

# Summer CAMP

A D V E N T U R E

MARCH 2023

COUNTY  
**KIDS**

NAVIGATING POST-PANDEMIC  
ANXIETY BEFORE CAMP PAGE 2

MARK YOUR CALENDARS FOR  
THE KIDSHOW! PAGE 3



# Family Matters with Amber

## Navigating Post-Pandemic Anxiety Before Camp

It's hard to believe Spring is almost here. We've had an odd winter. The weather has been flip-floppy; unseasonably warm, teasing us with promises of a mild winter, then flipping the switch, wind chills in the negative numbers delivering and blizzards out of nowhere, only melting the next day leaving heaps of mud behind. I'm not a fan of Spring for that last reason, but I'm welcoming it this year. I love snow, yes, but I'm kind of sick of the cold. (Oh boy, I'm starting to show my age.)

With the new season, also comes time for kids to go away to camp! Take a deep breath Mom and Dad...it's going to be okay...especially for those yearning for a break from their brood. Some parents though, will not be ready at all. I know that the children with anxiety will also be having a difficult time.

All three of my kids used to go to camp with our church. The oldest was shy, the middle social, and the little one was a combination of the two but had a desire for adventure. As you can imagine, it was an adjustment for the oldest, easy for the middle ("See ya, Mama!"), but for the youngest it was a bit of a mix I didn't expect. My baby, Jay, was a Mama's boy. We were, and still are, very close. His anxiety, unbeknownst to me, prevented him from doing a lot of things easily (I didn't recognize this until two years ago when he bowed out of learning how to drive). He is the one I had to do the most prepping for when it came to trips away from home.

It seems that since the pandemic there is even more fear and uneasiness in children than prior years. It's sad, yes, but I see it as an opportunity to teach something. That something is three-fold: courage, resiliency, and perseverance. Life is not without scary things, and that's not going to change, but we can assist kids through life's greatest fears with empathy and preparation.

I was talking to a fellow mom of a pre-schooler recently, who said that because her daughter is a pandemic baby, she has



a lot of anxiety around people and peers. Being an only child, paired with lack of socializing early on and spending most of her time with adults, has caused several issues in social settings. I hadn't thought about this much, as my children are older and have different stages of anxiety that are not due to the pandemic. It made me think, this is probably very common and difficult for children who were born or adopted in the last three years. Lifestyles changed and life as we knew it did as well. Things have somewhat gone back to normal for us, but for kids it might not be the norm, it might be the unfamiliar (and scary).

I was interested in her experience, and what she was dealing with. I had a million questions. The most important one was, "How are you responding to and handling all of the issues that have happened with your daughter?" Here are some things I learned, and I hope they might help you and your child navigate their trip to camp or their next big social experience.

**If they're interested in doing something, talk with them about it, just ask them to try it and sign them up! Then encourage them, comfort them, but don't completely let them back out.**

**Example:** This mom signed her child up for the three classes she was interested in. Upon arriving to them, if anxiety hit, they remained in the lobby or just outside

the door of the class. As the teacher approached, or the child peered in to see the group already engaging in activities, it helped inspire her to go in and participate too. The mom did this with each class and did not leave, even if the child pouted or sat on the floor outside the room. Afterward, driving home they joyfully discussed the class. The child was happy and confident about what she just accomplished.

**Get over what others think. This is your child and you, it's not about anyone else. Focus on your child and not on the audience (in 10 years it's not going to matter anyway).**

**In one of the above instances,** Mom and child were in the lobby and there were chairs full of onlooking parents. While the child went through the stages of fear and tears (which does sometimes happen), Mom worried how it looked to others. However, with patience, confidence, and persistence, the mom kept cool and continued to be supportive and the child went into class and had a wonderful time. (Mom did say this was the hardest part of all, but she would do it again.)

**Let your child know that you are there for them. This requires lots of communication, a little planning, and follow-through.**

**The topmost example in this one is to listen.** There very well could be other reasons aside from fear or anxiety that is causing them apprehension, but if any dangers, bullying, or abuse are ruled out, just have compassion (not pity) for their feelings. Support them by explaining that you will be there, and they need not worry; whether you are just outside the door, in the lobby, sitting in the car outside the building in the parking lot, or a phone call or text message away. Even at camp the counselors/leaders have our cell #'s. More than once I've had my son call home just to say "Hi and goodnight" ... after a few times he didn't need to and was

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**MARCH 2023**

Choose your own adventure with summer camp. Geauga Park camp cover photo by Ellie Benedict

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# One BIG Day for One REALLY BIG KidShow

## The KidShow returns to Great Lakes Mall on March 25th

Known as Northeast Ohio's best and longest running free kids event, the KidShow returns Saturday, March 25 (11am-6pm) for the 24th year to Great Lakes Mall for a one-day event.

Each year thousands of families from all over Northeast Ohio attend the event seeking resources for kids' services and products. The KidShow is perfect for companies who want to reach parents, parents who are seeking services and products for their families and kids who like to have fun!

Parents look to see schools and day-cares, sports and entertainment, health and fitness, home and financial, music and activities, camps, vacations and just about anything and everything having to do with kids. Complimenting the wide variety of exhibitors, there will be plenty of fun, activities and entertainment for the kids, making it a family experience!

New this year is the KidShow Pet Zone sponsored by What the Raw? featuring a variety of exhibitors for pet products and services. "Pets are such a big part of the family that we felt it was time to devote an area for our furry and reptile friends," states KidShow Owner, Patty Perry. We are also adding a Camp Area and Magic Fun Spot. Returning will be the Meet the Author Corner, Kids Activity Counter



and Cookie Art Contest for local bakers. Come early to get one of the 500 goody bags distributed at the top of the food court. One lucky bag holds a red envelope containing a Bundle of Family Fun - Tickets and Experiences in Northeast Ohio. Check out all the KidShow details and entertainment at [KidShowInfo.com](http://KidShowInfo.com). Exhibit spots are available by calling ProMark at 440.974.1198 or visiting [www.KidShowInfo.com](http://www.KidShowInfo.com) and clicking "Exhibit at the KidShow."



and reptile friends," states KidShow Owner, Patty Perry. We are also adding a Camp Area and Magic Fun Spot. Returning will be the Meet the Author Corner, Kids Activity Counter

## Readers of all ages are invited to participate in Willoughby-Eastlake Public Library's 2023 Summer Reading Challenge.

### This year's theme is All Together Now!

Program runs May 30-July 22 and will include free events and activities for everyone. The library will offer a wide variety of programs, including storytimes, Dino in Ohio and other animal adventures, teen gaming clubs, arts and crafts, author events and much more!

The 2023 Summer Reading challenge is open to children, teens and adults. Participants will have the chance to earn rewards and enter to win prizes including gift cards, books and more.

Summer reading events are designed to encourage children to maintain their reading skills during summer break and prevent the "summer slide."

Pre-register through Beanstack or at any Willoughby-Eastlake Public Library beginning May 22.

For more information, visit [www.WE247.org](http://www.WE247.org) or stop by any of our four convenient locations:

Eastlake Public Library, 36706 Lakeshore Blvd., Eastlake, 440-942-7880

Willoughby Public Library, 30 Public Square, Willoughby, 440-942-3200

Willoughby Hills Public Library, 35400 Chardon Rd., Willoughby Hills, 440-942-3362

Willowick Public Library, 263 E. 305 St., Willowick, 440-943-4151



## Saturday, March 25<sup>th</sup> - 11am - 6pm

### One BIG day for One REALLY BIG Event!

Macaroni KID  
Cleveland East

Women's Journal  
Lake-Cuyahoga

THE NEWS-HERALD  
www.News-Herald.com

Parent

mimi  
Pam & Susan Manning

eLake News  
Local News, Events & Offers

Magic 102.5

Cleveland  
MAGAZINE

Mentor  
NISSAN

Cleveland Clinic Children's



Like us on Facebook

For more information or to Exhibit Contact

PROMARK ENTERPRISES, LLC  
EVENT PRODUCER  
440-974-1198  
pat@usepromark.com

For more info: [KidShowInfo.com](http://KidShowInfo.com)



# Mentor Safety Town



Presented by the Junior Women's Club of Mentor  
A Safety Awareness Program  
For Children ages 4-5-6

### NEW Location

Ridge Elementary School  
7860 Johnnycake Ridge Road, Mentor, Ohio

### Dates

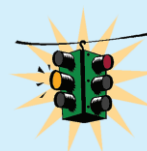
Session 1 ..... June 5<sup>th</sup> - June 9<sup>th</sup>  
Session 2 ..... June 12<sup>th</sup> - June 16<sup>th</sup>

### Morning and Afternoon Classes

9:00 a.m. - 11:15 a.m.  
12:00 p.m. - 2:15 p.m.

Mail-in Registrations accepted  
February 15, 2023 through April 15, 2023

Forms available at the Mentor Public Library or visit our website at [www.mentorjuniorwomen.org](http://www.mentorjuniorwomen.org) and download the form.



Fee \$40  
(After 4/15 \$45)



## Experience the outdoors at Girl Scout Camp

Summer is just around the corner, and it's time to start planning your girl's next big adventure. The best part is, all girls are welcome — no Girl Scout experience necessary!

Girl Scouts are a force of nature. They were meant for outdoor adventures. Your girl is ready to rediscover the world – to disconnect from technology and embrace the freedom of the woods, the sky, and water.

Every camp adventure is different, but that doesn't mean your camper won't get a well-rounded experience! From archery, low ropes, campfire cooking and exploring nature, your girl will experience everything that makes camp, feel like camp. Whether for a day, a week, or lon-

ger, Girl Scout camp gives girls an opportunity to grow, explore, and have fun under the guidance of caring, trained adults.

We have a camp for every girl! We offer one-day programs and week-long day camps. We also have week-long resident camps at Camps Ledge-wood and Timberlane.

If she loves the water, Splish Splash may be her perfect Day Camp, but if she loves science, maybe Candyland is the perfect Week-long Day Camp for the girl who's a master chef in the making!

To the Moon and Mars may be the Resident Camp for the astronaut in training in your life. Whichever camp themes she chooses, fun is sure to follow!

**For more info visit [gsneo.org/camplife](http://gsneo.org/camplife) or call Customer Care at 800-852-4474.**



## Creative fun all summer long!

### Busy Bees Summer Art Camp is the place for the kids to “bee” this summer!

Parents looking for “that something different” for their creative kiddos should check out the summer camps offered by the Busy Bees Pottery & Arts Studio in Great Lakes Mall.

Since 2015, the studio has provided a cheerful creative outlet for school-aged children to explore and create throughout the summer. “Within the camps, our instructors take kids on a journey, exploring our mediums, from paint your own unfinished bisque pottery pieces to mosaics, canvas painting, glass fusing, clay hand building, and board art,” says owner Beth Brinton. “There’s really nothing as special as seeing a child’s face light up when they finish creating something.”

Beth and her artsy staff have come up with a range

of half-day and full-day camps to appeal to kids ages six to 12. Running the second week of June through the first week of August, each day of the week focuses on a special medium and theme!

“The kids will create one to three pieces of artwork each day during the camps,” says Beth. “And their pottery, or clay or glass pieces will be kiln fired at the studio which is a really unique experience for the kids. Non-fired projects such as canvases and mosaics will be available for the kids to explore as well.

*Busy Bees Pottery & Art Studio is located in the heart of Great Lakes Mall, near the Fuji Japanese Steakhouse entrance, at 7850 Mentor Avenue, in Mentor. You should book parties in advance, but for regular art projects, walk-ins are always welcome. Register for summer camps online. The*

*studio is open seven days a week, Monday through Thursday, 11 a.m.-7 p.m.; Friday, 11 a.m.-8 p.m.; Saturday, 11a.m.-7 p.m.; Sunday, 11 a.m.-5 p.m. For more information, call 440-571-5201 or visit [www.Mentor.BusyBeesArt.com](http://www.Mentor.BusyBeesArt.com). From ceramic and hand-built pottery to glass fusing, painting, jewelry making and more, you can get creative and have a lot of fun at Busy Bees Pottery and Arts Studio.*

**SAVE ON SUMMER CAMP!**  
Mention this story and receive \$25 off any Busy Bees Pottery summer camp. Offer good for camps registered by Tuesday, March 31, 2023.

# Create a summer of fun at Fairmount Center for the Arts!

Located off 306 on Fairmount Road, Fairmount Center for the Arts in Novelty offers a variety of performing and visual arts camps and classes year-round for toddlers through seniors. This summer, campers ages 6 and older can explore dance, music, theatre, and visual arts offerings. Mix and match half-day camps to build your own full-day camp experience.

## Camps for ages 6-8 include:

- Music Camp: Musical Storytelling
- Dance Camp: Choreography Camp!
- Theatre Camp: Superhero Squad
- Art Camp: Recycle Arts
- Dance Camp: Hip Hop Hooray!
- Music Camp: Music Around the World
- Theatre Camp: Lights, Camera, Action!

## Camps for ages 10-13 include:

- Art Camp: Nature Arts
- Theatre Camp: Broadway Bound!
- Dance Camp: Ballet, Contemporary, & Jazz
- Music Camp: Music Recording Camp

Preschoolers (ages 3-5) can explore art, storytelling, and creative movement in four specially designed multi-arts camps. These popular preschool camps run Monday through Friday, 9am to 11:30am and end with a special Share Day presentation to their grown-



ups. Preschool camps will be offered the weeks of June 5, June 19, July 10, and July 24.

Students ages 10 and older can level up their skills in dance and musical theatre with intensive full-day workshops the week of July 17. Intensive students will have an opportunity to perform at the Fairmount Fun Fest on Saturday, July 22.

Registration for all summer camps, workshops, and classes is now open. Visit [fairmountcenter.org](http://fairmountcenter.org), call 440-338-3171, or stop by Fairmount Center for the Arts at 8400 Fairmount Road in Novelty.

# Leap into Summer at the Y

OUR MISSION: Strengthen community through youth development, healthy living, and social responsibility

We're more than a gym; people do more than visit . . . they belong

Parents find a safe, positive environment for children to learn good values, social skills and behaviors

Families come together to have fun and spend quality time with each other

Children and teens play, learn who they are and what they can achieve, and are accepted

Adults connect with friends, pursue interests and learn how to live healthier

Communities thrive because neighbors support each other and give back

We all build relationships that further our sense of belonging and purpose.

**Lake County YMCA**

[www.lakecountyyymca.org](http://www.lakecountyyymca.org)



# LEARN TO RIDE

## AT LAKE ERIE COLLEGE'S THERAPEUTIC RIDING CENTER

THE ONLY PATH, INT'L. PREMIER ACCREDITED CENTER IN LAKE COUNTY, OHIO!

A unique opportunity for children 8-14 with special needs to experience the fun of learning to ride, groom, and care for horses in a safe, skilled and supportive environment.

**SUMMER LESSONS  
BEGIN IN JUNE AND RUN THROUGH AUGUST!**

TO SIGN-UP OR FOR MORE INFO, PLEASE VISIT  
[LEC.EDU/THERAPEUTICHORSEMANSHIP](http://LEC.EDU/THERAPEUTICHORSEMANSHIP)



**LAKE ERIE**  
COLLEGE



GEORGE M. HUMPHREY EQUESTRIAN CENTER  
8031 MORLEY ROAD | MENTOR, OHIO 44060

1.855.GO.STORM | [LEC.EDU](http://LEC.EDU)

# Create a Summer of Fun!

Dance, Music, Theatre, & Visual Arts

## SUMMER CAMPS

Preschoolers through Grade 8

Half & Full Day Options



Registration Opens February 13  
Camps offered June-July

FairmountCenter.org    
440-338-3171

Camps located minutes from Bainbridge/Chagrin Falls/  
Chardon/Kirtland/Solon

ENRICHING LIVES THROUGH THE ARTS  
**FAIRMOUNT**  
CENTER  
for the Arts



## Camp Curiosity: Summer Science Camps Great Lakes Science Center

The staff at Northeast Ohio's STEM HQ is gearing up for another exciting summer of Camp Curiosity! Do your kids excel at exploration, or thrill at discovery? Have they already taken apart the remote-control car or talking dinosaur they got for Christmas and put it back together? Do you ask them what to do when the wi-fi goes out before you call for tech support? If you answered yes to any of these questions, then a hands-on, STEM camp adventure is just what you're looking for to keep them active over summer break!

We know your kids thrive on the fun of learning new things and challenging themselves with new experiences. Our week-long, day camps for kids in grades K-6 feature lots of new themes this year, offering them opportunities to grow their interests and unforget-

table science adventures.

This year, your kids can discover a diverse range of themes including nature, fossils, ocean life, engineering, Minecraft, LEGOs, space, chemistry, and everything in between.

Sessions begin June 5 and run through the week of August 14.

**Register by March 31 and receive \$20 off.** Register by April 30 and save \$10. Discounts are also available for multi-week registration, siblings, and returning camp alumni, and discounts can be combined. Members always save \$25 per camp. Before- and after-care and scholarship opportunities are also available.

*Camp Curiosity is presented by Timken.*

**For more information and to register call 216-621-2400 or visit GreatScience.com.**

## GEAUGA PARK DISTRICT'S

# 2023 summer Camps

WEEK-LONG NATURE  
EXPLORER DAY CAMPS

for youth entering grades 3-4

WEEK-LONG NATURE  
ADVENTURE DAY CAMPS

for youth entering grades 5-7

X-TREME DAY ADVENTURES AND/OR  
WEEK-LONG NATURE ADVENTURE DAY CAMPS

for teens entering grades 8-10



Photo by  
Ellie Benedict

**REGISTRATION OPENS MARCH 20**

Space is limited • 440-286-9516

Visit <http://bit.ly/gpdcamps> for details



**Willoughby Parks & Recreation** provides an outstanding, fun, and safe camp environment and experience for all who participate. Our summer camp provides children ages 6-12 an opportunity to enjoy their summer with like age peers and our exceptional 2022 staff!

Participants will be engaged in daily activities, crafts and more; we will attend weekly field trips and utilize our great city swimming pools. Looking for a program for your pre-k aged child? We also offer a 2 day per week camp for ages 4-6; Mini Munchkin Camp!

In addition to our great summer camp offerings, be sure to check us out for available swim lessons throughout the summer!

**Visit [www.willoughbyohio.com](http://www.willoughbyohio.com) for more information!**



# CAMP GILMOUR: The official camp of summer fun!

With exciting offerings that include outdoor adventure, Black Rocket STEM camps, sports camps, programming, and fine and performing arts experiences, Camp Gilmour has something for everyone! Camps will be offered from June 5-August 4.

We will again host nine weeks of Day Camp for children ages 5-12 (note: our Preschool Camp for children ages 3-5 is SOLD OUT). Campers can attend for the full day or combine a half day of day camp with other half-day specialty camps. Additionally, when registering, you can choose to have your child receive daily theme-based math and reading enrichment at no added cost.

We will offer skill-specific hockey, figure skating, basketball, cross country, football, soccer and tennis camps, hosted by Gilmour coaches from these state-ranked programs.

The camps will provide campers the opportunity to hone their skills and strategies, whether they play at the recreational, CYO or high-school level.

Gilmour offers Before and After Care options from 7:15 a.m. until 6 p.m.

Register today at [www.gilmour.org/summercamp](http://www.gilmour.org/summercamp). If you have any questions, please call (440) 473-8000 ext. 2267 or email [summercamp@gilmour.org](mailto:summercamp@gilmour.org).

Gilmour Academy is an independent, Catholic, coed school in the Holy Cross tradition. Grades K-12 and Montessori (18 months-Preschool)

**GILMOUR DAY CAMPS**  
34001 Cedar Road  
Gates Mills, OH 44040  
[gilmour.org/summercamp](http://gilmour.org/summercamp)  
(440) 473-8000 ext. 2267  
[summercamp@gilmour.org](mailto:summercamp@gilmour.org)



Ohio Arts COUNCIL

**Rabbit Run**  
Community Arts Association

**Art Camps** Ages 7 - 16

Campers get elbow deep in paint, pastels & more as they create unique works of art.

**Pop Star Camp** Ages 5 - 10

Learn to sing & dance like your favorite pop star!

**Dance Classes** All ages

Tap, Jazz, Ballet, Creative Movement, Adult Ballet, Adult Tap, Modern, Hip Hop

*Summer Fun at  
Rabbit Run*

**Theater Camps** Ages 4 - 15

Have a blast learning all about theater arts in a fun and traditional camp setting.

**Call 440-428-5913**

[www.rabbitrun.org](http://www.rabbitrun.org)  
Madison, OH



## Helping Kids Find Success in Summer Camp

Like most of you, I am a parent that wants to give my child the best opportunity to grow and achieve their potential. Knowing how to best do that is the question. Do I expose them to a wide variety of experiences or a few experiences more deeply? How will I know when they have found something they love? What activities will contribute the most to their growth? What can they do in the summer that is fun but also educational?

Summer camps are outstanding opportunities for children to explore, create, and discover. They often make new friends and learn in a more experiential manner than during the school year. However, when choosing a summer camp, ask some questions. Is this a successful, established program? Does the daily schedule and approach meet my child's needs? What will my child experience? What supports are in place to ensure they are a successful camper? What safety precautions, appropriate to the camp, do they have in place?

While there are many opportunities to experience summer camp available, I believe that camps built around the arts provide significant benefit.



Students spend their time creatively thinking, discovering new things about themselves, and working with other students to create something they developed together with great pride. Is your child shy and needing an opportunity to build social confidence? Then try a theatre arts camp where they can be someone else for the summer while learning how to express themselves. Do they like to doodle or work with clothes? Then possibly a great visual arts camp centered on drawing, sewing, or working with multiple media would be a good fit. At The Fine Arts Association, we have one week and six-week camps for ages 3 to high school for all abilities. Create and Discover beauty this summer at FAA!

**fine arts association**

# SUMMER CAMPS 2023

**REGISTRATION OPENS FEB 20TH**

ALL AGES AND ABILITIES

[WWW.FINEARTSASSOCIATION.ORG](http://WWW.FINEARTSASSOCIATION.ORG)  
440-951-7500

38660 MENTOR AVENUE WILLOUGHBY OHIO 44094

# CREATIVE camps & classes for ARTISTS just like YOU!



**DANCE, VISUAL ARTS, THEATER,  
MUSIC, AND CREATIVE ARTS THERAPIES  
@ BECK CENTER FOR THE ARTS**

**REGISTER NOW AT  
BECKCENTER.ORG**

**Beck Center  
-FOR THE arts-**

**Willoughby Parks & Recreation  
www.willoughbyohio.com  
Join Us For a Summer of FUN!!!**



**\* Summer Day Camp (ages 6-12) \***

**\* Mini Munchkin Camp (ages 4-6) \***

Camp Registration set to open:  
March 20, 2023 for Willoughby Residents  
April 3, 2023 for Non Residents  
Have Questions: email  
dsarosy@willoughbyohio.com



## Hawken Summer Programs

Hawken Day Camps provide a variety of exciting and challenging activities led by experienced professionals. While your child enjoys up to a six-week session, you'll rest assured knowing he or she is in a safe, nurturing environment that includes daily hot lunches, optional transportation, and pre- and after-care services. Camp offerings include Hawkings (ages 4 – 5), Boys or Girls Day Camps (prekindergarten – grade 5), Boys Sports Camp (grades 4 – 8), and Girls Lifetime Adventure Camp (grades 4 – 8).

**Passport Camps** offer unique week-long, full and half-day opportunities to learn, create, and explore. Families can piece together a summer of courses or choose a one-week adventure. Camp topics include science; the performing and visual arts; design and construction; leadership; cooking; world language and culture; games, sports, and fitness; technology and creativity; and mythology, mystery, and adventure.

**Hawken Athletics Camps** offer skill-driven instruction for campers seeking to improve their skills in many sports such as soccer, basketball, football, field hockey, wrestling, and volleyball.

**Hawken Summer Studies Program**, open to public and private school stu-



dents, is a six-week program of credit and enrichment for students entering grades 6 – 12. Subject offerings include courses in the humanities, science, mathematics, history, health studies, and PSAT/SAT strategies.

Come join the fun! Camps run at varying intervals between June and August. For more information, contact summer-programs@hawken.edu, 440.423.2940, or visit summer.hawken.edu.

**Hawken Summer Programs Gates Mills, Lyndhurst, and University Circle (440) 423-2940  
summer.hawken.edu**



## BECK CENTER FOR THE ARTS

Beck Center offers classes at the Lakewood campus in dance, theater, visual arts, private music lessons, and group lessons. All are welcome! Students of all ages and abilities learn as they create unique works of art, discover hidden talents, and have loads of fun with new friends. Beck Center has something for every interest in visual and performing arts, and for every skill level. Classes are available for fall, winter/spring, and summer sessions. Looking for free arts programming? Visit the Beck Center campus and enjoy free visual arts exhibitions all year. Looking for live entertainment? Beck Center offers professional theater, youth theater, dance performances, and music recitals on three stages. Please call 216-521-2540 to buy tickets for the entire family to enjoy Once on this Island running July 7 to August 6, 2023, or visit beckcenter.org for more details today.



# The Official Camp of Summer Fun!

## GET THE MOST OUT OF SUMMER AT **CAMP GILMOUR**

There is more fun than ever at Camp Gilmour this year. With nine weeks of new offerings and old favorites, Camp Gilmour has something for everyone. Campers ages 5 through 12 can choose from full- and half-day traditional day camp experiences, sports, arts and specialty camps. Campers enjoy weekly field trips, special guests, arts and crafts, swimming lessons, ice skating, summer enrichment, and lots of opportunities and activities designed for campers to make new friends.

**It's not just camp – it's Camp Gilmour!**

9 WEEKS OF CAMP  
**JUNE 5 – AUGUST 4**

Visit [gilmour.org/summercamp](http://gilmour.org/summercamp)

**LIMITED AVAILABILITY  
REGISTER TODAY**

Before and After Care available



**GILMOUR  
ACADEMY**

**PRESCHOOL  
DAY CAMP  
(AGES 3-5)  
IS  
SOLD OUT**



## **BLACKROCK CAMPS**

JUNE 5-9

**\*Make Your First  
Video Game!**

JUNE 12-16

**\*Minecraft®  
Redstone Engineers**

JUNE 20-23 (NO CAMP  
ON MONDAY, JUNE 19)

**\*Code Breakers**

JUNE 26-30

**\*ROBLOX® Makers**

JULY 10-14

**\*Minecraft® Modders**

JULY 17-21

**\*Python  
Programmers**

JULY 24-28

**\*Make Your First 3D  
Video Game!**

JULY 31- AUGUST 4

**\*ROBLOX® Coders &  
Entrepreneurs!**

\* Please note there is no discount on camps that are in partnership with Gilmour Academy.



**ANIMAL CAMP:** Hosted by Rising River Farm 6618 Chagrin River Rd., Chagrin Falls Ohio, 44022, [khanimalcamp@gmail.com](mailto:khanimalcamp@gmail.com), [RisingRiver.net](http://RisingRiver.net), 440-463-3146. Animal Camp is a unique farm day camp experience for kids ages 5-13. Since 2006 we have honed an interactive self-directed, technology free experience for the children of our community. Kids enjoy and explore the farm animals (horses, goats, bunnies, chickens, dogs, and cats) participate in horseback riding (weather permitting), an end-of-week trail ride, crafts, games, cooling off in the Chagrin River which is both shallow and located on the property, and "Feed-em-Friday" when kids are permitted to bring apples and carrots to feed the animals. We offer 12 individual sessions form June-August from 9:00-4:30. Campers are welcome to participate in one, or multiple sessions. All activities are supervised by experienced counselors, many of whom are Animal Camp graduates! (Typical ratio camper to counselor 4:1) Horseback riding helmets are provided, sneakers or boots, water bottle, and lunch are required. Please email Krista with any questions, or information requests. Like Rising River Farm on facebook to stay up to date on available experiences and activities! Visitation of the farm is encouraged prior to the commencement of camp and may be scheduled via email. Rising River Corporation is a 501c-3 dedicated to Equine Education, Vocational opportunities, and horse rescue/sanctuary. The majority of the animals on the farm are rescues.

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# Fun ways to keep kids occupied over summer break

Kids look forward to summer vacation every year. The last day of school gives way to less structured days when kids can spend more time outdoors and less time cracking the books.

Summer vacation can be a dilemma for parents, especially in households where both parents work full-time. A pandemic-related increase in remote working has made that problem somewhat more manageable, but even parents working from home must find fun way for kids to stay occupied until the new school year begins. No two kids are the same, so parents may need to try various activities on for size until they find something their children enjoy doing during the lazy days of summer.

• **Day camp:** Day camps provide much of the structure of school without all the homework or time spent indoors. Many parks and recreation departments run summer day camps for kids. Camps can be generalized or

specialized. For example, some may offer an array of activities, including sports and nature walks, in a given day, while others may focus on a single activity, like musical lessons or science-based programs. Camps run by local parks and rec departments do not typically last all summer long, which parents should keep in mind when enrolling youngsters.

• **Reading:** Parents may be surprised by how much their children enjoy a good book. A recent poll from the National Education Association found that 70 percent of middle school students read more than 10 books a year. The National Literacy Trust reports that roughly 45 percent of children between the ages of eight and 11 enjoy reading “very much.” When suggesting to children that they read more this summer, parents can note the many ways that reading for pleasure differs from reading for school. Point out that kids won’t have to submit book



reports and emphasize that they can choose their own books. Depending on children’s ages, introduce kids to a series like “Harry Potter,” which is a set of seven fantasy novels that has helped millions of young people across the globe discover and develop a fondness for reading. Weekly visits to the library, where kids can pick from hundreds of

books, can get youngsters even more excited about reading.

• **Play dates:** Play dates are a great way to make kids happy and take a little off of parents’ daily plates. Arrange routine summer play dates with children’s school friends, neighbors and/or cousins. Parents can alternate

**SEE PAGE 14**

## Imagine summer, THINK HAWKEN!

### Summer programs for boys and girls ages 4-18

Hawken Summer Programs provide some of the best summer enrichment opportunities in Greater Cleveland. Campers can choose from a broad menu of programs that are specifically designed to be age-appropriate, fun, and worthwhile.

*Day Camps • One-week Passport Camps • Athletics Camps  
Summer Studies for Grades 6-12*

To register and for full camp descriptions visit [summer.hawken.edu](http://summer.hawken.edu)  
or contact us at 440-423-2940 or [summerprograms@hawken.edu](mailto:summerprograms@hawken.edu).

Exciting adventures await you!

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## DON'T SWEAT THE SMALL STUFF, JUST NAIL THE BIG STUFF.

Hey, it's just hair. Besides, you have more important things to think about—like making sure your kids are buckled correctly in the right seat for their age and size.

Check at [NHTSA.gov/TheRightSeat](https://www.nhtsa.gov/TheRightSeat)



## Come ride with us

at the **Lake Erie College Therapeutic Riding Center**, Lake County's only PATH Int'l Premier Accredited facility!

Children ages 8-14 years old with special needs can experience the joy of riding, grooming, and caring for horses during their horsemanship lessons. Students participate in a variety of fun and creative mounted activities to increase their confidence, improve physical strength, and develop problem-solving skills. Friendships grow with their classmates, volunteer team, and equine partners which foster independence, improved language skills, and better impulse control.

Every student receives a personaevaluation to determine if our program is right for them. Lessons begin in June and run through August.

\*Volunteers ages 14 and up with or without horse experience are also needed to support the riders in our program.

Learn more about our therapeutic riding program and volunteering opportunities by visiting [lec.edu/therapeutic-horsemanship](https://lec.edu/therapeutic-horsemanship) or by email [lectrc@lec.edu](mailto:lectrc@lec.edu).

## CAMP CURIOSITY SUMMER CAMPS 2023

### Grades K-6

Camps begin June 5

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## Spring activities for families to enjoy together

Spring is one of the most popular seasons of the year. After several months of chilly temperatures in many regions, spring provides a welcome reprieve from the cold.

Moderate temperatures makes it much more comfortable and inviting to venture outdoors, particularly for families with children who might not adapt to the cold as well as adults. The following are some family-friendly activities that make the most of spring renewal.

### Visit botanic gardens

If there's a botanical garden nearby, a visit in spring is a great time to soak in the beauty of nature. That's because an abundance of flowers bloom during the spring, meaning a garden will be in peak form. Visitors can meander through rows of rose bushes or tour the labyrinth of trimmed hedges. Beautiful, flowering cherry trees, with their delicate pink or white petals, also are sights to behold in spring.

### Prepare a home garden

Visiting a garden is one thing, creating one at home is another. In addition

to planning a vegetable garden to enjoy tasty pickings throughout summer, you can devote some property to flowers that will attract wildlife. Check with a garden center about which flowers and plants attract butterflies and other beneficial insects. Many garden centers sell butterfly and hummingbird mixes to attract wildlife.

### Go animal watching

Flowers are not the only thing on display come the spring. Many animals, including birds, are born this time of year. Baby animals are not only adorable, they can be entertaining to watch grow. Families can spend time viewing the animals that visit their yards or surrounding parks, being careful to keep their distance. Adults may be quite protective of their young, so it's better to watch from the lens of a camera or with binoculars. Always resist the urge to help a baby animal who seems like it was abandoned. The parent may be a short distance away gathering food or trying to avoid drawing attention to the young to deter predators.



### Get out on the water

A bright, warm day is an ideal time to enjoy the open water. Spring is a season when many marinas reopen and avid boaters put their vessels back into the water. You also can venture into streams or lakes aboard kayaks or canoes, getting exercise and seeing the scenery in the process. Bring a fishing pole along and cast it into the water for a few hours of recreation.

### Make wind chimes

Enhance the garden or decor around the home by making wind chimes or other percussion items that can create beautiful music when spring breezes blow. Commercially available kits are sold, but wind chimes also can be made from items like bamboo or even strung shells.

These are just a few family-friendly activities to enjoy this spring.



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[www.lakecountnymca.org](http://www.lakecountnymca.org)

## Rising River Farm

# Animal Camp 2023

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**12 one week sessions**

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**Camp hours**

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Contact Us:  
(440) 463-3146

[khanimalcamp@gmail.com](mailto:khanimalcamp@gmail.com)



### Visitation:

Visitation of the  
Animal Camp will  
be offered on an  
individual basis.  
Visitation must be  
scheduled, and is  
of limited availability.

Rising River Farm  
6618 Chagrin River Rd  
Chagrin Falls,  
OH 44022



## Discover hidden talents at Rabbit Run

Youth of all ages have tons of fun discovering hidden talents in many different fine arts camps available at Rabbit Run Community Arts Association (RRCAA) in Madison.

**Youth Art Camp** is for anyone who likes to be creative and maybe make a mess in the process. In these one-week camps, campers, ages 7 to 16, get elbow deep in paint, clay, and other mediums as they create original two- and three-dimensional works of art.

**Art Camps** meets Monday through Friday from 9 a.m. to noon. Art Camp for ages 7 to 10 meets June 12 through June 16. Ages 11 through 16 meet June 19 through June 23.

**Pop Star Camp** gets youth ages five through 10 up and moving as they learn to sing and dance like their favorite pop star. This one-week day camp is from 9:30 a.m. to noon typically in June.

Campers delve into all areas of the theater arts including drama, music,

dance, costumes, make-up, and stage craft in both Junior Theater Camp for ages 4 through 8 and Explorer's Theater Camp for ages 8 through 15. Campers also participate in arts and crafts and age-appropriate games.

**Explorer's Camp** is for those who are new to theater and are looking for a great introduction to the world of drama. The camp meets from 1 to 4 p.m., Monday through Friday, June 26 through June 30.

**Just for Juniors Camp** runs from 9 a.m. to noon, June 26 through June 30. Just for Juniors is a one-week camp introducing young children to the world of theater through song, dance, and lots of imagination.

For more information, call RRCAA at 440-428-5913 or visit [rabbitrun.org](http://rabbitrun.org).

RRCAA is a non-profit organization offering year-round instruction in all the major disciplines of the fine and performing arts and receives partial funding from the Ohio Arts Council.



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## SUMMER BREAK FROM PAGE 11

hosting responsibilities so they can get work done at home and enjoy a break when it's not their turn to host.

• **Find something free:** Perhaps in recognition of the need for affordable, family-friendly fare, many communities now host free events for kids and their parents each week. Weekly movie nights under the stars and concerts in community squares are popular in many communities, but those same towns also may host events specifically for kids during the daytime. A simple internet search of "free events near me" may unveil a host of activities that can keep kids happy and occupied on summer days when their schedules are open. Local libraries can be great resources for free events as well.

Summer vacation is a relaxing time for youngsters. Parents who don't want that relaxation to turn into boredom can look to various activities to occupy their children's time until a new school year begins.



## Make Memories in the Geauga Park's 2023 Summer Camps

Summer camps this year will offer more fresh-air fun for kids entering grades 3 through 4, 5 through 7, and 8 through 10!

Kayaking, hiking, geocaching, biking, fishing, building and launching model rockets, and exploring stream life are just some of our anticipated outdoor adventures, depending on which week campers are enrolled.

Grades 3-4 – Weeks of July 10 & August 7

Grades 5-7 – Weeks of June 5 (Junior Naturalist Day Camp), June 12, June 26, July 17, July 24 (Junior Naturalist Day Camp) & July 31

Grades 8-10 – Weeks of June 19 &

July 10, plus single-day “X-TREME” adventures July 26 (kayaking) & August 2 (evening)

Details and registration for the following 2023 summer camps will appear for Geauga County residents on March 20 at 10 a.m., and for out-of-county residents on March 27 at 10 a.m., under Programs & Events above (filter by program type “Summer camps”).

A week of camp costs \$150 for Geauga residents or \$175 for out-of-county residents. Day-long camps cost \$30 for Geauga residents and \$35 for others. Financial assistance is available. With additional questions, give us a call at 440-286-9516.



WILLOUGHBY HILLS

# 2023 Spring Craft Show

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9 AM to 3 PM

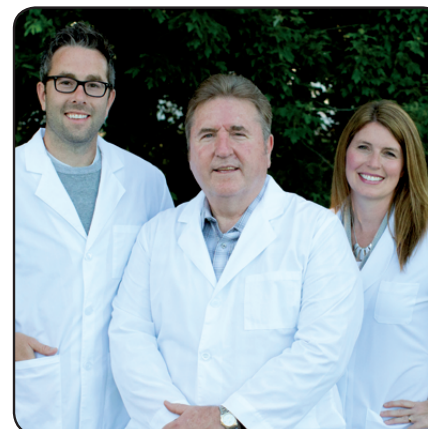
Great gifts & goodies from local artisans! Stop by and visit our crafters with handmade items on both levels of the Community Center. (35400 Chardon Road, Willoughby Hills)

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## Young athletes' offseason training options

Summer vacation and holidays from school present opportunities for young athletes to take well-deserved breaks from their sports. However, staying in shape during the offseason can help athletes maintain their performance when a new season begins.

Many sports have clearly defined offseasons, while others are a bit more vague. Complicating the issue even further is that some athletes play in multiple leagues. That means they be committed to play for school teams, all-star teams or even travel teams. This can shorten, if not eliminate, traditional offseasons.

According to the fitness experts at the International Youth Conditioning Association, all young athletes should have some form of an offseason. Time away from competition can be used to focus on improving movement patterns, building general strength and conditioning and recovery. Time off also gives the body and mind a break from the stress of competition.

But athletes need not spend an entire offseason resting on their laurels. Here are some offseason training tips that can ensure athletes recover without compromising their ability to perform once a new season begins.

- **Emphasize** new activities to avoid overuse injuries. Josh Adams, a certified strength and conditioning specialist with Children's Health Andrews Institute Sports Performance, says focusing on one sport all year can lead to overuse injuries. Opt for a new workout that's different from your in-season workout routine. Doing so can

strengthen other areas of the body and reduce risk for overuse injuries.

- **Focus** on new interests to avoid mental burnout. Young athletes can get stuck in a competitive groove, feeling that they have to win to be successful. The offseason can be used to provide a mental rest during which athletes can focus on interests other than sports.

- **Emphasize** aerobic training. The IYCA reports that most young athletes do not realize the vital role aerobics play in building the stamina that powers high-intensity work intervals sports play often requires. Taxing the cardiovascular system helps deliver oxygen to working muscles and boosts performance. Athletes can spend the offseason cycling, running and swimming to benefit their bodies and give some muscles a break.

When it is time to return to competitive play, athletes won't need as much time to return to in-season status if they continue training during the offseason. According to Sports Fitness Advisor, when a training stimulus is removed, physiological adaptations begin to revert to pre-training levels. By maintaining a fitness level training schedule that's between 50 and 60 percent of their in-season regimen, athletes can return to their sports with much less effort than if they were to start from scratch.

The offseason gives athletes a chance to back off of intense competition and training, but continue a fitness regimen that helps them get back into game shape more quickly when play resumes.

REGISTER ONLINE AT

MENTOR.BUSYBEESART.COM/KIDS-CAMP



# Library Lovers



## MENTOR PUBLIC LIBRARIES

### Main Library

8215 Mentor Ave. Mentor, OH 44060  
(440) 255-8811

### Mentor-on-the-Lake

5642 Andrews Rd.  
Mentor-on-the-Lake 44060  
(440) 257-2512

### Headlands

4669 Corduroy Rd. Mentor, OH 44060  
(440) 257-2000

[www.mentor.lib.oh.us](http://www.mentor.lib.oh.us)

**Egg Hatching at the Library** March 1 until the eggs hatch Children's Area, Main Branch Come visit the chicken eggs that will be hatching in the Children's Area of Mentor Public Library's Main Branch. The library will have an incubator set up and visitors may even get to see the eggs hatch. After the chicks hatch, they'll stay at the library for about a week before relocating to their forever home.

**Write a Letter to The Cat in the Hat** All March Children's Area, Main Branch Kids can write a letter to their favorite book characters at Mentor Public Library. The library will feature a different character children can write to or draw a picture for each month. The library's favorite letters will be shared on its social media.

**Finger Paint Fridays** Fridays from 10 a.m. to 12 p.m. Headlands Branch Kids can explore their creativity with finger-painting every Friday at the Headlands Branch. The library will provide paper, paint and aprons. This activity will largely be self-directed with limited assistance from staff. Registration is not required; but, space is limited, so children may need to wait their turns.

**Family Favorites Story Time** Fridays at 11 a.m., except March 3 Main Branch All ages will enjoy stories, music, rhymes and a craft. Children must be accompanied by an adult.

**Spring into Storytime** Saturdays at 10 a.m. Headlands Branch Enjoy a fun exploration of stories and song. Structured for Pre-K kids but all ages welcome. Registration required.

**Headlands Take & Make Craft** Headlands Branch Pick up supplies for crafts that kids can make at home. For children ages eight and younger. While supplies last. New crafts every Monday.

**Puzzle Packs** Children's Department, Main Branch Kids (Pre-K to third grade) can pick up printable puzzles to take home with them. While supplies last. New puzzles every month.

**Travel Club** Wednesday, March 1, at 4 p.m. Village Room, Main Branch Kids (ages six to 12) can experience a new country without boarding a plane. Make a craft, have a snack, and enjoy activities from a different country every month. Registration required.

**Let's Cook with Kids** Wednesday, March 1, at 6:30 p.m. Headlands Branch LaDonna Oltmanns from Let's Cook – a plant-based mobile cooking school – will lead cooking classes for children (ages eight and older.) Registration required.

**Happy Birthday, Dr. Seuss** Thursday, March 2, from 9 a.m. to 4:30 p.m. Main Branch Kids can celebrate Dr. Seuss's birthday with games, activities, a scavenger hunt and take-home crafts inspired by his popular picture books. The library will also host a Seuss-pondous story time at 10 a.m. It's open to kids of

all ages. No registration required.

**Pixel Perfect Video Game Club** Thursday, March 2, at 4 p.m. Children's Story Time Room, Main Branch Kids (ages eight to 12) can enjoy age-appropriate games on Switch and Wii U. They're also encouraged to bring along mobile devices to play Minecraft on. Registration required.

**Egg-cellent Facts** Thursday, March 2, at 4:30 p.m. Village Room, Main Branch Mentor Public Library is hatching chickens this spring. Jess Nestor from Meyer Hatchery will be here to discuss the process and answer any questions that kids may have. She may even have some pictures of her own baby chicks. Registration required.

**LEGO at the Library** Saturday, March 4, at 11 a.m. Village Room, Main Branch Kids (ages five to 12) can rock the blocks on the first Saturday of every month. No registration required.

**Grab-N-Go Seasonal Crafts** Starting Monday, March 6 Lake Branch Pick up supplies for seasonal crafts that children can make at home. While supplies last.

**St. Patty's Day Green Screen** Monday, March 6, walk in from 3:30 to 7:30 p.m. The HUB What's greener than a green screen? Enjoy a St. Patrick's Day photo shoot using The HUB's studio. Walk-in only; no registration required.

**Sight Word Game Day** Monday, March 6, at 4 p.m. Village Room, Main Branch Kids (kindergarten through third grade) can practice sight-word recognition and other reading skills with fun and exciting games. Registration required.

**Master Builders** Wednesday, March 8, at 4 p.m. Lake Branch Kids (ages five to 11) can build with LEGO blocks, magnetic tiles, magnet sticks and Brain Flakes. New themes will spur creativity each month. No registration required.

**Little Peeps** Wednesdays, March 8 or 15, at 5 p.m. The HUB Kids (ages six to 11) can make little wooden Peeps for their Easter baskets using equipment from The HUB's makerspace. Registration required.

**Firehouse Friends Story Time** Thursday, March 9, at 10:30 a.m. Children's Story Room, Main Branch Join Mentor Firefighter Rollin for a fun story time featuring plenty of safety tips.

**Mar10 Day** Friday, March 10, and Saturday March 11 Children's Area, Main Branch Kids of all ages can celebrate everyone's favorite pixelated plumber with the library's Mario-themed games. Jump super high on the Mario Party

course. Win a prize when you complete the scavenger hunt. Don't forget to take home a craft.

**Headlands Jeopardy** Saturday, March 11, at noon Headlands Branch Kids can test their trivia know-how and learn something new with a fun afternoon of trivia challenges. Signup required to play.

**ROBLOX Saturday** Saturday, March 11, at 2 p.m. Headlands Branch Join the library online or in-person for a different game from ROBLOX each month. Register to get in the game.

**Shamrock String Art for Teens** Saturday, March 11, at 2:30 p.m. Village Room, Main Branch Teens can make cool and crafty Shamrock String Art. Registration required.

**Volunteer Day** Mondays, March 13 and 27, at 2:30 p.m. Village Room, Main Branch Teens can earn volunteer hours while helping your library. The library is looking for volunteers to help package seeds for its seed library and perform other important tasks.

**Paint What You Hear** Thursday, March 16, at 4 p.m. Village Room, Main Branch Kids (ages six to 12) will listen to a variety of music genres and create art based on what they think, hear and feel. Dress for a mess. Registration required.

**Catch a Leprechaun** Friday, March 17, at 2 p.m. Lake Branch Kids (ages five to 10) will build a trap and try to catch a leprechaun. They'll also enjoy other St. Patrick's Day activities and a snack. Registration required.

**Saturday Family Story Time** Saturday, March 18, at 10:30 a.m. Lake Branch Children of all ages (along with an adult) can enjoy stories, music, rhymes and a craft at the library's new Saturday story time.

**Bird Feeder Craft** Monday, March 20, at 6 p.m. Headlands Branch Kids and adults can make and decorate bird feeders using recycled materials – just in time for migration. Registration required.

**Dungeons & Dice Club** Tuesday, March 21, at 4 p.m. Village Room, Main Branch Heroes (ages eight to 12) can join an adventuring party and write their own destiny in the library's new tabletop gaming club. Become a fierce barbarian or powerful wizard. Take on a premade character to explore dungeons, fight monsters and save kingdoms. Game supplies and character sheets will be provided. Registration required.

**Spring-Scented Playdough** Tuesdays, March 21 or 28, at 4 p.m. The HUB Kids (ages three to 11) can make fresh-



**Children from the Fairport Harbor Public Library** art club show off their creations. Discover more about Fairport Library's weekly story times, book clubs, anime club, dungeons & dragons club and other events on the library's website [fairport-lib.libcal.com/calendar](http://fairport-lib.libcal.com/calendar).

The library is located at 335 Vine Street in Fairport Harbor.

You may register for any event on our web calendar, by phone at 440-354-8191, or in person at the library.

smelling playdough and decorate its container using The HUB's Circuit. Registration required.

**Geometry in Motion** Wednesday, March 22, at 1 p.m. or 2 p.m. Village Room, Main Branch Dance instructor Tom Evert will integrate movement and geometry using improvisation and dance. The program is free. Registration is required. The 1 p.m. session is for kids ages five to nine. The 2 p.m. session is for kids ages 10 to 14. The program is possible because of a Libraries Accelerating Learning grant from the Ohio Department of Education.

**Cooking with Kim** Wednesday, March 22, at 4 p.m. Village Room, Main Branch Learn basic cooking techniques and make simple no-cook snacks. Open to kids, ages eight to 12. Registration required.

**Curious Kids** Wednesday, March 22, at 6:30 p.m. Headlands Branch Each month, curious kids will flex their creativity and learn about their world with arts, crafts and STEM activities in the library's new club. Registration required.

**Mythical Nightlights: Vampires, Fairies & Mermaids** Thursdays, March 23 or 30, at 5 p.m. The HUB Kids (ages six to 11) can create a nightlight featur-

ing one of their favorite characters of myth. Registration required.

**Kidshow** Saturday, March 25 Great Lakes Mall Make a craft at Mentor Public Library's table from 11 a.m. to 1 p.m. during the annual Kidshow at Great Lakes Mall in Mentor.

**Happy Birthday to You!** Saturday, March 25, at 11:30 a.m. Headlands Branch Have a birthday this winter? Celebrate at the library. Enjoy party games, a homemade card, special gift, and a cupcake. Sign up required.

**Drawn In To Graphic Novels Book Club** Saturday, March 25, at 2 p.m. Headlands Branch Tweens and teens (ages 12 to 17) can explore history with some of the best graphic novels created. Each month, they'll discuss a different historical fiction graphic novel. In March, they'll talk about "Trinity," a history of the first atomic bomb. Book club members will receive their own journal where they can write, draw, and share their stories with the group. Registration required.

**Peep Dioramas** Monday, March 27, through Friday, April 7 Children's Area, Main Branch Kids and their families can recreate their favorite scene from a book, movie or even historical event

using Peeps. Pick up a kit from the Children's Department at the library's Main Branch. Entries will be accepted from March 27 to April 7. Afterwards, the library will display the dioramas and patrons can vote for their favorites. One kit per family, while supplies last.

#### **MORLEY LIBRARY**

184 Phelps St.

Painesville, OH 44077

(440) 352-3383

[www.morleylibrary.org](http://www.morleylibrary.org)

All events take place at Morley Library unless otherwise indicated. Registration not required unless indicated. For more information and registration, go to [www.morleylibrary.org](http://www.morleylibrary.org) or call (440) 352-3383.

**Little Learners** Tuesdays, 6pm and Thursdays, 10:30am Ages 4 - 5 years Calling all preschoolers who will start kindergarten in Fall 2023: Get ready for kindergarten through games, songs and stories! Practice being away from caregiver, listening to a teacher and working in a classroom setting. Children will attend without caregivers, but caregivers must remain on the Children's floor.

**Travelin' Tots** Fridays, 10:30am Ages 2 - 5 Geared toward ages 2-5, little ones will travel the world through stories and songs in this very active storytime. Learn about kids around the globe, get ready for school and have fun! Caregivers stay in the room during the activity.

**Holi Hai! Crafts & Games** Saturday, March 4, 11am - 2pm All ages Join us on March 4 to learn about the ancient Hindu holiday (observed on March 8) and have fun with colorful crafts, painting, tie dye and color play, as supplies last! All are welcome to this family event. \*Dress for mess!\*

**Women Of Science** Saturday, March 11, 10:30am Ages 3+ March is Women's History Month! Join us on the children's floor to celebrate women in science. Kids can participate in several different science experiments, build a crazy catapult, design a LEGO bridge, and create a coffee filter craft.

**Kids & Canvases:** Raining a Rainbow Wednesday, March 15, 4:15pm Ages 6-12. Registration required. Have fun with painting and let us take care of the mess! Meet us in the Project Room on the 2nd floor for a fun, relaxed art class where your imagination is the limit. Dress for mess, as acrylic paint will not wash out of clothes. Please only register the child who will be painting.

**Paws 2 Read** Thursday, March 16, 4pm

- 6:30pm For grades K-3. Registration required. Young readers can relax and read to a therapy dog in a cozy, pressure-free environment. Sign up for your 15 minute time slot in person or by phone at (440) 352-3383, ext. 200.

**Unbirthday Party** Saturday, March 18, 10am - 12pm All ages Is today your birthday? No? Great! Come celebrate your very merry unbirthday with us on the 2nd floor! Make and decorate party hats, dance to music, and enjoy party treats!

**Saturday Craftacular!** Saturday, March 25, 10am - 4pm All ages Celebrate National Craft Month on the Children's floor with craft stations, a community craft, and a special take-home craft!

**Baby Craft:** Watercolor Tree Footprint Tuesday, March 28, 11am Babies (not yet walking) & caregivers. Registration required. Your baby won't stay small for very long, so let's create a beautiful keepsake to remind you of how tiny Baby's feet are now! We'll have pre-painted watercolor treetops ready, and you'll dip your baby's feet in paint and apply them to the paper to create an adorable masterpiece. Come dressed for mess! Please only register the baby or babies attending.

#### **WILLOUGHBY-EASTLAKE PUBLIC LIBRARIES**

##### **Eastlake Public Library**

36706 Lake Shore Blvd. Eastlake 44095  
(440) 942-7880 x. 105

##### **Willoughby Public Library**

30 Public Sq. Willoughby, OH 44094  
(440) 942-3200 x. 104

##### **Willowick Public Library**

263 E. 305 St. Willowick, OH 44095  
(440) 943-4151 x. 116  
(440) 516-0843 TTY

##### **Willoughby Hills Public Library**

35400 Chardon Rd.  
Willoughby Hills, OH 44094  
(440) 942-3362

[www.welibrary.info](http://www.welibrary.info)

**Homeschool CPR and First Aid** Children and their parents will learn how to respond to crisis situations, recognize the signs of cardiac arrest and perform CPR from Valerie Woods, LPN, certified by the American Heart Association. Ages 7+. Friday, March 3, 1 pm Willoughby Hills Public Library

**Teen Gaming Club** Make friends and play video or board games provided by the library, bring your trading card games to play against others. Grades 6-12 (Ages 11-18). Saturday, March 4, 2 pm Willowick Public Library

**Music and Movement** Join us for Music and Movement followed by an optional opportunity to socialize and play with toys provided by the library. Ages 2-5. Saturday, March 4, 3 pm Willowick Public Library

**Khin's Craft Corner** Make a craft with Miss Khin from the comfort of home! A new prerecorded video will be available monthly. Mondays, March 6 Online via Zoom

**Zoom Adaptive Storytime** Children of all ages & abilities are welcomed to this interactive, inclusive storytime specifically designed to support varying developmental needs. Tuesday, March 7, 6:30 pm Eastlake Public Library

**You Too Can Homeschool** Considering another option of education for your children, but unsure of what other choices may be out there? Homeschooling may be just the right solution for your family. Find out by joining Charlette Ruf, a Homeschool Consultant and Coach, and Ohio Licensed Intervention Specialist. Tuesday, March 7, 6:30 pm Willoughby Public Library

**Willowick Family Yoga with Miss Ginger** The family that flows together grows together. Join us for a yoga class designed with the whole family in mind. Ages 4+. Please bring your own yoga mat. Tuesday, March 7, 6:30 pm Willowick Public Library

**Homeschool Wednesdays** Join us for a series of programs aimed at helping homeschoolers. Prepare for spring planting season with a Seed Saving Workshop presented by Danielle Jacobs of the Cleveland Seed Bank. We focus on activities that allow students to be creative, explore interests, and learn new skills. We encourage teen homeschoolers to meet and collaborate with one other on shared learning experiences. Open to grades 6-12 (ages 12-18). Registration is encouraged and walk-ins are welcome! Wednesday, March 8, 2-4 pm Willoughby Public Library

**Family Movie Night at the Hills** Watch movies recently released on DVD up on the big screen. Doors open at 3:30 pm with the movie starting at 4 pm. Wednesday, March 8, 3:45 pm Willoughby Hills Public Library

**Rescue Readers** In 20-minute sessions, emerging readers will gain confidence, improve skills, and provide soothing company to cats and small critters as they await adoption at Lake Humane

Society in Mentor. Thursday, March 9, 3-5 pm Lake Humane Society  
**Homeschool First Chapter Book Club** Each month, we'll read aloud the first chapter of a new book and enjoy a hands-on activity inspired by the featured story. Copies of the book will be available for check-out, so you can continue reading at home. (Ages 5-12). Friday, March 10, 1 pm Willoughby Hills Public Library

**Community Helper Storytime – Police Officer!** Join us for a storytime where we celebrate Police Officers and all the hard work they do. We will be singing and dancing with a local Willowick Officer who will be available to answer questions for the kids. Saturday, March 11, 10 am Willowick Public Library

**Family Book Club** Reading and discussion group that invites families to read a book together, either aloud or individually. Join us each month for a discussion about our selection, along with crafts and activities for the whole family. March Book: Pax by Sara Pennypacker Saturday, March 11, 1:30 pm Willoughby Public Library

**First Chapter Reading Club** Join us for a reading and discussion group that introduces school-aged readers to different subjects and genres each month. Through read-alouds, first chapter book tastings and group discussion and play, we'll help young readers find their next favorite book. Grades K-5. Monday, March 13, 6:30 pm Willoughby Public Library  
**Teen Coding Project** Complete a small coding project! Wednesday, March 15, 4 pm Willoughby Hills Public Library

**Homeschool Thursday** Children ages 6-12 will enjoy learning about specific subjects. Space is limited. Thursday, March 16, 1:30 pm, 3 pm Willoughby Public Library

**Homeschool Trivia** Children 6-12 will learn about various topics during a fun, no-pressure trivia game! Space is limited. Friday, March 17, 1 pm Willoughby Hills Public Library

**How to Win at Checkers** Join Richard Beckwith, Checkers Grandmaster and President of the World Checkers Draughts Federation, as he teaches game strategies through demonstrations and discussion. Ages 12-18. Refreshments provided. Saturday, March 18, 12 pm Willoughby Public Library

**LEGO Club** We provide the LEGOs;

you provide the imagination. Saturday, March 18, 1:30 pm Willowick Public Library, 263 E. 305th St., Willowick, 440-943-4151

**Spy Training for Kids** Come to a secret training mission! We will decipher codes, navigate a laser maze and more top-secret training exercises. Monday, March 20, 6:30 pm Willoughby Public Library

**W-E Library Boosters Spring Book Sale** Thursday, March 23: Member Preview Sale, 5-8 pm (\$5 bag sale-books only) Saturday, March 25: Public Sale, 8 am-5 pm (\$5 bag sale-books only) Sunday, March 26: Public Sale, 12-4 pm (\$5 bag sale-everything except DVD's) 38115 Euclid Avenue, Willoughby (Adjacent to Willoughby Library)

**Family Play Group** Winter weather really puts a damper on play. Come spend the morning playing with us. Gather your friends and hang out at the library. Toys, books, and manipulative toys will be available in the storytime room for everyone to hang out and play with. Friday, March 24, 11 am-

## ANXIETY BEFORE CAMP FROM PAGE 2

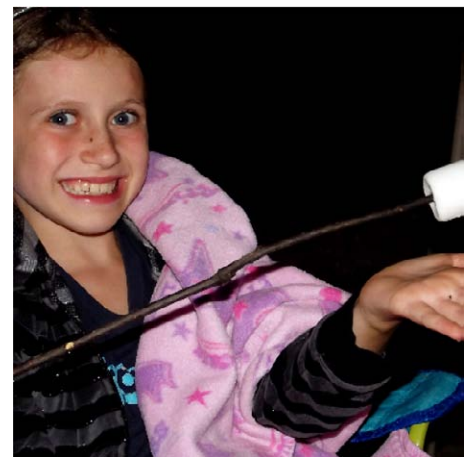
just fine. Let them know *you will be there for them* by hugging them and repeating it. **Note:** You might consider preparing for the phone call from camp that they want to come home (naturally fear and missing home). I can say that's never happened to me and I'm unsure of what to do with that one, but I do know that personally I would try to gently encourage them to stay by hearing them out first then focus on the activities they've done so far that were fun and what might be planned next; focusing on them and what they might enjoy there. (This requires self-control on your part- don't cry or allow your emotions about missing them, or worrying, get to you...take it from this military Mama...that was rule #1 during those hard phone calls home from basic training.)

I'm not a psychologist obviously, so if you are concerned that your child needs more help than just some simple supportive actions, or if you're concerned about issues otherwise, please consult your pediatrician and/or counselor for appropriate steps. But, if that is not part of the issue, and if you trust where they are, who is guiding and watching over them, and you feel comfortable, just support your child. They usually have fun once they're there and things get rolling.

12 pm Willowick Library  
**Learn and Play Chess Club** All ages and skill levels are welcome. Enjoy playing against people of various experience levels, in a friendly environment. An excellent opportunity to learn strategies and develop skills. Saturday, March 25, 12-4 pm Willoughby Public Library

**Willowick Spring Fling Carnival** Celebrate the start of spring at the Willowick library. We will have crafts, and games for the whole family. Wednesday, March 29, 6:30 pm Willowick Public Library

**Author and Illustrator Visit: The Domino Effect by Karen Rocco and illustrated by Betsey Burrell** The Domino Effect is about a little girl's imagination and the journey it takes her on. Lauren loves the life of a dog and would like to be as carefree! Join us to see what happens! Author Karen Rocco will read the book aloud as the illustrations are projected on the screen. Ages 4-8 Thursday, March 30, 2 pm



To assist you in your own separation anxiety, devote some time to your other children if you have them, spend it with a friend or your spouse, get some cleaning done, go to lunch, catch a movie, or catch up on some sleep. This free time doesn't come often, and they'll be back before you know it. Take advantage of it while you can.

I hope some of these ideas and examples better prepare you and your child to be Happy Campers this season. For more common sense and emotionally intelligent parenting stories and ideas, visit our blog: [www.FamilyMatterswith-Amber.org](http://www.FamilyMatterswith-Amber.org).



# Indoor Sports and Fun at LNSP East!

## LIL KICKERS



**Winter session runs through March 14**

(It's never too late to join!)

**Spring session: March 14–June 3**

- Choose one day per week (Mon, Tues & Thurs 5–6 PM; Saturdays 9–11 AM).
- Innovative child development program based on soccer.
- Focus is on kids from 18 mos.–6 years.
- Classes run 50 minutes per session, once a week.
- Class fee of \$16.50/week.

Contact Kylie Lee (KLEE@LNSPORTSPARK.COM)

## SOCCER 101

**Spring session: February 4–March 25**

- Next level of child's soccer development after graduating from Lil Kickers.
- Boys & girls ages 6–10.
- Foot skills & fun competitive scrimmages.
- Classes on Saturdays from noon–1 pm.
- 8 weeks (\$120) plus registration fee.



Contact: Kaz (KAZ@LNSPORTSPARK.COM)

## LIL SLUGGERS

**Winter session runs through March 4**

(It's never too late to join!)

**Spring session: March 14–June 3**

- Introduction to baseball for kids 2–5 years old.
- Classes weekly on Mondays @ 5 pm & Saturdays @ 10 am.
- Nationally franchised child development program.
- Low student/instructor ratio (usually 4–6 kids per instructor).

Contact: Kylie Lee (KLEE@LNSPORTSPARK.COM)



## MIKE MORAN BASKETBALL CAMPS

Boys & girls  
ages 6–14

**Two separate one-week sessions**

Monday–Friday • 9 am–3:15 pm  
June 19–23 / June 26–30



Tuition is \$185.00 per camper per session.  
Early bird tuition is \$170.00 for campers registering by May 1!

Register at [www.morancamps.com](http://www.morancamps.com) or call  
440-338-8092 to request a brochure or for info.



**38630 Jet Center Dr., Willoughby**

North of Rt. 2 off Lost Nation Road

**440-602-4000**

**[www.LNSportsPark.com](http://www.LNSportsPark.com)**