THE **LAKES NEWS SHOPPER** Is is your free copy tuesday, november 14, 2023 VOL/51 ND/6 PO BOX 192 / MILFORD /



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CRAFTSMAN® Power Tools & Accessories** • Impact Driver Kit • Corded Oscillating Multi-Tool • Drill/Driver Kit • Battery 2/Pk. • Corded Chain Saw & more 2004675, 2827483, 2834638, 2827574, 2827582, 2829273, 2827491, 2835148, 7398340, 2022144 Limit 4 each at this price. RED HOT BUY





THE LAKES NEWS SHOPPER Tuesday, November 14, 2023 Page 2 LAKES AREA FARMERS A Handcrafted 7 Christmas RKE COMING SOON · SHOP LOCAL Crafts, Baked Items, Candy, Gifts and more **SATURDAY, NOV. 25 COMMUNITY BUILDING • SPIRIT LAKE**

Get in the GANE!

Dickinson County Republican Meeting

IBBB to Perform at Spirit Lake VFW

The Itty Bitty Boji Band returns to the Spirit Lake VFW for their last time this year on Tuesday, November 14. Bring shoes. They'll be rocking the house with your favorite dance tunes from 6:00 to 8:00 PM that evening. Come early and enjoy a meal prepared by the VFW.



Thank You



THIS WEEK'S GAMES Stop by our store for last minute HOLIDAY **ITEMS**! **And Gift Certificates** South Dakota at GAME **#1 Western Illinois** WINE - BEER LIQUOR KRATOM CBD = VA₽€ WALK-IN AUMIDOR Hugen Alexandrice Herein Herein Alexandrice Herein Nebraska at GAME #4 Wisconsin



THE LAKES NEWS SHOPPER Tuesday, November 14, 2023

Vos Named REALTOR® of the Year

Marilyn Vos, has been named the 2023 REALTOR® of the year by the Iowa Great Lakes Board of REALTORS®. Vos

is a REALTOR® who is passionate about her profession, but more so about giving to others. She is involved with several community organizations, including Youth in Philanthropy and the Dickinson County Endowment Fund Advisory Committee. Vos has been a REALTOR® with Hoien Realty for ten years, and in that time has had a profound impact on her fellow agents, clients, and communities. Congratulations to Marilyn on this well-deserved achievement!



Move In Now No Rent Till Dec 1 with ACH payment

MILFORD STORAGE 10 x 24 Units

\$75/mth plus tax 712-330-4752



Team WAVE Thanks Supporters for 2023

Team WAVE would like to thank all of our sponsors and contributors for this past season. Their support facilitated our weekly efforts weeding and maintaining flower beds around the Arnolds Park community, the tiered wall that extends 450 feet on three levels on West Broadway Street, and the hanging baskets along the street. We had a very dedicated group of weekly work day volunteers this year, and the result was flower beds and landscaping that looked very well-kept all season, and promoted a strong, positive message to the thousands of visitors about the Arnolds Park community spirit.

Thanks to Re/Max Lakes Realty, Lakes News Shopper, Lost Gar Paddlefish Bar, Sugar Shack, Brad's Bungalow, Palm at the Park, Jensen Real Estate, Oar's Campground, Fillenwarth Resort and Emerald Hills Golf Club for sponsoring our efforts. Thanks to Oak Hill Marina, StayBoji and C Jones Construction for adopting, decorating, and maintaining multiple flowerbed areas.

The Lakes community and Team WAVE lost a long-time, organizing, and very active member Gary Cooper this fall in October. Gary will be missed, and his contributions and positive spirit long remembered. Memorial contributions are being directed to Team WAVE, and we are grateful for our time working with him and knowing him.

When the community looks great, all of us benefit, businesses and residents alike. More volunteers would mean more areas we could maintain well, so if you are interested in volunteering or adopting your own space care for on your own schedule, call city hall at 712-332-2341.



ATTEND TO FIND OUT!

ARE THERE ANY CHANGES TO THE

15-YEAR-OLD WIND ORDINANCE?

PLANNING AND ZONING

BOARD MEETING

MONDAY, NOVEMBER 20, 2023

1:00 PM

\$10 Wax Warmers, Riflescope \$80, Gun Cases \$8.50,



LED Headlamps \$7.50, Gun Cleaning Kits \$19.99, Quick Touch Safes \$115 to \$125 and other items

ONE DAY ONLY IN STORE SPECIALS! BUY A BUCKET RECEIVE 20% OFF EVERYTHING YOU CAN FIT IN IT!*



GIVEAWAYS!* KAYAK AND 65" TV

*See store for details.

APPAREL RACK

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NOVEMBER 25, 2023 OAK HILL OUTDOOR • MILFORD, IA VENDER REPS 9 AM - 4 PM • LIVE MUSIC 4 PM - 7 PM

50% OFF ALL BANDED & AVERY PRODUCTS

BUCKET SALE • GIVEAWAYS • BRAND REPS • *FREE CHILI



Join us for our Annual Iowa Ice Show! Take advantage of our in-store specials while you chat with reps from some of the top brands in the industry. Join us after to kick off the ice fishing season with GREAT live music from Neon Horizon from 4pm – 7pm.

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SPRUCE TIP Make & Take Events

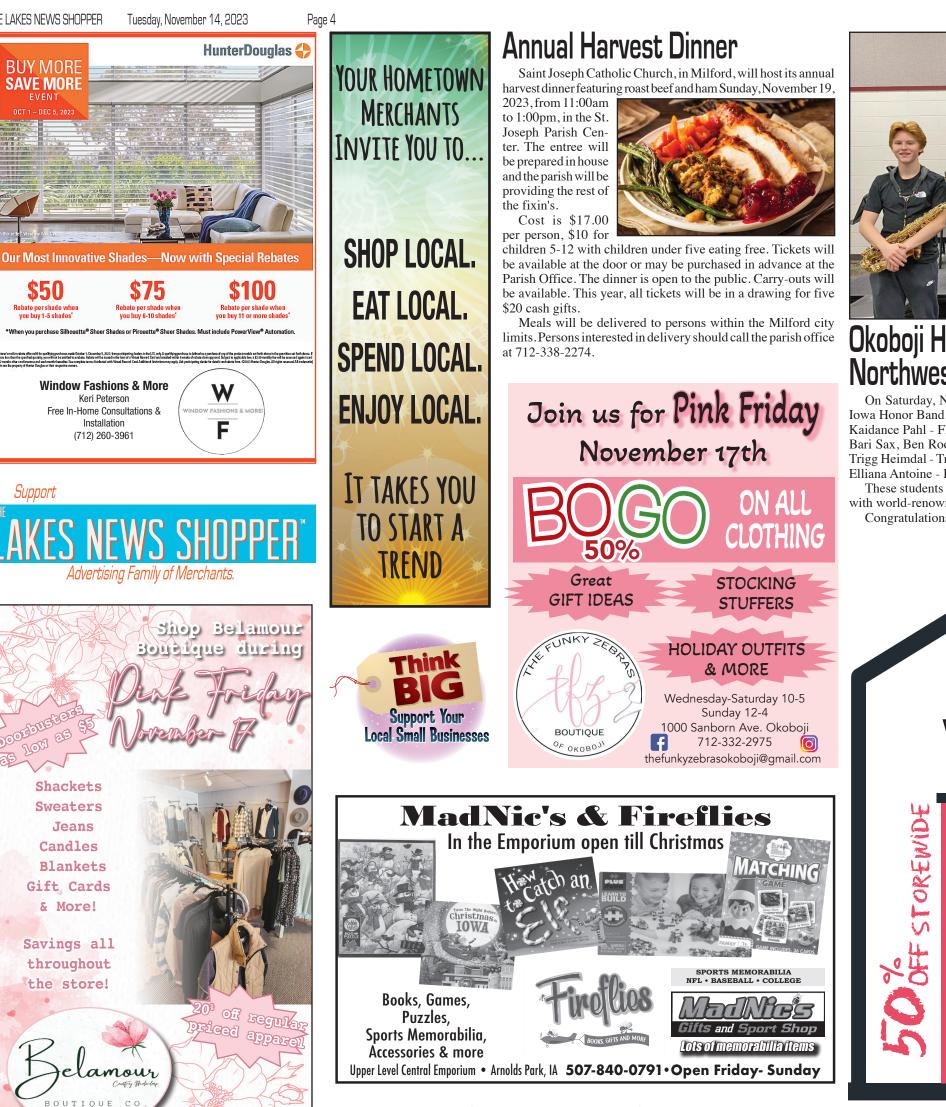
Fri., Nov. 17th • 1 PM Saturday, Nov. 18th • 9 AM, 1 & 3 PM Sun., Nov. 19th • 1 PM

Fri., Nov. 24th • 1 PM Sat., Nov. 25th • 1 & 3 PM

Call to Register Today! 800-359-1416

Or Visit our **f** page <u>under "Events" t</u>o sign up!





Okoboji High School Students Selected for Northwest Iowa Honor Band

On Saturday, November 4th, fifteen OHS students auditioned for a chair in the Northwest Iowa Honor Band. Of those fifteen, eleven students were selected to the NWIBA Honor Band: Kaidance Pahl - Flute, Hailey Schneider - Clarinet, Cole Becker - Alto Sax, Asher Knudtson, -Bari Sax, Ben Roos - Trumpet, Ella Downing - French Horn, Hunter Hallengren - Trombone, Trigg Heimdal - Trombone, Michael Gonnerman - Euphonium, Brianna Swenson - Euphonium, Elliana Antoine - Percussion.

These students will perform at a concert at Morningside University on Saturday, January 6th with world-renowned composers and conductors Aaron Perrine and Andrew Boysen, Jr. Congratulations to all the students who auditioned and those who were selected for the Band!









MILFORD CUB SCOUTS AT HORSESHOE BEND

Lee Sorenson spoke with the Cub Scouts in September, at Horseshoe Bend. He taught them about the various areas that the Dickinson County Conservation Board assists with such as Dickinson County Nature Center, maintaining prairie and ditches, and recycling to name a few. Then the Cub Scouts participated in a 1.5 mile hike around Horseshoe Bend while naming birds and identifying tracks or signs along the trail.

A Million Thanks

To help honor the men and women serving in our Military, stop by any Bank Midwest location beginning on Monday, November 13th, until Friday, November 17th.

Bank Midwest is hosting a letter writing event through A Million Thanks, a 501(c)3 non-profit organization dedicated to supporting the U.S. Military. Since 2004, A Million Thanks has collected and distributed nearly 13 million letters of thanks and support to active, reserve, and veteran military.

"Honoring the men and women who choose to serve our country is so important," said Mary Kay Bates, President and CEO of Bank Midwest. "We invite everyone to visit Bank Midwest to write a letter of thanks. It's a simple gesture that could mean a great deal, especially over the holidays.'

Participating is easy. Stop by any Bank Midwest location, grab a pen and write a letter of support and encouragement. Bank Midwest will collect all the letters and deliver them to A Million Thanks on your behalf. A Million Thanks will distribute the letters.

To learn more information about A Million Thanks, stop by Bank Midwest or visit www. amillionthanks.org.

Bank Midwest is an employee-owned organization with 11 locations throughout Iowa, Minnesota and South Dakota. The financial institution has assets exceeding \$1 billion and is a full-service financial institution offering loans and traditional FDIC-insured accounts, as well as insurance, investment and trust services. *Investments and insurance services are not deposits, not FDIC insured, not guaranteed by the bank and may go down in value.





THE LAKES NEWS SHOPPER Tuesday, November 14, 2023

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Tiefenthaler Awarded Degree

 $Shaela\,Tiefenthaler\,of\,Okoboji, Iowa, graduated\,with\,a\,Doctor$ of Chiropractic degree from Palmer College of Chiropractic's Main Campus in Davenport, Iowa, on October 20, 2023. Palmer College of Chiropractic, the first and largest college in the chiropractic profession, has campuses in Davenport, Iowa; San Jose, California; and Port Orange, Florida.







LOS PUEBLOS MEXICAN AND AMERICAN GRIEB OKOBOJI, IA-EST. 2003 Happy Hour · Mon.-Thurs. · 2-5pm! ALL Margaritas & Beers 2 OFF (excludes premium margaritas) =TACO THURSDAY= \$1.50 Tacos - hard or soft shell All Day - Dine In Only! Bring in this coupon for \$2 off Lunch Specials/Combos Valid Monday - Friday, 11:00-2:00 Expires November 27, 2023 OPEN: Sunday-Thursday 11am-8pm Friday & Saturday 11am-9pm Hwy. 71 Arnolds Park 332-7315 f & AMERI





Dominant Day for Cyclones and Hawks

On a November Saturday with the biggest football games of the season for Iowa and Iowa State, both in-state Power 5 teams delivered their best performances of the season. Iowa took total control of the Big 10 West with a commanding 22-0 win over a Rutgers team that came into Kinnick Stadium with a 6-3 record and one of their better teams in recent years. Iowa State played the late game on ESPN at BYU, a team who was 4-0 at home and had only lost three-night games since 1990. The Cyclones, like their in-state rival Hawkeyes, came away with a dominant 45-13 win in Provo to move into a tie for second place in the Big 12. We'll start with the Iowa game since that was played six hours before the ISU game. This looked like a typical Iowa, Big 10 West game for the first half with both teams struggling to put points on the board and Iowa taking a 3-0 lead into the halftime locker room. The points continued to be hard to come by in the third quarter as the Hawks clung to a 6-0 lead entering the final stanza, but Iowa would take total control of the game in the fourth quarter to pull away from the Scarlet Knights. Iowa's defense was once again elite, shutting Rutgers out while holding them to just seven first downs. The Hawkeye special teams were also once again great, with Drew Stevens making 3 of 4 field goals on a breezy day and punter Tory Taylor averaging 47.7 yards per punt. What made this win so much sweeter for Iowa fans is their offense moved the ball and quarterback Deacon Hill had by far his best game as a Hawkeye, completing 20/31 passes for 223 yards and one TD. Hill was much more accurate than he had been, and the Iowa offensive line did a great job of protecting him so he had a clean pocket to pick apart the Rutgers defense. One of the most impressive stats for Iowa on the night was they had zero three and outs and Taylor only had to punt the ball three times! Iowa State entered their late-night game in desperate need of a win to get to the six-win mark to qualify for a bowl game, with their last two games against the leaders of the Big 12 in Texas and Kansas State. BYU helped the Cyclones cause by throwing an interception on their first pass of the game, and then fumbling the ensuing kickoff, helping ISU to a 10-0 lead early in the first quarter. It appeared the Cougars gained some momentum by trimming the lead to 10-7 midway through the first frame, but the Cyclones would answer with an Eli Sanders TD run and take a 17-7 lead into the second quarter. Iowa State dominated the second frame, scoring two more touchdowns on runs by Cartevious Norton and Abu Sama, putting the Cougars and their raucous crowd on ice while building a 31-7 halftime lead. BYU would cut the lead to 31-13 early in the third quarter, but ISU put the game away for good on a brilliant third and short play that wide receiver Jaylin Noel turned into a 66-yard TD reception. Rocco Bech had another great night for ISU, throwing for 203 yards with 2 TDs and no interceptions, and the running game and offensive line dominated, rushing for 234 yards on the night, led by freshman Sama's 110 yards. Iowa and ISU now control their own destiny to reach their conference title games, although Iowa has a much more realistic chance to make it there, needing just one win or another loss by one of the mediocre Big 10 West teams to make it to Indianapolis. Iowa State, on the other hand, will be big underdogs in their last two games vs #7 Texas and at #23 Kansas State. If Iowa can continue to improve on offense while still having elite defense and special teams play, they have a great chance to head to Indianapolis with a very impressive 10-2 mark. Iowa State has already overachieved with such a young team, and not many Cyclone fans, myself included, had this Cyclone team heading to a bowl game this year after their 1-2 start. After the tumultuous off-season that was marred by the gambling investigation at both schools, bringing on so many unknowns, Hawkeye fans and Cyclone fans should both be very excited to have their teams playing meaningful games in mid-November!

SNAPPETIZERS

CHEESE QUESADILLA Add Steak or Chicken (+4), Shrimp or Lobster (+6) • Quesadilla Sauce	12
CARIBBEAN NACHOS Slow Roasted Pork • Black Beans • Avocado • Mango Salsa • Queso	18
WINGS Traditional Bone-in Or Boneless (8) Sauces: • Teriyaki • Jerk • Buffalo • BBQ • Sweet Chili	15
MEGA PRETZEL Served With Queso	18
CHISLIC ** . Served On a Bed of Rice • Zesty Snappers Sauce	15
SOUTHWEST EGG ROLLS (3) Served With Sweet Chili Sauce	15
CRAB RANGOONS (5) Served With Sweet Chili Sauce	12
LOADED TOTS Pork • Black Beans • Onion • Queso • Sour Cream	18
WONTONS (5) Duck • Bacon • Sweet Corn • Sweet Chili Sauce	12
TOASTED CHEESE BITES Served with Tomato Bisque for dipping	12



ADD ONS: CHICKEN +4 • SHRIMP +8

HOUSE	10
Lettuce Blend • Carrots • Tomatoes • Radishes • Cucumbers	
Shredded Cheese • Add a Hard-Boiled Egg (+I)	

WINTER SALAD 15 Romaine Mix • Sliced Apples • Dried Cranberries • Pecans Feta Cheese • Red Onion • Maple Dressing

DRESSED CAESAR SALAD 13 Romaine Mix • Shaved Parmesan • Croutons • Caesar Dressing

GRILLED ROMAINE SALAD 13 Grilled head of romaine • Bacon Bits • Feta • Red Onion **Balsamic Vinaigrette**

> French • Ranch • Bleu Cheese • Caesar • Maple Greek • Balsamic Vinaigrette • Sesame Ginger



- Churcees
ADD ONS: SHRIMP (3) +8 • SIDE SALAD +5
IO OZ ANGUS PRIME RIB ** (FRI-SAT AFTER 5 PM) Baby Roasted Potatoes • Au Jus • Horseradish Sauce Add a Grilled Shrimp Skewer (+4)
FISH & CHIPS White Fish • Charred Lemon • Tartar • Fries & Coleslaw
MEATLOAF DINNER Mashed Potatoes & Gravy • Seasonal Veggie • Garlic Breadstick (+2)
SMACK & CHEESE

Intron

29

18

15

13

10

18

PRESENT COUPON FOR

ONE TIME USE - EXPIRES NOVEMBER 19TH 2023

F PRICE APPETIZER

CHILI BOWL Served with choice of Cinnamon Roll or Cornbread

Add Steak or Chicken (+4), Shrimp or Lobster (+6)

GRILLED SHRIMP DINNER 15 10 Skewered Shrimp served on a bed of rice • Side Choice



BOAT HOUSE BURGER **.... 8 Oz. Angus Burger • Bacon • Cheddar • Veggies on Side

MISS THRILLER **.... 16 8 Oz. Angus Burger • Queso • Jalapenos • Spicy Crunch Topping • Veggies on Side

MISS CHIEVOUS 17 Grilled Chicken Breast • Pepper Jack Cheese • Jalapenos • Veggies on Side

EAST LAKE CHICKEN SANDWICH 17 Grilled Chicken Breast • Lettuce • Tomato • Avocado • Garlic Aioli • Honey Mustard

Sliced Prime Rib • Swiss • Sauteed Peppers & Onions • Au Jus • Ciabatta Hoagie

CUBAN 15 Slow Roasted Pork • Ham • Pickle • Swiss • Carolina Sauce • Ciabatta Hoagie

*Premium Sides On Snappy Bites +2



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BINGO Feather Party

BINGO 2 19 32 46 66

Terril American Legion

Page 7



• Wed., Nov. 15: Mushroom & Swiss Burger **Pan Fried Chicken** • Thur., Nov. 16: Black & Bleu Burger Spaghetti **Chicken Philly** • Fri., Nov. 17: **Country Fried Steak** • Mon., Nov. 20: Hot Beef **Taco Salad** • Tues., Nov. 21: CLOSED WEEKEND SPECIAL (starts at 4PM) • Fri., Nov. 17: Fish Fry **Country Fried Steak**

10 oz. Sirloin No Prime Rib OD D Dibe on Saturday • Sat., Nov. 18: **BBQ Ribs**

Book your Birthday Party or event with us! We have a special menu for your special occasion.

Hwy. 71 South • Arnolds Park, IA • 712.332.8074





The publisher does not necessarily share the views/opinions stated in the "Letters to the Editor" published in The Lakes News Shopper.

Dear Board of Supervisors,

We formally request a two-year moratorium on wind turbine applications be added to the November 14, 2023, agenda as an action item.

During the last several months, the people of Dickinson County have made their desire for a moratorium known to the board through phone calls, written correspondence, letters to the editor, over 1500 petition signatures and attendance at multiple meetings expressing their concerns about the potential impact on the environment, property values, local economy, future growth, property rights and quality of life for the neighbors in the project area.

We firmly believe that a two-year moratorium on wind turbine applications will allow the Planning & Zoning Board appropriate time to create an evidence-based wind energy conversion system ordinance.

It is crucial the board take immediate action to protect our community. Therefore, we urgently request that you address this issue by adding a wind turbine application moratorium to your November 14th agenda. Thank you for your time and attention to this matter.

Arts On Grand and Clay County Heritage to host 2023 Tour Of Homes

Arts on Grand and the Clay County Heritage Center will be hosting the 2023 Tour of Homes, providing a lovely segue for

the holiday season on Saturday, November 18, from 10:00am to 5:00pm. Six uniquely decked homes will be included on the tour, presenting a variety of homes with historic significance within the community, as well as two modern, new builds.

Tickets are \$20 and can be purchased online at https://www.artsongrand.org/other-events.php, at Arts On Grand (408 Grand Avenue, Spencer) and The Clay County Heritage Center (7 Grand

Avenue, Spencer) beforehand.

Tickets will also be sold the day of the event from 9:00am to 4:00pm at both Arts On Grand and The Clay County Heritage Center. Tickets will not be sold at each home. Please redirect yourself to these two ticket locations.

CLAY COUNTY HERITAGE

The same day, Arts On Grand will host a variety of beautiful table settings for ticket holders to enjoy viewing from 10:00am - 4:00pm.

The following homes will be on tour:

Eve and Darin Freeman

A Mid Century Modern home surrounded by oak trees along the Little Sioux River houses Eve's art studio and several other rooms original to the home.

Rhonda Olson

Rhonda has added her personality to this pretty place and is anxious to give you a welcoming hug.

Ann and Mark Vandehaar

This historic terracotta, masonry, and brick home is near the Cornwall Dam along the Little Sioux River. The owners of this charming home are anxious to share some of its history with you. IGL Construction

This is a newly built 3 bedroom 2 bath open concept home. We look forward to welcoming you, decorated and ready to entertain your family and friends this holiday season.

Hallett & Thiesen Construction

This 3 bedroom 2 bath home is close to a new walking path and Muni Golf Course. We hope to see you at this year's Tour Of Homes and hope you are inspired.

The Parker Museum

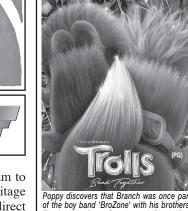
An excellent example of the arts-and-crafts style of architecture, with recently restored wood floors and decorated for the holidays is a must see for anyone. Such a beautiful nostalgic home.

The Tour of Homes will have open visiting hours from 10:00am to 5:00pm. Patrons are invited to visit the homes in any order they wish that day. Tickets are available for presale at a cost of \$20 per person and may be purchased online at https://www. artsongrand.org/other-events.php, at Arts on Grand and the Clay County Heritage Center on Grand Avenue in Spencer. Tickets for the tours will also be available the day of the event at these

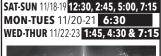
two locations exclusively from 10:00am - 4:00pm. To find out more, please contact Arts On Grand at 712-262-4307 or Clay County Heritage at 712-262-3304.



MILFORD PIONEER THEATRE 905 Okoboji Avenue Milford • 515-207-2306 milfordpioneerth<u>eatre.com</u> NOW PLAYING NOV. 17-23



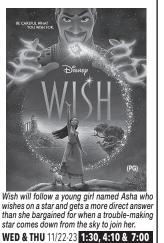
Floyd, John Dory, Spruce and Clay. When Floyd is kidnapped, Branch and Poppy embark on a journey to reunite his two other brothers and rescue Floyd. FRIDAY 11/17 4:30 & 6:50







Captain Monica Rambeau. Together, this unlikely trio must team-up and learn to work in concert to save the universe as "The Marvels." FRIDAY 11/17 4:20 & 7:10 SAT-SUN 11/18-19 1:15, 4:00 & 6:50 MON-TUES 11/20-21 6:50



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THE LAKES NEWS **Auctions** Page





VETERANS OF FOREIGN WARS.

John W. Kidd Post 4514 nity Based Service Organiz **Music & Dancing** 6:00-8:00 PM Tuesday, November 14 **Itty Bitty Boji Band**





www.smokinjakes.com



Thank You, to every

one who voted for me

for City Council!

Time to get back to work making Spirit

Lake even better! Also, congratulations

to Brett Johnson and Dave Mensing,

our two new Council members, and

our new Mayor, Kevin Bice! Looking

Keith Brockmeyer,

City Council, Spirit Lake

To everyone who

supported me in the

recent election for

mayor in Spirit Lake:

As your future mayor,

I will continue to keep

moving in the positive

its citizens deserve

and expect.

Thank you,

KEVIN BICE

forward to working together these

next four years!

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LETTERS TO THE EDITOR

The publisher does not necessarily share the views/opinions stated in the "Letters to the Editor" published in The Lakes News Shopper. Letter to the Editor:

When Dickinson County Concerned Citizens began the process in June to request the revision of the 2009 Article #21 Ordinance, we knew it would be an uphill, challenging process. What we didn't realize and are sorely disappointed in is the level of one-sidedness toward the wind developers and the unwillingness to look and listen to the concerns of Dickinson County residents those already affected by wind turbines placed using improper citing and the future of our rural residents who will be affected by these industrial wind turbines.

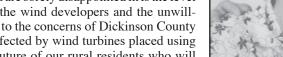
The subcommittee met numerous times to create recommendations for revision to the Planning and Zoning Committee. Our DC3 representatives tried to present data from current research experts and other Iowa Counties, but it was denied and ignored. These meetings were clearly sided toward pro-wind and did not provide for improved safety and health of our citizens. Areas of concern are noise level, shadow flicker, ineffective turbine setback distance, and the use of the home instead of the property line for setback measurement. The P & Z Committee is currently completing their final revision to the ordinance and will submit to the Board of Supervisors. Then public hearings will be scheduled to give our citizens the opportunity to make their voices heard. The next P & Z meeting is on November 20th at 1:00 p.m. at the courthouse.

People will clearly see that the priority is to protect these wind turbine projects and not to protect the people as they evaluate this recommended ordinance revision. At the final sub-committee meeting, it was stated that we were just trying to stop the RedRock project by increasing the setback distance so far that it would kill the project. The DC3 team knew even before asking for the ordinance revision in June that when the RedRock Wind application was submitted to the county, it would be evaluated by the ordinance currently in place....the 2009 ordinance.

The Board of Adjustment members made their decision 3-1 to deny the RedRock project. We are grateful for their decision to protect our homes and health!! Unfortunately, that was only one step. There are two additional projects that have FAA approval for industrial wind turbine projects. We must continue to fight for the protection of our citizens!!

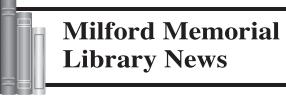
Thank you to all who have joined efforts to help protect our community!

Kris Van Kleek, Milford, Iowa



Anniversary Announcement

John and Bev Harmelink will be celebrating their 70th Wedding Anniversary on November 27th, 2023. They have lived in Spirit Lake since 1980. If you would like to help them celebrate, please send cards, letters, well wishes to: John Harmelink, 15380 213th Avenue, Spirit Lake, IA 51360.



Youth News Week of November 13-17, 2023 Uh oh! Another animal has left their tracks behind at the Milford Memorial Library. Come check out these tracks that lead

your kiddos to the Youth Area. This month's book displays are Kevin Henkes, Thanksgiving, squirrels, wheels and axles, and a variety of non-fiction. Miss Becca also has some November home connection sheets. They are turkey sugar cookie recipes,

gratitude scavenger hunts, and pet turkey writing prompts. Don't forget that we have STEAM bags and Wonderbooks for the kiddos too. Lastly, here are some calendar reminders: Minds in Motion (sensory play) is at 10:30 a.m. on Monday, November 20, and Building Bookworms (storytime) is at 10:30 a.m. on Monday, November 27 (theme: foxes, craft: yarn wrapped fox). As always, if you have any questions, please email Miss Becca (beccas@ milford.lib.ia.us), or give the library a call (712-338-4643).

LETTERS TO THE EDITOR

The publisher does not necessarily share the views/opinions stated in the "Letters to the Editor" published in The Lakes News Shopper.

To the Editor: Thank you!

I would like to thank the community members that supported me during my candidacy for the Spirit Lake Board of Education. The past six weeks has been a very revealing time. I don't regret running because I believe having a contested election brought some things to light. And while it's easy to talk about all the positive things in our district, it's a lot tougher to talk about the real and relevant issues our district is facing. Here's a start;

I challenge the board members to spend time in classrooms to understand the climate of each building and the needs of our teachers.

I challenge our building leaders to implement evaluations so that teachers can be rewarded and recognized for the hard work they do every day on behalf of your children!

I challenge our administration to publish the board packets and all expenditures on our website to build trust with our community. I believe there is a silver lining in all of this and that it will benefit the kids!

Sincerely, Michele Goodenow, Spirit Lake, Iowa

Adopt a Family for Christmas

If you are a Dickinson County family experiencing financial difficulties, Upper Des Moines Opportunity, INC. would like

to brighten your Christmas. The Upper Des Moines Opportunity Outreach Office is accepting



applications for our Adopt a Family program, now through December 1st. Please stop in our office at 1575 18th Street Spirit Lake, IA to pick up your application or you may call our office at 712-336-1112.

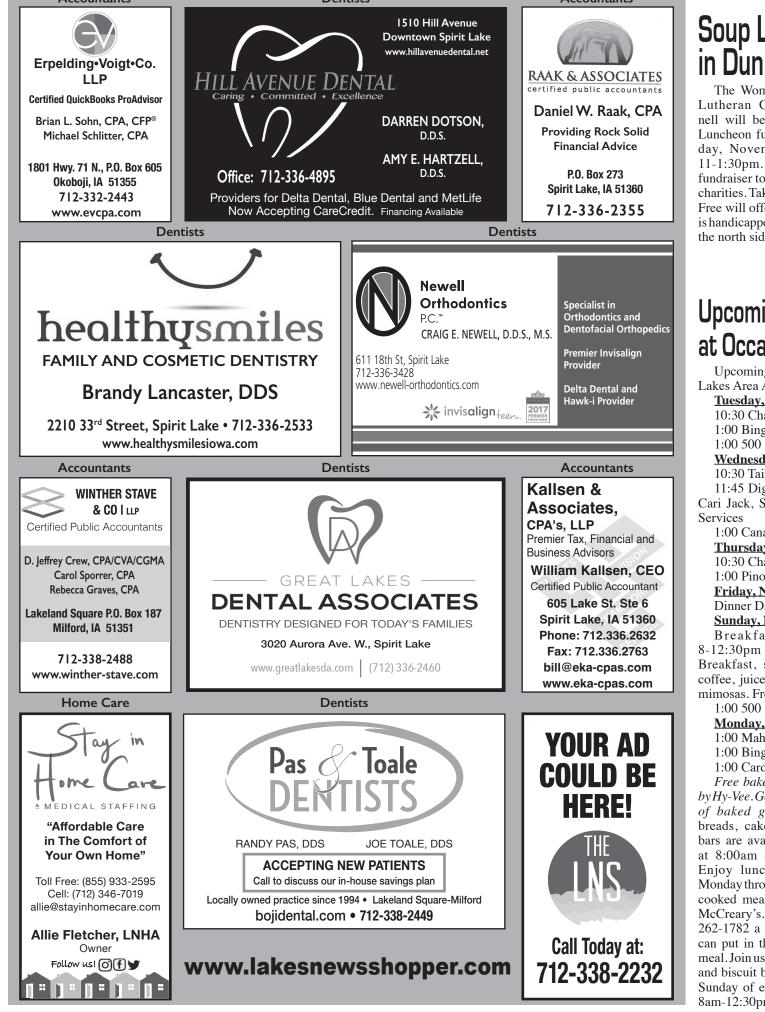
For more information on how to Adopt a Family or contribute to our program, you can also call the UDMO Outreach office at 712-336-1112.

Names of all applicants are confidential.

direction this city and **Move In Now** No Rent Till Dec 1 with ACH payment **MILFORD STORAGE** 10 x 24 Units \$75/mth plus tax 712-330-4752















The Women of Immanuel Lutheran Church in Dunnell will be hosting a Soup Luncheon fundraiser on Sunday, November 19, from 11-1:30pm. This will be a fundraiser to support our local charities. Take out is available. Automotive Repair Free will offering. The church is handicapped accessible from **Upcoming Events** at Occasions www.lakesautosport.com Upcoming Activities at the Lakes Area Activity Center 712-336-2198 Tuesday, November 14 10:30 Chair Exercise Wednesday, November 15 Hwy. 71 & 9 **Spirit Lake** 11:45 Dig In & Discover -Cari Jack, St. Croix Hospice 712-336-4535 **"BECAUSE FISH** Thursday, November 16 **DON'T CARE WHAT** 10:30 Chair Exercise You PAID!" Friday, November 17 Dinner Date and activities Sunday, November 19 Breakfast Fundraiser 8-12:30pm Sausage Gravy Breakfast, scrambled eggs, coffee, juice, sweet bites and mimosas. Free Will Offering. 1:00 500 and Pinochle Register to win Monday, November 20 1:00 Mah Jong a Frabill Ice Hunter 285 Free baked goods donated by Hy-Vee. Generous donations (\$899.99 value) of baked goods, including breads, cakes, cookies, and Registrations taken through bars are available for pickup at 8:00am on Wednesdays. Enjoy lunch at Occasions Monday through Friday. Home In-store registrations only. cooked meals are catered by McCreary's. Simply call 712-Berkley 262-1782 a day ahead so we can put in the order for your Shakespeare fenuio meal. Join us for sausage gravy **Abu** Garcia. and biscuit breakfast the third MITCHELL Sunday of every month from



Secret Santa Program

Okoboji Flooring & Furniture, the Campus Women's Club, and the Milford Memorial Library are hosting a Secret Santa Program in hopes of brightening the holidays for less fortunate children in the area.

Children in the Milford area may be nominated for this program through emailing *info@okobojiflooring*. *com*, visiting *okobojiflooringandfurniture.com*, or by stopping into Okoboji Flooring & Furniture in Milford or the Milford Memorial Library! Deadline for inclusion is November 27th.

This year, the Secret Santa Program will be hosted at Okoboji Flooring & Furniture, 1007 Okoboji Avenue, Milford. Individuals, businesses, and organizations may begin selecting names off the tree to adopt on December 1st at Okoboji Flooring during normal business hours, Monday through Friday. 9:00am to 5:00pm. Deadline for gift turn in is December 14th.

The goal with Milford Secret Santa is to bring the community together to help those within it who are struggling, to have a memorable and joyous holiday.

Okoboji Flooring & Furniture, 1007 Okoboji Ave - Milford, IA 51351. 712-338-6161. okobojiflooringandfurniture.com

AN OKOBOJI TRADITION FOR 50 YEARS! WE'RE OPEN DURING HWY. 71 CONSTRUCTION

BE OUR GUEST:

WED, THURS: 5pm - 10pm FRI & SAT: 11am - 11pm SUN: 11am - 3pm CLOSED MONDAY & TUESDAY

*Hours subject to change from road construction.

in OKOBOJI

57712.332.9421 tweetersokoboji.com









Valid 11am-4pm Daily * Not Valid With Other Offers

One Coupon Per Ticket * Expires 12/07/2023

HOLIDAY BAKESHOP ORDER FORM

Please complete and bring or mail this form to Perkins®, or reserve by phone 24 hours advance notice appreciated.

CONTACT INFORMATION

Email Address

Name

_ Phone

ddress_____ Pick-up Date

____ Pick-up Time

Let the perks begin. Sign me up for MyPerkins® eClub

QTY. SPECIALTY PIES

Banana Cream 14.99
Caramel Apple 14.99
Cherry14.99
Chocolate French Silk 15.99
Coconut Cream 14.99
Heath Crunch Cheesecake Pie 16.49
Homestyle Apple14.99
Lemon Meringue14.99
Peanut Butter Silk 15.99
Pumpkin14.99
Wildberry (no sugar added) 14.99

QTY. CHEESECAKE

___New York Style Cheesecake \$31.99

ONLINE ORDERING NOW AVAILABLE AT PERKINSRESTAURANT.COM Milford, IA • 712-338-4060 • Open Sun.-Thurs. 6am-9pm & Sat.-Sun. 6am-10pm

QTY. CAKES

Carrot	\$47.99
Chocolate Overload	\$47.99
Raspberry Lemon Drop	\$5.39
Chocolate Peanut Butter Drop	\$5.39

Valid 4pm-Close Daily * Not Valid With Other Offers One Coupon Per Ticket * Expires 12/07/2023

QTY. GIFT CARDS

Reloadable Gift Cards*\$5-\$100									
Gift Card Amount									
Subtotal	Gift Cards								
Sales Tax	Total Due								
(5)									

(Please pay at time of pick up)







FREE FOOD **FOR THOSE IN NEED**

MILFORD MOBILE FOOD PANTRY



NOVEMBER 16 4:30рм - 6:30рм

(THIRD THURSDAY OF EVERY MONTH)

DOWNTOWN CHURCH 2105 NAVE, MILFORD, IA LOCATED NEAR CHERISHED AGAIN/LNS

FOOD PANTRY IS FREE OF CHARGE. PLEASE DO NOT ARRIVE BEFORE 3:30PM FOR MORE INFORMATION, EMAIL DCHUNGERC@GMAIL.COM

> FOOD IS ALSO AVAILABLE 24/7 at: **Spirit Lake Senior Center** Milford Blessing Box at the Harbor of Joy Church

> **Randy's Pantries at Milford LRH Physical Therapy**





This might be their first holiday clean and sober, and they do not know what to expect.

Despite all the things that I shared as my favorite things, here is what I have come to know and expect around the holidays. Depression and anxiety increase for many who already struggle, and some who have not before. The number of calls that come in on a crisis line will increase significantly. Food pantries will see a substantial increase in the number of people and families requesting assistance. Homeless shelters fill up faster. The wait times to get into substance abuse in-patient treatment double or triples compared to the other times of the year. Hospitals and Emergency Rooms will become overloaded. Law Enforcement will not have a chance to rest. And the already full beds at Discovery House become the best gift some could ask for.

Our houses are filled with people who become family, even on the holidays. Thanksgiving and Christmas meals happen in the dining room of the main house. After filling up on turkey and all the delicious sides, people break off into smaller groups to watch football, play card games, or just sit and talk. This year, I was presented with an opportunity to provide sober living to more people through the generous donation of a third house in Spencer. Because of that, I can offer the absolute best gift I could give to anyone. I have been working long days since taking possession of the Spencer house on September 8th, and the time has come. Right now, I could comfortably offer a spot to 6 people from our ever-growing wait list. Unfortunately, we have not secured the new beds yet. We are unable to accept used beds, so that adds a bit of a challenge, but if we can get 6 twin sized beds, we will be open before the holidays. If you would like to sponsor a bed or a room (two beds), you can order directly from one of the local furniture stores (shop local, please!), or you can contact me to give a cash donation that I will use for the purchase of beds. We received a very generous donation of sheets, towels, and pillows for these 6 beds as well as the other 4 we will add soon. We will begin taking donations of bedding/ blankets that are in good condition in Spencer now as well. It is my sincere hope that we can open the doors for these 6 before Thanksgiving, but before Christmas for sure.

If you would like to give a cash donation, purchase a bed, volunteer time, or provide household supplies, please contact one of our offices at 712-336-5340 or 712-580-5340. You can also reach me by email at discoveryhousedirector@gmail.com or on my cell phone at 712-363-2722.

In His grace, Jessica

Glaedelig Jul A Scandinavian **Musical Christmas Celebration 2ND ANNUAL FUNDRAISER** for Brugjeld-Peterson Point Historic Farmstead November 19th • 1-4:30 pm Admission \$15/person includes appetizers. 1-1:45 pm Open House at Peterson Point Farmstead 2349 450th Avenue, Wallingford, IA

2-3:30 pm Concert at Ingham Lake Bible Camp Chapel Scandinavian & Traditional Christmas Songs A Concert by Glenn Henriksen & Friends 3:30-4:30 pm Fellowship, Scandinavian Treats **& Silent Auction**

God Jul!

LOCAL. AFFORDABLE.

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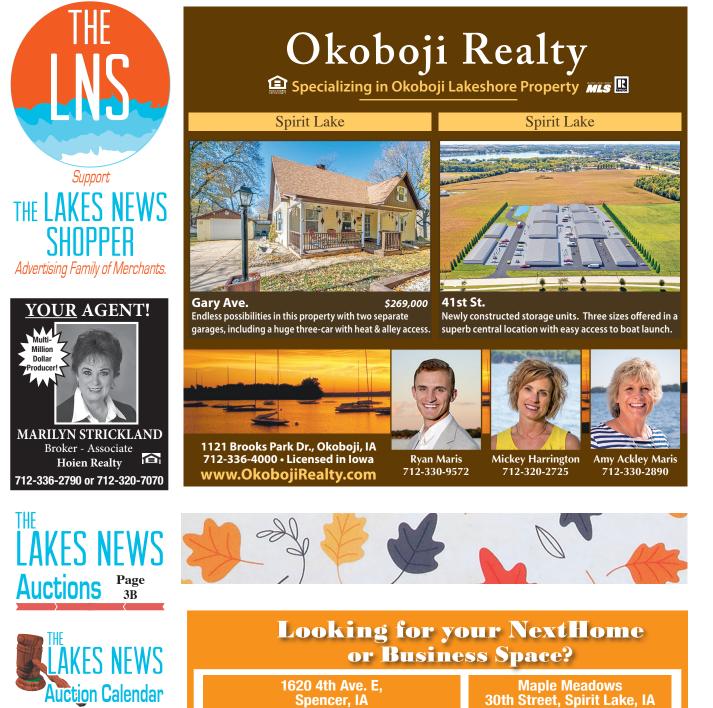
Kiwanis Club Makes Donation to The Timber Bay Program Milford Kiwanis members Duane Hurley, left, and Erin

Frerichs, right, present a check in the amount of \$1,000 to Timber Bay mentor, Todd McQuown,

Timber Bay is an organization of dedicated youth workers committed to personal, ongoing mentorship with young people serving students in Minnesota, Wisconsin, and Iowa. The Central Office for this outreach program is located in Medina, MN. As an Area Director, McQuown partners with the Okoboji and Spirit Lake schools to weekly connect and build relationships with youth in and out of school. The Timber Bay program focuses on teens of all backgrounds in our area and helps to challenge and serve them in their growth. This is accomplished with positive role modeling and a safe, relational place for kids and their families to grow together. Timber Bay also provides year round campership activities.

The Milford Kiwanis is proud to be a sponsor of this program which benefits area youth. Thank you, Mr. McQuown, for your expertise and leadership!





Wed., Nov. 15 - 11:00 AM -Farm retirement auction in Gilmore City, IA . Auctioneers: Winegarden & Malecek. 712-335-3117

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Sat., Nov. 18 - 9:00 AM -Large Coin auction in Windom, MN. Auctioneer: Gravley. 507-822-0403. www.auctionsgo.com.

Sat., Nov. 18 - 9:00 AM -Gun auction in Estherville, IA. Auctioneers: Howells & Helmers. 712-260-9690. www.howellrealestateandauction.com.

Tues., Nov. 21 - 01:00 AM -Farm retirement auction in Pomeroy, IA . Auctioneers: Winegarden, Malecek & Lynch. 712-335-3117.

Tues., Nov. 28 - 10:00 AM -75.59 acres at auction in Jackson Co., MN. Auctioneers: Dan Pike 507-847-3468. www.danpikeauction.com.

Thurs., Nov. 30 - 10:00 AM -Farm Retirement auction in Algona. Auctioneer: Hallberg Auction and Real Estate. 800-373-2255. www.hallbergauction.com.

Wed., Dec. 6 - 10:00 AM -150 Acres at auction in Gruver. Auctioneers: Midwest Land Management. 712-262-3110. www. midwestlandmanagement.com.



Come see this spacious brick home with a huge back vard in Spencer Sunday November 19 from 1-2pm. With over 1900 sq.ft of living space, 3 large bedrooms, one full bath and a 3/4 bath with laundry room all on the main level! The great room has a gas fireplace and could be utilized in a variety of ways. With a 2 car attached garage plus carport and 2 sheds in the back yard, there is plenty of storage for all of your toys. Don't miss your chance to make this home your own. **\$219,000**



Spirit Lake, IA _ooking for a place to live & have someone else pay part of our mortgage or just looking for an investment property? his is the place! This duplex is just over 2200 sq. ft. total. Each unit is approximately 1100sq. ft. w/2 bedrooms plus a conus room and a full bathroom upstairs. Each unit's main loor also has their own laundry w/half bath, kitchen with door to the back yard, and a fireplace & vaulted ceilings in the living room. Located on a quiet cul-de-sac with a huge back yard close to East Lake Okoboji, this could be the one! **\$270,000**

2706 Adams Avenue #A & B

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3 car garage with safe room.

STARTING AT \$339,000

ONLY 2 LEFT!

,580 sf with 3 bedrooms, 2 baths,





EAST LAKE OKOBOJI **101 19th Street ~ Unit 103** MLS: 230906

OPEN HOUSE Sunday, Nov. 19 12:30-1:30 PM

Enjoy 3 levels of condo living, each providing direct and uninterrupted views of East Lake Okoboji - including a lowerlevel walkout placing you just steps from your boat! \$539,000



EAST LAKE OKOBOJI 1028 Hwy 71 S ~ #201 MLS: 231122

OPEN HOUSE Sunday, Nov. 19 2:00-3:00 PM

This stylish condo places you right in the heart of Okoboji. Recently updated with new kitchen cabinetry and appliances, LVP flooring, quartz counters, island, fireplace and slats. \$778,000



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HUNTER

Page 12

Obituaries

Terrilyn Kay (Williams) McDonnell, 64, daughter of Sharlene L. (Boernsen) Leith and Donald J. Leith, of Afton,

Iowa, and the late J. Thomas Williams and Delores (Olson) (Peters) Williams, of Spirit lowa, passed away, Lake, Saturday, peacefully, on, October 21, 2023, at her home, in Pittsburgh, Pennsylvania, with her husband, Paul, and daughter, Elena, by her side. A Celebration of Life Service, honoring Terri, will be held Saturday, November 18, 2023, at 2:00 PM, at the Jerusalem United Methodist Church, REA



Road, NE of Creston, Iowa. Rev. Jim Morris will officiate. The family will receive guests, at the church, following the service.

Terri met the love of her life and soulmate, Paul Francis McDonnell, of Cleveland, Ohio, in Omaha, Nebraska, at a party for a mutual friend. Terri and Paul were married on July 3, 1993, at Jerusalem United Methodist Church, rural Creston, Iowa. A daughter, Elena Johanna, the delight of their life, was born to Terri and Paul. The family lived in Cleveland, Ohio; Colonia, New Jersey; and Pittsburgh, Pennsylvania

Terri was born on December 19, 1958, at Spencer, Iowa, and spent her childhood years growing up on the family farm west of Milford, Iowa. Terri began her school days at Milford and Creston, Iowa, graduating from Creston Community High School, with the class of 1977. She continued her education at Simpson College and Iowa State University, where she received her undergraduate degree in Social Work. She was awarded her master's degree in Social Work, from the University of Iowa. Terri began work, as a Social Worker, at Mercy Medical Center, in Des Moines, specializing in pediatric trauma patients.

Terri started a successful health care recruiting agency, which she continued until her illness in July. 2021. She took great pride and enjoyment in helping others grow and achieve their professional goals.

It was a joy to be in Terri's company. She was upbeat, fun, funny and organized. Terri especially enjoyed living near New York City. Her planned excursions, while visiting there, are a treasure to remember. Terri was a fabulous cook and hostess and she and Paul enjoyed entertaining guests in their home. Terri had a keen sense of entrepreneurship and a large sense of adventure. She enjoyed physical exercise and being active. Throughout her cancer journey, Terri's strong determination and tenacity was inspirational, as she continued to walk daily, even while in hospice.

Terri was a devoted wife, mother and homemaker. She loved life and adored her husband, Paul, and daughter, Elena. Terri loved adventure and made it a point to teach Elena the thrill of being adventurous, as well.

Preceding Terri in death are her father, Tom Williams, and father-in-law, Pat McDonnell, grandparents and several dear aunts, uncles and cousins.

Left to mourn Terri's loss are her husband, Paul McDonnell, and daughter, Elena, (husband, Jonah) Golomb. Parents, Shar and Don Leith, Afton, IA and Bobbi Williams, Milford, IA. Sister, Rebecca, (husband, Mike) Kuckta, Council Bluffs;brothers, Jeffrey (wife, Linda) Williams, Payette, ID and Gregory Williams, Milford, IA; sisters, Debra (Mike) Jacka, Middlebury, IN, and DeeDee Peters, Pipestone, MN and brothers Dennis Leith, Dean Leith (Patti Kralik), Creston, IA, and Dan Peters, Des Moines, IA, as well as Paul's family, cousins, nieces and nephews and many dear and special friends.

Terri's passing leaves a void in the lives of all who knew and loved her. She will be dearly missed by her family and friends.





Mardel Theresa (Hassel) Heywood was born on a farm seven miles east of Graettinger on December 19, 1932,

in the midst of the "Great Depression." She was the only child of Benedict and Mayme (Boecker) Hassel. She passed away on November 7, 2023, at her home in Spirit Lake, at the age of 90, surrounded by her family

A mass of christian burial will take place on Saturday, November 11, 2023, at 10:30

AM, at St. Patrick's Catholic Church in Estherville. Visitation will take place, from 5-7 PM, on Friday, November 10, 2023. at the church. Burial will take place at St. Patrick's Catholic Cemetery in Estherville.

She began 1st grade at a country school called "Hoprig Corner" in Graettinger. In 2nd grade they moved to Gruver where she graduated from high school in a class of 13 students in 1950. During her high school years she played basketball, which she continued to enjoy throughout her life. After high school graduation, she attended Mankato Commercial College. Upon graduation, she secured a job as a secretary for Hill Packing Company in Estherville. Thereafter, she worked at the DEK and Estherville Co-op Creamerv.

On September 29, 1956, she married Robert J. Heywood at St. Patrick's Catholic Church in Estherville. They resided there for many years while he was owner of Motor Inn, Inc. In 1985 they moved to Okoboji to enjoy semi-retirement. She was a member of St. Patrick's Catholic Church while

in Estherville, and later a member of St. Mary's Catholic Church in Spirit Lake. She was a volunteer at Lakes Regional Healthcare in Spirit Lake for many years.

She especially enjoyed family holiday get-togethers and family cruises. She loved watching lowa Hawkeye basketball as well as lunches with her YMCA friends. Reading was a passion, particularly the Wall Street Journal.

She is survived by her 4 children, their spouses, and 7 grandchildren: Jon (Louise) Heywood of Milford, MI and The Villages, FL, granddaughter Natalie of Orlando, FL; Mark (Colette) Heywood, grandson Spencer, all of Spirit Lake; granddaughter Sara of Billings, MT; Cathy (Gary) Cohrs of Spirit Lake, granddaughter Courtney of Sioux Falls, SD; Nancy Heywood, grandchildren David, Steven and Kristen Kilburn all of Lenexa, KS.

She was preceded in death by her husband and parents. Online condolences may be left for the family at www. henryolsonfuneral.com.

Word Search Puzzle Key from page 7A

Κ	Ν	R	Ν	Н	D	P	R	V	R	D	0	E	Е	М	Н	М	В	L	K
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Weekly Social Gathering

You are invited to a weekly social gathering every Wednesday from 12:30 - 4:30pm at the American Legion in Milford. Coffee will be provided. They hope to see you there!

SL VFW Performers

ham, Declan Donovan, Ella The following musicians Downing, Lydia Downing, will be performing at the Spirit Lake VFW on Tuesdays from Trey Downing, Zoe Drost, Andrew Frerichs, Aidan 6:00-8:00pm. Admission is Gehrke, Michael Gonneronly \$5, come and listen to man, Hunter Grems, Hunter your favorite songs. Hallengren, Trigg Heimdal, • Nov. 14 - Itty Bitty Boji Band Brielle Hesse, McKenna • Nov. 21 - The senders Hesse, Marc Hoggard, Sam • Nov. 28 - Terry Klein Hoggard, Finn Jack, Jillian • Dec. 5 - Steve Lang Jorgensen, Ray Kaiser, Ash-• Dec. 12 - Al Lang er Knudtson, Cael LaRue, • Dec. 19 - Tim Horsmann

• Dec. 26 - Terry Klein Tops Meetings

Tops Chapter #369, Spirit Lake, meets Friday mornings at 10:00am at the Spirit Lake United Methodist Church, 1812 Gary Avenue, Spirit Lake (use east door). If you are one that needs help with motivation and food planning to lose weight, this may be the support group for you. Visitors are welcome to

Pioneer Pride Marching Band Wraps Up A Great Season

The Pioneer Pride Marching Band completed its 2nd season by placing first overall at the Small Town Showdown in State Center, IA, with caption awards for Best Percussion, Best Color Guard, and Best



Owen Riphagen, Ben Roos, Alex Rouse, Hailey Schneider, Annamaria Simone, Preston Sires. Brianna Swenson, Dalton Vinke, Kassadi Weishuhn, and Mya Whiting.

The Color Guard was coached by Maggie Doyle and featured Adi Frerichs, Aubry Knudtson, and Maddison Lambert.

Be watching the news and social media for fundraising opportunities to help the Marching Band purchase new uniforms for next season. We look forward to seeing where these students take us in the years to come. Congratulations to director James Kunz and all of these talented students!

Regular Quarterly Meetings Foster Stronger Safety Measures in Harris-Lake Park, Graettinger-Terril, Okoboji, and Spirit Lake Schools

As part of a dedicated effort to fortify the safety measures in schools across the districts of Harris-Lake Park, Graettinger-Terril, Okoboji, and Spirit Lake a recurring quarterly meeting has

been established between key stakeholders and law enforcement officials. This collaborative initiative, now in its second year, has proven to be a pivotal forum for the exchange of vital insights and the implementation of advanced safety protocols, en-

suring the security of students, faculty, and staff within the school communities. The meetings, attended by each school Superintendent or a Principal, of the four districts, as well as the Chief of Police, the Sheriff, HEAT (High-risk Entry &

Soloist (Cole Becker, Alto

Saxophone) and a strong

finish at the Dutchmen Field

Championships in Orange

include: Terry Adams, Elli-

ana Antoine, Cole Becker,

Tyler Christenson, Aiden

Clark, Annie-Sarah Cle-

ments, Addison Cunning-

Oliver Miller, Brody Mohni,

Issac Munsen, Dulce Orte-

ga, Kaidance Paul, Anna

Quanbeck, Keegan Ras-

mussen, Nathan Rasmussen,

Marching Band members

City, IA.

Arrest Team) Commander and Dickinson County Emergency Management, serve as a platform for robust discussions on various crucial aspects related to school safety. Themes of discussion encompass the implementation of the widely recognized ALICE Training method, working to bring further training to the county for our schools and responders, addressing pertinent current issues, fostering an environment of knowledge-sharing and mutual learning, and ensuring uniformity in emergency response plans across all educational institutions. Recently, the group has begun implementing a new emergency radio system, designed specifically for both schools and buses, aimed at enhancing communication and response capabilities during critical situations. "When the County Board of Supervisors was working to fund the new countywide public safety radio system, they saw the importance of including the schools in the new system. As a result, all buses will be outfitted with new radios that will operate on the same system that our public safety agencies use so that when needed, we can communicate directly to the schools, the buses, and their staff. This will complement the radios that each school building is getting through the Governor's school safety program," said Mike Ehret, DCEM. In addition, 3D imaging of the school buildings was completed and continues to be updated. This allows our responders to take a virtual tour of the schools during downtime so that they can become more familiar with each school's layout. Through sustained engagement and collaborative efforts, the participating parties remain committed to fostering a secure and conducive learning environment for the students. The proactive approach adopted by the schools and the law enforcement authorities exemplifies a shared dedication to the well-being and safety of the community.





Betty Sangel at 712-320-4458. AA Meetings

Tuesdays at 7:00pm, at Jackson Center for the Arts (309 2nd Street, Jackson, Minnesota). For more information, contact Aili at 507-840-0639.

Al-Anon Meetings

Milford Al-Anon meetings will take place Monday nights at 7:30 at St. Joseph Church. Use west classroom door.

Thursday meetings at Calvary United Methodist Church in Arnolds Park have closed. Call District 2 at 712-580-

4406 for more information.

LRH Recognized For Performance Leadership

Lakes Regional Healthcare (LRH) recently received the 2023 Performance Leadership Award for excellence in Quality and Patient Perspec-Lakes Regional Healthcare tive by the Chartis Center for Rural Health. This is the sixth consecutive An Avera Partner year LRH has been recognized by Chartis. The Performance Leadership Awards honor top quartile performance among rural hospitals in quality, outcomes, and/ or patient perspective using the same CMS data that is used to determine hospital star ratings. LRH is also a five-star hospital according to CMS and is the only hospital in the western half of Iowa, and one of five Avera-affiliated hospitals, to receive the prestigious rating.

attend their first TOPS meeting free of charge without obligation.Formore information, call

The Jackson Java open AA meetings will resume on



For more information about the award, visit https://info. chartis.com/ccrh-index-programming.

For further information, please contact Mike Ehret, Dickinson County Emergency Management, 712.336.3987 or mike@dcem.us.





Iowa Lakes Announces 24th Annual **Elizabethan Madrigal Feaste**

Hear ye, hear ye! Iowa Lakes Community College's Music Department is delighted to announce the arrival of the 24th Annual Elizabethan Madrigal Feaste. This year, the merriment shall take place at the Janice K. Lund Performing Arts Center in Estherville on December 1 and 2, commencing at 6:30 pm. Ticket sales shall commence on November 6, 2023.

The Elizabethan Madrigal Feaste is a delightful homage to the Christmas Feaste, a cherished annual tradition hailing from early England. It promises a grand spectacle of celebration, where the 12 days of Christmas shall be joyfully celebrated and toasted.

Prepare to be thoroughly entertained with side-splitting comedic performances and the enchanting melodies of the season, brought to you by the talented Iowa Lakes Chamber Choir. As you savor a delectable four-course meal, you'll be transported to a bygone era steeped in the rich traditions of English revelry. Look forward to the grand procession of the boar's head, the jester's playful antics, melodious carolers strolling about, heartwarming Wassail toasts, a flaming pudding, and a regal dessert fit for royalty. The performers shall be adorned in resplendent Renaissance attire. While guests are encouraged to don costumes, it is entirely optional.

Tickets are priced at a reasonable \$20 per person, but seating is limited, so act swiftly. Secure your tickets by visiting iowa-lakes.ticketleap.com or by reaching out to 712.362.7963. Reservations must be made and paid for in full by November 28. Payment can be made in cash, by check (payable to Iowa Lakes Music Department), or via credit card. Please note that refunds shall not be available after November 28.

Join us in commencing the holiday season in true Renaissance style and rediscover the true essence of Christmas.



520 2nd Avenue East, Suite '

Spencer, IA 51301 p: 712.580.5800 • www.smunet.net

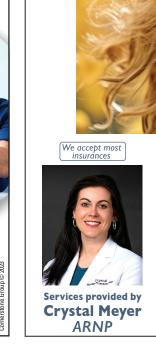
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- · Rental of the ultimate router with Wi-Fi mesh access point*
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- · CommandIQ® app to view the people and devices using your network, establish bandwidth priorities, create a guest network, set parental controls, get security alerts, and more*

To sign up, call 712-580-5800.

*Certain restrictions apply. Extra charge for Wi-Fi mesh access point. CommandIO[®] available in limited areas. Call us for details



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Both locations are still open during the move. Moving will be completed by November 20! (Lapla) **APPLIANCE SALES & SERVICES**

OKOBOJI WHOLESALE & SNOOK'S

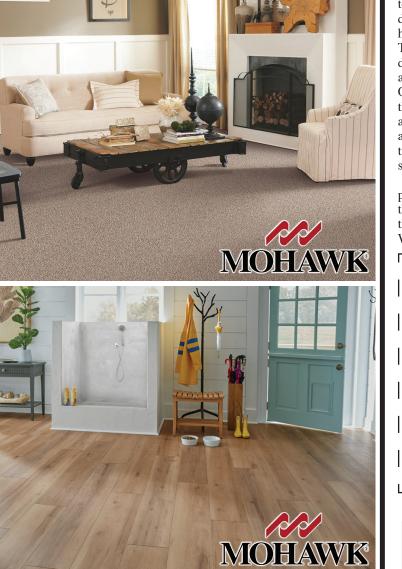
Photo by Chris Pose Photography. Local Athletes Compete at State Swim Meet

6 local athletes competed at the Iowa Girls High School State Swim meet in Marshalltown on November 10, 2023, and November 11, 2023, for the Spencer Tigers High School team. Brooklyn Ferguson finished 7th in the state in the 50 yard freestyle. Lily Gross finished 16th in the state in the 100 yard breaststroke. The Spencer Tigers also had 3 relays competing in the state meet: 200 yard medley relay (Emily Quanbeck, Lily Gross, Ella Kasperbauer, Brooklyn Ferguson) finishing 23rd, 200 yard freestyle relay (Emily Quanbeck, Ella Kasperbauer, Lily Gross, Brooklyn Ferguson) finishing 29th, and 400 yard freestyle relay (Emily Quanbeck, Kamdyn VanGelder, Lily Gross, and Brooklyn Ferguson) finishing 29th. There is only one class in swimming and only the top 32 swimmers qualify for state in each event. Emma Storms qualified for 2 relays, but was unable to swim at state. Congratulations to all these swimmers on their



SAMSUNG BESPOKE PACKAGE





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accomplishments!

Tree of Love Pays Tribute to Loved Ones

You are cordially invited to help us celebrate the 34th Annual Tree of Love lighting event Sunday, November 26, at 3:30pm,

at Lakes Regional Healthcare's East entrance in Spirit Lake. Sing carols to kick off the season, enjoy a holiday message by Pastor Jami Goetz, and partake in refreshments.

Plan now to pay tribute to a loved one with a \$5 donation for a hand painted heart keepsake ornament. Tributes can be for a birthday, anniversary, memorial, holiday greeting, etc. Ornaments are available at the tree lighting ceremony and can also be purchased at the East hospital reception desk throughout the season. Your donation sup-



ports scholarships from the Lakes Regional Healthcare volunteers for students entering the healthcare field and the Voluntary Action Center's Meals on Wheels program for our local homebound seniors.

Tree Of Love Ornament For: Holiday Greeting Memorial Anniversary Birthday
For: (person's name)
From:
(name)
(street address)
(city, state, zip)
(phone number)
Make checks payable to Lakes Regional Healthcare Volunteers
P.O. Box AB, Spirit Lake, IA 51360.



THE LAKES NEWS SHOPPER Tuesday, November 14, 2023 Page 14





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KARAOKE NIGHT AT THE PARK



When: November 28, 2023 Where: Majestic Pavilion



Time: Doors open at 5:00. Competition starts at 6:00 Entry Fee: \$25 per team for a Gift a Smile Donation RSVP by November 20th to Jean @ 712-332-2183

Gift a Smile is Arnolds Park Amusement Park's annual drive to raise funds to provide Park Day Passes to kids and families who may not have the financial means to experience a fun-filled day in the Park.

Each \$25 donation is applied to a Day Pass that is then deposited into our Gift a Smile program to be distributed through Upper Des Moines, our School Days week, Making Waves, foster organizations as well as other similar programs.

Join the fun as we kick off our annual Gift a Smile drive on Giving Tuesday, November 28th. We'll be taking donations and celebrating the giving season. H.A.P.I. will match each \$25 donation with 2 extra Gift a Smiles that evening!

Winners Receive:

Best Overall Performance - Winter Games Concert Ticket Package (6 tickets tp Back in Black 1/26 & Pork Tornadoes 1/27) Best Christmas Song - 6 Concert Tickets (choose Shaun Johnson 12/15, Back in Black 1/26 or Pork Tornadoes 1/27) Best Costumes - 6 Concert Tickets (choose Shaun Johnson 12/15, Back in Black 1/26 or Pork Tornadoes 1/27) Best Choreography - 6 Concert Tickets (choose Shaun Johnson 12/15, Back in Black 1/26 or Pork Tornadoes 1/27)

lesha Toft & Karina Van Whye are warming up the mics at 5:00 with their sweet sounds & Cabriel will be serving up delectables for us all to enjoy.





For a list of all events, visit: arnoldspark.com or roofgardenballroom.com

Don't forget to contact Jean for Karaoke by November 20th at 712-332-2183



Grand Lighting Ceremony -

Saturday, November 18th Come Anytime Between 5-8 Lights Go On at 5PM

Light Maze Grove Walk Evergreen Forest Tons of Fun! Horse Drawn Wagon Rides

Free Hot Cider!

Closest Guess on Number of Lights Wins Grand Prize of \$100 CASH

Ruthven Locker will provide food options.

Vendor Show Apparel, Accessories, Baked Goods & more



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Heartland Pet Resort

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LIGHT FEATURES THIS YEAR!!







Many Voices Choir to Present Holiday Concerts

Celebrating its 35th anniversary as the premier community chorale in NW Iowa, the Many Voices Choir will present its first holiday concert Sunday, November 26th, 3:30 pm, at St. John the Baptist Catholic Church in Bancroft. Under the direction of Timothy Schumacher, this year's program "Sing We Now of Christmas" will feature classical, traditional, gospel and jazz selections. Following the tradition of choral excellence and creative programming, the choir will present concerts in three different venues in the area. Various soloists and instrumentalists will be featured including the artistry of their accompanist, DJ Gommels.

"Sing We Now of Christmas" concerts will also take place Saturday, December 2nd, 1:30 pm, in Estherville at St. Patrick's Catholic Church and 7:30pm in Spirit Lake at St. Mary's Catholic Church. Admission is free and a free will offering is appreciated.

The concert begins with Prophecy and Nativity sections and ends with selections of Praise and Celebration. Highlights will include an exciting setting of the timeless carol, "O Come, All Ye Faithful" adapted from the hit Pentatonix version, a spirited gospel piece, "Jesus, Oh What a Wonderful Child" featuring soloist Jeff Griffith, and Handel's "Hallelujah" from "The Messiah" will provide a powerful end to the concert. "I am excited to share this beautiful program sung by these musicians who are so devoted to the art of choral singing," states Schumacher, the choir's long-time conductor and artistic director.

The Many Voices Community Choir has been performing together since 1988. It is a 40-60 member chorale with members from over 15 communities in northwest Iowa and southern Minnesota, Nancy Diekman, a longtime member, reflects, "Singing with the Many Voices Choir draws my creativity and feeds my soul. The Christmas concert is an inspirational way to start the holiday season."





For additional lakes area listings go to Hoien.com





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Spirit Lake, IA

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A typical meeting might include a presentation on topics such as handling of legal issues, stress reduction, care facilities, positive coping language, and sharing personal methods of handling challenges faced every day by other caregivers. For more information, call

712-336-1649 or Lee Nation at 712-330-1270.

Lakes Area Activity Center

November Activities at the Lakes Area Activity Center Tuesday, November 14 8:30 - Kiwanis 12.30 - Bridge 12:30 - Speaker - Mary Dreier -Dickinson County Museum Wednesday, November 15 9:00 - Exercise Class 1:30 - Table Tennis Thursday, November 16 10:00 - Strummers 1:00 - 500 Cards 3:00 Cribbage 5:00 - Zumba Class Friday, November 17 9:00 - Exercise Class 1:00 Sewing Project 1:30 - Table Tennis Saturday, November 18 Facility Available For Rent Sunday, November 19 8:30 - Breakfast Fundraiser (Free Will Offering) Monday, November 20 9:00 - Exercise 1:30 - Table Tennis Dinner Date meals are available every weekday. Call by 1:00pm on Friday to reserve a meal for the next week. The

pool table room is open every weekday. The card room closes from 12-12:30 for cleaning. Our next Breakfast Fundraiser will be in December from 8:30-12:30 - Free Will Offering. Dance to live music the last Sunday of the month from 2-5pm. The facility is available to rent most weekends. Call or visit with someone at the office for more details. The Lakes Area Activity Center is located at 2101 Zenith Ave in Spirit Lake.





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Holiday Turkey

1 fresh turkey, about 15 pounds, preferably free-range 1 tablespoon olive oil 1 quart apple cider 2 teaspoons dried poultry seasoning Coarse sea salt

Freshly ground black pepper

Remove the turkey giblets and discard. Rinse the turkey inside and out and pat dry with paper towels. Rub all over with salt and pepper. Refrigerate, uncovered, for 12 to 24 hours. Remove the turkey from

the refrigerator 1 hour before you plan to start roasting. Preheat the oven to 450°F. Put the turkey on a rack in a large, roasting pan. Drizzle the oil over the top. Roast for 1 hour. Reduce the oven to 175°F. Pour the eider into the roasting pan and sprinkle the poultry seasoning in the liquid Continue roasting until an instant-read thermometer inserted into the thickest



Serves 1

part of a thigh (but not touching bone) registers to 170°F. Transfer the turkey to a carving board, tent loosely with aluminum foil, and let rest for about 15 minutes. Meanwhile, skim the fat from the surface of the liquid in the pan. Put the roasting pan over two burners and bring the pan drippings to a boil over high heat. Cook until the juices reduce and thicken slightly, enough to coat a spoon, about 10 minutes. Taste for seasoning. Carve the turkey and serve with cider pan juices.

Recipe Courtesy of: Andrew Schloss' book "Cooking Slow".



Page 3B

Spirit Lake **Library** News

Paperbacks & Puzzles

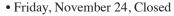
Are you looking for books that you can "check out," but don't have to worry about due dates or if you accidentally lose them? We can help you with that at the Spirit Lake Public Library! We have a whole wall shelf loaded with paperbacks that are not bar coded, and therefore, do not need to be officially "checked out." This shelf is located at the front of the library just to the right of the newspaper rack. These books work well for out-of-towners, people who do not have a library card at the SLPL, someone going on vacation, snowbirds, etc. It's an "on your honor" type system where you can take some paperback books, keep them as long as you need, and then bring them back when you are done. Before you walk out the door, however, please let the staff at the front desk know how many books you are borrowing so we can write that down. We include it in our circulation numbers. Even though these paperbacks are not bar coded, we would like them returned! When you bring the books back, just slip them into any one of the book drops (inside at the circulation desk, inside entryway, outside on the west side), so we can check them for repairs and/or clean them. Please do NOT re-shelve the books yourself.

Included in this book exchange are a few puzzles. They are located below the paperback bookshelf. The same rules apply for the puzzles: let us know how many you are borrowing and bring them to the circulation desk when returning. We hope you enjoy this "on your honor" option for books and puzzles!

Upcoming Activities at SLPL

• Monday, November 20, 10:30 a.m., Book Club (The Queen's Gambit by Tevis)

- Monday, November 20, 1:00 p.m., Mah-Jongg
- Tuesday, November 21, 9:00 a.m.-3:00 p.m., Quilters
- Tuesday, November 21, 3:30 p.m., iSTEAM
- Wednesday, November 22, 12:30-4:00 p.m., Quilters
- Thursday, November 23, Closed





Steve, bearded dragon, and Kimmy, three-toed box turtle.

Family Nature Night

The Dickinson County Nature Center would like to welcome families to our Family Nature Night: Animal Open House on Friday, November 17th at 5:00 p.m.

Naturalist, Britney Snell stated, "This night is all about a nature center visit with a twist! It's the same amazing fun as your family always has, but we will also have meet and greets with our animal ambassadors."

This an excellent opportunity to see our popular animal ambassadors like Steve, the bearded dragon, and our shy and nocturnal ambassadors like Luna, the hedgehog. Kids can make their own paper snake and a colorful hedgehog to take home.

Environmental Education Coordinator, Danika Cox said what she is most looking forward to is, "Giving kids the opportunity to see an animal they may not necessarily be comfortable with and getting them to open their minds and maybe even change their opinion about that animal."

The program will be held at the Nature Center on both floors with several stations to visit. Family Nature Night runs from 5:00-6:00 p.m. and is free to the public. Please pre-register at www.dickinsoncountynaturecenter.com on the programs tab or call 712-336-6352.



• LARGE COIN AUCTION •

BARC Library, 1012 5th Ave, Windom, MN Saturday, November 18 • 9:00 AM •

See www.auctionsgo.com for list. Gravley Auction Service (17-29) 507-822-0403 •

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34th Annual Iowa Lakes Jazz Festival: A Celebration Of Music And Talent

The Iowa Lakes Community College Music Department is thrilled to announce the 34th Annual Jazz Festival, scheduled

from November 14 to 16, 2023. This year's festival promises an exceptional lineup of jazz artists, captivating performances, and enriching educational opportunities for jazz enthusiasts and students.

The distinguished jazz artists headlining this year's event include:

• Michael Gurciullo: Renowned for his mesmerizing vocals and trumpet prowess.

- Andy Hall: A virtuoso on bass, adding depth and groove to the ensemble.
- · Joey Gulizia: A master of percussion, infusing rhythm and energy into the music.
- Steve Smith: A keyboard maestro weaving harmonious melodies.

The festival kicks off on Tuesday, November 14, with a convocation performance open to the public. The jazz artists will take the stage at 10:00 a.m. in the gymnasium of the Iowa Lakes Community College Emmetsburg campus. This event promises to set the stage for an unforgettable musical experience.

On Thursday, November 16, Iowa Lakes will host the traditional school clinic, beginning with a convocation at 9:00 a.m. in the Janice K. Lund Performing Arts Center, featuring our guest jazz artists. This captivating performance is also open to the public.

Following the convocation, a series of clinics covering jazz improvisation, guitar, percussion, and bass will commence at 10:00 a.m., providing valuable insights into the world of jazz music. The afternoon session will be dedicated to high school jazz bands, offering them a unique opportunity to enhance their skills under the guidance of experts.

The grand finale of the Iowa Lakes Jazz Festival will be a sensational concert featuring guest jazz artists, including Michael Gurciullo, Joey Gulizia, Andy Hall, Steve Smith, and the Iowa Lakes Community College Jazz Band and Vocal Jazz Ensemble. Gurciullo will serenade the audience with iconic songs from the Frank Sinatra, Michael Bublé, Louis Armstrong, and Louis Prima songbooks.

This not-to-be-missed grand finale performance will occur on November 16, at 7:00 p.m., in the Janice K. Lund Performing Arts Center on the Estherville Campus. Admission is free, and a goodwill donation is encouraged to support the arts.

For complete details and up-to-date information about the 34th Annual Iowa Lakes Jazz Festival, please visit our website at www.iowalakes.edu/music.

The Holiday Fantasy Food Drive is going on now! Help us fill the empty shopping cart located at Milford Memorial Library. We are collecting non-perishable food items for Dickinson County Upper Des Moines. Share what you can spare.

contact the library by calling 712-338-4643 or by emailing

milfordlibrary51351@gmail.com.

Join the MML's Book Club on Tuesday, November 21, at 1:00 p.m. They will be discussing Beartown by Fredrik Backman; copies can be found in our library. Anyone interested is welcome to attend. It is not necessary to attend all of the meetings, and you are welcome to come and go as you please.

MML's Young Adult Pumpkin Tic-Tac-Toe Challenge Box, is available Tuesday, November 14, through Tuesday, November 21. This is a free activity, but does require registration. You may register by calling MML at 712-338-4643 or online at this link, http://milfordlibrary.weebly.com/young-adult-registration.html.

Support Advertising Family of Merchants.



Nearly 300 members of the Clay County Fair Association heard positive reports about the "The World's Greatest County Fair" at its annual meeting held

October 24.

summed up in five words: we had a great Fair," said Fair & Events Center CEO Jerome Hertel. Hertel also summed up his first impression of his

first Fair as the new CEO as "Authentic, meaning- being exactly what it's claimed to be, The World's Greatest County Fair".

Thirty-four employees and volunteers, representing a combined 465 years of service to the Fair, received "Fairs of Service" awards. Four individuals - Barb Gough, Mitch McKeever, John Weiskircher, and Jeff Amis – were honored for 40 years of service.

One retiring member of the Board of Directors was also recognized for her service, Cindy Kress was first elected to the Board in 2018 and has served in a variety of roles, including superintendent in the Creative Arts department.

Nine members were elected to the 27-member Board of Directors for a three-year term: Mike Bryan, Quinton Harmon, Dana Metcalf, Bonnie Pullen-Lehman, VerDon Schmidt, Joel Stave, Chuck White, Brent Cuttell, and Kathy Anderson.

In the Board organizational session held following the annual meeting, Greg Lear was elected as chairman, Tracy Small was elected as vice chairman and Dennis Larson was elected as treasurer. Joel Stave and Kevin Tlam were also elected to serve on the Executive Committee.

Rooted in Tradition, the Clay County Fair and Events Center is a year-round facility that annually hosts more than 300 events, including its signature event, the Clay County Fair powered by SMU. Known as "The World's Greatest County Fair" since 1917, the Clay County Fair attracts more than 300,000 guests each September for nine-days of world-class entertainment, competition, food, fun, and the largest farm machinery show at any fair in the United States. Additional information can be found at claycountyfair.com.

TUESDAY NOVEMBER 21, 2023 • 10:00 AM

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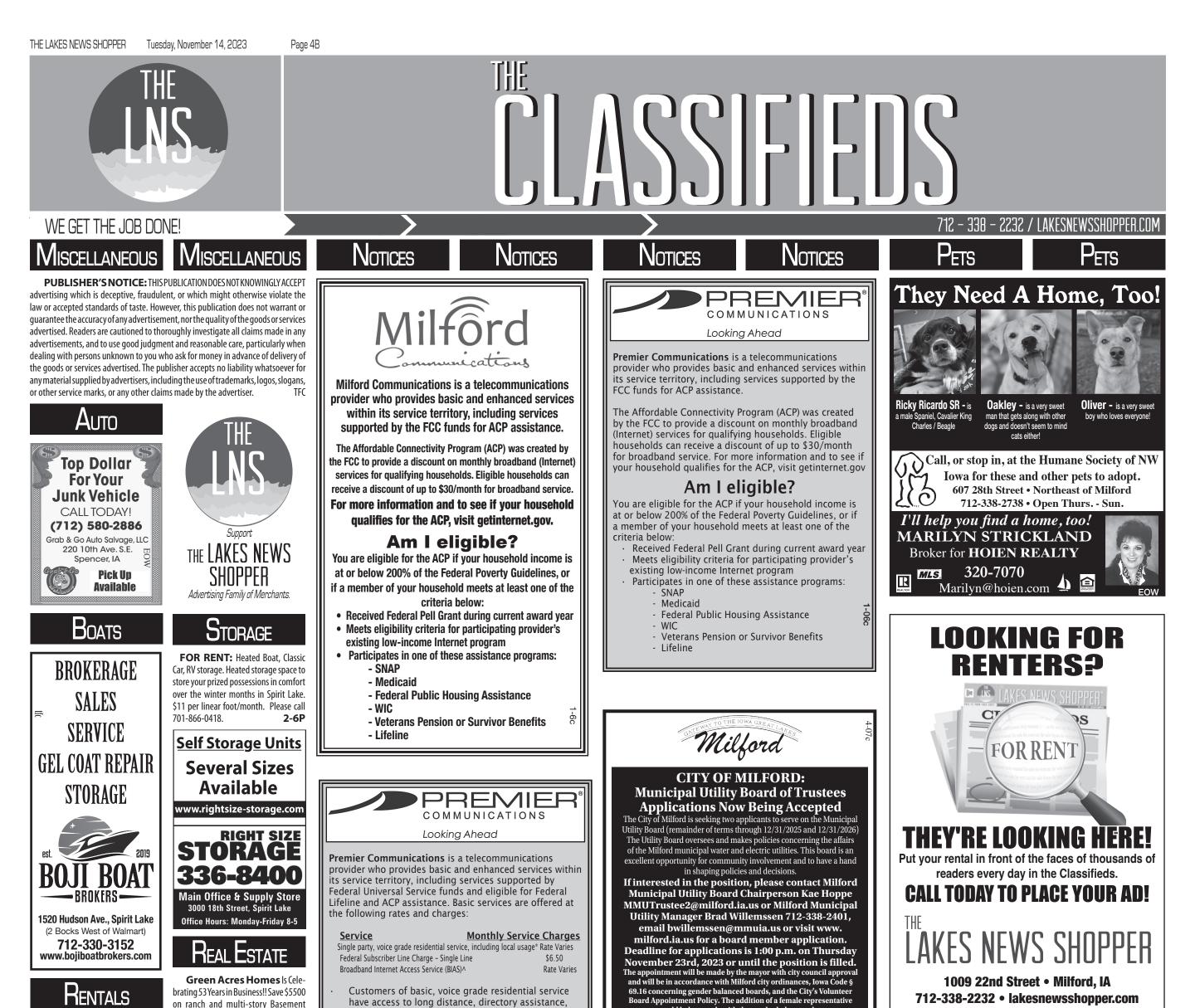
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All real estate advertised in The Lakes News Shopper is subject to the Federal Fair Housing Act which makes it illegal to advertise "any preference, limitation, or discrimination based on race, color, religion, sex or national origin or any intention to make any such preference limitation or discrimination." We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are nereby informed that all dwellings A advertised are available on an equal opportunity basis.

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FOR RENT: 3 bedroom house, all appliances furnished. No smoking, no pets 712-338-4860. TFC

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Basic residential voice and BIAS is available as a Lifeline service. Lifeline is a government benefit program which provides a monthly credit toward a gualified low-income subscriber's telephone & BIAS bill. The Affordable Connectivity Program (ACP) was created by the FCC to provide a discount on monthly broadband (Internet) services for qualifying households.

1-06c Only eligible low-income consumers may enroll in the ACP or Lifeline program. Consumers who meet eligibility criteria must also complete documentation necessary for enrollment. ACP and Lifeline assistance is non-transferable, and eligible subscribers may receive assistance from only one wireline or wireless telecommunications provider per household. Consumers who willfully make false statements in order to obtain ACP or Lifeline benefits can be punished by fine or imprisonment or can be barred from either program.

If you have any questions regarding the company's services or want to apply for the ACP or Lifeline telephone and/or BIAS assistance, application forms can be obtained from our office locations at: 339 1st Ave. NE, Sioux Center, IA; 107 2nd Ave., Hospers, IA; 114 1st Ave., Rock Rapids and 416 5th Ave. SW, Le Mars, IA or call our toll free number 1-800-741-8351

*Services are not available in all areas. Please call or visit one of our office locations for availability in your area. Lifeline discounted Broadband Internet Access Service (BIAS) must be at least 25/3 download/upload speeds with 1024GB of usage per month. If 25/3 speed is unavailable, BIAS must be at least 4/1.



CITY OF MILFORD: Municipal Utility Board of Trustees Applications Now Being Accepted

The City of Milford is seeking applicants to serve on the Municipal Utility Board starting January 1, 2024 (through 12/31/2029). The Utility Board oversees and makes policies concerning the affairs of the Milford municipal water and electric utilities. This board is an excellent opportunity for community involvement and to have a hand in shaping policies and decisions.

If interested in the position, please contact Milford Municipal Utility Board Chairperson Kae Hoppe MMUTrustee2@milford.ia.us or Milford Municipal Utility Manager Brad Willemssen 712-338-2401,

email bwillemssen@mmuia.us or visit www. milford.ia.us for a board member application.

Deadline for applications is 4 p.m. on Friday December 1, 2023 or until the position is filled. The appointment will be made by the mayor with city council approval and will be in accordance with Milford city ordinances. Iowa Code § 69.16 concerning gender balanced boards. and the Citv's Volunteer Board Appointment Policy. The addition of a female representative would help comply with the gender balance rules.

Board App nent Policy. The addition of a female represen would help comply with the gender balance rules.

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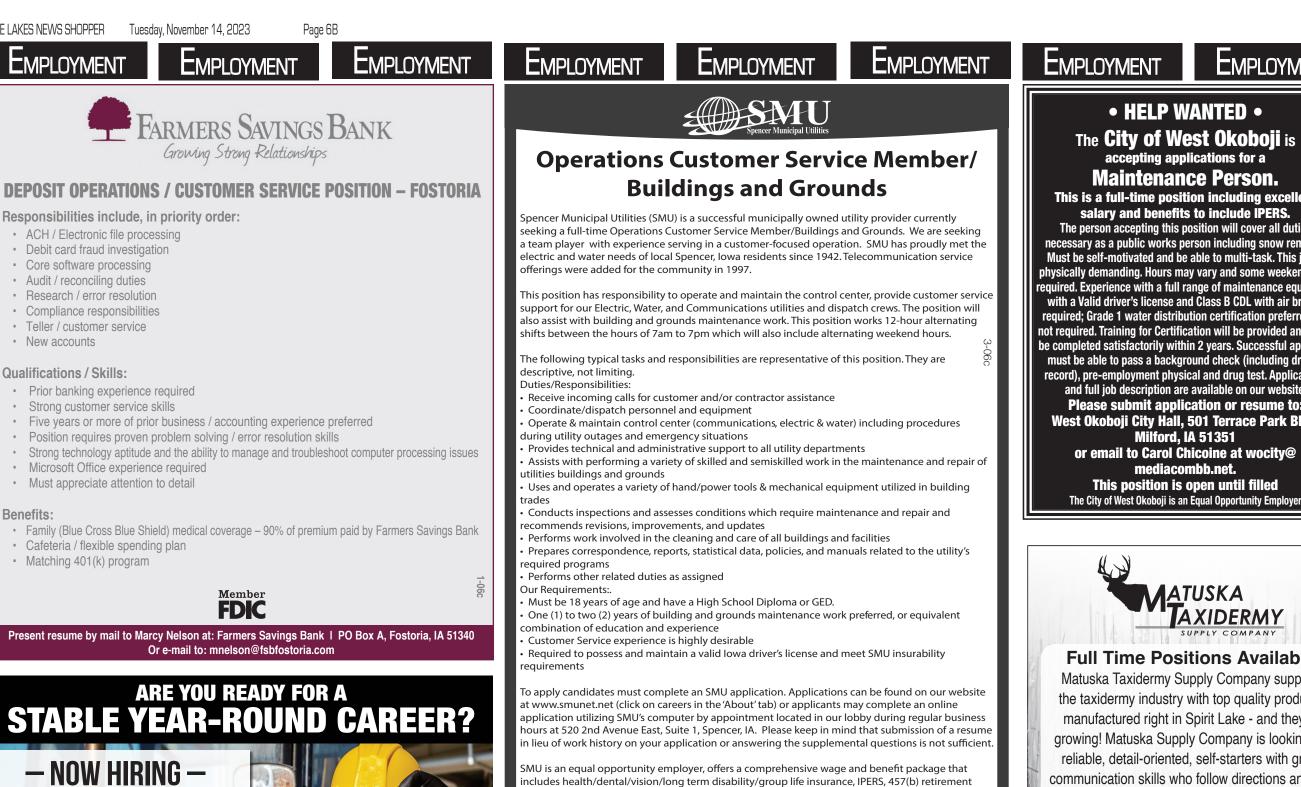
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Tuesday, November 14, 2023 THE LAKES NEWS SHOPPER





THE LAKES NEWS SHOPPER



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EMPLOYMENT

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hosting a Lunch & Learn on Thursday, November 30th, from noon to 1:00 p.m., at the RIDES Voss Bus Depot in Spirit Lake. The Corridor is partnering with RIDES for this event.

RIDES has contracted with Enterprise for their Commute with Enterprise program. Commute with Enterprise partners with public agencies to expand the reach of their transit systems while increasing funding and program efficiency. The program connects 4-15 local individuals with similar destinations, allowing them to select a vehicle to share, and drivers take turns commuting. The program will help RIDES to increase service options for the communities they serve, including the Corridor region.

"RIDES is an amazing asset to our region, and the addition of the Commute with Enterprise program will allow them to offer more local services for our population and employers," said Corridor President & CEO Curt Strouth. "We look forward to hearing more about how our businesses can partner with RIDES."

The Corridor's Lunch & Learn events are free to attend for all Corridor investors, but RSVPs are required. Please contact the Corridor office at 712-264-3474 or info@lakescorridor.com to reserve your spot!

ILCC Laker Cornhole Club Launches

Iowa Lakes Community College is proud to announce the establishment of the Laker Cornhole Club, a new organization dedicated to bringing together students who share a passion for the game of cornhole. Iowa

Lakes is the first community college in the country to join the American Cornhole League (ACL) and establish a cornhole club. The Laker Cornhole Club officially launched on October 10, 2023, and is open to all full-time students, including traditional and non-traditional students.

Cornhole, a popular and inclusive

game, has gained widespread popularity across the United States and worldwide. The Laker Cornhole Club aims to provide a platform for students to come together, practice their cornhole skills, participate in tournaments, discuss upcoming events, and create fundraising initiatives while allowing students to network with peers who share their enthusiasm for the game.

One of the key highlights of the Laker Cornhole Club is its affiliation with the American Cornhole League (ACL). By joining the ACL, the club opens the door to obtaining student scholarship opportunities and donations. The open format of the ACL allows colleges of any size to participate, and it encourages the development of cornhole as an intramural or club sport. Students can qualify for the National College Cornhole Championship, showcasing their skills on a national stage.

Instructor of the Culinary and Hospitality Management Program and the founder of the Laker Cornhole Club, Jesse Grossnickle, expressed his excitement for the club's launch, saying, "Cornhole is one of the only sports you can compete in your entire life. I started the Laker Cornhole Club because cornhole has become very popular in my hometown and across the world. I have been blessed to meet some amazing people by competing in tournaments around the state of Iowa who have become amazing friends. I think our students here at Iowa Lakes also deserve that opportunity.'

In addition to fostering healthy competition, playing cornhole promotes social interaction, relaxation, and the development of essential skills like hand-eye coordination, teamwork, and strategic thinking. The game is accessible to all skill levels, making it an excellent way for students to connect and have fun.

While the Laker Cornhole Club has plans to create a competitive league with other community colleges in Iowa, it also welcomes students who want to have a good time and make new friends. The club aims to create a diverse and inclusive community where Iowa Lakes students can enjoy the game of cornhole.

The Laker Cornhole Club looks forward to a successful and exciting journey promoting



We Want to Share Your Joy!

A time-honored community tradition! Share the news of a birth with photos at no charge!



THE LAKES WE'VE GOT THEM COVERED





The Winter Blues and You!

It's not uncommon for people to feel down during the winter months. They miss the sun, the outdoors, and their friends. In some cases, depression during these months sets in. This type of depression is called seasonal affective disorder (SAD) and is often referred to as the "winter blues."

What are the winter blues?

The winter blues, or SAD is a type of depression related to changes in season. Symptoms often begin and end around the same times every year. For most people, symptoms start in the fall and continue into the winter months, sapping our energy and making us feel moody. These symptoms often resolve during the spring and summer months.

Can the winter blues be prevented?

If you think you might be at risk for Winter Blues, you can take steps to prevent them using these tips from the Mayo Clinic:

· Spend time outside: It seems the song "You are My Sunshine" was right! Spending time outside increases your exposure to light and allows you to absorb more vitamin D. As the song says, the sun will "make you happy when skies are gray."

· Find ways to move: Movement is a good way to battle depression any time of year, which is why the Mayo Clinic recommends you move daily. You could go for a walk, do some gentle stretching, or even chair yoga. A healthy body helps create a healthy mind.

· Brighten your surroundings: It may not always be realistic to be outside when temperatures drop. But you can make the inside more cheerful with bright light bulbs, open curtains, or even a light box that simulates the sunrise.

· Keep in touch: Reach out to your friends and loved ones in person or on the phone. If you need to socially distance, use Facetime and Zoom to connect virtually.

When it comes to the winter blues, always know that your mental health provider is here to help. You can also contact a member of our team.

Senior Life Solutions is Avera Holy Family Hospital's mental health program, is designed to meet the unique needs of older adults experiencing depression and/or anxiety related to life changes that are often associated with aging. If you or someone you know is experiencing a mental health challenge and would like to discuss support, please call 712-362-6570.

cornhole, friendship, and community at Iowa Lakes.

To sign up for the Laker Cornhole Club or learn more about its activities, interested students can contact Grossnickle at jgrossnickle@iowalakes.edu or call 712-852-5256.

Children, the Holiday Season, and Temperament

by Mackenzie DeJong, Human Sciences Specialist, Family Wellbeing

The holiday season brings plenty of changes, festivities, and time at home for children. How they handle it all is affected by their temperament.

Temperament, originally studied by psychologists Alexander Thomas and Stella Chess, determines how individuals fall on a continuum for each of nine traits.

Parents, caregivers, friends, and family members can use temperament to predict how a child will act in a situation and plan accordingly.

So how might the different traits play out in winter holiday settings?

A child with a high activity level is restless when quiet activities are expected for a long period of time. They are also likely the ones roaming around the house, while the child with a low activity level is happy cuddling up on the couch with some hot cocoa, a blanket, and a favorite movie on TV.

Less adaptable children have trouble changing from their usual school schedule to the break schedule with holiday activities. The adaptable child is probably excited for the change and for the hubbub that comes with it.

When entering family holiday events, the withdrawing child might take time to warm up to the situation rather than feeling comfortable hugging their great-aunt who they haven't seen in a while. The approaching child might be the one who runs off and is sledding at the snow hill with a family they don't even know.

A highly distractable child may be noticing every conversation, interaction and smirk the adults make at a family gathering, while the less distractable child is able to tune out all the adult interactions and play on their own.

Will you know whether your intense child likes their new presents? Absolutely. Depending on how intense the child is, they might shout and jump up and down when they open a gift. The less intense child might love their present just as much but expresses it much more quietly. They may open each present without more than a "thank you" and a smile.

"Holiday joy!" might be the motto of your high mood child, and they may have been insisting to put up the festive decorations back in October. The lower mood children, even if they are grateful for the holiday season and all it brings, might not show it on their face.

The persistent child may be happy to play one game or with one toy for quite a long while, even if the group is ready to move on. The less persistent child might have never quite finished the chore you asked them to get done before everyone came over.

Your child's regularity will be affected by all the schedule changes as well. A less regular child typically gets hungry, sleeps, and goes to the bathroom at unpredictable times, while a regular child can be more predictable and often operates on a schedule. During the holidays, a few questions that might come are "Will they be hungry at dinner time? Will they need to go to

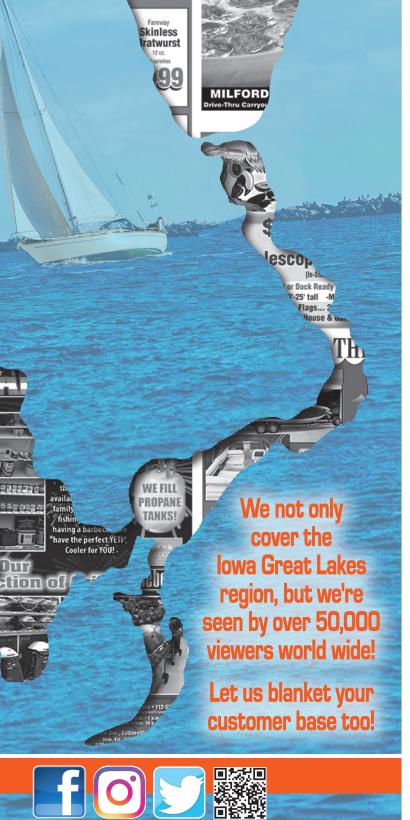
the bathroom right after you get out of town? Will they be so exhausted from all the excitement that they can barely stay awake during gift opening?"

A sensitive child could feel overwhelmed by the new sights, unfamiliar smells, and loud noises at a gathering. The added stimulation could make them more irritable, or they may simply need more breaks. Less sensitive children might not remember to go to the bathroom because they were so busy playing with their cousins they forgot to check in on their bodily cues. Weather wise, the sensitive child may get cold quickly and will opt to stay inside, while the less sensitive child thinks "the cold never bothered me anyway" and runs outside to play for hours.

As you can see, temperament plays a part in how so many holiday scenarios may go. The key is to start to understand your child's temperament and plan accordingly!

For more information relating to temperament, check out The Science of Parenting podcast, available on Facebook, www.scienceofparenting.org, and anywhere you can listen to podcasts. https://blogs.extension.iastate.edu/scienceofparenting/2022/09/30/season-3-podcast-all-about-temperament/

https://blogs.extension.iastate.edu/scienceofparenting/2022/10/12/season-7-podcast-temperament-across-ages/



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Inspiration for Our Day- "Cast thy burden upon the IORD, and he shall sustain thee: he shall never suffer the righteous to be moved." ~ Psalm 55:22



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