

LOCAL NEWS // LOCAL PEOPLE // FAITH // EVENTS // RECIPES

Good News FAYETTEVILLE

MARCH 2023

A FAIR TRADE

Sarah Campbell
& Judy Carter have
bonded for life.

Women OF FAYETTEVILLE

Power, strength, bravery, and determination
in the past, present, and future.

A PUBLICATION OF
EXCHANGE MEDIA GROUP



Making Heart Care Personal

Local heart care.

February is Heart Month, a good time to think about the one and only heart you have. How are you supporting your heart's health? Start with regular exercise, a heart-healthy diet, avoiding cigarettes and moderating alcohol consumption. And if you want to do a little bit more to reduce your risk of heart disease, Vanderbilt Tullahoma-Harton Hospital is right here and ready to help you.

To learn more, please call 931-393-3000 or visit us at VanderbiltTullahomaHartonHospital.com

Services & Recognition

- Cardiac Rehabilitation
- Heart Center and Cardiac Cath Lab
- Accredited Chest Pain Center by the American College of Cardiology (Emergency Department)

Vanderbilt Tullahoma-Harton Hospital

VANDERBILT  HEALTH

 / [VanderbiltTullahomaHartonHospital](https://www.facebook.com/VanderbiltTullahomaHartonHospital)

Sabghi Jewelers

Largest Selection Lowest Prices Best Service In The TN Valley



Super Sale

1/4CT Diamond PPF Ring
Reg \$300.00
Sale \$149



All Heart Jewelry On Sale



Trendy Paperclip Jewelry
Gold Or Silver

24K Gold Trimmed Roses

Forever Rose



Diamonds Are Forever



All Shapes, All Sizes



Your Exclusive Diamond Merchant

12 Months
SAC
WAC

1302 Huntsville Hwy
Fayetteville, TN
(931-433-7771)

7500 Memorial Pkwy SW
Huntsville, AL
(256-880-2810)



Full Service Jewelry Repair

www.sabghijewelers.com

The end of the rainbow leads to the...

MARCH CLEARANCE SALE

UP TO

70% OFF

March 17th-31st Only.

Deals So Good They Only Happen Once A Year!



Spray's Jewelers

Exceptional Quality - Superior Service

1822 B Huntsville Hwy. • Fayetteville, TN • 931-433-6081 • Financing Available, WAC

Quantities Limited On Some Items. Photos of jewelry may not be the exact items on sale. Sale Prices Apply To In Stock Items Only.



www.spraysjewelers.com

Shop. Click. Drive.



CASH FOR TRASH



StanMcNabb

CALL US TODAY!

Chevrolet Buick GMC • 931-325-0025 | Chrysler Dodge Jeep Ram • 931-928-1800

NEW Chevys



NEW Jeeps



Pre-Owned



GMC



CHRYSLER

DODGE



Jeep



Over 200 Pre-Owned Vehicles Available to View at stanmcnabbchevy.com and stanmcnabbcdj.com!

\$2,000 towards the purchase of any pre-owned vehicle priced \$10,000 and up. Not valid on any previous or pending deals. Excludes previous sales. Ends 2/29/2023.
Due to ad deadline some vehicles may have sold. All prices plus tax, title & license includes \$499 doc fee.

TABLE OF CONTENTS

MARCH 2023

LETTER FROM THE EDITOR: 10

The Women of Fayetteville

Good News

SKILLS DEVELOPMENT HELPS LOCAL PEOPLE FIND THE DIGNITY OF WORK 14

AT HOME AT HIGHLAND RIM 18

Dana Casey wouldn't want to be anywhere else

THE AMERICAN DREAM CAN BE FOUND RIGHT HERE IN FAYETTEVILLE 22

Karen Martinez-Davis loves her life





Good Living

- 28 BECAUSE YOU NEVER KNOW WHAT SOMEONE'S GOING THROUGH**
Kristy Towry Clark looks expectantly for good all around her
- 36 NOT HOW IT APPEARS**
Life with an autistic child is a beautiful, complicated journey
- 40 WOMEN OF FAYETTEVILLE**
Power, strength, bravery, and determination in the past, present, and future
- 54 SPREAD THE LOVE**
Spoon-licking favorite has its own day
- 56 FAITH: CARRYING THE TORCH FOR MIMI**

Good Times

- 60 HOLLYWOOD ON MAIN STREET**
Fayetteville Main Street hosts its annual Main Street Ball
- 62 COMMUNITY EVENTS**
- 64 EVENTS CALENDAR**
- 66 ADVERTISER INDEX**

HIGGINS FUNERAL HOME

PRESENTS AGEING IN OUR COMMUNITY EDUCATIONAL SEMINAR

20TH
MARCH 2023

9:00 AM - 11:00 AM
at Fayetteville-Lincoln County Senior Center
908 Washington Street West - Fayetteville, TN

DISCUSSION & INSIGHT

Higgins Funeral Home invites you to our 2023 Ageing in our Community educational seminar. This event will provide you with unique information from each of our speakers. Lunch will be provided. Reserve your seat today!

RSVP ON OR BEFORE MARCH 15TH

931-433-2544
hope@higginsfh.com
www.higginsfh.com

Seating is Limited



ZACH JONES
Jones Law



MARY BETH SEALS
HH Lincoln Health



SCARLET PATTERSON
South Central
Human Resource Agency



CHRIS ROSS
Higgins Funeral Home

Dust off winter
Spring
 forward and save!

Honeywell Return Grille Filter

iWave-R Residential Air Cleaner

ICM Surge Protector

Smart Thermostat

Use Code:

*Good News
 Bundle**
\$1699

*Valid Through 3/31/2023
 Cannot be combined with other offers



**Starting a
 DIY Project?**

**We've got
 your back.**



When the temptations of finishing household projects are staring you in the face, we can help your dreams come to life at Fayetteville Lumber and Supply, Inc.

Fayetteville Lumber Supply, Inc.

1404 W. Washington St. • Fayetteville, TN

931-433-9126

Monday - Friday - 7:00 A.M. - 4:30 P.M. • Saturday - 7:00 A.M. - Noon

**Make the most
 of every
 minute
 with
 your dog.**



**Certified Professional Dog Trainer for All Ages and Breeds
 Does your dog jump, pull on the leash, or have bad manners?**

www.TennesseeValleyK9.com



**LEE BOURGEOIS
 Head Trainer**

Behavior & Obedience Specialist
 All Areas of Dog Training

(931) 227-8893

Lee@TennesseeValleyK9.com
 360 Coldwater Creek Rd.
 Taft, TN 38488

WE INVITE YOU TO SPEND AN EXCITING SUMMER AT THE WEBB SCHOOL



ATHLETIC CAMPS

WEBB CAMP
 Outdoor Adventures, Art, STEM, Games
 Co-ed, Rising grades 3-8
 June 12 - 16, June 19 - 23, June 26 - 30
 Day & Overnight

BASKETBALL SKILLS CAMP
 May 31 - June 2 | Co-ed, Rising grades 3-8

YOUTH BASEBALL CAMP
 May 30 - June 2 | Co-ed, Ages 8-13

SPORTS CAMP
 Football, Soccer, Baseball, Basketball
 Co-ed, Rising grades 3-8
 July 17-21
 Day & Overnight

YOUTH FOOTBALL CAMP
 June 7 - 9 | Co-ed, Rising grades 3-8

CHEER TUMBLE CAMP
 July 13-15 | Co-ed, Ages 8-17

SOCCER CAMP
 July 12 - 14 | Co-ed, Rising grades 2-5



ACADEMIC CAMPS

MATH OR ENGLISH TEST PREP
 June 5 - 9 | Co-ed, Rising grades 3-8

ALGEBRA BOOSTER CAMP
 June 19 - 23, July 10 - 14, July 17 - 21
 Rising grades 7 - 9



SPACES FILL QUICKLY - REGISTER TODAY AT WWW.THEWEBBSCHOOL.COM/SUMMER

FCB FIRST COMMUNITY BANK

WOMEN In Banking

MOORE COUNTY BRANCH
 535 Majors Blvd.
 Lynchburg, TN 37352
 931-759-6050

Compassionate, Quality Care for Rehab or Long-term Living

Outpatient Therapy

Senior care is the heart of what we do at **AHC Meadowbrook**. If you or your loved one needs care close to home or family, let us be your first choice. Services include:

- Nursing care
- Physical, occupational and speech therapy
- Disease management
- Wound care
- IV therapy
- ARTS technology
- Much more

Call Today 931-363-7548 Or visit AHCseniorcare.com

AHC Meadowbrook
SENIOR LIVING • REHABILITATION

1245 East College St., Pulaski, TN • [Facebook.com/AHC.Meadowbrook](https://www.facebook.com/AHC.Meadowbrook)



LETTER FROM THE EDITOR

The women of Fayetteville

The foundation of centuries and centuries

THE TEST of history has proven that women have been foundational, like a sturdy rock that can withstand a storm. They overcame obstacles century after century, constantly adapting to the needs of the world while — for many years — receiving little to no recognition. Eventually, they protested and made political maneuvers to earn the right to vote and catch up to other American citizens. They were not the first or last group of people to have to fight for rights, but they won nevertheless.

When I think of women, I think of bravery, determination, compassion, comfort, and strength. I could list a million different words to describe the power women have and deserve, but they all mean the same thing: a role model.

Because of women, we have many things that make our lives better.

Because of them, we have experienced the first fire escapes, bullet-proof fiber, word processing technology, and the first computer algorithm, to name a few.

Another thing that has made my life better is the opportunity to create this magazine in your hands. Women write our stories, conduct our interviews, take our photos, edit our words, proof our words, design our pages, and manage the complex process of getting an idea on paper and mailed to your home. If you're like me, this is a blessing that I never knew I needed but am forever indebted for having.

This issue celebrates women in our community. We are thankful and appreciate everything you do to make our lives better, our homes safer, and our world brighter.

Thank you. GN


Wesley Bryant,
MANAGING EDITOR

From our readers



Do you have family and friends in Fayetteville who would enjoy Good News? Sign them up for free at goodnewsmags.com

Thank you for reading Good News!

"Love this publication! I learn something new about people and places in our community with each issue. Magazine truly lives up to its name."

— Pam Fisher, Good News reader

"Love this magazine!"

— Cathey Epperson Mathis, Good News reader

Share your thoughts on Facebook or our website. It could be featured in the next issue!

What do you think about the magazine?



Scan with your smartphone's camera.

Do you enjoy Good News? Let us know what you think! Follow us and leave a review on Facebook. Search Good News Fayetteville or send a letter to the editor: goodnews@goodnewsmags.com

Good News^{MAGAZINE}

PUBLISHER Will Thomas
DIRECTOR OF MAGAZINES Katie McNabb
CREATIVE DIRECTOR Chase Perryman
MANAGING EDITOR Wesley Bryant
LAYOUT ARTISTS Brianna Brubaker, Melissa Davis
PHOTOGRAPHERS Brooke Snyder, Ashleigh Newnes
CONTRIBUTING WRITERS Tina Neeley, Sara McClaran, Kali Bradford, Jeriah Brumfield, Gabriel Huff, Paige Cushman, Amanda West
PROOFREADER Michelle Harwell
ART PRODUCTION MANAGER Todd Pitts
PRINT AD DESIGNER Ben Adams
VICE PRESIDENT OF SALES Ken Holtzinger
BUSINESS DEVELOPMENT Lorri Allen, Tim Ashley, Faith Cashion, Janet Mullins, Kyndall Reasonover, Sissy Smith, Sandra Thomas

Subscribe to Good News on www.GoodNewsMags.com
or call (800) 247-7318

GOOD NEWS IS PUBLISHED BY Exchange Media Group, Inc.
FOUNDER Bill Thomas (1940-2010)

DIGITAL ASSISTANTS Ginger Jones, Marisa Thornton
DIGITAL STRATEGIST Taylor Bagby
NATIONAL ACCOUNTS SPECIALIST Bob Barger
HUMAN RESOURCES Tracey Pollock
CUSTOMER SERVICE Shelli Fuller, Barb Hargrove, Tim Weir
DISTRIBUTION Steve Seiler
DIGITAL DESIGN DIRECTOR Clinton George
WEBSITE DESIGNER Crystal Melhaff
SEO CONTENT WRITER Mary Hiers
SOCIAL MEDIA COMMUNITY MANAGER Sarabeth Bray

P.O. Box 490, Fayetteville, TN 37334 | (800) 247-7318 | exchange-inc.com

Art work or other copy submitted for publication is considered to be the property of the advertiser. Advertising is accepted with the understanding that all liability for copyright violation is the sole responsibility of the advertiser. Exchange Media Group will make every effort to see that advertising copy is correctly printed, but shall not be liable for failure to publish an ad or for typographical errors. The advertiser assumes full liability for his/her advertisements and agrees to hold Exchange Media Group unaccountable for the content of all advertisements authorized for publication and any claims that may be made against the Exchange Media Group. Exchange Media Group will gladly reprint, without charge, that part of an advertisement in which an error occurs, provided a claim is made within three (3) days of the first publication of the ad. Exchange Media Group will not knowingly accept any advertisement that is defamatory, promotes academic dishonesty, violates any federal, state or local laws or encourages discrimination against any individual or group on the basis of race, sex, sexual orientation, color, creed, religion, national origin or disability. Exchange Media Group reserves the right to reject ads considered distasteful or defamatory. All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination. Exchange Media Group will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

© 2023 Exchange Media Group, Inc. All Rights Reserved.



This could be your last issue of Good News.

There is only ONE way to ensure you'll receive the next issue of Good News. Secure your FREE subscription and delivery on our website.

Scan the QR code below with your smartphone and subscribe for free.



goodnewsmags.com

If you have already subscribed on the website, no need to worry! You are on the list and will receive the next issue without any interruptions.







CHAPTER 1 OF 3

This section of the magazine covers local positive news you may have missed.

- 14** Skills Development helps local people find the dignity of work
- 18** At home at Highland Rim
- 22** The American dream can be found right here in Fayetteville

Submit a positive story on our website:



goodnewsmags.com

PHOTOGRAPHY BY BROOKE SNYDER

◀ Jason Hurt and Nicci Story



Jason Hurt,
Eddie Medley

Skills Development helps local people find the dignity of work.

By Paige Cushman // Photography by Brooke Snyder

AT WORK, Eddie Medley wears many hats: job coach, record keeper, counselor, facilitator, job developer, etc. But he said it all comes down to three important tasks: advocate, facilitate, and coordinate. Since 2018, as an employment specialist for Skills Development Services in the area, Medley has been helping adults with developmental and physical disabilities find and keep jobs.

“To me, it’s the satisfaction of helping a person who thought they could never get a job — land a job,” he said. “There’s a little more work than play, but it’s still fun.”

When working with Skills Development, it’s entirely up to the client if they want to seek employment. While many of Medley’s clients want to work, they just assume they can’t. Yet, time and time again, Medley puts helpful and work-ready adults into jobs where they excel.

“It’s all about the dignity of work,” Medley said. “When folks get a job, it gives them a real sense of ac-

complishment, obviously. It makes them feel like they’re a bigger part of the community. That’s one of the things we push — getting them into the community through competitive, integrated employment.”

One client at Skills Development Services assumed he’d never be able to find a job. He deals with physical and developmental disabilities that make using one of his arms hard. After some brainstorming, Medley found a tool that allowed his client to reach and grab using one arm and got him a job picking up litter, which he loves.

“It doesn’t sound like glamorous work, but he had never had a job before,” he said. “It’s a point of pride for people. He’s happy as a clam and doing a great job for his employer.”

Skills Supported Employment currently has clients working in government facilities, restaurants, grocery stores, pharmacies, recreational facilities, and more



**New 2023 Models
Are Here!**

Reserve Yours
Today! >



**LANDERS McLARTY
TOYOTA**

2970 Huntsville Hwy., Fayetteville, TN 37334
(931) 438-6300 • www.landermclartytoyota.com

we care about your community.
because it's our community too.

simple human sense.

**BAGLEY & BAGLEY
INSURANCE**

102 College St E.
Fayetteville, TN • 931-433-3933
bagleyandbagley.com

Auto-Owners
INSURANCE



We Service What We Sell!

AMANA
JUST RIGHT



Speed Queen



409 Lincoln Ave. South, Fayetteville, TN 37334
931-433-5869 Mon.-Fri. 7-5; Sat. 7-12
bradfordappliancectn.com

**Bradford
APPLIANCE**



Care you can trust

**WE ARE PREPARED TO MEET
ALL YOUR UNIQUE CARE NEEDS.**

- Physical, Occupational and Speech Therapies
- Outpatient Rehabilitation
- Post-Acute Care • Respite Stays
- 24-Hour Skilled Nursing Services


**Lynchburg
Nursing Center**

931.759.6000
40 Nursing Home Rd.
Lynchburg, TN 37352
LynchburgNursingCenter.com

149265



in Coffee, Lincoln, and Bedford Counties. Recently, Medley said he had a client who worked at a restaurant chain for 16 years. He was laid off due to corporate changes in operations. The department was able to find and secure a similar job at another restaurant immediately. He did not miss a single day of work and is “doing a splendid job” for his new employer.

“During COVID, we had a number of our clients furloughed or laid off,” Medley said. “Some had worked for their employer for years. We were able, once things began to settle down, to find new jobs for many and worked to smoothly reintegrate some back into their former work.”

Those success stories and Skills Development Services’ “very good track record” with employees and employers keep Medley going.

“It’s a joy to get people out working and to see them enjoying their work,” he said. “And I like being in the community and mixing it up.”

In most cases, it’s especially beneficial for employers to hire Medley’s clients. People with disabilities are statistically proven to have a lower job-leaving rate than those without disabilities, according to the United States Agency for International Development. Once they find a job, they often stay there for a long time.

“Finding and holding a job is a big deal, and it makes you feel good,” Medley said

Through his work, Medley said he also found that having a person with disabilities working for an employer motivates the other team members. He said it encourages what is known as “natural supporters.”



◀ Scott Cone

“They’re not really learning the job from us or the employer a lot of the time — it’s through their coworkers,” Medley said. “They’re supported by the people they see on the job and work side by side with.”

The other agency areas — residential, day program, administration, etc. — work together to ensure workers with disabilities are work-ready. Even after a client is placed at a job, Medley and the rest of Skills Development Services will do anything to ensure the candidate is successful. They will assign a job coach, speak with managers, and make sure they figure out schedules and transportation needs.

“Our work is possible due to the support of our administration and staff. I would be remiss if I didn’t give credit to the dedication of our state-certified job coaches in Coffee, Bedford, and Lincoln Counties,” Medley said. “They do great work and are total professionals.”

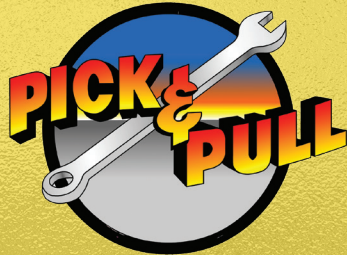
Of course, their work wouldn’t be possible without the employers and community members.

“I’ve had no problem finding support from local employers,” he said. “Even when they can’t offer someone a job, they often do what they can to help. The reception has been good. The response has been good. The results have been good.” **GN**

NEED CAR PARTS?

COME SEE US AT PICK & PULL!

We have over 800 vehicles on our lot to choose from!



CFC AUTO SALVAGE

54 Recycle Dr., Tullahoma, TN 37388

Mon. - Sat. 8:00 AM - 4:00 PM

Check out our entire inventory at:

www.cfcpickandpull.com

We do NOT inventory individual parts. Just vehicles by YEAR, MAKE, and MODEL!

Dine in Confinement



DINE IN OR TAKEOUT: 114 W Market St, Fayetteville, TN

(931) 433-1173 • www.cahootsmenu.com



Edward Jones

> edwardjones.com | Member SIPC



Are your investments ready to fight inflation?



John Karby,
CFP®, AAMS®
Financial Advisor
1231 Huntsville Hwy, Suite C
Fayetteville, TN 37334
931-438-3200



Lisa McKern, AAMS®
Financial Advisor
2899 Huntsville Hwy.
Fayetteville, TN 37334
931-438-2378

Experience the Al White Ford Lincoln Difference!

*"Don't take it from us,
look at what our customers say..."*

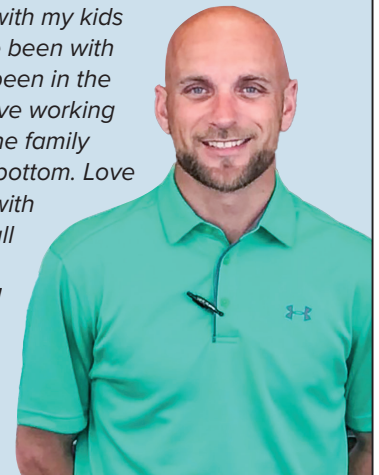


Jeff Damron Tullahoma

I have been buying cars from Chris for 20 years. He started selling cars right out of

high school. The thing I like most about Chris is the honesty, integrity and continued service after the sale. That is rare in the car business. My experience at Al White has been great and they always go above and beyond. I like the no nonsense approach and getting things done in a timely manner.

I'm engaged with 3 kids. I enjoy working in my yard, and playing with my kids as much as possible. I've been with Al white for 6 years but been in the business for 21 years. Love working at Al White because of the family atmosphere from top to bottom. Love the relationships I have with my customers, they will all tell you anything I say I'll do, I make sure it's done!



- Chris Burton
Sales Representative
Al White

AL WHITE

FORD-LINCOLN

2002 Hillsboro Blvd., Manchester, TN

931-728-2402

www.alwhitemotors.net



▲ Dana Casey

At home at Highland Rim

Dana Casey wouldn't want to be anywhere else.

By Tina Neeley // Photography by Brooke Snyder

DANA CASEY has always loved school; it's where she's wanted to be for as long as she can remember. As a little girl, she loved to play school and was always happy to receive old, discarded textbooks and materials. When it came time to choose a career, nothing but becoming a teacher entered her mind.

"It's what I always wanted to do. I've had people along the way try to talk me out of it, saying I should think about making more money, but it's not about the money. It's about doing something that you love and are passionate about. I've never regretted that decision," Casey said.

That decision led her to Highland Rim School after one year of teaching at Hampton Cove Christian Academy in Huntsville. She taught fourth grade for three years and middle school for 12. Being someone eighth-graders could depend on to listen to and help them in any way possible was important to her.

After 15 years of teaching, Casey moved to assistant principal and curriculum coordinator — positions she'd prepared for but had not actively pursued.

She said, "I had my master's in administration and supervision but never really thought about being an administrator. Then, as I got into some leadership roles through my teaching career, it opened up some doors and gave me a different perspective on what I could do in the school."

In either role, her heart is always in the best interest of the students and the staff.

"I still have the relationship with the middle school students I had, but now I get to see the little ones, too. The hugs and the smiles — they're just so happy to see

**Your
Keys Are
Waiting...**

**FAYETTEVILLE
CHRYSLER DODGE JEEP RAM**

Where The Customer Comes First
1223 Huntsville Hwy.
931-532-0400
Monday - Saturday 9:00 A.M. - 7:00 P.M.

fayettevillechryslerdodgejeepram.com

Do you struggle with hurts, pain, or addiction of any kind?

- Are you an adult child of an alcoholic or an abuse survivor?
- Do you struggle with anxiety, co-dependency, anger or fear?
- Are you addicted to gambling, food, sex, substances or pornography?
- Then Celebrate Recovery is for you, a Christ-centered, non-denominational, 12 step recovery program.
- CR meets every Tuesday, 5:30-8PM. Supper provided and childcare is available upon request.

 **Fayetteville First UMC**
200 Elk Ave N. • (931)433-2251

A Name YOU Can Trust!

- Land Clearing
- Roads/Pads
- Ponds/Lakes
- Septic/Water Lines
- Underground Utilities
- Remove Old Or Burned Buildings

Parker Construction Co.
Dozer & Trackhoe Work
Concrete Work
In business since 1974
Call Jeff Parker Today!
Office: 931-732-4760 • Cell: 931-703-3701

**Badcock
HOME FURNITURE
& more**
Just Right.®

**PRESIDENTS DAY
SALE**

**BUY MORE
SAVE MORE**



**LAWSON
RECLINING SOFA
SAVE \$500**
122742

**EXTRA
5% OFF**
PURCHASES UP TO \$999±

**EXTRA
10% OFF**
PURCHASES FROM \$1000 - \$2999±

**EXTRA
15% OFF**
PURCHASES FROM \$3000 - \$4999±

**EXTRA
20% OFF**
PURCHASES OF \$5000&more±

**GRINNELL
3 PC QUEEN BEDROOM SET
SAVE \$600**
880641/42



±Discounts taken off regular prices, sale items and even discontinued merchandise. Applied before tax and delivery. Cannot be combined with any other promotional or zero financing offer.

1416 HUNTSVILLE HWY — FAYETTEVILLE — 931-297-2391
200 HOBSON ST STE 39 — MCMINNVILLE — 931-473-3804
761 MADISON ST — SHELBYVILLE — 931-685-9644
375 W LINCOLN ST — TULLAHOMA — 931-222-4353
405 BYPASS RD — WINCHESTER — 931-962-4991

OFFERS VALID FEBRUARY 14 - 27, 2023



you. It makes your heart feel good. I just love working with the kids and seeing their excitement,” Casey said.

Working with teachers as the curriculum coordinator is an ever-evolving process.

She said, “I work very closely with the teachers now. We have weekly meetings and talk about things going on in their classroom and ways we can improve instruction. I have to be knowledgeable of every subject area at every grade level and relay information to teachers to determine what’s best for them and their students. The students come first, but the adults in the building are important, too.”

In 2015, Casey was chosen as one of 26 educators statewide to participate in an education fellowship through the State Collaborative on Reforming Ed-

ucation program. For a year, she met with legislators and was able to be a voice for the teachers — one of the things she’s most proud of in her career.

Casey is proud, too, of her daughter, Bailey (who is in high school) and her son, Brady (who is at Highland Rim) both of whom are just as at home at Highland Rim as she is.

“They’ve grown up at Highland Rim. At about 8 weeks old, I have pictures of Bailey being held by the eighth-graders in my classroom because she was always there. When Brady came along, they were always at everything with me. It was their second home. Highland Rim has always been so special to me,” Casey said.

Casey is always at home at Highland Rim. **GN**

Local RELATIONSHIP BANKING

SINCE
1906

FB
FirstBank

FirstBankOnline.com

1927 Wilson Parkway, Fayetteville
931-435-4537

Member
FDIC

COMMERCIAL & RESIDENTIAL

RSC
INC

ROOFING SERVICES COMPANY

Locally Owned & Operated since 1989

Call today for your
free estimate.

ROOFINGSERVICESCO.COM
ROOFINGSERVICES@FPUNET.COM

931-433-9706

Don't Get
Caught In The
COLD



LOCAL PEOPLES GAS COMPANY

3296 Lewisburg Hwy.
Petersburg, TN

931-659-6981 Phone
931-993-9496 J.D. Haislip

Mon.-Fri. 8 A.M. - 5 P.M. • Sat. 8 A.M. - 12 P.M.
We are locally owned & operated...
we want your business!

Proudly serving Fayetteville,
Lewisburg, and Surrounding Areas



Authorized Agent for

of Tennessee

An Independent Licensee of the Blue Cross Blue Shield Association

Medicare Advantage coverage you want. Right here.

Get a plan with a **\$0 premium**
– plus extras.



Call today to learn more from
this licensed insurance broker.

Walter Phillips

Bagley and Bagley Insurance Agency

931-433-3933

walter@bagleyandbagley.com

8:00 A.M.-5:00 P.M. CST

BlueAdvantage is a PPO plan with a Medicare contract. Enrollment in BlueAdvantage depends on contract renewal. BlueCross BlueShield of Tennessee does not discriminate on the basis of race, color, national origin, sex, age, or disability in its health programs and activities. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-831-2583, TTY 711.

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوفر لك بالمجان. اتصل برقم 1-800-831-2583، TTY: 711.

BlueCross BlueShield of Tennessee, Inc., an Independent Licensee of the Blue Cross Blue Shield Association
H7917_21AGNTAD_M(10/20)



Your Local,
Family Owned
Shop

NIKKI DALY ABERNATHY

DALY & SON CAR CARE
MECHANIC WORK • BRAKE SERVICE • NEW & USED TIRES

25600 Main Street, Ardmore, TN
931.427.4651

COOPERTIRES



▲ Karen Martinez-Davis

The American dream can be found right here in Fayetteville.

Karen Martinez-Davis loves her life.

By Tina Neeley // Photos submitted by Karen Martinez-Davis

WHEN KAREN Martinez-Davis met Kyle Davis in their first year of high school, neither could have imagined their future. Most students were focused on making it to class on time and hanging out with their friends, but Karen was doing that and more. She was also working in her father's Mexican restaurants, Las Trojas, which she'd been doing since she was 8. Now that the future is here, much has changed, but some things have remained the same.

The thread of education is woven throughout their stories.

Karen and Kyle graduated from Lincoln County High School and obtained degrees from the University of Alabama at Huntsville. Karen continued to work at Las Trojas throughout college and works with her family in restaurant management today. Kyle has returned to Lincoln County High School as a personal finance teacher, and the high school sweethearts are now married and will celebrate their second wedding anniversary in June.

Home is where the heart is, and Karen connects the two as a licensed realtor in Tennessee and Alabama.

She said, "Right after graduating high school, I decided I really liked business and wanted to go into real estate because everybody needs to learn a little about real estate. Since my dad has his own restaurants, I decided that would be a good thing and was something I could use to help him. But it became bigger than I thought, and now I'm helping whoever, in the family or at the restaurants, needs me and the general public."

HAPPY BIRTHDAY
9TH
LANE HYDE

We love you and we are so proud of you!

If It Rolls, We Have Tires For It!

- Lawn Mower
- ATV
- Tractor Tires
- Motor Home
- Trailer & More

7 Ardmore Hwy., Fayetteville, TN 37334
Rick Currin, Owner **931-438-0097** **DISCOUNT TIRE**

PROVERBS CONSTRUCTION
"DO IT THE SMARTT WAY!"

27yrs experience.
Licensed/Insured.
Free Estimates.

Build/Remodel/Replace/Repair. Bathrooms, Kitchens, Decks, Siding, Flooring, Windows/Doors. Specializing in Trim and Staircases

(931)447-1049 or (931)993-2415



The Care They Deserve

- Physical, Speech, Occupational & Respiratory Therapies
- Unit Specializing in Dementia Care
- Specializing in Skilled & Long Term Care
- Nursing
- Specialized Diets
- Activities
- Social Services
- Free Wi-Fi

ELK RIVER

HEALTH & NURSING OF FAYETTEVILLE

4081 Thornton Taylor Pkwy.
Fayetteville, TN 37334
931-433-9973

Administrator - Lisa Veteto
Director of Admissions - Jennifer Mitchell

faymark@twinrivershc.com
elkriverhroffayetteville.com

Now Is The Time To **Buy!**
Mortgage Rates Are Still Great!

Come See Kelly Richardson Today!
She Will Find The Right Mortgage Solution For You!

First National Bank

Kelly Richardson
NMLS #992978

Fayetteville 931-433-5855 **Park City** 931-433-9124
405 West College St., Fayetteville, TN 37334 2850 Huntsville Hwy., Fayetteville, TN 37334

www.fnbforyou.com Member FDIC

“I’m just now living my life, but my dad is amazing. I truly think he’s lived the American dream. And it’s just a wonderful story.”

-Karen Martinez-Davis



◀ Kyle and Karen Davis

Las Trojas is located in Fayetteville and has Alabama locations in Hazel Green, Huntsville, Madison, Athens, Florence, and Birmingham. There are four in Georgia, with new restaurants opening soon in Huntsville and Murfreesboro.

It’s a tight-knit family that grew when Karen and Kyle married.

“I gained two more wonderful parents and a sister,” she said.

Working to help others find the perfect home or property is also an educational process.

Karen said, “There’s still a lot of people that don’t know that there are two sides of a real estate transaction; they just think it’s one. And they don’t know you can access all those houses through the MLS (multiple listing service). You can show them any house listed, but they think certain agents have different houses, and they can only deal with that particular agent. But in

all reality, you can access all the houses on the market through your agent. That’s been an obstacle, trying to convince them of that.”

Convincing them to consider not putting off a purchase until rates drop again has been another obstacle.

“At this point, no one knows what’s going to happen in the coming years. I think you should definitely try to see what your options are. Because what if next year, rates are 8 or 9%, and you missed out?” Karen said.

Homeownership and owning your own business are part of the American dream, and Karen’s family knows everything about it.

She said, “I’m just now living my life, but my dad is amazing. I truly think he’s lived the American dream. And it’s just a wonderful story.”

Karen is living her dream life with the love of her life and her family. That, too, is a wonderful story. **GN**

Celebrating Women's History Month



First National Bank

A real community bank --

it's who we are!



Fayetteville
405 W. College Street
931.433.5855



Park City
2850 Huntsville Hwy
931.433.9124

fnbforyou.com

Member FDIC

Caring

...as only your local funeral home can.

Providing funeral care for your family is our number one priority. We believe the best way to serve you is by being here in the community - for you, and with you. You can count on us to be available for your family 24 hours a day, and at a moment's notice.



508 West College St.
Fayetteville, TN 37334
Office: 931.433.4511
Funeral Info: 931.438.2956
www.gallantfuneralhome.com

GALLANT RIVERVIEW
Funeral Home

NEED ROOF REPAIR?

- Repair • Replace • New Construction • Locally Owned & Operated
- All Types Of Roofs • Owens Corning Preferred Contractor

T & L Roofing
Formerly Rogers Roofing
"Quality Lives On After The Price Is Gone"



Fully insured certificate available on request.
We'll work with insurance companies
421 Lincoln Ave. S., Fayetteville, TN
931-433-7314

www.tandroofing.com

MANUFACTURED HOUSING SUPERCENTER!



Mundy Home Center, Inc.

3606 Memorial Pkwy SW, Huntsville
256-880-8484 • mundyhomecenter.com •

WE CAN DO IT ALL!



Complete Excavation Services:

- | | |
|-------------------|-------------------|
| Skid Steer Loader | Roads & Driveways |
| Mini Excavator | Grade Work |
| Bulldozer & Track | Pads |
| Hoe | Ponds & Lakes |
| Site Prep | Underground |
| Demolition | Utilities |

Insured



All major credit cards accepted

BERZETT EXCAVATING

931-625-7013

WELCOME BACK TRICARE MEMBERS.

We are now Preferred BCBS Medicare Advantage.

Getting married or having a baby?
Come make a gift registry with us!

Carter's Drug Store
"Where Everybody Goes"

Locally owned and operated

Carter's Drug Store
106 S. Elk Ave. • Fayetteville, TN 37334 • 931-433-1511
Mon-Fri 8-7 Sat 8-5 Sun 10-4

Carter's at Stonebridge
6 Eldad Rd. • Fayetteville, TN 37334 • 931-438-0760
Mon-Fri 8:30-5:30 Sat 8:30-12:30



GOOD NEWS

CHAPTER 2 OF 3

This section of the magazine covers local people or businesses you need to know about.

- 28** Because you never know what someone's going through
- 36** Not how it appears
- 40** Women of Fayetteville
- 54** Recipes: Spread the love
- 56** Faith: Carrying the torch for Mimi

Our stories are based on submissions from local people.
Submit yours here:



goodnewsmags.com

PHOTOGRAPHY BY BROOKE SNYDER

◀ Judy Carter and Sarah Campbell





BECAUSE YOU NEVER KNOW WHAT SOMEONE'S GOING THROUGH

KRISTY TOWRY CLARK LOOKS
EXPECTANTLY FOR GOOD
ALL AROUND HER.

By Tina Neeley
Photography by Brooke Snyder



▲ Lauren Towry, Kristy Clark, and Brent Clark

ON ANY day, countless people cross our paths. Some are distracted, some are irritated, some are angry, and some are hurting. We may be one of them. Who knows how a kind word might change their mood and their day?

Kristy Towry Clark rarely passes up an opportunity to interact positively with those around her. It's practically second nature to her.

"I just try to do the best I can to help them in a positive way and show them the kindness I know and have been taught. You never know what someone's walking through or has walked through. Some are always negative about everything, and it makes me wonder what may have happened in their life. Something may have made a negative impact that they carry with them on a daily basis, and they don't know how to be any other way," Clark said.

Her efforts certainly don't go unnoticed or unappreciated.

She's the type of person that lights up a room. Wesley Bryant, who has known Clark for years, said she was effortlessly joyful.

"Kristy is someone you look forward to seeing," Bryant said. "My stomach hurts after talking with her because I belly laugh the entire time. Certain people just have that aroma to them — that brightening, uplifting joy that you can't reject. It's infectious. And I hope that one day I will be as effortlessly joyful as she is."

Like most of us, Clark juggles her moments of overwhelm, fears, and daily struggles. Her mama's advice to take one day at a time because tomorrow will take care of itself is ingrained in her thoughts. "Let it go," her mama says.

Clark's faith enables her to let it go.

She said, "No matter how bad things are, I try to stay in the moment and manage to make it with God's help and the support of family and friends. There have been many times throughout my life [when] I felt I couldn't make it, but through the grace of



THERE ARE SO MANY PEOPLE IN OUR LIVES WHO LONG TO BE SEEN AND KNOWN AND ULTIMATELY TOUCHED BY THE CREATOR'S HAND. THEY WANT TO BELIEVE THEY ARE WORTHY OF SUCH LOVE.

- Becky Strahle

The Zensation Zalad is Back!

Expires 4/9/23

Mixed greens topped with Chicken Fingerz, Asian slaw and honey sesame glaze, served with Citrus Vinaigrette dressing and a tasty veggie egg roll. Don't you want it right now?



Try our handcrafted
Peach Sweet Tea!



\$9.59
+TAX

DINING ROOM OPEN

ZAX FAMILY PACKS



**20 PC. CHICKEN FINGERZ™
FAMILY PACK**
Regular: \$26.99 • Buffalo: \$30.99

**30 PC. BONELESS WINGS
FAMILY PACK**
Regular: \$26.99

FAMOUS FINGERZ & WINGS



BONELESS WINGS
5ct. \$5.19 • 10ct. \$8.89 • 20ct. \$16.49

TRADITIONAL WINGS
5ct. \$6.99 • 10ct. \$12.19 • 20ct. \$22.79

CHICKEN FINGERZ™
5ct. \$6.19 • 10ct. \$11.99 • 20ct. \$22.99

BUFFALO CHICKEN FINGERZ™
5ct. \$7.19 • 10ct. \$13.99 • 20ct. \$26.99

DESSERTS



CHOCOLATE CHIP COOKIE
One 99¢ • Three \$1.79

FAMOUS MEAL DEALZ



CHICKEN FINGER PLATE
Regular: 4ct. \$8.69 • 5ct. \$9.69 • 6ct. \$10.69
Buffalo: 4ct. \$9.49 • 5ct. \$10.69 • 6ct. \$11.89

TRADITIONAL WINGS & THINGS
Regular: \$11.99 • Buffalo: \$12.09

BONELESS WINGS & THINGS
Regular: \$10.29 • Buffalo: \$10.89

BIG ZAX SNAK® MEAL
Regular: \$7.19

BUFFALO BIG ZAX SNAK® MEAL
Regular: \$7.69

GREAT 8 BONELESS WINGS MEAL
Regular: \$7.99

BONELESS WINGS MEAL
Regular: \$7.19

TRADITIONAL WINGS MEAL
Regular: \$9.59

DRINKS



DRINK
Small: \$1.99 • Medium: \$2.19 • Large: \$2.49

GALLON OF SWEET OR UNSWEET TEA
\$4.99

KIDZ® DRINK
89¢

MILK
Regular: \$1.09 • Chocolate: \$1.09

APPLE JUICE
\$1.09

BIG ZALADS



THE HOUSE ZALAD®
Fried: \$8.69 • Grilled: \$8.69 • Garden: \$6.59

THE COBB ZALAD®
Fried: \$8.99 • Grilled: \$8.99 • Garden: \$6.89

SHAREABLES & SIDES



FRIED WHITE CHEDDAR BITES
\$3.99

FRIED PICKLES
\$3.99

CRINKLE FRIES
Regular: \$1.89 • Large: \$2.19

COLESLAW - CUP
99¢

BASKET OF TEXAS TOAST
\$1.79

EXTRA CHICKEN FINGER
Regular: \$1.39 • Buffalo: \$1.59

THE NIBBLER
\$1.76

**CHICKEN BACON RANCH
LOADED FRIES**
Regular: \$7.99

ZAX KIDZ® MEALS

Served with Crinkle Fries, Kidz® Drink, and a Treat.

KIDDIE FINGER
\$4.79

KIDDIE CHEESE
\$4.79

SANDWICH MEALZ



ZAXBY'S® SIGNATURE SANDWICH
Meal: \$7.79 • Sandwich only: \$4.99

ZAXBY'S SIGNATURE CLUB SANDWICH
Meal: \$8.69 • Sandwich only: \$6.69

KICKIN CHICKEN SANDWICH
Meal: \$7.19 • Sandwich only: \$5.19

GRILLED CHICKEN SANDWICH
Meal: \$7.19 • Sandwich only: \$4.99

3 NIBBLERZ® SANDWICH
Meal: \$7.99 • Sandwich only: \$5.99

ZAXBY'S SIGNATURE SANDWICH
Sandwich only: \$6.69

SAUCES

Zax Sauce®, Spicy Zax Sauce™, Ranch,
Honey Mustard, Wimpy™, Tongue
Torch®, Nuclear™, Hot Honey Mustard,
Sweet & Spicy, Teriyaki, BBQ,
Buffalo Garlic Blaze
25¢



931-227-4999

1511 Huntsville Hwy., Fayetteville, TN

www.zaxbys.com

God and lots of prayer on my knees, I did. My strength comes from God.”

Taking it to God in prayer was natural; leaving it there, not so much until her friends encouraged her to lay it all at His feet, leave it there, and don't take it back.

“It's hard to let Him work things out for you if you are still trying to work it out yourself, too,” Clark said, from experience.

Her personal experiences give her the courage and confidence to speak to others she encounters.

“I just listen to people's stories to learn what they're going through or have been through. When I can, I watch how they live. I walk away from these conversations, having cried many times and had my heart broken for them. I just pray and ask for God's mercy to be upon them and help see them through. This builds strength for my own life and reminds me that I am very blessed. God has been so good to my family and me.”

Clark attends Maranatha Baptist Church and shares her life with her husband, Brent, daughter, Lauren Towry, and bonus son, Jacob Clark.

Fueled by coffee, Jesus, and daily devotions with her husband, Clark loves spending time and making memories with family and friends in her off time. “When I'm with my daughter, my mom, sisters, and their girls, we belly laugh so hard at anything and everything. It's so much fun.”

It seems only natural that someone looking deeply for good in others loves thrift shopping, an extension of seeing more than first meets the eye. And like many of us that love happy endings, Clark enjoys Hallmark movies. It might be more surprising to know she collects cookbooks, loves reading and looking through them, but admits she doesn't always cook from them. Can't we relate?

Her parents, Joe and Marie Pendergrass, have greatly influenced her response to and outlook on life.

“My parents taught me great values growing up — always to think before you speak, always be true to yourself, treat others the way you want to be treated, and always be the same person no matter where you are or where you go. Kindness and forgiveness go a long way,” she said.

Clark's blessings include friends, family, and coworkers at the Lincoln County Courthouse. It's a reciprocal blessing.

She said, “When I find myself down, I think of all the many blessings I have. I look around and see situations outside of my own and know I have so much to be thankful for. I work with so many wonderful people, and I try to keep a smile on my face even if I'm having a bad day. God always puts people in my life at the right time, just when I need a lift. He never fails. It's something I always tell my daughter. He always brings peace and comfort.”

“I believe one day God will show me buckets of my tears He's collected from day one, then pour them out from heaven like rain, because we all know there's no pain and sorrow in heaven. Sometimes when it rains, I think of this,” said Clark.

Until then, Clark will keep praying and looking for the next person that might need something positive in their day. **GN**



I JUST PRAY AND ASK FOR GOD'S MERCY TO BE UPON THEM AND HELP SEE THEM THROUGH. THIS BUILDS STRENGTH FOR MY OWN LIFE AND REMINDS ME THAT I AM VERY BLESSED.

- Kristy Towry Clark



CUSTOM STEEL BUILDINGS

LIFETIME METAL ROOFING, SHAKE SIDING
VINYL SIDING, WINDOWS, GARAGE DOORS



Over 30+ Colors Available

Financing available!
Check us out on Facebook!



Call today!
(931)962-8859

Clark's Home Solutions, LLC
792 David Crockett Hwy., Winchester, TN 37398

Local professionals,
caring for our
neighbors to
enhance their
quality of life.



Our Services Include:



Home Health Services

- Skilled Nursing
- Physical Therapy
- Occupational Therapy
- Speech Therapy

Private Duty Services

- Skilled Nursing (Hourly)
- Personal Care Services

PSSA Services



Call Us Today:
931-438-9595

2310 Thornton Taylor Pkwy Ste A • Fax: 931-438-9549 • qualityfirsthc.com

NOW AVAILABLE Custom Length Metal & Trim

D-Rib and G-Rib



Call for quotes
17 Color Options



Open 7:00 A.M. - 4:00 P.M. Monday - Friday • Saturday 9:00 A.M. - 2:00 P.M.
8321 David Crockett Pkwy. W., Belvidere, TN • 931-967-8000

www.mtnviewconstruction.com

Let Us Take Care Of Your Septic Tanks



- Over 23 Years Experience
- Commercial & Residential
- Family Owned & Operated
- Licensed & Insured



Keith's Tank Service

- Septic Tank Pumping
- Sewer Drain
- Install • Clean Out

(931) 433-0900 • (931) 962-0510

www.keithstankservice.com



Screen Printing & Signs

Custom T-Shirts • Embroidery • Signs

931-438-7988 Open Monday - Friday 8:00 A.M. - 5:30 P.M.
www.NDesigns.com

Need Concrete Work?

All Types:

- Driveways • Sidewalks
- Patios • & More



Troy Gifford 43 Years Experience

Call For A Free Quote: 931-655-4706

Rooms Available

for Immediate Occupancy & Respite Care

At Lincoln Manor, you will experience our commitment to freedom of choice even before you join us as a new resident.

We offer a variety of suites to suit your lifestyle and budget.

Call today to schedule a visit!



LINCOLN MANOR

115 Medical Center Blvd.

Fayetteville, TN 37334

(931) 433-5000

<https://inspiritseniorliving.com/lincolnmanor>

WE BUY SCRAP METAL!

Aluminum, Cans, Appliances, Farm Equipment, Steel, Brass, Copper

AND We buy ANY Vehicle - Running or Not!



(931) 454-2222

54 Recycle Dr., Tullahoma, TN 37388

Mon. - Fri. 8:00 AM - 4:30 PM • Sat. 8:00 AM - 11:30 AM

www.cfcrecycling.net

Smokes & Suds

We've Got What You Need

Lottery • Beer • Cigars

True Discount Lotto Land

931-427-8211

25900 Main St., Ardmore, TN

Hours: Mon. - Sat. 7:00 A.M. - 10:00 P.M.;
Sun. 7:00 A.M. - 9:00 P.M.



Extraordinary Craftsmanship

Custom Design



- Interior & Exterior Railing • Pool & Yard Fences
- Driveway & Pedestrian Gates • Guard Railing
- Residential & Light Commercial

Southern IRON WORKS

575 Lynchburg Hwy., Mulberry, TN 37359

931-993-9710

www.southernironworks.com

Richardson Waste Removal & Richardson Waste Solution

Weekly Service

Residential • Commercial • Industrial

Roll-Off Containers

Construction • Demo Debris • Commercial
Industrial • General Clean-Up



CALL TODAY

Quality service since 1963 Our Business is Picking Up!

931-433-6634

Ask about automatic payment
richardsonwaste@gmail.com





**Local Women
In Business
Making Your
Home
Beautiful**

**Special
Financing
Available
See Store
For Details**

Norman Furniture

**FREE
Delivery**

203 South Main Ave. • Fayetteville, TN
www.Norman-Furniture.com | (931) 433-2582

One Call Cleans It All!

**DustBusters
Cleaning**
15-years experience
(931)434-2719

*Services you
can trust with
peace of mind.*

• Quality/Value • Bonded/Insured

**KEEPING
YOU COZY**

WE OFFER:

- Pre-Buy Or Lock-In Terms
- Worry Free Budget Plan
- Auto-Fill Route System
- Customer Referral Program

ALLGAS
"YOUR PROPANE SOURCE"

307 West College St., Fayetteville, TN
931-433-1084

**WE ARE
HIRING**

**JOIN THE
FRITOLAY
TEAM!**

OPEN POSITIONS:

- PACKAGING MACHINE OPERATOR
- PACKER
- SANITOR
- FORKLIFT OPERATOR/LOADER
- GES ORDER PICKER/LOADER
- DIESEL MECHANICS

**BENEFITS START DAY 1
FOR FULL TIME
EMPLOYEES:**

- HEALTH INSURANCE
- DENTAL AND VISION
- 401K+ MATCH
- PENSION
- AND MORE!!!

**PAYS UP TO
\$24.45/HR**
GUARANTEED ONSITE INTERVIEWS!

Apply on our Website:
www.fritolayemployment.com



◀ Anna Sapach and Jacob Johnson



NOT HOW IT APPEARS

Life with an autistic child
is a beautiful,
complicated journey.

By Tina Neeley // Photography by Brooke Snyder

I MAGINE YOU'VE planned to spend several hours in your favorite bookstore. You schedule a time to search for a few good books for stolen quiet hours a few times each year. It's something you always look forward to. You start with a specialty coffee, then head to the suspense shelves, pulling the latest novel from your favorite author and another new-to-you writer. You've noticed the toddler going back and forth between his mom and the water fountain, and everything was fine until it wasn't. Without warning, the quiet is interrupted when the child throws himself to the floor and begins flailing his arms, crying uncontrollably despite his mom's best attempts to console him.

What is your honest reaction? What are your first thoughts?

Now, imagine you are the child's mother. You're single, working, and doing all you can to provide

and create a loving, stable home for your child. Hard enough, right? Now, imagine the child is on the autism spectrum.

Anna Sapach is that mom, and her son, Jacob, is autistic. Episodes like these are her reality.

"I've gotten a lot more confident about taking Jacob out in public, but it is hard when stuff like that happens. People stare, and it's very hard because it makes me feel panicked. I'm trying not to cry while people stare, but it's so hard. I cry because Jacob is innocent and doesn't notice people staring or giving weird looks. Aside from having meltdowns, we've both received the same looks while he's stimming/flapping his arms in the grocery store. It hurts because he doesn't notice it, but one day he will. He also understands more than people realize, so questions that may seem innocent in passing aren't as nice on the receiving end," Sapach said.



Sapach processes life with attention deficit disorder, so ordinary tasks are a challenge for her, too. Pair that with her son's needs, and every step of the day must be carefully planned and considered to minimize the frustrations and potential for stressful reactions to sensory overload.

She said, "Sometimes it can be like a nuclear bomb. I feel guilty about something every single day. It's a beautiful and very complex day-to-day life. He has a sensory processing disorder and was diagnosed as nonverbal, but he's gotten better at verbalizing since he's gotten into school. But it's been so hard because he can't tell me what he wants or needs at times, and then he winds up having a meltdown. Then I feel really guilty because I'm not meeting his needs because I can't figure out what he wants."

Things that are no big deal to the average parent and child become huge in their world.

"Because of our needs, it can get messy sometimes. And there's a lot of crying. Sometimes he'll throw things or bang his head, and then I wind up sitting on the floor crying with him. So it's been one of the hardest things I've ever done. Still, it's also the most rewarding because the little things that would seem easy for a neurotypical child are huge achievements when you have a kid on the autism spectrum, like saying a new word at the age of four when other kids are speaking in full sentences, it's a victory. Simple things like

my kid picked up a crayon and doodled for two seconds — that's long when the day before he wanted to chew on the crayon and then toss it because he didn't want to do it. There's no such thing as a *little* victory," Sapach explained.

Although the general public is more informed about the autism spectrum today than in the past, many still can't recognize its characteristics and respond differently to it. Families with a child on the spectrum interact more often with the grace and compassion desperately needed by both parent and child.

Today's world of social media often compounds the guilt and weight of parenting children who process the world differently. Posts of family outings, special meals, and daily milestones become an unintended measuring stick for struggling parents, even those of neurotypical children. We don't mean to compare ourselves on either side, but subconsciously we can't seem to avoid it. There's something in all of us seeking to be affirmed and valued, and we look externally for confirmation we're on the right track.

Sapach internally wrestles with her emotions and reactions. "There are days where I can talk myself down and feel like everything's gonna be okay. You'll figure this out. And sometimes, something slight or inconvenient can happen, and I feel like I'm not doing as good as I should be doing right now. But I think that's just being a mom in general."

Families living with autism soon learn words many of us never hear — words like neurotypical, neurodivergent, neurodiverse, sensory overload, and nonverbal. Processes that happen naturally for most of us are disrupted in the brain of an autistic child.

"They have such big emotions that they can't regulate on their own, and they can't tell you what they need. And so it's an explosion of many things inside your brain — lights, big noises, misery, happiness, confusion, all of that all at once. And the ones that can't verbalize it can't tell you," Sapach said.

It leaves parents facing uncertain futures with their children as they become adults.

Sapach said, "It leads to so many things down the line, and I try not to think about that. So many kids on the autism spectrum don't get the care that they need in school. Some of their needs are never met, and it's not fair to them. It's an insane world of things — beautiful and heartbreaking and wonderful — so many different things."

But for all the uncertainties, Sapach is sure of one thing.


"There's a good possibility he could be independent one day, but it could go either way, and I'm fine with it. I'm preparing him to learn to be independent, but if he isn't capable of being on his own one day, then I'm prepared for him to live with me for the rest of my life. I will not complain about it," she said.

The more we learn, the more we can support families and children on the autism spectrum. It's not a once-and-done but an ongoing process of awareness.

She said, "Sometimes autism awareness gets recognition. People wear shirts and bracelets one month out of the year, and that's fine. They recognize it, but it never goes away for people who are living in it. It needs to be talked about more."

Talking more about the needs of those who can't speak up for themselves is a gift that will keep on giving. **GN**





Women **OF**
FAYETT

POWER, STRENGTH, BRAVERY, AND DETERMINATION
IN THE PAST, PRESENT, AND FUTURE



FAYETTEVILLE

JUST OVER 100 years ago, women finally received what other Americans, but not all, already had — the right to vote. Now, we have the opportunity to lift up and celebrate the groundbreaking women around us during Women’s History Month. From teachers, activists, scientists, athletes, doctors, entrepreneurs, and more — women bring with them ambition, intelligence, creativity, and resilience that will be essential for our future. Their presence in the workforce and leadership can also provide chances for other motivated individuals to rise

up into positions they may not otherwise have access to.

We must celebrate the outstanding accomplishments of these incredible women in order to build a better future. It’s important to remember that empowerment is a collective effort that starts with us. Let us use this moment in history as an opportunity to honor women for their strength, bravery, and determination — for without them, the world would be far less vibrant. We can draw strength from one another and continue to make progress toward a better Fayetteville because of these women. **GN**

A Fair TRADE

SARAH CAMPBELL AND JUDY
CARTER HAVE BONDED FOR LIFE.

*By Tina Neeley // Photography by
Brooke Snyder*

LAST DECEMBER, Judy Carter enjoyed dinner and Christmas lights with her family. For some, it's a little thing, but for Carter and her family, it was a reason to celebrate. And it was possible because of the connection with her daughter-in-law, Sarah Campbell — well, her connection and the kidney she donated to Carter.

Just a few months earlier, Carter, 62, was taking 12 hours of dialysis at night and sleeping 12 to 14 hours a day, exhausted and without time for anything else. The kidney transplanted from a deceased donor 25 years ago was failing. Carter needed a new kidney to live.

Twenty-nine-year-old Campbell knew she wanted to donate her kidney to her mother-in-law, but Carter had reservations.

“My first reaction was no because she has two small boys at home, is happily married to my son, and she'd just started a business. I didn't want the slightest chance that anything might hurt her or interfere with her life. I waited two and a half years for a deceased donor for my first transplant. This time, Sarah was the first tested, and I couldn't believe she was a match. My prayer from the moment they told me she wanted to test — and she wanted to test; it was not up for negotiation — was that if there was anything that would harm her or hurt her life, she wouldn't match or would be denied for some reason,” Carter said.

Campbell wasn't worried, though. She was confident in and trusted God's plan.



Judy Carter and Sarah Campbell

“I feel like it was all in God’s timing because everything down to the surgery date fell into place the way it should. It couldn’t have been any clearer that this was meant to happen, and I guess that’s why I felt so positive throughout the whole thing. At first, Jake wasn’t for it, but we prayed about it, and nothing made me question it,” said Campbell.

The transplant took place on August 19, 2022, and Carter agrees that timing is everything in this case. Kidneys from a deceased donor usually last for only 10 to 15 years, but Carter’s lasted for 25. Campbell had married into the family only five years earlier, so had her kidney given out sooner, Campbell would not have been there to donate.

Carter said, “We could just see God’s hand in everything. We really have felt it every step of the way; it worked out beautifully. It gives you such confidence that you know God has a plan for us from the moment we’re born, and He’s just there every step of the way.”

It’s not uncommon for people to question why Campbell would donate her kidney when she or an immediate family member might need it. The misconceptions surrounding being a living kidney donor are many and something the family hopes to clarify.

One is that organ donation delays burial. Carter said this is not the case; the sooner organs are harvested, the better the chances for a successful transplant. Some fear that harvesting the organs disrespects the body, but a donor’s family does not give up control. Carter said, “I think anybody that has ever donated from a loved one that’s passed has found they are so respectful of the body and the family.”



Both Campbell and Carter have been treated with compassion and respect throughout their experience.

Campbell said, “Let’s say I held my two kidneys, waiting for one of my kids to need it. Nine times out of 10, knock on wood, that’s not going to happen. Another thing is that I might not even be able to donate at that time. I know that right now, my body is healthy, and I am able to donate. But in 10 years, that might not be the case. So holding on to a kidney and waiting to see what happens or losing my mother-in-law and my husband losing his mother just wasn’t worth it. If you have someone in your family, you can be a living donor, or you can go in being a living donor to someone you don’t know. It’s something I never even thought of until I got into this family. It was a really cool experience.”

It’s an experience that has brought the women even closer together.

Carter said, “I have always loved her. I’ve loved her from the minute I met her. She’s got such a bubbly, sweet personality, and she’s just such a good mother and wife. I love her in so many ways. But I just feel a connection and a closeness to her that is just a bond. She will never know what she has given me through the generosity of her spirit. There’s not any way you can say thank you. I try to think of what I can do for her, and I keep coming up with: ‘There’s just no way that you can ever repay somebody for giving you life.’”

Campbell feels there are no thanks necessary.

“Like I told her from the beginning, joking around, but in all seriousness, she raised an amazing man, so it makes everything good. It was a fair trade,” she said. **GN**





Not a
**DESTINATION
MENTALITY**

LAURA RADWAY MAYER TAKES LIFE ONE STEP AT A TIME
WITH A HEART FOR BROKEN WOMEN.

*By Tina Neeley // Photography by
Brooke Snyder*

LAURA RADWAY Mayer always looked for the child on the playground with no one to play with, and it's no different today. Her heart is bent toward women and children with broken hearts and lives, and she has devoted her life to speaking worth into theirs.

At the end of the day, every single person wants and needs to know they are valued. Experience may teach us that our value is limited to the things we do for people, but we long to know someone sees good in us and cares for us even if we can't do anything for them in return. What, then, when we're just "being" and not "doing"?

Mayer learned early on from her grandfather, Rev. Joe Mayberry, that everyone has value.

She said, "He was so good with people. If we saw someone in public who may have

been the kind of person not many would stop to talk to, he always did. Then, he would coach me afterward and explain why he did it. He said everybody matters, and we're all equal in the eyes of God; we all have value."

Growing up, Mayer's parents often took people into their home until they could get back on their feet. That and her grandfather's influence shaped Mayer's heart for service. Actually, heart-shaping is her calling.

"I realized I really love public speaking, something a lot of people hate. It's kind of a weird thing to love, but I realized I loved holding people's hearts in my hands and motivating them to see themselves as God sees them and to view others that way, too. I love to build people up. I see people living so far below where they could be because of the messages they believed in their lives.



Laura Radway Mayer

You will become what you believe about yourself,” Mayer said.

Mayer was a stay-at-home mom when she first began to feel a stirring for ministry, the details of which weren't yet clear. She always felt called to be a voice for the voiceless and found her first outreach as co-founder of Clothe Our Kids. Mayer knew a lack of basic necessities like clothes held children back from other developmental areas in life. The organization offers more than clothes, shoes, and duffle bags.

She said, “With Clothe Our Kids, the clothes are just the package the gift is wrapped in. The gift is the confidence we're giving those kids.”

Soon Mayer sensed God calling her to a broader ministry, specifically women's ministry. Again, the ministry's details were not yet clarified, so she completed a four-year accredited ministry program offered through her church, Cornerstone Word of

Life, and became a licensed minister while continuing her work as a mom.

Mayer discovered Blue Monarch in Tulsa, a residential recovery program for women abused or dealing with addictions, poverty, and mental health issues. She followed the program on Facebook and held to a desire within her heart to teach there one day. Before long, the door opened, and Mayer spent a year volunteering with the program. It was a reciprocal blessing.

“I loved being there. Some of my favorite worship times were there with those ladies where we'd have music going before Bible study, and they had their hands raised and were worshiping God with everything they've got. God is putting their lives back together because they surrendered, and that's what it takes. We often think to be a good Christian, we have to work harder to be free. We live in a society addicted to working harder, but freedom always comes after surrendering,” she said.

Surrendering in life and ministry is not unfamiliar to her. It's an ongoing dance between her and the Lord.

Mayer said, “I don't have it all mapped out, but I know I want to help people. I know you just keep taking the next right step in front of you. It's not a destination mentality; it's “OK, God, I'm yours.” To live every day like you're dancing with Him is a daily walk; it's a daily dance. He leads to green pastures and good places.”

While volunteering at Blue Monarch and waiting for clarification on the next steps following Clothe Our Kids, Mayer prayed for discernment. Some offers came, but she had no peace about them.

Amanda Curtis mentioned that one day she'd get Mayer on board at Crossroads Pregnancy Clinic, a center providing care for women and men facing unplanned pregnancies. Mayer was appreciative but knew she didn't have time. Then one day, Curtis, the executive director, called in need of a client development director. It was the perfect fit and answer to prayer, and Mayer felt it was the job God was calling her to take. She has been there since February 2020.

“I'm walking hand in hand with these girls that want more self-development, helping them know they have value and worth,” she said.

Now a trainer and board-certified mental health coach, her days are filled with her work at Crossroads, traveling and speaking at women's conferences, and working on her podcast, The Laura Mayer Podcast. The message of her ministry is consistent throughout. As stated on the podcast, she speaks on the topics of depression, self-hatred, anxiety, healthy relationships, and boundaries from a life-giving biblical perspective.

“God gets no glory out of us living broken and wounded,” she said.





After putting some things on the back burner while her children were little, she's looking ahead and pursuing her master's degree in mental health counseling and is praying about the next steps from there.

Mayer said, "I think every day you just wake up and say, 'Lord, what do I do today?' and minister to the people He's putting in your path today. Don't lean on your own understanding, but do it His way today. And if you do that every day, you wake up in the will of God."

What better place to wake up? **GN**

More than a FEELING

JUDY FLYNT TAKES CARE OF PEOPLE
AND BUSINESS WITH HEART.

*By Tina Neeley // Photography by Brooke Snyder
and provided by Melissa Davis*

SOME PEOPLE spend their life putting others before themselves. They show up at just the right time, armed with answers and resources, making the world a better place through their presence. Judy Flynt *is* that presence.

Whether it's an entire business operation, planning an event, or helping her neighbors, Flynt tends to every little detail. It's her superpower, and every person, place, or thing in her circle feels the warmth of it.

Years ago, she worked for Bill Thomas at Bill Thomas Chrysler Plymouth Ford until rate hikes led to its closing. After Thomas founded the Exchange Inc. (now Exchange Media Group Inc.), she joined him as soon as possible, the two falling back into step as if no time had passed. Referred to by the

Thomas family as Mr. Bill's right hand, she remained with the Exchange until her retirement in 2018. Flynt may not be in the office today, but her presence is always felt.

Bill's son, Will Thomas, said, "She is proud but humble, never arrogant; confident and practical, and she cared about her quality of work. Judy held everybody to the high standards that helped engrain the culture at the Exchange and embody the products we published that contributed to our success."

Katie McNabb, Bill's daughter, recalls, "She remembered everything, like numbers and people's names. I remember her memory is incredible. Once she meets somebody, she knows them. She makes people feel like she never forgets them." It's a



feeling that makes Flynt unforgettable to others. Even now, mention the Exchange to almost anyone in Fayetteville, and they'll bring up Flynt. Many customers asked for Flynt time after time and were happy to wait or come back to deal with her despite others being able to take care of them.

Will recalls, with amazement, Flynt's consistent demeanor at the office. "You got the impression she never had bad days. Judy was never moody, was very thankful for what she had, and was ready to work hard every day. I know she had problems in her life from time to time, but she never showed it," he said.

Being detail-oriented, Flynt knows the value of putting the why with the what. Barb Hargrove worked in the front office with Flynt and said, "Judy was always the one that explained the processes to new hires. She'd explain why we do what we do or why we did what we did. She explained everything in detail, which helped us so much because we knew what the process should be."

Flynt was always there as Will and Katie were growing up; she was the office manager, but she was also family. Their mom, Janice Thomas, said, "I don't know what Bill would have done without her. Judy is a caring, loving caregiver who helped raise our children." Will and Katie agree. "She was especially good at poems. If Mom didn't know something, we'd call Judy," Katie said. "She'd proof our school work, and she's been proofreading our cookbooks even after she retired," Will said.

The words defining Flynt call roll on a life of love and character: loyal, kind, caring, attention to detail, helpful, loving, humble, and confident. Will said, "She puts other people first and takes care of all the



▲ Janice Thomas, Judy Flynt, Will Thomas, and Katie McNabb

“

SHE'S ALWAYS
BEEN THERE
FOR ALL OF US
AND IS ONE OF
THE WISEST
WOMEN I KNOW.

- Melissa Davis

people in her life." Her niece, Melissa Davis, echoes that and adds "fun" to the list. "She's one of my favorite people in the whole world. She's more than my aunt — she's one of my closest friends. She's always been there for all of us and is one of the wisest women I know. We've had so much fun on our girls' trips."

Katie sums up Flynt. "When she walks into a room... her confidence — she has such a presence." It's her presence that enriches the lives of everyone around her, whether it's family, friends, customers, or strangers. The gift of her attention and her generous, caring spirit is known and felt throughout the community. Holding the bar with high expectations for herself and others, Flynt leads with her heart and leaves everyone and everything better than she finds them. **GN**





Spread THE Love

Spoon-licking favorite
has its own day.

By Tina Neeley

MARCH 1 is National Peanut Butter Lover's Day — a day to celebrate the rich, gooey goodness of a pantry staple. What better way to start the day than with a batch of special pancakes? Then, keep up the momentum at lunch with Elvis' favorite midnight snack and an extra pie to share with a friend or neighbor. Don't forget to lick the spoon! **GN**

Peanut Butter Pie

Submitted by Helen Cook

- 1 c. powdered sugar
- 1/2 c. peanut butter
- 3 pkgs. vanilla pudding, 4 oz.
- 1 3/4 c. milk
- 1 baked pie crust or graham cracker crust
- 1 tub of whipped topping

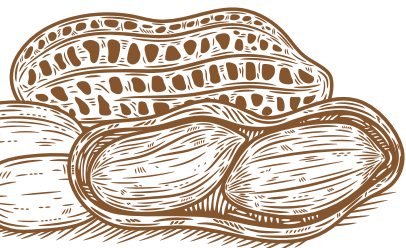
In a large bowl, mix powdered sugar and peanut butter until real fine. Put half of mixture into crust. In a separate bowl, mix vanilla pudding with milk. Pour into crust. Place remainder of peanut butter mixture on top of pudding, holding aside a quarter cup of mixture. Cover pie with whipped topping. Sprinkle remaining peanut butter mixture on top of pie. Keeps well in refrigerator.

Fried Peanut Butter and Banana Sandwich

Submitted by Fannie Thorpe

- 1/2 c. butter, softened
- 3/4 c. peanut butter
- 3 T. honey
- 1 1/2 t. + 1 T. ground cinnamon
- 2-3 ripe bananas
- 8 slices white bread
- 1/4 c. sugar

In a frying pan, melt 3 tablespoons of butter. Make sure the butter does not burn. In a small bowl, combine peanut butter, honey, and 1 1/2 teaspoons of cinnamon. Slice the bananas into quarters and add to 4 slices of bread. Spread peanut butter mixture over bananas and bread then top with remaining 4 pieces of bread. Spread the remaining butter onto both sides of the sandwiches. Grill each side in the frying pan until each side is golden. For topping, combine sugar and 1 tablespoon cinnamon in a shallow plate. Coat the grilled sandwiches with the sugar mixture. Cut diagonally and serve hot.



Taste it Tuesdays!

It may not be "new" to our store,
but maybe it's "new" to you!

Stop in to try something new every Tuesday!

Bill's Liquor Store

714 Lewisburg Hwy., Fayetteville, TN
(931) 433-5913

billsliquorstore.net

Looking for a new place?

Oakview Apartments currently has:

- 2 Bedroom Apartments w/Washer-Dryer Connection
- 1 Bedroom Apartments • Spacious Energy Efficient
- Total Electric Kitchens & Energy Efficient Appliances
- Dishwasher & Washer/Dryer Hook-Ups Available
- Walk In Closet • Onsite Laundry Room
- Handicap Units When Available
- Pet Friendly • Some Restrictions Apply

1 BR Starting @ \$415.00 • 2 BR Starting @ \$460.00



Credit & police check required
(931)557-9410
(931) 433-7751



TDD 1-800-848-0298



Just off Huntsville Hwy. • 500 Independence Drive



We have carports available for
install in as little as 4 - 6 weeks!



931-635-2244

watsonbarnrentals.com

watsoncarports.com



110 Franklin Ave. N., Fayetteville, TN • (931) 438-4492

Licensed in TN & AL



www.bmaprop.com



Tell us what you think about the magazine!

SCAN WITH YOUR SMARTPHONE:



*Your thoughts will influence
Good News Magazine.*

Good News

Building stronger communities through positive stories.

GoodNewsMags.com

Carrying the torch for Mimi

By Kali Bates // Photo provided by Kali Bates

IT'S THE curse of getting older — you know — being told that we are acting like our parents by taking on their traits, actions, and beliefs. And it's true. Now, at 39, I find it happening to me, except I don't take after my parents. I am slowly evolving into who was the matriarch of our family for over 70 years — my grandmother.

Affectionately known as Mimi, Dorothy Wilson was one of the kindest and most pleasing people ever. She called us “babe” and constantly fretted about one of us getting hurt. She was always cooking, and everything she made was delicious, even if she didn't think so. Most of my childhood was spent helping her break beans, make biscuits, or watch the “Andy Griffith Show” with her and my grandfather.

However, there was another side to her that few got to see. Mimi could be a firecracker and was a stickler for presentation. You didn't present things or yourself any old way. You were clean and dressed, and the house also needed to be clean. She educated herself constantly. She wasn't going to discuss anything without studying up on it first. She wanted things done a certain way, and that was the deal. She worked unbelievably hard to make her household what it was, and she wasn't going to have anyone tell her how to run it — not even her husband of 72 years, whom she adored.

She also was fervent in her faith. Both she and my grandfather were devout Christians who served in the Methodist Church as Sunday school teachers and

helped in many other areas of the church. She knew the Bible by heart and read it every single day.

While proud to be Christians, my grandparents' faith was an action or way of being. It wasn't just about scripture, dressing up on Sundays, or believing in God. It was about acting out their faith wherever they went and in whatever they did.

Now that she is gone, I find myself acting a lot like her. I can be a firecracker. I worry too much about my children, try to cook, educate myself, and, most importantly, move in my faith. While I miss her terribly, I think about all that she left for me in my heart. Both she and my grandfather left me with faith.

Hebrews 11:1 tells us that “Now faith is the assurance of things hoped for, the conviction of things not seen.”

It can't always be seen or even felt immediately when we put our faith in action. Doing the right thing or helping can take days, weeks, or even years to see fruition. There is also the chance that we may never see our good deeds make the change we had hoped for. But if we have faith, we know it will all work out for good, whether we see it or not. My grandmother was proof of this. Her faith lives on through Joan, Sherry, Keri, myself, and all of the lives she touched.

Mimi taught me that the word of God is essential, but it is also vital to carry it out through our actions and words. Our faith is affirmed in how we treat others and walk through life. So, I'm good with being told I'm just like my Mimi; I hope I can do her justice. **GN**

Meet Faith Cashion

I'm your local advertising representative. I'll help you use Good News to grow your business.

Call me at (931) 205-0640.



Coverage for Auto, Home, Boat, Wedding and more!



Why should one moving violation move your insurance rates into the stratosphere?

Travelers auto insurance gives you a quote that's customized and competitive. Just give us a call.

J Paul Richardson & Son

Paul Richardson

108 N Main Ave
Fayetteville, TN 37334
Phone: 931.433.2352
Fax: 931.433.1226
Email: RICHARDSON@FPUNET.COM



This material is for informational purposes only. All statements herein are subject to the provisions, exclusions and conditions of the applicable policy. For an actual description of all coverages, terms and conditions, refer to the insurance policy. Coverages are subject to individual insureds meeting our underwriting qualifications and to state availability. ©2011 The Travelers Companies, Inc. All rights reserved. The Travelers Indemnity Company and its property casualty affiliates. One Tower Square, Hartford, CT 06183

ECO-FRIENDLY
FORESTRY
MULCHING!

**ROBINSON ENVIRONMENTAL
LAND CLEARING**

Serving Middle Tennessee since 2007

WWW.DROBINSONLANDCLEARING.COM • 615-631-0638



How much should a website cost?



After 350+ websites built, we want to help entrepreneurs evaluate the true investment of building a website.



DOWNLOAD THE FREE GUIDE



Happy
Birthday
Mallorie!







GoodTimes

CHAPTER 3 OF 3

This section of the magazine covers local things to do.

- 60 Hollywood on Main Street
- 62 Community events
- 64 Events calendar
- 66 Advertiser index

Submit a positive story
on our website:



goodnewsmags.com

PHOTOGRAPHY BY BROOKE SNYDER

◀ Trey Peden and Vivian Fisher

HOLLYWOOD

on Main Street

Fayetteville Main Street hosts its annual Main Street Ball.

By Kali Bates // Photography by Brooke Snyder



▲ Zach Hartman, Lindsay Hartman, Bob Cain, Whitley Cain, Jeff Wilcox, John Sessoms, Candice Sessoms, Bonnie Johnson, Battle Bagley, and Brandon Johnson

THE STAGE was set for an Oscar-worthy evening where attendees enjoyed an evening on the red carpet while raising awareness and funds for a beloved hometown organization. The third annual Main Street Grand Ball was held on January 14 at the Pebble Beach Golf Club. The event was hosted by Fayetteville Main Street, a local nonprofit organization, and included entertainment, delicious food, and excellent company.

“The theme was a red carpet affair,” said Executive Director Aimee Byrd. “We brought in a step-and-repeat, sponsored

by Hall Signs, where attendees could get a real Hollywood experience in having their pictures taken. We also had Fayetteville spelled out in large white letters, just like the Hollywood sign in California. It was a lot of fun to create and implement this Hollywood look, but with Fayetteville flair, for our guests.”

The Andrews Brothers Dueling Pianos, out of Atlanta, provided entertainment for the event. The brothers are well known throughout the Southeast for their high energy, all-request, sing-a-long, interactive music, and comedy show.

“They returned this year, much to the delight of attendees,” said Byrd. “They consistently kept folks out on the dance floor throughout the evening. We were thrilled to have them back.”

Main Street member and local small-business owner Misty Sims with Sweet Feed Company provided the event refreshments.

“Misty was one of our first members when we relaunched the membership program in May 2022. She does a fabulous job, and we were excited to have her cater the event,” she said. “Her custom menu



▲ Jake and Sarah Campbell



◀ Joey and Sara Johnson



for the event was elegant but approachable and delicious. It was an adventurous and filling small-bites bar.”

Byrd said she is glad to see the event grow each year. Even with the challenges of COVID, the event continues to draw locals to celebrate an evening for a good cause.

“The board held the first event in 2020,” she said. “Two months later, everything was shut down due to COVID, so there was no Grand Ball in 2021. We hosted the second ball in 2022, celebrating The Roaring 20s. This will be our third, and we are proud that the community continues to come out and support the event.”

Since 1990, the Fayetteville Main Street organization has been an active and vital part of the community. According to the organization’s website, the overall goal of Fayetteville Main Street is to promote

and revitalize Fayetteville’s downtown while supporting the city’s local businesses. The program is accredited through the National Main Street and Tennessee Main Street programs.

“We are reaching many people within and outside the community,” explained Byrd. “Every dollar we receive goes back to promoting and revitalizing the downtown, but we also support businesses throughout the county. A thriving downtown is good for the entire county. We want to show results and the community all the good that the organization is creating.”

The Main Street Ball is just one of many events the organization holds annually. For a list of upcoming events and more information on the Fayetteville Main Street program, visit online at fayettevillemainstreet.com. GN



◀ Bill from Andrew Brothers Dualing Pianos

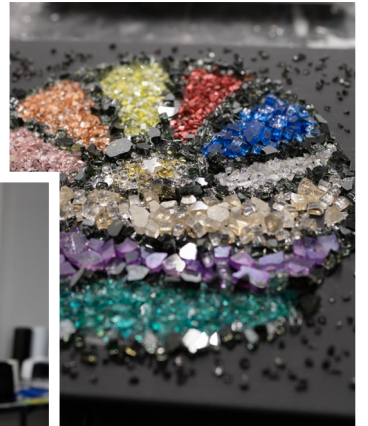
COMMUNITY EVENTS



Creations from the heart

Photography by Brooke Snyder

Creativity flourished at the local By Your Hand Art Studio. Artists, from beginners to novices, were welcomed to create one-of-a-kind pieces during the holiday workshop.



▲ Jessica Allen

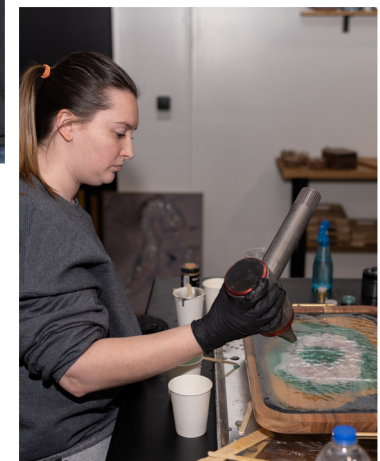




◀
Resa Beasley,
Joyce Jones,
Laura Roland



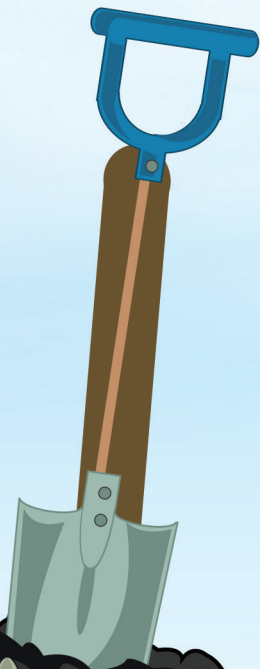
◀
BJ and
Jessica
Allen



STAY SAFE & CALL BEFORE YOU DIG

Every digging project requires a call to 811.

Even small jobs, like installing a mailbox or planting a tree, require a call. Utility lines can be buried just beneath the surface.



EVENTS CALENDAR

February 10

5:30 pm **Chocolate Walk**

February 9-28
Downtown Fayetteville

This self-guided tour will begin at the Main Street office beside On the Corner Nutrition. You will receive a paper bag, wristband, and map of participating merchants. Any square merchant can participate. Merchants will provide something chocolate to consume in the store or take home. This event is ONLY for ticket holders!

February 11

7:00 pm **I Love You, You're Perfect, Now Change!**

South Jackson Civic Center and Mitchell Museum
404 S. Jackson St.
Tullahoma

Enjoy this musical comedy just in time for Valentine's Day.

February 18

7:00 pm **The Ultimate Oldies '70s and '80s Rock-N-Roll Show**

South Jackson Civic Center and Mitchell Museum
404 S. Jackson St.
Tullahoma

February 24

6:30 am **Annual Tractor Day**

Lincoln County High School
1233 Huntsville Hwy.
Fayetteville

Lincoln County High School celebrates National FFA Week and our agriculture industry. Members drive their tractors to school, and the community is invited to attend.



February 25

8:00 am **Basic Life Support Course**

Lincoln County
Emergency Management
Agency
312 W. Market St.
Fayetteville

For more information
please contact Daniel's
CPR AED and First Aid
Training at (931) 652-9236.

5:00 pm **LC FFA Alumni's Ag's Finest**

Lincoln County
High School
1233 Huntsville Hwy.
Fayetteville

We will be offering
dinner, cake wars,
and a silent and live
auction to benefit the
LC FFA Alumni's effort
to support the LC FFA in
their endeavors.

March 25

8:00 pm **Steel 6 Rocks Mickey's Garage**

Mickey's Garage
Bar & Grill
207 Edison St. W.
Fayetteville

Steel 6 will be playing
all of your '80s favorites,
including AC/DC, Iron
Maiden, Guns & Roses,
Led Zeppelin, Ratt,
Cinderella, and lots
more with a high-energy
rock show.

**For more events
and to submit
an event visit:**

www.GoodNewsMags.com/events
or call (800) 247-7318



Place a call to 811 at
least three days prior
to any digging project.
Tennessee 811 will then
notify Fayetteville Public
Utilities, and we will
locate your underground
utilities for you for free.

**FAYETTEVILLE
PUBLIC UTILITIES**
408 COLLEGE ST. W
FPU-TN.COM | 433-1522



GOOD NEWS SUPPORTERS

We can spread Good News because of our generous advertisers. They help make our world a little brighter. We encourage you to do business with them.

AHC Meadowbrook.....	9	Keith's Tank Service.....	33
Al White Motors.....	17	Landers McLarty Toyota.....	15
Allgas Inc. Fayetteville.....	35	Lincoln Health System.....	67
Badcock Corporation.....	19	Lincoln Manor.....	34
Bagley and Bagley Insurance.....	15, 21	Local Peoples Gas Co.	21
Bank of Lincoln County.....	68	Lynchburg Nursing Center.....	15
Berzett Excavating.....	25	Mountain View Construction Supply.....	33
Bill's Liquor Store.....	55	Mundy Home Center.....	25
BMA Properties.....	55	NDesigns.....	33
Bradford Appliances.....	15	Norman Furniture.....	35
Cahoots Restaurant.....	17	Oakview Apartments.....	55
Carter's Drug Store.....	25	Parker Construction Co.....	19
CFC Recycling Inc.....	17, 34	Proverbs Construction.....	23
Clarks Home Solutions LLC.....	33	Quality First Home Care.....	33
Daly and Son.....	21	Richardson Waste Removal / Richardson Waste Solutions.....	34
Discount Tire.....	23	Robinson Land Clearing.....	57
Dustbusters Cleaning.....	35	Roofing Services Company.....	21
Edward Jones - Fayetteville.....	17	Roscoe Brown Inc.....	8
Elk River Health & Nursing of Fayetteville.....	23	Sabghi Jewelers.....	3
Fayetteville Chrysler Dodge Jeep Ram.....	19	Southern Iron Works.....	34
Fayetteville Lumber & Supply.....	8	Sprays Jewelers.....	4
Fayetteville Public Utilities.....	64, 65	Stan McNabb Chevrolet Buick GMC.....	5
First Bank Fayetteville.....	21	T & L Roofing.....	25
First Community Bank of Tennessee.....	9	Tennessee Valley K9.....	8
First National Bank Fayetteville.....	25	The Webb School.....	9
First United Methodist Church Fayetteville.....	19	Troy Gifford.....	33
FNB Mortgage.....	23	True Discount Lotto Land.....	34
Frito Lay Inc.....	35	Vanderbilt Tullahoma Harton Hospital.....	2
Gallant Riverview Funeral Home.....	25	Watson Barn Rentals LLC.....	55
Higgins Funeral Home.....	7	Zaxby's.....	31
J Paul Richardson & Son.....	57		

Lincoln Health

Cardiology

Cox, William	931-433-2909
Jackson, Ann	1-800-345-5016
Fahrig, Stephen	1-800-345-5016
Kerrigan, Jimmy	1-800-345-5016

Gastroenterologist

Mallipeddi, Dayaker	931-388-8302
---------------------	--------------

Family Practice

Barnes, Larry	931-433-9900
Cline, Richard	931-438-4111
Edwards, William A.	931-438-4111
Gafford, Christopher E.	931-433-7778
Gray, James A.	931-438-4111
Hughes, William D.	931-438-4111
Jones, William R.	931-433-2551
Loiacono, Mike	931-433-2551
Sain, Paul D	931-443-2551
Thelen, Sarah	931-227-4984

Family Practice/OB

Morrison, Theresa T	931-433-2229
---------------------	--------------

Hospitalist

Nedumthottathil, Thomas	931-438-1100
Uzzi, Idowu	931-438-1100

Internal Medicine

Kidd, Charles A.	931-433-2551
------------------	--------------

Obstetrics & Gynecology

Nobles, Michael	931-433-1105
-----------------	--------------

Orthopedics

Bryant, Ginger	931-433-1102
----------------	--------------

Pediatrics

Kidd, Charles A.	931-433-2551
Spears, W. Kyle	931-433-2551

Podiatry

Mitchell, Jeffery	615-814-0885
-------------------	--------------

Pulmonary/Sleep Medicine

Patel, Prakaschandra	931-536-4149
----------------------	--------------

General Surgery

Crump, David B.	931-433-0892
-----------------	--------------

Lincoln Medical Center
Donalson Care Center & Short Stay Rehab
Patrick Rehab - Wellness Center
Lincoln Medical Home Health and Hospice
Lincoln Ambulance Services

931-438-1100
931-433-7156
931-433-0273
931-433-8088
931-438-7407

In the case of an emergency, dial 911

Here's to strong women.

May we know them.

May we be them.

May we raise them.



Bank of Lincoln County

Here Today. Here Tomorrow.

