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Mount Mercy University Graduates

Annie Lux of Spirit Lake graduated summa cum laude with a Bachelor of Science in Nursing degree from Mount Mercy in December.

UNI Dean's List Fall 2023

The following area students were named to the Fall 2023 semester Dean's List at the University of Northern Iowa.

To be included on the list, a student must have earned a grade point of 3.5 or higher on a 4.0 scale, while taking at least 12 hours of graded work during the semester.

On the 4.0 system, an A is worth four points; a B, three points; a C, two points, and a D, one point.

Arnolds Park - Haley Harms, Faith Nielsen and Leah Schon.
Milford - Grace Downing, Gwendolyn Gehrke, Chayse Packebush and Zane Poss.

Okoboji - Connor Cunningham and Benjamin Frostestad.
Spirit Lake - Jonah Eldridge, Emma Hamm, Margaret McKim, Kylla Valen, Allison Vierkant, Katherine Webber and Jennifer Will.



ISU Announces Dean's List

The following area Iowa State University students have been recognized for outstanding academic achievement by being named to the fall semester 2023 Dean's List. Students named to the Dean's List must earn a grade point average of at least 3.50 on a 4.00 scale while carrying a minimum of 12 credit hours of graded course work.

Arnolds Park - Tyler Adams and John Michael Gidley.
Estherville - Jordan Clabaugh, Rhett T. Goebel, Saige Marie Hengeveld, Laura Elizabeth Humble, Grace Marie Johnson, Gabrielle Christine Paul, Emma A. Ross, Quimby Elizabeth Ross and Kya Linn Thiel.

Lake Park - Bryce Schott and Savanna Ann Wuebker.
Milford - Jacob Leroy Bockman, Lauren E. Ditsworth, Bradenn David Droeckmiller, Lauren Alana Duffy, Olivia Lauren Lorenzen, Shay Bethany Olthoff, Kaylee Adelle Parsons, Elijah David Pernick and Mason James Vander Pol.

Okoboji - Caleb Michael Frostestad.
Spencer - Sophia C. Behrens, Avery Lynn Bruning, Will Crane, Molly Rae Crew, Jackson Lee Dewitt, Cole William Edington, Jazmine Edwards, Isabella Kay Fassbender, Samuel Atherton Feldmann, Brooke Nicole Freeman, Kaitlyn Raye Freeman, Odalys Garcia Jimenez, Gage Dean Garnatz, Griffin Ray Garnatz, Dawson Lee Glawe, Samuel Calvin Heikens, Ethan Jeffrey Heiter, Noah Matthew Heiter, Andrew Michael Hough, Reese Catherine Hough, Olivia K. Irmiter, Carly Marie Izard, Anna Elizabeth Jacobson, Otis Paul Kierscht, Owen Johannes Kierscht, Marcus John Klemme, Matayah Christine Lowe, Mary Margaret Matthiesen, Maureen Clare McDermott, Emerson Nicole Mohr, Autumn M. Noah, Jisela M. Pavon Meyer, Devon Lee Rees, Jackson Freddie Schendel, Joseph Jonathan Schendel, Kinsey Schroeder, Justin Soberano, Leah Kathryn Sorenson and Ian Gustafson Youngdahl.

Spirit Lake - Ellie Marie Albertoni, Laveda Mary-Kay Danbom, Andrew Joseph Deitering, Cail Edward Donkersloot, Brianna Dreeszen, Jennifer Anne Dykema, Mikayla Catherine Farmer, Mackenzie E. Kauffman, Kacey Krieger, Lucille Sophia Lolis, Keira Jeanne McCoy, Owen Kendall McKim, Mikayla Tran Mingus, Elsie Jane Parriott, Ashley Faith Peterson, Caleb Reuter, Camryn Louise Sexton, William Parriott Spalding, Catherine Joan Straus, Jessica Ranae Stucker, Caleb Allen Vanderweide and Damon Jay Walhoff.

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Midwest All Music Association Donates to Music Boosters

On Friday, January 26th, the Midwest All Music Association donated \$1,250.00 to the Okoboji Middle School Music Boosters. The Midwest All Music Association was formed in 2015 by the late Tom Golden, to preserve the history of music - as well as to ensure that music has continued support in the future. Their mission is to recognize, remember and honor the people and places that have had an impact on the music in the Midwest. Through fundraising, sponsors, concerts and induction they are able to raise enough money to give back to local schools. Pictured above is Dave Schossow with the Midwest All Music Association, Jody Ingwersen, Middle School Instrumental Music instructor, and Steve Lang also with the Midwest All Music Association.

Have **THE LAKES NEWS SHOPPER** emailed to you every Tuesday by going to www.lakesnewsshopper.com and clicking on "e-subscribe"


Milford Memorial Library News

Youth News Week of January 29, 2024
 Milford Memorial Library would like to give a big shout out to all of the families and guardians who brought kiddos to our library throughout January. It warmed our hearts and it is a great way to start 2024.

February begins with sensory play, Minds in Motion, at 10:30am on Monday, February 5. Later in the week, we have Afterschool Adventures at 3:30pm on Thursday, February 8. The game is Valentine's Day BINGO.

MML is excited to have a guest presenter, Miss Noel, from ISU Dickinson County 4-H and Youth. This is in place of our regular Building Bookworms and starts at 10:30am on Monday, February 12. Miss Becca ends the month with another Building Bookworms at 10:30am on Monday, February 26, featuring the book, "Duck for President."

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The Iowa Great Lakes Association would like to thank the Spirit Lake, Arnolds Park-Okoboji, Milford and Lake Park departments and all the responders for your selfless work you do protecting our communities!

We recognize that even while we may be away, you continue to provide us comfort knowing you are always on call.



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Milford Student On NWC Dean's List

Martha Stein, of Milford, a student at Northwestern College in Orange City, Iowa, earned a spot on the Academic Dean's List for the fall 2023 semester.



CONGRATULATIONS TO THE SPIRIT LAKE HIGH SCHOOL JAZZ BAND for earning 1st Place in Class 3A at the Iowa Lakes Community College Jazz Band Festival and a Division I Rating at the Iowa High School Music Association Jazz Band Contest. The band will perform next on February 19 at the NWIBA District Jazz Band Festival in LeMars.

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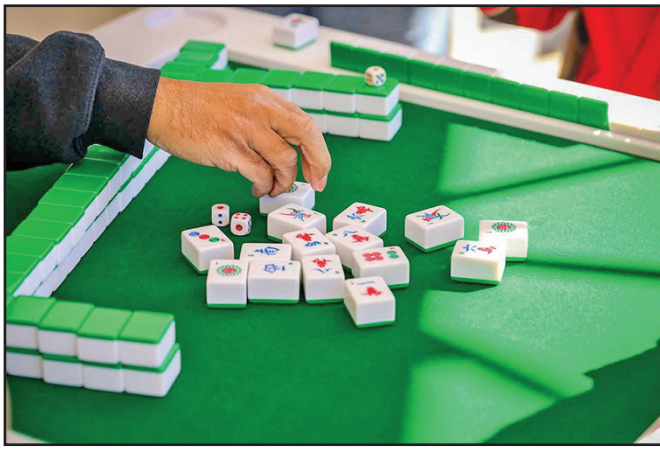
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Learn to Play Asian Style Mahjong

Lakes Area Activity Center, located at 2101 Zenith Avenue in Spirit Lake, features Mahjong on Monday, February 19, at 1:00pm.

Mahjong is a tile based game that is similar to the Western card game Rummy. It is a game of skill, strategy, and luck. Asian Mahjong differs from the popular American version in that Asian Mahjong does not use a published scorecard.



Pioneers Win Hull Tournament

The 8th grade OYBA team went to Hull & competed in the Legends of the Court Tournament where they defeated MOC-FV, Sheldon and Western Christian in overtime. Their first place ticket qualifies them for the Heartland States Basketball Tournament which will be held in Sioux City in March. OYBA team: Kaeden Schillinger, Grayson Groeneweg, Cooper Boone, Dexter Peters, Lincoln Wolf, Adam Berglund, Colton Johnson and Jake Neuharth. The team is coached by Shane Neuharth & Scott Berglund.

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90th Birthday Announcement
Genie Reed will be celebrating her 90th birthday on Sunday, February 4, 2024. Her family would like to honor her with a card shower. Please send your birthday wishes to Genie Reed, P.O. Box 318, Okoboji, Iowa 51355.

ON US

Feb 1 Bearded Rebellion
Mar 7 Spirit Lake Music Boosters
Apr 4 No Boundaries
May 2 Boji Mileage Club
Jun 6 Prairie Lakes Area Delta Waterfowl
Jul 11 Youth in Philantropy
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Lakes Area Activity Center

Tuesday, January 30
8:30 - Kiwanis
11:00 - Tai Chi
12:30 - Bridge
12:30 - Dinner Date
Speaker- Treva Graves - Healthy Food Conversations

Wednesday, January 31
9:00 - Exercise Class
1:30 - Table Tennis
Thursday, February 1
10:00 - Strummers
11:00 - Tai Chi
1:00 - 500 Cards
3:00 Cribbage
5:00 - Zumba Class
5:30 - Singles Group

Friday, February 2
9:00 - Exercise Class
1:00 - Sewing Group
1:30 - Table Tennis

Saturday, February 3
Facility available for rent

Sunday, February 4
Facility available for rent

Monday February 5
9:00 - Exercise
1:00 - Pinochle

Dinner Date meals are available every weekday. Call by 1:00pm on Friday to reserve a meal for the next week. New in January! Tai Chi is starting on Tuesday's and Thursday's at 11:00am. Sign up and stay for dinner date. The pool table room is open every weekday. The card room closes from 12-12:30 for cleaning. Our next Breakfast Fundraiser will be the third Sunday in February from 8:30-12:30 - Free Will Offering. There will be no dance in January. The facility is available to rent most week-ends. Call or visit with someone at the office for more details. The Lakes Area Activity Center is located at 2101 Zenith Ave in Spirit Lake.

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Instructor Holly Zinn Hample will show you how to use clay hand-building techniques in slab/coil to create the paint palette that's just right for you. Palettes created will be approximately 8"x12" in size. Registration required by February 2.

SWING DANCE CLASSES
April 10, 17 & 24 | 7-9pm | \$75/\$85

Join instructors from Midwest Swing Dance Co. for a 3 week swing dance course in our galleries!

This class is open to all ages (21+) and experience levels. We work from the ground up so that anyone at any ability level can learn how to dance. This class is not only for couples, but for singles too! For additional information visit lakesart.org/education.

CULINARY CLASSES Call 712-332-7013 to register.

Charcuterie Boards With Amy of Lakeside Charcuterie 6:30pm \$70/\$75 Partner ticket Add \$10. Take home a full 10x10 charcuterie disposable tray (serves 2-4). Feb. 22 April 25	Luncheon With Instruction With Chef Susanne Bicknese 12:00pm or 6:30pm \$40/\$45 Feb. 8: Chili Cook-Off March 14: Boozy Food April 11: Super Sauces May 9: Forgotten Dayton-Hudson Salads	Bold Flavors of the World Wine Dinner Feb 15 6:00pm \$90/\$100 Join Scott Ellenbecker, the Vintner and Chef Patron of Round Lake Vineyards & Winery for a five course wine dinner. Experience foods that are big in flavor and balance with each wine's strongest characteristics.
Wine Class With Jennifer Tritle-Oitzman 6:00pm \$40/\$45 Feb. 1: Wines of Portugal March 7: Women Winemakers April 4: The Science of Wine	Date Night Cooking Class With Marisa Sidles 6:00pm \$75/\$80 Per Person Feb. 2: Petite Filet & Jumbo Grilled Shrimp (Class is Full) March 1: Miso Marinated Alaskan Cod April 5: Scallop Trio	From Plate to Palette Cooking & Art for Kids Ages 7-12 4-6pm \$20/\$25 Instructor: Cathie Critchett Feb. 29: Italian pasta carbonara served with DaVinci Mar. 28: Irish Shepherd's Pie with art of Jack Butler Yeats April 18: Spanish Paella with a side of Pablo Picasso

PEARSON LAKES ART CENTER

PERFORMANCE SCHEDULE 2024

Memorial-Labor Day	DICK BAUMAN BIG BANDEvery Monday Night, 7-9pm	\$10 at the door
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7/23	NIGHT FEVERThe Bee Gees Tribute MEMBERS ONLY PRE-SALE 3/5-3/11	\$40/\$50
7/30	ONE NIGHT IN MEMPHISTribute to Perkins, Cash, Lewis and Elvis MEMBERS ONLY PRE-SALE 3/12-3/18	\$40/\$50
8/6	THE DIAMONDS50's/60's Rock & Roll MEMBERS ONLY PRE-SALE 3/19-3/25	\$40/\$50
8/13	DAVE ROWLEY & FRIENDSAn Okoboji Favorite MEMBERS ONLY PRE-SALE 3/26-4/1	\$25/\$35
8/20 8/21	MARILYN MAYEJazz/Cabaret MEMBERS ONLY PRE-SALE 4/2-4/8	\$65/\$75
9/26	MANHATTAN SHORTFilm Festival	\$15
TBA	LEONID & FRIENDSChicago Tribute	\$40/\$50
12/10	DAMON, DAVE & RYANHoliday Show	\$25/\$35

Call 712-332-7029 to purchase pre-sale tickets.
Sales begin at 10am - please have credit card information ready.

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Offer not valid with Lunch Specials.
One coupon per table. Expires Feb. 6, 2024.

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Fajitas
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Any inquires and interest email loft@westobeer.com

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Limit 1 coupon per ticket. Expires February 25, 2024

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PIZZA HOURS: Wed.-Sat. 5 - 8 PM | Sat. & Sun. 12 (noon) - 2 PM

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Milford • 515-207-2306
milfordpioneertheatre.com

NOW PLAYING FEB. 2 - FEB. 8

ARGYLLE

Reclusive author Ely Conway writes best-selling espionage novels about a secret agent named Argylle who's on a mission to unravel a global spy syndicate. However, when the plots of her books start to mirror the covert actions of a real-life spy organization, the line between fiction and reality begins to blur.

FRIDAY 2/2 4:00 & 7:00
SAT & SUN 2/3-4 1:00, 4:00 & 7:00
MON - THUR 2/5-8 6:30

THE BOYS IN THE BOAT

The Boys in the Boat is a sports drama based on the #1 New York Times bestselling non-fiction novel written by Daniel James Brown. The film, directed by George Clooney, is about the 1936 University of Washington rowing team that competed for gold at the Summer Olympics in Berlin. This inspirational true story follows a group of underdogs at the height of the Great Depression as they are thrust into the spotlight and take on elite rivals from around the world.

FRIDAY 2/2 4:10
SAT 2/3 1:10 & 7:10
SUN 2/4 1:10 & 4:10
MON - THUR 2/5-8 6:50

ANYONE BUT YOU

In the edgy comedy *Anyone But You*, Bea (Sydney Sweeney) and Ben (Glen Powell) look like the perfect couple, but after an amazing first date something happens that turns their fiery hot attraction ice cold - until they find themselves unexpectedly thrust together at a destination wedding in Australia. So they do what any two mature adults would do: pretend to be a couple.

FRIDAY 2/2 7:15
SAT 2/3 4:15
SUN 2/4 7:15

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University of Iowa Dean's List

The following area undergraduate students at the University of Iowa were named to the dean's list for the 2023 fall semester.

Congratulations to the following area students:
Estherville - Abigail Sander, James Williams and Elizabeth Reardon.
Lake Park - Grace Elser.
Milford - Jaxson Colling and Brooke Furman.
Okoboji - Carter Thoreson.
Spencer - Evan Schmidt, Abigail Horst, Edyn Blau, Erickson Phillips and Ethan Schmidt.
Spirit Lake - Stella Donkersloot, Molly Van Dyke, Olivia Whiting, David Wagner, Isabella Backhaus and Parker Zeman.

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Valid at Spirit Lake location only. Some restrictions apply. Not valid with any other offers. Expires 2-23-24

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\$7.99 PICK AND CHOOSE 2+ ONLINE ORDERS
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code 60301 • Medium Cheesy Ranch Stix
code 60302 • 8 Piece Boneless Wings
*Cheese, Garlic Cheese, Peppertoni Classic, Beef or Italian Sausage only. No 1/2!/2

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712-336-1419

Annual Sale of Trees and Shrubs for Windbreaks

Every year the Dickinson County Soil & Water Conservation District (SWCD) offers trees and shrubs to landowners and citizens within the district and surrounding area. The trees and shrubs are used for windbreaks, wildlife habitat and tree plantings. The profits from these sales are used to support the Dickinson County Soil and Water Conservation District.

The SWCD can cost-share for farmstead windbreaks and tree plantings through state funding. Ask at the district office for specific details. All cost-share projects must meet the planting specifications of the Natural Resources Conservation Service (NRCS). Financial incentives are also available through the Conservation Reserve Program (CRP) for shelterbelts, riparian buffers and field windbreaks. Contact NRCS or FSA for details.

Technical assistance is available to cost-share applicants and the general public at no cost. We can assist in choices of trees/shrubs, how close to plant trees/shrubs, etc.

Availability of certain trees and shrubs may be limited after March 1st - order now to assure our ability to fill your order. No survival guarantee on stock sold at these prices. Payment is due at the time of ordering trees. Trees will be available for pick up approximately the second week in April. Notification will be sent by mail prior to the delivery date. Additional species are available upon request. Please call or stop in the SWCD office located in the USDA Service Center.

The Dickinson County Soil & Water Conservation District Commissioners thank you for your support.

BETSY'S D.I.N.E.R

Stones Throw Gift Shop

Home Décor, Okoboji Apparel, Nautical & Gifts

Open Saturday & Sunday 10am-4pm
Ext. 297

Breakfast & Lunch
Noon Specials
OPEN: 9am-2pm
Tuesday-Saturday
TO-GO ORDERS AVAILABLE!
Ext. 444

Meeting Rooms Available

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OPEN Wednesday thru Monday AT 11:00 AM

See our website & menu: thehottbarandgrill.com

OPEN at 8AM FOR BREAKFAST SATURDAY & SUNDAY

DAILY SPECIALS

- Wed., Jan. 31: Barnyard Burger Pan Fried Chicken
- Thur., Feb. 1: Hawaiian Chicken Meatloaf
- Fri., Feb. 2: Turkey BLT Country Fried Steak
- Mon., Feb. 5: Hot Beef Taco Salad
- Tues., Feb. 6: CLOSED

WEEKEND SPECIAL (starts at 4PM)

- Fri., Feb. 2: Fish Fry Country Fried Steak
- Sat., Feb. 3: Prime Rib Grilled Walleye

Book your Birthday Party or event with us!
We have a special menu for your special occasion.
Hwy. 71 South • Arnolds Park, IA • 712.332.8074

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SAVE 20% 20% Off Your Total Bill UP TO TOTAL OF \$10 OFF

Present this coupon to the cashier at the time of sale and receive a 20% discount off your total bill (including entrees, drinks, side items, and desserts).
Not valid with any other special or discount programs.

Perkins RESTAURANT & BAKERY
Coupon Expires: February 20, 2024

LAKES AREA ACTIVITY CENTER DINNER DATE MENU FOR FEBRUARY

Tired of eating alone? Enjoy socializing and nutritional meals!
Lakes Area Activity Center Dinner Date is the place for you!

5 Monday	6 Tuesday	7 Wednesday	8 Thursday	9 Friday
BBQ Beef on Bun Vegetable Fruit/Dessert	Crunchy Baked Chicken Dinner Roll Vegetable Fruit/Dessert	Hot Turkey over Bread & Mashed Potatoes Fruit/Dessert	Tater Tot Casserole Dinner Roll Fruit/Dessert	Creamed Chicken w/ Peas & Carrots over Biscuits Fruit/Dessert

• PLEASE CALL 712-336-5247 BY 1:00 PM FRIDAYS TO RESERVE A MEAL FOR THE NEXT WEEK •
Elderbridge suggests a donation of \$5 - \$9 or whatever is affordable.
Dinners are provided by **CARSTENSEN'S MEAT & GROCERY** of Lake Park.

SPEAKERS ON TUESDAY at 12:30pm

- Jan. 30: Treva Graves - Healthy Food Conversations
- Feb. 6: Milt Nolting - Brain Health
- Feb. 13: CPR & AED Demonstration by Deanna Garland & Carol Voss
- Feb. 20: Diane Byers Duis - Owner of The Well
- Feb. 27: Treva Graves - Healthy Food Conversations

JOIN US FOR TAI CHI
Thursdays at 11:00am
Sign up & stay for dinner date!

SEWING GROUP
1-3 FRIDAYS!

Breakfast Fundraiser - Sunday, Feb. 18

Call the office between 9:30am & 2:30pm Mon.-Fri.
LAKES AREA ACTIVITY CENTER 2101 Zenith Ave. • Spirit Lake, IA • 712-336-5247



90th Birthday Announcement

Mary Ellen Inbody will celebrate her 90th birthday on Tuesday, February 6, 2024. Family would like to honor her with a Card Shower. Your warm wishes can reach her at Accura Health Care of Milford, 1699 13th Street, Room 212, Milford, Iowa 51351.

Church of Christ of Spencer Iowa

Welcomes you to
join us for worship
on **Sundays**
at **10:30am**

1304 SAINT LUKE DRIVE, SPENCER, IA 51301

WELCOME GUESTS!

JOIN US FOR WORSHIP EVERY
SUNDAY AT 9:30 AM
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"Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths." ~ Proverbs 3:5-6

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Need a blessing TAKE IT
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CUPBOARD LOCATED ON SW CORNER OF BUILDING.
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Iowa Lakes Unitarian Universalist Fellowship

Meets second & fourth Sundays
11:00 am/Coffee at 10:30 am
Lakes Area Activity Center,
2101 Zenith Ave, Spirit Lake
See uukoboji.com for dates and program schedule.
We are a progressive, liberal welcoming congregation

10:00 AM SUNDAYS

Live Stream at
stalbanepiscopalchurch.org/chapel

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Episcopal Church
"The Lord Be with You"

Email: office@stalbanepiscopalchurch.org
Website: stalbanepiscopalchurch.org

The Episcopal presence in the Iowa Great Lakes Area
23rd & Zenith Ave. • Spirit Lake • 712-336-1117

CONNECTING THE COMMUNITY

THE
LNS

50 YEARS

SL VFW Performers

The following musicians will be performing at the Spirit Lake VFW on Tuesdays from 6:00-8:00pm. Admission is only \$5, come and listen to your favorite songs.

- Jan. 30 - Tim Horsman
- February 6 - Steve Lang
- February 13 - The Senders
- February 20 - Al Lang
- February 27 Terry Klein
- Mar. 5 - Steve Lang
- Mar. 12 - Itty Bitty Boji
- Mar. 19 - Al Lang
- Mar. 16 - The Senders
- Apr. 2 - Terry Klein

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IMMANUEL Lutheran Church

9:00 - 10:00 AM - SUNDAY WORSHIP
10:05 - 11:05 AM - SUNDAY SCHOOL
10:15 - 11:05 AM - SUNDAY BIBLE STUDY

Immanuel Lutheran Church
2300 27th Street - Spirit Lake, Iowa
South of Lakes Regional Hospital
712-336-1010 • lcmllakes.org • Rev. Paul Dare
The Lutheran Church - Missouri Synod

LIVE STREAM Sunday 9am www.lcmllakes.org
LIVE AUDIO Sunday 9am KUQQ 102.1 FM

sharing christ's love • living our witness • inviting others



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Two WORSHIP SERVICES
TO CHOOSE FROM

Saturdays at 6:00pm
Sundays at 9:00am

try Chair Yoga with Sue DeBord -
Tuesdays at 10:00am

calvarylovesall.com

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United Methodist Church
Sharing God's Love with ALL

679 W. Okoboji Grove Rd.,
Arnolds Park
712-332-2447
Find us on

No Show Charity Ball

New Year | New Event

No Show What...?
Each year, Discovery House "hosts" our annual No Show Charity Ball. The idea is to consider what you might spend on going to a formal charity ball and donating that money rather than paying for tickets, dinner, a dress/suit, and shoes.
This year, with the expansion of services to Spencer and the opening of our third home, we wanted to create a friendly competition.
Show us what you've got!
Spirit Lake/Dickinson County vs Spencer/Clay County

nondenominational FAITH COMMUNITY CHURCH

WORSHIP WITH US!
SUNDAY • 10:30 AM
Coffee & Fellowship
Before & After the Service

Rev. Dr. Jennifer Hesebeck, Pastor
805 Okoboji Avenue • Milford, IA
712.338.4642 • www.faithcommunitymilford.com

Spirit Lake Library News

Puzzle Time!
by Jill Jennings

Are you a person who enjoys puzzling? Maybe you have put together every single puzzle from your supply. Or perhaps you would like to put together a puzzle in the peace and quiet of the library. Come to the Spirit Lake Public Library, and we can help you out with all of the above!

At the SLPL, we have a table that always has a puzzle in progress. You can sit for a few minutes and put in just a handful of pieces, or you can stay for a couple hours and finish the whole thing! There are also several children's puzzles in the youth area that kids are welcome to put together when they visit the library.

On the floor below our "on your honor" paperback shelves, there are several puzzles that you can take home to put together. You don't have to officially check them out, but let a staff member know when you take one. When you are done, just bring the puzzle(s) back to the library for someone else to borrow.

Finally, coming up on the 10th of February, we are hosting a puzzle exchange event at the library. This is not a puzzle donation situation. If you bring some puzzles, you have to take the same number home with you! This exchange will be in the Community Room from 11:00 a.m. - 2:00 p.m. Then you will have some different puzzles to put together this winter. This is a monthly event, so if you can't make it in February, plan to come in March!

Upcoming Activities At The SLPL:

- Monday, February 5, 1:00 p.m., Mah-Jong
- Monday, February 5, 5:15 p.m., Library Board meeting
- Tuesday, February 6, 9:00 a.m. - 3:00 p.m., Quilters
- Wednesday, February 7, 12:30 p.m. - 4:00 p.m., Quilters
- Thursday, February 8, 10:00 a.m., Story Time
- Thursday, February 8, 1:00 p.m., Mah-Jong
- Saturday, February 10, 11:00 a.m. - 2:00 p.m., Puzzle Exchange

First Lutheran Church

9/10/23 - 5/19/24

SUNDAY Schedule

WORSHIP
8:30 AM &
11:00 AM

FELLOWSHIP
9:30 AM
EDUCATION
9:45 AM (all ages)

1525 Three Cross Road - Milford, Iowa

www.3cross.org office@3cross.org
(712) 338-4514

New Year | New Event
No Show Charity Ball

I want to help Spirit Lake Spencer

Platinum Level	<input type="checkbox"/>	\$5000 & ↑
Gold Level	<input type="checkbox"/>	\$2500 - \$4999
Silver Level	<input type="checkbox"/>	\$1000 - \$2499
Bronze Level	<input type="checkbox"/>	\$1 - \$999

Mail your donation to:
PO Box 158, Spirit Lake, IA 51360

ADMIT ONE

Please list me as a supporter of Discovery House under the name: _____

I would like my support to remain anonymous!

Thank you for your support!

the Y YMC&A Y-KIDS SUMMER REGISTRATION OPENS SOON!

**Mark your calendar so you can ensure
your child's spot for summer 2024.**

The registration date for
returning (current) Y-Kids
families is February 5 at 9am.

Public registration opens
February 19 at 9am.

Call Jacey Soat at 336-9622 for more info.

Download registration packet: okobojimca.com/y-kids/
or pick one up at the Bedell Facility front desk.



80th Birthday Announcement

Eileen Nation will be celebrating her 80th birthday on Wednesday, January 31, 2024. A retired teacher and active community member, Eileen has given so much to many! Please join her family in showering this delightful lady with love and well wishes. If you would like to help her celebrate, please send your well-wishes and fond or funny memories to: Eileen Nation, 3225 Center Lake Drive, Spirit Lake, IA 51360.



Maggie's Story

When I have a good day, I have a wonderful day. Leaving my office knowing that I allowed someone to feel heard, validated, and loved feels amazing. Seeing the moment when something you have said flips a switch somewhere in someone's mind allowing them to experience that "ah-hah" moment is honestly one of the best feelings in the world. Other experiences that remind me why I am here every day include visits with family or children after the residents have worked so hard to rebuild bridges that had been severely damaged, getting the job they really wanted, and every single day that they are stronger than their disease.

As promised in last week's article, I will be sharing stories that I have been trusted with and given permission to share. The names and other identifying information have been changed to ensure confidentiality for the residents. This week I would like to introduce you to Maggie. Maggie has been a resident with Discovery House more than once. Her first stay with us was early in my time as the director. Maggie came in as a referral off the streets and had not been to treatment prior to coming to the house. Very shortly after starting this brief stay with us, Maggie got involved with a gentleman and lost her focus. Recovery stopped being her priority, and as is typical, once the focus moves from themselves and recovery to a relationship, it becomes a very slippery slope. Maggie struggled with her mental health, guilt and shame from her addiction, and had given up hope of being reunified with her children. Maggie relapsed and was asked to leave Discovery House. Several months later, I received a call from Maggie asking if I would consider letting her come back to Discovery House. Maggie shared that she was clean and was trying hard to stay clean but could not do it where she lived. I decided to open the door for her and prayed that this time would be different. And different it was. Maggie was a completely different person. She was engaged, socialized with others, and was beginning to gain trust back with her children. It was an incredibly slow process, but she was extremely excited. About 3 months into Maggie's second stay, she walked into my office and asked if we could talk. Maggie had relapsed. She was up-front and honest, stated that she wanted to go to treatment but wanted to come back after, and promised not to do it again. And she meant it with all that she was. I genuinely believe that she was being completely honest and had every intention of staying clean. I completed a referral for her to go to treatment and sent Maggie to her room to sober up. The following morning, I followed up with the treatment center that I sent the referral in to and confirmed that Maggie was on the list and it would be 1-2 weeks before they would have a bed for her. Two more days go by and Maggie comes to my office door again. She is visibly upset with herself and tells me that she used again. I sat with her for some time discussing how her disease was controlling her life and helping her to identify the triggers that led to this relapse. Maggie was able to identify that her "gateway drug" was men. Every time her focus changed from her recovery to a relationship, she found herself back out there. There was no update on the bed in treatment for Maggie and her recent relapse was too powerful. She left Discovery House and planned to go for treatment when the bed was ready. One week later, I received a call that her spot was open. I called, drove past places she had been in the past, and called some more. Maggie was back in the depths of her addiction. The bed was filled with someone else. Occasionally Maggie would call and check in with me and I could hear desperation in her voice. I continued to remind her that she did not have to live like this anymore.

Fast forward to early December 2023. I received a call asking if I had a bed available, and if so would I accept Maggie back as a resident. This time, I had the ability to offer Maggie a bed in a different location. We talked about the damage that was done to her relationship with her kids after her last relapse and her fear that this time they would not trust her to stay clean. Maggie was terrified that she had destroyed her final chance to be part of her children's lives.

Her oldest child was the first to talk with her. Through her, Maggie sent a message to her second and third children. At Christmas time, she was able to see her youngest child while still talking to her oldest and asking her to relay messages to the second and third children. Just over a week ago, Maggie walked into my office visibly upset. When I asked her what was wrong, she told me that she had attempted to contact her second child and he responded this time, but his response was "not right now" when told he could call anytime. Maggie was torn between being happy that he responded and sad that he was not ready to talk to her. In the few minutes that it took for us to explore the possibilities that he was doing something else or was with friends and he literally meant "not right now," he sent two more messages to Maggie. The first telling her that he loved her, and the second telling her that he had a game that Saturday morning. He told her where it was and what time and invited her to come watch. I assured her that she would get to the game. "Not right now" meant that he would call later. And he did. He called, they talked, and she told him she would be there on Saturday. Saturday morning, I picked Maggie up from the house at 7:30 am and we drove to her son's game. When we got there, we found seats and waited. Maggie's son saw her from behind us and came running to see his mom. He threw himself into her arms in a hug that was filled with so much excitement that he knocked her coffee right out of her hand. He kept saying how much he loved her and was so glad she was there. I watched Maggie as her face lit up, her heart began to heal right before my eyes, and her relationship with her second child found one more broken piece to put back in place. It was truly one of the most beautiful things I have ever watched, and I feel blessed to have been the one that was with her.

Yesterday, Maggie got a call from her mother, who she also had not spoken to, regarding her third child. The only one that she had not gotten to see yet. They were celebrating her birthday and Maggie's mom called to invite her to the party. Just a week prior, her daughter did not want to see Maggie. Now, Maggie was going to the birthday party and spending the day with both her daughter and her mother. Two of her other children were there as well.

It is not "fixed". There is still a great deal of healing that needs to happen for both sides. Maggie has a long road ahead of her in her recovery, but she is taking the right steps and is avoiding her "gateway drug" and relationships. Maggie is correct this time when she says she does not have another relapse in her. Every time an addict goes back out, it is worse than the time before. Maggie does not physically have another relapse in her. And equally as important, she likely does not have another relapse in her children's eyes. Today, Maggie feels blessed and remains motivated by the hope that someday her relationships with her children can be healthy and she can be more involved in their daily lives. For now, she is taking things one day at a time and doing the next right thing.



Engagement Announcement

Sean and Kathleen Trainor are pleased to announce the engagement of their daughter, Jordan Trainor, to Tony Eckert, son of Dan and Annette Eckert. A May 25, 2024 wedding is planned at the Dove Ridge Vineyard in Weathersford, Texas.

Lux Named to Dean's List

Annie Lux, of Spirit Lake, was named to Mount Mercy University's Fall 2023 Dean's List. Students with a semester grade point average of 3.60 or better and who are graded for six or more semester hours are eligible for inclusion on the Dean's List.

Family Services Resource Guide

Dickinson County's Family Resource Guide is a comprehensive free resource for local residents to utilize when trying to locate services in and around the county. With a variety of services and help providers listed, the book is a one-stop-shop to locate local resources. To access the free guide online, visit <https://www.extension.iastate.edu/dickinson/coun-ty-resource-guide>. If you have services to add to the guide, contact Sue at 712-336-3488 or boettche@iastate.edu.

LETTERS TO THE EDITOR

The publisher does not necessarily share the views/opinions stated in the "Letters to the Editor" published in The Lakes News Shopper.

To the Editor:

Awe to Alarm to Apocalypse for America

Most Americans viewed with awe the declaration of Donald Trump for the Republican presidential nomination in 2016. His boasting that Mexico would pay for a southern border wall; declaring he would eliminate the national debt in no time; replacing the ACA with a better plan; classing all immigrants coming through Mexico as drug dealers/smugglers, criminals and rapists; banning Islamic travel; claiming John McCain was a non-hero because he was captured; and suggesting a closer friendly relationship with Putin would lead to negotiating world peace, would surely be ripped to shreds by traditional Republican candidates running against him. Lo and behold, they all dropped out, leaving him as the party's nominee and he won via the electoral college after losing the popular vote. Alarm bells sounded right away as Trump declared his inauguration crowd was the largest in history, followed by thousands of other outright lies delivered over four chaotic years of his presidency. It became clear he had no knowledge, concern or care for governing or the Constitution, placing loyalty and personal gain as his prerogatives. He immediately asked American taxpayers to fund the border wall. He had no plan for replacing ACA. His immigration initiatives were disastrous, displacing children and family members. He belittled our own CIA and intelligence agencies on the international stage while being coddled by Putin. His only legislative initiative, a gigantic tax cut increased the national debt over seven trillion dollars and greatly expanded a widening wealth gap. His Supreme Court appointments lead to fifty-year women rights regression. He was first impeached for holding up Ukraine war funds for personal political gain. His presidency culminated in disastrous handling of the COVID crisis resulting in thousands of deaths, huge economic downturn and recession. After losing the 2020 election Trump claimed massive voter fraud, lead an insurrection at the Capital to stop the electoral vote and, for the first time in our nation's history, refused to participate in a peaceful transfer of power leading to impeachment a second time. Subsequently, legally he has been indicted for unlawful confiscation of classified documents, insurrection conspiracy, interference with Georgia voting laws and fraudulent business practices along with multiple civil suits including payoffs to a porn star and character defamation. With court cases abounding, Trump is again the presumptive 2024 presidential selection of the Republican Party while espousing apocalypse for our constitutional democracy! His disjointed rhetoric clearly shows a campaign based on retribution, press control, dictatorial powers, including immunity for elimination of political rivals, internment camp facilities, weaponizing judicial and FBI departments or using the military against our own citizens, pardons for the insurrectionists (and himself?) and NATO withdrawal which will lead to Putin taking Ukraine and maybe other European allies. He has called for the former Joint Chief to be executed for treason; called political rivals, press and others who disagree as "vermin;" and claimed immigrants "poison the blood of America." Surely these are not the messages for any freedom-loving American! Donald Trump should never be elected to any office let alone again for the presidency. Still, Republican leaders across the country apparently fully endorse his candidacy. Have Republicans really become the Anti-American Constitution Party? Do they really think strong-man regimes like Russia, China, North Korea, Turkey or Hungary are paths forward? Awe and alarm are historical markers to learn from. Apocalypse is on the horizon if we don't overwhelmingly vote Trump and his supporters out in the next election cycle.

Terry B. Yarns
Spirit Lake, Iowa

*A portion of this letter was paid for by the author.

2024 Spelling Bee Contest Results

Every year the Iowa Knights of Columbus sponsors a Spelling Bee Contest. Our local St Joseph Council at Milford is continuing this youth activity this year. The educational growth and development of our youth is one of many activities the Knights of Milford are involved with. The St Joseph Council wanted to team up with the schools (public, private, parochial, and home school) in the promotion of this educational activity. It was open to any 4th, 5th, 6th, or 7th grade youth of the area.

There were 8 youth that registered for the Contest. There were participants entered in each grade level. Winners were: 4th Grade – 1st Place was Rowan Lindgren, 2nd Place was Neveya McKee and 3rd Place was Henry Mattingly and Alternate was Olivia Breuer. 5th Grade – 1st Place was Elias Sloan. 6th Grade – 1st Place was Kierra Briggs. 7th Grade – 1st Place was Kestin Briggs. They will Advance to Regional Contest.

Every participant received a Certificate recognizing their achievement. The 1st, 2nd, 3rd Place and Alternate receive another certificate acknowledging their placement of achievement. The 1st, 2nd and 3rd place achievers advance to the Regional Competition at Milford, which is Sunday, February 4th. The 4th Place achiever serves as Alternate for the advanced Competition. Qualifiers from Regional then compete at the State Contest, which is in Ames on Sunday, March 2nd.

Much credit and thanks goes out to our Okoboji Elementary and Middle School Principals, Office Assistants and the Teaching Staff for their cooperation and encouragement in the promotion of this educational activity. Also, a thanks to the Moms and Dads, Grandpas and Grandmas that attended and showed their support,



Olivia Breuer, Rowan Lindgren, Lleyton Peter, Neveya McKee, Henry Mattingly, Joel Naber (Grand Knight), Elias Sloan, Kierra Briggs and Kestin Briggs.



Joel Naber (Grand Knight), Rowan Lindgren, Neveya McKee, Henry Mattingly and Olivia Breuer.



Joel Naber (Grand Knight), Kestin Briggs, Kierra Briggs and Elias Sloan.

encouragement and promotion for this type of educational activity. A special thanks to Lenae for coordinating at the Middle School.

The Knights of Columbus will plan to sponsor the Spelling Bee again next year. "I would hope that we surpass the number of participants next year," stated Don Breuker on behalf of the St Joseph Council.

The Knights of Columbus is an International Catholic Family Fraternal Service Organization founded in 1882 by Fr. Michael J. McGivney at St. Mary's Church in New Haven, Connecticut with membership now over 1.9 million. The original intent was to provide welfare

and security for families during times of sickness and death which has grown so that last year, Knights donated more than 75.6 million hours of volunteer time and \$185.6 million to charity. Our local Council continues this Mission here at home as well with State, National and Worldwide projects of Charity and Service. Coats for Kids is in the fall. "Tootsie Roll" sales in the fall with donations going to Special Olympics, PID (People with Intellectual Disabilities). Christmas Food Boxes for local people with hardships. One of our next major projects is the support of youth wanting to attend further education after high school. The St Joseph Council 7284 has been providing 6 Scholarships of \$750 each.



WINNERS IN THE WINTER GAMES BRIDGE TOURNAMENT, held Friday, January 26, at St. Joseph Catholic Church, Milford, included standing Denise Cole, who was high, and seated, Shirley Witrock, who was low. The tournament was hosted by the Rosary/Altar Society of St. Joseph. (Submitted photo)

View From The Bench

by John Adams, Jr.



Hilton Magic Strikes Again

Michelle and I headed down to Ames Saturday morning to watch #23 Iowa State take on #7 Kansas in an epic Big 12 battle. It was a chance for us to see both of our kids and also catch some great college basketball. Shaelyn has been doing a sports medicine rotation with the Iowa State team doctors, and this was her last game for her monthly rotation, which was fun to see her down on the court taking in the action. Tyler is in his last semester at Iowa State, and he and a group of friends camped out from Friday afternoon until they let the students into Hilton Coliseum on Saturday around 10AM, taking in the full Hilton/Iowa State experience.

The game was a typical Iowa State/Kansas showdown. The first half was a defensive battle, with neither team able to get much going with any offensive rhythm. Iowa State was down 26-25 when Tamin Lipsey had a break away lay-up and was fouled hard by Parker Braun, which was called a flagrant foul after review for a shot to the head. Jayhawk coach, Bill Self definitely did not agree with the call, and was issued a technical foul for sharing his thoughts with the officials. Lipsey was only able to make two of the four free throws, but Milan Momcilovic hit a 3-pointer on the next possession to give ISU a 30-26 lead at halftime.

Kansas tied the game at 30-30 early in the second half before a 16-5 Iowa State run gave the Cyclones a 46-35 lead. As is usually the case, Self and the Jayhawks would not go away. ISU had the lead at 74-65 with just 2:40 remaining when Kansas called a timeout. No one in the nation is better out of timeouts than Self and the Jayhawks, and they once again converted, this time with a Hunter Dickinson three-pointer. KU would also get a three from Kevin McCullar and a free throw from KJ Adams to trim the lead to 74-72 with just over 1:00 left in the game. On the next possession, ISU got the switch they wanted late in the shot clock with KU freshman Johnny Furphy having to try and guard Keshon Gilbert; Gilbert rose up with just :02 on the shot clock and delivered a dagger with a three-pointer to give ISU a 77-72 lead and send Hilton Coliseum into a frenzy. The Cyclones would get a stop on the next KU possession and salt the game away at the free throw line to pull out the impressive 79-75 victory. The Cyclones were led by Tre King, who hit four 3-pointers on his way to 21 points and also snared 9 rebounds; Gilbert added 16 points and 6 rebounds, Curtis Jones 15 points and Tamin Lipsey 10 points to go along with 8 assists.

The win pushes Iowa State to 16-4 overall and a tie for second place in the Big 12 with a 5-2 conference record. Kansas falls to 16-4 overall and is tied for fourth with a 4-3 Big 12 record. The Big 12 has proven to definitely be the top basketball conference in the country once again this year. The latest ESPN Bracketology has nine Big 12 teams in the NCAA Tournament, and an amazing 10 Big 12 teams are in the top 50 of the *kenpom.com* power ratings. While I'm not sure Iowa State has the firepower to win the Big 12, if they could go around .500 from here on out, they would finish with an 11-7 conference record, which would definitely get them a very nice seed in the NCAA Tournament. If you haven't taken in a game at Hilton Coliseum in a while, it's well worth the trip to go and watch these hard-playing Cyclones battle in the best league in America in one of the best college basketball venues around; you gotta love Hilton Magic!

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Dance In Brewster

Brewster Fun time will be having a dance at the Brewster Legion in Brewster, Minnesota Saturday, February 10th, 7:30-11:00. Steve Lang and Bobby will provide the music. Couples and singles welcome.

THE LAKES NEWS Auctions
Page 2B

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Weekly Social Gathering

You are invited to a weekly social gathering every Wednesday from 12:30 - 4:30pm at the American Legion in Milford. Coffee will be provided. They hope to see you there!

Dance 4 Fun

The Dance 4 Fun Every Dance will be held at the Hap Ketelsen Community Center in Everly on Saturday, February 3rd. The starting time for the dance has *Changed* - new starting time is 7:00pm. So, the dance will be from 7:00 - 10:30pm. Doors will open at 6:30pm. The band is the Norgaard Country Band. Feel free to bring snacks to share. Everyone is welcome! Come join us for a Fun evening of dancing!

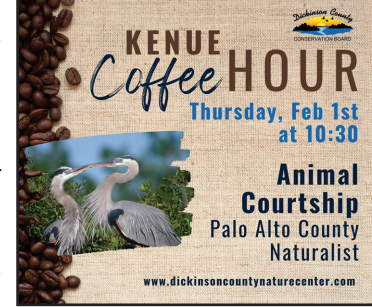
Kenue Coffee Hour- Animal Courtship

Hubba hubba! Not only is love in the air for humans, but it is also for animals. Stop by Maser Monarch Lodge and enjoy some coffee at Kenue Coffee hour on Thursday, February 1st at 10:30 a.m.

The Dickinson County Nature Center staff are excited to host Kaitlin Anderson, the naturalist of Palo Alto County, to speak about animal courtship. Kaitlin will be bringing a male and female painted turtle with her, as well as some pelts and animal mounts to showcase. Learn about how different species display elaborate courtship behavior to woo their mates.

Environmental Education Coordinator, Danika Cox exclaimed, "the animal world is wild when it comes to love!" adding that she hopes the audience enjoys learning about the different displays.

Kenue Coffee Hour lasts approximately one hour, is free to the public, and does not require registration. For more information, visit www.dickinsoncountynaturecenter.com. You can also keep up on the latest happenings on Facebook and Instagram.



Shake The Lakes Jazz & Show Choir Contest Returns

The Spirit Lake Music Boosters will host the 6th Annual Shake The Lakes Jazz & Show Choir Competition on Friday, February 16, and Saturday, February 17, at the Sami Bedell Center for the Performing Arts, located at 612 28th Street, Spirit Lake.

More than 50 groups will perform over the two-day event that showcases school groups from Nebraska, South Dakota, Wisconsin, and Iowa.

Friday will kick off at 11:00am, and the day will be filled with performances from 29 jazz choir groups. Awards will be presented at 10:15pm.

Saturday will feature 24 middle school and high school show choirs through the day, with show choir finals commencing around 8:00pm on Saturday. An extensive concession stand serving breakfast, lunch, and dinner will be available through the weekend.

The event is a fundraiser for the Spirit Lake Music Boosters, and organizers are excited to welcome more than 1,000 performers and hundreds of music fans to the community over the two-day event.

Additional information, including an up-to-date event performance schedule, is available on the Spirit Lake School website at <https://spirit-lake.k12.ia.us/shake-the-lakes/>

Lake Effect, the Spirit Lake High School jazz choir, is scheduled to perform at 4:50 p.m. on Friday, February 16. Spirit Lake Middle School's show choir group, Spirit Rising, will perform Saturday, February 17, at 11:55am, and Spirit Lake Music Factory, the Spirit Lake High School show choir, will perform Saturday at 6:30pm. Spirit Lake's groups perform at the event, but as hosts, they will not compete for awards.

Show choir finals for the top six performing groups are slated to begin around 8:00 p.m. on Saturday, with awards presented at about 10:45pm.

All times are subject to change. Fans are encouraged to arrive early and allow ample time to find parking, purchase tickets, and enter the venue. Each day, tickets are \$5 for students and \$15 for adults. Spirit Lake family or student activity passes cannot be honored for this fundraising event.

Those with questions should contact Luke Miller, Spirit Lake High School Choir Director, at 712-336-3707.



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Word Search Puzzle Key from page 3B

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Dear Motor Medics,

My car runs pretty well, and I am not one to bring it in just to have it checked over once in a while. I am more of the kind of person who visits the shop once the car has broken down. After listening to your show, I am thinking I may be able to save some money by doing some preventative maintenance instead of waiting for major breakdowns. Recently my brakes started making some noise, but they don't do it every day. How can I tell the difference between needing brake repairs or if it's just a little noise; and if I wanted to be proactive on brake maintenance how often should they be checked? I have been in before for a squeak and they said they were fine, just a little rusty.

Thanks, Joanne in Madison Wisconsin

Dear Joanne,

Routine maintenance will save you money on repairs. Regular inspections should be performed on safety items at each oil change and addressed as needed. These inspections are done for free at most shops so check around to see if yours does not offer this service. Inspect brakes annually and completely check them right away if there is a change in pedal travel or if noise is heard when applying them accompanied by grinding. Damp mornings can cause rust on the braking surfaces resulting in noise. This should go away after a couple of pedal applications and should not be felt in the pedal.

Take care, the Motor Medics.

Dear Motor Medics,

I am a longtime fan of yours and you have saved me countless dollars on repairs by teaching me how to do them myself, and when they are larger than I can handle you have taught me how to look for the best mechanic. I drive a 2012 Ford Explorer and I am getting ready to pull a trailer with it. I have owned it for several years and it has a hitch but no trailer light connector. This will be my first time pulling a trailer with this vehicle. Can I just tap into the taillights to connect my trailer light connector, or do I need something special? I don't want to cause a problem with the vehicle. I have also serviced the transmission and rear end prior to towing as well.

Thank you, Darren in Port Saint Lucy Florida.

Dear Darren,

Great idea you had on the proactive transmission and rear differential service. Depending on the size of the trailer and load you may think about a transmission cooler if the Explorer is not equipped with one. For the trailer wiring you need to make sure you do not overload the electrical system. On this vehicle and many others, a tow wiring kit is advised. Available at most auto parts stores this kit takes its power from the battery directly and uses relays activated by the vehicles lights to power the trailer lights preventing damage to the vehicles system.

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THURSDAY, FEBRUARY 29
8:30 - 10:30 AM in the SAMI Center
Businesses Connect with Student and/or Potential Future Employees!

1. Is your business in search of employees, either seasonal or otherwise? This offers you an opportunity to visit with students and potentially locate help for your organization, particularly if you are looking for some seasonal help for the summer.
2. Showcase career paths available in our community to help students develop an understanding of the wide variety of careers possible in the Iowa Great Lakes.
3. One of the best ways to showcase a career is through real experience at the business! This can happen in a number of ways:
 - Specific problem/project**
Is there a project or problem your business has been wanting to tackle but it always seems to sit on the back burner? Consider visiting with students at the Career Fair, with your specific project in mind, and utilize our utilize our students' skill set and problem solving abilities to build the student experiences, as well as assist your organization! We can figure out the details, time, credits, etc that could potentially be aligned with this type of opportunity.
 - Arranged career shadow/internship (based on business need or student interest)**
We understand that not all businesses setup, organization or time of year work well with our J-Term schedule. Therefore, we want to extend an invitation for you to meet students, gauge student interest and fit for your business. If there is a match and your business has an interest in hosting shadow students they believe our student(s) could assist with, we will work collaboratively to get this arranged.

If you are an interested business or company, please complete this form: [Career Fair](https://forms.gle/9mK12) or email the information requested to Angela Olsen, aolsen@spiritlakescd.org. The information needed includes:

1. Business name
2. Contact information
3. Business mission and/or goals - what is your business does?
4. What area(s) your business is interested in (potential employment, special project, career shadows, or awareness of the career)? You may choose as many as apply.

To help us plan, submitting this by **February 15th** would be most beneficial, but we will take your involvement anytime! If you have specific questions or want more information, please contact: Angela Olsen, Spirit Lake School Business Partnerships: aolsen@spirit-lake.k12.ia.us or 712-330-5041.

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8:30AM - Hazardous CO₂ Pipeline Ordinance
10AM - Wind Energy Ordinance
Dickinson County Courthouse
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EMAIL your concerns and opposition of the updated wind ordinance to MKardell@dickinsoncountyiowa.gov

SEND a letter to the Board of Supervisors by Monday, February 12th. Use your own words and be concise in only 2-4 sentences.

SIGN the petition available online on Facebook or a paper copy with any of the DC3 supporters.

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<p>DEAL OF THE WEEK! SUNNY DEAL!</p> <p>Best Choice Saltines 16 oz. or Soup Crackers 9 oz. Compare to Nabisco Premium</p> <p>AD PRICE \$1.69 -1.69 FREE</p> <p>WITH \$10 PURCHASE DIGITAL COUPON LIMIT OF 1 COUPON USE</p> <p>Must use digital app to get digital coupons. Limit 1 coupon use per customer.</p>	<p>SUNNY DEAL!</p> <p>Toufayan Bagels 20 oz.</p> <p>\$2.99</p> 	<p>DIGITAL DEAL! SUNNY DIGITAL DEAL!</p> <p>Dunkin' Donuts Coffee 10-12 oz. bag or 10 ct. K-cups</p> <p>AD PRICE \$6.99 -1.00 \$5.99</p> <p>DIGITAL COUPON LIMIT OF 1 COUPON USE</p> <p>Must use digital app to get digital coupons. Limit 1 coupon use per customer.</p>	<p>SUNNY DEAL!</p> <p>Hormel Black Label Sliced Bacon 12-16 oz.</p> <p>\$3.99</p> 	<p>DIGITAL DEAL! SUNNY DIGITAL DEAL!</p> <p>J. Skinner Cinnamon Rolls Family Pack, 22 oz.</p> <p>AD PRICE \$4.99 -50¢ \$4.49</p> <p>DIGITAL COUPON LIMIT OF 2 COUPON USES</p> <p>Must use digital app to get digital coupons. Limit 2 coupon uses per customer.</p>	<p>SUNNY DEAL!</p> <p>Sunkist Minneola Tangelos or Cara Cara Oranges 4 lb. bag</p> <p>\$3.88</p> 
<p>SUNNY DEAL!</p> <p>Dole Chopped Salads each</p> <p>\$2.98</p> 	<p>SUNNY DEAL!</p> <p>Organic Romaine Hearts 3 pack</p> <p>\$3.48</p> 	<p>DIGITAL DEAL! SUNNY DIGITAL DEAL!</p> <p>Best Choice Russet Potatoes 5 lb. bag</p> <p>AD PRICE \$2.49 -1.00 \$1.49</p> <p>DIGITAL COUPON LIMIT OF 2 COUPON USES</p> <p>Must use digital app to get digital coupons. Limit 2 coupon uses per customer.</p>	<p>SUNNY DEAL!</p> <p>Fresh Avocado each</p> <p>58¢</p> 	<p>SUNNY DEAL!</p> <p>Vine Ripened Tomatoes per lb.</p> <p>99¢</p> 	<p>SUNNY DEAL!</p> <p>California Naval Oranges 4 lb. bag</p> <p>\$4.48</p> 
<p>SUNNY DEAL!</p> <p>Beef Rump Roasts USDA Choice, Boneless, per lb.</p> <p>\$3.88</p> 	<p>SUNNY DEAL!</p> <p>Boneless Stew Meat or Cube Steak USDA Choice, Beef Boneless, per lb.</p> <p>\$4.99</p> 	<p>SUNNY DEAL!</p> <p>Sunshine's Own 85% Extra Lean Ground Beef Family pack, per lb.</p> <p>\$4.77</p> 	<p>SUNNY DEAL!</p> <p>Pork Chops USDA Inspected, Boneless Center cut, per lb.</p> <p>\$2.49</p> 	<p>SUNNY DEAL!</p> <p>Pork Spare Ribs Bone-In, Lean & Meaty, USDA Inspected, per lb.</p> <p>\$2.49</p> 	<p>SUNNY DEAL!</p> <p>Sunshine's Own Homemade Pork Sausage or Ground Pork per lb.</p> <p>\$2.99</p> 
<p>SUNNY DEAL!</p> <p>Smokin' Boji BBQ</p> <p>Baby Back Ribs Full Rack, each \$18.99</p> <p>Smoked Pulled Pork per lb. \$7.99</p>  <p>Okoboji Original For Catering Call: 712-797-1684 Smokinbojibbq@gmail.com 18 to 24 hour notice required</p>		<p>SUNNY DEAL!</p> <p>Honey Ham Fresh sliced, per lb.</p> <p>\$6.99</p> 	<p>SUNNY DEAL!</p> <p>Mild Cheddar Cheese Fresh sliced, per lb.</p> <p>\$6.99</p> 	<p>DIGITAL DEAL! SUNNY DIGITAL DEAL!</p> <p>Dinner Bell Creamery Amer. Cheese Premium, Sliced, BIG 3 lb., 75 ct.</p> <p>AD PRICE \$10.99 -1.00 \$9.99</p> <p>DIGITAL COUPON LIMIT OF 2 COUPON USES</p> <p>Must use digital app to get digital coupons. Limit 2 coupon uses per customer.</p>	<p>SUNNY DEAL!</p> <p>Sara Lee Artesano Bread 20 oz., var.</p> <p>\$3.39</p> 
<p>SUNNY DEAL!</p> <p>Progresso Soups 18.5-19 oz.</p> <p>3/\$4</p>  <p>MUST BUY 3 OR \$1.67 ea.</p>	<p>DIGITAL DEAL! SUNNY DIGITAL DEAL!</p> <p>Bush's Best Chili Beans or Chili Magic 15.5-16 oz.</p> <p>3/5 AD PRICE \$3.50 -1.00 3/\$4</p> <p>DIGITAL COUPON LIMIT OF 1 COUPON USE</p> <p>Must use digital app to get digital coupons. Limit 1 coupon use per customer.</p>	<p>SUNNY DEAL!</p> <p>Ragu Alfredo Sauce 16 oz. or Spaghetti Sauce 24 oz.</p> <p>\$1.99</p> 	<p>SUNNY DEAL!</p> <p>Best Choice Salad Dressing 16 oz., var., Compare to Kraft</p> <p>\$1.99</p> 	<p>DIGITAL DEAL! SUNNY DIGITAL DEAL!</p> <p>Old Dutch Potato Chips Family Pack, Pre-priced \$4.99</p> <p>2/6 AD PRICE \$3.00 -1.00 2/\$5</p> <p>DIGITAL COUPON LIMIT OF 5 COUPON USES</p> <p>Must use digital app to get digital coupons. Limit 5 coupon uses per customer.</p>	<p>SUNNY DEAL!</p> <p>Kemp's French Onion Dip, Top the Tator Sour Cream or Cottage Cheese 12-16 oz.</p> <p>2/\$4</p> 
<p>DIGITAL DEAL! SUNNY DIGITAL DEAL!</p> <p>Jack's Original Pizza 13.8-16.1 oz., var.</p> <p>3/9 AD PRICE \$3.00 -1.00 3/\$8</p> <p>DIGITAL COUPON LIMIT OF 1 COUPON USE</p> <p>Must use digital app to get digital coupons. Limit 1 coupon use per customer.</p>	<p>SUNNY DEAL!</p> <p>Red Baron Pizza Classic, 15.39-24.45 oz., var.</p> <p>\$3.99</p> 	<p>DIGITAL DEAL! SUNNY DIGITAL DEAL!</p> <p>Wild Mike's Ultimate Pizza BIG 36 .58-38.8 oz.</p> <p>AD PRICE \$7.99 -1.00 \$6.99</p> <p>DIGITAL COUPON LIMIT OF 5 COUPON USES</p> <p>Must use digital app to get digital coupons. Limit 5 coupon uses per customer.</p>	<p>DIGITAL DEAL! SUNNY DIGITAL DEAL!</p> <p>Bellatoria Thin Crust Premium 12" Thin Crust Only</p> <p>AD PRICE \$4.99 -1.00 \$3.99</p> <p>DIGITAL COUPON LIMIT OF 5 COUPON USES</p> <p>Must use digital app to get digital coupons. Limit 5 coupon uses per customer.</p>	<p>SUNNY DEAL!</p> <p>Crunchmaster Crackers 3.54-4 oz.</p> <p>2/\$7</p> 	<p>DIGITAL DEAL! SUNNY DIGITAL DEAL!</p> <p>Lakeview Farms 5 Layer Fiesta Dip 17 oz.</p> <p>AD PRICE \$4.99 -50¢ \$4.49</p> <p>DIGITAL COUPON LIMIT OF 2 COUPON USES</p> <p>Must use digital app to get digital coupons. Limit 2 coupon uses per customer.</p>
<p>DIGITAL DEAL! SUNNY DIGITAL DEAL!</p> <p>Dr. Pepper or 7up 6 pack .5L. bottles, + dep.</p> <p>2/9 AD PRICE \$2.00 -1.00 2/\$8</p> <p>DIGITAL COUPON LIMIT OF 4 COUPON USES</p> <p>Must use digital app to get digital coupons. Limit 4 coupon uses per customer.</p>	<p>SUNNY DEAL!</p> <p>Best Choice Soda Pop 12 pack cans plus deposit, var.</p> <p>2/\$7</p> 	<p>SUNNY DEAL!</p> <p>Best Choice Purified Drinking Water 16.9 oz. bottles, 24 pack</p> <p>2/\$7</p> 	<p>SUNNY DEAL!</p> <p>Prairie Farms Chocolate Milk BIG 128 oz., Whole or 1%</p> <p>\$4.44</p> 	<p>SUNNY DEAL!</p> <p>Silk Milk 64 oz., Soy, Oat or Coconut or Int. Delight Coffee Creamer 32 oz.</p> <p>\$3.99</p> 	<p>SUNNY DEAL!</p> <p>Always Save Frozen Vegetables BIG Club Pack, 32 oz., mixed vegetables, cut beans or corn</p> <p>2/\$5</p> 
<p>SUNNY DEAL!</p> <p>Bridgford Cinnamon Money Bread 16 oz.</p> <p>\$3.99</p> 	<p>DIGITAL DEAL! SUNNY DIGITAL DEAL!</p> <p>Best Choice Real Chocolate Baking Chips 10-12 oz.</p> <p>AD PRICE \$2.49 -1.00 \$1.49</p> <p>DIGITAL COUPON LIMIT OF 1 COUPON USE</p> <p>Must use digital app to get digital coupons. Limit 1 coupon use per customer.</p>	<p>SUNNY DEAL!</p> <p>Yoplait Yogurts 4-6 oz., var.</p> <p>10/\$5</p>  <p>MUST BUY 10 OR 60¢ ea.</p>	<p>SUNNY DEAL!</p> <p>Dannon Greek Yogurts 4 ct., var.</p> <p>2/\$7</p> 	<p>SUNNY DEAL!</p> <p>Peter Pan Peanut Butter 16.3 oz.</p> <p>2/\$5</p> 	<p>DIGITAL DEAL! SUNNY DIGITAL DEAL!</p> <p>Best Choice Heavy Duty Paper Plates 10.25", 50 ct.</p> <p>AD PRICE \$5.49 -50¢ \$4.99</p> <p>DIGITAL COUPON LIMIT OF 1 COUPON USE</p> <p>Must use digital app to get digital coupons. Limit 1 coupon use per customer.</p>

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Hamm Graduates from UNI

University of Northern Iowa awarded Emma Hamm of Spirit Lake, with a degree in Elementary Education.

Free Cervical Cancer Screenings Available

January is Cervical Cancer Awareness Month and Dickinson County Public Health has important information to share that can help those in our county. This year the American Cancer Society expects there will be roughly 13,820 new cases of invasive cervical cancer in the United States, and that about 4,360 women will die from it. Most women are diagnosed with cervical cancer between ages 35 and 44, although 20% of diagnoses are in women over age 65. Unfortunately, cervical cancer incidence rates have increased 1.7% each year from 2012 to 2019 in women ages 30 to 44. Fortunately, likely reflecting the first signs of cancer prevention from HPV vaccination, cervical cancer rates have decreased 11% each year in women ages 20 to 24. HPV vaccination is available for boys and girls starting at age nine.

Human papillomaviruses (HPV) are the most common causes of cervical cancer. Certain strains of these viruses have two proteins that turn off some tumor suppressor genes. This allows the cells lining the cervix to grow too much and develop changes in additional genes, which can lead to cancer. Early cervical cancers and pre-cancers usually have no symptoms. However, symptoms once the cancer is larger and grows into nearby tissue can include:

- Abnormal vaginal bleeding
- Unusual vaginal discharge
- Pain during sex
- Pain in pelvic region

The best way to find cervical cancer early is by a regular pap smear and HPV test. The Iowa Department of Health and Human Services' Care for Yourself program provides free pap smears and pelvic exams to a limited number of women who meet any of the following qualifications:

- Resident of Dickinson, Emmet, or Osceola counties, and
- Are between the ages of 21-64 years of age, and
- Have a monthly income of \$3,038 (take home pay) or less (add \$1,070 for each additional household member), and
- Have no health insurance, or
- Have health insurance, but are unable to pay for out-of-pocket expenses related to screenings

Those interested in learning more about the Care for Yourself program or in scheduling an appointment for a pap smear and pelvic exam are to call Dickinson County Public Health at 712-339-6050 and ask for Pam or Milly.

Caregivers Support Group

Lakes Area Caregivers Support Group is available for help dealing with the stress of being a caregiver to someone with Alzheimers or other dementia disorders.

This community caregivers group meets at 10:00 every Wednesday morning at First Presbyterian Church in Spirit Lake. This is an opportunity to discuss with other caregivers stories and concerns in a comfortable and confidential manner.

A typical meeting might include a presentation on topics such as handling of legal issues, stress reduction, care facilities, positive coping language, and sharing personal methods of handling challenges faced every day by other caregivers.

For more information, call 712-336-1649 or Lee Nation at 712-330-1270.

Mobile Food Pantry In Estherville

The mobile food pantry from the Food Bank of Iowa is returning again. The free distribution will take place from 4:00 - 6:00pm, Thursday, February 1, at the Good News Estherville Church. The food will be distributed inside the church. Recipients are asked to bring bags, laundry baskets or boxes to carry the food. At the January Food Bank, 443 individuals (171 families) received 7,059 lbs. of food. The Food Bank of Iowa partners with 700 agencies in 55 counties to distribute nearly 2 million pounds of food each month, so that no one goes hungry in Iowa.

If you have questions, call the Good News Estherville Church at 712-362-4984.



ILCC Releases Honors Lists

Iowa Lakes Community College releases the Fall 2023 Honors Lists recognizing students who achieve the highest academic standards earning inclusion on the President's List or Dean's List. Congratulations to the following area students:

Estherville Dean's List - Brian Becker, Matthew Davids, Ceasar Diaz, Kaylyn Domek, Enoch Durant, Victor Escobedo Pimentel, Cameron Fick, Mattie Fitzgerald, Elle Geisinger, Carson Grange, Cole Hansen, Emma Harvego, Daryl Jensen, Megan Jewell, Isaac Johnson, Hunter King, Stephanie Koons, Cristian Lopez-Bartolon, Brenden Lundgren, Mallory Nelson, Hayley Olson, Elizabeth Peta, Stephanie Peta, Hana Schroeder, Carter Snyder, Lilia Snyder, Jose Soria-Gonzalez, Piper Thompson, Rylee Valentine, Scott Whitacre, Kaleb Young and Ashley Zufall.

Estherville President's List - Hallie Ayers, Jack Jensen, Caleb Lausen, Grace Lutat, Nolan Merryman, Audree Reinhardt, Alijah Skrepak, Jordyn Stokes and Cael Wodtke.

Gruver President's List - Brianna Fix

Lake Park President's List - Tyce Gunderson and Alex Heikens.

Milford Dean's List - Christian Baack, Nicholas Baker, Bryce Geick, Caleb Hodge, Ella Jorgensen, Alexandria Koep, Lily Miller and Colin Oconnor.

Milford President's List - Trevor Cookinham, Jacob Meyer, Zachary Myer, Grace Pausley and Sophia Sires.

Spencer Dean's List - Erika Amendt, Emily Boelter, Brock Edington, Jacque Jepsen, Emma Keepers, Faith Klatt, Ashley Lappe, MacKenzie Manwarren, Alexander Moore, Mya Ortiz, Isabel Perez, Isabelle Pingel, Hailey Pippert, Brian Schmidt, Latasha Smith, Maryah Teton, Addison Wagner, Carson Weeks, Carys Whitaker and Jesse Wright.

Spencer President's List - Derek Bakken, Candace Brazel, Malachi Carlson, Audra Cheevers, Monroe Daniels, Cole DeVlaeminck, Stephanie Holliman, Hunter Iverson, Owen Kies, Keegan Nissen, Jackson Schultz, Corinne Stave, Kamdyn Van Gelder, Kennedy Warburton and Kaiden Woodall.

Spirit Lake Dean's List - Brenna Benge, Kai Cookinham, Devan Dunn, Patrick Folan, Preston Gigstad, Oona Hinders, Jonathan Jones, Dawson Kuker, Gwendolyn Mansfield, John O'Neal, Bodin Paullin, Brent Scott, Tristin Sidles, Abigail Slater and Ethan Stucker.

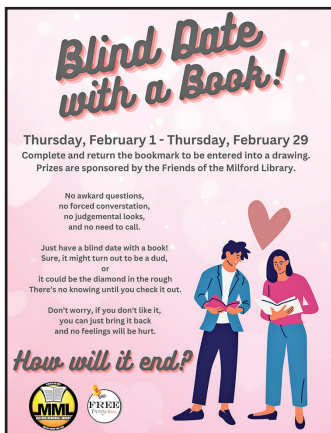
Spirit Lake President's List - Avery Arrowood, Evan Beck, Braxton Jones, William Kleis, Joshua Lee, Michael Morris, Gracie Relph, Kennedy Runkle, Taylor Tugland and Dani Winkel.

Terril President's List - Kendall Umscheid.

Milford Memorial Library News

MML's Blind Date with a book is back! All you will know is the genre and some written information. It could be a little bit funny, a little bit sad, or make you a bit glad to have picked it up. You will either tell everybody this is your book or you are never ever getting it again. A bookmark is located in each book. Return the completed bookmark to the library to be placed into a drawing. Drawing prizes are sponsored by the Friends of the Milford Library. Blind Date books are available for all age groups.

Join us at 7 p.m. on Tuesday, February 13, in the Milford Community Center for the program History of the Hershey Chocolate Company presented by Laura Keyes. Today the name Hershey is synonymous with quality milk chocolate. Milton S. Hershey worked hard and failed often before his chocolate company was finally successful. And when he did become a household name and had earned a vast fortune, Milton and his wife Catherine decided to give it all away. Because of their generosity, tens of thousands of orphans have been saved, protected, and educated. A program about chocolate wouldn't be complete without hot chocolate for attendees! This program is sponsored by the Friends of the Arnolds Park Library, Friends of the Milford Library and Friends of the Spirit Lake Public Library.



MML's Young Adult Cross Stitch Challenge will be available Tuesday, February 13th - Friday, February 23rd. Fourth through twelfth graders will use yarn to cross stitch a simple design on a tennis racket. This is a free activity, but does require registration. Register by calling MML at 712-338-4643 or online at <http://milfordlibrary.weebly.com/young-adult-registration.html>

On Tuesday, February 20, at 1:00pm, the Milford Memorial Library Book Club will be meeting to discuss The Kitchen Counter Cooking School by Kathleen Flinn. Any interested individuals are welcome to attend.

On Wednesday, February 7, at 5:30pm, an open meeting of the Board of Trustees for the Milford Memorial Library will take place in the Milford Community Center. The agenda will be posted on MML's website and front bulletin board at least 24 hours in advance of the meeting. Everyone is welcome to attend and offer their thoughts in order to make MML a better library.

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LRH Audit Report Released

Lakes Regional Healthcare (LRH) recently received their audited financial results for the fiscal year ending June 30, 2023. LRH ended the year with a net loss of \$70,972 which was a .1% negative margin from operations. LRH's cash and unrestricted investments were \$35,858,813. LRH's net operating revenue totaled \$57,982,137, a 1.2% decrease from the prior year. This figure included \$56,762,283 in net patient service revenue and \$1,219,854 in other operating revenue. Net non-operating revenues were \$1,720,628, which comprised of \$944,382 in investment income, \$1,020,000 in county tax revenues, \$41,110 in the sale of assets, and \$284,864 in interest expense. Operating expenses for the year totaled \$59,806,396, a 4.9% increase from the prior year, and included \$21,776,209 for salaries and benefits; \$15,724,140 for supplies and other expenses; \$19,080,012 for purchased services and professional fees; and \$3,226,035 for depreciation. A copy of the audit report is available for review in LRH's administrative office, in the Office of the Auditor of State and on the Auditor of State's web site at <https://www.auditor.iowa.gov/reports/audit-reports/>.



Results From 2024 Jazz Band Contest Announced

The Iowa Lakes Community College Music Department is proud to announce the 2024 Jazz Band Contest winners from the event held on January 18 and 19 at the Janice K. Lund Performing Arts Center. Many local high school bands performed jazz classics throughout the competition. Two experienced judges, Rod Shedenhelm and Steve Citta, scored the jazz bands based on ensemble playing, rhythm section, style comprehension, solos, improvisation, and programming. **Class 2A Division** First place: West Lyon, directed by Jade Bolin Second place: Alta-Aurelia, directed by Megan Benz Third place: Sioux Central, directed by Adam Perry **Class 3A Division** First place: Spirit Lake, directed by Tyler Pedersen Second place: Denison, directed by Ryan Meyer Third place: Okobojo, directed by James Kunz **Class 4A Division** First place: Urbandale, directed by David Brees Second place: Storm Lake, directed by Corbet Butler Additionally, 121 individual performers won Outstanding Soloist Awards. For more information about the Iowa Lakes Music Department, please visit iowalakes.edu/music.

LETTERS TO THE EDITOR

The publisher does not necessarily share the views/opinions stated in the "Letters to the Editor" published in The Lakes News Shopper. **To The Editor:** I would like to publicly thank the following businesses: Custom Creations of Spirit Lake, CC Screen Printing of Arnolds Park, The Three Sons of Milford, and Healthy Smiles Dentistry of Spirit Lake. Because of their generosity we were able to take 5 very large suitcases of clothing and dental supplies to the students and families of financially challenged folks in the City of Oaxaca. These families cannot afford to send their children to school. Oaxaca Youth Empowerment, the most effective charity I have ever known, through individual sponsors and contributions, provides the avenue for these children to get an education. They currently have over 500 children in their program and have helped thousands of these children complete high school. Many of the high school graduates have gone on to universities. These children have become doctors, lawyers, engineers, teachers, nurses, tradesmen and other specialties. The education they obtain changes their lives and the lives of their families as well as the community where they live. I encourage you to learn more about Oaxaca Youth Improvement. Sponsoring a child is inexpensive and extremely rewarding. **Dennis Lippon, Okobojo, Iowa**

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AA Meetings

The Jackson Java open AA meetings will resume on Tuesdays at 7:00pm, at Jackson Center for the Arts (309 2nd Street, Jackson, Minnesota). For more information, contact Aili at 507-840-0639.

Al-Anon Meetings

Milford New Hope Al-Anon meetings will take place Monday nights on Zoom through April 14, at 7:30pm. In-person meetings will take place at St. Joseph Church April 15 through October 15, at 7:30pm. Use west classroom door. Thursday meetings at Calvary United Methodist Church in Arnolds Park have closed. For more information, go online to Iowa-Al-Anon.org, meetings tab, find a group (enter: Milford, IS 51351 USA). Or call 712-580-4406.

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		Cranberry Bush	12-18 in. \$100/bdl.
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Tuesday, February 13, 2024 | 6:00pm Meal | 6:30 pm Panel
Pearson Lakes Art Center | 2201 U. S. Hwy 71, Okobojo

- FIND** resources to support children and adolescents who are struggling
- LEARN** about potential signs and how to check in with your child
- START** conversations about promoting healthy mental health development

Meal and child care provided at no cost to attendees

Event is FREE! Plan to attend to find out resources available today!

A burger/hot dog meal will be provided by Burger & Company at 6 pm before the parent panel and childcare will be provided for children elementary age and younger. Please scan the code below to RSVP to ensure enough food and childcare is available.

Panelist Resources

The event will feature a panel discussion at 6:30 pm with area behavioral resource representatives, including:

- Beth Will, Sioux Rivers Regional Mental Health and Community Services
- Michelle Vore, ER support system/ staff and Flowstate
- Darci Grave, Plains Area Mental Health Open Access
- Marta Sandoval, Area Education Agency (AEA)
- Lynn Park, University of Iowa Child Health Specialty Clinic

To submit a confidential question in advance, RSVP by scanning the QR code below. Prizes will also be given to those in attendance.

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Dickinson County is seeking applicants to consider for appointment to the County Board of Adjustment. Applications are available on the County Website: www.dickinsoncountyia.gov or from the Dickinson County Auditor. All applications for consideration of the current openings should be submitted to the Auditor's Office by February 9, 2024, at 4:30 P.M.

The following Board has an immediate opening:
BOARD OF ADJUSTMENT

All applicants must read the Appointment Policy and submit a signed copy of the Conflict of Interest Policy with their completed application, both of which are on the County Website, and available in the Dickinson County Auditor's Office.

For additional information, contact the Dickinson County Auditor at lpedersen@dickinsoncountyia.gov, your County Supervisor, or visit our website at www.dickinsoncountyia.gov

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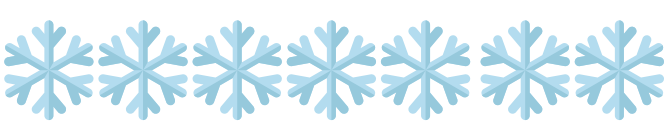
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Midwest All Music Association Donates to Music Department

Midwest All Music Association donated \$1,000.00 to the North Union Elementary Music Department. The Midwest All Music Association was formed in 2015 by the late Tom Golden, to preserve the history of music - as well as to ensure that music has continued support in the future. Their mission is to recognize, remember and honor the people and places that have had an impact on the music in the Midwest. Thru fundraising, sponsors, concerts and induction they are able to raise enough money to give back to local schools. Pictured above is Steve Lang, David Schosow with the Midwest All Music Association, and instructors with the North Union Elementary Music Department.



Muller and Gengler Selected by Community Colleges for Iowa Awards

Community Colleges for Iowa proudly unveiled the distinguished awardees of the 2023 Outstanding Faculty and Staff Awards during their Annual Trustee Conference. Among this year's esteemed honorees from Iowa Lakes Community College are Kathy Muller, Executive Director of Human Resources, recipient of the Outstanding Staff Award, and Michael Gengler, Wind Energy & Turbine Technology Program Coordinator, acknowledged with the Outstanding Faculty Award. These accolades highlight the extraordinary commitment and devotion demonstrated by faculty, staff, leaders, and trustees throughout Iowa's 15 community colleges.



"We extend our heartfelt congratulations to Kathy Muller and Mike Gengler for their well-deserved recognition. Their exceptional contributions and steadfast dedication to excellence have left an indelible mark on our college, students, and community," expressed Scott Stokes, President of Iowa Lakes Community College.

Muller, employed by Iowa Lakes since 1979, has held her current position since 2016. Her multifaceted contributions encompass employee relations, employment law, benefits administration, compliance, supervision of human resources staff, and serving as the Title IX co-coordinator. Muller's profound expertise, professionalism, and outstanding communication skills define her tenure.

"Kathy epitomizes the highest standards of professionalism. Her exceptional communication, human resource expertise, and adept problem-solving make her an invaluable asset for Iowa Lakes," remarked President Stokes.

Michael Gengler, an alumnus of the Iowa Lakes Wind Energy and Turbine Technology program, returned to the college a decade ago, infusing his industry experience and dedication into shaping the next generation of Wind Energy Technicians. Currently serving as the Program Coordinator and Lead Instructor, Gengler extends his impact beyond his program, contributing to four sustainable energy programs through lectures and labs and showcasing the breadth of his sustainable energy knowledge.

"Mike effectively bridges the gap between students and program leadership with his extensive knowledge, reach, and approachability. His commitment and student-centered approach have earned him high respect from both peers and students," praised President Stokes.

The 2023 Outstanding Faculty and Staff Awards recognize outstanding individuals from each of Iowa's 15 community colleges, focusing on their service and leadership contributions to their respective institutions and the broader community.

For additional information about Iowa Lakes Community College, please visit iowalakes.edu.



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Brown Butter-Balsamic Ravioli Serves 4

6 tablespoons butter
Finely chopped fresh flat-leaf parsley or 16 sage leaves
2 tablespoons balsamic glaze (or cook 1/3 cup balsamic vinegar and 1 tablespoon light brown sugar until reduced down to 2 tablespoons thickened vinegar)
1 pound ravioli, homemade or store-bought
Toasted pine nuts, chopped hazelnuts, or walnuts (optional)
Grated Pecorino or Parmigiano-Reggiano Cheese

Bring a large pot of salted water to a boil. Cook ravioli per directions, until desired tenderness. Drain, reserving 1/2 cup of the cooking water.
While ravioli are boiling, heat a large skillet over medium heat. Add the butter and melt. Add the sage, if using, and cook the butter for 2 to 3 minutes, until nutty and deeply golden. Remove the sage to a paper towel-lined plate. Remove the butter from the heat and add the balsamic glaze (or reduced balsamic). Add the sauce and about 1/2 cup salty cooking water from the pasta to coat evenly. Top with nuts, if using, sage or parsley, and pass more cheese.

Recipe Courtesy of: "Rachael Ray 50: Memories and Meals from a Sweet and Savory Life"