BEST Physical Therapy strives to improve clients' quality of life SEE PAGE 4



Mayor Mahan sets agenda

Progress made at 100-day milestone, but still a long road ahead
— SEE PAGE 10

Gold Bear Foundation: Assuring those in need never feel neglected PAGE 13



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'A very dark place': Silicon Valley leader opens up about fatal crash

Former District 10 San Jose City Council candidate is attending therapy sessions

By Joseph Geha

San José Spotlight

ore than three years after

Jenny Higgins fatally
struck Santa Cruz resident Timothy Starkey with her
car, she said not a day goes by
when she doesn't think about the
pain her actions have caused his
family.

"I carry a burden of shame, of sadness," Higgins told San José Spotlight.

Higgins, the co-founder and former president of Women's March Bay Area and a former District 10 San Jose City Council candidate, said she has been attending therapy sessions and support groups to address her survivor's guilt and the trauma of the crash, "in order to figure out what the meaning of my life is after a mistake that is so tragic, that caused so much pain to so many people," Higgins said.

Higgins was driving from San Jose to Los Gatos on the morning of Dec. 16, 2019, when she veered out of her lane on Blossom Hill Road and struck 66-year-old Starkey, who was on the shoulder unloading his car.

Starkey suffered severe injuries See CRASH, page 7

Judge orders concrete firm to stop dumping hazardous waste in Almaden Valley

By William Bellou

Publisher

Construction company was ordered last week by a Superior Court judge to immediately stop dumping hazardous and corrosive construction waste on protected agricultural land in rural Almaden Valley.

The order against United Concrete Cutting Inc., of San Jose, follows a lawsuit filed by the Santa Clara County Office of the County Counsel. The county determined the company and several affiliated individuals were transporting hazardous concrete slurry waste from construction sites to a remote property in Almaden Valley. It was learned that individuals were dumping slurry into hastily dug pits, according to the county officials.



In addition, the company allegedly dug culverts directing the waste into Santa Teresa Creek, which runs through county parks and feeds into Guadalupe River and the San Francisco Bay.

The court granted the counsel's request for immediate action

Thursday. County Counsel James Williams emphasized that other businesses should take notice.

"It's the county's job to protect the environment and the public health, and we won't tolerate businesses that skirt the law and use protected agricultural land as dumping grounds," said County Counsel James Williams.

An anonymous complaint tipped off county officials, which led to an extensive investigation that the county carried out in coordination with the California Department of Toxic Substances Control.

How was San Jose police union unaware of alleged drug smuggling?

By Joseph Geha San José Spotlight

he shocking drug smuggling allegations against a longtime San Jose police union office manager are prompting critics to voice concerns about the union's integrity and its internal oversight process.

Almaden resident Joanne Segovia, executive director of the San Jose Police Officers' Association (SJPOA), was charged by federal prosecutors last week with attempting to illegally import fentanyl. Segovia, who is not a police officer, has worked for the union that represents San Jose Police Department officers since 2003. Now, some police critics said they find it hard to believe police officers didn't know



Almaden resident **Joanne Segovia** (center), executive director of the San Jose Police Officers' Association (SJPOA), was charged by federal prosecutors last week with attempting to illegally import fentanyl.

about Segovia's alleged behavior.

"The (police union) leadership and that institution is either remarkably inept, or there are people beyond this singular individual that are part of that criminal syndicate," Raj Jayadev, founder of the community organizing group Silicon Valley De-Bug, told San José Spotlight.

Union officials have repeatedly said Segovia's actions were isolated, and that no one else at the union was aware or involved. Spokesperson Tom Saggau noted that at this time federal investigators have only searched the office

and home of Segovia, not any other union employees or members. He shot back at Jayadev's comments, calling them "silly."

"There's not one scintilla of anything that's been introduced out of the U.S. Attorney's Office, in all of the documents, that mentions anybody (else)," Saggau told San José Spotlight. "Where is anything to support what (Jayadev) is saying other than, 'I don't like cops and this is a free kick for me."

Segovia's husband, Domingo, 79, was also See SEGOVIA, page 21

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SCAM ALERT

Almaden residents receive hundreds of fake Geek Squad and PayPal invoices by email

A lmaden Valley business owners have been receiving hundreds of fake invoices.

The fake bills have long been a favorite and effective trick of scammers. This new one, according to BBB Scam Tracker, has con artists pretending to be contacting you as part of the Geek Squad, which is owned by Best Buy or PayPal payment system.

How this scam works

You receive an invoice that says it's coming from the Geek Squad. It says you'll be charged hundreds of dollars for an annual subscription that is about to auto-renew. The email may include a PDF version of the invoice and a number for you to call if you want to cancel the subscription.

Panicked and sure you never authorized this subscription, you call the number. A "customer service agent" answers and pretends to assist you with the cancellation. They may offer you a refund or ask you to confirm your bank account information so they can cancel the subscription. If you give them that sensitive information, they'll likely gain access to your account and can withdraw money without your consent. Even if you stop short of calling "customer service," downloading any PDFs or clicking links in the email could download malware onto your computer and put you at risk of identi-

Fake Geek Squad invoices aren't the only version of this scam. A new iteration looks like a vendor requesting payment via PayPal. Similar to the Geek Squad version, the message urges you to call "customer serv-

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ice" if "the payment was not authorized or you wish to cancel this charge."

How to avoid similar scams:

- Know how invoices will be delivered. If you sign up for a service or subscription, ask how the company will deliver its invoices. That way, you won't be fooled if scammers send you a copycat invoice through a different channel.
- Train your staff to spot a fake invoice. As a small business owner, you may not personally look at every invoice from your accounts department. Ensure your employees know how to differentiate a real invoice from a scam.
- Don't give in to scare tactics. Scammers will use a sense of urgency to get you to give up sensitive information or make payments without thinking. If someone tells you you'll lose hundreds of dollars if you don't act now, don't be easily intimidated. Always do proper research before agreeing to any transactions especially unexpected ones.
- See the full article on BBB.org for more tips.

Editor's note: If you've been the victim of a scam, report it to BBB Scam Tracker. By reporting your experience, you can help others avoid falling for the same scam.

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California public school enrollment drops by 40,000 as families flee state

By Jeremiah Poff

Washington Examiner
Public school enrollment in California declined by nearly 40,000 students during the 2022-2023 school year as the state continues to grapple with the effects of net-loss migration as residents move to other states.

The California Department of Education released its enrollment report Tuesday that showed enrollment in the Golden State's public schools declined by 0.67% this year, corresponding to 39,696 fewer students than in the 2021-2022 school year.

The latest decline is less steep than last year, when statewide enrollment declined by nearly 2% and schools lost 110,283 students. The state lost 160,478 students in its public schools in the pandemic-affected 2020-2021 school year.

"It has been a state priority to work to ensure that families are engaged See ENROLLMENT, page 20

Valley Currents

cur | rent (adj.) Present, topical, timely, newsworthy. (n.) Movement in a definite direction, a flow.



BEST Physical Therapy founder Kathy Johnson helps a client with strengthening exercises using resistance bands.

BEST Physical Therapy and Performance strives to improve clients' quality of life

By Lorraine Gabbert

Senior Staff Writer

physical therapist works with
a patient on exercises to
strengthen her leg muscles.
Another helps a client struggling with
neck pain on posture to better support her head and neck.

This is BEST (Back Education Sports Therapy) Physical Therapy and Performance, founded by physical therapist Kathy Johnson Wesolowski. BEST Physical Therapy and Performance offers treatment plans for people recovering from surgery, suffering from an injury, or coping with chronic pain. Its personalized exercise programs aim to help people return to their activities as well as prevent injuries from occurring.

With locations in Almaden Valley and the Cupertino area of San Jose, therapists at BEST Physical Therapy and Performance work to increase clients' strength, flexibility and balance while teaching proper movement and correcting posture and alignment.

"We have a strong emphasis on core strengthening because everything people do requires that," Johnson Wesolowski said, "They need to learn how to control their spine and how to move better so they can prevent future injuries."

BEST Physical Therapy and Performance manager Marti Remmell said Johnson Wesolowski treats the whole person. She said often when people come to BEST Physical Therapy and Performance, their injuries may seem like one thing, but may originate from somewhere else.

For instance, Johnson Wesolowski added, tennis players have problems with their elbows because their cores and opposite legs aren't strong enough.

Motivation

Johnson Wesolowski said she always knew she wanted to go into health care and be a physical therapist.

"I injured my ankle badly when I was 11, and went to physical therapy," she said. "I knew all along I wanted to own my own clinic one day. What's amazing in what we do here is that we're helping people to have a better quality of life. I absolutely love being a physical therapist."

Johnson Wesolowski received a bachelor's degree in biological sciences from UC Santa Barbara and a Master of Science in Physical Therapy from the University of the Pacific. She also acquired an Orthopedic Physical Therapy Clinical Specialist Certification.

After working at four facilities, she opened BEST Physical Therapy and Performance in 1995, with her husband Jeff Wesolowski acting as CFO, taking the best practices from each. They opened the Almaden branch because they're invested in the community, having lived there for 24 years. Inaddition to coaching local sports teams, she played tennis at Almaden Swim and Racquet Club, and he played golf at the Almaden Golf and Country Club. Their daughters, Janelle and Megan graduated from Leland High School.

See BEST, next page



A physical therapist helps a client with balance and posture.



BEST Physical Therapy offers personalized exercise programs which aim to help people return to their activities as well as prevent injuries from occurring.



BEST Physical Therapy and Performance founder Kathy Johnson teaches a client about posture.

BEST, from previous page

"I was treating more and more people at my home," she said, "so I opened here to serve this new community."

Helping clients and the community

Education is a big part of Johnson Wesolowski's approach. After finding out what her clients are having trouble doing, she designs recovery programs which breaks down each movement, teaching them how to do them correctly.

Client Denise Abely came to BEST Physical Therapy and Performance due to pain in her hand and neck. There she learned how to strengthen her body, move while protecting her neck, and hold her head up while driving.

"I definitely feel stronger and happier because I feel better," Abely said. "It's definitely made my quality of life better."

BEST Physical Therapy and Performance invests in the community it serves, including school fundraisers and local athletic programs.

"We are ever aware that we are a part of something bigger than simply our practice," it said on its website. "As such, we are continually giving back to the community that has always been so supportive of us over the years."

Client Carla Satchell said she appreciates the personal attention she receives at BEST Physical Therapy and Performance from physical therapists who are aware of her injuries and needs. She also appreciates the business sponsoring sports at local schools like Castillero Middle School. When she had a frozen shoulder, she immediately thought of BEST Physical Therapy and Performance.

"Any of the local places that support the schools, a lot of the neighbors love that," Satchell said. "We tend to put a lot back into them because they put a lot into our kids."

Client Angelique Ramsey said she's progressed in her treatment and feels much better. She said having ongoing pain is debilitating and being able to learn how to manage it is everything. Ramsey said physical therapy is Johnson Wesolowski's calling as she's really good at it, and her patients love her and benefit from it.

"I feel that I have a gift providing care to people," Johnson Wesolowski said, "and it is what I should be doing."



Kathy Johnson teaches a client how to strengthen her body.



Kathy Johnson helps a client with posture.

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Info & Questions? info@bestphysicaltherapy.com



Times Cover Story

Crash

Continued from page 1

to his torso and head and was pronounced dead at the scene of the crash by medical personnel. Higgins was found to be under the influence of benzodiazepine at the time of the crash, a class of medication sometimes prescribed for anxiety and insomnia, such as Xanax and Klonopin. People who are prescribed those kinds of tranquilizer medications are warned not to drive because the drugs can cause drowsiness or dizziness.

Higgins was initially charged with felony vehicular manslaughter, and pleaded no contest, but Santa Clara County Superior Court Judge Jose Franco reduced her charge to a misdemeanor in a July 2021 hearing.

She was sentenced to six months in jail, but Franco later allowed her to carry out her sentence without any jail time by wearing an ankle monitor for three months. She also was ordered to pay about \$183,000 in restitution to Starkey's widow Kathleen, complete 350 hours of community service and received two years of probation.

A need to give back

Higgins, who said she was in a "very, very dark place" for months after her case concluded, has recently taken on a new role as the executive director of Maker Nexus, a Sunnyvale nonprofit that helps people of all ages and backgrounds to learn about building and creating with modern and classic tools.

"One of the things that I can do that allows me to get out of that dark, dark spot, is to give back to my community and try to make this world a better place for people to live in," Higgins said. "If it wasn't for that, I might not be able to get out of bed in the morning."

Maker Nexus focuses on equity in the study of science, technology, engineering, arts and math, and lowering barriers to opportunity in those creative areas for marginalized groups.

"There is a theory of no lost Einsteins, and I also like to say no lost Madame Curies, simply because they were not exposed to STEAM learning," Higgins said. "The equity of that is spread out unfairly."

Higgins said youth who walk into the maker space and try their hand at a new skill gain a lot of confidence through the process of conceiving an idea and creating it from scratch, whether via 3D printing or the use of wood, metal, fabric and acrylic materials.

"I had a feeling of hope and possibility," Higgins said of the way the maker space makes her feel. It's helping her work through the ongoing healing process caused by the trauma of the fatal crash, she said.

Starkey's family previously said they were disappointed in Higgins' initial sentence, which amounted to a "slap on the wrist." Starkey's daughter later told The Mercury News in a statement that Higgins has "seen almost no punishment for her actions."

Starkey family members did not respond to requests for comment.

Higgins said she has not spoken with the Starkey family since the trial.

"I have too much respect for them to send any type of message to them through the "There are no words in the English language to explain the tragedy and the pain of knowing that your actions caused so much pain to a family. Sorry isn't even a word that comes close." – Jenny Higgins

media, they know that I am available to speak to, and I will help them the best I can, any way I can, with the healing process," she said.

Higgins said she has closely followed the requirements of her sentencing, but couldn't say whether her punishment was appro-

priate for her actions.

"I don't have an answer for that. How do you put what's appropriate?" she said through tears. "There are no words in the English language to explain the tragedy and the pain of knowing that your actions caused so much pain to a family. Sorry isn't even a word that comes close."

Higgins, who ran for San Jose City Council in 2020, took some time off after the crash but ultimately continued her campaign, placing third in the primary race for District 10.

Following the case, which concluded in late 2021, Higgins worked as an executive

assistant at a production company before taking on her current role in February. Higgins said she also helped run an independent expenditure group supporting the campaign of Los Angeles Mayor Karen Bass in the 2022 general election.

She said her current work is bringing her joy, and while running the program, she is also planning to expand her own maker skills by trying out the various tools and equipment at the facility in Sunnyvale.

The work helps her continue processing her own trauma.

"It will be a journey that I will work on for my entire life," she said.



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Beloved Bay Area journalist suffers severe injury

By Joshua Ram

San José Spotlight

or more than 50 years, Mike Colgan's distinctive voice filled Bay Area airwaves—from headline-grabbing political scandals to national sporting events, Colgan was there. He retired from journalism in 2020 and moved to Arizona to enjoy a quiet life with his wife, but retirement was cut short.

Colgan, a longtime fixture and icon in local journalism, is now facing the biggest fight of his life. The 75-year-old tripped and broke his neck while taking an afternoon stroll and is now paralyzed from the neck down.

'He's most worried about burdening the family," Jody Meeker, Colgan's daughter, told San José Spotlight. "Our family wants him to have the best quality of life he can have.

Colgan suffered a major spine injury and while doctors tried to relieve pressure on his spine, he is now a quadriplegic. His family launched a GoFundMe campaign cover the costs of rehab,

at home care, physical therapy and medical equipment. The campaign has raised close to \$12,000 as of Tuesday from more than 120 donors. The goal is to raise \$500,000.

Colgan was a staple on KCBS radio in San Francisco for 33 years, interviewing notable historical figures like Mother Teresa and the Dalai Lama. He was a presence at every South Bay news conference, major government meeting and sporting events like the Super Bowl, World Series and NBA

championships. Colgan traveled with the then-Oakland Raiders and was on the frontlines when the Golden State Warriors won an NBA title at the Cow Palace in 1975.

Colgan is a father of four and a proud grandfather.



Longtime Bay Area reporter Mike Colgan is pictured with Air Force One.

Photo courtesy of Jennifer Hodges.

Meeker said her father is in a skilled nursing facility now and there are some "promising" signs for recovery. He's started to move his feet and right arm.

"Unfortunately, recovery will be a lifelong process for him," she added. "A long-haul recovery."

Jennifer Hodges, a journalist who worked with Colgan at KCBS, said he was the reporter who kept everyone laughing at

"He has a hard shell on the outside and a softie on the inside," she said. "He doesn't put up with any BS—he's just a straight shooter which I always loved."

At one point, Hodges and Colgan worked for competing radio stations—and Colgan was still quick to lend a hand.

"Mike and I both have worked in radio for decades when you had to carry a big suitcase full of equipment behind you, and on more than a few occasions I'd have equipment failure and be in a bind," she said. "Despite the fact that he was at a different station than me at the time, he'd always offer up whatever interview he had to save me from a bad work day. Not every reporter would do that in the field. That's just the type of guy he is."

Bob Butler, another former KCBS colleague, recalled Colgan's sense of humor. He hopes the community steps up to support Colgan during the most difficult moment of his life.

"He informed people over the air for decades," Butler said. "So now people need to pay him back."

Editor's note: To donate to the Mike Colgan GoFundMe campaign, visit: https://www.gofundme.com/f/rally-for-mike-colganto



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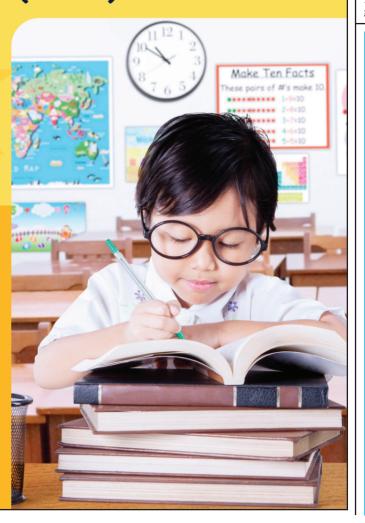
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Times **News**

Progress made at 100-day milestone, but long road ahead still awaits

From the

Mayor

Matt Mahan

By Mayor Matt Mahan

e've been busy since our last newsletter! In the past two weeks, we received unanimous approval of our March Budget Message that calls for greater focus, argued for expanded mental health care in a Sacramento Bee op-ed, worked with the Governor to secure 200

tiny homes paid for by the state, and organized a couple of large clean-up events.

We have a long road ahead to create the change we want to see, but as we approach the first 100-day milestone, I am proud of the progress we've made. I want to take a moment to share with you how we can continue to push this revolution of common sense forward.

In June, the council will vote on our Budget Message one more time. We have the

opportunity to influence whether this final vote locks in our back-to-basics approach or leaves us with the status quo. It will determine whether we accelerate our work to end encampments, rebuild our police department's staffing levels, double down on blight eradication, and speed up per $mitting \, to \, promote \, economic \, development$ and make housing more affordable, or simply spread a little bit of money across dozens of small initiatives.

Fortunately, each of us on the Council works for you. You have two months to tell us how we can best represent you as we finalize this budget. If you'd like to stay updated and learn more about how you can help, please sign up right here and we'll let you know when key decision points are coming.

We are out every single weekend cleaning up San Jose! And while we've had over 500 volunteers join us so far, most of the time I'm seeing the same dedicated, passionate faces. But if we want to truly make change, we all have to do our part. I'd like to see each and every one of you on Earth Day - sign up here! Cleaning up our city is about more than just beautification. It's about building community. It's about lowering crime. It's about inviting investment

> in jobs and housing. It's about protecting our environment. And it's about you - creating the city you want to live in.

As many of you know, we've been advocating to reform our broken mental health system - which is under the jurisdiction of the State and the County. In my March Message, I acknowledged the severity of our mental health crisis and asked that San Jose partner with the County to consider providing land, expediting permitting or other support

to aid them in expanding behavioral health

Beyond supporting the budget message, we have the opportunity to champion legislation like Senator Eggman's Senate Bill 43 that will help us fill in the cracks in our healthcare system. The most powerful thing we can do to help is share our own personal stories. If you or a loved one has been unable to get help when they needed it most, and you are willing to talk about it, please sign up here.

Almost every single one of us has firsthand experience with someone suffering from mental distress who cannot access care - and our legislators who will be voting on SB43 and other mental health care

Editor's note: You may send your comments and suggestions to Mayor Matt Mahan via email: mayoremail@sanjoseca.gov, or





Times Classifieds Work! See page 23







Cindy Chavez (r) and Marti Remmell

Supervisor Cindy Chavez joins On-Site Dental Care Foundation to unveil new mobile dental van

"It will thrill our

dentists to work

in this state-of-

the-art facility,

will be thrilled

too." Diaz said.

and our patients

By William Bellou
Publisher

anta Clara County Supervisor Cindy Chavez joined Marti Remmell, Board Chair of the On-Site Dental Care Foundation (OSDCF) to unveil their new

mobile dental clinic at a ribbon cutting ceremony in San Jose, Saturday, April 1.

"It's such an honor to be with the On-Site Dental Care Foundation today at the unveiling of this amazing mobile dental clinic that will continue to heal people in our community ... even if they come in pain, they leave with a smile," Chavez told the audience.

On-Site Dental Care Foundation fills a void for those with health disparities by bringing oral health services and education to Bay Area locations. The clinic, led by Dental Director Dr. Osleydis Diaz, serves the homeless, LBGQT, migrant workers and low-income families and seniors. Eighty-five percent of the 1,400 patients served each year are Latinx.

"We're excited to celebrate 20 years of community health care and education," Remmell told the audience. "This stunning new clinic will enable On-Site Dental Care Foundation to improve and expand its practices and programs. To do this, we need funding, and are preparing to launch a capital campaign we are calling 'Drive for Smiles."

Besides free and low-cost oral health treatments, the clinic also educates their patients about the importance of daily oral hygiene.

"I now get so many compliments about my teeth," Lavella Benton, an over 10year patient of OSDCF smiled as she told

the audience. "My gums used to be dark, and I learned that means you're not flossing enough or keeping your teeth clean. These folks taught me how to keep my teeth clean, and now my gums are pink!"

Dental Director Dr. Osleydis Diaz led a

tour inside the mobile clinic. The equipment includes a panoramic X-ray system, three examination chairs with digital monitors for patient education, intraoral cameras, and slideout components that provide patients and dentists more space.

"It will thrill our dentists to work in this state-of-the-art facility, and our patients will be thrilled too." Diaz said. "I am especially thrilled

that this new van offers more area to do more specialized dentistry such as implants and root canals."

The need for services such as those offered by On-Site Dental Care Foundation goes beyond serving individuals to affecting the community at large. Many individuals who lack insurance or have limited means find it difficult to pay for medical and dental treatments, leading them to go to the emergency room for dental problems, even though the emergency room doesn't offer dental treatments beyond painkillers and referral to a dentist.

The new clinic will go into practice in a few weeks. You might spot the bright blue bus-like clinic on the freeway heading to areas such as Sunnyvale, Mountain View, Gilroy, Hayward or South San Jose.

"With the success of our capital campaign, you'll find us in even more locations," said Remmell.

For more information, see www.osdcf.

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— Bob Dhillon / President of the Sikh Gurdwara of San Jose

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For more information see article in this edition of the Evergreen Times, or go to SanJoseGurdwara.org

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To get to the event one can park their car and take the shuttle from Evergreen Valley High School on Quimby Road Enjoy meeting new people and experiencing the festival of courage and strength called Hola Mohalla









Foothill student founds international organization

Gold Bear Foundation: Assuring those in need never feel neglected By William Bellou

Publisher

The percent of the world experiences food insecurity every day; a number that is 10% higher than it should be. After being challenged to simulate homeless conditions on a camping trip, Jiya Patil, a sophomore at Foothill High School, couldn't fathom how anyone survived without a consistent food supply.

Consequently, she decided to build on her love of cooking to begin making biweekly meal donations to Building Futures, a homeless shelter in San Leandro. However, after a few months of donating trays of pasta and bread to the shelter, Patil wanted to interact with the people she was donating to. She chose to begin donating meals to a homeless encampment in Oakland.

There, Patil spoke to many people on the streets through her donations of sandwiches and brownies, and one woman in particular stood out to her. As this woman grabbed a sandwich on her way out of the church, she noted, "You know, it's so hard out here." She paused to point at the tents behind her. "When they hurt me, the hospitals wouldn't even help me. And then they took my car and left me with nothing. God bless y'all for helping me out today."

As a result of this interaction, Patil became increasingly determined to try and reach as many people as she could; she began selling handmade bath scrubs on Etsy and working a job to raise money for those who were economically disadvantaged. As she raised over 1000 dollars in less than six months, she began donating items such as hygiene products to nearby homeless shelters, such as Tri-Valley Haven and Building Futures San Leandro.

As her peers at school became interested in supporting her efforts, she turned her passion into Gold Bear Foundation: a non-profit organization that she founded in 2021. Patil had a simple mission -- inspired by her trips to homeless shelters and encampments, she was determined to make sure that those in need never felt neglected and with the help of her peers, she established chapters of the organization throughout the Bay Area.



As more people recognized the work of Gold Bear Foundation, the organization garnered more support, expanding from a small group of seven members to an international organization of more than 150 members.

Through hours of group fundraising and planning, the team made donations of hygiene products and meals to homeless shelters, encampments, and economically disadvantaged schools. Just in the last two years, Gold Bear Foundation has been able to donate over 10,000 items to over 2500 people in need.

The Building Futures Office Manager specifically noted, "Thank you so much for your help Jiya. For a group of teens, your age to be helping out so much and giving to this cause so selflessly is amazing. Every time one of our kids or women needs help, we are all so grateful for people like you. Without you and your organization, none of this would be possible, so we are just so thankful for Gold Bear Foundation."

As more people recognized their work, the organization garnered more support, expanding from a small group of seven members to an international organization of over 150 members.

With the additional help, Gold Bear Foundation was able to donate about 1900 items to a homeless shelter across the country in New Jersey, as well as a water filtration system to a village in India to help over 300 students cope with unbearable heat waves. As Patil continues on her mission to help those struggling economically, she hopes to expand the organization even further to support as many people as possible.

If you're interested in joining Gold Bear Foundation or learning more about the organization, please visit www.goldbearfoundation.org.

Former San Jose Mayor Sam Licardo teaching at Stanford

"Teaching is not a career, but a passion!" – Sam Liccardo

By William Bellou

Publisher

Pormer San Jose Mayor Sam Liccardo had his first day teaching on the Stanford campus this week, and he says he couldn't be more excited.

Liccardo started a part-time teaching arrangement as a Stanford University law professor last week.

Liccardo's 25-graduate student course, called "How Cities Can Save the World," explores the fiscal, legal and political struggles of policymaking to solve what he said are the top See LICCARDO, next page







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Times Local News

San Jose council meeting starts with drag performance

By Jana Kadah

an Jose is sending a clear message. It stands by the LGBTQ community as other parts of the country double down on outlawing drag shows.

The San Jose City Council started its Tuesday meeting with a performance by local drag artist WooWoo Monroe—a first in city history.

Councilmember Omar Torres invited Monroe to protest anti-drag legislation proposed in Republican-majority states such as Arizona, Oklahoma and Kentucky. Tennessee was the first state to outlaw drag shows in public spaces earlier this month.

While California and San Jose haven't seen similar legislation proposed, Torres said it's still important to remind residents that the city is a welcoming space.



Local drag artist **WooWoo Monroe** opened the San Jose City Council's recent Tuesday meeting — a first in city history. Monroe spoke against anti-drag legislation and performed the Broadway song, "I Am What I Am." *Photo by Jana Kadah*

"Our city should be the sanctuary to reinvest and uplift Black, LGBTQ and non-binary folks so they can develop their talent, creativity and where they can thrive and become architects of their lives," Torres said at the meet-

ing. "We shouldn't be making (drag) illegal, we should embrace it"

Local drag artist WooWoo Monroe read stories, and sang at "Storytime" last November at the Sunnyvale Public Library.

Monroe shared books with themes of inclusion, love and celebration with families with children aged 0-5 years old.

Monroe sang "I Am What I Am" from the 1983 Broadway musical "La Cage aux Folles" and said non-LGBTQ allies need to speak out against anti-drag and anti-trans legislation that aims to "suppress people who are only trying to do and live a life of authenticity."

"When we live in a world where you cannot express your true self, you become a prisoner," Monroe said.



San Jose kicks off its council meeting with a drag performance by **WooWoo Monroe** to protest the anti-drag and LGBTQ legislation across the nation.

become architects of their lives," Torres said at the meet-We are Back!!! Italian American Heritage Foundation **Annual Crab Feed!** Friday, April 21, 2023 Location: Italian American Heritage Foundation Wine and Beer sales at 425 N. Fourth St. the bar. San Jose, CA 95112 Live Entertainment Social Hour: 6 PM Dinner: 7 PM Event Chairs: Nanci Wilborn, Price: Judy Rizzuto and Ken Borelli. \$70 per Member \$75 per Guest Fresh Crab by the Bucket Reserve Tables Salad **Available** Duke Mantee and the Penne al Ragu alla Bolognese **Gold Money Band Garlic Bread Dessert RSVP** below or call 408.293.7122

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Italian American Heritage Foundation 425 N. Fourth Street San Jose, CA 95112

Liccardo

Continued from previous page

problems in American cities: poverty and homelessness, violent crime and global warming.

As a San Jose councilmember, Liccardo taught a local politics course at San Jose State University in 2011. He said teaching is not his career, but a passion.

Political observer Terry Christensen and political science professor emeritus at San Jose State University, said Liccardo is a great professor because of his policy and legal experience both in San Jose City Hall and the Santa Clara County District Attorney's Office where he worked from 2001 to 2006.

Christensen said he anticipates this will be temporary for the former mayor.

Liccardo is considering a run for Congress, and paid for a poll to assess his electability, but did not confirm whether he would take on incumbent Zoe Lofgren in 2024.

"If I'm running for Congress or any other office, there won't be any need for rumors or speculation," Liccardo said. "I'll be very explicit. Right now I'm evaluating the options."

Almaden Times Real Estate

Times Feature

TECH JARGON OF THE WEEK: Data Center

By Shubhi Asthana

ave you ever stumbled into a conversation where everyone is speaking around this "techie" word – and even after you've broken in, it is diffi-



cult to understand the unfamiliar jargon and acronyms? Well, there's no need to sweat it. Let me teach you the meaning of some commonly used tech words:

Data Center

In the past articles, I have referenced Data Center multiple times. This week lets understand what

a data center is, in a more detailed manner.

Data center is basically a special building or room built to house a lot of running computer servers. It provides fast network connections between servers to communicate and process a lot of data, and some for talking to the outside world. There are cooling machines to deal with heat from each server and control moisture to stop computers from breaking too fast. There is often an emergency electricity supply available to a data center, to make sure that computers still work even when mains power goes out.

A business typically relies heavily upon the applications, services and data contained within a data center, making it a focal point and critical asset for everyday operations.

How does it work?

Data centers are not a single thing, but rather, a

conglomeration of elements. At a minimum, data centers serve as the principal repositories for all manner of IT equipment, including servers, storage subsystems, networking switches, routers and firewalls, as well as the cabling and physical racks used to organize and interconnect the IT equipment. A data center must also contain an adequate infrastructure, such as power distribution and supplemental power subsystems. This also includes electrical switching; uninterruptable power supplies; backup generators; ventilation and data center cooling systems, such as in-row cooling configurations and computer room air conditioners; and adequate provisioning for network carrier connectivity. All of this demands a physical facility with physical security and sufficient square footage to house the entire collection of infrastructure and

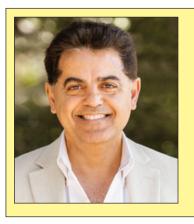
There is no requirement for a single data center, and modern businesses may use two or more data center installations across multiple locations for greater resilience and better application performance, which lowers latency by locating workloads closer to users.

Data centers are normally built and used by companies that need a lot of always-on computer, companies that are hired to do computing for someone else (for example, ones that do web hosting), and most modern telecommunication companies.

Do you enjoy reading this column? Send in your comments or feedback to the author at shub.saxen@gmail.com. Shubhi Asthana works as a Research Senior Software Engineer at the IBM Almaden Research Center, San Jose.

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OSC has opened a new program for women based upon equine interaction and equine-assisted-learning, designed to develop self-awareness and self-acceptance, confidence and resilience, and safe boundaries.

G.R.I.T. is for adult women led by OSC founder Landa Keirstead. The small group meets in 2 hour sessions, once per week for six-weeks

> Contact One Step Closer for more information and to enroll one.step.closer@sbcglobal.net 408-778-3567



Publication day: April 26, 2023 Deadline: April 23, 2023

Write to editorial@timesmediainc.com



Times Feature

Rills and stills

By Matthew Frazier Certified Water Manager Qualified Stormwater Manager

or those of us living in and working in San Jose's mystic Almaden Valley the recent rains and winds have brought a plethora of reactions ranging from irritancy

Many of our gardens and landscapes have been overwhelmed by these elements. The ebb and flow of water is never the same twice.

Rills are miniature rivers which $make\,their\,way\,through\,our\,soils,$ running along and throughout our environs. Stills, what better time for still frame photography, with the gray and slate skies which give stark contrast to these rains, there is such drama and majesty!

Rills carry rainwater and stormwater across our gardens and landscapes in small rivers and some sheet flow. These tiny angular depressions bring precious natural waters to the roots and root zones. Hydro zoning in such conditions brings great abundance and yields.

For those immersed in both professional and recreational Photography, these rills and stills are a gift: Their details, nuances, and textures elicit a great stir of emotions and imagination. The sharp contrast of cold weather and sunny days is sure to be the subject matter of conversations here in this valley and beyond.

For those of us looking for ways to effectively and efficiently direct rainwater and stormwater to our flowers, shrubs, trees, and other botanicals: what better time to create rills and capture them as stills? We can reference our creations as stills and blueprints for our next irrigation events.

Over the years, I have come to know independent photographers throughout the county and the state, sharing with me their unique visions of Nature and the environs which contribute and sometimes dominate their imaginations and palates. The possibilities are plethora.

Myriad moments can be captured in time as portraits of mortality. These small microcosms of atmospheric rivers lend themselves to us as aids in healing our sun-beaten soils and terrains. The summer droughts which plague California are many. These past few weeks of rain and wind have delivered to us something magi-

Turning my attention to the basements and conference rooms of libraries throughout Santa Clara Valley, I will likely soon meet our readers and share with them each and all their experiences as home

 $owners\, and\, gardener-land scapers.\, Our\, roofs\, are$ watersheds that afford us great relief from these

By observing firsthand the waning sunlight and rising moonlight through high windows in the antiquated and quaint spaces of our community centers and libraries, I hope to continue and expand upon the comments and conversations which have arisen from the entries in the three local papers of Times Media.

We are barely into spring season and we have been feeling the brunt of harsh elements in our mornings, days, evenings, and nights. The time for dialogue pertaining to future projects is now; a time for discussion and the time for talk of Rills and Stills. Be well, one and all.

Matthew Frazier, Certified Water Manager, via email: kitchenfrazier@hotmail.com



To comment on this column, you may reach



essential service and taking all recommended CDC precautions.



408-477-2242

3519 San Felipe Rd. San Jose, CA 95135 www.sosautorepair.com Times Arts

Symphony San Jose presents Brahms & **Fandango May 6-7**

Tickets now available online for both performances

ymphony San Jose's next concert performance is Brahms & Fandango which will be performed Saturday, May 6 at 8:00 p.m. and Sunday, May 7 at 2:30 p.m. at the California Theatre in downtown San Jose.

Violin virtuoso Anne Akiko Meyers performs a new commission from preeminent Mexican composer Arturo Marquez. Her request for a concerto based on Mariachi traditions reflected Marquez father's heritage, and so was born the fiery, soulful Fandango. Also on the program are Gerald Finzi's Prelude, and Johannes Brahms Symphony No. 4.

The Program

Gerald Finzi: Prelude for String Orchestra in F minor

Arturo Marquez: Fandango Johannes Brahms: Symphony #4 Conductor: Tatsuya Shimono Soloist: Anne Akiko Meyers, violin

Tickets by phone: 408.286.2600 ext. 1; Website: www.symphonysanjose.org; Email: jmeyers@symphonysanjose.org; or visit the Box Office: 325 South First Street, San Jose, 95113. Located between San Carlos and San Salvador Street next to the California Theatre. Ticket Office Hours: Monday through Friday, 10 a.m. to 5 p.m.



Conductor Tatsuya Shimono, and Soloist Anne







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Times Feature



San Jose Mayor **Matt Mahan** takes a bike ride with SJPD Chief **Anthony Mata** to highlight the need for increased public safety needs.

Mayor Mahan and Police Chief highlight need for increased community safety by taking to the trails

Mayor's budget proposal supported by Police Chief prioritizes reducing crime

an Jose Mayor Matt Mahan and San Jose Police Department Chief Tony Mata participated in a bike patrol along the Coyote Creek Trail in South San Jose to highlight the need for increased public safety measures, a focal point of the mayor's proposal April 5th.

"When people don't feel safe in their own neighborhoods, little else matters," said San Jose Mayor Matt Mahan. "Ensuring the safety of the community is our fundamental obligation – which is why my budget proposal calls for doubling the rate at which we hire officers and investing in recruitment and retention."

Mayor Mahan and Chief Mata advocated for deeper investments in San Jose's police department to improve response times, implement community policing, and better protect residents of San Jose. San José continues to have the most thinly staffed police department (with only 11 officers per 10,000 residents, or 1173 officers total) of any major U.S. city and increasing demands for response have prompted greater focus on strategic investment in SJPD.

Since 2020, incidents of violent crime in San José have risen by over 15%. When one of our neighbors is threatened with violence, the extra minute it takes for help to come can mean the difference between life and death, which is why it is even more important that we achieve appropriate staffing levels within our Police Department.

"Public safety is everyone's responsibility, and we need initiatives like the partnership with Santa Clara County Water District and the City to promote safety on

our bike trails," said Chief of Police Tony Mata.

In his budget, Mayor Mahan pushed the city to invest more money into public safety initiatives that are guided by common sense. The mayor's budget was unanimously passed by the City Council on March 21. Some of these investments include:

- Doubling the rate at which the city hires new police officers—from the 15 approved by Council last year to 30.
- Enhancing SJPD recruitment efforts by increasing officer referral and signing bonuses, a one-time officer relocation stipend, and programs designed to engage youth interested in law enforcement careers.
- Finding ways to divert 911 calls that don't warrant a law enforcement officer with a badge and a gun—especially those involving mental health crises, homelessness, and youth.
- Addressing the nationwide paramedic staffing challenge by investments in new recruitment and retention solutions, including adding more Fire Academy classes each year.
- Using remaining American Rescue Plan (ARP) funds to broaden San Jose's ability to prevent youth violence by investing in programs like the Clean Slate Program, the Safe Schools Initiative, Trauma to Triumph, and the Bringing Everyone's Strengths Together (B.E.S.T.) grant program.
- Collaborating with the County on recidivism intervention for high-risk populations such as those exiting jails, prisons, and hospitals who often end up as repeat offenders and members of the unhoused community.
- Accelerating the Pedestrian Safety Program, Safe Routes to School, and deploying quick-build solutions through Vision Zero.

Times Feature

Mark your calendars for free Hola Mohalla

Festival of Courage and Strength April 30

Free Admission and Complementary Food Sunday, April 30th at the San

Jose Gurdwara

By Kirpal AtwalSpecial to the Times

rirst, please understand that the inclement weather got in the way of us having our festival in March, so we had to postpone

We had to put safety first for if the ground was to be slippery, then people could get hurt, and for that reason, we postponed our uplifting festival to Sunday, April 30th, 2023 from 10 a.m. to 5 p.m. and we hope you will be there!

As a director of the Sikh Gurdwara, I'd like to invite you to this festival and tell you about it, for this is our gift to the community.

It's called the Hola Mahalla and it is a time and place where you and your family and friends are invited to our place. All is complementary. We also have special booths where you can buy special goods from vendors. Remember, our site is a community asset so we have a temple and also help the community in many ways, so all are always welcome to visit the Gurdwara. We offer help to the community in so many ways for we are your brothers and sisters.

The festival is held outside on the big field and too, you are welcome to casually walk the grounds of the Gurdwara in San Jose. Out on the field you will be able to connect with all members of the community. You'll see so many events and the kids as well as adults are encouraged to run races.

History

More than 300 years ago in the country of India, the revered 10th Guru of the Sikh religion, Guru Gobind Singh Ji decided to create a new festival which would promote strength and courage. Also, beautiful words of poetry combined with traditional music were included with the court poet Bhai Nand Lal.

The Festival of Courage and Strength (Hola Mohala) is truly a unique kind gift to Evergreen Valley residents. Admission is free of charge and thousands of Sikhs and volunteers of other faiths organize the event which also offers large amounts of complementary tasty specialty recipes of delicious handmade food and beverages. The kids love it and perhaps one reason is, it's a time and place where all cultures congregate with laughter and good conversation viewing fascinating events of skill and courage.

The festival continued year after year worldwide and was welcomed to Evergreen Valley over a decade ago at our community center open to everyone. Gurdwara on the Hill is the largest Sikh Gurdwara (Religious Temple and Community Center) in the United States.

Located all the way up Quimby Road in the Evergreen foothills, this is a day where all people of all cultures and religions are invited as guests of the American Sikhs in the Bay Area.

As American Sikhs we do not attempt to convert (proselytize). Instead we welcome all people of all beliefs to join as one in celebrating life and the spirit of strength and courage in living it! We believe everyone is very special and all of us are equal to each other. Men and women too! We Sikhs work with all churches, all people in the community and world-wide.

The Festival will be reminiscent of visiting India, with your opportunity to taste delicious Indian food offered by numerous vendor booths. This celebration highlights the joy of celebrating one's physical strength and too honors the mind with presentation of beautiful music combined with important and meaningful poetry as well as many other facets which help all peo-

ple to reflect upon the importance of developing strength in one's inner self.

A gift to you

With outstretched generous hands we welcome you, your family and your friends, this Festival of Courage and Strength (Holla Mohalla) is truly a unique kind gift to Evergreen Valley residents. Admission is free of charge. Thousands of Sikhs and volunteers of other faiths organize the event which offers large amounts of complementary tasty specialty recipes of delicious handmade food and beverages. The kids love it!

It's a time and place where all cultures congregate with laughter and good conversation viewing fascinating events of skill and courage.

There is so much to do and see. Some like to get there early arriving at 10 a.m. when the parking is light and easy. Also, as the day moves forward in the morning time, one can sample the food first with less lines on the large field. If you would like to purchase items, there will be various vendor booths that offer authentic items from all over the world.

The complementary items are bestowed with hearty smiles too and include fresh squeezed mouthwatering cane juice, husked ready to serve flame roasted corn on the cob, secret family recipes of tasty Indian fried foods, numerous side dishes, smooth delicious thick frozen ice cream and much more. The large stage presents music and more throughout the entire festival from 10 a.m. to 5 p.m. while all around you is a buzz of sporting events.

Free pony rides

Pony rides are a big hit with the kids, as they get a chance to experience riding a real Shetland pony. This makes wonderful joyful memories for the little ones. Make sure you bring your camera!

Your sports team is encouraged to sign up for a challenge

If you wish to enter the sports team challenge such as basketball, or volleyball or other sports, sign up a week in advance by going to the Gurdwara website: www.sanjosegurdwara.org

Children and adults are encouraged to run races so don't forget to wear tennis shoes. The philosophy is for everyone to find ways to develop and be proud of each person's individual strength of mind and body.

Our hope is one day this event could be thought of as the Evergreen Festival where people will truly feel like that this field day of events truly belongs to them.

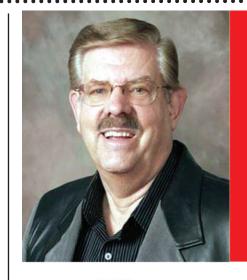
Be sure to mark your calendars for the Sunday, April 30th Hola Mohalla (Festival of Strength and Courage) which celebrates the beginning of the Sikh New Year. Bring your family and friends and prepare to nurture your competitive spirit. Just by watching you do yourself good. The strength and courage of sports will uplift you.

Spread the word...

You are encouraged to bring your friends and neighbors to introduce them to the joyous nature of how the Evergreen Valley celebrates diversity and promotes respect for all cultures and people!

Editor's Note: The best way to enjoy the festival is to park at Evergreen Valley High School or Carolyn Clark Elementary School which will have shuttles going and coming all day starting at 10 a.m. The event is free and food is complementary. All age groups are encouraged to watch the sporting events and participate. Also, if one wishes to donate or volunteer to help with all the things the Sikhs do in the community during the year, the information is available on their website.

For more information visit: sanjosegurdwara.org or contact Kirpal Atwal at (408) 835-7712. The address of the Gurdwara is 3636 Gurdwara Ave, San Jose, CA 95148. Stay connected and download the San Jose Gurdwara App.



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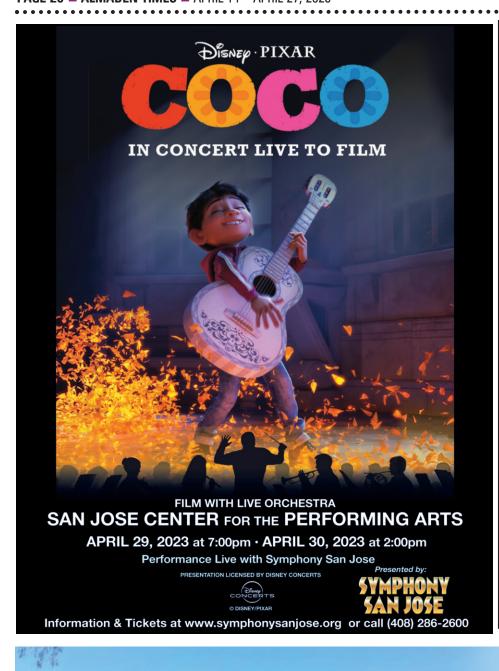
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Despite losing

residents at an

California's public

school enrollment

woes are part of a

national decline

in enrollment.

alarming clip,

Enrollment

Continued from page 4

in public schools and that schools meet family needs," the California Department of Education said in a press release. "Over the last four years, Gov. Gavin Newsom, the Legislature, and State Superintendent of Public Instruction Tony Thurmond have

worked together to secure \$23.8 billion in programs and initiatives to engage families and students in public schools, address and dismantle barriers to student success, and jumpstart learning recovery."

The decline in public school enrollment comes as California continues to experience a mass exodus of inhabitants to other states. Between April 2020 and

July 2022, the state's population declined by over 500,000.

From July 2021 to July 2022, the state lost 211,000 people, including 113,000 from Los Angeles County alone.

Along with the population decline, the state is grappling with the lingering effects of the pandemic school closures that saw the state lose track of 150,000 students.

The enormous decline in student enrollment over the past three years is not properly accounted for by factoring increases in private school enrollment and homeschooling, the Los Angeles Times reported earlier this year.

"I know the state frame is: Enrollment has stabilized. But at some level, that's missing the point, which is that these kids aren't coming back," said Stanford's Thomas Dee, a professor at the Stanford Graduate School of Education, about the latest enrollment data. "We haven't seen, and are unlikely to see anytime in the near future, a bounce back from

the substantial loss in public school enrollment that occurred over the pandemic."

But despite losing residents at an alarming clip, California's public school enrollment woes are part of a national decline in enrollment. A February report from Stanford's Dee for the Urban Institute said public school enrollment declined nationwide by 1.2 million students, a fact that could only partly be explained by correspon-

ding increases in private school enrollment and homeschooling.

The report also noted that in the past three years, the nation's school-aged population declined by 250,000. The nation's birthrate has continued to decline in recent years and has fallen below replacement for over a decade.

In 2021, California's birthrate was 10.7 births per 1,000 people, a far cry from 1991, when it was 20 births per 1,000. The national birth rate per 1,000 was 11 in 2021, according to the Centers for Disease Control and Prevention.



Times Cover Story

Segovia

Continued from page 1

oblivious to his wife's alleged scheme to import valeryl fentanyl, his niece said. The shipments of drugs were marked as "wedding party favors" or "chocolate and sweets," federal prosecutors said.

Segovia, 64, is accused of helping coordinate the shipping and receiving of thousands of illicit opioids over several years as part of an apparent international drug smuggling ring funneling products into the Bay Area.

Jayadev, a vocal police critic who launched De-Bug more than 20 years ago, said he's never before witnessed allegations such as those against Segovia, who he described as a central figure in a police organization.

"This is the wildest thing I've seen," Jayadev said. "If this was a Netflix episode that was pitched, I don't know if people would even buy it. And it's in our city."



In hundreds of WhatsApp messages to a recipient with an India country code, Segovia is alleged to have sent "pictures of tablets, shipping labels, packaging, payment receipts and payment confirmations," authorities said

Investigators said Segovia used both her home and police union computers, as well as her work email address, to help run her operations.

"What culture is the (police union) rooted in that would allow that measure of arrogance?" Jayadev said. "That woman felt she had a license to do it. There had to be some culture that invited her the confidence to feel like she could do this, and that is a reflection of SJPOA."

San Jose Police Chief Anthony Mata declined an interview request through a spokesperson, but provided a written statement.

"This news is disheartening and comes as a shock to me and the leaders and membership of the SJPOA," he said.

LaDoris Cordell, a retired judge and San Jose's former independent police auditor, said the union's response to the case could ultimately hurt a yearslong effort to solidify public trust with police in the city.

"We have yet to hear an explanation about how this could possibly happen for the number of years it is alleged to have occurred," Cordell told San José Spotlight. "How could someone get away with such a criminal enterprise for so many years and nobody noticed?"

Saggau has previously said there isn't any "internal control" he can think of that could have uncovered Segovia's actions.

"How would anybody at the SJPOA have known about this?" he said.

Saggau stood his ground against critics, instead pushing back by posing the same

scenario for Cordell—if anyone in her office during her time as a police auditor were to have engaged in anything nefarious, would it have been assumed that she should have readily known?

Cordell said no one in the independent police auditor's office has ever been accused of or charged with a similar crime, and that her office had frequent audits and strict oversight from the city. She said Saggau's attempt to cast aspersions on her former office, and his view that there wasn't any way to know about Segovia, are both troubling.

"If he is throwing up his hands and say-



ing, 'There is nothing we could have done,' what is there to stop the next person who comes into the position of executive director, or anybody else on staff, from doing the exact same thing?" Cordell said.

She said Segovia betrayed the trust of the union, likely using her position as a cover from any suspicion. Nonetheless, she said the organization will need to be transparent and honest in the aftermath of this case.

"If they want to build trust they need to say, 'We dropped the ball, and here are the things we can do better going forward to make sure this doesn't happen again,'" Cordell said.



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- · Lighted Window Pro-

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sation.

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http://www.eics 2486 Ruby Ave, San Jose CA 95148. (408) 239-6668 ` 'As-Śalaamu-Alaikum" the English meaning is "Peace be upon you".

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A) Islam is a faith and way of life. Islam began in the 7th century. People who follow Islam are known as Muslims. The Quran is the Divine book that guides Muslims to practice Islam. "Hufazik Allah Waeayilatak"" the English meaning is " May Allah (swt) protect you and your family". Please visit our website to

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