Music and More at Art Walk L/A June 24



**Chicks with Sticks** 

LEWISTON, ME (June 15, 2022) -- Head downtown on June 24, 2022 from 5-7 pm for Art Walk L/A! Enjoy live, in-person arts experiences in more than a dozen locations, including a Meet-the-Artists event and performance by Chicks With Sticks at 5 p.m in Dufresne Plaza.\* And stay downtown for the Music in the Park summer concert from 7-9 p.m. in Kennedy Park.

Public Art Celebrations: Join community celebrations and official dedications of three new public artworks in Auburn and Lewiston!

4 pm Bud Form sculpture by artist Hugh Lassen. Great Falls Plaza entrance, Auburn. Remarks by Auburn Mayor Jason Levesque

4:30 pm Ledgers sculpture installation by artist Andy Rosen. 130 Mill St, Lewiston (next to Baxter Brewing). Remarks by Lewiston Mayor Carl Sheline. 5 pm Path of Perseverance mural by artist Susan Harkins. 72 Lisbon St (Dufresne Plaza), Lewiston.

Meet-the-Artists! Hugh Lassen, Andy Rosen, and Susan Harkins will be on site at these events to talk about their new public artworks.

Art Downtown: Check out exciting visual arts exhibitions at these and other Art Walk LA venues:

• Lewiston Public Library, 200 Lisbon St. LHS students: I Wish My Teacher Knew

 Kimball Street Studios, 191 Lisbon St.
 Bangor Artist Diana Young
 Boba, 97 Lisbon St. Music in the Park Summer concert series\*\*: After the art walk,

• The Hartley Block, 155 Lisbon St. Bates Dance Festival Presents Arthur Fink: Images from the

Studio and Stage • Co-Lab Creates 86 Lisbon St. Your Heart, a multi-panel photo installation mapping the



**Arthur Fink Images** 

unplanned surprises of healing. More at www. seafree.space. Art Walkables:

Looking for to-go food items along the art walk route? Try these spots!

• Sambusas and Somali tea at Mogadishu Store, 240 Lisbon St.

• David-Made Pizza at Forage, 180 Lisbon St.

• Spicy Tots at Boba, 97 Lisbon St.

Music in the Park Summer concert series\*\*: After the art walk, head to Kennedy Park for a local hip hop and reggae concert! This month's concert features

- Stream Reggae
- MOJOSUDAN
- Chaly RichJDubb
- Gazzy
- Guzzy

stallation mapping the Art Walk LA and all vagaries of life and the LA Arts programs would

not be possible without the generous support of community partners including Community Arts Champion sponsors Austin Associates, P.A., Bates College, Baxter Brewing Co., Berman & Simmons, the City of Auburn, the City of Lewiston, DaVinci's Eatery, Dirigo Federal Credit Union, Liberty Mutual, Munka Coworking, Payroll Management, the Sun Journal, the Szanton Company, as well as the Bangor Savings Bank Foundation, Maine Arts Commission, the New England Foundation for the Arts, the Onion Foundation, and the Ladd Foundation.

Since 1973, LA Arts, the arts agency for the cities of Lewiston and Auburn Maine, has pursued a mission to en-



Stream Reggae



LHS Students: I Wish My Teachers Knew

gage and inspire a vibrant community through arts and culture. The agency works with governments, businesses, schools and local arts and cultural organizations to create opportunities for community members across the generations to experience, learn, and participate in the arts. LA Arts organizes arts programs and initiatives, supports the work of local artists and arts organizations, and highlights the essential role the arts play in shaping an economically vital, socially integrated, and forward-looking

future for its community. Learn more at <u>www.</u> <u>laarts.org</u>.

\*Rain location: Callahan Hall, Lewiston Public Library, 200 Lisbon St., Lewiston

\*\*Rain location: 1800 Club, 34 Court St, Auburn

Send all items for What's Going On to the Editor. Deadline is Friday by five.



#### What do you think?

We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers.

Agree with us or another columnist? Disagree? Write to us and let us know!

Email all submissions, including name, address and phone number, to the editor.

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## **Cybersecurity Graduate Speaks To Lewiston Adult Education Graduates**



**Charles Ernesto, a Lewiston** Adult Education graduate who received his Master's degree in cybersecurity from the University of Maine at Augusta in May 2022, spoke to Lewiston Adult Education graduates on Tuesday night. He encouraged them to continue their learning.

LEWISTON, ME (June 17, 2022) -- Lewiston Adult Education graduates heard words of encouragement on Tuesday night from a former graduate who started his educational journey in English Language classes at the Lewiston Adult Learning Center. Charles Ernesto graduated in May with an advanced degree in cybersecurity from the University of Maine at Augusta.

Ernesto spoke to the graduates at the Lewiston High School gymnasium on Tuesday night about how he worried about his difficulty speaking English when he arrived in the United States in 2013.

"I went to Lewiston Adult Education to start from scratch so that I could do better, and that is where my whole journey of success started. I saw the difficulty but not the impossibility. At Lewiston Adult Education I met the teachers who had become family and the community that encouraged me to reach my goals."

He thanked Lewiston Adult Education instructor Laurianne Champagne for her support, along with all of the teachers and staff at Lewiston Adult Education. He then encouraged the graduates to continue their learning, "Before we separate to follow our individual paths, I want to take this opportunity to challenge you to continue to learn and to pursue continued education."

Lewiston Mayor Carl Sheline and Lewiston Public Schools Superintendent Jake Langlais also spoke to the graduates at the ceremony, acknowledging the graduates' persistence and

resilience. Lewiston Adult Education instructor Mary Hunter performed on the violin with student Ruth Kazadi the songs "Annie Laurie," "Speed the Plough," and "Lamplighter's Hornpipe." Hunter, a retired Bowdoin College professor of music, volunteers at the center and taught a violin class during the winter-spring 2022 semester.

The faculty also presented several student awards to recognize individuals who demonstrated academic excellence and achievement, improvement, resilience, work ethic and character. Recipients included: Dakota Tyrrell, Academic Honors award: Othman Bustan, Academic Achievement award; Yanmei Ji, The "Yes I Can!" award; Palmira de Carvalho. Homework Hero award: Gregory Anderson, Academic Support award, and Urgele Reningot, the Kindness Counts award.

For more information about earning a high school equivalency degree, workforce training, college preparation or English Language classes contact Lewiston Adult Education at 207-795-4141.

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## **Maine-ly Harmony Installs 2022-2023 Officers**



Photo by Barbara Combs

RANDOLPH, ME (May 18, 2022) -- Mainely Harmony women's barbershop chorus conducted its installation of officers at the chorus' rehearsal hall in the Randolph United Methodist Church, 16 Asbury St., Randolph, on Wednesday, May 11, 2022. Installing officer was Nancie Bossie, assisted by Dotty Meyer. Officers include, left to right, President Candace Pepin, Vice President Sue Staples, Secretary Jennifer Clair, Treasurer Janey Dunham, and at large member Betty Avery. At large member Tina Baker was absent. The chorus, directed by Kathy Greason of Brunswick, consists of women of all ages who travel from all over Maine for Wednesday evening rehearsals 6:30 to 9 p.m. With high hopes that

Covid is behind us, the chorus is already scheduled to perform for the veterans at the Maine Veterans' Home on June 29 and are teaming up with the Nor'easters men chorus from Bangor to perform September 17 at the South Parish Church in Augusta.

For more information. contact Nancie at 293-4779 or Lea at 622-1273.

Media Sponsors

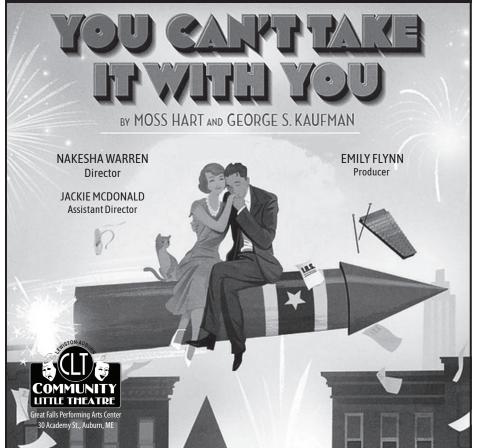
Bennett Radio Group

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## L/A Community Little Theatre presents



## **USDA Offering Nationwide** Waiver for Infant Formula

**D.C.** (June 6, 2022) – The U.S. Department of Agriculture is offering nationwide waivers to increase access to infant formula for families in need as states receive and distribute imported infant formula made available by the Biden-Harris Administration's Operation Fly Formula.

USDA is leveraging new authority from the recently passed Access to Baby Formula Act to offer this flexibility.

"USDA is committed to providing our WIC families with nutritious foods, and while we continue working with our many partners to bring the infant formula shortages to a speedy conclusion, we're also going to keep looking for ways to help families here and now," said Stacy Dean, USDA's deputy undersecretary for food, nutrition, and consumer services. "We're maximizing flexibility, encouraging action, and providing ongoing support so we can all overcome this obstacle together."

The action builds on existing flexibilities to provide widest access to available infant formula for WIC families. Within days of the recall, USDA offered WIC state agencies waivers to maximize formula options for WIC participants and ensure they could exchange or return any recalled formula. To date, USDA has approved well over 250 state waiver requests.

In addition, Food and Nutrition Service recently encouraged state agencies to work with their infant formula manufacturers to identify and implement temporary flexibility in their contracts to allow WIC participants to purchase alternate sizes, forms, or

WASHINGTON, brands of infant formula during the ongoing shortage. North Carolina and its formula manufacturer, Nestle Gerber, are the first to have put this into action by agreeing to a contract modification that expands access to formula for WIC participants in the state.

> "When formula supply began to tighten, we looked at all avenues to ensure safe and nutritious options for North Carolina babies and families," said North Carolina Department of Health and Human Services Secretary Kody H. Kinsley. "We immediately began working with our federal partners and with our contracted WIC manufacturer, Nestle Gerber, to give families in the WIC program the flexibility to choose different sizes, types and brands of formula during the shortage. We negotiated and implemented these changes as quickly as possible to relieve some of the stress that WIC-participating families felt."

Food and Nutrition Service is encouraged by the action taken by North Carolina. "We are grateful for the leadership and teamwork of North Carolina and Nestle Gerber to increase formula access for WIC families in their state," said Dean. The agency recently shared best practices with WIC state agencies to help them establish contract flexibilities that will help WIC participants access the formula they need.

USDA continues to work closely with HHS and FDA and the administration to support WIC families through this challenging time and to bring to a swift end to the shortage. Recent USDA actions include:

Coordinating cross-government to rapidly transport safe specialty formulas into the country for babies with special medical needs through Operation Fly Formula. More shipments, including regular formula, are on the way in the coming days.

Calling on states to take advantage of all available WIC flexibilities that could help those they serve. Since May 13, when USDA wrote to state health commissioners on this issue, more than 50 new waivers have been requested and approved, with all 50 states now offering at least one flexibility to help WIC families get the formula they need.

Engaging directly with WIC stakeholders including holding multiple listening sessions to better understand current needs and concerns.

USDA's Food and Nutrition Service leverages its 15 nutrition assistance programs to ensure that children, low-income individuals, and families have opportunities for a better future through equitable access to safe, healthy, and nutritious food, while building a more resilient food system. Under the leadership of Secretary Tom Vilsack, FNS is fighting to end food and nutrition insecurity for all through programs such as SNAP, school meals, and WIC. FNS also provides science-based nutrition recommendations through the co-development of the Dietary Guidelines for Americans. To learn more, visit www.fns.usda.gov and follow @USDANutrition.



#### June 16,17,18, 23, 24, 25 at 7:30 p.m. June 19 and 26 at 2:00 p.m.

Tickets: \$22 adults/\$19 seniors/\$14 students Includes processing fees. All tickets are general admission. For tickets or information call 783-0958 or visit www.LACLT.com



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## **Bread & Brews Celebrates Maine-Grown Grain**



#### UNITY, ME (June 8, **2022**) -- Bread & Brews, a celebration of local grain, will be hosted by the Maine Organic Farmers and Gardeners Association and the Maine Grain Alliance on June 25 in Unity, Maine. The event will highlight the people and businesses who use Maine-grown grains ----while inviting participants to enjoy the fruits of their labor.

Workshops and demonstrations are scheduled throughout the afternoon, which are included in the Bread & Brews ticket price. Participants can learn how to: make Somali muufo from corn grown by the Somali Bantu Community Association; cook traditional ployes using tartary buckwheat: brew homebrew with Central Street Farmhouse: malt grains with Blue Ox Malthouse; and more. A special pre-event workshop called "Pizza at Home and in the Pub: Committing to Local Grains" will be led by the Maine Grain Alliance.

"Over the past decade, Maine's grain economy has benefited immensely from collaborations between the baking and brewing communities. Bread & Brews is an opportunity to celebrate these successes together," said Tristan Noyes, executive director of the Maine Grain Alliance.

Pizza, bread and bagels will be for sale thanks to The Uproot Pie Co., Vesper Bread and Spark Bagel. Refreshing treats (popsicles and shaved ice) made with whole fruit will be available from Paleta Guv.

Ten-plus breweries from Midcoast Maine and beyond will be pouring tastes of their favorite new brews. Event goers can taste lagers, gruits, stouts and IPAs from breweries from Portland to Cambridge to Ellsworth, including Oxbow, Flight Deck and Lake St. George Brewing. These breweries use Maine-grown grain and hops in their brews ---along with other local ingredients (Seaweed Saison from Fogtown Brewing, anyone?)

GoldenOak (an indie soul-folk band from Portland whose new album is called "Room to Grow") will perform at 5 p.m., and the Gawler Family Bottomfeeders (a trio of multi-instrumentalists sharing folk

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part harmonies) will be live at 3 p.m.

If you're a home baker or a home brewer, there are opportunities for sharing your craft. Bring some extra sourdough starter to share with others who may be new to baking, or bring

tunes and beautiful three- your homebrewing questions to a workshop led by Central Street Farmhouse, a brewing supply store in Bangor, beginning at 4 p.m.

Tickets are \$50 (beer tasting included) and \$25 (without access to the beer tasting), with discounts for MOFGA and MGA

members. The pre-event "Pizza at Home and in the Pub: Committing to Local Grains" is priced at \$25. Kids are welcome (except in the beer-tasting room), and kids under 12 get in free; this is a family-friendly event! The event is also

seeking volunteers. All volunteers receive a complimentary base-level ticket with the option to purchase access to the beer-tasting portion of the event.

Page 11

For more details about Bread & Brews, check out MOFGA's website: mofga.org.

#### **CELEBRATING LEWISTON - LOOK WHAT'S HAPPENING!\***

#### June 25, 2022 11:30 a.m. – 5:00 p.m. Mike McGraw Park, 280 Bartlett Street, Lewiston

11:30 am – 12:00 pm	Welcome by LYAC & Drumming Extraordinaire Damon DeWitt
11:30 am – 12:30 pm	City of Lewiston Table – Meet Ward 1 Councilor Linda Scott & Ward 4 Councilor Rick LaChapelle
11:30 am – 4:15 pm	The Bakery Barn – Get Your Sweet Tooth On!
12:30 pm – 1:30 pm	City of Lewiston Table – Meet Ward 2 Councilor Robert McCarthy
12 Noon	Josie French, Musical Set Featuring Pop Music & Show Tunes
12 Noon – 2:00 pm	"Lewiston Pages to a Book" Children's Activity by Lewiston Library
12 Noon – 5:00 pm	Lewiston Career Center – Employment Resources
12:30 pm – 1:00 pm	"Somali Journey to Lewiston" – Fatuma Hussein Presentation
12:30 pm – 1:30 pm	Iconic Lewiston Image - " <i>Paint Night"</i> Activity w/ Wicked Illustrations (first come, first serve)
12:30 pm – 5:00 pm	Good Food Mobile Bus – Lots of Snacks to Purchase!
1:00 pm – 1:30 pm	"Wabanakis in Lewiston" - Patrick Eisenhart Presentation
1:00 pm – 2:00 pm	City of Lewiston Table – Meet Ward 7 Councilor Stephanie Gelinas
1:00 pm – 4:00 pm	Lewiston Themed Face Painting - LHS Art Teacher Deana Ehrhardt
1:30 pm – 2:20 pm	<i>"Family Yoga"</i> with The Sanctuary - bring mat, towel, blanket, or use the grass!
1:30 pm – 2:00 pm	Musical Set by Emily Fournier, LHS 2022 Graduate/LYAC Member
1:30 pm – 2:30 pm	Veterans Memorial Park – Learn More!
2:00 pm. – 2:30 pm	City of Lewiston Table - Meet Mayor Carl L. Sheline
2:30 pm	Business Panel Q & A – " <i>Why I Do Business in Lewiston</i> " w/ reps from Geiger, Forage, and Mother India
3:00 pm – 3:30 pm	Lewiston Firefighters Meet Local Children w/ Engine #7 – Give-aways
3:00 pm – 3:30 pm	Musical Set by GG Guhat
3:30 pm – 4:00 pm	Somali Dhaanto Group - Cultural Dance
4:00 pm – 4:30 pm	FINALE PERFORMANCE: Leslie Reed, Farwell School Teacher
4:30 pm	SCAVENGER HUNT WINNERS ANNOUNCED - Gift Cards Drawing (Mother India - \$100; Forage - \$50; Italian Bakery - \$50)
4:45 pm	SPONSORSHIP ANNOUNCEMENT - Field Sponsor & New Field Name
ALL DAY	"I Love Lewiston" Selfie Backdrop with Photo Props
ALL DAY	Lewiston Honeycomb Logo Interactive Display for Comment Posting
ALL DAY	The Colisee - Programs, Billet Sign-up, Season Tickets, Team Info
ALL DAY	LYAC's "A Light in the Darkness" Photovoice Display
ALL DAY	Dunk Tank - Assistant Principal Dumont & LHS Teachers
ALL DAY	Bates College Display
ALL DAY	LA Arts Display
INFO ON HAND	From City of Lewiston, LA Chamber, and Gendron Franco Center

#### \*More may be added after this is sent to print."

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## Page 12 **Crossing the Canadian Border this Summer**

Press Release by the **Canada Border Services** Agency

ON-OTTAWA, **TARIO (May 26, 2022)** The Canada Border Services Agency (CBSA) reminds US residents visiting Canada as part of Memorial Day long weekend of what to expect at the border during the busy summer months.

This summer, travelers are returning to a border that is managed differently, with evolving COVID-19 requirements, which can mean delays during peak periods. The CBSA is working to mitigate long border wait times, but there are also things that travelers can do to make the process easier for themselves and other travelers.

Travelers can help reduce wait times at the border by coming prepared and by completing their mandatory Arrive-CAN submission within 72 hours before arriving at the border.

The CBSA invests significant effort annually to plan and prepare for peak periods, such as the summer months. The Agency works with bridge and tunnel operators, airport authorities and travel nated with Government industry groups to plan and review service requirements, enhancement opportunities, and required resources, so that we can deliver together the best service to all travelers.

The CBSA has also established modern processes to improve the traveler experience and manage volumes, like the International-to-Domestic and the International-to-International programs that significantly decrease connection times, as well as the Primary Inspection Kiosks, and the advanced CBSA declaration option.

Key tips for all travelers:

· Ensure you are eligible to enter Canada Foreign nationals must meet the entry requirements under the Immigration and Refugee Protection Act and provide appropriate travel and immigration documentation. The final determination on entry is made by a border services officer at the port of entry. Understand rules the around COVID-19. There are still border measures in place

for COVID-19. Foreign

nationals must be vacci-

of Canadaaccepted COVID-19 vaccines. Find out which requirements apply to you and if you can enter Canada.

· Use Arrive-CAN. All travelers, regardless of vaccination status, are required to submit their information in ArriveCAN (free as a mobile app or by website), up to 72 hours before entering the Canada. ArriveCAN collects contact, health and travel information to protect the health and safety of travelers and expedite processing at the border. It is the fastest, easiest and most secure way for travelers to show they meet public health requirements.

Travelers must ensure they have the most up-to-date version of the ArriveCAN app (consult the Google Play Store or the App Store for iPhone.) Travelers should print or take a screenshot of their ArriveCAN

receipt and bring it with them when they travel. · Travelers without

a smartphone or without mobile data can submit their information by signing in online through a computing device. If travtheir information themselves, they can have a friend or family member enter the information for them

· Have all your documents ready. Travelers should have the following ready to present to the border services officer: their ArriveCAN receipt; passport or travel documents. proof of vaccination; and identification for all persons in the vehicle.

Plan ahead and border check wait times. Travelers crossing the border by land are encouraged to plan to cross during non-peak hours such as early morning.

· Entering Canada by water. Unless exempt, all travelers entering Canada by water, must report their arrival to the CBSA without delay. All travelers, including those with a right of entry (Canadian citizens, permanent residents and persons registered under the Indian Act), must submit their mandatory information in ArriveCAN before, or when, entering Canada at a marine port of entry.

Be prepared to declare. Travelers entering Canada should be ready couver (YVR) may use

elers are unable to enter to declare all goods in their possession.

· Declare any foods, plants, or animals such as raw poultry products and by-products that are not fully cooked, to the border services officer. There are currently restrictions on imports of live birds, bird products and by-products from states affected by Highly Pathogenic Avian Influenza in the United States. Be sure to check the Automated Import Reference System to help determine all specific import requirements.

· Declare all money or currency of CAN\$10,000 or more. It is not illegal to bring such amounts into Canada, but it must be declared on arrival.

Cannabis. Don't bring it in. Don't take it out. Transporting cannabis across the border in any form, including any oils containing tetrahydrocannabinol (THC) or cannabidiol (CBD) remains a serious criminal offence subject to arrest and prosecution, despite the legalization of cannabis in Canada.

Advance Declaration. Air travelers landing in Toronto (YYZ) or VanArriveCAN (Web version) to complete their customs and immigrations declaration in advance of their arrival in Canada. This feature will be expanded to other airports in the future.

· Know the contents of your vehicle. Travelers can consult the CB-SA's website for information on firearms and other restricted and prohibited goods.

· Use the latest technology. Upon arrival at selected major airports in Canada, travelers can use a primary inspection kiosk to verify their travel documents, confirm their identity and complete an on-screen declaration.

· Children. When travelling with children, it is recommended that the accompanying adult have a consent letter authorizing them to travel with the child. Border services officers are always watching for missing children, and in the absence of the letter, officers may ask additional questions, to help them identify the relationship between the child and the accompanying adult.

For more information, visit the CBSA Web site at www.cbsa.gc.ca or call us at 1-800-461-9999.

## Jake Matheson Racing Supports Dartmouth Health Children's



HILLSBORO, NH (June 16, 2022) -- Jake Matheson Racing announced they have kicked off their support of The Kennek Foundation with a donation to Dartmouth Health Children's flagship location: Children's Hospital at Dartmouth Hitchcock Medical Center (CHaD). "I have been a fan of Trouble the Dog<sup>®</sup> since I met Sheila Duncan and the character she created a few years ago at a Speedway Children's Charities event," the 19-yr old Driver said. "Our team is excited to spread the word about "Trouble on the Scene" and The Kennek Foundation, and to join in their crusade to provide comfort to children experiencing difficult times. Trouble will look great on the race car. I'm looking forward to having him on-

board this season!" Trouble is an ultra-soft keepsake toy that is 100% made in America. He is a proven source of comfort for children experiencing "trouble" in their lives. The goal of the "Trouble on the Scene" program is to supply Trouble plush dogs for every police cruiser, ambulance, and rescue truck in the community so that police officers, firefighters, and first responders have something comforting readily available in the event of an accident, fire, domestic situation, or other emergency that involves children. This donation of Trouble comfort dogs to ChaD fits right into this mission. Participation in the program is funded by donations from local businesses and individual citizens

"We are so appreciative of this outreach and support from Jake Matheson Racing," notes Sheila Duncan, Founder of The Kennek Foundation. "When I see what is happening in today's world, especially for children, it makes me more determined than ever to provide Trouble comfort dogs wherever there is a need. First responders have shared their real-life experiences about how they are utilizing Trouble the Dog to comfort children. I am grateful to the corporations, businesses, and individual donors like Jake Matheson Racing - that have stepped up to help increase awareness about what we are doing, to make a difference and bring comfort and hope to children around the world."







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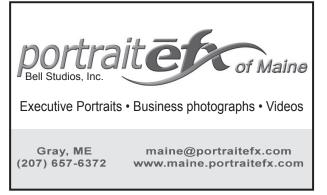
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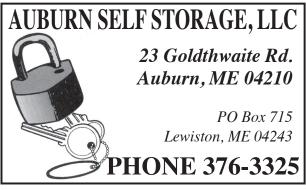
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## **CONTACT US TODAY FOR POSSIBLE OPENINGS** FOR YOUR AD IN OUR BUSINESS DIRECTORY!

Starting Ap. 7 and every 1<sup>st</sup> and 3<sup>rd</sup> Thursday through June

LEWISTON -- 1st & 3rd Thursdays from April-June, 4-6pm at the Lewiston Public Library: TEEN TABLETOP RPGS. Calling all adventurers and explorers! LPL Teen will be hosting a series of one-shot tabletop roleplaying games, in person in the teen lounge on the 1st & 3rd Thursdays of the month from 4-6pm, from April-June. Supplies will be provided - just bring yourself and your creative mind! Each drop in session will feature a different oneshot tabletop RPG, run by game master Hallie. No previous RPG experience is required. This program is intended for teens ages 13-19. For more information, contact the Adult & Teen Services department at 207-513-3135 or lplreference@lewistonmaine. gov, or go to lplonline.org/ events/teen-tabletop-rpgs/

#### May 4 and every Wednesday GORHAM

10:00am Weekly story time has resumed at the North Gorham Public Library! Storytime is open to children & their caregivers. Join us weekly for stories, songs and crafts every Wednesday at 10am. 2 Standish Neck Rd, Gorham ME.

or check) at the door, 207-846-5378, or http:// www.midcoastsymphony. org for details. Under 18 and college students are free.

the chance to Live, Learn and Recover. Deb York began An Angel's Wing in 2017 and has been helping our community since.

#### June 4-26

FREEPORT -- CAR-AVAN OF DREAMS, written and directed by Stephen Legawiec; presented by Ziggurat Theatre Ensemble and the Desert



Send your submissions to the Editor. More online.

of Maine Center for Arts and Ecology. Opens: June 4 and continues through June 26. Held at Desert of Maine; 95 Desert Road; Freeport, ME 04843. Parking is available in the Desert of Maine lot. For tickets, see https://caravanofdreams.eventbrite. com or call (207) 854-8882. General Admission: \$25.00; Seniors/Students/ veterans \$20.00; Kids 17 or under: \$5.00.

#### June 16-19, 23-26

AUBURN -- The L/A Community Little Theatre presents the classic comedy You Can't Take It With You, one of the most popular and successful plays of modern times. Show dates are June 16-18, 23-25 at 7:30 p.m., and June 19 and 26 at 2:00 p.m. Visit the website at (laclt.com) for more information or to purchase tickets.

#### June 23-26

Mozart Divertimento & Ravel Duo

Thursday June 23, 7:30pm at Union Church, South Bristol

Friday June 24, 7:30pm at St. Paul's Union Chapel, Waldoboro

Saturday June 25, 7:30pm at Ocean View Grange, Tenant's Harbor Sunday June 26,

4:00pm at Surry Arts at the Barn, Surry June 25

AUBURN -- The Knight House/Downing Shoe Shop will be open 1-4 on Wednesday, June 25. Free tours and fun for everyone.

Contact person is Penny Jessop 784-0586. The Knight house/Downing Shoe Shop is located at the north side of the Garden Hilton Hotel on the West Pitch of the Falls in Auburn, Maine. AHS's was founded by the DAR in 1923 and its purpose is to promoting the study of the history of Androscoggin County and its citizens and preserving in its archives, records, relics and mementoes of that history. Located on the third floor of the Androscoggin Court House at 2 Turner St in Auburn.

#### June 25

AUBURN -- OPEN HOUSE at The Knight House/Downing Shoe Shop will be open 1-4 Wednesday, June on 25th. Learn about Chores in Yesteryear. Contact person is Penny Jessop 784-0586. The Knight house/ Downing Shoe Shop is located at the north side of the Garden Hilton Hotel on the West Pitch of the Falls in Auburn. Maine.

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#### June 25

GRAY -- Dine in Supper - First Congregational of Gray; Saturday, June 25, 5:00 at the Parish House, 5 Brown St., Gray. Handicapped accessible. You MUST make reservations in advance. Contact Carol at 650-9093 and let her know your name, phone number, and how many in your party. We are accepting only 50 Reservations! Cut off for reservations will be Wednesday, June 22 at 2:00 P. M.

The menu includes: Baked Pea Beans, Red Hot Dogs, Bread/Biscuits, Variety of Casseroles and Salads, Assortment of Desserts, and Beverages. Meals are single sized and are \$10.00 each. Please pay at the door.

June 25

BUXTON -- Haddock Supper Buffet - Saturday, June 25, 2022 5:00 pm at Living Waters Church, Parker Farm Road, Buxton. Suggested donation: \$8 Adult, \$4 Child, \$20 Family. Please note: We will offer the option of takeout containers for those who do not want to come inside for seating. Wearing of face masks for those who are not vaccinated is suggested. Hand sanitizer is available for those who wish to use it.

#### June 25

NORTH YAR-MOUTH - The public is invited to the 27th Annual Strawberry Festival on Saturday, June 25, 1-3 pm, held outdoors at North Yarmouth Congregational Church, 3 Gray Rd, North Yarmouth. Come and enjoy delicious strawberry shortcake with homemade biscuits, homemade strawberry and strawberry-rhubarb pies, strawberry-rhubarb punch, ice cream sundaes, and jam. Freshly-picked quarts of strawberries can also be purchased.

FMI call the church office at (207) 829-3644. July 2

LEWISTON -- Saturday, July 2nd at 11:00AM: MAGICIAN PHIL SMITH

Be ready to be amazed in Phil Smith's comedy magic show with juggling, storytelling, sleight-of-hand, mind reading and the magical production of a rabbit! For all ages in Callahan Hall. No registration required. Free. 513-3133; www. LPLonline.org



#### CMCC & Lewiston Adult Ed. Partner for Free CNA Training

AUBURN, ME (June 10, 2022) - The Center for Workforce and Professional Development at Central Maine Community College (CMCC) is partnering with Lewiston Adult Education Office and offering free Certified Nursing Assistant (CNA) training July 14 -September 16, 2022. Information and links to register for the program are available at https:www.bit.ly/CWP-DRegistration. Prospective students also need to register and pass entrance assessments with Lewiston Adult Education at 207-784-2928. The CNA students learn introductory concepts or nursing care, including anatomy, nutritional and medication care, and disease management, and is taught by a registered nurse. Successful candidates complete 130 hours of in-person course instruction including clinical experience. The skills lab and exam are also free.

Students who successfully complete the course will be eligible for immediate employment. Three additional cohorts are planned beginning with Oxford Hills Adult Education in October 2022, Lewiston again January 2023 and Region 9 Adult

Education March 2023.

This program is funded by the Maine Jobs and Recovery Program. Participants must be at least 18 years of age, possess a high school diploma, GED, or HiSet, and be a U.S. citizen and/or authorized to work in the U.S. Criminal background check and current flu and Covid vaccination records will be required. Additionally, candidates in MJRP-funded programs must be a dislocated, unemployed, or underemployed worker, or someone whose job has been adversely affected by COVID-19. Underemployed can be considered as working part-time but looking for full-time work or working in an occupation below one's skillset.

For more information or to register, please contact Central Maine Community College's Center for Workforce & Professional Development at workforcedevelopment@cmcc.edu or 207-755-5280.

Central Maine Community College is an equal opportunity/affirmative action institution and employer. For more information visit www.cmcc.edu/eeoc or contact Human Resources at (207) 755-539





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#### **ESTATE SALE**

House full of items! Furniture, cookware, microwave, component stereo systems, snowblower, lawn mower ....and much more (no clothes). Cash Only Sales. 9am-4pm, June 21,22,23 on Tarr Avenue, Lewiston

#### Pet Pro

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#### Back Hoe

Back hoe Attachment for tractor. 3 point hitch, category two, 12 foot long \$3,500.782-5539

#### SENIORS

#### LEWISTON SENIOR CITIZENS TRIPS FOR 2022

Nashville Show Trip - June 18-26, 2022 -Trip includes 8 nights lodging and 14 meals, guided tours of Nashville and Belle Meade Historic Site & Winery. Admission to the Country Music Hall of Fame and the Grand Ole Opry behind the Scene Tour. Includes a show a the Grand Ole Opry and the Nightlife Dinner Theater. Price is \$1,025.00 pp double occupancy and admission to all venues and bus driver tip.

Hobo Train - Meredith, NH - September 21, 2022 - Enjoyable 2 hour ride on the Winnipesaukee Scenic Railroad. While on board, enjoy a turkey dinner from Hart's Turkey Farm with all the fixings. Price is \$85.00 and includes bus, train ride, turkey dinner and bus driver tip. Deadline to sign up is August 12, 2022. Purchase tickets at the Lewiston Senior Citizens' office at 65 Central Avenue.

Flag Hill Distillery and Winery in Lee, NH - October 11, 2022 -Lunch at Warren's Lobster House in Kittery and an afternoon tour and tasting at Flag Hill Winery. Time for shopping after the tour. Price is \$83.00 per person which includes the bus and tip for the driver, lunch, and tour and tasting at the winery. Purchase tickets at the Lewiston Senior Citizens Office at 65 Central Avenue, Lewiston.

Ogunquit Playhouse for the play "CLUE" - October 16, 2022 - Clue is a fast paced hilarious whodunit comedy. After the show we will go to Cracker Barrel in South Portland for dinner on your own. The price is \$90.00 and includes bus, show and driver tip. Purchase tickets at the Lewiston Senior Citizens' offce at 65 Central Avenue.

Mackinac Island Trip - September 10-18, 2022 - Trip includes 9 days and 8 nights - 14 meals - Guided tour of Mackinaw City - Guided Carriage Tour in Mackinac Island. Boat ride through the Soo Locks with free time and sightseeing in Sault Saint Marie, visit to Mackinaw Crossing and "Michigan's Little Bavaria" and much more. A \$75. deposit is due upon signing up. Price is \$899. pp double occupancy. Make checks out to Diamond Tours and mail to Claire Bilodeau.

White Mountain Hotel & Resort - December 4 - 5, 2022 - Trip includes 1 night lodging - 3 meals including the Grand Sunday Brunch. Two different entertainment shows, Austrian Sleigh Ride through Jackson Village with a Jingle Bell Chocolate Tour. Stop at the Christmas Tree Shop and Lunch at Polly's Pancake Parlor. A \$100 deposit is due upon signing. Price is \$369. pp double occupancy which includes tips.

tion about any of our trips, please contact Claire Bilodeau (207)784-0302 or Cindy Boyd (207-345-9569.

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Send all items for What's Going On to the Editor. Deadline is Friday by five.

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#### SCAN TO REGISTER OR VISIT CMCC.EDU/SUMMERPROGRAMS

#### 1250 Turner Street • Auburn, ME 04210

Notice of Non-discrimination: Central Maine Community College is an equal opportunity/affirmative action institution and employer. For more information, please contact Human Resources at (207) 755-5396 or humanresources@cmcc.edu.

## **Taylor Pond: Wildlife, Water Quality & Recreation**



AUBURN, ME (June 16, 2022) -- Coming to Taylor Pond since first moving to Maine 30 years ago, naturalist Dana Little will talk about the natural history of the pond, including its geological origins, Native American history, colonial history, ecology, wildlife diversity, water quality and recreation. His experience as President of the Taylor Pond Association, membership in the Lake Stewards of Maine, life-long bird-watcher and natural history observer have provided him with extensive knowledge of this precious resource in Auburn.

Dana grew up in Am-

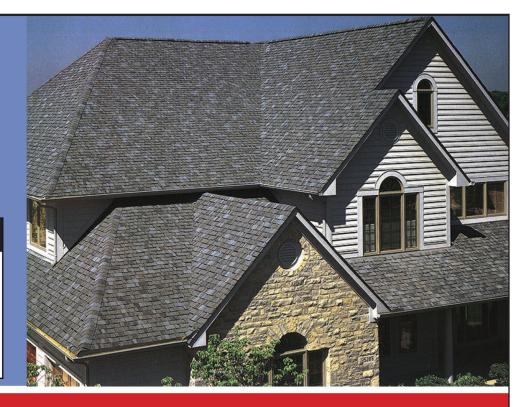
herst, Massachusetts, and became a bird-watcher when his grandfather gave him opera glasses when he was 6. Since then, he has never stopped observing and learning about the natural world! His undergraduate study was in zoology with an emphasis on ecology and limnology (the study of lakes). In addition to having served as President of the Taylor Pond Association for the past 15 years, Dana also is a board member of Androscoggin Land Trust, which works to preserve wild places for people to enjoy and agricultural areas to help sustain local farms.

This program will be presented as part of our Adult Summer Reading Program, "Oceans of Possibilities" wherein adults will spend time exploring Maine's waterways. It will take place in person, in the Androscoggin Community Room, on June 29 from 3-4 PM, and registration is required.

For more information about this or other programs which are part of this summer series or to register for this talk, visit the Events page of the Auburn Public Library website – www. auburnpubliclibrary.org, or call the Reference Desk at 207-333-6640, ext. 4.

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