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September 22 - 28, 2022  
Volume 38



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- MOMMY MAKEOVERS

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- CHEEK DIMPLE CREATION



We are proud to announce that at the end of October Bronx Plastic Surgery along with Dermatology and Allergy are moving to our new location in Throgs Neck Shopping Center

## NEW LOCATION

**Throgs Neck Shopping Center**  
**815 Hutchinson River Parkway**  
**Bronx NY 10465**

Phone: 718 213-4782

[www.bronxplasticsurgery.com](http://www.bronxplasticsurgery.com)

[drgoldstein@bronxplasticsurgery.com](mailto:drgoldstein@bronxplasticsurgery.com)

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# GRAND OPENING

# LAUNDRY *Town*

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# 718-684-1998



## OUR WEEKLY SPECIALS!

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**\$1.50 WASH**

WEDNESDAY  
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<p>ASSORTED VARIETIES <b>HAWAIIAN PUNCH</b> 128 OZ. BTL. <b>2 FOR \$6</b></p>	<p>20-22 LOAD <b>TIDE SIMPLY DETERGENT</b> 31 OZ. BTL. <b>2 FOR \$6</b></p>	<p>ORANGEADE, LEMONADE, OR <b>TROPICANA PUNCH</b> 59 OZ. CNTR. <b>1.99</b></p>	<p>FLOWERS OR MORNING SUN <b>FABULOSO FABRIC SOFTENER</b> 15.2 OZ. BTL. ANTIBACTERIAL CITRUS, LEMON OR LAVENDER <b>FABULOSO LIQUID CLEANER</b> 16.9 OZ. BTL. <b>2 FOR \$3</b></p>
<p>ESSENTIALS HEALTHY KIDS, TROPICANA, GUARANTEED BLENDED <b>TROPICANA PURE PREMIUM ORANGE JUICE</b> 52 OZ. BTL. <b>3.99</b></p>	<p>(EXCLUDING WEIGHT CONTROL, HIGH FIBER, PROTEIN &amp; GLUTEN FREE VARIETIES) <b>QUAKER INSTANT OATMEAL</b> 7.4-15.1 OZ. BOX <b>4.99</b></p>	<p><b>HEINZ EASY SQUEEZE KETCHUP</b> 20 OZ. BTL. <b>2.99</b></p>	<p>EXTRA LIGHT, REGULAR, OR <b>FILIPPO BERIO EXTRA VIRGIN OLIVE OIL</b> 50.7 OZ. BTL. <b>14.99</b></p>
<p><b>Celeste PIZZA</b> FOR ONE 5-5.96 OZ. BOXES <b>3 FOR \$4</b></p>	<p><b>BUMBLE BEE SOLID WHITE TUNA</b> 5 OZ. CANS <b>2 FOR \$4</b></p>	<p>*PLUS DEPOSIT: CLUB SODA, TONIC WATER, OR <b>VINTAGE SELTZER</b> 1 LTR. BTL. <b>4 FOR \$3</b></p>	<p>1% MILK CHOCOLATE, TAPIOCA, OR RICE <b>KOZY SHACK PUDDING</b> 6 PK. 4 OZ. CLIPS <b>4.99</b></p>
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IN-PERSON  
OPEN HOUSE

Sun, Oct 30, 2022  
11:00 AM - 2:00 PM

IN-PERSON INFORMATION  
SESSION

Wed, Nov 2, 2022  
6:30 PM - 8:00 PM

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**718-824-6161**

Saint Joseph's Medical Practice, PC is pleased to announce this update about our multi-specialty medical practice at **1620 Crosby Avenue:**



**Internal Medicine: Dr. Ana Romeo** is a compassionate physician and her goal is to provide the best medical care for our community! Dr. Romeo is certified by the American Osteopathic Association and brings her superior clinical care and professionalism to our office and provides patient care related to all aspects of primary care and internal medicine, including diagnosing and treating:

- Arthritis
- Asthma
- Elevated cholesterol
- Cold-Flu
- Diabetes
- Thyroid conditions
- High Blood Pressure

Dr. Romeo also offers annual physicals, Medicare wellness exams, post-COVID care, flu shots, same day sick visit appointments and extended hours, to serve the entire family.



### **Cardiology – Be Heart Healthier**

**Richard Feldman, M.D., F.A.C.C.**, is a cardiologist who is Board Certified in Internal Medicine, Cardiovascular Diseases, and Nuclear Cardiology, and has strong experience diagnosing and treating heart disease, such as congenital heart defects, coronary artery disease, heart rhythm disorders and heart failure. Dr. Feldman's practice provides patient care related to all aspects of cardiovascular disease, hypertension, diabetes management, and health literacy. Dr. Feldman is currently Co-Chief of Cardiology at Saint Joseph's Medical Center, Yonkers, N.Y.

Call today to schedule your appointment.

**718-824-6161**

**1620 Crosby Ave | Bronx, NY**



**Saint Joseph's  
Medical Practice**

[saintjosephsmedicalpractice.com](http://saintjosephsmedicalpractice.com)



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Preston's premier academic program challenges and inspires students to reach their greatest potential. Our nurturing environment and advanced curriculum encourages every student to pursue her growth as woman and scholar.

## EXPLORE



Outside the classroom, Preston offers extracurricular programs and clubs for various interests, including science, world cultures, and the arts. Our competitive sports program fields JV and Varsity teams in five sports, intramural competition, and sports clubs.

## VISIT



Join us in-person at our **Open House** events this fall. Meet with faculty and students, and learn about the curriculum, activities, and sports programs that make Preston such a special place.

**Wed Sept 28 6:30pm | Sun Oct 23 11am -2pm**  
**Mon Oct 24 6-8pm**

How could Preston challenge and inspire you?

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centered, values-based community

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**COMPUTER REPAIR UPGRADE AND TROUBLESHOOTING. CALL JAMES 646-281-4475 or 718-324-4332**

Multi-family yard sale Sunday, September 25 11am-4pm. 3118 & 3120 Wissman Avenue. Clothing, costume jewelry, houseware items, toys and much more!

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OCT. 25TH | 5PM-8PM

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[admissions@cardinalspellman.org](mailto:admissions@cardinalspellman.org)

TACHS CODE 303



@SpellmanBX

Iglesia Santuario de Oracion. 592 Morris Park Avenue, BX, NY 10460. You're warmly invited to visit our Torah Club. A small group Bible Study Community discovering scripture from a Messianic Jewish perspective. Every Friday at 6:00pm

**Garage Sale 2879 Lafayette Ave. Bronx. Sept 24th & 25th, 10am to 3pm. Furniture, tools, kitchen appliances, clothes & many one dollar items**

Garage Sale 2918 Milton Place between East Tremont Ave and Hollywood Ave. Saturday 9/24 9:00-3:00pm. Something for everyone.

**Licensed Electrician housewiring, generators installed, Electric, heat, security + landscape lighting installed. Call 718-829-8844**

Pelham Bay renovated 1 bedroom, basement apartment, separate entrance, utilities included for rent. No Pets. Call 203-313-7045

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Huge Yard Sale Saturday Sept. 24th, 9:30-4pm, 1432 Crosby Ave. Something for everyone.

**Yard Sale Saturday, September 24th Country Club, 1468 Kennelworth Place 9-2pm**

Garage Sale	1826 Fowler Ave.
Saturday 9/24/22,	9am-4pm, Sunday
9/25/22	9am-2pm. No early birds.

1 Bedroom Parkchester for Sale \$180,000, rent for \$1,600. Broker Ely 917-577-5309

**Throggs Neck Beautiful 2 Fam. Brick, corner / by Trump Golf Link / Water Ferry, 3 Bdrms / 3 Bdrms / 1 Bedroom / Garage / Balcony / Backyard on Miles Ave asking \$997,500. Call Zafar Malik. 718-344-7300 Winzone Rlty**

Garage Sale: 1268 Edison Avenue Saturday Sept. 24 10:00am - 4:00pm. Huge Art sale, Coach bags, Winter clothing

Local Law Office located off Eastchester Road seeks Legal Assistant. Part Time Hours: Flexible. Basic typing skills. Knowledge of Microsoft Word. Email Resume to: edkoester@optonline.net. Office no: 718-671-8700

Multi-family Yard Sale	1285 Edison Ave,
10461.	9/24/22 from 9-3pm

**For Sale: Traditional home furnishing, some antiques. Call 347-301-4777**

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**THROGS NECK-**  
2 FAMILY, DETACHED 6 ROOMS OVER  
6 ROOMS, FINISHED BASEMENT, GARAGE  
GREAT INCOME POTENTIAL !  
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**PELHAM BAY - CO-OP**  
3 ROOMS, NEW FLOORS,  
MOVE IN CONDITION, CLOSE TO ALL  
\$159,000  
**CALL CLARA 917-299-3301**



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2 FAMILY DETACHED FRAME, NEW KITCHENS,  
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**PELHAM BAY - 2863 E. 194<sup>TH</sup> ST.**  
3 FAMILY DETACHED, 8 BEDS, 4 BATHS,  
DETACHED 4 CAR GARAGE, FINISHED  
BASEMENT 50 X 100 LOT, CLOSE TO ALL.  
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**OPEN HOUSE**

**SATURDAY 10/1 FROM 12-2PM**

**832 THROGGS NECK EXPRESSWAY**

2 FAMILY SEMI- ATTACHED BRICK, 3 BR DUPLEX OVER 1 BR APT  
FINISHED BASEMENT W/ KITCHEN, SEPARATE ENTRANCE DRIVEWAY FITS  
4 CARS, HARDWOOD FLOORS, FRONT PORCH LANDSCAPED BACKYARD

**CALL JOAN 917-860-1951**

**EXCLUSIVE PELHAM PRKWY SO.**



2 BEDROOM  
CO-OP  
1 BATH EXCELLENT  
LOCATION  
**CALL ANNIE  
917-744-3375**

**EXCLUSIVE PELHAM PARKWAY**



1 FAMILY ATTACHED,  
3 BR DUPLEX FULLY  
FINISHED BSMNT  
SEPARATE LAUNDRY ROOM,  
GARAGE HARDWOOD  
FLOORS THROUGHOUT  
3 WALL A/CS  
**CALL VICKIE  
646-739-1360**

**EXCLUSIVE PELHAM BAY**



2 FAMILY BRICK SEMI  
ATTACHED HOUSE FOR SALE  
W/ 2 CAR GARAGE 3 BEDS  
OVER 2 BEDROOMS + FAMILY  
ROOM IN BASEMENT  
**CALL ANNIE  
917-744-3375**

**EXCLUSIVE PELHAM GARDENS**



2 FAMILY DETACHED  
HOUSE FOR SALE  
3 BEDROOMS, OVER  
2 BEDROOMS WITH  
SEPARATE ENTRANCES  
2 CAR GARAGE  
**CALL VICKIE  
646-739-1360**

**EXCLUSIVE PELHAM BAY**



2 FAMILY DETACHED  
HOUSE FOR SALE  
3.5 BEDROOMS OVER  
2 BEDROOMS  
+ FINISHED  
BASEMENT WITH  
2 BEDROOMS, 1 BATH  
**CALL ANNIE  
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**EXCLUSIVE PELHAM PARKWAY**



2 FAMILY DETACHED  
HOUSE FOR SALE  
3 BR DUPLEX OVER  
1 BR APARTMENT  
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THROUGHOUT  
2 WALL A/CS GARAGE  
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### OPEN HOUSE THURSDAY SEPT 22ND 5PM - 7PM

1929 TOMLINSON AVE. BRONX NY 10461  
2 FAMILY 3 BEDROOMS / 2 BEDROOMS PLUS BASEMENT - \$799,000

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THIS UNIQUE 1 BEDROOM CO-OP UNIT HAS AN OPEN CONCEPT- OWNER KNOCKED DOWN WALL IN BEDROOM. UNIT SHOWS AS A LARGE STUDIO 1 BEDROOM FLAT. CO-OP HAS BEAUTIFUL FLOWERS BLOOMING IN FRONT UNIT. LAYOUT FEATURES: KITCHEN, DINING AREA, LIVING ROOM WITH WATER-VIEW, BATHROOM & MURPHY'S PULL OUT BED. PLUS ATTIC FOR ADD'L STORAGE, NICE SIZE YARD FOR ENTERTAINING & BBQ'S. SELLING AS IS \$159,999 W/ SHARES

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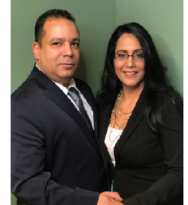


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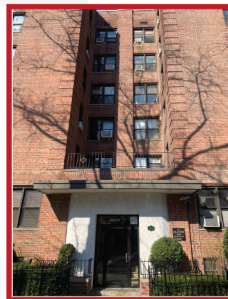
Establishing trust is better than any sales technique.

Mike Puglia  
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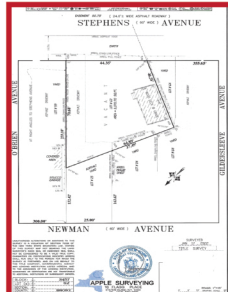
2090 Barnes Ave  
Unit 3C  
Beautiful well-kept  
2 br. Apartment  
**\$254,999**



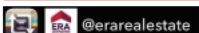
**Open House**  
Sunday, September 25th  
11am-12:30pm  
  
3555 Kings College Pl.  
Unit 2C  
**\$239,999**



Single Family  
4344 Boyd Ave  
Detached  
Meticulously Single  
Fam. 3br. 1 1/2bath  
**\$699,999**



Lot  
Stephens Ave  
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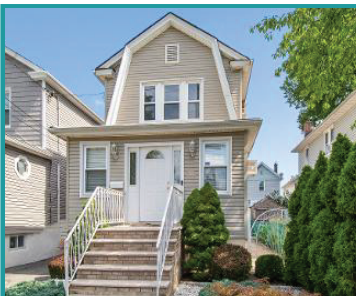
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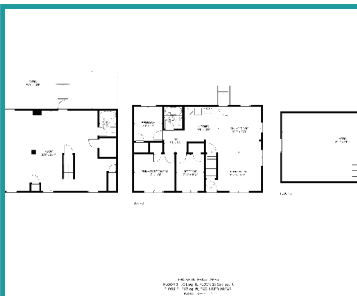
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Sun 9/25/22 1-3PM



**1429 Hollywood Ave, BX 10461**  
**Single Family**



**3228 Watt Ave, BX 10465**  
**OPEN HOUSE**  
Sat 9/24/22 1-3PM



**PENDING**

**181 Buttrick Ave, BX 10465**  
**Condo**



**1363 Merry Ave, BX 10461**  
**Multi Family**



**3140 Arnow Place, BX 10461**  
**Multi Family**



**PENDING**

**1631 Ohm Ave, BX 10465**  
**Multi Family**



**8 Magnolia Place, BX 10465**  
**Co-Op**



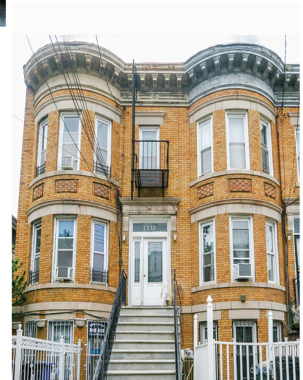
**SOLD**

**813 Calhoun Ave. BX 10465**  
**Mother/Daughter**



**SOLD**

**3321 Brunckner Blvd, BX 10461**  
**Co-Op Unit 6G**



**1532 Overing St, BX 10461**  
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<b>Crosby Pet</b> 1626 Crosby Ave.	<b>Key Food</b> 3151 Westchester Ave.	<b>S&amp;W Supermarket</b> 4028 E. Tremont Ave.
<b>Crosstown Diner</b> 2880 Bruckner Blvd.	<b>Key Food</b> 2722 E. Tremont Ave.	<b>Silver Beach Office</b> 1 Plaza Place
<b>Barino's Market</b> 3244 Ampere Ave.	<b>Pruzzo's Supermarket</b> 2937 Westchester Ave.	<b>Sweeney's Deli</b> 3136 Miles Avenue
<b>Giordano's "Big G"</b> 1554 Paulding Ave.	<b>Monte Grab&amp;Go</b> 1790 Eastchester Rd.	<b>TJ Lizzy's Deli</b> 3009 Harding Ave.

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# Bay Park



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**Bay Park Center provides high quality, skilled nursing care in a nurturing environment. Our long standing records of excellence and ongoing initiatives to expand and improve our facilities and services have earned us an outstanding reputation in the community. Today, we have grown to become one of the most comprehensive, full service facilities of our kind in the area.**

**Our admissions office will be more than happy to answer any questions and help you decide if Bay Park Center is right for you or your loved one. Please feel free to contact us at 718-239-6555 to have any questions answered or schedule a tour. You can also find us on our website at [www.bayparkcenterfornursing.com](http://www.bayparkcenterfornursing.com)**

## **Programs and Treatments offered at Bay Park:**

### **Special Services**

- IV Fluids
- IV Antibiotics
- Diabetes Management
- Hospice/Palliative Care
- Respite Care

### **Respiratory Treatments**

- Oxygen Therapy
- Tracheostomy Care
- Bi-Pap/C-PAP
- Suctioning

### **Skin/Ulcer Treatments**

- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

### **Special Programs**

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

### **Rehabilitation Services**

- Intensive PT, OT & ST 6 days a week
- Short Wave Diathermy
- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation

# COMMUNITY NEWS

ABOUT OUR NEIGHBORHOOD CALENDER OF EVENTS!

Do you have an event that is of interest to your neighborhood?  
Excluding Yard & Garage Sales. We will print your event **free** of charge

— ALL NON- PROFIT ORGAIZNATIONS WELCOME! —

**BRADY COURT COMMUNITY CENTER:** Flea Market on **Saturday, September 24th from 10:00 AM to 5:00 PM.** Come join us. It is an opportunity to learn more about our Center, to celebrate Community and support local chefs, bakers, artists and entrepreneurs. We will have delicious food, beverages and homemade baked goods. There will be jewelry, toys, art work, sports memorabilia, household goods, handcrafted & vintage items and much more. It will be a great opportunity to support local small businesses, have fun and find bargains and treasures! We look forward to welcoming you, sharing information and building community. Brady Court Community Center is having a Food Fest on **Friday, October 7th from 5:00 PM to 9:00 PM.** Come join us. It is an opportunity to learn more about our Center and to celebrate community and support local chefs, bakers, baristas and entrepreneurs. It will be a great opportunity to support local small businesses and enjoy delicious food, beverages and baked goods! We will have live performances by local performers. We look forward to welcoming you, sharing information and building community. We are located at 768 Brady Avenue (corner of Holland Avenue and

Antin Pl) for more information call 718 828 3443.  
**THE BRONX JEWISH CENTER** @Pelham Parkway newly located at 900 Pelham Parkway South, Bx NY 10462 will proudly be hosting High Holiday services at the beautiful Center on **Sunday September 25th starting at 7:00 pm** followed by a delicious hot 4 course holiday dinner. Then on **Monday and Tuesday Sept 26th & Sept. 27 starting at 9:30 am** there will be Rosh Hashanah services followed by a delicious hot lunch and evening services **starting at 7:00 pm** on both days. On Yom Kippur evening **Tuesday October 4th** Kol Nidre services will begin at **6:45 pm.** On Yom Kippur Day, **Wednesday October 5th services will start at 9:30 am** with Yiskor being recited at **11:00 am.** Yizkor, is a special memorial prayer for the departed. In this prayer, we implore G-d to remember the souls of our relatives and friends that have passed on. The Holiday will be ending at sunset on Oct.5th. No tickets needed. There will be an exciting children's program. Services will be in Hebrew and English. Please join us for a warm, inviting and friendly atmosphere. PLEASE RSVP to reserve your seat at [BronxJewishCenter.org](http://BronxJewishCenter.org) OR 718-812-1701 OR by email at [rabbi@bronxjewishcenter.org](mailto:rabbi@bronxjewishcenter.org).

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## **"Neighborhood Updates"**



**Matthew Cruz**

District Manager

Bronx Community Board #10

3165 East Tremont Avenue

Bronx, NY 10461

(718) 892-1161

Bx10@cb.nyc.gov

### **BRONX COMMUNITY BOARD #10 ULURP PUBLIC HEARING**

Bronx Community Board #10 must issue a vote on Uniform Land Use Review Procedure (ULURP) C210301MMX which is a request for the closure of a portion of Meyers Street. This is the second application from Throggs Neck Associates, LLC. As you know, Community Board #10 opposed and continues to oppose its rezoning application. The Public Hearing for Meyers Street will be at our office at 3165 East Tremont Avenue on Wednesday, September 28 at 7 P.M. Because space is severely limited, we are asking everyone to call and/or email your opinion to us. We can be reached at (718) 892-1161 or [bx10@cb.nyc.gov](mailto:bx10@cb.nyc.gov).

### **SHREDDING EVENT**

It is back by popular demand! Phipps Neighborhoods is holding a paper shredding event on Saturday, September 24 and Saturday, October 15 from 10 A.M. to 2 P.M. at 650 Hollywood Avenue which is the campus of Intermediate School 192 in Throggs Neck. Please take advantage of this community resource. It is open to all members of our community.

### **BRONX SAFE DISPOSAL EVENT**

The City of New York is hosting a "Safe Disposal Event" on Saturday, October 22nd from 10 A.M. to 4 P.M. at the Orchard Beach parking lot. You must register online. Please visit [on.nyc.gov/SAFE-BX](http://on.nyc.gov/SAFE-BX). You may dispose of automotive products, unwanted/expired medicines or cosmetics, household products as such paint, pesticides, and electronics. Take advantage of this terrific resource!

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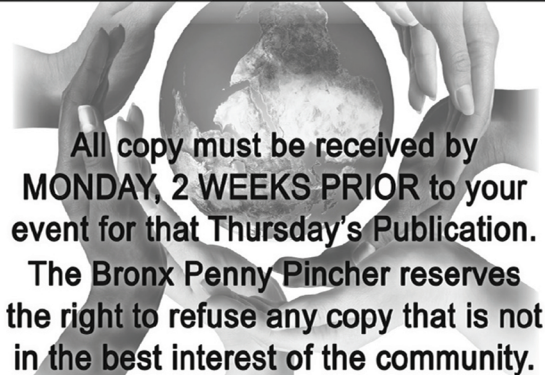
**Send Your Community Events to:  
Community News Editor**

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**Email: [BxPP@aol.com](mailto:BxPP@aol.com)**

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**All copy must be received by  
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## Honey-Garlic Slow Cooker Chicken Thighs

### INGREDIENTS

4 skinless, boneless chicken thighs

½ Cup soy sauce

½ Cup ketchup

⅓ Cup honey

3 cloves garlic, minced

1 teaspoon dried basil

### DIRECTIONS

#### Step 1

Lay chicken thighs into the bottom of a 4-quart slow cooker.

#### Step 2

Whisk soy sauce, ketchup, honey, garlic, and basil together in a bowl; pour over the chicken.

#### Step 3

Cook on Low for 6 hours.

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