FREE • Vol. XXIV, No. 27

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Thursday, November 10, 2022 • FREE

Lotus Offers Free Meal for Vets on Veterans Day

AUBURN, ME (November 4, 2022) – For the tenth consecutive year, Lotus Restaurant will be offering a free meal to Veterans on Veteran's Day.

"We have offered free meals for Veterans on Veteran's Day since Lotus first opened," said Jim Wu, owner of Lotus Restaurant. "This continues to be an important tradition for us. Giving back to the men and women who have given so much for their country is something that we feel very strongly about, and it's always an honor to welcome so many Veterans into our restaurant."

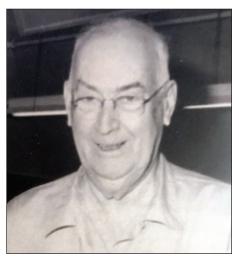
Veterans and active duty members of the military are invited to enjoy the Lotus All You Can Eat Buffet for free while dining in for lunch or dinner on Veteran's Day.

"Just like everyone in the service industry, we continue to see staffing shortages," said Wu. "Despite that, we are expecting a good turnout. If there is a wait, we just ask that people have patience as we want to make sure we feed as many people."

Lotus is open on Veteran's Day from 11-9, and is located at 279 Center Street in Auburn. Those wishing to make reservations, or ask questions, can do so by calling 207.241.0870.

Lotus' regular hours are 11-9 Sunday - Thursday, and 11-10 on Friday and Saturday. Lotus will once again be open on Thanksgiving Day with a traditional Thanksgiving buffet from 11 - 6:30. The full menu and more details about Lotus are available at www.LotusAuburn.com

Androscoggin Historical Society Honors March & Morrill



Clarence March

(November 2, 2022) -- President David Chittim announces that the Androscoggin Historical Society has named two rooms at its new headquarters at 93 Lisbon Street in honor of two persons who transformed the society during its 100-year history. Clarence March will be honored in one of the library rooms, and Olive Morrill will be recognized in the front parlor and display area.

Clarence E. March was president of the society from 1950 to 1953 and then served as executive secretary and curator, a volunteer position that he held for 22 years until his death in 1975 at age 83. At that time the library in the county building

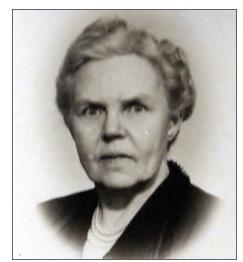
was named for March.

In 1966, the American Association for State and Local Historical Awards presented a certificate of merit after a review of our holdings. This was given for our phenomenal growth in the previous five years, "making it a model of all such societies in need of revitalization; particularly for the excellent classification and arrangement of its collections made under the supervision of its gifted curator, Clarence E. March."

March had taken over the museum in 1953 when it consisted of one poorly lighted room with six old showcases. After his stewardship, it filled three rooms and overflowed into the corridor. March was a retired manual arts teacher; he installed lighting and built cabinets and racks for display.

Olive Morrill raised the possibility of a home of our own, when on her death 5 January 1983, she left to the society her home on the corner of Court and Prospect Streets, as well as \$100,000, the income of which would maintain the property or for other purposes.

The Society decided not to keep the house as it was not large enough for the collection, the layout was not appropriate for a museum, the location made for difficult access and inadequate parking, and the financial bequest was insufficient for its maintenance. We kept several items



Olive Morrill

from the house and auctioned the rest.

This is the basis of our current endowment. This bequest enabled us to hire part-time staff. Nevertheless, we also continue to rely on board members, student interns, and volunteers to help us function.

Olive Morrill graduated from Edward Little High School and from Mount Holyoke College. She was a member of High Street Congregational Church, of the board of trustees at the Auburn Public Library, Woman's Literary Union, Auburn Art Club, Woman's Hospital Association of CMMC, and a life member of Androscoggin Historical Society.

Railroad Club to Sponsor Christmas ExTRAINaganza

AUBURN, ME (November 2, 2022) -- The Great Falls Model Railroad Club of Auburn is holding its annual Christmas "ExTRAINaganza" at 144 Mill Street in Auburn on the weekends before and after Thanksgiving. The handicapped-accessible club house, across from the Barker Mill in New Auburn, will be decorated for Christmas with trains of various sizes operating on five permanent layouts throughout the two-story building. ExTRAINaganza will be held from 10 to 4 on Saturday, November 19; Sunday, November 20; Friday, November 25; Saturday, November 26; and Sunday, No-

ember 27.

From the moment they walk through the door and see trains running on multiple tracks and through the tunnels of the large G-gauge layout, children are fascinated by the sights and sounds. The interactive ski slope is a highlight of the attractive winter scene. Around the corner, young children can enjoy Thomas the Tank Engine on a separate layout in the G-gauge room, with other engines from the Thomas series running on the upper trestle. Adults and children will discover that the G-gauge layout has many features that were hidden from their first

vantage point, including intricate trestles created by club members. The club's permanent layout for the smaller n-scale is in the next room. Trains will also be operating in the hallway on the O-Gauge Lionel layout, which incorporates a variety of unique structures.

The club's extensive HO layout downstairs is an engineering marvel. Members continue to develop new and expanded details. Long-time residents of the area will recognize many of the 1950's scenes reproduced in the Lewiston Lower section of the layout, including Bates Mill #5. Children can sign up to be

"Guest Engineers" and operate one of the HO trains.

Train-related items can be purchased at the club's store including locomotives and rolling stock in a variety of scales, railroad hats, whistles, T-shirts, locomotive earrings, books, and other train-themed items.

Admission is by donation, suggested as \$5 for adults and free for children 12 and under.

For more details and photos of the ExTRAINaganza in previous years, visit our website: www.greatfallsmodelrrclub.



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Newsmakers, Names & Faces

Honoring Maine Heroes in Advance of Veterans Day

Guest Column by Sen. Susan M. Collins

WASHINGTON, D.C. (November 4, 2022) Veterans Day is one of the most sacred days on our national calendar. Across the land, grateful Americans pay tribute to the brave men and women who have defended our freedom throughout our history.

Nowhere will Veterans Day 2022 have more meaning than in the town of New Vineyard in Franklin County. That is when Army Air Forces Sergeant Zelwood Gravlin returns home for burial 79 years after he perished in the skies over German-controlled Romania during World War II.

Sergeant Gravlin was a gunner on the B-24 Liberator bomber "Four Eyes" that was shot down on Aug. 1, 1943, during Operation Tidal Wave that targeted the Romanian oil refineries that fueled the Nazi war machine. Fifty-one of the 177 B-24s on that harrowing raid did not return. Sergeant Gravlin's remains were first interred in a Romanian cemetery and then at an American Military Cemetery in Belgium, before being positively identified this summer.

remarkable This event underscores the commitment of the American people that the men and women who serve our country will always be honored and, no matter how many years pass, they will never be forgotten.

observation In of Memorial Day last May, the Bangor Daily News published a fascinating story profiling four Maine recipients of the Medal of Honor, the highest award for valor in action. Veterans Day is an opportunity to recount the stories of their heroism.

Fisherman drew Tozier served in the 20th Maine Infantry Regiment under Lieutenant Colonel Joshua Chamberlain. At Gettysburg, he was the Regiment's color SUSAN



bearer. During the decisive stand Chamberlain led at Little Round Top, Sergeant Tozier stood at the center of the regiment with the regimental flag tucked in his right elbow while he returned fire on the attacking Confederates in defense of his comrades.

After the war, Mr. Tozier was adrift and fell into a life of crime, stealing cattle and other property. When he was arrested, Joshua Chamberlain, then Governor of Maine, took Mr. Tozier and his wife into his home and helped him turn his life around. In addition, Gov. Chamberlain, a Medal of Honor recipient himself, recommended Andrew Tozier for the Medal for his bravery at Little Round Top. Veterans helping fellow veterans remains an American

The story of another Medal of Honor recipient

COLLINS

brings us to World War II. Before the war, Edward Dahlgren worked as a seed potato inspector in Maine's Aroostook County. enlisted in the Army in 1943 and served with the 36th Infantry Division. On Feb. 11, 1945, in France, Sergeant Dahlgren led the rescue of a unit surrounded by German forces, repeatedly attacking enemy positions alone and capturing nearly 40 prisoners. His Medal of Honor citation credits his "bold leadership and magnificent courage" for repulsing an enemy attack and saving an American platoon from great danger.

Charles Loring of Portland distinguished himself in both World War II and the Korean War. In December of 1944, he was shot down over Belgium and spent six months as a prisoner of war. Major Loring returned to combat duty in 1952, flying an F-80 jet fighter in Korea. Leading a patrol on Nov. 22 of that year, he spotted a concentration of enemy artillery that was pinning down UN ground troops. As Loring began his bombing run, his plane was severely damaged by anti-aircraft fire. Rather than abort his mission and leave the ground troops in danger, Loring dove his damaged aircraft into the enemy position. He was killed instantly, but his action resulted in the complete destruction of the threat. When Major Loring's widow was presented the posthumous Medal of Honor by President Eisenhower on May 9, 1954, it was announced that the new Air Force base in Limestone, Maine, would bear his name.

Gary Gordon of Lincoln was immortalized in the book and movie Black Hawk Down. On Oct. 3. 1993, while serving in a peacekeeping mission in Mogadishu, Master Sergeant Gordon and fellow sniper First Sergeant Randy Shughart took action to rescue the crews of two Black Hawk helicopters that had been shot down by Somali gunfire.

Heavily outnumbered and outgunned, Gordon and Shughart fought their way to the first helicopter, pulled the crew from the wreckage, and defended their position until they ran out of ammunition. Both gave their lives defending their fellow soldiers, and both earned the Medal of Honor. Last year, I had the privilege to join in the dedication of a memorial to Master Sergeant Gordon in his hometown of Lincoln.

Although separated by many years and theaters of combat, these heroes share the common bond of uncommon valor. They are powerful reminders that our nation has been blessed throughout our history by ordinary citizens who possess the character and the strength to do extraordinary things.

follins Center Continues Right to Food Film Series



Photo by Beth Staples.

ORONO, ME (November 4, 2022) -- The film "Hungry Now," which was created through a documentary filmmaking course at University of

Maine Machias, will premiere at the Collins Center for the Arts in Orono on Nov. 13 at 3 p.m.

"Hungry Now" is hour-long documen-

tary that looks to answer the everyday questions of homelessness through a series of interviews with Mainers of all ages living in several rural and coastal

towns, including Bangor, Milbridge, Jonesport, Machias and Eastport.

The film is directed by Alan Kryszak, media faculty at the UMaine Machias Interdisciplinary Fine Arts Department, who teaches the Down East documentary filmmaking course. The documentary is the fifth feature-length production to come out of Kryszak's course. The student crew members for "Hungry Now" included Sam LaRusse, Nicholas Sanborn, Amanda Sawyer, Robin Hadlock Seeley, Hannah Somers-Jones, Suzie Milkowich, Aiyla Petty, Amanda Quinn, Megan Racila and Beth Staples.

"It was important to

be able to walk right up to strangers. The script is in their heads, and they generously relay the most personal stories of failure, hard hits and how they keep helping the next one, no matter what," says Kryszak in his director's statement

Past student productions that have come out of Kryszak's filmmaking class include the 2020 "Privacy & the Power of Secrets," which was an official selection at The Hague Global Cinema Festival, as well as the 2018 "Whatever Works: Exploring Opiate Addiction," which premiered on Maine Public television in 2017 and received a 2018 Docs Without Borders award.

The UMaine Machias Performing Arts Center will host a second screening in-person on Dec. 2 at 7 p.m.

Admission to both screenings are free. Donations at the door will go to the Manna Food Pantry in Bangor for the premiere at the Collins Center and the Machias Food Pantry for the screening at UMaine Machias.

"Hungry Now" will also broadcast on Maine Public Television on Nov. 24 and Dec. 15 at 9 p.m., and Dec. 17 at 2 p.m. The documentary will be distributed on PBS and online following the final televised airing.



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Newsmakers, Names & Faces

LPL Hosts Author Elizabeth Letts to Discuss 'The Ride of Her Life'



LEWISTON, (November 2, 2022) --Author Elizabeth Letts will join us, via Zoom, to talk about her book, "The ride of her life: the true story of a woman, her horse, and their last-chance journey across America." This is of local interest, as the main character, Annie Wilkins, was from Minot, Maine.

In 1954, Annie was 63, a farmer, who was

down on her luck. She had lost her farm to foreclosure and her doctor had given her two years to live. Instead of taking the spot she was offered in the county charity home, she decided to try to fulfill a lifelong dream to see the Pacific Ocean -- by traveling there on horseback! Annie's journey took her through small towns and big cities and took her nearly two

In her research for the book, which also took about two years, author Elizabeth Letts visited local libraries and historical societies in the towns Annie passed through. She will join us, via Zoom, to share her journey in researching and writing this

Registration is required and can be done by visiting the Events page at auburnpubliclibrary.org or by calling the Reference Desk at 207-333-6640, ext. 4. When registering, be sure to leave an email address as the Zoom link for this program will be emailed on the day of the program, November 15.

For more information on this or other upcoming programs offered by the Auburn Public Library, visit our website, our Facebook page (Auburn Public Library Advocates), or call the Reference Desk as

Androscoggin Receives Grant to Expand Complimentary Therapies

LEWISTON, ME (November 4, 2022) Androscoggin Home Healthcare + Hospice is delighted to announce that it has received a grant from the Helen and George Ladd Charitable Corporation to expand its hospice complimentary services. Complimentary therapies are non-curative methods used to improve a patient's quality of life by alleviating pain and symptoms. The \$5,000 grant will serve to expand these services and provide training for registered nurses, certified nursing assistants,

and volunteers. More specifically, the grant will help expand our current complimentary services to train four additional staff to provide comfort touch, train four additional staff and three volunteers to provide therapeutic music, train a certified nursing assistant to be an aromatherapy trainer and then train four volunteers to provide aromatherapy. Aromatherapy, a new complimentary therapy to Androscoggin's services, is a holistic treatment using natural plant extracts to promote health and well-being to reduce stress, improve mood, and alleviate symptoms.

Androscoggin's hospice program serves patients and their loved ones residing across nine Maine counties, serving patients wherever they reside. The hospice program serves over an estimated 2,800 patients and their loved ones annually.

Our commitment to our patients and providing quality care for all is demonstrated by our organization providing more than \$1.64 million in free care to over 1,000 patients in 2021.

Send all items for Names & Faces to the Editor. Deadline is Friday by five.

Dr. Charles Plummer to Talk at **APL on Self-Awareness, Civility**

AUBURN, ME (November 1, 2022) -- The LA Senior College in the Community's collaboration with the Auburn Public Library, is pleased to have Dr. Charles Plummer, who will present "Self-awareness As a Key Attribute in the Practice of Civility" on Tuesday, November 15 at

Civility, is defined in the Merriam-Webster's Collegiate Dictionary as a "polite act or expression in which one is being polite and courteous when interacting with others." This program will be held at the Auburn Public Library; 49 Spring St. Auburn, ME, in the Androscoggin Room on the ground floor.

It is Dr. Plummer's personal belief that the practice of civility is very much needed to restore peace and harmony in a world that is rampant with acts of violence, conflict, animosity and discord. These acts are presented by news reporters each day on the national, state, and local television networks and news reports in the daily newspapers which includes ads in which candidates for office resort to the use of insults and doctored images on television, which are very demeaning.

The goal of his presentation is to introduce just how important it is to understand one's personality style in the practice of civility. He will begin with an introduction to the sixteen personality styles assessed by the Myers-Brigg's Personality Assessment, what each one means, and where the assessment is available free of charge.

He will give examples of the benefits of knowing one's style in maintaining positive relationships with family, friends and others. He will reveal results of studies shared by the Medical Profession, that reveal how important a patient's and doctor's personality style is in the healing pro-

The final part of the presentation will be an introduction to our brain's billion of neurons, which are so small that 35,000 will fit on the point of a pin! He will explain how they work and how damage to neurons creates problems.

He will conclude his presentation on what we can consciously do to make sure our brains will continue to function on a higher level as we age. This includes remaining physically and mentally active, and eating the right kinds of foods. This is what motivates him to walk 2 miles every day, eat a healthy diet, read books both fiction and non-fiction, be a life-long learner, teach Senior College courses, and promote taking courses presented by the Senior College.

He will conclude his presentation distributing handouts titled "Who are You?" that uses five shapes and their personal characteristics to gain a better understanding of who you

If you have any questions please call the library's reference desk at 207-333-4460, ext 4

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Gunther, Havlat, Knauss, and Veterans Day

Release **Press** by Joseph Reagan, Wreaths Across **America**

COLUMBIA FALLS, ME (October 28, **2022)** — The 11th hour has become synonymous with Veterans Day, originally called Armistice day, in recognition of the document signed at the 11th hour, or the 11th day, of the 11th month. In reality, the Armistice ending the war to end all wars was signed around 5 am on November 11th. Over the course of the next 6 hours, nearly 3,000 men would lose their lives in the final hours of a war that had already claimed the lives of 20 million military personnel. The final death of WW1 came at 10:59 am one minute before the guns of war would fall silent.

Private Henry Gunther was a German-American drafted in the fall of 1917; most accounts state that his final actions were motivated by Gunther's need to demonstrate that he was "courageous and all-American." A chaplain from Gunther's unit recounted, "As 11 a.m. approached, Gunther suddenly rose with his rifle and ran through thick fog. His men shouted for him to stop. So did the Germans. But Gunther kept running and firing. One machine gun blast later, he was dead. His death was recorded at 10:59 a.m.

In every conflict, inevitably a final service member pays the ultimate sacrifice. In World War II, Private Charlie Havlat, the son of Czech immigrants, in the closing days of the war, found himself liberating his parents' former homeland - word of the cease-fire reached his position minutes after he was killed. Officially, the U.S. has never declared a final casualty in the Korean War; since the armistice was signed, nearly 100 U.S. Soldiers have been killed in combat on the Korean peninsula. On April 29. 1975, Charles McMahon and Darwin Judge were two of a small number of Marines tasked with safeguarding the U.S. Embassy in Saigon. They had been



deployed for only 11 days when they were killed by a rocket attack. The U.S. would complete the process of withdrawing from Saigon the following day. Staff Sergeant Ryan Knauss was the last of the 2,461 Service Members who died in Afghanistan; he along with 12 of his comrades was killed in a suicide attack during the withdrawal from Kabul.

In every war, there is always one that must fill the dignified but dubious role in history as being the last to give the full measure of devotion. Each year on the 11th day of the 11th month as a nation we pause, not only to honor those that have given their lives but for all those who believed so deeply in American exceptionalism that they were willing to give their lives to defend it. For most Americans talking about war is conceptual, something learned through history books, news reports, and movies - those that have served do not have that luxury. Not only should we remember that the democratic principles we hold so dear have been defended by generations of Americans whom we honor on Veterans Day, but more importantly we should take inspiration from that sacrifice. Our country, despite all our self-imposed differences, needs to look to our Veterans and see that there are no divisions in a foxhole – there are only those who stand in defense of democracy and those who stand against it.

While we may only celebrate Veterans Day with a few moments of silence each year, we have an opportunity to use those moments to find our own way to serve as part of our commitment to living up to the legacy of our Veterans. When the Armistice was signed in 1918 when the Japanese surrendered, and when the last flights departed Kabul and Saigon - these were not simply endings - they were new beginnings. We honor those

who serve by recommitting ourselves to making the sacrifices necessary to preserve our way of life.

As Adlai Stevenson once stated, "Patriotism is not short, frenzied outbursts of emotion, but the tranquil and steady dedication of a lifetime." Let this Veterans Day be a new beginning. Go forth and find a way to serve, our nation. our communities, and each other - we owe it to our Veterans

Joseph Reagan is the Director of Military and Veterans Outreach for Wreaths Across America. He has over 10 years' experience working with leaders within Government, non-profit, and Fortune 500 companies to develop sustainable strategies supporting National Security, and Veterans Health. He served 8 years on active duty as an officer in the U.S. Army including two tours to Afghanistan with the 10th Mountain Division. He is a graduate of Norwich University, the oldest private military college in the country.

Red Cross: Turn Your Clocks Back, Test Your Smoke Alarms

PORTLAND, ME (November 3, 2022) — As daylight saving time ended on November 6, the American Red Cross encourag-

es everyone to test their more lives in a typical year smoke alarms as they turn their clocks back to help stay safe from home fires.

"Home fires claim

than all natural disasters combined, but working smoke alarms can cut the risk of dying in a home fire

by half," said John Montes, Regional Disaster Officer, Red Cross Northern New England Region. "The sooner an alarm alerts you to a fire, the sooner you can get out. When you turn your clocks back this weekend, also test your smoke alarms to help prevent a tragedy in your home."

So far this year, local Red Cross volunteers have responded to at least 222 home fires helping more than 789 people in Maine. Nationally, the Red Cross responds to more than 60,000 disasters each year.

HOW TO TURN AND TEST When turning your clocks back this weekend, test your smoke alarms and replace the batteries if needed. Visit redcross.org/fire for more information, including an escape plan to create and practice with your family, or download the free Red Cross Emergency app by searching "American Red Cross" in app stores.

Install smoke alarms on every level of your home, including inside and outside bedrooms and sleeping areas.

Replace smoke alarms that are 10 years or older. Components such as sensors can become less sensitive over time. Follow your alarm's manufacturer instructions.

Practice two-minute home fire escape plan. Make sure everyone in your household can get out in less than two minutes — the amount of time you may have to escape a burning home before it's too late.

Include at least two ways to get out of every room and select a meeting spot at a safe distance away from your home, such as your neighbor's home or landmark like a specific tree in your front yard, where everyone can meet.

IF YOU NEED HELP If you cannot afford to purchase smoke alarms or are physically unable to install one, the Red Cross may be able to help. Visit redcross.org/EndHome-FiresNNE or call 1-800-464-6692 (Option 4) to schedule your free installation appointment.

HOME FIRE CAMPAIGN SAVES LIVES Since October 2014, the Red Cross Home Fire Campaign with community partners has saved at least 1,414 lives by educating families about fire safety, helping them create escape plans and installing more than 2.4 million free smoke alarms in high-risk neighborhoods across the country. Visredcross.org/homefires for more information.

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Out and About Quilt Show

By Rachel Morin

We have been enjoying our colorful autumn weather, my favorite season, the past couple months, when suddenly, we felt a nip in the air. It wouldn't last long, of course, but enough, to remind us, winter will soon be here to stay. Winter, our longest season, is fast approaching.

After a few days of brisk breezes, as we prepared for bed one cool evening, we remembered the day we enjoyed Sue Duval of Minot, a member and past President of the Maine Modern Quilters Guild. She accepted Schooner Estates' invitation, to showcase some of the many different styles of quilting which include Traditional, Modern, Applique, Handwork and

much more to give us a colorful presentation of the fine art of quilting.

Sue started quilting in 2013 and worked at the former Quiltessentials Shop in Auburn. She had sent word ahead encouraging residents to bring some of their own quilts to share with the group.

And yes, one of our residents, Linda Hicks, brought a small basket with some of the little quilts she had made. We were very pleased to see her craftwork and they were so pretty and very well done.

Sue Duval brought several large boxes packed with homemade colorful and beautifully patterned quilts to start the quilting display and tell us about the particulars involved. It didn't take long before a huge crowd filled the seats in the large Village Green where the quilts would be displayed.

Sue was interested in telling the audience the different styles, stitches, materials and patterns and how to best achieve the results they were looking for. We were surprised when she told us men were also interested in learning to quilt and she had seen their quilts over the years. We did have one or two men in the audience who accompanied their wives.

We have enclosed photos of the quilts that were held up for the audience seated in The Village Green, an opportunity to see the beautiful colorful patterns and different sizes and shapes as they listened to Sue explaining the difference in patterns, styles, colors, sizes and material used on each quilt.

Sue also answered questions and assured the audience they would be enjoying the quilts set up on tables later to touch and



Joyce Theriault, left, and Sue O'Brien closely inspect this beautiful quilt.



Claudette and Gerry Martel are enjoying the show and appreciate learning more about the fine art of quilting.

feel the quilts as quilters

teers Joyce Theriault and

Sue O'Brien, who held up

the quilts would spread the

quilts out on long tables

quickly and ended with the

quilters enjoying the ex-

perience and hoping for a

similar craft experience to

for close inspection.

to do. Staff volun-

The morning passed

would want



Joyce Theriault, Resident Services Assistant, at Schooner Estates Retirement Community, introduces Sue Duval, of the Maine Modern Quilters Guild, who will showcase some of the many different styles of quilting which include Traditional, Modern, Applique, Handwork and more.



The audience found it so helpful to learn about the fine art of quilting as they felt this would be their new pastime and an opportunity to give a special gift to a family member.



Sue Duval, left, and Joyce Theriault, quickly assemble the quilts on a table for residents to have a closer look and be able to touch and feel the quality of the quilts as quilters like to do when evaluating the finished product.



Lillian Robinson, Linda Hicks, center, and Sue Duval review the little quilts that Linda created and brought in a basket to be reviewed.



Here are lovely examples of small items that can be easily quilted and made for unique items at your home or given to friends as a special memento.

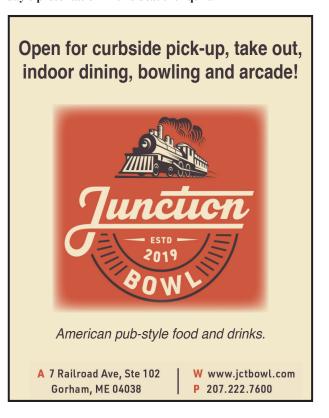


Joyce Theriault, left, and Sue O'Brien were pleased to discover many quilting touches that they recognized from today's presentation in this beautiful quilt.



INDOOR SEATING – TAKE OUT Open Daily 11am – 9pm





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Magic Show for the Entire Family Coming to The Franco Center



The Magic of the Steelgraves will take place on the Franco Center stage, 46 Cedar St., Lewiston. The family-friendly magic and illusion show features Markus and Angelique Steelgrave and starts at 2 p.m. Saturday, Nov. 12.

LEWISTON, ME (November 1, 2022)-Markus and Angelique Steelgrave will present their family-friendly show of magic and illusion at 2 p.m. Saturday, Nov. 12, at the Franco Center. Their show is sure to amaze guests with baffling magic and illusion, juggling, upbeat music, clean comedy, and plenty of good-natured audience participation, according to Angelique. She wrote about the Franco Center, "Wow, it's beautiful! Perfect staging for a very magical illusion show.'

Markus Steelgrave was inspired to be a magician as a child, after reading a book about Harry Houdini and finding instructions in the back of the book on how to do a magic trick. At age 13, he literally ran away with the circus, and later joined the U.S. Navy after high school. After his time on the high

seas, Markus worked as a magician, a juggler, and a fire-eater. He has been a consultant for theater companies and TV commercials, and he is also a skilled balloon-twisting artist.

Angelique Steelgrave earned a bachelor's degree in theater at the University of Southern Maine and co-founded and performed with her own children's theater, Krackerjack Theatre Company, from 1988-2002. She saw her first magic show as an adult when encouraged to do so by a theater director who was also a magician and needed a new assistant. Angelique was selected for the role, and magic has been part of her life ever since.

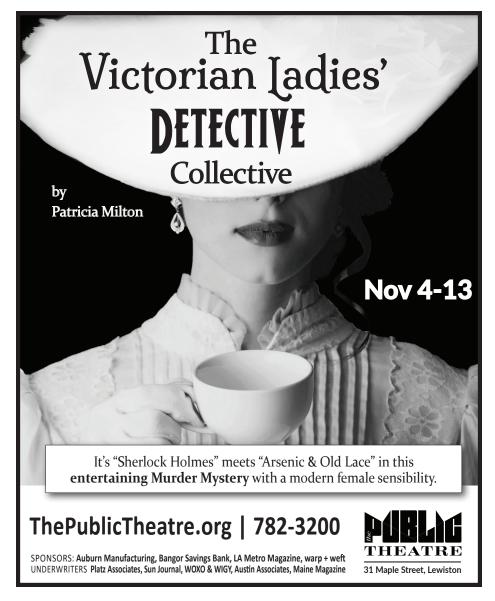
Markus and Angelique Steelgrave partnered in 2002 and were married in 2006. Magic continues to be their full-time profession, and The Steelgraves, as they are known professionally, give hundreds performances each of year, mainly out of state. They have won several awards for both stage and close-up magic, and have been headliners at magic conventions around the U.S. Local television appearances include "The Nite Show with Danny Cashman" and Fox 23's "Good Day Maine."

The Steelgraves live in East Waterboro with their large family of critters including doves, rabbits, cats and the occasional flying squirrel.

Tickets are \$15 for adults and \$10 for children in advance. Tickets at the door day of show are \$20 for adults and \$15 for children. Tickets can be purchased online at francocenter.org, by phone at 207-689-2000, or in person at the box office between 10 a.m. and 1 p.m. on Tuesdays and Wednesdays.

Doors open at 1 p.m. The Franco Center is at 46 Cedar St., Lewiston. Parking is available in the mill lot. Handicap access is on the Lincoln St. alley side of the building.

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The Victorian Ladies Detective Collective on Stage This Weekend

(November 2, 2022) -- It's a kind of female "Sherlock Holmes" meets "Arsenic & Old Lace" in this entertaining murder mystery with a modern female sensibility. When a series of single women are mysteriously murdered in a London neighborhood, two strongan American actress to reservations call 782-3200

LEWISTON, ME catch the killer and solve or visit thepublictheatre. the crime

The Victorian Ladies Detective Collective will be performed at The Public Theatre, Lewiston/ Auburn's Professional Theatre, on Thurs Nov 10 at 7:30, Fri Nov 11 at 7:30, Sat Nov 12 at 3pm and 7:30 and Sun Nov 13 at willed sisters team up with 2pm. Tickets are \$25. For

org. Location: 31 Maple St, Lewiston

Paper.

Send all items for What's Going On to the Editor. Deadline is Friday by five.



Thursday, November 10, 2022

Brunswick's Early Bird Sale is BACK!



BRUNSWICK, ME (November 3, 2022) – Brunswick's Early Bird Sale is back with 10 local businesses opening at 6 AM! An additional 10+ stores plan to open their doors between 7 AM and 10 AM. Discounts and special offers can be found all day at many participating

The BDA urges shoppers to buy local, shop early, and have fun in downtown Brunswick.

businesses. But-- stay in

your Pajamas and SAVE

even more!

"What a great opportunity to get a jump start on your Holiday Shopping, get some great deals, and support our local businesses!" said Debora King, BDA Executive Director.

Early Bird Sale details can be found on the BDA website at bruns-wickdowntown.org/early-bird-sale and on the BDA Facebook event page at: www.facebook.com/events/1737271916645573
Participating busi-

Participating businesses include:
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If you require additional information, please contact the BDA staff at 729-4439 or info@brunswickdowntown.org

Send all items for Names & Faces to the Editor. Deadline is Friday by five.

Sen. Collins, King Announce \$2M to Native American Crime Victims







WASHINGTON, D.C. (November 3, 2022) —

U.S. Senators Susan Collins and Angus King announced that Maine tribes will receive a total of \$2,074,901 from the U.S. Department of Justice's Office for Victims of Crime and Office on Violence Against Women to fund victim assistance programs and to help compensate Native American victims for crime-related losses.

"We all have a responsibility to ensure that survivors of domestic violence and sexual assault receive the resources they need for their safety, wellbeing and recovery," said Senators Collins and King in a joint statement. "This important investment will provide greater access to necessary services for Native American victims of domestic abuse and sexual assault, who are disproportionately affected by these crimes. In addition, this funding will help Maine Tribes to strengthen their response to these crimes and

protect vulnerable members of their communities."

The funding was allocated as follows:

- Mi'kmaq Nation received \$410,246 to implement services for victims of crime that meet needs identified by the community and reflect tribal community values and traditions.
- The Houlton Band of Maliseet Indians received \$408,408 to implement services for victims of crime that meet needs identified by the community and reflect tribal community values and traditions.
- The Passamaquod-dy Tribe of Indian Township received \$410,246 to implement services for victims of crime that meet needs identified by the community and reflect tribal community values and traditions.
- Penobscot Nation received \$410,246
 implement services for victims of crime that

meet needs identified by the community and reflect tribal community values and traditions and \$100,000 to expand Back to Traditional Values. The goal of this youth program is to provide purpose and meaning for Penobscot youth by building a learning community grounded in cultural traditions, environmental stewardship, and creative expression that fosters mentorship, peer-to-peer support, intergenerational exchange, and leadership that results in better decision making, pro-social behavior, and an improved quality of life.

Wabanaki Women's Coalition received \$355,755 through the Tribal Domestic Violence and Sexual Assault Coalitions Program. This program builds the capacity of nonprofit, nongovernmental tribal coalitions to end domestic and sexual violence in Native American communities.

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Page 8 Thursday, November 10, 2022

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Thursday, November 10, 2022

Fine Chocolates, Bowls, Woolens at Marketfest's Holiday Shop



Maple bowl with live edge, coloration from Ambrosia beetles

WISCASSET, ME (November 4, 2022) - The Marketfest's Holiday Gift Shop, a pop-up in the Nickels-Sortwell House barn on Federal St., has become a Christmas season tradition in Wiscasset. For several years now, the old barn is transformed into a cheery and inviting shop full of artisan wares, antique items for ambiance like old skis discovered in the loft, and a happy place to find unique, useful, and one-of-a-kind gifts. The Holiday Gift Shop will be opened during Wiscasset Holiday Marketfest from Friday, December 2 through Sunday, December 4, 10am to 4pm each day

More than 20 vendors – most very local and all from Maine – will be represented in the Holiday Gift Shop. According to Christine Hopf-Lovette, the popup's coordinator, "shop-

installation.

207.224.7861

pers will find very special wreaths and baskets, jackets and jewelry, home accessories and honey, syrups and signs, and even small batch chocolates — all at reasonable prices."

Yes, chocolates! The Chocolate Pan, new to the Gift Shop, is a small artisan chocolate shop based in Belfast. For the Holiday Gift Shop, owners Jeannette Sedgwick and Robert Pilper will be bringing boxes of chocolates "fresh and handcrafted for the Market." And from the web site we learn that the family-run business "prides itself on working with the finest ingredients, traditional confectionary techniques and innovative ideas. The result: exceptional hand-crafted chocolates perfect for any occasion." The owners will be on site during Marketfest weekend to introduce their confections with swoon-worthy



Hat and owl mittens

samples!

Woodturner Richard Picard has become known in his Alna neighborhood for creating remarkably beautiful bowls from found wood. "Neighbors, friends, and other local people are used to giving me a call if a tree needs knocking down or removal from their property," he says, because they know he enjoys working with local hardwoods like maple and oak, walnut, willow, and others. "Even

though it is a bit more tricky, I love working with fruit tree wood. I love all the colors and swirls in these woods."

Picard has been bowl turning since 2015 and by his count, "900 or so pieces of wood have been converted to something; sometimes a bowl or goblet and even sometimes – a woops!" For the first time, he will be displaying his skillfully made bowls for sale during Holiday Gift Shop, but leaving



his 'woops' at home.

Misty Isle Cottage. Even the name is transporting and, indeed, owner and knitter Ariana Haddy explains that her "earth-friendly, feminine knitwear is inspired by folklore and cottage life." Her knitted pieces – cowls, bonnets, mittens, cloches, and berets – reflect the awe she feels when walking the wild areas around her home on Westport Island. They are unique, sometimes whim-

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sical, and always skillfully handcrafted using 100% wool, which Haddy describes as "a natural biodegradable fiber sourced from certified humane vendors." Misty Isle Cottage knitwear is new to the Holiday Gift Shop and brings a glimmer, a memory, a response to Haddy's magical island homestead.

For Wiscasset Holiday Marketfest details and calendar, www.wiscassetholidaymarketfest.com

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Windham Naples Page 10 Thursday, November 10, 2022

Seniors Not Acting Their Age Great Biking and Delicious Chowder on Mount Desert Island



A cyclist descends Around the Mountain Trail on the Carriage Roads

A biker nears the summit of Day Mountain



Riders cross a bridge near Jordan Pond

By Ron Chase

Each fall, my outdoor club, the Penobscot Paddle & Chowder Society, schedules its Annual Meeting on Mount Desert Island and plans a multitude of outdoor adventures around the island over several days. Again this year, there were war canoe races, mountain hikes, scenic walks, birding, sea kayaking, and bike trips. The outstanding Carriage Roads of Acadia National Park are always an integral part of the agenda. And, Chowderheads love seafood chowder.

Although I intended to participate in several activities, for various reasons I biked the Carriage Roads for four consecutive days. This was not a sacrifice as I thoroughly enjoy riding the extensive forty-five mile network with an abundance of glorious vistas. The trails are approximately 16 feet wide and the ride is on a unique broken-stone surface. Adding to the am-

bience are 17 stone-faced bridges that span streams, roads, and cliff sides while blending perfectly with the landscape. There are numerous access points. My book, Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine features a chapter about riding the Carriage Roads and includes three more exceptional Maine bike trails.

Most trail riders use hybrid or mountain bikes; I rode a hybrid bike on my rides. In recent years, electrical bikes have become common.

On Day One, I arrived at Eagle Lake Trailhead early afternoon. I wasn't alone. The parking lot was full and cars were parked on the north side of Route 233 for about a quarter of a mile.

From Eagle Lake Trailhead, riders can travel north to Witch Hole Pond Loop or south on Eagle Lake Loop. From Eagle Lake loop, connections are

possible with all remaining trails. The trails intersect with one another in numerous locations so numbered signposts are located at junctions to assist users and maps are available at trailhead kiosks.

I rode south on the west side of Eagle Lake. Initially the surface was fairly level, but then climbed steadily to Signpost 8. Turning left, I continued to ascend for a short distance before enjoying an exhilarating descent to Signpost 7. Angling north, I traveled along the west side of Eagle Lake back to the trailhead.

From there, I proceeded towards Witch Hole Pond Loop. Turning right at Signpost 4, I rode mostly downhill past a bridge on the right that spans Duck Brook. More downward sloping gradient brought me to Witch Hole Pond where I began to climb Paradise Hill. The top of the hill offered splendid views of Frenchman Bay. After returning to Witch Hole, I traveled south back to Eagle Lake Trailhead. That evening, many club members assembled at the Southwest Harbor American Legion to cook seafood chowder for the Fall Supper scheduled for the following night.

I began Day Two at the Brown Mountain Trailhead near Northeast Harbor for my favorite Carriage Road trail. Around the Mountain. By my count, the 12.5 mile loop actually travels around five mountains with 1,373 foot Sargent Mountain being the highest. Beginning at Signpost 19, I climbed steadily onto the shoulders of Parkman and Sargent Mountains where views of Somes Sound and the mountains beyond were breathtaking. The circuitous descent to Signpost 10 was a delight. The primarily downhill grade along Jordan Pond was exceptionally beauti-

ful. From the south end of Jordan Pond, I rode rolling hills back to Brown Mountain Trailhead. That evening, Chowderheads feasted on delicious seafood chowder at our Fall Supper.

A longer ride was my choice for Day Three. From Eagle Lake Trailhead, I biked south on the east side of Eagle Lake and west along Bubble Pond to a junction for Day Mountain at Signpost 17. The 4.7 mile Day Mountain Loop with an ascent to the summit is a demanding endeavor but the views of eastern Penobscot Bay from the top are phenomenal. Concluding the loop, I persisted west past lower Jordan Pond to Upper Hadlock Pond. My ride continued north past Aunt Betty Pond to Eagle Lake Trailhead, about a 23 mile outing in total. The leftover seafood chowder was even better than the previous night.

On Day Four, my

Quebec friend, Richard Bedard, joined me for a final ride. From Eagle Lake Trailhead, we completed Witch Hole Pond Loop and biked south along Eagle Lake to Signpost 10N. Departing north, the twisting decline to Aunt Betty Pond is one of the most entertaining descents in the trail system. Our return to Eagle Lake Trailhead ended an outstanding four days in a biking paradise.

Ron Chase resides in Topsham. His latest book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is available at www.northcountrypress. com/maine-al-fresco or in bookstores and through online distributors. His previous books are "The Great Mars Hill Bank Robbery" and "Mountains for Mortals - New England." Visit his website at www. ronchaseoutdoors.com or he can be reached at ronchaseoutdoors@comcast.

Sen. Collins Recognized as Small Business Champion by NFIB

WASHINGTON. D.C. (November 2022) - U.S. Senator Susan Collins received the Guardian of Small Business Award from the National Federation of Independent Business (NFIB), the nation's largest small business association, for her advocacy on behalf of iob creators.

"Small businesses are the job creating engines that power our economy. employing nearly half of American private sector

workers," said Senator Collins. "From downtown main streets to rural parts of our state, small businesses contribute to the vitality of communities and support families. Throughout my Senate service, I have championed policies that help small businesses start, grow, and prosper, and I am honored to receive this recognition from the NFIB."

The NFIB Guardian of Small Business Award is



presented to Senators who have proven themselves

to be real champions of small business," said NFIB President and CEO Brad "This Congress, small businesses emerged from the COVID-19 pandemic but faced continual

threats of high inflation, workforce shortages, and supply chain disruptions. These NFIB Guardians demonstrated strong support of small businesses on key issues. NFIB is unique in that we only represent small and independent businesses, and our members decide our policy positions. We are proud to recognize the elected officials from the 117th Congress who earned this distinction by taking prosmall business votes that supported an extension of the Paycheck Protection Program and opposed tax increases and new mandates that would have threatened Main Street's

economic recovery. NFIB commends Senator Collins on being named a Guardian of Small Business."

In 2020, Senator Collins co-authored the Paycheck Protection Program to help small employers stay afloat and continue paying their workers during the COVID-19 pandemic. In Maine, small businesses received more than 47,000 forgivable loans totaling \$3.2 billion, supporting hundreds of thousands of Maine jobs.

The Guardian of Small Business is NFIB's most prestigious award. It is reserved for lawmakers who vote to support key issues that are important to small business owners.

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Send all items for What's Going On to the Editor. Deadline is Friday by five.

Thursday, November 10, 2022 Page 11

The River Comics Performing | Madeline's Mission Gifts Cuddle Cot at Franco Center



Jimmy Cash

LEWISTON/AU-BURN, ME (November 4, 2022) - Three stand-up comedy shows are scheduled this week at The Franco Center and Craft Brew Underground with great lineups hitting the stage presented by The River Comics Comedy Produc-

On Thursday the 10th at 7:00 pm Boston's King of Crowd Work, Jim

McCue headlines a fun night of laughs at the Fran-

co Center. Jim has been featured on Comedy Central. NBC's Last Comic Standing, and most recently his DryBar special "Nothing Personal," has had over three million views making him one of New England's best known working com-

Then on Friday the

11th at 7:00 pm host Trent Wells opens the always popular 6x10 show with comics Joe Ellis, Ian Mac-Donald, Ajay Thakkar, Casey Watson, and Laith Alsasah. This is a free event but please tip what you can during or after the show, cash, Venmo, or

gold doubloons are always

accepted.

Finally on Saturday the 12th at 7:00 pm Leonard Kimble and Brian Plumb feature for headliner Jimmy Cash, who is the recent winner of Last Comix Standing 2021, held at Mohegan Sun. Jimmy draws from his experience as a father, sobriety, and 18 years as a public-school janitor. He has worked with some of the biggest acts in comedy and currently regularly opens for comedian Bob Marley.

Tickets for the Thursday show can be purchased at www.francocenter.com and for the Saturday show can be found https://www.therivercomics.com, or purchased at the door. Craft Brew Underground is located at 34 Court St., Auburn. For more information contact The River Comics Comedy Productions LLC at 207-200-5366 or therivercomics@gmail.com.

to Androscoggin's Hospice House

LEWISTON, ME (November 4, 2022) --Maine nonprofit takes aim at helping those facing something no one wants to think about- the loss of a child. Launched at the beginning of 2019, Madeline's Mission seeks to provide a path toward wellness, healing, and hope for families surviving child loss. Madeline's Mission recently gifted a Cuddle Cot Bassinet to Androscoggin's Hospice House on Stetson Road in

Auburn, a priceless gift to families who have just lost a child.

Thus far, Madeline's Mission has provided 7 Cuddle Cots to mostly hospitals. Androscoggin was the first Hospice House to receive a Cuddle Cot for families who have lost an infant or very young child. As Founder and President, Amie Marzen puts it. "we are delighted to provide the gift of time to families to say goodbye." The Cuddle Cot is a welcomed

addition to Androscoggin's pilot perinatal bereavement program, Cherished. The \$3,000 Cuddle Cot gift was made possible by funds raised mostly online and through social media, bringing area parents together for this important cause. Many donated in memory of babies or young children gone too soon- including the organization's namesake, Madeline.

The gift to Androscoggin Hospice House See Hospice, page 14





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Page 12 Thursday, November 10, 2022

ME Students Receive Free Books To Promote Financial Wellness

(November 3, 2022) – As part of its continuing efforts to strengthen financial capability in Maine, the Finance Authority of Maine (FAME) has once again partnered with the Consumer Financial Protection Bureau (CFPB) to offer Invest in ME Reads, a program to support family financial education by empowering families to engage in conversations about future goals, saving money, and the value of choice.

Unlike many financial education programs that focus on high school students, Invest in ME Reads engages children

early in elementary school to help them begin to learn about money and financial decision making. FAME launched the program in 2020 to serve all Maine second graders and this year has expanded it to provide free resources to all public second, third, and fourth-grade students.

Through the Invest in ME Reads program, students will receive a collection of educational resources, including free books that encourage saving, giving, and delayed gratification. Families will also receive materials to use at home, including a parent guide, information to help kick-start their fo-

cus on college savings, and special content to encourage them to visit Investin-MeReads.com, an interactive web page with fun activities and resources for students and their families.

"The Invest in ME program has become a yearly event here at the Etna-Dixmont School," said Jane York, who serves as principal of the elementary school. "Our students and teachers have enjoyed reading the book, having a virtual visit with the author, Maribeth Boelts, and discussing the importance of friendship, caring, and helping others. The financial information for the parents has sparked conversations about saving, needs and wants, and giving back. It is a great program, and we are thrilled that it has been expanded to now include students in the second through fourth grades. The experience they had with the book and the parent connection last year has now been reaffirmed. Thank you for this wonderful program."

The program helps to support Maine's statewide goal to produce an educated and skilled workforce. For many Mainers, a lack of financial capability can be a significant barrier to pursuing education and training after high school, which in turn can have an

impact on an individual's ability to seek employment and, ultimately, the strength of Maine's economy.

"At FAME, we recognize that financial capability is a key ingredient for lifelong success, and we want to do our part by providing resources that will support financial education, even as early as elementary school," said FAME Director of Education Martha Johnston. "Schools across Maine have embraced the program and we look forward this year to expanding the program to reach even more students and their families."

In November, FAME will offer a virtual reading featuring one of the books, Those Shoes, read by the author Maribeth Boelts. "A child's financial education can begin simply through families, teachers, and caregivers sharing a story and engaging in conversation," said Boelts. "I am so honored that my book is a part of the Invest in ME Reads Program and is included among the many helpful and rich resources provided on FAME's website."

For more information about how FAME can support your family's financial goals, please visit the Invest in ME Reads website.

Parish Donation



Pictured are (L-R) Roland Bergeron, financial secretary/council church director; Fr. Robert Lariviere; and Bruce Geoffroy, Grand Knight.

The Andy Valley Knights of Columbus, council 8742 Auburn, Maine, recently presented Fr. Robert Lariviere, Pastor of Immaculate Heart of Mary Parish with two donations. The first donation was \$5000 towards

the Immaculate Heart of Mary parish heating fund. The second donation was \$10,000 towards renovations to the sanctuary at Sacred Heart Church, in preparation of the 100th anniversary of the Church in 2023.

CMH to Reimburse Students for Nursing Degree Loans

LEWISTON, ME (November 2, 2022)
-- Central Maine Healthcare (CMH) has announced it will reimburse students pursuing a two or four year nursing degree at Maine College of Health Professions (MCHP) in Lewiston under a new Central Maine Healthcare Student Loan Program.

This benefit is worth up to \$22,500 in tuition costs. Following graduation, nurses who qualify within the program guidelines are guaranteed a position at Central Maine Healthcare. In exchange



for the tuition loan, graduates commit to employment at CMH for a time period relative to the tuition extended, allowing them to have their loan forgiven by CMH over time. For example, three years of employment at Central Maine Healthcare would result in three years of loan forgiveness for those eligible.

"The CMH Student Loan Program demonstrates how committed Central Maine Healthcare is to adding talented nurses to our team," said Steve Littleson, DBA, FACHE, president and CEO of Central Maine Healthcare. "Maine College of Health Professions provides the

best training available for nurses to launch their careers, and once the nurses receive their diploma, Central Maine Healthcare will have a nursing position waiting them."

Maine College of

Health Professions, which is part of Central Maine Healthcare, has been preparing students for healthcare careers since it was established in 1891. With individualized education shaped by highly supportive faculty and staff, hands-on education in state-of-the-art simulation labs, diverse clinical rotations with close hospital connections, and unrivaled placement into health professions after graduation,

MCHP empowers exceptional healthcare professionals.

"This opportunity will be a deciding factor for individuals considering a nursing career," said Monika Bissell, president, Maine College of Health Professions. "For too many aspiring nurses, tuition costs are a barrier to pursuing a degree. This generous program will help remove that barrier.

"Nursing is one of the most respected professions in the country, and for good reason. Nurses provide invaluable, specialized care to our communities, and they are in great demand right now. MCHP has been the longest history in Maine of preparing nurses for the workforce longer than any other institution in Maine, and we believe this program will help us continue to do that in the years to come."

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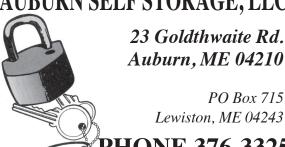
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Page 14 Thursday, November 10, 2022

Calendar

Send your submissions to the Editor. More online.

October 8 - November 13 **BOOTHBAY**

Boothbay Region Art Foundation's 15th annual juried exhibition, Art in Maine, will be held at the foundation gallery Oct. 8 through Nov. 13. Art in Maine's exhibit presents a fresh and selective look at the fine art being created by Maine artists today, showcasing originality in the media of painting, drawing and sculpture. The opening reception is Saturday, Oct. 8 from 5-7 p.m.; over \$1,00 dollars in prizes will be awarded.

The prospectus and other details can be found on the gallery's website: www.boothbayartists.org.

Works will be juried artist Kathleen Galligan who is represented by Portland Maine's Greenhut Gallery and Liitlefield Gallery in Winterport.

November 10

LEWISTON -- The Southern Maine Squadron SAFBVA will have the last get together of the 2022 summer schedule at noontime at the Governors Restaurant in Lewiston, Thursday November 10. The Summer schedule will resume in May 2023.

Veterans of branches and their guests are welcome to join. FMI call 207-657-4909 Bob Sawyer or email wwmtkwkr1933@gmail.com

November 10

LEWISTON -- 12:00 PM – 1:00 PM, Callahan Hall, Lewiston Public Library, or virtual: GREAT FALLS FORUM: OVER-**LOOKED STORIES** AND HISTORIES: AF-RICAN AMERICANS IN MAINE

This Great Falls Forum panel will share stories to advance our knowledge of African Americans in Maine. Along with building a more honest and inclusive narrative of the community's racial-ethnic heritage, panelists offer creative ways to preserve and celebrate told and untold stories of work, community-building, and the region's multifaceted heritage.

Free. In person or virtual. Bring your bag lunch. The Zoom link will be posted to the Library website and Facebook prior to the event. 513-3135; www.LPLonline.org

November 12

AUBURN -- West Auburn Congregational Church at Public Supper. Come join us for dinner or take yours to go. Ham or Turkey, Mashed Potatoes, Carrots, Macaroni and Cheese, Rolls, Coffee, Water and Dessert. Time: 4:30 to 6:00 pm; Date: Saturday November 12.

November 12

TURNER -- We are having a Craft Fair on Saturday, Nov. 12 from 8 to 2 at the Turner Center Universalist Church, Route #117, in Turner across from the Gazebo.

We will have a good variety of crafts, white elephants, a baked goods table, and a food basket raffle. We also will have a light lunch available consisting of hotdogs and/or soups.

November 16

AUBURN -- JobsInME is hosting a Career Fair at the Hilton Garden Inn in Auburn, on November 16, 2022 from 3-6 PM. ME Career Fairs are back by popular demand — live and in person! JobsInME, a leading resource for Maine employment advertising, is proud to present the ME Career Fair! For more than 20 years we've provided job seekers with real, quality jobs online. And, with our popular ME Career Fairs, we also bring you the opportunity to meet face-to-face with recruiters from some of the best companies in Maine. Job seekers, pre-register now at www.mecareerfairs.com/ and be entered to win a \$100 Visa gift card upon check-in at the event. It's fast and free — plus you'll avoid registration lines at the door! Employers, if you are interested in registering as an exhibitor, contact our sales team at 877-374-1088 or email sales@jobsInME.com

November 17

LEWISTON Maine's first & only Backgammon club is looking for new members! Meetings October 6, October 20, November 3, November 17; 6pm - 8pm at Obscura Cafe & Drinkery, 108 Lisbon St. Lewiston

November 17

LEWISTON SPECULATIVE TION BOOK CLUB **SCIENCE-FICTION** (5:30 pm at the Lewiston Public Library)

In this limited three session adult speculative fiction book club, LPL librarians will host interactive discussions on select genre novels. The Sci-fi read will be This Is How You Lose the Time War by Amal El-Mohtar & Max Gladstone. Open to genre fans and those who are new to genre novels alike.

Free. Registration reguired. Bottled water and small snacks available. Contact info. 513-3135; www.LPLonline.org

Hospice

Continued from page 11

was facilitated by Amy Dulac, Androscoggin's Bereavement Service Coordinator who has teamed up with Ms. Marzen and Madeline's Mission on several other trainings and events. Also representing Madeline's Mission was Board Member and Maternity Delivery Nurse, Kim Paraddi, RN.

A Cuddle Cot is a specialized crib which resembles a bassinet or "Moses basket" but has a cooled mattress pad which allows families to spend more time with

their infant after a loss. With the cooling mattress, families can spend priceless extra hours and days together in their hospital room. Allowing time for more pictures, bonding, and saying goodbye. When the time is already cut so short with the loss of an infant who had not yet gotten a chance to experience the world, the extra time together as a family is truly priceless. Without the availability of a Cuddle Cot, families are forced to have a quicker goodbye due to body deterioration. Studies have shown that



the extra time together is beneficial for the mental health of the parents and surviving loved ones. It provides a chance for

grandparents, brothers. and sisters to meet the new baby, and truly have a moment to say hello before saying goodbye.

				City of Auburn Pe PERMITS ISSUED BETWEEN						
Permit Number	Work Class	PID	Address	Description	Issue Date	Owner Name	Contractor Name	Fee Total	Estimated Cost of Construction	n S
mmercial Building	6			Single Story Structure to House a Pump Station						
CB-18672-2022 CB-18577-2022	New Alterations	229-007 230-081	555 COURT ST 169 PLEASANT ST	for Domestic Water Bathroom Renovations	10/18/2022 10/21/2022	First Universalist	American Development Group Floyd Peter Fay	\$687.00 \$65.00	\$1,000,000.00 \$5,000.00	
CB-18377-2022 CB-18751-2022	Alterations	207-076	848 MINOT AV	Subway // Framing, non load bearing walls,	10/24/2022	Property Holdings, LLC	Poisson Construction	\$485.00	\$65,000.00	
CB-18247-2022	Alterations	194-001	1524 MINOT AV	wall paper and flooring Replace Roof	10/25/2022	Coleman Collision Center	roisson Construction	\$457.00	\$61,000.00	
CB-18778-2022	Alterations	241-026	95 MAIN ST	Building Two Walls To Create A Conference	10/27/2022	Robco Properties, LLC		\$135.00	\$15,000.00	
CB-18742-2022	Alterations	229-010-000-004	491 COURT ST	Room Modifications to equipment, AT&T tower	10/27/2022	GTP Acquisition Partners C/O	Qualtek Wireless	\$380.00	\$50,000.00	
CB-16/42-2022	Atterations	229-010-000-004	491 COURT 31	Mouncations to equipment, AT&T tower	10/2//2022	American Towers	Quarter wireless	\$2,209	\$1,196,000	
Multi Family	2									
MF-18732-2022 MF-18811-2022	Alterations New	250-356 132-013	106 HAMPSHIRE ST 12 TAILWIND CT Unit: 4	Remove and replace egress 24 unit apartment building	10/03/2022 10/21/2022	Craig Heath Sasseville Mgmt LLC	Craig Heath Sasseville Mgmt LLC	\$80 \$9,103	\$10,000 \$3,500,000	
				1		V	•	\$9,183	\$3,510,000	
lling 1 & 2 Family			324 TOWNSEND BROOK	28 x 44 double wide home						
FD-18558-2022	Mobile Home	415-007	RD	*FEE WAIVED VETERAN	10/04/2022	Roch & Susan Rousseau	Glen Dube Excavation		\$190,000	
FD-18727-2022 EMO-18753-2022	Alterations Residential	216-061 183-025	163 GARFIELD RD 101 VICKERY RD	Repair rot & construct new 14X16 Deck Demo of old barn	10/04/2022 10/06/2022	Denise & Andrew Buchanan PATTI MAILLETTE	Bonafide Builders LLC PATTI MAILLETTE	\$90 \$50.00	\$13,000 \$0.00	
FD-18565-2022	Accessory	277-003	44 WYMAN RD	24 X 24 Unattached Garage	10/14/2022	Mike Kemp	THE TABLEST IN	\$50	\$2,500	
MO-18773-2022	Structures Residential	250-173	92 WHITNEY ST	Demo Unattached Garage Burned 2021	10/17/2022	John Nelson	PRH Contractors	\$50.00	\$7,500.00	
FD-18463-2022	Accessory	230-027	88 WESTERN AV	Replace retaining wall	10/17/2022	Jason Elvin	St. Laurent & Son Inc.	\$25	\$37,000	
FD-18749-2022	Structures Alterations	389-005	334 JOHNSON RD	Ground Mount Solar Array With 48 Panels 490	10/18/2022	Eric Dombroski	Maine Solar Solutions	\$430	\$81,000	
CU-18740-2022	Atterations	389-003	117 GOFF ST	Watts Change of Use from Medical Building to 2	10/18/2022	EHC Dombioski	Manie Solai Solutions	3430	381,000	
FD-18763-2022	Alterations	079-034	152 TURKEY LN	Apartments Roof Top Solar Array With 20 Panels 400 Watts and 1 SE 10000 Inverter	10/27/2022	Mallori Manson Jacob Raasumaa	Maine Solar Solutions	\$165	\$28,000	
FD-18760-2022	Alterations		Auburn, ME 04210	Roof Top Solar Array With 14 Panels 480 Watts and 1 SE6000 Inverter	10/31/2022				\$20,000	
FD-18770-2022	Addition	325-011	92 OAK HILL RD	Free Standing Deck With 3 Levels	10/31/2022	Chad & Jennifer Doucette	Clean Cut Construction LLC	\$50 \$910	\$15,000 \$394,000	
										Ī
Electrical	37		29 STEVENS MILL PARK							
EL-18741-2022		218-008-000-029	RD	Hookup 100 Amp Service	10/03/2022	Selena Tardif	WILLIAM KNIGHT	\$32	N/A	
EL-18739-2022	Residential	199-001	321 POLAND RD	Install 2 head heat pump system	10/04/2022	DOUGLAS SNELL	LaPlante Electric ESM	\$32	N/A	
L-18746-2022 L-18747-2022	Residential Commercial	225-011 120-001	445 GARFIELD RD 2879 HOTEL RD	14 KW Generator Installation Security Access Control	10/04/2022 10/05/2022	Maurice Despres Tambrands	Johnson Controls	\$32 \$42	N/A N/A	
L-18735-2022	Commercial	229-007	555 COURT ST	Wiring of Pump House	10/05/2022	American Development Group	JNC ELECTRIC	\$91	N/A	
EL-18736-2022	Commercial	229-007	15 BELMONT CT	Wire 12 unit building	10/05/2022	American Development Group	JNC ELECTRIC	\$696	N/A	
EL-18662-2022	Residential	267-019	564 LAKE ST	34 Roof Mounted Solar Panels, 2 Heat Pump Systems, and 1 EV Charger	10/5/2022	Peter Elias	ReVision Energy, LLC	\$59	N/A	
EL-18712-2022	Commercial	132-014	130 FIRST FLIGHT DR	Conduit replacement	10/6/2022	Auburn Manufacturing	ES Boulos Company	\$60	N/A	
EL-18756-2022	Commercial	240-160	51 SCHOOL ST	Install 3 Smoke Detectors	10/06/2022	Kevin T ODonovan	Donald Couture	\$42	N/A	
L-18757-2022 L-18755-2022	Residential Commercial	250-158 271-001	33 WHITNEY ST 250 CENTER ST	Wire Bathroom & Bedroom Ground Sign for US Tax Centers	10/06/2022 10/06/2022	Assumpta Butera Potvin R J III Investment Trust	JMC Electric Northern Signs	\$32 \$42	N/A N/A	
L-18762-2022	Commercial	290-010-001	985 TURNER ST	Installing New Electronic Sign	10/07/2022	Auburn City of	NEOKRAFT	342	N/A	
L-18766-2022	Commercial	250-194	177 TURNER ST	FEE WAIVED: City Project Instllation of 2 Outside Lights	10/07/2022	Auburi City of	L M Electrical, Inc.	\$42	N/A	
EL-18706-2022	Commercial	250-354	95 HAMPSHIRE ST	1 illuminated sign for Promise Early Education	10/11/2022	Webster School Associates	NEOKRAFT	\$42 \$42	N/A	
	Commercial			Center		Gem Studio				
EL-18781-2022 EL-17993-2022	Commercial	241-006-001 261-017	86 COURT ST 245 CENTER ST	4 Emergency Lights & Hot Water Tank 1 exit sign and 3 receptacles	10/14/2022 10/14/2022	Humble Famly Farms	Nathan Bilodeau Z-Tyburski Electric	\$42 \$42	N/A N/A	
EL-18471-2022	Residential	137-023	272 SOUTH WITHAM RD	Service		Kyle & Sophia Huggins	ACS Electrical Contractors	\$39	N/A	
L-18784-2022	Residential	248-043	2 ROBIN RD	New Garage	10/17/2022	Peter Merfeld	ESM Electrical Systems of Maine	\$32	N/A	
EL-18787-2022	Residential	266-026	85 TAYWOOD RD	22 KW Generator Installation	10/17/2022	Dale Young	ESM	\$32	N/A	
L-18788-2022	Residential	266-061	122 TAYWOOD RD	18 KW Generator Installation	10/17/2022	Dale Young	ESM SEACOAST SECURITY	\$32	N/A	
EL-18790-2022	Commercial	229-007	16 BELMONT CT	Install Low Voltage Intercom System	10/18/2022	American Development Group	FREEPORT	\$42	N/A	
EL-18791-2022	Commercial	387-028	31 HOLBROOK RD	Install Low Voltage CCTV System	10/18/2022	Becket Academy Inc	SEACOAST SECURITY FREEPORT	\$42	N/A	
EL-18771-2022	Commercial	229-007	8 BELMONT CT	Heat Pumps & Gas Boiler Installed	10/18/2022	American Development Group	Pro Tech Refrigeration	\$232	N/A	
EL-18772-2022	Commercial	229-007	16 BELMONT CT	Heat Pumps & Gas Boiler Installed	10/18/2022 10/18/2022	American Development Group	Pro Tech Refrigeration	\$232	N/A	
EL-18775-2022 EL-18776-2022	Commercial Commercial	229-007 229-007	15 BELMONT CT 6 CANTER CT	Heat Pumps & Gas Boiler Installed Heat Pumps & Gas Boiler Installed	10/18/2022	American Development Group American Development Group	Pro Tech Refrigeration Pro Tech Refrigeration	\$132 \$132	N/A N/A	
EL-18777-2022	Commercial	229-007	5 CANTER CT	Heat Pumps & 1 Gas Boiler Installed	10/18/2022	American Development Group	Pro Tech Refrigeration	\$132	N/A	
EL-18795-2022	Commercial	057-003	307 TRAPP RD	Wire A Dehumidifer - 240V ISA	10/20/2022	Grass Roots Marijuana LLC-	Cabana Electrical Services	\$42	N/A	
L-18796-2022	Residential	341-027	29 MARSTON HILL RD	Wiring Sewer Pump	10/20/2022	Randall Whitney Edmond Bearor	Dan Brown Electrical	\$32	N/A	
L-18807-2022	Residential	387-059	625 NORTH AUBURN RD	Heat Pump Installation	10/24/2022	Daniel & Heidi Lachapelle	Dave's Appliance, Inc.	\$32	N/A	
EL-18810-2022	Commercial	230-081	169 PLEASANT ST	New Vesary Bathroom/Repair For Main Breaker Elevator/ETC	10/25/2022	First Universalist	Levesque Electrical Inc.	\$46	N/A	
L-18812-2022	Residential	260-038	218 SUMMER ST	Adding Panel & Services	10/25/2022	Ugo Investments, LLC	Marcel Caron Electric, Inc.	\$32	N/A	
L-18803-2022	Commercial	280-004-001	100 MOUNT AUBURN AV	2 Illuminated signs	10/25/2022	WALMART REAL ESTATE BUSINESS T WALMART STORE	Bailey Sign Inc.	\$50	N/A	
EL-18823-2022	Residential	270-045	106 BROADVIEW AV	Service disconnect for heat pump	10/27/2022	INC 1868 Ying Xin Chen	Collins & Collins Electric	\$32	N/A	
EL-18825-2022	Residential	057-052	298 TRAPP RD	Panel Upgrade	10/28/2022	Marc Demers	CMES	\$32	N/A	
EL-18828-2022 EL-18830-2022	Residential Residential	201-031	33 GRANITE ST 223 COOK ST	100 Amp Service Upgrade Service	10/31/2022 10/31/2022	Robert & Lisa Mancini Lou Ann Currie	SLC Electrical Contractors Bob's Electric	\$32 \$32	N/A N/A	
								\$2,769		
Plumbing	15									
L-18728-2022	Subsurface Wastewater	415-007	324 TOWNSEND BROOK RD	Complete non engineered system	10/04/2022	Roch & Susan Rousseau		\$265.00	N/A	
L-18737-2022	Internal	229-007	6 CANTER CT	Plumbing for Building 4	10/05/2022	American Development Group	DC Plumbing Heating Inc.	\$1720.00	N/A	
PL-18738-2022	Internal	229-007	5 CANTER CT	Plumbing for Building 5 Adding 1.5 baths, a dishwasher, and	10/05/2022	American Development Group	DC Plumbing Heating Inc.	\$860.00	N/A	
L-18279-2022	Internal	276-021	105 WYMAN RD	washer/dryer, and relocating the kitchen from the basement to the main floor	10/05/2022	James & Diana Sullivan	Duke's Plumbing MAINE LINE PLUMBING AND	\$70.00	N/A	
L-18744-2022	Internal	191-057	73 PAUL ST	Plumbing for New SFD	10/05/2022	Applewood Acres LLC	HEATING LLC	\$130.00	N/A	
L-18748-2022 L-18758-2022	Internal Internal	120-004 250-158	225 FIRST FLIGHT DR 33 WHITNEY ST	Installing Floor Drain and Sink New Bathroom on 3rd Floor/Laundry	10/05/2022 10/06/2022	Bowie Properties LLC	Plumb Bob Plumbing Comp Matticulous Plumbing	\$40.00 \$40.00	N/A N/A	
L-18758-2022 L-18769-2022	Internal	250-158	97 RIVERSIDE DR	New Bathroom on 3rd Floor/Laundry Renovation of Duplex	10/06/2022	Assumpta Butera Eaton Investments LLC	Martin Plumbing & Heating	\$40.00 \$110.00	N/A N/A	
L-18774-2022	Internal	207-080	858 MINOT AV	Dishwasher	10/12/2022	Ray Corporation	Morrison Plumbing & Heating	\$40.00	N/A	
L-18752-2022	Internal	291-001	600 CENTER ST	Convenient MD - New plumbing 32 fitures	10/13/2022	Shaw's #2550	New England Plumbing & Heating, Inc.	\$340.00	N/A	
L-18782-2022	Internal	240-129	20 UNION ST	Adding Up Flush Toilet and Sink	10/14/2022	20 Union Street Auburn Maine	G.I. Plumbing LLC	\$40.00	N/A	
L-18785-2022	Internal	240-062	29 HIGHLAND AV	House Renovations	10/17/2022	LLC Jeremy Hiltz	Fontaine HVAC	\$130.00	N/A	
L-18648-2022	Subsurface	111-016-007	85 DANBURY DR	Replacement System for Expansion	10/19/2022	Michelle Sirois Jean	Androscoggin Valley Inspections,	\$415.00	N/A	
	Wastewater			Renovations - slop sink, floor drain, shower,			LLC			
L-18576-2022 L-18783-2022	Internal	230-081 324-025	169 PLEASANT ST 1150 CENTER ST	sink, water closer & clothes washer	10/21/2022 10/28/2022	First Universalist 1150 Center St Auburn Maine CH AU LLC	Mike Madore Wolfe Plumbing and Heating	\$70.00 \$140.00	N/A N/A	
		J24-023	1130 CENTER 31		10/20/2022	AU LLC	mone i among and reating	\$4,410	IVA	_
Sign	7									
SI-18726-2022	Permanent	241-026	95 MAIN ST	1 sign for Gideon Asen LLC	10/03/2022	Robco Properties, LLC	Marquis Signs	\$29.00	\$500.00	1
SI-18702-2022	Permanent Temporary	280-013-000-001	10 SUBARU DR	7 signs for New Olive Garden	10/04/2022	Four Corners Property Trust	Anchor Sign	\$351.00	\$27,540.00	
SI-18659-2022 SI-18754-2022	Temporary Permanent	229-007 271-001	8 BELMONT CT 250 CENTER ST	one four by ten temp sign 28" X 120" Ground Sign for US Tax Centers	10/05/2022 10/11/2022	American Development Group Potvin R J III Investment Trust	KR Youland and Son Inc. Northern Signs	\$45.00 \$37.00	\$1,000.00 \$14,000.00	
SI-18705-2022	Permanent	250-354	95 HAMPSHIRE ST	1 sign (4x8) for Promise Early Education Center	10/11/2022	Webster School Associates	Neokraft Signs Inc.	\$41.00	\$3,000.00	
	Permanent	109-001	791 KITTYHAWK AV	5 Fuel Canopy SIgns & 1 Ground Sign	10/14/2022	Kittyhawk Properties LLC	NH Signs	\$253.00	\$19,350.00	
SI-18759-2022		221-088			10/25/2022	rentyment respectites and		9233.00	,	

Grand Total of Fees Collected: \$20,264

Thursday, November 10, 2022 Page 15

Classified Ads

BLUEBERRIES

Halls Wild Blueberries for sale: Peter Blunda 839-8466; Kings Farm 839-5844; Standish Hardware 642-2771 Available after 7-25-22

BOOKS

Spiritual Books to Learn From. New! Open Up and Find Yourself – the Treasure Chest of My Existence. New! Song of the Climate Change – Every Country has Its Stanzas. New! I Pray to the Power of Love w w w . g a b r i e l e - publishing-house.com Toll-Free: 844-576-0937

CLEANERS

CC Island Cleaning Company. Seasonal, Air B&B, homes. Cleaning with care. Call for a quote. Denise (207) 420-4952.

FOR SALE

Wood boiler – Must go! \$2,500. Alternate heating carbon steel wood boiler. Purchased in 1996 for \$6,800. New door seal, bricks, blanket, and silicone card bead. Includes cycle timer and plumb fittings. 1,400#. Model E100 wood gun. Can be lifted directly into your trailer. GORHAM. (207) 222-2755.

Turboclean Powerbrush Pet Pro

Turboclean Powerbrush Pet Pro carpet cleaner. Brand new. Used once. Asking \$80. Call 893-8851. Gorham.

Back Hoe

Back hoe Attachment for tractor. 3 point hitch, category two, 12 foot long \$3,500 . 782-5539

Exercise Bike, Coffee table

Recumbent bike with heart & mileage monitor \$75. Lt oak coffee table with 4 glass panes & shelf. Call 782-1456

GENERATOR

Briggs & Stratton Elite series 7000 Watt generator - Key start- 25 foot 10 gauge rigid power cord included. Used 63 hours. Asking \$650.00 cash - serious inquiries only, please call 207-929-1575

Briggs & Stratton Generator for sale

Used twice since purchase. Horse power 8, RPM 3600, Watts 4400, \$100. Call 207-783-3565. Leave message. Lewiston

KAYAKS

New Kayak for sale Kayak bought at Cabalas. Comes with life jacket, paddles. It is a sit on, color red. Paid \$400. Asking \$200. Used once! Call (207) 413-7502

SENIORS

LEWISTON SENIOR CITIZENS TRIPS FOR 2022

White Mountain Hotel & Resort - December 4 - 5, 2022

Trip includes 1 night lodging and 3 meals, including the Grand Sunday Brunch, 2 different entertainment shows, Austrian Sleigh ride through Jackson Village with a Jingle Bell Chocolate Tour. Stop at the Christmas Tree Shop and Lunch on Sunday at Polly's Pancake Parlor. A \$100 deposit per person is due upon signing. Price is \$369 pp double occupancy.

Spotlight on San Antonio, Texas - April 2-6, 2023

Trip includes 5 days, 4 nights lodging, 3 breakfasts and 2 dinners, visit to two UNESCO world heritage sites, visit to the Mission San Jose, visit to the ALAMO, boat ride along the Paseo del Rio known as the River Walk, National Museum of the Pacific War and so much more.

Reflections of Italy - October 9 - 18, 2023

Trip includes 10 days,

9 nights lodging, and 12 meals, including Rome, Vatican Museums, Sistine Chapel, St. Peter's Basilica, Assisi, Perugia, Cortona, Florence, Michelangelo's DAVID, Chianti Winery & Cooking Class, Venice, St. Mark's square, boat ride to Murano Island, Milan and much more.

Virginia Beach, Colonial Williamsburg & Historic Norfolk - May 22 - 27, 2023

Trip includes 5 nights lodging and 8 meals, guided tour of Colonial Williamsburg, narrated Norfolk Naval Base Harbor Cruise, admission to the Nauticus & Battleship Wisconsin, visit to Mariner's Museum and Park, admission to Virginia Beach Aguarium & Marine Science Center and free time on Virginia Beach and the Virginia Beach Boardwalk. A \$75 deposit pp is due when signing up. Price is \$809 pp double occupancy and includes bus driver's For more information on any of our trips, please contact Claire Bilodeau (207)784-0302 or Cindy

TRAVEL TRAILER

Boyd (207)345-9569.

2020 Keystone Sprinter Limited. Excellent condition. Located at KOA Naples Maine seasonal site. 3 slide outs, 2 air conditioners, 2 refrigerators, gas stove with oven, 2 TV's, fireplace, king size bed, queen couch, 2 recliners, furnace, automatic stabilizer jack, 50 amp service. Valued at \$43,900. Will negotiate. Call 207-784-6815.

WANTED

Odd jobs and Gig work
Retired teacher and
counselor looking for
odd jobs and Gig work.
Trained and experienced in babysitting,
Petsitting, senior/adult

care and cleaning. Contact: Missy 207-539-3204 or allinoneservices1@yahoo.com.

I am using a 40-yearold computer and my wife and I would like to buy a "wow" computer to communicate with our grandchildren and our children. Please call (207) 650-7224.

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Auburn, ME 04210 or email it to us!

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Name & Address											
Phone:											
CATEGORY:											
HEADLINE:											
AD INFO:											

Page 16 Thursday, November 10, 2022

WHA at CMMC Displays New Art in November



Photograph by Molli Cullins

LEWISTON, ME (November 3, 2022) -- The Woman's Hospital Associ-

ation (WHA) Rotating Art Gallery at Central Maine Medical Center in Lewiston is now displaying the photography of Molli Cullins and the watercolor paintings of Ken Harvey.

A nature and landscape photographer from Northern Maine, Cullins is also a critical care registered nurse at Central Maine Medical Center. "I enjoy all things wild and outdoors. I can be found looking for the perfect photo op across the state of Maine and my heart belongs in the County".

Harvey is a plein-air watercolor artist who has been exploring this medium for over thirty years. "My art is about getting out in nature and experiencing all that this state has to offer. It is also about offering a chance to stop and reflect on life's quieter moments away from all the everyday hustle and bustle. If I can make someone's day a little more pleasant and relaxed, then my job is done."

The works on display may be purchased through the WHA Gift Shop located adjacent to the main lobby at Central Maine Medical Center. The works on display may be purchased through



Watercolor painting by Ken Harvey

the WHA Gift Shop located adjacent to the main lobby at Central Maine Medical Center. A percentage of sale proceeds benefits patients of CMMC.



Navigating icy driveways and walkways can be challenging, especially for seniors. For seniors who are housebound or cannot lift heavy 5-gallon buckets of sand, which weigh about 50 pounds, lifting those buckets is nearly impossible.

Lewiston will now make winter a little easier for the city's seniors, those ages 65 and older, by delivering to them a bucket of sand that they can use to treat icy outdoor walkways.

- For Lewiston seniors, 65 years or older.
- Owner-occupied, 3-unit or less.
- One bucket per season.
- Buckets provided by Sam's Italian Foods.
- A Public Works team, in a City truck, will deliver bucket.
- Order by November 11, 2022.
- Until supplies last.
- Seniors are encouraged to keep bucket until next year.

TO ORDER

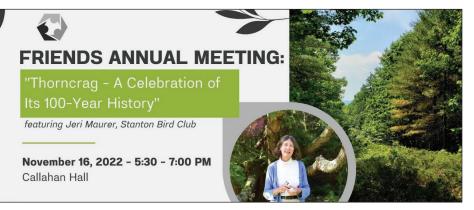
or for further information please call Lewiston Public Works

207.513.3003

Monday thru Friday, 7:30am to 2:30pm









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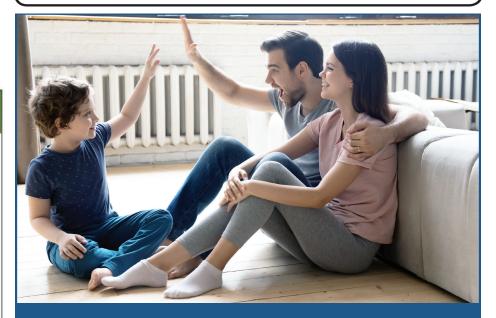
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