

# Good News MANCHESTER

SEPTEMBER 2022

**FOOTBALL**  
**PEP**  
**RALLY**

## ALL OR NOTHING

Travis Martin plans to leave it all on the field for his senior year

## 'RIGHT WHERE I NEED TO BE'

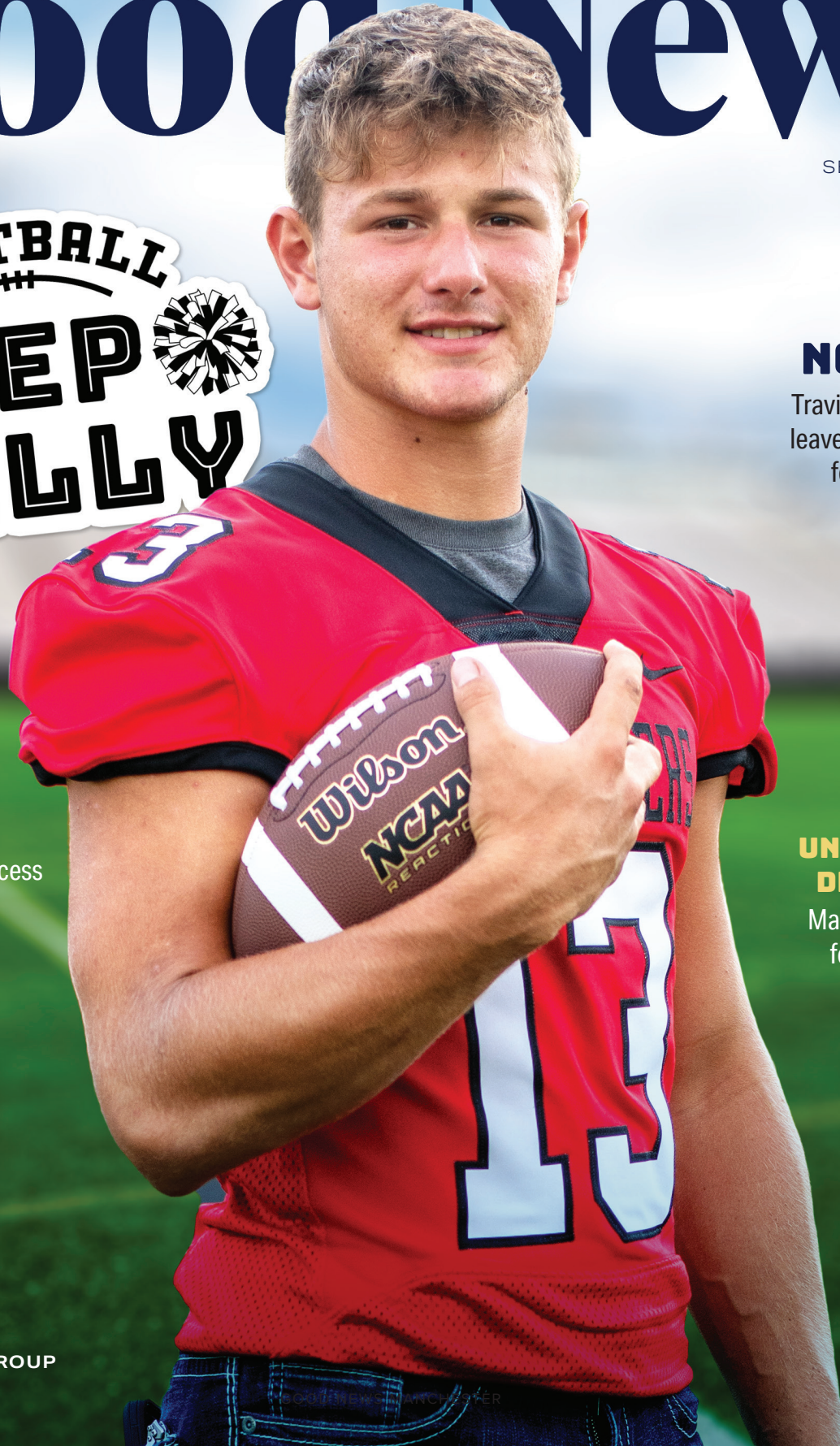
Coach Doug Greene gives credit for his success

## TEMPUS PERFECTUM

Perfect timing follows Alex Baldwin through musical career

## UNSTOPPABLE DRUM MAJOR

Mariana Stein leads fellow bandmates with positivity



# The best in emergency care, right where you live.

## When you need us the most, we're ready.

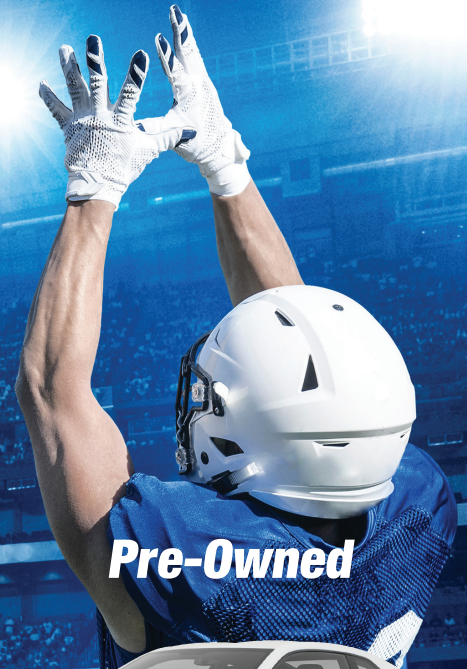
Our experienced emergency physicians and nurses are ready around the clock to provide immediate treatment. Bringing the clinical excellence and world-class resources of Vanderbilt Health to Tullahoma and the surrounding area is part of our commitment to giving you and your family greater peace of mind—and making health care personal.

### Vanderbilt Tullahoma-Harton Hospital

VANDERBILT  HEALTH

1801 North Jackson Street | Tullahoma, TN 37388 | 931-393-3000

# Stan Says **Good Luck This Season!**



**NEW Chevys**

**NEW Jeeps**

**Pre-Owned**



**Over 300 Pre-Owned Vehicles Available to View at  
[www.stanmcnabbchevy.com](http://www.stanmcnabbchevy.com) and [www.stanmcnabbcdj.com](http://www.stanmcnabbcdj.com)!**

**CALL US TODAY!**

Chevrolet Buick GMC • 931-325-0025

Chrysler Dodge Jeep Ram • 931-928-1800



Due to ad deadline some vehicles may have sold. All prices plus tax, title & license includes \$499 processing fee

# NEED A DEBIT CARD TODAY?

Now offering  
**Instant Issue  
Debit Cards**



2070 Hillsboro Blvd  
Manchester, TN 37355

301 Murfreesboro Hwy.  
Manchester, TN 37355

511 North Jackson St.  
Tullahoma, TN 37388

1502 Smithville Hwy.  
Mcminnville, TN 37110

[www.coffeecountybank.com](http://www.coffeecountybank.com)  
(931) 728-1975

Member  
**FDIC**



**NOW  
HIRING!**

**ResourceMFG<sup>®</sup>**  
An EmployBridge Company

Changing lives one job at a time!  
Warehouse • Manufacturing • Skilled Positions

Tullahoma:  
1802 N. Jackson Street • Suite 840  
Call or Text: 931-455-6004

Manchester  
1877 Volunteer Parkway  
Call or Text: 931-841-8131

Scan QR code  
to apply TODAY!

**Get Cash Fast with Toliver's!**

**Loan Services • Firearms & More  
Any Jewelry, Any Condition**

Since 1974, Toliver's Pawn, Jewelry & Guns, a family-owned and operated company, has been providing Middle Tennessee with the money they need for their merchandise.

@Tolivers.Pawn **931-728-2360**  
110 N. Spring St., Manchester, TN, "On The Square"  
[www.toliverspawnandjewelry.com](http://www.toliverspawnandjewelry.com)

**Richardson Waste Removal  
& Richardson Waste Solution**

**Weekly Service**  
Residential • Commercial • Industrial

**Roll-Off Containers**  
Construction • Demo Debris • Commercial  
Industrial • General Clean-Up

**CALL TODAY**

Quality service since 1963 Our Business is Picking Up!  
**931-433-6634**  
*Ask about easy bill pay!*

# HUNGRY?

*What sounds good?*

## THE STARTERS

**Kettle Chips: \$2.99**

Beer or Pimento Cheese (+50¢)  
CJ Sauce (+50¢), Jalapenos (+25¢)

**Bavarian Soft Pretzel: \$5.99**

Beer Cheese (+50¢) • Dijon Mustard (+50¢)

**Cheesy Bread: \$7.99**

Includes Marinara Sauce

## THE PIZZA

**Specialty: \$9.49**

Cheeseburger • Buffalo Chicken • Chicken Bacon Ranch  
The Hippie • BBQ Chicken • Nashville Hot Chicken

**Build Your Own: \$7.99**

**The Meats** (+50¢ ea.)

Pepperoni • Sausage • Bacon • Ham • Beef  
Grilled Chicken

**The Veggies** (+25¢ ea.)

Mushrooms • Black Olives • Jalapenos  
Peppers (Bell, Banana) • Onions

**The Others** (+25¢ ea.)

Pineapple • Hot Honey • CJ Drizzle

## NOT THE PIZZA

**Reuben Sandwich \$8.99**

Includes Kettle Chips & Pickle

**Black Angus Hot Dog \$5.99**

Includes Kettle Chips  
Beer Cheese (+50¢)  
Sauerkraut, Onion or Jalapenos (+25¢)

**Bologna Sandwich \$8.99**

Includes Kettle Chips & Pickle

**Pimento Cheese Sandwich \$5.99**

Includes Kettle Chips & Pickle

\*Prices subject to change.

## THE SWEETS

**Cinnamon Roll: \$4.99**

**Deep Dish Choc. Chip Cookie: \$5.99**

**Cinnamon Sugar Soft Pretzel: \$5.99**

Caramel (+50¢) • Icing (+50¢)

## THE LIQUIDS

**Craft Root Beer: \$2.00**

**Soda (12 oz.): \$1.00**

**Red Bull: \$3.75**

**Sweet & Unsweet Tea: \$1.50**

**Lemonade: \$1.50**

**Bottled Water: \$1.00**

*We offer over 90 different craft beers,  
ciders, seltzers & kombuchas*



*Manchester, Tenn*



210 Woodbury Hwy., Manchester, TN • 931.954.5387 • [www.commonjohnbc.com](http://www.commonjohnbc.com)

# CONTENTS

**Letter from the Editor:** 10  
Friday night lights

*GOOD NEWS*

**VFW Post 10904 wins fourth consecutive All-American designation** 14  
Continuing community service hour by hour.

**Manchester Parks and Recreation Department** 15  
Wellness opportunities for everyone 0-99.

**Manchester schools get a therapy dog** 18  
Daisy... the Bernedoodle extraordinaire.

**The University of Tennessee Space Institute appoints new executive director** 20  
UTSI seeks to connect.

**Coffee County Children's Advocacy Center unveils new award** 22  
Bonnie Watts receives the first-ever Melissa Johnson Children's Champion award.

*GOOD LIVING*

**Pittman: The Persistent Player** 28  
Football career made memorable for former player Matthew Pittman, thanks to his teammates.

**This drum major is unstoppable!** 34  
Mariana Stein leads fellow bandmates with positivity.



34



60

# 48

- 36 Get ready... it's football time**  
Local high school football kicks off season.
- 40 It's good to be back!**  
Friday nights are for football.
- 54 Game day party recipes**  
For all the rowdy fans who burn just as much energy as players do
- 56 Picking your teammates**  
Who do you want in your corner?

## GOOD TIMES

- 60 Playing for a hometown crowd**  
Area musician, Stephen Simmons, returns for an intimate performance at local brewery.
- 62 Community Events**
- 64 Events Calender**
- 66 Advertiser Index**

# We'll help open the door to your future

# home



Stop by and see one of our experienced Realtors, and let us show you what makes us ***different!***



Weichert Real Estate Affiliates, Inc. Awards Banquet at the Omni Hotel in Nashville. Congratulations to all of our Award Winners!

# Weichert

REALTORS®

Joe Orr  
& Associates

Independently Owned and Operated

Visit our website to view all of our latest listings!

[www.weichertjoeorr.com](http://www.weichertjoeorr.com)

309 S. Jackson Street Tullahoma, TN 37388

Office - 931-455-0555

*Leading* REAL ESTATE COMPANIES OF THE WORLD®

# RIDE WITH US TO HOME OWNERSHIP

## Close Your Loan in 14 Days or Less!

# First Vision MORTGAGE

Restrictions may apply  
NMLS #490528

**(615) 890-LOAN**  
[www.fvmortgage.com](http://www.fvmortgage.com)



**Tullahoma Office**  
1401 North Jackson St.  
Tullahoma, TN 37388  
(931) 454-0500

**Franklin County Office**  
2165 Decherd Blvd.  
Decherd, TN 37324  
(931) 968-0065

**Manchester Office**  
2134 Hillsboro Blvd.  
Manchester, TN 37355  
(931) 723-3224

**Murfreesboro Office**  
372 West Northfield Blvd.  
Murfreesboro, TN 37129  
(615) 494-5950



**Built  
to Last!**

**Mention This Ad for \$20 OFF!!**



*Best fire pit ever! Tennessee Craft Fire Pits is great! I told them what I wanted and they came up with the design. This was exactly what I wanted and it turned out perfect! Highly recommend them for your custom fire pit! Karen Phair loves it!*

Kevin Phair

*Tennessee Craft Fire Pits made the perfect fire pit for my Lineman husband! We LOVE it!!*

Brittney Newberry

**(931) 312-9122**  
Find Us On Facebook

**A Smile In Every Bottle**

**Beans Creek WINERY**

426 Ragsdale Rd. Manchester, TN  
**931.723.2294**  
[beanscreekwinery.com](http://beanscreekwinery.com)

## LOOKING FOR DINNER?

Options include ground beef, steaks, roasts and more!

*We sell only the finest 100% Angus beef processed under USDA Inspection. You can buy individual packages of steaks, roasts, ground beef, etc. or preorder by the Quarter, Half or Whole Calf! Call or shop online. Delivery or pickup options available.*

**Learn more at [mcbrideangus.com](http://mcbrideangus.com)**

**McBRIDE**  
**ANGUS FARMS**

2225 Gnat Hill Rd., Manchester, TN  
**(931) 324-1980**



# Where Down Home Cooking Meets Southern Hospitality

*Here at the Mercantile, we are known for our traditional southern meat and 3 plate lunches and dinners.*

*Menu changes daily. Check our Facebook page for updates. In addition we offer:*

## **Oriental Chicken Salad - \$9<sup>99</sup>**

*Lettuce Mix, Slaw Mix, Chicken Tenders, Crunchy Noodles, Toasted Almonds, Mandarin Oranges, and our Mercantile Signature Dressing!*

## **Chicken and Waffles**

**Reg. - \$8<sup>99</sup>** 2 Tenders, 1 Waffle

**Lg. - \$11<sup>99</sup>** 4 Tenders, 2 Waffles

## **Chicken Tender Plate - \$10<sup>99</sup>**

*Comes with Slaw & Roll w/the option of Fries or Chips*

## **Sticky Habanero**

## **Chicken Tenders - \$11<sup>99</sup>**

*With the option of Fries or Chips*

## **Hamburger - \$8<sup>99</sup>**

*With the option of Fries or Chips*

## **Cheeseburger - \$9<sup>49</sup>**

*With the option of Fries or Chips*

## **Fish Sandwich - \$9<sup>99</sup>**

*Comes with Fries and Slaw*

## **Pimento Cheese Sandwich - \$6<sup>99</sup>**

*With the option of Fries or Chips*

## **Chicken Salad Sandwich - \$8<sup>99</sup>**

*With the option of Fries or Chips*

**We are  
always looking  
for good help**



**Café, Bakery & Gift Shop**

Wed. & Thurs.: 11:00 AM - 8:00 PM

Fri. & Sat.: 11:00 AM - 8:30 PM

Sunday: 11:00 AM - 2:00 PM

Lunch 11:00 AM - 2:00 PM

Dinner 5:00 PM - 8:00 PM



*Menu is subject to change. Hot bar at night changes daily.*

**210 N. Irwin St., Manchester, TN • (931) 723-2491**

LETTER FROM THE EDITOR

# Get ready for the Friday night lights

High school football has brought the community together decade after decade.

**T**HE ONLY time I was ever on a football field was for my graduation. I was never interested in playing the sport, and for good reason. Around 9 or 10 years old, a group of my friends played football in the elementary school's gym during Summer Care. I ran from one side of the gym to the other... without stopping. I ran into the cement wall. And to spare you the gory details, I spent that summer with both my wrists in casts. Surprisingly, I never fell in love with football after that!

But, as a high schooler, going to the football game under those Friday night lights made me feel like I was living. I could laugh about the time I broke both of my wrists at the same time, sit with my family and friends, and enjoy food from the concession stand. The band carried on with music that made the game feel like we were watching a movie. The cheerleaders kept us pumped. At the time, I was overwhelmed with bright colors, loud noises, and crowds of people... but now I've realized that football is about being together and rooting for the same thing.

There is always something new to divide us every day... but nothing brings us together like sitting with people you love under those Friday night lights. This issue of Good News features stories about high school football, the success that launches from our fields into the world, and how our community is a better place. The hardworking players, cheerleaders, band members, coaches, and parents leave a lasting impression from one yard line to the next. **GN**



*Wesley Bryant*  
**Wesley Bryant,**  
MANAGING EDITOR

## From our readers



Do you have family and friends in Manchester who would enjoy Good News?

Sign them up for free at [goodnewsmags.com](http://goodnewsmags.com)

Thank you for reading Good News!

"Hope everyone is enjoying the new "Good News" like we are. I read it from cover to cover and look at the ads, too. They are so bright and colorful, that it just makes you want to look at them. All the articles are local which makes it even better. Thanks and keep up the good work..."

— Janice P. Carr, Good News reader

Share your thoughts on Facebook or our website. It could be featured in the next issue!

## Tell us about your experience!

Do you enjoy Good News Let us know what you think! Follow us and leave a review on Facebook. Search Good News Manchester or send a letter to the editor: [goodnews@goodnewsmags.com](mailto:goodnews@goodnewsmags.com)

# Good News<sup>MANCHESTER</sup>

**PUBLISHER** Will Thomas

**DIRECTOR OF MAGAZINES** Katie McNabb

**CREATIVE DIRECTOR** Chase Perryman

**MANAGING EDITOR** Wesley Bryant

**LAYOUT ARTISTS** Brianna Brubaker, Melissa Davis

**PHOTOGRAPHERS** Brooke Snyder, Ashleigh Newnes

**CONTRIBUTING WRITERS** Tina Neeley, Julia Eads, Sara McClaran,  
Kali Bates, Jeriah Brumfield, Gabriel Huff

**PROOFREADER** Michelle Harwell

**ART PRODUCTION MANAGER** Todd Pitts

**PRINT AD DESIGNER** Ben Adams

**VICE PRESIDENT OF SALES** Ken Holtzinger

**BUSINESS DEVELOPMENT** Lorri Allen, Tim Ashley, Taylor Bagby,  
Faith Cashion, Janet Mullins, Kymdall Reasonover,  
Sissy Smith, Sandra Thomas

Subscribe to Good News on [www.GoodNewsMags.com](http://www.GoodNewsMags.com)  
or call (800) 247-7318

**GOOD NEWS IS PUBLISHED BY** Exchange Media Group, Inc.  
**FOUNDER** Bill Thomas (1940-2010)

**BEST WEBSITES TEAM LEADER** Misty Zimmerman

**DIGITAL ASSISTANTS** Ginger Jones, Marisa Thornton

**NATIONAL ACCOUNTS EXECUTIVE** Bob Barger

**HUMAN RESOURCES** Tracey Pollock

**CUSTOMER SERVICE** Shelli Fuller, Barb Hargrove, Tim Weir

**DISTRIBUTION** Steve Seiler

**UX/CX OPTIMIZATION MANAGER** Clinton George

**WEBSITE DESIGNERS** Crystal Melhaff, Beth Anne Ratliff

**SEO CONTENT WRITER** Mary Hiers

P.O. Box 490, Manchester, TN 37334 | (800) 247-7318 | [exchange-inc.com](http://exchange-inc.com)

Art work or other copy submitted for publication is considered to be the property of the advertiser. Advertising is accepted with the understanding that all liability for copyright violation is the sole responsibility of the advertiser. Exchange Media Group will make every effort to see that advertising copy is correctly printed, but shall not be liable for failure to publish an ad or for typographical errors. The advertiser assumes full liability for his/her advertisements and agrees to hold Exchange Media Group unaccountable for the content of all advertisements authorized for publication and any claims that may be made against the Exchange Media Group. Exchange Media Group will gladly reprint, without charge, that part of an advertisement in which an error occurs, provided a claim is made within three (3) days of the first publication of the ad. Exchange Media Group will not knowingly accept any advertisement that is defamatory, promotes academic dishonesty, violates any federal, state or local laws or encourages discrimination against any individual or group on the basis of race, sex, sexual orientation, color, creed, religion, national origin or disability. Exchange Media Group reserves the right to reject ads considered distasteful or defamatory. All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination. Exchange Media Group will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

© 2022 Exchange Media Group, Inc. All Rights Reserved.

## There is only ONE way to make sure you'll receive the next issue.

Secure your FREE delivery by  
subscribing on our website.

Scan the QR code below with your  
smartphone and subscribe for free.



If you have already subscribed on the website, no  
need to worry! You are on the list and will receive  
the next issue without any interruptions.





# GOOD NEWS

---

There is enough bad news out there. Good News is hearing about your neighbor's successes. It's listening to your five-year-old niece tell a story that seems to go on forever; she stumbles over her words, but it's worth listening to. Good News is everywhere. It's in our community; it's in our homes; it's in our future.

*GOOD NEWS STAYS ALIVE AS LONG AS WE SHARE IT.*

PHOTO BY ASHLEIGH NEWNES



CITY NEWS

## VFW Post 10904 wins fourth consecutive All-American designation

Continuing community service hour by hour

By Sara McClaran // Photo by Ashleigh Newnes

**M**ANY PEOPLE think that when veterans leave the military, they are done serving. In Manchester, they couldn't be more wrong. This past year, VFW Post 10904 earned its fourth consecutive All-American designation – an award given to those posts that outstandingly serve their veterans and their community. Retired Navy Chief and commander of the Manchester post Kimberly King said that the local VFW performed far beyond the requirements of a rarely achieved award.

“Last year, for example, our state had seven posts out of 89 that earned the title. This year, they've had 13 out of 89,” King said. “[Our district] finished in first place, nationally, in our division.”

The requirements for the designation include submitting essays to two essay contests, and an optional category of Teacher of the Year. Instead of the minimum one in each category, the Old Stone Fort VFW submitted 84 total entries for the essay contests, and three for the Teacher of the Year category. All three teachers won at the district level, and one at state. The biggest achievement, however, was in community service.

“They also consider how much work and volunteer hours and money you're providing to the community, and we really blew that out of the water,” King said. “We had almost 6,500 hours reported.”

“The post also donated over \$62,000,” King said, “and is doing much better than average for posts around the country.”

One big thing that the Manchester VFW does is put on all patriotic events in the county, aside from the Fourth of July. They have also partnered with organizations like the American Legion and Disabled American Veterans, and they support everything from retirement homes to scouting programs.



King said one of the reasons veterans work so much is because of their continued desire to serve – even after retirement.

“Your heart still wants to serve your country badly, cause none of us are very old when we stop doing this,” King said. “Well this allows us to continue that in a different form or fashion by partnering up with the other veterans or people that served, and then collectively we go out and do things in the public.”

King said the camaraderie of a VFW post is very important, because that is something many get used to in the military. Any veteran is welcome to join.

“We're there to support each other,” King said. “It could just be family needs, or your family is sick, or there's a funeral... it's a lot of things.”

The connection, both within the post and with the community, has allowed it to blossom. This past fiscal year, post 10904 won the VFW National Award of Merit, the Department of Tennessee Community Service Award, and its fifth VFW Department of Tennessee All-State Award. Those are only a few of the many awards it has won since its founding in 1990. For more information or the complete list of awards, the Manchester VFW post can be found online at [www.vfwpost10904.com](http://www.vfwpost10904.com). **GN**

# Manchester Parks and Recreation Department

Wellness opportunities for everyone, 0 – 99.

By Sara McClaran // Photo by James Jordan

THE SCHOOLS of Manchester have thriving athletic programs in many sports, but they are not the only organization that promotes physical welfare in the community. The Manchester Parks and Recreation Department aims to provide affordable quality programs and facilities to all individuals and families in the community, and it does so with great effect. Part of that success is in the sheer scope of the projects directed by the department.

“We operate year-round,” said Director AJ Fox, “We have a wide variety of different programs [and] activities that we do.”

Some of those activities include swim lessons, movies, and parades, as well as everything that can be found in the department’s 69,000 square foot indoor recreation center and the 104 acres of park land. Citizens of Manchester can play on the basketball, tennis, or racquetball courts; compete on baseball or softball fields; and swim in one of the three pools that the Parks and Recreation department offers – in addition to the ninja warrior course.

“Part of the reason we’re here is to... enhance people’s quality of life,” said Assistant Director Becki Johnson. “There’s so many different needs, from age 0 to 99, that we offer for people here.”

Johnson said the membership fee for the recreation center is much cheaper than most other places because it is a community-based department.

“That’s part of our role here is to offer these opportunities, whether they want to walk on the greenway, or walk on the treadmill, or walk our indoor track – whether it’s outdoors, athletics, wellness, aquatics, you know, or just family time,” Johnson said. “Something for everybody.”

Community is an integral part of Manchester, and it is continually shown by the partnerships and volunteers that make so many



projects possible. Schools and civic organizations, like the Rotary Club, have partnered with the recreation department to offer activities to the children of Manchester, as well as attract volunteers and fundraisers. While Fox said that many of the larger community events went away during COVID-19, they are slowly coming back. There are several new events in the works as well, including a highly-anticipated farmers market.

Another large part of the recreation department’s success is the care of the people who work in it. Fox, who has been a part of the department for 13 years, said that job titles don’t mean much.

“We do everything from janitor, to lifeguard, to working concessions,” Fox said. “I mean, we all just pitch in and do it all together.”

Johnson, who has 30 years of experience in the field despite only joining the Manchester department just over a year ago, said recreation has always been an integral part of her life, from growing up in local parks to learning to be a lifeguard. Fox started his career by volunteering in the Manchester Parks and Recreation Department and hasn’t been able to leave for long.

“I also went into this field because I knew I wanted to make an impact in children’s lives,” Fox said. “We do off-site trips when we can, to state parks and taking kids... to Six Flags, and some of them have never even been out of the city – and you know, it’s because of us that they get to do those things.” **GN**

## Southeastern Institute of Medical Technology

Next Class: October 10<sup>th</sup> - January 27<sup>th</sup>

[Southeasternmedtechttn.com](http://Southeasternmedtechttn.com)



Our goal is to produce high-quality healthcare professionals that will serve our community with care, expertise & kindness.

The Dr. Harbolt Center Campus

Start Your Training As A Medical Assistant/Phlebotomist!

4 National NHA Certifications

Now offering day and evening classes.

• Financial aid available for those who qualify  
• On-site child care



\$2,400 Tuition • \$200 Registration  
All inclusive options

**Office: (931) 954-0225**  
**Bonnie: (931) 259-7002**  
Institutional Director/Instructor  
**Nicole: (931) 952-9238**  
Educational Director/Instructor

67 Old State Hwy 56  
Coalmont, TN 37313  
[admin@southeasternmedtechttn.com](mailto:admin@southeasternmedtechttn.com)



# September 16-18, 2022

**FREE ADMISSION**  
**Fireworks • 120+ Vendors**  
**Food • Kids Activities**  
**Free Entertainment**

## SHENANDOAH

**Buddy Jewell - Cody McCarver**  
**Mose Wilson - Bad Nayber**  
**Justin Williams Band**  
**Georgia Crossroads**  
**Last Rebel - Locke and Loaded**  
**and many more!**

For more information:

**FallHeritageFestival.org**  
**FB: FallHeritageFestivalCowan**

# WE PROTECT YOU!

## From Unwanted House Guests!



**Get Your FREE Estimate!**  
**Call 931-728-4290**

3731 New Tullahoma Hwy.  
Manchester, TN 37355



[www.SherrillPest.com](http://www.SherrillPest.com)

## WE CAN DO IT ALL!

Complete Excavation Services:

Skid Steer Loader	Roads & Driveways
Mini Excavator	Grade Work
Bulldozer & Track	Pads
Hoe	Ponds & Lakes
Site Prep	Underground
Demolition	Utilities

Insured



All major credit cards accepted

**BERZETT EXCAVATING**

**931-625-7013**





# Sir Pizza of Shelbyville

1731 N. Main Street, Shelbyville, TN 37160  
931-735-6379

# Sir Pizza of Manchester

177 Relco Dr. Manchester TN 37355  
931-954-5395

like us on facebook

**Sunday Special - buy 5 wings, get 5 half price**

**Monday Special - free breadsticks with purchase of any large pizza**

**Tuesday Special - BOGO free pizza - dine in only | BOGO half off pizza - carry out only**

**Lunch Special - 1 topping 8" pizza for \$5.99 from 11am-2pm weekdays**

## APPETIZERS

### BREAD STICKS

10 seasoned sticks topped with parmesan cheese and served with marinara sauce

### GARLIC CHEESE TOAST

6 pieces of toasted garlic bread loaded with blend cheese. Served with marinara sauce

### STUFFED BREAD STICKS (3) OR (5)

mozzarella stuffed bread sticks served with marinara sauce

### KNIGHTS BITES

Pretzel bites topped with salt and served with our favorite cheese dip

### CHEESE FINGERS (SMALL) OR (LARGE)

crust brushed with Italian seasoning, loaded with blend cheese, cut into finger slices and served with marinara sauce

### KNIGHTS KNOTS

Individual twisted garlic bread knots served with our marinara or spaghetti sauce

## SPECIALTY PIZZA

AVAILABLE IN 8" 12" 14"

### ROYAL FEAST

pepperoni, mushrooms, onions, green peppers, and our original sausage

### KING'S FEAST

Baked ham, pepperoni, our original sausage, bacon, and beef

### QUEEN'S FEAST

Mushrooms, black olives, green olives, green peppers, and onions

### FARMER'S ALMANAC

Baked ham, pepperoni, mushrooms, green peppers, onions, our original sausage, beef, black olives, green olives, (jalapenos and anchovies available upon request)

### BBQ BACON

Double cheese, BBQ sauce, beef, bacon, provolone cheese, and cheddar cheese

### GARDEN FEAST

Ranch dressing base with mushrooms, tomatoes, and broccoli

### PRINCESS FEAST

Ranch dressing base, chicken, pineapple, tomatoes, and banana peppers

### TN HOT CHICKEN PIZZA

Boneless wings tossed in our sir sizzle sauce, chopped pickles, and jalapenos topped with a ranch drizzle

### THE DUCHESS OF SHELBYVILLE

Chicken sausage, diced tomatoes, mushrooms, sliced pepperoncini with our pesto sauce

## CREATE YOUR OWN

Sauces: Signature Tomato Sauce, Sir Que, Ranch Dressing, Pesto Basil, Italian Garlic Butter

Toppings: Baked Ham, Sir Pizza Beef, Sir Pizza Sausage, Bacon, Pepperoni, Garlic Roasted Chicken, Mushrooms, Green Peppers, Onions, Black Olives, Green Olives, Banana Peppers, Pineapple, Tomatoes, Jalapenos, Anchovies, Sliced Pepperoncini, Salami

AVAILABLE IN 8" 12" 14"

**Take advantage of our 2 for 1 draft beer  
ALL DAY - EVERYDAY**

## SALADS

Signature Bleu Cheese | Ranch | Italian | Honey Mustard | French | Thousand Island

### HAM, CHICKEN, OR TURKEY CHEF SALAD

Your choice of ham, chicken or turkey. Lettuce, tomato, ham, eggs, provolone cheese, cheddar cheese, bacon bits, cucumbers, and croutons

### DINNER SALAD

Lettuce, tomato, cheddar cheese, bacon bits, cucumbers, and croutons

## KINGS WINGS

Sir Meek & Mild | Sir Medieval | Sir Sizzle | Dragon's Breath | Sir Que | Sir Tso | Jala-mango | Moonshine BBQ | Hot BBQ | Italian Garlic Parmesan

TRADITIONAL OR BONELESS - AVAILABLE IN 5, 10, 15, OR 20 CT

## OVEN TOASTED SUBS

served hot on toasted hoagies \*Sandwich Prices Include\* Lay's® Classic Potato Chips, Pickle Spear, and your choice of cheese, lettuce, tomato, mayo, or mustard

### BAKED HAM, CHICKEN, ROAST BEEF, OR TURKEY SUB

Choose from Provolone, Cheddar, Swiss, or blended cheese

### MEATBALL

Meatballs covered in marinara sauce. Choose from Provolone, Cheddar, Swiss, or blended cheese

### POTATO WEDGES

Add potato wedges to any sandwich

### SOUP & SALAD OR SOUP & SUB COMBO

Sir Italian Noodle Soup, White Chicken Chili, or Sausage Lentil Soup

## THICK HEARTY PASTA

All dinners include salad, pasta, and garlic bread. Choose from one of our signature sauces:

Spaghetti Sauce | Marinara Sauce | Alfredo | Pesto Basil

### LARGE, REGULAR, OR CHILD'S SPAGHETTI

### LASAGNA

### RAVIOLI (CHEESE OR MEAT)

### STUFF YOUR OWN CALZONE

Includes 3 toppings of your choice filled with our spiced blend cheese and served with marinara sauce





# Manchester schools get a therapy dog

Daisy... the Bernedoodle extraordinaire

By Sara McClaran // Photo submitted by Lou Paschall

**F**OR YEARS, the Manchester City School District has been looking for a service dog to work in their school system... and that wish has finally been granted in the form of the Bernedoodle puppy, Daisy.

While there are organizations that work with private pet owners whose dogs are certified, none of those dogs were available to come to the Manchester school district. Daisy was a gift from Clanton Ridge Doodles, based in West Point Tennessee. The work involved with raising and training a service dog doesn't end there. Daisy needed someone to care for her and get her certified, and that volunteer was school social worker, Lou Paschall.

"They actually donate a puppy every year," Paschall said. "They actually contacted us about donating a puppy to the district, and so it was a really great opportunity for us."

Paschall hasn't taken the responsibility lightly.

"She's taking that on, and she is raising this puppy," said College Street Elementary's principal, Tom Jacobs, "She's made a Facebook page for it and everything."

Daisy will have to go through several stages of training to become a fully-fledged service dog; a process that will take months. Paschall will be working with a trainer in Murfreesboro.

"There's a basic skills class that she'll take and that could be in the next couple of months, and then there's a second part [that] is a canine good citizen course that's a little more advanced than that," said Paschall. "She has to be 18 months old to take the actual therapy dog certification."

Once Daisy has passed her certification, she will begin to work in the school system.

"The idea behind it is to... be able to come in and work with students," Jacobs said. "Help bring them some comfort in some way."

Statistics have shown that this is not wishful thinking. Trauma patients have a much easier time with animal assisted therapy. Eighty one percent of children with Autism Spectrum Disorder (ASD) prefer to play with animals over toys, and children in speech therapy can find it much easier to practice with an animal than with an adult or even friends. Even in smaller situations therapy animals can have a major influence in calming stress and anxiety.

"We might just do something like bring the therapy dog, and the therapy dog's there while we are reading a story to [the] children – so building those literacy skills," Paschall said. "There's just so many different ways that it can be beneficial to students."

Daisy's work will affect children across the community as a result of the community effort going into her placement and training. Clanton Ridge Doodles donated the dog and provided resources on how to care for her, and the Manchester Animal Health Clinic is partnering with the Manchester City School District to provide well-care.

"It's already definitely a community venture, where we have support from outside of... the school system to help us bring this to our students," Paschall said. "We're really appreciative of that as a district." **GN**

INDUSTRY NEWS

# University of Tennessee Space Institute appoints new executive director

University of Tennessee Space Institute seeks to connect.

By Sara McClaran // Photo provided by John Schmisser

WHILE IT may not be the first thing someone thinks when they think of ‘Coffee County,’ the University of Tennessee Space Institute (UTSI) has been a part of the community for nearly six decades. In the years since its founding in 1964, UTSI has been working tirelessly to teach a growing pool of young engineers from across the nation. Recently, that growth has included a new executive director – professor and H.H. Arnold Chair John Schmisser. Schmisser has been a part of UTSI since 2014, and has many years of practical experience in aerospace engineering.

“I spent the first 23 years of my career working for the Air Force Research Laboratory, where I first did research and then later on was a program manager for all the fundamental science work – that’s primarily university work – that the Air Force sponsored in the area of high-speed flight and hypersonics,” Schmisser said. “That made me a great candidate to be a faculty member.”

Schmisser has been instrumental in growing the hypersonics program at UTSI, which he said has now become a program of national stature.

“I can hopefully... move from leading one group to leading the whole institute along the same trajectory that my group has experienced the last few years,” Schmisser said.

While many of his goals involve research and the growth of UTSI, Schmisser said there were many relationships he hoped to grow as well. UTSI works closely with the Arnold Engineering Development Complex, as well as several engineering focused businesses in Coffee County, and especially in Huntsville, AL.

“Our ultimate goal is because of that relationship,” Schmisser said. “We would like to draw a lot of the industry that’s in the Huntsville area to think about having operations in Tennessee and ultimately have an economic impact for Southern Middle Tennessee.”

As part of teaching the next generation of engineers, UTSI has also participated in job and career fairs. Schmisser said the people of UTSI want to be a source of inspiration to kids throughout the Coffee County educational system and show them that there is a great opportunity for anyone who wants to work in aerospace.

“Something that’s a reward to watch – just take a couple of women PhD students out and put them in the middle of a career fair and watch all the young ladies gravitate towards them and say, ‘I want to be an aerospace engineer,’” Schmisser said. “We’d like to be a place that can both... create that spark that excites them about a future in aerospace and eventually contribute to their training



and development as well.”

Despite all of this, Schmisser would like for UTSI to be a greater part of the surrounding community. The mission of the University of Tennessee is to support the well-being of the people of Tennessee, and Schmisser said he wants the space institute to be a resource to the region as well as an improver of quality of life.

“I think people here aren’t really familiar enough with UTSI, and the fact that the University of Tennessee has a campus here in Coffee County,” Schmisser said. “We want to play a much bigger role in doing that, and that includes us revisiting how we can do a better job of contributing to the education of people in this part of the state.” GN



▲ University of Tennessee Space Institute

COUNTY NEWS

# Coffee County Children's Advocacy Center unveils new award

Bonnie Watts receives the first-ever Melissa Johnson Children's Champion Award.

By Kali Bates // Photography provided by Coffee County Children's Advocacy Center

**T**HE COFFEE County Children's Advocacy Center (CCCAC) recently unveiled a new recognition for those who work tirelessly advocating for children in Coffee County.

According to the CCCAC director, Joyce Prusak, the award was created for the late Melissa Johnson.

"The award was created to honor the memory of Melissa Johnson," she explained. "Her husband, Ward Johnson, wanted to find a way to honor her memory and her love of children. So we worked with him to create this award."

Receiving the inaugural Melissa Johnson Children's Champion Award is one of the CCCAC's founding members, Bonnie Watts.

In 2004, Watts, and a group of local activists with the Coffee County Church Women United, founded the center that officially opened in 2005. For almost 20 years, the center has served children who have experienced severe abuse.

Prusak said this recognition for Watts was long overdue.

"Through the founding of the Coffee County Children's Advocacy Center, Bonnie has had a tremendous impact on the children and families that have been helped through the

CAC," she said. "Over 4,400 children have received some kind of service from the center due to severe child abuse allegations. The more support we can give children and families to begin the healing process, the stronger our community will be as a whole. Bonnie is an unsung hero. It was time to give her the recognition and credit she deserves."

Prusak added that the award will help to recognize those with the CCCAC who work to make an impact through the organization.

"The board of directors of the CCCAC will be deciding who receives this award based on the impact of the work someone has done for children in our community," she explained. "This is a new award and there was no doubt who we wanted to award it to this first time based on the work that was done to found the center and the lasting legacy of that work. Although over 4,400 children have been helped so far, that number will just continue to grow."

A humbled Watts said she is grateful for the award and proud to be a part of an organization that works to advocate for children.

"I am so humbled being acknowledged to receive the

first Melissa Johnson Children's Champion Award, and it is such an honor," she said. "But I have to say it was not only myself who worked hard to get the center on its feet. So many people were involved, and a lot of those same folks are still working hard for the children of our community. I feel privileged to have been a part of the process."

According to Prusak, the CCCAC offers services that include forensic interviews, family advocacy, mental health services, medical exams, and prevention training. In addition to the intervention services that the CCCAC provides to children and families in the community who experience severe abuse, the CCCAC also provides an evidence-based prevention program for adults, called Darkness to Light's Stewards of Children, thanks to a grant received by the center.

The program trains adults to recognize signs and react responsibly to child sexual abuse. It also aims to eliminate child abuse through prevention. The program is evidence-informed, adult-focused, and it is proven to increase knowledge and change behavior. **GN**



For more information, email  
Elena Cawley at [elena@  
coffeecountycac.org](mailto:elena@coffeecountycac.org). The center  
is located at 104 N. Spring St.,  
Manchester, and can be reached  
by calling (931) 723-8888.

*“I am so humbled being  
acknowledged to receive the first  
Melissa Johnson Children’s Champion  
Award, and it is such an honor,”*

- Bonnie Watts

# Need a roof? We've got you covered.



- Metal Roofing • Metal Buildings
- Post Frame Buildings • Custom Trim • And More!

## WHAT WE CARRY

- Tuff Rib Panel
- PBR Panel
- Watson Wave Panel
- 5V Panel
- Corrugated Panel
- Standing Seam Panels in 1", 1.5" & 2"
- Mechanical Seam panels
- Board & Patton Panels
- Metal Shingles
- Perforated Panels in 20+ Colors
- Custom Bent Trims
- Roll-Form Standard Trims
- Closures
- Screws For Wood & Metal
- Stock Screws 1" - 3"
- Over Size Screws
- Solar Seal All
- Colors & Clear



Over 20 Years Of Quality Service & Experience

Monday thru Friday 7:00 AM - 4:30 PM

238 Interstate Dr., Manchester, TN

**931-728-8185**

**watsonmetals.com**



**Local Experts! Commercial, Residential, Land and Farms**



532 Hillsboro Blvd,  
Manchester, TN 37355  
Next to Walgreens  
Office: 931-728-2800  
Toll Free: 1-800-276-3820



2104 N Jackson St.  
Tullahoma, TN 37388  
Across from Wal-Mart  
Office: 931-455-3000  
Toll Free: 1-800-876-4564



**COFFEE COUNTY**  
REALTY & AUCTION CO., LLC

Visit our website at [www.CoffeeRealty.com](http://www.CoffeeRealty.com)  
for up to the minute Real Estate Information!



- All sizes • Climate Control Units
- U-Lock U-Keep • Well Lighted
- Fenced • Office On-Site

**POWERS  
STORAGE**

607 Woodbury Hwy, Manchester | 931-728-7181



108 West Lincoln Street  
Tullahoma, TN

[claytonsshoes.com](http://claytonsshoes.com)  
**(931) 455-2722**

Serving the area for over 122 years with service, quality and fit.



# OVERSTOCK SALE

## MEADOWS HOMES McMINNVILLE

**\$5,000 Off - Select Singlewides**  
**\$10,000 Off - Select Double Wides**

**IMMEDIATE DELIVERY**



4651 Manchester Hwy. McMinnville, TN • (931) 668-7300

**McMinnville**

**Ronald Clower**  
**Cyndi Clower**  
**Jay Crouch**

~ Since 1979 ~

1406 McArthur Street  
 New Tullahoma Hwy/Hwy 55  
 Manchester, TN 37355  
 (across from the Coffee Co. Admin. Building)



**PEOPLES BANK**  
 & TRUST COMPANY

**We know small business.**



**Because we ARE small business**

Starting and sustaining a small business is challenging. With the right small-town bank in your corner, this is a fight you will win. We can help with small business loans, lines of credit, accounts and services at Peoples Bank & Trust in Manchester.

**bankwithpeoples.com**



1203 Hillsboro Blvd. in Manchester

Member FDIC

Look your *Best*  
 Feel your best.

- Chronic Disease Management • Pediatrics • Dermatology
- Well Visits • Woman's Health • Urgent Care • Weight Loss
- Hormone Replacement Therapy

Coming June 2022 Full Scope Family Medical Care



Dr. Vanessa Green & Niki Chester FNP



**MAGNOLIA**  
 FAMILY MEDICINE & WELLNESS



Now Open: 1402 Willow Dr.  
 Manchester, TN 37355



**931.450.1000**



A photograph of a running track with a green field and a fence in the background. The track is in the foreground, leading towards the field. The field is green and has a fence in the background. The sky is not visible.

# GOOD LIVING

---

How we live is up to us. Living a good and happy life is hiding in the way leaves sway in the wind. It's hiding in the bright purple sunset every evening. It hides in the heartbeat of a rabbit racing across your front yard. When we appreciate every moment as a gift and everything around us as a once-in-a-lifetime experience, our lives change. It might even change the lives of those around us.

*HERE'S TO A HAPPY LIFE.*

PHOTO BY ASHLEIGH NEWNES

# Pittman: The Persistent Player

Football career made memorable for former player, Matthew Pittman, thanks to his teammates.

By Kali Bates // Photography Ashleigh Newnes

**T**HIS PRACTICE wasn't like all the others. It was the last practice before the season opener; the official start of the season. You could feel the tension and excitement amongst the players. It was almost as thick as the humidity.

He wiped the sweat from his face with his jersey and looked around at his fellow players. They were really more like brothers at this point. Years had been spent with his fellow brothers enduring long, hot practices that sometimes felt like there was no end in sight.

But even if he could, he wouldn't trade a single miserable moment. He'd suit up proudly alongside them and run every single drill that the coaches threw at them.

A whistle blew and he and his teammates looked at each other. They know what's in store for them for the next few hours and they are ready to tackle it together.

Practices like this were "ah ha" moments for former Coffee County football player Matthew Pittman. In these moments, Pittman said he knew that as a team, they could do anything.

"Even in our summer practices, I don't know what

it was about that time," he said. "Maybe it was that time of the year or something in the air? I don't know what it was. But my team, we had a bond and we had been through a lot, and we knew that we were going to be perfectly fine."

Playing since he was a child, Pittman said he was always a nervous player getting wrapped up in the excitement. Helping him to calm that nervousness, was him just getting out there and knocking up against another player and being alongside his teammates.

"The nervousness of it was always huge," he said. "It's a big part for me. I was always a nervous player. It's something about that feeling when you're on the field and the lights turn on, finally. You go out there as soon as that first whistle sounds, you don't think anymore, and you just do it."

Pittman added that the bond he and his fellow players shared was what made playing football so special.

"A solid team starts with fundamentals," he said. "It's then about teamwork and forming a bond with your teammates. Once you're solid on teamwork, it's all about persistence and just staying at it."



**"Once you're solid  
on teamwork,  
it's all about  
persistence and  
just staying at it."**

- Matthew Pittman

A recent graduate himself, Pittman said that he encourages current players to make the most of their time playing under the lights and with their teammates.

"I would cherish the time they have," he said. "I hate to make it so sad, but it really... it passes you by so quick. You never realize it before you're out of the moment and that you can never do something like this again with these people." GN





**WON'T YOU**

**BE MY**

**NEIGHBOR?**

## This official national day encourages building stronger communities.

By Tina Neeley

**S**EPTEMBER 28 is National Good Neighbor Day, but we don't have to wait for the official holiday to become better neighbors. Manchester residents don't contain their neighborly outreach to a single day; we have a long history of supporting one another. Still, using the Good Neighbor Pledge and the five pillars for building better neighborhoods, we can multiply the impact of support.

The first pillar begins where all natural first connections are made - by saying hello. In our digital age and a world reshaped by a national pandemic, it was safer and more convenient to retreat to virtual communities. These resources kept us connected and enabled us to stay encouraged. As we've eased back into something more closely resembling normal, we may need to be intentional about coming together again in person. Saying hello to neighbors as we come and go may be routine, or we may have gotten out of the habit. National Good Neighbor Day is the perfect time to reset.

What better way to reset than with an invitation to gather for a neighborhood meal or fun event? How about an "operation neighborhood reset" celebration? Jumpstart the reset by working together to brainstorm the details of your gathering. Be sure there's something for everyone, from small children to senior citizens. Deliver goodie bags

to those unable to attend due to work schedules or other conflicts.

Once your reset is complete, remember to continue connecting by recognizing and celebrating holidays, birthdays, milestones, and special moments. It can be as simple as a call, card, or text message to make their day brighter. Celebration is the third pillar of neighborhood construction.

The fourth pillar reminds us to keep an eye out for each other. As you come and go, remember to notice your neighbor and their property. You know, better than anyone, their regular routines and might be the first to recognize if something is out of the norm. While no one wants to feel a violation of privacy, few will deny the comfort that comes from knowing someone is watching out for them and with them. It's the pillar of awareness.

With lives busier than ever, the final pillar may take the most effort, but it says "I'm here for you" and brings the other four pillars full circle. The final pillar is availability. It's making time to be there for our neighbors, coming through when help and support are needed. That seals the neighborhood deal.

While Good Neighbor Day focuses on that area immediately surrounding our homes, remember that everyone we meet is our neighbor. "Hello" opens the door to conversation, connection, and community. We're all stronger together! **GN**

## THE "GOOD NEIGHBOR" PLEDGE

I pledge to be the "good neighbor." With the goal of becoming a more connected and caring community, I will be a person who lives with kindness and concern for my neighbors. I'll take the first step by connecting with neighbors and introduce myself. I will practice the "good neighbor mindset" to make connections, invitations, stay aware, and be available to my neighbors. Good neighbors make great neighborhoods.

# Everyone is family here.



Make yourself at home in our intimate community where everyone becomes family.

1621 McMinville Hwy.  
Manchester, TN  
931-728-0200



Autumn Oaks  
assisted living by Americare

[www.americareusa.net](http://www.americareusa.net)



# CAPSTAR<sup>TM</sup> BANK

100 West High Street - Manchester - 931-728-3518  
1814 Hillsboro Boulevard - Manchester - - 931-728-4444



MEMBER  
FDIC

[www.capstarbank.com](http://www.capstarbank.com)



## PROVIDING A DEDICATED WORKFORCE TO ENSURE YOUR COMPANY'S SUCCESS



- Temp-to-Hire Staffing
- Direct Hire Recruitment
- On-Boarding Services
- On-site Supervisor
- 3PL Services
- Travel employees Nation Wide
- 3PQI Services
- Quality inspection Nation Wide

741 Dinah Shore Blvd.  
Winchester, TN 37398 • (931) 967.0017  
2081 Hillsboro Blvd.  
Manchester, TN 37355 • (931) 723.7810

**metro** SERVICES

Toll Free: (855) 715.5627  
[metroindustrialservices.com](http://metroindustrialservices.com)

## Flowers for any Occasion



115 S. Spring St.  
Manchester, TN  
(931) 954-0787



We have carports available for  
install in as little as 4 - 6 weeks!



931-635-2244

[watsonbarnrentals.com](http://watsonbarnrentals.com)

[watsoncarports.com](http://watsoncarports.com)

## 1, 2 & 3 BEDROOM SPACIOUS APARTMENTS



- Washer & Dryer Connections
- Dishwasher
- Garbage Disposal
- Central Heat & Air
- Patio/Balcony
- Garbage Disposal
- Bulk Cable
- Computer Room w/Internet Access
- Laundry Facility
- Playground or Picnic Area

555 Expressway Dr.  
Manchester  
9 A.M. - 4 P.M.



*Rivendell Apartments*

931-723-8022



GREAT SELECTION AND PRICING ARE NOT...  
**HARD TO FIND!**



Give Us a **YELL** Anytime!

**BIGFOOT LIQUORS**

2010 Hillsboro Blvd.  
 Manchester, TN  
**(931) 723-1770**



**Adult & Pediatric Dermatology  
 Skin Solutions**

*Dermatology care you can trust!*

- Full spectrum of non-invasive therapies for multiple skin, scalp, and nail conditions
- Surveillance, monitoring and non-Invasive treatment for cancerous and pre-cancerous issues
- Cyst treatment
- Acne
- Eczema
- Psoriasis
- Warts
- Contact allergy testing
- Dandruff
- Dry Skin
- Atypical Moles
- Rosacea
- Shingles
- Stasis Dermatitis
- Rashes
- Skin growths and infections

**Take Care of Your Skin**  
**Ashley Messick-Hite**  
 Certified Physician Assistant  
*Supervised by a Board-Certified Dermatologist*

151 Ledford Mill Rd. • Tullahoma, TN 37388  
**(931) 800-6400**  
[apdskinsolutions.com](http://apdskinsolutions.com)



**For All Your Land Management  
 and Forestry Mulching Needs!**



**Kiser's Services (931) 581-2461**

**TRY ANY OF OUR  
 ENERGY BOOSTING INJECTIONS**

*(B Complex, Methylated B12, and MIC B12 available)*



Middle Tennessee  
 Thermography  
 & Wellness

Call/Text now to set up your  
 appointment **(931) 444-7778**

 907 McArthur Street  
 Manchester, TN 37355

[midtnthermographyandwellness.com](http://midtnthermographyandwellness.com)

**One Call Cleans It All!**



**DustBusters  
 Cleaning**

15-years experience  
**(931)434-2719**

Services you can trust with peace of mind.

• Quality/Value • Bonded/Insured

**We Have Something  
 For Everyone.**



**(931) 728-9773**

**C.A.R.S.  
 CUSTOM**  
 AUTO & ROD SHOP

**Stop By And See!**

807 McArthur Street  
 Manchester, TN

# This drum major is unstoppable!

Mariana Stein leads fellow bandmates with positivity.

BY KALI BATES // PHOTOGRAPHY BY ASHELIGH NEWNES

**T**HE AFTERNOON SUN beats down, throwing its last few heated punches before it sets for the evening. The smell of hotdogs and popcorn waft through the air luring patrons to the concession stands. Footsteps can be heard clanging against the metal as folks make their way through the stands. The booming voice of the announcer sounds from the press box calling the attention of all to direct them toward the field.

At this moment, she takes it all in. The smells, sounds, and the charged atmosphere. She meticulously adjusts her uniform and leads her fellow bandmates onto their grass-covered stage where they will showcase months of hard work that has led them to this moment.

She is ready. She's always been ready. Ready to lead and ready to perform.

From a young age, Coffee County High School senior Mariana Stein knew she wanted to be a part of the band. You could say it was inevitable.

"It wasn't even a question for me. I just knew that was what I was going to do," said Stein.

Choosing the trombone as her go-to instrument, Stein enjoyed a successful middle school experience in band. That success would almost be cut short heading into high school.

"By the end of my 8th grade year I was ready to quit the band," she explained. "I was terrified. I was afraid I wouldn't have any friends. But my dad and the band directors told me I was going to have fun, and I would like it. I really dug my heels in, but they convinced me. And a week in, I was really enjoying the whole experience. As much as it pains me to say it, they were right."

Once she overcame the hurdle of doubt, Stein has been unstoppable.

"Once I had reached that point, I realized that I wanted to be a leader; a student leader in the band," she said.

From achieving first trombone chair as a freshman, to section leader in her sophomore year, to a drum major in her junior and senior year, she has been on a musical roll. As she enjoys her final year of performing, Stein said she has taken great pride in being a part of the Coffee County Band.

"It feels really good to put on the uniform. Even the few hours before the game at school, loading the instruments onto the trailer, getting them ready to take onto the football field," she said. "I feel like we are all coming together and representing something. I kind of like the feeling that everyone is watching me. I know I'm representing something, and I've worked

**"I know I'm representing something, and I've worked hard to be here. I think a lot of band members feel that same way and are very proud to put on the uniform and do what we do."**

- Mariana Stein



hard to be here. I think a lot of band members feel that same way and are very proud to put on the uniform and do what we do. Because we know it's not easy and that what we represent is something that only we represent and is unique to us."

Stein has plans to major in psychology and minor in Spanish at Tennessee Tech University in Cookeville after graduating next May. But before she says her final high school farewell, she hopes to leave her classmates with what she feels is quintessential to the success of a student musician: positivity.

"As drum major, if I'm not positive, the other 60 kids are going to feel that, and it's going to affect the entire morale of the band," she explained. "I want to graduate knowing that I helped at least one person and made a difference for them. To leave a kind of legacy where the next drum major says 'I want to do it how she did, because what she did was really cool and it worked, and everyone enjoyed it.'" GN



GET READY

# IT'S FOOTBALL TIME

## Local high school football kicks off season

By Kali Bates

**D**OWN, SET, HIKE! In almost an instant, the center snaps the ball placing it directly into the quarterback's hands. Dropping back, he looks over a flurry of jerseys searching for an open player. Quickly finding his target, he launches a cannon of pigskin that finds his intended teammate at just the right moment. In what seems like clockwork, the crowd goes wild as the player steps across the goal line for six points under the Friday night lights.

It is a scene that many can remember well and something that is looked forward to

each fall. Whether you are a parent watching your child play, a fan showing up in support, or a part of the team, band or cheer squad on hand to play their part in the festivities, each is able to take part in the glory of Friday night football.

Now that the season has kicked off, that same feeling can be re-lived or even experienced for the first time.

So clear your Friday night and make your way down to your alma mater or local high-school and enjoy the timeless experience that is high school football. GN

One Pill? Two Pill?  
Red Pill? Blue Pill?  
*Simplify your life.*

Introducing  
 **The Kanga Pouch**

PERSONALIZED DAILY MEDICINE PACKS

Call Us For More Info: (931) 563-0008

482 Interstate Dr. Suite K, Manchester TN 37355

[www.southlandpharmacy.com](http://www.southlandpharmacy.com)

  
Southland  
+ PHARMACY

TAKE MULTIPLE MEDS?  
KANGA POUCHES  
CAN MAKE IT EASY  
WITH NO EXTRA COST!

Proud supporter  
of Manchester  
High School  
Sports!



# Coffee County Schedule

## HOME GAME

## AWAY GAME

COFFEE COUNTY

VS

FRANKLIN COUNTY

AUGUST 19, 2022 | 7 P.M.

TULLAHOMA

VS

COFFEE COUNTY

AUGUST 26, 2022 | 7 P.M. AT TULLAHOMA

COFFEE COUNTY

VS

SHELBYVILLE

SEPTEMBER 9, 2022 | 7 P.M.

PAGE HS

VS

COFFEE COUNTY

SEPTEMBER 16, 2022 | 7 P.M. AT PAGE HSW

COFFEE COUNTY

VS

LEBANON

SEPTEMBER 23, 2022 | 7 P.M.

COFFEE COUNTY

VS

SPRING HILL

SEPTEMBER 30, 2022 | 7 P.M.

WARREN COUNTY

VS

COFFEE COUNTY

OCTOBER 6, 2022 | 7 P.M. AT WARREN COUNTY

COOKEVILLE

VS

COFFEE COUNTY

OCTOBER 14, 2022 | 7 P.M. AT COOKEVILLE

ROCKVALE

VS

COFFEE COUNTY

OCTOBER 21, 2022 | 7 P.M. AT ROCKVALE

COFFEE COUNTY

VS

RHEA COUNTY

OCTOBER 28, 2022 | 7 P.M.

# COMMUNITY STRONG

YOU'RE MORE THAN A CUSTOMER.  
GET MORE THAN AN ACCOUNT.



1500 Hillsboro Boulevard  
Manchester, TN 37355  
(931) 728-9907



Let Us Host Your  
*Special Event*  
Weddings | Private Gatherings | Corporate Events



*Eddie's Retreat*  
254 Eddie Lane • Manchester, TN  
615-977-0908

Visit Us Online at  
[eddiesretreat.com](http://eddiesretreat.com)

## You can rely on **NATURAL GAS.**

Sometimes the best things in life are the simplest ones – reliable home and water heating, lower monthly utility bills, and a home that can keep up with the hustle and bustle year-round.



### Elk River Public Utility District

217 S. Jackson St., Tullahoma • 931-455-9311  
1524 Hillsboro Blvd., Manchester • 931-728-3332  
635 Dinah Shore Blvd., Winchester • 931-967-3642  
"Your Hometown Natural Gas Provider Since 1955"

[WWW.ERPUD.COM](http://WWW.ERPUD.COM)

## COME ROCK WITH US!

FOR **ALL** YOUR  
OUTDOOR NEEDS!

With Great Selection & Huge Savings.



Military Discount Available

**GARRETSON  
STONE**  
& MORE

Call Us Today  
For The Best Prices!  
**(931) 954-6090**

8220 McMinnville Hwy., Morrison, TN 37357

[WWW.GARRETSONSTONE.COM](http://WWW.GARRETSONSTONE.COM)

Hope is just a  
call, click or  
chat away.



HopeLine™ | CareCalls™ | TeenChat™

844-269-4673 | [accesshope247.com](http://accesshope247.com)

[info@accesshope247.com](mailto:info@accesshope247.com)

©2020 All rights reserved. Programs and services are provided by Family Counseling Center

## We Keep You in Good Spirits!

Celebrate our 50th  
anniversary with us!

**INTERSTATE**  
**LIQUORS**  
SPIRITS • WINE BEER & MORE

931.728.7366 20 Expressway Dr., Manchester, TN  
[www.interstateliqors.com](http://www.interstateliqors.com)

Please drink responsibly

## Need Cash Now?



- \$300 - \$800 Loans
- Low Monthly Payments

### PIGGY BACK FINANCIAL

301 Hillsboro Blvd., Powers Plaza, Manchester, TN  
(931) 723-1212

# Tell us what you think about the magazine!

SCAN WITH YOUR SMARTPHONE:



*Your thoughts will influence  
Good News Magazine.*

**Good News**

*Building stronger communities through positive stories.*

[GoodNewsMags.com](http://GoodNewsMags.com)



**FOOTBALL**

**PEP RALLY**



FUTURE  
M

MTSU Alum



# IT'S GOOD TO BE BACK!

## FRIDAY NIGHTS ARE FOR FOOTBALL.

BY TINA NEELEY // PHOTOGRAPHY BY BROOKE SNYDER

**I**t's finally here! Although the outside temperature argues for summer, your school spirit knows it's fall. Tonight you've chosen shorts and flip-flops, but soon it will be flannel shirts, pants, and your favorite boots. Your cap echoes your team pride, and your favorite cup sports the familiar combination of your school's mascot and colors. You're home again – It's high school football time!

You didn't think 5 p.m. would ever come on Friday. You run home long enough to load up your family and point your car toward the field. The deep orange sun has begun its slow dip behind the horizon, and the first stars have turned on their lights, but the lights you're ready for are closer and brighter. The stadium floodlights will focus their energy on the buzz around the brown leather ball that brings everyone together year after year.

The new season brings fresh opportunities for a championship year, and the anticipation continues building as you get out of your car. Stadium seats in hand, you stroll toward the ticket booth, expecting to see your former teacher. You're not disappoint-

ed as you gladly hand over the cost for the priceless experience of community, teamwork, and nostalgia.

The stop at the concession stand on the way to your seat yields fan food that never gets old. At the grill nearby, conversation and laughter penetrate the billowing smoke. There's something for everyone. Nachos smothered in yellow cheese topped with jalapenos; the hot dog with relish and the works; and the cheeseburger that caused you to think twice before you loaded it with onions. Cold drinks, hot drinks, and hydrating drinks are all options.

Familiar faces on the field mingle with new ones. Will it be the winning combination? How long will it take to fall into a new rhythm, to design the surprising play that never fails to catch our opponent off guard?

It's good to be back and climb to your usual spot in the stands. Across the field, the visiting team is filing in, and their band is warming up. Students, still pumped up from today's pep rally and by the cheerleaders on the sidelines, dart up and down the stands spreading their attention among

clusters of classmates, filling their usual section of the grandstands. Some are pairing up for the first time, while other couples have stayed together over the summer. The excitement surrounding rebooting classes and routines spills over and adds its melodies to the pulse of the drum section in the band behind them.

Soon, everyone's attention shifts to the field. The cheerleaders have formed the lane through which suited-up players will run, bursting through the paper banner boasting school pride. It's finally time for real action. All the hours of practice in the relentless summer heat have been for this moment.

The scoreboard clock ticks down to the national anthem and prayer for a safe game. Silence falls over the place, hats are removed, and reverence for the moment is recognized. In the quiet, before the hard-hitting action begins, your heart races under your hand that's held over your heart as your eyes find the red, white, and blue waving behind the field goal. A coin toss, a decision for kicking or receiving is announced, and it's on!

Friday night lights is back! **GN**

# ALL OR NOTHING

## TRAVIS MARTIN PLANS TO LEAVE IT ALL ON THE FIELD FOR HIS SENIOR YEAR.

BY KALI BATES // PHOTOGRAPHY BY ASHLEIGH NEWNES

**T**HE CROWD is wild with excitement, chanting louder and louder. The band chimes in alongside the crowd, performing the jubilant number that welcomes their team onto the field. The cheerleaders wave their pom pom's excitedly and jump in anticipation.

This is it. This will be the first time he will storm the field as a senior. He's almost lost count of the amount of times he's ran across the historic Carden-Jarrell Field. But no matter the number, it will never get old.

While the noise around him is almost deafening, he hears nothing. He looks around him, taking in the sight of his teammates; his brother's who he will march proudly into battle with for 48 minutes.

It's time. It's time for all or nothing. It's his chance to leave a legacy for his fellow Red Raiders to carry on after he graduates.

And in almost an instant, he is catapulted back to the moment where the noise and excitement comes into full focus. He takes off with his teammates running onto the field and under the lights on a Friday night. It's game time.

This time of the year is an exciting one for Travis Martin. You could even say it's his favorite. When asked what he looks forward to the most about football season, his answer is simple and straightforward.

"I get to hit somebody," he said. "I get to go into battle with my brothers. That first game, [against] Franklin County, is always on our minds."

Martin has always had a love for sports. As a young child, he was filled with joy when his parents surprised him with the news that they had signed him up for Pee Wee football.

"I've just kind of always wanted to play sports," said Martin. "They surprised me with football sign-ups one year. Once I got started and realized that I was pretty decent, and I was hooked after that. After the first year of PeeWee, I just loved it."

That love only grew for Martin as he furthered his career in football, playing in middle school and now highschool. He said that the sport is like none other.

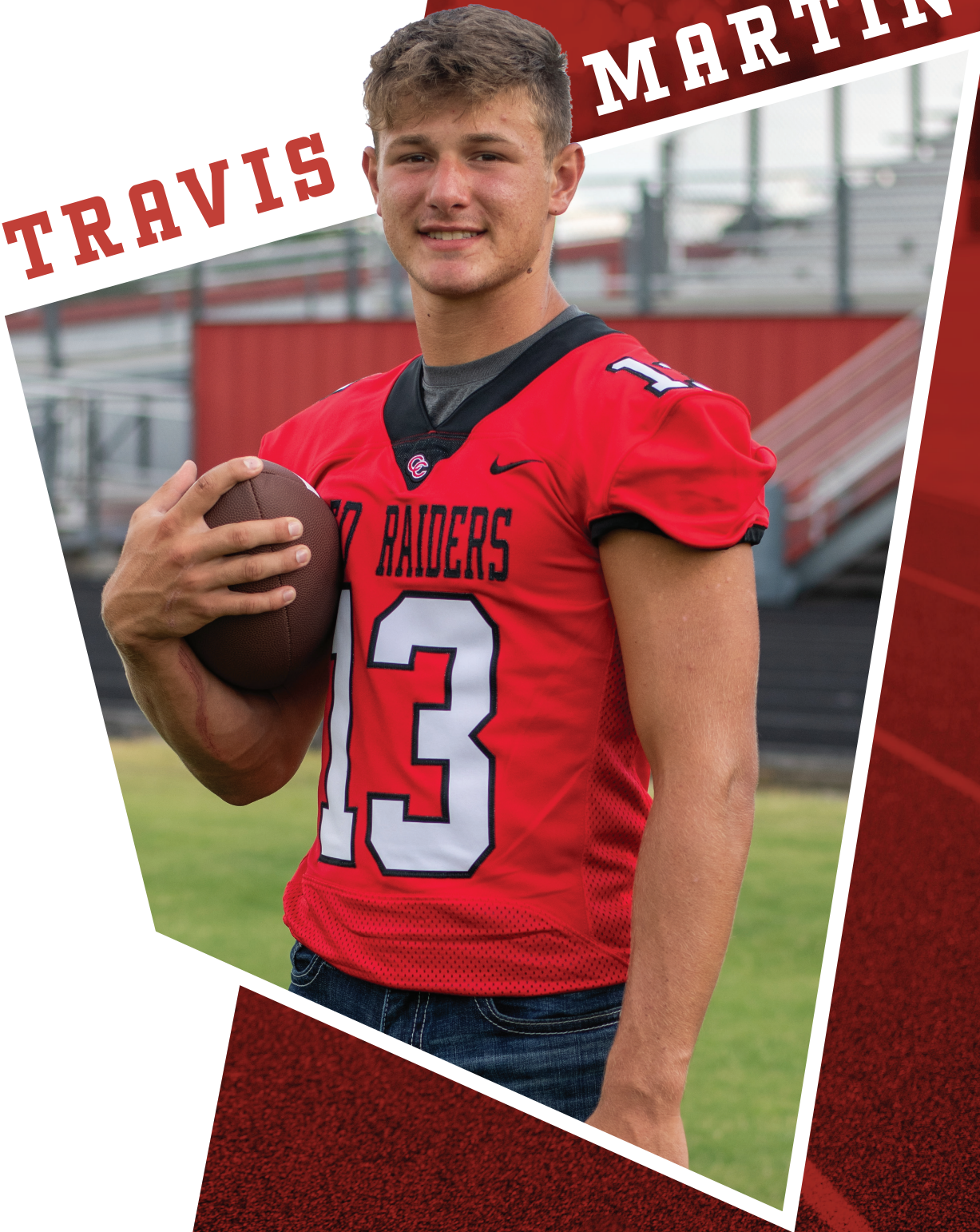
"I love to compete, and football is just different from any other sport I've encoun-

**"I love to compete, and football is just different from any other sport I've encountered and tried."**

- TRAVIS MARTIN

**TRAVIS**

**MARTIN**





tered and tried,” explained Martin. “Just the rush and adrenaline of being in the game and being able to compete with a tight brotherhood in the game. It’s a whole other level of excitement. I run track as well and before a meet you get excited and even get butterflies. But with football it’s just magnified.”

That same excitement has been passed on to his brother, Tyler [Martin], who will be playing alongside Travis this year as a sophomore strong safety.

“It’s going to be unique,” he said. “We are both playing strong safety. So he will sub in for me and give me a little breather. Up until now, I’ve been playing both sides of the ball. My little cousin, Caden, is a freshman and will also be playing with us”

Now a senior, Travis understands that leaving something worthwhile is of the utmost importance.

“I want to be able to look back and know that I actually did something, and we did something as a senior class,” he explained. “We have 20 seniors this year. Almost all of us have been together since middle school. We’ve seen it coming since freshman year, and we’re just a tight-knit group that loves each other. I want to be able to look back and say we actually did something for Coffee County Football.”

The legacy that Travis and his teammates are working toward will include a love for the game, being a team player, and being accountable to oneself and one’s teammates. These are all qualities that Travis said encompass a great team.

“If you don’t love the game, you’re not going to do what it takes to be better on the field,” he said. “Also, you have to be a team



player.

Ten out of the 11 players on the field can be doing something right, and one doesn’t do something right, and the whole play is gone. But also, when that one player does mess up don’t get down on them. Also, make sure you have your brother’s back.”

Travis understands that leaving something worthwhile is of the utmost importance.

“It is my goal to be a godly influence to my teammates by living out my faith both on the field and in the locker room,” he said.

At the end of the season, Travis will hang his pads up for good, but he will take the lessons learned along with him to help him in the game of life.

“Football has really improved my work ethic and taught me that if you are consistent with things, it will pay off,” he said. It’s also helped me to be a better leader. You’re going to have people helping you and people bringing you down. It’s pretty much just getting you ready for the world.” **GN**

# “RIGHT WHERE I NEED TO BE”

## COFFEE COUNTY HIGH SCHOOL FOOTBALL COACH DOUG GREENE CREDITS OTHERS FOR HIS COACHING SUCCESS.

BY KALI BATES // PHOTOGRAPHY BY ASHLEIGH NEWNES

**W**HEN WE tell the story of our lives, it is not solely about us. When we tell the story of our successes, our triumphs, and even our failures, it involves more than just ourselves. There are a whole cast of folks who show up throughout our story. Folks who have helped, inspired, challenged, and even those who might have carried us when we weren't able to continue on by ourselves.

Our story is filled with these people and without them our story is incomplete. They are essential to our story and make it the beautiful experience that life is.

Coffee County High School (CCHS) football coach Doug Greene understands this well. He credits those people, mentors, fellow coaches, people in the community, and his players with help in molding him into the successful coach that he is, because it's not just in wins and championships that he has been successful. It is in compassion, understanding, determination, dedication, and love that he has gained through others that has also made him a successful coach.

On a muggy afternoon, reprieve is given by the air conditioning of the field house at

CCHS. In his office, Greene takes a seat in his chair surrounded by trophies, plaques and pictures of past wins, and most importantly, past players. He points to each one, smiling as if each player was his own. He has a special memory of each photograph and a story about how it made him a better coach by being a part of that program.

As odd as it may seem to those who know him, Greene didn't grow up with grand dreams of coaching sports. While he played several sports, that included baseball and football, the idea of coaching would not become a reality until he became a student at Middle Tennessee State University (MTSU).

“When I was in college, I played football and baseball for two years in Jackson, Mississippi and then transferred to MTSU and finished up with baseball,” he explained. “I was approached my sophomore year [and informed] that there was a private school, right off the campus, that needed help with their eighth-grade team. I coached the defense and realized then, that I had an aptitude for it. We won our conference, and

they were so happy. And I had a good time with it even though I obviously had some really long hours. I had school, then I had my practice and their practice. But I realized that that's probably what I was going to do. Prior to that, I thought I was going to be a lawyer.”

He then realized he wanted to be around good coaches and make quality connections that would help him grow as a coach. Over the years, Greene would find himself amongst great coaches who would do just that.

“I was fortunate at that time that I had coach [Steve] Peterson in my life,” he said. “He was the baseball coach at MTSU. He really supported me. There is a lot in me that he built into me. I was able to work with and be around some good coaches. I got blessed with being able to work with my old high school coach, Donnie Yates. He was my secondary coach in his high school and planted a seed of sorts. He realized that I knew what everyone was doing on the field. He pulled me aside and told me that I might be good at this coaching

**DOUG**

**GREENE**







**"The good Lord has put me in the right place and given me the experience that this is right where I need to be."**

- DOUG GREENE

thing. I had some good people that just built things into me, and I appreciated them."

Over the years, he would coach on both the high school and collegiate levels alongside coaches that included Ron Crawford, Gary Rankin, Doug Matthews, Benny Monroe, and Ken Sparks, just to name a few. These are coaches that Greene said helped mold him into the coach he is today.

Now, with a coaching tenure that spans more than two decades, Greene has found his success not only on the field, but off the field as well.

"I've always felt like I wanted to take care of the whole player," he said. "Yes, I want them to lift weights and be faster and know football, but I also want them to be successful in the classroom and to be able to hold down a job. Most importantly though, these guys are going to be husbands and dads, and the lessons you learn in football is that it ain't about you, it's about us. You are a part of a family and protecting that family."

He's also learned that it's about making the most of what you've got.

"There is more than one way to win football games," explained Greene. "For example, the University of Wisconsin wins a certain way, the University of Florida has their way and so does Alabama. It is not all 40-yard dashes. I noticed that for a long time and really appreciate it. People get in their minds that you have to have this certain type of player. But my job is to figure out what our kids do well and then put them in a position to be successful. It's about winning with what you have. You've got to quit looking around at everyone else and focus on us and being the best version of us."

As he suits up for the 100th year of football at CCHS, he does so with a staff, community, and group of players that he knows will help him continue to grow and continue his successful journey.

"The good Lord has put me in the right place and given me the experience that this is right where I need to be," said Greene. **GN**



# ‘TEMPUS PERFECTUM’

## PERFECT TIMING FOLLOWS BAND ALUM ALEX BALDWIN THROUGH HIS MUSICAL CAREER.

---

BY KALI BATES // PHOTOGRAPHY BY ASHLEY NEWNES

**I**T'S QUIET. Which is very uncommon for a Friday night football game. The score is close, and one right or wrong play could decide the whole game. It's almost as if the whole crowd knows this, and they're holding their breath in anticipation of what will happen next. The players look up at the play clock noting the time and the score and then look to their coaches for what to do next.

Standing at attention on the bleachers, he notices the quiet of the crowd and nervousness of the players. And looking over his group of bandmates, he knows what needs to be done. He calls their attention and almost instantly they respond in unison to the call to not only bring life back to the game but to offer a sense of hope for both the fans and players.

Hearing the upbeat tempo of the brass, woodwinds, and percussion, the crowd begins to clap their hands and feet in response. This sparks a chain re-

action through the stands with cheers of encouragement from fans, cheerleaders, and coaches on the field. Win or lose, he knows that he helped give the support that his team needed, to get back in the game.

For Coffee County Band alum Alex Baldwin, he knows all too well the importance of the band playing at game time

“There was always a ton of pressure,” he said. “Especially being a drum major. You have to pay attention to the game. When you're on offense or defense, and the score, because you have to know to play the right song that will motivate everyone; not just the football players, not just the cheerleaders, but everyone. If the band wasn't a part of that environment, I don't think it would be the same. It would be much harder to fulfill that fun that you enjoy while you're at a game.”

Being a member of the band encompasses some of the happiest moments of Baldwin's time in school.

**ALEX**

**BALDWIN**





**"We would have such fun rides on the bus, and we'd always sing songs. It was always so much fun."**

- ALEX BALDWIN

"One of my favorite memories was always going to competitions," he explained. "We would have such fun rides on the bus, and we'd always sing songs. It was always so much fun."

Baldwin gives credit to his brother, private instructors, and fellow band leaders for helping to show him just how much fun being in band could be.

"My brother was who I initially looked up to," he said. "I started playing in band in the fifth grade, mostly because he was also in band, and I actually hated it. I remember crying to my mom in the car after the first day. It was hard. Which, of course it's going to be hard picking up an instrument for the first time. But I ended up loving it, and I had some private lesson instructors who showed me how I should be playing my instrument. And also past leaders, like past drum majors and quartermasters, and just other things of that nature. We've always had really good leadership within the band."

One of his most memorable moments came as a senior during his time as drum major.

"When we went to COC, which is [the] Contest of Champions, at MTSU (Middle Tennessee State University)," said Baldwin. "It was just something about stepping on the field. And the way that the field feels with the rubber astroturf. Going onto that field and walking on there and leading the band on that huge and amazing field. It's just such a powerful feeling. It just felt like you could do anything."

Currently, Baldwin is pursuing a vocal education and vocal performance double major at MTSU. While he didn't continue performing as a musician, he has taken what he learned from his time in band and is applying it to what he plans to pursue for the future.

"The principles within vocal music and instrumental music are basically the same," he explained. "You're trying to create the same thing, which is beautiful music. I'm really thankful, because there's a lot of things that I learned that I would not have known if I had not been in band." **GN**

# GAME DAY PARTY Recipes



By Julia Eads

**For all the rowdy fans who burn  
just as much energy as players do.**

**T**HE ELECTRIFYING atmosphere under Friday night lights is majorly fueled by loyal fans scattered across stadium seats. Young children with painted faces, parents with cushioned seats, and grandparents with binoculars, all assemble together to chant and cheer on their adored teams. These fans supply players with the strength and much-needed spirit to trudge forward one more down, again and again. But who fuels the fans? Where do they get their charge from? Tailgate party foods, of course! Below we have shared a few of our favorite pregame recipes. Try them this fall.

*Submit your recipes to be included in Good News Magazine  
and the Exchange Cookbook: [www.southernaprons.com](http://www.southernaprons.com)*

## Party Ham Rolls



*Submitted By Ruth Cochran*

### Ingredients

1 c. butter, melted  
3 T. prepared mustard  
3 T. poppy seed  
1 sm. onion, grated  
3 pkgs. party rolls  
1 lb. ham, shredded  
2 c. Swiss cheese

### Directions

In a small mixing bowl, combine butter, mustard, poppy seed, and onion. Slice rolls in half with an electric knife. Remove tops and spread both sides with butter mixture. Place ham and cheese on the roll bottoms. Cover with top halves. Bake in foil roll container at 400° for 10-15 minutes.

## Sheet Pan Nachos



*Submitted By Sheri Elder*

### Ingredients

1 onion, chopped  
1-2 lbs. ground beef  
dash of chili powder  
dash of garlic powder  
dash of paprika  
dash of black pepper  
dash of salt  
1 bag nachos  
1 can black beans  
1 c. cheese, shredded  
2 tomatoes, chopped  
lettuce, shredded  
1 container sour cream, 10 oz.

### Directions

In a greased skillet, brown onion and ground beef. In a small mixing bowl, combine chili powder, garlic powder, paprika, black pepper, and salt. Add to ground beef mixture. Mix well. On a sheet pan, layer nachos, ground beef, black beans, and cheese. Bake at 350° until the cheese has melted. Next, layer tomatoes, lettuce, and sour cream.

## Buffalo Chicken Dip



*Submitted By Cindy Crosslin*

### Ingredients

1 pkg. cream cheese, softened, 8 oz.  
1 can chunk white chicken, drained, 10 oz.  
1/2 c. buffalo wing sauce  
1/2 c. ranch salad dressing  
2 c. Colby/Jack cheese, shredded

### Directions

Preheat the oven to 350°. Spread cream cheese into an ungreased, shallow, light baking dish. Layer with chicken, wing sauce & salad dressing. Sprinkle with cheese. Bake uncovered, 20-25 minutes or until cheese is melted. Serve with baguette slices, tortilla chips, or celery. **GN**





FAITH

# Picking your teammates

Who do you want in your corner?

By Julia Eads

**M**OST OF the greatest athletes in the world are not solely championed due to their physical abilities. Instead, they are recognized for their capabilities to see beyond themselves. They are known for their abilities to bolster up the teammates surrounding them. For example, great quarterbacks can see the entire field and anticipate even the slightest movements from their teammates. They make adjustments as needed, to make the whole team shine. Point guards, or floor generals, are the same way. They work hard to look after their team by creating scoring opportunities for their teammates. What about you? Do you have life teammates that see where you are, can anticipate where you're headed, and will help you with a win? There is an Old Testament story that tells about a man named Moses and a few of his "teammates."

The story occurs right after the entire Israelite community set out from the Desert of Sin. The Israelites were traveling in the desert

from place to place as the Lord had commanded them. Moses was their primary leader. While they were traveling, a group called the Amalekites came and attacked them (the Israelites) at a place called Rephidim.

Exodus 17:9 tells us that Moses told his successor, Joshua, "Choose some of our men and go out to fight the Amalekites. Tomorrow I will stand on top of the hill with the staff of God in my hands."

As Joshua went down into the valley to fight the Amalekites, two other men, Aaron and Hur, went on top of the mountain with Moses. As long as Moses held up his hands, the Israelites would prevail. As soon as he lowered his hands, the Amalekites would gain traction. Moses was growing weary, as this went on for quite some time. However, Moses' teammates, Aaron and Hur, recognized his struggle and provided support without being asked. The two men took a stone and put it under Moses. Moses sat on it while Aaron and Hur held up Moses' hands so Israel would prevail to victory. **GN**

## **COACH'S CORNER:**

In life, it is essential to have teammates. Who is it you are surrounding yourself with? Are they willing to lift you up? Are they only bringing you down? Are you sacrificially lifting others up and helping them gain a win? Make adjustments where needed. It's the fourth quarter and the clock is ticking.

*Ecclesiastes 4:9-10 (NIV)*

*"Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up."*

*Proverbs 13:20 (ESV)*

*"Whoever walks with the wise becomes wise, but the companion of fools will suffer harm."*

# GOOD TIMES

---

“There’s nothing to do in a small town.” We hear it often, but is it true? There are Good Times every weekend in our community. It doesn’t matter if it’s a s’more at a bonfire, a lazy day with a book by the window, or exploring the town with the people you love most—there is something to do.

*ALL WE HAVE TO DO IS SAY YES.*

PHOTO BY ASHLEIGH NEWNES





DOG  
MOM

Columbia  
PFG



# PLAYING FOR A **HOMETOWN CROWD**

AREA MUSICIAN STEPHEN SIMMONS  
RETURNS FOR AN INTIMATE  
PERFORMANCE AT LOCAL BREWERY

By Kali Bates // Photography by Ashleigh Newnes



**I**T'S HOT. The humidity is as thick as honey on a fluffy buttermilk biscuit that has just come out of the oven. People sit in their camp chairs and fan themselves with whatever is in arm's reach as they sip on a cold brew, both of which help to calm the heat.

Taking the stage, he looks over the crowd taking in the sights and sounds of a lazy summer evening. This is a sight he's seen many times but never gets tired of. It's one that is filled with memories. Memories that span from his childhood in Woodbury where he would watch family members play the guitar to countless performances he's made across the world.

He's playing for his hometown crowd on this night along with an audience that will have the pleasure of taking in the music of Stephen Simmons.

Simmons took the stage on Saturday, July 16, at the Common John Brewing Company in Manchester. Opening to the public in 2020, the brewery offers craft beer, brewed in-house, along with a tasty menu. Along with their popular home-

brew, the brewery hosts musicians from in and around the area to perform on their 20-ft outdoor stage.

A long-time friend of Common John owners, LeBron and Angela Haggard, Simmons said he had been planning a performance at the brewery for some time.

“LeBron and Angela graduated with me,” he said. “Last summer we were talking about doing something, and that was about the time everything kind of went sideways here [with Covid]. Then at some point, it was too cold to do shows outside there, so we just moved it to this summer.”

Simmons said he enjoys playing locally and getting to catch up with old friends.

“I think it’s fun. I mean, I’m still in touch with a lot of people I went to school with. And I come from a big family so I’m closer to them too. But I have played [in Manchester] often, over the years,” he said.

A songwriter and performer, when asked if preferred one over the other, Simmons said he enjoys both.

“There’s no preference,” he said.

“That’s why I think “singer-songwriter” is a really appropriate term for people like me, because songwriting is by and large, a very lonely process. You have to have an introverted side of your personality. But to really enjoy playing gigs, and performing and singing for people, you also must have an extra extroverted side.”

Simmons is now in his 20th year of being a musician in what he would call the “official capacity.” He has 15 records to his credit with a plethora of music that he has created or helped to create. He said it is still surreal to him that he has come this far.

“Writing is just something I always did even before I knew that I ever wanted to perform,” he explained. “On my dad’s side of the family, there were a lot of musicians.

My grandmother played guitar and wrote songs and so did my uncle. My dad also played guitar. And so that was a family thing that we always did, and I kind of grew up just wanting to join in. I was out of college before I realized I could get paid for it. I knew you could write songs, but I was older before I realized there was a thing called singer-songwriter. It’s been around forever, but I didn’t think about it as a career you go into or something you did.”

He has enjoyed success, both at home and abroad, and as he looks over his career, the one thing he seems to be the proudest of, is the process of it all.

“[Proud] is a tough word to use,” he explained. “I guess because I don’t really

use it. You’ve always got the song that you’ve started [but] you haven’t finished, or the other album you want to make next. It sounds so cliché, but the process is what’s fun and engaging. So you don’t really spend that much time patting yourself on the back because by the time you’ve done it, the satisfaction, bliss, and the joy you get is from the process, and then you’re wanting to do something else because you’re chasing that same feeling.”

To check out the music and work of Stephen Simmons, visit online at [stephensimmons.com](http://stephensimmons.com). To keep up with the latest musical happenings at Common John Brewing Company, visit them online at [commonjohnbc.com](http://commonjohnbc.com). **GN.**



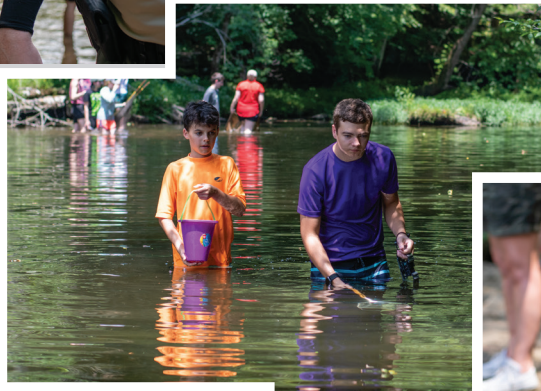
# COMMUNITY EVENTS

## River critters and where to find them

Photos by Ashleigh Newnes



Old Stone Fort State Archaeological Park invited participants, on July 16, to explore the Duck River and to find and identify river critters with the assistance of park rangers, Jed and Eric. The sold-out event was an up-close look at the variety of aquatic life in their natural habitat and included stories about the history of the river, one of the most biodiverse river systems on the planet.





**Your One Stop Shop For All Your Landscape Supplies!**



**Imhoff's**  
Landscape Support & Supply Yard

We strive hard to provide for our clients' demands, whether you are a homeowner or a contractor, by providing a large variety of landscape materials, landscape and gardening decorations and landscape and gardening accessories

1873 Hillsboro Blvd., Manchester, TN • (931) 954-5556

[www.facebook.com/imhofflandscapesupport](https://www.facebook.com/imhofflandscapesupport)

Turn this



...into this!

TAKE \$10 OFF  
ANY PYP WORKSHOP  
USE CODE GOODNEWS

WOOD SIGN  
WORKSHOPS  
TO GUIDE YOUR  
INNER-DIY!

- 400+ Sign Options
- Public Classes
- Private Events
- Corporate Events

Register for  
Workshops!

BOARDANDBRUSH.COM/MANCHESTER

Board & Brush  
creative studio®

851 MCARTHUR ST.  
MANCHESTER, TN  
(931) 952-6480

# EVENTS CALENDAR

## August 4

8:00 am **26th Annual Ladies Invitational**  
WillowBrook Golf Club  
6751 McMinnville Highway  
Manchester

Cost: \$75 per person or \$300 per team  
Includes: green fee, cart, breakfast, and lunch as well as one mulligan & one toss per player.  
Cash prizes and flights based on full field

## August 5

7:30 pm **Catch Me If You Can**  
Manchester Arts  
Center 128 E. Main St.  
Manchester

## August 10

5:00 pm **Hunger Games Back to school bash**  
First Baptist Church  
108 E. Grundy St.  
Tullahoma

Food, fun, games and introduction to the Essential Student Ministry. For all students in 6-12 grade.

6:00 pm **Beauties in Business**  
Jefferson's  
138 Relco Drive  
Manchester

## August 13

5:00 pm **Free Movie Night Encanto**  
Wartrace Fire  
Department  
110 Blackman Blvd. E.  
Wartrace

There will be a concession stand with pizza, hot dogs, and sweet treats for purchase. Cash only please.  
Doors open at 5 pm  
Movie starts at 6 pm





## August 27

**11:00 am Old Stone Fort  
Duck River Clean Up**  
732 Stone Fort Drive  
Manchester

The park will provide trash bags, gloves, and water to our participants.

## September 10

**8:00 am Fourth Annual  
Fisher House Ride**  
Ends at Common John  
Brewing Company

Hiram Squires hosts this event which raises money for the Fisher House in Murfreesboro.

## September 17

**10:00 am Out of the Darkness  
Walk for Suicide  
Prevention**  
Manchester Rotary Park

Register at  
[www.afsp.org/coffeecounty](http://www.afsp.org/coffeecounty)

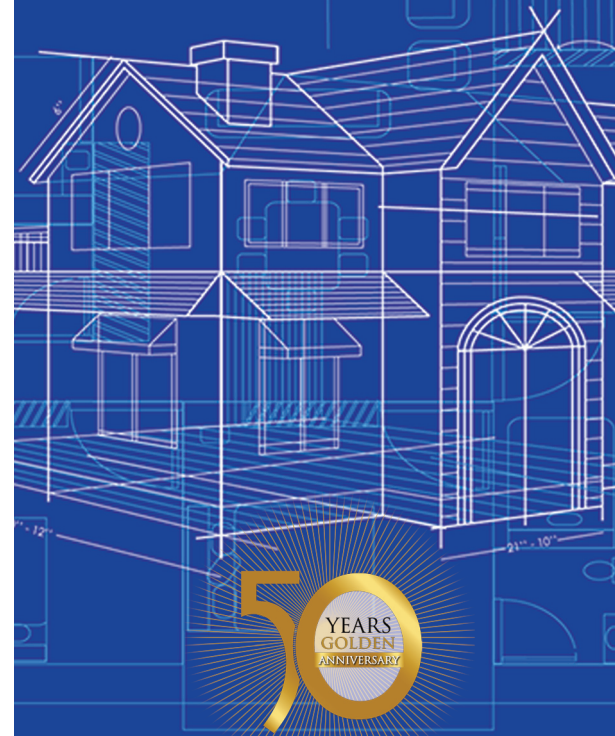
**For more events  
and to submit  
an event visit:**

[www.GoodNewsMags.com/events](http://www.GoodNewsMags.com/events)  
or call (800) 247-7318



CITIZENS TRI-COUNTY BANK

# WE CAN HELP WITH YOUR NEW HOME DREAMS!



CITIZENS  
**TRI-COUNTY**  
BANK

**COWAN**  
105 South Front St.  
931-967-2900

**DECHERD**  
2030 Dechard Blvd  
931-968-3282

**TULLAHOMA KINGS LANE**  
701 Kings Lane  
(931) 455-5227

**TULLAHOMA DOWNTOWN**  
201 North Jackson St  
(931) 455-3488



[www.citizenstricounty.com](http://www.citizenstricounty.com)

*The Only Community Bank You'll Ever Need!*

# GOOD NEWS SUPPORTERS

We can spread Good News because of our generous advertisers. They help make our world a little brighter. We encourage you to do business with them.

Adult & Pediatric Dermatology Skin Solutions, PLLC.....	33	Interstate Liquors.....	38
Al White Motors .....	68	Kiser, Matt .....	33
Autumn Oaks .....	32	Manchester Associates/Rivendell Apartments.....	32
Beans Creek Winery .....	8	McBride Angus Farms.....	8
Bertzett Excavating.....	16	Meadows Homes .....	25
Bigfoot Liquors .....	33	Metro Industrial Manchester .....	32
Board and Brush Manchester.....	64	Middle Tennessee Thermography & Wellness.....	33
C.A.R.S. (Custom Auto & Rod Shop) .....	33	Peoples Bank .....	25
Capstar Bank .....	32	Resource MFG.....	4
Char El Apartments.....	24	Richardson Waste Removal & Solutions.....	4
Citizens Tri County Bank Decherd .....	65	Sherrill Pest Control .....	16
Clayton's Shoes.....	24	Sir Pizza Manchester .....	17
Clower Automotive.....	25	Southeastern Institute of Medical Technology.....	16
Coffee County Bank.....	4	Southern TN Regional Health System.....	67
Coffee County Realty - Manchester .....	24	Southland Pharmacy .....	36
Common John Brewing Co. ....	5	Stan McNabb Chevrolet Buick GMC.....	3
Cowan Railroad Museum.....	16	Tennessee Craft Fire Pits .....	8
Dr. Vanessa Green.....	25	The Mercantile On The Square .....	9
Dustbusters Cleaning.....	33	The Mossy Pot.....	32
Eddies Retreat.....	38	The Piggy Back Financial Group, LLC.....	38
Elk River Public Utility District.....	38	Tolivers.....	4
Family Counseling Center .....	38	Vanderbilt Tullahoma Harton Hospital .....	2
First Bank Manchester .....	38	Watson Barn Rentals, LLC.....	32
First Vision Bank Tullahoma .....	8	Watson Metals LLC.....	24
Garretson Stone & More.....	38	Weichert Realtors - Joe Orr Realtor.....	7
Imhoff's Landscaping / Imhoff's Trucking.....	63		



# Count on us.

## To keep your life in motion.

Issues like knee, hip, shoulder or back injuries can rob you of the activities you enjoy most. From sports medicine to joint repair or replacement, we're here to address the pain and get you moving again, close to home. **From the routine to the unforeseen, count on us.**



**SOUTHERN TENNESSEE**  
REGIONAL HEALTH SYSTEM  
WINCHESTER

### Are You Experiencing Joint Pain?

Take our free joint pain assessment at [SouthernTnWinchester.com/Joint](https://SouthernTnWinchester.com/Joint)

To find a health care provider, call **800.424.DOCS**

*Enhanced cleaning, mask requirements and social distancing to help keep you safe.*

# MIDDLE TENNESSEE'S FORD SUPERSTORE



## Superior Service and Exceptional Value



### The Reviews Are In!



Great service from friendly and knowledgeable employees

- Tim



Al White treated me with great respect and did everything that I asked and did a free car wash at the end and was super nice at all times

- Kimberly



Great experience during social distancing. Will give them our business again.

- Jason



Both my husband and I agreed that the buying process at Al White as the best we have ever had. Smooth process that did not take hours. Staff was wonderful and had answers to the questions we asked.

- Martha



This was one of the easiest car buying experiences I have ever had. Al White Motors is a great family run dealership. I appreciate all the helpful staff.

- Phillip



They take care of you even after the sale. Thomas W and Rob T came thru in the clutch to help a Al White client. Service department is top notch. They get you in and out efficiently.

- Bo



2002 Hillsboro Blvd., Manchester, TN **931-728-2402**

[www.alwhitemotors.net](http://www.alwhitemotors.net)