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Teacher finds power in discovering art in retirement

By Elaine Bean

"Most of my students struggled with reading and math," Sandy Glassman, a former special education teacher, said. "However, many of them were talented artists. I believe in developing a child's strengths so they can reach their potential."

Glassman was a full-time special needs teacher before she retired with her husband to Ocean Pines in 2011. Born in Maryland and raised in Northern Virginia before relocating to Johnstown, Pa., she received a bachelor's degree in elementary education from Old Dominion University and a master's degree in special education from West Virginia University. Glassman became an artist herself only ten years ago when she met an art teacher and fell in love with painting.

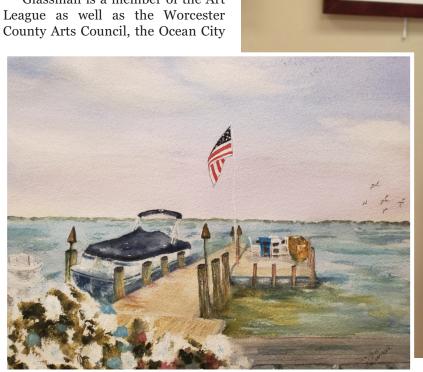
"When I retired, I wanted to learn something new," Glassman said. "Ten years ago, I was a complete art novice. I started with watercolor because my teacher/mentor was a watercolor painter, and then took classes in drawing, acrylic, and oil painting. Since then, I've learned from amazing artists who have encouraged me to develop my own style. Most of my art now is mixed media. I'm inspired by the beauty I see around me every day. I also love intricate shapes that tell a story."

"I have taken classes from both local and national artists at the Ocean City Center for the Arts and have learned and continue to learn from these talented artists," she continued. "I have also gained an art family at the

Art League of Ocean City that I treas-

When the couple retired, Ocean Pines was their first and only choice. "We both vacationed here with our families when we were young and never thought of retiring anywhere else," Glassman said, who paints in her home studio overlooking a creek. "I feel blessed every day to live in an environment of such diverse beauty. I live on a creek, and each day I look out my window because, if I'm lucky, I'll see a bald eagle riding the air currents.

Glassman is a member of the Art



Power Squadron, and the Democratic Women's Club. The artist is an active volunteer in the community, donating her time to events such as ArtX at Northside Park, children's Art Adventure Summer Camp at the Ocean City Center for the Arts, and the Art League's First Friday art opening parties. She has also taught art classes, following in her career as an educator. One innovative class she taught used flower pigments to create paintings. In the other class, she taught students how to incorporate ink designs into watercolor painting.

Glassman also paints original "house portraits" for the Art League's annual Sand Castle Home Tour, a gift to the homeowners who open their doors for the fundraising tour.

"My hope is that I continue to evolve artistically," she said.







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'Four Old Broads' set to hit stage

Riding the wave of a sold-out hit performance of Rodgers & Hammerstein's "A Grand Night for Singing" last November, the Ocean Pines Players (OPP) is poised to get you rolling in the aisles with laughter. The 2022-2023 season is somewhat of a comeback season for the Players. Like many community groups, the recent pandemic limited any face-to-face rehearsals and cancelled more than one event. Recovery has been slow but steadfast, and the current Board of Directors and roster of new members are energized and focused with a three-year strategic plan.

The next production, "Four Old Broads" by Leslie Kimbell and directed by Ed Guinan, is a hysterical mystery. Only a few weeks into rehearsal, the cast itself is still laughing from the quips and hijinks of these ladies. A mystery unfolds with laughter as the denizens of Magnolia

Place Assisted Living try to outsmart the evil Nurse Jones and make it to the Sassy Seniors Caribbean Cruise.

Performances are March 10, 11, 17, 18 at 7:30 pm at St. Peter's Lutheran Church located at 10301 coastal Highway, Ocean City. Tickets are available at: https://oceanpinesplayers.org. All tickets are reserved seating so it's best to buy early and ensure you get the seats you want

Ocean Pines Players is a local all-volunteer 501-(c)(3) charitable organization. For general information about OPP, visit oceanpinesplayers.org or follow us on Facebook Facebook.com/oceanpinesplayers.

"Four Old Broads" is presented by arrangement with Concord Theatricals on behalf of Samuel French, Inc. www.concordtheatricals.com

Las Vegas style stage show to benefit Memorial Foundation

Entertainer Tony Pace will headline a charity event for the Worcester County Veterans Memorial Foundation on Friday, March 10 at the Ocean Pines Yacht Club.

Pace is known as "The Man with the voice ... who just happens to be funny," and is a 40-year veteran of the entertainment industry, frequently seen performing in Las Vegas and Atlantic City. He's been compared to a combination of Andrea Bocelli, Billy Crystal, and Sammy Davis Jr.

In Ocean Pines, organizer Sharyn O'Hare said Pace will pay tribute to iconic artists from the 1960s through the 1980s. "His show is fast, funny, and guaranteed to bring back memories!" she said.

Doors open at 4:30 p.m. and a buffet dinner will be served at 5:30 p.m. The show will start at 7 p.m.

Tickets are \$70 and a cash bar will be provided.

Checks may be sent to WCVMF, PO Box 1576, Ocean Pines, MD 21811.

Tickets are limited and no tickets will be sold at the door. Single tickets are available, or tables of 10 can be purchased.

For more information call O'Hare at 410-603-4777 or sharynop@gmail.com.

Rearview Mirror / Chip Bertino

Doug Parks of Ocean Pines on his 1963 Rambler as told to Chip Bertino.

My first car was a 1963 Rambler four-door sedan. It was light green. My father bought it for me from a friend of the family. I don't know how much it was but my guess is that it was, let's just say, inexpensive.

What I remember most about the car was the front bench seats folded all the way to the back and you could lay down and stretch out.



Stock image of a 1963 Rambler.

Can't dance but will

Dancing has never been one of my strong suits much to my regret. I was born with two left feet. Whether slow or disco or whatever passes as dancing these days, I hear the rhythm of the music but somewhere between my

We went to the stereo. Already on the turntable was a Peter Duchin album, "Peter Duchin His Piano and Orchestra at the St. Regis." I had not returned it to its sleeve following a candlelit dinner I prepared for my wife

for Valentine's Day.

Rhys watched as I hit the start button. The spinning, colorful Decca record label fascinated him. He reacted with big eyes when the first few bars of "It Had to Be You" emanated from the speakers. He was

ears and my feet it takes a wrong turn hooked. With slippered feet and clad in a blue bathrobe I danced him around the room. He smiled many times over as I patted his back in rhythm to the lush sounds of piano

> and orchestral accompaniment. We were in our world and it was very nice. Not once did he comment on my dance moves.

By the time it came time to flip the record, his tired eyes began to get the best of him. Slowly, he drifted off to sleepy time land. As the needle cruised through the grooves of the final song, Johnny Mercer's "Something's Gotta Give," Rhys was nestled in my arms and had settled into that deep, warm sleep

known only to babies. He was the vision of contentment and an overwhelming vision of beauty to his grandfather. In moments like these, it's apparent the hands of a Greater Being are at work.

I cannot trip the light fantastic or cut a rug well, but when those times arise when I can dance with one of my grandchildren, I feel I'm as light on my feet as Fred Astaire. I'll take it.

Author's note: Last week our com-

munity was saddened by the news that Shawn Soper, editor of the Coast Dispatch, succumbed to illness. He was a gifted craftsman who elevated his chosen profession with integrity, decency, fairness and a large dose of talent. His early passing is a tragic loss for his family, his friends and colleagues at The Dispatch and our com-

munity. May he rest in peace.



It's All About. . . By Chip Bertino chipbertino@delmarvacourier.com

never to be heard from again.

Consequently, rarely do I dance publicly and even on those occasions when caution is thrown to the wind, I

dance sparingly. At both my daughter and son's weddings I danced, well let's just say I was on the dance floor while music played, breaking out moves would that have embarrassed Frankenstein's monster.

However, through the years, in the privacy of my

home, there is a dance I enjoy beyond measure. And on a recent Sunday morning, the old moves came back to me as naturally as riding a bicycle.

Early that morning, on her way to work, our daughter-in-law dropped off our five-month-old grandson Rhys, a more beautiful baby than I've ever seen except for his two cousins, his father, and his aunt and uncle. He's in very good and exclusive company. But then again, I'm proudly biased.

When Rhys stays with us, he's often in the arms of my wife (most often) and me. On this morning, when she went to take a shower, my wife reluctantly turned the little Prince over to my enthusiastic embrace. Together we went into the family room. He was looking at me and making those baby faces that every grandfather finds very appealing.









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Not a hill to die on

During the 2/18/2023 OPA Board of Directors meeting, the board approved the budget for fiscal 2023-2024 by adding the topic to the meeting agenda without a prior public announcement. Kinda sneaky. ity's pool. I also believe that failing to over \$100,000 better than last year. raise the aquatics rates will set up a bad situation for next year. Next year costs will continue to increase. And I doubt that the willpower will exist to cover the operating costs. That will



Horn and Daly voted NO - not to approve the budget - in a 5-2 approval

Anyway, the assessment was set at \$883, a \$13 reduction from last year, representing about \$100,000 total in the overall budget of around \$18 million. Any reduction is welcome, and a testament to recent good management. Many believe the reduction should have been greater.

The only major budget battle was over a proposed increase in membership rates for Aquatics, with a number of questionable arguments coming from both sides in terms of the big picture.

Board member Frank Daly wrote on OceanPinesForum.com, "My specific objection was not increasing the Aquatics rate to cover the cost of operations. I felt that doing this penalized every homeowner that did not use the aquatics facilities and the 500+ homeowners in The Parke that pay for the exclusive use of that facilfurther penalize homeowners that elect not to use the aquatics facilities."

Former board member Amy Peck wrote, "Why would this Board not want to capture revenue by increasing amenity membership rates to keep up with inflation? Aquatics expenses are going up so why should non-users subsidize it when it's not necessary if the board would've listened to the operations team, B&F, Strategic Planning Committee and our GM? What is really puzzling is the decision not to raise the boat slip rates when we have 87 slips and 94 on the waiting list."

Former board member Marty Clarke wrote, "The Aquatics budget doesn't make any sense. According to the Aquatics worksheet in the proposed budget, Aquatics made \$9.689 in 2022 and is estimated to make money in 2023. According to the January numbers, Aquatics is actually \$62,757 positive to budget and So, why are they budgeting a loss of \$100,083 with a \$109,297 increase in payroll? Doesn't make any sense!"

Some of Director Collette Horn's comments could be described as Pecksniffian. Horn said she was worried about future costs related to the fire and police department but took a round of applause last year when, as president and in the majority, all board members voted to reduce the assessment by \$100.

Director Stuart Lakernick said during the board discussion, "John [Viola] and his team have done amazingly well in running our businesses."

Let's be lower-case frank. Aquatics budget and memberships were a major issue for newly elected board member Stuart Lakernick. Stuart's fellow majority members gave him what he wanted. Jacobs voted to approve the budget as well, joining the board majority in doing so.

In terms of the overall budget, the big Aquatics debate was rather meaningless. Some of the arguments made on both sides were various shades of nonsense spouted by various board members over the past 30+ years. The fixed income ruse. The inflation ruse. The talking to poor lot owners in food stores ruse The must-breakeven ruse. The weather ruse. The fear of the unknown ruse. Those and more were on full display for the umpteenth time. Comedy acts, if truth be

While some of the concerns expressed related to Aquatics are worthy of discussion, any outrage is purely political.

Back in 2005, this commentator suggested the board just pass budgets proposed by the General Manager since after the Budget & Finance Committee review, the board review, and all the weeping, wailing and gnashing of teeth, the passed budget was generally only changed by about one percent. Still true. In a nearly \$18 million OPA budget, \$150,000 or so in the Aquatics budget is not a hill to

That said, debating these issues is the OPA national pastime and I love every game.

RWWC to host card party

The Republican Women of Worcester County will host a Card and Game Party Luncheon on Thursday, March 23 from 11 a.m. to 2:30 p.m. at The Grand Hotel Terrace Room located at 1200 Baltimore Ave. in Ocean City. The cost is \$30 per person. Please call Merilee Horvat at 410-641-6110 to make your luncheon selection and for more information.

According to the National Occupant Protection Use Survey conducted by the National Highway Traffic Safety Administration, the prevalence of drivers using handheld cell phones at any given daylight moment decreased from 5.2 percent in 2012 to 2.5 percent in 2021. Though that's seemingly good news, the danger of combining

> devices and driving remains. In fact, the NOPUS found that the percentage of drivers manipulating handheld electronic devices increased from 1.5 percent in 2012 to 3.4 percent in 2021. Activities that fall under the umbrella of manipulating handheld electronic devices include text messaging, a behavior that an overwhelmingly high percentage of drivers recognize is dangerous. But in spite of 96 percent of drivers acknowledging in a recent AAA survey that texting or emailing while driving is a serious or very serious threat to their safety, nearly

40 percent of drivers admitted they had read a text or email while behind the wheel. In addition, 29 percent of survey respondents admitted to typing a text message or email while driving.

Courier

In one of the most dramatic upsets in Olympic history, on February 22, 1980, the underdog U.S. hockey team, made up of college players, defeated the four-time defending gold-medal winning Soviet team at the XIII Olympic Winter Games in Lake Placid, New York. The Soviet squad, previously regarded as the finest in the world, fell to the youthful American team 4-3 before a frenzied crowd of 10,000 spectators. Two days later, the Americans defeated Finland 4-2 to clinch the hockey gold.

Chip Bertino Publisher/Editor

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WPS Swim Team - The first Worcester Preparatory School (WPS) swim team pictured at the Varsity Swimming Inaugural ESIAC Conference Meet. In the front from the left are Mia Jaoude, Jack Wells, Lena Parker, Gabriella Damouni, Meeta Agarwal and WPS Swim Coach Kristina Watts. In the back row from the left are WPS Athletics Director Matt McGinnis, Jude Damouni, Will Wells, Jacob Lev and Bella Fernley.

What is Lent and why is it important?

Each year Christians embark on spiritual journeys that culminate with Easter celebrations. Easter is preceded by a period of six weeks that begins on Ash Wednesday in Western churches and ends the Thursday before Easter Sunday. In Eastern churches only, Lent begins on the Monday of the seventh week before Easter and ends on the Friday nine days before Easter.

During Lent, Christians participate in fasting, repentance, self-denial, spiritual discipline, and other preparations for Easter. According to the resource Learn Religions, the Lenten season was established to serve as a time for reflection on Jesus Christ, particularly to be more aware of his suffering and sacrifice.

On Ash Wednesday, some Christians mark their foreheads with ashes made from palm fronds, as symbols of sorrow and mourning for their sins. Periods of fasting and abstinence also are part of Lenten observances. The fasting likely serves as an imitation of Jesus Christ's fasting in the wilderness for 40 days and nights before beginning his public ministry. During that time, Christ was tempted by Satan and wrestled with temptation.

During Lent, individuals also prepare simple meals and avoid ingredients that would be considered luxurious. In accordance with that, Fridays during Lent are set aside as meatfree (including poultry) since meat long has been considered an indulgence. Furthermore, people often "give up" something they enjoy, whether it[s sweets, alcohol or celebratory behaviors. Sundays throughout Lent are excluded from the fasting and abstinence requirements because they are times to enjoy Mass, which is a celebration. Therefore, if one gave up chocolate for Lent, he or she can enjoy it on Sunday.

Lent is supposed to be a time of repentance, but not shame. Instead, sinners seek cleansing from their sins and contemplate what the Lord did when He sacrificed himself on the cross. Protestants also take part in Lent, but Catholic churches are particularly associated with the more well-known Lenten requirements.

Parishioners may notice that Mass is different during Lent. The Gloria, a prayer normally used after the penitential rite near the beginning of the service, is omitted. Furthermore, suppression of the word "Alleluia" also occurs, and any hymns containing the word "Alleluia" are avoided.

In 2023, among Western churches, Lent begins on Wednesday, February 22 and ends on Thursday, April 6. Easter will be celebrated on Sunday, April 9.

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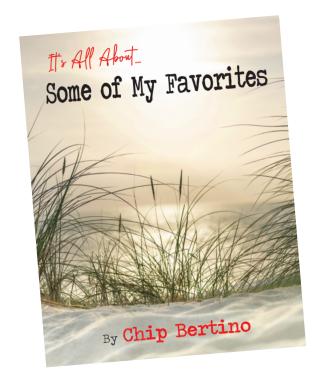
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AGH is fully operational

Atlantic General Hospital officials confirmed last week that their outpatient walk-in lab and outpatient imaging department are open and fully operational.

The hospital experienced a ransomware incident on January 29, with limited interruption to patient care. Hospital leadership was alerted to the event when the organization began experiencing technical difficulties, resulting in a disruption to certain computer systems. Since the onset of the event, hospital officials have worked with forensic investigators and their cybersecurity consultants to assess the overall impact of the event and restore all network systems.

Throughout the event the hospital continued to safely provide care for inpatients, those in need of emergency services, patients in the primary care and specialty offices through the Atlantic General Health System and those in other ancillary locations such as the wound center, cancer center and behavioral health crisis center, and conduct elective

and emergency surgeries using downtime procedures.

Operations were affected in the organization's outpatient walk-in lab and imaging departments during the incident, however, as of Monday, January 13, both areas are once again open and fully operational.

AGH leadership continues to work with their incident response specialists and reported the event to the FBI. Collaboratively, they are actively investigating to determine whether any sensitive data may have been impacted. The investigation is ongoing.

RWWC to host meet and greet

The Republican Women of Worcester County invite you to a Meet & Greet Happy Hour on March 3 at Fager's Island from 5 p.m. to 7 p.m. There will be a cash bar. Come meet and socialize with other Republicans and bring a friend. All are welcome.





Art night - On Friday, February 10, the Ocean City Elementary PTA held a Paint Night for students and their families. Pictured are **Cheeky Vitjathorn, Morgan Connolly, Everly Hill** and **Noelle Diesel** from Laura Black's kindergarten class.

Film Festival opens March 2

The Ocean City Film Festival kicks off its 7th season with an opening night of films with local interest on March 2, 7 p.m. at the Ocean City Performing Arts Center. "Local's Night" will feature special \$10 walk-in tickets with no prior reservations required. Doors open at 6 p.m., with open seating.

Two short films with Worcester County connections will be featured at the PAC, along with a question-and-answer session afterward, moderated by Maryland Film Office Director Jack Gerbes, with the filmmakers and crew of "Hedgehog" and a special message from John Chester, director of "Biggest Little Farm: The Return."

"Hedgehog" was filmed locally by Unscene Productions at Mariner's Country Down in Berlin. The 17-minute film tells the story of six-year-old Nina who is sent to her grandmother's remote village in Ukraine when the war starts. In the shack outside, Nina discovers a badly wounded Russian soldier.

The film was directed by D. Mitry, who was born in the former Soviet Union. "'Hedgehog' was made by people of different ethnic backgrounds and nationalities including Egyptians, Romanians, Mexicans, Finish, Spanish, Austrians, and former residents of USSR, Russia, Ukraine, Kazakhstan, and Belarus," he said. "I am incredibly thankful that people of so many na-

tionalities got together to support Ukraine and to tell this beautiful story about the responsibility of being human to each other, especially during tough war time like this."

Ocean City native John Chester takes us back to his sustainable California farm in "The Biggest Little Farm: The Return." After the success of his feature film that showed to a packed house at the Ocean City Performing Arts Center as part of the Film Festival in 2019, Chester returns with his new 29-minute Disney+ Earth Day special from National Geographic. Based on the 2018 award-winning documentary that introduced the story of John and Molly Chester, who abandoned their urban life in Los Angeles to live on a barren farm and grow delicious food in harmony with nature, the new film updates us on the farm's current sustainability.

Following the films, Seacrets Morley Hall will host an Opening Night After Party where film goers can mingle with the filmmakers and stars. The after party features happy hour prices and discounted light fare. Patrons must be 21 or older to attend.

Admission to the Thursday opening day events is also available by purchasing a 4-day pass that allows admission into all of the events of the

please see **festival** on page 13



What is direct access?

By William "Billy" Hamilton Jr., DPT, CHT

The biggest secret in healthcare that insurance companies don't want

you to know about, Direct Access.



Billy Hamilton

Direct Access to physical therapy means that you can seek evaluation and treatment without a referral from your doctor. A question I frequently receive about direct assess is,

"will my insurance cover it"? The simple answer is YES! Every state has different levels of limitations to direct access, but here in Maryland there are "no restrictions." I do have to add that there are a couple insurance companies that do require a primary care referral for physical therapy treatments. However, these do not include most of the major private health insurance companies and Medicare.

Another question that has been asked, are physical therapists qualified to deliver services independent of a physician's referral? I believe the American Physical Therapy Association (APTA) answered this best by stating, "Physical therapists are educated at the post-baccalaureate level and receive extensive education and clinical training in the examination, evaluation, diagnosis, prognosis, and intervention of patient/clients with functional limitations, impairments and disabilities.'

In fact, it is legal in all 50 states for a physical therapist to make a diagnosis. Physical therapists diagnose every patient they evaluate in order to prescribe the most effective treatment plan of care. Physical therapists are also educated in differential diagnosis,

which means we can determine whether you need to be referred to another specialty other than physical therapy for appropriate evaluation and treatment.

Direct Access has many benefits, I will mention a few of the more important and relevant ones here. First, direct access can reduce the overall financial burden on the healthcare system. It is well documented that delays in treatment end up resulting in overall higher costs as acute conditions become more chronic. Secondly, Direct Access gives you the ability to be seen by a physical therapist and receive treatment quickly. Many times, you may be able to be evaluated the same day that you call a physical therapy clinic. This ability to begin treatment quickly can reduce the overall time needed for successful treatment. This not only saves money as previously mentioned but can get you back to your normal daily and recreational activities much faster. Thirdly, performing physical therapy treatments closer to the onset of your symptoms can greatly improve your overall functional outcomes. Meaning the sooner an issue can be evaluated and treated, the more likely it is that the highest maximum outcome is achieved.

In closing, remember that Direct Access gives you the power to take control of your physical health by calling your physical therapist directly for treatment. If you're having an issue you believe can be helped with physical therapy, give your therapist a call

William "Billy" Hamilton Jr., DPT, CHT is wwner of Hamilton Physical Therapy in Ocean Pines. He can be reached at 410-208-3300 Billy@HamiltonPTcares.com.

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CLUES ACROSS

- 1. Sea grape
- 5. European public health group (abbr.)
- 9. A way to delight
- 11. Appetizers
- 13. Ancient heralds' wands
- 15. Make a booking
- death do us part
- 17. Pearl Jam frontman
- 19. Spider genus
- 21. Fill with high spirits
- 22. A major division of geological time
- 23. Catch
- 25. An independent ruler or chieftain
- 26. Electronic music style (abbr.) 27. Influential Spanish cubist
- 29. Illegally persuades

- 31. A way to derive
- 33. British School
- 34. Appear alongside 36. Surely (archaic)
- 38. Harsh cry of a crow
- 39. A day in the middle
- 41. Kansas hoops coach Bill 43. The longest division of
- geological time
- 44. The first sign of the zodiac
- 46. Appetizer
- 48. Link together in a chain
- 52. A bacterium
- 53. In a way, forces apart 54. Cheese dish
- 56. Combines
- 57. In an inferior way 58. Colors clothes
- 59. Dried-up

CLUES DOWN

- 1. Gastropods
- 2. Confusing
- 3. Romanian monetary unit
- 4. The rate at which something proceeds
- 5. A prosperous state of well-being
- 6. Asked for forgiveness
- 7. Makes less soft
- 8. Part of speech
- 9. Outside
- 10. Advice or counsel 11. Badness
- 12. Protein-rich liquids 14. Not moving
- 15. Call it a career
- 18. Poetry term 20. Not wide
- 24. Pastries

- 26. Turns away
- 28. Satisfies
- 30. Gift adornments
- 32. San Diego ballplayers
- 34. Manufacturing plant
- 35. Check or guide
- 37. Dogs do it
- 38. Chilled
- 40. Scorch
- 42. Unproductive of success 43. Electronic counter-
- countermeasures
- 45. Attack with a knife
- 47. Feel bad for 49. Enclosure
- 50. Assert 51. Geological times
- 55. Midway between east and southeast

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M A P B A S S

Answers for February 15

Make your dog a better leash-walker

Walking a dog on a leash is required by law in many towns and cities. Leashing a dog prevents the animal from trespassing on neighbor's property and keeps it from jumping on people or other animals.

A leashed dog can be restrained from sniffing the waste of other ani-



mals, which may help curb the spread of diseases like distemper or parvo. Leashing also can reduce the propensity for the dog to run away from an owner and get lost.

Despite the benefits of walking dogs on a leash, some dogs are not too keen on the idea. Puppies may acclimate to it over time, but circumstances can make any dog want to escape a leash. The following are some issues that may arise and how to remedy them.

Pulling. The vast assortment of collars and harnesses billed as "no pull" suggests the issue of dogs pulling on the leash is common. Dogs on leashes that are too long may be distracted and pull more readily. Start out with a short leash and only allow a longer slack when the dog has exhibited an ability to walk diligently on the shorter leash.

Rather than punish bad behavior like pulling, many dog trainers recommend rewarding the good behavior, such as walking without pulling at your side. This praise can be delivered verbally and with plenty of treats.

Lunging and leash reactivity. Dogs may behave differently on a leash than they do when off them. Most dogs who lunge at passersby or bark or snarl may actually crave the attention of other companions but not have the social skills to engage in a proper meet and greet, according to the American Kennel Club. Should the dog be off-leash, he or she may not behave in the same way.

Lunging and other behaviors may stem from aggression, but it's more likely a cause of fear, says the AKC. It's a mentality marked by an "I'll get that thing before it gets me" outlook designed to make the feared person, dog or object go away. A leash also may cause frustration that the dog can't get to a desired pet or person, and the animal loses emotional control.

A trainer can help owners learn to distract the dog on the leash from others with high quality treats. Strategies to remove leash tension also can cut down on leash reactivity.

Right equipment. Dog owners can experiment with gear to make leashwalking go more smoothly. Traditional collars may put too much pressure on a dog's throat, particularly those who pull. A harness can be a better option. Gentle leaders are a type of head gear that enables pet owners to redirect their dogs more readily. Because they resemble muzzles, some owners may hesitate to use them despite their efficacy. Front clip harnesses and correctional collars might help as well. Consult with a veterinarian or trainer for the best options.

It pays to invest some time teaching dogs to walk calmly on leashes.



Did you know?

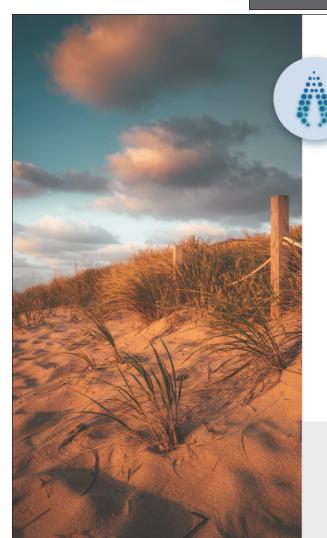
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From Senator Mary Beth Carozza

Maryland General Assembly Update

The Senate Budget and Taxation Committee voted unanimously in favor of Senate Bill 68 on Thursday.



Senator Mary Beth Carozza

The purpose of the bill is to allow members of the Crisfield Police Department to participate in the Law Enforcement Officers' Pension System.

"This is a local priority bill that is absolutely essential to the recruitment and retention of the

Crisfield Police Department," said Senator Mary Beth Carozza, who represents Worcester, Wicomico, and Somerset Counties. "This will allow the Crisfield Police to remain competitive during a rampant law enforcement shortage across the Shore and the State of Maryland."

The Senate Budget and Taxation Committee also voted unanimously in favor of Senate Bill 244 on Friday. The purpose of the bill is to ensure that Lena Williams, the widow of Correctional Officer Gregory Collins, is allowed to apply for the special death benefits established in Senate Bill 198. Due to a time restriction, Ms. Williams was left unable to apply.

"Lena Williams and her family have suffered for years after the brutal murder of her husband, Correctional Officer Greg Collins who served our state with honor in a dangerous job and ended up making the ultimate sacrifice," said Carozza. "We have an obligation to Ms. Williams and her family to ensure that this special death benefit is available to this family."

The Senate Education, Energy, and Environment Committee voted unanimously in favor of Senate Bill 246, which will enable Wicomico County to create a Sanitary District Commission which is the first step for Wicomico County to implement its Water and Sewer Master Plan which was finalized in 2021.

Senate Bills 68, 244, and 246 will be brought to the Senate Floor for a full vote next week.

Carozza votes no in committee on confirmation of DJS Secretary

Senator Carozza (R-District 38), along with her fellow Republican members of the Senate Executive Nominations Committee, voted against the nomination of Vincent Shiraldi as Secretary of the Maryland Department of Juvenile Services.

Senator Carozza sharply questioned the Acting Secretary during his nomination hearing on Monday. "Public safety is job number one, for all of us involved, and we talked a little bit about the balance, and I have to tell you many of my constituents believe that the balance right now in society, between rehabilitating the offender and protecting the general public, is out of whack," Carozza. "Many in Maryland don't believe we're doing enough to protect them against violent offenders and violent juveniles; so, my question is, what are your specific plans and approaches to violent juve-

There are severe concerns that the nominee's radical reform philosophies, including treating 25-year-olds as juveniles and closing juvenile detention facilities, would further exacerbate an out-of-balance system that treats offenders as the victims and neglects the true victims' right to justice. The full Senate is expected to vote on the DJS Secretary nominee on February 21.

Carozza bill requires negligent and reckless driving causing death must appear in court

Senator Carozza and Executive Director Bob Spanburgh of ABATE of Maryland testified in strong support of Senate Bill 252 before the Senate Judicial Proceedings Committee on Wednesday. The purpose of the bill is to require that a person charged with reckless or negligent driving which contributed to the death of another must appear in court.

Under current law, if someone is charged with reckless of negligent driving even when they are involved in a fatal accident, they do not have to appear in court. They are charged with a misdemeanor and subject to a maximum fine of \$1,000, and they

can pay this fine without ever appearing before a judge or facing the loved ones that are left behind.

"Being able to face the person who caused such pain often plays a major role in the healing process and requiring that person to show up in court provides a safe environment," said Carozza. "These types of cases, where there is a victim, should not be treated the same as a victimless vehicle accident."

Bill creates anaerobic digestion workgroup

Senator Carozza, with a panel of experts in anaerobic digestion, testified in strong support of Senate Bill 447, which would create a workgroup composed of all the stakeholders to identify recommendations for the thoughtful expansion of anaerobic digesters throughout the State.

Anaerobic digestion is a process through which bacteria breaks down organic matter, such as animal manure, wastewater biosolids, and food wastes. This process creates a product known as biogas, and when purified, biogas is a renewable energy that can be used to provide heat, generate electricity, fuel our vehicles, and create other energy products.

"Anaerobic digestion is hugely beneficial to our farmers in ways that more traditional waste management systems simply do not offer," said Carozza. "Both Planet Found in Pocomoke City and CleanBay Renewables in Princess Anne provide a sustainable, manageable agricultural biproduct."

Senate Bill 447 is supported by the Maryland Department of the Environment, the Delmarva Chicken Association, the Maryland Farm Bureau, and Maryland Coastal Bays.

Locals in Annapolis

Several local officials visited Annapolis this week including Ben Seidle of Real Hospitality of Ocean City for his confirmation hearing to serve on the Maryland Tourism Development Board; Wicomico County State's Attorney Jamie Dykes and Wicomico County Sheriff Mike Lewis; Mayors Rick Meehan of Ocean City, Mike Pruitt of Snow Hill, Jack Heath of Salisbury, Zack Tyndall of Berlin, and Darlene Taylor of Crisfield for the Maryland Municipal League conference; Michael Hall of Ocean Downs Racetrack; Thomas Spangler of CleanBay Renewables in Westover; local librarians Jennifer Ranck of Worcester, Ed Goyda of Somerset, and Seth Hershberger of Wicomico; local dentists Dr. Greg Allen of Ocean City, Dr. Celeste Ziara of Chesapeake Health in Salisbury, and Dr. Joe Merai; and local members of the Alzheimer's Association including Jennifer Schermerhorn of Salisbury University and SU intern Morgan Todd.

Senator Carozza also welcomed William Kozma, a senior at Stephen Decatur High School who participated in the Maryland General Assembly Page Program this week, to the Senate Floor and her Annapolis office.

Coming up

Both the Senate Finance Committee and the House Economic Matters Committee will be having their Alcohol Bill Day next week. Senate Bill 135, which would enable business to sell and serve beer, wine, and liquor at an entertainment event that is held in Ocean City if it is approved by the Mayor and City Council, and Senate Bill 795, which would allow cigar lounges in Wicomico County to sell liquor, will be heard on Friday.

Chamber Community Expo returns

The Ocean Pines Chamber of Commerce will host its annual Spring Community Expo at the Ocean Pines White Horse Park on Saturday, April 29 from 9 a.m. to noon. The rain date is the same time on Saturday, May 6. New this year will be J3 Mobile Shredding who will be onsite to shred documents for free

Exhibitor tables are available for \$175 for businesses and nonprofits with more than nine employees. Government agencies and nonprofits with nine or under employees are \$75. The event is free for the community and coincides with the Ocean Pines Farmers and Artisans Market.





SDMS Builders Club Blanket Project

There's a student Kiwanis Club at Stephen Decatur Middle School (SDMS) known as the Builders Club. It's sponsored by the Kiwanis Club of Greater Ocean Pines - Ocean City. One of the objectives is for the members to learn how to serve their community. Mindy Quellet has been the SDMS teacher advisor for the club since its inception. Kiwanian Sue Wineke is the Kiwanis advisor to the club. Sue Wineke is shown with Kiwanis Club President Bob Wolfing, displaying one of the 30 beautiful blankets the students are making as gifts for Diakonia for Mother's Day and Father's Day for residents.

festival

from page 9

festival March 2-5, with the exception of the John Waters' performance on Saturday at Ocean Downs Casino. Tickets are available OCMDFilmFestival.com

The festival is offering discount codes for single- and multiple-day passes to essential members of the community including first responders, military members, students, and Art League members. Enter discount code "ThankYou2023" when purchasing tickets.

The 7th year of the festival will showcase more than 70 independent films in multiple genres at iconic Ocean City locations over the four-day festival. Legendary filmmaker John Waters headlines the festival with a special spoken word performance on

Saturday night at Ocean Downs Casino

Complete information about the festival, including a list of films, parties, Q&As, and events is available at OCMdFilmFestival.com. Passes are available for one day of films and parties, four days of films and parties, and individually-sold John Waters tickets. Also listed on the website are special, off-season hotel rates for festival goers.

The Film Festival is an initiative of the nonprofit Art League that produces the festival annually along with broad support from the Town of Ocean City, Ocean Downs Casino, The State of Maryland Film Office, and the Ocean City community.

More information is available at OCMDFilmFestival.com, OCart.org, or by calling 410-524-9433.

Wor-Wic program earns reaccreditation

The Commission on Accreditation in Physical Therapy Education has reaccredited the physical therapist assistant (PTA) education program at Wor-Wic Community College for a period of 10 years.

The reaccreditation follows a study and on-site review of the program to ensure that it meets or exceeds standards and criteria for educational quality in PTA curriculum and prepares students to work successfully in the profession upon graduation.

"The reaffirmation of accreditation for Wor-Wic's physical therapist assistant program reflects our commitment to program excellence on behalf of our students and the community they will serve upon graduation," said Dr. William J. Bails, department head and associate professor.

To learn more about the program, visit www.worwic.edu and click on "Programs and Courses."

Community Expo returns

The Ocean Pines Chamber of Commerce will host its annual Spring Community Expo at the Ocean Pines White Horse Park on Saturday, April 29 from 9 a.m. to noon. The rain date is the same time on Saturday, May 6. New this year will be J₃ Mobile Shredding who will be onsite to shred documents for free.

Exhibitor tables are available for \$175 for businesses and nonprofits with more than nine employees. Government agencies and nonprofits with nine or under employees are \$75. The event is free for the community and coincides with the Ocean Pines Farmers and Artisans Market.

The PTA program at Wor-Wic is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 3030 Potomac Ave., Suite 100, Alexandria, Virginia 22305-3085; telephone: 703-706-3245; email: accreditation@apta.org; website: www.capteonline.org. If needing to contact the program/institution directly, please call Bails at 410-334-6766 or email wbails@worwic.edu.

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Southgate - Ocean Pines

(Manklin Creek & Ocean Pkwy)



Boar's Head Meats

Some things to think about

Gathered from the internet by Jack Barnes

True story

George Phillips, an elderly man from Walled Lake, Michigan, was going up to bed, when his wife told him that he'd left the light on in the garden shed, which she could see from the bedroom window. George opened the back door to go turnoff the light, but saw that there were people in the shed stealing things.

He phoned the police, who asked "Is someone in your house?"

He said "No," but some people are breaking into my garden shed and stealing from me."

Then the police dispatcher said "All patrols are busy. You should lock your doors and an officer will be along when one is available"

George said, "Okay." He hung up the phone and counted to 30. Then he phoned the police again.

"Hello, I just called you a few seconds ago because there were people stealing things from my shed. Well, you don't have to worry about them now because I just shot and killed them both; the dogs are eating them right now," and he hung up.

Within five minutes, six Police Cars, a SWAT Team, a Helicopter, two Fire Trucks, a Paramedic and an Ambulance showed up at the Phillips' residence, and caught the burglars red-handed.

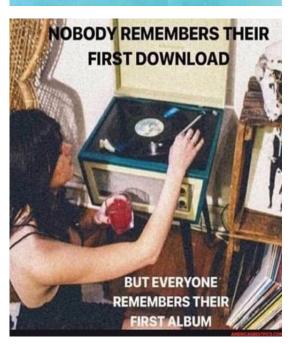
One of the Policemen said to George, "I thought you said that you'd shot them!"

George said, "I thought you said there was nobody available!"

"Kids today don't know how easy they have it. When I was young, I had to walk 9 feet through shag carpet to change the TV channel."

Threw out my back sleeping and tweaked my neck sneezing so I'm probably just one strong fart away from complete paralysis.

One of the weirdest things about being an adult is having a favorite stove top burner. No one ever talks about it, but y'all know it's true.





Why is it so much easier to fall asleep on the couch unintentionally than to fall asleep in bed intentionally?

You'd think that the part of the brain that used to remember phone numbers would take over remembering passwords! But Noooo!!!



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