

Gorham's Farr Named Track and Field Gatorade Player of the Year



Congratulations to Gorham's Andrew Farr Boy's Track and Field Gatorade Player of

GORHAM, ME (June 29, 2022) -- who has been announced as the Maine the Year!!

Great job Andrew!!

Amtrak Offers Discover Maine Rail Pass



PORTLAND, ME (July 7, 2022) --The Discover Maine Rail Pass is the best choice for a flexible and budget-friendly Maine travel experience. Passengers can enjoy up to 10 one-way trips between any Maine station within a 7-day period for just \$19 per person.

With stops in Wells, Saco, Old Orchard Beach, Portland, Freeport, and Brunswick, passengers can discover historic cities, beautiful beaches, outlet



shopping, world-class dining, theater, entertainment and more... JUST steps from the Downeaster stations. It's time to take the train in Maine!

WMPG & **Portland** Conservatory of Music Host Jazz at the **Movies**



PORTLAND, ME (July 7, 2022) -- WMPG's "Jazz at the Movies" and the Portland Conservatory of Music are pleased to present the film "Nightbird Song: The Incandescent Life of Thomas Chapin" at 7pm on Sunday, July 17th.

Venue: Portland Conservatory of Music, 28 Neal Street, Portland, Maine 04102

This screening is free and open to the public, but donations to support this series are greatly appreciated! Donations can be made at the event or by going to the event listing at www.PortlandConservatoryofMusic.org/events

This exciting music documentary, which won the Best Story at International Filmmaker Festival in Nice in 2016, features the story of the soaring saxophonist/flutist Thomas Chapin whose life was sadly cut short at 40, but not before his passionate playing won him a huge following on the international jazz festival circuit.

The NY Times called him " a virtuoso, one of the more exuberant bandleaders in jazz...who could move easily between traditional jazz and the avant-garde.'

Nightbird Song, which features interviews and footage of Chapin, will be followed by a very special guest appearance by his longtime drummer, Michael Sarin, who will share some of his memories and host a Q&A with the audience.

Please join us for this fascinating evening of Jazz, July 17th at 7PM. The movie is FREE (donations accepted!) but tickets must be reserved in advance at www.PortlandConservatoryofMusic.org/ events

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Newsmakers, Names & Faces American Pickers to Film in Maine



MAINE, STATE-WIDE (July 8, 2022) -- The American Pickers are excited to return to Maine! They plan to film episodes of The History Channel hit television series throughout your area in October 2022. A M E R I C A N PICKERS is a documentary series that explores the fascinating world of antique "picking" on The History Channel. The hit show follows skilled pickers in the business, as they hunt for America's most valuable antiques. They are always excited to find sizeable, unique collections and learn the interesting stories behind them.

As they hit the back roads from coast to coast, the Pickers are on a mission to recycle and rescue forgotten relics. Along the way, they want to meet characters with remarkable and exceptional items. They hope to give historically significant objects a new lease on life while learning a thing or two about America's past along the way. The Pickers have seen a lot of rusty gold over the years and are always looking to discover something they've never seen before. They are ready to find extraordinary items and hear fascinating tales about them.

We at American Pickers continue to take the pandemic very seriously and will be following all guidelines and protocols for safe filming outlined by the state and CDC. Nevertheless, we are excited to continue reaching the many collectors in the area to discuss their years of picking and are eager to hear their memorable stories! The American Pick-



ers TV Show is looking for leads and would love to explore your hidden treasure. If you or someone you know has a large, private collection or accumulation of antiques that the Pickers can spend the better

part of the day looking through, send us your name, phone number, location, and description of the collection with photos to: americanpickers@ cineflix.com or call (646) 493-2184 facebook: @ GotAPick



AMERICAN PICKERS ARE LOOKING FOR LARGE, RARE COLLECTIONS & THINGS THEY'VE NEVER SEEN BEFORE. TELL US THE INTERESTING STORY BEHIND YOUR STUFF!



Please help us in welcoming Fran Gagne to the Champoux

Spectrum Generations Offering Class for Caregivers Spectrum Generations

AUGUSTA, ME (July 1, 2022) – Spectrum Generations is offering an evidence-based class, "Savvy Caregiver," via Zoom, Tuesdays 6:30 to 8:30 a.m., from July 19 to Aug. 23.

The non-profit Area Agency on Aging is aware that caregivers or care partners of someone with Alzheimer's face challenges when it comes to attending events. For this reason, Spectrum Generations will offer the class when most caregivers are available and when the person they are providing support for is still sleeping.

Savvy Caregiver provides the tools and knowledge to be a more effective caregiver for someone with Alzheimer's disease. Caregivers leave the class with a better understanding of the effects of the disease, and how to identify triggers to avoid undesirable behaviors associated with Alzheimer's and related types of dementia. The class is being implemented to help get the information into the hands of those who want to attend the class from the comfort of their own homes.

Anyone is welcomed and other members of the family are encouraged to attend. Participants will receive coffee and biscuits along with their class materials. Pajamas, hair rollers, pin curls, and bedhead are all welcomed.

To register for Savvy Caregiver, call 1-800-639-1553.

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In her free time, Fran enjoys spending time with her family & friends and her pride & joy is her grandson, Caiden.



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Newsmakers, Names & Faces

Gorham Regular Town Council Meeting Minutes, July 5, 2022

GORHAM,

(July 8, 2022) – The following are minutes from the July 5, 2022 Regular Town Council Meeting: Open Public Com-

ME

munications

Kristen Tugman, 49 Valley View Drive announced a new mental health initiative that she is starting in the community to raise awareness, reduce stigma and improve access to care.

Mike Chabot, 17 Morrill Avenue thanked the Council for considering updating the Robie Park Master Plan, which is on the agenda.

Councilor Communications

Councilor Kuech attended the 2022 Build Maine Conference on June 9th in Skowhegan with several other town employees, where they learned about planning downtown areas, revitalizing historic buildings and fostering civic pride. They toured the former Somerset County jail that has been transformed into a gristmill and incubator space for local entrepreneurs. Gorham sponsored a booth to help promote our Industrial Park.

On June 16th, Councilor Kuech attended the EcoMaine annual meeting where Tina Ruel of Gorham received an Eco-Excellence award for developing the Gorham Cleans Up group which twice a year, gets together to clean up the Town in a community wide effort.

She also attended the Little Rams Committee meeting on June 16th where they are continuing to work on their draft report.

She attended the Baxter Memorial Library Spring into Summer event on June 21st and assisted in making snow cones and popcorn. She reported that the Bee and Butterfly Discovery Garden is now officially open. Artisans at 18 South Street on June 28th. She encourages everyone to stop by and enjoy the beautiful Made in Maine gifts they offer.

Finally, Councilor Kuech recognized Cindy Hazelton and her staff during July 2022 Parks & Recreation Month as they help promote strong healthy and resilient communities.

Councilor Wilder Cross pointed out the beautiful flower pots around the village set up by the Gorham Village Alliance.

She attended the GPCOG meeting where they addressed transitional housing for refugees. She noted that GPCOG is not providing housing but is working along with officials to get it done. They also discussed the ongoing plan to expand public transportation.

Councilor Phillips announced that the Farmers Market at Cherry Hill Farms is open on Wednesdays from 2-6pm.

She reported that the Finance Committee met and discussed the Town's debt to income ratio. They will meet again on July 18th to finalize the findings to bring to the August Council meeting. She also reported that the May financials all looked favorable and they discussed the ARPA funds that are being disbursed by the Town.

Councilor Hartwell reported that the Ordinance Committee met on June 21st and discussed recreation impact fees and adding trail easements. They also discussed growth caps in rural zones and the LD 2003 housing bill, where they are hoping to have a workshop to discuss these issues further.

Chairman Pratt announced that the Jetports main runway opened early and is now back up and running which should decrease the jet traffic over Gorham. He attended the GEDC meeting on June 15 where they had a presentation from Dave Golden on his business Rustic Taps and Catering. He praised Dave for being a great business model in Town.

As always, Chairman Pratt encouraged residents to give blood if they can.

Town Manager Report

Town Manager Paraschak pointed out that the food truck event at Little Falls Rec Center started June 30th and will be there every Thursday from 4-8pm. They are hoping to expand in the future. He reminded citizens that the Town wide reval is still going on but should be wrapping up next month.

He also encouraged eligible citizens to apply for the Senior Property Tax Rebate program which is offered to people over 65 years old. An application can be obtained at the Town Clerk's Office and must be returned by August 1st.

Department Manager's Report

Chief Sanborn reported the following:

The Gorham Police Department consists of 26 sworn full time police officers, 2 sworn part time police officers, 2 non-sworn office staff and 1 part-time animal control officer. Currently the Police Department has two (2) full time and two (2) part time police officer positions vacant.

The Police Department recently had one (1) officer graduate from the M.C.J.A. B.L.E.T.P. and currently has one (1) officer waiting to attend. Dispatching services are provided by a contractual agreement with the Cumberland County Regional Communications Center. The Police Department is responsible for enforcing federal, state and local laws and ordinances thereby providing a safe community for its residents and calls for service, had 5,365 self-initiated calls for service, made 3,773 traffic stops, made 26 arrests. issued 302 criminal/civil summonses, issued 778 VSAC summonses and warnings and 41 parking tickets. The Police Department investigated 118 disturbance complaints, 49 domestic complaints, 80 mental health related complaints, 46 drug related complaints, 4 drug overdoses, 1 drug overdose death, 9 deaths total, 70 thefts, 499 traffic crashes, 2 traffic fatalities and 546 animal complaints. The Detective Division investigated a total of 223 cases.

The Police Department is responsible for investigating all violations of law, sometimes assisting other law enforcement agencies with their investigations, and either arresting or summonsing the violators to appear in court. The officers then prepare detailed investigative reports, reviewing them with the District Attorney's Office in order to prepare for court hearings. The most demanding calls for service the Police Department handles are mental health related complaints, drug and substance abuse related complaints, domestic complaints, and traffic related complaints and crashes.

The addition of a shared mental health substance abuse liaison position between the Gorham and Windham Police Department will certainly be helpful in addressing some of this work load and better serving both communities.

The Gorham Police Department has received three (3) enforcement grants through the Maine Bureau of Highway Safety to assist with traffic related complaints and hopefully reduce crashes. The Police Department received a Distracted Driving grant in the amount of \$15,900.00, an Impaired Driving (O.U.I. Enforcement) grant in the amount of \$21,000.00 and a Speed Enforcement grant in the amount of \$5,800.00.

The grants run through the end of September 2022 and are based off crash data.

The Police Department partners with the Gorham School Department to provide three (3) School Resource Officers who work full-time in the schools. These officers provide instruction as well as handle any issues requiring police services. This partnership has proven over the years to be a valuable resource to both the School Department and Police Department. It has enhanced the Police Department's relationships with both the faculty and student body within the School Department.

Most recently, the School Resource Officers assisted with Gorham High School graduation and the parade on June 12th. The Police Department established a Volunteers in Police Services program three years ago after partnering with the Cumberland County Sheriff's Department Volunteers in Police Services program for several years. The program utilizes volunteer citizens to assist the Police Department with non-law enforcement activities such as house checks, business checks, area checks, traffic control and general visibility for the Department and V.I.P.S. program.

The Volunteers in Police Services program donated 2,128 hours of time to the Town of Gorham. Using the nationally recognized figure of \$28.54 an hour for volunteers, this equates to a benefit to the Town of Gorham of \$60,733.12 annually. This program is an invaluable resource to augment our services to the community.

The Police Department continues to hold a local Citizens Police Academy annually. This program is a great success. It has been a positive experience for both the participants and the members of the Gorham Police Department. It also provided a feeder program for the V.I.P.S. program. The next Citizens Police Academy will begin September 14th and will run for ten (10) weeks. Anyone interested should contact Sergeant Ted Hatch.

The Police Department also partners with the Westbrook and Windham Police Departments with a TRIAD program that works with our senior population to help address issues that they have identified as concerns for them, as well as providing a forum for interactive socialization amongst the senior population that participate in the program from all three (3) communities.

The Police Department has established a Police Explorer Program, Post 270. This program is for individuals 14 to 21 years of age that are interested in the law enforcement profession. They will learn about the profession and be utilized for similar non-law enforcement related activities as the Volunteers in Police Services Program. We currently have six (6) members and meetings will begin this summer. Anyone interested in this program should contact Officer Aaron Erickson.

The Police Department recently participated in Camp Post Card the week of June 17th. Two (2) Gorham Police Officers were assigned as camp *See* **Minutes**, *page 11*



Councilor Kuech also attended the ribbon cutting ceremony for Maine Micro GEDC meeting on June 15

visitors.

The officers responded to approximately 13,315 amon

Gorham WEEKLY

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Seniors Not Acting Their Age **Kayaking with the Sturgeons**



Paddlers begin a trip down the Kennebec River in Sydney



Two kayakers watch for Sturgeons while Paddlers approach ancient logging booms paddling the Kennebec River

By Ron Chase

Page 4

(July 3, 2022) --When our friends Lori La-Rochelle and Brent Elwell invited us to join them for a kayak paddle on the Kennebec River between Sydney and Chelsea, my wife, Nancy, and I readily accepted. Veterans of previous trips on that delightful section of river, we knew it would be an enjoyable outing.

The lower Kennebec is a special place for us. We grew up along its banks in Gardiner and Randolph.

Much has changed on the Kennebec since we were kids. Back then, the river was a drainage system for municipal sewerage and commercial waste. In the two decades after 1970, wastewater treatment facilities were constructed to clean up the river. On July 1, 1999, the Edwards Dam at the head of tide in Augusta was removed. The river between the former dam and Waterville rebounded. Sturgeon along with other species of fish burgeoned in



near Sevenmile Island on the Kennebec River

numbers and began migrating farther upstream. Fish eating birds, especially eagles, followed.

The Kennebec is a historic body of water. My Wabanaki ancestors were living in several villages along the river when European settlers arrived in the 17th Century. In 1754, Fort Western was built in present day Augusta during the French and Indian Wars. Benedict Arnold began his ill-fated expedition to Quebec at Pittston in 1775. The and pulpwood downstream for generations. The log drives ended in the 1970s but remnants of that era remain, particularly the ubiquitous logging booms scattered along the river.

Lori and Brent assembled a small group of friends and family for the excursion. Everyone qualified as a senior but, as usual. I was the ancient mariner. All were experienced kayakers. Unfortunately, Brent was called away.

The Kennebec River between Sydney and Chelsea is predominantly quick water, but there are a couple of short sections of ripples that could be rated easy Class I/II whitewater at some levels. Read about exciting tales of Class IV rapids on the upper Kennebec and whitewater adventures on several other Maine rivers and streams in my book Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine.

Seven of us launched at the boat landing at the end of Recreation Drive in Sydney where there is adequate parking and a quality ramp. We departed paddling a variety of solo kayaks; Nancy and I used our flatwater Casco 120s.

One of the first things to impress paddlers on the Kennebec between Waterville and Augusta is the undeveloped shoreline. Very few buildings or residences can be observed from the

river was used to float logs river giving it a wilderness character. Wildlife abounds. During our voyage we enjoyed multiple sightings of eagles, hawks, herons, ospreys, ducks, and other birds. On several occasions we witnessed eagles diving into the water after fish.

However, the most impressive and stimulating sightings were dozens of leaping sturgeons. They were prevalent when we entered the river and continued throughout our ten mile journey. The outwardly primitive fish, many five to seven feet in length, would blast up completely clear of the water, and land with an explosive crash. Some were close enough to splash us when reentering. Despite determined attempts by several in our group, no one was able to capture their stupendous flights on camera

After a few miles, the river narrowed and a series of archaic logging booms announced our arrival at Sevenmile Island. A rocky beach on the southern end provided an excellent location to stop for lunch and relaxation.

As we approached Augusta, the towering Route 3 Bridge materialized on the horizon high above the river. Beyond, the distinctive dome on the State of Maine capitol building could be observed. Soon after, we passed remnants of Edwards Dam and paddled under the rusted remains of a no longer operating railroad bridge.

An outgoing tide increased the downstream current and leaping sturgeons were more plentiful as we entered Augusta and passed beneath the Augusta Bridge, oldest of three operating river bridges in the city. Fort Western appeared on the left bank and the buildings of downtown Augusta on the right. Next, we paddled under the lofty Memorial Bridge and soon observed granite structures on the left that were once the Augusta Mental Health Institute and Kennebec Arsenal. Tales of hidden tunnels and chilling stories of secret burials haunt the old buildings.

A short distance downriver and opposite the town of Hallowell, we ended our excursion at the Butternut Park Boat Landing in Chelsea. Sturgeons were still jumping.

Ron Chase resides in Topsham. His latest book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is available at https://www.northcountrypress.com/maine-al-fresco. html or in bookstores and through online distributors. His previous books are "The Great Mars Hill Bank Robbery" and "Mountains for Mortals - New England." Visit his website at www.ronchaseoutdoors. com or he can be reached at ronchaseoutdoors@comcast.net.

Maine-ly Harmony Women's Chorus Performs Barbershop

AUGUSTA, ME (July 6, 2022) -- Maine-ly Harmony women's barbershop chorus were happy to perform for the veterans at the Maine Veterans Home in Augusta on June 29th. Thanks to the good weather they could perform outside, insuring the welfare of the residents. However

the usual interaction with the veterans following the concert which is enjoyed by everyone was not yet possible. Hopefully future performances will not require Covid-based restrictions

The chorus members look forward to resuming their performance schedule as the year progresses, including their annual yard sale Friday and Saturday, July 15 and 16, from 9 to 3, at Fred and Linda Davis' Hill Gardens on Rt. 3 where blooms and singing abound, and "Singing Together Again", a blockbuster performance of barbershop music performed by Maine-ly Harmony and the Nor'easters barbershop men chorus at the South Congregational Parish Church, Saturday, September 17, at 2 p.m.

For more information, contact Lea Davis at 207-622-1273 or Nancie Hugenbruch at hugabook4@yahoo.com



Photo courtesy of Bob Staples



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25th International Film Festival Honors Actor Debra Winger

WATERVILLE, ME (July 1, 2022) -The Maine International Film Festival (MIFF) will present its annual MidLife Achievement Award to actor Debra Winger at a special ceremony held at the Waterville Opera House on Friday, July 15, following a special 35mm screening of "A Dangerous Woman," for which she received a Golden Globe nomination

Best known as an Academy Award nominee for her work in "An Officer and a Gentleman," "Terms of Endearment," and "Shadowlands," Winger has had a stellar acting career, working in a wide variety of genres with directors including Bernardo Bertolucci, Jonathan Demme, James L.

Brooks, Bob Rafelson, and James Bridges.

"We're tremendously excited to have Debra join us at the festival this year, and to have the chance to showcase the wide diversity of films that she's given great performances in," said MIFF programming director Ken Eisen.

Winger played Diana Prince's younger sister in the television series "Wonder Woman" before appearing opposite John Travolta in her first major film, "Urban Cowboy," for which she earned BAFTA and Golden Globe nominations. Winger continued to rise to stardom throughout the 1980s and early 1990s, winning a National Society of Film Critics Award for Best Actress for "Terms of Endearment" and a second BAFTA nomination for "Shadowlands."

Other accolades followed, including National Society of Film Critics Award nominations for "Everybody Wins" and "The Sheltering Sky" and a Golden Globe nomination for "A Dangerous Woman," costarring 2016 MIFF Mid-Life Achievement Award honoree Gabriel Byrne.

After an acting hiatus in the late 1990s, Winger returned to acting, giving acclaimed performances in "Dawn Anna," "Rachel Getting Married," "Law &



Order," and "The Ranch."

The Mid-Life Achievement Award presentation will be followed by a party in Winger's honor at Front & Main, 9 Main Street, Waterville. Admission to the party will be limited to ticket purchasers of the screening and festival pass holders.

Winger will be in Waterville for several days of the Festival for screenings of "Mike's Murder," "The Lovers," and "The Sheltering Sky."

"As we celebrate an incredible MIFF milestone this year - our 25th anniversary - we could not have asked for a more influential and adored special guest than Debra, whose groundbreaking career has made such an impact on American cinema," said Maine Film Center Executive Director Mike Perreault.

Festival passes are now on sale at MIFF.org. The complete MIFF program will be announced on June 10, when tickets will also be made available for purchase online.

Nominations Accepted for Lifetime Achievement Award

MAINE, STATE-WIDE (July 6, 2022) Maine Department of Inland Fisheries and Wildlife is now accepting nominations for the 2022 Annual Lifetime Outdoor Achievement Award. This award, which is presented by Maine Department of Inland Fisheries and Wild-

life, honors individuals of 40 years. For example, who are dedicated to the stewardship and wise use of our natural resources, and who have been or are active in Maine's rich outdoor traditions.

To be eligible, nominees must have hunted, trapped and fished in Maine for a combined total

to meet that requirement an individual may have fished for 20 years, trapped for 10 years and hunted for 10 years; or could have fished for 30 years and hunted for 10 years. Ideal candidates would also be active in mentoring, teaching, or instructing outdoor

activities

Nominations should include the nominees name, address, phone number, photograph and a few paragraphs about the individual, their experience in the Maine outdoors, and an explanation of why they are a deserving candidate. Please keep in mind that we do not know these candidates so it is important that you tell us about the nominee

with a few paragraphs. The nominators contact information should also be included.

Nominations, which are due by 5 p.m. on August 5, 2022 can be sent by email to Emily Mac-Cabe at Emily.MacCabe@ maine.gov or by mail to 353 Water St, SHS 41, Augusta, Maine 04333. Nomination forms can be downloaded at mefishwildlife.com

The recipient(s) of this year's Lifetime Outdoor Achievement Award will be selected by a committee of individuals from the Department and will be recognized at the Sportsman's Alliance of Maine Annual Banquet this September.

Access the form at https://www.maine.gov/ ifw/docs/LifetimeOutdoorAchievementAward. pdf

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Entertainment

Gorham Cheering for Youth, PreK-8 Accepting Registrations

GORHAM, ME (June 29, 2022) — Gorham Youth Cheering, entering their 4th year here in Gorham, Maine, is getting ready for another wonderful Fall season to cheer on the Junior Rams youth football teams.

"It's so exciting to see the growth of this program over the last three years, even with Covid forcing us to get creative following our first season when there was NO football to cheer for. These dedicated cheerleaders have added some extra spirit to the games and each year gets bigger and better," said Amy Starr, President, and Co-Founder of the program.

Gorham youth/residents in grades 1st-8th are eligible to participate in GYC for Fall Cheering, with an addition of Intro to GYC for Grades Pre-K and K. Cheerleaders learn sideline cheering, jumps, motions, basic stunting, dance and a halftime routine.

Gorham Youth Cheering will be at many of Gorham Youth Football's home games this fall and is looking forward to participating in special events with the Gorham High School Cheerleaders to support Gorham's high school players.

Registration is open until July 31st and more information can be found by visiting www.gorhamyouthcheering.org.

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1567 Lisbon Street Lewiston, ME 207-777-6353 -- 207-777-6354 INDOOR SEATING - TAKE OUT Open Daily 11am - 9pm

Monmouth Community Players Announce Lightning Thief Cast



The cast of "The Lighting Thief" - Front: Samantha Melquist, Kathryn Ross, Scotty Venable, Hannah Hanson, Madison Doughty (no longer in cast), Josie French and Valerie Sanborn; Back: Henry Quintal, Amy Griswold, Ken Mansur, Talon Moody and Julie Sanborn; Not pictured: **Megan Hopper**

MONMOUTH, ME (July 1, 2022) -- The Monmouth Community Players, along with Marquis Sponsor, Monmouth Federal Credit Union, welcome you to experience the marriage of Greek Mythology, teen angst, and acceptance of one's differences in The Lightning Thief - A Percy Jackson Musical. At the helm of this production are Mary Melquist as Director and Courtney Babbidge as Music Director. Rounding out the team are Hannah Hanson as Lighting Designer, Kyle Mansur as crew, Kayla Newmeyer as Props and Sound Mistress, Caroline White as Stage Manager, Dorothy Giroux-Pare as assistant stage manager, Nancy Kenneally as Costumer with assistance from Ann Fairchild, Emily Kalafarski as House Manager and Josie French as Producer.

The action-packed musical adventure, with book by Joe Tracz and music and lyrics by Rob Rokicki, weaves a complex tale around the young protagonist Percy Jackson (Scotty Venable) - a post-modern tween with a loving mother and absentee father, ADHD and dyslexia, few friends and multiple expulsions from school, who has a hard time fitting in and being "normal." After it's revealed to him that "normal is a myth" and he's really a demi-god (half human and half god), he is sent to

Camp Half-Blood, where he spends the summer with other kids like him. Percy then discovers that he is the progeny of his mortal mother and Poseidon (Ken Mansur), and embarks on a visionary "Killer Quest," accompanied by Annabeth (Samantha Melquist), daughter of Athena, and Grover (Kathryn Ross), his BFF and a satyr, to avert a war between the gods by recovering the lightning bolt stolen from Zeus, while battling monsters and other obstacles along the way.

A cast of twelve assumes the guises of 47 characters in an epic slugfest of good versus evil and coming of age conquering adolescent angst, including: Scotty Venable of Minot; Samantha Melquist of Bath; Kathryn Ross of Gardiner; Josie French of Lewiston; Ken Mansur of Auburn; Henry Quintal of Augusta; Amy Griswold of Winthrop; Valerie Sanborn of Gray; Julie Sanborn of Farmington; Talon Moody of Richmond; Hannah Hanson of Waterville; and Megan Hopper of Sidney.

Young audiences familiar with the best-selling books will be delighted to see their favorite characters brought to life on stage with dazzling special effects in this creative family-friendly production of The Lightning Thief. If you're an adult who's new to the kid-centric subject, you will have the opportunity to see what all their enthusiasm is about, while revisiting the growing pains of youth and using your imagination to recap-

ture a childlike sense of fantasy and wonderment.

The Lightning Thief will play at Oak Hill High School in Wales July 14 -24, 2022. Performances will be at 7:30pm on 7/14-16, 7/21 and 7/22, and mat-

inee 2pm shows on 7/17, and 7/23-24. Presented through special arrangement by Concord Theatricals. Please be aware that strobing effects will be used in this performance. For more information, or

to purchase tickets, please feel free to email the theater at mcpboxoffice@ gmail.com, call them at (207)370-9566, or purchase tickets online at www.monmouthcommunityplayers.org.

St. Dom's Academy Boys' Hockey Program Annual Golf Tournament Friday, August 12th, 2022



Fox Ridge Golf Course in Auburn, Maine Friday, August 12th, 2022 Registration begins at 8:00 a.m. with a Shotgun Start at 9:00 a.m.

\$100/player or \$400/team.

Ph Ma	am Name: one Number: ailing Address: nail Address:		
Captain: Name: Name: Name:		Handicap: Handicap: Handicap: Handicap:	
	Team Entry Fee: Hole Sponsor: (\$100) Mulligans: (\$10, max two per player) Total Amount Enclosed	\$400 \$ \$ \$	

If you have any questions or want to volunteer, please contact either:

Coach Dan at 207-240-3015 or ddauteuil@sta-law.com

Registration forms and checks payable to St. Dom's Academy can be mailed to:

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Get To Know Your 'Pee-Shed' in Downtown Portland







PORTLAND, ME (July 8, 2022) -- Please join Portland Downtown and Portland Society for Architecture for walks and talks on 7/13, 7/20 and 7/27, about the very nature of feeling welcome in our city - as a resident or visitor, of any age and background: getting to know your pee-

shed.

Throughout downtown we will explore the accessibility and frequency of public restrooms; we will look at the pilot project instituted by the city, and talk about other cities and their strategies for addressing the most basic need we all have.

This is the begin-



ning of an ongoing project, in partnership with Portland Downtown. For more background, please review the recording here https://www.youtube.com/ watch?v=9tJoEVHnrdw of a meeting held earlier this spring.

Come with an open mind and a full bladder!





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Goodwill Invests \$100,000 into Nonprofits

GORHAM, ME (July 7, 2022) — Goodwill is investing \$100,000 in local nonprofits to expand its impact. This will speed up Goodwill's 10-year goal to move 10,000 people into stability. Goodwill will issue gift cards to local food banks, shelters, and others for the people they serve. New nonprofit partners this year include The Hospitality House (Knox County Homeless Coalitions' extended stay family shelter) and In Her Presence, which supports immigrant women with immediate needs, parenting support and more ---each receiving thousands of dollars in Goodwill gift cards, which they can give to their clients in need.

"We know when someone needs food or shelter, they need other support too – including Goodwill's workforce services, which offers free career training and job placements," said Barbara Sawyer, Volunteer & Community Partner Manager. "Goodwill moved more than 5,000 people into personal stability in the last five years through our healthcare and employment programs, but we know other nonprofits are helping people in just as much need in other ways. If we can support their work, we'll help more people faster."

This year's investment is more than double last year's, and is the most generous in Goodwill's history.

"Goodwill's leadership and generosity with this effort is inspiring. Yet, it's not surprising to see nonprofits supporting one another," said Jennifer Hutchins, Executive Director, Maine Association of Nonprofits. "It's what nonprofits do when they're at their best. They collaborate,



partners include:

Bangor area.

Bangor Housing Au-

thority – Bangor Housing

provides housing for low

to moderate-income house-

holds. They operate 741

affordable and market-rate

apartments in the greater

Bank — Good Shepherd

distributes millions of

meals to Mainers in need.

Good Shepherd partners

with more than 500 local

organizations - food pan-

Good Shepherd Food

innovate and build on each other's strengths to address complex issues in our communities."

The Partner Stability Fund is possible because of generous donors, corporate partners and shoppers at Goodwill stores who "round up" at the cash register. The program replaces an old paper voucher system, and replaces it with new gift cards for customer ease and dignity.

This year's nonprofit

tries, meal sites, schools and more.

Hospitality House new partner: The Hospitality House is Knox County Homeless Coalitions' extended stay family shelter. The shelter provides a temporary home for up to 22 people, half of whom are usually children.

In Her Presence new partner: This nonprofit is for and by Immigrant women and their families. Programs center around English, job readiness, career exploration and education, wellbeing, childcare and parenting support, immediate needs (food, shelter, clothing) and community engagement.

PENQUIS — Penquis works to alleviate and eliminate the causes and conditions of poverty. Penquis serves low and moderate-income people in Penobscot, Piscataquis and Knox counties.

Goodwill Northern New England is a nonprofit social enterprise in Maine, New Hampshire and Vermont. Our revenues fund our mission to invest in people who need support to achieve their work and life goals. Goodwill NNE's programs include workforce training programs, 22 group homes that support adults with disabilities, active community supports for adults with disabilities, AmeriCorps programs, business-cleaning services, and Goodwill NNE operates two brain injury clinics to help people get back to their lives after a brain injury. Of course, our stores also embody our mission to support the Earth through re-use, while offering good jobs and free supports to all sorts of people. For more information visit Goodwill-NNE.org.

UMaine Extension Hosts Pressure Canning Class July 21



PRESQUE ISLE, **ME (July 8, 2022)** — University of Maine Cooperative Extension will hold a hands-on class to discuss and demonstrate pressure canning basics 6–9 p.m. July 21 at the UMaine Extension office, 57 Houlton Road, Presque Isle. Lisa Fishman, Extension nutrition education and food safety professional, will lead the class.

The \$15 fee includes all supplies. Registration is required, and can be done on the event webpage. For more information or to request a reasonable accommodation, contact Sharon

Paradis, 207.834.3905, 800.287.1421 (in Maine);

sharon.paradis@maine. edu.



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Free STEM Course Offered to High School Students at UMaine

ORONO, ME (July 1, 2022) — Registration is open for an innovative four-week college STEM research course for qualified high school students (rising 11th–12th grade) offered by the University of Maine, July 18–August 11 in Orono. Sections of this course are offered at the UMaine Hutchinson Center and UMaine Machias on the same dates.

Introduction to Integrated Science and Career Exploration (INT 188) will meet on Tuesdays, Wednesdays and Thursdays from 9 a.m.–1 p.m. High school students will earn three college credits upon completion of the course.

Early College is a partnership between the University of Maine System and the Maine Department of Education, supported by the Legislature. Early College classes are offered tuition free for qualified high school students. Students who pay to attend high school in Maine, including outof-state and international students, will be charged a reduced Early College rate.

This innovative course with a low student-teacher ratio provides a unique summer opportunity for students in midcoast Maine who are interested in exploring STEM-related careers



and engaging in a research project. Thirty percent of class time will be spent outdoors doing fieldwork, with the remainder spent in the classroom and lab.

INT 188 is designed to introduce high school students to higher education and careers in science, technology, engineering and mathematics. The course includes lecture and laboratory instruction in data collection and analysis, experimental design, measuring and graphic techniques, scientific writing and evidence-based thinking.

"I know I wouldn't have made it as far as I did this year if it weren't for the experience I received in the class. I learned so much about scientific research in a very short period of time," says Ruth Havener, who took INT 188 in 2021 and recently won a full tuition scholarship to UMaine at the Maine State Science Fair for her research on extracting microplastics from blue mussels.

Students will participate in group work, a research project in environmental biology, a career-planning assignment focusing on STEM fields, career exploration experiences and a final research symposium on August 11. In previous years, INT 188 students have used this opportunity to research local environmental issues, such as the impact of the presence of microplastics in the bay.

Instructor Torey Bowser works with early undergraduate students in the Marine Science department at UMaine. Her classes focus on data literacy and fundamental research skills. Boswer holds a Masters of Marine Biology from the University of Maine's School of Marine Science. Her research was focused on heavy metal impacts on fish behavior. Outside of teaching, she endeavors to bring together art and science, working with groups on campus to design creative logos for labs, projects and symposiums.

To register, visit umaine.edu/earlycollege/ courses/summer-courses/ int188/. For more information about the course content contact Chris Tremblay, 338.8038; christopher.james.tremblay@maine.edu.

Beguilement & Identity Theft Run Rampant in Amphitryon at TAM



MONMOUTH,

ME (July 8, 2022) --Theater at Monmouth opens Amphitryon, adapted by Molière, as part of the It's Greek (and Roman) to ME! Season. Amphitryon is an uproarious comedy about seduction, confusion, and stolen identity. Jupiter, the king of the gods, is obsessed with a mortal woman, Alcmena. To woo her, he assumes the bodily form of her husband Amphitryon. When the real Amphitryon returns home victorious from the Theban

War, he finds his conquering hero welcome has been usurped by another...him. The blend of high comedy and slapstick that follows unlocks a Pandora's box of ideas about love, marriage, and power. Will you allow yourself to be entranced by Jupiter's charm? Discover the answer Thursday, July 14 at 7:30 PM through Friday, August 19 including matinee and evening performances on both weekdays and weekends.

Though full of shenanigans slated to cause





raucous laughter, Amphitryon also points his arrow at the psychology of the self. Director Carol Ann Tan asks "Who gets to define who a person really is? And is there actually an essential, objective truth to the person you actually are?" With those questions in mind, Tan says the show "wrestles with deeper questions concerning the construction of the self-questions which still feel relevant today, when social media and the like have offered us numerous opportunities to construct and reconstruct our public images." Tan's analysis doesn't stop at humans. She also explores Moliere's interpretation of the Greek gods, saying

"Molière pulls no punches, indicting the gods' divine senses of superiority and entitlement as equally worthy of mockery."

Amphitryon features Erin Amlicke as Jupiter, Trezure Coles as Alcmena/Polidas, Joey Dolan as Naucrates, Rebecca Ho as Night/Argatiphontidas, Caitlin Ort as Cleanthis, Roberto Perez* as Sosia, Jamie Saunders as Mercurv. and Michael Dix Thomas* as Amphitryon. Directed by Carol Ann Tan; Set Design by German Cardenas Alaminos, Lighting Design by Jen Fok, Costume Design by Michelle Handley, Sound Design by Rew Tippin, and Fight/ Intimacy/ and Movement Direction by Lorraine Slone. Stage Management by Ingrid Pierson*, Assistant Stage Management by Zane Alcorn*, Stage Management Intern Sophie Equity Association, the union of professional actors and stage managers in the United States.

Performance Calendar: PREVIEW 7/14 at 7:30 p.m.; OPENING 7/15 at 7:30 p.m.; additional performance dates 7/23, 8/3, 8/9, at 7:30 p.m., 8/7 at 7:00 p.m., 8/10, 8/14, 8/19 at 1:00 p.m.

Audience Engagement Programs

Post-Performance Discussions. Join us on selected weekend evening performances for Post-Performance Discussions with the cast and creative team. Discuss the critical historical, artistic, and cultural perspectives of the worlds of each individual play. Post-Performance Discussions will take place on the following dates: Saturday July 9, following the performance of Lysistrata, Sunday July 24, following the performance of Antony + Cleopatra, Sunday July 31, following the performance of Comedy of Errors, Sunday, August 7, following the performance of Amphitryon, Sunday August 14, following the performance of Eurydice.

Tickets, Subscriptions, and Ways to Save. A TAM subscription offers savings and exclusive Gold, Flex, General, or Senior Passes are available for purchase, so whether you want a ticket for each show or five tickets to one show, there's an option for you. Single tickets for the Summer Repertory and Fall Play are \$37 for adults, \$32 for senior citizens, and \$23 for students (18 and under). Family Show tickets are \$18 for adults, \$13 for children.

Opening Nights are Educator Nights. Educators receive 20% off the general ticket price with a valid photo ID at the Box Office.

Under 30 Rush Tickets. For patrons under 30, \$10 Rush Tickets are available for up to 20 audience members at each performance in the season excluding the Family Show and Special Events. Contact the Box Office by email boxoffice@theateratmonmouth.org or by calling 207.933.9999 after 11 a.m. on the day of the show. Requests made before the Box Office is open will not be processed.

For calendar and reservations, please contact the TAM Box Office at 207.933.9999 or visit www.theateratmonmouth.org.

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Minutes

Continued from page 3 counselors and took four (4) Gorham students to Camp Post Card to enjoy fishing, hiking, swimming, archery and arts and crafts. The Police Department assigned three (3) Officers to take twelve (12) Gorham Middle School students on a four (4) day outward bound rafting trip on June 27th. The Police Department will be hosting two (2) week long Camp 911 Programs this summer.

The first week begins July 11th for grades 3rd through 5th. The second week begins August 15th for grades 6th through 8th. Each week has fifteen (15) participants. This is a program that is done jointly with the Gorham Fire Department. It provides the participants with an over-

view of all aspects of public safety. This program is very well received and helps to fund other community programs for the youth, such as the outward bound rafting trip.

The Police Department also has an Autism Program, Awareness where residents can provide photographs and information on individuals who have autism so that information can be entered into a data base in the event that an Officer receives a call involving that individual.

Finally, the Gorham Police Department is proud of the fact that for the fourth consecutive year, Gorham made the Top Ten (10) Safest Community list in Maine. The Gorham Police Department works diligently to provide a quality community policing law enforcement service to the citizens we serve and to keep Gorham a safe place to live, work in and visit.

School Committee Report

The Maine Department of Education awarded Gorham Schools \$250,000 over two years to pay for the expansion of our Extended Learning Opportunities (ELO) program. This grant will allow us to add an ELO instructor at GHS whose sole focus will be to expand our semester long and yearlong internship programs. This position will also assist in developing additional pre apprentice and apprentice programs. We are excited about the opportunities these funds will give us over the next few years! We have a lot of work going on in our schools this summer! This is always a

busy time for maintenance folks. Here is a short list of major work that is happening: 1. GMS HVAC system work (have been some delays due to supply chain issues); 2. GHS bleacher replacement and floor refurnishing; 3. Work to finalize field lighting and sound systems; 4. Moving furniture to consolidate use of storage containers; and 5. Bringing on a new custodial services company (Benchmark will be replacing GDI).

In related news, the Gorham School district as well as the municipal building will be moving from GDI to Benchmark for our custodial services. We are excited for the opportunities that this new

relationship will have. Benchmark officially started on July 1, 2022. They will ramp up their services in preparation for the opening of school this fall! Summer months are still busy in central office!

We just recently worked to close our fiscal year and re-open a new one. We are currently hiring for positions and will likely do so during the summer as shifts are created and moves are made. Folks that are interested in open positions at the school should keep an eye on our website! Just go to "Human Resources" and click on "Employment Opportunities" and you will see a listing of all open positions in our school.

We will be working on developing transportation routes for the opening of school. Parents can expect that we will publish these routes and times in August via the website, parent email, and in the Gorham Times.

Re-open for all staff on August 24th-27th for staff development days.

The first day of school for students in grades 6th & 9th will be on August 30th and then the first day of school for other grades will be on August 31th. Kindergarten students will begin on September 2nd as we will spend the first few student days of school conducting kindergarten screening and making final placements for incoming students across schools.

We will resume our regular meetings in the month of August! Have a wonderful July.

UMaine Study Offers Model for Supporting College Students with Autism

ORONO, ME (June 6, 2022) -- A pilot study led by researchers at the University of Maine could lead to improved services for college students with autism. The study investigated the use of a social skills curriculum for students with Autism Spectrum Disorder (ASD) making the transition from high school to college. Although results were limited, the project included a partnership with the Maine Department of Labor's Division of Vo-

cational Rehabilitation (DVR) that may serve as a model for how state vocational rehab agencies and higher education institutions can work together to support college students on the autism spectrum.

The partnership and pilot study are detailed in a new journal article by University of Maine special education faculty members Sarah Howorth, Deborah Rooks-Ellis and Joshua Taylor, along with Alan Cobo-Lewis, associate

professor of psychology and director of UMaine's Center for Community Inclusion and Disability Studies (CCIDS), and Christine Moody from the Tarjan Center at the University of California, Los Angeles (UCLA) and the UCLA PEERS Clinic.

According to the Centers for Disease Control and Prevention, about one in 44 children in the United States have been diagnosed with ASD, a developmental disability that affects behavior, communication, interaction and learning. Approximately 49,000 students with ASD graduate from high school in the U.S. every year, and about 16,000 of them go on to college.

"Currently, traditional accommodations offered by post-secondary institutions (e.g., extended time on tests and note-takers) do not adequately address the needs of college students on the spectrum," the researchers note.

For instance, few supports are offered for the social communication challenges faced by college students with autism.

PEERS (Program for the Education and Enrichment of Relational Skills) is a social skills treatment for children and young adults with ASD developed by Elizabeth Laugeson at the UCLA Semel Institute for Neuroscience and Human Behavior. It includes training and practice sessions on communication

and interpersonal skills, such as how to start, maintain and exit conversations. Research has shown it to be an effective intervention for those on the spectrum, or with attention deficit/hyperactivity disorder, anxiety, depression and other social-emotional health conditions.

Previous research on PEERS has focused on its use in either school-based or clinical psychiatric settings. UMaine's study is See Autism, page 14





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Field Hockey Festival and Senior All-Star Game Held July 16

SACO, ME (July 8, 2022) -- The Maine Field Hockey Association's 13th Annual Maine Field Hockey Festival will take place on Saturday, July 16th at Thornton Academy in Saco, Maine.

31 high schools from across Maine will compete in 30-minute 7v7 games from 8:00 a.m.- and south. 4:45 p.m.!

The highlight of the day will be the McNally Senior All-Star game taking place on Dr. Paul S. Hill Jr. Stadium's turf at noon. Seniors who were named to the 2021 MFHA All-State team will face off representing the north

Pennsylvania-based Longstreth Sporting Goods will be on-site all day selling tons of field hockey apparel and equipment. Shoppers are asked to supply their own bags. Concessions will

also be available.

Admission for spec-



North Team

- 1 Eva Stevens, Mt. Blue High School
- **2** Aleshia Raymond, Foxcroft Academy
- **3** Bayley Casavant, Central High School
- **4** Madison Shorey, Belfast Area High School
- **5** Cecilia Miller, Lewiston High School
- 6 Reagan Seekins, Belfast Area High School
- Lauryn Brown, Orono High School
- 8 Madelyn Arsenault, Old Town High School 17 Leah Pushard, Gardiner Area High School
- **9** Ainsley Carr, Hermon High School
- **10** Francesca Caccamo, Messalonskee
- **11** Alaina Lambert, Winslow High School
- **12** Greta Marchildon, Mount Ararat High School
- 13 Lexi Thibodeau, Old Town High School
- 14 Grace Hall, Belfast Area High School
- **15** Gracie Moore, Maine Central Institute
- **16** Autumn Freeman, Mountain Valley
- **18** Rayna Barnard, Dexter Regional High School

North Team Coaches

Class A: Paula Doughty, Skowhegan Area High School Class B: Courtney Lanham, Old Town High School Class C: Nancy Hughes, Maine Central Institute

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tators is as follows and to Camp Sunshine, https:// proceeds will be donated

www.campsunshine.org/

\$5 for adults, \$3 for students, \$15 family.



CRCofWM Hires Cancer Resource Navigator, Barb Perry

NORWAY, ME

(July 5, 2022) -- The Cancer Resource Center of Western Maine (CRCof-WM) announced that they have hired Barb Perry, RN, Certified Health & Wellness Coach, on a part-time basis, to support cancer patients in Oxford county and surrounding towns with emotional. financial and other basic needs. Perry will team up with Oncology Social Worker, Stephanie LeBlond, LSW, another part-time member of the CRCofWM staff. Both positions are made possible via grant funding.

"We are excited to have Barb join our team," said Diane Madden, executive director of the Center, which was established in 2015 to provide free wellness and supportive resources to individuals and families in western Maine affected by cancer. "Barb's experience as clinician, and most recently in developing a cancer survivor program for Maine-Health, will not only benefit patients and families facing the daily physical, emotional and financial challenges of cancer, but will have a positive impact in advancing the Center's



Barb Perry, RN, Cancer Resource Navigator

mission to ensure that noone faces cancer alone." For over 20 years. Barb worked as a Nurse Practitioner in a number of

different settings with various populations. She then assisted in the development and management of Maine's State-wide Tobacco Treatment Training Program for health professionals; which is administered by MaineHealth. She went on to become certified as a Tobacco Treatment Specialist and managed both the inpatient Tobacco Treatment Program at Maine Medical Center and an outpatient clinic at MaineHealth. More recently, Barb managed the Cancer Survivorship Program for MaineHealth and was involved in a variety

of activities to improve comprehensive survivorship care and the overall quality of life for cancer survivors.

As a Certified Health and Wellness Coach, Barb has participated as a wellness provider in the Cancer Resource Center of Western Maine's Live Well Program since fall 2021, providing individual wellness coaching and offering the "Finding Your New Normal" class for patients who are or have recently completed treatment. Barb Perry, RN, Certified Health & Wellness Coach can be reached at 207-890-0205 or <u>bperry@crcofwm.org</u>









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tact Pamela Hargest, pa-

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Greene. Free admission!

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sawyer-foundation.com or

www.facebook.com/saw-

July 22

The

207.949.4524.

No registration is

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Page 14

May 4 and every Wednesday GORHAM

10:00am Weekly story time has resumed at the North Gorham Public Library! Storytime is open to children & their caregivers. Join us weekly for stories, songs and crafts every Wednesday at 10am. 2 Standish Neck Rd, Gorham ME.

July 12 – August 16 ZOOM -- -Living Well for Better Health workshop; Tuesdays July 12th-August 16th 9 am-11:30am Via Zoom. Registration required: contact kmills@seniorsplus. org 207 207 440-2390.

Living Well for Better Health is a free, self-management workshop where participants learn to better manage their chronic conditions so they can live healthier, more active lives.

July 15

GREENE -- Denny Breau performs on Friday, July 15th at 2 & 7 PM. The Araxine Wilkins Sawyer Memorial, 371 Sawyer Road, Greene. Free admission! FMI call 946-5311, visit sawyer-foundation.com or www.facebook.com/sawyer.foundation1937

July 16 WINDHAM -- 2nd

Annual St. Anthony of

Autism

Continued from page 11

the first time the program has been implemented by a state vocational rehab agency as pre-college or pre-employment transition support.

The collaboration between UMaine researchers and the state began in 2019, with the Step Up to College program. The five-week summer program led by the DVR is designed to help high school juniors and seniors on the spectrum who are interested in attending college gain skills and experience associated with postsecondary education success. In 2019, Howorth and Rooks-Ellis led an ab-



Send your submissions to the Editor. More online.

Padua Festival July 16, 2022, at Our Lady of Perpetual Help Church 919 Roosevelt Trail, Windham, Me. 8:00 am - 8:00 pm. A family-focused fun day on July 16th with Italian Foods, Grilled Specialties, Books, Jewelry, Knits, Knights of Columbus Yard Sale, Children's Games and Activities, Christmas in July Shoppe, Dolls, Music, and much, much more. July 15, 2022, a special Mass in honor of St. Anthony at 6:00 pm. with a procession to the St. Anthony the Shrine. Followed by a reception.

July 16 – August 27 ACROSS MAINE -- Mozart & Brahms Clarinet Quintets with Guests Mark Simons (clarinet) and Alexander Romanul (violin)

July 16, 7:30 pm Meetinghouse Arts, Freeport *

July 21, 7:30 pm Union Church, South Bristol *

July 22, 7:30 pm St. Paul's Union Chapel, Waldoboro *

July 23, 7:30 pm Ocean View Grange, Tenant's Harbor *

breviated and adapted ver-

sion of PEERS for Step Up

participants. The sessions

focused on conversational

skills, specifically starting

group conversations and

exiting group conversa-

chosen as they are the

foundation for a variety of

social interactions and rela-

tionships," the researchers

dicated that participants'

conversational skills did

improve as a result of the

PEERS seminars. But due

to the small number of stu-

dents in the 2019 Step Up

program and the abbrevi-

The pilot study in-

"These skills were

entering

conversations,

tions.

write.

July 24, 3:00 20pm Denmark Arts Center, Denmark, Maine (click gin link for tickets) ter

Bach Goldberg Variations arr. for string trio

August 14, 4 pm Surry Arts at the Barn, Surry (click link for tickets) August 18, 7:30 pm Robinhood Free Meetinghouse, Georgetown (click link for tickets)

August 20, 7:30 pm Ocean View Grange, Tenant's Harbor *

August 25, 7:30 pm Union Church, South Bristol *

August 26, 7:30 pm St. Paul's Union Chapel, Waldoboro * August 27, 7:30

pm Meetinghouse Arts, Freeport *

DaPonte String Quartet Foundation. https:// dapontequartet.org/ ; Ferdinand "Dino" Liva Phone - (207)751-4486,

Email giamuse@ comcast.net

July 20 - August 17 FALMOUTH -- University of Maine Extension staff and volunteers will lead a hands-on, interactive program to teach youth ages 9 and up how to grow and preserve the garden's harvest. The 4-H Kids Can Can program will be held from 9–11 a.m. on Wednesdays, July 20–Aug. 17.

Each session will begin in Extension's Tidewater Gardens in Falmouth where youth will harvest the fruits and vegetables needed to make jam, pickles, salsa and more. The program then moves to the UMaine Regional Learning Center Demo Kitchen where participants will prepare a batch of preserved foods. Each participant will take home a jar of preserves. Current 4-H enrollment is not required for participation.

The \$5 fee per child covers all classes. Register and find more details on the program page online. For more information or to request a reasonable accommodation, call 207.781.6099 or 800.287.1471 (in Maine).

July 21

FALMOUTH -- A Field Day at the University of Maine Cooperative Extension Gardens at Tidewater Farm in Falmouth will be held from 5–6:30 p.m., Thursday, July 21.

The free public event is an opportunity to learn about Tidewater Farm

> Myrtle Beach, South Carolina.

"The pilot study helped inform the telehealth PEERS groups that we provided when the Step Up program went virtual due to the pandemic," says Howorth. "It was viewed as a critical component to college success for individuals on the autism spectrum."

"The research also showed everyone involved with preemployment training, college support services and Step Up that there is a critical need to support the social communication needs of these students, as challenges in these areas are a defining feature of Autism Spectrum yer.foundation1937 July 23

GRAY -- First Congregational Church of Gray, Saturday night Bean Supper, on Saturday July 23, 2022, 5:00 P. M. At the Parish House, 5 Brown Street. Handicapped Accessible.

Reservations Required. Accepting only 50 reservations! Contact Carol at 650-9093 and let her know your name, phone number and how many are in your party. Cut off for reservations is July 20, 2022 at 2:00 P.M. Meals are single sized and are \$10.00 each. Please pay at the door.

The Menu includes: Baked Pea Beans, Red Hot Dogs, Biscuits, Variety of Casseroles and Salads, Assortment of Desserts, Cold Drinks and Hot Coffee.

Disorder," she adds. The researchers hope

to continue their investigation of in-person PEERS classes as part of the 2022 Step Up summer program to be held on the UMaine campus.

The pilot study was published in the journal Career Development and Transition for Exceptional Individuals, and is available online. It was funded by the Maine DVR through grants from the U.S. Department of Education and the Maine Developmental Disabilities Council, with additional funding from UMaine via U.S. Administration for Community Living grants.

Cabin fever got you down?



Qultivating

will lead a hands-on, interactive program to teach about T ated and adapted nature training of the PEERS sessions, a skills."

functional relation was not established demonstrating the effect of the treatment. The authors say further study is needed. The biggest implica-

tion of the pilot study was the partnership between UMaine and the DVR.

"This study, and its investigation of the PEERS curriculum as an educational transition service, adds new information on how PEERS may be used," the research team says. "Indeed, previous research has noted that college students with ASD have indicated that they need more specific university support and

training in interpersonal skills." In 2020, the Step Up

program, including the PEERS classes, moved to a virtual format due to the COVID-19 pandemic. Howorth collaborated with Maine DVR director Libby Stone-Sterling and UMaine CCIDS staff to create an online friendship bootcamp as part of the 2020 and 2021 Step Up programs. Howorth and Stone-Sterling recently presented on a research project looking at delivery of the PEERS curriculum via telehealth at the Council for Exceptional Children Division on Career Development and Transition conference in

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- George Smith, Bangor Daily News

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Flag Hill Distillery and Winery in Lee, NH - October 11, 2022 -Lunch at Warren's Lobster House in Kittery and an afternoon tour and tasting at Flag Hill Winery. Time for shopping after the tour. Price is \$83.00 per person which includes the bus and tip for the driver, lunch, and tour and tasting at the winery. Purchase tickets at the Lewiston Senior Citizens Office at 65 Central Avenue, Lewiston.

Ogunquit Playhouse for the play "CLUE" - October 16, 2022 - Clue is a fast paced hilarious whodunit comedy. After the show we will go to Cracker Barrel in South Portland for dinner on your own. The price is \$90.00 and includes bus, show and driver tip. Purchase tickets at the Lewiston Senior Citizens' offce at 65 Central Avenue.

Mackinac Island Trip - September 10-18, 2022 - Trip includes 9 davs and 8 nights - 14 meals - Guided tour of Mackinaw City - Guided Carriage Tour in Mackinac Island. Boat ride through the Soo Locks with free time and sightseeing in Sault Saint Marie, visit to Mackinaw Crossing and "Michigan's Little Bavaria" and much more. A \$75. deposit is due upon signing up. Price is \$899. pp double occupancy. Make checks out to Diamond Tours and mail to Claire Bilodeau.

White Mountain Hotel & Resort - December 4 - 5, 2022 - Trip includes 1 night lodging - 3 meals including the Grand Sunday Brunch. Two different entertainment shows, Austrian Sleigh Ride through Jackson Village with a Jingle Bell Chocolate Tour. Stop at the Christmas Tree Shop and Lunch at Polly's Pancake Parlor. A \$100 deposit is due upon signing. Price is \$369. pp double occupancy which includes tips.

For more information about any of our trips, please contact Claire Bilodeau (207)784-0302 or Cindy Boyd (207-345-9569.

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