

Shoals WOMAN

November 2022

TIPS FOR
BAKING BETTER
CHRISTMAS
COOKIES

GIFTS

*Shoals merchants
never disappoint*

8 EASY
CENTERPIECE
IDEAS

Thanksgiving
leftovers

Choosy moms choose
Persnicketies

Only treasures found at
Southern Trash

Simple ways to involve kids in
Christmas decorating

The Furniture Source!



Recliners, Sofas, Sectionals, Bedroom, Dining Room, Mattresses and more.

**We Are The Factory, For Real, Not Like The Other Guys...
... So They Won't Beat Our Prices**

No Credit Needed. Financing Available.

Get pre-approved online at www.buytfs.com

**Delivery
Available!**

Check us out on  for our latest deals.

**We Are The
New Guys
In Town**

3815 Florence Blvd., Florence (the old Gray's Furniture location) • 256-284-7599

Let's Celebrate!

**Our New Location
2487 Mall Road, Florence**

**Join us for our Grand Opening
Holiday Event**

Wed., Nov. 30 • 3pm-6pm

- **BOGO • Package Discounts**
- **Giveaways**



**2487 Mall Road, Florence
256-710-6090**

- Painless Laser Hair Removal
- Botox/Newtox
- Dermal Fillers
- Microneedling
- Lasers
- Skin Care Products
- Facials
- Chemical Peels
- Lash Lifts and Tints
- IV Nutrition
- Shockwave Therapy



complete medical care
of the Shoals

**2129 Helton Drive, Florence
256-367-4916**

- Acute and Preventative Medicine
- Medical Weight Loss Management
- Acne and Skin Wellness
- Skin Cancer Checks



Hillary delaRosa, M.D.



Medicare Open Enrollment October 15 - December 7

A local Medicare counselor can:

- Help you compare your current Medicare drug plan with other Medicare plan choices
- Help you sign up for a new plan
- Help you save money and get the best coverage

This service is provided by your local
State Health Insurance Assistance Program

Contact NACOLG:

256-389-0500

We have found safe, creative, and socially distanced solutions to continue serving you during the COVID-19 pandemic.

New Custom Upholstery

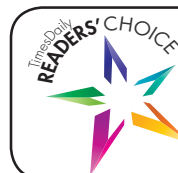
Other “custom” programs just give you a few fabrics to choose from but Design Studio by Bassett® lets you customize just about everything: arms, backs, base styles and fabrics are only the start.

CHECK IT OUT



DESIGN STUDIO
by
Bassett®

Barnett
Brown &



**Voted #1 Furniture Store
Reader's Choice**

2008, 2009, 2010, 2011, 2013, 2014, 2015,
2016, 2017, 2018, 2019, 2020, 2021 & 2022

3020 Florence Blvd. • Florence, AL 35634

256-767-1995 • barnettbrown.com

 Monday - Saturday 9 AM to 5:30 PM 

Welcome

As the nights grow cooler and with the holidays just around the corner, there seems to be a greater buzz around the Shoals.

We managed to work through at least two years of a muted version of the holidays given how the pandemic affected so many on so many levels.

Luckily, the pandemic seems to have subsided allowing for more open engagements and activities across the Shoals.

Tuscumbia has routinely been bustling in early December with its annual It's a Dickens Christmas, Y'all, but it, too, had to take a backseat to the pandemic.

Fear not, though, Scrooge, Marley and other familiar faces will return this year. The annual event will kick off on Dec. 9 with a Run Rudolph 5K followed by a full day of the festival on Dec. 10.

Stores throughout the area should be busy despite the threat of a recession. Josephine Manchester Graham offers vintage clothing at Southern Trash in the Seven Points area of Florence. Her store, which has been in business since 2015, offers clothing for any occasion whether it be a casual or formal event.

Another woman-owned business began a decade ago when two best friends decided the Shoals needed something different from the traditional consignment scene.

Allison Claunch and Ashley Winkle developed Persnicketies Consignment Boutique, which holds a bi-annual sale at various venues. The duo's fall consignment sale was held at the North Alabama Fair Grounds because previous venues just were not big enough.

After multiple expansions, the two may have found a venue big enough at the fairgrounds. They said their boutique-style consignment sales offer quality finds for a great price.

While people will be shopping for that perfect gift around the holidays, there will also be plenty of cooking.

We often wondered what do you do with all of those leftovers after your Thanksgiving feast. So, we went to some area chefs around the Shoals to pick their brain. They offered up some unique ideas and recipes to turn your Thanksgiving leftovers into something surely to tantalize your tastebuds.

We hope you enjoy this edition of Shoals Woman and have a great holiday season!

Kevin Taylor – City Editor



You can count on us for fast and reliable installation, maintenance and repair of your home's heating and cooling systems all year round.

Merry Christmas From



**2536 Florence Blvd.
(256) 764-7386
www.jchamm.com**

   AL HVAC #83391



WISHES GRANTED



Become A Part Of The BTL Family Today!

Learn More At:
BroadwayTheatreLeague.org

BTL Proudly Supporting Shoals Woman For 5 Years

ANASTASIA THE NEW BROADWAY MUSICAL

November 11 - 13, 2022
Friday 8pm, Saturday 2 & 8pm
Sunday 1 & 6:30pm
(Recommended for ages 7 & up)

Inspired by the beloved films, the romantic and adventure-filled new musical ANASTASIA is on a journey to Huntsville at last! From the Tony Award®-winning creators of the Broadway classic Ragtime, this dazzling show transports us from the twilight of the Russian Empire to the euphoria of Paris in the 1920s, as a brave young woman sets out to discover the mystery of her past. Pursued by a ruthless Soviet officer determined to silence her, Anya enlists the aid of a dashing conman and a lovable ex-aristocrat. Together, they embark on an epic adventure to help her find home, love, and family.

Tootsie

February 17 - 19, 2023
Friday 8pm, Saturday 2 & 8pm
Sunday 1 & 6:30pm
(Recommended for ages 10 & up)

Call it "musical comedy heaven" (Rolling Stone). Call it "the most uproarious new musical in years!" (The Hollywood Reporter). Call it TOOTSIE!

This laugh-out-loud love letter to the theater tells the story of Michael Dorsey, a talented but difficult actor who struggles to find work until one show-stopping act of desperation lands him the role of a lifetime.



February 28 - March 5, 2023
Tuesday - Thursday 7:30pm, Friday 8pm,
Saturday 2 & 8pm, Sunday 1 & 6:30pm
(Recommended for ages 8 & up)

Discover a whole new world at Disney's ALADDIN, the hit Broadway musical. From the producer of The Lion King comes the timeless story of ALADDIN, a thrilling new production filled with unforgettable beauty, magic, comedy and breathtaking spectacle. It's an extraordinary theatrical event where one lamp and three wishes make the possibilities infinite. See why audiences and critics agree, ALADDIN is "Exactly What You Wish For!" (NBC-TV).



March 31 - April 2, 2023
Friday 8pm, Saturday 2 & 8pm, Sunday 1 & 6:30pm
(Recommended for ages 8 & up)

HER VOICE. HIS VISION. THEIR STORY. ON YOUR FEET! is the inspiring true story about heart, heritage and two people who believed in their talent—and each other—to become an international sensation: Gloria and Emilio Estefan. ON YOUR FEET! features some of the most iconic songs of the past quarter-century, including "Rhythm is Gonna Get You," "Conga," "Get On Your Feet," "Don't Want To Lose You Now," "1-2-3" and "Coming Out of the Dark." Prepare to be on your feet from start to finish!



August 1 - 6, 2023

Tuesday - Thursday 7:30pm, Friday 8pm, Saturday 2 & 8pm,
Sunday 1 & 6:30pm (Recommended for ages 12 & up)

AIN'T TOO PROUD – The Life and Times of The Temptations is the electrifying new smash-hit Broadway musical that follows The Temptations' extraordinary journey from the streets of Detroit to the Rock & Roll Hall of Fame. Nominated for 12 Tony® Awards and the winner of the 2019 Tony Award for Best Choreography, it's a thrilling story of brotherhood, family, loyalty, and betrayal. Set to the beat of the group's treasured hits, including "My Girl," "Just My Imagination," "Get Ready," and "Papa Was a Rolling Stone."



February 3 - 5, 2023
Friday 8pm, Saturday 2 & 8pm
Sunday 1 & 6:30pm
(Recommended for ages 10 & up)

Riverdance, as you've never seen it before! A powerful and stirring reinvention of this beloved favorite, celebrated the world over for its Grammy award-winning score and the thrilling energy and passion of its Irish and international dance. Fall in love with the magic of Riverdance all over again.



May 12 - 14, 2023
Friday 8pm, Saturday 2 & 8pm, Sunday 1 & 6:30pm
(Recommended for ages 17 & up)

The New York Times calls it "the best musical of this century." The Washington Post says, "It is the kind of evening that restores your faith in musicals." And Entertainment Weekly says, "Grade A: the funniest musical of all time."

It's THE BOOK OF MORMON, the nine-time Tony Award® winning Best Musical. This outrageous musical comedy follows the adventures of a mismatched pair of missionaries, sent halfway across the world to spread the Good Word. Contains explicit language. For more information, visit TheBookOfMormonTour.com.

12
Only treasures
found at
Southern Trash

18
Choosy
moms choose
Persnicketies

24
Gifts
Find the best of the
best for gift giving.
Shoals area merchants
never disappoint

40
Thanksgiving
leftovers

44
Leftover recipes



45



18

Shoals WOMAN

Holidays 2022



p. 24



CHRISTMAS
Parades p.61

50
Tips for baking better
Christmas cookies

52
How to create a
durable gingerbread
house

54
Simple ways to involve
kids in Christmas
decorating

56
8 easy centerpiece
ideas

58
Distinctive holiday
festival growing
in popularity

61
Christmas Parades



52

WELCOME LETTER p. 6 • STAFF p. 10 • ON THE COVER p. 11



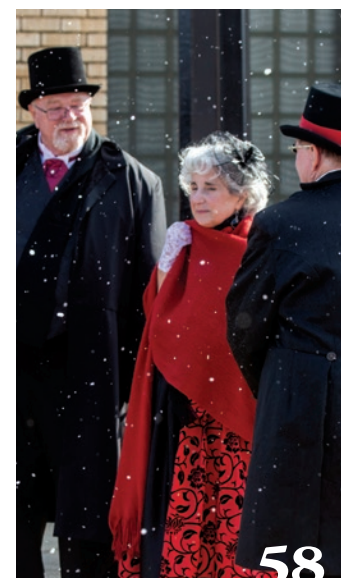
12



24



54



58

*Our dental family welcomes
your entire family for a
lifetime of healthy smiles.*



Your oral health has a tremendous impact on your immune system.

We encourage your visits to support your preventive lifestyle.

Always Accepting New Patients-Need a Nudge-See Our Google Reviews!

Shoal Creek Dental Offers:

- Implants to replace missing teeth and hold ill-fitting dentures
- General Dental Care • Root Canals • Crowns
- Botox • Clear Correct Orthodontic Liners

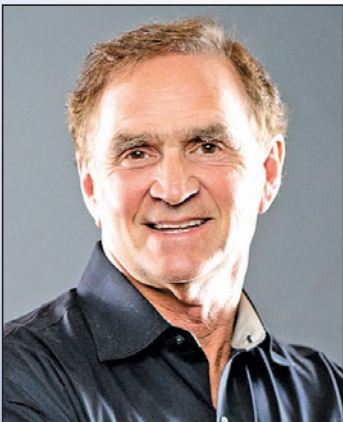
Sedation Available for the Anxious

Shoal Creek
DENTAL

1303 Hwy. 72 • Killen

256-757-5313

www.myshoalcreekdental.com



Bruce Evans, D.M.D.



Saul Evans, D.M.D.

publisher
DARRELL R. SANDLIN

executive editor
GARY MAITLAND

city editor
KEVIN TAYLOR

graphics technicians
T.J. HILDRETH

contributing writers
CHELSEA RETHERFORD
KEVIN TAYLOR

contributing photographers
DAN BUSEY
KEVIN TAYLOR
MATT MCKEAN

advertising director
RENITA JIMMAR-HALL

page designer/prepress manager
LIN REYNOLDS

advertising graphic artists
ANDREA GRAY
GWYN JONES
RUSSELL RODEN
RITA STRICKLIN
T.J. HILDRETH

retail
SHARON GOENS
HOLT BAYLES
TERRI HASTON

Published by

**TIMES
DAILY**

219 W. Tennessee St.,
Florence, AL 35630
256-766-3434

**Tennessee Valley
Media, Inc.**



Dajialyn
*Heart Transplant
Survivor*

The path to mending her heart began **here.**

Dajialyn was born with hypertrophic cardiomyopathy and at 3 months old was placed on the waiting list for a heart transplant. When her foster parents got the call to care for her, they never hesitated – and in July 2021, they received the call with the news she would get her new heart. Within hours she was at Children’s of Alabama in surgery. Her transplant was a success, and Dajialyn is walking, talking and doing all the things that keep parents of any toddler on their toes.



Children’s
of Alabama®



Learn more at [ChildrensAL.org/heart](https://www.childrensalabama.org/heart)

507685-1



Busey is a North Carolina native who has been a staff photographer with the TimesDaily since 2020. He earned an associate's degree in photojournalism from Randolph Community College in Asheboro,

North Carolina.

He has been awarded various Associated Press awards, as well as many in the Nation Press Photographers Association's monthly clip contest.

ON the COVER



Green, silver and white are traditional holiday colors. Green often symbolizes money, good luck and health through the holidays. Silver represents the star which the wise men followed to find the baby Jesus, while white signifies purity and the triumph of good over evil.

Photo by Dan Busey of the TimesDaily



380 Seville St., Florence

(next to Kohl's)

256-767-6389

www.woodfloorstore.net 

*Design starts from the floor up.
Come see us today for your*

**Flooring, Tile and
Backsplash Needs**

Open Monday - Saturday 8 am - 5 pm

***"North Alabama's #1
Full Service Flooring Store"***



Only treasures found at Southern Trash

by BY CHELSEA RETHERFORD
Photos by DAN BUSEY

When you wear things that make you feel confident, you are confident.

That is Josephine Manchester Graham's motto. She makes it a mission to make customers look as confident as they feel when they enter Southern Trash, a vintage clothing store on North Wood Avenue in Florence.

At 19, Graham, known affectionately by friends as JoJo, is the face of her family business. Five days a week she can be found behind the counter, or out on the sales floor helping prospective clients.

"That's my favorite part — styling customers," she said. "I just want to help people find great outfits that they feel great wearing. I love it when customers walk in needing an outfit for a special occasion, and I can say, 'I got you.'"

Graham and her parents, Joe and Courtnie Manchester, are no strangers to reinventing or reclaiming used merchandise.





Josephine Manchester stands inside her store, Southern Trash, in the Seven Points area of Florence.

The family owns three other shops in the Seven Points shopping district — Eleven54 on Wood features antiques and vintage décor items; Autographs —where Graham’s husband, Payton, works — is a specialty sports memorabilia shop; and up the street across from Walgreens, Florence Trading Co. features more antiques and furniture.

At Southern Trash, Graham’s department is style.

Having graduated in March from the Barbizon USA modeling school, Graham enjoys showing off new arrivals weekly on the Southern Trash Instagram page. She was among 20 contestants chosen out of 200 for a Barbizon competition in December.

Taking on the business allows her to pursue all her passions.

“It’s always been my dream to own a clothing store,” Graham said. Her parents purchased the

shop from its original owner, Milly Baine, about a year ago.

“We owned the other businesses on this strip, and what Milly was doing fit right in

with what we’re doing,” Courtnie Manchester said, adding that the family decided to keep the original name. “We didn’t want to see this business die.”

Southern Trash offers clothing of various styles.



Josephine Manchester hangs up new stock inside her store.



Grogan Jewelers

BY LON



YOUR BRIDAL DESTINATION

285 Cox Creek Parkway | Florence, AL | 256-764-4013



She said the store has always focused on vintage clothing and accessories since it opened in 2015.

“I modernized it,” said Graham.

She feels her store can boast the most unique finds in the Shoals area since she and her family often source their inventory by frequenting out-of-town estate sales,

or by thrifting other consignment shops in her parents’ Michigan hometown.

“We go to Michigan a lot. We have family there, and that’s our

picking place,” Graham said.

She feels the thrift shops in the Midwest have a greater variety with more diverse style.

“Thrifting here is more of a trend, you know what I mean? Michigan is a bigger place with more options,” she said. “Thrift shops here feel more picked over, and it feels like you see a lot of the same thing.”

Graham said she prefers marketing on social media because the platform is a better fit for Southern Trash.

“We get asked about our website a lot,” she said with a laugh. The store doesn’t have one.

“We don’t keep the same inventory,” her mother explained. “I feel like a website is more for businesses who are selling the same items



Manchester already has her store stocked with long sleeve items for those cool autumn and winter days and nights.



In addition to clothing, Manchester has a variety of name brand shoes in stock.

from week to week. That's not us. We want things flying off the shelves with new things coming in every day."

She said the family is working to make Graham's goal of expanding the small shop a reality. After purchasing space in the back of the building, Graham said her family is adding "high-end" collectible Nike shoes.

"I want us to grow and expand our inventory," Graham said about next steps for the shop.

In the meantime, she thrills in hand-picking treasures exclusive to Southern Trash.



Manchester hand picks every bit of clothing and shoes she sells in Southern Trash.

SHOALS

plastic surgery



Shoals Plastic Surgery is devoted to rejuvenating and enhancing your natural beauty using state-of-the-art procedures that will result in beautiful, natural results that make you look better and feel more confident about your appearance.

"Our desire is to provide you with the finest personalized care, while creating beautiful, natural results that turn your dreams into reality."



Dr. George R. Jennings, MD

While in our 12th year in the Shoals, the staff of Shoals Plastic Surgery and Dr. Jennings strive to give compassionate and competent care on an individual basis. Being able to fulfill a need in this area, and giving patients an option to stay close to home is a great honor. Plastic Surgery is the work of transformation and renewal, and for many patients, this can be life-changing. This is one of the many reasons Dr. Jennings chose the specialty of Plastic Surgery.

Dr. Jennings is Board Certified by the American Board of Plastic Surgery and a standing member of the American Society of Plastic Surgeons. He takes patients' needs very seriously and works diligently to achieve success for his patients, whether it be cosmetic or reconstructive-- making Shoals Plastic Surgery the "go-to" practice that has a positive and lasting impact on the entire Shoals area and its people.



Pamela Varnagatas, LE

I'm licensed by the State of Alabama Managing Estheticians and Managing Cosmetologists, with 20 years of experience in the cosmetic and beauty industries.

I have advanced skills in the skin care industry, specializing in lasers in medical and plastic surgery practice for 14 years.

I have a passion for skin care and enjoy the challenges and responsibilities in my profession of applying my abilities to meet each individual's skin care needs.



SHOALS

plastic surgery

203 West Avalon Avenue, Suite 100
Muscle Shoals | 256-386-1450

For more info, visit: jenningsplasticsurgery.com



@Shoals_Plastic_Surgery



Choosy moms choose **Persnicketies**



Ashley Winkle, left, and Allison Claunch have built a bi-annual consignment sale which has outgrown several venues.

by BY CHELSEA RETHERFORD
Photos by DAN BUSEY

Persnicketies Consignment Boutique was born out of a new friendship in 2012, when Allison Claunch and Ashley Winkle decided they could offer something different from the traditional consignment scene in the Shoals.

Ten years later, the best friends continue their bi-annual sale that has outgrown multiple venues, nurtured a network of partnerships with fellow moms, and continues to attract local and out-of-state consigners and shoppers.

Claunch and Winkle retell their business story by starting with how they met. In 2010,

the two expecting moms met for the first time in a childbirth preparedness class.

“We became fast friends and later best friends,” Claunch said. It was her idea to start the business venture, but she wasn’t all that sure Winkle would take her seriously, let alone encourage the idea and run with it.

The two had shopped consignment stores before and wished they could find someplace that offered a more specialized selection.

“When we’d go shop, we’d really have to look. We didn’t want the items from Walmart, Target, Old Navy—we have those here local,

FULL LIFE WELLNESS CENTER

156 Titan Drive, Florence • 256.740.0690 • www.FullLifeMD.com.



L to R: Stacey Moore, MSN, CRNP; Danielle Elliott, MSN, CRNP; Liz Davis, MSN, CRNP, NTP; Douglas Woodford, MD; Ashley Frederick, MSN, CRNP, NP-C; Emily Russell, DNP, FNP-C

Services Offered:

- Primary Care
- Bio-identical Hormone Replacement Therapy
- Thyroid Management
- Physical Therapy
- Functional Medicine
- Regenerative Medicine
- Chiropractic and Acupuncture
- I.V. Nutrition Therapy

Full Life Wellness Center

- H. Douglas Woodford, MD • Danielle Elliott, MSN, CRNP
- Liz Davis, MSN, CRNP, NTP • Stacey Moore, MSN, CRNP

Full Life Primary Care

- Emily Russell, DNP, FNP-C • Ashley Frederick, MSN, CRNP, NP-C

Full Life Regeneration

- Mike Marino, DC • M. Tyler Melson, DO • Clint Lester, DPT
- LeeAnn Stanford, CRNP

and you can buy the merchandise there for about as cheap as you can find in a consignment sale,” Claunch said. “Why not comb all that stuff out so customers don’t have to weed through to find what they want?”

Winkle said the idea was to aim for top-quality brands in baby gear, children’s clothing, shoes, accessories and books—later they would expand to add designer purses. Hence the name.

“We’re persnickety about what we take. We want the higher end, upscale kids clothing you find a boutique,” Winkle said. “It gives moms a different avenue to shop. They know they can look for those kinds of things at the sale. We want to be picky.”

The business venture has been a learning process for both women, but the sale’s booming success led to expansion after expansion. The first consignment sale was held in the activities building of the First Southern Baptist Church, where Claunch’s parents attend.

“When we started, there was no end-goal. We were just praying it would work,” Claunch said.

The church building allowed them to try their new business venture without too much risk or up-front investment. Still, in that first sale, the ladies had 38 consigners.

“We didn’t even think we’d have that many,” Claunch said.

Winkle said the two were pleasantly

surprised by the number of shoppers they had as well.

“I can remember that first sale when we had a line,” she said. “At that time, social media was not what it is today. People would post things on Facebook, but events didn’t get shared like they do today. We were shocked. We looked out the blinds and couldn’t believe we had a line. We’ve had good years and better years. This community has truly supported us since day one.”

The consignments sales are so popular and grew so rapidly, finding a large enough venue to house the sale twice a year was the biggest challenge. Eventually, Claunch and Winkle moved their twice-a-



In addition to children’s clothing, Persnicketies offers children’s carriers, car seats and toys.

*Add Some Sparkle to Your Smile
This Holiday Season!*



Left to right: Dr. Brittney Reeves, Dr. Julie Rice, Dr. Mary Leigh Gillespie

**DYNAMIC
DENTISTRY** 
of the Shoals

921-C East Avalon Ave
Muscle Shoals, AL 35661

(256) 320-2150

www.dynamicshoals.com



510203-1

year consignment shop to the Muscle Shoals Fairgrounds facilities, where the pop-up sale still takes place today.

Claunch and Winkle say their boutique-style consignment sales not only offer quality finds for shoppers at a great price, the shop is also a great way for parents to recoup their costs for purchasing the high-end merchandise. In fact, consigners have opportunities to recoup 65% to 75% of their money back on name-brand items, the two said.

“Truly, what I think they love most is they can shop and replenish within a week. It’s a really quick and easy process—much easier than Facebook Marketplace,” Winkle said. “They can make

more money with minimal work, especially compared to yard sales and posting items for sale on social media.”

The Persnicketies Boutique offers consigners different options as far as dropping off merchandise, tagging and sorting their own items, and even working the bi-annual sales. Consigners who register to put items in the sale can be hands-on throughout the retail process or they can simply drop the items off and forget about them until payday. Those options are outlined on the Persnicketies Boutique website.

Once consigners get their check, Claunch and Winkle say they’ve seen families take vacations with their earnings, or

the resale might bring in enough money to help with bills, dance classes, tee-ball signups, and other familial expenses.

It’s also a sustainable and affordable way for families to shop and replenish their children’s wardrobes.

“We’ve built a community and gained many friendships,” Claunch said. “Many of these moms have become friends after several years of consigning and shopping.”

While many of these partnering moms, grandmothers and other consigners are local, the two said they’ve generated a lot of interest from Birmingham, Tennessee, Mississippi and Texas. They’ve even got a regular consigner from



Ashley and Allison finally found a venue large enough to host their consignment sale – the North Alabama Fairgrounds.

New York.

The two attribute their success in part to the uniqueness of the business. Persnicketies is one of only a handful of “carefully curated” consignment shops, Claunch said.

“We could not pull off the event without all the other moms,” Winkle agreed. “They have really rallied around our business and supported it from the beginning. They are the heartbeat of our sale.”

The next Persnicketies consignment sale is scheduled for Feb. 16 through 20.

The two said registration should open in early January.

For more information, visit persnicketiesboutique.com



Ashley and Allison said they have local consigners, but they have generated interest from consigners in Birmingham, Mississippi, Tennessee, Texas and as far away as New York.

Northwest Alabama Leg Pain Specialists

Treating the Causes of Leg Pain, not just the Symptoms!



Do you suffer from...

- | | | |
|---------------|---------------|----------------|
| Restless Legs | Itching | Varicose Veins |
| Cramping | Discoloration | Tingling |
| Swelling | Heaviness | Spider Veins |
| Burning | Aching | Hair Loss |

Our team of experts includes Board Certified Physicians who specialize in the diagnosis and treatment of leg problems. We utilize the latest in diagnostic equipment to get to the cause of the problem and develop a solution.

Let us help you get back to an active and healthy lifestyle!

For more information or to set up an appointment, please call 256-766-2310

2095 Florence Blvd., Florence, AL 35630 • (256) 766-2310

gifts



Find *the* best of *the* best for gift giving

Shoals area merchants
never disappoint!

1.
**OFF BITS BUILD IT
YOURSELF
TRANSPORT KIT**
\$35

2.
CHRISTMAS PILLOW
\$37

3.
**CARRIAGE BOUTIQUE
MATCHING CHRISTMAS
OUTFITS GIRL & BOY**
Girl \$58, Boy \$48

The Yellow Door
Florence
256-766-6950

4.
**PINK/RED GLOVES
& TOBOGGAN**
Gloves \$26, Toboggan \$26

The Village Shoppe
Muscle Shoals
256-383-1133



3.



9.



5.



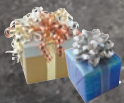
4.





- 5. **WILSON LAKE**
BLANKET (EXCLUSIVE DESIGN)
\$210
- BEAUFORT BONNET**
COMPANY
- 6. **BRADFORD BUBBLE** with
DRUM EMBROIDERY
by Homemade
\$56
- 7. **BRENTLY BUBBLE**
\$64
- 8. **BARRINGER BONNET**
by Hughston
\$50
- 9. **MER-SEA KINT**
MITTENS & KNIT
POM BEANIE
Mittens \$34, Beanie \$34
- PSI
Florence
256-764-8061

gifts



1.

1.
HOT PAWS OVEN-MITT SET, DACHSHUND
\$39.95

The Yellow Door
Florence
256-766-6950

2.

2.
CASHMERE SWEATERS
\$298 each

3.
LOCK & KEY PEARL NECKLACE & EARRINGS
\$175 & \$39

4.
DAVID JEFFERY PURSES
\$118 each

Marigail's
Florence
256-764-9444

3.

4.

We want to thank our patients and friends for voting



their FAVORITE DENTIST OFFICE

TimesDaily Readers' Choice 2022



Dr. Tamsie C. Coker, D.M.D., and her staff are grateful for your support and trust.

Come see what our patients are smiling about.

General, Surgical, Cosmetic Dentistry and Facial Cosmetics.



Hours: Mon. & Wed. 8-5
Tues. 10-7, Thurs. 8-3
Closed Fri.

1845 Darby Dr., Florence
Call to schedule your appointment.

256-767-7600

www.cokerfamilydentistry.com

gifts



1.

1.
**OLIVER THOMAS
BAGS**
\$39-\$175

Marigail's
Florence
256-764-9444





- 1. **FINLEY RIVER EARRINGS**
\$11 each
- 2. **1818 PRODUCTS - SHEA BODY CREAM OATMEAL**
\$12
- 3. **MILK & HONEY SOAP**
\$8
- 4. **CUTICLE BALM**
\$8
- 5. **LIPKARE**
\$3.99

Ann's Timeless Treasures
Florence
256-349-1433



**Recognized
Respected
Recommended**
.....Since 1990

Choose a professional who is consistently at the top of the profession.

**Call
BABS!**
256-366-3090
BabsMoodyRealtor@gmail.com





1.
**ZODAX REINDEER
DECORATIVE
FIGURES** SMALL, MED, TALL
Small \$12, Med \$18, Tall \$30

2.
**SIBERIAN FIR
CANDLE DOME JAR**
\$36

3.
BAR TOWEL
\$12

4.
**STAINLESS STEEL
WHISKEY POURERS**
\$37

Blinds, Shades & Shutters
Florence
256-764-8080



1.

3.

Happy Holidays



**Take advantage of our
Black Friday Deals and
Christmas Sales**

*Massage • Facials • Waxing
Sugaring • Lash Extensions
Ultrasonic Cavitation Lipo
& MORE!!*

*3505 Cloverdale Rd, Florence
256.702.2736*

Edenspaandwellness.com

Gift cards available



510249-1

gifts



5.

2.

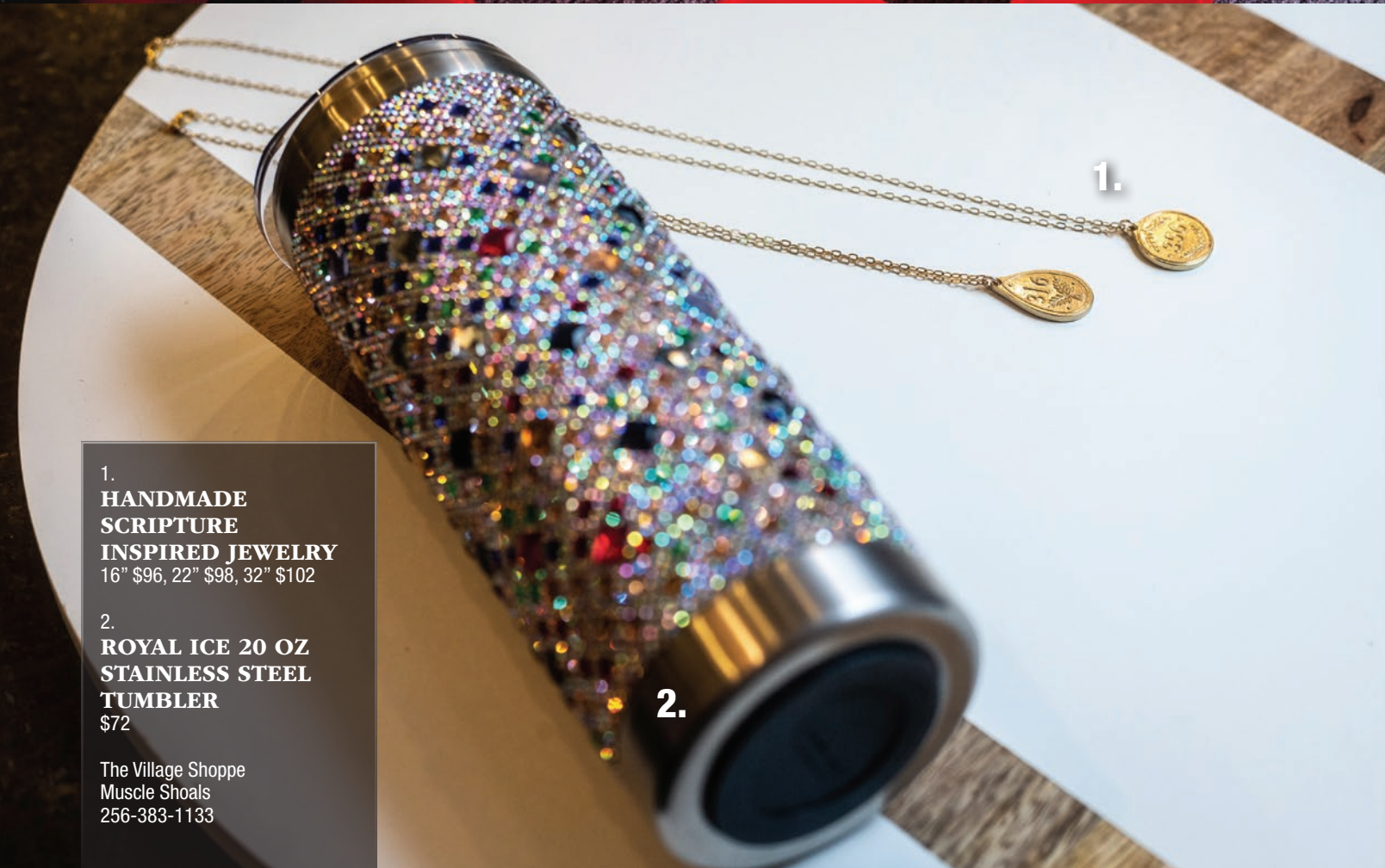
3.

4.

1.

1. **BETTY CARRÉ EARRINGS**
\$85
2. **BETTY CARRÉ RING**
\$145
3. **ERIN GRAY 5 STACK BRACELET** 14K GOLD FILLED
\$195
4. **SIMON SEBBAGE BLACK LEATHER with STERLING SILVER COLLAR**
\$225
5. **SIMON SEBBAGE BLACK LEATHER & HAMMERED SILVER BRACELET**
\$275

Sidelines Unique Jewelry Creations
Florence
256-767-0925



1.

2.

1. **HANDMADE SCRIPTURE INSPIRED JEWELRY**
16" \$96, 22" \$98, 32" \$102
2. **ROYAL ICE 20 OZ STAINLESS STEEL TUMBLER**
\$72

The Village Shoppe
Muscle Shoals
256-383-1133



1.

1.
**SABLE IN SILVER
FROM HOBO AND
LAUREN BILLFOLD
FROM HOBO**

Sable in Silver \$158
and Billfold \$178

The Village Shoppe
Muscle Shoals
256-383-1133



Cataracts
—
Glaucoma
—
Lasik

FLORENCE
HUNTSVILLE GUNTERSVILLE SCOTTSBORO



William Mitchell, MD



Michael Salter, MD

2415 Helton Drive, Suite A Florence, AL 35630 256.349.5253
MAYNORANDMITCHELL.COM

509383-1

gifts



1.

1.
**IN OFFICE CHAIRSIDE
WHITENING PROCEDURE**
\$597

Dynamic Dentistry
Muscle Shoals
256-320-2150

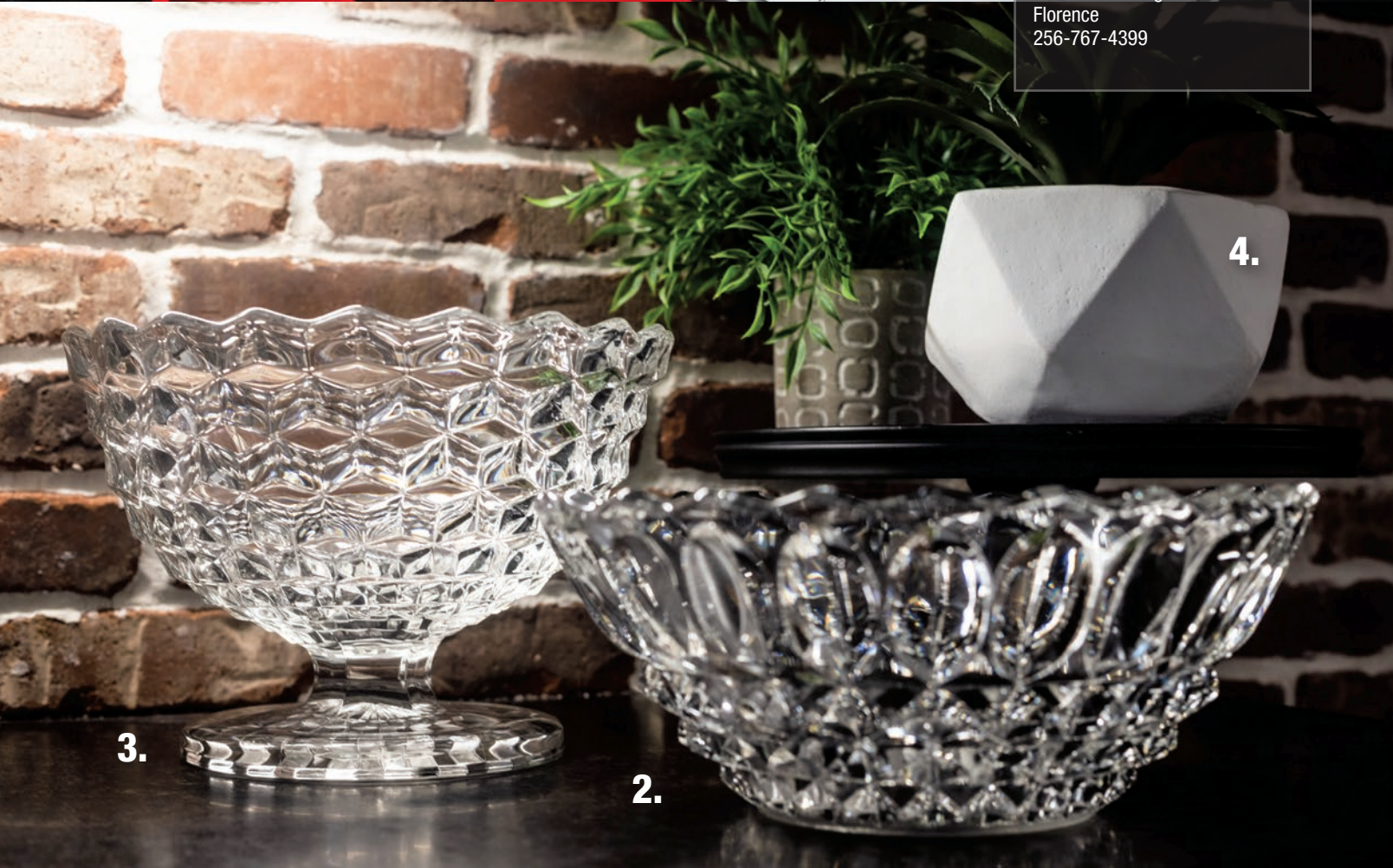
2.
**LARGE CRYSTAL
SERVING BOWL**
\$55

3.
**SMALL FOSTORIA
GLASS PUNCH BOWL**
\$65

Ann's Timeless Treasures
Florence
256-349-1433

4.
FLORAL GEOMETRIC POT
\$38

Warehouse Clothiers &
Home Furnishings
Florence
256-767-4399



3.

2.

4.

Impressive Relaxers

that give comfort to your bottom line

IMG® is the progressive choice in motion furniture with exceptional seating comfort, unrivaled quality and functional designs.



Free Delivery



COLD-CURE MOLDED FOAM

This spaceage material encases the interior steel frame and sinuous springs, allowing for body-friendly curvatures to be covered with glove-fitted upholstery. This guarantees absolute comfort and durability.



360 swivel on MANUAL
- 180 on MOTORIZED



Integrated footstool



Adjustable head and neck support



Gliding / rocking function



Effortless reclining



3 sizes



WARRANTY

Ten years on molded foam cushions and steel frames.

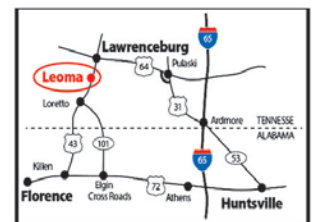
Five years on mechanisms.

Two years on motor battery-parts plus leather and fabric covers.



Story & Lee
Since 1970 Furniture & Bedding

Store Hours:
Monday thru
Saturday
9 A.M. 'til 6 P.M.



Free Delivery - Hwy. 43 • Leoma, TN • (931) 852-2111 • Toll Free: 1-800-345-2511

gifts



2.

5.

4.

3.

1.

1.
**8 ANNA ZUCKERMAN
BOLO BRACELETS**
\$49

2.
**ANNA ZUCKERMAN
DIANA NECKLACE**
\$895

3.
**ANNA ZUCKERMAN
EARRINGS**
\$199

4.
**.54 DIAMOND
EARRINGS**
\$2,199

5.
**7/8 CTW DIAMOND
1.5. C RUBY RING**
\$3,299

Creative Jewelers
Florence
256-766-7650



1.

2.

4.

5.

3.

- 1.
MULTIPLES TOP
\$69
- 2.
NECKLACE
\$34
- 3.
BANGLE KEY CHAINS - various styles
\$14
- 4.
3 PIECE BOOK SET BOX
\$68
- 5.
CHAIN DÉCOR
\$22

Wearhouse Clothiers &
Home Furnishings
Florence
256-767-4399

gifts



1.

4.

3.

2.

INSTAGRAM: GREY_HOUSE_GALLERY
FACEBOOK: GREY HOUSE GALLERY

Shop Unique Gifts
GREY HOUSE GALLERY
OWNER AND CURRATOR: MARIA DIZ, LICENSED MENTAL HEALTH THERAPIST, CREATIVE EXPRESSION FACILITATOR AND PROFESSIONAL ARTIST

FEATURING FINE ARTS AND UNIQUE GIFTS FOR EVERYONE'S BUDGET BOOKS ON ARTS AND PERSONAL GROWTH/MENTAL HEALTH WITH THE GREATEST SELECTION OF JOURNALS IN THE REGION

OPEN WEDNESDAY THROUGH SATURDAY 12:00PM - 6:00PM AND BY APPOINTMENT

1115 N. WOOD AVE, FLORENCE AL
7 POINTS AREA

256-815-9044 WWW.GREYHOUSEGALLERY.COM
MARIA@GREYHOUSEGALLERY.COM

510412-1

gifts



5.

1. **DAVIS BROTHERS BELTS**
\$65
 2. **JJ'S SUSPENDERS**
\$65
 3. **ZIANETH SILK TIES**
\$25
 4. **VANNUCCI COUTURE SOCKS**
\$15
 5. **DUCK HEAD TWILL PANTS**
\$98
- Coats Clothing
Florence
256-760-0033

Merry
Christmas!

FROM OUR FAMILY
TO YOURS

869 Florence Blvd., Florence: (256) 764-4700
202 West Avalon Ave., Muscle Shoals: (256) 386-5220
2602 Hough Road, Florence: (256) 740-5515

www.mrdrugs.com

MILNER  RUSHING
DISCOUNT DRUGS

510205-1

THANKSGIVING leftovers

by KEVIN TAYLOR

Once the Thanksgiving feast is over and everyone's waistline has grown a little, the million-dollar question remains.

What can you do with those leftovers?

Besides taking up most the room in the refrigerator, much of

that food is either left to waste or left for some creative leftover meals.

Since there are only so many turkey and ham sandwiches you can handle after the fest, we enlisted the help of area chefs to offer up some ideas for those Thanksgiving leftovers.



Einar Gudmundsson Chef Einar

Gudmundsson, who is a fine dining specialist and program outreach coordinator for the University of North Alabama's Department of Visual Arts and Design, suggested taking some of your Thanksgiving leftovers and turning them into a fun Sunday brunch.

"One of the things I learned about in Southern cooking is the sweet potato souffle, which is more of a dessert than a side item," he said. "So, I did some looking around and came up with the idea of doing some pancakes or waffles, and then if I do that what can I do with it. And sure enough it turned into a benedict.

... You've got the meat – ham or turkey – and then the waffle and add an egg and the hollandaise sauce mixed with leftover cranberry sauce.”

Gudmundsson, who is originally from Iceland, has been a chef for 30 years and at UNA since 2016.

Unlike most chefs who may dream of working at a fine dining establishment, Gudmundsson said he fell in love with cooking for banquets.

“I love it because of the variety of dishes to make,” he said. “Everyday you are asked to cook something different. And the planning and organization of it is very fun as well.”



Photo by Kevin Taylor



We've remodeled
& you're invited!

Pictures with Santa & Open House

Friday, December 16
12 p.m. to 2 p.m.
2604 Hough Rd
Florence, AL 35630

Bring your children for FREE pictures with Santa
Manley and enter our Botox giveaway!

Tuscumbia
(256) 383-0377

Muscle Shoals
(256) 383-1112

Florence
(256) 764-9955

Russellville
(256) 332-6888

Madison
(256) 653-9830

Athens
March 2023



www.SingingRiverDentistry.com



Josh Quick

Odette's executive chef Josh Quick has been in the Shoals almost 16 years. He came here from Birmingham to work at the Marriott in Florence.

Then in November 2013 he joined forces with Celeste Pillow to open Odette on Court Street in downtown Florence.

Prior to that he was at the Marriot in Florence.

That's what brought him to Florence. He moved to the Shoals from Birmingham.

"My cooking is seasonally-driven, kinda Southern with influences from different cultures and cuisines," Quick said of his cooking style.

Hence the idea for the Day After Curry Turkey Croquettes.

"My wife and I talked about this and she talked about this curry chicken bread pudding she made one time, so I kinda went with that since we both like curry a lot," he said. "I looked over our take-home menu and came up with a croquette. Fried always make things taste a little better anyway."



Josh Quick

Morgan Cheek

You could say that cooking is more of a hobby for Morgan Cheek of Muscle Shoals, but in the last three years people across the country are beginning to take notice of his culinary ability.

Cheek, who began Sweet Cheek's Pit BBQ in 2010, began to compete regularly on the barbecue circuit in 2018.

It was then when he soon hit the barbecue and culinary world by

storm.

He finished in the Top 5 in Alabama in barbecue.

The next year he was the top BBQ cook in the state and had won every burger challenge that year he competed in. By winning every burger contest, he earned a spot to compete in the World Food Championship.

His unbeaten streak continued there, too.

Cheek won the World Food title for best burger and that only gave him a

head of steam going into 2020 and 2021.

He had earned a return trip to the World Food Championship, but COVID wouldn't allow for it.

The competition returned in early November and Cheek sought another title.

"Everyone was floored to hear that I had changed categories," he said.

Cheek decided to enter the sandwich category, where he

finished third overall.

He likes to keep his creations simple, so he offered a recipe that anyone can make.

"A Thanksgiving leftover egg roll sound different, but it's so easy to make," he said. "It lets people be as creative or as simple as they want by using those leftovers and wrapping them up. Then take that cranberry sauce and reduce it down into a dipping sauce. It's easy and fun to make and eat."



Contributed photos

VISIONARY

THE SIGN OF A
RE/MAX AGENT

Brett Black REALTOR®

256.710.0004

RESIDENTIAL | COMMERCIAL | LAND

RE/MAX
TRI-STATE

Each office independently owned and operated.

Brett is a Shoals area native who has quickly become a rising star in the area. A consecutive multi-million dollar producer in his field, Brett loves guiding his clients through the muddy waters of real estate by helping them make quick, but responsible decisions when buying and selling.

The market is ever-changing, and difficult to predict. Use an agent that can keep you ahead. Stay "Above the Crowd" and Give Brett a call today.



leftover RECIPES

Recipe by Morgan Cheek • Photo by Morgan Cheek



Next day Thanksgiving eggrolls

INGREDIENTS:

- 1 pack Premade egg roll wrappers
- Leftovers from thanksgiving dinner
- Leftover gravy
- Leftover cranberry sauce
- Air fryer or Fry daddy
- Two large eggs

DIRECTIONS:

Finally chop turkey, ham, or use your leftover stuffing/whatever you would like to use as a filling.

In a bowl beat two eggs for the egg wash

Spoon approximately 2-3 tablespoons of filling onto each egg roll wrapper and fold according to package directions, using the beaten egg to seal the edges of the wrappers as you go.

Heat the oil to 350 degrees. Fry 3-4 egg rolls at a time, turning occasionally, until browned all over, approximately 3-5 minutes.

Drain on paper towels, then serve with dipping sauce of your choice.

I like to use the gravy or the cranberry sauce can also be put into a blender to make a great dipping sauce.

Medicare Open Enrollment Is Going On NOW!

The Last Day is Wednesday, Dec. 7

We have Medicare Supplement Options and
Part D Prescription Drug Plans.

Come have **COFFEE** and **CONVERSATIONS** with Phyllis Killen,
our Medicare Specialist with over 25 years experience



Phyllis Killen
Medicare Specialist



BRIDGING THE GAP IN BENEFITS

885 Cox Creek Pkwy, Florence, AL • 256-767-2703



Joey McBride
Owner-Broker

Sweet Potato Benedict

INGREDIENTS:

- Sweet potato waffle, Shredded ham, Poached egg, Cranberry hollandaise

Sweet Potato Waffles:

- 1 ½ cups leftover sweet potato soufflé
- 2/3 1 cup milk
- 1 egg, lightly beaten
- 2 tablespoons melted butter
- 1 ½ cups all-purpose flour
- 1 ½ tablespoons baking powder
- 1/8 teaspoon salt

DIRECTIONS:

1. Preheat a waffle iron according to manufacturer's instructions.
2. Stir sweet potato soufflé, milk, egg, and butter together in a bowl. Whisk flour and salt together in a separate large bowl. Add potato mixture to flour mixture; stir until batter is just combined.
3. Ladle batter into the preheated waffle iron and cook until waffles are golden and crisp, about 3 minutes.

Poaching the eggs:

1. Add about three cups of water in a small deep sauce pot. Add 1 teaspoon kosher salt and 2 teaspoons white vinegar and bring to a simmer over medium heat. Meanwhile, crack 1 very fresh cold large egg into a custard cup or small ramekin.
2. Carefully drop the egg into the center of the water.



Recipe by Einar Gudmundsson • Photo by Kevin Taylor

3. Turn off the heat, cover the pan and set your timer for 5 minutes. Don't peek, poke, stir or accost the egg in any way.
4. Remove the egg with a slotted spoon and serve immediately.

Hollandaise Sauce:

- 1.5 fl. oz. white wine vinegar
- 1 fl. oz. water
- 3 egg yolks
- 1/2 fl. oz. lemon juice
- 1/2 pt. butter, melted and kept warm (2 sticks)
- ¼ cup cranberry sauce
- To taste salt and white pepper
- To taste cayenne pepper (*optional*)

Directions:

1. Warm up the ¼ cup of cranberry sauce. Keep warm
2. Combine vinegar and water in a small saucepan and reduce by half.

3. Place the egg yolks in a stainless-steel bowl. Pour the vinegar reduction over the yolks.
4. Place the bowl with the yolks on a double boiler and whisk thoroughly until the mixture has thickened, and you can leave a trail across the surface with the whisk.
5. Begin adding the warm clarified butter very slowly while whisking constantly.
6. Add the warm cranberry sauce and mix well.
7. Add the lemon juice and adjust seasoning.

To assemble the Sweet Potato Benedict:

1. Cut a slice of leftover ham and warm up.
2. Place one quarter of a waffle on a plate, add the slice of ham on top.
3. Add the poached egg on top of the ham, then spoon a liberal amount of Cranberry Hollandaise sauce over the eggs.
4. Garnish with sliced fresh chives



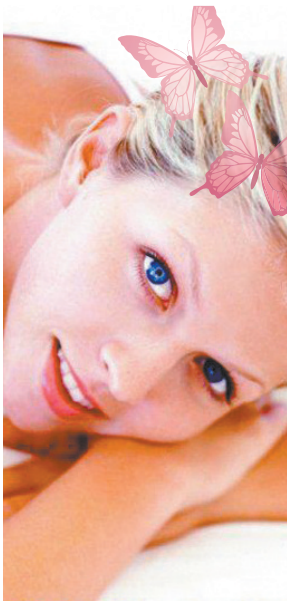
*Wishing everyone a Merry
Christmas and a Happy
New Year*

Florence ♥

Nursing and Rehabilitation Center, LLC

2107 Cloyd Blvd. • Florence, AL 35630

FlorenceRehabCenter.com Tel: 256.766.5771



Alabama Electrology & Permanent Cosmetics

Services offered:
Permanent Hair Removal
Permanent Makeup

1414 5th Ave. SE Ste. G, Decatur
(256) 355-6399
www.elena-hairremoval.com



510265-1

Alternative use *for* Sweet Potato Waffles:



Recipe by Einar Gudmundsson • Photo by Kevin Taylor

Stir 1 cup maple syrup, ½ cup cranberry sauce, and 1/2 teaspoon cinnamon together in a saucepan over medium heat. Cook, stirring occasionally, until well-combined and heated through, 5 to 10 minutes.

Place warm waffles on a plate and pour syrup over along with a dab of butter.



bohannon
SERVICES, INC.

TERMITE & PEST CONTROL



Over 50 Years of Serving Northwest Alabama

We've been servicing families and businesses of Northwest Alabama since 1971.

Call on us to protect what means most to you...
your family, health and property.

(256) 764-2452

www.bohannon-services.com
1416 N. Pine St., Florence AL

Green Bean Casserole Turnovers *with creamy mushroom sauce*

Four leaves of frozen Phyllo dough, each brushed with melted butter

Place 12 oz. of leftover green bean casserole atop the brushed dough sheets.

Carefully roll the dough around the green bean casserole.

Brush the roll with melted butter and bake at 335°F for 15 minutes, or until pastry is golden in color.

Cut into portions and serve immediately with creamy mushroom sauce

Creamy Mushroom sauce:

2 oz. onion diced

½ oz. (tablespoon) butter

6 oz. mushrooms, sliced

Salt and ground pepper to taste

1 clove garlic, minced

1 sprig fresh thyme

¼ cup white wine

¼ cup chicken broth

½ cup heavy cream

1 tablespoon cornstarch

2 tablespoons fresh parsley

DIRECTIONS:

Sautee onion in butter until softened, about 3-5 minutes.

Add mushrooms, salt and pepper. Cook until mushrooms have released juices. Add garlic and thyme and cook until fragrant, about 1 minute.

Add the wine to deglaze and loosen any bits off the pan and simmer a few minutes until the wine has almost evaporated.

Add the chicken broth and cream. Simmer 5 minutes or until reduced by half.

To thicken the sauce further, combine cornstarch with 2 tablespoons of water (or broth) and mix well. Add cornstarch mixture into the broth a little bit at a time to reach desired consistency. You may not need all of the cornstarch mixture.

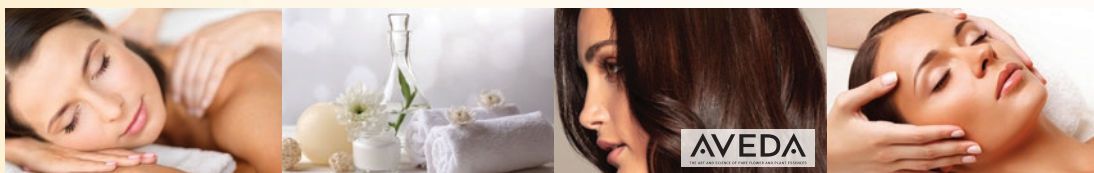
Let simmer 1 minute.

Season with parsley, salt and pepper to taste.



Recipe by Einar Gudmundsson • Photo by Kevin Taylor

Treat Yourself



Massage | Facials | Pedicures | Derma Plane Facial | Microdermabrasion | Chemical Peels
Acoustic Lipo | Laser Hair Removal | Eyelashes | Full-Service Hair Salone

AVEDA
Holiday Gift Sets
Available



Book Your
Holiday Party
Now!

Gift Certificates
Available



M-F 9 to 6 | Sat 9 to 5 | 2471 Mall Road | Florence AL 35630 | 256-766-8085 | www.oasisflorence.com

509368-1



Home to Home

FURNITURE & HOME FURNISHINGS

Weekly Arrivals

WEDNESDAY-SATURDAY

10:00 - 4:00

807 E. AVALON AVE.

MUSCLE SHOALS, AL

www.hometohome.biz

ElderCare Services

Home Care in the Shoals since 1996

**Founded by Jean Gay Mussleman,
ElderCare has been helping
Senior Citizens for 26 years.**

Local, family-owned agency

- Personal Care
- Alzheimer's & Dementia Care
- Fall Prevention
- Meals
- Med Reminders
- Transportation



Dee Mussleman
Owner, CSA, CDP
Certified Senior Advisor®
Certified Dementia Practitioner®

1130 Bradshaw Dr., Florence

256-740-8249

www.eldercareweb.com

507687-1

Day after Curry Turkey Croquettes *with* cranberry-yogurt dip

Yield: 8 croquettes

INGREDIENTS:

- 1 cup butternut squash hash
- 1 cup diced turkey
- 2 cup mashed potato casserole
- 2 tbsp yellow curry powder
- 2 tbsp chopped parsley
- 1 tbsp chopped chives
- Pinch of cayenne
- 2 tbsp Greek yogurt
- 2 eggs
- ½ 8oz wheel of brie cut into 8 pcs
- 1 cup milk
- 1 cup flour
- 2 cups fine bread crumbs
- Salt and pepper
- Oil for frying

Pre-heat oven to 400°F.

DIRECTIONS:

1. Combine first eight ingredients in a large mixing bowl with one of the eggs.
2. Using a large mixing spoon, mash together until well combined.
3. Divide potato-turkey mixture into 16 equal portions. Form each portion around the brie to make a football or ball shape. Set in refrigerator for 30 minutes.
4. Mix together the other egg and the cup of milk (egg wash). Season the flour and bread crumbs separately.
5. Lightly coat each croquette in flour, then egg wash, and then the bread crumbs.

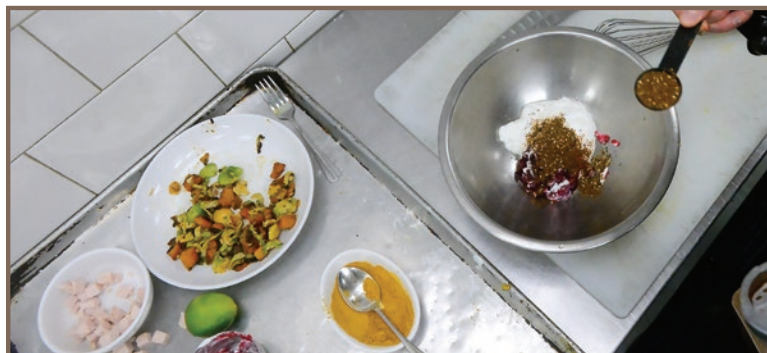


Photo by Kevin Taylor

6. Heat a high sided skillet or fryer to 350°F. Working in batches of 3-4 croquettes at a time, fry until golden brown.

7. Season with a little salt when they come out of the frying oil, set them on a cookie sheet, and finish warming them in the preheated oven. Enjoy with the cranberry yogurt dip!

Cranberry yogurt dip:

1 cup Greek yogurt

½ cup cranberry-orange compote

2 tbsp za'atar or 1 tbsp Italian seasoning and 1 tbsp toasted sesame seeds

½ tsp fresh ground black pepper

¼ tsp salt

Juice of one lime

Mix together well with either a whisk or an immersion blender



Recipe by Josh Quick • Photo by Kevin Taylor



Missy Montgomery, Pharm. D. / CEO



Your Choice for I.V. Therapy at Home



256-320-7611 mkinfusion.com

307 West State Street, Muscle Shoals, AL 35661



Tips for baking better CHRISTMAS COOKIES

by BY METRO NEWS

Cookies and other baked treats are everywhere come the holiday season. It's not uncommon to give cookies as gifts or arrive at holiday gatherings with cakes and other decadent desserts.

Cookies are a classic holiday treat, and some families even build entire traditions around baking Christmas cookies.

Novice bakers making cookies for the first time may be a little overwhelmed when perusing recipes. Baking is a science, and sometimes it takes practice to get the results just right. However, there are some tips that can help yield better, buttery bounties.

Handle butter with care

Butter can make or break a cookie recipe, as butter is often the glue that holds the cookie together. Therefore, it is key to follow the directions carefully regarding how to handle butter. Smithsonian.com says to leave butter at room temperature for 30 to 60 minutes to properly soften it. This takes patience, but fiddling with butter too much can damage its delectable integrity. While purists may say butter is best, margarine may be acceptable if it has a high fat content; otherwise, cookies may spread out and flatten.

When it comes time to cream the butter with sugar, be sure to do so thoroughly to incorporate air into the butter and remove the grainy texture of the sugar.

Measure flour properly

Measuring flour the right way can ensure cookies come out right. The Cooking Channel says to spoon the flour lightly into a dry measuring cup, then level it off with a knife. Do not dip the measuring cup into the flour or tap the knife against the cup. This will pack too much flour into the measuring cup and result in dry, tough cookies.

Slow down the eggs

Add eggs one at a time to make sure each will emulsify properly with the fat in the butter. Adding eggs en masse may cause the emulsification to fail.

Chill out

Follow recipes that call for chilling cookie dough carefully. This process is important for making sliced and shaped cookies. By chilling, the dough becomes more malleable for rolling and even slicing.

Use a bottom rack

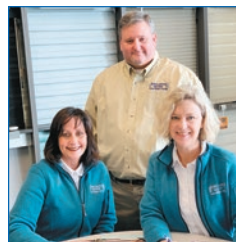
Too much heat may compromise cookie integrity. The food experts at Delish say to try moving cookies onto a lower rack in the oven if they aren't retaining their shape when baked. Put an empty cookie sheet on the top rack. That will block the cookies from the most intense heat that rises to the top of the oven.

Mastering cookies takes a little patience and some trial and error. Once bakers get their feet wet, Christmas-cookie-baking becomes even more special.

BLINDS, SHADES & SHUTTERS

Custom Window Coverings

Serving N.W. Alabama,
Tennessee and Mississippi.



L-R: Tracy Marcu, Installer Jeremy Michael, Mary Armstrong

Blinds, Shades & Shutters is the Shoals main source for custom window coverings that add to your homes Energy Efficiency.

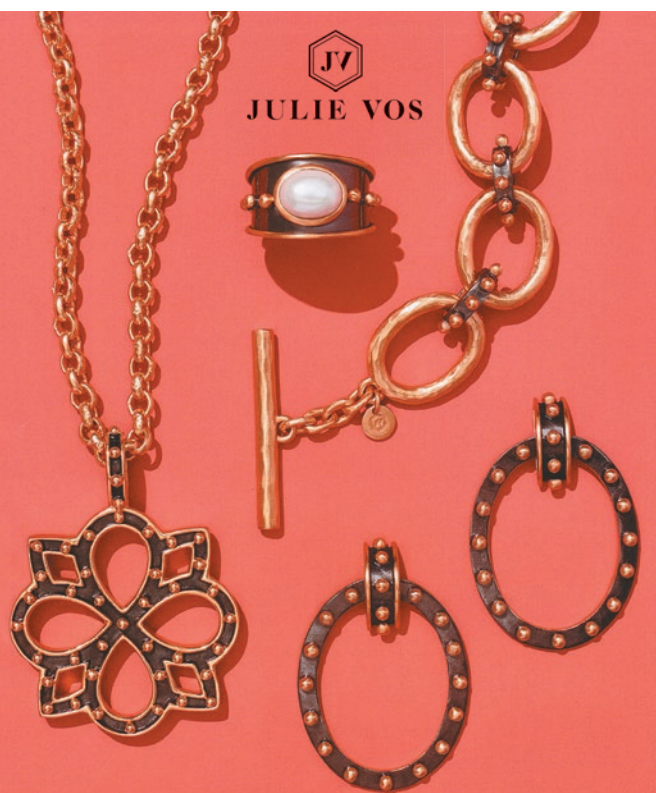
VISIT OUR SHOWROOM

The Latest Designs in Window Coverings and Home Automation
Independently Owned Since 2008

1615 Darby Drive, English Village, Florence • 256-764-8080

blindsshadesshuttersal.com

510172-1



JULIE VOS

Village
shoppe

713 Woodward Ave, Muscle Shoals
256-383-1133 • Mon.-Fri. 10am-5:30pm, Sat. 10am-5:00pm

507693-1

How to create a **DURABLE** **GINGERBREAD HOUSE**

by BY METRO NEWS



MERRY CHRISTMAS FROM THE WEAR-HOUSE!

*Shop Here for
Great Gifts!*

WEARHOUSE
Clothiers & Home Furnishings

*Clothes • Shoes • Jewelry
Furniture • Home Decor*



3624 Cloverdale Road, Florence • 256-767-4399 • Open Wed. - Sat., 10 a.m. - 5 p.m.

509376-1

Gingerbread cookies and houses are one of the many symbols of the holiday season, alongside Christmas trees and twinkling lights. In fact, few confections symbolize the holidays more so than gingerbread.

Many a child (or a child at heart) has spent hours carefully trying to create decorative gingerbread houses. Although gingerbread recipes span various cultures, gingerbread houses originated in 16th century Germany. The fairy tale "Hansel and Gretel" helped solidify the popularity of gingerbread, which became part of Christmas traditions.

Even though gingerbread houses can be fun to make, there's no denying it can be exacting work — especially for those who strive for perfection. Prepackaged kits attempt to take some of the guesswork out of the equation, but those who are crafting from scratch can employ these tips as they build their gingerbread houses.

- Go for form and not flavor. Few gingerbread houses ever get eaten, so focus on finding a dough that will bake up rock hard as opposed to one that tastes good.

- Get the right icing texture. Pastry artist Catherine Beddall says royal icing is the preferred "glue" to

adhere gingerbread pieces. Beddall says icing should be thick like peanut butter and not runny.

- Mind the dough. Do not roll out the gingerbread dough too thin or it may become brittle after being cooked. Always cut out shapes before the gingerbread is baked. Let the baked pieces sit overnight to cool completely before using them to build.

- Patience is key. Allow the icing to dry for at least a couple of hours after adhering each piece and before moving and handling the house, says Beddall. Work in stages so that individual items can be decorated and allowed to dry. Then the walls can be put together, followed by the roof pieces.

- Kids likely will need help. Children may not have the patience or steadiness to handle complete gingerbread construction. They can decorate the separate pieces of the house while the components are laying flat, which is easier for kids. Adults can do the main assembly later on.

- Utilize a template. Free-handing may not be easy. Cut out templates using cardboard or posterboard for various gingerbread pieces.

One of the most important tips is to have fun. Don't take gingerbread house making too seriously as a novice. Rather, enjoy the experience and the centuries-old tradition.

Advanced cancer care.

Close to home.

Three physicians proudly serving the Shoals.



Dr. Brett Barlow



Dr. Heather Brody



Dr. Daniel Kingsley



180 Cox Creek Parkway
Florence, AL 35630

www.clearviewcancer.com

50860-1



The Family Bracelet

The Family Bracelet is available in 2-tone (Sterling Silver & 14kt), all silver or all gold. The bracelet can hold up to 9 names. Must order by Saturday, December 9 for Christmas delivery.

Merry Christmas

Side Lines

Unique Jewelry Creations

1611 Darby Drive • English Village, Florence
256-767-0925

sidelinesjewelry.com

APP: Side Lines Jewelry • IG: @sidelinesjewelry

FB: SideLines, Inc.

Mon.-Fri. 10-5, Sat. 10-3



509388-1

Simple ways to involve kids in Christmas decorating

by BY METRO NEWS

Millions of people across the globe feel that the Christmas season is a magical time of year. Though those people come from all walks of life, it's likely that no group is as taken by the unique spirit of the Christmas season as much as children.

Whether they're looking forward to Santa's arrival or preparing for a school Christmas pageant, kids have much to be excited about come December. Parents can channel that enthusiasm by involving kids when decorating around the house this Christmas season.

- Make homemade ornaments. The options are limitless when making Christmas ornaments with children. From simple ornaments made from pine cones picked up outside to more complex projects designed for children nearing adolescence, parents can look to the internet to find design ideas and directions for hundreds of ornaments.



SBS
ELECTRIC SUPPLY

LIGHTING
THE SHOALS
SINCE 1948

625 SOUTH CHERRY STREET • FLORENCE, ALABAMA • 256-764-8481
Find us on Facebook  SBS Electric Supply and Lighting Showroom

- Let kids lead the way when decorating the tree. Families that celebrate Christmas can let kids lead the way when decorating their Christmas tree. Kids are likely to spend the weeks leading up to Santa's arrival gazing in awe at the tree, and knowing they decided where to place the various ornaments on it might make the season even more special for youngsters.

- Take kids along when choosing lawn ornaments. It's not safe to involve children when installing lighting displays, but kids will get a kick out of choosing inflatable lawn decorations and other items to place around the yard. Take kids along when buying new items and then seek their input when placing Frosty, Santa and his reindeer friends around the yard.

- Include kids in culinary decor. Many celebrants cannot imagine a Christmas season without gingerbread houses and cookies. These traditions provide another great opportunity to involve children in Christmas decorating. Set aside some time to make homemade gingerbread houses, which can be used as decorations before they're ultimately eaten. Cookies may not have the shelf life of a typical gingerbread house, but kids can pitch in and decorate cookies prior to a Christmas party or family meal.

The spirit of the Christmas season can be seen on the faces of children each December. Inviting kids to pitch in when decorating for Christmas can make the season even more special for its youngest celebrants.



SHOP BEATRIZ BALL NOW AT
PRINTERS & STATIONERS, INC.
113 N COURT STREET  FLORENCE, ALABAMA

507689-1

WOODS
WHOLESALE FLOORING, L.L.C.
256-757-9600
The ONE and ONLY Family Owned & Operated

Our ONLY Location is 7730 Hwy 72 E., Killen
woodswholesale11@gmail.com
Mon, Tue, Wed, Fri 8am-5pm, Sat 8am-Noon, Closed Thur
Jerry Woods, Owner • Nikki Woods-Fulmer & Leigh Woods, Sales

BABY AND GIFT
FOR EVERY OCCASION
The Yellow Door

1617 Darby Dr.,
English Village
Florence
256-766-6950
ydgifts.com

510169-1



8 EASY CENTERPIECE IDEAS

By BY METRO NEWS

The Thanksgiving & Christmas season is a great time to make any home a bit more merry and bright. Most individuals let their personalities show through their home decor, and this special season of decorating is just as personal as decorating throughout the rest of the year.

The main living areas of a home get the most decorating attention. One example is a Christmas tree. Garlands, candles and other accoutrements also may dress up spaces. However, when it comes to this season's holiday hosting, attention also

should be given to the dining table — which can benefit from a festive centerpiece.

Premade centerpieces are undeniably attractive, but adding a homespun touch can be a fun creative pursuit and become a family tradition. Explore these eight simple ideas to dress up your holiday table.

1. Frosted pine cones: Take advantage of a crisp winter's day to venture into a forest or park that is rich with evergreen trees. Gather pine cones from the forest floor and, if possible, a few evergreen boughs. Give the pine cones a touch of winter

whimsy with a little faux snow in a can or even white paint. Nestle the boughs and pine cones into a wide-mouthed vase or bowl in the center of the table. Individual pine cones can later be turned into place cards for seating guests.

2. Holiday thanks: Cut many strips of paper roughly 6 inches in length from various colored pieces of paper to match the holiday theme. When guests arrive, ask them to write a favorite holiday memory or two, or what they're thankful for. Twirl the paper strips around a pencil to curl them, and then place the curlicues

into a decorative bowl in the center of the table. Later in the evening, the host or hostess can read some of the sentiments.

3. Magical forest: Use green and silver conical party hats to turn a table or sideboard into a veritable evergreen forest. Arrange them on a blanket of faux snow or white confetti.

4. Freshly cut: Select attractive flowers in vibrant holiday hues from a florist or even the supermarket floral section. Cut the stems and place them into an unusual display container, such as holiday themed mugs or a punch bowl.

Mike Mitchell
CONSTRUCTION COMPANY, INC.
381-0655
"Quality Custom Building"

Est. 1983
in the Shoals

- Custom Homes -
- Renovations -
- Commercial Construction -

509465-1



5. Glass baubles: Who says ornaments should be exclusive to the tree? A crystal or glass cake stand can be transformed into an icy delight when topped with silver and clear glass ornaments.

6. Birch wood: The crisp white coloring of birch bark is right at home with holiday decor. Go stark with pieces of the cut wood in varying heights intermingled with white candles that mimic the shapes and scale of the wood.

7. Fruit and vegetables: If guests are coming over and the race is on for a fast centerpiece, look no further than the kitchen.

Lemons, artichokes, pears, or pomegranates look festive in a bowl interspersed with some greenery and baby's breath.

8. Cornucopia: The horn of plenty can be customized to any holiday. Purchase a horn in wicker or woven grapevine and fill with flowers, fruit and greenery, or even painted gourds or miniature pumpkins.

This special season's holiday hosts and hostesses should not neglect the dining table when they decorate. Festive centerpieces can be handmade without much effort on the part of hosts.



KALEIDOSCOPE

Florist
and
Designs

Creating What Others Have Yet To Imagine
Fresh & Permanent Flowers for All Occasions
Including Weddings & Special Events

2 Locations in the Shoals to Better Serve You

1633 Darby Drive 3108 Woodward Avenue
English Village • Florence Muscle Shoals
256-767-2056 256-383-1844

Monday-Friday 8am-5:30pm • Saturday 8am-2pm

Shop
Marigail's
for the latest and
greatest fashions!

Marigail's

1631 Darby Drive, Florence
English Village
256.764.9444 Marigails

Monday - Saturday 10 am - 5 pm

509385-1

Specializing in ROOFING & GUTTERS

Use the most trusted
roofing company in
the Shoals area!

*Voted #1 Roofing
Company Seven Years
in a Row!*

3312 Jackson Hwy., Sheffield
256-383-4277
icsroofingco.com

ICS Roofing & Construction, Inc.
Insurance Claims Specialist

510023-1

Cameo's
Boutique & Home Decor

*Jewelry, Home Decor,
Women's Clothing,
Children's Clothing*

*Season's
GREETINGS*

1551 Florence Blvd, Florence • 256-275-7155

Distinctive holiday festival growing in popularity

by BY CHELSEA RETHERFORD
Photos by MATT MCKEAN

LACKEY'S FURNITURE

3211 Florence Blvd, Florence
256-764-7815
www.lackeyfurniture.com

Tuscumbia's distinctive holiday festival, "It's a Dickens Christmas, Y'all," continues to grow in popularity each year since its inception.

The community driven event, now in its 12th year, is perhaps even more highly anticipated this season after being scaled back in the last two years due to the COVID pandemic, according to organizers May Woodie Christopher and Ninon Parker.

The Dickens Christmas event was

never cancelled, only downsized, said Christopher, the president of the Tuscumbia Retail Development Association.

"When you stop hosting something like these events, it can be hard to start it back up again," she said. "We had a really good crowd last year. (The pandemic) affected us, but it did not kill us."

Parker agreed and said the pandemic may even help build angst for this

Merry Christmas

Thanks for Voting Us #1 TimesDaily Readers' Choice
2009, 2010, 2012, 2013, 2015, 2016, 2017,
2018, 2019, 2020, 2021, & 2022!

- Complete Hearing Aid Services
- Custom - Fitted Ear Molds
- Free Consultations

Droke Hearing Aids, Inc.

116 E. 5th St., Tuscumbia • 256-381-9444
215 West Alabama Street, Downtown Florence
256-764-0888 or 256-764-0896

We accept most insurances including US DOL-OWCP



Dylan Tannehill performs on a street corner in the snow during "It's a Dickens Christmas, Y'all" event in downtown Tuscumbia.



A couple enjoy a carriage ride during "It's a Dickens Christmas, Y'all" event in downtown Tuscumbia.

year's festival, set for Dec. 10 in downtown Tuscumbia. She said the pandemic put such a damper on community events happening across the state, she feels people are eager to get out and get involved.

It's a Dickens Christmas, Y'all started from humble beginnings, but has become a beloved event for the area since.

"When we began Dickens Christmas, we didn't know what to expect. We didn't know whether we'd have crowds of people lining the streets, or if it would just be a flyby event with people's busy schedules around the holidays," said Parker.

She said the group of organizers weren't "totally surprised" by the event's initial success

because Charles Dickens' "A Christmas Carol" is a cherished classic, but the organizing ladies are thrilled the festival has been so well-received by the community.

"It is really gratifying to see how well people have responded. So many people love this event and look forward to it year after year," she said.

This year's event

will see the return of Scrooge, Marley and other familiar faces from Dickens' popular Christmas tale. This year will also bring back favorite activities like the Scones and Moans event that was cancelled in 2020 and 2021.

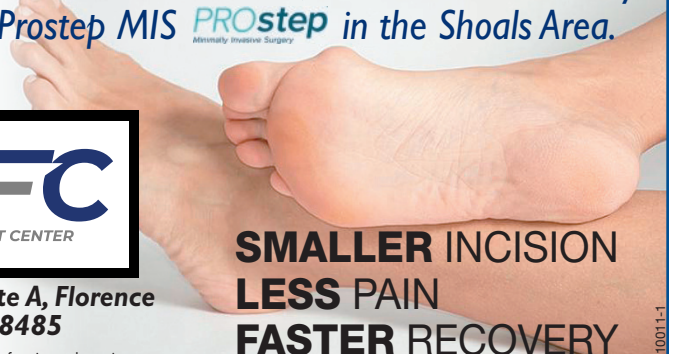
"In 2020, we cancelled all indoor activities and events, but we tried to keep as much as feasible. Thank goodness

BUNION PAIN?

Find relief at Florence Foot Center, Dr. Hames is the only provider of Prostep MIS **PROstep** in the Shoals Area.



2577 Mall Rd, Suite A, Florence
256-760-8485



**SMALLER INCISION
LESS PAIN
FASTER RECOVERY**

No representation is made about the quality of the podiatric services to be performed or the expertise of the podiatrist performing such services.



A group dressed in mid-19th century attire chat on a corner during "It's a Dickens Christmas, Y'all" event in downtown Tuscumbia.

we could do things outdoors," Christopher said.

Though many of those festival features are returning, Christopher said an annual Dickens Christmas feast is not making a comeback.

"We've had trouble finding a caterer that can accommodate 200 people," she explained. "I loved the feast. Guests could dress in period clothing, and it was customary to have entertainment at a nice,

seated dinner. People don't do that anymore."

She said she would love to see the feat return but admitted some festivities like the feast can be difficult to put together without additional volunteers.

"We've got a good many people that help every year," Christopher said. "For the High Tea, we've got plenty of help. We need people for the information tent, and we can always use people to help decorate. We've

got things all over for people to do."

It's a Dickens Christmas, Y'all gets the entire community involved for two days of holiday fun. Shops and eateries in downtown Tuscumbia will offer holiday specials, vendors and food trucks are expected to return.

The event will kick off on Dec. 9, with a Run Rudolph 5K race. Saturday morning, the event will open with Scones and Moans, and

a Dickens Market tent featuring arts and crafts vendors. The festival will also feature crowd favorite carriage rides with the Clydesdale horses, Pride and Clyde.

For a complete list of activities and events, or for more information, visit the 12th Annual It's a Dickens Christmas Y'all page on Facebook.

For those interested in volunteering or getting involved, contact Fiddledee D at 256-383-9797.



WILL WYKER

436 N. Court Street, Florence

256-764-6070

WILL.WYKER@RAYMONDJAMES.COM





Christmas Parades

- Courtland - 6 p.m. Dec. 1
- Elgin - TBA, Dec. 4
- Florence - 7 p.m. Dec. 8
- Leighton - 6 p.m. Dec. 3
- Lexington - 2 p.m. Dec. 11
- Muscle Shoals - 7 p.m. Dec. 1
- Phil Campbell - 6 p.m. Dec. 8
- Rogersville - 7 p.m. Dec. 2
- Red Bay - 6 p.m. Dec. 5
- Russellville - 6 p.m. Dec. 1
- Sheffield - 6 p.m. Dec. 6
- St. Florian - 6 p.m. Dec. 3
- Tuscumbia - 6 p.m. Nov. 29
- Vina - 6 p.m. Dec. 6

More information on parade routes and start times can be found by calling city hall or checking social media outlets for each city.



507686-1



121 Cherry St. Florence
 dine in - take out - catering
www.tacomamadonline.com
 for catering call 938-222-TACO

507692-1



- Spas
- Sales
- Service
- Chemicals
- Water Analysis



We appreciate You & Your Business!

3602 Cloverdale Road, Florence
 256-764-3228 • www.BamaPool.com

511544-1

T.J. CONSTRUCTION, INC. Gas Pipeline & Maintenance



Florence, AL
 Est. 1994

510283-1



Window World®




"Simply the Best for Less"®

WINDOWS • DOORS • SIDING

**Voted #1
Window
Company**

*TimesDaily
Readers' Choice*



Window World is the nation's leader in replacement windows, siding, and exterior doors. Our energy efficient products are the perfect enhancement for any home and are backed by the industry's strongest warranty. Contact us today to schedule your free in-home estimate!

Request a Free Estimate: 1-800 Get Windows

717 Michigan Ave., Muscle Shoals • (256) 383-8894 • WindowWorldMuscleShoals.com

509364-1



Turn to the experts

*Happy Holidays
from C&H!*



COOLING & HEATING, INC
chcooling.com

Service • Maintain • Replace

256-248-4886

AL #06222

AL Certification #50045

Mitch Parrish,
Owner



Alvin Lynch,
Owner



All I want for Christmas...

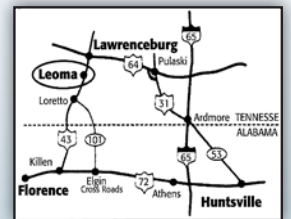


Sofas • Home Office • Entertainment • Sectionals • Leather
Dining Room • Bedroom • Recliners • Mattresses
Clocks • Outdoor Living • Occasional Tables ...And More

SINCE 1970 FREE DELIVERY! ONLY 3 MILES SOUTH OF LAWRENCEBURG ON HWY. 43



Story & Lee
Since 1970 Furniture & Bedding



Hwy. 43, Leoma, TN • (931) 852-2111 • Toll Free 1-800-345-2511
Store Hours: Mon. thru Sat. 9 A.M. 'til 6 P.M. • www.storyandlee.com