

## Registration for the Open

FLORENCE—The Florence Open Golf Tournament Blackberry Trail takes place August 4-6 with registration required by July 31. The cost is \$150/player. Registration includes green fees, cart, range, balls, lunch all three days, and greens fee for a practice round (cart for that round is not included). There will be three age divisions, 16-49, 50-64, and 65+. A fourth age group will be developed if at least eight golfers age 75 and over register and create a Super Senior Division.

For more details or to register, visit the golf shop at 112 Clubhouse Dr. in Florence, or call 256-740-8825.

## Newton Earns NCPA Award

MONTGOMERY—The Alabama Pharmacy Association (APA) recently recognized the service of **Audrey Cohenour Newton**, PharmD at Chad's Payless Pharmacy in Florence with the National Community Pharmacists Association Leadership Award. The award was presented at the APA 142nd Annual Convention and Trade Show this summer in Point Clear, Alabama. Newton was also installed as the 2023-2024 President of the APA.



Newton

"We are excited to have Audrey at the helm of the

See SHORTS... on Page 2

Volume 139 Number 40 July 26, 2023 POSTAL PATRON

# Courier Journal

Serving Northwest Alabama and

219 W. Tennessee St. Florence, AL 35630 256-764-4268 USPS Circulation Verification Available

## Holos Hope Helping Others Fight for Freedom

FLORENCE—While she was attending college online, Rebecca Bender was finally in a frame of mind where she could reflect on having escaped her human trafficker in 2007, and establish a school for other trafficking survivors. Elevate Academy was born in 2014 and within eight years, it had served nearly 1,000 students.



McEnany



Bender

she was determined to make a new life for herself, her young daughter, and others fortunate enough to have a second chance at life. She worked hard, opened her own business, and earned her bachelor's degree and a masters. She is an ideal opening speaker for the 2nd Annual Fight for

See HOLOS HOPE... on Page 13

### COUPLE HONORED WITH STATE'S HIGHEST AWARD

## When it's All About Service

FLORENCE—Lieutenant Colonel Neal Rhodes served his country in the Gulf War and his community in Florence for more than 26 years as a police officer until retiring as a Deputy Chief in 2018. His wife, Cindy, worked for years as a dedicated and compassionate RN in the Shoals area. She also spent many sleepless nights worrying about the safety of her husband in warzones during the 90's and serving our community as a police officer. Military wives serve our country in



Cindy and Lt. Colonel Neal Rhodes Courtesy photo

See SERVICE... Page 7

**SUMMER IS HERE!**  
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Tune-Up  
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For information about advertising in premium positions like this, please call 256-740-4701.

## New Method for Mailing

SHOALS—The Courier Journal has long been a print industry leader in market saturation.

Since going direct mail in 1982, our circulation has always been tops in the Shoals market. Over the years, as our circulation grew, saturation was maintained. However, market pressures and the growing cost of production materials combined with routine, semi-annual postage increases are putting some limits on our distribution pattern. Those cost increases require some creative avenues of getting our advertisers' message to as many readers as possible on a regular basis.

Having the largest print circulation in

See COURIER JOURNAL.. on Page 10



The Courier Journal continues to have Alabama's Largest Print Circulation... BY FAR

## INSIDE this Issue



Ray Miller Buick GMC  
Advance Auto Sales

- Ask the Attorney
- Dave Ramsey
- Cat & Kids
- Handy Festival Listing
- Free & Benefit Events



- Insurance Insights
- Medicare Minute
- Soap Updates
- Savvy Senior
- Hocus Focus



- Spring Valley VFD Rodeo
- Guest Commentary
- Acoustic Country
- SIGNS of the PAST



## Online Only:

- Outdoors
- Mystery Photo
- Pet Talk
- Web Poll



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**CADENCE, SHANE, & GARY BAKER**



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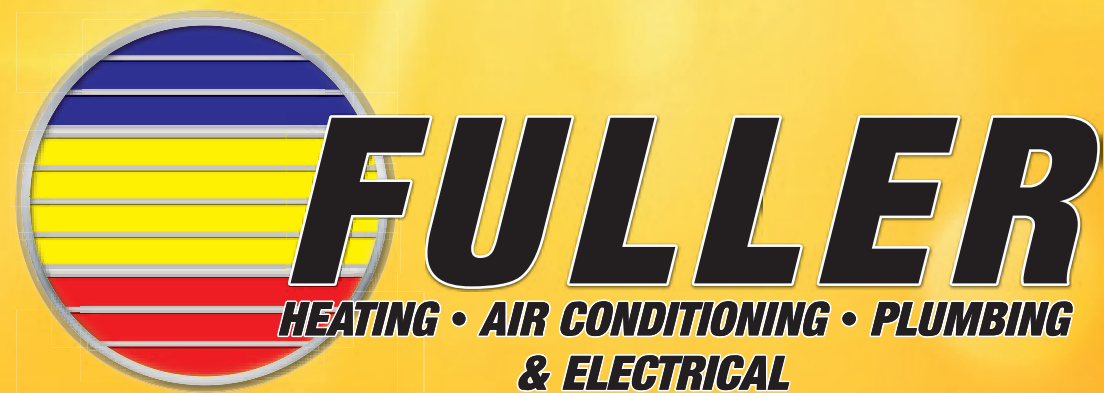
# High Heat



(25

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Audrey Cohenour Newton, PharmD  
Frances Cohenour Heinze, PharmD

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www.AlabamaHealthGuidance.com

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Ask about specific enrollment times for those who qualify.

We are independent agents of Blue Cross and Blue Shield of Alabama. Blue Cross and Blue Shield of Alabama is an independent licensee of the Blue Cross and Blue Shield Association.

## Shorts...

### Newton Earns NCPA Award

Continued from Page 1

association this year and look forward to seeing what we accomplish under her leadership," said Louise Jones, APA chief executive officer.

Newton is a 2004 graduate of the University of Mississippi School of Pharmacy. She has been an APA member since 2013. She has served on the APA Board as a Trustee-at-Large and a District Trustee, and on multiple APA committees including Insurance, Member Benefits, Nominations, and Organizational Affairs. Newton was selected as a member of the inaugural APA Leadership Class in 2013 and she has since been honored with the Distinguished Young Pharmacist award and the Excellence in Innovation award.

The Alabama Pharmacy Association is a nonprofit professional organization with over 3,000 members.

### 3rd Annual LAUGH Event

FLORENCE—Pleasant Hill Church in the Central Heights Community will be hosting the 3rd Annual Ladies Abiding Under God's Hands (L.A.U.G.H.) Women's Community Conference on Saturday, August 12 from 9am-3pm. This is a free event open to women of all ages, all walks of life, and denominations. Lunch will be provided for every registered attendee. The church is located at 2705 County Road 222 off Savannah Hwy in Florence. The conference theme this year is Unpackin' and will include dynamic teaching, praise and worship, comedy, and good food. That will be sure to provide all who attend a welcome break from their hectic schedules so they can just L.A.U.G.H.

Enjoy the comedy by Delilah Flatfoot, worship led by Tosha Hill, and the positive and encouraging teaching of Nicole Pinkham. This free one-day conference is open to all women who wish to attend. For more information and to register for the event, log on to ph.church or call the church office at 256-643-2020. Those who wish to come are asked to register under the Women's Conference link at ph.church by August 1.

after leading Cameron University's men's golf program to two of its best seasons in program history

Phillips led the 2022-23 Cameron team to a top-15 national ranking in NCAA Division II and a top-100 ranking among all Division I and Division II programs, according to GolfStat. The standout campaign



Phillips

followed a stellar head coaching debut where Phillips was named the 2021-22 Lone Star Conference Coach of the Year after raising the Aggies in the national rankings and establishing multiple program records. Phillips also placed emphasis in the classroom by helping improve the team's GPA from 2.95 to 3.48 in his first year as head coach, followed by another increase to a 3.59 team GPA last season.

"We've identified and selected one of college golf's rising head coaches to lead a men's golf program that is quickly emerging as a nationally-competitive Division I program," said UNA Athletic Director, Dr. Josh Looney. "Austin has what it takes to deliver on the high expectations we have for UNA men's golf and continue our rise in the ASUN and at the Division I level.

Phillips takes over a UNA men's golf program that is coming off a season where it set a Division I program record for tournament wins (three) and produced multiple individual tournament champions for the first time.

"The opportunity to be the next head men's golf coach at the University of North Alabama is exciting for me and my family," said Phillips. "This team is young and exciting, and I can't wait to get to work. Roar Lions!"

### Phillips News Golf Coach

FLORENCE—UNA Athletics recently announced the hiring of Austin Phillips as the Lions new men's golf head coach. Phillips signed a four-year contract with UNA

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NEED HELP?

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Country Style Pork Ribs \$1.69 Lb.

Breakfast Pork Chops \$2.49 Lb.  
Pork Steak \$2.49 Lb.

Beef Ox Tails \$6.99 Lb.  
Pork Neck Bones \$1.49 Lb.

Filet Mignon Steak \$11.99 Lb.  
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Sliced Bacon \$3.99 Lb.

Whole Chicken Wings \$1.99 Lb.  
Chicken Wings Mix Cut (Drumette & Flaps) \$2.49 Lb.

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Chicken Leg Quarters 10/Lb./Bag \$6.99



# Yard Sales

An exclusive listing of the better sales in the Shoals area.

To list your sale, use the classified form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

**LEXINGTON ESTATE SALE**  
1435 County Road 479  
Fri. & Sat., 8am-3pm  
Tools, Furniture, Dishes, Machinery and much more!

**MUSCLE SHOALS YARD SALE**, 204 Royal Crest Dr., Royal Crest Apts., I-106, Sat. 11am-2pm, Household Items, Etc.

**Russellville Huge Estate/Yard Sale**  
7433 Hwy 48 Fri & Sat 7am-untill? Home & Shop, Inside/Outside Everything Must go! Tools, House decor, Furniture, Clothes, Shoes, Farm equipment, Old Tires, Bicycles, Toys. Too much to list! Rain or Shine! Map ID#1446

**CYPRESS INN, TN MOVING SALE, 6395 Pumping Station Rd. Fri & Sat 9am-untill?** Household items, Ceramic Vases, Pictures, 15 year old China set, and more! 931-279-1883.

**ESTATE SALE**  
1015 County Road 323  
Florence, AL 35634  
Friday, July 28th, 9am-2pm (Numbers given out at 8:30am)  
Saturday, July 29th, 9am-2pm (Numbers given out at 8:30am)  
Sunday, July 30th, 1pm-3pm  
\*Park in designated area\* Watch for Parking Signs  
Hoosier Kitchen Cabinets, Butcher Block, Curio Cabinets, Cast Iron Stove, Tea Carts, Church Pew, Jewelry, Quilts, Cobalt Blue Glassware, Alabama Collectibles, Fitz & Floyd, Patio Furniture, Much More!!  
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**FORD: MUSTANG, 2015** \$18,000. Ruby red, convertible, black top, 3.7 V6, 117,600. \$16,000  
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COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.

Email to editor@courierjournal.net;

#### LifeSouth Bloodmobile Blood Drive Dates

Thursday, July 27 North Alabama Medical Center, Lobby, 1701 Veterans Dr. Florence, 7am - 5pm

Friday, July 28 Austin Shoes, 2206 Woodward Ave., Muscle Shoals, 12pm - 6pm

Sunday, July 30 Stony Point Church of Christ, 1755 County Road 24, Florence, 11am - 6pm

Monday, July 31 Allstate - Bill Webb Agency, 801 E Avalon Ave., Suite 201, Muscle Shoals, 10am - 3pm

Tuesday, August 1 Title Max, 233 Cox Creek Parkway, Florence, 1pm - 6pm

Friday, August 4 Killen Founders Day, 207 JC Mauldin Hwy, Killen, 5pm - 9pm

Saturday, August 5 Killen Founders Day, 207 JC Mauldin Hwy, Killen, 12pm - 9pm

Sunday, August 6 Walmart, 3100 Hough Road, Florence, 10am - 4pm

Tuesday, August 8 Constellium, 4805 E 2nd St., Muscle Shoals 6am - 6pm

Wednesday, August 9 Constellium (Element 13), 1009 Ford Rd., Muscle Shoals, 6am - 4pm

Thursday, August 17 Helen Keller Hospital, 1300 S Montgomery Ave., Sheffield, 9am - 6pm

Saturday, August 19 Watermelon Festival, Franklin County Chamber of Commerce 103 N Jackson Ave., Russellville, 8:30am - 5:30pm

Sunday, August 20 Walmart, 2701 Cloverdale Rd., Florence, 10am - 4pm

Saturday, August 26 Boutique 72, 1028 Avenue E., Tusculumbia 10am - 4pm

Sunday, August 27 Walmart, 517 Avalon Ave., Muscle Shoals, 10am - 4pm

#### Backpack Giveaway 100 Backpacks

filled with school supplies will be given away to 1st-4th graders in need starting on Monday, July 24th.

Please bring your kids to HT General Merchandise, 6591 Chisholm Rd. (Hwy. 17 North), Florence. Mon.-Fri. 6-10, Sat. & Sun. 7-10. Available on a first come / first serve basis.

#### Email and Social Media Safety

Thursday, July 27, 10:30am-12pm at the Florence-Lauderdale Public Library, 350 N. Wood Ave., Florence

Increase your ability to identify spam or impersonators online. Implement additional safety measures to prevent hacking and verify authentic usage of your accounts.

#### Adult Game Night - Thursday

July 27, 5pm-6pm, at the Florence-Lauderdale Public Library, 350 N. Wood Ave., Florence.

See NOTES... page 19



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# ASK THE ATTORNEY



**Thomas McCutcheon**

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, PC, as a service to the residents of NW Alabama.

## Courtroom Behavior

Being late is the worst way to begin a court appearance. I always go to a courthouse I haven't been to previously and I find where I'm going to park, what door I'm going to use and the courtroom I'm going to be in and the table where I'm going to work.

Don't underestimate the time that court will take. Schedules shift and judges often have to hear emergency petitions. So, plan on spending more time in court so that you can finish your business. Dress professionally. No baseball caps or hats in court. I used to tell people to dress like they were

going to church and still do although with some reservations.

I hate to say this, but I have seen many judges ask people to wait outside with their children if the children are unruly or what's going on in court is more appropriate for adults. Turn your cell phone off or to silent mode.

You should not speak to the judge first. The court may call a docket and you should answer present. The judge is in control of his or her courtroom and that is a rule that will not be broken lightly. When you do address the court, try and say yes, Your Honor, or no, Your Honor to show respect for the court.

If you have evidence whether it's photographs or documents, go over the evidence with your attorney first. Don't just pull out a file full of papers or pictures without knowing why you have them. Remember that what happened to you seems as if it's a fact, but only to you, because for the court or jury, your testimony is only evidence. Your lawyer can help you find and present evidence to support the issues in your case.

Remember that you're always being observed in the courthouse whether it's by a Sheriff's Deputy, a clerk, the bailiff or the court's court reporter. If you behave with a lack of respect towards those people, it will get back to the judge.

Court appearances are stressful because they are important. The more you work with your lawyer and understand your role and what you are to do, the less stressful it will be.

*Buckle up, drive safely, and as always, your referrals are appreciated! 256-764-0112*

Please send the questions to:

"Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631

or visit our website at: [www.mhatty.com](http://www.mhatty.com)

facebook: McCutcheon and Hamner, P.C.

We will not print your full name in the article. We will not be able to return any written or preprinted items which are submitted. No representation is made that the quality of legal services to be performed is greater than the quality legal services performed by other lawyers.



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**JEEP: WRANGLER SPORTS, 2000 \$12,900.** 6 cylinder, 5 speed, A/C, Winch, Light package, great tires, 143,000 miles. Local: 615-972-9266

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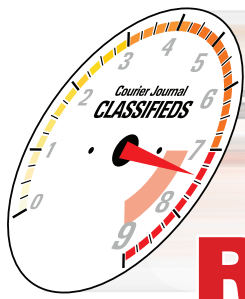
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**[www.avalonmedshoals.com](http://www.avalonmedshoals.com)**



Courier Journal

# Classifieds

Sell it fast with a

## RED LINE AD only \$4 additional

**HOUSECLEANING** for your office or home. Call 555-1234 for a free estimate. 15 years experience, Insured, References available.

Attract the most attention and sell your items red line fast when you choose to **Red Line** your Classified Ad. **THE FIRST LINE OF YOUR AD APPEARS IN RED CAPS.**

### TNValleyStuff.com

As an added bonus for our advertisers, all classified ads placed in the Courier Journal are also online at [TNValleyStuff.com](http://TNValleyStuff.com).

**ONLINE** - at our Website...  
Go to [www.courierjournal.net](http://www.courierjournal.net) and click "Place a Classified"

**PHONE** - 8AM-5PM Mon-Fri  
Charge to Credit/Debit Card by calling **256-764-4268**

**FAX** - 24 HRS - Charge to Credit / Debit Card by faxing an ad to **256-760-9618**. Include exp. date. List how many weeks the ad is to run.

**MAIL** - Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

**OFFICE** - Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

ADVANCE PAYMENT IS REQUIRED in cash, check or Credit/Debit Card. Phone-in Ads MUST be Charged to Credit/Debit Card! NO EXCEPTIONS! NO REFUNDS!

**DEADLINE: Friday 5pm**

**Private Party Rate** 4 LINES Each additional line - \$1.50 - Prepay - NO REAL ESTATE • 1 item per ad - 4 Weeks/4 lines 1 ITEM \$16 Each additional line - add \$4.50 **\$5.50** Week

**Commercial Rate** 4 LINES Each additional line add \$1.50 - applies to anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not - including pets. 6 Weeks \$39 - Each additional line - add \$7.50 total **\$8.00** Week

**Real Estate Rate** 5 LINES Each additional line add \$1.50 - applies to agencies, individual, developers and anyone engage in selling, renting, leasing structures and/or properties in Real Estate or General section. 6 Weeks \$36 Each additional line - add \$7.50 total **\$8.00** Week

**Yard Sales** 6 LINES Each additional line - \$1.50  
YARD SALES - An exclusive listing of the area's better sales prominently placed **\$12.50** Week

**Employment** 6 LINES Each additional line - \$2.25  
EMPLOYMENT - Looking for employment or Businesses looking for employees **\$15.50** Week

**Private Party Auto Rate** Up to 8 LINES for 4 weeks.  
Each additional line - \$2.25 **\$17.00** 4 wks

\*one line is approx. 30 characters

Form with lines for Name, Address, City, State, and Phone.

Form with fields for Name, Address, City, State, and Phone.

**HOW MANY WEEKS?** Multiply the number of weeks - X - the cost of the ad....

**YES! RED LINE MY AD!**  PLEASE CHECK THE BOX **only \$4 additional**

**MAILING ADDRESS:** Courier Journal, 219 W. Tennessee St., Florence, AL 35630

**Please Print Ad Clearly.** NOT RESPONSIBLE for illegible handwriting

**Questions?** Call our office at 256-764-4268.



### Personnel

**EDITOR & PUBLISHER**  
Thomas V. Magazzu

**ADVERTISING EXECUTIVES**  
Sadonna B. Magazzu  
Judy Cox  
Gregg Scott  
Heather Ridinger

**GRAPHIC COORDINATORS**  
Russell Roden  
Andrea L. Gray

**OFFICE STAFF/CLASSIFIED**  
Janie Brasfield

**CIRCULATION**  
Ted Fallin

**OFFICE HOURS:**  
Monday - Friday  
8:00am - 5:00pm

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**DEADLINES:** Issues Published Every Wednesday  
INSERTS - 5 pm Thursday  
DISPLAY ADS - 5 pm Thursday  
CLASSIFIED ADS - 5 pm Friday unless otherwise specified

**219 W. Tennessee St.**  
Florence, AL 35630  
256-764-4268  
Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 59,158 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

**EDITORIAL POLICY:** Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

**219 W. Tennessee St.**  
**Florence, AL 35630**  
or email to:  
[editor@courierjournal.net](mailto:editor@courierjournal.net)

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

**J.J.J. MAINTENANCE SERVICES**  
Painting, Roof repair, Plumbing, and more!  
Call 786-291-3565 (Florence)

**BLACK'S TREE SERVICE**  
Licensed, Bonded, Insured Trimming & Complete Removal, 30 years local. "Satisfying Customers is My Business"  
Call 256-648-0512

**SINGLE MAUSOLEUM, REASONABLE PRICE,** Tri-Cities Memorial Gardens, Florence, AL. 256-762-6589 or 256-762-0331

**Carter House Moving**  
Specializing in rigging, lifting and moving structures, floor leveling, and replacing damaged floor components. Call or text: 256-275-1570, 256-633-2722

**SHOTGLASS GUNS, INC.**  
Gunsmithing, Repairs, Refinishing, Action & Trigger jobs, Stock work, etc. Cerakote, Refurbishing  
103 Taylor Road, Florence  
256-349-5051

**VINGLI DRYWALL AND PANEL**  
Hoist Like New in Box \$50.00 1995 GMC 1500 BODY ONLY damaged by tree call for more information after 3 pm 256-436-4345

**WE BUY JUNK and Repairable Vehicles** with titles. Towing \$60 Call Ron 256-275-6540

**F & S LAWN SERVICE**  
Grass Cutting & Trimming  
Clean up Work, Mulch work & Sod. Licensed and Insured  
Call 256-436-0761 If no answer, leave message

**Two Cemetery Lots** in Tri-Cities Memorial Gardens, Florence. Garden of Apostles, Lot# 277A, 1 & 2. \$3,000 for both, Call 615-832-0682

**HOSPICE VOLUNTEERS NEEDED.** Veterans, Students, Retirees, and anyone who can spare an hour a week to brighten a hospice patients day in your community. Specific needs- Veterans to visit veterans. Male or Female for nursing home visits. Hairdresser/Barber, Senior activities. Volunteer Coordinator Alan Jordan 256-764-6445, Text 256-436-1639. Alan.Jordan@hospice-ofnorthalabama.com.

**CHEAP, CHEAP, AND CHEAPER!**  
256-234-2222

**TOYOTA: HIGHLANDER XLE, 2015**  
\$21,450. 1 owner, sunroof, heated leather, 3rd-row seating, navigation, power-lift gate and rear-view camera. Just serviced including **NEW MICHELINS AND BRAKES**, pearl white. Outstanding Condition. 256-527-2125.

**WANTED DEAD OR ALIVE!**  
Junk batteries, \$4 each. Ranger Battery Co. 426 Royal Avenue. 256-766-0473

**MUST GO! TAN TWEED** sofa & loveseat, comfortable, good cond., \$200, Moulton, 256-522-9410.

**THE COURIER JOURNAL** - We're Good For Your Business!



**Ekklesia Preschool**  
Alabama Pre-K Classrooms  
Register @ [prek.alaced.alabama.gov](http://prek.alaced.alabama.gov)

**FREE TUITION SCHOLARSHIPS AVAILABLE**  
LIMITED AVAILABILITY FIRST COME FIRST SERVED

For help with registration, please call your preferred school  
Sheffield, AL  
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Florence, AL  
(256) 284-7705

Muscle Shoals, AL  
(256) 320-7401

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Katania Fitzgerald  
Executive Administrator



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"PROVIDING COST EFFECTIVE SOLUTIONS TO SELECTED LEGAL PROBLEMS."

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INCLUDES ALL FEES\*

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### 2210 Helton Drive • Florence

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.



**FULL SIZE BRASS BED** Frame, good condition, \$210, Curio Cabinet, cream \$90, 256-466-3908 Athens

**WE BUY RIDING MOWERS,** John Deere, Cub Cadet, Kubota, Craftsman, etc, Running or Not. 256-275-2276

**PRESSURE WASHING**  
Give Daniels Clean Exteriors a call for all of your Pressure Washing needs. Free estimates. Licensed & Insured, 256-412-0131

**FORD: CROWN VICTORIA, 2006, \$2,950.** Police Interceptor, 206k miles, Runs good! 256-324-8042 Florence

**ANTONIO'S REMODELING & PAINTING**  
Interior/Exterior, Roofing, Water Damage, Carpentry, Drywall, Decks, Showers. Licensed and Insured. Free Estimates. 256-577-8660

**TWO MALE DONKEYS, GRAY,** \$100 each, 256-227-0800 Tanner

**HOUSE KEEPER**  
I do basic house cleaning, if anyone needs their house cleaned call me at 256-856-6412

## Service...

Continued from Page 1

ways most are unaware. Their support for their spouses allows them to do their jobs alleviated from much of the stress of commitment. They know someone is waiting at home and praying for their safe return. Many couples are separated during pregnancies, holidays, anniversaries, and more, for the sake of service.

These two high school sweethearts will celebrate 40 years of marriage in October of this year.

They also have something else in common.

Both Neal and Cindy were separately awarded the Alabama Distinguished Service Medal on July 14, the highest state award possible from the Governor.

The Rhodes have two sons, Wes and Will. Both live in the Atlanta area now, but they still have ties to their hometown of Florence. Neal's parents, Delbert and Elaine Rhodes, and Cindy's parents, Tim and Janey Wright, still live in Florence as well as some of their extended family.

*Submitted by: Candy Allen, proud sister of Cindy Rhodes and sister-in-law of Lt. Colonel Neal Rhodes.*

# Christmas in July SALE

**Purses And Pillows**  
**60% Off**

**Select Baby Merchandise**  
**75% Off**

**Auburn Merchandise**  
**50% Off**

**Fresh Water Pearls**  
**50% Off**

## People's Drugs & Variety

**Cherokee, AL 256-359-6242**

**Courier Journal**

Mystery Photo

of the week

Enter at **CourierJournal.net** for your chance to

Win a MEAL FOR 2

at

Rosie's

CANTINA

www.rosiemexicancantina.com

in Downtown Florence

Last week's winner is

Clyde Lee of Sheffield

who correctly guessed

"Village School" in Sheffield

One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office beginning Wednesdays after Noon.

The Comfort Professionals

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& Sons, Inc.

The Shoals area's #1 Lennox and Bosch Dealer

Give Tim a call at **256-764-7386** to learn more about these brands.

Your Comfort Professionals since 1952!

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Some Of The Benefits Of Emsella For Women:

- Treat Incontinence
- Improve Sexual Wellness
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\$800

Emsella® Chair

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Enjoy the Ride

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Cherokee • 256-359-6651

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10-5 Sunday**

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None sold to dealers. We reserve the right  
to correct typographical and pictorial errors.  
Limited quantities. Sorry no rain checks.  
While supplies last.

**Prices Good  
July 26-Aug. 1, 2023**

Certified Angus Beef  
**Shoulder Roast**  
**\$4.29** Lb.

**Chicken Thighs**  
**99¢** Lb.

Oscar Mayer **Fully Cooked Bacon**  
**\$4.99** 2.52 Oz.

Land 'O Frost  
**Lunch Meat**  
**\$4.99** 1 Lb.

Field  
**Bacon**  
**\$1.79** 1 Lb.

Buddig  
**Lunch Meat**  
**\$2.99** 1 Lb.

Piggly Wiggly Premium  
**Chocolate Chip Cookies**  
Original, Chewy Or Chunky 11 Oz.  
**2/\$4**

Chicken Of The Sea  
**Tuna In Oil Or Water** 5 Oz.  
**\$1**

Assorted Piggly Wiggly  
**Frozen Pizzas**  
5.2 Oz.  
**4/\$5**

Dale's Original  
**Steak Seasoning**  
16 Oz.  
**\$3.49**

Hunt's  
**Ketchup**  
20 Oz.  
**4/\$5**

Piggly Wiggly  
**Cheese**  
16 Oz. Chunk  
**\$3.69**

Lay's  
**Potato Chips**  
7.75 Oz.  
**2/\$6**

Doritos 6-10.5 Oz.,  
Cheetos 7.5-8.5 Oz. Or  
Fritos 7-9.25 Oz.  
**2/\$8**

Coke  
**Products**  
6 Pk. 1/2 Liters  
**3/\$11**

Coke  
**Products**  
12 Pk. 12 Oz. Cans  
**2/\$12.50**

Coke  
**Products**  
2 Liters  
**2/\$3.50**

Assorted  
**Suddenly Salads**  
5.75-8.3 Oz.  
**2/\$4**

## THE SEASON'S FINEST PRODUCE

California  
**Seedless Watermelons**  
**\$5.99** Each

Green  
**Cabbage**  
**39¢** Lb.

Dole **Garden Salad**  
12 Oz. Bag  
**2/\$3**

California  
**Strawberries**  
**\$2.99** 1 Lb. Box

Red Or Orange  
**Bell Peppers**  
**2/\$3** Each

Yellow Or Zucchini  
**Squash**  
**\$1.29** Lb.

**CHURCH OF THE GOOD SHEPHERD, LCMC**  
2001 Cloyd Blvd., Florence  
9 a.m. Sunday Service  
BIBLE based and saved by God's GRACE.

**SITTER AVAILABLE** to sit in hospital, part-time, \$15 per hour, no heavy lifting, 256-272-5398

**HONDA: CR-V EXL, 2013** \$16,950. 1 owner, full power, heated leather, sunroof, rear-view camera, just serviced. Excellent Honda Value! 256-527-2125.

**PROBLEM PLUMBING, SEWER, 24/7**, Full Service with any issue. Big/Small. Shoals area. Drain rotting. Water heater. Video camera jetting. 256-247-8319.

**1,000 acre Tennessee Hunting Lease.** Deer & Turkey, 4 members, Looking for 2 more. Call Tom 256-443-4717

**CHEVROLET: IMPALA LT, 2013** \$9,900. EXCELLENT CONDITION! Clean title, clean car fax, local car, sunroof, power seat, only 123k miles. Completely serviced with good tires. Need to sell immediately, leaving town. Remote start. IMMACULATE!!! 337-600-4935.

**RICKY'S PAINTING**  
Interior/Exterior, Free Estimates, 1 work alone to save you money. 256-394-4406

**WE BUY JUNK and Repairable Vehicles** with titles. Towing \$60  
Call Ron 256-275-6540

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**"WE ONLY BUILD DECKS"**  
New or Remodeled. Free estimates. Like us on Facebook, 256-335-5304 or 256-394-5630

**FREE BULLDOG PUPPIES, ALBERTVILLE** Area 5 weeks old will be ready to go in about a week 256-505-9916

**TOYOTA: SEQUOIA, 2008**  
**\$16,400.** 2008 Toyota Sequoia Limited Edition Light Blue 5.7L V8 96k miles LOW MILES Great Condition, Runs FANTASTIC! 16,400 FIRM CASHIERS CHECK ONLY! Please contact DL Tuggle (423)394-9685.

**DAVE'S HOME REPAIRS and REMODELING:** Sheetrock repair, Plumbing, Carpentry, Siding, Tile & Painting. References. Quality Work, 256-702-2983

**RICK'S STUMP GRINDING**  
\*\*\*\*\*  
Low prices and Free estimates, 256-740-2363  
if no answer, leave message

**ENTIRE PEAVEY SOUND SYSTEM:** 1 Peavey PV-4C Power Amplifier; 1 Peavey Q215 Two Channel Stereo Graphic Equalizer, 2 Peavey 112DL Sound Reinforcement Speakers, 2 Model S- Speaker Pedestals, 5 Shure Model SM58 Microphones & Stands, 1 Peavey PV14USB Mixer, 1 Peavey Delta Flex Digital Stereo Effects Processor, Long Power Supply Cord with five 110v Outlets, asking \$1,000 for all of this equipment! Call me at 256-577-7710 or 256-335-5300 Florence

**NEAL'S LAWN CARE.** Free quotes. 256-284-8243.

**ESTATE SALE**  
1015 County Road 323  
Florence, AL 35634

Friday, July 28th, 9am-2pm  
(Numbers given out at 8:30am)  
Saturday, July 29th, 9am-2pm  
(Numbers given out at 8:30am)  
Sunday, July 30th, 1pm-3pm

\*Park in designated area\*  
Watch for Parking Signs

Hoosier Kitchen Cabinets, Butcher Block, Curio Cabinets, Cast Iron Stove, Tea Carts, Church Pew, Jewelry, Quilts, Cobalt Blue Glassware, Alabama Collectibles, Fitz & Floyd, Patio Furniture, Much More!!

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Go to Estatesales.net to view pictures



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[www.avalonmedshoals.com](http://www.avalonmedshoals.com) • 256-386-0808

- Born/raised in The Shoals
- Undergrad degree from Birmingham Southern College
- Local EMS experience
- Medical degree from UAB
- Residency completed at University of Mississippi Medical Center
- 6+ years of hospitalist experience
- Hospital privileges at Shoals Hospital and Helen Keller Hospital

Proud to serve you, your families, and our community!

**Adam Isbell, M.D.**  
Board Certified in Internal Medicine

Adam D. Isbell, MD  
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Protect your family from harmful UV rays on those hot, blistering days and extend your outdoor living space with a Nulmage Retractable Awning.

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**MEMBERSHIP MEANS More.**

\*Annual Percentage Yield. Terms and conditions apply. Federally insured by NCUA.

# Courier Journal...

Continued from Page 1

Alabama does come with a few challenges, especially when it is a free paper that is mailed to a wide area.

"Without the ability to cover our printing and postage costs with subscription or single copy revenue, we must take every opportunity to keep our advertising costs low while covering huge areas of the Shoals," said editor and publisher, Tom Magazzu.

"Advertisers also have to continue receiving a solid return on their investment."

As a way of reaching as many Shoals area homes as possible, we will begin "feathering" some distribution areas with our August 2 issue. This allows us to offset some of the increased distribution expenses while still reaching a large number of homes with regularity.

The feathering process will actually reach more homes overall since a few areas that were not receiving the paper this year are being reinstated. The only difference is that the feathered areas will be receiving the *Courier Journal* regularly, but on alternating weeks.

In addition, we have numerous open racks around the Shoals area where a free copy of the *Courier Journal* is always available during a store's business hours.

These include all area Foodland stores, Food Outlet stores in Florence and Central, Hometown Market in Florence, Big Star in St. Florian, HT General Merchandise on Chisholm Hwy, and the Rogersville and Town Creek post offices.

A list of rack locations



will also appear in the *Courier Journal* routinely and it will be updated often.

Regardless, the mailed papers alone will still exceed 50,000 every week.

Readers can always access the searchable *Courier Journal* Page-Flip edition beginning every Tuesday as well from our website at [www.CourierJournal.net](http://www.CourierJournal.net). Just click on the Page-Flip link. This has become a very popular option. That page can then be bookmarked for easy weekly access to our most recent issue.

"This online concept offers greater ease of access to many readers who may not otherwise have it," Magazzu added. "Whether they live outside of our primary circulation areas, or just happen to be misplace their paper one week, we are making the *Courier Journal* available to as many people as possible, and it is still free."

*Courier Journal* advertisers have benefitted from the lowest cost per thousand ad rates in the state for at least the last 30 years according to Alabama Press Association records.

That is not going to change any time soon.

# EMPLOYMENT Opportunities

**Quad Cities Taxi**  
Is looking for **Taxicab Drivers, Wheelchair Van Drivers, and Dispatchers.** Day and night shifts. Must be 25. Apply in person at 122 N. Royal Ave., Florence, between 8 am and 4 pm, Mon.- Fri. (No phone calls please)

**Newspaper Reporter/Writer Needed**  
The Moulton Advertiser has an immediate opening for a full time news reporter staff writer. This position will cover general news assignments, local meetings, breaking news, law enforcement/court reports and special events. Will also develop web content and some page design/layout. Some photography is required. Must be able to work on deadlines.

**Qualifications are:**  
• Degree and experience in Journalism, English, or Creative Writing  
• Ability to work under tight deadlines  
• Superior writing skills with limited supervision  
• Be self motivated and eager to produce quickly and accurately  
• Must have excellent PC skills, organization and communication skills  
This position also requires a valid driver's license, clean driving record, reliable transportation, and proof of insurance

**Benefits include:**  
The Moulton Advertiser offers a comprehensive benefits package including medical and dental coverage, paid vacation and holidays, and a 401K pension plan.

**To Apply:**  
Qualified applicants should apply by mail: P. O. Box 517 Moulton, AL 35650  
Or Email: [teresa@moultonadvertiser.com](mailto:teresa@moultonadvertiser.com)

The Moulton Advertiser is an Equal Opportunity Employer.

**Part-Time CUSTOMER SERVICE**  
Enjoy the opportunity to expand your professional abilities by pairing sales skills with your professional verbal and written communication skills to assist our customers with their advertising campaigns. The *Times Daily* has an immediate part-time opening within our Customer Service Department located in Florence.

**Key Responsibilities:**  
• Work as a partner to help clients reach their goals.

**Abilities:**  
• Highly motivated, self-starting individual with initiative and drive to succeed  
• Strong verbal and written communication skills  
• Organized with an attention for detail  
• Computer and software experience with MS Office programs including Excel, PowerPoint, and Word.

**To apply or to learn more, contact:**  
Sales Director - Mr. Baretta Taylor  
[baretta.taylor@decaturdaily.com](mailto:baretta.taylor@decaturdaily.com)

Equal Opportunity Employer Minorities/Women/Protected Veterans/Disabled

**In Search of Housekeeper/ Dog Keeper**  
1-2 days a week  
\$14 an hour after training.  
7am to 5pm-ish, St. Florian area  
**Text 256-762-6052**  
to set up an interview.

**FARM STORE ATTENDANT POSITION**  
Longrider Supply Co.  
Flexible hours. \$12 hourly  
Applications available at  
521 South Seminary St.,  
Florence, AL 35630  
**256-767-6068**

**STAFF ACCOUNTANT**  
TN Valley Media, Inc. has an opening in the business office located within the TimesDaily. This office supports multiple newspapers, magazines, and digital products in North Alabama; and we are looking for someone to assist the Controller with Accounting procedures and Financial Reporting.

**Necessary Skills and Qualifications:**  
• Bachelor's degree in accounting or two+ relevant experience  
• Solid understanding of and experience with basic accounting principles and practices  
• Strong general ledger knowledge and ability to reconcile accounts.  
• Strong knowledge of QuickBooks, Microsoft Office and database systems  
• Strong attention to detail and accuracy  
• Effective verbal and written communication  
• Ability to analyze data and communicate results  
• Good organizational and problem solving skills  
• Ability to keep financial information secure and confidential  
• Ability to work independently or as part of a team

Qualified applicants please send resume to:  
[cfilloramo@tnvalleymedia.com](mailto:cfilloramo@tnvalleymedia.com)  
or  
Business Office  
Post Office Box 797  
Florence, AL 35630

Equal Opportunity Employer Minorities/Women/Protected Veterans/Disabled

**Home Instead.**  
~Hiring~  
**CARE PROFESSIONALS**  
Now hiring care professionals to work one on one with our non medical clients in their homes in the Shoals area. 7am-3pm, 3pm-11pm, and 11pm-7am shifts available. Please come by our office at 2703 Darby Drive for a paper application, or apply online at [www.homeinstead.com/200](http://www.homeinstead.com/200) click on careers.

**Wages Starting at \$17.25\* Includes Incentive**

**Medical, Dental, Vision Insurance**  
**401(K) with Company Match**  
**Advancement Opportunities**  
**Tuition Assistance**

**Pilgrim's**

Go to [pilgrimsusa.com](http://pilgrimsusa.com) to see all open positions

E.O.E.

**A & W MINI STORAGE** Looking for individuals to CLEAN Out storage units in Muscle Shoals. What will you find for FREE? Call 256-381-7844 for more information.

**Non-CDL Truck Driver**  
The *TimesDaily* has a position available for a Non-CDL Truck Driver. The ideal candidate must have an excellent driving record and a clean MVR (motor vehicle report) as well as proof of personal auto insurance.  
Candidate must pass a DOT physical, be able to lift up to 50 pounds, and be capable of driving up to 8 hours at a time. Must be able to work flexible schedules including days, nights, weekends, and holidays as needed.  
Please email resumes to [hollie.coella@timesdaily.com](mailto:hollie.coella@timesdaily.com) or applications may be picked up at 219 West Tennessee Street Florence, AL 35630

**QUALITY FOUNDATION**  
And All Types of Home Improvement  
Home Owned & Operated in the Shoals by Wayne Lawhorn  
**Let Us Add Stability to Your Flooring**

**FREE Estimate**

**BEFORE**  
**HEAVY DUTY STEEL JACKS**  
**AFTER**  
Solid Steel Jacks

35 YEARS EXPERIENCE  
Licensed • Bonded • Insured  
**256-767-5258**

**Missing Your Courier Journal?**  
**READ OUR PAGE-FLIP EDITION - Online EVERY Tuesday morning**  
find link at: [www.courierjournal.net](http://www.courierjournal.net)

## Eternity In Hell Is A Long Time To Be Wrong

(Entering eternity and having spent a lifetime making wrong decisions, and never finding truth, and now without God forever is bad enough, but also suffering in a fiery lake eternally, turns out to be ones' worst nightmare come true. Now, the truth becomes a horrifying reality that cannot be undone. The simplicity of truth and the many opportunities you had to believe and receive it are now gone forever. The memory of a Bible that contains the word "truth" in it over 230 times and you had it, and rejected it, will haunt you forever. Following the wrong people cannot be reversed now.) Read: **2 Corinthians 11:3** "But I fear, lest by any means, as the serpent beguiled Eve through his subtilty, so your minds should be corrupted from the simplicity that is in Christ." **Hebrews 9:12** "Neither by the blood of goats and calves, but by his own blood he entered in once into the holy place, having obtained eternal redemption for us." **1 John 1:7** "But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin." **Ephesians 1:13** "In whom ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise," See Ephesians 4:30 & 1 Corinthians 12:13!

It's so simple, no blood of Christ, no Holy Spirit, no salvation or heaven. If you are lost and you know whether you are or not, that parenthetical statement above is for you. Your church or water cannot save you. You need a saviour to accompany you into eternity. There's only one. His name is the Lord Jesus Christ. Does Christ dwell in your heart today? Has the Holy Spirit baptized you into the body of Christ? If not, you need to ask Christ to forgive you and save you and receive Him before the title above becomes a reality and too late you find out that "eternity IN HELL is a long time to be wrong?"

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Guest Commentary

# MLB Has Turned Its Back on America's Pastime

While recent rule changes, such as adding a pitch clock, banning the shift, and implementing a universal designated hitter, have all been the subject of much debate, Major League Baseball has also been staking out controversial positions on more consequential topics such as racial justice, LGBTQ+ issues, and business dealings with the Chinese Communist Party.

In each instance, Major League Baseball has proven that it no longer deserves its moniker as "America's pastime."

On the day after the 2023 All-Star Game, who can forget the virtue-signaling debacle that MLB Commissioner Rob Manfred engineered two years ago? He strongly supported moving the 2021 All-Star Game out of Georgia after the state passed commonsense election-integrity measures.

See **BASEBALL...** on Page 27

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.



Zack Smith

# Courier Journal

# in the Shoals

# THIS WEEK

July 26, 2023

## Happening THIS WEEK



Courtesy photo

# Firefighters Rodeo

in Tuscumbia July 28 and 29

TUSCUMBIA— The 9th Annual Spring Valley Firefighters Rodeo takes place Friday and Saturday, July 28 and 29 at Longhorn R Arena on 3-Mile Lane in Tuscumbia.

The action gets underway at 7:30pm nightly. Gates open at 5:30pm. Adult admission is \$15, kids ages 5-12 are \$10 each, and those 4 and under are

admitted free. Try your luck on "bruiser" the mechanical bull. Kids events include Gold Rush, Calf Scramble, Pony Rides, and Face Painting. So, bring the entire family for a weekend of fun!

More information is inside this issue and on the event's Facebook page, Spring Valley Firefighters Rodeo.

### FRESHMAN SEND-OFF & MEMBERSHIP PICNIC -

Sponsored by the Alabama A&M University Muscle Shoals Alumni Chapter and Mary Napier, Chapter President. Saturday, August 5, 11AM - at Coach Harvest Mitchell, Jr. Gymnasium, Burrell-Slater, 610 W. College Street, Florence.

Join us for some Bulldog fun by: Preparing to send our freshman to "The Hill", a membership drive, and fellowship.

Food will be served. RSVP to 662-687-2409 by August 2.

### OPEN REGISTRATION FOR COMMUNITY BIBLE STUDY,

an annual women's interdenominational Bible study, will be on Wednesday, August 2 from 9-11am in the Chapel of Woodmont Baptist Church, 2001 Darby Drive, in Florence. Please join us for an exciting, in-depth study of the books of Ruth, I and II Samuel, and Ephesians.

The registration fee is \$35 for adults (scholarships available) and \$10 for children (infants - 12 grade). There is limited capacity in the children's classes. Classes meet on Wednesday from 9:45am-noon beginning on September 6. Participants may also register on-line at <https://florenceal.cbclass.org>

# Country Vibe Only Acoustic

FLORENCE—Music enthusiasts are invited to help close the W.C. Handy Music Festival with the highly anticipated *Country Vibe Only Acoustic* concert series on Sunday, July 30 at The Record Room Music Hall, located at 1401 Huntsville Road in Florence.

*Country Vibe Only Acoustic* will feature two similar shows, one at 3pm and one at 9pm, allowing attendees to choose the perfect time to experience this extraordinary musical event. A lineup of rising stars includes

See **MUSIC...**Page 29



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# YOUR Letters

Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters are subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

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## Just a Coincidence

Editor,

I believe the Lottery Commission corruptly made the Powerball prize reach \$1 billion to create more public interest through the news and social publicity, which helped it generate even greater sales. Just take second and third looks at the past numbers drawn and their similarities.

Is this just a coincidence or a planned diversion to keep people from winning which built up the jackpot? Oh well...maybe I'm just a skeptic...or am I?

Paul Sabatino  
Florence

## Games in Ukraine

To the Editor,

Do you have a blue and yellow flag on your Facebook page? Or have you realized Ukraine-Russia War is a big scam, the hustle of the century so far?

As our politicians pledged THEIR allegiance and your money (\$75 billion thus far), to what was going on—not behind-the-scenes, but in plain view—American companies Baker-Hughes, Schlumberger, and Halliburton sent critically-needed oil

extraction equipment to Russia for months after the war was underway. SLB continued for over a year. The U.S. Department of commerce allowed this as long as they had a "special license," whatever that is.

So to recap, the U.S. provided equipment for Russia to extract oil which they sold to finance their war against the Ukraine. Meanwhile, we were sending money and arms to the Ukraine. Confused? Then you are right where the current administration wants you to be.

See **LETTERS...** on Page 20

He also broke the Guinness World Record for the oldest person to release a new album at the age of 95, several years after he was diagnosed with Alzheimer's.



# Holos Hope...

Continued from Page 1

Freedom benefit for Holos Hope at 7pm on Saturday, August 12 at the Marriott Shoals Conference Center. serves as an advisor to Aequitas, A21, and the HSI North Texas Task Force.



As a CEO and a published author who has earned a reputation as a trailblazer and leader in the field, Bender's specialized training has equipped well over 100,000 professionals, including FBI, Homeland Security, local law enforcement, medical professionals, and community leaders.

Holos Hope is a 501(c)3 nonprofit organization in Florence, Alabama with a mission to provide hope and healing to women who have lived through human trafficking, prostitution, and addiction to empower them to find their purpose and live in freedom. Holos Hope can offer safe housing, trauma-informed therapy, and medical and dental opportunities for education, job training, and employment.

All proceeds from this event go toward funding Holos Hope's 2-year residential program.

Following Bender, the keynote speaker for Holos Hope will be former White House press secretary, Kayleigh McEnany. Kayleigh graduated from Harvard Law School with a Juris Doctor and Georgetown University School of Foreign Services with a degree in international politics. She also studied politics and international relations at Oxford University, St

Edmund Hall. Kayleigh is a recipient of the Department of Defense Medal for Distinguished Public Service and the Department of Homeland Security Secretary's Public Service Award. She is the author of the *New York Times* bestseller, *For Such a Time as This* and the author of the upcoming book, *Serenity in the Storm: Living through Chaos by Leaning on Christ*.

Leading up to her eight-month stint at the end of Donald Trump's presidency, McEnany was a political commentator at CNN, national spokesperson for the Republican National Committee, and national press secretary for the Trump Campaign. She is the current co-host of *Outnumbered* on the Fox News Channel.

Tickets for the August 12 event are \$85 each, or \$65 each in groups of 10 or more. Doors open at 6:30pm. Sponsor opportunities are still available for individuals and businesses beginning at \$500 which include VIP access, dinner, meet and greet, special gift, recognition, and more. For more information, please email [info@holoshope.org](mailto:info@holoshope.org) or call 256-810-5334. All donations are tax deductible. There is a group rate available for ten or more tickets. For more information about this organization, please visit: <http://www.holoshope.org/>

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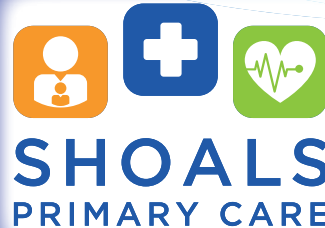
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# Cat & Kids

by Cathy Turner

## Every Good Gift

Did you read the *Peanuts* comic strip in last Sunday's paper that now comes on Saturday. It reminded me of a quote I heard in some Hallmark movie, "We all become rabbis after we turn 50," - including Schultz. The first frames of the comic strip shows Charlie Brown standing on the pitcher's mound wiping his brow with a towel,

and he says, "Whew! The weather sure has been bad lately." Linus, who is on the mound listening to Charlie Brown, responds by saying, "Don't criticize the world, Charlie Brown!" And Linus continues, "Where were you when He laid the foundations of the earth? Who laid its cornerstone when it's morning star sang together?" With

gestures and emotions, in subsequent frames Linus adds, "Who shut the sea with doors when it burst forth from the womb? Have you entered the storehouse of the snow? Who can number the clouds by wisdom? Or who can tilt the waterskins of the heavens? Is the wild ox willing to serve you? Do you give the horse its might? Is it by your wisdom that the hawk soars, and spreads his wings toward the south?" And Linus concludes, "Don't criticize the world, Charlie Brown," and he walks off. Charlie Brown then yells after Linus, "How would it be if I just yelled at the umpire?"

I chuckled - go 'head Linus! So good! But you

know, Linus/Schultz has always known the Scripture. Remember, it was Linus, in "A Charlie Brown Christmas", who picked up his blanket and recited Luke 2:8-14 - detailing the birth of Christ - "Now there were in the same country shepherds abiding in the fields, keeping their flock by night..." But in the passage above, Linus quotes an abbreviated form of Job 38:1 - 39:26. In which the real question is, how can we, so undeserving, complain or be dissatisfied with what this world has to offer since we are neither the creator nor sustainer of it?

When I read this strip, I began to think about the things that I

had complained about that day. The toast was browner than I liked at the restaurant that morning - a real first world problem! I realized that my den was warm while I was reading. I actually said this aloud. My husband got up and turned on the ceiling fan. I am so spoiled!! Oh yeah, my husband, I had also complained, in my head, that he frequently re-replaces my stuff. I put it down - he moves it to what he deems a less precarious or more appropriate place. He touches my stuff - that day he opened my shower curtain, in my bathroom, from the opposite side than I do and left it open! Why was he looking in there? (Or did I walk by with something that brushed the curtain open?) Such weighty matters!!! "Do you know when the wild mountain goats bear their young?" Job 39:1 Uh, no. I do not commence that! I do tend to complain more about people's actions than about God's actions. But it's all tied together.

Recently, I got a new car. (Whoop!) We gave my old car, which is still in good shape, to our daughter. Her response was, "God answered my prayer." Well, I thought, well,

your father and I were the ones who decided to give up the trade-in value and get a tire and the oil changed, the tank filled and cleaned the car. But she was right. Every good gift is from Him. She gets it. She reminded me of her training. Her father and I do good because of Him.

The good of this world is God. We have to breathe before we can work to buy a car. I am not in charge of my breathing. Are you? We have a sustainer. We need to teach our children to recognize this fact and be thankful. Even on days that we want to yell at the umpire, we need to acknowledge that Someone is giving us the breath to be able to yell!

Email comments or suggestions to [CatnKids1@gmail.com](mailto:CatnKids1@gmail.com)

## LOOK

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### Legal Advertisement for TVA Reservation Water Main (KG Project #21-0029)

Sealed bids will be received by the Colbert County Commission at the Colbert County Courthouse, located at 201 N. Main Street, Tuscumbia, AL 35674, until **Thursday, August 10, 2023, at 1:30 P.M. CST**, and then publicly opened and read aloud for furnishing all labor and materials, and performing all work described as follows: The project consists of installing a new 12" water main on the TVA Reservation to provide domestic water to new and existing entities.

A non-mandatory pre-bid conference will be held virtually on **Thursday, August 3, 2023, at 2:00 P.M. CST**. Instructions for attending the virtual pre-bid conference are included in the contract specifications.

The Owner has received a Coronavirus State and Local Fiscal Recovery Fund (SLFRF) grant under the American Rescue Plan Act ("ARPA funds") from the U.S. Department of the Treasury. (ARPA Project #01033-061-220704-0011) Compliance with all applicable Federal, State, and local laws, rules, and regulations is required.

Bid documents may be examined at the Colbert County Courthouse located at 201 N. Main Street, Tuscumbia, AL 35674. Bid documents may be purchased ONLY from Alabama Graphics online plan room at [www.algraphicsplanroom.com](http://www.algraphicsplanroom.com) or by calling (205) 252-8505. The project engineering firm is The Kelley Group, LLC (256) 248-7030. General contractors who bid must purchase, at minimum, the half-size plans and specifications. Documents are available at reproduction cost with no refunds available. Plans and specifications will not be issued to contractors less than forty-eight (48) hours prior to the time indicated above for receiving bids.

Performance and Labor and Material Payment Bonds, proof of insurance, and a complete list of subcontractors and suppliers will be required prior to the signing of the Contract. A Performance Bond in an

amount equal to one hundred percent (100%) of the contract costs and a Labor and Material Payment Bond in an amount of one hundred percent (100%) of the contract cost in the form and terms approved by Colbert County Commission will be required at the signing of the contract. In addition, the Contractor must furnish to Colbert County Commission at the time of the signing of the contract a certificate of insurance coverage as provided in the specifications. The right is reserved to reject any and/or all bids and waive informalities and to furnish any item of material or work to change the amount of said Contract.

No bids will be considered unless the bidder, whether resident or non-resident of Alabama, is properly qualified to submit a bid for this construction in accordance with all applicable laws of the State of Alabama. This shall include evidence of holding a current license from the State Licensing Board for General Contractors, Montgomery, Alabama, as required by Chapter 8 of Title 34 of the Code of Alabama, 1975. In addition, non-residents of the State, if a corporation, shall show evidence of having qualified with the Secretary of State to do business in the State of Alabama.

The bidder shall show evidence by clearly displaying the current license number on the outside of the sealed envelope in which the bid is delivered. In addition, bids shall be clearly identified on the exterior of the package with the bidder's name, address, the name of the project being bid, and time and place of the bid opening. No bid may be withdrawn after the scheduled closing time for receipt of bids for a period of sixty (60) days. The Owner reserves the right to reject any or all bids and to waive technical errors if the best interest of the Owner will thereby be promoted. All bids received after the date and time of the bid opening noted above will be returned unopened.

### Legal Advertisement: Advertisement for Bids Colbert County Water Meter Replacement Phase II (Labor Only) (KG Project # 21-0015)

Sealed bids will be received by the Colbert County Commission located at 201 N. Main Street, Tuscumbia, AL 35674, until **Thursday, August 10, 2023, at 1:00 P.M. CST**, and then publicly opened and read aloud for performing all work described as follows: **Replacement of Water Meters Phase II (Labor Only)**

The project consists of installing approximately 3,000 new AMR water meters and appurtenances. A non-mandatory pre-bid conference will be held virtually on Thursday, August 3, 2023, at 1:00 P.M. CST. Instructions for attending the virtual pre-bid conference are included in the contract specifications.

The Colbert County Commission seeks to improve the water system and has obtained a Drinking Water State Revolving Fund (DWSRF) Loan through the Alabama Department of Environmental Management (ADEM). Compliance with all applicable Federal, State, and local laws, rules, and regulations are required.

Bid documents may be examined at the Colbert County Commission office located at 201 N. Main Street, Tuscumbia, AL 35674. Bid documents may be purchased ONLY from Alabama Graphics online plan room at [www.algraphicsplanroom.com](http://www.algraphicsplanroom.com) or by calling (205) 252-8505. Project engineering firm is The Kelley Group, LLC (256) 248-7030. General contractors who bid must purchase at minimum the half size plans and specifications. Documents are available at reproduction cost with no refunds available. Plans and specifications will not be issued to contractors less than forty-eight (48) hours prior to the time indicated above for receiving bids.

Performance and Labor and Material Payment Bonds, proof of insurance, and a complete list of subcontractors and suppliers will be required prior to the signing of the Contract. A Performance Bond in an amount equal to one hundred

percent (100%) of the contract costs and Labor and Material Payment Bond in an amount of one hundred percent (100%) of the contract cost in the form and terms approved by Colbert County Commission will be required at the signing of the contract. In addition, the Contractor must furnish to Colbert County Commission at the time of the signing of the contract a certificate of insurance coverage as provided in the specifications. The right is reserved to reject any and/or all bids and to waive informalities and to furnish any item of material or work to change the amount of said Contract.

No bids will be considered unless the bidder, whether resident or non-resident of Alabama, is properly qualified to submit a bid for this construction in accordance with all applicable laws of the State of Alabama. This shall include evidence of holding a current license from the State Licensing Board for General Contractors, Montgomery, Alabama, as required by Chapter 8 of Title 34, of the Code of Alabama, 1975. In addition, non-residents of the State, if a corporation, shall show evidence of having qualified with the Secretary of State to do business in the State of Alabama.

The bidder shall show evidence by clearly displaying the current license number on the outside of the sealed envelope in which the bid is delivered. In addition, bids shall be clearly identified on the exterior of the package with the bidder's name, address, the name of the project being bid, and time and place of the bid opening. No bid may be withdrawn after the scheduled closing time for receipt of bids for a period of sixty (60) days. The Owner reserves the right to reject any or all bids and to waive technical errors if the best interest of the Owner will thereby be promoted. All bids received after the date and time of the bid opening noted above will be returned unopened.

### Legal Advertisement: Request for Proposals Colbert County Phase II Water System Materials (KG Project # 21-0015)

Sealed proposals will be received by the Colbert County Commission located at 201 N. Main Street, Tuscumbia, AL 35674, until **Thursday, August 10, 2023, at 1:15 P.M. CST**, and then publicly opened and read aloud for furnishing materials described as follows: **Phase II Colbert County Water System Materials (FS010264-02)** The materials to be purchased will include but shall not be limited to water meter boxes, back flows, and curb stops.

A non-mandatory pre-bid conference will be held virtually on Thursday, August 3, 2023, at 1:00 P.M. CST. Instructions for attending the virtual pre-bid conference are included in the contract specifications. The Colbert County Commission seeks to improve the water system and has obtained a Drinking Water State Revolving Fund (DWSRF) Loan through the Alabama Department of Environmental Management (ADEM). Compliance with all applicable Federal, State, and local laws, rules, and regulations are required.

RFP documents may be examined at the Colbert County Commission office located at 201 N. Main Street, Tuscumbia, AL 35674, or may be obtained by contacting Jessica Mandrell,

Project Manager, at [jessica@kelleynetwork.com](mailto:jessica@kelleynetwork.com) or 256-248-7030.

A Material Payment Bond in an amount of one hundred percent (100%) of the contract cost in the form and terms approved by the Colbert County Commission will be required at the signing of the contract. In addition, the bidder must furnish to Colbert County Commission at the time of the signing of the contract a certificate of insurance coverage as provided in the specifications. The right is reserved to reject any and/or all bids and to waive informalities and to furnish any item of material or work to change the amount of said Contract.

Bids shall be clearly identified on the exterior of the package with the bidder's name, address, the name of the project being bid, and time and place of the bid opening. No bid may be withdrawn after the scheduled closing time for receipt of bids for a period of sixty (60) days. The Owner reserves the right to reject any or all bids and to waive technical errors if the best interest of the Owner will thereby be promoted. All bids received after the date and time of the bid opening noted above will be returned unopened.



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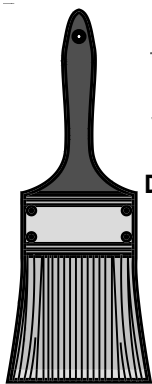
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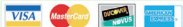
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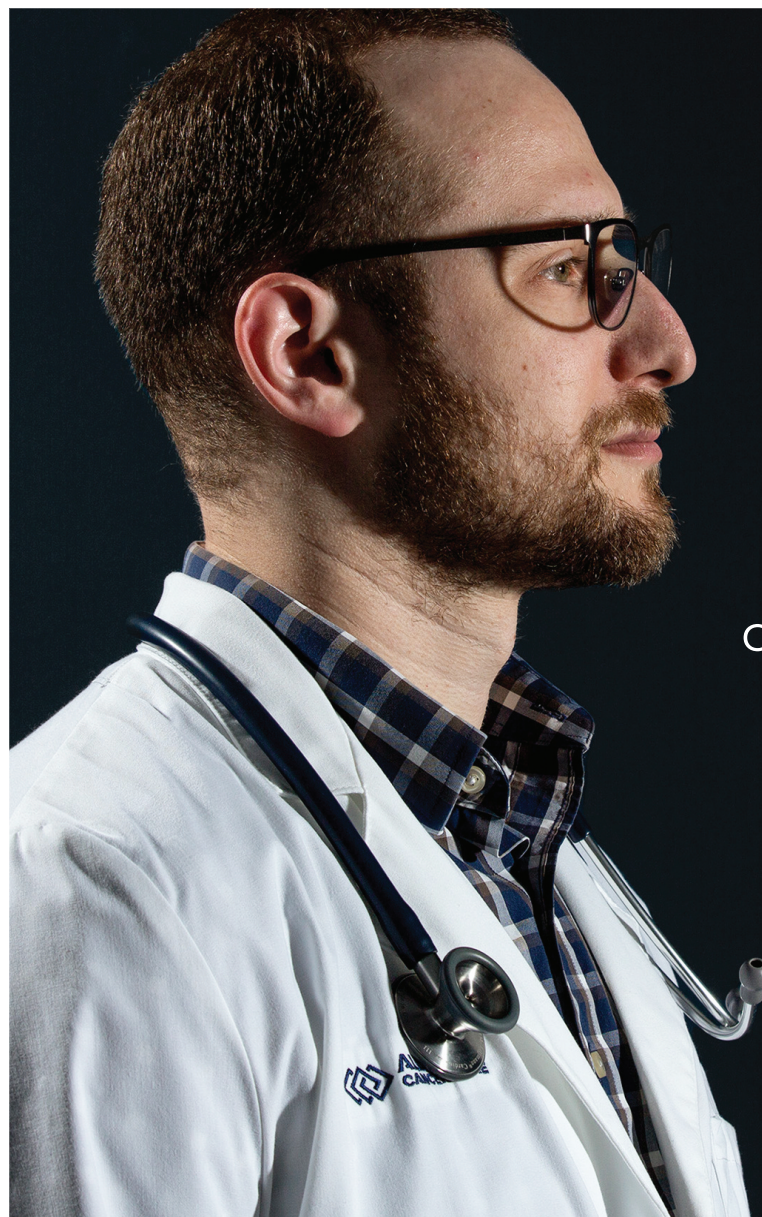
### Friday, July 28 7-9pm

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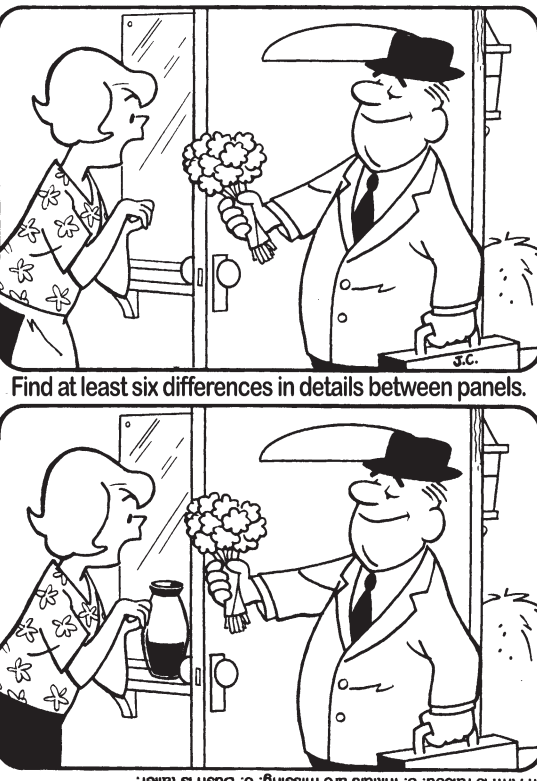
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**NOTICE OF PUBLIC HEARING**

In accordance with the Quality Housing and Work Responsibility Act of 1998 the **Sheffield Housing Authority** will hold a **Public Hearing on Tuesday, August 1, 2023 at 10AM** at the main office located at **505 N. Columbia Ave., Sheffield, AL 35660**

The purpose of this hearing is to solicit public comment on the Revised Annual PHA Plan, the Moving to Work Supplement and the Capital Fund Five Year Action Plan. This hearing is open to all citizens of Sheffield. Any citizen with a physical disability or other special need may contact the Housing Authority at (256) 383-4773 so that we can make arrangements to get you there. In addition, effective with the publication of this notice, the Public Housing Agency Plan will be available for public review prior to the Public Hearing at the Housing Authority main office.



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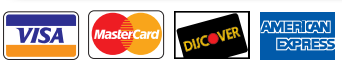
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<b>Pride Select</b> <b>VEGETABLES</b> 15 Oz. <b>4/\$5</b> 	<b>GATORADE</b> 8 Pk. 20 Oz. Bottles <b>\$6.99</b> 	<b>CHEETOS OR</b> <b>FRITOS</b> 7-9 Oz. <b>2/\$8</b> 	<b>Mtn. Dew, Starry,</b> <b>Sunkist Or</b> <b>PEPSI</b> 6 Pk. .5 Liters <b>3/\$12</b> 
<b>Hunt's</b> <b>MANWICH</b> 15 Oz. <b>4/\$5</b> 	<b>Cheez-It</b> <b>SNACK</b> <b>CRACKERS</b> 7-12 Oz. <b>\$3.99</b> 	<b>TORTIYAHS</b> 12 Oz. <b>2/\$5</b> 	<b>Aquafina</b> <b>WATER</b> 24 Pk. .5 Liters <b>\$5.99</b> 
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<b>Zeigler Regular</b> <b>Or Thick</b> <b>BOLOGNA</b> 12 oz. <b>\$2.99</b>	<b>Zeigler Original</b> <b>SMOKED</b> <b>SAUSAGE</b> 1 lb. <b>2/\$9</b>
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**AD GOOD**  
**JULY 26-AUG. 1, 2023**



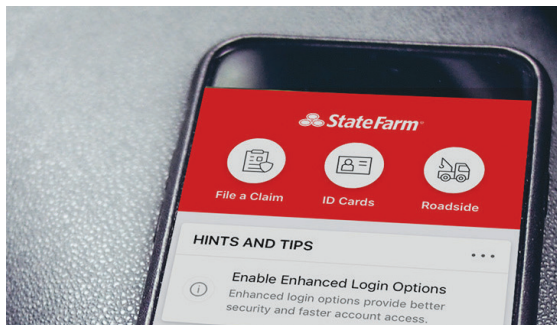
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### Who needs to see my insurance ID card?

There will be times when an insurance ID card is needed — whether in paper or digital form.

**DMV:** You'll need to provide it every time you renew your license plate.

**Police:** No matter the reason, if stopped you need to show license, registration — and that little ID card. Without it, you're likely to receive a stiff fine.

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# Notes...

Continued from page 4

**The Spring Valley Firefighters Rodeo** will be at Longhorn R Arena, 2576 3 Mile Lane, Tuscumbia, at 7:30 p.m. Friday, July 28 and Saturday, July 29. Gates open at 6 p.m. Tickets \$15 adults, \$10 children (6-12) and children 5 and younger free.

**Music enthusiasts are invited to** help close the W.C. Handy Music Festival with the highly anticipated "Country Vibe Only Acoustic" concert series at The Record Room Music Hall, located at 1401 Huntsville Road in Florence. Sunday, July 30.

"Country Vibe Only Acoustic" will feature two similar shows, one at 3pm and one at 9pm, allowing attendees to choose the perfect time to experience this extraordinary musical event. A lineup of rising stars includes acoustic performances by recording artist and Florence native, Hannah Clarke; Russellville native and country singer, Austin Bohannon; and national country music recording artist, Tony Evans Jr. as the headliner.

Both shows will be hosted by Florence native and renowned film and TV star, Cedric Pendleton.

Tickets are limited and may be purchased exclusively through the official website of The Record Room Music Hall at <https://fortherecordvenue.com/handy-festival>.

**The Pastor & Members of New Salem M.B. Church** in Florence, would like to invite you to come and worship with us on our 5th Sunday Service at 1pm July, 30.

Our guest will be Pastor Rev. Albert Ingram, Jr. and the St. James M.B. church, along with his choir and congregation. Everyone is welcome!

**Freshman Send-Off & Membership Picnic** - Sponsored by the Alabama A&M University Muscle Shoals Alumni Chapter and Mary Napier, Chapter President. Saturday, August 5, 11AM - at Coach Harvest Mitchell, Jr. Gymnasium, Burrell-Slater, 610 W. College Street, Florence.

Join us for some Bulldog fun by: Preparing to send our Freshman to "The Hill", a Membership Drive and Fellowship.

Food will be served. RSVP to 662-687-2409 by August 2.

**Methamphetamine Is a powerful and addictive** stimulant drug. It is important to know the many mental and physical symptoms and signs of abuse. Meth use releases large amounts of the chemical in the brain associated with pleasure, motivation, and movement contributing to its strong addictive qualities. It is important to know the signs of use if you suspect a loved one of using meth.

If you or a loved one are struggling with Methamphetamines, reach out for help. Narconon helps people all over the U.S. find treatment to end the web that traps those in addiction. To learn what to look for visit: <https://www.narcononnewliferetreat.org>

Narconon New Life Retreat [www.narcononnewliferetreat.org](http://www.narcononnewliferetreat.org)  
Narconon can help you take steps to overcome addiction in your family. Call today for free screenings or referrals. 1-800-431-1754.

**Open registration for Community Bible Study**, an annual women's interdenominational Bible study, will be on Wednesday, August 2 from 9-11am in the Chapel of Woodmont Baptist Church, 2001 Darby Drive, in Florence. Please join us for an exciting, in-depth study of the books of Ruth, I and II Samuel, and Ephesians. The registration fee is \$35 for adults (scholarships available) and \$10 for children (infants - 12 grade). There is limited capacity in the children's classes. Classes meet on Wednesday from 9:45am-noon beginning on September 6. Participants may also register on-line at <https://florenceal.cbssclass.org>



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See NOTES... page 30

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551010-1

## Letters...

### Games in Ukraine

Continued from Page 12

This past week Greta Thunberg who understands complex climate models but cannot multiply or divide, met with Ukraine's President Zelensky who has a degree in scien... oops, a degree in law. They discussed the "ecology" of Ukraine "after the war." Does anybody want to bet that this won't involve more billions from the U.S. to save some obscure lizard from extinction?

What if we just stood back and let the parties fight it out? If Russia won they would become an occupying force and would have to fight guerrillas armed with missiles, armor, and millions of smaller weapons. It would drag on for years and bankrupt Russia.

I'm sure our great military genius, Lloyd Austin, would have thought of this, but he was busy coordinating drag shows at our military academies.

**Don Willis**  
Muscle Shoals

### Do We Have the Desire?

Editor;

I was reading an *Axios* article that outlined all the COVID Welfare Programs that are ending this fall, issues that will affect millions of people across this country.

If one basks in the negatives, life will get very tough very quickly. But there is the vast positive about it, too. If one believes that this is America?

In addition to this reality, we already have Corporate America and Supply Chain problems because America is way too dependent on foreign manufacturing, mainly with China and other not so friendly sources.

Who in America is producing the goods and services America needs to be self-reliant?

If people only knew what opportunities there are to fill the gaps in American self-reliance?

The opportunities to work and/or create new businesses have not been this good in a very long time. This country has always been reliant on small businesses for most of its jobs, services, and goods.

Not since the Great Depression have there been so many sustainable opportunities. Everyone in America has some dream, talent, or skill that can be translated into success as a member of the growing opportunities ahead for the American people.

Even though I am an old man who has been retired for years, I have thoughts of resurrecting my own business that I worked for 25 years before retiring. Crazy dream. But is it?

Success requires the desire to succeed and the desire for freedom and independence. Dream a little?

The American Dream, Redux.

**Stephen Hornberger**  
Tuscumbia

### He Inspired Many Others

Editor;

The Alzheimer's Foundation of America is deeply saddened by the

passing of Tony Bennett earlier today (July 21) after a long battle with Alzheimer's disease, a condition associated with a decline in memory and other cognitive functions. We extend our most heartfelt sympathies to the family of this musical icon.

Mr. Bennett was diagnosed with the disease in 2016, yet he continued to inspire others and play music for his millions of fans, including his 95th birthday concert in 2021. He persevered into his 90's, even after his diagnosis, achieving accomplishments that many people without a dementia-related illness could not do. As the disease progressed, he continued to maintain a good quality of life thanks to the support of his family and friends. We cannot stress enough how important it is to have a strong support system around you.

Mr. Bennett attained numerous accolades throughout his career, including 20 Grammy Awards, a Lifetime Achievement Award, and two Primetime Emmy Awards. He also broke the Guinness World Record for the oldest person to release a new album at the age of 95, several years after he was diagnosed with Alzheimer's. Due to the slow progression of his illness, he continued to record, tour, and perform until his retirement due to physical challenges, which was announced after his final performances in 2021. It has been reported that his weekly singing practices helped keep his brain stimulated and delayed some of the common symptoms of Alzheimer's disease.

Mr., Bennett is best known for his popular hits including, "I Left My Heart in San Francisco," "The Way You Look Tonight," "Rags to Riches", and "Fly Me to the moon."

Alzheimer's disease continues to impact millions of Americans, including an estimated one-third of all people over age 85. It is important to continue to push for legislation for increased funding for research.

**Charles J. Fuschillo, Jr.**  
President and CEO  
Alzheimer's Foundation of America

**GMC: SIERRA, 2006 \$10,500** obol. 145k original miles, oil changed every 5k miles, 2nd owner, 4 door, V8, automatic, Cold air, fully loaded. 256-565-8531. No Text.

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Hormel Always Tender  
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Washington  
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BUY 2, GET 1  
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WHEN YOU BUY 3  
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18.8 Oz. Honey Nut Cheerios,  
18 Oz. Cheerios,  
18.8 Oz. Cinnamon Toast Crunch,  
18.6 Oz. Lucky Charms,  
18 Oz. Multi-Grain Cheerios or  
19.7 Oz. Reese's Puffs  
**General Mills Family Size Cereal**  
**2/\$7**  
WHEN YOU BUY 2  
OR \$4.00 EACH



64 Oz.  
Select Varieties  
**Sunny D Punch**  
**3/\$5**



7-8.5 Oz.  
Select Varieties  
**Frito-Lay Cheetos**  
**2.25**  
WHEN YOU BUY 3  
OR \$5.69 EACH

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20 Oz.  
Select Varieties  
**Hellmann's Mayonnaise**

**\$4.49**  
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18.56-20.6 Oz.  
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**2/\$4**  
Digital Coupons WITH \$1.00 OFF 2 DIGITAL COUPON

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USE UP TO 5 TIMES IN ONE TRANSACTION



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**Nabisco Oreos**

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Digital Coupons WITH \$2.00 OFF 2 DIGITAL COUPON

Sale price without Digital Coupon 2/\$8  
USE 1 TIME IN ONE TRANSACTION



31-38 Oz.  
Select Varieties  
**Heinz Ketchup**

**\$3.49**  
Digital Coupons WITH 50¢ OFF 1 DIGITAL COUPON

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52 Oz.  
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**Florida's Natural Orange Juice**

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23-24 Oz.  
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GET 2 GATORADE G-FIT

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### Wednesday, July 26

#### Round Table With Muscle Shoals Music Legends

**10:30AM** - *Counts Brothers Music, 713 Waverly Ave., Muscle Shoals*  
Come and listen in to this round table conversation with Muscle Shoals Music Legends Bob Wray and Clayton Ivey. Hear the inside stories from two who were there!  
Featuring: Bob Wray, Clayton Ivey

#### Jazz It Up With Trash – Tusculumbia\*

**11-1PM** - *Helen Keller Library, 511 North Main St., Tusculumbia*  
Bring your own recyclable plastic bottle or can, shoebox, or coffee tin to make musical instruments and play with Microwave Dave's impromptu band. For ages 3 and older.  
Featuring: Microwave Dave

#### The Jazz Allstars at FloBama!

**11:30-2:30PM** - *Flobama, 311 North Court St., Florence*  
Featuring: Jazz Allstars, Denise Thimes

#### Shoals Singer/Songwriter Showcase

**1-3PM** - *Florence-Lauderdale Tourism & Visitors Center, McFarland Park 200 Jim Spain Dr., Florence*

Featuring: Peanut Montgomery, Bobby Tomberlin, Mark Narmore

#### Documentary: "Muscle Shoals"

**3PM** - *Shoals Theater, 123 N. Seminary St., Florence*  
Featuring: Rick Hall, Aretha Franklin, Mick Jagger, Keith Richards, Wilson Pickett, Gregg Allman, Bono, Alicia Keys, and more!

#### Handy's Church

**6PM** - *Greater St. Paul AME Church, 141 S. Cherokee St., Florence*  
Come to Greater St. Paul African Missionary Episcopal Church, where the father and grandfather of William Christopher preached the word. Enjoy musical praise from two of the best choirs in the area.  
Featuring: Quad Cities Mass Choir directed by Aaron Freeman

#### Amity Day At Sundown\*

**7PM** - *Wilson Park, 350 North Wood Ave., Florence*  
Featuring: Kimble Funchess Quintet

### Thursday, July 27

**Jazz It Up With Your Trash – Muscle Shoals\* 10:30AM** - *Muscle Shoals Public Library, 1918 Avalon Ave., Muscle Shoals*

Bring your own recyclable plastic bottle or can, shoebox, or coffee tin to make musical instruments and play with Microwave Dave's impromptu band! For ages 3 and older.  
Featuring: Microwave Dave

#### Handy Musical Lunches:

**11:30-2:30PM** - *Flobama, 311 North Court St., Florence*,  
Featuring: The Michaels  
**12-3PM** - *Kingpin's Speakeasy Lounge, 203 E. 6th Street, Suite B, Tusculumbia*  
Featuring: Joel Aldridge

#### Shoals Singer/Songwriter Showcase 1-3PM

- *Florence-Lauderdale Tourism & Visitors Center, McFarland Park 200 Jim Spain Dr., Florence*  
Featuring: Austin Bohannon, Taylor Grace, Jesse Brackin

#### Keystone of Florence

**2PM** - *Keystone of Florence, 201 North Cedar St., Florence*  
Featuring: Dr. Eric Kirkman Combo

**WC Handy Movie: "St. Louis Blues" 3PM** - *Alabama Music Hall of Fame, 617 US Hwy 72 West, Tusculumbia*

A screening of the film "St. Louis Blues," starring Nat "King" Cole

as WC Handy. Take the tour of the Alabama Music Hall of Fame!

#### An Afternoon With Microwave Dave 3-5PM

- *Sheffield Public Library, 316 N. Montgomery Ave., Sheffield*  
Featuring: Microwave Dave

#### Tribute to Louis "Satchmo" Armstrong 4-6PM

- *Rhoda P's Restaurant, 500 North Montgomery Ave., Sheffield*  
Trumpeter Kimble Funchess and his Combo share the musical story of one of the greatest jazz players who ever played...  
Featuring: Kimble Funchess Band

#### Party With The Patriots

**6-8:30PM** - *Northwest Shoals Community College Building 127, 800 George Wallace Blvd, Muscle Shoals*  
Featuring: The Midnighters

#### Churchin' Down The Street Gospel Concert

**6PM** - *Greater St. Paul AME Church, 141 S. Cherokee St., Florence*  
Featuring: Quad Cities Mass Choir directed by Aaron Freeman

#### 4 Ur Entertainment & Domogalla Records Present

**6-11PM** - *Hometown Pizza, 119*

## Listing of Free & Non-Profit W.C. Handy Festival Events

See the complete schedule at [www.wchandymusicfestival.org](http://www.wchandymusicfestival.org)

The W.C. Handy Music Festival is pleased to be designated an *N Harmony With Nature Event*. Two of our greatest assets are our rich musical heritage and the natural beauty that surrounds us. *N Harmony With Nature* promotes environmental stewardship by reducing litter and waste at events. To learn more about *N Harmony With Nature* visit [Nharmonywithnature.Org](http://Nharmonywithnature.Org).

\*Events that are designated as *N Harmony With Nature Litter-Free Events* Several events have rain locations, see website for details

West 5th Street, Tusculumbia  
Featuring: Open Mic, Live Music, Stand up Comedy

#### Blues with Mark "Muleman" Massey 6-8PM

- *The Ritz Theater, 111 West Third St, Sheffield*  
BLUES WITH MARK "MULEMAN" MASSEY at the Ritz Theater Studio Free to the public, donations appreciated to support Ritz renovations!  
Featuring: Mark "Muleman" Massey

#### Salt & Pepper Roots Music Celebration!

**7PM** - *The Mane Room, 310 N. Pine St., Florence*  
For more information, contact Russell Gulley at 256-845-0203 or [Russell@RussellGulley.com](mailto:Russell@RussellGulley.com)  
Featuring: Jimbo Mathus, Shakedown Kings w/Special Guest Mary Mason

#### Evening at the Roxy with the Great Pretenders

**7PM** - *Historic Roxy Theatre, 200 N. Jackson St., Russellville*  
Tickets available at the Roxy box office on the day of the show. Doors and box office open at 6PM.  
Featuring: Local Talented Performers

#### City of Muscle Shoals Presents

**CC Jags 7-9PM** - *Muscle Shoals Amphitheater, 2010 E Avalon Ave, Muscle Shoals*  
In case of rain, event will be moved to Gattman Park Gym #3, Muscle Shoals.  
Featuring: CC Jags

#### Flow City Entertainment

**Presents 7-12PM** - *Clarion Hotel, 4900 Hatch Blvd., Sheffield*  
Featuring: Tommy "Sax Legend" Friend, The Kruzz Kuntrol Band, DJ Ronnie Ron

#### Swinging River Jazz Band

**7PM** - *Magnolia Church of Christ, 2650 Vulcan Ave., Florence*  
Everyone is welcome to attend!  
Featuring: Swinging River Jazz Band

#### Wildwood Tavern Singing River Brewing Tap Takeover

**7-10PM** - *Wildwood Tavern, 108 East Mobile Street, Florence*  
Your favorite local brewery will be serving up some very special, limited time brews at Wildwood Tavern!

#### At Sundown On Thursday\*

**7PM** - *Wilson Park, 350 North Wood Ave., Florence*  
Bring your friends and family! Come and enjoy the music by the talented David Phillips Band! A wide variety of delicious food by vendors!  
Featuring: David Phillips Band

#### Jetsetters Westside Street Party

**8:30PM** - *Jetsetters SpaLon, 713 W Mobile St, Florence*  
Bring your lawn chairs and coolers, delicious food vendors on-site.  
Featuring: Jetsetters Westside Street Party

### Friday, July 28

#### Mt. Moriah's Friday Festival Fish Fry

**11-6PM** - *Mt. Moriah P.B. Church, 818 West Irvine St., Florence*  
Featuring: The Official Clutch Band of Birmingham, Lorinda "Pinky" Warren Pryor, Reddick Pernel Cunningham

#### FloBama Presents: Microwave Dave

**11:30-2:30** - *Flobama, 311 North Court St., Florence*  
Just like always, Microwave Dave gives you the best music to munch your lunch to!  
Featuring: Microwave Dave

#### Line Dancing On Purpose

**1PM** - *Michael Community Center, 1001 SE 17th St., Sheffield*  
Classes for all ages taught by Master Instructor Luther Jarmon, Jr. Learn new dances while getting your workout in! Lots of fun for everyone!  
Featuring: Luther Jarmon, Jr.

#### Shoals Singer/Songwriter Showcase

**1-3PM** - *Florence-Lauderdale Tourism & Visitors Center, McFarland Park 200 Jim Spain Dr., Florence*  
Featuring: Walt Aldridge, Gary Nichols, Ed Hill

#### In Tune with the Outdoors

**5-7PM** - *Alabama Outdoors, 119 N. Court St., Florence*  
Featuring: Hope & Dylan Stamps  
Sponsored By: Alabama Outdoors

#### 15th Annual Massively Cool Indoor Street Festival

**5PM** - *Marriott Shoals Conference Center, 10 Hightower Place, Florence*  
Doors at 5:00pm. Entertainment begins at 6:00pm. Cash bars all evening. No reserved tables.  
Featuring: Kerry Gilbert Band, Rewind of the Shoals

#### Joe Wheeler State Park Rollin' On The River Tribute to Tina Turner

**6:30-11PM** - *Joe Wheeler State Park, 4401 McLean Dr., Rogersville*  
\*No outside food/coolers permitted. Food concessions and adult beverages will be sold at the event.\* Rain location: Joe Wheeler Convention Center  
Featuring: Charlie Brown, Dorothy Cole as 'Tina Turner', McTazz Band

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**Blues On The Bluff\***  
**7-9PM** - Standpipe Park, N. Montgomery Ave., Sheffield  
 Rain Location: Rhoda P's  
 Featuring: Blues On The Bluff

**HANDY HEADLINER: Bobby Rush / Melvia "Chick" Rodgers / Eric Essix!**  
**7:30PM** - Norton Auditorium, Norton Auditorium, Florence  
 Featuring: Contemporary Jazz Artist Extraordinaire Eric Essix  
 Introducing: R&B Singing Sensation Melvia "Chick" Rodgers  
 Starring: The Legendary Blues Singer Bobby Rush  
 Tickets available at Handy Headquarters, Counts Brothers Music, WZZA Radio, and at www.WCHandyMusicFestival.com, and online at EventBrite. Doors open at 7PM. VIP and General seating. (Handicapped seating available)

**Saturday, July 29**

**DaDooRunRun – 5K Run in Leighton**  
**6:30-10AM** - Colbert County High School, 2200 High School Street, Leighton  
 6:30 am Registration begins  
 8AM 5K Run  
 9AM 1 Mile Run or Walk Rain or Shine! Special Handy shirts for participants.  
 Featuring: DaDooRunRun – 5K Run in Leighton

**Street Strut and Parade**  
**10AM** - Wilson Park, 350 North Wood Ave., Florence  
 In case of rain, event will be moved to the Florence-Lauderdale Coliseum.  
 Food vendors are available.  
 Parade Route: Corner of Tuscaloosa and Seminary Streets, left onto Court Street, left onto Tennessee Street, left onto Seminary Street, ending at Wilson Park for music, prizes, and more!  
 Featuring: Kimble Funchess Quintet, Mae Jemison High School Band

**Line Dancing with a Purpose**  
**1PM** - Michael Community Center, 1001 SE 17th St., Sheffield  
 Classes for all ages taught by Master Instructor Luther Jarmon, Jr. Learn the steps to popular line dances? Wear comfy clothes and shoes! Get your heart pumping and boost your energy level!  
 Featuring: Luther Jarmon

**Shoals Singer/Songwriter Showcase**  
**1-3PM** - Florence-Lauderdale Tourism & Visitors Center, McFarland Park 200 Jim Spain Dr., Florence

Featuring: Gary Baker, Lenny LeBlanc, Donny Lowery  
**Music at the Mansion**  
**3-5PM**  
 Belle Mont Mansion, 1569 Cook Lane, Tuscumbia  
 Featuring: Kimble Funchess Quintet

**WC Handy Movie: "St. Louis Blues"**  
**3PM** - Alabama Music Hall of Fame, 617 US Hwy 72 West, Tuscumbia  
 A screening of the film "St. Louis Blues", starring Nat "King" Cole at WC Handy.

**Riverside Jamz\***  
**5PM** - McFarland Park – Florence Harbor, 1050 Clayborn Liles Dr., Florence  
 Bring lawn chairs and blankets. The best food vendors will be on site! Free shuttle from Florence Parking Deck to McFarland Park.  
 Rain location: Florence-Lauderdale Coliseum  
 Featuring: Rick Revel, Shoals Blues Band, Music City Misfits, Ariella, Kimble Funchess Band, Vann Burchfield, Lorinda "Pinky" Warren Pryor, Off the Chain

**UnderFlo Glow Party**  
**8-10:45PM** - UnderFlo Glow Party  
 Exclusive to high school students.  
 Featuring: DJ Primetime256

**Sunday, July 30**

**Handy Lunch:**  
**2-5PM** Kingpin's Speakeasy Lounge, 203 E. 6th Street, Suite B, Tuscumbia  
 Featuring: Jay Rath

**Tony Evans Experience**  
**5PM** - For The Record Music Hall, 1401 Huntsville Road, Florence  
 The Tony Evans Experience Day Party & After Dark Showtimes 6pm and 9pm call 404-374-3078 for more info.

**Sunday Funday at On The Rocks with Austin Bohannon**  
**5-8PM** - On the Rocks, 110 North Court St., Florence  
 Featuring: Austin Bohannon

**Swinging River Jazz Band**  
**6PM** - First Baptist Church, 209 N. Walnut St.  
 Featuring: Swinging River Jazz Band



**Wednesday, July 26**  
**5-7PM** - Swampers Bar and Grille, Marriott Shoals, 10 Hightower Pl, Florence

Featuring: TBA  
**Handy Happy Hour**  
**6-9PM** - Kingpin's Speakeasy Lounge, 203 E. 6th Street, Suite B, Tuscumbia  
 Featuring: Max Russell  
**6:30-9:30PM**  
 Location: Flobama, 311 North Court St., Florence  
 Featuring: TBA  
**7-10PM** - Fizz Bar & Grill, Clarion Hotel 4900 Hatch Blvd., Sheffield  
 Featuring: Big Joe & The Catfish Junkies  
**7-10PM** - On the Rocks, 110 North Court St., Florence  
 Featuring: Mill Burry  
**7:30-10PM** - Swampers Bar and Grille, Marriott Shoals, 10 Hightower Pl, Florence  
 Featuring: Dave Anderson  
**8PM** - Lava Room, 116 West Mobile Street, Florence  
 Karaoke Night!  
 Featuring: Karaoke  
**9PM-12AM** - The Boiler Room, 313 N Court St, Florence,  
 Featuring: Bluewater Revival  
**10:30PM** - Flobama, 311 North Court St., Florence  
 Featuring: Austin Bohannon

**Thursday, July 27**

**5-7PM** - Swampers Bar and Grille, Marriott Shoals, 10 Hightower Pl, Florence  
 Featuring: Drumb & Drumber  
**6:30-9:30PM** - Flobama, 311 North Court St., Florence  
 Featuring: TBA  
**7PM** - Lil Capone's, 3370 Cloverdale Road, Florence  
 Featuring: Big Al & The Heavyweights  
**7-10PM** - Fizz Bar & Grill, Clarion Hotel 4900 Hatch Blvd., Sheffield  
 Featuring: Dixie Mafia  
**7:30-10PM** - Swampers Bar and Grille, Marriott Shoals, 10 Hightower Pl, Florence  
 Featuring: Tasha Hill Band  
**8-11PM** - Kingpin's Speakeasy Lounge, 203 E. 6th Street, Suite B, Tuscumbia  
 Featuring: Cadence Baker  
**9-12AM** - The Boiler Room, 313 N Court St, Florence  
 Featuring: Robert Cline, Jr.  
**9-12AM** - On the Rocks, 110 North Court St., Florence  
 Featuring: Carpet Burn  
**10:30PM** - Flobama, 311 North Court St., Florence  
 Featuring: TBA

**Friday, July 28**

**5-7PM** - Swampers Bar and Grille, Marriott Shoals, 10 Hightower Pl, Florence  
 Featuring: Matt Prater  
**6-9PM** - Enjoy the unique dining experience at Salt. Cook your steak or preferred protein to your own preference at your seat with one of Salt's heated stones! While there, take in the sounds of Ariella! This is the perfect Handy experience and one you'll never forget.  
 Featuring: Ariella  
**6-9PM** - Kingpin's Speakeasy Lounge, 203 E. 6th Street, Suite B, Tuscumbia  
 Featuring: Southern Outline  
**6-9PM** - Jerk's Caribbean Bar & Grill, 215 N Montgomery, Sheffield  
 Featuring: The David Phillips Band  
**6-9PM** - Stephano's Southland, 1309 S Jackson Hwy, Sheffield  
 Featuring: Big Joe & The Catfish Junkies  
**6-9PM** - 306 Barbeque, 322 North Court St., Florence  
 Featuring: Josh Coutts, Roger

Rudolf, Kevin Sledge  
**6-9PM** - 306 Barbeque, 400 W Avalon Ave, Suite A, Muscle Shoals  
 Featuring: Kutter Bradley  
**6-11PM** - Hometown Pizza, 119 West 5th Street, Tuscumbia  
 Featuring: Greg Troynam (Karaoke)  
**6:30-9:30PM** - Flobama, 311 North Court St., Florence  
 Featuring: The Knockoffs  
**7-10PM** - On the Rocks, 110 North Court St., Florence  
 Featuring: Bad Ethel  
**7PM** - Lil Capone's, 3370 Cloverdale Road, Florence  
 Featuring: CONNR, Taylor Grace  
**7PM** - Champy's, 102 Second St., Sheffield  
 Featuring: Big Al & The Heavyweights  
**8-11PM** - Fizz Bar & Grill, Clarion Hotel 4900 Hatch Blvd., Sheffield  
 Featuring: Monkee & the Spank Daddys  
**8-11PM** - Swampers Bar and Grille, Marriott Shoals, 10 Hightower Pl, Florence  
 Featuring: Fathers & Sons  
**9PM-12AM** - The Boiler Room, 313 N Court St, Florence  
 Featuring: Brian Sutherland  
 Handy Night at Kingpins with Red Handed  
**10-2AM** - Kingpin's Speakeasy Lounge, 203 E. 6th Street, Suite B, Tuscumbia

Featuring: Red Handed  
**10:30PM** - Flobama, 311 North Court St., Florence  
 Featuring: Hunter & Jordan Band  
**10:30 PM** - On the Rocks, 110 North Court St., Florence  
 Featuring: DJ Mezmerize  
**Saturday, July 29**  
**5-8PM** - On the Rocks, 110 North Court St., Florence  
 Featuring: Local Brand  
**6-9PM** - Kingpin's Speakeasy Lounge, 203 E. 6th Street, Suite B, Tuscumbia  
 Featuring: Johnny Collier  
**6-9PM** - 306 Barbeque, 322 North Court St., Florence  
 Featuring: Brian Sutherland  
**6-9PM** - 306 Barbeque, 400 W Avalon Ave, Suite A, Muscle Shoals  
**6-9PM** - Kingpin's Speakeasy Lounge, 203 E. 6th Street, Suite B, Tuscumbia  
 Featuring: Johnny Collier  
**6-11PM** - Hometown Pizza, 119 West 5th Street, Tuscumbia  
 Featuring: Karaoke!  
**6:30-9:30PM** - Flobama, 311 North Court St., Florence  
 Featuring: Rewind of the Shoals  
**7PM** - Champy's, 102 Second St., Sheffield  
 Featuring: Big Joe & The Catfish Junkies

**8PM** - Lava Room, 116 West Mobile Street, Florence  
 Featuring: Red Mouth  
**8-11PM** - Fizz Bar & Grill, Clarion Hotel 4900 Hatch Blvd., Sheffield  
 Featuring: The Midnighters  
**8-11PM** - Swampers Bar and Grille, Marriott Shoals, 10 Hightower Pl, Florence  
 Featuring: Michael Curtis and Friends  
**8:30PM-12AM**  
 Location: On the Rocks, 110 North Court St., Florence, AL  
 Featuring: Coffee Black  
 Handy Musical Night at the Boiler Room, with Kabe Grammer & Wade Passier  
**9PM-12AM** - The Boiler Room, 313 N Court St, Florence  
 Featuring: Kabe Grammer, Wade Passier  
**9:30PM-1:30AM** - Kingpin's Speakeasy Lounge, 203 E. 6th Street, Suite B, Tuscumbia  
 Featuring: Kingpin's with The Rubber Band  
**10:30PM** - Flobama, 311 North Court St., Florence  
 Featuring: Second Creek  
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<p style="font-weight: bold; color: red;">2011 Toyota Camry</p> <p style="font-size: 1.2em; color: red; font-weight: bold;">\$98/weekly</p>	<p style="font-weight: bold; color: red;">2012 Nissan Sentra</p> <p style="font-size: 1.2em; color: red; font-weight: bold;">\$95/weekly</p>	<p style="font-weight: bold; color: red;">2013 Buick Verano</p> <p style="font-size: 1.2em; color: red; font-weight: bold;">\$99/weekly</p>
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# STRANGE but TRUE

- **Remember the stunning green Versace gown** worn by Jennifer Lopez at the 2000 Grammy Awards ceremony? Not only was it a sartorial feat of engineering, it inspired the creation of Google Images: The search engine added that function because so many people were looking for pictures of the outfit.
- **The beloved Sesame Street characters Bert and Ernie** were named for a police officer and taxi driver in Frank Capra's holiday classic "It's a Wonderful Life."
- **Biologists named a species of ants** unique to New York City "ManhattAnts."
- **Due to a shrimp's open circulatory system,** it has no arteries, and its organs just float around in its blood.
- **Spain's national anthem,** the "Marcha Real" ("Royal March"), is one of only four such anthems in the world (along with those of Bosnia-Herzegovina, Kosovo, and San Marino) to have no official lyrics.
- **British military tanks** are equipped to make tea.
- **The longest walking distance** in the world, from Magadan in Russia to Cape Town, South Africa,

is 14,000 miles. Be sure to take plenty of extra shoes!

- **On the other hand,** if you're more in line for a much quicker journey, hop on the world's shortest commercial flight, from Westray Island to Papa Westray Island in Scotland -- it'll take all of 90 seconds.
- **IKEA rugs** were used for the Night's Watch cloaks in Game of Thrones.
- **Abraham Lincoln** remains the only U.S. president ever to have held a patent. While his invention was registered as a device for "buoying vessels over shoals" in 1849, it was never actually used on boats or made commercially available.
- **Hellmann's, anyone?** In some countries, mayonnaise is a popular pizza topping.

**Thought for the Day:** "Great thoughts speak only to the thoughtful mind, but great actions speak to all mankind." -- Theodore Roosevelt

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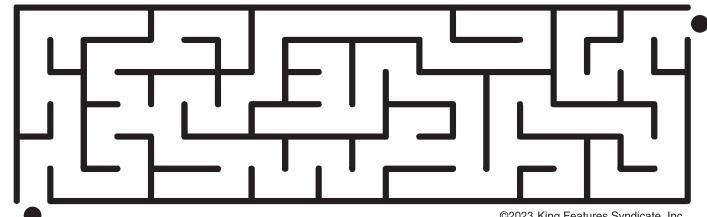
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### Kids' Maze



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### Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- |                      |           |                      |           |
|----------------------|-----------|----------------------|-----------|
| 1. Abundant liquid   | ___ T ___ | Thin biscuit         | ___ F ___ |
| 2. Wrist adornment   | ___ A ___ | Make a mess of       | ___ U ___ |
| 3. Cut of beef       | ___ H ___ | Farmyard sound       | ___ L ___ |
| 4. Rendezvous        | ___ Y ___ | Have faith in        | ___ U ___ |
| 5. Day of rest       | ___ Y ___ | Ice cream shop treat | ___ E ___ |
| 6. Jeopardy          | ___ N ___ | Macbeth's prop       | ___ G ___ |
| 7. Tote              | C ___     | Take to the altar    | M ___     |
| 8. Fireside          | ___ H ___ | Vigorous and robust  | ___ Y ___ |
| 9. Whittle           | ___ A ___ | Winding road sign    | ___ U ___ |
| 10. Inaudible speech | ___ U ___ | Physics interest     | ___ A ___ |

### WORD LADDERS

Can you go from BLAST to BOOST in 6 words? Change one letter for each rung in the ladder.

BLAST

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

BOOST

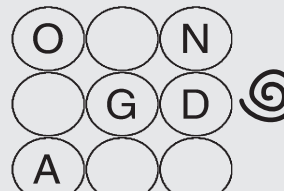
## Puzzle Whirl

### MINI SUDOKU

5	2			4
4	1			
6		1		
	3			
			4	
3				2

Place a number in the empty boxes in such a way that each row across, each column down and each small 6-box square contains all of the numbers from one to six.

### WORD SPIRAL



Fill in the missing letters to reveal the nine-letter word that starts at one of the four corners and moves clockwise around the perimeter before ending in the center.

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Answers on Page 30



# Savvy SENIOR

## How to Locate Interesting Volunteer Opportunities in Your Area

Dear Savvy Senior,

Can you recommend some good organizations or websites for locating interesting volunteer opportunities? I've been doing some volunteer work since I retired last year, but most of the jobs I've tried haven't been very fun or satisfying.

Retired Volunteer

Dear Retired,

For many retirees, finding a volunteer opportunity that meets your interests, utilizes your talents and fits your availability can be challenging. To help you find some interesting and satisfying volunteer opportunities, here are some tips and online tools that can help you search.

### Getting Started

Volunteering is a great way for retirees to make a positive contribution to their community and stay actively engaged, not to mention it's good for your health too. But how can you find the right opportunity for you? Start by asking yourself some basic questions like: What types of organizations or activities are you interested in? What kind of skills can you offer a volunteer organization? How much time are you willing to give? What do you want to gain from your experience (for example, meet new people, learn new skills, help those in need, exposure to a particular issue)?

Once you get a general idea of what you'd like to do, there are dozens of volunteer websites that can help you search for different opportunities in your area and virtually.

Most sites work like search engines that let you choose an area of interest and type in your ZIP code or city and state. The sites will then give you a list of opportunities that you can check into. Depending on your interest and expertise, here are some top websites to help you get started.

**General volunteer sites:** To find a wide variety of volunteer opportunities in your community that serve causes like children, animals, seniors, education, health, the arts and more check out sites like [VolunteerMatch.org](http://VolunteerMatch.org), [Engage.PointsofLight.org](http://Engage.PointsofLight.org), [IdealList.org](http://IdealList.org) and [UnitedWay.org](http://UnitedWay.org).

**Retired volunteer sites:** If you're interested in opportunities targeting older adults and retirees, some good options include AARP's [CreateTheGood.org](http://CreateTheGood.org), along with AmeriCorps Seniors ([AmeriCorps.gov/serve/ameri-corps-seniors](http://AmeriCorps.gov/serve/ameri-corps-seniors)), which matches retirees with community projects and organizations that need experienced volunteer help.

AmeriCorps Seniors offers three different programs: RSVP, which has a variety of volunteer activities with flexible time commitments; the Senior Companion Program that brings together volunteers with homebound seniors who have difficulty with day-to-day living tasks; and the Foster Grandparent Program that matches volunteers with kids in the community that have exceptional needs.

**Niche volunteer sites:** There are also a number of niche websites to help you look for specific types of volunteer opportunities in your area. For example, to find natural and cultural volunteer opportunities in places like national and state parks, see [Volunteer.gov](http://Volunteer.gov). If you're interested in emergency preparedness and disaster response volunteer services, try [Ready.gov](http://Ready.gov) or [RedCross.org](http://RedCross.org). If you have a knack for construction or have an interest in learning about interior design, see [Habitat.org](http://Habitat.org). Or, if you're interested in longer-term volunteer opportunities check out [AmeriCorps.gov](http://AmeriCorps.gov) and [PeaceCorps.gov/50plus](http://PeaceCorps.gov/50plus), which offers three-month to two-year programs in the U.S and abroad.

**Professional volunteer sites:** If you have expertise in areas like business planning and development, marketing, communications, finance, fundraising, web and graphic design, or writing and editing there are sites like [Catchafire.org](http://Catchafire.org) and [TaprootPlus.org](http://TaprootPlus.org) that can link you to volunteer opportunities with nonprofit organizations in need. Or you can help entrepreneurs and small business owners through the [SCORE.org](http://SCORE.org) volunteer mentoring program.

Send your senior questions to:  
Savvy Senior,  
P.O. Box 5443,  
Norman, OK 73070,  
or visit [SavvySenior.org](http://SavvySenior.org).  
Jim Miller is a contributor to the  
NBC Today show and author of  
"The Savvy Senior" book.



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Guest Commentary - Zack Smith

## Baseball...

Continued from Page 12

Manfred loudly proclaimed, “Major League Baseball fundamentally supports voting rights for all Americans and opposes restrictions to the ballot box.”

Did he even read or understand Georgia’s law before making that statement, or did he just listen to the political spin put out by Joe Biden, Stacey Abrams, and their ilk? Likely the latter, since he moved the game to Colorado, which ironically had implemented equally stringent election-integrity laws in certain areas, such voter ID and early voting, than Georgia’s.

Then there’s MLB’s horrendous record on partnering with radical LGBTQ+ organizations and promoting their radical ideologies. Most recently, one of MLB’s most storied franchises, the Los Angeles Dodgers, appropriately received widespread backlash over inviting a hate group—the Sisters of Perpetual Indulgence—to its “Pride Night” and bestowing a community “hero” award on it.

The Sisters of Perpetual Indulgence is a group of drag queens who dress up like nuns and put on blasphemous displays. To be sure, it was an egregious example of one MLB team partnering with radical groups. However, it is well-documented that many other teams have quietly engaged in equally egregious conduct. For instance, a *National Review* article last year showed that “at least 20 teams have promoted or funded groups that advocate or are directly involved in child gender transitions.”

And to complete the trifecta, MLB has partnered with and promoted, interests supported by the Chinese Communist Party. In the past several years, companies such as Miken Sports, which the MLB partially owns due to its position in the ownership group of Rawlings, have outsourced jobs to China.

MLB also has aggressively pursued operations and media expansions in China, too. For example, Tony Qi, the managing director of MLB China, has orchestrated deals with large Chinese conglomerates, such as Tencent, by landing broadcasting deals with Tencent Sports and Tencent Video.

The Communist Chinese government has sought to control shares in the company in order to allow it to have a significant say over Tencent’s business decisions.

And, of course, MLB continues to do business in and with China despite that government’s horrendous record of human rights abuses.

Americans should demand better from the keepers of America’s pastime. Regrettably, MLB doesn’t seem ready to change its ways. But maybe Americans should demand more from MLB and hold its leadership—and the leadership of each of its teams—accountable until it does.

This article was first published July 12 on *The Daily Signal* <https://www.dailysignal.com>

Zack Smith is a legal fellow in the Meese Center for Legal and Judicial Studies at The Heritage Foundation.

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**Weekly Quiz • Statues**

- These were found on a remote island in the Pacific Ocean on a Sunday. The island was named for the day the statues were discovered by westeners.  
 A) Easter B) Christmas C) St. Patrick's D) Thanksgiving
- In Washington, DC there is a memorial statue of Marines raising the U.S. Flag. Name the island where this occurred during WWII.  
 A) Hawaii B) Chi Chi Jima C) Iwo Jima D) Saipan
- Lady Liberty is an allegorical figure that stands on an island in New York harbor. Which country presented this to the USA?  
 A) England B) Italy C) Germany D) France
- The statue of David stands in Florence, Italy museum with his slingshot draped over his left shoulder. Who created this masterpiece?  
 A) Picasso B) Leonardo Da Vinci C) Galileo Galilei D) Michelangelo
- Name the statue of a goddess that stood in Athens, Greece that represents love, beauty, pleasure and procreation. A) Venus B) Godiva C) Aphrodite D) Mars

Answers: 1) A 2) C 3) D 4) B 5) C

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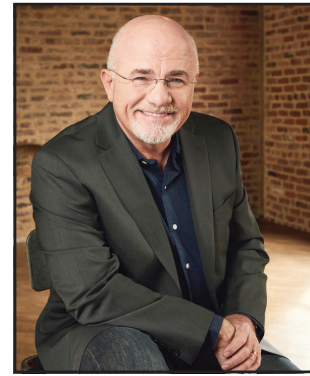
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**DAVE**  
**Says**  
 by DAVE RAMSEY

**FIND AN ADVISOR WITH THE HEART OF A TEACHER**

Dear Dave,  
 I'm a widow, and I retired recently. My husband took care of most of our finances. We never had any debt, but after my husband died and I started learning a little bit more about how money works, I'm concerned too much of it may be invested in CDs. The total nest egg is a little over \$1.5 million, with \$300,000 of that in CDs. There's also a \$317,000 annuity, a 403(b) and around \$900,000 in IRA mutual funds. I want to learn even more about financial matters, so how do you think I should handle things going forward?  
 Naomi

Dear Naomi,  
 Well, the CDs (Certificates of Deposit) give you stability, if nothing else. They're generally considered a safe, low-risk investment, but they don't really give you the best bang for your bucks. If you've had good luck with a variable annuity, that's fine, too. It sounds like you've also been very fortunate with your mutual fund investing. So, with all this money in different areas, you're definitely diversified. In my mind, it's just a matter now of wrapping your arms around it all and developing a deeper understanding of things going forward. I'd urge you to find an investment professional in your area with the heart of a teacher. I'm talking about someone who wants to help people, and is interested in more than just making money off fees or commissions. It sounds like you understand the value of learning about this stuff, and I'm really impressed by that. It's a smart and necessary thing. From here on out, every time you see an investment person—whatever it may be—your goal should be to leave the room smarter, and with more financial understanding, than you had before. Naomi, I'm truly sorry about your husband. But you two did an amazing job



appeared on "Good Morning America," "CBS This Morning," the "Today" show, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth, and enhance their lives. He also serves as CEO of Ramsey Solutions.



**EARLY FALL EQUIPMENT SALE!**  
 •Kubota M6800, 4x4, 72 HP, 1150 very low hours, 3 sets outlets, \$14,900. •Bush Hog Brand® 15' bathing cutter, 2315 solid low hours, \$5,800. •6.5 Heavy Duty Disc Seal Bearings, like new, \$1,500 (NICE). •Bobcat® Brand Backhoe Attachment, skid steer or 3 pt. mount, \$2,800. •4 ton Fertilizer Buggy Spreader, \$2,950. •New Rhino, 4' Bush Hog HD, \$1,350. •John Deere 5' Bush Hog, like new, \$1,650. •New HD 6' Box Blade, \$950. •John Deere new RX 300 Front-End Loader for 25-39 HP Tractor, \$3,950. •Pallet Forks, \$750. •Land Leveler, 7.5', \$750. •Plot or Garden Planters, no till, \$1,650. •7' No Till Grain or Seed Drills, pasture or plots (NICE), \$4,800. •2003 Dodge 2500, Diesel, 2WD, 4 door -LOWER PRICE- \$7,900. Tusculumbia.  
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**Courier Journal ADOPT A FRIEND**

The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

Meet **PATCHES**. We are overfull with the sweetest dogs in the whole world! Patches is a precious boy, who is 5 years old and the cutest chunky Jack Russell mix around. He and his housemates joined us because of their owner's declining health. **ADOPTIONS ARE CURRENTLY \$25** but still include everything your pet needs to be on track for a happy, healthy life: vaccines, spay/neuter, heartworm test, and a microchip. If you've been looking for a new family member we hope you'll make the shelter your first stop. Please call or come by **Florence Lauderdale animal services** 256-760-6676 to meet this all around amazing dog.

Meet **LIBERTY**. This beautiful girl can be shy at first but is an absolute doll. Liberty warms up to be very playful with toys and has some sweet cuddling moves up her sleeves. We think she's 2 years old and around 50 pounds. **ADOPTIONS ARE CURRENTLY \$25** and include spay/neuter, vaccines, heartworm test and a microchip. We have lots of really wonderful dogs and cats looking for someone to love them. Please call or come by **Florence Lauderdale animal services** 256-760-6676 to meet this beautiful girl.

Meet **FLOYD** (Left) and **MAYWEATHER** (Right). These 2 boys were found at Wilson Dam by a good Samaritan. These two might be two of the most precious boys ever! They are a little shy but they are heart meltingly sweet. Floyd and Mayweather are wiggly if you baby talk to them. Also they will show you their bellies, give sweet kisses, and take treats very gently. They have been very quiet since joining us and just seem very docile and gentle natured. These boys are about 7 months old and 35 pounds. They do not need to be adopted together. Please come meet them and our other doggos this week. The **ADOPTION FEE IS \$25 EACH** and includes heartworm test, current vaccines, spay/neuter and microchip. Please call or come by **Florence Lauderdale animal services** 256-760-6676 to meet these sweet dogs.

**AKC GERMAN SHEPHERD PUPPIES**, 6 weeks old, wormed, 1st shots, Call 256-468-2005 Decatur

**2 DRAWER GREY NIGHTSTAND**, never used, \$75. 256-290-8653 Moulton

**BASSETT HOUND PUPPIES**, \$550. Registered, 8 wks. old. 256-460-8504.

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**HAVE YOU SEEN KIDSVILLE News!** Yet? It's the Shoals' fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier Journal business office, 219 W. Tennessee St., Florence.

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**IT'S YARD SALE SEASON!**  
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# Music...

Continued from Page 12

acoustic performances by recording artist and Florence native, Hannah Clarke; Russellville native and country singer, Austin Bohannon; and national country music recording artist, Tony Evans Jr. as the headliner.

Both shows will be hosted by Florence native and renowned film and TV star, Cedric Pendleton.

Tickets are limited and may be purchased exclusively through the official website of The Record Room Music Hall at <https://fortherecordvenue.com/handy-festival>.

# LEGAL NOTICE

## STATE OF ALABAMA, LAUDERDALE COUNTY NOTICE OF ABANDONED AND UNCLAIMED MOTOR VEHICLES

Notice is hereby given that on **Tuesday, the 29th day of August, 2023 at 9:00 am**. The following motor vehicles will be sold at public auction for cash. The Auction will be held at **Horne Wrecker Service, Inc., 1634 State Street, Florence, Alabama**. Horne Wrecker Service Inc. will accept proof of ownership should anyone care to submit same, Monday through Friday, between the hours of 8 am and 5pm, until the day of the sale. **Vehicles may be viewed starting Monday, August 21st, 2023 between the hours of 8am and 5pm.**

YR/MAKE/MODEL	VIN#	TAG#	COLOR	TOWED FROM LOC
07 BMW	X3WBXP93407WF21306	TAL 41A10T	BLUE	SCHNEIDERS
01 MERCEDES SLK	WDBKK65F11F220151	AL 6279BA1	BLACK	SCHNEIDERS
14 NISSAN MURANO	JN8AZIMWSEW505765	LA 591FGX	BLACK	WOODWARD AVE
04 VW BEETLE	3VWCM21Y34M311200	AL41A0M8E	SILVER	SCHNEIDERS

# SIGNS OF THE PAST

**W.C. HANDY BIRTHPLACE**

William Christopher Handy, widely honored as the "Father of the Blues," was born in this house on November 16, 1873. In his autobiography, Handy traced the key events in his discovery of the blues back to his time in the Mississippi Delta, beginning in 1903. He also wrote that the music he had heard as a child in Florence "generated the motif for my blues." Here he also received the musical training in school and church that prepared him for his illustrious career.

**Location:** 620 W College St,  
Florence, AL 35630  
34.7955°N, 87.6848°W

Handy's two-room log cabin originally was several blocks north of the marker location, but the cabin was reconstructed in this location in 1970. He moved to Memphis in 1909 where he wrote his "Memphis Blues". His very successful publishing business moved to New York nine years later. Handy often visited friends in Florence, until his death in 1958. Each July, the "W. C. Handy Music Festival" celebrates the "Father of the Blues".

~ Courtesy David Curott ~ author of "Signs of the Past" and "More Signs of the Past"

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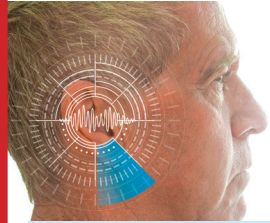
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## Community Notes...

Continued from page 19

**"Hi Neighbors of the Shoals"** meets on the first Tuesday of each month (August 1) at 10:30am in the Florence Public Library. We are a women's social group that welcomes all ladies who are current Shoals residents. Come join us! Contact Berta Birch, 256-777-3119, for further details.

**Infants - Adults Clothes And Shoes Give Away** on Thursday, August 3 from 8-10am at the Care Center, First Baptist Church, Killen.

**Mt. Moriah Primitive Baptist Church** in Florence is seeking a Senior Pastor. Please go to [mtmoriahflorence.com](http://mtmoriahflorence.com) or call 256-765-0312 for more information.

**The Florence Farmers Market** (corner of Chisholm and Fairground Roads) will open on Tuesdays, Thursdays and Saturdays in July, August and September and Saturdays in October. Hours of operation are 6am-1pm each day.

There will be 35 sellers of fresh fruit and vegetables, meats, baked goods, eggs, local honey, flowers and plants, and firewood.

The market has a safe, atmosphere where children are welcome. There is plenty of parking and accessible rest rooms.

**ArtWorks Member Exhibition** - Tennessee Valley Museum of Art, 511 N. Water St., Tusculumbia, ArtWorks is the Tennessee Valley Museum of Arts annual show featuring work by members of the Tennessee Valley Art Association. The exhibit is Now-Aug. 18 at the museum at 511 N. Water St., Tusculumbia, Now-Aug. 18. Museum hours: 9 a.m. to 5 p.m. Tuesday-Friday and from 10 a.m. to 5 p.m. Saturday. Museum admission: \$5 for adults; \$3 for students; free for TVAA members.

**Heritage Christian University's 2023 Heritage Event** will showcase a remarkable lineup including The Frontmen, The Secret Sisters, and Cadence, Shane, and Gary Baker on August 26 at the Marriott Shoals Conference Center in Florence.

The Heritage Event is an annual fundraiser for the university. This year's lineup includes an exceptional blend of musical genres and attendees can anticipate a memorable experience and breathtaking performances.

General admission tickets for the 2023 Heritage Event are priced at \$75 and are available for purchase through the HCU website and Eventbrite. Additionally, table sponsorships are available, offering a unique opportunity for businesses and organizations to support the university while enjoying an exclusive and unforgettable evening of entertainment. For more information about the 2023 Heritage Event and to purchase tickets, please visit [www.hcu.edu](http://www.hcu.edu).

**Social Dance on Tuesday Nights, 6:30-8:45, at The Club (Florence Senior Center)**, 450 Country Club Drive in Florence. Music from across the decades provided by The Browns. The Club is an alcohol, drug, smoke, and weapon-free facility. 256-760-6420.

**Joints in Motion, chair exercise class, Tuesday, Thursday, and Friday at The Club (Florence Senior Center)**, 9:30am. No charge.

**BINGO Wednesdays 10:15am until our 11:30am lunch (w/ \$1 lunch donation)!** If you are 60+ you can join us for lunch and games. 256-760-6420.

**Theater and art camp registration** is taking place NOW at the Tennessee Valley Museum of Art in Tusculumbia. Details below. For more information or to register visit [www.tennesseevalleyarts.org/school/](http://www.tennesseevalleyarts.org/school/)

**Advanced Portrait Oil Painting for Adults** August 3, 4, & 5, 10am - 4pm. Using a live model, Martha Carpenter will begin a 3-day workshop to provide demonstration, as well individualized instruction and critique, to help students complete their oil portrait. \$425 for general public \$415 for TVAA Family/Friend members and above

For more information or to register visit [www.tennesseevalleyarts.org/school/](http://www.tennesseevalleyarts.org/school/)

**The 2nd Annual Stayin' Alive Disco Dodgeball** for St. Jude will be 10am Saturday, August 19 at the Mars Hill Bible School old gymnasium in Florence. All proceeds benefit St. Jude. \$10 per team member. Youth and adult teams (church groups, family and/or business teams). Donation for admission. Register, donate, purchase event shirt and/or livestream at [benandtravis.com/dodgeball](http://benandtravis.com/dodgeball).

**Northwest Alabama Resource Conservation and Development Council (RC&D)** invites you to attend the upcoming Lauderdale Women In Agriculture Conference on Thursday,

August 24 from 10am-3pm at Sweet Water Depot, 502 S Royal Ave in Florence. Registration: 9:30am. Sign-up is required by Friday, August 11. For more information, please email, [vking@nwalrcd.org](mailto:vking@nwalrcd.org) or call 256-383-1446.

**Marvin Morrow & Verdell will be singing** at Washington Baptist Church, Sunday, August 27 at 5PM, 201 N.E. Broadway Ave., Muscle Shoals.

**Northwest Alabama Resource Conservation and Development Council (RC&D)** will host the Colbert County Women in Ag Conference October 28. Call the Colbert County extension office for more information, 256-386-8571.

**The Club (Florence Senior Center) and Diamond Tours** presents the Myrtle Beach Holiday Show Trip November 27-December 2, 2023 (Monday - Saturday) 6 days, 5 nights \$798/person (dbl occupancy). The incredible price includes: motorcoach transportation, 5 nights lodging including 3 consecutive nights in Myrtle Beach area; 8 meals -5 breakfasts and 3 dinners.

This trip is popular and is filling quickly. Call for more info or to book, Fran 256-760-6442. \$75 due upon signing. Final payment due Sept. 20. Departure on November 27 from The Club, 450 Country Club Drive in Florence.

**Florence Parks and Recreation/The Club/Florence Senior Center**, hosts a variety of activities for adults throughout the week. Chair exercise classes, line dancing, Square dancing, social dancing, BINGO, \$1 lunch, Rummy, Rummy cubes, Rook, Mexican Train & Chicken Foot Dominoes. 9am-3:30pm. 450 Country Club Drive in Florence. Group Travel is available for the community. Call for specifics. 256-760-6420.

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For more information, on how you can volunteer and help change a child's story contact us today.

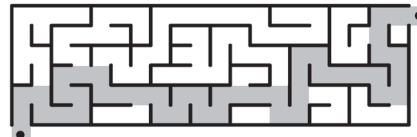
Heather Begley - Executive Director  
256-765-0041 • [hbegley@shoalscasa.org](mailto:hbegley@shoalscasa.org)

## Puzzle Whirl Answers

### Even Exchange answers

1. Water, Wafer
2. Bangle, Bungle
3. Chuck, Cluck
4. Tryst, Trust
5. Sunday, Sundae
6. Danger, Dagger
7. Carry, Marry
8. Hearth, Hearty
9. Carve, Curve
10. Mutter, Matter

### Kids' Maze Solution



### WORD LADDER

Answer

BLAST, BOAST, TOAST  
ROAST, ROOST, BOOST

### Word Spiral

Answer

ABOUNDING

### MINI SUDOKU

Answer

5	2	3	6	1	4
4	1	6	2	3	5
6	5	4	1	2	3
1	3	2	4	5	6
2	6	5	3	4	1
3	4	1	5	6	2



# Medicare Minute

## "4 Parts of Medicare"

Did you know there were four parts to Medicare not two? Did you know that two of the parts you can get through the federal government but the other two parts, if you choose to take them, must be purchased through private insurance companies? Finally, did you know most people have an option as to whether to sign up for three of the four parts of Medicare? To some these are very simple questions but to others they can be very confusing.

The four parts of Medicare are labeled Part A, Part B, Part C and Part D. Over the next few weeks we will discuss each of the four parts in detail but for today let's simplify things by saying that Part A is your inpatient or hospital care, Part B covers your outpatient services, Part C is called Medicare Advantage and Part D is your prescription drug plan.

The two parts of Medicare that you receive through the federal government are Parts A & B. The two parts that can be purchased through private insurance companies are Parts C & D. So which parts are optional for most people? That would be Parts B, C and D.

It's very important for the Medicare beneficiary to be familiar with each of the four parts of Medicare and what they cover. Here are some ways you can do that. First you can go to Medicare.gov. This is an excellent website that will tell you everything you want to know about Medicare. You can also refer to the "Medicare and You" handbook. Another way to learn about the basics of Medicare is to attend one of the Medicare Education Classes our company conducts. They are free of charge and open to the public. Just contact our office for times and dates. Of course you can also check out the "Medicare Minute" each week in the Courier Journal!!

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



Ikey Fowler

885 Florence Blvd. • 256-648-5710  
(Four Lane Shopping Center)



# Soap Opera Preview

**DAYS OF OUR LIVES**  
Whitley experienced a break from reality. Rafe and Jada were stunned to find a lifeless Lani. Marlena received word that Abe was alive. Chad opened up to Theo. Alex visited Stephanie. Belle asked Kristen to recant her statement. Brady admitted to Eric that he threatened Kristen. Li recounted what happened with Melinda. EJ and Nicole saw a baby specialist. Melinda and Sloan bonded. Guilty Leo tried to support Gwen. Chad and Stephanie's evening plans were interrupted. EJ and Nicole learned Sloan was pregnant with Eric's baby. Sloan panicked that her secret would come out. Gwen suddenly returned to find Leo and Dimitri together. Abe woke up. Lani was forced to say goodbye. Marlena visited Whitley. Nicole learned that the test results were in. *Wait to See: Gabi and Stefan are getting married. Dimitri sexts Leo, and Gwen sees his messages. Rafe tells Jada that he is ready to go public.*

**GENERAL HOSPITAL**  
Dex made a grisly discovery. Nina scored points with Willow. Drew confronted Cyrus. Sonny walked in on an argument. Carly shared some big news with Josslyn. Ava came clean. Liz and Finn went on a date. Sonny advised Dex. Brook Lynn issued a dare. Portia tried to provide comfort. Sam and Dante discussed a case. Portia was caught off guard. Michael and Willow affirmed their love. Dex briefed Josslyn. Ava had some explaining to do. Finn offered counsel. Maxie considered a move. Portia opened up to Liz. Gladys delivered some bad news. Nina encountered Carly. Laura and Valentin were on the hunt. Kristina visited Molly. *Wait to See: Ava has a new reason to worry. Trina advises Josslyn. Michael and Carly catch up.*

**THE YOUNG AND THE RESTLESS**  
Jack encouraged Diane to play dirty. Ashley and Tucker heard wedding bells. Phyllis hit a roadblock. Victor approached Sally with an opportunity. Chance was suspicious of Adam. Jack encountered someone from his past. Jill sought counsel from Victor. Billy and Nate shared a difference of opinion. Audra worked to impress Nick. Phyllis reunited with Jack. Billy took on a new role.

Lauren lost her cool. *Wait to See: Victor teaches Adam a painful lesson. Diane celebrates a win. Ashley is forced to defend herself.*

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