

# Good News FAYETTEVILLE

NOVEMBER 2022

## THE FOOD ISSUE

Life's Short  
*Eat Dessert*



### ¡Disfruta de la dulce vida!

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## Vanderbilt Tullahoma-Harton Hospital

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**VOTE Dorothy Small - City Alderman**

**Dorothy Small announces her bid for re-election as City Alderman.**

She has served this community for many years and has been a part of numerous changes. A great part of her services to the community has been done as a Registered Nurse at Lincoln Medical Center for over 40 years. She has served as Alderman since 2006. She has also been a part of the City School Board, Planning Commission, Chamber of Commerce, and Public Works. Much forethought must be used in order to improve the quality of a person's living experience; processes not easy to do in these times of pandemic, higher prices, and work shortages. She brings with her bid the fact that she has attended the Elected Officials Academy twice: a forum presented by experts from MTAS, (Municipal Technical Advisory Service of UT), that lets you network with other officials from around the state and compare issues with solutions on how to go about handling the affairs of governing municipalities; and insights into departments of that government with an elected official's role in that process.

To be a part of improvements that affect the community as a whole is part of public service And she would like to keep that sense of purpose by continuing to offer her service to OUR community. Your vote is much appreciated.

**Early Voting begins Oct. 19, 2022.  
Regular Voting begins Nov. 8, 2022.**

*"Paid for by Dorothy Small for Alderman"*

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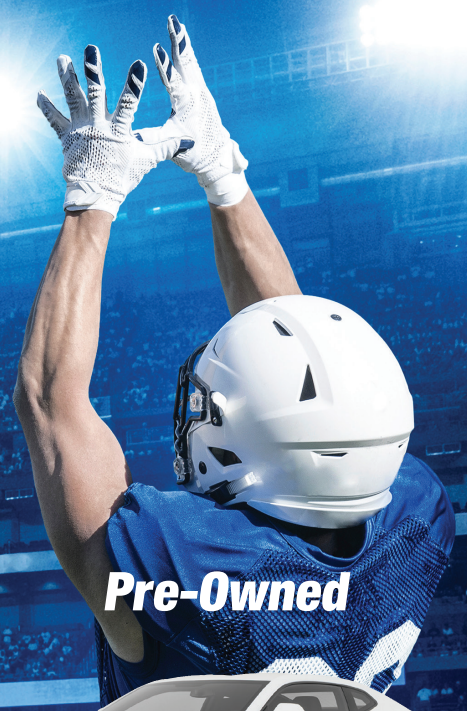
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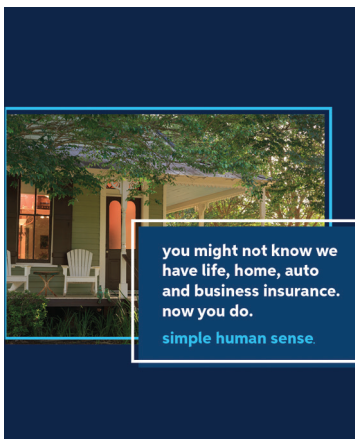
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LETTER FROM THE EDITOR

# Life's short; eat dessert.

The fall holidays bring food of connection, made with love.

**W**E DUST off the artificial pumpkin decorations and pull orange and purple wreaths from storage. We pull out rakes and sweaters as the weather drops like the leaves do. The weather feels therapeutic and makes you want to go for a walk on your lunch break instead of sitting in a car with the air conditioner on full blast. Along with the flannel and pumpkin spice latte, we bring out the dinner plates. And this time, it's the heavy hitters: turkey, gravy, stuffing, potatoes, veggies, and pie. You may even sit in the gentle breeze on the front porch with your favorite aunt and carve pumpkins together. We make memories that still pop up every time we taste pumpkin seeds and sweet potatoes.

Our taste is just one of our five senses, but it's oh so powerful. It can make your mouth water and your stomach growl. It can bring back cherished memories. Hands of love gently merge spices and ingredients together. It makes its way from the pot to paper as a recipe that lasts generation after generation, creating a new cook to take the throne as Nanny with a recipe no one can beat.

We took food from just something to give us energy and keep us alive to something that brings us together. It gives birth to much more than just a tasty dinner; it creates what we're all looking for: connection.

This issue of Good News is a special food edition. We're featuring cooks, generations of family, the connection between cook and customer, and hard-working business owners who give us delicious food options on every street in our towns...

Life's short. Eat dessert.



*Wesley Bryant*  
**Wesley Bryant,**  
MANAGING EDITOR

## From our readers



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Thank you for reading Good News!

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— Kay Bartley, Good News reader

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GOOD NEWS IS PUBLISHED BY Exchange Media Group, Inc.  
FOUNDER Bill Thomas (1940-2010)

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# GOOD NEWS

There is enough bad news out there. Good News is hearing about your neighbor's successes. It's listening to your five-year-old niece tell a story that seems to go on forever; she stumbles over her words, but it's worth listening to. Good News is everywhere. It's in our community; it's in our homes; it's in our future.

*GOOD NEWS STAYS ALIVE AS LONG AS WE SHARE IT.*

PHOTO BY BROOKE SNYDER







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Macey Johnson,  
Allie Kalentikowski

GOOD ART NEWS

## Home, Heart, and Hospitality

Community Art Wall serves as a daily reminder.

By Amanda E. West // Photos submitted by Jennie Roles-Walter

**H**OME, HEART, Hospitality — Doug and Heather Clausen, owners of the new Fayetteville Liquidation Center (FLC), believe they’ve found all three here among the meandering hills of Lincoln County. The Clausens, originally from Washington State, opened FLC in December 2021. “We were definitely looking for a slower-paced life and found it here in Fayetteville. We feel the move was a second chance to live happier and to appreciate the small things in life that we would miss if we lived in a big city. We enjoy how friendly the community is and the peace it brings to us.”

Shortly after opening FLC, the Clausens wanted to repay the gratitude they felt toward the community that accepted them as friends. They began working alongside

art teacher Jennie Roles-Walter and a group of Lincoln County High School (LCHS) students to create “The Community Art Wall” that would adorn their building. “I advised against painting directly on the wall, due to its texture, and suggested a community celebration wall that highlighted special things in Fayetteville and Lincoln County,” said Roles-Walter. She went on to say, “Printing student art on metal signage is a unique approach that I have not seen in any other community. They (the Clausens) loved the idea and were super excited to invest in something special for the community— their new home.”

Roles-Walter added, “Some of the designs used were adapted from original art into new painted works of art. A community vote was held and narrowed the art down





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Fayetteville, TN Est. 1809

Lead Artist: McKenzie Lipsie  
 Assisting Artists: Mae Watt, Sarah Jones, Maya Thompson

to the top four. Allowing our community to have a voice in this was important to everyone involved. Art, music, and culture are so important to community development, and the beautification of our town tells those who visit that we cherish and appreciate our home. This is a subtle invitation for others to join us, and I am in love with the fact that my students and I are a part of art education, art outreach, storytelling, beautification, encouragement, and the celebration of our 'home,' literally from one end of town to another."

The Community Art Wall, enhancing the exterior of their building, now serves as a daily reminder to the Clausens of the home, heart, and hospitality they looked for and have found. "We would just like to thank the community for making us feel at home and for supporting our new store," said the Clausens. "We would love for everyone to keep sharing that we are in town. Please follow us on Facebook and Instagram for more information and sales. We look forward to the next year in this wonderful community." GN

For more information go to:  
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Photo provided by Paul Henry

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GOOD COMMUNITY HISTORY

## Host of Christmas Past Cemetery Stroll

Stroll through history and get reacquainted with those who forged the paths we walk today.

By Amanda E. West // Photos submitted by Amelia Webb

**T**HE GHOST of Christmas Past from Charles Dickens' "A Christmas Carol" whisked Ebenezer Scrooge back through the ages of time where together they viewed reminders of his greatest triumphs and his most bitter tragedies. When faced with these stark reminders, Scrooge was compelled to learn from past mistakes and chose to live each day for the betterment of his fellow man.

Fayetteville's Host of Christmas Past Cemetery Stroll held November 12 at the First Presbyterian Church seeks to help each of us do the same. The First Presbyterian Church and Cemetery have countless stories to tell. The church website states, "the Union Army used the upstairs of the building for a hospital and the basement as a stable" during the Civil War.

"Lincoln County's history is the history of a variety of people," co-director Amelia Webb said. "Their stories must be told for us to understand who we were, are, and can be as a community. The Presbyterian Cemetery is a good place to tell these stories, because we have representation from all groups of people... there are at least three enslaved people buried there, and Bell's Route of the Trail of Tears went right down Mulberry Avenue in front of the church, representing the sad fate of the indigenous people who were stewards of this land before us."

Webb goes on to say, "The opportunity to bring the lives—the good, bad, and ugly—of all these people to life and apply an element of humanity to these individuals" is what excites her most about the annual cemetery stroll. "The farther removed you are from something



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*“Being able to tell these stories is a way to remember and honor people who would otherwise be lost to time.”*

Amelia Webb, co-director



PHOTO CREDIT MELISSA DAVIS

or someone in history, the less human they seem. Interactions like this help remind people that these folks were more like them than they think.”

Ezekiel Norris, often called the Father of Lincoln County, was reenacted by Steve Webber who passed away last year and will be greatly missed. “Watching him take on the persona of Ezekiel Norris was always magical,” recalls Webb. “He had a way with the crowd and was able to keep their attention, so they hung on every word and for those few minutes the real Ezekiel Norris was there talking to them. It’s definitely not going to be the same without him.”

Webb plays Mrs. Chilcoat, whose husband was murdered by Federal Troops during the Civil War over a pair of horses. During the stroll Webb brandishes a skillet, seeking revenge stating “someone looks an awful lot like one of the men who took my husband” helping to remind the crowd that the stroll is not meant to be ghoulish.

Like Ebenezer Scrooge, we can revisit the past and learn important lessons from those who walked the streets of Fayetteville long before we ever laced our first pair of shoes. GN



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GOOD HEALTH NEWS

## At a crossroads?

“The tracks of sorrow and joy run parallel.”

By Amanda E. West // Photos submitted by Crystal Paul Photography

**H**ELPING PREGNANT women has been woven into the fabric of Amanda Curtis’s life. During the 1980s, both her mother and her aunt served as pregnancy help counselors, and in the early 2000s her father co-founded a nonprofit in Nashville that provided ultrasound equipment to pregnancy care centers. “In 2014, my father passed away from cancer,” said Curtis. “Standing at the funeral home mourning his passing was a pivotal point for me. It was there that my father’s board chairman asked me to fill the void he’d left. This simple request would shape my future in a big way.”

“In 2017, I was climbing the ladder at Boeing and serving on the board of my father’s nonprofit when I felt a tug on my heart for Lincoln County. In 2018, I re-

signed from Boeing after a 15-year career and set about the task of building a nonprofit from the ground up.”

“As Rick Warren once said, ‘Kay (his wife) and I have come to the conclusion that life is not a series of mountain-tops and valleys, but rather a set of railroad tracks where sorrow and joy happen side by side.’ This describes my journey from the very beginning to now. I hold both sorrow and joy – the sorrow of losing two incredible parents who taught me the value of life, and the joy of carrying on their legacy. I held the sorrow of grieving my dad, while also holding the joy of being invited to join his nonprofit. Even now, there are days at Crossroads where we hold the sorrow of a rescue that slipped through our fingers, while also holding the joy of babies who almost didn’t make it. The tracks of sorrow



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and joy run parallel — which one we focus on is largely a decision we get to make.”

Curtis, along with an incredible board, staff, and team of dedicated volunteers has worked tirelessly to make the center a place where loving your neighbor is put into action every day in Lincoln County. “Our baby boutique is fully stocked by our community with everything a family needs: diapers, wipes, cribs, crib mattresses — it’s an amazing “store” where items are redeemed through a points-based system. Our core services are pregnancy tests and ultrasounds, but we also offer support through pregnancy decision coaching, parenting education, adoption connections, material support, pregnancy loss

support, post-abortion healing, abortion pill reversal, personal budgeting, sexual risk avoidance education, and simply a listening ear. We get in the pit with our clients and walk through those hard places with them. We do it all without judgment in a safe, loving environment, all completely cost-free regardless of one’s socioeconomic factors.”

“We don’t want to be the best-kept secret in Lincoln County,” says Curtis. “Follow and share our posts on Facebook, talk about us to your friends, schedule a walk-through, and encourage those in your circle to get to know us. Help us spread the word about what Crossroads has to offer.” GN

For more information go to  
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# GOOD LIVING

---

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*HERE'S TO A HAPPY LIFE.*

PHOTO BY BROOKE SNYDER

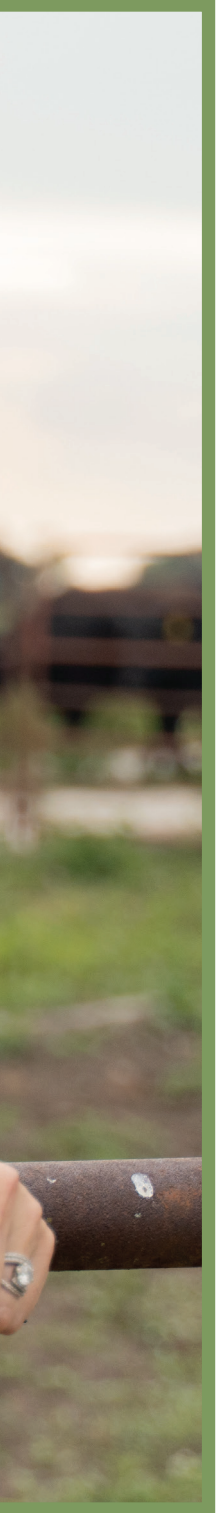






▲ Jennie Schutte-Patrick





# Life

## + Jennie Schutte-Patrick

---

# EDUCATION

This Experience Tennessee Ambassador is on a mission (or three).

By Tina Neeley // Photos by Brooke Snyder

**S**PEND 90 seconds with Jennie Schutte-Patrick, and you'll know you're about to get an education infused with passion and humor. It's everywhere she is, and you'll find this wife, mom, and chief of staff in many places.

First stop, home – Pilaroc Farms. Pile-o-rock Farms. There. You said it! That was, quite literally, their first farm, but you'll find their current location full of

much smoother, greener pastures. Here, you'll see firsthand the hard work that goes into designing the quality of life enjoyed by their beef, lamb, and pork livestock. What do you know about how and where your bacon lived?

“We had been selling beef, pork, and lamb for a number of years at farmers markets, restaurants, grocery stores, etc., and knew we had to make a move to grow and decide whether to start





“

*Things become more intentional with your kids; the time you spend with them. You become more intentional with what you put on your table, what you're putting in your mouth, where you purchase from in the community, and who that might help in the long run.*

—Jennie Schutte-Patrick

shipping or open a high-end butcher shop down in Madison or what exactly. We're both obsessed with animal agriculture. Beyond a handful of petting zoos in the area, no one taught about livestock. For this reason, we feel it's our responsibility and Pilaroc's mission to educate on where your food comes from," Schutte-Patrick said.

At Pilaroc, you can shop from local farmers selling farm-direct items such as eggs, goat cheese, ice cream, maple syrup, grits, bison, goat soaps, and even crickets! In the middle room, they butcher their own meats in their further-processing facility. In a further processing facility, livestock is taken to a United States Department of Agriculture-inspected butcher to "kill and chill." The carcass sides are brought back to their facility and broken down into steaks, their own flavors of sausage links, specific burgers, grinds, and more.

Schutte-Patrick hopes shoppers in the future will be able to eat their prosciutto,

salamis, and local cheeses on the store's patio while watching the livestock around them. Some always wonder how you can eat your animals and how not to get attached to them.

"We do get attached to them. We are very involved, as all meat-eaters should be. We feel for every animal that leaves this farm. You have to feel something, or you're in it for the wrong reasons. We thank the animal for what they're going to provide. And this is full circle; an animal lives and dies to sustain our lives. We're not flippant about that and are extremely respectful of the process. Any good livestock farmer wants to give that animal the perfect life out of respect for that animal. They have one bad day; we like to say two bad days if they're males," Schutte-Patrick said, trying to lighten the mood.

Those other farmers' products in their store? Schutte-Patrick passionately supports local farmers and agricultural

businesses that are working to connect customers and growers of products that are all local to Tennessee, Alabama, and the Southeast. These passions are promoted with a sense of humor on Instagram and Facebook that is bound to lighten your day while simultaneously causing you to consider the reach of your investment when you shop. This initiative has joined forces with Tennessee's South Central Tourism Association, where Schutte-Patrick is an Experience Tennessee Ambassador.

"I'm working with Experience Tennessee to develop a map of all the local agriculture resources and farms to let people know they can be driving by so many farmers that have the products they need. They don't have to go to Walmart or Publix to pick it up. That's really exciting from our business standpoint; working with Experience Tennessee to highlight all the farmers in the area. We want to support as many farmers as we can," she said.



As if educating the public on all things agriculture and livestock isn't enough, she's teaching something new. It's something she didn't sign up for, but she's learning as she goes - breast cancer.

"There's so much front and center [that] I want to get across. I didn't think I knew anything about breast cancer; now it's like I'm an expert. People are checking themselves, because I've asked, 'Have you done a self-check today?' I never thought I wanted to be a teacher, but I've kind of put myself in that position in everything I've ever done," she laughed.

A recent Instagram post is a page from her class notes:

"One month ago today, I was told I should stop [breastfeeding]. It's funny, when someone tells you to stop doing something, it changes your mental state. It's like how I've always said I never wanted boobs, and I'd be fine with a boy's haircut because both female attributes are zero fun. But to hear someone say you're going to lose your hair. And a boob. Or two. Or three. (Just kidding, seeing if you were paying attention), makes you want to punch something."

Schutte-Patrick said, "With cancer, I'm an open book. I'll talk about boobs all day long. I want to tell everybody about



it. I've been putting reminder checks on Instagram, encouraging women to do self-exams at home, or schedule their first mammogram. I'm trying to be slightly pushy and slightly annoying about it - just enough to get the need to do something, anything, across. And it's working. A woman messaged me that she checked herself the very same day I shared my diagnosis online, immediately made an appointment for the lump she found, and thankfully it was benign. Another follower moved up her mammogram appointment just to be safe. And similar stories are pouring in. Hearing those stories, I know I'm doing the right thing. I know I'm making a difference."

Asking Schutte-Patrick how she's handling reflection these days, "Things

become more intentional with your kids; the time you spend with them. You become more intentional with what you put on your table, what you're putting in your mouth, where you purchase from in the community, and who that might help in the long run."

Jennie Schutte-Patrick is an ambassador for life. **GN**

For more information on Pilaroc Farms or their Marketplace, sign up for their newsletter at [pilarocfarms.com](http://pilarocfarms.com) and follow them on Instagram and Facebook. To learn more about Experience TN, download the app, or visit them at [experienceTN.com](http://experienceTN.com).



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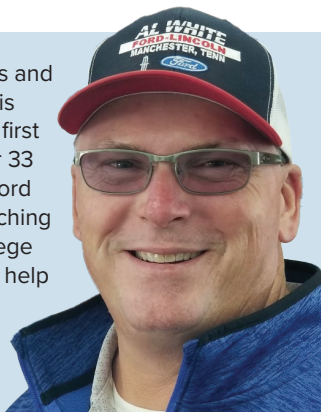
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My wife and I have been married for 32 years and have two children, Weston is 23 and Megan is 30 and we're the proud grandparents of our first granddaughter. I've been in the business for 33 years and the last 9 have been at Al White Ford Lincoln. When I'm not selling cars I love watching the Titans & College Football as well as College Basketball. Please give me a call and let me help you find your next car or truck.

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# The Dream

## TEACHER, LEADER, AND FATHER

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### Achieving a lifelong dream of becoming a teacher.

By Gabriel Grant Huff // Photos by Brooke Snyder

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**W**HEN HE retired at the age of 64, James D. Wheeler felt that he had missed out on something in life.

Wheeler, 86, was raised on a farm in Lincoln County cultivating cotton, watermelons, and other crops. After finishing high school, Wheeler served two years in the National Guard followed by four years of service in the Air Force. Once his military service ended, he worked at a shoe factory in Huntsville before going into civil service employment at Redstone Arsenal.

About three or four years later, Wheeler transferred to the NASA Marshall Space Flight Center where he worked as a property manager for much of his time there. Amidst the time after his years of service, Wheeler

obtained his master's at Alabama A&M University in Huntsville. Thirty-nine years at the space center passed before he retired, but he still had unfinished business.

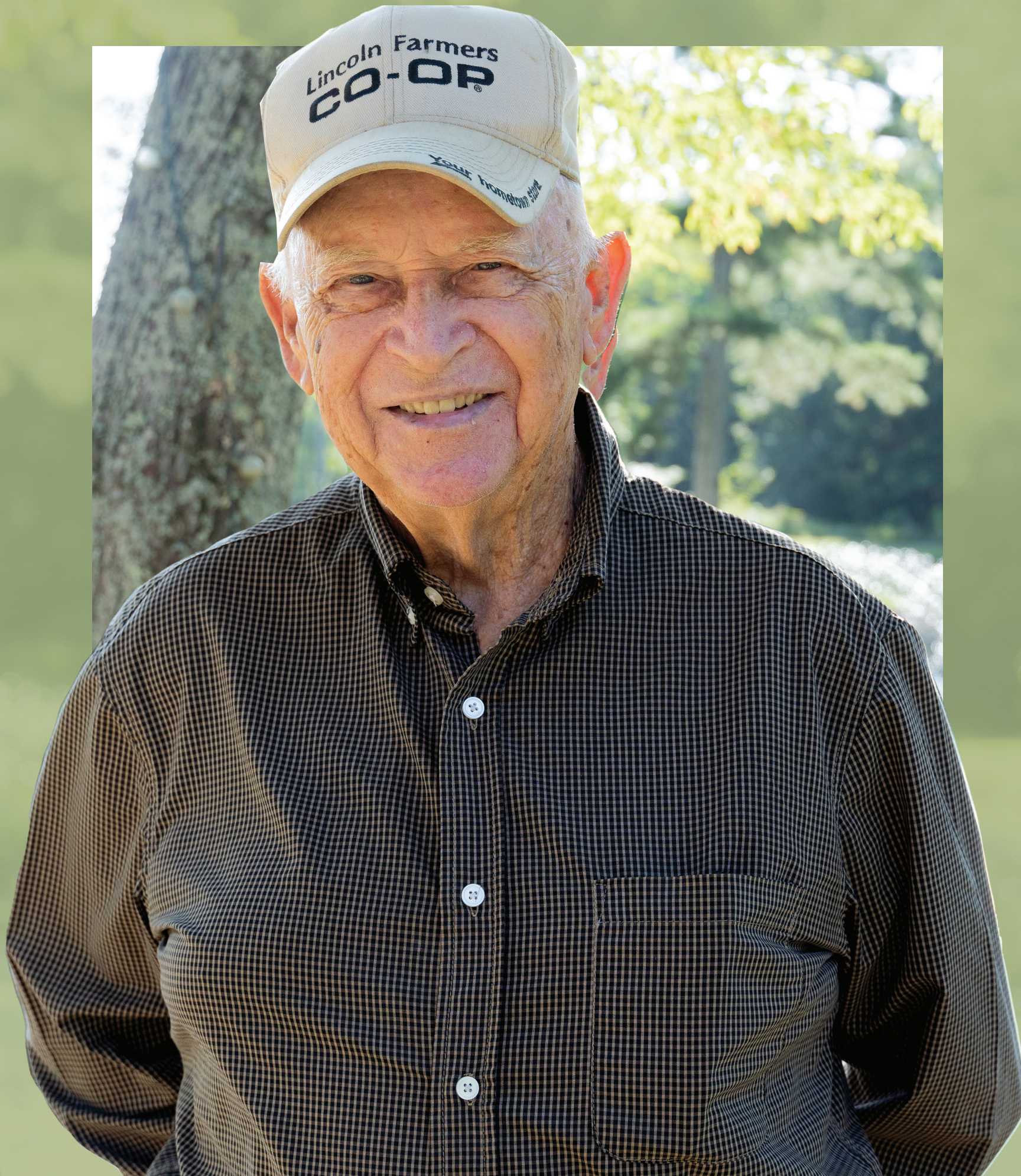
"What I had wanted to do or hoped to do, maybe, was to go into substitute teaching," Wheeler said. "That was my desire; to be a teacher."

He could have fulfilled his dream years prior, but he thought he was too old. He wished he had taken the advice given by his university counselor.

"I probably was close to 50 years old, and he said, 'that's just not too old to go into teaching,'" he recalled.

Although he did not initially heed the advice, Wheeler finally fulfilled his dream of becoming a substitute teacher a few years after his retirement.







“I went into it without any kind of bias of thought,” he recalled. “I just thought I’d just be myself. And that was with the kids, with the teachers, and everyone concerned. I try to speak with the kids when I meet them in the hallway. The students... I’ll call them by their names if I can remember them. But you can only remember so many.”

Wheeler taught at several schools in the area, including multiple elementary schools in Fayetteville and around 14 years at Lincoln County High School (LCHS). Back then, Wheeler had to be ready to teach any materials at any level. It all depended on who needed a sub. He loved delving into different subjects.

As in every area in life, everything wasn’t perfect.

“But I was fortunate,” the former substitute teacher said. “I didn’t have a lot of misbehaving kids. I had some really good kids. They called me Mister.”

And some of those good kids still remember Mr. Wheeler.

“Oh my heart,” said Shelby McClung, a former student of Wheeler. “He was my favorite sub. If we saw him walk through the door we knew it was going to be a good day... an extra special one. He would say, ‘Mr. Wheelers my name, subbings my game, and this ain’t my first rodeo.’ I’m pretty certain he makes an impression everywhere he goes.”

Students remembered Wheeler as a fun teacher to be around.

“It was always a good day when you walked into class, and Mr. Wheeler was the sub,” Tanner Sanders



James Wheeler with his wife Marge, daughter Angie Wheeler Hall, grandchildren Kelsea Evans, Kyle Hall, Kaytlin Carpenter, and great-grandchildren Ava-Kayt Carpenter, Wheeler Carpenter, and Emerson Evans.





Wiser, another former student, said. “I remember a day in fourth grade when Mr. Wheeler was the sub. It was a Thursday, and we had a spelling pre-test. If you made a 100 on the pre-test, you didn’t have to take the test on Friday. He decided he would help us out on just a few of them to get us started. And next thing ya know, we all made a 100. He was so funny and so fun in class. Love Mr. Wheeler.”

His colleagues also recognized that Wheeler was someone special.

“When I was teaching at LCHS, I always tried to get him when I needed a sub,” former LCHS teacher Angie Thompson Mullins said. “The kids always loved to have him because he liked to talk and interact with them.”

Wheeler knew he had made the right decision.

“The students made me feel really, really confident that I was doing the right thing in substitute teaching,” he said.

Wheeler will celebrate 63 years of marriage next April. He has one daughter, three grandchildren, and three great-grandchildren, with another one expected to arrive later.

In life, Wheeler always strives to be fair with everyone and to put himself in God’s hand. He relished substitute teaching for about 15 years before he retired again. He will never forget it.

“I miss it to this day,” the former substitute teacher said. “I’ve been out (for) four or five years. I still miss it; the interaction with the kids and the teachers. It was just a real, real, real good experience especially for me.” **GN**



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**ELECTION NEWS**

**FOR NOVEMBER 8<sup>th</sup>, 2022**

**Early voting for the November 8, 2022  
 Election begins October 19<sup>th</sup> and ends November 3<sup>rd</sup>**

**Hours:** Monday-Friday; 8:00 AM-5:00 PM  
 Saturday, October 22<sup>nd</sup> and 29<sup>th</sup>. 8:00 AM- 12:00 NOON

**Location:** Ralph Hastings Building at  
 208 Davidson Street East, Room 106 Fayetteville, TN

**Election Day precinct hours:** 9:00 AM-7:00PM.

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# The Fellowship of the table

Seated around a table, we share more than a meal; we share our lives.

*By Julia Eads*

**O**NE OF the most sacred places in the world is a seat at the table. A seat at the table means you belong. It means come as you are and don't worry about what you lack. Come, bring what you have even if it's just yourself.

A quaint mountain town, Buena Vista, Colorado is home to the nation's largest dining room. With a population of merely 2,900 people, the small community gathers yearly to share a meal on the main drag in town. At dawn on the day of the event, the streets are shut down and an army of local volunteers hustle around to set up rows of tables and chairs. By dinnertime, the tables are carefully set with white linen. They are festive and ready for an evening of breaking bread, laughing, drinking, and being merry. The town of 2,900 ends up serving dinner to closer to 5,000 people. Why? Be-

cause they understand the sacredness of sharing a meal. At their banquet table, all are invited, all are fed, and all are welcome. Everyone has a seat. The town practices hospitality that doesn't look past differences but embraces them. They welcome and prepare for not only themselves but for strangers and bystanders as well.

A community coming together and sharing life around food doesn't just exist in Colorado. It happens right here in Middle Tennessee too. Therefore, we invite you to sit down and rest amid your everyday workload. A well-crafted meal will be set before you momentarily. Let the salivating smell of pot roast float up toward your nostrils bringing a smile to your face and eliciting a growl from your stomach. Did you know you were thought of and considered as this meal was prepared for you? Utmost care and

intention went into every detail. So give thanks and eat up; let this food bring the much-needed refreshment to your body.

After you've had your fill, don't hurry off. Relax and recharge. Maybe even eat dessert. A table is where all of life's demands and toils can and should be set aside for a moment. Sitting around the table is not just a place to fuel your body but also a place to connect and engage. Recline, bump elbows with your neighbor, and be vulnerable and free. Put down your phone. Tell a joke. Ask a question. You might find that connection is just the nourishment your soul needs.

In time, you will find that sitting around a table is not just about sharing a meal, but sharing life. We present to you: people hard at work in your community who make this fellowship of the table possible. Cheers! **GN**





# Disfruta de la *Dulce Vida*

(translation: enjoy the sweet life)

A sweet dream come true for a local business owner.

By Kali Bates // Photography by Brooke Synder

**T**HE LATE Colin Powell once stated that achieving one's dream wasn't for the weary.

"A dream doesn't become reality through magic; it takes sweat, determination, and hard work."

Owning a taco stand was Jorge Morales' dream. For years, he had worked diligently and unwaveringly in his quest to make his dream come true. However, his dream would take a turn of sorts, and instead of owning a taco stand he would become the proud owner of an ice cream shop, something that would come to hold great meaning for Morales.

While grateful to finally achieve his dream, his journey was not an easy one. It was filled with the "sweat, determination, and hard work" that Powell spoke of. According to the United States Small Business Agency (SBA), there are 32.5 million small businesses in the U.S., which account for 99.9% of all U.S. businesses. Also according to the SBA, for every small business that opens its door 20% will fail in their first year.

However steep the odds, Morales has beaten the statistics and has now been open a full calendar year and is going strong with his shop, Neveria y Delicias San Jose.

"It's been good," he said. "I feel like it's been a success. According to the time that I started, in the pandemic, it was a hard time for people to open a business. I didn't think about it. I just wanted to have a business."

Located just off the busy and business-bustling Huntsville Highway in Fayetteville, Morales' quaint ice cream shop welcomes customers with bright and cheerful colors, along with Morales and his friendly staff.







▲ Jorge Morales







“We always try to be friendly and keep things clean. We want people to feel welcome as soon as they walk in the door,” he said.

The shop serves gourmet popsicles, ice cream, Mexican snacks, and aguas frescas. Different from what we know as ice cream, Mexican ice cream is closer to gelato, as it has less fat and air than what is considered “American style,” according to the website [tastecooking.com](http://tastecooking.com). Mexican ice cream also focuses on the flavoring agents like chocolate, cinnamon, and fruit, and less emphasis on mix-ins like candies and cookies.

Learning to make the gourmet products that the shop offers has also been a learning process for Morales.

“I found someone that could come and help teach me how to make the ice cream and show me the products that I needed to get for the business,” he said.

Morales added that before he officially opened, he would take the popsicles that he had made and share them with customers that were coming and going through his neighboring shops. He wanted to both get them excited about the shop and have their opinion on what they thought about the product.

“People really liked it, and it made me feel good. I thought this was going to work,” he said.

While the learning process has been challenging at times, taking time out to learn how to make each of the delicious products that he offers allows him to have even more pride for his growing business.

Although his dream may have turned out differently than he had envisioned, Morales said he feels that this is exactly where he needs to be. He enjoys his regular customers who stop by and welcomes new visitors to come and try something new.

“At the end of the day, when we are closing, I look around, and I know that we are doing something right,” said Morales. **GN**





# Chicken Wings

& other things

Beano's offers a variety of options that will satisfy any appetite.

*By Gabriel Grant Huff // Photography by Brooke Snyder*

**W**HEN ENTERING a particular local restaurant located at 2715 Huntsville Highway Suite C in Fayetteville, the first thing you will notice is the friendly servers taking your order, happy that you are there. You will then experience a period of waiting, but not the kind of waiting that indicates slow employees or a restaurant short of staff. This interlude marks the makings of fresh, homemade food being cooked to order. When your meal is soon set on your table and a tantalizing aroma hits your senses, you may instantly take a peek at your wallet or purse, if you paid with cash, to ensure you have more, knowing already that you're going for seconds. And if you're with a date, you may have to remind yourself not to lick your fingers.

This, and more, describes a wonderful experience at Beano's Kitchen, a Southern and traditional food restaurant, where The Elk Valley Times' 2021 voted best wings are made. Wing flavors include buffalo, lemon pepper, garlic parmesan, Beano's barbecue, honey hot, spicy garlic, and Caribbean jerk. Not into chicken wings? No worries. Beano's has plenty of other options that will satisfy anyone's appetite. With giant cheeseburgers, melty Philly cheesesteaks, chicken finger baskets, super loaded potatoes, and more, the options are endless.







▲ Latissa and Todd Bean

Open Tuesday-Friday from 11 a.m. to 7 p.m., Beano's Kitchen is ready to give its customers the best experience possible. The restaurant is also open on Saturday from 11 a.m. to 3 p.m., which may vary depending on its catering schedule.

"Super cute," one customer said online. "The food was amazing, and the staff were so sweet. It really makes me feel like I'm a part of family supper."

"One of the best restaurants I ever visited," another customer said. "Highly recommend this place. Great food and friendly staff."

"Best place to eat in Fayetteville, hands down," a third reviewer complimented.

The mastermind behind this Google five-star reviewed restaurant is Todd Bean, co-owner of the black-owned business, along with his wife Latissa who helps oversee the business's finances, servers, and upfront operations.

It all started in Todd Bean's own kitchen. He has always been a great cook, but he only started selling his food for profit after his career at Goodman Manufacturing came to an end when its Fayette-







ville location closed down a few years ago. The closure led to many layoffs. Not knowing what else to do, the former Goodman Manufacturing employee turned to food.

“I was cooking out of my own kitchen,” Bean recalled. “And I was making plates for people in the community and making plates for normal people just here and there, 10 or 15 plates. As I started to do that, I started taking pictures of the plates.”

People in the community began noticing the promotion of his work on social media.

“And then it just grew to where I was doing so many plates, it started to classify as a commercial kitchen.”

So Bean began searching for a location to run his restaurant. He eventually found one and opened up in March 2020, during the COVID-19 pandemic.

“But by the grace of God, we pressed through,” Bean said. “We created other services, as far as delivery and pickup, so we could continue to feed our customers. It has grown, and it's been doing well up until this day. This year, we've been looking for a second location and a bigger establishment.”

Customers continue to praise his work.

“I've been following Todd Bean since a friend told me about him selling plates on Facebook like 7 years ago,” someone said on another online review. “Finally got the chance to try the food, and it was amazing. I got the Philly cheesesteak and some fried pickles. The cheesesteak was full of flavor, and the fried pickles were breaded





perfectly, with a nice crisp, which was a nice change from the soggy ones that other restaurants in town try to pass off.”

The Beano’s Kitchen owner ensures everyone receives quality food and service.

“I’m not the type to take shortcuts,” Bean said. “I’m not the type to rush anybody’s food out the window just to make a sale. I want me, as well as my guys in the kitchen and as well as my servers, to be nice to people because I feel like the more you put into it, the more you get back.”

Bean is happy the restaurant placed him in a position to bless others.

“I always stand by the motto that if God blesses you, then you need to be able to be a blessing to others.” **GN**







From a mobile truck to

# Brick & Mortar

Sheila Archer aims to sweeten people's lives with her Java Road Espresso Bar & Cafe.

*By Gabriel Grant Huff // Photography by Brooke Snyder*

**2** 04 COLLEGE Street East, in Fayetteville, is a place where a special woman can make your favorite espresso drink any way you like it. Her name is Sheila Archer, and she can produce drinks fast.

Java Road Espresso Bar & Cafe is the place to taste your favorite coffee beverages. With a variety of mochas, cappuccinos, lattes, the options are endless. Specials include the Zebra, an exquisite blend of espresso and steamed milk that mixes white and dark chocolate sauce. Customers can be dazzled by Mike's Razzle Dazzle, an espresso mixed with creamy white chocolate sauce and raspberry syrup.

And no one can forget the most requested drink in the cafe: the Witches Brew, an espresso blended with caramel syrup, vanilla, and chocolate sauce for "wicked good flavor." This, or any drink, can be topped with Java Road's house-made whipped cream. Smoothies and teas are options as well.

Breakfast sandwiches or bowls are on the menu, offering eggs, meat, and cheese. For lunch, Java Road serves sandwiches with a customer's choice of meat, cheese, and other toppings. The restaurant's most popular salad is called the Envy. Made with an organic spring mix, the Envy comes with turkey, ham, bacon, tomatoes, cucumbers, sunflower seeds, cranberries, almonds, and feta cheese. The salad is accompanied by Java Road's own cranberry vinaigrette. Pastries are served as well.



“Wandered into this place,” one customer said on an online Google review. “It was such a nice surprise. The decor is cozy and warm. Clean and inviting. The counter attendant was pleasant and helpful. I enjoyed the drink that I ordered. I highly recommend this place for breakfast or a coffee. You’ll be glad you went.”

“Staff was super nice,” another customer said online. “Espresso was amazing. I ordered a chicken salad sandwich, and it was the best I’ve ever had. They even have Italian sodas for my littles. We will be back.”

Archer, the owner of the praised espresso bar and café, came a long way to make this place a reality. After all, the business started as a mobile espresso bar in Houston.

Born and raised in Fayetteville, she began her career working at Domino’s Pizza, Inc. after college, and before returning to school to obtain her master’s degree in education. She then served as an instructional designer for several global companies and community colleges.

“And then I decided that I wanted to do my own thing,” Archer said. “So that’s when we opened the mobile espresso bar in Houston. The espresso bar truck was started in 2015. And then Java Road, our brick-and-mortar, started in 2017 when I moved back to Fayetteville.”

When she first arrived in Fayetteville, Archer had a full-time job and operated her mobile espresso bar part time until she discovered a location just on the East side of the city square.

“And I decided, ‘Wouldn’t it be wonderful to have an espresso bar that had heating, air conditioning, and a bathroom?’” Archer recalled. “Because the truck had air conditioning, but it didn’t have heat, and it didn’t have a bathroom. That was two major selling points right there.”











As far as Archer knew, Fayetteville did not possess a coffee shop or an espresso bar at the time, so she felt there was a need. Thus, Java Road Espresso Bar & Cafe was born. A heart attack five days before opening tried to prevent her from proceeding, but she persevered and celebrated the cafe's fifth-year anniversary on July 5.

Although Archer is the owner and primary employee of Java Road, she has a hard time saying "I" when referring to her business. She had a mother — Linda Sharp Neely — who encouraged her, nephews who lifted heavy items, and friends who assisted her when the business began. Archer gives credit to her Java Road team and special thanks Katelynn, who has been with her for three years. Archer said their effort and skills made Java Road what it is today. They helped build a brand that is centered around great customer service and excellent products, which plays a role in lessons that she has learned in life.

"I've learned quite a few," Archer said. "But I guess the main thing that sticks out is when you do the best that you can, you do it honestly and openly, and you care about the people you deal with every day — customers, coworkers, whoever — and your goal is to truly help them have a better day, to help them in a positive way on their life's journey."

Java Road is open Monday-Friday from 6:30 a.m. to 3:30 p.m. and Saturday from 8 a.m. to 3 p.m. Archer welcomes everyone to visit and see what this restaurant is all about. **GN**



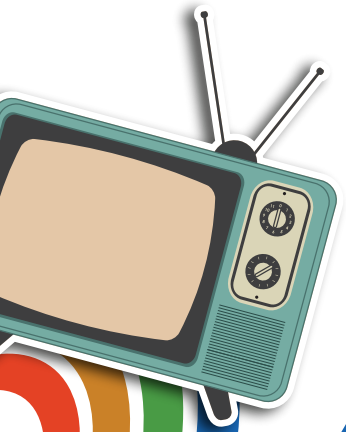


PHOTO BY BRIANNA BRUBAKER

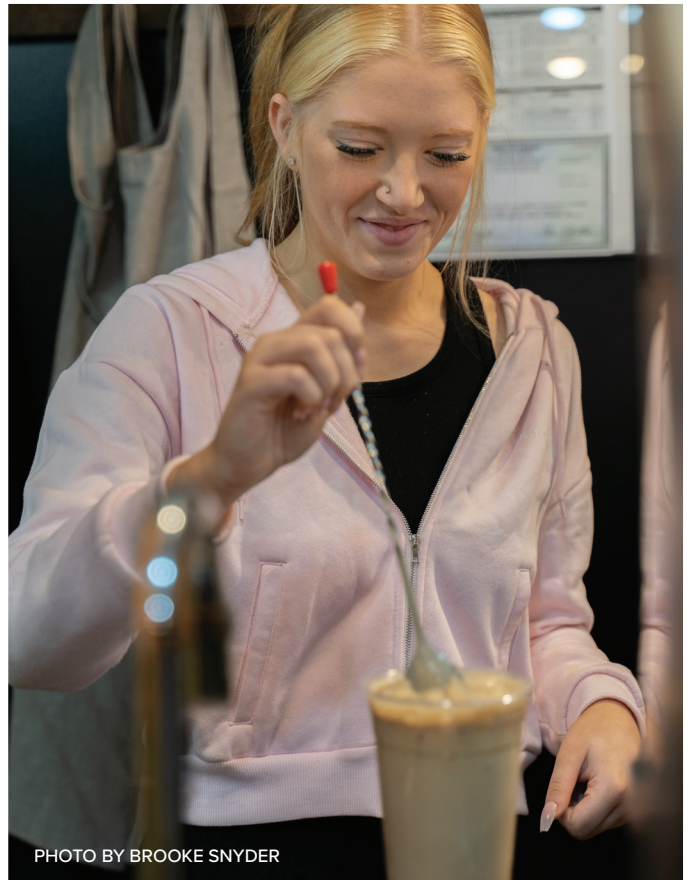


PHOTO BY BROOKE SNYDER



PHOTO BY BRIANNA BRUBAKER



# CAFFEINATED CRAVING FOR APPLE PIE



A GOOD MORNING PICK-ME-UP  
AT JACKED UP COFFEE

By Brianna Brubaker

## Good News is coming to dinner!

We will feature a local food critic's thoughts as they dine in Fayetteville. This time Brianna Brubaker visited Jacked Up Coffee

## Jacked Up Coffee

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**Y**OU'RE NOT supposed to have dessert for breakfast. Well, at least that's what my parents always told me when I was little. Now that I am an adult that makes my own decisions, I decide what I want for breakfast. And I wanted a slice of apple pie.

On this particular morning, the crisp fall breeze wasn't enough to wake me up. I needed some caffeine, and I wanted to feed my craving for some apple pie. I prepared for this morning the night before. Because I was working late, I knew I would need a pick-me-up. I searched for the menu of my favorite Fayetteville cafe, Jacked Up Coffee. One of their fall specials was the apple-pie latte. Perfect! I can get caffeinated with my favorite fall dessert.

What makes this cafe stand out from the others is the overall atmosphere. With records on the wall, a vintage tv, and '60s

music filling my ear, this place always makes me smile. It's one of those cafes where you want to sit and sip your beverage for a while. There is just so much to look at.

I walked to the counter and ordered my drink. I ordered an iced apple-pie latte with cold foam and cinnamon on top. I know, I know. Why would you order something cold on a cold day? Here's my simple, silly answer: So I can drink it faster. Ordering a cold latte means I don't have to wait to drink it without burning my lips. I needed that quick pick-up, and a cold drink would wake me up faster.

The apple-pie latte was just what I needed to get me through the day. I was awake, alert, and happy. Stop by Jacked Up Coffee and feed your fall cravings! Check out their daily specials by searching Facebook for Jacked Up Coffee Fayetteville. **GN**



FAITH

# Go straight to the best

Martha, Mary, and the well woman knew the secret ingredient.

By Tina Neeley

**T**AKE A deep breath and smell the aroma of lunch cooking in the kitchen.

It was a very important meal. Jesus and the 12 stopped in to visit the home of Martha and Mary, in Bethany. Through the swirling steam of the boiling pots, Martha glimpsed Mary sitting at the feet of Jesus. Sitting was a luxury she couldn't afford with all the cooking to do. Surely Mary knew she needed her help in the kitchen.

I bet Martha really wanted to sit with Jesus. I imagine she told herself she would as soon as she finished the task at hand. She meant well, and the desire was sincere, but the tyranny of the next urgent thing forced itself before her like a spoiled child demanding to be reckoned with or else.

And while we're boldly imagining, suppose Mary really meant to help Martha or even planned to help Martha as soon as Jesus paused in His teaching. But perhaps He alluded to something that left Mary believing He'd explain it in more detail, so she lingered longer. She knew she preferred Martha's burning you-knew-I-needed-you speech over missing Jesus' words, sensing a possibility that their days with Him were numbered.

Martha was worried and anxious over lunch when the bread of life was in the house.

The Samaritan woman at the well was looking for something to control. She'd go to the well at noon, the hottest hour, to draw water in order to avoid drawing gossiping crowds. Five husbands and living with a man that she wasn't married to gave them plenty to talk about. She could avoid the heat of their condemning gazes and whispers of disapproval. This was something she could control.

She was unnamed in the story. Perhaps her lifestyle caused her to be guarded in sharing it, her shame naming her.

Strain and listen for the low screech of the wheel that lets down the rope with the bucket day after day, sweat trickling relentlessly down her back. She was looking to fill the cavernous hole in her heart until she encountered the living water; Jesus.

Look at their shoulders, Martha and the well woman, how they're keened forward under the weight of their loads.

Feel the heat - the scorching noonday sun, the steam from the boiling iron kettle pots.

What would one good, long drink do to satisfy parched lips?

Like Martha and the Samaritan woman, we stand, our hands reaching for the potholder, glancing over our shoulders at Mary as she sits at Jesus' feet, straining to hear a word of encouragement or a nugget of truth. We let down our empty buckets, tired and weary of the world's demands and so many times draw it up only half-filled or empty altogether.

But we don't have to.

Time spent with Jesus will refresh and renew our spirits and fuel us for the day ahead. He is the one thing needful, and He is always waiting for us to come to Him with our empty buckets and weary hearts.

Our time, our heart, and our presence are all He needs. **GN**

## **RECIPE FOR REST:**

When life is too noisy, and you are dying for the smallest of breaks to catch your breath before the next wave crashes, sneak away and spend time with Father. Go back again and again and let Him refill you with His truth about you. As one glass of water can never satisfy a lifetime of thirst, He invites us to come and be filled.



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# GOOD TIMES

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“There’s nothing to do in a small town.” We hear it often, but is it true? There are Good Times every weekend in our community. It doesn’t matter if it’s a s’more at a bonfire, a lazy day with a book by the window, or exploring the town with the people you love most—there is something to do.

*ALL WE HAVE TO DO IS SAY YES.*

PHOTO BY BROOKE SNYDER

Audree Walden ▶











# Meet me at the fair

Celebrating the agricultural heritage  
of Lincoln County.

By Gabriel Grant Huff // Photos by Brooke Snyder

**E**ATING FUNNEL cakes, enjoying carnival rides, spending time with family and friends:

The Lincoln County Fair, Inc. aims to make a difference in people's lives. This fall, the organization celebrated the agricultural heritage of Lincoln County in the fair's 117th anniversary and with it came the theme: "Agriculture, A Tradition We Treasure."

Lincoln County Fair President Dale Kent said Lincoln County folks who are unable to attend popular theme parks, don't need to travel far to obtain a similar experience.





“We have rides and games for all ages,” Kent said. “We’ve got some of the best food vendors that you could ever ask for. You can get all the food at the fair that you can eat and you could ever imagine.”

This year’s nine-day fair began with the first-ever Lincoln County Fairgrounds cruise in. The event was hosted by VooDoo Customs to kick off the fair and allowed participants to exhibit any vehicle types and bikes, giving them a chance to win awards.

“We wanted to try something different,” he said. “And we’ve done our first Cruise In this year. We had about



115 cars show up on Friday night for the Cruise In. It was a great attendance.”

After the first event, fairgoers were barraged with a myriad of other activities in the coming days. They raced on horses, ponies, and mules. Livestock shows displayed hogs, goats, rabbits, and more. Women and girls from ages 2-20 enjoyed a variety of pageant shows. The circus came to town as the Torres Family Circus made its Lincoln County Fair debut. Pro wrestling took place on the Fayetteville Lumber Stage.

Country music singer Cooper Alan brought in the music as he starred in the fair’s concert. Concertgoers also got to see country music artist Justin Williams perform in the opening act. These activities and more kept families coming every day, but the highlight of the fair didn’t occur until the last night, on Sept. 24: the Lincoln County Fair Demolition Derby.

“The most popular event at the fair will be the demolition derby,” Kent said. “That is a crowd-drawer. We have a great attendance for the demolition derbies.”

Prizes for the derby ranged from \$500-\$5,000. The mower giveaway and car giveaway followed the derby to close out the fair.

The fair committee honored active military members, veterans, first responders, law enforcement, and all their immediate families by allocating a

day to provide them with free admission. Students and school staff also received a free admission day.

Kent, who has helped organize the fair for 15 years now, possesses pride for the festival. “The fair would never be possible without its board of volunteers, sponsors, and the community itself,” he said.

“My biggest thing is when the sun goes down and the gates open and the kids come through and their eyes light up,” Kent said. “That is the best reward that you can get, being a volunteer. We’re all volunteers on the Lincoln County Fair Board. We don’t get paid anything. That is one honor that you can see — all the kids smiling and laughing and having a good time.” GN





# COMMUNITY EVENTS



## Lincoln County Fair

Photos by Brooke Snyder





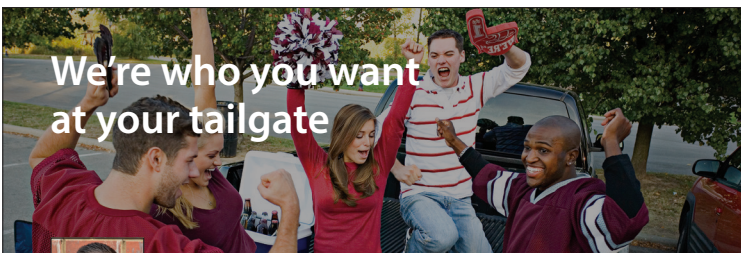


▼ Sierra Arguella

## Celebrating recovery

Photos by Brooke Snyder

The first-ever Recovery Festival was held on August 27 at Stone Bridge Park. As a celebration of recovery from addiction, the event included a cornhole tournament, free food from Beano's Kitchen, face painting, a silent auction, and more. The keynote speaker was Dr. Stephen Loyd.



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# EVENTS CALENDAR

## October 13

**5:30 pm Pickleball  
in the Gym**  
First Presbyterian Church  
101 Mulberry Ave.  
Fayetteville, TN

## October 22

**9:00 am Yoga on the Farm**  
Piloroc Farm  
178 Patrick Rd.  
Fayetteville, TN

Yoga mats provided or bring your own. Enjoy refreshing Piper & Leaf tea after class. Open to all levels.

**10:00 am Antique  
Appraisal Fair**  
Sissy's Antiques  
& Interiors

Featuring Sam Holden II of Antiques Roadshow. Find out what your item is worth! Bring up to 3 items.

For more details, call  
(931) 438-7169.

**6:00 pm Gerald's Party  
in the Parking Lot**  
Gerald's Foodland  
200 College St. E.  
Fayetteville

Four On The Floor returns for the annual party in the parking lot! Bring your chairs and your dancing shoes!

## October 31

**6:00 pm Fall Carnival**  
Stewarts Chapel  
Baptist Church

We will have free games and free food. Kids, wear your costume.





# HELP US STOCK THE SHELVES

for Good Samaritan Association of Lincoln County.

Bring your canned and nonperishable food items to FPU and help those less fortunate in our community. For more information, call FPU at 433-1522 or visit [fpu-tn.com](http://fpu-tn.com).

## DROP OFF LOCATION:

Fayetteville Public Utilities  
408 College Street West  
Fayetteville, TN 37334  
7:30 am - 4:30 pm

## November 4

### 11:00 am Chili Lunch Fundraiser

Fayetteville Senior Center

We will have an eat-in or drive-by chili lunch fundraiser for our new automatic front doors.

Tickets can be purchased at the Senior Center.

## November 19

### 6:00 am Country Ham Breakfast

Andrew Jackson Lodge #68

Tickets are \$10 and include drink. Take out is available.

Contact: Charles Gault  
(931) 433-6959  
(931) 625-9018

## December 21

### 6:00 pm Blue Christmas Service

Fayetteville First United Methodist Church Sanctuary

The Blue Christmas Service is a service of remembrance and hope. At Christmas time, many people do not feel very merry. Many are mourning the loss of a loved one, a job, of health and vitality, of relationships or other loss.

The service is offered to everyone in the community.

For more events and to submit an event visit:

[www.GoodNewsMags.com/events](http://www.GoodNewsMags.com/events)  
or call (800) 247-7318





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### **Cardiology**

Cox, William 931-433-2909  
Jackson, Ann 1-800-345-5016  
Fahrig, Stephen 1-800-345-5016  
Kerrigan, Jimmy 1-800-345-5016

### **Gastroenterologist**

Mallipeddi, Dayaker 931-388-8302

### **Family Practice**

Barnes, Larry 931-433-9900  
Cline, Richard 931-438-4111  
Edwards, William A. 931-438-4111  
Gafford, Christopher E. 931-433-7778  
Gray, James A. 931-438-4111  
Hughes, William D. 931-438-4111  
Jones, William R. 931-433-2551  
Loiacono, Mike 931-433-2551  
Sain, Paul D 931-443-2551  
Thelen, Sarah 931-227-4984

### **Family Practice/OB**

Morrison, Theresa T 931-433-2229

### **Hospitalist**

Nedumthottathil, Thomas 931-438-1100  
Uzzi, Idowu 931-438-1100

### **Internal Medicine**

Kidd, Charles A. 931-433-2551

### **Obstetrics & Gynecology**

Nobles, Michael 931-433-1105

### **Orthopedics**

Bryant, Ginger 931-433-1102

### **Pediatrics**

Kidd, Charles A. 931-433-2551  
Spears, W. Kyle 931-433-2551

### **Pulmonary/Sleep Medicine**

Patel, Prakashchandra 931-536-4149

### **General Surgery**

Crump, David B. 931-433-0892

**Lincoln Medical Center**  
**Donalson Care Center & Short Stay Rehab**  
**Patrick Rehab - Wellness Center**  
**Lincoln Medical Home Health and Hospice**  
**Lincoln Ambulance Services**

931-438-1100  
931-433-7156  
931-433-0273  
931-433-8088  
931-438-7407

**In the case of an emergency, dial 911**





*“Enjoy the little things in life for one day you’ll look back and realize they were the big things.”*

*- Robert Brault*



**Bank of Lincoln County**

*Here Today. Here Tomorrow.*

