



# **Bronx Plastic Surgery**

**Plastic & Reconstructive Surgery** 

**BOARD CERTIFIED PLASTIC SURGEON**Robert D. Goldstein M.D., F.A.C.S.



Experience the life changing effects of enhancing and restoring your natural beauty with the latest surgical advancements and techniques.

#### **BREAST PROCEDURES:**

- LIFT
   REDUCTION
  - AUGMENTATION

#### **BODY PROCEDURES:**

- LIPO LIPO 360
- TUMMY TUCKS
- MOMMY MAKEOVERS

#### **FACE PROCEDURES:**

- FACELIFT EYELID SURGERY
  - CHEEK DIMPLE CREATION

We are proud to announce that at the end of October Bronx Plastic Surgery along with Dermatology and Surgery Associates are moving to our new location in Throggs Neck Shopping Center

drgoldstein@bronxplasticsurgery.com

Se Habla Español | Financing Available



### **NEW LOCATION**

Throggs Neck Shopping Center 815 Hutchinson River Parkway Bronx NY 10465

> Phone: 718 213-4782 www.bronxplasticsurgery.com

## OFFICES FOR REN'

- FULLY RENOVATED, MODERN DESIGN BUILDING
- OFFERING OFFICES OF VARIOUS SIZES
- WE PROVIDE HIGH QUALITY OFFICES WITH MANY SERVICES AND AMENITIES
- OUR LOCATIONS ARE TAILORED TO ACCOMMODATE **SMALL BUSINESSES & FREELANCERS.**

### **CALL TODAY FOR INFORMATION ON** LATEST PROMOTIONS.









SINARTI 718-665-4000 **INFO@SINARTI.COM** 749 E 135TH ST. BRONX, NY 10454







**BLUE SPACE** 718-847-7400 INFO@HHOLDINGGROUP.COM 3030 MIDDLETOWN RD BRONX, NY 10461



MARKET

FRESH

LOCAL DELIVERY

'TIL 5:00PM

CURBSIDE DELIVERY

CALL OR FAX YOUR

ORDER FOR PICK

CREDIT CARDS ACCEPTED
WEACCEPT EST, FOOD STAMPS & WIC

293/ WESICHESIER AVENUE

PHONE 718-863-5650 FAX 718-518-0633



#### VISIT OUR WEBSITE AT PRUZZOS.COM

Not responsible for typographical errors. Some illustrations in this ad are for display purposes only and do not necessarily represent items on sale.

Sale items limited 1 per family unless otherwise noted. Items & prices effective in this store only.

SALE STARTS FRIDAY, JAN 13 THRU JAN 19



#### **ENROLLING FOR 2023-2024 SCHOOL YEAR**

#### NYC CHARTER HIGH SCHOOL FOR ARCHITECTURE ENGINEERING AND CONSTRUCTION INDUSTRIES

#### **MISSION:**

To provide a rigorous college readiness program and career preparatory learning environment that provides students with a foundation of the necessary skills to pursue college or a career in the architecture, engineering, and the construction industries.

#### **INSTRUCTIONAL MODEL:**

- 98% Graduation Rate
- Rigorous college course sequence that allows students to earn college credits while attending AECI.
- Architectural Drawing, Drafting, Revit, and AutoCad classes prepare students for certification exams in the architecture field.
- Robust internships and partnerships provide our students with scholarships in the architecture field.
- Six counselors on staff to support whole student development.
- AECI Core Values of Perseverance, Achievement, Integrity and Respect develop our students into young professionals.

#### **HEALTH AND SAFETY**

- Use of UV Lighting to disinfect classrooms daily
- HEPA Air Filtration units utilized in all AECI classrooms PPE Equipment (hand sanitizer, masks, disinfectant wipes) provided daily
- Digital temperature scanning performed daily
- Tri-Fold screens utilized at every student desk
- Every student provided with a Chromebook and Wifi connectivity device to support our hybrid learning model

#### LOCATION

Community School District 7, South Bronx 838 Brook Avenue, Bronx NY 10451







#### **OPEN HOUSE:**

Jan. 14th, 10am-1pm (bad weather date Jan. 21st) Feb. 11th, 10am-1pm (bad weather date Feb. 18th) March 11th, 10am-1pm (bad weather date Mar. 25th)

VISIT OUR WEBSITE TO ENROLL NOW! - WWW.AECICHARTERHS.ORG - 646-400-5566

# LEARN ABOUT AECI. IN PERSON SCHOOL TOURS AVAILABLE BY APPT. Contact Ms. Harrigan at 646-400-5566 x. 3054 admissions@aecicharterhs.org

GRADUATION	RATE
2017-2018	95%
2018-2019	95%
2019-2020	98%
2021-2022	96%





# PENNY PINCHER DIGITAL



WWW.PENNYPINCHERDIGITAL.COM

**WEBSITE DEVELOPMENT** 

SERVICE MAINTENANCE

SUCIAL MEDIA INTEGRATION

AFFORDABLE WEBSITE
SERVICES THAT
YOU CAN TRUST.
HONEST, PROFESSIONAL
ADVICE IS JUST A CLICK
OR CALL AWAY

718-828-1104

# St. Theresa School

Gives Your Child A Step Ahead With A Solid Academic Foundation, Catholic Values and A Warm, Caring Learning Environment



Experience the facilities and learn about the activities enjoyed by all our children.

#### Offering PreK-3 & PK 4 programs | Kindergarten - 8th Grade for Girls & Boys

- Before and After-School Programs
- Breakfast Program
- Lunch Program
- Children's Choir
- Accelerated Mathematics Program
- Basketball, Cheerleading and Track Programs

- Italian language studies
- Mobile Computer Lab
- Smartboards in every classroom
- Physical Education, Computer,
   Art and Music Classes
- On-staff School Nurse
- Limited Scholarships Available
   For New Students

## OPEN HOUSE JANUARY 29. 2023 12 NOON - 2PM

### St. Theresa Elementary School

2872 St. Theresa Ave., Bronx, New York 10461
Telephone **718-792-3688**Visit our website at **sttheresaschoolbronx.org**Father Thomas Derivan, **PASTOR** | Mrs. Josephine Fanelli, **PRINCIPAL** 





Tuesday, January 10, 2023; 5pm - 6pm Wednesday, January 11, 2023; 3pm - 4pm Tuesday, January 17, 2023; 5pm - 6pm Wednesday, January 18, 2023; 3pm - 4pm Tuesday, January 24, 2023; 5pm - 6pm Accepting Applications Now for 9th & 10th Grade

## What we offer:

- Individualized College Prep
- College credit courses
- · AP Courses w/ Stanford University
- Advanced Science & Math Courses
- · Mandarin and Spanish language courses
- Taekwondo classes
- Band/ Music production
- Robotics & Coding
- E-Sports and STEM curriculum
- Safe & Secure Campus near public transportation



The lottery will be held on Wednesday, April 5, 2023. Apply at www.ilchs.org 3030 Riverdale Avenue, Bronx NY 10463

Christian retired school psychologist and psychotherapist will PICK UP YOUR CHILD AFTER SCHOOL. Will provide help with homework and Christian instruction to recognize, evaluate, and reject deceptive worldly ideologies and discover that everything in the world around us aligns with the worldview presented in scripture. Call 917-841-6154

Home Improvements General repairs, plumbing, carpentry, electricity, small jobs. (917) 892-1831 Appliances for sale: US Range Electrical southbound grilltop oven. Not Used refirgerator entree, freezer entree, coffee mill, expresso Lamarzot otco, deep fryer galaxy dual tank, display case. Call 212-810-9066

CNJ Contractors all your home needs. Kitchens, bathrooms, basements, painting, waterproofing, and more. Call for free estimates. (917) 335-4191. Licensed Insured 30 years experience 100% guaranteed
Furnished room for rent on Tremont, Bronx

\$800 monthly rent 646-357-0487

For Rent: 3.5 Rooms, Pelham Parkway area private house. Walking distance to shopping and subway 2,5. No washer, no pets, smoking no. Heat and Hot water included. Parking available. \$1,850. (917) 569-7194

Pelham Bay basement, one bedroom apartment for rent \$1,350. Call 646-737-6375

Space for rent in a prime neighborhood, second floor on Stillwell Avenue. 2500sqft perfect for medical space or office space (332) 237-0210





SEAFOOD

IUMBO SHRIMP (Cooked 16-20ct.)..\$12.99lb **COOKED SHRIMP** Large (31-40ct.)..\$11.99lb

.4166.98

Genoa Salami .....

Hormel Deli Ham ......\$5.99lb.

DEA

BelGioioso Provolone .....\$6.991b

Land O'Lakes American Cheese...\$5.99lb

BABY LOBSTER TAILS 10z. Avg. ....\$2.99each 20z. Avg. ....\$4.99each

JUMBO COOKED KING CRAB LEGS (12-14ct)

\$59.99<sub>lb</sub>

\$29.99<sub>lb</sub>

McCadam Muenster Cheese ......\$6.99lb.

PRIME RIB ROAST \$15.991b FILET MIGNON STEAKS OR ROAST. \$19,9916 FRENCH RACK OF LAMB (12-14oz.).\$29.99lb

CHOICE



45 Years of Serving the Highest Quality Foods!

PLANS – STOCK UP AND SAVE!

MEAT

THIS IS INSANE!

HERE'S THE BEEF

VARIETY PACK

# LB. GENOA SALAMI LB. OF AMERICAN OR SWISS **OVEN ROAST TURKEY** LB. HORMEL HAM FOR \$2

We Accept WSA Madegram DISPESS DISCOVER E.B.T Card Not responsible for typographical errors. Prices subject to change without notice

#### **BEST OF EVERYTHING** 1 Top Rnd London Broil (1") 3 Ibs Beef Stew 2 Ibs Sirloin Chopmeat 2 Ibs Chicken Cutlets 3 lbs CC Pork Chops **ALL THIS FOR**

## 3 lbs Spare Ribs 2 pkg Sabrett Franks 3 lbs Chicken Legs 2 lbs Italian Sausage 1 lb Chicken Cutlets **FAMILY PACK ALL THIS FOR** 84**6**66

2 lbs CC Pork Chops 2 lbs Chuck Chop 1 lb Chicken Cutlets 6 lbs Chicken (2) 2 lbs Italian Sausage

2 lbs London Broil 2 lbs Chuck Filet 2 lbs Beef Stew 2 lbs Sandwich Steak 2 lbs Chuck Chop

2 Ibs Chicken Cutlets
2 Ibs Spare Ribs
2 Ibs CC Pork Chops
2 Ibs Beef Stew
2 Ibs Chuck Chop

**ALL THIS FOR** \$**49**%

**ALL THIS FOR** 66**69**\$

7

\$5999 **ALL THIS FOR** 

# \$**52**99

## 4 lbs Round Roast Beef 3 lbs CC Pork Chops PARTY PACK 2 lbs London Broil 6 lbs Chicken (2)

### \$105% **ALL THIS FOR** 4 lbs Spare Ribs œ

## CARDINAL SPELLMAN > HIGH SCHOOL

REGISTER FOR OUR ADMISSIONS EXAM

ONLINE EXAM SAT. JAN 21ST AT 9AM

(FOR 8TH GRADERS WHO MISSED THE TACHS EXAM)



13
ACRE CAMPUS HOME TO
30
SPORTS TEAM



100%
GRADUATION RATE
100%
COLLEGE ACCEPTANCE
RATE



\$76
MILLION
IN COLLEGE SCHOLARSHIPS
AWARDED TO
CLASS OF 2022



20
ADVANCED PLACEMENT
LEVEL COURSES

YOU CAN EARN UP TO

1
YEAR IN COLLEGE CREDITS



50+
clubs and activities
2
THEATERS ON CAMPUS



#### FINANCIAL AID IS AVAILABLE!

CARDINAL SPELLMAN HIGH SCHOOL
ONE CARDINAL SPELLMAN PLACE, BRONX, NY 10466
718-881-8000 X 206 I ADMISSIONS@CARDINALSPELLMAN.ORG
CARDINALSPELLMAN.ORG



Pelham Bay 2 bedroom apartment, 2 blocks from #6 train. Call 646-322-9550

Deluxe 2 BR Apt by Yankee Stadium, parking, laundry, and Gym \$2,500 heat includ. / Country Club studio Apt \$1,300 all utilities includ. / Morris Park & Pelham Parkway 2 BR, 2BA \$2,100 / Country Club 1st floor, all utilities includ., laundry \$2350 / Working / Section 8 1,2,3 BR's available in different areas. For more info call Broker 914-918-5077 or 917-292-9353

Licensed Electrician house wiring, generators installed, Electric, heat, security + landscape lighting installed. Call 718-829-8844

Commercial Store for rent Philip Ave and Vincent Ave. \$2000.00 / month call 914-980-0846

All quality contractors. We renovate kitchens and bathrooms. Sand and install wood floors Tiling. Lightening. Walls Sheetrock and any other household deeds you need done. No job is to small providing quality service for 30 years call for a free estimate 914-671-9556 ask for Anthony

PAINTING – PAUL'S PERFECT PAINTING & DECORATING Neat, fast, friendly, reliable painting and repair service. Over 35 years exp. Fully licensed and Insured. 718-823-3729

Uncle Benny!! Garbage Removal Not free anymore!! But best price in the Bronx. 7 Days a week. House, basement, yard cleanout 646-688-9800...646-688-9800

## SIRECI FAMILY DENTAL, P.C.

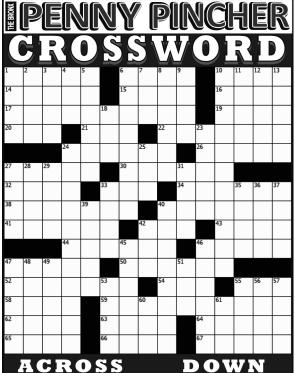
GENERAL DENTISTRY & SPECIALTY CARE
"Your Neighborhood Dentists" Since 1983

TAKING CARE OF ALL OF YOUR DENTAL NEEDS, BECAUSE YOU DESERVE A BEAUTIFUL & HEALTHY SMILE!



**Visit Our New Office At:** 

Revere Professional Bldg., 2861 Bruckner Blvd. 718-829-0455



#### 1. Zoo critter

- 6. PTA milieu
- 10. French family head
- 14. Farewell, to 10-Across
- 15. Claim to property
- 16. Augury
- 17. Take blame
- 19. Good Hope, e.g.
- 20. Public house potable
- 21. Race part
- 22. More in need of a plug
- 24. Conical tooth 26. Casals' instrument
- 27. Yesterday, tomorrow
- 30. Dessert choice
- 32. Hungary was a member of it
- 33. Old Ford
- 34. Naval armament
- 38. Former Andorra
- currency
- 40. Excavation employee
- 41. Kedge
- 42. Cruces starter
- 43. River through Nubia
- 44. Laser alternative
- 46. Relinquishes
- 47. Put down
- 50. Street sign
- 52. London midpoints?
- 54. Pinch, in a way
- 55. Jacket named for West
- 58. Queen's nickname
- 59. Be fired
- 62. Fireball sound
- 63. European import
- 64. Hindu noblewoman
- 65. Not straight
- 66. Holmes' "wonderful
- one-hoss
- 67. Luges, in essence

- DOWN
- 1. Stale joke reaction 2. False or golden thing
- 3. Stack of chips
- 4. Walker, on signs
- 5. Expenditure
- 6. Thomas Gray and John Milton
- 7. Freedom, in movements
- 8. Word sometimes spoken with faith
- 9. "Where's Daddy?" playwright
- 10. Loose change
- 11. It might arrive with a beep
- 12. Brush aside
- 13. Summertime in
- Argentina 18. Biddy
- 23. Bitter in taste
- 24. Social worker's file
- 25. Partner of Wynken
- 27. Spanish appetizer
- 28. Paired pullers
- 29. Tiddlywink, e.g.
- 31. Lea sounds
- 33. Carefree adventure
- 35. Lacking rain
- 36. Typographer's strike
- 37. Mars, to Uranus
- 39. Powder used in

- xerography
- 40. Having potential
- 42. Super Bowl great Dawson
- 45. "Coat of many colors" wearer
- 46. Poles used in highland games
- 47. Ghana's capital
- 48. Word in some temperatures
- 49. Close by, poetically
- 51. When doubled, an
- electric guitar sound 53. Clashers in Hollywood
- 55. Luxuriant locks
- 56. Didn't merely pass
- 57. Makes do with out?
- 60. Break in London 61. Gal of song

#### International Leadership Charter Middle School

Enroll your scholar in a rigorous academic program with engaging activities.

## Open House Dates:

Tuesday, January 10, 2023; 5pm - 6pm Wednesday, January 11, 2023; 5pm - 6pm Tuesday, January 17, 2023; 5pm - 6pm Wednesday, January 18, 2023; 5pm - 6pm Tuesday, January 24, 2023; 5pm - 6pm Wednesday, January 25; 5pm - 6pm

> **Location: Mosholu Library Public library**

Address: 285 E 205th St, The Bronx, NY 10467











- S.T.E.A.M. Instruction & Robotics (Science, Technology, Engineering, Art, Math)
- United Nations Junior **Ambassador's Program**
- World Languages & Culture
- Support for Individualized **Education Plans**
- ESL Services & Support





Our mission is to change lives and transform communities, one scholar at a time.

For more Information: www.ilchs.org/ (718) 562 - 2300 Ext. 404



# CLOUR REALTY LICENSED REAL ESTATE BROKER RESIDENTIAL | COMMERCIAL | SALES | RENTALS CALL NOW FOR A FREE MARKET ANALYSIS (917) 299-3301



THROGS NECK
2 FAMILY, DETACHED 6 ROOMS OVER 6
ROOMS, FINISHED BASEMENT, GARAGE
GREAT INCOME POTENTIAL! \$799,000
CALL CLARA 917-299-3301



MORRIS PARK
1 FAMILY DETACHED BRICK TUDOR
6 ROOMS 3 BEDROOMS, FORMAL DINING
ROOM, DETACHED GARAGE, FINISHED BSMT
CALL GILDA 917- 704- 7796

#### **APARTMENTS - CALL GILDA 917-704-7796**

MORRIS PARK: 5 ROOMS, 2 BEDROOMS, FRESHLY PAINTED, WOOD FLOORS - \$2,300 COUNTRY CLUB: 3 BEDROOMS 2 BATHS - \$2,500 THROGS NECK: 3 ROOMS 1 BEDROOM - \$1,800

#### W W W . C L A R A R E A L T Y . C O M

#### **Sharon Ortiz**

RE Broker Kismet Realty NY



**626 City Island Ave Bronx NY 10464**C: 718.310.8165

T: 718.313.9000



FOR SALE: Condo 1418 Outlook Ave, Bronx NY 10465





237 Oakland Ave., Monroe NY

FOR SALE: Multi- family 2913 Lasalle Ave, Bronx NY 10461



For Sale: Package deal 450/456 City Island Ave 12 Units

#### **FOR RENT:**

248 Graff Ave: Two Bedroom 1063 Olmstead Ave: 3 Bedroom 734 King Ave Studio & 1 Bedroom 3350 Bronx Blvd: 3 Bedroom 444 E 136th St: 3 Bedroom

Want to know what your home is worth? Looking to Rent or need a Tenant?

Call for a FREE Consultation

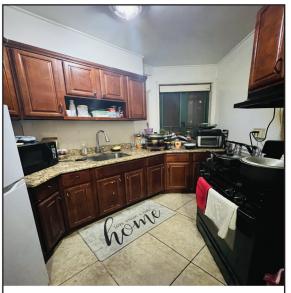




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906 Huntington Avenue (single fam) Attached Duplex, finished basement w/separate entrance. \$699K



1558 Unionport Road 6D 1-bedroom 190K



1600 Parkview Avenue Apt# 4B Rent \$2,000

#### **APARTMENTS FOR RENT:**

THROGGS NECK:
SHORE DRIVE 1 BDRM \$2,000
PELHAM BAY:
PARKVIEW AVENUE 2 BDRMS \$2,300
THROGGS NECK:
SWINTON AVENUE, 2 BDRMS \$2,500
THROGGS NECK:
SWINTON AVENUE, 1 BEDROOM \$1,800

#### **PARKCHESTER**

1600 PARKVIEW AVENUE, APT. 4B (1 BDRM)

1555 UNIONPORT ROAD, APT 2A (1 BDRM) 1328 THERIOT AVENUE, 1ST FL (2 BDRMS) 9 METROPOLITAN OVAL, 5C (2 BDRMS) 2120 E. TREMONT AVENUE, 2D (1 BDRM)

2205 Lyon Avenue Bronx, New York 10462 Office: 718-828-5200 | Fax: 929-371-3324

## BERKSHIRE HATHAWAY



#### **Home Services** NEW YORK PROPERTIES 484 White Plains Road | Eastchester, NY, 10709

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Rosemarie Uvaro Real Estate Sales Person











Diane Uvaro-Capone/CBR 2017/2018
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2017/2 Five Star Real Estate Agent

#### PLEASE INQUIRE ABOUT OUR KNOCKDOWN PROPERTIES IN EDGEWATER PARK



#### EDGEWATER PARK, CO-OP

THIS ENCHANTING & COZY UNIT NESTLED IN THE EDGEWATER PARK COMMUNITY IS A MUST SEE WITH FABULOUS WATER PARK COMMUNITY IS A MUST SEE WITH FABULOUS WATER VIEWS AND A FEW STEPS DOWN TO THE BEACH- LOOK NO MORE, WELCOME HOME! LAYOUT FEATURES: ENTRANCE FOYER AND LARGE PANTRY W/ CLOSET, RANCH STYLE UNIT WITH OPEN CONCEPT- KITCHEN, DINING AREA, LIVING ROOM, UPDATED BATHROOM, RECESSED LIGHTING, MBR & 2ND BEDROOM WITH BEAUTIFUL WATER VIEW, ALL NEW FLOORS, LAUNDRY ROOM & ATTIC CRAWL SPACE FOR ADDITIONAL STORAGE NEED LADDER. OPPORTUNITY TO EXPAND & MAKE STORAGE OUTSIDE HOME.

ENJOY NICE SIZE YARD- RELAX AND BBQ LOOK AT THE STUNNING ARRAY OF FLOWERS. \$368,000 WITH SHARES INCLUDED AND 1 MONTHS MAINTENANCE PAID TO BUYER.

EDGEWATER PARK CO-OP
THIS RANCH STYLE UNIT IS A MUST SEE! LAYOUT FEATURES: ENTRANCE FOYER, KITCHEN, DINING AREA, LIVING ROOM WITH SLIDING DOORS OUT TO THE YARD FOR ENTÉRTAINING AND RELAXING, UPGRADED BATHROOM HAS HEATER/ NIGHT LIGHT, MBR, PLUS 2
ADDITIONAL BEDROOMS. ATTIC AND LOFT FOR ADD'L STORAGE. NEW FENCE, GUTTERS,
NEW STEPS OUTSIDE NEW FLOORS, DOORS, FRESHLY PAINTED, ROOF DONE IN 2018 AND
NO FLOOD INSURANCE REQUIRED. CALL FOR YOUR PRIVATE SHOWING AND WELCOME
HOME. REDUCED \$359,000 WITH SHARES INCLUDED.

#### **EDGEWATER PARK CO-OP**

THIS IS A GREAT OPPORTUNITY TO CREATE & DESIGN YOUR OWN LAYOUT- THIS UNIT NEEDS TO BE GUTTED OUT- CASH DEAL ONLY. LAYOUT FEATURES: RANCH STYLE UNIT, EIK, LIVING ROOM, MBR & ADD'L 2ND BEDROOM & BATHROOM, ATTIC FOR STORAGE, NICE SIZE YARD, CORNER UNIT LOCATED RIGHT IN THE ENTRANCE OF EDGEWATER PARK, NEAR PARKING LOT & SECURITY - NO FLOOD REQUIRED. ENJOY THE MANY AMENITIES THIS COMMUNITY HAS TO OFFER ON PREMISE: SECURITY / CAMERAS, SECURITY WALKS THROUGH COMMUNITY, DELI, CORPORATION ON-SITE, PLAYGROUND, TRACK, BASKETBALL COURT, VOLUNTEER FIRE HOUSE, COMMUNITY CENTER (TEMPORARILY CLOSED). BEACH & NYC EXPRESS BUS PICKUP AND DROP OFF RIGHT IN COMMUNITY. \$154,000 W/ SHARES INCLUDED.

#### EDGEWATER PARK CO-OP - KNOCK DOWN UNIT

THIS UNIT WILL BE KNOCKED DOWN AND IS A GREAT OPPORTUNITY FOR CARPENTER OR CONTRACTOR TO DESIGN A CO-OP TO FIT YOUR NEEDS. WE ARE WELCOMING ALL CASH OFFERS. ENJOY THE MANY AMENITIES THIS COMMUNITY OFFERS: SECURITY / CAMERAS, SECURITY WALKS THROUGH COMMUNITY, BEACH, PLAYGROUND, TRACK, DELI, BASKETBALL COURT, VOLUNTEER FIRE HOUSE, COMMUNITY ROOM FOR MEETINGS & EVENTS FOR SHAREHOLDERS, CORPORATION ON PREMISES AND EXPRESS BUS PICKUP AND DROP OFF RIGHT IN COMMUNITY. \$109,000 WITH SHARES INCLUDED.



EDGEWATER PARK CO-OP
THIS TURN KEY HOME IS JUST WAITING FOR YOU. LAYOUT
FEATURES: KITCHEN WITH STAINLESS STEEL APPLIANCES &
QUARTZ COUNTERS AND DECORATIVE GLASS CABINETS AND QUARTZ COUNTERS AND DECORATIVE GLASS CABINETS AND BACKSPLASH, PANTRY, DINING AREA & DOOR OUT TO DECK, LIVING ROOM, MBR AND RENOVATED BATHROOM AND DECORATIVE WINDOW, 2ND LEVEL: BEDROOM WITH SLIDING DOORS OUT TO WRAP AROUND DECK AND STAIRS DOWN TO LOWER DECK, BEDROOM, BATHROOM WITH SKYLIGHT & LAUNDRY AREA. BASEMENT FOR STORAGE, CONVENIENT ACCESS TO PARKING LOT ACROSS STREET. MITSUBISHI UNITS

HEATING / AC. NEW FENCE, UPDATED KITCHEN, BATHROOMS AND FLOORS, FRESHLY PAINTED. PLEASE CALL FOR YOUR PRIVATE SHOWING-THIS UNIT WILL NOT LAST SEARCH NO MORE - WELCOME HOME. \$469,000 WITH SHARES INCLUDED.

WE WILL GET THROUGH THIS TOGETHER - STAY SAFE



## MP POWER Realty Corp



**Licensed Broker-Owner** 

3009 Westchester Ave Bronx, NY10461 www.mppowerrealty.com

Office: 718-829-2050 Fax: 718-829-2308

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One story building is in MINT CONDITION. This One story brick building has 5 offices, a warehouse used for storage, kitchen area, new bathroom. New central air/heating unit. Gas boiler, Glass security doors + garage door, NEW windows. Two or Three Car Driveway. This Property is Owner occupied by an Established Construction Co.

Building is Zoned F9. Will be delivered vacant. Centrally located to all MAJOR HIGHWAYS (195, 1278, 1295, 1287, 1895, GWB)



#### SUBMISSION DEADLINE: **3002 MIDDLETOWN ROAD BRONX. NEW YORK 10461** 718-828-1104 40 YEARS YOUR AD WILL APPEAR EXACTLY AS WRITTEN. PRINT CLEARLY (ONE WORD PER BOX) INCLUDE PHONE NUMBER, INDICATE PUNCTUATION & SPECIAL INSTRUCTIONS. LIMIT 51 WORDS. NO REFUNDS OR CHANGES ONCE AN AD IS PLACED. Do not abbreviate. The BXPP Will Not Be Responsible for Errors. 2. 5. 6. 9 8 11 12 10. 14 15. 13 17. 18. 16 21 20. 23. 24 26. 27 25 29. 30. 28 32. 33. 35. 34 38. 39. 37 41. 42 40. 44. 45. 43. 47. 48. 46 50. 49 MERCHANDISE ADDITIONAL CHARGES **REAL ESTATE\* COMMERCIAL AD** \$3 \$3 **Bold Type** FOR SALE To Buy, Sell or Rent Help Wanted-Business Ads Boxed Ad Furniture, etc. Limit 2 items Per Ad \$20 for 10 Words - 40¢ Each Additional Word Runs 1 Week Only Limit: 1 House, Apartment, \$30.00 / 10 WORDS □ Partial Caps \$3 Business Garage or Lot Per Ad 40¢ Each Additional word \$4 Charge To Add Extra Items Runs 1 Week Only \$5 \$5 ☐ ALL CAPS \$40.00 / 10 WORDS OR BOAT □ Centered 40¢ Each Additional word **FOR SALE** \*REAL ESTATE AGENTS Please Call For Rate Info! 718-828-1104 GARAGE/YARD OR MOVING SALE □ Ad Online \$10 Runs 1 Week Only, NO MULTIPLE DATEs. \$25 for 10 WORDs. 40¢ Each Additional Word \$20 for 10 Words - 40¢ Each Additional Word □ Social Media \$20 / Facebook Blast PLEASE INCLUDE PAYMENT OF CREDIT CARD INFORMATION WITH YOUR ORDER. ALL INFORMATION KEPT CONFIDENTIAL. COST OF AD \$ **Email EXTRA WORDS** Name X .40¢ Billing Address **ADD'L CHARGES** Billing Zip Code Telephone **TOTAL** Credit Card # **WEEK OF**

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## AECI 2 CHARTER HIGH SCHOOL



The culture of AECI2 school is driven by our commitment to the school's Core Values:

PERSEVERANCE ACHIEVEMENT INTERGRITY RESPECT

AECI 2 is a Computer Engineering & Innovation themed high school located in The Bronx school district 9. Through collaboration with industry partners, post-secondary institutions, apprenticeships and themed project-based learning, our students gain exposure to "real world" careers and college-preparatory learning experiences in the computer sciences.

For the 2023-2024 school year, AECI 2 provides students with a rigorous program including Computer Science, Programming, Microsoft Office, 3D Printing and Web Page Design.

Lottery applications due Saturday, March 25th Lottery date - Friday, March 31st

#### JOIN US FOR A TOUR OF THE AECI 2 CAMPUS

Wed. 02/01,	5pm - 7pm					
Sat. 02/04,	10am - 1pm					
Wed. 3/01,	5pm - 7pm					
Sat. 03/04,	10am - 1pm					
Wed. 03/08,	5pm - 7pm					
Sat. 03/11,	10am - 1pm					
Wed. 3/15,	5pm - 7pm					
Sat. 3/18,	10am - 1pm					
Wed. 3/22,	5pm - 7pm					
Sat. 3/25,	10am - 1pm					

#### **AECI 2 Highlights:**

- Computer Engineering & Innovation course work
- Intensive college preparation with yearly college visits
- College counseling at every grade level
- Social & emotional focus to support student daily needs
- Robust sports program (basketball, soccer, volleyball etc)
- Vibrant afterschool programming and student centered clubs
- Every student is provided a Chromebook and wifi for learning



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#### COMMUNITY NEWS F.Y.I. ABOUT OUR NEIGHBORHOOD!

Do you have a Special Event that is of interest to the neighborhood? PRINT IT IN THE BRONX PENNY PINCHER FREE OF CHARGE

Send Your Community Events to: Community News Editor

## PENNY PINCHER

3002 Middletown Road Bronx, NY 10461 Email: BxPP@aol.com Fax: 718.489.2895

All copy must be received by MONDAY, 2 WEEKS PRIOR to your event for that Thursday's Publication.

The Bronx Penny Pincher reserves the right to refuse any copy that is not in the best interest of the community.

#### EVENTS MUST BE FREE OF CHARGE

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#### "Neighborhood Updates"





Bronx Community Board #10 3165 East Tremont Avenue Bronx, NY 10461 (718) 892-1161 Bx10@cb.nyc.gov

#### NYC NEEDS EMERGENCY SNOW LABORERS

New York City may have a very active snow season. The City of New York is hiring snow laborers who will shovel out bus stops, step streets and other locations throughout the city. Snow laborers will be paid \$17/hour and \$25.50/hour after the first 40 hours worked in a week. If you or someone is interested, you must visit nyc.gov/dot to schedule an appointment at the Bronx Yard which is located at Mosholu Avenue off Broadway just across from the Northwest Playground. Hopefully, the winter season continues to be kind to us with no heavy snow as of yet.

#### **LOCAL MAILBOXES**

Unfortunately, it has come to our office's attention that our neighborhood mailboxes are often tampered with or damaged. If you are able, please consider bringing your outgoing mail directly to the post office especially if you are mailing checks and/or money orders. Encourage loved ones and friends to do the same as it is the holiday season, and many are relying on our mail system.

## BRONX COMMUNITY BOARD #10 MEETINGS

While our meetings mostly are in-person, select committees have its meetings virtually. We always encourage our community residents to sit in on a meeting, bring concerns to our attention and listen to presentations from city agencies and local non-profits. All of our meeting information can be found our website: https://www.nyc.gov/site/bronxcb10/index.page. As always, feel free to call us at (718) 892-1161. Please stay tuned on future columns for information on free tax preparation.



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## Programs and Treatments offered at Bay Park:

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- Diabetes Management
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- Respite Care

#### **Respiratory Treatments**

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- Tracheostomy Care
- · Bi-Pap/C-PAP
- Suctioning

#### **Skin/Ulcer Treatments**

- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

#### **Special Programs**

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

#### **Rehabilitation Services**

- Intensive PT, OT & ST 6 days a week
- Short Wave Diathermy
- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation

## Pan-Fried Cube Steaks w/ Simple Pan Sauce

## **Ingredients**

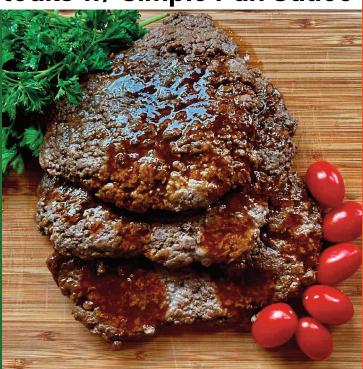
24 ounces cube steak, cut into 4 portions

3 tablespoons unsalted butter, divided

salt and freshly ground black pepper to taste

1/3 cup Worcestershire sauce, divided

1/2 cup water



### **Directions**

Lightly season both sides of each cube steak with salt and pepper. (See Cook's Note).

Melt 1 Tablespoon unsalted butter in a large, non-stick skillet over medium heat. Once butter is foamy, add cube steaks and sprinkle about 2 teaspoons Worcestershire sauce on top of each cube steak. Cook until brown, 3 to 4 minutes.

Turn the steaks, and sprinkle each with an additional 1 to 2 teaspoons Worcestershire sauce. Cook until steaks are firm and reddish-pink and juicy in the center, about 3 minutes more. An instant-read thermometer inserted into the center should read 135 degrees F (57 degrees C). Remove to a platter and tent with foil.

To make the pan sauce, pour about 1/2 cup water into the skillet and stir all the browned bits from the bottom of the pan. Bring to a boil and cook for about 2 minutes.

Remove from heat and stir in remaining butter, until melted.

Evenly divide pan sauce over each cube steak and serve warm.

#### Cook's Notes:

I used four 6-ounce cube steaks for this recipe.
Worcestershire sauce is quite salty. Be sure to allow for that,
when adding salt or seasoned salt.













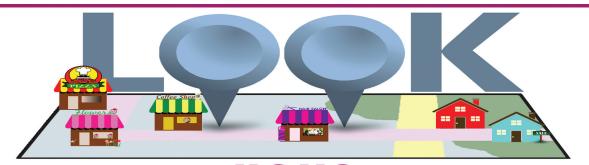




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