

**Garden Seed Program Now**

SHOALS-Community Action Agency of Northwest Alabama's Gerald Williams Cooperative Garden Program offers FREE vegetable garden supplies to help qualifying local residents wishing to grow their own gardens. Sign-up is through March 25.

Participants in the program must reside in Lauderdale, Colbert, or Franklin counties and must not have a monthly gross income that exceeds \$1,699 for a single-person household, \$2,289 for a 2-person household,

\$2,879 for a 3-person household, or \$3,469 for a 4-person household. For each additional person, add \$590.

All residents should call 256-248-1921 from 1-4pm Monday-Friday.

The Cooperative Garden Program is a partnership of the Community Action Agency NW-Al, TVA retirees, Bicentennial Volunteers Inc., Southwire, and many others.

**Forrest is Academic All District**

FLORENCE -- University of North Alabama junior forward **Damian Forrest** of Fort Collins, Colorado has been named to the 2022-23 College Sports

More SHORTs... on Page 2

Volume 139 Number 19

March 1, 2023

POSTAL PATRON

**Courier Journal**

Serving Northwest Alabama and beyond with direct mail, saturation coverage

219 W. Tennessee St. Florence, AL. 35630 256-764-4268 USPS / CVC Circulation Verification Available



**FREE FURNACE**  
- or - Heat Pump Air Handler With  
Qualifying Purchase of AC System

**OFFER EXTENDED!**

Call for details.  
Offer expires 3/31/23.  
**256.381.7195**

**FULLER**  
HEATING • AIR CONDITIONING • PLUMBING & ELECTRICAL

AL HVAC 91114

For information about advertising in this spot, call 256-740-4701

At right, Physical Therapist Assistant, LaCinda Oyen works with Macey Kate.

UCP NW AL photo

**UCP March 5**

Annual Telethon from 1-4pm

SHOALS - United Cerebral Palsy of Northwest Alabama is gearing up for its 59th Annual Telethon from 1-4pm on Sunday, March 5 on My8 TV. (Channel 6 on DirecTV and 206 on Comcast).

"Just about every local civic group supports the telethon financially each year and so many of our local churches," said UCP Center Executive

See UCP TELETHON... on Page 11



**UCP's 59th Annual Telethon 1-4pm March 5 My8 TV**

**Land Trust Receives Cane Creek Canyon**



photo: Ed Balch

TUSCUMBIA- The spectacular 693 acre preserve in Colbert County we know as Cane Creek Canyon Nature Preserve has been donated to Land Trust of North Alabama.

The Land Trust had been assigned a conservation easement for the property in August 2020. It was previously held by The Nature Conservancy in Alabama.

The Land Trust last year located two staff members on-site during the preserve's open hours to assist visitors, provide trail information, and continue

property and trail maintenance. The property southwest of Tusculumbia has been preserved by Jim and Faye Lacefield for the last 40 years. During that time, they cared for the land, welcomed visitors to explore and study their beautiful property, and created nearly 18 miles of hiking trails.

"The Land Trust is truly honored that the Lacefields have entrusted us with their dream," said Marie Bostick, Executive director of the Land Trust of North Alabama. "It

See CREEK... on Page 9

**INSIDE This Issue**

**Automotive Inside NOW**

Greenway Honda  
Oakley Auto Sales  
Advance Auto Sales  
Used Cars

- Medicare Minute
- The Truth in Love
- Walkable City Conspiracy
- Puzzle Whirl

- Ask the Attorney
- Adopt-A- Friend
- New Trail at Wildwood Park
- Hocus Focus
- Soaps
- Dave Ramsey



- Walker Concert
- Guest Opinion by Allen West

**SIGNS of the PAST**



**Online Only:**

**Mystery Photo** WIN A MEAL FOR 2

■ Web Poll  
■ Pet Talk  
■ Outdoors

Visit Us Often at: [www.CourierJournal.net](http://www.CourierJournal.net)

Facebook.com/FlorenceCourierJournal



**WE HAVE CPAP's IN-STOCK**

235 Azalea Dr. • Florence • 256-764-6633

# FREE FU

- or - Heat Pump  
Qualifying Purch

*American Standard*<sup>®</sup>  
HEATING & AIR CONDITIONING



# JURNACE

**Air Handler With  
ase of AC System**

**OFFER EXTENDED!**

**Call for details.  
Offer expires 3/31/23.**

**256.381.7195**

**FULLER**  
**HEATING • AIR CONDITIONING • PLUMBING  
& ELECTRICAL**

**AL HVAC 91114**

**WE BUY JUNK and Repairable Vehicles** with titles. Towing \$60 Call Ron 256-275-6540

**WATCH & CLOCK REPAIR**  
256-572-2679 Killen, AL

**UPGRADE THE VALUE OF** Your Land with a Forestry Cutter. Get rid of undergrowth along fence lines and around fields. Free Estimates, 256-366-0966.

**WE BUY RIDING MOWERS,** John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not, 256-275-2276

**X-CARVE 750MM CNC PACKAGE** It comes with clamps, Dewalt 611 router, z-probe, carving bit starter set, planing bit, spiral O-cut bit, flat nose end mills, carving liner, up-cut spiral bit, up/down spiral bit, Noga mist cooling system, and more. 334-275-0441. Paid \$2,300, selling for \$1,500 firm, you pick up.

## Shorts... Academic All District

Continued from Page 1

Communicators Academic All-District® Men's Basketball Team. The honor recognizes the nation's top student-athletes for their combined performances on the court and in the classroom.

Forrest has a 3.83 cumulative grade point average in Finance.

Having started all 29 games this season for the Lions, Forrest averages 8.1 points and 6.8 rebounds per game. He leads the Lions with 37 blocked shots and is shooting 53.1 percent from the floor.

**Forrest**

Forrest has been a key performer as UNA has won nine of its last 10 games and moved to 18-11 overall and 10-6 in the conference entering Wednesday's home game against Kennesaw State.

Services were at 1 p.m. Sunday, February 26, 2023, at the Mc-Neece-Morris Funeral Home Chapel in Fulton with Bro. Tim Akers officiating. Burial will be in Itawamba Memorial Gardens.

## Music Day Camp Slots

FLORENCE—Muscle Shoals Music Camp, a day camp for high schoolers hosted primarily at the UNA School of the Arts and the Department of Entertainment Industry facilities, is scheduled for Monday-Friday, June 12-16.

Applications are at [muscleshoalsmusic.com](http://muscleshoalsmusic.com). Deadline to submit applications is Saturday, April 1. Successful applications submitted by Wednesday, March 1, will receive an early-bird discount on the \$250 cost, which includes meals, transportation and admission fees to sites the campers will visit.

Campers will explore the music business from creating compositions to negotiating contracts, and learn about historic studios and venues. Instructors include UNA educators Sam Merciers, Meghan Merciers, Bob Garferrick, Charles Brooks and Alex Wittscheck plus songwriters Stephanie Brown and Mark

See SHORTS... on Page 6

## OBITUARY Greta Lou Hankins West

September 10, 1931- February 21, 2023

Greta Lou Hankins West, 91, passed away on Tuesday, February 21, 2023, at the Red Bay Hospital after a sudden illness. She was born September 10, 1931, in Fulton, MS., to Henry and Lorene Pierce Hankins. She was retired from Coffee High School in Florence, Alabama, where she was an administrative assistant. She was an accomplished painter, and enjoyed painting sculptures, especially Santa Claus ones. She enjoyed watching sports, especially football. She was a very sociable person with a good sense of humor. She loved people, and especially loved her grandchildren, and great granddaughter.

Survivors include one son, John Stanton "Scooter" West (Pamela) of Florence, AL; one daughter, Marla Jo LeDoux (Roger) of Leesville, LA; four grandchildren, Kaileigh West, Zachary West, Regan DeWitt (Zack), and Lori Le-Doux; one great granddaughter, Charlotte "Lottie" DeWitt.

She was preceded in death by her husband, John Merle West; one brother, Elzie Hankins; three sisters, Maynee Hankins Summerford, Mauvine Hankins Mc-Neece, and Nadine Hankins Mc-Neece; and her parents.

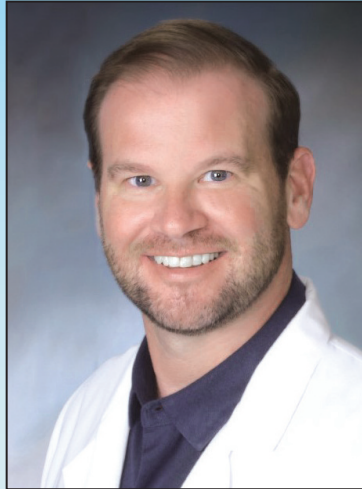
Visitation was Sunday from 11 a.m., until service time at the McNeece-Morris Funeral Home in Fulton. Pallbearers were Keith Akers, Jim Floyd, Ben Floyd, Andy Witt, Chris Witt, Pat Hankins, and Ross Hankins. Honorary pallbearers were Don McNeece, Dan McNeece, Jimmy Floyd, and Jordan Hankins.

The family wishes to thank, Pam, Greta's daughter-in-law, for her wonderful care and love of Greta.

Online condolences can be shared at [www.mcneecemorrisfuneralhome.com](http://www.mcneecemorrisfuneralhome.com).

# Shoals Primary Care

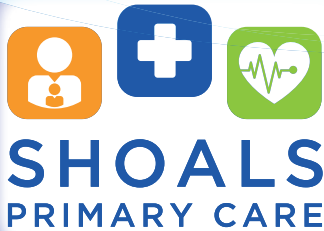
**Dr. Brad Ginevan**  
is Welcoming  
New Patients  
in Sheffield



Monday-Thursday • 8am - 5pm

MOST INSURANCE ACCEPTED • MEDICARE PATIENTS WELCOME

Walk-ins are Welcome



342 Cox Boulevard  
Sheffield  
256-383-4473  
[shoalsprimarycarellc.com](http://shoalsprimarycarellc.com)

## Shingle & Metal Roofing

- Standing Seam
- Custom Made on Job Site
- Concealed Fasteners
- Competitive Pricing

## ALUMINUM GUTTERS

LICENSED, INSURED & BONDED

USA Made Products

Jerry & Chad Gann  
**GANN'S**  
Discount Siding, Inc.  
Leighton  
**256-446-9767**

Now Accepting 531128-1



6591 Chisholm Rd. (Hwy. 17 North)  
Florence • 256-764-9179

We sell Gas!

## FRESH MEAT

Ad Valid:  
March 1-7, 2023

We Accept EBT Cards, Credit Cards & Debit Cards

LIKE Us On FACEBOOK

HOURS: M-F 6-10; Sat. & Sun. 7-10

**Rib Eye Steak** \$6.99 Lb.  
**Rib Eye Steak** 5/\$25

**T-Bone Steaks** \$5.99 Lb.  
**T-Bone Steak** 5/\$25

**New York Strip Steak** \$6.49 Lb.  
**New York Strip Steak** 5/\$19.99

**Filet Mignon Steak** \$9.99 Lb.  
**Whole Filet Mignon** \$7.99 Lb.

**Ground Beef** \$2.49 Lb.  
**Beef Patties** \$2.49 Lb.

**Boston Butt Pork Roast** \$1.79 Lb.  
**Whole Spare Ribs** \$1.99 Lb.

**Sirloin Pork Chops** \$1.69 Lb.  
**Country Style Pork Ribs** \$1.69 Lb.

**Pork Belly (Skin On)** \$3.99 Lb.  
**Hickory Country Bacon** 16 Oz. \$3.99

**Chicken Drumsticks** 99¢ Lb.  
**Chicken Thighs** 99¢ Lb.

**Whole Chicken Wings** \$1.59 Lb.  
**Mixed Chicken Wings (Drumsticks and Flaps)** \$2.59 Lb.

**Boneless Chicken Breast** \$1.99 Lb.  
**Chicken Tenders** \$2.49 Lb.

**Farm Raised Whole Catfish** \$5.99 Lb.  
**Chicken Leg Quarters** 10/Lb. Bag \$5.99

# Yard Sales

**TUSCUMBIA: 8222 WOODMONT DRIVE**, March 4th, Sat. 8AM-2PM, Even more sale items added. Women's and Men's Clothing, furniture, bedding, Christmas, household and more! Map ID #1136

**SELL IT**, and sell it faster with an ad in the Courier Journal. It's easy...See page 6 for details.

**MUSCLE SHOALS: 621 River Road** Wed., Thurs., Fri. + Sat. 8AM, Muscle Shoals Baptist, Missions Yard Sale! Furniture, washer, vinyls, ETC. Huge Sale! Map ID #1135

**ESTATE SALE OF BILL and MARILYN DEAN**  
419 Brooks Dr.  
Killen, AL 35645  
(Turn on Co. Rd. 473)

Fri., March 3rd, 9am-2pm  
\*Numbers given out at 8:30am  
Sat., March 4th 9am-2pm  
\*Numbers given out at 8:30am  
Sunday, March 5th 1pm-3pm

\*Parking is limited..  
Please Use Caution\*

Wallace Sterling Silver Flatware, Rosepoint Assorted Cast Iron including Martin Skillet, Military Uniforms, Books and Memorabilia, 1800's Navigational Sextant, Victorian Oil Paintings, Local Books, Leather Love Seats and Chairs, Acorn Chair Lift, Tahoe Ski Boat, Canoe, and Flat Bottom Boat, John Deere Lawn Tractor, Power Washer, Patio Sets, Tools, and much more!

**Cypress Creek Antiques & Estate Sales**  
256-275-0273  
Go to [Estatesales.net](http://Estatesales.net) to view pictures  
Map ID # 1133

**LEATHER ROCKER RECLINER.** excellent condition, \$165; Two Bookshelves 6 ft and 5 ft. \$85 both; Collection of Country & Bluegrass LP Records \$50 for all; Call 256-874-0503 Decatur

**WE BUY CARS, TRUCKS, VANS, SUVs, and MOTORCYCLES,** running or not. Must have titles, send a pic, get a price. 256-275-2276

**MANSELL ROOFING,** Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

**DIVORCE** as low as **\$300** Uncontested Excludes costs



**Law Office of Robert F. Smith\***

521 E. Tennessee St.  
Florence, AL

**256-764-ATTY (2889)**

**Divorce: Custody - Visitation - Modifications • 30+ Years Experience**

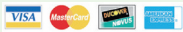
Personal Service From An Experienced Attorney

\*Fellow, American Academy of Matrimonial Lawyers

Fees quoted by phone

[www.ShoalsFamilyLaw.com](http://www.ShoalsFamilyLaw.com)

A Divorce & Family Law Practice



530987-1

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

## WINDOW WORLD OF MUSCLE SHOALS



ENERGY EFFICIENT

# Windows, Siding, Doors & More!

BACKED BY A LIFETIME WARRANTY



**FINANCING AVAILABLE**

GET YOUR FREE ESTIMATE

[WindowWorldMuscleShoals.com](http://WindowWorldMuscleShoals.com)

**(256) 383-8894**

717 Michigan Ave, Muscle Shoals, AL 35661



530987-1



Florence Nursing and Rehab wants to recognize and congratulate **Carl Wood and Betty Appleton** as the winners of the

**2023 King & Queen of Hearts Pageant**

**Florence** Nursing and Rehabilitation Center, LLC  
Loving Excellence in Senior Care

[florencerehabcenter.com](http://florencerehabcenter.com)  
2107 Cloyd Blvd, Florence  
256-766-5771

531002-1



Jeff  
256-412-1077

4210 Chisholm Rd. • Florence

Office  
256-766-5488

## We Tote The Note - Financing Available

<p><b>2014 Toyota Camry</b></p> <p><b>\$2,500</b> Down + \$100/week</p>	<p><b>2012 Chevy Malibu</b></p> <p><b>\$1,500</b> Down + \$100/week</p>	<p><b>2011 Nissan Maxima</b></p> <p><b>\$1,200</b> Down + \$100/week</p>	<p><b>2005 GMC Canyon</b></p> <p><b>\$1,200</b> Down + \$100/week</p>
<p><b>2012 Chevy Impala</b></p> <p><b>\$1,500</b> Down + \$100/week</p>	<p><b>2012 Ford Fusion</b></p> <p><b>\$3,000</b> Down + \$130/week</p>	<p><b>2004 Nissan Frontier</b></p> <p><b>\$2,000</b> Down + \$100/week</p>	<p><b>2014 Chevy Sonic</b></p> <p><b>\$1,200</b> Down + \$90/week</p>
<p><b>2011 Mercedes GLK</b></p> <p><b>\$2,500</b> Down + \$130/week</p>	<p><b>2006 Jeep Liberty</b></p> <p><b>\$1,200</b> Down + \$90/week</p>	<p><b>2011 Toyota Corolla</b></p> <p><b>\$2,500</b> Down + \$110/week</p>	<p><b>2014 Hyundai Tucson</b></p> <p><b>\$1,000</b> Down + \$90/week</p>
<p><b>2013 Ford Fusion</b></p> <p><b>\$2,500</b> Down + \$110/week</p>	<p><b>2013 Mazda CX-9</b></p> <p><b>\$2,000</b> Down + \$100/week</p>	<p><b>2007 Toyota FJ Cruiser</b></p> <p><b>\$3,000</b> Down + \$120/week</p>	<p><b>2007 Nissan Murano</b></p> <p><b>\$1,200</b> Down + \$90/week</p>

MANY MORE TO CHOOSE FROM

## Full Line Of New Bobcat & Mahindra Equipment

We Also Carry Quality Pre-Owned Equipment -

For More Info Call Greg Hallmark

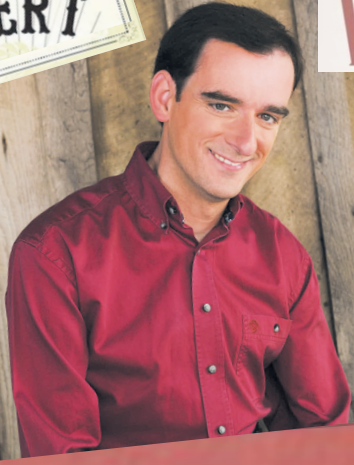
256-324-4367



531183-1

# KILLEN METHODIST CHURCH PRESENTS

## BRADLEY WALKER



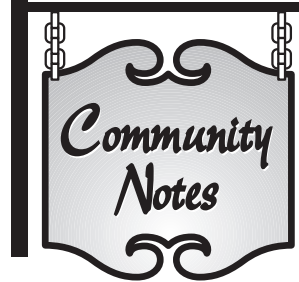
Sunday  
March  
5

We are pleased to host Award winning Bradley Walker, Sunday night, March 5th at 6:00 p.m. He will have merchandise for sale to support his ministry.

*Come join the fun !!*

6:00 - 7:00pm

201 J.C. Mauldin Hwy, Killen



COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.

- Email to [editor@courierjournal.net](mailto:editor@courierjournal.net);
- Look for "Submit News" on our website at [www.courierjournal.net](http://www.courierjournal.net).
- Fax to 256-760-9618;
- Mail to 219 W. Tennessee St, Florence, AL 35630; or
- Bring in person.

All properly submitted Community Notes which are dated will be posted weekly at [www.courierjournal.net](http://www.courierjournal.net). We do our best, however, there is no guarantee that this free information will be published each week in the paper. Visit our website for a complete list of community notes. If your item MUST appear in the paper a certain week, we suggest you also place a paid ad by calling 256-764-4268. That way it will be in at least one area of the paper. When your community note is published, your event will have coverage in two different locations.

- LifeSouth Blood Drive Dates**
- Wednesday, March 1 Phil Campbell High School 8am - 3:30pm
  - Thursday, March 2 Cherokee High School 8am - 3pm
  - Friday, March 3 TriGreen Equipment 10am - 3pm Leighton

- Saturday, March 4 Shoe Carnival 10am - 4pm Florence
- Sunday, March 5 Walmart 10am - 4pm Florence - Hough Rd
- Monday, March 6 Lexington High School 7:30am - 3:30pm
- Tuesday, March 7 Mitchell - Hollingsworth Nursing & Rehab 11am - 5pm Florence
- Wednesday, March 8 First Baptist Church of Colbert Heights 5-8pm Tusculmbia
- Thursday, March 9 Central High School 7:30am - 3:30pm Florence
- Friday, March 10 PetSmart Noon - 5pm Florence
- Saturday, March 11 Kiwanis Pancake Day 6:30am - 2pm Florence - Coliseum
- Sunday, March 12 Buff City Soap Noon - 5pm Florence

Killen Methodist Church Presents Bradley Walker - Sunday, March 5, 6pm - 7pm. FREE Concert. We are pleased to host Award Winning Bradley Walker. He will have merchandise for sale to support his ministry. Come join the fun! 201 JC Mauldin Hwy, Killen

See NOTES... page 5

NEVER USED TROY-BILT T.B.22 Weed Eater with hedge trimmer attachment \$125, 629-999-1588 Athens

COME JOIN THE SEW IN GROUP at the Killen Library on Wed., Feb. 22nd from 1 pm - 4:30 pm. Bring your project to work on. Adults only.

**FUSE BOX OR ELECTRICAL PROBLEMS?**

Call American Electric In Florence, AL. We have over 30 years experience, with friendly, dependable and affordable service. Locally and Veteran Owned, 256-760-1152

HOME IMPROVEMENT AND BUILDING: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

MANSELL ROOFING, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218



STATE-LINE SEPTIC PRO, LLC

**Services:**

- Septic Tank Installation
- Field Line Installation
- Field Line Repair
- Riser Installation
- Septic System Inspections
- Rainwater Drainage

Jordan Holloway, Owner  
256-702-6100  
[statelinesepcticpro@gmail.com](mailto:statelinesepcticpro@gmail.com)  
(We are now licensed in Tennessee)



# UNITED BENEFITS

## WHEN WE UNITE, YOU BENEFIT.

# DO YOU NEED LIFETIME INCOME?

## BENEFIT NOW AND LATER WITH UNITED BENEFITS

If you're looking for guaranteed increasing lifetime income, consider a **LIMITED TIME 32% BONUS\*** which can be applied to your lifetime income OR your death benefits! If you don't benefit from the bonus now, your family will later! You are guaranteed not to lose money due to market downturns.

\*MINIMUM DEPOSIT APPLIES



HAVE ANY QUESTIONS? CALL UNITED BENEFITS AT 866-558-2121

**TWO CEMETERY LOTS:**  
**GREENVIEW** Memorial Cemetery, Florence, \$2,200 each. Call 423-413-6079 If no answer leave message

**2009 HONDA ACCORD**, 4 cylinder, automatic, 210,000 miles, gray, cloth interior, aluminum wheels, runs & drives great, \$4,900 Call 256-764-5519

**ATVS!!!** Polaris 500 Ranger, 4x4, side-by-side, 612 hours, \$5,800. 256-810-7238.

**AKC STANDARD POODLES, \$500.** 12 wks., 4 males. 2 chocolate, 2 black. 256-509-2162.

**JUAREZ SERVICES: REMODELING,** Painting, Pressure Washing, Landscaping, Cutting Trees, Fences, Decks, Laminated & Tile Flooring. Free Estimates. Licensed & Insured. 256-415-3939

**LIFT CHAIR, BROWN LEATHER,** real good condition, \$300. 256-762-4090.

**POPPOPS BOXING GYM**  
 All age and skill level classes, personal training and boxing fitness. (256) 856-6213

**NEED HELP? A-Z Handy, Helpful, Honest.** Call or text Mr. Helper (ask for J.J.) 256-648-6916

**Transfer Video Tapes & film,** before they ruin! DATA VIDEO 256-710-0292

**HOME IMPROVEMENT AND BUILDING:** siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

**2001 FORD MUSTANG CONVERTIBLE,** V6, Automatic, good top, runs & drives, paint a little faded, \$1,950. Can be viewed at 177 Co Rd 61. Call 256-764-5519

**QUALITY HOME REPAIR**  
 Cabinetry, Stairs, Drywall, Fencing, Decks, Etc.  
**Jim: 256-648-7561**  
**40+ years of experience**

**•QUEEN BDRM. SUITE,** solid wood including headboard, footboard, dresser, chest and night stand, \$500. •Coffee table and 2 end tables, solid wood, \$200. 256-412-8350.

**OCCASIONALLY YOU MAY SEE** an ad duplicated and printed several times throughout the paper. This is done at the request of the advertiser. Each ad is paid for. Thank You for reading your Courier Journal.

**NELSON EXCAVATION**  
 Land clearing, hauling, driveways, & septic tank installation. Call Walsh Nelson 256-710-6182

**3 PAIRS OF COVERALLS** for a big man, excellent condition 256-574-2788

**DAVE'S HOME REPAIRS and REMODELING:** Sheetrock repair, Plumbing, Carpentry, Electrical, Tile & Painting. References. Quality Work, 256-702-2983

**GOLDENDOODLE PUPPIES - MINI, MEDIUM, & FULL-SIZE** \$900-\$1500. 256-443-3261 or 205-310-2066

**XLARGE ROLL-TOP DESK, SOLID oak,** medium oak stain, plenty of storage, \$250. 256-250-3584.

**ROOFING - LEAKS REPAIRED,** Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

**WE BUY CARS, TRUCKS, VANS, SUVs,** and MOTORCYCLES, running or not. Must have titles, send a pic, get a price. 256-275-2276

# DISH is ranked #1 in Customer Satisfaction with Cable/Satellite TV Service Nationally, 5 Years in a Row

We're committed to providing the best service, technology and overall value.

For J.D. Power 2022 award information, visit [jdpower.com/awards](http://jdpower.com/awards).



LOCAL CHANNELS INCLUDED

**190 CHANNELS** \$79<sup>99</sup>/mo.

EVERYTHING SPORTS & ENTERTAINMENT

**240+ CHANNELS** \$99<sup>99</sup>/mo.

EVERYTHING SPORTS, ENTERTAINMENT & MOVIES

**290+ CHANNELS** \$109<sup>99</sup>/mo.

**3-Year TV Price Guarantee + FREE Locals + Over 60,000 Free Movies and Shows**

3-year price guarantee requires credit qualification and 2-year commitment with early termination fee and eAutoPay, and covers core programming, local networks, and equipment. Prices include Hopper Duo for qualifying customers. Hopper, Hopper w/Sling, or Hopper 3 \$5/mo. more. Upfront fees may apply based on credit qualification. Fees apply for additional TVs: Hopper \$15/mo., Joey \$7/mo., Super Joey \$10/mo.



## 3-Year TV Price Guarantee

The only provider that guarantees your TV price for three years.

Get the new 3-Year TV Price Guarantee with just a 2-year commitment

**Shop local for superior customer service today!**

The Wrights, serving the Southeast's entertainment needs since 1958!



Shoals Satellite Sales & Service, Inc.  
**(256) 333-5151**  
 414 Highway 43 South • Tuscumbia, AL 35674  
[ShoalsSatellite.com](http://ShoalsSatellite.com)



**Offer for new and qualifying former customers only. Important Terms and Conditions:** Requires credit qualification and 2-year commitment. Upfront activation and/or receiver upgrade fees may apply based on credit qualification. **Offer ends 4/12/23. Offer requires 2-year commitment:** Early termination fee of \$20/mo. remaining applies if you cancel early. **Included in 3-year price guarantee at \$79.99 advertised price:** America's Top 120 programming package, local channels, HD service fees, and Hopper Duo Smart DVR for 1 TV. **Included in 3-year price guarantee for additional cost:** Programming package upgrades (\$94.99 for AT120+, \$99.99 for AT200, \$109.99 for AT250), monthly fees for upgraded or additional receivers (\$7 per additional TV, receivers with additional functionality may be \$10-\$15). **NOT included in 3-year price guarantee or advertised price (and subject to change):** Taxes & surcharges, add-on programming (including premium channels), DISH Protect, and transactional fees. **Premium Channels 3 Mos. Free:** After 3 mos., you will be billed \$20/mo. for Showtime and DISH Movie Pack unless you call or go online to cancel. **Remote:** The DISH Voice Remote with Google Assistant requires an internet-connected Hopper, Joey or Wally device. Customers must press the Voice Remote button to activate the feature. **Other:** All packages, programming, features, and functionality and all prices and fees not included in price guarantee are subject to change without notice. After 6 mos., if selected, you will be billed \$10.99/mo. for DISH Protect Silver unless you call to cancel. After 3 years, then-current everyday prices for all services apply. For business customers, additional monthly fees may apply. Free standard professional installation only. PREM\_776544

## Notes...

Continued from page 4

There is space for YOUR EVENT here, and plenty of eyes to read it. Email your information to [editor@CourierJournal.net](mailto:editor@CourierJournal.net).

**Wilson Track and Field and the Cross Country Team Warrior Color Run is set for April 15.**

1 Mile Color Run Begins @ 9am  
 Zumba Begins @ 10am OPEN TO THE PUBLIC. The entry fee is \$25.

Sponsorships from \$25-\$500 are available through March 3.

Vendors and Food Trucks will be open from 9am until noon in the Wilson High School Gymnasium.

Runners Swag can be picked up at registration table on the day of the event beginning at 7am.

Register for the event at: <https://warriorcolorrun.itsyourrace.com/register>

Those interested in sponsoring may email Lindsey at [warriorathleticboosters7601@gmail.com](mailto:warriorathleticboosters7601@gmail.com).

**Church Women United invites all to World Day of Prayer, Friday, March 3 at 10am** at North Wood United Methodist Church, 1129 Willis Ave. in Florence.

The theme is "I Have Heard About Your Faith" CWU Mission: "Agreed to Differ, Resolved to Love, United to Serve."

**The Florence Kiwanis Club will host its Annual Pancake Day on Friday and Saturday, March 10-11** at the Florence-Lauderdale Coliseum on Veterans Dr, Florence.

Friday, March 10 from 6am-7pm  
 Saturday, March 11 from 6am-1pm

Advance Tickets \$8, 10 or more \$7

At the Door \$10 Children under 12, \$5

Advance tickets can be purchased from any Florence Kiwanis member and at any of the following locations:

- First Southern Bank (303 N Pine Street, Florence location only)

- Harris Elder Law Office (407 S Court Street, Florence)

- Progress Bank (230 E Tennessee Street, Florence) or

- at [www.FlorenceKiwanis.com](http://www.FlorenceKiwanis.com)

For more information, see <http://florencekiwanis.com/> or Kiwanis Club of Florence, AL on Facebook. All proceeds are donated to child/family-focused organizations in the Shoals. Visit [www.FlorenceKiwanis.com](http://www.FlorenceKiwanis.com)

**United Cerebral Palsy of Northwest Alabama is gearing up for its 59th Annual Telethon** taking place from 1-4pm Sunday, March 5 on My8 - Channel 6 on DirecTV and 206 on Comcast. Florence High School produces our telethon each year.

UCP provides free therapy and services to children in northwest Alabama who are developmentally disabled/delayed. They currently serve approximately 60 children who have various delays or disabilities including children who have cerebral palsy, autism, Down syndrome, cleft palate, spina bifida, etc.

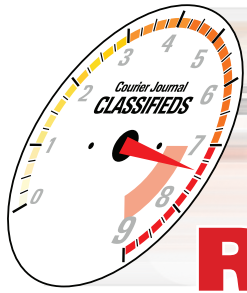
All money raised on March 5 will stay right here in northwest Alabama to help local children and their families.

**Cypress Creek Methodist Church, will be hosting the group, High Road, on Sunday, March 5 at 5pm.** This is a free concert. A generous love offering will be accepted. 801 Bruce Lane is off of Cox Creek Pkwy North, in Florence.

**Hi Neighbors of the Shoals meets on the first Tuesday of each month (March 7) at 10:30am** in the Florence Public Library. We are a women's social group welcoming all ladies who are residents of the Shoals area. Come join us! Contact Berta Birch, 256-777-3119, for further details.

**The Muscle Shoals Chapter of TVA Retirees will meet at 10am Wednesday, March 8** at the TVA Credit Union, 1405 Wilson Dam Road in Muscle Shoals. Free lunch and door prizes!

**See NOTES... page 24**



Courier Journal

# Classifieds

Sell it fast with a

## RED LINE AD only \$3 additional

**HOUSECLEANING** for your office or home. Call 555-1234 for a free estimate. 15 years experience, insured, References available.

Attract the most attention and sell your items red line fast when you choose to **Red Line** your Classified Ad. **THE FIRST LINE OF YOUR AD APPEARS IN RED CAPS.**

### TNValleyStuff.com

As an added bonus for our advertisers, all classified ads placed in the Courier Journal are also online at [TNValleyStuff.com](http://TNValleyStuff.com).

**ONLINE** - at our Website... Go to [www.courierjournal.net](http://www.courierjournal.net) and click "Place a Classified"

**PHONE** - 8AM-5PM Mon-Fri Charge to Credit/Debit Card by calling **256-764-4268**

**FAX** - 24 HRS - Charge to Credit / Debit Card by faxing an ad to **256-760-9618**. Include exp. date. List how many weeks the ad is to run.

**MAIL** - Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

**OFFICE** - Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

ADVANCE PAYMENT IS REQUIRED in cash, check or Credit/Debit Card. Phone-in Ads MUST be Charged to Credit/Debit Card! NO EXCEPTIONS! NO REFUNDS!

**DEADLINE: Friday 5pm**

**Private Party Rate 4 LINES** Each additional line - \$1.50 - Prepay - NO REAL ESTATE • 1 item per ad - 4 Weeks/3 lines 1 ITEM \$16 Each additional line - add \$5 ..... **\$5<sup>50</sup>** / Week

**Commercial Rate 4 LINES** Each additional line add \$1.50 - applies to anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not - including pets. 6 Weeks \$36 - Each additional line - add \$7.50 total ..... **\$8<sup>00</sup>** / Week

**Real Estate Rate 5 LINES** Each additional line add \$1.50 - applies to agencies, individual, developers and anyone engage in selling, renting, leasing structures and/or properties in Real Estate or General section. 6 Weeks \$36 Each additional line - add \$7.50 total ..... **\$8<sup>00</sup>** / Week

**Yard Sales 6 LINES** Each additional line - \$1.50 YARD SALES - An exclusive listing of the area's better sales prominently placed ..... **\$12<sup>50</sup>** / Week

**Employment 6 LINES** Each additional line - \$2.25 EMPLOYMENT - Looking for employment or Businesses looking for employees ..... **\$15<sup>50</sup>** / Week

**Private Party Auto Rate Up to 8 LINES for 4 weeks.** Each additional line - \$2.00..... **\$17<sup>00</sup>** / 4 wks

\*one line is approx. 30 characters


Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Phone \_\_\_\_\_

➔ **HOW MANY WEEKS?** Multiply the number of weeks - X - the cost of the ad..... \_\_\_\_\_

**YES! RED LINE MY AD!**  PLEASE CHECK THE BOX **only \$3 additional**

**MAILING ADDRESS:** Courier Journal, 219 W. Tennessee St., Florence, AL 35630

**Please Print Ad Clearly.** NOT RESPONSIBLE for illegible handwriting

**Questions?** Call our office at 256-764-4268.

## Shorts...

### Music Day Camp Slots

Continued from Page 2

Narmore. Students will also discuss writing, recording and performing with local musicians such as **GMANE, Thaddeus Rowell, Lisa Silver** and others.

Additionally, upon arrival at camp, students will be formed into bands. Over the course of the week, each group of campers will work together to write and record a song.

"Our first camp was last year and it was a great success," said **Carrie Crawford**, director of the Muscle Shoals National Heritage Area, which is helping sponsor the camp. "The students had fun and learned so much. They worked together to create and produce some amazing music that they then performed in a live concert. Everybody loved it!"

For details, visit [muscleshoalsmusiccamp.com](http://muscleshoalsmusiccamp.com), email [csota@una.edu](mailto:csota@una.edu) or call 256-765-4559.

on the East Campus of the UNA, along with the Shoals Economic Development Authority have partnered to launch Code Alabama in June, and 12 scholarships are available for the first group of students.

Coding is a lucrative and desired skill in today's workforce. The program provides a valuable opportunity to anyone seeking to enhance their proficiency.

Code Alabama is a 96-hour/eight-week course, and **Dr. Mark Terwilliger**, a Computer Science Professor at UNA, will be the lead instructor. Students who complete the program will have acquired a fundamental understanding of programming concepts, exposure and hands-on experience with two popular programming languages, and they will have begun to acquire skills necessary to become contributing members of a software development team.

"We are confident that this new workforce development program will enhance our existing efforts to grow the technology sector in the Shoals," said **Adam Himer**, Shoals EDA Vice President. Code Alabama will also improve our ability to attract new technology companies to the area that will provide quality jobs."

### Code Alabama Scholarships

FLORENCE - The Center for Learning and Professional Development



### Personnel

#### EDITOR & PUBLISHER

Thomas V. Magazzu

#### ADVERTISING EXECUTIVES

Sadonna B. Magazzu  
Judy Cox  
Gregg Scott  
Heather Ridinger

#### GRAPHIC COORDINATORS

Russell Roden  
Andrea L. Gray

#### OFFICE STAFF/CLASSIFIED

Janie Brasfield

#### CIRCULATION

Ted Fallin

#### OFFICE HOURS:

Monday - Friday  
8:00am - 5:00pm

Copyright © 2023  
All Rights Reserved

**DEADLINES:** Issues Published Every Wednesday

INSERTS - 5 pm Thursday

DISPLAY ADS - 5 pm Thursday

CLASSIFIED ADS - 5 pm Friday unless otherwise specified

219 W. Tennessee St.

Florence, AL 35630

256-764-4268

Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 66,500 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

**EDITORIAL POLICY:** Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

219 W. Tennessee St.  
Florence, AL 35630

or email to: [editor@courierjournal.net](mailto:editor@courierjournal.net)

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

## Walk In Appointments Welcome



### Northwest Alabama Medical Associates

## Welcoming new patients and families.



Dr. Flora Kayfan



Tonia Long, CRNP

### We specialize in Family and Adolescent Medicine.

### Accepting Medicare & Medicaid

For Appointments, Call

## 256-349-5275

### 2095 Florence Blvd., Florence



**PRESSURE WASHING**  
 Give Daniels Clean Exteriors a call for all of your Pressure Washing needs. Free estimates, Licensed & Insured, 256-412-0131

**CHROME TOOL BOX FOR** small compact pickup, \$50. 256-686-2377 or 256-616-7379.

**BEAUTIFUL LABRADOODLE PUPPIES** 256-483-7038

**TOYOTA: HIGHLANDER LIMITED, 2012** \$17,950. Full power, heated leather, sun-roof, alloy wheels, rear-view camera. **Excellent maintenance history**, just serviced. Must See and Drive! 256-527-2125.

**WHITLOCK REMODELING**

Room additions, sunrooms, all flooring painting, interior, exterior, windows & doors, drywall finishing, re-finishing, hanging, kitchens, bathrooms, vinyl siding, porches ceramic tile, etc.  
**Senior Citizen Discounts Insured, 256-349-3703 or 256-291-6630**

**TREADCLIMBER BY BOWFLEX TC5**, \$250 OR will trade for running sewing machine. 256-580-0108.

**SMALL ELECTRIC ADDING MACHINE** 256-574-2788

**WE BUY JUNK CARS, TRUCKS, VANS, TRACTORS and FARM EQUIPMENT**, with or without a title. 256-394-1984

**AKC MULTI-CHAMPION BLOODLINE ROTTWEILER PUPPIES**, 256-945-1383 or 256-227-2555 Hartselle

**SHOTGLASS GUNS, INC.**

Gunsmithing, Repairs, Refinishing, Action & Trigger jobs, Stock work, etc.  
 Cerakote, Refurbishing  
 103 Taylor Road, Florence 256-349-5051

**Dr. Darin Bowling**  
 Family Medicine & Weight Loss  
**Shoals Primary Care**



*Now Accepting New Patients*  
**Walk-ins are Welcome**

**MOST INSURANCE ACCEPTED**  
**MEDICARE PATIENTS WELCOME**

*Monday-Thursday 8am - 5pm • Friday 8am-Noon*

**Admitting to Helen Keller Hospital**



**342 COX BOULEVARD SHEFFIELD**  
**256-383-4473**  
 shoalsprimarycarellc.com

Are you a **diabetic?**

Do you have a **sore** on your foot?



*A foot ulcer is an open sore on the foot that can be difficult to heal.*



What we offer:

- Advanced wound care
- Amputation prevention
- Personalized treatment plans

**Don't Wait, Call**

**256-760-8485**

2577 Mall Road Suite A • Florence

No representation is made about the quality of the podiatric services to be performed or the expertise of the podiatrist performing such services.

531001-1



**CALL NOW**

**FREE ESTIMATES**

**CASH FOR CLUNKERS**



**\$500 CASH**

**For Your Old Air Conditioner When You Upgrade To A Qualifying System**

*Financing Available For As Low As \$100 A Month*



**256.394.4662**



AL HVAC #04009

530737-1



# Peoples piggly wiggly

Down Home, Down The Street  
Cherokee • 256-359-6651

**8-7 Mon thru Sat  
10-5 Sunday**

Quantity & correction rights reserved.  
None sold to dealers. We reserve the right  
to correct typographical and pictorial errors.  
Limited quantities. Sorry no rain checks.  
While supplies last.

**Prices Good  
March 1-7, 2023**

Certified Angus Beef  
**Sirloin Tip Roast**



**\$4.29** Lb.

SINCE 1978  
CERTIFIED ANGUS BEEF BRAND

**Split Bone-In  
Chicken Breasts**



**\$1.99** Lb.

**Whole Boneless  
Pork Loins**



**\$1.69** Lb.

Oscar Mayer  
**Lunchables**



**2/\$3**

3.2 & 4.3 Oz.

Bryan **Bacon**  
Thick Or Regular



**2/\$7**

12 Oz.

John Morrell  
**Franks**



**\$1.39** 12 Oz.

\*Free of the Following Food Allergens:  
No Milk • No Egg • No Soy • No Fish • No Pea • No Wheat

Carolina Pride  
**Lunchmeats**



**2/\$6**

1 Lb.

Gwaltney **Bologna**  
Thick Or Regular



**\$1.99** 1 Lb.

Johnsonville Hot Or Mild  
**Ground Italian Sausage**



**\$4.29** 1 Lb.

Assorted  
**Pop-Tarts**  
8 Ct.



**\$2.99**

Pink Beauty  
**Pink Salmon**  
14.75 Oz.



**2/\$7**

Original  
**Spam**  
12 Oz.



**2/\$7**

Piggly Wiggly **Fruit** - Sliced  
Peaches, Fruit Cocktail Pear Halves  
Or Peach Halves  
29 Oz. Can



**2/\$5**

Assorted Piggly Wiggly  
**BBQ Sauce** 18 Oz. Or  
**Steak Sauce** 10 Oz.



**2/\$3**

Kraft Original  
**Mayo**  
30 Oz.



**\$3.99**

Frito-Lay **Doritos** 6-10.5 Oz.  
Or **Tostitos**  
9.5-12.5 Oz.



**2/\$7**

**Coke Products**  
6 Pk. 1/2 Liters



**3/\$11**

**Coke Products**  
12 Pk. 12 Oz. Cans



**2/\$12.50**

**Coke Products**  
2 Liter Bottles



**2/\$3.50**

Pillsbury **Biscuits** 10.2-12 Oz.,  
**Cinnamon Rolls** 5 Ct. Or  
**Crescent Rolls** 4 Ct.



**2/\$3**

## THE SEASON'S FINEST PRODUCE

Peelz  
**Clementines**



**\$3.99**  
2 Lb. Bag

Red Or Orange  
**Bell Peppers**



**2/\$3**

**Tomatoes**  
On The Vine



**\$1.49** Lb.

Florida  
**Strawberries**



1 Lb. Pkg.  
**2/\$5**

Dole Very Veggie  
**Salad Mix**



**\$2.99**  
10 Oz. Bag

Fresh  
**Cucumbers**



**2/\$1**

**ANTONIO'S REMODELING**  
Painting Interior/Exterior, Water Damage, Carpentry, Concrete Driveways, Drywall, Decks, Showers. Licensed/Inured. Free Estimates. Call 256-577-8660

**BEAGLE PUPPIES, FULL BLOODED**, no papers, 7 weeks, \$175. 256-460-7695 Vina

**BUICK: LACROSSE CXL, 2009** \$11,950. Only 49K miles, 4 door, heated leather, full power, just serviced. Outstanding Condition! 256-527-2125.

**MANSELL ROOFING**, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

**GUTTER WORKS**, Seamless gutters, gutter guards, clean out and more! Free estimates. Call 256-394-3497.

# Creek...

Continued from Page 1

was their passion to protect this irreplaceable landscape and share it with the world. We are thrilled to carry on that mission."

Cane Creek Canyon's rolling topography and dramatic falls provide a diverse ecological area supporting significant biodiversity, cultural history, and recreational and educational opportunities. The Land Trust has been helping to safeguard the area's rich biological resources and aquatic corridors since the easement assignment in 2020. They will continue providing those natural habitats for a wide variety of plants and wildlife.

This is the Land Trust's ninth public nature preserve and first in northwest Alabama.

Cane Creek Canyon Nature Preserve is open to the public Friday-Sunday from 7am-5pm. For information, visit [landtrustna.org/properties/cane-creek-preserve](http://landtrustna.org/properties/cane-creek-preserve).

**CAN YOU FIND THE DIFFERENCES** in the two drawings? Look for Hocus Focus each week, only in your Courier Journal.

## Each One Can Reach One

**Shoals CASA** is seeking caring community members to join our team as Court Appointed Special Advocates for local abused and neglected children.



For more information, on how you can volunteer and help change a child's story contact us today.

Heather Begley - Executive Director  
256-765-0041 • [hbegley@shoalscasa.org](mailto:hbegley@shoalscasa.org)

## Thinking of Selling Your Unwanted Diamonds & Gold?

Bring Them to the Jeweler You Trust.  
*We Pay Top Dollar*



285 Cox Creek Parkway • 256-764-4013  
[Shop.groganjewelers.com](http://Shop.groganjewelers.com)

**Do you need a new HVAC system?**

**Or, do you need a maintenance?**

**Call Today! 256-648-4893**      **Schedule Online callmpe.com**

**MPE SERVICES LLC**  
Heating & Air • Plumbing • Electrical  
Full Restaurant Repair • LED Lighting

24/7 EMERGENCY SERVICE

TV Energy Right QUALITY CONTRACTOR NETWORK

590932-1

# Alabama Awnings Co., Inc.

Serving Since 1986

Improve an entry way...

Add beautiful entertainment space....



**FREE ESTIMATES**

256-767-1900 • 4617 Huntsville Road • Florence  
[www.alabamaawning.com](http://www.alabamaawning.com)



**BUY HERE • PAY HERE**

**BUY HERE PAY HERE CARS**

**HOURS: Mon.-Fri. 8am-5:30 pm & Sat. 8am-Noon • After Hours by Appointment**

**Down Payments Starting At \$1,500**

<p>2013 Ford Fusion</p> <p><b>\$99/week</b></p>	<p>2016 Sonata</p> <p><b>\$99/week</b></p>	<p>2015 Sentra</p> <p><b>\$96/week</b></p>
<p>2013 Ford Edge</p> <p><b>\$99/week</b></p>	<p>2011 Chevrolet Cruz</p> <p><b>\$92/week</b></p>	<p>2016 Nissan Altima</p> <p><b>\$97/week</b></p>

**Service Department OPEN TO THE PUBLIC**

**Oil Change \$49<sup>99</sup> Most Cars**

**Brake Service \$89<sup>99</sup> Per Axle, Most Cars**

**LOWEST NO HASSLE PAYMENTS: WEEKLY • BI-WEEKLY • MONTHLY**  
In-House Financing Based on Debt to Income Ratio not Credit Score

**Repos • Bankruptcy • No Problem**

**Advance AUTO SALES**

**256-767-3705**

[www.nationaladvanceautos.com](http://www.nationaladvanceautos.com)

3641 Cloverdale Rd. • Florence

591239-1

# EMPLOYMENT Opportunities

**TELLER POSITION AVAILABLE**  
 Railway Credit Union  
 Please email resume to:  
[maryleighbrecu@live.com](mailto:maryleighbrecu@live.com)

**Massage Therapist, Certified**  
 full time / part time  
 Florence, AL  
 256-627-7919

**The City of Sheffield**  
 will begin taking applications for

## LABORER

FOR THE STREET DEPARTMENT

Applications will be accepted beginning **Monday, February 27 at 8am** through the close of business **Friday, March 10 at 4:30pm**. Applications with job description may be obtained in person from the **City Clerks' Office** and the **City's Facebook page**. The completed application must be returned to the City Clerk's Office, **600 N. Montgomery Ave., Sheffield**

**The City of Sheffield offers a Great Benefit Package**  
*The City of Sheffield is an equal opportunity employer.*

**Florence Housing Authority**  
 is seeking to fill vacancy for:

## Administrative Assistant

The job description is located on our website. To apply and be considered for the position, download the job application from our website at [www.flohousing.org](http://www.flohousing.org) and **email** the completed application to [floaccounting@flohousing.org](mailto:floaccounting@flohousing.org)

*No telephone calls. No hand delivered or faxed cover letters, resumes or other information will be accepted at Authority offices.*

**Applicant review will begin on Monday, March 20, 2023.**

**FLORENCE HOUSING AUTHORITY**  
 Equal Opportunity Employer

**E.S. ROBBINS CORPORATION**

## Multi-Craft Maintenance MECHANIC - 3rd Shift

**Primary Requirements:** 5 years' experience in plant or automobile mechanics required. Electrical troubleshooting skills needed: AC/DC motors, drives, relay's, safety circuits, starters.

**Mechanical Skills Needed:** welding, hands-on, pipe fitting, pumps, forklift. Must be able to repair equipment, perform preventive maintenance, have knowledge of refrigeration equipment, lift and carry heavy items, as well as work on elevated levels.

High school diploma or equivalent, strong work ethic, good communication skills, basic reading, writing and math skills.

**\$1,000 Sign-on Bonus after 6 mo.**

**Excellent, Low-Cost Benefits:** Blue Cross/Blue Shield/Dental/Life/Short Term Disability/Vacation/Holidays/401(K).

Apply online at [esrobbins.com](http://esrobbins.com), email [jobopportunities@esrobbins.com](mailto:jobopportunities@esrobbins.com), or in person at 2802 E Avalon Ave, Muscle Shoals, AL 35661  
*No phone calls please.*

Equal Opportunity Employer

**HOUSEKEEPER NEEDED:** Experience and References required. Please email contact information, experience and references to [sws@cvsusa.com](mailto:sws@cvsusa.com)

**HOUSE KEEPING FOR YOUR Home or Office.** Call 256-702-8828 for a Free Estimate. References available.

NACOLG Position Available

**CASE MANAGER I (Social Worker)**  
 Starting salary \$40,144

**Resume is not accepted in lieu of job application. Job Application available at <http://nacolg.org/human-resources> or NACOLG**  
 103 Student Drive Muscle Shoals, AL 35661

**Duties:** Assess needs and determine eligibility of prospective clients for Waiver services. Develop care plans, coordinate, and monitor services, maintain case files, records, and billing.

**Qualifications:** RN in AL or BS degree in Social Work or related field; Professional work experience preferred. Previous work experience with Medicaid Waiver program or any combination of education, training and experience that is commensurate with the requirements of the job.

Drug screen, background checks, MVR. Opportunity for advancement.

**EOE**  
 Deadline to apply: **March 8, 2023**

~Job Announcement~  
**Lawrence County Solid Waste**

**DIRECTOR POSITION**

The Lawrence County Commission is accepting applications beginning **February 27, 2023 - March 27, 2023** for the position of **Solid Waste Director**. Detailed information in full can be viewed on [Monster.com](http://Monster.com) or [TNValleyJobFinder.com](http://TNValleyJobFinder.com) for the following:

- Job Requirements
- Knowledge Requirements
- Pay & Benefits

Applications may be picked up at: Lawrence County Commission 12001 AL Highway 157 Moulton, AL or on our website at [www.lawrencecountyal.org](http://www.lawrencecountyal.org)

Completed applications and resumes may be delivered to the Lawrence County Commission or emailed to **Heather Rose** at [hdyar@cc.lawrencecountyal.gov](mailto:hdyar@cc.lawrencecountyal.gov)

*Lawrence County is an equal opportunity employer.*

**Certified Alarm Co. CENTRAL STATION OPERATOR**  
 24/7/365 availability with Security Clearance Benefits, Training, PT or FT  
 Call 256-383-1225  
 Send resume to: [ebuckley@certified-alarm.com](mailto:ebuckley@certified-alarm.com)

**Home Instead.**

Home Instead is seeking **Homemakers and Family Caregivers** to join our team to care for our non-medical clients one on one in their homes in the Shoals area. 7a-3p, 3p-11p and 11p-7a shifts available. Please come by our office at 2703 Darby Drive for a paper application or apply online at [www.homeinstead.com/200](http://www.homeinstead.com/200) click on careers.

**Magnolia Adult Home Care**  
 Full-time + Part-time  
**CAREGIVERS NEEDED**  
 Competitive Pay  
 To Apply, Visit [magnoliaAHC.com/job-opportunities](http://magnoliaAHC.com/job-opportunities)

**Quad Cities Taxi**  
 Is looking for **Taxicab Drivers, Wheelchair Van Drivers, and Dispatchers**. Day and night shifts. Must be 25. Apply in person at 122 N. Royal Ave., Florence, between 8 am and 4 pm, Mon.- Fri. (No phone calls please)

**Service One Transport**  
 Hiring Short Haul & Regional OTR CDL A Drivers  
 Good Home Time • Sign On Bonus  
 New Equipment  
**Apply on Tenstreet @**  
<https://intelliapp.driverapponline.com/c/serviceone>  
**256-314-5496**

**The City of Sheffield**  
 will begin taking applications for

## TRUCK DRIVER

for the Cemetery Department at **8:00 a.m. on Monday, February 27, 2023**, and will accept applications through the close of business **Friday, March 10, 2023, 4:30 p.m.**

Applications may be obtained in person from the City Clerk's office and the City's Facebook page. The completed application must be returned to the City Clerk's office, 600 N. Montgomery Avenue, Sheffield, Alabama.

**The City of Sheffield offers a Great Benefit Package**  
*The City of Sheffield is an equal opportunity employer.*

**Buy Local, Sell Local**

**Advertise in the Courier Journal**

SEE PAGE 6 FOR DETAILS

**Courier Journal**

**MANGAS-AarKel Tool and Engineering Inc.**

**We are expanding the team!**

Start here, end here. There's a reason why we have so many employees with 25+ years with the company; Mangas-AarKel offers careers!

The Mangas-AarKel team is currently looking for candidates that possess a great work ethic and a positive attitude. Are you mechanically inclined? Do you enjoy hands-on work? You might be a good fit for our team!

**We are currently accepting applications for: TOOL AND DIE MAKER / ASSEMBLER**

Detailed position requirements can be found on Indeed.com. Please apply on Indeed.com or send resume to [HR@mangastool.com](mailto:HR@mangastool.com).

# UCP Telethon...

Continued from Page 1

Director, Alison Isbell. "We could not be more grateful for the community's support."

"Florence High School produces our telethon each year," she added. "The teachers and students there do a wonderful job."

UCP provides free therapy and services to children in northwest Alabama who are developmentally disabled/delayed. They currently serve approximately 60 children who have various delays or disabilities such as cerebral palsy, autism, Down syndrome, cleft palate, spina bifida, etc.

"Basically, if a child has a delay in their development, UCP can help," said Isbell. "Through a grant with the Alabama Department of Child Abuse and Neglect, UCP also provides money to families who have children who are developmentally delayed to help them pay for sitters."

UCP provides preschool services to children of all abilities through its WeeCare preschool program.

All money raised on March 5 will stay in northwest Alabama to help local children and their families.

**14x40 TINY HOUSE/BUILDING,** Big enough to house convert into storage or living, \$20,000, 256-349-3703

**Home Improvements:** Ceiling removal, sheetrock, painting and flooring. 256-443-3697 or 256-443-3663. *Free Estimates!*

**ROOFING - LEAKS REPAIRED,** Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

**NORTH ALABAMA LAND CLEARING, LLC.** Clean your property up and raise the value with a mulching machine. Dozer tractor and bush hogging, driveway, landscaping work, etc. Free estimates. Will travel. Call 256-810-7197

**I BUY CAMPERS TRAILERS & MOTOR HOMES** All Types, Ready to go, or if they need work. For **\$FAST CASH\$** Call Lawrence 931-242-3135 Local number

**Carter House Moving** Specializing in rigging, lifting and moving structures, floor leveling, and replacing damaged floor components. Call or text: 256-275-1570, 256-633-2722

**25 1/2 SECTIONS OF** Decorative Black Wrought Iron Fencing 36x42 \$10 each, 256-443-3300 Tuscumbia

**LANDERS PRESSURE CLEANING, LLC.** Residential & Commercial. Licensed and Insured. Free estimates, Call 256-856-3588



# OPEN HOUSE

THURSDAY MARCH 9, 2023  
5 PM - 7 PM

TAKE A TOUR

MEET OUR PARENTS AND STUDENTS

MEET OUR ATHLETES

EXPLORE OUR FINE ARTS

VISIT THE FLAME SPIRIT STORE

**PLEASE JOIN THE SCS FACULTY, PARENTS AND STUDENTS TO LEARN MORE ABOUT OUR ACADEMIC, ATHLETIC AND EXTRACURRICULAR PROGRAMS**

**Stay after and enjoy FREE admission and a free concession item at the home baseball and softball games**

**4:30 pm-8pm**



**301 HEATHROW DR FLORENCE, AL 35633**

**CALL 256-767-7070 TO RSVP**








## All-Green Tree Service

**LICENSED • BONDED • INSURED**

- Topping
- Trimming
- Removal



- Lots Cleared
- Stumps Removed
- 55' Bucket Truck

Credit Cards Accepted

27 Years

**256-767-3519**

Free Estimates

**Doug Minton      Cell 256-710-8787**

# WHY GREENWAY Honda?



## SALES:

- No Fees Ever
- Upfront Pricing On Over 250 New And Pre-Owned Vehicles
- Over 43 New And Pre-Owned Hondas To Choose From
- We'll Order/Find Your New Car

### 0 PAYMENTS UNTIL SPRING 2023\*



## SERVICE:

- We Service All Makes And Models
- Ranked #6 Out Of 1000 Honda Dealers In Customer Satisfaction
- Short Wait Times
- Fix It Right The First Time Guarantee

### \$25 OFF ANY SERVICE\*





250 Cox Creek Pkwy  
Florence, AL 35630

**SALES: (256) 980-3743**

**SERVICE: (256) 980-3743**



CHECK OUT OUR DIGITAL MAGAZINE SPECIALS

\* Interest accrues from date of purchase. Plus tax, tag and title. All incentives to dealer. With approved credit. +Taxes and shop supplies not included. Present this coupon upon arrival. Coupons cannot be combined with any other coupons or service specials. Expires: end of month.

**Guest Opinion**

# EQUITY: The True Meaning

I had the opportunity recently to speak at the University of Iowa for Young America's Foundation. The topic of the discussion was DEI (Diversity, Equity, and Inclusion). I enjoy visiting these college campuses, bastions of progressive socialist leftist thought, and challenging their delusional orthodoxy. I will never forget the student at Northwestern University asking me if I "identified as black." It is so perplexing that leftists advocate for diversity, but not diversity of thought or opinion.

During the presentation at Iowa, I focused on the word "equity." I stressed that this word sounds very accommodating, but it's true meaning is destructive. For the progressive socialist left, the word equity means equality of outcomes, and that erases any identity of the individual and their achievement. Leftists prefer the collective or groupthink, and vehemently assail any divergence of individual conscience,

See EQUITY... on Page 28

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.



Lt. Col. (Ret.) ALLEN WEST

# Courier Journal

# in the Shoals

# THIS WEEK

March 1, 2023

Happening THIS WEEK

## Walker Concert on Sunday

KILLEN - Award winning artist, Bradley Walker, will be the guest at Killen Methodist Church for a free concert on Sunday, March 5 at 6pm.



Walker

The Athens, Alabama native was born with Muscular Dystrophy and has been in a wheelchair all his life.

Walker started singing well as on the Jerry Lewis

when he was 2-3 years old, and began performing in public when he was four. He was invited to perform on stage to perform with The Oak Ridge Boys, at age 10, and a year later he sang with The Oak Ridge Boys on The Nashville Network's Nashville Now as

MDA Telethon.

As a student at East Limestone High School, he played percussion in the school band.

In 1998, Walker formed a band, The Trinity Mountain Boys, and began performing at bluegrass festivals. He joined the Georgia-based group Lost Horizon three

See WALKER... on Page 19

THE 3RD ANNUAL UNDERWOOD YOUTH COMPLEX CAR SHOW is Saturday, March 4. Calling all show cars, bikes, and trucks! Entry fee is \$20/ride. Fee can be paid at the gate. There will also be a parts swap that day. Show starts at 10am with check-in at 9am. Concessions will be open. Come and help raise money for the park to purchase needed equipment. Message the Underwood Facebook page for more info.

## Opening New Trail

FLORENCE - The city of Florence and the Shoals MTB non-profit are hosting a grand opening for the NEW multi-use trail at Wildwood Park from 10am-2pm, Saturday, March 4. The event will take place at the trailhead near the Cypress Creek bridge on Waterloo Road. The Alabama RC&D Council's North Alabama Trail and Recreation (NATR) crew and their tool trailer will be on site and volunteers

See TRAIL... on Page 29



WOODMONT BAPTIST CHURCH'S SINGLE ADULT MINISTRY is hosting a Catalyst Event for all single adults in the area on March 3 at 6:30pm in the Woodmont Gym, 2001 Darby Dr. in Florence. This event will be led by Dr PJ Dunn and TableForOne Ministries from Atlanta. There will be a small snack supper, worship, table group discussion, and a word from PJ Dunn about being complete in Christ. Childcare will be provided. Register for this free event at woodmontbaptist.org

### BASKETBALL

**MEN**

Mar. 2 TBA - ASUN Semi-Finals  
Mar. 5 TBA - ASUN Championship

**WOMEN**

Mar 1 at Jacksonville U. - Jacksonville, Fla  
Mar 4 TBA - ASUN First Round  
Mar 5 TBA - ASUN Quarter-Finals

### NORTH ALABAMA

98.3 FM & 103.5 FM

Home of North Alabama Athletics

### BASEBALL

Mar 3-5 @ University of Cincinnati

### SOFTBALL

Mar 4-5 vs Western Michigan @ Home

Visit [www.roarlions.com](http://www.roarlions.com) for full team schedules and ticket information

ROGERSVILLE UNITED METHODIST CHURCH will host its indoor yard/bake sale on Saturday, March 4 at the church from 7am-noon. Reservations are currently being accepted for a space (\$12) or table (\$5). Contact John Ezell at 256-247-0931 to reserve. Leave a message if no answer. Rogersville UMC is located at 51 Turner Lindsey Rd, Rogersville.

## YOUR Letters

Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters are subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

by Mail, in person, or mail slot  
Editor-Courier Journal  
219 W. Tennessee St.,  
Florence, AL 35630  
• e-mail: [editor@courierjournal.net](mailto:editor@courierjournal.net)  
• FAX- 256-760-9618

### What Category Fits?

Editor:

I read the Courier Journal every week, especially letters to the editor. A lot of it is good, but some of it is just garbage like one I read last week. When someone makes an outlandish accusation and gives nothing to back it up, then more than likely, it's garbage. People who write these things are usually know-it-alls, so you are wasting your time trying to reason with them. So, this old saying is for those of us who read this garbage:

"He who knows not, and knows not he knows not, is a fool; shun him.  
He who knows not, and knows he knows not, is simple; teach him.  
He who knows, and knows not he

knows, is asleep; awaken him.

He who knows, and knows he knows, is wise; follow him."

The first category is probably the one that those who write garbage fit into.

Barry Lee  
Rogersville

### A Noise Ordinance!

Editor:

Because of constant loud music that

keeps waking up my children day and night, we DO need a noise ordinance for the county.

Why do other people have to be disturbed by people who don't care, just so they get what they want? What about those who want to spend a peaceful evening in their home without having to hear music from the outside?

It is a shame we have to call the law.

Mark Moore  
Anderson

More LETTERS... on Page 26

You told the young men to go forth and be fruitful . . .



## Affordable Tree Services

### FREE ESTIMATES

**Lee Cosbie - Owner**  
**256-577-7369 • 662-740-8733**  
 leesaforabletree@yahoo.com • www.byebyetree.com  
 Stump Grinding • Debris Removal • Tree Trimming • Licensed & Insured



**MANSELL ROOFING**, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

**TRUE HEALTH BEGINS FROM** the inside out. Start your journey to better well-being with Plexus. Get your gut on track, build healthy habits and make important mindset shifts. Let me know if I can help. All natural supplements. Judy Palmer Plexus Ambassador, www.plexusworldwide.com/jpalmer or call 256-341-1933

**HYUNDAI: SONATA, 2006 \$1,200.** GLS V-6, Clean, Runs Good, 145K mi, One Family Owner, For Sale "As Is", Needs Valve Cover Gaskets Replaced, 256-443-4929

**WE PAY TOP PRICES** for: Junk Cars, Tractors and Equipment, with or without titles, 256-577-7911.

**BLACK LEATHER SWIVEL RECLINER** chair \$25 256-571-0530

**► BUYING!!! CARS, TRUCKS, FISHING BOATS,** in good condition or repairable. CALL 256-810-8411

**LABRADOR PUPPIES BORN 2/9/2023** - 3 Yellow males, 4 Blk males, 2 Blk females \$200 - call or text Steph 256 642 6396

**"YOUR ULTIMATE HANDYMAN"** Painting, Drywall Repair, Pressure Washing, Electrical Plumbing, Wood Rot Repair, Ceiling Fans, Floor Refinishing, & Gutter Cleaning! 931-279-1604

**RIDING LAWN MOWER, 3 yrs old,** \$300. 256-651-8466. Huntsville area.

**WE BUY RIDING MOWERS,** John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not, 256-275-2276

**HOME IMPROVEMENT AND BUILDING:** siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

# Tax Refund SALE!

**Cash & Carry**

- Sofa & Loveseat ..... starting at \$699<sup>99</sup>
- Bedroom Suits ..... starting at \$699<sup>99</sup>
- 5 pc. Dinettes ..... starting at \$269<sup>99</sup>
- Recliners ..... starting at \$349<sup>99</sup>
- Queen Anne Chairs ..... \$329<sup>99</sup>
- TV Stands ..... starting at \$249<sup>99</sup>
- 4 Drawer Chests ..... \$120<sup>00</sup>
- 5 Drawer Chests ..... \$139<sup>99</sup>
- King Mattress Sets ... starting at \$699<sup>99</sup>




FREE Same Day Delivery!

NO Credit Check!

**Rent To Own**

- Sofa & Loveseat ..... as low as \$25 wk - 16 mo.
- Queen Bedroom w/mattress set.. as low as \$130 mo. - 18 mo.
- Smart TVs..... as low as \$68 mo.
- TV Stands ..... as low as \$12 wk.
- 5 Pc. Dinettes ..... starting as \$12 wk.
- Washer & Dryer ..... as low as \$130 mo.
- 18' Refrigerator..... as low as \$20 wk.
- Stereo Speakers ..... as low as \$68 mo. - 12 mo.
- Glass Top Range ..... as low as \$98 mo.

**1 STOP RENTALS**

**419 E. 2nd St. • Sheffield**  
**256-383-8855**



**American Electric, Inc.**  
 Serving the Shoals for over 20 years!  
 256-760-1152  
 FREE ESTIMATES

Licensed • Insured  
**Industrial - Commercial - Residential**  
**30 Years Experience**  
 Lighting Retrofits - Fuse Box Change Outs  
 - Home Generators - Service - Repairs  
 We Service and Repair Hardy Heaters

Local Veteran Owned Company Since 1996

We Accept Credit Cards

**American Electric, Inc.**  
**Quality You Can Afford**  
**256-760-1152**  
 7544 Chisholm Rd. • Florence  
 AL State License #1519



**Erase 10 years in 10 minutes**



**Reverse the Aging Process**  
**Prevent Fine Lines + Wrinkles**

\$500 Special

Microneedling  
 30 Units Botox  
 1/2 Stick Juvederm

Call Lesli 256-712-5028 for Appointment!

H HELPING HANDS

256.712.5028 | 426 West College St. | Florence  
 Across from Infants & Children's



# AVALON

— MEDICAL GROUP —

## Dr. Laura Lindsey, MD

Accepting New Patients

Call for Appointment



Monday - Thursday 8am-5pm • Friday - 8am-12pm

2410 Avalon Ave Suite 2100  
 Muscle Shoals • 256-386-0808  
[www.avalonmedshoals.com](http://www.avalonmedshoals.com)



The **ONE** and **ONLY**  
Family Owned & Operated

# WOODS

**WHOLESALE FLOORING, L.L.C.**  
**256-757-9600**

**Astroturf • Residential • Commercial Carpets • Luxury Vinyl Tile  
Hardwood • Porcelain • Laminates • Auto & Boat Carpet**

**Our ONLY Location is 7730 Hwy 72 E., Killen**  
woodswolesale11@gmail.com

**Mon, Tue, Wed, Fri 8am-5pm • Sat 8am-Noon • Closed Thur**  
Jerry Woods, Owner • Nikki Woods-Fulmer & Leigh Woods, Sales



522491-1

### HOMEWORK

Interior/Exterior Painting, Sheetrock repair, Wallpaper stripping and some Carpentry. Free estimates. Licensed & Insured.  
256-633-0251 or 256-710-8501

LEXUS: ES 350, 2008 \$13,950. Premium Package, navigation, climate seats, sun-roof, rear-view camera, ruby red with black leather, alloy wheels with **NEW TIRES**. Just serviced. Both keys. Must See and Drive. 256-527-2125.

### GREEN PLANET LAWN SERVICES

Mowing, edging, hedge/shrub trimming and removal, flower bed maintenance, weeds, mulching, decorative rock/gravel, property clean up, pressure washing. Free estimates. Licensed & Insured  
Call Antonio 256-284-5590

**ROOFING - LEAKS REPAIRED**, Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

**BUYING GOLD and SILVER COINS and JEWELRY.** Call or text me at 256-443-2439 Will buy small or large collections and Estates too.

**JIMMY'S MOWER SHOP**, buying and selling lawn & garden equipment. Call 256-284-0364 after 12pm daily, no text

**14'X40' TINY HOUSE**, \$20,000. 256-349-3703.

CLIP THIS COUPON!



**MELVIN'S ON THE SPOT CARWASH**  
**256-767-3366** OR **256-335-8885** (Cell)  
www.melvinsonthespot.com

• Pick-Up & Delivery • 24-hour Rain Guarantee • Satisfaction Guaranteed

**SPECIAL WEDNESDAY WAX DAY!!!**  
Gift Certificates Available **WAX FOR \$25** Gift Certificates Available  
w/coupon only. Wednesday only. \*Limited Pickup & Delivery Area. Expires Tuesday, 3/7/23

CLIP THIS COUPON!

**Increase Your Bottom Line By Selling Your Useful Items With Us!**

# BAMA ALUMINUM

Aluminum Patio Covers, Carports, Screen Enclosures, Glass Enclosures, Aluminum Pergolas

**For FREE Estimate Call Today**  
**256-668-9890**

2310B Woodward Ave., Muscle Shoals


522843-1



# Great CD Rate!

**4.67% APR (4.75% APY)**  
**15 Month Term**

At Listerhill, we want to put you in control of your financial future. Get a great rate of 4.67%\* for any 15 month certificate.



**+ Raise-My-Rate**  
One-Time Bump Feature

**+ Anytime CD Deposit**  
Make a deposit of \$500 or more, whenever.

**Scan to learn more!**

**listerhill.com/grow**

\*4.67% is the dividend rate; Annual Percentage Yield is 4.75%. Rate accurate as of 2/17/23. Limited time only. A \$10,000 deposit from funds outside of an existing account at Listerhill Credit Union into a Listerhill deposit account is required to receive the 4.67% CD rate. A penalty will be imposed for early withdrawal. Federally Insured by NCUA.


531238-1

# Dr. Reid Melson, DO

Internal Medicine


is welcoming  
*New Patients at*  
**Shoals Primary Care**  
2122 Helton Drive  
Florence

**Walk-ins are Also Welcome**



MOST INSURANCE ACCEPTED • MEDICARE PATIENTS WELCOME

*Monday-Thursday 8am - 5pm • Friday 8am-Noon*



**SHOALS PRIMARY CARE**

2122 Helton Drive  
Florence  
256-415-8680  
Fax: 256-367-4990  
shoalsprimarycarellc.com

530063-1





# FRESH AND CLEAN

Full Service Laundromat

3065 Huntsville Road • Florence

Store Hours: 7am-10pm (Last Wash 9pm)

Clean, Friendly & Courteous Service

Commercial Accounts Welcome

**\$5 OFF** Wash & Fold Service with \$25 spent  
**FREE** Dry One Load of 50 lb. with this coupon  
Limit one offer per household per visit.

## Mike's Gutter Service

30 Years Experience

Continuous Aluminum Gutters • Custom Chimney Flashing  
• Siding • Cleanouts & Leaf Protection  
• Standing Seam Metal Roofing

5" and 6"

Lifetime Warranty on Material  
Copper & Galvanized

All Colors Available

FREE ESTIMATES • ALL WORK GUARANTEED

Mike Burbank 320 Co. Rd. 13 • Florence  
256-766-0527 (Bus.) • 256-460-0195 (Cell)

**FREE FIREWOOD, OAK**, Already cut, Call 256-580-5028 Decatur

**VOLVO: 1800, 1968 \$38,000.** Volvo 1800S 1968, 4 speed + overdrive. Very good condition. B20 engine, Grey Metalica. Mileage unknown. Please contact me at pierrefort24@gmail.com for further information and pictures. 256-366-6054

### FISH FRY

FRIDAY, MARCH 10TH

4pm - 7pm

Calvary Baptist Church

601 N. Main St., Tuscumbia, AL

Proceeds go to "Operation Christmas Child"

### McCaig's Garage

Late model and low mileage motors and transmissions. 90 day guarantee. Call Gary McCaig, 256-332-5366.

### RICK'S STUMP GRINDING

\*\*\*\*\*

Low prices and Free estimates, 256-740-2363  
if no answer, leave message

**ROOFING - LEAKS REPAIRED**, Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

### REASONABLE TREE SERVICE

Tree cutting, trimming, stump removal. Free Estimates. Owner Gilbert Barga 256-314-1009 or 256-366-3539

**GOLDEN RETRIEVER PUPPIES, MALES** \$200. Vet check/shots. Call/Text 256-758-1834 Somerville

# FINANCIALLY STRESSED?

- ▶ **Debt Consolidation/ Bankruptcy**  
STOP Garnishments/ Repossessions/Foreclosures
- ▶ **Collection Harassment (FDCPA)**  
**Credit Report Disputes (FCRA)**
- ▶ **Social Security Denials**



**B. Grant McNutt**  
Attorney at Law



**Nicholas H. Gajewski**  
Attorney at Law



**Tanya McCalpin**  
Attorney at Law



## BOND, BOTES, SYKSTUS, TANNER & MCNUTT P.C.

Attorneys Providing Financial Solutions

Florence • 256-760-1010

102 S. Court St., Suite 314, Florence, AL 35630

For more information, visit [www.bondnbotes.com](http://www.bondnbotes.com)

No representation is made that the quality of legal services to be performed is greater than the quality of legal services to be performed by other lawyers. We are a Debt Relief Agency and Attorneys at Law who, where appropriate, help people file for relief under the Bankruptcy Code.

Offices Also In:

Haleyville  
205-486-3580

Decatur  
256-355-2447

Huntsville  
256-539-9899

Join Us Online: [courierjournal.net](http://courierjournal.net)

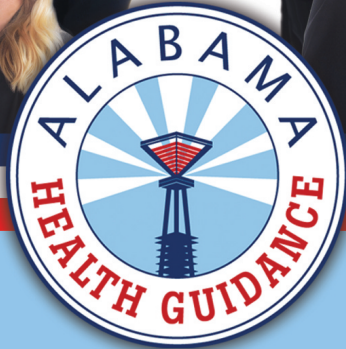
# Local Medicare Insurance Specialists

Florence Office - 885 Florence Blvd.

Muscle Shoals Office - 410 S. Wilson Dam Rd.

Hope Stamps Buttrum | Ikey Fowler | Lee Fowler | Erica Vaughn  
Judy Keenum | Anah Whitehead Fowler | Beverly White | Caycee Fowler

Kay Holland | Kelly Davis | Marianna Honeycutt  
Paul Sanderson | Mark Sanderson | Conner Sanderson



## Are You Turning 65?

There's never a fee for our services.

- Are you a Veteran?
- Do you need Extra Help?
- Are you coming off of your Employer's Insurance?

- Medicare Education
- Medicare Insurance Enrollment
- Medicare Drug Plan Assistance

## Any Medicare Questions?

We can provide answers to help.

- Low Income Benefits
- Customer Service to the policies you have with us



256-648-5710

[www.AlabamaHealthGuidance.com](http://www.AlabamaHealthGuidance.com)

256-648-5220



**I WAS VERY EXCITED OVER THE RECENT ANNOUNCEMENT** that a private developer plans to revitalize the old Eliza Coffee Memorial hospital property in Florence. There will be homes, condos, food, and entertainment all within walking distance of each other. These communities are often referred to as "walkable cities." That's about as innocuous as it can be but a few conspiratorial comments on the City of Florence's Facebook page concerning the announcement caught my attention. One person was making some wild claims about walkable cities that surely no one would



**Jim Fisher**

# WALKABLE CITY CONSPIRACY

by "The Computer Skeptic"

actually believe were true. Boy, was I wrong!

Y'all, I'm here to tell you that this new walkable city is actually going to be an open-air prison where inhabitants will be monitored and groomed for the eventual takeover by the socialist police state. I am not making this up!

This all seems to have evolved from the Qanon conspiracy from 2016. Qanon is a right-wing extremist group that believes that Democrats, under the leadership of Hillary Clinton, were trafficking children out of a pizza parlor in Washington

DC. This trafficking ring was tied to a cabal of evil world leaders who had plans to takeover the planet. A great leader who would expose the conspiracy was supposed to appear soon, topple the evil forces, and usher in a new era of prosperity. This whole process was to be called "The Great Reset." The Great Reset didn't happen as planned so I guess it's been rescheduled and incorporated into Walkable Cities.

Our government is evidently going to round us all up into these nice little cities, then Bill Gates is going to initiate a plan

for all of us to be vaccinated and eat bugs instead of steaks, then socialists will try to control our carbon footprints by corralling us into these little districts and get us all conditioned to this "international socialist concept" city. New requirements are added to this conspiracy daily so it's been a challenge to follow.

The Walking City conspiracy theory has its roots in 2020 when candidates for political offices in the United Kingdom claimed that the government planned to bar people from using their cars, eating meat, or traveling outside of their assigned districts. By the summer of 2021, these lockdown and reset conspiracies were rippling across social media and picked up by Tucker Carlson who has repeated elements of the conspiracy and interviewed

proponents of it.

So, as unbelievable as it may seem to you, we have people right here in our town who accept this wild stuff as the literal truth. All three of them will probably hold a protest or something when this marvelous project gets underway. Once this thing is built you are all invited to my new place where we can throw popcorn at them on my balcony.

*Jim Fisher owns Excel Computer Services in Florence. Reach him at [www.ExcelAL.com](http://www.ExcelAL.com)*

**Excel** Excellent Service, Expert Advice  
computer services  
**1909 Florence Blvd., Florence**  
(across from Hobby Lobby) **256-767-3337**

**2007 RED CHEVROLET IMPALA, \$4,000** OBO. New Tires, Battery, & Catalytic Converter, Recent Oil Change, and Radiator Flush. 256-633-0822

**REASONABLE TREE SERVICE**  
Tree cutting, trimming, stump removal. Free Estimates. Owner Gilbert Barga 256-314-1009 or 256-366-3539

**WE BUY JUNK and Repairable Vehicles** with titles. Towing \$60 Call Ron 256-275-6540

**PAIR OF LIKE NEW** hunting boots 256-574-2788

**6 SETS OF RATCHET** straps and extra ropes 256-574-2788

**2021 RANGER Z518 BASS BOAT**, 200 Mercury motor, less than 100 hours, under warranty, Two Helex 9 depth finders with Livescope, Excellent Condition, \$52,800, Call 205-288-0298

**MILLER'S TREE SERVICE**  
Trimming, Cutting, Free Estimates 256-710-0548



**GMC: EXTENDED CAB SLE**, 2004 \$9,800. 4x4, 1 owner, high miles, but like new! \$12,500 reduced \$9,800. 256-810-7238.

**AVALON**  
— MEDICAL GROUP —

**2410 E. Avalon Ave**  
**Muscle Shoals**

[www.avalonmedshoals.com](http://www.avalonmedshoals.com)

**256-386-0808**

**Don Heinkel, M.D.**  
Heather Fritts, CRNP and a team of caring professionals  
**Family Practice**

**Luke 10:27**

**Welcoming new patients for primary care.**

**Office Hours**  
**Monday–Thursday 8am–5pm • Fridays 8am–Noon**

## Northwest Alabama Leg Pain Specialists

*Treating the Causes of Leg Pain, not just the symptoms.*

Do you suffer from...

Restless Legs	Varicose Veins
Cramping	Aching
Swelling	Spider Veins
Burning	Tingling
Itching	Heaviness
Discoloration	Hair loss

Our team of experts, including a Board Certified Physician, specialize in the diagnosis and treatment of leg problems. We utilize the latest technology to get to the cause of the problem and develop a solution.

Let us help you get back to an active and healthy lifestyle!

For more information or to setup an appointment, please call 256-766-2310.

**2095 Florence Blvd., Florence**  
Phone: 256-766-2310 • Fax: 256-768-9956



**FOODLAND**  
Marketplace



Home-Owned, Home-Operated



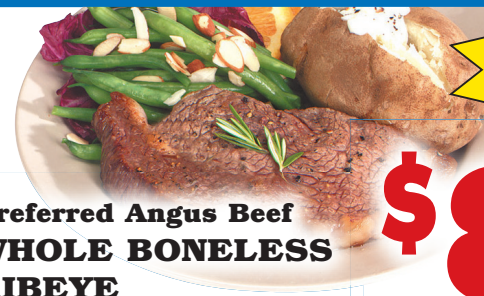
**Fresh GROUND BEEF**  
73% Lean - Family Pack

**\$2.79**  
Lb.



**Prairie Fresh Assorted BONE-IN PORK CHOPS**  
Family Pack

**\$1.69**  
Lb.



**Preferred Angus Beef WHOLE BONELESS RIBEYE**

**\$8.99**  
Lb.

Family Pack  
**BONELESS RIBEYE STEAKS**  
**\$10.99**  
Lb.



**Sweet STRAWBERRIES**  
1 Lb. Pk.

**2/\$4**



**U.S. #1 Russet POTATOES**  
8 Lbs.

**\$3.99**



**Preferred Angus Beef SIRLOIN TIP ROAST**

**\$3.99**  
Lb.

Family Pack  
**SIRLOIN TIP STEAK**  
**\$4.79**  
Lb.



**Peeled & Deveined RAW SHRIMP**  
21/25 Ct.

**\$7.99**  
1 Lb.



**Iceberg LETTUCE**  
Each

**2/\$3**



**Slicing TOMATOES**  
Lb.

**\$1.29**



**Sweet ONIONS**  
3 Lbs.

**\$2.99**



**Fresh GREEN BELL PEPPERS**  
Each

**69¢**



**California NAVEL OR CARA CARA ORANGES**  
4 Lbs.

**\$3.99**



**Fresh CELERY**  
Each

**\$1.69**

**Chili & Fixings**



**Food Club Kidney, Black, Navy, Great Northern Or CHILI BEANS**  
15 Oz.

**2/\$1**



**McCormick CHILI MIX**  
1 Oz.

**2/\$3**



**ROTEL 10 Oz. Or Hunt's TOMATOES**  
14 Oz.

**4/\$5**



**Food Club CHILI WITH BEANS**  
15 Oz.

**2/\$3**



**Hunt's TOMATO SAUCE 8 Oz.**

**2/\$1**



**Food Club CHEESE Shreds Or Chunks -16 Oz.**

**\$3.99**



**Shawnee Best FLOUR OR MEAL**  
5 Lbs.

**2/\$5**



**MAXWELL HOUSE Wake Up COFFEE**  
30 Oz.

**\$7.99**



**Faygo COLA OR FLAVORS**  
2 Liters

**4/\$5**



**PictSweet Select VEGETABLES**  
10-16 Oz.

**2/\$4**



**Charmin Soft BATH TISSUE 12 Mega Rolls Or Bounty PAPER TOWELS 6 Triple Rolls**

**\$15.99**



Quantity Rights Reserved • None Sold to Dealers • WIC & Food Stamps Accepted  
Not Responsible For Typographical or Pictorial Errors

**AD GOOD MAR. 1-7, 2023**

<b>Heinz KETCHUP</b> 32 Oz.  <b>\$4.49</b>	<b>Food Club MUSTARD</b> 20 Oz.  <b>2/\$3</b>	<b>DORITOS</b> 6-10 Oz.  <b>2/\$8</b>	<b>Dr. Pepper, Sprite, Mello Yello Or COCA-COLA</b> 12 Pk. 12 Oz. Cans  <b>2/\$13</b>
<b>Quaker Quick Or Old Fashioned OATS</b> 42 oz.  <b>\$4.99</b>	<b>Food Club PANCAKE MIX</b> 2 Lbs.  <b>2/\$5</b>	<b>Golden Flake POTATO CHIPS</b> 7.75 Oz.  <b>2/\$5</b>	<b>Dr. Pepper, Sprite, Mello Yello Or COCA-COLA</b> 6 Pk. 1/2 Liters  <b>3/\$12</b>
<b>SPAM Luncheon Meat</b> 12 Oz.  <b>2/\$7</b> <b>Pompeian OLIVE OIL</b> 16 Oz. <b>\$7.29</b>	<b>Nabisco Premium SALTINES</b> 16 Oz.  <b>2/\$7</b>	<b>Little Debbie SNACK CAKES</b> 16.92-31.78 Oz.  <b>2/\$7</b>	<b>Body Armor SPORTS DRINKS</b> 16 Oz. Bottle  <b>3/\$5</b>
<b>Cascade ACTION PACKS</b> 14-25 Ct.  <b>\$5.99</b>	<b>FABULOSO All Purpose Cleaner</b> 33.8 Oz.  <b>2/\$5</b>	<b>Crav'n Flavor GRAHAM CRACKERS</b> 14 Oz.  <b>2/\$4</b>	<b>Dasani WATER</b> 24 Pk. 1/2 Liters  <b>\$5.99</b>

## DAIRY & FROZEN

<b>Pillsbury BABY GRANDS</b> 5 Ct. .... <b>3/\$5</b>	<b>PictSweet CHUB CORN</b> 16 Oz. .... <b>3/\$5</b>
<b>Blue Bonnet MARGARINE</b> 15 Oz. Bowl ..... <b>2/\$4</b>	<b>Crav'n Flavor PIZZA</b> 18-32 Oz. .... <b>2/\$11</b>
<b>Chobani GREEK YOGURT</b> 4-5 Oz. .... <b>4/\$5</b>	<b>HOT POCKETS</b> 9-13 Oz. .... <b>2/\$5</b>
<b>Dannon Activia YOGURT</b> 4 Ct. .... <b>2/\$6</b>	<b>Food Club ICE CREAM</b> Gallon Pails ..... <b>\$7.99</b>

## MEAT

<b>Prairie Fresh CENTER CUT PORK CHOPS</b> Family Pk. Lb. .... <b>\$2.49</b>	<b>Eckrich FRANKS</b> 8 ct. .... <b>4/\$5</b>
<b>Prairie Fresh 2 Pc. PORK TENDERLOINS</b> Lb. .... <b>\$2.49</b>	<b>Wright Stack Pack BACON</b> 40 Oz. .... <b>\$12.99</b>
<b>Smithfield Marinated PORK LOIN FILLETS</b> 23-27 Oz. .... <b>\$6.29</b>	<b>Bryan SMOKED SAUSAGE</b> 14 Oz. .... <b>2/\$7</b>
<b>IQF CHICKEN TENDERS</b> 2 Lb. Bag ..... <b>\$6.99</b>	<b>Jimmy Dean Assorted BACON</b> 12 Oz. .... <b>2/\$7</b>

## BEER & WINE

<b>Miller Lite Or Coors Light BEER</b> 12 Pk. Cans Or Btls. <b>\$12.99</b>	<b>Budweiser Or Bud Light BEER</b> 24 Pk. Cans <b>\$23.99</b>
<b>Clos du Bois WINE</b> 750 ML <b>\$10.99</b>	<b>Daily's FROZEN COCKTAILS</b> 10 Oz. Pouch <b>5/\$10</b>

## DELI & BAKERY

<b>Charter Reserve Applewood Smoked Or Buffalo Style CHICKEN</b> Lb. <b>\$7.99</b>	<b>Vine's Smokehouse Assorted SAUSAGE</b> 12 Oz. <b>\$4.99</b>
<b>Shirley's NO BAKE COOKIES</b> 9 Ct. <b>\$3.69</b>	<b>Sweet P's Assorted SLICED CAKE</b> 16 Oz. <b>2/\$9</b>

**AD GOOD MAR. 1-7, 2023**



**Prices Good At These Locations ONLY!**

<p><b>KILLEN</b> 1161 Hwy. 72 • 7am-11pm • 256-757-2002</p> <p><b>FLORENCE</b> 1708 Darby Dr. • 7am-10pm • 256-767-2227</p> <p><b>MUSCLE SHOALS</b> 3001 Woodward. • 7am-11pm • 256-381-7277 3413 Woodward Ave. • 7am-11pm • 256-978-6093</p> <p><b>SHEFFIELD</b> Foodland Plus • 106 Towne Plaza • 7am-10pm • 256-381-6552</p>	<p><b>TUSCUMBIA</b> 103 West 1st Street • 7am-11pm • 256-383-9425</p> <p><b>FORD CITY FOODLAND</b> River Road • 7am-10pm • 256-446-5842</p> <p><b>ELGIN CROSSROADS</b> ELGIN Forest Plaza • 7am-11pm • 256-247-1958</p> <p><b>ROGERSVILLE</b> Rogersville Shopping Ctr. • 7am-11pm • 256-247-1805</p>
---	---

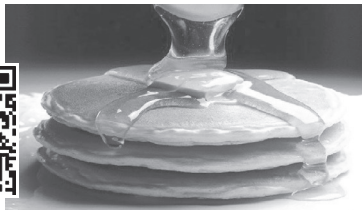


## Florence Kiwanis Club

Making the world a better place,  
one child at a time

# Annual Pancake Days

Florence-Lauderdale Coliseum



**Friday, March 10 • 6am–7pm**  
**Saturday, March 11 • 6am–1pm**  
**Advance Tickets \$8 At the Door \$10**  
**Bundles of 10+ \$7 Children under 12 \$5**

Tickets are available from Florence Kiwanis members OR at these Florence locations:  
 • First Southern Bank (301 S Court Street) • Harris Elder Law Office (407 S Court Street)  
 • Progress Bank (230 E Tennessee Street) • <http://florencekiwanis.com/>

**16X30 WOODEN AMISH STORAGE BUILDING, \$9K**, I know someone who will move it. Call or text 256-633-7860

**HONDA: CR-V, EXL 2015 \$19,950**. 1 owner, all-wheel drive, 92K miles. white, heated seats, sunroof, rear-view camera, alloy wheels (with NEW TIRES). Just serviced. Excellent Condition! 256-527-2125

**TOYOTA: PRIUS, 2013 \$19,950**. Great mpg...! Prius 4, loaded, heated power leather, sunroof, navigation, only 38K miles, just serviced. All keys and books. Must See and Drive. 256-527-2125.

**2016 MERCEDES-BENZ C-300, 4-MATIC**, 41,000 miles, \$25,000. Call: 256-436-0379

**BUICK: REGAL, 2012 \$8,700**. 145K, PREMIUM, leather, sunroof, premium wheels, excellent driving condition. 256-874-6004.

**2004 Chevy Silverado**, Extended Cab, Short Wheel Base, runs & drives great, high miles, automatic, 5.3 engine, 2-wheel drive, \$4,500, 256-764-5519

## Walker...

Continued from Page 12

years later. Walker's debut album, Highway of Dreams, was released in in 2006 on the Rounder Records label, and was produced by Carl Jackson. His performance on that album earned him the Male Vocalist of the Year Award from the International Bluegrass Music Association.

Everyone is welcome to attend this free concert. Walker will also will have merchandise for sale to support his music ministry.

**MILLER'S TREE SERVICE**  
 Trimming, Cutting, Free Estimates 256-710-0548

**VOLKSWAGEN: JETTA SE, 2014** \$9,800. Gray and black, 122K miles, heated seats, keyless go, Bluetooth®, sunroof, cruise, fully serviced, **NEW BATTERY**, clean title. 40 mpg+ 256-762-7138.

**MOWING & WEED EATING SERVICES**  
 Killen, Rogersville, Center Star, Lexington area. Free Estimates. Call or Text Wayne 931-797-8109

## PETERSVILLE FAMILY CARE

Affordable, Compassionate Care

WE WELCOME **Amanda Price, CRNP** to our practice



- RAPID COVID TESTING**
- Routine Medications
- High Blood Pressure
- Asthma
- Skin Rashes
- Skin Lesion/Mole Removal
- Sports Physicals
- Cold/Respiratory Illnesses
- Flu Vaccine
- Diabetes
- High Cholesterol
- Allergies
- Hypothyroidism
- Lacerations/Stitches
- Pap Smear
- Flu
- Vertigo
- Dehydration
- Primary Care
- TB Skin Test

We accept most insurances including Medicaid

• Accepting New Patients • Appointments • Walk-ins Welcome • Family Care • Urgent Care

2929 Cloverdale Rd., Unit-D • Florence • 256-275-7125

**Susan Miller, CRNP** HOURS: Mon.-Thurs. 8am-5pm • Fri. 8am-12noon

## Concrete River



Concrete Walls • Finished Floors  
 Driveways • Sidewalks • Porches • Curbs  
 Stamped and Stained Concrete

Free Estimates • Licensed and Insured • 10 years experience

Call or Text: 256-762-5800 • 256-710-8198

Delivery Available

# The Furniture Source!

We Are The New Guys In Town

High Quality Furniture Direct From The Manufacturer At Unbelievably Low Prices.

## March Madness Sale!



**New Deals EVERY WEEK**

No Credit Needed • Get pre-approved online at [www.buytfs.com](http://www.buytfs.com) • Delivery & Financing Available

We've Got Sectionals, Recliners, Mattresses and More!!

Check us out on facebook for our latest deals



**3815 Florence Blvd. • Florence • 256-284-7599**

We Are The Factory, For Real, Not Like The Other Guys... So They Won't Beat Our Prices

**LANGSTON**  
CHIROPRACTIC and ACUPUNCTURE

Acupuncture

We Offer  
Acupuncture For  
Headaches, Sinus  
Problems, Nerve  
Pain and Many  
More Conditions!

**\$50 per visit or packages of  
6 for \$250 this month**

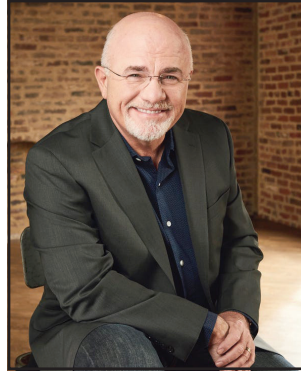
155 Ana Dr. • Florence • 256-349-2905  
langstonchiropractic.com  
Hours: Monday-Friday • 8am-5:30pm

# DAVE Says

by DAVE RAMSEY

## ARE YOU WILLING TO DO WHAT IT TAKES?

Dear Dave,  
I'm an anesthesiologist,  
and I make between \$260,000  
and \$270,000 a year. My wife  
is a stay-at-home mom who



takes care of our preschool-age kids. We have about \$50,000 in a retirement fund, \$50,000 in consumer debt, \$220,000 in student loan debt, and we owe \$280,000 on our house, which is worth around \$500,000. We're thinking about using our retirement fund to pay off credit cards and such, then selling the house and using the money to pay off the student loans. After that, we'd live in an apartment for a while, save up 20% or more for a down payment on the next home, and do things right financially moving forward. What do you think about this game plan?

Jake

Dear Jake,  
Wow, I really appreciate your motivation, man. You're willing to do whatever it takes, and that's pretty cool. Not many people have the determination to do the kinds of things you're talking about.

I almost never tell people to sell their homes. If you actually can't afford it, that's one thing—and

in that case, we'd sell the house. If it's the only way to avoid bankruptcy, we'd get rid of it in a heartbeat. But in your case, things are a little different. You're in a pretty deep hole, but your income as an anesthesiologist gives you a really big shovel you can use to carve out some steps, get up out of that hole, and fill it in so you never fall in again.

Now, this is going to mean some real lifestyle changes for a few years. I'm talking about beans and rice, and no vacations. There's no more living like a rich doctor, because you're not a rich doctor—you're a broke doctor. We're going to temporarily stop adding to your retirement fund, not cash it out, and we're going to start living on a written, monthly budget where every single dollar is given a name and a purpose.

Cleaning up \$270,000 of debt sounds scary. But with a \$260,000 income and the other changes we talked

about, you could put \$90,000 a year toward all this and have it completely cleaned up in just three years. That's what I'd do if I woke up in your shoes. It will set you free for the rest of your lives to invest and save.

Get on it, doc. You can do this!

— Dave

*Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of "The Ramsey Show." He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people regain control of their money, build wealth, and enhance their lives. He also serves as CEO of Ramsey Solutions.*

2410 Avalon Ave • Muscle Shoals, AL 35661  
www.avalonmedshoals.com • 256-386-0808

- Born/raised in The Shoals
- Undergrad degree from Birmingham Southern College
- Local EMS experience
- Medical degree from UAB
- Residency completed at University of Mississippi Medical Center
- 6+ years of hospitalist experience
- Hospital privileges at Shoals Hospital and Helen Keller Hospital

Proud to serve you, your families, and our community!

**Adam Isbell, M.D.**  
Board Certified in Internal Medicine

**MILLER'S TREE SERVICE**  
Trimming, Cutting, Free Estimates 256-710-0548

119 S. Seminary St., Florence  
256-766-4244  
FAMILY OWNED & OPERATED

# Reading and Comprehension

skills for elementary-age students are the key to eliminating poverty.

Since 2006 *Kidsville News!* has helped the Shoals with better reading and comprehension skills. A recent PARCA study had 87% of High School graduates that are considered college and career ready, easily the top community ranking\* in Alabama. AND THE ONLY COMMUNITY in Alabama with *Kidsville News!* in local elementary classrooms!

We are looking for a few *Kidsville News!* Friends to help us maintain the full distribution to all area kids FREE OF CHARGE... So all local children can have that chance to learn and excel in school.

**Call 256-740-4701 for more information.**

Courier Journal

Truman

\*Best in Alabama according to PARCA Study - 2018

**HONDA: CR-V, EX 2008** \$13,950. 1 owner, only 76K miles, full power, sunroof, alloy wheels (with NEW TIRES), just serviced. Outstanding Condition! 256-527-2125

**CHEVROLET: ASTRO VAN, 1996** \$3,500. 115,415 miles, caged cargo bay, tool boxes, 256-942-4489 Florence

**LEFT DOOR HANDLE FOR LG refrigerator**, part #AEC73593256, never used, \$35. 256-724-2334.

**GUTTER GUARD SPECIAL** GutterClean Out, Seamless gutters, Gutter Guards, Call Gutter Works at 256-394-3497

**WE BUY CARS, TRUCKS, VANS, SUVs, and MOTORCYCLES**, running or not. Must have titles, send a pic, get a price. 256-275-2276

**QUEEN SIZE BEDDING FOR sale**, very good condition. \$100 256-744-5990

**TWO WHITE SKIRTED BABY bassinets**, portable baby swing, & misc baby items. \$50. 256-318-0951

**WORLD FAIR, CHICAGO, 1983**, Commemorative Knife. \$15. 256-654-0202

**LAWN SERVICE: GRASS CUTTING**, Leaf Removal & Spring Clean-up. Flexible payment. Call Greg, 256-412-8772

**HUSQVARNA 445 CHAIN SAW** and Stihl HT 133 Pole Saw, both for \$500. Call 256-766-1040

**FORD: RANGER XLT, 2004** \$4,500 OBO, 4-wheel drive 4.0 automatic, Red in color, runs good, looks good! 256-275-2276. Rogersville

**10" SKILL TABLE SAW**, \$125. •Makita Miter Saw, \$95 •1.5 HP submersible pump, \$75. 256-386-7196.

**PUPPIES: REGISTERED** ♥Standard Poodles, ♥Golden Doodles, ♥Huskey or ♥Huskey Poo, \$500. ♥Shih Tzus \$700/fe-males & \$600/males. Health check, Microchip Kit, 256-200-0310 Arab

**KOGER LAWN SERVICE and Pressure Washing.** Call 256-366-3133

**CONCRETE WORK: DRIVEWAYS, SIDEWALKS**, Curbs, Slabs. No job too big or too small, 30 years of experience. Call Peanut 256-980-2208

**CAT SITTING SERVICE:** Will come to kitty's home, fill bowls, scoop litter, give meds, scratch ears, 256-412-6982

**► BUYING!!! CARS, TRUCKS, FISHING BOATS**, in good condition or repairable. CALL 256-810-8411

# ASK THE ATTORNEY



**Thomas McCutcheon**

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, PC, as a service to the residents of NW Alabama.

## Social Media and Lawsuits

"Have you altered, deleted, changed, modified, rendered private, or de-activated any social media account existing as of the date of the accident made the basis of this suit? If so, state the username of the account affected, the changes made and the type of social media account.

Note: Now that this request has been made, you are reminded of your obligation under the Alabama Rules of Civil Procedure to preserve all such social media data and to refrain from altering, modifying, changing, deleting, rendering private or de-activating any such account during the course of this litigation under potential spoliation sanction."

This is an actual question clients are asked by insurance companies in almost every lawsuit.

People think that they can change their account settings to private or that they have some right of privacy when they file a lawsuit, but they don't.

The only things that are private are communications between the attorney and the client and probably psychiatric records. If there's a claim of mental anguish, (the wreck has made me too anxious to drive), then those psychiatric records probably become relevant and admissible.

The point being if you claim a shoulder injury don't post a video on Facebook of yourself pitching softball with your child. Even if it did hurt later, a jury won't believe it. People look for consistency.

The reality is that most people don't, and have no reason to understand how the legal system works. People believe what they think are facts and they're not. People believe that if the other person was at fault, that is all that matters. That's just where it begins. There is no reason for anyone who doesn't have to, to read a doctor's deposition. I have to take one in every case that goes to trial. You wouldn't believe what defense lawyers ask doctors all the way down to "couldn't something else have happened that you don't know about have caused the injury?"

What is a doctor to say to that? I guess or like what, a meteor? The insurance defense lawyers never give in unless it's a broken bone that happened in the wreck and not falling out of the car after the wreck. Even then they will make the point that the bone healed just fine and the person is okay now.

If you are injured don't do a lot of posting about it on social media.

Buckle up, drive safely, and as always, thank you for your referrals! 256-764-0112



Please send the questions to: "Ask the Attorney," P. O. Box 38, Florence, Alabama 35631 or visit our website at: [www.mhatty.com](http://www.mhatty.com)

facebook: McCutcheon and Hamner, P.C.

We will not print your full name in the article. We will not be able to return any written or preprinted items which are submitted. No representation is made that the quality of legal services to be performed is greater than the quality legal services performed by other lawyers.

**FORD: RANGER, 1992** \$6,000. ONLY 72K miles, excellent condition, tan exterior and interior, new battery, 256-566-8288.

**RECLINER, CHOCOLATE BROWN, ASHLEY brand**, \$75. 256-476-4368. Trinity area.

**AAA CONCRETE CONCRETE, WALLS**, Finished Driveways, Sidewalks, Porches, Curbs, Steps, Foundations, Bobcat Work, 30 years experience, FREE Estimates. Call 256-633-8643 or 256-577-1823

**JR. LAWSON TREE SERVICE**, tree trimming, stump grinding, removal. Licensed & Bonded, Free estimates, 256-856-7028

**NISSAN: FRONTIER SL, 2011** \$15,950. 1 owner, Crew Cab, 4 door, white, grey heated leather, Tonneau cover, Michelin tires, just serviced. Super Clean! 256-527-2125

## Ann's TIMELESS TREASURES LLC

Antiques, Furniture, Vintage & Gifts

ANN AND RON HARVEY - OWNERS

3926 Cloverdale Rd. - Florence

Next To Homeside Restaurant

**256-349-1433**

## EXECUTIVE AUTO SERVICE

115 S. Seminary St. Florence, AL 35630

256-766-4245



Family Owned & Operated

## The Shoals' #1 HVAC Company

**R & B Services**

FAMILY OWNED AND OPERATED

We Offer A Full Line Of Heating & Air Conditioning Services

WORLD-CLASS CUSTOMER SERVICE AT A GREAT PRICE!

Call or text us at 256-386-8622

<https://rbservicesal.com> AL Cert# 15134

**Courier Journal ADOPT A FRIEND**

The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

Meet **NEO**, he was adopted from our shelter as a puppy about 3 years ago and was returned due to owner moving. He does not like his crate, but who can blame him. He is good with dogs and cats. Please come meet this sweet dog. **THE ADOPTION FEE IS \$85** and includes heartworm test, current vaccines, spay/neuter and microchip. Please call or come by **Florence Lauderdale animal services** 256-760-6676 to meet this precious pup.



Meet **SVEN**, an older dog who is calm and loving. He's a great leash walker and would love to have a family to give him lots of attention. The adoption fee is \$85 and includes heartworm test, current vaccines, spay/neuter and microchip. Please call or come by **Florence Lauderdale animal services** 256-760-6676 to meet this handsome boy.



Meet **BELLA**, she is sweet, shy and timid. The shelter can be an overwhelming place for many dogs. Bella is medium energy and 2 years old and 43 lbs. This sweet girl is a great leash walker, and keeps her crate clean. Bella would love for someone to take her for temporary foster or to adopt her. **THE ADOPTION FEE IS \$85** and includes heartworm test, current vaccines, spay/neuter and microchip. Please call or come by **Florence Lauderdale animal services** 256-760-6676 to meet this beautiful lady.



Meet **BEANE!** She is a 2 year old German Shepherd mix weighing in around 55 lbs. She came to us as a stray with no owner coming forward for her. She is a very sweet and loving girl who is most definitely ready to leave the shelter life behind and be someone's cuddle buddy. She would do best with calmer dogs around as she herself is calm. If you have a calm home she would fit right in and would love it! She is crate trained, very calm and gentle. Her **ADOPTION FEE IS \$85** which gives you a \$70 voucher to go towards her spay, a \$15 rabies voucher, shots, dewormer and she'll be microchipped when adopted. For more information please call **Colbert Animal Services** at 256-381-4073



Get an early look at next week's issue with the...



**Courier Journal Page-Flip Edition**

Always available on our homepage by sunrise Tuesday morning -

[www.CourierJournal.net](http://www.CourierJournal.net)



sponsored by:





**St. Vincent de Paul  
THRIFT STORE**  
Help Us, Help Others  
Serving Families of the Shoals

**ALL  
Clothes 1/2 OFF**

**659 South Poplar Street, Florence**  
(Conveniently Located in Downtown Florence Off Veterans Drive)

**256-718-0901 • Mon.-Fri. 10am-4pm, Sat. 10am-2pm**  
[www.facebook.com/SVDPFlorence](http://www.facebook.com/SVDPFlorence)

# Soap Opera Preview

**DAYS OF OUR LIVES** Marlena, Kate and Kayla awoke to find themselves facing a new nightmare. John and Steve shared their theory with a stunned Tony and Anna. Roman encouraged Eric to fight for Nicole. Meanwhile, Nicole took a walk down memory lane when she realized it had been 25 years since she first met Eric. Chloe returned to Salem. Wendy asked Tripp to move in with her. Eric and Nicole admitted that they'd been thinking about one another. Brady and Rolf feared Stefan's deprogramming had gone very wrong. Later, Stefan had a stunning realization. Li, Gabi and Wendy negotiated their new living arrangements. Joey thought Tripp had the upper hand over Johnny. EJ told Nicole that he planned to give Stefan a taste of his own medicine. Sarah received some shocking news. Maggie wanted to know what Rex's intentions were concerning her daughter. Alex anticipated a big job promotion. Chad, Justin,

Alex and Stephanie said their heartfelt goodbyes to Sonny. Rex offered Sarah a solution to her problem. *Wait to See: Jack and Jennifer bid farewell to their loved ones. Xander wonders if he and Sarah might have a second chance. Maggie throws Alex for a major loop.*

**GENERAL HOSPITAL** Esme drew a line in the sand. Laura delivered words of encouragement to Spencer. Molly offered her professional opinion. Curtis confronted Jordan. Heather lashed out. Portia surprised Jordan. Ava found herself in a bind. Liz was grateful to Scott. Trina stuck to her guns. Sasha offered support to Michael and Willow. Dante developed a theory. Sonny made Dex squirm. Obrecht expressed her outrage. TJ delivered important news. Carly and Josslyn rallied around Michael. Gregory praised Alexis. Diane and Robert got caught up. Brook Lynn confided in Maxie. Kristina made a surprising discovery. Laura met with Eileen. Alexis was perplexed. *Wait to See: Maxie fishes for information. Sasha wants to clear the air. Spencer is stymied.*

**THE YOUNG AND THE RESTLESS** Devon and Lily prepared for battle. Chelsea took on a new venture. Nate and Victoria fought their attraction. Victor presented Adam with a new opportunity. Ashley turned the tables on Tucker. Sally had a change of heart. Victor questioned Ashley's motives. Devon

gave Tucker the third degree. Jack and Diane snuck out of town. Lily decided to play dirty. Abby tried to keep the peace. Victoria put Nate in an awkward position. *Wait to See: Phyllis receives a disturbing message. Mariah shares surprising news with Sharon. Nick makes a promise to Sally.*

(c) 2023 King Features Syndicate, Inc.

## ESTATE SALE OF BILL & MARILYN DEAN

**419 Brooks Dr. • Killen 35645**  
(Turn on County Road 473)  
**Friday, March 3 • 9am-2pm**  
Numbers given out at 8:30am  
**Saturday, March 4 • 9am-2pm**  
Numbers given out at 8:30am  
**Sunday, March 5 • 1pm-3pm**

**\*\*Parking Is Limited... Please Use Caution\*\***

Wallace Sterling Silver Flatware Rose Point • Assorted Cast Iron Including Martin Skillet • Military Uniforms, Books & Memorabilia • 1800'S Navigational Sextant • Victorian Oil Paintings • Local Books • Leather Love Seats & Chairs • Acorn Chair Lift • Tahoe Ski Boat • Canoe And Flat Bottom Boat • John Deere Lawn Tractor • Power Washer • Patio Sets • Tools • Much More!

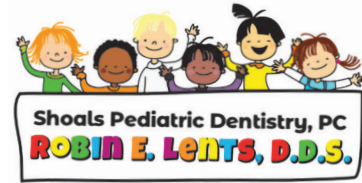
**REMEMBER: We No Longer Load Your Purchases. Bring Help.**

Please view photos on [www.estatesales.net](http://www.estatesales.net)

**Cypress Creek Antiques & Estate Sales**  
256-275-0273

## Healthy Smiles Begin at an Early Age!

- **Pediatric Dentist with over 25 years of experience**
- **Preventive Dentistry** (cleaning, sealants, fluoride treatments, and space maintainers)
- **Restorative Dentistry** (fillings, crowns, extractions)
- **Digital x-rays • Nitrous oxide**
- **Oral conscious sedation**



**Shoals Pediatric Dentistry, PC**  
**ROBIN E. LENTS, D.D.S.**

640 Cox Creek Pkwy, Florence, AL 35630

**256-760-5660**



[www.shoalspediatricdentistry.com](http://www.shoalspediatricdentistry.com)

**Most Insurance Accepted**

No representation is made that the quality of dental services to be performed is greater than the quality of dental services performed by other dentists.

**McClish Builders**  
Licensed and Insured  
**Nelson A McClish, Owner • 256-627-7002**  
Alabama Homebuilders License #27376  
[McClishBuilders@yahoo.com](mailto:McClishBuilders@yahoo.com)

**Are you looking  
for an Electrician?**

**Call Us Today!**

**256-648-4893**

**MPE SERVICES LLC**  
Heating & Air • Plumbing • Electrical  
Full Restaurant Repair • LED Lighting



**TVA EnergyRight**  
QUALITY CONTRACTOR NETWORK



## FLORENCE FAMILY PRACTICE

- **SEE US AT OUR NEW LOCATION!!**
- Walk-ins Same Day Appointments Available
- ALL Insurances Accepted
- \$60 Uninsured Office Visit
- **FREE** Wellness Exam for BCBS and Medicare

- Urgent Care for the Entire Family
- Successful Diabetes and Weight Loss Management
- PAP Smear, Breast Exam, and Family Planning Contraception

**112 Titan Drive • Florence • [florencefamilypractice.com](http://florencefamilypractice.com)**

**HOURS: Monday - Thursday 8am - 5pm**

Call for appointment today

**256-764-9830**

### TELEHEALTH



**Jennifer Allen, CRNP**



**Staff**

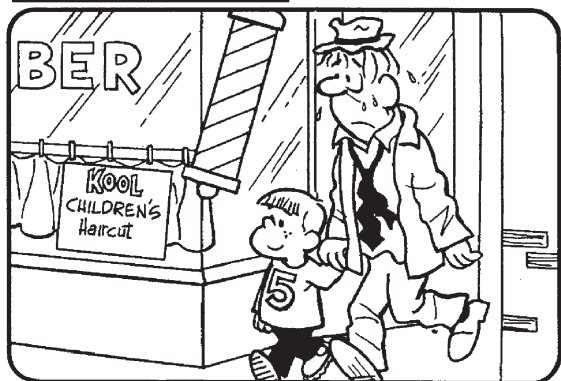


**Linda C. Clemons, M.D.**  
Board Certified in Family Medicine



**HOCUS-FOCUS**

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Sign is different. 2. Drape is shorter. 3. Pole stripes are reversed. 4. Number is different. 5. Hat is shorter. 6. Tie is shorter.

**CHEAPEST, BUT BEST CLEANING SERVICES**  
 Now 3 Mom's Cleaning Services is back with cheaper prices than before. Trustworthy. Experienced. Commercial or Residential. References available upon request. Free estimates. Please call +256-691-5475 for Fran +256-415-3762 for Shayna or +256-904-2942 for Amber. If no answer, please leave detailed message and we will call you back.

**LINCOLN: MKS, 2013 \$16,950. INCREDIBLE!** Only 25K miles, heated leather, full power, premium wheels with Michelin tires, just serviced. Excellent Condition! 256-527-2125.  
**MORE IMPACT WITH RED LINE ads.** Available only in your Courier Journal. See page 6 or go to courierjournal.net.  
**LIFT CHAIR, VERY GOOD** condition, dark blue, \$200. 256-412-8350.

**Doing Work Of The Holy Spirit**

2 Corinthians 3:17 "Now the Lord is that Spirit; and where the Spirit of the Lord is, there is liberty." Romans 8:9 "But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his." Romans 8:10 "And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness." For hundreds of years, religious history has men trying to play God. Isaiah 42:8 I am the LORD: that is my name: and my glory will I not give to another, neither my praise to graven images." Ephesians 2:8-9 "For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast." Is a free gift hard to understand? Jonah knew it: Jonah 2:9c "Salvation is of the LORD." Galatians 3:26 "For ye are all the children of God by faith in Christ Jesus." We are commanded: Ephesians 5:18 "And be not drunk with wine, wherein is excess; but be filled with the Spirit," Saved folks listen: Galatians 3:2 "This only would I learn of you, Received ye the Spirit by the works of the law, or by the hearing of faith?" 1 Corinthians 12:13 "For by one Spirit are we all baptized into one body, whether we be Jews or Gentiles, whether we be bond or free; and have been all made to drink into one Spirit." Ephesians 3:17 "That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love," Ephesians 1:13 "In whom ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise," 1 Corinthians 12:7 "But the manifestation of the Spirit is given to every (SAVED) man to profit withal." Romans 14:17 "For the kingdom of God is not meat and drink; but righteousness, and peace, and joy in the Holy Ghost." How's your Joy? What can you lose by trusting Christ? Just your sin! TRY Christ and see!

**Beacon Baptist Church**  
 Bill Bishop, Pastor • Rogersville • 256-247-7733  
 1.2 miles north from red light on Hwy. 207 on left  
 Sunday services at 10am and 11am and 6pm  
 Visitors welcome!

# Food Outlet

This Ad Good March 1-7, 2023

2503 North Wood Ave. • Florence  
 256-766-0456

Hwy 200 • Central Heights  
 256-349-2377

We Welcome WIC & Food Stamp Shoppers. Quantity Rights Reserved. None Sold To Dealers.

## SHOP OUR FULL SERVICE MEAT DEPARTMENT

<p>USDA FRESH FAMILY PACK  <b>GROUND BEEF</b>  <b>\$2.48</b>                  LB.</p>	<p>USDA SELECT  <b>BONELESS N.Y. STRIP STEAKS</b>  <b>\$7.98</b>                  LB.</p>	<p>GRADE A FROZEN  <b>CHICKEN BREAST TENDERS</b>  <b>\$1.88</b>                  LB.</p>
<p>USDA  <b>MIXED PORK CHOPS</b>  <b>\$1.58</b>                  LB.</p>	<p>USDA  <b>CENTER CUT BONE-IN PORK CHOPS</b>  <b>\$1.98</b>                  LB.</p>	<p>BRYAN  <b>SLICED BACON</b>  <b>\$3.98</b>                  12 OZ.</p>

<p>16-24 OZ.  <b>RAGU PASTA SAUCE</b>  <b>2/\$5</b></p>	<p>14.8 OZ.  <b>PINK BEAUTY OR BLACK TOP SALMON</b>  <b>\$3.18</b></p>	<p>11-14 OZ.  <b>NABISCO NILLA WAFERS OR HONEY MAID GRAHAM CRACKERS</b>  <b>\$3.58</b></p>
---	--	--

<p>12 ROLLS  <b>IRRESISTIBLE BATH TISSUE OR 6 ROLLS TOWELS</b>  <b>\$3.98</b></p>	<p>5 LBS.  <b>FOOD CLUB SELF-RISING OR ALL PURPOSE FLOUR</b>  <b>2/\$5</b></p>	<p>4 LB. BAG  <b>THAT'S SMART SUGAR</b>  <b>2/\$4</b></p>
---	--	---

<p>7-8 OZ.  <b>DUTCH FARMS CHEESE CHUNKS OR SHREDS</b>  <b>2/\$4</b></p>	<p>1 LB. FRESH  <b>STRAWBERRIES</b>  <b>2/\$5</b></p>	<p>48 OZ.  <b>MAYFIELD SELECT ICE CREAM</b>  <b>\$3.48</b></p>
<p>52 OZ.  <b>FLORIDA'S NATURAL ORANGE JUICE</b>  <b>\$2.98</b></p>	<p>5 LBS.  <b>RUSSET POTATOES</b>  <b>\$2.98</b></p>	<p>10-14 OZ. SELECT VARIETIES  <b>PICTSWEET VEGETABLES</b>  <b>2/\$4</b></p>
<p>7 OZ.  <b>BANQUET POT PIES</b>  <b>4/\$5</b></p>		

<p><b>PEPSI PRODUCTS 6 PACK 1/2 LITER BTLs.</b>  <b>4/\$11</b></p>	<p><b>PEPSI PRODUCTS 2 LITER BTLs.</b>  <b>3/\$5</b></p>
--	--

**GENESIS**  
**LAWN CARE SERVICES**  
 "QUALITY FROM THE BEGINNING"

Yard Clean-Up • Sod Installation • Pressure Washing  
 • Trimming • Small Tree Removal • Year-Around Lawn Care  
 • Weeding • Housekeeping

Competitive Pricing • Licensed & Insured

Call Jaime at 256-600-4064  
 or visit us at [LawnByGenesis.com](http://LawnByGenesis.com)

**REDLINE Your Ad! - See Page 6**

# Notes...

Continued from page 5

The Parkinson Association of Alabama (PAA) will host its annual Parkinson's Patient Symposium on Friday, March 10 at the Pelham Civic Center, 500 Amphitheater Road, in Pelham. This FREE educational event is open to those living with Parkinson's disease (PD), their care partners, and families. It will include valuable content from Parkinson's disease experts for improving the quality of life for those affected by PD.

Doors open at 8:30am with complimentary breakfast followed by

an inspiring keynote speaker, Matthew Moore, who is also living with Parkinson's. Other general assemblies will include an update from the John N. Whittaker Professor & Chair, David G. Standaert, MD, PhD from the University of Alabama at Birmingham Department of Neurology. An expert panel of Movement Disorder Specialists will also be available to answer questions.

This event will also offer three breakout tracks with two sessions each. Whether you are newly diagnosed with Parkinson's, living well with PD, or a care partner - there are special sessions dedicated to where you are on your journey for the most relevant and impactful content. Learn more about the session details, speakers and bios at <https://www.parkinsonalabama.com/symposium2023>

More than 20 exhibitors will be available demonstrating new medical treatment options, therapies and movement programs. Complimentary lunch will be provided, and all attendees will receive a free book at check-in, A Parkinson's Primer, An Indispensable Guide to Parkinson's Disease for Patients and Their Families by John M. Vine.

The event is FREE, but seating is limited, and registration is required. Please go to [www.parkinsonalabama.com/symposium2023](http://www.parkinsonalabama.com/symposium2023) to reserve your seat.

Shoals Christian School will host an Open House Thursday, March 9 from 1-4pm at the school, located at 301 Heathrow Dr. in Florence.

SCS faculty, parents, and students will be on hand so you can learn more about the academic athletic and extracurricular programs. Meet some of the school's athletes, explore their fine arts program, and visit the flame spirit store while you are there.

You are also welcome to stay after the open house and enjoy free admission and a free concession item at the home baseball and softball games from 4:30-8pm.

Please call 256-767-7070 to RSVP.

**Fish Fry Friday, March 10, 4-7pm.** Calvary Baptist Church, 601 N. Main Street Tuscumbia. Proceeds to Operation Christmas Child.

**14th Annual Coats Farm Benefit Trail Ride and Auction - March 10-11.** At the Coats Farm, 1458 County Road 298, Florence. (All proceeds go to the North Alabama Christian Children's Home)

**Yard Sale** begins Friday, March 10 at 8am in the Barn

**Trail Ride** begins Saturday, March 11, 9am

**Silent Auction** begins at 9:30am Outside

Chicken and Goat Stew, Hamburgers, Hot Dogs, BBQ and Ham & Beans will be served beginning at 11am.

HOMEMADE peach and apple fried pies will also be sold.

**Big Auction** will be held Outside (Beginning at 12:15 Saturday) New and Used: Furniture, Sports Memorabilia, Antiques, Tools, Appliances, Horse and Horse Tack, Grass Seed and Much More will be auctioned off.

For more information call: Don Williams, NACCH Director 256-366-3327; Robert Coats 256-762-2514 or Buddy Smith 256-762-2084.

See NOTES... page 30

## Speaking The

# Truth

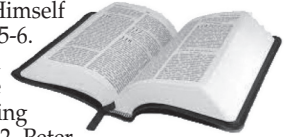
Ephesians 4:15

In Love

## Learning From History

Someone said, "If we do not learn from history, we are doomed to repeat it." While that is true in everyday life, it is also true in our spiritual lives!

The apostle Paul wrote in Romans 15:4 - "For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope." He was telling first century Christians that they should learn from the generations who had gone before them. With that thought in mind, consider the things that led God's chosen people to digress and turn away from the Creator and His will during the days of the prophet Hosea. In Hosea 4:1, the statement is made that God had a controversy because there was no truth, nor mercy, nor knowledge of God in the land. Can anyone question whether there is a demise of those same things in our world today? Further the prophet says their pride had caused God to withdraw Himself from the nation of Israel, Hosea 5:5-6.



According to Hosea 6:4, they lived lives inconsistent with what one would expect from someone serving the Creator of the universe. In 2 Peter 1:10, the author urges Christians to "give diligence to make your calling and election sure: for IF you do these things, ye shall never fall." The obvious implication is that a failure to do these things will result in one falling from God's grace. Another problem Hosea identified among the people of God in his day was that they failed to live distinctive lives, separate/different from others, Hosea 7:8.

In James 4:4, Christians are reminded that friendship with the world makes one an enemy of God, (see also Romans 12:1-2). Sin, transgression of God's law, always has a price tag and Hosea 9:9 states that God would remember their iniquity and visit their sins. We live in a day when crime is often ignored, but 'pay day' will come. The people of Hosea's were determined to have their way and not submit to the will of the Creator... they refused to exalt God, Hosea 11:7. As a result of turning their backs on Jehovah, they found other things to worship and made for themselves molten images, Hosea 13:2. Your response to this may be to say, "Well, I certainly have not done that!" May I remind you that it doesn't have to be a molten image...it could be prestige, power, money or anything that you value more than your relationship with the Creator. "Seek ye first the kingdom of God and His righteousness" Matthew 6:33.

### Searching The Scriptures...

Can we know what we must do to be saved?

(Answer: YES! Read the accounts of conversion in the book of Acts. Almost a dozen obeyed (took steps to be saved. Do what they did to be saved.)



Elders of the Cedar Grove church (Newell Graham, Richard McLemore, Randy Baker, Paul Sain)

Questions, comments, or criticisms are welcomed. Responses may be sent to:  
**Church Of Christ at Cedar Grove**  
 6421 County Road 26, Rogersville, AL 35652  
 or email to: [Cedargrovechurchofchrist@gmail.com](mailto:Cedargrovechurchofchrist@gmail.com)  
[www.cedargrovechurchofchrist.org](http://www.cedargrovechurchofchrist.org)

**Shoals Discount MATTRESSES**  
 705 Avalon Ave • Muscle Shoals • 256-349-9807  
**Limited Time Only!!!**  
**13" Plush Queen Pillowtop Set: \$375**

Twin Mattress Sets .....	start at	\$149
Full Mattress Sets .....	start at	\$199
Queen Mattress Sets .....	start at	\$199
King Mattress Sets .....	start at	\$399

Serta, Sealy, Beautyrest, Ashley, and MLily Mattresses **50% OFF MSRP**  
 Mon-Fri 10am-5:30pm • Sat 10am-4pm  
 Like Us on Facebook @ [www.Facebook.com/ShoalsDiscountMattresses](http://www.Facebook.com/ShoalsDiscountMattresses)

**New Spring Merchandise Arriving Daily**  
 Beautiful Variety Of Colors, Sizes & Styles of Vases  
 Tuned Windchimes - You Wont Believe The Beautiful Sound  
 (Please Be Patient With Our Repair Construction)

**People's Drugs & Variety**  
 Cherokee, AL 256-359-6242

**BOOKMARK THIS LINK:**  
[courierjournal.pageflip.site/publications/CourierJournal](http://courierjournal.pageflip.site/publications/CourierJournal)  
 to see our convenient Page-Flip Edition, 24/7  
 New issue online beginning Tuesday morning.

**Courier Journal** EVERY HOME - EVERY WEEK  
 256-764-4268  
[www.CourierJournal.net](http://www.CourierJournal.net)

# 4 CONVENIENT LOCATIONS



Primary & Urgent Care

Urgent Care

Primary & Urgent Care

Primary Care

## Cloverdale Road

2735 Cloverdale Road  
Florence  
(256) 415-4005

## Express Care

1106 N Cave St.  
Tuscumbia  
(256) 386-7774

## Greenhill

351 AL Hwy 64  
Killen  
(256) 272-8066

## Sheffield

1120 S Jackson Hwy  
Suite 300  
(256) 383-4447

Front Row: Courtney Bowen, MD • Jeremy Thompson, MD • Amber Olsen, DO

Back Row: Joshua Vacik, MD • Robert Dickson, DO • Anthony Horton, DO • Brad McAnalley, MD

**FORD: C-MAX SE HYBRID, 2017**  
\$14,950. 1 owner, only 74K miles, just serviced including **NEW TIRES**, 2 keys. Like New Condition! 256-527-2125.

**SOFA, \$150 + 2** mauve queen-ane chairs, \$110/both. Electric peculator, \$25. 843-605-5805. Athens

**CHIHUAHUA PUPPIES, REGISTERED AND** full blooded; females, \$735, males, \$630. Call Ralph 256-303-2406. We deliver!

**BUYING!!! CARS, TRUCKS, FISHING BOATS, in good condition or repairable. CALL 256-810-8411**

**BUSH HOG BRAND 3210.** Bush hog, 10', heavy duty, semi-mount, \$6,900 Reduced \$3,950. 256-810-7238.

**FIREWOOD FOR SALE!** Spilt, cured and dry. \$60 per truck load. You Haul! 256-762-0696.

**FREE GOLDEN RETRIEVER PUPPIES.** House trained, children + other pet friendly. Text 312-270-7222

**ACURA: TL TECH PACKAGE, 2012** \$19,950. Only 48K miles, white, tan leather, navigation, sunroof, just serviced. Excellent Condition. **Must See and Drive!** 256-527-2125

**MAZDA: 3, 2009 \$6,700.** 110K miles, 4 door, excellent condition, no driving issues. 256-874-6004.

**WE BUY JUNK CARS,** Trucks or Vans with or without titles, Call Joel 256-303-7609

**FOR SALE - CASH only - Queen Sized Sofa Hideaway \$250 call 256-571-0530**

**CHIMNEY NEED ATTENTION?** Is it time to clean? Smells, Water, Animals? Dryer vent cleaning. Black Hearth Chimney Sweeps 256-710-0292

**2 SQ. CURIO END tables - two shelves - one adjustable glass.**\$60 cash. 256-309-5990

**TREEING FEIST PUPPIES, 3** males, 8 wks. old, \$100. 256-565-7003.

**RICK'S STUMP GRINDING**  
\*\*\*\*\*  
Low prices and Free estimates, 256-740-2363  
if no answer, leave message

**I BUY CLASSIC CARS**  
No matter your location, I will come to you. Call Lawrence 931-242-3135 Local number

**CHEVROLET: IMPALA, 2014 \$11,950.** LT Limited, 4 door, automatic, sunroof, full power, black in color, alloy wheels, just serviced. Super Condition! 256-527-2125

**I BUY JUNK CARS,** trucks, vans and repairable vehicles. Call Mike 256-702-8400

**ROOFING - LEAKS REPAIRED,** Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

**COLLECTOR'S ITEMS: TWO RICKY Nelson's** 33 1/3 Vinyl records in good condition. \$15 each. His last night was spent in Guntersville before his death. 256-571-5996

**BUYING ESTATES PAYING CASH**  
**WE BUY AND SELL** estates, antiques, tools, cast iron, and jewelry. 256-275-0273 or 256-762-0966

## Introducing the **EMSCLUPT NEO** Medical Gym

- **4 SESSIONS**
- **30 minute session**
- **On average -30% fat reduction\***
- **On average +25% muscle mass\***
- **Roughly equivalent to 12-16 weeks of HIIT\***

We now offer **Rewards & Memberships!**

### Why join Helping Hands Clinic VIP?

- ✓ Rewards for Visiting
- ✓ Exclusive Memberships
- ✓ Monthly Offers & Specials
- ✓ Gift on your Birthday!

SCAN TO SIGN UP



**HELPING HANDS**

256.712.5028 | 426 West College St. | Florence

Across from Infants & Children's



**MANSSELL ROOFING**, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

**WE BUY RIDING MOWERS**, John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not, 256-275-2276

**WE BUY CARS, TRUCKS, VANS, SUVs, and MOTORCYCLES**, running or not. Must have titles, send a pic, get a price. 256-275-2276

**DECKS AND FENCES** - FREE Estimates. Call me at 256-856-4662. References available.

**POPPOPS BOXING GYM**  
All age and skill level classes, personal training and boxing fitness. (256) 856-6213

**HOME IMPROVEMENT AND BUILDING**: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

**INFINITI: G37 JOURNEY EDITION**, 2011 \$15,950. 4 door, only 77K miles, silver, heated leather, navigation, sunroof, just serviced including **NEW TIRES!** Like New Condition! 256-527-2125.

**MILLER'S TREE SERVICE**  
Trimming, Cutting, Free Estimates 256-710-0548

## Letters...

Continued from Page 12

### Go Forth, Be Fruitful?

Editor:

In response to Linda Johnson's letter of February 22, entitled "Lest Ye Be Judged," a man will be judged as a murderer if he kills unborn children in the mother's womb.

Job 31:15 states, "Did not He who made me in the womb make them? Did not the same One fashion us in the womb?"

You closed your letter by saying, "You need to vote."

Yes, we need to vote Republican, because in most cases Republicans are against murdering unborn babies in the womb.

Joe Biden says he is a practicing Catholic, and he says it is okay to kill babies in the womb.

Catholics are told not to use contraceptives, but Christians are not opposed to using contraceptives.

You told the young men to go forth and be fruitful. In Genesis 9:1 we read, "So God blessed Noah and his sons, and said to them: "Be fruitful and multiply and fill the earth." *NKJV* - That was AFTER the flood, when there were only eight people left alive on the earth.

Rogers Kimbrell  
Florence

### They Should Step Aside

Dear Editor:

Someone needs to take Mike Pompeo and Victoria Nuland aside and explain to them that the public isn't interested in resurrecting the age of the "Ugly American."

Pompeo, a potential candidate for the GOP presidential nomination, and Nuland, a current member of the Biden Administration, were in the news recently. Pompeo seems to be prepping us for an entirely avoidable war with China.

Nuland is more subversive and sinister than Pompeo. She appeared before Congress where she covered up

her part in the Russia-Ukraine War.

Some of your readers may recall the 1958 novel, "The Ugly American." The setting of the book is different than today's political arrangement, but many of its Cold War lessons still apply. It describes the incorrigible ineptness of U.S. diplomacy in a fictional Southeast Asian country. More than a decade later, the non-fiction books, "Fire in the Lake" by Frances Fitzgerald and "The Best and the Brightest" by David Halberstam reached similar conclusions regarding our war in Vietnam: Intelligence agencies and the U.S. Diplomatic corps were intellectually unfit for the conflict.

I read "Fire in the Lake" as a student at Florence State. I still view it as one of the best popular descriptions of Vietnamese and Chinese historical cultures available. As a Vietnam War veteran, I didn't agree with all its political points. However, I hold it as an important book on the failures of the Washington establishment of the time.

Polls indicate today that if Washington hasn't learned from its diplomatic failures, the public has. If the neo-conservatives and the war Democrats plunge us into wars with Russia and China, they will do so without the approval of a sizeable number of Americans.

Let's hope Mike Pompeo redirects his thoughts away from war. Furthermore, let's hope Victoria Nuland disappears from public life. If Washington elites lack the skill to diplomatically compete in the new multi-polar world, they should step aside.

Thomas Ponder  
Killen

**Your Best Advertising Value!**



## DEALER ONLY AUCTION OF ABANDONED & UNCLAIMED VEHICLES

Cars are for parts only!

VEHICLES MUST BE PAID FOR THE DAY OF SALE  
TONY COUCH - AUCTIONEER, AL LICENSE NUMBER 657  
ALL VEHICLES SOLD AS IS • NO WARRANTY • ALL SALES FINAL • CASH ONLY

No titles offered!

**Saturday, March 25, 2023 • Sale Starts 9am**

VIN	YEAR/MAKE/MODEL		
2009 ACURA TL	19UUA86259A024504	2002 FORD ESCORT	3FAFP11312R185155
2000 BUICK CENTURY	2G4WS52J7Y1320919	1995 GMC SIERRA	2GTEK19K2S1524560
1994 BUICK LESABRE	1G4HR52LXRH509004	2005 HONDA CBR 600	JH2PC37085M203464
2008 BUICK LACROSS	2G4WD582X81148900	2001 HONDA ODYSSEY	2HKRL18681H595567
1992 CADILLAC FLEETWOOD	1G6CB53B2N4339105	2013 HYUNDAI SONATA	KMHCC4A40DA073774
2004 CADILLAC DEVILLE	1G6KD54Y44U158403	2004 INFINITI G35	JNKC5V1FX4M700197
2012 CHEVROLET IMPALA	2G1WG5E31C1134099	2000 ISUZU RODEO	4S2CK58W3Y4318426
2015 CHEVROLET SONIC	1G1JA5SH4F4174102	2018 JEEP WRANGLER	1C4HJXDGXJW144878
2001 CHEVROLET MALIBU	1G1ND52J016243439	2002 JEEP CHEROKEE	1J4GX48S02C107732
1995 CHEVROLET S-10	1GCCS19Z9S8104652	JEEP GRAND CHEROKEE	1J8GR48K57C568845
2001 CHEVROLET BLAZER	1GNNT13W31K223256	2007 LEXUS IS 250	JTHBK262672035002
2007 CHEVROLET EQUINOX	2CNDL13F276089694	2006 NISSAN ALTIMA	1N4AL11E96C194066
2000 CHEVROLET IMPALA	2G1WF55E5Y9139691	2006 NISSAN TITAN	1N6BA07B76N561897
2005 CHEVROLET IMPALA	2G1WH52K459295933	2005 NISSAN MAXIMA	1N4BA41E45C808323
2008 CHEVROLET HHR	3GNDA13D18S629765	1999 NISSAN MAXIMA	JN1CA21D4XT806376
2009 CHEVROLET AVEO	KL1TD56E89B385835	2009 PONTIAC VIBE	5Y2SP67899Z469339
2006 DODGE STRATUS	1B3EL46XX6N207744	2007 PONTIAC G6	1G2ZG57N874262891
1994 DODGE RAM 2500	1B7JC26Z5RS707383	2004 SATURN ION	1G8AJ52F44Z167019
2002 DODGE CARAVAN	1B8GP25392B742053	2004 SATURN VUE	5GZCZ534X4S833778
1999 FORD TAURUS	1FAFP53U1XA134401	2006 SUZUKI HAYABUSA	JS1GW71A662107459
2008 FORD ESCAPE	1FMCU03188KB09212	2014 TOYOTA COROLLA	5YFBURHEXEP008119
2002 FORD EXPLORER	1FMYU60E92UC80563	1992 TOYOTA CAMRY	JT2SK12E4N0001475
1997 FORD F-150	1FTDX172XVNB32512	1992 TOYOTA PU	JT4VN93DXN5030661
1994 FORD F-250	1FTEF25Y6RNA94240	2010 TOYOTA SCION	JTKKU4B44AJ053387
2009 FORD RANGER	1FTYR10D59PA53623	2017 VOLVO VN	4V4NC9EH7HN985657
1999 FORD F-150	1FTZF1720XKA85813	2001 YAMAHA MOTORCYCLE	JYARN05E21A010856
		2004 YAMAHA V STAR	JYAVM01E14A061311

## SIMPSON'S WRECKER SERVICE 835 Rickwood Rd., Florence, AL

NOTICE OF DEALER ONLY AUCTION: SIMPSON'S WRECKER SERVICE gives Notice of Foreclosure of Lien and intent to sell these vehicles on 03/25/2023, 09:00 AM at 835 RICKWOOD RD, FLORENCE, AL 35630-1367, pursuant to subsection 32-13-3 of the Alabama Statutes. SIMPSON'S WRECKER SERVICE reserves the right to accept or reject any and/or all bids.

Turning 65? Time for MEDICARE? Educate before Enrolling  
Our next Medicare Class is Thursday, March 16th 11am-Noon @ Alabama Health Guidance 885 Florence Blvd. Florence, AL



We know all of those **MEDICARE** options may seem a bit confusing - but our **LOCAL** Insurance Specialists have over 20 years of combined experience to help make the whole process easy for you.

Our "Third Thursday" Medicare Education Classes, offered each month, allow you the opportunity to learn more. Call to register now to attend one of these classes!



**EXPERIENCE MATTERS!** Meet with our Medicare Experts:  
Hope Stamps Buttrum | Ikey Fowler | Beverly White

**256-648-5710**

For accommodation of persons with special needs at meetings, call 256-648-5710

# Real Estate

**HARVEST HILLS APARTMENTS**  
**Now Pre-Leasing for Spring Move-in.**  
**New 2 bedroom, 2 bath Luxury Apartments**  
**March 2023 Move-In**  
**Amenities:** Stainless steal appliances, stove, refrigerator with ice maker, microwave, dishwasher, washer and dryer hook-ups, ceramic tile, walk-in closets. Pet friendly.  
 \$1,150 per month.  
 100 Harvest Hills Place, Killen, AL 35645  
 256-302-8104  
 Located behind Arx Mortis Haunted House, off County Road 103

**HOME FOR RENT:** 805 Cypress Mill Road, Florence, 3 bedroom, 1 bath, large den, kitchen and laundry room, \$1,200 per month plus deposit. Call Kairos Property Management 256-656-3578

**HOUSE FOR RENT:** 2303 Randolph St., 4 bdrm., 2 ba., large kitchen, just remodeled, \$1,500 month, \$1,500 deposit, Call Kairos Property Management 256-656-3578

**THERE ARE 5 EASY WAYS TO** place your CLASSIFIED AD. By mail, fax, phone, on-line and in person.

**FLORENCE HOUSES FOR RENT:** 2 and 3 bdrm., \$800 month + deposit, 256-764-3986

**FOR SALE BY OWNER**  
 826 Frankfort Rd. Tuscumbia  
 3 bdrm., 1.5 ba., corner lot, one block from R.E. Thompson School.  
 \$135,000. 256-383-2971

**Courtview Towers Studio Apartments 1 & 2 Bedrooms available.**  
**Convenient to downtown Florence. Rent based on income.**  
**Equal Housing Opportunity 256-767-0201**  


**SEVERAL BUSINESS OFFICES FOR RENT**  
 Court Street, Downtown Florence  
**\$600-\$750**  
 Includes utilities  
 Call 256-656-3578

**LEIGHTON: 255 SOCKWELL LANE** 3 bedroom, 1 bath brick home. \$650 month \$650 Deposit. Section 8 welcome. 256-483-8570

**FOR RENT: 45 ACRES OF PASTURE LAND** for hay or crops, Shoals Creek area, Call 256-762-7421

**NEW METAL GARAGE BUILDING** plus 1.3 Acres. Small Workshop on Co. Rd. 8 and 94 Intersection, \$56,000, 256-366-6149.

**PROPERTY FOR SALE** in Muscle Shoals, 3.45 Acres on Mary Mack St., Call 256-740-1960

**FLORENCE 2 BEDROOM APARTMENT,** Central Heat/Air, \$600 month plus deposit 256-764-3986

**TUSCUMBIA HOME FOR SALE, 311 W. 3rd St.,** Beautiful downtown historic home. Fully renovated. Hardwood floors, open concept. Within walking distance of grocery store, library, downtown restaurants and Spring Park, \$250,000, 256-394-3346

**FLORENCE STUDIO APARTMENT:** Available in April. Completely furnished, with utilities, internet, cookware etc., One block from UNA, \$750 per month, plus deposit. Call for details 256-335-0010

**HOUSE FOR LEASE** 309 North Cypress St. Florence 4 bdrm, 2 ba., Central H/A, Section 8 welcome, \$1,195 per month, \$700 deposit. 256-335-4554

## REAL ESTATE AUCTION

**Saturday, March 4, 10 am**

**NORTHWEST ALABAMA CANCER CENTER BUILDING**  
**Held On Site: 302 West Dr. Hicks Blvd., Florence, AL**



Two-story commercial building in downtown Florence. This vacated medical building with finished basement offers multiple rooms including exam rooms, treatment rooms, workstations, labs, private offices, conference room, lounge/kitchen, storage rooms, and 6 restrooms. Elevator serves all three levels. Zoned R-B with 233+/- Ft. of curbed road frontage on W. Dr. Hicks Blvd.

**Call for private showing and more information: 256-740-9901**  
**Auction held indoors, rain or shine.**

**TERMS:** Real Estate – 10% down day of sale with the rest due within 30 days. Seller will furnish deed and title policy. Property sold AS-IS. This property is being sold predicated on the assumption that no hazardous materials and/or conditions are either on or in the subject property. No responsibility is assumed for such hazardous materials and/or conditions or any expertise or knowledge to discover or treat such hazardous materials and/or conditions. Prospective buyer has the right to inspect up to 10 days before auction. Couch Auction & Realty is agent of the Seller. Seller reserves the right to refuse any and all bids. All information in this ad is from sources believed to be correct but is not guaranteed. Announcements made day of sale take precedence over any printed material. **NO BUYERS PREMIUM**

**www.couchauctionandrealty.com**  
 www.auctionzip.com ID#10125  
 801 N. Patton Street • Florence, AL 35630  
**256-740-9901**  
 Tony Couch – Auctioneer/Broker  
 Ricky Kennedy – Auctioneer/Sales  
 AL Lic #657, TN Lic. #4812, GA Lic. #2911, TN Firm Lic. #5485



**MONTREAT APARTMENTS**  
 1850 Darby Dr., Florence, AL  
**First Month RENT FREE**  
**Accepting Applications**  
 Seniors 62 and over or mobility impaired  
 One Bedroom, Rent Based on Income  
 256-767-2211  


**ESTATE AUCTION**  
**9:AM Saturday, March 11th**  
**The Mary Gantt Hudson Estate**  
**2424 Cave Hollow Road, Russellville, Alabama**  
**95 Ac+/- w/ 1 BR, 1 BA Home, Barn, 100+ y.o. Log Home**



**Call Ben Phillips (AL 1331) for more info 256-710-9683**  
**SHANE ALBRIGHT AUCTIONS**  
 Shane Albright Owner/Broker/Auctioneer AL #1569 TN #5431  
 Licensed in Alabama & Tennessee  
 Office Number: 256-757-8898



**2 LIFE PROOF FOR** Iphone 13, 3 series, \$40 ea. 4 Apple cases, \$40 ea. 256-263-7636 Leave message

**WE BUY RIDING MOWERS,** John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not, 256-275-2276

**J.J. MAINTENANCE SERVICES**  
 Painting, Electric, Roof repair, Plumbing, and more!  
 Call 786-291-3565 (Florence)

**CARHART DOUBLE INSULATED JACKET** with hood, Men's size XL, \$75, 256-340-1973 Decatur

**Dittos for Kiddos**  
 Children's Consignment, LLC  
 Muscle Shoals, Alabama

**March 4 - 11**  
**Spring / Summer Sale**

**DATES & TIMES**  
 Sat. Mar 4 9-5  
 Sun. Mar 5 1-5  
 Mon. thru Fri. Mar 6 - 10 10-6  
 Sat. Mar 11 9-2:30

A one-stop shop for terrific bargains on quality, gently used clothing, toys and furniture for children.

**North Alabama State Fairgrounds**  
 dittos@dittosforkiddos.net



**USED CARS**

**400 Woodward Ave. Muscle Shoals, AL**

**HOURS: Mon.-Fri. 8am-5:30 pm & Sat. 8am-Noon • After Hours by Appointment**

<b>2015 Chrysler-300</b>  <b>\$18,990</b>	<b>2014 Silverdado</b>  <b>\$24,990</b>	<b>2016 Altima</b>  <b>\$14,990</b>
<b>2016 Ford F150</b>  <b>\$25,990</b>	<b>2013 Explorer</b>  <b>\$13,990</b>	<b>2013 GMC Acadia</b>  <b>\$16,490</b>





**HONDA: ACCORD LX, 2016** \$18,250. 1 owner, only 80K miles, 4 door, full power, rear-view camera, alloy wheels (with **NEW TIRES**), just serviced. Outstanding Condition! 256-527-2125.

**2009 Yamaha XVS650 Motorcycle**, black, showroom condition, garage kept, 7,000 miles, saddlebags & helmet included, extremely nice, \$4,000 OBO, 256-410-6987 Mount Hope

# Trail...

Continued from Page 12

can perform basic trail maintenance tasks. There will be a ribbon-cutting for the grand opening of the new trail at 12:30. There will be free Trek mountain bike demos available for those who wish to experience the new trail on wheels.

This trail project has been funded by the Northwest Alabama RC&D council, Athletic Brewing co, the Joel R. Anderson Family Foundation, and with locally matched funds from Shimano through the IMBA Dig In program.

The Master Plan for the Trails in Wildwood Park was provided to the city by the Muscle Shoals National Heritage Area (MSNHA). The Shoals MTB non-profit, a chapter of the Southern Off Road Bicycle Association (SORBA), has been fundraising and leading volunteer efforts to maintain and develop new recreational opportunities in the park since 2018. The Shoals MTB organization strives to make Wildwood Park an outdoor recreational destination for all users.

The trails in the park have historically been very challenging for beginners. However, this trail project will provide an example of the modern trail design that creates greater accessibility for all. An additional two miles of this trail type will be developed in the coming year. This development has many sponsorship needs and opportunities. To learn more, please email shoalsmtb@gmail.com.

**NISSAN: ALTIMA SL MODEL, 2017** \$14,950. Charcoal with black heated leather, full power, rear-view camera, alloy wheels. Completely Serviced. 256-527-2125.

**STUMP GRINDING**  
Free Estimates  
256-710-0547

**JAGUAR: XF, 2015** \$17,900, 3.0, RE-BUILT TITLE, Great Graduation Gift! Very Nice, black inside/out, V6, super-charged 3.0L, AUTO, 8-speed, rear wheel drive, cruise, navigation, Bluetooth, heated leather seats, back-up camera, keyless entry/start, moonroof, running lights, spoiler, blind spot alert, 60,000 miles, 256-275-2071 Florence

**MOVING? Call Moving Made Easy** for all your moving needs  
256-483-7038

## Aluminum Carports and Patio Covers

**Tony Cabaniss**  
**256-577-5990**  
**Chuck Cabaniss**  
**256-702-7881**

## L.J. Mabe Contracting, LLC

**Tankless Hot Water Heaters**  
Installation & Maintenance Free Estimates  
Repair & Replace • All Types of Water Heaters

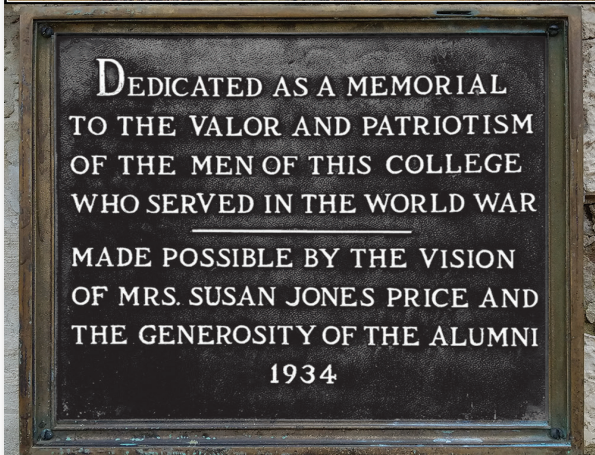
Upgrade Your Home; Upgrade Your Life!  
High efficiency tankless water heaters provide endless domestic hot water, all while keeping your utility bills low.

- Never Run Out of Hot Water
- Save Valuable Space
- Better Value Than a Tank
- Reliability You Can Count On

3401 Huntsville Road, Florence • (256) 764-2464

WE ARE A SERVICE COMPANY

# SIGNS OF THE PAST



**Location:** 34.7335°N, 87.6353°W  
Kimberly Ave. & Wilson Dam Rd, Muscle Shoals

The stately amphitheater on the campus of the University of North Alabama was erected in 1934 as a war memorial dedicated to students who served in WW1, for which H.G.Wells coined the phrase "the war that will end war".

~ Courtesy David Curott ~ author of "Signs of the Past" and "More Signs of the Past"

## Oakland Church of Christ

23680 County Rd. 14, Florence

**PROVERBS 14:12**

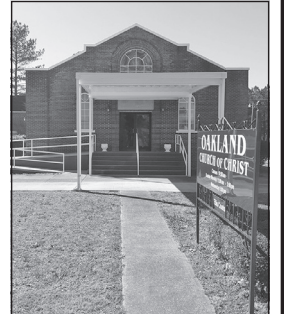
There is a way which seems right unto a man; But the end thereof are the ways of death.

**Has society lowered the threshold for acceptable behavior, set by Christ, to a level that allows sinful behavior to seem right?**

Paul tells us in 2Timothy 4:2-3 The time will come when people will not listen to the true teaching. But people will find more and more teachers who please them. They will find teachers who say what they want to hear. People will stop listening to the truth. They will begin to follow the teaching in false stories.

**As Earl Pitts once said, "WAKE UP, AMERICA!"**

We are a small congregation of mostly senior citizens who love the Lord.  
We would love for you to come and worship with us at 11am Sunday.  
We also have Bible study on Sunday at 10am and Wednesday at 6PM.



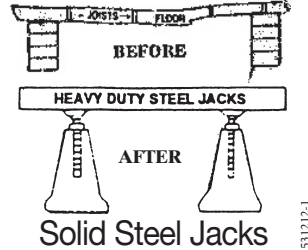
## QUALITY FOUNDATION

And All Types of Home Improvement

Home Owned & Operated in the Shoals by Wayne Lawhorn  
**Let Us Add Stability to Your Flooring**

**FREE Estimate**

35 YEARS EXPERIENCE  
Licensed • Bonded • Insured  
**256-767-5258**



# NOW OPEN

**My Urgent Care**  
Vital, Compassionate, Immediate



**Walk-Ins Welcome**  
Wednesday-Sunday • 12-8pm

**Vitamin and IV Hydration**  
Coming Soon

202 E. Dr. Hicks Boulevard • Florence  
256-415-8326 • Fax 256-349-2723

**NEED HELP? MOVING ANYTHING in or out?** Help Moving? Got Junk? Junk Removal and Haul Away service 256-648-6916

**WHITE KENMORE SIDE-BY-SIDE REFRIGERATOR**, water and ice in door. Excellent condition, getting stainless steel. \$350 256-275-0825

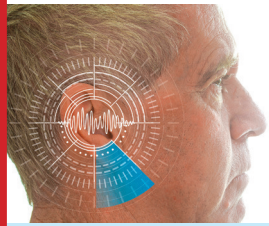
**ROGERSVILLE UNITED METHODIST CHURCH ANNUAL INDOOR YARD/BAKE SALE**  
51 Turner Lindsey Road, 7am-noon-Saturday, March 4th. **Reservations are currently being accepted.** Reserve a space (\$12) or table (\$5). Contact Joan: 256-247-0931. Leave message if no answer.

**HOME IMPROVEMENT AND BUILDING:** siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

**HAVE YOU SEEN KIDSVILLE News!** Yet? It's the Shoals' fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier Journal business office, 219 W. Tennessee St., Florence.



"You DeZerve to Hear with CustomiZed Care!"



**FREE** Hearing CHECK UP!  
**FREE** DEMO of ANY MODEL!  
**We will beat ANY pricing!!!**

- We accept TVA, Government, Toyota, UAW, Constellium, and Many Other Insurances
- Affordable Demo/Refurbished Models In House payments as low as \$40 month
- Advanced Technology
- No Out Of Pocket Cost to You!



**If You Want Help – "One Love" Will Help**

**William "Bill" Tate, L-HIS  
Rogers H.S. Alumni**

**1865 Highway 72 • Killen • 256.272.5095  
www.1lovehearing.com**

**7 Locations to Serve You**

**Athens • Hazel Green • Scottsboro • Guntersville • Hartselle • Madison**

**CONTACT the "One Love" family for all your hearing needZ!"**

## Notes...

Continued from page 24

**The Library of Things - Items to Borrow Don't Buy.** Items available for check out at Muscle Shoals Public Library, 1918 Avalon Ave, Muscle Shoals:

- Metal Detector • Tape Measure
- Projector • Level/Measuring Tool Set
- Binoculars • Radon Detector
- Auto-Leveling Laser/Stud Sensor
- Wrist Blood Pressure Monitor

Call 256-386-9212 or visit online at [youseemore.com/muscleshoals](http://youseemore.com/muscleshoals)

**Registration Open – The Muscle Shoals Parks and Recreation Department** is taking registration for Youth Track and Field through March 10. This is for ages 7-12 and the age cutoff date is June 1. Fee: \$35. For information, call Lee McIntyre, 256-386-9270.

**The deadline for entry in Artistic Renderings of Youth is March 10.** This is a juried exhibit of artwork open to 7th through 12th grade students from Colbert, Franklin, and Lauderdale counties. The exhibit runs March 20 - April 28 at Kennedy-Douglass Center for the Arts in Florence.

The exhibit and competition are coordinated by area art teachers. Schools may participate or students can enter on their own. Each student can enter up to three works. Entries are juried and, if accepted, are eligible for ribbons awarded in different grade level groupings. Works must be original and can be in any medium. All 2-dimensional entries must be matted or framed. Framed pieces and canvases must have hanging wire attached on the back.

For more details on entry rules, call Kennedy-Douglass Center for the Arts 256-760-7379 or email: [connect@florencealmuseums.com](mailto:connect@florencealmuseums.com)

The Kennedy-Douglass Center for the Arts is located at 217 E. Tuscaloosa St. Florence and can be reached by calling 256-760-6379.

**Alabama Department of Early Childhood Education, First Class Pre-K Alabama's Voluntary Pre-K Program Pre-Registration.** First Class Pre-K Programs are accepting online pre-registration applications for the 2023-2024 School Year. Enrollment is open to all children four years of age on or before 9/1/23 who are residents of Alabama. (Children who are eligible for kindergarten are not eligible for pre-k.)

Pre-Registration Dates: Now - March 16, 2023. Pre-Registration Application: to pre-register, go online to <https://prek.alaceed.alabama.gov>

Acceptance into a First Class Pre-K program is strictly through a random drawing. Parent/Guardian does not have to be present at drawing. Email notices of acceptance will be sent in mid-April.

Random Drawing Details for Ekklesia Preschool: March 17, 2023 - 10:30am Ekklesia Preschool, Muscle Shoals Location.

**Clay to Bronze** Kennedy-Douglass Center for the Arts, 217 E. Tuscaloosa St., Florence, will have an exhibition by Huntsville sculpture Everette Cox from now - March 10. The center is free and open to the public from 9am-4pm Monday-Friday and 1-4pm Sunday. 256-760-6379.

## Medicare Minute "Medicare Part A & B Review"

The past couple of weeks we have discussed Medicare Parts A & B in detail. These are the two parts of Medicare that are received through the federal government. This week let's review what we have discussed.

Although Medicare Part A and Part B are great programs that cover a lot of services there are some things Medicare does not cover. They include most dental care, eye exams related to prescribing glasses, dentures, acupuncture and hearing aids.

Medicare Part A is primarily used to cover your inpatient care. Part A has a \$1,600 deductible for each benefit period, meaning the deductible can be applied more than once in a calendar year. This deductible covers hospital services, including semi-private rooms, meals, general nursing, drugs as part of your inpatient treatment, and other hospital services and supplies. Part A is "free" to most Medicare beneficiaries. "Free" meaning you may not have to pay Medicare to have Part A. It does not excuse the deductibles and co-insurance.

In most cases Part B is used to cover your outpatient services. These include visits to your primary care physician and/or specialist. It also may cover transportation by ambulance, durable medical equipment, preventive services and mental health treatment. Part B also entitles you to an annual "Wellness" visit to a qualified provider. Most Medicare beneficiaries joining Medicare Part B for the first time in 2023 pay a monthly premium to Medicare of \$164.90 (or higher depending on your income). Part B has an annual deductible of \$226 and a coinsurance the beneficiary pays of 20%, after the deductible is met.

To cover the deductibles and coinsurance that Part A and Part B have you would need to look at some type of supplemental policy sold through private insurance companies. These include Medicare supplement plans or Medicare Advantage Plans. If you want to study Part A or Part B in more detail you can look at previous Medicare Minute articles or give our office a call and we'll be glad to discuss this with you.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at [ikey@alabamahealthguidance.com](mailto:ikey@alabamahealthguidance.com). Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



**Ikey Fowler**

**885 Florence Blvd. • 256-648-5710  
(Four Lane Shopping Center)**



## SPEEDY LEGAL, LLC

"PROVIDING COST EFFECTIVE SOLUTIONS TO SELECTED LEGAL PROBLEMS."

- |   |           |
|---|-----------|
| 1) Uncontested Divorce (No Children).....                                       | \$150.00* |
| 2) Uncontested Divorce (w/Children, Standard Visitation, Child Support).....    | \$250.00* |
| 3) Chapter 7 Bankruptcy.....  | \$500.00* |
| 4) Durable Power of Attorney.....   | \$ 50.00  |
| 5) Simple Will.....   | \$100.00  |
| 6) Living Will.....   | \$ 50.00  |
| 7) Name Change (Adults only).....   | \$125.00  |
| 8) Limited Liability Corporations.....  | \$600.00  |
| 9) Family Estate Packages (Includes 2 Simple Wills, 2 POAs & 2 Living Wills)... | \$350.00  |
| 10) Social Security Disability.....   | 25%       |

**256-335-6500**

**2210 HELTON DRIVE, FLORENCE, AL**

EXCLUDING FILING FEE\*

**MOST DOCUMENTS AVAILABLE WITHIN 24 HOURS.**

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

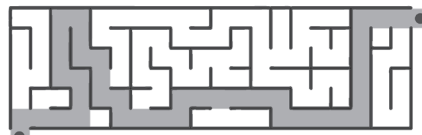


### Even Exchange answers

- |                   |                   |
|-------------------|-------------------|
| 1. Filly, Folly   | 6. Fickle, Pickle |
| 2. Beatle, Beetle | 7. Gomer, Gomez   |
| 3. Accept, Accent | 8. Lodger, Ledger |
| 4. Chaps, Chaos   | 9. Shove, Shave   |
| 5. Skill, Skull   | 10. David, Davis  |

## Puzzle Whirl Answers

### Kids' Maze Solution



© 2023 King Features Syndicate, Inc.

### WORD LADDER

Answer  
**CORKED, COOKED, CHOKED,  
CHORED, SHORED, STORED**

### Word Spiral Answer

**BEAUTIFUL**

### MINI SUDOKU

Answer

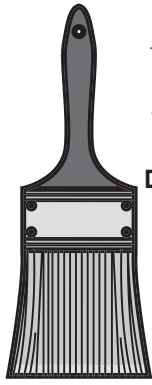
3	5	1	6	2	4
2	4	6	1	3	5
4	6	2	3	5	1
5	1	3	2	4	6
6	2	4	5	1	3
1	3	5	4	6	2



**Advertise in the  
Courier Journal**  
SEE PAGE 6 FOR DETAILS

**SHOP SMARTER  
Buy Local, Sell Local**





## FLORENCE PAINTING AND DRYWALL LLC

We offer professional painting services including Interior and Exterior House Painting, Drywall Repair, Deck and Fence Staining Pressure Washing and More

Over 30 years' experience,  
Call Today for **FREE ESTIMATE**  
**ALL WORK GUARANTEED**

**256-577-0730**

### NAFCO LAWN CARE

•Landscaping •Spring Clean-ups  
256-668-5807

**WE BUY RIDING MOWERS,**  
John Deere, Cub Cadet, Kubota,  
Craftsman, etc, Running or Not,  
256-275-2276

**WE BUY CARS, TRUCKS, VANS,**  
SUVs, and MOTORCYCLES, run-  
ning or not. Must have titles, send  
a pic, get a price. 256-275-2276

**ESTATE SALE OF BILL  
and MARILYN DEAN**  
419 Brooks Dr.,  
Killen, AL 35645  
(Turn on Co. Rd. 473)

**Fri., March 3rd, 9am-2pm**  
**\*Numbers given out at 8:30am**  
**Sat., March 4th 9am-2pm**  
**\*Numbers given out at 8:30am**  
**Sunday, March 5th 1pm-3pm**

**\*Parking is limited..  
Please Use Caution\***

Wallace Sterling Silver Flatware,  
Rosepoint Assorted Cast Iron in-  
cluding Martin Skillet, Military Uni-  
forms, Books and Memorabilia,  
1800's Navigational Sextant, Vic-  
torian Oil Paintings, Local Books,  
Leather Love Seats and Chairs,  
Acorn Chair Lift, Tahoe Ski Boat,  
Canoe, and Flat Bottom Boat,  
John Deere Lawn Tractor, Power  
Washer, Patio Sets, Tools, and  
much more!

**Cypress Creek Antiques &  
Estate Sales**  
256-275-0273  
Go to [Estatesales.net](http://Estatesales.net) to  
view pictures  
Map ID # 1133

**REMODELING SALE:** 36" Nutone  
Allure Range Hood, Hardwick  
Built-in Oven, 80" Ornamental Iron  
Decorative Storm Door with frame,  
Eight 32"x53", Four 36"x38",  
Two 24"x38" Wooden Windows,  
also Aluminum Storm Windows  
for the same. Make offer on one  
item or all.

**THANK YOU** for reading the Courier  
Journal!

**I BUY JUNK CARS,** trucks, vans  
and repairable vehicles. Call  
Mike 256-702-8400

**ACURA: MDX, 2013 \$20,950.** 1 owner,  
only 49K miles, white, tan leather, rear-  
view camera, sunroof, power lift gate, just  
serviced including **NEW TIRES**. Extra  
Clean Condition! 256-527-2125.

**BOSTON TERRIER PUPPIES** FOR sale,  
black/white and grey/white, born 1/10/23,  
update on shots, \$700-\$800. 256-460-  
0875.



**Courier  
Journal**

**Mystery  
Photo  
of the week**

Enter at [CourierJournal.net](http://CourierJournal.net)  
for your chance to  
**Win a meal for 2 at**



in Downtown Florence

[www.rosiesmexicancantina.com](http://www.rosiesmexicancantina.com)

**Last week's winner is**  
**Pam Thomas of Florence**  
who correctly guessed "Central Heights United  
Methodist Church Hwy 200 Florence"

One entry per person. Winners will be  
announced each week in our paper  
and on our website. Winners can pick  
up their Gift Certificate at the Courier  
Journal office beginning Wednesdays  
after Noon.



**NORTH ALABAMA PODIATRY, LLC**  
**DR. MICHAEL R. LINVILLE**  
2200-A East Second St. • Muscle Shoals

**Weekly Quiz • Candle**

- A candleabra was the trademark of this person?  
A) Elton John B) Liberace C) Joan Jett D) Ed Sullivan
- Who sang "Candle in the Wind" at princess Diana's funeral?  
A) Eric Clapton B) Bono C) Billy Joel D) Elton John
- Candlepower is an obsolete unit expressing luminous intensity.  
True or False
- Candlestick Park was located in which city?  
A) Seattle B) San Francisco C) Pheonix D) San Diego
- The movie "Bell, Book and Candle" had Kim Novak playing the part of what?  
A) Seemstress B) Stripper C) Witch D) Psycho

Answers: (1) B (2) D (3) True (4) B (5) C

**"Limp In...Leap Out!"**  
**Bad Nails? Bone Problems? Foot Pain? Come See Me!**

**256-381-3878**

# LIBERTY

SAFE

## AMERICA'S #1 SAFE

Made in the USA!  
Independent Factory Authorized Liberty Safe Retailer

# Southland Safes

1170 AL Hwy 20 • Tuscumbia • 205-269-8569 • [www.Southlandsafes.com](http://www.Southlandsafes.com)

Fewer Items on our Ad are Due to Warehouse Help and Supply Shortages

This Ad Good March 1-7, 2023

Where We Don't  
Leave You Holding The Bag

## Big Star

Co. Rd. 47, St. Florian

256-764-0245

St. Florian

Quantity Rights Reserved. None Sold To Dealers.  
We Welcome WIC & Food Stamp Shoppers

<p style="color: white; font-weight: bold;">MOUNTAIN DEW, SUNKIST OR PEPSI COLA</p> <p style="color: white; font-size: small;">6 PK. 1/2 LITER BTLs.</p> <p style="color: blue; font-size: 2em; font-weight: bold;">3/\$10</p>	<p style="color: white; font-weight: bold;">MOUNTAIN DEW, SUNKIST OR PEPSI COLA</p> <p style="color: white; font-size: small;">2 LITER BTLs.</p> <p style="color: blue; font-size: 2em; font-weight: bold;">3/\$5</p>	<p style="color: white; font-weight: bold;">FRESH SELECT RIBEYES LB.</p> <p style="color: blue; font-size: 2em; font-weight: bold;">\$9.49</p>
<p style="color: white; font-weight: bold;">BONELESS PORK TENDERLOIN LB.</p> <p style="color: blue; font-size: 2em; font-weight: bold;">\$2.49</p>	<p style="color: white; font-weight: bold;">HELLMANN'S MAYONNAISE</p> <p style="color: white; font-size: small;">20 OZ. SQUEEZE BOTTLE</p> <p style="color: blue; font-size: 2em; font-weight: bold;">2/\$6</p>	<p style="color: white; font-weight: bold;">WHITE LILY SELF RISING OR PLAIN FLOUR 5 LB. BAG</p> <p style="color: blue; font-size: 2em; font-weight: bold;">\$3.99</p>
<p style="color: white; font-weight: bold;">MAYFIELD SELECT ICE CREAM</p> <p style="color: white; font-size: small;">48 OZ. CARTON</p> <p style="color: blue; font-size: 2em; font-weight: bold;">2/\$7</p>	<p style="color: white; font-weight: bold;">ORE-IDA FROZEN POTATOES</p> <p style="color: white; font-size: small;">28-32 OZ. BAG</p> <p style="color: blue; font-size: 2em; font-weight: bold;">\$5.99</p>	<p style="color: white; font-weight: bold;">WOODBIDGE WINE</p> <p style="color: white; font-size: small;">750 ML BOTTLE</p> <p style="color: blue; font-size: 2em; font-weight: bold;">\$7.99</p>
<p style="color: white; font-weight: bold;">BUSCH OR BUSCH LIGHT BEER</p> <p style="color: white; font-size: small;">24 PK. 12 OZ. CANS</p> <p style="color: blue; font-size: 2em; font-weight: bold;">\$17.99</p>		

Come visit us for more great specials!

Like Us On Check Facebook for Daily Specials

We're Home Owned & Home Operated! Thanks For Shopping Big Star!

# CALL US TODAY

## and Breathe Easier In Your Home



**DREAM VACATION GETAWAY**

Buy a  
**NEW HVAC SYSTEM**  
— & Enjoy a —

**FREE 7-DAY VACATION\***

PLUS, WE'LL PAY FOR GAS! 

**Free Vacation With The Purchase Of A New System!**



**FREE Summer Maintenance\***

\*With purchase of a club membership  
Call office for more info.



**BEFORE**

**AFTER**

**FREE Quote for Duct Cleaning & Indoor Air Quality Inspection!**



**EAGLE PRO**  
**HEATING AND COOLING**

**Muscle Shoals**  
**256-203-9319**

**"Scan Me" for more information!**

