

Run, Walk and Dance at Gorham's Glow in the Park



GORHAM, ME (July 28, 2023) --Mark your calendars for the Glow in the Park family Fun Run/Walk & Post Race Dance Party on Friday, August 25th 2023. On-site registration 6:00pm-7:00pm; race starts at approximately 7:15pm.

Come on out to Shaw Park (55 Partridge Lane, Gorham) for an evening of family fun, and take part in a 5K or 1.5 -mile fun run/walk.

Enjoy the pre race family fun games from 6-7pm and post-race dance party immediately following the race (The 5K and 1.5-mile fun run/walk will not be officially timed.) T-shirts available for purchase at Shaw Park.

After the race, stay around for the dance party - we will be handing out special prizes for Glow runners who are the brightest, most flashy, and most reflective!

Proceeds benefit recreation programs and Shaw Park improvements.

Registration fee includes bib and glow in the dark necklace, and bracelet: https://gorhamme.myrec.com

*Pre-Registration Closes at 3:00pm on August 25th!

*Race Day Registration opens at 6:00pm at Shaw Park

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GORHAM, ME (July 28, 2023) --The Gorham Educational Foundation is a nonprofit organization that supports the academic excellence and enrichment of launching a fundraising campaign to raise money for grants that will benefit our students and teachers educational experience.

We invite you to make a donation to help us make a difference in the lives of our children and our future. Every contribution counts, no matter how big or small.

When we reach \$500 in donations, all donors will be entered into a drawing for 2 tickets to Funtown.

When we reach \$1,000 in donations, all donors will be entered into a drawing for a \$100 Hannaford Gift Card.

Thank you for your support and generosity! Together, we can make Gorham a better place to learn, grow and thrive!!!

To donate, see The Gorham Educational Foundation's Facebook page.

Sea Dogs Host Patriots for Gorham Community Night

GORHAM, ME (July 28, 2023) --Residents of Gorham are invited to join us at Hadlock Field for Gorham Community Night on Thursday, August 31 at 6:00pm when the Sea Dogs host the Somerset Patriots. As part of the night, we will be recognizing individuals and organizations for their hard work and dedication to the Gorham community.

Gates to the ballpark will open at 4:30pm.

Special Ticket Pricing for Gorham Residents

General Admission: \$7.00 Reserved: \$9.00 Box: \$12.00



Purchase tickets here: https://fevogm.com/event/Gorhamcommunity

Send all items for Names & Faces to the editor. Deadline is Friday by five pm.

Email us for enrollment information: beforeandaftercare@summitmaine.org

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for craft projects, wood craft supplies, dowels, shaker pegs, wooden balls, slate for painting. storage racks, totes, lifejackets, (people and large dog), free box for the curious.

A NEW BEGINNING!

As of August 1, 2023, Cressey Road United Methodist Church in Gorham, Maine, is becoming Cressey Road Christian Church, a Global Methodist Church, After an extensive period of deep prayers, much communication and soul searching, the congregation of our church has voted to join with this new movement of Methodist Christianity. We would like to invite you to visit us and see that our congregation loves and welcomes all as we focus on Jesus and the truths of God's words. If you are interested in knowing more about why we made this change or just about who we are as a church, please contact us at 207-839-1111 or email us at: tday1@maine.rr.com. Our Mission is to love the lord, love each other, serve the world.

Newsmakers, Names & Faces Barbara Prey Projects To Benefit UNICEF



Barbara Prey signing her print Standing Together at Barbara Prey Projects

PORT CLYDE, ME (July 28, 2023) -- Barbara Prey's iconic painting Islands from Above is unique in her body of work. She will sign a print release of Islands from Above Sunday, August 6 from 4-5 pm at Barbara Prey Projects in Port Clyde. Sales of the Islands from Above print

will benefit UNICEF.

Also available at the signing are other recent print releases including Fibonacci's Workshop, collection of The National Gallery of Art in Washington D.C., Family Portrait, collection The Brooklyn Museum and a print release of her MASS MoCA commissioned painting MASS MoCA:Building 6.

MASS MoCA commissioned Prey to paint the largest watercolor in the world for their recently opened building. Many others of her prints limited edition prints will be available. Her annual exhibit Still Light is July 20- Labor Day at Barbara Prey Projects.

As one of the key figures of 21st century painting, Prey was appointed by the President of the United States to the National Council on the Arts, the advisory board of the National Endowment for the Arts. Members are chosen for their established record of distinguished service and achievement in the arts.

ABOUT THE ARTIST "She is, quite simply

she is, quite simply put, the world's pre-eminent watercolorist, persisting over the past four decades in the mastery of her idiom." -Museum Director Charles Riley

Barbara Prey is considered one of America's

foremost painters. A living master, her recently completed commission for MASS MoCA, described as a "technical tour de force" by Director Joe Thompson, is the largest watercolor ever exhibited. Her paintings are in the collections of the National Gallery of Art, the Brooklyn Museum, the Smithsonian Art Museum. the White House, the Kennedy Space Center, among many other public and private collections.

For the past decade she has been a member of the National Council for the Arts, the governing body of the National Endowment for the Arts, a position she was appointed to by the President. In 2003 her painting of the Diplomatic Reception Room was featured on the White House Christmas card. With dozens of artworks commissioned by government agencies and institutions, such as four paintings for NASA, Prey is a global ambassador for American Art. Tapped anEmbassies program, Prey's work has been on display in over one hundred U.S. Embassies and Consulates worldwide, including those in Paris, Hong Kong, and Madrid. Her painting Gallantly Streaming is currently on exhibit in the lobby of the U.S. Mission to the U.N.

Prey earned a Bachelor's degree from Williams College, where she is an adjunct faculty member, and a Master's degree from Harvard University. She has received numerous institutional accolades, including a grant from the Henry Luce Foundation, and the New York Senate's "Women of Distinction" Award, joining Eleanor Roosevelt and Susan B. Anthony.

ABOUT THE GAL-LERY

Barbara Prey Projects is a gallery and exhibition space in Port Clyde, ME. Celebrating 23 years this summer, the gallery is housed in a historic waterfront structure that has been part of the community since the late 1800s.

BARBARA PREY PROJECTS

Main St., Port Clyde, ME 04855

10:00 am – 5:00 pm, daily 207-372-8087

www.barbarapreyprojects.com | info@barbarapreyprojects.com



nually for the U.S. Art in Prey in front of her painting at MASS MoCA

Red Cross Supports Recovery for Vermonters

MONTPELIER, VT (July 28, 2023) --Two weeks after Vermont was hit with catastrophic flooding, the American Red Cross continues to help people in the hardest hit areas. More than 250 Red Cross volunteers from Vermont, New Hampshire, Maine and states across the country are in the Green Mountains to feed, shelter and support Vermonters during their time of need.

RED CROSS SER-VICE DELIVERY

Since shelters opened, the Red Cross and our partners have provided 873 overnight stays for more than 191 residents in

two emergency shelters. With the help of part-

ners, a total of 9,485 meals and 15,427 snacks have been provided.

To date, 27,106 relief items, including comfort kits and other supplies have been provided to people in need and 2,520 total households have been served.

This Red Cross disaster relief operation is supported by 257 trained Red Cross disaster workers.

Even as the American Red Cross delivers disaster relief such as food and shelter, we also think about the future and plan for how to help impacted communities and families recover in the months and years ahead. Every disaster is different, and so are the needs of each affected community and family. The Red Cross works closely with local partners to create plans and coordinate recovery services to ensure people get the help they need to get back on their feet.

DISASTER RE-COVERY CENTERS

Our trained disaster workers will offer individual disaster care and recovery services at FEMA Disaster Recovery Center (DRC) locations. Red Cross services include disaster mental health, disaster spiritual care and disaster health services. To find the DRC closest to you, please visit https:// egateway.fema.gov/ESF6/ DRCLocator

Multi-agency resource centers are also being led by the state of Vermont in multiple locations. For a complete list, please visit https://vem.vermont. gov/flood/marc

DONATE LIFE-SAVING BLOOD

Changing weather conditions can force the cancellation to blood drives or cause lower donor turnout. Individuals in unaffected areas — especially those with type O blood types — are urged to give blood now to help ensure patients in impacted areas continue to have access to lifesaving blood.

Please schedule an appointment to give blood at the above blood drive or find other donation opportunities near you by using the Red Cross Blood Donor App, visiting Red-CrossBlood.org or calling 1-800-RED CROSS (1-800-733-2767).

OTHER WAYS YOU CAN HELP

You can help people affected by disasters like flooding and countless other crises by making a donation to support Red Cross Disaster Relief. Your gift enables the Red Cross to prepare for, respond to and help people recover from disasters big and small.

Visit redcross.org, call 1-800-RED CROSS or text the word REDCROSS to 90999 to make a \$10 donation.

The Red Cross is not accepting donations of clothing or household items, as these types of donations divert resources away from our mission.

Due to health code regulations, the Red Cross cannot accept donations of homecooked meals or food items not prepared in a commercial kitchen.



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Newsmakers, Names & Faces

Kimberly Bean joins Norway Savings Asset Management Group



PORTLAND, ME (July 28, 2023)–Norway Savings Bank is pleased to announce that Kimberly Bean was recently promoted to Trust Associate of the Asset Management Group (AMG). In her new position, Bean is responsible for assisting clients through opening accounts, making transfers and responding to inquiries. Bean will also prepare reports to support the AMG team as they

work to exceed their clients' expectations.

Bean joins the Asset Management Group with 27 years of customer service experience including two years of retail banking experience, working as a Customer Relations Representative in the Norway Savings Bank Portland market branches.

"Our clients are accustomed to working with a knowledgeable, friendly and accommodating team," stated Jennifer Cook, SVP, Head of Trust & Wealth Management. "Kimberly's background in customer service and retail banking makes her a great fit for the Asset Management Group."



Kimberly Bean, Trust Associate – Norway Savings Asset Management Group

Mountain Bike, Trail Running Event to Benefit Local Non-Profit

WESTBROOK, ME (July 28, 2023) -- Winter-Kids, a non-profit organization focused on helping Maine children develop healthy habits through education and outdoor winter activities, is proud to announce its newest fundraising event, WinterKids Mountain Mayhem. This exciting 12-hour mountain bike and trail running event will take place from 7:30 a.m. - 7:30 p.m. on September 9, 2023, at Mount Abram in Greenwood, Maine.

WinterKids Mountain Mayhem is an opportunity for outdoor enthusiasts to enjoy the beautiful Maine outdoors while supporting a great cause. Participants can

choose to participate in either a 12- hour mountain bike challenge or a 12-hour trail run. The event is open to individuals 16 years old and up, and teams of up to 6 people of all levels, from novice to expert.

"WinterKids Mountain Mayhem is a unique and exciting way for people to support our mission of helping Maine children develop healthy habits through education and outdoor winter activities," said Julie Mulkern, Executive Director of WinterKids. "We are thrilled to be part-



nering with our longtime supporter, Mount Abram, to bring this event to life, and we look forward to seeing everyone out on the trails."

In addition to supporting a great cause, participants in WinterKids Mountain Mayhem can earn incentives, win a variety of prizes, and enjoy food, a special Mountain Mayhem brew courtesy of Orono Brewing Co., live music, and more.

Registration for WinterKids Mountain Mayhem is now open through August 25, 2023.

To learn more about the event, or to register, visit the WinterKids website at winterkids.org/mountain-mayhem. *About WinterKids*

WinterKids is a nonprofit organization based in Maine that provides children with opportunities to stay active, healthy, and learn outdoors during the winter months. Since its establishment in 1997, WinterKids has been dedicated to ensuring that hundreds of thousands of children embrace the joy of outdoor winter activities while reaping the numerous physical and mental health benefits they provide. Through their innovative programs, including the WinterKids App, WinterKids Winter Games, Welcome to Winter, License to Chill, WinterKids StoryWalk & Snowshoe Loan Program, Winter-Kids Learn Outside Guide, WinterKids Peisner Nordic Fund, WinterKids Downhill 24. and D24 Outdoor Fund, WinterKids helps children develop healthy lifelong habits through fun, outdoor winter activity. To learn more about WinterKids, please visit www. winterkids.org. Our Major Community Sponsor is L.L. Bean. Our Supporting Sponsors are Agren, Central Maine Power, Harvard Pilgrim Health Care, WEX, and WMTW Channel 8 and The CW.

Fragments Of Epic Memory Opening at The PMA

PORTLAND, ME (July 28, 2023) -- Fragments of Epic Memory is an immersive encounter with the Caribbean and its diaspora that vividly intertwines past and present, memory and myth, and continuity and change, creating a testament to the enduring power of art to illuminate the complexities of personal experience.

From the streets of Jamaica to the shores of Trinidad and Tobago, Fragments of Epic Memory connects, contextualizes, multifaceted and revelatory ways of understanding the region's history. Fragments of Epic Memory recenters the narrative from the dynamic perspectives of the Caribbean diaspora. Captivating contemporary works from

leading artists of Caribbean descent are placed in dialogue with more than 100 photographs from the Art Gallery of Ontario's Montgomery Collection of Caribbean Photographs, which document the emergence of photography alongside the unfolding of emancipation. The Montgomery Collection includes over 3,500 historical images from 34 countries, and primarily focuses on the aftermath of enslavement in the region. British emancipation in the

Caribbean (1838) coincided almost exactly with the invention and proliferation of photographic technologies (1839), and this unique collection provides a visual archive of colonialism, evoking new ways to consider the region's histories and cultures.

Photographs, paintings, and video installations by a multigenerational group of artists such as Sandra Brewster, Vanley Burke, Christopher Cozier, Jeannette Ehlers, Nadia Huggins, Leasho Johnson, Ebony G. Patterson, Peter Dean Rickards, Paul Anthony Smith, and Rodell Warner, engage with legacies of slavery, environmental decimation, and ongoing colonial power dynamics, ultimately Caribbean platforming perspectives. Each piece comes together in a multifaceted presentation of the

Caribbean as a site of cultural exchange and self-determination. Fragments of Epic Memory is as much an exploration of what was lost as what has survived.

Through these fragmented glimpses, we are reminded that our collective memory is an interwoven tapestry of existence, connecting us in ways seen and unseen.

Fragments of Epic Memory is curated by Julie Crooks, PhD, Curator, Arts of Global Africa and the Diaspora at the Art Gallery of Ontario. The Portland Museum of Art's presentation is organized by Anjuli Lebowitz, PhD, the Judy Glickman Lauder Associate Curator of Photography.

Fragments of Epic Memory is organized by the Art Gallery of Ontario.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

and complicates historical depictions of the Caribbean region as a place for colonial profit and tourist pleasures. By combining historical and contemporary materials, the exhibition transforms stagnant and biased narratives into

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Saco River Paddlers Urged To Exercise Caution



Image of the debris obstruction blocking a portion of the Saco River.

FRYEBURG AND BROWNFIELD, ME (July 28, 2023) -- The Maine Warden Service is urging canoeists and kayakers on the Saco River to use extreme caution due to a debris obstruction blocking passage between mile 17 and 18 on the Saco River.

Continued high water along the upper Saco River Corridor has created a nearly impassable debris obstruction on the river. Paddlers are encouraged to take out at the Lovewell Pond access site before reaching this site, or portage their boat and gear around the obstruction. The obstruction has

blocked the width of the river, which is approximately 50 yards in width, and has precipitated the rescue of at least 17 paddlers in the past ten days.

The Maine Warden Service is notifying canoe and kayak rental businesses in the area about the obstruction, urging the businesses to inform paddlers about the obstruction, and to instruct paddlers on how to portage around the obstruction, or to tell paddlers to take out at the Lovewell Pond access site. The Maine Warden Service also plans to post signs at put-in access sites on the river, alerting people to the obstruction, and how they can avoid it.

The Maine Warden Service encourages all paddlers to always wear their lifejackets when in a canoe, kayak and paddleboard, and to never paddle alone. Additional safety



Game Wardens used an airboat to visit and assess the site.

gear such as a throw rope and a throwable PFD is also recommended. Due to the highwater on the Saco, canoeists should be on the lookout for debris, downed trees called strainers that impede water flow, and swifter currents.

Northeast Credit Union Hosts Nourish Maine Road Race Series

PORTSMOUTH. NH (July 28, 2023) – The Northeast Credit Union Foundation announces the Nourish Network Road Race Series for the fall of 2023. These races will be held in Southern Maine, and in the spirit of advancing the Foundation's mission to enrich and nourish the lives of others, a portion of the proceeds from each race will benefit a different non-profit with ties to the Pine Tree State.

Northeast Credit Union has partnered with the organizers of Rock Row in Westbrook to host the first race in the series on Sunday, October 1st. Centered around a 26-acre quarry, The 5K run/walk will start at 10am at Rock Row; proceeds will support Safe Passage, a top-rated, non-profit school in Guatemala City. Safe Passage School, founded by a Bowdoin College alum and headquartered in New Gloucester, brings hope, education, and opportunity to the children and families trying to make a living around one of the largest landfills in Central America On October 15th,

the Nourish Network

Road Race Series will partner with Grahamtastic Connection in Springvale to present the Grahamtastic Connection 5k Run/Walk and Celebration starting at 10am at the Nasson Community Center. Grahamtastic's mission is to provide free technology to children with cancer and other serious illnesses to support their education, as well as their social and emotional well-being. Technology, including iPads, laptops, robots, and Internet access, enables children to continue their education during treatment while

also remaining connected to family, friends, and medical providers. Following the race, there will be a celebration to honor Grahamtastic's 25th anniversary – complete with a free BBQ, silent auction, raffles, and more!

The third 5K in the race series will occur on Sunday, October 29th at Biddeford's Clifford Park. Starting at 10am, this Halloween-themed run/walk will feature prizes for the best costumes and will benefit Apex Youth Connection, an after-school program for kids in grades 5-12. This organization challenges comfort zones and expands perceptions, gently pushing youth to set and reach goals they never thought possible. Apex creates a safe space for children of the Biddeford area to learn, socialize, stay active, and get real-world experience.

"The Northeast Credit Union Foundation believes in supporting local organizations who are doing their part to enrich and nourish the lives of others. Joining forces with these important organizations to bring the Nourish Network Road Race Series to life will not only benefit our Maine communities, but will have lasting impact on a global scale" stated Dan Raposa, Executive Director of the Northeast Credit Union "Whether Foundation. folks support the race series by participating, volunteering, fundraising, or donating to a participant, there are opportunities for everyone to join the movement and make a difference," Raposa added.

To learn more about the Nourish Network Road Race Series and to register to participate in the races, visit: necu.org/ race.

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PORTCLYDE,ME (July 28, 2023) -- JonMot will present "GOODBONES" Open Studio 2023August 5th and 6th, 10 amto 5 pm at Fieldstone Castle,129 Marshall Pt LighthouseRd, Port Clyde, Maine. Anartist tour and talk will takeplace Sunday, August 6th at1 pm. Jon's latest collection

of original colored pencil landscapes and still lifes as well as recently released additions to his limited edition Portfolio Print Collection will be displayed.

A Rhode Island School of Design trained artist and architect, his talents for technique and design have been widely recognized as unique and evocative. Jon's artwork has been featured in over 30 gallery and museum exhibitions and is represented worldwide by MassoniArt. com and SomervilleManningGallery.com.

For more information: JonMortStudio.com or 207-372-8658.

Greg Mort Holds "Illuminations" Open Studio

PORT CLYDE, ME (July 28, 2023) -- Greg Mort will host his annual summer Open Studio "IL-LUMINATIONS" August 5^{th} and 6^{th} , 10 am to 5 pm at Fieldstone Castle, 129 Marshall Pt Lighthouse Rd. Port Clvde. Maine. An artist tour and talk will take place Sunday, August 6th at 1 pm. Mort created "ILLU-MINATIONS" an extraordinary collection of twelve watercolor and mixed media works of art that elevates the realism genre to new heights. His concept

combines craft and technology to draw the viewer into the image on an interactive level that only truly singular virtuosity can achieve using 21st century materials to expand the normal range of luminosity beyond those possible in traditional painting techniques. This dynamic interaction between art and viewer is only possible in real time with the work and cannot be achieved with reproduction.

Mort's paintings have been exhibited around the world, most recently in the CLIMATE ACTION - IN-SPIRING CHANGE exhibition at the Peabody Essex Museum and the White House through the Arts in Embassies Program. His original works are in the permanent collections of the National Gallery of Art, Smithsonian Museum of American Art, Smithsonian National Air and Space Museum, Portland Museum of Art, Farnsworth Museum and many more. A lifelong naturalist, in 2007 Mort co-founded The Art



of Stewardship a nonprofit initiative that supports art and environmental partnerships. For more information: GregMort.com and 207-372-8658.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

Senate Designates July as "National Blueberry Month"

WASHINGTON, D.C. (July 28, 2023) – The U.S. Senate unanimously passed a bipartisan resolution, cosponsored by Senators Susan Collins and Angus King, designating the month of July as "National Blueberry Month." The resolution recognizes the importance of blueberries to Maine, and the United States' agricultural economy, and highlights the crop's history. Senators Collins and King included language in the resolution specifically paying tribute to Maine wild blueberries and Wabanaki blueberry heritage.

"Wild blueberries have a special place in our state's history, providing nutritious, delicious fruit for centuries dating back to Maine's tribal communities, who first cultivated the crop," said Senators Collins and King. "Today, wild blueberries continue to be an economic powerhouse for the state's economy, family businesses, and rural communities – not to mention a sought-after treat and baking staple for people worldwide. This bipartisan resolution honors the blueberry industry's many vital contributions along with the generations of Maine people who have supported the iconic product. We appreciate our colleagues' unanimous recognition of this fruit's cultural and economic significance, and will continue to work to ensure a bright future for the industry."

Senators Collins and King have long advocated for the Maine blueberry industry and its farmers. Amid the pandemic, they joined a bipartisan group in successfully urging the U.S. Department of Agriculture (USDA) to make blueberry growers eligible for the \$16 billion in agricultural assistance provided by the CARES Act. They also recently called on the Biden Administration to expand markets for Maine blueberries and reduce barriers facing farmers who export the fruit.

Maine Justice Foundation Awards Access To Justice Tax Credit

AUGUSTA. ME (July 28, 2023) -- The Maine Justice Foundation is pleased to announce the 2023 recipients of the Access to Justice Tax Credit Program. In an effort to encourage lawyers to provide services to underserved areas of our State, the Legislature enacted the Access to Justice Tax Credit Program. Starting in 2022, the program authorized five lawyers who practice in underserved areas. Now in its second year, the program is authorizing five additional eligible attorneys to receive a \$6000 tax credit in 2023. Attorneys can continue to claim this credit for up to five years provided they maintain eligibility.

36 M.R.S. Section

5219-ZZ provides that the Maine Supreme Court or its designee shall certify up to five qualified attorneys annually for participation in the Access to Justice Tax Credit program. The Court has designated the Maine Justice Foundation to administer the program and established a Standing Committee to assist and advise the Foundation in the process. The Standing Committee includes representatives of the Maine Justice Foundation, the Maine State Bar Association, and the Maine Trial Lawyers Association.

The Foundation accepted applications from eligible attorneys from June 1- 15, 2023 and received submissions from eligible applicants state-



wide representing Penobscot, Kennebec, Knox, Hancock and York Counties. The Foundation has recertified the 2022 applicants for their second year representing applicants from Penobscot, Hancock, Waldo, Aroostook, Somerset, Androscoggin, and Cumberland Counties. To be eligible for selection, the recipient attorney has committed to practicing law in an underserved area for at least 5 years, are rostered by the Maine Commission on Indigent Legal Services to accept court appointments to represent clients in an underserved area and agree to perform pro bono legal services in an underserved area. Once eligibility was determined, the five successful recipients of the tax credit were made by random selection.

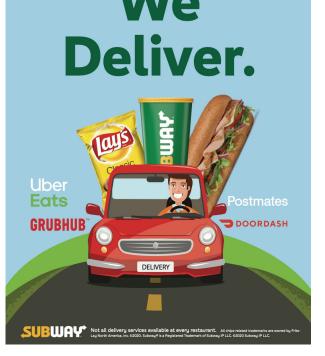
The new attorneys

selected through this process for 2023 include Britany Sawyer of Arundel, Shamara Bailey of Patten, Lynn Madison of Rockland, Stephen Smith of Augusta, and Cheryl Saniuk-Heinig of Rockland. The attorneys who have been recertified are Cassandra Rogers and Benjamin Everett of Presque Isle, Taylor Kilgore of Turner, Gregory LeClerc of Standish, and Ryan Rutledge of Skowhegan.

The Maine Justice Foundation, founded in 1983 as the Maine Bar Foundation, is the state's leading funder of civil legal aid for poor and vulnerable Mainers. Find us online and support access to justice through donations to various funds at www. justicemaine.org.

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WHY PEOPLE CHOOSE **CHAMPOUX INSURANCE**

Southern Maine Gets the Blues with Bees Deluxe



MAINE (July 28, 2023) -- Bees Deluxe, the Boston-based, British-bred blues band is coming to Maine. Distinguished by their ability to seamlessly blend blues with elements of jazz, funk and psychedelia, the band has won audiences from Maine to Miami with the genre-bending sound they call "acid blues."

Fronted by Conrad Warre, a masterful guitarist and vocalist who cut his musical chops touring with Joe Jackson, The English Beat and The Specials in Europe, Warre moved to NYC at the height of the punk rock movement and quickly became a headliner at the legendary CBGB's. He formed Bees Deluxe to explore the music that informed his musical taste and that "speaks to the

Jim Gildea, the band is known for tight arrangements, unexpected improvisation and a playful sense of fun.

Unlike other blues bands, Bees Deluxe refrain from rehashing the current top ten hits of standard blues progressions and playing the same solos at every show every night. Instead, Bees Deluxe tears up their set list and opens up the music exploring different pathways at each show. They might open with a full-blast fully-leaded lead guitar exposition of a Hoagy Carmichael ballad and finish with a ghostly and transparent instrumental from Junior Walker & the All Stars. Their music is readily fleshed out with danceable and interesting originals like "Imaginary Conversation Between Bjork & Buddy Guy" and a strung-out Stevie Ray their ode to "Beer" -fea-

playing from Carol Band. Both songs are from their critically acclaimed all original album "Voice of Dog.

"We are thrilled to be touring in Maine, said Warre, "especially in the summer! From Rockland to Old Orchard Beach, we love the folks in Maine because they don't just know about music.... they know how to dance!"

Bees Deluxe return to Blue, 650 Congress St # A, Portland on Saturday August 19th at 10pm, and play at the Great Falls Balloon Festival in Lewiston, Maine the following day, Sunday August 20th at 1:45 pm.

Bees Deluxe - "... what might happen if Freddie King took a lot of acid then wrote a song with Pat Metheny and asked Vaughan to take a solo" —

soul." Joined by keyboardist Carol Band, drummer Paul Giovine and bassist turing ecstatic harmonica Blues Blast Magazine



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\$228K Raised for Ronald | VA Maine Healthcare **McDonald House Charities**

MAINE (July 28, 2023) -- McDonald's Owner Operators throughout New England raised a combined \$227,996 for Ronald McDonald House Charities last month, providing more than 2,000 this money through donanights of housing for families of pediatric patients. These local, inde-

pendent business owners live and work in our communities and raised

tions from the community – people coming into McDonald's restaurants across New England donating \$1, \$3 or \$5 in the month of June.



Pictured from L to R: Sal Napoli, McDonald's Owner/Operator & RMHCNE Board Member; Peter Napoli, McDonald's Owner/Operator & RMHC Burlington Board Member; Cathy Bignolas, Director of Communications & Marketing RMHC CTWMA; Tom Walsh, McDonald's Owner/Operator & RMHC CTWMA Board Member; Joe Chiczewski, Field Vice President McDonald's Stamford Field Office; Tina Ledo, Chief of Staff & Director of Strategic Partnerships RMHCNE; Mark McBee, McDonald's Owner/Operator & New England Co-Op President; Michelle D'Amore, Chief Executive Officer RMHC CTWMA; Scott Taylor, McDonald's Owner/Operator & RMHC CTWMA Board Member: Jeff Roth, Operations Officer McDonald's Stamford Field Office; Bill Marcellus, McDonald's Owner/Operator & RMHC Burlington Board President; Ron Lydick, McDonald's Owner/Operator & RMHC Maine Board President; Robin Chibroski, Executive Director RMHC Maine; Taylor Goble, McDonald's Owner/Operator & RMHC Maine Board Member; Kristine Bickford, Executive Director RMHC Burlington; Marty Eckman, McDonald's Owner/Operator & **RMHC Maine Board Member.**

System Receives 4 Stars



AUGUSTA, ME (July 28, 2023) - Today VA Maine Healthcare System announced that it received a 4-star overall quality and a 5-star patient experience rating from the Centers for Medicare & Medicaid Services (CMS). This is the first time CMS has included VA facilities in their annual Overall Hospital Quality Star Ratings.

The CMS uses 5 categories - mortality, safety of care, readmission, patient experience, and timely and effective care - to award a quality rating for each hospital. The more stars (out of 5), the better a hospital performed on the available quality measures.

Overall, 67% of VA hospitals included in the CMS annual Overall Hospital Quality Star Ratings received either 4 or 5 stars, compared to only 41% of non-VA hospitals. These findings are the latest in a series of recent evaluations showing the effectiveness of VA health care com-



U.S. Department of Veterans Affairs Veterans Health Administration

Maine Healthcare System

pared to non-VA health care. VA hospitals outperformed non-VA hospitals on all 10 core patient satisfaction metrics in the recent Hospital Consumer Assessment of Healthcare Providers and Systems Star Ratings, and a recent systematic review of more than 40 peer-reviewed studies found that VA health care is consistently as good as — or better than - non-VA health care.

"I am incredibly proud of the VA Maine team! Our inpatient acute care received an overall 4-star quality rating and 5-star patient experience rating," said VA Maine Healthcare System's Medical Center Director Ms. Tracye B. Davis. "VA Maine's culture of continuous improvement supports our mission to provide exceptional health care for Body, Mind, and Spirit."

"Our job at VA is to deliver the best possible care to every Veteran who walks through our doors," said VA Under Secretary

for Health Dr. Shereef Elnahal. "While we're very proud of these findings, there is still work to do. We will study these results, learn from them, and continue to improve until we're delivering worldclass care to every Veteran, every time."

For more information on VA Maine Healthcare System, please visit VA Maine Health Care | Veterans Affairs.

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Page 8 Van Morrison Tribute Concert At Cranmore Tonight!



Tribute Concert

CON-NORTH WAY, NH (July 28, 2023) — The Arts Jubilee Summer Concert Series presents Moondance: The Ultimate Van Morrison Tribute Concert on Thursday, August 3rd at Cranmore Mountain Resort. Local band Bennett & Perkins will open the show at 6:00 pm, followed by Moondance at 7 pm.

Rock and roll doesn't get any better than Van Morrison. "Van the Man" has done it all - from classic rockers like Brown Eyed Girl and Domino to legendary tunes like Tupelo Honey and Into The Mystic, the Rock and Roll Hall of Famer has never failed to impress music lovers around the globe. Moondance is the Ultimate Van Morrison Tribute Concert. This incredible show captures the Van Morrison concert experience like no other. You'll hear classic tunes - Moondance, And It Stoned Me, Wild Night, and Caravan - just to name a few. The show is packed with one VM classic after the next.

Concert admission is \$18 for adults, \$12 for seniors, \$5 for students, and free for kids 12 and under. Pre-order tickets online at www.artsjubilee.org, or pay at the gate on the night of the show (cash or credit). Online sales end at 12 pm on the day of each show, but tickets will always be available at the front gate, which opens at 5:30 pm.

There's plenty of free parking on site, food and beverages will be available for purchase, and there will be a raffle for a variety of great local prizes at every concert. Seating is not provided at the venue, so concertgoers are encouraged to bring a lawn chair or blanket to enjoy the show. Animals are not allowed on the property except for leashed service dogs. All concerts are rain or shine with the exception of rare circumstances, so guests are advised to come prepared as they would to any outdoor event. Please note that there is an alternate drop-off/entrance for wheelchair accessibility. There will be signage and

volunteers to help provide direction. For more information visit www.artsjubilee.org. Special thanks to our Season Sponsor: White Mountain Oil & Propane, and our Concert Lodging Sponsor: The Green Granite Inn.

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WHAT IS A TIP VOLUNTEER?

TIP volunteers are called by law enforcement, fire, medical and hospital personnel to respond to scenes of sudden or unexpected death (natural, homicide, suicide, accidental, infant) industrial accidents, sexual assaults, overdoses, violent crime and other traumatic incidents to provide immediate emotional and practical support to families, friends, witnesses and survivors.



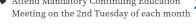
FALL 2023 TRAINING ACADEMY

WHERE DOES TIP RESPOND?

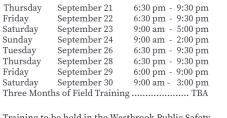
of Greater Portland volunteers are TIP dispatched through the 911 system or hospital ER staff in the communties of Portland, South Portland, Westbrook, Scarborough, Falmouth, Gorham, Windham and Cumberland.

WHAT IS REQUIRED FOR ME TO BE A TIP VOLUNTEER?

- ♥ Successful completion of ALL Training Dates
- Fingerprint & Background Check through TIP
- ♥ Valid Driver's License and Vehicle
- ♥ Clean Driving Record
- NO EXPERIENCE NECESSARY ! ♥ Proof of Auto Insurance ♥ Cell Phone (with texting)
- Internet and Email Access
- Three 12-hour shifts per month
- Attend Mandatory Continuing Education



WWW.TIPGREATERPORTLAND.ORG



Training to be held in the Westbrook Public Safety Building.

The First Mandatory Monthly CE meeting will be held Tuesday, October 10, 2023, 6:00 pm - 9:00 pm.



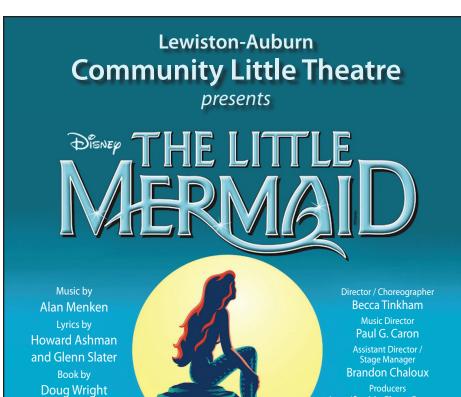


Clothes Galore at Gorham's Mission of Hope Clothes Closet

GORHAM, ME (April 29, 2023) -- The FREE Clothes Closet at Cressey Road Church (Mission of Hope Clothes Closet) is open to all who need Fellowship, Friendship and Clothes. We are located at 81 Cressey Road, Gorham, and we are open on the FIRST and THIRD Saturday of each month from 9 o'clock AM to 12 Noon.

We focus on clothes and accessories (gloves, scarves, hats, etc.) and welcome your donations during our operating hours. Clean clothes in good shape help the most, as they go right out to help people locally or in nearby communities. An attempt is made to have season appropriate clothes available to you. After we have displayed them for a time, they are donated to serve the people in need in Ukraine. addition In to helping folks find clothes, we want to spend time with you! There are unteers or others. Come tables to sit, talk and to share a cup of coffee and usually a goodie with vol-

see us! You might make a new friend. All are Welcome!





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Award Winning Local Singer-Songwriter Releases Maine Song

MAINE (July 21, 2023) -- Gordon Thomas Ward, a Grammy-balloted, award-winning, singer-songwriter and yearround resident of Winter Harbor, Maine, has a new song about Maine titled "Welcome Home" that was just released on June 27.

The song is available from all or most of the streaming platforms, but you can listen, download, and/or get lyrics and more information about it from its page on the musician's website: https:// gordonthomasward.com/ welcome-home

Gordon says, "I love my home state, and have a long history here. My father was a professor of botany at the University of Maine in Machiasport, and one of my ancestors was a co-founder of the town of Blue Hill, ME, hundreds of years ago.

"Welcome Home" was written to highlight many of the major attributes that Maine offers to residents and tourists alike. The song was written in March of 2023 and recorded in Frog Hollow Studio in Topsham, Maine." Here's the list of the track's musicians and their contributions toward the song.

For more information about about Gordon, see https://gordonthomasward. com/

From Gordon's bio:

Dubbed "the total package" by his fans, GRAMMY-balloted, award-winning, multidimensional and recording artist Gordon Thomas Ward tours as a solo performer with four charting #1 songs. He's charted in the Radio Guitar One Acoustic Top 30 and the Roots Music Report charts. Gordon's songs and records have also soared in the Folk Music Charts, the Euro Indie Music Chart. DRT Global Adult Contemporary Airplay Chart,

DRT Global Top 150 Country Airplay Chart, and more! His song stylings have been influenced by the singer-songwriters of the late 1960s through the 1970s, yet Gordon's songs occupy a space all their own filled with honesty, emotion, and personal politics from time to time. Gordon is, at heart,

a storyteller who paints musical portraits that plumb the depths of our emotions and bring the past to life while pointing to a hope-filled future. His listeners travel mystical and historical roads, winding through lush, sonic landscapes. Employing his experience as a teacher, writer, paranormal investigator, storyteller, group facilitator, and radio host, it's no wonder that his fans often comment on Gordon's knack for establishing an endearing relationship with them through his extraordinary and captivating words and music. which fit into the contemporary folk rock, adult alternative, and Americana genres. Matheson's Entertainment Blog says his music "Will grab you by the heart and never let go." At the end of his performances, audiences leave inspired, and Vents Magazine calls his work, "In a word: liberating."

Utilizing a variety of instruments in his shows. including six-, eight-, and twelve-string guitars and an eight-string Walkabout dulcimer, results in a varied spectrum of tonal colors. His songs have led him to work with notable musicians such as Noel Paul Stookey (Peter, Paul, and Mary), Abbie Gardner, Jud Caswell, Eric Troyer and Mik Kaminski (Electric Light Orchestra, and The Orchestra), Kevin Barry (Jackson Browne, James Taylor), William J. Hall, Caroline Cotter, share the stage and billing with Natalie Merchant and Chris-

tine Lavin, and open for noted singer-songwriter Bill Staines. Gordon's first album Welcome to the Past was released in 2013. His celebrated, GRAMMY-balloted record Providence was released on August 30, 2018. Gordon followed that up with the release of his much-anticipated, critically acclaimed, double album titled Eiderdown on May 1, 2020, which has charted as the #1 folk record, both nationally and in Maine, and as the #3 alternative folk record in the nation. Eiderdown also spawned three #1 songs: "Dreams," "Long, Long Ago," and "Just for You." Gordon's new album Whispers from the Woods was released on September 1, 2022, and charted as the #4 alternative folk album in the nation. It was also nominated by a panel of jurors from around the world for the 6th annual Blues & Roots Radio Worldwide Album of The Year Award!

Gordon has written songs for documentary film, historical events and celebrations, and The United States World War One Centennial Commission. He is a voting member of the Recording Academy and, as the author of five books, is no stranger to television and radio, and has performed at many festivals and venues, including several appearances at Musikfest in Bethlehem, PA. He's even appeared on stage in the role of a troubadour in Gioachino Rossini's opera The Barber of Seville and Die Fledermaus by Johann Strauss II. Additionally, he's often been "Artist of the Week" on radio, received enthusiastic reviews by prominent music critics, and highlighted in media articles. As an artist interested in social issues, Gordon produced and performed in a Concert Across America to End Gun Violence in 2016 and 2018.

Legislation Seeks to End Chronic Homelessness

PORTLAND, ME (July 11, 2023) — Avesta Housing and Preble Street applaud the signing of the budget package by Governor Janet Mills and its inclusion of funding to support the creation of more Site-based Housing First programs across Maine. This funding will support the creation of 12-15 Site-based Housing First programs in communities across Maine and will help to end long-term, chronic homelessness in our state.

Avesta Housing and Preble Street partnered on the first three Site-based Housing First programs in Maine: Logan Place, Florence House, and Huston Commons, providing 85 total units in Portland. Avesta Housing built, owns, and maintains the buildings; Preble Street provides 24hour support services to ensure that people who are making the transition to permanent independent housing will succeed. Portland Housing Authority issues project-based Section 8 vouchers that are attached to every unit.

"March 24, 2005, is the day that Avesta and Preble Street opened Logan Place, the first Site-based Housing First program in Maine; that was the day we realized that this was a real solution to chronic homelessness," said Mark Swann, Executive Director, Preble Street. "This opportunity for Maine is thanks to the efforts and leadership of many people: Governor Mills and House Speaker Rachel Talbot Ross and their staffs; Greg Payne, Senior Advisor, Housing Policy for the Governor; and Representative Drew Gattine. I'd also like to acknowledge the hard work of the Joint Housing Committee, which took the time to visit Huston Commons and learn directly from tenants about the impact on their lives, and its chairs Senator Teresa Pierce and Representative Traci Gere. Site-base Housing First

programs have a profound impact on the lives of people with chronic homelessness and complex needs and Preble Street looks forward to being a resource to other organizations as they launch similar programs in their communities."

"We are grateful to Governor Mills and her staff, the Maine Legislature, and the many others who worked tirelessly to create funding to support the expansion of Site-based Housing First programs across Maine," said Avesta Housing President & CEO Rebecca Hatfield. "This funding couldn't have come at a better time. The lack of affordable housing and the number of people experiencing homelessness in Maine are at record proportions. Since we opened Logan Place in partnership with Preble Street in 2005, Site-based Housing First has proven to be the most successful model to provide permanent housing stability for those who

have been homeless for extended periods. Avesta is looking forward to building more Site-based Housing First properties as we all work together to end chronic homelessness in Maine."

As defined by HUD, Housing First is an approach to quickly and successfully connect individuals and families experiencing homelessness to permanent housing without preconditions and barriers to entry, such as sobriety, treatment, or service participation requirements. The hallmark of Site-based Housing First is professional social work staff on site 24 hours a day providing support services, harm reduction, and crisis intervention to chronically homeless individuals to maximize housing stability and prevent returns to homelessness.

Besides reducing the number of people staying in shelters or living in encampments, vehicles, or on the street, Site-based Housing First is an evidence-based practice that saves money and emergency resources. The number of police calls, emergency room visits, medical transports, and jail stays for tenants of Logan Place plummeted, compared to the year before they moved into their apartments. Sitebased Housing First targets people who are homeless the longest and have severe mental health and substance use disorders. It does exactly what it says, provides housing – first.

Avesta Housing is a nonprofit affordable housing provider with more than 50 years of experience as a leader in affordable housing development and property management in Maine and New Hampshire. The organization is headquartered in Portland, Maine, and operates more than 100 affordable properties, more than 3,000 apartments and two assisted living facilities, providing safe, affordable homes for more than 4,000 people every day. Avesta's mission is to improve lives and strengthen communities by promoting and providing quality affordable homes for people in need. www. AvestaHousing.org.

Preble Street is a nonprofit human service agency serving the most vulnerable people in Maine since 1975 through innovative, best-practice, client-centered programs. In addition to the largest direct service emergency food program in northern New England, Preble Street operates low-barrier programs throughout Maine providing 24/365 services for individuals and families, including homeless youth, women, veterans, and survivors of human trafficking, driven by its mission to meet urgent needs, empower people to move beyond the crises in their lives, and advocate for solutions to homelessness, hunger, and poverty. PrebleStreet.org

Governor Signs Cloutier Bill to Expand Health Care Workforce

AUGUSTA, ME (July 14, 2023) – Last Friday, Gov. Janet Mills signed into law legislation sponsored by Rep. Kristen Cloutier, D-Lewiston, that will study the expansion of the state's health care workforce by looking at ways to integrate physicians trained outside of Maine into the health care system.

LD 937, which received unanimous support in the Legislature's Health Coverage, Insurance and Financial Services Committee, creates a 13-mem-

ber commission to develop guidelines for the licensure of foreign-trained physicians and physicians moving to Maine from other states.

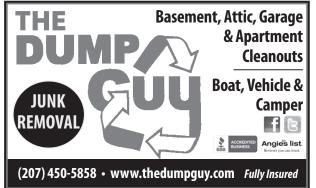
The bill was introduced to help address Maine's shrinking health care workforce, which is part of a nationwide trend. According to the Association of American Medical Colleges, the United States is facing a projected physician shortage of up to 124,000 physicians by 2034.

"Maine, like much of the rest of the nation, is dealing with a health care workforce shortage," said Cloutier. "LD 937 will help to address this crucial issue by allowing us to better understand how to utilize the existing skills and training of foreign-trained physicians, as well as physicians who are seeking a new career in our state."

The new law will go into effect 90 days after final adjournment of the legislative session.

Cloutier is the Assistant House Majority Leader and is currently serving her third consecutive term in the Maine House of Representatives. She represents House District 94, which includes part of her hometown of Lewiston.





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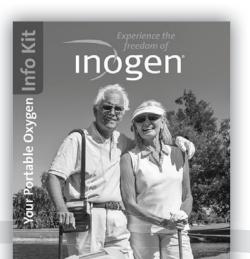
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MKT-P0108

Thursday, August 3, 2023

Maine Surpasses 100,000 Heat Pump Goal Ahead of Schedule

FAIRFIELD, ME (July 28, 2023) - Governor Janet Mills today announced that Maine has - two years ahead of time - surpassed its goal of installing 100,000 new heat pumps by 2025, a milestone that represents significant progress in reducing Maine's reliance on heating oil, lowering heating costs, and curbing harmful carbon emissions.

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To continue Maine's momentum, Governor Mills also unveiled a new target: installing another 175,000 additional heat pumps in Maine by 2027, thereby bringing the number of heat pumps installed in Maine homes, businesses, and public buildings during her time in office to 275,000. If this target is achieved, Maine would have more than 320,000 heat pumps in total installed across the state.

Maine's heat pump progress stems from legislation signed by Governor Mills in 2019, which established the state's heat pump target of 100,000, enhanced heat pump rebate incentives through Efficiency Maine, and established a low-income heat pump program at Maine-Housing. Through these programs, approximately 104,000 heat pumps have been installed in Maine.

Governor Mills announced the milestone at Kennebec Valley Community College (KVCC) in Fairfield, where she unveiled the initial goal in 2019. Following that announcement, the Maine Community College System expanded its heat pump workforce programs, and has trained 558 heat pump technicians to date, including more than 250 at KVCC, which opened an all-new heat pump workforce training lab in early 2021

The governor was joined for the announcement by White House National Climate Advisor Ali Zaidi, who extended his congratulations to Governor Mills and the State of Maine for its climate leadership by embracing heat pumps to reduce reliance on fossil fuels, increase overall energy efficiency, and decrease greenhouse gas emissions.

"Our transition to heat pumps is creating good-paying jobs, curbing our reliance on fossil fuels, and cutting costs for Maine families, all while making them more comfortable in their homes – a hat trick for our state," said Governor Janet Mills. "We are setting an example for the nation, and with our new and ambitious goal, we will continue to lead the way when it comes to embracing efclimate-friendly ficient, technologies that strengthen our economy, protect our environment, and save people money."

"Maine is paving the way for states across the country seeking to build a clean energy future that protects our climate and creates good-paying jobs for all Americans," said Ali Zaidi, White House National Climate Advisor. "The progress also shows that President Biden's Investing in America agenda is working — helping turbocharge efforts like what's underway in Maine by expanding access to cost-saving clean energy upgrades and cutting the pollution that hurts our environment and public health. I applaud Governor Mills for her leadership and the State of Maine for reaching this ambitious goal — and now reaching even higher to promote a clean energy future for all Mainers."

"Spurred by Governor Mills' clear call to action on heat pumps in 2019, we immediately added training lab space, hired more instructors, developed new short-term

training programs, and incorporated new heat pump training units into our degree and certificate programs," said David Daigler, President of the Maine Community College System. "Today, I'm proud to say it worked. Maine's community colleges have trained 558 heat pump installers, with 60 percent of them trained through shortterm workforce training programs, further showing why Maine's community colleges are the state's goto for nimble, responsive workforce training."

Community College.

Maine's success in installing heat pumps has earned wide recognition for how the high-efficiency heating and cooling technology works well in rural areas with cold climates and can generate new economic and workforce opportunities for Maine people.

Installation data from Efficiency Maine Trust show heat pumps have broad adoption in rural and northern Maine, which underscores the economic benefits of the program and success of the enhanced

incentive program enacted by Governor Mills in 2019. "You have to be im-

(Left to right): White House National Climate Advisor Ali Zaidi, Maine Community Col-

lege System President David Daigler, Governor's Energy Office Director Dan Burgess, and

Governor Janet Mills receive a tour of the heat pump workforce lab at Kennebec Valley

pressed with what Maine's community of heat pump installers have accomplished in our state," said Michael Stoddard, Executive Director of Efficiency Maine. "Their adept marketing and skilled installations make them the perfect partners for the incentive programs that the Governor and Legislature have funded through Efficiency Maine's programs, and together we are changing how Mainers heat and cool their buildings."

"We know that when a lower-income home can add a heat pump, it helps reduce overall heating and cooling costs and trims our dependence on carbon-emitting fuels. It helps our planet and enhances a home's affordability and a heating system's reliability, all at the same time," said Erik Jorgensen, Senior Director of Communications and Government Relations at MaineHousing. "MaineHousing is proud of its contributions in helping Maine accomplish our heat pump goal."

Since taking office, Governor Mills has prioritized action against climate change in Maine through energy, and making Maine communities more resilient to climate effects.

In May, she was elected co-chair of the U.S. Climate Alliance, a bipartisan coalition of 25 governors committed to fighting climate change, which together represent more than half of the U.S. population and 60 percent of the national economy.

In 2019, with bipartisan support of the Legislature, Governor Mills enacted laws setting ambitious targets for transitioning to renewable energy and reducing greenhouse gas emissions. These include reducing greenhouse gas emissions in Maine by 45 percent by 2030 and 80 percent by 2050, and transitioning Maine's electricity use to 80 percent renewable energy by 2030.

Earlier this, with Maine experiencing high energy prices caused by volatile global markets, Governor Mills committed to accelerate Maine's transition to using 100 percent clean energy to 2040, a move that would ensure the expansion of climate-friendly technologies in Maine - such as heat pumps - are powered by clean electricity.

In 2019, Governor

tral by 2045, a commitment which she signed into law in 2022.

The governor in 2021 also announced a new State program, the Community Resilience Partnership, that was recommended by the climate plan to help Maine communities reduce emissions, transition to clean energy, and increase resilience to climate effects.

Since opening to enrollment in early 2022, 148 Maine cities, towns and Tribal governments have chosen to participate in the Partnership as individual entities or regional coalitions, and more than \$3.7 million in grants have been awarded to 74 community projects across the state.

Governor Mills has also committed to more than doubling Maine's clean energy jobs to 30,000 by 2030, and made several historic investments in climate priorities, thanks to Maine's strong economic recovery and the Maine Jobs & Recovery Plan. These investments include:

\$50 million for energy efficiency programs, such as residential weatherization and heat pumps and other efficiency upgrades for schools, towns, non-profits, and hospitality businesses.

\$27.5 million for municipal grants to protect infrastructure from flooding, rising sea levels, and extreme storms.

\$8 million for the Clean Energy Partnership, an initiative to grow the Maine's clean energy workforce and innovation economy.

For an updated guide on climate incentives now available for Maine residents and businesses, please visit mainewontwait.org.

Send all items for What's Going On to the Editor. Deadline is





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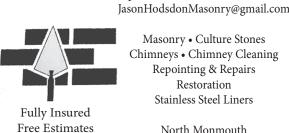
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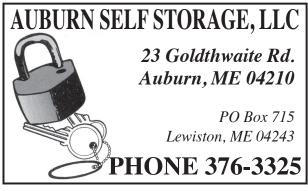
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Fridays Aug 4 –Aug 18

LEWISTON -- Opening Minds through Art (OMA) classes Fridays July 14–August 18 from 1-3 p.m. at Education Center of SeniorsPlus at 8 Falcon Road in Lewiston. Through a series of classes, OMA engages students with dementia in creating freewheeling art. Contact SeniorsPlus, at 207-795-4010, edcenter@ seniorsplus.org.

Aug 7, 14, 21, 28

LEWISTON -- The Lewiston Public Library, in partnership with ArtVan, will be offering art programs in Kennedy Park this summer for children ages 5-14 on Mondays July 10, 17, 24 and August 7, 14, 21, 28 at 3:00PM. Information can also be found on our website at https://lplonline. org/events/artvan-in-kennedy-park-2-july/ and https:// lplonline.org/events/artvanin-kennedy-park-2-august/

For any further information, please contact the Children's Department at LPLKids@lewistonmaine.gov or call 207-513-3133.

Aug 7

LEWISTON -- The Lewiston Public Library, in partnership with ArtVan, will be offering art programs in Kennedy Park this summer for children ages 5-14 on Mondays July 10, 17, 24 and August 7, 14, 21, 28 at 3:00PM.

Aug 10



Send your submissions to the Editor. More online.

LEWISTON -- Thursday August 10th some of the veterans who chose the Air Force went to Sampson AFBVA for basic training will be having a get together at noon time at the Governors Restaurant in Lewiston.

Veterans, their guests, and folks with a connection to Sampson AFB, gather monthly through the summer months for lunch and share stories and memories. Sampson was a Navy base during WW2, to be reopened during the Korean era. All Veterans and their guests are welcome to visit..

FMI call 657-4909 or e-mail wwmtkwkr1933@ gmail.com (Bob Sawyer Sampson AFB 1953)

Aug 10-20

AUBURN -- Community Little Theatre presents the musical The Little Mermaid, based on the Hans Christian Andersen story and the classic Disney animated film. Show dates are August 10, 11, 12, 17, 18, and 19 at 7:30 p.m. and August 13 and 20 at 2:00 p.m. Tickets are available online at www.laclt.com/ box-office or by calling 207-783-0958.

Aug 12

TURNER -- Inside Yard Sale at the Universalist Church, Rt# 117 (Turner Center Road) across from Gazebo on Saturday, Aug. 12th, from 8:00 to 1:00

Aug 15, 16, 17, 19, 22

DaPonte String Quartet Summer Series II Program with guest violinist Petros Karapetya: Francaix String Trio in C; Stravinksy Three Pieces for String Quartet; Stravinsky Concertino for String Quartet; Brahms String Quartet in C Minor, op. 51, no 1

Tuesday, August 15, 7:30 pm Union Church, South Bristol

Wednesday, August 16, 7:30 pm Old Meetinghouse, Yarmouth

Thursday, August 17, 7:00 pm Robinhood Free Meetinghouse, Georgetown

Saturday, August 19, 7:30 pm St. Paul's Union Chapel, Waldoboro

Tuesday, August 22, 7:30 pm Ocean View Grange

Tickets and additional information available at dapontequartet.org

Sept 2

GORHAM -- On Saturday, September 2nd, starting at 1:00 pm at the United Methodist Church, 439 Park Avenue in Auburn, the Maine Iris Society will hold its annual auction of Siberian irises and daylilies. All are welcome.

Oct 21 WESTBROOK -- An-

nual Holiday Craft Fair and Silent Auction Where: Prides Corner

Community Church, 235 Pride St. Westbrook, ME

04038 When: October 21, from 9AM to 3PM

Handmade crafts, baked goods and very popular silent auction items featuring sports memorabilia, game tickets, themed gift baskets, fabulous items and gift certificates! SI-LENT AUCTION ENDS AT 2PM.

> Every 1st, 2nd, and 3rd Monday

LEWISTON -- PRO-GRAMS FOR HOMES-CHOOL FAMILIES, held the 1st, 2nd and 3rd Monday 11:15am-12:30pm starting March 6th, 2023 at the Lewiston Public Library Children's Department

Homeschool families, are you looking for opportunities to have fun and socialize with other homeschool families? LPL will be offering activities for homeschool families in the Children's Department the first three Mondays of each month from 11:15am-12:30pm.The activities will be a Homeschool Video Game Social on March 6th, a Homeschool Lego Club



and Curriculum Swap on March 13th, and a Homeschool Storytime and Craft on March 20th.

This program is free and recommended for homeschool families with children of all ages. No registration is required. Contact info. 513-3133, LPLKids@lewistonmaine. gov

Second and fourth Thursdays LEWISTON -

YOUTH TRADING CARD GAME CLUB held from 4 PM to 5 PM at the Lewiston Public Library. Join the Youth Trading Card Game Club to play, learn, trade, and compete with your peers! Games include Pokémon, Magic: the Gathering, and more. All skill levels are welcome. Library staff and volunteers will be available to teach new players and coach developing ones. Free. For kids & teens ages 8-18. 513-3135; www.

LPLonline.org Wednesdays

LEWISTON -- Knitting Group, Dates: Wednesdays, Time: 4:30–7:30 p.m., Facilitator: SeniorsPlus Staff, Location: Education Center, 8 Falcon Road, Lewiston

Join our knitting group to work on your own project, learn from others, and socialize. Classes are free, unless noted. SeniorsPlus is fully accessible. Hearing assistive equipment is available upon request. For more information or to register, call us at 207-795-4010 or visit seniorsplus.org.

Every second Monday

LEWISTON -- Caregiver Support Groups, Date: Monday, January 9 (every second Monday); Time: 5:30–7 p.m. Facilitator: Dana Morrell, SW. Location: SeniorsPlus, 8 Falcon Road, Lewiston.



- Fulchase seasonal lence for shaw Fark
- Repair dugouts and fencing, build storage centers

Page 14



- Add infield mix and relevel current fields
- Acquire tarps and field maintenance equipment
- Add scoreboards

VISIT: GYBSA.COM FOR MORE INFORMATION, INCLUDING DONATION LEVEL REWARDS



VISIT: tinyurl.com/GYBSA-DONATE or MAIL TO: GYBSA, PO Box 176, Gorham, ME 04038

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Classified Ads

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CC Island Cleaning Company. Seasonal, Air B&B, homes. Cleaning with care. Call for a quote. Denise (207) 420-4952.

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FOR SALE

Men's Dress Coats almost new - One London Fog, dark tan size 42 R \$50, one 3/4 length with zip in lining - tan \$40. 1 pair new Timberland work boots size 9W \$50. Call 207-782-4228

Wood boiler – Must go! \$2,500. Alternate heating carbon steel wood boiler. Purchased in 1996 for \$6,800. New door seal, bricks, blanket, and silicone card bead. Includes cycle timer and plumb fittings. 1,400#. Model E100 wood gun. Can be lifted directly into your trailer. GORHAM. (207) 222-2755.

Turboclean Powerbrush Pet Pro Turboclean Powerbrush Pet Pro carpet cleaner. Brand new. Used once. Asking \$80. Call 893-8851. Gorham.

Back Hoe

Back hoe Attachment for tractor. 3 point hitch, category two, 12 foot long \$3,500.782-5539

Exercise Bike, Coffee table

Recumbent bike with heart & mileage monitor \$75. Lt oak coffee table with 4 glass panes & shelf. Call cleaning and removal of unwanted items. Scheduled regularly and ongoing. (207) 705-7989

INSIDE YARD SALE

At the Universalist Church Rt# 117 (Turner Center Road) across from Gazebo Saturday, Aug. 12th, from 8:00 to 1:00

LIVE & CODE IN MAINE

Maine cybersecurity startup seeks local software engineer

Defendify is looking for a senior full stack engineer to join full-time. Small team/big results. Fun + flexible + always interesting. Come build our award-winning, all-inone cybersecurity platform. Position information and to apply: www. defendify.com/careers.

PAINTING

Interiors and Exteriors. 23 years full time, references upon request, seniors and veterans discount on labor, free estimates. Call for on site review of your project with advice on what you have now and the best way to proceed. Call 207-786-9849

SENIOR TRIPS

August 18, 2023 -Warren's Lobster House - Kittery - We will have lunch from a limited menu which includes a super salad bar, the main entrée and dessert. After lunch we will head to Ogunquit where you will have a few hours to shop or walk on Marginal Way or find a bench and enjoy the ocean view. We leave Lewiston Park and Ride at 9:15 a.m. and will be back around 4:30 p.m. Price is \$77.00 which includes the bus, lunch and tips.

August 30, 2023 -THE DAVINCI CODE - Ogunquit Playhouse -Bus will leave Lewiston Park and Ride on Lisbon Street at 12 Noon and travel to the playhouse for the 2 p.m. show. After the play we will go to the Clambake Restaurant in Scarborough for dinner on your own. The price for the bus, bus driver tip and play is \$105.00 due at sign up. Deadline to sign up is August 14 th . Last year's play sold out so if you are interested sign up early. September 27, 2023 -Join us for a day of fun in Bar Harbor. We will leave Lewiston Park and Ride at 7:15 a.m. and head to Bar Harbor Cellars. We will enjoy a tour and tasting of 5 different wines . From there we head to Bass Harbor where we will enjoy lunch at the Seafood Ketch Restaurant. Lunch is on your own. After lunch we travel to Seal Cove to visit the Seal Cove Auto Museum. The price for the bus, wine tasting, auto museum and tips is \$87.00. The deadline to sign up is August 30 th. Sign up at the Lewiston Senior Citizens office at 65 Central Avenue in Lewiston.

FRYEBURG FAIR -**OCTOBER 3, 2023 -**Senior Day at Fryeburg Fair. 65 and over get in for free . For those under 65 the price is \$15.00. You are responsible to pay for your admission. Bring something with you showing proof of your age. We will leave the Lewiston park and ride at 8 a.m. and be dropped off at the entrance with a return time of around 5 p.m. You will have plenty of time to view exhibits, visit the animals and

enjoy the food. The price for the bus and driver's tip is \$52.00. Deadline to sign up is August 29, 2023.

Reflections of Italy -October 9 - 18, 2023

Trip includes 10 days, 9 nights lodging, and 12 meals, including Rome, Vatican Museums, Sistine Chapel, St. Peter's Basilica, Assisi, Perugia, Cortona, Florence, Michelangelo's DAVID, Chianti Winery & Cooking Class, Venice, St. Mark's square, boat ride to Murano Island, Milan and much more. For more information on any of our trips, please contact Claire Bilodeau (207)784-0302 or Cindy Boyd (207)345-9569.

NOVEMBER 29, 2023 TO DECEMBER 1, 2023 - WHITE MOUNTAIN HOTEL & RESORT -This trip includes 2 nights lodging, 2 breakfasts, 1 lunch, 2 dinners and 2 different entertainment shows, an Austrian sleigh ride at Nestlenook Farm in Jackson, NH., shopping at Settler's Green or in town shopping. All room and meal taxes & amp; gratuities included. The price is \$589.00 per person double occupancy. A \$100.00 deposit per person is

due at registration. Final payment is due October 28, 2023. Pick up location is The Auburn Mall (in back of J.C. Penney) 500 Center Street, Auburn, ME at 10:30 A.M. For more information on any of these trips please contact Claire at 207-784-0302 [Home] or 207-576-8604 [Cell] or Cindy at 207-345-9569 [Home].

SUPERVISED EXERCISE

Fit to Function, individualized exercise programming promoting function through fitness. All ages welcome with emphasis on middle aged and older adults. Currently offered at private Lewiston gym, inhome options available. Call Mike Phelan for more information. 207-577-8777

WANTED

Full & Part Time

John's Cleaners in Lewiston is seaking a garment pressor & delivery person. No experience necessary. We will train. Pay is \$14 -\$16 / hr with paid holidays. Call 784-9096 or apply in person.

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	HEADLINE:
Briggs & Stratton Elite series 7000 Watt gener- ator - Key start- 25 foot	AD INFO:
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hours. Asking \$650.00 cash - serious inquiries only, please call 207-	
929-1575	
HOUSE KEEPING	
Housekeeping/ House Arranging small items to aid in mobility. Small jobs/spring	NUMBER OF WEEKS TO RUN:

Guided Paddle to Clapboard Island with Falmouth Land Trust

FALMOUTH, ME (July 28, 2023) -- Join a Maine Master Naturalist for a paddling adventure out to Clapboard Island, a Maine Coast Heritage Trust property that is a 20-30 minute paddle from Town Landing. Meet at Town Landing with your own kayak, paddleboard, or small boat, and wear a

life preserver and shoes that can get wet. The Landing (Town Landgroup will return to Town ing Road, Falmouth) and Landing around 11 a.m.

If weather is windy or wet, we must cancel. This event is free

and open to the public. Email Rebecca at rdugan@falmouthlandtrust. org or call 207-200-5488 to register.

Location: Town Clapboard Island

Saturday, August 5, 2023 9:00 AM - 10:00 AM EST

Town Landing Road Falmouth, ME Park at Town Land-

ing (Town Landing Road, Falmouth)





MaineHealth Offers Online Scheduling for Primary Care

laineHealth

PORTLAND, ME Medical Group. (July 21, 2023) - Patients at MaineHealth's 52 primary care practices across Maine and New Hampshire may now schedule primary care office visits through the online MyChart patient portal.

"We've heard from our patients that they are looking for flexibility with scheduling. These days, you can schedule everything from a car repair to a restaurant reservation online and we're pleased to extend that same level of convenience to scheduling a primary care visit," said Aileen Mickey, MD, president of the MaineHealth

In a survey of Maine-Health patients, more than 70 percent said they would welcome the new scheduling option.

Online scheduling is available 24 hours a day to existing MaineHealth primary care patients who have a MyChart patient portal account. Scheduling by phone remains available. Not all primary care visit types are available for online scheduling. Appointments available to schedule online include vaccines, Medicare annual wellness visits, physical exams and well visits, as well as office visits for

new or ongoing health issues. Other appointment types can also be requested through MyChart.

MaineHealth primary care practices include those affiliated with Maine Medical Partners, Southern Maine Health Care, Mid Coast-Parkview Health, LincolnHealth, Pen Bay Medical Center, Waldo County General Hospital, Franklin Community Health Network, Western Maine Health and Memorial Hospital in North Conway, NH.

Send all items for What's Going On to the Editor. Deadline is Friday by five.





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