

**Two Named
at TVACCU**

MUSCLE SHOALS—TVA Community Credit Union recently announced the following promotions.

Jennifer Wilson was recently promoted to Branch Manager of the Dr. Hicks location. She began her TVACCU career in 2019 in the call center before becoming a part-time teller at the Tuscumba and Killen branches. In 2020 she joined the TVACCU employee team as a full-time teller at the Wilson Dam Rd. branch. Wilson was promoted to Loan Interviewer/Officer in 2022 at Wilson Dam prior to her recent Branch Manager appointment. In addition to loans, Wilson also assists her members with IRAs and CDs.



Wilson

Elena Franco was recently named TVA Community Credit Union's Human Resources & Benefits Administrator. She was previously employed with Younglove Construction, serving as a Jobsite Administrator and Safety Coordinator. Franco has a Bachelor of Science degree in Business/Accounting and a Master of Science Degree in Administration and Security. Elena joined the TVACCU Employee Team



Franco

previously employed with Younglove Construction, serving as a Jobsite Administrator and Safety Coordinator. Franco has a Bachelor of Science degree in Business/Accounting and a Master of Science Degree in Administration and Security. Elena joined the TVACCU Employee Team

More SHORTS... on Page 2

Volume 139 Number 42

August 9, 2023

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**Foundation Golf
Event for Kicks**

MUSCLE SHOALS- The Listerhill Foundation is announcing the 2nd Annual Listerhill Foundation Golf Tournament set to take place at 8am Friday, August 25 at the Robert Trent Jones Golf Trail at The Shoals to benefit Kicks for Kids. The tournament is a 4-man scramble with an 8am shotgun start.



Kicks for Kids is a Listerhill Foundation program that goes into local elementary schools in underserved areas and provides a new name-brand pair of athletic shoes

See KICKS... Page 11

Workforce Development/Ag Center Ceremony
Groundbreak Delayed

By **Bernie Delinski**
Times Daily Staff Writer (Orig. pub date August 2)

FLORENCE— Officials have postponed the groundbreaking ceremony for the Lauderdale County Workforce Development Center indefinitely while state Senator Tim Melson recovers after suffering cardiac arrest overseas on July 27.

Melson chairs the Lauderdale County Agricultural Authority, which oversees operations of the Lauderdale County Agricultural Event Center.

The workforce development center is part of an overall endeavor at the agricultural event center campus, which is off U. S. Highway 72 in Florence.

Earlier this year, the city of Florence annexed the campus into its city limits.

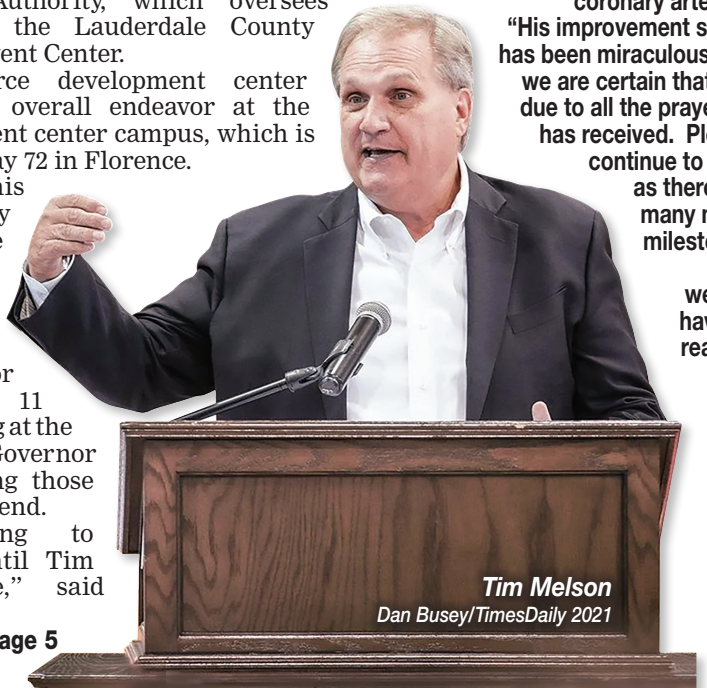
Plans had called for an August 11 groundbreaking at the campus with Governor Kay Ivey among those scheduled to attend.

"We're going to postpone it until Tim can be here," said

See MELSON... Page 5

Dr. Tyler Melson, Tim's son, explained in a detailed Facebook post that his dad had suffered cardiac event due to an irregular heartbeat. He said a cardiac catheterization was performed and found no blockage in his coronary arteries.

"His improvement so far has been miraculous and we are certain that it is due to all the prayer he has received. Please continue to pray as there are many more milestones that we will have to reach."



Tim Melson
Dan Busey/TimesDaily 2021

INSIDE this Issue



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Watson's Auto Sales

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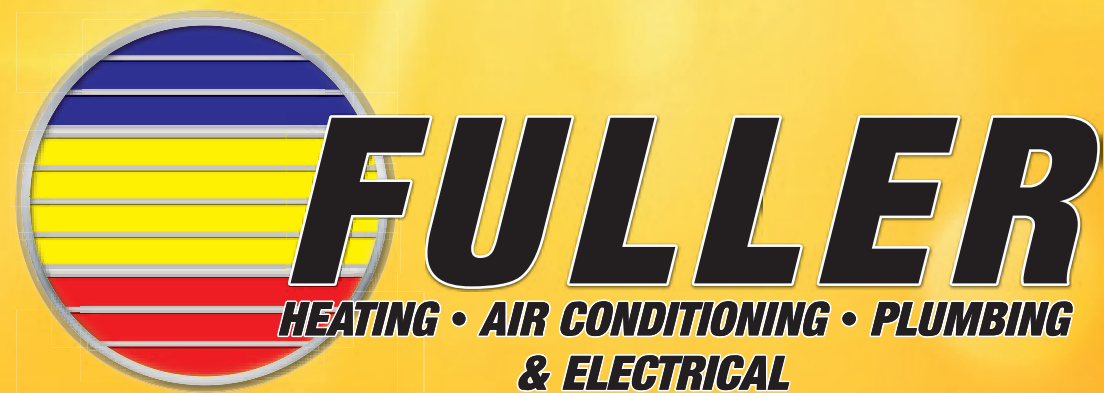
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Shorts...

Two Named at TVACCU

Continued from Page 1

in 2022 as a part-time teller before becoming full-time in Card Member Services. In her new position, Franco will coordinate the policies and activities of the HR & Training Departments, ensuring compliance as well as organization strategy implementation.

grassroot committees and work beside like-minded people.

The Shoals Democratic Club is a collaborative effort between the Lauderdale County Democratic Executive Committee (LCDEC), Colbert County Democratic Executive Committee (CCDEC).

"The energy we saw today was great!" said **Julie Dean**, Chair of CCDEC. "We're excited to see all the new—and old!—faces of those who are ready to volunteer to rebuild this club and our communities."

The Shoals Democratic Club's top priority is searching for qualified individuals to run as Democratic candidates in the upcoming 2024 elections, ensuring choices on the ballot.

"A democracy only exists when you have a choice. We're organizing now to ensure this community has competent choices in 2024. After all, it's local races that affect our quality of life the most," said **Chris Anderson**, Chair of LCDEC.

Former Democratic candidate for Alabama State House District 3, **Wesley Thompson**, spoke at the event on Saturday and encouraged

the crowd to get involved with the club. "Here's something you may not know," said Thompson, former candidate and Colbert County Democratic Executive Committee member.

"We have the numbers to win. There are a lot more Democrats in the Shoals than show up on Election Day. We have the numbers. We just have to activate our neighbors by knocking on more doors, talking to more people, and putting in the work."

For more information about the Shoals Democratic Club and the "Building a Better Shoals" campaign, please visit shoalsdems.com.

Thanks to that generous support, the association was able to award scholarships to five outstanding seniors who excelled in both athletics and academics at their respective schools.

- **Demarion Newsome** (Deshler High School)
- **Walter Goggins** (Deshler High School)
- **Kandaries Anderson** (Deshler High School)
- **Tyson Hughes** (Muscle Shoals High School)
- **J'yheam Ingram** (Muscle Shoals High School)

The North Alabama African Heritage Association is a 501(c)(3) organization that remains committed to empowering the youth of Tusculumbia and surrounding areas.

"We are immensely grateful to the City of Tusculumbia, our sponsors, and the community for making this festival an extraordinary success," said **Wallace Ricks**, President of the North Alabama African Heritage Association. "Your generous contributions have allowed us to recognize and support these five exceptional students. We firmly believe

See SHORTS... on Page 13

26 AUGUST 9AM-3PM

400 COUNTY ROAD 158 FLORENCE, AL (OFF OF SAVANNAH HWY)

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For Building a Better Shoals

TUSCUMBIA—The energy of more than 75 Shoals residents filled the air as the Shoals Democratic Club hosted its summer kickoff party recently to officially launch the club's "Building a Better Shoals" campaign.

The "Building a Better Shoals" campaign hopes to increase voter engagement, foster grassroots involvement, and elect qualified Democrats to improve our community's quality of life. Progressives from all walks of life are invited to join the club by volunteering in one of its

Five NAAHA Scholarships

TUSCUMBIA—The North Alabama African Heritage Association extends its deepest appreciation to the city of Tusculumbia, sponsors, and citizens for their support during the successful African Heritage Festival.

The event celebrates African heritage and cultural diversity and received overwhelming encouragement from the community.

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<p>Beef Patties \$3.29 Lb.</p>	<p>Chicken Wings Mix Cut (Drumettes & Flaps) \$2.49 Lb.</p>	<p>Boneless Chicken Breast \$1.99 Lb.</p>	<p>Chicken Leg Quarters 10/Lb./Bag \$6.99</p>

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COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.

• Email to editor@courierjournal.net;

longest-running tribute show. Tickets are available at tennesseevalleyarts.org.

The Village School Foundation Volunteer Day is August 19 at 200 Chickamauga St, in Sheffield. Join the Foundation and Muscle Shoals National Heritage Area in cleaning and organizing various sections of the building's interior and preparing for the next phases of restoration. This may include cleaning, scraping, and painting; they'll provide supplies and direction; no experience necessary. Information: thevillageschoolfoundation@gmail.com.

Valley Museum of Art, 511 North Water Street in Tusculmbia. **Chicano Voices Speak** is a carefully curated exhibition created by the Tennessee Valley Museum of Art over the past year. It offers viewers the opportunity to consider the cultural, social and political intersections of the United States and Mexico, the establishment and maintenance of cultural identity and the physical and social borders that exist between them. The artists invited to participate are from across the United States and identify as Chicano/x, Hispanic, Latino/x or work with the subject of immigration and culture. The artists include: Juan Fuentes,

Borderline: Chicano Voices Speak (Exhibition and Events Series) August 22 - September 30 at the Tennessee

See NOTES... page 26

Franklin County
Watermelon festival
 ENTERTAINMENT

Friday	Saturday
TREMAYNE 7:00 PM	REWIND 6:00 PM
VELCRO PYGMIES 8:30 PM	AUSTIN BOHANNON 7:00 PM
	COLT FORD 8:30 PM

AUGUST 18 & 19 2023

CONTESTS | ARTS | VENDORS | MUSIC | CAR SHOW



Second Saturdays in Downtown Tusculmbia, is August 11-12. Embrace creativity and artistry on Friday with the Creators' Co-op and Street Party featuring remarkable local crafts and the soulful sounds of the Midnighters. On Saturday, experience a delightful shopping spree with a variety of vendors, offering unique handmade treasures and delectable treats. The night comes alive with live music by Joseph Baldwin, filling the air with captivating melodies. For more information, email: rosebug-15@yahoo.com.

The Palace After Dark Presents: 18 & Under Dance Party Thursday, August 12 at The Palace, 100 S Main St, Tusculmbia. Join our friends at The Palace for their third dance party of the summer! Admission is free. Information: 256-248-4550

The Samaritan House Clothing Room will host a Clothing Giveaway from 8am-noon, on August 12 at 600 Geneva Ave. in Muscle Shoals. The Samaritan House gives away clothes from 9-11:30am each Tuesday. Donations accepted.

Yesterday: A Tribute to the Beatles performs at 7:30pm Saturday, August 19, at The Ritz Theatre, 111 Third Street, Sheffield. Performing the Beatles since 2001, Yesterday: A Tribute to The Beatles tours the U.S. and internationally. These entertainers have performed on five continents. Yesterday was endorsed by Sir Paul McCartney himself, and has been featured in Rolling Stone and on NBC, CBS, ABC, and more. The resident Beatles Show Band for "Legends in Concert," is also the world's

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Melson...

Continued from Page 1

Lauderdale County Commissioner Roger Garner, who is a member of the agricultural authority. "He has been such an integral part of it that we wanted to delay it."

Melson was among a legislative contingent on a recruiting trip last week in South Korea where he suffered cardiac arrest reportedly in a coffee shop. He was rushed to a nearby hospital after CPR was performed and later was transferred to a hospital in Seoul.

Melson has been showing signs of improvement since the weekend. Family members have posted updates on social media indicating his condition has been improving.

According to Garner, they had not yet sent out formal invitations to the groundbreaking but still need to get the word out about its postponement.

"We had told a lot of people about the groundbreaking and just wanted to make everybody is aware that it is being postponed,

but it will not delay the project" The \$34 million workforce development center is scheduled for completion in April 2025.

In addition to the workforce development center, the ag event center will include an arena capable of holding large concerts and other events, and an innovation center that the Lauderdale County School System will use to replace the Allen Thornton Career Technical Center.

Hotels and retail businesses also are expected to be part of the facility.

Tim Melson is a retired anesthesiologist and owner of Shoals Medical Trials, Inc., a medical research firm in Sheffield. He has been a state senator representing District 1 since he was elected in 2014. This is now his third term in office.

This article originally appeared in the TimesDaily on August 2 and went to press for this issue on August 4.

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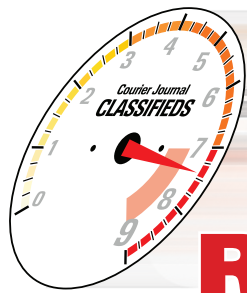
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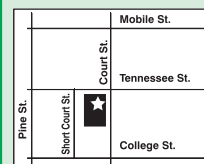
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Kicks...

Continued from Page 1

and five pair of socks to every student in the school, regardless of their need. Over the last three years, the foundation has provided shoes to 3,668 local students in 11 schools. Plans are being made to give away shoes in at least 6 additional schools during the 2023-2024 school year.

Listerhill Credit Union CEO, Brad Green, said, "Listerhill's mission is to improve the lives of the people in our community. We really want to find ways to make a positive impact. A pair of shoes that fit properly has a big impact on a child's physical activity, can improve behavior and concentration in the classroom, and have a very positive influence on the child's self-esteem."

The Shoals area can play a vital role in supporting the efforts of the Kicks for Kids program by joining the August 25 effort as a golf tournament sponsor or player.

For additional information about the tournament or the foundation, visit www.listerhill.com/foundation or contact the Angela Scott at 256-383-9204 ext.1414.

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Commentary

The Ideal Timing for Indictment #3

Former President, Donald Trump, was indicted for a third time last week. The time was predictable in that special council, Jack Smith, dropped the indictment news in congruence with the increasingly damning events surrounding Hunter Biden, his laptop, his unethical associations, and his father's knowledge of it all when he was vice president under Barack Obama. That overlap provides great media shelter. It is also important to note that the Justice Department has set procedures for special counsel appointments in cases where there may be a conflict of interest with the current administration in power. Smith was appointed to this position by US Attorney General, Merrick Garland, because this involves the leading opposition candidate of the current president in power as an election campaign heats up. Smith was also special counsel during the recent raid and indictments out of jurisdiction at Trump's estate in Mar-a-Lago.

See **TIMING...** on Page 24

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

In A Few Words



TOM MAGAZZU
Editor

Courier Journal

in the Shoals

THIS WEEK

August 9, 2023

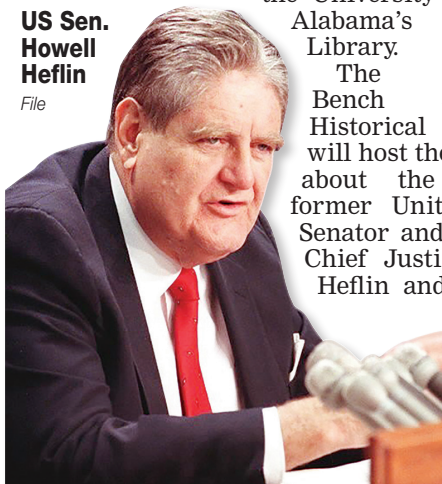
Happening THIS WEEK

Heflin Tribute for Passage

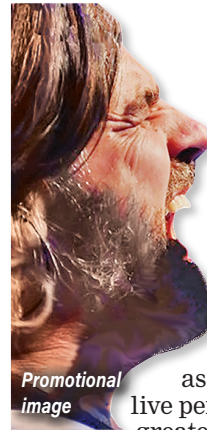
50 Years Since 1973 Judicial Article

FLORENCE—A special anniversary program about Howell Heflin and his efforts toward the Passage of the Alabama Judicial Article in 1973 will take place on Thursday, August 10 at the University of North Alabama's Collier Library. The Alabama Bench & Bar Historical Society will host the program about the life of former United States Senator and Alabama Chief Justice Howell Heflin and the 50th

US Sen. Howell Heflin
File



See **HEFLIN** on Page 28



Classic Seger at the Ritz

SHEFFIELD—A Bob Seger celebration will take place in the Shoals this weekend as Classic Seger will be live performing Bob Seger's greatest hits. There are two big shows scheduled Saturday, August 12 at 5pm and 8pm at the historic Ritz Theatre in downtown Sheffield. Classic Seger brings the energy, excitement, and raw power of a vintage Bob Seger show that thrills audiences across America, leaving fans singing, dancing, and screaming for more!

See **SEGER...** on Page 23



SECOND SATURDAYS IN DOWNTOWN TUSCUMBIA, IS AUGUST 11-12. Embrace creativity and artistry on Friday with the Creators' Co-op and Street Party featuring remarkable local crafts and the soulful sounds of the Midnighters. On Saturday, experience a delightful shopping spree with a variety of vendors, offering unique handmade treasures and delectable treats. The night comes alive with live music by Joseph Baldwin, filling the air with captivating melodies. For more information, email: rosebug-15@yahoo.com.

THE SAMARITAN HOUSE CLOTHING ROOM will host a Clothing Giveaway from 8am-noon on August 12 at 600 Geneva Ave. in Muscle Shoals. The Samaritan House gives away clothes from 9-11:30am each Tuesday. Donations are accepted.



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Thursday, August 12 at The Palace, 100 S Main St, Tusculmbia. Join your friends at The Palace for the venue's third dance party of the summer! Admission is free. For information, call 256-248-4550.

YOUR Letters

Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters are subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

A Tuscumbia Drive

Editor:

A few days ago, a friend and I took a ride through Tuscumbia. I could not believe what I saw. Neighborhoods that were once decent and nice are now run down. The mayor and the city council should do something about this. Spring Park needs to get more attention as well; the park is not well-kept. And whose idea was it to string lights across Main Street? To me, that looks really tacky.

I do not understand why the city will not place a monument in Spring Park recognizing former President Jimmy Carter. I also do not understand why they will not find a buyer for the Tuscumbia Theater. That theater has a great deal of history. Big names have performed there. People like Little Jimmy Dickens, Jerry Clower, The Statler Brothers, and many others. Tuscumbia is sitting on a gold mine and just doesn't know it.

Terry Willis
Florence

Yip Like Puppies

Editor:

I like Kevin McCarthy and Jim Jordan and many of our conservative politicians, but all that they do is misstep and talk. We elected these Conservatives to stand up for Americans and our Constitution. Yet, all they do is yip like puppies big-boned out of a bone. They simply wilt and fold under liberal assault. Weak and ineffectual.

Wayne South
Florence

He plans to replace our constitution...and install his own authoritative mandates.



See **LETTERS...** on Page 31

by Mail, in person, or mail slot
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Shorts...

Five NAAHA Scholarships

Continued from Page 2

that they will carry forward the values of our organization and academic excellence for generations to come."

For further inquiries about the North Alabama African Heritage Association, please contact Wallace Ricks at 256-335-2911.

Civitan's Set Golf Tourney

MUSCLE SHOALS—Florence Civitan Club's

Annual Golf Tournament take place on Friday, September 22 at the picturesque Robert Trent Jones Golf Course at the Shoals. This event promises to be a day of excitement, camaraderie, and philanthropy to make a positive impact in our community.

Registration is at 8am with a 9am shotgun start. Registration is \$500/team for the Four-man Scramble.

Register your team, sponsor a hole, donate prizes, or make a direct contribution. Sponsorship generosity will be recognized during the tournament and in post-event acknowledgments, depending on the

sponsorship level.

Florence Civitan supports local charities such as Kruzn for a Kure, Shoals Habitat for Humanity, United Cerebral Palsy, One Place of the Shoals, Big Brothers/Big Sisters, Meals on Wheels, Scope 310, and Dustin's Promise.

For more information about the Civitan Golf Tournament or sponsorship opportunities, follow them on Facebook or contact Deanna Sledge at 256-710-5497.

2 Battlefield Site Rehabs

TUPELO, MS— The National Park Service is partnering with the Historic Preservation Training Center to rehabilitate the Tupelo and Brices Cross Roads National Battlefield sites located in Lee County, Mississippi. Both sites were established by Congress in 1929 and have been administered by the Department of Interior since 1933. Each one-acre site consists of a large central monument flanked by cannons and carriages along with small commemorative markers. The sites are remnants of the larger Civil War battlefields they commemorate and are listed in the National Register of Historic Places.

HPTC will comprehensively clean the monuments and markers using gentle methods and products designed specifically to preserve the stone and bronze elements. The monuments' joints will be repointed using mortar matched to the existing historic material. "The original mortar holding the monuments together is beginning to fail," stated Resource Management Chief Chris Smith, "but in order to maintain their historic integrity, we asked the NPS's National Center for Preservation Technology and Training to analyze samples so we could match the new mortar with the exact material and consistency of the original." Work began at Brices Cross Roads July 10 and will be followed by rehabilitation of the Tupelo National Battlefield.

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Flattering Lips Double Hearted John 8:44 Christians

Psalms 12:1-3 "Help, LORD; for the godly man ceaseth; for the faithful fail from among the children of men. They speak vanity every one with his neighbour: with flattering lips and with a double heart do they speak. The LORD shall cut off all flattering lips, and the tongue that speaketh proud things." Matthew 15:8 "This people draweth nigh unto me with their mouth, and honoureth me with their lips; but their heart is far from me." An entire generation today, worldwide, even preachers along with churches and politicians alike have practiced greed and lying for profit, becoming millionaires, supposing gain is godliness. 1 Timothy 6:5 "Perverse disputings of men of corrupt minds, and destitute of the truth, supposing that gain is godliness: from such withdraw thyself." 1 Timothy 6:10 "For the love of money is the root of all evil: which while some coveted after, they have erred from the faith, and pierced themselves through with many sorrows."

Truly, lying, deception and perversion has become the norm in the secular, religious and political world and leaders have grabbed millions in their antics. All of the above claim to have some belief in a god and embrace some religion and believe some fundamentals of some belief and have some book to back it up! Every sin has a hook in it and the devil has hooked billions in this country and the world. Revelation 12:9 "And the great dragon was cast out, that old serpent, called the Devil, and Satan, which deceiveth the whole world: he was cast out into the earth, and his angels were cast out with him." It was easy for him to deceive all and folks were promised anything and everything until it came time to die. Their joyride cost them their soul. Folks, what are you going to do with all that money you're piling up? James 5:3 "Your gold and silver is cankered; and the rust of them shall be a witness against you, and shall eat your flesh as it were fire. Ye have heaped treasure together for the last days." James 5:9d "behold, the judge standeth before the door." He's waiting for you. Get ready to meet Him! Hebrews 9:27.

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Soap Opera Preview

DAYS OF OUR LIVES Maggie discovered Sarah's secret. Xander surprised Chloe. Gwen discovered Leo hiding his lover. Nicole was caught between conflicting proposals. Marlena witnessed something shocking at Bayview. Chanel's bakery ran into trouble. Kayla counseled a troubled Abe. Shawn returned to work feeling guilty. Paulina made a plea on Abe's behalf. Tripp planned a romantic surprise for Wendy. Harris and Ava bonded at Bayview. Chanel turned to Johnny for comfort. Brady was faced with a new custody agreement. Chad was grateful for EJ's advice. Stephanie convinced Yuri to return to Salem. Shawn's new job prompted mixed feelings. Maggie and Bonnie learned that they knew the same secret. *Wait to See: Stephanie confronts Chad. Rex has a proposition for Sarah.*

Belle and Chloe get into an altercation.
GENERAL HOSPITAL Sam's suspicions grew. Cody wouldn't take "no" for an answer. Anna sought out Robert. Olivia made a surprising offer. Sonny consulted with Brick. Valentin was in the hot seat. Gregory and Tracy sparred. Olivia gave Eddie food for thought. Cody enlisted Brook Lynn's help. Finn and Elizabeth shared a close moment. Carly and Olivia reflected on their friendship. Nina and Sonny discussed wedding plans. Jordan offered her assistance. Trina made a move. Marshall visited Curtis. Maxie got an enticing offer. Trina and Curtis reconnected. Portia leaned on Marshall for support. Anna and Dante worked through a theory. Kristina impressed Alexis. Finn made a big ask of Liz. Sam updated Dante. *Wait to See: Carly refuses Sonny's help. Anna is targeted. Nina calls Ava.*
THE YOUNG AND THE RESTLESS Victoria examined her relationship with Nate. Tucker and Audra discussed a secret from their past. Heather tried to undermine Christine. Phyllis stopped at nothing to protect Summer. Audra turned to Nate for guidance. Abby targeted Diane. Phyllis faced the music. Chance helped Summer look forward to a fresh start. Christine made an

impulsive decision. Jack and Ashley called a truce. Diane questioned Audra about her intentions. Billy took on a new role.

Wait to See: Sharon gives Adam a warning. Daniel stands his ground. Nate goes rogue at the office.

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- Can my friend drive my car?
- Can other family member borrow my car for the weekend?
- Can I drive someone else's car?

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"Generally, it's not a problem if they're driving with your consent," says Jeanne Salvatore, Senior Vice President of Public Affairs and consumer spokesperson for the Insurance Information Institute. "If it's an occasional use, say I borrow your car to go pick up milk, and as long as permission has been verbally granted, you'll typically be covered."

But, borrowing a car under other circumstances may not be as clear-cut. It depends on your insurer and your particular policy. For example, coverage rules and regulations may be different if the driver lives in your household and could, or should, be listed as a named insured on your policy, but is not; or, if the driver is listed on your policy as excluded.

Typically, even if the person driving your car has his or her own insurance, your insurance will be the primary payer for damages caused by your vehicle; but, the person driving your car has to be found legally at fault before your insurance will pay. The driver's insurance is secondary and may cover some personal injury or medical expenses.

"When you have someone you employ, such as a nanny or a nurse, who will be a regular, additional driver in your household, contact your insurance agent about your policy," Salvatore recommends.

As with anything else, use good judgment and common sense. Make sure you are fully aware of the liability you may be opening yourself, and your auto policy, up to before handing over your keys.



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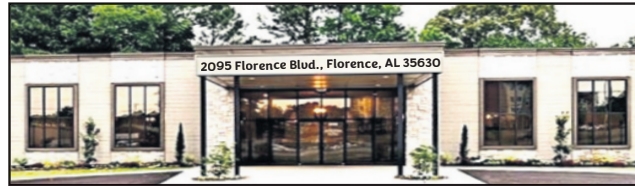
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Cat & Kids

by Cathy Turner

FRESHMAN

Writer's note: It's that time again - let's take them to college! As I spoke with a first-time college Mom recently, I was reminded of this column that was printed in 2007 when we were taking our first boy to college. Yes, change is gonna happen; that college freshman of yours is feeling it. But it's all good. Believe me, there are many more great times to come.

Free-I know that this is the first thought of all college freshmen. "Free at last. Free at last. Thank God Almighty, I'm free at last." Away from the watchful eye of mom and dad.

Ready-to try everything, conquer the world, do what there is to do, see what there is to see.

Educated-This when all the philosophizing starts. They know what's right because now they get to explore, discuss, and get deep.

Sleepless-Freshman year is a constant state of

zombie. Illness happens, and really good grades are slept through.

Hairy-Guys who graduate from Mars Hill Bible School (MHBS) always come home hairy, because they can't have long hair or facial hair at MHBS.

Misdirected-In doing and seeing, partying and playing, they might forget the purpose. First semester grades usually reel them back in.

Anxious-Ready to get there. Summer is always one week too long when you are a freshman.

New-Everything is new-friends, classes, night life, and their relationship with their folks. You know, you just have to trust your training, because it's time to send them off. One can only pray. Hopefully, their days will be long on this earth because we have trained them. Can they only be as good as their parents were at parenting? Of course not, but they do get much of

their outlook from us. This is what I was thinking as we were driving two cars to Atlanta to Emory to drop off two kids. My son, Garrett, a freshman, and I were in one car singing to the top of our lungs and having a great time when he put in the Broadway version of "The Lion King". The song, "He Lives In You" came on. This song celebrates the fact that Simba's father, Mufasa, lives on in Simba. As we listened and sang, I choked up thinking of my parents and how my mother definitely lives on. I am so much like her. I started to cry silently. I have been missing my folks so much lately. Then Garrett started rubbing my back, and I sobbed. I knew how much I was going to miss his touches and singing. Then the song said, "Into the water. Into the truth. In your reflection, he lives in you." Garrett has always reflected the truths that we have taught him. We are in him. God is in him. I just want him to have strength.

This was the only meltdown that I had while moving my freshman boy in. When I moved my firstborn in, I was so excited. This time I really know what it means-change. I was still excited; finding the new dorm, putting his room together, talking with his roommate's parents, but I know you really leave

a boy. Truly, he was so ready to be on his own.

F-r-e-s-h-m-a-n, it's bound to happen. I hope that he doesn't go out too far, get too hairy or too deep, and that he will remember his goals and his God.

Email comments or suggestions to CatnKids1@gmail.com

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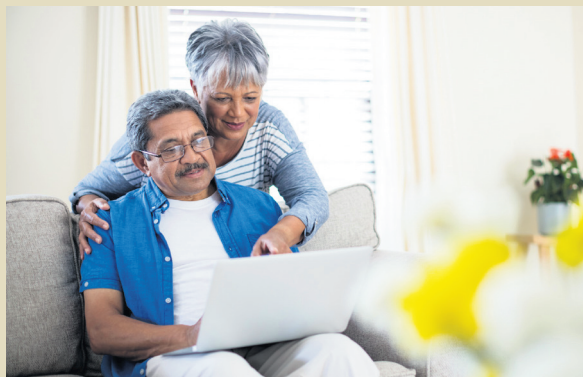
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Medicare Minute

"Medicare Part A Part 2"

Last week we discussed how Medicare Part A will cover you if you are admitted into the hospital. A hospital, under Medicare, can be acute care hospitals, critical care hospitals, inpatient rehabilitation facilities, long term care hospitals or mental health care.

The one aspect of Medicare Part A we get the most questions about is coverage at a skilled nursing facility (SNF). To be covered by Medicare at a SNF certain criteria has to be met. First, of course, is you must have Medicare Part A. Next your doctor has determined that you need daily skilled care given by, or under the supervision of, skilled nursing or therapy personnel. Your skilled nursing care will have to be in a SNF that is certified by Medicare.

What a lot of people don't know is that you must have a "qualifying" hospital stay to be covered at a SNF. Under Medicare a "qualifying" hospital stay is at least a 3-day inpatient stay prior to being admitted to the SNF. If you go to the ER and are held one day for observation and are admitted into the hospital for two days this does not constitute a "qualifying" hospital stay. If you are admitted on a Monday and discharged the following Wednesday this is not a "qualifying" hospital stay. In the two examples above those are 2-day inpatient stays. A good rule of thumb is you must be admitted as inpatient for at least three midnights.

You also need to know that Medicare Part A will only cover you for 100 days at a SNF and only 20 of those days are at 100%. In other words days 1-20 are covered at 100%. Days 21-100 you will pay the first \$200.00 per day and Medicare pays the rest of the cost. Starting with day 101 you will pay 100% of the bill.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



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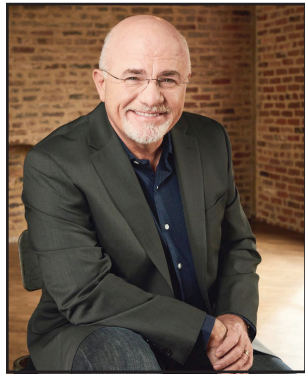
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DAVE Says

by DAVE RAMSEY

YOU NEED A BETTER PLAN

Dear Dave,
My husband recently opened his own commercial painting company. We know he will have three months or so every year when he's making very little, if any, income. We also started following your plan



recently, too, and have \$1,000 set aside for our starter emergency fund. We were ready to begin paying off all our debt except our home in Baby Step 2, but now he wants to skip that, and move to Baby Step 3 to build a fully funded emergency fund of three to six months

of expenses. I think I know why he feels this way, but would you give me your thoughts?
Crystal

Dear Crystal,
Your husband's excited about the new business. I get that. And in his own way, it sounds like he's trying to make sure there's extra money on hand for the down months he may experience as a commercial painter. But I wouldn't advise this approach, not for his business, and not for your family's finances.

Baby Step 3 is an emergency fund of three to six months of expenses. The scenario he wants to plan for, however, isn't an emergency. He knows it's coming. It's the same with things like Christmas, birthdays and stuff like that. You know they're coming, and you even know which months and days. Things like that aren't emergencies, and they don't catch anyone by surprise. They're things you plan for—and budget for—ahead of time.

But the first thing your husband needs to do is re-work his business model. He needs something to do during the down months,

so that his income doesn't dry up completely. Setting money aside in a business for an expected down time is smart, but it's not a Baby Step 3 issue. It would be a line in the budget where you set money aside because you know something's coming.

Again, if it's something predictable, something that happens at the same time every year, it is *not an emergency*. If you want to budget some household money for the down time, that's fine. But do you know what would be even smarter? Figuring out a plan for this time, based on his skill set, which will allow him to keep earning money!

— Dave

Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of "The Ramsey Show." He has appeared on "Good Morning America," "CBS This Morning," the "Today" show, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth, and enhance their lives. He also serves as CEO of Ramsey Solutions.

Legal Advertisement for TVA Reservation Water Main (KG Project #21-0029)

Sealed bids will be received by the Colbert County Commission at the Colbert County Courthouse, located at 201 N. Main Street, Tusculumbia, AL 35674, until **Thursday, August 10, 2023, at 1:30 P.M. CST**, and then publicly opened and read aloud for furnishing all labor and materials, and performing all work described as follows: The project consists of installing a new 12" water main on the TVA Reservation to provide domestic water to new and existing entities.

A non-mandatory pre-bid conference will be held virtually on **Thursday, August 3, 2023, at 2:00 P.M. CST**. Instructions for attending the virtual pre-bid conference are included in the contract specifications.

The Owner has received a Coronavirus State and Local Fiscal Recovery Fund (SLFRF) grant under the American Rescue Plan Act ("ARPA funds") from the U.S. Department of the Treasury. (ARPA Project #01033-061-220704-0011) Compliance with all applicable Federal, State, and local laws, rules, and regulations is required.

Bid documents may be examined at the Colbert County Courthouse located at 201 N. Main Street, Tusculumbia, AL 35674. Bid documents may be purchased ONLY from Alabama Graphics online plan room at www.algraphicsplanroom.com or by calling (205) 252-8505. The project engineering firm is The Kelley Group, LLC (256) 248-7030. General contractors who bid must purchase, at minimum, the half-size plans and specifications. Documents are available at reproduction cost with no refunds available. Plans and specifications will not be issued to contractors less than forty-eight (48) hours prior to the time indicated above for receiving bids.

Performance and Labor and Material Payment Bonds, proof of insurance, and a complete list of subcontractors and suppliers will be required prior to the signing of the Contract. A Performance Bond in an

amount equal to one hundred percent (100%) of the contract costs and a Labor and Material Payment Bond in an amount of one hundred percent (100%) of the contract cost in the form and terms approved by Colbert County Commission will be required at the signing of the contract. In addition, the Contractor must furnish to Colbert County Commission at the time of the signing of the contract a certificate of insurance coverage as provided in the specifications. The right is reserved to reject any and/or all bids and waive informalities and to furnish any item of material or work to change the amount of said Contract.

No bids will be considered unless the bidder, whether resident or non-resident of Alabama, is properly qualified to submit a bid for this construction in accordance with all applicable laws of the State of Alabama. This shall include evidence of holding a current license from the State Licensing Board for General Contractors, Montgomery, Alabama, as required by Chapter 8 of Title 34 of the Code of Alabama, 1975. In addition, non-residents of the State, if a corporation, shall show evidence of having qualified with the Secretary of State to do business in the State of Alabama.

The bidder shall show evidence by clearly displaying the current license number on the outside of the sealed envelope in which the bid is delivered. In addition, bids shall be clearly identified on the exterior of the package with the bidder's name, address, the name of the project being bid, and time and place of the bid opening. No bid may be withdrawn after the scheduled closing time for receipt of bids for a period of sixty (60) days. The Owner reserves the right to reject any or all bids and to waive technical errors if the best interest of the Owner will thereby be promoted. All bids received after the date and time of the bid opening noted above will be returned unopened.

Legal Advertisement: Request for Proposals Colbert County Phase II Water System Materials (KG Project # 21-0015)

Sealed proposals will be received by the Colbert County Commission located at 201 N. Main Street, Tusculumbia, AL 35674, until **Thursday, August 10, 2023, at 1:15 P.M. CST**, and then publicly opened and read aloud for furnishing materials described as follows: **Phase II Colbert County Water System Materials (FS010264-02)** The materials to be purchased will include but shall not be limited to water meter boxes, back flows, and curb stops.

A non-mandatory pre-bid conference will be held virtually on Thursday, August 3, 2023, at 1:00 P.M. CST. Instructions for attending the virtual pre-bid conference are included in the contract specifications. The Colbert County Commission seeks to improve the water system and has obtained a Drinking Water State Revolving Fund (DWSRF) Loan through the Alabama Department of Environmental Management (ADEM). Compliance with all applicable Federal, State, and local laws, rules, and regulations are required.

RFP documents may be examined at the Colbert County Commission office located at 201 N. Main Street, Tusculumbia, AL 35674, or may be obtained by contacting Jessica Mandrell,

Project Manager, at jessica@kelleynetwork.com or 256-248-7030.

A Material Payment Bond in an amount of one hundred percent (100%) of the contract cost in the form and terms approved by the Colbert County Commission will be required at the signing of the contract. In addition, the bidder must furnish to Colbert County Commission at the time of the signing of the contract a certificate of insurance coverage as provided in the specifications. The right is reserved to reject any and/or all bids and to waive informalities and to furnish any item of material or work to change the amount of said Contract.

Bids shall be clearly identified on the exterior of the package with the bidder's name, address, the name of the project being bid, and time and place of the bid opening. No bid may be withdrawn after the scheduled closing time for receipt of bids for a period of sixty (60) days. The Owner reserves the right to reject any or all bids and to waive technical errors if the best interest of the Owner will thereby be promoted. All bids received after the date and time of the bid opening noted above will be returned unopened.

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Legal Advertisement: Advertisement for Bids Colbert County Water Meter Replacement Phase II (Labor Only) (KG Project # 21-0015)

Sealed bids will be received by the Colbert County Commission located at 201 N. Main Street, Tusculumbia, AL 35674, until **Thursday, August 10, 2023, at 1:00 P.M. CST**, and then publicly opened and read aloud for performing all work described as follows: **Replacement of Water Meters Phase II (Labor Only)** The project consists of installing approximately 3,000 new AMR water meters and appurtenances.

A non-mandatory pre-bid conference will be held virtually on Thursday, August 3, 2023, at 1:00 P.M. CST. Instructions for attending the virtual pre-bid conference are included in the contract specifications.

The Colbert County Commission seeks to improve the water system and has obtained a Drinking Water State Revolving Fund (DWSRF) Loan through the Alabama Department of Environmental Management (ADEM). Compliance with all applicable Federal, State, and local laws, rules, and regulations are required.

Bid documents may be examined at the Colbert County Commission office located at 201 N. Main Street, Tusculumbia, AL 35674. Bid documents may be purchased ONLY from Alabama Graphics online plan room at www.algraphicsplanroom.com or by calling (205) 252-8505. Project engineering firm is The Kelley Group, LLC (256) 248-7030. General contractors who bid must purchase at minimum the half size plans and specifications. Documents are available at reproduction cost with no refunds available. Plans and specifications will not be issued to contractors less than forty-eight (48) hours prior to the time indicated above for receiving bids.

Performance and Labor and Material Payment Bonds, proof of insurance, and a complete list of subcontractors and suppliers will be required prior to the signing of the Contract. A Performance Bond in an amount equal to one hundred

percent (100%) of the contract costs and Labor and Material Payment Bond in an amount of one hundred percent (100%) of the contract cost in the form and terms approved by Colbert County Commission will be required at the signing of the contract. In addition, the Contractor must furnish to Colbert County Commission at the time of the signing of the contract a certificate of insurance coverage as provided in the specifications. The right is reserved to reject any and/or all bids and to waive informalities and to furnish any item of material or work to change the amount of said Contract.

No bids will be considered unless the bidder, whether resident or non-resident of Alabama, is properly qualified to submit a bid for this construction in accordance with all applicable laws of the State of Alabama. This shall include evidence of holding a current license from the State Licensing Board for General Contractors, Montgomery, Alabama, as required by Chapter 8 of Title 34, of the Code of Alabama, 1975. In addition, non-residents of the State, if a corporation, shall show evidence of having qualified with the Secretary of State to do business in the State of Alabama.

The bidder shall show evidence by clearly displaying the current license number on the outside of the sealed envelope in which the bid is delivered. In addition, bids shall be clearly identified on the exterior of the package with the bidder's name, address, the name of the project being bid, and time and place of the bid opening. No bid may be withdrawn after the scheduled closing time for receipt of bids for a period of sixty (60) days. The Owner reserves the right to reject any or all bids and to waive technical errors if the best interest of the Owner will thereby be promoted. All bids received after the date and time of the bid opening noted above will be returned unopened.

Seger...

Continued from Page 12

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Commentary

Timing...

Continued from Page 12

There is no new information here for this indictment. It's all based primarily on what was publicized by the January 6 Committee, which was clearly one-sided, choreographed theatrics made for alphabet media nightly news coverage.

There is no claim or charge that Trump worked on his own or in accordance with anyone to organize a riot or foment animosity around January 6.

He supposedly was attempting to defraud federal and state governments by spreading what he knew were lies about election fraud and attempted to convince others of his position. He was also personally attempting to obstruct the January 6 electoral vote count.

Smith also included is



a charge under the Ku Klux Klan Act of 1870, a law that makes it a crime to go under disguise at night to conspire, to deny people their rights through violence and other means, as if Trump were trying to deny people the right to vote under the Klan Act. It's a brilliantly wild claim that brings race and voting rights into the picture.

As Dan McLaughlin, senior writer at *National Review*, put it in a tweet, "The problem with bringing a federal criminal conspiracy charge consisting entirely of acts that are not themselves criminal, all of which are directed through the channels of politics, govt, speech, and law, is that it massively, abusively expands the criminalization of politics."

This recent indictment is a nefarious abuse of power and a stunning, yet unsurprising, manipulation of the criminal process.

But it is perfectly set-up for this case and the judge who will preside.

U.S. District Judge, Tanya Chutkan, has

ruled against the Trump administration in the past, as well as against Trump as an individual.

Aside from that, all we need to know about her is that she described the violent unrest spearheaded by BLM and Antifa militants after the George Floyd killing as "mostly peaceful." And according to the Associated Press, she has sentenced over three dozen people convicted of January 6-related crimes to jail or prison terms, ranging from 10 days to more than five years,

Most notably, Chutkan was the only judge out of about two dozen presiding over prosecutions of some 600 January 6 defendants, who routinely imposed sentences that exceeded what federal prosecutors had asked for.

However, I'm sure that there is no predisposed bias here.

Using this Trump indictment as a baseline, every person who helped bail out the BLM rioters, looters, and arsonists with time, influence, or money, should be charged for conspiracy to commit grand larceny and arson.

The national media, and much of Hollywood could be indicted for years of questioning or criticizing the results of the 2016 election.

If you will also recall, there was a 2 minute 20 second video of lefties urging Republican members of congress to change their electoral college vote away from Trump who was 'not competent enough' to hold that office. (Isn't THAT some irony?) Hillary Clinton often claimed publicly that the 2016 election was "stolen." What is it they say? That is "a threat to our democracy."

2020 and far too many details that are still officially unanswered. The left just yells louder and longer, so as to discredit any remnants of questioning legitimacy. And THEY are in power.

In addition, leftist badgering and browbeating is exhausting and demeaning. They seem to have excess time to protest publicly and camp on social media. There is so much being thrown from the left at any one time, it is easier for those on the right to give up on certain battles. That is what the left hopes for.

However, these continued prosecutions of Donald Trump are not weakening his 2024 candidacy like they may have hoped.

Considering the constant barrage of political shenanigans that he has endured since early 2016, I think Donald Trump has demonstrated a remarkable degree of patience and composure.

I'm not sure that the overall four-year package and personal presence he would bring to the office in 2024 is better than what some other strong conservative candidates would bring. However, Donald Trump wouldn't be indebted to anyone or any group politically which would again stall the deep state, one-world warriors for a period.

Trump being re-elected would also drive some of the reality-phobic fringe psychos back into therapy and their self-induced, months-long hyper-ventilation mode that requires more sedatives and some paid time off from work or school. And just think, this would be eight years after the previous meltdown that started in 2016. We'll have a whole new set of unhinged.


That, in and of itself, would be worth a \$250 check to one of my least favorite 501 (c) charities. Sure, writing that check would be painful, but SO worth it for years of media hand-wringing and the ensuing entertainment value.



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I think there is still plenty to question from

ASK THE ATTORNEY



Thomas McCutcheon

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Open Medicals In On The Job Injury Cases

In on the job injury cases one of the few benefits to injured workers is that, theoretically, medical treatment arising from the original injury is covered for the lifetime of the injured employee.

Many people think this is very important. It can be. The reality is that doctors who do worker's compensation get paid more and are encouraged to be conservative in their impairment ratings and physical restrictions. Those doctors will have a worker's compensation nurse auditing the appointments and treatment. The fact is that worker's compensation doctors used to be so bad that several were banned from testifying in various courtrooms throughout the state.

About 20 years ago insurance companies began to hire better doctors who got better results. We used to see doctors who were obviously lying and who could only claim that the injured worker was faking or malingering. It still happens, but rarely.

What does happen is when the right to future medical treatment is left open, the insurance companies make it difficult to schedule an appointment to access that treatment. If there is a new injury such as a car accident or a fall, the right to medical treatment has ended. When the doctor makes a finding that there have been arthritic changes in and around the area of injury, the insurance company disputes the injury and the treatment. The problem that people have at that point in time is that they don't know how to obtain the necessary testimony from the doctor to obtain the treatment they need and may not have the \$2,500.00 that the doctor charges for that testimony.

Sometimes if people have a good employer with good insurance and they get continuing treatment for pain, having open medicals can be invaluable. On the other hand, people often leave the courtroom with a right that they can't enforce and has no value. It sounds good, but any new event will likely leave the doctor unable to specify to the court whether it was the original injury or the new event. In those cases, the court might be unable to make a decision in the injured worker's favor. Remember that good personal injury lawyers don't charge to discuss a case. That's a service you should use.

Buckle up, drive safely, and as always, your referrals are appreciated! 256-764-0112

Please send the questions to: "Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631 or visit our website at: www.mhatty.com

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Notes...

Continued from page 4

Carlos Barberena, Celeste De Luna, Diego Marcial Rios, Eugene Rodriguez, Fernando marti, Frank Estrada, Raoul Deal and Favianna Rodriguez. For more information, call 256-383-0533 or visit tennesseevalleyarts.org.

The Savannah Sipping Society, a delightful, laugh-a-minute comedy, takes place August 24-27 at Tennessee Valley Museum of Art, 511 North Water Street in Tusculumbia. Four unique Southern women, all needing to escape the sameness of their day-to-day routines, are drawn together by Fate—and an impromptu happy hour. They decide it's high time to reclaim the enthusiasm for life they've lost through the years. Together, they discover lasting friendships and a renewed determination to live in the moment—and most importantly, realize it's never too late to make new old friends. Performances: 7:30pm (August 24-26) and 2pm (August 27). Tickets are available at tennesseevalleyarts.org.

Rally at the Rattler, Rattlesnake Saloon, 1292 Mount Mills Road in Tusculumbia August 24-27. An exhilarating full-blown bike rally exclusively for those 21 and over. Get ready for an unforgettable experience! Information: 256-370-7218.

Outreach Outdoors 15th Annual Field Day is Saturday, August 26, from 9am-3pm at 400 County Rd. 158 in Florence (off Savannah Hwy). Field Day is a FREE educational event for children engage in activities that promote an appreciation for the outdoors. Primitive, Camping Tips, Horseback Riding, Treestand, Safety, Ax Throwing, Skeet Shooting, Archery, and more!

Register by August 4 for a free T-shirt. Register at OutreachOutdoors.net
Individuals and groups are welcome, ages 5 - College. 10 years and younger must have a parent or guardian present..

ArtWorks Member Exhibition - Tennessee Valley Museum of Art, 511 N. Water St., Tusculumbia, ArtWorks is the Tennessee Valley Museum of Arts annual show featuring work by members of the Tennessee Valley Art Association. The exhibit runs through August 18 at the

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SHOALS - The Courier Journal has long been a print industry leader in market saturation.

Since going direct mail in 1982, our circulation has gradually grown and saturation was maintained. However, market pressures and the growing cost of production materials combined with routine, semi-annual postage increases are putting some limits on our distribution pattern. Those cost increases require some creative avenues of getting our advertisers' message to as many readers as possible on a regular basis.

Having the largest print circulation in Alabama does come with a few challenges, especially when it is a free paper that is mailed to a wide area.

As a way of reaching as many Shoals area homes as possible, we have begun "feathering" some distribution areas with this week's issue. This allows us to offset some of the increased distribution expenses while still reaching a large number of homes with regularity.

The feathering process will actually reach more homes overall since a few areas that were not receiving the paper this year are being reinstated. The only difference is that the feathered areas will be receiving the Courier Journal regularly, but on alternating weeks.

In addition, we have numerous open racks around the Shoals area where a free copy of the Courier Journal is always available during a store's



business hours. These include all area Foodland stores, Food Outlet stores in Florence and Central, Hometown Market in Florence, Big Star in St. Florian, HT General Merchandise on Chisholm Hwy, and the Rogersville and Town Creek post offices.

A list of rack locations will also appear in the Courier Journal routinely and it will be updated often.

Regardless, the mailed papers alone will still exceed 50,000 every week.

Readers can always access the searchable Courier Journal Page-Flip edition beginning every Tuesday as well from our website at www.CourierJournal.net. Just click on the Page-Flip link. This has become a very popular option. That page can then be bookmarked for easy weekly access to our most recent issue.

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See NOTES... page 29

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Notice is hereby given that on **08/26/2023 at 11am** the following motor vehicles will be sold at dealer's auction for cash. The auction will be held at **Smitty's Wrecker Service, 212 Industrial Dr., Muscle Shoals, AL 35661**. Smitty's Wrecker Service will accept proof of ownership should anyone care to submit same, Monday through Friday, between the hours of 9am and 5pm until day of sale. **Vehicles may be viewed starting 08/24/2023 between the hours of 9am and 5pm. NO TITLES OFFERED! VEHICLES ARE SOLD SCRAP ONLY.**

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2002 Honda Accord	1HGCG16592A006010
Dodge Dakota	NA
1995 Buick Le Sabre	1G4HP5217SH571584
2010 Honda Civic	2HGFA1F54AH639512
2000 Honda Accord	1HGCG165XYA069979
2012 Ford Fiesta	3FADP4BJ4CM216063
1993 Nissan Sentra	JN1EB31P0PU226476
2004 Dodge Durango	1D4HB58DX4F238168
1994 Mercury Grand Marquis	2MELM74W4RX658720
2003 Buick Century	2G4WS52J131201692
2013 KIA Rio	KNADM4A33D6211005
2002 GMC Yukon	1GKEC13722R223317
2005 Nissan Altima	1N4AL11DX5N419332
2004 Infiniti G35	JNKCV51F44M103618
2006 Hundai Sonata	5NPEU46F06H080814
2004 Ford Taurus	1FAFP532X4G145436
1998 Cadillac DeVille	1G6KD54VXWU728259
2014 KIA Optima	5XXGM4A79EG318887
2000 Ford Van	1FTNE24L4YHB03233

YEAR/MAKE/MODEL	VIN#
1991 Nissan	1N6SD11S2MC328962
1997 Dodge Intrepid	2B3HD46TXVH504933
2007 Toyota Camry	4T1BE46K67U718077
2006 Nissan 350Z	JN1AZ34086M303119
2006 Nissan Altima	1N4AL11DX6N342270
1995 Lexus LS400	JT8UF22E3S0009359
2006 Honda Accord	1HGCM56366A087696
2006 Nissan Altima	1N4AL11D66C175305
2011 Chevrolet Cruze	1G1PG5S93B7185523
2007 Tovota Camry	4T1BB46K77U016875
2005 Dodge Ram	3D7MS48C25G722564
2002 Chevrolet Avalanche Pickup	3GNEK13T62G170042
2008 Saturn Vue	3GSDL737X8S579761
1995 Ford Aspire	KNJLT06H2S6160072
2007 Lincoln MKX	2LMDU68C57BJ14849
2010 Buick Enclave	5GALRBEDXAJ231253
2000 Chevrolet Cavalier	1G1JC124XY7289479
2002 Chevrolet TrailBlazer	1GNDT135429400847
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The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

ZEKE is 3 years old and a super dog. He has been on several doggies day out. He absolutely loves to go! The **ADOPTION FEE IS \$25** and includes everything your pet needs to be on track for a happy, healthy life: vaccines, spay/neuter, heartworm test, and a microchip. Please call or come by **Florence Lauderdale animal services** 256-760-6676 to meet this all around amazing dog.



JIM is very sweet and is vocal when you meet him. His absolute favorite thing is water. The **ADOPTION FEE IS \$25** That includes a voucher for \$70 off of spay/ neuter , \$15 voucher for rabies, distemper vaccine, parvo vaccine, NexGard, wormer and a 5way shot. For more information please contact **Colbert County animal shelter** at 256-381-4073.

COOL MAN!

This Cool Man loves kids! He Knows how to sit, lay and loves playing outside. This amazing dog also loves to be able to go inside and rest when needed. He isn't great with other dogs and might work best as an only dog. The **ADOPTION FEE IS \$25** which includes current vaccines, NexGard and wormer. You will receive a \$15 voucher for rabies and \$70 off of spay/neuter. For more information please contact **Colbert County animal shelter** at 256-381-4073.



Sweet **KORA** has been in foster since October and she has learned so much in all areas! She was found as a stray with her puppies in July. She is around 2 1/2 years old. Kora is spayed, house trained, e-collar trained, knows basic commands, working on crate training, friendly with males, females, children, dogs and cats. The **ADOPTION FEE IS \$25** and includes everything your pet needs to be on track for a happy, healthy life: vaccines, spay/neuter, heartworm test, and a microchip.

If you've been looking for a new family member we hope you'll make the shelter your first stop. Please call **Florence Lauderdale animal services** 256-760-6676 to set a meet with this beautiful dog.

Meet **MORTICA**. She is currently in foster and is such a sweet, smart girl. The **ADOPTION FEE IS \$25** and includes everything your pet needs to be on track for a happy, healthy life: vaccines, spay/neuter, heartworm test, and a microchip. If you've been looking for a new family member we hope you'll make the shelter your first stop. Please call **Florence Lauderdale animal services** 256-760-6676 to set up a meeting with this all around amazing dog.



Heflin Event First Historic Roadshow

Continued from Page 12

Anniversary of the passage of the Alabama Judicial Article. This event begins at noon and is open to the public.

As Chief Justice of the Alabama Supreme Court, Howell Heflin, led the statewide ratification campaign in 1973 which the Citizens' Conference financed and helped coordinate. Most of the state's daily and weekly newspapers gave editorial endorsements, and over 20 statewide organizations officially endorsed the Judicial Article. The constitutional referendum was approved by the state's voters on December 18, 1973, passing with a 62.1% majority. The Judicial Article adopted judicial reform measures, specifically a modified, unified, and centralized management system. Although municipal and probate courts were not fully included in the reform and merit selection of judges was not adopted, the reform was considered substantial.

The program on August 10 will open with a presentation on the life of Howell Heflin by Heflin's son, Tom. Following his talk, a panel discussion will take place about the enactment of the Alabama Judicial Article. Panelists will include some of the participants who were instrumental in its passage 50 years

ago. Panelists will include Tom Heflin, former Congressman Ronnie Flippo, who was a state representative during this time and influential in its passage, and former Alabama state representative Bob Hill, who was critical in its passage in the Alabama House of Representatives. As Chief Justice, Heflin was the primary force behind the efforts to transform the Alabama Judicial System into a model for the country.

This event is scheduled between semesters at the University of North Alabama. Therefore, plenty of parking will be available at the UNA campus entrance parking lots off Seminary Street and adjacent to the UNA President's home and adjoining facility parking lot. The walk from the UNA parking lots to Collier Library is roughly two blocks.

The Alabama Bench & Bar Historical Society will be hosting a series of roadshows across the state in the coming months centered around either an Alabama legal milestone or an Alabama legal icon. This event spotlighting the career of Howell Heflin and the

passage of the Alabama Judicial Article is the organization's inaugural roadshow.

For further information, please contact Janice Schultz of the Alabama Bench & Bar Historical Society at jschultz.albenchandbar@gmail.com.

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Notes...

Continued from page 26

museum at 511 N. Water St., Tuscumbia. Museum hours: 9am-5pm Tuesday-Friday and from 10am-5pm Saturday. Museum admission: \$5 for adults; \$3 for students; free for TVAA members.

Lexington Senior Center will host its Swamp John's Dinner on Tuesday, August 8 from 4-7pm. \$14 per plate. Choice of shrimp, fish, or chicken. Meal includes slaw, fries, dessert, and drink.

Heritage Christian University's 2023 Heritage Event will showcase a remarkable lineup including *The Frontmen*, *The Secret Sisters*, and *Cadence, Shane, and Gary Baker* on August 26 at the Marriott Shoals Conference Center in Florence.

The Heritage Event is an annual fundraiser for the university. This year's lineup includes an exceptional blend of musical genres and attendees can anticipate a memorable experience and breathtaking performances.

General admission tickets for the 2023 Heritage Event are priced at \$75 and are available for purchase through the HCU website and Eventbrite. Additionally, table sponsorships are available, offering a unique opportunity for businesses and organizations to support the university while enjoying an exclusive and unforgettable evening of entertainment. For more information about the 2023 Heritage Event and to purchase tickets, please visit www.hcu.edu.

The 2nd Annual Stayin' Alive Disco Dodgeball for St. Jude will be 10am Saturday, August 19 at the Mars Hill Bible School old gymnasium in Florence. All proceeds benefit St. Jude. \$10 per team member. Youth and adult teams (church groups, family and/or business teams). Donation for admission. Register, donate, purchase event shirt and/or livestream at benandtravis.com/dodgeball.

See NOTES... page 30

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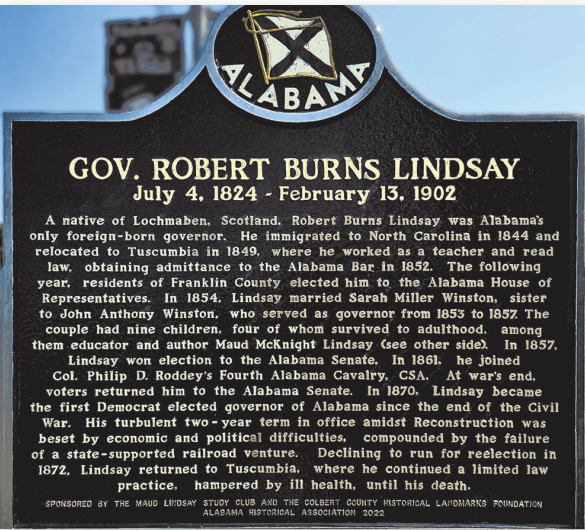
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SIGNS OF THE PAST



GOV. ROBERT BURNS LINDSAY
July 4, 1824 - February 13, 1902

A native of Lochmahben, Scotland, Robert Burns Lindsay was Alabama's only foreign-born governor. He immigrated to North Carolina in 1844 and relocated to Tuscumbia in 1849, where he worked as a teacher and read law, obtaining admittance to the Alabama Bar in 1852. The following year, residents of Franklin County elected him to the Alabama House of Representatives. In 1854, Lindsay married Sarah Miller Winston, sister to John Anthony Winston, who served as governor from 1853 to 1857. The couple had nine children, four of whom survived to adulthood, among them educator and author Maud McKnight Lindsay (see other side). In 1857, Lindsay won election to the Alabama Senate. In 1861, he joined Col. Philip D. Roddey's Fourth Alabama Cavalry, CSA. At war's end, voters returned him to the Alabama Senate. In 1870, Lindsay became the first Democrat elected governor of Alabama since the end of the Civil War. His turbulent two-year term in office amidst Reconstruction was beset by economic and political difficulties, compounded by the failure of a state-supported railroad venture. Declining to run for reelection in 1872, Lindsay returned to Tuscumbia, where he continued a limited law practice, hampered by ill health, until his death.

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500 N. Main St, Tuscumbia

The foreign-born Gov. Robert Lindsay and his famous daughter, Maud Lindsay, are buried in the Winston Cemetery at 14th Ave in Sheffield.

~ Courtesy David Curott ~ author of "Signs of the Past" and "More Signs of the Past"



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Community Notes...

Continued from page 29

LifeSouth Bloodmobile Dates:
Tuesday, August 8 Constellium, 4805 E 2nd St., Muscle Shoals 6am - 6pm

Wednesday, August 9 Constellium (Element 13), 1009 Ford Rd., Muscle Shoals, 6am - 4pm

Thursday, August 17 Helen Keller Hospital, 1300 S Montgomery Ave., Sheffield, 9am - 6pm

Saturday, August 19 Watermelon Festival, Franklin County Chamber of Commerce

103 N Jackson Ave., Russellville, 8:30am - 5:30pm

Sunday, August 20 Walmart, 2701 Cloverdale Rd., Florence, 10am - 4pm

Saturday, August 26 Boutique 72, 1028 Avenue E., Tusculumbia 10am - 4pm

Sunday, August 27 Walmart, 517 Avalon Ave., Muscle Shoals, 10am - 4pm

Northwest RC&D Council invites you to attend their upcoming "Quarterly Council & Outreach Meeting" Thursday, August 17 at Lakeshore Inn Restaurant in Double Springs. Registration: at 9:30am Meeting at 10am. Please call 256-383-1446 to register by Friday, August 11.

The Northwest Alabama Resource Conservation and Development Council (RC&D) is a 501©3 organization that supports educational and community development projects in Northwest Alabama.

Financial Literacy Seminar, Part II: Estate, Planning, Inclusive of Heir Property takes place Monday, August 14 from 10am-12pm at Alabama Music Hall of Fame Banquet Hall. 617 US-72 W in Tusculumbia. Dr. Dorothy Brandon, extension specialist with Alabama A&M University and coordinator of Consumer and Personal Finance programs will host. Lunch will be served immediately after

The target audience is Small Farmers, Landowners, Agribusinesses, Community Gardeners, Extension Agents, and any other interested parties.

Registration is required by calling or texting 256-320-8051 or emailing oppia.burke@aamu.edu The registration deadline is August 11.

The seminar is sponsored by Alabama A&M University Small Farms Research Center in collaboration with Alabama Cooperative Extension System.

Northwest Alabama Resource Conservation and Development Council (RC&D) invites you to attend the upcoming Lauderdale Women In Agriculture Conference on Thursday, August 24 from 10am-3pm at Sweet Water Depot, 502 S Royal Ave in Florence. Registration: 9:30am. Sign-up is required by Friday, August 11. For more information, please email, vking@nwalrcd.org or call 256-383-1446.

Marvin Morrow & Verdell will be singing at Washington Park Baptist Church, Sunday, August 27 at 5pm, 201 N.E. Broadway Ave., Muscle Shoals.

Bethel Cumberland Presbyterian Church is having its Church Revival August 6-8, Sunday-Tuesday. Revival Services will start at 6pm each night. The Evangelist is Reverend Robinson, Pastor of Union Bethel Christian Church in Birmingham.

Bethel Cumberland Presbyterian Church is located at 408 E. Alabama St in Florence.

Clases de Inglés Para Adultos (gratis) - Conversational English Classes at Calvary Baptist Church in Tusculumbia will begin the week of August 27. Classes meet on Sunday afternoon or Tuesday evening. We offer beginner classes with a possible Intermediate Class if needed.

Our English as a Second Language Program began in January. Nine students completed the first session. Questions?? Call Lynndale at 256-627-4452.

Las clases de inglés (gratis) en la Iglesia Bautista Calvario comienzan la

semana del 27 de agosto. Ofrecemos una clase los domingos en la tarde (2:30 -4:00) y otra clase los martes (6:30 - 8:00). Mire el anuncio para ver la información sobre la inscripción. Puedes llamar a Lindel (256-627-4452) para más información.

turmoil in your life. You will hear the latest types of scams our experts deal with daily, get tips on how to recognize fraudulent scams and avoid the pitfalls that open the door to these criminals.

A question and answer session will follow and finger foods will be served -- 408 N. Nashville Avenue in downtown Sheffield.

Shoals Elks Lodge is inviting the public to an Identity Theft seminar on Monday, August 14, at 6pm.

Matt Blackmon, Regions Bank Branch Manager and Delisa Erwin, Regions Financial Consultant will share their expertise on one of the fastest growing crimes in America.

Almost every family has been a victim of a credit card fraud, phishing, scam calls, texts or fraudulent email messages. Simply clicking on a fraudulent email can invite identity thieves to wreck havoc with your credit as well as create tremendous

The American Legion Colbert County Memorial Post 31 will hold its next monthly meeting on Monday, August 21 at 6:30pm. The meeting will be held at the Post meeting hall at 110 1/2 N. Main St. in Tusculumbia. A stair-lift is available, if needed to the upstairs location. A meal and program will be provided. All Veterans are encouraged to attend. For more info, please call 256-762-5950.

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Letters...

Continued from Page 12

It's Hardly Xenophobia

Editor:

In response to Dan Waterman's letter last week entitled, "Worsening Labor Issues," the U.S. welcomes immigrants who enter the country legally and through proper channels.

Look at many who come here in a non-legal way, bringing in Fentanyl to get rich and getting our children hooked on drugs, or taking advantage of young, unaccompanied children. Most Republicans agree with Florida's governor, Ron DeSantis; we need to enforce immigration laws.

The governor of the red state of Texas, Greg Abbott, is doing all he can to uphold our immigration laws without federal support. We need criminalization at our borders.

Let me ask a question, Dan. If you came to the USA illegally, did you commit a crime? It has nothing to do with xenophobia or white nationalism.

Dan, you need to stand for the USA.

Rogers Kimbrell
Florence

Many Human Illnesses Are Tick-Borne

Editor:

With summer still very much around, I want to urge outdoor enthusiasts to wear tick repellent. Many people believe that Lyme disease and other tick-borne illnesses are not prevalent in this part of Alabama. Unfortunately, that is a fallacy. (See the online article, "Tick-borne illnesses in Alabama.")

After suffering from several tick-borne illnesses, I would like to help bring awareness to how serious these infections can be. Here are just a few of the illnesses that ticks can carry; the ones I was diagnosed with.

If you do happen to find an attached tick on your body, the risk is low if the

tick is removed from its human host within 24-48 hours.

I was aware of Lyme disease and Rocky Mountain Spotted Fever. However, I was less familiar with Ehrlichiosis, Babesiosis, and Bartonella which I have also experienced based on my lab findings. These infections can be brutal, and at times, life-threatening.

There are a limited number of labs in the US that specifically test for tick-borne illnesses. Each illness has its own symptoms. Lyme disease can apparently mimic over 350 different illnesses and is often misdiagnosed. Symptoms of fatigue can include joint pain, insomnia, arthritis, and depression. Illnesses can seem like Alzheimer's disease, MS, Lou Gehrig's disease, Parkinson's, fibromyalgia, mental illnesses, and more. Therefore, it is important to watch for other symptoms and educate yourself.

(See online article, "Lyme Disease Association, Inc. Printable list of Lyme Disease symptoms and signs.")

Babesiosis is an infection of the red blood cells caused by a parasite called Babesia and is usually transmitted by a tick bite. It is similar to Malaria and may include high fever, chills, joint pain, and headache. It can be treated with anti-parasitic medicines and antibiotics.

Ehrlichiosis is also contracted through a tick bite and can cause flu-like symptoms, including fever, muscle aches and headache. Signs and symptoms usually appear within 14 days after a tick bite. If treated quickly with appropriate antibiotics, recovery can occur in a few days.

Bartonella is primarily transmitted by fleas and lice. However it can also be transmitted by ticks and is misunderstood by a large part of the medical community. It needs to get greater attention as a tick-transmitting disease.

This information is presented in hopes of educating others as to the seriousness and dangers that ticks and tick-borne illnesses can pose to humans. I hope and pray that sharing this article

will prevent someone else from suffering with these unwanted diseases.

If by chance you do find attached tick on your body, you may send it by mail to a laboratory in Fort Collins, CO, where they can analyze the two can determine if it is a carrier of tick-borne illnesses.

Lynn Melson
Florence

Wake-Up America!

Editor:

If Mr. Trump is reelected, our freedom is in jeopardy! I urge all Americans to pay close attention to what Mr. Trump foresees for America if he is reelected President. He plans to emulate Mr. Putin of Russia and Kim Jung Un of North Korea and set himself up as dictator. This madman is mentally unstable and not worthy of holding the office of President of the United States, according to Liz Cheney. And I wholly concur with her comments.

Mr. Trump must be stopped before it's too late, for he is definitely a clear and present danger to our democracy as we know it today. He plans to replace our constitution, which was written by our God-fearing founding fathers and install his own authoritative mandates.

Donald Trump does not care about you or me. He cares only about himself and his power as President. He thinks he is God and above the law.

May our Lord Jesus Christ protect us from this would-be tyrant and others like him.

Pete Lopez
Florence

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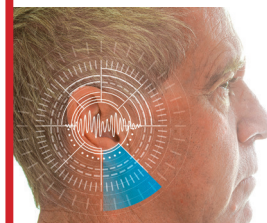
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