



Laughs and Lifts is paid for in part by the wonderful advertisers & the many individuals that purchase copies of Laughs & Lifts Magazine to give to their church, customers, patients, and clients.

Laughs & Lifts is a.....

PERFECT APPRECIATION GIFT

Perfect as a gift from or to your church for members and visitors.

Perfect appreciation gift for pharmacies, groceries, restaurants, hardware stores, convenience stores, motels, apartments, campgrounds, hair & nail salons, and real estate agencies

hair & nail salons, and real estate agencies.

Perfect for waiting rooms in doctor's offices, hospitals, and clinics.

Perfect for residents of assisted living facilities. Perfect as a hospitality gift at your next event.

Your church, customers, clients, patients, or guests will remember your uplifting, funny & entertaining gift.

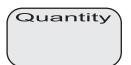
Laughs & Lifts is a...

GREAT VALUE

\$5 For 10 Copies
 \$10 For 20 Copies
 \$25 For 50 Copies
 \$50 For 100 Copies

Yes! I want to purchase Laughs & Lifts magazines and give them to my church, customers, clients, or patients as a special thank you!

Please bring me the following quantity whenever new editions come out.





Yes! I also want to advertise in Laughs and Lifts Magazine. Please have a representative visit, email or call me.

Business	Мак ma
Contact	
Phone:	P.O. I
Address	
City:	S
State & Zip	rog You can Ir

Make check to Laughs and Lifts & mail along with this order form

Laughs & Lifts P.O. Box 681 • Ozark, AL 36361

334.379.7603

Subscriptions online @ LaughsandLifts.com oger@laughsandlifts.com

You can Increase, Decrease or Cancel at any time







CIRCLE INSURANCE AGENCY

SAMMY JUDAH DONNA SHUMAN 334-774-7177

> Usughs Lifts

Grandpa's 1968 Corvette

Grandpa: They say a man's car is a reflection of himself.

Granddaughter: I see what you mean Grandpa; sometimes your car doesn't want to start in the morning, and when it does start it sputters and back fires before it

gets going. Grandpa: Hey...

Wild Pitcher

I was sitting behind an enthusiastic mom at my son's Little League game. Her boy was pitching for the opposing team and she cheered as he threw wild pitch after wild pitch.

The little kid walked every batter. It was only the first inning and the score was 12–0. Then one batter finally hit the ball.

"Oh no," the mom wailed. "There goes his no-hitter."

Squabbling Siblings

Mother: Stop that water fighting!

Son: She started it! Daughter: I did not!

Mother: There's only one way to settle this... divide the pool in half and each of you stay in your half.

Son: That's okay with me... I'll

take the top half!

A Prickle of Porcupines

What is it called when you have not one, not two, but three or more porcupines? That is called trouble! However, in scientific terms it is called a prickle of porcupines.













www.TroyMedicalCenter.com



Parts & Services, IIC

Authorized dealer and service provider for

STIHL

products in Dale County Please reach out to us with any questions or requests you might have, and feel free to stop in, our staff is trained and knowledgeable on Stihl's entire line.

> 301 N. East Ave. • Ozark, AL Mon-Fri 7 - 5:30 Sat 7 - Noon 334-774-5151

Reading In Dreams

When was the last time you were reading a book or magazine in a dream? If you are like most people, you won't be able to recall. More than likely, it has never happened. While not impossible, it is highly unlikely. Why does it not happen? Reading is a function of the right side of the brain. Dreaming comes from the left side. When you are dreaming, the right side of your brain is at rest.

You Want Answers

Son: Dad... can I have \$450 to buy a moped? Dad: Son, listen to me very carefully. Due to the escalation of

my personal monetary obligations brought on by spiraling inflation and the ever-fluctuating ramifications of the Petro-dollar, it behooves me to rule in the extreme negative when responding to my male issue.

Son: Huh?!? I don't get it!

Dad: Exactly.







3071 S. US Hwy. 231 Ozark, AL 334.774.9030 7:30 am - 5:30 pm Mon.-Fri.

www.gillandchevrolet.com/service

We are your premier dealer for auto service and repairs in OZARK. If you have any problems with your vehicles like bad transmissions, oil changes, or flat tires, our expert technicians are here to help. We have been serving our customers for years in OZARK. Our knowledgeable and friendly staff has developed a reputation for providing excellent Chevrolet and GMC auto service and repair in town. Visit our OZARK, AL dealership today. You can also schedule an appointment online!



CERTIFIED SERVICE IN OZARK, AL

The Certified Service experts at Gilland Chevrolet GMC know precisely which parts your Chevrolet car, truck, or SUV needs —rely on them to maintain your vehicle with the same parts used to build it. Hearing a rattle? Had a fender bender? Head down the service lane for any type of auto repair service, major or minor. Our GM Certified Service experts are trained to know every inch of your vehicle and can help you keep it running like new. Simply schedule an appointment today.

MILITARY THANK YOU

Children Learn What They Live By Dorothy Law Nolte, Ph.D.

If children live with criticism, they learn to condemn.

If children live with hostility, they learn to fight. good to have a goal. If children live with fear, they learn to be apprehensive.

If children live with pity, they learn to feel sorry If children live with honesty, they learn for themselves.

If children live with ridicule, they learn to feel

If children live with jealousy, they learn to feel

If children live with shame, they learn to feel

If children live with encouragement, they learn confidence.

If children live with tolerance, they learn patience.

If children live with praise, they learn appreciation.

If children live with acceptance, they learn to

If children live with approval, they learn to like themselves.

If children live with recognition, they learn it is

If children live with sharing, they learn generosity.

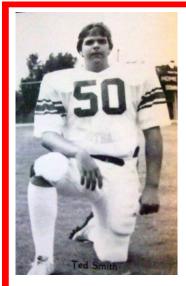
truthfulness.

If children live with fairness, they learn justice. If children live with kindness and consideration, they learn respect If children live with security, they learn to have faith in themselves and in those about them.

If children live with friendliness, they learn the world is a nice place in which to live.

Copyright © 1972 by Dorothy Law Nolte







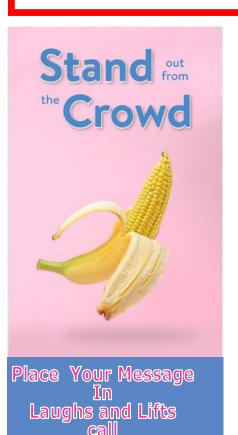


Ted B. Smith Jr. & W. M. Bill Sullivan Jr. Owners, Hometown Boys, and Carroll High School Alumni, Class of 1983. They invite you to come by and meet their staff, tour the facility, and explore your options for final arrangements. Holman Funeral Home, Dale Counties oldest family owned and operated funeral home.

Where families have come for comfort and closure since 1929.

995 South Union Avenue • Ozark, Alabama 36360

(334)-774-5348 www.HolmanFuneralHome.com



when the new patient was settled comfortably on the couch, the psychiatrist began his therapy session.

"I'm not aware of your problem," the doctor said. "So perhaps, you should start at the very beginning."

"Of course." replied the patient. "In the beginning, I created the Heavens and the Earth..."



There's a new chain of Elvis Steak Houses, It only for people who love meat tender.



Published since 2008,

We Are The Uplifting, Positive Alternative To Ordinary Media. We Are Your Community Magazine.

Call 334-379-7603

Laughs and Lifts provides laughter in clean jokes & cartoons, witty and wise one liners, encouragement through uplifting articles based on God's word and teachings of Christ Jesus, and entertainment with Sudoku, Recipes, Puzzles & More.

SUBSCRIPTIONS

Effective Immediately

\$30.00.
Mail check to:
Laughs and Lifts/Subscriptions
P.O. Box 681 • Ozark, AL 36361

Editorial Offices: Roger Parrish, Editor & Publisher 322 Andrews Ave. Suite 3 Ozark, AL 36360 Roger@LaughsandLifts.com

Laughs and Lifts Magazine is published monthly to uplift and entertain the reader.

Any resemblance contained within this publication to some one or some thing is purely coincidental and not intended to bring harm or insult to anyone. Information, stories, helpful hints, jokes, studies and all other miscellaneous writings, drawings and pictures are published without malice, but with the intent to entertain, inspire or teach; not to cause disillusionment or confusion to anyone; party affiliation, company, denomination or other named or unnamed entity.

The writings contained within Laughs and Lifts

The writings contained within Laughs and Lifts do not necessarily reflect the views of the publisher or editor.

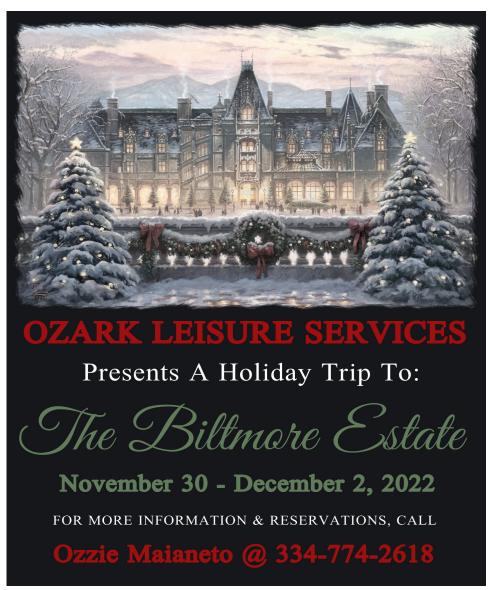
Laughs and Lifts is not the author of many of the jokes, stories, or recipes contained herein and claims no copyright privileges to those that we didn't author unless noted. The content contained herein is not known to be copyrighted and is believed to be part of the public domain. Every effort is made not to use copyrighted material without the author's consent.

Contributors: Wallace Kennedy, Jr. Tric Glenn Parrish, Aunt T's Kitchen Dee Gilbert, Claybank Master Gardeners Hayes Wise, Wise Words



@ Laughs and Lifts Magazine









"Building Boundaries One Fence At A Time"

Agricultural

- Barb Wire
- Net Wire
- Fixed Knot Field Fence
- Deer-Cattle-Horse-Sheep-Goat-Hog
- High Tensile Electric
- Board

Commercial and Residential

- Board and Vinyl
- Chain Link
- Privacy



Don't settle for less...Demand that your post be pounded.

Heartfelt Care For your loved ones.

We Are Focused On Health Management, Quality Lifestyle, and Resident Comfort.

SHORT TERM REHABILITATION • ALZHEIMER'S UNIT PHYSICAL, SPEECH, AND OCCUPATIONAL THERAPY

138 bed skilled nursing facility licensed by the Alabama State Board of Health. All beds are certified for Medicare, Medicaid & Private Party.



OAKVIEW MANOR

Health Care & Rehab Center

334.774.2631 Fax 334.774.4252

www.oakviewmanor.com 929 Mixon School Road Ozark, Alabama 36360

"Clumsy Ad Copy"

- For sale: an antique desk suitable for lady with thick legs and large drawers.
- Now is your chance to have your ears pierced and get an extra pair to take home, too.
- Dog for sale: eats anything and is fond of children.
- Dinner Special -- Turkey \$2.35; Chicken or Beef \$2.25; Children \$2.00.
- Auto Repair Service. Free pick-up and delivery. Try us once; you'll never go anywhere again.

Marriage Problems

A man and woman were having marriage problems, and decided to end their union after a very short time together. After a most brief attempt to reconcile, the couple went to court to finalize their break-up. The judge asked the husband, "What has brought you to this point, where you are not able to keep this marriage together?"

The husband said, "In the six weeks we've been together, we haven't been able to agree on one thing."

The wife said, "Seven weeks."

Stealthy Scholastics

School superintendent, Baker, speaking at a county-wide PTA luncheon, assured members that he was always happy to hear from them about problems. He told them, "You can call me day or night, at this number . . . "Suddenly there was a cry from the assistant superintendent. "Hey," he exclaimed, "that's MY number!"





I am much stronger today at 65 than when I was 35.

Back then I could barely carry ten dollars of groceries in my arms, and now it is no problem to carry fifty dollars worth.



Cows Have Accents

Yes, it's true. Cows moo with an accent. The distinction in their moos will vary from herd to herd, from region to region, from country to country.

A Cow's Moo

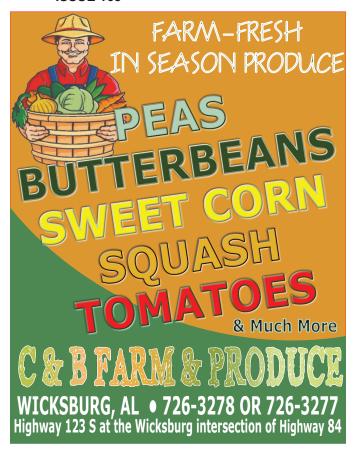
Why does a cow moo?

Does it mean it's happy or sad or hungry? According to a cattle geneticist, cows will moo when they are stressed out or need something. It's their way of saying that something is out of the ordinary.

WACKIE WORDS

1.	2.	3.	4.
another one thing	heart	p ^a y	temper _a ture
^{5.} L⊭AST	6. DRAH	7. thought thought	8.
and path	MILL1ON	purposes	b k
par two	14.	the worse	he ^N winning
17. history history history	CHANCE	musically	ėnd





Why do you think there's a baby formula shortage? All I know is we never had this problem until men started getting pregnant!



The Whole Truth And Nothing But The Truth
Those that have nothing to regret are poor
historians of their own lives.

BASES LOADED WORD SEARCH

C U Ε В В R K Ι н Ε V K Т D N N R Ε G Ε D Α 0 D K L Н W C Ι N Κ Т C Ρ G Ι G W Ε Ι Ρ D М C V Ι Ι Υ М F R 0 Ι Ι R N Т W L T W Α W P T Т Ε Ε R C Ρ D Ε Ι R R Α Ρ N Ν В F Α М В N Ε V M D М Ε Ε P М Н Ρ C S F Α S Ρ В R K U Ν R Α Υ Α В D 0 W Т Н F Т U Ρ C Т R Т C Υ U В Α R C Ν Ε 0 U C Т D Ι U Α G В L 0 Υ D D W Y C S K C C S Ι Ρ R В C U F K S Α Н Ν Ι R Α R V Ε Ε C Т D Ε G F Υ U В 0 Ε L G R 0 U N D Ι 0 L S W Ε Υ Α Ε Н W Ρ Α Α K Ι U W K F н L V C Ι U Υ Ι 0 R Α В R T G Т N В D L G Υ K Н В В W S Α Ε Ν S М V Α 0 T Ε V U F Υ F C Α Ι 0 R Α C R Α D S U T Α N Н Α Ν Ρ S F T G В W L М М W R н Ρ L Ν 0 Т В Ε 0 Ι R R U D F R 0 C W В Υ Ι 0 Y V G K U S P Ι Ι S U G W S М В Ι

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

BALK BALL **BASES BATTERY** BUNT **CATCHER** CHANGEUP **CLEANUP** COUNT **CURVE** DIAMOND ERR0R **FIELDER** FLY **FOUL GROUND** LEAD LOADED ORDER PINCH **PITCHER** RELAY RELIEF WALK

Solution on page 29



Now Open and Accepting New Patients Call Today to Schedule Your Appointment

Dr's Giselle & Mason Childers

334-443-1260

231 E. Broad Street • Ozark, Alabama

Wiregrass Eyecare

— OF OZARK —



Books that were never written:

"Running to the Outhouse" by Willy Makit.
Illustrated by Betty Wont



FULL SERVICE TIRE CENTER

Serving The Good Folks of Ozark Since 2004

New & Used Tires • Oil Changes • Brakes

774-1416

Tim & Tina Stafford, Owners

178 W. Roy Parker Road Ozark, AL

ISSUE 168

Shoe Coverup

One day a man drove his secretary home after she fell quite ill at work. Although this was an innocent gesture, he decided not to mention it to his wife, who tended to get jealous easily.

Later, that night the man and his wife were driving to a restaurant.

Suddenly he looked down and spotted a high-heel shoe half hidden under the passenger seat. Not wanting to be conspicuous, he waited until his wife was looking out her window before he scooped up the shoe and tossed it out of the car. With a sigh of relief, he pulled into the restaurant parking lot. That's when he noticed his wife squirming around in her seat.

"Honey," she asked, "have you seen my other shoe?"



One of my prospects told me one day that he did not need to advertise, because everybody knew where his store was. I asked him when a customer came in to his store and asked for eggs, what kind of eggs did he sell them, and he said, "Hen eggs of course." I said, "Why did you sell them hen eggs instead of duck eggs?" I said I will tell you why. When the old rooster gets up each morning he crows, to let the world know he's in business. When the old hen lays an egg, she cackles, to let the world know that she has produced an egg. When the old duck lays, she hides in a bush, lays her egg, and slowly slips out, without letting anyone know she



I want to say this as politely as I can...
90% in Congress need to be making license plates.

has laid an egg." I said, "Now mister, doesn't that prove to you that advertising pays?"

From "The Back Forty to Mortgage Hill" by Fred 9. Watson

Peter was telling a friend that he had just lost his job. "

Why did the foreman fire you?" the friend asked in surprise.

"Oh," Peter said, "you know how foreman are. They stand around with their hands in their pockets watching everybody else work."
"We all know that," replied his friend. "But why did he let you go?"

"Jealousy," answered Pete. "All the other workers thought I was the foreman."



SAGD PLANTS

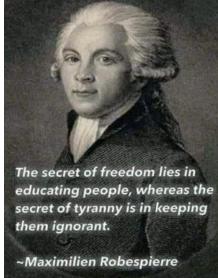
Do you have unwanted Sago Plants?

Large or Over grown...We will remove at no charge.

OLD RIVER'S PALM FARM

3715 Logan Road, Ozark, Al. 850-867-8249







CREAMY SEAFOOD CHOWDER 6 Servings

Ingredients

- ¼ cup butter
- 1 medium onion diced
- 1 teaspoon old bay seasoning
- ¼ teaspoon thyme
- ¼ cup flour
- 1 stalk celery sliced
- 1 carrot sliced
- 1 pound potatoes peeled and cubed
- ½ cup corn
- 5 cups broth seafood or chicken
- ½ cup white wine
- 8 ounces white fish cut into chunks (cod/salmon/ tilapia/haddock)
- 8 ounces scallops
- 12 ounces shrimp peeled and deveined
- 6½ ounce chopped clams canned, drained
- 2 cups heavy cream

1 tablespoon parsley

Instructions

- 1. Cook onion in butter until tender. Add flour, Old Bay seasoning and thyme and cook 2-3 minutes.
- 2. Add carrot, celery, potato, corn, broth and wine & bring to a boil. Reduce heat and simmer 10 minutes.
- 3. Stir in seafood and cream. Cook until fish is fully cooked and flaky and potatoes are tender, about 8-10 minutes.
- 4. Stir in parsley and season with salt and pepper to taste.

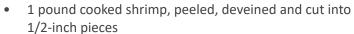




SEAFOOD CASSEROLE 6 Servings

Ingredients

- 1 package (6 ounces) long grain and wild rice
- 1 pound frozen crabmeat, thawed, or 2-1/2 cups canned lump crabmeat, drained



- 2 celery ribs, chopped
- 1 medium onion, finely chopped
- 1/2 cup finely chopped green pepper
- 1 can (4 ounces) mushroom stems and pieces, drained
- 1 jar (2 ounces) diced pimientos, drained
- 1 cup mayonnaise
- 1 cup 2% milk
- 1/2 teaspoon pepper
- Dash Worcestershire sauce
- 1/4 cup dry bread crumbs

Directions

- 1. Cook rice according to package directions. Meanwhile, preheat oven to 375°.
- 2. In a large bowl, combine the crab, shrimp, celery, onion, green pepper, mushrooms and pimientos. In a small bowl, whisk mayonnaise, milk, pepper and Worcestershire sauce; stir into seafood mixture. Stir in rice.
- 3. Transfer to a greased 13x9-in. baking dish. Sprinkle with the dry bread crumbs. Bake, uncovered, until bubbly, 40-50 minutes.

SEAFOOD FETTUCCINE ALFREDO 2 Servings

Ingredients

- 4 ounces uncooked fettuccine
- 1/4 pound uncooked medium shrimp, peeled and deveined
- 1/4 pound sea scallops, halved
- 2 tablespoons olive oil, divided
- 1 small shallot, chopped
- 1 garlic clove, minced
- 1/4 cup chicken broth





ISSUE 168

- 1/4 cup white wine or additional chicken broth
- 1 cup heavy whipping cream or half-and-half cream
- 1/2 cup grated Parmesan cheese
- 1 Roma tomato, diced
- 2 tablespoons minced fresh parsley

Directions

1. Cook the fettuccine according to package directions. Meanwhile, in a large skillet, saute shrimp and scallops in 1 tablespoon oil for 3-5 minutes or until shrimp turn pink and scallops are opaque. Remove and keep warm. 2. In the same skillet, saute shallot in remaining oil until tender. Add garlic; cook 1 minute longer. Stir in broth and wine. Bring to a boil. Reduce heat; simmer, uncovered, for 6-8 minutes or until most of the liquid has evaporated. Stir in cream; cook, uncovered, over medium heat for 5 minutes or until thickened.

3. Drain fettuccine; stir into cream sauce. Add shrimp, scallops and cheese; toss to coat. Sprinkle with tomato, parsley and if desired, additional Parmesan cheese.

WHITE SEAFOOD LASAGNA

12 Servings

Ingredients

- 9 uncooked lasagna noodles
- 1 tablespoon butter
- 1 pound uncooked shrimp (31 to 40 per pound), peeled and deveined
- 1 pound bay scallops
- 5 garlic cloves, minced
- 1/4 cup white wine
- 1 tablespoon lemon juice
- 1 pound fresh crabmeat

CHEESE SAUCE:

- 1/4 cup butter, cubed
- 1/4 cup all-purpose flour
- 3 cups 2% milk
- 1 cup shredded part-skim mozzarella cheese
- 1/2 cup grated Parmesan cheese
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- Dash ground nutmeg

RICOTTA MIXTURE:

- 1 carton (15 ounces) part-skim ricotta cheese
- 1 package (10 ounces) frozen chopped spinach, thawed and squeezed dry
- 1 cup shredded part-skim mozzarella cheese
- 1/2 cup grated Parmesan cheese
- 1/2 cup seasoned bread crumbs
- 1 large egg, lightly beaten

TOPPING:

- 1 cup shredded part-skim mozzarella cheese
- 1/4 cup grated Parmesan cheese
- Minced fresh parsley

Directions

- 1. Preheat oven to 350°. Cook lasagna noodles according to package directions; drain.
- 2. Meanwhile, in a large skillet, heat butter over medium heat. Add shrimp and scallops in batches; cook 2-4 minutes or until shrimp turn pink and scallops are firm and opaque. Remove from pan.
- 3. Add garlic to same pan; cook 1 minute. Add wine and lemon juice, stirring to loosen browned bits from pan. Bring to a boil; cook 1-2 minutes or until liquid is reduced by half. Add crab; heat through. Stir in shrimp and scallops.
- 4. For cheese sauce, melt butter over medium heat in a large saucepan. Stir in flour until smooth; gradually whisk in milk. Bring to a boil, stirring constantly; cook and stir until thickened, 1-2 minutes. Remove from heat; stir in remaining cheese sauce ingredients. In a large bowl, combine ricotta mixture ingredients; stir in 1 cup cheese sauce.
- 5. Spread 1/2 cup cheese sauce into a greased 13x9-in. baking dish. Layer with 3 noodles, half of the ricotta mixture, half of the seafood mixture and 2/3 cup cheese sauce. Repeat layers. Top with remaining noodles and cheese sauce. Sprinkle top with 1 cup mozzarella cheese and 1/4 cup Parmesan cheese.
- 6. Bake, uncovered, 40-50 minutes or until casserole is bubbly and top is golden brown. Let stand 10 minutes before serving. Sprinkle with parsley.

I challenge you all to find a way to make someone else's life just a little bit brighter today and be of service. You never know the impact you could have."



www.antiquestreasuresandmore.com





Family Medical Clinic **2 LOCATIONS TO SERVE YOU**

- URGENT CARE
- FAMILY MEDICINE
- PEDIATRICS
- AVIATION MEDICINE



633 S. UNION AVE.

Ozark, AL

334-774-7572





1519 ANDREWS AVE.

Ozark, AL

334-774-7610

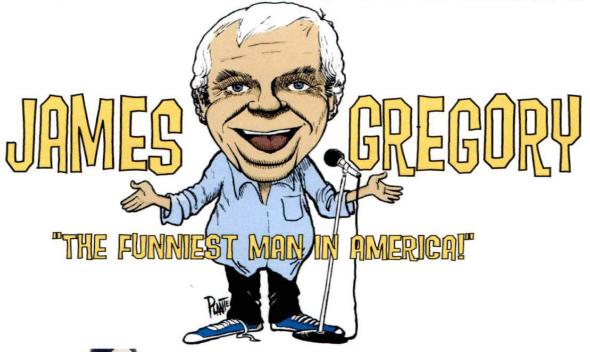




126 Hospital Avenue | Ozark, AL Phone: 334-774-2601 www.dalemedical.org



LIVE IN CONCERT





With Opening Act - Nashville Recording Artist BRETT STAFFORD SMITH

"Should Have Married You"

THURSDAY, AUGUST 25, 2022 Ozark Civic Center

Doors Open at 6:15 p.m. • Show Begins at 7:00 p.m.

General Admission Tickets: \$50 (Reserved Premium Seating Available with Sponsorships)

Tickets may be purchased at:
Dale Medical Center Business Office or Administration
For More Information, call 334-774-2601, ext. 1251

Proceeds from the event benefit the Dr. L.D. McLaughlin Memorial Fund

Meditation Impacts Our Daily Lives

By Wallace Kennedy, Jr.

Often times we find ourselves meditating, engaged in contemplation, reflecting, deep concentration and painting pictures in our minds of what we desire and the fears we desire not.



What we think about influence what we say and do. The Book of Proverbs gives wise insight into why what we think/meditate on is so important. Proverbs 4:23 Keep thy heart with all diligence; for out of it are the issues of life. What's in our mind if not filtered by the Holy Spirit and the Scriptures will find it's way to our heart.

See: Proverbs 23:7 For as he thinketh in his heart, so is he:...Matthew 12:34 ...For out of the abundance of the heart the mouth speaketh

When King David was hiding in the wilderness of Judea during a very hard time is his life, he said: Psalm 63:6 I lie awake thinking of you, MEDITATING on you through the night.

1. Meditation includes picturing, speaking, feeling and study. 2. Meditation is the Holy Spirit using all faculties in our hearts and mind. 3. Meditation, quieting our hearts with Scripture and a deeper intimacy with the Lord. 4. Our greatest revelation from God comes through meditation. 5. Our greatest ideas came through meditation

When Moses died, God told Joshua he will be the next king to lead the children of Israel, what huge shoes to fill. Carefully consider what I believe to be one of the greatest verses in the Bible. Joshua 1:8 This book of the law shall not depart out of thy mouth; but thou shalt Meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

It is imperative after salvation we employ Romans 12:1-2 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. 2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

It's a lifelong process that requires learning God's thoughts and adopting them as our own. Then, as the Spirit develops within us the mind of Christ, our actions will become increasingly holy.

The apostle Paul gave us a measuring stick to help us determine what is worthy of our attention. He said to dwell on whatever is true, honorable, right, pure, lovely, commendable, excellent, and worthy of praise (Phil. 4:8). With the help of the Holy Spirit, we can filter our thoughts through this list.

May our Lord bless you and your family and keep you in His care.



186 N. Union Ave. Ozark, AL 36360

WEDDING GOWNS & FORMALS

CLEANING AND PRESERVING

Boots • Belts • Hats • Caps • Gloves • Shoes

LOGAN'S CLEANERS & LAUNDRY

"CILEANING IS OUIR BUSINESS"

BRING US YOUR SUEDE - LEATHER & FURS

Monday-Friday 6 Saturday 6-12

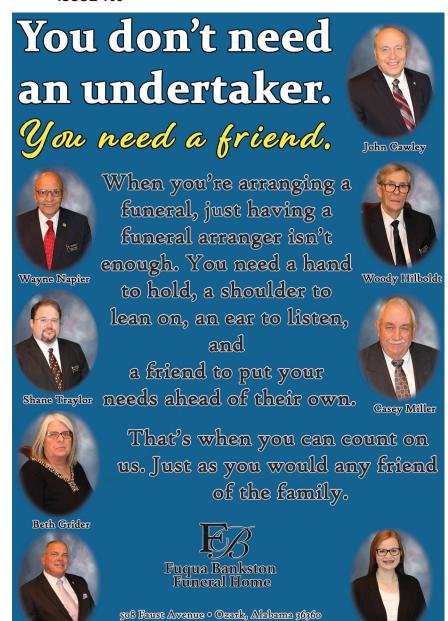
Visit loganscleaners on facebook

618 S. Union Ave. Ozark, Al. 774-8012





Keith Cauthen



www.fuquabankstonfuneralhome.com



How bad is the Economy???

The economy is so bad that I got a pre-declined credit card in the mail.

CEO's are now playing miniature golf.

Exxon-Mobil laid off 25

Congressmen.

Angelina Jolie adopted a child from America.

Motel Six won't leave the light on anymore.

A picture is now only worth 200 words.

They renamed Wall Street " Wal-Mart Street".

If you serve your kids frozen pizza or chicken nuggets, you're terrible! don't care how busy you are, find time to microwave them!

DeAnna Chancey

Everyone knows I'm a stickler for good spelling. So when an associate e-mailed technical documents asking me to "decifer" them, I had to set him straight.

"Decipher is spelled with a ph, not an f," I wrote. "In case you've forgotten, spell-checker comes free with your Microsoft program."

A minute later came his reply, "Must be dephective."

"Wise Words" By: Hayes Wise DON'T WORRY BE HAPPY!

Bobby McFerrin had a song called, "Don't Worry Be Happy". Here's a few of the lyrics; "Here's a little song I wrote. You might want to sing it note for note. Don't worry, be happy. In every life we have some trouble. But when you worry you make it double. Don't worry, be happy." I saw a post today that made me think of that. It said, "The more you pray, the less you panic. The more you worship, the less you worry." There's a lot of truth in both.

One of the biggest benefits of this attitude is that it removes worry. We are not always responsible for what happens to us, but we are responsible for our actions. We have to trust in God that events will unfold in a way that is good for us. "And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them." (Rom 8:28).

Life can turn around some uncertain corners, and sometimes it can be difficult to maintain a positive attitude about the future. It's never easy to be completely sure about unknown outcomes in life, and everyone needs a little reassurance that things will work out in the end. While it's easy to worry endlessly about what-ifs and worst-case scenarios, the Bible can provide some helpful guidance to calm you down during scary times.

Consider what it says in John 14:27, "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." There is a reason that "Fear not", appears in the Bible 365 times. That's once for everyday in the year.

Don't worry be happy.



Funny, Inspiring and Entertaining

Don't miss an issue!

Get Your Home Delivery
Subscription Today!

\$30 per year (12 Issues)

For E-Edition \$12 per year.

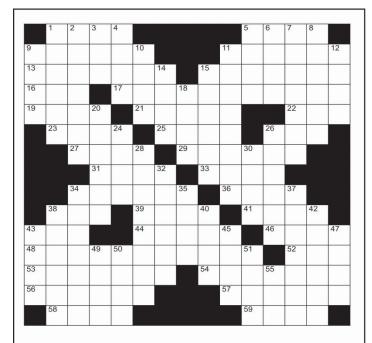
You can subscribe online

for print or e-editions at www.laughsandlifts.com

or mail check with name and address(s) to

Subscriptions: P.O. Box 681 • Ozark, Alabama.

God Bless you all. Roger Parrish, Publisher



CLUES ACROSS

1. Slovenian mountain

5 Growl

9. Where things stand 11. Made a sharp sound

13. Female spirit in Irish folklore

15. Deteriorate with age

16. A way to save for retirement

17. The Big Apple

19. Intestinal pouches

21. City in New Hampshire

22. Giving a bad impression

23. Samsung laptops

25. Without (French) 26. Scientist's tool (abbr.)

29. Captures

31. Authentic

33. Female mammal's nipple

34. Pandemonium

36. Satisfy

38. Arrived extinct

39. Shipborne radar (abbr.)

41. Network of nerves

43. Monetary unit

44. Showed old TV show

46. They help you hear

48. One who eliminates

52. Congress' investigative arm

53. Parties

54. Most supernatural

56. Takes illegally

27. System of one more computers 57. Breathes while asleep

58. Sea eagles

59. German surname

CLUES DOWN

1. Looks at for a long time

2. Solution for diseases

3. Belonging to a thing

4. Former Packers fullback 5. Contemptible person

6. One billionth of a second

(abbr.)

7. Helps

8. Final section of the large intestine

9. Invests in little enterprises

10. Look for

11. Unbeliefs

12. Susan and Tom are two

14. Female sheep

15. A poet writes it

18. Affirmatives

20. "Full House" actress Barber

24. Traveled rapidly

26. Long upholstered seat

28. Set wages

30. Peter Gabriel song

32. Sides of a jacket

34. More beautiful

35. Actress Kate

37. Furniture with open shelves

38. Indicate 40. The cost of a room

42. Gets rid of something

43. Impudence

45. No No No

47. Drunkards

49. Middle eastern country

50. High energy lasers (abbr.)

51. Primary component of

ribosomes

55. An informal debt instrument.



Clans of long ago that wanted to get rid of their unwanted people without killing them would burn their houses down hence the expression "to get fired."







Dan Enfinger & Ken Enfinger (334) 774-1707

405 Bingham Ave • Ozark, AL 36360 enfingerken@gmail.com











PUZZIES

and

BRAINS

9 x 9 Numbrixs

FILL THE GRID WITH THE NUMBERS 1 TO 81 TO MAKE A PATH IN SEQUENTIAL ORDER GOING HORIZONTALLY OR VERTICALLY.
YOU MAY NOT CONNECT THE NUMBERS DIAGONALLY.

	76		74		70		66	
78				72				64
		51	52	53	54	55		
48		46				58		62
	36	39		41		59	60	
34		38				18		4
		27	22	15	16	17		
32				14				2
	30		24		12		8	

·	80						16	
78	79		3		11		15	18
		7		9		57		
	75						55	
		67		63				
	69						53	
		47		45		29		
38	39		41		43		27	24
	36						26	

0909 medium 7

FOR WOMEN ONLY!

In dire need of a beauty makeover, I went to my salon with a
fashion magazine photo of a
gorgeous, young, lustroushaired model. I showed the
stylist the trendy new cut I
wanted and settled into the chair
as he began humming a catchy
tune and got to work on my
thin, graying hair.

I was delighted by his cheerful attitude until I recognized the melody. It was the theme from "Mission: Impossible."

FIVE THINGS TO QUIT RIGHT NOW

- 1. Trying to please everyone.
- 2. Fearing change.
- 3. Living in the past.
- 4. Putting yourself down.
- 5. Overthinking.





Claybank Master Gardeners J Greetings Gardeners,

**With a heat index running over 100° gardening activity is restricted to early morning for this gardener, and hopefully for most of you, too. (Although some of you may be like a couple of friends recently retired from over 30 years in missionary work in Indonesia who say it's not even humid here!)

** **Garden tip**: I have put shade cloth netting next to my tomato plants to protect them from the scorching afternoon sun. Tomatoes like heat, but most varieties won't produce new fruit in temperatures over 90 degrees, or when night temperatures are above 70 degrees. More frequent watering is necessary to even maintain most fruit-bearing veggies.

** In June Bence Carter, Regional Extension Agent in Forestry Wildlife and Natural **Resources**, spoke to the Claybank Master Gardeners about snakes of Alabama. Although many people are so afraid of snakes, they will kill any they see, Bence emphasizes the importance of NOT killing snakes, because of the 60 known species here in Alabama only 6 are actually venomous, and the rest are beneficial. The six venomous ones are copperheads, cottonmouths, pigmy rattlesnakes, eastern diamondback rattlesnakes, timber or canebrake rattlesnakes, and eastern coral snakes. Pit-vipers, the first 5 on this list, are recognizable by their thin necks and "cat-like" pupils of their eyes. Coral snakes are recognizable by the red, black, and yellow bands running across their bodies. ("Red on black, a friend of Jack; red on yellow, kill a fellow.") The rest are harmless and beneficial, as they feed on insects and disease-carrying rodents. Did you know that black or indigo snakes are natural enemies of rattlesnakes? If you go online to www.aces.edu/blog/ topics/forestry-wildlife/identification you will find great information and photos to help identify friend or foe in ** If you the realm of snakes.

farm, and wild hogs are your nemesis, call Bence. He is also the agent for all of AL who can advise on hog management.

**According to the SOW app, you can still plant corn, pumpkins, southern peas, tomatoes, & watermelons at this time.

** The Claybank Master Gardeners usually meet on the second Wednesday of the month at **Hoppergrass Restaurant in Ozark, 129 East Ave.**, across from Milky Moos. Come join us, we love new faces. We have informative programs and speakers. Call the Dale County Extension Office at (334) 774-2329 to verify the meeting date, and for more information.

Dee Gilbert Claybank Master Gardeners



THE FISHING WAS SO BAD THAT EVEN THE LIARS DIDN'T CATCH ANY.

DIFFERENT PERSPECTIVES

A man was boasting to his kids that when he was young, the young ladies would be chasing after him.

The kids (naturally) went to the man's mother and asked if it were true. The grandma says, "Well, kids, it's mostly true but I wouldn't quite put it like that."

"How would you put it, grandma?" asked the kids.

"I'd say the young ladies were chasing him AWAY!"





ISSUE 168

"I hear people talking about how they
"struggle with sin." To be honest, I'm not
sure "struggle" is the right word for most of
us. Most of us are 'surrendering to sin.' It
would be nice if we would do a little more
struggling."

9ay Cheese?

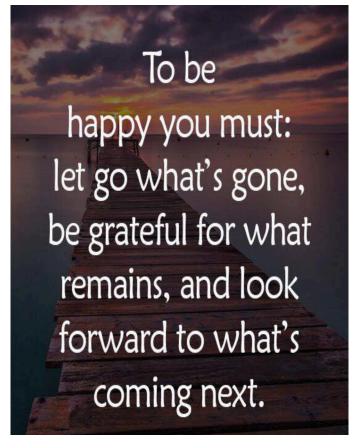
A family was having dinner and the little boy said, "Dad I don't like the holes in the cheese!"

Well son, eat the cheese and leave the holes on the side of the plate.

IF I CAN MAKE
ONE PERSON LAUGH
LONG ENOUGH TO FORGET
THEIR PROBLEMS THEN
MY DAY WAS NOT WASTED.









A sense of humor can help
You overlook the unattractive,
Tolerate the unpleasant,
Cope with the unexpected,
And smile through the unbearable.
- Moshe Waldoks

An Alabama state trooper, stopped a woman on 231, just north of Ozark for going 15 miles over the speed limit. After he handed her a ticket, she asked him,

"Yes, ma'am," he replied. "They're all up and down the road. They say, 'Speed Limit 65."

Perfect Birthday Present

Mary Jane: "Your husband's birthday is coming up.
What are you getting him?"

Wife: "Oh, 100 of his favorite cigars."

Mary Jane: "What did you pay for them?"

Wife: "Nothing! For the last few months, I have taken one or two from his box daily. He has not noticed and will be delighted with my ability in getting the kind he always smoked."

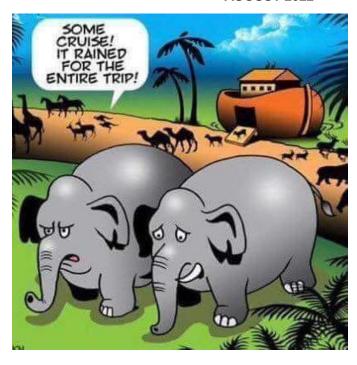
Life is short, live it.

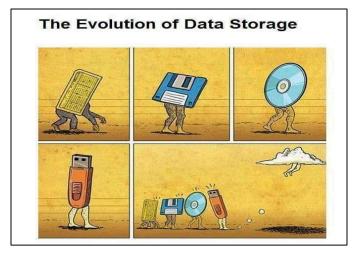
True love is rare, grab it.

Anger is bad, dump it.

Fear is awful, face it.

Memories are sweet, cherish them





		S	Р	1	K						G	Ν	Α	R	
7	S	Т	Α	Т	U	S				Ι	1	S	S	Е	D
\leftarrow	В	Α	N	S	Н	Е	Е		S	Е	Ν	Е	S	С	Е
\cup	1	R	Α		Ν	Е	W	Υ	0	R	K	С	1	Т	Υ
E	С	Е	С	Α		K	Е	Е	Ν	Е			S	U	S
NOILOI		S	Е	Ν	S		S	Α	Ν	S		S	Т	М	
\exists			Α	D	Р	S		S	Е	1	Z	Е	S		
Ö				R	Е	Α	L		Т	Е	Α	Т			
S			В	Е	D	L	Α	М		S	Α	Т	Е		8
Щ		D	0	Α		Α	Р	Α	R		R	Е	Т	Е	
PUZZL	S	Е	N			R	Е	R	Α	Ν		Е	Α	R	S
	Α	Ν	N	1	Н	1	L	Α	Т	0	R		G	Α	0
5	S	0	1	R	Е	Е	S		Е	Е	R	1	Е	S	Т
<u> </u>	S	Т	Е	Α	L	s				S	Ν	0	R	Е	s
		Е	R	Ν	s						Α	U	Е	R	



E ven though there are days I wish I could change some things that happened to me in the past, there's a reason the rear view mirror is so small and the windshield s so big, where you are headed is much more important than what you've left behind.

WHAT'S WRONG WITH OUR VOTING PROCESS

If a credit card company can identify every single item you purchase instantly - why can't our overpaid Government create a modern day, high tech, universal

UNITED STATES VOTER ID CARD

that can be swiped at the polling booths, INSTANT verification if you already voted, a RECEIPT printed that you can take with you after you vote, a personal account to verify your vote at home AND.... an automatic 5 year jail term and lifelong loss of voting rights if you are caught committing voter fraud by trying to vote more than once or using someone else's ID Card? There MUST be a reason we don't already have this... and my gut tells me its all about corruption in the SWAMP!







The most terrifying moment in life is when the toilet refuses to flush at someone else's house.

Bought a head of lettuce from a small grocery store called Mommas and Papas.

Can't eat it because all the leaves are brown.

If you wanna be able to buy things without looking at the price, You gotta be able to work without looking at the clock.

There I was sitting at the bar staring at my drink when a large, trouble-making biker steps up next to me, grabs my drink and gulps it down in one swig.

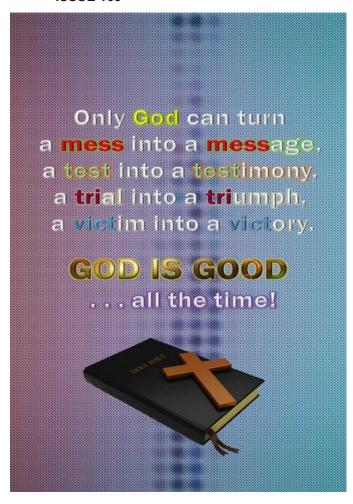
"Well, whatcha' gonna do about it?", he says, menacingly, as I burst into tears.

"Come on, man," the biker says, "I didn't think you'd CRY. I can`t stand to see a man crying."

"This is the worst day of my life," I say. "I'm a complete failure. I was late to a meeting and my boss fired me. When I went to the parking lot, I found my car had been stolen and I don't have any insurance. I left my wallet in the cab I took home. I found my wife with another man and then my dog bit me."

"So I came to this bar to work up the courage to put an end to it all, I order a drink, I drop a capsule in and sit here watching the poison dissolve; then you show up and drink the whole thing! But enough about me, how's your day going?"





BUSINESS CARDS

\$49 FOR 500 + TAX

\$65 FOR 1000 • TAX

Shipped FREE in Continental USA

Printing Services

322 Andrews Ave. Ozark, AL 36360 334.379.7603

SERVICES INCLUDE

YARD SIGNS
BANNERS
EVERY DOOR DIRECT
MAILING
CUSTOM PRINTED PENS
VEHICLE MAGNETS
RACK CARDS
DOOR HANGERS
NCR FORMS

roger@LaughsandLifts.com

B C E R K I Ν V В Е V K B A Т Е G Е N N R D H. D D 0 W L D A K H. C М Ι C G Ι G E I P D C N K Т L H. W F V I Т W I Y М R 0 Т W A I W I R N E C P Т Е B Е D R F A Е I R E E Р P N Ν E N М Е М H P B A M B М D S U N R F A S Y A P В D В 0 C R K W A L C Т н T U 0 P C Т R Т Y U В A R C Ν Е G P U C L Т B U D \mathbf{I} U L 0 Y D A D C C C Y U S E W N W М B Е М L P F S S I R В U E A н Ν R A C R V E K E G E U Y В C G R 0 U N 0 Е T I D L Y D F 0 S W E Y A Е H W P A Α K H I U W K G 0 L A B R V G C I T N U B D L Y \mathbf{I} W S E N S Т F Y K B М F C C R A S U Ν н Y A A I 0 R A D A F Т L М М М R H P L P S Т G В W W Ν 0 B I Е 0 G I R K R U D F R 0 C W В 0 V G S P I S U L F W P U K W R I 0 W W S U М В F U N A Е V B V н I

EXPANDING OUR CLINICAL CAPABILITIES WITH THE

AQUILION PRIME 80 SLICE CT



TroyMedicalCenter.com





BUSINESS PARTNER

For

Troy, Andalusia, & Enterprise

Laughs and Lifts,
this area's favorite magazine
has an immediate opportunity
for a motivated Business Partner.
You must be of high moral character,
dress neatly, be well groomed, have a
helpful, friendly...NOT pushy,
sales ability, upbeat and organized.

You'll need a reliable vehicle, clean driving record, pass a criminal background and drug test and possess the ability to work with publishing deadlines.



If you have the experience or desire to learn and help a well respected business into your hometown and county, send your resume to Roger@laughsandlifts.com

322 Andrews Ave, Ozark, AL 36360 334-379-7603

WaCKiE Words Solution

- 1. One thing after another
- 2. Heartbroken
- 3. A raise in pay
- 4. A drop in temperature
- 5. Last but not least
- 6. Hard up
- 7. But on second thought
- 8. The long and short of it.
- 9. The straight and narrow path
- 10. One in a million
- 11. Cross purposes
- 12. Bookends
- 13. Two under par
- 14. Fooling around
- 15. Turn for the worse
- 16. Hellbent on winning
- 17. History repeats itself
- 18. Fat chance
- 19. Musically inclined
- 20. Beginning of the end

Sudoku

5		1			3			4
	2			8				6
3								
						8		
	4				7	9		3
		9						
				6			1	7
		4				2		
	8		9				3	·

Numbrix Solutions

6 6	66	69	70	73	74	75	76	77
57 6	67	68	71	72	81	80	79	78
6 6	56	55	54	53	52	51	50	49
57 6	57	58	43	44	45	46	47	48
60 6	60	59	42	41	40	39	36	35
5	5	18	19	20	21	38	37	34
6	6	17	16	15	22	27	28	33
7	7	10	11	14	23	26	29	32
8	8	9	12	13	24	25	30	31

0909 MEDIUM 7

81)	80	5	4	1	12	13	16	17
78	79	6	3	2	11	14	15	18
77	76	7	8	9	10	57	56	19
74	75	66	65	62	61	58	55	20
73	68	67	64	63	60	59	54	21
72	69	48	49	50	51	52	53	22
71	70	47	46	45	44	29	28	23
38	39	40	41	42	43	30	27	24
37	36	35	34	33	32	31	26	25

MEDIUM

							8	5
		9	6		4			
				3		2		
5	6				8			
				4	2			1
	1		2			3	5	
		6					4	
		3			7		9	

Winning starts here.



It's time for Friday night lights...no matter what team you're on, we're cheering for you.

We're proud to support our area schools.

We value your membership. We value you.



www.peariver.com 800.264.7732