

## Maine DHHS Announces Opening of New Biddeford Office

**AUGUSTA, ME (July 21, 2022)**—The Maine Department of Health and Human Services (DHHS) announced today that it has opened a new office in Biddeford. Located at 457 Alfred Street in the former Journal Tribune building, the office opened to the public on Monday, July 18. This office, which replaces a previous temporary location in Biddeford, provides in-person services to residents of eastern York County and southern Cumberland County and complements the Sanford DHHS Office.

The new office is open from 8 a.m.-5 p.m. Monday through Friday for services including eligibility screening for public benefits. It offers parking, convenient access to public transportation (between bus stops on the Orange/Black Line of the Biddeford Saco Old Orchard Beach Transit), and state-of-the-art workspace for staff from the DHHS Offices for Family Independence, Child and Family Services, and Aging and Disability Services, as well as District Operations.

“The Department is committed to customer service and we are proud to open this new location to serve residents in southern Maine,” said DHHS Commissioner Jeanne Lambrew. “This easily accessible and central location will serve the needs of the public and our valued staff.”

The City of Biddeford has worked collaboratively with the Department to open this new location. With over 21,000 residents, Biddeford is the sixth largest city in Maine.

“I am thrilled to see the opening of the new Department of Health and Human Services office in Biddeford,” said Biddeford Mayor Alan Casavant. “Having an office nearby allows the many people in need of assistance in our area with easier access and provides a human touch for those seeking support in navigating the Department’s many programs and services.”

A complete list of all DHHS district office locations and contact information is available on the DHHS website. Anyone interested in public assistance benefits is encouraged to visit My Maine Connection for information and to apply online. Information is also available by calling 855-797-4357.

## Gorham PD Holds Rookie Camp 911



**GORHAM, ME (July 15, 2022)** – Gorham PD held Rookie Camp 911 from July 11 - July 15. The following is a brief recap of the daily events that the campers experienced.

**Day 1:**  
Campers gathered and introductions took place with counselors, campers and public safety staff members. Campers received Camp T-Shirts and Identification Cards.

Campers learned about Patrol K-9’s, ESU, Taser Demo, and being a good Digital Citizen.

We would like to thank the Scarborough Police Department K-9 Teams, Det. Sgt. Daniel Young and Det. Rappold for making this day a great success!!!

**Day 2:**  
Campers met with a Marine Patrol Officer and learned about Conservation Law on the Ocean. They got to touch oceanic lifeforms in particular lobsters and clams. Campers were also visited by the ME State Police Major Crime Unit where they learned about crime scene processing as well as got a tour of the MCU Evidence Van.

In the afternoon, campers learned about the 911 system from Cumberland County Regional Communication Center dispatchers. They were able to understand the importance of 911 and provide proper information during an emergency situation.



Campers brought in their bikes and received a presentation on bike safety by members of the Gorham Police Dept. Campers were able to successfully navigate a bike safety course using proper signals and stops.

**Day 3:**  
The day was spent at Shaw Park on the water. ME Game Warden Pete Herring talked with the campers about the importance of wearing a life jacket as well as other conservation laws. They were asked to put a life jacket by themselves and received McDonald’s coupons upon successfully demonstrating on how to properly secure the vest.

Gorham Fire Department showed the campers their water rescue gear and were allowed to see how the gear works first hand.

Det. Gene Gallant came in the afternoon to talk about his Dive Team Equipment and his role as a Dive Team member. He also spoke with the campers about his use of a drone to help officers reconstruct crime scenes.

Thank you to all our instructors and presentors.

**Day 4:**  
Gorham Fire Department Day. Fire Fighter Leighton showed the campers equipment from Gorham Rescue and showed the campers how she would utilize the equipment in emergency situations.

In the afternoon campers were shown how a hose was pressurized and how they use the hose and truck to extinguish fires. Campers were able to hold the hoses under direct supervision to get a feel of how fire fighters have to put out fires.

The remainder of the day consisted of fun in the water with a BBQ and ice cream provided.

**Day 5:**  
The final day of Camp consisted of a presentation from the ME Forestry Department at the Gorham Public Safety Facilities. Campers were made aware of fire prevention in a woodland/camping setting. They were shown the equipment used by Forest Rangers and were able to use their hand held water tanks to simulate putting out a fire.

Campers then went on field trips to the Animal Refuge League learning about the care of lost and recovered animals. They learned about the care of the animals as well as the welfare that was provided to these animals.

Campers finished their field trip with a trip to the Portland Fire Boat on Commercial Street in Portland. Campers learned about the water front and how Portland Fire Department assists with rescues and fires on the ocean and waterfront.

Campers returned back to the Gorham Public Safety Facility having a group photo and receiving certificates of completion to the CAMP 911 program.

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# Newsmakers, Names & Faces

## \$850 Relief Checks Processed for All Who Filed 2021 Tax Returns

**AUGUSTA, ME (July 20, 2022)** – The Department of Administrative and Financial Services (DAFS) announced today that it has successfully processed and sent \$850 relief checks to all verified eligible Maine taxpayers who have filed tax returns to date.

The Department has sent a total of 784,028 payments to Maine taxpayers, representing 91 percent of the 858,000 estimated recipients. Maine Revenue Services, a division of the Department of Administrative and Financial Services, will continue to process checks weekly as

Maine taxpayers continue to file their returns. The deadline to file returns is October 31, 2022.

“Knowing how much Maine people needed the relief, Governor Mills directed the Department to get these checks into the hands of Maine people as quickly as possible – and we got it done, delivering the money within 90 days to all the taxpayers who had filed their returns,” said Kirsten Figueroa, Commissioner of the Department of Administrative and Financial Services. “We are proud to have delivered this critical relief, and now we will shift

gears to work with community partners to spread the word to ensure that all Maine people – especially Maine seniors – who may be eligible for the relief receive it.”

Governor Mills proposed, and the Legislature overwhelmingly approved, the relief payments as part of the Supplemental Budget the Governor signed into law earlier this year. The payments give back more than half of the State’s surplus – \$729.3 million – in the form of one-time, \$850 checks to an estimated 858,000 Maine people to help defray rising costs. The aver-

age Maine family received \$1700 in relief.

The payments utilized resources from Fiscal Year 2022, meaning they have been completely paid for and are not reliant upon forecasts of future funding.

The Department is working with community partners to promote the relief payments, and other tax benefits signed into law by the Governor, to reach those who may not know about them or know that a 2021 Maine State tax return is required to receive them.

For the purposes of claiming the \$850, a Maine person who is typically a

non-filer can follow the same process they use to claim the Property Tax and Sales Tax Fairness credits, a process that doesn’t require them to file a Federal return.

To file a Maine State tax return and qualify for the \$850 payment:

1. Complete Schedule PTFC/STFC in full:

[https://www.maine.gov/revenue/sites/maine.gov/revenue/files/inline-files/21\\_1040me\\_dwnldff.pdf](https://www.maine.gov/revenue/sites/maine.gov/revenue/files/inline-files/21_1040me_dwnldff.pdf)

AND

2. Answer these questions on the 1040-ME form:

Check Box A and

answer questions 1 – 13a. Then, transfer the appropriate information from Schedule PTFC/STFC to answer questions 25d. through 33e. as appropriate.

See: [https://www.maine.gov/revenue/sites/maine.gov/revenue/files/inline-files/21\\_1040me\\_sched\\_pstfc\\_dwnldff.pdf](https://www.maine.gov/revenue/sites/maine.gov/revenue/files/inline-files/21_1040me_sched_pstfc_dwnldff.pdf)

Maine people who are eligible and have not received their relief checks by the beginning of August can go to the online portal, enter in the necessary information and receive a status on their payment: <https://portal.maine.gov/refundstatus/payment>.

## Registration Open for Healthy Living for ME Free Workshops

**MAINE, STATE-WIDE (July 21, 2022)** – Healthy Living for ME invites adult Mainers of all ages to register for the network’s free August workshops focused on health and wellness. The workshops offered by the statewide network in August that are listed below are open to the public and include the two topics of managing diabetes and improving fitness and activity levels.

“Whether you’re dealing with a chronic disease such as diabetes, or are looking for ways to improve your activity levels, Healthy Living for ME can help. With workshops available online, in-person and by phone, we hope many Mainers are able to find an option that works for them and can take

advantage of these free resources for improving their health and wellness,” said Jennifer Fortin, Training & Fidelity Manager of Healthy Living for ME.

Better Health Now with Diabetes is conducted over the phone. Participants in this workshop receive a toolkit in the mail and work with a leader either by themselves or in small groups. Topics covered include: techniques to deal with the symptoms of diabetes, fatigue, pain, hyper/hypoglycemia, stress, depression, anger, fear, and frustration; appropriate exercise for maintaining and improving strength and endurance; healthy eating; appropriate use of medication; and working with healthcare providers.

This workshop is being offered by Healthy



Living for ME network partner MaineGeneral’s Peter Alford Prevention & Healthy Living Center. It runs from August 3rd to September 7th, 2022.

Bingocize - This workshop combines a bingo-like game with exercise and health education with the goal of increasing older adults’ functional fitness, health knowledge, and social engagement.

Bingocize is being offered in-person by Healthy Living for ME network partner SeniorsPlus beginning on August 9th, 2022. The workshop will be held at the Educa-

tion Center at SeniorsPlus in Lewiston on Tuesdays and Thursdays, 10:00-11:00 AM, through October 13, 2022.

Living Well with Diabetes - There are two sessions of this workshop being offered in August, one online and one in-person. This workshop is designed to help people with type 2 diabetes, those with prediabetes, and their supports learn how to live well. Topics covered during the workshop include: techniques to deal with the symptoms of diabetes, fatigue, pain, hyper/hypoglycemia, stress, depression, anger, fear, and frustration; appropriate exercise for maintaining and improving strength and endurance; healthy eating; appropriate use of medication; and working

with healthcare providers.

The online session of Living Well with Diabetes is being offered by Healthy Living for ME network partner SeniorsPlus. It will be held on Thursdays, 1:00-3:30 PM, beginning August 11, 2022 and running through September 15, 2022.

The in-person session of Living Well with Diabetes is being offered by Healthy Living for ME network partner Spectrum Generations. It will be held on Thursdays, 1:00-3:30 PM, beginning August 25th and running through September 29, 2022. The workshop will be held at the Cohen Community Center in Hallowell.

For virtual workshops, participants who do not have the necessary technology may be eligi-

ble to borrow an iPad from Healthy Living for ME in order to participate.

Registration is required for these workshops. Please contact Healthy Living for ME at 1-800-620-6036 or [info@healthylivingforme.org](mailto:info@healthylivingforme.org) for more information and to register. You can also register via our website, [www.healthylivingforme.org](http://www.healthylivingforme.org).

Healthy Living for ME also welcomes referrals from healthcare providers. Our evidence-based programming can help patients manage and prevent conditions before they become more serious or result in emergency situations.

To learn more about these and other workshops offered by Healthy Living for ME, visit [www.healthylivingforme.org](http://www.healthylivingforme.org).

## Friends of New Gloucester Library Hold Book & Bake Sales in August

**NEW GLOUCESTER, ME (July 15, 2022)** – Save the dates! The Friends of the New Gloucester Library are gearing up for our Book Sales in August. We will

have two book collection dates Thursday, August 4 from 1PM to 4PM at the New Gloucester Library (379 Intervale Rd) and Saturday, August 6 from 9:00AM to 12:00PM

at the New Gloucester Community Building (381 Intervale Rd, behind the library).

The Friends are especially interested in children’s books, and adult

fiction and non-fiction books. Please limit donations to 2 cartons or 4 grocery sized bags. We will be unable to return the containers items are donated in. Staff will not be able to assist in unloading donations. All donations should be clean and free of odors, mold, and mildew. As a reminder we are not

accepting Reader’s Digest Condensed, encyclopedias, text books, magazines, VHS tapes, DVDs or CDs.

The Friends will hold a Book and Bake Sale on Sunday, August 7 from 12PM - 4:00PM in the New Gloucester Community Building. For the first time, we are also having

a Members-only Preview Book Sale on Saturday, August 6 from 12PM-2PM. You can sign up to be a member that day if you are not currently enrolled!

The Friends look forward to seeing you at the book-drops and sales! Thank you for your continued support!

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# Newsmakers, Names & Faces

## MaineCF Grants Support Initiatives

**ELLSWORTH & PORTLAND, ME (July 20, 2022)** – More than \$174,000 in grants from the Maine Community Foundation's (MaineCF) Frances Hollis Brain Foundation will support organizations that offer early childhood, health, food security, legal and homelessness services.

The 27 grants to organizations and projects in southern and central Maine include:

- § Cedars Nursing

Care Center, Portland, for oral evaluations, dental X-rays and kits for long-term care residents and rehabilitation patients

- § Greater Portland Family Promise, to find affordable housing for families who experience homelessness and provide ongoing housing mentorship

- § Hope Acts, Portland, to support new asylum seekers with housing, support services and English classes.



The Brain Foundation Fund awards grants to non-profits that serve Auburn, Bath, Biddeford, Brunswick, Greater Portland, Lewiston, Saco, Sanford and those with statewide

missions. The funding supports early childhood care and education, extended-day learning, community health clinics, oral health initiatives, hunger prevention and food secu-

city, homelessness alleviation and legal services connected to these areas.

The next deadline for applications is April 1, 2023. A complete list of the 2022 grantees is available at [www.mainecef.org/recentgrants](http://www.mainecef.org/recentgrants). For more information, contact Program Officer John Ochira at [jochira@mainecf.org](mailto:jochira@mainecf.org) or (207) 412-0837.

David and Frances Brain established the Frances Hollis Brain Foundation in 1993 to address so-

cial issues and encourage the family's future generations to contribute to the wellbeing of their communities in Maine, Georgia and Kentucky.

*The Maine Community Foundation brings people and resources together to build a better Maine. MaineCF has offices in Ellsworth and Portland with additional staff located across the state. To learn more about the foundation, visit [www.mainecef.org](http://www.mainecef.org).*

## Maine Forest Service Storm Cleanup Reminders

**MAINE, STATE-WIDE (July 20, 2022)** – Everyone involved in storm cleanup can help keep Maine's forests healthy. After power and other utilities have been restored, property owners will face the issue of what to do with storm-damaged trees. Project Canopy, a program of the Maine Forest Service (MFS), offers tips and helpful guidance to property owners faced with questions about what to do with downed trees, limbs, and branches.

Trees and branches on homes and around power lines— Homeowners must find immediate solutions for downed trees and branches. Branches and trees on power lines should be dealt with by calling local power companies. Even if a hanging limb is clear of power and utility wires, homeowners should rely on professionals to assess the severity of the damage before trying to repair or remove the branch.

Injured trees requiring climbing or chainsaw work — Call a licensed

arborist for help. Arborists are tree care professionals trained to assess and correct storm-damaged trees. They also have the experience needed to diagnose how much of a tree can or should be saved. Homeowners should be wary of those offering fly-by-night emergency tree-cutting services. Always ask for proof of licensing, insurance, and work references. The Maine Department of Agriculture, Conservation and Forestry's Arborist Program has more information

about working with arborists.

The Maine Forest Service reminds everyone that the woody debris created by storm damage may harbor insects or diseases that are harmful to our forests. Moving that debris long distances can spread pests to new areas.

Be aware that there are rules, known as quarantines, that impact transport

of some woody storm debris:

- Movement of ash tree material (*Fraxinus* spp.) from areas within the Emerald Ash Borer Regulated Area.

- Movement of Larch (*Larix* spp., *Pseudolarix* spp.) from areas within the European Larch Canker quarantine.

- Movement of Hemlock (*Tsuga* spp.) branch

or top material from areas within the Hemlock Woolly Adelgid quarantine.

Damage to trees in storms can make the evidence of forest pests such as the Asian longhorned beetle or hemlock woolly adelgid more visible. If damage from an invasive forest pest is suspected, please take photos and share them with the Maine Forest Service.

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# Seniors Not Acting Their Age

## Adventures Abound Visiting Puffins on Eastern Egg Rock



Sea kayakers arrive at Eastern Egg Rock



A puffin stares back at a kayaker next to Eastern Egg Rock



Puffins float just off the bow of a kayak near Eastern Egg Rock



A team of kayakers paddle through Friendship Harbor

**Guest Column by Ron Chase**

**MAINE (July 21, 2022)** -- For several years, I've led a Penobscot Paddle & Chowder Society (PPCS) sea kayak trip to visit the puffins on Eastern Egg Rock in outer Muscongus Bay beginning from Round Pond. The roundtrip voyage is an exacting sixteen

mile day-trip. This year, I decided to explore an alternative itinerary, preferably camping overnight.

Following my research of options and a preliminary outing in eastern Muscongus Bay, I decided to launch from Bradford Point in Friendship. The actual distance to Eastern Egg and back is about seventeen

miles. However, paddling for multiple days provided for a more relaxed excursion. My plan was to kayak four miles to Black Island on the first day and explore hiking opportunities on nearby islands. On day two, we would complete the nine mile roundtrip to Eastern Egg and decide whether or not to spend a second night

on Black Island.

In late June, I received confirmation that the puffins had arrived on Eastern Egg Rock from a club member who is working on the island for the Audubon Society. After obtaining a quality three-day weather forecast, I announced a club trip and eight enthusiastic Chowderheads signed on.

Six of us met at Bradford Point Landing on a beautiful summer day with clear skies, moderate temperatures, and light winds. A major concern was a change in the weather forecast for the subsequent days. The forecast for days two and three had deteriorated overnight. Fog, strong onshore winds, and bigger seas were predicted.

The trip to Black Island was a delight. Six solo kayakers paddled out of Friendship Harbor and along the western shore of Friendship Long Island. Angling southwest at the

end, we passed Cranberry Island on our left while journeying to the campsite on the north end of Black. There we met two additional Chowderheads who had spent the previous night on Thief Island in central Muscongus Bay.

While unloading boats, wary paddlers contemplated the worsening forecast. Brent Elwell obtained an updated forecast on his weather radio confirming that the exceptional conditions we were experiencing would continue for the remainder of the day. We decided to change our plans and attempt the voyage to Eastern Egg that afternoon.

Superb paddling was encountered traveling south through a narrow channel between Harbor and Hall Islands. Entering open water, the hazy profile of Eastern Egg Rock was observed about three miles south with only tiny Franklin Island and its distinctive lighthouse between.

Light onshore winds and gentle seas continued during our traverse to the rock where we were greeted by scores of colorful puffins floating in the waves or fluttering to and from the island. The relatively calm conditions allowed us to enjoy an extended visit with the remarkable little sea birds.

After completing a circumnavigation of the diminutive atoll in rolling swells, we returned to Black Island benefiting from a tailwind and an ingoing tide. A sunny end of the day with a cool sea breeze made for a very pleasant evening camping on the spacious site owned by Maine Coastal Heritage Trust.

The following morning, we awoke to patchy fog and a strong onshore wind. Our decision to visit the puffins the previous day was validated. Three

in the group chose to return to Friendship while the remaining Chowderheads decided to wait out the fog and complete some additional island exploration.

When the fog lifted, the tenacious kayakers broke camp and paddled to a beach on the northeast end of Harbor Island. From there, the inquisitive explorers followed a hiking trail across the island to spectacular cliffs on the west side where they were entertained by a panoramic view of Muscongus Bay. Afterwards, the hiking contingent returned to the mainland assisted by a breezy tailwind and a cooperative ingoing tide.

Despite some unanticipated obstacles, another successful PPCS trip to visit with the puffins was completed. A gratifying postscript, trip participants Jean Miller and Ken Gordon were able to capture a collection of exceptional close up photos of the wonderful puffins – no easy accomplishment while paddling a solo sea kayak.

Read a chronicle of another exciting trip to Eastern Egg Rock from Round Pond and seven additional sea kayak adventures along the Maine coast in my book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine*.

*Ron Chase resides in Topsham. His latest book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is available at <https://www.northcountrypress.com/maine-al-fresco.html> or in bookstores and through online distributors. His previous books are "The Great Mars Hill Bank Robbery" and "Mountains for Mortals – New England." Visit his website at [www.ronchaseoutdoors.com](http://www.ronchaseoutdoors.com) or he can be reached at [ronchaseoutdoors@comcast.net](mailto:ronchaseoutdoors@comcast.net).*

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MICHAEL G.

# Jazz Guitar Duo Play in Wiscasset on July 28, 5-8pm



Jazz guitarist David Lawlor plays in Trifles during Wiscasset Art Walk 2021. Lawlor and duet partner Neil Lamb will perform a sidewalk concert during Wiscasset Art Walk on Thursday, July 28, 5-8pm. (Wiscasset Art Walk photo)

**WISCASSET, ME (July 22, 2022)** – They call themselves Lambo Law: Guitar Duet, and they are terrific. Jazz guitarists Neil Lamb and David Lawlor will be playing a free concert at Wiscasset Art Walk on Thursday, July 28, from 5 to 8pm. Look for them on a sidewalk in Wiscasset Village.

Both guitarists have played previously at Wiscasset Art Walk, Lamb as a guest musician, and Lawlor as a regular gallery performer. Although each musician has developed his own playing style, with Lawlor playing a 6-string pick style and Lamb playing a 7-string finger style, when they come together,



Jazz guitarists Neil Lamb (l) and David Lawlor will play a free concert in Wiscasset Village on Thursday, July 28, 5-8pm, during Wiscasset Art Walk. Portrait by Kathleen Mac.

they speak the same musical language.

Lawlor explains that when he's playing jazz guitar as a solo performer, he's likely to interpret an arrangement very literally because he has to carry all the parts of the piece himself including the rhythm and the melody. "You have to keep the listener in mind and not play with breaks or lose rhythmic continuity," he says. But when playing with a partner like Lamb, he can improvise more with a solo because he knows his playing partner will be providing that musical

continuity.

In a previous career as Executive Director of Mobius in Damariscotta for 18 years, music was a sideline for Lawlor, but after retirement, "music is kind of the main thing now." That means, in addition to playing, that Lawlor continues to take lessons when he feels it will help him gain new skills and improve what he already knows. "Maine is home to some excellent guitar players," Lawlor says, and lessons with accomplished musicians help him push his music to higher levels. On the

downside, there aren't a lot of venues for jazz guitarists. And that brings Lawlor to Wiscasset Art Walk. "Art galleries are perfect," he says, "there's not a lot of noise, it's a quieter environment, and coordinating music with visual arts feels right."

One of Lawlor's current musical projects is working with artist John Carnes to compose music that's complimentary to specific paintings by the Gardiner artist. For Lawlor, composing gives him the opportunity to explore a new concept or solve a technical challenge, but he emphasizes that even a simple tune, a classic arrangement, can be added to and become more complicated. During a Lambo Law set, it's usual to hear some original pieces mixed in with recognizable numbers by Lennon & McCartney, Sondheim, and Methany.

While the Midcoast abounds with talent, this is a rare opportunity to hear two exceptional jazz guitarists, playing together, in such an intimate and unusual setting.

The Wiscasset Art Walk on July 28 will also feature drum-making, rattle-making for kids (and their adults), an environ-

mental display with a screech owl named Willow, fresh bouquets, and artists displaying their work – all on the sidewalks. In addition, visitors can spend the evening visiting galleries and shops, and enjoy the local scene along the Sheepscot River. Sparkling doorway streamers will mark the evening's participants; free parking is plentiful.

Wiscasset Art Walk 2022 is made possible by the generosity of Lead Sponsors Donna and Frank Barnako and Major Sponsors Ames True Value, Big Barn Coffee, BIRCH Home Furnishings & Gifts, Bradbury Art & Antiques, Carriage House Gardens, First National Bank, Fogg and Dalton Art Restoration, Industrial ME, J. Edward Knight Insurance, Newcastle Realty, Ozias, Peter Eaton at the Lilac Cottage, Red's Eats, Rock Paper Scissors, and Sherri Dunbar/Tim Dunham Realty. Additional sponsor support comes from Cod Cove Inn.

For more information about Wiscasset Art Walk, [www.wiscassetartwalk.org](http://www.wiscassetartwalk.org) or email to [wiscassetartwalk@verizon.net](mailto:wiscassetartwalk@verizon.net). Wiscasset Art Walk is a program of Wiscasset Creative Alliance.

## Airbnb Data Shows Mainers Have Earning Potential in Hosting

**MAINE, STATE-WIDE (July 21, 2022)** -- Airbnb released new data showing the earning potential for Hosts in Maine with unique homes, from domes and windmills to lighthouses and trains — which are increasingly popular among travelers. Airbnb's report shows:

In the past two years alone, from 2019 to 2021, nights booked at unique properties have increased by nearly 50 percent around the world.

With more guests booking unique stays, Hosts are also earning real income, with unique listings earning nearly \$1 billion just in 2021. In fact, globally, earnings by night and by traveler were higher for unique than for non-unique listings in 2021.

Tiny homes are the most booked unique listing type on the platform — with more than 2.5 million nights booked in tiny homes alone in

2021. Tiny homes Hosts on Airbnb earned a combined total of more than \$195 million in 2021 — the top grossing unique space type.

In the US, Maine was among the top five states with the biggest increase in nights stayed in unique listings on Airbnb — comparing January to March 2022 to the same time period in 2019 — along with Missouri, Ohio, Mississippi, and Oklahoma.

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# Arts & Entertainment

## Maine Outdoor Film Festive Gets Underway, Announces Panels

**PORTLAND, ME (July 20, 2022)** -- The Maine Outdoor Film Festival, presented by Baxter Brewing, kicks off in just two weeks. There's a lot to share, so let's get right to it!

### 2022 Panels Announced

A very large thank you to p3 Maine for its work in bringing these panels to life! All panels will be held before the screenings and are open to ticket and passholders.

#### July 29, 2022 - "Climate Change Storytelling: Anadromous Fish"

6:30 to 7:30 - GMRI  
Moderator: Elijah Miller, Gulf of Maine Research Institute Communications Director

Panelist: Jerry Monkman, Director of KEYSTONE: VOICES

**FOR THE LITTLE FISH** (screening Thursday, July 28th)

Panelist: Mike Thalhauser, Collaborative Management Specialist at Maine Center for Coastal Fisheries and a Producer of A WATERSHED MOMENT (screening a Saturday July 30th)

Panelist: Zachary Whitener, Marine biologist and Vessel Safety Officer at Gulf of Maine Research Institute, Owner/Guide at Anadromous Adventures Guide Service LLC and former commercial fisherman.

#### August 12, 2022 - "How'd You Get That Shot?!"

6:30 to 7:30 - Apres  
Moderator: Morgan Myer, Filmmaker and Partner, p3 Maine

Panelist: Ben Sev-

erance, Director of 2019 MOFF Best Short THE FIRST COAST

Panelist: Roger McCord, Director of SAP TIME (screening Saturday, August 6th)

Panelist: Art Bell, Director of WINTER SWIMMING (screening Friday, August 12th)

Panelist: Jeshua Soucy, Director of A PAINTING FROM THE EARTH (screening Thursday, August 11th)

#### August 14, 2022 - "Stories From the Field: Maine Women Filmmakers Talk Shop"

6:30 to 7:30 - Apres  
Moderator: Emma Gregg Brego, President, Maine Film Association, Director of Production p3 Maine

Panelist: Juliette Sutherland, Director of

2021 MOFF film THE SURFBOARD BUILDER

Panelist: Lamia Lazarak, Director of UNSINKABLE SHIPS (screening on Saturday August 13th)

Panelist: Anita Clearfield, Filmmaker, NATASHA MAYERS: AN UNSTILL LIFE

#### Rugged New Screen System

New this year, the MOFF screen will be attached to a utility trailer, for a more rugged setup and better equipped to handle the wind. Shout-out to Ben and Monkeyfist Handyman Services for the design and build.

#### "MOFF Kids Film Night"

MOFF, Smooth Feather and the Boston International Kids Film Festival are partnering for an outdoor screening on

Sunday July 31, 2022 at the fields behind Deering High School Gymnasium.

The program will feature a shorts block beginning at dark (about 8pm) with films made by or for middle and high school students. Then there will be a brief intermission followed by a family friendly feature. Stay tuned for program details.

#### MOFF Field Day: August 13, 2022

We're pleased to let it be known that MOFF is partnering with Maine Outdoor Brands (MOB) to host a "MOFF Field Day" from 2pm to 6pm at Apres on August 13th. This free community event will feature The MOB Yard Sale with warehouse deals on outdoor gear and apparel, music, food trucks, games, info tables from dozens of

local nonprofits and business and the ... T-SHIRT SWAPAGANZA!

The event goes from 2pm to 6pm, so put it on your calendar and score some sweet deals on outdoor gear!

#### August 6th Service Morning with Portland Trails

Join MOFF staff, volunteers and other attendees for a morning of trail work with Portland Trails. We'll work the Portland Trails crew to knock a task or two of their to-do list and help keep the amazing resource that is Portland Trails!

MOFF also has openings for a few volunteers at our screenings too! Fill out the volunteer form for more info on that:

<https://maineoutdoorfilmfestival.com/volunteer-for-the-2022-moff/>

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## 1<sup>st</sup> Annual Operation Ray of Light Bass Fishing Day For Veterans



#### KIWANIS BEACH

STANDISH, ME (July 20, 2022) --Friday, August 26, 2022 will be an awesome day! Veterans will begin their day with coffee and donuts and be paired up with boat captains who will take them out and fish a body of water known to possess 7 and 8 lb bass.

In the early afternoon

lunch will be served and there will be an opportunity to play cornhole and just hang out and enjoy the time with your fellow veterans. There will also be the opportunity for a little swimming on the beautiful Sandy Beach. Too reserve your spot or volunteer your boat for this day contact Jim Martel 207-233-1332


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# Maine Housing Sales Up 16.4%, Affected by Rising Interest Rates

AUGUSTA, ME (July 20, 2022)—The housing market in Maine is beginning to feel the effects of rising interest rates. Sales of single-family existing homes declined 9.83 percent last month, according to Maine Listings. The statewide median sales price (MSP) hit \$360,825 in June 2022—an increase of 16.4 percent compared to June 2021. The MSP indicates that half of the homes were sold for more and half sold for less.

“Discussions with REALTORS® across Maine indicate that some are ex-

periencing a ‘pause’ in their market areas,” says Madeleine Hill, 2022 President of the Maine Association of REALTORS® and Designated Broker at Roxanne York Real Estate in Harpswell. “We are beginning to see homes staying on the market for weeks instead of days, price adjustments, and fewer buyers competing for new for-sale listings as rising mortgage interest rates have cooled some segments of buyer demand.

“Statewide in Maine, the for-sale inventory of single-family properties remains historically low with

1.8 months of supply available for-sale. A six-month supply is considered a balanced market.”

Nationally, sales eased 12.8 percent comparing June 2022 to June 2021. The National Association

of Realtors reported a national MSP of \$423,300 for June—an increase of 13.3 percent. Sales in the regional Northeast decreased 11.8 percent while the regional MSP of \$453,300 represents a rise of 10.1 per-

cent comparing June 2022 to June 2021.

“The ‘pause’ Maine is experiencing may indicate a lag between seller expectations and buyer purchasing behavior, and we expect the market to adjust to these

shifting dynamics,” says Hill. “Nearly 1,800 families found their opportunity and bought a home in Maine during June—the seventh best June since we began record-keeping twenty-one years ago.”

## Area Students Named to Spring 2022 Dean’s Lists

**Local Residents Named to Dean’s List for Spring 2022 Semester**

MANCHESTER, NH (July 19, 2022) - Saint Anselm College has released the Dean’s List of high academic achievers for the second semester of the 2021-2022 school year. To be eligible for this honor, a student must have achieved a grade point average of 3.4 or better in the semester with at least 12 credits of study which award a letter grade. A total of 555 students representing 25 states and 3 countries received this honor.

Mark W. Cronin, Dean of the College, announced that the following students have been named to the Dean’s List for the spring 2022 semester at Saint Anselm College, Manchester, New Hampshire.

Lewiston, ME Joshua Fortin, 2022, Finance Wales, ME Dominique Mi-

chaud, 2023, Biology BA

**Endicott College Announces Local Dean’s List Students**

BEVERLY, Mass. (July 19, 2022) - Endicott College, the first college in the U.S. to require internships of its students, is pleased to announce its Spring 2022 Dean’s List students. In order to qualify for the Dean’s List, a student must obtain a minimum grade point average of 3.5, receive no letter grade below “C,” have no withdrawal grades, and be enrolled in a minimum of 12 credits for the semester.

The following students have met these requirements:

Auburn, ME Piper Norcross, Libl Studies/Education, daughter of Kristi Huard-Norcross and Craig Norcross  
Lewiston, ME Amelia Fortin, Mrktng Comm/Advertising, daughter of Julie Fortin and James Fortin

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Fox Ridge Golf Course in Auburn, Maine  
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Registration begins at 8:00 a.m. with a Shotgun Start at 9:00 a.m.

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If you have any questions or want to volunteer, please contact either:

Coach Dan at 207-240-3015 or [ddauteuil@sta-law.com](mailto:ddauteuil@sta-law.com)

Registration forms and checks payable to **St. Dom’s Academy** can be mailed to:

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# CMP Employees Volunteer With Habitat for Humanity



The CMP team members sit on the porch of the Habitat house.

**ORANGE, CN (July 22, 2022)** — Employees from Central Maine Power (CMP), a subsidiary of AVANGRID, Inc. (NYSE: AGR), recently spent a day in Freeport volunteering with Habitat for Humanity of Greater Portland. The CMP team worked in the basement of the home to sheet rock the ceiling and spent time painting.

This volunteer effort is part of a company-wide partnership between AVANGRID, the Avangrid Foundation and Habitat for Humanity. The Freeport

build is one of the approximately 20 volunteer days scheduled in July with local Habitat for Humanities across AVANGRID's service area. It is all part of the Avangrid Foundation's Energized for Good program, an initiative that expands opportunities for employees to engage more deeply in social impact work through volunteerism and giving. AVANGRID's goal is to reach 7,000 employee volunteer hours in 2022.

"We are very proud to be longtime partners



(left to right): Connor Smith, AVANGRID Intern; Ambrose Hayes, AVANGRID Principal Project Manager; and Karen Pepin, CMP Lead Analyst.

with Habitat for Humanity," said Joseph Purington, president and CEO of CMP. "We're committed to creating a positive, lasting social impact by supporting and caring for the communities we serve. Habitat for Humanity is a great partner not only because

they do impactful work, but also because they touch so many of the communities where our teams live and work. While volunteering with Greater Portland chapter was a hard day's work, we had a great time giving back to our community."



(left to right): Lauren Adelia Weber, CMP Government Relations Intern and Konrad Frost, CMP Customer Service Representative.



The CMP team sheet rocks the ceiling in the basement.

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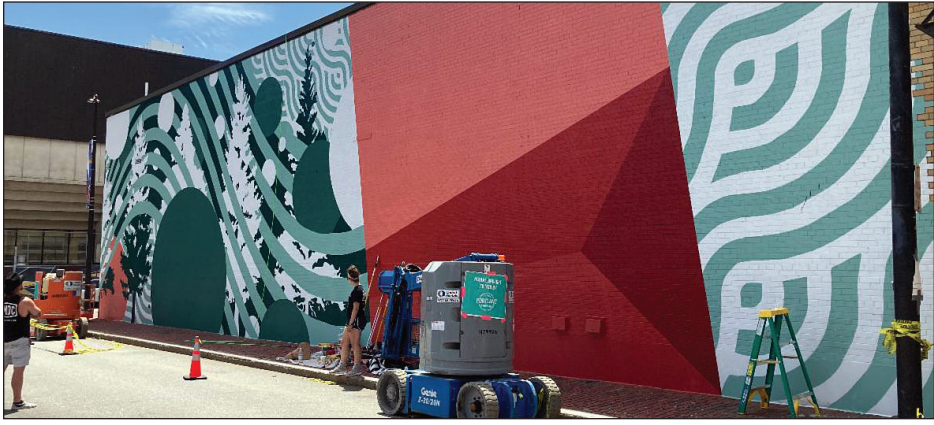
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# New Mural Adds Vibrancy & Message Downtown Portland



**PORTLAND, ME (July 18, 2022)** — Portland Downtown happily announces the addition of a new downtown mural at the corner of Brown and Free streets, creating vibrancy, discouraging graffiti, and encouraging local shopping.

Hugh McCormick Design Co. designed and painted the outdoor mural, located on the Brown Street side of Free Street restaurant & cocktail bar, formerly Binga's Stadium. This project was fully funded by Portland Downtown, a 501c4 nonprofit Downtown Improvement District.

"Part of Portland Downtown's mission is to create a more vibrant downtown — and public art is at the heart of that mission. Our team is happy to put our money where our mouth is to support some new downtown flair and color by way of this

fresh mural," said Cary Tyson, Portland Downtown Executive Director.

In their artist statement, Hugh McCormick Design Co. described the mural as a symbolic take on the "Buy Local" message. The art shows a shopping bag tipped over with color, objects, and form spilling from it.

"These forms flow through several trees representing the Maine landscape, state tree as well as the Portland Heritage of being the Forest City," the artist statement continues. "These soft geometric forms mixed with the more literal shapes of the trees create a dynamism that pops off the wall. People can stand at the base of the wall and look up at the trees as they would in the forests that make up the heavily forested state of Maine."

Executive Director Tyson noted the positive

impact public art can have on graffiti and tagging prevention.

"This wall was once a graffiti hotspot. Being able to curb those tendencies and simultaneously support local shopping is a true win-win for our downtown. We couldn't be more pleased with the final result and thank the artistic team, property owner, and all others who have graciously supported this project," added Tyson.

Work on the mural began in late June and was completed early last week.

"It's a proud moment when your building can act as a blank canvas for such a talented crew. This new look is bound to attract more visitors to our corner of the city and maybe even inspire they shop — or eat and drink — locally at places like Free Street bar and

restaurant. Happy to be of service," said Michael Kaplan, Property Owner.

"We are just striving to be the ultimate neighborhood bar. Luckily for us, we happen to be in one of the most diverse neighborhoods in Maine. As a result we've tried to gear our bar to reflect the needs and different personalities

of the block we call home. For us, that means accommodating the crowds that gather in the fall and winter before each Mariner's home game. It means supporting the thriving arts and music community, composed of both students and Portland mainstays. We're here for the tourists and the regulars.

Maine is the place we've chosen to make our home for its spirit and national beauty. With the addition of this new mural, our building reflects on the outside of everything we strive to project out from inside. Join US!" said the Free Street restaurant and cocktail bar team in a statement.

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## Mini Rams Win 1<sup>st</sup> Place at NCA Camp Competition



**GORHAM, ME (July 20, 2022)** — Today marked the end of 4 intense days at NCA (National Cheerleading Association) camp that took place at Husson University in Bangor and our Mini Rams ended their first ever camp experience with a **FIRST PLACE** win with their jam routine in the youth cate-

gory!!! We'll post on Facebook some camp highlights over the next few days, but in the meantime help us congratulate our cheerleaders, who also received superior ribbons and a spirit stick for their fantastic efforts! We are so proud of you and you represented Gorham fiercely today!

# Prescription Opioid Strike Force to Focus on Illegal Prescriptions

**CONCORD, N.H. (June 28, 2022)**—Assistant Attorney General Kenneth A. Polite, Jr., of the Justice Department’s Criminal Division today announced the formation of the New England Prescription Opioid (NEPO) Strike Force, a joint law enforcement effort that brings together the resources and expertise of the Health Care Fraud Unit in the Criminal Division’s Fraud Section, the U.S. Attorneys’ Offices for three federal districts, as well as law enforcement partners

at the U.S. Department of Health and Human Services Office of the Inspector General (HHS-OIG), U.S. Drug Enforcement Administration (DEA), and the FBI. The mission of the NEPO Strike Force is to identify and investigate health care fraud schemes in the New England region, and to effectively and efficiently prosecute individuals involved in the illegal distribution of prescription opioids and other prescribed controlled substances. The NEPO

Strike Force will primarily target criminal conduct by physicians, pharmacists, and other medical professionals, focusing upon both health care fraud and drug diversion offenses, as relevant based upon the facts of the particular case.

“This NEPO Strike Force expands and sharpens the Justice Department’s response to the nation’s opioid epidemic,” said Assistant Attorney General Kenneth A. Polite, Jr., of the Justice Department’s Criminal Division.

“In the last year, more than 75,000 people in the United States lost their lives due to overdose. Since 2018, some of the greatest spikes in the drug overdose death rate have occurred in New England. The NEPO Strike Force will help to address one of the root causes of the epidemic: unlawful prescription and diversion of opioids. Together with our partners, we will fulfill the department’s solemn promise to deploy critical resources to address the opioid crisis.”

Assistant Attorney General Polite was joined in the announcement in Concord, New Hampshire, by U.S. Attorney Jane E. Young for the District of New Hampshire; U.S. Attorney Darcie N. McElwee for the District of Maine; U.S. Attorney Nikolas P. Kerest for the District of Vermont; Deputy Inspector General for Investigations Christian J. Schrank of HHS-OIG; Assistant Administrator Kristi N. O’Malley of the DEA Diversion Control Division; and Acting Deputy Assistant Director Aaron Tapp of the FBI’s Criminal Investigative Division.

“The formation of NEPO presents a tremendous opportunity for our three Northern New England states to disrupt the illegal prescription and distribution of opioid,” said U.S. Attorney Jane E. Young for the District of New Hampshire. “As a state, we are grateful to the Department of Justice to be part of this initiative and excited that it will be based here in New Hampshire.”

“Maine’s opioid overdose death rate has skyrocketed, and law enforcement has identified the opioid epidemic as the number one issue officers face,” said U.S. Attorney Darcie N. McElwee for the District of Maine. “While the trafficking of illegal drugs, in particular fentanyl, is well publicized, 23% of overdose deaths in Maine are the result of pharmaceutical opioids, and many of those who died from illicit substances very likely first tried pharmaceuticals, either their

own or those of a friend or family member. This Strike Force will provide vital resources to help fight a growing epidemic, and along with our partners, we will pursue any medical personnel who misuse their position to endanger lives through the overprescribing of opioids for their own financial gain.”

“The announcement of the New England Prescription Opioid Strike Force demonstrates the Department of Justice’s commitment to working with our law enforcement partners in Vermont and elsewhere to hold accountable health care providers who exploit the opioid epidemic for personal gain,” said U.S. Attorney Nikolas P. Kerest for the District of Vermont. “Health care providers who issue illegal opioid prescriptions undermine important efforts to address the epidemic while putting patients at risk of overdose and physical harm.”

“HHS-OIG is unwavering in our commitment to hold accountable providers who illegally prescribe opioids for personal profit while neglecting the safety and wellbeing of their patients,” said Inspector General Christi A. Grimm of the U.S. Department of Health and Human Services. “Along with our law enforcement partners, HHS-OIG is proud to support the New England Prescription Opioid Strike Force in a collaborative effort to assist communities plagued by the opioid epidemic.”

“At a time when the United States is losing tens of thousands of Americans to opioid overdoses every year, it has never been more critical to ensure doctors and health care practitioners are prioritizing the safety and health of their patients,” said DEA Administrator Anne Milgram. “The creation of the New England Prescription Opioid Strike Force further strengthens our important cooperation with partners in the region to hold accountable any practitioner who recklessly distributes opioid medications.”

“The formation of the New England Prescription Opioid Strike Force provides the FBI and our law enforcement partners with important collective resources to combat health care fraud and drug diversion schemes within the region,” said Assistant Director Luis Quesada of the FBI’s Criminal Investigative Division. “The FBI will not tolerate those medical professionals willing to sacrifice patients’ health for their personal profit and will work tirelessly to root out and bring to justice those individuals who illegally distribute prescription opioids and other controlled substances.”

The NEPO Strike Force will operate as a partnership between prosecutors and data analysts with the Fraud Section’s Health Care Fraud Unit, prosecutors with the U.S. Attorneys’ Offices in New Hampshire, Maine, and Vermont, and special agents with HHS-OIG, DEA, and the FBI. It will operate out of the Concord, New Hampshire, area, supporting the three districts that make up the NEPO Strike Force region. In addition, the NEPO Strike Force will work closely with other federal and state law enforcement agencies, including the State Medicaid Fraud Control Units.

Today’s NEPO Strike Force announcement builds on the demonstrated success of the Health Care Fraud Unit’s Appalachian Regional Prescription Opioid (ARPO) Strike Force. Since its inception in late 2018, ARPO has partnered with federal and state law enforcement agencies and U.S. Attorneys’ Offices throughout Alabama, Kentucky, Ohio, Virginia, Tennessee, and West Virginia to prosecute medical professionals and others involved in the illegal prescription and distribution of opioids. Over the past three years, ARPO has charged 111 defendants, collectively responsible for issuing prescriptions for over 115 million controlled substance pills. To date, more than 60 ARPO defendants have been convicted.

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SCHOOL OF ROCK is presented by arrangement with Concord Theatricals on behalf of The Really Useful Group.

Tickets: \$22 adults/\$19 seniors/\$14 students  
Includes processing fees. All tickets are general admission.  
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# Castagnacci Exhibition Opens at Cape Ann Museum

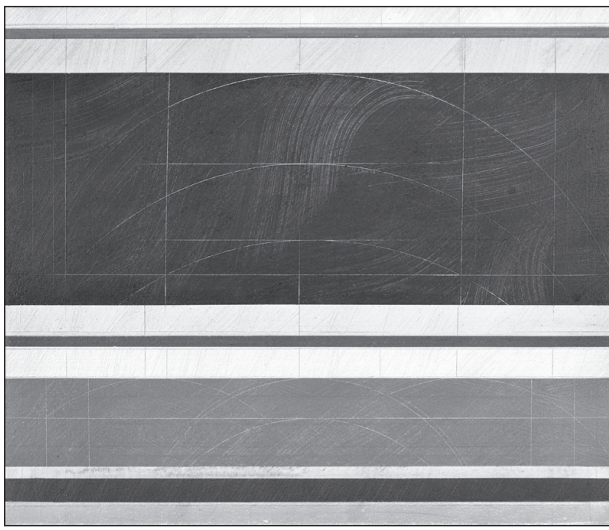
**GLOUCESTER, MA (July 2022)** – This summer, the Cape Ann Museum presents a special exhibition of works by contemporary artist Vincent Castagnacci. Notes from a Quarry will focus on Castagnacci’s drawings and paintings from the mid-2000s to the present, pulling in earlier works that reflect the strong influence Cape Ann has had—and continues to have—on the artist.

“All that I have become I owe to the first time I set foot on Cape Ann, and specifically Gloucester,” said Castagnacci. “For close to sixty years, I have lived with its presence in my life.”

Originally from Providence, Rhode Island, Castagnacci stud-

ied at the School of the Museum of Fine Arts, Boston, and with George Demetrios in Boston and Gloucester in the early 1960s. In 1964, he earned a BFA from Yale, and two years later an MFA from the same institution. It was through his work with Demetrios that Castagnacci came to know and love Cape Ann. For the past 40 years, the Castagnacci family has owned property on the backside of the Cape. The neighborhood, from Folly Cove’s rugged shoreline, out to Halibut Point and up into Dogtown, has provided Castagnacci with boundless inspiration.

“The Cape Ann Museum, is delighted with this presentation of Vincent Castagnacci’s work to



continue its focus on contemporary practitioners inspired by Cape Ann”, said Oliver Barker, Museum Director. “Castagnacci through explorations of media, surface, pattern and texture illuminates a new way of look-

ing at granite which is such a defining feature of Cape Ann’s history and our collective lived experience.”

Castagnacci began teaching art while studying at Yale and working at Southern Connecticut

State College. He moved from there to Old Dominion University and since 1973, has served on the faculty of the University of Michigan. He has received numerous citations and awards over the course of his career including from the American Academy in Rome (1980). Castagnacci is currently Arthur F. Thurnau Professor Emeritus at the University of Michigan School of Art and Design.

Activities related to the exhibit include:

**CAMTalks: Exhibition Series Notes from a Quarry** with Vincent Castagnacci

Tuesday, August 30, 2022 at 2:00 pm

CAM Auditorium, 27 Pleasant Street, Gloucester, MA

Free for CAM Members, \$10 for non-members Also livestreamed on Facebook and Vimeo

**CAMTalks: Exhibition Series Quarry Dance X** with Lisa Hahn, Executive Director of Windhover

Friday, September 9, 2022 at 4:00 pm

CAM Auditorium, 27 Pleasant Street, Gloucester, MA

Free for members, \$10 for non-members

**Second Saturdays: Sugar Cube Quarry Sculptures**

Saturday, September 10, 2022 from 10:00 am – 3:00 pm

Downtown Campus, 27 Pleasant Street, Gloucester, MA

Free for Cape Ann Residents

# Wine Spectator Announces Winners Of 2022 Awards

**NEW YORK, NY (July 10, 2022)** —Wine Spectator, the world’s leading authority on wine, has unveiled the winners of the 2022 Restaurant Awards, which honor the world’s best restaurants for wine. This year’s awards program recognizes 3,169 dining destinations from all 50 states in the U.S. and more than 70 countries internationally.

“I want to congratu-

late all 3,169 restaurants that earned one of Wine Spectator’s three awards for their devotion to all things wine,” said Marvin R. Shanken, Editor and Publisher, Wine Spectator. “These awards not only guide our readers to dining establishments with impressive wine lists and outstanding service, but also serve to honor restaurants for their achievements and commitment to maintain-

ing pristine cellars. We are thrilled to reveal our 2022 Dining Guide, which points to places where wine drinkers are warmly welcomed.”

Launched in 1981, the Restaurant Awards are assigned on three levels: the Award of Excellence, the Best of Award of Excellence and the Grand Award, with 1,782; 1,290; and 97 winners this year in each respective category.

Local winners include

Old Port Sea Grill and Raw Bar (Portland) and Sea Glass (Cape Elizabeth).

Two winners of the Grand Award, the program’s highest honor, are earning the award for the first time: Gabriel Kreuther in New York and Press Restaurant in Napa Valley.

Included in the Wine Spectator’s special Restaurant Awards issue: an account of how today’s restaurants—through ac-

tions such as showcasing more diversity among the winemakers represented on their wine lists, and drawing attention to environmentally conscious winemaking practices—are more creative and inclusive than ever.

The Restaurant Awards issue, which features chef and restaurateur Charlie Palmer on the cover, becomes available to readers July 12.

Follow the Restaurant Awards on Instagram (@wsrestaurantawards), with hashtag #WSRestaurantAward, and at Restaurants.WineSpectator.com, where all winners can be searched by location and sorted by attributes including name, proximity, award level, cuisine and pricing. Winners are also profiled in the free Restaurant Awards app, available for iPhone and iPad users.

## GORHAM LITTLE LEAGUE

# Field Funding Campaign

The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

- Develop 2 fields at White Rock
- Purchase seasonal fence for Shaw Park
- Repair dugouts and fencing, build storage centers
- Add infield mix and relevel current fields
- Acquire tarps and field maintenance equipment
- Add scoreboards

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# New Ventures Maine Offers *Create My Site* Class August 3<sup>rd</sup>

**MAINE, STATE-WIDE (July 13, 2022)**—New Ventures Maine will offer an online, tuition-free website development class, Grow Your Business Online—Create My Site, for small business owners on Wednesday, August 3 from 12:00 – 1:30 p.m.

The Create My Site class will cover three main topics:

Design an effective website: bring the best of your brand to your customers



Create site content: make a great first impression

Create your eCommerce store: prepare, manage, and grow an online store

Guidance for creating a small business website will be provided by Empower by GoDaddy in partnership with New Ventures Maine and is part of the in-depth course, Grow

Your Business Online, designed to provide small business owners the tools, skills and mentorship to build a successful digital presence.

Pre-registration is

required and accessible online at [bit.ly/GYBO-2CreateMySite](https://bit.ly/GYBO-2CreateMySite). For more information and to register, contact Karin Petrin at 768-9468 or [karin.petrin@maine.edu](mailto:karin.petrin@maine.edu). There is no fee for the training.

New Ventures Maine is a statewide community economic development program of the University of Maine at Augusta, University of Maine System. New Ventures Maine creates an empowering environment

for Maine people to define and achieve their career, financial, and small business goals. Through tuition-free classes and individual advising, they help people find good jobs, start or return to college, launch small businesses, manage their money and build their assets. Individual advising is available by appointment. For more information on classes and other programs and services offered by New Ventures Maine, visit [newventuresmaine.org](https://newventuresmaine.org).

## “Making Maine Work” Roadmap for Economic Growth Released

**AUGUSTA, ME (July 21, 2022)** -- The Maine State Chamber of Commerce, Maine Development Foundation (MDF), and Educate Maine today released the newest “Making Maine Work: Critical Investments for the Maine Economy” report outlining economic priorities and policy recommendations – including in workforce, innovation, health, energy, and housing -- for Maine’s governor and upcoming Maine State Legislature.

The report sets six key goals that aim to encourage investment in Maine and grow the state’s economy, and a total of 15 targeted recommendations and strategies to achieve each goal.

The six goals in the 2022 Making Maine Work report are:

Implement the Maine Economic Development Strategy 2020-2029, with annual progress reporting and appropriate ongoing updates to the plan.

Expand the Maine workforce and its capabilities at all levels.

Champion investments in innovation.

Improve health outcomes to limit health cost inflation.

Create an energy strategy and investment plan.

Expand the housing stock to meet demand.

The 2022 report is based on an extensive survey of nearly 500 Maine businesses and nonprofits conducted in January through March of 2022. Survey findings, combined with recent state economic research such as MDF’s Measures of

Growth, and U.S. Census data, were used in consultation with economic experts and an advisory committee of Maine business and education leaders to identify the report’s goals and recommendations.

Priority issue areas 2022 survey respondents identified include Maine’s workforce size and skill level, with an emphasis on the need for entry-level workers at the top of the list. Health care, energy, and housing costs; expanding broadband access; lowering the cost of doing business, state taxes, and labor costs also are priority issues. New priorities identified this year are affordable housing, and resources to help improve workplace diversity, equity, and inclusion. Many of the 2022 priority areas were identified in previous Making Maine

Work reports.

“We encourage state leaders to consider the priorities, goals, and strategies identified in Making Maine Work as a starting point for policy discussions, a ‘call-to-action,’ and an invitation to expand on partnerships with the business community, all with the purpose of promoting economic growth and prosperity across Maine,” said Dana Connors, president of the Maine State Chamber of Commerce. “We must continue leveraging our state’s assets and the economic gains we are making, such as expanding broadband, while also addressing Maine’s longtime workforce challenges, the costs of doing business in Maine, and importantly, investing in innovation.”

“Strategies and recommendations from previous Making Maine Work reports have been critical to strengthening

Maine’s economy, including having an impact in developing the 2019 10-year Maine Economic Development Strategy that has served Maine well, especially as we recover from the Covid-19 pandemic,” said Maine Development Foundation CEO Yellow Light Breen. “Our intent is for the 2022 Making Maine Work report to play an equally constructive, nonpartisan role in helping Maine’s governor and the 131st Legislature address our state’s most pressing economic issues going forward.”

“We are optimistic about Maine’s future and that Maine is in a strong position to build on the successes of the past several years,” said Jason Judd, Ed.D., executive director of Educate Maine. “Maine has increased the number of people with the education credentials they need to succeed, is attracting more

people to live and work here, and is investing in the necessary infrastructure to support their success. We are confident Maine can and will address the economic challenges before us and that the 2022 Making Maine Work report will help guide the way.”

Making Maine Work is a series of reports designed to highlight the insights of Maine’s business leaders on economic development issues in Maine. This is the eighth Making Maine Work report, and the third completed in a Maine gubernatorial election year. 2022 survey respondents represent sectors including manufacturing, retail, health care, professional services, hospitality, nonprofits, and education.

The full 2022 Making Maine Work report and executive summary can be accessed online at <https://www.mainechamber.org/making-maine-work.html>.

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## Send all items for Names & Faces to the editor.

### Deadline is Friday by five pm.



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# Calendar

Send your submissions to the Editor. More online.

**Wednesdays**  
**GORHAM** – 10:00am Weekly story time has resumed at the North Gorham Public Library! Storytime is open to children & their caregivers. Join us weekly for stories, songs and crafts every Wednesday at 10am. 2 Standish Neck Rd, Gorham ME.

**July 12 – August 16**  
**ZOOM** -- -Living Well for Better Health workshop; Tuesdays July 12th-August 16th 9 am-11:30am Via Zoom. Registration required: contact kmills@seniorsplus.org 207 207 440-2390.

Living Well for Better Health is a free, self-management workshop where participants learn to better manage their chronic conditions so they can live healthier, more active lives.

**July 16 – August 27**  
**ACROSS MAINE** -- Mozart & Brahms Clarinet Quintets with Guests Mark Simons (clarinet) and Alexander Romanul (violin)

July 16, 7:30 pm Meetinghouse Arts, Freeport \*

July 21, 7:30 pm Union Church, South Bristol \*

July 22, 7:30 pm St. Paul's Union Chapel, Waldoboro \*

July 23, 7:30 pm Ocean View Grange, Tenant's Harbor \*

July 24, 3:00 pm Denmark Arts Center, Denmark, Maine (click link for tickets)

Bach Goldberg Variations arr. for string trio

August 14, 4 pm Surry Arts at the Barn, Surry (click link for tickets)

August 18, 7:30 pm Robinhood Free Meetinghouse, Georgetown (click link for tickets)

August 20, 7:30 pm Ocean View Grange, Tenant's Harbor \*

August 25, 7:30 pm Union Church, South Bristol \*

August 26, 7:30 pm St. Paul's Union Chapel, Waldoboro \*

August 27, 7:30 pm Meetinghouse Arts, Freeport \*

DaPonte String Quartet Foundation. <https://dapontequartet.org/>; Ferdinand "Dino" Liva Phone – (207)751-4486, Email [giamuse@comcast.net](mailto:giamuse@comcast.net)

**July 20 - August 17**  
**FALMOUTH** -- University of Maine Extension staff and volunteers will lead a hands-on, interactive program to teach youth ages 9 and up how to grow and preserve the garden's harvest. The 4-H Kids Can Can program will be held from 9-11 a.m. on Wednesdays, July 20-Aug. 17.

Each session will begin in Extension's Tidewater Gardens in Falmouth where youth will harvest the fruits and vegetables needed to make jam, pickles, salsa and more. The program then moves to the UMaine Regional Learning Center Demo Kitchen where participants will prepare a batch of preserved foods. Each participant will take home a jar of preserves. Current 4-H enrollment is not required for participation.

The \$5 fee per child covers all classes. Register and find more details on the program page online. For more information or to request a reasonable accommodation, call 207.781.6099 or 800.287.1471 (in Maine).

**July 30**  
**BUXTON** -- Had-dock Supper Buffet - Saturday, July 30, 2022 - 5:00 pm at Living Waters Church, Parker Farm Road, Buxton. Suggested donation: \$8 Adult, \$4 Child, \$20 Family. Please note: We will offer the option of takeout containers for those who do not want to come inside for seating. Wearing of face masks for

those who are not vaccinated is suggested. Hand sanitizer is available for those who wish to use it.

**July 30**  
**GREENE** -- The Sawyer Memorial will host a nature walk with the Greene Conservation Committee on Saturday, July 30th at noon. 371 Sawyer Rd. in Greene. FMI 946-5311

Join us for an afternoon of local outdoor fun! We begin at the Sawyer Memorial for former Maine Park Ranger, now author, Tim Caverly's presentation "48 Hours With a Wilderness Ranger" followed by a brief talk by the Greene Conservation Committee. Afterwards, join us for a walk on the trails over at the Greene Recreational Park! We will explore the trails and refreshments will be served for all those who attend! Trail walking is not mandatory and there is easy accessibility to the location where refreshments and good times will be had. Seating will be provided.

FMI search "Sawyer Foundation" on Facebook, visit our website at [sawyer-foundation.com](http://sawyer-foundation.com) or call 946-5311.

**July 30**  
**TURNER** -- Inside Yard Sale on Sat. July 30, 8 to 1; Univ. Church Vestry, Rt 117 Turner across from Gazebo.

**August 2**  
**LEWISTON** -- Tuesday, August 2 at 5:30pm at the Lewiston Public Library: BOPPA CHUA MUSIC PROGRAM WITH MARC BLACK

New York Blues Hall of Fame inductee, Marc Black, will be our guide through an evening of song, storytelling, and laughter through two historically defining decades, the 1950s and 60s. In addition to music like "Itsy

Bitsy, Teeny Weeny Yellow Polka-Dot Bikini" and "Blowin' in the Wind," there will be an accompanying slide show.

Free program directed towards adults. 513-3135; [www.LPLonline.org](http://www.LPLonline.org)

**August 9**  
**AUBURN** -- The Heather Pierson Duo will perform as a part of the City of Auburn's Summer '22 Anniversary Park Acoustic Music Series on Tuesday August 9th at 6:00 pm.

**August 10**  
**LEWISTON** -- LANDING THE LOBSTER, Wednesday, August 10th at 4:00PM

Join us and Maine State Museum educators as we go on a virtual lobster adventure in a fishing boat! You will hear stories from Maine fisherman and facts about lobsters from the Gulf of Maine Research Institute.

This in-person program will allow participants to meet virtually through the big screen in Callahan hall. Free. For all ages in Callahan Hall. No registration required. 513-3133; [www.LPLonline.org](http://www.LPLonline.org)

**August 11 – 21**  
**AUBURN** -- The L/A Community Little Theatre will present the musical School of Rock, with songs by Andrew Lloyd Webber, from Au-

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gust 11-21. General admission ticket prices (including fees) are \$22 for adults, \$19 for seniors and \$14 for students. Tickets can be purchased online at [www.lacli.com](http://www.lacli.com), by calling the Box Office at 783-0958, or at the door.

**August 13**  
**LEWISTON** -- SUMMER CELEBRATION WITH LPL KIDS!, Saturday, August 13 from 11:00AM to 1:00PM

Celebrate summer with LPL Kids! Come join our end of summer reading celebration on Saturday, August 13 from 11:00 AM-1:00 PM and enjoy games and prizes, mini golf, a frozen sweet treat, and fun photo opportunities with mermaid tails, pirate treasure, shark heads, and giant fish!

This program will take place in Callahan Hall, on the 3rd floor of

Lewiston Public Library, and is open to all kids ages 12 and under and their families. No registration required. We hope to see YOU there!! 513-3133; [www.LPLonline.org](http://www.LPLonline.org)

**August 18**  
**LEWISTON** -- BALLOON BONANZA, 4-5pm, Children's Program Room, third floor, Lewiston Public Library

Hold on to your hats: the Balloon Bonanza is in town! Join Ms. Alexis in an experiment with balloon balance using beads and buttons. Create a creature and take it for a ride in your very own helium "hot air" balloon. And all week long, come by the library to make your own spinning 3-D paper balloon. Free, no registration or library card required.

Contact info. 513-3133, [LPLKids@lewis-tonmaine.gov](mailto:LPLKids@lewis-tonmaine.gov)

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 — George Smith, Bangor Daily News

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Folks willing to put their generous hearts and open hands to raise all of their neighbors and community is the goal of the Grange since 1876. The Grange is an inclusive nonprofit organization. Local activities include but not be restricted to crafts, music, suppers, display at the Cumberland fair and quilts for veterans. Our agenda and focus is at the local level determined by the members themselves. The historical Grange Hall is the perfect building and location for doing any craft. Handicapped accessible, heat, hot water, and full kitchen.

Dues are \$26 per year.

Facebook /Gorham White Rock Grange #380 Web/ [mainestategrange.org](http://mainestategrange.org) The White Rock is called Subordinate grange. Use right column to locate.

Ph/ 207-839-3946 leave a message. **Please Join Us!**





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