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Thursday, July 28, 2022 • FREE

#### **2022 Julie Shackley Nursing Endowment Recipients Named**

LEWISTON, ME (July 20, 2022) Androscoggin Home Healthcare + Hospice is pleased to announce that Laura Bachelder and Trisha Dubois have been selected as the 2022 recipients for the Julie Shackley Memorial Scholarship for Nursing Education. This scholarship is available to Androscoggin employees wishing to pursue or advance their professional education in nursing. Chosen due to their exemplary demonstration of Androscoggin's values of integrity, compassion, excellence, and community commitment, Bachelder and Dubois will be awarded \$2,000 each to be distributed as \$1,000 per semester. During its inaugural year in 2021, three Androscoggin employees were named scholarship recipients: Leann Sebrey, Leanne Pray, and Shauna Lane.

Named in memory of Julie Shackley, R.N., M.S.N., who served as the President and CEO of Androscoggin from 2005-2016, Julie was a clinician at heart who spent many years caring for patients, practicing primarily in home healthcare and hospice, as well as a driving force in founding the first freestanding Hospice House in Maine. Julie earned her Bachelor of Science degree in Nursing in 1980 and her Master of Science degree in Nursing in 1997 from the University of Southern Maine. Julie was an advocate for quality, professional development, having served as Androscoggin's Supervisor of Staff Development prior to joining executive leadership.

An organization-wide call for applicants was announced in February. Interested employees were required to submit a completed application, a supervisor's letter of recommendation, evidence of acceptance to or enrollment in an accredited program of nursing education, and a 500word essay of intent to Androscoggin's Community Relations and Development office. The next call for applications will be announced in late winter/early spring

# Talented Youth in Rehearsal for CLT's School of Rock



AUBURN, ME (July 21, 2022) --The Community Little Theatre stage is a rocking scene these days as a talented young cast prepares for the upcoming production of School of Rock - The Musical. Pictured here left to right at a recent rehearsal are Maisy Seaver ("Katie,"

bass guitar), Isana Bell ("Marcy," backup singer), Daphne Cifelli ("Shonelle," back-up singer), Meaghan Rivard ("Tomika," lead singer), Owen Hiltz ("Freddie," drums), Brendon Bouchard ("Dewey Finn"), Zane Deletetsky ("Lawrence," keyboard), and Dashiell Legawiec (lead rock-2022

School of Rock will be performed at 7:30 p.m. on August 11, 12, 13, 18, 19 and 20; and at 2:00 p.m. on August 14 and 21. For tickets or more information, https://www.laclt.com/school-of-

#### **Auburn Public Library Hosts Fins & Flippers**

AUBURN, ME (July 22, 2022) --Join the Chewonki Foundation at the Auburn Public Library as they present Fins & Flippers! This presentation begins with examining the four major groups of marine mammals, their special adaptations for keeping warm, finding food, and breathing air in the marine environment, and the many threats they face. Attendees will then work together as a group to reconstruct a Pilot Whale skeleton. Reassembling this once-living puzzle creates an ideal format for discovery and discussion of the relationships between form and function.

Chewonki is a school, camp and en-

vironmental education organization based in Wiscasset, Maine, that inspires transformative growth, teaches appreciation and stewardship of the natural world, and challenges people to build thriving, sustainable communities throughout their lives. (https://chewonki.org/about/) This program is one of their Traveling Natural History

Fins & Flippers is presented as part PL's Adult Summer Reading Program, "Oceans of Possibilities" wherein adults

have been exploring Maine's waterways. Although an adult program, children ages 8 and up are welcome - and encouraged - to attend with an adult. This program will take place in person, and for planning purposes, registration is required.

For more information about this or other programs which are part of this summer series or to register for this presentation, visit the Events page of the Auburn Public Library website – www.auburnpubliclibrary.org, or call the Reference Desk at 207-333-6640, ext. 4. When registering, please indicate how many will be attending.

When: Thursday, August 4, 2022; 4-5

Where: Auburn Public Library, Androscoggin Community Room

Contact: Donna Wallace, 333-6640,

#### **Evergreen CU Expands into** Four More Maine Counties

PORTLAND, ME (July 12, 2022) -- Those who live, work, worship or attend schools in Androscoggin, Oxford, Sagadahoc and Lincoln counties can now access all the financial services of Evergreen Credit Union. The Maine Bureau of Financial Institutions granted this expansion, enabling the credit union now to provide personal and business banking throughout 6 counties in Southern Maine. Evergreen currently had served York and Cumberland counties.

"This is a major win for everyone in these 4 northern counties bordering

Cumberland County who have been asking us for years if they could access our services," stated Evergreen President and CEO Jason Lindstrom. "There are so many that filter between all these counties that now can take advantage of our technology and products. We're ready to serve their financial needs!"

Evergreen Credit Union is the 5<sup>th</sup> largest in the state based on asset size, serving all Southern Maine. Forbes recently named the credit union to their Best-In-State Credit Unions 2022 for



Page 2 Thursday, July 28, 2022

# Newsmakers, Names & Faces

#### \$850 Relief Checks Processed for All Who Filed 2021 Tax Returns

AUGUSTA, ME (July 20, 2022) – The Department of Administrative and Financial Services (DAFS) announced today that it has successfully processed and sent \$850 relief checks to all verified eligible Maine taxpayers who have filed tax returns to date.

The Department has sent a total of 784,028 payments to Maine taxpayers, representing 91 percent of the 858,000 estimated recipients. Maine Revenue Services, a division of the Department of Administrative and Financial Services, will continue to process checks weekly as

Maine taxpayers continue to file their returns. The deadline to file returns is October 31, 2022.

"Knowing how much Maine people needed the relief, Governor Mills directed the Department to get these checks into the hands of Maine people as quickly as possible - and we got it done, delivering the money within 90 days to all the taxpayers who had filed their returns," Kirsten Figueroa, Commissioner of the Department of Administrative and Financial Services. "We are proud to have delivered this critical relief, and now we will shift gears to work with community partners to spread the word to ensure that all Maine people – especially Maine seniors – who may be eligible for the relief receive it."

Governor Mills proposed, and the Legislature overwhelmingly approved, the relief payments as part of the Supplemental Budget the Governor signed into law earlier this year. The payments give back more than half of the State's surplus – \$729.3 million – in the form of one-time, \$850 checks to an estimated 858,000 Maine people to help defray rising costs. The aver-

age Maine family received \$1700 in relief.

The payments utilized resources from Fiscal Year 2022, meaning they have been completely paid for and are not reliant upon forecasts of future funding.

The Department is working with community partners to promote the relief payments, and other tax benefits signed into law by the Governor, to reach those who may not know about them or know that a 2021 Maine State tax return is required to receive them.

For the purposes of claiming the \$850, a Maine person who is typically a

non-filer can follow the same process they use to claim the Property Tax and Sales Tax Fairness credits, a process that doesn't require them to file a Federal

To file a Maine State tax return and qualify for the \$850 payment:

1. Complete Schedule PTFC/STFC in full:

https://www.maine. gov/revenue/sites/maine. gov.revenue/files/inline-files/21\_1040me\_ dwnldff.pdf

AND

2. Answer these questions on the 1040-ME form:

Check Box A and

answer questions 1-13a. Then, transfer the appropriate information from Schedule PTFC/STFC to answer questions 25d. through 33e. as appropriate.

See: https://www.maine.gov/revenue/sites/maine.gov.revenue/files/inline-files/21\_1040me\_sched\_pstfc\_dwnldff.pdf

Maine people who are eligible and have not received their relief checks by the beginning of August can go to the online portal, enter in the necessary information and receive a status on their payment: https://portal.maine.gov/refundstatus/payment.

#### Registration Open for Healthy Living for ME Free Workshops

MAINE, STATE-WIDE (July 21, 2022) -- Healthy Living for ME invites adult Mainers of all ages to register for the network's free August workshops focused on health and wellness. The workshops offered by the statewide network in August that are listed below are open to the public and include the two topics of managing diabetes and improving fitness and activity levels.

"Whether you're dealing with a chronic disease such as diabetes, or are looking for ways to improve your activity levels, Healthy Living for ME can help. With workshops available online, in-person and by phone, we hope many Mainers are able to find an option that works for them and can take

advantage of these free resources for improving their health and wellness," said Jennifer Fortin, Training & Fidelity Manager of Healthy Living for ME.

Better Health Now with Diabetes is conducted over the phone. Participants in this workshop receive a toolkit in the mail and work with a leader either by themselves or in small groups. Topics covered include: techniques to deal with the symptoms of diabetes, fatigue, pain, hyper/hypoglycemia, stress, depression, anger, fear, and frustration; appropriate exercise for maintaining and improving strength and endurance; healthy eating; appropriate use of medication; and working with healthcare providers.

This workshop is being offered by Healthy



Living for ME network partner MaineGeneral's Peter Alfond Prevention & Healthy Living Center. It runs from August 3rd to September 7th, 2022.

Bingocize - This workshop combines a bingo-like game with exercise and health education with the goal of increasing older adults' functional fitness, health knowledge, and social engagement.

Bingocize is being offered in-person by Healthy Living for ME network partner SeniorsPlus beginning on August 9th, 2022. The workshop will be held at the Educa-

tion Center at SeniorsPlus in Lewiston on Tuesdays and Thursdays, 10:00-11:00 AM, through October 13, 2022.

Living Well with Diabetes - There are two sessions of this workshop being offered in August, one online and one in-person. This workshop is designed to help people with type 2 diabetes, those with prediabetes, and their supports learn how to live well. Topics covered during the workshop include: techniques to deal with the symptoms of diabetes, fatigue, pain, hyper/ hypoglycemia, stress, depression, anger, fear, and appropriate frustration; exercise for maintaining and improving strength and endurance; healthy eating; appropriate use of medication; and working with healthcare providers.

The online session of Living Well with Diabetes is being offered by Healthy Living for ME network partner SeniorsPlus. It will be held on Thursdays, 1:00-3:30 PM, beginning August 11, 2022 and running through September 15, 2022.

The in-person session of Living Well with Diabetes is being offered by Healthy Living for ME network partner Spectrum Generations. It will be held on Thursdays, 1:00-3:30 PM, beginning August 25th and running through September 29, 2022. The workshop will be held at the Cohen Community Center in Hallowell.

For virtual workshops, participants who do not have the necessary technology may be eligi-

ble to borrow an iPad from Healthy Living for ME in order to participate.

Registration is required for these workshops. Please contact Healthy Living for ME at 1-800-620-6036 or info@ healthylivingforme.org for more information and to register. You can also register via our website, www. healthylivingforme.org.

Healthy Living for ME also welcomes referrals from health-care providers. Our evidence-based programming can help patients manage and prevent conditions before they become more serious or result in emergency situations.

To learn more about these and other workshops offered by Healthy Living for ME, visit www.healthylivingforme.org.

#### Friends of New Gloucester Library Hold Book & Bake Sales in August

NEW GLOUCES-TER, ME (July 15, 2022) -- Save the dates! The Friends of the New Gloucester Library are gearing up for our Book Sales in August. We will have two book collection dates Thursday, August 4 from 1PM to 4PM at the New Gloucester Library (379 Intervale Rd) and Saturday, August 6 from 9:00AM to 12:00PM

at the New Gloucester Community Building (381 Intervale Rd, behind the library).

The Friends are especially interested in children's books, and adult

fiction and non-fiction books. Please limit donations to 2 cartons or 4 grocery sized bags. We will be unable to return the containers items are donated in. Staff will not be able to assist in unloading donations. All donations

should be clean and free of

odors, mold, and mildew.

As a reminder we are not

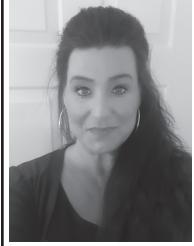
accepting Reader's Digest Condensed, encyclopedias, text books, magazines, VHS tapes, DVDs or CDs.

The Friends will hold a Book and Bake Sale on Sunday, August 7 from 12PM - 4:00PM in the New Gloucester Community Building. For the first time, we are also having a Members-only Preview Book Sale on Saturday, August 6 from 12PM-2PM. You can sign up to be a member that day if you are not currently enrolled!

The Friends look forward to seeing you at the book-drops and sales! Thank you for your continued support!

Please help us in welcoming Fran Gagne to the Champoux Insurance Agency family.

Fran comes to us with over 24 years of knowledge & experience in the insurance industry. Her primary focus is commercial lines, but she also has personal lines experience.



Fran's clients look to her for her thoroughness and detail-oriented work habits. Fran's belief is her customers always come first.

In her free time, Fran enjoys spending time with her family & friends and her pride & joy is her grandson, Caiden.



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Thursday, July 28, 2022 Page 3

# Newsmakers, Names & Faces

#### Shannon White Joins Maine Source Homes & Realty



Photo courtesy of Maine Source Homes & Realty.

AUBURN, ME (July 12, 2022) - Shannon White, a native of Turner who has lived in Lewiston-Auburn since the age of 16, has joined Auburn-based Maine Source Homes & Realty as a Sales Agent/Realtor®. ously, Ms. White's caring passion for people and homes had led her to serve as administrator of the Section 8 Department in the Lewiston Housing Authority, where she also served as a backup inspector.

"As Maine Source continues to grow, we are very excited to be hiring one of the most successful, motivated, and results-ori-

firm representing clients

throughout Maine. With

the addition of Attorney

Cox, the firm consists of 12

attorneys practicing in vir-

tually all fields of law and

in both federal and state

ented newer agents around, Shannon White," said Jon Mercier, Designated Broker®/ Owner at Maine Source Homes & Realty. Mr. Mercier noted that Ms. White will serve as a listing and buyer specialist within the in-house Ferraro Team headed by Broker/ Realtor® Toni Ferraro.

When not helping folks sell or buy their

dream home in Maine, Shannon White loves being with her four children, who range in age from 8 to 23. As a family team, they love adventures and anything to do with animals. Shannon hopes one day her daughters will join her in real estate.

About Maine Source Homes & Realty

Based in the Lewis-

ton-Auburn area, Maine Source Homes & Realty is dedicated to helping customers find the perfect home-ownership solution. Whether one wishes to buy, sell, or build a home, Maine Source Homes & Realty invites customers and prospects to benefit from its 50 years of trustworthy experience and expertise.



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Join our team of professionally licensed, highly skilled individuals who offer medical and nonmedical in-home services that help patients thrive. Areas include post-surgery rehab, managing chronic conditions, navigating emotional well-being, and experiencing the physical, emotional, and spiritual end of life journey.

#### Androscoggin.org/careers

New hire bonuses available. Androscoggin offers a full benefit

package, competitive wages, paid time off and holidays, tuition reimbursement, and loan forgiveness.





LEWISTON, ME (July 10, 2022) -- The law firm of Skelton Taintor & Abbott, of Lewiston announces that Dylan Cox has joined the firm as an Associate Attorney. Mr. Cox graduated from the University of Maine School of Law (J.D., 2021) and Saint Joseph's College of Maine (B.A. in Political Science with a concentration in Criminal Justice, al and general practice law Magna Cum Laude, 2017). He is admitted to practice in all Maine state courts (2022).

**Dylan Cox Joins Law Firm** 

Mr. Cox intends to focus on real estate, business and corporate law, and estate planning.

"We are pleased and proud to welcome Dylan as an associate of this firm," said Director, Daniel A. D'Auteuil, Jr. "He will be a key member of the team that enables us to serve our clients so well in this time of a booming real estate market and high demand for legal advice and assistance".

Mr. Cox clerked for Skelton Taintor & Abbott from (2020-2022). He also interned at the District Attorney's Office, South Paris, Maine in (2012-2013) and at Oxford Hills Law, in South Paris before that.

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#### Seniors Not Acting Their Age

#### Adventures Abound Visiting Puffins on Eastern Egg Rock



Sea kayakers arrive at Eastern Egg Rock



A puffin stares back at a kayaker next to Eastern Egg Rock



Puffins float just off the bow of a kayak near Eastern Egg

A team of kayakers paddle through Friendship Harbor

Guest Column by Ron Chase

MAINE (July 21, 2022) -- For several years, I've led a Penobscot Paddle & Chowder Society (PPCS) sea kayak trip to visit the puffins on Eastern Egg Rock in outer Muscongus Bay beginning from Round Pond. The roundtrip voyage is an exacting sixteen

mile day-trip. This year, I decided to explore an alternative itinerary, preferably camping overnight.

Following my research of options and a preliminary outing in eastern Muscongus Bay, I decided to launch from Bradford Point in Friendship. The actual distance to Eastern Egg and back is about seventeen

miles. However, paddling for multiple days provided for a more relaxed excursion. My plan was to kayak four miles to Black Island on the first day and explore hiking opportunities on nearby islands. On day two, we would complete the nine mile roundtrip to Eastern Egg and decide whether or not to spend a second night

on Black Island.

In late June, I received confirmation that the puffins had arrived on Eastern Egg Rock from a club member who is working on the island for the Audubon Society. After obtaining a quality three-day weather forecast, I announced a club trip and eight enthusiastic Chowderheads signed on.

Six of us met at Bradford Point Landing on a beautiful summer day with clear skies, moderate temperatures, and light winds. A major concern was a change in the weather forecast for the subsequent days. The forecast for days two and three had deteriorated overnight. Fog, strong onshore winds, and bigger seas were predicted.

The trip to Black Island was a delight. Six solo kayakers paddled out of Friendship Harbor and along the western shore of Friendship Long Island. Angling southwest at the

end, we passed Cranberry Island on our left while journeying to the campsite on the north end of Black. There we met two additional Chowderheads who had spent the previous night on Thief Island in central Muscongus Bay.

While unloading

While unloading boats, wary paddlers contemplated the worsening forecast. Brent Elwell obtained an updated forecast on his weather radio confirming that the exceptional conditions we were experiencing would continue for the remainder of the day. We decided to change our plans and attempt the voyage to Eastern Egg that afternoon.

Superb paddling was encountered traveling south through a narrow channel between Harbor and Hall Islands. Entering open water, the hazy profile of Eastern Egg Rock was observed about three miles south with only tiny Franklin Island and its distinctive lighthouse between.

Light onshore winds and gentle seas continued during our traverse to the rock where we were greeted by scores of colorful puffins floating in the waves or fluttering to and from the island. The relatively calm conditions allowed us to enjoy an extended visit with the remarkable little sea birds.

After completing a circumnavigation of the diminutive atoll in rolling swells, we returned to Black Island benefiting from a tailwind and an ingoing tide. A sunny end of the day with a cool sea breeze made for a very pleasant evening camping on the spacious site owned by Maine Coastal Heritage Trust.

The following morning, we awoke to patchy fog and a strong onshore wind. Our decision to visit the puffins the previous day was validated. Three

in the group chose to return to Friendship while the remaining Chowderheads decided to wait out the fog and complete some additional island exploration.

When the fog lifted, the tenacious kayakers broke camp and paddled to a beach on the northeast end of Harbor Island. From there, the inquisitive explorers followed a hiking trail across the island to spectacular cliffs on the west side where they were entertained by a panoramic view of Muscongus Bay. Afterwards, the hiking contingent returned to the mainland assisted by a breezy tailwind and a cooperative ingoing tide.

Despite some unanticipated obstacles, another successful PPCS trip to visit with the puffins was completed. A gratifying post-script, trip participants Jean Miller and Ken Gordon were able to capture a collection of exceptional close up photos of the wonderful puffins — no easy accomplishment while paddling a solo sea kayak.

Read a chronicle of another exciting trip to Eastern Egg Rock from Round Pond and seven additional sea kayak adventures along the Maine coast in my book, Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine.

Ron Chase resides in Topsham. His latest book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is available at https://www. northcountrypress.com/ maine-al-fresco.html in bookstores and through online distributors. His previous books are "The Great Mars Hill Bank Robbery" and "Mountains for Mortals - New England." Visit his website at www. ronchaseoutdoors.com or he can be reached at ronchaseoutdoors@comcast.





Thursday, July 28, 2022 Page 5

#### Jazz Guitar Duo Play in Wiscasset on July 28, 5-8pm



Jazz guitarist David Lawlor plays in Trifles during Wiscasset Art Walk 2021. Lawlor and duet partner Neil Lamb will perform a sidewalk concert during Wiscasset Art Walk on Thursday, July 28, 5-8pm. (Wiscasset Art Walk photo)

WISCASSET, ME (July 22, 2022) - They call themselves Lambo Law: Guitar Duet, and they are terrific. Jazz guitarists Neil Lamb and David Lawlor will be playing a free concert at Wiscasset Art Walk on Thursday, July 28, from 5 to 8pm. Look for them on a sidewalk in Wiscasset Village.

Both guitarists have played previously at Wiscasset Art Walk, Lamb as a guest musician, and Lawlor as a regular gallery performer. Although each musician has developed his own playing style, with Lawlor playing a 6-string pick style and Lamb playing a 7-string finger style, when they come together,



Jazz guitarists Neil Lamb (I) and David Lawlor will play a free concert in Wiscasset Village on Thursday, July 28, 5-8pm, during Wiscasset Art Walk. Portrait by Kathleen

they speak the same musical language.

Lawlor explains that when he's playing jazz guitar as a solo performer, he's likely to interpret an arrangement very literally because he has to carry all the parts of the piece himself including the rhythm and the melody. "You have to keep the listener in mind and not play with breaks or lose rhythmic continuity," he says. But when playing with a partner like Lamb, he can improvise more with a solo because he knows his playing partner will be providing that musical

continuity.

In a previous career as Executive Director of Mobius in Damariscotta for 18 years, music was a sideline for Lawlor, but after retirement, "music is kind of the main thing now." That means, in addition to playing, that Lawlor continues to take lessons when he feels it will help him gain new skills and improve what he already knows. "Maine is home to some excellent guitar players," Lawlor says, and lessons with accomplished musicians help him push his music to higher levels. On the

lot of venues for jazz guitarists. And that brings Lawlor to Wiscasset Art Walk. "Art galleries are perfect," he says, "there's not a lot of noise, it's a quieter environment, and coordinating music with visual arts feels right."

One of Lawlor's current musical projects is working with artist John Carnes to compose music that's complimentary to specific paintings by the Gardiner artist. For Lawlor, composing gives him the opportunity to explore a new concept or solve a technical challenge, but he emphasizes that even a simple tune, a classic arrangement, can be added to and become more complicated. During a Lambo Law set, it's usual to hear some original pieces mixed in with recognizable numbers by Lennon & McCartney, Sondheim, and Methany.

While the Midcoast abounds with talent, this is a rare opportunity to hear two exceptional jazz guitarists, playing together, in such an intimate and unusual setting.

The Wiscasset Art Walk on July 28 will also feature drum-making, rattle-making for kids (and their adults), an environ-

downside, there aren't a mental display with a screech owl named Willow, fresh bouquets, and artists displaying their work - all on the sidewalks. In addition, visitors can spend the evening visiting galleries and shops, and enjoy the local scene along the Sheepscot River. Sparkling doorway streamers will mark the evening's participants; free parking is plentiful.

Wiscasset Art Walk 2022 is made possible by the generosity of Lead Sponsors Donna and Frank Barnako and Major Sponsors Ames True Value, Big Barn Coffee, **BIRCH Home Furnishings** & Gifts, Bradbury Art & Antiques, Carriage House Gardens, First National Bank, Fogg and Dalton Art Restoration, Industrial ME, J. Edward Knight Insurance, Newcastle Realty, Ozias, Peter Eaton at the Lilac Cottage, Red's Eats, Rock Paper Scissors, and Sherri Dunbar/Tim Dunham Realty. Additional sponsor support comes from Cod Cove Inn.

For more information about Wiscasset Art Walk, www.wiscassetartwalk.org or email to wiscassetartwalk@verizon. net. Wiscasset Art Walk is a program of Wiscasset Creative Alliance.

#### **Airbnb Data Shows Mainers Have Earning Potential in Hosting**

MAINE, STATE-WIDE (July 21, 2022) --Airbnb released new data showing the earning potential for Hosts in Maine with unique homes, from domes and windmills to lighthouses and trains which are increasingly popular among travelers. Airbnb's report shows:

In the past two years alone, from 2019 to 2021, nights booked at unique properties have increased by nearly 50 percent around the world.

With more guests booking unique stays, Hosts are also earning real income, with unique listings earning nearly \$1 billion just in 2021. In fact, globally, earnings by night and by traveler were higher for unique than for non-unique listings in

Tiny homes are the most booked unique listing type on the platform — with more than 2.5 million nights booked in tiny homes alone in

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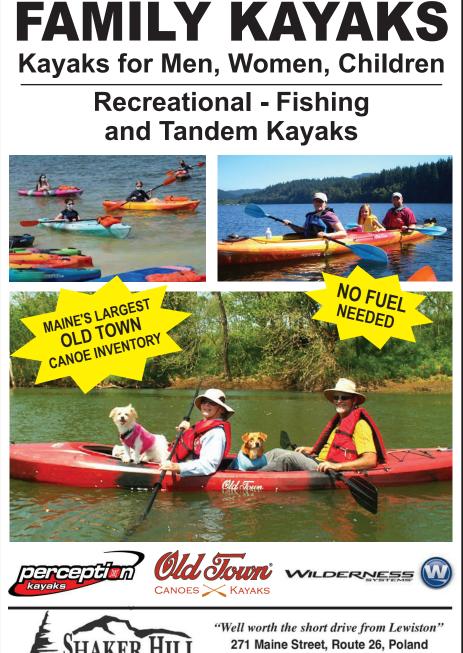
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2021. Tiny homes Hosts on Airbnb earned a combined total of more than \$195 million in 2021 – the top grossing unique space type.

In the US, Maine was among the top five states with the biggest increase in nights stayed in unique listings on Airbnb — comparing January to March 2022 to the same time period in 2019 - along with Missouri, Ohio, Mississippi, and

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Page 6 Thursday, July 28, 2022



# Norway Savings Bank Arena Hosts RV, Camping Show through 2027

(July 11, 2022) - The state of Maine's largest RV & Camping Show, presented by the Maine Campground Owners (MECOA) Association will be calling the Norway Savings Bank Arena home through 2027.

MECOA is the premier resource for supporting campground owners says Kathy Dyer, Execuand promoting camping in Maine. The organization represents over 180 of Maine's licensed campgrounds and participates in the Maine Hospitality and Tourism Alliance.

"Since the move from Portland, Maine, attendance numbers have expanded tremendously"

tive Director of MECOA. "Norway Savings Bank Arena is centrally located and much more accessible to the majority of our members campground and RV dealers who at-

Annually, the show is open to the public and all those who attend connect with over 60 campground exhibitors, local businesses, and explore the latest camping resources. The show features many of Maine's largest RV dealers and the newest RV models and camping options of all sizes.

Below are the dates of the MECOA Vacationland RV & Camping

Show for 2023 to 2027:

• 2023: March 31, April 1, and April 2

• 2024: April 5, 6, and 7

• 2025: April 4, 5,

and 6 • 2026: April 10, 11,

and 12 • 2027: April 2, 3,

and 4 Savings Norway

Bank Arena is operated by the City of Auburn, Maine and is a full entertainment venue offering sporting events, family shows and trade shows. NSBA values our community partnerships and is dedicated to hosting events and attractions that enrich the lives of residents in the Auburn area.

#### Maine Cat Toy Company Celebrates 40th Anniversary



TURNER, ME (July 19, 2022) -Maine-based cat products company, The Pussums Cat Company, is celebrating its 40<sup>th</sup> anniver-

sary in "fur-tastic" fashion by bringing the unofficial world's largest catnip kicker toy to locations around Maine and New England



this summer.

The paw-dropping catnip toy stands at an impressive 72 inches tall with a 50-inch girth and holds 35 pounds of Dr. Pussums Fancy Feline Elixir Pure Catnip inside. The brand's standard catnip kickers (small pillow-like toys perfect for kitties to kick) range from two inches up to eleven inches making the special anniversary celebratory kicker 550 percent larger, the biggest one ever produced by the brand. It has already been cat-tested, feline-approved by the in-house foster cats that call The Pussums Cat Company retail location in Turner, Maine home, as well as by furry friends at PALS No-Kill Cat Shelter in Winthrop, Maine.

"We were trying to think of fun ways to celebrate our forty years of bringing top quality catnip toys to cat lovers and thought there was no better way than to go big or go home...literally," said Susan Shaw, owner of The Pussums Cat Company.

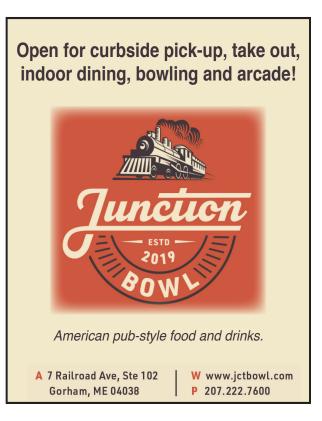
The Pussums Cat Company will be bringing the oversized catnip kicker to events around the region where fans can take photos with the kicker and bring home free Dr. Pussums samples, while supplies last. Visit bit.ly/PussumsCatCoTour to find a list of events where the catnip kicker will be on display and check back often as the list is being updated as events are added.

When not on the road you will find the world's largest catnip kicker on display at the brand's retail location located at 293 Auburn Road in Turner. Maine. The store is open Monday through Friday, from 8 a.m. to 3 p.m.

The Pussums Cat

Company is a small family-owned Maine business that provides superior quality catnip and catnip toys, cat teasers and toys, and cat lover gifts. To celebrate the 40th anniversary the brand is offering monthly 40% off promotions on select items announced via enewsletter to subscribers and social media followers and is also offering an exclusive offer of 10% off items sitewide (with the exception of subscriptions and gift cards) by using code 207PURR.

To learn more about Pussums Cat Company, visit bit.ly/DrPussums, or follow the brand on Instagram (@drpussums) or Facebook (<u>facebook.com/</u> <u>drpussums</u>/).







Thursday, July 28, 2022 Page 7

#### Maine Housing Sales Up 16.4%, Affected by Rising Interest Rates

(July 20, 2022)—The housing market in Maine is beginning to feel the effects of rising interest rates. Sales of single-family existing homes declined 9.83 percent last month, according to Maine Listings. The statewide median sales price (MSP) hit \$360,825 in June 2022—an increase of 16.4 percent compared to June 2021. The MSP indicates that half of the homes were sold for more and half sold for less.

"Discussions with RE-ALTORS® across Maine indicate that some are ex-

periencing a 'pause' in their market areas," says Madeleine Hill, 2022 President of the Maine Association of REALTORS® and Designated Broker at Roxanne York Real Estate in Harpswell. "We are beginning to see homes staying on the market for weeks instead of days, price adjustments, and fewer buyers competing for new for-sale listings as rising mortgage interest rates have cooled some segments of buyer demand.

"Statewide in Maine, the for-sale inventory of single-family properties remains historically low with 1.8 months of supply available for-sale. A six-month supply is considered a balanced market."

Nationally, sales eased 12.8 percent comparing June 2022 to June 2021. The National Association

Name:

of Realtors reported a national MSP of \$423,300 for June—an increase of 13.3 percent. Sales in the regional Northeast decreased 11.8 percent while the regional MSP of \$453,300 represents a rise of 10.1 per-

cent comparing June 2022 to June 2021.

"The 'pause' Maine is experiencing may indicate a lag between seller expectations and buyer purchasing behavior, and we expect the market to adjust to these shifting dynamics," says Hill. "Nearly 1,800 families found their opportunity and bought a home in Maine during June—the seventh best June since we began record-keeping twenty-one years ago."

# St. Dom's Academy Boys' Hockey Program Annual Golf Tournament Friday, August 12th, 2022





Fox Ridge Golf Course in Auburn, Maine Friday, August 12th, 2022 Registration begins at 8:00 a.m. with a Shotgun Start at 9:00 a.m.

\$100/player or \$400/team.

# Team Name: Phone Number: Mailing Address: Email Address: Captain: Name: Handicap: Handicap: Name: Handicap:

If you have any questions or want to volunteer, please contact either:

Coach Dan at 207-240-3015 or ddauteuil@sta-law.com

Registration forms and checks payable to **St. Dom's Academy** can be mailed to:

Daniel A. D'Auteuil, Jr 500 Canal Street Lewiston, Maine 04240

#### Area Students Named to Spring 2022 Dean's Lists

Local Residents Named to Dean's List for Spring 2022 Semester

MANCHESTER, NH (July 19, 2022) -Saint Anselm College has released the Dean's List of high academic achievers for the second semester of the 2021-2022 school year. To be eligible for this honor, a student must have achieved a grade point average of 3.4 or better in the semester with at least 12 credits of study which award a letter grade. A total of 555 students representing 25 states and 3 countries received this honor.

Mark W. Cronin, Dean of the College, announced that the following students have been named to the Dean's List for the spring 2022 semester at Saint Anselm College, Manchester, New Hampshire.

Lewiston, ME
Joshua Fortin,
2022, Finance
Wales, ME

Mi-

Dominique

chaud, 2023, Biology

Endicott College Announces Local Dean's List Students

BEVERLY, Mass. (July 19, 2022) - Endicott College, the first college in the U.S. to require internships of its students, is pleased to announce its Spring 2022 Dean's List students. In order to qualify for the Dean's List, a student must obtain a minimum grade point average of 3.5, receive no letter grade below "C," have no withdrawal grades, and be enrolled in a minimum of 12 credits for the semester.

The following students have met these requirements:

Auburn, ME

Piper Norcross, Libl Studies/Education, daughter of Kristi Huard-Norcross and Craig Norcross

Lewiston, ME
Amelia Fortin,
Mrktng Comm/Advertising, daughter of Julie
Fortin and James Fortin

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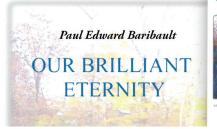
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"The prose is inspired – and inspiring – glowing with inner radiance and kindness." "I felt such a sense of hope when I finished this book." From Amazon reviews.

Page 8 Thursday, July 28, 2022

#### Heather Pierson Duo to Perform in Auburn on August 9



AUBURN, ME (July 20, 2022) -- Hailing from New Hampshire's Mount Washington Valley, Heather Pierson is a pianist, singer/songwriter, and performer whose inspiring live performances with her bassist/partner Shawn Nadeau delve into Americana, jazz, blues, and folk. Best known for her ease at the piano and her bell-tone vocals, Heather's songs embody honesty, playfulness, and a desire to

share from the heart. From the streets of New Orleans to the mountains and back again, this duo's performances take listeners' ears and hearts on a journey with their conversational style of musicianship, speaking many dialects of the language of music with ease and wit.

In 2020, Heather had a viral hit in March with her Toilet Paper Song, and released both a moving light, about the death of George Floyd, and a collection of original meditation chants, Be Here Now. Since March 2020, Heather has been live-streaming concerts from her home every week, leading online community sings, and posting every Monday to her popular 'Dispatches' blog. Her latest collection of original chants and rounds, Wishes of Lovingkindness, was released on February 14 of this year. Throughout her colorful career, Heather's eclectic skill set continues to propel her onto concert hall stages and into barrooms, coffeehouses, resort hotels, living rooms, and churches. Her life's work is to share her love of music and her gratitude for life with others one song, one heart, and one mind at a time.

"Heather is like two great acts in one, sliding from sweet acoustic Appalachian old-timey vibe with Patty Griffinesque lyrics to brassy New Orleans blues piano with a bone thrown to Bessie Smith." -- DC Bloom | Lone Star Music Magazine

Venue information is available at auburnmaine.

More artist information is available at www. heatherpierson.com

#### Waterville Opera House Announces 2023 Season

WATERVILLE, ME (July 20, 2022) — The Waterville Opera House (WOH) is delighted to announce its 2023 theatrical season. Two amazing musicals and two entertaining plays will reignite the stage of the historic 120-year-old theatre in downtown Waterville.

"We're excited to bring this amazing selection of theatrical productions to life for our community," says Michelle Sweet, executive director of the Waterville Opera House. "Our season dates have changed, but our quality and passion haven't."

Opening the 2023 season is "The Play That Goes Wrong" (March 31-April 9). Part Monty Python, part Sherlock Holmes, this Olivier Award–winning comedy is a laugh riot, featuring accident-prone thespians who battle against all odds to finish their play as it progresses from bad to utterly disastrous with hilarious consequences.

The show of the summer is "Rock of Ages" (June 16-25). Featuring smash-hit songs from the 1980s, this musical sensation follows several dreamers and aspiring stars as



they attempt to save their beloved Sunset Strip venue from encroaching strip mall development.

Mystery abounds in "Agatha Christie's Murder on the Orient Express" (September 1-10). This whodunnit story follows famed detective Hercule Poirot as he tries to determine who murdered an American tycoon aboard a packed train before the killer strikes again.

Kicking off the holiday season is "Elf the Musical" (November 17-26). Based on the beloved holiday film from New Line Cinema, this hilarious fish-out-of-water comedy

follows Buddy, a young orphan, who mistakenly crawls into Santa's bag of gifts and grows up in the North Pole before eventually embarking on a journey to discover his true identity.

"From laugh-aminute comedy to suspense-filled mystery to full-on musical spectacle, there truly is something for everyone to enjoy!" says Sweet. "I hope to tempt our theatre patrons back to the Waterville Opera House in record numbers by offering a 2023 Season Pass to catch all four of these crowd-pleasing offerings

See Opera House, page 14





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Thursday, July 28, 2022

#### LPL Hosts Boppa Chua Music Program With Marc Black

LEWISTON, ME (July 20, 2022) -- Musician Marc Black brings history to life through the songs of 1950s and 60s in his Boppa Chua Program, hosted at the Lewiston Public Library on Tuesday, August 2 at 5:30pm. This free, public program will take place in Callahan Hall and is directed towards adults though all ages may participate.

New York Blues Hall of Fame inductee, Marc Black, will be our guide through an evening of song, storytelling, and laughter through these two historically defining decades. We'll celebrate wonderful songs as diverse as "Itsy Bitsy, Teeny Weeny Yellow Polka-Dot Bikini" and "Blowin' in the

Wind," as well as tunes by artists ranging from Dean Martin to George Harrison. In addition to the music and conversation, this program features a slide show by Susan Black that is sure to slide our minds right back in time. Marc will also perform his own group's top forty hit from his tour with The Doors, Neil Diamond, The Dave Clark Five and Van Morrison.

Marc Black is an eclectic folk-rocker who deals with life, and all its social and political challenges, one song at a time. Inducted into the New York Chapter of the Blues Hall of Fame in June of 2014, he has performed and recorded with many luminaries including Art Garfunkel, John Sebastian,

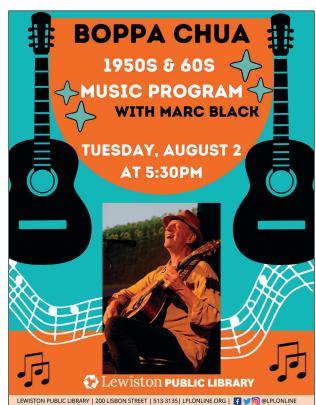
Rick Danko, Richie Havens, Taj Mahal and Pete Seeger. He was chosen to play at one of the Levon Helm's Midnight Rambles and was also named Folk Artist of the Year on ABC Radio.

While still in high school, Marc's band, the Blades of Grass, reached the top forty performing alongside the biggest acts of the day including the Doors, Van Morrison and Neil Diamond. Marc also won the American Library Association Award for Best Children's Album of the year for his production of American Children.

His song subjects have ranged from his love for the New York Mets to good coffee and just about everything in between.

Marc's guitar influences include the fingerstyle blues of Mississippi Hurt and Lightnin' Hopkins while vocally you can hear his appreciation for Tim Hardin and Mose Allison. Marc has produced 15 audio recordings and his YouTube videos have been viewed more than a hundred thousand times. http://www.myspace.com/ guthriesplaceThe Lewiston Public Library is located downtown at 200 Lisbon Street at the corner of Pine Street. More information on Tuesday's program is available by contacting the Lewiston Public Library at 513-3135 or LPLReference@lewistonmaine.gov.

For further information, contact: Katherine Webber, 207-513-3134



#### Maine Public Awarded Seven New Radio Signals to Expand Services

LEWISTON, Maine (June 27, 2022) – Maine Public announces the successful award of seven new noncommercial FM station licenses by the Federal Communications Commission (FCC). These new signals will be used to expand the reach of Maine Public Radio and Maine Public Classical into areas of Maine that currently do not access, or have limited access, to these services.

In August of 2021, the FCC issued a public notice providing an overview of the procedures and requirements for applications in a filing window for noncommercial educational FM stations to request construction permits for new noncommercial FM broadcast signals. The filing window was the first time in more than ten years that the FCC accepted applications for new noncommercial FM station licenses. Due to the congested airwaves in urban areas, most available channels were available in rural areas across the United States.

Maine Public applied

for multiple noncommercial FM licenses and were awarded seven licenses. Station construction permits were approved for Bethel, Calais, Fort Kent, two in Greenville, Mars Hill, and Millinocket. Maine Public has earmarked Bethel, Greenville, and Millinocket to extend its Maine Public Radio footprint and Calais, Fort Kent, Greenville, and Mars Hill as areas of growth for Maine Public Classical.

"We are very excited to have been approved for seven new signals for Maine, "stated Jeff Ma-Maine Public's haney, Chief Technology Officer. "When we applied, we had two goals concerning our radio network. One, expand Maine Public Radio to unserved areas, and two, grow our existing classical network. We have construction permits in Millinocket, Greenville, and Bethel, all three unserved areas for Maine Public Radio. In addition, we have the opportunity to deliver classical signals to Fort Kent, Mars Hill, Calais, and Greenville.



There's work to be done on the fundraising side to build out these signals, but we are closer than ever to making Maine Public's radio signals accessible to everyone in Maine."

As a stipulation for each new station construction permit, each new signal must be operational within three years of the award. The needs of each site vary greatly, and they all will require a significant investment to become operational. Maine Public will fundraise specifically to this effort to deliver news and entertainment

over Maine Public Radio and Maine Public Classical to these currently underserved areas.

About Maine Public Maine Public Maine Public is Maine's premier, independent media resource, dedicated to creating exceptional opportunities for the communities it serves to engage with critical issues, compelling stories, and quality entertainment. Maine Pub-

lic is renowned for creating award-winning programs, as well as airing content from PBS, NPR, and other independent producers. Formed in 1992, Maine Public is an independently owned and operated non-profit organization with office and studio locations in Bangor, Lewiston, and Portland, Maine. For more information, visit maine-public.org.



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Your Hometown Paper. Page 10 Thursday, July 28, 2022

#### Prescription Opioid Strike Force to Focus on Illegal Prescriptions

CONCORD, N.H. (June 28, 2022) – Assistant Attorney General Kenneth A. Polite, Jr., of the Justice Department's Criminal Division today announced the formation of the New England Prescription Opioid (NEPO) Strike Force, a joint law enforcement effort that brings together the resources and expertise of the Health Care Fraud Unit in the Criminal Division's Fraud Section, the U.S. Attorneys' Offices for three federal districts, as well as law enforcement partners

at the U.S. Department of Health and Human Services Office of the Inspector General (HHS-OIG), U.S. Drug Enforcement Administration (DEA), and the FBI. The mission of the NEPO Strike Force is to identify and investigate health care fraud schemes in the New England region, and to effectively and efficiently prosecute individuals involved in the illegal distribution of prescription opioids and other prescribed controlled substances. The NEPO

Strike Force will primarily target criminal conduct by physicians, pharmacists, and other medical professionals, focusing upon both health care fraud and drug diversion offenses, as relevant based upon the facts of the particular case.

"This NEPO Strike Force expands and sharpens the Justice Department's response to the nation's opioid epidemic," said Assistant Attorney General Kenneth A. Polite, Jr., of the Justice Department's Criminal Division.

"In the last year, more than 75,000 people in the United States lost their lives due to overdose. Since 2018, some of the greatest spikes in the drug overdose death rate have occurred in New England. The NEPO Strike Force will help to address one of the root causes of the epidemic: unlawful prescription and diversion of opioids. Together with our partners, we will fulfill the department's solemn promise to deploy critical resources to address the opioid crisis."

Assistant Attorney General Polite was joined in the announcement in Concord, New Hampshire, by U.S. Attorney Jane E. Young for the District of New Hampshire; U.S. Attorney Darcie N. McElwee for the District of Maine; U.S. Attorney Nikolas P. Kerest for the District of Vermont; Deputy Inspector General for Investigations Christian J. Schrank of HHS-OIG; Assistant Administrator Kristi N. O'Malley of the DEA Diversion Control Division; and Acting Deputy Assistant Director Aaron Tapp of the FBI's Criminal Investigative Division.

"The formation of NEPO presents a tremendous opportunity for our three Northern New England states to disrupt the illegal prescription and distribution of opioid," said U.S. Attorney Jane E. Young for the District of New Hampshire. "As a state, we are grateful to the Department of Justice to be part of this initiative and excited that it will be based here in New Hampshire."

"Maine's opioid overdose death rate has skyrocketed, and law enforcement has identified the opioid epidemic as the number one issue officers face," said U.S. Attorney Darcie N. McElwee for the District of Maine. "While the trafficking of illegal drugs, in particular fentanyl, is well publicized, 23% of overdose deaths in Maine are the result of pharmaceutical opioids, and many of those who died from illicit substances very likely first tried pharmaceuticals, either their

own or those of a friend or family member. This Strike Force will provide vital resources to help fight a growing epidemic, and along with our partners, we will pursue any medical personnel who misuse their position to endanger lives through the overprescribing of opioids for their own financial gain."

"The announcement of the New England Prescription Opioid Strike Force demonstrates the Department of Justice's commitment to working with our law enforcement partners in Vermont and elsewhere to hold accountable health care providers who exploit the opioid epidemic for personal gain," said U.S. Attorney Nikolas P. Kerest for the District of Vermont. "Health care providers who issue illegal opioid prescriptions undermine important efforts to address the epidemic while putting patients at risk of overdose and physical harm."

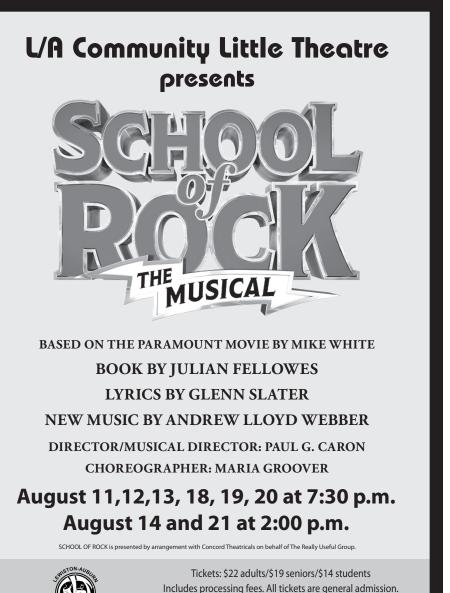
"HHS-OIG is unwavering in our commitment to hold accountable providers who illegally prescribe opioids for personal profit while neglecting the safety and wellbeing of their patients," said Inspector General Christi A. Grimm of the U.S. Department of Health and Human Services. "Along with our law enforcement partners, HHS-OIG is proud to support the New England Prescription Opioid Strike Force in a collaborative effort to assist communities plagued by the opioid epidemic."

"At a time when the United States is losing tens of thousands of Americans to opioid overdoses every year, it has never been more critical to ensure doctors and health care practitioners are prioritizing the safety and health of their patients," said DEA Administrator Anne Milgram. "The creation of the New England Prescription Opioid Strike Force further strengthens our important cooperation with partners in the region to hold accountable any practitioner who recklessly distributes opioid medications."

"The formation of the New England Prescription Opioid Strike Force provides the FBI and our law enforcement partners with important collective resources to combat health care fraud and drug diversion schemes within the region," said Assistant Director Luis Quesada of the FBI's Criminal Investigative Division. "The FBI will not tolerate those medical professionals willing to sacrifice patients' health for their personal profit and will work tirelessly to root out and bring to justice those individuals who illegally distribute prescription opioids and other controlled substances."

The NEPO Strike Force will operate as a partnership between prosecutors and data analysts with the Fraud Section's Health Care Fraud Unit, prosecutors with the U.S. Attorneys' Offices in New Hampshire, Maine, and Vermont, and special agents with HHS-OIG. DEA, and the FBI. It will operate out of the Concord, New Hampshire, area, supporting the three districts that make up the NEPO Strike Force region. In addition, the NEPO Strike Force will work closely with other federal and state law enforcement agencies, including the State Medicaid Fraud Control Units.

Today's NEPO Strike announcement builds on the demonstrated success of the Health Care Fraud Unit's Appalachian Regional Prescription Opioid (ARPO) Strike Force. Since its inception in late 2018, ARPO has partnered with federal and state law enforcement agencies and Attorneys' Offices throughout Alabama, Kentucky, Ohio, Virginia, Tennessee, and West Virginia to prosecute medical professionals and others involved in the illegal prescription and distribution of opioids. Over the past three years, ARPO has charged 111 defendants, collectively responsible for issuing prescriptions for over 115 million controlled substance pills. To date, more than 60 ARPO defendants have been convicted.





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Thursday, July 28, 2022 Page 11

#### Oxford Hills High School NHS Raises Money for CRCofWM



Left to right: Kelsey Bennett (secretary); Lucy Leonard (treasurer); Diane Madden, CRCofWM Executive Director; Carlee-Mae Cash, (president); Brendan Palmer, (vice-president).

(June 25, 2022) -- The Cancer Resource Center of Western Maine (CRCofWM) recently received a \$4,000 donation from students in the National Honor Society (NHS) at Oxford Comprehensive High School (OHCHS) during their recent NHS Induction Ceremony on May 26th. Carlee-Mae Cash, rising senior and current National Honor Society president shared: "We decided as a group that we wanted to raise awareness of cancer in our community and the

local resources avail-

able to patients and their families. Each year, our NHS chapter picks a local charity that we want to target all our fundraising efforts towards. We were excited to choose the Cancer Resource Center of Western Maine this year." A major part of the National Honor Society is community service and giving back to the community. The OHCHS chapter made a commitment several years ago to keep our fundraising local to benefit all of the organizations that have made such a huge impact on

our lives and community. Hopefully, this year we will also be able to do more volunteering now that there are less COVID-19 restrictions. Multiple members of the Oxford Hills community have been affected by cancer in some way, and the idea to raise funds for the Cancer Resource Center of Western Maine

was agreed upon by all of the students. We recognized and admired the work of the volunteers and employees and saw that the center was making a large difference in the lives of many within the community."

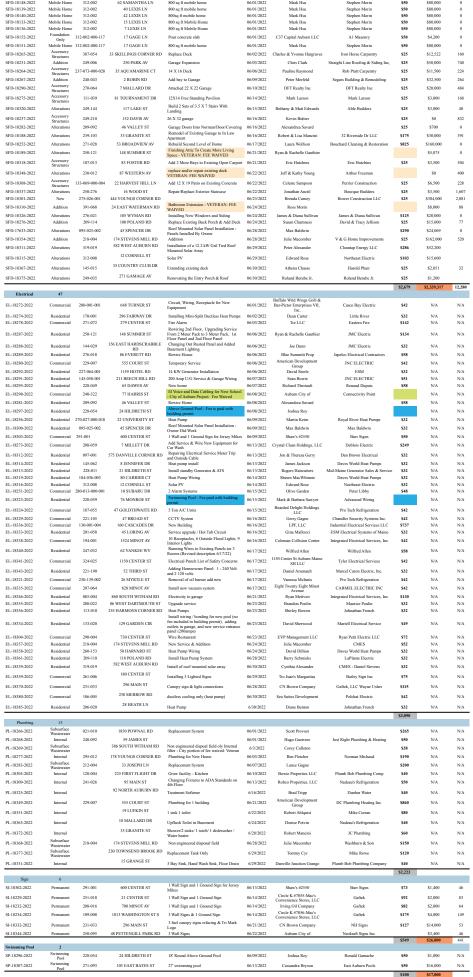
According to Diane Madden, CRCofWM Executive Director, "We are very grateful to the

City of Auburn Permit Report PERMITS ISSUED BETWEEN 6/01/2022 AND 6/30/2022

students for this very generous donation. They are a very impressive group of students who certainly exemplify the pillars of the National Honor Society: character, scholarship, leadership and service. These monies they raised will directly benefit cancer patients and their families."









Page 12 Thursday, July 28, 2022

#### New Ventures Maine Offers Create My Site Class August 3rd

MAINE, STATE-WIDE (July 13, 2022)—New Ventures Maine will offer an online, tuition-free website development class, Grow Your Business Online—Create My Site, for small business owners on Wednesday, August 3 from 12:00 – 1:30 p.m.

The Create My Site class will cover three main topics:

Design an effective website: bring the best of your brand to your customers



In partnership with Power By GoDaddy

Create site content: make a great first impression

Create your eCommerce store: prepare, manage, and grow an on-line store

Guidance for creating a small business website will be provided by Empower by GoDaddy in partnership with New Ventures Maine and is part of the in-depth course, Grow

Your Business Online, designed to provide small business owners the tools, skills and mentorship to build a successful digital presence.

Pre-registration is

required and accessible online at bit.ly/GY-BO-2CreateMySite. For more information and to register, contact Karin Petrin at 768-9468 or karin.petrin@maine.edu. There is no fee for the training.

New Ventures
Maine is a statewide community economic development program of the
University of Maine at
Augusta, University of
Maine System. New Ventures Maine creates an
empowering environment

for Maine people to define and achieve their career, financial, and small business goals. Through tuition-free classes and individual advising, they help people find good jobs, start or return to college, launch small businesses, manage their money and build their assets. Individual advising is available by appointment. For more information on classes and other programs and services offered by New Ventures Maine, visit newventuresmaine.org.

#### "Making Maine Work" Roadmap for Economic Growth Released

AUGUSTA, ME (July 21, 2022) --The Maine State Chamber of Commerce, Maine Founda-Development tion (MDF), and Educate Maine today released the newest "Making Maine Work: Critical Investments for the Maine Economy" report outlining economic priorities and policy recommendations – including in workforce, innovation, health, energy, and housing -- for Maine's governor and upcoming Maine State Legislature.

The report sets six key goals that aim to encourage investment in Maine and grow the state's economy, and a total of 15 targeted recommendations and strategies to achieve each goal.

The six goals in the 2022 Making Maine Work report are:

Implement the Maine Economic Development Strategy 2020-2029, with annual progress reporting and appropriate ongoing updates to the plan.

Expand the Maine workforce and its capabilities at all levels.

Champion investments in innovation.

Improve health out-

comes to limit health cost inflation.

Create an energy

strategy and investment plan.

Expand the housing stock to meet demand.

The 2022 report is based on an extensive survey of nearly 500 Maine businesses and nonprofits conducted in January through March of 2022. Survey findings, combined with recent state economic research such as MDF's Measures of

Growth, and U.S. Census data, were used in consultation with economic experts and an advisory committee of Maine business and education leaders to identify the report's goals and recommendations.

Priority issue areas 2022 survey respondents identified include Maine's workforce size and skill level, with an emphasis on the need for entry-level workers at the top of the list. Health care, energy, and housing costs; expanding broadband access; lowering the cost of doing business, state taxes, and labor costs also are priority issues. New priorities identified this year are affordable housing, and resources to help improve workplace diversity, equity, and inclusion. Many of the 2022 priority areas were identified in previous Making Maine

Work reports.

"We encourage state leaders to consider the priorities, goals, and strategies identified in Making Maine Work as a starting point for policy discussions, a 'call-to-action,' and an invitation to expand on partnerships with the business community, all with the purpose of promoting economic growth and prosperity across Maine." said Dana Connors, president of the Maine State Chamber of Commerce. "We must continue leveraging our state's assets and the economic gains we are making, such as expanding broadband, while also addressing Maine's longtime workforce challenges, the costs of doing business in Maine, and importantly, investing in innovation."

"Strategies and recommendations from previous Making Maine Work reports have been critical to strengthening

Maine's economy, including having an impact in developing the 2019 10-year Maine Economic Development Strategy that has served Maine well, especially as we recover from the Covid-19 pandemic," said Maine Development Foundation CEO Yellow Light Breen. "Our intent is for the 2022 Making Maine Work report to play an equally constructive, nonpartisan role in helping Maine's governor and the 131st Legislature address our state's most pressing economic issues going forward."

"We are optimistic about Maine's future and that Maine is in a strong position to build on the successes of the past several years," said Jason Judd, Ed.D., executive director of Educate Maine. "Maine has increased the number of people with the education credentials they need to succeed, is attracting more

people to live and work here, and is investing in the necessary infrastructure to support their success. We are confident Maine can and will address the economic challenges before us and that the 2022 Making Maine Work report will help guide the way."

Making Maine Work is a series of reports designed to highlight the insights of Maine's business leaders on economic development issues in Maine. This is the eighth Making Maine Work report, and the third completed in a Maine gubernatorial election year. 2022 survey respondents represent sectors including manufacturing, retail, health care, professional services, hospitality, nonprofits, and education.

The full 2022 Making Maine Work report and executive summary can be accessed online at https://www.mainechamber.org/making-maine-work.html.



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#### Send all items for Names & Faces to the editor. Deadline is Friday by five pm.



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Thursday, July 28, 2022 Page 13

# **Business Directory**

#### **ACCOUNTANT**



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CERTIFIED PUBLIC ACCOUNTANTS

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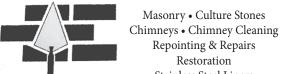
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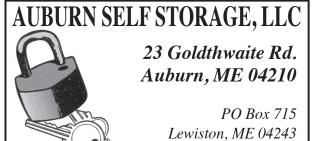
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#### **WEB HOSTING**



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FLAGSHIP CITEMAS

VISIT ONE OF OUR FIVE MAINE LOCATIONS!

AUBURN | FALMOUTH | WELLS | WATERVILLE | THOMASTON

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#### Wednesdays

**GORHAM** 10:00am Weekly story time has resumed at the North Gorham Public Library! Storytime is open to children & their caregivers. Join us weekly for stories, songs and crafts every Wednesday at 10am. 2 Standish Neck Rd, Gorham ME.

#### July 12 – August 16

ZOOM -- -Living Well for Better Health workshop; Tuesdays July 12th-August 16th 9 am-11:30am Via Zoom. Registration required: contact kmills@seniorsplus. org 207 207 440-2390.

Living Well for Better Health is a free, self-management workshop where participants learn to better manage their chronic conditions so they can live healthier, more active lives.

#### **July 16 – August 27**

ACROSS MAINE --Mozart & Brahms Clarinet Quintets with Guests Mark Simons (clarinet) and Alexander Romanul (violin)

July 16, 7:30 pm Meetinghouse Arts, Freeport \*

July 21, 7:30 pm Union Church, South Bristol \*

July 22, 7:30 pm St. Paul's Union Chapel, Waldoboro \*

July 23, 7:30 pm Ocean View Grange, Tenant's Harbor \*

July 24, 3:00 pm Denmark Arts Center, Denmark, Maine (click link for tickets)

Bach Goldberg Variations arr. for string trio

August 14, 4 pm Surry Arts at the Barn, Surry (click link for tickets)

August 18, 7:30 Robinhood Free Meetinghouse, Georgetown (click link for tick-

August 20, 7:30 pm Ocean View Grange, Tenant's Harbor \*

## Calendar

Send your submissions to the Editor. More online.

August 25, 7:30 pm Union Church, South Bristol \*

August 26, 7:30 pm St. Paul's Union Chapel, Waldoboro \*

August 27, 7:30 pm Meetinghouse Arts,

DaPonte String Quartet Foundation. https:// dapontequartet.org/; Ferdinand "Dino" Liva Phone -(207)751-4486

Email giamuse@ comcast.net

July 20 - August 17 FALMOUTH -- University of Maine Extension staff and volunteers will lead a hands-on, interactive program to teach youth ages 9 and up how to grow and preserve the garden's harvest. The 4-H Kids Can Can program will be held from 9-11 a.m. on Wednesdays, July 20-Aug. 17.

Each session will begin in Extension's Tidewater Gardens in Falmouth where youth will harvest the fruits and vegetables needed to make jam, pickles, salsa and more. The program then moves to the UMaine Regional Learning Center Demo Kitchen where participants will prepare a batch of preserved foods. Each participant will take home a jar of preserves. Current 4-H enrollment is not required for participation.

The \$5 fee per child covers all classes. Register and find more details on the program page online. For more information or to request a reasonable accommodation, call 207.781.6099 or 800.287.1471 (in Maine).

July 30

BUXTON -- Had-

dock Supper Buffet -Saturday, July 30, 2022 - 5:00 pm at Living Waters Church, Parker Farm Road, Buxton. Suggested donation: \$8 Adult, \$4 Child, \$20 Family. Please note: We will offer the option of takeout containers for those who do not want to come inside for seating. Wearing of face masks for those who are not vaccinated is suggested. Hand sanitizer is available for those who wish to use it.

#### July 30

GREENE Sawyer Memorial will host a nature walk with the Greene Conservation Committee on Saturday, July 30th at noon. 371 Sawyer Rd. in Greene. FMI 946-5311

Join us for an afternoon of local outdoor fun! We begin at the Sawyer Memorial for former Maine Park Ranger, now author, Tim Caverly's presentation "48 Hours With a Wilderness Ranger" followed by a brief talk by the Greene Conservation Committee. Afterwards, join us for a walk on the trails over at the Greene Recreational Park! We will explore the trails and refreshments will be served for all those who attend! Trail walking is not mandatory and there is easy accessibility to the location where refreshments and good times will be had. Seating will be provided.

FMI search "Sawyer Foundation" on Facebook, visit our website at sawyer-foundation.com or call 946-5311.

#### July 30

TURNER -- Inside Yard Sale on Sat. July 30, 8 to 1; Univ. Church Ves-

August 2 LEWISTON -- Tues-

day, August 2 at 5:30pm at the Lewiston Public Library: BOPPA CHUA **MUSIC PROGRAM** WITH MARC BLACK

try, Rt 117 Turner across

from Gazebo.

New York Blues Hall of Fame inductee, Marc Black, will be our guide through an evening of song, storytelling, and laughter through two historically defining decades, the 1950s and 60s. In addition to music like "Itsy Bitsy, Teeny Weeny Yellow Polka-Dot Bikini" and "Blowin' in the Wind," there will be an accompanying slide show.

Free program directed towards adults. 513-3135; www.LPLonline.org

#### August 9

**AUBURN** Heather Pierson Duo will perform as a part of the City of Auburn's Sum-'22 Anniversary mer Park Acoustic Music Series on Tuesday August 9th at 6:00 pm.

August 10 LEWISTON LANDING THE LOB-STER, Wednesday, Au-

gust 10th at 4:00PM Join us and Maine State Museum educators as we go on a virtual lobster adventure in a fishing boat! You will hear stories from Maine fisherman and facts about lobsters from the Gulf of Maine Research Institute.

This in-person program will allow participants to meet virtually through the big screen in Callahan hall. Free. For all ages in Callahan Hall. No registration required. 513-3133; www.LPLonline.org

August 11 – 21 AUBURN -- The

L/A Community Little Theatre will present the musical School of Rock, with songs by Andrew Lloyd Webber, from Au-

WWW.FLAGSHIPCINEMAS.COM gust 11-21. General admission ticket prices (including fees) are \$22 for adults, \$19 for seniors and \$14 for students. Tickets can be purchased online at www.laclt.com, by call-

#### 0958, or at the door. August 13

ing the Box Office at 783-

**LEWISTON SUMMER** CELEBRA-TION WITH LPL KIDS!, Saturday, August 13 from 11:00AM to 1:00PM

Celebrate summer with LPL Kids! Come join our end of summer reading celebration on Saturday, August 13 from 11:00 Am-1:00 PM and enjoy games and crafts, giveaways and prizes, mini golf, a frozen sweet treat, and fun photo opportunities with mermaid tails, pirate treasure, shark heads, and giant fish!

This program will take place in Callahan Hall, on the 3rd floor of Lewiston Public Library, and is open to all kids ages 12 and under and their families. No registration required. We hope to see YOU there!! 513-3133; www.LPLonline.org

#### August 18

LEWISTON BALLOON BONANZA, 4-5pm, Children's Program Room, third floor, Lewiston Public Library

Hold on to your hats: the Balloon Bonanza is in town! Join Ms. Alexis in an experiment with balloon balance using beads

and buttons. Create a creature and take it for a ride in your very own helium "hot air" balloon. And all week long, come by the library to make your own spinning 3-D paper balloon. Free, no registration

Contact info. 513-3133, LPLKids@lewistonmaine.gov

or library card required.

#### **Opera House**

Continued from page 8 at a discount."

Tickets for all four shows will go on sale to Waterville Creates members on September 5 and to the general public on September 12. Season Passes, giving a 20% discount when purchasing tickets for all four shows, will also be available.

For more information, visit operahouse. org or call 207-873-7000.

Best Source for Arts, Music and Theater! Your Hometown Paper.



Thursday, July 28, 2022 Page 15

# Classified Ads

### APARTMENT FOR RENT

AGE QUALIFIED APARTMENT FOR RENT AT 395 EAST AVE, LEWISTON You must be 55 years old or more to qualify. NOT SUBSIDIZED. 2 bedroom with heat, hotwater, stove, refrigerator and parking furnished. washer dryer hookup in apartment \$1350 per month for 2 persons or \$1,250 for one person. Owner occupied building. tel 207-514-0302

#### **BLUEBERRIES**

Halls Wild Blueberries for sale: Peter Blunda 839-8466; Kings Farm 839-5844; Standish Hardware 642-2771 Available after 7-25-22

#### **BOOKS**

Spiritual Books to Learn From. New! Open Up and Find Yourself – the Treasure Chest of My Existence. New! Song of the Climate Change – Every Country has Its Stanzas. New! I Pray to the Power of Love w w w . g a b r i e I e - publishing-house.com ToII-Free: 844-576-0937

#### **CLEANERS**

CC Island Cleaning Company. Seasonal, Air B&B, homes. Cleaning with care. Call for a quote. Denise (207) 420-4952.

#### **FOR SALE**

Wood boiler – Must go! \$2,500. Alternate heating carbon steel wood boiler. Purchased in 1996 for \$6,800. New door seal, bricks, blanket, and silicone card bead. Includes cycle timer and plumb fittings. 1,400#. Model E100 wood gun. Can be lifted directly into your trailer. GORHAM. (207) 222-2755.

Turboclean Powerbrush Pet Pro

Turboclean Powerbrush

Pet Pro carpet cleaner. Brand new. Used once. Asking \$80. Call 893-8851. Gorham.

#### **Back Hoe**

Back hoe Attachment for tractor. 3 point hitch, category two, 12 foot long \$3,500 . 782-5539

#### **GENERATOR**

Briggs & Stratton Elite series 7000 Watt generator - Key start- 25 foot 10 gauge rigid power cord included. Used 63 hours. Asking \$650.00 cash - serious inquiries only, please call 207-929-1575

#### **SENIORS**

LEWISTON SENIOR CITIZENS TRIPS FOR 2022

Hobo Train - Mer-

edith, NH - September 21, 2022 - Enjoyable 2 hour ride on the Winnipesaukee Scenic Railroad. While on board, enjoy a turkey dinner from Hart's Turkey Farm with all the fixings. Price is \$85.00 and includes bus, train ride, turkey dinner and bus driver tip. Deadline to sign up is August 12, 2022. Purchase tickets at the Lewiston Senior Citizens' office at 65 Central Avenue.

Flag Hill Distillery and Winery in Lee, NH - October 11, 2022 - Lunch at Warren's Lobster House in Kittery and an afternoon tour and tasting at Flag Hill Winery. Time for shopping after the tour. Price is \$83.00 per person which includes the bus and tip for the driver, lunch, and tour and tasting at the winery. Purchase tickets at the Lewiston Senior

Citizens Office at 65 Central Avenue, Lewiston.

Ogunquit Playhouse for the play "CLUE" - October 16, 2022 - Clue is a fast paced hilarious whodunit comedy. After the show we will go to Cracker Barrel in South Portland for dinner on your own. The price is \$90.00 and includes bus, show and driver tip. Purchase tickets at the Lewiston Senior Citizens' offce at 65 Central Avenue.

Mackinac Island
Trip - September 10-18,
2022 - Trip includes 9
days and 8 nights - 14
meals - Guided tour of
Mackinaw City - Guided
Carriage Tour in Mackinac Island. Boat ride
through the Soo Locks
with free time and sightseeing in Sault Saint Marie, visit to Mackinaw
Crossing and "Michigan's
Little Bavaria" and much

more. A \$75. deposit is due upon signing up. Price is \$899. pp double occupancy. Make checks out to Diamond Tours and mail to Claire Bilodeau.

White Mountain Hotel & Resort - December 4 - 5, 2022 - Trip includes 1 night lodging - 3 meals including the Grand Sunday Brunch. Two different entertainment shows, Austrian Sleigh Ride through Jackson Village with a Jingle Bell Chocolate Tour. Stop at the Christmas Tree Shop and Lunch at Polly's Pancake Parlor. A \$100 deposit is due upon signing. Price is \$369. pp double occupancy which includes tips.

For more information about any of our trips, please contact Claire Bilodeau (207)784-0302 or Cindy Boyd (207-345-9569.

#### TRAVEL TRAILER

2020 Keystone Sprinter Limited. Excellent condition. Located at KOA Naples Maine seasonal site. 3 slide outs, 2 air conditioners, 2 refrigerators, gas stove with oven, 2 TV's, fireplace, king size bed, queen couch, 2 recliners, furnace, automatic stabilizer jack, 50 amp service. Valued at \$43,900. Will negotiate. Call 207-784-6815.

#### **WANTED**

Odd jobs and Gig work
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counselor looking for odd jobs and Gig work. Trained and experienced in babysitting, Petsitting, senior/adult care and cleaning.

Contact: Missy 207-253-9762 or allinoneservices1@yahoo.com

# Classified Ads

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EACH ADDITIONAL WORD 25¢

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Auburn, ME 04210 or email it to us!

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Card # 3 digits # on back
Exp. date/ Signature
Name & Address
Phone:
CATEGORY:
HEADLINE:
AD INFO:

Page 16 Thursday, July 28, 2022

#### **CMMC Congratulates Family Medicine Residency Graduates**



LEWISTON, ME (July 15, 2022) -- Central Maine Medical Center's Family Medicine Residency recognized seven third-year family medicine residents at their re-

on June 23, 2022.

Honored at the commencement exercises were family physicians: (Front Row): Anthony Pastore DO, Dana Ken-

cent graduation program nedy DO, Chief Resident, Cecilia Davies MD, Isabella Taylor DO, Chief Resident. (Back Row): Chris Caracciolo DO, Ian Corbett DO, Jeffrey Badillo MD, Chief Resident.

Bethany Picker, MD, program director, gave the welcome address. In attendance were Family Medicine Residency faculty, residents, residency staff, as well as graduating residents' families and special invited guests. "This graduating

class of family physicians spent slightly more than eight months practicing in a pre-pandemic world," said John Alexander, MD, MHCM, FACEP, senior vice president, chief medical officer, Central Maine Healthcare. "Despite all of the upheaval in their training, and in healthcare in general, they are transitioning to full-time practice as highly qualified, and moreover, highly empathetic caregivers."

Dr. Picker presented the following:

Chief Resident Certificates – Jeffrey Badillo MD, Dana Kennedy MD, Isabella Taylor DO

Professionalism Award – Ian Corbett DO

Resident Research Award - Cecilia Davies MD

Resident Teacher of the Year - Anthony Pastore DO

Dr. Picker presented the graduates with their diplomas and gifts.

Here is where our family medicine graduates will be practicing:

Jeffrey Badillo, MD,

Outpatient Northern Light Mercy Hospital, Portland, ME;

Christopher Caracciolo, MD, Integrative Fellowship, Medicine Maine Medical Center Portland, ME;

Ian Corbett, DO, CMH Topsham Family Medicine, Topsham, ME;

Cecilia Davies, MD, Geriatrics Fellowship, University of Utah, Salt Lake City, Utah;

Dana Kennedy, MD, Lamoille Health Partners, Morrisville, VT;

Anthony Pastore, DO, Mercy Primary Care, Windham, ME;

Isabella Taylor, DO, CMH Lisbon Family Practice, Lisbon, ME.

#### **Geiger Announces 1st Quarter** Geiger Star Winners



LEWISTON, ME (June 23, 2022) -- Top 10 distributor Geiger, the nation's largest privately held promotional products distributor, recently presented its 1st Quarter Geiger Star Awards. These awards are

given to associates, who have been nominated by fellow associates, in recognition of their efforts to work the values of The Geiger Way. These associates, by practicing the principles of Continuous Improvement, embrace fresh and innovative ways to add value to our customers and positively contribute to the company's business. This quarter we presented awards to three individuals. These awards are given based on five areas of accomplishment: Business Achievement, Community Service, Customer Satisfaction, Leadership, and Process Improvement.

The individuals who received the Geiger Star Award are Chris Gagne, Christine Knowlton, and Renu Pal.



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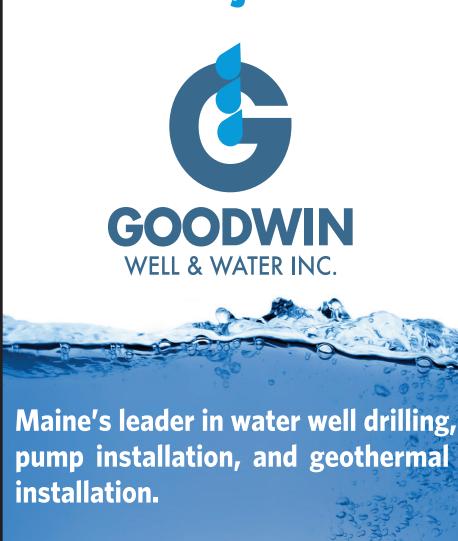
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