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Jackson's Orchard: Made for, and by, family

PLUS

How Chaney's Dairy Farm thrived against all odds

ISSUE 2 2023

A PUBLICATION OF EXCHANGE MEDIA GROUP



Tell us something good

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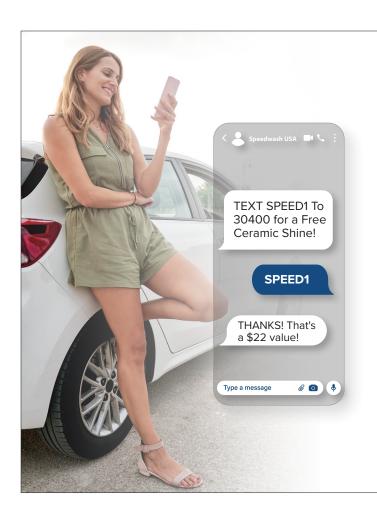


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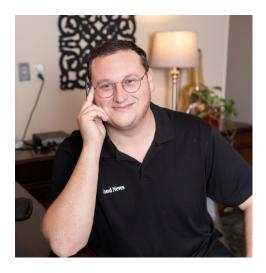
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LETTER FROM THE EDITOR

A Breath of Fresh Air

Autumn reminds us that every end is a new beginning

OTHING EXCITES me more than the idea of autumn. The trees are beautiful and never fail to take your breath away and then give it back to you. The perfect Saturday is a cool breeze coming in from the open window, classic slashers like John Carpenter's Halloween playing on the TV, and a pumpkin-scented candle dancing shadows to the corners of the room. Every autumn brings families together as the holidays sneak up on us once again. While we may jump into fun at local farm attractions and get lost in corn mazes, the season brings much more than hay rides and jump scares. It's a time of year when we're allowed to take a breath. The breakneck speed of summer is finally coming to an end. Now's the time to relax with an iced coffee and nostalgia.

As the vibrant colors of autumn begin to paint the world around us, we find ourselves immersed in a season of both beauty and togetherness. The golden hues of falling leaves and the warm embrace of cozy sweaters evoke a sense of nostalgia and comfort that warms the soul. Just as the trees shed their leaves, we, too, shed the worries of yes-

terday, basking in the promise that each new day brings.

The crisp air seems to carry with it a sense of unity, reminding us of the importance of coming together, of finding solace in one another's company. Whether it's around a dinner table or a crackling bonfire, these moments of connection remind us of the power of community and the joy that flourishes when we share our lives with those we hold dear.

Each step we take in the crunching leaves serves as a reminder that even in the midst of change, there is an opportunity for renewal and growth. The autumn harvest is a testament to the cycle of life, to the assurance that every ending is merely the start of a new beginning.

Cherish the moments of togetherness that warm our hearts, and let us embrace the hope that blossoms with each passing day. As the world around us transforms, may we, too, find the courage to shed what no longer serves us and make space for the beautiful possibilities that lie ahead.

This issue of Good News focuses on the autumn harvest — when our communities harvest not just crops... but love, positivity, and Good News. **GN**

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Mark Mahagan

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PUBLISHING PARTNER Mark Mahagan MANAGING EDITOR Wesley Bryant

VP OF SALES Ken Holtzinger

LAYOUT ARTISTS Brianna Brubaker, Melissa Davis

PHOTOGRAPHERS Brooke Snyder, Ashleigh Newnes, Amanda Guy

CONTRIBUTING WRITERS Tina Neeley, Sara Hook,

Jeriah Brumfield, Gabriel Huff, Paige Cushman, Amanda West, Adara Huntley

STORY COORDINATOR Haley Potter

PROOFREADER Michelle Harwell

ART PRODUCTION MANAGER Todd Pitts

PRINT AD DESIGNER Ben Adams

JR LAYOUT ARTIST Iane Morrell

BUSINESS DEVELOPMENT Lorri Allen. Faith Cashion, Amanda Cox, Kevin Maples, Janet Mullins, Matt Scott, Sissy Smith, Sandra Thomas

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VP OF TALENT Chase Perryman

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DIGITAL DESIGN DIRECTOR Clinton George

WEBSITE DESIGNERS Crystal Melhaff, Ashley McMurry

SEO CONTENT WRITER Anna Sharp

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CHAPTER 1 OF 3

This section of the magazine covers local positive news you may have missed.

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- Helping the Bowling
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- 20 Retired Officer Returns to Police Department

Submit a positive story on our website:



goodnewsmags.com

Photography by Amanda Guy



Bowling Green Recognizes New Citizens

Provided by Deborah Highland West, City of Bowling Green Public Information Officer

The city of Bowling Green celebrated the country's new citizens during its annual Reception for New Americans Sept. 14 at the Sloan Convention Center. The city works to identify recently naturalized U.S. citizens annually and celebrates each new citizen in attendance. Individuals who became citizens between June 2022 and Sept. 2023 were recognized by the mayor and city commission. **GN**

Makeover Coming for Local Airport

The Bowling Green-Warren County Regional Airport runway is getting a makeover! New lighting, crack-filling, sealing, and striping will improve safety and efficiency. This is great news for the community, as it will attract new businesses and visitors. The project is funded by an FAA grant and is expected to begin soon. **GN**





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Bowling Green Recognizes and Honors Longest Serving Member of the Board of Commissioners

Provided by Deborah Highland West, City of Bowling Green Public Information Officer

The city of Bowling Green recently honored Joe Denning for his service to the citizens of Bowling Green. Denning holds the record of serving the longest number of years on the Board of Commissioners. He was also the city's first Black police officer, mayor, and city commissioner. The city announced the naming of the city hall lobby as 'The Denning Commons and unveiled a plaque listing Mr. Denning's service to the city. The plaque is attached to a column in The Denning Commons. During the ceremony, attended by about 100 people, Bowling Green Police Chief Michael Delaney honored Denning for being the city's first Black police officer. **GN**



Veteran's Day Parade

Provided by Deborah Highland West, City of Bowling Green Public Information Officer

If your social club, church group, or other organization would like to participate in the Nov. 11 Veteran's Day parade, entries are now being accepted online at www.surveymonkey. com/r/2023bgvp. The parade will be at 10 a.m. Nov. 11 beginning and ending near Circus Square Park. Parade entry applications are open until Oct. 20. For more information, call (270) 393-3549. **GN**



Local Kids Have Opportunity to Learn About Police Academy

Provided by Deborah Highland West, City of Bowling Green Public Information Officer

Bowling Green Police Department welcomed 21 children for the Junior Police Academy. The kids learned about all of the different divisions within the police department, solved a mock crime, and held a mock court day. The police department holds this event once a year. **GN**

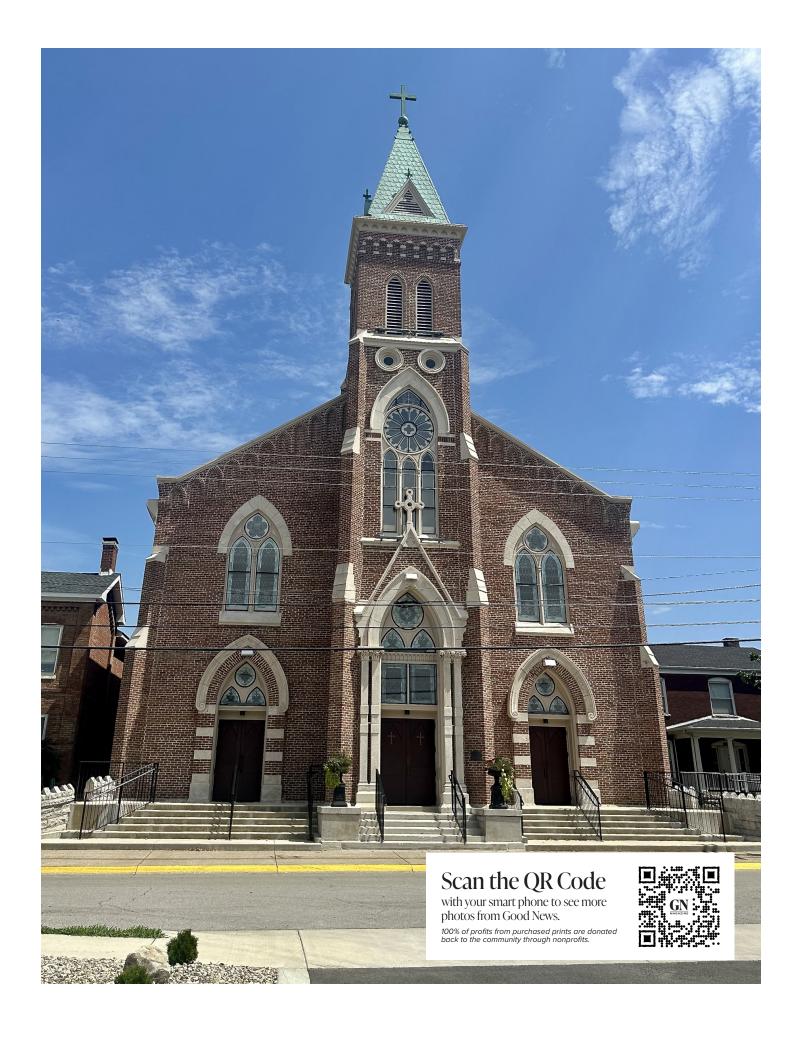




Helping the Bowling Green Community Connect to Nature

Provided by Deborah Highland West, City of Bowling Green Public Information Officer

Bowling Green Parks and Recreation along with community partners are creating a linear park, at the Jennings Creek Park project along the Creekwood greenway, which will provide a natural space for the community to enjoy. The city recently held a Down at the Creek celebration for phase one of the project. The entire project includes an outdoor classroom, a stream access point, and a natural play element and play space unlike any other play space in Bowling Green's other parks. The goal is to help the community connect with nature. **GN**





Retired Officer Returns to Police Department

Provided by Deborah Highland West, City of Bowling Green Public Information Officer

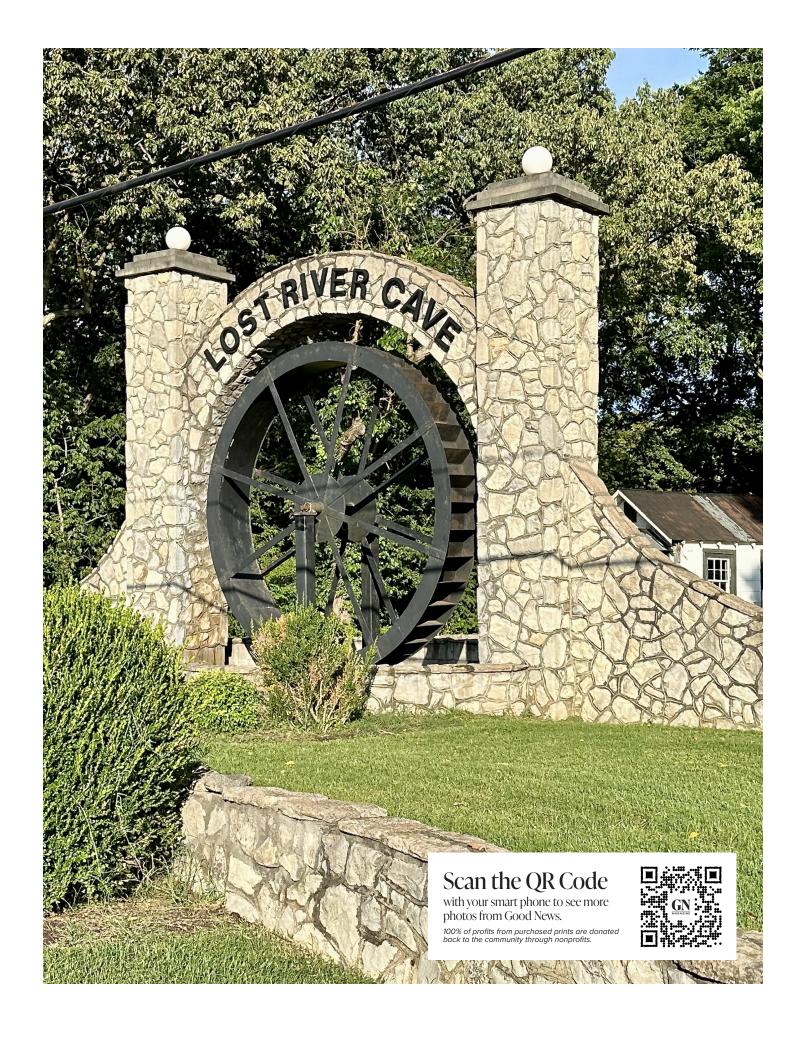
Retired Bowling Green Police Major Charles Casey became the first police department retiree to return to the department as part of the BGPD-R program. This program is open for retirees who are still certified police officers. Casey is returning to the department as an officer and brings more than two decades of experience to the job. **GN**



Annual BGKY Harvest Festival Takes Place Downtown

Provided by Deborah Highland West, City of Bowling Green Public Information Officer

Come celebrate the abundance of the fall harvest at the annual Downtown BGKY Harvest Festival and Croptoberfest from 10 a.m. until 6 p.m. Oct. 14. Fountain Square Park will feature a Day of the Dead theme and food trucks serving fiesta food. Bounce houses, pumpkin smashing, and more family fun activities will be scattered throughout Circus Square Park. Cropertoberfest at Soky Marketplace is the final farmers market of the year and a great place for some amazing shopping. **GN**





"Music Time" to Encourage Creativity for Local Children

In mid-September, the Lisa Rice Library launched "Music Time," with a local instructor. Each month, Miss Lauren will teach basic concepts of music to help local kids experience and learn through music, creative games, fun and engaging songs, and hands-on activities. **GN**

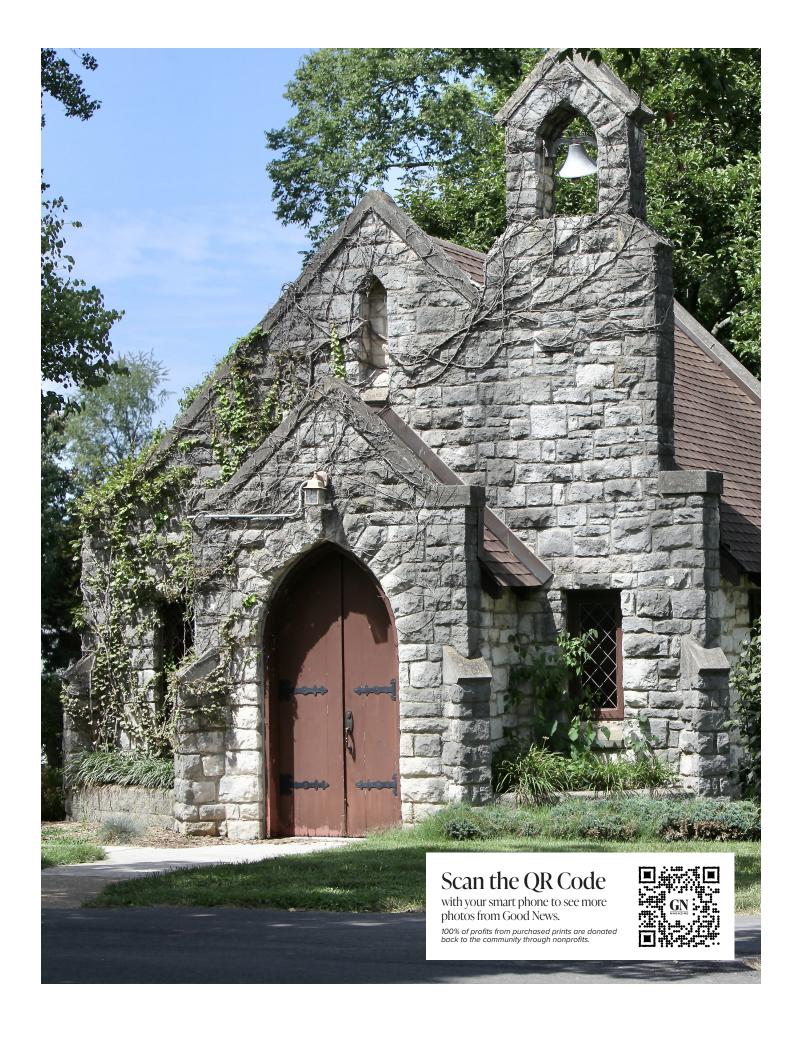


Walk to End Alzheimer's Brings Crowd to Bowling Green

The Alzheimer's Association Walk to End Alzheimer's rallied a crowd of more than 500 supporters to Bowling Green Ballpark for their annual walk. The walk raised over \$100,000 for research and support services. Seventy teams participated in the walk, many carrying multicolored Promise Garden flowers. At the walk, the top donor, Crusin' for a Cure, presented a \$20,000 check, which was raised through their car shows. **GN**

Fiestaval Returns to Bowling Green

The biannual Fiestaval returned to Bowling Green in mid-September. This event fills Clay street with music, dancing, and good authentic food. Organizers say that community members spend the entire day enjoying the festival each time it is in town. **GN**





New Wellness Center Opens in Bowling Green

The Bowling Green Chamber of Commerce hosted a ribbon cutting event for Fleming Wellness Center, where community members in attendance had the opportunity to learn about the services this new center offers. The wellness center is known for its holistic approach to healing. Fleming Wellness Center offers a range of services including wellness consultations, EEG neurofeedback, and various therapies. **GN**



Hall of Distinguished Alumni Continues for Warren County School District

Warren County Schools will be inducting their next group of successful individuals into Warren County Public Schools' (WCPS) Hall of Distinguished Alumni. Anyone in the community wanting to nominate a WCPS graduate to be a part of this distinguished group, can do so by visiting the Warren County Schools' Twitter page and filling out the form on their page. **GN**

WKU's 2023 Family of the Year Recognized

During one of Western Kentucky University's (WKU) football games, the family of WKU junior Sydney Windhorst was recognized as WKU's 2023 Family of the Year. Windhorst said in an essay that the support she receives from her university is similar to the support she receives from her own family. Windhorst is majoring in International Affairs and Political Science, and will become her family's fourth WKU alumnus upon graduation, joining her father, Stanley "Bud" Windhorst ('97); maternal grandfather, Walter McHugh ('67); and paternal grandfather, Stanley Windhorst ('69). GN

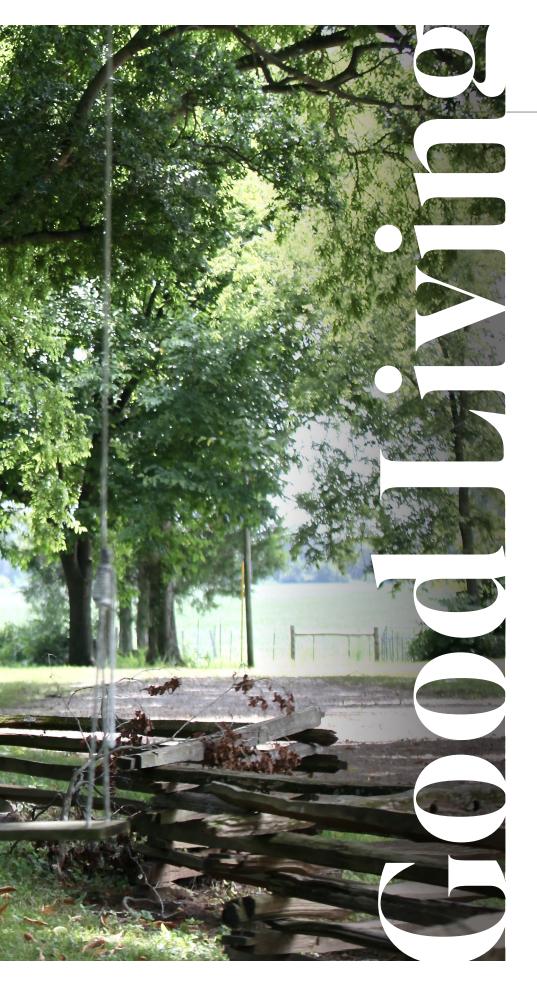


Too good to miss

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CHAPTER 2 OF 3

This section of the magazine covers local people or businesses you need to know about.

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- 56 A Taste of the Harvest

Our stories are based on submissions from local people.
Submit yours here:



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Photography by Amanda Guy







Celebrating a Musical Legacy

RTS OF Southern Kentucky announced that Tyrone Dunn and Brick House will perform a tribute to Lionel Richie and the Commodores at the Southern Kentucky Performing Arts Center (SKyPAC) on Saturday, January 20, 2024 at 7:30 p.m. The

concert, sponsored by South Central Bank, will feature classic hits including "Brick House," "Three Times Lady," and "Easy," plus songs from Lionel Richie's record-breaking solo career, including "Dancing on the Ceiling," "All Night Long," and "Hello." Tickets (\$20/\$30) went on sale Friday, August 25, and are available online at www.theyskypac.com, by calling (270) 904–1880, or in person at 601 College St. in downtown Bowling Green.

ABOUT TYRONE DUNN AND BRICK HOUSE

Bowling Green native Tyrone Dunn has appeared on several Orchestra Kentucky Retro Series concerts (Philly Soul, Men of Motown, and Best of Retro), participated in the National Corvette Museum's 25th Anniversary festivities, and has fronted the legendary party band, Kin-Foke, for nearly two decades. He will be joined by backup vocalists Lisa Oliver-Gray and Jannelle Means, keyboardists Amy Frederick and Adrian Heil, saxophonist Bill Bitner, guitarist John McCracken, electric bass player Dave Allen, drummer Laneus Franklin, and percussionist Quentin Farris as Brick House for this new concert concept.



ABOUT ARTS OF SOUTHERN KENTUCKY

In 2020, with the assistance of the Warren County Fiscal Court and Judge Michael O. Buchanon, Orchestra Kentucky assumed management of the Southern Kentucky Performing Arts Center (SKyPAC). The new organization, which also includes BG Onstage and the Ramsey Theatre Company, is titled Arts of Southern Kentucky and is led administratively and artistically by Jeffrey Reed.

The Southern Kentucky Performing Arts Center is a premier performing arts venue located in downtown Bowling Green, KY. The facility includes the Rita and Jim Scott Concert Hall, a 1,700-seat state-of-the-art auditorium; the Goodwin Gallery, the primary art exhibition space; the Renshaw Education Center, which houses the Carol Wedge Studio Theater - a flexible 2,600 square foot space for intimate productions and gatherings; several multifunctional rehearsal halls and classrooms; and the Denny and Carol Wedge Children's Art Gallery.

The Kentucky Arts Council, the state arts agency, provides operating support to Arts of Southern Kentucky with state tax dollars and federal funding from the National Endowment for the Arts. 6N



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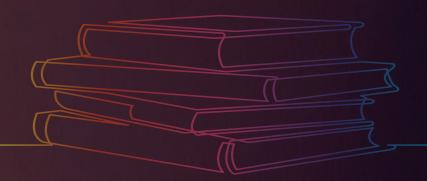
WARREN COUNTY PUBLIC LIBRARY LAUNCHES SATELLITE LOCATION AT LIFEWORKS

Collaborative initiative brings fully functional library services and personal development opportunities to neurodiverse community in Kentucky.

THE WARREN County Public Library (WCPL) is pleased to announce the opening of a satellite location at LifeWorks at Western Kentucky University (WKU), a transition-to-independent living and employment program for autistic young adults.

"This is the only satellite location dedicated to the neurodiverse population in the entire state of Kentucky," said WCPL Director Courtney Stevens. "We strive to provide everyone in the community with access to information and resources relevant to their needs. Partnering with LifeWorks allows us to directly enrich the lives of autistic young adults in our area."

The satellite location is a fully functional library offering books, DVDs, audiobooks, and online resources, including access to streaming apps. Earl Willis, the full-time librarian





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and special populations liaison, has been a WCPL staff member for 20 years.

"We are extremely fortunate to have this satellite location at LifeWorks and grateful for such an experienced librarian," said David Wheeler, executive director at LifeWorks. "He not only provides guidance on how to use the library but also teaches our participants personal development skills. He is such an asset to our program, which is focused on supporting and empowering young adults on the spectrum to become more independent and self-sufficient."

Willis also hosts a weekly social hour and has established a book club and discussion group with the LifeWorks participants. "What is different about our book club is that we all don't

read the same book," said Willis. "Everyone gets to read whatever they want and then discuss it with the group, so it's informational as well as fun."

Finding ways to meaningfully partner with LifeWorks was an important goal for WCPL. Modeled after the HOTEL Inc. satellite location, the LifeWorks location is designed to make resources more available and accessible to the participants living on the LifeWorks campus.

"Being a part of the community means meeting the community where they are," said Stevens. "The LifeWorks program is not only special to our region, but it is the only living and learning program for autistic young adults in the state. We could not think of a better way to support this program than to become a part of it."

For the time being, as the satellite location works to expand its materials and resources, it will only serve those participating in the LifeWorks program with plans to quickly expand access to clients of the Suzanne Vitale Clinical Education Complex (CEC) at WKU.

LifeWorks, a nonprofit living and learning community, is an extension of the lifespan of



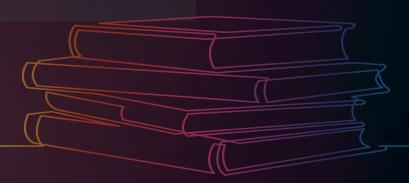
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services provided by the CEC. For nearly 20 years, the CEC has provided services for individuals and families impacted by autism and other neurodiversities. The programs at the CEC are available for individuals 12 months old through college-age, while LifeWorks supports young adults on the spectrum (ages 21-30).

The LifeWorks Transition
Academy is a two-year transitionto-work and independent
living program for young adults
on the spectrum. LifeWorks
provides the instruction and
practice necessary to equip its

participants with the tools to obtain gainful employment and succeed in living on their own.

The Warren County Public Library serves Bowling Green and Warren County, providing the community access to books, DVDs, audiobooks, music CDs, and magazines, in addition to many public service offerings. In addition to the LifeWorks satellite location, the WCPL's other sites include the Lisa Rice Library, Bob Kirby Branch, Smiths Grove Branch, Buchanon Park Branch, HOTEL Inc. satellite location, and The Capitol. **GN**



Everyone has a story. We would love to hear yours.

SINCE GOOD News launched, we have received more than 400 nominations for people to be covered. We're often asked how or why a story would get coverage in the magazine. The answer: YOU! Not only are the stories about local people, but they come from other local people, too! We base our magazine on submissions from our website.



How does a story get into Good News Magazine?

Nominate someone to be featured in Good News Magazine.

Step 1:

A reader submits a story idea on our website.

We're not looking for superstars or outlandish stories. We're looking for everyday people. We believe everyone has a story. A perfect submission includes a name, contact information, and a testimony on the person's character. Include what they do for work, the community, or their impact on family and friends.

Step 2:

We select stories based on relevance to our many themes.

We tell stories about local people. We've told stories about people ranging from first responders to school staff, including local officials, charities, volunteers, and others who have impacted our community. We cover about five people per magazine every month. Just because someone wasn't covered immediately doesn't mean they won't be covered in the near future.

Step 3:

Our team of writers and photographers reach out to plan a photo shoot and conduct the interview.

The Good News team continues to be inspired by the submissions and the stories we're given the opportunity to tell. In order to stay ahead of the volume of stories, we complete the story and photos several months before we go to print for that issue.

We believe that everyone has a story. Our writers are trained to find the good in everyone and are experts at telling positive stories. If we choose to include your story, a writer and photographer will be in touch! We read and review every submission! We thank you for your submission, and we can't wait to tell your story.

Do you know someone we should include in Good News Magazine?

Let us know with a submission at www.GoodNewsMags.com
Or scan the QR code with your smartphone's camera:









THRIVING orchard LEGACT

Jackson's Orchard: Made for, and by, family.

By Paige Cushman // Photography by Amanda Guy

N THE winter of 1966, a quick conversation between Bill Jackson, a driven FMC Agricultural Chemicals salesman, and Ed Hudgens, the 89-year-old owner of an orchard, sparked an unexpected turn of events.

"Instead of selling me chemicals," Hudgens suggested, "why don't you just buy this farm, 'cause I'm way past needing to retire."

By March, Bill and his wife, Shirley, were signing the papers to embark on a journey that would change their lives forever. Bowling Green's own Jackson's Orchard was born!

Taking on the orchard was no easy task. Neglected land and mature trees posed significant challenges. Yet, with determination and vision, a tree-planting program was set in motion — one that continues to thrive today.

"Farming is a very rewarding profession, but it is not an easy profession," General Manager and daughter to Bill and Shirley Jackson, Cathy Otis, said. "We are dependent on the rain, temperatures, and other weather conditions."







Sitting high (at a 770-foot elevation) on 392 acres of farmland off Slim Island Road, approximately 10,000 trees produce apples, peaches, cherries, and more. Open from mid-April to November each year, the family's multigeneration farm brings in thousands of visitors annually.

"One of my favorite places in Bowling Green," one of the many satisfied Google reviewers wrote. "Pies and slushes are delicious, and there are lots of goodies in the store area, along with plants and mums. The playground area is great for kiddos, and parents can sit under the shelter to eat their goodies and watch kids play. There is a petting zoo, hayrides, and all kinds of activities during the fall. Love, love, love this place."

On the farm, Jackson's offers popular seasonal dishes and American classics like hot dogs and barbecue at their concession stand, which is open from July through November. In the summer, they serve fried pies filled with their very own apples, peaches, and cherries; homemade peach ice cream; and apple cider slushies, an all-time favorite," Otis said. Crowds come for caramel apples, hot apple cider, pumpkin muffins, and more in the fall.

Jackson's Orchard's mission statement is to provide quality produce in a safe, family environment and to engage with the Bowling Green community. In September 2021, Fox News recognized Jackson's Orchard as one of the Top 10 orchards to visit in the United States.

"We host educational tours throughout the year," Otis said. "One of our more popular workshops is the annual Pruning



▲ Bill and Shirley

Conference held the first Saturday of March. It is open to the public at no charge, and Bill and Jonathan teach proper care of fruit trees. We also host 4-H clubs, Master Gardeners, HomeMakers, and, of course, our school tours."

In the fall, Jackson's hosts several festivals where families can explore the pumpkin patch, take hayrides, visit the petting zoo, and pick apples. And every Labor Day weekend, the orchard hosts Apple Fest.

"Parents love to take their kids out to pick their own pumpkins and apples and teach them that an apple isn't from a grocery store — it actually grows on a tree, and this is how you pick them," Otis said.

Jackson's Orchard & Nursery Inc. are members of the Kentucky Department of Agriculture, Kentucky Proud Initiative, and the Kentucky Farm Bureau's Roadside Market Program. So there are many reasons families can feel good about bringing home Jackson's Orchard products or produce. They puree their soft peaches to use in their ice cream. There are no preservatives and no sugar added to their cider. And for people concerned with additives and where their food comes from, there's no better way to source it than from a local farmer.

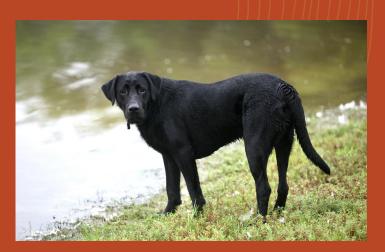
"If you know your local farmer, then most likely you can trust that they're protecting our environment and growing a very safe product for your family to enjoy," Otis said.

Otis and her nephew, Jonathan Price, manage the day-to-day business at the orchard. And Bill and Shirley, after 56 years, are still active in daily operations.

"It is not uncommon to see children, grandchildren, and extended family pitching in, especially on festival weekends," Otis said.

This year, Bill was even recognized as the Regional Apple Grower of the Year for his contributions to the apple industry in the region.

"It's just what we love to do," Otis said. "That's about it." GN















Afamily

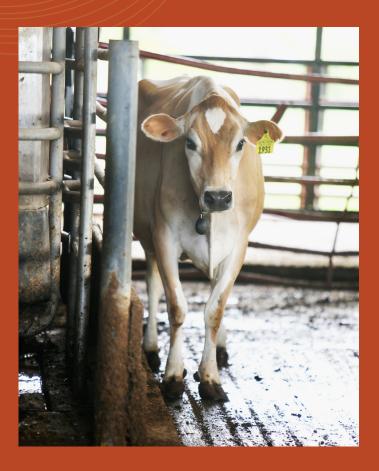
How Chaney's Dairy Farm thrived against all odds

By Paige Cushman // Photography by Amanda Guy

S FAMILIES across the country flock to amusement parks, museums, shopping malls, and movie theaters, Bowling Green knows where the real family-friendly fun is: Chaney's Dairy Farm.

In 1940, it was more profitable to milk cows than if you were handling beef cattle, pigs, or chickens. Dairy farmers were paid twice a month instead of only getting paid when going to the market. At the time, that was a luxury.

So, James Riley Chaney began milking two cows by hand every day. Less than 10 years later, he was milking 14 cows by hand. And by 1962, after his farm got electricity, he and his family milked dozens of cows every day, twice a day, and continued to do so for 54 years.



In 1985, while he continued to work on the farm, he sold his herd to his son, Carl. Now, they milk about 60 cows every day. But as of 2016, nobody is milking by hand. They're milking by a robot.

In 2003, as dairy farming became less and less lucrative, Carl and his wife, Debra, knew they had to find a way to save the family farm. They opened Chaney's Dairy Barn for tours and began making and selling their own ice cream. It was a smash hit.

Located on the southern edge of Bowling Green, the local staple offers award-winning ice cream, flavored milk, daytime tours, a full lunch menu, and events throughout the year. The first year they opened, they produced 5,000 gallons of ice cream. Last year, they produced 30,000.

"And this year, we're going to make more than that," Carl said. "It's just absolutely crazy right now."

It's a highly successful and multifaceted regional operation, yet the Chaneys have managed to keep it in the family. A few years ago, Carl and Debra's

daughter, Elizabeth, joined the farm and opened a milk processing plant on the farm.

"Debra and I are the fourth generation," Carl said. "Our kids are fifth generation, and our grandkids are sixth generation here on the farm."

They now process about 35,000 pounds of milk a week to be distributed throughout the region and sold at the farm. This also allows them to create their own ice cream mix, ramping up their business against all industry odds.

"Dairy farming is a very tough business," Carl said. "In 2000, there were 2,100 dairy farms in the state of Kentucky. We have now dropped below 400. Milk prices are usually not high enough, and our input cost, feed cost, labor cost, everything that we have to pay out always remains high."

A lot of farms shut down. But Chaney's adapted, and it has obviously paid off. In 2004, around 3,500 people toured the farm. This year, Carl estimated about 15,000 people will go on the tour.

"We've actually had to turn people down because we just didn't have any more room for tours," he said.

Chaney's offers tours partly to tell an agricultural story many haven't heard.

"The average consumer today is around three to four generations removed from the farm," Carl said. "So when topics come up about food and agriculture, where it used to be someone's parents or grandparents had a farm, and they spent time on the farm, now the consumer is kind of removed from agriculture, and a lot of folks don't really understand where their food comes from."

That education, storytelling, and community involvement are partially what makes the farm's 16-hour work days worth it. When asked if he enjoyed the work, Carl said, "I don't really have time to think about it."

What he does enjoy is the community. Every June, during Dairy Month, they host Miss Glimmer Appreciation Day — a celebration for their old cow, Miss Glimmer, who was part of the farm tour for seven or eight years and passed away about 1½ years ago. To honor her legacy, they've given out around 1,200 scoops of ice cream in Miss Glimmer's name during the event. Now, visitors can see and pet Miss Glimmer's granddaughter at the farm.



Chaney's is heavily involved in the Kentucky State Fair. And recently, when a Bowling Green police officer was shot, Chaney's was involved in fundraising efforts at the Soki Farmers Market pavilion. They raised about \$1,300 to put toward his medical care.

"The city of Bowling Green just turned out. It was so crazy," he said. "It was so awesome to be a part of. It's the people in Bowling Green that make Bowling Green special."

Guy Fieri featured the farm and its ice cream on "Guy's All-American Road Trip." As part of his visit, Fieri held a competition where he tasked families with creating an exclusive ice cream flavor for Chaney's to make in their shop. The winner was Papa Guava, a vanilla and cheesecake base with graham cracker crumbles, guava, and a cream cheese swirl. It was named after the family's patriarch, who had recently passed away. They're donating some of the proceeds from the sale of Papa Guava to tornado relief efforts in Bowling Green.

Outside of working with the community, he'll always enjoy one other part of the job — the product.

"I'm biased, but I think we've got the best ice cream," Carl said.

He's not the only one who thinks so. Their ice cream received the gold medal for best ice cream at the Kentucky State Fair. They received perfect scores at the International Dairy Competition in Los Angeles.

"I think we're doing a good job," Carl said. "I think there are always ways for us to improve — [things] to look at and look for. [Making] things better and easier for the next generation [is what] it's all about." GN





STRIKE. SPARE. STRIKE.

Southern Lanes brings Bowling Green together for Halloween

By Paige Cushman // Photography by Amanda Guy





S THE crisp October breeze embraces Bowling Green, children in the suburbs go from door to door collecting king-sized candy bars and comparing costumes. Those closer to town or without a neighborhood to roam rely on a hidden gem for Halloween fun — the Southern Lanes Trick or Treat.

Now located on Scottsville Road, Southern Lanes has been a Bowling Green staple since 1984. The family fun center offers a range of kid-friendly activities, including 34 bowling lanes, batting cages, miniature golf, billiards, laser tag, bumper cars, and a redemption arcade. Not to mention they're equipped with a full lounge and snack bar. But come October, the venue undergoes a bewitching transformation into Bowling Green's very own Halloweentown, complete with vendors, inflatables, food trucks, local businesses handing out treats, and more. The best and most unusual part? It's free to attend.



Now in its ninth year, the Southern Lanes Trick or Treat had humble beginnings. Marketing Director Demi Litten's vision was to create a community event at the facility that didn't require families to spend any money.

"I was trying just to let them know that we exist — realize that there's something in Bowling Green that offers safe, fun stuff for kids to do," Litten said. "I know we don't have much, so it was just a way to bring people here that didn't know we were here."

The first year, Southern Lanes hosted a few vendors, a costume contest, and fair-type games for about 35 to 50 trick-or-treaters inside between the bowling lanes. As word got around about the free, family-friendly event, more and more people trickled in. And as fate would have it, the onset of COVID-19 brought about an unexpected twist.

In 2020, Southern Lanes decided to move the event outdoors, adhering to social distancing guidelines by spacing vendors out by 6 feet and ushering people in one group at a



time. Around 600 people showed up, likely looking for a holiday reprieve from the roaring global pandemic. Despite the challenges posed by COVID-19, the event's outdoor setting allowed Southern Lanes to accommodate even more vendors, activities, and food trucks, leading to a remarkable surge in attendance. Last year, 1,500 to 2,000 people joined the festivities, Litten said.

"I didn't expect it to get as big as it is," Litten said.
"I mean, I hoped that it would, but I didn't think that it would be this big in the short amount of time."

Now, dozens of local vendors hold pop-up shops. Last year Southern Lanes had a live band for the event and had a free petting zoo. Litten's daughter performed "Thriller" with her class from Soaky Dance Arts dance studio at the event.

"It kind of gives the parents something to do as well if they wanna shop," Litten said. "And then we're able to support other local small businesses."

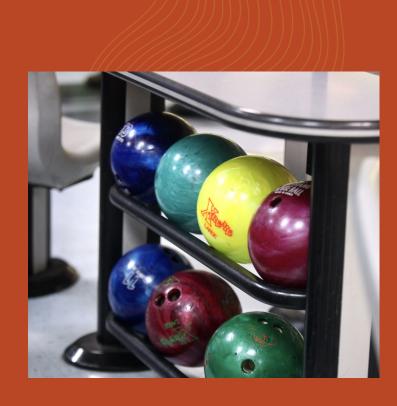
Throughout the day, Southern Lanes offers wristbands at a special rate of \$20 each. The wristband grants unlimited access to bowling, laser tag, bumper cars, and miniature golf. Regardless, the Halloween festivities remain free of charge. Local vendors sell products, distribute coupons, and hand out gifts and candy to trick-or-treaters. Litten said supporting local businesses is meaningful to her because Bowling Green is where she grew up and because Southern Lanes itself is a small local business.

"It's important to me because that's what we are," Litten said. "I think people forget that because we are such a large building with a lot of things to do, but we're still a local small family business."

With fond memories of Southern Lanes' earlier days on Campbell Lane, Litten cherishes the sense of family and community that the bowling alley has always embodied.

"I think growing up in a life like that, I know so many people," she said. "In Bowling Green, it's like you never meet a stranger. And it takes a village. My village is in Bowling Green."

On Sunday, Oct. 29, Southern Lanes will once again be brimming with small-town Halloween spirit at the ninth annual Trick or Treat. Grab your costumes and visit from 3 p.m. to 7 p.m. to experience a quintessential Bowling Green holiday tradition. **GN**







A taste of

the harvest

Fall brings sweet treats and savory favorites

By Kali Bradford

UTUMN BRINGS a bounty of delicious foods to enjoy as the weather cools down. From sweet to savory, there are plenty of flavors to savor during the fall season. Nothing quite beats a warm apple cider doughnut or pumpkin spice latte for breakfast. As lunchtime rolls around, hearty soups and stews, like butternut squash soup or beef chili, become go-to options. Roasted root vegetables and savory pot pies are comforting and filling for dinner. Of course, no fall meal would be complete without a slice of warm apple pie or a pumpkin-spiced dessert. Indulging in these seasonal treats is one of the best ways to truly embrace the flavors of autumn. GN



6 tart cooking apples, peeled, cut in eighths 1c. sugar 1 stick butter, softened 1c. flour 1/4 c. brown sugar scoop of vanilla ice cream, optional

Place apple slices into a casserole dish. Cover apples with sugar. In a medium mixing bowl, blend together butter, flour, and brown sugar until it looks like meal. Spread this mixture over apples in the casserole dish. Bake at 350° for 1 hour. Remove from oven and add a scoop of vanilla ice cream to hot pie if desired.

Wonderful Butternut **Squash Soup**Submitted by Nancy Morrison

2 lg. butternut squash, remove ends, cut in half lengthwise, remove seeds 6 slices bacon 2 onions, chopped 2T. butter 3 c. chicken broth salt & pepper, to taste

Place cut side down on baking sheet and bake at 350° for about an hour. Fry bacon in a skillet, remove bacon, add onions to bacon grease. Add butter, saute until lightly brown. Blend all ingredients, cooked squash minus the skin, bacon, onions, and chicken broth in a blender. Heat in large pot or Crock-Pot, add salt and pepper and more chicken broth to get to the consistency that you prefer.



Hot Mulled Apple Cider

Submitted by Johnnie Baker

1/2 c. brown sugar 1t. whole allspice 1t. whole cloves 1/4 t. salt dash of nutmeg 1 cinnamon stick, 3 inches 2 qts. apple cider 8-10 orange wedges

In a saucepan, combine brown sugar, allspice, cloves, salt, nutmeg, cinnamon sticks, and cider. Bring to a boil. Remove all spices. In a large serving bowl, pour cider over orange wedges. Serve in mugs and place an orange wedge in each one for garnish.

Submit your recipes to be included in Good News Magazine and the Exchange Cookbook: www.southernaprons.com









CHAPTER 3 OF 3

This section of the magazine covers local things to do.

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- 66 Advertiser Index

Submit a positive story on our website:



goodnewsmags.com

Pearls of Wisdom Ladies Luncheon - Aug. 9





Photos submitted by Bowling Green Chamber of Commerce

The Bowling Green Area Chamber of Commerce hosted distinguished women at the Pearls of Wisdom Ladies Luncheon. The event was put on with a thank you to the key sponsor, Atalla Plastic Surgery Skin + Laser. The chamber hopes to put on more invigorating events that celebrate and advance women leadership!







Get a good look



We wish we could publish all the photos we have, but we have too many! Browse our online gallery for free or purchase photos to be mailed to your home. All proceeds from photos go to local nonprofits.

Good News

EVENTS CALENDAR

September 23

9:00 am Third Annual Fall Festival at 3H Farm's Market

606 Gotts Hydro Rd. S. Bowling Green

Join in on the third annual fall festival! Our festivals include more than 80 vendors and food trucks! We'll have all our pumpkins and mums out that are available for purchase!

9:00 am Ninth Annual Car Show Youth Benefit

2080 Plum Springs Rd. Bowling Green

All makes and models, tractors, and motorcycles welcome. Free entry, food, and music! Live auction outside if weather permits. All donations will go to support the youth benefit.

September 30

9:00 am 2023 Bowling Green International Festival

601 State St. Bowling Green

This annual celebration of cultural diversity featuring music, dance and demonstrations from around the world. authentic foreign cuisine, an international bazaar, cultural displays and free edu-tainment activities. Tickets are \$5 in advance and \$10 at the door. Ages 12 and under are FREE. Visit BGInternationalFest com for more information or to see how you can participate.

5:30 pm Sunset Reprise Featuring Jazz West

SoKY Marketplace Bowling Green

Enjoy a night filled with great music, food trucks, and beverages. Admission is free.





7:00 pm Operation Anvil 2023 - Honoring Our Heroes LLC

7101 Scottsville Rd. Phil Moore Park

This two-day family friendly event will feature interesting and historical displays and information as a part of Honoring Our Heroes LLC's thank you to their sponsors who have supported the company for the last four years. Ends at 10 p.m. on October 8.

October 7

7:30 pm BG Fuzion Halloween Show!

Xclaim! Center for Youth Performance Arts

BG FuZion's cast is hosting a special show to celebrate members of the LGBTQ+ community and all supporters of drag entertainment! Model your Halloween costume to win free admission!

October 14

10:00 am Downtown BGKY Harvest Festival

Fountain Square Park

Enjoy food trucks, craft vendors, kid activities, and live music!

6:00 pm Seventh Annual Blockbusters at the Ballpark

Community Education BG-WC

The Community
Education invites the
public to attend the
FREE showing of "Top
Gun: Mayerick!"

For more events and to submit an event visit:

www.GoodNewsMags.com/events or call (800) 247-7318







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Connect with community-minded readers and showcase your support for local heroes by advertising in Good News Magazine's "Our Heroes" issue.

Are you looking for a meaningful way to connect with your community and support the heroes who keep us safe? Look no further than Good News Magazine's upcoming issue, "Our Heroes." This special edition is dedicated to celebrating the inspiring stories of first responders and their profound impact on our neighborhoods. Advertising in Good News Magazine is a great way to demonstrate your commitment to supporting our local heroes.

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