

**HONOR • CELEBRATE • RALLY**  
**TOGETHER**  
September 24 & 25, 2022  
**DEMPSEY CHALLENGE**  
Presented By **AMGEN** Oncology  
*More info and photos pages 7-9*



## The Dempsey Challenge: Honor Together

Throughout Dempsey Challenge weekend, we'll take time and space to HONOR TOGETHER the friends, family, and loved ones whose lives have been impacted by cancer.

### Amanda Dempsey Award

Named in memory of Patrick Dempsey's mother Amanda Dempsey, the award is presented to a cancer survivor

who has a passion for helping Mainers with cancer. Although Amanda was reserved and humble, she had a warm presence, and was passionate about giving back to her community.

### Signs of Hope + Healing

At the Dempsey Challenge, you'll see wonderful messages of support and love lining the Riverwalk and portions of the

run/walk and ride routes. Signs of Hope + Healing are an important reminder of what the Dempsey Challenge and Dempsey Center are all about - showing support for those impacted by cancer.

Dempsey Challenge participants, spectators, volunteers - anyone impacted by cancer - are invited to create a sign for display throughout Dempsey Challenge

weekend.

**Dempsey Center Virtual Tours presented by Central Maine Healthcare**

We welcome you, virtually, to tour the Dempsey Center in Lewiston. It is within

*See Honor, page 8*

## Realty ONE Group - Compass of Maine Opens in Auburn



**LEWISTON, ME (September 5, 2022)** — A ribbon cutting ceremony was held for the opening of Realty ONE Group - Compass of Maine in Auburn at 4:30 PM on Thursday, September 1, 2022. Auburn Mayor Jason Levesque was joined by Auburn Director of Economic Development Jay Brechick, Auburn Ward 5 City Councilor Ward 5 Leroy G. Walker, Sr., President + CEO of the LA Metro Chamber Shanna Cox, and members of the public.

"Auburn is growing and growing...this opening is happening at the right time. Auburn and the greater Au-

burn area are on a fasttrack, this whole area is. Whether you're in real estate, finance, or marketing, this whole area is rising all ships" said Auburn Mayor Jason Levesque.

"Real estate is my passion, and I love helping people build something for themselves. As part of the Realty One Group vision, I am able to give more to realtors; with increased commissions and more support in marketing and advertising, our realtors are able to better provide for their families and our community," said Broker + Owner Steve Brackett. More photos at facebook.com/GorhamWeekly

## Make-A-Wish fundraiser at Mac's Grill in Auburn



Katie Camire, Shawn Sanbourin, Dave Gagne, Kaitlin Crockett and Meg Dumais of Mac's Grill served up drinks during the 8th Annual Summer Block Party at Mac's Grill in Auburn benefiting Make-A-Wish Foundation. (GW photo by Laurie A. Steele)

Make-A-Wish Maine had a record-breaking event at their 8th Annual Summer Block Party at Mac's Grill in Auburn on August 13. This free event offered live bands, dancing, a dunk tank, silent auction, beer garden with full bar and pub-style food.

The event ended in the evening with a show of fireworks. The Make-A-Wish foundation grants life-changing wishes to local children battling critical illnesses. More photos at facebook.com/GorhamWeekly

*See page 16 for more photos*



Pearl Violette and Cliff Hammond (GW photo by Laurie A. Steele)

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# Newsmakers, Names & Faces

## Out and About

# Auburn Community Concert Band

By Rachel Morin

It was the last day of August and as tradition had it, the Auburn Community Concert Band came to Schooner Estates Retirement Community in Auburn and performed its summer finale for us in our front yard.

Residents are loyal fans and had been anticipating this special treat and were already sitting in chairs under a canopy watching the band set up. Soon, band director Milt Simon was finishing the musical note checks. The weather was perfect and folks settled in as John Rice, Director of Operations at Schooner, welcomed the band and exchanged a few words with Milt Simon. Over the years, John and Milt had become friends and so the band's summer finale at Schooner became a tradition.

The opening number, as always, was The Star Spangled Banner sung by Mitch Thomas. Mitch is also the band's drummer and is well known locally for his thespian work at Community Little Theatre in Auburn.

The band continued with many numbers from the Beatles which Milt engaged the audience with memories and different stories. Members of the audience are definitely huge Beatle fans and remembered every Beatle song the band played.

Next on the program were The Beach Boys and Schooner folks were big

fans as well. And then came Mitch Thomas to the front to perform a great number, "New York, New York," which went over big as he belted it out with the New York accent.

And then, wouldn't you know, Frank Sinatra's smash hit, "Come Fly with Me" was played. Of course, the Schooner retirees are huge Sinatra fans.

Milt knew the perfect music to play for these seasoned folks. They appreciated every song played.

The finale was "God Bless America." As is the custom now, everyone (who is able) rises to their feet and sings the song, with hand over their heart. It is bound to bring a tear to these elderly eyes. I know it does to mine, every time!



The Auburn Community Concert Band sets up in the front yard of Schooner Estates at 200 Stetson Road in Auburn for the traditional close of their summer concert season. They will play a Christmas Concert at Schooner this year. (Rachel Morin Photo)



The audience enjoys sitting under a canopy to block the sun's rays. (Rachel Morin Photo)



Sonny Begin, a trombone player, has played his trombone for 39 years with the band. (Rachel Morin Photo)



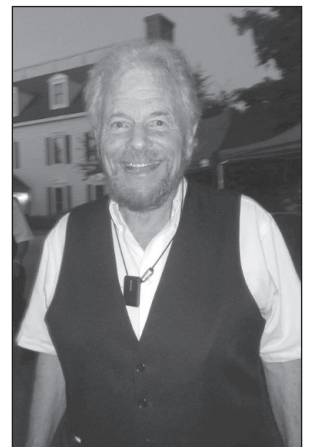
Gerald "Pete" Duchette, Linda Hicks and Pauline Gotto, are friends who share an interest in all kinds of music. (Rachel Morin Photo)



John Rice, Director of Operations, and Lindsay Remington, Marketing Associate, always look forward to the concerts each year. (Rachel Morin Photo)



Gerry and Claudette Martel attend every musical program at Schooner. (Rachel Morin Photo)



Chip Morrison, trombone player, is a member of the Band for 28 years. (Rachel Morin Photo)

- Landscaping
- Hardscape
- Drainage Installs
- Retaining Walls
- Mowing
- Snow Plowing
- and more!

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Send all items for What's Going On to the Editor. Deadline is Friday by five.



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# Newsmakers, Names & Faces

## Town of Gorham Reports from Town Manager, School Committee

### GORHAM, ME (September 6, 2022) -- Town Manager Report

Town Manager Parascak congratulated the Gorham Fire Department on receiving a grant to install vehicle exhaust systems in every station. He thanked the Rec, Fire, PD and PW departments for their help with the recent Glow in the Park event. He reminded citizens that the revaluation is wrapping up and that letters should be going out this week with the new assessments.

If there are any concerns, please call 1-888-844-4300 to schedule an appointment to discuss the assessment.

### School Committee Report

Start of School

The 2022-23 school year has gotten off to an excellent start! We brought over 500 staff back two weeks ago and last week we opened our doors to our students. It is amazing to have our schools open and operational again.

We are beginning the year with far fewer COVID restrictions but are still reporting active COVID cases on our website to assist parents in making informed choices. If a student or staff member tests positive, they need to isolate for 5 days but then can return to school with a mask for the next 5 days if symptoms are improving. We are not contact tracing and not quarantining anymore. If we do get into an outbreak status,

we will of course need to inform families at that time, and conditions could change depending on the recommendations from the Maine CDC. Our district website has a COVID page that provides up to date information as well as a Q&A for people that have questions. People can also reach out to the school nurse with questions.

### Busses

Now that school has started it is important to remember that busses are on the roads! Thank you to Gorham PD for putting out some great reminders to our community during the first week of school; however, those signs out for the rest of the year. Please remember to slow down and stop for busses when their

red lights are on. Let's make sure we do our part to keep the children safe!

Speaking of busses, once again, we are short on bus drivers. If you know of anyone that is interested, please point them in our direction! If you have your license, great, but if you don't, we will pay to have you trained! The starting hourly rate is \$21.59 with full benefits. We have great hours and rewarding work. In addition, we are looking for spare drivers. You can earn \$26.00 for a spare driver, but unfortunately without benefits.

### Open Houses

Our K-8 schools had their open houses last week and we had a great turnout! Parents and families came out in force to

support our children across our schools. The GHS open house will be on Thursday at 6:00pm and I am sure we will have a great turnout!

### Athletics

The fall athletic season has gotten off to a great start! All teams are up and running, and if you can, come on out and support our Rams! Schedules can be found on our website.

### Substitutes

We are also in need of substitutes to begin the new school year. It is a great way to earn some extra money while making a positive difference in the lives of our children! Again, if interested, please go to our website, and apply today.

### Staffing

Other than bus drivers and substitutes we are beginning the school year fully staffed. This is remarkable given the current workforce climate in our area, the state, or even the country. This speaks to the caliber of our school system that we can attract and retain such incredible staff each year!

### Pre-K

We have a pre-k survey for parents that have been posted on our social media sites. The deadline to fill it out is September 12, so parents with pre-k age students please remember to fill this out!

We will have an update on our summer building projects and initial enrollment figures for you at the October meeting.

## Join MDIFW's Walk in Bangor City Forest, Orono Bog Boardwalk

### BANGOR, ME (September 10, 2022) --

On Tuesday, September 20, 2022 from 8:30-10:30am, join Maine Department of Inland Fisheries and Wildlife (MDIFW) for a fun and relaxing walk through the beautiful trails of the Bangor City Forest and a visit out on the Orono Bog Boardwalk. This property is a mixture of different habitats which leads to a diversity of wildlife. There are many trails around this property, and we will explore a few during our visit. With hopes of seeing and hearing various birds and insects, as September is a great time for listening to the sounds of nature. As the colors of fall begin to set in we will also look to venture out on the bog walk for a glance at the unique species that live and thrive there.

Mostly an easy walk - approximately 2mile round trip\*\*

Meet at the trailhead in the parking area off Stillwater Ave at the end of Tripp Dr. in Bangor, ME.

To learn more about the Bangor City Forest: <http://cityforest.bangorinfo.com/>

To learn more about the Orono Bog Board-

walk: <https://umaine.edu/oronobogwalk/>

To learn about Caribou Bog Wildlife Management Are (which borders this property): [www.mefishwildlife.com/wma](http://www.mefishwildlife.com/wma)

Registration is required

\*\*Trails may have uneven terrain due to the nature of outdoor trails and could include but not limited to lose substrate, hard or uneven surfaces, logs, roots, rocks, wet, damp, or slippery, have an incline, fallen trees, or other trail hazards and variable conditions. We will do our best to accommodate and guide you through, but some natural features just occur. Please plan accordingly and be prepared. We ask that you use your best judgement based on your abilities. If you have questions, please call and we will do our best to explain the trail to you 207-592-0750.

\*\*Be sure to wear sturdy and comfortable footwear such as sneakers or hiking boots. Bring walking sticks as desired and based on your experience. Also dress for the weather (non-cotton is best and dress in layers), bring water and a light snack,

have the appropriate sunscreen and bug spray as well. Binoculars are not required but can be fun to have if you have a pair (a few pairs may be available to borrow if needed). It is good practice to also wear orange during hunting seasons.

Pets are not allowed on these guided wildlife walks, but service animals are welcome. Please be sure to leave pets at home since weather conditions vary by season and vehicles can become uninhabitable quickly for those left unattended inside vehicles.

MDIFW will cancel a program when weather or conditions presents an unsafe environment for participants. In most cases, decisions will be made 4 hours prior to the event. For morning programs, we will try and make the decision by 6pm the evening prior. Due to the unpredictability of the weather, MDIFW reserves the right to cancel programs at any point when it is deemed unsafe. Participants will be notified of cancellations via contact info provided at registration.

**Gorham**  
Grow with Us

## 2022 Fall Brush Drop Off

Residents only, no commercial drop off. No stumps will be accepted.



Leaves & grass clippings accepted in the designated area throughout the season. Please do not leave bags behind.

**When: Saturday, Oct. 8th and Saturday, Oct. 22th**  
**Time: 8 am to 12 noon**  
**Location: 80 Huston Rd.**

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*In her free time, Fran enjoys spending time with her family & friends and her pride & joy is her grandson, Caiden.*



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# Maine Lobstermen’s Association Responds to Court’s Decision

**Press Release by Maine Lobstermen’s Association**  
**Kennebunk, ME (September 7, 2022)** – The Maine Lobstermen’s Association has issued the fol-

lowing statement following the U.S. District Court for the District of Columbia’s decision in *Maine Lobstermen’s Association v National Marine Fisheries Service*. “The federal district court

and the National Marine Fisheries Service (NMFS) have failed Maine’s lobster industry. It has become crystal clear that neither grasp the devastating impacts their decisions will

have on the Maine lobster industry, our coastal communities, and the State of Maine. The court’s decision provides a blank check for NMFS to continue to use admitted “worst case sce-

narios” and disregard actual data in its regulation of a fishery that has zero documented right whale entanglements over the last 18 years. This disappointing decision puts the future of

Maine’s lobstering heritage at great risk, and along with it, the livelihoods of thousands of hard-working men and women. But this is not the end. We won’t go down without a fight.”

# Poliquin Responds to Call to “Avoid” Maine Lobster

**The following is a statement by Fmr. Congressman Bruce Poliquin: Lewiston, ME (September 7, 2022)** – “Seafood Watch’s designation of lobster caught in the

Gulf of Maine as being on their “red list” is grossly misleading. Maine’s lobstermen have worked tirelessly to sustainably harvest lobster in the Gulf of Maine because their fam-

ilies’ livelihoods depend on it. There has not been a single right whale death that can be traced to Maine lobstering equipment and there has not been a right whale entanglement in lob-

stering gear in almost two decades. Telling consumers to “avoid” Maine lobster is wrong and adds to the hardships that our lobstermen currently face. This kind

of extreme environmentalist action is a direct result of Jared Golden’s support of environmental groups that want to sink Maine’s lobster industry. When I’m in Congress, I will always

make sure that lobstermen have the ability to earn a living for their loved ones, free of misguided designations, burdensome regulations, and sky-high bait and fuel costs.”

Send all items for Names & Faces to the editor.  
Deadline is Friday by five pm.

## House Republicans Support Lobster Industry

**House Republican Statement: AUGUSTA, ME (September 6, 2022)**

-- The Seafood Watch statement that consumers should “avoid” eating lobster is just another assault

on science and the ability of hard working Mainers to put food on the plates of American families. No Maine gear has resulted in the death of right whales, but this effort to destroy the livelihoods of fishing families and those who depend on the lobster fishing industry is reprehensible. It will ultimately raise prices on American consumers. Maine House Republicans will continue to support the working men and women that put food on our plates while rising prices threaten to put them out of business and make things harder for families.

It is time for Maine to push back against harmful policy goals of fringe political groups not only in places like California but in Augusta as well. We urge legislative Democrats to join us in denouncing the Seafood Watch designation.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

# Rally for Recovery

## This Is For You!

### September 17, 2022

11:00 am – 2:00 pm  
Kennedy Park, Lewiston

Event is Free to Attend



Are You Struggling With Addiction?  
Are You In Recovery From Addiction?  
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# Arts & Entertainment

## City Kids Provides Startup Funding to Generational Noor



Pictured are Generational Noor Volunteers receiving \$5,000 from City Kids. (Left to Right) Mazin Ahmed of Westbrook, Maine; Generational Noor Executive Director & Founder Amran Osman of Lewiston, Maine; Amran's sisters Safa (12) & Samiira (17) Noor, both also from Lewiston; Liiban Adaan of Portland, Maine; City Realty Group Managing Partner & City Kids Co-Founder Stephen Whalen of Brookline, Massachusetts (originally from Auburn, Maine).

**PORTLAND, ME (September 5, 2022)** – City Kids, a youth education nonprofit created by City Realty Group Managing Partners Fred Starikov and Stephen Whalen, is providing \$5,000 in startup funding to Generational Noor. A new organization based in Lewiston, Maine, Gen-

erational Noor works to end the stigma around substance abuse, mental health, alcoholism, and drug abuse in immigrant households and helps people get help leading to rehab and recovery. City Kids makes this donation to support Generational Noor's mission and to ensure the organization has resources to address substance abuse among the immigrant community in Maine.

City Realty Group Managing Partner and City Kids Co-Founder Stephen Whalen traveled to Portland, Maine to personally present Generational Noor Founder Arman Osman and volunteers with the startup funds. Whalen sat down with the brilliant youth behind Generational Noor to hear about their experiences and discuss their future plans for the

program. Whalen, who grew up in Auburn, Maine himself, understands the fact addiction has been an issue in Maine for many years and the immigrant community sometimes takes a backseat when it comes to resources to address substance abuse and related issues. The City Kids and Generational Noor Founders discussed ways this donation can help Generational Noor in the early stages of the program.

"One of our goals is to have the funds to hire someone from the community who can really help us take Generational Noor to the next level. There are a lot of passionate people who want to help and are currently looking for work," said Osman.

Whalen told Osman he supports the idea and will remain committed

to helping this new organization grow. "That is certainly a win-win. Because not only will you be giving somebody a job, but a job in the movement. You are off to an incredible start and one of my goals is to help put Generational Noor on the map. Once known, Generational Noor will have all the support it needs," said Whalen.

Generational Noor seeks to educate and change the way certain immigrant communities look at substance abuse. This includes preventing youth in the community from falling into drug addiction, helping others overcome it, and giving those who have been incarcerated for drug related crimes a chance to land on their feet. For more information about Generational Noor please visit [www.generationanoor.com](http://www.generationanoor.com).

## WHA at CMMC Now Displaying Art of Elisabeth Salberg

**LEWISTON, ME (September 5, 2022)** – Graduating from Duke University where she studied art history, life took Salberg on a different path. For over 30 years she worked as a registered nurse, retiring from CMMC in 2013. At that point she returned to her earlier passion and began to paint, exhibiting at

the Annual Yarmouth Art Festival, the Elizabeth Moss Galleries in Falmouth, the Roux & Cyr International Fine Art Gallery in Portland as well as venues throughout central and southern Maine. "The beautiful colors of Maine are a constant inspiration to me, and quite a challenge, as I try to transform that world of color,

light and shape into a painting that hopefully, others will enjoy."

She is a member of Maine Women in the Arts and lives in Auburn, Maine with her husband and their golden retriever. Her web site is [oilpaintingsofmaine.com](http://oilpaintingsofmaine.com).

The works on display may be purchased through

the WHA Gift Shop located adjacent to the main lobby at Central Maine Medical Center. As a result of the hospital safety precautions due to the pandemic, the art gallery is only available for viewing for staff, patients, and their designated visitors at this time. A percentage of sale proceeds benefits patients of CMMC.



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# EPA Selects USM for \$350,000 Pollution Prevention Grant

**FREEPORT, ME (September 8, 2022)** – Today, the U.S. Environmental Protection Agency (EPA) announced the selection of the University of Southern Maine (USM) to receive a \$350,000 Pollution Prevention (P2) grant made possible by the Bipartisan Infrastructure Law’s historic \$100 million investment in the program. This grant will help support sustainability in the Maine craft beverage industry.

“EPA is very pleased that this grant for University of Southern Maine will help reduce pollution from being created in the first place,” said EPA New England Regional Administrator David W. Cash. “Funding authorized by Congress and the Biden Administration in the Bipartisan Infrastructure Law will reduce pollution in many communities, including some of Maine’s urban neighborhoods. This will in turn protect people’s health where they live, work and play.”

USM’s project will provide onsite and off-site technical assistance to the Maine craft beverage industry to increase operational efficiencies, limit pollution, and create a healthier working environment and community. With University of Southern Maine student interns, the project team will assist 15-20 craft beverage businesses with technical assistance including a New England Sustainable Craft Beverage recognition program, best practices, benchmarking tools, alternative cleaners and sanitizers, and financing P2 upgrades, including refrigerants. The grantee will also develop education and outreach events and resources, and amplify their work through postings, a video and speaking engagements. To gain participation and distribute resources, the grantee will utilize previously established P2 connections with businesses, professional organizations, and connections established by

prior EPA P2 assistance.

“Maine’s craft beverage industry is an important economic driver in Maine. With over 145 breweries and growing, this sector added more than \$600 million to the Maine economy in 2021 alone. Every weekend, especially during summer, we see tourists and locals alike visiting Maine’s many fine breweries and contributing to our local economy. Yet these businesses use significant water, energy, and chemicals in their day-to-day operations. With the renewed support of the U.S. Environmental Protection Agency’s Pollution Prevention Program, we are proud to assist the Maine craft beverage industry - building upon our work with dozens of breweries to date - take action to reduce their environmental footprint, continue to serve their communities, and bolster the state’s economy,” said Martha Sheils, Director of the New England Environmental Finance Center.

The USM grant is one of three P2 grants being awarded in New England, for a combined total of \$1.05 million in Bipartisan Infrastructure Law funding, and in turn are part of 39 grants announced nationally that will share nearly \$12 million. These EPA grants will allow states and tribes to provide businesses with technical assistance to help them develop and adopt P2 practices to prevent or reduce pollution before it is even created, while also reducing business and liability costs. At the same time EPA is awarding four additional P2 grants in New England worth \$800,000 in traditional P2 funding. All combined, these new grants represent an unprecedented investment of nearly \$1.9M in P2 programs throughout New England.

The P2 Program advances President Biden’s Justice40 Initiative, which aims to deliver at least 40 percent of the benefits of certain government

programs to underserved communities. State and Tribal programs awarded grants will not be required to provide matching funds, as is required by traditional P2 grants. The ability to waive the match requirement under the Bipartisan Infrastructure Law, in addition to the new National Emphasis Area for businesses in Indian country, helped to broaden and diversify the applicant pool. Many grants selected will support implementing pollution prevention practices in Indian country.

The United States produces billions of pounds of pollution each year and spends billions of dollars per year controlling this pollution. Preventing pollution at the source, also known as P2 or source reduction, rather than managing waste after it is produced is an important part of advancing a sustainable economic and environmental infrastructure. P2 can lessen exposure to toxic chemicals, conserve natu-

ral resources, and reduce financial costs for businesses, particularly costs associated with waste management, disposal and cleanup. These practices are essential for protecting health, improving environmental conditions in and around disadvantaged communities, and preserving natural resources like wetlands, groundwater sources, and other critical ecosystems.

These grants are the first of five P2 grant programs over the next five years that will be funded by the Bipartisan Infrastructure Law. EPA has announced two other new grant opportunities funded by the Bipartisan Infrastructure Law. One will encourage products, purchasing, and/or supply chains that are safer, more sustainable, and environmentally preferable and the other will encourage businesses that are working in, or working with, underserved and disadvantaged communities to adopt P2 practices.

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## Gorham Girls on the Run Looking for Coaches

**GORHAM, ME (September 9, 2022)** – There are Village School parents who would love a Girls on the Run team for their girls this Fall

but cannot coach. Do you know anyone who would be interested in coaching? The season started this week but we can delay by one or two

practices if need be. Please let us know if you can volunteer! Message or email me! emily.clark@girlsontherun.org

*Volunteer Coaches Needed*  
at Village School in Gorham

**97%** of participants said they learned critical life skills including managing emotions, solving conflict, helping others and making intentional decisions.

**Morning after Grace**  
by Carey Crim

**This Weekend**

A HILARIOUS AND HEARTFELT COMEDY for **BABY BOOMERS** about love, sex, aging parents and even medical marijuana munchies.

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# Dempsey Challenge at a Glance

**SOUTHERN MAINE (September 10, 2022)** -- For one weekend every September, thousands of people break out their inner athletes to help make life better for people impacted by cancer by raising funds for the Dempsey Center through the Dempsey Challenge. 100% of funds raised by Challenge participants helps provide personalized, holistic services AT NO COST to cancer patients, their loved ones, and care partners.

## WHAT IS THE DEMPSEY CHALLENGE?

The Dempsey Challenge presented by Amgen Oncology is an annual run/walk/ride experience to benefit the Dempsey Center. With two physical Centers in Lewiston and South Portland, Maine, and our third, virtual Center—Dempsey Connects, which launched in 2020—our specially-trained team of experts provides curated, holistic care to people impacted by cancer in Maine and beyond. Founded by actor Patrick Dempsey in 2009, this flagship fundraising event has raised over \$17 million for the Dempsey Center since its inception, with 100% of all funds raised going directly to client care.

## QUICK FACTS

**About The Dempsey Challenge**

The Dempsey Challenge is a run/walk/cycle event and is the flagship fundraiser for the Dempsey Center, founded by actor Patrick Dempsey. Patrick grew up in Maine, and wanted to help provide wrap-around support and care for people in Maine impacted by cancer after experiencing his own cancer impact when his mom Amanda was diagnosed in 1997.

The event takes place

in Lewiston, Maine every fall.

In 2020, the Dempsey Challenge went global and introduced a complete virtual event. Today, the Dempsey Challenge is a hybrid event where participants can choose to participate in person or virtually - there are no barriers to get involved!

The next Dempsey Challenge is September 24 + 25, 2022. This will be the 14th consecutive Dempsey Challenge. Generous corporate sponsors cover the cost of the event, so every dollar raised by participants goes directly to the Dempsey Center.

Who can participate in the Challenge?

No matter who you are, there's a place for you in the Dempsey Challenge! Participants are all ages, have varying abilities, and hail from around the world. Volunteers and ambassadors love their roles and come back year after year. Dempsey Challengers are: riders, walkers, runners, volunteers, donors, fundraisers, kids, adults, and families — a community. People who want to make life better for people dealing with cancer.

How it works

Participants can be part of a team or join as an individual. Participants can choose either the in-person Local Challenge, or can participate virtually as a Global Challenger. Participants receive support for training and fundraising from Dempsey Center staff. In 2021, Dempsey Challenge participants from all over the world raised over \$1.5 million dollars!

How to get involved

Sign up today to participate, fundraise, or volunteer! If you're in the Lewiston/Auburn area on event weekend cheer for walkers and runners as they hit the pavement on

Saturday, or create a cheer station along one of the many bike routes throughout Maine!

## KEY DATES

**September 22, 2022**

**12:00pm ET**

Fundraising Awards deadline

Top Fundraiser Awards to be recognized in the park

Deadline to raise \$3,000+ to receive invitation to the Champions for Hope Celebration

College Cup + High School Challenge fundraising deadline

**September 22, 2022**

**4:00pm-7:00pm ET**

Packet Pickup at Baxter Brewing, 130 Mill

Street, Lewiston

New for 2022: Due to traffic, volume, and efficiency, we are offering Packet Pickup on Thursday and Friday at Baxter Brewing. If you're unable to pick up your bib and t-shirt, a friend or family member may do it for you. We will be offering a small window for Packet Pickup at the Customer Service Tent from 7:00am-7:30am, minimally staffed, and should be used for extenuating circumstances only. Please plan ahead or consider having someone else pick up your bib and packet for you.

**September 23, 2022**

**10:00am-7:00pm ET**

Packet Pickup at Baxter Brewing, 130 Mill Street, Lewiston

New for 2022: Due to traffic, volume, and efficiency, we are offering Packet Pickup on Thursday and Friday at Baxter Brewing. If you're unable to pick up your bib and t-shirt, a friend or family member may do it for you. We will be offering a small window for Packet Pickup at the Customer Service Tent from 7:00am-7:30am, minimally staffed, and should be used for extenuating circumstances only. Please plan ahead or consider having someone else pick up your bib and packet for you.

**September 26, 2022 4:00pm EST**

Final fundraising deadline for all other incentives

Local Challengers will pick up incentives in the park on Challenge weekend

Global Challengers will have incentives shipped post-event

Deadline for Global Challengers to submit activity to receive official Global Challenger Finisher patch

Patches will be shipped in October

**October 31, 2022 11:59pm EST**

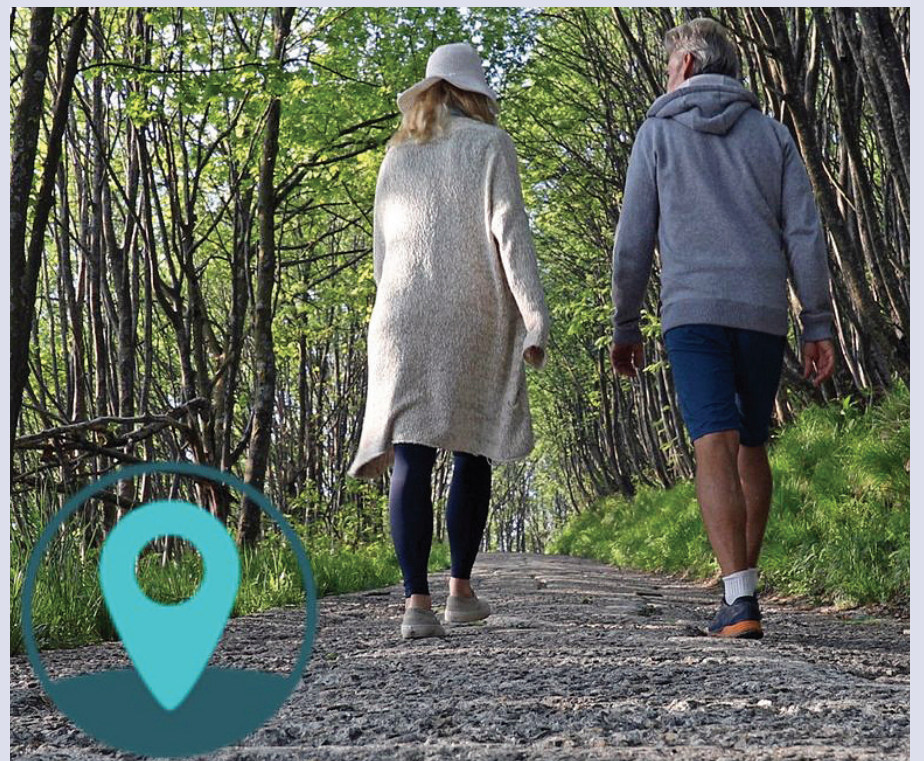
Final deadline to accept donations

# Dempsey Center Offers Mindfulness Woods Walks

Taking time for yourself to be outside can be a way to ground yourself, get back into your body and take in your surroundings. Connecting with the natural world is proven to reduce stress and anger, have a positive impact on our self-esteem, emotions, and behaviors, and improve cognition and general psychological well-being.

Led by Christine Brome, LCSW this workshop is open to cancer patients, care partners, and those who have experienced a cancer-related loss. Held Wednesdays in September from 9:30 - 11:00 am at the Maine Audubon Society - 20 Gilsland Farm Rd, Falmouth, ME.

Get all the details and sign up by visiting <https://clients.mind->



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**HONOR • CELEBRATE • RALLY**  
**TOGETHER**  
 September 24 & 25, 2022 *More info and photos pages 7-9*

**DEMPSEY CHALLENGE**  
 Presented By **AMGEN Oncology**

**Honor**  
*Continued from page 1*  
 these walls where our programs and services come to life. Although our doors are

closed to visitors right now, we invite you in from the comfort of your own home.  
**Virtual Honor Wall presented by TD Bank**

We're proud to present this unique virtual dedication wall to honor those managing the impact of cancer, to celebrate survivors

who are now cancer free, and to memorialize loved ones we've lost but who will forever remain in our hearts.



# Dempsey Goods Merch for Sale



Have you checked out the newest Dempsey Goods store yet?! We've got hooded sweatshirts, vests, tees, backpacks, joggers, workout attire, and—you guessed it—lots of new hats!

latest Dempsey Center and Dempsey Challenge gear by visiting [https://stores.inksoft.com/dempsey\\_center/shop/home](https://stores.inksoft.com/dempsey_center/shop/home).

Thank you to Tee Shirt Bar for helping us create some beautiful merch for this year's event!

Check out all of our

## Leave a Legacy through a Remainder Charitable Trust

When Jill Bruce received her cancer diagnosis, she thought she would have to tackle her journey on her own. But when a friend introduced her to the Dempsey Center, she quickly found a haven of support, accessing the ser-

vices she felt comfortable with at different points in her journey.

Last week, we held our final Double the Donation Day for Dempsey Challenge 2022 presented by Amgen Oncology. This gift of \$50,000 was just

part of a donation given to the Center from Jill's late mother, Nancy Sturtevant, and her family, as a way to give back for all the ways our services supported Jill on her journey.

Listen to Jill's story on the Dempsey Center's

Facebook page. Jill shares her story, her experience with the Center, and why her family chose to make such a generous donation to make life better for people impacted by cancer.

If you are interest-

ed in learning more about our services for cancer patients, survivors, care partners, friends, and family, please visit [DempseyCenter.org](https://DempseyCenter.org).

If you'd like to learn more about a Remainder

Charitable Trust and how you can leave a legacy and impact others along the way, please contact us at 877-336-7287 or email us at [info@dempseycenter.org](mailto:info@dempseycenter.org) to be connected to a member of our team.

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# New This Year! Celebrate Together at Concert In The Park



NEW for 2022 and presented by Poland Spring® Brand 100% Natural Spring Water, join us as we CELEBRATE TOGETHER for a concert to benefit the Dempsey Center on Challenge weekend! Bonus: Dempsey Challenge participants receive \$10 off the purchase of a ticket—purchase at <https://support.dempseycenter.org/index.cfm?fuseaction=cms.page&id=1777&eventID=538>

Check your email for a special coupon code.

### RIPE BIO

On a primal level, we react to music through movement.

A head-nod, a foot-tap, or a handclap certainly shows appreciation, but dancing seals the eternal bond between audience and musician. Siphoning the spirits of rock, funk, R&B, jazz, and pop through a kaleidoscope of unpredictable and virtuosic improvisation, Boston-based Ripe consistently bring people to their feet. Most importantly, they prove that “dance music” in its purest form doesn’t have to come from computers and synthesiz-

ers. It can be an unstoppable groove or an extended moment of ecstatic release. Like those bodies moving on the floor, it’s the result of the energy, friction, and communication between living and breathing people. An inimitable and indefinable chemistry has separated and singled out Ripe since day one. Subverting any and all standard genre boundaries once again, their latest offering confidently continues that tradition. These five musical soulmates —Robbie Wulfsohn [vocals], Jon Becker [guitar], Sampson Hellerman [drums], Calvin Barthel [trombone], and Nadav Shapira [bass]—once again incite listeners to move on their full-length debut, Joy In The Wild Unknown.

“What we make is music you can dance to,” affirms Robbie. “We’re drawn to the peak of a song—the emotional catharsis when everything comes out. It’s all about reaching that moment. The revelation comes back to us when bodies shake with joy.”

“Every time we play,

## HONOR • CELEBRATE • RALLY TOGETHER

September 24 & 25, 2022

More info and photos pages 7-9

**DEMPSEY™**  
CHALLENGE  
Presented By **AMGEN**  
Oncology

something unique happens,” adds Jon. “You’ll never see the same show twice. We want to bring that unexpected element into the pop sphere.”

Ripe brings the swag-ger of funk filtered through a rock anthem, a musical journey that somehow gets as stuck in your head as your favorite pop banger.

Formed during their Berklee College of Music days, the boys have built a rabid fan base through tireless gigging and a steady stream of music. Following their debut collection of songs, Produce The Juice EP, the 2015 Hey Hello EP yielded fan favorites “Goon Squad,” which clocked over 4 million Spotify streams. The band then raised the stakes with their debut album, Joy In The Wild Unknown, which represented a creative journey as Ripe became a national presence. The band tapped the talents of producer Cory Wong of Vulfpeck behind the board. Additionally, five-time GRAMMY® Award winner Joe Visciano [Mark Ronson, Adele,

Beck, Coldplay] mixed the music, while mastering came courtesy of Randy Merrill [Lady Gaga, Lorde, Imagine Dragons, Taylor Swift].

Over the course of twelve songs, it finds the elusive sweet spot between jaw-dropping technicality and airtight songcraft as Ripe collectively kick off a fresh, focused, and fiery next phase. Averaging over 250K monthly listeners on Spotify, the group landed looks from the likes of WXPN, Huffington Post,

Verge Campus, Boston Globe and Hype Machine love from sites like Ear to the Ground and Indie Obsessive. Along the way, they also hit the stage at festivals such as SweetWater, Levitate, The Rock Boat, High Sierra, LaurelLive, Brooklyn Comes Alive, Audiotree, and Summer Camp.

The common thread would always be the translation of their individual interplay to their audience, one that Ripe views as not just fans, but old and new

friends; an extended family that is rapidly growing as their sound spreads and their world deepens. Ripe gives the same weight to happiness as is often given to sadness. Their music signifies more than just a distraction from your troubles for a few hours - it’s an experience of connection and acceptance; a warm welcome into their world. In the end, this Joy is shared by an ever-growing community that’ll be dancing every time Ripe roll through town.

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# Register and Receive Exclusive 2022 Incentives

You've all been working hard raising money for the Dempsey Center as you take on the 2022 Dempsey Challenge

presented by Amgen Oncology... And to thank you, we've partnered with some amazing brands to bring you several exclu-

sive incentives, including gifts at NEW levels!!

With Registration: Event T-Shirt + Decal \$250 - 2022 Spe-

cialized Bicycles Water Bottle

\$500 - Dempsey Challenge Packable Backpack from Geiger

\$1,000 - Big Bobble Hats Challenge Pom Hat  
\$2,000 - Wicked Plush Sherpa Throw from L.L.Bean

\$3,000 - Champion Circle: Invitation to Celebration on Friday, 9/23, 2023 Registration, and Sea Bags Exclusive Dempsey Challenge Large Tote

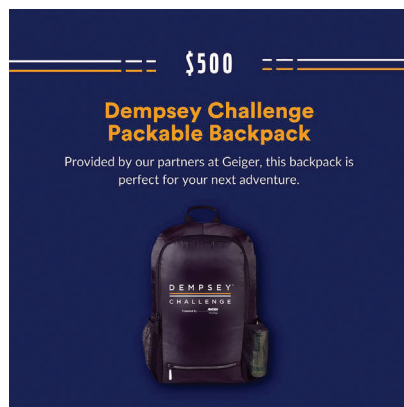
\$5,000 - \$275 Gift Certificate to Rancourt & Co. Shoecrafters

Thank you all for all of your efforts to make life better for people impacted by cancer. Your contributions to our goal of raising \$1.6 million

this year will make a difference in the services we offer here in Maine and beyond!

And a GIANT thank you to our partners for their contribution and support of this year's Challenge!

Not registered yet? Today's a great day to do so! Register for the 5k/10k Run and Walk events presented by Poland Spring Natural Spring Water on Saturday, September 24th OR any of our Cycling events presented by Specialized Bicycles on Sunday, September 25th!



**5th Annual Whitmore Family Dempsey Challenge Fundraising Breakfast!**

**Sunday 9/18**  
**7:30-10am**  
**@ Mac's Grill**

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**50/50 raffle**      **Abby & Alyssa's Spare Change Bucket**

**ALL proceeds benefit the**

**DEMPSEY CENTER**

**to keep ALL services FREE for anyone affected by cancer**

## Your Support Makes a World of Difference

100% of the dollars raised by Dempsey Challenge participants helps make life better for people impacted by cancer.

In 2021, Dempsey Challenge participants fundraised more than \$1.5 million to provide curated, holistic, wrap-around support

to cancer patients, their loved ones, and care partners. Since its inception, your Dempsey Challenge dollars have provided over \$17 million in

programs and services to people impacted by cancer. This haven of support was provided at no cost—because of you.



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# GMS Donates 101 Pounds to Gorham Food Pantry Friends



**GORHAM, ME (September 10, 2022)** -- The Gorham Middle School garden has been growing and donating fresh produce for the Gorham Food Pantry Friends for 17 years! Just this past week, the educators and students in the GMS Alternative Education program (who care for the garden with volunteers Paula Sauve Smeltzer and Susie Hanley) harvested and donated 101 pounds! Thank you!



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## Communities Sending Kids Back to School with Healthier Outlook

**PORTLAND, ME (September 9, 2022)** – Families in Portland and Brunswick are sending their kids back to school this fall with a greater likelihood of not being exposed to flavored tobacco products.

Councils in Portland and Brunswick passed an ordinance earlier in the year ending the sale of flavored tobacco products in each community, effective June 1. Many families testified at the time that students in middle and high schools were being exposed to flavored tobacco products through targeted marketing to youth

by tobacco companies. Some students told stories of classmates losing interest in studying and sports because they were so addicted to flavored tobacco. Some students even complained that they didn't like using the bathroom because it was frequently full of other students vaping or smoking. As school eases back into session, students in those communities will be less likely to be exposed to flavored tobacco products.

"I am genuinely glad that we are finally taking more and more action," said Caleb Gould, a 7th grader at Brunswick Junior

High School. I remember when the bathrooms were closed due to vaping, and hundreds of signs were put up only to be vandalized and made fun of. The way the tobacco industry has been targeting teens for decades with their 'healthy flavored' options is disgusting, and I for one, am glad to see the end of it."

The Bangor City Council also passed an ordinance ending the sale of flavored tobacco products later in the summer. The Bangor ordinance takes effect January 1, 2023.

"My freshman year in high school was an incredible experience, but seeing

so many classmates and teammates succumbing to flavored tobacco was discouraging, to say the least," said Sophie Ward, a sophomore at John Bapst Memorial High School. "The Bangor City Council taking action by passing this ordinance shows a great amount of support for the health and safety of students at every middle and high school in the city. I am very appreciative of their decision."

South Portland is also giving consideration to ending the sale of flavored tobacco products. The South Portland City Council expects to bring up the

issue next month with a vote expected shortly after.

The issue will also likely come before the state legislature when it convenes in January.

"The momentum we are seeing through overwhelmingly positive votes at the municipal level is encouraging," said BJ McCollister, campaign manager for Flavors Hook Kids Maine. "We have polling from earlier this year showing strong support for this type of a law statewide, and the local votes reinforce that. It's time to protect all of our kids in Maine from the dangers of flavored tobacco products,

and we are hopeful that the legislature will agree when they return to Augusta in the new year."

Dozens of partners have come together in support of the effort, including the Campaign for Tobacco-Free Kids, the American Heart Association, the American Lung Association, the American Cancer Society Cancer Action Network, Healthy Acadia, the Christian Civic League, the Maine Children's Alliance, Planned Parenthood of Northern New England and a variety of local organizations. More details can be found at [www.FlavorsHookKidsMaine.org](http://www.FlavorsHookKidsMaine.org).

## September Is Falls Prevention Awareness Month

**MAINE, STATE-WIDE (September 5, 2022)** -- September is Falls Prevention Awareness Month, a time to recognize the impact that falls have on the lives of millions of Americans each year and take steps to prevent falls.

The U.S. CDC reports that each year one in four adults over the age of 65 experiences a fall. Additionally, the National Council on Aging reports that an older adult is seen in an emergency room every 11 seconds due to a fall-related injury.

"Healthy Living for ME is actively making a difference for Mainers who are at risk for falls. Through workshops and resource

connections, network partners throughout the state are helping Mainers reduce their risk of falls and improve their quality of life," said Jennifer Fortin, Training & Fidelity Manager of Healthy Living for ME. "During this Falls Prevention Awareness Month, we encourage Mainers to assess their own risk for falls and have conversations about preventing falls with loved ones who may be at risk."

In May 2022, Healthy Living for ME announced that over 2100 Mainers had participated in the network's falls prevention workshops, with 98% of participants reporting they have made positive changes



due to their experience.

In 2022, Healthy Living for ME will be marking Falls Prevention Awareness month with several events in addition to the network's regularly offered falls prevention workshops.

Falls Prevention Awareness Week is held during the awareness month, September 18-24, 2022. During this week, Healthy Living for ME will be holding two public drop-

in events to provide free balance assessments and information/resources to Mainers.

On September 19th, Healthy Living for ME welcomes people to the Muskie Community Center in Waterville from 10-11:30am for the balance screening and information drop-in event.

On September 22nd, Healthy Living for ME welcomes people to the Co-

hen Community Center in Hallowell from 10:30am-12:30pm for the balance screening and information drop-in event.

Healthy Living for ME will also have an exhibit on falls prevention at the Aging in the Right Place Forum in Damariscotta on September 15th. Additionally, Healthy Living for ME will be hosting a wellness break focused on falls prevention at the Maine Council on Aging's 2022 Wisdom Summit on September 21st.

Among the factors that may put someone at risk for falls are balance and gait, as well as the presence of chronic conditions that

lead to inactivity or pain. Throughout the year, the Healthy Living for ME network offers free and low-cost evidence-based workshops that can help adult Mainers of all ages prevent falls through addressing balance, flexibility, and activity levels. These include A Matter of Balance, Tai Chi for Health and Balance, Bingocize, and EnhanceFit-ness.

To learn more about these workshops, to register for one, or to make a referral, visit Healthy Living for ME's website at [www.healthylivingforme.org](http://www.healthylivingforme.org), call at 1-800-620-6036, or send an email to: [info@healthylivingforme.org](mailto:info@healthylivingforme.org).

### SOURCES SOUGHT

Wreaths Across America is issuing this Sources Sought Notice to identify parties having an interest in providing approximately 2.8 – 3.0 million domestically-grown balsam wreaths for procurement to support Wreaths Across America's wreath project and the resources needed to support this requirement for wreaths beginning with the 2023 season. It should be noted that Wreaths Across America does not provide purchase orders for wreath procurement contracts.

THERE IS NO SOLICITATION AT THIS TIME. This is a request for capability information only and does not constitute a request for proposals. The submission of any information in response to this request is purely voluntary. Wreaths Across America assumes no financial responsibility for any costs incurred.

If your organization has the potential capacity to perform these services, please provide the following information: 1.) Organization name, address, email address, Web site address, telephone number, and size and type of ownership for the organization; and 2.) Tailored capability statements addressing the particulars of this effort, with appropriate documentation supporting claims of organizational and staff capability.

Telephone inquiries will not be accepted or acknowledged, and no feedback or evaluations will be provided to companies regarding their submissions.

Submission Instructions: Interested parties who consider themselves qualified to perform the above-listed services are invited to submit a response to this Sources Sought Notice within 28 business days of the first posting of this notice. All responses under this Sources Sought Notice must be emailed to [domn@drydengroup.com](mailto:domn@drydengroup.com).

If you have any questions concerning this opportunity, please send them to [domn@drydengroup.com](mailto:domn@drydengroup.com).

### L-A Community Little Theatre to Hold Annual Meeting



**AUBURN, ME (September 6, 2022)** — The L-A Community Little Theatre will hold its annual meeting on Monday evening, September 19, at the theatre on 30 Academy Street in Auburn.

The evening will get underway with light refreshments and mingling at 6:00 p.m. followed by the meeting at 6:30 p.m. Official business and the presentation of awards will

be followed by a sneak preview of CLT's upcoming 83rd season, which will include entertainment. A photo array of the 82nd season will also be presented.

All members and patrons are invited to participate. Anyone interested in learning more about CLT is strongly encouraged to attend. More information is available at [www.laclt.com/news](http://www.laclt.com/news).

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**Tuesdays**

LEWISTON – Baby Storytime held on Tuesdays, starting September 6th at 10:15am. Enjoy an interactive storytime with your baby that includes early literacy fun with books, songs, rhymes and body movement. Recommended for children ages 0 – 24 months old and their caregivers. Play and social time immediately follow the program. Siblings are always welcome. Please stay home if you or your child are sick and not feeling well.

Free. 513-3133; www.LPLonline.org

**Wednesdays**

GORHAM – 10:00am Weekly story time has resumed at the North Gorham Public Library! Storytime is open to children & their caregivers. Join us weekly for stories, songs and crafts every Wednesday at 10am. 2 Standish Neck Rd, Gorham ME.

**September 9-18**

BATH -- All Aboard! Next stop, River City! For the CCAC/Studio Theatre of Bath co-production of this 1957 Meredith Willson Broadway musical hit, THE MUSIC MAN.

This offbeat romantic comedy is a true classic of American musical theatre. A treasured gem for all ages. This is a non-traditional, stylized version in staged and choreographed scenes.

The Music Man (The-

# Calendar

Send your submissions to the Editor. More online.

atre); \$18 ADV | \$22 DOS; Show Run: September 9-18 Thursday, Friday, and Saturday: 7:30-9:30 pm; Sunday: 2-4 pm.

Tickets On Sale at <https://chocolate.na.ticket-search.com/sales/salesevent/13788>

**September 16**

NORWAY -- Peaceful Means will perform at First Universalist Church at 479 Main St. Norway, ME on Friday September 16, 2022 at 7:00 pm. The performance is free and the public is encouraged to attend!

Peaceful Means is a new musical duo featuring the harmonious warmth and presence of Leah Boyd and Heather Pierson. Weaving together original songs and uplifting arrangements of choice covers with their voices and accompanying piano, acoustic strings, and percussion, they create music as an invitation to remember and to cultivate the joy, peace, and connection that are available in every moment. More artist information is available at [www.peacefulmeans.net](http://www.peacefulmeans.net).

**September 20**

STANDISH -- Standish Historical Society, Old Red Church Museum, 55 Oak Hill

Road Tuesday, September 20, 6-8 p.m. Antique Assessments with Kathy Libby of "Libby's Antiques", Cornish.

With 45 years of experience as an antiques dealer, Kathy will assess your items according to the price she would charge in her shop. \$5 per item to benefit the SHS. Walk-in or stay to see what interesting items others have brought. FMI: [standishhistoricalsociety@gmail.com](mailto:standishhistoricalsociety@gmail.com).

**September 20 – December**

LEWISTON -- 3rd Tuesdays from September-December 2022, 3-5pm at the Lewiston Public Library: MAINE-TRANSNET TEEN TABLETOP TUESDAYS

This fall, LPL Teen and MaineTransNet Youth are joining up to host monthly tabletop role-playing sessions, on the 3rd Tuesday from 3-5pm in person in the LPL teen space. All supplies will be provided and no previous RPG experience is required – just bring yourself and your creative mind!

This program is open to teens ages 13-19.

For more information, contact the Lewiston Public Library Adult &

Teen Services Department at 513-3135 or [LPLReference@lewistonmaine.gov](mailto:LPLReference@lewistonmaine.gov). [www.LPLonline.org](http://www.LPLonline.org)

**September 20**

STANDISH

-- Standish Historical Society, Old Red Church Museum, 55 Oak Hill Road Tuesday, September 20, 6-8 p.m. Antique Assessments with Kathy Libby of "Libby's Antiques", Cornish. With 45 years of experience as an antiques dealer, Kathy will assess your items according to the price she would charge in her shop. \$5 per item to benefit the SHS. Walk-in or stay to see what interesting items others have brought. FMI: [standishhistoricalsociety@gmail.com](mailto:standishhistoricalsociety@gmail.com).

**September 21**

LEWISTON -- Outdoor Hiring Event on Wednesday, September 21st from 10:00am-noon at the Lewiston CareerCenter, 5 Mollison Way, Lewiston. Bring your best self and speak with over thirty employers all offering great job opportunities! The event is free, open to the public and will be held rain or shine. For a list of participating employers, visit: <https://www.mainecareercenter.com/locations/jobfair.shtml?id=8251073>

**September 22**

AUBURN -- The second offering from Senior College in the Community, will feature Jean Potuchek, presenting "Aging, Health, and Happiness. This pro-

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gram, a collaboration between Auburn Public Library and LA Senior College will be held on September 22, 2022 at 2pm at the Auburn Public Library. This program will cover research that consistently shows that elders are more likely to report being happy than those in any other age group. This presentation will look at some of that research, consider why this finding is considered surprising, and explore sources of happiness as we age.

A retired sociologist, Jean spent most of her teaching career at Gettysburg College where she was honored with an award for distinguished teaching. She blogs about retirement and aging at Stepping Into the Future. We hope to see you on Thursday September 22, 2022 at 2pm at the Auburn Public Library for this presentation!

**September 22**

LEWISTON -- SPECULATIVE FICTION

BOOK CLUB – FANTASY (5:30 pm at the Lewiston Public Library)

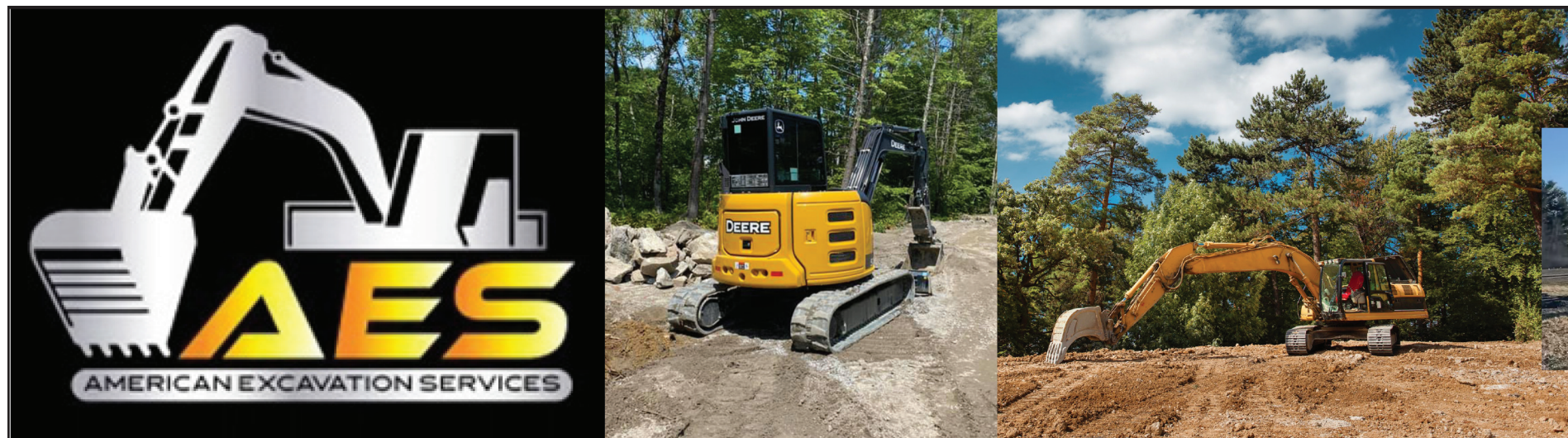
In this limited three session adult speculative fiction book club, LPL librarians will host interactive discussions on select genre novels. The fantasy read will be Nettle & Bone by T. Kingfisher. Open to genre fans and those who are new to genre novels alike.

Free. Registration required. Bottled water and small snacks available. Contact info. 513-3135; [www.LPLonline.org](http://www.LPLonline.org)

**September 23**

LEWISTON -- AUTHOR SALOMA MILLER FURLONG TO SPEAK AT LPL (2pm at the Lewiston Public Library)

Saloma Miller Furlong will speak about her latest book, Liberating Lomie: Memoir of an Amish Childhood. Contact info. 513-3135; [www.LPLonline.org](http://www.LPLonline.org)



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## BOOKS

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## CLEANERS

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Wood boiler – Must go! \$2,500. Alternate heating carbon steel wood boiler. Purchased in 1996 for \$6,800. New door seal, bricks, blanket, and silicone card bead. Includes cycle timer and plumb fittings. 1,400#. Model E100 wood gun. Can be lifted directly into your trailer. GORHAM. (207) 222-2755.

### Turboclean Powerbrush Pet Pro

Turboclean Powerbrush Pet Pro carpet cleaner. Brand new. Used once. Asking \$80. Call 893-8851. Gorham.

### Back Hoe

Back hoe Attachment for tractor. 3 point hitch, category two, 12 foot long \$3,500 . 782-5539

### Exercise Bike, Coffee table

Recumbent bike with heart & mileage monitor \$75. Lt oak coffee table with 4 glass panes & shelf. Call 782-1456

## GENERATOR

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## HELP WANTED

Looking for a few people willing to run errands possibly once every few weeks in Oxford. \$20.00 per hour plus milage. A local or nearby person would be best. Please call: 207-539-3204.

## KAYAKS

New Kayak for sale Kayak bought at Cabalas. Comes with life jacket, paddles. It is a sit on, color red. Paid \$400. Asking \$200. Used once! Call (207) 413-7502

## SENIORS

### LEWISTON SENIOR CITIZENS TRIPS FOR 2022 White Mountain Hotel & Resort - December 4 - 5, 2022

Trip includes 1 night lodging and 3 meals, including the Grand Sunday Brunch, 2 different entertainment shows, Austrian Sleigh ride through Jackson Village with a Jingle Bell Chocolate Tour. Stop at the Christmas Tree Shop and Lunch on Sunday at Polly's Pancake Parlor. A \$100 deposit per person is due upon signing. Price is \$369 pp double occupancy.

Spotlight on San Antonio, Texas - April 2-6, 2023

Trip includes 5 days, 4 nights lodging, 3 breakfasts and 2 dinners, visit to two UNESCO world heritage sites, visit to the Mission San Jose, visit to the ALAMO, boat

ride along the Paseo del Rio known as the River Walk, National Museum of the Pacific War and so much more.

Reflections of Italy - October 9 - 18, 2023

Trip includes 10 days, 9 nights lodging, and 12 meals, including Rome, Vatican Museums, Sistine Chapel, St. Peter's Basilica, Assisi, Perugia, Cortona, Florence, Michelangelo's DAVID, Chianti Winery & Cooking Class, Venice, St. Mark's square, boat ride to Murano Island, Milan and much more.

Virginia Beach, Colonial Williamsburg & Historic Norfolk - May 22 - 27, 2023

Trip includes 5 nights lodging and 8 meals, guided tour of Colonial Williamsburg, narrated Norfolk Naval Base Harbor Cruise, admission

to the Nauticus & Battleship Wisconsin, visit to Mariner's Museum and Park, admission to Virginia Beach Aquarium & Marine Science Center and free time on Virginia Beach and the Virginia Beach Boardwalk. A \$75 deposit pp is due when signing up. Price is \$809 pp double occupancy and includes bus driver's tip.

For more information on any of our trips, please contact Claire Bilodeau (207)784-0302 or Cindy Boyd (207)345-9569. For more information about any of our trips, please contact Claire Bilodeau (207)784-0302 or Cindy Boyd (207-345-9569.

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## WANTED

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I am using a 40-year-old computer and my wife and I would like to buy a "wow" computer to communicate with our grandchildren and our children. Please call (207) 650-7224.

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# Make-A-Wish Summer Block Party August 13, 2022

More photos at [facebook.com/GorhamWeekly](https://facebook.com/GorhamWeekly)

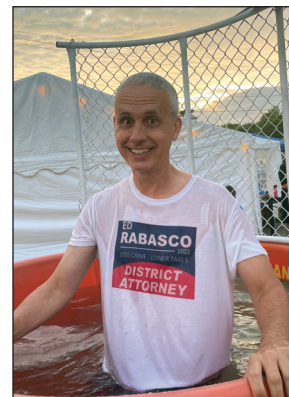
GW photos by Laurie A. Steele.



Callie Fowler, Meghan Kelley, Allyssa Marson and Mariah Maheux



Drummer Jeff Neal, bass player Tony Croteau, electric guitar player Steve Grenier and lead singer Reno LeFebure of Fire In The Hole



Ed Rabasco of Paradie, Rabasco & Seasonwein P.A. in the dunk tank



Gard and Deneka Deletetsky with thier dog Briskett



Michelle Gagne of Mac's Grill and Stacy Bilodeau greet guests



Gerry Gagne of Mac's Grill and Laurie Steele of Gorham Weekly. Photo by Elissa Viscarelli



Jeff Peterson, news anchor for WGME 13 in the dunk tank



Jenn Winship between Brian Ouellette and JB the Piercer



Matt Fifield, Auburn Fire Chief in dunk tank



Larry & Dianna Roy of Dad's Place



Julia Freni, Natalye Masters, Drew Lashua, Bo Nocross and Dillon Hummes



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