



TWIN CITY TIMES

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Thursday, January 19, 2023 • FREE

WHA Rotating Art Gallery at CMMC Brings in New Local Art



'Two Red Houses' by E. Jordan

LEWISTON, ME (January 10, 2022) -- The Woman's Hospital Association (WHA) Rotating Art Gallery at Central Maine Medical Center in Lewiston is proud to be displaying original works of art by the late A. E. Dahlbeck, E. Jordan and Ruth Drinkwater.

A.E. Dahlbeck was a world traveler who spent much of her working years as a registered nurse and later in Pennsylvania as a teacher, returning to Maine to continue her love of painting.

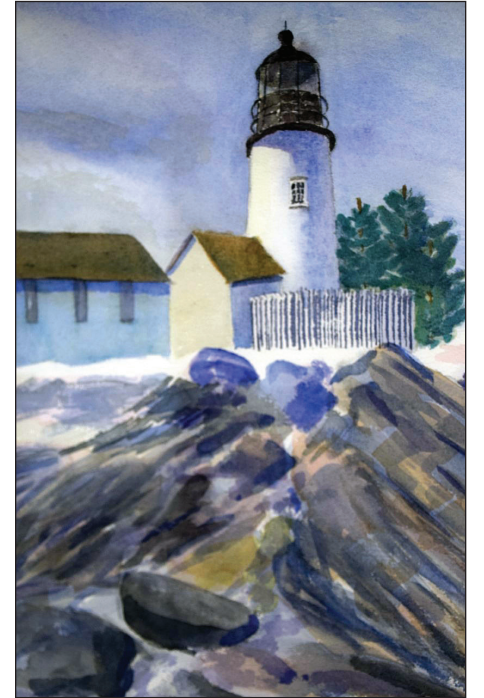
Edmund "Ned" Jordan was a Pennsylvania artist who had a chemistry de-

gree from Temple University and was a Chemical Researcher at the U.S. Dept. of Agriculture's Research Center, but painting was his passion and he left a large and impressive collection of paintings when he died.

Born in Pennsylvania, Ruth Drinkwater moved to Maine after her marriage, taking painting classes with a local artist in Kennebunkport. Her art complimented her gift as a talented seamstress who worked for both Peck's Department Store and Morin's Bridal. She painted views of the life around her up until the final month before her death several years ago.

As her son, Rev. Gary Drinkwater states, "She would have been proud to have her paintings displayed at Central Maine Medical Center."

These paintings are being offered during the month of January at half their original value to encourage sales benefiting the CMMC Woman's Hospital Association, The Transfiguration Anglican Church of Mechanic Falls and the Greenwood Gallery in Auburn. The works on display may be purchased



'Pemaquid Point Lighthouse' by A.E. Dahlbeck

through the WHA Gift Shop located adjacent to the main lobby at Central Maine Medical Center.

Age-Friendly Offerings Available at Lewiston Rec



vides opportunities for folks of all ages! Age-friendly recreational activities include: 50+ Chair Yoga; Adult Open Gym; Adult Skate School with the Androscoggin Fallen Angels Roller Derby Team!

Registration may be done at www.lewistonrecreation.com or give Recreation a call at 513-3005 for more information on all programs!

Age-Friendly FB page: <https://www.facebook.com/profile.php?id=100088486604052>

LEWISTON, ME (January 10, 2022) -- Lewiston Recreation pro-

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Temple Shalom Presents Free Play, *Under a Yellow Star*

AUBURN, ME (January 13, 2022) -- Temple Shalom is proud to present "Under a Yellow Star", on Sunday, January 22 at 4:00 pm. A peer-education play, based on real children and their writings during the Holocaust. The cast members (MSAD 17 students) are representing these children. Students have researched their roles as well as other survivors. Students will be teaching peers and others about the Holocaust, tolerance and understanding of the difference between people.

Students have also researched the camps, the ghettos, the Kindertransport, The Righteous Among Nations propaganda and censorship. Students have worked through many exercises to understand why normal German citizens went along with Hitler's pogrom. They have also researched genocides and crimes against humanity before and after WWII.

After the performance the children, who range in age from 5-16 and three adult actors, will come back onto the stage to answer questions from the audience about the Holocaust. The cast members will talk about what kids can do to help create a diverse, accepting and welcoming

community for all. This look at the Holocaust from a child's perspective helps children understand the dangers of prejudice and discrimination and how it can spread on a large scale.

This performance is geared to adults and students in 5th through 8th grade. The performance will be held at Temple Shalom, 74 Bradman Street, Auburn, Maine on Sunday, January 22, 2023 at 4:00 pm. The performance is approximately 90 minutes, is free and open to the public.

Under a Yellow Star is sponsored by SAD 17, Maine Humanities Council, Oxford Hills Rotary, Norway Savings Bank, Oxford Federal Credit Union, Dirigo Federal Credit Union, Bearfoot Realty and private donors

Send all items for
What's Going On
to the Editor.
Deadline is
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Newsmakers, Names & Faces

\$8M Invested in Maine Community Colleges

AUGUSTA, ME (January 13, 2023) – More than \$8 million in federal funding for Maine’s community colleges was included in the recent federal omnibus funding bill, led by a \$2.2 million investment for a new wind turbine safety training program at Northern Maine Community College.

“We deeply appreciate the hard work of the delegation in securing the funds for these important projects,” said David Daigler, president of the Maine Community College System. Senators Angus King and Susan Collins were instrumental in secur-

ing these investments benefiting Maine’s students, parents, environment, and businesses.

The wind turbine safety training program establishes Northern Maine Community College as the first internationally certified training provider in the wind power industry in the northeastern United States. It builds on the existing wind power training program at the Presque Isle college and will be launched in collaboration with Maine Maritime Academy to serve both land-based and offshore wind industries.

“Maine has an im-

portant role to play in the development of renewable energy. This program will help grow Maine’s wind power workforce, which is essential to addressing climate change and developing a clean energy economic force for Maine and beyond,” said Northern Maine Community College President Tim Crowley.

MCCS projects funded in the FY23 Appropriation bill are:

\$2.2M to Northern Maine Community College, for developing a wind turbine safety training program.

\$1.5M to York County Community College,

to expand and renovate a welding training facility.

\$1.35M to Eastern Maine Community College, to expand remote health care training programs that provide hands-on and remote training to rural health care students.

\$1M to Southern Maine Community College, to purchase a facility and launch a new certificate program in greenhouse management and horticulture.

\$750K for Southern Maine Community College, to support the college’s new electric vehicle repair certification program.

\$660K for Kennebec Valley Community College, to make repairs on historic buildings on campus and create a student success center.

\$500K for Central Maine Community College, to install solar panels on campus buildings.

\$115K for Northern Maine Community College, to expand enrollment in the early childhood degree program.

Maine’s community colleges are also involved in other congressionally directed spending projects in Maine, including \$8M for the University of Maine to create three new manufac-

turing training centers. Two of the new centers will be located at Southern Maine Community College, one at the college’s Brunswick campus and one at South Portland.

“We couldn’t be happier to partner with the university and Maine Maritime Academy on these critical projects that support the manufacturing and wind power industries in Maine,” Daigler said. “Once again, Senators King and Collins, along with Representative Jared Golden saw and understood how funding will benefit Maine’s students, our heritage industries and the Maine economy.”

MCPKids! to Perform *Magic Tree House* Musical



The cast of MCPKids! Production of “Pirates Past Noon”

MONMOUTH, ME (January 12, 2023) – Cumston Hall will stow-away to the Caribbean when MCPKids! presents its production of Magic Tree House: Pirates Past

Noon KIDS February 17-19, 2023. The family-friendly musical follows the adventures of Jack and Annie, a brother and sister who draw on their love of reading to travel to amaz-

ing places.

In Magic Tree House: Pirates Past Noon KIDS, two siblings, Jack and Annie, return to visit a magic tree house filled with a magnificent collection of

the “mysterious ‘M’ person” has sent them a message that they deserve a vacation. Jack and Annie soon discover they have arrived in the 18th century – the time of pirates. They are immediately captured by the dastardly Captain Bones, the “dirtiest, scurviest, most evil-eyed, nefarious, rottenest rat on the sea,” with no hope of release unless they can somehow locate a legendary hidden treasure.

The production is being helmed by Danny Gay, with assistance by Ashley Hodgkins as Music Director, Hannah Hanson as Stage manager, Nancy Kenneally as costumer, Amy Hamlin as props mistress, and Josie French as producer. The cast of 24 students include: Avery Hamlin, Hannah Hoke, Anna Nguyen, Liz Barus, MaKenzie McCann, Louise Turner, Stella Dietrich, Audrey Blake, Sophie Knowles, Mackenzie Gallo, Levi Stevens, Allie Eagers, Grace Mills, Ronan

Sawyer, Alice Hoke, Iana Helczyk-Postole, Rowan Bowden, Alivia Siderio, Sophie Fenwick, Nevaeh Brown, Arya Iannotti, Sophia Pinard, Isabel and Zoey Mason.

YO HO! YO HO! YO HO! Now go! MCPKids! Monmouth will present Magic Tree House: Pirates Past Noon KIDS February 17-19 at 7pm on Friday, and 2pm Saturday and Sunday at Cumston Hall. Tickets are \$10.00 for adults and \$5.00 for students, or three gold pieces, parrots are free of charge. Tickets may be purchased by visiting their website at www.monmouthcommunityplayers.org.

Magic Tree House: Pirates Past Noon KIDS is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI. 421 West 54th Street, New York, NY 10019 Phone: 212-541-4684 Fax: 212-397-4684 www.MTIShows.com.



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Newsmakers, Names & Faces

Lauri Kinser Joins Fontaine Family Team

LEWISTON/AUBURN, ME (January 10, 2022) -- Fontaine Family – The Real Estate Leader is pleased to announce the addition of Lauri Kinser to the team at their Scarborough location.

Lauri grew up in Casco, ME and attended Lake Region High School. She then continued her education at University of Southern Maine and University of Connecticut-Avery Point, graduating with a Paralegal Certification. Lauri has been in real estate for the past 11+ years, currently holds a Broker's license and is affiliated with NAR, MAR, Mountain to Shores Board of Realtors. Having 19 years of past experience in bank management, lending &

customer service will put her clients at an advantage when buying or selling in today's market.

When she's not putting all of her energy into her work, you will find Lauri enjoying fine dining at local establishments, listening to country music at some great venues, boating on the great lakes of Maine in the summertime, traveling across the USA when time allows and spending lots of time in the great outdoors. Lauri currently resides in Naples with her husband, Everett, and 2 beautiful fur babies, Kinzi & Presley, who keep them on their toes 24/7. Lauri is also grateful & proud to be stepmom to Tyler, who is currently serving in the



US Air Force for over 13 years.

If you are looking to buy or sell a home

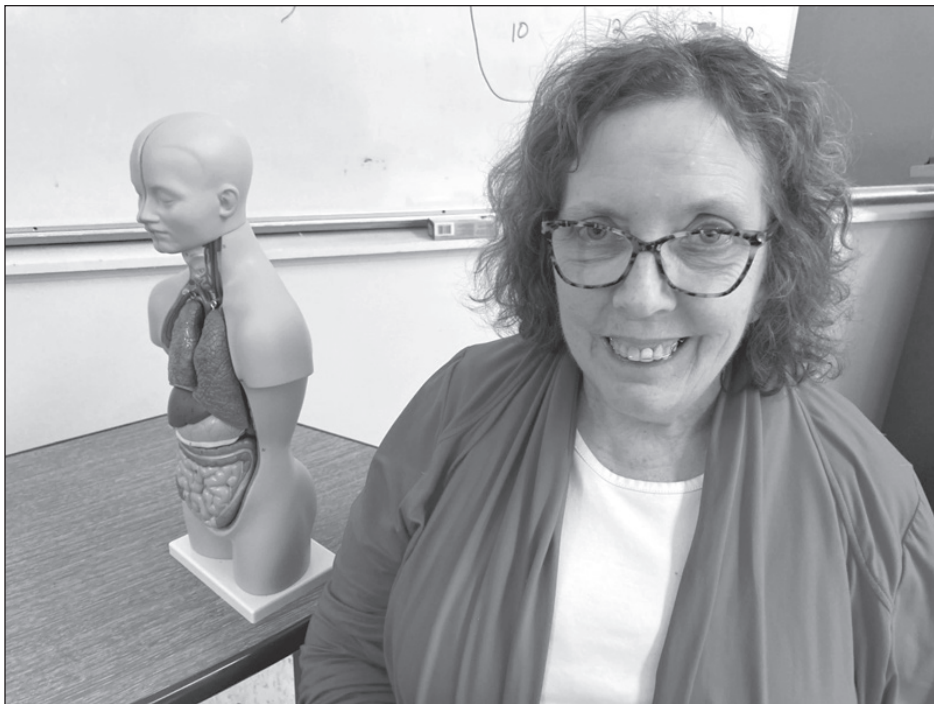
in Southern or Central Maine, Lauri looks forward to serving new home buyers and home sellers with the support of the Fontaine Team and also welcomes her past clients to reach out. Lauri will be working out of the Scarborough office and can be reached at (207)310-3565, lauri@fontaine-team.com or Lauri.maine-properties@gmail.com.

Fontaine Family – The Real Estate Leader is a highly skilled real estate team of licensed professionals dedicated to focusing on the client. Fontaine was awarded 2019 Maine Family-Owned Business of the Year, year after year voted Best Real Estate Company in the Greater Lewiston/Auburn Area and

Greater Portland Area, recognized by Real Trends as America's Top 250 Real Estate Team and published in the Wall Street Journal in the Top 250 Real Estate Professionals ranking in the top 1/2 of 1% of Realtors outperforming 99.9% of the nation's Realtors.

The Fontaine Family Team serves 8 counties – Androscoggin, Cumberland, York, Sagadahoc, Oxford, Kennebec, Franklin and Somerset – in two locations, 336 Center Street in Auburn and 432 US Route One in Scarborough. For more information visit FontaineTeam.com, download their mobile app "Fontaine Family Real Estate" or call (207)784-3800 or (207)289-3830.

Lewiston Adult Ed Provides Opportunities for Job Skills



Elise Wiley, healthcare coordinator for Lewiston Adult Education, instructor for the Health Care Pathways class for the Winter-Spring 2023 semester.

LEWISTON, ME (January 10, 2022) -- Job skills top the list of classes Lewiston Adult Education for the Winter-Spring 2023 semester.

Workforce training includes Health Care Pathways, Construction and Applied Technology in the Workplace. Information regarding class schedules and requirements can be found in the combined Lewiston Adult Education and Au-

burn Adult & Community Education brochure. Classes are also listed on the Lewiston Adult Education website, www.lewiston.maineadulted.org.

The Health Care Pathway class will give students certification as a Personal Support Specialist and, later on in the semester, as a Certified Nursing Assistant. Local health care providers will be partners in the training.

"This is a great op-

portunity for people looking for an entry-level health care career," said Elise Wiley, health care coordinator for Lewiston Adult Education.

The tentative start date for the workforce classes is Jan. 23. Students must be 18 years old, take the CASAS exam, have a Social Se-

curity number and be able to work in the United States.

Construction and technology are two additional workforce classes offered by Lewiston Adult Education in 2023. Dawn Bach, veteran comic, will return to teach her improvisational comedy class. Students should

anticipate a live performance at the end of the semester.

Becki Leighton will also return for Power Stretch and Chair Zumba. Rosa Storer will teach Livin' It Up Line Dancing. New classes include Marisa Deku's Swedish Weaving Foundations, Edgardo Schwiderke's

Yerba Mate Tea and Erin Towns' Travel Photography: Gathering Perspectives.

For more information about the Winter-Spring 2023 brochure, contact Lewiston Adult Education at 207-795-4141 or go online at www.lewiston.maineadulted.org.

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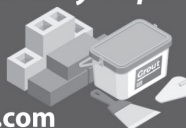
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Seniors Not Acting Their Age

Phenomenal Views on Rumford Whitecap



Hikers ascend the Rumford Whitecap Orange Trail



Climbers negotiate snow-covered bedrock on Rumford Whitecap ridge



A hiker approaches the summit of Rumford Whitecap

By Ron Chase

There's a good reason why I keep returning to Rumford Whitecap Mountain in North Rumford. Enjoying wonderful views is my favorite part of the mountain hiking experience. The panoramic vistas from the extensive Rumford Whitecap ridge top are simply unparalleled in western Maine. The 360 degree views of the surrounding mountains and valleys from the summit are phenomenal.

Another benefit of the prominent mountain is the relative ease of obtaining the visual rewards. Only about 1,600 feet of elevation gain on a well-designed 2.5 mile trail brings

the hiker to the 2,214 foot open summit. The entire trek can be accomplished at a moderate pace in three or four hours.

Thirty-five years ago when I first started hiking on Rumford Whitecap, the route to the ridge consisted of unmarked badly eroded logging roads that connected with glorified herd paths at higher elevations. That changed dramatically after Mahoosuc Land Trust purchased much of the summit and some of the south and east slopes in 2007. Rumford Whitecap Mountain Preserve was established and a network of quality trails constructed. From the parking lot on the East Andover Road, two marked

trails lead to the ridge.

In need of a mountain fix, I announced a Penobscot Paddle & Chowder Society mountain hike shortly after Christmas. I suggested Rumford Whitecap and two other possible options. I'm not the only Rumford Whitecap enthusiast. Almost immediately, two club members expressed a preference for the wind swept exposed summit. That became my selection.

Five of us, all retirees, met at the East Andover Road trailhead on a gray, seasonably warm early winter morning. Given two recent rainstorms, I was surprised by the depth of the remaining snow-

pack. An inspection of the trail indicated a hard-packed snow surface as a result heavy hiking traffic. We decided to forego snowshoes which was a good decision overall.

Four of us wore micro spikes from the outset while the fifth participant added them before the trek was over. We ascended steadily following orange blazes on Orange Trail in a predominantly hardwood forest. It soon became apparent that we needed to stay on the packed trail as any deviation resulted in sinking deep into the snow; a tiring inconvenient technique called post-holing.

What appeared to be an old logging road was the first section of trail. The wide route rose almost straight up on a moderate grade. After crossing a couple of open streams, the path angled left and we began ascending more gradually in a canopy of softwoods and hardwoods. When the trail turned right, we trekked along the west shoulder of steeper terrain. Here, a hiker descending on snowshoes advised us that the Black Mountain and Yellow Trails were not broken. This was helpful information as I had con-

templated a return on Yellow Trail.

The gradient diminished as we proceeded through a sparsely wooded sector to Black Mountain Trail junction. Just beyond, we dropped into a small ravine and crossed a stream. Partially exposed ledges led to the Yellow Trail junction where a trail sign indicated the summit was sixth-tenths of a mile.

Some minor post-holing occurred as we traveled through an open area to an abrupt left turn where a narrow icy route was carefully negotiated to the beginning of the exposed ridge. From that point, the remarkable views were constant as we followed cairns while climbing ice and snow-covered sloping bedrock to the summit.

In addition to the breathtaking views, the summit area is the habitat for what is believed to be the largest red pine woodland in the State of Maine. The distinctive trees decorate the lower portion of the ridge line where they root in shallow soil. They probably originated in this area as a result of forest fires in the past.

The highpoint was free of ice and snow. From

that vantage point, we lingered to enjoy the remarkable panoramic vistas despite a frosty breeze. Afterwards, we retired to a lower location protected from the wind for a lunch break.

The mountains and valleys of western Maine were the backdrop for our ridge descent. Numerous parties of enthusiastic hikers were met during our return. All seemed thrilled to spend one of the final days of the year on that exceptional peak.

Many more exciting mountain escapades are related in my book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine*.

Ron Chase resides in Topsham. His latest book, *"Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine"* is available at www.northcountrypress.com/maine-al-fresco or in bookstores and through online retailers. His previous books are *"The Great Mars Hill Bank Robbery"* and *"Mountains for Mortals – New England."* Visit his website at www.ronchase-outdoors.com or he can be reached at ronchaseoutdoors@comcast.net

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Maine Director of CDC Dr. Nirav Shah Appointed to U.S. CDC

PORTLAND, ME (January 12, 2023) -- MaineHealth's chief executive officer, Dr. Andy Mueller, issued the below statement today following the news that Dr. Nirav Shah, director of the Maine CDC, will be leaving his position to become the principal deputy director of the U.S. CDC:

"Staying true to

Maine's motto of "Dirigo," Dr. Shah's leadership through the worst pandemic in a century propelled Maine to top-tier performance for COVID response among the states. Working closely with DHHS commissioner, Dr. Jeanne Lambrew, Dr. Shah's calm and sensible advice, as well as his leadership during our

vaccination efforts, saved countless lives. We at MaineHealth are grateful for his contributions and sad Maine is losing him. However, we are also proud that he is stepping into a leadership role with the U.S. CDC, where he will no doubt once again distinguish himself as a public health champion. Congratulations Dr. Shah."

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Travel: Abroad & Within with Longfellow Days

BRUNSWICK, ME (January 12, 2023) -- Longfellow Days is Brunswick's month-long celebration of the great American poet, who lived here while he was a student and, later, as a faculty member at Bowdoin College. Throughout February - Henry Wadsworth Longfellow's birth month - entertaining cultural events all over town will explore themes that are suggested by the poet's life and work. This year's event is titled "Travel: Abroad and Within."

Henry Wadsworth Longfellow was inspired by traveling, whether internationally or close to home. His adventures shaped his writing, even when his subject had nothing to do with journeys or locales - thus providing evidence that travel can happen over great distances or within our thoughts.

Thursday, February 2, 2:00-3:00 PM ~ EXHIBITION EXCURSION

A docent-led tour of two BCMA exhibits illuminating aspects of HWL's time in Italy. Antiquity & America: The Ancient Mediterranean in the United States features sculpture and paintings that influenced artists like Longfellow. In Light of Rome: Early Photography in the Capital of the Art World,

1842-1871 reveals the eternal city's impact on the development of early photography. Co-sponsored by the Pejepscot History Center. Bowdoin College Museum of Art

Sunday, February 5, 1:00 PM ~ THE COURSEN READINGS, PART ONE

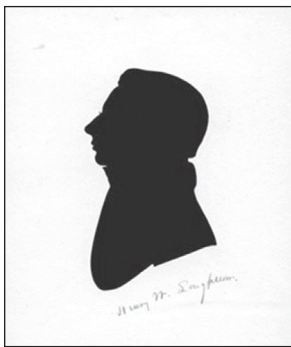
Many superb writers have graced Brunswick and its vicinity through the years. We feature twelve of them in a four-part Sunday series named for the late poet and Longfellow Days' friend, Herbert Coursen.

We begin with Maine poets Jen Walker Grace, Claire Hersom, and Marcia Simmons. Refreshments. Fireplace Room, Curtis Memorial Library

Tuesday, February 7, 6:30-8:30 PM ~ PARSING A POEM: DEVILISH DANTE

A literary and social event hosted by Gary Lawless, who guides us in exploring the First Canto of Dante's Inferno, translated by Longfellow, as well as "Mezzo Cammin," Longfellow's sonnet written while grieving the sudden death of his first wife. Refreshments and cash bar. OneSixtyFive, The Inn on Park Row

Friday, February 10, 1:00 PM ~ POETRY READING WITH WESLEY MCNAIR



Wes, the Poet Laureate of Maine from 2011-2016, will read from his recently published volume Late Wonders: New and Selected Poems. Unitarian Universalist Church, 1 Middle Street

Saturday, February 11, 11:00 AM ~ MORNING AT THE MOVIES

Be transported back to Victorian America by I Heard the Bells, the 2022 film about Longfellow and the inspiring story behind the beloved Christmas carol. Introduced by Tricia Welsch, Bowdoin College Professor of Cinema Studies. Eveningstar Cinema, 149 Maine Street

Sunday, February 12, 10:00 AM ~ A LYRICAL SERVICE

Poetry is the focus of this ecumenical service, led by Rev. Kharma Amos and with music from Jud Caswell. Visit the Bible that Longfellow signed and donated to his church in 1878. Unitarian Universalist Church, 1 Middle Street

Sunday, February 12, 1:00 PM ~ THE COURSEN READINGS, PART TWO

Maine poets Cate Marvin, Jefferson Navicky, and Jonathan Pessant are featured. Refreshments. Fireplace Room, Curtis Memorial Library

Wednesday, February 15, 12:00 PM ~ POETRY AND TRAVEL: LONGFELLOW IN EUROPE.

As a Professor of Modern Languages, Longfellow toured Europe, expanding his worldview and his art. Gary Lawless, another continental traveler, speaks about HWL, poetry, and the value of travel in strengthening the creative arts. This event is part of the Midcoast Senior College's Winter Wisdom program. Morrell Room, Curtis Memorial Library

Friday, February 17, 1:00 PM ~ LONGFELLOW TRIVIA CHALLENGE

We bet you know more than you think you do and, either way, you are sure to have fun. Trivia master Andrew Hamilton emcees, and there'll be prizes! Unitarian Universalist Church, 1 Middle Street

Saturday, February 18, 12:30 & 2:00 PM ~ TOURS OF THE JOSHUA L. CHAMBERLAIN

MUSEUM

Longfellow Days and the Pejepscot History Center co-host visits to one of Longfellow's residences in Brunswick - later home of Maine Governor and Civil War General Joshua Chamberlain. 226 Maine Street

Sunday, February 19, 1:00 PM ~ THE COURSEN READINGS, PART THREE

Maine poets Dennis Camire, Jim Donnelly, and Anna Wrobel are featured today. Refreshments. Fireplace Room, Curtis Memorial Library

Wednesday, February 22, 2:00 PM ~ COMMUNITY POETRY READING AT THE HIGHLANDS

Local bard David Sloan will read from his work and host this informal poetry-sharing gathering for the community. Bring yours or favorites by others. Refreshments. Georgetown Parlor, Maine Lodge, The Highlands, 30 Governors Way, Topsham

Thursday, February 23, 12:30 ~ COMMUNITY POETRY READING AT THORNTON OAKS

Poet David Sloan shares his own writing and hosts this informal verse-sharing session for the community. Bring yours or favorites by others. Refreshments. Merry-meeting Room, Thornton

Oaks, 25 Thornton Way (off Baribeau Drive)

Sunday, February 26, 1:00 PM ~ THE COURSEN READINGS, PART FOUR

Maine poets Kara Douglas, Valerie Lawson, and John Reinhart are on deck for our final Coursen Reading. Refreshments. Fireplace Room, Curtis Memorial Library

Monday, February 27, 6:30 PM ~ HAPPY BIRTHDAY, HENRY!

He's a mere 216 today - and always deserving of a fuss. Ren Bernier hosts our popular poetry open mic, and we invite you to add your voice! Come share your poem or another's that you love, and enjoy some delicious cake, courtesy of Union Street Bakery. Unitarian Universalist Church, 1 Middle Street

Longfellow Days is an annual program of the Brunswick Downtown Association, with support from Bowdoin College, Nathaniel Davis Fund, Eveningstar Cinema, OneSixtyFive: The Inn on Park Row, Union Street Bakery, and the Unitarian Universalist Church of Brunswick.

Information online at brunswick-downtown.org/longfellow-days-2023-travel/ or [facebook.com/longfellowdays/](https://www.facebook.com/longfellowdays/).

Get Ready to Celebrate the Read to ME Challenge

MAINE (January 13, 2023) -- For the 8th consecutive year, the Maine Department of Education will collaborate with community organizations and schools to promote the Read to ME Challenge, a month-long public awareness campaign held during February across Maine.

The Read to ME Challenge is intended to

bolster enjoyment in reading and to support children's literacy growth by challenging adults to read to and/or with children for at least 15 minutes during the month of February. Challenge readers are invited to capture the moment via a photo or a video to post on social media platforms such as Facebook, Instagram, and Twitter with the hashtag #Read-

toME. They are also encouraged to continue the impact by challenging social media friends to read to children and spread the impact across the state. Maine DOE hopes that social media posts include Twitter tag at @mdoe-news and/or a Facebook tag @MaineDepartmentofEducation1!

While anyone can participate in the Read to

ME Challenge, this initiative offers a wonderful opportunity for schools, child cares, libraries, and many other community organizations to plan engaging strategies for completing the challenge and demonstrating commitment to reading to children. In the past there have been a variety of student and adult groups that have organized impactful reading events.

These include college and high school sports teams, civic organizations, library programs, recreation departments and educational organizations. If you have a school or community organization that plans on participating in this challenge, please let us know by signing up at this link.

The Read to ME Challenge will run for the month of February, lead-

ing up to Read Across America Day on March 2, 2023. Learn more about the Read to ME Challenge on the Maine DOE Website and be looking for more details about the kick-off soon.

For additional information, contact Dee Saucier (danielle.m.saucier@maine.gov), Maine DOE Inclusive Education Literacy Specialist.

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Arts & Entertainment

“It’s Only A Play” Opens this Weekend at CLT



The Terrence McNally comedy “It’s Only A Play” opens this weekend at Community Little Theatre (CLT). Pictured here left to right in a scene from the show are Brian Pfohl, who portrays the playwright Peter Austin; Jamie Bannister, who plays the producer Julia Budder; and Jen Groover, who plays the diva Virginia Noyes. Performances will be at 7:30 p.m. on January 19, 20, 21, 26, 27 and 28; and at 2:00 p.m. on January 22 and 29. All performances will be held at the theatre at 30 Academy Street in Auburn. Call 207-783-0958 or visit LA-CLT.com for tickets and information.

L/A Community Little Theatre
PRESENTS



by Terrence McNally

Director: Eileen Messina • Assistant Director: Mark Hazard
Producer: Ken Mansur

January 19-22 & 26-29, 2023

Laughs ensue at a party where a producer, playwright, director, and actors eagerly wait for the opening night reviews of their Broadway play.

Lewiston Legislative Delegation to Host Public Office Hours

AUGUSTA, ME (January 12, 2023) – Members of Lewiston’s delegation to the State Legislature will hold constituent office hours from 10:30 a.m. to 12:00 p.m. Saturday, January 28, in the Couture Room at Lewiston Public Library.

Sen. Peggy Rotundo will be joined by Reps. Kristen Cloutier, Margaret Craven, Mana Abdi and

Michael Lajoie.

The office hours provide local residents a chance for Lewiston residents to meet with their elected officials and discuss legislative and state government matters.

The delegation will give updates on their work on various policy areas, including the state budget, law enforcement, insurance and financial affairs,

taxes, transportation and veterans issues.

WHAT: Constituent Office Hours

WHO: Sen. Peggy Rotundo, Rep. Kristen Cloutier, Rep. Margaret Craven, Rep. Mana Abdi and Rep. Michael Lajoie

WHEN: Saturday, January 28, 2023

WHERE: Couture Room, Lewiston Public Library, 200 Lisbon Street

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Registration Open for WinterKids' Downhill 24

(January 4, 2023) – Registration is open for the 11th annual WinterKids Downhill 24 at Sugarloaf on March 2-3, 2023. Presented by Agren and Zachau Construction, the WinterKids Downhill 24 is a 24-hour ski and snowboard challenge to raise money for WinterKids programs – to help more kids build healthy habits through outdoor, winter activity. This is the only night of the year to ski under the lights at Sugarloaf.

This year, the Downhill 24 will start at 8 p.m. on Thursday and end at 8 p.m. on Friday with a closing ceremony party in the King Pine Room at Sugarloaf. Teams can register to ski, ride, or skin up for 24 hours. There are registrations for corporate teams and individual teams, with teams of up to twelve people. There will be a full

schedule of events including a race arena, inflatable obstacle course, trivia, raffles, all night mid-mountain party, music, food and more!

For the 11th annual event, the organization aims to raise \$650,000. “The success of this event has changed the trajectory of our organization and allowed us to serve thousands more kids each year,” says Julie Mulken, WinterKids’ Executive Director. “Our goal is \$650,000 this year and proceeds from the event help us to reach over 50,000 kids in all sixteen counties of Maine!”

This event will sell out. The first 50 people to register by January 31, 2023, will receive a WinterKids fleece headband. To register your team and learn more, visit www.winterkids.org/downhill-24.

This event also supports the Carrabassett Valley community with local beneficiaries each year. This year’s beneficiaries include the Sugarloaf Region Charitable Trust, Sugarloaf Ski Club, and the Western Maine Center for Children. Created in 2022, the WinterKids Downhill 24 Outdoor Fund supports organizations statewide through a community voting process in September. In the inaugural year of the fund, 4 schools received \$25,000 to get more kids outside and active, including Noble Middle School, Bruce Whittier Middle School, Auburn Middle School, and Mt. Abram Regional High School.

The 11th annual Downhill 24 is presented by Agren and Zachau Construction. Additional sponsors include L.L.Bean, Pape Subaru, Kittery Trad-

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ing Post, Franklin Printing, Patra Company, Pike Industries, United Rentals, Portland Pie Company, Sugarloaf Inn, Three Rivers Whitewater, Capozza Floor Covering Center, Martin’s Point Health Care, ACE Painting, Orono Brewing Company, Mountainside Real Estate, Ware Butler, Winterstick, West Mountain Ski Company, Vigilante Capital, Swen-

son Group, AAA Northern New England, Northern Light Health, Family Chiropractic Associates, Main Health, Eighty8 Donuts, and Maine Drone Imaging.

WinterKids is an independent 501(c)(3) non-profit organization. Our mission is to help children develop healthy lifelong habits through education and fun, outdoor winter activity. This year, Win-

terKids will reach 50,000 children through our family programs, school programs, and community events. WinterKids’ Major Community Sponsor is L.L.Bean. WinterKids’ Supporting Sponsors are Agren, Central Maine Power, Harvard Pilgrim Health Care, WEX, and WMTW Channel 8 and The CW. Learn more at WinterKids.org.

Republicans Call for Tax Cuts Amid Historic Price Increases

AUGUSTA, ME (January 11, 2022) – Legislative Republicans received a state budget briefing from the Governor’s Office today. Republican leaders listened intently and have issued the following Joint

Statement:

“State government has over-collected \$1.5 billion from taxpayers who are struggling to heat their homes, buy groceries, fill their gas tanks and pay rising prices on everyday items. We

need to stop the cycle of over-collecting money from people. Current revenue projections allow us to explore ways of letting people keep more of their hard-earned money to address inflation.

“Republicans are committed to working with Democrats to achieve a two-thirds budget in keeping with legislative tradition and the people’s desire that we all work together. We are pleased the Govern-

or’s proposed budget addresses several priorities Republicans communicated during the recent discussions and public hearing on the energy bill, including fulfilling our commitment to protect those who are most vul-

nerable. We stand ready to serve Maine’s people during the appropriations process. We also want to explore ways to lower taxes - while we have the opportunity – so that our people can prosper.”

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UUCB Concerts for a Cause Presents Bold Riley

BRUNSWICK, ME (January 10, 2022) -- UUCB Concerts for a Cause will host Bold Riley on Saturday, February 4, 2023 at 7:30 p.m. at the Unitarian Universalist Church of Brunswick.

the Greater Brunswick area while raising money for local charities. This concert will benefit the Brunswick Area Teen Center and

Concerts for a Cause brings special concerts to



Maine Family Planning.

Bold Riley is a folk quintet hailing from western Maine and known for beautiful melodies and full vocal harmonies, uplifting originals, and a joyful reimagining of traditional tunes and covers. Fiddle, guitar, banjo, accordion, bass and percussion provide a wide range of instrumentation for listeners. Band members Michael Hayashida, John Gunn, Ju-

lia Edwards, Erin Sampson and Dennis Boyd take turns singing lead, and a strong sense of community drives the energy of their music.

In 2019, the band released their first full-length album, "Kinship," which was recorded mixed, and mastered by Jud Caswell at Frog Hollow Studio. The album showcases a refined list of originals peppered with a few key covers. The result is truly Bold Riley:

family, love, and hope.

As an added bonus, Jud Caswell, who is an award-winning singer-songwriter himself, will be joining Bold Riley for a couple numbers in the concert.

Tickets are \$20 in advance and \$25 at the door. Students/Children \$10. Available at the church of office, Gulf of Maine Books, or online at <https://ticket-stripe.com/boldriley>.

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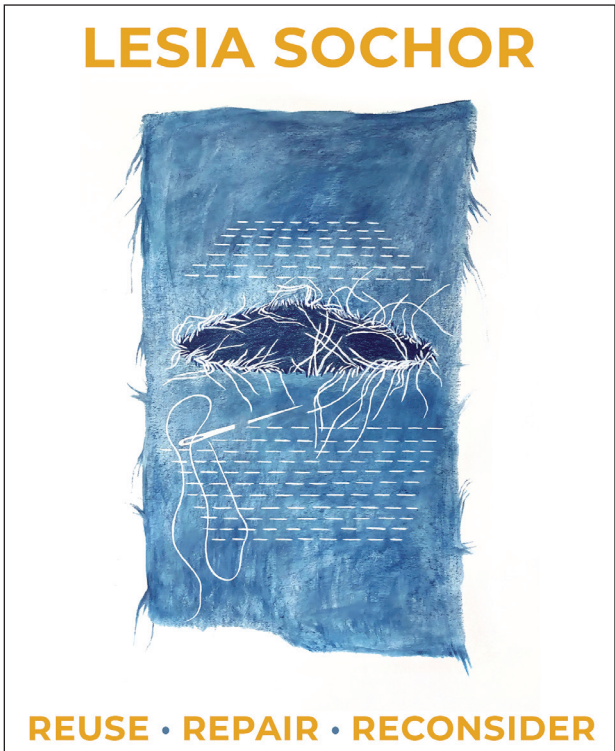
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Reuse • Repair • Reconsider Featured at L/A Arts Gallery



Lesia Sochor: Repair 1 . wax sticks, watercolor, gouche 20 x 28 in.

LEWISTON, ME (January 10, 2023) -- Celebrating the opening of its new location and gallery space, LA Arts announces an exhibition by Maine artist Lesia Sochor, titled REUSE • REPAIR • RECONSIDER. The exhibition, which explores the concept of repair using the image of ripped jeans as a metaphor, will be open January 17 – March 12, 2023. A gallery talk by the Artist, will be held on Friday, February 10, at 5:30 pm and a Sashiko Stitching workshop by a fellow artist colleague, Lissa Widoff on Saturday, February 4 from 1-3pm.

Sochor says of her work: Waste was not a word or concept my childhood family could conceive of. My Ukrainian immigrant parents fixed, repaired and mended. It was a time when frugality was King and necessity was Queen. A time before credit cards, a time when less was less and that was OK. Consumerism was not yet eating away at the very core of our souls. Clothes were sewn, repaired, and passed on, or kept as treasured garments. I was brought up to practically idolize fabric. The idea of ripping jeans intentionally would have been abhorring.

Even today, for me, this style is somehow irreverent and almost brutal to the fibers. The ability to sew, re-purpose and repair clothing opens up a world of reuse and recycling and helps keep textiles out of landfills. Ninety-two million tons of clothes are thrown away every year. Eco-crafting, is being driven by young adults who are questioning and often rejecting the excesses of materialism. They are discovering the pleasure in self-sufficiency and how stitches contribute to the life and story of a garment.

Louise Bourgeois

said ‘Clothing is an exercise in memory. It is also a kind of emotional repair’ Three years ago, I took a deep dive into the notion

of repair. My paintings use the image of ripped jeans, and I ‘stitch’ them with gouache, keeping in mind the Japanese practice of Boro: re-purposing and stitching worn cloth to prolong the life of a garment. Every scrap of fabric was used. I investigate mending as an intervention, as metaphor, as a call to action; not only to restore material things, but as an intention to repair the fractured parts of ourselves, and our ruptured world; mend the broken/torn pieces to make it whole again.

In addition to the individual paintings, a large ‘grid/quilt’ of 20 10x10” squares will be exhibited. Using wax sticks, watercolors and gouache, the squares summoned me as an artist to document and bear witness to ongoing events. The ‘quilt’ beckons us to repair the virus, immigration, inequality, justice, strife, violence, repro-

ductive rights and climate change, and restore love, hope, and compassion. It is an invitation to begin a dialogue about our place in these churning times.

Amanda Gorman

wrote “Being American is more than the pride we inherit. It’s the past we step into and how we repair it.” Broadening the scope of the exhibit will be an interactive piece. A wall of

ripped jeans, some mended, others left to be mended, will serve as a conduit for audience participation and tactile process. The 3 pairs of mended jeans are

See Gallery, page 16

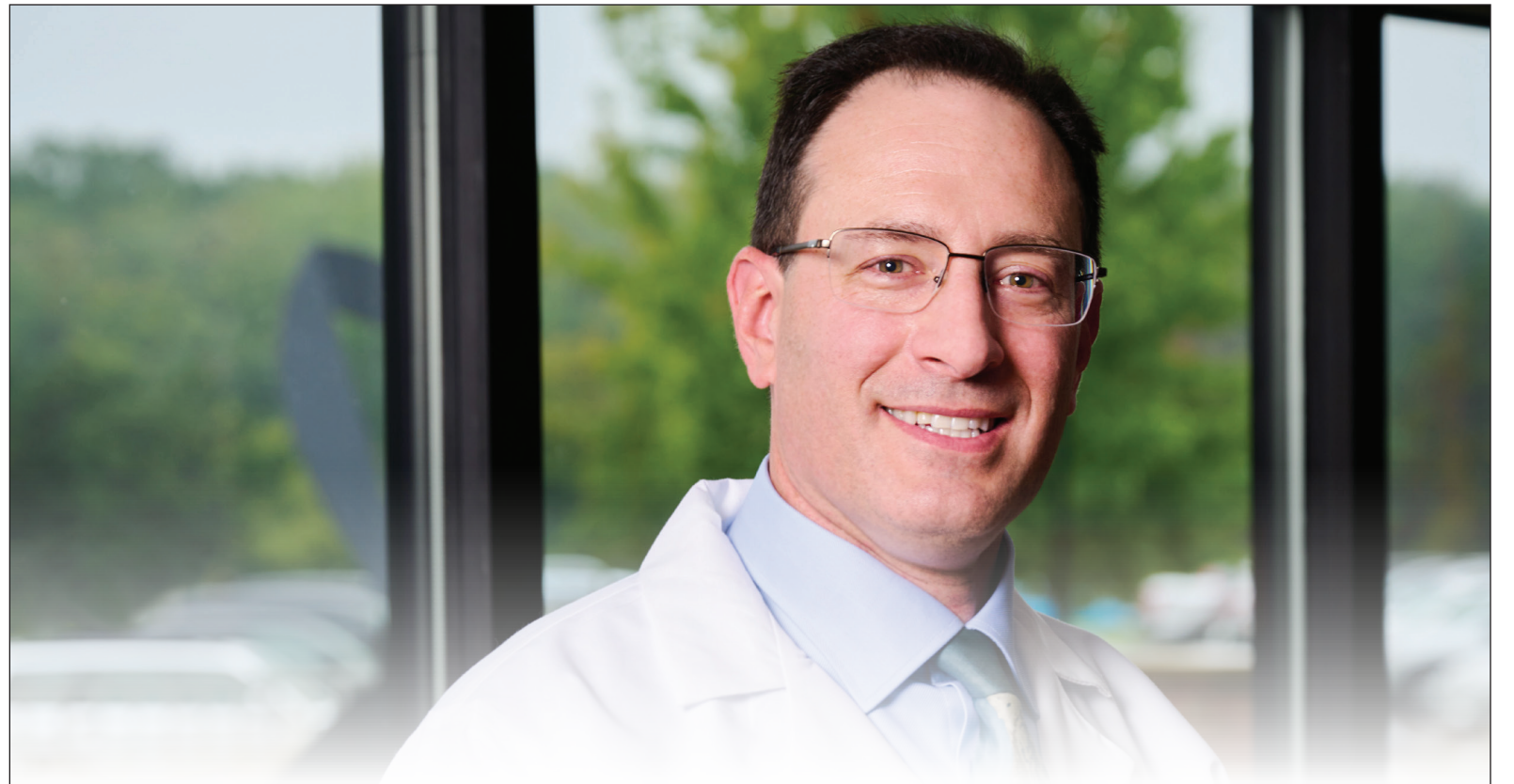
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New England Cancer Specialists welcomes Dr. Dan Rausch.

A Board-certified oncologist and hematologist who grew up and currently resides in Auburn, Dr. Rausch is the newest member of New England Cancer Specialists. He will work out of the practice’s Scarborough office, where he is currently accepting new patients.

Dr. Rausch joins the largest medical oncology group north of Boston, which includes 13 other physicians—10 in Scarborough and Topsham—and 23 advanced practice providers. A graduate of Haverford College and Tufts University School of Medicine, he completed his residency at the Lahey Clinic in Burlington, MA, as well as a Fellowship at St. Elizabeth’s Medical Center in Brighton, MA.

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Dr. Rausch with his family at the Dempsey Challenge



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DuBois Realty Group Supports Humane Society

AUBURN, ME (January 3, 2022) -- Brian and Marnie DuBois of the DuBois Realty Group of Keller Williams Realty present a check to Donna Richey, Development Director and Katie Lisnik, Executive Director, both of the Greater Androscoggin Humane Society. This contribution is part of DRG's Give Where You Live community support campaign where \$100 from each real estate closing is designated to one of five local charity partners as selected by DRG clients. 21 of those clients chose GAHS in

2022, enabling the DuBois Realty Group to provide \$2,100 in support.

The Give Where You Live program began in 2016 and, combined with other philanthropic efforts of the DuBois Realty Group, has totaled over \$120,000 in contributions to local charities and youth programs to date. "All of our team members live, work and play within our service area. We believe we have a responsibility to give back to the communities from which we earn a living and we hope to inspire other local Realtor-



sand businesses to do more of the same," states Brian DuBois, Broker-Owner.

Other local charities include the Auburn-Lewiston YMCA, the Dempsey Center, Trinity Jubilee Center, and Wounded Heroes of Maine. Marnie reflected, "We are overwhelmed with the success of this program. Our goal was to donate \$10,000 annually and now we've doubled those initial benchmarks in six years through the outpouring of support from our clients and their unwavering loyalty to our business. Truly humbling."

The DuBois Realty Group can be contacted by calling 207-344-3230 or online at www.duboisrealtygroup.net or by stopping by the office located at 243 Mt. Auburn Avenue in Auburn (office park located behind Home Depot).

Send all items for What's Going On to the Editor. Deadline is Friday by five.

MaineCF Invites Grant Proposals from Androscoggin Nonprofits

PORTLAND & ELLSWORTH, ME (January 12, 2023) — Nonprofit organizations in Androscoggin County may be eligible for grants from the Maine Community Foundation's (MaineCF) Community Building Grant Program.

The grant program invests in local projects and organizations that help build strong communities. Last year seven Androscoggin County nonprofit organizations were awarded grants totaling \$52,500.

The Community Building Grant Program supports efforts that strengthen community resources, promote well-being and help residents acquire skills and knowledge. These community resources include organizations, partnerships and natural and built environments. The program also requires that applicants engage the people they serve in design, delivery and/or eval-

uation of the grant-funded work.

Last year's grantees included:

- Androscoggin Humane Society, Lewiston, to provide a safety net for vulnerable pets at risk of being surrendered

- Land in Common, Greene, to build a community-owned land base for affordable housing, food production, ecological stewardship, social transformation, community connection and liberation for communities directly impacted by injustice

- Maine Audubon, Falmouth, to launch Lewiston Youth Corps, which will bring environmental education and hands-on conservation experiences to teens, especially those who are from low-income households, are asylum seekers or are Black, Indigenous or other people of color.

For a full list of 2022 Community Build-



ing grants by county, visit www.mainecef.org/recent-grants.

The Community Building Grant Program is MaineCF's largest grant program. It is one of the only grant programs in the state that supports a broad range of interest areas, including arts, education, environment, economic development and human services.

The grant program offers two types of funding: project grants and general support. Project grants are for new or expanding projects. General support is geared towards operational needs for smaller organizations that meet certain

criteria.

Learn more about Community Building Grant Program qualifications and the application process at www.mainecef.org/communitybuilding.

The Maine Community Foundation brings people and resources together to build a better Maine through strategic giving, community leadership, personalized service, local expertise and strong investments. To learn more about the foundation, visit www.mainecef.org.

2022 Grants from the Androscoggin County Committee:

Androscoggin Humane Society, to provide

a safety net for vulnerable pets at risk of being surrendered: \$2,500

An Angels Wing, to serve the community by securing sober living, detoxification, and rehabilitation beds for people seeking recovery from drugs and/or alcohol: \$5,000

Center for Wisdom's Women, to provide trauma-informed programming and support at the drop-in center and Sophia's House residential program: \$5,000

Land in Common, to build a community-owned base for affordable housing, food production, ecological stewardship, social transformation, community connection, and liberation for communities impacted by injustice: \$10,000

Maine Audubon, to launch Lewiston Youth Corps, that will bring environmental education and hands-on conservation experiences to teens, espe-

cially those from low-income households, are BIPOC or asylum seekers: \$10,000

Maine Inside Out, to engage and support at-risk Lewiston middle school students through theater workshops and community support: \$10,000

New Beginnings, to expand the offerings at the Lewiston Drop-In Center for homeless teens and young adults: \$10,000

2022 Grants from Donor-Advised Funds (as of April 2022):

An Angels Wing, to serve the community by securing sober living, detoxification, and rehabilitation beds for people seeking recovery from drugs and/or alcohol: \$5,000

Rosati Leadership Academy, for free, after-school programming designed to foster character development and leadership potential through soccer for at-risk youth in Lewiston: \$10,000

YWCA Central Maine to "Spread The Love"



YWCA staff deliver to Katherine LaMore and her grandson. From left to right: Melanie LaMore Gagnon (Executive Director) and her son, Carter, Melissa Jackson (Chief Operations Officer), Crystal Parritt (Director of Childcare), Katherine LaMore (Recipient), Sophia Gamache (Former Board Member), Amanda Hatch (Chief Program and Impact Officer), Desmond Jackson (Customer Service).

LEWISTON/AUBURN, ME (January 10, 2022) -- On February 13th, 2023, the day before Valen-

tine's Day, YWCA Central Maine will be hand delivering custom gift baskets for their "Spread the Love"

fundraiser, formerly known as "Galentine's Day" baskets.

YWCA Central Maine invites members of the community to send a "Spread the Love" basket to a special someone such as a loved one, friend, neighbor, employee, client or purchase a large one for your favorite team of workers to share. Spread the Love baskets are stuffed full of goodies such as chocolate, baked goods, coffee, soaps, flowers, gift cards, candles, personalized messages, and more! Hand delivery is within the Lewiston/Auburn community on Monday, February 13th. Special arrangements can also be made for delivery outside of the immediate area for 3 baskets or more.

Baskets are offered

in 2 sizes; small and large and each will be a special surprise delivery. Small baskets will be \$30 and large baskets will be \$50 - including delivery! The Spread the Love fundraiser benefits the work of your local YWCA in empowering women and eliminating racism. We continue to do this work with your generous donations and support! To order a Spread the Love basket for someone important in your life, please visit our website at bit.ly/SpreadTheLove2023 to fill out the form and email it to jmolloy@ywcamaine.org, call the YWCA (795-4050) to order by phone, or stop by our front desk to fill it out in person.

But hurry! Orders will only be accepted through Friday, February 3rd.

SeniorsPlus to Offer New Dementia Art-Therapy Program

LEWISTON, ME (January 12, 2023) -- SeniorsPlus, Western Maine's designated Area Agency on Aging, is launching Opening Minds through Art (OMA), a new program that strives to bring joy, art, and pride to people living with dementia and Alzheimer's in our community. Through a series of classes, OMA engages students with dementia in creating free-wheeling art. OMA classes will be offered Fridays February 3-24 and March 3 and 10 at the Education Center of SeniorsPlus at 8 Falcon Road in Lewiston.

During the six-week program, people with dementia (the "artists") are paired one-on-one with volunteers who help them create art using imagination instead of memory. SeniorsPlus seeks students for the program, as well as

volunteers to work one-on-one with participants in these art classes. No art background required. To volunteer, or to enroll a loved one as an artist, please contact SeniorsPlus, at 207-795-4010, edcenter@seniorsplus.org.

OMA is an award-winning, evidence-based, intergenerational art-making program for people with dementia. Developed in 2007 at Miami University's Scripps Gerontology Center, the program is grounded in person-centered care principles. It is designed to provide creative expression and social engagement opportunities for people with Alzheimer's disease and other dementias. OMA at SeniorsPlus is funded in part through a grant from the U.S. Administration for Community Living, Department of Health and Human Services.

Get your Camping Trip Locked in for 2023 with Maine State Parks

AUGUSTA, ME (January 10, 2022) -- The Maine Department of Agriculture, Conservation and Forestry's Bureau of Parks and Lands (BPL) Director Andy Cutko announced a record set during 2022 for camping nights. During 2022, Maine State Park campgrounds recorded over 319,000 visitor nights. 2022 was BPL's second-highest ranking year for total state park

visitation, with more than 3.28 million people spending time at the bureau's 48 parks and historic sites. In 2021, Maine State Parks welcomed more than 3.3 million visitors and more than 315,000 campers.

"The credit for this record-breaking growth goes to every staff member in our Maine State Parks system. Their dedication to caring for our parks and the people who

choose to recreate with us is unmatched," said DACF Commissioner Amanda Beal. "Whenever I visit a Maine State Park, I always discover something new that reminds me how amazing these places are and the impact that spending time in nature can have on people."

"Many of us have been interested to see whether the pandemic spike in outdoor activity

would be sustained," said BPL Director Andy Cutko. "Our 2022 statistics show that Maine people and our visitors continue to love our State Parks."

Lock in your Maine State Parks camping trips starting February 1

On February 1, 2023 at 9:00 AM, the Maine State Park campground reservations center opens to accept online and phone reservations for Lily

Bay and Sebago Lake State Parks.

Then on February 6 at 9:00 AM, the campground reservation center opens to accept phone and online reservations for all 12 Maine State Park campgrounds.

Book camping reservations online (www.CampWithME.com) or reach the camping reservation call center by dialing (800) 332-1501 from

a Maine (207) area code; or (207) 624-9950. Seasonal reservation call center hours are 9:00 to 4:00, Monday to Friday, excluding holidays.

Group Campsite and Picnic Shelter Reservations are by phone only and begin February 1, 2023. Find park phone lines, instructions, and fees on BPL's Group Camping and the Group Shelters web pages.

Sen. Collins' PREVENT Pandemics Act Signed into Law

WASHINGTON, D.C. (January 12, 2023)—U.S. Senator Susan Collins, a member of the Senate Health Committee, announced that large portions of legislation she helped author to strengthen the nation's public health and medical preparedness and response systems were signed into law as part of the year-end government funding bill. The Prepare for and Respond to Existing Viruses, Emerging New Threats, and Pandemics Act (PREVENT Pandemics Act) was sponsored by Health Committee Chairman Patty Murray (D-WA) and Ranking Member Richard Burr (R-NC) and included key provisions authored by Senator Collins.

"The past three years

have clearly demonstrated that we must work to ensure that our country is better prepared for future epidemics and pandemics," said Senator Collins. "This bipartisan legislation represents an important step forward that will address a number of shortcomings that were exposed during our nations' response to COVID-19. It will also strengthen our public health systems and better protect our communities."

The omnibus includes portions of the PREVENT Pandemics Act that will, among other provisions,

improve strategy and coordination among our public health preparedness agencies; strengthen the supply chain and government stockpiles of medical products, such as masks, drugs, vaccines, and tests; and authorize the Advanced Research Projects Agency for Health (ARPA-H) to accelerate innovation in health and medicine by investing in novel, broadly applicable, high-risk, high-reward research projects.

The legislation includes sections that Senator Collins authored or co-led that will:

Increase Domestic

Manufacturing of Generic Medicines. Language authored by Senator Collins authorizing a feasibility study regarding how to reward domestic production of certain generic medicines and their active pharmaceutical ingredients through federal health care programs.

Increase Domestic Manufacturing of Medical Supplies. Language authored by Senator Collins to require that federal funds used to implement the pilot program for state-based stockpiles of medical supplies conform with the domestic preference requirements of the Buy America Act.

Expand Public Health Workforce. The Strengthening the Public Health Workforce Act, legislation authored by Senators Collins and Tina Smith (D-MN), which reauthorizes and improves the Public Health Workforce Loan Repayment Program to help expand the public health workforce at

the state, local, and tribal levels and support the COVID-19 response effort.

Student Loan Relief for Health Professionals. The BIO Preparedness Workforce Act, legislation authored by Senators Collins and Tammy Baldwin (D-MN), which establishes a Bio-Preparedness Workforce Pilot Program to provide for loan repayment for health professionals with expertise in infectious diseases and emergency preparedness and response activities to ensure an adequate supply of such professionals.

Improve HHS Preparedness. Language authored by Senator Collins creating a leadership exchange pilot program to provide for two-year fellowships, details, or other relevant placements with federal agencies or state or local health departments that will help employees in HHS leadership gain field experience and develop public health and medical

preparedness expertise.

Alleviate Drug Shortages. The Drug Shortages Shelf Life Extension Act, legislation authored by Senators Collins and Ben Cardin (D-MD), which directs the FDA to extend the shelf life of prescription drugs in scarce supply.

Strengthen Requirements for Foreign Manufacturers. The Registration of Certain Foreign Establishments Act, legislation authored by Senators Collins and Gary Peters (D-MI), which would strengthen requirements for foreign manufacturers of medical products that are distributed in the United States to register with the FDA.

Increase Behavioral Health Resources. The Securing Uninterrupted Pandemic Preparation of Resources & Therapies (SUPPORT) Act, legislation authored by Senators Collins and Ben Ray Lujan, which will strengthen the federal government's mission to ensure the nation is prepared to address the behavioral health needs that follow natural and human-caused disasters and emergent events, including public health emergencies.



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Wednesdays, January 11-February 15

LEWISTON -- The Lewiston Public Library will be hosting a 6 week yoga series for teens beginning in January 2023. Classes will be held at the library on Wednesdays from 3:30-4:30pm from 1/11/23 - 2/15/23 in the 3rd floor Callahan Hall and 2nd floor IDEA Lab on alternating weeks.

For more information contact the Adult & Teen Services department at 513-3135 or lpference@lewistonmaine.gov.

Second and fourth Thursdays

LEWISTON -- **YOUTH TRADING CARD GAME CLUB** held from 4 PM to 5 PM at the Lewiston Public Library. Join the Youth Trading Card Game Club to play, learn, trade, and compete with your peers! Games include Pokémon, Magic: the Gathering, and more. All skill levels are welcome. Library staff and volunteers will be available to teach new players and coach developing ones. Free. For kids & teens ages 8-18. 513-3135; www.LPLonline.org

Wednesdays

LEWISTON -- Knitting Group, Dates: Wednesdays, Time: 4:30-7:30 p.m., Facilitator: SeniorsPlus Staff, Location: Education Center, 8 Falcon Road, Lew-

Calendar

Send your submissions to the Editor. More online.

iston

Join our knitting group to work on your own project, learn from others, and socialize. Classes are free, unless noted. SeniorsPlus is fully accessible. Hearing assistive equipment is available upon request. For more information or to register, call us at 207-795-4010 or visit seniorsplus.org.

January 19

LEWISTON -- The Great Falls Forum entitled "Drawn to a Life of Crime" will be happening at the Lewiston Public Library on Thursday, January 19 from 12 to 1 PM. The event listing can also be found on our website at <https://lplonline.org/events/great-falls-forum-drawn-to-a-life-of-crime/>

January 19

LEWISTON -- Medicare Made Simple, Date: Thursday, January 19, Time: 3-5 p.m., Instructor: Kerry Faria, Location: Education Center, 8 Falcon Road, Lewiston

This is an in-person class with Medicare expert, Kerry Faria. Learn how to navigate Medicare in this introductory class. You will learn about your insurance options with Medicare, when to enroll

or change plans, and how state law may affect your choices. This presentation is perfect for people who are new to Medicare, or anyone who currently has Medicare and would like to learn more. There will be time for questions and answers. Classes are free, unless noted. SeniorsPlus is fully accessible. Hearing assistive equipment is available upon request. For more information or to register, call us at 207-795-4010 or visit seniorsplus.org.

January 23

LEWISTON -- Board Game Night happening The Lewiston Public Library on Monday, January 23, 2023, from 4:30- 6 pm. The event listing can also be found on our website at <https://lplonline.org/events/board-game-night/>

January 26

LEWISTON -- Estate Planning, Date: Thursday, January 26, Time: 3:30-4:30 p.m. Presenter: Attorney Martha McLean, of McLean Law, Location: Education Center, 8 Falcon Road, Lewiston

Topics include MaineCare planning, including protecting assets while qualifying for MaineCare, asset and income limita-

tions, excluded assets, transfer penalties, and estate recovery. The Estate Planning segment of the presentation will include understanding how assets pass at death, probate and non-probate transfers, an explanation of wills and powers of attorney for healthcare and finances, the role of personal representatives, agents and trustees, and trust-based planning. Classes are free, unless noted. SeniorsPlus is fully accessible. Hearing assistive equipment is available upon request. For more information or to register, call us at 207-795-4010 or visit seniorsplus.org.

January 27

LEWISTON -- 10 Warning Signs of Alzheimer's, Date: Friday, January 27, Time: 1-2 p.m. Instructor: Valerie Cole, LSW, Location: Education Center, 8 Falcon Road, Lewiston

Alzheimer's and other dementias cause memory, thinking, and behavior changes that interfere with daily living. Learn about common warning signs of Alzheimer's and what symptoms to look for in yourself and others, as well as tips to approach someone who is experiencing changes in their memory, the benefit of early detection and diagnosis, and more. Classes are free, unless noted. SeniorsPlus

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January 28

GRAY -- Supper - Variety of Casseroles and Salads, Baked Pea Beans, Red Hot Dogs, Breads, Assortment of Desserts and Beverages

Saturday January 28, 2023, 5:00 PM First Congregational Church, Gray, Parish House, 5 Brown St., Handicapped Accessible. Seating Capacity 50 - Doors open at 4:30 PM Meals - Single sized \$10.00 each. 657-4279

January 28

LISBON -- Dine In/Take Out Bean Supper from 4:30pm until SOLD OUT. Lisbon United Methodist Church 14 School Street, Lisbon Falls, ME. Sponsored by

the Methodist Women. Adults \$9.00. Menu: Pea Beans, Hot Dogs, Potato Salad, Cole Slaw, dinner roll and a slice of pie! FMI-Gwen Rioux 353-6814

January 28

MINOT -- Take-Out Baked Bean Supper at the: Minot United Methodist Church, Rt. 121, Corner of Minot Ave and Empire Rd., Minot, Me. Pick-up time will be from 11 a.m. to 1 p.m. Choose from the following: Red or Brown Hot dogs, Pea or Calico Baked Beans, Macaroni and Cheese, Biscuit or Corn Bread and dessert is Brownies.

Please call Joan @ 207-998-2819 to place your order by Thursday, Jan 26th, if no answer, please leave a message with your name, your order and return phone number. The supper is \$7.00 per person. Hope to see you there!



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Gallery
Continued from page 9
artfully repaired by Lissa

Widoff, a woman creative, who repairs jeans in the Boro' style using Sashiko

stitching. The jeans would compose a visual construct in which an internal pro-

cess can begin: to reflect and contemplate on the act of repairing as we respond to the torn garments, both literally and metaphorically. Needles, thread, and fabric will be provided, ready to be taken up and allowing the mending to begin.

For forty-two years, Lesia Sochor has been a part of the artistic fiber of Waldo County, Maine, where she has lived, created and taught. An interdisciplinary artist, she is

primarily a painter. Sochor received BFA in painting from the Philadelphia College of Art and has exhibited in museums, galleries and universities throughout New England and beyond.

Since 1973, LA Arts, the arts agency for the cities of Lewiston and Auburn Maine, has pursued a mission to engage and inspire a vibrant community through arts and culture. The agency works with governments, businesses, schools and local arts

and cultural organizations to create opportunities for community members across the generations to experience, learn, and participate in the arts. LA Arts organizes arts programs and initiatives, supports the work of local artists and art organizations, and highlights the essential role the arts play in shaping an economically vital, socially integrated, and forward-looking future for its community. Learn more at www.laarts.org.

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