

IN THIS ISSUE:





III Rogers High School

New Board

COSTCO TO OPEN IN APRIL



Member

Julie Prox, the newest member of the Bixby Board of Education, stands with Bryan Wiesman, a retiring board member who was honored in February.

On Feb. 19, Julie Prox was sworn in as the newest member of the Bixby Board of Education, taking the seat of Bryan Wiesman, which recently expired.

The Board also voted on new positions, electing Ron Schnare as president, Lisa Owens as vice president, Wendell Nolan as clerk. Prox ran unopposed in the February election. She and her husband, Mark, moved to Bixby from their home state of Iowa in 2000. In Iowa, Prox served as Education Director at a women's health clinic for 10 years. Prox is currently a stay-at-home mom for her two children who attend Bixby Public Schools.

Prox is active in the Parent Teacher Organization (PTO), most recently helping to establish the Bixby Northeast Elementary and Intermediate's PTO board when that school opened in 2013.

"It is an exciting time to be a part of this district. I am truly looking forward to serving on the Board of Education over the next five years and witnessing Bixby's growth and progress," says Prox. The Bixby Board of Education

holds regular monthly meetings, open to the public, on the second Monday of the month. Meetings begin at 6:00 p.m. in the Bixby Public School Administration Building at 109 N. Armstrong St. in downtown Bixby.



THE WAIT IS ALMOST OVER: On April 21, the first Costco location in Oklahoma is planned to open at 10220 S. Memorial Dr. Since the 150,000-square-foot store is located within Tulsa's city limits, Tulsa will receive the store's sales tax revenue; however, Bixby city officials expect the store to also bring longterm benefits to the city of Bixby.

By EMILY RAMSEY Managing Editor

On April 21, both Bixby and Tulsa will welcome membership warehouse Costco to the region, the first Oklahoma location for the retailer. While Tulsa will happily welcome the sales tax revenue, the city of Bixby must be satisfied with the residual benefits, which could be quite large.

There is no question that Bixby will feel the effects of the mammoth retailer; how much effect the city will experience, though, is yet to be seen.

"It's hard to say for sure what the impact that Costco will have on Bixby, but we are hopeful," says Bixby City Manager Jared Cottle.

"Many of our area businesses are excited about the extra people Costco will drive into their all over the region," says Cottle. stores and restaurants," notes Bixby Chamber of Commerce Costco anywhere near the Tulsa well and optimal stoplight sig-President Krystal Crockett. "We region, however, is not at risk of nalization practices.

investment in the future from others.

The 150,000-square-foot store will open at 10220 S. Memorial Dr., on the west side of Memorial Drive.

Current traffic counts around the 101st Street and Memorial Drive corridor register at a little over 38,000 cars per day, with that number, of course, expected to increase once Costco opens.

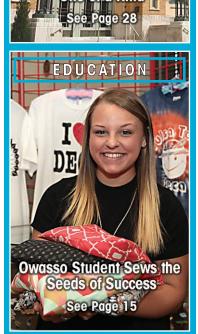
The 101st and Memorial intersection was the chosen location for another chain's entrance into the region. Sprouts Farmers Market opened its first greater Tulsa location in Bixby in 2012, causing a considerable bump in traffic that continued for months before additional Sprouts locations opened.

know that Costco's entrance into occurring any time soon. The the area will bring about more closest location to follow would, most likely, be in Oklahoma City, where rumor has it that the retail giant is eyeing next.

'With Costco, we will have traffic coming to Bixby that wouldn't otherwise come to this area," says Cottle. "That brings more exposure for our city and makes us a regional draw."

With visitors on the increase in Bixby, the city has been conducting a traffic and signalization study in partnership with the City of Tulsa and the Oklahoma Department of Transportation. The study focused on traffic needs from the Creek Nation Turnpike to the north to 171st Street.

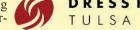
The study highlighted Bixby's greatest need to be the widening of Memorial Drive, starting at 111th Street and moving south. "We saw people coming from Also addressed in the study were traffic control efficiencies and The entrance of a second strategies to keep traffic moving



KUDOS OF THE MONTH: Dress For Success

Dress for Success had its start in 1997 and is currently in nearly 150 cities in 20 countries. The nonprofit organization opened its Tulsa tions, agencies, shelters, colleges, and techni-

affiliate in 2001, with 2016 marking its 15-year anniversary.



Dress for Success Tulsa's motto for its 15year anniversary is "I am you: Empowered," because "we are all women, we've all been through stages in our lives, and we all need each other," says Ronda Adkisson, executive director of Dress for Success Tulsa.

Dress for Success Tulsa provides career services to women who are in search of employment, including employment education, tools, resources, support and professional attire.

Women are referred to Dress for Success Tulsa by more than 140 nonprofit organiza-

cal institutes and are DRESSFOR SUCCESS[®] not charged for the services provided.

At the end of February, Dress for Success Tulsa moved into a 5,000-square-foot location, at 3103 S. Harvard Ave., from its previous location at 11th Street and Peoria Avenue.

Construction of the facility was donated by Simmons Homes and its subcontractor crews. On April 7, Dress for Success Tulsa will hold its grand-opening event with a ribboncutting ceremony at 9:30 a.m. The store will be open 11 a.m.-6 p.m. for public tours. Read full story on page 23.



JOB SEEKING SUPPORT: A woman shops for professional attire at Dress for Success Tulsa's new location at 3103 S. Harvard Ave.

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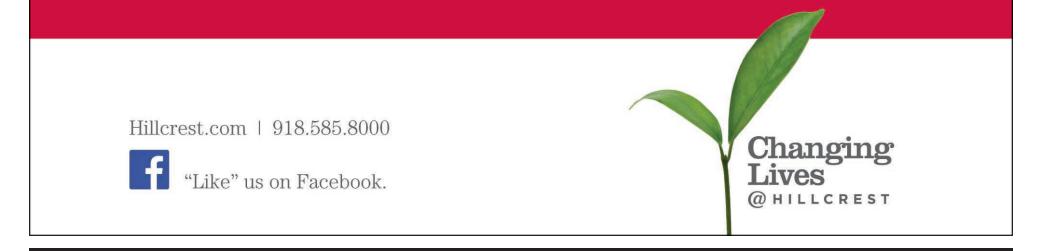
Eric B.

a wreck saved my life.

While on his way to meet friends, Eric's vehicle was hit by a semi-truck. The impact threw him onto the floorboard. Although he did not have any visible wounds, he was transported by ambulance to The Emergency Center at Hillcrest. They discovered he had multiple internal injuries caused by the wreck and a pre-existing 100% blockage in his heart. Fortunately, cardiologists from Oklahoma Heart Institute were just

steps away and quickly performed a heart procedure, saving his life.

To learn more about Eric's life-changing experience at The Emergency Center at Hillcrest and Oklahoma Heart Institute, visit Hillcrest.com.





CIVICS

 Daniel Regan Talks Street Cred: 66, Activism Honoring Our Vietnam Veterans and Their Families <i>Commentary by Mayor Dewey F. Bartlett, Jr.</i> AWC Announces 2016 Newsmakers Honorees
VARIETY Musical Theatre and More Up Next at the PAC Show Buzz by Nancy Hermann Tulsa Town Hall Presents Doris Kearns Goodwin Greater Tulsa Author Christopher Metcalf Releases Fifth Novel
 FEATURES The Rooftop Offers Casual, Outdoor Dining Local Dining by Blake Austyn Outdoor Spring Cleaning and Earth Day Celebrations Trash Talk by Beth Turner Honey Bees: Invaluable to the Ecosystem Out & About by Emily Ramsey Will Rogers High a One-of-a-Kind Treasure On Architecture by Roger Coffey
HEALTH & WELLNESS OSU-CHS Psychologist Honored Roughnecks, Hillcrest Create Partnership for 2016 Season Senior Resource Website Launches GO Plan Looks to Increase Transportation Options
EDUCATION BTW Class of 1966 to Honor Ten Outstanding Women Six Tulsa Students Attend Legacy Weekend at OSU Owasso Students Sews the Seeds of Success <i>News from Tulsa Tech by Dr. Steve Tiger</i> Will Rogers H.S. Hall of Fame Announces Five Inductees Local Education/News
SPORTS Local Sports Lacrosse Growing in Popularity

Lacrosse Growing in Popularity
Roughnecks, Drillers Look Forward to Season
ECONOMY
C&J Uniforms Celebrates 20 Years
Organization Helps Women Find Job Success
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Charles Cantrell

Beth Turner

Blake Austyn • Nancy Hermann

Civic Leaders Continue Campaign In Final Weeks Before Vision Vote

Bv MIKE NEAL President and CEO

Tulsa Regional Chamber

On April 5, Tulsans have an opportunity to do great things for our community by voting to renew Vision 2025 funds. The Vision Tulsa package is a balanced plan that addresses our public safety and streets needs while also investing in job opportunities-without raising taxes.

Public Safety

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24-25

This portion of the Vision plan will add 160 police officers and 65 firefighters.

It will improve response times for police, and new street crime units will focus on serial crimes like burglary and robbery. A portion of the Vision tax will be made permanent for an ongoing investment in our public safety needs.

Streets And Transportation

Streets, traffic and public transportation efforts will improve throughout the city. Because our need for well-maintained streets is ongoing, a portion of the tax will be made permanent, again without raising taxes.

Economic Development

We'll get funding for our city's school districts for teacher recruitment and student safety as well as new facilities and programs for higher education. Another project would bring an F-35 jet fighter simulator training center to the Air National Guard. Numerous other projects would add jobs and enhance quality of life in Tulsa.

River Development

This project will result in two river lakes – an improved Zink Lake at its existing location and a new lake in South Tulsa/Jenks. It's projected to add \$122 million to the local economy and 1,850 new jobs.

The plan is a strategic balance



HIGHLIGHTING PUBLIC SAFETY: Area civic leaders addressed the importance of the overall Vision Tulsa package highlighting its public safety components on March 22. The event was held near the Tulsa Police Department Riverside Division at 75th Street and Riverside Drive. From left are Dewey Bartlett, Tulsa Mayor; Clay Ballenger, Tulsa Fraternal Order of Police president; Karen Gilbert, Tulsa City Councilor District 5; Chad Miller, Tulsa International Association of Fire Fighters president; Anna America, Tulsa City Councilor District 7; and Karen Keith, Tulsa County Commissioner.



JENKS SUPPORT: The Jenks Chamber of Commerce's March luncheon featured a discussion of the upcoming Vision for Jenks vote. The luncheon was held March 16 at the Hive, 115 S. First St. in Jenks. Jenks Mayor Kelly Dunkerley, right, presented information about the projects slated for the April 5 ballot, and attendees asked questions about the proposal. With the mayor are Jenks Chamber President Josh Driskell and Tulsa County Commissioner Karen Keith.



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GREATER TULSA REPORTER NEWSPAPERS





SUPPORTING VIC REGALADO: A reception was held recently at the Polo Grill in Utica Square in support of the Sheriff candidacy of Vic Regalado. From left are Oklahoma Representative Chris Kannaday, former Speaker of the Oklahoma House of Representatives T.W. Shannon, Regalado, Secretary of State Chris Benge, and Oklahoma Secretary of Finance Preston Doerflinger.

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Daniel Regan Talks 'Street Cred: 66,' Activism

Tulsa's Young Professionals' 2016 Board Chair Focuses on Community

By EMILY RAMSEY Managing Editor

Editor's Note: Daniel Regan is one of Greater Tulsa Reporter's "10 People to Watch in 2016," as announced in its January 2016 issue. GTR was the first news group in greater Tulsa to intro-duce "10 People to Watch," which launched in January 2009.

Throughout the year, GTR will publish a series of articles featur-ing each of its "10 People to Watch," with next month's article to feature Tulsa City Councilor G.T. Bynum.

Daniel Regan's interest in affecting change takes many forms, whether discussing his current role as Tulsa's Young Professionals' 2016 board chair, his political activism, his seat on local boards of directors or his role as vice president of downtown Tulsa's largest commercial property management company.

As this year's TYPros chair, Regan, who joined TYPros in its infancy in 2005, is especially focused on its upcoming Street Cred event, Street Cred: 66, to be held April 30.

Street Cred is TYPros' annual community redevelopment initiative, with past events taking place in the Pearl District, downtown Tulsa, 61st Street and Peoria Avenue, and along Southwest Boulevard.

on Route 66, which follows mostly along 11th Street through located in that area. Tulsa, and will shine a light on

Route 66 and the need for multimodal options, says Regan.

Route 66 is the original transit corridor, and we want to promote its use by capitalizing on its current usage as well as using the road in new ways, Regan says.

These "new ways" refer to additional forms of transportation, namely, transit and bicycles.

Street Cred will highlight two of Tulsa's transportation plans that are awaiting implementation: the east-west Bus Rapid Transit (BRT) line, which will receive funding if the economic development portion of the Vision Tulsa sales tax renewal package is approved on April 5, and the GO Plan, Tulsa's regional bicyclepedestrian master plan. (See full article about the GO Plan on page 13.)

"We have these two plans already created," he says. "This will show the potential of these plans, that we could adopt these plans now."

TYPros will work with the City of Tulsa to close the two outermost lanes of 11th Street between Delaware and Peoria avenues for the week leading up to Street Cred in order "to show long term what it would look like with transit and bike lanes."

TYPros is also encouraging people to use that road to bike to work during that week. Street Cred will have a number

of activities going on that day to This year, the event will focus engage the neighborhoods, businesses and organizations that are Regan's other focus as TYPros

chair lies in an interest of his that first began when he worked on his uncle's campaign for lieutenant governor in 2006. That started Regan's interest in politics as he saw the ability that every individual has to make an impact.

"I learned from that experience that when you participate and show an interest, you can affect change in a positive way," he says. Regan went on to serve as finance director for Dan Boren's campaign for U.S. Congress from 2009-2011 and as finance director and deputy political director for Kathy Taylor's campaign for Tulsa mayor in 2013.

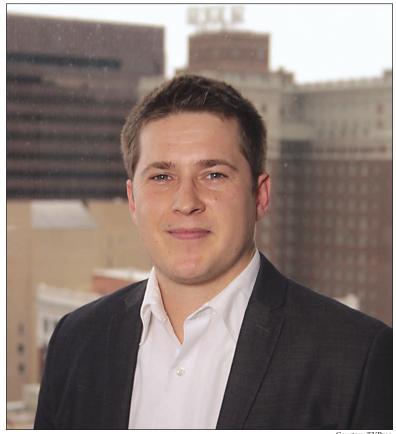
Therefore, Regan, who has previously served as head of TYPros' government relations crew, wishes to use his time as chair to encourage greater engagement of young voters under age 40.

"Unfortunately, a large part of my generation thinks that they can't have an impact, and they are disillusioned," says Regan.

By working with universities, area chambers of commerce and nonprofit organizations, however, Regan hopes to have a greater strategic impact on those who have, in the past, sat on the sidelines. Plus, there's an additional benefit to engaging younger voters, he adds.

"When we engage the younger age group, it has a ripple effect on older voters, like their family members.

Regan currently serves on the boards of Foundation for Tulsa heart, he notes. Schools, Downtown Coordinating



MAKING A DIFFERENCE: TYPros' 2016 Chair Daniel Regan is a fourth generation Tulsan with a passion for downtown Tulsa and com-munity activism. Regan's efforts this year as chair revolve around Street Cred: 66, to be held April 30, and its endorsement of multi-modal transportation, and engaging young voters.

Council, VisitTulsa, Impact Tulsa Tulsan with a passion for cities' and others. He is also a founding member and co-chair of the Great Raft Race, a past Tulsa event that was re-launched in summer 2015.

He became vice president of Kanbar Properties in 2014, his position allowing him to play a role in developing downtown Tulsa, another subject close to his

Regan is a fourth generation

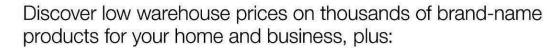
urban cores. "Î've always had a fascination with downtowns, so to be able to have some impact on downtown Tulsa is wonderful."

And the timing, he admits, couldn't be much better.

"I get to help shape the look and landscape of downtown Tulsa and at a time when the energy and vibrance of downtown Tulsa is coming back to life."

f 🖗

We're opening in Thursday, April 21, TUI SA at 8 a.m.





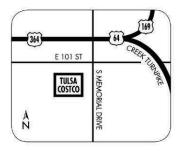
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See below for details.



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Honoring Our Vietnam Veterans and Their Families

COMMENTARY

By DEWEY F. BARTLETT, JR. Mayor of Tulsa

In Washington, D.C., there are numerous memorials, museums and monuments to American history. Most of these locations are grand examples of Classical and Neoclassical architecture, featuring high ceilings, tall columns and marble statues. However, there's a different kind of memorial in our nation's capital.

Just to the north of the Lincoln Memorial stands the Vietnam Veterans Memorial. It is a symbol of recognition to the men and ognized and appreciated for their to remain perpetually empty to ers will itself be forgotten."

ficed their lives in the Vietnam War. It is simple in design but has a powerful impact: two black granite walls, engraved in chronological order with the names of the men and women who gave their lives in service to the United States.

The Vietnam War shaped an entire generation of Americans and continues to influence our national policies today. One of the lessons of the Vietnam War is the need to recognize and honor our veterans. At the time these veterans came home, they were not properly thanked or honored. Those who serve should be rec- missing or captured. The chair is nation which forgets its defend-

women who served and sacri- service, and as a grateful nation help people remember that even we have an obligation to do so. Last month, I was honored to attend a special recognition cere- This is the second Chair of

mony for Vietnam veterans at our Honor in Tulsa. The first Chair of local VFW. As your Mayor, I am Honor is located at ONEOK inspired by the heroes who Field. So the next time you fought for our freedom and hum- attend a baseball game there, or bled by those missing in action, an event at the BOK Center, held prisoner of war, and the please take a moment to rememwounded who still carry the scars ber those missing or held capof war, both seen and unseen.

though our soldiers are not here, there is still a space for them. tive.

ceremony for a POW/MIA Chair the call to service in Vietnam as of Honor at the BOK Center. The well as their families who carried POW/MIA Chair of Honor on here at home. To quote Program reminds us of those still President Calvin Coolidge, "The



This past February, I was also honored to attend the dedication accompt for a POW/2014 Cline This past February, I was also honoring those who answered CHAIR OF HONOR: Jeff Nickler, general manager of the BOK general manager of the BOK Center, left, and Mayor Bartlett unveil the POW/MIA Chair of Honor to serve as a reminder of those still missing or captured. The dedication ceremomy was held at the BOK Center in February.

WC Announces 2016 Newsmakers Honorees

The Association for Women in Communications has announced its 2016 Newsmakers honorees: Jill Donovan, Leigh Goodson and Katie L. Plohocky. Each year, AWC selects a group of outstanding Oklahoma women who have made positive headlines while advancing opportunities for women and improving their local communities and the state.

Becky Dixon is this year's recipient of the AWC Saidie Lifetime Achievement Award, presented in memory of Oklahoma television pioneer Saidie Adwon. The accolade celebrates an accomplished professional in the journalism and communications field.

AWC members will recognize the women at a luncheon on May 4 at 11:30 a.m. at Hyatt Regency Tulsa, 100 E. 2nd St. Tickets are \$55/members and \$65/non-members. To purchase tickets, please visit www.awctulsa.org. For sponsorship information, contact Ivy Griffey at ivy_griffey@hcsc.net.

<u>Newsmakers:</u>

Jill Donovan, motivational speaker and founder of Rustic Cuff

Jill Donovan, a former law professor at The University of Tulsa, used her obsession with cuff bracelets to teach herself leathermaking and metal design in her guest bedroom late at night.

Within three years, Donovan went from being an adjunct law professor to a nationally known jewelry designer, turning her parttime hobby into a full-time business. Today, Rustic Cuff jewelry is sold in more than 175 stores across the country as well as select Dillard's locations and Nordstrom.com. The brand has been featured on many national shows including Good TV Morning America, The Today Show, E! News and The View.



KATIE PLOHOCKY

In the past year, Donovan has opened her second Rustic Cuff retail store and launched another highly successful line, Kate Fortyeight, which features semi-precious and custom necklaces.

Leigh Goodson, president and **CEO of Tulsa Community** College

As a top official at Tulsa Community College since July 2014, Goodson has facilitated the school's participation in the national education initiative Pathways Project. The program focuses on raising college graduation rates by building better bridges for students from high school graduation to college completion.

Goodson has led the develop-ment of TCC's 2016-2020 Strategic Plan, which was written and approved after a collaborative process involving faculty and staff. She also created new leadership positions through internal reallocation at TCC to address critical, underdeveloped college pensive food options to residents OETA broadcast.

budgeting model and establish "Open Lines" campus forums.

BECKY DIXON

Katie L. Plohocky, principal of StreetLife, LLC

Katie Plohocky leads a Tulsa consultancy and real estate firm specializing in integrated urban strategies. She uses her 18 years of experience in commercial real estate leasing, appraisal, retail development, and project management to specialize in economic and community development.

Plohocky, a member of many community boards, serves as an executive member of several local health and food initiatives including the Tulsa Food Security Council, Food on the Move, Edible Tulsa magazine, Pathways to Health, Tulsa Community Wellness Partnership and the Oklahoma Food Policy Council. She is founder of the Healthy Community Store Initiative, which provides a mobile grocery store including healthy and inex-





LEIGH GOODSON

In 1994, Dixon joined forces with Ed Taylor to form Taylor Communications, a groundbreaking communications company specializing in Internet-based new media. As president, Dixon grew the company into one of the country's leaders in webcast technology. She recently purchased Ayerplay Productions Inc., the of Taylor parent company Communications.

Dixon's community involvement includes cochairing the 2012 Oklahoma Hall of Fame event and being a member of the Oklahoma Heritage Association Board of the Mayor's inducted into the TU Communication Hall of Fame. She was an inaugural honoree of the Tulsa Business Journal Women of Distinction Awards.

functions, implement a baseline living in Tulsa's food deserts. She is cofounder and director of the Annual Taste of North Tulsa event, regional coordinator for National Food Day and board president of the Pearl Farmer's

Market.

Saidie Lifetime Achievement Award Winner

Becky Dixon, new media entrepreneur, community leader and national pioneer in sports broadcasting, began her career as a news and sports anchor at Tulsa's KTUL-TV before moving to the national stage - ABC's Wide World of Sports - as the first woman to host a network sports show. Her sports acumen took her to the big events including the Super Bowl, the Winter Olympics and the Triple Crown of Horse Racing. She later transitioned from sports to statewide television. Her show, Oklahomans, featured profiles on notable state residents. Dixon also anchored Business Oklahoma, a statewide

Directors, Commission on the Status of Women, the Sutton Avian Research Center Board, RSVP and the Advisory Board of the Tulsa Sports Commission. She has served as president of the TU Alumni Association and was

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Musical Theatre and More Up Next at the PAC

A recent audience survey that Pops, Apr. 21-24. Any Christopher polled 82,000 Tulsa Performing Durang play is challenging mate-Arts Center cusrial and totally

tomers confirmed that the most popular form of entertainment at the Center is musical theatre. The usual suspects -"The Phantom of the Opera,' "The Lion King' and "Wicked" drew the most praise. Audience members also let us know that they "The enjoyed Book of Mormon" and

Show Buzz

By NANCY HERMANN

are longing to see the runaway hit Command, will give a talk for "Hamilton."

Our musical theatre fans will be delighted with April's roster of shows, beginning with Rodgers and Hammerstein's "Cinderella." This lovely production, with a most memorable score, plays at the PAC through April 3, presented by Celebrity Attractions. Coincidentally, music and film buffs can settle in for a Rodgers and Hammerstein sampler Apr. 9 when Tulsa Symphony presents a Pops evening devoted to this eminent writing team's music for the movies

More musical theatre is planned Apr. 15-30 when Theatre Tulsa stages "Fiddler on the Roof." Mark Frie, who was superb in the lead role for Theatre Tulsa's "Les Misérables," stars as Tevye. I don't recall ever seeing a local theatre production of "Fiddler." I know for sure that I have not seen "Billy Elliot, The Musical" in Tulsa. Presented by Tulsa Project Theatre, Apr. 29-May 7, this is the story of a young boy who aban-dons boxing for ballet. His true passion is dance, which doesn't make sense to many in the English mining town where he lives.

Not all stage events in April are musicals. "Steel Magnolias," a tender story with touches of humor, is familiar to most of us because of the hit film. Set in Truvy's Beauty salon in the late 1980s, this is a Robert Haring play about love and friendship among six women. Playhouse Tulsa presents, Apr. 1-10.

Enchantment Theatre of Philadelphia's "Peter Rabbit Tales," hosted Apr. 8 by the PAC Trust, is perfect for younger fami-ly members, but not "Why Torture is Wrong, and the People Who flyer" audience that is in touch Marketing at the Tulsa Performing Love Them," presented by Theatre with what is playing in theaters Arts Center.

centers on "homeland insecurity," with a cast of dubious characters and issues we can laugh at and then think about in-depth later. Earlier in the month, Apr. 6, Gen. Keith Alexander, а retired four-star

Army general,

was

suited

adults.

black comedy

for

This

who Commander of the U.S. Cyber

OSU Tulsa Business Forum. And, historian and author Doris Kearns Goodwin speaks at the PAC, Apr. 22, for Tulsa Town Hall. Both events are sold by season subscription.

This mega month of entertainment includes the Jerusalem Quartet, Apr. 3, presented by Chamber Music Tulsa, playing Beethoven, Bartók and Schumann. Pianist Barron Ryan performs for Brown Bag It, Apr. 6, and Jessica Lang Dance is hosted by Choregus Productions, Apr. 12. Lang's work is beautifully crafted to incorporate a range of inspira-tions that find artful expression through dance.

Trekkies and those who enjoy orchestral music will want to check out "Star Trek: The Ultimate Voyage," Apr. 23. All the music from the many Star Trek films and TV shows, with film footage beamed in high definition to a 40-foot-wide screen, are part of this evening of entertainment presented by 35 Concerts. As Mr. Spock would say, "fascinating."

Judy Collins, a folk and pop music singer whose work defined an era, performs in Chapman Music Hall, Apr. 24. I had a chance to interview the woman who inspired Stephen Stills to write "Suite: Judy Blue Eyes." Now in her seventies, she stays active and in demand - selling out theatre gigs and working on a new Sondheim PBS Special. Reviews say her voice is as crystal clear as ever. The Woody Guthrie Center hosts her for a concert that will include "Both Sides Now," "Send in the Clowns," "Amazing Grace," and many more of her hits.

The PAC has an astute "frequent-



JUDY COLLINS: Singer and songwriter Judy Collins, whose career spans five decades, performs an Apr. 24 concert as guest of the Woody Guthrie Center.



JERUSALEM QUARTET: On Chamber Music Tulsa's wish list for many years, the Jerusalem Quartet performs the music of Beethoven Bartók and Schumann *Apr.* 3.

across the country. We were very interested in what they had to say in a recent survey, and we also want to gather information from other sources. We'd like to hear from people who just occasionally come to events at the PAC, or maybe who have never been. If there are programs, performers, musicals or other types of entertainment that are on your bucket list, I hope you will contact me and share. We want our PAC to reflect the tastes and interests of our community, and we invite you to help.

Nancy Hermann is Director of



FIDDLER ON THE ROOF: Threatened by Russia's political climate in 1905, a father, played by Mark Frie, tries to protect his family and stay true to tradition. Presented by Theatre Tulsa, Apr. 15-30.



STAR TREK, THE ULTIMATE VOYAGE: A multi-media concert celebrating the 50th anniversary of Star Trek includes a 40-foot-wide HD screen and a live orchestra, Apr. 23.



JESSICA LANG DANCE: This company's performances have been named among the best dance events of the year in Chicago, Boston and Dallas. The troupe is hosted by Choregus Productions Apr. 12.



RODGERS AND HAMMERSTEIN AT THE MOVIES: Movie music of Rodgers and Hammerstein accompanied by film clips concludes Tulsa Šymphony's inaugural Pops Series, Åpr. 9.

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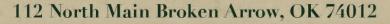
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BTW Class of 1966 to Honor Ten Outstanding Women

Booker T. Washington High School Class of 1966, has announced that the annual Black Women Rock Tea Fundraiser will be held at the Greenwood Cultural Center on Sunday, May 1 from 4 to 6 p.m. The tea will honor 10 accomplished women, graduates from the 1966 class and several women who have been community leaders for years.

Olympic Gold Medal winner and ordained minister, Madeline Manning-Mims, will receive the SHEro Award for her outstanding work as an Olympic Chaplain and as a gold medal winner. Many will know that she was awarded her 1968 gold medal in will also be honored. All female the 800 meters track race. In addition, Mims recently earned her doctorate from Oral Roberts University in religion and theol- the chair for the event, "In addi-

ogy. Cissel commented when speaking with Dr. Mims, "Since you musical entertainment by the now have your doctorate, should legendary music icon, Ms. we now refer to you as Dr. Ernestine Dillard and other Mims?" and she said politely, musical guests, sumptuous bak-

Chuck Cissel, president of the Frances Jordan-Rakestraw, executive director of the Greenwood Cultural Center; and Jo Bright, former director of the Salvation Army Boys and Girls Club of Metro Tulsa. Birdie Clifton, a retired licensed nurse, will receive the Pioneer Award for her many years of service as a nurse and director of the Carver Senior Center. Saundra McClelland and DeArnetta Ward, both from the BTW Class of 1964, will be honored for their work, respectively, in breast cancer and the lives of our youth in North Tulsa.

Four Ph.D's from the Class of 1966, Dr. Sandra Rouce, Dr. Mildred West, Dr. Patricia Bell and Dr. Gloria Strassner-Faine guests are encouraged to wear hats, pearls and gloves.

According to Carole Andrews, tion to the special guests receiv-ing their awards, there will be although it is new, "I suppose ery goods, and delicious teas and cessful careers." that will be the case." ery goods, and delicious teas and cessful careers." The BTW Cla Others to be honored are young women and men in the its 50th class reunion in July and on Saturday, July 30 the Orange invited.

winning Manning-Mims

opportunities and pursue suc-

City in 1968.

GOLDEN MOMENT: Madeline CELEBRATING ACCOMPLISHMENTS: Ready to celebrate the the accomplishments of Booker T. Washington graduates with Chuck Cissel Olympic Gold Medal in Mexico are, from left, Sharon Jimmerson, Carole Andrews and Pamela Scott-Vickers (three of last year's honorees). community to take action, work this event is part of the program- and Black Ball in the Hyatt

towards higher educational ming for the year. Cissel says, "We have a Golden Oldies but Goodies Night on Friday, July 29 The BTW Class is celebrating at the Tulsa Assembly Center and

Regency Hotel Ballroom. More details to come."

Admission at the door is just \$10 for the tea and all of Tulsa is

Tulsa Town Hall Presents Presidential Historian & Author Doris Kearns Goodwin

Doris Kearns Goodwin on Age of Journalism; Team of Friday, April 22. Author of six Rivals: The Political Genius of critically acclaimed New York Abraham Times bestselling books, she Fitzgeralds and the Kennedys: mentator on NBC, CBS, FOX Tulsa Town Hall's 2015-16 received a Pulitzer Prize in histo-ry for No Ordinary Time: Johnson and the American 2016, her topic is timely with 2016-17 Speaker Series will be Franklin and Eleanor Roosevelt. Dream. Wait Till Next Year is "Leadership Lessons from the announced in April.

Lincoln;

presidential historian and author Howard Taft, and The Golden love with her family and base- Presidents." ball.

The historical insight as a news com- from The Helmerich Trust.

The Tulsa Town Hall 81st sea- Other bestsellers are The Bully Doris Kearns Goodwin's touch- White House: Doris Kearns son concludes with renowned Pulpit: Theodore Roosevelt, ing memoir of growing up in Goodwin on the American

Her appearance in Tulsa is Goodwin is also known for her made possible by a generous gift

DORIS KEARNS GOODWIN

TULSA BALLET STAYS BUSY



HARDESTY CENTER: The Tulsa Ballet's Hardesty Center for Dance Education is getting closer to completion in Broken Arrow. The development of the facility is part of a \$25 million Integrated Campaign for Tulsa Ballet, the largest fundraising initiative in the history of the company. Construction began in July 2015, and the building is expected to open in August. Upcoming Tulsa Ballet perinclude formances the Emerging Choreographers Showcase, April 22, 24; and the Signature Series, May 6-8, 13-15.

formances throughout Italy in the spring, Christopher Bruce.

which will be the fourth international tour for Tulsa Ballet. The Italian tour will begin on March 30, in the northern city of Trieste and then continue with performances in Udine, Mestre, Vicenza, Gorizia and Perugia, concluding April 8 in Brindisi.

Tulsa Ballet will perform three pieces, created by three of the top choreographers in the world today, to showcase the versatility of the company and appeal to diverse audiences. The program will include: "Classical he Signature Series, May 6-8, 13-15. Symphony" by Yuri Possokhov, "Petite Tulsa Ballet will present a series of per- Mort" by Jiri Kylian and "Rooster" by







The Rooftop Offers Casual, Outdoor Dining

LOCAL DINING

By BLAKE AUSTYN Contributing Writer

The Rooftop, 214 S. Main St., opened in Broken Arrow's Rose District in 2014 as the second restaurant for Jason Scarpa on Main Street. He first opened Main Street Tavern, 200 S. Main St., in 2011 and took ownership of In the Raw Broken Arrow, 216 S. Main St., in 2015. Scarpa plans to open a Main Street Tavern location in Claremore in the early part of this year.

The Rooftop sits on the second floor, above In the Raw, and features semi-outdoor covered and open-air seating as well as an indoor area with a bar and seating. The restaurant has a contemporary, modern feel but with a value-priced menu with no dish costing more than \$12. The menu consists of appetizers, pizzas, sandwiches, salads, and a few pasta dishes and desserts.

my mother. Our waitress was Summer, a new waitress who was energetic, informative and very pleasant.

We started with appetizers. We were in the mood for bruschetta but couldn't decide one which of the two options to choose, so we ordered both.

The Traditional Bruschetta comes with the traditional crusted bread topped with tomato, pesto, mozzarella and parmesan-very fresh and light.

The Modern Bruschetta comes topped with whiskey and balsamic soaked raisins, gorgonzola, Italian sausage, and capers. Our waitress told us that it is "a very unique dish, and the gorgonzola flavor is strong.' She was right.

Fortunately, we love gorgonzola. It's a very unique dish; I would return to the restaurant just for that. For our entrees, we shared the Smoky 'Shroom Pizza and the Turkey and Mozzarella Sandwich.

I visited The Rooftop recently with all unique. However, I would argue that the Smoky 'Shroom is one of the more traditional, basic-flavored pizzas on the menu. No one particular flavor stood out, but it was still enjoyable and had an easy flavor that paired well with beer.

> The Turkey and Mozzarella Sandwich came with sun-dried tomato aioli, turkey, mozzarella, olives, bacon and lettuce on ciabatta bread. Unfortunately, the turkey was sliced deli meat. I would have preferred real turkey. I appreciated the sandwich's side of cold pasta salad, with tomatoes, basil pesto and capers. It was a very fresh addition to the sandwich.

> Mom and I decided to share a dessert: the Cheesecake, which Summer told us was New York style. It was very creamy and very representative of a New York style cheesecake. The dessert can also come topped with chocolate sauce, and, upon request, Summer brought it to us on the side.

The Rooftop offers various events, The Rooftop's pizza offerings are such as Trivia Night, throughout the



GOING UP: Patrons walk into The Rooftop, located in Broken Arrow's Rose District. The Rooftop is one of three restaurant ventures in Broken Arrow for Jason Scarpa and Scarpa Restaurant Concepts.

week. Monday-Sunday 11 a.m. – 2 a.m.

Restaurant hours are the 144-inch HD TV screen that sits on the outdoor patio.

Plans are currently in the process

Outdoor Spring Cleaning and Earth Day Celebrations

TRASH TALK

By BETH TURNER

Tulsa Master Recyclers Association

Early spring, just as the weather starts to warm before the bugs and the leaves burst onto the scene, is a great time to clean up nature.

Pickin' Up Trash More than 120 Turkey Mountain

ARTLAND QUALITY

enthusiasts came to a February Wilderness Coalition. According to TUWC Media Liaison Laurie Biby, volunteers picked up trash, shored up trails, seeded grass and more.

Biby says TUWC formed from people against development of the mountain after a strip mall was proposed for the land at 61st Street and Highway 75.

Following the public outcry last

year, The George Kaiser Family cleanup hosted by Tulsa Urban Foundation purchased 200 nearby acres of the area with the goal of keeping it pristine.

However, this March, The GKFF announced their purchase of 60 more acres, including the land of the proposed strip mall.

Thank you, GKFF

Please allow me this opportunity to thank The George Kaiser Family Foundation for their continuous vision for Tulsa County. Ever grateful and amazed at your generosity and thoughtful investments into enriching our community's future, thank you.

Keep an eye on TUWC online for more clean-up days and trail information.

Nearby Nature Pick-Up

Another annual outdoor cleanup saw record numbers of volunteers. Several Tulsans joined more than 200 people at Turner Bend River Outfitters along the Mulberry River in Ozark, Arkansas. Two trailers of trash, another of metal and a celebration party that ended with only one kitchen-sized bag of waste.

A few crazy items found along the river and highways include a dozen tires, a car, thousands of beer cans, two terrariums and a pregnancy test. (It was negative).

I can't tell you how satisfying it is to pick up trash amidst nature's beauty. Byrd's Adventure Center will host a fall cleanup of the area Sept. 10.

Happy Birthday, Earth!

Each April 22, we commemorate Green Team wrote and performed a turner@me.com.

this great planet we all call home. play following lessons learned from school partner Oklahoma Green Earth Day falls this year on a Friday, so if you want to toast to the Schools. You'll find the link on

youtube.com/Union Public Schools.

Quick Eco-Tip

Here's an easy tip for Earth Day: Choose dark colored screen savers, and use Blackle.com as your search engine online. Blackle is Google's eco-friendly cousin. Same search engine, it just uses a black background with white lettering. The lighter the picture on your screen, the more energy it takes to display it. Plus, the darker colors are easier on your eyes.

Saturday, April 21 from 11 a.m. to Stay Engaged

Send in your eco celebration photo or your best eco-tip in honor of Earth Day, so that we can commemorate together Tweet about it @TrashTalkTulsa or email beth-

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s that includes the Happy Family Celebration 47222. L e box of 4 (4 oz.) Omaha Steaks Burgers per shipment rd S&H will be added per address. Not valid with othe Expires 12/31/15. ©2015 OCG | 510B120 | Omaha Steaks, Inc

As we move into the warmer watch movies and live concerts on stairs.

months, Scarpa plans to offer to install an elevator in order to proevenings where customers can vide access for those unable to walk



together Feb. 27 to clean up the trails on Turkey Mountain.

Earth, head to a local brew pub like

Prairie Artisan Ale or Marshall's

for a beer with a smaller carbon

For a more family-friendly flare,

Tulsa Zoo will host Party for the

Planet on Monday, April 18. Bring

an old cell phone to recycle for a

TCC Northeast will host EcoFest

Conference and Festival March 28. If

free food, live music and eco-learn-

ing doesn't entice, just go for the

The M.E.T. hosts Enviro Expo

2 p.m. The event will be downtown

If getting out of the house is diffi-

cult, log on for an eco-lesson from

our future leaders. Peters Elementary

scenery. That campus is beautiful.

discount at the door.

Tulsa on Main Street.

footprint.

GROUP EFFORT: People from Norman to Skiatook, from troops to church groups such as this one from Trinity Episcopal Church, joined

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Memories that last forever...

Honey Bees: Invaluable to the Ecosystem

Donning a heavy beekeeper pollen and nectar to bring back suit, I could not help but wonder to the hive. why beekeeping tends to incite so much passion in its supporters are male bees with the sole task and hobbyists.

Yet, as I contin-

ued in my research, spoke to more beekeepers and learned about not only the value of bees to the ecosystem but also the many roles that bees play in their own society, my attitude went from dismay to awe.

Most individuals who start to learn about honey bees and beekeeping usually end up getinvolved, ting says Neil Van Dalsem, a local beekeeper who took up the

hobby nine years ago after his wife bought him beekeeping classes for his birthday.

"I don't think she thought that I would end up buying bees," he continues.

But that's just what happened after he began learning about everything going on in that bee hive.

There are Worker Bees, whose lives span only six weeks, who have various tasks inside the hive such as cleaning it, taking care of bee larva, guarding the entrance of the hive from intruders. Some Worker Bees have the task of There are also Drones, which

Greater Tulsa

By EMILY RAMSEY

of mating with the Queen Bee. **Out & About in** Only one Queen lives in each hive, and her sole

purpose is to lay fertilized eggs. Another example of bees' complex behaviors is referred to as their "dance language," a special dance that Bees Worker engage in when they have found a nectar source. The dance provides information as to the exact location and distance of the source and the quality of the

Managing Editor nectar. In addition to the complexity of

bees and their processes, bees also play a major role in humans' lives

About one third of the food that humans consume would not be available without the help of bees and their pollination. This includes many fruits and vegetables: apples, blueberries, peaches, pears, watermelon, cucumbers and squash, according to the Nature Conservancy.

In addition, honey bees produce honey, pollen, wax, and propolis, which have nutritional, craft, manufacturing, and medical

Something that has been in the news lately is Colony Collapse Disorder, in which bees were found to suddenly disappear from their hive. This began to occur in 2006.

Scientists have found that every few years, they will see a large die-off of bees, with various factors to blame, such as pesticide use, farming practices and infestation of the varroa mite.

Helen Hickey, a 45-year chemist who has been keeping beehives for upwards of 16 years, believes that humans are largely to blame for bees' disappearance with the widespread use of pesticides and deforestation by corporations who don't replace what they have destroyed with the proper plants that bees need.

"Bees are teaching us lessons: that we're destroying our environment," she says. "But I'm inspired by the new generation of young ones who are more focused on sustainability and the needs of pollinators.'

Van Dalsem encourages individuals, when determining which plants and flowers to add to their gardens, to consider planting ones that provide pollination for honey bees. Also, while most people aren't keen on allowing order to create a new hive. In this weeds to grow in their lawn, weeds such as dandelions provide pollen for bees.

In addition to awareness of bees' needs, it's important that larvae into a Queen by feeding it individuals grow in their under- a special diet. standing of bees so as not to kill them needlessly.

AN ORGANIZED COMMUNITY: Neil Van Dalsem, a local beekeeper who took up the hobby nine years ago, examines one of the beehives on his property in east Tulsa.

large group of bees, called a swarm. A swarm forms when a group of bees, including a Queen, split from the hive in way, the bee colonies grow.

When a hive decides that a group of its bees will soon swarm, the bees turn one of the

"It's amazing when you consider that bees have these tiny For example, people may see a brains but such a complex life

cycle and biology," says Van Dalsem.

Because swarms tend to occur as the weather starts to warm, he encourages individuals to be on the lookout for swarms around trees, and if they find a swarm, instead of spraying it and killing the bees, they can call a beekeeper who will retrieve the swarm at no cost. A list of area beekeepers can be found on the Northeast Oklahoma Beekeepers Association's website: neoba.org.







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74 & WELL **OSU-CHS Psychologist Honored**

Richard Walter, scholar-in-residence of forensic sciences at Oklahoma State University Center for Health Sciences and world-renowned pioneer in crime scene assessment, has been selected as a recipient of the Paul W. Kehres Meritorious Service Award from the American Academy of Forensic Sciences.

The prestigious award is intended to honor exceptional service and leadership within the academy. The multi-disciplinary professional organization works to advance the application of science in the legal system and encourage collaboration in the forensic sciences. The award was presented during the group's 68th annual scientific meeting in February in Las Vegas.

As an international expert on crime assessment, profiling and risk evaluation, Walter created a matrix as a tool for investigation using pre-crime, crime and postcrime behaviors to aid in identifying suspects. He is noted for providing the psychological profile of notorious murderer John List that led to the killer's capture after 18 years in hiding.

Walter co-founded The Vidocq Society, an exclusive club of more than 80 forensic specialists worldwide who assist local criminal justice agencies in solving cold cases. He and the society were profiled in the 2010 book "The Murder Room: The Heirs of ber of the Association of Police Surgeons.



RICHARD WALTER

Sherlock Holmes Gather to Solve the World's Most Perplexing Cold Cases."

He spent 22 years as a prison psychologist for the Michigan Department of Corrections and is an international crime consultant, a fellow of the American Academy of Forensic Sciences, a fellow of the Royal Society of Medicine in clinical forensic medicine and an honorary mem-

Roughnecks, Hillcrest Create Partnership for 2016 Season

HealthCare System recently announced that they will continue their partnership for a second season. Hillcrest HealthCare System will remain as the official medical provider of the Roughnecks team as well as the presenting sponsor of the team's 2016 season.

With the agreement, Hillcrest will continue to provide day-to-day care and medical and training treatment to all of the Roughnecks players.

"We are excited to have the opportunity to provide high-quality care to the Tulsa Roughnecks for the second consecutive year," says Kevin Gross, Hillcrest season play on March 20 when they hosted HealthCare System president and chief executive officer. "Whether we are provid-ONEOK Field.

The Tulsa Roughnecks and Hillcrest ing medical care on the field or encouraging fans to make their health a priority, this partnership allows Hillcrest to continue to fulfill our mission of creating a healthier community."

Dr. Jon Orjala, DO, an orthopedic surgeon with Hillcrest's Utica Park Clinic, will serve as the Roughnecks' official team doctor.

Hillcrest HealthCare System is a comprehensive health system with approximately 5,000 employees that serves the communities of eastern Oklahoma.

The Roughnecks opened USL regular

Senior Resource Website Launches

In an effort to empower older adults and es "Where You Live Matters" content and their families with valuable information on aging well in a rapidly-growing seniors housing industry, the American Seniors Housing Association (ASHA) recently launched a new website. Devoted to the complex components of today's senior living options, www.whereyoulivematters.org is part of ASHA's five-year strategic plan designed to provide seniors, adult children and others with meaningful seniors housing information.

Alongside other senior living experts from across the country, Letitia Jackson, with Senior Star, served on the 11-person committee which developed and launched the website. As an industry leader, Senior Star endors- and preparing and managing finances.

encourages all senior living consumers and/or providers to use this powerful educational tool

'Where You Live Matters" provides a onestop resource location for a consultative approach and valuable resource for those searching for expert advice. Among the helpful tools is a 16-page glossary of senior living terminology, as well as numerous videos, testimonials and editorials from seniors and industry experts. The site also includes informational categories such as comparing lifestyle options, learning about retirement community living, making family decisions,



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GO Plan Looks to Increase Transportation Options

By EMILY RAMSEY Managing Editor

It is no secret that Tulsa has a robust cycling community. The consistent growth of Tulsa Tough alone has proven that.

However, Tulsa's group of what is termed "confident cyclists," who are willing to cycle on main roads, makes up not even 10 percent of the local community, says James Wagner, principal transportation planner for INCOG (Indian Nations Council of Governments).

"Research shows that two thirds of community members are interested in but concerned about the idea (of traveling on bicycles on main roads), which tells us that our infrastructure keeps them from feeling that they can ride safely on streets.'

So, Tulsa's potential to increase its number of cyclists is there.

"It's not that they don't have a bike or that they don't want to use their bike. We feel this is an untapped market," Wagner continues.

Thus, the GO Plan, a bicycle and pedestrian regional master plan, was created. Participating in the plan's creation were representatives from Tulsa and 10 surrounding cities, including Jenks, Bixby, Owasso, Broken Arrow, Coweta, Sand Springs, and Glenpool.

The plan took just under two years to complete; it was finalized in December 2015.

The focus of the GO Plan revolves largely around creating bike-safe lanes on main roads that help cyclists to connect to the area's existing regional trail network, which runs throughout Tulsa and beyond to surrounding cities, and on additional main roads that allow individuals to turn their cycling into a daily function, for example commuting to and from work or school, Wagner says.

Now that the plan is completed, the next step is adoption by each of the 11 cities.

In the meantime, a portion of the GO Plan is expected to soon show up around downtown Tulsa in the form of Bike Share.

Phase one of Bike Share is expected to come into effect in 2017, says Jennifer Haddaway, transportation resource center coordinator with INCOG. This will involve installing 12 bicycle stations, for a total of 108 bikes, throughout downtown, within the IDL.

"The idea for the Bike Share program is that it be used for short trips of about 30 minutes," she continues. Haddaway gives the examples of an out-of-town visitor using a bike to get around downtown or a business person needing to quickly travel from south downtown to the Brady Arts District. Various usage options will be available including a yearly membership and a 24-hour access pass. Funding for Bike Share is being provided partly by a three-year CMAQ (Congestion Mitigation and Air Quality) grant, the George Kaiser Family Foundation and the City of Tulsa. Currently, the program is still in need of private funding assistance. Phase two of the program would launch three years after the creation of phase one and would add 12 additional bicycle stations to areas outside of the IDL, such as Brookside, Cherry Street, the Gathering Place and Kendall-Whittier. An additional portion of the GO Plan coming soon will be to address two different options for bike lanes, either on 3rd Street from the



MULTI-MODAL CHOICES: From left, Tulsa City Councilor Blake Ewing, INCOG Principal Transportation Planner James Wagner and Tulsa Transit Vice-Chair Marquay Baul stand in front of a Bus Rapid Transit bus in order to show the type of bus that would operate along Peoria Avenue and 11th Street if the transportation portion of the Vision Tulsa sales tax renewal package passes on April 5.

Kendall-Whittier neighborhood Tulsa sales tax renewal package leading into downtown or a bike track in downtown Tulsa, connecting Boulder Avenue, Elgin Avenue and 11th Street.

The GO Plan will receive \$3.125 development portion of the Vision tion of the Vision package passes.

passes on April 5.

Those funds would go toward creating bicycle corridors that would connect with the bus lines that would be created along Peoria Avenue and 11th million in funding if the economic Street if the transportation proposi-



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You Don't Have To Just **Live With Back Pain**

]: Dr. Harwell, for several years now I have been dealing with back pain. Early on, an MRI revealed some spinal stenosis and arthritis issues. I've tried Ibuprofen, acupuncture and an epidural injection with no long-term positive results. An orthopedic specialist recommends surgery but I've just heard too many stories of failed surgeries. I feel I'm running out of options. What do you recommend?

- Edward S.

A: The human back is such a complex collection of delicate bones, muscles and nerves. It's amazing to consider but also just about the number one source of chronic back and neck pain for the majority of Americans. Having back pain, muscle spasms and shooting leg pain can bring your life to a standstill.

Don't let pain keep you from enjoying time with grandchildren, participating in an active lifestyle or even climbing the stairs without pain.

Pain is your body's warning sign telling you something is wrong. Sure, you can numb the pain if you take enough pain pills, but, if you just mask the pain, it can prevent healing and maybe even damage your back further.

Renuva Back & Pain Centers could be the solution to your pain. They offer FDA-approved non-surgical, drug-free pain relief treatments. Their unique CoreCare[™] treatment protocol combines proven therapies, such as Digital Decompression and Class IV Laser Therapy, commonly used by professional athletes and trainers.

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The Journal Of Neuroscience Research concluded "Decompression Therapy should be considered first, before surgical procedures."

The Orthopedic Technology Review found that "86% of the 219 patients who completed Decompression Therapy reported immediate resolution of symptoms."



If you call Renuva Back & Pain Centers at 918-615-9811 by April 29th, they are offering a special price of \$59 for their Pain Evaluation. What does this include?

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SPARTAN COLLEGE AWARD WINNER: Bruce Blankenship, center, the student life coordinator for Spartan College in Tulsa, was recently honored with the Spartan College Skelly Award for Extraordinary Service to Students during a college awards ceremony. With Blankenship are, from left, Spartan College of Aeronautics and Technology CEO and President Jeremy D. Gibson, Blankenship's mother and father Joan and David Blankenship, and his sister Karen Elkins. Bruce Blankenship attended Oklahoma State University, where he played football as a receiver in the 1970s.

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College Fair

The Great Plains Association for K-12 Gear College Admission Counseling will host the "College Fair" at the University of Tulsa Reynolds Center Thursday, April 7, 6 – 7:30 p.m.

High School students from around greater Tulsa are invited to the free event. Students and parents can meet Fontana Shopping Center | with representatives from approximately 50 colleges and universities to learn more about the schools and evening will also include three Offer expires April 30. 2016 group presentations: OU (6 p.m.), TU (6:30 p.m.) and OSU (7 p.m.).

Six Tulsa Students Attend Legacy Weekend at OSU

Eva Campbell, Bree Echevarria, Emily McCool, Griffin Miller, Aidan Randle and Zephan Randle, all of Tulsa, participated in Legacy Weekend 2016 at Oklahoma State University on Feb. 6 and 7.

Legacy Weekend, hosted by the OSU Alumni Association and the Student Alumni Board, brought 24 legacies to Stillwater. While at OSU, legacies and their families got an up-close view of the campus, attended an OSU information panel and showed their orange pride at an OSU basketball game.

"Legacy Weekend is a wonderful opportunity for legacies to experience OSU in a different setting," says Melisa Parkerson, director of student programs for the OSU Alumni Association, "It's also a great time for them to interact with current students and gain a perspective on why OSU is America's brightest orange."

Campbell is a freshman at Holland Hall, Echevarria is a junior at Cascia Hall, McCool is a junior at Bishop Kelley, Miller is a junior at Bixby High School and both Aidan and Zephan Randle attend Jenks High School.

Legacy Weekend is open to registered legacies of OSU Alumni Association members. The 2016 event hosted participants from four states. More than 40 SAB members interacted with the legacies during the fun-filled weekend on campus.

"Through this event, legacies get a better idea of what to expect at OSU," says Melanie Jackson, SAB programming executive, "It's important for legacies to stay famil-



PISTOLS FIRING: Six Tulsa students attended Legacy Weekend 2016 at Oklahoma State University in February. Pictured are Aidan Randle, Bree Echevarria, Eva Campbell, Emily McCool and Zephan Randle. Not pictured is Griffin Miller.

munity of Stillwater have to offer."

SAB members are a select group of OSU students chosen for demonstrating excellence in scholarship and leadership on the campus. In addition to planning Legacy Program or about the OSU and presenting Legacy Weekend, Alumni Association, visit orange-SAB members serve as liaisons

iar with all that OSU and the com- between OSU alumni and students.

> The Alumni Association defines a legacy as a child or grandchild of an active association member. For more information about the OSU connection.org

AWARD WINNER: St. Gregory's University student Cindy McAtee was awarded the Catholic Business and Professional Women's **F. GREGORY** Scholarship by the Catholic Business and Professionals Women's (CBPW) Club of Tulsa at its February meeting held on St. Gregory's Tulsa campus.





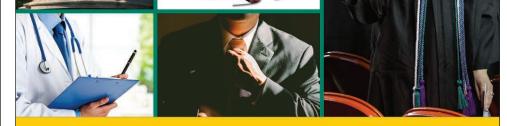


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Owasso Student Sews the Seeds of Success

Tulsa Tech's business management/entrepreneurship program teaches students how to create powerful marketing The bags are

and management plans. Students develop sales preand sentations product demonstrations for a competitive marketplace and also have an opportunity to network with many of our community's local business innovators at facilities such as 36 Degrees North, Tulsa's newest basecamp for entrepreneurs.

Brenna Palmer, a junior at Owasso High School, has

owned and operated her unique small business for the past six years, and the management/entrepreneurship program immediately caught her eye.

"I found out about Tulsa Tech at my high school, and noticed the business management and entrepreneurship class right away," Palmer says. "Since I already had my own business, I thought this would be the perfect fit.

"I started my business, Brenna's Corn Bags, in 2010," she says. "Although I had always managed it by myself, I really felt like this class would help me improve some of the things I already knew and teach me some great new ideas about operating my own business."

For the past six years, Palmer's small business has produced hundreds of customized, hand-sewn therapeutic corn bags. The bags contain corn grain and, when heat-

News from Tulsa Tech



By DR. STEVE TIGER Superintendent

of mouth has also proven to be a helpful source of

The bags are available in stan-

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can be cus-

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have a special print design in

The 16-year-

old's main mar-

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has been online,

at brennascornbags.com and

brennascre-

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Palmer

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sales. "In the beginning I mostly produced specialty items for individuals," Palmer says. "Then I began expanding into the wholesale market and providing orders to salons and pharmacies."

She credits the business management/entrepreneurship program and her instructor for helping to refine her existing business model. "It may sound corny," laughs Palmer. "But Mrs. Sexton is absolutely one of the best instructors I have ever had. She has helped me so much, and she is never too busy to be there for me as a person and a student."

Arlynda Sexton, Tulsa Tech's business management/entrepreneurship instructor, feels Palmer is the type of student who perfectly represents the spirit of a small business owner.

"There is no better student to have in class than one who has dreams," Sexton says. "They are striving for a goal, accomplishing that goal and sharing that spirit within the class. Brenna is certainly that young lady."

Palmer is very thankful for both of her parents, not only for the sewing machine she received for Christmas in sixth grade but also for the guidance and encouragement that they provide.

"My mom and dad have been the biggest influence in my life," Palmer says. "They encouraged me to start my own business and told me this could help accomplish my goals. So I guess this is where they get to say, 'we told you so.""

Additionally, the Owasso community will always remember Brenna Palmer's older sister, Haley Palmer, and the impact she had on so many lives. Haley died in 2008 at 12 years old from cystic fibrosis but, during her life, raised thousands of dollars for cystic fibrosis research.

"My sister will always be an inspiration to me," Palmer says. "I'm proud that I've kind of developed my own identity, but my family and I will always be extremely grateful to our community, and to Owasso, for honoring my sister in the way they always have."

Without a doubt, Haley would be proud of her younger sister, and for all of the faculty and staff who work each day to help students make their own path, we are proud of Brenna and wish her the very best.

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ENTREPRENEURIAL ATTITUDE: Brenna Palmer, a 16-year-old Tulsa Tech business management/entrepreneurship student, holds her all-natural therapeutic corn bags. She began her company, Brenna's Corn Bags, in 2010.



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MAKE YOUR OWN PATH

BIXBY BREEZE

BIXBY EDUCATION Bixby Teachers of the Year Spotlight

BY EMILY RAMSEY Managing Editor

This is the Bixby Breeze's second installment of Bixby Public Schools' 2015-16 Teachers of the Year, with our spotlight this month on teachers Dinah Benavides, Tiffany Davis, Lilyann Bledsoe and Jodee Haack.

Bixby High School alumna **Dinah Benavides** is Northeast Elementary and Intermediate's Teacher of the Year.

Benavides has spent seven years teaching with Bixby schools. She began at Central Elementary, where she created the B.E.A.R. (Bixby Enriching Academic Readiness) program for students with severe/profound disabilities. In 2014, she transferred to Northeast Elementary and Intermediate, where she works with students with mild/moderate disabilities and provides assistance for students needing remedial, intervention services.

She earned her bachelor's degree in special education from Northeastern State University and, in May, will graduate with a master's in educational leadership.

The rewards of teaching and teaching students with disabilities both are very rewarding, she savs.

Teaching provides "the opportunity to witness young minds making discoveries, grasping concepts, and developing new skills," says Benavides.



DINAH BENAVIDES

Additionally, teaching students says. with disabilities offers an even greater reward in witnessing 'students utilizing the strategies learned within the classroom to overcome challenges and obstacles that they face daily.

"I strive to empower my students to become the best version of themselves that they can be."

Tiffany Davis teaches music and drama at the Middle School and has been named its Teacher of the Year.

the arts establishes a sense of discipline, work ethic and teamwork a passion for music and a desire while also exposing students to to develop their talents," says the diversity of our world," she Davis, who credits some of her



TIFFANY DAVIS

Davis studied vocal music education at Oklahoma Baptist University and completed her bachelor's of music education at Northeastern State University.

She spent two years teaching music and choir at Coweta Public Schools before coming to Bixby schools in 2007. During her nine years in the school district, she has also taught AP music theory and debate at the High School.

"I strive every day to help even one student fall in love with "I believe that an education in music, and I yearn to foster in each student that crosses my path

middle school music teachers Bixby Public Schools. who played a role in developing her passion for music.

LILYANN BLEDSOE

"I absolutely love that moment when a student first has a connection to the music they are singing, when it goes from some class that they attend or something they are doing to becoming a part of who they are."

Lilyann Bledsoe is the 9th Grade Center's Teacher of the Year.

Bledsoe served as assistant vice president of lending at a bank before deciding to make a change toward a career in education as a special education teacher.

She is in her fourth year at

JODEE HAACK

She holds a special education degree from Northeastern State University with certifications in a variety of subject areas. "I view my teaching career as a constant learning process, and I believe there is always an opportunity to learn something new," says Bledsoe.

"My classroom philosophy Special education teacher hinges on 'Tomorrow.' Tomorrow is a new day. Tomorrow is a chance to start over. Tomorrow is a day we can try again. Tomorrow is the day it's going to make sense.

"Sometimes in life all, you can do is start doing the right thing.' (Continued on page 32)

Sin The Bank.





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BIXBY BREEZE

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BIXEY SPORTS Nic Roller Overcomes Hardship to Win State

By MIKE MOGUIN GTR Sports Writer

Having to deal with a shoulder injury, Nic Roller had to persevere through a season of pain on the mat. Turned out to be worth it as the Spartan senior captured a state wrestling championship at 220 pounds in Class 6A in late February.

Roller hurt his shoulder while playing running back during the football Spartans' run to the 6A-II state title last fall. He would not allow the injury to hinder him from either sport.

"I never won state (in wrestling), even as a kid," Roller says. "I made it to the finals a few times but would never win. With this being my last year, I knew I had to keep working hard to get back to the state tournament, because I knew anything could happen. Things just went my way."

The injury to his shoulder occurred in week five of football season. He did not have surgery until he was done with wrestling.

"I couldn't even do a pushup," Roller says.

"It was hard, but I knew this was my last year to try to win a state title," he says. "So I had to block that out mentally. I knew right after the season I was going to get that surgery, then the doctors would get it all fixed up. It was definitely a challenge at times, because when you get



NIC ROLLER OKLAHOMA CHAMPION

into those tough matches, all you want to think about is how bad your shoulder hurts. But you got to keep pushing through and focus on the fundamentals."

Doctors did advise Roller that he could wrestle with his shoulder being in that condition, but warned it would be painful. He accepted it and kept going.

Being the favorite to win it while ranked No. 1 all year-long, Roller finished the year with a 24-1 record. His only loss came in the regional final.

Roller was also runner-up at state last season, which served

as motivation through the offseason to achieve his dreams as

a first-place medalist. They came true Roller when he took a 3-1 decision against Union's Seth Mischler in the final, which took place in Oklahoma City. A key takedown with three seconds left in the second period broke a 1-1 tie and made the difference in the win. Roller would ride Mischler in the last period. "It was a great moment for me

and my family," Roller says. Roller has signed to play college football for Missouri Southern

football for Missouri Southern State in Joplin, Missouri.



For more information please contact Connie Faurot, 918-299-0904. South Tulsa Baptist Church, 10310 S Sheridan Road, Tulsa | southtulsa.org



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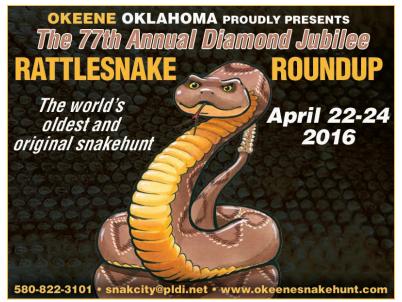
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- The expansion of Tulsa's Turkey Mountain will add urban wilderness.
- A plan for development will preserve the trails and parkland Tulsans have come to love, with areas for economic development that is strategic – not strip malls or unsightly projects.

See More of the Plan at VisionTulsa.com

Page 18



ney Jenning



BASSMASTER CHAMPION: Edwin Evers of Talala, Oklahoma, celebrates winning this year's Geico Bassmaster Classic in March. His final catch was a 29-pound, 3-ounce giant to help him secure the victory in the 46th year of the event. The greater Tulsa community again gave the Classic tremendous support.

LETTERMEN'S DEDICATION: University of Tulsa lettermen were all smiles during the dedication of the newly remodeled Lettermen's Lounge in the Reynolds Center on the TU campus on March 5. Past presidents are, from left with their sport and graduation year, Jim Bishop (men's basketball/1977), Kate Jones (women's soccer/1988), Steve Hegdale (football/1988), Alicia Conner-Todd (women's basketball/1980), Jim Yeager (baseball/1953), Steve August (football/1977), and Mark Wojciehowski (football/1976). The photographic artwork was done by former TU track star Josh Butts, and former TU football player Brad Grow funded the facility.



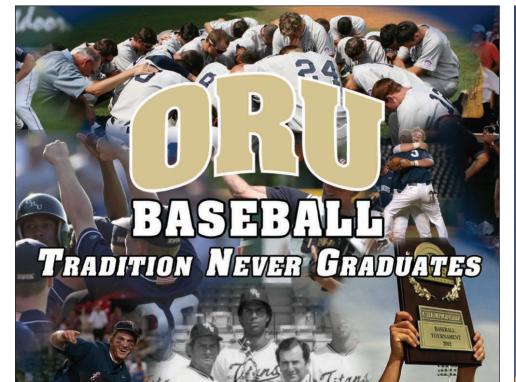




NO LOVE LOST: Or Ram-Harel of the University of Tulsa tennis team works hard in vain as Oklahoma downed Tulsa earlier this season in the Michael D. Case Tennis Center on the TU campus. After the match, both teams had 6-3 records.



SENIOR NIGHT: University of Tulsa basketball players say goodbye to the student body after their final home game March 5. TU graduates nine seniors from the team, the most of any team in the nation. Tulsa won the game over South Florida then received a play-in game against Michigan in the NCAA Tournament.





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By GLENN HIBDON GTR Sports Writer

Editor's note: This is the second article about the growth of lacrosse in Greater Tulsa. Last month's article featured the Bishop Kelley program.

Lacrosse is the new soccer in Tulsa. Fifty years ago, soccer began a rise in popularity in Oklahoma and across the United States. Jeff English and Tracy Isbell are hoping it's now lacrosse's turn.

"It's developing a large presence at the youth level," says English, lacrosse conference commissioner for Indian Nations Youth Sports (INYS). "We have 13 different programs and 840 male players. There are high school teams now, and for the first time this spring we have a girl's program."

English oversees boy's teams ranging in ages from kindergarten through eighth grade. There are also teams in Tulsa who play indoor summer league box lacrosse at Soccer City in Broken Arrow. Men's teams were started last fall in divisions of under 40 and over 40.

Isbell, director of girl's lacrosse for INYS, says that females will join the boys when youth play begins on March 26 at Neinhuis Park in Broken Arrow.

"Five years from now we will probably have a women's league," says Isbell. "There will be women who played in the youth leagues and in high school going to college and then coming back around. Eventually, I know we will have women's lacrosse."

Tulsa's discovery of the sport began more than 10 years ago when Dusty Booth arrived in town. Booth grew up in Wichita playing in high school and on a club team. After coming to Oklahoma, Booth coached a high school team and then was instrumental in forming the Tulsa Youth Lacrosse Association and the Bulldogs, a squad comprised of players without a team.

"Dusty Booth is the man who made it go," English says.

Today, there are high school club teams at Owasso, Jenks, Union, Cascia Hall and Bishop Kelley schools. They all play in the Heartland Conference, consisting of 16 teams in Oklahoma, Arkansas, Missouri and Kansas. English says Muskogee, Sapulpa, Bartlesville and other Green Country schools have expressed interest in organizing teams.

"We've had 17 percent growth over last year and 150 percent growth in Owasso," says English, who played lacrosse at Southwestern University in Texas



A NEW SPORT: Members of Indian Nations Youth Sports (INYS) lacrosse teams pose for a photo with their sports gear. Lacrosse has seen large growth across the U.S. in the past 10 years, and local teams are growing.

and now has an eighth grade son playing.

Lacrosse features the use of sticks with netting on the end so a ball can be passed back and forth between players. Just like in hockey, the aim is to fire the ball into a net for a point. The sport originated from stick ball, played by Native Americans. Unknown to most, lacrosse is the national sport of Canada.

"We have a large Indian population here, and stick ball is similar to lacrosse," says English, explaining why he thinks the sport has gained such a foothold in Tulsa.

"It's one of the fastest growing sports in the U.S. over the last 10 years. It's a small sport, but it's gaining momentum and has had double digit growth every year."

Unlike English, Isbell says she was "sucked in" to lacrosse when her son starting playing in the sixth grade. She never played or coached, but she sees many physical and health benefits from the sport.

"You don't have to have size or a big body build. Anybody can play," she says. "It's a fun sport, and it's enjoyable to watch for spectators and fans."

English says that lacrosse is less physical than football and players need stick skills in catching and throwing. While speed is an asset, it's not always essential.

"It's a great cross-fit sport. It complements agility, foot work, athleticism and hand-eye coordination," English says.

"It's a great off season sport for football," says Isbell. "You're using different muscles, and both sports are played in different seasons."

There are those who see lacrosse as an elite prep school sport played back east and others who believe the cost of equipment is prohibitive. English says that his group has a working arrangement with Dick's Sporting Goods for discounts. "Lacrosse is big on the east and west coasts and in the Denver area, but we're starting to see some of our kids playing college lacrosse in (NCAA) Division III," says English. "It's an alternative spring sport. In football, you have stoppages after every down, and lacrosse is more nonstop like basketball.

"All youth sports are based on volunteers; the best reason to get involved is that not a lot of parents know much about lacrosse. There is a lot less coaching from the stands. The biggest part is teaching kids how to catch and throw, and the offense and defense is similar to basketball."

If interested spectators want a look at the sport, English and Isbell recommend the Oklahoma event on June 11-12 at Mohawk Park. Over 60 teams and 1,200 players will come from all across the United States to participate in the tournament.

English's group is currently in discussions with Tulsa's Parks and Recreation Department about having a lacrosse complex being built.

"I do this for my son's interest, and I think it's a great sport for kids who may not want to play traditional sports but still want to have fun being a part of a team," English says.

"I don't have a daughter, and there are only so many slots available for girls to play soccer or softball at schools like Jenks," Isbell says. "With lacrosse, they have an opportunity to play a sport for a big school. I want to see the joy on their faces when they see they are going to play a big sport for their school in a big stadium."

The INYS lacrosse season runs from March 26 until May 21. Inquiries can be directed to www.inyouthlacrosse.com or indiannationslacrosse@gmail.com.



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Roughnecks, Drillers Look Forward to Season

By GLENN HIBDON GTR Sports Writer

Dallas beckoned the Tulsa Shock. The 66ers departed for Oklahoma City. Mike Melega is banking on Tulsa's Drillers and Roughnecks sticking around for a long, long time.

Thus far, the marriage of the Texas League baseball team and the United Soccer League franchise has been one made in sports heaven. And the honeymoon continues.

"I feel like we had a very good year (in 2015)," says Melega, president and general manager of both the Drillers and Roughnecks.

Both teams are housed at downtown Tulsa's ONEOK Field.

"We were fifth in attendance among 24 (USL) teams with 4,700 fans per game, and I think the league regards us as one of its most professional operations.

"Tulsa has struggled with some pro sports teams, but the Drillers are starting its 40th season, and we want to make sure the Roughnecks are here 20, 30, 40 years. The lifeblood of any team is season ticket sales, and the Roughnecks' growth is 40 percent this season."

Melega says the soccer team turned a profit in its maiden voyage last year, and the future appears bright.

Ownership of dual sports franchises seems to be the latest trend among both minor and major league teams. Tulsa Baseball Inc. owns the Drillers, and Tulsa Pro Soccer is the majority owner of the Roughnecks. The teams have the

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Just as SMG operates the BOK Center, we operate ONEOK Field. We're the tenant and operate the facility," says Melega. "Without our management, it would have been more difficult to start (the Roughnecks) from scratch.2

Melega points out that Reno will enter the USL next year and ownership of the team already fields a minor league baseball franchise. He says the NBA San Antonio Spurs have purchased a USL team and the movement is taking root.

You see NBA teams owning WNBA or D-League teams. A lot of the MLS teams operate USL teams," says Melega. "Eleven of them operate USL teams.

"The only negative for us last year was falling one week short of making the playoffs. I do think everybody grew to enjoy the energy of the Roughnecks, and we built a close relationship with our players. They are our players, while the Drillers are Dodgers players.'

Maybe so, but when it comes to a playing surface, Melega says his organization must take care of both teams. Starting out, he had concerns about the transition from baseball field to soccer pitch.

We have an obligation to have a great surface for the Dodgers players and a great pitch for the Roughnecks," he says. Jonesplan of Tulsa oversees the

transition from baseball to soccer, Gary Shepherd, and head groundskeeper, oversees the entire makeover. Sod is moved in from Leonard, Oklahoma, laid down, and then Shepherd mows it, lines it, and top dresses it with sand to give it weight for firm footing. Melega says MLS team NYC FC, owned by the Yankees and Manchester City, only have two games on week



HORNSBY: Tulsa Drillers mascot Hornsby eagerly anticipates the upcoming baseball season.

has the exact same field configuration.

There will be 10 transitions this season for the Drillers/Roughnecks.

"Tulsa has a great tradition in soccer, and the guys who stayed around the area still come to the games," he continues.

Melega says that someday his organization would like to have a soccer-only stadium, but the Roughnecks must learn to run before they gallop. The team is off to a promising start entering the 2016 season, which started March 26.

"All our suites are sold out, and that's a good sign," Melega says. "Last year, we played 14 home games, and his year we have 15. Of our 14 games last season, eight were played on Fridays or Saturdays and six on workdays. This year we



OIL-E COYOTE: Mary Ann Odell, who helped to name the Tulsa Roughnecks mascot, Oil-E Coyote, stands with her daughter and Oil-E Coyote at ONEOK Field's fan fest, held March 12.

nights and the rest on weekends and holidays

We will have soccer fireworks six times, and we will carry over a lot of marketing strategies with the Drillers," he says.

While the Roughnecks continue to rise in attendance, Melega wants the same for the Drillers. Due to rainouts last season, overall attendance slipped under 400,000 after topping that mark in 2014.

Tulsa became the first team in Texas League history to soar over 400,000 in 2010 and the first to surpass it again after dropping under that total.

There is much more opportunity to grow our Roughnecks tickets from the Drillers fans. For the Roughnecks, we see a lot of millennials, people in their 20s and 30s. In baseball, there are more families and kids,"Melega says.

Yes, the romance between baseball and soccer in Tulsa is blooming, and Melega is hoping it never ends. He's already making plans for the future.

We could have the opportunity to hire Roughneck specific employees," he says. "This season, we want to grow our attendance and make the playoffs (in soccer). Fans would love to see us get to the playoffs.

"In soccer there is a little more interest in winning and losing than in baseball. It would translate a little more like the Tulsa Shock or TU basketball. When those teams are doing well, you see more tickets sold. When the Drillers are not doing well, it doesn't hurt us terribly. Making the playoffs would be a wonderful thing and that's definitely our goal.



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SPRING HOME IMPROVEMENT **Exterior Lighting Improves Home Safety, Appearance**

improvements that can increase home value and appeal, several renovations may be atop homeowners' lists. While kitchen or bathroom remodels may be popular renovations, homeowners also should consider outdoor lighting schemes that can make homes safer and more alluring.

Outdoor lighting serves various purposes. Such lighting can draw attention to more impressive parts of a property. In addition, such lighting can improve security and deter criminals.

To get started, homeowners should first examine the exteriors of their homes and make note of existing lighting and where improvements can be made. If you're not sure where to begin, speak with an electrician or a landscape designer, each of whom can offer suggestions on lighting and which options are the best fit for your particular property.

Next, you'll want to consider efficiency and function. The United

When drafting a to-do list for home States Department of Energy sug- lights will clearly mark other walkgests incorporating energy-efficient lighting, including energy-saving LED bulbs or fluorescent lights, into your plans. Timers and other automatic controls can prevent waste by turning lights on only when they are needed. Solar lights can be used as accent lights, further saving energy.

Beauty

When addressing aesthetics, think about the appeal of an accented landscape. Include lights to frame the front door and call attention to certain elements, such as decorative trees or water features. Use lights to light up deck stairways or to accent planters.

Safety

Safety is an important consideration when improving a home. Lighting can help illuminate potential hazards or draw attention to borders or property boundaries. Navigating in the dark can be treacherous, so put lights along pathways and near pools or spas. Be sure that ways around your home, such as those leading from doors to the yard or from the garage to where trash and recycling pails are kept. If a design element, such as a bridge over a water feature or a particular ornamental tree or shrub, is difficult to navigate in the dark, use lights to improve visibility.

Security

Added security is another reason to install more exterior lighting. Dark homes are attractive to burglars. Eliminate dark corners by lighting up areas where thieves may be able to gain access to your home. This includes areas near doorways and ground-level windows. Install motion-sensor lights in such areas so you are not wasting energy.

Lighting may not only deter human intruders, but also it can scare away animals. A raccoon, skunk or opossum may think twice about hanging around your home when your property is bathed in a spotlight.



CURB APPEAL: Revamping exterior lighting elements can improve the safety and look of a home

2

House C

Why Hiring a Landscaper May Be for You

properties to appear as appealing as possible. While many homeowners want to be proud of their alone may struggle through a trial properties and come home to a welcoming home each night, the benefits to maintaining landscaping go beyond the notion that wellcared for lawns make for more comforting retreats.

Because numerous variables, including landscaping, influence property values, it's difficult to assess just how much the property values of homes with impressive landscapes are influenced by those very landscapes. Indeed, studies have produced varying results regarding the effect of well-landscaped homes on property values. But what many studies have shown and what many realtors indicate is that impressive landscaping adds a significant amount to property values, with estimates suggesting landscaping increases home values by anywhere from 5 to 20 percent.

Such estimates are good news for homeowners, and they also highlight the stakes involved when making landscaping decisions. Homeowners with green thumbs may embrace the challenge of revitalizing their lawns and gardens, but many, especially those pressed for time, can benefit greatly from working with professional landscapers.

Maintaining a property requires more than just mowing the lawn every couple of weeks. Even homeowners committed to making their properties as pristine as possible can run into problems when adverse weather conditions pose a threat to lawns and gardens. The following are just a handful of reasons why homeowners may find working with landscaping professionals is the best thing for their properties and their bank accounts. · Professionals understand the local climate. Experienced professional landscapers will understand the local climate and the challenges it presents to your lawn. Experience

Most homeowners want their can prove invaluable as lawns battle adverse conditions that threaten its survival. While homeowners going it and error period as they try to address problems threatening their lawns, experienced professionals are more likely to identify the problem immediately, providing a ready solution that can prevent potentially costly repairs down the road.

· Professionals can provide inspiration. In addition to maintaining properties, many landscaping professionals have vast experience improving properties through landscape design. Professional landscapers may have a host of ideas for your property that you would never think of. Homeowners with little to no lawn and garden experience may not realize all the things they can do with their properties, and those who go it alone may end up with unappealing landscapes that do not attract buyers' attention when the home hits the market

· Professionals can remove some of the stress of managing landscaping projects. Homeowners know that home improvement projects, whether they are addressing home interiors or exteriors, can be stressful. Professional landscapers typically have a network of professionals, including contractors, who they have worked with in the past. Such connections can ensure more complex projects that require both landscapers and construction contractors go



as smoothly as possible. In addition, homeowners who receive contractor recommendations from their experienced landscapers tend to rest easier knowing the people working on their properties have already developed a rapport and established a successful track record working together.













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Customer Appreciation Week: June 6-11

C&J School Uniforms has kept things uniform for Tulsa area schools since the store opened in 1996. Having met when their children were young and in uniforms, co-owners Joyce Fuller and Chari Edwards shared the desire of providing affordable but quality school uniforms. Their desire became a reality and C&J opened its doors in the Fontana Shopping Center at 51st Street and Memorial Drive.

Business growth over the past 20 years has required the store to move four times, all within the Fontana complex. Presently, C&J sits facing Memorial Drive next to Lenny's Subs.

C&J School Uniforms focus is on outfitting private, public and parochial schools while providing outstanding customer service. The staff is focused on helping families with their back-toschool needs. The store is Tulsa's premiere one-stop shop for rush. school uniforms from head to toe. The shelves at C&J are stocked with quality brand merchandise. Garments are made of durable, easy-to-care-for fabric.

To ensure a student is appropriately dressed, each school's individual updated dress code is thank all of their customers for

SCHOOL UNIFORMS available. In-house alterations are their trust and confidence in their

provided for the customer's convenience. Customers will also find unique items such as teddy bears dressed in uniforms, backpacks, headbands and bows, all to match students' uniforms.

Annually, C&J offers a monthlong sale in June to begin the Back to School season. This year, June 6 – 11, C&J is having its customer appreciation week. The 20-year celebration will include additional discounts, drawings for prizes, balloons, goodies and more.

After years of experience in this industry, Fuller and Edwards recommend parents begin their shopping early in the summer in order to beat the back-to-school

from 10 a.m. to 6 p.m. Monday through Thursday and 10 a.m. to 4 p.m. on Friday and Saturday. During the month of August, the store has extended hours.

Fuller and Edwards want to

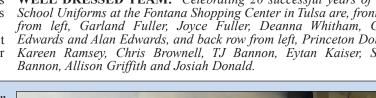
small local business for the past 20 years. They invite customers to see them for all uniform needs and accessories.

For more information, visit www.cjschooluniforms.com or call 918-610-7470.

BMX VISIONARIES: John David, third from left, was the speaker at the March 21 Rotary Club of Tulsa luncheon meeting. David is the chief operating officer of USA BMX, the World's largest sanctioning Body for the Olympic sport of bicycle motocross racing (BMX). If the Vision Tulsa proposal is approved April 5, the BMX head-Sports Commission

School Uniforms at the Fontana Shopping Center in Tulsa are, front row from left, Garland Fuller, Joyce Fuller, Deanna Whitham, Chari Edwards and Alan Edwards, and back row from left, Princeton Donald, Kareen Ramsev, Chris Brownell, TJ Bannon, Eytan Kaiser, Sarah

WELL DRESSED TEAM: Celebrating 20 successful years of C&J



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technology solutions, until his priority became running the business.

Eric knew he needed to learn how to better manage his business, so his employees could continue offering the best IT support services. The Tulsa SBC was able provide him with all of the support and answers he needed to successfully manage his business.

"Attending the events and asking questions will lead to other opportunities. No matter if it's leadership or other members, when I come across a challenge, I go to the Small Business Connection for help."

- Eric Kehmeier, President, Integrated Business Technologies

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Organization Helps Women Find Job Success

By EMILY RAMSEY Managing Editor

It has been said, in reference to a well-known fairy tale, that one shoe can change a person's life.

That is not far off from the motto of Dress for Success, an international nonprofit organization that provides clothing and career services for women in search of employment.

It is those services that helped to put Nancy Sposato on a new life and career path eight years ago

In 2007, Sposato was holding three part-time jobs and looking for a fresh start and employment that would provide health benefits. She approached Dress for Success Tulsa after learning about it through the YWCA.

"Dress for Success helped me build self-esteem and self-confidence," says Sposato. "It helped me build a strong foundation and to set realistic goals going forward.'

In May 2008, she was hired as a medical transcriptionist by St. ing various areas of life, includ-

John Health System, where she ing work/life balance, health and remains presently employed.

Dress for Success began in 1997 with the Tulsa affiliate opening in 2001.

Women receive one outfit for their job search and then can return to the store for additional outfits once they have obtained a job position.

"Our goal is to provide them up to a week's worth of clothing," says Dress for Success Tulsa Executive Director Ronda Adkisson.

The organization also offers career services including the Going Places Network, a sevenweek course for unemployed and underemployed women, where they gain job searching and pro-fessional skills. "Our goal is to have clients employed in seven weeks," Adkisson says.

The second offering is the Professional Women's Group (PWG), which is available for women who have found employment. The group provides ongoing support and guidance regard-

wellness, and civic leadership. "When women realize that they can give back, that starts to increase their value because, many times, in the past they did not felt like they had anything to offer," she says.

Women are referred to Dress for Success Tulsa by more than 140 nonprofit organizations, agencies, shelters, colleges, and technical institutes and are not charged for the services provided. Additionally, on occasion women will walk into the shop on their own, looking for guidance.

In addition to improving women professionally in local communities, Dress for Success is serving a much larger purpose of championing women's rights, Adkisson says.

For example, she mentions a woman whom she knows who lives in Poland and spent two years waiting for her government to approve her application to



BUSINESS ATTIRE: From left, Dress for Success Tulsa Board President Katherine Skorvaga, Executive Director Ronda Adkisson and Board Vice President Kuma Roberts stand in Dress For Success Tulsa's new location at 3103 S. Harvard Ave. in Tulsa.

changing the way people look at women's opportunities," says Adkisson, who has been with the open a Dress for Success affiliate organization for eight years as its

location in her country. "These women are changing between the store open to the public." by tours of the store open to the public.

mentalities in their countries, hold a grand-opening event to celebrate the move to its new location at 3103 S. Harvard Ave. on April 7 with a ribbon-cutting ceremony at 9:30 a.m., followed by tours of the store that will be

Will Rogers H.S. Hall of Fame Announces 5 Inductees

Induction Ceremony To Be Held April 1

The Will Rogers High School Community Foundation recently announced the Will Rogers High School Hall of Fame Inductees for 2016.

"The Will Rogers High School Hall of Fame is a stellar group of graduates who have achieved fame or extraordinary success in their chosen careers and are a positive influence on tomorrow's leaders," says David Rader, chairman of the Hall of Fame committee. "This Class of 1955; Charles Kimball,

year the Hall of Fame Ceremonies will be held on Friday, April 1, with an induction presented in the Will Rogers High School Auditorium for the students and guests in the morning, followed by a dinner and celebration that evening Southern Hills Country Club.

The 2016 Hall of Fame members are: Frank Pitezel, Class of 1942; J. David Nunneley, Class of 1954; Charlotte Wilson Heth, Ph.D., Ph.D., Class of 1968; Dick Risk, J.D., Class of 1959.

For more information concerning the Hall of Fame induction activities, visit www.willrogersfoundation.net.

To make reservations for the Hall of Fame Induction dinner at Southern Hills Country Club, please call Iris Warlick Studenny at 918-625-1533. Tickets are \$75 per person. Advance reservations are required.



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Page 26

Greater Tulsa Author Christopher Metcalf Releases Fifth Novel: The Perfect Patriot

For Oklahoma Metcalf, Christopher the Oklahoma City Bombing holds a permanent place in his memory. He can recall clearly the moment he heard about the bombing on his car radio as he drove to an interview. He was a writer at the Tulsa Business Journal at the time.

"At first, they didn't know what had happened. The radio news people reported there had been first book in the series, I knew I an explosion and a rising tower of smoke was visible from miles the Oklahoma City Bombing,'

building in Oklahoma City the office. I was interviewing someone for an article and we author could see the damage the bomb had done. It was sickening.'

That terrible event and the questions around how and why and most of all 'who could do this?' were the source for Metcalf's latest novel - The Perfect Patriot. This is the fifth book in the Lance Priest / Preacher series.

"Even back in 2011 when I wrote The Perfect Candidate, the would write one of these about

The April 19, 1995, bombing of away," Metcalf recalls. "They Metcalf adds. "Lance, the main the Alfred P. Murrah federal turned the television on outside character in my books, was living in Oklahoma and going to college in 1987 when he was recruited into the CIA. The OKC bombing was always going to find its way into a storyline.

For this book, Metcalf puts his main character, a deadly rogue CIA operative, in Oklahoma City days after the bombing. He works to determine who committed this mass murder and how he can prevent it from happening again. The book begins with the birth of Lance and his partner's, former KGB spy Marta Sidorova, first baby. But the bombing immediately changes everything for them, as it did for so many.

'Lance is ice-cold. He is a killer, a liar, a chameleon, a human tornado. But the bombing hits him at a personal level. He feels the need to get involved. And that takes him from Colorado to Oklahoma and into great danger as he digs into the underbelly of the anti-government militia movement," Metcalf says. "Lance, or Preacher his alter-ego, has a knack for finding his way into incredibly dangerous situations that end with incredibly violent results. It is definitely fun stuff.'

Five novels in, Metcalf is enjoying the continuing process of selfpublishing. The writing is the fun part. The rest – editing, marketing, more editing, advertising, and yet more editing, is the real work. "It But it is really cool to have people never gets old.

CHRISTOPHER METCA



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THE PERFECT PATRIO

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For more information, visit definitely takes dedication and email to ask 'when is the next www.christophermetcalf.com. The determination and some thick skin. Preacher book coming out?' That Perfect Patriot is available at Amazon.

Cunningham Jewelry Granted Accreditation

requirements and having been qualified. Vicki Cunningham, owner of Cunningham Jewelry and Appraisal Services, has been granted accreditation with the National Association of Jewelry appraisers and has been conferred the professional designation of Certified Master Appraiser. Founded in 1981, the National Association of Jewelry Appraisers (NAJA) states as its purpose, "to recognize, and make available, the services of highly qualified, informed, experienced, independent and professional appraisers of gems and jewelry to those members of the public requiring such expertise." It is the only appraisal

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As a Graduate Gemologist (Gemological Institute of America) and Certified Master Appraiser with the National Association of Jewelry Appraisers (NAJA), Cunningham is dedicated to providing expert appraisal services while strictly adhering to the highest professional and ethical standards.

Cunningham has over 25 years of experience in the jewelry industry, ranging from retail to design to appraisal. Her work in the appraisal field spans countless assignments for retail and private clients, as well as estates and consulting.

Cunningham is a member of the following organizations: National association in the United States Association of Jewelry, Appraisers devoted solely to the appraisal of (JAJA), Gemological Institute of

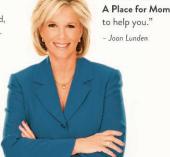


CANDELIGHT COUPLE: Cari and Gordon Marshall, strong supporters of the Child Abuse Network in Tulsa, are looking forward to this year's CANdelight Ball, to be held April 23 at the historic Mayo Hotel. This year marks the 5th anniversary of the event, which will open with cocktails in the Grand Hall, followed by an elegant dinner and live auction in the Crystal Ballroom, and conclude with a 16-piece band and dancing. Rachel Hunsucker is this year's event chair. For more information, visit www.childabusenetwork,org.



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gems and jewelry. With a member- America (GIA), Jewelers of ship of over 650 and Ms. America, Oklahoma Jewelers Cunningham is only the seventh Association, Diamond Council of member to achieve the highest America and Jewelers for Children.



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HOME AND GARDEN SHOW **REVISITED AT EXPO SQUARE**



BURNETT INC .: The Greater Tulsa Home & Garden Show, held March 10-13 at the River Spirit Expo at Expo Square, was another success with more than 500 exhibitors. Among the exhibitors was Burnett Inc., a greater Tulsa leader in windows and siding. From left are Scott Burnett, Kat Davis, Nancy Rardin, Jim Rardin and Ray Duffy.

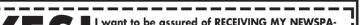


AIRCO SERVICE, INC.: Jamie Dwyer; left, and Chase Boyce were among the representatives of Airco, Inc. at the Home and Garden Show. Airco is a leader in heating, plumbing, cooling and electrical.



announces that Kyle Williams, P.E., transportation





BUSINESS & PEOPLE NOTES

Schnake Turnbo Frank announces Isaac Rocha, past TYPros chair and chair-elect of Mosaic, has joined the firm as an associate for inclusion and diversity, bringing to the

ROCHA

firm years of corporate and community leadership and business and board management.

Rocha will consult clients in inclusion and diversity efforts, including organizational assessments, research, scoring and change implementation. He also currently works for The Bama Companies, Inc., as the community relations and development officer where he helps strategically align the company's philanthropic giv-ing, government affairs, inclusion initiatives and community impact.

Rocha serves on the boards of the national Multicultural Foodservice & Hospitality Alliance, Oklahoma Chamber, Oklahoma State Educated Workforce Initiative, Tulsa Regional Chamber, and Workforce Tulsa and serves on the advisory board of the YWCA-Tulsa. He also serves as an appointed commissioner to the Greater Tulsa Area Hispanic Affairs Commission.

He received a bachelor's degree in management and marketing from Oklahoma State University and a Family Office Executive Certification from Pepperdine University.

The Schemmer Associates Inc. (Schemmer), а national full-servarchitecture, ice engineering and planning firm,



engineer, has received his professional engineering license in the state of Oklahoma.

Williams has been in the transportation group at Schemmer for two years in the Tulsa office. He specializes in municipal, local government and Oklahoma Department of Transportation (ODOT) design work. In addition, he has project experience with the Oklahoma Turnpike Authority.

Williams has a Bachelor of Science in Civil Engineering from the University of Arkansas. He is a member of the American Society of Civil Engineers (ASCE) and the Civil Engineering Honor Society, Chi Epsilon, as well as an elected trustee for the Tulsa Engineering Foundation. For more information, visit

www.schemmer.com.

Tulsa Route 66 Main Street has selected Jessica

izer and communicator with a pas-

sion for event planning and visual

media. Some of her previous proj-

ects, such as Sidewalk Stories, have helped bring awareness and

action to urban design issues in

Brent says she is excited to har-

ness the enthusiasm locals have for

Tulsa's westside to continue grow-

ing the Route 66 corridor. The president of Tulsa Route 66 Main

Street is Andrew Haar.

Tulsa.

SMG Tulsa, the management company of BOK Center and Cox Business Center, named Allie Thomas 2015 Employee of the Year. Thomas



serves as an event coordinator in the Event Services Department.

Thomas was recognized for her dedication to the success of events at Cox Business Center, including her work coordinating the 2015 Painted Pony Gala, which is one of the largest events in the facility and also the largest fundraiser of the year for the client, Saint Francis. Additionally, she took the initiative to help start a wellness committee for SMG Tulsa staff and organized a bike ride across Oklahoma on stationary bikes to help spread awareness for Mental Health suicide-prevention day.

"Allie embodies our SMG Tulsa mission of being 'Outrageously Excellent' as we relentlessly pursue superior experiences for our clients, guests and staff. In the past year she has played an integral role in the success of events at Cox Business Center," says SMG Tulsa General Manager Jeff Nickler.

The SMG Tulsa Employee of the Year is voted on by an internal committee of coworkers who recognize and award the efforts of staff members who go above and beyond the scope of their positions for clients, guests and vendors.

The Oklahoma Business Roundtable announces that Ann Ackerman, Ph.D. is its new president/CEO. Ackerman replaces Oklahoma City business and com-

munity leader Carl Edwards who had held the position since October 2012. Ackerman was also a long-term

ACKERMAN

educator and college administrator. She currently serves on the boards of the Oklahoma Health Center Foundation, Annie Oakley Society, Children's Hospital Board of Advocacy, and UCO's Advisory Board. Ackerman belongs to Rotary Club 29 and is past secretary and director. She has served on the Governor's Council of Science and Technology and chaired the Governor's Youth Council and chaired the board of the American Red Cross of Central Oklahoma. Her accomplishments include American Council on Education Fellow, Leadership Oklahoma City's Paragon Award, The Journal Record's WOY Circle of Excellence, and OCCC Employee Award for Excellence.

Flintco, LLC, one of the nation's largest commercial construction companies, is consolidating the leadership for its Oklahoma offices, naming Dave Kollmann as the Central Region president. In his

new

Tulsa

Kollmann

KOLLMANN

role. will oversee Flintco's

offices as well as Oakridge Builders Oakridge and Constructors.

and Oklahoma City **GUDGEL** Kollmann has been with Flintco for

23 years, serving as the Tulsa division president since 2006. Under his leadership, the Tulsa office has grown to one of the company's largest and most profitable offices.

Flintco has also named Richard Jaggers as the company's new chief administrative officer and Trent Gudgel as in-house general counsel.

Previously, Jaggers spent 14 years with Balfour Beatty PLC, most recently serving as senior vice president and chief financial officer for Balfour Beatty Construction U.S. In his new role, Jaggers will oversee the company's finance, accounting, legal and risk management teams. He brings over 25 years of experience in global, publicly traded construction and manufacturing companies.

Gudgel brings extensive construction, commercial, business and real estate experience to his role as general council. He was previously an attorney and shareholder with Hall, Estill, Hardwick, Gable, Golden & Nelson, P.C. in Tulsa.

A graduate of the University of Oklahoma's College of Law, Gudgel is a member of the Oklahoma Bar Association, the State Bar of Texas, the American Inns of Court and the Defense Research Institute.

Tyler Spradlin, relationship manager at Yorktown Bank, Matt Webb, AVP/private banking at Valley National Bank, and Cody Wilson, credit risk officer at Valley National Bank, all in Tulsa, completed the Oklahoma Bankers **Association Commercial Lending** School in Oklahoma City.

Spradlin, Webb and Wilson were among 43 graduates of the school, which was held Feb. 28-Mar. 4 at the OBA Harris Event Center in Oklahoma City.

The OBA Commercial Lending School, conducted annually, is designed to prepare bankers to serve effectively as commercial loan officers. Students learn about steps they should take in evaluating business loan requests, how businesses are structured and how to evaluate the management of business borrowers.



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Brent to serve as executive director. Brent is a former mobility management coordinator at INCOG and earned a master's degree in architectural urban studies from the University of Oklahoma-Tulsa. She is a skilled community organ-

The BRENT

She was named one of 50 Most Powerful Women in Oklahoma for 2012-2014 by Friday, and was one of The Journal Record's 2014 Most Admired CEOs.

Business Oklahoma Roundtable was founded in 1991 and serves as the state's key economic development support organization.





Page 28

Will Rogers High a One-of-a-Kind Treasure

High School Was First Public Works Administration Project in Oklahoma

In a previous column, I discussed tion, the building rises three stothe architecture of Daniel Webster ries above the main floor, forming

High School. But Webster was not Tulsa's first subhigh urban school. acknowledgement belongs to Will Rogers High School, 3909 E. 5th Pl., which opened on Sept. 11, 1939. The school is known as Rogers College Junior High and

On Architecture

That now Will High School.

The site for Will Rogers was a rural setting of 32 acres of grassy cow pasture. (Cattle grazed in the immediate area

architects Joseph Koberling and school is treated as a fine office Leon B. Senter, the school, at building with terra cotta sheathed 200,000 square feet, had a capacity of 1,500 students. It was the Ornamental plaster work borders first PWA Works (Public project Administration) in Oklahoma and the pride of WPA (Work Progress Administration). These two FDR agencies established in the depression years of the 1930s paid 45 percent of the substantial cost; 55 percent was paid by our local school district.

The building's exterior is buff brick with polished limestone and terra cotta accents. Towards the scheme. Originally classrooms

a small Below, lanterns flank the main doors while terra cotta interrupt bands of

what were originally steel windows. Terra cotta plaques above these doors are sculptured in bas relief. Those on the west depict Will Rogers in early and later life. Those on the east feature a boy and a girl learning. the main vestibule, By ROGER COFFEY, AIA handsome bronze radiator

tower.

bronze

entrance

spandrels

grills occur on the left during construction.) Designed by and right. The main hall of the walls, and terrazzo floors. the ceiling, installed by Percy Prosser, a well-known sculptor of the day. Decorating the two main hallways were 50 giant sepiatoned prints depicting seven phases of Will Rogers' life from boyhood through his movie career to his role as ambassador of good will.

The psychology of color was incorporated into the interior color



STUNNING **AUDITORIUM:** Will Rogers College Junior High and High School teacher Karen Miller points out the old-time Upon entering organ and architectural features found in the school's auditorium. The high school opened in 1939 and remains a premier example of art deco architecture at its finest.

> keyed to learning. Colors were used to produce moods. Bright hues were incorporated in science and math classrooms, and quiet colors were used for the library. A five color palate made up the color scheme which was eventually adopted as a standard for the whole school system.

Will Rogers had all the special spaces deemed important for a high school in the 1930s. These included an indoor pool, metal and wood shops, various gymnasiums with spectator seating, a cafeteria and full kitchen, a spacious



LONG-STANDING SCHOOL: The exterior of Will Rogers College Junior High and High School, 3909 E. 5th Pl. The 200,000-square-foot high school was designed by architects Joseph Koberling and Leon B. Senter, and while the school has undergone renovations and additions over the years, much of its original structure and features remain intact.

vast auditorium complete with bal- with figures of pioneers and cony and a large lobby with ticket booth.

The auditorium resembles a luxury theatre. The elaborate stage is curved and fluted with brass insets of a fan and floral design in tan and gold leaf. The proscenium arch is a rich mixture of floral and classic figure design and fans and fountains in gold leaf, terra cotta red and brass. Elaborate brass light fixtures and false balconies add to a performance atmosphere. The plaster ceiling is ornate with painted and stenciled cast plaster beams. Dominating the west wall is a mural by Alex Rindskopf, a Chicago artist. The James Greenleaf Wittier verse about tectural treasure never to be dupli-

Indians.

April 2016

Over the years, Rogers has received various remodels. A freestanding adult education building was added at the southeast corner of the site. Most recently, an athletic field house has been added to the northwest end of the original building. But most of the original building, listed on the National Register of Historic Places, appears as originally built although not without some layers of wear and repair from 77 years of hard use. With money for education in short supply, Will Rogers High School in design and detail will remain a one-of-a-kind archi-



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Brookside Continues as a Tulsa Destination

Brookside can be called quintessen- Brookside Yesterday tially Tulsa with its early Creek Nation history in the 1800s, then a landing place for early oil boom town growth in the early 1900s and finally becoming a shopping area for generations of enthusiastic people from the mid-1900s through today.

The Brookside area began as a part of the Creek Indian land just south of Tulsa. This land was granted to the Creek Nation in 1824. They were removed from Alabama to Indian Territory in about 1836. The mixed blood Creek Nation Perryman family was one of the first families to settle in this area and operated the first post office in 1882 at the home of George Perryman near what is now 41st and Trenton. (A marker stands at this site today.)

Early Brookside was considered to be along the river from 32nd to 38th streets and over to Peoria Avenue. Its boundaries have changed many times and have settled today on the main strip along Peoria from 31st to 51st and from the Arkansas River to Lewis Ave. The "village" area is concentrated along Peoria from 32nd to 41st streets.

Early Development

The "Brookside" name was first used by Guy Scroggs when he named his store Brookside Drug in 1940. The "brook" was presumed to be Crow Creek named for an early railroad president. Scroggs is also credit-ed with beginning the "friendly neighborhood atmosphere" prevailing in this area with his policy of awarding free ice cream to good students from nearby Eliot Elementary School.

City Veterinary Hospital was built in the Streamline style of Art Deco architecture in 1942.

Following the end of the Second World War, another building boom began which brought a new generation to the area.

In this post war era, Brookside added new businesses:

Dunwell Cleaners, Ralph E. Johnson was founder, and four generations of this family operated the cleaners until the late 1990s when it was transformed into a restaurant.

Brookside State Bank, the fifth state bank chartered in Tulsa whose chairman was Howard G. Barnett. Today, this is the home of a branch of the Bank of Oklahoma.

"It Be Bad!" A Tulsa Tradition For Over 33 Years **Dine In or Carry Out**

Brook Theater, a 600-seat movie theater was famous for its "Saturday afternoon matinees." Since that time, it has served as the home of the American Theater Company and then became The Brook restaurant and bar.

Van's Hamburgers, opened in the 1950s in the same site as Claude's Hamburgers is today.

Lewis Meyer Book Store, a very favorite place for book lovers located north of the Brook Theater; this space is now incorporated into The Brook

Rich's Furniture Store was at 34th and Peoria and was a favorite place to find home furnishings.

During the heyday of the 1950s, Brookside became a place for high school students to gather with friends. This led to the "Restless Ribbon" where cars packed with

students cruised up and down Peoria, especially through Pennington's Drive-In. Besides see-ing friends, Pennington's was famous for its fried shrimp, French fries and black bottom pie.

Brookside Today

Today, Brookside provides excellent establishments such as Elmer's BBQ, Poseidon Adventures, Millinda's Merle Norman, Sharkey's Billiards and Bar, and Cunningham Jewelry and Appraisals. (See page 26 for an article about Cunningham Jewelry.)

Brookside hosts several festivals Brookside Rumble & Roll on Thursday, June 2.



throughout the year. Herb Day will be held Saturday, April 9 and *BROOKSIDE BUSINESS:* Son Jeff and father Jim Stunkard, business partners with Purple Glaze, sit inside their Brookside location, 3303 S. Peoria Ave. The business caters to a wide range of customers, ages and levels of artistic ability.





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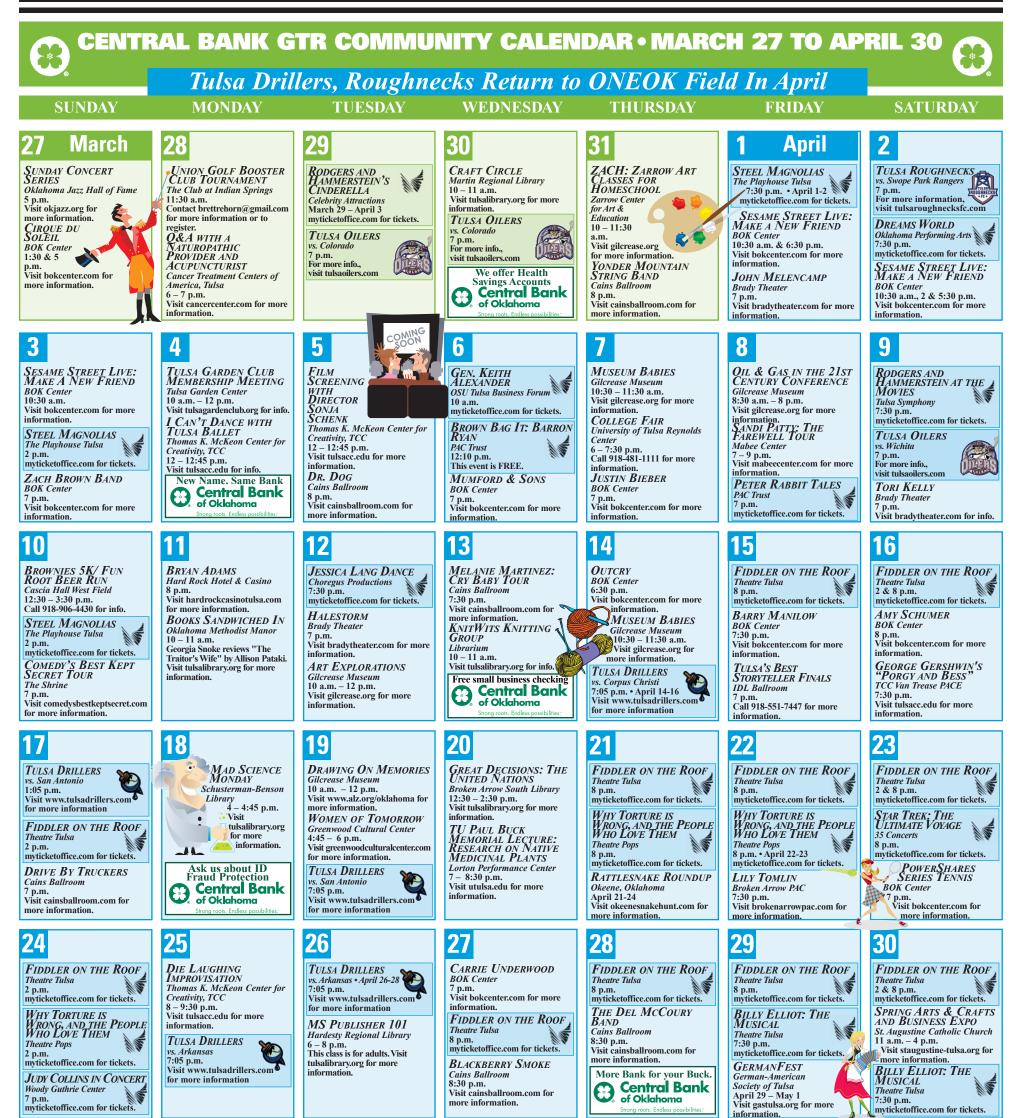
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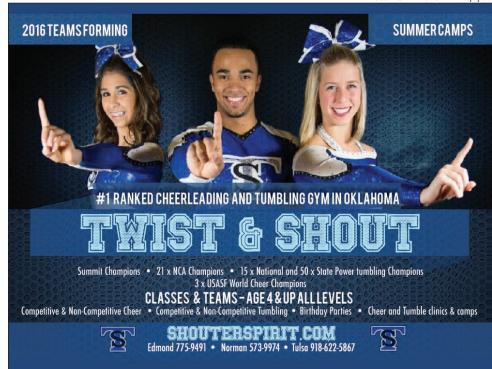
LOCAL NEWS

BIXBY BREEZE

Students Read to Dogs

ANIMAL EMPATHY: Bixby student Nathan Hendrichson holds a dog from the Tulsa Humane Society on March 2, which is Dr. Seuss' birthday and Read Across America Day. The event was held at Central Intermediate in partnership with Tulsa Humane Society and North Shore Animal League America, where more than 200 Bixby students, including those with special needs, read books to dogs that are available for adoption. The activity is a part of North Shore Animal League America's Mutt-I-Gree Curriculum, which was developed in collaboration with Yale University School of the 21st Century.





TTCU Gives Donation

In March, TTCU The Credit Union presented a \$3,000 donation to Bixby Public Schools as part of TTCU's School Pride program.

Since the program's debut in 2007, 20 schools have been added, allowing TTCU members to choose from 40 school card designs as the debit card for their TTCU checking account.

Members use their cards to show their school spirit and to support their chosen school. Each time the card is swiped to make a purchase, TTCU makes a donation to the school featured on the card. Since its inception, northeastern Oklahoma schools have received more than \$500,000 from the program.



HELPING SCHOOLS: *Kyle Wood, Bixby Schools superintendent, accepts a donation from Wendy Zuege, TTCU Bixby/BA South branch manager, as part of TTCU's School Pride promotion.*

Educators Recognized

(Continued from page 16) "When I love my students and know them, they try harder, listen better and grow faster," says **Jodee Haack**, the High School's Teacher of the Year. Haack teaches courses in Advanced Placement human geography, French and current issues.

Haack grew up in Owasso and graduated from Oral Roberts University. She has been teaching for 16 years, all of those years with Bixby Public Schools.

She began her path toward the teaching profession in high school as a member of Future Teachers of America.

"As I matured and chose my career path, the call became more clear. I wanted to leave a mark on society and I wanted to whittle out my mark one student at a time," says Haack. Her focus, she continues, is to provide, in addition to classroom curriculum, life experiences, and to develop in her students a thirst for knowledge.

"I fulfill my role as a teacher when I reach beyond curriculum, objectives, and academic skills and teach my students how to live life and live it well.

"I believe a teacher teaches every second of every day as much with actions as with words. The greatest teachers are those who realize their lives are always on display and that students are learning from every action and reaction.

"I strive to convey feelings of love and acceptance to the most troublesome student, remembering that there is a reason for the behavior," she says.

In addition to great real-

Celebrate Spring

world knowledge I could take back to work the next day and use, the OSU MBA program was grounded in practical application. I wanted knowledge I could use to make my company better and that's what I got at OSU-Tulsa.

Sean Kouplen, MBA, '02 Chairman and CEO, Regent Bank



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An Oklahoma State University MBA provided Sean Kouplen with the knowledge and credibility to be successful as a young bank president. OSU-Tulsa offered Sean the ability to earn a high-quality OSU MBA while remaining in Tulsa. That's the reason he recommends Tulsa-area business professionals pursue an MBA at OSU-Tulsa. Learn more about Sean's OSU-Tulsa experience at **OSUinTulsa.com**.



