

# **Classified Ads • 256-764-4268 • See Pg 4**

# **UW** Event is Rescheduled

FLORENCE —Weather and road conditions forced the postponement of the highly anticipated Shoals Royale, the United Way of Northwest Alabama fundraising event originally scheduled for Saturday, January 20. In order to put the safety and well-being of participants and volunteers first, Shoals Royale has been rescheduled for Saturday, February 17.

The excitement surrounding this event was high, so the decision to reschedule was not made lightly. However, following the advice of local authorities and weather experts was the prudent step.

The schedule and details for Shoals Royale on February 17 will remain as originally planned and the location with still be at the Marriott Shoals Conference Center ballroom. The United Way is working ensure that Shoals Royale exceeds expectations and becomes a celebration that brings our community together.

For further updates and information, please visit the UW online at www.uwnwal. org, or social media accounts (Facebook, Instagram, LinkedIn), or contact the office at 256-764-5892.

# **Detoxed for** a Full Year

MUSCLE SHOALS -Genesis Medical Detox recently celebrated its firstyear anniversary at North Alabama Shoals Hospital. The eight-bed facility located on the fourth floor opened its doors January 9, 2023, and has served 435 patients in its first 12 months.

According to Tim Brennan,

See SHORTs... on Page 2

**Automotive Inside** 



**Ray Miller Buick-GMC Advance Auto Sales** 

Volume 140 Number 14

January 24, 2024

POSTAL PATRON

# Courier Journal

Serving Northwest Alabama and

219 W. Tennessee St. Florence, AL. 35630 256-764-4268

USPS Circulation Verification Availabl

or Heat Pump Air Handler With Qualifying NEW AC System



For information about advertising in premium positions like this, please call 256-740-4701. Creek Parkway and Old Jackson Road in Florence. The launch is to be dedicated in memory of Jerry Roberson, Allen Weeks, Max Harlan, Will Pannell, and Daniel Smith, five individuals who lost their lives at the old low-head dam.

Friends, family, and the public are invited to attend the dedication ceremony.

# One for the Five



The Cypress Creek Memorial Monument Dedication will take place at 1pm on Tuesday, January 30, at the Cypress Creek Canoe Launch, corner of Cox

FLORENCE-

IN LOVING MEMORY JERRY ROBERSON • 1982 ALAN WEEKS • 1982 MAX HARLAN • 2004 WILL PANNELL • 2005 DANIEL SMITH • 2011

# **History Captured**



Local Calendar Features Images of 12 Historic African American Churches

SHOALS-The 2024 Spotlight on Excellence Calendar, published by Muscle Shoals Area Alumnae Chapter of Delta Sigma Theta Sorority, Inc., captures the



history of twelve of the oldest African American churches in the Shoals area. These Christian

See CHURCH... Page 4

# INSIDE this Issue

- Ask the Attorney
- Cat & Kids
- Community Notes
- Dave Ramsey
- Commentary
- Insurance Insights
- Medicare Minute
- Adopt-a-Friend
- Your Letters
- Local Grocery Ads!

ner

home

- Doing Your Own Investing
- Hocus Focus **SIGNS of the PAST**





# **Online Only:**

Alabama.



Visit us Often: www.CourierJournal.net



Facebook.com/ FlorenceCourierJournal

**Advertise Here** for less than



and saturate entire areas in the Shoals Market.



For information Call 256-740-4701



# FREEFU

# or Heat Pum With Qualifying







# JRNACE

# p Air Handler NEW AC System

Call for details.
Offer expires 2/29/24.



256.381.7195

**AL HVAC 91114** 

HOME IMPROVEMENT AND BUILDING: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

REMODELING CONSTRUCTION 40 YEARS EXPERIENCE Insured. Bathroom remodeled, Deck, Fences, etc. 256-762-4357 MAJESTIC IQ 8000 ELECTRIC WHEEL CHAIR 1 year old, foldable. Fits in vehicle. Asking \$1,400 More info:256-577-6323

## Shorts...

# **Detoxed for a Full Year**

**Continued from Page 1** 

Chief Operating Officer at Genesis, the center has grown and has developed a strong reputation.

"We have started to see other programs send patients who need our help to our facility," he said. "It has been a tremendous first year and we have the potential to continue to grow. The medical staff and nursing staff here are amazing."

The Shoals Detox

The Shoals Detox Center features a 20-member staff, including eight nurses, and a medical director.

"As we reach our first anniversary, we are grateful for the partnership with Genesis," said North Alabama Shoals Hospital COO Doug Holzbog. "This has been a successful venture for everyone and has created a welcoming place for people to seek help."

### UNA Boasts Top in MBA

FLORENCE – The Master of Business Administration (MBA) program at the University of North Alabama is once again the largest in the State of Alabama. With 942 students enrolled from Fall 2023, it is larger than the next four-year institution by more than 100 students.

"The stability of our MBA program is a testament not only to the strong faculty and dedicated staff we have, but also the reputation of UNA's MBA across the state, region, and country," said Dr. Greg Carnes, Dean of the Sanders College of Business and Technology, in which the MBA is housed.

Auburn is second with 832 students; UAB is third with 700; UA in Tuscaloosa has 350 students enrolled, and there are 309 enrolled at Troy. The MBA program in the Sanders College at UNA has consistently been the largest program in Alabama for the last eight years by the Birmingham Business Journal

# Kilby Earns a Select Rank

FLORENCE – Kilby Laboratory School on the UNA campus was recently ranked 21st among Best Elementary Schools in Alabama by *U.S. News & World Report.* It is the first time Kilby has appeared in this publication. Kilby's overall score is 96.98 out of 100 possible points.

"Kilby Laboratory School continues to be among our 'Markers of Excellence' at UNA," said Dr. Matt Green, Interim Dean of the College of Education and Human Sciences. "Benefits to students attending Kilby include

See SHORTs... on Page 9

# ONE LOVE Starkey Hearing Concepts



FREE Hearing CHECK UP!
FREE DEMO of ANY MODEL!

 Affordable Demo/Refurbished Models In House payments as low as \$40 month

Advanced Technology



William "Bill" Tate, L-HIS

1865 Highway 72 • Killen • 256.272.5095 www.1lovehearing.com

# We are currently conducting a Research Study involving **Bunionectomy.**

If you are 19-80 years old and in need of a bunionectomy, you may qualify to participate in this clinical research study of an investigational medication for pain.

Qualified participants may receive study-related medication and procedures, including bunionectomy surgery at no cost.

If you are interested and would like more information, please call:



# SHOALS MEDICAL TRIALS, Inc.

1300 S. MONTGOMERY AVENUE, SHEFFIELD, AL

256-386-4001

# Alabama Awnings Co., Inc.

Free Estimates!

256-767-1900 • 4617 Huntsville Road • Florence www.alabamaawning.com



You've got symptoms -

# We've got relief!

**URGENT CARE | WELLNESS CARE | FAMILY CARE** 



## Open 7 days a week

Florence — 202 Cox Creek Pkwy. Muscle Shoals — 210 Avalon Ave.

**U**Urgent Care

HHUrgentCare.org

#### Shorts...

### Kilby Earns a **Select Rank**

► WALK-IN

**Continued from Page 1** 

a rich array of programs with small class sizes where individual attention is the norm. Robotics, theater, music, and the arts are consistent components of the experience as well."

Schools across the U.S. were assessed on their pupils' proficiency in mathematics and reading as determined by state assessment tests. Half of the ranking

Stimate

35 YEARS EXPERIENCE Licensed • Bonded • Insured

256-767-5258

formula were the results themselves; the other half were the results in context of socioeconomic demographics.

In addition to the *U.S.* News & World Report ranking, Kilby's faculty has recently been ranked number one in Alabama according to the Niche rankings, and in the top 1% for public elementary (308 out of 46,825). As on its state report card 3% of all elementary schools in the state.

FLORENCE: INDOOR LIVING ESTATE SALE 133 Talisman Dr. Jan. 26-28 Fri, Sat 8-5 Sun. 12-

Numbers given out Friday to enter. Please do not block neighbor's drives or mail boxes. 49 year of stuff, A bit of every-thing!

JADE ORNAMENTAL SCREEN and COFFEE TABLE \$2000 for both, 42" RIDGE-WAY CLOCK \$900, like new condition CURIO CABINETS, small \$1500 and large \$2200, JIM BEAM DECANTERS, Corvette Cars never opened. \$1500 MARYLIN MONROE DOLL, with fur coat and diamonds, \$3500 256-654-1539 Florence

MANSELL ROOFING. Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates,

SHIH-TZU, 2-YEAR OLD SILVER

LEAF REMOVAL AND MORE, NEAL'S LAWNCARE 256-284-

**DAVE'S HOME REPAIRS and** REMODELING: Sheetrock repair,

REMODELING CONSTRUCTION 40 YEARS EXPERIENCE Insured. Bathroom remodeled, Deck,

# **ROLL-OFF DUMPSTER**

RENTALS: daily, weekly and monthly rentals. Please call 256-969-7280.

#### SHOALS **GENERATOR PRO**

Authorized Generac Dealer Sales • Service • Repair 256-762-7663

#### MALE COCKAPOO PUPPY

9 weeks old, up to date on shots \$700, 256-366-6965 Florence

#### ROUGH CUT RED CEDAR Lumber, over 150 years old, 12 ft. long and in various widths. Call for more info. 256-349-4960 Muscle Shoals

MORKIES, MALTETZUS, and SHIHTZUS available NOW! POOCHONS and available NOW! **POOCHONS and YORKIES** taking deposits Prices starting at \$500, and up **256-200-0310** Well checked,

#### JR. LAWSON TREE SERVICE,

tree trimming, stump grinding, removal. Licensed & Bonded, Free estimates, 256-856-7028

#### **ROOFING - LEAKS REPAIRED,** Chimneys Flashed, Valley Repair. All Work Guaranteed. Free esti-

### WANTED DEAD OR ALIVE!

Junk batteries, \$5 each. Ranger Battery Co. 426 Royal Avenue. 256-766-0473

#### school teachers nationally 256-383-3218 Alabama's only laboratory **CRICKET EXPLORER AIR 2,** Seven Rolls, 30 vinyl sheets, other school, Kilby scored a 98 supplies. Two times faster than older models! \$175 256-633-9371 and is ranked in the top

FFMALF \$750, 256-483-1112

And All Types of Home Improvement

Home Owned & Operated in the Shoals by Wayne Lawhorn

Let Us Add Stability to Your Flooring

- 201515-1 FLOOR

BEFORE

Solid Steel Jacks

HEAVY DUTY STEEL JACKS

8243.

Plumbing, Carpentry, Siding, Tile & Painting. References. Quality Work, 256-702-2983

JEEP: GRAND CHEROKEE, 2004 \$6,000, 4x4, clean as a pen, \$128K miles Call 256-436-2300 Hackleburg

THE COURIER JOURNAL - We're

# **BUY HERE • PAY HERE**

HOURS: Mon.-Fri. 8am-5:30 pm & Sat. 8am-Noon • After Hours by Appointment

All Vehicles come with a 3 Yr/50K Miles Warrant 2015 Ford Escape

2015 Dodge Journey S-1-1-9/weekly **599**/weekly

2016 Nissan Altima

\$99/weekly-

2015 Nissan (9) **Altima** 

**\$112**/weekly 2018 Chevy

\$115/weekly

2015 Nissan

Sentra \$119/weeklv **O**/weekly

6

1 /weekly 2013 Nissan

Sentra

\$87/weekly

2016 Buick **Verano** \$91/weekly

**TERE** 

2009 Chevy **Traverse** 

\$115/weekly 2014 Chevrolet

Cruze \$105/weekly

## **Service Dept. OPEN: Monday-Friday**

**LOWEST NO HASSLE PAYMENTS: WEEKLY • BI-WEEKLY • MONTHLY** In-House Financing Based on Debt to Income Ratio not Credit Score

Repos • Bankruptcy • No Problem



256-767-3705

Advanceautosalesbhph.org

3641 Cloverdale Rd. • Florence



Ann and Ron Harvey - owners 256-349-1433



# TNValleyStuff

As an added bonus for our advertisers, all classified ads placed in the Courier Journal are also online at **TNValleyStuff.com**.

**ONLINE** – at our Website... Go to www.courierjournal.net and click "Place a Classified"

PHONE – 8AM-5PM Mon-Fri Charge to Credit/Debit Card by calling 256-764-4268

FAX – 24 HRS - Charge to Credit / Debit Card by faxing an ad to 256-**760-9618.** Include exp. date. List how many weeks the ad is to run.

MAL – Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

**OFFICE** – Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

ADVANCE PAYMENT IS REQUIRED in cash, check or Credit/Debit Card. Phone-in Ads MUST be Charged to Credit/Debit Card! NO EXCEPTIONS! NO REFUNDS!

DEADLINE: Friday 5pm

Private Party Rate 4 LINES Each additional line - \$1.50 - Prepay – NO REAL ESTATE • 1 item per ad - 4 Weeks/4 lines 1 ITEM \$16 Each additional line - add \$4.50	5	50 Week
Commercial Rate		

in sale of goods/services on a recurring basis or for profit, licensed or not – including pets. 6 Weeks \$39
- Each additional line - add \$7.50 total ......

**Employment** 6 LINES Each additional line - \$2.25 EMPLOYMENT - Looking for employment or Businesses looking for employees ...

rivate Party Auto Rate ch additional line - \$2.25	Up to 8 LINES for 4 weeks.	<b>\$1</b>	7	4

	*one line is approx. 30 charact
Name	
Address	

**HOW MANY WEEKS?** Multiply the number of weeks - X - the cost of the ad.....

State

YES! RED LINE MY AD! PLEASE ONLY \$4 additional MAILING ADDRESS: Courier Journal, 219 W. Tennessee St., Florence, AL 35630

Please Print Ad Clearly. NOT RESPONSIBLE for illegible handwriting Questions? Call our office at 256-764-4268.

Phone

#### HARDWOOD FLOOR REFINISHING

25 Years Experience All work comes with warranty. Ben Hanson, 256-263-2063

WANTING TO BUY USED GOLF CART Gas powered, with top 256-764-4733

#### **VETERANS**

with 50% or more service-related disability may qualify for a \$6,800 grant for a walk-in shower. Call Patrick today! 256-627-8007

CHIHUAHUA PUPPIES, REGISTERED AND full blooded; females, \$735, males \$630. Call Ralph 256-303-2406. We deliver!

**MAJESTIC IQ 8000 ELECTRIC** WHEEL CHAIR 1 year old, fold-able. Fits in vehicle. Asking \$1,400 More info:256-577-6323

# CARLIE'S PAINTING & DRYWALL Drywall Repair, Painting: Interior

& Exterior, Complete Renovations, Senior Discounts. Call Charlie 256-288-8826

MANSELL ROOFING Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

# AAA CONCRETE CONCRETE, WALLS,

Finished Driveways, Sidewalks, Porches, Curbs, Steps, Foun-dations, Bobcat Work, 30 years experience, FREE Estimates. Call 256-633-8643 or 256-577-1823

HAVE YOU SEEN KIDSVILLE News! Yet? It's the Shoals' fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier Journal business office, 219 W. Tennessee St., Florence.

**ROOFING - LEAKS REPAIRED,** Chimneys Flashed, Valley Repair All Work Guaranteed. Free estimates, 256-383-3218

# Church **Calendars**

Continued from Page 1

institutions started from humble beginnings between 1840 and 1885 and have developed into leadership locations with significant impact upon the black communities which they serve.

Featured churches include Greater Paul AME; St. Mark Baptist; Missionary Springhill Missionary Bethel Baptist; Missionary Lauderdale Baptist; First Missionary Baptist, Tuscumbia; Oak Grove AME; Zion No.1 Missionary Baptist, Barton; Good Hope Missionary Baptist; Lesley Temple Mt. Olievia Missionary Baptist; Bethel Colbert Missionary Baptist; Paul and St. Tuscumbia.

Records from these 100+ year old black churches provide interesting accounts and historical information about area religious leaders and events. Calendars are for sale now at \$12 each and may be purchased from any member of Muscle Shoals Area Alumnae Chapter of Delta Sigma Theta Sorority, Inc. They also available by calling 256-275-7025 or 256-383-1394



#### **Personnel**

#### **EDITOR & PUBLISHER**

Thomas V. Magazzu

#### **ADVERTISING EXECUTIVES** Sadonna B. Magazzu

Judy Cox Gregg Scott Heather Ridinger

#### **GRAPHIC COORDINATORS**

Russell Roden Andrea L. Gray

#### **OFFICE STAFF/CLASSIFIED** Kara Huckaba

#### **CIRCULATION**

#### **OFFICE HOURS:**

Monday - Friday 8:00am - 5:00pm

Copyright © 2024 All Rights Reserved

#### 219 W. Tennessee St.

Florence, AL 35630 256-764-4268 Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 51,892 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to: written form to:

#### 219 W. Tennessee St. Florence, AL 35630 or email to: editor@courierjournal.net

well in advance of the planned well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsemen by the Courier Journal, members of its management, or its staff. its management, or its staff Advertisers are responsible fo all content and claims in their advertising.

**DEADLINES:** Issues Published Every Wednesday INSERTS - 5 pm Thursday

DISPLAY ADS - 5 pm Thursday CLASSIFIED ADS - 5 pm Friday unless otherwise specified





COMMUNITY NOTES may be submitted for non-profit, civic church-related events published free of charge AS SPACE IS AVAILABLE in the Courier Journal. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.

• Email to editor@courierjournal.net

The Shoals Piecemakers Quilt Exhibition runs through February 16 at Kennedy Douglass Center for the Arts, 217 E. Tuscaloosa St., Florence. The K-D Center is located at 217 E.

Tuscaloosa St. in Florence. It is open to the public Monday - Friday from 9-4 and Sunday from 1-4. There is no admission charge. Please call 256-760-6379 for more information.

Florence Camerata, the popular volunteer community chorus, will begin it 18th year in the Shoals with rehearsals starting on Thursday, January 25, at 6:30pm in the UNA Choral room in Florence. The spring concert, consisting of Broadway and other show tunes, is scheduled for Tuesday, March 19. We welcome new singers. For information, please check our Facebook page or call 256-810-9512

Get Out of Town! Sundays in January at 2pm. Learn about all sorts of worldly destinations from a new resenter each week! At the Florence-Lauderdale Public Library

January 28 Key West, FL - with Glen Evans

Sponsored by the Friends of the Library. For more information, contact

Sheronda@FLPL.org, 256-764-6564, ext 128 or FLPL.org/Friends 256-764-6464, ext 119.

The Cypress Creek Memorial monument dedication will will take place at 1pm on Tuesday, January 30, at the Cypress Creek Canoe Launch corner of Cox Creek Parkway and Old Jackson Road in Florence. The launch will be dedicated in memory of Will Pannell, Jerry Roberson, Allen Weeks, Max Harlan, and Daniel Smith, five individuals who lost their lives at the old low-head dam. Friends, family members, and the public are invited to attend the dedication ceremony.

Adult Game Night at the Florence Lauderdale Public Library Thursday, January 25, at 5pm. Come and compete against your friends at Mario Kart, Super Smash, Bros, and more! For more information, call 256-764-6564 ext 136, or email Katie@ FLPL.org. Wood Ave. in downtown Florence.

Ritz Theatre - The Tennessee Valley Art Association announced plays for the Ritz Theatre's 2023-24 season. Schedule: "Company," Feb. 23-25, March 1-2. Season tickets are \$75; individual plays range from \$15-\$25. The theater is at 111 W. Third St., Sheffield. Season tickets and individual play tickets are available at tennesseevalleyarts.org. 256-383-

LifeSouth Bloodmobile Dates: Wednesday, January 24 Colbert County High School, 2200 High School S., Leighton 8am - 3:30pm

See NOTES... page 20

# **CLEANING LADY FOR YOUR**

HOME? Five years experience. References available Call Krystal 256-702-8828

#### McCaig's Garage

Late model and low mileage motors and transmissions. 90 day guarantee. Call Gary McCaig, 256-332-5366.

MANSELL ROOFING Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

JIMMY'S MOWER SHOP

buying and selling lawn & garden equipment. Call 256-284-0364 after 12pm daily, no text

40 YEARS EXPERIENCE Insured. Bathroom remodeled, Deck, Fences, etc. 256-762-4357

\$\$ CASH PAID \$\$ for Used Mobile Homes Lemmond Mobile Homes 256-383-0808

I BUY JUNK OR UNWANTED Cars, Trucks, Vans, Tractors, etc. 256-633-8090

#### **ANTONIO'S**

#### **REMODELING & PAINTING**

Interior/Exterior, Roofing, Water Damage, Carpentry, Drywall, Decks, Showers. Licensed and Insured. Free Estimates. 256-577-8660

**CHEVROLET: TAHOE 4X4,** 

2007 \$4,500, red, chrome wheels leather heated seats, fully loaded, car runs,

Call 256-767-3519 Florence



#### St. Vincent de Paul THRIFT STORE

Help Us, Help Others Serving Families of the Shoals

All Wall Art and 🛭 Picture Frames

659 South Poplar Street, Florence

(Conveniently Located in Downtown Florence Off Veterans Drive)

256-718-0901 • Mon.-Fri. 10am-4pm, Sat. 10am-2pm www.facebook.com/SVDPFlorence

#### **Every Home - Every Week**

Northwest Alabama's #1 HVAC company



Revamp your HVAC system with a \$50 tune up and **Receive a \$50 Rebate** from TVA!!!

Now serving Athens, Decatur, Hartselle, Moulton and Rogersville.

Call or text us at 256-386-8622 https://rbservicesal.com

WORLD-CLASS CUSTOMER SERVICE AT A GREAT PRICE!

Best Rates Today\*

5.65%

5.90% 5.75%

6%





WHEN WE UNITE, YOU BENEFIT.

# IS YOUR CD RENEWING SOON? OR ARE YOU LOOKING FOR A BETTER RATE?

CONSIDER A MULTI-YEAR GUARANTEED ANNUITY

OVER A CD FOR TAX-DEFERRED ADVANTAGES

A multi-year guaranteed annuity is a fixed annuity that offers a guaranteed fixed minimum rate for a period time. Annuities are lower-risk insurance contracts with tax benefits.

CALL US AT 256-367-8368 TO LEARN MORE

FIXED ANNUITIES vs. CDs			
Benefit	Fixed Annuities	CDs	
Guaranteed Income Stream	Yes	No	
Tax-Deferred Growth	Yes	No	
Penalty-Free Withdrawals	Yes, some	No	
Bypass of Probate	Yes	Yes	
Principal Protection	Yes	Yes	
Insured Growth	Yes (by the issuing company)	Yes (by the FDIC)	
Fees	No	No	

2 Year

3 Year

5 Year

10 Year

### Questions about Multi-Year Guaranteed Annuities?

Learn more about annuities that are available to you by scanning the QR code or calling us at 256-367-8368.

\*Rates may require minimum deposit and suitability approval. Subject to change daily.





# Peoples piggly wiggly

Down Home, Down The Street Cherokee • 256-359-6651

#### 8-7 Mon thru Sat 10-5 Sunday

Quantity & correction rights reserved.

None sold to dealers. We reserve the right to correct typographical and pictorial errors.

Limited quantities. Sorry no rain checks.

While supplies last.

Prices Good January 24-30, 2024













Land 'O Frost Assorted **Lunchmeat** 

\$**5**49



Club Crackers Multigrain 12.7 Oz. Original 13.7 Oz.

\$399



ckers ginal 13.8 Oz.

ARMOUR Potted Meat 3 Oz.

700 Armour - Original
Vienna Sausage
ARMOUR
4.6 Oz.

79¢

# Chef Boyardee Cans Beef Ravioli 15 Oz., Beefaroni 15.5 Oz., Spaghetti & Meatballs 14.5 Oz.,

BOYARDEE
REGERIANCE
RE



Piggly Wiggly Family Size
Tea Bags
24 Ch Regular
24 Tea Bags
24 Tea Bags
24 Tea Bags
25 Teachers
24 Tea Bags
25 Teachers
25 Teachers
26 Teachers
26 Teachers
27 Teachers
28 Teachers
28 Teachers
29 Teachers
20 Teachers
20 Teachers
20 Teachers
20 Teachers
20 Teachers
20 Teachers
21 Teachers
22 Teachers
23 Teachers
24 Teachers
25 Teachers
26 Teachers
26 Teachers
26 Teachers
27 Teachers
27 Teachers
28 Teachers
28 Teachers
29 Teachers
20 Te

Armour





Pam - Original
Cooking Spray
6 Oz.

\$409

Chips 7.75 Oz. or Ruffles 7-9 Oz.

Frito-Lay Fritos
Greetos 7.5-8.5 Oz.

S Q

S Q



Hidden Valley
Ranch
16 Oz. Original

\$399



Coke Products (oca Cola 12 Pk. 12 Oz. Cans

Cole 2 Liter 2 Liter 2 | \$4

Coke

**Products** 

















# **Medicare Minute**

# "4 Parts of Medicare"

Did you know there were four parts to Medicare not two? Did you know that two of the parts you can get through the federal government but the other two parts, if you choose to take them, must be purchased through private insurance companies? Finally, did you know most people have an option as to whether to sign up for three of the four parts of Medicare? To some these are very simple questions but to others they can be very confusing.

The four parts of Medicare are labeled Part A, Part B, Part C and Part D. Over the next few weeks we will discuss each of the four parts in detail but for today let's simplify things by saying that Part A is your inpatient or hospital care, Part B covers your outpatient services, Part C is called Medicare Advantage and Part D is your prescription drug plan.

The two parts of Medicare that you receive through the federal government are Parts A & B. The two parts that can purchased through private insurance companies are Parts C & D. So which parts are optional for most people? That would be Parts B, C and D.

It's very important for the Medicare beneficiary to be familiar with each of the four parts of Medicare and what they cover. Here are some ways you can do that. First you can go to Medicare.gov. This is an excellent website that will tell you everything you want to know about Medicare. You can also refer to the "Medicare and You" handbook. Another way to learn about the basics of Medicare is to attend one of the Medicare Education Classes our company conducts. They are free of charge and open to the public. Just contact our office for times and dates. Of course you can also check out the "Medicare Minute" each week in the Courier Journal!!

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@ alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.





**Ikey Fowler** 

885 Florence Blvd. • 256-648-5710 (Four Lane Shopping Center)



Always available on our homepage by sunrise Tuesday morning -

www.CourierJournal.net



sponsored by:



# ENPLONMOUTE

Shoals area public utility is seeking quali-fied applicants for a billing clerk position. Utility or "mass" billing experience preferred.

Applicant should be roficient in computer & math skills, prob-lem-solving, accuracy and attention to detail.

Degree or proof of college level courses re lated to accounting/business will be required.

Successful applicant must be capable of working in a "team" environment and possess customer service and clerical skills to support office staff.

Stable work environment with competitive

salary
and benefits.

Residency requirements will apply.
Send resume to
P O Box 2590

Muscle Shoals, AL 35662 or submitre-

#### **Quad Cities**

#### Taxi

Is looking for Taxicab Drivers, Wheelchair Van Drivers. and Dispatchers. Day and night shifts. Must be 25. Apply in person at 122 N. Royal Ave., Florence, between 8 am and 4 pm, Mon.- Fri. (No phone calls please)

FUNDRAISERS NEEDED to Help Veterans-in-NEED
and in immediate need of
Event Coordinator in Hartselle Office,
Fundraising position is a good source of
supplemental income
Reps set up at prearranged locations to
offer information and patriotic gifts to
donors.
Must have a car and
Driver's License.
Hourly wage, mileage, and bonuses!
Call: 866-212-5592 or
330-398-2904 CELL
Email: elyvetnet@aol.com mail: elyvetnet@aol.con veteransoutreach.org

# **IMES**

#### Lifestyle Coordinator

The Times Daily is seeking a creative, organized journalist to plan daily cover-age for and to help coordinate the pro-duction of our Lifestyle pages.

#### Job Description:

Job Description:
The Lifestyle Coordinator will be responsible for managing content for the paper's Lifestyle pages, including local stories, columns, calendar items, briefs and press releases. The job also includes the pagination of the daily editorial page, and making last-minute corrections and changes to the YourLife pages and other special sections.

Requirements:
We need an energetic, inquisitive and productive professional with excelent planning, reporting and writing skills

The right candidate must be familiar with The right candidate must be familiar with the Adobe InDesign program; have experience in handling Associated Press and feature service copy; have strong editing skills; and be capable of providing web updates and tweets. Ablity to consistently meet established writing deadlines is a must.

The successful candidate will need a college degree or equivalent experience, a passion for journalism, a reputation for quality and integrity, and the planning skills necessary to provide section budg-ets for each day of publication.

Apply:
For more information call 256-740-5721.
Candidates need to send cover letter, resume and writing clips to:
Gary E. Maitland,
Executive Editor
219 W. Tennessee St.
Florence, AL 35630

or email: Gary.Maitland@ TimesDaily.com.

CARD IT! It is easy to place your ads on our website, www.courier journal. net. Just put it on your debit or credit

### **Service One Transport**

NOW HIRING -**OTR CDL A Drivers** 

Good Home Time • Sign On Bonus New Equipment

Apply on Tenstreet @ https://intelliapp.driverapponline.com/c/serviceon

256-314-5496







#### **GREAT BENEFITS + RETIREMENT**



Laborers' Local #366 is recruiting workers to work out at **Browns Ferry Nuclear Plant** 

**Contact:** 

**Laborers' Southeast Training** 256-904-1753

liunalocal366.com

# The Colbert County Commission

accepting employment applications for a

HIGHWAY MAINTENANCE TECH (HMT1) with the County Road Department.

Starting pay is \$13.92/hr plus health insurance and other benefits.

Job Description and Application are available at the **Alabama Career Center** 500 South Montgomery Ave., Sheffield

Colbert County Commission is an equal opportunity employe



Call Today for **FREE ESTIMATE ALL WORK GUARANTEED** 256-577-0730



# Death Sentence: It is Never Easy

hose who have lived in northwest Alabama for several generations as adults will recall one of the most disturbing local criminal cases on record: the Colbert County murder of Elizabeth Sennett in March ln A

Few

Words

**TOM MAGAZZU** 

of 1988. Briefly bringing the story up to date: Mrs. Sennett's husband, Charles, recruited a man named Billy Gray Williams, to murder his wife for \$3,000. Williams recruited Kenneth Eugene Smith and John Forrest Parker to assist for \$1,000 each. Smith and Parker carried out the murder in Mrs. Sennett's home. She still had a pulse when emergency personnel arrived but was pronounced dead at the hospital.

A week later, Charles Sennett killed himself when he learned he was a suspect in the murder. The three men were later arrested, tried, and convicted. Williams was sentenced to life without parole. He died in prison in November 2020 from an undisclosed illness.

#### See DEATH... on Page 18

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

# Courier Journal

# shoals

# **Growing YOUR Money**

Organization Continues to **Assist Local** Investors

SHOALS-According Nathan Richardson, founder ComplexSearch,

one thing rich have access to that poor and middle class don't are "financial advisors and experts, which is one of the most significant means of saving money." These professionals can help them make wise investments, manage client portfolios, and find ways to reduce taxes. Richardson added,



"Most people don't have access to this level of financial advice because they cannot afford it or do not know where to look for it.'

book, In his Eight Steps to Seven Charles Figures, B. Carlson tells his readers strategies to become wealthy without advisors and

experts through interviews with millionaires. system is nationally known as Better Investing, and it has been around for more than 70 years. It is simple enough that it has been used successfully by sixth graders in the Atlanta area.

See INVESTING... on Page 23

#### **WEATHER ADVISORIES** FORCED THE SHOALS WRITERS GUILD to

postpone this month's meeting to January 27 at 10am in the Florence Lauderdale Public Library colonnade. Guest speakers will be authors Nancy Owens Nelson and Jake Berry. Berry

is also the owner of 7 Points Jeff Street and Billy Warren,

first responders to Jacque Rainwater's 1994 ice storm accident in downtown Florence, have been rescheduled for February 17.

#### THE 2ND ANNUAL SHOALS SCALE BACK

event postponed from January 20 has been rescheduled for Saturday, January 27 from 1-5pm in the Coach Mitchell Harvest Gym at Burrell-Slater, 610 West College Street in Florence. Florence City Council member, Kaytrina Simmons; Susan Bentley, WHNP; Javar Myatt-Jones, MD; and the Florence Parks & Recreation Department are providing this free community program - a time to for the Shoals to come together on health and fitness. Last year, there were over 300 attendees. There will be accessible educational information to help you be your healthiest self. Contact Kaytrina Simmons at 256-349-3879 or Susan Bentley, WHNP, at 256-856-3918.

#### BASKETBALL NORTH BASKETBALL **WOMEN** D. JAN. 24 0 6 PM WED. JAN. 24 ° 6 PM at Kennesaw State vs Kennesaw State Kennesaw, GA at Flowers Hall SAT. JAN. 27 · 6 PM 98.3 FM & SAT. JAN. 27 0 1 PM 103.5 FM vs Queens at Queens at Flowers Hall Athletics at Charlotte, NC Visit www.roarlions.com for full team schedules and ticket information

Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. Letters must include name, address and phone number for verification. (Only name and town will be published.) Letters are subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

- by Mail, in Person, or Mail Slot Editor-Courier Journal 219 W. Tennessee St., Florence, AL 35630
- e-mail: editor@courierjournal.net
- FAX- 256-760-9618

#### **CORRECTION:**

The hometown of a letter writer in the January 17 issue was listed incorrectly. Frances Sanderfer, (Huntsville's Integration) resides in Florence. We regret any confusion or inconvenience.

# Lack of Road Prep

Editor;

The aftermath of the recent winter storm highlighted the glaring problems in Alabama's state leadership. Many individuals and media outlets showed pictures and videos of various state line roads. The images from the Shoals area and Madison County all display the same thing: impassable Alabama roads Although we were given warning to prepare for the storm and a state of emergency was issued, many insurance companies refused to fill prescriptions early.

that were miraculously cleared and drivable on the Tennessee sides. Did the winter storm stop at the state line? Of course not! Tennessee has invested in snow and ice clearing equipment and used it, even in the

most rural of areas.

The most common answer given for Alabama's lack of road prep and snow removal is that we do not have the money for equipment that is used so infrequently. However, we seem to find money for other precautionary tools and programs in our state. Two such examples would be the \$1.3 billion allocated for a new prison or the monies spent on "fact finding" trips to Korea to recruit teachers.

I would like to see a cost analysis comparison of purchasing more snow removal equipment versus the combined loss in sales tax revenue, small businesses perishables and sales, and wages, along with increased medical cost due to car

See LETTERS... on Page 20

# Dave Ramsey's

**EntreLeadership** 

**BE FAIR, BUT FIRM** 

My husband and I have run our own small business for nearly 10 years. Our largest client, who is also a friend, is almost three months behind on the bill. He has always been good in the past about paying on time, but we work on a 30-day payment period. Can vou give us any advice on how we should handle this?

Melissa

Melissa.

AL#22283

In my mind, there's no reason to level accusations make threats in a situation like this. There personal dynamics involved, and my guess is he's probably not trying to outright cheat you.

If it were me, I'd go to his office or ask him out to lunch, and then have a friendly sitdown talk. Listen to what he has to say about being so far behind with his bill, but at the same time you need to let him know that you can't function as his bank. You're a small business, and you need your money. Some kind of understanding and agreement have to be reached.

For starters, a fair request would be asking him to help

best he can to get current on his bill as soon as possible. At the very least, he needs to do something to reduce the amount owed within 10 days. You've provided services for him, and you're owed money that's long past due, so there's nothing wrong with this. I'd also establish an understanding that once he's caught up on the past due amount that all payments for services going forward will be due within 14 days after delivery.

Now, he may not like this. If he pushes back too hard, you may have to switch to a cash-only basis with payment due on delivery. If it were me, and he didn't like any of these options, I'd politely suggest he take his business elsewhere.

Like I said, he's probably not a bad guy, just another business small person who's disorganized. That's not an uncommon thing. But vou definitely need to correct this behavior before it gets any further out of hand. You've got a business and a livelihood to think about, too!

–Dave

Leadership and smallbusiness expert Dave Ramsey is CEO of Ramsey Solutions. He has authored eight national bestselling books, including "EntreLeadership," and is a host of "The Ramsey Show" and "The EntreLeadership





#### WINDOW WORLD OF MUSCLE SHOALS



**ENERGY EFFICIENT** 

# Windows, Siding, Doors & More!

**BACKED BY A LIFETIME WARRANTY** 



**GET YOUR FREE ESTIMATE** —

WindowWorldMuscleShoals.com (256) 383-8894

717 Michigan Ave, Muscle Shoals, AL 35661



















# **You Are So Beautiful**

I am the baby sister - State University. At the And recently I have once again really wanted to be like my oldest sister, the one who always introduces me as her "baby sister", that's Rosalyn.

smart. She was educated had to defend her written in an all-black school comps orally. She spit until integration. She was out pages of information one of the first blacks to and graduation came. attend Hendersonville She went on to be the Carolina. She graduated in the top 10 of her class

always have been, always end of her freshman will be. What a privilege. year, she was ranked the number one student in Chemistry. She graduated from there Magna Cum Laude, number one in her class. She went on to Ohio State for her Who wouldn't want Masters Degree. Before to be like Ros? She is so she could graduate, she High School in North Nursing Administrator at the largest VA hospital in North Carolina for there. She attended an 32 years. But Ros is not HBCU, Winston-Salem ostentatious or awkward.

loving. And I still want to

She is also beautiful. She would counter my claim about that. But as her baby sister - to me she has always had that 50s movie star beauty - beautiful thick hair, smooth skin, calm smile. Ros had goodlooking boyfriends in high school. They were all my boyfriends. She was quite a catch, but she didn't know that then and she doesn't know that now, but she is still beautiful. If you knew her, you would think so too.

Because of course her truest beauty comes from her love of God. Ros is full of grace. When she comes into the room the level of spirituality goes up. The bad attitudes change and love shows up. Ros knows God. This has been so evident of late as she has battled health issues with steadfastness and confidence. I have been to the doctor with her and her blood pressure is always low. She has

She is just smart and assurance. It's funny when people call to check on her, they always end up talking about themselves and being encouraged. I use Ros in my mind when describing that Christian lady that we all want to He who keeps you will be. She moves through the room just blessing others. She has supported families with less and has been with others during their battles. I have always wanted to serve like her.

> She is full of beauty and likes beautiful things like art and pretty bedspreads and pillows. But most importantly, she knows God's beauty and His strength, and has shared this in Bible classes with 2-year-olds for 40 years or more. There are many, many young people from the Piedmont of North Carolina who have learned of God from Sister Rosalyn. And many others have received words and cards encouraging them to love the Lord. She knows Him intimately. When I think of Ros's spirituality, I think of these words: "I

mountains from where shall my help come? My help comes from the Lord, who made Heaven and Earth. He will not allow your foot to slip not slumber...the Lord is your keeper...the Lord will protect you from all evil and he will keep your soul. The Lord will you're coming in from this gmail.com.

will lift my eyes to the time forth and forever." Psalm 121. Ros has always understood these words. She has shown me these words. I Cor.11:1. I am blessed to be her "baby sister". Say a prayer for her if you please. I am sure that she has already prayed for you. I am just feeling blessed to be on this journey with her.

Email comments guard your going out and suggestions to CatnKids1@

# **Shoals Bible Class**

Study the Bible at your own pace.

Online, or by mail

- Online lessons go to ---> shoalsbibleclass.worldbibleschool.org
- Postal lessons Phone 256-766-3617



# **Are You Turning 65? MEDICARE** Health Plan Options Can Be CONFUSIN

Our professionals make sure you get the benefits you need.

- Are you a Veteran?
- Are you coming off your
- Do you need Extra Help? Employer's Insurance?

# ALABAMA HEALTH GUIDANCE Insurance Specialists

can answer all of your MEDICARE questions, and there's never a fee for our services!

Hope Stamps | Anah Fowler | Ikey Fowler | Lee Fowler Erica Vaughn | Lisa Gargis | Judy Keenum | Heather Fowler Beverly Stamps White | Caycee Fowler (& Easton)

885 Florence Blvd, Florence • AlabamaHealthGuidance.com

We do not offer every plan available in your area. Currently we represent 9 organizations which offer 80 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) for help with plan choices.







Home-Owned, Home-Operated



Prairie Fresh **ASSORTED BONE-IN PORK CHOPS** Family Pack



















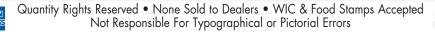














Starry Or

**PEPSI** 

2 Liters

6 Pk.

.5 Liters

Aquafina

WATER

6 Pk. 12 Oz.





Chobani PictSweet Select **Family Size** YOGURT VEGĚTABLES 5 Oz. .....

**SOUR CREAM** 16 Oz. .....

Totino's **PIZZA** ROLLS 15 ct.

That's Smart **MARGARINE** 45 Oz. .....

Food Club

**Boston Market ENTRÉES** 14-16 Oz. .....

ORANGE JUICE 5 Simply Or LEMONADE

Mrs. Paul's Or Gorton FILLETS OR STICKS 11-18 Oz. .....

Budweiser Or Bud Light // Miller Light Or Coors Light BEER 12 Pk. Cans Or Bils. BEER 24 Pk. 12 Oz. Cans

**Liberty Creek** WINE 1.5 Liter



Roscato WINE 750 ML



AD GOOD JAN. 24-30, 2024

Prices Good At These Locations ONLY!

OODI

Preferred Angus Beef TOP SIRLOIN **STEAK Family Pack** Lb.

**Prairie Fresh BONE-IN CENTER CUT PORK CHOPS** Family Pack

**Previously Frozen** PORK BABY BACK RIBS 1 Pc. Lb.

**IQF** - Tyson BONELESS SKINLESS **CHICKEN BREAST** 



Kentucky Legend HALF OR WHOLE **BONELESS** HAM Lb. ......

Dean's **SAUSAGE** & BISCUIT 20 ct.

Tennessee Pride SAUSAGE 1 Lb. Roll ......

**Bryan 4x6 HAM OR** 

Jimmy Dean **BACON** 

**Bryan Original** WIENERS 12 Oz.

Bryan Regular

**BOLOGNA 12 02** 

Or Thick

TURKEY 10 Oz **Top Chick** 

**CHICKEN** TENDERS 2 Lbs.

Pick up a copy of this ad in a Couri Journal at our store OR go online to Foodlandgrocery.com

KILLEN 1161 Hwy. 72 • 7am-11pm • 256-757-2002 FLORENCE 1708 Darby Dr. • 7am-10pm • 256-767-2227 MUSCLE SHOALS 3001 Woodward. • 7am-11pm • 256-381-7277 3413 Woodward Ave. • 7am-11pm • 256-978-6093 SHEFFIELD Foodland Plus • 106 Towne Plaza • 7am-10pm • 256-381-6552

**TUSCUMBIA** 103 West 1st Street • 7am-11pm • 256-383-9425 FORD CITY FOODLAND River Road • 7am-10pm • 256-446-5842 **ELGIN CROSSROADS** ELGIN Forest Plaza • 7am-11pm • 256-247-1958 **ROGERSVILLE** Rogersville Shopping Ctr. • 7am-11pm • 256-247-1805

# HOCUS-FOCUS HENRY BOLTINOFF MEARY BOLTINOFF

Find at least six differences in details between panels



Differences: 1. Broom handle is longer. 2. Cloth is different. 3. Cap is different. 4. Cup is missing. 5. Cabinet is wider. 6. Flower picture is reversed.

ARIAT COWBOY BOOTS, <u>NEVER</u> WORN, Men's size 10.5D, \$140 obo. 256-263-7636. Leave Message.

CAMPER
Prestine Camper with so many added
EXTRAS!

2021 Forest River Alpha Wolf Limited 26RL-L Basically brand new camper!! \$33,499

256-565-7062

#### FEAZELL'S PAINTING SERVICE

#### **Picture Perfect Results!**

Residential, Repaints, Interior & Exterior, Quality Work, Exterior surface cleaning. Licensed & Insured. L.B. Feazell 256-762-8953 MAROON SOFA \$175, SOLID WOOD COFFEE TABLE \$50 good condition. 256-754-4445 Decatur

HOME IMPROVEMENT AND BUILDING: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

I BUY JUNK OR UNWANTED Cars, Trucks, Vans, Tractors, etc. 256-810-1221 FLORENCE: INDOOR LIVING ESTATE SALE 133 Talisman Dr. Jan. 26-28 Fri, Sat 8-5 Sun. 12-5

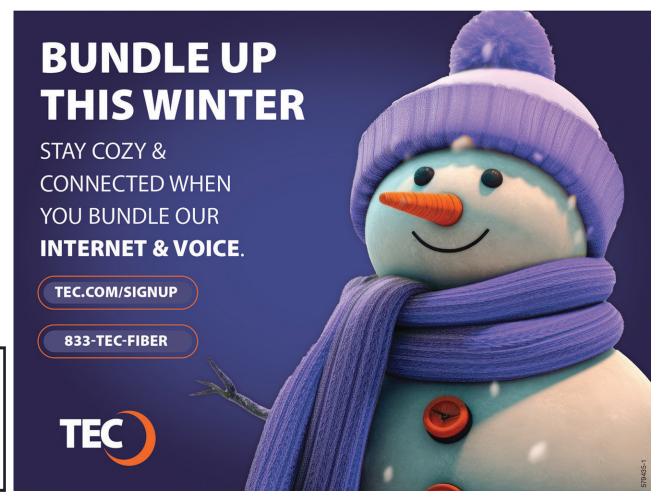
Numbers given out Friday to enter. Please do not block neighbor's drives or mail boxes. 49 year of stuff, A bit of everything!

# CUSTOM WALK-IN SHOWERS

Pick Your Color, Pick the Style. Add the accessories, niches, shelves, benches, grab bars, rain head, hand shower, and body sprays. See photos on Facebook: Walk-in Showers by Patrick or call 256-627-8007 ISUZU: NPR Box Truck, 1993 \$5,000, 14 ft. bed, 129,600 miles, rebuilt 350 Chevy engine and transmission with less thank 3,000 miles, Call/text 256-335-2941 Florence

PROFESSIONAL CONCRETE

"The Concrete Specialist"
Slabs, Walks, Patios, Drveways,
Pool decks, Stamp Decorative,
We do it all. 33 years experience.
Free Estimates Call 256-577-9108



# Hamilton Family URGENT CARE

# **Walk-In Urgent and Family Care**

3500 Cloverdale Road • Florence

#### **OPEN 7 DAYS:**

Monday - Friday 8am-8pm; Saturday 8am-6pm; Sunday 2pm-6pm

Accepting New Patients



NOW 2

Convenient

# **Convenient Online Registration Available**

Covid Testing • Televisits Available • We See Kids! • On Site X-Ray

256-284-7706 · www.hamiltonfamilyurgentcare.com

Most Insurance Accepted Including Medicare and Medicaid

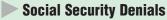
# Tolovicite Available Ma Coo Midel O

# FINANCIALLY STRESSED?

#### Debt Consolidation/ Bankruptcy

STOP Garnishments/ Repossessions/Foreclosures

Collection Harassment (FDCPA) Credit Report Disputes (FCRA)





B. Grant
McNutt
Attorney at Law



Nicholas H. Gajewski Attorney at Law



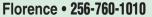
Tanya McCalpin Attorney at Law

BOND, BOTES, SYKSTUS,

Offices Also In:
Haleyville
205-486-3580

Decatur **256-355-2447** 

Huntsville **256-539-9899** 



TANNER & McNutt P.C.

Attorneys Providing Financial Solutions

102 S. Court St., Suite 314, Florence, AL 35630

For more information, visit www.bondnbotes.com

No representation is made that the quality of legal services to be performed is greater than the quality of legal services to be performed by other lawyers. We are a Debt Relief Agency and Attorneys at Law who, where appropriate, help people file for relief under the Bankruptcy Code.

# **LEGAL NOTICE**

# STATE OF ALABAMA, LAUDERDALE COUNTY NOTICE OF ABANDONED AND UNCLAIMED MOTOR VEHICLES.

Notice is hereby given that on the **23RD DAY OF FEBRUARY 2024 from 9:00am-3:00pm** we will be accepting **SEALED BIDS** on the following vehicles to dealers only. Vehicles will be sold for parts only. No titles will be offered.

#### FRANKIE'S AUTO & TOWING, 990 County Road 28, Florence, AL 35634.

Frankie's Auto & Towing will accept proof of ownership should anyone care to submit the same Monday-Friday 8:00am-5:00pm until the day of the sale. Vehicles may be viewed starting Monday February 19, 2024 between the hours of 8:00am-5:00pm. Vehicles must be paid for by Monday, February 26, 2024. Frankie's Auto & Towing reserves the right to accept or reject any and all bids.

Year/Make/Model	VIN#	Color
2014 Dodge Journey	3C4PDCAB8ET317183	Orange
2007 Volvo S60	YV1RS592672622369	Blue
1993 Chevrolet S-10	1GCCS19Z5P0168242	Green
2007 ALLRoad Dirtbike	LXYPCML0670K39649	Red
2006 Dodge Grand Caravan	2D4GP44L86R784161	Blue
1999 Lincoln Town Car	1LNHM83W6XY654952	Gold
2002 Buick Regal	2G4WF551821235059	White
1999 Nissan Pathfinder	JN8AR05Y6XW313512	White
2004 Pontiac Grand Am	1G2NF52E94M578756	Red
2002 GMC Sierra 3500	1GTJC39UX2E291700	Silver/Brown
2000 Ford Mustang	1FAFP4042YF172786	Silver
2019 Dodge Grand Caravan	2C4RDGBG7KR794003	Gray
2001 Ford Ranger	1FTYR14U11PA56484	Red
1997 Chevrolet S-10	1GCCS14X1V8106843	Green
2005 Dodge Grand Caravan	2D4GP44L65R482303	Silver
1989 Chevrolet G20 Van	2GBEG25K9K4147287	Maroon
1992 Chevrolet S-10	1GCCS14R2N8212171	Black
2006 Suzuki Forenza	KL5JD56Z96K425022	Red
2006 Toyota Tacoma	5TETX22N46Z210641	Silver
1997 Ford F150	1FTDF17W2VLA93674	Red
2004 Jeep Grand Cherokee	1J4GX48S24C416671	Blue
1998 Ford F150	2FTRX08L7WCA80951	Black
1993 Ford F150	1FTDF15Y7PNB19164	White/Black
2006 Lexus IS2	JTHBK262662011295	Blue
2011 Kia Forte	KNAFT4A2XB5353308	Black
2007 Ford F150	1FTRF14W47NA48916	Blue
1998 Chevrolet S10	1GCCS1441WK230931	Silver/Tan
2005 Ford Crown Victoria	2FAFP71WX5X160922	Blue
2008 Chevrolet Cobalt	1G1AL18F387126522	Gray
1999 Dodge Ram 1500	3B7HC13Z1XM596396	Red
2013 Honda CR-V	5J6RM4H59DL017798	White
1978 Chevrolet Pickup	CCD148A130815	White

# Moments in Time

- On Jan. 29, 1845, Edgar Allan Poe's poem "The Raven" was published in The Evening Mirror in New York. The eerie work, which earned its author the sum of \$9, was both panned and praised by critics and parodied soon after its publication, but remains one of the most popular poems in literary history.
- On Jan. 30, 1862, the first American ironclad warship, the USS Monitor, was launched into the East River. Construction of the vessel was inspired by talk of the Confederate Navy's building an impenetrable ironclad that could break the Union's blockade of the port city of Hampton Roads, Virginia.
- On Jan. 31, 1747, the first clinic for treatment of venereal diseases opened at London Lock Hospital. Unfortunately, its cure methods were ineffectual, with mercury (and its highly debilitating side effects) being the most common.
- On Feb. 1, 1587, England's Queen Elizabeth I signed the death warrant for her cousin, Mary, Queen of Scots, after Mary was found guilty of being "not only accessory and privy to the conspiracy, but also an imaginer and compass of her majesty's destruction." In her final days, Elizabeth admitted to regret about the order.
- On Feb. 2, 1970, British mathematician, logician and philosopher

Bertrand Russell, who is considered the founder of analytic philosophy and won the Nobel Prize in Literature for his idealism- and humanitarianism-themed writings, died at his home in Wales at the age of 97.

• On Feb. 3, 1994, President Bill Clinton lifted the trade embargo that had been in place on the Republic of Vietnam for 19 years, following the capture of Saigon by North Vietnamese troops during the Vietnam War.

• On Feb. 4, 2010, Barack Obama's 57-yearold Kenyan aunt, Zeituni Onyango, appeared at a court in Boston for a second attempt to gain political asylum in the U.S., but the hearing ended without an immediate decision. Ms. Onyango had moved to America in 2000, and her first asylum application was rejected four years later, with an order for her deportation. Her immigration status would become an issue during Obama's election campaign.

(c) 2024 King Features Synd., Inc.

# Shoals Primary Care

**Ford City Clinic** 

# Lisa Gamble,

WELCOMING NEW PATIENTS
WALK-INS WELCOME

OR CALL FOR APPOINTMENT



#### ONSITE LAB WORK • COVID TESTS

• Medical/Sports Physicals • Wellness Exams • Tele-Medicine

Pharmacy On-Site • All Insurance Accepted

Mon-Thur 8am-5pm • Fri 8am-12pm



14490 County Line Rd., Ste. A
Muscle Shoals
256-661-2138
shoalsprimarycarellc.com



Fees quoted by

ALL CREDIT CARDS

♥ Balloons ♥ Candy

Home Decor ♥ Candles

▶ Beehive Scented lotions ♥ Shower Gels

Body Sprays - for men and women

Valentines Day is just

around the corner

**CUSTOMIZED GIFT BASKETS** 

MADE TO ORDER or we can

choose for you Inspirational

Journals, Coffee Mugs, and More

**DIVORCE:** 

Custody

Visitation

Child Support

Modifications

**Child Support** 

with 39 Years

• Former DHR

**Prosecutor** 

Experience

FIREWOOD FOR SALE Half-cord 4x8 Seasoned or Green Delivered \$100 You Haul \$70 256-648-0512 DATA VIDEO 256-710-0292

**TRANSFER VIDEO TAPES &** 

VORCE is \$300

**Law Office of** 

Robert F. Smith

521 E. Tennessee St. Florence

256-764-ATTY (2889)

A Divorce & Family Law Practice

www.ShoalsFamilyLaw.com

People's Di

LICENSED ELECTRICIAN 25 years Experience Affordable, Professional Service 256-762-7663 Ron

HOME IMPROVEMENT AND

# **BUILDING:** siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

#### TREE COMMANDER TREE SERVICE

Free Estimates Tree Removal. Debris Removal, Tree Trimming, Veteran/Senior Discounts Kane Rice-Owner 256-600-3239

Licensed & Insured

Limited

Delivery

Available

STRANGE

 Ever wonder why your kitty tries to play or even fight with its own reflection in a mirror? Animal specialists believe felines don't realize that their image isn't another animal because it has no scent.

 And speaking of scent, the Odeuropa research project has created an online encyclopedia dedicated to the history of smells.

• Vomitoriums in ancient Rome weren't actually spaces for gastronomic feasting and purging, but an architectural feature in stadiums that allowed for more efficient crowd

 Null Island gets its curious moniker from its coordinates: zero degrees latitude and zero degrees longitude. It also doesn't exist, but is the result of a common error in GIS data.

• ChatGPT can easily be convinced it's wrong, even when it's right.

 Irving Berlin dedicated all royalties from "God Bless America" to a fund of the same name, specifically for the benefit of such youth organizations as the Boy Scouts and Girl Scouts in New York City. To date. more than \$10 million has been raised.

 Researchers at Dublin City University found that soccer goalkeepers process both visual and auditory cues more efficiently than other players, as well as nonplayers, which could be the clue to their speedy reactions during games.

• By 2027, Sweden plans to boast a city made entirely of wood.

• The last U.S. conviction for **blasphemy** went to atheist activist Charles Lee Smith in 1928, after he rented a Little Rock, Arkansas, storefront and put a sign in the window reading: "Evolution Is True. The Bible's a Lie. God's a Ghost." Because, as an atheist, he couldn't swear the court's usual oath to tell the truth, he also couldn't testify in his own defense.

Thought for the Day: "If people are doubting how far you can go, go so far that you can't hear them anymore." -- Michele Ruiz (c) 2024 King Features Synd., Inc. **KOGER LAWN SERVICE** and Pressure Washing. Call 256-366-3133

#### J.J.J. MAINTENANCE **SERVICES**

For all of your Home Improvement needs call 786-291-3565 (Shoals area)

#### **Shingle** & Metal Roofing

- Standing Seam
- Custom Made on Job Site
- Concealed Fasteners
- Competitive Pricing

#### ALUMINUM **GUTTERS**

LICENSED. **INSURED & BONDED** 

**USA Made Products** 



Jerry & Chad Gann GANN'S

**Discount Siding, Inc.** Leighton

256-446-9767

Now Accepting VISA COMMISSION ACCEPTING VISA



# **Experience Counts Concrete**

• Driveways • Sidewalks • Patios • Etc. 40 years experience • Free Estimates •

When it has to be right, remember, "Experience Counts"

Jerry Ishcomer 409-381-0098

Serving all of NW Alabama



- Outpatient Treatment
- Individual & Group Counseling
- Patient Centered Care

Flexible hours for Work & Home Life

#### **Opioid Addiction**

Heroin, Morphine, Methadone, Fentanyl Hydrocodone, Demerol, Oxycodone...

**Substance Abuse Medications Addiction Specialist** 

> **READY 4 CHANGE** Same Day & Next Day **Appointments Call Now**

#### **FUTURE SOLUTIONS:**

LEXINGTON: 256-229-6262 / 256-412-4457 • Tuscumbia: 256-702-0122

Suboxone treatment



by DAVE RAMSEY

#### AN EMERGENCY FUND **ISN'T ABOUT INSTANT GRATIFICATION**

Dear Dave,

We've all our debts paid off, except for our home, and our fully funded emergency fund of six months of expenses is in place. In talking to people, it seems there are lots of different opinions as to what constitutes an emergency. What guidelines do you suggest when deciding whether to use our emergency

Ingrid

Dear Ingrid,

There are three things to ask yourself when you're



tempted to dip into your result of poor planning.

If your car goes completely

you kaput, and need transportation, use your emergency fund to buy something affordable and reliable you can pay cash for. But don't dip into your emergency fund just to upgrade your good car for one with a million bells and whistles. That's a want, not a

And three, is it urgent? Sometimes, you have act like a grown-up. Every idea that pops into your mind isn't unexpected, necessary or urgent. You can live that way if you want, but the result will be a quickly depleted emergency fund. Then, what're you going to do when a real emergency comes along?

Practice the art of patience. Avoid impulse buys. Urgent things include stuff like a broken air conditioner in the middle summer, a busted unexpected medical expenses. A big sale at Wal Mart? No. Concert tickets? Definitely not. That great new pair of shoes you just saw in a store window? Give me a break!

Your emergency fund is about long-term security, not instant gratification. Don't use it on a whim. But don't be afraid to use it when you really need to!

–Dave

\* Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey

#### emergency fund. One, is it unexpected? Things like Christmas, birthdays and even certain bills come around at the same time every year. If you're not already budgeting for these things, it's time to start. Otherwise, you might use your emergency fund for something that's just the

Number two, is absolutely necessary? Most transmission or of us think we know the difference between needs and wants, but sometimes the line gets a little blurry.

**BLACK'S TREE SERVICE** Trimming & Complete Removal, 10% Senior discount, "Satisfying Customers is My Business" Call 256-648-0512

ROOFING - LEAKS REPAIRED. Chimneys Flashed, Valley Repair All Work Guaranteed. Free estimates, 256-383-3218

Is it time to clean? Smells, Water, Animals? Dryer vent cleaning. Black Hearth Chimney Sweeps 256-710-0292





# **Northwest Alabama** Leg Pain Specialists

Treating the Causes of Leg Pain, not just the symptoms.



Do you suffer from...

**Restless Legs** Varicose Veins Cramping Aching Swelling **Spider Veins** Burning **Tingling** Itching Heaviness Discoloration Hair loss

Our team of experts, including a Board Certified Physician, specialize in the diagnosis and treatment of leg problems. We utilize the latest technology to get to the cause of the problem and develop a solution.

Let us help you get back to an active and healthy lifestyle! For more information or to setup an appointment, please call 256-766-2310.

2095 Florence Blvd., Florence

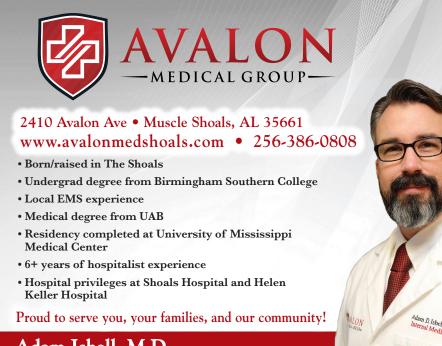
Phone: 256-766-2310 • Fax: 256-768-9956

# Thinking of Selling Your Unwanted Diamonds & Gold?

Bring Them to the Jeweler You Trust. We Pay Top Dollar



285 Cox Creek Parkway • 256-764-4013 Shop groganjewelers.com



Adam Isbell, M.D. **Board Certified in Internal Medicine** 

**Aluminum Patio Covers • Carports • Screen Rooms** 



For FREE Estimate **CALL TODAY!** 

256-668-9890 • Darrell 256-980-9304

\*\*\*\*\*\*

# BamaAluminum.com

2310-B Woodward Ave. • Muscle Shoals





2410 Avalon Ave, Suite 2100 • Muscle Shoals 256-386-0808 • www.avalonmedshoals.com



"PROVIDING COST EFFECTIVE SOLUTIONS TO SELECTED LEGAL PROBLEMS."

INCLUDES ALL FEES\*

CHAPTER 7 \$ 8 Bankruptcy

256-335-6500 2210 Helton Drive • Florence

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

#### Commentary

# Death...

#### **Continued from Page 8**

Smith and Parker were both sentenced to death lethal injection. Parker was executed in June 2010. His statements at the time appeared to indicate that he was genuinely remorseful for his part in the crime. Smith's latest execution date is set for Thursday, January 25, 2024.

extenuating details are many. It's not as if there was a motive of revenge, retaliation, anger, or jealously behind the killing. However, premeditation, greed, and complete inhumane callousness are just a few aspects of this horrific An internet incident. search can supply anyone with the added details.

Although softened to a degree, I support Capital Punishment (death for capital penalty) murder in many cases, at least in theory. That includes cases where an innocent and defenseless person is purposely killed, and the case is open and shut from the outset like this one was. Evidence can certainly tampered with. threatened, witnesses bribed, or blackmailed, and memories clouded or confused. For that matter, people can be set up or framed for a crime that was committed by another. Some people on death row have been wrongly convicted. This was not the case here.

We have tried to make executions more humane over the years. Hangings. firing squads, and the electric chair have all given way to the more humane, less overtly painful, or traumatic of method lethal injection. This is an option that very few on death row afforded their victims. And for some reason, lethal Injection always as designed, especially when the prisoner is dehydrated, and a plump vein is not accessible.

The death penalty's effectiveness as deterrent to heinous has largely crimes been rendered useless through the myriad of appeals and wranglings that can take place between the trial and any potential execution date. Some of those have

legitimacy, especially immediately after sentencing. However, the more years that pass, the more disjointed the process becomes. It has now progressed to the point that a conviction and death sentence benefit neither public safety nor the taxpayer at large. The only people who benefit are the defendant's attorneys, who almost always are billing the government for every move on behalf of their clients who are still entitled to appointed council if they cannot afford it. Meanwhile, courts across the land are mired in the frivolity of so many objections and appeals.

Kenny Smith has been on death row now for almost two-thirds of his life. A convicted capital murderer still on death row 35 years after the crime was not what our founders envisioned, and many of them were lawyers.

sure-fire The to fix frivolous, timeconsuming, calendarstretching, and taxpayersoaking appeals capital murder cases would be to make every hour spent by the defense non-billable if the appeal were denied. Of course, the problem there is that the judges were once lawyers. So, we would be assured that very few appeals would fail.

Smith objects being executed bv this lethal injection week because of the pain it caused him on his previous execution date in 2022. He alleges another attempt would violate his right to be free of cruel and unusual punishment under the Eighth Amendment to the Constitution. As part of a settlement between the state and Smith, the state agreed not to pursue Smith's execution by lethal injection. This allowed agreement Smith to instead elect a secondary, untested method of execution.

The atmosphere we breathe is 78% nitrogen, 21% oxygen, and less 1% of than various trace gases. The process called 'nitrogen hypoxia' would be administered through a breathing mask (like a CPAP) breathing and would gradually deprive the inmate of the needed oxygen to remain conscious. Shortly after losing consciousness, the person's organs begin to shut down, leading to death.

If the execution goes planned. forward as Smith will be the first person in the United States to be executed using this method.

Recent appeals debate whether Mr. Smith might experience any unnecessary pain and whether the safety of onlookers can be assured with this new process.

It is nonsensical why there is so much drama in completing an execution in this country, anyway. A combination of Versed (generic Midazolam) and Propofol is also used intravenously with great success when performing colonoscopies. Patients are relaxed and then unconscious realization until after the procedure. The same process could be used here, followed by additional whatever product(s) are needed to humanely fulfill the execution process.

This text is from the ACTION NETWORK online which is lobbying for another stay execution for Smith:

On November 17, 2022, the state of Alabama FAILED in its attempted lethal injection execution of Kenneth Smith, poking him, and cutting him for hours before sending him back to his cell alive. This left him severely physically scarred and deeply traumatized...

wording That certainly tailored for drama, added and certainly cannot emotionally place myself in Smith's position.

I also can't help but reflect on how Elizabeth Sennett felt on March 18, 1988, while being bludgeoned repeatedly before lying in her own blood for hours with only a faint pulse. After 35 years, how must family members and friends feel about Smith's recent Kenny physical scars and deep traumatization?

This situation and the justice system remain extremely disturbing.

# **Insurance Insights**

# What Is An Impact-**Resistant Roof?**

If you're ready for a new roof, now's a great time to upgrade to sturdier materials to create an impact-resistant roof that may save you time, money and hassle down the

Just how durable is your roof? That depends on the type of roofing products used in its construction. One type of roofing product — impact-resistant shingles, which are sometimes called hail-resistant shingles — can give you a stronger, safer, more durable roof. An impactresistant roof may also reduce your risk of hail, wind and interior water damage from a storm, especially if you live in an area where hail and wind put roofs to the test. You might even qualify for a discount on your homeowners insurance premiums when you upgrade.

#### What are impact-resistant roofing materials?

Impact-resistant shingles and other roofing materials are designed to resist damage from hail and flying debris — things that might damage ordinary shingles. Shingles on an impact-resistant roof are designed to withstand high winds and hail damage.

According to the Insurance Institute for Business and Home Safety (IBHS), most roofs have an average life span of 20 years. However, roofs in areas that experience a lot of hail may need to be replaced every 7 to 10 years.

You can choose impact-resistant shingles such as asphalt or a metal roofing material in a variety of popular

#### How are impact-resistant roofing materials rated?

Two companies — Underwriters Laboratories (UL) and FM Approvals — are typically used to rate the impact resistance of roofing materials.

#### Are impact-resistant shingles worth it?

While impact-resistant products may cost more than traditional shingles, you could save over the long run when you consider the reduced likelihood for roof and home damage — especially if you live in a hail-prone area.

In some states, you may also qualify for discounts on your home insurance premiums by using qualifying impact-resistant roofing products.

#### Reasons to consider impact-resistant roofing options

- Better resistance to impact from hail and flying debris than non-impact-resistant products.
- Protection against fire many products are Class A fire rated.
- If you sell your home, the new owner may be eligible for a homeowners insurance discount, which can be a good selling point.
- Less impact on the environment since fewer roofs will be damaged during a storm.

To learn more about impact-resistant roofing materials, contact a State Farm agent today.

State Farm® Insurance Agent **Rebecca Stutts Hovater** 

StateFarm

501 S Montgomery Ave, Suite C Sheffield

256-383-1250 RececcaHovater.com email: Rebecca@RebeccaHovater.com

#### **FUSE BOX OR ELECTRICAL PROBLEMS?**

**Call American Electric** In Florence, AL.
We have over 30 years
experience, with friendly,
dependable and affordable
service. Locally and Veteran
Owned, 256-760-1152

**ROOFING - LEAKS REPAIRED,** Chimneys Flashed, Valley Repair All Work Guaranteed. Free esti-mates, 256-383-3218

#### HANDY MAN SERVICE

Decks, ceramic tile, laminate flooring installation, bath remodel, doors, windows, shower pans. bathtub refinishing, and more. Call for all your home repairs! Bobby Greene 256-366-6641 Terry Mitchell 256-815-9534

This Ad Good January 24-30, 2024

2503 North Wood Ave. • Florence 256-766-0456

**Hwy 200 • Central Heights** 256-349-2377

We Welcome WIC & Food Stamp Shoppers. Quantity Rights Reserved. None Sold To Dealers.

#### SHOP OUR FULL SERVICE MEAT DEPARTMENT



**GRADE A FROZEN BONELESS** FRYER BREAST TENDERS





**USDA BONELESS CENTER CUT** PORK CHOPS

BLACK LABEL SLICED ORIGINAL HORNEL BACON 1 LB.

11 OZ. MEXICORN OR WHITE

SHOEPEG GREEN GIANT



16.3 OZ. PETER PAN PEANUT BUTTER

6 ROLLS - BOUNTY ESSENTIALS = PAPER TOWELS OR CHARMIN ESSENTIALS **BATH TISSUE** essentials

42 OZ.



11-12 OZ. CAP'N

#### **DAIRY SPECIALS**

SHREDDED

16 OZ. QUARTERS

**BLUE BONNET** 

**Blue** MARGARINE

CHEESE

8 OZ. FOOD CLUB

#### PRODUCE SPECIALS

# **STRAWBERRIES**



# 27-29 OZ. **DI'GIORNO PIZZAS**

FROZEN SPECIALS





6 PACK 1/2 LITER BOTTLES COKE **PRODUCTS** 

# FIVE GUYS®

#### BURGERS and FRIES



Burgers

Dogs

Sandwiches

Fries

We proudly serve Coca-Cola® products

☑ Bar-B-Q Sauce

☑ Bar-B-Q S. ☑ Hot Sauce

2881 Florence Blvd. Florence 256-349-2058 10:30am-10pm every day Order online: FiveGuys.com



The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

TRIEND MAX G's already on his way to being a pro at sit, lay down, crate, and shake! He loves bones and chew toys and belly rubs. He needs a cat free home. He's around 1.5 years ald and a highly with pages and a wide with the constant of waiting the constant of the cons

around 1.5 years old and a husky with energy and excitement. Please, come meet him! ADOPTIONS ARE CURRENTLY \$85 and include everything your new pet needs to be on track for a happy, healthy life: vaccines, a microchip, spay/ neuter, and heartworm test. Please call or come by Florence Lauderdale animal services 256-760-6676 to meet



Meet **TIMBER**. She is a Silver lab who is spayed and up to date on vaccinations. This beautiful girl is around 2-3 years old and PERFECT with ALL dogs and cats. Timber is even House and crate trained. She LOVES hiking, water, and apparently snow too. She knows sit, paw, and bed and is the best cuddler! **ADOPTIONS** ARE CURRENTLY \$85 and include everything your new pet needs to be on track for a happy, healthy life: vaccines, a microchip, spay/neuter, and heartworm test. Please call or come by Florence Lauderdale

animal services 256-760-6676 to meet this beautiful dog.

Meet **SWAN**. She is 1 year old and some kind of really cute mix! She is AMAZING with other dogs,great in a crate and great in the house. Swan is fantastic on a leash crate and great in the house. Swan is fantastic on a reash and loves toys, especially tennis balls. This amazing dog will even sit for a treat. ADOPTIONS ARE CURRENTLY \$85 and include everything your new pet needs to be on track for a happy, healthy life: vaccines, a microchip, spay/neuter, and heartworm test. Please call or come by Florence Lauderdale animal services 256-760-6676 to meet this fun your. 6676 to meet this fun pup



**KENDALL** is about 2 years old. He was dropped on the front lawn of the shelter. It took about 30 minutes to get him to trust us enough to bring him inside. He was starving to death. Fast forward 3 months and he has opened up, and is super loving and friendly! He loves kids and is ok with dogs. He loves to jump up and give lots of gentle hugs. He is looking for his forever home. **KENDALL IS AVAILABLE FOR ADOPTION FOR \$25!** He is already neutered and up to date on rabies vaccine, shots, wormer and NexGard! For more information please contact
Colbert County animal shelter
at 256-381-4073.

Meet **SADIE MAE**. She is about 1 year old and loves to play in water. She needs a lot of space to play because she is a very active girl! She is good with other dogs and all people. **HER ADOPTION FEE IS \$25**! The fee includes a voucher for \$70 off of the mandatory spay, \$15 rabies voucher, current vaccines, NexGard and Wormer contact Colbert County



**MILA** is a 2-3 year old Curr mix, who is very dog friendly and wants to play all the time!! She LOVES being petted and given attention. Mila loves to be outside and loves being able to run and play! All of her babies have now moved on and she is ready for her forever loving home. She is so deserving of the chance to have a happy life with people who love her as much as we do at the shelter. **HER ADOPTION FEE IS \$25**. The fee includes current vaccines (apart from rabies), NexGard, heartgard, \$15 rabies voucher and a voucher for \$70 off of her mandatory spay! For more information please contact **Colbert County animal shelter at 256-381-4073**.

# Letters...

## The Lack of **Road Prep**

Continued from Page 8

accidents for those individuals who must travel for work or emergencies.

For those who read this and scoff, consider the elderly, physically challenged, and children who were stranded in snow bound areas with little to no transportation access and who needed medicine or food.

were Although we given warning to prepare for the storm and a state of emergency was issued, many insurance refused companies fill prescriptions early. When the roads shut down, so do senior Meals centers. on Wheels, and schools which provide some of the only daily sustenance to people in need.

Delaina Greene

# The Yoke of Tyranny

To the Editor:

What we see happening today in our country reminds me of what I've studied about prerevolution days America.

King George III was occupying this country and restricting the peoples' rights and I have read that in the beginning only about 3 percent of the people were willing to stand against his mighty army of redcoats.

But there were a few brave Americans who saw what was happening and refused to have the yoke of tyranny around their necks.

These few began to rouse other Americans into action against the king and his dictates and thus the American Revolution began!

Today, we see the same dangers to our liberties that Americans saw then.

It could escalate into physical revolution unless American citizens wake up to the threats to our freedoms and stand against the tyranny that seeks to destroy America.

Janice Gross Williams

# Notes...

**Continued from page 5** 

**Tuesday, January 30** Heritage Christian University, Florence, 9am - 4pm Wednesday, January 31 Brooks High School, 4300 US-72, Killen,

Outsmart the Scammers! Wednesday, January 24 at 9am at The Healing Place, 2409 Wildwood St in Muscle Shoals.

Please join us for this free program sponsored by The Healing Place, A Center for Loss and Change. The presenter is Adam McCollum, a Financial Advisor from Edward Jones.

Incidents of fraud are on the rise, and scammers' tactics are becoming more complex. While no one is immune, there are steps you can take to Outsmart the Scammers. Join us for this presentation and learn about the following strategies:

 How to spot certain red flags that may indicate a fraudulent encounter

 Resources you can turn to in the event you or a loved one is targeted

· Steps you can take now to help protect yourself and your loved ones Please RSVP to 256-383-7133.

Social Dance on Tuesday Nights, 6:30-8:45. at The Club (Florence Senior Center), 450 Country Club Drive in Florence. Music from across the decades provided by The Browns. The Club is an alcohol, drug, smoke, and weapon-free facility. 256-760-6420.

Joints in Motion, chair exercise class, Tuesday, Thursday, and Friday at The Club (Florence Senior Center), 9:30am. No charge. BINGO Wednesdays 10:15am until our 11:30am lunch (w/ \$1 lunch donation)! If you are 60+ you can join us for lunch and games. 256-760-6420.

Gerald Clemmons needs a kidney! Gerald is a lifelong resident of Lauderdale County. He has kidney disease and is on dialysis. He has been told that he needs a kidney transplant. and a living donor is his best chance to survive. Please consider becoming a living kidney donor for him at Vanderbilt Hospital.

You can help! To be a donor, you will need to: know your blood type, be at least 18 years of age, be in good physical health, and have a good mental disposition. This week can provide more information: https://bit. . ly/VandyLivingDonor

If you can't donate, please share this information.

**Director sought - Zodiac Players** of the Shoals Community Theatre is accepting director applications for the 2024-25 season. If interested in submitting a show proposal, please submit a brief proposal of the show along with application to direct and experience. Include concept of the show production. Submissions due 1 and will be presented to the Zodiac Board for approval. Submit to: rjpettus@gmail.com, rpettus@shoalschamber.com.

The Club (Florence Senior Center) and Diamond Tours Diamonds in the Rough 2024 trip Information. www.

GroupTrips.com/TheClub

• Nashville Show Trip, April 15-17, #2089232, Double Occupancy Rate \$582, Single Rate \$672

 Niagara Falls Trip, June 23-29, #2101920, Double Occupancy Rate \$1187, Single Rate \$1421

• Mt. Rushmore and the Badlands, August 17-25, #2092162, Double Occupancy Rate \$1542, Single Rate

See NOTES... page 22

# $oldsymbol{A}\mathsf{S}\mathsf{K}$ the **A**TTORNEY



#### Thomas **McCutcheon**

Ask the Attorney is sponsored by local attorneys. McCutcheon & Hamner, PC, as a service to the residents of NW Alabama.

## **Free Settlement Tips For Accident Victims**

Some injury cases can and should be handled without an attorney. Here are some free tips for handling an automobile accident case.

Let's begin at the end. How much money do you get to keep? Make certain that you know and confirm that amount. If you settle for \$5,000.00 but your hospital bill is \$4,900.00 then you only keep \$100.00. Understand what your compensation for your injury is.

You will need:

- 1. The accident report;
- 2. Medical bills;
- 3. Proof of who paid the bills, i.e., Blue Cross, Medicare, Tricare, or that they have not been paid.
  - 4. Proof of lost wages.

You will also need some patience. Do not take the first offer. Think about it overnight. Different insurance companies make different kinds of offers. Some are fairer than others but not a single one will make their best offer first. If you have more treatment than just an ER visit, a good personal injury attorney can do all the work and make vou money.

We get a large number of cases from people who refuse to sign medical authorizations issued by the insurance company. If we take the case, we review the medical records for accuracy before we send them to the person evaluating the claim.

With property damage claims the value of the car is what it is. It doesn't matter what you paid for the vehicle or how much you owe. One of the things that we hear often is that the replacement value is not adequate and now a person has a car payment that they didn't have before. Please note that if you had to replace the engine or transmission and you have those receipts it could add value to the vehicle.

If your vehicle is a total loss, make sure you have the title to the vehicle. If you still owe for the vehicle, make sure you have the lien holder's information as well as the amount of the payoff.

I think we all see people driving as if they are alone on the road. The best tip is to drive defensively.

Buckle up, drive safely and as always, your referrals are appreciated! 256-764-0112

Please send the questions to:

"Ask the Attorney,"
P. O. Box 38, Florence, Alabama 35631

MCUTCHEON

HAMNER—

🚮 facebook: McCutcheon and Hamner, P.C.

We will not print your full name in the article. We will not be able to return any written or preprinted items which are submitted.

#### CONCRETE AND BACKHOE

WORK, Commercial and residential. Free estimates 256-740-1971 or 256-633-9993

MANSELL ROOFING, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

CKC REGISTERED TOY POODLE, 12 weeks old, black in color, \$950. Call 615-476-3517 Florence

2006 LEXUS: GS 300 83,000 miles Black, with Beige interior \$8,900 256-345-5997 Decatur

### JLB WOODWORKING & CARPENTRY

Quality Home Repair Stairs, Drywall, Fencing, Decks, Etc. Jim: 256-501-0704 256-648-7561 40+ years of experience Follow us on Facebook - JI B Woodworking & Carpentry

Courier Journal / January 24, 2024 Alabama's Largest Direct Mail Weekly

### Down Payment Help Available\*

We give you a Stimulus Grant NOW! Your Credit is Approved - No Banks Needed Many Houses to Choose From









FREE 24 hr recorded message 256-715-2545 or visit www.TimelyHomeBuy.com Your Job Qualifies You – Ugly Credit OK! Apply

# **The Best Value for Your Advertising Dollar!**

# BEGINS CLOSING AT 6:00PM THURS. JANUARY 25TH 2 Bedroom, 1 Bathroom Home with Basement on 1.24 Ac+/ 4005 Underwood Mountain Rd., Tuscumbia, Alabama



# Real Estate

WANT TO BUY: ONE acre or small lot for mobile home with septic tank. Prefer close to Florence, call 256-767-3519

WANT TO BUY: ONE acre or small lot for mobile home with septic tank. Prefer close to Florence, call 256-767-

#### Courtview

Towers Studio Apartments 1 & 2 Bedrooms available. Convenient to downtown Florence. Rent based on income. Equal Housing Opportunity 256-767-0201



FLORENCE 2 BEDROOM APARTMENT. Central Heat/Air. \$600 month plus deposit 256-764-3986

PROPERTY FOR SALE in Muscle Shoals, 3.45 Acres. Mary Mack St., Call 256-740-1960

FLORENCE HOUSE FOR **RENT:** 2 bdrm., 2 ba., \$800 month + deposit. 256-764-3986

### RV LOTS FOR RENT GREAT LOCATION

Hwy. 72 & Mulberry Lane Intersection, 12500 Hwy. 72 Barton, AL, 50 and 30 amp, WI-FI, sewer, electric, TV Room, washer & dryer included, sheds with picnic tables, walking trail, Tennessee River boat ramps nearby, \$400 per month Special! 256-810-1950 call or text

FLORENCE: HOME FOR RENT 2 bdrm., 1 ba. near Lowes. Range & fridge, furnished. Washer & dryer connections. \$650 per month. \$400 deposit. No pets. 256-627-8146 or 256-766-9664

Serving the people of the Shoals for **89 YEARS** & COUNTING!



Here at First Southern, we are committed to helping you achieve your financial goals! From buying your first home to creating your dream home,

### We Want to Help You Thrive!



Brenda Crittenden NMLS#503788

Vice President / Residential Mortgage Manager First Southern Bank NMLS#478257 303 North Pine St Florence, AL

256-718-4241

**Debbie Poole** NMLS#498430

Assist, Vice President / Residential Mortgage Lender First Southern Bank NMLS#478257 303 North Pine St Florence, AL

Whether you are needing Conventional, Jumbo. FHA, VA, Construction. or USDA, our team is well equipped to assist you!

Call one of our lenders now to get started!





FIRSTSOUTHERN.COM

**FDIC** 

# (205) 310-3831



We are accepting applications for immediate occupancy!

**Brand New Community** 

**Cedar Trace** 

**Apartments** 

4173 Elledge Lane,

**Muscle Shoals 35661** 

55+ SENIOR AFFORDABLE HOUSING

Stop by for a tour today!

5" and 6"

# All-Green Tree Service

Office Number: 256-757-8898

**LICENSED • BONDED • INSURED** 

- Topping
- Trimmina

**Doug Minton** 

Removal

Stumps Removed

• Lots Cleared

• 55' Bucket Truck



Cell 256-710-8787

# Mike's Gutter Service

30 Years Experience

Continuous Aluminum Gutters • Custom Chimney Flashing Siding • Cleanouts & Leaf Protection

• Standing Seam Metal Roofing Lifetime Warranty on Material

All Colors Copper & Galvanized Available

FREE ESTIMATES • ALL WORK GUARANTEED Mike Burbank 320 Co. Rd. 13 • Florence 256-766-0527 (Bus.) • 256-460-0195 (Cell)



### The Goal For The Saved-

Soon to come to pass. Colossians 1:21-22 "And you, that were sometime alienated and enemies in your mind by wicked works, yet now hath he reconciled In the body of his flesh through death, to present you holy and unblameable and unreproveable in his sight:" **Ephesians** 5:27 "That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish." **Ephesians** 3:10 "To the intent that now unto the principalities and powers in heavenly *places* might be known by the church

the manifold wisdom of God," The well-taught saved out there know what's ahead for them. Saved folks that struggle with sin all their lives have never been taught what happened when they got saved. They sin and sin and don't understand why. Careful study of Colossians 2 after you are saved will reveal why sin becomes so fluent after being saved. Lost teachers and speakers will not see the truth of Colossians 2 until their eyes are opened by the Holy Spirit after salvation.

Every saved person is carrying around a dead man. He is now 2 persons in one body. Dead to sin and dead to the law must be taught by mature, saved teachers. Careful study of Romans 3-8, Galatians 2:20, Colossians 2:11-15 & Hebrews 4:12 & Ephesians 1:12-14, &4:30, 2Timothy 2:15, will reveal things that take place when you really get born-again. The Holy Spirit will teach you and guide you into great spiritual truth's when He indwells and seals you at the new birth. John 14:16, 17, &26 &16:13. God's goal for the saved is to grow up and mature and bear fruit. When anyone gets saved, God performs unseen surgery and cuts away the unwanted flesh from the soul and new nature with the Holy Spirit and seals until the day of redemption of the body. See again Colossians 2:11, Romans 8:23. Ephesians 4:30. Getting saved is simple and easy, but growing takes study and work. Don't let someone be the extent of your growth. You search, you seek, and you study because you must answer for YOU! Put some work in it, you

#### **Beacon Baptist Church**

Bill Bishop, Pastor • Rogersville • 256-247-7733 1.2 miles north from red light on Hwy. 207 on left Sunday services at 10am and 11am and 6pm Visitors welcome!



#### Enter at CourierJournal.net

for your chance to

Win LUNCH FOR 2



in Downtown Florence

Week of January 17 winner is **Jimmy Dickey** of Muscle Shoals

who correctly guessed

"Wildwood Park entrance and kiosk, Florence"

One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office beginning Wednesdays after Noon.



# Community Notes...

#### Continued from page 20

 Mackinac Island Trip, Sept 22-28, 2024, #209362, Double Occupancy Rate \$1086, Single Rate \$1335

 Pigeon Forge and Smokey Mountain Show Trip, November 11-15, 2024, #2076085, Double Occupancy Rate \$918, Single Rate \$1067

Personal Checks or Money Orders made to Diamond Tours. Please no cash or Credit Cards. Call 256-760-6642 come by The Club to pay for your trips. 450 Country Club Drive, Florence fdavis@florenceal.org

One trip is scheduled with a different travel company.

Magical Christmas Market Germany, December 10-17, 2024. 21 spaces available.

Call Collette at 800-340-5158 to sign up directly with them. You'll be traveling with us (The Club)

Weather Advisories Forced The Shoals Writers Guild to postpone this month's meeting to January 27 10am in the Florence Lauderdale Public Library colonnade.

Guest speakers will be authors Nancy Owens Nelson and Jake Berry. Berry is also the owner of 7 Points

Jeff Street and Billy Warren, first responders to Jacque Rainwater's 1994 ice storm accident in downtown Florence, have been rescheduled for February 17.

The 2nd Annual Shoals Scale Back event postponed from January 20 has been rescheduled for Saturday January 27 from 1-5pm in the Coach Mitchell Harvest Gym at Burrell-Slater, 610 West College Street in Florence. Florence City Council member, Kaytrina Simmons; Susan Bentley, WHNP; Javar Myatt-Jones, MD; and the Florence Parks & Recreation Department are providing this free community program a time to for the Shoals to come together on health and fitness. Last year, there were over 300 attendees. There will be accessible educational information to help you be your healthiest self. Contact Kaytrina Simmons at 256-349-3879 or Susan Bentley, WHNP, at 256-856-3918.

The Kennedy-Douglass Center for the Arts presents This House Was Full of People: The Art of Mary Wallace Kirk through February 29.

Mary Wallace Kirk (1889-1978) was a poet, author, and educator, as well as an artist. She was born in and resided in Tuscumbia nearly all her life. Her finely detailed renderings of the rural surroundings of her home captured fragments of time and preserved them in etchings, prints, watercolors, and sketches.

This exhibition comprises art and memorabilia on loan from private collectors throughout the community and the Florence-Lauderdale Public Library.
The Kennedy-Douglass Center for

the Arts is located at 217 E. Tuscaloosa St. in Florence. It is open to the public Monday - Friday from 9-4 and Sunday from 1-4. There is no admission charge. Please call 256-760-6379 for more information.

Religious Abuse Support Group of the Shoals will meet the first and last Sundays of every month. Time and Location will vary. About us: we are a group dedicated to supporting individuals in our local community who have experienced abuse within religious institutions.

Check our Facebook for additional details. Contact us at https://www. facebook.com/ragshoals/

**EVENT**, and plenty of eyes to read Email your information to editor@ CourierJournal.net.

Are you looking for a new church ome? Weeden Heights Methodist home? Church is a small friendly church with Christians who love the Lord, welcome new members with open arms and no affiliation with larger denominations; an independent Church whose discipline is the Holy Bible. We answer to no organization or group. We answer to the Holy Lord and God.

Sunday Worship 11am. Wednesday Prayer Group 10am. Wednesday Bible Study 5pm. Weeden Heights Methodist Church, 128 N. Orleans, Florence.

The Florence Beautification Board presents The Wildflower Through this project, you Project! can contribute to the future of our community's sustainable growth. There are several tiers of involvement, Tier 1- \$100; Tier 2 - \$200; Tier 3 - \$1,000 To donate, you may give checks to the Beautification Board City of Florence, PO Box 98, Florence, Al 35631. Contributions are taxdeductible.

The Club (Florence Senior Center) and Diamond Tours presents the Myrtle Beach Holiday Show Trip November 27-December 2, 2023. Call for more info or to book, Fran 256-760-6642. Trip fees are due now. There are 6 openings left. Departure on November 27 from The Club, 450 Country Club Drive in Florence.

Gerald Clemmons needs a kidney! Gerald is a lifelong resident of Lauderdale County. He has kidney disease and is on dialysis. He has been told that he needs a kidney transplant, and a living donor is his best chance to survive. Please consider becoming a living kidney donor for him at Vanderbilt Hospital.

You can help! To be a donor, you will need to: know your blood type, be at least 18 years of age, be in good physical health, and have a good This week can mental disposition. provide more information: https://bit. ly/VandyLivingDonor

If you can't donate, please share this information.

The 6th Annual Northwest Alabama Farm Toy Show takes place at Clarion Inn Hotel, 4900 Hatch Blvd in Sheffield on Friday, February 9 from 5–8:30pm, and Saturday, February 10 from 8:30am - 2pm

Admission is \$3. Kids 12 and under admitted free. The show benefits the Deshler High School FFA

Facebook - Northwest Alabama Farm Toy Show (256) 320-7490 nwalfarmtoyshow@gmail.com

We will have vendors selling all types of farm toys from miniature to pedal tractors, trucks, and other toys. We will also have a farm display competition and have remote control farm equipment being demonstrated.

Serve with Honor. Part time service with full-time benefits. The Alabama National Guard wants YOU! Protect your state and nation while enjoying great benefits for roughly 40 days/year

Call for more information. Candi Flanagan at 251-459-4309.

Shoals CASA is currently looking for new CASA volunteers (Court Appointed Special Advocates) who have a passion for helping children. This is rewarding, active work with local foster children who need someone who represents THEIR interests. The There is space HERE for YOUR CASA staff makes sure that caring

community volunteers have the training, information, and support they need to give local abused and neglected children a voice within the court and child welfare system - A positive adult relationship who will demonstrate compassion and a passion to help children reach a safe and permanent home. The nature of this opportunity will require a background check, references, and six weeks of free training. Other CASA advocates have said it is the most rewarding work they have ever done. The new training class starts in late January.

Please call Heather Begley, Shoals CASA's Executive Director, for more information. 256-765-0041. **COMPLETE COLLECTION OF** ALABAMA Football Cards \$25, Beautiful Queen size bedroom suite \$500 OBO, Very nice set of Nicholas & Palmer Golf Clubs \$100, Glass Top Rattan Dining Table & four chairs \$200, 256 335-4896

ROOFING - LEAKS REPAIRED, Chimneys Flashed, Valley Repair. All Work Guaranteed. Free estimates, 256-383-3218

NIGHTSTAND, never used, 2 Drawer Grey, \$75. GREEN MAGNOLIA VASE, \$5. 256-290-8653 Moulton

HOME IMPROVEMENT AND BUILDING: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

# **Aluminum Carports** and Patio Covers

**Tony Cabaniss** 256-577-5990 **Chuck Cabaniss** 256-702-7881





# EDITH NEWMAN CULVER MEMORIAL MUSEUM 1872 - 1995

The Newman House was restored and presented in 1995 to the citizens of Waterloo by Ezra Lee Culver as a memorial to his wife, Edith Elizabeth Newman Culver. Built in 1872 by Hiram L. and Julia Ann Young Richardson, this house was purchased in 1918 by Joseph Newman, a native of Ohio and U. S. veteran of the Civil War. His son, Clarkson Lytle Newman with wife, Eunice Lindsey Newman, became the next owners. Their daughter, Edith, was reared here from her childhood until her marriage. The house remained in the Newman family until its dedication as a museum on October 14, 1995.

Location: 34.9139°N, 88.0635°W 501 Main St, Waterloo

This historic home, and now museum, features Civil War relics, Native American artifacts, and objects from Waterloo's history. The marker notes the museum was given to Waterloo as a memorial to Edith Culver, Ezra's wife.

~ Courtesy David Curott ~ author of Historical Markers & other "Signs of the Past"



# Investing...

**Continued from Page 8** 

Better Investing is also in use in the Shoals area today. Learn about this simple but highly effective system in the upcoming free series of classes at the Florence Lauderdale Public Library conducted by **Better** *Investing* experts.

Armed with this knowledge, you can join one of the investment clubs in our area where this system is used every day. The Mutual Investment Club of Florence has been operating now for more than 30 years and has averaged better than 13% return every year of its existence.

The classes are always from 10:15am–noon at the Florence Lauderdale Public Library:

Introduction to Investing on Saturday, January 27, and February 3. Provides new or less experienced investors with information on how to intelligently make investments including individual stocks and mutual funds.

Using Value Line for Investing on Saturday, Saturday, February 24. How to use the invaluable tool that is Value Line providing the specific areas to find data for input to the Stock Selection Guide, where to find Value Line, and how to use it as a primary tool for determining if a specific company is the one you want for your portfolio.

**Understanding** Report/Annual Annual Report Analyzer on

Saturday, March Provides investors with the important aspects of the Annual Report and methodology using Excel Spreadsheet (provided to class members) that takes only about 15 minutes to fill out (with experience) and provides invaluable information about the company being considered as an investment.

**Understanding** and Mutual **Evaluating** Funds for Investment on Saturday, March 23. Learn how to invest in mutual funds with background and a technique developed by Better Investing for picking the right mutual fund for success.

Other Seminars will be announced for February 10, May 25, and October 19 at the same time and place.

Mutual Investment Club of Florence (MICF) is an educational investment club which meets one evening per month. As of December 2022, the MICF using the BI techniques has averaged a return of 13.5% per year since 1996 beating all indexes. Visitors are welcome. Membership is limited. If interested, the classes above are required for membership.

To register for any or all of these classes or seminars or to visit MICF, contact John Ingwersen at jlingwersen@ Got Junk or unwanted items? Junk Removal and Haul Away service. Need help moving call JJ or text: 256-648-6916

MANSELL ROOFING, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates,

**GUTTER WORKS**, Seamless gutters, gutter guards, clean out and more! Free estimates. Guaranteed work. Best prices in town! Call 256-394-3497.

#### TWO BURIAL PLOTS

in Tri-Cities Memorial Gardens, in Garden of Everlasting Life \$4500 for both 256-740-7533

REMODELING CONSTRUCTION 40 YEARS EXPERIENCE Insured. Bathroom remodeled, Deck, Fences, etc. 256-762-4357

HOME IMPROVEMENT AND BUILDING: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

#### **WATCH & CLOCK REPAIR**

256-572-2679 Killen, AL

I BUY JUNK CARS, trucks, vans and repairable vehicles. Call Mike 256-702-8400

"William James Greenlee III"
Extra Mile Brick
(ALL MASONRY REPAIR)
•Fireplace •Chimney
•Firebox
•Cracked Walls •Loose Brick
•Driveway Cracks •Steps
•Firebox •Tuck Pointing
•Cracked Brick •Stucco
•Stone Work •Concrete Historic Restoration
 AIRBORNE INFANTRY 256-797-5281



MANSELL ROOFING, Discounts to Veterans and Seniors. All Work Guaranteed. Free Estimates, 256-383-3218

OCCASIONALLY YOU MAY SEE an ad duplicated and printed several times throughout the paper. This is done at the request of the advertiser. Each ad is paid for. Thank You for reading your Courier Journal.

NEW YEAR SPECIAL Gutter Clean Out, Seamless gutters, Gutter Guards, Call Gutter Works at 256-394-3497

THERE ARE 5 EASY WAYS TO place your CLASSIFIED AD. By mail, fax, phone, on-line and in person.

# Alabama Spine & Pain Pavan Telang, MD

Board Certified & Fellowship Trained in Interventional Pain Medicine.

Specializing in Advanced Management of Back and Neck Pain Not Involving Surgery or Opioids No Referral Required

256-712-2422

3907 Peach St. • Florence, AL Behind Clearview Cancer Center

alabamaspineandpain.com

Proudly serving the Shoals for 10 years. Thankful for our community & patients.



Audrey Cohenour Newton, PharmD • Frances Cohenour Heinze, PharmD

Flu, Covid, Shingles, Pneumonia, and RSV vaccines available. No appointment needed.



NEED HEALTH INSURA

You may qualify for coverage through the marketplace. Get LOCAL assistance and a FREE quote. Let's talk!

Depending on your family size and household income, your premium may be as low as \$0 per month, based on the plan you choose!



BlueCross BlueShield of Alabama

www.AlabamaHealthGuidance.com (256) 648-5710 **0** sk about specific enrollment times for those who qualify.











Come visit us for more great specials! Like Us On facebook for Daily Specials

We're Home Owned & Home Operated! Thanks For Shopping Big Star!





246 Cox Creek Parkway Florence, AL 1-800-755-3113 • 256-764-9661 raymillergm.com



+ Ray Miller Discount \$1,041





Kale Bragwell Used Car Sales Mar



**Total Savings** 

**Donnie Roden** 



Mark Humphrey New Car Sales Mgr



**David Shirey** Sales



**Eric Raney** Sales



**Corey Hamner** 



**Chad Killian** Sales



**Dominic Berardi** Sales



Vic Ragsdale Owner

#### C 0 0



21 Chevy Trax #23B-057A,4 Door, 1 Owner, 6yr/100k Limited Warranty!

20 Chevy Equinox

Nice Local Trade!







4WD. Nice



3rd Row, LT, Local Trade!





















#19P-3440, 1 Owner,

Sunroof, Navigation,









