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Programs and Treatments offered at Bay Park:

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- IV Antibiotics
- Diabetes Management
- Hospice/Palliative Care
- Respite Care

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- Oxygen Therapy
- Tracheostomy Care
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- Suctioning

Skin/Ulcer Treatments

- Negative Pressure Therapy
 (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

Special Programs

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

Rehabilitation Services

- Intensive PT, OT & ST 6 days a week
- Short Wave Diathermy
- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
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For more information, please call 1-888 764-6746 Methodist Home, 718-732-7100





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OPEN HOUSE:

Jan. 13th, 10am-1pm (bad weather date Jan. 20th)

Feb. 17th, 10am-1pm (bad weather date Feb. 24th)

March 9th, 10am-1pm (bad weather date March 16th)

VISIT OUR WEBSITE TO ENROLL NOW! - WWW.AECICHARTERHS.ORG - 646-400-5566

838 Brook Avenue, Bronx NY 10451 IN PERSON SCHOOL TOURS AVAILABLE BY APPT. Contact Ms. Harrigan at 646-400-5566 x. 9001 admissions@aecicharterhs.org

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2019-2020	98%
2021-2022	96%
2022-2023	96%

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10462 (corner of Holland Avenue and Antin Place)

BEST THE THAI **COCONUT SOUP**

INGREDIENTS

- 1 tablespoon vegetable oil
- 2 tablespoons grated fresh ginger
- 2 teaspoons red curry paste 1 stalk lemon grass, minced
- 4 cups chicken broth
- 3 tablespoons fish sauce
- 1 tablespoon light brown sugar
- 3 (13.5 ounce) cans coconut milk 1/2 pound fresh shiitake mushrooms,
- sliced
- 1 pound medium shrimp peeled and deveined
- 2 tablespoons fresh lime juice
- salt to taste
- 1/4 cup chopped fresh cilantro

DIRECTIONS



Heat oil in a large pot over medium heat. Add ginger, curry paste, and lemongrass; cook and stir in the hot oil for 1 minute.

Gradually stir in chicken broth, then stir in fish sauce and brown sugar; reduce heat to low and simmer for 15 minutes.

Add coconut milk and mushrooms; cook and stir until mushrooms are soft, about 5 minutes. Add shrimp; cook until no longer translucent, about 5 minutes. Stir in lime juice; season with salt and garnish with cilantro. Enjoy!



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SNOW LABORERS

The Department of Sanitation is hiring Snow Laborers. Snow Laborers are paid \$18/hour to help keep our community clean and safe. A Snow Laborers shovels snow away from fire hydrants, bus stops, and crosswalks to name a few. You must be over 18 years old to apply, eligible to work in the United States and able to perform heavy physical labor. You must apply online at https://www.nyc.gov/assets/ dsny/site/contact/snow-laborer-registration. Our office is available to you if you need help.

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<u>CON EDISON'S ENERGY</u> AFFORDABILITY PROGRAM

Our next General Board and Public Hearing will occur on Thursday, February 15 at 7 p.m. at the Villa Barone Manor, which is located at 737 Throgs Neck Expressway, Bronx, NY 10465. At this meeting, you will hear us discuss a cannabis dispensary application for 3461 East Tremont Avenue, liquor license requests and other area matters. Bring a neighbor or two with you to learn more about matters within our community. PLEASE TAKE NOTE: Once your ad has been placed, there will be NO REFUNDS. PLEASE: Read your ad the first day it appears. If any error was made by The Bronx Penny Pincher on a TELEPHONE NUMBER OR ADDRESS the publisher will be happy to correct it FREE OF CHARGE. The Publisher is not responsible for typographical errors. However, the Publisher must be notified within 48 hours of THAT publication or the publisher will not assume responsibility. Please include your phone number and/or address in ad copy or the Publisher will not be responsible if either of the above is left out. PLEASE WRITE LEGIBLY. We will not be responsible for illegible handwriting.



All copy must be received by MONDAY, 2 WEEKS PRIOR to your event for that Thursday's Publication. The Bronx Penny Pincher reserves the right to refuse any copy that is not in the best interest of the community.

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