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25th Annual Bedford County Fair July 17th - 22nd, 2023

Saturday, July 8th

Bedford County Fairest of the Fair

11:00 AM	Precious Miss Bedford County Fair	Girls 0-11 months
11:30 AM	Baby Miss Bedford County Fair	Girls 12-23 months
12:00 PM	Toddler Miss Bedford County Fair	Girls 2-3 years
12:30 PM	Tiny Miss Bedford County Fair	Girls 4-5 years
1:00 PM	Petite Miss Bedford County Fair	Girls 6-7 years
1:30 PM	Little Miss Bedford County Fair	Girls 8-10 years
2:00 PM	Junior Miss Bedford County Fair	Girls 11-12 years
3:30 PM	Ms./Mrs. Bedford Supreme	21-49 years, single or married
3:30 PM	Golden Girl <i>in memory of Joan Pimental</i>	50+, single or married
4:00 PM	Young Miss Bedford County Fair	Girls 13-15 years
4:30 PM	Queen Reunion	
5:00 PM	Miss Bedford County Fairest of the Fair	Girls 16-20 years

*All pageants held at Shelbyville Central High School Auditorium

Sunday, July 16th

1:00 PM - 5:00 PM	Receiving Home Ec/Ag exhibits
1:00 PM	Receiving Green Thumb Challenge entries
2:00 PM	Judging Green Thumb Challenge entries
1:00 PM - 4:00 PM	Receiving Hat Contest entries

Monday, July 17th

9:00 AM - 12:00 PM	Home Ec/Ag Exhibit Judging
5:00 PM	Open Dairy Heifer Show
6:00 PM	Opening Ceremony
6:00 PM	Green Thumb Challenge awards
6:00 PM - 9:00 PM.	Home Ec/Ag Exhibits open to the public
6:00 PM	4-H Chick Chain
7:30 PM	Youth Competition Night
7:30 PM	Kids Pedal Pull
7:30 PM	Mala Patterson - Entertainment
	<i>Sponsored by Randy Sadler Shelbyville Record Shop</i>

Tuesday, July 18th

4:00 PM - 9:00 PM	Home Ec/Ag Exhibits open to the public
4:00 PM - 9:00 PM	Cruise-In
6:00 PM	Open Beef Show
7:00 PM	Boots, Beaus, and Bling Pageant/Mother Daughter Look-Alike Contest
7:30 PM	Decorate a Hat Contest (Building #2)

Wednesday, July 19th

10:00 AM	Senior Citizens Day
10:00 AM	Youth Day @ Ag Extension Center
10:00 AM - 6:00 PM	Rooster Crowning contest registration
10:00 AM - 6:00 PM	Receiving Poultry and Rabbit entries
10:00 AM - 6:00 PM	Receiving Open & Junior Egg entries
10:00 AM - 6:00 PM	Receiving Ugly Chicken entries
4:00 PM - 9:00 PM	Home Ec/Ag Exhibits open to the public
7:00 PM.	Fun Dog Show registration
7:00 PM	Cornhole Tournament
7:00 PM	Faith/Patriotic Night - Josh Schwartz, Speaker
7:30 PM	Fun Dog Show
7:30 PM	Brett Bone - Entertainment

Bedford County Agriculture and Education Center
2119 Midland Rd., Shelbyville, TN 37160
Fair office: (931) 684-0760

Thursday, July 20th

10:00 AM - 2:00 PM	Special Needs Day
4:00 PM - 9:00 PM	Home Ec/Ag Exhibits open to the public
5:00 PM	Mullet & Beard/Mustache Contest Registration
6:00 PM	Smoker Truck & Tractor Pull registration
6:00 PM	Mullet Contest
6:00 PM	Human Crowning Registration
6:30 PM	Beard/Mustache Contest
6:30 PM	Rooster Crowning/Human Crowning Contest
7:00 PM	Smoker Truck & Tractor Pull
	<i>There will be a 50/50 Drawing (Board Members & their immediate family not eligible to win)</i>
7:00 PM	Mid-State Cloggers - Entertainment
8:00 PM	Karaoke - Entertainment

Friday, July 21st

4:00 PM - 9:00 PM	Home Ec/Ag exhibits open to the public
6:00 PM	Mini Pull registration
6:00 PM	Open Sheep Show
7:00 PM	Bill Tarkington & Co. - Entertainment
7:00 PM	Mini Pull
7:00 PM	All Pleasure Horse Show
8:00 PM	Double Shot - Entertainment

Saturday, July 22nd

1:00 PM - 9:00 PM	Home Ec/Ag Exhibits open to the public
2:30 PM	Donkeys & Mini Mules Registration
3:00 PM	Central Region 4-H Meat Goat Show
3:00 PM	Donkeys, Mini Mules, Gaited Mules, Draft Mules and Horses Show
5:00 PM	Antique Tractor Pull
6:30 PM	Poultry & Rabbit Show awards (Building #2)
6:30 PM	Salem Creek - Entertainment
8:30 PM	Buddy Jewell - Entertainment

Sunday, July 23rd

1:00 PM - 3:00 PM	Home Ec/Ag Exhibits Pickup
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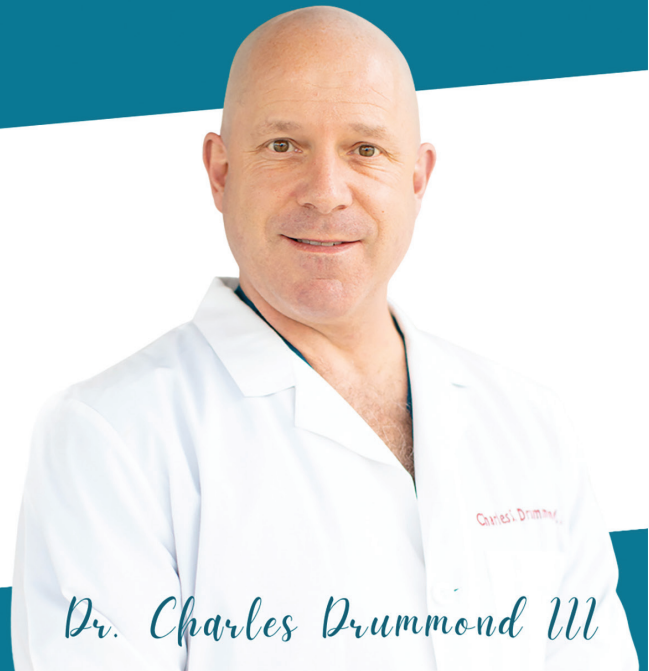
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LETTER FROM THE EDITOR

The Future is Bright

The next generation is made of strength, light, and courage.

WHEN I think of the next generation, I feel excitement. I want this issue of Good News to be a joyous celebration of the young adults who will be the leaders of tomorrow, carrying the torch of progress and making our community and the world a better place. I am confident that the future is in good hands.

We live in a time of uncertainty; it's easy to succumb to worry and doubt the next generation. However, when we truly examine the next generation, we witness a source of boundless optimism. These young men and women are driven, compassionate, and brimming with innovative ideas. They possess a remarkable ability to empathize with others and understand the challenges that lie before them.

Our communities will flourish and thrive because of these remarkable individuals. They have shown us what it means to be resilient, resourceful, and committed to making a positive impact. With each passing

day, they inspire us with their determination, their unwavering belief in a better future, and their tireless efforts to bring about meaningful change.

I am humbled by the energy and passion radiating from these future leaders. They remind us that we must nurture their dreams and provide them with the support and guidance they need. By doing so, we can ensure that their potential is unleashed and that they have every opportunity to flourish.

The world may face challenges, but I firmly believe that with the next generation at the helm, we have every reason to be hopeful. They possess the ability to bridge divides, find common ground, and create innovative solutions to the most pressing issues of our time. They are determined to leave a lasting legacy of compassion, equality, and sustainability.

From someone who is a part of the next generation, this issue features young adults under the age of 35 who are making a lasting impact on the place we call home. GN


Wesley Bryant,
MANAGING EDITOR

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publishing
partner



"I'm so proud to be a part of such a positive publication that's helping to build a stronger Tullahoma. Thanks to all of you that help make Good News possible and if you would like to learn more about becoming a supporter, please contact me today."

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GOOD NEWS

CHAPTER 1 OF 3

This section of the magazine covers local positive news you may have missed.

- 14 Tullahoma makes the list of best small towns
- 18 Coffee County native takes on a new role with UT Extension
- 22 Local program sends seniors back to school

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PHOTOGRAPHY BY BROOKE SNYDER

◀ Peggy Dollar and Kassie Ryan



Tullahoma makes the list of best small towns

The city ranks 23rd out of 150 towns across the nation

By Kali Bradford // Photography by Brooke Snyder

MAKING ITS mark as a must-visit small town, Tullahoma is one of three towns in Tennessee that recently appeared in a ranking of the best small towns in the country.

Coming in at 23rd, Tullahoma was among 150 small towns chosen by the travel website Family Destinations Guide (FDG). According to the website, 3,000 families across the U.S. were polled and asked to identify the best small towns to visit.

The review stated that Tullahoma was a “charming city offering scenic beauty, outdoor recreation, rich history, and a variety of cultural attractions.” Along with its

scenery and friendly atmosphere, Tullahoma is home to outdoor activities, like hiking, fishing, camping, numerous historical sites, museums, parks, restaurants, shops, and entertainment venues.

The Tullahoma Area Chamber of Commerce added that the city has something for everyone.

“Tullahoma is a town with friendly people who care. It’s a community of neighbors who know each other by name but still take the time to warmly welcome new faces,” said the chamber in a statement. “The pace of life is not too fast and not too slow, and nearly everything you need is within a 15-minute drive. There are

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local places to eat, shop, and have a nice time with family and friends, and a long list of places to visit with natural and historical significance.”

The review also made mention of the town’s aviation and aerospace industry, citing it as “a center for avionics, aeronautics, and aviation pursuits, making it an ideal destination for curious families.”

Applauding his community for being at the top of the list is local Alderman Daniel Berry. Berry said the ranking is no surprise due to Tullahoma’s outstanding citizens.

“Tullahoma is a shining example of the power of community,” he stated. “The people here embody the spirit of generosity, kindness, and support that make our town an extraordinary place. It’s hard not to feel inspired when you see the countless volunteers, mentors, friends, and family members who come together to impact the lives of those around them positively.”

He added that as a native himself, he has seen how much his community has grown and continues to grow while keeping true to all that makes a small town great.

“As someone raised in Tullahoma, I know firsthand the incredible influence our educators, business leaders, and community members can have on a person’s life.

They have helped me to achieve my dreams, to grow as an individual, and to give back to this fantastic community that has given me so much. I am constantly in awe of our residents’ dedication and passion for every aspect of their lives, and I feel honored to be a part of this truly inspiring community.”

Another Tennessee town making the list was Gatlinburg, which came in sixth place. FDG described Gatlinburg as a “vibrant mountain town surrounded by stunning natural beauty, rich history, and old-fashioned Southern hospitality.” Gatlinburg has a variety of activities, from outdoor adventures like hiking, biking, and zip-lining to indoor attractions like Ripley’s Aquarium of the Smokies and Ober Gatlinburg.

Franklin, in Williamson County, came in at 47th. The review cited the town as “home to a variety of historical sites, including the Carter House, as well as a variety of museums and galleries.”

ABOUT FAMILY DESTINATIONS GUIDE

FDG is a travel website that features reviews of hotels, resorts, destinations, and attractions for a trip for the whole family and lists detailed advice for traveling with children of all ages. FDG’s mission statement is to “help you and your family create incredible family travel memories that last a lifetime.” For more information, visit familydestinationsguide.com. GN



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▲ Amy Willis Prince

Coffee County native takes on a new role with UT Extension

Amy Willis Prince introduced as new Coffee County Extension director

By Kali Bradford // Photography by Ashleigh Newnes

WANT TO know how to save your house plant? Or are you looking for a way to find locally sourced products? Maybe you've just bought a few chickens and need to know the best food to feed them. This is just the tip of the iceberg of the information available at your local Coffee County UT Extension office.

Staffed with a crew of experts in everything from soil, water conservation, crop management, pest control, family care, and more, they are ready and welcome to help the residents of Coffee County in any way they can.

At the helm of the Coffee County office is Amy Willis Prince. A Coffee County native, Prince recently took the reins of director in February. Prince knows all too well the benefits the extension has to offer. In her new position as director, she wants to show her community what they have been missing.

AN EARLY START

Growing up with a father who was a farmer, a mother who was a teacher, and a long lineage of farmers, Prince said it was almost impossible not to be involved with agriculture in some way.

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“I was introduced to 4-H at a young age, and I loved it from the beginning,” said Prince. “My main project was food nutrition, which was great because I loved to cook. While I could do things I loved, I was also building some of those skills that I would need in adulthood.”

Prince added that with her involvement with 4-H, a youth organization part of the extension, she could take advantage of several opportunities.

“I was able to get scholarships because of the 4-H activities I participated in,” she said. “In college, I worked in the state 4-H office while I was majoring in ag-business at the University of Tennessee. I wasn’t sure exactly what I wanted to do at the time, but my dad is a farmer, and my mom’s a teacher, so the extension just blends those two things right.”

Upon graduating, she worked as a program assistant for the UT Extension program. She made the move in 2006 to Rutherford County to work full time as a UT Extension agent for the next 16 years.

“The great thing about the extension is that you can do so many different things in a day,” said Prince. “I go from teaching about cooking and talking about chickens to answering questions about house plants. There is never a dull moment and always so much to learn.”

Loving her job in Rutherford County, she long desired to return to her home county. In 2023 she finally got the opportunity to officially move back home and take the director position for the Coffee County Extension office.

“Extension jobs don’t come open often. When the previous director announced his retirement, I knew it was my opportunity to come home,” she said. “So being able to actually make that a reality is a dream come true. It is great to be back home. I love Coffee County. I’ve been wanting to come home, and I’m so excited to serve my community and provide education and programming. There’s so much potential, and I’m excited to make some new partnerships and provide new programming.”



Knowing the true benefits of the extension and the wide variety of education it provides, she wants to revamp the image of the extension and show the community all it has to offer.

“Historically, the extension and the 4-H program in Coffee County has been really strong,” explained Prince. “There are so many people in our community who were a part of programs, such as 4-H — people like Sheriff Chad Partin, along with other business owners and government officials. We have good support, but I think some things have been lost in translation a little bit. As people get further away from agriculture, they tend to forget about all that the extension offers. There are so many things that we do that are not for just a farmer. While we absolutely support our farmers, there is the master gardener program and family and parenting programs. We want people to understand that the extension is here for everyone. We do all the things, and we’re a great resource.”

For more on UT Extension and upcoming events, email awillis2@utk.edu or call the extension office at (931) 723-5141

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▲ Della Jolly, Peggy Dollar, and Mary Arnold

Local program sends seniors back to school.

Foster grandparents find purpose and help shape lives.

By Tina Neeley // Photography by Brooke Snyder

AH, RETIREMENT! We dream about it, save for it, and imagine how we'll fill our days. While many seniors and retirees find countless ways to spend their time, others discover extra time on their hands. Living costs continue to rise faster than retirement benefits, and low-income seniors are hit particularly hard.

Teachers never seem to have enough time or resources to meet all the demands placed on them and their students, and the pandemic left many students behind in reading. Not every student has a strong fam-

ily support system to encourage and help to catch up in any areas where they struggle.

But there is one excellent resource that serves to fill the gap for seniors, teachers, and students. The South Central Human Resource Agency's (SCHRA) Foster Grandparent Program, funded through AmeriCorps Seniors, is that bridge.

Jeana Mills, Foster Grandparent Program director, said Bedford, Franklin, Coffee, and Lincoln County headstarts, schools, and after-school programs are among the 13 counties covered in our area. Foster grand-

parents presently serve over 27 students in Lincoln and Franklin Counties. SCHRA is ready and able to connect students, seniors, headstarts, schools, and after-school programs in Bedford and Coffee Counties."

Mills said, "We currently serve 23 partnerships in our area, and my goal is to establish a partnership with Bedford and Coffee [Counties]. While headstart programs usually receive only one [grandparent], we can cover a larger area in our school systems."

The volunteer program is open to all seniors. Travel is reimbursed, and participat-

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ing seniors are paid \$4 per hour. Volunteers must work at least five hours weekly and may choose to work up to 40 hours weekly.

The one-on-one sessions with students focus on reading, math, and building life skills. Teamwork and self-confidence grow as students benefit academically and form lasting connections with the foster grandparents long after the school year ends. The areas where volunteers are presently assigned find the presence of the foster grandparents to be an essential part of student learning and something positive within the school or program's culture.

Mills explained the foster grandparents' requirements. "To qualify, they must be low income, over 55, and able to pass a background check. They receive 40 hours of training — 20 hours with us and 20 hours shadowing someone at the school," she said.

Volunteers choose the number of hours they want to work, and many choose additional hours once they've experienced the program.



▲ Memphis Snyder and Della Jolly



▲ Peggy Dollar and Kassie Ryan

"I always warn the volunteers, once you start working with these children, they will love you endlessly, and you will love them the same. They will become like family, and when you're out for doctors' appointments, illness, or simply a personal day, you will be missed. So be ready to explain why you were out because they will ask," she said.

Mills continued, "It's just a win-win. The kids get extra help, the teachers get extra help, and senior citizens stay active and engaged in the community. Every morning, they have a purpose to get out of bed and push themselves to keep going. It's a really good program that works hand in hand between both generations." GN

For information on becoming a foster grandparent or to connect your school with the program, contact Jeana Mills at South Central Human Resource Agency at (731) 514-5967



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Tina Taylor and Brooxie Caldwell holding The Silver Level of the company's Honor Club for 2023 at Americare's annual awards ceremony.

Our Honor Club achievement is the result of a team effort," comments Tina Taylor, Administrator. "It belongs to the entire staff. Each day we work hard to deliver person-centered care and to operate in a way that is true to Americare's philosophy. We're very proud to have been recognized for our efforts," she finishes.

"The company considers a nomination in any one category quite an achievement," comments Americare President Michael Hammond. "The community that actually wins the award is simply the best of the best and truly reflects quality that has made Americare a trusted name in eldercare services," he adds.



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CHAPTER 2 OF 3

This section of the magazine covers local people or businesses you need to know about.

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Our stories are based on submissions from local people.

Submit yours here:



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PHOTOGRAPHY BY ASHLEIGH NEWNES

◀ Brandon and Katie Leming



Growing to Help & Serve

MOTLOW'S STUDENT GOVERNMENT SERVES COLLEGE AND COMMUNITY.

By Kali Bradford // Photography by Ashleigh Newnes

FORMER PRESIDENTS Bill Clinton and Ronald Reagan, Halle Berry, Brad Pitt, and Oprah Winfrey — what do they all have in common? All internationally famous individuals have made a difference in their chosen professions. They have championed causes, introduced legislation, passed laws, and led people to the greater good. Each was also involved in student government as high school and college students.

Participating in student government provides individuals with many growth opportunities. You can advocate for your student body and pursue causes you're passionate about. You can learn from others and develop skills to help you during your academic career and future profession.

Locally, the Motlow Student Government Association (SGA) is offering its students that same opportunity for growth. Representing the student body at events on Motlow's campuses, the SGA is involved in planning and executing events on every campus, from Weeks of Welcome to Finals Week celebrations. The college's website encourages all students to attend SGA meetings and voice their concerns or ideas.

"SGA is crucial," said Yaritza Gotay, dean of students, student success division. "Not only are they the voice of the students in committees and during meetings where they are allowed to share their opinions and the student body's opinion, but also in creating events of connectedness. Especially after the pandemic, I think many students are coming in from high

schools and may have been accustomed to being in the house and on the computer. Bringing that sense of connection of having the support of peers around can brighten a student's life."

Savannah Gill and Jackson Wheeler are two students making a difference through the college's SGA.

Gill is a current SGA senator and next year's SGA vice president for the college's Fayetteville campus. A Fayetteville City High School graduate, Gill is no stranger to student government.

"I have always been involved," she explained. "Throughout high school, especially senior year, I held four to five managerial positions in the different clubs and activities we had throughout the school. I knew involvement in such things provided additional opportunities than just attending school."

Currently involved in both SGA and Motlow's honors society, she said she has enjoyed interacting with peers and making connections.

"We had SGA boot camp at the beginning of this year," said Gill. "They gave us a rundown of what SGA does and what your positions can do for students. We were able to be in the same room, asking questions, bouncing off ideas of each other, and making connections with each other."

Pursuing a degree in marketing, Gill said she hopes her involvement with SGA will help move her through her collegiate and professional career.

"I hope I will be able to make connections because each can help move me along in a career and life," she said.

She also hopes to bring what she gained from SGA back to her hometown of Fayetteville. Gill said young people in the community are essential to its future.

"I'm a small-town girl, so I plan to come home once I finish school," explained Gill. "Young people in small communities are important because our voice needs to be heard. We are the future of these communities, and we want to be a part of the discussions,

“

Young people in small communities are important because our voice needs to be heard.

- SAVANNAH GILL



SAVANNAH GILL



decisions, and planning of our communities. And we need to take the initiative to be involved because the more involvement you have, the more people will listen. We have to be the change we want to see.”

Jackson Wheeler is the SGA vice president for Moore County. An athlete in high school, Wheeler said his interest in SGA peaked after seeing a need to bring students together after returning to a post-COVID campus.

“I knew SGA boosted student morale and gave them opportunities to engage with each other,” he explained. “When I arrived in the fall of 2021, the campus seemed quiet. There weren’t a lot of students on campus due to COVID restrictions. With things lifting, we wanted to create opportunities for students to return to campus. Since then, we’ve been focused on hosting campus events.”

“

I was happy to be a part of giving some of these groups more of a reason to hang around each other than just seeing each other in class.

- JACKSON WHEELER

Wheeler said the student body had responded well to SGA-led activities, creating a more lively and energetic campus atmosphere.

“I was happy to be a part of giving some of these groups more of a reason to hang around each other than just seeing each other in class. Everyone’s been super positive, and they’ve enjoyed spending time with each other,” Wheeler added.

A soccer player in high school, Wheeler knows the benefits of being part of a team. He said SGA had furthered his teamwork skills. Through those skills he is looking forward to implementing them as he heads to a four-year college and into the workforce.

Gotay, who accepted the dean of students position in July, said she hopes to see Motlow’s SGA continue to grow.

“We want to be more active with the Tennessee Board of Regents and participate in Capitol Hill competitions. We are just growing up and plan to grow extensively throughout all campuses,” she added.

She also hopes that with this growth, the SGA reaches new heights in serving both on and off campus.

“We grow to help others, and we grow to serve others,” explained Gotay. “In this role, I’m passionate about helping students, which drives me. I hope that SGA students can acquire that same passion for their students and help them not only here but when they transfer into a four-year institution and to keep pushing agendas that help dismantle barriers that sometimes are in the way of students succeeding.” GN



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Fresh Fruit Cup - \$5.50

Toast (choice of white or wheat bread) - \$3.00

Basket of Chips - \$3.00



COLD SANDWICHES

All sandwiches are served with kettle chips and pickle spear on your choice of white or wheat bread.

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French Onion Soup - \$5.50

Hearty and flavorful beef broth with grilled onions poured over a large toasted crouton, topped with melted Swiss cheese.

Nanny Graham's Chicken Salad Plate - \$12.00

A scoop of our in-house made chicken salad made with all white meat chicken salad, celery, onion, Granny Smith apples, grapes and pecans, blended with Hellmann's mayonnaise, served on a bed of lettuce with seasonal fresh fruit.

Caroline's Blackened Chicken Caesar - \$11.50

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Mary Grace's Strawberry Poppysseed Salad - \$10.50

Spring mix topped with candied almonds, and sliced strawberries. Served with in-house made creamy poppyseed dressing. Top any salad with grilled chicken - \$2.00

KIDS

Pancake Plate - \$5.50

One large Buttermilk pancake served with choice of Applewood smoked bacon or Tennessee Pride sausage.

Egg Plate - \$5.50

One egg cooked to order with choice of Applewood smoked bacon or Tennessee Pride sausage.

Clay's PB & Jelly or PB & Banana - \$6.50

A classic combination of smooth peanut butter and strawberry preserves. The beloved Depression era favorite of smooth peanut butter and freshly sliced banana on white bread. Try it Elvis' way -- grilled!

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Bottomless Fountain Beverages - \$3.00

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Stewart's Root Beer served over vanilla ice cream topped with fresh whipped cream.

Sunkist Orange Soda Float - \$5.50

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WALKING INTO YOUR CALLING

The Lemings are building community through their passion.

By Kali Bradford // Photography by Ashleigh Newnes and submitted by Brandon and Katie Leming

FOSTERING A sense of community is an essential aspect of a thriving society. For communities like Tullahoma, a sense of belonging, common goals, and shared values are critical for growth and prosperity. Two individuals who understand this well are Katie and Brandon Leming. They know it so well that they are on a mission to create even more community through their business, Tullahoma Gymnastics and Cheer (TGC).

When you walk through the doors of TGC, you see kiddos of all ages and skill levels practicing their routines, perfecting their skills, and pushing their limits. Some are practicing flips and jumps on the floor mat, while others are swinging on the bars or gracefully moving along the balance beam. You can hear the sound of feet hitting the mat, the grunts and gasps of effort, and cheers of encouragement from coaches and fellow participants. While those who attend TGC are learning the skills of tumbling, gymnastics, and cheer, they are also learning the skills of teamwork, leadership, and, most importantly, the value of community.

MAKING THE TEAM

TGC is Brandon's dream. Since 2008, he has been working to create a place that makes and harnesses energy, encouragement, and excellence.

"When I was in middle school, we were sitting around the lunch table during spring football practice and said wouldn't it be funny if we went out for cheerleading," he said. "And I was the only one that showed up at tryouts. I saw the girls doing flips, and I thought, I could do that. I was wrong, but I did wind up making the team."



Cambree Hammock
and Haven Thomas



Payten Wilder

His mother then advised Brandon that if he was part of the team, he needed to do it safely.

“She put me in tumble classes,” he said. “But after a month or two of classes, the teacher asked if I would help her out. That was my first job. Once I outgrew the gym in terms of skill, she sent me to a gym in Huntsville where I trained during my high school years.”

During Brandon’s time making the drive to and from Huntsville, he began to envision opening up a gym that was closer to home.

“I was driving an hour each way to practice three or four days a week. I knew I would be back to open a gym like that. And over time, it evolved in terms of deciding what that would look like.”

TEAMWORK MAKES THE DREAM WORK.

Executing your dream is great, but doing it alongside a partner who supports and joins you in your venture is a dream come true. Brandon considers his wife, Katie, that person.

“She’s the secret weapon in everything I aspire to do. She’s the smartest person in the room in almost every situation,” he said.

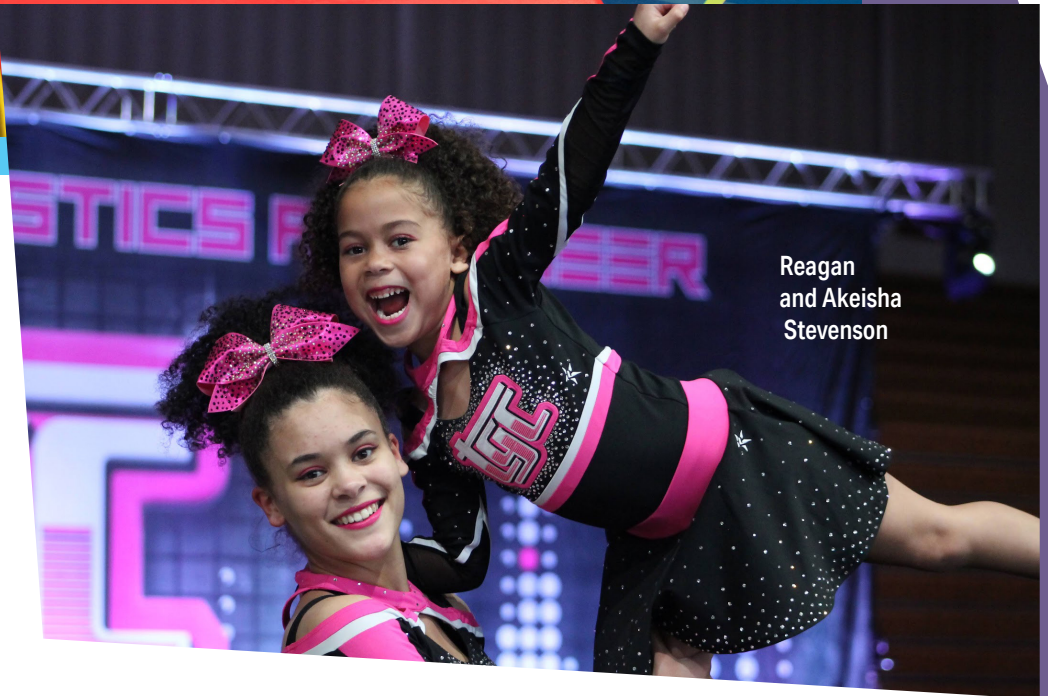
Katie said she has enjoyed participating in this journey with her husband.

“Brandon is very much in front of the scene, and I’m behind the scenes. He’s passionate about coaching, teaching, and tumbling, and I’m passionate about supporting him.

Both say their support of each other has been a key to their success and something that helps them continue to build on that success. The couple also credits their staff, who they say are just as dedicated to nurturing the community at TGC as they are.

NOT A BUSINESS BUT A FAMILY

“One of the words that people seem to use about TGC is family,” said Brandon. “When you walk in TGC, you get this sense of community. And so whether you take classes one day a week or are involved in a competitive program and there three or four nights a week, there is an incredible sense of community that you will feel.”



Reagan
and Akeisha
Stevenson

Katie added that the most rewarding aspect of the business is seeing people come from different towns and connecting when they might not have otherwise.

“We have families coming from Cowan and Fayetteville who are meeting and then becoming connected outside of TGC, which is great. This creates an overlap in their lives, and they spend time together here,” she said.

In the future, the Lemings plan to continue to build on the strengths of family and community at TGC.

“I think it’s cool for not only our children but all the children that we interact with to see that you don’t just have to color between the lines all the

time,” explained Katie. “The phrase, it takes a village phrase, is alive for us because there are families in our program in our gym that my kids are as close to as any family member.”

Brandon added that TGC is their calling.

“It’s important to walk into your calling, no matter your spiritual alignment,” said Brandon. “We all are

called to something that brings us alive. For us, it’s this community and doing something that we wake each day passionate about doing here in Tullahoma.” **GN**

To learn more about TGC, visit online at tullahomagymnasticsandcheer.com.

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THE NEXT GENERATION



The future is bright.

IN A world that often grapples with uncertainty and challenges, there exists a fountain of hope and inspiration: the next generation. These young adults, poised to become the leaders of tomorrow, are a testament to the strength and power that lie within them. Their unwavering determination, compassion, and innovative thinking assure us that the world is in good hands. As we witness their remarkable potential, it becomes clear that our communities are better, brighter, and filled with promise.

The next generation embodies resilience in the face of adversity. They possess an innate ability to adapt to changing circumstances, and their unwavering belief in a brighter future serves as a guiding light. These young leaders refuse to be defined by the challenges that precede them; instead, they transform obstacles into opportunities. Armed with an unwavering sense of purpose, they forge ahead, breaking barriers and redefining what is possible. Their visionary thinking and capacity to tackle complex issues with fresh perspectives instill confidence that they will navigate the intricacies of the world with poise and wisdom.

The next generation represents a beacon of hope and inspiration. With their resilience, visionary thinking, collective empowerment, and unwavering commitment to shaping a brighter tomorrow, they instill a sense of confidence and assurance. The world is in good hands as these young leaders emerge, poised to tackle the challenges that lie ahead. Their strength, power, and unyielding determination serve as a testament to the incredible potential within each of us. As we embrace their passion and support their endeavors, we forge a path forward marked by hope, progress, and a better future for all. **GN**

TELLING TULLAHOMA'S STORY

By Kali Bradford

Photography by Ashleigh Newnes

and provided by Zach Birdsong

Zach Birdsong shares the love of his community through stories.



PHOTOS BY ZACH BIRDSONG

CHANCES ARE, if you've played a school sport in the last 10 years or had a child who did, you know Zach Birdsong's name.

Those of us who know him are familiar with the sights of him walking quickly down the sidelines wearing his beloved orange Sam Houston University baseball hat with a camera and notepad in hand. Attending almost every school sporting event, he would be spotted feverishly writing stats while taking live-action shots, many of which landed him several awards from the Tennessee Press Association.

Known as the local sports reporter for almost a decade, Birdsong made it a mission to highlight every local sport. He learned each sport had a story, and during his time at The Tullahoma News, he worked diligently to tell each to the best of his ability.

Now he is telling the story of Tullahoma City Schools (TCS). As a communications specialist for the district, Birdsong is keen to showcase all the fantastic things happening within our local schools.

A KID FROM HOUSTON

At just 24 years old, the Texas native decided to take a chance and put his hat in the ring for a position as a sports editor in Tullahoma, Tennessee. As luck would have it, Birdsong would be chosen for the job and make a 14-hour move to his new job and home in Tullahoma.



▲ Zach Birdsong



“I was very nervous,” he admitted. “Anybody would be nervous after moving somewhere where you don’t know anybody and to a state 14 hours away from home. I asked myself, ‘What have I gotten myself into?’ But I was here and decided to do my best.”

One of the first things on Birdsong’s list was to get on a personal level with local coaches. That relationship building was paramount to a successful start in a new position in a new town.

“One of the things I did while working at the student newspaper, The Houstonian, at Sam Houston State University was to reach out to coaches to try to introduce myself,” he said. “Still, to this day, I think the best way to get great stories is by getting

to know people personally. I’ve had coaches over the years where we would just be talking, and they’d mentioned something about their kids or other athletes doing something, and an opportunity for a story would come from that conversation. Those relationships helped me garner the trust that I had with coaches.”

Building those relationships helped Birdsong become more acclimated and successful as a sports editor and discover that Tullaoma was becoming home for him.

“I can’t even express what this community has meant to me,” he said. “One of the things that I’ve appreciated since moving here is that the community has embraced me. It really has been a great experience.”

TELLING THE TCS STORY

Birdsong told the story of local sports teams, coaches, and athletes as a sports reporter. Now he has delved deeper into the Tullahoma community by promoting one of the city's greatest assets — its children. Birdsong currently serves as the communications specialist for Tullahoma City Schools, a position he said he enjoys.

“Even at the newspaper, I was getting to interact and highlight students,” he explained. “Now, in this position, it’s still along the same lines, where I get to tell those student stories and highlight what is happening inside this district. There’s so much happening in TCS that not many people are aware of that deserves to be highlighted. These last two years have been a lot of fun.”

After a decade of living in Tullahoma, Birdsong said he is proud to call the city home and plans to continue positively telling Tullahoma’s story.

“I just want to tell the stories and positively impact the school district,” he said. “That’s my only goal in this position. I want to ensure that I’m telling Tullahoma City Schools’ story in the best way possible.”

THE OTHER SIDE OF BIRDSONG

Birdsong’s talents extend beyond Tullahoma. Since arriving in the city, he has honed his craft as a photographer.

“When I took the job with the paper, I was handed the camera and told good luck,” he explained. “Sports photography is not easy, so I wanted to improve, and I thought going to concerts would be a great way to practice. I am also a huge music fan, and Tennessee is such a great state for music, with Nashville’s music scene and Bonnaroo happening in the summer. Somehow, years later, I’m getting to photograph all these mega artists.”

Birdsong photographed artists including The Who, Cardi B, Paul McCartney, Gladys Knight, and Carrie Underwood.

“It’s just crazy that I had that door open for me just because I wanted to get better,” added Birdsong.

Photography all around has become something that has become a passion for Birdsong. Through taking pictures, whether at a concert or a football game, he hopes to tell a story that will resonate with whoever views them.

In the future, Birdsong plans to continue to tell the story of those around him, whether through words or photography. To view his photography, visit his website at zbirdsongphoto.com. **GN**



PHOTO BY ZACH BIRDSONG

Cardi B ▲

“Sports photography is not easy, so I wanted to improve, and I thought going to concerts would be a great way to practice.”

- Zach Birdsong

WORKING TOWARD SUCCESS

By Kali Bradford

Photography by Ashleigh Newnes

and submitted by Jared Hood

Jared Hood is paving the way for a successful future through hard work.

TULLAHOMA NATIVE Jared Hood is no stranger to work. In fact, he might be one of its biggest fans.

As the sun rises, so does he, eager to conquer the day, take care of business, and look for new opportunities. Since he was 16, he has worked in the Tullahoma community, growing and learning in whatever position he has taken.

Some of you, like myself, know him as the friendly and courteous cashier at the Food Lion grocery store. Others have been helped significantly through his extensive knowledge of banking at Coffee County Bank. Now, he's pushing his knowledge and skills further and in a new direction, as he owns a well-known and long-held business in the community, Access Title & Escrow Inc. You could call Hood a local entrepreneur of sorts. At just 26 years old, he's already making an impression on his small town and is just getting started.

GETTING STARTED

Hood knew hard work would carry him far, and with that in mind, he got started. At 16 years old, he was hired as a cashier at Food Lion in Tullahoma. Hood said he enjoyed the job and his customers and fellow employees.

"I just really enjoyed working there," he said. "You get to know people who come through your line, and they become friends. I also enjoyed my co-workers."

Upon graduating in 2014, Hood went to Motlow and then on to the University of Alabama at Huntsville (UAH). He majored in accounting — a love Hood said he got from his mother, Jeri Lynn Allman. Also, while attending school full time, he continued to work full time at Food Lion.

"My mother has worked in the banking industry since I was born, so I knew I wanted to pursue accounting. While attending



UAH, I decided to commute to campus and continue to stay here in town. I loved my job and where I lived,” said Hood.

After graduating from UAH, Hood took a job with Coffee County Bank. He would also continue to work at his much-loved first job, Food Lion. Hood was also venturing into another vital role as a husband during this time. Marrying his sweetheart, Martha Brooke, in 2018 was a moment that Jared was very proud of. It also solidified his determination to be able to provide for his wife.

NEW OPPORTUNITIES

Always looking for new opportunities, Jared began to do just that. After speaking with Ginny Pack Wehrle, long-time owner of Access Title and Escrow, he decided it was time to enter a new adventure.

“Ginny told me she was thinking about selling the business,” said Jared. “I had worked with her several times during my time at the bank. So I made her an offer, and she accepted. I was 25 when I took ownership in January 2022. It was a little bit of a learning curve, but it’s been worth it.”

Jared said it’s been a joy to work with the community as they become homeowners and citizens of the community.

He also keeps busy as the landlord of several properties in town, along with recently purchasing a farm where he and his wife, Martha Brooke, intend to build a home for their two daughters. While there isn’t much time for a vacation for Jared, he wants to do his best to be an asset to the community while making a good life for his children.

“I just wanted to provide and make a good life for my kids,” he added.

Martha Brooke added that Jared’s work ethic is truly unique.

“Jared has one of the best work ethics I’ve ever witnessed,” she explained. “Many people met him when he worked at Food Lion in high school and college. He worked countless hours here and truly enjoyed every second of it. Jared has worked so hard to get to where he is now and continues to have bigger plans for the future. He has had to work for everything he has accomplished this far in life, but I don’t think he would have it any other way. He loves to work and provide for our girls and me, [and] help Tullahoma thrive and grow. I am so, so proud of him.”

She also stated that she and Jared are proud to be active members of the Tullahoma community and proud to call the town home.

“One thing that has always bugged me is when people say that to be successful and happy, it’s important to leave where you came from and find your way somewhere new,” she said. “While this may be true for some, it isn’t true for everyone. If it were, family-centered towns like Tullahoma would have difficulty existing. I believe it’s important for young couples to settle down where they are happy and invest in that community. This can happen in many ways, not just by owning a business but by working with your child’s school’s Parent Teacher Organization, participating in a South Jackson Civic Center production, or helping with vacation Bible school during the summer at your church. Young couples need to use the talents that God gave them to pour back into their community. We cannot expect things to keep improving for our children if we don’t help make it happen.” GN

▼ Martha Brooke, Mary-Alice, Eliza-Grace, and Jared Hood





“I just wanted to provide and make a good life for my kids.”
- Jared Hood



PLAYING IT FORWARD

By Kali Bradford

Photography by Ashleigh Newnes
and submitted by Bryan Morris

Baseball coach Bryan Morris returns his love of the sport to his players and community.

WHEN BRYAN Morris hung up his hat as a professional baseball player, he knew he wasn't hanging up his love of the sport. Morris enjoyed a successful career as a pitcher for the Pittsburgh Pirates, Miami Marlins, and San Francisco Giants. With a world of possibilities seemingly at his fingertips, he thought about his mentor and high school baseball coach, Scott Hargrove. Morris remembered the lasting impact that Hargrove had left on him. That impact followed him into adulthood and throughout his athletic career. He knew that he would like to have that same impact on young players. And when he learned of an opening for a high school baseball coach position in his hometown of Tullahoma, he knew that this was his opportunity to do just that. While he could have gone anywhere in the country to







coach, Morris knew this was his chance to give back to Tullahoma High School baseball what was given to him.

“Much of my coming to Tullahoma had to do with my high school coach, Scott Hargrove,” said Morris. “I feel that I learned a lot from him and still do when it comes to the game and, really, just life. The impact he had on me was something that I wanted to give to other kids that came out of my hometown.”

A 2005 Tullahoma High School graduate, during Morris’ high school career, the dream of coaching was something he wanted to make a reality one day.

“I knew I wanted to coach because my father was a coach,” he said. “He had a great connection with his players, who kept in contact with him after they had finished playing. I wanted to have a similar relationship with my players. I want them to know everything I do for them is in their best interest.”

Now, almost four years into the job, Morris added that he is enjoying his relationship with his players and getting to live out his vision of being a coach.

“While there have been some things that go into coaching that I never really thought about, the actual coaching side of it



▲ Bryan, Chelsey, Lincoln, and Colton Morris

and the relationship that I have with the kids has been what I envisioned and more,” he said. “I hope they remember everything I put into the program was for them. I do everything to benefit the program and the players as best I can. I always tell them at the beginning of every year that the only thing that I can guarantee them is that I’ll tell them the truth, which isn’t always something they want to hear. But that is what I owe them more than anything is the truth in every situation.”

Along with coaching, Morris stays busy as a father to three young children with his wife, Whitney. Being a father to Colton

“I hope they remember everything I put into the program was for them. I do everything to benefit the program and the players as best I can.”

- Bryan Morris

(7), Lincoln (4), and Duke (8 months) has inevitably had an effect on Morris’ coaching.

“It’s definitely given me a little bit more patience,” he explained. “I was actually a dad before I started coaching. But what’s funny is during my first years of coaching, my father was one of my assistants. It was good because I leaned on him, and he taught me how to be the leader of the team. A couple of years ago, I made a tough decision to move on without him being on my staff. I wanted to be able to fully take the reins as a coach. Last year was my first year without him. While it was difficult at times, I think it also played a big role in the success that we’ve had.”

Bringing his family back to his hometown was of the utmost importance to Morris.

“I’m excited about having the opportunity to raise my kids in Tullahoma because I love this place,” he said. “It’s the reason I came back home versus taking other opportunities that were available when I finished my professional career. Tullahoma is just a small town, and the community is very supportive of me and baseball, along with other sports as well.”

Morris added that he hopes to add to the legacy of the community and sports legacy of Tullahoma.

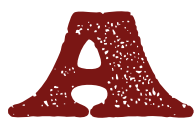
“It’s huge,” he said. “Obviously, the young people that stick around will be the core of the community, and we have so many people to look up to with the generation before us. We certainly have big shoes to fill, especially with people like coach Olive and coach Hargrove. He, [and] others, have set a very high standard, and I am trying to live up to that standard.” **GN**



SAVOR SUMMER'S
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LIVING**

Family and friends sweeten the season.

By Tina Neeley



AS SUMMER heats up, so do our grills and smokers, giving our kitchens a well-deserved break. Casual worknight dinners, weekend celebrations, and holiday parties bring together families for good food and, sometimes, fireworks. Plates filled with barbecue, burgers, and dogs, joined by potato salad, cole slaw, chips, and dips, are balanced as we gather in lawn chairs or sit by the pool. Homemade ice cream and cookies sweeten the occasion. Summer living — and its foods — are easy! **GN**



TANGY GRILLED BEEF

Submitted by Rosalind Lindsey

- 1 can tomato soup
- 1 t. Worcestershire sauce
- 1 t. garlic powder
- 1/4 t. dried thyme leaves, crushed
- 2 t. packed brown sugar
- 2 t. lemon juice
- 2 t. vegetable oil
- 1 1/2 lbs. boneless beef sirloin steak, cut 3/4" thick

In a large bowl, mix soup, sugar, lemon juice, oil, Worcestershire, garlic and thyme. Brush mixture on both sides of steak. Place steak on hot grill and cook until golden brown and slightly charred. Turn steak over and continue to cook until desired level of doneness. Bring remaining soup mixture to a boil and serve with steak.

ROASTED CORN ON THE COB

Submitted by Betty Pirtle

- 8 ears fresh corn in husks
- 1/3 c. Italian dressing
- 2 1/2 T. water
- 1 T. chili powder
- 1/8 t. ground red pepper

Carefully peel back husks, exposing corn. Leave husks attached. Remove and discard silks. Combine Italian dressing, water, chili powder, and red pepper in a small mixing bowl. Stir well and brush over corn. Return husk to original position and tie the tips with wire twist-ties. Grill corn over medium hot coals for 30 minutes or until the corn is tender. Turn corn every 5 minutes.

OLD FASHIONED ICE CREAM

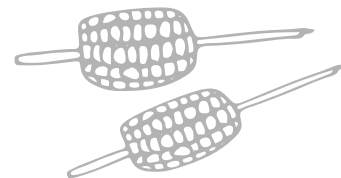
Submitted by Keith Hamner

- 6 eggs
- 2 c. sugar
- 2 qts. whipping cream
- 2 T. vanilla
- approx 1 qt. milk

In a large mixing bowl, beat eggs. Add sugar and beat until creamy. Stir in whipping cream and vanilla. Pour into ice cream freezer. Fill container with milk to reach 3-4 inches from the top. Cover and place in freezer bucket. Fill bucket with alternating layers of crushed ice and rock salt. Freeze according to freezer directions.



Submit your recipes to be included in Good News Magazine and the Exchange Cookbook: www.southernaprons.com





The power of perspective

Consider a larger view.

By Tina Neeley

WE SAW the sky but little else through the window in the room where we sat. The gray and white clouds marched briskly by as blues and grays traded places.

She was convinced the clouds would bring rain later in the day and said so every few minutes.

“No, I think they’re moving out, not in. That blue sky peeking through is going to bring sunshine,” I said, and for a minute, it seemed we’d settled the forecast.

Turning her eyes back to the clouds, she said, “I think it’s going to rain later today.”

“It looks like it, but I think they’re moving out, not in,” I said, as if for the first time.

Our seats in the memory care facility limited our view. Walls and locked doors stood between her and a larger view. I had the benefit of the morning’s forecast — a different perspective based on the training of a meteorologist, an authority

in the field. Her ability to grasp the good news of improving conditions was limited by more than the walls and doors of the facility. Dementia had stolen her ability to hold on — even for more than a minute — to reassurance that a brighter day was promised and the blue in the morning sky would spread, not diminish.

Aren’t we often the same?

So many times, life’s circumstances feel like they should come with storm warnings announcing their arrival and promising their departure. Struggles, as numerous as the clouds, obscure our view. Weariness from the realities of the weight of parenting, caring for others, paying bills in today’s economy, and responsibilities at work and home distract and overwhelm us. Grief, anxiety, and depression can also block the light of hope.

We can’t always trust what we see.

We have an enemy who loves to see our busyness confuse our thinking like

the clouds of dementia. We are not his prisoners, confined to the locked doors and walls of this world. The devil hopes we forget our direct access to the true authority and the truths of His Word. We are beloved children of the one who fulfills His purposes for us and provides rest and strength for our next steps.

He who sits above the clouds sees the beauty and promise of our days, our moments. He loves us. He is with us.

Isn’t the sun always shining despite the clouds?

Now, that’s worth repeating! **GN**

AFTERTHOUGHTS:

“In the shadow of your wings, I will take refuge till the storms of destruction pass by. I cry out to God Most High, to God who fulfills his purpose for me.”

-Psalm 57:1-2





CHAPTER 3 OF 3

This section of the magazine covers local things to do.

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PHOTOGRAPHY BY CHASE PERRYMAN

◀ Jimmy Bratcher and Pearl



Gloria

Motlow Theatre takes on a well-known musical.

“CHICAGO the Musical”

presents a theatrical benchmark for Motlow students

By Kali Bradford // Photos submitted by Motlow College

THE MOTLOW College Theatre department recently presented the iconic “Chicago the Musical” production for its latest production.

Set in Chicago in the jazz age, the musical is based on a 1926 play of the same title by reporter Maurine Dallas Watkins about actual criminals and the crimes on which she reported. The story is a satire on corruption in the administration of criminal justice and the concept of the “celebrity criminal.”

According to Motlow Theatre professor Emily Seal, one of her students chose the production.

“Students submit plays they would like to do,” she explained. “They can email me anytime throughout the year to submit a play they want to do. Typically there is more of a buy-in from the students if they pick the play.”

Seal added that students were excited about taking on the multi-award-winning production.

“We had a much bigger turnout for auditions than before because the students were into the idea of “Chicago.” A lot of dancers were excited to do the show because of the big dance scenes,” she said.

With over 20 dance numbers and a somewhat intricate set, the production provides a welcomed challenge for the cast. However, the challenge is something that Seal said that she knows the cast and crew can handle.

“Chicago” is one you know has a grittier look,” she explained. “It’s not something we have to achieve Broadway level for and can do with a lower budget. It’s

also talent-driven. It’s dancer-driven and vocals driven. And we have talent. We may not have all the money in the world for a huge production, but we do have talent.”

Seal said she hopes each student comes out of the production feeling like they belong to something bigger than themselves.

“I hope they come away with a sense of belonging,” she said. “I think COVID sort of alienated people and put them in their little hidey holes. And I think it’s easy to forget that we need each other and that if we come together, we can do things that seem really ambitious. This is a really ambitious project for us, but I think they can see we’re better together, and you know, if it gets them off their screens for an hour a day, I think it’s a good thing.”

She also hopes the audience can gain some independent thinking from attending the musical.

“There’s a little bit of cynicism in this play, which I think is healthy right now in America around the justice system,” explained Seal. “The play sort of mocks the American justice system. The original author was a reporter disillusioned with the sort of kangaroo courts that were going on. Hopefully, the production will spur people to be politically active and improve their communities through voting and not always necessarily trusting everything they read in the press, but deciding for themselves.”

The cast includes Madelyn Hansen, Violet Hendrix, Mars Jones, Alex Torrejon, Michael Higdon, Mason



Violet and Tucker

Alex Torrejon

Madelyn

Gloria, Julius, Tucker, Violet, Zach, Gio, and Jacey

Buck, Sarah Reece, Gloria Johnson, Tucker Johnson, Talia Dillard, Maven Robinson, Abby Troyer, Bethany Farrar, Lorelei Petty, Kiauna Lawrence, Julius Welch, Lilliana Johnson, Zachary Sons, Lana Bassel, Jacey VanHooser, Emily Graves, Jude Poe, Giovanni Salazar, and Jennifer Boesch.

The show's production team includes Emily Seal, Tim Chamberlain, Connie Dodson, Gianna Afflerbaugh, Kurt Krause, Tucker Bottum, Eric Petersen, Miriam Lee, and Kristie Gibson.

Instrumentalists include John Cook-Banjo, Brian Fleck, Kyle Copeland, Lisa Maurer, Vicki Collinsworth, Tom Maurer, Todd Nichols, Allen Johnson, David Bethea, and John Harris.

"Chicago the Musical" is a book by Fred Ebb and Bob Fosse, music by John Kander with lyrics by Fred Ebb. Based on the play by Maurine Dallas Watkins, the script adaptation is by David Thompson.

For more about the story, visit online concordtheatricals.com/p/2746/chicago. GN

COMMUNITY EVENTS



▲ Wendy, Colin, and Mickey Shuran

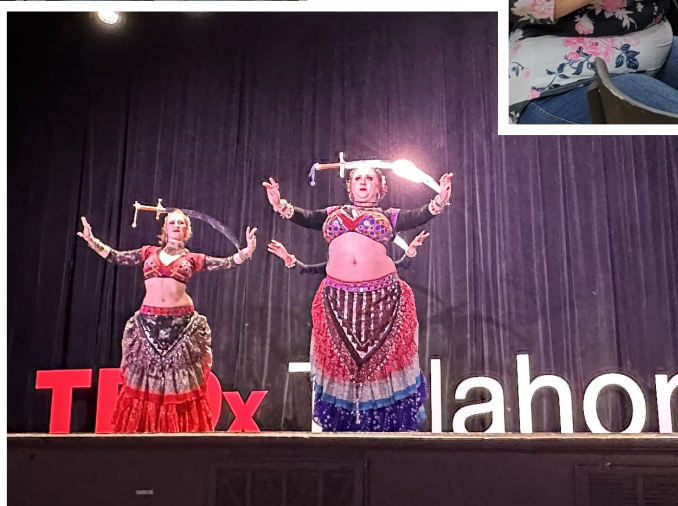
Showcase of local talent

Photos submitted by TedxTullahoma

The third annual TedxTullahoma event took place at South Jackson Civic Center. The event featured locals from different walks of life sharing their inspiring stories. Speakers included Arianna Marin, Brittany Weddington, Colin Shuran, Donald Choate, Fire Phoenix Belly Dancers, Lisa Baker, Nidhi Gupta, and Lyle Russell. Those who attended also enjoyed “experience stations” that allowed them to participate in bright interactive stations, courtesy of the event’s sponsors, such as The University of Tennessee Space Institute, Motlow College, and Vanderbilt Harton Hospital.



► Friends sharing lunch together



▲ Morgan Driver and McKenna Driver

Brittany Weddington ►





◀
Brittany Elser,
Logan Lee,
and
Craig Watson

Ceiliúradh a dhéanamh ar (to celebrate)!

Photography by Chase Perryman

The Highland Rim Scottish Society held its ninth annual Piping on the Green Celtic Music and Crafts Festival at the Celtic Cup Coffee House in Tullahoma. The crowds came out to enjoy the annual festival that featured vendors, a crafts fair, and live music.



▲
Megan,
Jesse, and
Ezra Lubben



▲
Lexi Peacock
and Lovebug



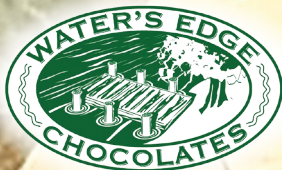
▲ Tom Fittis



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GOOD TIMES

EVENTS CALENDAR

June 15

8:00 am Broadway Revue
South Jackson
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and the Mitchell Museum
404 S. Jackson St.
Tullahoma

Learn more at
southjackson.org.

June 17

**8:00 am Diamond & Design
Trade In**
Kay Jewelers
1607 N. Jackson St.
Tullahoma

Bring in your diamond
Kay Jewelers pieces for
trade in at our one day
only show.

9:00 am Cruise-in At The Park
Waggoner Park
1300 E. Carrol St.
Tullahoma

For information call
Brian Myers
(931) 581-4775 or
Jennifer Myers
(931) 247-6421.

June 19

8:30 am VBS
First Baptist
Church Tullahoma
108 E. Grundy St.
Tullahoma

June 19-23, 8:30 a.m.
until noon. Children learn
through the teaching,
drama, crafts, science
experiments, games,
snacks, and fun.

**6:00 pm Tullahoma Ladies
Networking**
El Costal
1905 N. Jackson St., #800
Tullahoma

Ladies Networking
Nights are a free laid-
back gathering for
local business women
who have a desire
to grow socially and
professionally. You will
have the opportunity
to network, introduce
yourself and your
business, and then hear
from our key speaker
and join the roundtable
discussion. Women from
all types of businesses
and backgrounds attend
our events.



June 22

7:00 pm **A Midsummer Night's Dream**

South Jackson Civic Center Courtyard Stage
404 S. Jackson St.
Tulahoma

Enjoy Shakespeare under the stars. Bring your own chair and join the fun.

Learn more at southjackson.org.

June 30

7:00 pm **Friday Night Concert Series**

South Jackson Civic Center and the Mitchell Museum
404 S. Jackson St.
Tulahoma

Come join us for a night of music by the Stan Allen Band on the Courtyard Stage.

Learn more at southjackson.org.

July 2

10:00 am **Terah Crabb Penhollow Concert**

Tulahoma First Assembly of God
1105 W. Lincoln St.
Tulahoma

Terah started traveling at the age of 13 with her family. Now, 20 years later she is doing solo dates and ladies conferences.

For more events and to submit an event visit:

www.GoodNewsMags.com/events
or call (800) 247-7318



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Men: Step up with a **check-up.**

June is Men's Health Month.

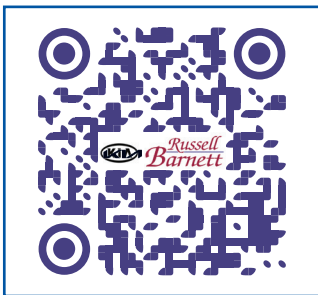
There is no better time to start taking better care of yourself. Eat well, exercise, get plenty of rest and don't forget to schedule your annual wellness exam. Take the time to talk to your provider about any health concerns you may have and to ask about important preventive health screenings like a colonoscopy, prostate exam, diabetes test and heart check. **Step up with a check-up!**

To find a provider, visit
SouthernTnWinchester.com

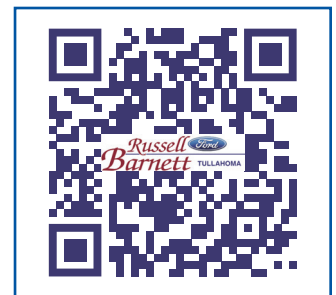


"We may not be able to prepare the future for our children, but we can at least prepare our children for the future."

- Franklin D. Roosevelt



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