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exchange

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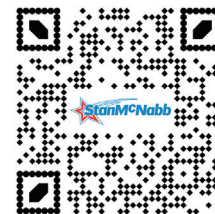
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LETTER FROM THE EDITOR

Saluting Our Local Heroes

A Tribute to Courage and Community

WE ENCOUNTER unsung heroes who walk among us without recognition. They may not be wearing a cape and a mask, but they're a hero regardless. Their unwavering commitment to service and sacrifice makes our communities safer and more compassionate. They're the Batman to our Gotham and the Captain Marvel to our universe.

In these pages, you'll find stories that illuminate the courage, resilience, and selflessness of our local first responders and those who help them. These individuals are tirelessly dedicated to ensuring our well-being, often in the face of adversity. They are the reassuring voices on the other end of emergency calls, the steady hands that rush to accidents, and the compassionate hearts that offer solace in moments of crisis.


But this issue goes beyond spotlighting the heroes in uniform. It also sheds light on the incredible people who support and stand beside our first responders—the families, friends, and community members who pro-

vide the unwavering support and love that keep our heroes going.

The past few years have tested our communities and our country, but through it all, our local heroes have risen to the occasion, reminding us that hope and humanity will always prevail. They embody the true essence of community, where the well-being of one is the concern of all.

As you read through these stories of resilience, dedication, and unity, I hope you'll be as inspired as I am by the extraordinary individuals who call our community home. Our heroes don't wear capes, but their actions and unwavering commitment to the greater good make them shine brighter. Is it a bird? Is it a plane? Is it Superman? No. It's someone better. It's our heroes, right here at home.

Thank you for joining us in celebrating "Our Heroes." May their stories serve as a beacon of hope and a reminder that even in challenging times, the strength of our community lies in the kindness and courage of its people. **GN**


Wesley Bryant,
MANAGING EDITOR

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PUBLISHING PARTNER Sandra Thomas

MANAGING EDITOR Wesley Bryant

VP OF SALES Ken Holtzinger

LAYOUT ARTISTS Brianna Brubaker, Melissa Davis

PHOTOGRAPHERS Ashleigh Newnes, Brooke Snyder

FREELANCE PHOTOGRAPHERS Jim Jordan, Brittany Johnson,

Amanda Guy, Tommy Sprouse, Steve Zak, Sarah Bussard

STORY WRITERS Tina Neeley, Jeriah Brumfield

FREELANCE WRITERS Sara McClaran, Gabriel Huff, Paige Cushman,

Amanda West, Kaleob Ashley, Belle Butler, Richard Klin

STORY COORDINATOR Haley Potter

PROOFREADER Michelle Harwell

ART PRODUCTION MANAGER Todd Pitts

PRINT AD DESIGNER Ben Adams

JR LAYOUT ARTIST Jane Morrell

BUSINESS DEVELOPMENT Lorri Allen, Faith Cashion, Amanda Cox,
Mark Mahagan, Kevin Maples, Janet Mullins, Matt Scott, Sissy Smith

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VP OF TALENT Chase Perryman

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SEO CONTENT WRITER Anna Sharp

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Exciting Changes Coming to the Good News Section!

We've always believed in building stronger communities through positive stories, and our magazine sections have been a cornerstone of that belief. Issue after issue, we've featured heartwarming stories in three dedicated segments: Good News, Good Living, and Good Times. These sections have celebrated the positives of our community and the incredible moments that make it special.

But, like any good story, ours is evolving. **We've been listening closely to your feedback, and we're thrilled to announce some exciting changes that will allow us to better serve you and our beloved community.**

Shining a Brighter Spotlight on **Local People**

Our readers have shown us that they want more stories about the local heroes among us—those individuals who work tirelessly behind the scenes, making a real difference in the lives of others. We're pivoting our Good News section to focus exclusively on local people who are shaping our community for the better. With that comes a new way to describe our three sections. You can now enjoy Good Living, Good Stories, and Good Times every month.

Highlighting Six **Local Difference-Makers** Per Month

You can expect to read about an average of six remarkable individuals in our community each month. These stories will delve into the lives, achievements, and contributions of our neighbors, friends, and unsung heroes. From the volunteer coach who inspires the next generation to the small business owner who supports local causes, our revamped sections will cast a brighter spotlight on these incredible local people.

You Help Make the Magazine

We're committed to bringing you the most inspiring stories from our community, and we believe that you, our readers, are our greatest resource. If you know of someone who deserves recognition for their positive impact, we encourage you to share their story leads with us. Visit our website, where you can submit your suggestions, and help us uncover the hidden gems in our community.

All About **Local People**

With these changes, it will be solely dedicated to celebrating the accomplishments, resilience, and compassion of our local people. This renewed focus on our community members allows us to build stronger connections and promote positivity on a larger scale.

We're excited about this transformation and the opportunity it provides to foster an even closer-knit community. By sharing stories of local people who make a difference, we hope to inspire and connect our readers on a deeper level.

Thank you for being part of our community and for your continued support. Together, we'll continue to make our community an even better place to live, one positive story at a time.

*Do you know someone who
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CHAPTER 1 OF 3

This section of the magazine covers local positive news you may have missed.

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Photography by Brooke Snyder

◀ Emily Horton, Brad Holden, and Jean Clark

SERVING FRNDRS FOO SYB FE

Anita Soluna's selfless service in Peru

By Jeriah Brumfield

Photos submitted by Anita Soluna

IN THE beautiful country of Peru, the air was thick with humidity, and the scent of rich earth and vibrant flora filled the senses. Towering trees draped in emerald greens formed a great canopy overhead, filtering the sun's golden rays and casting shadows on the forest floor. The singing of exotic birds and unseen creatures created a delightful melody as if welcoming visitors into another world. It was there in the jungle where Anita Soluna, a clinical psychologist, embarked on a remarkable journey — a journey of compassion, dedication, and selfless service.

The bilingual psychologist's journey in Peru began with childhood dreams and a passion for serving others. She had always dreamt of exploring the Pyramids in Egypt and the ruins of Machu Picchu in Peru, nurturing an archaeologist's spirit within her.

"From a very young age, my mother always involved us in donating our clothes and toys. So that was a big part of my childhood. When I was 11, I started doing volunteer work with my aunt. She was working at the Foundation for the Junior Blind."





A profound quote she encountered in middle school became a driving force behind her unwavering commitment to serve: **"I am only one, but I am one. I cannot do everything, but I can do something. What I can do, I ought to do, and what I ought to do, by God's grace, I will do."**

However, life took her on a different path, so she set aside her desires and focused on her professional career, eventually working for a prominent nonprofit community healthcare organization in Los Angeles.

The 2022 Team!

Anita Soluna shares dried cranberries with a toucan



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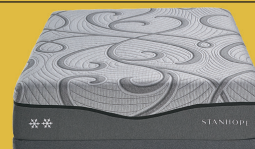
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Despite not being able to fulfill her dream on her 50th birthday, Soluna's passion for Peru only grew stronger with time. The turning point in Soluna's life came a few months before her 60th birthday when a chance conversation reignited her burning desire to visit Peru.

A series of events led her to meet Stella, a co-worker who shared her desire to go on a vacation. When Stella suggested Peru as their destination, Soluna was taken aback. Fate aligned as they planned their trip, which included a visit to the Amazon jungle and a cherished stay on top of the mountains near Machu Picchu on Soluna's 60th birthday.

Little did she know that her journey to Peru would be more than a vacation. It would become a life-changing mission. During her visit to Peru, Soluna encountered

Anita Soluna with a hand raised tapir



many people living in communities along a river tributary of the Amazon, who faced numerous challenges, particularly with healthcare access.

"We went to the jungle, we saw a need, and on the plane on the way home, we had a conversation about what we thought we might be able to do to help."

Soluna's compassionate heart led her to return to Peru with the goal of making a difference in the lives of the underserved communities she encountered. Teaming up with dedicated individuals from the Peruvian American Medical Society, Soluna and her friend Stella founded Selva, or "Jungle" in Action (SIA). The program's primary goal is to provide healthcare solutions addressing the physical, mental, emotional, and physiological needs of these communities.

At first, building trust with the people of the Amazon villages was a challenge, as they had previously experienced unfulfilled promises from outsiders. However, over the past 15 years, Soluna and her team proved their commitment by returning and making positive community changes.

"Over time, to have the people come and hug me or have the kids throw their arms around me is the 'wind beneath my wings.' We also have a small team in town to help us with our patients when we're not there."

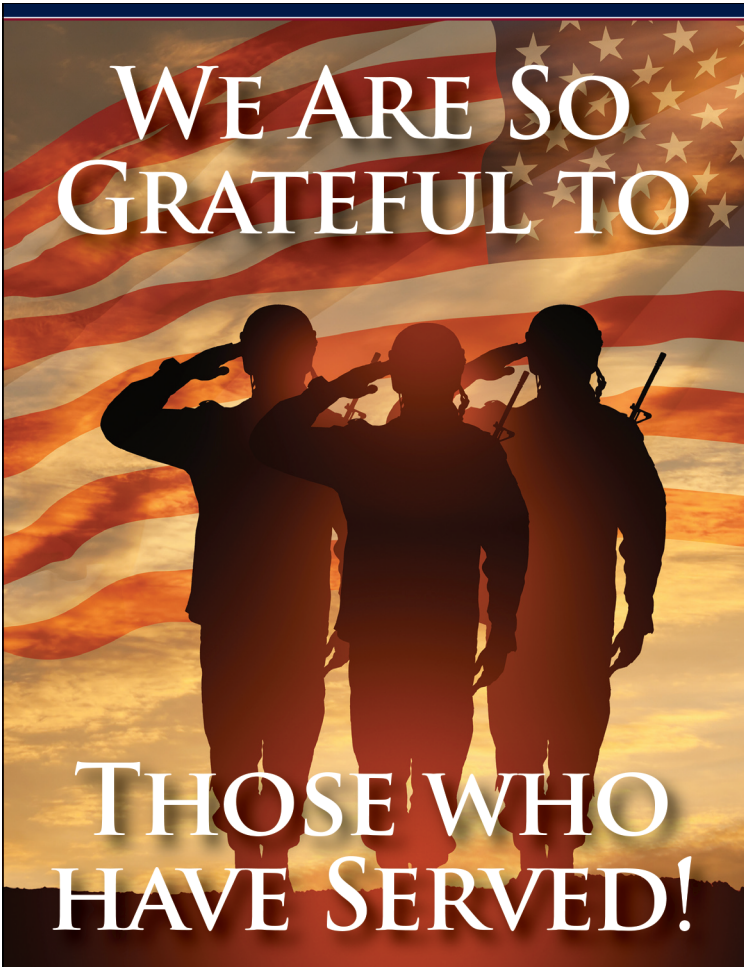
Selva in Action established medical clinics, providing healthcare services, and is currently helping a young woman pursue her dream of becoming a nurse.

Through SIA, Soluna found a second life — a life of serving others and building deep connections with the Peruvian people. She describes the experience as living in parallel universes, where her life in the United States and her mission in Peru co-exist in harmony.



Soluna's impact reaches beyond healthcare. She also dedicates her efforts to animal welfare, caring for feral cats in her community. Her compassionate nature extends to all living beings, and she embodies the essence of a true hometown hero — a hero who follows her heart, embraces opportunities, and selflessly serves others, making a significant impact on lives and leaving a legacy that will be cherished for generations to come. GN

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Tim Fuller, Franklin County Sheriff

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DISCOVERING THE *artist* WITHIN

How Holden found healing and inspiration through creativity

By Jeriah Brumfield
Photography by Brooke Snyder

TO KNOW him is to love him. Mr. Bradd Holden is a man with a heart of gold who has stolen the hearts of everyone at Elk River Health and Nursing Center in Winchester. This warm and welcoming community has found a gem in Holden, whose contributions extend far beyond bringing smiles to his fellow residents' faces.

It all started when Emily Horton, the activities director at Elk River, noticed Holden's creativity in action one day.

"He asked for some cardboard and immediately began cutting out three-dimensional flowers and various shapes," she shared.

Holden's journey into the world of art was sparked by a personal desire to regain his mobility. On that quest, individuals such as Horton and Jean Clark, the dedicated activities assistant, played pivotal roles in guiding him toward his artistic aspirations.

As a remarkably talented artist, Clark conducted one-on-one art sessions with Holden, contributing significantly to his progress. Horton's support and influence also proved invaluable in helping Holden on his artistic journey.

"I had been in bed for about a year, and I decided I was going to start walking again," he recalled.

Mr. Bradd Holden





Bradd Holden
and Julie
Escalon

"When I started doing this, they got me interested in art. I started doing cardboard art, which is just cardboard and paper."

- Bradd Holden

"When I started doing this, they got me interested in art. I started doing cardboard art, which is just cardboard and paper. And then, all of a sudden, we had little sales outside the place where people come in and look at your artwork."

Holden's art quickly blossomed, with a special focus on sports-related pieces, particularly his favorite team, the Tennessee Vols.

"I've done college symbols for Tennessee, Alabama, and Auburn," he explained.

He also loves creating custom artwork, like the beautiful honey bee mural he created for the business office.

Although art had always been a small part of Holden's life, it wasn't until he joined Elk River that he truly discovered his passion.

"This is something that popped up in my head, and I just wanted to do this," he explained.

With determination and creativity, he adorned the halls and rooms with incredible 3D art pieces, adding a touch of beauty to the center's atmosphere.

The community took notice of Holden's exceptional talent during the annual art festival at Elk River. His artwork received much-deserved admiration, leading to requests for custom pieces from other staff members. Through his art, Holden has found a new passion and a way to bring joy to those around him.

Emily Horton shared how Holden's late-night art sessions reflected his dedication to his newfound passion: "In the beginning, he would stay up until one o'clock in the morning, just working on all kinds of pieces."

Holden's inspiration comes from various sources, including YouTube videos that spark his imagination and lead to beautiful creations like flowers made from coffee filters.

Once you stumble upon one of Holden's pieces, you can't help but be captivated and crave to see more. But beyond his artistic endeavors, Holden has found peace and inspiration through meditation.

"When you meditate, it just naturally comes," he shared. This practice has not only brought him calmness but has also become the motivation for his creative ideas.

Holden's transformation since joining Elk River has been remarkable. The caregivers now describe him as "thriving," a stark contrast to the reserved person they first met. His dedication to art and activities has inspired other residents to join, creating a stronger sense of community.

Not only does Holden create art, but he also serves as a supportive companion

to his fellow residents. From being a Bingo partner to assisting with art activities, he helps others thrive and brings a sense of camaraderie to the community.

Horton said, "He helps me with art when we have an art activity. So he's very much involved with the other residents to try to help them thrive."

As he looks to the future, Holden plans to continue decorating the center's flower bed with his decorative rocks, bringing even more warmth and homey charm to Elk River. With each stroke of his brush and every creative endeavor, Mr. Bradd Holden exemplifies the heart and soul of this beloved Southern community.

Holden is just one of many residents who has experienced such love and encouragement to explore new things. The center has held music performances, shows, and other activities to keep the residents flourishing as much as possible.

As a cherished resident of Elk River, Holden is just one glowing example of

how love and encouragement have inspired the residents to explore new passions. The center has become a hub of creativity and joy, hosting music performances, captivating shows, and a plethora of engaging activities that keep the spirits of its residents soaring.

With each event and opportunity, Elk River ensures that its beloved community flourishes and continues to thrive, making it a true haven of warmth and happiness for all who call it home. GN





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CHAPTER 2 OF 3

This section of the magazine covers local people or businesses you need to know about.

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- 32 A ray of hope in law enforcement
- 36 Behind the badge
- 42 The birth of a unifying tradition

Our stories are based on submissions from local people.

Submit yours here:



goodnewsmags.com

Photography by Ashleigh Newnes

◀ Linford Miller, Emanuel Yoder, Enos Miller, Edward Yoder, Preston Kanagy, and Madison Beachy



Our

HEROES



IN THIS edition of Good News Magazine, we proudly present a collection of stories that pay tribute to the unyielding courage and unwavering dedication of our local heroes — individuals who selflessly run toward danger, provide comfort in

times of crisis, and tirelessly give their all to protect and serve our communities. These are the stories of those who exemplify the true essence of heroism, whether it's offering a lifeline during emergencies, upholding the law, or simply lending a helping hand.

Join us as we shine a spotlight on their remarkable journeys and the selfless spirit that binds our communities together in times of need. These are the inspiring stories of our local heroes. We thank you for your contribution to our communities. GN

A ray of hope in law enforcement

LOCAL POLICE OFFICER PROMOTES AN ENGAGING AND THRIVING COMMUNITY

IN THE heart of the beautiful city of Winchester is a heroic figure quietly working to protect and serve — police officer Lamar Howard. With a strong sense of duty and a warm, inviting spirit, Howard embodies the essence of a true hero in law enforcement.

Born and raised in Tennessee, Howard's roots run deep in the community he now serves. From the rugged terrain of Suck Creek Mountain in Chattanooga to the vibrant town of Franklin County, he has always called this place home, and he takes great pride in safeguarding it.

He said, "There's no place like home."

Howard's journey in law enforcement began in 1996 when he joined the Franklin County jail as a correction officer. Here, he discovered his passion for public service and desire to make a difference in people's lives.

Over the years, he roamed various paths from Huntland to Nashville. He gained valuable experi-



ence and honed his skills to become the dayshift sergeant at Winchester Police Department, the department he holds dear.

In the face of challenges and adversity, Howard remains steadfast in his commitment to treating others with respect and kindness.

"Starting out young, I think, in this profession, you get put in difficult situations. You get the good and bad, and you pick up the good throughout the years that you want to implement to make yourself a better officer."

He understands the importance of empathy and believes in the pow-

OUR HEROES



OUR HEROES



er of leading by example. As a mentor to young officers, he instills in them the values of compassion, understanding, and the golden rule of treating others as they would want their own loved ones to be treated.

“One thing I tell our young adults that come into the police department is to treat people the way they want another young officer to treat their granny.”

For Howard, the essence of heroism lies in the ability to serve others, especially those who cannot help themselves. Whether engaging in meaningful conversations with children or guiding parents on the proper care and conduct for their little ones, he shows himself as a friend and ally to the community.

“As we get out and meet people, if we see them just outside, we’ll stop and talk to them to reassure them that we’re more of their friends than enemies.”

Child passenger safety is one aspect of his career that profoundly resonates with him. Howard invested time and effort to become certified in this field, ensuring he can protect young lives to the best of his ability. His dedication to adequately installing car seats for families is just one example of the care he puts into every aspect of his work.

With a strong passion for community engagement, the Winchester Police Department, with Howard at the forefront, opens its doors to parents, offering car seat checks and safety guid-

OUR HEROES



Through acts of kindness, service, and unwavering commitment, Officer Howard has etched his name in the hearts of the people he serves. His presence is not merely that of a law enforcer but also a mentor, a friend, and a protector. Whether patrolling the streets or engaging with community members at local events, his smile and reassuring presence make a lasting impact.

Howard is dedicated to making a positive difference in the lives of others. As the community comes together to celebrate their local hero, the message is clear — in a world that can often be challenging and uncertain, the officer's unwavering dedication to protecting and serving brings a sense of security and hope to all.

In the Franklin County community, Officer Howard's legacy is intertwined with threads of selflessness, warmth, and dedication. Forever revered as a heroic figure in the hearts

"As we get out and meet people, if we see them just outside, we'll stop and talk to them to reassure them that we're more of their friends than enemies."

- Lamar Howard

of those he serves, he stands as a true testament to the noble spirit of law enforcement. He continues to inspire and uplift, leaving an unforgettable mark on the lives of all who have the privilege of knowing him. GN

ance. Through initiatives like these, the department protects and empowers the community.

Beyond his professional calling, Howard's loving family stands as a pillar of support. With his devoted wife and beautiful children by his side, he finds the strength and motivation to be the best version of himself, both in his personal life and his role as a motorcycle officer.

In an age where stigmas surround law enforcement, he and his fellow officers at Winchester Police Department are a shining ray of hope, tirelessly striving to ensure the safety and prosperity of the community they hold dear.





Behind the badge

A SECOND-GENERATION HERO CONTINUES HIS FATHER'S LEGACY TO CREATE CAMARADERIE IN THE COMMUNITY.

MEET RYAN FULLER, a second-generation hero who has dedicated his life to safeguarding the Winchester community as a proud member of the Winchester Police Department. Born and raised in this tight-knit county, Fuller's bond with his beloved Franklin County runs deep.

The Franklin County native graduated from Franklin County High School (FCHS) in 2007, Motlow State in 2009, and completed Tennessee State University's Criminal Justice Program hosted at the Lynchburg campus of Motlow State in 2011. During his college days, Fuller served as a dispatcher at the Franklin County Communications Center, establishing a foundation rooted in public safety.

Fuller often jokes about hindsight being 20/20, longing for the college days when he could have acquired the "trait" to explore beyond his hometown.

"I always stayed in Franklin County. I would always consider myself a homebody because I never wanted to leave the Franklin County and Estill Springs area because it's home. I don't know anything different."

Now, as a devoted husband of 11 years and a proud father of two precious

OUR HEROES

children, Fuller's attachment to Franklin County has only grown stronger. His heart beats in sync with the rhythm of this community, and he envisions his future firmly rooted within its borders.

Fuller's journey with the Winchester Police Department began in January 2012, marking over a decade of service to the very streets he roamed as a child. With a father and two uncles who dedicated their lives to law enforcement, the path seemed almost predestined. Yet, it was a calling that resonated within Fuller's soul that was never forced upon him.

"It never was forced upon me, but I never felt the calling to do anything else besides the public safety realm."

His enthusiasm for his chosen career lies in the ever-changing nature of each day.

He remarked, "I enjoy how no two days are the same."

In his formative years, Ryan witnessed his father, Tim Fuller, a respected figure in law enforcement, rise through the ranks, holding positions such as investigator, captain of investigations, chief deputy, and even sheriff. Tim's stories of triumph and camaraderie resonated deeply within young Ryan, igniting a fire that would shape his destiny.

"Looking back, it was a neat thing because my dad would 'go out and get the bad guy.' It was pretty cool. It was always cool to turn the TV on, and my dad would be doing an interview about a bad case, a boat crash, or a crime. That was what I always thought was cool. And that's what always drew me into it."

He continued, "It was better than any 'Law and Order' show or anything that you could watch because I felt like I kind of lived it growing up."

Inspired by his father's ability to build lasting relationships within the

community, Ryan finds immense joy in connecting with people from all walks of life. He believes in debunking stereotypes and dismantling barriers that hinder a harmonious relationship between law enforcement and the public.

"I want people to know who the police are before they need us. Because when we're busy, people's lives are

rough. The part I enjoy in my position is that when I'm not busy, I like meeting people to build a positive relationship with those people before they need us."

Last year, driven by his deep-rooted desire to cultivate relationships, Ryan participated in Leadership Franklin County, immersing himself further in the community. He cherished his time on patrol and



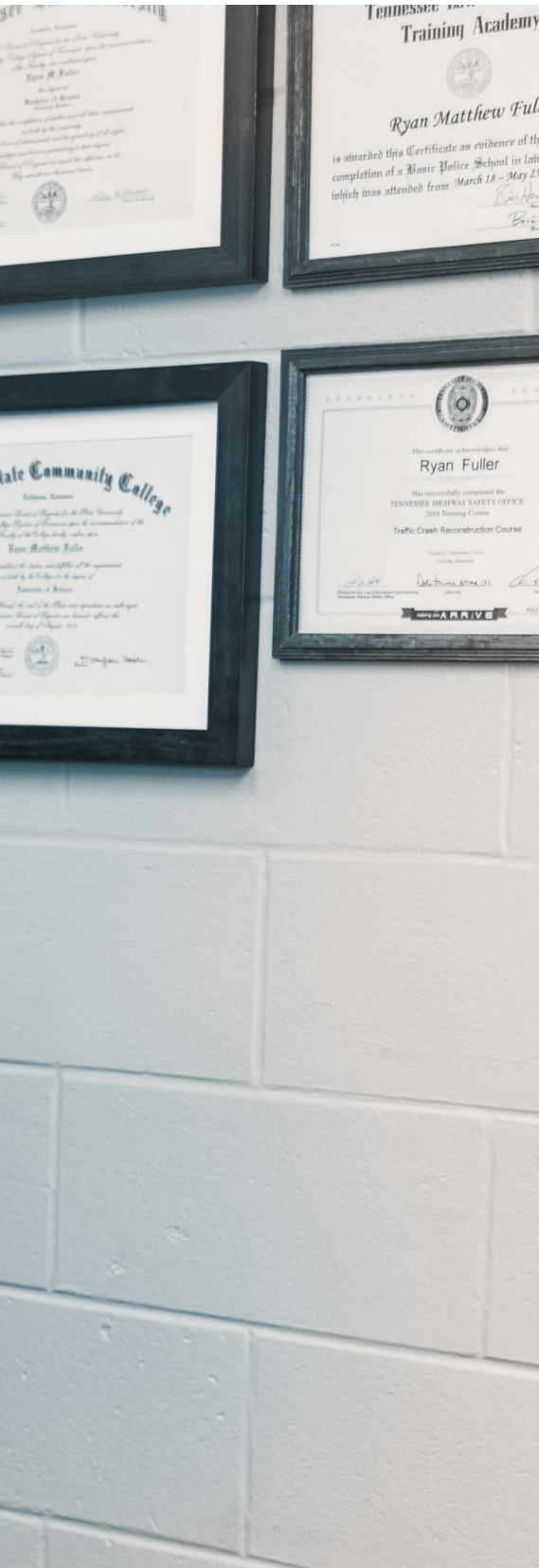
The part I enjoy in my position is that when I'm not busy, I like meeting people to build a positive relationship with those people before they need us."

- Ryan Fuller

OUR HEROES



OUR HEROES



the opportunity to let community members get to know the heart behind the badge.

Of course, a career in law enforcement requires sacrifice, a fact well-known to the Fuller family. Ryan recalls countless nights, holidays, and weekends that transformed into moments spent tirelessly working around the city. Yet he perceives these challenges as opportunities that allow him to foster valuable relationships and explore the diverse facets of his career.

“There [are] a lot of good people here that serve their communities. And they’re all doing it for the right reasons. We’re here because we

care. And we want to do a good job and do it right.”

As Ryan’s journey continues, the possibilities seem boundless. With over a decade of service behind him, he eagerly anticipates the next chapter in his career and is eager to leave a mark on the Winchester community.

His determination, fueled by his desire to connect with his fellow community members, sets him apart as a true Southern hero. With a warm smile and a handshake that exudes honor, Ryan embodies the true spirit of law enforcement, ensuring that Franklin County remains a haven of safety, warmth, and goodwill. GN

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The birth of a unifying tradition

BELVIDERE VOLUNTEER FIRE DEPARTMENT'S ANNUAL FISH FRY CELEBRATES COMMUNITY AND TRADITION.

THE BELVIDERE Volunteer Fire Department has been a pillar of strength and support for its residents for many years. While their daily sacrifices to ensure neighbors' safety and well-being are commendable, their beloved biannual fish fry truly sets them apart and brings the community together.

At the heart of this heartwarming tradition lies the memory of the late Tim Yan-nayon, a former firefighter and visionary fire department president. Tim's ongoing legacy lives on through the biannual fish fry. This special event commemorates his dedication and countless efforts in building the fire department into the strong, tight-knit community it is today.

▲
LINFORD MILLER, EDWARD YODER,
EMANUEL YODER, ENOS MILLER, PRESTON
KANAGY, AND MADISON BEACHY

According to Andy Knapper, the fire department's treasurer, the volunteer fire department dates back to 1955, possibly making it the oldest in the county.

The annual fish fry began 20 years ago and has become a cherished event drawing people from beyond the corners of Franklin County. Inspired by a volunteer fire department in Finger, Tennessee, this culinary celebration was born with their assistance.

The initial success of the fish fry made it evident that the community demanded more, and the fire department was more than happy to deliver. The fire hall's location, adja-

OUR HEROES

cent to the old Belvidere School turned community center, provides the perfect setting for this gathering. With ample space, the community center accommodates tables, a stage for live music, and activities for children, making it an all-encompassing affair.

Preparations for the fish fry begin well in advance, with dedicated volunteers ordering supplies from the wholesale market for the fish and chicken tenders. Local merchants provide essential ingredients to transform the

raw products into delicious entrees, while other community members come forward to make delicious homemade pies, cakes, and desserts, quickly becoming the highlight of the event.

Hosting such an event is no small feat, and the fire department acknowledges that it would be impossible without the help of dedicated volunteers outside the fire department. While the team has received numerous suggestions to host a monthly fish fry, they decided only to host the event twice a

"It's just the camaraderie of this community that comes together."

- Ed Burns



OUR HEROES



▲
PHOTO SUBMITTED BY BELVIDERE
VOLUNTEER FIRE DEPARTMENT



year. Yet, the biannual fish fry remains a beloved tradition eagerly awaited by the entire community.

One of the hallmarks of the fish fry is the joy and camaraderie evident among the volunteers. Knapper shared that numerous customers are amazed by the volunteers' enthusiasm and happiness.

"We have numerous customers that come in and say, 'How do you do this? All your volunteers are happy and having a good time.' People want to do a great job and enjoy seeing their neighbors and friends. We

have people that come from far away, as in Kentucky and Indiana, just to see friends and talk and have a great time," Knapper said.

Beyond being a delightful gathering, the fish fry serves a more significant purpose. It is crucial in enhancing the fire department's standing within the community and positively impacts its Insurance Services Office (ISO) score. A lower ISO score translates to lower homeowners insurance premiums for community members, making this event a win-win for all.

PHOTO SUBMITTED BY BELVIDERE
VOLUNTEER FIRE DEPARTMENT

The cherished tradition of the fish fry is more than just a meal; it is a celebration of community, compassion, and the true spirit of volunteerism.

“It’s just the camaraderie of this community that comes together,” said Ed Burns, vice president of the Belvidere Volunteer Fire Department.

The legacy of Tim Yannayon lives on through this cherished event, and it is clear that the Belvidere Volunteer Fire Department’s commitment to their community is unwavering and will continue to thrive for generations to come.

As Knapper and Burns reflect on the department’s value, they recall heartwarming stories of how the dedication of the volunteer firefighters touched lives. One such story involves a grateful mother from Estill Springs whose daughter’s house caught fire. Thanks to the timely intervention of the Belvidere Volunteer Fire Department, the tragedy was averted, and her appreciation for the fire department’s efforts knew no bounds.

The Belvidere Volunteer Fire Department is a ray of unity in a world where busy lives often lead to disconnected communities. Their volunteer firefighters are a tight-knit family, ready to spring into action whenever the alarm sounds, even in the dead of night.

If you find yourself in beloved Franklin County on the last Saturday in April and October from 11 a.m.-5 p.m., stop by and experience the warmth and hospitality of the Belvidere community. You may leave with a satisfied appetite and a heart full of cherished memories and new friendships that last beyond the meal. GN



How the Good News Magic Happens: From Submission to Print

How does a story get into Good News Magazine?

Nominate someone to be featured in Good News Magazine.

Since Good News launched, we have received hundreds of nominations for people to be covered. Ever wondered how a story finds its way into the pages of our magazine? Well, the answer is simple: it's all thanks to you! Not only are the stories about local people, but they come from other local people, too! Here's a glimpse into the journey of how stories come alive in Good News Magazine.



Step 1: The submission process: goodnewsmags.com

We believe that everyone has a story worth sharing, and we rely on our readers to help us discover these extraordinary individuals. Submissions are made through our website and include the following details:

- A nominee's name
- Contact information (phone and email)
- The reason for the submission, along with why they qualify as a "Good News" story. This may include their contributions to the community, impactful deeds, family life, occupation, and more.
- We're not looking for you to write the story or find a superstar. We believe everyone has a story, and we only need relevant information. Our writers will do the rest!

Step 2: Selection and theme assignment

We tell stories about local people and what they are doing to make a difference. We have told stories about charities, medical staff, volunteers, school staff, and your next-door neighbor. Again, everyone has a story. While we feature six remarkable individuals in each issue, keep in mind that our production schedule is planned months in advance. So, if someone isn't featured in the upcoming issue, there's still a chance they'll be highlighted in the future. We keep all submissions on file for potential use.

Step 3: Interviews and photo shoots

Once a story is selected, our talented writers and photographers swing into action. We continue to be inspired by the stories submitted to us, and we complete the interviews and photo shoots several months before the issue goes to print. Our writers may conduct interviews via phone or video chat, while others prefer in-person meetings with the individuals behind the stories.



What's next in Good News Magazine?

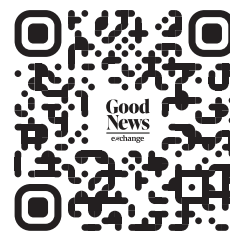
Currently, our dedicated team of magazine writers and editors is hard at work crafting stories under themes like “Home for the Holidays,” “Hometown Healing,” and “From the Heart.” We are excited to announce the next theme needing story submissions is “Charity Spotlight.”

What we seek in Charity Spotlight stories:

Do you know a couple in your community who overcame adversity and decided to extend a helping hand to others facing similar challenges? Perhaps there's a group that stepped up to support local businesses during the pandemic. Or maybe you're aware of countless charities making a positive impact in the community. Behind each of these organizations, there are individuals who drive their mission, founded them, or have been profoundly touched by their work. These are the people and stories we're eager to showcase in our upcoming Charity Spotlight issue.

Do you know someone who deserves to be in Good News Magazine?

Let us know with a submission at www.GoodNewsMags.com or scan the QR code. Share your stories with us, and let's continue spreading the Good News together.



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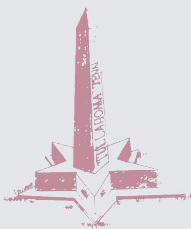
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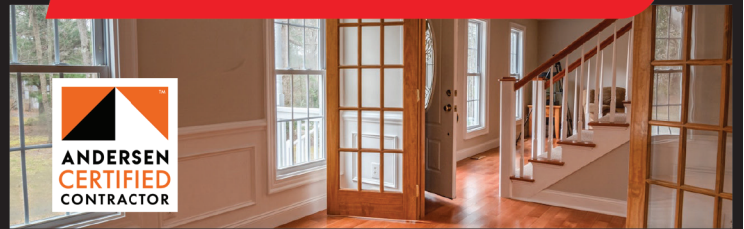
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Local Good

CHAPTER 3 OF 3

This section of the magazine covers local things to do.

- 52 Community Events
- 56 Events Calendar
- 58 Advertiser Index

Submit a positive story on our website:

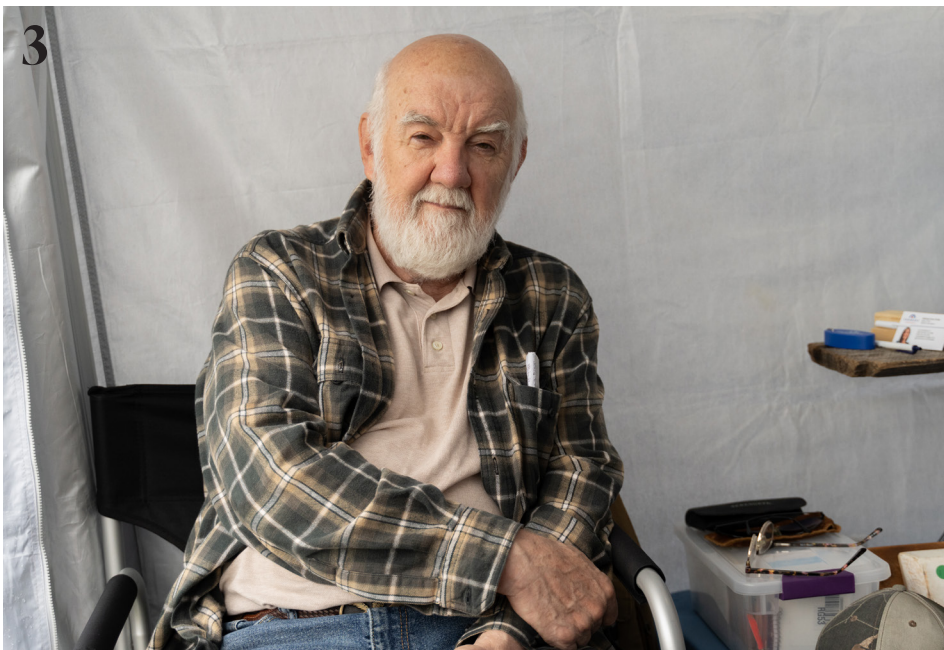


goodnewsmags.com

Photography by Brooke Snyder

◀ Penny Oliver

10th Annual Fall Heritage Festival - September 15-17

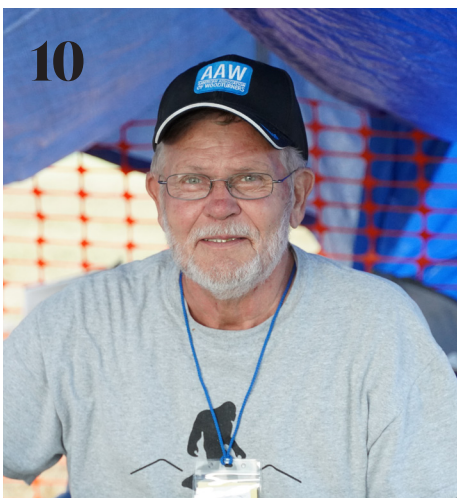


Photography by Brooke Snyder

Families enjoyed a variety of activities and entertainment throughout the weekend, including a fireworks display, craft vendors, delicious food options, and live music.



1. Carol Aichist 2. Garry Tanner 3. Tim Gadra 4. Teresa Norris
5. Jake Bray 6. Jackie Puryear



7. Carve Away Bray's 8. Julie Escalon 9. Ken Lee
10. Randy Jones 11. Allen White and friend

Touchdowns Against Cancer Car Show - September 23



Photos submitted by Mike Basham

Each year, this special event takes place, where local children bravely battling cancer take center stage as honorary captains for the night. Known as the “Gold Out,” this event not only pays tribute to these young warriors but also raises funds for St. Jude Children’s Research Hospital.





Get a good look



We wish we could publish all the photos we have, but we have too many! Browse our online gallery for free or purchase photos to be mailed to your home. All proceeds from photos go to local nonprofits.

Good News
e×change

EVENTS CALENDAR

October 14

10:00 am **Huntland 2023
ALS Walk**

The Huntland
Community Center
100 Moore Ln.
Huntland

2023 Huntland Walk to Defeat ALS. Walk, barbecue lunch, and bake sale to benefit the ALS Association. Hosted by Team Janna's Volunteers. Donations can be made webtn.alsa.org/goto/JannasVolunteers.

1:00 pm **Broadview Volunteer
Fire Department Fall
Fish Fry**

BVFD Station
5253 Lynchburg Rd.
Winchester

The Broadview Volunteer Fire Department will be hosting their fall fish fry at the station.

October 19

12:00 pm **Chamber Connection
Barbecue**

V.R. Williams & Company
1784 Sharp Springs Rd.
Ste. A
Winchester

This is an opportunity to grow your connections, meet potential new clients and grab some delicious lunch. This is a free event for our members or potential members. Please RSVP through our website franklincounty-chamber.com

October 25

12:00 pm **Small Business
Roundtable**

Community Room
at the Annex building
855 Dinah Shore Blvd.
Winchester

This event is free for Chamber members, \$10 for non-members. Please RSVP through our website franklin-countychamber.com



October 28

10:00 am **Trail of Tears Commemorative Cherokee Walk**

Franklin County Public Library
105 S. Porter St.
Winchester

The former archivist for the Museum of the Cherokee Indian, Bo Taylor, presents a program at 1 p.m.

11:00 am **Belvidere Volunteer Fire Department Fall Fish Fry**

The Belvidere Community Center
349 Belvidere Rd.
Belvidere

There will be bluegrass music and the all-you-can-eat catfish and chicken buffet with all the fixings, including homemade desserts. Adults \$15. Children (4-12) \$5. Contact Ed Burns at (931) 636-4488 for details.

November 3

9:00 am **All Seasons Fall Craft Show & More** Townsend Cultural Center 913 S. Shepherd St. Winchester

This free event will have a craft show and vendors including a food truck. Please know that the event will be held at a new location this year.

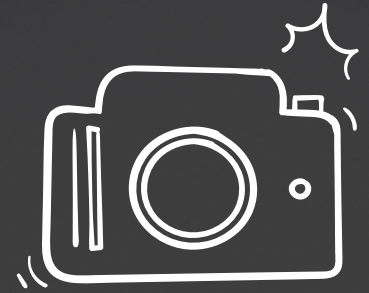
December 9

7:30 am **Rudolph Run Family 5k** 100 2nd Ave. SE. Winchester

For more information visit our website franklincountychamber.com

For more events and to submit an event visit:

www.GoodNewsMags.com/events
or call (800) 247-7318



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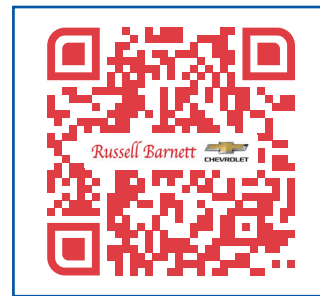
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