

JULY 2023 Issue 179

Funny, Inspiring and Entertaining

# Laughs & Lifts



**Why Do We Celebrate July 4th?**  
See  
"Wise Words"  
by Hayes Wise  
page 22





For more information about the business's in Laughs & Lifts, scan the QR code in their ad with your smart phone.

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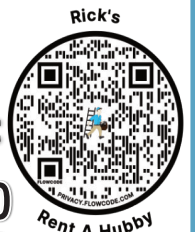
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A group of butterflies is also known as a KALEIDOSCOPE.

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I cut myself digging for gold. Don't worry, it was just a miner injury.

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*Ted Smith*



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*Bill Sullivan*



I got an e-mail on how to read maps backwards. It was spam.

# WOUND CARE



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There was a Roman emperor who never aged after he turned 19.  
His name was Constant Teen.

**Remember,  
the only thing  
standing between  
you and your  
dreams is your  
appearance,  
lack of talent,  
Low IQ, and  
general personality**

Nothing looks good on me anymore," wailed a customer modeling an outfit in front of the department store's mirror. "Nonsense, ma'am," soothed the salesclerk. "That dress says it all." "That's the problem," the woman replied. "I need a dress that keeps its mouth shut."

I haven't tried yoga... but I have tried bending over to pick up my keys, so I'm pretty sure I'd hate yoga.

~ Tim Stafford

People swear they're fighting demons when the whole time they're fighting the consequences of their choices.

Once there was couple traveling on a bus in a mountainous area.

Close to their destination they decided to get off a bit early and enjoy a short walk the rest of the way. After the couple got off the bus, it proceeded on its route, but 100 feet later a huge boulder fell on the bus, crushing it and killing everybody on board. Upon see this happen the couple said, "We wish we were on that bus." Why do you think they said that? Think about it!

Answer !!!!

If the couple had remained on the bus instead of deciding to get off, the resulting time delay would have been avoided and the rock would have fallen after the bus had passed.

Remember and consider others in life.



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@Laughs and Lifts Magazine

## Hidden In Plain Sight

**By Wallace Kennedy, Jr.**

As children we played the game: "Hide-And-Go-Seek". When it was our time to hide, we look for the best place we could to not be found. When it was our time to count, and be the one who go and find others, we may have cheated and was peeking to see where others were hiding.

This was a game, now in adulthood the stakes are much higher, we may find ourselves playing this game with God. God is omniscience (all-knowing), omnipotence (all-powerful), and omnipresence, He is (present in every place and time). Adam and Eve tried to play this game with God when they disobeyed and ate from the tree God told them not to eat. **Genesis 3:8-9 During the cool part of the day, the Lord God was walking in the garden. The man and the woman heard him, and they hid among the trees in the garden. 9 The Lord God called to the man and said, "Where are you?"**

God knew where they were, but did they know? Disobedience causes shame, the feeling of remorse and guilt.

King David had the right idea: **Where can I go from Your Spirit? Or where can I flee from Your presence? 8 If I ascend into heaven, You are there; If I make my bed in hell, behold, You are there. Psalms 139:7-8**

Food for thought: we may disguise and hide because we don't want our family and friends to know we have a drinking problem. So we keep our beer or liquor in the garage. Why do we do this? The Bible answer is shame. We are ashamed of ourselves, and we don't want others to see what's really going on. In our minds we think they wont love us the same if they knew.

The way of healing is to stop hiding. God's love towards us is not based on being perfect, God's love is unconditional and perfect. **1 John 1:9 If we confess our sins, God is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.** Pray for strength to repent, and enjoy the freedom and transparency with a God that knows and sees all things.

God expressed His great love towards us on the cross. God promised to never leave nor forsake us at any time. Let this bring comfort, encouragement and not shame. God desire is to continue the process of converting us into the image of His Son, Jesus Christ.

May God bless you and keep you in His care always!



One big difference between men and women is that if a woman says, "Smell this."  
it usually smells nice.



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~ Will Rogers

## Aunt T's Kitchen

### GOLDEN CHICKEN CORDON BLEU

Yield 2 servings

#### Ingredients

- 2 boneless skinless chicken breast halves (6 ounces each)
- 2 slices deli ham (3/4 ounce each)
- 2 slices Swiss cheese (3/4 ounce each)
- 1/2 cup all-purpose flour
- 1/4 teaspoon salt
- 1/8 teaspoon paprika
- 1/8 teaspoon pepper
- 1 large egg
- 2 tablespoons 2% milk
- 1/2 cup seasoned bread crumbs
- 1 tablespoon canola oil
- 1 tablespoon butter, melted



#### Directions

1. Flatten chicken to 1/4-in. thickness; top each with a slice of ham and cheese. Roll up and tuck in ends; secure with toothpicks.
2. In a shallow bowl, combine the flour, salt, paprika and pepper. In another bowl, whisk egg and milk. Place bread crumbs in a third bowl. Dip chicken in flour mixture, then egg mixture; roll in crumbs.
3. In a small skillet, brown chicken in oil on all sides. Transfer to an 8-in. square baking dish coated with cooking spray.
4. Bake, uncovered, at 350° until a thermometer reads 170°, for 20-25 minutes. Discard toothpicks; drizzle with butter.

## Chicken Breasts

### ORANGE-SPICED CHICKEN

Yield 4 servings

#### Ingredients

- 1/2 cup thawed orange juice concentrate
- 1/4 cup honey
- 1/4 cup soy sauce
- 1 teaspoon Chinese five-spice powder
- 1/2 teaspoon garlic powder
- 4 boneless skinless chicken breast halves (5 ounces each)



#### Directions

1. In a small bowl, combine the first five ingredients. Pour 1/2 cup marinade into a large resealable plastic bag; add chicken. Seal bag and turn to coat; refrigerate for 2 hours. Cover and refrigerate remaining marinade.
2. Drain and discard marinade. Moisten a paper towel with cooking oil; using long-handled tongs, lightly coat the grill rack. Grill chicken, covered, over medium heat or broil 4 in. from the grill for 5-7 minutes on each side or until a thermometer reads 170°, basting frequently with reserved marinade.

### BAKED ALMOND CHICKEN BREASTS

Yield 6 servings

#### Ingredients

- 1/2 cup all-purpose flour
- 1/3 cup plus 1 tablespoon butter, melted, divided
- 1 teaspoon celery salt
- 1 teaspoon paprika
- 1/2 teaspoon salt
- 1/2 teaspoon curry powder
- 1/2 teaspoon dried oregano
- 1/4 teaspoon pepper
- 6 boneless skinless chicken breast halves
- 1-1/2 cups heavy whipping cream
- 1/3 cup dry bread crumbs
- 3/4 cup sliced almonds, toasted
- Hot cooked pasta



#### Directions

1. Place flour in a shallow bowl. Combine 1/3 cup butter and seasonings in another bowl. Coat chicken with flour, then dip in butter mixture. Arrange in a greased shallow 3-qt. baking dish. Pour cream around chicken.

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Wise people are not always silent, but they know when to be.

2. Bake, uncovered, at 350° for 45 minutes. Combine bread crumbs and remaining butter; sprinkle over chicken. Top with almonds. Bake, uncovered, for 5-8 minutes or until golden brown. Serve over pasta.

## CHICKEN IN BASIL CREAM

Yield 4 servings

### Ingredients

- 1/4 cup whole milk
- 1/4 cup dry bread crumbs
- 4 boneless skinless chicken breast halves (4 ounces each)
- 3 tablespoons butter
- 1/2 cup chicken broth
- 1 cup heavy whipping cream
- 1 jar (4 ounces) sliced pimientos, drained
- 1/2 cup grated Parmesan cheese
- 1/4 cup minced fresh basil
- 1/8 teaspoon pepper



### Directions

1. Place milk and bread crumbs in separate shallow bowls. Dip chicken in milk, then coat with crumbs.
2. In a large skillet over medium-high heat, cook chicken in butter until a thermometer inserted in chicken reads 165°, about 5 minutes on each side. Remove and keep warm.
3. Add broth to the skillet. Bring to a boil over medium heat; stir to loosen browned bits. Stir in the cream and pimientos; boil and stir for 1 minute. Reduce heat. Add the cheese, basil and pepper; cook and stir until heated through. Serve with chicken.

## ONION CHICKEN

Yield 4 servings

### Ingredients

- 1/2 cup butter, melted
- 1 tablespoon Worcestershire sauce
- 1 teaspoon ground mustard
- 1 can (2.8 ounces) french-fried onions, crushed
- 4 boneless skinless chicken breast halves (4 ounces each)



### Directions

1. In a shallow bowl, combine butter, Worcestershire sauce and mustard. Place onions in another shallow bowl. Dip chicken in butter mixture, then coat with onions.
2. Place in a greased 11x7-in. Baking dish; drizzle with remaining butter mixture. Bake, uncovered, at 400° for 20-25 minutes or until a thermometer reads 165°.

## SPINACH-STUFFED CHICKEN BREASTS

Yield 4 servings

### Ingredients

- 4 cups fresh baby spinach
- 2 teaspoons plus 1/4 cup olive oil, divided
- 1 garlic clove, minced
- 1/2 cup garlic-herb spreadable cheese
- 2/3 cup plus 1/4 cup seasoned bread crumbs, divided
- 1/2 teaspoon salt, divided
- 4 boneless skinless chicken breast halves (6 ounces each)
- 1 large egg, lightly beaten
- 1/4 teaspoon pepper



### Directions

1. In a large skillet, saute spinach in 2 teaspoons oil until spinach is wilted. Add garlic; cook 1 minute longer. Remove from the heat. Stir in the spreadable cheese, 2/3 cup bread crumbs and 1/4 teaspoon salt. Cut a pocket in the thickest part of each chicken breast; fill with spinach mixture. Secure with toothpicks.
2. Place egg in a shallow bowl. In another shallow bowl, combine the pepper and remaining bread crumbs and salt. Dip chicken in egg, then coat with bread crumb mixture.
3. In a large skillet over medium heat, cook chicken in remaining oil for 8-10 minutes on each side or until a thermometer reads 170°. Discard toothpicks before serving.

Some people are afraid to be corny.  
Not me. I live life on the cob.

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A magazine recently published that in the last census 1.6% of the people weren't counted...now how did they know that?

### Quick Diagnosis

Doctor: Alright, I have your diagnosis.  
Patient: Make it quick Doc, I don't have all day.  
Doctor: So who told you?

### Extra Benefit of Classical Music

Who says classical music doesn't have an effect on children? A McDonald's in Australia uses classical music to keep kids off the premise late at night.

A lot of times men wish that women came with instructions, but do know any man that ever reads instructions.

The biggest scam in life:  
Paying taxes on money you earn, taxes on money you spend, and taxes on things you own, that you already paid taxes on with money already taxed.

This is someone's privacy fence, incredible creativity!



### The Declaration of Independence

was signed on July 4, 1776... right? Right. Partly. John Hancock was the only person who signed on the 4th. Everyone else signed at a later date.

Aunt Ella and Uncle Sam's restaurant just closed.

The food was Great, but I'm thinking the name Sam & Ella's was a bad idea.

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**RODEOS**

The older I get, the better I used to be.

A young man at this construction site was bragging that he could outdo anyone based on his strength. He especially made fun of one of the older workmen. After several minutes, the older worker had enough.

"Why don't you put your money where your mouth is?" he said. "I'll bet wages that I can haul something in a wheelbarrow over to the other building that you won't be able to wheel back."



"You're on, old man," the young man replied. "Let's see what you've got."

The old man reached out and grabbed the wheelbarrow by the handles. Then nodding to the young man, he said with a smile, "All right. Get in."

### It Starts With the Letter 'M'

A teacher gave her class of second graders a lesson on the magnet and what it does.

The next day in a written test, she included this question:

"My full name has six letters. The first one is M. I am strong and attractive. I pick up things. What am I?"

When the test papers were turned in, the teacher was astonished to find that almost 50 percent of the students answered the question with the word "Mother."

### A New Locket

Seeing her friend Marcia wearing a new locket, Ashley asks if there is a memento of some sort inside.

"Yes," says Marcia, "a lock of my husband's hair."

"But Larry's still alive?"

"I know, but his hair is gone."

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Very few things upset my wife. So it makes me feel rather special to be one of them.

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3. Planning ahead for final wishes is truly a gift to your loved ones. Advance funeral planning lessens the burden on your survivors.
4. What about my life insurance policy? You can still preplan your service, although life insurance policies are to filed at the time of death.



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" Most of the trouble in the world is caused by people wanting to be important." ~ T.S Eliot

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Any fool can criticize, condemn and complain and most fools do. ~ Ben Franklin

## Find 7 differences in these pictures



The richest wealth is "*Wisdom*"  
The strongest weapon is "*Patience*"  
The best security is "*Faith*"  
The greatest tonic is "*Laughter*"

May God bless you with all of them today and for always.

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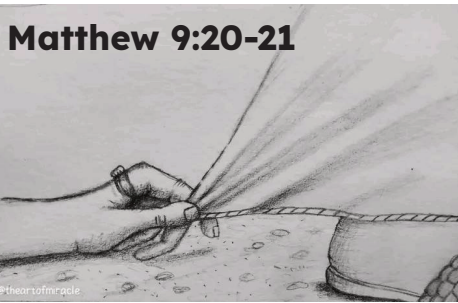
Men and women share a common set of stroke symptoms. But women also can experience more subtle warning signs.

WOMEN		MEN
Face drooping 		Face drooping 
Arm weakness 		Arm weakness 
Speech difficulty 		Speech difficulty 
Vision problems 		Vision problems 
Trouble walking or lack of coordination 		Trouble walking or lack of coordination 
Severe headache without a known cause 		Severe headache without a known cause 
General weakness 		
Disorientation & confusion or memory problems 		
Fatigue 		
Nausea or vomiting 		

American Heart Association.  


What's the difference between a man buying a lottery ticket and a man arguing with his wife?

The man buying a lottery ticket actually has a chance to win!



Matthew 9:20-21



### Build Me Up

Frankenstein enters a bodybuilding competition... And finds he has seriously misunderstood the objective.

### Indonesian Tongue Twister

There is an Indonesian tongue twister that goes: "Kuku kaki kakak kakak ku kayak kuku kaki kakek kakek ku."  
English Translation: "My sister's toenails looked like my grandfather's."

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“Some people will never like you because your Spirit irritates their demons,”  
 ~ Denzel Washington



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## Women are complicated

1. They believe in saving.
2. Believe in saving but buy expensive clothes.
3. Buy expensive clothes but never have anything to wear.
4. Never have anything to wear, but always dressed beautifully.
5. Always dressed beautifully, but never satisfied.
6. Never satisfied, but still expect men to compliment them.
7. Expect men to compliment, but don't believe them if complimented.



## The WordSearch.com

### Fourth of July

Y	S	K	R	O	W	E	R	I	F	E	H	E	E
F	D	E	C	L	A	R	A	T	I	O	N	R	F
R	I	N	D	E	P	E	N	D	E	N	C	E	M
F	L	I	B	E	R	T	Y	I	L	U	E	E	M
A	R	C	E	E	M	O	D	E	E	R	F	T	A
M	E	Y	U	A	O	M	A	S	E	L	C	N	U
I	D	L	E	N	F	H	E	R	O	E	S	F	S
L	B	E	D	F	L	A	G	A	E	E	E	L	R
Y	A	W	E	E	F	R	I	E	N	D	S	G	R
E	A	M	E	R	I	C	A	W	H	I	T	E	D
S	T	R	I	P	E	S	E	A	N	F	N	F	E
H	S	U	N	I	T	E	D	S	T	A	T	E	S
R	W	I	W	A	A	S	T	A	R	S	N	A	H
D	I	E	R	L	I	H	R	E	D	A	R	A	P

- STRIPES
- FRIENDS
- FREEDOM
- HEROES
- WHITE
- PARADE
- LIBERTY
- BLUE
- FIREWORKS
- DECLARATION
- FAMILY
- UNCLE SAM
- INDEPENDENCE
- UNITED STATES
- FLAG
- STARS
- AMERICA
- RED

This morning, I said to my wife, "Why do we always argue about everything?"  
She replied, "Well if I agreed with you. Then we'd both be wrong."

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If you hang around 5 confident people  
You will be the 6<sup>th</sup>.

If you hang around 5 intelligent people  
You will be the 6<sup>th</sup>.

If you hang around 5 millionaires  
You will be the 6<sup>th</sup>.

If you hang around 5 idiots  
You will be the 6<sup>th</sup>.

**DO YOU GET THE POINT??**

### I'm Her Brother

At a girl's college dormitory, dates were permitted only on Saturday night. One young man showed up on a Tuesday evening, explaining to an older woman in the lobby of the dorm that it was imperative he see a certain young lady immediately. "I want to surprise her. You see, I'm her brother."

"Oh, she'll be surprised all right," said the woman. "But think of how surprised I am, I'm her mother!"

**A** woman goes to see her friend and asks, "Bob and Jim are both in love with me. Who will be the lucky one?" Her wise old friend answers, "Bob will marry you. Jim will be the lucky one."

### If they Don't Behave

A man was applying for a job as a prison guard. The warden said, "Now these are real tough guys in here. Can you handle it?"

"No problem. If they don't behave, out they go."

### Bruce Lee's First Movie

Bruce Lee's first time on a film set was not Enter the Dragon, Chinese Connection, or even Game of Death. He first time was the 1941 film called "Golden Gate Girl". Bruce was a full 3 months old at the time. Not surprisingly, he played an infant and he had no fight scenes in this film.

When I think  
of the Goodness  
of Jesus, and  
all He's done  
for me, the  
"Leaf" I can do  
is Smile.



Melissa Stuckey  
Agape Ministry



My age doesn't bother me, it's the side effects.

## “Wise Words”

By: Hayes Wise

### Why Do We Celebrate July 4th?

Today, the Fourth of July is best known for its red, white, and blue adornment and drinks, fireworks, and of course, family barbecues. But before you break out the sparklers and sunscreen, let's reflect on America's history. In 1776 the people took a stand. It was a day to celebrate our freedom from a tyrannical government. Part of the Declaration of Independence says, “We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are life, liberty, and the pursuit of happiness. That, to secure these rights, governments are instituted among men, deriving their just powers from the consent of the governed”.

What led the colonists to seek independence? Before America was its own country, it was comprised of 13 colonies established by the British. The British government ruled over us. We had very little say in what happened to us as a people. Tensions started brewing when the British government passed legislation that gave it more control within the colonies, especially when it came to taxing them. This became known as taxation without representation, a concept that ended up being a powder keg in the day, but has been forgotten today. Then the British government forces attempted to confiscate weapons from the colonists. This was the first attempt at gun control. It was the first time Colonial militias battled British troops, and thus, the American Revolutionary War began.

Freedom is what we celebrate the 4th of July. I think that this year we as a people should decide if we still want our independence. As born-again believers, we ought to strive to choose leaders who will be themselves led by our Creator (1 Sam 12:13-25). Any of the candidates or proposals that violate the Bible's commands for life, family, marriage, or faith should never be supported (Proverbs 14:34). Christians should vote as led through prayer and study of both God's Word and the realities of the choices on the ballot. If we want our freedom back, our first step is to become, “one nation under God” again.

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LAIJ	SSSSSSSSSSSSHOE SSSSSSSSSSSSHOE	BOPPER
	LOOK	STEP PETS PETS
school school	GOOD LAST GOOD LAST	PAT THE
		BARS BARS BARS BARS BARS BARS BARS BARS BARS
A MOMENT	LOOK ULEAP	YYY MEN

I have never known a really successful man who deep in his heart did not understand the grind, and the discipline it takes to win. ~ Coach Vince Lombardi



## CLAYBANK MASTER GARDENERS

Greetings Gardener Friends,

I write this after the weeks-long storms that so far have provided over 8" of rain in our yard.

Following several weeks of no rain at all, the abundant rainfall is most appreciated and welcome! Of course if you have a veggie garden you might find that while rain provides many nutrients to plants, too much rain at one time can leach out the nutrients and cause disease and insect pressure. Here are a few tips to help: \*Fertilize your plants to restore a healthy balance. I use **compost** from under the compost pile or soil from wooded areas, or even some Black Kow composted manure: a shovelful in a bucket of water for 24 hours will drown unwanted plant-eating insects. **But don't drown the worms!** Throw them back in the compost pile, to do their job breaking down the solid matter into fertile soil. **Chicken or rabbit manure** works great without composting.



\*Finely crushed cleaned **eggshells** around the base of your plants will foil the **slugs** that show up at night to gobble up the leaves of your plants.

\***Ants** that have taken up residence in pots will leave after you drench the soil with **water** or with a **Neem oil** solution ( 1 tablespoon per gallon of water).

\***Fish emulsion, or fish fertilizer**, will be a safe organic way to **boost the nutrients** in your soil. Mix a tablespoon or two in a gallon of water and apply to the roots of your fruit or flower-bearing plants.

\*Look up **companion planting** to find out what plants are happy growing with which other plants. You probably know about planting basil and onions with tomatoes. Nitrogen fixing plants such as peas and beans add nitrogen to the soil, essential for plants such as lettuce & corn.

The Extension **SOW app** says you can plant these seeds now: basil, collards, corn, Mexican tarragon, okra, oregano, pumpkins, rosemary, southern peas, thyme, and watermelons.

Do you want to learn how to be a **Master Gardener**? This fall **Coffee County** will sponsor the class, part online, and part in-person labs. **Call the Extension Office at New Brockton for times and dates at (334) 894-5596.**

**Claybank Master Gardeners** meet the **second Wednesday** each month at **Hoppergrass Restaurant** in Ozark (across from Milky Moos) at 129 S East Ave. Our July meeting will feature a talk on **Edible Native Plants** by Janet Shinaberry. The meeting starts at 11 AM, and if you want to buy your lunch first get ahead of the line at 10:30 AM.. Please call the Extension Office to verify the time and date in case of an unexpected change.

Dee Gilbert

Claybank Master Gardener



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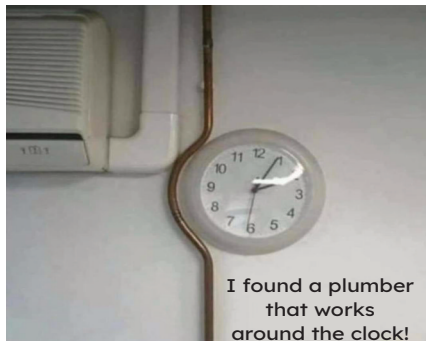
## Golf...

Is the infallible test.

The man who can go into a patch of rough alone, with the knowledge that only God is watching him, and play his ball where it lies, is the man who will serve you faithfully and well.

- P.G. Wodehouse

WELCOME  
to our  
"OOL"  
NOTICE THERE IS  
NO "P" IN IT  
LET'S KEEP IT THAT WAY



Famous Movie Star...



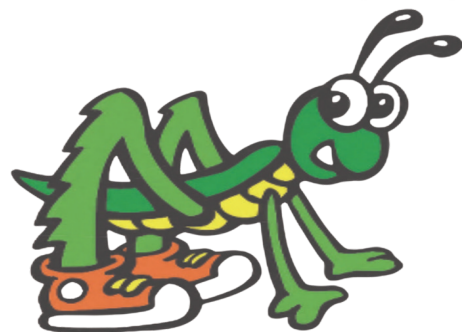
Do you remember  
what Grandpa said  
right before he  
kicked the bucket?

Sure do, He said.  
"How far do you  
think I can kick  
this bucket."



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The biggest joke on mankind is that computers have started asking humans to prove that they are not a robot

**Baby changing stations are the worst examples of false advertising and nothing but a huge hoax. When parents come out, they always have the same baby!**

"The Christian shoemaker does his duty not by putting little crosses on the shoes, but by making good shoes." - Martin Luther

**I often wondered what it'd be like to be married to an idiot. I asked my wife and she said, you get use to it after awhile.**



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A snake walks into a bar. The bartender says, "How did you do that?"

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8. Pat on the Back
9. Life Behind Bars
10. A Touching Moment
11. Look Before You Leap
12. Three Wise Men

# Sudoku

	7	2			1	5		4
			2					
				6		2	9	
	5	3		9	8	7		
			3	1	5			
		4	6	2		9	5	
	4	7		5				
					6			
9		6	8			4	7	

7		8	6		1			
			7		5	1		
			8	4				6
4						3		
2	7						5	1
		6						8
6				9	8			
		7	4		2			
			1		6	8		2

*Yesterday, I changed a light bulb, crossed the street, and walked into a bar.  
My life is a joke.*

# Gilland



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**WHO HAS LOST**  
**HIS BUTT AND**  
**DOESN'T KNOW**  
**WHICH WAY TO TURN!!**

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R	I	N	D	E	P	E	N	D	E	N	C	E	M
F	L	I	B	E	R	T	Y	I	L	U	E	E	M
A	R	C	E	E	M	O	D	E	E	R	F	T	A
M	E	Y	U	A	O	M	A	S	E	L	C	N	U
I	D	L	E	N	F	H	E	R	O	E	S	F	S
L	B	E	D	F	L	A	G	A	E	E	E	L	R
Y	A	W	E	E	F	R	I	E	N	D	S	G	R
E	A	M	E	R	I	C	A	W	H	I	T	E	D
S	T	R	I	P	E	S	E	A	N	F	N	F	E
H	S	U	N	I	T	E	D	S	T	A	T	E	S
R	W	I	W	A	A	S	T	A	R	S	N	A	H
D	I	E	R	L	I	H	R	E	D	A	R	A	P



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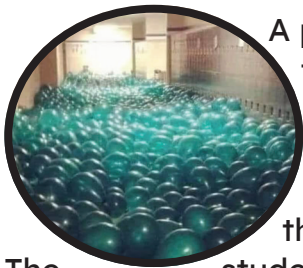
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Never regret a day in  
your life. Good days give  
you happiness, bad days give  
you experience, worst days give  
you lessons, and best days  
give you memories.



A professor gave a balloon to every student, who had to inflate it, write their name on it and throw it in the hallway. The professor then mixed all the balloons.

The students were then given 5 minutes to find their own balloon. Despite a hectic search, no one found their balloon.

At that point, the professor told the students to take the first balloon that they found and hand it to the person whose name was written on it. Within 5 minutes, everyone had their own balloon.

The professor said to the students: "These balloons are like happiness. We will never find it if everyone is looking for their own. But if we care about other people's happiness, we'll find ours too."



J.C.,  
If you put  
your  
left shoe on  
the wrong  
foot, it's on  
the  
right foot.

If you are irritated by every little rub, how will you ever be polished?

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A young couple moved into a new house. The next morning while they were eating breakfast, the young woman saw her neighbor hanging the washing outside. "That laundry is not very clean; she doesn't know how to wash correctly. Perhaps she needs better soap powder. Her husband looked on, remaining silent. Every time her neighbor hung her washing out to dry, the young woman made the same comments. A month later, the woman was surprised to see a nice clean wash on the line and said to her husband, "Look, she's finally learned how to wash correctly. I wonder who taught her this?" The husband replied, "I got up early this morning and cleaned our windows." And so it is with life... What we see when watching others depends on the clarity of the window through which we look. So don't be too quick to judge others, especially if your perspective of life is clouded by anger, jealousy, negativity or unfulfilled desires. Judging a person does not define who they are. It defines who you are.

Well that's great Gladys, Now I'm gonna have that thought in my head all day.





Fitness Instructor: Have you ever done a marathon?  
Me: Like on Netflix?



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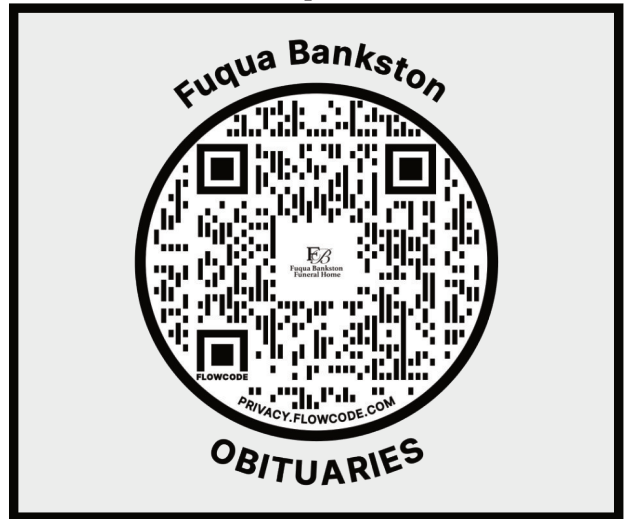
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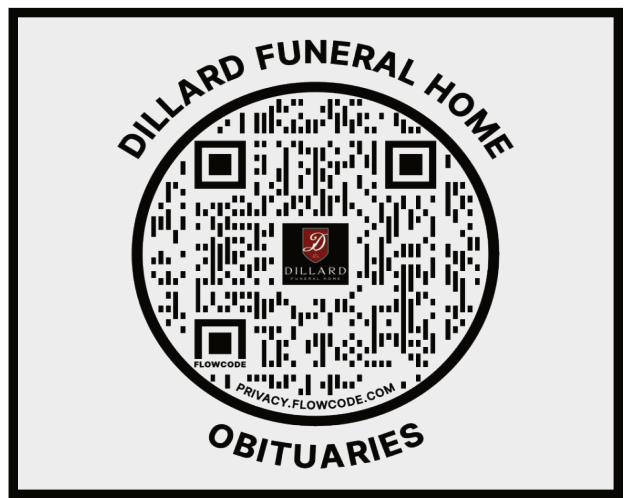
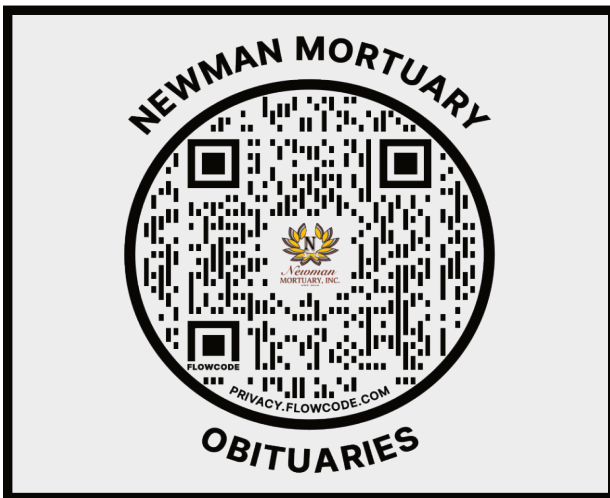
***God Bless you all. Roger Parrish, Publisher***

I think it would be cool if iPhone chargers were call Apple Juice.

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Element Pen

**\$.65\*** 300 MINIMUM\*



They're Expensive! It's hard to be a parent. It has been calculated that it'll cost approximately \$245,000 to raise a child. Those numbers are PER child (& just until college).”

## Welcome to a new era of connection.



## Experience the internet at the speed of light with fiber broadband.

Eighty-five years ago, community members were determined to bring power to rural Dale, Henry, and Barbour Counties. They accomplished that goal by working together to form Pea River Electric Cooperative.

Now, we're coming together with a new goal – bringing high-speed internet to the same rural communities we have continued to serve all these years.



## All good things take time.

We are dedicated to getting your household connected as soon as possible. We appreciate your patience as we begin this transformative multi-year project.

In the meantime, please visit us at [broadband.peariver.com](http://broadband.peariver.com) for the most up-to-date information.



**BROADBAND.PEARIVER.COM**