

FREE!

IFPA

23
YEARS
2000-2023



February is American Heart Month!

Page 8

The Millennium Shopper

(In The Shade of The Courthouse)
903-885-9966

e-mail: ads@millenniumshopper.com
www.millenniumshopper.com

115 Jefferson
P.O. Box 1037
Sulphur Springs, Tx. 75483

VOL. 24 ISSUE 1185, February 1, 2023
Sulphur Springs, Greenville, Commerce, Lone Oak, Emory, Quinlan, East & West Tawakoni, Cash, Caddo Mills, Pickton, Como, Point, Winnsboro, Lake Fork, Yantis and Farmersville



Mark Wills

In Concert

Grand Ole Opry Member!

Saturday, Feb. 18, 2023
Liberty Hall in Tyler, 7 p.m.

And Sunday, Feb. 19, 2023
Greenville Municipal Auditorium, 2 p.m.

Eventbrite - B. Darrow Entertainment
presents Mark Wills Concert.

Find event and ticket information www.eventbrite.com

GUN SHOW



Fletcher Warren Civic Center Greenville, Tx.

Saturday, Feb. 11th - 9-5
and
Sunday, Feb. 12th - 10-4



ADMISSION \$10 (2 DAY PASS) UNDER 12 FREE
Hosted by the Audie Murphy/American Cotton Museum

Questions?

Call 903-450-4502

Funding provided in part by the City of Greenville Hotel/Motel Occupancy Tax Revenues.



THE Erwins

In Concert At

BRASHEAR BAPTIST CHURCH

FM 2653 & I-30 - Brashear, Tx.

Feb. 12@10 A.M.

With Dennis Erwin Preaching

LUNCH ON THE GROUNDS

Come Join Us for A Great Concert And Service!



Alabama-Coushatta

Tribal Employment & Training Program

Looking for Native American Indians, Alaskan Natives, or Native Hawaiians needing assistance finding employment or vocational training.

Must be a member of a U.S. Federally recognized tribe with a supporting document from a U.S. Federally recognized Tribe's Tribal Rolls and Records office & reside within our designated service area in TX.

Workforce Innovation and Opportunity Act Section 166, 20 CFR 684.300(a) (1) An Indian, as determined by a policy of the INA program; grantee; or (2) An Alaska Native; or (3) A Native Hawaiian.

Call: 1-877-717-6101 or apply online: at www.acwia.org



PINTS FOR POLIO

Tumbleweed Smith

In 2016, when John Scott was a Rotary District Governor he presented the idea for a fundraiser to his home club, The Greater Big Spring Rotary Club. It was Pints for Polio where people pay a fee to sample beers. "The club thought it might be too big an undertaking for a club of 40 members," says John. "But two

members, Brent Strande and Barney Dodds, thought it was a good idea so they ran with it."

The club rented an event center downtown and set up tables where people sampled different types of beer in two ounce cups. The entry fee was \$25 and those attending were given pint-sized glasses and three tickets, each good for a pint of beer. They had advertised the event and it seemed to take hold. The downtown area was undergoing revitalization and the citizens felt they wanted to support it. The first event drew 250 people and raised \$10,000. "We thought we could never beat that," says John. "But it took hold as an annual event that has grown every year and residents look forward to it. The last PFP raised \$45,000 and drew a crowd of 700." This year will be the 6th year for Pints For Polio in Big Spring and to date it has raised \$100,000. Half the money goes to Rotary's program of polio eradication worldwide and half goes to local projects that include giving bicycles to students in all elementary schools in the county who have perfect attendance. Another club activity is giving money to teachers who develop programs worthy of a financial boost. Still others are town cleanups and putting reflective tape on fire hydrants so firemen can find them at night.

The entry fee for this year's PFP is \$50. The date is March 25. John says it takes about 60 people to put it on. "We get help from the other Rotary Club in town. It takes a lot of organizing and planning. We write down how we could make the event better each year. We have made a video to show other clubs how to hold a pints project. It's on our club's Facebook page. Some clubs in the district have started PFP and our event draws Rotarians and others from throughout the state."

John says some people prefer wine, so wine is offered along with the beer. Wine is served in wine glasses. "Much of the wine and beer is donated," says John. "Some well known wineries on the South Plains donate and beer distributors give us cases of beer they are wanting to promote. We also buy wine and beer. Of course we have soft drinks and water, too."

John and Brent Strande are quite interested in alcohol. John enjoys fine whiskey and is trying to get a brewery started in Big Spring. Some of his beer is in kegs at the event. Brent has a place called The Train Car in downtown Big Spring. It has a full bar and a selection of cigars in the smoking room. Yep, it's in a train car.

John figures the proceeds from his club's PFP has saved the lives of about a million kids. Not bad for a small club in a town of 30,000 people.



Tumbleweed Smith

CLASSIFIED ADS cont.....

Miscellaneous

Free high speed internet if qualified. Govt. pgm for recipients of select pgms incl. Medicaid, SNAP, Housing Assistance, WIC, Veterans Pension, Survivor Benefits, Lifeline, Tribal. 15 GB internet.

Android tablet free w/ one-time \$20 copay. Free shipping. Call Maxsip Telecom! 1-833-758-3892

Miscellaneous

DISH TV \$64.99 For 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. Promo Expires 1/21/23. 1-866-479-1516

!!OLD GUITARS WANTED!! GIBSON, FENDER, MARTIN, etc. 1930's to 1980's. TOP DOLLAR PAID. CALL TOLL FREE 1-866-433-8277

Miscellaneous



Toby Boatman
Garage Doors
Sales • Service
Installation
Doors • Electric Door
Openers
903-438-1970
903-348-6170

WORD SEARCH (Alice In Wonderland)

Find and circle all of the words that are hidden in the grid.
The remaining letters spell a secret message.

H	S	E	N	O	N	R	E	T	T	A	H	D	A	M	W	I	C	E	E
A	S	T	L	I	S	F	I	S	H	F	O	O	T	M	A	N	A	P	L
N	E	T	R	T	T	E	U	Q	O	R	C	F	N	I	H	G	T	E	O
I	P	G	R	A	R	S	S	Y	H	S	W	A	W	E	L	Y	E	P	H
D	O	D	O	A	T	U	T	O	G	P	M	A	D	E	R	T	R	P	T
B	O	T	T	L	E	R	T	I	G	T	I	G	T	O	O	A	P	E	I
G	L	M	U	L	A	H	P	K	O	N	E	G	L	C	Q	C	I	R	B
D	L	G	A	P	N	A	F	O	C	H	I	I	E	U	H	E	L	G	B
E	O	A	A	R	E	A	F	O	O	O	T	M	E	O	T	R	L	I	A
C	M	E	S	N	C	G	W	G	T	M	E	A	H	N	I	A	P	R	
A	T	K	I	S	O	H	S	H	L	N	N	N	I	L	Y	H	R	S	W
R	Y	U	N	R	B	R	H	E	I	O	I	M	E	P	F	S	D	M	H
S	G	B	F	I	A	O	D	A	F	T	B	K	C	U	E	E	O	A	N
U	E	R	A	E	R	O	X	H	R	L	E	E	I	P	V	H	R	L	O
C	W	K	T	B	O	D	E	I	E	E	T	R	L	P	A	C	M	L	H
U	L	L	O	R	R	A	C	S	I	W	E	L	A	Y	N	H	O	C	P
A	L	O	U	O	R	M	U	S	H	R	O	O	M	B	K	T	U	A	Y
C	I	A	P	T	C	D	U	C	H	E	S	S	O	R	B	P	S	K	R
O	B	I	S	D	N	A	L	R	E	D	N	O	W	S	E	I	E	E	G
D	R	A	Z	I	L	G	O	L	D	E	N	K	E	Y	E	A	T	M	E

ALICE	DUCHESS	KING OF HEARTS	POOL
BABY	EAGLET	KNAVE	PUPPY
BILL	EAT ME	LEWIS CARROLL	QUEEN OF HEARTS
BOTTLE	FAN	LITTLE DOOR	RABBIT HOLE
CATERPILLAR	FISH FOOTMAN	LIZARD	SMALL CAKE
CAUCUS RACE	FLAMINGOS	LORY	TARTS
CHESHIRE CAT	FROGFOOTMAN	MAD HATTER	TEA PARTY
COOK	GLASS BOX	MARCH HARE	TEARS
CROQUET	GOLDEN KEY	MOCK TURTLE	THIMBLE
DINAH	GRIN	MUSHROOM	WATCH
DODO	GRYPHON	PEPPER	WHITE RABBIT
DORMOUSE	GUINEA PIGS	PIG	WONDERLAND
DRINK M	HEDGEHOGS	PIGEON	

CLASSIFIEDS

\$3.50 for 15 Words or Less - Call Today 903-885-9966

Have Your Ad Read By 20,000 People

Covers Greenville, Commerce, Caddo Mills, Cumby, Campbell, Brashear, Sulphur Springs, Winnsboro & Emory

Miscellaneous

FOR SALE: 3 round bathroom sinks \$25 each. Call 903-348-5820.

FOR SALE: 2 burial plots at Restlawn Cemetery. Priced \$1,200 each. Call 903-348-5820.

FOR SALE: CZ 223 Rifle, 99% condition. 3 pt 9x40 Buckmaster Nikon Scope. \$600. Call 903-732-9159.

FOR SALE: Sony 65" projection TV. \$100. Call 903-348-5820.

FOR SALE? List it in the shopper. Call 903-885-9966 to place an ad.

DONATIONS NEEDED

Bright Star Christian Academy Band is asking for donations of playable **USED** band instruments. For information call 832-444-8834 and ask for Richard. *Many Thanks!!!*

Employment

Part-Time Carpenter work. Call 903-814-8620.

EMPLOYMENT: House leveling. Mobile home releveling, foundation repair. Call 903-456-6927.

Miscellaneous

Dental insurance - Physicians Mutual Insurance Company. Covers 350 procedures. Real insurance - not a discount plan. Get your free dental info kit! 1-855-526-1060 www.dental50plus.com/ads#6258

Attention oxygen therapy users! Inogen One G4 is capable of full 24/7 oxygen delivery. Only 2.8 pounds. Free info kit. Call 877-929-9587

Miscellaneous

Room Share in Quitman. Master bedroom with queen bed inside a fifth wheel RV. Includes shower, bathroom & kitchen. **FREE RENT** but need to share utilities with another person. Call 903-505-0548.

Prepare for power outages today with a GENERAC home standby generator \$0 Down + Low Monthly Pmt Request a free Quote. Call before the next power outage: 1-855-948-6176

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule free LeafFilter estimate today. 20% off Entire Purchase. 10% Senior & Military Discounts. Call 1-833-610-1936

Miscellaneous

BATH & SHOWER UPDATES in as little as **ONE DAY!** Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 855-761-1725

Donate Your Car to Veterans Today! Help and Support our Veterans. Fast - **FREE** pick up. 100% tax deductible. Call 1-800-245-0398

MobileHelp, America's premier mobile medical alert system. Whether you're home or away. For safety & peace of mind. No long term contracts! Free brochure! 1-888-489-3936

Become a published author. We want to read your book! Dorrance Publishing trusted since 1920. Consultation, production, promotion & distribution. Call for free author's guide 1-877-729-4998 or visit dorranceinfo.com/ads

NEW CERAMIC TILE & PORCELAIN

All Sizes, All Shapes Of Borders, (trims, pebbles & stones.)

At least 1/2 off suggested retail!



Or WE'LL SELL THE ENTIRE GROUP!!

903-348-5820

FOR SALE



Broyhill Guncase

Oak Wood
Holds 6 Guns
Storage Cabinet
With Light

\$150⁰⁰

Call

903-348-5820

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SPECIAL OFFER



1-855-517-1892

With purchase of a new Safe Step Walk-in Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

MAILBOX+EXPRESS

314-A W. Lennon Drive (Hwy. 69)
Emory, TX 75440

903-473-4449 * fax 903-473-5559 * mbe_express@verizon.net

UPS, FedEx & USPS

AUTHORIZED SHIPPING OUTLET

Copies, Faxing & Scanning
Notary, Office & Internet Services
Passport Photos & Mail Boxes

FOR SALE:

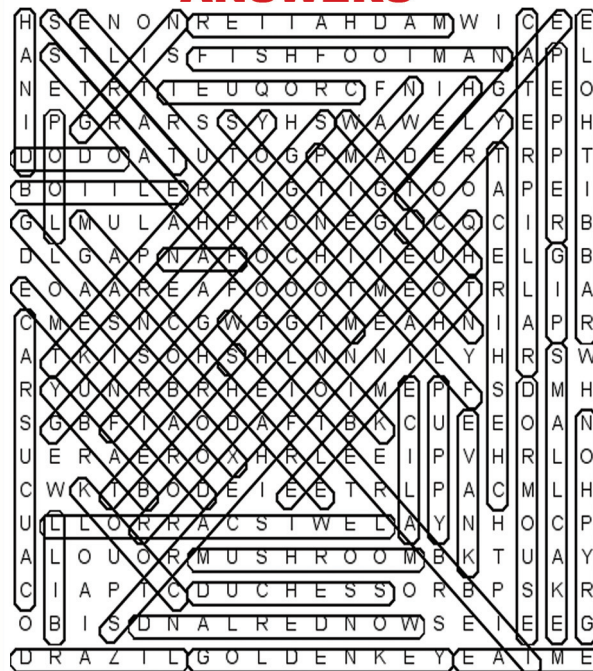
4 Oak Finish End Tables
2 end tables, coffee table, sofa table

All For Only
\$125



903-348-5820

ANSWERS



The hidden message is:

NO WISE FISH WOULD GO ANYWHERE WITHOUT A PORPOISE

Prepare for power outages today

WITH A HOME STANDBY GENERATOR

SO MONEY DOWN + LOW MONTHLY PAYMENT OPTIONS

Contact a Generac dealer for full terms and conditions

REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(866) 643-0438

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.



GENERAC

FREE
7-Year Extended
Warranty*
A \$695 Value!

The Millennium Shopper.com

FREE weekly shopper published on Wednesdays reaching over 15,000 readers in Hunt, Hopkins, Rains, Franklin, and Wood Counties.

Racks in Sulphur Springs, Greenville, Commerce, Lone Oak, Emory, Quinlan, East and West Tawakoni, Cash, Caddo Mills, Pickton, Como, Point, Winnsboro, Lake Fork, Yantis and Farmersville.

Joy Wilson, Owner

115 Jefferson, P.O. Box 1037
Sul. Spgs, Tx. 75482
903-885-9966, 903-348-3546

ads@millenniumshopper.com
www.millenniumshopper.com



GOBER Post Frame Buildings

Shops, Garages, Houses, Agriculture, Commercial

1-405-595-0770

30'x40'x10' - \$20,400

30'x40'x12' - \$22,600

30'x50'x10' - \$24,600

30'x50'x12' - \$26,700

With 4" Concrete,
Fully Insulated,
1 Commercial Overhead,
1 Entry Door, #1 29 Ga.
40 yr. Painted Metal,
Built on Your Level Site,
Additional Sizes Available
Mileage or Higher Concrete

Protect Your Home And Property!!! Prices May Apply

Make Sure Your Contractor is Following The Law.

Ask For General Liability and Workers Comp. Insurance

www.goberconstruction.com



Your
Full-Service
Propane
Provider

319 State Hwy. 24
Campbell, Tx.
903-454-6565

www.GasAndSupply.com

GOD BLESS AMERICA



Shop
Where
You
Live!

Support Your
Home Town!!

Fishing - Deer, Duck & Hog Hunting - Recreation

HOOTEN'S HAS WHAT YOU NEED



HOOTEN'S HARDWARE, LLC

1139 W. Lennon Dr. ★ Emory, TX 75440

www.hootensteel.net

903-473-8788



DON'T FORGET YOUR HUNTING AND FISHING LICENSE!!!!

FOR SALE!



2 headlights for
2016 Ford F 150
\$200

Call or Text
469-500-4504

4 tires and rims
2016 Ford
275/55R20
\$200

Call or Text
469-500-4504



ARE fiberglass topper for
2010 Toyota Tundra
FREE

Call or Text
817-204-3616



Minn Kota Powerdrive
70 lb 24v foot control
trolling motor brand new,
never been in the water!

\$700

Call or Text
817-204-3616

RV & BOAT LIFT PRODUCTS!

Everything you need for traveling, camping, boating and family adventures!



Hooten's Hardware LLC

1139 W. Lennon Dr. Emory, Tx. 75440



903-473-8788



Mon.-Fri. 7 am - 6 pm - Sat. 7 am - 5 pm

www.hootensteel.net



903-473-8788
hootensteel.net



W. Lennon Dr. Emory, Tx. 75440



Mon.-Fri. 7 am - 6 pm - Sat. 7 am - 5 pm

www.hootensteel.net

Obits



WEST OAKS FUNERAL HOME

500 Hillcrest Dr., Sulphur Springs, Tx. 75482

<http://www.westoaksfuneralhome.com>

Judy Gates

Judy Gates, 78, went home to our Lord and Savior on January 20, 2023, in Plano, TX. Judy was born October 28, 1944 in Sulphur Springs, TX. The youngest of five children, she is preceded in death by her parents Robert and Maude Orr, sisters, Bobbie Pinson and Sue Coke, brother, Joe Dan Orr, and husband, Bud Gates.

Judy Gates is survived by her brother Billy Wayne Orr; first husband and father of her children; James Bell, son, Kevin Bell and wife Kay Orr; daughter, Kristi Bell Gray and husband Scott; grandsons, James Bell, Jason Bell and wife Lindsey, Kyle Bell and fiance Alli McCarty; granddaughters, Tayler and Nariana Gray; great-Grandsons, Landon and Andrew Bell; and many friends, nieces, nephews and cousins that she loved.

Judy was never happier than during fellowship with her family and friends. She welcomed everyone with open arms and often made sure that she had something special to share with those she loved.

Affectionately known as "Mama Judy" to countless friends of her children, that she loved as if they were all her own and many others.

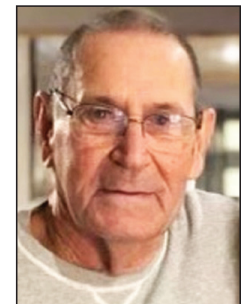
Mama Judy left a legacy of love, generosity and protection to all who entered her doors. From basketball in school, raising Pomeranians, Square Dancing with her late husband, attending church, backyard cookouts with family and friends, and cuddling with her pup Smores. Judy enjoyed getting the most out of her life here with us.

She is truly adored and will be greatly missed, but we will see her again.

Visitation will be held from 6 to 8 P.M. Thursday, February 2, 2023 at New Hope Funeral Home, 500 US 80 Sunnyvale, TX.

The service to celebrate the life of Judy Gates will be held on February 3, 2023 at 11 A.M. at Calvary First Baptist Church, 2850 E. Glen Blvd, Mesquite, TX. officiated by Pastor Richard Koons, followed by lunch at 12 to 1 P.M. in the same location.

A graveside service will be held Friday, February 3, 2023 at 2:30 P.M. at Pleasant Grove Cemetery North



Philip Morris

Funeral service of Phillip Morris, age 85, of Lone Oak, TX were held at 11:00 A.M. on Monday, January 30, 2023 at Murray-Orwosky Funeral Chapel with Bro. Ronnie Motley officiating. Interment followed at Pleasant Grove Memorial Cemetery, Winnsboro, TX with James Morris, Jacob Morris, Hunter Ward, Stoney Gall, Rafael Gutierrez, JJ Brink and Bo Morris serving as pallbearers. Serving as honorary pallbearers are Wesley and Anthony Morris. Visitation was held on Sunday, January 29, 2023 at Murray-Orwosky Funeral Home from 5 to 7PM. Mr. Morris passed away on, Thursday, January 26, 2023 at Christus Mother Frances in Sulphur Springs, TX.

Phillip was born on March 20, 1937 in Martin Springs, to Alfred and Dixie (Dossett) Morris. He married Twyla Motley, who preceded him in death. Phillip worked for Cable TV in the early years and was involved in all phases. He also worked in the oil field for a time.

He is survived by his children, Joey Morris (Darla) of Sulphur Springs, Cathy Stroud (Paul) of Lone Oak, Ronald Motley (Carol) of Oklahoma and Robbin Wallace (Loyd) of Mt. Vernon; eighteen grandchildren, twenty-three great grandchildren; cousin, Kay Calvert of Rockwall.

Phillip was preceded in death by his parents; wife, Twyla; son, Jimmy Morris; cousin, Hoyd Branch.

Arrangements were under the direction of Murray-Orwosky Funeral Home. The online register can be signed at www.murrayorwosky.com



Wister Godbolt III

Funeral service for Wister Godbolt III, age 69 of Greenville, Texas were held at 12:00 P.M. on Saturday, January 28, 2023 at Morning Chapel Missionary Baptist Church with Bro Larrenzo Smith officiating. Interment followed at Mel Haven Cemetery with Archie Lindley, Lee Pogue, Terry Wright, Freddy Robertson, Sam Gassoway and Rudy Ellis serving as pallbearers and Pete Nash, Eurrie Rembert, Charles Perry, nephews and grandsons serving as honorary pallbearers. Visitation was held from 8:00 am to 5:00 P.M. on Friday, January 27, 2023 at Murray-Orwosky Funeral Home. Mr. Godbolt passed away on January 23, 2023 at Legends Health Care.

Wister was born on August 18, 1953 in Sulphur Springs, Texas to Wister Godbolt II and Marie (Bowser) Godbolt. He married Dorothy Annett Patt on October 11, 2003 in Ladonia, Texas. Wister worked as a flowserve salesperson and, parts for Jackson Autoplex, Nissan of Greenville and D&E Auto. He was a deacon involved with the Young Men in Action and Brotherhood group with his church. Wister was a member of the Little Bethel Baptist Church.

He is survived by his wife, Dorothy Annett; daughters, Shandis L. Young (Cory), LaTrivia Taylor and LeQuisha Smith (Larrenzo); son, Adrian Godbolt (Laci); grandchildren, JaQuentin (Haley), Larrenzo Jr (Princess), Britney, KaDadian (Olivia), DeJarian (Jocelyn), D'Corian, Dai'Shawn, Amira, Kobe, Addison, Coryn, Xzadrian, Adin, Kaidence, Kyia, Bobby and Faith; great grandchildren, Laveah, Jaycion, Larrenzo Jr III, Zareyon, Kalayah and Karter; sisters, Jackie Jackson (Leonard "Bo"), Dollie

Kelly (Oscar) and Pat Morgan; brothers, Ricky Godbolt (Anita), David Godbolt (Karen).

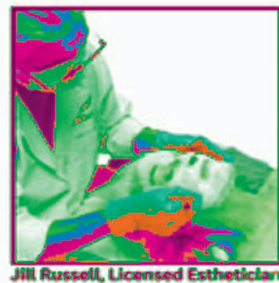
Wister was preceded in death by his parents; son, Jarian Godbolt; sisters, Clydia, Maedell, Dorothy, Elizabeth Ann and brother, Odell.

Arrangements were under the direction of Murray-Orwosky Funeral Home.

SHOP

Sulphur Springs!

LOVE



Facial Therapy Center
 Inside Broadway Square
 1217 S. Broadway St.
 Suite i Room #3
 Sulphur Springs, Tx 75482
 903-268-5009

Introductory Special

First Facial-First Friday- Fresh Face
 FIRST-TIME CLIENTS and clients that have not been in for a facial in 2022 - The First Friday of each month - 30 Minutes of cleansing, hydrating, moisturizing relaxing face, neck & decollete area.
\$40
 Scan Code with your cell phone to schedule today.

Quality Western Apparel Since 1972!
 Gifts for your Valentine!
 220 Shannon Rd. Sul. Spgs. 903-885-4481
CIRCLE E WESTERN STORE INC.
 "Hometown Owned and Operated!"

February is American Heart Month!
10 Tips for a Healthy Heart!

1. Stop Smoking	6. Eat Smart
2. Know Your Numbers	7. Limit Junk
3. Screen For Diabetes	8. Stress Less
4. Get Active	9. Sleep More
5. Build Some Muscle	10. Smile

TOLLESON FAMILY MARKET
 FARM TO MARKET ALL NATURAL GOODS

300 Connally St., Sul.Spgs.
 903-575-8191
 www.TollesonFamilyFarm.com
 TollesonFamilyMarket@gmail.com

Shop Local First!
 Let us print your business cards, invoices, invitations, brochures, flyers, envelopes, rubber stamps, etc.
We print menus!!
 And business and personal checks!
FLIPPIN printing
 115 Jefferson 903-885-3633
 Call Joy or Pat!

Tira Floors, LLC
 Veterans Owned Local Business

Spruce up your home with LVT!
 (Floating Vinyl Plank)
 Starting at **\$2.99** sq. ft.
Installed or Cash & Carry!

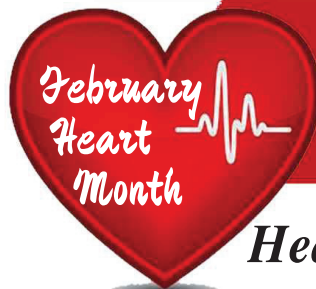
Check out our American Made LVT!
 903-438-0005
 1465 Hillcrest Dr. North Sul. Spgs, Tx.
 tirafloors@yahoo.com
 www.tirafloors.com

PRICE PAWN SHOP
 We are in the business to loan you money!
LOAN • BUY • SELL • TRADE
 The Price Family
 201 S. DAVIS SUL. SPGS.
 903-885-6789



FEBRUARY IS

**AMERICAN
HEART
MONTH**



Heart Disease Can Happen At Any Age!


Symptoms of a Heart Attack

- Uncomfortable pressure, squeezing, fullness or pain in the center of your chest. It lasts more than a few minutes or goes away and comes back.
- Pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- Shortness of breath with or without chest discomfort.
- Other signs such as breaking out in a cold sweat, nausea or lightheadedness.

As with men, women's most common heart attack symptom is chest pain or discomfort. But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting and back or jaw pain.



JAY HODGE
 CHEVROLET
 478 Wildcat Way, Sul. Spgs., 903-558-0100



Brandon Nelson
 Owner
 bknelson83@gmail.com
 127 Gilmer St.
 Sulphur Springs, TX 75482
 www.iTechRestoration.com
 903.466.3139

February is American Heart Month! 10 Tips for a Healthy Heart!

- | | |
|------------------------|----------------|
| 1. Stop Smoking | 6. Eat Smart |
| 2. Know Your Numbers | 7. Limit Junk |
| 3. Screen For Diabetes | 8. Stress Less |
| 4. Get Active | 9. Sleep More |
| 5. Build Some Muscle | 10. Smile |



**KISER'S
GLASS
TECHNOLOGY, INC.**

**Auto, Commercial,
Residential Glass & Mirror**

605 Main St., Sul. Spgs., Tx.
 www.kisersglasstech.com 903-885-9845
 sales@kisersglasstech.com 800-272-8371

Eat our heart healthy sandwiches!



Ask about our weekly specials!

151 E. Industrial, Suite 100 903-885-7990


Janeen's
**Country Cottage
Family Hair Care**

Walk-ins Welcome! Hours Mon., Tues., Thurs., Fri. 9 to 5 Sat. Appt. Only



630 N. Davis 903-885-8123 for women

Sul. Spgs.



**Toby Boatman
GARAGE
DOORS**

Sales • Service • Installation
 Doors • Electric Door Openers

903-438-1970 903-348-6170



Pennington
Painting

Tim Pennington
903-669-5209



**FREE ESTIMATES
Financing Available**

Painting Drywall Flooring Carpentry

**WEST OAKS
FUNERAL HOME**

"Caring For Those We Serve"

500 S. Hillcrest Sul. Spgs.
903-885-0787

Quality Western Apparel Since 1972



Sul. Spgs. 903-885-4481 220 Shannon Rd.

**CIRCLE E
WESTERN STORE
INC.**


"Hometown Owned and Operated!"



**CARPET
WORLD**

2115 Loop 286
Paris, Tx.
903-785-8317

Largest flooring
inventory in
NE Texas and SW Oklahoma!



CNB
CITY NATIONAL BANK

Serving Sulphur Springs, Winnsboro, Yantis, Quitman, Hawkins, Holly Lake, Naples, Mineola, Wills Point, Canton, Gladewater, Grand Saline, Emory and Queen City!

Stay Healthy!
 Equal Housing Lender
 www.bankatcnb.bank
 Member FDIC