

**Shelter Share  
Tops \$11,700**

SHEFFIELD – The 10th Annual Bank Independent Shelter Share drive collected a total of 246 items and \$11,728.82 in donations. Additionally, the bank sponsored 123 pet adoptions in northwest Alabama.

During the three-week drive, all locations of the bank served as donation points for pet food and supplies designated to support local animal shelters in Florence, Muscle Shoals, Athens, and Huntsville. The bank arranged to pay all fees associated with vetted and approved animal adoptions at partner shelters throughout the last day of the drive on May 19.

**Sheppard in  
a New Role**

CORRECTION: An article appeared in last week's issue about Florence High School Principal, Dr. Roderick Sheppard accepting a new role as the Director



Sheppard

of Student Services for the school system. Unfortunately, a photo of Superintendent, Dr. Jimmy Shaw, was incorrectly used in the article.

The correct photo for Sheppard is here. We regret any inconvenience.

More SHORTS... on Page 2

Volume 139 Number 37

July 5, 2023

POSTAL PATRON

**Courier Journal**



Serving Northwest Alabama and beyond with direct mail, saturation coverage

219 W. Tennessee St. Florence, AL. 35630 256-764-4268

USPS Circulation Verification Available

**High Heat Warning**

If your A/C fails, we can have you up and running right away. No sweat!

**FULLER**  
HEATING • AIR CONDITIONING • PLUMBING & ELECTRICAL

**(256) 381-7195**  
AL HVAC 91114

For information about advertising in premium positions like this, please call 256-740-4701.

**Key Records**

Documents Found from Gunn's Admission

by Caroline Conkle  
UNA Student Writer

Coming across information with historical significance at an institution that dates back almost 200 years is not altogether unusual. However, while

undertaking some routine digitization of admissions records in the University of North Alabama Office of the Registrar, some records surfaced that are far from mundane.

These records belong to Dr. Wendell W. Gunn, the

See RECORDS... on Page 6



Bennett

**Four Added to  
Walk of Honor**

FLORENCE—The city of Florence unveiled its 2023 Walk of Honor Inductees on Friday, June 30 at the Marriott Shoals Conference Center.



Jackson

The Walk of Honor is located just outside the Marriott Shoals Hotel and Spa in the beautiful River Heritage Park. The area recognizes individuals of Florence and Lauderdale County who have achieved national or

international acclaim. This is a means of giving honor and perpetuating the names and achievements of deserving individuals, either current or former citizens, through a form of civic recognition. Areas of national or international accomplishment include, but are not limited to, the following: agriculture,

See INDUCTEES... Pg 9



Rausch



Williams

**NWSCC Adopts  
Visual Rebrand**

MUSCLE SHOALS—Northwest Shoals Community College launched a rebranded visual identity last week that celebrates the college's unity since 1963 and the impact it continues to have on northwest Alabama.

The rebrand initiative is a direct result of receiving a \$100,000 national branding grant from the Lumina Foundation in August 2022 through the Million Dollar Community College Challenge.

See VISUAL... on Page 28



**INSIDE this Issue**

**Automotive Inside NOW**

Greenway Honda  
Advance Auto Sales

- Ask the Attorney
- Medicare Minute
- The Truth in Love
- Strange, But True
- Puzzle Whirl

- On Your Debt
- Empty the Shelters
- Dave Ramsey
- Hocus Focus



- Adopt-A-Friend
- Savvy Senior
- 2 Day Sale
- Soap Updates

SIGNS of the PAST



- Pet Talk
- Outdoors
- Mystery Photo Race
- Web Poll



Visit Us Often at: [www.CourierJournal.net](http://www.CourierJournal.net)

Facebook.com/  
FlorenceCourierJournal

HERITAGE CHRISTIAN UNIVERSITY PRESENTS  
**The Heritage Music Showcase**  
FEATURING



**THE FRONTMEN**  
**THE SECRET SISTERS**  
**CADENCE, SHANE, & GARY BAKER**



SCAN TO PURCHASE YOUR TICKETS!

08.26.23 | MARRIOTT SHOALS CONFERENCE CENTER

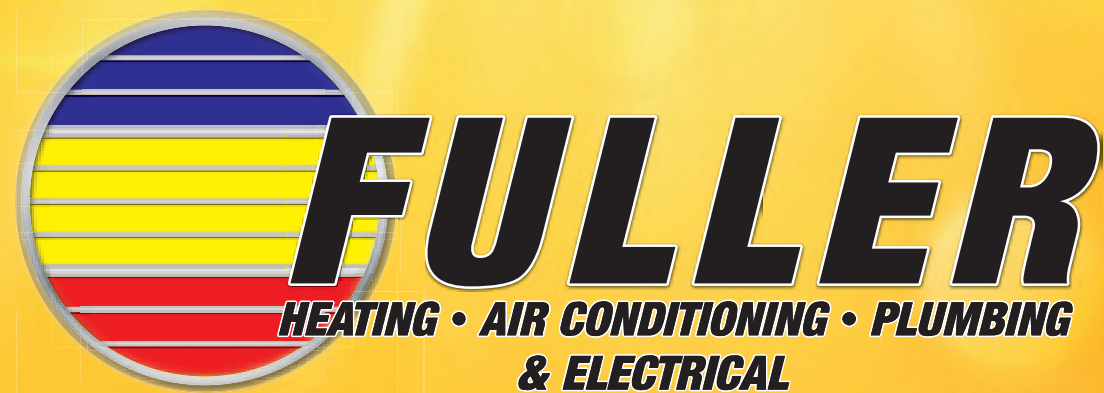
# High Heat



(25

# Warning

If your A/C fails, we  
can have you up  
and running right  
away. No sweat!



(6) 381-7195

AL HVAC 91114

# Cool off

with a touch of style



►Kawasaki Mule 4010, 4x4, Crew Cab, 4 passenger. ►Kawasaki Mule 3010, 4x4, Crew Cab - BOTH NICE! \$6,900 EACH. 256-810-7238.

## HOMEWORK

Interior/Exterior Painting, Sheetrock repair, Wallpaper stripping and some Carpentry.

Free estimates.  
Licensed & Insured.  
256-633-0251 or  
256-710-8501

**Carter House Moving**  
Specializing in rigging, lifting and moving structures, floor leveling, and replacing damaged floor components. Call or text: 256-275-1570, 256-633-2722

**F & S LAWN SERVICE**  
Grass Cutting & Trimming  
Clean up Work, Mulch work & Sod. Licensed and Insured  
Call 256-436-0761 If no answer, leave message

**SINGLE MAUSOLEUM, REASONABLE PRICE,** Tri-Cities Memorial Gardens, Florence, AL. 256-762-6589 or 256-762-0331

**POPPOPS BOXING GYM**  
All age and skill level classes, personal training and boxing fitness. (256) 856-6213

**FREE:** 2 cats (7 yrs. old - fixed and spaded) plus one young little dog (Terrier mix - not fixed). 256-773-1964

**PRESA CANARIO PUPPIES FOR sale,** UKC registered, 1st shots/wormed, 8 wks. old. \$500. 205-789-9195.

**KITCHEN APPLIANCES, REMODELED KITCHEN,** 3 yr. old, white Bosch dishwasher, \$250 and Stainless LG gas 2 door range, \$350. This is a STEAL! 256-214-4670.

## Shorts...

Continued from Page 1

### Full-Tuition Scholarships

FLORENCE— Heritage Christian University is pleased to announce full-tuition scholarships for graduate-level students for the Fall 2023 semester. Thanks to generous donors, new and returning graduate students can benefit from this exceptional opportunity. Scholarships for the Fall 2023 semester are open to both distance learning and campus students.

"We want to offer full-tuition scholarships for those impacted by the recession and who might be struggling during the current economic climate," said HCU's President, **Dr. Kirk Brothers**. "Everyone should be able to further their education, and we can help. Our graduate program has been growing by leaps and bounds, with the past six semesters breaking attendance records. To God be the Glory!"

Registration is open at [www.hcu.edu](http://www.hcu.edu). Interested applicants may contact a member of the HCU Admissions team by emailing [admissions@hcu.edu](mailto:admissions@hcu.edu) or by calling 256-766-6610.

technical skills, workplace skills, and personal skills in 110 hands-on competitions including robotics, automotive technology, drafting, criminal justice, aviation maintenance, and public speaking

Certificate winners included:

- **Robyn N Culver**, Florence, a student at Northwest Shoals Community College, was awarded a Skill Point Certificate in Cosmetology.
- **Whit Martens**, Leighton, a student at Muscle Shoals Career Academy, was awarded a Skill Point Certificate in Carpentry.
- **Jasmine D Pierce**, Sheffield, a student at Northwest Shoals Community College, was awarded a Skill Point Certificate in Nail Care.

Industry support of the SkillsUSA Championships is valued at over \$36 million in donated time, equipment, cash, and material. More than 1,200 industry judges and technical committee members participated this year.

### Essity Awards Scholarships

BARTON—Essity is a leading global hygiene and health company with local operations in Barton. The company has awarded a total of \$12,000 in scholarships to nine local students as part of Essity's annual scholarship program for children of employees.

Those recipients include:

- **Kaylee Eldridge** of Barton, \$1,000 to the University of Alabama
- **Emma Ergle** of Cherokee, \$1,000 to the University of Alabama
- **Jett Franks** of Barton, \$1,000 to attend the University of Tennessee, Martin
- **Emma Harville** of Barton, \$1,000 to attend Calhoun Community College
- **Baylee Joiner** of Barton, \$1,000 to attend the University of North Alabama
- **Lacey Riddell** of Cherokee, \$1,000 to attend Mississippi State University
- **Jonathan Smith** of Barton, \$1,000 to

See SHORTS... on Page 11

2 Weeks Delivery

Protect your family from harmful UV rays on those hot, blistering days and extend your outdoor living space with a Nulmage Retractable Awning.

Call us at 256-767-1900 for your home demonstration

**Alabama Awnings Co., Inc.**

4617 Huntsville Road • Florence  
[www.alabamaawnings.com](http://www.alabamaawnings.com)

Visit [TNValleyStuff.com](http://TNValleyStuff.com)

**GENERAL MERCHANDISE**  
Fresh Meat • Groceries • Hardware

6591 Chisholm Rd. (Hwy. 17 North)  
Florence • 256-764-9179

We sell Gas!

**FRESH MEAT**

Ad Valid:  
July 5-11, 2023

We Accept EBT Cards, Credit Cards & Debit Cards

LIKE Us On FACEBOOK

HOURS: M-F 6-10;  
Sat. & Sun. 7-10

### 3 Earn Skills Certificate

ATLANTA— Three local career and technical students were recognized for excellence at the 2023 SkillsUSA Championships in Atlanta June 21-22.

The SkillsUSA Championships is the largest skill competition in the world as more than 6,000 students competed at the national showcase of career and technical education.

Skill Point Certificates were awarded to all national contestants who met a threshold contest score. The Skill Point Certificate represents workplace readiness in the occupational specialty and can be added to the student's employment portfolio as an indicator of proficiency.

Students were invited to the event to demonstrate their

Sirloin Pork Chops \$1.69 Lb.  
Country Style Pork Ribs \$1.69 Lb.

T-Bone Steaks \$6.99 Lb.  
T-Bone Steak 4/\$25

New York Strip Steak \$7.99 Lb.  
New York Strip Steak 5/\$25

Rib Eye Steak \$8.99 Lb.  
Rib Eye Steak 4/\$25

**HOT DEAL!!**  
Chicken Drumsticks 99¢ Lb.  
Chicken Wing Portions \$1.29 Lb.

Whole Spare Ribs \$1.99 Lb.  
Boston Butt Pork Roast \$1.99 Lb.

Beef Ox Tails \$6.99 Lb.  
Fresh Turkey Wing & Neck 99¢ Lb.

Beef Chuck Roast \$5.99 Lb.  
Beef Strip Steak \$5.99 Lb.

Whole Crawfish \$3.49 Lb.  
Beef Brisket \$2.99 Lb.

Chicken Tenders \$2.49 Lb.  
Boneless Chicken Breast \$1.99 Lb.

Whole Chicken Wings \$1.99 Lb.  
Cut Chicken Wings (DRUMMETTES & FLAPS) \$1.99 Lb.

Farm Raised Whole Catfish \$5.99 Lb.  
Chicken Leg Quarters 10/Lb. Bag \$6.99



# Yard Sales

To list your sale, fill out the form on page 6.

**MUSCLE SHOALS: 4109 SPORTSPLEX Dr.** Sat. 7AM, July 22, MUSCLE SHOALS PARKING LOT YARD SALE (Simply Healthy parking lot). Space Rental, \$25. 256-349-3628 to reserve your spot.

**KILLEN NEIGHBORHOOD YARD SALE** 1005 Co. Rd. 404 Sat. 7am-until? Multiple Families with varieties of items!

## FLORENCE BENEFIT YARD SALE

The American Legion Post #11  
318 South Court St.

256-764-5122

July 21 & 22, 2023

7am-2pm

DONATIONS ACCEPTED NOW!

Benefits Local Veterans!

**CLOVERDALE/FLORENCE: 2010 COUNTY RD. 261** Fri. ~and~ Sat. 7AM. Furniture, housewares, clothes, new school supplies, Girl Scout treasures, toys + books! **Price to SELL.**

**CYPRESS INN, TN MOVING SALE, 6395 Pumping Station Rd.** Fri & Sat 9am-until? Household items, Ceramic Vases, Pictures, 15 year old China set, and more! 931-279-1883.

**TUSCUMBIA YARD SALE** 1404 Memory Ln. Sat. 7am-1pm Household items, Queen size bedroom suite & mattress, men's & women's clothes, Misc.

**FLORENCE: 1721 EDMONT DRIVE** Sat. 7AM, Annual Multi Family Sale! Women's/girl's clothing, toys, tools, propane grill, household items.

**CARD IT!** It is easy to place your ads on our website, [www.courierjournal.net](http://www.courierjournal.net). Just put it on your debit or credit card

**2002 40 ft. Travel Supreme Travel Trailer**, one super slide, one regular slide, \$10,000 Call 256-627-5637 or 256-627-5636

**RYOBI 30' PUSH MOWER**, two 4-amp 16-volt & two:18-volt batteries, one battery charger, Paid \$550 asking \$350. 256-394-3600

**ADORABLE DOBERMAN PUPPIES**, 6 wks., parents on site, Vet checked, 1st shots, tails docked & dewormed, black & rust, \$400. 256-443-0793 or 256-443-9332 Muscle Shoals

## All-Green Tree Service

LICENSED • BONDED • INSURED

- Topping
- Trimming
- Removal



- Lots Cleared
- Stumps Removed
- 55' Bucket Truck

Credit Cards Accepted

27 Years

256-767-3519

Free Estimates

Doug Minton

Cell 256-710-8787



## FLORENCE FAMILY PRACTICE

- SEE US AT OUR NEW LOCATION!!
- Walk-ins Same Day Appointments Available
- ALL Insurances Accepted
- \$60 Uninsured Office Visit
- **FREE** Wellness Exam for BCBS and Medicare

- Urgent Care for the Entire Family
- Successful Diabetes and Weight Loss Management
- PAP Smear, Breast Exam, and Family Planning Contraception

112 Titan Drive • Florence • [florencefamilypractice.com](http://florencefamilypractice.com)

HOURS: Monday - Thursday 8am - 5pm

Call for appointment today

256-764-9830

**TELEHEALTH**



Linda C. Clemons, M.D.

Board Certified in Family Medicine

Home to Home  
Upscale Consignment  
**INVENTORY REDUCTION SALE**  
(EXCLUSIONS APPLY)  
**10am-4pm Wed-Sat**  
807 E. Avalon Ave. • Muscle Shoals  
.3 miles from Police Dept.  like us on Facebook

**UPGRADE THE VALUE OF** Your Land with a Forestry Cutter. Get rid of undergrowth along fence lines and around fields. Free Estimates, 256-366-0966.

**WE BUY JUNK CARS**, Trucks or Vans with or without titles, Call Joel 256-303-7609

**PRESSURE WASHING** Give Daniels Clean Exteriors a call for all of your Pressure Washing needs. Free estimates, Licensed & Insured, 256-412-0131

**WE BUY RIDING MOWERS**, John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not. 256-275-2276

**TIR-CITIES MEMORIAL GARDENS, GOOD Shepherd Section**, Lot #154 B, Space #7, \$2,400 + Transfer Fee, Negotiable. Call 843-412-8565. May the Lord Lift You.

## PUT MORE INTEREST IN YOUR SAVINGS!



New Certificate of Deposit Special!

**4.75 %**  
APY\*

For 10 Months

\*APY = Annual Percentage Yield is accurate as of April 3, 2023 and is a limited time offer. **Minimum balance to open and obtain APY is \$10,000.** A penalty may be imposed for early withdrawals. Fees may reduce earnings. After maturity, if you choose to roll over your CD, you will earn the base rate of interest in effect at that time. Promotion effective as of April 3, 2023.



[firstsouthern.com](http://firstsouthern.com)

256-718-4200

**APPLY ONLINE TODAY!**



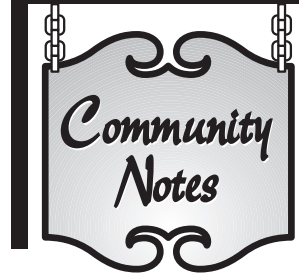
Open Your Account Today by **Calling**, going **Online**, or at a **First Southern Branch!**



**Shoals Discount MATTRESSES**  
 705 Avalon Ave • Muscle Shoals • 256-349-9807  
**Limited Time Only!!!**  
**13" Plush Queen Pillowtop Set: \$375**

- Twin Mattress Sets .....start at **\$149**
- Full Mattress Sets .....start at **\$199**
- Queen Mattress Sets.....start at **\$199**
- King Mattress Sets .....start at **\$399**

Serta, Sealy, Beautyrest, Ashley, and MLily Mattresses **50% OFF MSRP**  
 Mon-Fri 10am-5:30pm • Sat 10am-4pm  
 Like Us on Facebook @ [www.Facebook.com/ShoalsDiscountMattresses](http://www.Facebook.com/ShoalsDiscountMattresses)



COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. . Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.

- Email to [editor@courierjournal.net](mailto:editor@courierjournal.net);
- Look for "Submit News" on our

website at [www.courierjournal.net](http://www.courierjournal.net).  
 • Fax to 256-760-9618;  
 • Mail to 219 W. Tennessee St, Florence, AL 35630; or  
 • Bring in person.

All properly submitted Community Notes which are dated will be posted weekly at [www.courierjournal.net](http://www.courierjournal.net). We do our best, however, there is no guarantee that this free information will be published each week in the paper. Visit our website for a complete list of community notes. If your item MUST appear in the paper a certain week, we suggest you also place a paid ad by calling 256-764-4268. That way it will be in at least one area of the paper. When your community note is published, your event will have coverage in two different locations.

Wednesday, Friday 9am-5pm; Tuesday and Thursday 9am-7pm; Saturday 9am-3pm; Sunday 1-5pm.

To find a donor center or mobile blood drive near you, visit [lifesouth.org](http://lifesouth.org) or call 888-795-2707. Blood donors must be at least 17 or 16 with parental permission, weigh a minimum of 110 pounds and be in good health. A photo ID is required. LifeSouth donors receive a complimentary cholesterol screening with each donation.

**Second Saturdays Creators' Co-op** in Tusculmbia takes place from 6-9pm Friday, July 7 with a street party kick-off and on Saturday, July 8 from 5-9pm. Look for crafts, authors, artists, food, bouncy houses for kids, and much more.

**The Town of Cherokee** invites everyone to its Annual Independence Celebration Saturday, July 8 from 6-9pm at the downtown Cherokee stage area. This free event will include live music by Southern Axcnt, great food vendors, and fireworks!

**Mt. Zion Church of Christ Invites** You to our Gospel Meeting, July 9-12. Guest Speaker: Ty Rhymes (Chisholm Hills Church of Christ). Sunday Service July 9: 9am Worship • 10am Bible Classes • Fellowship Meal • 1pm Service following. July 10-12, 7pm. We look forward to seeing you!

**The Florence Kiwanis Club will host its "Annual Night of Giving"** Dinner at 6pm Thursday, July 13 at the Shoals Marriott Conference Center.

The evening is an opportunity for the area to join Florence Kiwanis in celebrating the efforts of numerous organizations in the Shoals community by presenting each with a generous donation. The event is open to the public. Tickets are only \$35/ person and allow the holder to attend the evening - enjoying music, a fabulous meal, and celebrating these worthy organizations with the Kiwanis Club.

Tickets can be purchased through Friday, July 7 from any Florence Kiwanis member, by calling 256-712-2887, or contacting Jan Scofield at [scofieldja@gmail.com](mailto:scofieldja@gmail.com).

**See NOTES... page 30**

**WE BUY RIDING MOWERS,** John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not. 256-275-2276

**VINTAGE PFALTZGRAFF DINERWARE SET,** \$25. 256-566-9047 Somerville

**4 CONVENIENT LOCATIONS**

To establish as a new patient, call 256-383-4447 ext 124 or visit [MedShoals.com](http://MedShoals.com) today!

Cloverdale Road: 2735 Cloverdale Road, Florence, AL | 256-415-4005  
 Express Care: 1106 N Cave St. Tuscumbia, AL | 256-386-7774  
 Greenhill: 351 AL Hwy 64, Killen, AL | 256-272-8066  
 Sheffield: 1120 S. Jackson Hwy Suite 300, Sheffield, AL | 256-383-4447

Front Row: Courtney Bowen, MD • Jeremy Thompson, MD • Amber Olsen, DO  
 Back Row: Joshua Vacik, MD • Robert Dickson, DO • Anthony Horton, DO • Brad McAnalley, MD

**The Lauderdale County Solid Waste Dept. will be closed** on Tuesday, July 4. All commercial and residential garbage collections, will be delayed by one day following the holiday, meaning Tuesday's will be picked up on Wednesday, Wednesday on Thursday, Thursday on Friday, and Friday on Saturday. The landfill and the solid waste office will be closed July 4. For any questions, residents can consult the Lauderdale County Solid Waste Department Facebook page.

**The Florence Indian Mound Museum** is excited to host "Storytime at the Museum," each Thursday morning during the summer from 9-10am, starting on July 6. Children ages 2-6 are invited to participate in an interactive storytime with Native American stories and literature. The Florence Indian Mound Museum is located at 1028 South Court Street, Florence and is open Tuesday- Saturday from 10am-4pm and Sunday from 1-4pm. Call 256-760-6427 for more information.

**LifeSouth Mobile Blood Drive Dates**

**Thursday, July 6** Lauderdale County Health Department, 10am - 4pm

**Sunday, July 9** Sam's Club, Florence, 11am - 5pm

**Monday, July 10** Mitchell-Hollingsworth Nursing & Rehabilitation Center, Florence, 11am - 5pm

**Sunday, July 16** Dick's Sporting Goods/Field & Stream, Florence, 10am - 4pm

**Monday, July 17** Colbert County Health Dept, 9am - 3pm

**Sunday, July 30** Stony Point Church of Christ, Florence, 11am - 6pm

**OR Donate at the Center,** 307 Veterans Drive, Florence. Schedule an appointment, 256-765-7038. [www.lifesouth.org](http://www.lifesouth.org). The hours are: Monday,

# Get Rid of Cellulite!

Leave the cellulite brush and cellulite roller back in the dark ages where they belong!

The **BTL Cellutone™** cellulite treatment uses acoustic ultrasound technology to shake up cellulite, break down fat

cells and expel them through the lymphatic system.



We now offer **Rewards & Memberships!**

**Why join Helping Hands Clinic VIP?**

- ✓ Rewards for Visiting
- ✓ Exclusive Memberships
- ✓ Monthly Offers & Specials
- ✓ Gift on your Birthday!



**HELPING HANDS** 256.712.5028 | 426 West College St. | Florence  
 Across from Infants & Children's



# 5.17% APY\*

## 9 Month-Term Certificate of Deposit



MEMBER FDIC



Located in North Florence at Seven Points  
256-766-6300 • www.peopletrustbk.com

\*5.17% (Annual Percentage Yield) is effective as of July 5, 2023 and is subject to change at any time. Fees may reduce earnings. A \$50,000.00 deposit from funds outside of an existing account at PeoplesTrust Bank required to open the account and earn the advertised APY. An early withdrawal penalty will apply. Not available to financial institutions or public funds. Limited time offer. After maturity, if you choose to renew your CD, you will earn the base rate of interest in effect at that time.

FREE MALE GERMAN SHEPHARD to good home, 256-957-8213.

**"WE ONLY BUILD DECKS"**  
New or Remodeled. Free estimates. Like us on Facebook, 256-335-5304 or 256-394-5630

1993 Stratos Bass Boat, 115hp, Evinrude, \$3,500. 1986 Phantom Bass Boat, 60hp Mariner, \$2,500 256-710-3966

FORD: F-250 SUPER DUTY, 2000, \$7,500. 4 door, 2WD, Work truck, 7.3 PowerStroke, 6 speed, 281k miles. 256-324-8042 Florence

FORD: F-350 DUALY, 1995, 7.3 Turbo Diesel, Crew Cab, 170,000 actual miles, New 8' flatbed, New 100 Gal Fuel tank, & new pump for fuel tank, New tires, Air, Great shape! \$13,500 or offers considered. 256-710-6281. Florence area

BMW: 325, 2004 \$5,500 OBO, Convertible, in good condition, top needs work, 813-244-6175 Florence

SIDE-BY-SIDE, BLACK, FRENCH DOOR with outside ice maker, COLD! \$300. 256-303-0101. Trinity

L-SHAPED SOFA, 3 SEATS X 1 seat combination, beige, Flex Steel, \$250. •Ottoman, dark brown, 4'x2', \$50. •Pictures •Fireplace opening covering, brass, \$50. •Brass fireplace tools. 256-762-5877.

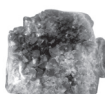
### RICK'S STUMP GRINDING

\*\*\*\*\*

Low prices and Free estimates, 256-740-2363 if no answer, leave message

FOUND Dark-golden/chocolate lab mix puppy about half grown, in south central Colbert County, near Colbert/Franklin line. Very people friendly, apparent good health, and has worn a collar recently. 256-436-1726.

CHEVROLET: SILVERADO, 1985 \$12,000, long wheel base, new paint job, 305 engine, automatic, many new parts. Everything good, 256-412-0504 Cherokee



**REWARD: \$500**  
FOR INFORMATION leading to the arrest of the person(s) who stole 4 large Amethyst crystals from Florence, AL in May 2023. Note: The reward will be paid upon return of the crystals. They are all similar, 3 are cantaloupe size, one is watermelon size, same color (Purple)  
Contact David: 256-324-8462  
(Reference Tony & Tia)

**CAT SITTING SERVICE:** Will come to kitty's home, fill bowls, scoop litter, give meds, scratch ears, 256-412-6982

**MATT'S TRACTOR'S N SUCH JOHN DEERE REPAIR and SERVICE,** 25hp and under. Let us SOLVE your tractor needs for a fraction of the cost of dealer. Factory trained, repairs with FREE pick-up and delivery within 10 miles of Muscle Shoals 256-394-1800

CHEVROLET: S10, 1985 \$6,000. Drag Truck, NEW 350 engine, new turbo 400 transmission, 411 rear end. 256-347-7911.

ANTIQUE MILITARY ITEMS WANTED Guns, Knives, Uniforms, will pay cash. Call 256-335-7663

BEANIES! 1994 & UP! Bears, Bunnies & Holiday! Oh my! \$500-\$5000. Suzanne 256-394-3739 10am-6pm

## QUALITY FOUNDATION

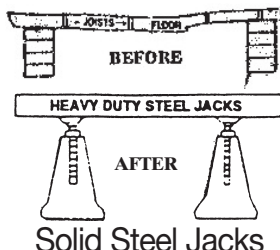
And All Types of Home Improvement

Home Owned & Operated in the Shoals by Wayne Lawhorn  
**Let Us Add Stability to Your Flooring**

**FREE Estimate**

35 YEARS EXPERIENCE  
Licensed • Bonded • Insured

**256-767-5258**



## GENESIS LAWN CARE SERVICES

"QUALITY FROM THE BEGINNING"

Yard Clean-Up • Sod Installation • Pressure Washing  
• Trimming • Small Tree Removal • Year-Around Lawn Care  
• Weeding • Housekeeping

Competitive Pricing • Licensed & Insured

Call Jaime at 256-600-4064  
or visit us at [LawnByGenesis.com](http://LawnByGenesis.com)

# WHY GREENWAY Honda?



## SALES:

- No Fees Ever
- Upfront Pricing On Over 250 New And Pre-Owned Vehicles
- Over 43 New And Pre-Owned Hondas To Choose From
- We'll Order/Find Your New Car

**0 PAYMENTS FOR 90 DAYS\***



## SERVICE:

- We Service All Makes And Models
- Ranked #6 Out Of 1000 Honda Dealers In Customer Satisfaction
- Short Wait Times
- Fix It Right The First Time Guarantee

**\$25 OFF ANY SERVICE\***

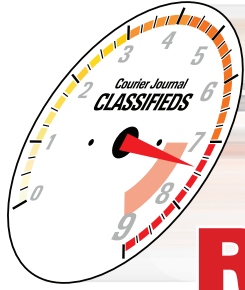


250 Cox Creek Pkwy  
Florence, AL 35630  
**SALES: (256) 980-3743**  
**SERVICE: (256) 980-3743**



CHECK OUT OUR DIGITAL MAGAZINE SPECIALS

\* Interest accrues from date of purchase. Plus tax, tag and title. All incentives to dealer. With approved credit. +Taxes and shop supplies not included. Present this coupon upon arrival. Coupons cannot be combined with any other coupons or service specials. Expires: end of month.



**Courier Journal**

# Classifieds

Sell it fast with a

## RED LINE AD only \$4 additional

**HOUSECLEANING** for your office or home. Call 555-1234 for a free estimate. 15 years experience, insured, References available.

Attract the most attention and sell your items red line fast when you choose to **Red Line** your Classified Ad. **THE FIRST LINE OF YOUR AD APPEARS IN RED CAPS.**

**TNValleyStuff.com**

As an added bonus for our advertisers, all classified ads placed in the Courier Journal are also online at [TNValleyStuff.com](http://TNValleyStuff.com).

**ONLINE** – at our Website... Go to [www.courierjournal.net](http://www.courierjournal.net) and click "Place a Classified"

**PHONE** – 8AM-5PM Mon-Fri Charge to Credit/Debit Card by calling **256-764-4268**

**FAX** – 24 HRS - Charge to Credit / Debit Card by faxing an ad to **256-760-9618**. Include exp. date. List how many weeks the ad is to run.

**MAIL** – Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

**OFFICE** – Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

ADVANCE PAYMENT IS REQUIRED in cash, check or Credit/Debit Card. Phone-in Ads MUST be Charged to Credit/Debit Card! NO EXCEPTIONS! NO REFUNDS!

**DEADLINE: Friday 5pm**

**Private Party Rate** 4 LINES Each additional line - \$1.50 - Prepay - NO REAL ESTATE • 1 item per ad - 4 Weeks/4 lines 1 ITEM \$16 Each additional line - add \$4.50 **\$5.50** Week

**Commercial Rate** 4 LINES Each additional line add \$1.50 – applies to anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not – including pets. 6 Weeks \$39 - Each additional line - add \$7.50 total **\$8.00** Week

**Real Estate Rate** 5 LINES Each additional line add \$1.50 – applies to agencies, individual, developers and anyone engage in selling, renting, leasing structures and/or properties in Real Estate or General section. 6 Weeks \$36 Each additional line - add \$7.50 total **\$8.00** Week

**Yard Sales** 6 LINES Each additional line - \$1.50 YARD SALES – An exclusive listing of the area's better sales prominently placed **\$12.50** Week

**Employment** 6 LINES Each additional line - \$2.25 EMPLOYMENT - Looking for employment or Businesses looking for employees **\$15.50** Week

**Private Party Auto Rate** Up to 8 LINES for 4 weeks. Each additional line - \$2.25. **\$17.00** 4 wks

\*one line is approx. 30 characters

Form with multiple blank lines for text entry.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Phone \_\_\_\_\_

➔ **HOW MANY WEEKS?** Multiply the number of weeks - X - the cost of the ad....

**YES! RED LINE MY AD!**  PLEASE CHECK THE BOX **only \$4 additional**

**MAILING ADDRESS:** Courier Journal, 219 W. Tennessee St., Florence, AL 35630

**Please Print Ad Clearly.** NOT RESPONSIBLE for illegible handwriting

**Questions?** Call our office at 256-764-4268.

## Records..

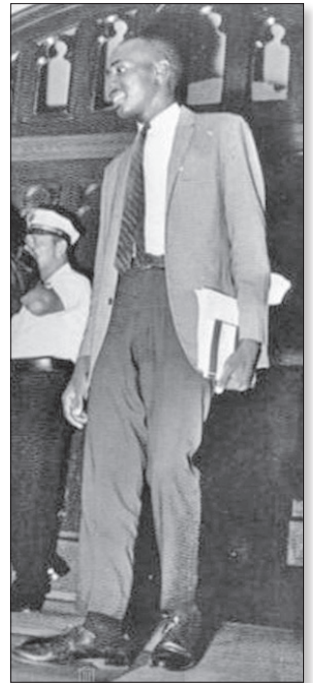
Continued from Page 1

student who integrated campus in 1963 and who now sits on UNA's highest governing body, its Board of Trustees. Already, the records have been transferred to the University Archives and Special Collections and included in Gunn's records housed in the UNA collection.

Dr. Gunn, on campus recently for a Board meeting, called this discovery "a humbling sort of thing" as he was a teenager when he lost his first option for college and saw another one here at what was then Florence State College.

"The trajectory of my life changed dramatically as a result of my coming here that I cannot even describe it," Dr. Gunn said. "Of all the things that I have done, I consider that the most important thing. And I still worry about how things are going. At that time, I thought the difference between black and white wouldn't be the same as the difference in tall and short. It really should have no significance to it."

The records themselves contain Dr. Gunn's admissions paperwork, his documents to prove his was eligible to attend a then-all white schools, and other personal



Wendell Gunn in '63 UNA

correspondence on his desire to be admitted to the institution.

Dr. Gunn said he has seen some of the documents, and he has the original court order from the federal judge that was presented to Dr. E.B. Norton who was president of the institution at the time.

"These documents are vital to our understanding of UNA and the Civil Rights Era," said UNA Historian Dr.

See GUNN... on Page 7



### Personnel

**EDITOR & PUBLISHER**

Thomas V. Magazzu

**ADVERTISING EXECUTIVES**

Sadonna B. Magazzu  
Judy Cox  
Gregg Scott  
Heather Ridinger

**GRAPHIC COORDINATORS**

Russell Roden  
Andrea L. Gray

**OFFICE STAFF/CLASSIFIED**

Janie Brasfield

**CIRCULATION**

Ted Fallin

**OFFICE HOURS:**

Monday - Friday  
8:00am - 5:00pm

Copyright © 2023  
All Rights Reserved

**219 W. Tennessee St.**

Florence, AL 35630  
256-764-4268  
Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 59,158 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

**EDITORIAL POLICY:** Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

**219 W. Tennessee St.  
Florence, AL 35630**  
or email to:  
[editor@courierjournal.net](mailto:editor@courierjournal.net)

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

## Turning 65? Time for MEDICARE? Educate **Register Today!**

**Our next Medicare Class is Thursday, July 20th before Enrolling**

**11am-Noon @ Alabama Health Guidance 885 Florence Blvd. Florence, AL**



We know all of those **MEDICARE** options may seem a bit confusing – but our **LOCAL** Insurance Specialists have over 20 years of combined experience to help make the whole process easy for you.

Our "Third Thursday" Medicare Education Classes, offered each month, allow you the opportunity to learn more. Call to register now to attend one of these classes!



**EXPERIENCE MATTERS!** Meet with our Medicare Experts:  
Hope Stamps Buttrum | Ikey Fowler | Beverly White

# 256-648-5710

For accomodation of persons with special needs at meetings, call 256-648-5710

**DEADLINES:** Issues Published Every Wednesday  
INSERTS - 5 pm Thursday  
DISPLAY ADS - 5 pm Thursday  
CLASSIFIED ADS - 5 pm Friday unless otherwise specified



# Gunn...

Continued from Page 6

Jeffrey Bibbee. "Dr. Gunn's admission was a personal milestone but also very much a seminal moment in our institution's story of diversity, equity, and inclusion. No other students at the time would have needed court orders and records to be admitted, and this shows just how political and contentious this period of history was for UNA and other institutions."

Among the documents recovered and digitized are the court records that include notary seals as these are not typical items included in student records, according to Dr. Bibbee.

"The use of a court order highlights that each and every one of Alabama's colleges and universities required a separate court case to be integrated," he said. "It wasn't just one case that opened all colleges at once. Had it not been for Wendell Gunn, it might have been months - or years - before this happened at our

institution."

The documents are on very delicate onion-skin paper, protected from excess heat and humidity and stored in the dark to avoid unnecessary exposure to light sources. These precautions are vital to ensure their longevity as a tangible part of the University's history.

As a member of the Board of Trustees, Dr. Gunn continues to be an active member of the campus community. His appointment came in 2019 by Alabama Gov. Kay Ivey and on the 55th anniversary of the passage of the Civil Rights Act of 1964.

As a student, Dr. Gunn received academic honors, and he participated in a number of extracurricular activities, including the choir. After he graduated in 1965 with a degree in chemistry, he continued his education at the University of Chicago. In his professional life, Dr. Gunn has served as a vice president at

Chase Manhattan Bank, assistant treasurer at PepsiCo, and, later, in the White House as a senior advisor, Special Assistant for International Trade, to President Ronald Reagan.

"Wendell Gunn pushed open the doors on this campus for generations of underrepresented populations," said Dr. Bibbee. "He ushered in a new period in our institutional history. We have to see this in its totality, and these documents are very much at the start of that long and very impressive history."

UNA's Archives and Special Collections are house in Collier Library. The campus and broader community are welcome to view Dr. Gunn's papers as well as the other artifacts stored there.

**NEED HELP?**  
CONTACT 2-1-1

*Your link to community resources*

•MOTOR BIKE, KINETIC, 269K, \$150. •Bench Weight Set, \$150. 256-318-7218. Decatur

DODGE: 2500 3/4 5.9 CUMMINGS DIESEL, 2003 \$8,900. Automatic, 2 WD, 4 door, 22 MPG, 300k miles. 256-810-7238.

DIVING BOARD, 8 FT., still in the box, never used, \$500 OBO, 256-412-8350



## Putting the *Living* in Senior Living

Maintenance-free living means you can focus on what matters most: enjoying new friends and recreational programs including excursions to local landmarks, businesses and events!

- Assisted Living
- Memory Support
- 24 Hour Caregiving Staff
- Private Rooms Only
- Private Bathroom
- Private Dining Rooms
- Beauty/Barber Salon
- Housekeeping Services
- Coordinated Transportation
- Respite Care
- Pet Friendly



**Hilltop at Glenwood I and II**

213 Ana Drive, Florence, AL 35630 | Phone: 256-767-2510

<https://www.geneshcc.com/hilltopatglenwood>



BUY HERE • PAY HERE

# BUY HERE PAY HERE CARS

HOURS: Mon.-Fri. 8am-5:30 pm & Sat. 8am-Noon • After Hours by Appointment

Down Payments Starting At \$1,500

<p style="font-size: 0.8em;">2012-Subaru-Legacy</p> <p style="font-weight: bold; color: red; font-size: 1.2em;">\$99/week</p>	<p style="font-size: 0.8em;">2014-Ford-Focus</p> <p style="font-weight: bold; color: red; font-size: 1.2em;">\$99/week</p>	<p style="font-size: 0.8em;">2016-Nissan-Altima</p> <p style="font-weight: bold; color: red; font-size: 1.2em;">\$97/week</p>
<p style="font-size: 0.8em;">2015-Nissan-Sentra</p> <p style="font-weight: bold; color: red; font-size: 1.2em;">\$96/week</p>	<p style="font-size: 0.8em;">2011-Ford-Flex</p> <p style="font-weight: bold; color: red; font-size: 1.2em;">\$98/week</p>	<p style="font-size: 0.8em;">2013-Buick-Verano</p> <p style="font-weight: bold; color: red; font-size: 1.2em;">\$99/week</p>

Service Department  
OPEN TO  
THE PUBLIC

Oil Change \$49<sup>99</sup>  
Most Cars

Brake Service \$89<sup>99</sup>  
Per Axle, Most Cars

LOWEST NO HASSLE PAYMENTS: WEEKLY • BI-WEEKLY • MONTHLY  
In-House Financing Based on Debt to Income Ratio not Credit Score

Repos • Bankruptcy • No Problem

# 256-767-3705

www.nationaladvanceautos.com

3641 Cloverdale Rd. • Florence

## Dr. Reid Melson, DO

Internal Medicine

is welcoming  
New Patients at

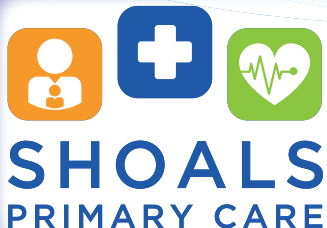
Shoals Primary Care  
2122 Helton Drive  
Florence

Walk-ins are  
Also Welcome



MOST INSURANCE ACCEPTED • MEDICARE PATIENTS WELCOME

Monday-Thursday 8am - 5pm • Friday 8am-Noon



2122 Helton Drive  
Florence  
256-415-8680  
Fax: 256-367-4990  
[shoalsprimarycarellc.com](http://shoalsprimarycarellc.com)

549574.1

951071.1



# Peoples piggly wiggly

Down Home, Down The Street  
Cherokee • 256-359-6651

**8-7 Mon thru Sat  
10-5 Sunday**

Quantity & correction rights reserved.  
None sold to dealers. We reserve the right  
to correct typographical and pictorial errors.  
Limited quantities. Sorry no rain checks.  
While supplies last.

**Prices Good  
July 5-11, 2023**

**Whole Boneless Pork Loins**  
**\$1.89** Lb.

**Certified Angus Beef Chuck Steak**  
**\$5.29** Lb.

**Sanderson Farm Boneless Skinless Thighs**  
**\$2.99** Lb.

**Family Pack Bar S Corn Dogs**  
**\$5.49** 2.34 Lbs.

**On-Cor Entrees**  
**\$3.99** 24-28 Oz.

**Sea Best Cooked Shrimp**  
**\$5.99** 1 Lb.

**Bush's Baked Beans**  
22-28 Oz.  
**2/\$5**

**Original Hodden Valley Ranch Dressing**  
16 Oz.  
**\$4.29**

**Betty Crocker Suddenly Salad** Classic 6 Oz., Ranch/Bacon 6.25 Oz. Or Caesar 5.75 Oz.  
**2/\$4**

**A.1. Original Steak Sauce**  
10 Oz.  
**\$4.99**

**Country Bob's Seasoning Salt 8 Oz. or All Purpose Sauce 13 Oz.**  
**\$2.79**

**Kraft BBQ Sauce**  
18 Oz.  
**2/\$3**

**Original Velveeta**  
2 Lbs.  
**\$7.79**

**Hunt's Ketchup**  
20 Oz.  
**4/\$5**

**Lay's Potato Chips 7.75 Oz., Cheetos 7.5-8.5 Oz. Or Fritos 7-9.25 Oz.**  
**2/\$8**

**Coke Products**  
6 Pk. 1/2 Liters  
**3/\$11**

**Coke Products**  
12 Pk. 12 Oz. Cans  
**2/\$12.50**

**Piggly Wiggly Charcoal**  
7.7 Lb. Bag  
**\$3.69**

**Piggly Wiggly Instant Light Charcoal**  
6.2 Lb. Bag  
**\$4.89**

## THE SEASON'S FINEST PRODUCE

**Seedless Grapes**  
**\$1.79** Lb.

**Matchstix Carrots**  
**99¢** 10 Oz. Bag

**Idaho Potatoes**  
**\$3.99** 8 Lb. Bag

**California Strawberries**  
**2/\$5** 1 Lb. Box

**Green Cabbage**  
**59¢** Lb.

**Jumbo Vidalia Onions**  
**89¢** Lb.

# Inductees...

Continued from Page 1

art, athletics, business, education, government, humanities, literature, medicine, military, music, public service, religion, and science and technology.

There are four inductees this year.

## CLAY BENNETT

*(Plaque reads) Clay Bennett received both the Pulitzer Prize for Editorial Cartooning and the National Journalism Award in 2002, followed by the Robert F. Kennedy Journalism Award in 2007 and multiple awards from the Society of Professional Journalists in succeeding years.*

The son of a career army officer, Bennett led a nomadic life, attending ten different schools before graduating in 1980 from the University

of North Alabama with degrees in Art and History.

Bennett was the editorial cartoonist for the *St. Petersburg Times* (1981-1994) and *The Christian Science Monitor* (1997-2007) before joining the staff of the *Chattanooga Times Free Press* where he currently draws five cartoons a week.

Bennett also has earned almost every honor his profession has to offer and is Past President of the Association of American Editorial Cartoonists. Bennett is the husband of artist, Cindy Precious, and father of Matt, Ben and Sarah. His work is syndicated internationally by The *Washington Post* Writers Group.

## ADMIRAL RICHARD JACKSON

*(Plaque reads) In 1911, Admiral Richard H. Jackson commanded the Yangtze River Patrol during the Chinese Revolution. By 1926, he rose to the rank of Commander of the Battle Fleet. His eyewitness account of the 1941 attack on Pearl Harbor was included in the official Navy report.*

Born in 1866 on a plantation in north Alabama, Richard Harrison Jackson was a tenth-generation descendant of Pocahontas. He was appointed by Alabama Congressman, Joseph Wheeler, to the U.S. Naval Academy in 1883. He retired from service in 1930 after serving as commander in chief of the Battle Fleet. He was promoted to four-star admiral rank on the retired list in 1942.

During a revolution in China in the early years of the 20th century, Admiral Jackson commanded gunboats of the Yangtze River Patrol. He later served aboard a torpedo boat in the Spanish-American War and as a representative for the US Navy in Paris during World War I. He became a rear admiral in 1921, commanded a battleship division in the Pacific, and then as a vice admiral took command of all battleship divisions.

In retirement, Jackson resided in Pearl City, Hawaii, where he observed the Japanese attack on Pearl Harbor from his front doorstep on December 7, 1941. At the time of his death in 1971, he was the oldest military officer in the United States at 105.

## ROBERT RAUSCH

*(Plaque reads) As a photographer and designer, Robert Rausch received the Clio Award in 1996. In 2018, his works were selected as the best photographs by the New York Times. Exhibitions of his work have appeared in galleries in the United States and Europe.*

Although he was born on the west coast, Robert Rausch moved to the Shoals area in 1974 and

See WALK.. on Page 13

**DECKS AND FENCES - FREE** Estimates. Call me at 256-856-4662. References available.

**LINCOLN: MKT, 2014 \$18,950.** V6, only 62K miles, luxury, navigation, sunroof, premium wheels, heated leather, just serviced. Excellent Condition! 256-527-2125

**TOYOTA: SCION XA, 2005 \$6,000.**, one owner, well maintained, kept under carport, only 102K miles. Call 256-263-7767 Florence

**MPE SERVICES LLC**  
Heating & Air • Plumbing • Electrical  
Full Restaurant Repair • LED Lighting

**Need an outlet installed, replaced, or moved? We're here to help!**

**Call Today!**

**256-648-4893**

24/7 EMERGENCY SERVICE  
TVA EnergyRight QUALITY CONTRACTOR NETWORK  
Instagram Facebook BBB

**North Alabama Painting**

Licensed & Insured  
Residential & Commercial Services  
Painting & Drywall

Over 20 Years Experience

256-572-3783

Mt. Zion Church of Christ  
Invites You to Our  
**GOSPEL MEETING**  
JULY 9-12

Guest Speaker: Ty Rhymes  
*(Chisholm Hills Church of Christ)*

**Sunday Service July 9:**  
9am Worship • 10am Bible Classes  
Fellowship Meal & 1pm Service following Bible Classes

**July 10-12: 7pm Nightly**

We look forward to seeing you!

**GREEN ROOTS LAWCARE**  
Mowing • Trimming • Lawn Maintenance  
Pressure Washing • Planting Trees  
Tree Removal • Shrubs • Flowers, etc.

**COMMERCIAL OR RESIDENTIAL**

Call today for your FREE estimate!

**Jaime Figueroa 256-436-7039**

**MUNICIPAL COURT AMNESTY PROGRAM**  
**THE CITY OF MUSCLE SHOALS**

is offering Amnesty for the time period of  
**June 13 - July 12, 2023**

The amnesty program provides an opportunity for those with certain types of municipal court charges to clear their case without concern of being physically arrested.

Amnesty is offered to all individuals who have received traffic or parking tickets, failed to appear or pay fines, and for whom warrants have been issued or pending on these charges. Anyone wishing to take advantage of this program may do so by contacting the municipal court. Individuals with outstanding fines or who have failed to appear on municipal court charges are encouraged to present themselves to the court on or before July 12 to seek resolution to their cases.

It is important to note that only individuals who have outstanding warrants for failure to pay fines or attend court on their assigned dates are eligible for this program. Any eligible individual with a warrant who comes into contact with law-enforcement prior to taking advantage of this amnesty program is subject to immediate arrest. Only cases that have already been adjudicated by the court are eligible for warrant amnesty. Typically these are for failure to pay fines or failure to appear in court.

**Persons may either appear in open court on July 12, 2023 at 1:00 p.m. at the Municipal Court at 2010 Avalon Avenue, Muscle Shoals or present themselves to the magistrates office any time prior to that date.**

*For information concerning the Amnesty Month procedure call the Court Clerk's office at 256-386-9210 or come in person to the Municipal court at 2010 Avalon Avenue in Muscle Shoals.*

# EMPLOYMENT Opportunities

**The City of Sheffield**  
will begin taking applications for a  
**MUNICIPAL COURT MAGISTRATE**  
FOR THE CITY OF SHEFFIELD COURT

Applications will be accepted beginning **Monday, July 3 at 8am** through the close of business **Friday, July 14 at 4:30pm.**

Applications may be obtained in person from the **City Clerks' Office** and the **City's Facebook page.**

The completed application must be returned to the City Clerk's Office,  
**600 N. Montgomery Ave., Sheffield**

**The City of Sheffield offers a Great Benefit Package**

*The City of Sheffield is an equal opportunity employer.*

**E.S. ROBBINS**  
CORPORATION

**Extruder Operators** – Must be able to set up equipment and make all standard adjustments to start up and run product in efficient productive manner. Responsible for quality and quantity of production, inspection of product, packaging and housekeeping around equipment. Responsible for preparing daily production reports.

**Material Handlers** – Drive forklift to service production lines as required. Must be able to weigh, label and segregate plastic material. Must be able to perform heavy lifting repetitively.

**Compound Operator** – Ensure appearance, color and clarity of compounds produced by monitoring controls to ensure specified pressures, motor loads, speeds, temperatures, and weights. Check labels for accuracy of weights and formulation ID and position/secure labels on bins and gayloads. Verify quality of product by visual and analytical checks. Must provide accurate daily production reports and be willing and able to climb silos.

All positions require strong work ethic, **able to work any shift**, have good communication skills, basic reading, writing and math skills, as well as use tape measure and dial calipers.

**Signing Bonus after 6 months.**  
**Excellent Benefits Available.**

Apply online at [esrobbins.com/jobs](http://esrobbins.com/jobs),  
Email resume to [jobopportunities@esrobbins.com](mailto:jobopportunities@esrobbins.com)  
or apply in person at  
**2802 E Avalon Ave, Muscle Shoals, AL 35661**  
No phone call please. E.O.E.

**POSITION AVAILABLE:**

**RN Case Manager (Hospital to Home)**

Full-time with benefits  
Starting salary \$58,760.00  
**Resume is not accepted in lieu of job application.** Job application available at <http://nacolg.org/human-resources> or NACOLG

103 Student Drive  
Muscle Shoals, AL 35661

**Responsibilities:** Coordinate medical aspects of clinical cases in the Long-Term Services Support system of the Medicaid Waiver Hospital to Home Program; to ensure safe transition of clients from hospital to home; Conduct clinical reviews of client medical records to ensure proper care and treatment plans as needed;

**Qualifications:** Registered Nurse certification from an accredited nursing program with a current, active Alabama RN license; Two years professional nursing experience preferred; Previous work experience with hospital/case management or any combination of education, training and experience that demonstrates the knowledge, skills and abilities commensurate with the job. Drug screen, background checks, MVR required.

EOE  
Deadline to apply: **July 21, 2023**

Northwest-Shoals Community College announces the following open positions

- Dual Enrollment Specialist
- Coordinator of Graduation and Transcripts
- Registrar
- Assistant Director of Enrollment Communication and Outreach
- Medical Assisting Technology Instructor
- Assistant Baseball Coach (Part-Time)

Detailed position announcements and applications can be requested by visiting the web page at [www.nwsc.edu](http://www.nwsc.edu) or by contacting the Office of Human Resources at (256) 331-5229. NW-SCC is an equal opportunity employer.

**Home Instead.**

**~Hiring~**

**CARE PROFESSIONALS**  
Now hiring care professionals to work one on one with our non medical clients in their homes in the Shoals area. 7am-3pm, 3pm-11pm, and 11pm-7am shifts available. Please come by our office at 2703 Darby Drive for a paper application, or apply online at [www.homeinstead.com/200](http://www.homeinstead.com/200) click on careers.

**Quad Cities Taxi**

Is looking for **Taxicab Drivers, Wheelchair Van Drivers, and Dispatchers.** Day and night shifts. Must be 25. Apply in person at 122 N. Royal Ave., Florence, between 8 am and 4 pm, Mon.- Fri. (No phone calls please)

**In Search of Housekeeper/ Dog Keeper**  
1-2 days a week  
\$14 an hour after training.  
7am to 5pm-ish, St. Florian area  
**Text 256-762-6052**  
to set up an interview.

**WANTED:**  
1 Full-Time and 1 Part-Time Positions  
**Class A CDL Licensed Truck DRIVERS**

to haul US Mail from Florence to Birmingham at night. HOME DAILY! Pay \$22.86 hourly, plus additional fringe benefit allowance of \$4.70 per hour on the first 40 hours each week. Clean MVR, Drug Test and Background check required. Call Sam Jenkins with Davenport Transportation  
**256-506-1865**  
for more information.

**Wages Starting at \$17.25\* Includes Incentive**

**Medical, Dental, Vision Insurance**  
**401(K) with Company Match**  
**Advancement Opportunities**  
**Tuition Assistance**

**Go to [pilgrimsusa.com](http://pilgrimsusa.com) to see all open positions**

E.O.E.




Sponsored by

**FULLER**  
HEATING • AIR CONDITIONING • PLUMBING & ELECTRICAL  
256.978.2030  
fullerHVAC.com

The Trusted Name in HEATING & AIR PLUMBING ELECTRICAL

AL HVAC 9114 • AL ELECTRICAL 8189

Find the link on the right column of our homepage  
[www.CourierJournal.net](http://www.CourierJournal.net)  
Years of history and searchable content.

**Courier Journal**

Online every week, beginning Tuesday morning.  
**See our Page-Flip Edition**

**Kidsville NEWS**

Online Page Flip versions available for each county at  
[kidsvillenews.com/lauderdale](http://kidsvillenews.com/lauderdale)  
and  
[kidsvillenews.com/colbert](http://kidsvillenews.com/colbert)



**1,000 acre Tennessee Hunting Lease.** Deer & Turkey, 4 members, Looking for 2 more. Call Tom 256-443-4717

**WINDOWS DIRTY?** Let HoneyB Window Cleaning Clear the Way! Pressure washing + gutter cleaning. 256-415-7468. **FREE Estimates.**

**Three CKC Yorkie Terrier Puppies,** Parti Bloodline, grand-mother is parti Yorkie, vet checked, 9 weeks old, 1 small male \$800 & 1 Medium male \$650 & 1 teacup female \$1,000. Call 731-307-5512

**WATCH & CLOCK REPAIR**  
256-572-2679 Killen, AL

**FREE KITTENS TO GOOD** home, Trinity, 256-303-6488.

**FREE INDOOR CATS** 3 mths. - 3 yrs. old. Good Homes. Spay/Neutered. 931-279-1883. Florence

## Shorts...

### Essity Awards Scholarships

Continued from Page 2

attend Northwest Shoals Community College

- **Zekiel Stults** of Cherokee \$2,500 to attend the University of Mississippi
- **Addison Wilson** of Barton, \$2,500 to attend Auburn University

This year the students received a combined total of \$76,500 in Essity scholarships to use toward their full-time education at an accredited U.S. or Canadian university for the 2023-24 school year. Over 15 years, Essity has given over \$1M to high school seniors and college students.

The recipients were selected based on their academic achievements, demonstrated leadership and participation in school and community activities, honors, work experience, statement of goals, and an outside appraisal.

In the United States and Canada, Essity manufactures, sells, and distributes products under the world-renowned brands **Tork®** (professional hygiene products), **TENA®** (incontinence and personal care products), **JOBST®** (compression therapy), **Cutimed®** (advanced wound care), **Leukoplast®** (acute wound care) and the orthopedic brands **Delta-Cast®** and **Actimove®**.

# BAMA ALUMINUM CO.

Aluminum Patio Covers • Carports • Screen Rooms

MADE IN THE U.S.A



**For FREE Estimate CALL TODAY!**

256-668-9890 • Darrell 256-980-9304



**BamaAluminum.com**

2310-B Woodward Ave. • Muscle Shoals

Facebook/BamaAluminum



**Services:**

- Septic Tank Installation
- Field Line Installation
- Field Line Repair
- Riser Installation
- Septic System Inspections
- Rainwater Drainage

Jordan Holloway, Owner  
256-702-6100  
statelinesepcticpro@gmail.com  
(We are now licensed in Tennessee.)

**Each One Can Reach One**  
Shoals CASA is seeking caring community members to join our team as Court Appointed Special Advocates for local abused and neglected children.

For more information, on how you can volunteer and help change a child's story contact us today.

Heather Begley - Executive Director  
256-765-0041 • hbegley@shoalscasa.org

**McClish Builders**  
Licensed and Insured  
Nelson A McClish, Owner • 256-627-7002  
Alabama Homebuilders License #27376  
McClishBuilders@yahoo.com

## Planned Maintenance Agreement

**Only \$119**

- 2 Comprehensive services (1 Heat/1 Cool)
- No Overtime Rates
- 15% Discount on repairs

**(256) 764-7386**  
**www.jchamm.com**

Heating/Air Conditioning • Equipment Replacement • Repairs • Maintenance  
Air Purification • Financing Options Available • AL LIC 83391

**Some Of The Benefits Of Emsella For Women:**

- Treat Incontinence
- Improve Sexual Wellness
- Non-Invasive
- Stay Fully Clothed

**For a Limited Time!**  
**\$800**  
**Emsella® Chair**

**EMSELLA®**  
**Enjoy the Ride**

**Some Of The Benefits Of Emsella For Men:**

- End Urinary Incontinence
- Increase Penile Rigidity
- Increase Control Erection
- Increase Staying Power
- Restore Confidence
- Reduce Stress & Anxiety

**HELPING HANDS** 256.712.5028 | 426 West College St. | Florence  
Across from Infants & Children's

Commentary

# Looking Down from Heaven?

**W**e often hear or read about someone referencing a recently deceased family members in relation to events taking place here. They may be “looking down and cheering us on,” “Smiling proudly from heaven about our accomplishment,” or something similar.

*In A Few Words*



**TOM MAGAZZU**  
Editor

While that is a comforting thought and an interesting concept, I’m not sure the idea of any such association is supported Biblically.

The only reference I recall of a deceased individual having interest with those physically alive comes in Luke 16: 19-31 when Jesus tells his disciples the story of the rich man in torment and Lazarus who is in Abraham’s bosom.

The latter part of the story has the rich man wanting Abraham to let Lazarus come back and warn his five brothers so they could repent and avoid “this place of torment.” However, Abraham declines, reminding the rich man that his brothers have Moses and the

See HEAVEN?... on Page 18

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

# Courier Journal

# in the Shoals

# THIS WEEK

July 5, 2023

## Happening THIS WEEK

## Florence Joins Program Again

Empty the Shelters Summer National Event

**FLORENCE**—As our nation’s shelters are overburdened due increased owner surrenders and longer stays for pets,



**BISSELL** Pet Foundation has teamed up with MetLife Pet Insurance to bring its Summer National “Empty the Shelters” adoption event to more than 335 shelters in 44 states from July 6-31, including Florence-Lauderdale Animal

Services in the Florence Industrial Park. Adoption fees at participating

See EMPTY.. on Page 31

## Tickets for Ritz Season

**SHEFFIELD** - The Tennessee Valley Art Association recently announced their plays for the Ritz Theatre’s 2023/2024 season featuring four productions. The season is bookended by two musicals by legendary composer Stephen Sondheim.

Theatre lovers will get to enjoy the Ritz Theatre ‘23/’24 Season with:

- **Into the Woods** July 21-23 and 28-29
- **The Savannah Sipping Society** August 24-27
- **Merchant of Venice: A Shakespeare Shake-up** September 28–October 1
- **Company** February 23-25, March 1-2

Season tickets and individual play tickets are available at [tennesseevalleyarts.org](http://tennesseevalleyarts.org).

**THE FLORENCE INDIAN MOUND MUSEUM** is excited to host *Storytime at the Museum*, each Thursday morning during the summer from 9–10am, starting on July 6. Children ages 2-6 are invited to participate in an interactive storytime with Native American stories and literature. The Florence Indian Mound Museum is located at 1028 South Court Street, Florence and is open Tuesday– Saturday from 10am–4pm and Sunday from 1–4pm. Call 256-760-6427 for more information.



**THE TOWN OF CHEROKEE** invites everyone to its Annual Independence Celebration Saturday, July 8 from 6–9pm at the downtown Cherokee stage area. This free event will include live music by Southern Axcnt, great food vendors, and FIREWORKS!

**MEMBERS AT ARMSTEAD CHAPEL C.M.E. CHURCH** in Florence invite everyone to worship with them Sunday July 9 at 11am in observance of Pastor Rev. James Greene III’s First Pastoral Anniversary. The Rev. Carlyon Cole, preacher in residence at the Browns Temple C.M.E. Church in Sheffield, will be the guest minister. Everyone is welcome at 121 Simpson St. in Florence.

**Courier Journal**

## Missing Your Courier Journal?

READ OUR PAGE-FLIP EDITION  
Online EVERY Tuesday morning.

Find the link on our homepage  
**www.CourierJournal.net**  
Years of history and searchable content.

## YOUR Letters

Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters are subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

by Mail, in person, or mail slot  
Editor-Courier Journal  
219 W. Tennessee St.,  
Florence, AL 35630  
• e-mail: [editor@courierjournal.net](mailto:editor@courierjournal.net)  
• FAX- 256-760-9618

## No True Believer...

Editor:

If you are a Christian, you probably believe in the End Days where the lions lay down with the lambs - In Peace. However, today’s Christian doesn’t seem to follow the teachings of Jesus Christ. They can’t have peace with anyone except humans who look like them, talk like them, walk like them, and think like them. No true believer of Jesus would have hate for LBGQTIA, Latinos, Blacks, Asians, American indigenous, Whites, or for anyone who is different. Jesus said, “Love one another as I have loved you.” Here’s the thing... YOU DO NOT LOVE ANYTHING

THAT IS NOT EXACTLY LIKE YOU. You judge, sneer, rebuke, try to change, or just plain hate with a passion those that don’t conform to your idea of human. You compound your hate by saying, ‘I don’t hate the

*We can’t let this continue. Congress must stop the out-of-control, right-wing majority on the Supreme Court...*

person, only their ways’.. which is total hogwash. There is real hatred in your heart. It shows. It’s not invisible like you think. It’s all out front for God, Jesus and sundry to view. It’s in your face, your eyes, and your voice.

All vestiges of your Christianity are fading fast. You will never allow the lion or the lamb peace. You will continue to hate even though Jesus said Love. HIS command to you. Love.

Jesus weeps. So do I. So should you.

**Linda Johnson**  
Florence



See LETTERS... on Page 26

# Walk of Honor... (Rausch)

Continued from Page 9

again permanently in 1999. Robert has always been proud of his hometown and Alabama and has promoted the South and the Shoals in his work across the world.

Robert's photography and design work have been featured in numerous national publications such as *Southern Living*, *Elle*, and *Vogue*. He has been engaged with regional and multinational corporations such as Levi Strauss, Hilton Hotels, Whole Foods, and Pepsi Co. and has photographed for the *New York Times* for the past 15 years. His work has been voted best photography of the year for the magazine, and many of his photos have been included in the Times selection for the best twenty photos of the year.

Closer to home, Robert has helped shape the design aesthetic for Serenbe, a high profile sustainable conscious community outside of Atlanta. He not only designed the identity for the community, but over the past 20 years, he has designed the fixtures that shape the community.

Robert's personal work has been included in exhibitions in Italy, Mexico, Los Angeles, and

Atlanta.

His passions, gentle spirit, and talent have allowed Robert to work with international clients like Hugh Jackman, Elton John, Paloma Picasso, Alex Haley, and Elizabeth Dole.

**DR. GERALD G. WILLIAMS**  
(Plaque reads)  
*recognized as an international leader in agronomy, devoted his life to alleviating poverty and world hunger through sound agricultural practices. After retirement from the TVA in 1980, he served the Heifer Project International in Cameroon.*

Gordon Williams was born in south Texas to a sharecropper who was later devastated by the depression. As a child and young man, he worked the family farm plots, worked with 4-H and the Civilian Conservation Corps, and served in the U.S. Navy during World War II.

Devoting his life to the alleviation of poverty and world hunger, Williams trained in agriculture, with degrees from Pepperdine College, UC Davis, and Purdue University. He believed in sound agricultural

practices and community outreach locally, regionally nationally, and internationally. He worked in agriculture for Purdue, USDA, TVA, and Heifer Project International. Gerald Williams' success resulted from his skills as a teacher, scientist, practitioner, and leader in agriculture and his appreciation of the basic goodness of people worldwide.

After receiving nominations from the public, the Walk of Honor Selection Committee chose these four inductees. These Inductees join the other individuals selected from previous years. A bronze plaque with a picture of each inductee, along with a brief inscription of their accomplishments, has been placed on the Walk of Honor monuments in the park. The public is invited to visit the site. More detailed information on these individuals is available in the Local History and Genealogy Department at the Florence-Lauderdale Public Library.

**JR. LAWSON TREE SERVICE**, tree trimming, stump grinding, removal. Licensed & Bonded, Free estimates, 256-856-7028

**COWBOY BOOTS, ARIAT, MEN'S** size 10.5D, Heritage Pro Crepe, \$150 obo. Never worn. 256-263-7636.

**BOBBY'S TILE:** Ceramic Tile, New or Repair. Baths, Backsplashes, Shower Repair, Call 256-810-4117

## Spring & Summer Flowers 15% OFF

- Wax Melts 10% OFF
- Wax Burners 10% OFF
- Spring Flags 15% OFF

People's Drugs & Variety

Cherokee, AL 256-359-6242



The ONE and ONLY Family Owned & Operated

# WOODS

**WHOLESALE FLOORING, L.L.C.**

## 256-757-9600

Astroturf • Residential • Commercial Carpets • Luxury Vinyl Tile  
Hardwood • Porcelain • Laminates • Auto & Boat Carpet

Our ONLY Location is 7730 Hwy 72 E., Killen  
woodswholesale11@gmail.com

Mon, Tue, Wed, Fri 8am-5pm • Sat 8am-Noon • Closed Thur  
Jerry Woods, Owner • Nikki Woods-Fulmer & Leigh Woods, Sales



# Be your money's boss.

Watch your money grow quicker with the Listerhill Money Market Account.

- Daily compounding interest
- Easy access to your money
- APR up to 2%\*

\*APR = Annual Percentage Rate. Get up to 2% APR when your balance is \$100,000 or higher. Rate is subject to change. Federally insured by NCUA.

**Listerhill CREDIT UNION**  
LISTERHILL.COM/BOSS

# Losing Your Health Insurance?

You may qualify for coverage through the marketplace. Get **LOCAL** assistance and a **FREE** quote. Let's talk!

Depending on your family size and household income, your premium may be as low as **\$0 per month**, based on the plan you choose!

Erica Vaughn with Alabama Health Guidance can assist you with an ACA plan. Now available to enroll individuals in health insurance with Blue Cross and Blue Shield of Alabama.



885 Florence Blvd.

We are independent agents of Blue Cross and Blue Shield of Alabama. Blue Cross and Blue Shield of Alabama is an independent licensee of the Blue Cross and Blue Shield Association.

www.AlabamaHealthGuidance.com

(256) 648-5710

Ask about specific enrollment times for those who qualify.

**SPIC & SPAN POWER WASH-ING** - For all your pressure washing needs! Residential or Commercial. Call Greg 256-795-0505

**Got Junk or unwanted items?** Junk Removal and Haul Away service. Need help moving anything in or out. call JJ or text: 256-648-6916

**CHIMNEY NEED ATTENTION?** Is it time to clean? Smells, Water, Animals? Dryer vent cleaning. Black Hearth Chimney Sweeps 256-710-0292

**REASONABLE TREE SERVICE**  
Tree cutting, trimming, stump removal. Free Estimates. Owner Gilbert Barga 256-314-1009 or 256-366-3539

**CHURCH OF THE GOOD SHEPHERD, LCMC**  
2001 Cloyd Blvd., Florence  
9 a.m. Sunday Service  
**BIBLE** based and saved by God's **GRACE**.

## LOOK

**NISSAN: ROGUE, 2019 \$25,000.** Excellent condition in & out. 1 owner, clean title. SL trim w/leather seats & ProPilot. Just serviced & detailed w/ceramic coating. Low miles: 25,000. Text only to 256-291-7373. Located in 7 points in Florence.



## AAA CONCRETE CONCRETE, WALLS,

Finished Driveways, Sidewalks, Porches, Curbs, Steps, Foundations, Bobcat Work, 30 years experience, FREE Estimates. Call 256-633-8643 or 256-577-1823

**GUTTER WORKS,** Seamless gutters, gutter guards, clean out and more! Free estimates. Guaranteed work. Best prices in town! Call 256-394-3497.

**ROOFING - LEAKS REPAIRED,** Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

## WHITLOCK REMODELING

Sunrooms, all flooring painting, interior, exterior, windows & doors, drywall finishing, re-finishing, hanging, kitchens, bathrooms, vinyl siding, porches ceramic tile, etc.

256-349-3703 or 256-291-6630

### ITEMS FOR SALE:

- Serial 1 Harley Davidson ebike Mosh/City has less than 15 miles Bike list for \$3,799.00 plus tax and shipping I will sacrifice, \$3,250.
  - 46 inch MTD (naked) deck (New) \$300.
  - Ayp grille assembly (New) Part number 183828 \$125.
  - Briggs horizontal short block (New) Part number 398292 \$250.
  - MTD Transmission (New) Part number 918-0163d \$450.
  - AYP Tiller transmission (New) Part numbers 532105391/105391X/165809 \$225.
- Please call 256-653-8790 if you have questions or interest.

## Speaking The

# Truth

Ephesians 4:15

In Love

## No Record of Wrong

How did you respond the last time someone offended you, sinned against you, maybe even in a most grievous way? Did you lie in wait, looking for that opportune time to get even, having an ax to grind with the offender? Is it just possible even during your emotional hurt / disappointment, you took the high road, though difficult, all being human with feelings, yet remembering the words from First Corinthians 13:5, "charity (agape love) thinketh no evil" (KJV). Other translations of this same verse are, "love, it keeps no record of wrongs," "love, taketh no account of evil," "love, it is not resentful," "love, does not keep an account of wrong suffered."

Friend, we have two responses here before us, that you and I consciously must choose when we have been wronged. God doesn't force you and me to make the correct Biblical choice, being free moral agents. Yes, we can go with the majority, electing the worldly reaction "having an ax to grind-getting even, settling the score," or follow the example / footsteps of Jesus in Christian love, "seeking to bury the hatchet-keeping no account of wrongs done, extending forgiveness to the penitent," see Luke 17:3-4. Are we willing to walk the talk or just simply talk the talk, concerning having the "Christ like" response to this most matter before us? Will we actively seek reconciliation and pursue forgiveness toward our offender, with their best interest in mind even as Christ did, (Philippians 2:4-5). Is it easy to turn the other cheek when we have been wronged, no (Matthew 5:38-39). Is it easy to hold our tongue when another is maybe cursing and saying all manner of unprovoked evil against us, no it is not, (Isaiah 53:7, Mark 15:5 Jesus' example)? Was it easy, painless, was it not a conscious choice when Jesus Christ upon the cross uttered, "Father, forgive them, for they know not what they do?" (Luke 23:34)

The type love that we read about from First Corinthians 13 that will motivate and inspire you and me to turn the other cheek, possibly literally and keep no record / account of wrong suffered is not a self-seeking and self-serving love. The love before us will be less concerned with self and more concerned with the greatest good of another, Christ being our example for all times. The love before us, when practiced daily, will require faithfulness, commitment and sacrifice without expecting anything in return. May God give us strength to "cast" aside the sting of past hurt, never to resurrect previous wrongs long forgiven.

Questions, comments, or criticisms are welcomed. Responses may be sent to: **Church Of Christ at Cedar Grove** 6421 County Road 26, Rogersville, AL 35652 or email to: Cedargrovechurchofchrist@gmail.com [www.cedargrovechurchofchrist.org](http://www.cedargrovechurchofchrist.org)



Elders of the Cedar Grove church (Newell Graham, Richard McLemore, Randy Baker, Paul Sain)

## CoxCreek FAMILY dentistry

**Dr. Jamie Stoddard**

**Healthy Smile Special**

# \$120

Price includes: Cleaning, Exam, X-Rays, Topical Fluoride, Oral Cancer Screening, and Treatment Plan for Any Diagnosed Gum Disease and Decay.

Call for Details and Appointments:  
721 Cox Creek Parkway • Florence  
256-766-9700

No representation is made that the quality of the dental services to be performed is greater than the quality of dental services performed by other dentists.

# FINANCIALLY STRESSED?

- ▶ **Debt Consolidation/ Bankruptcy**  
STOP Garnishments/ Repossessions/Foreclosures
- ▶ **Collection Harassment (FDCPA)**  
**Credit Report Disputes (FCRA)**
- ▶ **Social Security Denials**



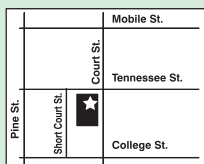
**B. Grant McNutt**  
Attorney at Law



**Nicholas H. Gajewski**  
Attorney at Law



**Tanya McCalpin**  
Attorney at Law



BOND, BOTES, SYKSTUS,  
TANNER & McNUTT P.C.

Attorneys Providing Financial Solutions

Florence • 256-760-1010  
102 S. Court St., Suite 314, Florence, AL 35630

For more information, visit [www.bondnbotes.com](http://www.bondnbotes.com)

**Offices Also In:**  
Haleyville 205-486-3580  
Decatur 256-355-2447  
Huntsville 256-539-9899

No representation is made that the quality of legal services to be performed is greater than the quality of legal services to be performed by other lawyers. We are a Debt Relief Agency and Attorneys at Law who, where appropriate, help people file for relief under the Bankruptcy Code.

## Sell It Fast with a RED LINE AD

only \$3 additional

See the Classified Form on page 6 for details on how to place ad!

**YOUR AD HERE!** To place your ad today, see the Classifieds Form on page 6 or visit [CourierJournal.net](http://CourierJournal.net) Thank you to the Shoals and everyone for your business!





Home-Owned, Home-Operated



**Fresh GROUND CHUCK**  
80% Lean - Family Pack

**\$3.59**  
Lb.



**Prairie Fresh**  
**ASSORTED BONE-IN**  
**PORK CHOPS**  
Family Pack

**\$1.69**  
Lb.



**Preferred Angus Beef**  
**T-BONE STEAK**  
Family Pack

**\$9.99**  
Lb.

**Red, White Or Black SEEDLESS GRAPES** Lb.  
**\$1.49**

**California Iceberg LETTUCE** Each  
**\$1.49**

**Alabama Grown RED POTATOES** 5 Lbs.  
**\$3.99**

**BABY CUT CARROTS** 1 Lb.  
**2/\$3**

**BREADED JUMBO SHRIMP** 1.5 Lbs.  
**\$5.99**

**Family Pack TENDERLOIN STEAK** **\$18.99** Lb.  
**Preferred Angus Beef WHOLE TENDERLOIN FILLET** **\$15.99** Lb.

**Dole AMERICAN, ITALIAN OR HEARTS OF ROMAINE** Bag  
**\$2.99**

**TURNIP OR COLLARD GREENS** Bunch  
**99¢**

**craV'n FLAVOR SPECIALS!**

**SALSA** 15-16 Oz.  
**2/\$4**

**PRETZELS** 10-15 Oz.  
**2/\$4**

**POTATO CHIPS** 13 Oz.  
**2/\$6**

**CREAM PIES** 25-32 Oz.  
**\$6.99**

**PIZZA BITES** 40 Ct.  
**2/\$6**

**Chicken Burrito Or Tortilla BOWLS** 10 Oz.  
**2/\$6**

**Chips Ahoy, Nabisco WHOLE WHEAT THINS OR TRISCUITS** 12-14 Oz.  
**2/\$8**

**GATORADE** 8 Pk. 20 Oz.  
**\$5.99**

**Borden CHEESE Shreds, Chunks Or Slices** 6-8 Oz.  
**4/\$10**

**DIGIORNO CLASSIC THIN CRUST PIZZAS** 22-31 Oz.  
**\$5.99**

**Charmin BATH TISSUE** 6 Mega Rolls Or **Bounty PAPER TOWELS** 4 Dbl. Rolls  
**\$7.99**



Quantity Rights Reserved • None Sold to Dealers • WIC & Food Stamps Accepted Not Responsible For Typographical or Pictorial Errors

**AD GOOD JULY 5-11, 2023**

<b>Maxwell House COFFEE</b> 25-30 Oz. <b>\$9.99</b> <b>Maxwell House COFFEE K-CUPS</b> \$6.99 12 Ct.	<b>Ocean Spray CRANBERRY JUICE</b> 64 Oz. <b>2/\$6</b>	<b>Ruffles POTATO CHIPS</b> 7-9 Oz. <b>2/\$7</b>	<b>Dr. Pepper, Sprite Or Mello Yello Or COCA-COLA</b> 12 Pk. 12 Oz. Cans <b>2/\$13</b>
<b>Pride Select VEGETABLES</b> 14-15 Oz. <b>4/\$5</b>	<b>Food Club FLOUR TORTILLAS</b> 8-10 Ct. <b>2/\$3</b>	<b>Fritos OR CHEETOS</b> 7-9 Oz. <b>2/\$8</b>	<b>Dr. Pepper, Sprite Or Mello Yello Or COCA-COLA</b> 6 Pk. .5 Liters <b>3/\$12</b>
<b>Knorr RICE OR PASTA SIDES</b> 4 Oz. <b>2/\$3</b>	<b>Wishbone DRESSING</b> 15 Oz. <b>2/\$5</b> <b>Hormel Real BACON BITS</b> \$4.49 4-6 Oz.	<b>Golden Flake Or UTZ POTATO CHIPS</b> 7-8 Oz. <b>2/\$4</b>	<b>POWERADE</b> 28 Oz. <b>Act II POPCORN</b> 2/\$3 3 Pk.
<b>Hefty PLATES OR BOWLS</b> 21-45 Ct. <b>2/\$6</b>	<b>Tide LIQUID DETERGENT</b> 94-107 Loads <b>\$19.99</b> <b>Cascade ACTION PACS</b> \$7.99 21-37 Ct.	<b>Zapp's POTATO CHIPS</b> 8 Oz. <b>2/\$4</b>	<b>POWERADE</b> 8 Pk. 20 Oz. <b>2/\$9</b>

## DAIRY & FROZEN

<b>Borden's SINGLES</b> 12 Oz. ....	<b>4/\$10</b>	<b>Green Giant Select VEGETABLES</b> 8-9 Oz. ....	<b>5/\$5</b>
<b>Food Club DIP</b> 16 Oz. ....	<b>2/\$5</b>	<b>Eggo WAFFLES</b> 11 Oz. ....	<b>2/\$6</b>
<b>Food Club BISCUITS</b> 10 Ct. ....	<b>2/\$3</b>	<b>Bomb Pop POPSICLES</b> 12 Pk. ....	<b>2/\$6</b>
<b>Coffeemate CREAMER</b> 32 Oz. ....	<b>\$3.99</b>	<b>Mayfield ICE CREAM SANDWICHES</b> 6 Pk. ....	<b>2/\$6</b>

## M-E-A-T

<b>Preferred Angus Beef TOP ROUND ROAST</b> <b>\$4.99</b> Lb. <b>Family Pack TOP ROUND STEAK</b> \$5.39 Lb.	<b>Prairie Fresh BONE-IN CENTER CUT PORK CHOPS</b> Family Pack <b>\$2.29</b> Lb.		
<b>County Line IQF WING PORTIONS</b> <b>\$3.99</b> 3 Lb. Bag	<b>Small Tray BONELESS SKINLESS CHICKEN BREAST</b> Previously Frozen <b>\$1.79</b> Lb.		
<b>Jimmy Dean Regular, Thick Or Applewood BACON</b> 12 Oz. ....	<b>\$2.99</b>	<b>Carolina Pride COCKTAIL SMOKIES OR SMOKED SAUSAGE</b> 14 Oz.	<b>2/\$7</b>
<b>Eckrich FRANKS</b> 12 Oz.	<b>4/\$5</b>	<b>Nathan's Select BEEF FRANKS</b> 12 Oz. ....	<b>\$3.99</b>
<b>Williams Mild or Hot SAUSAGE</b> 1 Lb. Roll .....	<b>2/\$5</b>	<b>Land 'O Frost Bistro TURKEY OR HAM</b> 8-9 Oz. ....	<b>2/\$5</b>
<b>Eckrich Red Rind Or Thick BOLOGNA</b> 10 Oz.	<b>\$2.29</b>	<b>Williams Mild SAUSAGE PATTIES</b> 18 Ct. ....	<b>\$5.99</b>

## BEER & WINE

<b>Miller Lite Or Coors Light BEER</b> 24 Pk. Cans <b>\$24.99</b>	<b>Budweiser Or Bud Light BEER</b> 24 Pk. Cans Or Bottles <b>\$23.99</b>
<b>19 Crimes California WINE</b> 750 ml <b>\$12.99</b>	<b>Daily's Ready to Drink Pouches MIXED DRINK</b> 10 Oz. <b>\$1.99</b>

**Not Available At All Locations!**

**AD GOOD**  
**JULY 5-11, 2023**

**FOODLAND**  
Supermarkets

**Prices Good At These Locations ONLY!**

**KILLEN** 1161 Hwy. 72 • 7am-11pm • 256-757-2002  
**FLORENCE** 1708 Darby Dr. • 7am-10pm • 256-767-2227  
**MUSCLE SHOALS** 3001 Woodward. • 7am-11pm • 256-381-7277  
 3413 Woodward Ave. • 7am-11pm • 256-978-6093  
**SHEFFIELD** Foodland Plus • 106 Towne Plaza • 7am-10pm • 256-381-6552

**TUSCUMBIA** 103 West 1st Street • 7am-11pm • 256-383-9425  
**FORD CITY FOODLAND** River Road • 7am-10pm • 256-446-5842  
**ELGIN CROSSROADS** ELGIN Forest Plaza • 7am-11pm • 256-247-1958  
**ROGERSVILLE** Rogersville Shopping Ctr. • 7am-11pm • 256-247-1805

# Medicare Minute

## "Qualifying for Medicare"

When I began working with Medicare health plans a few years ago it became obvious to me that people aging into Medicare were joining a health insurance program that they really didn't understand. Although the Centers for Medicare and Medicaid Services (CMS) do all they can to educate Americans about the benefits of Medicare it still isn't enough for them to fully understand what they have as far as medical coverage through the federal government. Over the next few weeks we're going to discuss the basics of and what is covered under Medicare. But first let's look at how Medicare started.

On July 30, 1965, President Lyndon B. Johnson signed into law the bill, Title XVIII of the Social Security Act, which led to the establishment of Medicare. The original bill included Part A (Hospital Insurance) and Part B (Medical Insurance). Today we know these 2 parts as "Original Medicare". In the beginning Medicare was created to provide health insurance to people 65 years of age and older, regardless of income or medical history.

Over the past five decades changes have been made as to who qualifies for Medicare. In addition to people over the age of 65, Medicare now covers people under the age of 65 who are permanently disabled and have been receiving Social Security Disability Insurance for 24 months. Also anyone at any age can receive Medicare if they have End Stage Renal Disease or ALS.

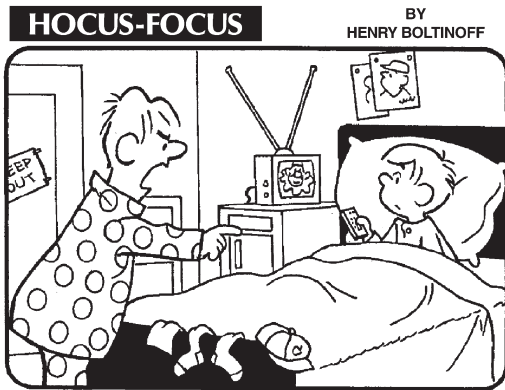
Although Medicare provides medical coverage for those who qualify it is not 100% coverage!! We often hear "once I go on Medicare my medical insurance worries are over." Medicare has deductibles and coinsurance that the Medicare beneficiary is responsible for unless the beneficiary has additional coverage to supplement Medicare.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at [ikey@alabamahealthguidance.com](mailto:ikey@alabamahealthguidance.com). Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.

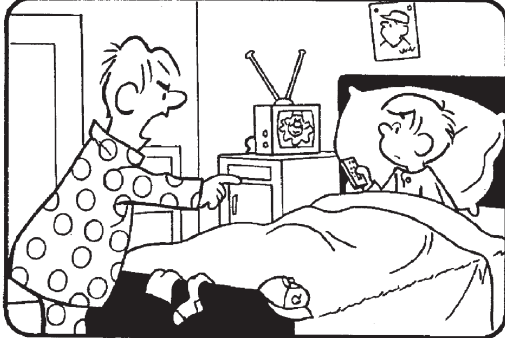


Ikey Fowler

885 Florence Blvd. • 256-648-5710  
(Four Lane Shopping Center)



Find at least six differences in details between panels.



Differences: 1. Sign is missing. 2. Antenna is different. 3. Handle is smaller. 4. Sock is missing. 5. Cap is different. 6. Picture is missing.

**MERCURY: GRAND MARQUIS LS, 2004 \$1,000.** runs, needs repair, very good body, never wrecked, 4-door sedan, high mileage. Call 256-778-8611 Hartselle

**Antique Boat, Winner,** 18 ft. Bow Rider, 165hp, Inboard, Outboard. FREE! Call for more information. 256-332-9569

**ROOF REPAIR** at an affordable price. Free estimates. Call 256-668-5807

**HOME IMPROVEMENT AND BUILDING:** siding, additions, garages, painting, decks. Free Estimates. 256-383-3218

**WE BUY JUNK and Repairable Vehicles** with titles. Towing \$60 Call Ron 256-275-6540

**WE BUY RIDING MOWERS,** John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not. 256-275-2276

**VINTAGE PFALTZGRAFF DINERWARE SET,** \$25. 256-566-9047 Somerville

**OCCASIONALLY YOU MAY SEE** an ad duplicated and printed several times throughout the paper. This is done at the request of the advertiser. Each ad is paid for. Thank You for reading your Courier Journal.

**ACURA: TL TECH, 2012 \$11,700.** black/black, LOADED, needs nothing! Excellent. 131k miles. 256-762-7138.

**WE GIVE YOU MORE BANG FOR** your buck! See page 6.

**WANTED DEAD OR ALIVE!** Junk batteries, \$4 each. Ranger Battery Co. 426 Royal Avenue. 256-766-0473

**ROOFING - LEAKS REPAIRED,** Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

**FORD: CROWN VICTORIA, 2006, \$2,950.** Police Interceptor, 206k miles, Runs good! 256-324-8042 Florence

**FORD: F-150 PICK-UP, 2008** \$6,500, one owner, good tires, 210K miles, \$6,500, 256-810-6094

**THEIR AD IS NOT HERE!** Do you like to shop at certain stores? Are they not advertising their sales in the Courier Journal? Tell them that they should be.

**St. Vincent de Paul THRIFT STORE**  
Help Us, Help Others  
Serving Families of the Shoals

**All Pictures & Wall Art 1/2 OFF**

659 South Poplar Street, Florence  
(Conveniently Located in Downtown Florence Off Veterans Drive)

256-718-0901 • Mon.-Fri. 10am-4pm, Sat. 10am-2pm  
[www.facebook.com/SVDPFlorence](http://www.facebook.com/SVDPFlorence)

**PUBLIC NOTICE**  
FLORENCE CITY BOARD OF EDUCATION  
**Special Education Department**

Special education records for students who graduated or should have graduated during the school year of 2017-2018 are going to be destroyed. Persons interested in receiving their records should contact the Special Education Department at 256-768-3070 before July 14, 2023.

**Please Help Us Locate Children in Florence Who Have Disabilities**

If you know of a child between the ages of three to 21 who has a disability and lives in the Florence city limits, please contact the Florence City Board of Education at 256-768-3070 or call the State Child find phone number at 1-800-543-3098.

*All information will be kept strictly confidential.*

**Shoals Primary Care**

**Dr. Brad Ginevan**  
*is Welcoming New Patients in Sheffield*

**Monday-Thursday • 8am - 5pm**

MOST INSURANCE ACCEPTED • MEDICARE PATIENTS WELCOME

Walk-ins are Welcome

**SHOALS PRIMARY CARE**

342 Cox Boulevard  
Sheffield  
256-383-4473  
[shoalsprimarycarellc.com](http://shoalsprimarycarellc.com)

Get an early look at next week's issue with the...

**Courier Journal Page-Flip Edition**

Always available on our homepage by sunrise Tuesday morning -

[www.CourierJournal.net](http://www.CourierJournal.net)



sponsored by:



526704-1

# DIVORCE as low as \$300 Uncontested Excludes costs



## Law Office of Robert F. Smith\*

521 E. Tennessee St.  
Florence, AL

### 256-764-ATTY (2889)

**Divorce: Custody - Visitation - Modifications • 30+ Years Experience**

Personal Service From An Experienced Attorney

\*Fellow, American Academy of Matrimonial Lawyers

Fees quoted by phone

[www.ShoalsFamilyLaw.com](http://www.ShoalsFamilyLaw.com)

A Divorce & Family Law Practice

550570-1

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

**Use Seal 'N Heal on cats, dogs, & horses to seal cuts & scratches with a bitter taste to prevent gnawing, allow healing.**  
Longrider Supply Co.  
256-767-6068  
[www.fleabeacon.com](http://www.fleabeacon.com)

**TLC IRRIGATION SERVICES**  
30 Years Experience  
•New Installations •Repair  
•Maintenance •Add-ons  
Free Estimates call  
Reggie Alvarez 256-324-5023  
Licensed + Insured

**HONDA: CR-V, EXL 2010 \$17,450. INCREDIBLE! 1 owner, only 37k miles (yes, only 37k), full power, heated leather, sun-roof, just serviced. Excellent Condition! Must See. 256-527-2125.**

**A&M LAWCARE LLC**  
For all your lawn care needs call: 256-633-7573  
Commercial and Residential



**13 BEAUTIFUL GERMAN SHEPHERD** pups. 9 wks. old. 3 solid black (males) and 2 sable (males). 3 solid black (females) and 1 black/tan (female) + 1 sable (female). These pups are not registered, however, they come from registered parents of very high lineage. We own the mother and have pictures + moving footage of the father puppies. Are priced to sell, \$225. 256-345-3310

**RICK'S STUMP GRINDING**  
\*\*\*\*\*  
**Low prices and Free estimates, 256-740-2363 if no answer, leave message**



**2021 Forest River Alpha Wolf Limited 26RL-L \$36,500**  
**LIKE NEW!**  
Basically brand new camper!!  
-Added Girard tankless hot water heater  
- Comes with Camco EAZ-Lift Re-curve R6 weight distributing hitch kit with adjustable sway control (\$900 hitch set up)  
-X wheel stabilizers  
-Brand new never used slide awning with new awning arms  
-Brand new electric tongue jack  
-Standard power cable plus extra 30 foot 50 amp extension cable  
-Residential fridge  
-Zebra shades that can be open, light filtered or black out.  
-Wireless app to control awning, slides and lights  
-Rear back up camera  
-Aluminum rims with full sized spare  
-Commercial sink with pull down sprayer and soap dispenser on island  
-Upgraded heavy duty door steps  
-Solar panels mounted on roof to keep battery charged for lights and slides when not plugged up  
-Full indoor and outdoor Bluetooth surround sound system  
-Indoor and outdoor quick slide PAW mount to put TV inside or outside  
-Interior and exterior blue led lights  
-Reclining chairs with massage

**256-565-7062**



**CHEVROLET: EQUINOX LT, 2015 \$17,950. 1 owner, only 49K miles, full power, white, alloy wheels, just serviced. Excellent Condition! 256-527-2125.**

## Commentary Heaven?

Continued from Page 12

prophets.

Of note is that the rich man was obviously not in paradise.

There is no reference to a saved person having any thoughts or concerns of anything physical. And why should they?

There are no tears in heaven, no sadness or despair. If the saved can see all the fun, celebration, and good times of loved ones here, they can also see a lot in their former communities that will NOT make them happy; suffering, hunger/starvation, dishonesty, captivity, greed, callousness, sexual immorality, etc. Why would they be forced into reliving painful earthly realities?

The saved may indeed be met at the gate by those who have gone before us, even if their former earthly relationships no longer have relevance.

Colossians 3:2 is just one of many references

that tells us to set our minds on things above, not on earthly things. Then why would souls in paradise/heaven be concerned with ANY earthly things?

I have a feeling that looking down from heaven may just be a feel-good, human concept that keeps loved ones close to our hearts and minds, something that comforts all of us.

However, the concept of those in torment seeing what is on earth or what they are missing in heaven may have merit. That may all be part of an eternal punishment.

It's deep, but its something we all need to think about.

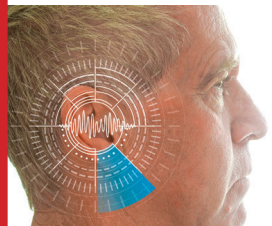
I am curious to know what some readers may think about it. There aren't any bad ideas because no one this side of eternity has the facts.

Feel free to send a quick email or mail your opinion for a letter to the editor in the coming weeks (400 words or fewer). The address is in the bottom left corner of page 12. Be sure to include your name and hometown.

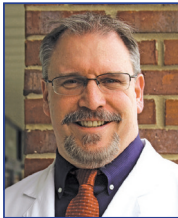
# ONE LOVE Hearing Concepts



**FREE** Hearing CHECK UP!  
**FREE** DEMO of ANY MODEL!



- Affordable Demo/Refurbished Models In House payments as low as \$40 month
- Advanced Technology



William "Bill" Tate, L-HIS Rogers H.S. Alumni

1865 Highway 72 • Killen • 256.272.5095  
[www.1lovehearing.com](http://www.1lovehearing.com)

348724-1

## Aluminum Carports and Patio Covers

Tony Cabaniss  
256-577-5990

Chuck Cabaniss  
256-702-7881

645555-1



# AVALON MEDICAL GROUP

2410 E. Avalon Ave  
Muscle Shoals

[www.avalonmedshoals.com](http://www.avalonmedshoals.com)

256-386-0808

**Don Heinkel, M.D.**

Tracey Owen, CRNP and a team of caring professionals  
Family Practice

Luke 10:27

**Welcoming new patients for primary care.**

Office Hours

Monday–Thursday 8am–5pm • Fridays 8am–Noon

549689-1

# INFINITY ORTHOTICS, PROSTHETICS & REHAB SCIENCE

- The Amputee and Family Support Group Coordinating Sponsor & Patient Liasion
- All Levels of Amputation
- Pre and Post Amputation Consultations
- Workplace Injury Solutions
- Rehabilitative Products
- Pre and Post Surgery Devices
- Custom & Prefabricated Bracing



**Comprehensive Care...Infinite Possibilities**

1404 Avalon Avenue, Suite D  
Tuscumbia, AL 35654

256-503-9414  
[www.InfinityOP.com](http://www.InfinityOP.com)

550126-1

**FLORES HOME REPAIR, LLC,**  
Popcorn & ceiling repair,  
Sheetrock, painting and flooring.  
Licensed & Insured *Free*  
*Estimates!* 256-443-3697 or  
256-443-3663

**SHOTGLASS GUNS, INC.**  
Gunsmithing, Repairs,  
Refinishing, Action & Trig-  
ger jobs, Stock work, etc.  
Cerakote, Refurbishing  
103 Taylor Road, Florence  
256-349-5051

**FLORENCE BENEFIT YARD SALE**  
*The American Legion Post II*  
318 South Court St.  
256-764-5122  
July 21 & 22, 2023  
7am-2pm  
DONATIONS ACCEPTED  
NOW!  
*Benefits Local Veterans!*

**BUYING ESTATES PAYING CASH**  
WE BUY AND SELL estates,  
antiques, tools, cast iron,  
and jewelry. 256-275-0273 or  
256-762-0966

**TOYOTA: TACOMA, 2007 \$10,000.** TOY-  
OTA: TACOMA SR5, 2007 \$10,000. 4  
door, V6, automatic. **New items:** Tie Rod  
Ends, Front Hubs, Rotors, Tads, Tires and  
Headlights. 2-wheel drive. **Very Clean!**  
Well maintained, 250K miles, 2nd owner.  
256-810-2856.

**KOGER LAWN SERVICE**  
and Pressure Washing.  
Call 256-366-3133

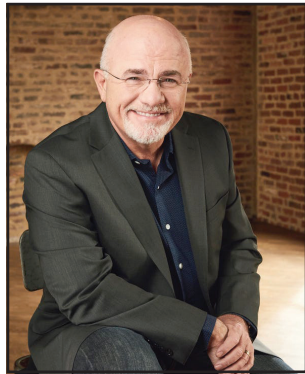
# DAVE Says

by DAVE RAMSEY

## A CORPORATE CON GAME

*Dear Dave,  
I know you recommend using cash or debit cards instead of credit cards. But can you explain why my husband and I shouldn't take advantage of credit card points for travel expenses that are required for work but will be reimbursed by the employer? Cathy*

Dear Cathy,  
So, your employer is so poor they require you to advance them for your travel? You do understand if your employer decides not to pay you one month—for whatever reason—that it's your credit card and your debt, right? Even if this hasn't happened yet, you're exposed to the risk.



All for a couple of airline miles that are virtually impossible to use? No, thanks.

I understand this is standard procedure for some companies, but then a big chunk of corporate America has conned its employee base into taking out a loan on their behalf—with a promise of repayment—and the employee taking on all the risk. On top of that, these companies act as if operating this way is no big deal. Well, it is a big deal. And it's not a good way to run a business or treat your employees.

Cathy, I once counseled a guy who walked into my office with \$11,000 on his American Express card that was "supposed" to be reimbursed. Guess what happened? When he went into work earlier that day, he found a padlock on the door. The company he worked for had filed Chapter 11 bankruptcy, and he got nothing. At that point, he had \$11,000 on his American Express card, and the credit card company didn't care one bit about his company going broke. They wanted their money.

When you use a credit card, you spend more than when using a debit card or cash. Tons of research has proven this to be true. Using someone else's money just doesn't produce the same friction in your brain as paying for something with your own money. You don't feel the sting of it leaving your personal account. Do you want to know something else? I've never met a single millionaire who pointed to credit cards and airline miles as the reasons for their financial success.

But I do know a lot of broke, middle-class people strutting around, bragging that they gamed the system. They'll tell you they beat a multi-billion-dollar company, one that spends tens of millions of dollars every year on studying consumer behavior in depth, at their own game. No, they really didn't. I'm telling you all

this, Cathy, because I want you and your husband to protect your number-one wealth-building tool: your income.

Long story short: If you play with snakes, sooner or later you'll get bitten.

— Dave

*Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of "The Ramsey Show." He has appeared on "Good Morning America," "CBS This Morning," the "Today" show, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth, and enhance their lives. He also serves as CEO of Ramsey Solutions.*

**MILLER'S TREE SERVICE**  
Trimming, Cutting, Free Estimates 256-710-0548  
Will beat anyone's price!

Are you a **diabetic?**

Do you have a **sore** on your foot?



**A foot ulcer is an open sore on the foot that can be difficult to heal.**



What we offer:

- Advanced wound care
- Amputation prevention
- Personalized treatment plans

**Don't Wait, Call**

**256-760-8485**

2577 Mall Road  
Suite A • Florence

No representation is made about the quality of the podiatric services to be performed or the expertise of the podiatrist performing such services.

**OPENING Tuesday, JULY 11**  
**Kibble & Bones PET STORE**  
500 S. Montgomery Ave  
Suite# 134 (Town Plaza)  
**WE WILL OFFER A WIDE VARIETY OF PET SUPPLIES, FOOD, & SMALL ANIMALS**  
*Like and follow us on Facebook!*  
10am-6pm

**Mike's Gutter Service**  
30 Years Experience  
Continuous Aluminum Gutters • Custom Chimney Flashing  
• Siding • Cleanouts & Leaf Protection  
• Standing Seam Metal Roofing  
**5" and 6"** Lifetime Warranty on Material  
Copper & Galvanized **All Colors Available**  
**FREE ESTIMATES • ALL WORK GUARANTEED**  
**Mike Burbank** 320 Co. Rd. 13 • Florence  
256-766-0527 (Bus.) • 256-460-0195 (Cell)

**FLORENCE PAINTING AND DRYWALL LLC**  
We offer professional painting services including  
**Interior and Exterior House Painting, Drywall Repair, Deck and Fence Staining Pressure Washing and More**  
Over 30 years' experience,  
Call Today for **FREE ESTIMATE**  
**ALL WORK GUARANTEED**  
**256-577-0730**

**WINDOW WORLD OF MUSCLE SHOALS**

**Window World**  
"Simply the Best for Less"  
**ENERGY EFFICIENT**  
**Windows, Siding, Doors & More!**  
**BACKED BY A LIFETIME WARRANTY**

**FINANCING AVAILABLE**

**GET YOUR FREE ESTIMATE**  
**WindowWorldMuscleShoals.com**  
**(256) 383-8894**  
717 Michigan Ave, Muscle Shoals, AL 35661



# Two Day Sale!

1820 6th Ave Gateway Shopping Center, Decatur, AL • 256-274-1012  
405 Sparkman St. NW, Hartselle, AL • 256-502-5399  
1421 N. Wood Ave, Florence, AL • 256-284-2048

PRICES VALID FRIDAY JULY 7  
AND SATURDAY, JULY 8, 2023



**2 DAYS ONLY!**  
2 Lb. Bag  
Top Chicken  
Tenders  
**7.99**  
EA



**2 DAYS ONLY!**  
Family Pack  
Boneless Beef  
Ribeye Steaks  
**6.99**  
LB



**2 DAYS ONLY!**  
40 Oz. Bag  
Individually  
Quick Frozen  
Tyson Boneless  
Skinless Breasts  
**4.99**  
EA



**2 DAYS ONLY!**  
Covered  
Wagon  
Sliced Bacon  
**1.99**  
LB  
SOLD IN 10 LB. BOX  
FOR \$19.90 EACH



**2 DAYS ONLY!**  
Purnell's  
Pork Rib  
Brisket Portions  
**69¢**  
LB  
SOLD IN 10 LB. BOX  
FOR \$6.90 EACH



**2 DAYS ONLY!**  
Catfish  
Fillet Strips  
**2.99**  
LB



**2 DAYS ONLY!**  
32 Oz. Twin Pack  
Tyson  
Cornish  
Hens  
**5.99**  
EA



**2 DAYS ONLY!**  
3 Lb. Bag  
Sweet  
Clementines  
**4.99**  
EA



**2 DAYS ONLY!**  
Locally Grown  
Sweet  
Potatoes  
**88¢**  
LB



**2 DAYS ONLY!**  
8 Ct.  
Hamburger  
or Hot Dog  
Ball Park Buns  
**2/\$4**



**2 DAYS ONLY!**  
Gallon  
Milo's Tea  
or Lemonade  
**2/\$4**  
WHEN YOU BUY 2  
OR \$2.99 EACH



**2 DAYS ONLY!**  
128 Oz. Pail  
Select Varieties  
Blue Ribbon  
Classics Frozen  
Dairy Dessert  
**3.99**



**2 DAYS ONLY!**  
27 Oz.  
Select Varieties  
Glory Greens  
**99¢**



**2 DAYS ONLY!**  
12-14 Oz.  
Select Varieties  
Best Choice  
Macaroni  
& Cheese  
**99¢**



# LOW PRICES EVERY DAY!

PRICES VALID WEDNESDAY, JULY 5 THRU TUESDAY, JULY 11, 2023

**1.69**  
LB

Hormel Always Tender  
**Whole Boston Butt Pork Roast**

LIMIT 2 PER CUSTOMER

5 Lbs. or More Hormel Always Tender  
**Boston Butt Pork Steak or Country Style Pork Ribs**

**1.99**  
LB

3 Lbs. or More IGA, USDA Inspected  
**85% Lean Fresh Ground Round**

**4.99**  
LB

Hormel Always Tender  
**Boneless Pork Tenderloin**

**2.99**  
LB

30-32 Oz. Select Varieties  
**Reser's Salads**

**3.99**

3 Lbs. or More  
**Field Sliced American Cheese**

**12.99**

12 Oz. Jimmy Dean  
**Hickory Smoked Sliced Bacon**

**2.99**

\* THE PERFECT \*  
**Ice Cream Topping**

**2 LB. PKG.!**

**Red Ripe Strawberries**

**4.00**

\* THE PERFECT \*  
**Ice Cream Topping**

**Washington New Crop Cherries**

**4.99**  
LB

**Extra Large Green Seedless Grapes**

**1.99**  
LB

## WEEKLY Specials!

CELEBRATE SUMMER  
**Ice Cream MONTH**

46-48 Oz. Select Varieties  
**Blue Bunny Frozen Dairy Dessert**

**3.99**

11.8-31.5 Oz. Select Varieties  
**DiGiorno or California Pizza Kitchen Pizza**

**3/\$18**

64 Oz. Select Varieties  
**Sunny D Punch**

**3/\$5**

2 Liter Select Varieties  
**Coca Cola Products**

**3/\$5**

WHEN YOU BUY 3 OR \$2.99 EACH

7.75-8 Oz. Select Varieties  
**Lay's Potato Chips**

**BUY 1 GET 1 FREE**

REGULAR PRICE \$4.79 EACH

**Digital Coupons**

**SCAN HERE TO START SAVING!**

59 Oz. **Pure Leaf Sweet Tea**

**2/\$3.50**

Digital Coupons WITH 50¢ OFF 2 DIGITAL COUPON

Sale price without Digital Coupon 2/\$4 USE 1 TIME IN ONE TRANSACTION

45 Oz. Select Varieties  
**Shedd's Country Crock Spread**

**\$3.99**

Digital Coupons WITH \$1.00 OFF 1 DIGITAL COUPON

Sale price without Digital Coupon \$4.99 USE 1 TIME IN ONE TRANSACTION

5-12 Oz. Select Varieties  
**Borden Shreds, Natural Slices, Chunks or Melts**

**2/\$3**

Digital Coupons WITH \$1.00 OFF 2 DIGITAL COUPON

Sale price without Digital Coupon 2/\$4 USE 1 TIME IN ONE TRANSACTION

3.5-13.7 Oz. or 5 Ct. Select Varieties  
**Nabisco Chips Ahoy!, Ritz, Snack Crackers or BelVita**

**2/\$5**

Digital Coupons WITH \$1.00 OFF 2 DIGITAL COUPON

Sale price without Digital Coupon 2/\$6 USE 1 TIME IN ONE TRANSACTION

20-27.4 Oz. Select Varieties  
**Nabisco Party Size Cookies**

**2/\$10**

Digital Coupons WITH \$2.00 OFF 2 DIGITAL COUPON

Sale price without Digital Coupon 2/\$12 USE 1 TIME IN ONE TRANSACTION

CELEBRATE SUMMER  
**Ice Cream MONTH**

**FREEBIE FRIDAY!**

**FRIDAY 7/7/23 ONLY**

1.44 Quart Select Varieties  
**Turkey Hill Ice Cream**

**FREE**

Digital Coupons WITH DIGITAL COUPON

Sale price without Digital Coupon \$4.99 FRIDAY 7/7/23 ONLY USE 1 TIME IN ONE TRANSACTION

SELECTION MAY VARY BY STORE. LIMITED TO STOCK ON HAND. THANK YOU FOR YOUR UNDERSTANDING.

**Store Location | 1421 N. Wood Ave, Florence, AL • 256-284-2048**

We Reserve The Right To Correct Printing Errors, None Sold To Dealers, Quantity Rights Reserved. Items May Not Be Available In All Stores.

Copyright © 2023 A2 Advertising, LLC. All Rights Reserved. Written permission is required before use



**Monday - Friday 10:30am-6pm**

**NEW HOURS, NEW LOOK, SAME GREAT FOOD!**

**256.381.9633**

**3810 Hatch Blvd. • Sheffield**



**Dr. Laura Lindsey, MD**



*Accepting New Patients*

Call for Appointment

**Monday - Thursday 8am-5pm • Friday - 8am-12pm**

**2410 Avalon Ave Suite 2100**  
**Muscle Shoals • 256-386-0808**  
**www.avalonmedshoals.com**

# ON YOUR DEBT

## BANKRUPTCY AND THE AMERICAN SPIRIT



**B. Grant McNutt**  
*Managing Attorney*

As an attorney who meets with clients in difficult financial situations every day, I can say with an unfortunate certainty that there is still a stigma associated with filing bankruptcy. However, if you stop and think about it, I think you'll realize that bankruptcy is a part of what makes America great.

### Bankruptcy Is Part Of The American Spirit

Ours is a nation of risk-takers. We value entrepreneurs, inventors, and everyone with the "can-do" attitude that is quintessentially American. But where would that attitude be without bankruptcy? How many risk-takers would we lose if there wasn't a safety net in place? If a person knew they could be buried in debt and hassled by debt collectors for years, what are the odds that they would ever try to start a new business or take a chance on a new investment? We all know that taking a big risk doesn't always lead to a big reward. Knowing that we can recover from a failure is part of what inspires us to take those big risks in the first place. That's what makes bankruptcy so important; it can provide peace of mind not just in the present but also for the future. Each of us can rest easy knowing that even in the darkest of financial situations, there is still a path back to success.

If you've suffered financial problems, don't feel like bankruptcy is the end. It isn't. In actuality it is a new beginning. Bankruptcy was created on the idea of offering a fresh start. As fellow Americans, we are proud of anyone who has taken a chance to try something new, and it is only through fostering that spirit of big risk-taking that we can achieve great things.

If you are considering bankruptcy, it's a good idea to speak with a bankruptcy attorney to understand the potential implications for your specific situation.

### Bond & Botes Helps People Struggling with Debt

### Contact The Bond & Botes Law Offices

The attorneys at the Bond & Botes Law Offices have helped thousands of clients get relief from overwhelming debt. We provide an absolutely free and confidential consultation. If you are struggling with debt, please call us or visit our website. We'd love to discuss your finances with you if you have found yourself in financial trouble. Debt can be stressful. The attorneys here at Bond & Botes provide guidance on helping clients reduce or eliminate debt. We can alleviate your stress! We want to help!

Alabama State Bar requires the following: "No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers."



**Bond, Botes, Sykstus, Tanner & McNutt, P.C.**  
 102 South Court St, Suite 314, Florence, AL 35630  
 Phone: 256-760-1010 • Fax: 256-760-1023 • Office Hours: Monday - Friday • 8am to 5pm  
[www.bondnbotes.com](http://www.bondnbotes.com) | Bond, Botes

**JLB WOODWORKING & CARPENTRY**  
**Quality Home Repair**  
 Stairs, Drywall, Fencing, Decks, Etc.  
**Jim: 256-501-0704**  
**256-648-7561**  
 40+ years of experience  
 Follow us on Facebook - JLB Woodworking & Carpentry



**MINIATURE AUSTRALIAN PUPPIES, \$400**, registered and vetted, health guarantee. Call Janice 256-366-4282.

**CHEVROLET: C-10 PICKUP, 1973**  
 \$3,000. 350 engine, runs good, rebuilt carburetor, rebuilt transmission, electronic ignition, all new! Some rust. Call 256-366-8849

**CHEVROLET: MALIBU LTZ, 2014**  
 \$13,950. 1 owner, only 95K miles, pearl white, heated leather, sunroof, just serviced. **Super Clean!** 256-527-2125.

**SITTER AVAILABLE** to sit in hospital, part-time, \$15 per hour, no heavy lifting, 256-272-5398

**CHEVROLET: MALIBU, 2009 \$2,750 obo.**  
 Runs good, clean body, good COLD air condition, V6, 30 mpg, fully loaded. 256-565-8531 No text.

**EXPERIENCED HOUSEKEEPER**  
 Reliable and Trustworthy.  
 Call 1-731-727-9048

**RICKY'S PAINTING**  
 Interior/Exterior, Free Estimates, I work alone to save you money. 256-394-4406

**WE BUY RIDING MOWERS,**  
 John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not. 256-275-2276

**DIVING BOARD,** 8 ft, new in box, \$500 obo. 256-412-8350.

**HOME IMPROVEMENT AND BUILDING:** siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

**NEAL'S LAWN CARE.** Free quotes. 256-284-8243.



**EXTERIOR HOUSE PAINTING**  
Free Estimates, Low Overhead  
Equals Savings! Call Karter  
References/Insured 256-980-7238

**HARDWOOD FLOOR  
REFINISHING**  
25 Years Experience  
All work comes with warranty.  
Ben Hanson, 256-263-2063

**LANDERS PRESSURE  
CLEANING, LLC.**  
Residential and Commercial  
Licensed and Insured. Free  
estimates, Call 256-856-3588

**ROOFING - LEAKS REPAIRED,**  
Chimneys Flashed, Valley Repair.  
All Work Guaranteed. Free esti-  
mates, 256-383-3218

**NISSAN: FRONTIER KING CAB,** 2008  
\$15,000. automatic, COLD air condition,  
nice locking tool box.  
**IMMUCULATE.** 256-784-9610 OR 256-  
651-8466.

**CHEVROLET: 1 ton MILITARY 4X4,** 1984  
\$6,500. Single Wheel, Flatbed, Diesel, Au-  
tomatic.  
256-324-8042 Florence

**WE PAY TOP PRICES**  
for Junk Cars, Tractors and  
Equipment, with or without  
titles, 256-577-7911.

**BUSHHOGS, GRAVITY WAGONS,  
BOX blades, Plows.** Too much to  
list! Call and tell me what you need!  
256-324-8042 Florence

**TWO HUNTING MEMBERSHIPS  
AVAILABLE.** Trophy managed  
since 1992. Excellent deer and  
turkey hunting located in Wayne  
Co., TN. Call 256-710-3577 seri-  
ous inquiries only, leave message.

# Soap Opera Preview

**DAYS OF OUR LIVES**  
A dangerous Harris  
crashed Gabi and Stefan's  
engagement party. Rafe  
caught Li lurking. Nicole  
complained to Eric about  
EJ abandoning her. Leo  
found Kristen and E.J.  
Lani returned to Salem.  
To no avail, Chanel tried  
to snap Paulina out of her  
deep depression. Theo  
caught up with Steve and  
Kayla as well as John and  
Marlena. Steve and John  
compared notes about  
Abe. Abe had no choice but  
to keep watching a soap  
opera. Whitley gave her  
condolences to Paulina.  
Jerry ran into Theo and  
was overcome by guilt.  
Chanel and Talia had a  
bit of a rapprochement.  
Eli and Lani celebrated  
their anniversary. Abe  
was stunned to see Theo.  
EJ and Kristen asked  
Marlena for help. Gabi  
and Stefan confronted  
Li about his plot. Leo  
shared with Gwen that  
he still harbored some  
doubts about Dimitri.  
Meanwhile, Megan  
asked Dimitri about his  
proposal to Gwen. Harris  
stonewalled Kate. Kristen  
threatened Leo. Belle  
was dismayed to find  
Shawn drinking. *Wait to See: EJ and Kate are shocked to find Gabi instead of Megan. Nicole breaks down, and Eric comforts her. Gwen gives Dimitri an answer to his proposal.*

Audra. Jack pushed Kyle  
to make a tough decision.  
Summer faced the music.  
Devon surprised Lily.  
Victor tested Audra. Nick  
gave Adam an ultimatum.  
Chelsea received an  
unexpected offer. *Wait to See: Jack discovers Ashley's deception. Nick turns to Sharon for advice. Adam makes an impression on Sally.*

(c) 2023 King Features Syndicate, Inc.



Zuleyka Silver is  
"Audra" on "The Young  
and the Restless."

GENERAL HOSPITAL  
Carly and Sam cleared  
the air. Drew received  
an unexpected gift.  
Gladys was dismayed.  
Cody met with Scott.  
Dante was suspicious.  
Tracy summoned Diane.  
Cody struggled with  
his conscience. Felicia  
did some digging.  
Nina received some  
good news. Martin was  
propositioned. Molly  
opened up to Kristina.  
Curtis and Marshall  
supported T.J. Brook Lynn  
issued a warning. Finn  
expressed his regrets.  
Terry encouraged  
Elizabeth. Tracy wouldn't  
take "no" for an answer.  
Liz and Portia got caught  
up. *Wait to See: Sam touches base with Curtis. Sonny reassures Dante. Anna is insistent.*  
**THE YOUNG AND  
THE RESTLESS** Victor  
caught Adam off guard.  
Sharon looked forward to  
a fresh start. Kyle pulled  
out all the stops to impress



**FRESH AND CLEAN**  
Full Service Laundromat  
3065 Huntsville Road • Florence  
Store Hours: 7am-10pm (Last Wash 9pm)  
Clean, Friendly & Courteous Service  
Commercial Accounts Welcome


**\$5 OFF** **FREE**  
**Wash & Fold** **Dry One Load**  
**Service** **OR** **of 50 lb.**  
with \$25 spent with this coupon  
Limit one offer per household per visit.

**Thinking of Selling  
Your Unwanted  
Diamonds & Gold?**

Bring Them to the Jeweler You Trust.  
*We Pay Top Dollar*

**G GROGAN**  
JEWELERS BY *Lon*

285 Cox Creek Parkway • 256-764-4013  
Shop groganjewelers.com



**READY TO RIDE!**  
2006  
Harley-Davidson  
Street Bob

Driven 22K miles.

► **EXTRAS:** Harley Day Maker Head-  
lights, Krator Fairing with JD Customs,  
Windshield, 14 DNA Monster Bars, LED  
low-profile turn signals and brake lights,  
Curved Tag, Forward Controls,  
Kuryakyn Road Thunder Speakers,  
Forged Twisted Sissy Bar, Saddlemen  
SDC Seat, Vance and Hines Big Radius  
Pipes with quite baffles (still noticeable  
but took out the cracking sound), Viking  
Swing Arm Bag, Cruise Mate Throttle  
Lock. **RUNS GREAT!** Just got back  
from a week long ride with no issues.  
\$9,000.

**256-565-7062**

**Courier Journal  
ADOPT  
A  
FRIEND**

The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

This **COOL MAN** loves kids! He Knows how to sit, lay and loves playing outside. This amazing dog also loves to be able to go inside and rest when needed. He isn't great with other dogs and might work best as an only dog. The **ADOPTION FEE IS \$25** which includes current vaccines, NexGard and wormer. You will receive a \$15 voucher for rabies and \$70 off of spay/neuter. For more information please contact **Colbert County animal shelter** at 256-381-4073.



Meet **WHITLEY!** This beautiful princess loves attention and to be talked to. Whitley is good with other dogs although she would need to be feed separate. She is a little scared of new things and needs a calm environment to be in. Because she gets nervous it's best for her to not be around smaller kids. Whitley needs the opportunity to be loved and shown she can trust people to love and care for her. She is a beautiful sweet tempered dog that you will fall in love with at first sight. Please come to meet her you will not be disappointed. The **ADOPTION FEE IS \$25** which includes current vaccines, NexGard and wormer. You will receive a \$15 voucher for rabies and \$70 off of spay/neuter. For more information please contact **Colbert County animal shelter** at 256-381-4073.



**SPIDEY** is kind of a bull in a china shop but he is a really great boy!! He has a lot of personality and is a big goofball. Spidey likes any and all toys and will parade around with them even if he doesn't have an audience. This amazing boy has done really well with other dogs here and loves to play. Spidey is also really affectionate too! We think he's almost 2 and he's about 65 lbs. The **ADOPTION FEE IS \$85** and includes heartworm test, current vaccines, spay/neuter and microchip. Please call or come by **Florence Lauderdale animal services** 256-760-6676 to meet this all around amazing dog.



Meet **TRAYLOR.** This boy is the star of the show! He might seem sort of reserved at first but if you invite him to show affection he'll shower you with kisses. Traylor has hypothyroidism and probably doesn't feel so hot. He's started medication that should put him on track to having a happy, healthy life. We're hoping to find someone to be his co-pilot! At the moment we don't think he'll ask for much other than bathroom breaks and food. He'll need to build his exercise tolerance and go for walks when not so hot out. He's around 8 years old and 100 lbs and he's the sweetest boy. The **ADOPTION FEE IS \$85** and includes heartworm test, current vaccines, spay/neuter and microchip. Please call or come by **Florence Lauderdale animal services** 256-760-6676 to meet this amazing dog.



**Shoals Primary Care**  
**Ford City Clinic**

**Lisa Gamble,**  
CRNP

WELCOMING NEW PATIENTS  
WALK-INS WELCOME  
OR CALL FOR APPOINTMENT

**ONSITE LAB WORK • COVID TESTS**  
• Medical/Sports Physicals • Wellness Exams • Tele-Medicine

Pharmacy On-Site • All Insurance Accepted

Mon-Thur 8am-5pm • Fri 8am-12pm

**SHOALS  
PRIMARY CARE**

14490 County Line Rd., Ste. A  
Muscle Shoals  
256-661-2138  
shoalsprimarycarellc.com

# Concrete River



**Concrete Walls • Finished Floors  
Driveways • Sidewalks • Porches • Curbs  
Stamped and Stained Concrete**

Free Estimates • Licensed and Insured • 10 years experience

Call or Text: 256-762-5800 • 256-710-8198

**McCaig's Garage**  
Late model and low mileage motors and transmissions. 90 day guarantee. Call Gary McCaig, 256-332-5366.



**ACCENT TABLE**, removable glass top, Green chalk paint, \$40. OBO Text 256-762-9836 Florence

**NORTH ALABAMA LAND CLEARING, LLC.**  
Insured and Licensed. Over 40 years experience. Free estimates. Forestry mulching, Excavation, Dozer, Skid Steer Work, Bushhogging, Driveways, Garage pads, House pads, Ponds, all types of land clearing and demo work. No job to large or small! Call Bobby Wallace 256-810-7197

**MANSELL ROOFING**, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

**GREEN LEAVES LAWN SERVICE** Mowing, Trim Shrubs, Pressure washing, Clean ups, Mulch 256-702-4466

**REAL ESTATE EQUIPMENT: HP** copier, HP printer, tape measure (100'), measuring wheel, \$250. 615-485-4036

**GOOD USED CLOTH SOFA** & loveseat, \$200, Langtown, 256-522-9410.

**REASONABLE TREE SERVICE**  
Tree cutting, trimming, stump removal. Free Estimates. Owner Gilbert Barga 256-314-1009 or 256-366-3539

**FORD: MUSTANG, 1966 \$15,900.** V8, Automatic, New Paint, Excellent Condition! 256-627-2323 Muscle Shoals

**ANTONIO'S REMODELING & PAINTING**  
Interior/Exterior, Roofing, Water Damage, Carpentry, Drywall, Decks, Showers. Licensed and Insured. Free Estimates. 256-577-8660

**TOYOTA: COROLLA, 2001 \$3,500** obo. Automatic, COLD air conditioner, 256-784-9610 or 256-651-8466.



## SPEEDY LEGAL, LLC

"PROVIDING COST EFFECTIVE SOLUTIONS TO SELECTED LEGAL PROBLEMS."

- 1) Uncontested Divorce (No Children)..... \$150.00\*
- 2) Uncontested Divorce (w/Children, Standard Visitation, Child Support)..... \$250.00\*
- 3) Chapter 7 Bankruptcy..... \$500.00\*
- 4) Durable Power of Attorney..... \$ 50.00
- 5) Simple Will..... \$100.00
- 6) Living Will..... \$ 50.00
- 7) Name Change (Adults only)..... \$125.00
- 8) Limited Liability Corporations..... \$600.00
- 9) Family Estate Packages (Includes 2 Simple Wills, 2 POAs & 2 Living Wills)... \$350.00
- 10) Social Security Disability..... 25%

**256-335-6500**

**2210 HELTON DRIVE, FLORENCE, AL**

EXCLUDING FILING FEE\*

MOST DOCUMENTS AVAILABLE WITHIN 24 HOURS.

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

**FUSE BOX OR ELECTRICAL PROBLEMS?**  
Call American Electric In Florence, AL.  
We have over 30 years experience, with friendly, dependable and affordable service. Locally and Veteran Owned, 256-760-1152

**SHOALS CONCRETE CONSTRUCTION**  
FREE ESTIMATES  
Patios, Driveways, Walkways, Garage Slabs, House Slabs 256-303-2177

**DAVE'S HOME REPAIRS and REMODELING:** Sheetrock repair, Plumbing, Carpentry, Siding, Tile & Painting. References. Quality Work, 256-702-2983

## NORTH ALABAMA PODIATRY, LLC DR. MICHAEL R. LINVILLE 2200-A East Second St. • Muscle Shoals

### Weekly Quiz • Hero

1. Sergeant Alvin York was the Medal of Honor Winner in which war? A) WWI B) WWII C) Korean D) Vietnam
2. A Hero sandwich is also known as a what? A) Grinder B) Wedge C) Hoagie D) A, B & C
3. "My Heroes Have Always Been Cowboys" was written by Willie Nelson. True or False
4. Audie Murphy, the most decorated soldier in WWII was born in which state? A) Texas B) Oklahoma C) Nevada D) Arizona
5. Civil rights activist, Rosa Parks, refused to give up her bus seat to a white man in which Alabama City? True or False

Answers: 1) A 2) D 3) False - Sharon Vaughn 4) A 5) D

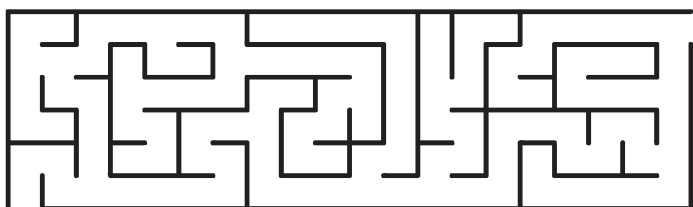
"Limp In...Leap Out!"

Bad Nails? Bone Problems? Foot Pain? Come See Me!

**256-381-3878**



### Kids' Maze



©2023 King Features Syndicate, Inc.

### Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- |                      |               |                  |               |
|----------------------|---------------|------------------|---------------|
| 1. Basement          | ___ E ___     | Neck band        | ___ O ___     |
| 2. Preacher          | P ___         | ___ City, Nevada | C ___         |
| 3. Untangle          | ___ ___ L     | Poe's bird       | ___ ___ N     |
| 4. Spin a baton      | ___ ___ R ___ | Woven fabric     | ___ ___ L ___ |
| 5. Congregate        | ___ U ___     | Chess expert     | ___ A ___     |
| 6. Goddess of wisdom | ___ ___ ___ A | Parthenon's city | ___ ___ ___ S |
| 7. Petrify           | ___ C ___     | Gawk             | ___ T ___     |
| 8. Gamble            | ___ G ___     | Thin cookie      | ___ F ___     |
| 9. ___ Shields       | ___ ___ ___ E | Babbling streams | ___ ___ ___ S |
| 10. More secure      | ___ F ___     | Calvary weapon   | ___ B ___     |

### WORD LADDERS

Can you go from **CLAM** to **PLOY** in 6 words?  
Change one letter for each rung in the ladder.

clam

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

ploy

Answers on Page 30

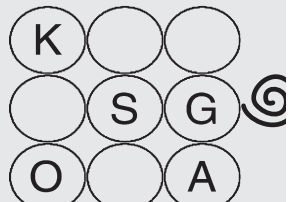
## Puzzle Whirl

### MINI SUDOKU

				1
		2	6	
4	6	3		
1	5			
2	6	1		
	3		2	

Place a number in the empty boxes in such a way that each row across, each column down and each small 6-box square contains all of the numbers from one to six.

### WORD SPIRAL



Fill in the missing letters to reveal the nine-letter word that starts at one of the four corners and moves clockwise around the perimeter before ending in the center.

©2023 King Features Syndicate

# ASK THE ATTORNEY



**Thomas McCutcheon**

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, P.C., as a service to the residents of NW Alabama.

## DISTRACTED DRIVING

Over the past several years, distracted driving has been one of the leading causes of car accidents throughout the United States.

Using a phone while driving is the most prevalent distracted driving activity that motorists engage in, but there are also other ways in which drivers are distracted such as eating or drinking, grooming themselves, and using entertainment systems.

If you are texting and driving down the highway at 55 mph, that's like traveling the length of a football field with your eyes closed. You can only drive safely when your full attention is on the road. Any activity that isn't related to driving is a potential distraction and increases your risk of a collision.

Distracted driving accidents are always preventable. Driving can become mundane at times, but it's important to distract yourself safely so that no one gets hurt. For example, listening to podcasts or music so that your primary focus is on driving.

If you are a parent, it is critical that you avoid distracted driving at all times, but especially in front of your children. Children will pick up on your actions much quicker than your words.

It's important to practice safe habits behind the wheel. You want to make sure that your passengers know how serious you are about driving without distractions. One of the most effective ways to lead is through example. Be a good example for your friends and family by avoiding driving while you're distracted.

Buckle up, drive safely, and as always, your referrals are appreciated! 256-764-0112

Please send the questions to: "Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631 or visit our website at: [www.mhatty.com](http://www.mhatty.com)

facebook: McCutcheon and Hamner, P.C.

We will not print your full name in the article. We will not be able to return any written or preprinted items which are submitted. No representation is made that the quality of legal services to be performed is greater than the quality legal services performed by other lawyers.



**MCCUTCHEON & HAMNER**  
ATTORNEYS AT LAW

**SKID STEER WORK**, Mini-X Work, Dirt Work, Mulching, Clean-up Work, Excavating, Water line installation. No job too big or too small. Licensed & insured. Owner/Operator Vince Lewis 256-710-7085

**MANSELL ROOFING**, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

**WE BUY JUNK and Repairable Vehicles** with titles. Towing \$60 Call Ron 256-275-6540

**"YOUR ULTIMATE HANDYMAN"**  
Painting, Drywall Repair, Minor Electrical repairs, Pressure Washing, Plumbing, Wood Rot Repair, Ceiling Fans, Floor Refinishing, and Gutter Cleaning! 931-279-1604

**MILLER'S TREE SERVICE**  
Trimming, Cutting, Free Estimates 256-710-0548 Will beat anyone's price!

# Food Outlet

This Ad Good July 5-11, 2023

2503 North Wood Ave. • Florence  
256-766-0456

Hwy 200 • Central Heights  
256-349-2377

We Welcome WIC & Food Stamp Shoppers. Quantity Rights Reserved. None Sold To Dealers.

## SHOP OUR FULL SERVICE MEAT DEPARTMENT

USDA FAMILY PACK  
**GROUND BEEF**  
**\$2.98** LB.

USDA FRESH  
**MIXED PORK CHOPS**  
**\$1.58** LB.

GRADE A FROZEN  
**BONELESS FRYER BREASTS**  
**\$1.98** LB.

FROZEN BREADED  
**POPCORN CHICKEN**  
**\$4.98** 5 LB. BAG

**BAR S WIENERS**  
CLASSIC FRANKS  
**98¢** 12 OZ.

**BAR S BOLOGNA**  
CLASSIC BOLOGNA  
**\$1.18** 12 OZ.

**KENTUCKY LEGEND SLICED BACON**  
HICKORY BACON  
**\$3.98** LB.

15 OZ.  
**LUCK'S BEANS OR PEAS**  
**5/\$5**

12 OZ.  
**SPAM LUNCHEON MEAT**  
**\$2.98**

11 OZ. POST  
**FRUITY OR COCOA PEBBLES CEREAL**  
**\$2.98**

30 OZ.  
**DUKE'S MAYONNAISE**  
**\$3.98**

6 ROLLS  
**BOUNTY ESSENTIAL PAPER TOWELS**  
**\$4.98**

9-13 OZ. NABISCO  
**CHIPS AHOY! COOKIES!**  
**\$2.98**

### DAIRY SPECIALS

### PRODUCE SPECIALS

### FROZEN SPECIALS

8 OZ. **DUTCH FARM CHEESE SHREDS OR BARS**  
**2/\$4**

5 LB. BAG  
**RUSSET POTATOES**  
**\$2.88**

PINTS  
**BLUE BELL ICE CREAM**  
**2/\$4**

59 OZ.  
**FLORIDA'S NATURAL LEMONADE**  
**\$2.18**

3 LB. BAG  
**MANDARINS**  
**\$4.98**

7 OZ. **BANQUET POT PIES**  
**4/\$5**

6 PACK - 1/2 LITERS  
**PEPSI PRODUCTS**  
**4/\$12**

2 LITERS  
**PEPSI PRODUCTS**  
**3/\$5**

34 OZ. **SARA LEE APPLE OR PEACH PIES**  
**\$4.98**

**CLIP THIS COUPON!**



**MELVIN'S ON THE SPOT CARWASH**  
**256-767-3366** OR  
**256-335-8885** (Cell)  
 • Pick-Up & Delivery • 24-hour Rain Guarantee • Satisfaction Guaranteed  
[www.melvinsonthespot.com](http://www.melvinsonthespot.com)

**SPECIAL WEDNESDAY WAX DAY!!!**  
 Gift Certificates Available  
**WAX \$25 FOR**  
 Gift Certificates Available  
 w/coupon only. Wednesday only.  
 \*Limited Pickup & Delivery Area. Expires Tuesday, 7/11/23

**CLIP THIS COUPON!**

# Letters...

Continued from Page 12

## Ethical Crises Are Piling Up

To the Editor:

The Supreme Court is running amok, and it's past time we got it under control.

In the year since the Dobbs v. Jackson Women's Health Organization decision, abortion has been effectively banned with extremely limited exceptions in 14 states. Nearly 1 in 3 Americans has lost access to abortion.

On top of that, the ethical crises keep piling up. We've seen Republican mega donors footing the bill for Clarence Thomas's vacations, mortgage payments, and family tuition; Samuel Alito taking dinners with conservative anti-abortion activists, accepting a lavish vacation from someone with business before the Court, and allegedly leaking reproductive health decisions; and Neil Gorsuch selling property to an executive that has business before the Court just days after his lifetime appointment was finalized.

We can't let this continue. Congress must stop the out-of-control, right-wing majority on the Supreme Court. The only way to do that is to restore ideological balance to the Court by adding four more seats.

I'm urging our legislators to stand up as a governmental body and rein in this illegitimate Court by passing the Judiciary Act.

Henry Weekly  
Florence

## A Previous Letter Wrong

Editor:

In response to Dan Waterman's June 28 letter, entitled, "Demand our Home Rule," Ron DeSantis did not ban books. He just took the ones out of the school libraries that encouraged young children to have sex change procedures done on them.

The Republicans are not restricting the voting abilities of minorities. Everyone who votes has to have an ID or a drivers license with a photo on it.

You said tens of millions of women have been stripped of their autonomy. Don't forget a women on the Supreme Court cannot define what a woman is.

If you prefer the murder rate in New York compared to northwest Alabama, have you thought about moving to New York?

We know our Republicans' positions on Home Rule.

Rogers Kimbrell  
Florence

**HOME IMPROVEMENT AND BUILDING:** siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

**NISSAN: ALTIMA SV, 2013** \$9,950. 4 door, automatic, full power, rear-view camera, alloy wheels with **NEW TIRES**, just serviced including new brakes. Excellent Value. 256-527-2125

## Psalms 37:1-20 Good Advice

**Psalms 37:1-20** A Psalm of David. "Fret not thyself because of evildoers, neither be thou envious against the workers of iniquity. For they shall soon be cut down like the grass, and wither as the green herb. Trust in the LORD, and do good; so shalt thou dwell in the land, and verily thou shalt be fed. Delight thyself also in the LORD; and he shall give thee the desires of thine heart. Commit thy way unto the LORD; trust also in him; and he shall bring it to pass. And he shall bring forth thy righteousness as the light, and thy judgment as the noonday. Rest in the LORD, and wait patiently for him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass. Cease from anger, and forsake wrath: fret not thyself in any wise to do evil. For evildoers shall be cut off: but those that wait upon the LORD, they shall inherit the earth. For yet a little while, and the wicked shall not be: yea, thou shalt diligently consider his place, and it shall not be. But the meek shall inherit the earth; and shall delight themselves in the abundance of peace. The wicked plotteth against the just, and gnasheth upon him with his teeth. The Lord shall laugh at him: for he seeth that his day is coming. The wicked have drawn out the sword, and have bent their bow, to cast down the poor and needy, and to slay such as be of upright conversation. Their sword shall enter into their own heart, and their bows shall be broken. A little that a righteous man hath is better than the riches of many wicked. For the arms of the wicked shall be broken: but the LORD upholdeth the righteous. The LORD knoweth the days of the upright: and their inheritance shall be for ever. They shall not be ashamed in the evil time: and in the days of famine they shall be satisfied. But the wicked shall perish, and the enemies of the LORD shall be as the fat of lambs: they shall consume; into smoke shall they consume away." **WOULD GOD AMERICA'S LEADERS WOULD READ THE BIBLE!**

### Beacon Baptist Church

Bill Bishop, Pastor • Rogersville • 256-247-7733  
 1.2 miles north from red light on Hwy. 207 on left  
 Sunday services at 10am and 11am and 6pm  
 Visitors welcome!

# SIGNS OF THE PAST



**MAUD McKNIGHT LINDSAY**  
 May 13, 1874 - May 30, 1941

Internationally known educator and author Maud McKnight Lindsay was born at this home, then a frame structure, in 1874. She was the daughter of Gov. Robert B. Lindsay (see other side) and Sarah M. Winston Lindsay. In 1898, after working in a private kindergarten in Tuscumbia, "Miss Maud" crossed social barriers and established Alabama's first free kindergarten program in the working-class cotton mill district of East Florence. She remained teacher and principal of the school for more than four decades. In 1900, Milton Bradley Company published Lindsay's first book, *Mother Stories*. She subsequently authored sixteen additional works, many of them reflections of her childhood experiences in Alabama. Although she had no formal higher education, Lindsay became a sought-after speaker. She lectured on the art of storytelling at New York University. Rebuffing many offers to teach elsewhere, including an invitation from renowned Italian educator Maria Montessori, Lindsay chose to remain in Alabama. She was described by her childhood friend Helen Keller as "one of the truly progressive women of the southland, an example of Alabama's true wealth and greatness." Lindsay was inducted into the Alabama Women's Hall of Fame in 1995.

SPONSORED BY THE MAUD LINDSAY STUDY CLUB AND THE COLBERT COUNTY HISTORICAL LANDMARKS FOUNDATION ALABAMA HISTORICAL ASSOCIATION 2022

**Location: 34.7367°N, 87.7034°W**  
 500 N Main St, Tuscumbia

This recently installed historical marker commemorates Maud Lindsay's birth in this Tuscumbia home. She is remembered for her work establishing Alabama's 1st free kindergarten in Florence. Her father, Robert Lindsay, was the only foreign-born Alabama governor.

~ Courtesy David Curott ~ author of "Signs of the Past" and "More Signs of the Past"

## Introducing the EMSCLUPT NEO Medical Gym

- 4 SESSIONS
- 30 minute session
- On average -30% fat reduction\*
- On average +25% muscle mass\*
- Roughly equivalent to 12-16 weeks of HIIT\*

We now offer  
**Rewards & Memberships!**

### Why join Helping Hands Clinic VIP?

- ✓ Rewards for Visiting
- ✓ Exclusive Memberships
- ✓ Monthly Offers & Specials
- ✓ Gift on your Birthday!

SCAN TO SIGN UP



**HELPING HANDS**

256.712.5028 | 426 West College St. | Florence

Across from Infants & Children's



551024-1

**MANSSELL ROOFING**, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

**ELECTRIC HOSPITAL BED \$200**, OBO. 256-893-4905 Madison area

**MOVING? Call Moving Made Easy** for all your moving needs 256-483-7038

**REGISTERED PUG PUPPIES** - 9 - 16 weeks, Black, Fawn, Rare Colors starting at \$1,500. Puppies are up-to-date on vaccines & come with a one-year health guarantee. Family Raised, started potty & Crate training. Parents on site & DNA tested. My Pampered Pugs is a locally owned Veteran business in Hartselle, AL, since 2018 & listed as a preferred breeder with both AKC/CKC. For more details call (256) 778-1765 or visit our website at MyPamperedPugs.com

**SUMMER SPECIAL** Gutter Clean Out, Seamless gutters, Gutter Guards, Call Gutter Works at 256-394-3497

**TOP SOIL, CHERT AND GRAVEL** for Sale. All types of concrete work done. Free Estimates. 256-633-9993

**NELSON EXCAVATION**  
Land clearing, dozer work, mulching, driveways, drainage, gravel/dirt hauling, bush hogging, tree removal & septic tanks.  
**Walsh Nelson 256-359-6182**

**MERCEDES-BENZ: 380SL, 1981** \$12,500 obo. 2nd owner since 1984, well maintained, dual cam chain, Athens area. 256-777-0936.

CLASSIFIED FORM ON PAGE 6



**DAY by DAY**  
Grief Support Group for Bereaved Parents/Grandparents

meeting will be  
**Sunday, July 9 - 2pm**

Woodmont Church East Campus,  
2002 Darby Dr., Florence

*FRIENDS, CARING AND SHARING*

For information, email: [drconley10@gmail.com](mailto:drconley10@gmail.com)



**SPEEDY DOES PROBATE**

**PROBATE \$1,250**  
A WILL \*plus associated costs

**ADMINISTER AN ESTATE \$1,500**  
\*plus associated costs



**SPEEDY LEGAL, LLC**  
"PROVIDING COST EFFECTIVE SOLUTIONS TO SELECTED LEGAL PROBLEMS."  
256-335-6500 • 2210 HELTON DRIVE, FLORENCE

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

**MILLER'S TREE SERVICE**  
Trimming, Cutting, Free Estimates 256-710-0548  
Will beat anyone's price!

**ROOFING - LEAKS REPAIRED**, Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

**Hay Baling in the Shoals area**  
Dry grass hay or silage. Corn stalks chopped & baled. Dry straw baled. 256-762-1605

**WE BUY JUNK CARS, TRUCKS, VANS, TRACTORS and FARM EQUIPMENT**, 256-394-1984

**HOME IMPROVEMENT AND BUILDING**: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

**J.J.J. MAINTENANCE SERVICES**  
Painting, Roof repair, Plumbing, and more!  
Call 786-291-3565 (Florence)

**CADILLAC: SXR LUXURY EDITION**, 2015 \$19,950. 1 owner, only 55k miles, full power, sunroof, heated leather, silver in color, Michelin tires. Just serviced. **Outstanding Condition!** 256-527-2125

**Now Accepting Consignors**  
Fall / Winter Sale

Call: 256-764-0254  
or email  
[dittos@dittosforkiddos.net](mailto:dittos@dittosforkiddos.net)

**Dittos for Kiddos**  
Children's Consignment, LLC  
Muscle Shoals, Alabama

A one-stop shop for terrific bargains on quality, gently used clothing, toys and furniture for children.

**August 5 - 12**

**North Alabama State Fairgrounds**

# Missing Your Courier Journal?

Outside of our regular delivery zones? Post office missed you?  
Did another family member get it? Already recycled?

**No Problem... Copies Are Available Each Week at:**  
Foodland Stores • Food Outlet Stores • Hometown Market  
Piggly Wiggly • HT General Mdse • Rogersville PO



or Read our Convenient Page-Flip Edition, 24/7  
The New Issue is Online Every Tuesday Morning!

Find the link at:  
**www.CourierJournal.net**



*Alabama's Largest Newspaper Circulation*

# STRANGE but TRUE

- **All the paint on the Eiffel Tower** weighs the same as 10 elephants.
- **The actual grave of Mumtaz Mahal**, for whom the elaborate crypt known as the Taj Mahal was built, is the only undecorated part of the famous structure, due to a Muslim law dictating that graves cannot be adorned, as this is seen as an act of vanity.
- **One ingredient in Ranch salad dressing** is titanium dioxide, which is used to make it look whiter. It's also the same ingredient that's used in sunscreen and paint for coloring.
- **George Washington celebrated July Fourth** by giving his soldiers a double ration of rum.

- **The Bagheera kiplingi spider**, discovered in the 1800s, is the only species of spider that has been classified as vegetarian.
- **William Moulton Marston, who created the superheroine Wonder Woman**, also designed the first lie detector.
- **The full name of the famous Chuck E. Cheese mouse** is Charles Entertainment Cheese.
- **During the Second World War**, German tank drivers would drive their vehicles over camel droppings, thinking it would bring good luck.
- **After the release of the 1996 film**

“Scream,” which involved an anonymous killer calling and murdering his victims, caller ID usage tripled in the United States.

- **The longest-ever cricket test match**, between England and South Africa, lasted more than 12 days and finally came to a conclusion because the English team would have missed their boat home.
  - **There's very little evidence the TSA has ever stopped a terrorist** or found a real bomb. When tested, they failed to find fake weapons and bombs 95% of the time.
  - **The island of Madagascar** got its name when Marco Polo misspelled it.
- Thought for the Day:**  
*“In the long run, the sharpest weapon of all is a kind and gentle spirit.”*  
 -- Anne Frank

(c) 2023 King Features Synd., Inc.

## Visual...

Continued from Page 1

According to NWSCC President, Dr. Jeff Goodwin, the process started with one clear objective: listen to the campus community to discover the visual representation of what makes Northwest Shoals special. “Our research process was predominantly community and student driven,” said Goodwin. “We came out of those meetings aware that we needed a visual identity that was welcoming, unifying, and collegiate. The branding committee heard story after story about how Northwest Shoals changed students’ lives, but they did not feel our logo represented their collegiate experience.”

The college conducted numerous market research meetings and



logo concept testing focus groups. After meeting with alumni, faculty, staff, students, K-12 educators, and community leaders, there was a clear consensus on the selection of the new visual identity.

“The new logo selection is very collegiate with a strong sense of unity,” said NWSCC Public Relations and Marketing Director, Trent Randolph. “Northwest Shoals is a fabric of our communities that we serve in northwest Alabama. Regardless of the campus you visit, Northwest Shoals’ faculty and staff are united in serving our area schools, community, students, and workforce in the best way we can.”

Another unifying symbol in the college’s

rebrand was the removal of the hyphen between Northwest and Shoals. “Throughout the process, the rebranding committee noticed a general distaste for the hyphen among stakeholders. We found that many saw it as a divider between the campuses. We wanted to remedy any symbolism that did not signify our unity as a college.”

All logos were developed in partnership with Rickabaugh Graphics, a national collegiate branding firm and an official National Junior College Athletic Association branding partner.

Digital branding updates for the College are being made currently. Signage and other collateral are being implemented in phases as funds allow.



# Local Medicare Insurance Specialists

Florence Office - 885 Florence Blvd.

Muscle Shoals Office - 410 S. Wilson Dam Rd.

Hope Stamps Buttrum | Ikey Fowler | Lee Fowler | Erica Vaughn  
Judy Keenum | Anah Whitehead Fowler | Beverly White | Caycee Fowler

Kay Holland | Kelly Davis | Marianna Honeycutt  
Paul Sanderson | Mark Sanderson | Conner Sanderson



### Are You Turning 65?

There's never a fee for our services.

- Are you a Veteran?
- Do you need Extra Help?
- Are you coming off of your Employer's Insurance?

- Medicare Education
- Medicare Insurance Enrollment
- Medicare Drug Plan Assistance

### Any Medicare Questions?

We can provide answers to help.

- Low Income Benefits
- Customer Service to the policies you have with us



## 256-648-5710

www.AlabamaHealthGuidance.com

## 256-648-5220





# NOW LEASING!

Office Space Starting At

\$400 Per Month

503 W. State Ave • Muscle Shoals • Call 256-702-2495

# Real Estate

**Want to RENT or PURCHASE lot or acreage on any lake or river** (vacant lot or small house/cabin) Retired couple. Reasonably priced. WILL PAY IN ADVANCE. Call/Text 256-810-7238.

**KILLEN APT. WATER-FRONT** on Shoals Creek. 1 bdrm., furnished, all utilities, private boat ramp, large deck. Tiki bar, nonsmoking rental, no pets, \$700 mo., \$700 deposit. 217-254-2639.

**Tuscumbia: For Rent: Office Space ONLY**, \$300 deposit, \$300 month, plus utilities. Reference required. Text 256-702-1868

**PROPERTY FOR SALE** in Muscle Shoals. 3.45 Acres on Mary Mack St., Call 256-740-1960

**FLORENCE: HOUSE FOR RENT 703 CAMPBELL ST.** 3 bdrm., 2 bath, \$800 per month \$400 deposit, Section 8 accepted 205-541-0535

**TUSCUMBIA: 3 BDRM, 1 BA., DUPLEX** for Lease, Nice area, corner lot, includes Yard Care, Pets okay with deposit, \$795 per month. 918-284-9828 Local

**TUSCUMBIA: 3231 DENTON RD** Motorhome, RV or Boat enclosed storage. 14X48 bay with 14X14 roll up door. Electricity, water and waste water dump included. Rent \$300 per month utilities included. Call 256-627-4451

**Courtview Towers Studio Apartments 1 & 2 Bedrooms available. Convenient to downtown Florence. Rent based on income. Equal Housing Opportunity 256-767-0201**



**MUSCLE SHOALS: 545 B POINT ROAD** For Rent: Covered Camper or RV space with porch. Great view of Wilson Lake. \$300 a month. Contact Elliott Parker 256-460-1334 or 256-446-5598

**505 STERLING BLVD. 3 BD,** 1 1/2 BA, 1600 SF, \$75,000, 256-483-8570

**FLORENCE HOUSES FOR RENT:** 2 bdrm., 2 ba., \$800 month + deposit. 256-764-3986

**KILLEN: 4251 HWY 72** Commercial building across from Brook's High School for lease. Office, showroom space is 850 sq with 2 restrooms. Warehouse space is 1,200 sq ft. Rent is \$1,250 a month with a one year lease. Call 256-767-5762 for more information.

**MONTREAT APARTMENTS** 1850 Darby Dr., Florence, AL

First Month RENT FREE

Accepting Applications

Seniors 62 and over or mobility impaired

One Bedroom, Rent Based on Income 256-767-2211



**SEVERAL BUSINESS OFFICES FOR RENT**

Court Street, Downtown Florence \$600-\$750

Includes utilities Call 256-656-3578

**TOYOTA: RAV4, 2009 \$14,950.** Super Clean! Only 70k miles, silver, full power, alloy wheels, just serviced including **NEW BRAKES.** Like New Condition! 256-527-2125

**QUEEN BEDROOM SUITE \$350,** Loveseat \$50, Oak China Cabinet \$200, 256-412-8350

**WE BUY RIDING MOWERS,** John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not. 256-275-2276

**JIMMY'S MOWER SHOP,** buying and selling lawn & garden equipment. Call 256-284-0364 after 12pm daily, no text

**MANSELL ROOFING,** Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

**POPPOPS BOXING GYM** All age and skill level classes, personal training and boxing fitness. (256) 856-6213

**ROOF REPAIR** at an affordable price. Free estimates. Call 256-668-5807

**ROOFING - LEAKS REPAIRED,** Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

**TRANSFER VIDEO TAPES & FILM,** before they ruin! DATA VIDEO 256-710-0292

## Alabama Awnings Co., Inc.

Serving Since 1986

Improve An Entry Way Or Add A Beautiful Entertainment Space



FREE ESTIMATES

256-767-1900 • 4617 Huntsville Road • Florence www.alabamaawning.com



## MPE SERVICES

Heating & Air • Plumbing • Electrical Full Restaurant Repair • LED Lighting

"CASH" WANTED TO SAY THANK YOU FOR TRUSTING MPE SERVICES TO TAKE CARE OF YOUR HVAC, PLUMBING, & ELECTRICAL NEEDS!



DON'T WAIT CALL TODAY!

256-648-4893

CALLMPE.COM



# Community Notes...

Continued from page 4

**Full Moon players present the summer musical** at Cypress Moon Studios Thursday-Sunday, July 13-16, "Sister Act." Nightly shows take place July 13-15 at 7:30. Matinee performances take place July 15 and 16 at 2pm.

Sister Act is the feel-good musical comedy smash based on the 1992 hit film, featuring original music by Tony-and eight-time Oscar winner, Alan Menken.

When disco diva, Deloris Van Cartier, witnesses a murder, she is put in protective custody in the one place the cops are sure she won't be a found, a convent! While disguised as a nun she finds herself at odds with both the rigid lifestyle and an anxious Mother Superior. Deloris breathes new life into the church and community with her unique disco moves and singing talent, but in doing so, blows her cover. Sister Act is a sparkling tribute to the universal power of friendship and is a reason to rejoice!

Tickets are \$15 online and \$20 at the door. For more information regarding the show or to purchase tickets please contact 256-335-6961 or visit www.CypressMoonStudios.com.

**The 26th Annual "Saddle Up for St. Jude"** Trail Ride takes place July 14 - 16 at Gardiner Farm in Tuscumbia. Horseback trail riding, auctions, wagon rides, roping demonstrations, headliner concerts, and much more mark this two-day charitable event. This horse-related event benefits St. Jude's Children's

Research Hospital and is the largest in the Southeast. This is a Southeast Tourism Society Top 20 event and takes place annually on the 3rd Weekend in July. Visit www.saddleup4kids.org

**Summer swim lessons - The Sheffield Parks and Recreation Department** is taking registration for summer swim lessons. The lessons will be given in June and July. Register now, classes are limited. Visit the recreation center or call 256-386-5615.

**Sweetwater Avenue in Florence from Patton Street to Florence Blvd** will be closed beginning Monday, June 26 for road repairs and will remain closed for up to two weeks. Thank you for your patience. For questions, call 256-760-6460.

**Singing River Square dance beginners class** dance each Monday 5:30-7pm followed by the Singing River Square Dance Club hosting dance and Plus workshop from 7-8:30pm at The Club/Florence Parks and Recreation, 450 Country Club Drive in Florence. The National Square Dance Convention will be in Mobile, AL this June. That's great for square dancers in the state. Over 15,000 dancers are registered! 256-760-6642.

**The Killen Farmer's Market** at Killen Park on Lock 6 Road is open every

Saturday for the spring and summer season where you can purchase fresh produce, meats, flowers and more. Hours are 8am-noon. The Killen Farmers Market is an affiliate of Sweet Grown Alabama.

**Social Dance on Tuesday Nights, 6:30-8:45, at The Club (Florence Senior Center),** 450 Country Club Drive in Florence. Music from across the decades provided by The Browns. The Club is an alcohol, drug, smoke, and weapon-free facility. 256-760-6420.

**Joints in Motion, chair exercise class, Tuesday, Thursday, and Friday at The Club (Florence Senior Center),** 9:30am. No charge.

**BINGO** Wednesdays 10:15am until our 11:30am lunch (w/ \$1 lunch donation)! If you are 60+ you can join us for lunch and games. 256-760-6420.

**The Florence Farmers Market** (corner of Chisholm and Fairground Roads) will open on Tuesdays, Thursdays and Saturdays in June, July, August and September and Saturdays in October. Hours of operation are 6am-1pm each day.

There will be 35 sellers (by June) of fresh fruit and vegetables, meats, baked goods, eggs, local honey, flowers and plants, and firewood.

The market has a safe, atmosphere where children are welcome. There is plenty of parking and accessible rest rooms.

**Theater and art camp registration** is taking place NOW at the Tennessee Valley Museum of Art in Tuscumbia.

Details below. For more information or to register visit [www.tennessevalleyarts.org/school/](http://www.tennessevalleyarts.org/school/)

**Junior Art Camp** for 3rd-6th grade July 10-13, 9am-3pm; July 14, 9am-12pm. Students will explore multiple mediums through engaging art experiences, led by veteran artists and art teachers. Students will be divided into two groups: 3rd & 4th graders and 5th & 6th graders. \$200 for general public; \$175 for TVAA Family/Friend members and above.

**Advanced Art Camp** for 7th-12th grade; July 10-14, 9am-12pm. Advanced Artists will work with the highly skilled portrait artist Martha Carpenter to explore advanced drawing methods, learn new skills, and refine existing techniques. This class is limited capacity to allow for one-on-one instruction and feedback. \$150 for general public; \$125 for TVAA Family/Friend members and above.

**Basic Oil Painting for Adults** July 20, 21, & 22, 10am - 4pm. Working from a still-life, instructor Martha Carpenter will lead the class in learning a limited palette in the "alla prima" painting technique, which is done in one layer in one sitting. Students will work on their own still-life pieces while receiving individualized instruction throughout the class sessions. \$375 for general public \$365 for TVAA Family/Friend members and above.

**Advanced Portrait Oil Painting for Adults** August 3, 4, & 5, 10am - 4pm. Using a live model, Martha Carpenter will begin a 3-day workshop to provide demonstration, as well individualized instruction and critique, to help students complete their oil portrait. \$425 for general public \$415 for TVAA Family/Friend members and above.

For more information or to register visit [www.tennessevalleyarts.org/school/](http://www.tennessevalleyarts.org/school/)

**There is space HERE for YOUR EVENT,** and plenty of eyes to read it. Email your information to [editor@CourierJournal.net](mailto:editor@CourierJournal.net).

**Jacksonburg Church of Christ,** 414 Lauderdale 28, Florence, will have Vacation Bible School Monday-Thursday, July 10-13 from 6:30-8:30pm each night. There will be classes for all ages, with Mike Tays teaching teens and adults. Theme: "Roadtrip!" Jesus Is Our Way to Heaven. Everyone is welcome.

**Florence Camerata summer concert, America Sings!** will be on Tuesday, July 18 at First Presbyterian Church in downtown Florence, and will help to kick off Handy Week!

We will be singing music by American Composers....some spirituals, some popular, some ballads, some patriotic.... just a wide variety of beautiful music! For more information, call 256-810-9512.

**What a Wonderful World - Edsel Holden Legacy Series** Sunday July 23, 2pm at UNA Norton Auditorium, presented by: One Place of the Shoals, UNA School for the Arts, UNA Center for Women's Studies and Aaron Howard with Cloud Investments, LLC. Dr. Lyman Mitchell's Shoals Area Big Band - Featuring: Spooner Oldham, Mark Narmore and more special guests.

Entry \$20. **Ticket Outlets:** One Place of the Shoals, Kennedy-Douglass Art Center and TVA Community Credit Union. Online: [www.oneplaceoftheshoals.com](http://www.oneplaceoftheshoals.com)

All Active Duty Military and Veterans Admitted FREE. Call 256-284-7600 for Tickets! Proceeds to benefit the One Place of the Shoals.

**NISSAN: MAXIMA SV, 2018** \$14,950. 4 door, automatic, silver... heated leather, navigation, just serviced including **NEW TIRES.** Excellent Condition! 256-527-2125.

**HONDA: CR-V, EXL, 2012** \$12,950. 1 owner, all-wheel drive, full power, heated leather, sunroof, just serviced including **NEW TIRES.** Excellent Value. 256-527-2125.

**I BUY CLASSIC CARS**  
No matter your location, I will come to you. Call Lawrence 931-242-3135 Local Number

**HONDA: ODYSSEY, TOURING PACKAGE, 2017, only 63K miles,** 256-335-8081

**WE BUY & REPAIR RIDING MOWERS** All Types & Brands, Running or Not, Old or New, We Repair Any Small Engines. 256-879-8053

**QUEEN BDRM. SUITE, \$350.** •Loveseat, \$50. •Oak China Cabinet, \$200. 256-412-8350.

**Darby Electrical Services, LLC** Fast and Efficient Service! Licensed & Insured Call 256-762-4935

**LIGHT BROWN MICROFIBER COUCH,** electric seats, 18 months old. 256-206-1054 Florence

**HOME IMPROVEMENT AND BUILDING:** siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

**NISSAN: QUEST SL, 2015** \$20,950. 1 owner, pearl white, tan leather, only 53K miles, sunroof, DVD, just serviced including **NEW TIRES AND BRAKES.** Must See! 256-527-2125.



**L-SHAPED SOFA, 3 SEATS X 1** seat combination, beige, Flex Steel, \$250. •Ottoman, dark brown, 4'x2', \$50. •Pictures •Fireplace opening covering, brass, \$50. •Brass fireplace tools. 256-762-5877.

**R R HANDYMAN SERVICES - All** types of repair to include: plumbing, electrical, decks, light sheetrock work. 35 years experience. Please call us for all your needs! **256-394-3827.**



**Erase 10 years in 10 minutes**



**Reverse the Aging Process  
Prevent Fine Lines + Wrinkles**

**\$500 Special** Microneedling  
30 Units Botox  
1/2 Stick Juvederm

**Call Lesli 256-712-5028 for Appointment!**

**HELPING HANDS**

**256.712.5028 | 426 West College St. | Florence**

*Across from Infants & Children's*



**Courier Journal**

**Mystery Photo of the week**

Enter at [CourierJournal.net](http://CourierJournal.net) for your chance to

**Win a MEAL FOR 2**

at **Rosie's CANTINA**


in Downtown Florence

[www.rosiesmexicancantina.com](http://www.rosiesmexicancantina.com)

Last week's winner is **Carrol Steakley of Muscle Shoals** who correctly guessed **"Mike Johnson Center" in Sheffield, AL**

One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office beginning Wednesdays after Noon.






**Even Exchange answers**

1. Cellar, Collar
2. Parson, Carson
3. Ravel, Raven
4. Twirl, Twill
5. Muster, Master

## Puzzle Whirl Answers

**Kids' Maze Solution**



© 2023 King Features Syndicate, Inc.

**WORD LADDER Answer**

**CLAM, CLAW, SLAW, SLAY, PLAY, PLOY**

**Word Spiral Answer**

**KANGAROOS**

**MINI SUDOKU**

Answer

6	4	2	5	3	1
3	1	5	2	6	4
4	2	6	3	1	5
1	5	3	6	4	2
2	6	4	1	5	3
5	3	1	4	2	6





# Savvy SENIOR

## New RMD Rules for 2023

Dear Savvy Senior,  
What are the new rules on required minimum distributions from IRAs and 401(k)s? I will turn 72 this year and want to be clear on what I'm required to do.  
Planning Ahead

Dear Planning,  
Thanks to the SECURE Act 2.0 that was passed by Congress last December, there are several new rules that affect required minimum distributions (RMDs) from traditional IRAs, 401(k)s and other tax-deferred retirement accounts. These changes, which build on the original SECURE Act of 2019, are a benefit to retirees by increasing the RMD age and lowering the penalty for missing a withdrawal. Here's what you should know.

### New RMD Rules

As of Jan. 1, 2023, the starting age for taking RMDs is now 73, up from 72. And it rises to age 75 in 2033. This change means that if you turn 72 this year, as you stated in your question, you can delay your RMDs one more year, allowing your savings in these accounts to grow longer, tax deferred.

But once you turn 73 (next year), you must start taking annual RMDs from the tax-deferred retirement accounts you own - like traditional IRAs, SEP IRAs, SIMPLE IRAs, 401(k)s, 403(b)s and 457(b)s - and pay taxes on those withdrawals. Distributions are taxed as ordinary income in your tax bracket.

There are, however, a few exceptions. Owners of Roth IRAs are not required to take a distribution, unless the Roth is inherited. And starting in 2024, Roth 401(k)s will not be subject to RMDs either.

There's also a work waiver for RMDs you should know about. If you are still working beyond age 73, and you don't own 5 percent or more of the company you work for, you can delay withdrawals from your employer's retirement plan until after you retire. But if you have other non-work-related accounts, such as a traditional IRA or a 401(k) from a previous employer, you are still required to take RMDs from them after age 73, even if you're still working.

### Deadlines and Penalties

Generally, you must take your distribution every year by Dec. 31. First timers, however, can choose to delay taking their distribution until April 1 of the year following the year you turn 73. But be careful about delaying, because if you delay your first distribution, it may push you into a higher tax bracket because you must take your next distribution by Dec. 31 of the same year.

Also note that you can always withdraw more than the required amount, but if you don't take out the minimum, you'll be hit with a 25 percent penalty (it was 50 percent) on the amount that you failed to withdraw, along with the income tax you owe on it. This penalty drops to 10 percent if you take the necessary RMD by the end of the second year following the year it was due.

### Distribution Amounts

Your RMD is calculated by dividing your tax-deferred retirement account balance as of Dec. 31 of the previous year, by an IRS estimate of your life expectancy. A special rule applies if your spouse is the beneficiary and is more than 10 years younger than you.

IRA withdrawals must be calculated for each IRA you own, but you can withdraw the money from any IRA or combination of IRAs. If you own 403(b) accounts, they too allow you to total the RMDs and take them from any account or combination of accounts.

With 401(k) plans, however, you must calculate the RMD for each plan and withdraw the appropriate amount from each account.

To calculate the size of your RMD, you can use the worksheets on the IRS website - see IRS.gov/Retirement-Plans and click on "Required Minimum Distributions." Or contact your IRA custodian or retirement-plan administrator who can do the calculations for you.

For more information, see the "Distributions from Individual Retirement Arrangements" (publication 590-B) at IRS.gov/pub/irs-pdf/p590b.pdf.

Send your senior questions to:  
Savvy Senior,  
P.O. Box 5443,  
Norman, OK 73070,  
or visit SavvySenior.org.  
Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



## Empty...

Continued from Page 12

organizations will be just \$50 or less per cat or dog.

In addition, if you foster a dog now through FLAS and choose to officially adopt later, your cost will only be \$25!

The Florence shelter is one of seven in Alabama that are participating.

- Baldwin County Humane Society
- Chattahoochee Humane Society
- Florence Lauderdale Animal Services
- Greater Birmingham Humane Society
- Greater Huntsville Humane Society
- Lee County Humane Society
- Tuscaloosa Metro Animal Shelter, Inc.

As the nation's largest funded adoption event, "Empty the Shelters" has helped nearly 158,000 pets find loving homes with an average of 1,200 pets adopted per day during quarterly national events.

Our nation's shelters need your support. Please consider fostering or donating if you unable to add a pet to your family.

Visit [www.BISSELLPetFoundation.org/Empty-The-Shelters](http://www.BISSELLPetFoundation.org/Empty-The-Shelters) for more information.

## Shingle & Metal Roofing

- Standing Seam
- Custom Made on Job Site
- Concealed Fasteners
- Competitive Pricing

## ALUMINUM GUTTERS

LICENSED, INSURED & BONDED

USA Made Products

Jerry & Chad Gann  
**GANN'S**  
Discount Siding, Inc.  
Leighton  
**256-446-9767**

Now Accepting

**PROFESSIONAL LAWN SERVICE**  
25 Years Experience, Very Knowledgeable, Free Estimates  
Call 256-460-8513

**THANK YOU** for reading the Courier Journal!

**I BUY CARS, TRUCKS** and Tractors. Titles or NO TITLES. 256-483-7882.

**MANSSELL ROOFING**, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

**WE BUY JUNK CARS**, Trucks or Vans with or without titles, Call Joel 256-303-7609

**NANA'S SHUTTLE SERVICE**  
**Taxi & Airport Shuttle Service**  
Clean, dependable shuttle for Quad Cities.  
•Local restaurants •Night life  
•Doctors appointments  
Call ahead: 256-633-7331

**I BUY CAMPERS TRAILERS & MOTOR HOMES**  
All Types, Ready to go, or if they need work, for **\$FAST CASH\$**  
Call Lawrence 931-242-3135  
Local number

**CHEVROLET: SILVERADO TEXAS EDITION**, LT Model 2012 \$24,950. Crew Cab, 4 door, only 60K miles, **lipstick RED**, leather interior, Tonneau cover, full power, super clean! Must See!! 256-527-2125.

# AVALON

MEDICAL GROUP

2410 Avalon Ave • Muscle Shoals, AL 35661  
[www.avalonmedshoals.com](http://www.avalonmedshoals.com) • 256-386-0808

- Born/raised in The Shoals
- Undergrad degree from Birmingham Southern College
- Local EMS experience
- Medical degree from UAB
- Residency completed at University of Mississippi Medical Center
- 6+ years of hospitalist experience
- Hospital privileges at Shoals Hospital and Helen Keller Hospital

Proud to serve you, your families, and our community!

**Adam Isbell, M.D.**  
Board Certified in Internal Medicine

Fewer Items on our Ad are Due to Warehouse Help and Supply Shortages

This Ad Good July 5-11, 2023

## Big Star

Co. Rd. 47, St. Florian

256-764-0245

Quantity Rights Reserved. None Sold To Dealers.  
We Welcome WIC & Food Stamp Shoppers

<p><b>MOUNTAIN DEW, SUNKIST OR PEPSI COLA</b> 6 PK. 1/2 LITER BTLs. <b>4/\$12</b></p>	<p><b>MOUNTAIN DEW, SUNKIST OR PEPSI COLA</b> 2 LITER BTLs. <b>3/\$5</b></p>	<p><b>FRESH SELECT NEW YORK STRIP STEAKS</b> LB. <b>\$7.99</b></p>	
<p><b>WHOLE BONELESS PORK LOINS</b> LB. <b>\$1.89</b></p>	<p><b>BONELESS CHICKEN THIGHS</b> LB. <b>\$2.99</b></p>	<p><b>LITTLE DUTCH MAID SALTINE CRACKERS</b> 1 LB. PKG. <b>2/\$4</b></p>	
<p><b>UNCLE RAY'S POTATO CHIPS</b> 4.25-4.5 OZ. BAG <b>2/\$3</b></p>	<p><b>KING'S HAWAIIAN ROLLS</b> 12 OZ. PKG. <b>\$2.99</b></p>	<p><b>EXTRA LARGE TOMATOES</b> LB. <b>99¢</b></p>	
			<p><b>MICHELOB ULTRA BEER</b> 24 PK. 12 OZ. CANS <b>\$25.99</b></p>

Come visit us for more great specials! Check Facebook for Daily Specials

**We're Home Owned & Home Operated! Thanks For Shopping Big Star!**

**CALL NOW**

**FREE ESTIMATES!**

# SOUTHERN COMFORT SERVICES

HEATING  COOLING



# The Heat is Here!



**Let us help keep your family cool this summer!**

*Comfort*  
**YOU CAN AFFORD!**

# 256.394.4662



AL HVAC #04009