Alabama's Largest Circulation!

Shoals **PTK Awards** for NW-SCC

MUSCLE SHOALS --Northwest-Shoals Community College's Alpha Zeta Iota chapter received 11 awards during the recent Alabama Regional Phi Theta Kappa (PTK) Convention at Calhoun Community College's Cummings Research Park campus in Huntsville. The NW-SCC PTK chapter was recognized with the following awards: Continued Excellence Advisor Award

 Continued Excellence Chapter Award

 Distinguished Chapter Advisor Team

• Distinguished Chapter Member

 Distinguished Chapter Officer Team

• Distinguished Honors in

Action Project Award • Distinguished Honors in

Action Theme Award Distinguished College

Project Award • Five Star Chapter Award

• Reach Award (for achieving at least 15% membership)

Alabama scored all five of its runs.

Courtesy Dan Busey/Times Daily

Automotive Inside

Ray Miller Buick-GMC

Oakley Auto Sales

Advance Auto Sales

Used Cars

Sportsplex Lions

North Alabama's Holley Files slides home with the Lions'

first run in the 2nd inning during last week's softball game

against Alabama at the Florence Sportsplex. Alabama won the game 5-2. After taking a 1-0 lead in the 2nd inning, the

Lions surrendered the lead for good in the 4th inning when

Each team had 8 hits and the Lions competed tightly all game. UNA missed a long three-run home run in the 6th

inning when an Alabama player ran through the temporary

up to support the Lions in frigid temperatures, the largest

attendance ever for a UNA home softball game.

outfield fence to catch the long fly. Over 4,000 fans showed

 Most Distinguished Chapter - Third Place

See SHORTs... on Page 2



Volume 139 Number 22

The Nuptials at Renaissance

FLORENCE-The Florence Renaissance of senior living community recently hosted a wedding for two of its most popular residents.

March 22, 2023

Clyde 'Bucky' Beaver, 84, and Gatha Annette Crowson, 81, were married in front of friends, family, and well-wishers. Gatha and Bucky met at The Renaissance of Gatha and Florence when they were both new residents. The lived in the same hall, and they became fast friends.

See I DO... on Page 9

550 Cox Creek Parkway Don't Miss Our Biggest Shoe Anniversaey Event! HUGE SPECIAL PURCHASE ellow Women's sizes 6-11, colors and styles vary by store. While quantities last. Sale ends Monday

POSTAL PATRON

SOY INK

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BEST Robotics Retirees Grant

MUSCLE SHOALS - Northwest Alabama BEST (Boosting Engineering Science & Technology) Robotics received a \$15,000 donation recently from the Muscle Shoals Tennessee Valley Authority (TVA) Retirees for the upcoming 2023 season. According to Kim Sheppard,

Northwest-Shoals Math Instructor and Co-Hub Director for Northwest Alabama BEST Robotics, the donation will help tremendously as they prepare for the 2023 season. "We are so appreciative of the Muscle Shoals TVA Retirees and their faith in us to help train and prepare middle and high school students for careers in STEM related fields," said Sheppard. "We survey our participating students and approximately 95% of them say BEST Robotics has caused their interest in STEM careers to increase.³

See BEST... on Page 5

534983-1



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Courier Journal / March 22, 2023

NW-SCC **PTK chapter**

officers and advisor,

Pam Peters, display their

11 Alabama

Regional Convention



(256) 648-5710 0 Ask about specific enrollment times for those who qualify.



Oakland Church of Christ

23680 County Rd. 14, Florence

2 JOHN 9

"Whosoever transgresses and **does not abide in** the doctrine of Christ does not have God. He who abides in the doctrine of Christ has both the Father and the Son."

With over 200 denominations in our country, there is much diversity of doctrine being taught. Can two religious groups teach contradictory doctrines, and BOTH be teaching TRUTH?

The **Bible is our standard of TRUTH**. Jesus said in John 8:31-32 *"If you abide in My Word, you are My disciplines indeed. And you shall know the truth, and the truth shall make you* free?

Again, Jesus addressing God, His Father, said "Sanctify them by Your truth, YOUR WORD IS **TRUTH.**" John 17:17

We are a small congregation of mostly senior citizens who love the Lord. We would love for you to come and worship with us at 11am Sunday. We also have Bible study on Sunday at 10am and Wednesday at 6PM.





Shorts... **PTK Awards** for NW-SCC

Continued from Page 1

Chapter officers are Alana Jenkins, Hannah Hendon, Hannah Foster, Adrianna **McCleese**, Tesley Callahan, Quinton Davis, Amanda Neito, and Irene Crandall. Advisors are **Pam Peters** and Jacque Jeffreys. Phi Theta Kappa, the

International Honor Society of the Two-Year College, has recognized academic excellence since 1918. The Society comprises more than 3.5 million members in the United States and 10 sovereign nations.

23's Shoals Woman is...

SHOALS-Do you know someone with the traits, characteristics, or spirit to be considered a Shoals Woman of the Year candidate?

Public service, volunteering, courage, human relations, and contributions toward enhancing the quality and morale in the Shoals area is what counts.

Former nominees are also eligible to be nominated again. Don't just say your nominee is outstanding - prove it!

An online form is available at https://www. timesdaily.com/site/ shoals_woman_of_the_ year_nomination_form. html. Please complete each line on the form. Nominations can be made by email to swovnominations@ timesdaily.com or mail nominations to: TimesDaily, Attn. Shoals Woman of the Year, 219 W. Tennessee Street, Florence, AL 35630. Please attach a nomination letter. All nominations must be

submitted by 5pm, May 24, 2023. Please contact Renita Jimmar (Renita. Jimmar@timesdaily.com) or Mara Beth Cravens (MaraBeth.Cravens@ timesdaily.com) or call 256-740-5811 with any questions.

Parks Open March 31

ROGERSVILLE-The two Lauderdale County maintained parks, Wheeler Campground and Brush Creek Park, will open for seasonal camping March 31.

Once again reservations will be required for anyone wishing to camp at the Wheeler campground on the first weekend.

"Reservations are required due to the traffic concerns at the campground and on Alabama Highway 101 by Wheeler Dam," said Lauderdale County solid waste Department manager, Tom Smith, who overseas the two county parks. "We used this reservation system

last year, and it really worked well. There were no issues and there were no traffic problems on Alabama 101.'

Reservations are needed only for the first weekend at Wheeler. After that it will be first come, first served.

Reservations for opening weekend will

begin at 8am Monday, March 27. Anyone interested in making a reservation should call 256-760-5878 from 8am-4pm weekdays.

No one can reserve multiple campsites. Payment for the opening weekend must be made to the Wheeler Campground attendants by 4pm on March 31. Campsites will be opened back up if any payments for reserved campsites are not made by that time.

Nominate for **Senior HoF**

MONTGOMERY - The Alabama Department of Senior Services is

See SHORTs... on Page 6



An exclusive listing of the better sales in the Shoals area. To list your sale, fill out the form on page 6. WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

RUSSELLVILLE ES-TATE SALE 980 Underwood Rd. Mar 24th & 25th Fri. & Sat. 9am-5pm, House Full of Treasures! Map ID#1119

Yard

ST. FLORIAN INDOOR SALE St. Michael's Gym 2751 Co. Rd. 30 Sat. 6am-12

noon

noon Selling everything but the kids! Motorcycle, household, You name it! Sponsored by Dave Ramsey participants Map ID#1153

MUSCLE SHOALS YARD SALE, 247 Melissa Dr., Nathan Estates, Sat. 8am-until? Vintage record albums, Toys, Small Appliances, DVDs, Bar Stools, & much more!

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TUSCUMBIA YARD SALE, 908 N. High St., Sat. 7am-until? Ladies Plus Size Clothing, Jewelry

and more! LEXINGTON HUGE INDOOR

YARD SALE, First Baptist Church, 301 Taylor Kiser St. Thurs. & Fri. 8am-4pm Fri. 7am-noon Men's & Women's Sm-2X, Shoes, Infant Girls & Boys, Books, Toys, Baby items, Apple Watch bands,

Stickers, Household, Health and Beauty, Sectional Couch, Purses and lots more! New items added daily. Deals on Saturday! FLORENCE: 1856 FORD ST.

Sat. 7:30AM-Noon, Large Family Yard Sale! Household items, clothes, shoes, sporting goods, large pottery pieces. CASH ONLY!

~ESTATE SALE~ HALEYVILLE: 5545 Dime Rd (2-Story White House in Curve)

Sat., March 25th & Sun.,

March 26th Starts at 8AM

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HAVE YOU SEEN KIDSVILLE News! Yet? It's the Shoals' fun, family News! Yet? Its the Shoals fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier fourmal business office the Courier Journal business office. 219 W. Tennessee St., Florence.



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free of charge AS SPACE IS AVAILABLE in the Courier Journal. . Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.
 Email to editor@courierjournal.net;

· Look for "Submit News" on our website at www.courierjournal.net. • Fax to 256-760-9618;

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 Holeince, AL 3530, 01
 Bring in person.
 All properly submitted Community
 Notes which are dated will be posted
 weekly at www.courierjournal.net. We do our best, however, there is no guarantee that this free information will be published each week in the paper. Visit our website for a complete list of community notes. If your item MUST appear in the paper a certain week, we suggest you also place a paid ad by calling 256-764-4268. That way it will be in at least one area of the paper. When your community note is published, your event will have coverage in two different locations.

The Fullness of Joy - March 19-23 Alabama State Lectureship Heritage Christian University. It's here! The 47th Annual Alabama State Lectureship will be on the campus of Heritage Christian University in Florence. "The Fullness of Joy" is the theme. Come hear inspiring preachers such as: Sunday afternoon speaker: Bro. Terry Wallace of West Oak Grove Church of Christ, Hernando, MS; Michael Johnson (Tuesday AM), W.C. Edwards (Wednesday PM) and Peter Moss (Thursday PM). Hear hand-clapping and foot-stomping

singing led by the best song leaders in the South. Registration is \$50. Tickets to the banquet are \$40 per person.

Get ready! Get set! Let's go! Sunday Services 10am and 2pm,

Fellowship Lunch - Noon Monday Services 6:30pm - 8pm

Tuesday - Thursday 10am - 8pm Banquet Thursday 6pm Information & Contact: 256-603-5294 or email james100852@gmail.com

Shoals Family Antiques & Consignment will be hosting a outdoor & flea market event. In the coming weeks, if your are interested in coming to set up a table and sell. Contact me, we will have live music, good food, and great folks of our fine community hanging out. Come make it a weekend with us, and put some money in your pocket as well. that's always great to do!!!! Once we get enough vendors lined up

we will set the date of the event. We are planning on making it a every weekend event. Let's help get this going. it will be a great time for everyone. You must bring your own tables spots are \$6 dollars a day. Call Garett Schwindling, 256-443-7416 to reserve your spot or stop in 902 River Rd Muscle Shoals

Scott Pilarim vs. The World Film Screening at 7pm Friday, March 24 at the Ritz Theatre. Watch this colorful, fast-paced comic book brought to life on our big screen at The Ritz! Tickets at https://tennesseevalleyarts.org and at the door.

Everyone is invited to a "March Madness" Concert presented by the Shoals Community Band on Sunday, March 26, 3pm at the First Baptist Church Annex (former Florence Lauderdale Public Library) on Wood Ave. in Florence.

The band will be playing many of your favorite marches plus several others from around the world. Everyone is invited. There is no admission charge.

Into the Woods, a 2023 SummerStock - Auditions March 25, a 2023 26, and April 1, from 10am-12pm, and 2-5pm; Call-backs on April 2. The performance will be at The Ritz

July 21-23, and 28-29 Artistic Direction, Suzanne Reese-Mills;

Music Direction, Drew Mills To sign up for an audition spot, I 256-383-0533 or email tvaa@

tennesseevalleyarts.org. Audition details: Private auditions will take place every 15 minutes. Arrive at The Ritz 30 minutes early to register and complete your paperwork. Be prepared to disclose all scheduling conflicts for rehearsal process and show run (May-July). Bring a headshot and resume.

Prepare a one-minute monologue of your choice AND a song in the style of Into the Woods that showcases your vocal and acting ranges. CD and smart phone connections will be available, or you may

bring your own accompanist. Principal roles are for 7-8 men and 10-11 women with a mixed adult ensemble. *Adults ages 16-26 are given

preference for SummerStock casting. See NOTES... page 30





The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting

a new friend today.

Meet STYX, He is a super cute 2 year old little fellow. Check out his gear from Crafts To Memories. He did well walking in a leash. Loved being petted and then just lying in the floor beside me. He is available for Foster or Adopt. THE ADOPTION FEE IS \$85 and includes heartworm test, current vaccines, spay/neuter and microchip. Please

call or come by Florence Lauderdale animal services 256-760-6676 to meet this amazing pup.



Meet **FRODO**, a 1 year old male lab mix. He has a very different color and coat that makes him different and stunning. This sweet boy would love to play, go on long walks or just snuggle with you on the sofa. Please open your heart to this amazing dog. THE ADOPTION FEE IS \$85 and includes heartworm test, current vaccines, spay/neuter and microchip. Please call or come by

Florence Lauderdale animal services 256-760-6676 to meet this amazing pup.

Meet **NEWTON**, a 4 year old handsome boy who loves long walks and playing outside. He's a great leash walker and a volunteer favorite. He would love a family of his own. Fostering is free. THE ADOPTION FEE IS \$85 and includes heartworm test, current vaccines, spay/ neuter and microchip. Please call or come by Florence Lauderdale animal services 256-760-6676 to meet this wonderful dog



Florence Lauderdale animal services 256-760-6676 to meet this beautiful girl.



Meet **SPIRIT**, a low-energy female dog who has done well around people and other low energy dogs. You can usually find her laying on her blanket in her kennel. Spirit can follow commands such as sit and shake. She is extremely sweet and smart. This amazing girl has the best spirit. THE ADOPTION FEE IS \$85 and includes heartworm test, current vaccines, spay/neuter and microchip. Please call or come by

Courier Journal / March 22, 2023

-The Strong Delusion-

2 Thessalonians 2:11-12 "And for this cause God shall send them strong delusion, that they should believe a lie: That they all might be damned who believed not the truth, but had pleasure in unrighteousness." The delusion is already here. Folk's love lying and liars! The proof of this is our own behavior. When we spend more time correcting the Bible and finding fault with it than believing it, that's proof. When we rely on the weather, TV, food, our medicine, newspapers, movies and magazines more than the word of God, that's proof. When we spend more time in our wallets and bank accounts than our Bibles, that's proof. Our generation has loved lies and liars and would rather hear them than truth. I love to hear: "I'm studying to find the truth." My questions are: "how would you know the truth if you found it and then what would you do with it? It's in the KJV over 230 times. What's your excuse? John 8:32 "And ye shall know the truth, and the truth shall make you free. John 8:36 "If the Son therefore shall make you free, ye shall be free indeed." John 14:6 "Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me." See 2 Timothy 1:12. You don't know the Bible because you don't know the Author.

Most church people are religious slaves. Proof is your uncertainty of eternity and fear of death. Insecurity comes from controlling your own salvation! Most of this earth, 95% at least are not saved and are walking in a strong delusion, believing lies and liars. Traditionally traditions send delusional folk to hell; following false doctrines. See 2 Timothy 4:3. The devil's job is to question and pervert truth. See Genesis 3. The devil has influenced every Religion in this world. You can be sure, every lost leader in this world has his or her own personal minion from hell. Check history and read and believe a King James Authorized Version! **Jeremiah 29:13** "And ye shall seek me, and find me, when ye shall search for me with all your heart." Be honest with God. READ ACTS 17:27-31 AND WAKE UP!

Beacon Baptist Church Bill Bishop, Pastor • Rogersville • 256-247-7733 1.2 miles north from red light on Hwy. 207 on left Sunday services at 10am and 11am and 6pm Visitors welcome! Alabama's Largest Direct Mail Weekly



L-R, Stephanie Newland, VP of Workforce Initiatives for the Shoals Chamber of Commerce; Trent Allen, Co-Hub Director for NW AL BEST & Design Engineering Instructor at NW-SCC; Kim Sheppard, Co-Hub Director for NW AL BEST & Mathematics Instructor at NW-SCC; Joan Marsh, Treasurer of Muscle Shoals TVA Retirees; and John Blackwell, Board Member of Muscle Shoals TVA Retirees. *Courtesy NW-SCC*

Best.... Continued from Page 1

Northwest Alabama BEST Robotics is made possible by a partnership between Northwest-Shoals Community College and the Shoals Chamber of Commerce. Students can participate in BEST Robotics for FREE. There are no robot materials or registration charges. Northwest Alabama

BEST Robotics is now registering teams from area middle and high schools. Teachers are encouraged to register their teams early to participate in summer opportunities. training Register at registry. bestrobotics.org. For more information on Northwest Alabama BEST Robotics, please call Kim Sheppard at 256-331-5331 or email kim.sheppard@ nwscc.edu.







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red line fast when you choose to Red Line with a vour Classified Ad. THE FIRST LINE OF YOUR AD APPEARS IN RED CAPS Α onlv \$3 additional Private Party Rate 4 LINES Each additional line - \$1.50 - Prepay -NO REAL ESTATE • 1 item per ad - 4 Weeks/3 lines 1 ITEM \$16 Each additional line - add \$5 \$**5**50 ...**5**_{Week} **Commercial Rate** 4 LINES Each additional line add \$1.50 – applies to anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not – including pets. 6 Weeks \$36 Each additional line - add \$7.50 total \$**8**00 Real Estate Rate 5 LINES Each additional line add \$1.50 - applies to agencies, individual, \$800 developers and anyone engage in selling, renting, leasing structures and/or properties in Real Estate or General section. 6 Weeks \$36 Each additional line - add \$7.50 total Yard Sales 6 LINES Each additional line - \$1.50 \$**17**50 ARD SALES - An exclusive listing of the area's better sales prominently placed Employment 6 LINES Each additional line - \$2.25 15 MENT - Looking for employment or Businesses looking for employees Private Party Auto Rate Up to 8 LINES for 4 weeks. \$**17**00 *one line is approx. 30 characters

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Shorts... Nominate for Senior HoF **Continued from Page 2**

seeking nominations for outstanding individuals to be considered for induction into the 2023 Alabama Senior Citizens Hall of Fame. Married couples who have celebrated their 65th wedding anniversary or more, and individuals who are 100 years old or older are also honored by the Alabama Senior Citizens Hall of Fame each year.

"This is the one major event in Alabama each year where individuals are formally honored and recognized for their selfless work and dedication to serving citizens in their community," said Department of Senior Services Commissioner Jean Brown. "It is truly an honor to recognize a group of seniors who have contributed so much to improving the lives of older Alabamians.'

Individuals and organizations interested in nominating someone can visit AlabamaAgeline.gov to complete a nomination form. The deadline for nominations is May 1 2023 Inductees and award winners will be announced in August 2023.

The Music Madness

> FLORENCE-The Shoals Community Band will perform a "March Madness" concert at 3pm Sunday, March 26 at the First Baptist Church of Florence's Annex at 218 N Wood Ave. The performance is free and open to the public.

> The term "March Madness" is usually used for basketball, but the Shoals Community Band is adding a musical spin. The band will perform a full slate of marches from the United States and around the world, written by composers such as Sousa, Vinson, King, Fillmore, and Alford.

"Marches are always exciting to hear," said James Champion, the director of the Shoals Community Band. "We hope to have the audience tapping their feet as the Shoals **Community Band** performs these timehonored marches.' The Shoals

Community Band has existed off and on since the 1960s and was originally sponsored by Florence State College (the former name of the University of North Alabama) and the Florence Parks and Recreation department. It is now a freestanding organization, with weekly rehearsals and several public performances each year.

"Evervone is welcome to join the band at any time," said Champion. Musicians interested in learning more can contact any current member of the band. or they can call Champion directly at 256-710-8489.



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Florence, AL 35630 or email to: editor@courierjournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for Advertisers are responsible for all content and claims in their advertising.

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4 CONVENIENT LOCATIONS





l Do...

Continued from Page 1

During lunch one day, another resident told Gatha that Bucky was watching her and seemed to be hanging on her every word. Bucky would light up when Gatha laughed. Bucky and Gatha began spending more time together; they walked and sat in the beautiful gardens surrounding The Renaissance.

Gatha noticed how handsome Bucky was when she first met him and how neatly dressed

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he always was. Gatha instantly knew Bucky was special and that he was truly a gentleman. Bucky was immediately drawn to Gatha's outgoing personality and friendliness. Gatha was able to get his mind off his worries.

grew up in Alabama. She Gatha grew Athens, moved to the Florence area to be closer to her family. Gatha attended Athens State University. ultimately She found

calling her through company, Crowson her Production, Inc. Gatha has traveled the globe as a motivational speaker, author, and trainer.

Bucky grew up in He Roswell, Georgia. made his way to Florence after high school to attend the University of North Alabama on a full football scholarship.

Bucky graduated from UNA with an accounting degree. Upon graduation, he entered the armed services. After his time in the military, Bucky came back to Florence and began working for Boeing as a cost Buckv accountant. eventually made it back to his alma mater after accepting the position of Director of Facilities from which he retired.

Gatha and Bucky were previously married. Each lost a spouse at around the same time five years ago. Gatha has four sons and one daughter, and Bucky has two sons and one daughter.

Mr and Mrs. Beaver had something to say about a lasting marriage. Gatha's advice on marriage is to know yourself and be happy with yourself first; only then can you be happy with someone else. She went on to say that spouses must respect and

FINANCIA **Debt Consolidation**/ **Bankruptcy** STOP Garnishments/ Repossessions/Foreclosures Collection Harassment (FDCPA) **B.** Grant Nicholas H. Tanya **Credit Report Disputes McNutt** Gajewski **McCalpin** (FCRA) Attorney at Law Attorney at Law Attorney at Law **Social Security Denials** Offices Also In: Haleyville 205-486-3580 BOND, BOTES, SYKSTUS, Decatur TANNER & MCNUTT P.C. * 256-355-2447 Attorneys Providing Financial Solutions Huntsville Florence • 256-760-1010 256-539-9899 102 S. Court St., Suite 314, Florence, AL 35630 For more information, visit www.bondnbotes.com

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that Bucky feels supporting each other on a daily basis makes a marriage strong The most popular quote

heard at their wedding: "The sweetest wedding ever.

information More about the community can be found at www. pegasusseniorliving. com/the-renaissance-offlorence/.







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Commentary

Courier Journal



March 22, 2023

STARCH IN THEIR

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be presented March 28 from

2-3pm at the Sheffield Public

More Laws Don't Lull Gun Deaths

resident Biden was in Monterey Park, CA last week for various look at the record flooding. Monterey is also where a mass shooting



TOM MAGAZZU

Editor

occurred in January that took 11 lives. There is no special anniversary for that incident. However, Biden is probably just looking to deflect attention from a lot of unrelated political shrapnel from the last month or so The timing was ideal to announce an Executive Order that will expand background checks, increase the effective use of 'red flag' laws,

strengthen efforts to hold the gun industry accountable

and analyze how it markets to minors, with help to identify shooters more quickly in our communities.

That follows closely on the heels of last year's gun legislation that passed both houses and got his signature. Biden will need good luck to have any success with this unconstitutional effort.

See MORE LAWS... on Page 26

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

Young Artists Featured

FLORENCE-Kennedy-Douglass Center for the Arts is now displaying the 2023 Artistic Renderings of Youth! A juried exhibit of work by 7th–12th grade artists from Colbert, Franklin, and Lauderdale counties, is on display from March

20 - April 28. An artists' reception will take place Thursday, March 23 from 5:30-8:30pm.

Founded by Florence art educator, Jerry Foster Artistic Renderings of Youth

See ARTISTIC... on Pg. 25



It's About Activity

SHOALS-Almost 29% of all Alabamians are physically inactive, meaning they don't do any physical activity or exercise outside of their normal jobs. This is linked to higher rates of obesity,

diabetes, high blood pressure, and increased risk of death. Low-income families are more likely to be inactive and suffer adverse health outcomes.

To combat these issues, the Alabama Cooperative Extension System is proud to announce the launch of Move Alabama, a collaboration between SNAP-Ed and

See ACTIVITY... Page 30



Visit www.roarlions.com for full team schedules and ticket information



Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. Letters must include name, address and phone number for verification. (Only name and town will be published.) Letters are subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

by Mail, in person, or mail slot Editor-Courier Journal 219 W. Tennessee St., Florence, AL 35630 • e-mail: editor@courierjournal.net • FAX- 256-760-9618

A Big Thanks!

Dear Editor,

On behalf of United Cerebral Palsy of Northwest Alabama, thank you to everyone who so generously supported our recent telethon on March 5 on My-8 and Facebook Live. We are so thankful to God and to this community for helping us raise over \$114,000 to help continue providing services to children who are developmentally disabled. We are overwhelmed by the support we've received. A special thanks to Florence High School's Digital Media Department for opening their

doors to us and for producing the telethon again this year. This endeavor would not be possible without the help of so many.

And MOST OF ALL, thank you to all who opened your hearts and your wallets to give during the telethon again this year. Thank you for caring enough to reach out and help your friends and neighbors by giving your hard-earned money to UCP of Northwest Alabama so that we can continue to provide FREE therapy and services to families again this year.

Alison Isbell Executive Director UCP of NWAL

The Puritans Are Among Us

Editor,

There are Puritans among us. Those that know more than you about the things you do, say, wear, believe, think, learn, eat, love, and marry.

Puritans want to control all the things you do. Everything, no matter how small; like reading a book to your child and even what your child can learn. But Wait! And YOU! They know more than YOU about what's best for YOU.

See LETTERS... on Page 20

The tricky part is to know what good and evil truly is in our day.

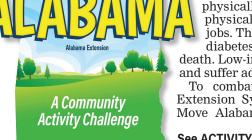
Library. They were tough, resourceful, and ready for anything! Storyteller Dolores Hydock shares the true stories of women of guts and gusto that settled the American West. They were pioneers, homesteaders, pistol-packin' card sharps. entertainers, and "upstairs girls," but they all played a part in putting the shine in the Golden West of the 1800's. Light refreshments will be served. This program is free to the public.

FLORENCE CAMERATA IS

LAUNCHING its 17th year as an accomplished volunteer community chorus serving the Shoals area. "It's a Grand Night for Singing" is the theme of the concert at 7pm Thursday, March 23 at First Presbyterian Church in Florence which will feature songs from Broadway, the movies, and other venues. The concert is free but donations are gratefully accepted. For more information, call 256-810-9512.

FREE FISHING DAYS AT

DEIBERT PARK begin March 27 and 30 from 6:30-11:30am. Additional dates include April 11, May 18, Sept. 12, and Oct. 12. No fishing license is needed. Bring your own tackle, snacks, and chairs 256-760-6420.



Insurance Insights

Texting Is One Of The Most Dangerous Driving Distractions, But Here Are 7 Others.

Did you know texting is not the only driving distraction?

More driving distractions to avoid:

- 1. **Grooming.** Pressed for time, some people conduct grooming activities in the car, such as putting on makeup or using an electric shaver. Do yourself and others a favor by completing your morning routine at home.
- 2. Eating and drinking. Your steaming cup of coffee spills or ingredients slip out of your sandwich—any number of distractions can arise when you drive and dine.
- **3. Monitoring passengers.** Attending to children in the back seat can be up to 12 times as distracting as a cell phone and having a pet in your lap adds to distractions.
- **4. Rubbernecking.** Slowing down to look at a traffic collision could cause a crash of your own.
- 5. Listening to music and infotainment systems. Playing your radio at a high volume or wearing headphones takes your focus away from the road. These distractions reduce the likelihood you'll hear car horns, emergency vehicles or other key noises.
- 6. Daydreaming. If you've ever realized you just missed an exit because you weren't paying attention, you've experienced a common distraction: daydreaming. Resist the urge to drift off while driving, and keep your attention on the road.
- 7. Nodding off. According to a poll by the National Sleep Foundation[®], an estimated 60% of Americans have admitted to driving while drowsy, and 37% have nodded off behind the wheel. If you feel sleepy, pull over. Walk around to rouse yourself or switch drivers-before you resume driving.

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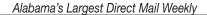
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Megan ordered Kate to be and Nicole manipulated killed. Marlena and Kayla grilled Dr. Rolf. Marlena an unpleasant surprise. tried to reach out to John. Hope made a discovery about Harris. Li tried to keep Stefan from Gabi. Chanel and Paulina scored victory over Sloan. Jada was confused by

DAYS OF OUR LIVES Talia's career change. EJ Stefan. Paulina received Leo overheard Chloe Rachel. bad-mouthing Xander and Alex came to blows over Gwen. Brady played dirty to get what he wanted from Kristen. Megan demanded results



from Dr. Rolf. Bo struggled Chase to find his true self. Harris decided to undergo risky treatment to help Hope. Abe gave Chad advice about moving on. Ben and Ciara received some exciting news. Wait to See: Dr. Rolf awakens Kayla to test out his newly finished serum. Bo demands his freedom from Megan. Steve and John get a lead on Megan's location.

GENERAL HOSPITAL Valentin and Anna disagreed. Lucy made a bold move. Sonny made a tough decision. Willow issued a request. Michael opened up to Brook Lynn.

took advice. Maxie agreed to help a friend. Drew offered his expertise. Dante voiced his concern. Michael made shocking discovery. а Elizabeth was on pins and needles. Nina questioned Jordan. Trina and Curtis had an awkward run-in. Esme weighed her options. Brook Lynn came clean. Maxie made Cody an offer. Sasha surprised Gladys. Alexis was shaken. Marshall encouraged Portia. Spencer reassured Trina. Esme was very skeptical, and Sonny didn't mince words. Wait to See: Spencer mulls over

Willow's *his strategy. Laura receives* an unwelcome visitor. Cameron runs into Josslyn. THE YOUNG AND

THE RESTLESS Nikki enlisted Traci's help. Diane set a trap for Phyllis. Lily and Devon's feud took a shocking turn. Victor presented Jill with an intriguing offer. Audra pushed Elena's buttons. Devon felt backed into a corner. Victor paid tribute to the past. Wait to See: Phyllis and Stark conspire against Diane. Jill makes a grand entrance. Victor and Nikki host a lavish event.

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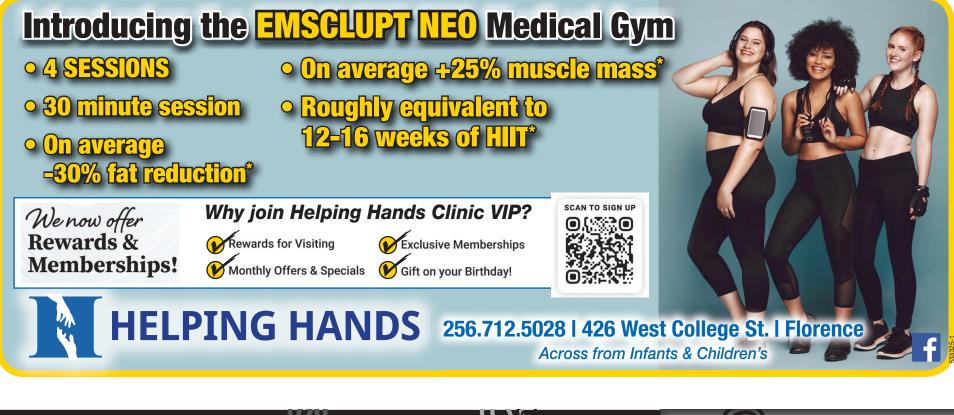
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Dap it Up, Gentlemen!

old this year. Well now, that's too much information. But that means that my brother is going to be 66. We were together recently and I saw my brother, Gary, do the sweetest thing. As he greeted my three year old grandson, Jericho, Gary bent down and led him in a fist bump, then they slapped the back of their hands, shared a great little handshake and then my brother pulled Jericho in for the most loving hug. Our daughter, Lora, was standing with me and said, "Look Mom, Unc is teaching Jericho to dap." What a special moment, this older black man acknowledging, teaching and bringing Jericho to his heart.

for years. It looks different we entered the gym the depending on who is doing it, and where and why it's being done. If you don't know each other well, the dap will probably be

I am going to be 64 years shorter, more formal – a fist bump or small handshake and a short lean in. But I love it when I see two old-love friends greet each other - those hands start way back and slam into a handshake that makes noise and demonstrates love, and then they lean into each other and bump shoulders with big wide grins. I can't watch without grinning with them. Sometimes young people's daps include fingersnaps or choreo that the friends have solidified or maybe even some freestyle. When youngbloods dap (men in their 20s or 30s), it's just on. They swing and sing and bring each other in, any way they feel. I watched our almost 30 year Black men have dapped old son greet a friend as other day. From across the way, our son pointed at his friend while giving him an extended wink from a tilted nod. When

they came together, there a car would pass and toot He says, though, that he a cknowledgement, was a fist bump, a hearty handshake, full lean in and our dancing son added a little fancy footwork. When youngbloods come together, it takes all of it to show their solidarity and connection. They were together and they were ready to play.

These days everybody daps. That's where all those motions and gyrations come from that high schoolers to pro ball players do with a teammate at the end of the tunnel when they are being announced. Historically, however. African American soldiers began handshaking daps in Vietnam. But in my experience, black men have always acknowledged each other, in particular, with a nod. They pass each other and whether they know each other or not, they do that gentlemen's nod. The nod that says, "We are in this together. I see you.' Black women make eye contact. Black men nod. I can remember watching my big, black grandfather lower his fedora to other black men. I believe this cultural recognition still mostly reigns true.

I think that my dad started the up-nod. I can picture him on our porch or out in our yard. When

Alabama's Largest Direct Mail Weekly

their horn, Daddy would throw up his hand and his chin at the same time. As if to say, "Yo, what's happening?!" These days the youngbloods do the up-nod more than the downnod. It's more informal. Young men lean their heads back a little with their chin up and say, "What'sup." Our son, Randall, agrees.

would never give an up-nod to someone like Mr. Willie Ruff, a retired, world-renowned musician who comes to the gym. He deserves that respectful down-nod.

We all deserve a nod. Through the years, black men have had the need to give it to each other. A showing of respect,

solidarity, and love - all in a nod or a handshake. Old to young – young to old – "You are a good man." "Be a man." "I love you, man." Jericho has been brought in. It takes a man to raise a man. Yes! Dap it up, gentlemen!

Email comments 0ľ suggestions to CatnKids1@ gmail.com



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Social Security Overpayments

Almost every corner of the South, every race, every income bracket, appears to have lower credit scores than the rest of the nation.

The region's poor credit means Southerners are paying more to borrow money, assuming they can qualify for loans at all. That sets them back in everything from car and home purchases to credit card rewards.

The reason why credit scores are so low in the South is connected to medical debt because that's the most common

type of unpaid bill that people have. The South easily has the highest levels of medical debt in the country. Personal injury cases often produce medical bills. Some go unpaid until the case is resolved.

Credit-rating agencies and their partners such as Fair Isaac Corp. (FICO) reduced the role that medical debt plays in their scores in 2017 following a settlement between credit-rating agencies and 31 states' attorneys general. Still the share of residents with overdue medical debt remain more strongly linked to a county's credit score than any other factor, including debt related to car loans, credit cards and student loans.

Last year, the federal Consumer Financial Protection Bureau (CFPB) issued a report finding that medical debt is "an unexpected, unwanted, and financially devastating expense" that is "far less reliable and predictive of people's ability to pay their bills" than other kinds of borrowing.

As a result, the big three credit-reporting bureaus Experian, TransUnion and Equifax announced steps to further reduce medical debt's influence on credit scores.

Starting this year, medical bills under \$500 will no longer affect your credit report. Even after they're sent to collections. That should wipe an estimated two-thirds of medical-debt collections from credit reports.

Buckle up, drive safely, and as always, your referrals *are appreciated!* 256-764-0112

Please send the questions to:



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Alabama's Largest Direct Mail Weekly

Courier Journal / March 22, 2023





On March 24, 1882, German scientist Robert Koch discovered the bacterium responsible for Regarded tuberculosis. today as the "father of modern bacteriology," Koch was awarded the Nobel Prize in Physiology and Medicine in 1905.

On March 20, 1922, Hubert Work gave an order that all American homes need to be equipped with an item that the majority of us undoubtedly take for granted today: a mailbox. Work was the country's U.S. Postmaster General, and failure to comply with the order carried a penalty of giving up one's mail delivery.

President Calvin Coolidge did not extend to her

presented Charles Lindbergh with the Congressional Medal of "displaying Honor for heroic courage and skill as a navigator, at the risk of his life, by his nonstop flight in his airplane, the Spirit of St. Louis, from New York City to Paris, France, 20-21 May 1927, by which Capt. Lindbergh not only achieved the individual greatest triumph of any American citizen but demonstrated that travel across the ocean by aircraft was possible.' • On March 23, 1973,

Yoko Ono was granted permanent residence in the United States. • On March 21, 1928, However, the good news

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husband, former Beatle John Lennon. He was issued a 60-day notice to leave the country.

• On March 22, 1978, Karl Wallenda, founder of the Flying Wallendas, fell from a tightrope 10 stories to his death during a promotional appearance for the Pan American Circus. The 73-year-old was crossing acrobat between the two towers of the Condado Plaza Hotel in San Juan, Puerto Rico. • On March 25, 1995, Howard G. (Ward) Cunningham, an American computer programmer and pioneer in both design patterns and extreme programming, introduced the wiki, or "user-editable website." Today, Wikipedia is the world's most well-known and widely used wiki.

• On March 26, 2019, former First Lady MichelleObama's memoir, "Becoming," surpassed 10 million copies in sales just four months after its publication. It had already become America's bestselling book in 2018 after a mere 15 days.

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ACURA: TL TECH PACKAGE, 2012

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Weekly Quiz • U.S. Presidents

A) Lyndon Johnson B) Richard Nixon C) Jimmy Carter D) Herbert Hoover

A) Abraham Lincoln B) John Adams C) Theodore Roosevelt D) Franklin Roosevelt

2. Which U.S. President stated: "Speak softly and carry a big stick; you will go far."

3. Which state had the most presidents born within it's borders?

4. How many U.S. Presidents have been assassinated while in office?

5. The U.S. Mint produced the \$1.00 Presidential Coin Series. What year did this begin?

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1. Which U.S. President said: "Well, I'm not a crook."

A) Ohio B) Texas C) Virginia D) New York

A) 2005 B) 2006 C) 2007 D) 2008

A) 3 B) 4 C) 5 D) 6

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Letters... **Puritans Are** •••• Among Us

Continued from Page 10

Be aware that these are not Christians but Puritans, a different breed. Christian folk a different love one another with unconditional love, lift up the downtrodden not step on them, shelter the homeless, feed the poor, aid the sick, and follow Jesus.

You can't follow Jesus and take from the poor, the sick, and the homeless. You just aren't. No matter what you say or think, vou aren't. I recommend love. It's a

Linda Johnson Florence

wonderful thing.

Politics is **Just Politics**

Editor.

500

wers: 1.) B 2.) C 3.) C 4.) B 5.) C

Many are distressed with politics in the world, with leaders seemingly roaring about like lions, devouring truth. Do not fear: God has always worked through "good" kings (those who did His will/walked in His ways) as well as those kings who "did evil in the sight of the Lord."

Remember that we as believers and followers of His ways are of His Kingdom and not of this worldly setup. It is our part to now determine to be on God's side, no matter what. Even if laws get written, obey God at all costs as Daniel did.

The tricky part is to know what good and evil truly is in our day. We are even told in scripture that a day would come when men would "call good evil and call evil good." This is that day.

The key is to know what God calls good/right (holy, set apart from the world and its ways) or evil (unholy, ungodly or Thankfully, He wrote it all down for us very

Daniel even overcame actual hungry lions. Finally, God blessed

His 7th day sabbath and called it a delight - do you? He also gave us Biblical Holy Days and not manmade holidays to observe. Do you?

Rebellion to His ways is always defined by Him as witchcraft. Repent and get on the right side!!

Eph. 2:14 -- For Christ himself is our way of He has made peace. peace between Jews and Gentiles by making us all one family.

Debra Barnes Florence



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unclean for us to touch).

plainly! Study to show YOURSELF approved. Each of us has a part to play to overturn evil with good. Remember obedience = victory!

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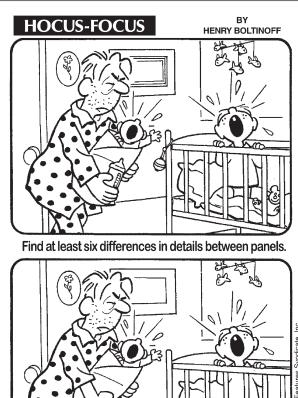








Courier Journal / March 22, 2023



Differences: 1. Frame is different. 2. Sleeve is shorter. 3. Bottle is missing. 4. Rattle is missing. 5. Fish is missing. 6. Teddy bear is missing

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NOTICE OF ABANDONED AND UNCLAIMED MOTOR VEHICLES Pursuant to the Alabama Abandoned Motor Vehicles Act: section 32-13-4 code of Alabama 1975 as amended. Notice is hereby given that on **Saturday, the 15th day of April, 2023 at 9:00 am.** The following motor vehicles will be sold at public auction for cash. The Auction will be held at **Horne** Wrecker Service, Inc., 1634 State Street, Florence, Alabama. Horne Wrecker Service Inc. will accept proof of ownership should anyone care to submit same, Monday through Friday, between the hours of 8 am and 5pm, until the day of the sale. Vehicles may be viewed starting Monday, April 10th, 2023 between the hours of 8am and 5pm.

YR/MAKE / MODEL	VIN#	TAG#	COLOR	TOWED FROM LOC
09 AUDI A4	WAUSF78K19N019109	N/A	GRAY	SCHNEIDERS
01 BMW Z3	WBACN33491LM04362	N/A	GRAY	JOE WHEELER
11 BUICK LACROSSE	1G4GC5GD1BF118 677	N/A	BROWN	USED CAR
78 CHEVROLET BONANZA	CKL148S223229	N/A	BROWN	A&A
86 CHEVROLET BLAZER	1G8CS18R8G8190166	BBG 7039	GRAY	CO RD 8
89 CHEVROLET GMT400	1GCDC14H2KZ285121	N/A	BROWN	STATE STREET
94 CHEVROLET S10	1GCCS19W5R8115146	N/A	WHITE	USED CAR
00 CHEVROLET MALIBU	1G1NE52J3Y6324829	N/A	GREEN	BENTLEY
04 CHEVROLET CAVALIER	1G1JH12F447314731	N/A	SILVER	USED CAR
04 CHEVROLET TAHOE	1GNEC13Z64J290555	N/A	SILVER	POPLAR STREET
06 CHEVROLET COBALT	1G1AK55F867703931	N/A	BLUE	BENTLEY
06 CHEVROLET UPLANDER	1GNDV23L56D176670	N/A		USED CAR
07 CHEVROLET IMPALA	2G1WU58R479342817	N/A	BLACK	SNL AUTO
02 CHRYSLER T & COUNTRY	2C4GP54L82R796405	6993BG6	BLUE	GOOCH'S AUTO
06 CHRYSLER PT CRUISER	3A8FY58B56T273753	N/A	WHITE	USED CAR
98 DODGE DAKOTA	1B7FL26X6WS694319	N/A	RED	ZIP CITY
00 DODGE DAKOTA	1B7GL2AXXYS775225	41A1489	WHITE	2500 CO RD 178
89 FORD F150	1FTFX1EF2BFB37305	41BW704	BLUE	CO RD 33
01 FORD EXPEDITION	1FMRU17W01LA91147	N/A	GREEN	USED CAR
07 FORD ESCAPE	1FMCU03137KA41870	41BC892	SILVER	POPLAR STREET
11 FORD F150	1FTFXIEF2BF837305	N/A	GOLD	FISH CREEL
13 FORD FOCUS	1FACP3F22DL187484	N/A	BLACK	USED CAR
81 GMC TC20908	1GTGC24T7BJ506489	N/A	BROWN	A&A
87 GMC R15CONV	1GTDR14H7HS503022	N/A	BLUE	A&A
99 HONDA PASSPORT	4S6CK58W1X4406923	N/A	GREEN	WALMART
99 HONDA VT1100C3 MC	1HFSC3907XA102345	N/A	ORANGE	CO RD 177 & 337
05 HONDA ACCORD	1HGCM668X5A020096	N/A	GREEN	UNA PARKING DECK
03 INFINITI I35	JNKDA31AX3T102270	N/A	BLACK	HWY 157
03 JEEP GRAND	1J4GW48S43C534707	N/A	BLACK	7250 CO RD 189
06 JEEP GRAND	1J4GS48K86C241828	N/A	GOLD	USED CAR
95 MERCURY COUGAR	1MELM62W1SH608263	N/A	WHITE	ROYAL AVENUE
07 MINI COOPER	WMWMF33517TL68962	N/A	MAR	USED CAR
05 NISSAN ALTIMA	1N4AL11D85C137752	N/A	GREEN	COUSSONS HWY 20
09 NISSAN QUEST	5NIBV28U69N103206	N/A	SILVER	USED CAR
10 NISSAN MAXIMA	1N4AA5APXAC867504	2279AJ1	SILVER	CO RD 256
11 NISSAN QUEST	JN8AE2KP8B9012525	N/A	BLACK	USED CAR
01 SATURN L200	1GBJU52F01Y578541	N/A	SILVER	USED CAR
07 SATURN VUE	5GZCZ53477S867441	N/A	RED	USED CAR
06 TOYOTA HIGHLANDER	JTEDP21A560110157	N/A	BLUE	COUSSONS HWY 20
01 VW BEETLE	3VWCD21CX1M440681	N/A	BLACK	SCHNEIDERS
00 VANGUARD CAMPER	1PA100G12Y1096523	IN TR947ARC	WHITE	HWY 207

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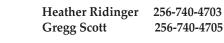
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ON YOUR DEBT Bankruptcy and

Basketball

If you're searching for a bankruptcy

attorney, chances are you're facing a

difficult financial situation. Bankruptcy

can be a stressful and overwhelming process, but with the help of an

experienced attorney, you can navigate the process and come out on the other side

To help you understand the bankruptcy

process, let's compare it to the NCAA

tournament. Both involve a series of steps and decisions that ultimately lead to a

First, let's look at the selection process.

Just as teams are selected for the NCAA

tournament based on their performance

throughout the season, individuals who

are considering bankruptcy must qualify

based on their income, assets, and debts.

An experienced attorney can help you

determine if you meet the qualifications for

bankruptcy and which type of bankruptcy

carefully plan their game plans and adjust as needed based on their opponents.

Similarly, in bankruptcy, your attorney

will work with you to develop a strategy that will help you achieve your goals.

Just as teams in the NCAA tournament

must win each game to advance,

individuals in bankruptcy must meet certain requirements and deadlines to

move forward. For example, if you file for

Chapter 7 bankruptcy, you must complete

credit counseling and pass a means test. If you're filing for Chapter 13 bankruptcy, you'll need to submit a repayment plan to

Throughout the tournament, teams face

challenges and obstacles, and the same is

true in bankruptcy. For example, if you're

facing foreclosure, your attorney may help

the court for approval.

Once you're in the tournament, or in the bankruptcy process, it's all about strategy. In the NCAA tournament, coaches

with a fresh start.

resolution.

is right for you.



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If you're dealing with a wage garnishment, your attorney can help you understand your rights and options for stopping the garnishment.

Finally, just as the winning team in the NCAA tournament celebrates their victory, individuals who successfully complete the bankruptcy process can enjoy a fresh start. Bankruptcy can be a difficult and emotional process, but with the right attorney by your side, you can emerge with a brighter future and a chance to start anew.

When searching for a bankruptcy attorney, it's important to find someone who is experienced, knowledgeable, and compassionate. Look for an attorney who will take the time to understand your unique situation and work with you to develop a personalized strategy for success.

In conclusion, bankruptcy can be a daunting process, but with the right attorney, it's possible to navigate it successfully and emerge with a fresh start. By comparing the bankruptcy process to the NCAA tournament, we can see how careful planning, strategy, and perseverance can lead to a successful outcome. If you're considering bankruptcy, don't hesitate to reach out to an experienced attorney who can guide you through the process and help you achieve your financial goals.

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Artistic...

Continued from Page 10

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Commentary

More Laws...

Continued from Page 10

Crime Class 101: Criminals don't generally obey laws. Theft laws, traffic laws, drug laws, tax laws, gun laws, or whatever. Why would they? Most of the guns used in crimes are handed down second, third, and forth hand, anyway. Most of those people are not buying new guns on sale at Rural King.

Those are bought by the responsible gun owners who know the laws and generally abide by them. They are overwhelmingly bought legally to protect life, limb, and property from any individual or group that may seek to compromise that safety. It's not our business to ask lawful gun owners why they have a gun, or

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2410 Avalon Ave Suite 2100 Muscle Shoals • 256-386-0808 www.avalonmedshoals.com how many they have. Besides, a convicted felon can't buy a gun at retail. A friend or relative must do that, and that puts them in the legal crosshairs after a crime is committed. So, that law often forces criminals underground anyway.

The National Rifle Association is absolutely vilified by the left and the media. However, it must be noted that VERY FEW NRA members commit gun crimes. They should be celebrated as responsible. However, iust the opposite is true because members' dues often support legislation upholding the constitutional right to carry.

There may be a good reason to red flag someone. Those flag someone. individuals are usually on law enforcement's radar already. This red flag executive order is just heightened promotion of more societal division, a perceived justification for 'neighbor selling out neighbor,' creating an unlawful intrusion into one's privacy. The Nazis excelled at this very tactic in the early 1930's. We simply must

understand that some

people use intimidation, force. and weapons during crimes. Some people innocent are going to be killed during the execution of violent crimes. Far more people are killed by hands, fists, feet, knives, and hammers than by guns. However, more legislation will only reduce access for those trying to defend themselves.

The Federalist Papers are replete with concerns about government abuses and breaches of power. Nowhere does the Constitution or any other documents of the day discuss a limit as to what kind or how many weapons the citizenry can have. And it doesn't state or imply that it must be a lower grade than to what the government has access.

Of course, someone committing a heinous crime back then would also have been tried, and if convicted, hanged within days in the public square. There was no 20– 25-year appeals process, and the courts were not clogged with repeat reprobates and nefarious litigation. But that's another issue. QUALITY HOME REPAIR Cabinetry, Stairs, Drywall, Fencing, Decks, Etc. Jim: 256-648-7561 40+ years of experience

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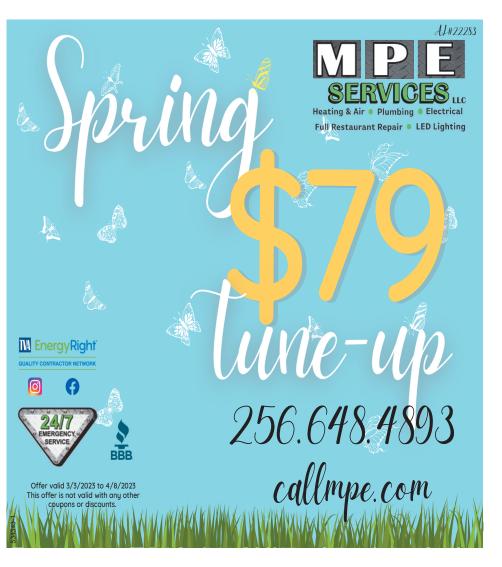
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by DAVE RAMSEY

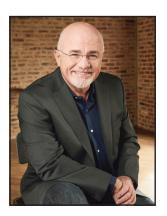
THIS GUY HAS **POTENTIAL!**

Dave.

Recently, I made a few hires for the upcoming season for my lawn care business. They're all good, motivated people, but one really stands out from the rest. I could see him moving out of the field and into a sales position before the end of the year. How should I begin laying the groundwork for this idea? Dan

Hi, Dan,

This's great to hear. Believe me, I know the feeling when you look at roomful of people and realize you've built a really good team. I'm excited for vou!



One of the first things I'd do is talk to some other owners of landscaping companies outside your area that are about your company's size and pick their brains as to how they're structured. Let them know you're thinking about hiring your first salesman, and find out how they pay their team and if it's working well for evervone.

What we're talking about here is called best practices in business. Find something that works for someone else in your industry and apply it to your specific situation. Think about it this way: If you wanted to lose weight.

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you'd begin by doing what people who have shed some pounds are doing, right? You want to emulate behavior that's been proven to generate positive results.

I'd also advise you to make sure the person you're talking about is on board with the idea and that he understands that any compensation agreement initiate you in the beginning will be implemented on a trial basis for a specified length of time. You're venturing into uncharted territory here, Dan, so come up with a temporary compensation plan that's satisfying to you both at the onset. Then, have an agreement to revisit the plan in 90 days. six months or even a year down the road. There may be a little bit of give and take involved, and it'll take some time, but at the end of the day, you've both got to be okay with the upside and downside of the scale and the results.

You'll both be really happy if he's busting it and making himself and the company successful. But as a business owner, you'll want him to feel a little pressure if he's not producing-for himself and for you!

Leadership and smallbusiness expert Dave Ramsey is CEO of Ramsey Solutions. He has authored eight national bestselling including books. EntreLeadership, and is a host of The Ramsey Show and The EntreLeadership Podcast.

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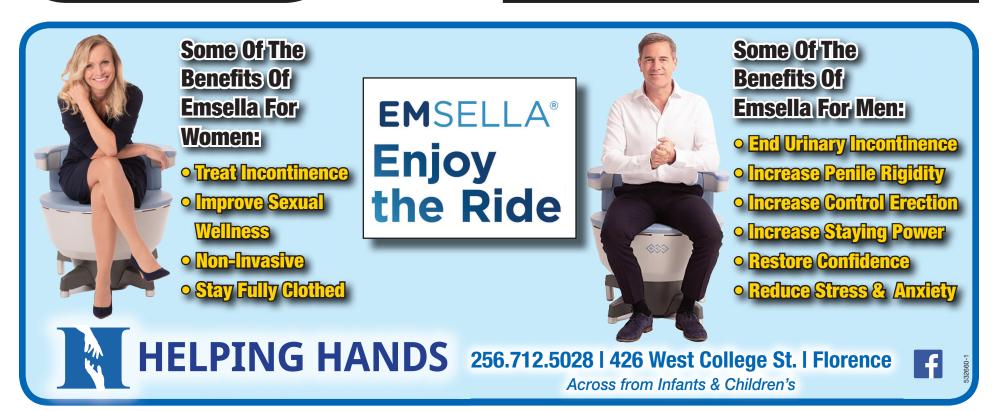
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Continued from Page 10

Notes... **Continued from page 4**

Doctors, Lawyers, and Such will perform a live Concert at 7pm Saturday, April 1 at the Ritz Studio. This popular local vocal/string band performs eclectic hits from the 1970s through today's contemporary classics. This show is a benefit for the Tennessee Valley Art Association. The Ritz Studio is a small, intimate venue, and seating is very limited. Get your tickets today! https:// tennesseevallevarts.org

Two middle-school students who live in Alabama House District 18 will receive scholarships to attend a special Space Camp program free of charge. A male and female student living in House

District 18 (Jamie Kiel-R) of Colbert and Franklin counties will receive a scholarship a to attend SALSA, which promotes science, technology, engineering, and mathematics education along with leadership skills. Students ages 12 to 14 may apply

www.spacecamp.com/salsa or through their school counselor. Representative Kiel has notified all school systems in District 18 and they have the information needed to apply.

Applications will be accepted through Friday, March 31. The camp will take place in July 2023. Each scholarship includes tuition, room and board for the Space Academy program. Travel to and from the U.S. Space & Rocket Center is not included.

LifeSouth Blood Drive Dates

Wednesday, Mar. 22 Wilson High hool 8 a.m. – 3:30 p.m. Florence – School 8 a.m school Biology Lab

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Thursday, Mar. 23 TNT Fireworks 8 n. – 4 p.m. 4003 Helton Dr. Florence Friday, Mar. 24 Walmart Noon – 6 Har

Saturday, Mar. 25 Cricket Wireless 10

Sunday, Mar. 26 Walmart 10 a.m. – 4 n n Muscle Shoals

Monday, Mar. 27 Wilson Dam Clinic Noon – 5 p.m. Tuscumbia Tuesday, Mar. 28 Constellium 6 a.m.

p.m. Muscle Shoals

Wednesday, Mar. 29 Constellium lement 13, 6 a.m. – 4 p.m. Muscle Shoals Thursday, Mar. 30 Marion County ourthouse 10 a.m. – 4 p.m. Hamilton Friday, Mar. 31 Walmart 10 a.m. – 4 First Baptist Church Killen. m. Elorence – Cloverdale FI С

p.m. Florence - Cloverdale

Singing River Church of Christ: You are invited to attend our Gospel Meeting with Mike Richardson on March 19-24. Sunday at 9:30 a.m., 10:30 a.m. & 4 p.m. and Monday-Friday at 7 p.m. nightly. Singingriverchurchofchrist.org.

The Cowboy Church of Franklin County annual Easter Egg Hunt will be Saturday April 1 from 10am - 2pm. Dress to get dirty, there will be rodeo type events in the arena weather permitting. Lunch will be served, and a small devotion on the true meaning of Easter will be done. The Easter Egg Hunt will be in the arena after lunch. 25100 Hwy 24 in Russellville.

Gospel Meeting at Heritage Christian University "Your Questions Answered" Saturday April 2, 11am, 1pm and 2pm with a lunch provided at 12pm. More information is on Facebook on the HCU page or @askGODoneguestion on Facebook

Shoals Grief Support will begin monthly meetings once again starting on

April 5 at 10am. The grief support group is open to the public. Masks are optional. The group will meet at Cliff Haven Church in Sheffield the first Tuesday of each month at 10am. The church is located at 1601 Andrews Avenue in Cheffield the first fuesday. Sheffield, directly behind McDonald's and WBTG Radio. This grief support group is sponsored by Kindred Hospice. For more

information call 256,764,0873.

Swing Into Spring - Learning East & West Coast Swing Dancing 6 Week Class, starting April 6, at 5:30pm. Location: Royal Avenue Rec Center,

Florence. Also available: Private, Couple Or Individual Dance Lessons; Or Wedding Dance Lessons. Call 256-760-6425 for more information or to sign up.

Spring Revival - Bumpus Creek Freewill Baptist Church, 2715 County Rd. 14. Waterloo. April 10-12, 7pm nightly. Bro. Carlos Hughes will be bringing the message. Pastor: Bro. Jimmy McGee. Come join us and invite someone to come with you.

The Batting Quilt Brigade Presents Guilts by the River 2023 Quilt Show. Friday, April 14, 12pm to 6pm and Saturday, April 15 10pm-4pm at Edgemont United Methodist Church, 1330 Eauclaire Ave., Florence,

TWO OR FOUR PRIME BURIAL LOTS in Activity... In-cities Memorial Gardens, 2601 Florer Blvd. \$3,000 each. Contact Wayne 843-696-5159

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EFNEP at Auburn University. This community physical challenge activity provides the chance to get up and get moving with your friends, family, and neighbors while exploring your community! From March 1–April 30, participants have the chance to complete up to 25 challenges and be entered for the chance win fun prizes. to A public Facebook group is available to all participants to learn more about healthy eating and active living, as well as connect with others completing the challenge. There will be chances to win prizes through this group as well! The Move Alabama Challenge is a good way to get children and

families moving together. Participant logs can be picked up from the Colbert County Extension office located at the Colbert Courthouse basement 201 N Main St. Tuscumbia or downloaded from the Move Alabama Facebook Page. Working together with your family, friends, and/or community, off check as many

challenges as you can! Take a photo of your logo and email the photo to movealabama@ auburn.edu to be entered to win local prizes. Send your completed logos by May 3, 2023 for a chance to win. Those who have completed at least 20 of the 25 challenges will be entered into a drawing for a variety of prizes!

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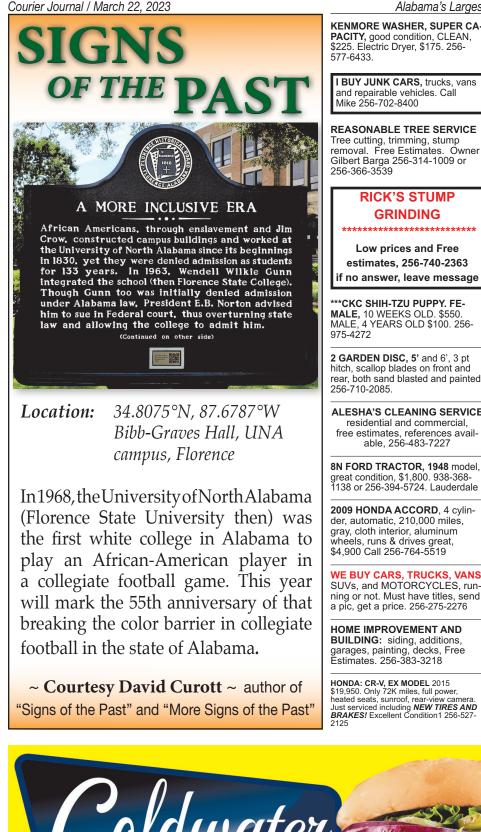
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