

Bronx Plastic Surgery

Plastic & Reconstructive Surgery BOARD CERTIFIED PLASTIC SURGEON Robert D. Goldstein M.D., F.A.C.S.



Experience the life changing effects of enhancing and restoring your natural beauty with the latest surgical advancements and techniques.

BREAST PROCEDURES:

LIFT
REDUCTION
AUGMENTATION

BODY PROCEDURES:

- LIPO LIPO 360
- TUMMY TUCKS
- MOMMY MAKEOVERS

FACE PROCEDURES:

FACELIFT
 EYELID SURGERY
 CHEEK DIMPLE CREATION

PRE - SUMMER SPECIAL PRICING ON LIPO & LIPO 360 (for appropriate clients) CALL FOR CONSULTAION NOW OFFERING: Vaginal Rejuvenation Procedure (Starting in May)



Throggs Neck Shopping Center 815 Hutchinson River Parkway Bronx, NY 10465 Phone: 718 - 405 - 7500 www.bronxplasticsurgery.com drgoldstein@bronxplasticsurgery.com Se Habla Español | Financing Available



DAT, MAY 12



DELI COMBO SPECIAL	Boar's Head 1/2 lb each
	7 Spiced Ham & American Cheese ^{\$} 10. ⁴⁹
#2 Bologna & American Cheese ^{\$} 10. ⁴⁹ #8	³ Homemade Roast Beef & American Cheese ^{\$} 13. ⁴⁹
#3 Genoa Salami & Provolone\$12. ⁹⁹ # 9	Low Sodium Ham & Muenster Cheese ^{\$} 13. ⁴⁹
#4 Mortadella & Provolone\$11.99 #1	0 Prosciutto & Mozzarella Cheese ^{\$} 14. ⁹⁹
#5 Low Sodium Turkey & Lacy Swiss ^{\$} 13. ⁴⁹ #1	1 Soppresatta & Provolone cheese ^{\$} 14. ⁹⁹
#6 Pastrami & Swiss ^{\$} 13. ⁴⁹ #1	2 Homemade Turkey & American cheese ^{\$} 11. ⁹⁹

FRESH SALAD BAR STARTING \$11.49 lb

OVER 100 SANDWICH CHOICES

OR CREATE YOU OWN!

HOT & COLD BUFFET DAILY!

FROM THE GRILL

Burgers & Fries Wings Philly Cheese Steaks Chicken Cheese Steaks Corned Beef or Pastrami Rubens





HOT TRAYS 1/2 TRAYS SERVE 10 -12 PEOPLE

Chicken Cutlet ^{\$} 75	Chicken Marsala ^{\$} 75
Sausage & Peppers ^{\$} 75	Fried Eggplant ^{\$} 75
Grilled Lemon Chicken Breast ^{\$75}	Pepper Steak ^{\$} 75
Baked Lasagna ^{\$} 90	Philly Cheese Steak ^{\$} 75
Baked Ziti ^{\$} 65	Stuffed Shells with Beef ^{\$} 75
Italian Meatballs ^{\$} 75	Marinated Grilled Chicken ^{\$} 75
Swedish Meatballs ^{\$} 75	Marinated BBQ Grilled Chicken
Eggplant Parm ^{\$} 75	Spare Ribs ^{\$} 75
Veal Cutlet Parm	Buffalo Wings (Hot-Honey)
Beef & Broccoli ^{\$} 75	Buffalo Chicken Tenders ^{\$} 85
Stuffed Peppers (9) ^{\$65}	Fried Wings ^{\$} 75









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Rogosin is the largest not-for-profit dialysis provider in NYC with locations in the Bronx, Manhattan, Queens, and Brooklyn

CALL 888-ROGOSIN (888-764-6746)

Rogosin dialysis centers offer:

- Quality care with an average 4 out of 5 stars for quality patient care rating
- A physician and/or nurse practitioner to see patients at treatment
- Support for patients in all areas including nutrition and social work
- Comfortable treatment rooms with cable tv

Our Bronx dialysis center is located at the Methodist Home for Nursing and Rehabilitation in Riverdale

4499 Manhattan College Parkway Bronx, NY 10471

For more information, please call 1-888 764-6746 Methodist Home, 718-732-7100





Tree and Yard Service. Spring Clean-ups. Insured 347-939-1757. Local guy

Newly renovated 2400 square foot, 3 bedroom 2 1/2 bathroom, house wifi included, parking included, washer and dryer \$3,500 (914) 258 5613

Store for rent \$3,000 monthly on Tremont Ave 201-744-8044

M-1 zone 2,500 sq ft Garage \$3,000 monthly off East Tremont Ave 201-744-8044 Furnished Room for rent \$800 monthly on

Tremont Ave 201-744-8044

3 Bedroom apartment for rent in Pelham Bay. Newly renovated kitchen and bathroom. Close to public transportation and shopping. Please contact 646-488-7889

Multi Garage sale. Sat May 20th 9:30am Logan Ave between Otis and Barkley Ave

One Bedroom apartment for rent in Pelham Bay \$1,450 utilities included. No pets, no smoking Pel Bay Realty, Bill 917-841-5462. Reduced Fee Home Inspector at your service! Call: 718-<u>409-4445</u> #16000138698

NURSE'S / CNA'S NEEDED NORTHEAST BRONX NURSING HOME. RN SUPERVI-SORS, RN STAFF NURSES. 1199 LPN'S & CNA'S. FULL TIME, PART TIME, PER DIEM. CALL TO SCHEDULE INTERVIEW: 718-798-8600 ASK FOR CASSANDRA, NURSING SECRETARY

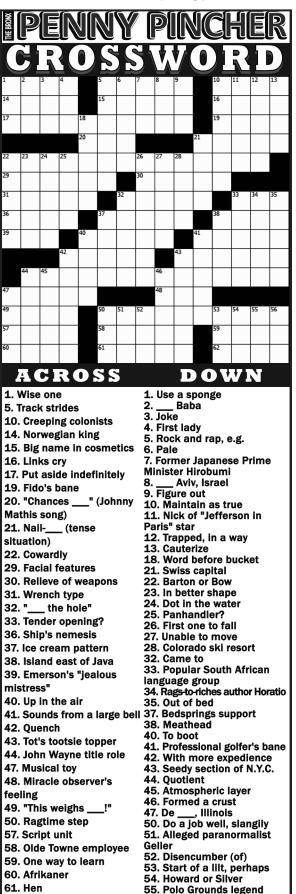
Ajax Courier Services, Tri State Area. Punctual - Reliable. 718-603-0529

Pelham Bay 2 BR "Nice" \$1,950 / 3 BR Riverdale w/ laundry \$2,700 / Brand new 3 BR

Morris Park Performing Arts Center at Jacobi ^{1400 Pelham Parkway South Bronx, NY 10462 (Use Morris Park & Seminole Ave Entrance)}







56. Pigskin's perch

62. Pot chip





EDGEWATER PARK, CO-OP

THIS UNIT WILL BE KNOCKED DOWN AND IS A GREAT OPPORTUNITY FOR A CARPENTER OR CONTRACTOR TO DESIGN A CO-OP TO FIT YOUR NEEDS. WE ARE WELCOMING ALL CASH OFFERS. ENJOY THE MANY AMENITIES THIS COMMUNITY OFFERS: SECURITY / CAMERA, SECURITY WALKS THROUGH COMMUNITY, BEACH, PLAYGROUND, TRACK, BASKETBALL COURT, VOLUNTEER FIRE HOUSE, COMMUNITY ROOM FOR MEETINGS AND EVENTS FOR SHAREHOLDERS, DELL CORPORATION ON PREMISES AND EXPRESS BUS PICK UP AND DROP OFF IN THE COMMUNITY. 109,000 WITH SHARES INCLUDED.



EDGEWATER PARK CO-OP THIS WATERFRONT RANCH UNIT IS A MUST FOR WATER LOVERS. THIS TLC UNIT NEEDS YOUR PERSONAL TOUCHES & STYLE TO CALL HOME- CAN EXPAND AND **BUILD 2ND FLOOR. FLOOR PLAN CAN BE DESIGNED SEVERAL WAYS. LAYOUT FEATURES: NICE SIZED DECK TO ENTERTAIN & BBQ. ENJOY SPECTACULAR DECK VIEWS OF**

OR DESK, EIK FITS- TABLE FOR 2. SHED IN YARD, ADD'L STORAGE & CRAWL SPACE OUTSIDE, PARKING LOT NEAR UNIT. ENJOY DOCK FISHING AND MANY COMMUNITY AMENITIES ON PREMISE. \$275,000 W/ SHARES INCLUDED.



EDGEWATER PARK, CO-OP

THIS IS A MUST SEE- WON'T LAST- JUST TURN THE KEY AND MOVE RIGHT IN TOTALLY RENOVATED, OPEN AIR CONCEPT. FLOOR PLAN: FRONT YARD, ENTRANCE FOYER, BRAND NEW KITCHEN CAN FIT TABLE AND CHAIRS W/ QUARTZ COUNTERS, DINING LIVING ROOM WITH WATER VIEW AND ROOM. POWDER ROOM. 2ND LEVEL: MBR WITH BRAND NEW BATHROOM, 2 ADDITIONAL BEDROOMS AND 4TH ROOM DEN/ OFFICE/ BEDROOM WITH 41H ROOM DEN/ OFFICE/ BEDROOM WITH SPECTACULAR WATER VIEWS. PLUS BASEMENT FOR STORAGE WITH ACCESS TO YARD. 2-ZONE HEATING AND YARD FOR ENTERTAINING. ENJOY THE AMENITIES THIS COMMUNITY

HAS TO OFFER ON PREMISE. \$519,000 WITH SHARES INCLUDED.

EDGEWATER PARK CO-OP THIS CO-OP UNIT IS A MUST SEE! LAYOUT FEATURES RANCH STYLE: KITCHEN, LIVING ROOM, DINING AREA, MBR, DEN / OFFICE, ADDITIONAL AREA TO PUT LARGE PANTRY OR DESK AND DOOR OUT TO YARD AND BATHROOM. ATTIC FOR ADDITIONAL STORAGE AND FINISHED BASEMENT WITH FAMILY ROOM AND LARGE CLOSET FOR STORAGE. SHELVES FOR ADDITIONAL STORAGE AND AREA TO PUT OFFICE. PLUS LAUNDRY ROOM AND UTILITY ROOM. YARD FOR ENTERTAINING AND NO FLOOD INSURANCE NEEDED. WHY PAY RENT WHEN YOU CAN OWN YOUR OWN CO-OP. WALK RIGHT DOWN TO WATER. ENJOY THE MANY AMENITIES THIS COMMUNITY HAS TO OFFER ON PREMISE. \$351,000 WITH SHARES INCLUDED.







THROGS NECK

2 FAMILY DETACHED FRAME, 6 ROOMS 3 BEDS, OVER 6 ROOMS 3 BEDS, DETACHED GARAGE, LARGE BACKYARD - **\$789,000** CALL GILDA - **917**-704-7796

APARTMENTS - CALL GILDA 917-704-7796

MORRIS PARK: 4 ROOMS 2 BEDROOMS \$2,000 PELHAM BAY: 3 ROOMS 1 BEDROOM \$1800, INCLUDES ALL UTILITIES

Holy Spirit, you who make me see everything and show me the way to reach my ideal. You who give me the divine gift to forgive and to forget the wrong that is done to me and you who are in all instances of my life with me, I in this short dialogue want to thank you for everything and confirm once more that I never want to be separated from you no matter how great material desires may be. I want to be with you and my loved ones. Persons must say this prayer for 3 consecutive days without asking your wish. After third day your wish will be granted no matter how difficult it may be. Promise to publish this dialogue as soon as your favor has been granted. - N.L.V.

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Justin Stuckey Associate Real Estate Broker 646.752.1608

Marisa Vecchiarello Lic. Real Estate Salesperson 917.607.6737





Throggs Neck all brick ranch with 3 room walkout basement. Priced to Sell! Vincent Buccieri, Lic. Assoc. RE Broker 917.440.2122



Legal 4 Family investment property close to Morris Park subway station Vincent Buccieri, Lic. Assoc. RE Broker 917.440.2122





Pelham Bay Single Family. Congrats to our happy Sellers! Sold by Justin Stuckey, Lic. Assoc. RE Broker Since 2004. 646.752.1608



JUST SOLD



Local Office: 3770 East Tremont Avenue, Bronx, NY 10465 NMLS #894875 David Valcich Mortgage Loan Originator - NMLS# 56480 (914) 391-1281 dvalcich@ambmortgage.com (718) 229-3399 - WWW.AMBMORTGAGE.COM

FEDERAL FAIR HOUSING REGULATIONS FOLLOWED IN ALL PROGRAMS. This Offer is made by Associated Mortgage Bankers, Inc. 2395 Ocean Avenue Suite 5 Ronkonkoma, NY 11779. All approvals are subject to underwriting guidelines. Associated Mortgage Bankers Inc. is a licensed mortgage banker licensed by the NYS Dept. of Financial Services, license #B500812, NMLS #24794.





3010 MIDDLETOWN ROAD, BRONX NY 10461 (BETWEEN CROSBY AND HOLLYWOOD AVE.)

Neighborhood Updates Matthew Cruz District Manager Bronx Community Board #10 3165 East Tremont Avenue Bronx, NY 10461 (718) 892-1161

Bx10@cb.nyc.gov

DISTRICT NEEDS REQUESTS

Each year the City of New York requires each Community Board to submit a list of capital and expense requests. For example, Bronx Community Board #10 often suggests increasing litter basket collection, allocating more funding toward the sidewalk repair program, and assigning more police officers to our precinct to name a few. If you have an idea or request, feel free to bring it to our attention. We must demand the City of New York continue funding popular and successful municipal services. Requests are prioritized. If your request does not make it to our final list, we will have it on record for future District Needs Statements.

ILLEGAL COMMERCIAL VEHICLES Commercial vehicles and tractor trailers plague our service roads and residential streets daily. We need your help! You must call 311 whenever you see a commercial vehicle between the hours of 9 P.M. and 7 A.M. parked on a residential street or service road. When you retrieve the 311-confirmation number, please consider e-mailing the 45th Precinct at caopct45@gmail.com with the location of the vehicle and its license plate number if you can obtain it. Our 45th Precinct Community Affairs will ensure that these vehicles receive summonses. If all else fails, please contact our office by phone or e-mail so that we can bring the issue to the precinct's attention.

GARBAGE AND RECYCLING TIME CHANGE

By now you know that the City of New York changed the times when we can set out our household and recycling waste. We can no longer set out our household and recycling waste before 6 P.M. unless it is in a container with a lid. If it is not within a container with a lir, then you must wait until 8 P.M. to place it on the curb. If you or someone needs garbage and recycling labels for your containers, please come to our office between 8 A.M. and 4 P.M. during the week. PLEASE TAKE NOTE: Once your ad has been placed, there will be NO REFUNDS. PLEASE: Read your ad the first day it appears. If any error was made by The Bronx Penny Pincher on a TELEPHONE NUMBER OR ADDRESS the publisher will be happy to correct it FREE OF CHARGE. The Publisher is not responsible for typographical errors. However, the Publisher must be notified within 48 hours of THAT publication or the publisher will not assume responsibility. Please include your phone number and/or address in ad copy or the Publisher will not be responsible if either of the above is left out. PLEASE WRITE LEGIBLY. We will not be responsible for illegible handwriting.



All copy must be received by MONDAY, 2 WEEKS PRIOR to your event for that Thursday's Publication. The Bronx Penny Pincher reserves the right to refuse any copy that is not in the best interest of the community.

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we have grown to become one of the most comprehensive, full service facilities of our kind in the area.

Our admissions office will be more than happy to answer any questions and help you decide if Bay Park Center is right for you or your loved one. Please feel free to contact us at 718-239-6555 to have any questions answered or schedule a tour. You can also find us on our website at www.bayparkcenterfornursing.com

Programs and Treatments offered at Bay Park:

Special Services

- IV Fluids
- IV Antibiotics
- Diabetes Management
- Hospice/Palliative Care
- Respite Care

Respiratory Treatments

- Oxygen Therapy
- Tracheostomy Care
- Bi-Pap/C-PAP
- Suctioning

Skin/Ulcer Treatments

- Negative Pressure Therapy
 (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration
 Interventions
- Ulcer Care
- Surgical Wound Care

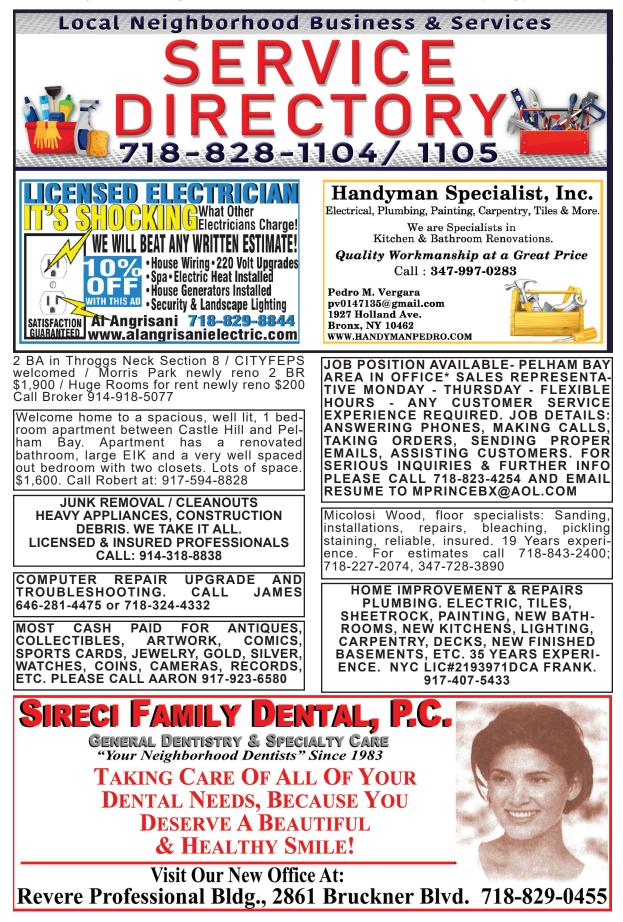
Special Programs

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

Rehabilitation Services

- Intensive PT, OT & ST 6 days a week
- Short Wave Diathermy
- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation









BRADY COURT COMMUNITY CENTER: Is excited to be having another Flea Market on *Saturday, May 20th from 10:00 AM to 5:00 PM.* Come join us. It is an opportunity to learn more about our Center, to celebrate Community and support local chefs, bakers, artists and entrepreneurs. We will have delicious food, beverages and baked goods. There will be jewelry, toys, funko pop, comics, art work, sports memorabilia, global items, household goods, pet accessories, handcrafted & vintage items, furniture, a Tarot Card Reader and much more. We are located at 768 Brady Avenue (corner of Holland Avenue and Antin PI) For more information, email bradycoopboard@gmail.com or call 718 828 3443.

BRUNCH SCONES

THE PELHAM PARKWAY NEIGHBORHOOD ASSOCIATION: Back with their monthly community meeting on *Tuesday May 16th,2023 starting at* 7:00 pm at our location 2134 Barnes Avenue corner of Barnes and Lydig Avenue Bx, NY 10462. Scheduled to appear are SPECIAL GUEST SPEAKER: Chief Derek Skuzenski, Office of The Sheriff of The City of New York ,Bronx County. Please join us for this very important and informative session .Our main goal is to improve our neighborhood and increase the overall quality of life and safety within it. We look foward to seeing you.

INGREDIENTS

I ³/₄ CUPS ALL-PURPOSE FLOUR 4 TEASPOONS BAKING POWDER 5 TABLESPOONS UNSALTED BUTTER 5 TABLESPOONS WHITE SUGAR ²/₃ CUP WHOLE MILK ¹/₂ CUP CURRANTS I EGG YOLK, BEATEN

DIRECTIONS

I - PREHEAT OVEN TO 400 DEGREES F (200 DEGREES C). LIGHTLY GREASE A BAKING SHEET OR LINE WITH BAKING PARCHMENT.

2- SIFT FLOUR AND BAKING POWDER INTO A MEDIUM BOWL. RUB BUTTER AND SUGAR INTO FLOUR TO FORM A FINE CRUMBLE. MAKE A WELL IN CENTER, AND ADD MILK AND CURRANTS. KNEAD GENTLY TOGETHER, BEING CAREFUL NOT TO OVER MIX. DOUGH WILL BE STICKY.

3- ON A GENEROUSLY FLOURED SURFACE, ROLL OUT DOUGH TO 3/4 INCH THICKNESS. STAMP OUT 2 1/2 INCH ROUNDS WITH A PLAIN PASTRY CUTTER. TRANSFER TO PREPARED PAN, AND BRUSH TOPS WITH EGG YOLK. ALLOW TO STAND FOR 15 MINUTES.

4- BAKE IN PREHEATED OVEN UNTIL RISEN AND LIGHTLY GOLDEN ON TOP, 12 TO 15 MINUTES. REMOVE TO A RACK TO COOL.

OFFICE FOR RENT IN TAX FIRM (STORE FRONT) ON BUSY STREET. 1073 White Plains Road, Bronx, NY 10472. Location in business for 35 years. \$1,500 per month, bus stop in front, window space for sinage. Photos. showings available please contact us (718) 829-0134 or SMARQUEZ@AKTAXLLC.COM

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 - Chimney Caps
 Seamless Gutters

