



**DEMPSEY CHALLENGE**  
Presented by 

Rally Together and make life better for people impacted by cancer!

Saturday, September 23rd | Lewiston, Maine -OR- Virtually

[www.DempseyChallenge.org](http://www.DempseyChallenge.org)

More Info In Our Special Section Pages 7-10

## 15 years of making life better for those impacted by cancer

This year's Dempsey Challenge presented by Karyopharm Therapeutics marks 15 years of making life better for people impacted by cancer.

Come together on this one, powerful day to rally, honor, and celebrate 15 years of providing comfort, connection, compassion, and choice to cancer patients, their loved ones, care partners, and survivors—all at no cost.

WHAT IS THE DEMPSEY CHALLENGE?

The Dempsey Challenge presented

by Karyopharm is an annual run/walk/ride experience to benefit the Dempsey Center. With two physical Centers in Lewiston and South Portland, Maine, and our third, virtual Center—Dempsey Connects, which launched in 2020—our specially-trained team of experts provides curated, holistic care to people impacted by cancer in Maine and beyond. Founded by actor Patrick Dempsey in 2009, this flagship fundraising event has raised over \$18 million for the Dempsey Center since its inception, with 100% of all funds raised

going directly to client care.

WHAT'S NEW FOR 2023?

We've taken the Dempsey Challenge of the past and combined it into one day of inspiration, participation and celebration as we rally together to make life better for people impacted by cancer. On Saturday, September 23rd, you'll choose to participate in a 5K run/walk, a 10-, 25-, 50- or 65-mile metric century cycling event or a brand new 25-mile event --our take on a duathlon-- that will challenge you to run

See **Dempsey**, page 7

## Maine's largest fiddle orchestra coming to Gorham

**FALMOUTH, ME (September 8, 2023)** -- Tap your toes, stomp your feet, and clap your hands as Fiddle-icious, a community fiddle-based orchestra with 100+ musicians from Kittery to Augusta, takes the stage to share their unique, uplifting music! Fiddle-icious is a fun-loving Maine orchestra playing fiddle, piano, harp, guitar, banjo, mandolin, flute, accordion, cello, tin whistle, concertina, upright bass, and bagpipes. Their tunes are passed down from the Irish, Scottish, Quebecois, and Acadian traditions and include reels, jigs, marches, hornpipes, waltzes, step-dancing, and beautiful singing harmonies.

Don and Cindy Roy, recipients of a National Heritage Fellowship, are the driving forces behind the magic of Fiddle-icious. Don, a designated Master Fiddler from Gorham, ME, is hailed as a "living cultural treasure." Keeping the heartbeat of the group even and steady on piano is Don's wife and musical partner, Cindy Roy. Both Don and Cindy grew up in French-Canadian families where music was an integral part of their lives, and continue to share their endless passion for the spirit of the old-fashioned kitchen party, keeping this musical heritage alive and well for future generations.

Further information about Fiddle-icious may be found at [fiddleicious.com](http://fiddleicious.com).

Erica Brown and Matt Shipman, of Erica Brown and the Bluegrass Connection as well as Darlin Corey fame, will join us as special guests. You can read more about their bands on their websites: <https://ericabrownonline.com/bands/> and <https://www.darlincorey.com/>

Rounding out our special guest list is sibling act Rossby, Elsie, and Oliver Arnott. These three fiddling siblings often play with Don and Cindy Roy and the Don Roy Trio. You are in for a treat and are sure to be impressed.

Concert details:

Saturday, October 21, 2023, 7:00 PM — Gorham, ME

McCormack Performing Arts Center — Gorham High School, 41 Morrill Avenue, Gorham

Sunday, October 22, 2023, 2:00 PM — South Portland, ME South Portland High School Auditorium — 637 Highland Ave, South Portland

Tickets for Gorham and South Portland are available online or at the door. \$20 adults, \$15 students, aged 12 and under free.

Saturday, October 28, 2023, 7:00 PM — Freeport, ME

Freeport Performing Arts Center — 30 Holbrook Street, Freeport

Ticket reservations (highly recommended) online: TBD \$20 adults, \$15 students, aged 12 and under free.

Sunday, October 29, 2023 2:00 PM — Lewiston, ME

Gendron Franco Center — 46 Cedar Street, Lewiston

Ticket reservations (highly recommended) online: Tier 1: \$25, Tier 2: \$20. At the door: Tier 1: \$30, Tier 2: \$25. Summary of concert information and tickets available at [fiddleicious.com/performance/](http://fiddleicious.com/performance/)

For more information, please contact: [fiddleiciouspromotions@gmail.com](mailto:fiddleiciouspromotions@gmail.com)

## Gorham's Gaudreau seals victory for Wheaton field hockey

**NORTON, MA (September 5, 2023)** – Junior midfielder Lydia Gaudreau (Gorham, Maine) scored the game-winning goal with 10:24 left in the fourth quarter to give the Wheaton College (Mass.) field hockey team a 1-0 victory over visiting Fitchburg State University this evening at Nordin Field on the Wheaton campus in Norton, Mass.

The Lyons improve to 1-1 on the season, while the Falcons fall to 0-2.

Goals were hard to come by through the first three-plus quarters of play until Wheaton was finally able to break through on one of its seven penalty corners in the match. Junior midfielder Macy Poitras-Cote (Northborough, Mass.) sent the insert pass to Gaudreau, who wound up from the top of the circle and sent a rocket into the far right corner for the only marker of the night.

The Lyons' offense controlled the opening quarter, outshooting Fitchburg State by a count of 6-1 as part of a 15-7 margin for the game.

The Falcons' only penalty corner came with just 91 seconds left in the contest, but the Wheaton defense was able to disrupt the try and keep the visitors off the board.

Fitchburg had its best scoring chance of the night when sophomore Olivia Narkevicius (Phillipston, Mass.) looked to take advantage of an open left side of the cage. She sent a shot from the left slot, but sophomore Lyon midfielder Maddie Hatch (Gorham, Maine) was there to make the defensive stop with 50 ticks left on the clock and keep the shutout intact for the home team.

Narkevicius paced the Falcons' offense with a pair of shots.

The goal for Gaudreau was the second game-winner of her career for Wheaton.

Senior keeper Emma Lapreziosa (Bowdoinham, Maine) turned away all four shots she faced to record her fourth career shutout for the Lyons, while senior goalie Jenna Morse (Leominster, Mass.) made five saves for Fitchburg State.

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# Newsmakers, Names & Faces

## Treasurer Beck announces auction of unclaimed property

**AUGUSTA, ME (September 8, 2023)** – Maine Treasurer Henry Beck announced today that his office, which manages Maine's unclaimed property program, will begin sending thousands of tangible items for auction that may belong to you or your heirs. These items include coins, jewelry and other collectibles of value, excluding military medals or military decorations.

Each year, the Maine Office of the State Treasurer (OST) receives contents of safe deposit boxes considered abandoned by Maine's banks and credit unions. Called "safekeeping," the safe deposit boxes are presumed abandoned when the property and proceeds remain unclaimed by the owner for more than three years after the

expiration of the lease or rental period on the box or other depository. By law, the contents of these safe deposit boxes become the care of the State of Maine, where they are held while the office searches for the owner(s).

The Treasurer's Office utilizes many avenues of owner outreach. Telethons, direct mail, town hall outreach, press releases and partnership with the state elected officials are examples of the various methods used. Currently, the most effective tool is the State Treasurer's searchable database at [www.maineunclaimedproperty.gov](http://www.maineunclaimedproperty.gov) where individuals can search their name and file a claim online.

When the amount of tangible unclaimed property exceeds the space to

house it, the Treasurer's office conducts an auction. The office has not conducted a formal auction in nearly twenty years, and therefore is exceeding physical space limits to store property. Property from these safe deposit boxes dates as far back as 1993 and as recent as 2018, and will become part of an ongoing online auction if the Treasurer's Office is unable to find owners/heirs. Note that by law and practice, we never auction military medals or military decorations.

According to Beck, "Even though an incredible amount of due diligence has already occurred to find the rightful owners of this property, we have decided to advertise the names of those with tangible items that will be sent for auction

if the owners or their heirs are not located," he said.

About safekeeping: Safe deposit box contents must be reported to the state where the contents are held.

Information on the contents of boxes located in Maine must be reported by November 1 of each year.

The contents of safekeeping are to be delivered to the Office of the State Treasurer no later than June 1 of each year. Once Auctioned, the cash value received from the sale will be available for the owner to claim.

About the auction company: The Office of the State Treasurer went out to bid for an auction company to provide auction services over the next five years. The winning

bidder was Lone Star Auctioneers out of San Antonio, Texas. Lone Star has been providing online auction services to unclaimed property programs across the country.

About Unclaimed Property: Unclaimed property consists of money and other financial assets that are considered lost or abandoned when an owner cannot be located after a specified period of time of inactivity. It includes items such as bank accounts, uncashed checks, life insurance policies, unpaid wages, stocks and dividends, refunds, and safe deposit box contents. Unclaimed Property does not include real estate, animals or vehicles.

Each and every year, tens of millions of dollars go unclaimed by Maine

residents. These financial assets are turned over by thousands of national and local businesses and organizations by a law called MRSA Title 33, Chapter 45: Maine Revised Unclaimed Property Act. <http://legislature.maine.gov/statutes/33/title33ch45sec0.html>.

The Treasurer's office holds these assets, free of charge, until claimed by the owner or heir. The State is currently holding over \$310,000,000 in unclaimed property. In the month of June, 2,114 claims were made against unclaimed property totaling \$2,940,533.08 in payments to Maine people. The highest single claim paid in the month of June was for \$161,409 (from a bank account). In June of last year, 2,646 claims were paid totaling \$2,171,671.11.

## \$350K to support Maine small business export growth

**WASHINGTON DC (September 8, 2023)** – Today, Administrator Isabella Casillas Guzman, head of the U.S. Small Business Administration (SBA) and the voice in President Biden's Cabinet for America's 33 million small businesses, announced \$20 million in grants awarded to 49 state and territory international trade agencies across the country as part of the SBA's State Trade Expansion Program (STEP).

Locally, Maine International Trade Center (MITC) was awarded \$350,000 of that pool to help provide small businesses with the information and tools they need to succeed in export-related activities. Exporting activities include participating in foreign trade missions, market sales trips, designing international marketing campaigns, participating in export trade show exhibits, and attending training

workshops, as well as other important means of engagement.

"For over ten years, the SBA's State Trade Expansion Program has been an important federal and state partnership to get funding directly to small businesses seeking to grow their businesses and our economy with international trade opportunities. And with these funds, small businesses can get trade-ready, attend trade shows in foreign markets, and grow through global e-commerce," said Administrator Guzman. "The Biden-Harris Administration remains committed to leveling the playing field for entrepreneurs and ensuring American small businesses can promote their products and services to over 95% of the world's consumers who live abroad."

Since its creation in 2010 as part of The Small Business Jobs Act, the STEP program has award-

ed \$235.5 million in grants and directly supported over 13,000 small businesses' international expansion and export growth. As states improve their exporting skills, the return on investment keeps improving- last year, every \$1 in STEP funding yielded \$43 in export sales.

Here in Maine, since 2020, over 60 small businesses have received financial assistance to support their international exporting goals, resulting in \$6.9 million in actual sales and an additional \$76.3 million in the next 12-18 months. These figures represent a 13:1 immediate return on investment and a projected 143:1 future return on grant funds.

"STEP's profound impact stands as a testament to the SBA's unwavering support of U.S. small businesses seeking to grow their international footprint," said Acting Associate Administrator for

International Trade Claire Ehmann. "As STEP matures beyond its first decade, the SBA will continue modernizing and marketing this signature program that helps small businesses enter and expand into the international marketplace."

"The funding that Maine International Trade Center (MITC) receives from SBA through the STEP program is a vital component of the assistance we offer to small Maine companies that are ready to enter or expand international markets," MITC President Wade Merritt said. "Global competitiveness requires a company to make significant investments in market analysis and entry methods. In some cases, the financial assistance provided through this program can be the difference between taking that next step for international business growth or passing on

an opportunity."

Maine International Trade Center (MITC) will begin accepting applications from eligible Maine companies for the new grant funds on October 1, 2023. Learn more at <https://www.mitc.com/business-support/funding/>

STEP awards help entrepreneurs compete globally by offsetting costs incurred by export related activities, including participating in foreign trade missions, designing international marketing campaigns, participating in export trade show exhibits, attending training workshops, and other important means of engagement.

Strengthening the base of small business exporters and improving global competitiveness on the international stage are key components of the SBA's small business strategy, in line with the Biden-Harris Administration's goals of expanding

opportunity for America's small businesses to grow and compete.

This year's awardees were selected after a highly competitive application process. Individual STEP awards are managed at the local level by state government organizations and nonprofit entities. To find out if your state or territory has earned an award, and to apply for funding opportunities, please visit: [www.sba.gov/STEP](http://www.sba.gov/STEP) and explore how small business counseling from local SBA Resource Partners can help inform your export strategy.

Send all items for What's Going On to the Editor. Deadline is Friday by five.



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# Newsmakers, Names & Faces

## Baker Newman Noyes promotes Gregory Knight of Gorham

**PORTLAND, ME (September 1, 2023)** - Baker Newman Noyes (BNN), a nationally recognized top 100 accounting and advisory firm, is excited to announce four senior-level promotions in its Portland office. The promotions below highlight managers and senior managers in the firm's tax, assurance, and operations departments.

"Supporting the growth and development of our people is a top priority," said Dayton Benway, Managing Principal at Baker Newman Noyes. "These promotions are just one way we can recognize the great work of our employees and invest in their professional growth. Each of the individuals promoted this summer demonstrate excellent client service, a collaborative spirit, compassion, and a desire to continue to develop

and innovate. I am proud to work alongside them and look forward to great things from each of them as their careers continue to grow."

Crystal Jones, of South Paris, ME, has been promoted to Billing Manager in the operations department. Jones oversees the billing functions of the firm. She joined the firm as a Billing Specialist in 2019. Jones earned her associate degree in business administration from Southern Maine Community College and her bachelor's degree in health science from the University of Southern Maine.

Gregory Knight, of Gorham, ME, has been promoted to Senior Manager in the healthcare advisory practice. He offers experience providing reimbursement services to hospitals, rural health clinics, nursing homes, and home



health agencies. Knight joined the firm in 2011, after earning a bachelor's degree in accounting from the University of Maine.

Nathan Somes, CPA, MBA, of Durham, ME, has been promoted to Manager in the tax practice. He joined the firm in

2018 after completing tax internships in the Portland office. He specializes in providing support and tax planning to individuals and primarily closely held businesses. Somes holds a bachelor's degree in accounting and master's degree in business adminis-

tration from the University of Southern Maine.

Benjamin Staples, CPA, MBA, of Scarborough, ME, has been promoted to Manager in the tax practice. Staples specializes in tax planning and compliance for individuals and closely held businesses, including Partnerships, LLCs, and S Corporations. He joined the firm as a tax accountant in 2017. Staples earned his bachelor's degree in accounting, and his master's degree in business administration from Husson University.

The following employees in the Portland office were also promoted: Anirudh Jhanji has been promoted to Senior in the transaction advisory practice; Kathryn Johnson has been promoted to Staff II in the tax practice; Gage Kennedy has been promoted to Supervising Senior in the tax practice; Kris-

ten Lebreux has been promoted to Senior in the tax practice; Ian Lichtenberg has been promoted to Senior in the assurance practice; Kyle Lonabaugh has been promoted to Senior in the tax practice; Derrek McDonough has been promoted to Supervising Senior in the tax practice; Nicole Pelletier has been promoted to Senior in the assurance practice; Mikayla Roy has been promoted to Senior in the tax practice; Patti Watters has been promoted to Supervising Senior in the tax practice; and Julie Weglein has been promoted to Audit Supervisor in the assurance practice.

These promotions were announced among 14 senior-level promotions across the firm's Manchester, NH; Portsmouth, NH; Woburn, MA; Boston, MA; and Portland, ME offices.

## 3 local attorneys named 'Best Lawyers'

**DOVER, NH (September 8, 2023)** — Shaheen & Gordon is proud to announce that 23 of the firm's attorneys were recognized in the 2024 editions of Best Lawyers. This is the highest number of honorees that the firm has ever seen.

Best Lawyers is the oldest peer-review publication in the legal industry and uses an in-depth methodology to select honorees.

Attorneys James Rosenberg (Criminal Defense: General Practice), Brian Quirk (Criminal Defense: White-Collar), and Randall Smith (Personal Injury Litigation - Plaintiffs) were named Lawyer of the Year in their respec-

tive practice areas, meaning they received the highest overall peer feedback in their geographic region.

Stephanie Annunziata, Jared O'Connor, and Alexander Spadinger were each recognized for the first time.

Here is a local list of the Shaheen & Gordon attorneys listed in Best Lawyers 2024 and Best Lawyers: Ones to Watch:

Portland, ME  
Randall E. Smith, Medical Malpractice Law - Plaintiffs and Personal Injury Litigation - Plaintiffs - Lawyer of the Year!

Alexander Spadinger, Personal Injury Litigation - Plaintiffs

## Expert panel aims to protect our waterways

**RAYMOND, ME (September 8, 2023)** -- Given the growth of the Lakes Region, how can we protect the water quality now and into the future? A panel of waterway experts will discuss water biology,

ecology, property owner responsibility and governance as it relates to maintaining the health of our waterways.

Thursday, September 14 at 6:30 pm Hawthorne House 40 Hawthorne Rd Raymond

## Sister cities celebrate 20th anniversary

**PORTLAND, ME (September 8, 2023)** -- Portland, Maine, and Mytilene, Lesvos, Greece are Sister Cities. The Hellenic Society of Maine will celebrate the 20th anniversary of the founding of this relationship with a reception from 5 to 7 p.m. Thursday, September 21, 2023 in the Wishcamper Center on the University of Southern Maine Portland campus.

Symeon Tegos, Consul General of Greece in Boston, will attend. Also, pianist Anastasia Antonacos, a faculty member in the Osher School of Music at USM, will perform a musical interlude as part of the festivities. Interested persons are welcome. Please RSVP to [msnell@maine.edu](mailto:msnell@maine.edu). FMI go to [hellenicsociety-ofmaine.org](http://hellenicsociety-ofmaine.org)

### BACKGROUND

The Sister City relationship began when a delegation from Mytilene came to Portland in October of 2003 to witness the resolution being adopted by the Portland City Council accepting the program.

The Hellenic Society of Maine is the community-based non-profit that supports it.

The purpose of a Sister City is to promote world peace, international cooperation, and citizen diplomacy by establishing close and continuous ties between two world communities that already have several strong connections and much in common.

Both Portland and Mytilene are located on the sea, in the northeast corner of their countries, in areas known for being environmentally clean, green and beautiful. Both are ports and are the economic, cultural, medical and legal centers of their region. Both have an important, growing university and other schools that give them a young and vibrant feel and a talented workforce. Both were established early in their country's history, and are associated with historic and modern artistic and literary talent. Both are in

areas that rely on tourism and natural resources for a good portion of their economy, whose people are known for their independent spirits.

Over the years there have been five mayoral delegation visits between them. There have also been several initiatives sponsored by the Hellenic Society of Maine:

-In 2007: collected and shipped more than 80 hardcover Books in English on American culture to the Mytilene City Public Library.

-In 2012: collaborated with Jeff and Lydia Badger through Tetra Projects to send the art exhibit, Portes, to Mytilene featuring 50 Portland artists. The show was exhibited in the Mytilene Art Museum for a week. It also was exhibited earlier at Space Gallery in Portland.

-In 2012: commissioned and installed a permanent oak display case in Portland City Hall to promote the Sister City.

-In 2016: raised

\$20,000 for Lesvos Hospital Aid to purchase and ship a 40' container of medical supplies and equipment for the Mytilene General Hospital which was impacted by the migration crisis.

-In 2018: staged the art exhibition IXNOS at the USM Library in collaboration with Peregrine Studios. The exhibit explored the ongoing refugee crisis on Lesvos Island and in Greece, part of the statewide initiative, Making Migration Visible.

Plans are underway for another event, in Mytilene this coming May or June 2024. It will mark when a Portland delegation went to Mytilene in June of 2004 to sign reciprocal Sister City resolutions there. As part of those celebrations, pianist Annie Antonacos will also perform a concert in the Mytilene Public Theater. She gave a concert there 20 years ago as part of our gift to that city.

For more information contact Mary Snell at [msnell@maine.edu](mailto:msnell@maine.edu)

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28 State Street, Gorham, ME 04038  
Mail: 89 Union Street, Suite 1014, Auburn, ME 04210

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### Deadline

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### Press Releases

All submissions, including photos, must be emailed to [editor@GorhamWeekly.com](mailto:editor@GorhamWeekly.com).

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# Seniors Not Acting Their Age To Islesboro and Back

By Ron Chase

A paddling trip to Islesboro begins with a three-mile open water crossing of West Penobscot Bay. During a prior outing, I was part of a group that encountered gusty winds and rough seas when we returned from the island. So planning a cruise there entails careful analysis of the weather in advance, particularly winds.

After watching the weather for several days, I identified an early August day with light winds predicted throughout. Warm temperatures and sunny skies made the forecast particularly appealing. I had a glowing forecast but still needed to recruit some paddling companions. An email announcement with my outdoor club, Penobscot

Paddle & Chowder Society, resulted in three interested boaters.

Two of the prospective participants, Bud Gilbert and Allan Fuller, proposed paddling a tandem canoe. I had never been involved in an ocean trip where a canoe was used to navigate to distant islands. However, given the favorable forecast and their strong canoeing skills, it seemed like a reasonable plan. After all, in prehistoric times Native Americans frequently canoed to the islands in birch bark canoes. And, the present day canoeists would have the support of two sea kayakers, Mark Nelson and me.

Winds were almost non-existent when the four of us met at Lincolnville Beach next to the

Islesboro Ferry Terminal on a warm, sunny morning. Launching from the sandy beach was very convenient. We were pleased to note conditions appeared calm in the bay. The ferry was loading as we departed.

The crossing was completed without complications. The ferry passed as we approached Warren Island, the closest island in the Islesboro archipelago. The large vessel left a succession of sizeable swells in its wake. Our canoeing companions easily navigated the rolling waves in their 17-foot Old Town Tripper.

Warren Island State Park is an exceptional place to visit. The 70-acre island is just a short distance from Islesboro. Access to the park is exclusively by boat and it contains twelve campsites. A hiking trail follows along much of the shoreline and meanders around the island.

Sandy, the friendly, helpful Park Manager, greeted us when we went ashore. She provided advice on available facilities and encouraged a walk on the hiking trail. The park is extremely clean

and well-maintained.

We gathered at a picnic table near the landing, changed into hiking shoes, and began the trek. The scenic walk was an excellent opportunity to stretch our legs. We enjoyed a leisurely pace while completing the one-mile hike. The views of the Camden Hills from the west side of the island were outstanding.

Following a lunch break at the shoreline picnic table, we departed southeasterly in the shallow channel between Spruce and Warren Islands. Turning east at the southern end of Spruce, we entered an exceptionally placid Gilkey Harbor. A large dark vessel moored next to the Islesboro shore captured our attention.

After traversing the harbor, we conducted a close up inspection of the mysterious watercraft. Its unusual name, Contraband, was even more intriguing. A little research indicates the 28.65 meter motor yacht was built by New England Boatworks and is the second largest vessel produced by that firm. No explanation was uncovered for the curious name.

Leaving Contraband behind, we began our return voyage to Lincolnville Beach. Rounding the northern end of Spruce Island, we passed the Islesboro Ferry Landing adjacent to Grindle Point Light on our right and progressed into West Penobscot Bay.

The calm we experienced in Gilkey Harbor was supplanted by moderately bumpy conditions in the bay. A strong tidal current and increased wind velocity from the west generated choppy broadside waves. The wake from the passing ferry created substantial turbulence forcing us to temporarily negotiate through large colliding breakers.

Situated low in the water in our kayaks, breaking waves splashed over Mark and me on several occasions. The canoeists took some water over the gunnels but overall they handled the challenging conditions in an exemplary fashion. Following arrival at Lincolnville Beach, Mark re-



The Islesboro Ferry passes Mark Nelson near Warren Island



Canoeists experience calm conditions paddling to Islesboro



Paddlers land at Warren Island State Park



Hikers enjoy exceptional views of the Camden Hills from Warren Island

ported his GPS measured the length of our journey to be ten miles.

My book, *Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine* relates eight more exciting ocean paddling excursions along the Maine coast. Included is a five-day foggy expe-

dition on the Bold Coast where intimidating storm driven waves were encountered on outer Great Wass Island.

Ron Chase resides in Topsham. His latest book, *"Maine Al Fresco: The Fifty Finest Outdoor Adventures in Maine"* is available at [www.north-countrypress.com/maine-al-fresco](http://www.north-countrypress.com/maine-al-fresco) or in bookstores and through online retailers. His previous books are *"The Great Mars Hill Bank Robbery"* and *"Mountains for Mortals - New England."* Visit his website at [www.ron-chaseoutdoors.com](http://www.ron-chaseoutdoors.com) or he can be reached at [ron-chaseoutdoors@comcast.net](mailto:ron-chaseoutdoors@comcast.net)

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# UMaine Extension 4-H seeks volunteers

**ORONO, ME (September 8, 2023)** — University of Maine Cooperative Extension will offer a two-part online informational session for adults interested in becoming 4-H volunteers from 6-7 p.m., Sept. 18 and 25.

“Start Your 4-H Volunteer Journey” will provide participants with information about the UMaine Extension 4-H youth devel-

opment program through four short e-Learning modules. Attendees will also participate in an experiential learning activity, learn about the key aspects of positive youth development and be introduced to ages and stages of youth.

A 4-H volunteer is many things: mentor, advisor, friend, teacher, referee, role model, pacesetter and much more. As a 4-H



Photo courtesy University of Maine Cooperative Extension.

volunteer, participants will have the opportunity to make a positive difference in the lives of children by teaching them valuable life skills, helping them work towards a positive self-image and working with them to accomplish positive personal goals.

The two one-hour virtual sessions will wrap up with an outline of next steps and an introduction

to a county staff contact to help with the application process, if desired.

Registration is required. The sessions are free. To register, visit [extension.umaine.edu](http://extension.umaine.edu).

For more information or to request a reasonable accommodation, visit the program webpage or contact Jennifer Lobley, [jennifer.lobley@maine.edu](mailto:jennifer.lobley@maine.edu); 207.255.3345.

# VA to resume reimbursing Maine veterans' homes

**WASHINGTON, D.C. (September 8, 2023)** — Following calls from Maine’s Congressional Delegation to reform policy, U.S. Senators Angus King, a member of the Senate Veterans’ Affairs Committee, and Susan Collins and U.S. Representatives Chellie Pingree and Jared Golden announced that the Department of Veterans Affairs (VA) proposed new regulations that would reimburse Maine Veterans’ Homes (MVH) for the costs of nursing home care for veterans with dementia. The VA’s proposed rule would expand the current eligibility for domiciliary care to include veterans suffering with dementia. The rule would also retroactively reimburse MVH for costs

associated to domiciliary care dating back to January 2021 when the delegation’s initial law was passed.

In 2020, Congress passed legislation authorizing the VA to cover the costs of nursing home care for veterans with early stage dementia provided by state veterans’ homes, but the VA delayed proposal of the required rulemaking by more than two years. This delay forced MVH, and in some cases veterans and their families, to pay out-of-pocket for the care costing approximately \$130,000 per month and over \$2.5 million since 2019.

“For decades, Maine Veterans’ Homes has provided world-class care to our state’s veterans. They’ve worked hard to meet America’s commit-

ment to those who served despite rising costs,” said Senators King and Collins and Representatives Pingree and Golden. “This new ruling will ensure the federal government supports our veterans with all of the resources at our disposal so that older Maine veterans struggling to live independently can receive the care and support they earned on behalf of a grateful nation. We hope the VA will move to quickly finalize the new rule to prioritize Maine veterans and meet our nation’s solemn promise to the brave men and women who answered the call of service.”

“This is an important advancement for Maine’s seniors and the right thing to do. Maine Veterans’ Homes is extremely grate-

ful to Senator King and the Maine delegation, and the Veterans Administration for supporting necessary rulemaking changes in domiciliary care stipends,” said Sharon Fusco, the CEO of Maine Veterans’ Homes. “These changes will ensure that Maine’s seniors are able to receive the residential care they need in Assisted Living settings, paid for with the benefits they are due. In spite of years of uncertainty surrounding reimbursement, MVH has continued to ensure that residential care options were available for our Veterans, sheltering them from “falling through the cracks” due to funding gaps. We sincerely appreciate this change and the support that made it possible.”

Domiciliary care was

established by the VA after the Civil War as a type of assisted living that is provided to older veterans who are independently mobile or semi-mobile but are incapable of living alone. Over 130 MVH residents receive domiciliary care, 80% of whom are on Medicaid.

The care was federally reimbursed for years, up until 2019, when the VA abruptly ended payments. The Veterans Health Care and Benefits Improvement Act, signed into law on January 5, 2021, authorized the VA to resume reimbursements for domiciliary care at state homes like MVH. Twenty-eight months later, the VA had yet to announce a proposal for the payments.

Created by the Maine

Legislature in 1977, Maine Veterans’ Homes is an independent, nonprofit organization that provides services to Maine veterans at six homes in Maine: Augusta, Bangor, Caribou, Machias, Scarborough and South Paris. Their care includes rehabilitative care, domiciliary care, nursing care, and end of life care.

The Maine Congressional delegation has pushed the VA to reimburse Maine Veterans’ Homes for the last several years. In May, the delegation introduced the Reimburse Veterans for Domiciliary Care Act, which would require the Department to begin payments for current care as mandated by law and retroactively provide MVH with the reimbursements for past care.

# \$1.2M for Maine Maternal Health Task Force

**WASHINGTON, D.C. (September 8, 2023)** — Today, U.S. Senators Susan Collins and Angus King announced that the Maine Department of Health and Human Services will receive \$1,170,233 through the Health Resources and Services Administration’s (HRSA) State Maternal Health Innovation (MHI) program. The goal of the State Maternal Health Innovation Program is to expand on and improve re-

sources for maternal health in Maine and the United States.

The State MHI program awards provide funding for five years, supporting the establishment of a maternal health task force in Maine. This continuation award will allow for the improved collection and use of state-level data on maternal mortality and severe maternal morbidity. Additionally, grantees will work to improve access to

services during pregnancy, which includes expanding direct clinical care availability and workforce training.

“Ensuring the well-being of expectant mothers and promoting maternal health is extremely important for the well-being of Maine people in their child-bearing years,” said Senators Collins and King. “This investment is a significant and necessary step towards addressing an area

where our country lags behind the rest of the developed world, and will significantly bolster Maine’s efforts to provide comprehensive care and support for mothers. We are grateful for this funding, and appreciate the continued dedication of the Maine Department of Health and Human Services to supporting the health of our state’s children and families.”

Senators Collins and

King have long supported efforts to strengthen families and improve maternal health care. As a senior member of the Appropriations Committee, Senator Collins helped to secure a \$26 million increase in funding for State Maternal Health Innovation Grants and a \$87 million increase for the Maternal and Child Health Block Grant Program in the Fiscal Year 2023. Senators King and Collins also cosponsored

the Rural Maternal and Obstetric Modernization of Services (Rural MOMS) Act, a bipartisan bill that would improve data collection, expand services, and award funding to help ensure that new and expecting moms living in rural communities get the care they need. The United States has the worst rate of maternal deaths in the developed world and one of the highest rates of infant mortality.

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# Arts & Entertainment

## Gilbert & Sullivan make triumphant return



**MONMOUTH, ME (September 8, 2023)** – Theater at Monmouth opens *A Celebration of Gilbert & Sullivan* featuring *Cox & Box* as their Fall show following their Brave New Worlds Summer Season. The celebration begins with a curtain raiser of *Cox and Box*, a Comic Triumveretta, composed by Arthur Sullivan and written by F.C. Burnand. *Cox and Box* is the hilarious tale of two men who unknowingly rent the same room (one by day, the other by night), the landlady who rents it to them, and what happens when one of them unexpectedly gets the day off from work. Then, after the interval, journey through Gilbert & Sullivan’s musical catalogue with an Original Revue written by Adam P. Blais, including songs from your favorite operas, such as *The Pirates of Penzance*, *Patience*, *Ruddigore*, *H.M.S. Pinafore*, and more; and an Original Medley of songs arranged by John Neal. Join us in celebrating one of theater’s most

dynamic musical duos Thursday, September 14th at 7:30 p.m. through Sunday, September 24th at 1:00 p.m.

Though originally from England, there are strong ties between Gilbert & Sullivan and Monmouth, Maine with Cumston Hall having been the Summer performance home of the American Savoyards from 1953 to 1958. As Director Adam P. Blais points out, “They returned to Monmouth each summer performing a different Gilbert & Sullivan show each week (Six evenings, Two matinees, and no Sunday performances) for ten consecutive weeks”. In his research preparing for the show, Blais also discovered that “It is believed that The Grand Duke made its North American professional debut in Cumston Hall.”

A Celebration of Gilbert & Sullivan featuring *Cox & Box* features Patrick Brady\* Box/Man 2, Quinn Corcoran\* as Cox/Man 1, and Michelle Seipel\* as Mrs. Bouncer/Soprano. Directed by Adam P. Blais and Music Direction by John Neal, Set Design by Rew Tippin, Costume Design by Michelle Handley, Lighting Design by Jim Alexander, with Stage Management by Meg Lydon\*, Lighting and Production Assistance

by Erin Fauble. (\*) Denotes members of Actors’ Equity Association, the union of professional actors and stage managers in the United States.

Performance Calendar: PREVIEW 9/14 at 7:30 p.m.; OPENING 9/15 at 7:30 p.m.; additional performance dates 9/16, 9/21, 9/22, 9/23 at 7:30 PM; 9/16, 9/17, 9/23, and 9/24 at 1:00 PM.

A Celebration of Gilbert & Sullivan featuring *Cox & Box* is Sponsored by Andrews Tolman.

Audience Engagement Programs

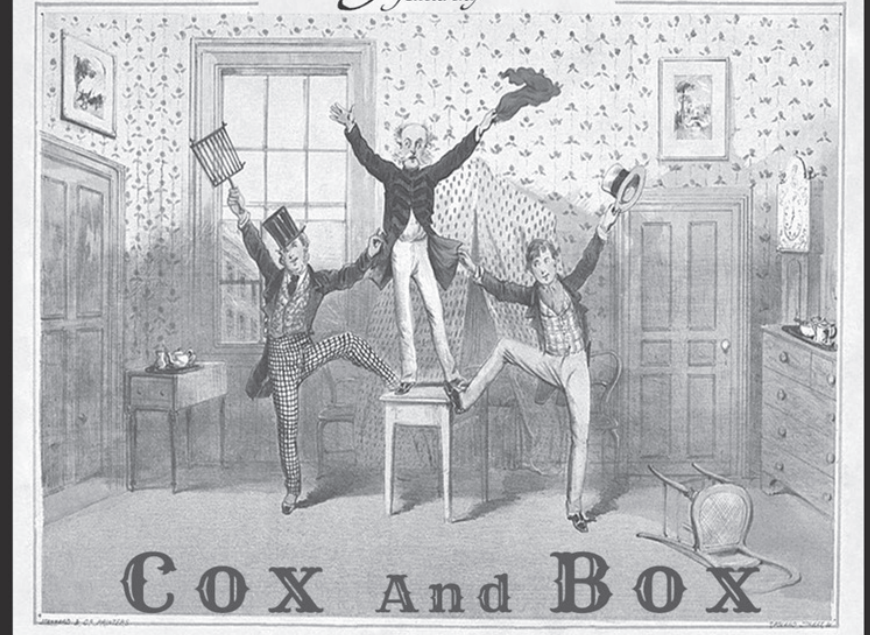
Post-Performance Discussions. Join us on selected performances for Post-Performance Discussions with the cast and creative team. Discuss the critical historical, artistic, and cultural perspectives of the worlds of the production. Post-Performance Discussion will take place on the following date: Sunday, September 17 following the 1:00 PM performance.

Tickets, Subscriptions, and Ways to Save. Single tickets for the Fall Show are \$40 for adults, \$35 for senior citizens, and \$25 for students (18 and under). Group Rates are available for groups of 10 or more.

Opening Nights are Educator Nights. Educators receive 20% off the general ticket price with a

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son excluding the Family Show and Special Events. Contact the Box Office by email [boxoffice@theateratmonmouth.org](mailto:boxoffice@theateratmonmouth.org) or by calling 207.933.9999 after 10 a.m. on the day of the show. Requests made be-

fore the Box Office is open will not be processed.

For calendar and reservations, please contact the TAM Box Office at 207.933.9999 or visit [www.theateratmonmouth.org](http://www.theateratmonmouth.org).

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**Dempsey**  
*Continued from page 1*

4.5 miles AND ride 21.5 miles to the finish line at the Festival in the Park!

In the afternoon, we'll come together to honor cancer survivors with the 15th Annual Survivor Walk, recognize the 2023 Amanda Dempsey Award winner and close out the day as we celebrate the top fundraisers at the Fundraising Award ceremony.

**QUICK FACTS**

About The Dempsey Challenge

The Dempsey Challenge is a run/walk/cycle event and is the flagship fundraiser for the Dempsey Center, founded by actor Patrick Dempsey. Patrick grew up in Maine, and wanted to help provide wrap-around support and care for people in Maine impacted by cancer after experiencing his own cancer impact when his mom Amanda was diagnosed in 1997.

The event takes place in Lewiston, Maine every fall.

In 2020, the Dempsey Challenge went global and introduced a complete

virtual event. Today, the Dempsey Challenge is a hybrid event where participants can choose to participate in person or virtually - there are no barriers to get involved!

The next Dempsey Challenge is September 23, 2023.

This will be the 15th consecutive Dempsey Challenge. Generous corporate sponsors cover the cost of the event, so every dollar raised by participants goes directly to the Dempsey Center.

Who can participate in the Challenge?

No matter who you are, there's a place for you in the Dempsey Challenge! Participants are all ages, have varying abilities, and hail from around the world. Volunteers and ambassadors love their roles and come back year after year. Dempsey Challengers are: riders, walkers, runners, volunteers, donors, fundraisers, kids, adults, and families — a community. People who want to make life better for people dealing with cancer.

How it works

Participants can be part of a team or join as an



individual. Participants can choose either the in-person Dempsey Challenge to take place in Lewiston, Maine, or can participate virtually as a Virtual Challenger. Participants receive support for training and fundraising from Dempsey Center staff. In 2022, Dempsey Challenge participants from all over the world raised over \$1.6 million dollars!

How to get involved

Sign up today to participate, fundraise, or volunteer! If you're in the Lewiston/Auburn area on Saturday, September 23rd cheer for walkers and runners as they hit the pavement, or create a cheer station along one of the many bike routes throughout Maine!

**KEY DATES**

April 15, 2023: Registration opens

September 1, 2023:

Deadline to register for the Virtual Dempsey Challenge to receive a participant t-shirt, bib and sticker pre-event

September 21, 2023 12:00pm ET: Fundraising Awards deadline. Top Fundraiser Awards to be recognized in the park. Deadline to raise \$3,000+ to receive invitation to the Champions for Hope Celebration. College Cup + High School Challenge fundraising deadline

September 21, 2023 4:00pm-7:00pm ET: Packet Pickup (Location TBD)

Due to traffic, volume, and efficiency, we are offering Packet Pickup on Thursday and Friday. If you're unable to pick up your bib and t-shirt, a friend or family member may do it for you. We will be offering a small window for Packet Pickup at the Customer Service Tent,

minimally staffed, and should be used for extenuating circumstances only. Please plan ahead or consider having someone else pick up your bib and packet for you.

September 22, 2023 10:00am-7:00pm ET: Packet Pickup (Location TBD)

Due to traffic, volume, and efficiency, we are offering Packet Pickup on Thursday and Friday at Baxter Brewing. If you're unable to pick up your bib and t-shirt, a friend or family member may do it for you. We will be offering a small window for Packet Pickup at the Customer Service Tent, minimally staffed, and should be used for extenuating circumstances only. Please plan ahead or consider having someone else pick up your bib and packet for you.

September 23, 2023

5:00pm EST: Final fundraising deadline for all other incentives. In-person Dempsey Challengers will pick up incentives in the park on Saturday, September 23rd. Virtual Challengers will have incentives shipped post-event. Deadline for Virtual Challengers to submit activity to receive official Virtual Challenger Finisher patch. Patches will be shipped in October

October 31, 2023 11:59pm EST: Final deadline to accept donations

**CONNECT WITH US!**

Follow us on Instagram

Follow us on Facebook

Connect with our community and join the Dempsey Center Fundraising Group on Facebook

Join the Dempsey Challenge Strava Club

# Volunteer opportunities at the Dempsey Challenge

Did you know it takes over 500 volunteers to make the Dempsey Challenge a reality? As a volunteer, you can choose from a number of opportunities to help make a difference. Volunteering is an amazing way to connect, have fun and help make lives better for people impacted by cancer.

Volunteer opportunities will be available from September 18-23 for the 2023 event.

Are you ready to volunteer?

Please note a few changes for the 2023 event:

The Dempsey Center has moved to a new Volunteer Management System. You will need to create a new account in our system. After creating your account with a new Username and Password, you will be able to complete our Volunteer Application!

NOTE: You must complete this step even if you have volunteered with us before (unless you have already created a new account as a current volunteer). See [dempseycenter.org](http://dempseycenter.org) and click 'volunteer' for more information.

REGISTER TO

**VOLUNTEER**

Why Volunteer?

Our volunteers say they LOVE being part of the Dempsey Challenge's fun and supportive community and picking a shift that works for them. It's a powerful way to make a difference, make new friends, and help make life better for people impacted by cancer!

Is There a Job for Me?

Yes! Volunteering is for everyone. Coworkers, neighbors, families, friends, and more. Work a rest stop, cheer for participants, or help us go green

with our Green Team! We have short and long shifts, before and during the event, for all ages and abilities.

Can Volunteers Join a Team?

Yes! Although it is never required, volunteers are always welcome to be part of a Dempsey Challenge team. You can join riders, walkers, runners, and virtual participants for even more fun and fundraising. Or - make a team of all volunteers and set a team fundraising goal!

Want More Information?

You can find many

more details by taking a look at Volunteer Guide.

Still have questions? Feel

free to email us at [info@dempseychallenge.org](mailto:info@dempseychallenge.org). We are always happy to help!

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# Dempsey Challenge schedule of events

Get ready for a week filled with activities, training, sharing and community engagement as we enter Dempsey Challenge week and head into a powerful weekend you will never forget!

## DEMPSEY CHALLENGE WEEK

### Monday, September 18

Signs of Hope + Healing

You may begin to drop off your homemade Signs of Hope + Healing at the Dempsey Centers in Lewiston or South Portland, starting Monday,

### September 18. Learn More Tuesday, September 19

11:00 AM ET: Tuesdays Together presented by Unum, Facebook and Instagram Live

Signs of Hope + Healing Drop Off at Dempsey Centers in Lewiston + South Portland.

Volunteer Orientation via Zoom, 6:00 PM ET

If you have registered to volunteer at the Dempsey Challenge, please attend the orientation via the Zoom link sent to your email. If you have questions, please email [dempseychallengevolunteer@gmail.com](mailto:dempseychallengevolunteer@gmail.com).

### Wednesday, September 20

"Where in the World?" Post a picture of yourself training for the Challenge or make a TikTok and tag us!

A look at the Global Dempsey Challenge and participants from around the world.

### Facebook: @DempseyCenter Instagram: @dempsey\_center TikTok: @dempseycenter

Signs of Hope + Healing Drop Off at Dempsey Centers in Lewiston + South Portland.

### Thursday, September 21

Signs of Hope + Healing Drop Off at Dempsey Centers in Lewiston + South Portland.

-7PM Deadline to drop at our South Portland location

12:00 PM ET - Top Fundraiser Award deadline

Deadline to raise \$3,000+ to receive invitation for Champions for Hope reception. Deadline to be recognized as a top individual or team award winner. Deadline for the College Cup and High School Challenge awards.

4:00 PM - 7:00 PM - Packet Pickup + Dempsey Center Open House

New for 2023: Pick up your packets + bibs and tour the Dempsey Center's Lewiston location. Discover all the services that the Dempsey Center provides at no cost to people impacted by cancer.

PLEASE NOTE: Due to traffic, volume, and efficiency, we are offering Packet Pickup on Thursday and Friday at the Dempsey Center located at 29 Lowell Street in Lewiston. If you're unable to pick up your bib and t-shirt, a friend or family member may do it for you. We will be offering a small window for Packet Pickup at the Customer Service Tent from 6:15am-7:30am, minimally staffed, and should be used for extenuating circumstances only.

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### Friday, September 22

Signs of Hope + Healing Drop Off at Dempsey Centers in Lewiston + South Portland.

-7PM Deadline to drop off at our Lewiston location

10:00 AM - 7:00 PM - Packet Pickup + Dempsey Center Open House

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6:15 AM: Customer Service Tent opens (Simard-Payne Park)

Forgot your bib at home? Have cash and check donations to turn in? Visit the Customer Service Tent, located upon entry into Simard-Payne Park.

7:00 AM: Opening Remarks (Main Stage, Simard-Payne Park)

### DEMPSEY CHALLENGE EVENTS

Please arrive at least 15 minutes before your event start time for staging

7:30 AM: 65-Mile Ride presented by Specialized (Oxford Street): Please stage in the front of the start chute starting at 7:15 AM.

7:45 AM: 50-Mile Ride presented by Specialized (Oxford Street): Please stage behind the 65-Mile riders in the start chute starting at 7:30 AM.

8:15 AM: Dempsey Duathlon presented by Geiger (Oxford Street): Please stage in the front of the start chute starting at 8:00 AM.

8:15 AM: 5K Run presented by Poland Spring Brand 100% Natural Spring Water: 5K Runners will stage in the start chute starting at 8:00 AM.

8:18 AM: 5K Run presented by Poland Spring Brand 100% Natural Spring Water: 5K Walkers will stage behind the 5K Runners in the start chute starting at 8:18 AM.

9:15 AM: 25-Mile Ride presented by Specialized (Oxford Street): Please stage in the front of the start chute starting at 9:00 AM.

9:30 AM: Wendy's Way: 5-Mile Family Ride presented by Specialized

See Events, next page

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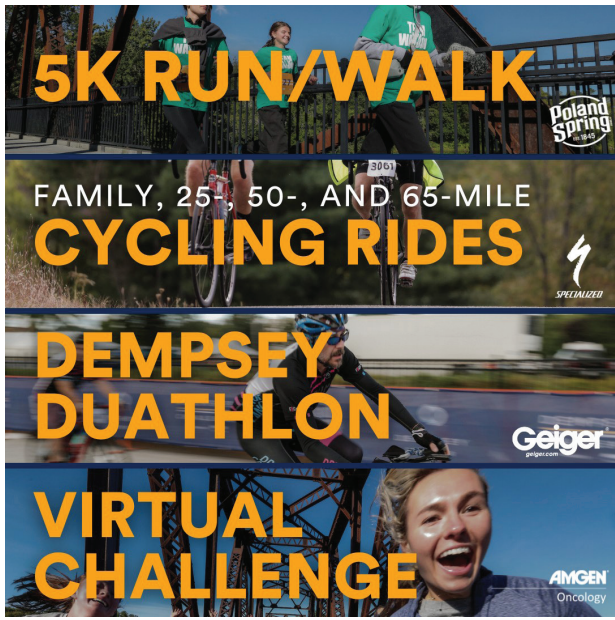
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**Events**

*Continued from previous page*  
 (Oxford Street): Please stage behind the 25-Mile riders in the start chute starting at 9:15 AM.

11:00 AM: Kids Fun Run (Oxford Street): Have the kiddo in your life join in the fun! Register for the free Kids Fun Run at the Hydration Station on Oxford Street, beginning at 10AM. All participants will receive an official Kids Fun Run bib.

1:00 PM: Survivor Walk (Gather at Main Stage): If you are a cancer survivor or are in active treatment, please join us for the Survivor Walk as we honor you and your journey. Family, friends and care partners are welcome to join.

1:15 PM: Fundraising Awards Presentation (Main Stage): Top Individual Fundraisers and Top Team Fundraisers will be recognized during this presentation.

Family + Friends Festival in the Park (Sismard-Payne Park) 8:30 AM - 3:00 PM: Food + Beverage Tent, Maine Craft Beer + Wine Garden, Dempsey Goods Merch Tent, Fundraising Incentive Tent, Team Photo Wall, Dempsey Center Mission Tent, Live Music + Entertainment. Open to participants, family and friends. Festival in the Park Features: Food + Beverage Tent

Participant breakfast featuring Maine Pancake Breakfast and lunch featuring lobster rolls! All participants receive entry for a meal in the Food + Beverage tent. Additional tickets may be purchased online.

Maine Craft Beer + Wine Garden: Grab a well-earned adult beverage from the beer and wine garden. We've partnered with the best local breweries including Baxter Brewing, Olive Pit Brewing, Gritty's and Lone Pine. Or you can opt for a delicious mimosa or Bloody Mary from Stroudwater Distillery, mimosa from Cupcake Lighthearted or hard seltzer from Press Seltzer!

Dempsey Goods -

Merchandise Tent: Pick up your Dempsey Challenge swag in our merchandise tent! Proceeds to benefit the Dempsey Center.

Team Photo Wall: Register for a team photo slot and we'll capture a professional photo in front of our Dempsey Challenge Photo Wall for each member to have as a keepsake! Photos will be emailed to you post-event.

Dempsey Center Mission Tent presented by Central Maine Healthcare: Learn all about Dempsey Center programs and services and help celebrate the 15th year of the Dempsey Challenge.

Incentive Tent: Pick up your fundraising incentive items in our Incentive Tent.

Live Music on the Main Stage

**GLOBAL DEMPSEY CHALLENGE: Virtual Dempsey Challenge presented by Amgen Oncology**

How it works for 2023

Pin your Global Participant bib to your shirt or jersey, at any time during Dempsey Challenge weekend and complete your activity from wherever you are in the world!

Download and print your Start Line bib

Snap a picture of you completing your activity and upload to social media using the hashtag #Rally-Together

When you're finished your AMAZING run or walk, change your profile pic on your social media with your Finish Line filter!

**BONUS!** Global Challengers who raise at least \$250, complete and submit their activity will receive an official Global Challenge Finisher patch!

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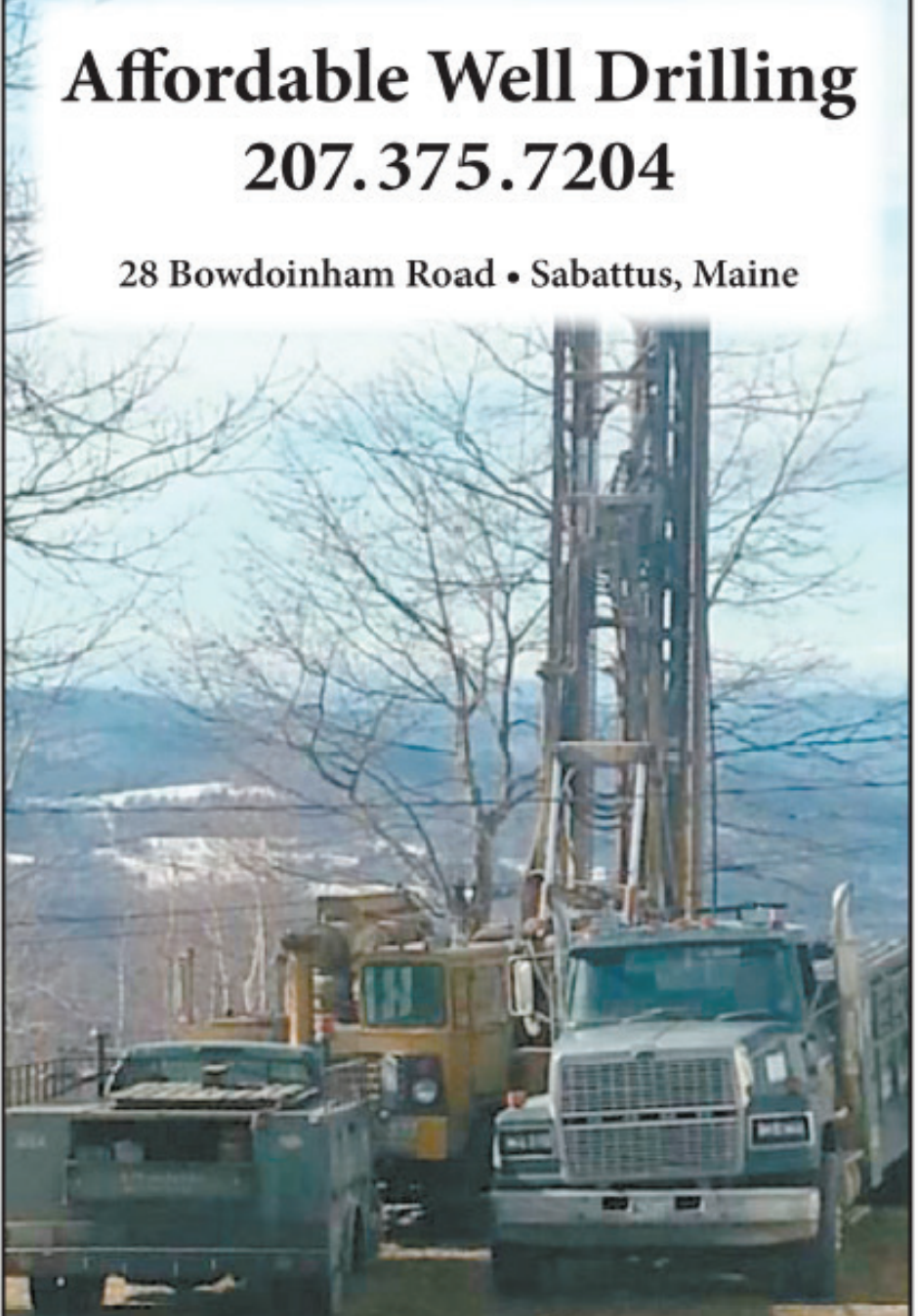


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## College Cup + High School Challenge

**RALLY TOGETHER** as a college, university or high school to compete for the top spot - all while raising funds to make life better for people managing the impact of cancer.

### COLLEGE CUP

The College Cup is open to any college or university that wants to compete for the highest amount fundraised for Dempsey Challenge 2023. Coaches, staff, faculty, alumni, and friends of the college are welcome to join in on the fun! 2019 College Cup Winner, Bates College

The top fundraisers from the winning school will be recognized on Dempsey Challenge weekend AND will join Patrick Dempsey (wearing your school colors!) to capture a group photo!

Deadline to determine College Cup winner will be September 21, 12:00 PM ET.

### HIGH SCHOOL CHALLENGE

Introducing the High School Challenge - a fun and friendly competition between high school to compete for the highest amount fundraised. Students, coaches, staff, faculty, alumni, and friends of the school are welcome to join in on the fun! Your high school can be located anywhere in the world!

The top fundraisers from the winning school will be recognized on Dempsey Challenge weekend AND will join Patrick Dempsey (wearing your school colors!) to capture a group photo!

Deadline to determine the High School

Challenge winner will be September 21, 12:00 PM ET.

Want to get involved in either the College Cup or the High School Challenge next

year? Contact Karen Page at [kpage@dempseycenter.org](mailto:kpage@dempseycenter.org) who will provide support, tools, and camaraderie. Contact her for help and next steps.



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# Guild Fine Craft Show returns to Ketcha Outdoors



**SCARBOROUGH, ME (September 8, 2023)** -- Produced by Shop Maine Craft, the Guild Fine Craft Show in Scarborough returns for its 13th season on the expansive grounds of Ketcha Outdoors on September 16 + 17. The indoor / outdoor show will feature exquisite fine craft designs for special occasions and everyday use handmade by the juried Guild level members of Maine Crafts Association, plus additional invited guests. The Guild shows are a well-established artist marketplace welcoming the public to see, collect and learn about the highest quality

craft objects made by a membership of dedicated, talented and trained craft artists. Ketcha Outdoors offers 107 acres of beautiful fields and forest which feature an extensive collection of trails that are open to the public and eventually connect to the abutting 90 acre Scarborough Land Trust Libby Farm trail. Attendees will collect, learn and gather with fellow craft collectors, supporters and artists. The show features over 35 fine craft artists exhibiting handmade jewelry, ceramics, glass, fiber, paper, wood, stone, mixed media

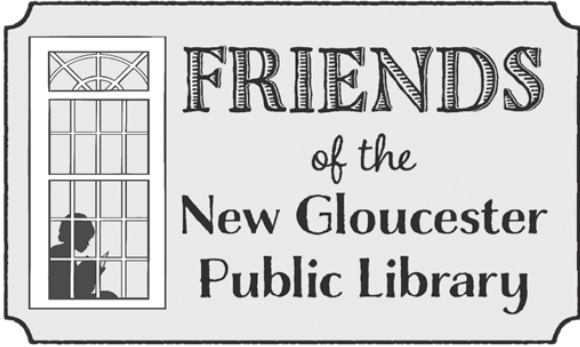
and more. Weekend admission is \$5 and those under 18 may attend free of charge. SAT 9/16 + SUN 9/17 10am - 4pm. Ketcha Outdoors, 336 Black Point Road, Scarborough ME. For more information, please email: Lizz Brown, Show Director at [lizz@shopmainecraft.com](mailto:lizz@shopmainecraft.com) or visit [shopmainecraft.com](http://shopmainecraft.com).

Send all items for What's Going On to the Editor. Deadline is Friday by five.

# Book, bake sale to benefit Friends of New Gloucester Public Library

**NEW GLOUCESTER, ME (September 8, 2023)** -- The Friends of the New Gloucester Public Library announce their fall book and bake sale, to be held on Sunday, September 24, 2023, from noon to 3 pm at the New Gloucester Community Building, 381 Intervale Road in New Gloucester. Members of the Friends are invited to a preview sale at 11 a.m. Everyone is welcome to join the Friends that day, if they are not already a member.

The Friends book sales are a cherished tradition in New Gloucester that may have begun as early as 1960, when discarded books were placed on sale at the library in order to generate a little income. In the Friends book and bake sales of today, members of the community come together to visit and nibble on homemade cookies and bars while browsing the selections and getting a jump on holiday shopping. The public is invited to donate books to the sale by bringing them to the New Gloucester Public Library, located at 379 Intervale Road, during open hours. We are also hosting 2 tar-



geted book collection days: Wednesday, August 23 from 3 p.m. to 5 p.m. at the library and Sunday, August 27 from 1 p.m. to 3 p.m. at the library. Of particular interest are children's books, and adult fiction and non-fiction. Please limit donations to two cartons or four grocery-sized bags. Containers will not be returned and library staff will not be available to assist in unloading donations. All materials should be clean and free of odors, mold, and mildew. The Friends are not accepting Reader's Digest Condensed books, encyclopedias, text books, magazines, VHS tapes, DVDs, or CDs. While the library has always had a core group of volunteers, the formal organization known as the Friends of

the New Gloucester Library was established in 1989. Today a non-profit 501(c)3 organization, the Friends help fund library programming, purchase books and other materials, and sponsor the library's free museum and park passes. Recent projects include the Friends' popular book and bake sales, a raised-bed vegetable garden class, library grounds landscaping, supporting summer-reading programming and book clubs, and participating in town events, such as the Community Fair and Tiny Timber tree lighting. In 2019, the work of the Friends received the Spirit of America Foundation Award, a tribute presented to Maine municipalities, individuals, and organizations for commendable community service.



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# Highest civilian honor presented to Maine WWII volunteer



**BANGOR, ME (September 8, 2023)**— The family of the late 2nd Lieutenant Oscar E. Shevenell, CAP, was presented with a Congressional Gold Medal at the Maine Wing Civil Air Patrol annual conference and banquet on Sept. 2.

Shevenell, of Portland, served as an observer and supply officer at Base 19, CAP Coastal Patrol from Aug. 1942 until Aug. 1943. Following his service in Civil Air Patrol, Shevenell enlisted in the U.S. Navy in 1944 and served at the Treasure Island Supply Depot in San Francisco.

The World War II

Members of the Civil Air Patrol were awarded the Congressional Gold Medal on May 30, 2014 in recognition of the “unpaid volunteer members of the Civil Air Patrol [who] during World War II provided extraordinary humanitarian, combat, and national services during a critical time of need for the Nation,” via Public Law 113-108. “This extraordinary national service set the stage for the post-war CAP to become a valuable nonprofit, public service organization chartered by Congress and designated the Auxiliary of the United States Air Force that provides essential

emergency, operation, and public services to communities, States, the Federal Government, and the military.”

In direct response to German submarine activity along the East Coast in early 1942, Civil Air Patrol established 21 coastal patrol bases, including two in Maine - Base 19 in Portland and Base 20 in Bar Harbor.

From March 1942 through August 1943, these bases patrolled the waters off of the Atlantic and Gulf coasts from Maine to the Mexican border with armed aircraft, thwarting submarine attacks and safe-

guarding shipping lanes, under the authority of the U.S. Army Air Corps.

These missions were flown at members’ own personal expense. Cumulatively the patrols spotted 173 U-boats and attacked 57. They escorted more than 5,600 convoys, reported 17 floating mines, 36 bodies, 91 ships in distress and 363 survivors in the water. Civil Air Patrol volunteers continued to serve throughout the entirety of WWII. “It is with great pride that we present this Congressional Gold Medal honoring the legacy and service of Lieutenant Oscar Shevenell and all of the men and women of Civil Air Patrol during WWII,” said Maine Wing Commander Colonel Blain Cote, CAP. “2nd Lt. Shevenell’s selfless dedication to his dangerous work as an aerial observer is a testament to his courage and patriotism and it is my privilege to join with our national and region commanders to honor him on behalf of Civil Air Patrol and our grateful nation.”

Civil Air Patrol National Commander Major General Edward D. Phelka, Northeast Region Commander Colonel Everett Hume, and Cote presented



the medal to Shevenell’s children, Joe Shevenell and Julie Barker, daughter-in-law Kate Shevenell, son-in-law Richard Barker, and niece Tonya Shevenell.

Alongside the medal, the family was presented with challenge coins from Phelka, Hume, and Cote. A chance meeting of Joe and Kate Shevenell and Lt. Col. Robert W. Frost, CAP, North Carolina Wing, led to the identification of Shevenell as a Maine WWII CAP volunteer while sharing flying stories.

After their meeting, the Shevenell family provided Frost with the information they had available. Though the supplied photos were not enough to verify his service, past National Historian Col. Frank Blazich, CAP, researched Coastal Base 19 and was

able to confirm Shevenell’s service and eligibility for the medal.

The Congressional Gold Medal is the highest civilian honor in the United States, alongside the Presidential Medal of Freedom. Since the award’s inception in 1776, 185 Congressional Gold Medals have been awarded to individuals and institutions in national appreciation for distinguished achievements and contributions.

In addition to this honor, Maine Wing presented annual honors for 2021 and 2020 as well as Commander Commendation awards. The conference also included a day of training for the members of Maine Wing in the three mission areas of Civil Air Patrol: emergency services, aerospace education, and cadet programs.

# Teachers of the Year launch #LoveMaineSchools

**AUGUSTA, ME (September 8, 2023)**— Maine’s 2023 County Teachers of the Year cohort (CTOYs) launched a new #LoveMaineSchools campaign to coincide with the start of the new school year. The campaign will collect and share positive stories from Maine educators to elevate the teaching profession and celebrate the successes in Maine schools. The group of teachers will showcase and distribute stories, images, and videos throughout the school year that capture

the exceptional efforts of Maine educators as they engage students in dynamic learning opportunities.

The County Teachers of the Year hope that #LoveMaineSchools becomes the platform for educators to share their passions and spark conversations celebrating positive stories. A new monthly theme, intentionally broad and open to interpretation, will invite participation from all grade levels and content areas. For instance, when the theme is “Making Connections,” submissions

can effortlessly explore various aspects of creating links with individuals, families, communities, subject matter, content, and curriculum, among other possibilities. This flexible approach promotes active participation and allows diverse and imaginative interpretations of monthly themes.

The group created Facebook and Instagram pages for the #LoveMaineSchools campaign and educators have already submitted stories and comments as they start the new

school year.

“I love how educators across Maine show up for their students in every way possible, from attending sporting events or academic awards nights to their performances in plays and dance recitals. I love how they provide snacks and clothing for their students. I love how every day they treat their students like kings and queens and make each child feel worthy, valued, and important,” said 2023 Piscataquis County Teacher of the Year Dawn McLaughlin.

“I love Maine schools because they are adventurous and always willing to do what is best for students. An excellent example is the number of outdoor classrooms that have

sprung up in our state. Research clearly shows the benefits for mental health and academic performance and Maine is not just talking the talk but walking the walk,” said 2023 Kennebec County Teacher of the Year Sharon Gallant.

Educators and education supporters can submit comments, videos, and stories at: [bit.ly/lovemaine-schoolsubmit](https://bit.ly/lovemaine-schoolsubmit).

As part of their year of service in the Teacher of the Year Program, Maine’s State and County Teachers of the Year serve as advocates for teachers, students, and public education in Maine. They also receive ongoing professional learning and participate in many state and county leadership opportunities.

For more information about the Maine Teacher of the Year program, visit the Maine Teacher of the Year website.

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**2nd and 4th Wednesday each month LEWISTON** -- MAKE ART WITH ART-VAN 2nd and 4th Wednesday each month, 3:30PM starting September 13th

ArtVan will be providing hands-on creative art program in the Children's Department of the Lewiston Public Library for children ages 5-14 (ages 5-8 must be accompanied by an adult) for self-expression, personal growth, and fun.

Free. All art supplies will be provided. 513-3133; [www.LPLonline.org](http://www.LPLonline.org)

**Sept 14**

**AUBURN** -- Job-sInME is hosting a Career Fair that is Free to job Seekers at the Hiton Garden Riverwatch on Sept 14, 2023 from 3-6 PM. Some of the best companies in Maine will be there looking to hire!

**Sept 23**

**GRAY** -- First Congregational Church of Gray Saturday Night Church Supper, Saturday, September 23, 2023, @ 5:00 P. M. at the Parish House, 5 Brown Street, Gray

Handicapped Accessible. Meals are single-sized and are \$10,00 each, please pay at the door.

The Menu includes; Variety of Casseroles & Salads, Baked Pea Beans, Red Hot Dogs, Breads,

# Calendar

Send your submissions to the Editor. More online.

Assortment of Desserts & Beverages.

Phone # day of supper - 657-4279

**Sept 29**

**NEWRY** -- 2023 Aging Well Living Well Expo: A daylong event featuring lectures, workshops, music, raffles, and more. Friday, September 29, 8 a.m.-3:30 p.m. at Grand Summit Hotel and Conference Center at Sunday River, Newry

\$35 per person includes breakfast and lunch. Seats are limited. Register by calling 1-800-427-1241. Visit [www.seniorsplus.org/AWLW](http://www.seniorsplus.org/AWLW) for more information.

**Oct 7, Nov 4, Dec 2, Jan 6, Feb 3, Mar 2, Apr 6, May 4**

**WESTBROOK**

Prides Corner Community Church, 235 Pride St. Bean Supper \$10 per person: Two kinds of baked beans, mac and cheese, ham, coleslaw, bread and brownie. Eat in at 5:00PM or Take Out from 4:30-5:30PM. Call 207-415-9260 to reserve your individual meal today.

**Oct 21**

**WESTBROOK** -- Annual Holiday Craft Fair and Silent Auction

Where: Prides Corner Community Church, 235 Pride St. Westbrook, ME 04038

When: October 21, from 9AM to 3PM

Handmade crafts, baked goods and very popular silent auction items featuring sports memorabilia, game tickets, themed gift baskets, fabulous items and gift certificates! **SILENT AUCTION ENDS AT 2PM.**

**Oct 28, 29**

**LEWISTON, TOPSHAM** -- "Soulful Expressions" Saturday, Oct. 28, 2023, 7:00 p.m. - Franco Center, Lewiston; Sunday, Oct. 29, 2023, 2:30 p.m. - Orion Performing Arts Center, Topsham

**Jan 20, 21**

**LEWISTON, TOPSHAM** -- "Song & Dance Music from Around the World" Saturday, Jan. 20, 2024, 7:00 p.m. - Franco Center, Lewiston; Sunday, Jan. 21, 2024, 2:30 p.m. - Orion Performing Arts Center, Topsham

**Mar 23, 24**

**LEWISTON, TOPSHAM** -- "A New Artistic Mélange" - Emily Isaacson, Guest Conductor Saturday, Mar. 23, 2024, 7:00 p.m. - Franco Center, Lewiston; Sunday, Mar.

24, 2024, 2:30 p.m. - Orion Performing Arts Center, Topsham

**May 18, 19**

**LEWISTON, TOPSHAM** -- "Cityscape, Seascape, Soundscape" Saturday, May 18, 2024, 7:00 p.m. - Franco Center, Lewiston ; Sunday, May 19, 2024, 2:30 p.m. - Orion Performing Arts Center, Topsham

**Every 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Monday**

**LEWISTON** -- PROGRAMS FOR HOMESCHOOL FAMILIES, held the 1st, 2nd and 3rd Monday 11:15am-12:30pm starting March 6th, 2023 at the Lewiston Public Library Children's Department

Homeschool families, are you looking for opportunities to have fun and socialize with other homeschool families? LPL will be offering activities for homeschool families in the Children's Department the first three Mondays of each month from 11:15am-12:30pm. The activities will be a Homeschool Video Game Social on March 6th, a Homeschool Lego Club and Curriculum Swap on March 13th, and a Homeschool Storytime and Craft on March 20th.

This program is free and recommended for homeschool families with children of all ages. No registration is required. Contact info. 513-3133,

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LPLKids@lewiston-maine.gov

**Second and fourth Thursdays**

**LEWISTON** -- YOUTH TRADING CARD GAME CLUB held from 4 PM to 5 PM at the Lewiston Public Library. Join the Youth Trading Card Game Club to play, learn, trade, and compete with your peers! Games include Pokémon, Magic: the Gathering, and more. All skill levels are welcome. Library staff and volunteers will be available to teach new players and coach developing ones. Free. For kids & teens ages 8-18. 513-3133; [www.LPLonline.org](http://www.LPLonline.org)

**Wednesdays**

**LEWISTON** -- Knitting Group, Dates: Wednesdays, Time: 4:30-7:30 p.m., Facilitator: SeniorsPlus Staff, Location: Education Center, 8 Falcon Road, Lewiston

Join our knitting group to work on your own project, learn from others, and socialize. Classes are free, unless noted. SeniorsPlus is fully accessible. Hearing assistive equipment is available upon request. For more information or to register, call us at 207-795-4010 or visit [seniorsplus.org](http://seniorsplus.org).

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## GORHAM LITTLE LEAGUE Field Funding Campaign

The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

- Develop 2 fields at White Rock
- Purchase seasonal fence for Shaw Park
- Repair dugouts and fencing, build storage centers
- Add infield mix and relevel current fields
- Acquire tarps and field maintenance equipment
- Add scoreboards

**VISIT: [GYBSA.COM](http://GYBSA.COM) FOR MORE INFORMATION, INCLUDING DONATION LEVEL REWARDS**

**DONATE TODAY!**

**VISIT: [tinyurl.com/GYBSA-DONATE](http://tinyurl.com/GYBSA-DONATE) or MAIL TO: GYBSA, PO Box 176, Gorham, ME 04038**

GYBSA is a non-profit 501(c)(3) tax deductible contribution



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### MJ's- Cleaning

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## FOR SALE

Wood boiler – Must go! \$2,500. Alternate heating carbon steel wood boiler. Purchased in 1996 for \$6,800. New door seal, bricks, blanket, and silicone card bead. Includes cycle timer and plumb fittings. 1,400#. Model E100 wood gun. Can be lifted directly into your trailer. GORHAM. (207) 222-2755.

## HOUSE KEEPING

Housekeeping/ House Arranging small items to aid in mobility. Small jobs/spring cleaning and removal of unwanted items. Scheduled regularly and ongoing. (207) 705-7989

## LIVE & CODE IN MAINE

Maine cybersecurity startup seeks local software engineer  
Defendify is looking for a senior full stack engineer to join full-time. Small team/big results. Fun + flexible + always interesting. Come build our award-winning, all-in-one cybersecurity platform. Position information and to apply: [www.defendify.com/careers](http://www.defendify.com/careers).

## PAINTING

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erences upon request, seniors and veterans discount on labor, free estimates. Call for on site review of your project with advice on what you have now and the best way to proceed. Call 207-786-9849

## SENIOR TRIPS

**FRYEBURG FAIR – OCTOBER 3, 2023 –** Senior Day at Fryeburg Fair. 65 and over get in for free. For those under 65 the price is \$15.00. You are responsible to pay for your admission. Bring something with you showing proof of your age. We will leave the Lewiston park and ride at 8 a.m. and be dropped off at the entrance with a return time of around 5 p.m. You will have plenty of time to view exhibits, visit the animals and enjoy the food. The price for the bus and driver's tip is \$52.00. Deadline to sign up is August 29, 2023.

## Reflections of Italy - October 9 - 18, 2023

Trip includes 10 days, 9 nights lodging, and 12 meals, including Rome, Vatican Museums, Sistine Chapel, St. Peter's Basilica, Assisi, Perugia, Cortona, Florence, Michelangelo's DAVID, Chianti Winery & Cooking Class, Venice, St. Mark's square, boat ride to Murano Island, Milan and much more. For more information on any of our trips, please contact Claire Bilodeau (207)784-0302 or Cindy Boyd (207)345-9569.

## NOVEMBER 29, 2023 TO DECEMBER 1, 2023 - WHITE MOUNTAIN HOTEL & RESORT –

This trip includes 2 nights lodging, 2 breakfasts, 1 lunch, 2 dinners and 2 different entertainment shows, an Austrian sleigh ride at Nestlenook Farm in Jackson, NH., shopping at Settler's Green or in town shopping. All room and meal taxes & gratuities included. The price is \$589.00

per person double occupancy. A \$100.00 deposit per person is due at registration. Final payment is due October 28, 2023. Pickup location is The Auburn Mall (in back of J.C. Penney) 500 Center Street, Auburn, ME at 10:30 A.M. For more information on any of these trips please contact Claire at 207-784-0302 [Home] or 207-576-8604 [Cell] or Cindy at 207-345-9569 [Home].

## SUPERVISED EXERCISE

Fit to Function, individualized exercise programming promoting function through fitness. All ages welcome with emphasis on middle aged and older adults. Currently offered at private Lewiston gym, in-home options available. Call Mike Phelan for more information. 207-577-8777

## WANTED

**Full & Part Time**  
John's Cleaners in Lewiston is seeking a garment pressor & delivery person. No experience necessary. We will train. Pay is \$14 -\$16 / hr with paid holidays. Call 784-9096 or apply in person.

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# PUT YOUR COMPASSION INTO ACTION!

## TRAUMA INTERVENTION PROGRAM of Greater Portland is recruiting volunteers!

### WHAT IS A TIP VOLUNTEER?

TIP volunteers are called by law enforcement, fire, medical and hospital personnel to respond to scenes of sudden or unexpected death (natural, homicide, suicide, accidental, infant) industrial accidents, sexual assaults, overdoses, violent crime and other traumatic incidents to provide immediate emotional and practical support to families, friends, witnesses and survivors.



### WHERE DOES TIP RESPOND?

TIP of Greater Portland volunteers are dispatched through the 911 system or hospital ER staff in the communities of Portland, South Portland, Westbrook, Scarborough, Falmouth, Gorham, Windham and Cumberland.

### WHAT IS REQUIRED FOR ME TO BE A TIP VOLUNTEER?

- ♥ Successful completion of ALL Training Dates
- ♥ Fingerprint & Background Check through TIP
- ♥ Valid Driver's License and Vehicle
- ♥ Clean Driving Record
- ♥ Proof of Auto Insurance
- ♥ Cell Phone (with texting)
- ♥ Internet and Email Access
- ♥ Three 12-hour shifts per month
- ♥ Attend Mandatory Continuing Education Meeting on the 2nd Tuesday of each month

**NO EXPERIENCE NECESSARY!**

### FALL 2023 TRAINING ACADEMY

Thursday	September 21	6:30 pm - 9:30 pm
Friday	September 22	6:30 pm - 9:30 pm
Saturday	September 23	9:00 am - 5:00 pm
Sunday	September 24	9:00 am - 2:00 pm
Tuesday	September 26	6:30 pm - 9:30 pm
Thursday	September 28	6:30 pm - 9:30 pm
Friday	September 29	6:00 pm - 9:00 pm
Saturday	September 30	9:00 am - 3:00 pm
Three Months of Field Training		TBA

Training to be held in the Westbrook Public Safety Building.

The First Mandatory Monthly CE meeting will be held Tuesday, October 10, 2023, 6:00 pm - 9:00 pm.

For more information & to register: Scan the QR code or Call (207) 619-1175



[WWW.TIPGREATERPORTLAND.ORG](http://WWW.TIPGREATERPORTLAND.ORG)



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