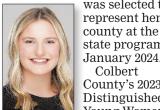
# **Shoals Alabama's Largest Circulation**

## Three Earn **DYW Titles**

FLORENCE-The annual Northwest Alabama Distinguished Young Women Scholarship Program took place recently at Norton Auditorium on the UNA campus. Ten young women from Colbert, Franklin, and Lauderdale counties competed in scholastics, interview, fitness, talent, and self-expression. One participant from each county was selected to



January 2024. Colbert County's 2023 Distinguished Young Women is **Nora** Pace from Muscle Shoals High School. Nora also won scholastics, fitness, talent, and self-

represent her

state program





Hunzicker

expression categories. First alternate is Macey Welborn from Phil Campbell High School. Macey was also awarded the Distinguished Young Women Spirit Award. Franklin County's

2023 Distinguished Young Woman is **Stella Hill** from Russellville High School. Stella also won scholastics, talent, and self-expression categories. First alternate was Chloe Sheffield from Russellville High School.

See SHORTs... on Page 2



August 16, 2023

# Coach Speak

**UNA Head Coach Brent Tuesdays** 6:30pm on /103.5 FM

Volume 139 Number 43

FLORENCE - In a joint announcement last week, the University of North Alabama Department of Athletics and 306 Barbecue in downtown Florence announced a partnership where UNA will host its live weekly radio broadcast of the UNA Football Hour with Coach Brent Dearmon.

See FOOTBALL HOUR... Page 5



**POSTAL PATRON** 

# **PARC: for Student Success**

MUSCLE SHOALS--Northwest Shoals Community College recently

opened the Patriot Advocacy and Resource Center (PARC) on the Shoals campus. The



center is designed to help students overcome barriers while pursuing their college education

The PARC is made possible through a three-year, \$950,000 grant from the United States Department of Education's Needs for postsecondary students Program aimed at supporting student success. The College was notified in late December of the grant award. The PARC will support at least 300 underserved students on the Phil Campbell and Shoals campuses with basic

See PARC... Page 13



Calvert in AAU Top 10

Knoxville in June.

in the 100 Meters. He missed making the finals by five 100ths of a second. running a 12.29. Calvert ran his first track meet in April at Muscle Shoals. He won the 100 Meter event at the AAU Regionals in

**Online Only:** 

**Twelve** year-old,

Ryland

Calvert of

**Tuscumbia** 

competed

in the AAU

**Olympics** 

at Drake

in Des

Moines.

Iowa. He

finished in

9th place

University

recently

Junior

## INSIDE this Issue



Advance Auto Sales **Watson's Auto Sales** 

- The Truth in Love
- Guest Commentary
- Your Letters
- We ALL Love Watermelon



- On Your Debt
- Medicare Minute
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- Dave Ramsey
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## Shorts...

## Three Earn **DYW Titles**

**Continued from Page 1** 

Second alternate is Danica Graham from Russellville High School. Danica also won the fitness category. Aaliyah **Prince** from Phil Campbell High School won the Be Your Best Self Essay Contest.

Lauderdale County's Distinguished Young Woman is **Sydney Hunzicker** from Florence High School. Sydney won the talent and self-expression categories. First alternate is Ella Riedel from Florence High School. Ella won the fitness category. Second alternate is **Bailey** Bowen from Brooks High School. Bailey won

Women was founded in 1958 as a free program that encourages participants to reach their full potential. Our mission is to empower young women by providing scholarship opportunities. connecting with a nation-wide network of women, developing their self-confidence and participating in life skills programs that prepare them for success after high school. For more information on scholarship opportunities for young women in this area, please contact **Susan Hargett** at 256-710-9239, or **Katernia Cole** Coffey at 256-332-8880.

the scholastics category. Distinguished Young

## **New Program** at NASH

MUSCLE SHOALS – A new Graduate Medical Education (GME) program has launched at North Alabama Shoals Hospital. Officials with North Alabama Medical Center have announced the establishment of the new psychiatric residency program that began July 1. The hospital welcomed five first-year and five second-year psychiatric residents to campus. The four-year GME program will culminate with the hospital's first graduating class scheduled for the summer of 2026.

"This is a meaningful program for North Alabama Shoals Hospital and the medical community nationwide, said North Alabama Shoals Hospital Chief Operating Officer, Doug Holzbog. "In a short time, we will be graduating five psychiatrists annually to help fill a huge service void throughout the region, state and nation."

The four-year program is the third of its kind in Alabama. It will add five psychiatric residents per year for a total of 20 residents before the first graduating class in June of 2026.

Medical residents at North Alabama Shoals Hospital will work side-

by-side and train under the supervision of an attending physician board-certified in their specialty. Successful completion of residency training is a requirement

to obtain board certification in a selected specialty.

Praveen Narahari, MD will serve as program director of the psychiatric residency program. Dr. Narahari is board certified in psychiatry, neurology, and addiction medicine.

'Dr. Narahari brings a wealth of experience to lead our program," added Holzbog. "This will be a complementary program to align with NAMC's successful internal medicine program.'

## **MSC Will Get** a New Station

MUSCLE SHOALS Ground was broken recently at the corner of Gargis Lane and Old Alabama 20 in Muscle Shoals for a new fire station which will help protect areas in the city's growing southeast quadrant.

Create Architects has designed a building that fit seamlessly with the architecture of surrounding neighborhoods.

"I think the designers did a great job in matching the surrounding community," said Councilwoman Gina Clark. "We set out to do that so it wouldn't just look like a metal

See SHORTs... on Page 6





99

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An exclusive listing of the better sales in the Shoals area.

## To list your sale, use the classified form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

MUSCLE SHOALS: 1401 HUSTON Drive Sat. 8AM-3PM, TON Drive Sat. 8AM-3PM, Sun. 1PM-4PM, Furniture, Glassware and Collectibles.

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FLORENCE: 209 Birch Run Thurs., Fri., **and** Sat. 7AM, Three Family Yard Sale!

ROGERSVILLE: GARAGE SALE 663 Rose St Fri.18th, 8am-4pm

**FLORENCE:** 426 Robinhood Dr 8/19/23 Sat. 7:00am - 2:00pm, ONE DAY Estate Sale: Vintage furniture, lamps, decor, trinkets Map ID #1477

**FLORENCE YARD SALE** 1330 Co. Rd. 106 Aug 17-19 8am-6pm, Rain Check Aug 24-26 Glassware, Furniture, Tools, XMas Stuff, and more. Map ID # 1481

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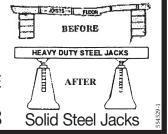
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Community Notes

COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. . Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.

Email to editor@courieriournal.net.

LifeSouth Bloodmobile Dates: Thursday, August 17 Helen Keller Hospital, 1300 S Montgomery Ave.,

neffield, 9am - 6pm **Saturday, August 19** Watermelon Festival, Franklin County Chamber of

103 N Jackson Ave., Russellville, 8:30am

Sunday, August 20 Walmart, 2701 overdale Rd., Florence, 10am - 4pm **Saturday, August 26** Boutique 72, 1028 Avenue E., Tuscumbia 10am - 4pm **Sunday, August 27** Walmart, 517

Avalon Ave., Muscle Shoals, 10am - 4pm

The Colbert County Republican

meeting for women wishing to attend at Casa Mexicana in Muscle Shoals on Thursday evening, August 17 at 6pm. Regular monthly lunch meetings will resume on the third Wednesday of each month at 12 noon at the Helen Keller Library in Tuscumbia in September. Visitors are encouraged to attend.

Shoals Artists Guild Meeting Friday, August 18, 10am-Noon at the Southall-Moore House, next to the Kennedy-Douglass Art Center, Downtown Florence. For more info, contact Carolyn Wear, 256-710-6854.

Yesterday: A Tribute to the Beatles performs at 7:30pm Saturday, August 19, at The Ritz Theatre, 111 Third Street, Sheffield. Performing the Beatles since 2001, Yesterday: A Tribute to The Beatles tours the U.S. and internationally. These entertainers have performed on five continents. Yesterday was endorsed by Sir Paul McCartney himself, and has been featured in Rolling Stone and on NBC, CBS, ABC, and more. The resident Beatles Show Band for "Legends in Concert," is also the world's longest-running tribute show. Tickets are available at tennesseevalleyarts.org.

The 2nd Annual Stayin' Alive Disco **Dodgeball** for St. Jude will be 10am Saturday, August 19 at the Mars Hill Bible School old avmnasium in Florence, All proceeds benefit St. Jude. \$10 per team member. Youth and adult teams (church groups, family and/or business teams). Donation for admission. Register, donate, purchase event shirt and/or livestream at benandtravis.com/dodgeball.

Methodist Church, Homecoming - Sunday, August 20 at 11am, followed with a covered dish lunch. The speaker is Brother Tommy Heaps. 3000 County Rd. 189, Florence.

See NOTES... page 30

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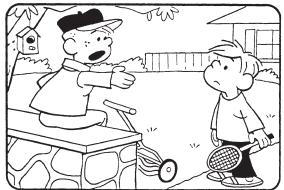
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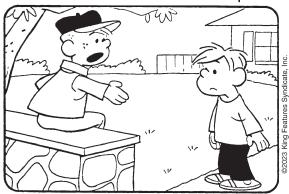
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## **HOCUS-FOCUS**

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



erences: 1, Birdhouse is missing. 2, Arm is moved. 3, Lawn mo ence is shorter, 5, Head is titled. 6, Tennis racket is missing.

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## Football Hour...

The show kicks off at 6:30pm on Tuesday, August 22 live from inside Back Alley Sports Bar and will air live on WLX 98.3/103.5 FM radio. The broadcast will feature UNA head football coach, Brent Dearmon, alongside Voice of the Lions, Benjamin Ray, and co-host, Mike Ezekiel. Various players and members of the coaching staff will join coach Dearmon each week. While the first show will include a preview of the upcoming seasons, subsequent episodes will recap the previous week and preview the upcoming opponent.

"We are thrilled continue our longstanding partnership with the University of North Alabama and this great UNA football said Henry tradition,' Lariscy, Operations Partner for 306 Barbecue.

"Because our downtown location is just steps away from campus, we felt this is a perfect combination of location, great food, and Division I football.'

The show is open to the public and Lion fans are encouraged to attend. 306 is located at 322 North Court Street.

Dearmon, who enters his first season at the helm, stated, "306 is a downtown staple of Florence and will provide an amazing venue for this

"This is a great partnership for UNA Athletics, 306 Barbecue, and WLX," said Rav "It provides a opportunity for UNA fans to get know Coach Dearmon and program each week. We can't wait to get started."

For more information visit www.roarlions.com and www.306bbq.com

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community, church or civic events
for publication as space permits.
Please submit all materials in
written form to: written form to:

## 219 W. Tennessee St. Florence, AL 35630 or email to: editor@courierjournal.net

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## **DEADLINES:** Issues Published Every Wednesday

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## Shorts...

## **MSC Will Get** a New Station

**Continued from Page 1** 

building just stuck out here among all these nice homes."

Clark said the city council was provided with three options by Create Architects and selected the one they felt would blend in more with the community. "It will be very pretty out here in the middle of all this," she added.

**Brad Slater** Construction of Lawrenceburg, Tennessee, submitted the low bid of \$3.15 million. Construction is expected to take about nine months to complete.

According to Mayor Mike Lockhart, the site was selected during the tenure of former Fire Chief, Tim McMullins. Funding efforts began under former Mayor. David Bradford.

The city ordered a fire truck for the new station in March 2022 and has hired six firefighters who will be assigned to the new station.

The new fire station will have two bays, living quarters for firefighters, a kitchen, a workout area, and reception area where they can take

## **Autism Event** in Rogersville

ROGERSVILLE-The 2nd Annual Autism Awareness Fundraiser takes place on Saturday, August 26, from 8am - 6pm at Rogersville

Recreational Park, 100 Optimist Drive in Rogersville.

There will be live music, food truck fest, train rides, inflatables, arts, & crafts, a splash pad, a car show, **Red** Marlow - runner-up on Season 13 "The Voice", Lightning McQueen, and Mater from the movie, "Cars," and more!

The 2023 Autism Awareness Car Show is also August 26 the park. Registration is at 8am, Judging at 11am, Awards will be at 1pm. The entry fee is \$25. There are several divisions and several awards, including 3 places per division, Best in Show, Peoples Choice, Mayor's Choice, door prizes, and 50/50 cash drawing. Presented by O'Reilly Auto Parts and JM's Journey.

All proceeds from both events benefit JM's Journey, www. jmsjourney.org

Call 256-710-1551 for more details.

## **Keller Teams** with Relias

SHEFFIELD - Helen Keller Hospital is set to team up with Relias Healthcare, an emergency medicine and hospital solutions company headquartered in Tupelo, Mississippi, to provide emergency medicine professional staffing and management services for its Emergency Department. As a progressive healthcare leader in Northwest Alabama, Helen Keller Hospital is

See SHORTs... on Page 9



## I WAS BROWSING THE LATEST NEWS ON WHAT MY FACEBOOK FRIENDS HAD FOR SUPPER and who

they hate, when Facebook served me an ad for some sexy Versace men's leather sandals for, get this, \$20! That's like \$800 off! What sexy man-wannabe could

pass that kind of deal up?

It was a little too good to be true but there was no harm in visiting the website so I clicked the picture of sexy sandals



Jim Fisher

and was taken to the website of a company named Temu. It turns out you can't actually buy anything on the website. Instead, you have to install a smartphone

# TRUTH ABOUT

by "The Computer Skeptic"

app to continue. Still enamored by the leather sexiness, I installed the app. At that point, I said to myself, "Self? This is a lot of trouble for sandals with prices that are too good to be true. You sure you wanna do that?" Then the little devil part of self said, "Self? Your feet deserve these counterfeit sandals. Instaaaaal iiiiit." So I did.

Then I came to my senses, did a little digging on the reputation of Temu, and didn't like what I read. They are one of the fastestgrowing online companies out there. Temu is interesting from

a skeptical standpoint because there is a lot of misinformation about them. But each rumor has a grain (or boulder) of truth. Let's take a look:

Accusation: The company is "owned by communist China." That's complicated. The company that owns Temu, PDD Holdings, is in fact, owned by people in China and therefore subject to the whims of the Chinese government. When you order an item, it won't arrive for a few weeks or even a month because you're buying directly from China. But it's still a private

corporation subject to US law. Accusation: They sell cheap junk and counterfeit goods. This part is true. My sexy \$20 "Versace" leather sandals were part of Temu's strategy of selling items below cost in order to entice buyers to download the app who will tell all their friends about the wonderful deals they found on Temu. Temu is "building the customer base" and doing very well at it. They are the fastest-growing eCommerce business in the world.

Accusation: The app tracks your location, steals all your contacts, and does other sneaky things. This is true. Malicious data-stealing code was actually found hidden in previous versions of the Temu app. Most eCommerce apps (such as Amazon and Walmart) do some sneaky stuff, too. As stated in

its privacy policy, Temu collects data from your sessions and search history and monitors your activity and time on pages. If you log in using social media, it collects information contained in your social media profile, as well. The big difference between Temu and Amazon is that all this information makes its way back to Communist China. What they will do with it is anyone's guess but I'm not playing. So I uninstalled the app and, sadly, my feet remain unsexy.

For questions or comments, Contact the Computer Skeptic, Jim Fisher at <u>Jim@ExcelAL.com</u>



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## Shorts...

## **Keller Teams** with Relias

**Continued from Page 6** 

accredited by the Joint Commission and its services, programs and patient outcomes have received various honors over its 102-year history.

Helen Keller has a 22-bed ER and accommodates more than 50,000 visits per year. This recently renovated Emergency Department offers the latest technology in a patient-centered healing environment.

"We have a tremendous amount of confidence in our **Emergency Department** and believe Relias will help us build an even more dynamic patientfocused ER for our community," said **Kyle** Buchanan, President, Helen Keller Hospital. "They will support our recruiting efforts, build upon the solid foundation established over years of ED service. and bring new ideas to our system with attention on efficient. effective, communitybased, not-for-profit emergency medicine,"

## \$1.5 Million in **STEM Grants**

KNOXVILLE - The Tennessee Valley Authority's STEM Classroom Grant Program for science. technology, engineering and math education is now open for applications through September 15. The program funds STEM learning projects in classrooms and schools in TVA's seven-state service area and is sponsored by TVA in partnership with the TVA retiree organization Bicentennial Volunteers Inc.

The application process is opening earlier this year to give teachers more time before students arrive to submit applications and so that grant funding can be distributed before January. The new timeline this will give teachers in schools that receive grants the entire Spring semester to implement their projects.

Last year's program awarded \$1 million in grants to schools across the Tennessee Valley, and this year's total will reach \$1.5 million. Teachers can apply for funding up to \$5,000 for STEM projects with preference given to applications that explore

TVA's primary area of focus: environment, energy, economic and career development, and community problemsolving. Eligible applicants are teachers or school administrators in public or private schools, grades K-12. Schools must be in the TVA service area and receive electricity from a local power distributor served by TVA.

Visit the STEM **Innovation Network** website at https:// www.tsin.org/ classroom-grants to learn more about grant requirements, see examples of previously funded projects, and to apply for funding.



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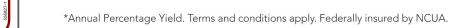
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Muscle Shoals, AL 35662 -OR~
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outlook.com

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## STAFF ACCOUNTANT

TN Valley Media, Inc. has an opening in the business office located within the TimesDaily.

This office supports multiple newspapers, magazines, and digital products in North Alabama; and we are looking for someone to assist the Controller with Accounting procedures and Financial Reporting.

Financial Reporting.

Necessary Skills and Qualifications:

\*Bachelor's degree in accounting or two-relevant experience

\*Solid understanding of and experience with basic accounting principles and practices

\*Strong general ledger knowledge and ability to reconcile accounts.

\*Strong knowledge of QuickBooks, Microsoft Office and database systems

\*Strong attention to detail and accuracy

\*Effective verbal and written communication

\*Ability to analyze data and communicate results

\*Good organizational and problem solving skills

\*Ability to keep financial information

Sood organizational and problem solving skills
 Ability to keep financial information secure and confidential
 Ability to work independently or as part of a team

Qualified applicants please send resume to:
cfilloramo@tnvalleymedia.com
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or Business Office Post Office Box 797 Florence, AL 35630

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Duties: A Case Manager ass needs and determines eligibility of prospective clients for waiver services through nome visits. The Case Manage develops care plans, coordinates and monitors services. maintains case files, records, and billing.

Minimum Qualifications:

\*Registered Nurse in AL or
bachelor's degree in social work
or related field from an
accredited university. \*Professional work experience preferred. Previous work experi-ence with Medicaid Waiver program preferred or any combi-nation of education, training and experience that is commensu-

rate with the requirements of the job.

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Starting Salary: \$40,144.00.
This is a full-time job with excellent benefits including paid employee incurrence paid time off ployee insurance, paid time off, paid holidays, State of Alabama retirement and opportunity for advancement.

## Job Submission

Requirements:
Interested applicants are required to complete a job application. Applications are available at https://www.nacolg.org/human-resources or NACOLG, 103 Student Drive, Muscle Shoals, AL

Deadline to apply August 25th, 2023.

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## **SPORTS** REPORTER

e TimesDaily is seeking a sports reporter to cover arily high school sports, along with me college sports. We need an rgetic, inquisitive and productive sional with excellent reporting and writing skills to provide se, web updates, tweets and short rideos, and compile statistics.

Description:
This position will be
This position will be
The copy desk for 2 newsanning and providing daily budgch section, editing, filing wire and
local stories to Blox.

Requirements:

Must be able to proof pages, make corrections, have excellent communication skills to work with our copy desk hub. The job will require evening hours and weekends. The successful candidate will need a college degree or equivalent experience, a passion for journalism and a reputation for quality and integrity.

Apply: Send cover letter, resume and writing clips to Stacy Long, Sports Editor, TimesDaily 219 W Tennessee Street Florence, AL 35631,

stacy.long@TimesDaily.com

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## ~Hiring~

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or apply online at www.homeinstead.com/200 click on careers.

## Non-CDL Truck Driver

The TimesDaily has a position available for a Non-CDL Truck Driver. The ideal candidate must have an excellent driving record and a clean MVR (motor vehicle report) as well as proof of persona auto insurance.

Candidate must pass a DOT physical, be able to lift up to 50 pounds, and be capable of driving up to 8 hours at a time. Must be able to work flexible

Please email resumes to hollie.colella@ timesdaily.com
or applications may be picked up at 219 West Tennessee Street
Florence, AL 35630

dules including days, nights, week ends, and holidays as needed.

## The Colbert County Road Dept.

Highway Maintenance Tech (HMT 2)

**QUALIFICATIONS:** Experience in highway maintenance activity and

equipment operation preferred. SPECIAL REQUIREMENTS: Must have a valid driver's license and possess a B-class CDL license issued by the Alabama Department of Public Safety.

Hourly Rate: \$16.71 • Regular/Full time employment Benefits: BC/BS (Health Ins.), State Retirement, Annual & Sick leave accrual, Holidays

Individuals interested in the position should contact AL Career Center, 500 S. Montgomery Ave., Sheffield Applications will be acceted until the position is filled. Colbert County Commission is an equal opportunity employer. (m/f)

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Depending on your family size and household income, your premium may be as low as \$0 per month, based on the plan you choose!

Erica Vaughn with Alabama Health Guidance can assist you with an ACA plan. Now available to enroll individuals in health insurance with Blue Cross and Blue Shield of Alabama.



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Ask about specific enrollment times for those who qualify.



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## Guest Commentary

On-Campus DEI Bureaucrats

## Already Ditching New Loyalty Oaths

ill the last diversity, equity, and

Jonathan

**Butcher** 

inclusion bureaucrat to leave their office on campus please turn out the lights?
On college grounds today, so-called DEI departments are withering as whistleblowers reveal that the offices have promoted racial prejudice and operated with little transparency and no measurable results for years.

School officials and lawmakers in states such as Florida, Texas, and Arizona are closing such departments or ceasing university-wide policies that supported them, and so far, DEI administrators have failed to find support for their discriminatory activities.

Various projects are underway to protect individuals from the racial bias of diversity, equity, and inclusion programs

## See OATHS... on Page 22

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

## Courier Journal

Curator Hopes for a

# Beautiful Gut Punch

TUSCUMBIA-Tennessee Valley Museum of Art Curator, Jonathan Cain, has designed the coming exhibition at the art center to be a "beautiful gut punch."

Borderline: Chicano Voices Speak will be on view from August 22-September 30 at the TVAA. The show features woodcut and linoleum relief prints, paintings, and mixed media pieces from nine different artists. All explore Mexican, Chicano, and Latino culture, as well as the immigrant experience.

The exhibition will include pieces by the following artists: Juan R. Fuentes, Carlos Barberena, Celeste De Luna, Diego Marcial Rios, Eugene

See CULTURE... on Page 16



RUSSELLVILLE- Watermelon is the focus as Russellville celebrates its Annual Franklin County Watermelon Festival Friday and Saturday, August 18 and 19.

Enjoy this free family event in downtown
Russellville with festival food, vendors, car & truck
Show, 5k and 1 mile fun run, and kids' area with
rides and games. Hours are 6–10pm Friday and
10am–10pm Saturday.

The main stage lights up both nights with

performances from a variety of genres.

Haleyville's own variety group, Tremayne, opens the musical sets on Friday after the opening ceremony and the National Anthem by Tara

Greenhill. Velcro Pygmies hit the stage at 8:30.

REWIND, 6pm, and Austin Bohannan, 7pm,

See WATERMELON... on Page 14

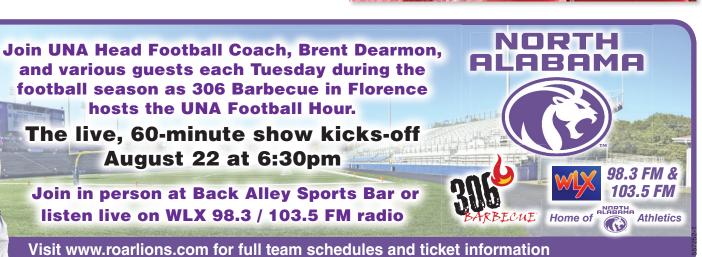


hoale

BEGINNING AUGUST 16, A SECTION of the Natchez Trace Parkway south of the Shoals will be closed for paving and embankment repairs. Milepost 239 - 251. Southbound traffic will have a detour onto MS 6/US278 and detour signs will be in place along the temporary route.

## THE VILLAGE SCHOOL FOUNDATION VOLUNTEER

**DAY** is August 19 at 200 Chickamauga St, in Sheffield. Join the Foundation and Muscle Shoals National Heritage Area in cleaning and organizing various sections of the building's interior and preparing for the next phases of restoration. This may include cleaning, scraping, and painting; they'll provide supplies and direction, no experience necessary. Information: thevillageschoolfoundation@ amail.com.





hold its next monthly meeting on Monday, August 21 at 6:30pm. The meeting will be held at the Post meeting hall at 110 1/2 N. Main St. in Tuscumbia. A stair-lift is available, if needed to the upstairs location. A meal and program will be provided. All Veterans are encouraged to attend. For more info, please call 256-762-5950.



Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. Letters must include name, address and phone number for verification. (Only name and town will be published.) Letters are subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

## by Mail, in person, or mail slot Editor-Courier Journal

219 W. Tennessee St.,

Florence, AL 35630

- e-mail: editor@courierjournal.net
- FAX- 256-760-9618

## **Bust the Big Boys!**

Editor;

For many years I've been trying to figure out why many more small time drug dealers and street dealers have been busted and imprisoned than illegal drug manufacturers and major distributors?

At what point are authorities going to stop illegal drugs where they start? And I don't mean little here and there busting and enforcement.

Why not major all-around crackdowns?

Any answers?

Paul Sabatino Florence Von Braun is credited with launching America's Space Program and is revered

by many as the father of NASA...



## Money on Capitalism

Editor:

Joe Biden's proposed economic system comes directly from Karl Marx's *The Communist Manifesto*. It was tried for 70 years by Communist Russia and its Eastern European satellites before collapsing in 1990.

Although all economic systems are subject to corruption, I would put my money on Capitalism.

It has served us well for more than two hundred and twenty years.

Jack Sullivan

## **Protecting Our Vote**

To the Editor:

No matter where you fall on the political spectrum, the evidence revealed in the latest federal indictment of Donald Trump should disturb every American who cares

See LETTERS... on Page 23

4 PURE-BRED GERMAN SHEPHERD puppies, 1 male and 3 females. ALL SOLID BLACK. No papers, \$100. 256-345-3310.

VOLKSWAGEN: ATLAS CROSS SPORT, 2023 \$50,000 obo. Less than 3K miles. Totally **LOADED**. Pure gray color (new color) exterior. Selling for health reasons.

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## PARC..

**Continued from Page 1** 

resources.

"We are excited to be able to offer our students the basic resources they need to be successful completing their education," said Dr. Jeff Goodwin, President of NWSCC. "The basic needs that we are providing often get overlooked, but they are just as critical to many of our students as technology is in the We would classroom.

also like to extend a special 'thank you' to Congressman Aderholt for his help in making this possible.

NWSCC eligible students will benefit from a food pantry, life skill workshops, mental health mentoring. coaching, transportation assistance. housing and much assistance. more.

According to PARC Manager of Basic Needs, students are taking advantage stated Rice. we can forward.'

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## Watermelon Festival...

## **Continued from Page 12**

things get on Saturday Saturday's show closes with celebrated singer, songwriter, and musician, Colt Ford. His chartbusting blend of country and rap has attracted some impressive collaborations, sold millions of albums, attracted millions followers on social media, and has accumulated over a billion streams.

Enjoy a fresh, sweet slice of watermelon on Saturday morning in the park while you peruse watermelon contest entries in categories such as best dressed to most



8:30pm - Velcro Pygmies

FRIDAY 5:45pm -

Tara Greenhill

7:00pm - Tremayne

Opening Ceremony National Anthem:

at Russellville First Baptist Church Park 201 Washington Ave NW,

> 11am -Registration 12pm – Weighing & Judging Starts 1pm - Winners

> > CONTESTS/ **CATEGORIES:**

**SATURDAY** 

6:00pm **– REWIND** 

7:00pm – Austin Bohannon 8:30pm - Colt Ford



## Watermelon in the Park -**Cutting and Contests**

Russellville

Announced

WATERMELON

Largest Weighing Watermelon from Franklin County, Largest Weighing. Most Unusual, Best Tasting, Best Dressed, and the Seed Spitting Contest

Get your Watermelon Festival t-shirts and caps while you are there. Pack your sunscreen and lawn chairs, as the fun and juicy delicacies await.



# Shoals Primary Care

# Dr. Brad Ginevan

is Welcoming **New Patients** in Sheffield



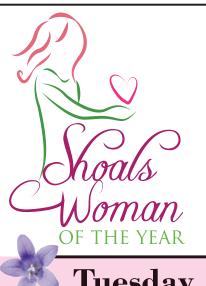
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**Shoals Woman** of the Year

**AWARDS** LUNCHEON

Tuesday, August 29th **Marriott Shoals Conference Center** 12PM - 1:30PM

## **Keynote Speaker:** DENA STRICKLAND KITTS

The First Lady of UNA



## **OUR NOMINEES:**

Shantrice Byrd, Margaret Long Forsythe, Dr. Kimberly Jackson, Dr. Jacqueline Parsons, **Amy Daughtery Thompson** 

## TICKETS: \$38 each or a table of 8 for \$280

Last year's event SOLD OUT, so get your tickets early!

Enjoy a delicious lunch, a great speaker, be a part of recognizing five outstanding women, receive a souvenir gift bag and get the Shoals Woman magazine a day early! Get your tickets in person, at the TimesDaily office, 219 W. Tennessee St., Florence, Monday - Friday, 8 a.m. until 5 p.m. or call Mara Beth Cravens, Administrative Assistant 256-740-5811 to order by phone.

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Helen Keller Hospital BANK INDEPENDENT



The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these

and other animals by adopting a

Meet LIBERTY. This beautiful girl can be shy at first but is an absolute doll. We think she's 2 years old and around 50 lbs. ADOPTIONS ARE CURRENTLY \$25 and include spay/neuter, vaccines, heartworm test and a microchip. We have lots of really wonderful dogs and cats looking for someone to love them. Please call or come by Florence Lauderdale animal services 256-760-6676 to meet this beautiful girl.



**LUNA** is a very special girl! She came to us over 1 year ago when she was literally skin draped over bone! Luna is going to need a very special adopter! Someone with patience and lots of love to give her. She has been with us for nearly a year. She has been looked at several times but always passed on because she needs a little extra care. Luna will win your heart over if you will give her the chance! She is very timid with new people. She doesn't like to load up in the car on her own. She is leery of humans, with every reason to be. She is already spayed and she is already microchipped!
She is just waiting on her person to come along and give her the best forever home! The ADOPTION FEE

IS \$25 That includes a voucher for \$70 off of spay/ neuter , \$15 voucher

for rabies, distemper vaccine, parvo vaccine, NexGard, wormer and a 5way shot. more information please contact Colbert County animal

Meet **MIZZU**. This boy is a 3-4 year old pit mix. He has had such a hard life, he is just looking for someone to make his life the bestlHe was seen being thrown from a car on an old, empty backroad in the middle of no where. We would recommend no other dogs being in the home with him. He LOVES kids and all people! The ADOPTION FEE IS \$25 That includes a voucher for \$70 off of spay/ neuter, \$15 voucher for rabies, distemper parvo vaccine, NexGard, wormer and a 5way more information please contact **Colbert County animal shelter** at 256-381-4073.



**TYSON** is a big, squishy, cuddly puppy looking for a family to grow up with! He is here with his 4 siblings, each cuter than the last. He is 5 months old, and is the biggest at 40 lbs. please come meet Tyson and his sisters. ADOPTIONS ARE CURRENTLY \$25 and include spay/neuter, vaccines, heartworm test and a microchip. We have lots of really wonderful dogs and cats looking for someone to love them. Please call or come by Florence Lauderdale animal services 256-760-6676 to meet this adorable dog.

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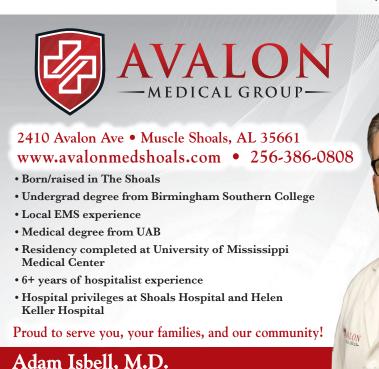


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**Continued from Page 12** 

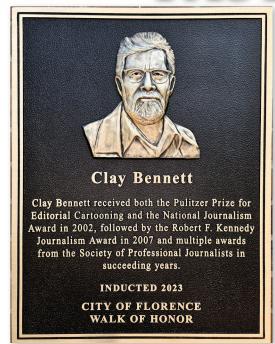
Rodriguez, Fernando Marti, Frank Estrada, J. Leigh Garcia, and Raoul Deal.

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In addition, Clay Bennett received numerous other professional honors including the Sigma Delta Chi Award (2001), the John Fischetti Award (2001, 2005), the Overseas Press Club Award (2005, 2007), and the National Headliner Award (1999, 2000, 2004). His wife is the acclaimed artist Cindy Procious.

~ Courtesy David Curott ~ author of 'Signs of the Past" and "More Signs of the Past"



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# **Speaking The** Ephesians 4:15

## "COME AND SEE" (Part Three)

"The church of Christ has no creed but the Christ, the son of God. It pleads for the unity of all believers in Christ on the simple plan of speaking where the Bible speaks and remaining silent where it is silent, by wearing Bible names and by doing Bible things in Bible ways. It seeks to obey the Divine injunction given by Paul in 1 Corinthians 1:10: "Now I beseech you, brethren, by the name of the Lord Jesus Christ, that ye all speak the same thing, and that there be no divisions among you; but that ye be perfectly joined together in the same mind and in the same judgment." Our aim is to fulfill the Lord's prayer for unity as stated in John 17:21. We seek to plant New Testament churches throughout the world after the New Testament pattern.

To Be Added To The Church Of Christ One Must Comply With Gospel

Requirements Which Are: Belief in Christ (Acts 16:31). Repentance of sins (Acts 17:30). Confession of faith in Christ (Acts 8:36-37). Baptism (Acts 2:38,41,47; Mark 16:16; Acts 22:16).

Peter declared, "Baptism doth also now save us" (1 Peter 3:21). We are saved by the blood of Christ which was shed in the death of Christ but no accountable person ever contacts that blood until he is baptized into his death (Romans 6:3). Salvation is in Christ (2 Timothy 2:10) but one cannot get into Christ except by baptism (Galatians 3:27).

## The Worship Of The Church Of Christ Is Scriptural

The items of worship are: Teaching (Acts 2:42; 2 Timothy 2:2). Praying (Acts 2:42). Giving (1 Corinthians 16:1-2). Giving is an act of worship that must be done on a certain day of the week. As the original language clearly states, it was done on the first day of every week. Raffling contests and other such methods of raising money for the church were not practiced by the congregations under the direction of inspired men of the first century, and those who do such things today are not identical with congregations of the first century. Partaking of the Lord's supper is another act of worship (1 Corinthians 11:23-29). Let's look at this act of worship more thoroughly in our study next week.



Questions, comments, or criticisms are welcomed. Responses may be sent to:

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## ON YOUR DEBT

## Is Bankruptcy Bad?



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No! Bankruptcy is definitely NOT bad, and, for most bankruptcy filers, it is the best decision they have ever made to improve their credit and get Every creditor shall cancel any loan a fresh start. Bankruptcy can they have made to a fellow Israelite. happen to anyone, consumers, and corporations governments. Bankruptcy is not bad; it is here to help.

A chapter 13 bankruptcy acts as a debt consolidation and can allow you some breathing room to reorganize and pay your debts through one monthly payment. It can even stop repossessions, foreclosures and garnishments so that you won't lose your property to your creditors and can get your bills paid through an organized, income-based plan.

A chapter 7 bankruptcy can allow you an immediate fresh start ultimately allowing you to be forgiven of most debt and rebuild your credit. Bankruptcy can get your creditors off your back and stop harassing letters and phone calls immediately.

Bankruptcy, in most instances, Offices is a positive step to rebuilding an already low credit score, assuming that you are already delinquent on debt. If your credit is already suffering due to late payments, judgments, repossessions or other credit mishaps, a discharged bankruptcy is only going to help improve your credit and get you on the road to financial freedom.

Bible even addresses receiving forgiveness of debt in Deuteronomy 15:1-2 it says:

1 At the end of every seven years you must cancel debts. 2 This is how it is to be done:

They shall not require payment from anyone among their own people, because the Lord's time for canceling debts has been proclaimed. (NIV)

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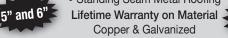
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# WIN a Mini Green Egg Grill!\*

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## Plus a Chance to WIN \$50 Weekly for the Best Recipe of the Week.

Each week's winning recipe will be published on Page 2 of Gameday.





## Submit your recipes now through November 20, 2023. To enter, submit your recipe to:

TimesDaily/Decatur Daily, GameDay Grilling Contest, Attn: Mara Beth Cravens, 219 West Tennessee St., Florence, AL 35630 Include your name, address, phone number, and your photo.

## \*Tailgate Recipe of the Week Rules

Recipe must (1) include recipe name and the number of servings that the recipe yields, (2) use ingredients that are available in most grocery stores,(3) list ingredients with measurements in order to use,(4) include step by step preparation and cooking directions,(5) Provide a photo of yourself to use in the actual recipe as submitted by, along with your name, address and phone

Entries must be submitted by the dates and times specified (August 24, 2023 - November 20, 2023) to be eligible for the applicable Weekly Contest Period. Multiple entries per week are permitted, but each recipe must be different, submitted as a separate entry and must meet the above requirements. Entries generated by script, macro, or other automated means or practices, or by means that subvert the entry process will be void. All entries become the property of the Newspaper and will not be returned.

By Submitting an entry, entrant acknowledges and agrees that Newspaper may obtain many entries in connection with the contest and/or other contests staged and/or promoted by Newspaper, and that such entries may be similar or identical in theme, idea, format or other respects to other entries submitted in connection with this contest and /or other contests sponsored by the Newspaper or submitted for other reasons or materials developed by the Newspaper. Entrants waive any and all claims entrant may have had, may have, and/or may have in the future, that any entry and/or other works accepted, reviewed and /or used by the entrant may be similar to his/her entry, or that any compensation is due to entrant in connection with such entry or other works used by Newspaper.

Eligibility: Legal residents of the 50 United States and the District of Columbia, 21 years of age or older at the time of entry are eligible to enter, except employees of Newspaper and any other organizations affiliated with the sponsorship, fulfillment, administration, prize support, advertisement or promotion of the contest and /or their respective agents, affiliates, subsidiaries and their immediate family members(regardless of where they reside) or household members, whether or not related. "Immediate family members" shall mean parents, step-parents, children, step-children, step siblings, or spouses. "Household members" shall mean people who share the same residence at least three months a year.



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## Guest Commentary - Jonathan Butcher

## Oaths...

## **Continued from Page 12**

the Arizona, Goldwater Ínstitute released a scathing report earlier this year documenting that up to 80% of faculty job listings at Arizona public universities required applicants to submit a 'diversity statement" (sometimes called 'loyalty oaths") as part of their employment application.

În a formal statement Tuesday, Goldwater said such loyalty oaths "are increasingly used across academia as a political screening test to enforce intellectual and political

of left-wing concepts aligned with critical race theory (CRT)."

College administrators reject job applications they don't include statements conforming to the prevailing woke according orthodoxy, to Goldwater's report. This process is not unique to Arizona: An investigation by the Reason Foundation Reason found that 75% applications to join the faculty of the University of California system were rejected in this way.

public Arizona university officials had used the same methods, Goldwater noted, but lately new job listings from Arizona State University are missing a

requirement to complete a diversity statement.

Arizona State University officials announced last month that employees "are not forced to sign diversity statements." Personnel Arizona's public universities seem to be quietly erasing DEI's footprint.

The changes have been more noticeable in Texas. State lawmakers adopted a proposal in June to prohibit diversity, equity, and inclusion operations on the campuses of public colleges and universities. Leaders at one state school didn't waste any time: the University of North Texas announced last week the dissolution of its DEI office, saying the vice president in charge of it would retire.

After Florida Gov. Ron DeSantis replaced board members at the New College of Florida, the new appointees immediately shuttered shuttered school's the DEI department. DeSantis, a Republican, then signed proposal prohibiting DEI departments at state universities from using public funds. This signals the end of the offices at most schools.

Lawmakers in South Carolina and Arkansas also considered proposals to abolish offices for diversity, equity, and inclusion. Virginia Gov. Glenn Youngkin, a Republican, renamed the state's DEI office, replacing "equity" with "opportunity," warning "opportunity," warning that DEI has "gone off the rails.

Diversity, equity, and inclusion programs attract critics on both sides of the political spectrum. Research has found that DEI training is ineffective at changing individual opinions; reports in mainstream publications ask whether such training is doing more harm than good.

In the corporate world. businesses are trimming their DEI staff. Some anticipate that the U.S. Supreme Court's recent ruling against racial preferences in college admissions means that when employees find the same prejudice in corporate DEI programs, they could file lawsuitsor worse.

The Free Press reported that a successful educator took his own life after a DEI "trainer" excoriated him during a session. His crime? Saying that Canada actually pretty just society, despite the trainer's claims that Canada is "a bastion of white supremacy colonialism."

The educator had questioned the gospel, and for DEI the next two years he faced ridicule. He was shamed and abandoned, ultimately losing hope.

State and federal officials have policy ideas at their disposal to protect students and educators from discrimination racial of diversity, equity, and inclusion programs.

should Lawmakers forbid DEI departments on college campuses from using taxpaver money expedite and closing. These their have departments not their demonstrated effectiveness. Yet, they employ dozens. Some public universities have over a hundred DEI employees.

State policymakers should ban public university administrators from requiring job applicants complete

Studentsandemployees are exposing DEI's biased activities on campus and in the workplace, and lawmakers should close these offices. Americans value diverse opinionsall of them, not just woke ideas

Jonathan Butcher is the  $Will\ Skillman\ fellow\ in$ education at The Heritage *Foundation and the* author of "Splintered: Critical Race Theory and the Progressive War on Truth" (Post Hill Press/ Bombardier Books, 2022).



# **LEGAL NOTIC**

## STATE OF ALABAMA, COLBERT COUNTY NOTICE OF ABANDONED AND UNCLAIMED MOTOR VEHICLES

Notice is hereby given that on 08/26/2023 at 11am the following motor vehicles will be sold at dealer's auction for cash. The auction will be held at Smitty's Wrecker Service, 212 Industrial Dr., Muscle Shoals, AL 35661. Smitty's Wrecker Service will accept proof of ownership should anyone care to submit same, Monday through Friday, between the hours of 9am and 5pm until day of sale. Vehicles may be viewed starting 08/24/2023 between the hours of 9am and 5pm. NO TITLES OFFERED! VEHICLES ARE SOLD SCRAP ONLY.

## YEAR/MAKE/MODEL

2002 Honda Accord Dodge Dakota 1995 Buick Le Sabre 2010 Honda Civic 2000 Honda Accord 2012 Ford Fiesta 1993 Nissan Sentra 2004 Dodge Durango 1994 Mercury Grand Marguis 2003 Buick Century 2013 KIA Rio 2002 GMC Yukon 2005 Nissan Altima 2004 Infinity G35 2006 Hundai Sonata 2004 Ford Taurus 1998 Cadillac DeVille 2014 KIA Optima 2000 Ford Van

1HGCG16592A006010 NA 1G4HP5217SH571584 2HGFA1F54AH639512 1HGCG165XYA069979 3FADP4B.I4CM216063 JN1FB31P0PU226476 1D4HB58DX4F238168 2MELM74W4RX658720 2G4WS52J131201692 KNADM4A33D6211005 1GKEC13722R223317 1N4AI 11DX5N419332 JNKCV51F44M103618 5NPEU46F06H080814 1FAFP532X4G145436 1G6KD54VXWU728259 5XXGM4A79EG318887 1FTNE24L4YHB03233

## YEAR/MAKE/MODEL

1991 Nissan

1997 Dodge Intrepid 2007 Toyota Camry 2006 Nissan 3507 2006 Nissan Altima 1995 Lexus LS400 2006 Honda Accord 2006 Nissan Altima 2011 Chevrolet Cruze 2007 Tovota Camry 2005 Dodge Ram 2002 Chevrolet Avalanche Pickup 2008 Saturn Vue 1995 Ford Aspire 2007 Lincoln MKX

2010 Buick Enclave

2007 Mazda

2000 Chevrolet Cavalier

2002 Chevrolet TrailBlazer

2B3HD46TXVH504933 4T1BE46K67U718077 .IN1A734086M303119 1N4AI 11DX6N342270 JT8UF22F3S0009359 1HGCM56366A087696 1N4AL11D66C175305 1G1PG5S93B7185523 4T1BB46K77U016875 3D7MS48C25G722564 3GNEK13T62G170042 3GSDI 737X8S579761 KNJLT06H2S6160072 2LMDU68C57BJ14849 5GALRBEDXAJ231253 1G1JC124XY7289479 1GNDT135429400847 1YVHP84C175M16034

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## Letters...

## Protecting Our Vote

## **Continued from Page 12**

about protecting our freedom to vote and our democracy. Trump was charged with four criminal counts, including conspiracy to defraud our country and impede our right to vote.

According to the  ${\tt Trump}$ indictment, cooked up numerous illegal schemes to stay in power after losing the 2020 presidential election including counterfeiting electoral certificates that declared him the winner. He and his cronies leaned on everyone they could to carry out their plans, from state officials to former Vice President Mike Pence.

When they couldn't steal the presidency by throwing out votes or through phony paperwork, they rioted on our nation's Capitol in an attempt to stop the election from being certified.

pundits are Some treating Trump's indictment like political theater, but that's not what this is about. It's about being able to confidently cast our ballots as Americans, certain that our vote will be counted, no matter our political party. It's about whether a president and his allies who are trying to cling to power should be able to throw out votes that they don't like. The answer, of course, must be resoundingly no. The American people choose our leaders and not the other way around.

These are serious crimes against our country. To preserve the rule of law and our democracy, we must let the legal process proceed, without interruption or interference.

Our democracy depends on it.

Henry Weekly Florence

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# **Just More of Their Kind**

Editor,

Author Jim Marrs, in his book "The Rise of the Fourth Reich," says that after WW II, under "Project Paperclip" the U.S. government brought hundreds of former Nazis to America in an effort to procure top secret technology. They were granted citizenship in the United States and given prominent positions in the American scientific community.

He said many had been longtime members of the Nazi Party and the Gestapo, had conducted experiments on humans at concentration camps, and committed other war Von crimes. Werhner Braun was one of these former Nazis and had been a member of the Nazi Party and was also a major in the SS. Von Braun is credited with America's launching Space Program and is revered by many as the

See LETTERS... on Pg 24

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## Letters...

## **Just More of** Their Kind

**Continued from Page 23** 

father of NASA.

Marrs said "Meanwhile, throughout the 1980's, Republican Party leaders continued their policy of bringing former Nazis and Nazi-minded foreigners

into the party's camp."

Marrs said, "Project
Paperclip quickly came
under the control of an 'old boy' network encompassing members of the globalists centered in the Council on Foreign Relations.'

Marrs also Nazis were infused into America's MilitaryIndustrial Complex. He stated that former Nazis were helped to obtain jobs at defense contractors like Lockheed at a time when American engineers were being laid off. Marrs said many German scientists were placed at major universities and in research and teaching positions, regardless of their Nazi pasts.

Fascistic globalists had already infiltrated the government our founders set up and they were eager to bring more of their kind into our country and into government in order to create what we have today in D.C.

—Corporate Fascism!

Janice Gross Williams Killen

## Who is to **Protect Us?**

To the Editor:

Growing up, did you enjoy Quaker Oatmeal as I did? Never would we have believed the dark past of this traditional U.S. firm!

From 1946 through 1952, the Quaker Oats Company jointly with Harvard University and Massachusetts Institute Technology (MIT), of conducted a research project whereby young boys were unknowingly fed oatmeal laced with radioactive materialwithout their knowledge or consent! \* Testimony

before Congress has revealed that these mentally challenged boys ages 6 through 10 were told the the oatmeal was, "a science club" project!

The most appalling aspect of this story is that these were autistic youngsters, wards of the State of Massachusetts, incapable of consenting to anything! After being exposed by *The Boston Globe* and *New York Times*, Quaker, Harvard, and MIT agreed to settle the lawsuit paying the remaining 30 boys a total of \$1.85 million-yet, not admitting guilt and insisting, "no harm was actually done"! More than 100 boys were included in the research.

The facts of this remarkable obscure story should scare the wits out every American! This research was funded by federal grants with the full knowledge and complicity of our very own government! The only leadership we all look to to protect us! How can we point accusing fingers at Nazi Germany when we conduct such atrocities ourselves?

Keep in mind this is not the only instance of our government being involved in such activity. Again, in a government funded project over 300 black men were infected with Syphilis in the Tuskegee, AL with many dying since at the time there was no known cure for the disease. The trials were done from 1932 thru 1972! in recent vears, our own Defense Dept. confirmed that from 1950 to 1962, as many as 400,000 active military & civilians were exposed to high levels of nuclear radioactivity to "study long term effects of nuclear exposure"! And then there is the well known case of our own CIA secretly feeding LSD to unknowing victims beginning in April, 1953! Some of these instances resulted in the recipients committing suicide!

Where does it end? What have we become as a civilized society? Is there even an answer?

Sources:

Boston Globe, 12/26/93; New York Times, 1/19/98; Smithsonian Magazine, March 8, 2017

James W. Anderson Talladega

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Truman

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## Medicare Minute "Medicare Part B"

Before we begin talking about Medicare Part B I would like to clear up something that was in last week's article concerning Medicare Part A. As I stated in the article Part A has a deductible of \$1,600 per benefit period. I also stated that if you paid into Medicare for 40 quarters that Part A was free to you. I was referring to the fact that you would not have to pay a premium to Medicare for Part A, not that it would exclude you from paying the deductible.

Medicare Part B is the part of Medicare that is billed when you receive services as an outpatient by a Medicare approved provider, such as your primary care physician (PCP) or specialist. Although a visit to your doctor is the primary way that you will use Medicare Part B, it also covers many other services. We will discuss the other services in next week's article.

If you are turning 65 in 2023, Medicare Part B will have a premium of \$164.90/mo. Because there is a premium attached to Medicare Part B this coverage is optional. This means you are not required to enroll in Medicare Part B. There are two important things to remember about Part B being optional. First, if you opt out of Part B you will have no coverage under Medicare for your outpatient services. Second, if you decide at a later date to enroll in Part B there can be a late enrollment penalty applied that will last as long as you live and have Part B. There are exceptions to the late enrollment penalty that we will discuss in future articles.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.





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A NATION OF COVER-UPS. Ecclesiastes 12:14 "For God shall bring every work into judgment, with every secret thing, whether it be good, or whether it be evil. Luke 12:2 "For there is nothing covered, that shall not be revealed; neither hid, that shall not be known." Imagine trying to hide things from Almighty God! Romans 2:16 "In the day when God shall judge the secrets of men by Jesus Christ according to my gospel." Mt 22:29 "Jesus answered and said unto them, Ye do err, not knowing the scriptures, nor the power of God." Physical death does

not end it all. How can one suffer the second death and still not be dead? Simple. You cannot kill a soul. You don't know the power or the judgment of God. God made you a living soul and intended for you to live with Him in heaven eternally. But, during this life you lived by the choices you made and at death you'll live somewhere in eternity with those choices. You have a free will here now, but after death, someone else takes over and your choices are done. You spend eternity where you chose to go. Don't try to blame God for anything. Your cover-ups are done! God has a video of your life, in the dark and in the light!

Trying to hide our sin like Adam is old hat. Hebrews 4:13 Neither is there any creature that is not manifest in his sight: but all things are naked and opened unto the eyes of him with whom we have to do." Job 34:22 "There is no darkness, nor shadow of death, where the workers of iniquity may hide themselves." Mt 12:36 "But I say unto you, That every idle word that men shall speak, they shall give account thereof in the day of judgment." You thought you got away with that murder or gross sin, but nothing escapes the all-seeing eyes of almighty God! Acts 17:31 "Because he hath appointed a day, in the which he will judge the world in righteousness by that man whom he hath ordained; whereof he hath given assurance unto all men, in that he hath raised him from the dead." Yeah, you'll be there, hollering or not. Not ready, your bad!

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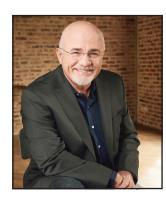
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by DAVE RAMSEY

IT'S A GUIDELINE, NOT A RULE

Dear Dave,



Is there any flexibility in your rule about not spending more than 25%

of your take-home pay on rent or monthly mortgage payments? I live downtown in Washington, D.C., and I'm finding it's pretty hard to do here. I make about \$90,000 a year, but I'm spending a little over \$2,000 a month in rent. Rent is my largest expense by far, and I don't spend a lot of other money, so I'm still able to save a little and do other things. Can you give me your opinion about this approach?

— Tanner

Dear Tanner,

True, I advise people to spend no more than 25% of their take-home pay on housing. Math still works in every city and state in the country. You don't get a pass on math just because you live in Washington, D.C., even though Congress and a lot of other people there think you do.

But there's really nothing magical about 25%. The purpose behind it is, I don't want you to be house poor. If you find yourself still able to save and invest because you keep other financial aspects of your lifestyle so low, then you're okay. The problem with most people starts when they've got a high cost of housing, and those payments put a real squeeze on their budgets. It doesn't leave them enough room to save up to buy the next car, so that car becomes debt. The same thing happens with Christmas and vacations and everything else. They don't have enough extra money to save for things because a huge chunk of their income is flying out the door every month wrapped up in rent or a house payment.

Now, you're telling me your situation works for you because you've made room in your budget and live a very frugal lifestyle by choice. That's cool. I'm not mad at you about that. But here's the thing: Whatever you spend on rent disappears. And the more money you burn, the less you've got on hand for other things.

I'm not exactly sure how you adjust that in

your situation. Maybe you move outside the city and commute, or perhaps you add a roommate into the equation. Or, maybe you're fine with how things are and that's the way you want to live. That's okay too. But my reasoning behind the 25% figure which is actually more of a guideline than a rule—is so you don't become house poor. I want you to be able to save, invest and give generously. Plus, I want vou to own vour own home one day.

And you won't be able to do that if everything you

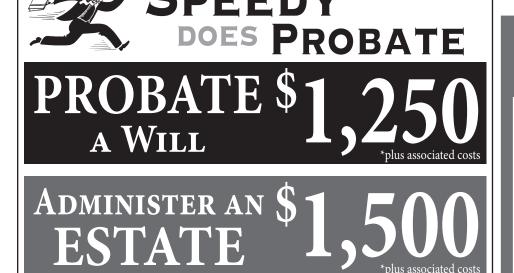
make is going toward big payments!

— Dave

Dave Ramsey is an eighttime national bestselling author, personal finance expert and host of Ramsey Show." He He has "Good appearedMorning America, CBS This Morning," the 'Today'' show, Fox News, CNN, Fox Business and many more. Since 1992. Dave has helped people take control of their money, build wealth, and enhance their lives. He also serves as CEO of Ramsey Solutions.









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**Thomas McCutcheon** 

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## **Punitive Damages** In Wrongful **Death Cases**

Alabama is the only state in the United States that only allows punitive damages in death cases. In every other state, compensatory and punitive damages are allowed. In other words, if an RN is killed by a drunk driver and they have a lifetime earning expectancy of over a million dollars, juries in other states can consider that in making an award to the family, but not in Alabama.

Alabama will not allow a jury to consider compensatory damages such as earnings or earning capacity in death cases.

Alabama has a procedure that calls for a circuit court after a jury verdict to review the amount awarded and consider several factors such as the conduct of the person who caused the death, their financial condition and the likelihood of preventing similar conduct in the future.

In Alabama death cases, circuit court judges are directed to consider reducing the judgment in a procedure known as remittitur, but not allowed to increase a jury award through additur.

In really big cases Joel and I will hear defense lawyers grump around and say that the largest death verdict ever affirmed by the Alabama Supreme Court is around seven million dollars. That's an old case and we always talk about inflation because that's relevant and the case they are referring to is about 15 years old.

This past week, the Supremes led by Judge Mendheim confirmed an award of punitive damages of ten million dollars by a circuit court judge who had reduced the iury verdict from 35 million to ten million. There were dissenting opinions and the entire decision is 121 pages.

It is somewhat satisfying to see that our argument about how inflation has impacted fixed sums and that the economic impact of the same amount ten years ago would be diminished through inflation. The plaintiff had to present an expert witness on inflation and the consumer price index to persuade circuit court to award ten million dollars as opposed to the old seven-milliondollar rule of thumb award that Alabama had followed for over ten years.

It is noteworthy that the death occurred on June 5, 2014 and it cost the plaintiff's lawyer \$323,438.00 to prosecute

Buckle up, drive safely and as always, your referrals are appreciated! 256-764-0112

Please send the questions to: "Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631 

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We will not print your full name in the article. We will not be able to return any written or preprinted items which are submitted. No representation is made that the quality of legal services to be performed is greater than the quality legal services performed by other lawyers.

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## Notes...

## Continued from page 4

Decoration Day August 19 for Harvey and James Whitehead Cemeteries. An association meeting will begin at 10am at Harvey Cemetery, Rogersville. Contributions should be made payable to Harvey Cemetery Association and may be given to any of the trustees or mailed to Karen Workman, 150 County Road 634, Rogersville, AL 35652. Trustees are: Matthew Wilson (256-762-7803), Linda White (256-247-5972), Cathy Newton (256-810-8646) and Karen Workman

We extend a warm invitation to **College Day Sunday** at Trinity Missionary Baptist Church in Florence at 10am on August 20. Our distinguished guests August 20. Our Institutional Gueste Gueste, Nashville Singers, and Grant Gunn, along with our guest speakers, Audrey Mitchell and Leo Whyte. To make the day even more exciting, we encourage everyone to wear their favorite college colors and take part in our free raffle. Evervone is welcome.

To Kill A Mockingbird - Presented by The Shoals Theatre and Midtown Butcher, Tuesday, August 22 7pm. At the Shoals Community Theatre, 123 N. Seminary Street, Florence.

Doors open at 6:30pm, movie starts at 7pm. Tickets \$5, concessions will be available. Call 256-764-700 or visit www. theshoalstheatre.org.

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The American Legion Colbert County Memorial Post 31 will hold its next monthly meeting on Monday, August 21 at 6:30pm. The meeting will be held at the Post meeting hall at 110 1/2 N. Main St. in Tuscumbia. A stair-lift is available, if needed to the upstairs location. A meal and program will be provided. All Veterans are encouraged to attend. For more info, please call 256-762-5950.

## WIlliam Lee Golden & The Goldens

Presented by The Shoals Theatre, Thursday, August 24 7pm. At the Shoals Community Theatre, 123 N. Seminary Street, Florence.

For tickets call 256-764-700 or visit www.theshoalstheatre.org.

Florence Mayor Andrew Betterton will host The 2023 State of the City program at 6pm Thursday, August 24 at the Florence-Lauderdale Coliseum. The program this year will emphasize the many exciting developments in our Parks and Recreation Department and offer additional information on the current

This year's program will boast Florence as "Simply the Best!" There is no charge to attend the program. Representatives will be available from each department within the City of Florence for questions and additional information both before and after the presentation.

status of the City of Florence.

The program will coincide with a lemonade contest between City of Florence departments to be judged by

the public.
The doors will open at 5:15pm.
Please join city officials and your neighbors us for some lemonade, fun, and exciting updates about our beautiful city!

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worried grandfather. Čhloe came agreement. Li and Melinda secret. Victor's fate was debated starting over. Abe revealed. Abe and Paulina tried to take back his job as made a plan. Steve and mayor. Chanel confided in Kayla mourned a loss. Kate Paulina. Johnny confessed struggled with the sad news. his feelings for Chanel. Chloe had reservations Dimitri's honeymoon didn't about Xander. Wait to See:

DAYS OF OUR LIVES go as planned. Gwen made about a honeymoon discovery. Brady Chad apologizes to Alex. to an Gabi tried to learn Rachel's Brady and Xander come to blows. Kate makes a shocking discovery. Shawn struggles in the wake of Victor's death.

Carly debriefed with Josslvn. Anna was issued dismissive. Betty a progress report. TJ and Molly hosted an important meeting. Portia put all her cards on the table. Gregory put Chase on the spot. Ava sought reassurance. Dex had to scramble. Willow received some welcome news. Michael observed Trina confided in Dex. Spencer. Gladys thwarted Cody. Sam launched a new investigation. Brook Lynn supplied Tracy with alcohol. Dante was wise to Cody. Felicia pondered her next act. Finn and Liz had a heart-to-heart. Molly shared some big news. Sam was concerned. Sonny made an offer. Wait to See: Finn receives some shocking news. Anna is rocked. Tracy and "Eddie Maine" bicker.

THE YOUNG THE RESTLESS Victor lost patience with Adam. Victoria forced Nate to come clean. Jack gave Ashley and Tucker an unusual wedding gift. Nick found Sally in a compromising position. Victoria changed the rules. Audra saw a new side to Kyle. Victor delivered bad news to Sally, Nick and Sharon made an important decision. Nate caught Victoria off guard. Wait to See: Ashley and Tucker plan their future. Chelsea's parenting skills are tested. Diane proves herself to Jack.

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