



TWIN CITY TIMES

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Humane Society Announces “Cold Paws, Warm Heart” Winners

LEWISTON, MAINE (December 15, 2022) – The Greater Androscoggin Humane Society announces the winners of their “Cold Paws, Warm Heart” Annual Raffle. With over \$15,000 in ticket sales the winners were: Nancy West of Shrewsbury, Vermont winning \$500 of home heating assistance and a handmade quilt, Billy Ladd of Augusta with \$300 of home heating assistance, Rosita Friel of Buckfield with \$200 of home heating assistance and Amanda Strout of Minot with \$100 of home heating assistance. All proceeds from the raffle directly benefit the Humane Society.

The Greater Androscoggin Humane Society provides a safe haven for over 2,500 sick, homeless and abused animals in the greater Androscoggin area per year. The primary support for the shelter comes from fundraising events and donations of concerned citizens.

The Greater Androscoggin Humane Society is located at 55 Strawberry Avenue in Lewiston. If you are interested in learning more about volunteering at the Shelter or adopting an animal call 783-2311 or visit the website at www.Saving-PetsInMaine.org. You can also join them on www.facebook.com/GAHumane.

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Hometown Careers Are Alive and Well at Lewiston Fire Department



Robert Gayton

LEWISTON, ME (December 13, 2022) – The Lewiston Fire Department continues to see advancement within the ranks, and it also has two new firefighters on board.

William Wallace, Jr., has been promoted to Fire Captain on C shift. Prior to his promotion, Wallace spent just over 10 years as Lieutenant of Engine 7A shift responding out of Central Station. He is a Maine State Fire Instructor specializing in fire pumps and water supply, a certified Fire Officer II, Firefighter II, and Fire Instructor II. He is also a licensed EMT as well as Hazmat Technician. In addition, Captain Wallace is an active participant in the department’s Grave Marker Committee which places memorial flags an-



Hannah Maurais

nually for fallen firefighters and retired members who have since passed away. In his spare time, he enjoys camping, fishing, hunting, and spending quality time with his wife, Christine, and dog, Dash.

Eric Watson has been promoted to Lieutenant. He began his career as a volunteer firefighter in the Towns of Sabbattus/Lisbon at age 18 and commenced his tenure with Lewiston Fire in 2011. Lt. Watson is a Southern Maine Community College graduate with an Associate’s Degree in Fire Science. Watson has worked with contractors and Code Enforcement to obtain dozens of buildings to train in before being demolished. With those buildings, he has taught roof ventilation and forcible entry specialty training. Eric also works for the Maine Fire Service Institute, assisting to build the state’s advanced force and soon-to-be ventilation program. He also is on-call with the Maine Forest Service and has most recently been deployed to California, Colorado, West Virginia, and Washington.

Robert Gayton has been promoted to Lieutenant on Engine 3-A Platoon. He began his fire service career in 2004 with the Town of Sabbattus. He has completed his Bachelor’s Degree in American History from the University of Maine Farmington, as well as his Associates Degree in Fire Science from Southern Maine Community College (SMCC),

See **Hometown**, page 8

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Newsmakers, Names & Faces

\$475K to Fund Placement of Social Workers in Rural Communities

ORONO, ME (December 15, 2022) – This week, Gov. Janet Mills announced an award of \$475,000 to the University of Maine System to support the placement of students pursuing Masters in Social Work (MSW) degrees in rural health care sites.

In addition to placing students in these areas of high need, the funding will be used to increase the number of trained practitioners who can supervise MSW students and encourage current health care staff to consider pursuing an MSW degree by providing the opportunity for field placements in rural communities.

“Now more than ever, social workers are essential to ensuring the health, well-being and productivity of Maine people and our communities,”

says University of Maine Chancellor Dannel Malloy. “This investment recognizes our public university system’s unique ability to prepare compassionate and highly competent social work professionals for service across our state, and especially in rural regions where there is growing need, but where access to critical mental health and social services is limited. We look forward to leveraging these funds to expand enrollment and opportunity for our social work students to advance their own practice and make a real difference for their fellow Mainers during these times of challenge and change.”

“This funding will allow us to support MSW students interested in practicing in rural areas, as well as supporting a number of field placement sites providing unique behavioral

health services in more remote regions of the state. We will be partnering with seven Northern Light Health rural community hospitals and the Pleasant Point Health Center, where students will benefit from the supervision of skilled social workers well versed in the needs of their rural communities. Students and their supervisors will also have the opportunity to participate in a series of anti-racism, diversity, equity and inclusion workshops conducted by Bangor-based Equity Consulting & Education,” says Sandra Butler, professor and director of the MSW program at the University of Maine.

The award is part of a \$2.25 million funding package to strengthen Maine’s health care workforce by expanding training opportunities for health

care professionals in rural areas. Additional awardees include MaineHealth and St. Joseph’s College of Medicine.

“Rural Maine is my home. I care deeply about the people who live there, and I want to ensure that they have access to high-quality health care services,” said Mills. “This investment builds on our efforts to recruit and train more people to enter the health care workforce and to strengthen our health care system in the long-term for the benefit of Maine people.”

The package is funded in part by \$1.6 million from the Governor’s Maine Jobs and Recovery Plan, which will be used to recruit and support clinical supervisors, known as preceptors, in rural health systems, and to expand graduate medical educa-

tion programs in Maine. The funds, administered by the Maine Department of Health and Human Services, will expand training opportunities for doctors, nurses, social workers, and other health professionals in rural communities and encourage aspiring health care workers to launch rewarding careers in Down East, northern and western Maine, where health care providers are in demand.

“This investment by Gov. Mills will bolster Maine’s health care workforce and ultimately improve access to health care in rural communities,” said Jeanne Lambrew, Commissioner of the Maine Department of Health and Human Services. “Supporting the pipeline of health care professionals and developing a coordinated system to connect Maine people with rewarding career opportu-

nities will help strengthen Maine’s health system for patients statewide.”

This award is the latest investment from the Mills Administration to address Maine’s workforce challenges, which were exacerbated by the COVID-19 pandemic. The Maine Jobs & Recovery Plan is the Governor’s plan, approved by the Legislature, to invest nearly \$1 billion in Federal American Rescue Plan funds to improve the lives of Maine people and families, help businesses, create good-paying jobs, and build an economy poised for future prosperity. The plan has so far dedicated more than \$300 million for workforce programs, and has created 22,000 apprenticeship, career and education advancement and job training opportunities for Maine people.

\$500K to Support Passamaquoddy Broadband Access

WASHINGTON, D.C. (December 16, 2022) – U.S. Senators Susan Collins and Angus King announced that the Passamaquoddy Tribe at Indian Township will be awarded \$500,000 to improve high-speed Internet access for tribal members. This investment was made through the National Telecommunications & Information Administration’s Tribal Broadband Connectivity Program (TBCP), which was funded by the bipartisan infrastructure law.

Senator Collins, the Ranking Member of the Transportation Appropriations Subcommittee, was part of the core group of 10 Senators who negotiated the text of the bipartisan infrastructure

law. Senators Collins and King both worked to negotiate and pass this historic legislation, which will deliver billions of dollars to Maine for investments in broadband, roads, bridges, and more.

“From spurring economic development and employment opportunities to supporting telemedicine and education, access to affordable, high-speed Internet is critical to the vitality of rural communities,” said Senators Collins and King in a joint statement. “This investment from the bipartisan infrastructure law will help more members of the Passamaquoddy Tribe to reap the benefits of broadband. We are pleased to see the continued impact of this bipartisan legislation to help close the digital

divide and support Maine’s Tribal communities.”

The TBCP offers grants to eligible Native American, Alaska Native, and Native Hawaiian entities for high-speed internet deployment, digital inclusion, workforce development, telehealth, and distance learning. The Passamaquoddy Tribe’s Broadband Use and Adoption project will help to create and implement digital inclusion, distance learning, and telehealth and telework programs for the benefit of tribal members.

The bipartisan infrastructure law is expected to deliver approximately \$2.5 billion to Maine over the next five years for critical broadband, transportation, energy, and environmental projects.

American Academy of Achievement Inducts Sen. Collins

WASHINGTON, D.C. (December 13, 2022) – U.S. Senator Susan Collins received the prestigious Golden Plate Award from the American Academy of Achievement to commemorate her exceptional record of public service. Following the award presentation, she was inducted into the Academy’s Achievement Museum.

“I am deeply honored to receive this recognition,” said Senator Collins. “Over the past six decades, the American Academy of Achievement has faithfully catalogued the achievements of the leading luminaries in the arts, business, science, sports, and public service with the goal of inspiring future leaders. When I meet with young Mainers, I often tell them that if I can go from the halls of Caribou High School to the Chambers of the United

States Senate, they can do anything. I hope that my story will encourage them to work hard, follow their dreams, and never give up.”

The American Academy of Achievement is a non-profit foundation that seeks to bring aspiring young people together with real-life heroes. The Golden Plate Award has been presented by the Academy annually since 1961 at the International Achievement Summit. Chosen by the Academy’s Awards Council and other distinguished authorities, these men and women of extraordinary accomplishment in the sciences, the professions, business, industry, arts, literature, sports, entertainment, and public service are acclaimed as visionaries and achievers who represent the many who excel. Golden Plate recipients are also inducted into the Achievement

Museum, which preserves the life stories and the achievements of Academy members and brings to life the pages of history for hundreds of thousands of students.

Some of the previous inductees include Presidents Barack Obama, Ronald Reagan, and George H.W. Bush; astronauts Neil Armstrong and John Glenn; Supreme Court Justices Sandra Day O’Connor and Ruth Bader Ginsburg; business leaders Oprah Winfrey and Steve Jobs; Hollywood directors George Lucas and Steven Spielberg; actors Jimmy Stewart, Julie Andrews, Clint Eastwood, and James Earl Jones; singers B.B. King, Stevie Wonder, and Ray Charles; athletes Michael Jordan, Muhammad Ali, and Simone Biles; and civil rights champions John Lewis and Rosa Parks.



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Newsmakers, Names & Faces

City of Lewiston Seeks Citizen Volunteers for Boards

LEWISTON, ME (December 16, 2022) – The City of Lewiston today urged local residents to serve their community by volunteering a small amount of time to serve on a Lewiston board. The City has 13 boards that need volunteer citizens to serve as members.

“Serving on a board is one of the most effective ways for citizens to be a part of local policies and activities. Your service on a board will allow valuable input on decisions that shape our city,” Mayor Carl L. Sheline said.

Those who live within the City of Lewiston’s city limits are encouraged to apply. The City currently has the following openings available for citizens to apply:

Board of Appeals - Hears citizen appeals regarding orders, rules or failures of certain municipal entities to act relating to the zoning and land use code, building code, property maintenance code, fire prevention codes, etc. The board has limited authority in granting conditional use permits and modifications and variances of zoning setbacks and related requirements. Due

to residency requirements, this Board may not have more than two members serving simultaneously from the same wards to ensure adequate and balanced representation from all sections of the city.

Board of Assessment Review - Hears property tax abatement appeals after the local tax abatement process.

Community Development Block Grant (CDBG) Review Committee - Evaluates requests for funding and then makes recommendations to the City Council on how the CDBG funds are to be spent.

Complete Streets Committee - Promotes and advises the development of public infrastructure which supports a multi-modal transportation system for all users, not strictly motor vehicles, and includes the best design practices for enhancing safety as well as community and economic development. Develops and recommends policies to address and support all modes of transportation in Lewiston Auburn; advises City departments on how all modes of travel can be accommodated in street,

highway, trail, and open space projects.

Finance Committee - Provides financial analysis, advice, and oversight of the City’s budget. Ensures the City is operating within the financial resources it needs to provide programs and services to the community.

Historic Preservation Review Board - Preserves, protects, and enhances buildings and areas which represent or reflect distinctive and important elements of the City’s architectural, archaeological, cultural, social, economic, ethnic and political history. To work to safeguard the City’s historic and cultural heritage and to provide procedures for local review of changes to significant structures and of new construction, reconstruction, building alternation and demolition within designated historic districts. All members should have knowledge and experience in the architectural, archeological, cultural, social, economic, ethnic or political history of Lewiston.

Housing Committee - Advises the City Council on the full range of housing with the goal of ensur-

ing the quality and safety of the City’s residential housing stock, expanding the diversity of housing options and types, and providing safe and healthy housing alternatives for current and future residents of every socioeconomic status.

Lewiston-Auburn Community Forestry Board - Advocates for the community forest; advises community forestry issues, projects, on policy changes and provides advice on management of the public sector portion of the community forest and educates the communities about the community forest and how to care for it.

Lake Auburn Watershed Protection Commission – Advocates for the protection and preservation of Lewiston’s and Auburn’s source of drinking water.

Lewiston Area Public Health Committee – Advises on policy issues related to the community’s public health.

Lewiston-Auburn Water Pollution Control Authority – Advises on sewage treatment plan or plants and other facilities necessary to receive and

treat and dispose of the waste waters discharged by the sewage systems of the City of Lewiston and the Auburn Sewerage District.

Library Board of Trustees – Advises on quality public library services.

Planning Board - Reviews many development, subdivisions and conditional use permit requests and aids in guidance for the development of land use ordinances and zoning maps. Due to residency requirements, this Board may not have more than two members serving simultaneously from the same wards to ensure adequate and balanced representation from all sections of the city.

To be considered for a board, Lewiston residents may contact the City Clerk’s Department to complete a committee

volunteer application. Application forms are also available on the Boards and Committees page of the City’s website at www.lewistonmaine.gov/boardservice.

More detailed board and committee descriptions, meeting times and other information about committee service are also available on the City’s website at www.lewiston-maine.gov.

Applications can be submitted at any time prior to the deadline on Wed., Dec. 28, at 4PM and will be accepted until the positions are filled.

Residents are welcome to contact the City Clerk’s Department at 207-513-3124 with any questions. Completed applications shall be submitted to the City Clerk’s Office for processing. Office hours are Monday - Friday, 8:30am - 4:00pm.

New Members Join MaineCF’s Androscoggin County Committee

PORTLAND & ELLSWORTH, ME (December 12, 2022) — Charles Nero and Melissa Hue are the newest members of the Maine Community Foundation’s (MaineCF) Androscoggin County Committee.

MaineCF’s county committees are made up of community members who live or work in the county and serve as local ambassadors for the foundation, sharing their knowledge and providing on-the-ground local leadership for the foundation.

The Androscoggin County Committee’s volunteer county advisors review grant proposals for MaineCF’s Community Building Grant Program and recommend grant awards

from the Androscoggin County Fund. Community Building supports a broad range of projects and organizations across the state, including arts, education, environment, economic development, and human services.

Nero is the Benjamin E. Mays ’20 distinguished professor of rhetoric, film, and screen studies at Bates College, where he serves on several committees. He resides in Lewiston.

Hue is the Diversity, Equity and Inclusion Director for the City of Lewiston and lives in Portland. She serves on the boards of Special Olympics and New Beginnings.

Other committee members include Becky Conrad of Auburn, Joleen

Bedard of Turner, and Andrea Breau, Anne Kemper, Muhidin Libah, and Adilah Muhammad of Lewiston.

In 2022, the Androscoggin County Fund awarded seven grants totaling \$52,500, with two additional grant proposals totaling \$15,000 funded by donors with advised funds at MaineCF.

The Maine Community Foundation brings people and resources together to build a better Maine through strategic giving, community leadership, personalized service, local expertise and strong investments. To learn more about the foundation, visit www.mainecef.org.



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Share Your Sightings to Help the Maine Bird Atlas Project

MAINE (December 14, 2022) -- Any bird observed in Maine between December 14, 2022 and March 15, 2023, will help us complete the five-year Maine Bird Atlas project.

You don't need to be a birding expert to provide valuable observations to this citizen science project. Every bird sighting helps, even the birds in your backyard or at your feeder.

Sharing your sightings is easy!

Step 1: Go outside

OR watch for birds in your yard from the comfort of your home

Step 2: Take note of: What species you see; When (day and estimate of time); Where you see it; AND How many individuals of a species you see at any one time.

Step 3: Create an account at ebird.org/me

Step 4: Log into your account at ebird.org/me and click "Submit." Follow the prompts to enter your observations.



It's that easy! Thank you for sharing your sighting and participating in this project to help guide Maine's future bird conservation efforts.



Multi-Cancer Early Detection Blood Test Pilot Expanded

CANTON, MA and MENLO PARK, CA (December 15, 2022) — Point32Health, the parent company of Harvard Pilgrim Health Care, and GRAIL, LLC, a health care company with a mission of detecting cancer early when it can be cured, today announced the expansion of their pilot to offer GRAIL's groundbreaking Galleri® multi-cancer early detection blood test to Harvard Pilgrim members at no cost who purchase their insurance on the Maine Health Insurance Marketplace. This expansion is the second phase of a pilot focused on collecting real-world evidence to assess the impact of the Galleri test on health care resource utili-

zation and patient-reported outcomes.

"We are proud to be an industry leader in bringing cutting-edge, innovative technologies and services to our members," said Cain A. Hayes, president and CEO at Point32Health. "We are thrilled to expand our pilot of this game-changing screening tool to a subset of our members in Maine. This test has the potential to change the lives of countless people and their families impacted by cancer."

Harvard Pilgrim Health Care HMO members on Maine's insurance marketplace can participate in the second phase of this pilot. Eligible members will be mailed information for how to

participate in the pilot. Point32Health is the first commercial health plan in the U.S. to work with GRAIL to offer its Galleri® test as a complement to recommended cancer screenings. The first phase of the pilot launched earlier this year when Point32Health made the test available at no cost to eligible employees.

"We know that cancer has a critical impact in Maine, with one in three Mainers facing a cancer diagnosis in their lifetime," said Bill Whitmore, vice president for the Maine market at Harvard Pilgrim Health Care. "This pilot will help facilitate early detection when treatment can be more effective and there is the potential for a

cure."

According to the Maine Cancer Foundation, cancer is the leading cause of death in Maine. The pilot's expansion to Maine is an opportunity to help people living in an area where cancer rates are significantly higher than the national average. Harvard Pilgrim Health Care recently provided a matching grant to the Maine Cancer Foundation to launch the Maine Cancer Blueprint to help better understand the current state of cancer in Maine.

"Multi-cancer early detection tests, like Galleri, are the future because of their ability to find more cancers earlier, before symptoms appear, with a single blood test," said

Josh Ofman, MD, MSHS, president at GRAIL. "We are delighted to expand our pilot with Point32Health, the first commercial health plan in the U.S. to offer Galleri, following successful implementation of the initial pilot phase with their eligible employees. We believe offering Galleri can help increase early cancer detection in Maine, where cancer rates are significantly higher than the national average."

In a clinical study, the Galleri test demonstrated the ability to detect cancer signals across more than 50 types of cancer, as defined by the American Joint Committee on Cancer Staging Manual, over 45 of which lack recommended screening tests

today, with a low false positive rate of less than 1 percent. When cancer is detected, Galleri can determine the cancer signal origin with high accuracy.

More than 600,000 people died from cancer last year in the United States, according to the American Cancer Society. This is in large part because the majority of cancers are found too late when outcomes are often poor. Recommended screening tests save lives, but only cover five cancer types in the U.S.: breast, colon, cervical, prostate, and (in high-risk adults) lung. In fact, about seven in 10 cancer deaths are from cancers that lack recommended early detection screening.

Youth Environmental Leaders Scholarship Nominations Open

WISCASSET, ME (December 12, 2022) -- Chewonki Foundation is offering two \$15,000 "Maine Youth Environmental Leaders Scholarships," again this year to support students from Maine who would like to join Maine Coast Semester at Chewonki in 2023-24 for the fall or spring of their junior year in high school.

Maine Coast Semester at Chewonki is a se-

mester-long academically rigorous residential program based in Wiscasset, Maine. Learning takes place in classrooms, in the field, on the coast, at the farm, in the forest, and on extended backcountry expeditions. Side by side with their instructors, participants explore the concepts behind human ecology, the intersection between humans and their natural, social, and built environments.

The ideal candidate is a student in the top 20% of their class, has the support of a school or community leader, has a demonstrated appreciation for the natural world, and is someone who can envision creating positive change in their home community. The application deadline for this scholarship opportunity is February 15, 2023.

For over 30 years, Maine Coast Semester graduates have gone on to achieve success in college and beyond as independent thinkers with broad perspectives enabling them to make an impact through thoughtful collaboration and leadership in our complex world.

Interested students and their families can find additional details about this scholarship opportunity here: <https://maine-coastsemester.org/admissions/scholarship/>

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Seniors Not Acting Their Age

Kayaking Spirit Pond and Morse River

By Ron Chase

Several years ago while hiking with a group of friends on Seawall Beach at the end of Morse Mountain Trail in Phippsburg, we came upon the mouth of Morse River on the east end of the beach. A remarkably scenic location; several small barren islands are located just offshore and distinctive Sequin Island and Lighthouse dominate the view beyond. Expansive Popham Beach is located on the opposite side of the river. On that day, large waves were building outside the nearby islands and crashing onto the beach creating a stunning coastal setting.

One of the hikers mentioned there was a unique paddle trip on Morse River that originates at a small inland tidal pond called Spirit Pond. She added the trip could only be navigated during periods of high tide and entailed several interesting features including a washed out dam. The adventure had been on my mind ever since.

During a conversation with my long-time friend Bob Rowe, I learned he was a veteran of several Spirit Pond and Morse River excursions. His description increased my desire to explore them and we began formulating plans.

It was November and the paddling season was winding down when Bob and I identified an acceptable weather forecast for our anticipated endeavor. We decided to begin at Spirit Pond an hour after high tide at Popham Beach.

We met at a small parking area on Route 209 adjacent to Spirit Pond where a trail begins and continues along the pond. It appeared to be high tide when we arrived. Although

the trip could be completed by canoes or kayaks, we used sea kayaks.

Launching requires lowering boats down a steep embankment to the shore. Beginning at high tide is problematic as there is no means of gradually entering the water. We waded into the pond and assisted one another into our kayaks.

A strong headwind confronted us as we paddled south across the pond. The remnants of an old granite dam are located at the outlet. The tide was flowing out and we easily navigated a feisty current through the widest of three openings in the dam.

Once on Morse River, we were impressed with the large number and variety of birds. Flocks of ducks were particularly abundant in the marshy habitat.

Even with the assistance of the outgoing tide, paddling against the southwest headwind while weaving around turns in the river was arduous. We moved away from marsh grass to gain the protection of higher ground afforded by Morse Mountain on the right shore.

Paddling south, the river widened and turned left. Approaching the mouth, we could see Sequin Island in the distance. Large waves were exploding above the dunes on the crescent-shaped right shoreline.

Kayaking out into rough seas without prior inspection did not seem like a prudent decision so we stopped at an elevated mound next to the shore. A view from the top confirmed our suspicions; the turbulent seas were no place for puny sea kayaks on this day. The high point did offer glorious views of

the entire area.

A healthy tailwind benefited us on the return trip. Proceeding to the dam was easily accomplished despite the outgoing tide. However, conditions at the dam had changed dramatically. Robust whitewater rapids were flowing out of the two remaining gaps. After a substantial effort, I was able to paddle up into the pond. Bob carried left which was the wiser choice as capsizing while thrashing against the powerful waves was a definite risk.

While traversing the pond, we speculated about the source of the name Spirit. I've been unsuccessful in my efforts to identify the origin. However, I did learn that Spirit Pond was the setting for an international controversy five decades ago. Three small rocks called Spirit Pond runestones were found there in 1971. The stones contain alleged runic inscriptions that are supposedly indicative of pre-Columbian Norse colonization. Many consider them a hoax but there remain some true believers.

What is true is an outing on Spirit Pond and Morse River is a unique adventure that provides a variety of paddling experiences. Pond paddling, a tidal river, glorious vistas, the option for ocean navigating, and, at some tidal levels, whitewater are all part of an escapade well worth experiencing.

Ron Chase resides in Topsham. His latest book, "Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine" is available at www.northcountrypress.com/maine-al-fresco or in bookstores and through online retailers. His previous books are "The Great Mars Hill Bank Robbery" and



Approaching the mouth of Morse River, distinctive Sequin Island can be seen in the distance



Remnants of a washed out dam are encountered at the outlet of Spirit Pond

"Mountains for Mortals – New England." Visit his website at www.ronchase-outdoors.com or he can be reached at ronchaseoutdoors@comcast.net.

Send all items for What's Going On to the Editor. Deadline is Friday by five.



Turbulent seas can be observed from a mound near Seawall Beach

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Arts & Entertainment

Start the New Year with a Tribute to Ukraine through Music



AUBURN, ME (December 13, 2022) -- L/A Senior College is excited to have Rabbi Sruli Dresdner and his wife, Lisa in another musical and moving Food for Thought presentation. Through them we have learned about Hanukkah and heard the story of young girls lost in the Holocaust. This year they bring to us picture of the culture of Ukraine through music.

International Klezmer personalities Sruli and Lisa have performed on PBS-TV and National Public Radio as well as at festivals, concerts and synagogues all over the world. They were featured at the Cracow Festival of Jewish

Culture in Poland, the Jerusalem Cultures Center, and in Weimar, Germany. They are scholars of Klezmer and Chassidic music and dance and teach workshops at synagogues universities and schools around the country. They are on the Faculty of KlezKanada in Montreal and have performed at the prestigious Ashkenaz Festival in Toronto.

Sruli is currently the spiritual leader of Temple Shalom Synagogue Center in Auburn, Maine where members of the Temple and guests frequently enjoy their delightful music in addition to their shared faith and wisdom.

Save the date: Tues-

day January 10 2023 at 7 PM on Zoom

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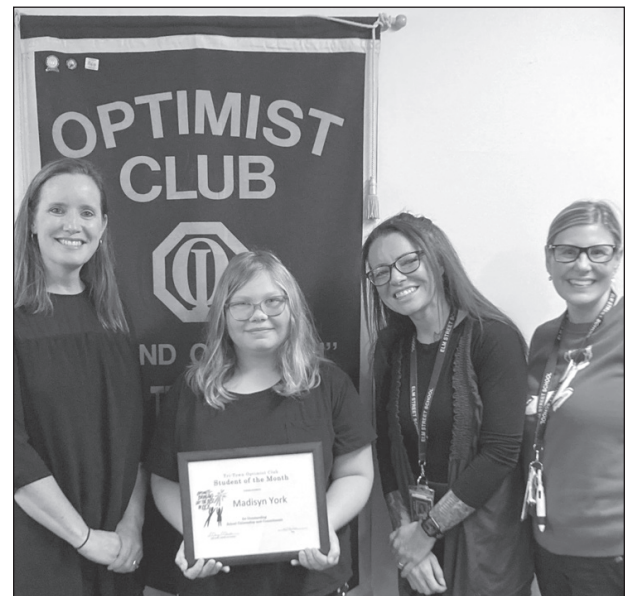
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Tri Town Optimist Club Student of the Month

(December 15, 2022)
-- The Tri-Town Optimist Club of Mechanic Falls, Minot and Poland is proud to announce its RSU 16 Student of the Month recipient for December, Madisyn York. Madisyn, a sixth grader from Elm Street School, is described by school staff as a student who exemplifies the Optimist creed. She comes to school with a smile and genuine enthusiasm for learning every day. A welcoming friend to all, she finds the bright side of every situation and spreads cheer to everyone around her. Madisyn finds motivation in challenges and is a confident, positive role model.



L-R: Principal Jessica Madsen (L), student Madisyn York, Teacher Autumn Theriault, and Dean of students Amy Jenkins (R)

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New England Sports Review by Karver Jordan

Patriots Regain Strength by Defeating Cardinals

(December 16, 2022) -- The New England Patriots defeated the Arizona Cardinals in Week 14, 27-13. The Patriots would move to (7-6) while the Cardinals would fall to (4-9).

Injuries for both teams were a struggle. The Cardinals would lose their star quarterback Kyler Murray on the third play of the game. The Patriots would lose their No. 1 wide receiver, DeVante Parker. The Patriots would already be out with receiver Jakobi Meyers. The Patriots were down three critical pieces to the broad receiver group. Running back Rhamondre Stevenson would go down late in the 2nd quarter.

The Patriots' offense would struggle in the first half of football. Playcalling would continue to be a struggle. The Patriots' offense would have six screen plays in the first half, which were mostly ineffective. Fans are starting to call the Patriots "The New England Screens" in a joking way. Second-year quarterback Mac Jones would go 24-for-35 with 235 passing

yards and an interception. The rookie running back duo Pierre Strong Jr. and Kevin Harris would both have a great game. Strong Jr. was the leading rusher with 5 carries for 70 yards with a touchdown. Strong Jr. averaged 14.0 yards a carry. Harris would have 8 carries for 26 yards with a touchdown. Harris averaged 3.2 yards a carry. With the injuries to the wide receiver Jakobi Meyers and DeVante Parker, Hunter Henry would lead the team in receiving yards with 70 yards with only 3 catches. A player who stood out to me was Kendrick Bourne. Bourne would have 5 catches for 47 yards. Tyquan Thornton the rookie would show flashes of speed off screens. Overall, it was a great day for the Patriots' offense.

The Patriots' defense would hold a great game. Cardinal's quarterback Colt McCoy would go for 27/40 with 246 yards and a pick. The Patriots would do a good job stopping star wide receiver DeAndre Hopkins, holding him to 7 catches with 79 yards. Star safety Kyle Dugger

would force a fumble on Hopkins. Patriots' linebacker Raekwon McMillian would pick it up and score the touchdown. This changed the game's momentum. Rookie Marcus Jones would get his first career pick. Joshua Uche would have a great game. Uche had 3 sacks and 1 tipped pass. Hopefully, the Patriots can build off this win and bring momentum to the Raiders, who the Patriots play on Sunday.

Karver Jordan, class of 2024, is a sports writer for Freeport High School. Karver enjoys playing football and baseball, as well as hunting and spending time outside. Karver loves writing about sports and is looking to pursue it as a career. Thanks for reading!

Send all items for What's Going On to the Editor. Deadline is Friday by five.

UMaine Researchers Designing Foldable Shelters

ORONO, ME (December 16, 2022) -- Origami is a delicate, intricate art form. In the eyes of University of Maine researchers and engineers, though, the ancient art of paper folding may be more than aesthetically pleasing — it can provide the structural basis for easy-to-deploy foldable shelters that can be used for disaster relief, temporary housing and more.

Deployable shelters need to be sturdy, easy to transport and simple to set up, whether they are used by soldiers or in emergency camps. Like origami, a foldable shelter is all about the act of folding. Varying the location of fold lines and vertices can create a multitude of patterns that fold into different shapes, from triangles to trapezoids.

Collapsible structures are usually thicker and stiffer than the thin paper used in origami. Partially or fully folding panels in these structures requires careful consideration of the hinge — how strong they are, how easy they are to rotate about their hinge lines without deforming during the transition process and whether they interfere with the other folding panels of the structure.

University of Maine mechanical engineering pro-

fessor Masoud Rais-Rohani and graduate student Anthony Verzoni used mathematical and computer modeling to test the deployment of their origami-inspired shelter design concepts to make sure they were easy to set up, where the roof could actually be lifted by unfolding the walls. The engineers considered a number of variables, including how much force was required to unfold the shelter to a standing position, how having thicker walls would impact the shelter; and how the weight and composition of the panels would factor into deployment.

"The need for rapidly deployable shelters typically comes with quick delivery and setup requirements to accommodate urgent relief efforts," Verzoni says. "Our preliminary focus was to utilize the principles of origami to create shelter systems that fold into compact shapes and unfold into large volumes that can house several individuals for various applications, all while limiting the required effort involved with deployment." Their models showed that it is possible to accommodate compound folding patterns in the flat-foldable, thick-walled, origami-inspired shelter. However, the load put on the structure to

unfold it depends on where it is applied, and varies significantly during the transition process.

"We are essentially taking a mechanical system or mechanism and transforming it into a functional structure. Maximizing connectivity among the panels is a key design feature of these origami-inspired shelter concepts that would allow a room-size shelter to be set up in just a few minutes," says Rais-Rohani.

The results reveal the importance of analyzing the full mechanics of opening and closing a foldable structure. The models will also inform future design decisions affecting the size, shape and erection load for similar shelters. Future research will look at the use of passive and active mechanical-assist systems to make deployment faster and easier, as well as ways to optimize the structure for use in both humanitarian and military applications.

"I hope our study will lead to a mass production and distribution of such deployable shelters for humanitarian relief around the world," says Rais-Rohani.

The study will appear in the December 2022 issue of Engineering Structures; it was published online in October 2022.

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Continued from page 1

graduating top in the program. He commenced his career with the City of Lewiston in 2011 as a firefighter on Engine 5, became involved with Local 785 early on, and has progressed to his current role of Vice-President. The majority of his time with Lewiston has been spent on both Engine 5 and 7. Lt. Gayton has also been involved with the LFD Rookie School and Honor Guard for over ten years. In addition, he is a Peer Advisor and a Critical Incident Stress Management (CISM) team member for the department. Lt. Gayton also served as an Adjunct Professor for SMCC's Fire Science Program for eight years. When not working, he enjoys spending time with his three children and hunting/fishing. "I'm extremely proud to be part of this organization and its history," said Lt. Gayton.

Cory Higgins is a third-generation firefighter and has been promoted to Lieutenant. He started his fire career at age 18 and was hired by the Lewiston Fire Department in June of 2011. He enjoys teaching and mentoring new firefighters. He grew

up in Lewiston and Brunswick playing hockey, soccer, and lacrosse. Following 2008 graduation from Brunswick High School, he attended Southern Maine Community College for fire science work

for the federal government as a summer wildlife firefighter. He likes to spend his free time camping, AT-Ving, snowmobiling, and fishing with his children.

Hannah Maurais is a new Lewiston firefighter,

coming to Lewiston from Windham. She graduated from Southern Maine Community College with a degree in Fire Science in 2020 and a Basic EMT license.

Brady Downing is another new Lewiston firefighter, originating from Poland and a fire service family background. He is a Southern Maine Community College graduate with a degree in Fire Science and holds an Advanced-EMT license. Downing eagerly looks forward to a career with the City of Lewiston.



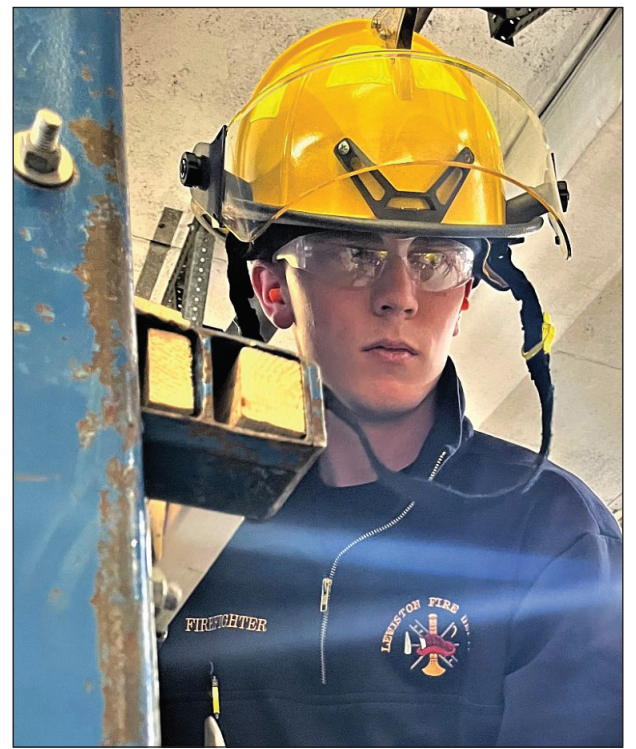
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Deputy Chief Graduates From FBI National Academy

AUBURN, ME (December 10, 2022) – Auburn Chief of Police Jason Moen is proud to announce that Deputy Chief Timothy A. Cogle has graduated as a member of the 284th session of the FBI National Academy. The graduation took place at the National Academy in Quantico, Virginia on December 8, 2022. DC Cogle is the sixth officer in department history to complete this prestigious program. Nationally, fewer than one percent of officers have the opportunity to attend the program.

Internationally known for its academic excellence, the National Academy offers ten weeks of advanced communication, leadership, and fitness

training. Participants must have proven records as professionals within their agencies to attend. On average, these officers have 21 years of law enforcement experience and usually return to their agencies to serve in executive-level positions.

The 284th session consistent of two hundred and thirty-seven law enforcement officers from forty-nine states and the District of Columbia. The class included members of law enforcement agencies from 25 countries, 5 military organizations, and 5 federal civilian organizations.

“This experience was definitely a highlight of my law enforcement career,” said Cogle. “To be sur-



rounded by, learn from, and connect with some of the best law enforcement professionals in the world was a unique opportunity and an experience I will never forget. I was able to gain perspective and knowledge from people who are doing the same job, facing the same opportunities and challenges, and making a difference in their communities. I’m grateful to my family, my friends, and the team at Auburn PD for the sacrifices they made that allowed me to be a part of this rewarding professional development training.”

Cogle, a life-long resident of Auburn, is a 25-year veteran of the department. He has served as a patrol officer, detective,

patrol sergeant and lieutenant, and was commander of all three divisions within the department: patrol, support services and criminal investigations prior to his appointment as deputy chief.

“All of us at the Auburn PD are very proud of Deputy Chief Cogle,” said Police Chief Jason Moen, who is also a proud graduate of the National Academy. “This is a huge accomplishment, and the experience will serve him – and our agency – well in the years to come.”

Auburn’s most recent FBI National Academy graduates include Retired Chief Phillip L. Crowell, Jr., and current Chief Jason D. Moen.

RSU 16 Recognizes Advocates Suzie and Don Stover



L to R: Don Stover, Suzie Stover, Mary Martin (School Board Chair)

POLAND, ME (December 10, 2022) -- On December 9th Friends of RSU 16, a group comprised

of school and community members, recognized Don and Suzie Stover for their support and advocacy for

RSU 16 students and programs. Appreciation was also expressed for their positive community impact.

Suzie Stover was a beloved third grade teacher at Elm Street School and continues to support literacy through preschool story hours and volunteer tutoring. Don has been an active member of Poland Conservation Commission and strong supporter of land preservation and outdoor recreation. Suzie and Don are relocating and will be missed in the RSU 16 schools and communities.

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Program Offered for Deaf, Hard of Hearing Youth

ROME, ME (December 15, 2022) – In February, Maine Deaf and hard of hearing youth will have the unique opportunity to come together for a long-weekend at Pine Tree Camp. This innovative program is called the Dirigo Experience and will be held Friday, February 17 through Monday, February 20. Through outdoor experiences and team

building with peers, participants will have the chance to make new friends and develop a greater sense of self-esteem and self-confidence through trying new activities like adventure snowshoeing, archery and ice fishing.

“This program fills a real need,” said Joshua Seal, director of Pine Tree Society’s Interpreting Services. “We want to invest

in the future by stepping up to help Deaf youth develop a sense of connection and community now.”

Pine Tree Camp’s director Dawn Willard-Robinson couldn’t agree more.

“Most Deaf youth have never had the chance to meet another Deaf person their own age,” she said. “The Dirigo Experience breaks that cycle by bringing Deaf and hard of

hearing young people together for a life-changing experience.”

Pine Tree Camp’s Dirigo Experience is designed for ages 11 to 15 and limited to 30 participants. Registration is required and full scholarships are available. Register at this link: <https://pinetree.campintouch.com/ui/forms/application/camper/App>

On January 11th, parents are invited to join a special Virtual Info Session to learn more. Virtual Info Session — Pine Tree Camp’s Dirigo Experience, hosted by Dawn Willard-Robinson, Director, Pine Tree Camp Joshua Seal, Director, Pine Tree Society Interpreting Services on Wednesday, January 11 from 7:00 - 8:00 PM. Register at this

link: pinetreesociety.org/Dirigozoom and attend via Zoom. Pre-registration required.

Attendees will learn about all aspects of Pine Tree Camp’s Dirigo Experience, including: Scope of activities; Fully accessible campus; Leadership team; Tuition assistance; Covid safety protocols; Q and A. www.pinetreesociety.org

Seniors Impacted by Alzheimer’s Invited to Apply for Scholarship

NEW YORK (December 14, 2022)— High school seniors impacted by Alzheimer’s disease can win up to \$5,000 for college through the Alzheimer’s Foundation of America’s (AFA) Teen Alzheimer’s Awareness Scholarship. Students can enter the contest by visiting www.alzfdn.org/scholarship. The deadline for submissions is March 1, 2023 at 5:00pm ET.

“Teens across the country are active in the battle against Alzheimer’s disease, whether it’s car-

ing for family members, volunteering, working in a care facility, or raising awareness and educating those around them,” said Charles J. Fuschillo, Jr., AFA’s President and CEO. “These college scholarships will help tomorrow’s leaders with their college education. We invite all high school seniors who have been affected by Alzheimer’s to enter.”

College-bound high school seniors are invited to apply for the scholarship by submitting an



essay (1,500 words maximum) or submitting a video, no more than four minutes long, describing how Alzheimer’s disease has impacted their lives and what they have learned about themselves, their family and/or their community through their experience with Alzheimer’s. Essays can be submitted by visiting www.alzfdn.org/scholarship. Students already attending college are not eligible to participate.

The winner receives a \$5,000 scholarship with

additional prizes awarded for runners up and honorable mentions. Last year, AFA awarded \$90,000 in scholarships to 117 high school students.

AFA has been able to provide these scholarship funds with the generous support of charitable donors.

Individuals wishing to support this and other programs and services for families affected by Alzheimer’s disease can do so by visiting www.alzfdn.org/donate or calling AFA at 866-232-8484.

APL Offers Programs Leading Up to 2023 Camden Conference

AUBURN, ME (December 15, 2022) -- The Camden Conference was founded in 1987 as a nonprofit, non-partisan educational organization whose mission is to foster informed discourse on world issues. Each year, they host a conference, with participating libraries offering community events related to their theme. The 2023 Camden Conference, scheduled for February 17-19, is entitled “Global Trade & Politics: Managing Turbulence” and will take place in person, in Camden, Maine. Topics of the conference will highlight the importance of global commerce and how it impacts our everyday lives. Speakers will explore alternative ways in which the interdependence of commerce, global politics, and national security could be successfully managed for both competition and cooperation.

The Auburn Public

Library is pleased to participate as one of the hosting libraries. Leading up to this year’s Conference, the Library will host three events.

Reading & Discussion – “This Changes Everything: Capitalism vs. the Climate” by Naomi Klein

January 19, February 2, and February 16, 2023 – 4:00-5:00 p.m.

Online, via Zoom

Join the Camden Conference and the Auburn Public Library for a book discussion series on Naomi Klein’s “This Changes Everything: Capitalism vs. the Climate”.

“Forget everything you think you know about global warming. The really inconvenient truth is that it’s not about carbon – it’s about capitalism. The convenient truth is that we can seize this existential crisis to transform our failed economic system and build something radically better.

In her most provocative book yet, Naomi Klein, author of the global bestsellers ‘The Shock Doctrine’ and ‘No Logo,’ tackles the most profound threat humanity has ever faced: the war our economic model is waging against life on earth.” (excerpt from book cover)

The discussions will take place via Zoom in three sessions:

January 19 – Session #1: Globalization, free trade, and climate change (read pp. 64-160 – 96 pages)

February 2 – Session #2: Extractivism, environmentalists and corporations, climate fixes (read pp. 161-187; 191-229; 256-280 – 88 pages)

February 16 – Session #3: Blockadia – Local impact and resistance (read pp. 293-336; 367-387) – 63 pages.

To register, please call the Reference Desk at 207-333-6640, ext. 4.

Books will be available on or after January 3, 2023. Thanks to funding provided by the Camden Conference, the library has purchased a limited number of copies of this book for participants to keep. When registering, please provide an email address. Participants will be emailed the Zoom link for the discussions on the day of the first discussion (January 19); the link will be the same for all three sessions.

Maine’s Energy Scene: Local Aspirations Clash with Global Markets

A presentation by award-winning journalist Tux Turkel

Thursday, January 26, 2023 – 4:00-5:00 pm

Online, via Zoom

On January 26, 2023 at 4:00 p.m., Tux Turkel will present a talk, via Zoom, on Maine’s Energy Scene. Turkel is an award-winning journalist who has spent most of his career as a staff writer for the Portland Press Herald and the Maine Sunday Telegram. A graduate of Emerson College in Boston, he is Maine’s leading

writer on energy and utility issues.

Mainers like to think of themselves as an independent bunch. When it comes to energy, though, perhaps they are not as self-reliant as they may think, or as they are striving to be. Winter is a good time to dig into the details of Maine’s energy scene, where the power comes from, and why efforts to transition to cleaner energy produced closer to home are so complicated.

This program will be offered virtually, via Zoom. For planning purposes, registration is required and may be done by visiting the Events page of APL’s website – www.auburnpubliclibrary.org – or by calling the Reference Desk at 207-333-6640, ext. 4.

Film Screening & Discussion – Flow: The Global Water Crisis

Tuesday, February 7, 2023 – 3:00-5:00 pm

In person – Androscoggin Community Room

On Tuesday, February 7, 2023, the Auburn Public Library will be showing the documentary

“Flow: the Global Water Crisis.” The film will be shown in person, in the Androscoggin Community Room, starting at 3 p.m.

This film asks us to look deeply at the world’s dwindling fresh water supply, a topic many experts label as the most important political and environmental issue of the 21st Century. Viewers will also get a look at some practical solutions to the water crisis, along with emerging new technologies. “Flow” is about 84 minutes in length and will be followed by a short discussion.

For planning purposes, registration is required either through the Events page of APL’s website – www.auburnpubliclibrary.org – or by calling the Reference Desk at 207-333-6640, ext. 4.

For more details on the 2023 Camden Conference, including participating speakers, membership, or other pre-Conference events, visit their website at camdenconference.org.



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Senate Supports Maine Shipbuilding, Security, Jobs

WASHINGTON, D.C. (December 16, 2022) — U.S. Senator Angus King (I-Maine), a member of the Senate Armed Services Committee and co-chair of the Cyberspace Solarium Commission (CSC), today celebrated the Senate’s passage of the Fiscal Year 2023 National Defense Authorization Act (NDAA), yearly legislation which has now passed 62 times on a bipartisan basis, and which focuses on strengthening American national security and improving the lives of servicemembers and their families.

The 2023 legislation authorizes 3 DDG-51 destroyers that Bath Iron Works can compete to build, bolsters America’s nuclear defenses, and supports other key defense technologies that protect the nation. Also included are significant pay raises for servicemembers and steps to improve mental healthcare for America’s armed forces.

“This year’s National Defense Authorization Act – named after my friend and colleague Senator Jim Inhofe – is a bipartisan bill that will address the pressing national security challenges facing our country and strengthen Maine’s role in contributing to our national defense,” said Senator King. “The bill authorizes one of the largest-ever multi-year procurement of DDG-51 destroyers, which Bath Iron Works can compete to build, bringing important stability to the Maine shipyard’s planning, and allowing them to scale up their production in the years to come. These ships – known as the workhorse of the Navy – are absolutely critical to our national security, and are an important economic driver for Maine communities.

“This year’s legislation provides the backbone of our national defense, including key provisions

to ensure our nation can counter growing and rapidly changing threats. It also contains new authorizations to address Russia’s unprovoked invasion of Ukraine, and supporting the brave Ukrainians fighting for their sovereignty. This bill improves our defensive and offensive hypersonic capabilities, bolsters key cyber defenses, and will help modernize how we assess the capabilities of our enemies and allies alike,” continued Senator King. “Most importantly, the legislation also makes significant investments in the essential core of our Armed Forces – our brave men and women in uniform. Along with a 4.6% pay raise to help servicemembers keep up with rising costs of living, the NDAA will study the suicide epidemic in our military so the Department is better equipped to address this urgent crisis. This bill will make our country safer, strengthen our economy, and reward the men and women who serve in our military – I’m grateful that we could get this bill through the Senate and onto President Biden’s desk.”

Senator King previously spoke on the Senate Floor in support of the National Defense Authorization Act, explaining the pressing need to modernize the nation’s nuclear arsenal, support Ukraine as it fights for freedom, and improve resources for America’s servicemembers with pay raises and mental health care.

Senator King successfully advocated for the inclusion of many provisions that will improve national security, support Maine jobs, and take care of servicemembers and veterans, including:

FUND SHIPBUILDING PRIORITIES. Along with three DDG-51 Arleigh Burke-class destroyers for FY2023, the legislation

authorizes a multi-year contract for the Navy to procure up to fifteen DDG-51s, which Bath Iron Works (BIW) can compete to build – one of the largest forward commitments of its kind. The bill will require the incorporation of a workforce development incentive in Navy shipbuilding contracts, and the bill authorizes additional funds for DDG supplier development. The bill contains the King-led, forward-looking provision that prescribes that the Navy utilize best practices and a collaborative approach for the DDG(x) program, positively impacting BIW and their future work on the next large surface combatant.

INVEST IN MAINE INSTALLATIONS. The bill authorizes full funding for Portsmouth Naval Shipyard (PNSY) upgrades as part of the Navy’s Shipyard Infrastructure Optimization Program’s (SIOP). The bill also authorizes \$2.5 million for planning and design of a new child development center at Portsmouth Naval Shipyard.

INCREASE MILITARY PAY. The legislation authorizes a 4.6 % pay raise for military servicemembers and the DoD civilian workforce.

SUPPLY MILITARY PERSONNEL WITH HIGH-QUALITY, MAINE-MADE EQUIPMENT. The NDAA authorized additional funds for Joint Strike Fighters including additional funds for seven F-35A aircraft. Other defense programs including submarine and helicopter procurement received full funding. Maine businesses support these important programs that contribute to our National Defense.

CONFRONT SERVICEMEMBER SUICIDE. As the epidemic of servicemember and veteran suicide continues, the bill requires a review and

report on the rates of suicides in the Armed Forces by military occupational specialty during the time period beginning after September 11, 2001, and continuing to the present day, broken down by military occupational specialty, service, and grade. This legislative provision is based on input from a Maine constituent.

REWARD AND ACKNOWLEDGE MAINE’S LEADERSHIP IN COMPOSITES AND ADDITIVE MANUFACTURING. The NDAA authorized additional funds for the University of Maine including several million dollars in additional funding for high-performance computing-enabled large-scale advanced manufacturing. The SASC Bill requires the Secretary to produce a report on additive manufacturing and make recommendations regarding establishing centers of excellence such as the 101st Air Refueling Wing in Bangor. The NDAA further recognizes the need for rapidly deployable, rigid-wall shelters, with integration protection capabilities like the ones developed by Comptech, based in Brewer, ME. These shelters are already employed by the joint force by USEUCOM, USAFRICOM, and USNORTHCOM.

TAKE ON THE PFAS CRISIS. As Maine people struggle with per- and polyfluoroalkyl substances (PFAS) contamination that includes thousands of diverse chemicals, the NDAA includes significant provisions to address the crisis. It will provide resources to restore PFAS exposed facilities that the National Guard uses to train or operate in; restrict the DoD from purchasing turnout gear for DoD firefighters containing PFAS materials; amend public law to disclose DoD PFAS testing results for private water wells; and require the DoD to provide a report on the schedule for PFAS remediation efforts in drought-stricken areas.

COUNTER RUSSIAN AGGRESSION AND SUPPORT UKRAINE. With Russia’s unprovoked attack on Ukraine in its fifth month,

the legislation extends and modifies the Ukraine Security Assistance Initiative (USAI) and authorizes \$800 million in fiscal year 2023 to provide security assistance to Ukraine via this authority. Senator King included a Government Accountability Office audit of the allocation and use of this security assistance.

ADDRESS THE OPIOID EPIDEMIC BY FIGHTING DRUG TRAFFICKERS. Senator King has consistently urged the Pentagon to step up in the war on drugs, by taking a more active role in stopping drugs from entering the country. The bill increases funding for the military’s counter narcotics missions. The bill also includes a GAO audit of the Department of Defense’s Counterdrug efforts that includes the organization, cross-agency efficiencies, and audit of the use of funds to improve the Department’s ability to stop drug shipments before they reach America’s shores. The bill provides important oversight on U.S. NORTHERN Command, requiring a report on their efforts to support this important mission.

PROMOTE SMALL BUSINESS INTEGRATION. Across the country, Procurement Technical Assistance Centers (PTAC) help small business get and navigate Department of Defense contracts. In addition to securing additional funds, the bill included legislation based on valuable input from Mr. Ken Bloch of Eastern Maine Development Corporation (EMDC) and the Director of Maine PTAC. This resulted in legislative changes that would enable these centers to better serve small businesses by increasing the state funding cap and align the program under the Office of the Secretary of Defense.

STRENGTHEN CYBERSECURITY PROTECTIONS. The bill strengthens and supports the cybersecurity posture of the DoD, the defense industrial base, and America’s critical infrastructure. Among the cyber policies advanced by this legislation are a King-led provisions to increase support for U.S. Cyber Command’s

(CYBERCOM) Hunt Forward Operations and “red team” efforts, and for CYBERCOM to release biennial, unclassified reports through the 2032 election cycle on their efforts to ensure election security and counter election threats. As co-chair of the Cyberspace Solarium Commission, Senator King is a leading Congressional voice on cybersecurity.

MODERNIZE CRITICAL NUCLEAR DEFENSES. As Chairman of the Subcommittee on Strategic Forces, Senator King is a leader in working to modernize the nation’s nuclear triad and address the threats posed by new hypersonic weapons. The FY23 NDAA includes recommended approaches the Defense Department should take towards improving offensive and defensive hypersonic capabilities, along with new funding to counter these threats.

IMPROVE AMERICA’S PRESENCE IN THE ARCTIC. With climate change opening the waters of the Arctic, the bill authorizes \$167.2 million to continue acquisition of a third Polar Security Cutter Ice Breaker, along with \$1 million to establish the Arctic Security Cutter program office to support the future of maritime commerce, climate research and environmental protection in the High North. The bill includes King-led provision requiring the Office of Management and Budget to conduct a crosscut report on Arctic research programs. Additional Arctic reporting includes assessing the ability and timeline to conduct transit in the Northern Sea Route and periodic transits of the Northwest Passage; also, the GAO is directed to conduct an audit of the U.S. Coast Guard arctic operations and infrastructure.

SUPPORT NEW JETTY AND BEACH NOURISHMENT AT SACO. The bill increased funding for building a new perpendicular jetty at Camp Ellis in Saco Maine to \$45 million and eliminated cost share requirements for the city of Saco, Maine. This helps restore a long-standing beach erosion problem.

TACKLE GLOBAL FOOD INSECURITY. As Russia’s invasion of Ukraine destabilizes global food supplies, the legislation reauthorizes the nation’s Feed the Future hunger and agriculture initiative through 2028, improves food aid oversight, and requires the Biden administration to develop a whole-of-government strategy to address global food challenges.



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December 22
LEWISTON --
 Throwback Thursday Movie Matinee will be happening at The Lewiston Public Library in Callahan Hall on 12/22/22 from 4-6PM. The event listing can also be found on our website at <https://lplonline.org/events/throwback-thursday-movie-matinee-home-alone/>

December 24
BUXTON -- Free to the public! Turkey Dinner - Saturday, December 24 2022 - 5:00 pm at Living Waters Church, Parker Farm Road, Buxton. Christmas Service immediately following dinner.
 Please note: We will offer the option of takeout

Calendar

Send your submissions to the Editor. More online.

containers for those who do not want to come inside for seating. Wearing of face masks for those who are not vaccinated is suggested. Hand sanitizer is available for those who wish to use it.

January 7
GORHAM -- Public Bean Supper at White Rock Community Clubhouse, 34 Wilson Road, Gorham on Saturday, January 7, 4:30-6:00pm. We are back inside! Eat in or take out, no pre-orders. Meal includes baked kidney &

pea beans, coleslaw, potato salad, macaroni & cheese, biscuits, hot dogs and dessert. Wearing of masks for those who are not vaccinated is suggested.

\$10 adults, \$5 under 12
 Follow us on Facebook for updates: facebook.com/whiterockcommunityclub

January 19
LEWISTON -- The Great Falls Forum entitled "Drawn to a Life of Crime" will be happening at the Lewiston Public

Library on Thursday, January 19 from 12 to 1 PM. The event listing can also be found on our website at <https://lplonline.org/events/great-falls-forum-drawn-to-a-life-of-crime/>

January 28
GRAY -- Supper - Variety of Casseroles and Salads, Baked Pea Beans, Red Hot Dogs, Breads, Assortment of Desserts and Beverages

Saturday January 28, 2023, 5:00 PM First Congregational Church, Gray, Parish House, 5 Brown St., Handicapped Accessible. Seating Capacity 50 - Doors open at 4:30 PM Meals - Single sized \$10.00 each. 657-4279

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What do you think?
 We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers. Agree with us or another columnist? Disagree? Write to us and let us know!
 Email all submissions, including name, address and phone number, to the editor.

Lewiston Auburn Senior College Winter Course List Available

LEWISTON, AUBURN, ME (December 16, 2022) -- The Winter Catalog for Lewiston Auburn Senior College is ready! Registration will begin 1/2/2023 at 8:00am. IF you need help with registration, go to the LASC office at USM LA College 51 Westminster St. Lewiston, ME, Room 169 on 1/2/2023 from 9am-11am or 1pm-3pm. If you have questions, please email laseniorcollege@gmail.com. Remember, If you paid membership in the fall, you DO NOT NEED to pay again for the winter semester.

1-2 day courses will be free; other classes are \$25 per class.

The Aging Brain and How We Can Keep It Functioning At A Good Level

We will begin this course by examining the biological mechanisms that cause the physical deterioration associated with aging and then how aging, on a structural level, affects the brain by examining in depth the age-related changes that affect one's memory, attention span, and processing speed related to decision-making. Last, but not least, we will

focus on strategies that have been proven to help the brain age more gracefully and keep it functioning well, especially our memories.

This class will be held at Schooner Estates.

Instructor: Charles Plummer.

Architecture of Food

One of the founders of French Grande Cuisine, Marie Antoine Carême studied as an architect before becoming an international chef. His career changing decision led the way to modern food plating, including the modern

wedding cake. We'll explore the great architecture of the world and the lasting influence on every plate placed before you in restaurants across the world.

Zoom
Instructor: Larry Canepa

Writing Your Life Story

We've all got stories! This informal class will get you on the road to writing about your life, from the mundane to the marvelous. Inviting all "non-writers" to join, this will not be a critique of your writing style or grammar. Take a

chance on finding out that you've lived a pretty interesting life after all!

Zoom
Instructor: Connie Jones

Religious conversion: What is it?

Paul on the road to Damascus?.....or? Conversion abounds in the U.S. It is an integral part of the life of the convert, in which the convert has creative agency. We'll look at both continuities and changes across the conversion experience by consulting detailed case materials. We will get to know a couple of converts really well. Some

lecture, more discussion. A suggested book to read is Shirley Nelson's, The Last Year of the War (Harper and Row). It's not necessary to read this book, but it may enhance your experience. It's available as a used text inexpensively on Amazon.

Zoom
Instructor: Steve Piker

Dead Body Club

In this course we will examine the mystery genre and read several novels that are written by female authors, include crimes solved by female sleuths, See College, page 16



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Wood boiler – Must go! \$2,500. Alternate heating carbon steel wood boiler. Purchased in 1996 for \$6,800. New door seal, bricks, blanket, and silicone card bead. Includes cycle timer and plumb fittings. 1,400#. Model E100 wood gun. Can be lifted directly into your trailer. GORHAM. (207) 222-2755.

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Spotlight on San Antonio, Texas - April 2-6, 2023

Trip includes 5 days, 4 nights lodging, 3 breakfasts and 2 dinners, visit to two UNESCO world heritage sites, visit to the Mission San Jose, visit to the ALAMO, boat ride along the Paseo del Rio known as the River Walk, National Museum of the Pacific War and so much more.

Reflections of Italy - October 9 - 18, 2023

Trip includes 10 days, 9 nights lodging, and 12 meals, including Rome, Vatican Museums, Sistine Chapel, St. Peter's Basilica, Assisi, Perugia, Cortona, Florence, Michelangelo's DAVID, Chianti Winery &

Cooking Class, Venice, St. Mark's square, boat ride to Murano Island, Milan and much more.

Virginia Beach, Colonial Williamsburg & Historic Norfolk - May 22 - 27, 2023

Trip includes 5 nights lodging and 8 meals, guided tour of Colonial Williamsburg, narrated Norfolk Naval Base Harbor Cruise, admission to the Nauticus & Battleship Wisconsin, visit to Mariner's Museum and Park, admission to Virginia Beach Aquarium & Marine Science Center and free time on Virginia Beach and the Virginia Beach Boardwalk. A \$75 deposit pp is due when signing up. Price is \$809 pp double occupancy and includes bus driver's tip. For more information on any of our trips, please contact Claire Bilodeau (207)784-0302 or Cindy Boyd (207)345-9569.

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I am using a 40-year-old computer and my

wife and I would like to buy a "wow" computer to communicate with our grandchildren and our children. Please call (207) 650-7224.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

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College

Continued from page 14

and contain dead bodies.

In-person
Instructor: Peggy Vollock

Pictionary Challenge

Mary Jane challenges YOU to have some virtual fun, in this ZOOM only Game Night. You may know Pictionary from way back, but this a modern twist using ZOOM's white board feature. You do NOT have to be able to draw, or know how to use the whiteboard to participate.

Instructor: Mary Jane Beardsley

Games Galore: Trivial Pursuit

Mary Jane challenges YOU to have some virtual fun, on this ZOOM only Game Night. Everyone remembers Trivial Pursuit, but this a modern twist using ZOOM's chat feature.

Zoom
Instructor: Mary Jane Beardsley

TED Talk Discussion Seminar

We will watch 6 new TED talks(not new to TED, but new to previous iterations of this class) and have a robust discussion about each. I will show the talk in the class session, but will announce the talks in advance, so you may watch them on your own first, if you like. Be prepared to opine and disagree, if you wish.

Zoom
Instructor: Bill Frayer

Foreign Film Fest

LASC will partner with APL to present uplifting films from across

the continents. Expect cinematic excellence, breathtaking scenery, and insights into human nature across cultures so different yet so universal.

Hybrid; Zoom and Auburn Public Library

Instructors: Judy Hierstein and Mary Jane Beardsley

Legacies from Auburn's Industrial Past

This talk will explore the industrial legacies through a look at the history of three extant Auburn buildings: Phoenix Block, Roak Block and Barker Mill and Jacob Roak's role in their establishment.

Zoom
Instructor: Lin Wright

Poor Lisbon Falls: The 1901 Fire and Flood

This is a reprise of the talk presented a few years ago for the Lisbon Historical Society.

Zoom
Instructor: Lin Wright

Using the Genealogy Proof Standard

Students will learn about the genealogy proof standard. They will apply the gps to research and write an article addressing a specific genealogical question. They will then create a blog entry to share their research.

Zoom
Instructor: Lin Wright

A Whirlwind Tour of the Far East (Travelogue)

Join Eve Fralick on her travels to the Far East. Highlights include hiking a centuries-old pilgrimage in Japan; visiting a cherry blossom festival and the 38 parallel in South Ko-

rea; and climbing the Great Wall of China.

Zoom
Instructor: Eve Fralick

Darwin and Wallace: Friends or Rivals

Charles Darwin is famously credited for the discovery of evolution through natural selection, however, less well known is his younger contemporary who independently discovered the same concept: Alfred Russel Wallace. These two extraordinary 19th century men with markedly different backgrounds lived very different lives, however their interests and careers overlapped in many ways. One was independently wealthy, university educated and well-connected with important friends while the other was chronically short of funds, largely self-educated and lacked important social connections. In this course we will review the lives of Darwin and Wallace, examine in some detail how their travels, life experiences and social status shaped their ideas and activities. We will consider the reasons why Darwin is recognized as the "father of the theory of evolution" while Wallace remains in obscurity.

Zoom
Instructor: Tom Hamilton

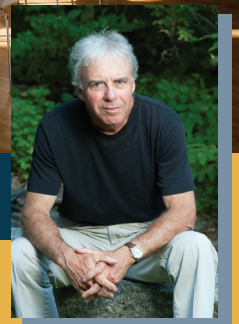
Send all items for What's Going On to the Editor. Deadline is Friday by five.

GREAT FALLS FORUM 2022-2023



THURSDAY, JANUARY 19, 2023

Gerry Boyle
Mystery Novelist



The 25th season of the Great Falls Forum continues on Thursday, January 19, featuring mystery novelist Gerry Boyle, with a talk entitled "Drawn to a Life of Crime." A book sale and signing will follow the in-person event.

This free, public program will take place from 12 noon to 1 PM in Callahan Hall at the Lewiston Public Library and will also be streamed live via Zoom and the Lewiston Public Library Facebook page.

For 30 years, Maine novelist Gerry Boyle has been inventing crimes and criminals, then solving these mysteries through the efforts of his fictional investigators, particularly reporter Jack McMorow. What drives an otherwise law-abiding writer to seek out the company of murderers and other miscreants? And what drives otherwise law-abiding readers to do the same?

In his Great Falls Forum talk, Boyle will explore our attraction to those who break the rules, and our need to see justice, fictional as it may be.

Admission is free to all Forum events. The Zoom link will be posted to the Library website and Facebook prior to the event. For more information, please contact the Library's website at LPLonline.org or call 513-3135.

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