

Gorham's Walnut Crest Becomes a Forever Farm

GORHAM, ME (December 10, 2022) -- On December 1st, Walnut Crest Farm in Gorham officially became a protected Forever Farm. Dale Rines, the fourth generation of his family to steward this land, first began to think about an easement with Maine Farmland Trust 15 years ago, and MFT is thrilled that it has finally come to fruition. Situated only a mile from downtown Westbrook and facing increasing development pressure, the easement at Walnut Crest Farm protects 114 acres with extensive frontage on the Presumpscot River. The easement area has an extensive history, and Dale and his wife Betty have continued the 250+ year history of farming, now leasing the fields to another farmer to raise beef.

With this permanent protection, they know that their family farm will continue to conserve the land and benefit their community by growing local. MFT is thrilled to have worked together to keep this important piece of farmland in perpetuity. Congratulations to Farmland Protection Project Manager Sean Hagan for his work on the project – this is his first completed easement with MFT!



Gorham Town Manager's Weekly Office Report

GORHAM, ME (December 16, 2022) – The following are notes from the Gorham Town Manager's Office Report for December 16:

Citizen Volunteers Needed for Town Boards & Committees

The Town Council Appointments Committee is seeking citizen volunteers for various boards and committees. The board and committee vacancies available are as follows:

- PLANNING BOARD - 2
- GORHAM ECONOMIC DEVELOPMENT CORPORATION - 3
- CONSERVATION COMMISSION - 2
- BOARD OF APPEALS - 3
- BOARD OF TRUSTEES - BAXTER MEMORIAL LIBRARY - 3
- HISTORIC PRESERVATION COMMISSION - 3
- FAIR HEARING BOARD - 1
- BOARD OF ASSESSMENT REVIEW - 1
- BOARD OF VOTER REGISTRATION APPEALS - 1
- REVOLVING LOAN FUND COMMITTEE - 4
- BOARD OF HEALTH - 1

Folks interested in applying to serve on any of Town board and/or committee can visit the Town Clerk's Office for more information. Applicants can download a Committee Volunteer Application available online.

For assistance with additional questions, applicants can also contact the Town Clerk's Office at 222-1670 or email the Town Clerk Laurie Nordfors at lnordfors@gorham.me.us. Applications will be accepted until January 20, 2023.

Dog License Renewal Reminder – January 31, 2023 Deadline

We love the dogs of Gorham! They bring immeasurable health benefits to their families and owners, including reducing stress, and serving as fun and loving companions. Folks can return the love and take care of their dogs through annual dog licensing, which ensures that they receive their rabies vaccination, safeguarding their health. Licensing also directly helps fight animal cruelty and abuse, with 90% of dog license fees going directly to the Maine Animal Welfare Program.

The Town of Gorham makes renewing pet licensing easy through two options:

· Renew online by visiting https://apps1.web.maine.gov/cgi-bin/online/dog_li

See Town, page 3

Mission of Hope Clothes Closet Offers Free Clothes

A graphic for the Mission of Hope Clothes Closet. It features the title 'Mission of Hope' in blue serif font at the top. Below it is a row of colorful clothing items (shirts, pants, dresses) hanging on a rack, with a large black hanger in the center. The text 'CLOTHES CLOSET' is written in black, followed by 'Open 1st & 3rd Saturday' in large red font, and '9am - noon' in red font. At the bottom, it says 'Donations accepted during Clothes Closet hours.' in black font.

Mission of Hope
CLOTHES CLOSET
Open 1st & 3rd Saturday
9am - noon
Donations accepted during Clothes Closet hours.

GORHAM, ME (November 1, 2022) -- The Mission of Hope Clothes Closet is located at the Cressey Road United Methodist Church at 81 Cressey Road & Route 25. We offer FREE clothes of all

kinds and sizes to those in need. Feel free to drop by. We are open from 9 AM to 12 noon on the 1st and 3rd Saturday of every month. If you have an emergency, you can call 839-3111.

An advertisement for Clean Books LLC. It features a feather logo on the left. The text reads 'CLEAN BOOKS LLC' in large black font, followed by 'BOOKKEEPING, PAYROLL & TAX PREPARATION' in smaller black font. Below that, it says 'Tax Season is approaching!' and 'Contact us today for a FREE quote.' On the right, it lists 'Olivia Ouellette, Owner' with the phone number '(207) 370-9292' and the email 'cleanbooksmaine@gmail.com'. At the bottom, the website 'www.cleanbooksmaine.com' is listed.

 **CLEAN BOOKS LLC**
BOOKKEEPING, PAYROLL & TAX PREPARATION
Tax Season is approaching!
Contact us today for a FREE quote.
Olivia Ouellette, Owner
(207) 370-9292
cleanbooksmaine@gmail.com
www.cleanbooksmaine.com

An advertisement for Davey Tree. The top half features the text 'GET TO KNOW DAVEY TREE' in large white font over a background of green trees. Below that, it lists services: 'Full Service Tree Care | Plant Health Care | Lawn Programs | Consultations'. It identifies 'The Davey Tree Expert Company' with the website 'davey.com' and phone number '207-810-3131'. A green circular button says 'Join Our Team Today!' with the text 'Text Davey to 91385 or call us at 877-411-7601 to discuss immediate career opportunities.' At the bottom, there are two photos of Davey Tree employees in safety gear, one in a truck and one standing outdoors. The Davey Tree logo and tagline 'Proven Solutions for a Growing World' are at the bottom left.

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Newsmakers, Names & Faces

\$475K to Fund Placement of Social Workers in Rural Communities

ORONO, ME (December 15, 2022) – This week, Gov. Janet Mills announced an award of \$475,000 to the University of Maine System to support the placement of students pursuing Masters in Social Work (MSW) degrees in rural health care sites.

In addition to placing students in these areas of high need, the funding will be used to increase the number of trained practitioners who can supervise MSW students and encourage current health care staff to consider pursuing an MSW degree by providing the opportunity for field placements in rural communities.

“Now more than ever, social workers are essential to ensuring the health, well-being and productivity of Maine people and our communities,”

says University of Maine Chancellor Dannel Malloy. “This investment recognizes our public university system’s unique ability to prepare compassionate and highly competent social work professionals for service across our state, and especially in rural regions where there is growing need, but where access to critical mental health and social services is limited. We look forward to leveraging these funds to expand enrollment and opportunity for our social work students to advance their own practice and make a real difference for their fellow Mainers during these times of challenge and change.”

“This funding will allow us to support MSW students interested in practicing in rural areas, as well as supporting a number of field placement sites providing unique behavioral

health services in more remote regions of the state. We will be partnering with seven Northern Light Health rural community hospitals and the Pleasant Point Health Center, where students will benefit from the supervision of skilled social workers well versed in the needs of their rural communities. Students and their supervisors will also have the opportunity to participate in a series of anti-racism, diversity, equity and inclusion workshops conducted by Bangor-based Equity Consulting & Education,” says Sandra Butler, professor and director of the MSW program at the University of Maine.

The award is part of a \$2.25 million funding package to strengthen Maine’s health care workforce by expanding training opportunities for health

care professionals in rural areas. Additional awardees include MaineHealth and St. Joseph’s College of Medicine.

“Rural Maine is my home. I care deeply about the people who live there, and I want to ensure that they have access to high-quality health care services,” said Mills. “This investment builds on our efforts to recruit and train more people to enter the health care workforce and to strengthen our health care system in the long-term for the benefit of Maine people.”

The package is funded in part by \$1.6 million from the Governor’s Maine Jobs and Recovery Plan, which will be used to recruit and support clinical supervisors, known as preceptors, in rural health systems, and to expand graduate medical educa-

tion programs in Maine. The funds, administered by the Maine Department of Health and Human Services, will expand training opportunities for doctors, nurses, social workers, and other health professionals in rural communities and encourage aspiring health care workers to launch rewarding careers in Down East, northern and western Maine, where health care providers are in demand.

“This investment by Gov. Mills will bolster Maine’s health care workforce and ultimately improve access to health care in rural communities,” said Jeanne Lambrew, Commissioner of the Maine Department of Health and Human Services. “Supporting the pipeline of health care professionals and developing a coordinated system to connect Maine people with rewarding career opportu-

nities will help strengthen Maine’s health system for patients statewide.”

This award is the latest investment from the Mills Administration to address Maine’s workforce challenges, which were exacerbated by the COVID-19 pandemic. The Maine Jobs & Recovery Plan is the Governor’s plan, approved by the Legislature, to invest nearly \$1 billion in Federal American Rescue Plan funds to improve the lives of Maine people and families, help businesses, create good-paying jobs, and build an economy poised for future prosperity. The plan has so far dedicated more than \$300 million for workforce programs, and has created 22,000 apprenticeship, career and education advancement and job training opportunities for Maine people.

\$500K to Support Passamaquoddy Broadband Access

WASHINGTON, D.C. (December 16, 2022) – U.S. Senators Susan Collins and Angus King announced that the Passamaquoddy Tribe at Indian Township will be awarded \$500,000 to improve high-speed Internet access for tribal members. This investment was made through the National Telecommunications & Information Administration’s Tribal Broadband Connectivity Program (TBCP), which was funded by the bipartisan infrastructure law.

Senator Collins, the Ranking Member of the Transportation Appropriations Subcommittee, was part of the core group of 10 Senators who negotiated the text of the bipartisan infrastructure

law. Senators Collins and King both worked to negotiate and pass this historic legislation, which will deliver billions of dollars to Maine for investments in broadband, roads, bridges, and more.

“From spurring economic development and employment opportunities to supporting telemedicine and education, access to affordable, high-speed Internet is critical to the vitality of rural communities,” said Senators Collins and King in a joint statement. “This investment from the bipartisan infrastructure law will help more members of the Passamaquoddy Tribe to reap the benefits of broadband. We are pleased to see the continued impact of this bipartisan legislation to help close the digital

divide and support Maine’s Tribal communities.”

The TBCP offers grants to eligible Native American, Alaska Native, and Native Hawaiian entities for high-speed internet deployment, digital inclusion, workforce development, telehealth, and distance learning. The Passamaquoddy Tribe’s Broadband Use and Adoption project will help to create and implement digital inclusion, distance learning, and telehealth and telework programs for the benefit of tribal members.

The bipartisan infrastructure law is expected to deliver approximately \$2.5 billion to Maine over the next five years for critical broadband, transportation, energy, and environmental projects.

American Academy of Achievement Inducts Sen. Collins

WASHINGTON, D.C. (December 13, 2022) – U.S. Senator Susan Collins received the prestigious Golden Plate Award from the American Academy of Achievement to commemorate her exceptional record of public service. Following the award presentation, she was inducted into the Academy’s Achievement Museum.

“I am deeply honored to receive this recognition,” said Senator Collins. “Over the past six decades, the American Academy of Achievement has faithfully catalogued the achievements of the leading luminaries in the arts, business, science, sports, and public service with the goal of inspiring future leaders. When I meet with young Mainers, I often tell them that if I can go from the halls of Caribou High School to the Chambers of the United

States Senate, they can do anything. I hope that my story will encourage them to work hard, follow their dreams, and never give up.”

The American Academy of Achievement is a non-profit foundation that seeks to bring aspiring young people together with real-life heroes. The Golden Plate Award has been presented by the Academy annually since 1961 at the International Achievement Summit. Chosen by the Academy’s Awards Council and other distinguished authorities, these men and women of extraordinary accomplishment in the sciences, the professions, business, industry, arts, literature, sports, entertainment, and public service are acclaimed as visionaries and achievers who represent the many who excel. Golden Plate recipients are also inducted into the Achievement

Museum, which preserves the life stories and the achievements of Academy members and brings to life the pages of history for hundreds of thousands of students.

Some of the previous inductees include Presidents Barack Obama, Ronald Reagan, and George H.W. Bush; astronauts Neil Armstrong and John Glenn; Supreme Court Justices Sandra Day O’Connor and Ruth Bader Ginsburg; business leaders Oprah Winfrey and Steve Jobs; Hollywood directors George Lucas and Steven Spielberg; actors Jimmy Stewart, Julie Andrews, Clint Eastwood, and James Earl Jones; singers B.B. King, Stevie Wonder, and Ray Charles; athletes Michael Jordan, Muhammad Ali, and Simone Biles; and civil rights champions John Lewis and Rosa Parks.



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Newsmakers, Names & Faces

Medical Closet Serves Gorham Residents

GORHAM, ME (December 1, 2022) – Gorham has a medical closet which is open to all Gorham residents for any medical item that we have. It is free. Call Gerry Day at 839-3859 or 756-2210 to make an appointment with a volunteer. Open M-F by appointment only from 8:30 to 4pm.

Earn while You Learn with Gorham School Dept.

SMCC Workforce Training
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PROGRAM STARTS JANUARY 9, 2023
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 NOW ACCEPTING APPLICATIONS

About this program:
 This program is designed for those who want to become Education Technicians at a Cumberland County School. This program is the first of its kind to provide this opportunity. After completing the Intro to Teaching Bootcamp, you will spend one day per week (3:15 - 6:15 p.m.) doing course work while also receiving experiential credit working in the classroom the rest of the week!

Courses include:

- Intro to Psychology (PSYC 100)
- Oral Communication (ENGL 110)
- Foundations of Math for Teachers (MATH 115)
- Culturally Responsive Teaching (EDUC 115)
- Foundations of Literacy (EDUC 220)
- Teaching Exceptional Learners (EDUC 230)
- Hands-on classroom experience that counts as credit toward an Associate Degree
- And more!

Where:
 On-site at Gorham schools or municipal building

Prerequisites

- 18 years or older
- Resident of State of Maine
- Proof of Authorization to work in U.S.
- High School diploma, GED, or HiSet
- Desire to work in education field
- Testing may be required
- Impacted by COVID-19

THANK YOU TO OUR PARTNERS: Gorham School Dept, CUMBERLAND COUNTY SCHOOLS, SMCC, APPRENTICESHIP, SOUTHERN MAINE COMMUNITY COLLEGE, MAINE WORKFORCE, STATE OF MAINE

FOR MORE INFO & TO APPLY NOW
 email workforceregistration@smccme.edu or call 207-741-5595

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GORHAM, ME (December 16, 2022) -- Always wanted to teach, but never had the time or money to go back to school? Gorham School Department has a program for you! We are starting our 2nd cohort of Educator Apprentices THIS JANUARY! This time we are working with our regional partners! Our schools will hire you full time with benefits as Full Time Substitutes, then we organize courses through SMCC to get you to an Associates degree in just 2 years based on 31 "traditional" credits and 30 workplace learning credits! Courses are offered on site here in Gorham and THEY ARE FREE TO PARTICIPANTS! Then, once you complete that program, you can choose to go on to a Bachelor's degree and teaching certificate with our partners at USM in just another two years, all while gainfully employed with benefits, working with children and earning while you are learning!

Interested? Or know someone else who is? Check out the flyer for more details and reach out today!

Send all items for What's Going On to the Editor. Deadline is Friday by five.

Town
 Continued from page 1
[cense/index.pl.2](#)

Visit the Town Clerk's Office (75 South Street) during the regular business hours of Monday through Wednesday between 8am and 4pm, 8am to 6:30pm on Thursdays, and between 8am and 1pm on Fridays.

Additional information:

Licenses may be renewed online through January 31st of each year as long as they are not late.

All dogs ages 6 months and older are required by State Law to be licensed by December 31st of each year. A \$25.00 late fee will be due for any dog licensed after January 31st, per state law.

A current rabies vaccination certificate and proof of spaying or neutering, if applicable, is required to license a dog.

To access a breakdown of licensing fees, go to <https://www.gorham-me.org/townclerk/pages/dog-licenses>.

The Animal Control Officer will be notified of all unlicensed dogs and owners could be fined for keeping an unlicensed dog.

To be added to an e-mail reminder list for licensing renewal, please call the Town Clerk's Office with your name, home address, and e-mail address. Please call the Town Clerk's office at (207) 222-1670 with any questions.

Holiday Trash Collection Schedule 2022 | Public Works Information

There will be no changes to the trash collection schedule this coming holiday season. As both Christmas Day and New Year's Day fall on a Sunday, collection will remain

the same, Monday through Thursday.

Residents are asked to please have tagged trash and recycling curbside by 7 am or the night before your collection day. With winter finally arriving, residents have access to a maximum of two (2), 5-gallon buckets per storm. Folks will need buckets and shovels. If assistance is needed, residents can stop in the Gorham Public Works Office. The silver bullet recycling containers are also available at Public Works, which help to collect overflow from curbside recycling (e.g. cardboard, plastics, glass, aluminum, etc.).

Public Works asks that unwanted items are not left onsite. Instead, unwanted items can be brought to the Goodwill or Salvation Army. Many communities now have Facebook groups in which members can gift free items to others, which is a great way to share resources, and keep items from filling up in a landfill.

Questions? Staff are available to assist at 222-4950, between 6:30am through 3pm, Monday - Friday. The Public Works Department wishes everyone a very Happy Holiday season!

2022 Gorham Business Survey

The Economic Development Division is seeking public input to help identify the needs of businesses and the Gorham community as a whole. Folks can share input via the survey link below: https://www.surveymonkey.com/r/Gorham_BrandE2022

Feedback is greatly appreciated. For assistance with questions, please contact Economic Development Director Kevin Jensen at kjensen@gorham.me.us or at 222-1628.

Stay off the Naughty List by Recycling: Tips from Ecomaine

MAINE (December 16, 2022) -- Recycle right this holiday season! Check out these items that made the naughty list! For more info check out ecomaine.org/101 or check out the free RECYCLOPEDIA App in the AppStore today!

sustainable wrapping swaps this holiday season? Check out or low-waste list!

#REDUCE by not using unnecessary packaging & #REUSE what you already have laying around! Make it your own, make it Merry! Happy Holidays from Ecomaine.

Sleigh it ain't so!
 Check out these items on the naughty list

- Bows** - Reuse is best but Trash/Landfill if you must
- Tissue Paper** - Reuse as much as possible, then trash
- Styrofoam** - Always TRASH
- Broken Ornament** - Trash
- Ribbon** - Reuse as much as possible, then trash
- Gift Cards** - Trash/Landfill
- Cellophane** - Reuse is best but Trash/Landfill if you must
- Batteries** - Single use is trash, rechargeable take back to Lowes.
- Lights** - Reuse is best but Trash/Landfill if you must
- Plastic Mailers** - Take back to Grocery Stores / Trash

ecomaine

LOW-WASTE HOLIDAY GIFT WRAP
 HOWEVER YOU CELEBRATE, TRY SOME OF THESE PLASTIC FREE AND REUSEABLE SWAPS!

- PAPER GROCERY BAGS
- NEWSPAPER
- SCRAP FABRIC
- VINTAGE SCARF
- PRETTY DISHCLOTH
- GLASS CONTAINER OR JAR
- YARN OR PAPER TWINE

REMEMBER: REDUCE AND REUSE COME BEFORE RECYCLE!

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Share Your Sightings to Help the Maine Bird Atlas Project

MAINE (December 14, 2022) -- Any bird observed in Maine between December 14, 2022 and March 15, 2023, will help us complete the five-year Maine Bird Atlas project.

You don't need to be a birding expert to provide valuable observations to this citizen science project. Every bird sighting helps, even the birds in your backyard or at your feeder.

Sharing your sightings is easy!

Step 1: Go outside

OR watch for birds in your yard from the comfort of your home

Step 2: Take note of: What species you see; When (day and estimate of time); Where you see it; AND How many individuals of a species you see at any one time.

Step 3: Create an account at ebird.org/me

Step 4: Log into your account at ebird.org/me and click "Submit." Follow the prompts to enter your observations.



It's that easy! Thank you for sharing your sighting and participating in this project to help guide Maine's future bird conservation efforts.



Multi-Cancer Early Detection Blood Test Pilot Expanded

CANTON, MA and MENLO PARK, CA (December 15, 2022) — Point32Health, the parent company of Harvard Pilgrim Health Care, and GRAIL, LLC, a health care company with a mission of detecting cancer early when it can be cured, today announced the expansion of their pilot to offer GRAIL's groundbreaking Galleri® multi-cancer early detection blood test to Harvard Pilgrim members at no cost who purchase their insurance on the Maine Health Insurance Marketplace. This expansion is the second phase of a pilot focused on collecting real-world evidence to assess the impact of the Galleri test on health care resource utili-

zation and patient-reported outcomes.

"We are proud to be an industry leader in bringing cutting-edge, innovative technologies and services to our members," said Cain A. Hayes, president and CEO at Point32Health. "We are thrilled to expand our pilot of this game-changing screening tool to a subset of our members in Maine. This test has the potential to change the lives of countless people and their families impacted by cancer."

Harvard Pilgrim Health Care HMO members on Maine's insurance marketplace can participate in the second phase of this pilot. Eligible members will be mailed information for how to

participate in the pilot. Point32Health is the first commercial health plan in the U.S. to work with GRAIL to offer its Galleri® test as a complement to recommended cancer screenings. The first phase of the pilot launched earlier this year when Point32Health made the test available at no cost to eligible employees.

"We know that cancer has a critical impact in Maine, with one in three Mainers facing a cancer diagnosis in their lifetime," said Bill Whitmore, vice president for the Maine market at Harvard Pilgrim Health Care. "This pilot will help facilitate early detection when treatment can be more effective and there is the potential for a

cure."

According to the Maine Cancer Foundation, cancer is the leading cause of death in Maine. The pilot's expansion to Maine is an opportunity to help people living in an area where cancer rates are significantly higher than the national average. Harvard Pilgrim Health Care recently provided a matching grant to the Maine Cancer Foundation to launch the Maine Cancer Blueprint to help better understand the current state of cancer in Maine.

"Multi-cancer early detection tests, like Galleri, are the future because of their ability to find more cancers earlier, before symptoms appear, with a single blood test," said

Josh Ofman, MD, MSHS, president at GRAIL. "We are delighted to expand our pilot with Point32Health, the first commercial health plan in the U.S. to offer Galleri, following successful implementation of the initial pilot phase with their eligible employees. We believe offering Galleri can help increase early cancer detection in Maine, where cancer rates are significantly higher than the national average."

In a clinical study, the Galleri test demonstrated the ability to detect cancer signals across more than 50 types of cancer, as defined by the American Joint Committee on Cancer Staging Manual, over 45 of which lack recommended screening tests

today, with a low false positive rate of less than 1 percent. When cancer is detected, Galleri can determine the cancer signal origin with high accuracy.

More than 600,000 people died from cancer last year in the United States, according to the American Cancer Society. This is in large part because the majority of cancers are found too late when outcomes are often poor. Recommended screening tests save lives, but only cover five cancer types in the U.S.: breast, colon, cervical, prostate, and (in high-risk adults) lung. In fact, about seven in 10 cancer deaths are from cancers that lack recommended early detection screening.

Youth Environmental Leaders Scholarship Nominations Open

WISCASSET, ME (December 12, 2022) -- Chewonki Foundation is offering two \$15,000 "Maine Youth Environmental Leaders Scholarships," again this year to support students from Maine who would like to join Maine Coast Semester at Chewonki in 2023-24 for the fall or spring of their junior year in high school.

Maine Coast Semester at Chewonki is a se-

mester-long academically rigorous residential program based in Wiscasset, Maine. Learning takes place in classrooms, in the field, on the coast, at the farm, in the forest, and on extended backcountry expeditions. Side by side with their instructors, participants explore the concepts behind human ecology, the intersection between humans and their natural, social, and built environments.

The ideal candidate is a student in the top 20% of their class, has the support of a school or community leader, has a demonstrated appreciation for the natural world, and is someone who can envision creating positive change in their home community. The application deadline for this scholarship opportunity is February 15, 2023.

For over 30 years, Maine Coast Semester graduates have gone on to achieve success in college and beyond as independent thinkers with broad perspectives enabling them to make an impact through thoughtful collaboration and leadership in our complex world.

Interested students and their families can find additional details about this scholarship opportunity here: <https://maine-coastsemester.org/admissions/scholarship/>

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Seniors Not Acting Their Age

Kayaking Spirit Pond and Morse River

By Ron Chase

Several years ago while hiking with a group of friends on Seawall Beach at the end of Morse Mountain Trail in Phippsburg, we came upon the mouth of Morse River on the east end of the beach. A remarkably scenic location; several small barren islands are located just offshore and distinctive Sequin Island and Lighthouse dominate the view beyond. Expansive Popham Beach is located on the opposite side of the river. On that day, large waves were building outside the nearby islands and crashing onto the beach creating a stunning coastal setting.

One of the hikers mentioned there was a unique paddle trip on Morse River that originates at a small inland tidal pond called Spirit Pond. She added the trip could only be navigated during periods of high tide and entailed several interesting features including a washed out dam. The adventure had been on my mind ever since.

During a conversation with my long-time friend Bob Rowe, I learned he was a veteran of several Spirit Pond and Morse River excursions. His description increased my desire to explore them and we began formulating plans.

It was November and the paddling season was winding down when Bob and I identified an acceptable weather forecast for our anticipated endeavor. We decided to begin at Spirit Pond an hour after high tide at Popham Beach.

We met at a small parking area on Route 209 adjacent to Spirit Pond where a trail begins and continues along the pond. It appeared to be high tide when we arrived. Although

the trip could be completed by canoes or kayaks, we used sea kayaks.

Launching requires lowering boats down a steep embankment to the shore. Beginning at high tide is problematic as there is no means of gradually entering the water. We waded into the pond and assisted one another into our kayaks.

A strong headwind confronted us as we paddled south across the pond. The remnants of an old granite dam are located at the outlet. The tide was flowing out and we easily navigated a feisty current through the widest of three openings in the dam.

Once on Morse River, we were impressed with the large number and variety of birds. Flocks of ducks were particularly abundant in the marshy habitat.

Even with the assistance of the outgoing tide, paddling against the southwest headwind while weaving around turns in the river was arduous. We moved away from marsh grass to gain the protection of higher ground afforded by Morse Mountain on the right shore.

Paddling south, the river widened and turned left. Approaching the mouth, we could see Sequin Island in the distance. Large waves were exploding above the dunes on the crescent-shaped right shoreline.

Kayaking out into rough seas without prior inspection did not seem like a prudent decision so we stopped at an elevated mound next to the shore. A view from the top confirmed our suspicions; the turbulent seas were no place for puny sea kayaks on this day. The high point did offer glorious views of

the entire area.

A healthy tailwind benefited us on the return trip. Proceeding to the dam was easily accomplished despite the outgoing tide. However, conditions at the dam had changed dramatically. Robust whitewater rapids were flowing out of the two remaining gaps. After a substantial effort, I was able to paddle up into the pond. Bob carried left which was the wiser choice as capsizing while thrashing against the powerful waves was a definite risk.

While traversing the pond, we speculated about the source of the name Spirit. I've been unsuccessful in my efforts to identify the origin. However, I did learn that Spirit Pond was the setting for an international controversy five decades ago. Three small rocks called Spirit Pond runestones were found there in 1971. The stones contain alleged runic inscriptions that are supposedly indicative of pre-Columbian Norse colonization. Many consider them a hoax but there remain some true believers.

What is true is an outing on Spirit Pond and Morse River is a unique adventure that provides a variety of paddling experiences. Pond paddling, a tidal river, glorious vistas, the option for ocean navigating, and, at some tidal levels, whitewater are all part of an escapade well worth experiencing.

Ron Chase resides in Topsham. His latest book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is available at www.northcountrypress.com/maine-al-fresco or in bookstores and through online retailers. His previous books are "The Great Mars Hill Bank Robbery" and



Approaching the mouth of Morse River, distinctive Sequin Island can be seen in the distance



Remnants of a washed out dam are encountered at the outlet of Spirit Pond

"Mountains for Mortals – New England." Visit his website at www.ronchase-outdoors.com or he can be reached at ronchaseoutdoors@comcast.net.

Send all items for What's Going On to the Editor. Deadline is Friday by five.



Turbulent seas can be observed from a mound near Seawall Beach

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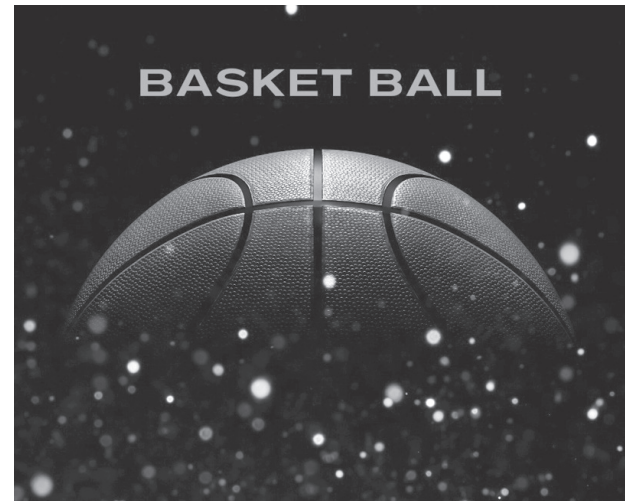
Support Gorham Food Pantry at the Celtics' Community Night

GORHAM, ME (December 16, 2022) -- The Maine Celtics will be hosting Gorham Community Night at their January 6 game, and the Gorham Food Pantry is their small business partner for the event! If you bring a donation with you, it will go to the Gorham Food Pantry!



Gorham Rec Department Seeking Basketball Referees

GORHAM, ME (December 16, 2022) -- Do you love basketball and have a few hours to volunteer? Gorham Recreation Department is looking for referees for 3rd-6th grade rec basketball games starting on Saturday January 7th. If you are interested or know someone who can help us, please reach out to Travis at tgrant@gorham.me.us.



The Meaning of Christmas Project

A Gorham, Maine Community Outreach Program

Alone, we can do so little; together we can do so much.
-- Helen Keller

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Community Members working as Santa's Helpers to fulfill Big Wishes and needs of local Gorham children during the holidays

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MICHAEL G.

New England Sports Review by Karver Jordan

Patriots Regain Strength by Defeating Cardinals

(December 16, 2022) -- The New England Patriots defeated the Arizona Cardinals in Week 14, 27-13. The Patriots would move to (7-6) while the Cardinals would fall to (4-9).

Injuries for both teams were a struggle. The Cardinals would lose their star quarterback Kyler Murray on the third play of the game. The Patriots would lose their No. 1 wide receiver, DeVante Parker. The Patriots would already be out with receiver Jakobi Meyers. The Patriots were down three critical pieces to the broad receiver group. Running back Rhamondre Stevenson would go down late in the 2nd quarter.

The Patriots' offense would struggle in the first half of football. Playcalling would continue to be a struggle. The Patriots' offense would have six screen plays in the first half, which were mostly ineffective. Fans are starting to call the Patriots "The New England Screens" in a joking way. Second-year quarterback Mac Jones would go 24-for-35 with 235 passing

yards and an interception. The rookie running back duo Pierre Strong Jr. and Kevin Harris would both have a great game. Strong Jr. was the leading rusher with 5 carries for 70 yards with a touchdown. Strong Jr. averaged 14.0 yards a carry. Harris would have 8 carries for 26 yards with a touchdown. Harris averaged 3.2 yards a carry. With the injuries to the wide receiver Jakobi Meyers and DeVante Parker, Hunter Henry would lead the team in receiving yards with 70 yards with only 3 catches. A player who stood out to me was Kendrick Bourne. Bourne would have 5 catches for 47 yards. Tyquan Thornton the rookie would show flashes of speed off screens. Overall, it was a great day for the Patriots' offense.

The Patriots' defense would hold a great game. Cardinal's quarterback Colt McCoy would go for 27/40 with 246 yards and a pick. The Patriots would do a good job stopping star wide receiver DeAndre Hopkins, holding him to 7 catches with 79 yards. Star safety Kyle Dugger

would force a fumble on Hopkins. Patriots' linebacker Raekwon McMillian would pick it up and score the touchdown. This changed the game's momentum. Rookie Marcus Jones would get his first career pick. Joshua Uche would have a great game. Uche had 3 sacks and 1 tipped pass. Hopefully, the Patriots can build off this win and bring momentum to the Raiders, who the Patriots play on Sunday.

Karver Jordan, class of 2024, is a sports writer for Freeport High School. Karver enjoys playing football and baseball, as well as hunting and spending time outside. Karver loves writing about sports and is looking to pursue it as a career. Thanks for reading!

Send all items for What's Going On to the Editor. Deadline is Friday by five.

UMaine Researchers Designing Foldable Shelters

ORONO, ME (December 16, 2022) -- Origami is a delicate, intricate art form. In the eyes of University of Maine researchers and engineers, though, the ancient art of paper folding may be more than aesthetically pleasing — it can provide the structural basis for easy-to-deploy foldable shelters that can be used for disaster relief, temporary housing and more.

Deployable shelters need to be sturdy, easy to transport and simple to set up, whether they are used by soldiers or in emergency camps. Like origami, a foldable shelter is all about the act of folding. Varying the location of fold lines and vertices can create a multitude of patterns that fold into different shapes, from triangles to trapezoids.

Collapsible structures are usually thicker and stiffer than the thin paper used in origami. Partially or fully folding panels in these structures requires careful consideration of the hinge — how strong they are, how easy they are to rotate about their hinge lines without deforming during the transition process and whether they interfere with the other folding panels of the structure.

University of Maine mechanical engineering pro-

fessor Masoud Rais-Rohani and graduate student Anthony Verzoni used mathematical and computer modeling to test the deployment of their origami-inspired shelter design concepts to make sure they were easy to set up, where the roof could actually be lifted by unfolding the walls. The engineers considered a number of variables, including how much force was required to unfold the shelter to a standing position, how having thicker walls would impact the shelter; and how the weight and composition of the panels would factor into deployment.

"The need for rapidly deployable shelters typically comes with quick delivery and setup requirements to accommodate urgent relief efforts," Verzoni says. "Our preliminary focus was to utilize the principles of origami to create shelter systems that fold into compact shapes and unfold into large volumes that can house several individuals for various applications, all while limiting the required effort involved with deployment." Their models showed that it is possible to accommodate compound folding patterns in the flat-foldable, thick-walled, origami-inspired shelter. However, the load put on the structure to

unfold it depends on where it is applied, and varies significantly during the transition process.

"We are essentially taking a mechanical system or mechanism and transforming it into a functional structure. Maximizing connectivity among the panels is a key design feature of these origami-inspired shelter concepts that would allow a room-size shelter to be set up in just a few minutes," says Rais-Rohani.

The results reveal the importance of analyzing the full mechanics of opening and closing a foldable structure. The models will also inform future design decisions affecting the size, shape and erection load for similar shelters. Future research will look at the use of passive and active mechanical-assist systems to make deployment faster and easier, as well as ways to optimize the structure for use in both humanitarian and military applications.

"I hope our study will lead to a mass production and distribution of such deployable shelters for humanitarian relief around the world," says Rais-Rohani.

The study will appear in the December 2022 issue of Engineering Structures; it was published online in October 2022.

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Edward Hopper Exhibition Coming to Cape Ann Museum

GLOUCESTER, MA (December 2022) – The Cape Ann Museum proudly announces the opening of “Edward Hopper & Cape Ann: Illuminating an American Landscape” in 2023, an exhibition of the critically acclaimed American artist during a turning point in his life and career when he came to Cape Ann from 1923-1928.

This major exhibition is the first dedicated to Hopper’s formative development on Cape Ann, marking the centennial of the pivotal summer of 1923 when Edward Hopper and his future wife, Josephine “Jo” Nivison, visited Gloucester. Edward Hopper & Cape Ann opens on Hopper’s birthday, July 22, 2023, and runs through October 16, 2023, and is presented in collaboration with the Whitney Museum of American Art, the major repository of the Hoppers’ work.

“This inaugural partnership with the Whitney Museum of American Art as a leading national institution is a first for the Cape Ann Museum,” said Cape Ann Museum Director Oliver Barker. “Edward Hopper & Cape Ann marks the centennial of the summer

of 1923 when Edward Hopper created watercolors that earned his first critical acclaim and laid the foundation for future success as one of the greatest 20th century American landscape painters.”

The exhibition features 65 works including paintings, drawings, and prints brought together from the Whitney Museum of American Art, the Brooklyn Museum, the Museum of Fine Arts, Boston, National Gallery of Art, Washington, D.C., and 24 other institutions and private lenders to tell the story of Hopper’s formative years when he experimented with his painting technique, met his future wife, and embarked on a legendary career. The exhibition includes 57 works by Edward Hopper, seven by Jo Hopper, and one by their teacher Robert Henri.

This once in a generation exhibition, and the accompanying 225-page catalogue being produced by Rizzoli Electa, are curated by nationally recognized curator and former museum director, Elliot Bostwick Davis, PhD. “Despite painting in Gloucester in 1912 and in Maine for six more

summers, Hopper initially struggled to find a distinctive artistic voice,” writes Davis. “Hopper understood that Gloucester, familiar from his earlier trip in 1912, was perhaps his last chance to make a name for himself as a painter at the age of 41. By 1923, he was supporting himself as an illustrator and etcher; his only painting sale had occurred over a decade earlier.”

Edward Hopper (1882-1967) visited Cape Ann initially at the invitation of his friend and fellow painter, Leon Kroll (1884-1974), and produced his first oil painting outdoors in the United States during that trip. The Whitney Museum is lending Hopper’s five oils painted in Gloucester in 1912, including Briar (sic) Neck, Gloucester (1912); Tall Masts (1912); Italian Quarter (1912); and Gloucester Harbor (1912). The exhibition will mark the first time these works have ever been shown together on Cape Ann.

Hopper was seemingly drawn to Cape Ann for its ease by train from New York City and by the legendary light that captivated other artists - such as Fitz Henry Lane



Edward Hopper, *The Mansard Roof*, 1923. Watercolor. Brooklyn Museum.

(1804-1865), William Morris Hunt (1824-1879), Winslow Homer (1836-1910), John Sloan (1871-1951), Theresa Bernstein (1890-2002), William Meyerowitz (1887-1981), and Stuart Davis (1894-1964) among others. Here on Cape Ann Hopper decided to paint various maritime scenes and portrayals of sunlight on houses.

In 1923, Josephine “Jo” Verstelle Nivison (1883-1968), was an established artist, as well as an amateur actress and dancer, whose paintings had been accepted by the Brooklyn Museum, exhibited at prestigious Manhattan art galleries, and were included in a forthcoming exhibition in London and Paris. Although Hopper and Nivison knew each other from painting experiences, they met again in Gloucester and began

painting together during early morning excursions where Nivison urged Hopper to paint with easy-to-transport watercolors instead of equipment-laden oils. Nivison’s beloved cat, Arthur, who traveled with her to Gloucester that summer, brought them together, when Hopper found him wandering Gloucester’s back streets and returned him.

Hopper took Nivison’s advice during their joint painting excursions. The result was *Eastern Point Light* (1923) followed by 17 more watercolors over eight weeks that summer including *Deck of a Beam Trawler*, 1923; *Portuguese Church, Gloucester*, 1923; *House in Italian Quarter* (1923); and *The Mansard Roof* (1923).

After Nivison and Hopper returned to New

York in the fall of 1923, she lobbied for Hopper’s work to be included alongside her own in the second major biennial devoted to American watercolors at the Brooklyn Museum. The curators selected six of Hopper’s Gloucester watercolors and the Museum eventually purchased *The Mansard Roof* (1923) for \$100. This first sale of a painting by Edward Hopper in over a decade was a major turning point in his career, thanks to Nivison and the influence of their time together on Cape Ann.

By 1924, Hopper hoped Nivison would return to Gloucester with him for another summer of painting. She wanted to return to Provincetown, where she enjoyed the camaraderie of fellow artists and theatrical types. In the

See **Hopper**, page 16

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Cats or Dogs? Vote for Your Favorite and Help Gorham Pets

GORHAM, ME (December 16, 2022) -- It's Cats vs Dogs season at Baxter Memorial Library!

We are accepting donations of supplies and money to support the Animal Refuge League of Greater

Portland! Vote for cats or dogs, and we'll count up the donations at the end of

December to see which animal is Gorham's favorite pet!!

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 Preferred brands: Purina Pro, Science Diet
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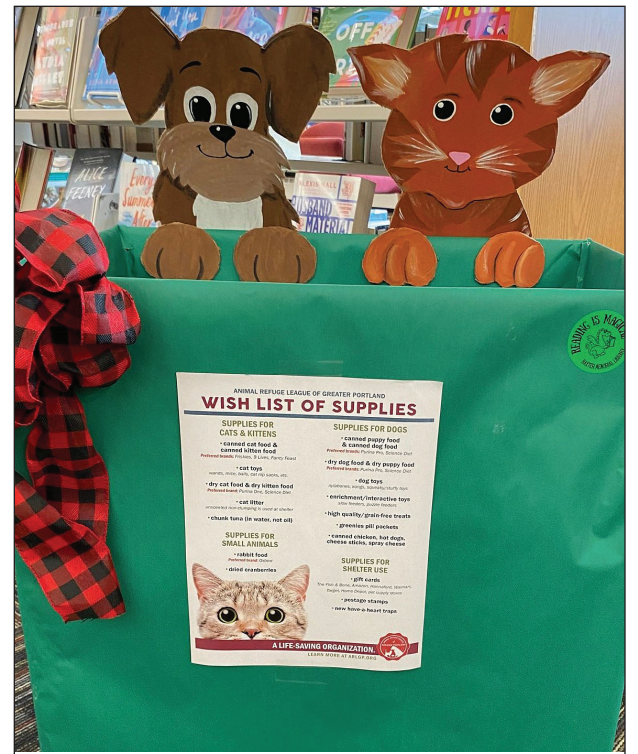
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REC DEPARTMENT
 3:30 & 5:00 ...Wild Life Encounters--Shaw Gym
 3:30 & 5:00 ...Mad Science-- Multi-purpose Room
 3:30-6:00... Face Painting in the hallway
 4:00-5:00 ...Party Palooza Balloon Twister

AUDITORIUM
 5:00...Don Roy Trio
 5:30... Gorham Community Chorus
 6:00...Timmy and the Sophomores Quartet
 6:45...Mime Presentation
 7:00...GHS Chamber singers
 7:30... Antonio Rocha Returns
 8:00... Matt Roberts Magic

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Gorham High School

4:30-6:30... NYG Café ... served by Northern Force FIRST (R) Robotics Team 172
 4:30-5:15...Line Dancing with Sizzlin' Suzzin and Flamin' Raymin in the gym
 5:15-6:15...Party Palooza Balloon Twister in the lobby
 5:30-6:15... Making memories with Susan and Ray Dupuis in the gym
 5:30-6:30...Mime Workshop with Antonio Rocha in the GHS library

FIREWORKS ON THE FIELD AT 9PM!

THANK YOU!

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MIME WORKSHOP WITH ANTONIO ROCHA
 GHS LIBRARY at 5:30

NEW THIS YEAR!
MAKING MEMORIES PIRATE STORY
 LINE DANCING ...5:30-6:15 in the gym

*Through December 1, 2022

GORHAM LITTLE LEAGUE
Field Funding Campaign

The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

- Develop 2 fields at White Rock
- Purchase seasonal fence for Shaw Park
- Repair dugouts and fencing, build storage centers
- Add infield mix and relevel current fields
- Acquire tarps and field maintenance equipment
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Program Offered for Deaf, Hard of Hearing Youth

ROME, ME (December 15, 2022) – In February, Maine Deaf and hard of hearing youth will have the unique opportunity to come together for a long-weekend at Pine Tree Camp. This innovative program is called the Dirigo Experience and will be held Friday, February 17 through Monday, February 20. Through outdoor experiences and team

building with peers, participants will have the chance to make new friends and develop a greater sense of self-esteem and self-confidence through trying new activities like adventure snowshoeing, archery and ice fishing.

“This program fills a real need,” said Joshua Seal, director of Pine Tree Society’s Interpreting Services. “We want to invest

in the future by stepping up to help Deaf youth develop a sense of connection and community now.”

Pine Tree Camp’s director Dawn Willard-Robinson couldn’t agree more.

“Most Deaf youth have never had the chance to meet another Deaf person their own age,” she said. “The Dirigo Experience breaks that cycle by bringing Deaf and hard of

hearing young people together for a life-changing experience.”

Pine Tree Camp’s Dirigo Experience is designed for ages 11 to 15 and limited to 30 participants. Registration is required and full scholarships are available. Register at this link: <https://pinetree.campintouch.com/ui/forms/application/camper/App>

On January 11th, parents are invited to join a special Virtual Info Session to learn more. Virtual Info Session — Pine Tree Camp’s Dirigo Experience, hosted by Dawn Willard-Robinson, Director, Pine Tree Camp Joshua Seal, Director, Pine Tree Society Interpreting Services on Wednesday, January 11 from 7:00 - 8:00 PM. Register at this

link: pinetreesociety.org/Dirigozoom and attend via Zoom. Pre-registration required.

Attendees will learn about all aspects of Pine Tree Camp’s Dirigo Experience, including: Scope of activities; Fully accessible campus; Leadership team; Tuition assistance; Covid safety protocols; Q and A. www.pinetreesociety.org

Seniors Impacted by Alzheimer’s Invited to Apply for Scholarship

NEW YORK (December 14, 2022)— High school seniors impacted by Alzheimer’s disease can win up to \$5,000 for college through the Alzheimer’s Foundation of America’s (AFA) Teen Alzheimer’s Awareness Scholarship. Students can enter the contest by visiting www.alzfdn.org/scholarship. The deadline for submissions is March 1, 2023 at 5:00pm ET.

“Teens across the country are active in the battle against Alzheimer’s disease, whether it’s car-

ing for family members, volunteering, working in a care facility, or raising awareness and educating those around them,” said Charles J. Fuschillo, Jr., AFA’s President and CEO. “These college scholarships will help tomorrow’s leaders with their college education. We invite all high school seniors who have been affected by Alzheimer’s to enter.”

College-bound high school seniors are invited to apply for the scholarship by submitting an



essay (1,500 words maximum) or submitting a video, no more than four minutes long, describing how Alzheimer’s disease has impacted their lives and what they have learned about themselves, their family and/or their community through their experience with Alzheimer’s. Essays can be submitted by visiting www.alzfdn.org/scholarship. Students already attending college are not eligible to participate.

The winner receives a \$5,000 scholarship with

additional prizes awarded for runners up and honorable mentions. Last year, AFA awarded \$90,000 in scholarships to 117 high school students.

AFA has been able to provide these scholarship funds with the generous support of charitable donors.

Individuals wishing to support this and other programs and services for families affected by Alzheimer’s disease can do so by visiting www.alzfdn.org/donate or calling AFA at 866-232-8484.

APL Offers Programs Leading Up to 2023 Camden Conference

AUBURN, ME (December 15, 2022) -- The Camden Conference was founded in 1987 as a nonprofit, non-partisan educational organization whose mission is to foster informed discourse on world issues. Each year, they host a conference, with participating libraries offering community events related to their theme. The 2023 Camden Conference, scheduled for February 17-19, is entitled “Global Trade & Politics: Managing Turbulence” and will take place in person, in Camden, Maine. Topics of the conference will highlight the importance of global commerce and how it impacts our everyday lives. Speakers will explore alternative ways in which the interdependence of commerce, global politics, and national security could be successfully managed for both competition and cooperation.

The Auburn Public

Library is pleased to participate as one of the hosting libraries. Leading up to this year’s Conference, the Library will host three events.

Reading & Discussion – “This Changes Everything: Capitalism vs. the Climate” by Naomi Klein

January 19, February 2, and February 16, 2023 – 4:00-5:00 p.m.

Online, via Zoom

Join the Camden Conference and the Auburn Public Library for a book discussion series on Naomi Klein’s “This Changes Everything: Capitalism vs. the Climate”.

“Forget everything you think you know about global warming. The really inconvenient truth is that it’s not about carbon – it’s about capitalism. The convenient truth is that we can seize this existential crisis to transform our failed economic system and build something radically better.

In her most provocative book yet, Naomi Klein, author of the global bestsellers ‘The Shock Doctrine’ and ‘No Logo,’ tackles the most profound threat humanity has ever faced: the war our economic model is waging against life on earth.” (excerpt from book cover)

The discussions will take place via Zoom in three sessions:

January 19 – Session #1: Globalization, free trade, and climate change (read pp. 64-160 – 96 pages)

February 2 – Session #2: Extractivism, environmentalists and corporations, climate fixes (read pp. 161-187; 191-229; 256-280 – 88 pages)

February 16 – Session #3: Blockadia – Local impact and resistance (read pp. 293-336; 367-387) – 63 pages.

To register, please call the Reference Desk at 207-333-6640, ext. 4.

Books will be available on or after January 3, 2023. Thanks to funding provided by the Camden Conference, the library has purchased a limited number of copies of this book for participants to keep. When registering, please provide an email address. Participants will be emailed the Zoom link for the discussions on the day of the first discussion (January 19); the link will be the same for all three sessions.

Maine’s Energy Scene: Local Aspirations Clash with Global Markets

A presentation by award-winning journalist Tux Turkel

Thursday, January 26, 2023 – 4:00-5:00 pm

Online, via Zoom

On January 26, 2023 at 4:00 p.m., Tux Turkel will present a talk, via Zoom, on Maine’s Energy Scene. Turkel is an award-winning journalist who has spent most of his career as a staff writer for the Portland Press Herald and the Maine Sunday Telegram. A graduate of Emerson College in Boston, he is Maine’s leading

writer on energy and utility issues.

Mainers like to think of themselves as an independent bunch. When it comes to energy, though, perhaps they are not as self-reliant as they may think, or as they are striving to be. Winter is a good time to dig into the details of Maine’s energy scene, where the power comes from, and why efforts to transition to cleaner energy produced closer to home are so complicated.

This program will be offered virtually, via Zoom. For planning purposes, registration is required and may be done by visiting the Events page of APL’s website – www.auburnpubliclibrary.org – or by calling the Reference Desk at 207-333-6640, ext. 4.

Film Screening & Discussion – Flow: The Global Water Crisis

Tuesday, February 7, 2023 – 3:00-5:00 pm

In person – Androscoggin Community Room

On Tuesday, February 7, 2023, the Auburn Public Library will be showing the documentary

“Flow: the Global Water Crisis.” The film will be shown in person, in the Androscoggin Community Room, starting at 3 p.m.

This film asks us to look deeply at the world’s dwindling fresh water supply, a topic many experts label as the most important political and environmental issue of the 21st Century. Viewers will also get a look at some practical solutions to the water crisis, along with emerging new technologies. “Flow” is about 84 minutes in length and will be followed by a short discussion.

For planning purposes, registration is required either through the Events page of APL’s website – www.auburnpubliclibrary.org – or by calling the Reference Desk at 207-333-6640, ext. 4.

For more details on the 2023 Camden Conference, including participating speakers, membership, or other pre-Conference events, visit their website at camdenconference.org.



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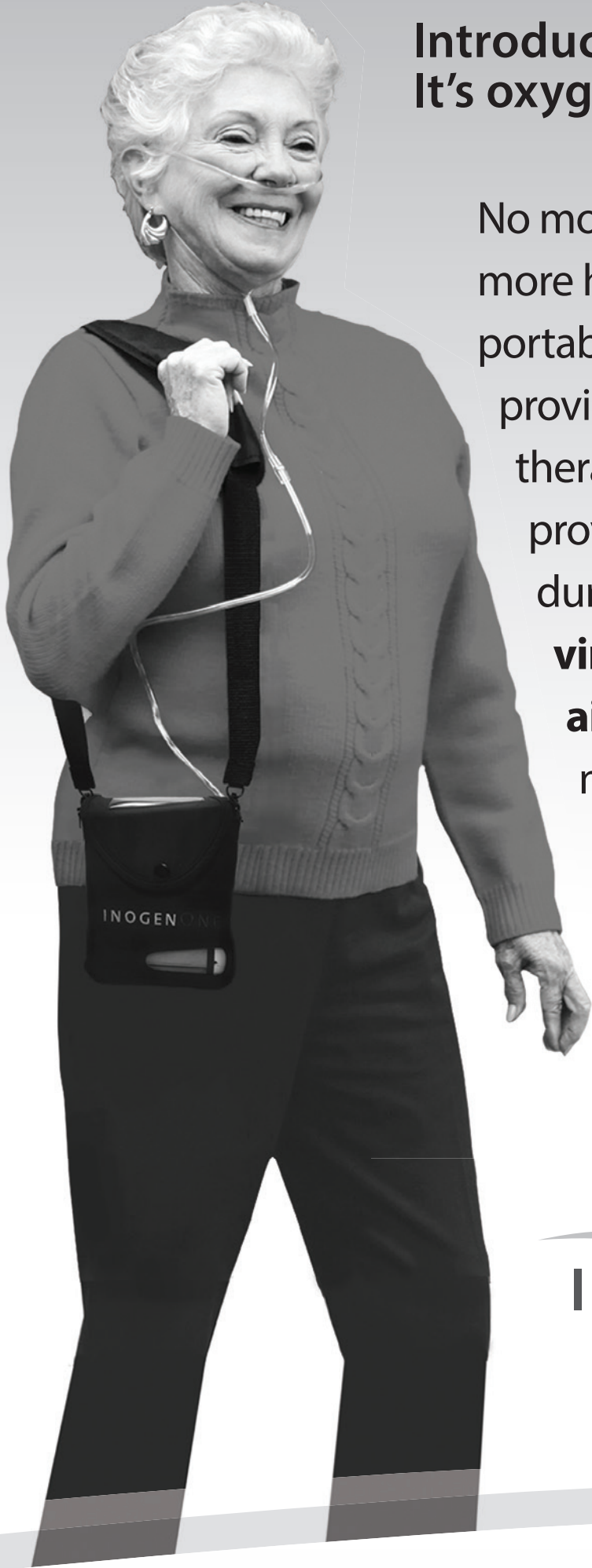
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Senate Supports Maine Shipbuilding, Security, Jobs

WASHINGTON, D.C. (December 16, 2022) — U.S. Senator Angus King (I-Maine), a member of the Senate Armed Services Committee and co-chair of the Cyberspace Solarium Commission (CSC), today celebrated the Senate’s passage of the Fiscal Year 2023 National Defense Authorization Act (NDAA), yearly legislation which has now passed 62 times on a bipartisan basis, and which focuses on strengthening American national security and improving the lives of servicemembers and their families.

The 2023 legislation authorizes 3 DDG-51 destroyers that Bath Iron Works can compete to build, bolsters America’s nuclear defenses, and supports other key defense technologies that protect the nation. Also included are significant pay raises for servicemembers and steps to improve mental healthcare for America’s armed forces.

“This year’s National Defense Authorization Act – named after my friend and colleague Senator Jim Inhofe – is a bipartisan bill that will address the pressing national security challenges facing our country and strengthen Maine’s role in contributing to our national defense,” said Senator King. “The bill authorizes one of the largest-ever multi-year procurement of DDG-51 destroyers, which Bath Iron Works can compete to build, bringing important stability to the Maine shipyard’s planning, and allowing them to scale up their production in the years to come. These ships – known as the workhorse of the Navy – are absolutely critical to our national security, and are an important economic driver for Maine communities.

“This year’s legislation provides the backbone of our national defense, including key provisions

to ensure our nation can counter growing and rapidly changing threats. It also contains new authorizations to address Russia’s unprovoked invasion of Ukraine, and supporting the brave Ukrainians fighting for their sovereignty. This bill improves our defensive and offensive hypersonic capabilities, bolsters key cyber defenses, and will help modernize how we assess the capabilities of our enemies and allies alike,” continued Senator King. “Most importantly, the legislation also makes significant investments in the essential core of our Armed Forces – our brave men and women in uniform. Along with a 4.6% pay raise to help servicemembers keep up with rising costs of living, the NDAA will study the suicide epidemic in our military so the Department is better equipped to address this urgent crisis. This bill will make our country safer, strengthen our economy, and reward the men and women who serve in our military – I’m grateful that we could get this bill through the Senate and onto President Biden’s desk.”

Senator King previously spoke on the Senate Floor in support of the National Defense Authorization Act, explaining the pressing need to modernize the nation’s nuclear arsenal, support Ukraine as it fights for freedom, and improve resources for America’s servicemembers with pay raises and mental health care.

Senator King successfully advocated for the inclusion of many provisions that will improve national security, support Maine jobs, and take care of servicemembers and veterans, including:

FUND SHIPBUILDING PRIORITIES. Along with three DDG-51 Arleigh Burke-class destroyers for FY2023, the legislation

authorizes a multi-year contract for the Navy to procure up to fifteen DDG-51s, which Bath Iron Works (BIW) can compete to build – one of the largest forward commitments of its kind. The bill will require the incorporation of a workforce development incentive in Navy shipbuilding contracts, and the bill authorizes additional funds for DDG supplier development. The bill contains the King-led, forward-looking provision that prescribes that the Navy utilize best practices and a collaborative approach for the DDG(x) program, positively impacting BIW and their future work on the next large surface combatant.

INVEST IN MAINE INSTALLATIONS. The bill authorizes full funding for Portsmouth Naval Shipyard (PNSY) upgrades as part of the Navy’s Shipyard Infrastructure Optimization Program’s (SIOP). The bill also authorizes \$2.5 million for planning and design of a new child development center at Portsmouth Naval Shipyard.

INCREASE MILITARY PAY. The legislation authorizes a 4.6 % pay raise for military servicemembers and the DoD civilian workforce.

SUPPLY MILITARY PERSONNEL WITH HIGH-QUALITY, MAINE-MADE EQUIPMENT. The NDAA authorized additional funds for Joint Strike Fighters including additional funds for seven F-35A aircraft. Other defense programs including submarine and helicopter procurement received full funding. Maine businesses support these important programs that contribute to our National Defense.

CONFRONT SERVICEMEMBER SUICIDE. As the epidemic of servicemember and veteran suicide continues, the bill requires a review and

report on the rates of suicides in the Armed Forces by military occupational specialty during the time period beginning after September 11, 2001, and continuing to the present day, broken down by military occupational specialty, service, and grade. This legislative provision is based on input from a Maine constituent.

REWARD AND ACKNOWLEDGE MAINE’S LEADERSHIP IN COMPOSITES AND ADDITIVE MANUFACTURING. The NDAA authorized additional funds for the University of Maine including several million dollars in additional funding for high-performance computing-enabled large-scale advanced manufacturing. The SASC Bill requires the Secretary to produce a report on additive manufacturing and make recommendations regarding establishing centers of excellence such as the 101st Air Refueling Wing in Bangor. The NDAA further recognizes the need for rapidly deployable, rigid-wall shelters, with integration protection capabilities like the ones developed by Comptech, based in Brewer, ME. These shelters are already employed by the joint force by USEUCOM, USAFRICOM, and USNORTHCOM.

TAKE ON THE PFAS CRISIS. As Maine people struggle with per- and polyfluoroalkyl substances (PFAS) contamination that includes thousands of diverse chemicals, the NDAA includes significant provisions to address the crisis. It will provide resources to restore PFAS exposed facilities that the National Guard uses to train or operate in; restrict the DoD from purchasing turnout gear for DoD firefighters containing PFAS materials; amend public law to disclose DoD PFAS testing results for private water wells; and require the DoD to provide a report on the schedule for PFAS remediation efforts in drought-stricken areas.

COUNTER RUSSIAN AGGRESSION AND SUPPORT UKRAINE. With Russia’s unprovoked attack on Ukraine in its fifth month,

the legislation extends and modifies the Ukraine Security Assistance Initiative (USAI) and authorizes \$800 million in fiscal year 2023 to provide security assistance to Ukraine via this authority. Senator King included a Government Accountability Office audit of the allocation and use of this security assistance.

ADDRESS THE OPIOID EPIDEMIC BY FIGHTING DRUG TRAFFICKERS. Senator King has consistently urged the Pentagon to step up in the war on drugs, by taking a more active role in stopping drugs from entering the country. The bill increases funding for the military’s counter narcotics missions. The bill also includes a GAO audit of the Department of Defense’s Counterdrug efforts that includes the organization, cross-agency efficiencies, and audit of the use of funds to improve the Department’s ability to stop drug shipments before they reach America’s shores. The bill provides important oversight on U.S. NORTHERN Command, requiring a report on their efforts to support this important mission.

PROMOTE SMALL BUSINESS INTEGRATION. Across the country, Procurement Technical Assistance Centers (PTAC) help small business get and navigate Department of Defense contracts. In addition to securing additional funds, the bill included legislation based on valuable input from Mr. Ken Bloch of Eastern Maine Development Corporation (EMDC) and the Director of Maine PTAC. This resulted in legislative changes that would enable these centers to better serve small businesses by increasing the state funding cap and align the program under the Office of the Secretary of Defense.

STRENGTHEN CYBERSECURITY PROTECTIONS. The bill strengthens and supports the cybersecurity posture of the DoD, the defense industrial base, and America’s critical infrastructure. Among the cyber policies advanced by this legislation are a King-led provisions to increase support for U.S. Cyber Command’s

(CYBERCOM) Hunt Forward Operations and “red team” efforts, and for CYBERCOM to release biennial, unclassified reports through the 2032 election cycle on their efforts to ensure election security and counter election threats. As co-chair of the Cyberspace Solarium Commission, Senator King is a leading Congressional voice on cybersecurity.

MODERNIZE CRITICAL NUCLEAR DEFENSES. As Chairman of the Subcommittee on Strategic Forces, Senator King is a leader in working to modernize the nation’s nuclear triad and address the threats posed by new hypersonic weapons. The FY23 NDAA includes recommended approaches the Defense Department should take towards improving offensive and defensive hypersonic capabilities, along with new funding to counter these threats.

IMPROVE AMERICA’S PRESENCE IN THE ARCTIC. With climate change opening the waters of the Arctic, the bill authorizes \$167.2 million to continue acquisition of a third Polar Security Cutter Ice Breaker, along with \$1 million to establish the Arctic Security Cutter program office to support the future of maritime commerce, climate research and environmental protection in the High North. The bill includes King-led provision requiring the Office of Management and Budget to conduct a crosscut report on Arctic research programs. Additional Arctic reporting includes assessing the ability and timeline to conduct transit in the Northern Sea Route and periodic transits of the Northwest Passage; also, the GAO is directed to conduct an audit of the U.S. Coast Guard arctic operations and infrastructure.

SUPPORT NEW JETTY AND BEACH NOURISHMENT AT SACO. The bill increased funding for building a new perpendicular jetty at Camp Ellis in Saco Maine to \$45 million and eliminated cost share requirements for the city of Saco, Maine. This helps restore a long-standing beach erosion problem.

TACKLE GLOBAL FOOD INSECURITY. As Russia’s invasion of Ukraine destabilizes global food supplies, the legislation reauthorizes the nation’s Feed the Future hunger and agriculture initiative through 2028, improves food aid oversight, and requires the Biden administration to develop a whole-of-government strategy to address global food challenges.



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Calendar

Send your submissions to the Editor. More online.

December 22
LEWISTON -- Throwback Thursday Movie Matinee will be happening at The Lewiston Public Library in Callahan Hall on 12/22/22 from 4-6PM. The event listing can also be found on our website at <https://lplonline.org/events/throwback-thursday-movie-matinee-home-alone/>

December 24
BUXTON -- Free to the public! Turkey Dinner - Saturday, December 24 2022 - 5:00 pm at Living Waters Church, Parker Farm Road, Buxton. Christmas Service immediately following dinner. Please note: We will offer the option of takeout

containers for those who do not want to come inside for seating. Wearing of face masks for those who are not vaccinated is suggested. Hand sanitizer is available for those who wish to use it.

January 7
GORHAM -- Public Bean Supper at White Rock Community Clubhouse, 34 Wilson Road, Gorham on Saturday, January 7, 4:30-6:00pm. We are back inside! Eat in or take out, no pre-orders. Meal includes baked kidney &

pea beans, coleslaw, potato salad, macaroni & cheese, biscuits, hot dogs and dessert. Wearing of masks for those who are not vaccinated is suggested.

\$10 adults, \$5 under 12 Follow us on Facebook for updates: facebook.com/whiterockcommunityclub

January 19
LEWISTON -- The Great Falls Forum entitled "Drawn to a Life of Crime" will be happening at the Lewiston Public

Library on Thursday, January 19 from 12 to 1 PM. The event listing can also be found on our website at <https://lplonline.org/events/great-falls-forum-drawn-to-a-life-of-crime/>

January 28
GRAY -- Supper - Variety of Casseroles and Salads, Baked Pea Beans, Red Hot Dogs, Breads, Assortment of Desserts and Beverages

Saturday January 28, 2023, 5:00 PM First Congregational Church, Gray, Parish House, 5 Brown St. , Handicapped Accessible. Seating Capacity 50 - Doors open at 4:30 PM Meals - Single sized \$10.00 each. 657-4279

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Gorham's Lakes Region Senior Center to Discuss Winter Driving

GORHAM, ME (December 15, 2022) -- The Lakes Region Senior Center will have a speaker from AAA, whose topic will be WINTER DRIVING. The talk will be given

by the same speaker who gave us an excellent presentation on Senior Driving. The program will take place on Wednesday, December 28th at 11 a.m. at the LRSC. We are located

at the Little Falls Activity Center, 40 Acorn Street, Gorham. This event is open to the public and there is no charge. Light refreshments will be served.

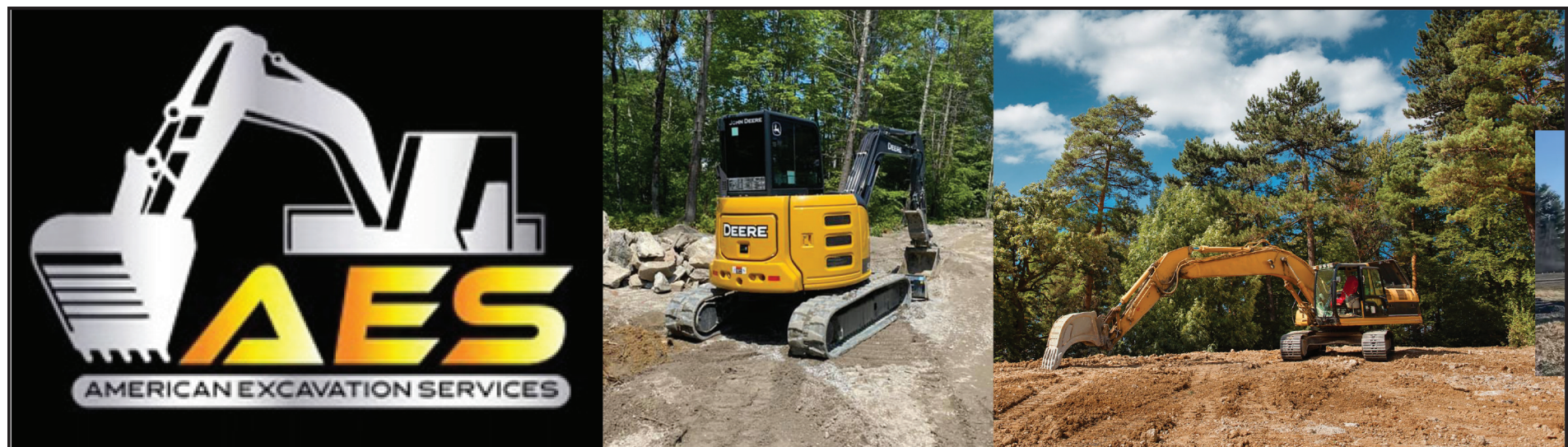
Winter Gear at United Methodist's Clothes Closet in Gorham

GORHAM, ME (December 1, 2022) -- The Cressey Road United Methodist Church Clothes Closet at 81 Cressey Road

is open first and third Saturdays of each month from 9 to 12 noon for anyone in need to select from any clothing we might have.

We have a selection of sizes and brands for everyone. We have winter coats, boots etc. also. Feel free to drop in. We also take donations.

Send all items for Names & Faces to the editor. Deadline is Friday by five pm.



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Reflections of Italy - October 9 - 18, 2023

Trip includes 10 days, 9 nights lodging, and 12 meals, including Rome, Vatican Museums, Sistine Chapel, St. Peter's Basilica, Assisi, Perugia, Cortona, Florence, Michelangelo's DAVID, Chianti Winery &

Cooking Class, Venice, St. Mark's square, boat ride to Murano Island, Milan and much more.

Virginia Beach, Colonial Williamsburg & Historic Norfolk - May 22 - 27, 2023

Trip includes 5 nights lodging and 8 meals, guided tour of Colonial Williamsburg, narrated Norfolk Naval Base Harbor Cruise, admission to the Nauticus & Battleship Wisconsin, visit to Mariner's Museum and Park, admission to Virginia Beach Aquarium & Marine Science Center and free time on Virginia Beach and the Virginia Beach Boardwalk. A \$75 deposit pp is due when signing up. Price is \$809 pp double occupancy and includes bus driver's tip. For more information on any of our trips, please contact Claire Bilodeau (207)784-0302 or Cindy Boyd (207)345-9569.

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Hopper

Continued from page 8

end, she agreed on one condition: that they marry that day, July 9, 1924. The wedding took place and the couple returned to Cape Ann for their honeymoon and another summer of painting together. They remained married for 43 years.

“Hopper gives us an extraordinary opportunity to tell Gloucester’s story as a significant and influential place for artistic inspiration and growth,” Barker said. “The exhibition in exploring this concept of place as a creative catalyst, thanks to Elliot Davis, also recasts Jo Nivison’s role of model and muse to the producer of Hopper’s distinctive style, from the time of their courtship on Cape Ann in 1923 to the last painting to leave his easel in 1965. It’s a remarkable story, that we cannot wait to share.”

Cape Ann Museum’s exhibition follows the Whitney Museum’s Edward Hopper’s New York, which opened Oct. 19, 2022, and runs through March 5, 2023, featuring Hopper’s paintings around the city he called home for 60 years (1908-1967).

Edward Hopper & Cape Ann will be on view at the Museum’s Downtown Campus in Gloucester, and is accompanied by a robust six-part lecture series as well as a day-long symposium to be held on Saturday, September 30, 2023. Full lecture details

and symposium speakers will be announced in February 2023.

In preparation for Edward Hopper & Cape Ann the Museum is working in the fall of 2022 with every eighth grader on Cape Ann to create original student work returning Hopper’s gaze through their own windows. A View from My Window, on view April 1 – May 14, 2023, will incorporate panes of plexiglass from each student, creating a visual array of sites around Cape Ann as seen by the students who live there. And starting also in Spring 2023 the Cape Ann Museum will resume its regular schedule of walking tours of sites Hopper painted while here.

Edward Hopper & Cape Ann is made possible with thanks to a visionary anonymous gift and with additional leadership support provided by: Jackie and J. J. Bell, Greg and Rose Beecher, John and Mollie Byrnes, Catherine and Peter Creighton, Henrietta Gates and Heaton Robertson, Ann Rogers Haley and John F. Haley Jr., Ann T. and John Hall, Janet and William Ellery James, Littlejohn Family Foundation, Susie and Stanley Trotman, and the Wyeth Foundation for American Art, among others. This exhibition is supported by an indemnity from the Federal Council on the Arts and Humanities. In cooperation with the Whitney Museum of American Art, New York,



Edward Hopper, House in Italian Quarter, 1923. Watercolor. Smithsonian American Art Museum.

the major repository of Hopper’s work.

The Cape Ann Museum, founded in 1875, exists to preserve and celebrate the history and culture of the area and to keep it relevant to today’s audiences. Spanning 44,000 square feet, the Museum is one of the major cultural institutions on Boston’s North Shore welcoming more than 25,000 local, national, and international visitors each year to its exhibitions and programs. In addition to fine art, the Museum’s collections include decorative art, textiles, artifacts from the maritime and granite industries, three historic homes, a Library & Archives and a sculpture park in the heart of

downtown Gloucester. In Summer 2021, the Museum opened the 12,000 square foot Janet & William Ellery James Center at the Cape Ann Museum at the Cape Ann Museum Green. The campus also includes three historic buildings – the White-Ellery House (1710), the recently acquired Babson-Alling House (c.1740), and an adjacent Barn (c. 1740), all located on the site at the intersection of Washington and Poplar Streets in Gloucester.

The Cape Ann Museum

is located at 27 Pleasant Street in Gloucester and is open Tuesday through Saturday, 10:00 a.m. to 5:00 p.m. and Sunday, 1:00 p.m. to 4:00 p.m. Admission is \$15.00 adults, \$12.00 Cape Ann residents, seniors, and students. Youth (18 and under) and Museum members are free. Cape Ann residents can visit for free on the second Saturday of each month. For more information please call (978)283-0455 x110 or visit www.capeannmuseum.org.

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