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Photo by Ashleigh Newnes



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Average temperature for Coffee County

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- Nashville International Airport (BNA)
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- Chattanooga Metropolitan Airport (CHA) 80 miles









Contact Datact

Escape and reenergize in the best that nature has to offer.

By Tina Neeley // Photos by Ashleigh Newnes

hen you're ready for your next adventure, there's a standing invitation to connect with nature, recharge, and enjoy time with friends and family at Manchester area lakes, campgrounds, and parks.

Lace up your boots and hit the trails. On an autumn hike, you'll notice the crisp air of the outdoors on your skin and the sound of leaves crushing under your feet. Spring and summer hikes will reward you as color bursts forth underfoot and in the overhead canopy. Expect to see stunning views of hills, forests, lakes, and rivers and a glimpse of area wildlife, such as birds, deer, and squirrels. The breathtaking panoramic views will be well worth the strain as you climb uphill. Hiking is a soul-rejuvenating experience.

On a day at the lake, let the gentle sound of lapping water lull you, and the fresh air revive you as you paddle your kayak or canoe. Feel the warmth of the sun and catch its dapple in the cove as you patiently wait for a tug at the end of your line. Rent a pontoon, slather on the sunscreen, crank up the music, and cool off as you zoom down the slide, competing for honors for the largest splash. Whatever you do on the water, you'll leave with a lighter spirit.

Gather around the fire pit and reflect on the day's best moments after an evening meal of the day's catch. Fall asleep under the stars and wake up to songbird serenades and ombre skies, ready to do it all again.

And remember to bring your clubs! Add a day on the greens to your plans, and teeoff expecting to improve your game and outlook. The course's holes of varying lengths and difficulty provide a unique challenge for golfers with different ability levels. Water hazards and sand bunkers add to the challenge of the game. It's a stunning environment offering not only challenging gameplay but also a sense of serenity and beauty.

So what are you waiting for? Plan your Manchester escape today!

Normandy and Ford Lake

Tims Ford Lake is a favorite for locals and visitors alike. Its 10,000 acres in Southern Middle Tennessee is considered one of the most picturesque in the state and is a top bass fishing destination. A lazy day on the water fishing or enjoying time with friends and family always renews the spirit. Kayaks, pontoons, paddleboards, jet skis, and tubes are available for rent, or you can bring your own. Area campgrounds and cabins offer overnight accommodations.

At Normandy Lake, a large variety of fish awaits your favorite lure or bait. Bass and crappie top the list at this 2,500-acre reservoir located in the South-Central portion of the state. With easy access for boats, kayaks, and canoes, anglers can fish from the banks or put in at the many convenient locations. Barton Springs and Cedar Point Campgrounds offer amenities and hook-ups for extended stays.









COLL Store For

Id Stone Fort State Archaeological Park is a unique destination rich with history and stories. Hike the park's six trails with easy, moderate, and strenuous ranges, and learn the history of Old Stone Fort. Follow the main hiking trail to explore the home of the largest and most complex hilltop enclosure with a Native American-built mound wall constructed 1500-2000 years ago. Twelve interpretative panels

along the trail retell the fort's history. Make plans to experience summer solstice, Earth Day, or a night hike where the park's many different features come to light in new and exciting ways. Duck River winds through the park, and steep trails provide access to fishing. Don't miss the beautiful waterfalls along the way! What are you waiting for? Plan your visit today. **tnstateparks. com/parks/old-stone-fort** He Duck River Greenway

work a slow, leisurely walk surrounded by nature's most beautiful scenery? The Little Duck River Greenway is located in the city limits of Manchester, but you'll feel as if you've escaped into a luscious countryside. The paved pedestrian walkway is 8 feet wide and features wooden boardwalks, bridges, an octagonal overlook, and the Keep

Coffee County Beautiful Memorial Bridge. The Greenway begins at Coffee County Middle School and connects Dave King Park, Fred Deadman Park, the Manchester Recreation Complex, the historic town square, and Old Stone Fort State Park. Pedestrians, bicycles, and leashed dogs are welcome, but the Greenway is not open to horses or motorized vehicles.



B roken Banjo RV Park's varied accommodations suit every need. There are cabins, tepees, treehouses, covered wagons, safari tents, and campsites for your RV, trailer, or tent. Pitch your tent alongside ponds, the creek, and woods. RV sites are pull-throughs with water, electric, and sewer connections and 20/30/50-amp

electric service options. Located at 586 Campground Road in Manchester, the location is ideal as a home base for exploring Tennessee's beauty. With activities to please all ages, you'll find scenic trails, water, outdoor recreation, family activities, and more, all within a short distance of the campground. **roadville.com/broken-banjo**



Spend the day exploring the Duck River in your kayak, canoe, or jon boat at Old Stone Fort State Park. You'll find a small-boat river access point along Stone Fort Drive just off the park's main entrance to your right. Enjoy a day of fishing for largemouth bass, bream, and catfish at the dam

constructed years ago to create a more peaceful angler environment. Enjoy the birdsong and wildlife as you paddle back through the more shallow headwaters of the Duck. You'll find the tensions of life have melted as you load up at the end of your journey, ready to plan your next Stone Fort adventure.

Millow Brook Golf Club

rade your hiking boots for golf shoes and head to WillowBrook Golf Club, where Tennessee's beauty and friendly competition greet you. The Par 72 course was designed by well-known professional golf course designer Jerry Lemons and first opened in 1995. The course is home to top golfers, future champions, and those who enjoy improving their

game. For nine consecutive years, WillowBrook received awards for Middle Tennessee's Best Public Course by The Tennessee Magazine and was voted Tennessee's Best Public Course in 2020 by the Tennessee Turfgrass Association. A day on the course with friends and family is an excellent way to take in all the game and nature offers. **golfwillowbrook.net**

ho can resist the cooling mist and beauty of a waterfall? Step Falls, a series of cascading waterfalls, awaits you five minutes from downtown Manchester at Old Stone Fort State Park. Blue Hole Falls, and Big Falls, with its 30-foot drop, are also located within the park. Just 10 minutes away is Rutledge Falls, where you'll be greeted by the Lady of the Falls statue.

Travel from there to Short Springs State Natural Area to Machine Falls. It will wow you with its 60-foot drop, one of the tallest in the state. Follow the Bobo Creek Trail loop for a view of the Lower and Upper Busby Falls. Are you feeling like going a bit farther? Less than an hour away, you'll find Foster Falls in Sequatchie and Greeter Falls at the Savage Gulf State Natural Area in Altamont.

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By Tina Neeley // Photos by Ashleigh Newnes

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Tastes and Savory Surprises: Exploring Manchester's Delights



he only thing better than comfort food is comfort food in the heart of small-town businesses huddled around Manchester's historic square. Amid those businesses, you'll find Renee Holt at The Mercantile serving food made fresh with ingredients from local sellers and her backyard.

The Mercantile is the realization of a childhood dream that grew from selling her baked goods, jams, and jellies at farmers markets throughout Middle Tennessee. It was something she'd always done with her family.

Holt said, "When I was in high school, [we] would drive around looking for places on the square to open up a sandwich shop. It was kind of just something we always talked about but never did," Holt said. The square was where she always wanted to be.

"I never wanted to be anywhere else but on the square," Holt said. "I love the history of our town, the...

small town feel of our square, even though it's grown tremendously in the past 10 years."

The Mercantile offers more than sandwiches. You'll find cafeteria-style meals of freshly made mashed potatoes, green beans, creamed corn, and a salad bar. You might choose burgers, chicken tenders, or chicken and waffles from the menu on the wall. Or check the deli case. It's filled with homemade chicken salad and pimento cheese. In addition, catering is available.

If it sounds like a lot of work, it is. But hard work makes a dream a reality.

"It's definitely labor, I can tell you that," Holt said. "It's just a labor of love more than anything."

Visit The Mercantile, 210 N. Irwin St, Manchester, (931) 723-2491, and follow MercantileSweetSimplicity on Facebook.



ometimes, only a burger will do, and in Manchester, nothing fits the bill better than Jiffy Burger.

Perhaps the secret ingredient to true comfort food is the memories it stirs. Jiffy Burger has been a Manchester staple since 1965, so generations of memories include the local diner that goes through 1,400 pounds of hamburger meat per week. And it's always fresh meat, never frozen, and always comes from the same supplier.

"It's a little bitty hole-in-the-wall that's been there forever; there's nothing fancy about it," said Tracy St. John, whose grandparents opened the restaurant in 1965, still owned and operated by St. John and her family today.

And it really is all about family.

"Growing up, I didn't really know the difference between customers and family because you see them so much," St. John said. "I see the restaurant as an extension of our family." But there's more than burgers at Jiffy Burger. The menu includes breakfast, but the burgers steal the show. St. John recommends the country ham at breakfast and the Bonnaroo burger, which surprisingly is layered with a fried egg and crispy bacon, an onion ring, tomato, lettuce, and mayonnaise.

"The egg thing got me," she said. "Why would you want an egg on a cheeseburger? But it seems to have worked."

Now it's a Manchester must-have and a favorite among locals.

"It makes you feel good when people continue to patronize your business years later," St. John said. "It still just feels like family."

Visit Jiffy Burger, 1001 Hillsboro Blvd., Manchester, (931) 728-4452, and follow the restaurant on Facebook.

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ou'll discover your new favorite restaurant a few miles off Interstate 24.

Freddie's_ Restau

It was Ben Laine's favorite place to spend time with his friend, Freddie, the original owner. After changing hands several times following Freddie's death, Laine and his wife, Mallory, took a giant leap of faith and purchased the business. It soon became a place where their family and friends worked and spent time together, and today, Freddie's Restaurant is Manchester's familyfriendly destination for food, fun, and fellowship.

Ben traded his carpenter's tool belt for an apron and now supervises the smoker instead of the circular saw.

"It was a bit scary. I was a carpenter before that, so that's quite a change of profession. But we're here. And it's a lot easier than swinging a hammer," he said.

You'll discover more than award-winning wings and chicken at Freddie's.

Ben said, "Our ribs aren't on the menu, and yet we're selling around 50 racks a week. And the shrimp is just to die for. I don't want to toot my own horn, but the barbecue and brisket are really good."

How about a hand-patted burger with fries or onion rings, specialty sandwiches, or oysters? And the menu includes a plate lunch Wednesday through Friday each week. If steak is your thing, you're also in the right place.

"We haven't won Manchester's finest steak yet, but we're in the running every year. Our steaks are fantastic," he said.

To top it all off, there's live music often on Wednesdays. It just doesn't get any better.

Freddie's Restaurant is at 1946 McArthur St., Manchester, (931) 728-4103. Follow Freddie's on Facebook or visit freddiestn.com.

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Local Shopping

OWEN'S PROVISIONS AND APPAREL

For Terri and Will Painter, helping customers find that perfect gift is the key to their success. Since 2019 the family-owned business has been keeping their shelves stocked with unique items that have stories to tell. One can find something for everyone. From clothing, camping supplies, and even something for your four-legged friend, they've got a myriad of options. This variety of products is something that owner Will Painter says allows them to find whatever their customer needs or wants.

Now in their third year of operation, they credit the customers for their continued success. Will said he takes pride in knowing each of his customers and being able to help find something, to celebrate all of life's special moments. Along with serving locals, the Painters say they are proud to be a part of a growing local business front. They feel small businesses create a sense of community and are grateful to call Manchester home.

Find what you're looking for at Owen Provisions and Apparel located at 104 W Fort St.

THE MOSSY POT

Taking the beauty of nature and molding it into something that can be shared with everyone is a talent for business owner Logan Stuteville. She takes flowers and plants and creates floral pieces of art that she shares with her customers for all occasions. Stuteville picks only the best plants and flowers in season. She works diligently to make sure that each one of her customers leaves with a smile and beautiful creation made by her and her staff.

Stop in and check out her beautiful creations at The Mossy Pot, located at 115 S Spring St.

AISLINGE BOUTIQUE

Since its beginning, this family-owned business has worked to provide women with on-trend apparel that makes them feel empowered, no matter their age or size. Owner Tanya Bell works alongside her daughters, Alyssa White, Kayleigh Bell-Cooper, Harley Bell, and Kenzie Deaton to create a shopping experience that is fun and leaves their customers looking their best. Bell and her daughters are grateful for the opportunity to help customers make a purchase that inspires self-confidence and helps them take on the world.

Now open in two locations, Manchester and Eagleville, along with an online store, women can shop at any time from anywhere.

Check out Aislinge Boutique at 109 S. Spring St. in Manchester and 115B North Main Street in Eagleville or online at aislingeboutique.com.





BELLA ROSE BOUTIQUE

For owner Jocelyn Duke of Bella Rose Boutique, owning her own business has been a dream come true. Duke opened the boutique in September 2021 and has been helping her customers find their own unique style ever since. Duke keeps her shop stocked with a wide array of clothing for women. She also houses home decor, candles, shoes, jewelry, and other accessories. For Duke, she takes pride in encouraging and helping her customers find those must-have items. She is proud to be a part of the small-town business community that shows up for each other and supports each other. She strives to provide excellent customer satisfaction that will keep tourists as well as local customers coming back.

The store is located at 122 McMinnville Hwy in Manchester.

THE CRACKED POT

For the past seven years, The Cracked Pot has taken a love of family, and style and creating, and made it into a successful family business that offers one-of-a-kind home decor and gifts to its customers.

Owned and operated by husband-and-wife team Pam and Tim Hook, the couple has over four decades of experience in interior design, furniture refinishing, design and construction. Pam takes care of the day-to-day business. Tim, known as "Mr. Cracked Pot," constructs unique pieces from hand that are imagined by Pam. The couple said they hope to bring, to locals and tourists, a unique and enriched experience and not just a day of shopping. They want to give each customer the feeling that they opened the doors for them each day.

Check out their unique creations by visiting their location at 111 W. Main Street, or visit their website at crackedpotdecor.com.





MERLE NORMAN

Merle Norman has been a household name for beauty since 1931. Almost a century later the cosmetics company is still going strong with studios all over the country, including a location in Manchester. Independently owned and operated, Cindy West and Jenny Jackson have been helping locals with their skin and color needs since 2008.

Both West and Jackson, along with their staff, are expertly trained to help find the right products for each customer. Not only business partners, but friends, West and Jackson say they wake up each day excited about coming to work and helping their customers.

They are proud to be a part of a small-town business community that they feel is the lifeblood of the community.

Find your unique style with a visit to Merle Norman, located at 1909 McArthur St, Manchester.



HIGH COTTON VINTAGE HOME FURNISHINGS

Just off the corner of the historic downtown square sits a charming 1875 New Orleans-style home that houses the unique and classic small business, High Cotton Vintage Home Furnishings.

The business welcomes visitors both local and afar to venture in and view their carefully curated boutique. The boutique offers a beautiful collection of women's fashions, jewelry, home accents, season décor, original art, candles, kitchen accessories, and more.

Owners Lynne Jarrell and Allison Dotson opened High Cotton nine years ago during a time when the downtown business scene was on the downturn. Through their hard work and dedication, the family has helped support a small business effort that continues to grow. They look forward to many more years of welcoming customers with style.

The store is located at 213 N. Spring St. and online at facebook.com/highcottonvintage

SPROUT CHILDREN'S SHOP

A mother and daughter duo, Sharon Gilliam and Emily Skinner, make the shopping experience fun and easy for children and parents. Gilliam and Skinner own and operate Sprout Children Shop. Since 2016 the duo has been offering the best in children's clothing. Keeping new styles in stock season by season, they also offer children's gifts, toys, and more. For the past six years, the family has enjoyed interacting with and providing quality customer service to their patrons and most importantly, watching them grow.

Round up the family and check them out at 108 S Spring Street. Visit them online at sproutchildrensshop.company.site.





HARVEST LOCAL

If you are looking for local, then look no further than Harvest Local Foods. From locally sourced meats, bread, produce, and artisan jewelry to craft beer, they have got their customers covered. Over four years ago, Manchester native Ellen Briggs set out to offer her fellow citizens locally sourced items, while helping local farmers, artisans, and brewers who were looking for store-fronts to sell their goods.

Briggs is constantly upping her store inventory with new items that include requests from her customers. Most of the items are sourced right here in Middle Tennessee, with some of the items sourced outside of the area due to customer request. The shop also serves food, with daily specials, along with an impressive craft beer selection that is on tap for patrons to enjoy.

Briggs said she is proud to be a part of such a strong small-business community.

Experience her unique shop at 101 N. Irwin Street and online at harvestlocalfoods.square.site.

REESE'S GENES BOUTIQUE

Reese's Genes Boutique is a charming haven for fashion enthusiasts, offering a delightful array of clothing options that cater to women, children, and teen girls. Whether you're seeking stylish attire for women, trendy outfits for little ones, or fashionable ensembles for fashion-forward teenagers, this boutique has something to suit every taste. Reese's Genes Boutique ensures that all customers can find clothing that makes them feel confident and fabulous. Step inside and explore the enchanting world of fashion possibilities that await you at this welcoming boutique.

Visit them at 104 E. Main St. and online at reeses-genes-boutique.business.site





DOWNTOWN ANTIQUES AND BOUTIQUE

From vintage cast metal sundials that add a touch of elegance to your garden, to captivating statement pieces perfect for complementing your rustic or farmhouse kitchen, Downtown Antiques and Boutique is your one-stop shop. Discover a treasure trove of unique finds and charming items that cater to your distinct taste and style. With a wide range of offerings, this boutique ensures that every corner of your home is adorned with character and personality. Whether you're a collector seeking antique wonders or a connoisseur of contemporary fashion accessories, Downtown Antiques and Boutique has just what you need to infuse your spaces with timeless beauty and allure.

Find something special and unique at 109 North Irwin St. or on Facebook at www.facebook. com/DowntownAntiquesAndBoutique



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he spirited traveler lives in the moment. They savor every experience, no matter how small or seemingly insignificant. Each encounter brings with them an opportunity to learn something new about people and places they may never have heard of before. When away from home, the spirited traveler indulges in local cuisines and customs, immersing themselves wholly in their surroundings. They are not afraid to try something new.

Manchester offers much to explore for the spirited traveler. The unique and welcoming community allows visitors to fully immerse themselves in the diverse and rich history of the land and historic buildings. Visitors are invited to try something new, thanks to various local businesses constantly exploring and bringing new and fresh ideas to locals and tourists.

Wander into Harvest Local Foods and enjoy sipping on a cold brew while browsing their selection of locally sourced foods and goods. Don't leave without a freshly baked bag of rolls from Monteagle-based baker, The Bread Peddler, and a bright and beautiful bouquet from Manchester's Southern Flora Farms.

By <u>Kali Bradford</u>

For travelers looking to truly embrace the senses, a stop at Beans Creek Winery has to be at the top of the list. Visitors can taste and smell the different styles and varieties of wine they offer. From dry, full-bodied reds to sweet whites and fruit wines made on-site, with most from Tennessee-grown grapes.

Check out the hometown favorite, Common John Brewing Company, for an authentic look into the local scene. Owner Lebron Haggard and his dedicated staff experiment with hops and grain to ensure a unique, delicious-tasting experience. Don't forget to pair your pint with something savory or sweet from the menu.

No matter where life's journey takes them, the spirited traveler seeks out adventure at every turn. For those looking to break away from routine and explore, Manchester is worth the drive and offers a new experience just around the corner.
Gommon John Brewing Gompany

hen Manchester native Lebron Haggard received a beer-making kit from his wife, he had no idea it would lead him to open one of the area's favorite spots in town. However, big things have small beginnings. Almost four years later, Common John Brewing Co. has become a staple in the community for good beer, good fun, and good people.

The brewery's commitment to quality is evident in every sip of its beer. The brewing process is carefully overseen by Haggard, who uses the finest ingredients to create flavorful and refreshing beers. The brewery brews a wide variety of craft beers that are available on-site. They also offer ciders, seltzers, and sodas.

Along with the beer, the brewery also serves delicious pub-style food that complements the different

brews on its menu. Order one of their famous pizzas, such as The Hippie, or try their Black Angus hot dog. Then enjoy a deep-dish cookie for dessert.

While serving the best in craft beer is at the top of the list for Haggard and his crew, they also strive to offer a welcoming, laid-back, family-friendly atmosphere. You can bring the family and enjoy an evening of music under the stars at the brewery's outside venue, the Main Stage. The brewery features local musical acts throughout the year.

Whether you're a beer lover or just looking for a fun and unique night out, Common John offers a unique experience that is worth checking out. Enjoy the Common John experience at 210 Woodbury Hwy., or Follow them on Facebook.

Beans Greek Winery

B eans Creek Winery is a unique and charming destination that provides an immersive experience for wine enthusiasts. Located in the heart of Manchester, the winery offers a window into the time-honored art of wine-making, allowing visitors to taste and learn about the different styles and varieties of wine they offer. Founded in 2003, the winery offers a complete selection of wines ranging from dry, full-bodied reds to sweet whites and fruit wines that are all made on-site, with most from Tennessee-grown grapes.

The winery offers a range of activities that allow visitors to deepen their appreciation and knowledge of wine. Events like their annual Scout Cookies and Wine Tasting pair cookies with Bean's Creek wine. Additionally, the winery hosts several events throughout the year, including the famous Grape Jam Music Series, featuring live outdoor music from local musicians, food trucks, and more. The winery invites everyone to bring their friends, family, lawn chairs, and a picnic and enjoy an evening under the stars.

For true wine fanatics, a wine club is available to join. The Beans Creek Wine Club offers exclusive access to members-only wine tastings, tours, and other club events. Along with early access to unreleased wines, members can enjoy discounts on event admission, bottles of wine, and event rental fees.

To uncork your membership today, call the winery at (931) 723-2294 or visit online at beanscreekwinery.com. Bean's Creek Winery is located at 426 Ragsdale Rd.



hen Ellen Briggs opened the doors of Harvest Local Foods to the public in 2017, she knew she wanted to do two things: sell and promote locally sourced and grown products and be an open, welcoming place for all the community to enjoy. Now, six years later, Briggs is moving full steam ahead in her dream of being a hub for all things local.

Harvest Local Foods is a specialty grocery store that houses food locally sourced from farmers and producers in Coffee County and across Tennessee. Their products range from beef, pork, chicken, eggs, milk, cheese, butter, honey, bread, baked goods, canned goods, juices, probiotics, and fermented products. They also offer seasonal crops.

Along with food items, the store sells handcrafted items such as soap, body care products, crafts, jewelry, and more. If you're not grocery shopping, Briggs and her staff invite you to stop in and enjoy something cold to drink. The shop has 12 beers on tap, including porters, dunkel IPA, double IPA, blonde and ciders, and wheat beers. The staff rotates the beers regularly to feature new and seasonal beers. Serving as the perfect pairing for a cold brew, Briggs welcomes local food truck Taco Del Dragon to set up shop for the aptly named Taco Tuesdays.

Along with creating an inviting atmosphere for locals and visitors alike, Briggs and her staff host several community events, such as the May Soiree, wine, and whiskey sharing events, along with the annual deviled egg competition that has become a community favorite.

Harvest Local should be on your list if you want to support local. Stop by and shop at 101 North Irwin St.

Raise your glass



If you're looking for a day trip, Manchester is a short drive away from some of the world's most recognizable whiskey distilleries as well as being home to their very own brewery and winery. Stop by for a sample of downhome excellence.

By Trisha Sandora and Wesley Bryant

COMMON JOHN BREWERY

Founded by Manchester native LeBron Haggard, Common John Brewery offers a wide variety of craft beer, produced on-site, as well as several non-beer offerings including ciders, seltzers, & sodas. The laid-back family-friendly atmosphere of the brewery will make you feel welcome from the moment you walk through the door. Here are a few fun facts about Manchester's newest brewery.

What's in a name?

The name Common John came from a song by local rock band Creature Comfort.

How did it all start?

LeBron Haggard's love for brewing all began with a home-brew kit he received from his wife.

What does science have to do with beer?

Everything, just ask taproom manager and assistant brewer Shelby Haggard, who has a Master's degree from MTSU in Fermentation Science.

What is Common John's very first brew?

Ahhhh... the Summer Ale. Need we say more? Aside from the brewery, where else can you get a cold one? You can find it on tap at Harvest Local Foods, Prater's BBQ, Freddie's Restaurant & Jefferson's.

OLE SHED BREWING COMPANY

Since 2011, the taproom at Ole Shed Brewing Company in Tullahoma has been serving up delicious hand-crafted artisan ales. An outdoor tented beer garden provides a relaxing atmosphere on a warm summer night. If you want to wet your whistle with an IPA, ask about the Haystack India Pale Ale aged in a Tennessee whiskey barrel for 12 weeks. The Shed also regularly features live music and food trucks.

BEANS CREEK WINERY

Founded in 2003, Beans Creek Winery in Manchester offers a full selection of awardwinning wines ranging from dry, full-bodied reds to sweet whites and fruit wines. The entire process of the winemaking, from crushing to bottling, is completed at the winery and many of the wines are made from Tennessee grown grapes. Enjoy a wine tasting and then pick out a few bottles to take home from this down-home Tennessee winery.

BRANCHWATER DISTILLERY

Back in the Prohibition era, moonshine was hard to come by. But today, Branchwater Distillery in Winchester serves straight-up shine with a wide assortment of add-in flavors. Founder and master distiller Bud Kelley's tradition of moonshining dates back to his great grandfather Dave. Many of those old traditions are in practice today including the use of a copper still. While you're there, pick up a few bottles of their liquid hand sanitizer made from 160 proof alcohol.

GEORGE DICKEL DISTILLERY CASCADE HOLLOW

Nestled in the picturesque rolling hills outside of Tullahoma, Cascade Hollow Distillery has stayed faithful to the recipe George A. Dickel created back in the 1800s. Today, the whisky is "Handmade the Hard Way" by people who still take temperatures by hand and weigh grains on an old weigh scale. George Dickel is the longest aged Tennessee Whisky and to this day, is the only Tennessee distillery to chill the liquid to 40 degrees before the charcoal-filtering process. George Dickel himself named the brand after the traditional Scottish 'whisky' spelling, without the 'e.'

SHORT MOUNTAIN DISTILLERY

Short Mountain Distillery is a craft distillery and restaurant located outside of Woodbury, Tennessee on a 400-acre working farm. Original spirits include organic Tennessee Whiskey, bourbon whiskey, and many others. The distillery is owned and operated by the Kaufman brothers whose great grandfather, Jesse Shwayder, founded the iconic American brand Samsonite in 1910. The brothers honor their great grandfather with an inscription of the Golden Rule: "Do unto others as you would have them do unto you" on every bottle — a tradition Shwayder started in his own company using engraved marbles.

NEAREST GREEN

The Nearest Green Distillery is located on the 270acre former home of Sand Creek Farms, a Tennessee Walking Horse farm in Shelbyville. Nathan "Nearest" Green, fondly known as Uncle Nearest, was the slave who taught Jack Daniel the craft of distilling. He is the first African American master distiller on record in the United States and left a legacy that marks a new chapter in the story of Tennessee Whiskey. The Welcome House features a custom-made horseshoe bar. The distillery also shares the important story of the majestic Tennessee Walking Horse, with more than 50 championship walking horses living on site.

SOUTHERN PRIDE DISTILLERY

On a beautiful farm outside of Fayetteville, Southern Pride Distillery produces premium distilled spirits from an old family recipe. Today the moonshine is made much like it was by the family's ancestors using locally grown corn that is milled on-site, water from a natural spring on the property, and a copper pot still. Moonshine offerings include Original, Apple, Peach, Green Apple, Blackberry, and the popular Double-Charred Cinnamon Shine. They also offer Tennessee Whiskey, White Whiskey, Peach Whiskey, Double Barrel Whiskey, and Cinnamon Whiskey.

LYNCHBURG WINERY

Lynchburg may be known as a whiskey town, but there's some fine tasting wine being made in the hollow as well. The Lynchburg Winery is located on the square in downtown Lynchburg and is owned by two families that have been growing grapes and making artisan wines for over 20 years. Taste authentic southern-style handcrafted wines including their signature Serendipity, a fragrant sweet white Muscadine with a fizz. Or try the Lynchburg Black made with sweet succulent Tennessee blackberries.

PRICHARD'S DISTILLERY

Prichard's Distillery is located in nearby Kelso. The distillery is in a converted 1930s schoolhouse where the basketball hoops still hang on the wall. Their quality rums and whiskeys are distilled in traditional copper pot stills and stored in 15-to 53-gallon charred white oak barrels to allow for the best possible flavor. Originally the distillery made delicious award-winning rums. Now, they produce over 20 different whiskeys, bourbons, and liqueurs including the famous Double Barreled Bourbon and Double Chocolate Bourbon as well as Prichard's Sweet Lucy and Sweet Lucy Cream Liqueurs.

JACKSON MORGAN SOUTHERN CREAM

Smooth sipping Tennessee Whiskey Cream is Jackson Morgan's specialty. Playful southern flavors include salted caramel, orange whip, and brown cinnamon sugar. It all started in 1921 when Alfred Wetherington, the great grandfather of siblings Jackson and Morgan had a whiskey still in eastern North Carolina. He later decided to become a preacher and left the whiskey life behind. Almost 100 years later, Jackson and Morgan are picking up where he left off with a new twist on the family recipe. Visit Jackson Morgan's shop on the Square in the Fayetteville Antique Mall, pick up a bottle at a local store or shop online at sipjacksonmorgan.com.

JACK DANIEL DISTILLERY

Located in Lynchburg, Jack Daniel Distillery is the oldest registered distillery in the United States. To make great whiskey, you have to have great barrels and since 1866, every whiskey barrel has been crafted at the distillery. Every drop of the worldrenown whiskey goes through a charcoal filtering process known as the Lincoln County Process, where the whiskey drips through vats of charcoal 10 feet deep. The filtering process is what makes it Tennessee Whiskey. But, the real secret is the pure, iron-free cave spring water from the hollow. Several tours are available including the 1.5-hour Angel's Share Distillery Tour where you can sample limitededition single barrel whiskeys.



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espite its proximity to Nashville, Manchester might have the edge on Music City for special and unique-to-the-area venues for live music. The Farm is the world-famous home of Bonnaroo, the yearly Music and Arts Festival. Cumberland Caverns, located near McMinnville, TN, is the second-longest cave in Tennessee and has been a designated National Natural Landmark since 1973 and has been a rite of passage for area Cub Scouts for decades. Cumberland Caverns' Volcano Room has been a popular concert spot for many years and was the home of the PBS-syndicated "Bluegrass Underground" series until 2018, when the show was moved to The Caverns in Pelham, TN. The Caverns has become a must-play spot for artists of every genre, from Bluegrass to Gospel to Psychedelic Rock. Past standout shows at The Caverns featured Dawes, Guster, Brandi Carlile, The Flaming Lips, Brothers Osborne, and Gov't Mule.

Bonnaroo

Get ready for an electrifying experience at Bonnaroo 2023! This highly anticipated music festival is set to deliver an unforgettable lineup and a multitude of mind-blowing shows. The stage will be set ablaze with legendary headliners and rising stars from an array of genres, guaranteeing a diverse and captivating experience for all attendees. From the heart-pounding performances of established bands to the awe-inspiring artistry of breakthrough artists, Bonnaroo 2023 promises to transcend musical boundaries and ignite the crowd with energy and passion. Get ready to be swept away by the talent, creativity, and sheer excitement that Bonnaroo 2023 has in store. It's a celebration you won't want to miss with Kendrick Lamar, Odesza, Foo Fighters, and so much more.

0

The Bonnaroo festival returns to The Farm June 15-18, 2023.







Cumberland Caverns

Want to explore one of Tennessee's longest caves or enjoy a concert hundreds of feet underground? Cumberland Caverns is calling your name.

Located off the beaten path in McMinnville, the cave, discovered in 1810, is recognized today as a National Natural Landmark and the longest show cave in Tennessee.

For cave lovers, the caverns offer daily tours that vary in difficulty from easy to moderate to extreme.

For a musical experience like none other, travel 333 feet underground and enjoy a concert in a unique

The Caverns-

Located in the rolling hills of Pelham is a nature and music destination: The Caverns. Known worldwide as the home of Emmy award-winning PBS series "Bluegrass Underground," The Caverns also welcomes artists from a host of musical genres from around the world.

Patrons flock to what is known to locals as "Big Mouth Cave" to enjoy the pre-historic natural sounds that the cave boasts of. setting, the Volcano Room.

Known for its acoustically pleasing musical setting, the cave is set to welcome artists such as Jefferson Starship; 10,000 Maniacs; Reckless Kelly; Gaelic Storm; and more as upcoming performances.

For more information about exploring the cave or checking out a concert, visit online at cumberlandcaverns.com. Cumberland Caverns is located at 1437 Cumberland Caverns Road in McMinnville.

Claustrophobic concertgoers can enjoy a different venue, The Caverns Above Ground Amphitheater. It opened to the public in 2020 to "bring back live music in a responsible way with outdoor, socially distanced concerts" according to The Caverns website.







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etting the family together to explore all Manchester offers is a great way to bond and create lasting memories. The area offers many activities and destinations that cater to families of all ages, from activity centers to unique parks and shops that showcase local art.

Are you looking to get the family moving? Excursions with the family can encourage healthy habits and active lifestyles. Manchester offers several parks filled with activity, such as Ninja Park, located at Riverview Park, and Old Stone Fort State Archeological Park. The Manchester Parks and Recreation Department also offers activities for the whole family, perfect for a rainy day outing.

Family excursions offer many educational opportunities besides providing a fun experience. The Hands-On Science Center allows science lovers of all

ages to learn about the ever-changing world of science. The city's historic downtown square also offers a chance to learn more about Manchester's rich history while enjoying some shopping. Additionally, Foothill Crafts showcases local artists and their work that is available for purchase.

A day out with the family can also mean just having fun. Offering just that is the Detention at The Elementary. Everyone will have a good time, from fun games to good food.

To finish off a day of exploring, you can enjoy a sweet treat with SnoBros Shaved Ice. Their unique and flavorful combinations will be the perfect way to end the day.

Getting the family together is important because it helps to strengthen relationships and create memories, all in the background of your hometown.





oothill Crafts and Gift Shop is a charming and cozy establishment showcasing artists' talent and creativity from Manchester and the surrounding area. When you step inside the quaint arts space, you are greeted with a warm, friendly atmosphere that immediately puts you at ease. Members of the Coffee County Craft Association are on staff at the store. Knowledgeable and passionate about their craft, they are eager to assist visitors, whether you're an art enthusiast or simply appreciate the local arts' beauty and originality.

The shop contains items made by the members for exhibit and purchase and also has various unique pieces that capture the imagination and inspire the soul. Whether you're looking for a lovely piece of pottery, a colorful painting, or a handmade piece of jewelry, the local art shop has something for everyone.

Each crafter is juried to be qualified as an exhibiting member. Juried artisans are qualified as exhibiting members in numerous categories using wood, clay, metal, glass, and fiber. Judging is held twice a year for new members.

The Coffee County Craft Association is a nonprofit educational organization whose members are dedicated to generating participation in quality craft work through class instruction and seminars. Their goal is to educate the public in the appreciation of fine crafts and provide facilities through class instruction and seminars. Stop by the shop, located at 418 Woodbury Hwy., or contact them at (931) 728-9236.



Detention at the Elementary

he family entertainment center, Detention at The Elementary, offers parents an entertainment outlet for their children and themselves. Initially serving as a 24/7 fitness center for several years, the former Morrison High School building is now a fullfledged family entertainment center.

Located at 615 School St. in Morrison, Detention at The Elementary offers everything from an arcade full of games to a two-story laser tag arena, miniature golf, and even a rock climbing wall and golf simulators.

The center came about thanks to Monica and Nick Saine, and Dwayne and Bernadette Doud, who felt a fullon family entertainment facility seemed to be something the community needed.

The center offers fun and games and an array of tasty eats for the hungry gamer. They have a full

menu and all-you-can-eat salad and pizza. Whether staying for the day or stopping in for lunch, you can satisfy your hunger and win a few games. They also feature a full snack bar if you are not up for a complete meal.

For those wanting to celebrate a birthday or special occasion, the center has packages that can make your special day even better. They come with special discounted rates and something for the birthday girl or boy! The facility also has a full basketball court with a wooden court that can be rented for bounce-house birthday parties.

Grab the family and check out all the fun at the Detention at The Elementary! Contact them at (931) 773-7529 or visit www. detentiontn.com.







Day Pass to the Manchester Recreation Center

day at the Manchester Recreation Center is a perfect way to stay active, have fun, and connect with the community. From fitness classes to swimming and basketball to table tennis, the rec center offers a variety of activities for people of all ages and abilities.

For those stopping just for the day, the center offers a day pass option that allows you to enjoy all the benefits of the center for your brief stay. Rates for a day pass are \$4 for ages 4 months to 4 years, \$5 for ages 5 - 18, \$6 for ages 19 - 59, \$4 for ages 60 - 79, and \$2 for ages 80 and older.

The 69,000-square-foot complex has much to offer for one's stay, including a 10,000-square-foot pool, two basketball and racquetball courts, an indoor walking track, and a weight room. You can take one of the many fitness classes offered in the center's aerobics and dance room and then enjoy relaxing in the indoor pool's hydrotherapy area.

For those visiting during the summer months, you can enjoy some fun in the center's large outdoor leisure pool that features waterslides, a lily pad walk, and a lazy river. In addition to its recreational facilities, the rec center serves as a community hub, offering a platform for local events and gatherings. From nutrition classes to birthday parties, anniversaries, and cultural celebrations, the rec center hosts various events that unite people and promote community engagement. Whether you want to stay active, socialize, or give back to the community, the local rec center provides a welcoming and inclusive environment.



anchester's historic downtown square is a beautiful area that takes visitors on a journey through the past while exciting them about what's new. The beautifully preserved buildings are homes to owners who pay tribute to the past while making way for the square's future.

The square is a hub of activity throughout the year, with various festivals and events that attract locals and visitors alike. From live music performances to holiday events, there's always something happening on the square. One of the most popular events is the annual Old Timer's Day. Contrary to its name, the event is not just for older folks but everyone, especially those young at heart. It's also a day when the town's gem, the historic Manchester square, is displayed and offers itself as the headquarters for good old-fashioned fun.

The square offers a safe place for ghosts and superheroes to trick or treat with Mom and Dad for Halloween. Christmas time is also a magical time for the square when bursts of red and green can be seen from roof to doorstep on local businesses. And the crowd always gathers for the annual Manchester Christmas Parade, which culminates in a tree-lighting ceremony on the square.

Whether you're looking to shop, dine, learn about history, or simply take in the charming atmosphere, the historic downtown square is a must-visit destination that captures the beauty and essence of the town.





ans of the popular television show "American Ninja Warrior" can showcase their own ninja skills locally. Home to a unique installation, Riverview Park offers teens and adults the chance to test their agility, balance, and ninja-like moves at what is known as Ninja Park.

Built in 2020, the Fitcore Extreme Obstacle Course was designed on the "American Ninja" type of obstacle course. The course includes a series of stations and obstacles ranging from horizontal and vertical cargo net climbs, a hang board traverse, and a rope climb. There are also ground-based obstacles.

The \$200,00 course was made possible by the Tennessee Department of Health Diabetes Initiative Program grant from the Tennessee Department of Health. Receiving \$450,000 in grants, Manchester worked to develop a neighborhood park at the site. The stated goal was to provide an active space for older youth and adults that would attract them to increase their physical activity level.

Along with having fun, officials encourage everyone to be safe along the course. Pictorial instructions and written safety warnings can be found throughout the course. The obstacles are also on an energy-absorbing surface with a soft Astroturf. The course was designed for ages 13 and older.

The Little Duck River Greenway can access the obstacle course just past the soccer park or by parking at the old Riverview Alternative School on Emerson Street in Manchester. Riverview Park is located at 837 Emerson St.



Archael of the term of ter

Old Stone Fort is home to many enjoyable activities for guests, including camping, hiking, picnicking, fishing, and birding. For hikers, the main hiking trail follows the wall of Old Stone Fort, which the Native Americans used as a ceremonial gathering place. Hikers can also enjoy the park's many waterfalls that can be viewed and heard along the trails.

Those looking to fish can try their luck at Bark Camp and Barren Forks along the Duck River. The river provides largemouth bass, bream, and catfish. Bird lovers can enjoy the sights and sounds of several types of birds. The park's canopy can be productive during spring and fall migration. If a day in the park is not enough, camping is available. The park has 50 campsites with water and electrical hookups, grills, and picnic tables. Finally, the park is known for attracting history enthusiasts from all over. Helping to educate visitors on the park's history is its museum. The museum consists of displays, which include prehistoric Native American replicas, dioramas, and photos. The park's website states that the exhibits provide information on the many theories regarding the earthen enclosure's builders, archaeological excavations at the site, and the culture of its builders.

No matter how long you stay, the park offers something for everyone to enjoy while stepping back in time.



Hands_ On Science Center

he Hands-On Science Center (HOSC) has been well-known in the area for almost three decades. Local children have grown up with the center attending summer camps, visiting on field trips, hanging out on a rainy afternoon, or dropping by for a birthday party. While HOSC has been the go-to spot for children for 28 years, the current director, Sean Amidon, wants locals and visitors alike to know that science and the center are for everyone, regardless of age.

HOSC offers a variety of interactive exhibits, programs, and workshops that cater to all ages and levels of scientific knowledge. Visitors can explore topics ranging from physics and chemistry to biology and astronomy and learn about science in fun and engaging ways.

The center has also added new exhibits, including the Technology and Engineering Hall, sponsored by

Jacobs Engineering; the Human Body Wing, with renovated areas, sponsored by Vanderbilt Tullahoma Heart Hospital; and the Electricity and Magnetism Wing that the Tullahoma Utilities Board and the Tennessee Valley Authority sponsored.

There's also more than just spending the day at the center. Helping to inspire the next generation of scientists and innovators, HOSC offers various programs and camps for children that instill a love for science and encourage them to explore.

Along with exhibits and projects, the center hosts fundraising events to raise additional funds and awareness for the center.

For more information on upcoming fundraisers and events at the Hands-On Science Center, visit online at hosc.org or contact the center by calling (931) 455-8387.

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BEANS CREEK WINERY GRAPE JAM MUSIC SERIES:

ens

Music begins at 7:00 р.м.

Utopia Saturday, May 27

Sound Dawgs Saturday, June 24

Jacob Dillard Saturday, July 22

Yesterday's Wine Saturday, August 12

Michael Childress Saturday, September 23

Uncle Tom's Band Saturday, October 14





Weekend



When you're looking for a soft place to lay your head after a long stretch of driving or an adventure-filled day exploring, it's hard to beat the convenience and ease of checking into a hotel for the night. Here are a few places in Manchester that offer an extra special touch.

COMFORT SUITES

152 Hospitality Blvd., Manchester (931) 228-8393

Recently renovated with a beautiful entrance, Comfort Suites offers more than just a place to get a good night's sleep. During your stay, enjoy the indoor swimming pool or relax with friends on the patio where you can sit around a fire pit, grill up some burgers, or play a game of cornhole.

LX HOTEL

201 Murfreesboro Hwy., Manchester (931) 954-0945

Don't miss this locally owned hotel located within walking distance of the downtown historic square. The hotel has been completely renovated, and its excellent reviews on Google say it all. Many travelers have recognized the LX as the "friendliest hotel they've ever been to." Former guests also rave about the complimentary breakfast, clean rooms, thick towels, comfortable beds and pillows. Things to do nearby include Old Stone Fort, Common John Brewery, and the Manchester Rec Center. The LX Hotel is Southern hospitality in action.

QUALITY INN

2314 Hillsboro Blvd., Manchester (931) 728-0800

Located just minutes from Interstate 24, the hotel combines a comfortable setting with dependable, friendly service. They offer inviting accommodations and amenities, like free hot breakfast, free WiFi and a free weekday newspaper. Other amenities include premium bedding, a refrigerator, personal coffee maker, hair dryer, and an iron with ironing board. For guests who enjoy recreation, a seasonal outdoor pool is also available.

HOLIDAY INN EXPRESS & SUITES

111 Hospitality Blvd., Manchester (931) 728-9383

For a comfortable stay in a convenient location, Holiday Inn Express & Suites has everything you need. The family-friendly hotel offers reasonable rates with plenty of complimentary breakfast options. The clean rooms and friendly staff will make you feel welcome from the moment you arrive. Other amenities include laundry facilities, a workout room, and an inviting indoor pool.

HAMPTON INN & SUITES

1143 Woodbury Hwy., Manchester (931) 728-9528

Perfectly located about halfway between Nashville and Chattanooga. Scenic history awaits at the Old Stone Fort State Archaeological Park or you can do business at the Manchester-Coffee County Conference Center. Head 1.5 miles to get downtown, brimming with quaint stores and restaurants. During your stay enjoy complimentary WiFi and a delicious hot breakfast.

MICROTEL INN & SUITES BY WYNDHAM

201 Expressway Dr., Manchester (931) 723-7001

Enjoy a comfortable mix of value and hospitality in a great location. Begin your day with a free continental breakfast, and connect to friends and family using free WiFi. Enjoy a refreshing swim in our outdoor pool. Microwaves and refrigerators are included in select rooms. Guest suites and accessible accommodations are also available at this pet-friendly hotel.

RED ROOF INN & SUITES

126 Expressway Dr., Manchester (877) 843-7663

Red Roof Inn & Suites is a budgetfriendly hotel conveniently located off I-24. Nearby attractions include The Bonnaroo Music Festival, Arnold Air Force Base, Coffee County Fairgrounds and the Coffee County Convention Center. Some amenities are free Wi-Fi, a guest coin laundry facility, on-site business center and they are pet-friendly.

SLEEP INN

84 Relco Dr., Manchester (931) 954-0580

Relax and unwind for an affordable price at the pet-friendly Sleep Inn & Suites® hotel off of Interstate 24. This hotel is a Designed to Dream® property with warm, modern elements inspired by nature in the guest rooms, and the amenities you're looking for when you're traveling. The hotel is honored to have earned a Gold Award for demonstrating a high level of customer satisfaction, as determined by actual guest recommendations.

LA QUINTA INN & SUITES BY WYNDHAM MANCHESTER

120 Hospitality Blvd. Manchester (931) 450-4005

Settle in with free breakfast, WiFi, and parking, a heated indoor pool, and gym at La Quinta Inn & Suites by Wyndham Manchester, off I-24 and 67 miles from Nashville International Airport® (BNA). Surrounded by dining options, our non-smoking, pet-friendly hotel is next to the Manchester Coffee County Conference Center, two miles from Bonnaroo Music & Arts Festival, and six miles from Arnold Air Force Base. Tour the Jack Daniel's® Distillery, hike to Rutledge Falls, or explore the Old Stone Fort State Archaeological Park—all a short drive away.

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