



UNION BOUNDARY

GREATER TULSA REPORTER

One of Six Greater Tulsa Reporter Newspapers

Oklahoma's Largest Monthly News Group

Volume 21

February 2015

www.gtrnews.com

IN THIS ISSUE:



DEVELOPMENT EXPANDS ALONG MINGO



BUSINESS DEVELOPMENT: The Meadowbrook Chase Retail Center, located on the northeast corner of 81st Street and Mingo Road, is currently leasing commercial space. Soon-to-open tenants include Kirin Asian Cuisine and Sushi and Midleton's Bar and Grill.



NEW APARTMENTS: Atria luxury apartments are currently under construction at 8601 S. Mingo Rd. Prospective renters can choose from one, two and three-bedroom units. The community also features a salt-water pool and sun deck, athletic facilities, a car care center, and an outdoor kitchen for resident use.



ACTIVE SENIOR LIVING: Tapestry at Woodland Hills is currently under construction at 7345 S. 99th E. Ave., south of 71st Street near Mingo Road. The senior living community is accepting reservations for its one and two bedroom apartments, with a planned completion date of April 2015. Community amenities include a dog park, vegetable gardens, outdoor entertainment space, a heated saltwater pool and emergency storm shelters.

By **EMILY RAMSEY**
Managing Editor

The area surrounding the intersection of 81st Street and Mingo Road has recently seen a number of construction projects as the area

grows in business and residential developments. The area is home to many senior living properties, including Legend, Autumn Leaves and Tapestry at Woodland Hills, which is currently under construction. Since Estancia Luxury

Apartments came to the area, other multi-family complexes have joined the market: Sonoma Grande and Cascata I and II. Atria is the newest apartment complex, under construction at 86th Street and Mingo Road. Also new to the area is the

Meadowbrook Chase Retail Center. It is currently leasing commercial space. Cancer Treatment Centers of America sits to the east of the Cascata property and north of the Meadowbrook center and has served as a long-time anchor for the area.

KUDOS OF THE MONTH: Volunteer Tulsa

Volunteer Tulsa's mission is to create a volunteer environment that enriches the lives of all area residents while addressing issues and needs within the greater community.

"Perhaps you've heard the saying: volunteers don't get paid, not because they're worthless, but because they're priceless," says Brenda Michael-Haggard, executive director of Volunteer Tulsa. "At Volunteer Tulsa, we agree that a price can't be put on the value of volunteers, yet we know how to elevate the volunteering experience."

Volunteer Tulsa endeavors to be greater Tulsa's comprehensive resource in volunteerism by:

- promoting service
- building community through effective volunteerism

- connecting people with opportunities to serve
- mobilizing volunteers
- exhibiting not-for-profit excellence

Through community-wide volunteer and volunteer leader/administrator recognition, service-learning and professional development, hands-on projects, and emergency preparedness, Volunteer Tulsa helps volunteers of all ages and backgrounds turn their passions into action in order to impact the community.

Upcoming events include the Tulsa Coffee Crawl on March 7, 9 a.m.-2 p.m. This event highlights downtown Tulsa's cafes and their unique flavors, while also raising awareness of and funds for Volunteer Tulsa programs.

Visit volunteertulsa.org for more information on meaningful ways to serve the community.



BEAUTIFICATION EFFORTS: Samson Resources employee volunteers stand with Lynn Staggs, left, president of Volunteer Tulsa's Board of Directors, and display the certificates they received in recognition of their efforts to beautify Whittier Square during Volunteer Tulsa's Mother Road Makeover, which took place on Make a Difference Day, Oct. 25.



Be a flu bug stopper at school and at home.

Cover your mouth and nose
when you cough or sneeze.
Use a tissue and throw it away.

Wash your hands
with soap and water
for at least 20 seconds!

Sponsored by



TULSA HEALTH
DEPARTMENT

For more helpful tips, visit www.Hillcrest.com or www.Tulsa-Health.org

GTR Newspapers

UNION BOUNDARY • MIDTOWN MONITOR • JENKS DISTRICT GAZETTE
BROKEN ARROW EXPRESS • OWASSO RAMBLER • BIXBY BREEZE

Contents February 2015

CIVICS	
New Sidewalk Plan Unveiled for Riverside Drive <i>By Mayor Dewey F. Bartlett Jr.</i>	5
Tulsa Tops in Destination, City Pride, Jobs	5
VARIETY	
Garth's Tulsa Homecoming Worth the Wait <i>Out & About by Emily Ramsey</i>	6
Romance, Dance, Music and Theatre at the PAC in February <i>Show Buzz by Nancy Hermann</i>	7
HEALTH & WELLNESS	
CTCA Expands to Role of Teaching Hospital	12
FEATURES	
Hebert's/Cajun Ed's: Cajun Food at its Finest <i>Local Dining by Blake Austyn</i>	8
Water, Water, Everywhere, Though Not Good Enough to Drink	10
Food for Thought: Reducing Food Waste Saves A Lot of Green <i>Trash Talk by Beth Turner</i>	11
Utica Square A Beloved Tulsa Destination <i>On Architecture by Roger Coffey</i>	28
Sharon King Davis Shares Tulsa Memories	30
EDUCATION	
OSU-COM Names Top Student	13
NSUBA Offers Job Advancement, Non-Credit Courses	14
Tulsa Tech Board of Education Members Honored <i>News from Tulsa Tech by Dr. Steve Tiger</i>	15
Local Education/News	16
SPORTS	
Local Sports 17	
Tulsa's Bruce Howard Named Top Sportscaster 18	
New Drillers Manager Shines	19
TU's Famous Fans	19
Oilers Brothers Work Together on the Ice	20
ORU Inducts Three into Athletic Hall of Fame	21
ECONOMY	
Alan Armstrong Unveils Chamber Initiatives	22
Five Civilized Tribes Hold Quarterly Meeting	23
The Owasso Economy Looks Strong in 2015	24
Business and People Notes	25
GTR CLASSIFIED ADS	26
COMMUNITY CALENDAR	31

For archived articles and to subscribe FREE to the GTR e-Edition, go to www.gtrnews.com

TYPros Donates to the Zoo

Tulsa's Young Professionals raised more than \$11,000 for the Tulsa Zoo in 2014 as its volunteers dedicated dozens of events and fundraising efforts to helping the zoo implement an innovative master plan to transform its offerings.

The fundraising efforts were part of the TYPros Community Partner program, which has now raised about \$90,000 since 2009 for non-profit organizations working to improve quality of life in the Tulsa area. In 2015, TYPros broadened its philanthropic efforts under a new separate entity, the TYPros Foundation (TYPF).

"What better way to end our popular Community Partner program than to support an organization like the Tulsa Zoo, which adds so much to the tourism and quality of life of our community," says Shagah Zakerion, TYPros executive director. "Today's young professionals have a great zoo here in Tulsa. Thanks to fundraising efforts like these, tomorrow's young professionals will have an incredible zoo."

The zoo's 20-year master plan calls for expansions and new state-of-the-art exhibits, but will rely on donations from the community. TYPros encourages members of the community to continue donating to even after the conclusion of targeted TYPros fundraising. Visit www.buildingbeyond.org for more on the zoo's efforts and needs.

"Tulsa Zoo Management, Inc., has enjoyed learning about TYPros and supporting its fundraising and community events, including CharityOkie, Oklahoma Championship Steak Cookoff, and the Black & White Party. The zoo is grateful to have been selected as the organization's final community partner and recipient of \$11,634 raised to support our efforts to build a better zoo," says Terrie Correll, CEO of Tulsa Zoo Management, Inc.

Since 2009, TYPros has selected a community partner to which it dedicates all annual fundraising and volunteer efforts, collecting money during events and asking its thousands of members to volunteer their time. That program



Courtesy TYPros
COMMUNITY SPIRIT: Isaac Rocha, 2014 TYPros chair, presents a check to Terrie Correll, CEO of the Tulsa Zoo, for the amount of money generated for the Tulsa Zoo, which was TYPros' 2014 community partner.

did not allow TYPros to take advantage of frequent requests from the community to supply funds or volunteers for efforts that would benefit the community and help attract young talent to the region.

TYPF was the solution. An all-new entity, TYPF is a nonprofit organization governed by a board of trustees composed of a diverse group of young professionals who represent the next generation of philanthropic leaders. This board will solicit and review applications to fund, create or supply volunteers for programs, events and initiatives that cultivate new opportunities that bridge economic development and sense of place by engaging young talent across the region. All current charitable events organized by TYPros, including Pub Club and CharityOkie, will benefit the new foundation. Individuals can also donate by texting BOOM to 80802.

"We believe TYPF is the catalyst needed to inspire and motivate Tulsans to start thinking out loud about what they want to see for Tulsa," Zakerion says. "By actively encouraging and funding the development of innovative programs and events, not only are we

encouraging innovation, we are maximizing and broadening our philanthropic abilities. We're in America's most generous city, and we want to be America's most generous YP group."

Valentine's & Prom Specials

Weddings & Night on the Town

Don't book with anyone until you call us!

Celebrate Safely - NO RISK

Escalades, Escapade, Lincoln Stretches, Mercedes, SUVs and Sedans

Book Early

918-492-5984

www.viplimo.net

like us on facebook

facebook.com/VIPOklahoma

VIP
Limousine

GTR Newspapers

UNION BOUNDARY • MIDTOWN MONITOR • JENKS DISTRICT GAZETTE
BROKEN ARROW EXPRESS • OWASSO RAMBLER • BIXBY BREEZE

EDITOR & PUBLISHER D. Forrest Cameron, Ph.D.	CO-PUBLISHER Sharon Cameron
ASSOCIATE EDITOR Charles Cantrell	ART DIRECTOR C. Bryan Cantrell
MANAGING EDITOR Emily Ramsey	PHOTOGRAPHY Harry Lentz
CONTRIBUTING EDITOR Beth Turner	ADMINISTRATIVE ASSISTANT Rosy Gille
EDITORS AT LARGE Terrell Lester • K.J. Webb • David Jones	DISTRIBUTION Distributech • Udovenko Family Mark Bruski
CONTRIBUTING WRITERS Mark Stansberry • Blake Austyn • Ted King Kim Shoemaker • Glenn Hibdon Roger Coffey • Doug Eaton • Grant Rowl	GREATER TULSA REPORTER NEWSPAPERS P.O. Box 470645 • Tulsa, OK 74147-0645 (918) 254-1515 • (918) 254-1550 (FAX) E-Mail: info@gtrnews.com
ACCOUNT EXECUTIVES Linda Miller, Ed Short	

February 2015

Vol. 23, No. 2 (Union Boundary);
Vol. 21, No. 2 (Jenks District Gazette, Midtown Monitor);
Vol. 19, No. 2 (Owasso Rambler, Broken Arrow Express);
Vol. 14, No. 2 (Bixby Breeze)

COPY DROP-OFF: 7116 S. Mingo • Suite 103 • Tulsa, OK 74133



www.twitter.com/gtrnews www.facebook.com/gtrnews www.myspace.com/gtrnews

THE GREATER TULSA REPORTER NEWSPAPERS

The Greater Tulsa Reporter Newspapers consist of the *Union Boundary*, the *Jenks District Gazette*, the *Midtown Monitor*, the *Owasso Rambler*, the *Bixby Breeze*, and the *Broken Arrow Express*. The papers target news coverage to school district areas. The papers also have common pages of information of interest to all readers in the greater Tulsa area.

The *Union Boundary*, the *Jenks District Gazette*, the *Owasso Rambler*, the *Bixby Breeze*, and the *Broken Arrow Express* are distributed monthly to nearly every home in the Union, Jenks, Owasso, Bixby and Broken Arrow school districts. The *Midtown Monitor* is distributed to selected neighborhoods in the Tulsa school district. All six papers are distributed to newsstands and other outlets in over 700 locations throughout the greater Tulsa area.

All advertising published in any or all of the GTR Newspapers is subject to the applicable rate card, copies of which are available at the GTR Newspapers office or from the account representatives listed in the above newspaper credits.



GTR Newspapers photo
**HALL OF FAME
SUPERINTENDENT**

Tulsa Public Schools Superintendent Dr. Keith Ballard was surprised at the TPS Athletic Hall of Fame Banquet Jan. 15 when he was named as a member of the Hall of Fame for his support of the district's athletic programs. Ballard is retiring from his position at the end of the school year.

UPCOMING SHOWS at the PAC

February

4-16 — On the Homefront: Tulsa During WWII
Tulsa Historical Society

8 — Danish String Quartet
Chamber Music Tulsa

13, 15 — Romeo and Juliet
Tulsa Opera

13-22 — Chicago: The Musical
Theatre Tulsa

20 — Jeffrey Zeigler, Cello
Choregus Productions

20-22 — The Sleeping Beauty
Tulsa Ballet

21-28 — Talking Bones
Theatre North

24-25 — Nai-Ni Chen Dance Company
Choregus Productions

27 — James Bradley: Doing the Impossible
Tulsa Town Hall

March Highlights

3-8 — Camelot
Celebrity Attractions

6-7 — Holcombe Waller: Surfacing
Living Arts of Tulsa, New Genre Festival

6-15 — Same Time, Next Year
Tulsa Project Theatre

6-14 — Superior Donuts
American Theatre Company

10 — Neil Gaiman
Oklahoma Center for Poets and Writers, OSU Tulsa

**TICKETS: 918-596-7111
OR TULSAPAC.COM**

CIVICS



HONORING MARTIN LUTHER KING: Tulsa police officers walk in the Martin Luther King Jr. Parade and greet parade watchers in downtown Tulsa on Jan. 19. The parade's theme was "Celebrate Change-2015."



GETTING DOWN TO BUSINESS: John Smaligo, center, Tulsa County Commissioner chairman from District 1, and Ron Peters, County Commissioner from District 3, meet for their first Board of County Commissioners on Jan. 5 after being sworn in for new terms of office. Ken Yazel was also sworn in as Tulsa County Assessor. Also pictured is Karen Keith, County Commissioner from District 2.

TULSA WOMEN'S LIVING EXPO

REWARDS \$2 OFF* WITH REWARDS REWARDS CARD

a weekend of **food fashion & fun** FEBRUARY 13-15 RIVER SPIRIT EXPO AT EXPO SQUARE FRI. 10A-6P • SAT. 9A-5P • SUN. 11A-5P

FERGUSON SUPERSTORE PRESENTS **TONY DOVOLANI** *Be My Valentine*

GET A NEW LOOK FOR VALENTINES DAY FREE HAIRCUTS ALL WEEKEND! **MICHAEL O'ROURKE** L.A. CELEBRITY STYLIST & CREATOR OF ROCK YOUR HAIR *Rock Your Hair*

Logos for REASONS, SMC, METRO, WYNDHAM, MATTRESS FIRM, WIN A FREE TICKET, and others.



EARLY TULSA: Muscogee (Creek) Nation Principal Chief George Tiger stands next to a map reflecting the early land ownership of the city of Tulsa. Tiger presented the framed map to Tulsa Mayor Dewey Bartlett on Jan. 23. "Creek citizens were each allotted 160 acres of land," Tiger says. "These allotments covered the entire area stretching from Admiral Boulevard to 121st Street South and from Mingo Road to 65th W. Avenue."

A Premier Christian-Based Weekday Preschool

- Two or Three Day Option (T/TH/F)
- Ages 12 months – 5 years
- PreK and Kindergarten Readiness
- Secure Classrooms and Video Monitoring
- Movement, Music, Bible Classes
- Social, Emotional, Spiritual Development

SOUTH TULSA BAPTIST CHURCH

elp EARLY LEARNING PROGRAM

ENROLL NOW • FOR INDIVIDUAL TOUR CALL 918.299.0900
DISCOUNTED REGISTRATION WITH THIS AD

Early Learning Program | South Tulsa Baptist Church | 10310 S Sheridan Road, Tulsa
918.299.0900 | southtulsa.org

Complete your program in as little as 6 1/2 months

Get a new start today with TWS!

Choose from:
Professional Welder (7 Months)
Pipefitting (6 1/2 Months)

TULSA WELDING SCHOOL
2545 East 11th Street
Tulsa, OK 74104
800.840.3101 **WeldingSchool.com**

Accredited School, ACCSC, Licensed by OBPPS, ASBPCE, and the Mississippi Commission on Proprietary School and College Regulation, Lafayette, La. This institution is regulated by: State Workforce Innovation Council, Office for Career and Technical Schools, 10 N. Senate Ave., Room SE 304, Indianapolis, IN 46204; OCTS (oetd.us.gov); 317-234-8338 or 317-232-1732. Approved by WVC (The WVC program is not approved for the following states: CO, GA, IL, IA, MN, and TX). For more information about our graduation rates, the median cost of students who complete our programs, and other important information, please visit our website at: <http://www.tulsaweldingschool.com> (student resources/regulatory information). *According to 2012 IPEDS data TWS has the largest total combined enrollment of students for all post-secondary schools in the U.S. with the designated largest program of CIP Code Welding Technology/Welder.

New Sidewalk Plan Unveiled for Riverside Drive

Our community is excited and eagerly awaiting the construction of The Gathering Place on Riverside Drive. We are fortunate to have private sector partners, such as Tulsa Community Foundation and the George Kaiser Family Foundation, demonstrate their generosity in many ways, from charitable giving to developing public projects that breathe new life into our city and improve our quality of life.

As a result of The Gathering Place, city of Tulsa staff has worked with the project team to plan for infrastructure to support the park. This includes reconstruction of Riverside Drive from 21st Street to 41st Street.



COMMENTARY BY MAYOR DEWEY F. BARTLETT, JR

Riverside Drive flanks the Arkansas River and is accentuated by trails used continuously by bicyclists, walkers, runners, strollers, transit users and skaters. The Tulsa Community Foundation, the same benefactor responsible for The Gathering Place, also financially supported the Tulsa River Parks Authority to provide lighting and expand the width of these paved trails. The private investment in Tulsa's crown jewels - Tulsa River Parks and the Arkansas River, is unprecedented and celebrated.

Recently, discussions took place regarding a sidewalk on Riverside Drive leading to the Gathering Place from the north. The public

safety issues with the engineering plans were numerous, specifically for pedestrians, due to the speed at which motorists generally travel in the area today and the lack of adequate separation from the roadway. I made the decision to hold off on the sidewalk until we knew more about the traffic volume and patterns this new park would create for Riverside Drive. The park has numerous access points from existing trails on the west and east side of the roadway.

As citizens became more aware of the reconstruction project, they voiced their desire to include a sidewalk between 21st Street and the entrance to The Gathering Place, which will be approximately at 27th Street. I hosted a meeting to begin a dialogue within our community and listened to their ideas and concerns. Councilor Blake Ewing held a second meeting to moderate a public discussion.

We listened, and I asked our city engineers, planners and traffic engineers to create a new plan for a sidewalk that would satisfy my safety concerns. The plan provides for immediate traffic calming and infrastructure options that will be



EMPHASIZING SAFETY: This rendering, for demonstration purposes, gives an idea of the sidewalk along Riverside Drive, which will emphasize safety.

put in place when the sidewalk is built during the road reconstruction this year. In addition, engineers identified future traffic calming measures that can be implemented if needed. Plan revisions are within the current budget.

In summary, the plan employs a combination of methods to calm traffic in a scalable manner, including:

- A tree lawn to give at least seven feet of distance between motorists and pedestrians

- Driving lanes narrowed to 11 feet
- Traffic signal/crosswalk at the main entrance of the Gathering Place near the 2700 block of Riverside Drive
- Enhanced pedestrian crosswalks with clearly distinguishable striping and colored concrete pavement at intersections from 21st - 41st Streets
- Eight-inch curbs to minimize the risk of vehicles jumping the curb in the direction of the sidewalk
- Extensive street striping and various types of signage to give motorists notice they are entering a park area
- As originally proposed, the posted speed limit will be 35 mph
- Installation of conduit during the construction phase to provide for future traffic signals, if needed

Please visit the city's website to view the city's video on the new sidewalk plan: www.cityoftulsa.org/mayor.

Tulsa Tops in Destination, City Pride, Jobs

The new year has barely begun, and Tulsa's already making headlines with its share of honors and accolades. The New York Times named Tulsa a top 50 travel destination worldwide in 2015, citing downtown's revival and upcoming attractions like A Gathering Place for Tulsa and the proposed OKPOP Museum.

Freda Moon of the The New York Times writes, "When the rest of the country was still recov-

ering from the Great Recession, Tulsa was flush with oil money. Its historic Art Deco city center received a much needed investment boom, fueling two major museums opening in the Brady Arts District in 2013 and another - the OKPop Museum, dedicated to Oklahoma's place in pop culture - still to come. Along the Arkansas River, one of the largest public parks projects in the country broke ground in late 2014. Designed by

the architects behind Brooklyn Bridge Park, the \$350 million green space will be completed in phases over the next two years. Nearby, the new Route 66 Experience, an interpretive center devoted to the Mother Road, is set to open as early as late 2015."

Meanwhile, WalletHub poured on the love with its new list of the top 25 cities to find a job in 2015, putting Tulsa front and center for jobs and affordability. Cain's

Ballroom was also in the news, ranking in the top 25 of club venues for attendance worldwide.

As if that wasn't enough, Movoto.com ranked Tulsa the best city in the country for civic pride.

The Movoto Real Estate Blog did some research on the 100 biggest cities and came up with a list of the most prideful - the places that like themselves most. Here are the top 10 towns in order, one through 10: 1) Tulsa; 2) Pittsburgh, Pa.; 3) San

Antonio, Tex.; 4) Buffalo, N.Y.; 5) Anchorage, Alaska; 6) El Paso, Tex.; and tied at seventh Cleveland, Ohio; Fort Wayne, Ind.; Laredo, Tex., and Lubbock, Tex.

Tulsa has enjoyed long-time accolades as a great city. For example, in 1957, an article in Reader's Digest magazine cited Tulsa as "America's Most Beautiful City." Tulsa has also been known as the "Oil Capital of the World" and "The Magic Empire."

Osage CASINO

RAINDROPS OF RICHES

Win Your Share of \$113,000 IN CASH & PRIZES!

Saturday, March 7
Earn entries beginning February 22

\$250 Free Play Drawings
6 pm - 9 pm

\$10,000 Cash Drawings
10 pm

Osage CASINO

PLAY AT ALL 7 LOCATIONS!
Tulsa, Bartlesville, Sand Springs, Ponca City, Skiatook, Hominy & Pawhuska
(877) 246-8777 • osagecasinos.com

Cash and Prize amounts are across all locations.
©2015 Osage Casino. Must be 18 to participate. See Players Club for details. Management reserves all rights. If you think you have a gambling problem, please call 1-800-522-4700.

VARIETY

Garth's Tulsa Homecoming Worth the Wait

If I wasn't a Garth Brooks fan before he basically took over our city for two weeks in January, I am now. After seeing him close up dealing with the media and then in his true element: performing, I, now, will unabashedly and proudly proclaim that I am a forever fan. But that's not only due to his songwriting, his voice or his performance abilities but also to the quality of character that he appears to maintain.

I was fortunate to attend the press conference he held before the start of his first of seven shows at the BOK Center, on Jan. 9. Having never attended a performance of his before, much less stood in a conversational setting with him, I didn't quite know what to expect. I knew the rumors: that Garth is a down home country guy who's never lost touch with his roots, is on a first name basis with many people in his current residence of Owasso, and still holds onto a level of approachability and kindness that is not often found in internationally beloved superstars today. But I wasn't sold that these rumors were actually true.

One thing I deduced quickly at the press conference is that Garth is unflinching when it comes to his

music ideals, and he holds strong opinions on certain topics: artistry and the Internet, what musicians deserve to receive for their music, and the amount of exposure to his music that he will allow. Garth clearly feels that he should be able to decide what works of his can be passed along for public consumption, a stance that many musicians today have not taken, possibly due to their youth or their belief of the inevitability of social media and music sharing. However, Garth maintains his long-held beliefs on the value of his talent, yet, doing so in his

mild, easygoing way that makes it difficult for others not to accept with surprising ease.

Garth's entrance into the press conference came about 10 minutes late, with no large entourages in tow and no verbose introductions, just a nonchalant turning of the corner, walking hand-in-hand with Trisha Yearwood, and an apology for their lateness, attributing it to their inability to find a parking spot.

He then opened the media question-and-answer session with a nod of the head and a "Well, whatever you guys want to ask me."

Although Trisha is a star in her own right, no one can deny that the one

who is selling out arenas night after night after night is Garth. Yet, Garth often looked to her to help him respond to questions in what appeared to be a showing of a strong couple who supports and admires one another.

He and Trisha remained on that stage for more than an hour, answering questions from media members, some whose questions remained professional and others whose questions betrayed their long-time adoration. Nonetheless, Garth answered every question until all topics had been exhausted.

More than once, Garth's sincerity shined through, as he became visibly choked up when discussing his fans, his songs, returning to Tulsa and those who have supported him through the years.

That evening, as I entered the BOK Center, I couldn't help but wonder how I would feel after the concert. Like so many people, I remember vividly my tape player and cassettes of Garth Brooks songs: Thunder Rolls, Rodeo, Shameless, Friends in Low Places. I listened to those tapes a lot, singing along in my bedroom as a young girl preparing to enter my teenage years.

And, to my surprise, when Garth appeared and those first notes began, a 12-year-old girl singing in her bedroom is who I became.

It's no secret that music holds a powerful ability to affect emotions. I did not foresee all of the memories that would flood back to me that night, and from the impenetrable roar of the crowd, I know I wasn't the only affected one. That went for Garth as well, who, from my observation was unquestionably moved.

As he ran across the stage, his emo-

Out & About in Greater Tulsa



By EMILY RAMSEY
Managing Editor



ANTICIPATED RETURN: Garth Brooks and Trisha Yearwood walk into the press conference held on Jan. 9 before the start of Brooks' seven-concert run in Tulsa.



OKLAHOMA WELCOME: Garth Brooks performs on Jan. 9 at the BOK Center to a sold-out crowd. Brooks returned to Tulsa in January after a 17-year absence.

tions moved from wonder to disbelief to joy to gratitude to appreciation and humility to excitement.

It's beyond question that Garth lives for performing and for his fans. One can only hope that these seven

shows were as special to him as they were for all of the Okies who attended.

"We've got the best people," he repeated throughout the show. "I'm so glad to be from this state."

Receive a FREE take-home sample to try before you buy

200 SHADES. 15 FORMULAS. 5 FINISHES. 1 PERFECT YOU!

When it comes to choosing the right foundation, we've got you totally covered. Come in for a perfect color match. Always a free service at Merle Norman, the foundation experts.

MERLENORMAN.COM

Millinda's
MERLE NORMAN
COSMETIC STUDIOS

4308 S. Peoria, Brookside • 918-712-SKIN (7546) • Tues. - Fri. 10-5 • Sat. 10-3

FORMAL RENTALS
Soon to Open
Prom • Wedding • Tuxedos
Jewelry • Shoes • Earrings
Specialty Items • Veils • Tiaras

ALL for Purchase or Rent.
We do Alterations!

Visit us at
www.FormalRentals.com
or Call 918-740-8346

7116 S. Mingo Rd., Ste 104
Impossible to Beat • Door Prizes!!!

Enrolling for Spring & Summer Classes, Continuing Education Certificate Programs Also!

Flexible and Affordable Programs Including

- Criminal Justice
- Health Care Administration
- Human & Family Sciences
- Organizational Leadership
- Certificates in Emergency Management Planning & Financial Planning
- Continuing Education
- Professional Development
- Language and Cultural Center
- English as a Second Language

NORTHEASTERN STATE UNIVERSITY

Contact: Michelle Higareda
higareda@nsuok.edu
College of Extended Learning
918-449-6470
www.FinishatNSU.com

Romance, Dance, Music and Theatre at the PAC in February

Downtown Tulsa was alive with an observable energy during those January nights when Garth Brooks was at the BOK Center, and "Once," "August Osage County" and "The Giver" were playing at the PAC. The economic impact from entertainment is substantial and is no doubt a factor in Tulsa being named to the New York Times "52 Places to Go in 2015" list. Yes, Tulsa took the number 47 spot, right between Shanghai and Rome!

Show Buzz



By NANCY HERMANN

Newcomer Jennifer Grace and Principal Dancer Youhee Son take turns (many of them!) with the role of Aurora, Feb. 20-22.

Following on the heels of Theatre Tulsa's wildly popular last musical, "Les Misérables," "Chicago: The Musical" runs Feb. 13-22, starring Blythe Nelson as Roxie Hart and Sara Wilemon Velma Kelly. Scott Gaffen worked as a PAC house manager for several years, making it difficult for him to do theatre. It will be fun to see him in the role of Billy Flynn. Chicago has many good tunes. I also love the amoeba-like ensemble dancing numbers, invented by the guy who gave us "jazz hands," Bob Fosse. He created this sultry show, which comments on corruption and the idea of celebrity.

Theatre North returns to the PAC with the play "Talking Bones," Feb. 21-28. Written by Shay Youngblood, this piece is about a woman on her deathbed who hears voices and interprets them in a way that eventually heals family and brings unity and hope to three generations.

If you caught the performance of the hallowed Kronos Quartet when the group performed at the PAC, you will remember cellist Jeffrey Zeigler. He has mounted a solo career that is drawing international praise. Choregus Productions presents "Zeigler" Feb. 20 in a performance that incorporates projected images. Choregus also brings back dance in February with the Nai-Ni Chen Dance Company. Choreographer Chen is an artist who is hard to categorize because she pulls ideas for her choreography from many places and combines those with an



TULSA TOWN HALL: Author and historian James Bradley, whose father was one of the flag-raisers on Iwo Jima, presents his talk, "Doing the Impossible," at Tulsa Town Hall, Feb. 27.

Asian art aesthetic. Poetry, martial arts and contemporary dance mesh in interesting and dramatic presentations over two evenings, Feb. 24-25.

Author of four books, and counting, James Bradley speaks next for Tulsa Town Hall, Feb. 27. I gladly read three of his books getting ready to interview him for the PAC's magazine, and I learned so much about not only World War II but about everything that led up to it. Bradley is most famous, to date, for his first novel *Flags of Our Fathers*, which became a Clint Eastwood-directed film. Bradley's father was a corpsman on Iwo Jima and is one of the men pictured in the iconic flag-raising photo. James will talk about what propelled him to tell his father's and the other flag-raisers' stories and also how to surmount obstacles. His talk is titled "Doing the Impossible."

During the week if you have time, or while you are attending shows in Chapman Music Hall, stop by the PAC's Gallery throughout February. The Tulsa Historical Society is displaying an exhibit that complements the James Bradley talk. "On the Home Front Tulsa During WW II" shows what was taking place in Tulsa during the Second World War through a series of 1940s photographs.

Have a warm and loving February. I'll see you at the PAC!

Nancy Hermann is Director of Marketing at the Tulsa Performing Arts Center.



JULIET: Oklahoma soprano Sarah Coburn sings the role of Juliet in Tulsa Opera's staging of Gounod's sumptuous "Romeo and Juliet," Feb. 13 and 15.



CHICAGO: Blythe Nelson and Sara Wilemon fill out the roles of Roxie Hart and Velma Kelly in Theatre Tulsa's "Chicago: The Musical," Feb. 13-22.



DANCE FUSION: The Nai-Ni Chen Dance Company, Feb. 24-25, presented by Choregus Productions, fuses the dynamic freedom of American modern dance with the grace and splendor of Asian art.

Read More GTR at
www.gtrnews.com

Green Country Shredding & Recycling
Private Document Destruction

We come to You or You can come to us!
www.GCshredding.com
918-749-5885
5666 S. 122nd East Ave. Suite A-4

Locally Owned

GARDNER'S TAX SERVICE, INC.

- Same Day Tax Service
- 24-Hour Drop-off Service

Gardner's Tax Prices about 1/2 of National Tax Preparation Firms!

All Returns Done While You Wait!
NO APPOINTMENT NEEDED
FREE 2nd option on any return.

All clients receive \$20 coupon for Gardner's Used Books & Music, Inc. at 4419 S. Mingo

We Don't Raise Our Prices Every Year!

M-Th 8-8 • Fri. & Sat. 8-6 • Sun. 12-4
5618 S. Mingo • 918-250-7381 • Fax: 918-250-8828 • www.gardnertaxservice.com

Form 1040 + Okla. \$109.00

Any Out of State Return \$45.00

25% OFF Any Return

Individual • Corporation • Partnership
New clients only • With coupon

TAX PREPARATION
All returns completed on your first trip
Drop-in or by appointment
All work guaranteed • Experienced personnel
Reasonable rates • Open all year
Bookkeeping from only \$79.00 monthly

Electronic Filing Available.

Hebert's/Cajun Ed's: Cajun Food at its Finest

LOCAL DINING

By BLAKE AUSTYN

Although Ed Richard's family boasts a long history in the food industry, Richard did not initially plan to follow in that same path.

Richard, a Louisiana native, worked for an office product company during his college years at the University of Southwestern Louisiana (now the University of Louisiana at Lafayette). He ended up continuing with the company after graduation, and the company moved him to Tulsa.

After a few years, the company was bought out, and Richard was asked to relocate out of state. By that time, he was married and settled in Tulsa so he declined and began thinking about other employment options.

Richard pinpoints exactly when and where he first began pondering the idea of entering the food industry. "It was Thanksgiving of 1997," he says.

Richard was having Thanksgiving dinner with his family in Baton Rouge, La., and a local restaurant named Hebert's Specialty Meats came up in conversation. The restaurant was located also in Houston, Texas.

At that time, shipping meat over state lines was heavily regulated.

"I knew that the restaurant industry is tough, but I thought that if I could ship (meats and food items) across the country, I could make a living doing that," he says.

Richard contacted Hebert's in Houston and ended up becoming an Hebert's franchise owner.

That following year, in August 1998, Hebert's opened at 81st Street and Lewis Avenue. The space allowed room for only a small retail area and a meat counter, because

Richard's main focus was on making and shipping products.

He began locating stores and restaurants throughout the country that wanted his products, such as his crawfish tamales, alligator tamales, boneless chicken wings and stuffed chickens.

The majority of the foods that Richard makes have a connection to his family.

"We have a big cookbook filled with family recipes," he says, many recipes that have been passed down for generations.

His grandfather owned a successful catering service and four restaurants. His grandmother was well-versed on fine cooking and French dishes.

A lot of those Cajun recipes are what Richard uses now in his restaurant, Cajun Ed's, located at 2101 E. 71st St.

After eight years in his original location, Richard moved his business to its current location, in an identifiable red free-standing building, which provided more room for food preparation and for restaurant guests in the dining room.

However, Richard is once again in need of more space for food storage as the shipping portion of his business continues to increase.

Richard also maintains a solid dine-in business made up of many Louisiana natives looking for a reminder of their Cajun roots and many individuals who hold no relation to the cuisine but simply enjoy the flavors.

Others keep returning because of the food's quality, notes Richard. "Our items are very fresh, and we make everything from scratch." That includes all of the restaurant's sauces, such as its mayonnaise and cocktail and remoulade sauces, and its homemade, red beans and rice, gumbo, bread pudding, and award-winning pies.

My group visited Cajun Ed's on a



TRUE TO HIS ROOTS: Ed Richard, owner of Hebert's Specialty Meats and Cajun Ed's, stands in his restaurant at 2101 E. 71st St. Richard also ships many of his meats and food items across the country and sells items from Louisiana companies in his store.

Thursday around 4:30 p.m., and by the time we left at 5:30, the dining room was filling up.

After being seated, guests are served with crackers and red bean butter. White bread is later served with the meal because there's always bread with your meal in Louisiana, says Richard.

I started with a glass of red wine. While the drink offerings are not extensive, there is a modest list of red and white wines and a slightly longer list of beer options.

For an appetizer, we chose the crawfish tamales, a popular menu item, says Richard. The tamales, topped with crawfish, are spicy, as tamales typically are, but tasty. And the pico de gallo, which sits on top, gives the dish a fresh flavor and helps to cool the palate.

For our entrees, we chose a specialty dish: Mahi Mahi and a regular menu item: Cajun Mex. The Mahi Mahi was tender, with a pleasant non-fishy taste, and topped with crawfish and a light but flavorful sauce.

The Cajun Mex is a dish of two tortillas filled with fried crawfish, pico de gallo and cabbage, a nice choice for those who prefer to go light on spice.

"Many times, I'll get first-time customers who think that if it's Cajun it's going to be really spicy," says Richard. "But not all Cajun food is spicy; it's about proper seasoning."

He suggests etouffee and gumbo as two options that are seasoned well but not overly spicy.

With our check, we received

pieces of toffee, made in-house, in place of the traditional dinner mint, a memorable and sweet substitution and one of the many items that is available for purchase in the store's retail area. Other items for sale include desserts, meats including one of the most popular items: boneless stuffed chickens, and many canned and boxed items that come from Louisiana companies.

For Richard, Cajun Ed's and Hebert's affords him the opportunity to remain close to his heritage.

"It's fun to make things that taste good and then share them with others," he says.

Yet, that goes for more than just the food, but the way of life.

"There is so much culture in Louisiana. You go there and think, Am I still in America?"



TULSA BOAT SPORT & TRAVEL SHOW



FEBRUARY 2-8 • RIVER SPIRIT EXPO AT EXPO SQUARE

SHOW HOURS: Monday 5pm-9pm; Tues-Thurs 12pm-9pm; Friday 12-10pm; Saturday 10am-10pm; Sunday 11am-5pm

**GIVEAWAY A DAY
PREVIEW NIGHT
LOWE PONTON
GIVEAWAY**

Courtesy of



REASONS TO ATTEND

- New Model Year Introductions
- Be the First to See **New Products**
- **FREE Beer** (while supplies last)
- **FREE Food** (while supplies last)
- Chance to **WIN a Pontoon Boat w/ Motor & Trailer**, given away at 8pm
- **\$5 OFF Coupon** for return visit another day



Register to WIN at the BAYER MARINE display on the lower level.

**GIVEAWAY A DAY
TUESDAY
ATV
GIVEAWAY**

Courtesy of



Register to WIN a Brand New Honda FourTrax Recon 250 at the HONDA OF TULSA display.



**GIVEAWAY A DAY
WEDNESDAY
BOAT
GIVEAWAY**

Courtesy of



Register to WIN a Brand New Walker Bay 310 Genesis DLX CSM at the REDBUD MARINA display on the lower level.



Does not include motor

**GIVEAWAY A DAY
THURSDAY
\$5,000 RV/CASH
GIVEAWAY**

Courtesy of



Register to WIN \$5,000 RV Cash towards the purchase of an RV from Dean's RV Superstore. Register at the Dean's RV Superstore display.



**GIVEAWAY A DAY
FRIDAY
FLOATING BAR & APPAREL
GIVEAWAY**

Courtesy of



Register to WIN a Floating Bar & Apparel in the accessories booth display area.



Drawings will be held at 8pm. Must be present to win. No purchase necessary.

TulsaBoatShow.com



CALL 918-254-1515 FOR ADVERTISING INFORMATION



The Grand Infinity Auditoriums

- The biggest screens in Oklahoma
- Curved screens deeper than IMAX
- Dolby Atmos[®] Multi-Dimensional Sound
- THX 7.1[®]



“It Has To Be Seen”

Just off the Creek Turnpike
between Aspen and Elm in Broken Arrow

WarrenTheatres.com

Movie Line (918) 893-9798



MONUMENTAL MOMENTS IN TULSA HISTORY

Spavinaw Waterline Part I

Tulsa 1920s: Water, Water, Everywhere, Though Not Good Enough To Drink

By CHARLES CANTRELL
Associate Editor

Editor's Note: This is the first article in a multi-part series focusing on monumental moments and events in the history of Tulsa, and the many unique individuals making up the city's illustrious legacy. The editors of GTR Newspapers wish to thank Tulsa Historical Society & Museum for research assistance, help in factual verification, and the use of many of the marvelous photos accompanying these articles.

On Nov. 7, 1924, a mighty cheer rang out from the crowd of Tulsa businessmen, civic leaders and press gathered to watch as sparkling water began trickling and then gushing out of a concrete pipe outlet located at the nearly completed Mohawk Reservoir construction site just north of a rapidly growing town on its way to becoming a metropolitan city known worldwide as "The Oil Capital of the World."

It took all of four days for the first trickle of cool, clear water to find its way from the Reservoir, located 55 miles north in the limestone hills of northeastern Oklahoma. The water arrived courtesy of gravity, a 54-inch and sometimes 60-inch reinforced concrete pipeline carefully laid across several creeks, under two rivers, through a two-mile tunnel, and several miles of low wetlands. The total drop from inlet to outlet was 75 feet, a grade averaging 1.36 feet per mile. It was an engineering marvel that essentially saved a city drowning in oil from dying of thirst.

Just like the trickle of water on that fateful day in November, so too did oil begin as a trickle in 1901 with the Red Fork strike southwest of Tulsa. This was followed four years later by an event that forever changed Tulsa and its relationship to the world. On a nine-mile strip of tall grass prairie on the Creek Indian Reservation in Oklahoma Territory, just an hour buggy ride south from town and less than 1,500 feet below ground, the bit of a cable tool drilling rig, operated by Robert Galbreath and Frank Chelsey, pierced a strata of

sandstone later named Bartlesville Sand. The result was an oil gusher. It was the Glen Pool strike, soon be known as the richest oil reserve the world had ever seen. Oil flowed forth for the next five decades from the Glen Pool and other nearby strikes fueling much of the country and two world wars. The cumulative effect of these discoveries attracted a gusher of humanity to Tulsa.

As the 1920s began, Tulsa was poised for a golden decade of growth never again to be equaled due to an unparalleled output of energy, both literally and figuratively. The decade of boom was also helped by a flourishing industrialization around the world fueled mostly by petroleum.

In downtown Tulsa, ground was being broken for what was to become many of the city's marvelous collection of iconic art deco skyscrapers. Oil barons built testaments to their wealth as magnificent mansions began gracing the neighborhoods of midtown. Wealth, innovation and entrepreneurship became the order of the day.

The decade brought experienced, young oilmen often from Pennsylvania where the petroleum industry was already well underway. It also brought greedy speculators, rowdy roughnecks, fearless wild-catters, savvy shysters, boring bankers, smart lawyers, carriage class merchants, essential doctors and sleazy conmen. Haves and have-nots, resourceful entrepreneurs, and unscrupulous crooks rubbed shoulders on the city's bustling downtown streets. Wheeling and dealing nuevo rich tycoons held court in the swank lobby of the Tulsa Hotel. Many came to simply make a life for themselves. Most everyone came to snatch up any one of the countless opportunities the fast growing oil industry provided.

The influx of humanity fostered great opportunities, but also great challenges, forcing city leaders to be visionaries and problem solvers on the fly. Records show some were well suited to the tasks at hand, and others not so much. This was true when it came to providing water for the exploding population.



THE SPAVINAW CLUB: Pictured here are gentlemen hunters of the Spavinaw Club poised on the K. O. & G Railroad bridge over Spavinaw Creek in the winter of 1908. This group of prominent Tulsans is credited with bringing to the attention of city leaders the superb quality of the crystal-clear waters of the Spavinaw. Sixteen years later much of the water flowing below them will be channeled miles to the south to the rapidly growing city of Tulsa, becoming its primary source of water for decades to follow.

Natural springs in and around Tulsa provided much of the town's water needs in the early years. But well water was a hit and miss proposition both in longevity and quality. A few nearby streams provided consumable water, and bottled water became a growth industry leading up to the 1920s. Records show Tulsans were consuming 50,000 5-gallon bottles of water a week in 1919, much of it coming from Sands Springs Bottling Company owned by Charles Page, founder of the town of Sands Springs and owner of one of Tulsa's daily newspapers, the Tulsa Democrat, later named the Tulsa Tribune. Page's water source was Shell Creek located on property he owned. But as the sleepy prairie town of Tulsa continued to blossom into a major urban center it became apparent to even the most cock-eyed optimist a new source of water was needed to satisfy the ballooning population.

Even tapping into the most obvious water source, the mighty Arkansas River with its ever

changing, meandering channels and intermittent sandbars, proved futile. As early as 1904 a pump station was built to pull water out of the Arkansas and push it up to store in a standpipe atop a hill north of downtown. For nearly two decades Tulsans tried in vain to convert the briny, gypsum and silt laden flow of the river into water more suitable for domestic use. Water treatment technology at the time was hardly up to the challenge.

In 1918, in the coldest of winters, a young Massachusetts Institute of Technology graduate with a recently acquired degree in civil and sanitary engineering moved from Ohio to Tulsa bringing his young family. His name was William Rea Holway, also known as W.R., or just Bill, as he preferred. He had accepted the position of water works engineer, a position paying a whopping \$18 a month. In a few short years, W.R. would be instrumental in changing Tulsa forever.

It's safe to assume some of the city leaders recruited Holway in the hopes a young man with such

academic credentials might help solve the city's water war. A fierce editorial battle had been underway for some time. On one side of the debate was Page's Tulsa Democrat, favoring the use of Shell Creek as the city's interim water source. On the other side, Eugene Lorton, owner of the Tulsa World, the morning paper, was writing daily editorials numbering well over 800 in favor of tapping Spavinaw River as the source. Page argued for postponing the Spavinaw source for consideration in the future due to the projected costs of such a venture. Apparently both men wielded enough power to create a stalemate over the issue with city commissioners.

However, Lorton's position was supported by a report commissioned in 1918 to study and determine the best options for a viable water supply for the city. The study, done by Henry Pressey, concluded Spavinaw was the only option with enough watershed to supply the amount of water necessary. Granted it

(Continued on page 11)

MILITARY HISTORY MUSEUM

112 North Main Broken Arrow, OK 74012

Admission

Adult \$5.00
Members and Children under 18 - Free

Hours of Operation

Tues. - Fri. 10:00 - 4:00 - Sat. 10:00 - 2:00
Closed Sunday and Monday and the major Federal Holidays

Phone: (918) 794-2712

<http://www.okmhm.org>



**MILITARY
HISTORY
MUSEUM**

"Promoting Patriotism through the Preservation of Military History"

CALL 918-254-1515 FOR ADVERTISING INFORMATION

W.R. Holway Conceived, Engineered, Oversaw Construction of the Spavinaw Waterline Project

(Continued from page 10)
was more than fifty miles to the northeast, but it was a perennial stream fed by a 400-square-mile watershed of Ozark Mountain foothills.

In addition to his position as water works engineer, Holway was contracted by the city commission as a consultant on matters pertaining to water resourcing. In that capacity he had pointed out to city commissioners the folly in trying to purify the Arkansas River due in large part to the fact that the salt content by volume of the brown silted liquid exceeded that of ocean water, and filtration was never going to remove the abundance of dissolved minerals. It must have taken lots of moxie for this young

man, in his early twenties, to go before influential city leaders, all older, more experienced and wealthy, and not only convince them they were on the wrong track regarding purifying water from the river but selling them on an idea that must have seemed to some as a far-fetched solution bordering on plain old crazy.

Nonetheless, Holway went before the city commissioners and presented his plan to bring Spavinaw water to Tulsa for a mere \$7.5 million. Keep in mind the population at that time was a little more than 70,000; this meant he was asking the commissioners to embark on a project unprecedented in scope for a city of Tulsa's size. And it was probably not lost on any of them that

the plan banked on the continued growth of the city to pay off the hefty bonds needed to finance the project. It was, as D. K. Holway, son of W. R. Holway, put it, "betting on the come," only with taxpayer's money.

"Fortunately for the Oil Capital Of The World, W.R. Holway had all the moxie required and, as history shows, plenty to spare going forward. City leaders, out of desperation and with ample moxie of their own, put their trust in W.R. Holway and agreed to the idea. It was a milestone moment that changed the course of Tulsa.

Next Month: The building of the Spavinaw waterline. Special thanks to the Holway family for the use of photos accompanying this article.



Courtesy Tulsa Historical Society & Museum

EUREKA! WATER APLENTY: Pictured at the outlet of the Spavinaw water line is W.R. Holway admiring his handy work, a project he conceived, engineered and oversaw construction of, bringing cool, clear water to thirsty Tulsans.

Food for Thought: Reducing Food Waste Saves A Lot of Green

Waste less food. Makes for a great statement, but those three little words create a daunting task. According to SustainableTable.org, Americans throw away roughly 40 percent of our food supply every year.

According to Use-Less-Stuff.com, the Bureau of Labor Statistics reports that the average American household spends \$7,000 each year on food. The Department of Agriculture estimates that at least 25 percent of this food is wasted, but according to the University of Arizona Garbage Project, it's closer to 50 percent. If we split the difference, that is still a waste of 37.5 percent, which comes to a loss of \$2,625 per year.

Top Foods Wasted:

- 1. Potatoes (359,000 tons)
- 2. Bread slices (328,000 tons)
- 3. Apples (190,000 tons)
- 4. Meat or fish mixed meals (161,000 tons)
- 5. World breads (i.e. tortillas) (102,000 tons)

- 6. Vegetable mixed meals (96,000 tons)
- 7. Pasta mixed meals (87,000 tons)
- 8. Bread rolls/baguettes (86,000 tons)

Trash Talk



By **BETH TURNER**
Tulsa Master Recyclers Association

- 9. Rice mixed meals (85,000 tons)
- 10. Mixed meals (85,000 tons)
- 11. Bananas (84,000 tons)
- 12. Bread loaves (75,000 tons)
- 13. Yogurts/yogurt drinks (67,000 tons)
- 14. Sandwiches (63,000 tons)
- 15. Cakes (62,000 tons)
- 16. Lettuces (61,000 tons)
- 17. Tomatoes (61,000 tons)
- 18. Cabbages (56,000 tons)
- 19. Cooked rice (55,000 tons)
- 20. Mixed vegetables (53,000 tons)

Top Savings Tips:

1. Start with what you have: Look in your pantry and fridge, and create a dinner menu or two using these products. However, if yours looks like mine, it's a hodgepodge that doesn't sound appetizing together. So, if your stumped with how to use one avocado, an egg and the ends of your loaf of bread, download the APP or log on to www.myfridgefood.com. Then click on the ingredients you have on-hand and voila! This handy tool gives you pages of recipe ideas to help you clean out that fridge for

something tasty you'll want to eat with the ingredients you already have.

2. Know thyself. It's fun to try new foods, and wistful to think of eating only healthy fruits and vegetables. But give yourself some wiggle room to not be overzealous or purchase in bulk when trying something new. I recently purchased leeks after seeing an inspiring Pinterest post, then let them spoil in the fridge...and those leeks were expensive!
3. So, you decided on a meal plan and made a grocery list. Now it's time to stick to the plan. Do not be swayed by a sale and resist the impulse purchase...unless it's chocolate. All bets are off when we're talking chocolate. No one wastes chocolate.
4. When shopping, learn more about labeling: the differences between, "expiration date," "use-by," "sell-by," and "manager's special." If something is marked with the words, "Expiration Date," heed the warning! For dry goods, the use- or sell-by date only indicates its peak of freshness and does not indicate spoilage. However, a manager's special is usually special because it's about to go bad if not consumed in the next day or two. If you don't want to eat something past a use- or sell-by date, donate it to your local food pantry.
5. Now it's time to cook and, even better, eat. Serve smaller portions. In general, what stays on the plate becomes garbage. What stays in the serving dish becomes lunch. If someone is still hungry after eating what's on their plate, they can simply refill it.



Courtesy biocycle.net

LANDFILL OVERLOAD: Research from the USDA finds that Americans waste an average of \$544 worth of food per person per year

6. After dinner, split leftovers straight into lunch containers. This way, you've just packed lunch. No drive-through for you tomorrow.
7. When eating out at restaurants that you know to serve large portions, share an entree. I've also been known to take my lunch container in my oversized bag and cart out my own leftovers. That way, I don't also bring home more trash, and it's ready to go with me to work the next day in an already sealed container I can trust.
8. Track your habits: Maybe you're not sure you waste that much food. Maybe you like to know exactly how much is wasted in your household. Maybe you just love charts. Well, the Environmental Protection Agency must've had you in mind when they created Food Waste Assessment Tools. The EPA pro-

vides several food audit formats online at www.epa.gov that allow you to track and manage waste prevention in the home, and in food services and restaurants.

9. If something is about to go "bad" or has started looking unappetizing to you, get creative. A brown banana makes the best smoothies, and older apples make incredible applesauce.

With better food storage, more accurate food portion preparations and the willingness to eat left-overs, you can begin seeing a marked difference in the amount of food you toss in the trash. That makes it worth all that time, money and natural resources that went into the food you bought with your hard-earned dollars. Let's keep the conversation going! Share your favorite food saver ideas on Twitter @TrashTalkTulsa or email me at bturmer@gtnews.com.

GARDNER'S USED BOOKS & MUSIC, INC.

The Largest Used Bookstore in Oklahoma

Find Today's Best Sellers & Yesterday's Favorites at 1/2 off or Better!

Why buy new books when you can trade your old books in for our books?

We have the largest selection of mystery, romance, science fiction, religion, fiction, cooking, children's, classics, history books, etc. in Oklahoma

Señor Fajitas
Voted one of the best new Mexican Restaurants by the Tulsa World

20% OFF
Any Dinner Entree

Book Lover's Paradise since 1991

Come Browse!

25% OFF
Any Purchase with coupon

4419 S. Mingo • 627-READ
www.GardnersUsedBooks.com
Mon.-Sat. 10-8, Sun. 12-6

Every Fri-Sat-Sun
East Annex
30,000 Books, CDs, DVDs @ \$1-\$2
80,000 Comics @ \$1.50 ea
Buy 5 items, 6th item FREE

WE TRADE BOOKS

Memories that last forever...

2,000,000 Old Books and Music, Comics

BE A BUSINESS OWNER TODAY!

If you want to start **your own business** for as little as \$1,000 down contact us now. We have the system to help make you **successful**. If you are looking for the freedom and satisfaction of business ownership, you owe it to yourself to give us a call.

918-621-1400 Entrepreneur Magazine 2013

We are the 10th Fastest Growing Franchise in America for 2013, according to Entrepreneur Magazine

50 Top 50 Franchise
2013 Franchisee Satisfaction Awards
FranchiseBusinessREVIEW™

Anago
CLEANING SYSTEMS

HEALTH & WELLNESS

CTCA Expands to Role of Teaching Hospital, Launches Accredited Oncology Fellowship

Cancer Treatment Centers of America in Tulsa (CTCA) received accreditation for a hands-on instructional, medical oncology fellowship program through the American Osteopathic Association (AOA).

The CTCA medical oncology fellowship will begin in July 2015 under the direction of CTCA Medical Oncologist Dr. Simeon Jaggernauth, who will serve as program director. Additionally, Drs. Theodore Pollock, George River, Sagun Shrestha and Deepu Madduri will provide faculty support for the fellows, while maintaining their adjunct status through Oklahoma State University Medical Center (OSUMC). The program is approved for four fellows, each with a two-year commitment. Applications can be made through the Electronic Residency Application Service or through OSUMC.

"The new accreditation for our own medical oncology fellowship establishes CTCA as an educational partner in the oncology field," says Richard Haldeman, president and CEO of the Tulsa hospital. "Expanding our role as a teaching institution will open up new opportunities for

research. It will also have a positive impact on the state of Oklahoma, as there are currently only two oncology fellowship programs in Oklahoma – one through the University of Oklahoma and one with Oklahoma State University. CTCA is proud to join these prestigious institutions with our own fellowship program to bring more top-notch physician talent to our communities."

For the past several years, CTCA has offered a medical oncology fellowship along with five other fellowship programs through affiliation with OSUMC. These include Gastroenterology, Nephrology, Pulmonology, Plastic Surgery and Pain Management. CTCA also offers several residency rotations along with internships, including:

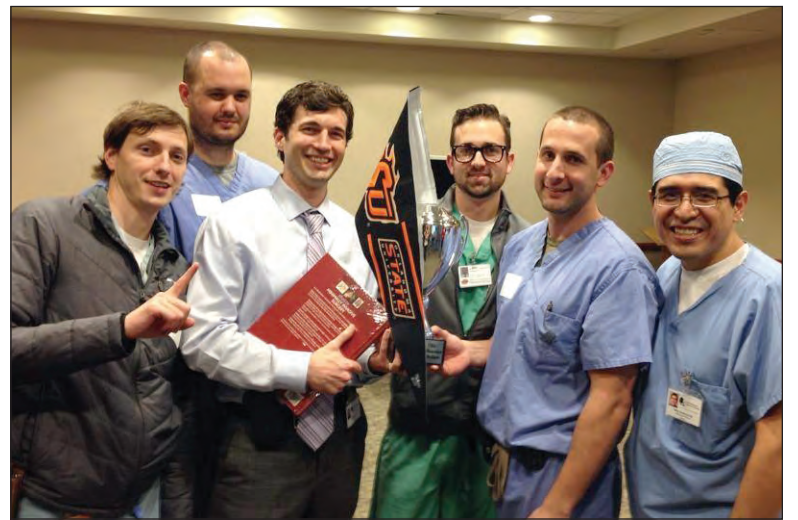
- General Surgery Residency Rotation affiliated with OSUMC;
- General Surgery Residency Rotation affiliated with the University of Oklahoma Health Sciences Center; and
- Medical Student Rotations.

"For cancer patients, this fellowship program means that more physicians will be exposed

to our patient-centered 'Mother Standard of care' model," explains Dr. Simeon Jaggernauth, who will lead the new oncology fellowship. "Our patients are our fighters and we rally around them with while delivering compassionate, integrative cancer care."

The CTCA hospital in Tulsa includes more than 200 physicians and allied health providers and close to 800 staff members. The hospital offers medical oncology, radiation oncology and surgical oncology services along with a 24-hour infusion center for chemotherapy and on-site interventional radiology, imaging, stem cell transplantation, immunotherapy, pulmonology, gastroenterology, respiratory therapy, genetics, pathology, nutrition, naturopathic medicine, rehabilitation and chiropractic services, just to name a few. Weekend clinic appointments are also available.

"We are honored to have the chance to continue to train new physicians in our patient-centered culture," adds Zack Varughese, CTCA senior vice president of oncology services, who worked on the extensive application process with CTCA Drs. Jaggernauth, Pollock,



MEDICAL BEDLAM: OU and OSU medical school surgery residents recently were invited to CTCA to spar over their laparoscopic skills. The "Bedlam Laparoscopic Games" ensued and OSU's team, above, came out with the best score. The winning team received a trophy which they get to keep for one year. This first annual event was the brainchild of CTCA surgeon, Dr. Peter Baik, who wanted to foster professional fellowship for these young physicians to promote mentoring, networking and camaraderie with working surgeons (as well as a little healthy competition among the students).

Panicker and Shrestha; Jeffrey LaBoeuf of the Osteopathic Medical Education Consortium of Oklahoma; and Gary Slick, DO, who is executive director of the American Osteopathic Board

of Internal Medicine. "We continue to value our relationship with OSU, and our new fellowship program will enhance our ongoing partnership with the school's osteopathic programs."

VALUABLE COUPON

Hearing Aid Technology Breakthrough

pure XCEL by **SIEMENS**



Introducing pure XCEL- BestSound technology - Perfectly designed

SAVE \$800

on our most advanced digital hearing systems

FULLY AUTOMATIC-

Adjusts to different listening environments.

"Unprecedented clarity and sound comfort. Wearers may just forget they are using hearing aids."

- Exceptional clarity and sound comfort
- Virtually Invisible - The tiniest, most discreet in the industry
- Durable, moisture & dirt resistant
- No more tinny or artificial sounds

We are providers for most insurance. Financing available.

Bring this Ad with you and receive a **\$100 Gift Card** to Fleming's Steakhouse with purchase

Better Sound is proud to offer a variety of products to meet your hearing health needs. There has never been a better time than now to upgrade your hearing aids and improve your quality of life.

Jenks
807 East A Street
918-995-2222

Broken Arrow
2005 W. Kenosha
918-286-3500

Muskogee
1601 W. Okmulgee Ave
918-683-1234

Tulsa
71st & Yale (7103 S. Yale)
918-894-4000

Owasso
9045 N. 121st E. Ave., Ste. 1100
918-609-6550

BETTER SOUND
HEARING AID SERVICE

Toll Free 1-800-941-0022
www.bettersoundhearingaidservice.com

010400048101

EDUCATION

OSU-COM Names Top Student

Third-year medical student Heather Hensley has been selected as the Oklahoma State University College of Osteopathic Medicine 2014 Student Doctor of the Year. The award honors her outstanding leadership, community service and dedication to the osteopathic profession.



HEATHER HENSLEY

Hensley was vice president of the Student Government Association, chair of the Political Action Committee and an Osteopathic Manipulative Medicine teaching assistant at OSU-COM. She worked with other students to encourage state leaders to maintain the stability of the school's residency program by providing funding for the OSU Medical Center. She also has volunteered to provide health care to those in need during a medical mission trip to Nicaragua.

As an Operation Orange student ambassador, Hensley has promoted the need for physicians in rural Oklahoma to high school students interested in medical careers. She is the OSU-COM representative for the national Council of Osteopathic Student Government Presidents,

coordinator of the college's Translating Osteopathic Understanding into Community Health (TOUCH) program and a student representative on Oklahoma's American Osteopathic Association voting delegation.

"I am humbled to have been selected for this honor because I have the utmost admiration for the other students nominated and strive to exemplify their service-based leadership and compassionate hearts," says Hensley. "I consider this award a responsibility to maintain my passion and advocacy for the osteopathic profession."

The Broken Arrow native recently was named the student representative on the American Osteopathic Association's Council of New Physicians in Practice. She is a member of the Students of Osteopathic Medicine Association and the American Medical Association and was inducted into Omega Beta Iota, the National Osteopathic Political Action Honor Society.

"Heather is dedicated to the osteopathic profession and truly embraces the unique difference a D.O. makes with patients," says Dr. Robin Dyer, professor and chair of Osteopathic Manipulative Medicine at OSU College of Medicine. "Her future patients will benefit from her compassionate personality and desire to help others."

As a member of the campus selection committee, Dyer wrote a letter to the national committee recommending Hensley be selected as National Student Doctor of the Year.

Hensley began her career as a physical therapist, practicing in Midwest City. She became interested in osteopathic medicine after several experiences shadowing physicians in different disciplines.

"D.O.s practice medicine in such a way that coincided with my personal values, focusing on treating the entire patient as a body consisting of interconnected systems," says Hensley. "With my background in physical therapy, osteopathic medicine seemed to fit best."

Hensley will compete for the national title against students from osteopathic medical schools across the country. The winner receives a \$1,000 scholarship and will be recognized at the American Association of Colleges of Osteopathic Medicine conference in April and the American Osteopathic Association House of Delegates business meeting in July.

The award recognizes student doctors who display exceptional leadership and service to their school and community as well as dedication to the osteopathic profession. The Council of Osteopathic Student Government Presidents, part of the AACOM, sponsors the award.

Find All Your School Uniform Needs at C&J Uniforms

4984 South Memorial Dr. Fontana Shopping Center
918-610-7470
 Store Hours
 Mon-Fri 10 - 6 • Sat 10 - 4
www.cjschooluniforms.com

GTR Newspapers
 UNION BOUNDARY • MIDTOWN MONITOR • JENKS DISTRICT GAZETTE
 BROKEN ARROW EXPRESS • OWASSO RAMBLER • BIXBY BREEZE
We Support a Greater Tulsa!
 (918) 254-1515 • www.GTRnews.com

Change your focus.
Change your Life.
 Start your career training today!

Train now. Become a

- Dental Assistant
- Medical Assistant/Phlebotomy
- Medical Laboratory Technician
- Associate of Science Degree in Nursing (LPN-RN)
- Pharmacy Technician
- Practical Nursing (LPN)

-Financial Aid available for those who qualify

Call Now!
877.895.2079
plattcolleges.edu
 Tulsa Campus • 3801 S. Sheridan Rd.

Licensed by: OBPVIS. Important information about the education debt, earnings, and completion rates of students who attended the programs at Platt College, visit <http://www.plattcolleges.edu/content/program-disclosures>.

Edward Jones
 MAKING SENSE OF INVESTING

www.edwardjones.com

Leland Nisley
 8116 S. Harvard Ave.
 Tulsa, OK 74137
918-481-3401

Kim Coon
 611 E Main St.
 Jenks OK 74013
918-299-1745

Craig Dietert
 6528-G E. 101st St. S.
 Tulsa, OK 74133
918-298-2439

Cinamon Demuth
 9309 S Toledo Ave, Ste B
 Tulsa, OK 74137
918-794-1404

Joseph Kidwell
 5314 S. Yale Ave., Ste. 415
 Tulsa, OK 74135
918-477-7787

Cody Callaway
 115 W. Broadway Ave.
 Broken Arrow, OK 74012
918-251-5558

Sam Barker
 7112 S. Mingo Rd.
 Ste.104, Tulsa, OK 74133
918-459-8316

Bill Gordon
 4252 S Peoria Ave.
 Tulsa, OK 74105
918-712-9717

David Fleske
 12338 E. 86th St. N.
 Owasso, OK 74055
918-272-7301

Caroline M. Adams
 5327 S. Sheridan Rd.
 Tulsa, OK 74145
918-622-2207

James L. Van Hooser
 6054 S Yale Ave.
 Tulsa 74135
918-488-8260

David H. McCollum
 5801 E. 41st St., Ste. 800
 Tulsa, OK 74135
918-660-0639

Retirement May Be Far Off, But the April 15 Deadline for IRA Contributions Isn't.

You have only so many years to prepare for retirement. That's why contributing to your Individual Retirement Account (IRA) is so important. Fortunately, you still have time to maximize your 2014 IRA contribution before the April 15 deadline.

By contributing now, your retirement savings can have more opportunity to grow. Even if you already have an IRA elsewhere, it's easy to transfer it to an Edward Jones IRA and begin receiving the face-to-face guidance you deserve.

To learn more about the advantages of an Edward Jones IRA, call or visit today.

www.edwardjones.com
Member SIPC

Advance Your Career

MASTER OF BUSINESS ADMINISTRATION - MBA
MASTER OF STRATEGIC LEADERSHIP - MSL
 TULSA OR BARTLESVILLE CLASSES ENROLLING NOW!

- ONE NIGHT A WEEK - BOOKS PROVIDED*
- FINISH IN LESS THAN 2 YEARS
- DESIGNED FOR THE WORKING ADULT

(*BOOKS NOT PROVIDED FOR ONLINE CLASSES)

WE ARE OKWU IMPACTING CULTURE WITH THE LORDSHIP OF JESUS CHRIST

RANKED A TOP-TEN-BEST COLLEGE BY US NEWS AND WORLD REPORT
 RANKED A TOP VALUE BY FORBES MAGAZINE
 RANKED FOR THREE YEARS IN A ROW THE BEST FACULTY IN THE NATION

Contact me! **MARIANDREE MENA**
 866.225.6598
 MMENA@OKWU.EDU

EDUCATION

NSUBA Offers Job Advancement, Non-Credit Courses

By EMILY RAMSEY
Managing Editor

Northeastern State University Broken Arrow is expanding its reach in the community through its College of Extended Learning, with efforts to benefit individuals looking to improve their English-speaking skills, engage in team-building retreats, complete their college education and increase their knowledge.

One example of this continued effort to grow is NSU's recent acquisition of 275 acres on Tenkiller Lake for use by the college's Continuing Education department. The area will allow the college to offer outdoor adventure camps, team-building and professional development activities, and whatever else community members request, says Eloy Chavez, dean of NSUBA's College of Extended Learning. "If anyone has a professional development activity or meeting, they can bring it to us," he says. "NSU and the College of Extended Learning want to be a part of that."

The area also features canoeing and rafting opportunities, high- and low-element ropes courses, and classroom space.

To help grow the Continuing Education department, Mike Pugliese joined NSUBA in August 2014 as program coordinator for the department.

Pugliese earned his bachelor's degree from NSUBA and is currently pursuing his MBA at the campus.

Regarding his position as program coordinator, "I am focused on raising awareness of the Continuing Education program, helping to improve its presence in the community and showing the value we bring to the area," he says.

That value includes various courses

that allow students to gain certifications for the job field as well as non-credit courses that provide students avenues for personal enrichment, by learning a new hobby or interest, says Director of Continuing Education Rylee Ketcher.

Program offerings include summer camps, music lessons, art instruction, ACT preparation, classes in fitness and personal finance, professional development opportunities, and certifications.

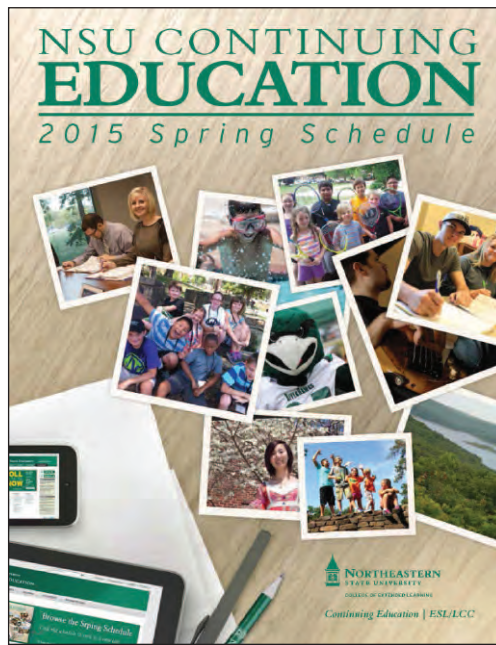
"The job market is changing," says Ketcher regarding the increased demand for certificates and professional development courses. "Having specialized skills on top of the degree is going to become more valuable in such a competitive job market."

The Continuing Education department recently added a personal trainer certification to its list of offerings. The course involves online and face-to-face instruction, in partnership with The Hub Gym located in Broken Arrow's Rose District.

One of Pugliese's aims is to remain current on interests in the local community as to program offerings. "If the demand is there, we have the ability to customize our offerings . . . and be agile and respond quickly to those interests," he says.

Pugliese is currently working with a former hospital CEO to create a certification course for healthcare administrators to learn how to operate within the new requirements of the Affordable Care Act.

Through the College of Extended Learning's Language and Cultural Center, students can enroll in the English as a Second Language (ESL) program, which focuses on improving English-speaking skills



EMILY RAMSEY for GTR Newspapers

EXTENDED LEARNING: Mike Pugliese joined NSUBA in August 2014 as program coordinator for the College of Extended Learning's Continuing Education department. Pugliese is focused on raising awareness of the department, which offers job certifications, non-credit enrichment courses, professional development opportunities and English as a Second Language courses.

for those whose first language is not English.

At NSUBA, where the more common student is the adult learner, program officials focus more on individuals wishing to improve in their day-to-day communication abilities or business vocabulary, says Marla Stubblefield, director of the Language and Cultural Center.

"Many kids are in ELL (English language learners) programs at school, and their parents are at home not speaking English," Stubblefield continues. "Parents want to be conversational in English in the community, and some also want to learn business language."

She cites the example of a man who is planning to enroll in ESL courses because of a direct request from his employer.

Stubblefield expects classes to begin in the summer and to be held in the evenings.

The offerings may change according to feedback from students, she says, and once word spreads through local foreign language communities, she feels confident that the demand will increase.

The Language and Cultural Center also works with the University of Oklahoma's Confucius Institute, Hanban (Confucius Institute Headquarters) and the People's

Republic of China to offer courses and events to promote the Chinese language and culture. Programming includes language and cooking classes and annual celebrations of two Chinese holidays: Lunar New Year in January and the Moon Festival in September.

The College of Extended Learning's third department: Degree Completion helps adults complete their college degrees in criminal justice, health care administration, human and family sciences, organizational leadership and emergency management. Weekend and evening classes are offered as well as online and blended options.

GET THERE FROM HERE

Lisa Hayes
Master of Business Administration student

THE VALUE OF A BIG 12 DEGREE

Lisa Hayes knows the value of earning a Big 12 degree at Oklahoma State University in Tulsa. The strong reputation of the OSU Spears School of Business, the internationally recognized faculty and close-to-home location convinced Lisa to choose OSU-Tulsa for her MBA. You can earn your OSU degree right here in Tulsa, too. Whether your goal is increased earning power, instant credibility or a better quality of life, OSU-Tulsa can help you get there from here.

Learn more about Lisa's journey to a Big 12 degree at OSUinTulsa.com.

OSU TULSA America's Brightest **ORANGE**

TULSA Downtown Tulsa 918-GET-HERE OSUINTULSA.COM

Make Your Own Path

TulsaTech .edu

Part-time classes offer a convenient and affordable way to learn something fun and new, or earn your certification!

Ranging from business and professional development programs to culinary classes and floral design, you'll easily find something appealing in any of our online or in-person, evening and weekend classes.

To learn more about our class offerings, go to tulsaotech.edu or call 918.828.5000.

- State-of-the-art classrooms and labs
- Certified Training
- Affordable
- Flexible learning -- in classroom and online

Broken Arrow Campus
4000 W. Florence St.

Health Sciences Center
3350 S. Memorial Dr.

Lemley Memorial Campus
3420 S. Memorial Dr.

Owasso Campus
10800 N. 140 E. Ave.

Peoria Campus
3850 N. Peoria Ave.

Riverside Campus
801 E. 91 St.

Sand Springs Campus
924 Charles Page Blvd.

Training Center
3638 S. Memorial Dr.

Tulsa Tech Board of Education Members Are Honored for Dedication and Service

January was School Board Administrators Superintendent of Recognition Month, giving local the year for the 2008-09 and the schools and communities an opportunity to honor the more than 2,700 elected school board members for their untiring dedication to children and schools. Tulsa Tech faculty and staff celebrated and recognized Board of Education members during their monthly board meeting on Jan. 26.

News from Tulsa Tech



By DR. STEVE TIGER
Superintendent

At Tulsa Tech, our board members not only must develop policies and make tough decisions on complex educational and social issues impacting the entire community, they also bear responsibility for over 500 employees, six campuses, and over 58,000 students annually in full-time, part-time, as well as corporate training classes. We're very proud of the board members who help guide our district and the impact each individual has on our community and region.

Monroe Nichols, Zone 1

Monroe Nichols is the chief operations officer at IMPACT!Tulsa. Prior to IMPACT!Tulsa, Nichols worked at the Tulsa Regional Chamber as the director of business retention and expansion, the Oklahoma Department of Career Tech where he managed over \$4 million annually in state incentive funds for new and growing Oklahoma companies. Nichols has experience in management, strategic planning and communications and has an exemplary record as an administrator. Monroe has been the recipient of numerous awards including a United States Department of Justice Award for Public Service.

Rick Kibbe, Zone 2

Rick Kibbe has been in education for 34 years, 26 of which have been in administration. He has also served as an adjunct instructor at Northwestern Oklahoma State University. Rick has been superintendent at Catoosa Public Schools for the past seven years. During this time, he has been named the District 6 Oklahoma Association of School

Administrators Superintendent of Recognition Month, giving local the year for the 2008-09 and the schools and communities an opportunity to honor the more than 2,700 elected school board members for their untiring dedication to children and schools. Tulsa Tech faculty and staff celebrated and recognized Board of Education members during their monthly board meeting on Jan. 26.

Tim Bradley, Zone 3

Tim Bradley was an instructor at Tulsa Tech for 25 years, is a parent of a student who attended Tulsa Tech, and was also president of the Tulsa Tech's Teachers' Association. Bradley taught the plumbing trade for 26 years, serving one year at Tri-County Tech in Bartlesville prior to being hired at Tulsa Tech by Dr. Joe Lemley to teach the same program. He holds both a plumbing and mechanical contractors license and a plumbing inspectors license. Bradley retired from Tulsa Tech in June 2007. Bradley has been actively involved in the Plumbing Contractors Association of North Eastern Oklahoma and has served on the City of Tulsa Board of Plumbing Appeals.

Elizabeth Ellison, Zone 4

Elizabeth Ellison currently serves as the executive director of the Lobeck Taylor Family Foundation and is responsible for oversight and direction of the family's foundation that focuses on education, entrepreneurialism and civic engagement. She is this year's chair of Tulsa's business model competition, the TCC StartUp Cup Powered by the Lobeck Taylor Family Foundation. Elizabeth has served on the board of Street School and chaired its successful Street School annual fundraiser, providing more than \$100,000 in funds to support Tulsa's alternative high school.

John Selph, Zone 5

John Selph serves as the president and CEO of Volunteers of America. He also chairs the INCOG (Indian Nation Council of Governments) and the State Juvenile Justice Advisory Council, in addition to serving on other community boards. Selph began



MONROE NICHOLS
Zone 1



RICK KIBBE
Zone 2



TIM BRADLEY
Zone 3



ELIZABETH ELLISON
Zone 4



JOHN SELPH
Zone 5



SHARON WHELPLEY
Zone 6

his career in public service at the Tulsa Boys' Home in 1969 and later served as executive director until 1984 when he was elected to represent the people of District 2 as Tulsa County Commissioner.

Sharon Whelpley, Zone 6

Sharon Whelpley brings many years of experience and knowledge to the Tulsa Tech community. After retiring from Tulsa Tech following 12 years of service, Whelpley was elected to the Broken Arrow Public Schools Board of Education, where she provided 20 years of service to help guide a path for student success. An avid volunteer, Whelpley has served the Broken Arrow community through organizations and events such as Gatesway Balloon Festival, Tulsa Garden Center, Broken Arrow PTA and the Broken Arrow School Foundation.

Dr. Jim Baker, Zone 7

Dr. Jim Baker manages a dual

role in education, both as a long-time and successful marketing education coordinator/instructor for Jenks Public Schools and as the Zone 7 member of the Tulsa Tech Board since 1988. Baker's background in education serves him well as a board member by providing the perspective of a practitioner in formulating policy-making decisions. Baker was named to the 2000 Oklahoma State School Boards Association All-State School Board, a select group of five board members chosen from the more than 3,500 across the state.

Tulsa Tech is both honored and fortunate to have the leadership, guidance, and vision provided by our outstanding Board of Education, and we thank each board member for helping all of our great students "Make Their Own Path."

If you're currently looking for exciting classes for high school and adult students, quality corpo-



DR. JIM BAKER
Zone 7

rate training, or a challenging new career, Tulsa Tech invites you to visit today. For more information, please call 918-828-5000, or visit us online at tulsatech.edu.

Don't Compromise on Auto Coverage, Get Farmers

Get a no-cost, no-obligation quote.
Personal service you deserve. **Call today.**

918-254-4633
8169 E 41ST ST • TULSA, OK 74145
ccampbell@farmersagent.com

CHARLES CAMPBELL

Climate & Non-Climat Controlled Self Storage

2036 E. 81st St. 105, (81st & Lewis)

918-605-0199

Mon-Fri 8:30 a.m.-5:30 p.m. Sat. 9 a.m.- 4 p.m.
Gate Hours: 6 a.m. - 11 p.m.

riverbendselfstorage@leinbach.com

UNION EDUCATION

The Addams Family Comes to Union

By KIM SHOEMAKE
Contributing Writer

Union High School's Repertory Theater is preparing for its upcoming performance of "The Addams Family Musical," a story that Union's Theater Director Troy Powell says conveys a broader message than some people might expect from the well-known TV show.

The musical is set in the dismal and gloomy Addams' family mansion. Daughter Wednesday, now 18, has fallen in love with a seemingly straight-laced boy from a conventional family who will soon be paying a visit to the Addams' estate. The show centers on Wednesday's struggle in wanting a normal family.

Powell describes the musical as "La Cage Aux Folles" meets "Fiddler on the Roof."

"As the show develops, we realize that we are all alike despite our differences. It's about two families coming together," he says. Powell hopes that students will recognize the story's underlying theme: "that we are all alike in many ways."

Senior repertory student Tyler McCoy plays the role of Gomez in the musical. His character wrestles with the idea of his daughter's newfound romance. McCoy, who enjoys portraying the character of Gomez, states "It's been so much fun. He's a funny guy, but it's been a challenge, because he's the driving force of the show."

Union High School is the first school in Oklahoma to perform "The Addams Family Musical," featuring 197 students in the cast. All



THEATER ENCOURAGEMENT: Robert Westenberg, of Missouri's Drury University, recently visited Union High School's theater students. Westenberg is acclaimed for his roles as the prince and the wolf in the Broadway musical "Into the Woods."

costumes, sets, lights and choreography come from local artists.

Union's Repertory Theater has performed musicals for 33 years. After 17 years as the director, Powell still finds challenges in directing a musical. "The musical is a sort of beast. The challenge is you're producing a blockbuster," he says. Powell also notes the additional obstacle of finding a musical that will accommodate a large number of students. "You can't just pick any show; you have to choose one for 150 kids," he says.

Among Powell's goals as director is to prepare students for life after high school. Union provides support to theater students by encouraging colleges with theater programs to visit the school and offer workshops. Robert Westenberg, of Missouri's Drury University, recently offered a

seminar for theater students. Westenberg is acclaimed for his roles as the prince and the wolf in the Broadway musical "Into the Woods." Several universities from Oklahoma and around the country have shown significant interest in Union theater students. There are close to \$1.5 million in scholarships available to our students, Powell says.

McCoy is confident that his education at Union will help him in his career and credits his instructors with helping him grow in his craft. "I am honored to be a part of the program, and I have met a lot of really great people at Union."

Performances of "The Addams Family Musical" will run Feb. 4-7 at the Union Performing Arts Center. Tickets can be purchased online at unionps.org.

Jarman Principal Receives Recognition

Jarman Elementary School Principal Shawna Thompson has been named the 2015 University of Oklahoma Young Educator. She will receive the award during a special presentation in March.

The Young Educator Award honors practicing educators who have demonstrated distinctive achievements in elementary, secondary, or community education careers. Winners must be alumni of the Jeannine Rainbolt College of Education who have not passed their 40th birthday.

"I'm truly honored and humbled to be a part of this celebration," says Thompson, citing retired Superintendent Dr. Cathy Burden as the 2003 recipient for the Career Teacher Award and Associate Superintendent Dr. Kathy Dodd, who received the Outstanding Educator Award in 2012. "They, of course, are very deserving and have been amazing role models in education."

"(Shawna) is so very deserving of such an honor," says Sandi Calvin, executive director of elementary education.

Every spring, at its Celebration of Education dinner, the Jeannine Rainbolt College of Education presents awards to alumni, friends or advocates of education who have achieved state, national or international distinction in their fields of endeavor. Recipients show consistent commitment and continued service in educational roles in pre-kindergarten through 12th grades, community education, post-secondary education, or in non-classroom careers in elementary and secondary schools.

Recipients are practicing or former educators who have a record of quality programs and effective interactions with colleagues and the public, and they have demonstrated commitment to quality classroom instruction through consistent programming and



SHAWNA THOMPSON

teaching strategies that embrace high expectations for student learning which both excite and challenge students to perform to their highest potential.

Homework Diner Opens

On Feb. 2, Clark Elementary School, 3656 S. 103rd E. Ave., began serving hot meals and homework help to families and students.

"This is a great opportunity for families to enjoy a delicious, hot meal while getting homework help from teachers," says Clark Principal Theresa Kiger.

Dinner is free for all children under 18 and \$3 for adults. All children must be accompanied by an adult, and reservations are required. Homework Diner dates are Feb. 2, Feb. 9, and Feb. 23.

In addition to the Homework Diner, Union's Community Schools program also offers after-school art and music classes and other activities that are geared to helping students through community schools.

Music Teacher, Students Honored

Union seventh grade music teacher Abby Bruce has been named Young Oklahoma Bandmaster of the Year and will be inducted into the Phi Beta Mu International Band Directors Fraternity. She was presented the award on Jan. 24, at the Oklahoma Music Educators Association State Convention.

Bruce is in her first year at Union and her fifth year total of teaching.

Bruce serves as lead teacher for two seventh grade bands, instructs beginner clarinet

classes, leads the marching band woodwinds and high school woodwind ensembles, and is the assistant conductor of the Union High School Wind Ensemble.

In addition, six Union High School Band students have earned performing positions in the Oklahoma All-State Band and All-State Jazz Band:

Marie Gordon (Jr-Oboe), Megan Harju (Sr-Oboe), Rachel Morris (Sr-Clarinet), Drew Thomas (Jr-Jazz Sax), Freddy Vega (Soph-Bass Clarinet), & Karen Vega (Sr-Piccolo).

Union Cheer Spotlight

Madison Hargis has been a Varsity Cheerleader since her 10th-grade year and has been cheering for Union since first grade.

Madison is a member of Union's State, National, and Grand National Championship Cheer Squad. She attends Life Church in Broken Arrow.

Madison has spent the past three years working part time and coaching the Union Youth Football Association cheerleaders, in addition to her school and other cheering responsibilities.

She plans to attend college in the fall and pursue a career in the medical field.



MADISON HARGIS

School Bond Vote: Feb. 10

On Feb. 10, residents in the Union school district will vote on a proposed \$27 million bond issue.

A 60 percent supermajority is needed to pass. Passage will not increase taxes above traditional levels.

Among the larger proposed projects are completion of Phase II of the 8th Grade Center expansion; additional classrooms at Rosa Parks Elementary; pre-construction and site preparation for Elementary #14, located at 12000 E. 31st St.; STEM (Science, Technology, Engineering and Math) and other instructional equipment/software; and library books/textbooks.

Additional projects include HVAC equipment, parking lots and sidewalks, flooring, painting and renovation projects; extensive renovation at Andersen Elementary; equipment replacements; district computer-driven

program updates/renewals; and technology allocations for each school site. Passage of the bond will not raise taxes above traditional levels for the district.

"Successful bond elections provide critical funds. Thanks to community support in past bond issues, we have taken our focus on early childhood, community schools, STEM, and college/career readiness to new levels," Superintendent Dr. Kirt Hartzler says. "Without bond issues, we could not continue to operate or provide the basics for our students, much less maintain the excellent facilities in which our students learn and excel."

Without bond propositions, the school district would have to rely more heavily on its general fund to pay for facilities and instructional tools, leaving little money to hire teachers or conduct daily operations.

Myth All print media is less effective and losing circulation.

Fact Independent free papers are reaching the people you need to reach to be successful.

Fact Free papers reach over 63 million audited homes per week... more than all the dailies combined.

Rock Solid Advertising Choice

We live in Greater-Tulsa. We raise our family in Greater-Tulsa. We do business in Greater-Tulsa. We are proud to be part of your community.



GTR Newspapers
UNION BOUNDARY • MIDTOWN MONITOR • JENKS DISTRICT GAZETTE
BROKEN ARROW EXPRESS • OWASSO RAMBLER • BIXBY BREEZE

(918) 254-1515 • www.GTRnews.com

UNION SPORTS

Former Union Football Players Launch Social Media Hub for Hoosiers Football

After two years of providing website and marketing services to many athletic programs in the Oklahoma area, Tulsa-based company AthleticOffice announced recently that they have officially entered the Big Ten Conference by signing a deal with Indiana University. The announcement was made following the launch of their newly designed interactive website created for the Hoosiers, WinTodayIU.com.

"It has been a great experience working with AthleticOffice," says Jeff Sims, senior director of player personnel for the Hoosiers. "Because they are former college athletes and coaches they really understand our needs and what works for us."

The website is designed to illustrate the entire Hoosier experience, putting a spotlight on the university, the athletic department, the city of Bloomington and the traditions that make being a Hoosier unique.

"The new website positions Indiana Football to be at the forefront of the Big Ten in terms of branding their program," comments Blake Smith, a 2003 Union High School graduate and current president of AthleticOffice. "It will enable them to send a clear message to their fans and recruits."

AthleticOffice websites address a major issue with today's media and social landscape. While social media has brought teams closer to fans than they have ever been, the amount of social networks used



SOCIAL MEDIA QUARTERBACKS: Union High School graduates Blake Smith, left, and Dexter Smith discuss their company and the social media hub for Indiana Hoosier football.

makes it more difficult to effectively reach them. In response to this issue, AthleticOffice developed the "#SocialHub", which integrates Twitter, Instagram, YouTube and other social networks into a central location where site visitors can interact with all the content.

"Because the majority of our websites are powered by our social media application, it allows coaches, players and fans to actually provide the news and content simply by tweeting," Smith says. "We are extremely happy for the opportunity to provide our product to Indiana and excited for the future of AthleticOffice."

AthleticOffice.com is a Tulsa-based company created in 2012 by brothers Blake and Dexter Smith, both former football players at Union High School. Initially conceived as a social network for football coaches called "The Football Office," the company quickly transitioned into all sports and expand-

ed their services to include team websites and marketing campaigns. AthleticOffice works with many schools in the Oklahoma area including Broken Arrow High School, University of Tulsa and Oklahoma Baptist University. For more information, visit AthleticOffice.com.

TULSA REGIONAL CHAMBER

TULSA SMALL BUSINESS CONNECTION

SMALL BUSINESS COVERAGE JUST GOT BIGGER.

MORE COVERAGE. MORE SAVINGS. CHAMBERCARE PLUS.

Now even more Oklahoma small businesses can enjoy the big business benefits ChamberCare Plus offers. Our plans deliver significant savings, and our continued partnerships with Delta Dental, MetLife and EyeMed Vision ensure your employees get the best coverage.

ChamberCare Plus
by **CommunityCare**

Call CommunityCare at 918-594-5245
or visit ChamberCarePlus.com

SPORTS

Tulsa's Bruce Howard Named Top Sportscaster

University of Tulsa's Director of Sports Broadcasting and Voice of Tulsa football and basketball Bruce Howard has been named the National Sportscasters and Sportswriters Association (NSSA) Sportscaster of the Year for the state of Oklahoma, it was announced recently by the NSSA.

Howard is in his 22nd year as the Voice of Golden Hurricane athletics. He is the radio play-by-play voice for Tulsa football and men's basketball, while also hosting TV, radio and digital media shows for Golden Hurricane athletics.

The NSSA consists of approximately 800 leading sportscasters and sportswriters from throughout the country.

The NSSA's annual awards banquet will take place on June 8, in Salisbury, N.C. Joining the Hall of Fame quartet of Bill Raftery, Dick Schaap, Hal McCoy and Lesley Visser as honorees at the banquet will be 2014 National Sportscaster of the Year Mike 'Doc' Emrick and 2014 National Sportswriter of the Year Tom Verducci, along with more than 100 state sportscasters and sportswriters of the year from 48 states and the District of Columbia.

The Oklahoman's Berry Tramel was named the Oklahoma Sportswriter of the Year.



BRUCE HOWARD



ROSSY GILLE for GTR Newspapers

CHILI BOWL: The 29th annual Lucas Oil Chili Bowl Nationals was held in Tulsa at Expo Square Jan. 13-17. Speaking at the press conference to kick off the event on Jan. 12 are racers, from left, Sarah Fisher, Bryan Clauson, Kenny Wallace and Tony Stewart, and Emmett Hahn, co-founder of the Chili Bowl Nationals.

Mardi Gras at Cajun Ed's

Featuring Jambalaya Jazz Band

The perfect time to try REAL Cajun food...

Taste FREE samples at our Mardi Gras Party!

Gumbo • Crawfish • Red Beans & Rice • Boudin

Now Carrying King Cakes and Party Supplies

Mardi Gras Fat Tuesday
Feb. 17 - Jambalaya Jazz Band
Come early & Stay late

Now Serving Lunch & Dinner
Mon. - Sat.



Hebert's
SPECIALTY MEATS

On 71st west of Lewis in the Big Red House
918-298-8400 • www.CajunEd.com

Tennis For All Ages!



- Huge Fitness Center Included in Membership!
- Look and Feel Great!
- Small group Fitness Classes including Pilates, Bodypump and RPM!



3030 E. 91st Street • Tulsa, OK 74137
918-298-9500 • grandhealthandracquet.com

ULTIMATE TRAINING FACILITY



- Baseball Camps
- Batting Cages
- Miniature Golf
- Video Arcade

OFF OF HWY 169 and 61st ST.
(918) 459-0399 allstarsportscomplex.com

Part-Time Distribution People Needed

Call 918-254-1515 for more information



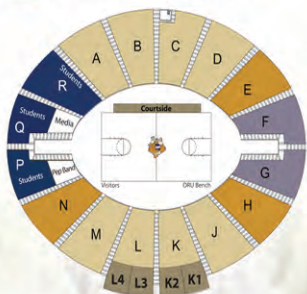
www.gtrnews.com



2014-2015 ORU MEN'S BASKETBALL

SINGLE GAME PRICES

- VEGAS GOLD: \$20 EACH
- BROWN: \$15 EACH
- PURPLE: \$10 EACH



KJRH FAMILY FOUR PACK \$40 (FOUR TICKETS, FOUR HOT DOGS, FOUR DRINKS)

ORUATHLETICS.COM | 918-495-6000



FEBRUARY HOME GAMES

Thurs. Feb. 12th Western Illinois 7pm

Sat. Feb. 14th South Dakota 7pm

Thurs. Feb. 26th North Dakota State 7pm

Sat. Feb. 28th Denver 7pm

TRUE ORU BLUE

New Drillers Manager Shines

Former major leaguer Razor Shines is the Tulsa Drillers' new team manager. Shines will become the 21st full-time manager in franchise history when the 2015 season begins on April 9. This will be the Drillers' first season as an affiliate of the Los Angeles Dodgers.

Joining Shines on the staff will be pitching coach Matt Herges, hitting coach Shawn Wooten and coach Leo Garcia.

Shines met with the media on Jan. 26, where he talked about his high hopes for the upcoming season, up-and-coming players and the originality of his name, which has been passed down in his family.

Shines will be in his second season as manager of the Dodgers Double-A affiliate after leading the Chattanooga Lookouts to a big turnaround last year. In the first half of 2014, Chattanooga finished last in its division with a 26-44 record, but the second half was a different story. Shines and the Lookouts improved to 35-33, winning the division and advancing to the Southern League playoffs.

Chattanooga defeated Huntsville in the first round of the post-season before losing to Jacksonville in the Southern League Championship Series.

Last season marked Shines' second in the Dodgers system as he managed the Single-A Great Lakes Loons to a 67-72 mark in the Midwest League in 2012.

His first managerial job was in 1995 with the Cincinnati Reds when he led the team's Class-A affiliate in the South Atlantic



BIG EXPECTATIONS: New Tulsa Drillers team manager Razor Shines stands at ONEOK Field in January. Shines will be in his second season as manager of the Dodgers Double-A affiliate after leading the Chattanooga Lookouts to a big turnaround last year.

League. From 2001 through 2006, Shines managed six seasons in the Chicago White Sox minor league system and spent the 2008 season with the Philadelphia Phillies as skipper of Clearwater in the Florida State League.

Overall, Shines has managed in 10 seasons, compiling a 700-695 regular season record. His teams have qualified for the playoffs in six of those 10 seasons.

His professional baseball career began as a player in 1978. He played for 16 years, reaching the majors with the Montreal Expos where he spent parts of four seasons. Shines also was in the majors as a base coach for the Chicago White Sox (2007) and the New York Mets (2009-2010).

Shawn Wooten's coaching career began in the 2010 season when he served as hitting coach for the San Diego Padres Short-Season affiliate in Eugene, Ore. Wooten became a manager for the

Padres in 2011, leading their Low-A affiliate in Fort Wayne, Ind., before advancing to Lake Elsinore and managing the Storm for two seasons (2012-2013) in the California League.

Matt Herges will enter his fifth season as a minor league pitching coach. He has spent the past three years (2012-2014) with High-A Rancho Cucamonga in the California League.

Leo Garcia joins the Tulsa staff after spending the last two seasons as the hitting coach for the Dodgers Rookie League team in Ogden, Utah. He has been a coach in the Dodgers organization since 2009. Prior to joining the Dodgers, he coached in the San Francisco Giants minor league system for 6 years and was their Latin America coordinator in 2007.

The Drillers will open the 2015 season at home Thursday, April 9 at 7:05 p.m. against the San Antonio Missions at ONEOK Field.

TU'S FAMOUS FANS



BELOVED FACES: Coach and Mad Dog, also known as David Bales, left, and Kenneth Penn, prepare to cheer on the Tulsa Golden Hurricane men's basketball team like they've done for the past 20 years.

By **EMILY RAMSEY**
Managing Editor

For anyone who's attended a University of Tulsa basketball game in the last 20 years or so, the individuals pictured above surely look familiar. They are Coach and Mad Dog, or David Bales and Kenneth Penn, respectively, two individuals known by TU coaches, players and fans as loyal fixtures at the games.

There are many people, myself included, who can't remember a time when these two weren't present at the sidelines cheering on their Golden Hurricane. That is evidenced by the constant amount of greetings the two receive before, during and after the games.

For Bales and Penn, the games offer the opportunity to be around the sport and team they love and to be with friends, including one another.

If one was worried about approaching them to start a conversation, the worry quickly melts away thanks to their friendliness and eagerness to give a smile — especially if the topic of TU basketball comes up.

Penn says that his brother is the reason he started attending games back when Ken Hayes (1968-75) was coaching.

Bales, who hails from Des Moines, Iowa, names Tubby Smith (1991-95) and Bill Self (1997-2000) among his favorite past TU coaches, and he is confident about Frank Haith: "I feel good about the new coach; he knows how to take care of business," says Bales.

Even if a person can't see Penn at a game, he/she will most certainly hear his identifiable bark, which Penn says he began using when he was a young boy.

He says that he started using the bark at the TU games during the Nolan Richardson era (1980-85), when some of the TU greats were playing, including Paul Pressey (1980-82) and Steve Harris (1981-85).

Penn earned the name Mad Dog from one of his boxing coaches. Penn says that he began boxing when he was 15 years old and continued in the sport for 25 years.

It's clear that Bales and Penn love TU basketball. What's even more clear is that the entire TU family loves them back.

LAPEL PINS & TRADING COINS
 BUSINESS • SCHOOL • TEAMS • VOLUNTEER
 TEACHER • SOFTBALL • BASEBALL •
 SOCCER • OKLAHOMA PINS IN STOCK
The Pin Man® - 802 E. 6TH ST.
 TULSA, OK 74120
 VOICE: (918) 587-2405 • FAX: (918) 382-0906
 pinlady@aol.com / www.positivepins.com

Bully Proof Your Child

• Confidence
• High Self-Esteem
• Goal-Setting



FREE
Private Lessons
FREE
Month of Classes
 With Purchase of
\$49 Uniform



Apollo's Martial Arts

**Call one of our
 three locations today**

Tulsa • 51ST & Mingo 918-627-7070	Bixby • 13406 S. Memorial 918-369-1953	Owasso • 86th Street North 918-695-7070
--	---	---

www.apolloskarate.com

Oilers Brothers Work Together on the Ice

By **GLENN HIBDON**
GTR Sports Writer

Brothers Tommy and Steve Mele have always been mischievous, even throughout their hockey careers. It all goes back to their time growing up in the Bronx, New York.

It was a crisp fall day, and their father had told the boys to go outside and rake the leaves. It was a task that was beyond the willingness of Tommy, now 28 and three years older than his brother.

"We got into a fight about who was going to pick up the leaves. He said he wasn't going to do it, and he tied me to a telephone pole," Steve says. "He left to hang out with his friends, and I was there an hour before mom found me and let me loose."

"That night when he was asleep, I put shaving cream all over his face. When we got older, our fights got more physical, but it was just standard brother stuff. We just swept it under the carpet and we don't hold grudges."

Today, as members of the Tulsa Oilers, the Mele boys are one of the few sets of brothers playing for the same professional hockey team. They wouldn't have it any other way. Tommy is in the midst of his fourth and best pro season with 23 points, plus a team-leading 120 penalty minutes through Jan. 15. Steve, a second-year pro, had 11 points in his first 30 games.

"We fought all the time because we have completely different personalities," says Steve, a 6-2, 205-pound forward. "He's more high-strung, and I'm more laid back. I know what irritates him, and he knows how to push my buttons, but we forget about it 20 minutes later."

Despite their sibling difficulties, the Mele boys have always remained friends. They played hockey and roomed together at American International College along with current Oiler scoring ace Adam Pleskach. The Meles both earned degrees in business management, and it seemed only natural they would make the transition together from college to the East Coast Hockey League.

"I was playing in Alaska the last two years

and felt it was time to move on," says Tommy, a 6-foot, 188-pound forward who was traded to Tulsa before the 2014-15 season started. "I talked to (Oilers Coach) Bruce (Ramsay), and he said there was some interest in me. Everything came together."

Steve Mele bounced around the Southern Pro League and the ECHL last season before Pleskach told Ramsay about his old college roommate's abilities. Steve joined the Oilers for five games a year ago, then signed on for the 2014-15 campaign. Tommy and Steve were together again to the delight of both.

"We definitely had an interesting childhood," says Tommy. "We were pretty competitive, but we were extremely close growing up. We still go back to New York in the summer and live together. When we went to college together we became even closer, and we're inseparable now."

The pair followed a natural path. Their father, who owns a food truck in New York City, played hockey and is still a skating instructor. In the off-season they return home and help their dad in his food service business. This summer, the brothers plan to open a hockey school together back home.

Before that happens, Tommy and Steve have some unfinished business with the Oilers. The team is fighting for an ECHL playoff berth while trying to overcome mid-season inconsistencies. The brothers have roles to play and despite Tommy's impressive PIM number, don't dare call him a fighter.

"I'm 100 percent not a fighter," he insists. "A fighter is someone who can't play hockey. All he worries about is fighting because that's the only thing he can do. I do like to play physical hockey, but I have a good skill set. I know how to play the game. Just look at my numbers. I'm top five in goal scoring on the team."

"I'm an energy player who plays with an edge. I like to skate and play fast and I see the ice pretty well. I'm not a goal scorer or a fighter."

Steve sees himself the same way.

"I'm a faceoff man and a penalty killer. Last year Rammer (Ramsay) gave me the



STEVE MELE



TOMMY MELE

opportunity to play that role," says Steve, who wants to get into real estate back home after his hockey career ends. "I'm a five-on-five faceoff guy who works hard and tries to be a playmaker."

Whatever the Oilers need from Steve, his brother is there to give advice and instruction. They may be competitive off the ice, such as on the golf course, but on it Steve differs to Tommy's experience.

"I've always looked out for him, from the time we were little until right now," Tommy says, who wants to go into coaching or scouting after his playing days are over. "This is only his second pro year, so I show him how to do things and conduct himself. I try to lead by example and show him a high work ethic."

Apparently, having a big brother to pave the way in hockey has definite benefits in all areas of the game.

"We know how each other plays and it does help to have someone who's close to you," Steve said. "He's a veteran and been there before me. His career has gone extremely well. He may tell me what to do sometimes, but I don't get frustrated. On the ice we're not competitive with each other."

Maybe so, but whatever the future in hockey holds for the duo, it's almost certain they will experience it together.

"We train together in the summer and go to the rink together every day," says Steve. "We hang out together, go to the movies and go to the golf range just to get away from hockey. He's good at driving, and I have a better short game. We also grew up playing baseball together. I would say we're best friends."

As long as big brother can withstand the temptation of tying his baby brother to a telephone pole, family unity should prevail.

REGRETTING THOSE WINGS YOU
THOUGHT COULD MAKE YOU FLY?



WE CAN HELP.

TATTOO REMOVAL

Starting at only \$49 per square inch per treatment.

CALL 918-994-9170

Number of treatments necessary depends on many factors. Our free consultation lets you discuss your tattoo removal plan before you start.

ResultsMedicalSpa
www.resultsmed.com

Results
MEDICAL SPA



ROSSY GILLE for GTR Newspapers

OILERS WEAR PINK: On Jan. 20, members of the Tulsa Oilers hockey team Nathan Lutz, left, and Kyle Bocek received pink pedicures at the Marilyn Ihloff Spa and Salon, at 8343 S. Memorial Dr., from employees Gabriella Patton, left, and Ruby Javier. The activity was to promote the annual TD Williamson Pink in the Rink Night for Turn Tulsa Pink. The event will be held during the Oilers' Pink Hockey Game on Feb. 7.

SOLVING MY HAIR LOSS ANXIETY LET MY INTIMACY SOAR AGAIN

CIRRUS HAIR OF TULSA
1660 EAST 71ST ST.
SUITE Q
TULSA, OK 74136
CIRRUSHAIROFTULSA.COM

LASER HAIR LOSS THERAPY | CALL NOW 918.492.1919

ORU Inducts Three into Athletic Hall of Fame

Sweet-shooting Steve Bontrager was one of three individuals inducted into the Oral Roberts University Athletics Hall of Fame Jan. 24.

Bontrager was joined by Jessica Kellogg (women's soccer) and Pamela Ontiveros (women's golf) in the 2015 class, which was presented at halftime of ORU's basketball game with South Dakota State in the Mabee Center.

Bontrager, who played for Coach Ken Hayes from 1979 through 1981, holds multiple ORU records for shooting accuracy.

Bontrager is the school's career record-holder for free-throw percentage at 88 percent (103-117).

In 1980-81, he converted 73 of 81 free-throw attempts, a percentage of .901.

As a senior in 1980-81, Bontrager led ORU in scoring with a 16.3 average, earning a spot on the All-Midwestern Collegiate Conference second-team.

A native of Iowa City, Iowa, the 6-1 Bontrager later played three years for Athletes in Action and four years in the English National



ORU HALL OF FAME MEMBERS: ORU Athletic Hall of Fame members gathered to celebrate the addition of Steve Bontrager, Jessica Kellogg and Pamela Ontiveros, pictured holding their awards.

Basketball League. In the 1990s, he coached the Tulsa Zone and Tulsa Fastbreakers professional teams.

He is in his eighth season as color analyst for the Rogers State University basketball program.

Kellogg (2002-05) is the second

women's soccer player to be honored. In 2004, she was the Mid-Continent Conference Offensive Player of the Year. She was a four-time All-Mid-Continent selection, including three first-team honors. She holds school and conference records for career goals (48),

points (114) and game-winning goals (17).

Ontiveros (2004-08) was the 2005 Mid-Continent Conference Newcomer of the Year and went on to win the 2007 individual conference championship, earning Golfer of the Year honors. She earned first

team all-conference honors all four years and in 2007 became the first individual from ORU to qualify for the NCAA Championship. She holds the school's lowest single-season scoring average (74.4) and is the first women's golfer inducted into the ORU Hall of Fame.

Tulsa Youth Rowing Association Holds Row-A-Thon

The Tulsa Youth Rowing Association held its 11th annual Row-A-Thon fundraiser at the Oklahoma Aquarium located in Jenks on Jan. 17. The rowers rowed throughout the day trying to record as many meters as possible. Each student athlete used indoor rowing machines to complete their distance quotas.

Each rower in the club is required to row a minimum distance of 30km and in turn raise a minimum of \$250 by collecting pledges as a contribution to the club. The youth rowing club had

a goal to raise \$25,000.

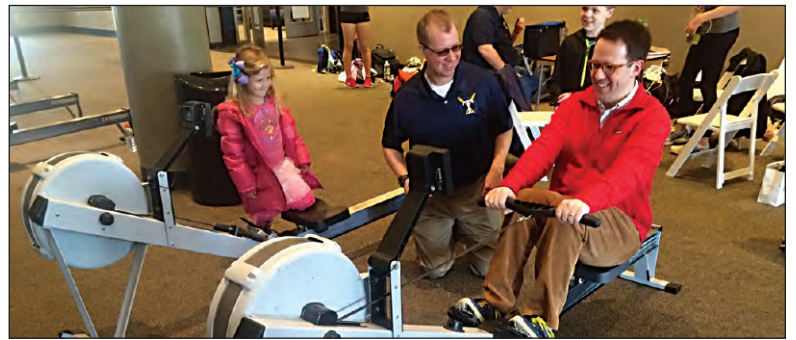
The funds raised contribute towards purchases of rowing shells, oars, rowing machines and equipment storage needs.

"This fundraiser is of critical importance for us to continue to serve the community and provide competitive rowing instruction for middle school and high school student athletes. While the river conditions continue to be less than ideal we need funds to allow us to store equipment and continue to provide a first rate teaching environment," says

TYRA Head Coach Neil Bergenroth.

"It is truly remarkable how hard these student athletes work at this event and in preparation for our competitions. It is not uncommon for most of our rowers to record distances over 50 to a hundred kilometers during the day," says Bergenroth. "These athletes care deeply about our program and recognize the call to give back to something they are benefiting from. It's a great learning experience."

Last year's Row-A-Thon event raised \$18,000 for the program.



OFFICIAL WORKOUT: Tulsa City Councilor G.T. Bynum had a good time attending the Row-A-Thon Jan. 17. Bynum has been a driving force for improvements along and in the Arkansas River.

THE UNIVERSITY OF TULSA

THE MONTGOMERY ERA BEGINS

MEET TULSA'S NEW HEAD FOOTBALL COACH

PHILIP MONTGOMERY

Most recently the Offensive Coordinator at 4th ranked Baylor

"GET READY FOR SOME FUN, FAST AND PHYSICAL FOOTBALL"

To reserve your 2015 football season tickets and place a deposit, contact the Golden Hurricane Ticket Office at 918.631.GoTU.

Start 2015 with a celebration!

"Be ONE of the 28% very confident to retire comfortably."

2014 Retirement Confidence Survey by the Employee Benefit Research Institute

Decisions you make today can, and often do, make a big difference in the quality of your future. Now is the time to review your retirement plan.

I help people map a personalized retirement strategy with the objective to **Create Net Worth, Manage Net Worth, Preserve Net Worth, and Pass-on Net Worth.**

I help people on a path toward *personal financial success.*

Call me today — (918) 518-5910

Advisory Services offered through Northpoint Wealth Financial Services, LLC.

Gene Bishop

NORTHPOINT WEALTH MANAGEMENT LLC

BBB ACCREDITED BUSINESS

Your Life. Your Dreams. Our Insight

www.northpointwealth.com

LOWEST PRICED REFILLS IN TOWN!

cartridge smart

7110 S. Mingo
(Just South of 71st, West Side of Mingo)
252-7229
www.cartridge-smart.com
Mon. - Fri. 9 a.m. - 5 p.m.

Special:
\$3 Off Cartridge Refill
Cannot Be Combined With Any Other Offer. Limited Time Offer. Just Mention Ad.

Now refilling latest models:

- HP 950/951 & XL version
- HP 932/933 & XL version

100% GUARANTEE, IF YOUR CARTRIDGE FAILS WE WILL REPLACE IT OR REFUND YOUR MONEY

THE ECONOMY

Alan Armstrong Unveils Chamber Initiatives

The Tulsa Regional Chamber welcomed Alan Armstrong, president and CEO of Williams, as its 2015 chair of the Board of Directors at its annual meeting, held in January, where 1,400 business leaders, elected officials and citizens met to hear Armstrong speak about the chamber's 2015 initiatives.

Those initiatives are focused on improving the region's future through entrepreneurship, place-making, regional collaboration and the attraction of young talent.

Armstrong elaborated on the current impact of young talent in the region and the importance of growing that skilled young workforce, stating that the energy and passion exhibited by Tulsa's Young Professionals is what inspires him most about his chairmanship.

"The future health of our city will be measured by how effectively we are attracting and retaining the very best young talent regardless of where they may come from around the country," Armstrong said. "Regions filled with young, diverse talent are the future economic powerhouses, and Tulsa is primed to lead. We must love our community if we expect others to see pride in it, and Tulsa is the place to be."

"Only through embracing these qualities and the authentic nature of who we are can we begin to achieve excellence in all areas and welcome others to enjoy the benefits we know exist from being a member of this community," Armstrong said.

Armstrong began his speech with a look back to 1914, to the start of the 100-year history of the

Tulsa Regional Chamber, and later challenged the audience to focus on a regional collaboration that ensures the Tulsa community can win the race in the global economy through job creation and skilled talent, attracted to the area by our vibrant quality of life and sense of place, in the next 100 years.

"Our approaches to economic development will continue to be guided by the ever present battle for talent across the country," Armstrong said. "Everyone must engage together to position Tulsa as a location to attract the very best talent in the nation."

Armstrong joined Williams in 1986 after graduating from the University of Oklahoma in 1985 with a bachelor's degree in civil engineering.

Armstrong also serves on the board of directors for the American Petroleum Institute, is a member of the National Petroleum Council and the Business Roundtable. He previously served as president of the Gas Processors Association and as a director on the Natural Gas Supply Association's board. Armstrong is passionate about education, volunteering with organizations like Junior Achievement, Teach for America and the Oklahoma Business Education Coalition.

Armstrong succeeds 2014 Chair of the Board of Directors Wade Edmundson, CEO, Oklahoma for Commerce Bank.

Edmundson spoke during Armstrong's inauguration regarding the future of the region, issuing a challenge to the audience "to make decisions and register votes



EMILY RAMSEY for GTR Newspapers
NEW CHAIR: Alan Armstrong, center, Tulsa Regional Chamber's 2015 chair of its Board of Directors, stands with Chamber President Mike Neal, left, and 2014 Board Chair Wade Edmundson at the Chamber's annual meeting, held in January.

that prioritize making our state and this region a place to which talent will be attracted."

"Take steps to show outsiders that we are an inclusive people," he continued. "Demonstrate that we are serious about attracting talent by supporting issues ranging from building infrastructure that enhances walkability to funding education, specifically teacher pay."

The annual meeting was present-

ed by OSU in Tulsa and Tulsa Community College and hosted by the Cox Business Center.

2014 Award Winners:

2014 Hospitality Club Volunteer of the Year:
 Marvin Krueger

2014 Award of Excellence:
 Stuart Solomon
 President and COO, PSO

2014 Award of Excellence:
 Bob McGrew, Vice President and CFO, T.D. Williamson
 Chair, VisitTulsa 2.0 Campaign

2014 Chairman's Award:
 Jeff Stava, COO, Tulsa Community Foundation
 Chair, VisitTulsa

Lifetime Achievement Award:
 Dan Harrison

Arvest Bank Tulsa Announces Changes

Arvest Bank announced in January that president and CEO Don Walker has been named a regional executive.

Additionally, Kirk Hays, sales manager and executive vice president of Arvest Bank, Tulsa, was named its president and CEO.

Walker has worked in various capacities and locations for Arvest for 36 years, including the last 16 as president and CEO of Arvest Bank, Tulsa. Five markets in Arkansas will report to Walker in his new role.

"Bringing that experience to this position will be a great way to use Don's wisdom and knowledge on a broader scale," Arvest Bank president and CEO Kevin Sabin says.

Hays joined Arvest in 1994 as a commercial lender. His current duties include oversight of 38 retail branches, private banking, small business lending, marketing, and branch services.

"Kirk focuses on Arvest's core values, harvesting of essential data and how to use it, challenging the norm, growing and mentoring of associates, and the value of a team," says Brad Krieger, a regional executive of Arvest Bank.

Both Walker and Hays represent Arvest throughout the area via various civic activities. Arvest Bank, Tulsa is one of the largest of Arvest's 16 locally managed banks, with more than 500 employees working at 38 locations in 16 communities.

A search for a sales manager is currently underway and an announcement will be made when a replacement is selected.

Arvest Bank operates more than 270 bank branches in Arkansas, Oklahoma, Missouri and Kansas through a group of 16 locally managed banks, each with its own board and management team. These banks serve customers in more than 120 communities, with 12-hour weekday banking at most locations. Arvest also provides a wide range of banking services including loans, deposits, treasury management, credit cards, mortgage loans and mortgage servicing. Arvest is an equal housing lender and member FDIC.



DON WALKER



KIRK HAYS

It's GOLD Outside And The Savings From Airco are Hot!

SAVE NOW! On a new Home Comfort System from Airco Service!

- Up to \$1,700 from **LENNOX** HOME COMFORT SYSTEMS
- Up to \$1,950 from Oklahoma Natural Gas
- Up to \$5,000 from PSO
- Up to \$450 Trade-in Rebate

= BIG SAVINGS
 Call Airco for details

SINCE 1961

Airco

Service, inc.

"The Company You Know"

Heating • Cooling • Plumbing • Electrical

CALL TODAY!

918-252-5667

www.aircoservice.com

\$20.00 OFF

Any Service Repair

Coupon may not be combined with any other offer. Must present coupon at time of service. Expires 3/31/15

Five Civilized Tribes Hold Quarterly Meeting

The Muscogee (Creek) Nation hosted several Native American tribes for a quarterly meeting of the Inter-Tribal Council of the Five Civilized Tribes Jan. 8-9 at the Renaissance Hotel & Convention Center with a record attendance of 529 attendees.

The Inter-Tribal Council formed as a result of various meetings held in 1949 between various leaders and representatives of the Five Civilized Tribes. It will celebrate 65 years in February.

"It was a tremendous honor to have over 525 register for this two-day conference," says MCN Principal Chief George Tiger. "This rivals national native organizations' annual conference attendance. There were many that didn't register and the numbers attending signifies the strength the Inter-Tribal Council is gaining regionally and nationally and the impact it has made in being a strong voice for the five tribes."

The five tribes include the Muscogee (Creek), Cherokee, Choctaw, Chickasaw and Seminole Nations. MCN Principal Chief George Tiger has also invited several other tribes to attend the quarterly meeting. The meeting allows the Native tribes to come together to discuss significant issues facing all the tribes as well as to collaborate on projects and share ideas in tackling obstacles and promoting each

tribe in their programs, departments and services.

The council was revived in 2012 after Chief Tiger and Chief Bill John Baker were elected to the Muscogee (Creek) and Cherokee nations as the leaders of their respective tribes and took the lead on reviving the ITC.

The two-day session included work group meetings Jan. 8, which included programs such as environmental protection, Indian Child Welfare, roads and transportation, language, tribal courts, education, employment and training housing and tribal tourism among several others.

The ITC meeting concluded with a general session Jan. 9, which included announcements by each tribal leader, including Seminole Nation Chief Leonard Harjo, Choctaw Nation Chief Gary Batton, Cherokee Nation Deputy Chief Joe Crittenden, Chickasaw Nation Governor Bill Anoatubby and MCN Chief Tiger.

The ITC also approved 10 resolutions pertaining to all five tribes, including:

- A resolution opposing the proposed rule 'Definition of "Waters of the United States" Under the Clean Water Act,'
- A resolution requesting consultation with the White House Council on Native American Affairs with Concern to



SHOW OF UNITY: From left, Chickasaw Gov. Bill Anoatubby, Seminole Principal Chief Leonard Harjo, Muscogee (Creek) Principal Chief George Tiger, Cherokee Deputy Chief Joe Crittenden and Choctaw Chief Gary Batton gathered at the quarterly meeting of the Inter-Tribal Council of the Five Civilized Tribes Jan. 8-9, held at the Renaissance Hotel & Convention Center. The meeting was hosted by the Muscogee (Creek) Nation and saw a record attendance of 529.

Expansion of Self-Governance Opportunities between federal agencies not included under the Indian Self Determination Act, and Tribal Governments,

- A resolution supporting changes to Oklahoma Statute

Recognizing Tribal Domestic Violence Programs, Tribal Batterer Intervention Programs and tribal domestic violence specialists,

- A resolution of the Inter-Tribal Council endorsing and support-

ing the Oklahoma Native American Juvenile Justice Task Force in developing Memorandum of Understandings between the Oklahoma Office of Juvenile Affairs and tribal governmental systems.

TULSA INTERNATIONAL AIRPORT BEGINS #FLYTULSA PROMO



FLYING TULSA: Tulsa Airports Director Jeff Mulder stands with the Golden Driller to encourage travelers to fly from Tulsa with the launch of #FLYTULSA.

Tulsa International Airport (TUL) has announced the launch of #FLYTULSA, a campaign aimed at promoting the benefits of flying from Tulsa.

More than 2.6 million passengers flew through Tulsa International Airport in 2014, an increase of 4 percent. Currently, six airlines provide more than 10,600 daily seats on 120 flights in and out of Tulsa. As families begin planning spring break and summer vacation trips, officials are urging Tulsans to consider Tulsa International Airport as the starting point for their travel plans.

"We work in a world where vacation time is limited, and it's all about getting where you want to go as quickly and conveniently as possible. The great thing about flying Tulsa is that vacations start here - no driving or unnecessary hotels," says Jeff Mulder, Airports Director. "We have non-stop flights to 19 airports across the country and our goal is to see that number increase as we work to get more passengers to utilize our current service."

Encouraging Tulsans to utilize Tulsa International Airport will support the growth of airline service and keep more travel dollars in the local economy. Airport officials estimate that 25 percent of the passengers in the Tulsa market area drive to another airport to fly. Capturing a portion of those travelers would create significantly more demand for service,

increase revenues for airport services, and reduce airline operating costs.

Passengers traveling through TUL over the next three months will be asked to share their stories by utilizing the #FLYTULSA hashtag. Travelers are encouraged to post airport and vacation photos to Facebook, Twitter and Instagram with the #FLYTULSA hashtag to be entered to win weekly giveaways. On April 1, 2015 one of the entrants will be selected to win airfare for up to four people to any non-stop destination served from Tulsa, including hotel at their destination, and valet parking at Tulsa International Airport.

As an added element of fun, a replica of the Golden Driller bearing the #FLYTULSA logo will greet passengers past security for the duration of the campaign, providing a unique photo opportunity as passengers begin their travel journey.

Riverwalk Crossing Develops

The Muscogee (Creek) Nation held a groundbreaking ceremony recently to announce the construction of a new entertainment facility along the Riverwalk Crossing. MCN Principal Chief George Tiger spoke at the ceremony on the Nation's continued commitment to the area.

"The Muscogee (Creek) Nation is excited about the continued growth of the Riverwalk and is proud to be the leader in revitalizing this area for all Oklahomans to enjoy," Tiger said. "We strive to provide our community with world-class entertainment options such as the River Spirit Casino, the much anticipated Margaritaville and today's new development."

The new facility will offer high-tech golf and family oriented games, restaurants, a sports bar and corporate space. The venue will also provide private party rooms and meeting spaces. The development will be one of many projects coming to Riverwalk Crossing within the next year.

"As this project moves forward in the coming weeks and months, we will announce additional retail outlets, vendors and entertainment options along the Riverwalk," Tiger said. "This is an exciting time for us as we continue making the Riverwalk Crossing into a entertainment destination for everyone to enjoy."

Mamadou's

Steak • Seafood • Chicken • Hamburgers
Famous Prime Rib

Restaurant

14751 CASPER, GLENPOOL
322-1014

Planning Your Estate is the Last Loving Gift You Give Your Family.

Wills & Trusts
Call Constance Squiers,
Attorney at Law

918-254-9283 • clsquiers@gmail.com
www.isthywilldone.com

Senior Discounts Available and Evening Appointments Available.

Wranglers B-B-Q

Tulsa's B-B-Q Drive-Thru for 25 Years!

One Block West of Memorial

- Full Service BBQ, Cooked Fresh Daily
- Old Fashioned Grilled Hamburgers
- 9 Daily Specials
- 6 Economical Family Packages
- Variety of Catering Packages

★ And Cindy's on the Window ★

Operated by Joe & Cindy Keough

7915 E. 71st St. • 252-4499

BBQ Meats, Pork Ribs, Grilled Burgers — Closed Sundays

FARMERS

Call for your free insurance quote!
Auto/Home/Life

Neil Johnson • (918) 403-9955

1515 E. 71st St., Suite 200 • Tulsa, OK • 74136

The Owasso Economy Looks Strong in 2015

Editor's Note: The Greater Tulsa Economic Report is a monthly column written by various area Chamber of Commerce and other business representatives. Additional columns will feature reports from Broken Arrow, Bixby, Jenks, Hispanic and Greenwood Chambers of Commerce, as well as from the Tulsa Regional Chamber and other greater Tulsa areas.

Greater Tulsa Economic Report



By GARY AKIN
President, Owasso Chamber of Commerce

Owasso is positioned to have another outstanding year of quality growth. There are several reasons for this projection. Interest rates are predicted to remain low, new jobs are being created, housing starts are up, the unemployment rate is low, and, geographically speaking, there is plenty of room to grow.

We're thrilled about Macy's Fulfillment Center opening during the spring 2015. This \$170 million, 1.3 million s/f center, located in the Owasso School District, will be home to 1,500

new and part-time jobs. A new \$6 million, 24,000 square foot memory care facility will be developed on the campus

of Bailey Medical Center. Facilities will include 36 private suites and personnel providing professional services to patients with Alzheimer's and other dementia related illnesses. Continuing with healthcare expansion, a new urgent care facility will be opening in 2015, just south of IHOP on North Garnett Road.

Residential growth is projected to remain strong in the coming year. There were 270 new residential home sites constructed in 2014, the greatest number since 2009. Existing residential developments are growing and new sub-divisions are scheduled to come online throughout the year. Stone Canyon, the largest master-planned residential development in Oklahoma (3000 acres), and the home to the Patriot Golf Club

and the Folds of Honor Foundation, is continuing its remarkable growth rate.

New retail, grocers and restaurants will be opening soon. We're excited that Academy Sports and Outdoors will be breaking ground near North Garnett Road. Additionally, a new Sprouts Farmers Market is scheduled to open April 1, near Sam's Club at 96th Street North & 129th East Avenue. And, a second Neighborhood Market is scheduled to be open this year at 116th Street North & 129th East Avenue. We're also excited for the long anticipated Buffalo Wild Wings coming to Owasso. The restaurant will be located next to Aldi's in Tyann Plaza.

Owasso is well known for providing exceptional educational opportunities; in 2015 the tradition will continue. Owasso Public Schools is nearing 10,000 in student population and is regarded as one of the finest public school systems in the state. Owasso High School is now the fourth largest in the state. The chamber will support the projected 2015 school bond issue that will provide funding for our ninth elementary school, school buses and text books. Rejoice Christian Schools is currently in the midst of a \$50 million, 275,000 s/f, expansion project. The master plan will merge the two existing campuses into one. The newly

designed campus will be located at 106th Street North just west of U.S. 169 and will offer classes pre-K-12. The new elementary school will open in August 2015, with the high school and remaining facilities slated to open later in the year. Finally, Tulsa Tech-Owasso Campus and Conference has recently been recognized at the largest tech center in the state. With state-of-the-art facilities, professional staff and contemporary curriculum, Tulsa Tech provides its students with an exceptional learning environment to achieve their educational goals. Tulsa Community College has 25,000 square feet of space inside the Tulsa Tech facility and is currently serving more than 740 students. The state of education in Owasso is very good.

In 2015, the Owasso Chamber will continue to represent its members in the areas of education, transportation, job creation, economic development and regionalism. We are active members of the OneVoice Regional Coalition supporting the top 10 state and federal legislative issues impacting our region. Chamber leadership will lobby our elected officials in Oklahoma City and Washington D.C. We will conduct 10 monthly membership luncheons, four legislative affairs luncheons, including the state-of-the-city address, and networking

sessions via business after hours and business over breakfast programming. Members are invited to participate in annual chamber activities, including, the Home and Garden Show, Trail Days, Golf Tournament, and Auction & Casino Night.

Owasso is known as a city of character. The foundation of our past, and the gateway to our future, resides with individuals of character possessing great vision, leadership skills, and a willingness to nurture partnerships. City officials, with input from many citizens, have created a long-term master plan for community growth. The plan is reviewed and updated on a recurring basis. There are four core components essential to our city's future success. They are: a well managed city government; outstanding educational institutions; a focused economic development program; and a chamber of commerce that represents the interest of business and industry, while advocating for a high quality of life for our citizens. Utmost success cannot be achieved in our city by working independently; it can only be achieved by working together. This is Owasso's greatest strength: working together to achieve a desired result. The chamber board of directors and staff wish everyone a very prosperous 2015. Website: owasochamber.com.

Spartan College Signs Agreement for Aircraft

Spartan College of Aeronautics and Technology has signed a Training Program Development and Deposit Agreement with Aero Electric Aircraft Corp. (AEAC). Spartan is reserving the first 20 "Sun Flyer" delivery positions and is to help develop a complete training system for the "Sun Flyer" solar-electric training aircraft being developed by AEAC.

Peter Harris, CEO of Spartan College, says, "This agreement signifies our commitment to innovation and to serving the

next generation of pilots. Spartan College is honored to be the first training school to formalize our collaboration on a complete training system that will make flight training more modern, accessible and economical than ever before."

George Bye, CEO of AEAC, thanked Spartan College for their collaboration and support. "Our goal with Sun Flyer is to achieve lower operating costs and enhanced safety features for a training airplane by focusing on the benefits of solar-electric propulsion and durable composite construction," he said. "Spartan College is to be commended for their innovative spirit and forward-thinking strategy."

AEAC is planning to offer the first certified U.S.-sponsored, practical, all-electric airplane serving the aviation training markets. The company recently unveiled the single-seat technology demonstrator for its next-generation solar-electric training aircraft and continues to perform initial R&D flight test operations at Centennial Airport near



SUN FLYER: Single-seat technology demonstrator for the solar-electric Sun Flyer. Photo courtesy of Deborah Smith, Centennial Airport.

Denver. Flight tests will continue while the first 2-seat prototype Sun Flyer is being assembled.

Aero Electric Aircraft Corp. was created to produce, under license, the 2-seat Sun Flyer aircraft and bring it to market. For

more information, visit www.SunFlyer.com.

As a historical training asset in the aviation industry since 1928, Spartan College monitors changes in the market and regularly makes opportunistic adjust-

ments to ensure it is providing the trained workforce needed to meet employer demand for professional pilots, mechanics, technicians and inspectors. For more information, go to www.Spartan.edu.

Want to Purchase Mineral & Other Oil/Gas Interests.

Send details to:
PO Box 13557
Denver, CO 80201

Our future is guided by the choices we make today. While the road ahead will not be an easy one, we will continue on. It will take determination, and courage to traverse, but the American energy industry will be a beacon along that road. It will power us through.

AMERICA NEEDS AMERICA'S ENERGY
www.energyadvocates.org

ENERGYADVOCATES
www.energyadvocates.org

BUSINESS & PEOPLE NOTES



Courtesy TTCU

SCHOOL PRIDE: Dr. Leigh Goodson, right, president and CEO of Tulsa Community College, accepts a donation from Georgia Steele, TTCU Relationship Management Manager. The donation was the result of the credit union's School Pride promotion.

TTCU The Credit Union presented a \$2,861.42 donation to Tulsa Community College recently. Dr. Leigh Goodson, TCC president and CEO, accepted the gift which was the culmination of TTCU's School Pride program.

The School Pride program began in 2007 featuring 20 area school cards. Since its debut, 20 schools have been added to the line-up. The program allows TTCU members to choose among these 40 school card designs as the debit card for their TTCU checking account.

Along with showing school spirit for area schools, each time the card is swiped to make a purchase, TTCU makes a donation to the school featured on the card. Since its inception, northeastern

Oklahoma schools have received over \$420,000 in donations from the program.

TTCU is the largest state-chartered credit union in Oklahoma with sixteen branches; five in Tulsa, two in Broken Arrow and Tahlequah, one in Bixby, Jenks, Claremore, Miami, Muskogee, Owasso and Sapulpa. Established in 1934, TTCU The Credit Union, is a \$1.5 billion credit union serving over 114,000 members who are educationally affiliated, including students and their families as well as hundreds of Select Employee Groups in NE Oklahoma with a full complement of depository, lending and financial advisory services. TTCU is federally insured by the NCUA.

Tulsa-based Patriot Bank announces the promotion of two executive-level employees.

Chief Financial Officer **Randall Wimmer**, who most recently served as senior vice president, has been named executive vice president. He joined Patriot Bank in October 2009. Wimmer provides key managerial oversight of the financial and operational functions of the bank. He graduated from Oklahoma State University with a Bachelor of Science in accounting, with three years of continuing education at the University of Wisconsin's School of Banking. He is professionally affiliated with the Oklahoma Bankers Association, the National Association of Bank Cost and Management Accounting, the International Facilities Management Association and Lions International.

Chief Lending Officer **Philip Houchin** has been promoted from senior vice president to executive vice president. He joined Patriot Bank in December 2009 and has since been integral in developing and growing all aspects of the lending services division of Patriot Bank. A native of Tulsa, Houchin earned his bachelor's degree in business administration with a major in finance from the University of Oklahoma.

"We are extremely fortunate to have Randall and Philip on the Patriot Bank team. They have proven themselves invaluable to our organization, and I'm confident we will continue to make great strides with these accomplished bankers as part of the executive team," says CEO Mike Bezanson.

Patriot Bank was acquired by new ownership in 2009 and has since been named one of America's Top 200 Healthiest Banks, according to DepositAccounts.com, earning the second highest ranking of all FDIC insured banks in Oklahoma in 2014. Their headquarters are located in South Tulsa at 9292 South Delaware Avenue. Patriot Bank specializes in providing financial services to professionals as well as small businesses and is actively dedicated to building a solid relationship with their customers based on trust, honest service and dependability.

For more information, visit www.patriotbankok.com.

The **Tulsa Police Department** promoted six members Jan. 20 with Chief Chuck Jordan presiding over the ceremony. The following members will be recognized for their promotions that were effective Jan. 15. **Major Jonathan Brooks** is promoted to deputy chief and will be over the administrative bureau. **Captain Wendell Franklin** is promoted to major and will be over the riverside division. **Sergeant Mark Wollmershauser** is promoted to captain. **Corporal John Ross Williams** is promoted to sergeant. **Officer Jillian Phippen** is promoted to sergeant. **Officer Shawn Kite** is promoted to corporal. Chief Jordan will also acknowledge 18 members for their years of service.

IMMIGRATION
\$8.99 for two pictures
with this coupon
AMERICAN PASSPORT PHOTO
810 E. 6TH ST. • 382-8472
PASSPORT PHOTO



WIMMER



HOUCHIN

Trust Company of Oklahoma named **Sydney Wilson** as assistant vice president and **Jared Buchan** as investment officer at the Tulsa Warren Place location.

Wilson brings more than 20 years of experience in human resources and investments. As assistant vice president, Wilson oversees the securities trading desk. Prior to joining Trust Company of Oklahoma, Wilson worked as a financial recruitment manager at the Rowland Group. A native Tulsan, Wilson earned a bachelor's degree in letters from the University of Oklahoma.

Buchan's focus is in investment analysis and retirement planning. He joins Trust Company of Oklahoma from Northwestern Mutual, where he advised his clients on retirement planning, income optimization and portfolio management strategies. A native Oklahoman, Buchan earned his Juris Doctor and Bachelor of Business Administration from the University of Oklahoma and is currently pursuing his Chartered Financial Analyst (CFA) designation. He is also a member of the Oklahoma Bar Association and the Tulsa Estate Planning Forum.

Muscogee (Creek) Nation citizens elected a new second chief Jan. 10 in a special election runoff as tribal employee **Louis Hicks** defeated his opponent, former principal chief A.D. Ellis.

Hicks received 65 percent of the vote with 2,010 votes, while Ellis garnered 1,070 votes. Hicks won a majority in all 18 voting precincts, as well as the absentee ballots. Hicks, 64, has stated that his goal is to be open-minded with Muscogee (Creek) citizens and to "diligently listen and act upon their concerns." He said he will follow the constitution of the great Muscogee Nation and to the best of his ability be assertive with whatever authority is given to him by the chief or National Council.

Melanie Hasty-Grant, Founder & Principal of **Waterstone Private Wealth Management**, an LPL Financial-affiliated advisor, attended the ninth-annual Barron's Top Women Advisors Summit, hosted by Barron's magazine, to promote best practices in the industry and the value of advice to the investing public. The invitation-only conference was held Dec. 3-5 at The Breakers in Palm Beach, Fla.

Seventy-six of the Top 100 Women Financial Advisors in the U.S., as ranked and published in Barron's June 2, 2014, issue, were in attendance. This annual ranking is the basis for the Top Women Advisor's Summit; advisors are selected for the list based on the volume of assets overseen by the advisors and their teams, revenue generated for the firms and the quality of the advisors' practices. The Top 100 Women are comprised of advisors from major security firms and independent operations.

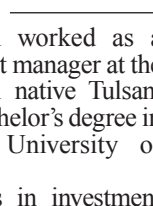
Hasty-Grant was one of approximately 30 LPL-affiliated advisors who attended the esteemed conference.



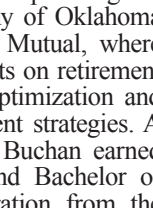
WILSON



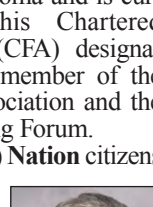
BUCHAN



HOUCHIN



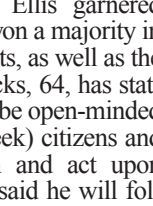
HICKS



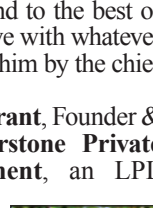
HICKS



HICKS



HICKS



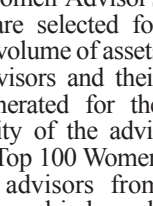
HICKS



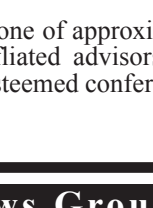
HICKS



HICKS



HICKS



HICKS

Tulsans were honored at the recent **Oklahoma State Home Builders Association** installation festivities in Tulsa in early January. **Mark Priess** was selected by his peers as the 2014 OSHBA "Associate of the Year." Priess was recognized for his continual presence and participation in many of the activities of the association. He has been recognized for his work in the HBA of Greater Tulsa.

During the January banquet, **Phil Rhee** was installed as OSHBA president. Rhee is president of BMI Properties and is a long-time member of the Home Builders Association of Greater Tulsa, serving as president in 2002. He is the son of home builder Bill Rhee, who died this past year and was past president of the Tulsa association. Rhee followed in his footsteps as the local president.

The Board of Directors for **Junior Achievement of Oklahoma, Tulsa Region**, has approved the addition of five new members to its board of directors: **Robert Franklin** with Tulsa Tech; **Richard Haldeman** with Cancer Treatment Centers of America at Southwestern Regional Medical Center in Tulsa; **Thomas Hay** with Bank of Oklahoma; **Ben Kimbro** with Tactical Electronics; and **Dr. Jeff Wilson** with T.D. Williamson.

Robert Franklin currently serves as the associate superintendent for advancement and outreach at Tulsa Tech. In this role, he supports and fosters sending school partnerships as well as advancing programming to meet the current and growing business and industry workforce needs. He is also the liaison to the Tulsa Tech Education Foundation.

Richard Haldeman is the president and chief executive officer of Cancer Treatment Centers of America (CTCA) at Southwestern Medical Center in Tulsa. Prior to joining CTCA, Haldeman spent 13 years in the oncology field. He most recently served as senior administrator of oncology services and CFO for the Kimmel Cancer Center at Thomas Jefferson University and Hospitals in Philadelphia.

Thomas Hay is the senior vice president and director of consumer product management at Bank of Oklahoma. He is responsible for the strategy, product development and product management for the Consumer Banks debit card, credit card, consumer lending, digital banking and deposit products.

Ben Kimbro is the executive vice president of Tactical Electronics, a dynamic training, manufacturing and consulting firm serving special operations forces and special enforcement and intelligence agencies and services. Kimbro is an appointee of Governor Mary Fallin as a member of the Governor of Oklahoma's Unmanned Aircraft Systems Advisory Council.

Dr. Jeff Wilson is the chief technology officer of T.D. Williamson. He is responsible for development, commercialization, and lifecycle management of technologies that serve the global pipeline market. Wilson has worked in technology-intensive industries as an engineer, sales engineer, and engineering manager.

To learn more about Junior Achievement of Oklahoma, visit www.jaok.org or call 918-663-2150.



PRIESS



RHEES

Paw Prints Ltd. | Happy Tails
Veterinary Hospital | Pet Retreat
Early Drop-off • Personal Service • Compassionate Care
Looking for a Good Groomer?
Wynter Wheat Callison, D.V.M.
250-0883 • 8046 S. Memorial Dr.
WynterCalison@cox.net • Mon.-Fri. 7-6 • Sat. 9-2

A Bee Printing
Affordable Prices Since 1975
• Digital Prepress • Color Printing
• Carbonless Forms • Brochures
• Envelopes • Newsletters
• Layout & Design • Business Cards
• Letterhead
Call Tony Today!
918-834-2054
Friendly, knowledgeable people who care about service!

SUBSCRIBE NOW!
\$18 FOR ONE YEAR

YES! I want to be assured of RECEIVING MY NEWSPAPER. Enclosed is my check or money order for my One Year subscription.

Union Boundary Jenks District Gazette Midtown Monitor
 Owasso Rambler Broken Arrow Express Bixby Breeze
(check one for \$18, two for \$32, three for \$39, or all six for only \$69)

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
PHONE _____
EMAIL _____

CLIP & MAIL THE ABOVE SUBSCRIPTION NOTICE & YOUR CHECK OR MONEY ORDER TO:
Greater Tulsa Reporter Newspapers, P.O. Box 470645, Tulsa, Ok. 74147-0645

GTR CLASSIFIEDS

To place a GTR Classified, please email advertising@gtrnews.com, or call 918-254-1515

ADOPTION

PREGNANT? CONSIDERING ADOPTION? Talk with caring adoption expert. Choose from families Nationwide. LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions 866-413-6296 Void In Illinois/New Mexico/Indiana

ANNOUNCEMENTS

WORMS LIVING INSIDE YOU!!! Causing Bloating & MASSIVE Weight Gains NOW! Famous TV Doctor Shows TRUE SHOCKING Videos HERE! www.HealingTheHealth.info 1-800-476-0016

APARTMENTS FOR RENT

RETIREMENT APARTMENTS, ALL INCLUSIVE. Meals, transportation, activities daily. Short Leases. Monthly specials! Call (866) 338-2607

AUTOS WANTED

TOP CASH FOR CARS, Any Car/Truck, Running or Not. Call for INSTANT offer: 1-800-454-6951

CARS/TRUCKS WANTED! Top \$\$\$\$ PAID! Running or Not, All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2330

GET CASH TODAY for any car/truck. I will buy your car today. Any Condition. Call 1-800-864-5796 or www.carbuyguy.com

AUTOS

Need Car Insurance? Lowest Down Payment - Canceled? State Letter/SR71? Accidents? Tickets? DUI? Instant Coverage! www.InsureACar.com Toll-Free 1-888-358-0908

FINANCIAL

Delete Bad Credit In Just 30-Days?! Stop getting turned down because of bad credit Free to start! A Rated W/BBB Call Now! 844-560-7687

HEALTH & FITNESS

VIAGRA 100MG and CIALIS 20mg! 40 Pills + 10 FREE. SPECIAL \$99.00 100% guaranteed. FREE Shipping! 24/7 CALL NOW! 1-888-223-8818

VIAGRA 100mg, CIALIS 20mg. 40 tabs +10 FREE, \$99 includes FREE SHIPPING. 1-888-836-0780 or Metro-Meds.net

VIAGRA 100MG and CIALIS 20mg! 50 Pills \$99.00 FREE Shipping! 100% guaranteed. CALL NOW! 1-866-312-6061

HEALTH OR MEDICAL

Viagra 100mg or CIALIS 20mg 40 tabs + 10 FREE! All for \$99 including Shipping! Discreet, Fast Shipping. 1-888-836-0780

HELP WANTED

ATTENTION
If you have 15 hrs per week you would like to make productive, work out of the home using your computer & develop \$1,000/mo income, with a very prominent world corporation, excellent fringe benefits...
GO TO:
www.finallybefree.com

\$775.35/WEEKLY** HOMEMAILERS NEEDED!! -- \$570/WEEKLY** ASSEMBLING CHRISTMAS DECORATIONS -- ONLINE DATA ENTRY for Cash, PT/FT. No Experience Required. Start Immediately. Genuine! www.LocalWorkersNeeded.com

HELP WANTED Earn Extra Income Assembling CD Cases From Home. Call our Live Operators Now! No experience necessary. 1-800-267-3944 Ext 2870 www.easywork-greatpay.com

HELP WANTED

Start Immediately! Great money from home with our FREE mailer program. LIVE operators available now! 866-780-0580 ext.110 or visit www.pacificbrochures.com

HELP WANTED - DRIVERS

Frac Sand Owner Operators Needed Immediately in Texas! Requires tractor, blower, pneumatic trailer. Sting Services Pays 80%...Unlimited Work 214-250-1985

INSURANCE

Need Car Insurance Now? Lowest Down Payment - Canceled? State Letter? Accidents? Tickets? DUI? Instant Coverage! INSUREDIRECT.COM 1-800-231-3603

MISCELLANEOUS/CAREER TRAINING

AVIATION Grads work with JetBlue, Boeing, NASA and others- start here with hands on training for FAA certification. Financial aid if qualified. Call Aviation Institute of Maintenance 888-686-1704

MISCELLANEOUS

DirecTV! Act Now- \$19.99/mo. Free 3-Months of HBO, Starz, SHOWTIME & CINEMAX FREE GENIE HD/DVR Upgrade! 2014 NFL Sunday Ticket included with Select Packages. New Customers Only. IV Support Holdings LLC- An authorized DirecTV Dealer. Call 1-800-354-1203

DISH TV Starting at \$19.99/month (for 12 mos.) SAVE! Regular Price \$32.99 Ask About FREE SAME DAY Installation! CALL Now! 877-477-9659

DISH TV Retailer. Starting at \$19.99/month (for 12 mos.) & High Speed Internet starting at \$14.95/month (where available.) SAVE! Ask About SAME DAY Installation! CALL Now! 1-800-615-4064

DISH TV Starting at \$19.99/month (for 12 mos.) SAVE! Regular Price \$32.99 Ask About FREE SAME DAY Installation! CALL Now! 877-648-0096

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: 1-888-909-9905 18+.

CASH FOR CARS, Any Make or Model! Free Towing. Sell it TODAY. Instant offer: 1-800-864-5784

AIRLINE MANUFACTURING CAREERS Start Here - Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 888-686-1704

MISCELLANEOUS

AIRLINE CAREERS. Get FAA approved maintenance training at campuses coast to coast. Job placement assistance. Financial Aid for qualifying students. Military friendly. Call AIM 866-453-6204

Bundle & Save on your TV, Internet, Phone!!! Call Bundle Deals NOW Compare all Companies, Packages and Prices! Call 1-855-978-2608 TODAY!

CASH PAID for unexpired, sealed DIABETIC TEST STRIPS! 1 DAY PAYMENT & PREPAID shipping. HIGHEST PRICES! Call 1-888-776-7771. www.Cash4DiabeticSupplies.com

Get Lightning Fast High Speed Internet. AT&T U-Verse® Plans starting at \$14.95/mo! BUNDLE & save more with AT&T Internet+Phone+TV. CALL NOW. Offers End Soon! 855-980-5126

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: Call 1-877-737-9447 18+

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-800-741-1410

Viagra Users! Viagra 100mg/Cialis 20mg 44 Pills only \$99.00. No prescription Needed! Discreet Shipping. Call Today 1-800-213-6202. Save, Save, Save!

CASH FOR CARS: All Cars/Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-800-864-5960

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace -little or NO cost to you. Medicare Patients Call Health Hotline Now! 1-800-491-6053

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-980-6076 for \$750 Off.

Sell your structured settlement or annuity payments for CASH NOW. You don't have to wait for your future payments any longer! Call 1-800-714-4724

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-290-8321 to start your application today!

MISCELLANEOUS

HOTELS FOR HEROES - to find out more about how you can help our service members, veterans and their families in their time of need, visit the Fisher House website at www.fisherhouse.org

SUPPORT our service members, veterans and their families in their time of need. For more information visit the Fisher House website at www.fisherhouse.org

MOTORCYCLES /WANTED TO BUY

WANTED JAPANESE MOTORCYCLES 1967-1982 ONLY KAWASAKI Z1-900, KZ900, KZ1000, Z1R, KZ1000MKII, W1-650, H1-500, H2-750, S1-250, S2-350, S3-400 Suzuki, GS400, GT380, Honda CB750 (1969-1976) CASH. 1-800-772-1142, 1-310-721-0726 usa@classicrunners.com

REAL ESTATE FOR SALE

Texas Land Sale Near El Paso \$0 Down 20 Acres-\$128/mo-\$16,900 40 Acres-\$198/mo.-\$25,900 Money Back Guarantee No Qualifying-Owner Financing Call 1-800-343-9444

WANTED TO BUY

Cash for unexpired DIABETIC TEST STRIPS! Free Shipping, Best Prices & 24 hr payment! Call 1-855-440-4001 www.TestStripSearch.com.

Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver, Co. 80201

\$25,000 REWARD for older FENDER, GIBSON, GRETSCH, MARTIN, MOSRITE, NATIONAL guitars. Paying \$500-\$25,000+ Please call Crawford White in Nashville, 1-800-477-1233 NashvilleGuitars@aol.com

CASH PAID- up to \$25/Box for unexpired, sealed DIABETIC TEST STRIPS. 1-DAY-PAYMENT. 1-800-371-1136

ADVERTISE to 10 Million Homes across the USA! Place your ad in over 140 community newspapers, with circulation totaling over 10 million homes. Contact Independent Free Papers of America IFPA at danielleburnett-ifpa@live.com or visit our website cadnetads.com for more information.

Reader Advisory: The National Trade Association we belong to has purchased the above classifieds. Determining the value of their service or product is advised by this publication. In order to avoid misunderstandings, some advertisers do not offer employment but rather supply the readers with manuals, directories and other materials designed to help their clients establish mail order selling and other businesses at home. Under NO circumstance should you send any money in advance or give the client your checking, license ID, or credit card numbers. Also beware of ads that claim to guarantee loans regardless of credit and note that if a credit repair company does business only over the phone it is illegal to request any money before delivering its service. All funds are based in US dollars. Toll free numbers may or may not reach Canada.


Part-Time Distribution People Needed
Call 918-254-1515 for more information
GTR Newspapers
www.gtrnews.com



AAA Oklahoma Customer Service
AAA Oklahoma is looking for great people to join our team. We have Wrecker & Light Service Battery Driver openings in our Fleet; Sales, Customer Service & Quality Control openings in our Insurance group.
We offer a competitive base salary & comprehensive benefits package including 401(k) with company match. Please log on to www.ok.aaa.com/careers to view all of our open positions & to apply on-line today!
AAA Oklahoma is an Equal Opportunity Employer.

CASH FOR CARS
ALL Cars/Trucks WANTED! Running or Not! Damaged/Wrecked...OK! FREE pick-up and towing! Sell your car in 60 seconds!
CALL NOW FOR A FREE GUARANTEED OFFER!
1-888-524-9668
www.cashforcar.com

WANTED OLD JAPANESE MOTORCYCLES
KAWASAKI-- Z1-900(1972-75), KZ900, KZ1000(1976-1982), Z1R, KZ1000MK2(1979,80), W1-650, H1-500(1969-72), H2-750(1972-1975), S1-250, S2-350, S3-400, KH250, KH400, SUZUKI--GS400, GT380, HONDA--CB750K(1969-1976), CBX1000(1979,80)
\$ \$ CASH \$ \$
1-800-772-1142
1-310-721-0726
usa@classicrunners.com



NO TEXT ON BOARD
it can wait



Remembering the Family Trip to Washington, D.C.

Editor's Note: This is the final article in a multiple-part series that has run in the GTR Newspapers about a family's educational venture from Tulsa to Washington, D.C.

By JOANNE WHITNEY

Now it's winter, a perfect time to warm up with great memories of last May's thousand-mile search for first-hand evidence of early American history. From Tulsa to the U. S. Capitol and The White House, my daughter Adrienne and I undertook a monumental excursion on behalf of grandchildren Canaan, Ethan and Bella who were eager to go to the faraway places of USA's beginnings, especially since it would be accomplished in a Class-C RV that was not only wheels to get around, but served as bedroom, kitchen and classroom for the five of us. Monumental excursion? That description fits for Adrienne and me, since theretofore we had never set foot in an RV, much less driven one. It was all about using our prowess and determination to make it work. And we amazed ourselves by pulling it off!

Our trek through five states to uncover facts about America's beginning rested in Maryland where we gave the RV a temporary reprieve from hauling us along, thanks to Cherry Hill RV Park, a super-cool family-friendly resort only minutes away from the District.

Parking spaces are scarce in the Capitol, leaving no alternative to get there other than the complex system of transportation, which is another story in itself. We resigned ourselves to the inevitable public transits and were rewarded by finally reaching our travel goal: after 27 days' journey, there it was - The White House! By that time, our husbands had flown in to join us, making the proverbial movie title "Planes, Trains and Automobiles" personally relevant.

Everything fell into place that we had hoped for: a private tour

of the Capitol building hosted by interns of Representative Tom Cole of Oklahoma's 4th District, where we sat in on an appropriations hearing. The kiddos beamed when Rep. Cole gave us a private session in his office, presenting them with official Capitol medallions.

Our heads were reeling from amazing sights and historical politicking - the day spent in the Capitol and The White House was a once-in-a-lifetime opportunity, worth the effort of getting there!

The White House tour was slam-bam in-and-out but yet how could we complain when hundreds of people every day stand in line for hours to be inside "the people's house"? But there was a side-bar to our successful D.C. tours - I got lost in the Capitol Building! I made a wrong turn after dallying over some of the fantastic works of art in the Rotunda - somehow, stupid me, I found myself on a floor where there were what seemed to be hundreds of closed doors and nobody in sight along the marble hallway. I felt like the great building had swallowed me, or worse, maybe I had ended up in a restricted area?

When I realized I had forgotten my cell phone I knew I had to find help because it was late in the afternoon, and what if the building locked up and closed down for the night? Right when I started having feelings of panic and claustrophobia within the never-ending hallway of closed doors, thank God a security guard found me wandering and showed the way outside where my family waited anxiously for my appearance, rolling their eyes in exasperated relief.

These are some of my own accounts of the "learning journey," but my story can't be complete without my family's input:

Adrienne: "My memories are the good feelings I had just being together with my Mom and children; it was like there was a positive force guiding us in the RV. Once I got over the fear of driving the RV and encountering bad weather and slick bridges, it was a wonderful experience. I'm so proud of the kids for being responsible travelers and taking the learning mission seriously. What I would go back for is Colonial Williamsburg!"

Bella, age 9: "I loved, loved, loved the (Williamsburg) RV



CAPITOL VISIT: *Tulsans Ben and Joanne Whitney and Adrienne and David Kallweit and children Canaan, Ethan and Bella, join other Oklahomans for a private White House and Capitol Building tour hosted by Hon. Tom Cole, District 4 Congressman. Rep. Cole's gracious gift of special Congressional medallion keepsakes to each of the children represented the climax of the great 2014 "Educational Trip of a Lifetime" via RV, to study Early American History and the founding of American freedom.*

park that had the big bouncing pad and where we sifted sand to find beautiful rocks - and (Colonial) Williamsburg was my favorite place to see history, 'specially the little shop where I bought my fan. But my best favorite was the (Smithsonian) Air and Space Museum!"

Ethan, age 11: "It was so funny (in Nashville Shores) when I got stuck in the child-size swing! A lot of people watched me and tried to get me out but Mom came and turned me upside down - it was funny but embarrassing! And I really liked going through all the ships at Jamestown."

Canaan, age 13: "My favorite thing was being with my family. I'll never forget the skeleton girl (JANE, the cannibalized teenage girl in James Forte) and all the history that was in that museum (James Towne Rediscovery Project)."



TIRELESS VOLUNTEER: *Elaine Tittle holds the community service award that she recently received from the Wealaka Chapter of DAR (Daughters of American Revolution). Tittle received the award due to her volunteer hours spent as a child advocate and working at the RSVP office. Also pictured are, from left, Cathy Barber, Tara Crabbe, Carolyn Thornton, Jo Lynn Crabbe and Michelle Maxwell.*



CELEBRATING LIFE: *On Jan. 22, The Broadmoor Retirement Community, 8205 E. 22nd St., honored 22 of its residents, all of who are 90 years or older. This includes Marvin McKissick, who is 95 years old. At the celebration, honorees received certificates of recognition from Mayor Dewey Bartlett, the Oklahoma State Legislature and the Senate. Standing with McKissick is Sharon Fleming, left, The Broadmoor activity director, and McKissick's daughter Connie Perkins.*

DIY Confectionary
Huge Selection of Supplies!

BROOKSIDE SUGAR ART SUPPLIES

4306 South Peoria • 918-574-2727 (BSAS)
 Tues. - Fri. 10-5 Sat. 10-3

MISS HELEN'S PRIVATE SCHOOL

Providing peace of mind for families since 1954.

Miss Helen's Private School
 4849 South Mingo ■ Tulsa, Oklahoma 74146
 918.622.2327 ■ www.misshelens.com

Utica Square a Beloved Tulsa Destination

In 1952, Don Nix and Dale Carter, two real estate developers, opened Tulsa's first suburban shopping center near the southeast corner of 21st Street and Utica Avenue and called it Utica Square. It marked the beginning of the move of retail from downtown Tulsa.

The center was a build-out at almost 30 acres of a series of simple mid-century modern, flat roofed buildings showcasing glass fronted shops. Light steel structural frames were enclosed with salmon colored brick and Arkansas Ledge Stone. Among the original tenants were a bowling alley, a grocery, a dance studio, a barbershop, an optometrist and a luggage shop. The square was on its way to becoming a well-located but average center.

Then, something amazing happened. In 1964, local oilman Walter Helmerich III, utilizing his company Helmerich and Payne, bought the square. Walt, who had a reputa-

tion for excellence in all things, spent the rest of his life improving the square. Little by little, it became one of the leading shopping centers in Tulsa and perhaps even the Midwest.

The first thing Walt did was plant more than 300 trees. More and more were added over the years. Walt, who loved trees, frequently inspected his sweet gums, elms and oaks. Woe be the prospective tenant who submitted a shop front elevation drawing that did not include a depiction of adjacent trees.

But, the identity of Utica Square is about more than trees. Although store fronts vary, each building has a distinctive green stepped fascia. Curbs are painted green to match. Sidewalk concrete is stamped "Utica Square" at frequent intervals. Parking and walkways are unobtrusively but well lighted. Signage is low key and frequently non-lit. Bedding

plants from tulips to mums to pansies are installed each season and maintained by the square's seven-person landscape staff. A 24-person security crew is on duty 24/7.

And then there are the special events. Lights On in the trees of Utica Square marks the beginning of the Christmas season in Tulsa. Another festival is Art in the Square – a sidewalk art fair featuring local artists' work. Finally, there Summer's Fifth Night free concert series.

Despite all of this activity, the grounds of the square remain clean and free from debris. All members of the Helmerich and Payne Utica Square staff are involved in policing and picking up trash.

Over the years, some major changes have been made to the square. Some of these include two upscale restaurants that replaced a medical arts building at the southeast corner, a new retail building at the southwest corner and a row of shops along the east side of the square.

Today, Utica Square has 57 tenants. Among these are 10 of Tulsa's leading restaurants. Two of the original occupants, the optometrist and the luggage shop, remain 62 years after the square opened. Utica Square does not market available space; there is usually a

On Architecture



By ROGER COFFEY, AIA



EMILY RAMSEY for GTR Newspapers

BEAUTIFUL CENTER: Midtown Tulsa's Utica Square was opened in 1952 by two real estate developers. However, the shopping center owes its enduring success and ample trees to Walter Helmerich III, who bought the square in 1964.

waiting list of interested prospective tenants.

On a misty morning with dew glistening on the leaves of the trees in Utica Square, if one squints, it

might be possible to still see Walt Helmerich with his specters inspecting his trees while walking the grounds of the square that blossomed under his care.

Pepper Henry Looks Forward to Gilcrease Leadership

The University of Tulsa has announced that James Pepper Henry has been named as the new executive director of Gilcrease Museum.

Pepper Henry comes to Gilcrease Museum from the Heard Museum in Phoenix where he has served as director and CEO since 2013. At his direction, the Heard developed the BUILD! Toy Brick Art at the Heard exhibition, which was the most successful summer exhibit in the museum's history, increasing museum attendance by 58 percent and memberships by 150 percent. USA Today noted BUILD! as one of its Top Ten must see exhibits in summer 2014.

Prior to the Heard, Pepper Henry enjoyed a successful six-year tenure at the Anchorage Museum at Rasmuson Center, Alaska's premier art, history and science institution. There, he oversaw the completion of the museum's \$110 million, 80,000-square-foot expansion. Pepper Henry is also a former associate director of the Smithsonian Institution's National Museum of the American Indian.

"Following a national search for a new executive director, Jim emerged as the right person to guide the next chapter of Gilcrease's history," says Steadman Upham, president of TU, which operates the museum for the city of Tulsa. "Jim has

more than 20 years of experience in evolving leadership positions in museums across the country and has been involved in exhibition and program development that appeals to a broad audience, including new generations of patrons."

"I am honored to have been selected as the next executive director of Gilcrease Museum," says Pepper Henry. "I look forward to working with the Gilcrease National Board, the staff and the community to advance Gilcrease Museum."

"This is a real homecoming for me. I have lots of family and friends in Oklahoma. The museum's founder, Thomas Gilcrease, and I share Muscogee Creek heritage. That makes my appointment as executive director even more special. I look forward to coming back to Oklahoma to lead this great museum with its tremendous collection."

As an associate director of the Smithsonian's National Museum of the American Indian (NMAI) for nearly 10 years, Pepper Henry managed a wide variety of American Indian community-oriented programs, services and traveling exhibitions. He played a pivotal role in the establishment



PEPPER HENRY

gallery director for the Institute of Alaska Native Arts in Fairbanks, Alaska.

Pepper Henry is an enrolled member of the Kaw Nation, and affiliated with the Muscogee Creek nation. His mother is of Kaw and Muscogee Creek descent. He was the first enrolled American Indian to lead the Heard in its 85-year history. He is co-founder and president of the Kanza Ilóshka Society, a nonprofit organization dedicated to the perpetuation of the cultural life-ways and traditions of the Kaw people.

He is a graduate of the University of Oregon and a recipient of the university's prestigious Council for Minority Education Leadership Award. He is also a graduate of the Museum Leadership Institute at the Getty Center in Los Angeles, California.

Pepper Henry has contributed essays to various publications including *Stewards of the Sacred*, co-published by the American Association of Museums and Harvard University, and *Native Universe: Voices of Indian America*, co-published by the Smithsonian Institution and the National Geographic Society.

Pepper Henry will assume his duties on March 30.

Hummingbird Electric, Inc. 

OK License 72320

Fuse Box Maintenance • Fan Installation • Home Rewiring
Indoor/Outdoor Lighting • Residential • Commercial • Industrial
New or Renovations • Specializing In Service & Repairs.

627-3785
or for immediate assistance 808-6570



HELLO GORGEOUS.
famous bavarian cheesecake
chocolate dipped strawberries
reserve yours!

LUDGER'S
BAVARIAN CAKERY

www.ludgersbavariancakery.com
8931 South Yale Avenue, Suite P • 918-62-CAKES (622-2537)

IHLÖFF SALON AND DAY SPA
bringing balance and beauty to life

The perfect gift.



918.587.2566 **AVEDA** PURCHASE ONLINE AT **ihloffspa.com**
Utica Square and 83rd & Memorial



SHOPPING:
 Canterbury Gifts
 Donna's Fashions
 Dynamic Audio

SERVICES:
 AAA Oklahoma
 Dental Excellence
 Enrique's Salon
 Hunter Construction
 Prudential Detrick Realtors
 Raymond James Financial Services Inc

Red Canyon Massage Therapy
 Sarah's Tailor Shop
 Spiffy's Cleaners
 State Farm Insurance
 The Winbury Group
 YMCA: South Tulsa
 Zeller Photography

DINING:
 The Bistro at Seville
 Café Seville

Happy Valentine's Day from the Shops of Seville

Spiffy's CLEANERS over 25 years experience!

20% OFF Comforters

FREE Pick-up & Delivery
Call 918-492-4875

LIKE US ON FACEBOOK FOR EXCLUSIVE DEALS AND TIPS
www.SpiffysCleaners.com

Canterbury Lane
HOME • EXCEPTIONAL GIFTS • CANDLES

Be Mine Valentine!

Complimentary Gift Wrap Gift Certificates Available
101ST & YALE SHOPS OF SEVILLE PHONE 299-0022

Join The South Y And Get A Free T-Shirt!

- FREE Child Watch
- FREE Exercise Classes
- FREE Access to ALL Tulsa & Oklahoma Y's

the Y YMCA South Neighborhood Y
10031 S. Yale (Shops of Seville)
south@ymcatulsa.org ymcatulsa.org

ymcatulsa.org

THE BISTRO AT SEVILLE

Reserve your table now to enjoy our exquisite Valentine's Dinner Menu

101st & Yale • 918-296-3000
bistroatseville.com
Open Daily at 11:00

Bakery • Breakfast • Lunch • Special Events

Cafe Seville
918-209-5779
10021 S. Yale Ave., Ste 108
eatingetc@yahoo.com
Mon-Sat 7:30 a.m – 3:30 p.m.

www.cafesevilletulsa.com

Like us on Facebook Shop Online
www.donnasfashions.com

Valentine's Day at

DONNA'S
More than just fashion.
Featuring **JOHNNY WAS**

Shops of Seville, 101st & Yale
918-299-6565

ENRIQUE'S SALON

Call for Appointment
Walk Ins Welcome

Shops of Seville - 101ST & Yale
918-496-0000
WWW.ENRIQUESSALON.COM



Sharon King Davis Shares Tulsa Memories

By EMILY RAMSEY
Managing Editor

In 1956, fourth-generation Tulsan Sharon King Davis was nine years old and living with her family at 49th Street and Peoria Avenue.

Then, she recounts, "One day, my parents said, 'Let's go look at where we're going to live next.'"

Her family headed for 61st Street and Yale Avenue, driving through the intersection of 51st Street and Harvard Avenue, "which had a two-way stop sign and where Bixby farmers brought their produce to sell," Davis says. "There was nothing south of Interstate 44.

"They drove us to the abandoned Commercial Airport and runway, located northwest of 61st Street and Yale Avenue, and we said, 'We're going to live at the (Tulsa County) Poor Farm?'" she laughs.

Davis' father, Ramon L. King, was a developer and had bought the land at the now-highly-frequented intersection to build residential and commercial properties.

"He heard the rumor that Mr. Warren had purchased land for St. Francis Hospital," she says.

King also knew a good deal when

he saw one. He recognized that he could buy large tracts of land at a much more reasonable price because of its location outside of downtown Tulsa.

Additionally, Southland Shopping Center was, at that time, under construction at 41st Street and Yale Avenue.

"It (61st Street and Yale Avenue) was still at the edge of town at that time, but he knew something was going to happen out there," Davis says.

The King family moved into their new home in the Holiday Hills neighborhood on 55th Place in the summer of 1957.

Also during that time, 55th Place was featured in the Parade of Homes. Builders bought individual lots to build the most up-to-date homes possible, says Davis. "That's why, if you drive down that street, you'll see that each home is very unique and different from the others.

"After the Parade of Homes, the neighborhood sprang up almost overnight."

The airplane runway of Commercial Airport became the main street of Holiday Hills,

Urban Avenue, running north and south. King planned to downsize it, but "when Dad realized how expensive it was going to be because of how dense and deep the concrete was, he said to just leave it," Davis says.

Davis holds many years of memories living in that area that used to seem so distant from the city.

"I remember running up and down the creeks that used to run on both sides of Yale Avenue when it was a two-lane road," she says.

"There used to be a brick building at 51st Street and Hudson Avenue with vegetable gardens all around it, and the (Tulsa County Poor Farm) residents would sit on the porch and we would talk to them," she says.

From 1960 to 1962, King built two buildings that made up the Holiday Hills Shopping Center, complete with a number of necessary businesses to serve the residents living nearby.

Sipes grocery store was one tenant, where, Davis remembers, children could get a free cookie from the bakery and sit and watch black and white cartoons that were being shown.



EMILY RAMSEY for GTR Newspapers

FAMILY HISTORY: Sharon King Davis stands in KingsPointe Village, which she and her sister developed in 2000. Their father developed the Holiday Hills Shopping Center in that location, at 61st Street and Yale Avenue, in 1960.

"There was also an area with free coffee where moms would sit and chat," she says.

The commercial center also held five-and-dime store TG&Y (toys, games and yo-yos), Trippets shoe store, a drug store, a restaurant, a barber shop, a beauty shop and a

dance studio.

The center remained Holiday Hills until Davis and her sister, Terry King, redeveloped it into KingsPointe Village in 2000.

"There were definitely a few tears shed when Holiday Hills came down," Davis says.

AWC DONATES BOOKS



Courtesy AWC Tulsa

LITERARY DONATION: Association of Women in Communications members (from left) Nancy Bizjack, Paula Cortner, Emily Bolusky, Jorja Jacobs and Martha Cullinan Cantrell recently delivered books to Anderson Elementary as part of AWC Tulsa's third annual book drive. The organization donated more than 100 new or gently used books and provided a financial gift that allowed the at-risk school to purchase nearly one new book for each of its 380 students.



Courtesy Gatesway Foundation

GATESWAY TO EXPAND: Greg Graham, a member of the Broken Arrow Medical Center Foundation advisory board, presents a \$50,000 donation to Gatesway Foundation CEO Judi Myers. The money will be used to help build a new two-story multi-purpose building on the agency's Broken Arrow campus. Myers says that architectural plans have been completed for the facility that will contain a consolidated maintenance center, music room, art room and commercial kitchen. Gatesway is a nonprofit Oklahoma agency that provides opportunities for individuals with developmental and intellectual disabilities.

Visit Our NEW Southwest Blvd. Store
3110 Southwest Blvd. / Tulsa

Don't Miss Our ...

Winter Half-Price Sale
Saturday, February 21, 2015
Extended Hours—All Locations 8:30am - 7pm

All Men's, Ladies & Children's Clothing
50% OFF*

(*Shoes, purses & accessories not included in this sale.
*All Sales Final On Half Price Clothing.)

Tulsa Locations: 3110 Southwest Blvd., 102 S. Garnett Rd.
19021 E. 51st St. Broken Arrow: 2210 W. Washington
Glenpool: 502 West 125th Place
Owasso: 8525 N. 117th East Ave.
Claremore - Bartlesville - Carthage - Joplin - McAlester
www.goodwilltulsa.org

75 Years Beltone

We put 75 years of listening experience to work every day.

Hear the difference Beltone hearing aids will make in your life. For 75 years, our #1 priority has been your better hearing. From our award-winning technology to our exclusive lifetime care program, you can count on us to be there for all of your hearing care needs.

Call today to schedule your free hearing screening!

Help Us Celebrate Our 75th Anniversary!
Free Hearing Consultations • Quality Hearing Aids for Every Budget
100% Money-Back Guarantee • Free Lifetime Service at Over 1,500 Locations Nationwide

Beltone
Helping the world hear better

Please Call to Schedule Your Appointment Today
1-800-545-2865
4619 South Harvard • 918-770-7019 • www.claybeltone.com

Hit your Target

We reach your customers.

GTR Newspapers
UNION BOUNDARY • TULSA FREE PRESS • JENKS GAZETTE
BROKEN ARROW EXPRESS • OWASSO RAMBLER • BIXBY BREEZE

Call 254-1515 for information



ONB BANK GTR COMMUNITY CALENDAR • FEB. 1 TO MARCH 7



Support TU Basketball in February. Call 918-631-GoTU for Tickets.

Calendar grid with columns for SUNDAY through SATURDAY and rows for dates 1 through 28. Each cell contains event details, times, and locations. Includes ONB Bank logos and illustrations of various activities like music, sports, and community events.



Be Happier With Your Money

Let's face it, managing your money is hard. But at ONB Bank we have the solution. It's Checknology SM. Our powerful package of leading-edge, mobile, money management tools, all FREE and available 24/7 with your MyChoice Checking account*.

Get \$100 When You Open Your MyChoice Checking Account**

Getting Checknological is easy. Just open a MyChoice Checking account online using offer code: MYCHOICE, or at any of our convenient locations and take charge of your money. And for a limited time, we'll give you \$100 just for opening your account.



ONB Bank Member Central Bancanpany Strong roots. Endless possibilities.

WWW.ONBBANK.COM | 918.477.7400 | MEMBER FDIC

© 2014 Central Bancanpany. All rights reserved. **Data and text rates from your phone's carrier may apply. **Minimum to open MyChoice Checking account \$50. No minimum balance required to receive incentive for MyChoice Checking. Incentive for opening MyChoice Checking is \$100. Incentive(s) are reported to the IRS as interest. Incentives will be deposited to the MyChoice Checking account within ten business days after the account is funded. Available to new checking account customers only. If checking account is closed within first 90 days a fee may be imposed. Promotion ends 10/31/14.

AREA NEWS

Golf Courses Abound in B.A.

By EMILY RAMSEY
Managing Editor

Several well-known, quality golf clubs call Broken Arrow home. That trend began in the early 1960s and has continued into recent times.

Cedar Ridge Country Club, located on the western edge of Broken Arrow on Garnett Road just south of 101st Street, is an 18-hole course that began in 1967.

The land the course sits on was originally a dairy farm. However, area businessmen including J.A. Buddy LaFortune, worked together to commission Joe Finger, a well-known golf course designer, to create a golf course that would be acclaimed as one of the finest in the nation.

The private, member-owned club features a championship golf course, tennis courts, a dining hall, and a newly-completed swimming pool and two-story fitness complex.

The club's offerings also help to set it apart as more than simply a golf club, with regards to its wide-ranging activities. "We're a home away from home for our members, and that includes the entire family," says Claudette Rogers, membership and marketing director.

Similarly, since taking ownership of Indian Springs Country Club in 2012, Paul Glover and Ryker Young have put their focus on developing more family-friendly programs to appeal to all family members, says General Manager Mark Barrett.

The \$1.75 million renovations have included updates to the clubhouse, locker rooms, golf course and athletic facilities.



EMILY RAMSEY for GTR Newspapers
PICTURESQUE VIEW: Indian Springs Country Club General Manager Mark Barrett, left, stands on one of the club's two 18-hole golf courses with Head Golf Professional Benjamin Benton.

Indian Springs Country Club was first established in 1968. Located on 131st Street, just west of Elm Avenue, the club sits on 420 acres, with two 18-hole courses, 14 tennis courts, three swimming pools, athletic areas and banquet space.

Forest Ridge Golf Club opened in east Broken Arrow in 1989, a vision of owner Joe Robson for a master-planned community, with a public 18-hole golf course as the centerpiece of the community.

Because of the importance of the golf course to Forest Ridge, course maintenance and maintaining consistent course quality are essential, says Forest Ridge golf pro Lance Allen.

The course has undergone many renovations and upgrades throughout the years. In 2010, all 18 putting greens received new grass. Every winter, a project is selected to focus on during the off-season. Projects have included cart path repairs, renovations of bunkers and the short-game area.

The course is regularly featured in the top three of Golfweeks' Best Courses to Play in Oklahoma.

The Golf Club of Oklahoma, located in southeast Broken Arrow off 141st Street, east of County Line Road, has found its niche, says General Manager Jeff McCormick, by offering golfers the feeling of true seclusion. The club sits on 560 acres with a golf course that was designed by renowned golf course architect Fazio and with no homes lining the course.

The course opened in 1983, with the area chosen by the club owner and Fazio due to its topography and elevation changes, McCormick says. "The natural lay of the land lends itself to a fantastic course."

Battle Creek Golf Club, located in north Broken Arrow, off 51st Street, opened in 1997 as a city-owned, public 18-hole golf course. It is managed and maintained by Greenway Golf.

In 2012, the course underwent renovations of all of its bunkers.

Bailey Bariatrics Offers Hope

By EMILY RAMSEY
Managing Editor

At 26 years old, Andrew Ames was nearly 350 pounds and taking four medications daily, with a family history of obesity, heart attacks, diabetes and strokes.

Ames chose to undergo bariatric surgery through the Center for Bariatrics at Bailey Medical Center in Owasso. By the time he arrived at that decision, he had already been through an extensive list of diet plans and pills. "This was the right answer for me," he says.

Ames is just one story from the 200 individuals who graduated on Jan. 10 from the Center for Bariatrics' fourth annual bariatric graduation.

The first step in determining whether a person is right for the program is found in his/her attitude, says Dr. JoeBob Kirk, medical director at the Center for Bariatrics. He cites willingness as one of the most

important qualities a patient must have. "If a patient is willing to learn and willing to change, we can help them with everything else."

Before being approved for bariatric surgery, patients must complete extensive physical and emotional preparation. This is done through meetings with a dietitian, exercise consultant and psychologist. Patients must also pass a series of physical examinations.

Prospective patients are aided in choosing the right type of surgery for them: sleeve gastrectomy, Roux-en-Y gastric bypass or gastric band. "The goal of the patients in our program is to be healthy, strong and nutritionally correct," says Kirk. "We select the procedure that will provide the best chance of success for each individual patient."

Ames had the gastric sleeve procedure on June 25 and immediately shrank from 334 pounds to 190 pounds.

His journey has held additional meaning for him in that both of his parents were on his journey in different capacities. His father had a similar surgery seven years earlier, and Ames' mother agreed to undergo the process with Ames. They went through the consultations together, and she had her surgery two months after him.

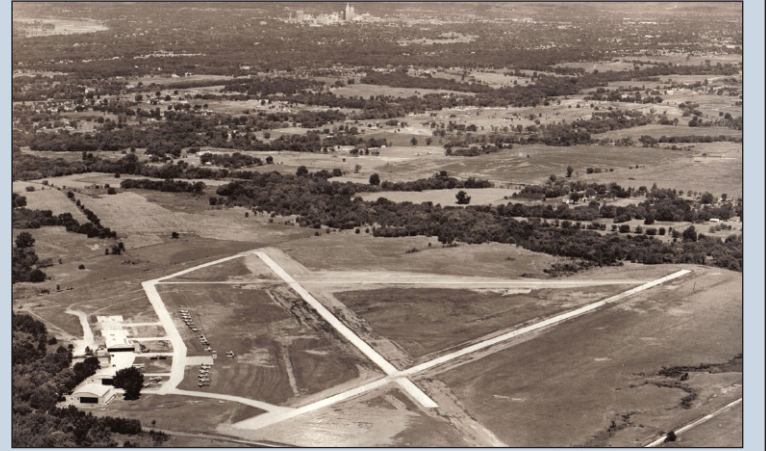
Yet, Ames realizes that surgery is just one small part of the process. "Surgery is just a tool. You have to determine your own result," he says.

Ames now eats six small meals per day, made up largely of protein, and maintains a daily workout regimen of cardio and weight training.

"It takes daily work to be healthy, strong and nutritionally correct. It's about lifestyle change," he says.

Although, Ames certainly has much to show for his effort. He is currently off all medications and has developed an enjoyment for exercise.

TIME BRINGS CHANGE TO TULSA INTERSECTION



Courtesy of Tulsa Air & Space Museum
AIRPORT REMINDERS: An aerial view of the airplane runway that still sits to the west of 61st Street and Yale Avenue.

Today, the intersection at 61st Street and Yale Avenue in Tulsa is home to LaFortune Park, St. Francis Hospital, the DoubleTree by Hilton Hotel and KingsPointe Village. However, in the 1920s, when most individuals remained close to the core of downtown Tulsa, 61st Street and Yale Avenue was largely farm land and about to become the home of the Tulsa County Poor Farm.

According to the Genealogical Society, in 1920, Tulsa County acquired 480 acres of land, previously the McClain Dairy Farm, located on 51st Street between Yale and Sheridan avenues. Construction on the Tulsa County Poor Farm then began with its first occupants arriving in July 1921. The farm was created to provide food and long-term shelter for those in need. In return, residents raised crops and cattle in order to be as self-sufficient as possible.

Initially, the farm had 35 residents. There were no telephones. Coal was used for cooking and heating. Kerosene lighting was used, and transportation to and from town was done by horse and buggy.

Until the early 1950s, the farm saw rapid growth with its resident number growing to 200.

However, as the trend of suburban sprawl grew, the area land was becoming increasingly coveted. In 1955, Tulsa Mayor L.C. Clark suggested that the Tulsa Park Board purchase the poor farm and turn it into a park and recreation area for the city of Tulsa.

Over the following years, the poor farm saw its acreage dwindle from 480 to 30.

During the 1970s, the facility began to gear itself towards providing aid to those in temporary need of food and shelter. In October 1977, the county moved

the facility into its new social service center on Charles Page Blvd.

St. Francis Hospital opened on the southeast corner of 61st Street and Yale Avenue on Dec. 3, 1960.

The original hospital sat on 55 acres, with 215 beds. The hospital was built by oil magnate William K. Warren and funded by The William K. Warren Foundation.

Warren wanted to build a hospital in the area of the city where growth was occurring. Warren's original plan was to locate St. Francis Hospital at Woodward Park in midtown Tulsa because of its proximity to St. John's and Hillcrest hospitals, which would provide doctors easy access between all three hospitals.

Warren's choice of the hospital's current location has proved successful, with ample land available for expansion.

On the northwest corner of 61st Street and Yale Avenue sits what is now KingsPointe Village and

found tucked into the neighborhood behind the center are the remnants of an early airport: Commercial Airport. One of the airport's runways can still be recognized. The road was never downsized, says Sharon King Davis, whose father developed the residential and commercial corner, due to the challenge it presented.

The residential and commercial development was named Holiday Hills. Construction of the residential portion began in 1957, with the commercial development opening in 1960.

In 2000, Davis and her sister Terry King began redevelopment of the corner and constructed KingsPointe Village, with additional commercial buildings being added in 2002.

Read more on Davis and the creation of Holiday Hills on page 30.

Congratulations to this award-winning newspaper!

2014 OKLAHOMA PRESS ASSOCIATION BETTER NEWSPAPER CONTEST WINNER



The Oklahoma Press Association is proud to announce that this newspaper was recently named one of the state's best by a panel of judges. As a winner, this newspaper is entitled to proudly display this 2013 award-winning emblem, which signifies continued excellence and service to the community.

CALL 918-254-1515 FOR ADVERTISING INFORMATION