

Gorham Invited to UUCB Concerts For A Cause



BUXTON, ME (November 3, 2022) -- Christine Lavin, an award-winning singer-songwriter, promoter of contemporary folk music, and author based in New York, will be performing at the UU Church of Brunswick on November 19th to raise money for the Brunswick Area Teen Center and Maine Family Planning.

Lavin has recorded 25 solo albums, and 2 more with 4 seasoned musician-comediennes under the name Four Bitchin' Babes. She has also produced 10 compi-

lations showcasing the work of dozens of singer/songwriters she admires. Many of Lavin's songs are now performed by Broadway performers -- Neil deGrasse Tyson appears on her album SPAGHETTIFICATION. He loves it when science and music interact. Lavin also make videos for her songs, many of which can be found at christinelavin.com.

She has an elegant voice and sings sweet, soft melodies, but she is best known for her sense of humor, which is expressed

in both her music and her onstage performances. Many of her songs alternate between comedy and emotional reflections on romance.

Lavin has been featured on ABC, NBC, CBS, CNN and NPR. She was also the creator and host of xm satellite radio's Slipped Discs, which featured the albums of fellow artists and aspiring musicians "slipped" to her backstage at her concerts.

Lavin has built a reputation as one of the observers and chroniclers of modern urban life, with recordings like "Prisoners of Their Hairdos," "Sensitive New Age Guys," "Good Thing He Can't Read My Mind," and "Mysterious Woman," a brilliant parody of folk-pop singer Suzanne Vega.

Her latest solo album, her 25th, ON MY WAY TO HOOTERVILLE, includes 10 new songs and one re-worked song, "Ramblin' Waltz," a re-telling of her time in 1975 when she was an entourage driver for the first week of Bob Dylan's iconic "Rolling Thunder Revue" tour.

In his Penthouse article on Lavin, Scelsa called her "one of the country's best songwriters. Period. Regardless of genre or backup instrumentation. For her literacy, humor, and compassion, her keen, observant eye and ability to translate the most mundane moments into magic, I can only compare her to the likes of, say, a [songwriting giant like] Paul Simon." Christine Lavin has been called "A fearless folkZinger!" by the Orlando Sentinel, "Wildly entertaining," by The New Yorker, and "A fresh kick in the pants!" by the late Paul Newman!"

Tickets are \$30 in advance, \$35 at the door, Students/Children: \$10. Available at the church office, Gulf of Maine Books, or online at <https://ticketstripe.com/christine>.

Health Markets Insurance Agency Opens in Gorham

GORHAM, ME (November 10, 2022) -- Gorham welcomes its newest business with the opening of the Aaron Manning - Health Markets Insurance Agency at the Gorham Village Mall between Goodwill and Burger King.

Business owner Aaron Manning has been helping his clients with their insurance needs for the past four years. The agency specializes in health insurance, Medicare, life insurance, and small group insurance benefits. They offer no-cost assistance and work with all of the major insurance carriers in the state of Maine.

Speaking at the event Aaron talked about his excitement to be a part of the Gorham community: "Finding the right health insurance and Medicare coverage is not fun and not easy. That's why we are excited to be a resource to our community and provide this essential service. We want to take the stress out of health insurance so folks know they have the right coverage when they need it the most."

Economic Development Director Kevin Jensen, along with other members of the Gorham Economic Development Corporation marked the opening of the new insurance agency with a Ribbon Cutting Ceremony on Oct. 27th.

Aaron is joined by fellow agent Alexander Thuotte at the office. Open Enrollment for both Medicare and Health Insurance is currently underway through the end of this year. Their office can be reached at 207-222-2022. Aaron Manning - Health Markets Insurance Agency is located at 102 Main Street Suite 2 in Gorham and open 9-5pm Mon-Fri.

Gorham's BML Hosts Maine Author Josh Gauthier

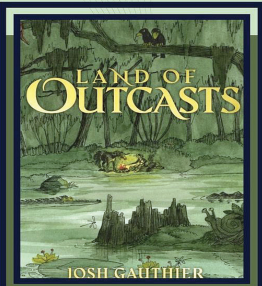

Join us to hear author Josh Gauthier! Josh is a Maine-based writer and playwright focusing primarily on speculative fiction. He earned an MFA in creative writing from the University of Southern Maine's Stonecoast Program where he concentrated on popular fiction. During the day, Josh works as a librarian. In his free time, he can be found reading, watching movies, gaming, and drinking too much coffee in order to sustain his dual caffeine-writing habit.

More about *Land of Outcasts*: A world-weary gunslinger. A snarky bat-

tle unicorn. A new job at the edge of the known world. What could go wrong? Eli and his battle-unicorn partner, Sasha, hope to be forgotten in the expansive swampland known as The Green. When a woman offers them a job, it seems like the perfect payday to tide them over. However, even if they survive The Green, completing their job and finding a way to go home will be no easy task. What's a pair of mercenaries to do when faced with a dire situation and no good choices? Something stupid, probably.

Sponsored by Friends of **Baxter Memorial Library**

AUTHOR VISIT



JOSH GAUTHIER
author of *Land of Outcasts*
Tuesday
December 6
6:00pm

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Newsmakers, Names & Faces

Husson Addresses Shortage with Online RN-to-BSN Program

BANGOR, ME (November 9, 2022) – Husson University announced today that a reconceptualized version of its popular Registered Nurse to Bachelor of Science in Nursing (RN-to-BSN) program is now available online. The updated program is now suitable for both students and working nurses.

“With Husson’s online RN-to-BSN program, it’s now even easier for working professional nurses to complete their bachelor’s degrees. Our redesigned program now offers students more flexible course schedules than before. These schedules will make it easier for our students to continue working as they take classes,” said Dr. Amy Arnett, associate

provost for online and distance education.

“In addition, our generous transfer credit policy and year-round enrollment will allow students to utilize credits earned elsewhere and begin their degree studies at times that are more convenient for them,” continued Arnett.

Husson University is also trying to make this online nursing degree more affordable. All nurses who live and work in Maine, and who enroll in Husson’s online RN-to-BSN nursing program, are eligible take classes at a tuition rate of \$338 per credit hour. That’s \$60 per credit hour less than the standard cost of \$398 per credit hour for online courses.

“Husson’s online



RN-to-BSN program now offers affordability, flexibility, a generous transfer credit policy and rolling year-round enrollment for working nurses. There’s never been a better time for those interested in earning an RN-to-BSN degree to enroll in this online program,” said Dr. Alicia Murray, the online director of the RN-to-BSN program and an assistant professor at Husson University. “It’s

our hope that all of these incentives will motivate more individuals to earn an RN-to-BSN degree and help alleviate the nursing shortage we’re currently facing here in Maine.”

At present, Maine is facing a projected nursing shortfall of 1,450 registered nurses in 2025. While some progress has been made, the state still has a long way to go to make sure local citizens have access to the

healthcare personnel needed to address the needs of our state’s aging population.

In fact, Maine has the third-largest percentage of nursing staff shortages at long-term care facilities in the nation, according to a study by Seniorly, an online platform that connects people with senior living options and resources. This study found that nearly 38% of nursing homes and long-term care facilities in Maine experienced nursing shortages in 2021-2022. That’s an increase of over 18% from 2020, when the pandemic began.

Meanwhile, the proportion of Maine’s population that’s 60 and older continues to grow. The U.S. Census Bureau estimates

that more than 31 percent of Maine’s population will be 60 and older by the year 2030, an increase of 41 percent from 2012.

“We’re facing an increased need for nurses at a time when the number of nurses is decreasing,” said Dr. Valerie Sauda, the chief nurse administrator, undergraduate director and associate professor in Husson University’s School of Nursing. “The effort being undertaken to partner with our online division and produce more qualified and knowledgeable nurses will make a difference in the quality of care patients can expect in the future. Together, we are working to help ensure the people of Maine get the quality of care they expect and deserve.”

Mills’ Plan Invests \$20M to Rebuild State Fish Hatcheries



AUGUSTA, ME (November 3, 2022) – The Maine Department of Inland Fisheries and Wildlife (MDIFW) announced today that it will utilize a \$20 million investment from Governor Mills’ Maine Jobs & Recovery Plan to redesign and rebuild two

state fish hatcheries in Grand Lake Stream and New Gloucester. The two hatcheries produce over 70 percent of Maine’s landlocked salmon and over 40 percent of the state’s brown trout that are stocked each year.

“As an avid angler

myself, I know how much fishing means to sportsmen and women across Maine,” said Governor Mills. “With this investment, we will improve our fish hatcheries to support our outdoor economy and to ensure that generations of fishermen to come will be able to enjoy the great outdoors and the thrill of a brook trout on a tight line.”

The \$20 million in federal American Rescue Plan funds dedicated through the Governor’s Jobs Plan will be used to modernize the Grand Lake Stream and New Gloucester Fish Hatcheries, as well as water outflow at IFW’s six other hatcheries. New Gloucester was built in the 1930s, and the fish are still raised in 1930’s era earthen raceways which are collapsing. Grand Lake Stream improvements include the installation of new rearing tanks that will safeguard one of the last remaining distinct land-

locked salmon populations.

The initial phase of the redesign and reconstruction is underway, as IFW has contracted with HDR Engineering, Inc. of Portland to design and engineer the two facilities. Construction plans will be put out to bid by early spring, with construction starting in the summer of 2023.

“This is welcome news for anyone who fishes in Maine,” said MDIFW Commissioner Judy Camuso. “These improvements through the Governor’s Maine Jobs and Recovery plan will only enhance Maine’s reputation as a world-class fishery.”

The recreational fishing industry in Maine contributes an estimated \$320 million to the state’s economy annually and supports over 3,300 jobs, many of which are in rural Maine. Over 380,000 anglers are licensed to fish in Maine annually, and these anglers

pursue a variety of fish that include our coldwater species such as brook trout, brown trout, lake trout, and landlocked Atlantic salmon.

At the core of Maine’s fisheries is Maine’s state hatchery system, which stocks over one million fish annually into Maine’s waters. Maine’s hatcheries enhance fisheries where there is not enough natural fish reproduction to support a fishery, and help sustain wild strains of brook trout, landlocked Atlantic salmon, and Arctic char. During the Covid-19 pandemic, outdoor activities such as fishing spiked as people flocked to the outdoors. To sustain this recreational growth and continue to grow Maine’s outdoor economy, Maine’s hatcheries need to grow as well.

For more information, please visit: <https://www.maine.gov/ifw/fish-wildlife/hatcheries/hatchery-improvements>.

htm.

The Maine Jobs & Recovery Plan is the Governor’s plan, approved by the Legislature, to invest nearly \$1 billion in Federal American Rescue Plan funds to improve the lives of Maine people and families, help businesses, create good-paying jobs, and build an economy poised for future prosperity.

In the last year since the Jobs Plan took effect, the Mills Administration has delivered direct economic relief to nearly 1,000 Maine small businesses, supported more than 100 infrastructure projects around the state to create jobs and revitalize communities, and invested in workforce programs estimated to offer apprenticeship, career and education advancement, and job training opportunities to 22,000 Maine people.

For more about Maine Jobs & Recovery Plan, visit maine.gov/jobsplan.



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Newsmakers, Names & Faces

CMG Home Loans: Gorham, It's a Good Time to Buy

Guest Column by Michael Cossitt, Junior Loan Officer, CMG Home Loans

PORTLAND, ME (November 11, 2022)-- It is a scary time to buy a home right now according to all the experts on TV. Home prices have surged record amounts as people looked to relocate to Maine where social distancing was commonplace before COVID19 made it trendy. Mortgage interest rates have skyrocketed since reaching historic lows only 18 months ago. Inflation has taken a bite out of potential home buyer's bottom lines and the money that normally would be saved to buy the home of their dreams has gone to pay rising electricity and fuel oil prices along with virtually everything else that has seemed to succumb to supply chain issues. There just doesn't seem to be any good news for our bank accounts lately. A lot of people are scared right now, but does perception meet reality?

As we all get used to this new normal and the markets adjust to what

globalization actually means, there are glimmers of hope on the horizon. Higher mortgage rates are keeping home buyers on the sidelines which in turn has forced sellers to make concessions. This can be through price reductions, seller paid closing costs, or seller paid rate buy downs (which can make mortgage payments more affordable for the buyer). Home buying tends to slow down in the winter season for obvious reasons, but this can also be a great time to buy! The higher mortgage rates and the season we are in means there is less competition for the homes that are on the market. This change is slowly turning the seller's market we are currently experiencing into an environment which allows the buyer more freedoms in their offers.

Another reason to rethink staying out of the real estate market is that the majority of an individual's wealth will be built through home ownership. According to the Federal Reserve Bank of St. Louis the median sales price of



Michael Cossitt, Junior Loan Officer, CMG Home Loans

a home sold in 1992 was \$120,000. The median sales price of a home sold today is \$454,900. That is a rise in wealth for those homeowners of \$334,900 (1). If you think about it, your mortgage payment every month is similar to a "forced" savings account. As you make your monthly payment, a portion of that payment goes to the principle of the mortgage. This increases your equity and allows

you to sell your house for a larger profit when it is time to upsize, downsize, or relocate. You don't have to sell to gain access to the principle and appreciation of your home though. There are many mortgage products that allow you to gain access to this money without having to say goodbye to the home you have grown to love.

The Survey of Consumer Finances, put out

by The Federal Reserve, is a great resource to use when looking at the median net worth of homeowners compared to the median net worth of renters. The information shows a stark contrast between the two. Renters from 1989 through 2019 have increased their net worth from \$3,980 to \$6,270 for that period while homeowners have enjoyed a growth in net worth from \$200,000 to \$254,900 (2). Current 30 year mortgage rates can make you think twice about making a home purchase when compared to the rates we all enjoyed for the last few years. In October of 1984 mortgage rates averaged 18.44% and they did not decline to under 5% consistently until 2011 (3), according to the Federal Reserve Bank of St. Louis, yet people still bought homes.

Deciding to purchase a home is one of the biggest financial decisions a person will make in their lifetimes. As the information above shows, renting only grows your landlord's net worth at the expense of your own. Current mortgage rates are

scary when looked at in the short term. Mortgage rates will change, inflation will come back down to the normal 2% a year, and our 401(k) will climb back out of the gutter. The mortgage rate you qualify for today is not your rate for life. Refinances happen all the time. If it financially makes sense, taking advantage of the wealth building super powers of home ownership may be one of the best decisions you can make.

1- Median Sales Price of Houses Sold for the United States <https://fred.stlouisfed.org/series/MS-PUS> - Median Sales Price of Houses Sold for the United States

2- Household Net Worth compared to Housing Status

https://www.federalreserve.gov/econres/scf/dataviz/scf/chart/#series:Net_Worth;demographic:household;population:all;units:median

3- 30-year Fixed Rate Mortgage Average in the United States <https://fred.stlouisfed.org/series/MORTGAGE30US>

Gorham Rec Dept. to Hold Tree Lighting



GORHAM, ME (November 9, 2022) -- Join the Gorham Rec Dept. for the tree lighting on Sunday, November 27th. Reindeer Games, Food Trucks & Mr. & Mrs. Santa Claus will arrive to magi-

cally light the tree! Three yummy food trucks will join us at Robie Park @ 3pm: Fred's Fried Dough, Maine-ly Meatballs, and P B and Me.

We are super excited for the Light Parade

which kicks off at 4:30 at Noonan's and makes its way up Main Street and over to Robie Park!

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Gorham WEEKLY

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Androscoggin Land Trust Purchases Camp Gustin

AUBURN, ME (November 7, 2022) -- Androscoggin Land Trust is pleased to announce the purchase of Camp Gustin on September 15th, 2022, which will now be known as Camp Gustin Conservation Area, in Sabattus, ME.

Purchasing Camp Gustin has permanently protected 95 acres in Sabattus, Androscoggin County, along Loon Pond and Curtis Bog. The property has freshwater vulnerable forested and bog wetlands, upland wetlands, and forested upland buffer. Resource protection is the primary management goal for this property. There are approximately 1,800 feet of shore frontage on Loon Pond, several flowing and intermittent streams, vernal pools, and wetland including 15 acres of Curtis Bog. This property gives ALT the opportunity to protect the undeveloped character of a substantial section of shoreline providing water quality benefits. The property is a key component in protecting and preserving a 429-acre connective undeveloped habitat corridor with abutting conserved land. This property had been at significant risk from developers for over a decade. We are proud to say that we raised a substantial amount of funding and

were able to secure a loan in less than six months of the start of our Camp Gustin Campaign in March 2022! After more than two years of discussions with the Pine Tree Council of the Boy Scouts of America, generous donors making significant gifts, some very successful grant writing done by ALT Staff, and the bold step taken by the ALT Board in securing a gap funding loan, ALT is proud to announce that we have closed on the 95-acre Camp Gustin property in Sabattus. This remarkable property has been supporting scouting adventures for almost 90 years and ALT will be continuing this tradition by not only allowing for this historic use of the property, but also expanding access to other youth groups, as well as the public. But we still need some help in satisfying the conservation loan.

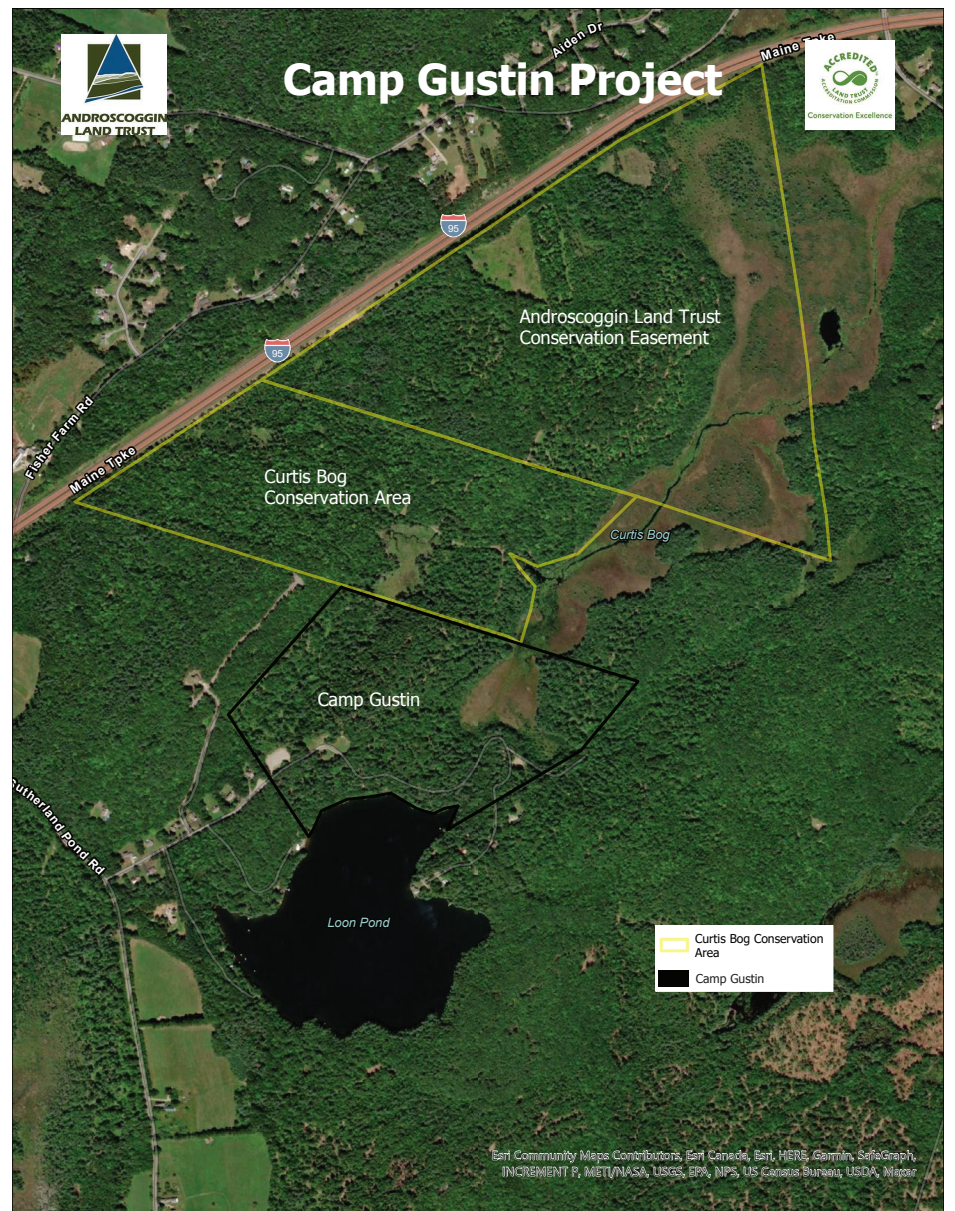
We at ALT are grateful for the generous support received from many to make this acquisition a reality, including, but not limited to The Conservation Fund, Land for Maine's Future, Maine Outdoor Heritage Fund, Maine Bureau of Parks and Land, Rob Levin, John Sage Foundation, Lost Valley, Sonder & Dram, The Vault, Norway Savings Bank, Waterman

Farm Machinery, Maine Source Homes & Realty, and the Gustin Family.

However, while we now hold the deed on Camp Gustin, our work is not over! As we finalize plans for this entire conservation parcel, we are also working hard to secure the final \$114,222.00 needed to pay off the gap loan taken out to secure the September 2022 purchase. We additionally attempt to set aside stewardship funds to assist in maintaining the property and its facilities into perpetuity. Please consider supporting this effort by making a generous gift to the project. We're seeking close to \$150,000 to successfully fund this final phase of fundraising. Make a gift and help your communities, youth, and conservation efforts.

Use of the property would include low-impact recreation including hiking, hunting, biking, skiing, fishing, birding, and carry-in carry-out camping. Camping on this site has been established for decades and ALT would continue to maintain this site for camping. Camping will be open to the public and sites will be available by reservation.

"The Gustin families are more than thrilled to know that their legacy will live on through the acquisition by Androscoggin Land Trust. This purchase will preserve the property for outdoor recreational use in its wild and undeveloped nature by the Boy Scouts and the public. It has always been a source of immense pride that our grandfather, great-grandfather, and great-great grandfather, Charles W. Gustin, made this charitable land donation in 1948. It was very important to his two sons, George W., and Lewis A. Gustin, that the land continue to be used for the purpose their father intended, and for his legacy to live on for generations.



We thank Androscoggin Land Trust and Pine Tree Council for working together in providing per-

manent conservation of Camp Gustin. Truly, this is a great outcome and will allow Camp Gustin to be appreciated and used for years and years to come by all." – Shareen Gustin Thompson and the Gustin family

"This is a tremendous opportunity to conserve a very important property not only for its conservation values, but its historical ties for local people, the Gustin family, and the scouting community," said Aimee Dorval, ALT Executive Director. "We are grateful to the Pine Tree Council for agreeing to sell and conserve this land, and we are thrilled to extend the acreage in the Loon Pond/Curtis Bog watershed. The contiguous wild-

life habitat and wetlands are irreplaceable. And we are extremely grateful to have the full support of the Gustin family in protecting a piece of land that is sentimental to their family."

For more information about ALT or to make a gift please visit www.androscogginlandtrust.org/donate

Aimee Dorval – Executive Director
207-782-2302 info@androscogginlandtrust.org

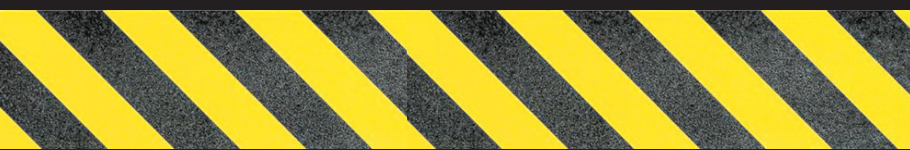


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Arts & Entertainment

Gorham Invited to Spread Joy, Be a Santa to a Senior



GORHAM, ME (November 11, 2022) -- Tis the season! Pick up your Be a Santa to a Senior tags at one of the following locations and join us in making the holiday brighter for older adults throughout Cumberland County. We expect to serve more than 700 seniors again this year!

DiMillo's On the Water, 25 Long Wharf, Portland

Sebago Brewing Company - BrewPub, 29 Elm St, Gorham

Sebago Brewing Company - Tasting Room, 616 Main St, Gorham

The Blue Pig Diner, 19 State Street, Gorham

Ocean Gardens Restaurant and Tavern, 390 Main St, Gorham

Home Instead, 502 Main Street, Gorham

Windham Blue Seal Feeds, 43 Main Street Windham

Chutes Family Restaurant Breakfast and Lunch, 686 Roosevelt Trail, Windham

The Black Horse Tavern, 26 Portland Road, Bridgton

Bridgton Community Center, 15 Depot Street, Bridgton

When you pick up a tag, you are welcome to keep one of the ornaments handmade by Girl Scout Troops across Cumberland County. Thank you!

Bar Mills Community Church Holding Christmas Market Place

Christmas Marketplace

Handmade Crafts, Vintage Items, Breads, Baked Goods, Pickles and more...



BAR MILLS COMMUNITY CHURCH

13 Hermit Thrush Drive, Buxton, Maine 04093

www.barmillscommunitychurch.org

Friday, December 2nd
Saturday, December 3rd

4:00 pm to 7:00 pm
9:00 am to 1:00 pm

We look forward to sharing this holiday season with you!

BUXTON, ME (November 1, 2022) -- We at Bar Mills Community Church have many more beautiful handmade items for the Christmas Marketplace this year. As usual we will have a great selection of fresh greens to decorate your home, a wide variety of baked goods-cookies, breads, pies and candy to satisfy your taste buds. Don't forget to pick up a couple of jars of Wanda's Wonderful Homemade Pickles. There will also be plenty of handcrafted gift ideas for your family, friends and even your pets.

FMI: visit our website: www.barmillscommunitychurch.org or visit us on Facebook or contact Judy 929-5555.

Friday, December 2nd 4:00 pm to 7:00 pm
Saturday, December 3rd 9:00 am to 1:00 pm
Bar Mills Community Church, 13 Hermit Thrush Drive, Buxton, Maine 04093

We look forward to seeing our old friends and to meeting new friends.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

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MICHAEL G.



Relief Checks Sent to 850,000 Maine People

AUGUSTA, ME (November 10, 2022) — With the deadline to file a 2021 income tax return closed, the Mills Administration announced today that 850,010 relief checks have been sent to Maine taxpayers across the state.

The \$850 inflation relief checks — or \$1700 for the average Maine family — is one of the strongest inflation relief measures in the country and is intended to help Maine people deal with rising costs.

“I am pleased that my Administration was able to deliver one of the strongest inflation relief measures in the nation to help

Maine people through this difficult time,” said Governor Mills. “Many Maine people have told me that they are using this money to put oil in their tank and gas in their cars and to buy groceries or pay copays for prescription medications. I thank the Legislature — Republicans, Democrats, and Independents alike — for their support of this important program and I pledge to continue to work closely with them to support Maine people moving forward.”

The inflation relief payments give back more than half of the State’s surplus — \$729.3 million — in the form of one-time, \$850

checks to eligible Maine people. The measure was proposed by Governor Mills in her supplemental budget, drawing on an idea from Republican lawmakers, and was overwhelmingly passed by the State Legislature.

To date, 99 percent of the estimated 858,000 eligible Maine people have received their relief payments. Maine Revenue Services will continue processing checks as paper tax returns arrive in the mail and are vetted.

“At the direction of Governor Mills, we worked hard to reach Maine residents, including our seniors, who may not

typically file income taxes to make sure they also received this important inflation relief,” said Kirsten Figueroa, Commissioner of the Department of Administrative and Financial Services. “In the coming weeks, we’ll process any outstanding tax returns and work hard to ensure that every eligible Maine person benefits from this important program.”

Maine people who have filed and have not received their relief checks can check the status of their relief check on the Department of Administrative and Financial Services website at <https://portal.maine.gov/refund->

status/payment.

Governor Mills, working with the Legislature, has fought to help Maine people and small businesses with high costs by: Returning more than half of the state’s budget surplus to Maine people through \$850 inflation relief checks — one of the strongest inflation relief measures in the country; Providing a one-time energy bill credit of more than \$2,000 to 2,919 Maine small businesses and nonprofit organizations of Central Maine Power and Versant; Providing up to \$1,400 in tax relief for eligible low- and

middle-income Maine families and seniors; Securing a one-time energy bill credit of \$90 for tens of thousands of low-income customers of Central Maine Power and Versant; Providing \$800 in heating cost relief to nearly 13,000 low-income households to help pay for high energy costs; Successfully pressing for increased funding for Federal heating assistance programs to help Maine households with oil bills this winter; MaineHousing has advanced \$11 million in heating relief funds to nearly 11,000 households, of which 7,200 are seniors aged 65 and older.

Congregations Hold Transgender Day Of Remembrance Services

BRUNSWICK, ME (November 12, 2022) — By a recent count, at least forty-two transgender or gender variant lives were lost since this time last year to transphobia and violence. Those forty-two deaths are just the murders that have been made known. Many victims of transphobic violence never have their deaths publicly acknowledged. With the recent bombardment of anti-trans legislation aimed to suppress the

trans and gender variant community in this country, the acknowledgement of these tragic deaths is all the more critical. Now, more than ever, it is important to speak their names and honor their memories. To this end, three local churches are joining together to host a Transgender Day of Remembrance gathering in Brunswick.

What is Transgender Day of Remembrance?

Transgender advocate Gwendolyn Ann

Smith began Transgender Day of Remembrance (TDOR) in 1999. TDOR began as a vigil to honor the memory of Rita Hester, a transgender woman who was killed in Allston, Massachusetts in 1998. The vigil also commemorated all the transgender and gender variant lives lost to anti-Trans violence in the time following Rita Hester’s murder. Thus began an important tradition that has evolved into an annual Transgender Day of Remembrance

observed throughout the world on November 20th.

TDOR founder Gwendolyn Ann Smith says, “Transgender Day of Remembrance seeks to highlight the losses we face due to anti-transgender bigotry and violence. I am no stranger to the need to fight for our rights, and the right to simply exist is first and foremost. With so many seeking to erase transgender people -- sometimes in the most brutal ways possible -- it is vitally im-

portant that those we lose are remembered, and that we continue to fight for justice.”

How can I get involved in the Transgender Day of Remembrance?

Join organizers Rev. Dr. Kharma Amos from the Unitarian Universalist Church of Brunswick, along with Rabbi Lisa Vinikoor from the Beth Israel Congregation of Bath, and Rev. Hillary Collins-Gillpatrick from the First Universalist Church of Yarmouth

in a service to honor the transgender and gender variant lives lost this year to transphobic violence.

This Transgender Day of Remembrance event will be held at 5:00pm on November 20th at the UU Church of Brunswick located at 1 Middle St. in Brunswick.

While this event is being held at a church and led by religious leaders, this TDOR event is open to all who support the transgender and gender variant community.

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GORHAM, ME (November 1, 2022) -- The Mission of Hope Clothes Closet is located at the Cressey Road United Methodist Church at 81 Cressey Road & Route 25. We offer FREE clothes of all kinds and sizes to those in need. Feel free to drop by. We are open from 9 AM to 12 noon on the 1st and 3rd Saturday of every month. If you have an emergency, you can call 839-3111.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

Gorham's Erin Flett / Designs for the Stylish Soul to Hold Sale

GORHAM, ME (November 10, 2022) -- Don't miss Erin Flett / Designs for the Stylish Soul's in person LOCAL ANNUAL HOLIDAY SALE on SUNDAY, DECEMBER 4, 2022 AT 8 AM - 12 PM! All of the hand printed goods we are known for are hand print-

ed and sewn right here in Gorham, Maine. Go to our Facebook page and share a few times from now through November and receive \$10 OFF at check out. Limited glassware; tote bags; carry alls; zipper pouches; wristlets; limited dopp kits; special holiday

items; journals and paper goods; jen bags; straps; folder bags; bucket hats; pillows; paper prints; and tons more, all holiday pricing promised to make your holiday shopping fun and exciting! We are located at 42 South St, Gorham, ME 04038.



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Seniors Not Acting Their Age

Moosehead Surf & Turf



A kayaker crosses Moosehead Lake towards Mount Kineo



The views from Indian Trail on Mount Kineo are phenomenal



An overlook on Little Kineo Mountain provides an expansive vista of central Moosehead Lake

By Ron Chase
Moosehead is Maine's largest lake and Mount Kineo is one of the state's most distinctive peaks. Combining a kayak paddle on the lake with a climb of Mount Kineo, which I call a surf and turf, seemed like the ideal way to end the kayaking season and begin fall hiking. A previous Moosehead surf and turf that included a partial lake traverse is a chapter in my new book *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine*.

For several years, I've organized fall surf and turf trips at locations around the state for my outdoor club, the Penobscot Paddle & Chowder Society. When I announced this year's Moosehead trip, four Chowderheads expressed interest. The date was dependent upon two consecutive "good weather" days as I had decided to add a second peak to the agenda, Little Kineo Mountain. Arguably, the most important weather factor to be considered was wind as treacherous blows are notorious on Moosehead.

One of the few benefits of old age is the flexibility to make last minute outdoor decisions. Unfortunately, when two ex-

ceptional days were forecast, three of the hopefuls were unable to participate. On the plus side, my son, Adam, was able to fit the plan into his work schedule.

We began our excursion at Kineo Landing in Rockwood on a beautiful fall day. The marvelous colors of the autumn foliage coupled with the majestic cliffs of Mount Kineo provided a breathtaking start for our endeavor. As predicted, the winds were almost non-existent for the one mile crossing to the landing at the foot of Kineo.

A surf and turf has an inherent complication. Paddling clothes are not suitable for mountain hiking. Adam and I changed into hiking shoes and clothing at the landing, donned packs that included water and snacks, and began the mountain undertaking.

We followed the flat Carriage Trail along the shore for a short distance to Indian Trail which ascends along the cliffs until it joins Bridle Trail about halfway to the summit. The panoramic vistas of southern Moosehead Lake from Indian Trail were nothing short of phenomenal. After connecting with Bridle Trail, we entered a wooded area and proceed-

ed to a restored fire tower that offers spectacular 360 degree views of the surrounding area.

Shortly after leaving the fire tower, we met a couple who had canoed across the lake from Birch- es Resort near Rockwood. They were the only hikers or paddlers we encountered during the entire outing. Our decision to follow the Bridle Trail on the descent was a mistake as heavy rains the previous night turned the badly eroded path into a virtual stream.

From the landing, we kayaked two miles north to the northwest tip of the island where spacious Hardscrabble Point Campsite is located. After setting up camp, an exploration of nearby Farm Island was added to the day's adventure.

Hardscrabble Point Campsite offers an exceptional view of the northern portion of the lake including Little Kineo Mountain in the northeast. A clear night, star gazing was exceptional.

We awoke to another outstanding day. A hearty breakfast was consumed while watching the first rays of sunshine reach the summit of our intended goal, Little Kineo Mountain.

The two mile open water crossing in calm conditions to Moosehead Public Lands on the east shore was easily accomplished. We quickly located and walked camp roads towards Little Kineo Mountain. After hiking steadily up from the lake for about two miles, the clearly marked trailhead was on the left. A small parking area is available for those arriving by vehicle.

We found the narrow one mile path to the summit to be in exceptionally good condition for a remote infrequently hiked mountain. The first half was in a predominantly hardwood forest covered with a blanket of recently fallen leaves. In the upper portion, we ascended a series of steep ledges in a conifer forest. Nearing the summit, an overlook offered an expansive vista of central Moosehead Lake.

Soon after, we arrived at a rounded open ledge that is the high point.

We experienced mirror calm conditions during the paddle back to Hardscrabble Point. After breaking camp, our return to Rockwood was equally pleasurable.

It's difficult to imagine two more exquisite days for our fall surf and turf. The endeavor will be difficult to duplicate next year, but we'll try.

What do you think?

We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers.

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Sen. Collins Announces \$42.5M in LIHEAP Funding for Maine

WASHINGTON, D.C. (November 3, 2022) – Following a bipartisan push led by U.S. Senators Susan Collins (R-ME) and Jack Reed (D-RI), the State of Maine has been awarded \$42.5 million through the Department of Health and Human Services’ (HHS) Low Income Home Energy Assistance Program (LIHEAP), which provides funding to help low-income households pay their energy bills.

Senators Collins and Reed, senior members of the Appropriations Committee, led ef-



orts to include \$4 billion for LIHEAP in the fiscal year 2022 appropriations package that was signed into law earlier this year. In addition, they worked with their colleagues to secure \$1 billion in emergency supplemental funding for the program in the short-term funding package that was signed into law last month. This supplemental funding—

coupled with additional funding authorized by the bipartisan infrastructure law that Senator Collins co-authored—provided a nearly \$7.2 million boost in LIHEAP for Maine, on top of the state’s typical allocation.

“With the average price of home heating oil currently a staggering \$5.42 per gallon, it is going to be extraordinarily chal-

lenging for many Maine families to stay warm this winter,” said Senator Collins. “Given the sharp increase in energy prices this year, this funding will be essential to helping ensure that low-income families and seniors do not have to make the impossible choice between paying for heat and paying for food or medicine. I am pleased that the Administration

headed our call to distribute these critical funds appropriated by Congress as quickly as possible.”

LIHEAP is a federally funded program that helps low-income households with their home energy bills by providing payment and/or energy crisis assistance to pay for heating oil, gas, electric, and other methods customers use to heat their homes. LIHEAP is administered by states and accessed through local Community Action Agencies. Eligibility for LIHEAP is based on income, family size, and the avail-

ability of resources. This funding is particularly critical given that the average cost of home heating is unaffordable for millions of low-income households costing over \$1000 per year. The increase costs of staying warm this winter is 17% higher on average than last year. Last year, more than 30,000 Maine households benefitted from LIHEAP.

More information on how to apply can be found here: <https://www.mainehousing.org/programs-services/energy/energydetails/home-energy-assistance-program>

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Stay Food Safe this Thanksgiving Holiday

WASHINGTON, D.C. (November 7, 2022) – Keep your stomach full of turkey and free from foodborne illness this Thanksgiving holiday. The U.S. Department of Agriculture (USDA) reminds us all that it's important to remember the steps to food safety during America's biggest meal.

"While the four steps to food safety — clean, separate, cook and chill — are important every day and at every meal, they are particularly significant on Thanksgiving," said USDA Deputy Under Secretary Sandra Eskin. "There will likely be many guests and many delicious dishes at your holiday table, but you don't want to invite any foodborne pathogens. Follow those four steps — in particular remember to use a food thermometer — and your Thanksgiving dinner will be a safe one."

Keep your Thanksgiving celebration food safe by following the tips below.

Clean and Sanitize

Handwashing is the first step to avoiding foodborne illness. Wash your hands for at least 20 seconds with soap and water before, during, and after handling food. In a recent study, 97 percent of participants in a USDA test kitchen failed to wash their

hands properly. Make sure to follow these handwashing steps:

Wet your hands with clean, running water.

Lather your fingers with soap.

Scrub soapy hands and fingers thoroughly for at least 20 seconds. Rinse your hands under clean, running water.

Dry hands off with a clean towel or air dry them.

Clean and sanitize any surfaces that have touched raw turkey and its juices and will later touch food such as kitchen counters, sinks, stoves, tabletops, etc.

Avoid Cross-Contamination

Cross-contamination is the spread of bacteria from raw meat and poultry onto ready-to-eat food, surfaces, and utensils. One way to avoid this is by using separate cutting boards — one for raw meat and poultry, and another for fruits and vegetables. Our recent study found that sinks are the most contaminated areas of the kitchen. USDA recommends against washing your raw poultry due to the risk of splashing bacteria throughout your kitchen. Clean and sanitize any areas that will come into contact with the turkey before and after cooking.

Thaw the Turkey Safely

Never thaw your tur-

key in hot water or leave it on a countertop. There are three ways to safely thaw a turkey: in the refrigerator, in cold water and in the microwave.

Refrigerator thawing: Turkey can be safely thawed in a refrigerator to allow for slow and safe thawing. When thawing in a refrigerator, allow roughly 24 hours for every four to five pounds of turkey. After thawing, a turkey is safe in a refrigerator for one to two days.

Cold water thawing: The cold water thawing method will thaw your turkey faster but will require more attention. When thawing in a cold-water bath, allow 30 minutes per pound and submerge the turkey in its original wrapping to avoid cross-contamination. Change the water every 30 minutes until the turkey is thawed. The turkey must be cooked immediately after thawing.

Microwave thawing: To thaw a turkey that fits in the microwave, follow manufacturer's recommendations. Cook it immediately after thawing because some areas of the food may become warm and begin to cook during the thawing process, bringing the food to the "Danger Zone."

It's safe to cook a completely frozen turkey; however, it will take at

least 50 percent longer to fully cook.

Cook Thoroughly

Your turkey is safe to eat once it reaches an internal temperature of 165 F. Insert a food thermometer into the thickest part of the breast, the innermost part of the wing and the innermost part of the thigh to check its internal temperature. USDA recommends using a food thermometer even if the turkey has a pop-up temperature indicator to ensure it has reached 165 F in the three previously stated places.

Stuffing your Turkey

USDA recommends against stuffing your turkey since this often leads to bacteria growth. However, if you plan to stuff your turkey, follow these steps:

Prepare the wet and dry ingredients for the stuffing separately from each other and refrigerate until ready to use. Mix wet and dry ingredients just before filling the bird's cavity.

Do not stuff whole poultry and leave in the refrigerator before cooking.

Stuff the turkey loosely — about 3/4 cup of stuffing per pound.

Immediately place the stuffed, raw turkey in an oven set no lower than 325 F.

A stuffed turkey will take longer to cook. Once it has finished cooking,

place a food thermometer in the center of the stuffing to ensure it has reached a safe internal temperature of 165 F. Let the cooked turkey stand 20 minutes before removing the stuffing.

For more information on turkey stuffing, visit Turkey Basics: Stuffing.

The Two-Hour Rule

Don't leave your food sitting out too long! Refrigerate all perishable foods sitting out at room temperature within two hours of being cooked, or one hour if the temperature is 90 F or above. After two hours, perishable food will enter the "Danger Zone" (between 40 F and 140 F), which is where bacteria can multiply quickly and cause the food to become unsafe. Discard all foods that have been left out for more than two hours. Remember the rule — keep hot foods hot and cold foods cold.

Transporting hot foods — Wrap dishes in insulated containers to keep their temperature above 140 F.

Transporting cold foods — Place items in a cooler with ice or gel packs to keep them at or below 40 F.

When serving food to groups, keep hot food hot and keep cold food cold by using chafing dishes or crock pots and ice trays. Hot items should remain

above 140 F and cold items should remain below 40 F.

Leftovers

Store leftovers in small shallow containers and put them in the refrigerator. Thanksgiving leftovers are safe to eat up to four days in the refrigerator. In the freezer, leftovers are safely frozen indefinitely but will keep best quality from two to six months.

Resources

For Thanksgiving food safety questions, call the USDA Meat and Poultry Hotline at 1-888-MPHotline (1-888-674-6854), email MPHHotline@usda.gov or chat live at ask.usda.gov from 10 a.m. to 6 p.m. Eastern Time, Monday through Friday.

Do you have any last-minute turkey day questions? The Meat and Poultry Hotline will be open on Thanksgiving Day from 8 a.m. to 2 p.m. EST.

Check out the USDA FoodKeeper App, which helps to reduce food waste by providing food and beverage storage information. Access news releases and other information at USDA's Food Safety and Inspection Service's (FSIS) website at www.fsis.usda.gov/newsroom. Follow FSIS on Twitter at twitter.com/usdafoodsafety or in Spanish at: twitter.com/usdafoodsafety_es.

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The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

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Open Call for Art at The Monson Arts Gallery

MONSON, ME (November 4, 2022) -- Monson Arts - an art center and artist residency program located in Monson, Maine - is seeking art for their winter exhibition, Artists of the Maine Highlands, Today and Tomorrow. Art-

ists working in any medium are encouraged to submit up to three pieces.

The theme is designed to represent artists creating in and around the North Maine Woods region. Work will be juried by Monson Arts staff.

Please send submissions to info@monsonarts.org and include your name, an image of each work you would like to submit, and your contact information by Nov 30, 2022.

There is no fee to submit or participate. Monson

Arts Gallery is a non-sales gallery. Any inquiries of purchase will be forwarded to the artist. Artwork that is accepted into the show will need to be dropped off by Dec 15, 2022 for installation.

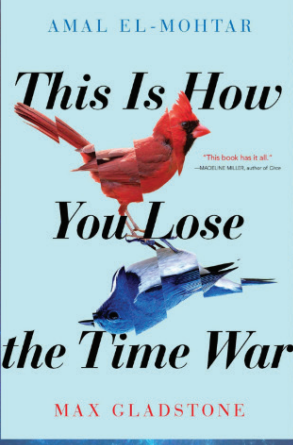
Monson Today will

be on view Jan 4th - Feb 27, 2023. The Monson Arts Gallery is located at 8 Greenville Road, Monson, Maine and is open Wednesday through Friday 10:00am - 3:00pm or by appointment by calling 207-997-2070.

Monson Arts was founded in 2018. Their mission is to provide time and space for creative work through residencies, workshops, and educational partnerships. Visit monsonarts.org to learn more about all of their programs.

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Maine Ranked 1st in Nation for Beach Protection

SAN CLEMENTE, CA (November 3, 2022) – Today, the Surfrider Foundation released its sixth annual State of the Beach Report, which grades 30 states and the territory of Puerto Rico on comprehensive laws and policies to protect our nation’s beaches from coastal erosion, sea level rise and poorly planned development. For the second year in a row, this year’s report reveals that 67% of coastal areas assessed are performing at ‘adequate’ to ‘poor’ levels, with some of the lowest grades earned by states that are most often affected by extreme weather and worsening climate events.

“Rising seas and more powerful storms are already damaging community infrastructure, shrinking coastlines and diminishing the public’s ability to enjoy our favorite beaches across the country,” said the Surfrider Foundation’s Senior Manager of the Coast and Climate Initiative, Stefanie Sekich-Quinn. “It is imperative that local, state and federal governments work together to protect our coastal communities from the growing impacts of climate change. Long-term climate planning not only safeguards our coastal communities, but it also makes economic sense. A recent report found that if the U.S. fails to take sig-

nificant climate change action, it could cost \$14.5 trillion (in present value terms) to our economy over the next 50 years. Surfrider’s report provides a road map for states to improve coastal management and proactively plan for climate change impacts.”

Out of 30 states and the territory of Puerto Rico, only 11 states earned a grade of either an ‘A’ or ‘B.’ The remaining coastal states are performing at a ‘C’ level or less, including the majority of areas that have been impacted the most significantly by extreme weather events. While the Northeast and West Coast states earned a ‘B’ average, the Southeast, Island and Mid-Atlantic states collectively earned a ‘C’ grade overall and the Great Lakes and Gulf of Mexico states scored a ‘D’ average.

Each state or territory was graded on a set of 12 criteria separated into four major categories, including sediment management, development, coastal armoring and sea level rise. The highest-scoring states have strong policies regarding coastal building setbacks, restrictions on coastal armoring, limiting development and redevelopment, and the advancement of progressive sea level rise policies that encourage local governments to incorporate climate adaptation measures into land

use plans. In comparison, the lowest-scoring states tend to have less stringent policies regarding development in hazardous coastal zones, ineffective or nonexistent prohibitions on coastal armoring, poor sediment management and a lack of sea level rise policies.

“Surfrider has intentionally been increasing our work on climate change mitigation and adaptation to help provide solutions to this global issue,” said Sekich-Quinn. “In addition to the graded assessments, we have also included targeted suggestions for improvements for each state in our report. While the climate emergency is daunting, Surfrider is working around the country every day with our network of volunteers and local representatives to help protect our communities, ecological resources and recreational access.”

Since Surfrider released its inaugural report in 2017, 12 states have made improvements to coastal policies, with advancements in sea level rise planning and coastal resiliency in light of climate change.

To find out how to help advance your state to the next level to prepare for urgent climate change impacts, visit Surfrider’s State of the Beach Report or find out more at Surfrider.org.

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Calendar

Send your submissions to the Editor. More online.

November 17
LEWISTON -- Maine's first & only Backgammon club is looking for new members! Meetings October 6, October 20, November 3, November 17; 6pm - 8pm at Obscura Cafe & Drinkery, 108 Lisbon St. Lewiston

November 17
LEWISTON -- SPECULATIVE FICTION BOOK CLUB - SCIENCE-FICTION (5:30 pm at the Lewiston Public Library)

In this limited three session adult speculative fiction book club, LPL librarians will host interactive discussions on select genre novels. The Sci-fi read will be This Is How You Lose the Time War by Amal El-Mohtar & Max Gladstone. Open to genre fans and those who are new to genre novels alike.

Free. Registration required. Bottled water and small snacks available. Contact info. 513-3135; www.LPLonline.org

November 17; December 15
LEWISTON -- 3rd Tuesdays from September-December 2022, 3-5pm at the Lewiston Public Library: MAINE-TRANSNET TEEN TABLETOP TUESDAYS

This fall, LPL Teen and MaineTransNet Youth are joining up to host monthly tabletop role-playing sessions, on the

3rd Tuesday from 3-5pm in person in the LPL teen space. All supplies will be provided and no previous RPG experience is required - just bring yourself and your creative mind!

This program is open to teens ages 13-19.

For more information, contact the Lewiston Public Library Adult & Teen Services Department at 513-3135 or LPLReference@lewistonmaine.gov. www.LPLonline.org

November 19
GORHAM -- Craft Fair Nov. 19th, 9am-2pm @White Rock Grange #380, 33 Wilson Road, Gorham

Join White Rock Grange for a Christmas Craft Fair. Over 30 crafters, jewelry, sewn & knitted items, goat soap, soy candles, home decor and much more!

<https://www.facebook.com/events/621206766104293>

November 19
GORHAM -- Craft Fair Nov. 19, 2023, 9am-2pm @White Rock Community Clubhouse, 34 Wilson Road, Gorham

White Rock Friendship Club hosting Christmas Craft Fair as a college

scholarship fundraiser. Many handmade crafts, bake sale, and raffles. Lunch will be served: Either corn chowder or steamed hot dog meal includes: chips, cookie and a drink.

<https://www.facebook.com/events/392143993085347>

November 19
GRAY -- The First Congregational Church of Gray's Annual Holly Fair will be held on Saturday, November 19 from 9 to 2 at the Parish House at 5 Brown Street, Gray. The Fair will include Crafts, Rada Cutlery, White Elephant, Jewelry, Children's Activities, Baked Goods with CookieTrail, Coffee and Donuts and Corn Chowder to Go. and much more.

November 19
NEW GLOUCESTER -- LUNNE-HUNNEWELL AMVETS POST#6, Bean Supper From 5PM-6:00PM; Cost \$10.00 Adults Ages 12To 6 \$5.00, Ages 5 and under Free.

Then at 7:00PM -9:30PM the Annual Turkey Spinning Wheel with the chances to win the games for a Turkey or Turkey & All the Fixings.

We are all selling 20 LB Turkeys Raffle Tickets Chances and will be at the door. "HAPPY THANKSGIVING"

November 19
AUBURN -- The United Methodist Church of Auburn will hold its annual Church Fair on Saturday, November 19, from 9 to 1 pm. Enjoy the country kitchen and purchase homemade beans, chili, meatballs, donuts, homemade pies. Also shop for candy, crafts, vintage cabbage dolls, jewelry, fresh Maine wreaths, \$5 surprise gift bags, white elephant goodies and much more. Come early to 489 Park Avenue in Auburn for the best selections.

November 19
AUBURN -- The Auburn Public Library Bookstore is holding a "Buck-a-Bag" clearance sale of books, including popular and classic fiction, children's books, biographies and all manner of nonfiction books. Most books in the sale were donated to the library, but the sale also includes some ex-library books. Bring a bag, fill it up with books and pay only \$1. Saturday, November 19 10:00 am - 4:30 pm in the Androscoggin Room on the ground floor of the library. Masks are recommended.

November 19, 20; December 1, 3, 4
 DaPonte String

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Quartet Concerts in November: Mozart String Duo in B flat Major for Violin & Viola, Dohnanyi Serenade for String Trio, Op. 10 and Beethoven String Trio in C Minor, Op. 9 no 3

Saturday, November 19, 3:00 pm, Meetinghouse Arts, Freeport

Sunday, November 20, 3:00 pm, St. Columba's Episcopal Church, Boothbay Harbor

Thursday, December 1, 7:00 pm, Maine Jewish Museum, Portland

Saturday, December 3, 3:00 pm, First Congregational Church of Blue Hill

Sunday, December 4, 3:00 pm, Union Hall, Rockport

December 3
MECHANIC FALLS -- The Ladies Guild of Our Lady of Ransom Church in Mechanic Falls is hosting a Christmas Craft Fair, which will take place on

Saturday December 3rd from 9am to 2pm in the church hall located at 117 Elm St, Mechanic Falls.

There will be various craft vendors, a bake sale and many amazing raffle baskets. A luncheon will be served, and will include a hot dog combo meal as well as chili and a chowder. The Christmas spirit will be strong in Mechanic Falls on December 3rd; come and check it out.

December 6
LEWISTON -- Hiring Event on Tuesday, December 6, 2022 from 10:00am-noon at the Lewiston CareerCenter, 5 Mollison Way, Lewiston. Bring your best self and speak with over thirty employers all offering great job opportunities! The event is free and open to the public. For more information visit: <https://www.mainecareercenter.com/employment/hiring-events/>



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FOR SALE

Men's Dress Coats almost new - One London Fog, dark tan size 42 R \$50, one 3/4 length with zip in lining - tan \$40. 1 pair new Timberland work boots size 9W \$50. Call 207-782-4228

Wood boiler – Must go! \$2,500. Alternate heating carbon steel wood boiler. Purchased in 1996 for \$6,800. New door seal, bricks, blanket, and silicone card bead. Includes cycle timer and plumb fittings. 1,400#. Model E100 wood gun. Can be lifted directly into your trailer. GORHAM. (207) 222-2755.

Turboclean Powerbrush Pet Pro

Turboclean Powerbrush Pet Pro carpet cleaner. Brand new. Used once. Asking \$80. Call 893-8851. Gorham.

Back Hoe

Back hoe Attachment for tractor. 3 point hitch, category two, 12 foot long \$3,500 . 782-5539

Exercise Bike, Coffee table

Recumbent bike with heart & mileage monitor \$75. Lt oak coffee table with 4 glass

panes & shelf. Call 782-1456

GENERATOR

Briggs & Stratton Elite series 7000 Watt generator - Key start- 25 foot 10 gauge rigid power cord included. Used 63 hours. Asking \$650.00 cash - serious inquiries only, please call 207-929-1575

Briggs & Stratton Generator for sale

Used twice since purchase. Horse power 8, RPM 3600, Watts 4400, \$100. Call 207-783-3565. Leave message. Lewiston

KAYAKS

New Kayak for sale Kayak bought at Cabalas. Comes with life jacket, paddles. It is a sit on, color red. Paid \$400. Asking \$200. Used once! Call (207) 413-7502

PUPPIES

FREE Golden Retriever Puppies to Forever Homes! 1 Male, 1 Female. Excellent temperament! House trained with very good trainable natures & perfect for families with children and other pets! I will not re home to just any-one. Please email me first at: staceymccllland8@gmail.com and Text (917) 619-1667

SENIORS

LEWISTON SENIOR CITIZENS TRIPS FOR 2022 White Mountain Hotel & Resort - December 4 - 5, 2022

Trip includes 1 night lodging and 3 meals, including the Grand Sunday Brunch, 2 different entertainment shows, Austrian Sleigh ride through Jackson Village with a Jingle Bell Chocolate Tour. Stop at the Christmas Tree Shop

and Lunch on Sunday at Polly's Pancake Parlor. A \$100 deposit per person is due upon signing. Price is \$369 pp double occupancy.

Spotlight on San Antonio, Texas - April 2-6, 2023

Trip includes 5 days, 4 nights lodging, 3 breakfasts and 2 dinners, visit to two UNESCO world heritage sites, visit to the Mission San Jose, visit to the ALAMO, boat ride along the Paseo del Rio known as the River Walk, National Museum of the Pacific War and so much more.

Reflections of Italy - October 9 - 18, 2023

Trip includes 10 days, 9 nights lodging, and 12 meals, including Rome, Vatican Museums, Sistine Chapel, St. Peter's Basilica, Assisi, Perugia, Cortona, Florence, Michelangelo's DAVID, Chianti Winery & Cooking Class, Venice, St. Mark's square, boat

ride to Murano Island, Milan and much more.

Virginia Beach, Colonial Williamsburg & Historic Norfolk - May 22 - 27, 2023

Trip includes 5 nights lodging and 8 meals, guided tour of Colonial Williamsburg, narrated Norfolk Naval Base Harbor Cruise, admission to the Nauticus & Battleship Wisconsin, visit to Mariner's Museum and Park, admission to Virginia Beach Aquarium & Marine Science Center and free time on Virginia Beach and the Virginia Beach Boardwalk. A \$75 deposit pp is due when signing up. Price is \$809 pp double occupancy and includes bus driver's tip.

For more information on any of our trips, please contact Claire Bilodeau (207)784-0302 or Cindy Boyd (207)345-9569.

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Gorham Families Encouraged to Move & Play with DSOM

GORHAM, ME (November 9, 2022) -- NO PRE REGISTRATION REQUIRED! Join Miss Kelcie for Movement and Play with Family every Friday from 3:30-4:15 pm This class is a great introduction to the classroom while allowing you to dance and play alongside your dancer! \$5 PER FAMILY! AGES 2.5+

Movement & Play with Family!
EVERY FRIDAY
3:30-4:15 PM
AGES 2.5+

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Town of Gorham Issues Trash Reminders

GORHAM, ME (November 11, 2022) -- Trash needs to be curbside by 7am the day of collection or the night before. To prevent weather and animals from making a mess of trash, residents are encouraged to purchase trash cans. Trash will not be collected if it's not curbside by 7am, if a tag is not visible or if the tag has been tampered with. Each bag must have a tag!

There will be no trash or recycling collection on the following four holidays:

1. New Year's Day, January 1st
2. Independence Day, July 4th
3. Thanksgiving Day, last Thursday in November
4. Christmas, December 25th

Trash will be delayed one day on the observed holidays. For example, if the holiday observed falls on a Monday, trash will be picked up on Tuesday. This pushes trash and recycling collection for the rest of the week one (1) day. This Thanksgiving,

11/24/2022, Thursday collection will be collected Friday, 11/25/2022.

If there will be a delay or cancelation of trash due to weather conditions, we will post information to the Town Facebook page as well as the Gorham Town website. Subscribe to the website to get an automatic email when information is published.

If there are questions or concerns, give the office a call. We are more than happy to help.

Hazen Donates \$10K to Nathaniel Hawthorne's Boyhood Home

RAYMOND, ME (October 31, 2022) -- Steven Kelsey Hazen of California, a long-time seasonal resident of the Casco-Raymond area, offered on October 25 a donation of \$10,000 to the Phase 2 fundraising campaign being conducted by Nathaniel Hawthorne's Boyhood Home in Raymond to fully repair and restore the beloved, historic home. Previously, Mr. Hazen had donated a total of \$11,000 to Phase 1 of the fundraising effort, including \$10,000 in memory of Clyde Stanley Murch (a founding member of the Hawthorne Community Association) and his wife, Edna Pearl Ames Murch. His new donation is offered in memory of his mother and father, Prudence El-

eanor (Kelsey) Hazen and Franklin Graham Hazen, both of whom were ardent supporters of the Hawthorne Community Association. Clyde Murch and Mr. Hazen both trace their ancestry to Sally (Dingley) Murch, whose sister Susan (Dingley) Manning was married to Richard Manning, who build the Hawthorne House for his sister, mother of Nathaniel Hawthorne. The Association was formed in 1922 and still oversees care of the building.

"In offering this gift, I wish to congratulate the residents of the Casco-Raymond area for their wonderful support for this fundraising effort, and to convey my sincere hope that others with ties to the region and/or to the Haw-

thorne House will be able to fund the remaining portion of the restoration project, so it can be completed in 2023," Mr. Hazen said.

How to Support the Fundraising Campaign

To help fully repair and restore Nathaniel Hawthorne's Boyhood Home in Raymond, please consider a much-appreciated check or online donation. Please make checks payable to "Hawthorne Community Association" / PO Box 185 / South Casco, ME 04077. Credit card, debit card, and/or Paypal donations may be made online at: <https://www.hawthorneassoc.com>.

For more information, please contact Abel Bates at (207) 318-7131 or jbates4@maine.rr.com.

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