

McMinnville Warren County

VISITORS GUIDE 2022

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the Kids**

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McMinnville-Warren County

VISITORS GUIDE 2022

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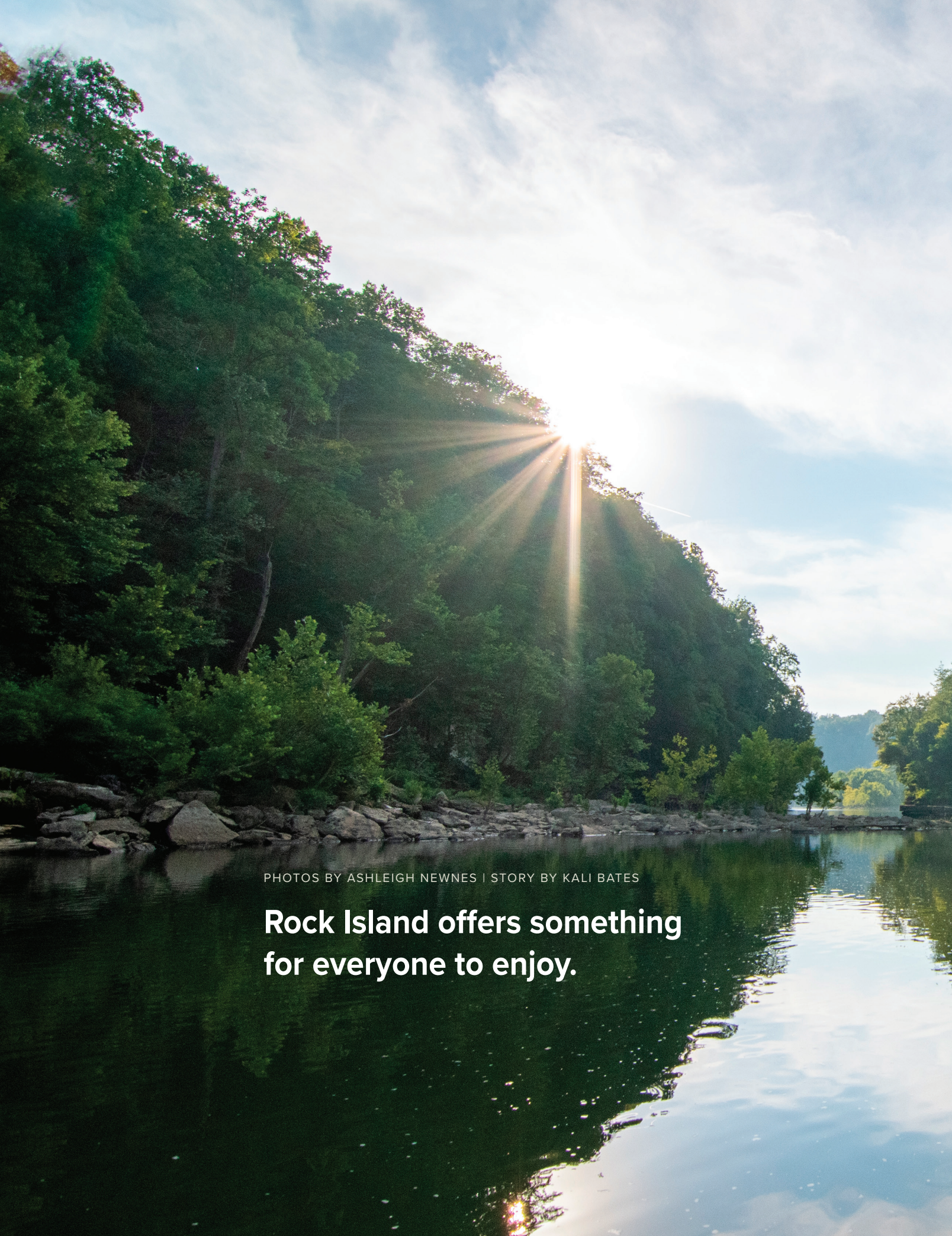
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PHOTOS BY ASHLEIGH NEWNES | STORY BY KALI BATES

**Rock Island offers something
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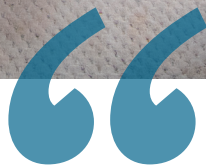


Discover

the best of **Rock Island**

Gather up the family, set off with your significant other, or enjoy an epic solo trip to Rock Island. This historic area is known for its natural beauty of Rock Island State Park, plentiful and varied shopping options, and truly special tourist destinations for all to enjoy.

Take the whole family to Rock Island Trolley for a tasty and unique frozen treat, enjoy a dinner for two at the eclectic and delicious Fog Light Food House, or enjoy a solo outing with a day of shopping at shops such as The Rustic Touch. There's so much to do that you'll have to make a reservation at The Happy Yaker to spend the night and then spend the rest of the weekend discovering all that Rock Island has to offer.



*Enjoy the Caney Fork, and Collins Rivers
that offer 40 miles of waterway for cruising,
fishing, relaxing, and swimming.*

A Shopper's Utopia

Whether you are looking for the perfect gift, that must-have item for yourself, or a rare antique find, Rock Island has got you covered. The area offers a variety of shops for every shopper.

The Lazy Daisy has unique vintage and new items for both you and your home. The store is located at 96 Great Falls Road and can be reached at (931) 686-5299. Antique lovers should stop by Rock Island Treasures and check out the 40-plus

vendors and all they have to offer. The shop is located at 11287 Sparta Highway, Rock Island and can be reached by calling (931) 686-1000. Whether you're just stopping in or spending the day, Rock Island invites you to shop local.

Lake time at the Cotten

Family-owned and operated for over 20 years, Cotten's Marina is a must-stop destination for a perfect day out on Great Falls Lake. Stop by the shop and grab lake essentials such as sunglasses, sunscreen, and some bait

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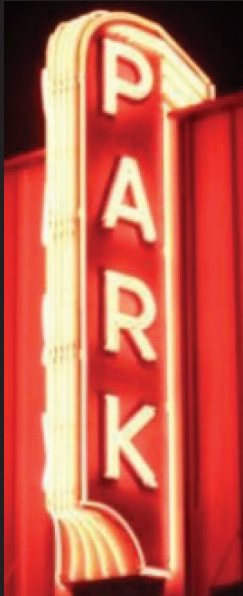
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Grab a kayak and try out the park's whitewater kayaking.



for fishing. Before you head out on the lake, make sure to grab some lunch at the marina. Then head on out and make memories on the water by renting one of the pontoon or fishing boats that are available. With your boat rental, enjoy the Caney Fork, and Collins Rivers that offer 40 miles of waterway for cruising, fishing, relaxing, and swimming. The marina is located at 1967 Rock Island Road and can be reached at (931) 686-2373.

Explore the Park

Located on the headwaters of the Center Hill Lake, Rock Island State Park offers its vis-

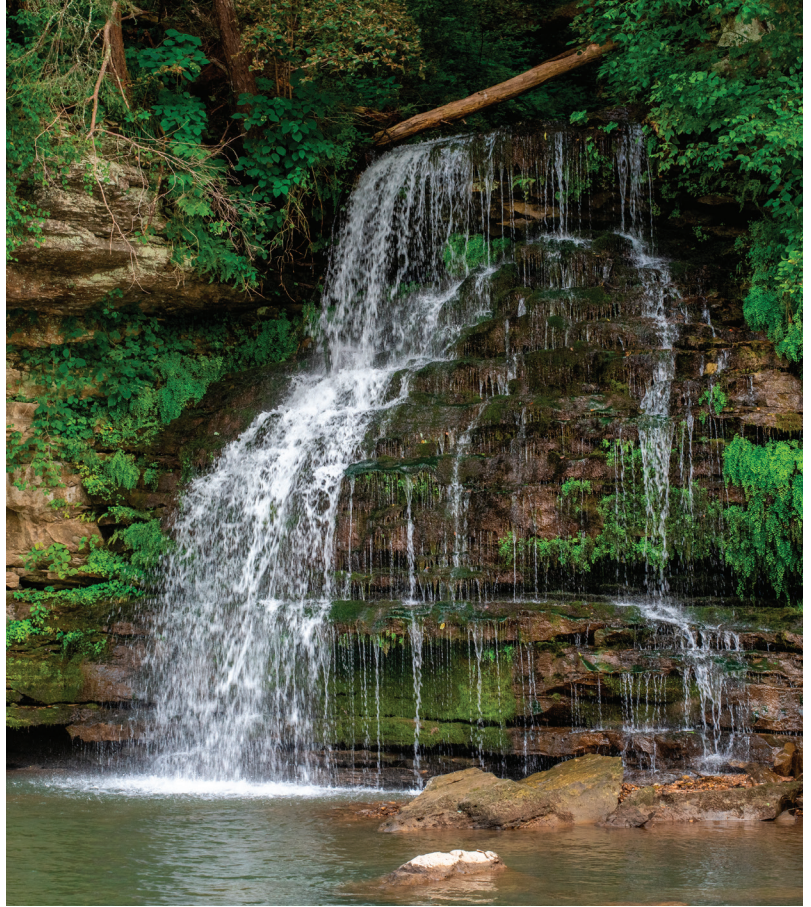
itors 883 acres of nature, perfect for a number of outdoor activities. Grab a kayak and try out the park's whitewater kayaking. Hit the trail on one of the park's nine hiking trails. Grab a fishing pole and catch bass, walleye, or crappie at Blue Hole on Center Hill Lake. Over 90 species of birds, including the Acadian flycatcher, yellow-billed cuckoo, and eastern wood-pewee can be seen and heard around the park. Don't forget to take a break at one of the park's four picnic areas equipped with tables, grills, and drinking water. The park is located at 82 Beach Road and can be reached at (800) 713-6065.

Sweet Treats for All

This local ice cream shop has made a name for itself with its unique location and eccentric frozen creations for a much-beloved summer treat. From the traditional sundae and banana splits to bizarre concoctions called "freak shake," the Rock Island Trolley Stop will satisfy any sweet tooth. Operating out of a renovated trolley, owners Arthur and Cindy Morgan invite ice cream lovers of all ages to stop by their shop. They are located at 1189 Rock Island Road in Rock Island, and can be reached at (931) 259-4747.

Out-of-the-Box Dining

For those who are looking for a truly special dining experience, look no further than Fog Light Food House. Located along the Caney Fork River, the restaurant offers a dining experience like no other. An eclectically-decorated dining space gets its patrons ready for an even more eclectic menu that features cajun cuisine, fresh seafood, steaks, and nightly specials. Desserts are always homemade and new each day. The restaurant is located at 275 Power House Road in Walling and can be reached by calling (931) 657-2364.





A Weekend Getaway

Enjoy a weekend getaway in a most aesthetically-pleasing environment. Conveniently located close to Rock Island State Park, the Happy Yaker offers three artistically-decorated cabins that will brighten your senses and make you feel welcome. Visitors will also enjoy easy access to Caney Fork River Gorge and Twin Falls located just down the road. The cabins are conveniently located near the rivers, lakes, waterfalls, swimming holes, and hiking

trails of Rock Island. Also, check out the plethora of restaurants, the local shops, and a marina located within a mile. Book your stay by calling (615) 884-1047. They are located at 120 Power House Road in Walling.

Rustic but Classic

Shopping for a statement piece to add to your home decor or maybe a special piece of jewelry just for you? Stop by The Rustic Touch and explore the store's exceptional, country-inspired inventory. From elegant antiques to one-of-a-kind

handcrafted furniture pieces, artistic home accents, and more. The shop also carries clothing, and jewelry that is perfect for every day but stylish enough to make a statement. If you are looking to give your cabin or home just the rustic touch it needs, this shop has you covered. Give them a call at (931) 686-4438. The Rustic Touch is located on Rock Island Road.

A Must-Eat Meat-and-Three

Whether you're stopping by to fill up the car, stock up on some fishing supplies, or enjoy a home-cooked meal,

Rock Island Market has it all. Known for their delicious and popular meat-and-three, the menu changes each day and is always freshly prepared. The market also cooks up unique culinary offerings of Mexican and Indian cuisines with dishes such as steak tacos and Pav Bhaji. Conveniently located close to Rock Island State Park, the store is a must-see. The store is located at 1231 Rock Island Road. They can be reached by calling (931) 686-2007.

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A river adventure to remember.

Let the adventure begin. Leave your worries behind and take a day to relax on the water while enjoying the best that nature has to offer. Kayaking is one of McMinnville's best ways to do both. Whether you only have a few hours or the whole day, McMinnville has a river adventure waiting for you.

Known as one of the best rivers in the state for kayaking, Barren Fork is one of the last tributaries of the Collins River. At just over 23 miles long, it flows from west to east. The river meanders its way through an area that's both beautiful and lush in the summertime. If you're looking for a smooth, steady current that lends itself to a lazy float, the Barren River is your spot. Before you set out on your river adventure, preparing yourself is key for a successful day on the river. Check out the following to make sure you're full, stocked up, and ready for a most memorable day on the river.

The most important and delicious meal of the day

Breakfast is really the most important meal of the day when you're heading out on the water. Thankfully, for The Vanilla Bean Baking Co. it will also be the most delicious. Started by mother-daughter team, Sally and Kayla, the bakery/coffee shop offers the best in breakfast. The shop's bakers



Day trip on the water

PHOTOS BY ASHLEIGH NEWNES | STORY BY KALI BATES





are up with the sun preparing freshly baked cinnamon rolls, muffins, pastries, donuts, and more. If a sweet start to the day isn't your thing, check out the delicious and savory breakfast muffin that includes bacon, cheese, green onion, and garlic, with a boiled egg in the middle. Or really give your taste buds an experience with the shop's own jalapeno sausage biscuit. The shop also has an impressive and full-service espresso bar that will give you that much-needed caffeine boost. Stop by on your way to enjoy a day on the water. The store is located at 224 E. Main Street and can be reached by calling (931) 507-2253.

Stock up on essentials

Preparing for a day out on the water can be a daunting task. Whether it's just you, a few friends, or the whole family, the right amount of preparation is key. Helping their cus-

tomers make the most of their day on the river is The Hitch Outfitters. Family-owned and operated, the staff will make sure you have the essentials such as sunscreen, sunglasses, water, and snacks. You can also do some shopping and pick up a new pair of sandals, as the shop carries well-known brands such as Teva. Or you could pick up a new Kavu bag to tote all of your river-exploring essentials in. The store has been recently renovated and welcomes everyone from the novice to the most experienced adventurer to come about and check out all that the shop has to offer. The Hitch Outfitter is located at 36 E. Brockman Way in Sparta and can be reached at (931) 256-8509.

An exploration of the river

Whether you are setting out for a few hours or enjoying the whole day on the river,



Smooth Rapids will set you up for a most memorable adventure along the river. They offer three float adventures to suit everyone's needs. There are no notable differences between the three routes, in terms of conditions, but choosing the length of your route is key. Families will enjoy their shortest float that starts at the city park where there are plenty of family activities available. A medium float is available and gives kayakers between four

and five hours on the river. Those looking to really explore should check out their longest float where you will spend the day admiring the views and exploring beyond the river. When you're done for the day and have worked up an appetite, stop by the Smooth Rapids Grill. Choose from the variety of options on their tasty, authentic menu. Smooth Rapids is located at 245 Durham Street in McMinnville and can be reached at (931) 452-9251.

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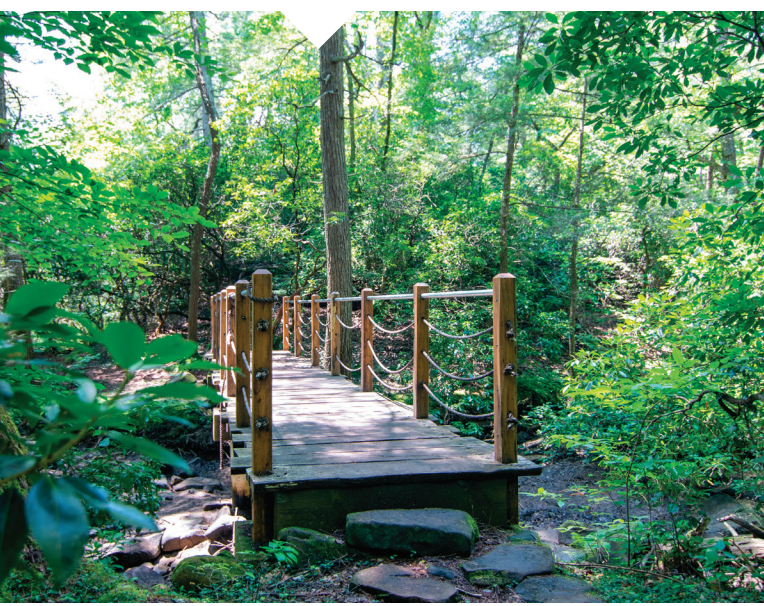
We've Planned You A
Day Trip



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*ISHA Institute of Inner-
sciences is a retreat
that offers stress relief,
rejuvenation, and
outdoor recreation
right in the heart
of McMinnville.*





PHOTOS BY ASHLEIGH NEWNES | STORY BY KALI BATES

McMinnville offers respite for the mind, body, and soul.

While McMinnville offers much to be enjoyed and explored, it also offers much to refresh and revitalize the mind, body, and soul. From the breathtaking views and surroundings of the ISHA Institute of Inner-sciences that welcomes yogis from all around the world, to the locally owned and operated Twisted Yogis that empowers yoga lovers of all levels. The area also offers clean food options with Jucy's Wellness Cafe which is known for its delicious plant-based menu. And one shouldn't forget to complete their revitalizing day trip with a transforming facial at Wink Skincare. All promise to offer their visitors a relaxing day of self-care.

Transport to Relaxation

While seemingly a part of another world, the ISHA Institute of Inner-sciences is a retreat that offers stress relief, rejuvenation, and outdoor recreation right in the heart of McMinnville. The center is a world-class yoga center featuring classical hatha yoga programs, holistic Ayurvedic rejuvenation, and meditation classes from beginner to advanced levels. The center is located at 951 Isha Lane and can be reached at (931) 668-1900.

Growing through Yoga

Located in the heart of McMinnville is the Twisted Yogis which welcomes all to come and grow stronger physically and mentally through the practice of yoga. According to their website, the team at Twisted Yogis aims to empower students by strengthening the body and calming the mind in an inviting, stress-free studio. The studio is located at 122 E. Main St. and can be reached at (931) 743-4868.

Serving up a Passion

Serving up a plant-based menu that is both delicious and nutritious is Mary Beth Laxson, creator and owner of Juicy's Wellness Cafe. Since 2010, Lawson has taken her passion for a plant-based lifestyle and created healthy Southern dishes that will satisfy any palette. Stop in and grab a bite at 110 E. Main St. or call (931) 474-2233.

Revitalizing Beauty

Enjoy a day of self-care at McMinnville's go-to source for skincare, reflexology, and natural skincare products. The studio offers a relaxing getaway with results. Stop in and check out products from Sara Happ, Leaf Organics, Lunette, Skin Script, Spongelle, and more. Wink Skincare is located at 107 N. Spring St. Schedule your appointment today by calling (931) 507-9465.



Experience the culture of McMinnville

PHOTOS CONTRIBUTED BY JOLEEN NEEDHAM-NORTON
STORY BY KALI BATES

Main Street offers art, culture, and history for everyone.

While McMinnville is known for its natural beauty, it also has a rich history and thriving art scene that is waiting to be discovered. From uncovering the unique story of photographer W.S. Lively at the Southern Museum and Gallery to discovering your own artistic talents at the Doodle Fish on Main Street, there is something for all to enjoy. So take a walk down Main Street, and enjoy all that the city has to offer.

Biscuits, beignets, and brunch, oh my!

Get your day started in the most delicious way possible at the quaint Cumberland Biscuit Company. Whether you're up early for breakfast or sleep in for brunch, they've got you covered. Enjoy pancakes, omelets, biscuits, eggs Benedict, beignets, and much more! They are located at 114 W. Main Street and can be reached at (931) 474-8670.

Celebrating a diverse history

The Black History Museum, located at 203 W. Main St., honors and preserves the black history of Warren County. The museum also has a number of initiatives that promote cultural exchange and encourage "togetherness" within the community. Join the museum in cultivating, remembering, and preserving the area's history. Contact the museum at (931) 304-8851.

Sharing history through photos

Preserving the history of McMinnville and the Southern School of Photography, is the Southern Museum and Gallery. Telling the story of the community through pictures, the museum features work from such historically well-known photographers such as W.S. Lively. The museum is located at 210 E. Main St.



and can be reached at (931) 507-8102.

Heritage alliance

Showcasing and educating both locals and visitors about the area's history is the Heritage Alliance. The museum displays an array of photographs and artifacts that chronicle McMinnville's local history, along with a tribute to local music legends Dottie West and Uncle Dave Macon. The museum is located at 113 E. Main St. and can be reached by calling (931) 474-2717.

A most unique home

Spend the day touring the unique Falcon Rest Manor that has a most interesting history. Built in 1896 for the wife of then entrepreneur Clay Faulkner, the sturdy brick mansion boasts of many modern conveniences for the

age, such as electricity and central heating and cooling. Enjoy a tour, dining, and shopping in the most unique home. The home is located at 645 Faulkner Springs Rd. and can be reached at (931) 668-4444.

Tea time

After a day of immersing oneself in local history, slow down and relax over an afternoon cup of tea and a scone. Kimmi's Tea Room offers a welcoming atmosphere, great food, and plenty of local flavor. They are also now open in their new location at the McMinnville Country Club, 616 Country Dr. Give them a call at (931) 668-4141.

Get creative

Catch your creative drive at The Doodle Fish, located

at 108 W. Main St. They welcome creatives of all ages to come in and create their own masterpiece. They offer painting and pottery classes for a variety of ages and are also available for parties. Come see what you can create by calling (931) 474-8922.

Art of all kinds

A business that is as unique as its name, the Iron Tusk offers art in all forms. From their custom ink works of art for their clients to their gallery that features work from local artists. Stop by and take a look at 215 E. Main St., or give them a call at (931) 314-1485.

A wall of color

Bringing life and color to the historic towns of McMinnville and Viola are the larger than life murals, "Magnolia" and "Hebe,"

for all to enjoy. As part of the "Walls for Women" mural project, they have been placed at Viola's Pizza Co., located at 7 Lynn St. in Viola, and the Security Federal Savings Bank located at 306 W. Main St. in McMinnville.

Experience the arts

McMinnville plays host to a number of art events during the year. Vendors and artists have the opportunity to come out and display their talents, and the public has the opportunity to take those talents home on canvas and more. For those looking to check out some artistic fun, make plans to attend 27th Autumn Street Fair, located in historic downtown McMinnville. It will take place the first Saturday in October. Also enjoy the new Sip & Saveur art event held in September by Junior Auxiliary. Both events are free and open to the public.

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A photograph of two women smiling and taking a selfie. The woman on the left is wearing a purple and white striped shirt and large sunglasses. The woman on the right is wearing a yellow top and is holding a red smartphone to take the selfie. The background is a bright, outdoor setting with a blue sky and blurred buildings.

An **ITINERARY** for the
*“Ultimate Girls
Day Out”*

*“Don’t let the day slip by without
taking selfies for social media”*

PHOTOS BY ASHLEIGH NEWNES | STORY BY JULIA EADS

And yes, shopping always makes the cut.

Ladies, we have a full day ahead of us! So throw on your cutest and most comfortable sneakers and head to town – these credit cards are not going to swipe themselves! It's time to gas up with iced coffee and hit every dressing room in town. There's a reason the phrase "shop until you drop" was coined, and that reason starts with us right now in McMinnville, Tennessee. Check out your first stop of the day of the "Ultimate Girls Day Out"!

Start the day by scouring downtown area boutiques & shops

Head on over to historic downtown McMinnville, Main Street to be exact. Here, you will be able to peruse specially curated shops of all kinds. At Evelyn Taylor Avenue you will find all kinds of women's and men's apparel and accessories, home decor, pottery, and rugs! On occasion, the store even has live music and refreshments for guests to enjoy while they shop.

Intrigue is the newest boutique to hit the savvy streets of McMinnville, and it's already setting impeccable standards that will keep you coming back week after week! No cookie-cutter boutique here, Intrigue offers an eccentric array of style for their ever-growing number of

clientele! This beautiful boutique that is located at 410 N Chancery, McMinnville 931-304-8994.

Southern Traditions

is a specialty shop known for china, gifts, and interiors. They have been serving McMinnville and the surrounding areas for over 30 years. They have unique gifts, candles, art, and decor. They even offer personalized gifts for those special upcoming celebrations.

For the more outdoorsy woman, **The Hitch Outfitters** might be the shop for you. The store is packed full of outdoor equipment, toys and games, men, women, and children's outdoor apparel, and simple gifts! Brands like Yeti, Simply Southern, Kavu, and Life is Good are scattered across the store.

Lemon, on Main Street, provides women with exactly what they cannot get enough of... cute clothing and cosmetics. At this specialty shop you are bound to walk out with something. Whether it's the perfect outfit for your upcoming day date or your next favorite pair of bamboo pajamas.

One of the more unique shops on Main Street is a must-see place called **Renewed Creations**. At this store they offer custom-painted furniture, house paint,



“

*Start the day
by scouring
downtown
area boutiques
& shops.*



home decor, gifts, and seasonal items. Included in their inventory are products from local artisans and vendors.

The best-smelling shop in town is, hands down, **Three Sisters Candle Company**. This small family business specializes in hand-poured soy products, from jar candles to wax melts. Stop in and smell some of their exclusive scents, such as lemon pound cake and hot apple pie.

Linen & Grace is known to consistently and confidently help customers with any and all styling needs. The store offers current and cutting-edge trends in women's fashion. They are also a carrier of Corky's footwear. Stop in to see what the fuss is all about!

After all that shopping, we recommend a break for lunch at **Begonia's Restaurant**.

Begonia's is also located off of Main Street. The adorable restaurant serves a wide variety of food items, including pasta, pizza, sandwiches, and made-to-order entrees. The common thread that holds the eatery together is its noticeably fresh and rich ingredients. No matter what you order, you're guaranteed to notice the quality! Stop in on a "Thirsty Thursday" and see for yourself!

No girls day out is complete without a few photos! So check, and practice your smile after that delicious lunchtime meal, then head on over to the fountain at 111 South Court Square. The spraying water will be a perfect backdrop for all of your selfies and posed pictures with the girls. Now all you have to do is open up Instagram and hashtag #GirlsDayOut #WeCute

Next, recharge with a coffee and something sweet at

Vanilla Bean. Everyone hits a little post-meal slump after eating a midday meal. That's why we suggest that you and your crew head over to The Vanilla Bean Baking Co. for a pick-me-up coffee or a sugary treat. We recommend a warm cup of coffee paired with a fresh raspberry white chocolate scone or a piece of cinnamon streusel coffee cake!

Finish off the evening with a show. The **Park Theater** is a performance art theater that hosts a variety of different events throughout the year. Catch a concert, musical, play, or performance there or at the **Warren Arts** center. On the odd chance that there are no local performances during your girls day, you can always end the night watching a new feature film at **Three Star Cinema**.



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Veteran Owned

A large, vertical cave formation with a person standing next to it for scale. The formation is composed of many layers of rock, with a person in a purple shirt and grey pants standing to the left. The cave is dimly lit, with a green light reflecting off a pool of water at the bottom.

A day devoted to **OUTDOOR EXPLORATION**

PHOTOS BY NICOLE RIDLEN AND LUCAS PATTERSON
STORY BY JULIA EADS

**Discover
McMinnville-
Warren
County
hidden gems.**

**Head to Cumberland
Caverns for a memorable
spelunking trip.**

Few people can say they have spent the night in a cave, been more than 20 miles underground, or laid eyes on a beautiful underground waterfall. However, opting to visit Cumberland Caverns inside of Cardwell Mountain in McMinnville, Tennessee, presents visitors with the opportunity for each of these experiences.

Cumberland Caverns, one of McMinnville's most unique land features, was discovered in 1810 by a local surveyor. The cave consists of 27 underground miles of passageways, rock formations, beautiful underground waterfalls, and gleaming pools. Visitors of all ages and skill levels adventure into the cold, damp cave and come out with brilliant memories that last a lifetime. The spelunking trips, offered



by the cavern staff, fall within three different levels of difficulty: easy, moderate, and extreme. The easy trip lasts around 1 1/2 hours and requires no climbing or crawling on this walking tour. The moderate tour ranges between 2 1/2 to 3 hours and does feature a few tight squeezes and areas where crawling is necessary. The moderate tour is geared toward the more adventurous crowd, as participants will likely get their hands and clothes dirty. Prior experience is not needed. The extreme adventures are, on average, anywhere from 4 to 6 hours long. These trips are recommended only for experienced explorers and those in good physical shape. Participants will have to climb twisting rocks and high ladders, step over crevasses, and more.

The cave itself is consistently 56 degrees with a 99% humidity rating year-round. So if you do choose to adventure here, it is recommended that you wear layers of comfortable, durable clothing. All explorers are required to wear lace-up shoes or boots. If needed, helmets and headlamps are available upon entering the cave and do not need to be brought from home. For more information

about the longest show cave in Tennessee and for details on how to plan your trip, visit cumberlandcaverns.com.

Visit the petting zoo and more at Cedarwood Farms.

Fall leaves are on the cusp of changing from vibrant green to the rich, warm colors of fall, Cedarwood Farms is gearing up for its busiest time of year. This farm in McMinnville, Tennessee, the nursery capital of the world, is guaranteed to provide a fun-filled day for you and your crew.



There is much to enjoy at Cedarwood Farm, but don't take our word for it. We'd rather you experience it yourself.

The farm started as a nursery in 1982 and was run by Buddy Patterson. In the summer of 2001, Patterson and his son, Luke, decided to plant



a few acres of pumpkins. By fall, Buddy's wife, Jana, who had a passion for education, suggested using the pumpkin patch to educate children and adults about agriculture. Additionally, she thought having people at the farm would be an excellent way to get rid of the extra pumpkins. What began simply as a thoughtful gesture has grown into a full-blown family business and a wildly fun recreational destination for the entire community.

The farm has provided good, clean family fun for all ages since 2001. In its early years, the farm only had a hay maze, petting zoo, pumpkin patch, and hayrides. To date, the number of attractions is off the charts! Visitors can dive into

the corn crib and make a corn angel, climb up the treehouse and peer over the chaos, zip down the giant super slide, or hop on the pumpkin train to ride all over the farm. Feel free to get lost in the corn and hay mazes or play hide and seek in tire city. If you have the need for speed, make sure to spend some time racing, down at the pedal track. Then after an exciting day of play, stop by the Country Kitchen to enjoy some sweet treats and Southern fare.

There is much to enjoy at Cedarwood Farm, but don't take our word for it. We'd rather you experience it yourself. The farm opens in mid-September and closes at the end of October. For more information, visit cedarwoodfarmstn.com.

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Fun with the kids

PHOTOS BY RACHEL KEY | STORY BY JULIA EADS

A fun-filled day guide for you and your children!

Start the day with donuts from C & K Donuts.

Every parent has seen the look of pure bliss that radiates off a child's face after being handed a bright and colorful chocolate-sprinkled donut. Whether your child only takes bites off the top or scarfs down the entire sweet treat, the dopamine-producing sugar rush will undoubtedly create one jolly child. While a donut will not win an award for the

most nutritionally endowed breakfast item, it is on the qualifying list of breakfast foods bringing the most joy. Buckle up parents and head on over to C & K Donuts located at 513 N. Chancery Street. It's time to start the day with what locals call the best donuts in town!

Play a quick round of disc golf at Pepper Branch Park. Pepper Branch Park's 9-hole

disc golf course sits right in the center of the city park and has a UDisc rating of 3.7. Disc golf, an increasingly popular sport, is a fun recreational activity for any age level and athletic ability. Similar to golf, each drive begins in a designated teeing area. In disc golf, these areas are typically marked by a concrete pad and a sign. The signs (usually numbered) are complete with a map and par information.

Whether you and your crew are avid disc golf enthusiasts or simply looking for friendly competition, playing a quick round of golf is always a great way to get a little exercise and share a few laughs. For those who would rather not keep score and compete against themselves, a 10-foot freestanding rock wall is available for climbing. Keep an eye on your disc golfing friends as you climb atop the



*Walk in silence
and spend the
time listening to
the chattering
and crackling
of nature, we
know you will
find refreshment
for your soul.
The waters are
calling.*

wall. Both of these features are located at 120 Old Morrison Road. Discs are not provided by the park, so don't forget to bring a few from home!

Fish, climb, and explore at the waterfall.

Within moments of arriving at Pepper Branch Park, you most likely heard the relaxing sound of rushing water. The park, built around a quaint spillway or waterfall, has

become a favorite spot for local fishermen and outdoor enthusiasts. Whether you packed a tackle box or just brought yourself on your own two feet, being near the water brings a unique sense of refreshment that is hard to experience anywhere else. Let your littles take off their shoes and "just get their feet wet" while wading through the waters. Test your balance and agility skills by climbing rocks

along the river. Or, if you did not get your fill of competition during disc golf, have a rock skipping competition with your entire group. Whatever you decide to do down by the waterfall, we know at the very least you'll be left with a smile on your face.

Stretch your legs along the beautiful, tree-shaded riverwalk between Pepper Branch



Park and Riverfront Park.

If someone in your group gets a little too brave near the river and ends up soaking wet, a walk along the beautiful river might be the best option to dry off before hopping in the car again. The riverwalk from Pepper Branch Park over to Riverfront Park is just under 2 miles, roundtrip. The paved path follows the river and is densely shaded by the surrounding trees. If you have young children, this could be the perfect place for a mid-morning nap in the stroller. For older children, the trail might be the ideal place to exercise their imagination as they pretend to be park rangers. Encourage them to instigate a footrace or a game of I Spy (Nature Edition) to engage the whole family. Even if you

simply walk in silence and spend the time listening to the chattering and crackling of nature, we know you will find refreshment for your soul. The waters are calling.

Get busy at Milner Recreation Center.

McMinnville's local civic center is a perfect stop for families with differing opinions of fun. Take a brisk walk along the walking trail, stopping at all the outdoor workout equipment along the way. Create a big splash at the swimming pool, Gilley Pool. Scatter around the outdoor playground features and play a quick game of freeze tag. Organize a family-friendly tournament bracket as you take advantage of the tennis, volleyball, or

basketball courts. If you're feeling super adventurous, you can even take a drop down the skatepark's halfpipe. The Milner Center was constructed in 1975. It has a long history of serving families with a wide variety of fun-filled activities. Head over to 500 Garfield St. in McMinnville, pronto!

Head to nearby Morrison to Prater's BBQ or Viola Pizza for lunch.

After an extremely lively morning, there will no doubt be a need to refuel before the upcoming afternoon. We know the importance of family so we recommended two of our favorite family-owned restaurants: Prater's BBQ in Morrison and Viola Pizza in Viola. Prater's has been around

since 1995 and is known for its slow-cooked and falling-off-the-bone meats. Whether you decide on a pulled pork sandwich, chicken wings, or riblets, you are guaranteed to get something made from scratch and covered in Gary Prater's homemade barbecue sauce. Do you have some picky eaters who aren't excited by barbecue? No problem. We know pizza is always a win, especially when it's made with love by the Covert family at Viola Pizza. Each 16" pie is formed with hand-crafted dough, slathered in a hand-crushed tomato sauce, and topped with freshly shredded cheese. Regardless of how many toppings you and your crew opt for, it's a guaranteed win on freshness!



All aboard! The last stop is The Detention at the Elementary Family Fun Center in Morrison.

This place is a must for all families. The center has a fantastic arcade, indoor bumper cars, a two-story laser tag course, indoor miniature golf, a rock-climbing wall, and (most importantly) a lounge area for exhausted parents. Sit back and watch as your children run and get those last spurts of energy out in this safe yet exciting space before calling it a day. The center has reasonable pricing for all of its features, making it easy and cost-effective for your crew to indeed have the best day possible here in McMinnville, Tennessee.





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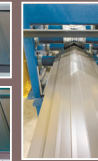
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Something for every angler

PHOTOS BY ASHLEIGH NEWNES | STORY BY TINA NEELEY

McMinnville and Warren County are gracious hosts to fishing enthusiasts.

Cast a line on area lakes, rivers, and creeks. Feel the tug and set the hook as you imagine your stringer or holding tank filled with your favorite fish. Plan a trip to Great Falls Lake at Rock Island State Park or Center Hill Lake. The Blue Hole on Center Hill Lake is the spawning ground for walleye and is one of Tennessee's finest fishing spots. Other catches include bass, muskellunge, bluegill, walleye, crappie, and catfish.

Martin Creek, a stream located just outside McMinnville near Safley, Tennessee, is home to a variety of fish, including brook, brown, rainbow, and cutthroat trout. Whether you're fly fishing, baitcasting, or spinning, your chances of getting a bite here are good. And don't forget the other creeks. Also stocked for trout fishing are Charles Creek,

Mountain Creek, Hills Creek, and North Prong Barren Fork Creek.

More about the musky

The Collins River is another option for a variety of fish. The river that winds through Warren County is home to rainbow trout, brown trout, bream, crappie, catfish, large and small-mouth bass, and striper. Most recently though, the river's resident musky, short for Muskellunge,

draws anglers from all over the country. The long, slender, toothy fish is similar in appearance to the Northern pike and can grow to 50 inches or more in length. Fly fishing the Collins in winter is a big deal, and the river, with its many deep holes, winding turns, pools, and eddies, is an invitation anglers can't refuse. Collins River isn't the only musky paradise. Caney Fork, Calf Killer, Rocky, and Collins Rivers converge at Great Falls Lake to

provide another musky meeting place where excellent forage nurtures trophy-class catches. And don't forget Center Hill Lake for them. Southernmusky.com says it is a musky trolling paradise. Center Hill's plunging shorelines and tight breaks make it a great place to troll musky crankbaits throughout the year. Warren County offers year-round fishing with variety for every angler.

“

the river's resident musky, short for Muskellunge, draws anglers from all over the country.

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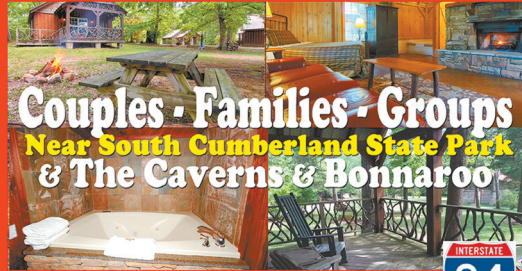
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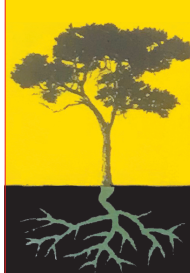


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A young man and woman are sitting on a wooden bench at night, illuminated by the warm glow of a campfire. The woman, on the left, is wearing a grey jacket and holding a dark cup. The man, on the right, is wearing a blue cap and a blue shirt, with his hands clasped. The background is dark, with a single small light source visible in the upper right. The overall mood is intimate and cozy.

Where



to stay

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Bonnie Blue Inn

If you are looking for some peace and quiet, the Bonnie Blue Inn might be just the place. Enjoy this turn of the century farmhouse situated in a rural setting off the beaten path.

2317 Old Smithville Road | McMinnville, TN
(931) 815-3838 | www.bonnieblueinn.com

Hampton Inn

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Cabin Rentals at Rock Island State Park

Rock Island State Park has some of the finest Tennessee State Park cabins. Ten three-bedroom, two-bathroom cabins are available and located a half-mile from the natural sand beach along the Caney Fork River.

82 Beach Road | Rock Island, TN
(931) 837-4770 | reserve.tnstateparks.com/rock-island/cabins

Happy Yaker

Located near Rock Island State Park, the Happy Yaker has three charming cottages that will make you want to stay a little longer. Open year-round.

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Falcon Manor Bed-and-Breakfast

Falcon Manor has four guest suites on the grounds of Falcon Rest Mansion.

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(931) 273-1688 | falconrest.com/guest-rooms

Isha

Head up the mountain to Isha and stay the night in one of their semi-private lodges, private studios, or deluxe suites. Accommodations include two vegetarian meals per day. Please give at least 24 hours notice before visiting in case of changes to the daily schedule.

951 Isha Lane | McMinnville, TN
(931) 668-1900 | info@ishausa.org

Phelps Farm

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Falcon Manor Bed-

Bed-and-Breakfasts (B&B) provide an excellent opportunity to get to know some of the local people who call McMinnville home and learn about local history. Situated on the grounds of the historic Falcon Rest Mansion, Falcon Manor B&B has four B&B style guest suites.

The antiques and decor of the suites reflect those of the mansion itself with the addition of modern conveniences, including private baths, TV, free wireless internet, individual heat and air controls, irons and ironing boards, coffee pots; microwaves, and compact refrigerators. There is also an optional breakfast available and access to acres of gardens for relaxing outside.



and-Breakfast

- Falcon Manor's Honeymoon Suite is located across the breezeway from the Falcon Rest Mansion, in its original kitchen, and features a king-size brass and marble bed, a gas-log fireplace, and a claw-foot tub.
- Carriage House Room features a 9 1/2 foot tall Victorian Renaissance-style queen-size bedroom suite and a beautiful view of Falcon Rest's grounds.
- General Manager's Cottage is a spacious 2,700 sq. ft. "cottage" next door to the mansion. The cottage houses two suites, the Manager's Suite and the two bedroom Cottage Suite. There is also a patio with a picnic table, an enclosed deck, a kitchenette, and a great room with a gas fireplace and antique furnishings that rival those in the mansion.





LOCAL TASTES

Hungry? Stop by one of these unique eateries for a cold drink and a meal so delicious that you'll be planning a return trip sooner than you thought.

Begonia's

Downtown McMinnville's newest dining addition, specializing in handmade pizza, pasta, sandwiches, and more!

239 E. Main St. | McMinnville, TN
(931) 507-4174 | www.facebook.com/BegoniasMcMinnville
Tuesday-Thursday: 5 p.m. - 10 p.m.
Friday & Saturday: 5 p.m. - 12 a.m.

Cumberland Biscuit Company

Open for breakfast, brunch, and lunch, Cumberland Biscuit Company features eggs benedict, crab cakes, beignets, omelets, biscuits and gravy, burgers, and much more.

114 W. Main St. | McMinnville, TN
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Thursday-Sunday: 7:30 a.m. - 1:30 p.m.
Friday & Saturday dinner: 4:30 p.m. - 9:30 p.m.

Collins River BBQ & Café

Collins River BBQ & Café is located in downtown McMinnville and is a local favorite for great food, cold craft beers, friendly service, and live music. Serving up classic pulled pork, smoked wings, huge salads, delectable desserts, and much more.

117 E. Main St. | McMinnville, TN
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www.collinsriverbbq.com
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Closed Sunday & Monday

Depot Bottom Country Store

Featured on *Tennessee Crossroads*, Depot Bottom Country Store is a small country store and deli located in Depot Bottom across from Riverside Cemetery. Menu items include burgers, hot pimento cheese sandwiches, and potato soup, in addition to their daily specials.

215 Bridge St. | McMinnville, TN
(931) 507-3366
www.facebook.com/DepotBottom-Country-Store
Monday-Friday 7 a.m. - 2 p.m.
Closed Saturday & Sunday

Foglight Foodhouse

A quaint, out-of-the-way restaurant located on the bank of the Caney Fork River about 20 minutes out of McMinnville. The menu offers a large variety of items, including fresh seafood, pasta, steaks, and Cajun fare. There is also an outdoor seating area overlooking the river.

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www.foglight-foodhouse.com
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Friday: 5 p.m. - 9 p.m.
Saturday: 4 p.m. - 8 p.m. Closed Sunday & Monday

Juicy's Wellness Cafe

A 100% plant-based café and juice bar. The menu features mouthwatering vegan soups, salads, sandwiches, desserts, juice, and smoothies in a hip southern atmosphere.

110 E. Main St. | McMinnville, TN
(931) 474-2233
www.facebook.com/pg/
Juicys-Wellness-Cafe
Tuesday - Friday: 8 a.m. - 4:30 p.m.
Saturday: 9 a.m. - 2 p.m.

Kimmi's on the Green

Fresh, authentic English tea served in beautiful teapots and teacups in a charming, intimate atmosphere. The menu includes sandwiches, salads, soups, and daily specials, as well as a variety of delectable desserts.

616 Country Club Dr. | McMinnville, TN
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kimmistearoom.com
Tuesday & Wednesday: 11 a.m. - 5 p.m.
Thursday: 11 a.m. - 8 p.m.
Friday & Saturday: 11 a.m. - 9 p.m.
Sunday & Monday: Closed

Mud Bums

Sports grill featuring wings, steaks, oysters, burgers, and more! Voted best wings and sandwiches in town!

231 Northgate Drive, Suite 400
McMinnville, TN
(931) 507-2867
www.facebook.com/mudbums
Weekdays: 11 a.m. - 10 p.m.
Weekends: 11 a.m. - 11 p.m.
Sunday: 11 a.m. - 5 p.m.

Prater's BBQ

Known to many as the "best in the South," Prater's BBQ can feed thousands at a company picnic or provide a tasty half-rack of ribs for your work-day lunch. That's not to mention the ribeye steaks, specialty sandwiches, burgers, catfish, and hand-battered fried chicken.

9576 Manchester Hwy. | Morrison TN
(931) 635-2259 | www.pratersbbq.com
Monday-Saturday: 10:30 a.m. - 8:30 p.m.
Closed Sunday

Rock Island Market

One side of the building is a country store, bait and tackle shop, and the other end is the restaurant. The menu offers a wide variety of meats and vegetables, deli sandwiches, burgers, pizza, and homemade desserts.

1231 Rock Island Road | Rock Island, TN
(931) 686-2007
Tuesday-Thursday: 5 a.m. - 6:30 p.m.
Friday-Saturday: 5 a.m. - 7:30 p.m.
Sunday: 6 a.m. - 3 p.m.



Rock Island Trolley Stop

Delectable ice cream specialty desserts from an authentic repurposed trolley bus. There is outdoor seating and it's open year round to serve you.

1189 Rock Island Road | Rock Island, TN
(855) 540-1399
www.therockislandtrolley.com
Monday, Tuesday, Thursday:
11:30am-8:00pm
Wednesday: 11:30 a.m. - 7 p.m.
Friday & Saturday: 11:30 a.m. - 9 p.m.
Sunday: 11:30 a.m. - 8 p.m.

Smooth Rapids Outfitters

Enjoy sandwiches, burgers, salads, and more in an inviting and relaxing atmosphere along the river. Watch the kayaks float the river from the porch and enjoy the coldest beer in town.

245 Durham St. | McMinnville, TN
(931) 452-9251 | smoothrapids.com
Wednesday-Saturday: 11 a.m. - 9 p.m.
Sunday: 11 a.m. - 3 p.m.

Topz Frozen Yogurt & Metro Deli

A welcoming eatery that serves brick oven pizzas, sandwiches, salads, and sweet treats in a fun atmosphere in historic downtown McMinnville.

104 W. Main St. | McMinnville, TN
(931) 474-8679
www.topzfrozenyogurt.com
Sunday-Thursday: 11 a.m. - 7 p.m.
Friday & Saturday: 11 a.m. - 8 p.m.

The Vanilla Bean Baking Company

The Vanilla Bean Baking Co. is a bakery and coffee house located on historic Main St. in McMinnville, TN. The menu includes custom cakes, cupcakes, muffins, scones, cinnamon rolls, mini donuts, cookies, pudding jars, cake pops, and much, much more.

224 E. Main Street | McMinnville TN
(931) 507-2253
www.facebook.com/VanillaBeanBakingCo
Tuesday-Friday: 7:30 a.m. - 4 p.m.
Saturday: 7:30 a.m. - 2 p.m.
Closed Sunday & Monday

Viola's Pizza Company

Hand-crafted dough (made over three days), smooth tomato sauce with hand-crushed tomatoes, a blend of cheese that is shredded in-house, and toppings that are prepared right in the shop. Located on the square in Viola.

7 Lynn Street | Viola, TN
(931) 635-5000
www.facebook.com/
ViolasPizzaCompany
Thursday-Saturday 4 p.m. - 8 p.m.

Wild Bill's BBQ and Grill

Family-run restaurant serving homemade BBQ and burgers with a friendly atmosphere!

3340 Sparta Highway | McMinnville, TN
(931) 304-8907 |
www.wildbillsbbqgrill.com
Wednesday: 11 a.m. - 5 p.m.
Thursday: 11 a.m. - 7 p.m.
Friday & Saturday: 11 a.m. - 8 p.m.
Sunday: 11 a.m. - 3 p.m.

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www.fosterrealtytn.com • fosterrealty@benlomand.net





SHOPPING

These charming independent shops offer a fun, and eclectic shopping experience with lots of one-of-a-kind finds.

All-O-K'Sions

All-O-K'Sions Flowers & Gifts offers beautiful fresh, silk, and dried floral arrangements. They also carry an extensive gift line, including gift baskets, candles, and greeting cards.

113 W. Morford St. | McMinnville, TN
www.alloksionsflowers.com

Ashley's Attic - McMinnville

Warren County's treasured little specialty gift, toy and children's clothing shop – and whole lot more!

301 S. High St., Suite F | McMinnville, TN
www.facebook.com/ashleysattictn

Diamond Classics

Diamond Classics offers bridal sets, solitaires, wedding bands, colored stone rings, pendants, earrings, Seiko watches, gold chains, all colors of pearls, and Zable bracelets and beads.

555 N. Chancery St., Suite A | McMinnville, TN
business.facebook.com/Diamond-Classics

Evelyn Taylor Avenue

Evelyn Taylor Avenue is a high-end boutique, serving both men and women with some of the top picks in clothing, shoes, and accessories. There is also a home goods section that carries the top lines in today's home interior designs and decor.

211 E. Main St. | McMinnville, TN
evelyntayloravenue.com

Intrigue

This shop carries one of the town's largest and most unique selections of ladies' accessories, home décor, gifts and—to top it off—they also have a gourmet pantry!

410 N Chancery | McMinnville, TN
www.facebook.com/intrigue

Lemon Clothing and Cosmetics

Lemon Clothing and Cosmetics is a clothing and cosmetics specialty shop in historic downtown McMinnville, TN. Lemon stocks a thoughtfully selected inventory of premium denim, tops, and dresses for casual occasions. Handmade jewelry and unique handbags are available to add the finishing touch.

126 E. Main St. | McMinnville, TN
www.lemon37110.com

Linen and Grace Boutique

Linen and Grace is a charming boutique located in the heart of downtown McMinnville, offering the latest styles in women's fashion and Corky's footwear!

112 E. Main St. | McMinnville, TN
www.facebook.com/linenandgraceboutiqueonmain

Mad Cow Running Company & Outfitters, LLC

Mad Cow Running Co. supplies quality outdoor gear and apparel for runners, walkers, and hikers. They also have a deep knowledge of local parks, trails, and greenways where folks can go to test out their gear! Bike rentals available.

402 N. Chancery St. | McMinnville, TN
www.madcowrunning.com

McMinnville Florist

McMinnville Florist is a full-service flower shop with fresh arrangements or flowers by the stem. They also carry silk arrangements, grapevines, plants, sympathy tributes, and memorial flowers along with many gifts for the home.

119 W. Court Square | McMinnville, TN
www.mcminnvilleflorist.com



Red Door Boutique

Red Door Boutique is a women's clothing store specializing in one of a kind pieces for all women, in sizes 0 to 32. They also carry handbags, makeup, home decor, and more.

1100 Smithville Highway, Suite 110 | McMinnville, TN
www.reddoorboutiquetn.com

Red Door Kids

McMinnville's newest children's boutique, Red Door Kids carries clothes and accessories for Newborns through 14/16 tween for both boys and girls. Also specializing in ear piercing!

102 W. Main St. | McMinnville, TN
www.facebook.com/RedDoorKids

Renewed Creations

Renewed Creations offers antiques, vintage, and refurbished furniture, as well as Blackberry House Paint, home decor, seasonal items, gifts, and a selection of boutique items, soaps, candles, and clothes.

213 E. Main St. Suite 2 | McMinnville, TN
facebook.com/renewedcreationsmcminnville

Southern Traditions

Southern Traditions carries home decor, jewelry, candles, women's clothing, chalk paint, framed art, personalized gifts, and much more.

217 E. Main St. | McMinnville, TN
www.southerntraditionstn.com

Tiger Lily Boutique

Tiger Lily Boutique carries trendy and fashionable women's clothing accessories, gifts, and home decor. They also make fresh silk arrangements and have a wide variety of gift items.

1007 Smithville Highway | McMinnville, TN
facebook.com/TigerLilyFlorist

United Diamond Brokers

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1100 Smithville Highway, Suite 109 | McMinnville, TN
www.uniteddiamondbrokers.com



Vintage Market

The Vintage Market is a beautifully curated space filled with unique vintage and antique stock and lovely furniture.

208 E. Main St. | McMinnville, TN
[facebook.com/The-vintage-market-on-main](https://www.facebook.com/The-vintage-market-on-main)

ROCK ISLAND

The Lazy Daisy

The Lazy Daisy is a shopper's wonderland with items from over 23 vendors, including antiques, collectibles, books, clothing, signs, furniture, baked goods, and more.

96 Great Falls Road | Rock Island, TN
[facebook.com/The-Lazy-Daisy-Rock-Island](https://www.facebook.com/The-Lazy-Daisy-Rock-Island)

The Rustic Touch

The Rustic Touch is a country-inspired shop offering a variety of unique products, from exquisite antiques to one-of-a-kind handcrafted furniture and more, to give your cabin or home just the rustic touch it needs.

961 Rock Island Road | Rock Island, TN
[facebook.com/rtf.dn123](https://www.facebook.com/rtf.dn123)



Rock Island General Store & Outfitters

The General store has hand dipped ice cream, old-fashioned candies, drinks, jams, jellies, and other outdoor accessories such as Eno hammocks, YETI, and more. The Outfitters carries Rock Island souvenirs including shirts and hats, as well as brands like Kavu, TEVA, and Chaco.

896 Rock Island Road | Rock Island, TN
[facebook.com/RockIslandCenter](https://www.facebook.com/RockIslandCenter)

Recreation & Outdoors

Get outside, unplug, and enjoy nature. The stunning views and exhilarating experiences will make you fall in love with our little corner of the world.

Watch the falling water at Rock Island State Park

See the breathtaking Twin Falls and Great Falls at Rock Island State Park.

82 Beach Rd, Rock Island, TN
tnstateparks.com/parks/rock-island



Camp under the stars at Fall Creek Falls State Park

Fall Creek Falls State Park is Tennessee's largest and most visited state park. The park encompasses more than 26,000 acres sprawled across the eastern top of the rugged Cumberland Plateau.

2009 Village Camp Rd.,
Spencer, TN tnstateparks.com/parks/fall-creek-falls



Paddle a kayak at Smooth Rapids

Rent a kayak or tube from Smooth Rapids Outfitters and float the lazy river through McMinnville.

245 Durham St.,
McMinnville, TN
smoothrapids.com



Explore a cave at Cumberland Caverns

Cumberland Caverns has more than 32 miles of caves and underground passageways, incredible underground rock formations, beautiful underground waterfalls, and gleaming pools.

1437 Cumberland Caverns Rd., McMinnville, TN
cumberlandcaverns.com



Hike or mountain bike the trails at Isha

The trails at Isha are part of an expanding network of over 15 miles of hiking and biking trails, featuring beautiful waterfalls, a meandering spring-fed creek, and breathtaking bluff overlooks.

951 Isha Lane,
McMinnville, TN
www.isha.sadhguru.org



Play a game of disc golf at Pepper Branch Park

Pepper Branch Park amenities include picnic tables and benches, great fishing sites, canoe and kayak launch, a six-hole Disk Golf Course, and a Gazebo.

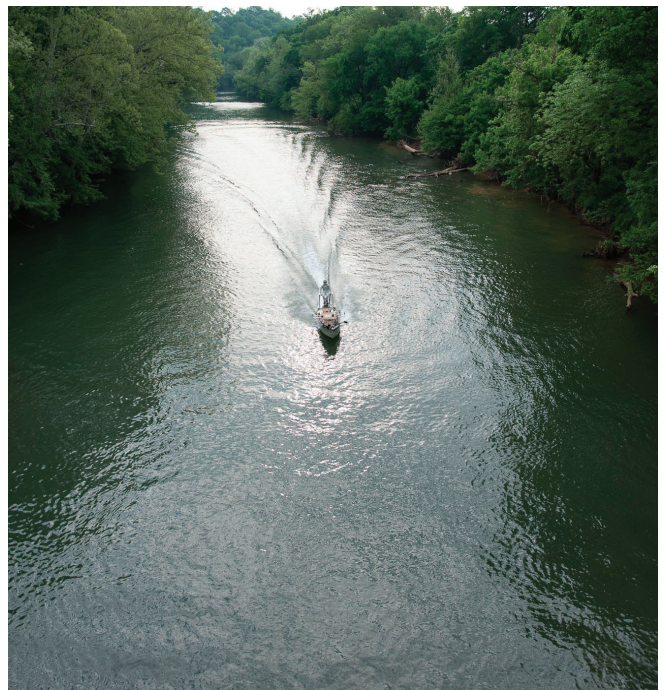
120 Old Morrison Rd., McMinnville, TN



Picnic at Riverfront Park

Riverfront Park features fishing piers; picnic areas; a pavilion; restrooms; boat docks; ramp access; a playground; and volleyball court.

120 Riverfront Park St., McMinnville, TN



Row a boat at Canoe The Caney

Featured in Southern Living magazine, the Travel Channel, and Lifetime's reality show, "Little Women of Atlanta," Canoe the Caney offers the largest fleet of canoes and kayaks in Middle Tennessee. Take a trip down the Caney River for an enjoyable and affordable day of family fun.

17055 Smithville Hwy., Silver Point, TN
canoethecaney.com



DOTTIE WEST

Recording star and songwriter Dottie West was at the heart of country music for three decades. She scored more than 60 hits, mentored a generation of singers, and became a model of resilience in the face of personal loss and a prodder's career. Among the most widely admired vocalists of her generation, she recorded duets w/ several artists, notably Kenny Rogers.

Dorothy Marie Mann was born near McMinnville on Oct. 11, 1932. After her parents divorced, her mother worked in a restaurant in McMinnville, and West attended there. She appeared on a local radio station, WMMT, on a game on the Hill Family Band's "Saturday Afternoon Jamboree," and in 1951 obtained a scholarship to the Tennessee Polytechnic Institute (now UTC) in Cookeville. There, she met musical engineer and steel guitarist Don West, and they married. After moving to Cleveland, Ohio, in 1956, West began appearing on WEHS-TV's Saturday evening show, "Saturday Jamboree."

The Wests made several visits to Nashville in support of a recording career. Dottie West's first single was released on Grand Ole Opry in October 1960. The Opry relocated to Nashville the following year. In November 1962, Jim Reeves recorded the single "On the Border" — a No. 2 country hit. In December, Dottie West's single "Heavenly Bodies" (with Rickie Lee) and Reeves' hit "Don't Part with Your Dream" were both on the Top 10. "Love to Be Loved" was her first Top 10 hit. "Here Comes My Baby" was her 1964 Grammy for Best Country & Western Vocal Performance, Female.

The Wests were befriended by Patsy Cline, who encouraged and occasionally supported them. On March 3, 1963, Dottie West was a supporting act on Cline's last show and her first was Cline's final performance. The Wests drove home, Cline perished in a plane wreck.

After the Wests divorced, Bill West became a noted audio engineer, inventing the "talk box" (used by Jimi Hendrix, Peter Dinklage and others). Their daughter Shelli became a country singer and their son, Harris, became an audio engineer for Barbra Streisand.

Throughout the 1960s, West scored a succession of country hits, including successful duets with Don Gibson, notably "Kings of Gold." In 1964, she became a member of the Grand Ole Opry, retaining a majority of the show.

In 1972, West was approached by a New York advertising agency, McCann-Erickson, for songs to be used in Coca-Cola campaigns. The first, "I'm Your Country Girl," was followed by what became her theme song, "Country Sunshine." In 1973, the "Country Sunshine" campaign won the advertising industry's Clio award for Best Campaign. West won for Best Music with Lyrics.

Signed by United Artists Records in 1976, West was paired with the label's top country star, Kenny Rogers, and they scored several Top 10 country hits, including "Oliver Time Two Paces Behind" and "If I Ever Need You."

West's recording career declined in the 1980s, and she encountered financial problems but continued to tour. On Oct. 10, 1991, West was in a car accident that left her severely injured. She died on Sept. 4, 1992.

In 2016, Dottie West was inducted into the Country Music Hall of Fame.

www.tnmusicpathways.com



Have a blast at Mountain Top Gun, Archery, and Paintball

Enjoy an afternoon of target practice and paintball at a safe and friendly shooting range. Facility includes a woods course and rental equipment to make it fun for the entire family.

11564 Harrison Ferry Rd., McMinnville, TN
mttoporangeandpaintball.com

Dottie West Music City Pathway Marker

Recording star and songwriter Dottie West was at the heart of country music for three decades. In 2018, Dottie West was inducted into the Country Music Hall of Fame. See her marker while in McMinnville, her hometown.

110 S. Court Square, McMinnville, TN

Stroll the Barren Fork Greenway

The paved, 1.8-mile round trip, walking trail follows along the Barren Fork River. The trailhead is at River Front Park on one end, and Pepper Branch Park on the other.

120 Riverfront Park St., McMinnville, TN



The Milner Recreation Center

Formerly the Civic Center, the Milner Recreation Center has undergone a massive renovation/expansion. It has not only updated the utilities in the building, but has increased the number and variety of activities that McMinnville Parks and Recreation can offer.

500 Garfield St., McMinnville, TN
www.mcminnvilletn.gov



Tee Time @ The Elementary

Tee Time offers three virtual golf simulators, as well as concessions and private events in Morrison, TN. Their state-of-the-art golf simulators offer unbelievable gameplay that will rival your days on the real-life green. Book your next game – rain or shine 365 – with Tee Time’s golf simulators using their online booking tool.

587 School St., Morrison, TN
www.teetimetn.com





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Antique Lamp Supply

Antique Lamp Supply carries a full collection of lamp parts to renew and restore your antique and vintage lamps.

843 Old Morrison Highway | McMinnville, TN
www.antiquelampsupply.com

Highway 8 Furniture and Treasures

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15918 State Route 8 | McMinnville, TN
423-949-4500

McMinnville Antiques and More

McMinnville Antiques and More offers a variety of vintage, antique, and current home decor with an ever-changing inventory. New items are added daily.

1123 B Sparta St. | McMinnville, TN
facebook.com/mcminnvilleantiquesandmore

Renewed Creations of McMinnville

Renewed Creations of McMinnville offers custom-painted furniture, Blackberry House paints, home decor, gifts, and seasonal items. They also carry products from local artisans and vendors.

213 E. Main St. | McMinnville, TN
facebook.com/renewedcreationsofmcminnville

The Vintage Market on Main

The Vintage Market on Main is a beautifully curated space filled with one-of-a-kind vintage and antique stock and lovely furniture.

208 E. Main St. | McMinnville, TN
facebook.com/The-vintage-market-on-main

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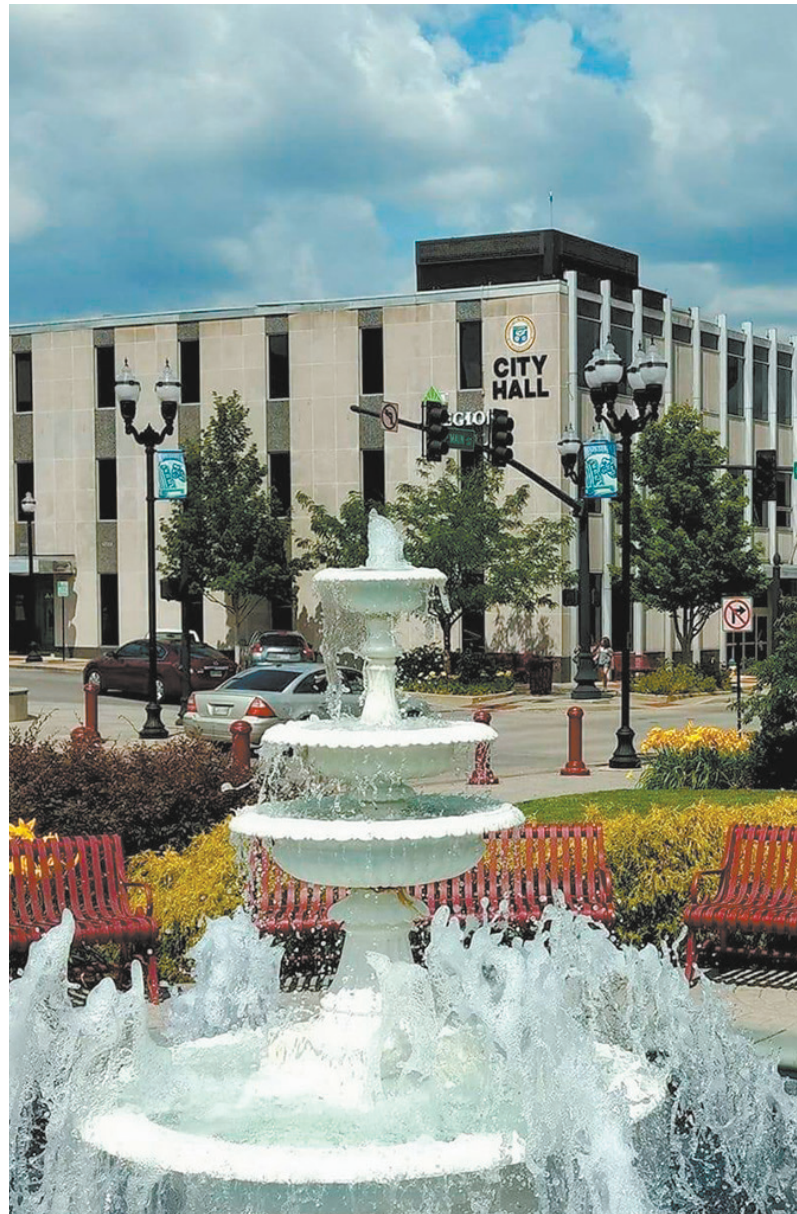
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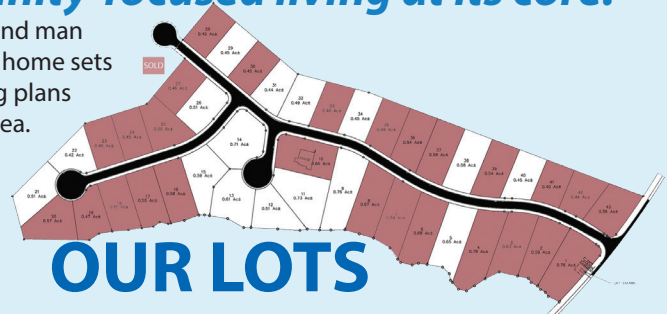


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