

FREE CONSULTATION

Contact us for a free, no obligation 30-minute consult



(347) 621-0731

3015 MIDDLETOWN RD. BRONX, NY 10461 Same Day Service, Free Estimates, Pick Up & Delivery



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(718) 772-9094

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- FULLY RENOVATED, MODERN DESIGN BUILDING
- OFFERING OFFICES OF VARIOUS SIZES
- WE PROVIDE HIGH QUALITY OFFICES WITH **MANY SERVICES AND AMENITIES**
- OUR LOCATIONS ARE TAILORED TO ACCOMMODATE **SMALL BUSINESSES & FREELANCERS.**

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SINARTI 718-665-4000 **INFO@SINARTI.COM** 749 E 135TH ST. BRONX, NY 10454







**BLUE SPACE** 718-847-7400 INFO@HHOLDINGGROUP.COM 3030 MIDDLETOWN RD BRONX, NY 10461





**LOCAL DELIVERY** 'TIL 5:00PM CURBSIDE DELIVERY CALL OR FAX ORDER FOR CREDIT CARDS ACCEPTED

8-5



#### OUR

Not responsible for typographical errors. Some illustrations in this ad are for display purposes only and do not necessarily represent items on sale.

Sale items limited 1 per family unless otherwise noted. Items & prices effective in this store only.

ALE STARTS FRIDAY, JUL 15 THRU JUL 21

## St. Theresa School

Give your child a great start at St. Theresa School Private Pre-K 3 year old Program 5 full day or 5 ½ day session available.



Your child will be in a loving caring environment with an experienced Pre-K Teacher
Learn through play in our beautiful well lit air conditioned classroom
NYS Early Learn Curriculum, Pre-K Religion Program, Free Breakfast and Lunch
Call our school office for tuition information

718-792-3688

#### **CONTACT US FOR MORE INFORMATION**

### St. Theresa Elementary School

2872 St. Theresa Ave., Bronx, New York 10461
Telephone **718-792-3688**Visit our website at **sttheresaschoolbronx.org**Father Thomas Derivan, **PASTOR** | Mrs. Josephine Fanelli, **PRINCIPAL** 



1620 Crosby Ave Bronx, NY saintjosephsmedicalpractice.com

718-824-6161

Saint Joseph's Medical Practice, PC is pleased to announce this update about our multi-specialty medical practice at 1620 Crosby Avenue:



Internal Medicine: Dr. Ana Romeo is a compassionate physician and her goal is to provide the best medical care for our community! Dr. Romeo is certified by the American Osteopathic Association and brings her superior clinical care and professionalism to our office and provides patient care related to all aspects of primary care and internal medicine, including diagnosing and treating:

- Arthritis
- Asthma
- Elevated cholesterol
- Diabetes
- Thyroid conditions
- High Blood Pressure

Dr. Romeo also offers annual physicals, Medicare wellness exams, post-COVID care, flu shots, same day sick visit appointments and extended hours, to serve the entire family.



Cardiology – Be Heart Healthier Richard Feldman, M.D., F.A.C.C., is a cardiologist who is Board Certified in Internal Medicine, Cardiovascular Diseases, and Nuclear Cardiology, and has strong experience diagnosing and treating heart disease, such as congenital heart defects, coronary artery disease, heart rhythm disorders and heart failure. Dr. Feldman's practice provides patient care related to all aspects of cardiovascular disease, hypertension, diabetes management, and health literacy. Dr. Feldman is currently Co-Chief of Cardiology at Saint Joseph's Medical Center, Yonkers, N.Y.

Call today to schedule your appointment.

1**8-824-6**1

1620 Crosby Ave | Bronx, NY



saintjosephsmedicalpractice.com



Your Trusted, Reliable, & Affordable Local Contractor Since 1989 FAMILY A **INSTALLATION ALWAYS INCLUDED!** 

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Glass and Screen **FULLY** INSTALLED

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**INCLUDES CAULKING, STOP MOULDING** 

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Low E Glass

Custom sizes and 10 colors available

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\$<del>699</del>

ON SALE

Black Powder Coat Finish

CUSTOM SEAMLESS GUTTERS & LEADERS

Many colors & Sizes available

**Ask About** & Argon Gas \$34900 Leaf Protection GRIDS AVAILABLE FOR ALL WINDOWS SOffit & Fascia

Entire House as Low as



**UP TO 72" x 47"** CONTOURED ROOF SOLID VINYL WITH ALL CLEAR BIRCH FRAMING

GRIDS AVAILABLE FOR ALL WINDOWS



#### **SALE PRICES VALID JULY 1 - JULY 31, 2022**

**BALDWIN** BROOKLYN HUNTINGTON PATCHOGUE WESTCHESTER 795 Merrick Rd. 1859 Cropsey Ave. 373 West Jericho Tpke. 298 Medford Ave. 757 Central Park Ave.

BBB Member Metro NY Long Island - A \$99.00 fuel surcharge will apply to each contract. - Nassau#1761650000 · Suffolk#19279 · NYConsumer Affairs#0856560 · Westchester Lic#WC-25660-H13 · Yonkers Lic#5208 · Conn. H.I. #HIC.0629286

### **GRAND OPENING**



OPEN 24HR - 7 DAYS A WEEK 718-684-1998













## **OUR WEEKLY SPECIALS!**

TUESDAY **\$1.50 WASH**  WEDNESDAY FREE DRY

3010 MIDDLETOWN ROAD, BRONX NY 10461 (BETWEEN CROSBY AND HOLLYWOOD AVE.)



## Unionport Residence

A New Medicaid Enriched Housing / Assisted Living Program Offering:

- Furnished studio apartments, including Kitchenette
- 3 Meals per day, served in our beautiful dining room
- Personal care aides to assist 24/7
- Recreation Activities
- House call doctors
- Medication assistance
- Houskeeping services
- Heating and Electric included
- 2 handicap accessible vehicles for recreational trips
- 24 hour security
- Cable/Internet ready

SOME UNITS STILL AVAILABLE

LOCATED AT

1050 HAVEMEYER AVENUE BRONX, NY 10462

FOR INFORMATION
PLEASE CALL
718-863-6200 EXT. 1124

# MORE DEGREE OPTIONS. MORE CAREER OPPORTUNITIES.

#### What you'll find at Touro NYSCAS:

- Faculty who offer 1-on-1 career support to help you achieve your goals
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A brighter future *is* within reach. Let us show you the way.



Mark B. Class of 2021

#### **OPEN HOUSE**

Wed 7/27 | 5:30 pm

Scan/click the QR code to RSVP:



NYSCAS.Touro.edu | 212.463.0400





### **WATERPROOFING & CONSTRUCTION**

- Brick Pointing
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- Painting
- Roofing
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SUMMER 35% SPECIAL OFF

- Kitchen & Bath Works
- Electrical
- Waterproofing (All Types)
- Ceramic Tile
- Pressure Washing

Garage Sale Saturday July 16, 9am-3pm. 1427 Kennellworth Pl

HOUSE FOR SALE OPEN HOUSE: SAT. JULY 9TH, 12 - 3PM 3230 WATT AVE, BX, COUNTRY CLUB AREA. LARGE 1 FAMILY HOUSE CORNER PROPERTY, BACKYARD GARAGE, FINISH BASEMENT, 3 BEDROOMS, 1 1/2 BATHROOMS, LARGE KITCHEN, DINING AREA, LIVING ROOM, LARGE ATTIC, PLUS MORE. CALL BROKER 347-538-6406

2 Bedroom Throgs Neck area "All Modern" gas, heat included. No pets. Asking \$2,200. 1st Floor call 646-833-5343 Vinny Also Lounge chair for sale like new

Couple and Cat looking to rent a 1 bedroom Apt on ground floor. 10465 area. Excellent credit. Call now 347-601-8223

For Sale by owner brick house in City Island. 3 Bedroom call 929-317-0445

Morris Park: Lurting Ave and Lydig Ave, 5 room 2 bedroom in private house, nice size rooms all hardwood floors, freshly painted, lots of closets, formal dining room, large rear porch EiK - bkr "really nice" small pet ok - walk to 5 train. Asking \$2,150. Must qualify 718-409-1884

Licensed Electrician house wiring, generators installed, Electric, heat, security + landscape lighting installed. Call 718-829-8844

Pelham Bay House for sale mother / daughter 3 BR & 2.5 bath, walk-in basement. \$699K Elite Real Estate Group Call (646) 942-3487

HOT BUILDING AND BUSINESS FOR SALE ON @ 3992 WPR RD. HIGH TRAFFIC AREA. MUST SEE CALL 917-374-5421

Store front on E. Tremont Ave for Rent 201-744-8044

Open House 3 Family Saturday July 23, 1pm-4pm 2956 Paine Street. Can't be there? Call 917-771-7305 ask for Anthony to schedule a showing

For Sale Skylarville - 2965 Paine St. 3 Family detached, 5 bedrooms, 3 bathrooms, 2895 sq ft. Call Chris (917) 952-9608

Furnished room on E. Tremont Ave 201-744-8044
Pooper scoop pet waste removal service in the
Bronx no more messy yard we scoop on a regular
schedule prices starting at 18.00 weekly call
646-323-3010 ask for Steve

Pelham Parkway 2 BR 1st floor, all utilities included / Sedgewick Ave 1 BR 1st floor \$1,450 / Throggs Neck 1 BR walk-in apartment all utilities included \$1,800 (Same property studio avail, all utilities included. More apartments available. For more info call 914-918-5077 or 917-292-9353

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### DKC REALTY GROUP

1738 Wallace Ave. Bronx, NY 10462 Office: 718-676-1371 WWW.BRONXHOMEAGENTS.COM





NEW LISTING - 70 Locust Ave. Unit #612 B New Rochelle, NY 10801 **Cooperative - \$155,000** 





**Bronx, NY 10461** Single-Family - \$629,000



**Cooperative - \$395,000** 

**NEW LISTING - 1944 Fowler Avenue Bronx, NY 10462** Multi-Family - \$849,000









# ClaraREALTY

LICENSED REAL ESTATE BROKER RESIDENTIAL | COMMERCIAL | SALES | RENTALS

**3653 E TREMONT AVENUE** 

ACROSS THE STREET FROM THE POST OFFICE



OPEN HOUSE - SAT. 7/16 12-3
856 CALHOUN AVE- THROGS NECK
2 FAMILY, DETACHED 6 ROOMS OVER 6
ROOMS, FINISHED BASEMENT, GARAGE
GREAT INCOME POTENTIAL!
GILDA 917-704-7796



PELHAM BAY - 2863 E. 194TH ST. 3 FAMILY DETACHED, 8 BEDS, 4 BATHS, DETACHED 4 CAR GARAGE, FINISHED BASEMENT 50 X 100 LOT, CLOSE TO ALL. CALL CLARA 917-299-3301



PELHAM BAY - CO-OP 3 ROOMS, NEW FLOORS, MOVE IN CONDITION, CLOSE TO ALL \$159,000



NEW ROCHELLE, CO-OP
BEAUTIFUL GARDEN STYLE, 3 ROOMS 1 BED
NEW KITCHEN, NEW BATH, NEW WOOD
FLOORS, TERRACE, POOL, PARKING.
CLOSE TO TRANSPORTATION, SHOPPING,

CALL ABOUT OUR 2 BEDROOM APARTMENTS, IN THROGS NECK. PELHAM BAY. & COUNTRY CLUB.

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484 White Plains Road | Eastchester, NY, 10709 Rosemarie Uvaro Real Estate

718-518-0444 | deesrealestate@aol.com

Diane Uvaro-Capone/CBR

If you are planning on relocating please give us a call to discuss a marketing plan to fit your needs. We are a "SISTER TEAM" and we look forward to hearing from you... WE SERVICE THE BRONX & WESTCHESTER COUNTY AND ALSO ASSIST IN RELOCATION.

#### ATTENTION CARPENTERS / CONTRACTORS BUYERS PLEASE INQUIRE ABOUT OUR LAND, WATERFRONT & KNOCKDOWN UNITS IN THE EDGEWATER PARK COMMUNITY



YOU CAN CUSTOM BUILD YOUR HOME AND MAKE IT PARADISE. ENJOY THE MANY AMENITIES THIS COMMUNITY HAS TO OFFER: SECURITY, DELI, **CORPORATION ON-SITE, PLAYGROUND.** FIRE DEPARTMENT, COMMUNITY HALL FOR EVENTS, BEACH, EXPRESS BUS PICK UP AND DROP OFF TO MANHATTAN. PRICE STARTING AT \$65,000 - \$139,000

#### **EDGEWATER PARK, CO-OP**

THIS CO-OP UNIT IS NESTLED IN THE COZY AND ENCHANTING **EDGEWATER PARK COMMUNITY - LAYOUT FEATURE: ENTRANCE FOYER,** KITCHEN, DINING AREA WITH CLOSET, DEN / OFFICE / BEDROOM WITH BATHROOM AND CLOSET, LIVING ROOM WITH SLIDING DOORS OUT TO LARGE DECK FOR ENTERTAINING PLUS BBQ - ALSO RAMP ACCESS. 2ND FLOOR 3 BEDROOMS AND BATHROOM, PLUS BASEMENT. REDUCED \$469,000 WITH SHARES INCLUDED

#### **EDGEWATER PARK, CO-OP**

THIS WATERFRONT RANCH UNIT NEEDS YOUR PERSONAL TOUCHES & STYLE TO CALL HOME. 1 BEDROOM CAN EXPAND \$289,000 W/ SHARES INCLUDED.

#### SILVER BEACH GARDENS

THIS ENCHANTING CORNER CO-OP UNIT BOAST MUCH CHARM WITH A FLOOR PLAN THAT HAS MANY POSSIBILITIES. LAYOUT FEATURES: ENTRANCE, LIVING ROOM, KITCHEN WITH GRANITE COUNTERS AND , DINING AREA, MASTER BEDROOM, PANTRY AND BACK DOOR TO YARD AND BATH. 2ND LEVEL: 4 BEDROOMS, 1/2 BATH, LINEN CLOSET, ATTIC FOR STORAGE. NICE SIZE YARD FOR ENTERTAINING - LAUNDRY -**WORKSHOP AREA AND STORAGE. ENJOY THE MANY AMENITIES THAT** THIS COMMUNITY OFFERS.

\$395,000 WITH SHARES INCLUDED

WE WILL GET THROUGH THIS TOGETHER - STAY SAFE

## PRIME REALTY GROUP, INC NYS LICENSED REAL ESTATE BROKER, BPOR | NOTARY PUBLIC

NYS LICENSED REAL ESTATE BROKER, BPOR | NOTARY PUBLIC RESIDENTIAL & COMMERCIAL SALES & RENTALS

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Monday-Friday 9:00-6:00/Saturday 9:00-2:00 | Off Hours Accommodated by Appointment



REALTY GROUPS

COUNTRY CLUB/WATERBURY AVE FULLY RENOVATED 3 BED 2 BATH RANCH FINISHED ATTIC & BASEMENT LARGE CORNER LOT. \$699,000



PELHAM BAY / LASALLE AVE TURN KEY 3 FAM, 3 BED / 2 BATH / BALCONY + 3 BED / 2 BATH / BALCONY+1 BED/1 BATH+ GARAGE / 3 HEATING SYSTEMS. \$1,599,999



PELHAM BAY/HOLLYWOOD AVE 2 FAM W/ FINISHED BSMT 3 BED 1 BATH + BONUS RM, 2 BED 1 BATH, FAMILY RM 2 GUEST RMS 1 BATH ON 70.75 X 76.50 LOT \$830,000





COUNTRY CLUB

1 FAMILY+ IN-LAW - 3 BEDROOMS, 1½ BATHS DUPLEX FRONT AND REAR PORCHES, 1 BED, 1 BATH IN-LAW PRIVATE DRIVEWAY.
\$655,000



THROGS NECK / EDISON AVE 2 FAMILY-USED AS 1 FAMILY 3 BEDS, 1½ BATHS PARTIAL FINISHED BSMT 50 X 100 LOT 2 CAR GARAGE. \$779,000



THROGGS NECK / 34 C FIRST AVE WATER VIEW RENOVATED 1 FAM STEPS FROM PRIVATE BEACH 3 BDRMS NEW KITCHEN BATH AND PRIVATE PATIO. \$428,999



THROGGS NECK / BALCOM AVE CONDO W/ WATER / NYC SKYLINE VIEWS 2 BEDS, 2 BATHS BALCONY, GARAGE PARKING ELEVATOR GYM. \$448,000



THROGGS NECK / LONGSTREET LAGOON ESTATES WATERFRONT DEVELOPMENT 3 BEDS, 2½ BATHS DUPLEX CONDO BALCONY NEW KITCHEN, GARAGE, BEACH. \$615,000

FREE MARKET ANALYSIS!
WWW.CALLPRIMEREALTYFIRST.COM



Newly Renovated HUGE 3.5 bedroom, 1 bath APT FOR RENT in beautiful City Island. New modern kitchen and bath. \$2,850

CALL MARLYN- 646-730-0820 Licensed Real Estate Salesperson



Great Investment Property in Pelham Bay! 2 Family Brick Semi-Det. plus a large finished basement, 2 car Parking,

CALL JOVANI 646-584-4467 Licensed Real Estate Salesperson



Breathtaking large modern 1 bedroom 1 bath waterfront condo at Sunset Cove in beautiful Country Club. Parking, boat slip.

CALL MICHELLE 718-415-0767



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BEAUTIFUL AND SPACIOUS, NEWLY RENO-VATED 2 AND 3 BEDROOM APARTMENTS AVAILABLE IN THE BRONX, NY. HEAT AND HOT WATER INCLUDED. CREDIT AND BACK-GROUND CHECK REQUIRED. CALL INQUIRE 845-375-0930

MOST CASH PAID FOR ANTIQUES, COL-LECTIBLES, ARTWORK, COMICS, SPORTS CARDS, JEWELRY, GOLD, SILVER, WATCHES, COINS, CAMERAS, RECORDS, ETC. PLEASE CALL AARON 917-923-6580

HOME IMPROVEMENTS KITCHENS, BATHROOMS, FINISHED BASEMENTS. ALL HOME IMPROVEMENTS 35 YEARS EXPERIENCE. NYC LIC #2103971-DCA. FRANK 917-407-5433

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THROGGS NECK: Renovated 6 Large Rooms, 3 Bedrooms, 2 Bath, Wood Floors, Walk-in Closet, MBR, A/C EV Room, \$2,500 Heat Incl. COUNTRY CLUB: 6 Rooms, 2 Bedrooms, Small Office, 11/2 Bath, Wood Floors, D/W \$2,300 Own Utilities

COUNTRY CLUB: Water-view 3 Bedroom, 2 Bath Duplex, LR, Dr, Kit w/ Deck, Ceramic floor, Wood floors, Deck off 2 BR's, W/D, Central A/C, Driveway, \$3,400 Own Utilities MORRIS PARK: Renovated 3 Rooms, 1 BR, Wood Floors, Shower, \$1,700 Heat Included

MORE APARTMENTS AVAILABLE

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HIS CONCRETE CONTRACTORS, INC. Sidewalks, Violations Removed, Driveways, Retaining Walls, Brick and Block Work, Stucco, Patios, Basements, Slabs, Steps, Porches, Cobblestone, Bluestone, Demolition, Extensions, Backyards, Curbs, Decks, Unilock, Pavers, Excavation, Garage, Tiles ALL YOUR MASONRY NEEDS AT REASONABLE PRICES 718-828-2587

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Leaders

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- Data Entry
- Account Manager

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LOCATIONS:

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#### Website Development

**•PROFESSIONAL SITE DESIGN**  PROFESSIONAL COPY WRITING
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 CUSTOM DOMAIN NAME SETUP
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•CROSS BROWSER TESTING



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•WE PROVIDE ROCK SOLID HOSTING, WHICH MEANS YOUR SITEIS BACKED UP, SECURED, AND PROTECTED. •A DOMAIN NAME, IF YOU DON'T ALREADY HAVE ONE.



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•FULL SOCIAL MEDIA INTEGRATION. **MEANING EVERY ASPECT OF YOUR** SITE CAN BE INDIVIDUALLY
SHARED ON SOCIAL MEDIA, AND
AS THE SOCIAL NETWORKS IMPROVE, SO DOES YOUR SITE



#### ACROSS 1. Response to "Are not!"

6. Pipsqueak

11. Nickname for Margaret

14. Hollandaise, e.g.

15. "PG-13" giver, say

16. Swiss river

17. Privileged group

19. Bathing suit top

20. Skating jump

21. From \_\_\_ Z

22. Boston hoopsters, for short 12. Keep one's

24. Excluded from a

17-Across

28. Cowboy hat

31. Southwestern Indian

32. Like yesterday's fashions 27. Stockings

33. "One moment"

37. Part of a play

38. Sudden increase in

power

40. Altar words

41. Drivers who won't let you 35. Revise text

44. Marseilles morning

46. Not imaginary

47. Formal act

49. It gets the grease

53. God with a bow and arrow

54. Lingus: Irish carrier

55. "Ah. me"

59. Doofus

60. Altar offering

64. Bout ender, briefly

65. "Eight Days \_\_\_"

66. Sales rep

67. Sun. talk

68. Months and months

69. Grinch creator

1. Largest continent

DOWN

2. Tailless cat

3. Melody

4. Leopardlike cats

5. Not 'neath

6. Son of Poseidon

7. "The the Worlds"

8. List ender: Abbr.

9. Fam. reunion attendee

10. Moral principle

11. Artist Picasso

the ground

13. Clutch

18. "The Censor" of Rome

23. Charles Lamb's pen name

25. Put into action

26. Ruffian

28. Warm up in the ring

29. Mexican food staple

30. "¿C󭯠\_

usted?"

33. PSAT takers

34. In : as originally placed

36. Ice cream holder

38. Drench

39. Like the storied duckling

42. Eins, zwei, \_\_\_

43. Progress

44. West of "My Little Chickadee"

45. Like a zoo escapee

47. Arab chieftains

48. Shore bird

49. Glasgow residents

50. Earth tremor

51. Excited about

52. Toddler in a pool, e.g.

56. Stead

57. Landers and Sothern

58. Some NCOs

61. Lamb's mom

62. Narc's org.

63. Neon or freon



Family Gatherings Business Meetings Amy Occasion At All



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- RODENT PROOF & PATCHING
- FLOOR STRIPPING & WAXING
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#### •WATERPROOFING BRICK WORK

- Roofing & Siding •STEAM CLEANING &
- **POWER WASH** CARPENTRY
- GENERAL CONSTRUCTION

WITH THIS AD • Security & Landscape Lighting

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#### "Neighborhood Updates"





Bronx Community Board #10 3165 East Tremont Avenue Bronx, NY 10461 (718) 892-1161 Bx10@cb.nyc.gov

#### **NYC DOT STREET WORK PERMITS**

Every spring, summer and fall agencies such as the Department of Transportation repave our roadways. As you know, any road work requires New York City Department of Transportation permits. All permits are publicly available on the "NYC Streets Permit Management System" which can be found nycstreets.net/public/permit/search. are available to help you at your earliest convenience so that you can use this valuable resource. To be sure, some permits are not actively available on this website as there are instances where, for example, Con Edison is performing emergency work. In these instances, contact us at (718)892-1161 with any questions.

#### **SPEED CAMERAS**

Many of you accurately predicted that the speed camera program will be 24 hours a day and 7 days a week. It now is. Please be mindful that you may receive a speeding infraction in the mail. Drive safely and slowly! To name a few, please be careful at East Tremont Avenue and Philip Avenue, Waters Place and on the Bruckner Boulevard Service Roads. Please drive slowly. Again, these cameras will be on all day and night.

#### **CLEANLINESS**

Our service roads need all the help they can. Our business corridors need litter removal. If you see any conditions that need immediate help, please report it to 311 and contact our office thereafter. If you have neighbors with trees, please remind them to clean their tree pits and remove any litter. We must do our part to continue our community's success. We already know that city agencies like the Department of Transportation do little to no maintaining of its own properties. If you want an area serviced, do not hesitate to contact us at (718) 892-1161.

PLEASE TAKE NOTE: Once your ad has been placed, there will be NO REFUNDS. PLEASE: Read your ad the first day it appears. If any error was made by The Bronx Penny Pincher on a TELE-PHONE NUMBER OR ADDRESS the publisher will be happy to correct it FREE OF CHARGE. The Publisher is not responsible for typographical errors. However, the Publisher must be notified within 48 hours of THAT publication or the publisher will not assume responsibility. Please include your phone number and/or address in ad copy or the Publisher will not be responsible if either of the above is left out. PLEASE WRITE LEGIBLY. We will not be responsible for illegible handwriting.

#### COMMUNITY NEWS F.Y.I. ABOUT OUR NEIGHBORHOOD!

Do you have a Special Event that is of interest to the neighborhood? PRINT IT IN THE BRONX PENNY PINCHER

#### FREE OF CHARGE

Send Your Community Events to: Community News Editor

### **IPENNYPINCHER**

3002 Middletown Road Bronx, NY 10461 Email: BxPP@aol.com Fax: 718.489.2895

All copy must be received by MONDAY, 2 WEEKS PRIOR to your event for that Thursday's Publication.
The Bronx Penny Pincher reserves the right to refuse any copy that is not in the best interest of the community.

#### EVENTS MUST BE FREE OF CHARGE

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## Programs and Treatments offered at Bay Park:

#### **Special Services**

- IV Fluids
- IV Antibiotics
- · Diabetes Management
- Hospice/Palliative Care
- Respite Care

#### **Respiratory Treatments**

- Oxygen Therapy
- Tracheostomy Care
- · Bi-Pap/C-PAP
- Suctioning

#### **Skin/Ulcer Treatments**

- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

#### **Special Programs**

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

#### **Rehabilitation Services**

- Intensive PT, OT & ST 6 days a week
- Short Wave Diathermy
- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation

# COMMUNITY NEWS THU FIT ABOUT OUR NEIGHBORHOOD CALENDER OF EVENTS!

MORRIS PARK COMMUNITY GARDEN: Did you know that there is a hidden gem of nature in your neighborhood? The garden is located at 1000 Sackett Ave at the end of Colden Ave. Currently there are two different programs going on that would love to welcome you. A FREE, art project/class run by local artist Ruth Marshall to beautify the outer fencing of the garden using crocheted paracord. No experience required. Drop in any *Saturday 11am-1pm through July 30, 2022.* Questions? Ruth-Marshall.com or info@ruthmarshall.com. The community garden itself is operating year round and would love the help of volunteers to work on various gardening projects. Contact Edgar at edgaravalos81@yahoo.com or (347) 272-8410.

BRONX JEWISH CENTER: Located at 1969 Haight Avenue, The Bronx, NY 10461, has asked us to inform residents about their weekly Shabbat services at the center, starting at 10 a.m. every Saturday. The services are geared toward everyone and are family-friendly. The group will provide instruction, while also engaging the congregants. Additionally, there will be a 5 star hot kiddush luncheon after the services. All are welcome to join us for a warm, friendly,enjoyable, relaxed, sociable atmosphere with the chance to meet new friends. For any

questions, the synagogue may be reached at (718) 812 -1701 or by email at office@bronxjewishcenter.org. All are welcome. We look foward to seeing you.

Sons Of Israel Synagogue: 2521 Cruger Avenue, between Allerton Ave and Mace Ave. Bx NY 10467 The Community is invited to attend: Services *Friday Night July 15th Begin at 6:30 PM Sharp* followed by a HUGE 3 course hot sit down delicious Sabbath dinner. All are welcome to join us for a respectful, relaxed stress free, friendly evening. Social distancing is followed. If you do not have one we will provide one for you.

BRADY COURT COMMUNITY CENTER: Food Fest on *Friday, July 15th from 5:00 PM to 9:00 PM.* Come join us. It is an opportunity to learn more about our Center and to celebrate Community and support local chefs, bakers, baristas and entrepreneurs. It will be a great opportunity to support local small businesses and enjoy delicious food, beverages and baked goods! We will have indoor/outdoor dining and Take Out options. We will have live performances by local performers. We look forward to welcoming you, sharing information and building community. We are located at 768 Brady Avenue (corner of Holland Avenue and Antin PI) for more information call 718 828 3443.



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Barino's Market 3244 Ampere Ave.

Giordano's "Big G" 1554 Paulding Ave. Honey Thai Pavilion 3036 Westchester Ave.

**Key Food** 3151 Westchester Ave.

**Key Food** 2722 E. Tremont Ave.

Pruzzo's Supermarket 2937 Westchester Ave.

Monte Grab&Go 1790 Eastchester Rd. Ruane's Deli 2 Centre Edgewater Pk. Dr.

**S&W Supermarket** 4028 E. Tremont Ave.

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