



TWIN CITY TIMES

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Thursday, July 13, 2023 • FREE

New Doctors in Training Treating Patients at CMMC



Back left to right: Alexander Babaoghli, DO, Arizona College of Osteopathic Medicine of Midwestern University; Sarang Kumar, MD, Ross University School of Medicine; Front left to right: Dillon Lawler, DO, Touro University Nevada College of Osteopathic Medicine; Robyn Rowell, DO, Touro College of Osteopathic Medicine, New York; Yukino Strong, MD, Medical College of Wisconsin; Amy Stedman, MD, University of Vermont; Rober Larner College of Medicine; Ramneek Gill, MD, St. George's University School of Medicine

LEWISTON, ME (July 7, 2023) -- Central Maine Medical Center (CMMC) recently welcomed the latest members of its Family Medicine Residency class.

The seven physicians will work at Central Maine Healthcare locations for the next few years as doctors in training and graduate in 2026.

Central Maine Family Medicine Residency provides comprehensive primary care services for patients of all ages. They also provide prenatal and obstetrical care and hospital care for adults, children and newborns. Care is delivered

by a team of professionals that includes experienced family physicians, Family Medicine residents, nurse practitioners, psychologists, social workers, nurses and other clinical staff. This practice also offers osteopathic manipulation, a dermatology clinic, weekly procedure clinics, integrative medicine and a women's health clinic. Group medical appointments are offered for diabetes, chronic pain and suboxone. Walk-in hours are available.

Among the first orders of business for the residents was donning their white



New residents

coats as they began their work of treating patients.

We are so excited to welcome the Family Medicine Residency class of 2026!" said Bethany Picker, MD, med-

ical residency director. They are seven new physicians who come from all over the country and are eager to serve our community. Please welcome them when you see them!"

Gov. Mills Signs Lee Bill to Increase Safety on Roads

AUGUSTA, ME (June 23, 2023) -- On Tuesday, Gov. Janet Mills signed into law legislation sponsored by Rep. Adam Lee, D-Auburn, that will help create a transportation infrastructure that prioritizes the safety of Mainers and advances thoughtful development.

"In Auburn, we have experienced multiple avoidable tragedies because Maine's bicycle and pedestrian infrastructure are inadequate," said Lee. "The 2022 Bicycle Friendly State Report Card gave Maine's bike and pedestrian infrastructure a C- rating, and recent years

have been some of the most dangerous on record for pedestrians in Maine. This bill would prioritize the safety of all roadway users while emphasizing thoughtful land use as the fundamental aspects of street design."

As amended, LD 1674 will ensure the Maine Department of Transportation (MDOT) pursues projects that provide safety and access for all road users by adopting rules to ensure bicyclists, pedestrians and motor vehicle users have safe and efficient access to transportation systems. When adopting these rules, MDOT

would need to consider safety metrics and crash data and allow municipalities to request road safety evaluations.

The bill also advances thoughtful development by prioritizing projects contributing to walkable neighborhoods, developing vacant or underutilized lots and supporting land preservation.

Finally, MDOT will evaluate how speed limits are set and provide recommendations for changes to state, county and municipal street design standards.

MDOT will report its findings to the Legislature's Transportation Committee by Jan. 3, 2024.

The new law will go into effect 90 days after the current session of the Legislature adjourns.

Lee is serving his first term in the Maine House and is a member of the Legislature's Judiciary Committee. He represents House District 89, which includes a portion of Auburn, including its downtown.

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Newsmakers, Names & Faces

A Night at the Opera, Chamber Music, and “The Magic of Bach”



Stacey Stofferahn



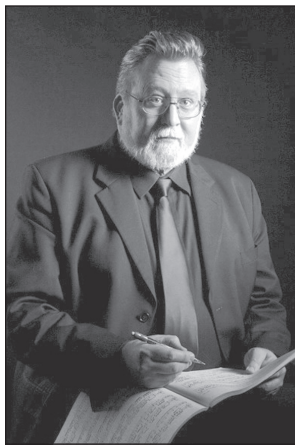
Celine Mogielnicki



David Small



Cara Chowning



Daniel Pyle

BAR HARBOR, ME (July 7, 2023) -- Friday, July 14 at 7:30 pm: Bar Harbor Festival Opera Theatre presents “Die Fledermaus” by Johann Strauss – the only live professional opera north of Portland in the summer – come hear the Metropolitan Opera stars of tomorrow in Bar Harbor today. Die Fledermaus is one of the most popular comic operettas – full of familiar tunes, mistaken identities, and festive frivolity. This presentation is directed by Joseph De

Sota with Cara Chowning as the Music Director.

This marks the Festival operatic debut of the highly touted Soprano, Stacey Stofferahn praised by Opera Magazine, London “Stofferahn displayed all the attributes you could wish for... sweet, generously vibrant... and just the right touch of vibrato.”

The perfect opera venue is the acoustically magnificent 1932 Criterion Theatre, 35 Cottage Street, Bar Harbor.

Saturday, July 15, 7:30 pm at the Criterion Theatre, the Bar Harbor Festival Piano Quartet performs. Festival favorite violinist Janey Choi of the Ardelia Trio leads fellow Juilliard alumni Sarah Adams, Violist, Melissa Westgate, Cellist, and Vadim Serebryany, Pianist in a chamber music program of music by Mozart and Brahms with 2 new additions: Melissa Westgate’s own work “Elements of Grace” and “Movement for String Trio”

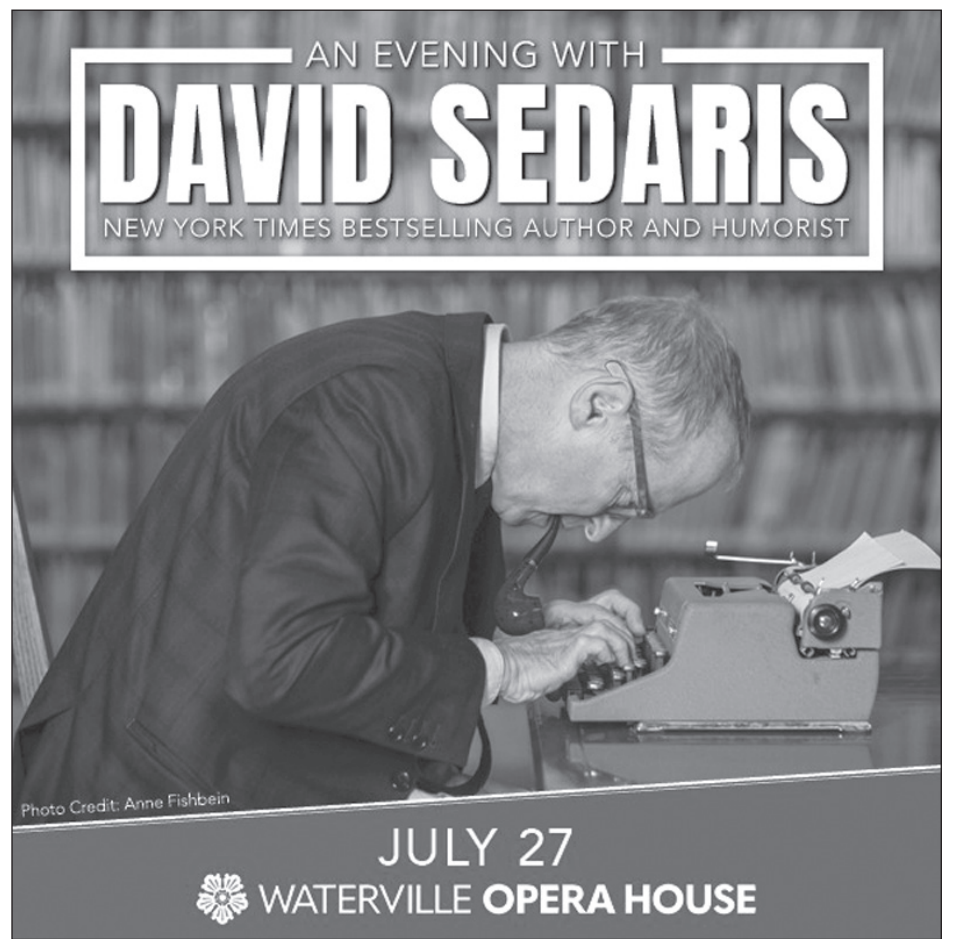
by African-American composer Coleridge-Taylor Perkinson. This program will be repeated on Sunday, July 16, 4:00 pm at the Belfast Free Library, Gammons Room, as well as on Monday, July 17, 2:30 pm at the Birch Bay Village Retirement Community.

The musical feast will move to St. Saviour’s Episcopal Church on Tuesday, July 18, 7:30 pm curtain with “The Magic of Bach”. Harpsichordist, Daniel Pyle; Flutists, Allison Kiger and Catherine Bull; Violinists, Janey Choi, Jessica Tsang, and Thomas Cooper, as well as Violist, Laura Gallucci and Cellist, Tim Garrett will be heard in the J.S. Bach Brandenburg Concerti Nos. 4 and 5, as well as excerpts from the Bach Suite in B Minor. Harpsichordist, Daniel Pyle is the Music Director at St. Saviour’s.

The Bar Harbor Music Festival celebrates its 2023 57th Season from June 25 through July 30. Performances are in Bar Harbor: solo recitals, chamber music, “Pops”, “New Composers”, opera, jazz, 2 string orchestra concerts, and a “New Composer” Forum, as well as 5 Young Audience Concerts. In Belfast: 4 recitals and chamber music concerts at the Belfast Free Library. Festival venues include Bar Harbor historic landmarks: “La Rochelle”, the 1903 mansion at 127 West Street (home of the Bar Harbor Historical Society); the 1932 Criterion Theatre at 35 Cottage Street, the Jesup Memorial Library at 34 Mt. Desert Street, and St. Saviour’s Episcopal Church at 41 Mt. Desert Street.

For tickets and information call or visit the Festival office at 59 Cottage Street, Bar Harbor/ Telephone: (207) 288-5744. www.barharbormusicfestival.org

Humorist, Author David Sedaris Live at Waterville Opera House



WATERVILLE, ME (July 7, 2023) -- David Sedaris, author of the previous bestsellers Calypso, Naked, Me Talk Pretty One Day, Dress Your Family in Corduroy and Denim, and regular National Public Radio contributor will be appearing for one night only at the Waterville Opera House on Thursday, July 27th, 2023 at 7:30pm, following the release of his newest books Happy-Go-Lucky and A Carnival of Snackery.

This is a unique opportunity to see the best-selling humorist in an intimate setting. As always, Sedaris will be offering a selection of all-new readings and recollections, as well as a Q&A session and book signing. Books will be available for sale at the event, courtesy of Bull Moose Music.

With sardonic wit and

incisive social critiques, Mr. Sedaris has become one of America’s pre-eminent humor writers. The great skill with which he slices through cultural euphemisms and political correctness proves that Sedaris is a master of satire and one of the most observant writers addressing the human condition today. One of his new books, The Best of Me (Little Brown/Hachette, Fall 2020), is a collection of 42 previously published stories and essays, about which novelist Andrew Sean Greer wrote in the New York Times: “You must read “The Best of Me.” It will be a new experience, knowing that enough time has passed to find humor in the hardest parts of life. More than ever — we’re allowed to laugh.”

If you love David Sedaris’s cheerfully mis-

anthropic stories, you might think you know what you’re getting into at his live readings. You’d be wrong. To see him read his own work on stage allows his autobiographical narrative to reveal a uniquely personal narrative that will keep you laughing throughout the evening. Don’t miss this event!

All seats at the Waterville Opera House are reserved, range from \$50-\$60 and are subject to additional taxes and fees. Tickets go on sale to the general public at 10am on Friday, May 19th at www.DavidSedarisOnTour.com.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.



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Newsmakers, Names & Faces

AARP Welcomes City of Lewiston to Its Age-Friendly Network

LEWISTON, ME (July 7, 2023) – The City of Lewiston announced today that it has been accepted as part of the AARP Age-Friendly Network of States and Communities. This distinction will allow Lewiston better access to resources through AARP Maine and the Center for Aging, engage and mobilize communities, share expertise, and deliver technical assistance, and Lewiston will have access to resources through AARP Maine and the Center for Aging. The Lewiston Senior Advisory Council submitted the application to AARP.

“Lewiston will be a strong addition to the Network,” stated AARP Consultant Dr. Patricia Oh. The Lewiston City Council approved applying to the Network at its May 2, 2023, meeting, and the City now joins 84 other Maine communities. There was no cost to apply.

The Lewiston Senior

Advisory Council, established by the City Council on June 7, 2022, focuses on community issues affecting senior citizens and serves as a liaison between senior citizens and the City.

“By becoming an AARP Age-Friendly Community, Lewiston becomes better equipped for it to be a great place to live for all its residents of all ages,” said Donna Gallant, Chair of the Lewiston Senior Advisory Council.

“The Lewiston City Council, recognizing the positive impact and the importance of our senior community, felt it very important to establish a senior council, and we are very pleased to be accepted into the AARP family of cities,” said Councilor Rick LaChapelle, the City Council’s representative on the Senior Advisory Council.

Dr. Oh added that she was inspired by the approach Lewiston is already adopting and “im-



A group of seniors on an excursion through Lewiston Recreation's Age-Friendly Program.

pressed by all that Lewiston has already done to be a great place for people to age—especially in the areas of social participation and inclusion.”

“The majority of people 50+ want to live in their homes and communities as long as possible. Lewiston’s awareness of

age-friendly policies and practices will help to make this possible,” said Senior Advisory Council member Marcia Baxter.

Chair Gallant states that areas of focus include “promoting intergenerational collaboration; seniors being part of the conversation as to what their

needs and wants are in order to thrive in Lewiston; networking and partnering with local municipalities, businesses, resources, and non-profits; walkability; age-friendly housing and transportation options; and improving social participation, community support, and health services.”

“We plan to develop topic-related sub-committees which are representative of the diversity in our community - income levels, ages, abilities, ethnicities, races, cultures, gender identifications, and sexual orientations. Future work will include reaching out to volunteers from diverse neighborhoods, non-profits, churches, businesses, agencies working with seniors,” said Baxter.

“Applying for the AARP Age-Friendly Network on behalf of the City was a great first step for the Lewiston Senior Advisory Council to take. To make a community truly livable, multiple factors should be addressed. From

transportation to housing and access to physical activity to social health, AARP has taken a large social impact model that can seem overwhelming and broken it down into smaller roadmaps. I am excited to see how LSAC and community volunteers implement these resources to support the long-term livability for Lewiston’s older population,” said Mayor Carl L. Sheline.

Lewiston Senior Advisory Council meetings are open for all Lewiston seniors to attend, and work will soon be underway to establish the above-mentioned sub-committees. Individuals with a concern, suggestion, or want to become involved may contact a member of the committee via their web page at www.lewiston-maine.gov/senioradvisory

AARP is the nation’s largest non-profit, non-partisan organization dedicated to empowering Americans 50 and older to choose how they live.

GoNetspeed Internet Available to Auburn, Soon Lewiston

LEWISTON, ME (July 6, 2023) — GoNetspeed today announced that residents and businesses in Auburn are officially eligible for service installation, and construction has begun in Lewiston. Through GoNetspeed’s \$3.2 million investment in the Twin Cities, residents and businesses will have the ability to experience high-speed, symmetrical upload and download internet speeds and voice service directly from their home or business.

Once construction is complete, more than 11,300 locations throughout the Twin Cities will have access to GoNetspeed’s fast, reliable 100% fiber internet service. Residents and businesses interested may visit gonetspeed.com to confirm service availability for their location and to sign up for service installation.

“We are thrilled to be making rapid progress to bring the Twin Cities affordable and fast internet service. As a service made for the modern home, our 100% fiber internet is

designed with your lifestyle in mind, making learning, working, streaming, and gaming online a breeze,” said Richard Clark, GoNetspeed President and CEO. “By investing in Maine, we are able to provide more communities with access to internet that can keep up with each individual’s growing needs while having a local and lasting impact in the Twin Cities.”

GoNetspeed is continuing to ensure that more communities throughout Maine have access to a high-speed 100% fiber internet infrastructure. Currently, Bangor, Biddeford, Brewer, Brunswick, Cape Elizabeth, Cumberland, Falmouth, Gorham, Gray, New Gloucester, Old Orchard Beach, Old Town, Orono, Saco, Scarborough, Topsham, Westbrook, Windham, and Yarmouth have access to GoNetspeed’s service along with many communities throughout the state that are well on their way to having access to GoNetspeed’s fiber internet.

With a legacy of innovation and a commitment



to customer service, GoNetspeed is excited to accelerate expansion of fiber networks throughout nine states, including Maine. GoNetspeed continues to deliver more fiber, more access, more speed, and better reliability to residents and businesses throughout our footprint. With access to 100% fiber internet, customers have access to symmetrical upload and download speeds, ranging from 250 Mbps to 1 Gbps (1,000 Mbps). Learn more about GoNetspeed at gonetspeed.com.

About GoNetspeed: GoNetspeed, a high-speed 100% fiber internet provider serving residential and business customers in Maine, Alabama, Connecticut, Massachusetts, Missouri, New York, Pennsyl-

vania, Vermont, and West Virginia, formed a partnership with Oak Hill Capital

(“Oak Hill”) in January 2021, allowing GoNetspeed to accelerate the expansion of its fiber network throughout the Northeastern U.S. Adding thousands of new service areas every year, GoNetspeed is one

of the largest independent internet providers in the east. For more information about GoNetspeed, or to inquire about service in your residence, business or community, visit gonetspeed.com.

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Seniors Not Acting Their Age

Surprises Abound on Sebasticook River



Trip leader Allan Fuller navigates a rapid on Sebasticook River



A tandem canoe team bounces through waves



A paddler demonstrates his poling skills

By Ron Chase

A paddling trip on Sebasticook River between Clinton and Winslow offers boaters a variety of stimulating adventures. The five mile sector between Clinton and Benton Falls Dam is almost continuous quick water and includes three distinct whitewater rapids. Below the dam, there are easy rapids followed by a steady current to Winslow. Predominantly undeveloped along the shore, the entire outing is very scenic.

The character of the lower portion changed dramatically in 2008 when the Fort Halifax Dam in Winslow was breached. That accomplishment coupled with the earlier removal of the Edwards Dam

on the Kennebec in August has resulted in free-flowing rivers from Benton Falls Dam to the ocean at Popham. This has allowed an abundance of native sea-run fish such as alewives, striped bass, salmon, sturgeon, and shad to return.

Fish-eating birds, particularly eagles, have followed the food supply and now flourish on the lower Sebasticook. Maine Marine Resources reports a higher concentration of eagles in this area than any other in the continental United States. Allan Fuller has been coordinating trips on the Sebasticook River for the Penobscot Paddle & Chowder Society for many years. For a variety of reasons,

my wife, Nancy, and I have never been able to participate in one. When he announced a June Sebasticook club trip, we immediately signed on.

Logistics for the trip were complicated. Some participants wanted to paddle both sections while others just the lower. Allan left a shuttle van at the takeout at Fort Halifax Park located at the confluence with the Kennebec River in Winslow. Those who wanted join for just the lower would meet at a parking area below Benton Falls Dam.

Ten eager paddlers met at Mill Park in Clinton where there is a hand-carry boat landing. The weather was superb with sunny

skies, warm temperatures, and light winds. The group consisted of a combination of solo canoeists and kayakers, and one tandem canoe team.

Before launching, Allan provided a safety talk. He took time to describe each of the three rapids and suggested preferable routes to avoid hazards, and he advised that the portage trail around the dam was on the left.

The first rapid began shortly after departing. Everyone successfully navigated through a wave train on the left. Not far beyond, we followed Allan's suggestion and entered the next rapid to the right of an island. The tricky descent angled far left at the bottom.

Several large obviously well-fed eagles were circling the area. They were in pursuit of schools of migrating alewives. We observed one eagle diving into the water and scooping up a meal. Competition for the food supply appeared to be the reason why an osprey was engaged in air combat with a quartet of eagles.

The dramatic air show was soon supplanted

by the third rapid. Longer than the previous two, navigating through waves in the middle was the preferable route to avoid rocks and pour overs. Our capable group of Chowderheads enjoyed an error-free descent.

A stretch of flatwater preceded arrival at Benton Falls Dam. About a 200 yard portage trail led around the dam on the left. Two new paddlers joined us for the remainder of the voyage. The dam's fish passage facility consists of a lift that assists millions of alewives, Atlantic salmon, and American shad in their journey upriver each year.

The lower section began with several easy rapids. Quick water followed for the remainder of the outing. The eagle presence was even greater than upriver. At one point, Nancy and I counted seven eagles in the air over the river at the same time. They were attracted by several sizeable patches of ripples that were in actuality schools of alewives just below the surface.

Near the end of the outing, Outlet Stream entered on the left. Until recently, it had been over 200

years since alewives had been able to reach China Lake due to dams on the stream. With the removal or modification of six dams, hundreds of thousands of alewives now migrate seven miles upstream to spawn in the lake.

The current increased in velocity as we approached the remains of the Fort Halifax Dam. Shortly beyond, we disembarked at Fort Halifax Park completing a remarkable day of adventures on a very unique river.

Fifteen more river exploits are narrated in my book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine*.

Ron Chase resides in Topsham. His latest book, *"Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine"* is available at www.northcountrypress.com/maine-al-fresco or in bookstores and through online retailers. His previous books are *"The Great Mars Hill Bank Robbery"* and *"Mountains for Mortals – New England."* Visit his website at www.ronchaseoutdoors.com or he can be reached at ronchaseoutdoors@comcast.net

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Black Bear Bites Porter Woman

PORTER, ME (June 30, 2023) – The Maine Warden Service is investigating an incident where a black bear bit a Porter woman after she punched the bear.

At approximately 11:30 this morning 64-year-old Lynn Kelly of Porter was out working in her garden in her back yard when her dog started barking and took off into the woods. Kelly heard her dog continue to bark then yelp, and when she went to investigate, her dog came running out of the woods, being chased by a black bear.

Kelly confronted the bear head on, and when the bear stood up, she stood up as tall as she could, then punched the bear in the nose, whereupon the bear bit her in the right hand, puncturing her wrist. The

bear immediately released her wrist, then ran back into the woods, leaving Kelly and her unharmed dog behind.

Kelly called 911, and was transported to Memorial Hospital in North Conway by ambulance, where she was treated for puncture wounds to her wrist.

The bear has not been seen since the provoked attack. The Department has set two live-capture culvert-style traps to try and capture the bear alive. The bear had been seen in previous days in nearby yards eating birdseed that had been left outside.

The Maine Department of Inland Fisheries and Wildlife reminds people that black bears can be found throughout the state, and to:

Remove potential

wildlife attractants from your yard

If bears have been seen in your area, do not wait to remove potential food sources from your yard

Attractants can include bird feeders, bird seed on the ground, unsecured garbage, pet food and even barbecue grills.

If you do see a bear, keep your distance, and do not corner or agitate the bear

If you are a dog owner and have seen a bear in your neighborhood, please

Walk your dog on a non-retractable leash

If you see a bear, turn around and leave

Do not get in between your dog and a bear

Turn any outside lights on before letting your dog outside at night

Don't Miss Sunflower Festival at Coppal House Farm



LEE, NH (July 7, 2023) -- Come walk through 5 acres of live blooming golden sunflowers during the 9th annual Sunflower Festival, daily July 29th through August 6th. While visiting stroll through specialty gardens that feature sunflowers of all shapes, sizes, colors, and textures.

This year's 9-day Sunflower Festival is Saturday, July 29th through Sunday, August 6th from 10:00am – 6:00pm. This is a great outdoor family friendly event that is enjoyed by photographers,

sunflower lovers, and outdoor enthusiasts every year!

While you are there you can visit with their draft horses, chickens, and sheep, take pictures of the sunflowers, and shop for their meats and local merchandise in the farm store. On the weekends, you can listen to local musicians, shop for creative handmade goods at the 40-vendor craft fair and relax in the wine garden featuring Flag Hill Distillery & Winery.

Guests are welcome to bring in their own food



and have a picnic or they can grab lunch from one of the local food vendors and make sure to save room for some Memories Ice Cream!

Weekend Activities Include:

- Live Music
- Craft Fair with 40 local crafters
- Local Food Vendors
- Wine Garden with Flag Hill Distillery & Winery

- Animal Viewing
- Children's Activities with Community Roots NH

Special Activities Include:

- Friday, July 28th | Booze & Blooms (pre-ticketed 21+ event)
- Sunday, July 30th | Sunrise in the Sunflowers (pre-ticketed event)
- Monday – Friday | Farm Tours @ 11:00am
- Wednesday, August



2nd | Draft Horse Photo Day (10am – 12pm)
Touch-A-Tractor Day (10am–2pm)

· Friday, August 5th | Old Fashioned Car & Truck Day (3pm – 5 pm)

This year the festival will be kicked off with a new event Booze & Blooms! Here you will be the first to enjoy the vast fields of sunflowers in the glowing evening light while enjoying a beverage from Flag Hill while local musician Ken Budka performs in the background. This is a 21+ pre-ticketed event with a limited num-

ber of tickets available. Make sure to visit their website www.nhsunflower.com for more detailed information on vendors, special activities, how to plan for your visit and tickets! They are a pet free farm so make sure to plan for your fur babies to stay home.

Get your tickets online, grab your water bottle, put on your sunscreen, and hat, and prepare for an awesome day viewing beautiful sunflowers, listening to music, and shopping amazing local crafters!

Pine Tree Camp Makes a Splash with Adaptive Watersports

ROME, ME (June 12, 2023) – This summer we're making a splash at Pine Tree Camp with our annual adaptive Watersports Weekend offered Saturday, July 22 and Sunday, July 23 from 10:00am to 4:00pm each day. Thanks to our friends at Equip for Living Foundation and Leap of Faith Adaptive Skiers, kids and adults of all abilities will have the chance to water-ski on North Pond. From being seated or standing up with adaptive gear, everyone will have the chance to hold the tow rope and ski behind the boat.

The waterfront will be open for swimming, boating and kayak trips. Archery, sports courts, biking and hiking will also be available.

This experience is open to people with dis-



abilities and their families or caregivers. Participants are invited to sign up for one or both days.

The watersports experience might be just one weekend, but the sense of freedom and confidence campers gain by trying something new and doing more than they thought

they could last a lifetime.

"It's a great weekend," said Pine Tree Camp director, Dawn Willard-Robinson. "So many people get to try water skiing for the first time and it's fun to see how quickly people progress in their confidence and skills during the day, perhaps starting with

someone standing next to them, perhaps trying it all on their own."

Registration is required and financial assistance is available.

- Who:** Children and adults with disabilities
What: Pine Tree Camp

Adaptive Watersports Weekend

When: 10:00am - 4:00pm daily Saturday, July 22 and Sunday, July 23

Where: Pine Tree Camp 114 Pine Tree Camp Rd., Rome, Maine

Apply: <https://pinetreesociety.org/campminder-info/> Full tuition assistance is available.

More about Pine Tree Camp: Established in 1945, Pine Tree Camp is a program of Pine Tree Society and is Maine's only American Camp Association-accredited camp for people with disabilities. Every year, hundreds of Maine children and adults with disabilities arrive at Pine Tree Camp in Rome and their lives are transformed. Year-round,

campers experience freedom and independence by actively participating in outdoor activities like kayaking, boating, swimming, fishing, hiking, biking, archery, snowshoeing and even ice-fishing thanks to Pine Tree Camp's 285-acre, fully-accessible campus on North Pond. Full tuition assistance is available. No camper has ever been turned away due to their ability to pay.

<https://pinetreesociety.org/camp-home/>

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Arts & Entertainment

Bailey Library to Host Community Read with Dave Patterson



Dave Patterson. Photo by Matthew Delamater.

WINTHROP, ME (July 7, 2023) – The Bailey Library in downtown Winthrop will host Dave Patterson at 6:30 p.m. on Wednesday, July 26 for the 11th annual Winthrop Community Read. The event, which is free and open to the public, focuses on Patterson’s coming-of-age novel “Soon the Light Will Be Perfect,” which explores a

boy’s troubled summer in a rural town. The novel was published in 2019 by Hanover Square Press.

Patterson is a graduate of St. Michael’s College and holds an MA from the Bread Loaf School of English and an MFA from the University of Southern Maine’s Stonecoast program. His work has appeared in Salon, Clare Literary Journal, and Blinders Literary Journal. He was a finalist for a 2019 Maine Literary Award. Patterson teaches high school English in Maine and at Southern New Hampshire University’s MFA program in Creative Writing.

The talk will explore small town America, adulthood, faith, love, and death.

For more information, call the Bailey Library at 377-8673, or visit: www.baileylibrary.org.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

Sparks’ Ark to Bring Animals To Lewiston Public Library

LEWISTON, ME (July 7, 2023) – Come see, learn and interact with Sparks’ Ark’s amazing animals in Callahan Hall on Saturday, July 22 at 11:00AM.

Sparks’ Ark has been loving animals for 30 years and have a private reserve where animals are rehabilitated. Their services

include humane animal removal and relocation, wasp and bee removal and outreach programs. The Ark is supported in part by generous donations from local animal lovers and businesses. Spark’ Ark is located in the greater Portland area.

This animal performance is free, for all ages, open to the public, and no

registration is required.

The Lewiston Public Library is located downtown at 200 Lisbon Street at the corner of Pine Street. More information about the performance by Sparks’ Ark is available by contacting the Lewiston Public Library at 513-3133 or LPLKids@lewistonmaine.gov.

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and ask for Howard.

Step Back in Time at Colonial Pemaquid State Historic Site

NEW HARBOR, ME (July 7, 2023) -- The Maine Department of Agriculture, Conservation and Forestry's Bureau of Parks and Lands welcomes history enthusiasts and curious visitors to experience 17th century Maine during the "17th Century Days" at Colonial Pemaquid State Historic Site. This family-friendly event, organized by Neill DePaoli, Colonial Pemaquid State Historic Site Manager, will take place on July 15-16, 2023, from 9:00 AM to 5:00 PM at the Colonial Pemaquid State Historic Site, located 13 miles south of Damariscotta off Route 130 at 2 Colonial Pemaquid Dr., New Harbor, ME 04554.

Visitors will witness historically accurate replicas of the "Virginia," Maine's first ship, the shallow "Jane Stevens," and a Wabanaki birch bark canoe. The event highlights the important roles watercraft such as these played in cultural exchange, conflict, political negotiations, work, and socialization among the Wabanaki, English, and French.

Historic interpreters will introduce visitors to the worlds of the Acadian

pirates who once roamed the waters of Nova Scotia, attacking English fishing boats and Wabanaki traders who navigated their birch bark canoes, laden with furs, to trade with the English and French.

John Bear Mitchell, Penobscot historian and educator, will provide a broad cultural perspective of the early Wabanaki. Chris Sockalexis, Penobscot Tribal Historic Preservation Officer and archaeologist, will explore the origins, uses, advantages, and construction of the Wabanaki traditional birch bark canoe. Steve Cayard will bring his four decades of expertise as a builder and student of the traditional Wabanaki birchbark canoe.

"We are thrilled to present the 17th Century Days at Colonial Pemaquid State Historic Site," said Neill De Paoli. "This immersive experience offers a glimpse into Maine's fascinating history, showcasing the intricate connections between indigenous people and European settlers during this era. It's a remarkable opportunity for visitors of all ages to engage with the past and gain a deeper understanding of our heritage."

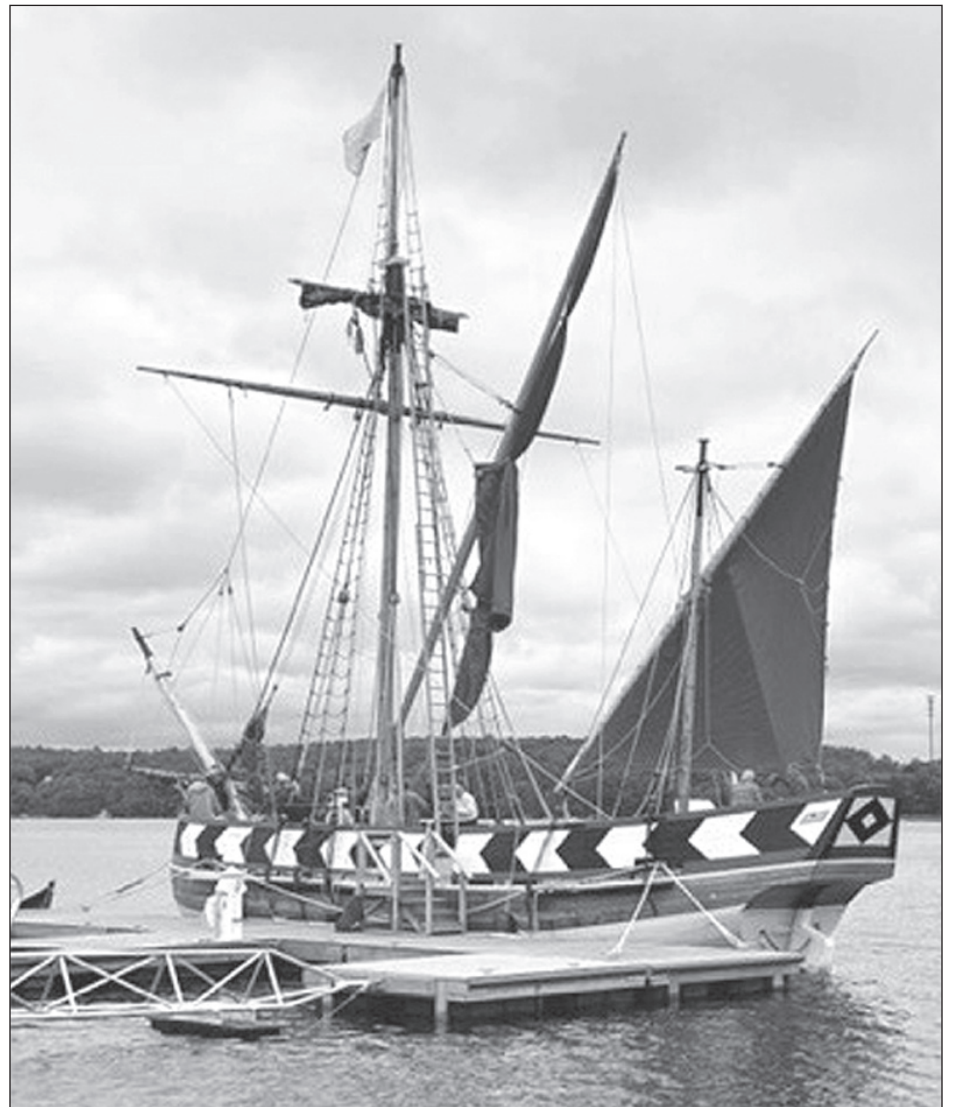
De Paoli also thanks Kirstie Truluck, Executive Director of Maine's First Ship, and her staff and host of dedicated volunteers for making this cooperative effort possible. The presence of the "Virginia" and the "Jane Stevens" and their crews will take this event to another level of public history.

For further information and to plan a visit, please contact Colonial Pemaquid State Historic Site at (207) 677-2423 or visit the official website at <http://www.maine.gov/colonialpemaquid>.

Admission to the event is free; however, there is a nominal admission fee to explore the Museum, Fisherman's dwelling, & Fort: \$1.00 for ages 5-11, \$3.00 for Maine residents ages 12-64, \$4.00 for non-residents ages 12-64, \$1.00 for non-residents 65 and older. Children under five and Maine residents 65 and older enjoy free admission.

About Colonial Pemaquid State Historic Site:

Colonial Pemaquid State Historic Site is a nationally recognized historical landmark in New Harbor, Maine.



Maine's first ship: Virginia

With its rich cultural heritage, the site aims to preserve and promote the significance of Maine's indigenous and colo-

nial history. Through engaging events and educational programs, Colonial Pemaquid provides an immersive ex-

perience that transports visitors back in time, offering them a deeper appreciation of the region's past.

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Barbara Prey: Still Light Exhibition Opens July 15



Gatekeeper, 2023, Watercolor on paper, 40 x 60 in.

PORT CLYDE, ME (July 7, 2023) -- This exhibition showcases the virtuosic hand of world-renowned artist Barbara Prey who has painted powerful views of her sur-

roundings for over forty years. Still Light features never before seen monumental paintings highlighting her distinct American vision. The New York Times writes, "Prey is go-

ing where icons like Rauschenberg and Warhol have gone before". A key figure in American painting, her work is included in major public collections including The National Gallery

of Art, The White House, The Brooklyn Museum, the Smithsonian American Art Museum, The Kennedy Space Center and United States Embassies worldwide. MASS MoCA commissioned Prey to paint the world's largest known watercolor currently on longterm exhibit. She was appointed by the President of the United States to the National Council on the Arts, the advisory board of the National Endowment for the Arts. She was invited to paint the official White House Christmas Card and her NASA commissions were part of the Smithsonian museum traveling exhibit NASA ART/50 Years. www.barbarapreyprojects.com

Her attention to details recalls Vermeer...it's a painter's job to notice,



Handmade, Watercolor on paper, 28 x 40 in.

and to draw out the nuance and light in what the rest of us ignore. Prey has that eye and hand ... what she makes touches the divine and has staying power. — The Boston Globe
OPENING RECEPTION Monday, July 31 from 5-8 PM

Image: Gatekeeper, Watercolor on Paper, 40 x 60 inches

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Check Out Riverfest and Regatta July 14 - 15, 2023

LEWISTON, ME (July 7, 2023) -- Visit the two-day Riverfest at beautiful Simard-Payne Park in Lewiston, Maine! Rowing, food trucks, music, craft beers, local artisans, activities for the kids, and plenty of room to enjoy the great outdoors! For more information, check out <https://lewistonrowing.com/riverfest-regatta>

Schedule of Activities Friday, July 14th (all activities in Simard-Payne Park)
9 AM – 3 PM Uplift LA Kickball Tournament
10 AM – 5 PM Franco Center Open House
11 AM – 7 PM Food Truck Festival
11 AM – 6 PM Shop

Local Market
11 AM – 8 PM Beer Garden
11 AM – Dusk Canoe Rentals
Noon – 6 PM Regatta Competitor Registration & Parking
4 PM – 9 PM Live Music
Saturday, July 15th
8 AM – 12 PM Riv-

erFest Regatta Races, Simard-Payne
10 AM – 5 PM Franco Center Open House
12 PM – 3 PM Waterfront Activities
8 AM – 3 PM Shop
Local Market
11 AM – 3 PM Food Trucks, Simard-Payne
11 AM – 3 PM Beer Garden
12 PM – Dusk Canoe Rentals
1 PM – 2 PM Community Floatilla



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Free Concert at Franco Center Featuring Fiddle and Guitar

LEWISTON, ME (July 7, 2023)—The Franco Center is thrilled to announce that Greg Boardman and Chris Robley will perform as a duo in concert at 1 p.m. Friday, July 14, during the Center’s open house. The duo’s combined talents include playing the fiddle and guitar, singing, songwriting, and audience engagement.

Greg Boardman is a longtime fiddler and teacher in the Lewiston and Auburn, Maine community, having been employed as an elementary strings teacher in Lewiston for several decades. He also teaches at Maine Fiddle Camp, which he helped found in 1994, and plays as a concert, dance and church musician as much as reasonably fits in his schedule. His love of Franco American fiddling was nurtured by his fiddling elders, such as Simon St. Pierre, Ray Frechette, Lucien Mathieu and Ben Guillemette, each a legend in their own right.

Chris Robley

is a singer-songwriter and award-winning poet who’s made his home in the mill town of Lewiston, Maine. His orchestral indie-pop and folk music has been reviewed and praised by The LA Times, The Boston Globe, NPR’s Second Stage, Performer, and other publications. Skyscraper Magazine said Robley is “one of the best short-story musicians to come along in quite some time.” Robley’s poetry has been published in POETRY Magazine, Prairie Schooner, Poetry Northwest, Beloit Poetry, and more. He is the winner of Boulevard’s Poetry Prize for Emerging Writers, a recipient of a Maine Literary Award in poetry, and was selected by Robert Pinsky as a finalist for the Dorset Prize. “Chris Robley is at the top of his game with his new work.” – KCRW. “Beatlesy goodness featuring deft wordplay delivered through McCartneyish melodies with a Lennoxesque rasp.” – Willamette Week.

Admission to the 1

p.m. Friday, July 14 concert is free and takes place during the Franco Center’s two-day open house from 10 a.m. to 5 p.m. Friday, July 14 and Saturday, July 15. Reservations are required for this concert. Fill out the RSVP form at <https://forms.office.com/r/ODMsaGjHsc>

At 1 p.m. Saturday, July 15, Wicked Illustrations will bring a paint party to the Franco Center with seats available for 20 participants. The art created that day will feature sights along the Androscoggin River, with a nod to the RiverFest. Tickets and additional information for the paint party can be found at www.wickedillustrations.com.

There will be other activities at the Franco Center over the two days of its open house including an art display by local artist Anita Poulin; basket making by the Women of the Somali Bantu Community; a performance by Tree Street Youth; a display by the 4H club students of Lewiston High



Chris Robley and Greg Boardman are pairing up for a concert at 1 p.m. Friday, July 14, at the Franco Center, 46 Cedar Street, Lewiston. The duo will perform on fiddle and guitar with some singing and foot-tapping music. RSVP at <https://forms.office.com/r/ODMsaGjHsc>

School; tours of the building; and rental information.

A cash bar will be available on both days. The open house coincides with the Lewiston Auburn Metropolitan Chamber’s RiverFest in Simard-Payne Park. The Franco Center’s venue is at 46 Cedar Street, Lewiston, a short half-mile, seven-minute walk from

the Park. “Visitors are encouraged to spend the day in the Riverfront neighborhood attending events at both venues,” said Denise Scammon, marketing director at the Franco Center. “This is an opportunity for all those who wonder what we do at the Franco Center, or just want to see what the building looks like inside,

to visit us.”

For more information about the concert or open house, call 207-689-2000 or visit www.franco-center.org.

The open house is sponsored by Auburn Savings; Lisa Laliberte, State Farm Insurance; Maine Community Bank; and Rinck.

SeniorsPlus Announces New Members, Officers to Board

LEWISTON, ME (June 30, 2023)—SeniorsPlus, the designated Area Agency on Aging serving Androscoggin, Franklin, and Oxford counties, announces the election of three new members to its Board of Directors, as well as a new slate of officers.

Robert Kirchherr of Norway replaces Dennis Gray, also of Norway, as the Chair of the Board of Directors of SeniorsPlus. The former Assistant Dean for Academic Affairs at Central Maine Community College, Kirchherr has served on several boards and government committees in Western Maine since retiring from a career in higher education in New Jersey and Maine.



Robert Kirchherr is the newly appointed Chair of the Board of Directors of SeniorsPlus, Western Maine’s Agency on Aging.

Other appointments to the slate of officers of the Board of Directors of SeniorsPlus are Holly Zielinski of Poland to Vice Chair, Dustin Ward of New Gloucester to Treasurer, and Don Berry

of Sumner to Secretary.

Joining the Board are Roger J. Fuller of Lewiston, Mamie Anthoine Ney of Kennebunk, and Marie Samson of Auburn. Fuller is a former legislator and is a retired educator who worked at schools in Los Angeles and Maine. Ney is a librarian and currently is the Library Director of the Auburn Public Library. Samson has a background in finance and business management, and currently is the Controller at SaviLinx, LLC, in Brunswick.

Established in 1972 and headquartered in Lewiston, SeniorsPlus is the Western Maine designated Area Agency on Aging covering Franklin, Oxford and Androscog-

gin counties. The overall program goal of SeniorsPlus is to assist older people and adults with disabilities in its tri-county area to remain safely at home for as long as possible. The mission of SeniorsPlus is to enrich the lives of older people and adults with disabilities, their families and com-

munities, and to support them to make informed choices. SeniorsPlus envisions a future where all older adults and individuals with disabilities are engaged and respected while living quality, independent lives in the communities of their choice. In 2022, SeniorsPlus served a diverse popula-

tion of almost 10,000 clients and fielded 185,000 phone inquiries.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.



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New Data Shows Importance of Agritourism for Maine Farmers

MAINE (June 30, 2023) -- In-depth statistical and demographic information about Maine farms and others across the nation that offer agritourism-related activities, direct-to-consumer sales or both are available in a new set of fact sheets co-authored by a University of Maine researcher.

Led by Claudia Schmidt, assistant professor of marketing and local/regional food systems at Penn State, a team of researchers

including Jason Entsminger from UMaine created fact sheets that present data for the total number of farms engaging in agritourism, direct sales or both for every state and the nation. These resources also provide various demographic and business information about these farms, including crops grown, farmer age and gender, farm size and income generated by agritourism and direct sales.

The data indicates that of the 7,600 total farms in

Maine, 1,954 had engaged in direct sales, 156 in other agritourism activities only and 91 in both direct sales and other agritourism activities. Maine farm operations with agritourism and direct sales are typically producing on less than 50 acres and making less than \$10,000 in revenue per farm.

Entsminger, assistant professor of entrepreneurship and innovation with the Maine Business School and small business special-

ist at University of Maine Cooperative Extension, and his colleagues hope that their work will support efforts by farmers, organizations and decision-makers to bolster agritourism.

"This data shows the importance of agritourism and direct sales for Maine farms," Entsminger says. "Among the 50 states, Maine had the third-highest proportion of our farms engaged in these activities, with 29% of the state's farms inviting people onto

the operation or selling directly to consumers. These activities accounted for roughly \$44.5 million to Maine farms, most of whom are small, family-owned operations."

The team developed its fact sheets using data obtained by a special request to the U.S. Department of Agriculture Census of Agriculture.

"Maine welcomes millions of tourists each year and the ability for farmers and those in food-

based businesses to engage with these visitors is an important strategy to move food and farming forward. There's a statewide effort to create new growth opportunities for farmers and value-added food ventures and these fact sheets provide helpful data as these businesses continue to adjust and adapt in an ever-changing world," says Hannah Carter, associate provost of continuing and online education and dean of UMaine Extension.

UMaine Extension Earns \$6.5M for 4-H Workforce Development

ORONO, ME (July 7, 2023) — University of Maine Cooperative Extension 4-H was recently awarded \$6.5 million from the U.S. Department of Agriculture's Agriculture and Food Research Initiative (AFRI) to nurture future leaders of northern New England's food system.

The new program, called "Oh Yea! 4-H Grows True Leaders," will provide experiential learning, practical knowledge and life skill development to hundreds of young Mainers over the next five years. The funding will increase involvement from traditionally underrepresented communities in the Maine food system. UMaine Ex-

tension 4-H will partner with community organizations such as Mano en Mano in Milbridge and the Somali Bantu Community Association in Lewiston.

The Maine True Leaders program is an innovative approach to nurturing future advocates of food production and healthy living in Maine. It focuses on migrant, immigrant and refugee families, promoting evidence-based indicators important for families learning to navigate a new country. The program's key indicators include openness to challenge and discovery, hopeful purpose, positive emotions, resource maximization and cultural

membership. The goal of the program is to prepare youth from underrepresented communities for careers in the Maine food system and help them understand the role of food in their daily lives.

"This project is a meaningful example of Extension's ongoing work to meet the state's ever-changing needs," said Hannah Carter, associate provost of online and continuing education and dean of UMaine Extension. "An important factor in solving our ongoing workforce challenges is to embrace and support the growing number of people who want to build a life here. At Extension, one way we can

do that is through the lens of Maine's food system, which plays an important role in a strong economy and thriving population."

Maine True Leaders employs a model of youth development that features hands-on educational and outreach opportunities conducted in a safe and welcoming environment. Activities are designed and developed by the participants.

"Over the course of the project, teens will develop learning tools and activities based on their own interests in the food system, which might include food equity, cultural food systems and career exploration," explained Mitch

Mason, UMaine Extension professor, 4-H youth and family development. "With these tools in hand, the teens will then go out to local schools and teach youth in grades K-8. Along the way, we expect to recruit and train adults who will build positive relationships with participants and help facilitate engagement with local communities."

Throughout the project, UMaine Extension faculty and community partners will also be co-conducting research aimed at understanding how Maine youth programs can be welcoming and adaptive for youth and adults of all backgrounds and cultures. The research

will identify systemic and cultural barriers, as well as promising mitigation strategies, to participation in 4-H and food system education.

Five northern New England communities will be selected to host the program. UMaine Extension is currently hiring several new staff and recruiting volunteers to deliver the program.

AFRI is a program of the National Institute of Food and Agriculture at USDA. University of Vermont Extension is a sub-recipient of the grant and will receive \$1.6 million; the remaining \$4.9 million will go to UMaine Extension.

When It Comes to Summer Fire Safety, It's All About Location

AUBURN, ME (Grassroots Newswire) (June 15, 2023) -- With the summer season in full swing, fire and water damage cleanup specialists with SERVPRO in the Auburn area remind homeowners that popular summer activities - like grilling, setting off fireworks, and relaxing around a fire pit or campfire - can quickly turn from fun to flames, resulting in damage to property and structures, and even personal injury.

"Where you place your grill and fire pit matters," says Rick Isaacson, CEO of Servpro Industries, LLC. "If you don't pay close attention to the location and environment, it could cause much more serious problems than just property damage. Even if the location of your grill or fire pit hasn't changed from past years, the setting may have changed and created a more dangerous situation with the addition of fallen branches, leaves or

more combustible, aging decking materials."

To help avoid a potential fire disaster, you need to control the three factors that allow a fire to start and grow: fuel, heat, and air.¹ When you do build an intentional fire, for cooking, warmth, or simple enjoyment, a key element to control is fuel. The U.S. Fire Administration, a division of FEMA, offers these guidelines² to help keep your summer fire activities under control.

Grills. Place your grill well away from siding and deck railings and out from under eaves and overhanging branches. Do not store or use a grill on a porch or balcony. Use propane, charcoal and wood pellet barbecue grills outdoors only to avoid the risk of fire or carbon monoxide

poisoning.

Chimineas, outdoor fireplaces, and fire pits. Use these items outdoors only and position them at least 10 feet away from your home or anything that can burn. Build campfires at least 25 feet away from homes, tents, shrubs and anything that can burn. Flying embers can start fires that are not in direct contact with flames.

Fireworks. If you want to see fireworks, consider going to a public show put on by experts. Even the simplest fireworks like "sparklers" can reach 1,200 degrees Fahrenheit and cause third-degree burns.

"A small spark can start a major fire," says Isaacson. "Leave the fireworks to the professionals and put some time and

thought into where you set up your grill, chiminea and fire pit, including clearing away any combustible materials. Then spend your summer enjoying good times and great food, not dealing with the destruction and heartbreak of a house fire."

SERVPRO is an industry leader and provider of fire and water cleanup and restoration services. For more fire prevention and fire safety tips and information about fire and water damage restoration services, please visit <https://www.servpro.com>. For more information about SERVPRO, please visit www.servpro.com/. For more information on SERVPRO in the Auburn area, please contact please contact one of the local business owners below.

* For SERVPRO of Augusta/Waterville, please contact Anthony Wolverton who can be reached at (207) 622-7166 or awolverton@servproaw.com.

* For SERVPRO of Lewiston-Auburn, please contact James Brigham who can be reached at (207) 783-2500 or jbrigham@servprolewistonauburn.com.

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1 https://en.wikipedia.org/wiki/Fire_triangle

2 https://www.usfa.fema.gov/downloads/pdf/publications/summer_safety_flyer.pdf

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SeniorsPlus Presents Margaret Ross Award for Volunteerism



Dave Goyette is the recipient of the 2023 Margaret Ross Award for volunteerism at SeniorsPlus, Western Maine's designated Area Agency on Aging.

LEWISTON, ME (June 30, 2023) -- Dave Goyette of New Gloucester was honored at the June 26 annual meeting of SeniorsPlus. Goyette is the recipient of the 2023 Margaret Ross Award. He was honored for his almost three years of volunteerism for Meals on Wheels at SeniorsPlus. The award, presented annually, recognizes an individual that has made significant contributions to the agency and the larger community. SeniorsPlus is the designated Area Agency on Aging focusing on Androscoggin, Franklin, and Oxford counties.

As a Meals on

Wheels delivery volunteer, Goyette delivers meals to homebound clients of SeniorsPlus and also checks in on their wellbeing. In 2022, Dave volunteered almost 1,000 hours.

"Dave is very helpful and caring to all clients. He always ask them how they are doing, do they need help with anything. It is not unusual for him to then return to the office and tell Nutrition Services staff about these needs so that they may put in referrals for these needed supports," said Betsy Sawyer-Manter, President and CEO of SeniorsPlus. "Dave always supports and promotes the Meals

on Wheels program because he know the important impact that it has on the quality of life of our clients."

Since 1972, SeniorsPlus has been improving the lives of older adults and adults with disabilities. As the designated Area Agency on Aging for Western Maine, SeniorsPlus provides statewide services with an emphasis on Androscoggin, Franklin, and Oxford counties for core services (ie nutrition and information and assistance) that support independent living, healthy aging, and fight isolation. The overall program goal of SeniorsPlus is to assist

older people and adults with disabilities in its tri-county area to remain safely at home for as long as possible. The mission of SeniorsPlus is to enrich the lives of older people and adults with disabilities, their families and communities, and to support them to make informed choices. SeniorsPlus envisions a future where all older adults and individuals with disabilities are engaged and respected while living quality, independent lives in the communities of their choice. In 2022, SeniorsPlus served almost 10,000 individuals and fielded 185,000 phone inquiries.

Auburn's Thomas Platz Appointed to ME Public Broadcasting Board

AUGUSTA, ME (June 16, 2023) -- Governor Janet Mills has appointed Thomas H. Platz of Auburn to the Maine Public Broadcasting Board of Trustees.

Platz is the owner and founder of Platz Associates, a multi-discipline architectural firm located in Auburn, Maine. He holds a B.A. and a Master of Architecture from Harvard Uni-

versity and is a multi-state licensed Architect in Maine and New Hampshire.

Platz previously served on the Board of Trustees for eight years as a member appointed by the

Board. He is currently involved in the historic renovation and development of the historic Bates Mill in Lewiston and is serves as Chairman of the Board of the Baxter Brewing Com-

pany.

Maine Public is governed by a volunteer Board of Trustees which includes the President of Maine Public, one appointment made by the Governor, a

University of Maine System appointee and up to 24 Community Members from across the State. Governor Mills' nomination of Platz was recently confirmed by the Maine Senate.

Local Students Honored at Annual SkillsUSA Workforce Event

ATLANTA, GA (Grassroots Newswire) (June 28, 2023) -- The following local career and technical students were recognized for excellence at the 2023 SkillsUSA Championships, held in Atlanta, on June 21-22. More than 6,000 students competed at the national showcase of career and technical education. The SkillsUSA Championships is the largest skill competition in the world and covers 1.79 million square feet, equivalent to 31 football fields or 41 acres.

Skill Point Certificates were awarded to all

national contestants who met a threshold contest score. The Skill Point Certificate represents workplace readiness in the occupational specialty and students can add the certificate to their employment portfolio as an indicator of proficiency.

Students were invited to the event to demonstrate their technical skills, workplace skills and personal skills in 110 hands-on competitions including robotics, automotive technology, drafting, criminal justice, aviation maintenance and public speaking. Industry leaders from 650 busi-

nesses, corporations, trade associations and unions planned and evaluated the contestants against their standards for entry-level workers. Industry support of the SkillsUSA Championships is valued at over \$36 million in donated time, equipment, cash and

material. More than 1,200 industry judges and technical committee members participated this year. All SkillsUSA Championships competitors were honored on Friday night, June 23 at the SkillsUSA Awards Session at State Farm Arena. The following students are Skill Point Certificate recipients from the L/A area:

* From Maine: Caed Langley, from Lewiston and a student at Lewiston Regional Technical Center (Lewiston), was awarded a Skill Point Certificate in Plumbing.

* From Maine: Natalie Beaudoin, from Lewiston and a student at Lewiston Regional Technical

Center (Lewiston), was awarded a Skill Point Certificate in Medical Math.

The following student received a SkillsUSA Championships medal and Skill Point Certificate from the L/A area:

* Branden Ritchie, from Auburn and a student at Lewiston Regional Technical Center (Lewiston), was awarded the high school bronze medal in Electrical Construction Wiring.

"More than 6,000 students from every state in the nation participated in the 2023 SkillsUSA Championships," said SkillsUSA Executive Director Chelle Travis. "This showcase of career and technical education demonstrates SkillsUSA at its finest. Our students, instructors and industry partners work together to ensure that every student excels. This program expands learning and career opportunities for our members."

The SkillsUSA Championships event is held annually for students

in middle school, high school or college/postsecondary programs as part of the SkillsUSA National Leadership & Skills Conference. The national, nonprofit partnership of students, instructors and industry is a verified talent pipeline for America's skilled workforce that is working to help solve the skills gap.



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Calendar

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July 13
LEWISTON -- Thursday July 13th veterans who chose the Air Force went to Sampson AFBVA for basic training will be having a get together at noon time at the Governors Restaurant in Lewiston. Some of these veterans, and folks with a connection to Sampson AFB, gather monthly through the summer months for lunch and share stories and memories. Veterans of all eras and branches of service and their guests are welcome to join.

FMI call 657-4909 or e-mail wmtkwkr1933@gmail.com

Bob Sawyer Sampson AFB 1953

Fridays July 14 – August 18

LEWISTON -- Opening Minds through Art (OMA) classes Fridays July 14–August 18 from 1-3 p.m. at Education Center of SeniorsPlus at 8 Falcon Road in Lewiston. Through a series of classes, OMA engages students with dementia in creating freewheeling art. Contact SeniorsPlus, at 207-795-4010, edcenter@seniorsplus.org.

July 15

GORHAM -- On Saturday, July 15th, starting at 1:00 pm at the Treworgy Homestead and Garden located at 120 Flagg Meadow Road in Gorham, the Maine Iris Society will

hold its annual auction of bearded iris rhizomes. All are welcome.

July 17, 24; August 7, 14, 21, 28

LEWISTON -- The Lewiston Public Library, in partnership with ArtVan, will be offering art programs in Kennedy Park this summer for children ages 5-14 on Mondays July 10, 17, 24 and August 7, 14, 21, 28 at 3:00PM. Information can also be found on our website at <https://lplonline.org/events/artvan-in-kennedy-park-2-july/> and <https://lplonline.org/events/artvan-in-kennedy-park-2-august/>

For any further information, please contact the Children's Department at LPLKids@lewistonmaine.gov or call 207-513-3133.

July 19

LEWISTON -- THE HONEY EXCHANGE

Join us at the Lewiston Public Library for a beekeeping presentation by The Honey Exchange in Callahan Hall at 5:30PM. In addition to the presentation on behavior and contribution of honeybees, The Honey Exchange will be showcasing a traveling observation hive. There will be a honey tasting at the end of the presenta-

tion. This presentation is free, for all ages, open to the public, and no registration is required. 513-3133; www.LPLonline.org

July 21, 22, 23, 27, 28, 29

BAR MILLS -- The Original's present A PIRCASSO BY JEFFREY HATCHER, at Saco River Theatre, 29 Salmon Falls Road, Bar Mills, ME, July 21st, 22nd, 27th, 28th, 29th at 7:30pm and July 23rd at 2:30pm. Tickets: \$15 General Admission at www.sacorivertheatre.org or call 207-929-6473 for reservations.

July 22

GRAY -- First Congregational Church of Gray Saturday Night Church Supper, Saturday July 22, 2023 @ 5:00 at the Parish House, 5 Brown Street, Gray

Handicapped Accessible. Meals are Single-sized and are \$10.00 each. Please pay at the door.

The Menu includes: Variety of Casseroles & Salads, Baked Pea Beans, Red Hot Dogs, Breads, Assortment of Desserts & Beverages

July 22

LEWISTON -- SPARKS' ARK Come see, learn and

interact with Sparks' Ark's amazing animals in Callahan Hall at 11:00AM. For all ages. No registration required. Free. 513-3133; www.LPLonline.org

July 29

BUXTON -- Haddock Supper Buffet - Saturday, July 29, 2023 - 5:00 pm at Living Waters Church, Parker Farm Road, Buxton. Suggested donation: \$10 Adult, \$5 Child, \$20 Family.

Please note: We will offer the option of takeout containers for those who do not want to come inside for seating. Wearing of face masks for those who are not vaccinated is suggested. Hand sanitizer is available for those who wish to use it.

Sept 2

GORHAM -- On Saturday, September 2nd, starting at 1:00 pm at the United Methodist Church, 439 Park Avenue in Auburn, the Maine Iris Society will hold its annual auction of Siberian irises and daylilies. All are welcome.

Every 1st, 2nd, and 3rd Monday

LEWISTON -- PROGRAMS FOR HOMESCHOOL FAMILIES, held the 1st, 2nd and 3rd Monday 11:15am-12:30pm starting March 6th, 2023 at the Lewiston Public Library Children's Department

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opportunities to have fun and socialize with other homeschool families? LPL will be offering activities for homeschool families in the Children's Department the first three Mondays of each month from 11:15am-12:30pm. The activities will be a Homeschool Video Game Social on March 6th, a Homeschool Lego Club and Curriculum Swap on March 13th, and a Homeschool Storytime and Craft on March 20th.

This program is free and recommended for homeschool families with children of all ages. No registration is required. Contact info. 513-3133, LPLKids@lewistonmaine.gov

Second and fourth Thursdays

LEWISTON -- YOUTH TRADING CARD GAME CLUB held from 4 PM to 5 PM at the Lewiston Public Library. Join the Youth Trading Card Game Club to play,

learn, trade, and compete with your peers! Games include Pokémon, Magic: the Gathering, and more. All skill levels are welcome. Library staff and volunteers will be available to teach new players and coach developing ones. Free. For kids & teens ages 8-18. 513-3135; www.LPLonline.org

Wednesdays

LEWISTON -- Knitting Group, Dates: Wednesdays, Time: 4:30–7:30 p.m., Facilitator: SeniorsPlus Staff, Location: Education Center, 8 Falcon Road, Lewiston

Join our knitting group to work on your own project, learn from others, and socialize. Classes are free, unless noted. SeniorsPlus is fully accessible. Hearing assistive equipment is available upon request. For more information or to register, call us at 207-795-4010 or visit seniorsplus.org.



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For more information on any of our trips, please contact Claire Bilodeau (207)784-0302 or Cindy Boyd (207)345-9569.

Call Mike Phelan for more information. 207-577-8777

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July Exhibit at the Woman’s Hospital Association Art Gallery

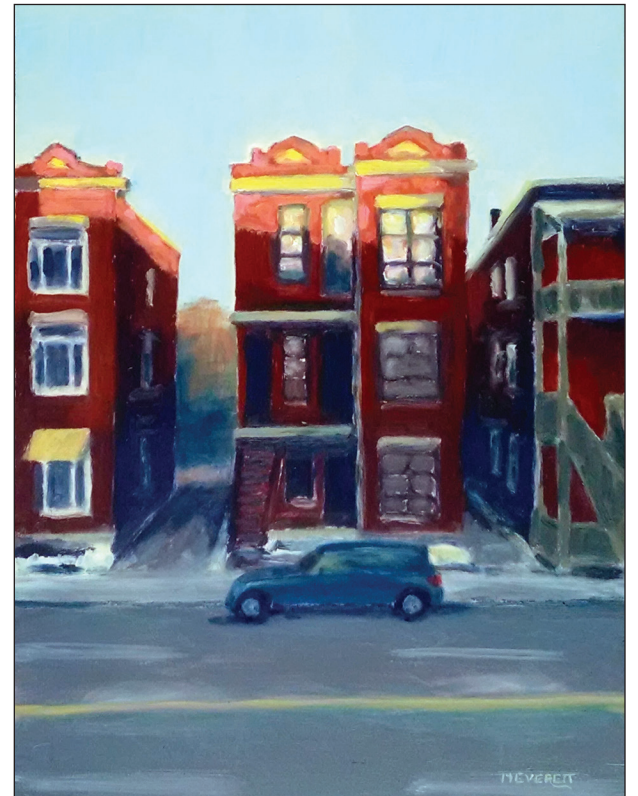
LEWISTON, ME (July 7, 2023) -- The Woman’s Hospital Association (WHA) Rotating Art Gallery at Central Maine Medical Center in Lewiston is proud to display the paintings of Sandra Pealer and Michael Everett during the month of July. Pealer, who delights in the medium of water-

color, and loves the way that watercolor depicts light, shadow and mystery, paints from her studio in South Paris. She has painted from home studios in Maine, Vermont, Lake Placid, New York, and West Virginia for over 30 years. Sandra has earned signature status in the Philadelphia, West Virginia, North East and Vermont Watercolor Societies.

A sustaining member of the American and National Watercolor Societies, her work can be found in collections throughout the United States and Canada. Featured in Watercolor Artist Magazine as “One of the Best Watermedia Paintings of 2020, her painting “Artist at Rest” was showcased in the February 2021 issue.

Her paintings may be seen at Birds of a Feather Gallery in Rangeley, Maine, River Arts Gallery, Damariscotta, Maine and Main Street Gallery, Norway, Maine among other venues.

Everett took up oil painting to capture his impressions of remote and wild places of northern Maine. Many of his paintings are scenes from the Allagash and Saint John Rivers. As his interest and skill have progressed, he has become more intrigued with the simple enjoyment of painting, especially in seeking vitality in his use of color. He paints (mostly) landscapes of (mostly) familiar places, and often can be found painting outdoors in his North Auburn



“Winter Morning” by Michael Everett



“Lupines” by Sandra Pealer

neighborhood.

He is a member of the Western Maine Art Group and a frequent exhibitor at its Matolcsy Art Center in Norway. He also maintains a website – michaeverett-artist.com – where he displays his work and oc-

asionally blogs about art. The works on display may be purchased through the WHA Gift Shop located adjacent to the main lobby at Central Maine Medical Center. A percentage of sale proceeds benefits patients of CMMC.

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